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EXPRESS PHOTO BY BRETT MITCHELL

Ray Vigfusson on a 1961 tin cab Ski-Doo. The Gimli Snowmobile Centre on Highway 9 will be putting the classic snowmobile on display.

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Snowmobile will be the talk of the trail

By Patricia Barrett

An old snowmobile is destined to become the talk of the trail among sled enthusiasts and historians once it's buffed up a bit and put on display at the Gimli Snowmobile Centre.

The 1961 Ski-Doo, which was nicknamed the "tin cab," was a prized possession of a Berens River First Nation family who sold it to the recreational sports dealership.

Gimli Snowmobile Centre owners Dennis Vigfusson and his sister Sheila Cowell bought the early Ski-Doo prototype after members of Berens River family contacted them and said they wanted to find the sled a good home.

"The [man] contacted me saying he had an older snowmobile and that he wanted to find a good home for it, somewhere it would be appreciated. The family could no longer store it," said Vigfusson. "And we purchased it from them for our collection."

Made by Canadian manufacturer Bombardier (now Bombardier Recreational Products), the 1961 Ski-Doo is an early snowmobile prototype, along the lines of the first car manufactured for the market by Ford in the early years of the 20th century, said Vigfusson. Bombardier made its first production Ski-Doo in 1959. The company manufactured more Ski-Doo

in 1960 and 1961, enabling people to gain access to a variety of wintry terrain. The sled proved so popular that its name became a verb.

The cab or hood covering the engine is made out of metal, hence its nickname tin cab, said Vigfusson. The original owner of the 1961 machine modified it slightly by building a box under the seat in which he could carry a hunting rifle.

"It's very interesting to see these old machines. And this one belonged to only one person; he bought it brand new and kept it all these years," he said.

The Gimli Snowmobile Centre is a Bombardier Recreational Products dealer. The dealership carries both winter and summer recreational brand-name products such as Ski-Doo and Sea-Doo (watercraft) machines, Lynx (snowmobiles) and Can-Am ATVs and side-by-sides. In addition to a wide variety of products, the dealership carries parts, apparel and accessories and offers services such as oil and filter changes and engine rebuilds.

Currently, their snowmobiles are flying out the door.

"Our phone has been ringing off the hook. About 90-plus per cent of our



EXPRESS PHOTOS BY BRETT MITCHELL

This 1961 tin cab Ski-Doo was used by a family from Berens River for decades until they sold it to the Gimli Snowmobile Centre this year.



The original owner modified the Ski-Doo by building a box under the seat so that he could carry his hunting rifle.

snowmobiles have been pre-sold already for the entire winter here. We're in panic mode trying to get the snowmobiles out the door. We have 160-plus machines we're moving," said

Vigfusson.

Vigfusson said the 1961 Ski-Doo is in "running condition" and came with two engines — the original and

Continued on page 8

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Gimli student works in museum for Take Our Kids to Work Day

By Patricia Barrett

A Gimli High School student who took part in the province's annual Take Our Kids to Work Day last week got to experience a number of different jobs.

Oliver Gudbjartson, who's in Grade 9, put in a full day's work at the New Iceland Heritage Museum and had an opportunity to shadow maintenance staff with the Betel Heritage Foundation.

Gudbjartson already knows what career he wants to pursue when he graduates from high school, but the experience gave him more insight into his chosen field.

"I really liked helping with the maintenance of the building today, going into the crawlspace and seeing the inner workings of the mechanical system," said Gudbjartson, who works at a Gimli pharmacy when not in school. "In Grade 11 and 12, I'm planning on doing an apprenticeship for electrical."

The provincial government offers a high school apprenticeship program, which allows students in grades 10-12 to learn a trade and acquire working experience while completing their schooling. They also earn credits that can be used towards continued apprenticeship training after they graduate.

Gudbjartson said he has his sights set on entering the trades with a community college such as Red River.

In the museum itself, he said he got to work under executive director Julianna Roberts, who is his great aunt. He got plenty of hands-on experience working in the gift shop where he folded T-shirts then carried out other tasks such as changing the furnace's filter, emptying the vending machine's coin box and shovelling snow.

Roberts said the museum benefited from having Gudbjartson on staff for the day.

"Oliver is very willing to do different jobs. We had a list of jobs for him



EXPRESS PHOTO COURTESY OF JULIANNA ROBERTS
NIHM executive director Julianna Roberts with her great-nephew Oliver Gudbjartson, who spent the day working at the museum.

to do and he's been a great help," said Roberts. "The Take Our Kid to Work program is so important because it gives kids introductions to different careers that they might not think of. I often think back to when I discovered that it was possible to work as a recreation director, a job I never knew existed. This program helps kids realize that you don't only have to be a teacher or a nurse; there are all sorts of careers out there."

Thousands of Manitoba Grade 9 students got to join their parents, caregivers or family members in their workplaces to find out what their jobs entail and give them some idea of what it's like to work in a particular field. The program began in 1994 and has had over 200,000 Manitoba students participating, according to a Nov. 1 provincial news release.

"Take Our Kids to Work Day is a great opportunity for Grade 9 students in Manitoba to get first-hand experience in the working world,"

said provincial education and early childhood learning minister Nello Altomare. "For many young people, it is their first experience participating in the workforce. The hands-on experiences are so helpful as students begin planning their future careers."

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Ship and Plough Tavern commemorating a decade of success

By Gloria Thomas

Nestled in the heart of Gimli lies the Ship and Plough Tavern, a delightful pub renowned for its presence. After a decade of thriving as one of the town's beloved hangouts for delectable dishes, refreshing beverages and lively performances, owner Scott Carmen is commemorating this milestone.

The building at 62 Centre St. was known for a long time as Kronshaws Jewelers. Eventually, it was converted into a pub, which kept the Kronshaws moniker. When it changed hands some years later, it was known as the Grinder Pub and Eatery, or The Grinder, a nickname from the original Shoreliner Hotel on First Avenue.

Carmen acquired the business in 2013 and renamed it The Ship and Plough Tavern. When questioned about the inspiration behind the name and concept of the establishment, he shared that he had frequented Gimli during his time in Winnipeg. Being fond of the town, he envisioned it as an ideal location to both reside and operate a business.

"I lived in England for a while, and I loved the pub culture there. Pubs felt like family that were always there for



The English-style pub is known for its great food and entertainment.

you, and I envisioned such a place here," said Carmen.

While considering becoming a business owner, Carmen came upon The Grinder, and his vision became more apparent. He purchased the establishment and considered the local area while coming up with a name. The entrepreneur wanted the name to be a



EXPRESS PHOTOS SUBMITTED

Ship and Plough Tavern owner Scott Carmen is celebrating 10 years in business.



Ship and Plough is located at 62 Centre St. in Gimli.

natural fit for the community of fishermen and farmers. He also wanted to recreate the English pub experience. Thus, the Ship and Plough was born.

Carmen also wanted to ensure that his business supported local businesses. He chose to use as many locally sourced products and services as possible. His vision was a business community that supported each other, much like the family feel of the English pubs. To him, this meant fish provided by local fishermen, farm-to-table food options and Manitoba-crafted tap beers.

Carmen stated that "friends and neighbours supporting each other" parallels the importance of the pub experience.

The Ship and Plough is unique in that it offers a small-town pub feel while simultaneously offering big-time entertainment.

"Touring bands from all over Canada have played here," Carmen explained. "Elliot Brood and Grapes of Wrath, to name a couple. I have artistic counterparts that have helped The Ship and Plough grow."

As well, local talents such as Kate Ferris, Deborah Romeyn, Ledwynn, Tim Elias, Mike and Crystal, and Tracy Martin have been pivotal in bringing in music-loving patrons through the years. Carmen expanded the entertainment factor by adding comedy and drag shows, pub quizzes and karaoke.

"It's great to have a place to foster the talent of the community," he said.

"It's been a great 10 years, and I look forward to the next 10. I hope the Ship and Plough will carry on long after I am gone as a mainstay of the community."

Continued on page 10

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EBN seeing increase in need, launching hamper fundraiser and toy drive

By Patricia Barrett

Gimli's Evergreen Basic Needs food bank has launched its annual Christmas hamper fundraising drive and is planning for an increase in the number of individuals and families who will need assistance this holiday season.

EBN executive director Karen Bowman said since the COVID-19 pandemic and the ongoing cost-of-living crisis, the food bank has been supporting more and more families struggling to make ends meet.

"Last year we did about 202 Christmas hampers. We always plan for at least a 10 per cent increase so we're looking at providing 225 hampers this year," said Bowman. "Prior to the pandemic, we prepared 155-165 Christmas hampers. In 2019 we were at 170 hampers, then we saw an increase to 180, then 190 and then over 200 hampers. Statistically, from the beginning of the pandemic in 2020 to the present, our numbers have increased about 23 per cent."

There are three major ways the community can support EBN in the lead-up to Christmas: monetary donations that will be used to buy food for its Christmas hamper program, donations of non-perishable food items and donations of new toys.

EBN's Christmas hampers are funded through donations from the community and are not part of the food the non-profit organization gets monthly from Harvest Manitoba.

"Harvest Manitoba supports us throughout the year. We get a monthly shipment from them for our regular hamper program," said Bowman. "But the Christmas hamper program we do on our own. Everything we put into a Christmas hamper is purchased new; it's not from food drives or from Harvest Manitoba. It's from the donations we receive from the community."

On a monthly basis, EBN distributes 4,000 kilograms (10,000 pounds) of food in partnership with Harvest Manitoba to families in need in its catchment area, which includes the Rural Municipality of Gimli, the Town of Winnipeg Beach, the Village of Dunnottar and the Rural Municipality of Armstrong.



EBN welcomes the donation of new, unwrapped toys.

EBN, which has been operating since 1992, also runs Respun Threads, a store that accepts donations of gently used clothing, housewares and furniture.

To make everyone in its catchment aware that it's launching the Christmas hamper fundraiser, EBN is mailing out flyers to about 3,500 mailboxes.

In addition to monetary donations that will support the Christmas hamper program, EBN also welcomes donations of new, unwrapped toys.

Starting next week, there will be donation boxes for toys (and for non-perishable food) in various community businesses and organizations such as banks, pharmacies and churches. And local entertainer Adam T. Elvis will be performing at EBN on the evening of Dec. 4 with "admission by toy."

Parents or caregivers will be welcome to come into EBN in December to pick out toys for their children's Christmas gift.

"Clients who have children can come and pick what they want for their child's gift. We're scheduling a toy-shopping day on Dec. 16," said Bowman. "If people are donating toys, we would want them by Dec. 14 so that the toys can be displayed in time."

A number of local organizations and businesses have already contacted EBN with plans to



EXPRESS PHOTOS BY KAREN BOWMAN

Evergreen Basic Needs launched its Christmas hamper fundraising drive this week and is planning for an increase in the number of families who will need assistance this holiday season. Shown are half of the hampers prepared last year.

host a "tin for the bin" drive. Non-perishable food items dropped in the collection bins will not be going into the Christmas hampers but will instead be distributed in monthly food hampers in the new year.

"It's through the support of the community that we've been able to maintain this standard of care for the people in our community that need that extra help," said Bowman. "Any tin for the bin events help carry us through to the new year, from January to March when donations typically drop off."

People can start registering now (up to Dec. 4) to receive a Christmas hamper by calling EBN. Those who opt to have their hamper delivered must be at home on Dec. 12 between

10 a.m. and 3 p.m. Bowman said EBN

Continued on page 8

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OUR SISTER PUBLICATIONS



Fisher Branch RCMP execute search warrant and seize stolen property

By Lana Meier

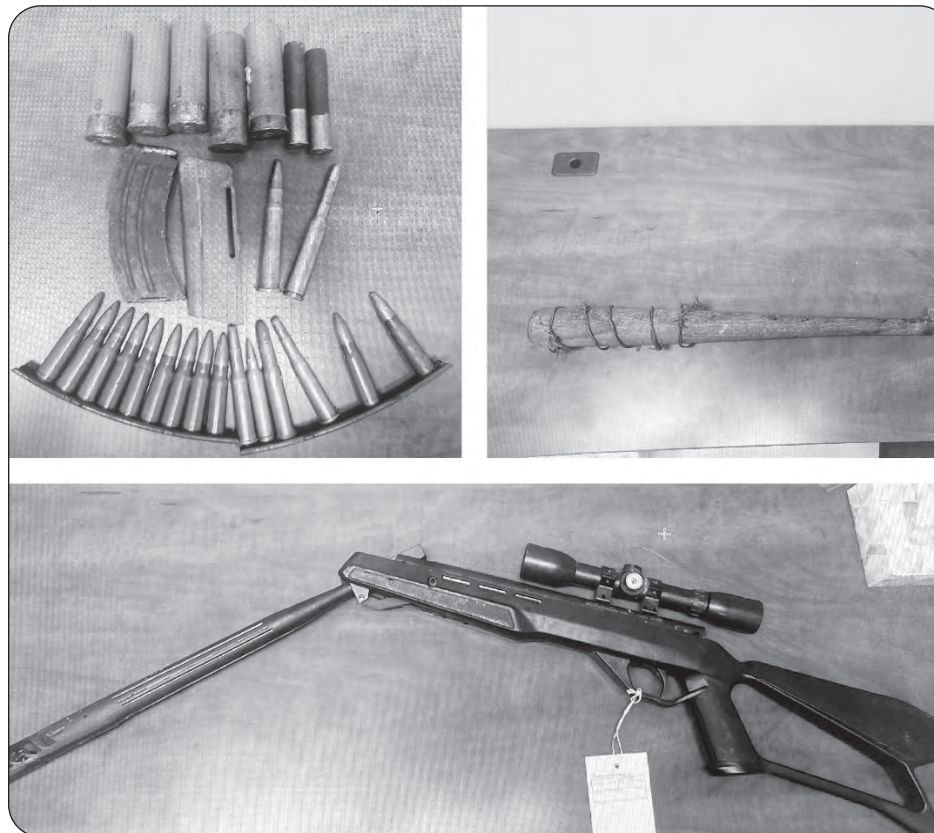
On Oct. 18, Fisher Branch RCMP executed a search warrant at a residence in Fisher River Cree Nation as part of an ongoing investigation into property theft.

Officers recovered stolen property including tools, sporting equipment, electronics and other stolen items. A firearm, ammunition and other weapons were also seized.

Murray Stefansson, 33, was taken into custody after being charged with possession of property obtained by crime and two counts of fail to comply. He was then remanded for further proceedings.

Officers have identified the owners of the stolen items.

Fisher Branch RCMP continue to investigate.



RCMP officers recovered stolen property including tools, sporting equipment, electronics and other stolen items. A firearm, ammunition and other weapons were also seized.

EXPRESS PHOTO SUBMITTED

letter to the editor

Letters to the Editor:
letters@expressweeklynews.ca

The courage of young women and men

On Remembrance Day, look at the old veterans gathered at your local cenotaph, standing proudly or seated with a warm blanket on their lap. Try to imagine what they experienced many decades ago when they were young and the world was at war.

The great invasion to kick the Na-

zis out of France took place on June 6, 1944. The largest allied armada of war ships readied for the battle of Normandy. Those onboard would face an array of deadly obstacles; barbed wire, mines and heavy concrete fortifications containing cannons and machine guns.

This was the beginning of the end of Nazi Germany's grip on Western Europe. Many years of preparation had taken place to get the Allies ready for this day. Canada was already fight-

ing in Italy, slowly pushing their way up the Italian boot. What had been called the soft underbelly of Europe was instead a meat grinder where battles like Ortona were hard won by the men of Vancouver's famed Seaforth Highlanders of Canada, Alberta's Loyal Edmonton Regiment and Quebec's Three Rivers Regiment.

The D-day landings on the French coast and subsequent liberation cam-

Continued on page 7

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> LETTER, FROM PG. 6



EXPRESS PHOTO BY LANA MEIER

Sunflowers are usually the last crop to be harvested in fall, since fall frosts are necessary for drying down the crop (unless a desiccant is used). All sunflower varieties grown in Manitoba are hybrids and, based on their end use, can be classified as either oil- or confection-type sunflowers. Approximately 60 per cent of all Canadian sunflowers are confection-type, which are marketed primarily as roasted snack food in the shell or as dehulled seeds for the baking industry. Oilseed sunflowers are used in the birdfeed and crushing industry for sunflower oil, which is one of the highest quality vegetable oils.

paign, saw Canada fighting against an experienced and ruthless enemy. With every footstep taken, soldiers died and many more suffered injuries, and, for some, their injuries would remain with them for their entire lives. The D-Day landings itself cost our nation 359 war dead.

Nearly 80 years have passed, and these brave men and women who were once young have grown old and, sadly, very few remain. It is their 11th hour, probably the last opportunity to properly thank them. The government of France would like to pay tribute to all living Canadian veterans who participated in the D-Day landings, Dieppe raid or campaign to liberate France in 1944. If you were in the Canadian army, navy, air force or merchant navy, you may be eligible to receive France's highest award, the National Order of the Legion of Honour.

If you would like more information, please send an email to Korea19501953@yahoo.com. The subject line should say Veteran. I am an unofficial volunteer who is willing to help.

- Thank you, Guy Black

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Winnipeg Beach Snowshoe Club getting ready for 2023-24 season

By Becca Myskiw

Snow has fallen, and not far behind it will be the sound of snowshoes falling atop.

The Winnipeg Beach Snowshoe Club is gearing up for their third season of snowshoeing. The group started during the COVID-19 pandemic as a way to get active, get fresh air and socialize safely. Since then, it's continued on under the leadership of founder Pat Nuspl of Sandy Hook.

Every Sunday during the winter, the snowshoe club gets together. Usually eight to 15 people head out to trudge through the fluff at a time.

Snowshoeing allows people to stay atop the snow instead of sinking into it as they would with boots on. The traditional winter shoes have been around for thousands of years, being common gear for trappers, traders and people living in the north.

The pastime offers an excellent workout — it's estimated snowshoeing expends 45 per cent more calories than walking or running. And, because it's a low-impact activity, it is gentle on joints.

Snowshoeing is the perfect way to stay active in the winter. Anyone who knows how to walk will be able to snowshoe, Nuspl said.

To do the activity, participants need

winter clothes, snowshoes and poles (optional). If people want to try snowshoeing with the Winnipeg Beach Snowshoe Club but don't have a pair of their own, Nuspl has plenty pairs for people aged 12 and up to borrow at no cost.

Once there's enough snow on the ground, the group will get going. Light, fluffy snow makes for the best experience, as wet, dense, hard snow is heavy and sticks to the snowshoes. The group meets at the boardwalk entrance in Winnipeg Beach at 1 p.m. each Sunday and then works their way through the beautiful park.

The park in Winnipeg Beach offers trails for people of all skill levels, being challenging at some points and easier to navigate at others.

Nuspl said the entire group will split into three smaller groups, the leading group being the most experienced snowshoers, the back group being the beginners. All skill levels are welcome — Nuspl and other group members are happy to help people learn the activity.

Snowshoeing with the Winnipeg Beach Snowshoe Club is a no-commitment activity, too. If people show up one week, they don't have to show up again if they don't want to but are always welcome to join.



EXPRESS PHOTO SUBMITTED

The Winnipeg Beach Snowshoe Club is getting ready for another season of snow walking.

Along with offering the winter activity, the Winnipeg Beach Snowshoe Club is a welcoming group of people who have fun together. When the group is out on a beautiful winter day, they'll have campfires and roast bannock on a stick.

For those wanting to try snowshoeing, all they have to do is be at the boardwalk entrance at 1 p.m. on Sundays this winter. To know when the

group is starting, follow their Facebook page at Winnipeg Beach Snowshoe Club.

Nuspl said people needing a pair of snowshoes to rent can contact her by messaging the Facebook page or calling 204-389-2303. She asks anybody who borrows gear to show up 15 minutes early on the Sunday they are heading out.

Gimli's A-Spire Players welcoming new thespians and old hands

By Patricia Barrett

The play's the thing, so says Shakespeare. And you, too, can be a good player who frets not his or her hour upon the stage but struts boldly from the wings to never saw the air and be heard all the more.

It's new thespians that the A-Spire Players' newly minted volunteer board wants to attract to its ranks, along with people who are keen to play a role behind the scenes.

After electing a new board last month, the acting troupe is gearing up for a holiday-themed production next month then planning to hold an open house in January so that the curious can find out what's involved and how much fun it can be to glean what afflicts theatrical characters.

Board chair Nathan Fletcher said A-Spire didn't have a fully fledged board until last month. The former director decided to step down and the four-member troupe assumed board roles, seeing the potential of the players and intending to move forward with a new vision.

In addition to Fletcher, the new board of directors for the 2023-2024 season are Kim Malchuk, Stewart Campbell and Jennifer Dann — all of whom double as actors.

Fletcher said they want to take amateur theatre and make it as professional as they can in their small space. After taking a hit during the COVID-19 pandemic, they're looking to revive what was once a flourishing community theatre.

"We're here to grow it back to what it was but, ultimately, we want to create something new. It's a new board with a new vision," he said.

With a ready-made theatre at the troupe's disposal — and the success of their *Chance Encounters* play this summer — they want to expand their

dramatic offerings, take shows on the road if possible and create connections with other community theatre groups to host productions at their Gimli venue.

"When it comes to the arts community there's so much talent here, not only in Gimli but also in the surrounding areas in the Interlake in places like Arborg, Teulon, Riverton and the Winnipeg Beach area," said Fletcher. "And the fact that you can walk into a building that has a stage, a curtain, theatre lights and sound; there aren't many places like it. Generally, shows just take place in a gymnasium or a community centre. The fact that we have this building at our fingertips is such a benefit."

The players rent Gimli's historic Unitarian Church on Second Avenue and are looking for volunteers — experienced am dram performers or otherwise — who want to tread the boards, as well as those who want to slip into one of the behind-the-scenes roles.

"We've put the call out. There's always room for more people to be involved in things like wigs, hair, stage makeup, costuming, lighting and sound, and stage management. The biggest thing we need are people who are interested in being on the stage," said Fletcher, who has plenty of performing arts experience, having worked with Cirque du Soleil as costume director, as a costume designer for TV and film in Manitoba and as a dance choreographer. "We're always looking for directors and we welcome anyone who has script ideas or plays they'd like to see performed."

The troupe recently spent about 40 hours overhauling their theatre space, said Fletcher, recycling material and donating items that were no longer relevant, as well as climbing ladders



EXPRESS PHOTO COURTESY OF A-SPIRE PLAYERS

A-Spire Players' new board of directors are (from left) Stewart Campbell, Nathan Fletcher, Kim Malchuk and Jennifer Dann. The four-member acting troupe is staging a holiday-themed production on Dec. 15 at the Unitarian Church in Gimli.

to give it a good scrub from top to bottom.

The troupe, which is a member of the Association of Community Theatres of Manitoba (ACT), is hoping to enhance its connectivity with other acting troupes that are ACT members. ACT supports the development and growth of amateur performing arts groups, and some A-Spire board members attended its annual general meeting in October.

"It's not only just about what we're doing in Gimli, but it's also about gathering information and being able to share the ups and downs of community theatre with other groups that may be having the same struggles

that we are and being able to support each other," said Fletcher. "We want to have connections with other communities that have a theatre group and have them host their productions here in Gimli."

To get Interlakers in the holiday spirit, A-Spire Players will be staging a production on Friday, Dec. 15 that will include some fun holiday scenes and special guest performances. The show will take place at the Unitarian Church in Gimli at 7 p.m.

For more information about joining A-Spire Players, call 204-642-8079 or visit www.aspireplayers.ca. Visit the troupe on Facebook and Instagram.

> EBN, FROM PG. 5

has volunteers delivering the hampers, including people who work at the Diageo distillery. Those who wish to pick up their hamper can do so on Dec. 14 between 10 a.m. and 4 p.m. at the back door of EBN.

People who are late registering for a hamper will not be turned away, said Bowman, but will receive a hamper the week of Dec. 18 as the food bank has to order the food.

The toy-shopping day for parents who want to choose their child's present will be held on Dec. 16 from 9 a.m. to 4 p.m. Parents are asked to call EBN before that day to set up a shopping appointment.

"We set up all the toys we received

and it looks like Santa's workshop in here. People can come and choose what they want for their child rather than us giving them something," said Bowman. "That gives people a little more dignity at a time when this may be difficult for them."

For more information about donating food, toys or money, call Karen Bowman at EBN at 204-642-9736 ext. 3. She's available Tuesday to Friday but people can also leave a voice message.

Donations can be made by cash, cheque, credit card or through EBN's website via a direct payment link to Canada Helps.

Evergreen Basic Needs is located at 71 Fourth Ave. Visit www.evergreen-basicneeds.com

> TALK OF THE TRAIL, FROM PG. 2

an upgraded engine. It runs nowhere near as fast as today's sleds go. He'll be installing the original engine in the sled before putting it on display at the dealership. Customers won't be able to take it for a spin.

"This sled will be for display purposes only and maybe it might spark some interest in snowmobiling. There are a lot of snowmobile collectors out there that like to see this old stuff, the same way vintage car collectors do. There are a lot of people who want to see a tin cab snowmobile and have a big inter-

est in them," said Vigfusson. "It's a conversation piece to showcase the business. To get something like this, something that represents the very roots of our business, is very interesting."

The *Express* reached out to the family who sold the 1961 Ski-Doo.

For more information about the Gimli Snowmobile Centre, call 204-642-7017 or visit its website at www.gimlisnowmobilecentre.ca. The dealership is located in Gimli on Highway 9 (Seventh Avenue) at Howard Avenue.

Annual Christmas parade continues post-pandemic

By Becca Myskiw

Santa Claus is coming to town. The Rural Municipality of Coldwell is planning the beloved Santa Claus parade again this year. After starting during the COVID-19 pandemic as a way to gather safely, the parade has quickly become a community favourite event.

Breanna Malcolm, Coldwell's recreation director, said the parade's been successful each year, and the municipality is excited to bring it back.

"It's a good way to spread Christmas cheer and kick off the holiday season," she said.

This year's parade will be on Main Street in Lundar on Dec. 9, Lakeside minor hockey day.

This day of the calendar, all Lakeside minor hockey teams have home games in Lundar, meaning everyone will be home to attend the parade. Malcolm said they'll plan the parade

to be in between game times in the early evening — that way, families with children can still attend and get home at a decent time, and hockey players can enjoy the festivities.

The parade will kick off with Santa on the fire truck, with the local fire department once again volunteering to lead the charge. Local organizations, businesses and people can submit their own float in the parade as well again this year. To do so, contact Mal-

colm at rec.coldwell@mymts.net.

During the parade, volunteers will be walking the lined street with a wagon, accepting toys and monetary donations for the community toy drive. All proceeds will go to local families in need. Volunteers will also be accepting Tins for the Bin, with all non-perishable goods collected also going to local families.

Table set for annual Lundar fall supper fundraiser

By Becca Myskiw

Lundar's graduating class of 2024 is hard at work preparing for this year's fall supper.

Each year, the Grade 12s in Lundar School put on the community fall supper as a fundraiser for their graduation. In a typical year, the event generates around \$4,000 for the class.

Alannah Priemski, Grade 12 student, said the class has not set a fundraising target.

"As long as we graduate and get enough money to do a grad, that's our goal," she said.

The class has held one other fundraiser so far this year, generating more than \$3,000 from Mom's Pantry.

And though they'll have more efforts coming, the annual fall supper is the class's biggest fundraiser of the year.

Before getting word out to the community, the Grade 12 class first gets together in early October to discuss jobs and who will do what. They then make posters, tickets and start cold-calling community members, asking if they'll make a dish for the supper or donate money for the supplies.

"Usually in our community everybody's willing to help out," said Jersey Godfrey, Grade 12 student. "We usually find people pretty quick."

Though the food for the supper is made by community members, the graduating class takes care of every-

thing else. They sell tickets for the supper at \$15 a plate and coordinate deliveries for those who choose to eat at home and can't pick their dinner up themselves.

This year's fall supper will be on Nov. 19 at the Lundar Legion branch. People can dine in, take out or have their meal delivered by the Grade 12s. Dinner will be a typical Thanksgiving meal, complete with turkey, potatoes, gravy, mixed vegetables and pie for dessert. There is also a gluten-free meal option.

Lundar's Grade 12 class has printed 400 tickets for the fall supper. The group is hoping to replicate last year's success and sell out, Priemski said.

Each of the 24 graduates has tickets to sell — to get yours, contact one of them.

Winnipeg Beach Legion and Ladies Auxiliary bake sale sure to satisfy holiday sweet tooth

By Patricia Barrett

Members of the Royal Canadian Legion Winnipeg Beach Branch 61 and the Legion's Ladies Auxiliary are busy baking for their upcoming Christmas Tea & Bake Sale.

The legion's executive first vice-president Cde. Velma Darroux said members will be preparing lots of goodies for the upcoming holiday season and proceeds from the sale will help the legion offset the cost of a planned lunch with Santa for students at Winnipeg Beach School.

"We'll have baking and Ukrainian food for sale, and for those who want to stay for tea, we'll have finger sandwiches and dainties," said Darroux.

Some of the baking includes decadent Nanaimo squares, melt-in-your-mouth butter tarts, peanut butter squares and scrumptious cookies and pies. And Darroux herself is planning to bake raisin bread.

Admission is by silver collection at the door.

The Christmas Tea & Bake Sale will take place on Saturday, Nov. 18 from 12:30 to 3:30 p.m. in the legion at 20 Hamilton Ave. For more information, call 204-389-2660 or email rclbr61@gmail.com



**Winnipeg Beach Legion Br. 61
and Ladies Auxiliary
Christmas Tea
and
Bake Sale
November 18, 2023
12:30 p.m. - 3:30 p.m.**

Ukrainian Food for sale Silver collection at door
Silent Auction

For Information call:
Legion @ 204-389-2660 or rclbr61@gmail.com



Community Support Service

AA Meetings in Ashern

Open Meeting

Time: 6-7pm Fridays

Starting Friday March 3rd.

Location: #11 2nd Ave North

-Pioneer Manor

(beside the main door entrance of Pioneer Manor)

Contact AAMBCO@mts.net

AA Eriksdale

Eriksdale United Church building

#7 Main Street, Eriksdale (side door)

Meetings are Mondays

at 6:30 p.m.

AA Winnipeg Beach

Lady of the Lake RC Church

Corner of Hwy. 9 and Lake Ave.,

Winnipeg Beach

Meetings are Saturdays

between 7 and 8 p.m.

Contact Ann J 204-389-3417

Gimli Group AA

Bldg 18 Municipal Rd

Industrial Park

Fri & Sun Mtgs at 7:30 pm

Al-Anon

Gimli and Winnipeg Beach

Join us at 17B Loni Beach Road, next

to New Horizon building... Gimli at

7:00 pm Wednesday evenings for an

hour of support, strength, guidance

and Hope. Contact 204-389-4777.

All ages welcome.

AA Riverton Group

12 Main St. at the

Riverton Senior Centre

Mondays 7:30 p.m.

Matlock Recreation Club volunteers serving up fun and Christmas cheer

By Patricia Barrett

The Matlock Recreation Club and its volunteers will be hosting some fun-filled events to keep the community entertained and get them stocked up with gifts and fed in the lead-up to Christmas season.

The club will be holding four major events in the upcoming weeks ranging from Quiz Night and craft vendors to family holiday photos and chats with you-know-who from the North Pole.

"We have lots going on," said rec club coordinator Crystal Thordarson. "We want to try to keep people in our community by offering them local options for Christmas gifts and letting the kids meet Santa and have their photo taken with him. To pack up your kids and drive them all the way to Winnipeg for a picture with Santa takes more than half a day. We want to try to offer as much as we can to our community."

The club is inviting people to form teams and brush up on trivia that will include current events, general knowledge and music for the upcoming Quiz Night on Saturday, Nov. 18. It will be hosted by Winnipeg-based Quizmasters and include a cash bar and food platter.

Thordarson said Quiz Night will not only entertain people but will also help the club raise funds for the general upkeep of the building.

"The funds we raise through events such as Quiz Night stay directly in the club and go towards the operation and renovations. We want to maintain the building and keep it upgraded," said Thordarson. "We also apply for grants. We just received a grant which was used for new flooring on one side of the club as part of that grant money. Our club is growing and over the past year we added a lot of different events. It's important to keep the club maintained, including our kitchen which is used every Friday night during our Bingo games."

Quiz Night teams have to pre-register for the quiz and to order food platters.

People wanting to shop locally for Christmas gifts will have lots to choose from at the club's Christmas Craft Sale on Nov. 25 from 10 a.m. to 3 p.m.

It will feature over 20 craft vendors and have photographer Sara Uruski on hand to take family photos. Petersfield-based Cochrane Creek Farm will be bringing its hotdog cart and the club's canteen will also be open.

"Our craft sales are really popular. We get a really good number of people coming here to shop," said Thordarson. "Most of the vendors are from



The Matlock club will be holding a Christmas Dinner & Dance on Saturday, Dec. 9. The turkey dinner will be catered by the Winnipeg Beach Legion and include meatballs, cabbage rolls, perogies, mashed potatoes, vegetables, coleslaw, buns and dessert.

the Dunnottar and Gimli areas. We try to get as many local handcrafters as possible. We'll have just about everything including homemade preservatives, baking, sewing, quilting, Norwex products, Santa trays (for kids to put out on Christmas Eve), upcycled art signs, paintings and bath bombs."

The club will also be selling perogy platters during the event.

The club's free Breakfast with Santa is a huge draw. Santa and Mrs. Claus will be at the club on Saturday, Dec. 2 to meet the kids and let them have their photos taken, as well as distribute gifts.

"The free Breakfast with Santa is a long-standing tradition at our club," said Thordarson. "Anyone can attend but they have to pre-register. We've had people from Fisher Branch, Teulon, Stonewall, Matlock Gimli, Winnipeg and Selkirk come to our breakfast. Everybody will get a free pancake and sausage breakfast with fruit and coffee, tea or juice. All the kids will get a free gift and a goody bag, as well as a free picture with Santa and Mrs. Claus."

Last year's breakfast had 303 people attend over the course of three hours. The breakfast is divided into three time slots between 9 a.m. and noon in order to manage the numbers of participants in the club at one time.

The club is able to provide the breakfast and gifts free of charge thanks to the donation of items from community members and area businesses. The items become part of a draw that's held at the club's October and November Bingo games, which are coordinated by volunteer Denyse Stewner.

"All the money raised from the Bingo prize draws go towards our Breakfast with Santa. There are so many great people and businesses in our area that have generously donated



EXPRESS PHOTOS COURTESY OF CRYSTAL THORDARSON

Matlock Recreation Club's volunteer board of directors and volunteers at their recent Halloween social. From left: Pat Brown (volunteer), Danielle Pambrun (board member), Dolores Harrop (volunteer), Valerie Cummer (board member), Brenda Lee Walker (board president) and (front) recreation club coordinator Crystal Thordarson.

items so that we can raise money to hold our free breakfast," said Thordarson. "If we didn't have them donating items, we wouldn't be able to do this. This is a huge thing."

Lastly, the club will be holding a Christmas Dinner & Dance on Saturday, Dec. 9. It's being organized by a committee of volunteers.

The club opens at 5 p.m. with a cash bar, and dinner will be served at 6 p.m. The turkey dinner will be catered by the Winnipeg Beach Legion and include meatballs, cabbage rolls, perogies, mashed potatoes, vegetables, coleslaw, buns and dessert.

Thordarson said the club's community volunteers and the people who sit on the club's volunteer board of directors work so well together. They've been indispensable in running events at the club and contributing to the enhanced quality of life in the community.

"We have volunteers at every single event, which is amazing. We wouldn't be able to run these events if we didn't have these volunteers from the community," she said. "They do so much for the club. We wouldn't have this club without them. They are so important and we really appreciate them."

Anyone wishing to volunteer with the Matlock Recreation Club is welcome to join, she added.

For more information about the Matlock Recreation Club's events and ticket information, contact Crystal at 204-798-6276 or visit the club on Facebook (Matlock Recreation Club - MRC). The club is located on Mat-

lock Road beside the St. Andrews Fire Hall.

Corrections

By Patricia Barrett

In the "LS Airways Flight Academy in Gimli has 2023 graduates taking off" article published in the Nov. 2 edition of the *Express Weekly News*, the phone number included in the article was incorrect.

LS Airways Flight Academy is owned and operated by Noura Gharib and the number should have read 204-651-1402.

Also in the same edition, the article "Local dog owner reunited with his missing fur baby" should have given photo credit to Holly McLeod Photography.

The *Express* apologizes for the errors.

> SHIP, FROM PG. 4

"I have great staff, and I always get terrific feedback. It is a success because of a wonderful team," said Carmen.

Carmen marked his 50th birthday with a lively music show at the Ship and Plough, featuring Tracy Martin and her band.

Carmen welcomes you to check out the website and view the photo gallery curating the history of the Ship and Plough, and to subscribe to the newsletter to stay abreast of future shows and pub-related news.

Interlake Co-op donates to community organizations



Operation Red Nose volunteers wanted



EXPRESS PHOTO BY DAVID CONNORS

Ron Janzen, president and CEO of Safety Services Manitoba, was at the Lakeview Resort in Gimli to officially hand over the local Operation Red Nose campaign to the Gimli Rotary Club. The Gimli Car Club has run the program for the past 20 years. Pictured from left: Ron Janzen, Dwayne Binns (co-chair of Operation Red Nose in Gimli), John Kykawy (president of the Gimli Car Club), Kevin Chudd (Gimli mayor), Judy Kushnir and Jim Sexton (Gimli Car Club), Dave LeBlanc (co-chair of Operation Red Nose). If you would like to get involved in this year's safe-ride campaign, call Dwayne Binns at 204-299-7793 or Dave LeBlanc at 204-641-4049.

EXPRESS PHOTOS SUBMITTED

In collaboration with Federated Co-operatives Limited and Interlake Co-op, the gas bar raised a collective total of \$1,288 on Fuel Good Day and donated the money to two organizations: (left photo) AEMS Parent Advisory Council and (right photo) Arborg & District Seniors Resource Council with Giezelle Nazar, Maureen Sigurgeirson, Andrea Masiak (gas bar manger) and Gerald Hildebrand (pump attendant).

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Home sweet home

By Jennifer McFee

A Teulon woman's dream home became a reality by incorporating aspects that are both esthetically and environmentally appealing.

For the past five months, Donna Royer has been enjoying life in her brand new hempcrete home, built by Elm Natural Builders just outside of Teulon.

The 1,000-square-foot bungalow stands out from conventional builds for multiple reasons. To start, the hand-sculpted home is insulated with hempcrete, a natural mixture made by combining lime with the core of the hemp plant, also known as the hurd.

Francesco Zurzolo of Elm Natural Builders explained the benefits of working with hempcrete.

"It's different from a typical home in the construction materials, but the form is the same. We have a foundation, a wood-framed super structure and roof trusses, but the walls themselves are hempcrete," he said.

"Basically, it's solid hemp-lime insulation all the way through, 12 inches thick cast around the stud so there's no sheathing. There's no vapour barrier or air barrier. Everything is directly applied to the hempcrete."

With vapour permeability, hempcrete is a breathable material that regulates humidity in the air, thereby making it mould-resistant.

"It makes for a much more integrated wall system. You don't have places for condensation to occur on different building layers," Zurzolo said.

"The whole wall is vapour-open but air-tight so you get a very comfortable indoor environment. You're not

using plastic, and all the hemp is from Manitoba."

At the same time, hempcrete provides thermal mass. It can absorb, store and release heat to keep the space cool in the summer and warm in the winter.

"The environmental impact is what draws people to consider this," he said. "But they're pleased when they learn that they're going to have R-50 walls and they can heat their home with a fraction of the energy of a regular house. The longevity is there to outlast pretty much all standard building materials."

The building material is also carbon-negative and fully compostable since hempcrete sequesters more carbon than is emitted from its processing and installation.

Adding to the appeal, most of the interior finishes use clay- and lime-based materials, including the walls, ceilings, floors and countertops. The waterproof surfaces in the bathroom are finished with a traditional Moroccan lime plaster technique known as "tadelakt."

"The home has in-floor hydronic heat, so hot water is heating in the clay-based floor. Clay, sand and flax fibre are the only ingredients in the floor, and then we seal it with linseed oil from Saskatchewan. Our walls can be fully wet. In fact, in the construction, we spray them down with a hose regularly. If that were drywall, you'd have mould," Zurzolo said.

"It's a way more durable way of constructing — and all the walls and the hempcrete can be tilled back into the ground and they will degrade



EXPRESS PHOTOS BY DONNA ROYER

Elm Natural Builders built a brand new hempcrete home near Teulon.



over time. When you move in, there's no 'new house' smell. The only VOCs (volatile organic compounds) would be linseed oil curing, which is not harmful to your health. That's a significant benefit for people who have sensitivities."

As another benefit, the home is naturally fire-resistant and pest-resistant. In addition, it qualified for Efficiency Manitoba's performance building program, thanks to the natural building materials, high-efficiency windows and solar panels.

Beyond the environmental considerations, the new hempcrete home features an esthetic that's entirely different from standard homes.

"It's beautiful. Every layer gets hand-applied, so every surface has had our hands on it probably five or six times, at least. It's hard work, but it's also nice to be the person doing all the work," Zurzolo said.

"With us, we do 90 per cent or more of the work ourselves. We do everything except plumbing and electrical, and we really like that. We like having

the control, responsibility and ability to design on the fly. You don't have that flexibility when you're dealing with many different people. We enjoy having that level of intimacy with the home."

As for Royer, she couldn't be more pleased with her new home.

"It has exceeded all of my expectations to the positive. It's all I dreamed of and then some. It's been great," she said.

"I love the fact that it reflects my personality. It's handcrafted, and I love the organic movement in it. I love the fact that I know the people who built it, and I got to help build it. I know all the blessings that friends wrote on the walls underneath the plaster. All of those things are important to me."

Before moving to her Teulon-area home, Royer lived in Winnipeg's Wolseley neighbourhood.

"I've been interested in alternative building for a long time — tiny

Continued on page 17

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Remembrance Day Tribute

A Salute to
**Their Courage,
Service and Sacrifice**



Remembrance Day Letter



PHOTO SUBMITTED

One-hundred-year-old veteran Lloyd Brown wants to remember and honour those who sacrificed their lives during the First and Second World Wars.

Dear Editor,

I lost my right arm on Oct. 18, 1944, while serving with the Loyal Edmonton Regiment in Italy. I was staked at a farmhouse that had a children's treehouse located nearby. In the treehouse was a sniper who kept shooting at our boys. A tank then came, which shot out shells, the shrapnel hitting my right arm.

When I returned home from the war, I joined The War Amps and have been a member ever since. This association was started by First World War amputee veterans to help each other adapt to their new reality as amputees.

Having just recently turned 100, I am reflecting this Remembrance Day upon all those who served in my regiment and never returned home. Their

absence weighs on me and it is essential that we keep their memory alive. I take comfort in knowing that The War Amps and its young members will continue to keep spreading the message long into the future.

The sacrifices of those who served (and continue to serve) deserve to be remembered and honoured. Each Re-

membrance Day serves as a poignant reminder of the tremendous price paid by these brave individuals. Their selflessness and courage continue to resonate, and it is our duty to ensure that their legacy endures.

- Lloyd Brown
100 Member of The War Amps

Remembrance DAY

november 11th SERVICES

2023 Remembrance Day Ceremonies

- Arborg Legion Branch #161** – Arborg-Bifrost Community Centre – Sat. Nov. 11. 10:30
- Ashern Legion Branch #57** – Ashern Legion Hall – Sat. Nov. 11. 10:45
- Eriksdale Legion Branch #140** – Eriksdale Recreation Centre - Doors open at 9:30am followed by march to the Cenotaph to lay wreaths, then back for service at 10:45
- Gimli Legion Branch #182** – Gimli High School gymnasium Sat. Nov. 11. 10:30
- Lundar Legion Branch #185** – Lundar Legion Hall 10:30 Lunch to follow
- Winnipeg Beach Legion Branch #61** – Doors open at 10:00am and close at 10:45 for service. Following a short indoor service, a placing of wreaths will be held at the cenotaph on Stitt St.
- Camp Morton Outdoor Remembrance Day Service.** 10:45am Free hot beverages and cookies served following the service.



In Remembrance

Rural Municipality of Gimli Council and Staff





Remembrance Day Tribute



War Amps amputee pays tribute to Second World War Manitoba veteran

By Lana Meier

As Remembrance Day approaches, amputee Melissa Shapiro, 25, of Winnipeg recently paused for a moment of silence at the local cenotaph to pay tribute to the late Cliff Chadderton.

Known to Canadians as “Mr. Veteran,” Mr. Chadderton was renowned as Canada’s most influential developer of innovative programs and services for war, civilian and child amputees and as a tireless advocate for veterans.

A D-Day veteran, he lost part of his right leg in 1944 while in command of a company of the Royal Winnipeg Rifles battling for the Scheldt Estuary in Belgium and Holland.

On returning to Canada, Chadderton became a member of The War Amps and held several positions within the Association until he was appointed executive secretary (later CEO) in 1965. He was also chair of the National Council of Veteran Associations (NCVA).

Chadderton passed away in 2013. A lake in the Duck Mountains in southwest Manitoba, his home province, was named Chadderton Lake in his honour.

Cliff Chadderton

Hugh Clifford (Cliff) Chadderton was born on May 9, 1919, in Fort William (Thunder Bay), Ont. He moved to Manitoba when he was young and later worked as a reporter for the Canadian Press when news of the Second World War broke out.

In 1939, he enlisted with the Royal Winnipeg Rifles and went from a non-commissioned officer to com-

pany commander. A D-Day veteran, he lost part of his right leg in Belgium in 1944 during the Battle of the Scheldt.

Chadderton joined The War Amps upon returning to Canada and was mentored by former War Amps president Sidney Lambert. Under Chadderton’s leadership, The War Amps made the transition from a solely veteran-oriented organization to a charitable institution that effectively represents all amputees in Canada. During this time, many of The War Amps’ well-known programs were established, including CHAMP, PLAYSAFE, Matching Mothers and JUMPSTART.

Known to Canadians as “Mr. Veteran,” Mr. Chadderton led The War Amps for 44 years, from 1965 to 2009 and was renowned as Canada’s most influential developer of innovative programs and services for war, civilian and child amputees, and as a tireless advocate for veterans.

On behalf of both the National Council of Veteran Associations in Canada (NCVA) — of which The War Amps was a founding member — and the Association, he appeared before hundreds of committees established by Veterans Affairs Canada. This was in the pursuit of improvements to pension benefits and allowances on behalf of individual veterans and their families, with particular focus on the prioritization of the seriously disabled veteran.

An expert in the history and evolution of veterans legislation in Canada and throughout the world, Chadderton appeared regularly before com-



EXPRESS PHOTOS SUBMITTED

Cliff Chadderton and amputee Melissa Shapiro.

mittees of the House of Commons and Senate, presenting papers and recommendations regarding legislative amendments for the betterment of Canadian veterans.

He also made it a mission to preserve the integrity and reputation of Canadian veterans, giving a voice to their concerns over the controversial television series *The Valour and the Horror* and the Billy Bishop documentary *The Kid Who Couldn’t Miss*.

Chadderton received numerous awards:

- Companion in the Order of Canada
- Order of Ontario
- Inductee, Canada Veterans Hall of Valour
- Inductee, Terry Fox Hall of Fame
- Knight of the Order of the Legion of Honour of France
- Minister of Veterans Affairs Com-

mentation

- Royal Bank Award for Canadian Achievement
- Queen Elizabeth II Diamond Jubilee Medal

He considered the creation of the CHAMP Program, however, to be his greatest achievement.

Chadderton passed away on Nov. 30, 2013. His passing was marked by countless tributes across the country, including on national television networks and in newspapers. He was also honoured in the House of Commons by then-MP Steven Fletcher and the minister of Veterans Affairs at that time, Julian Fantino, which received a standing ovation from the House.

In 2016, a lake in the Duck Mountains in southwest Manitoba, his home province, was named Chadderton Lake in his honour.

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and marching ceremony
starts at 10:30am.



Remembrance Day Tribute



Fallen soldier creates new connections

By Jennifer McFee

The memory of a fallen soldier lives on 15 years after he died in combat — not only in his family and friends but also in complete strangers touched by his selfless sacrifice.

On Sept. 3, 2008, Cpl. Michael Seggie died while serving in Afghanistan. Today, a new connection continues to blossom between his parents and a father-daughter duo who pay their respects year after year for his heroic actions.

Born Nov. 22, 1986, Michael James Alexander Seggie joined the primary reserve in 2003 and served with the Royal Winnipeg Rifles. In 2006, he transferred to the regular force and joined the Second Battalion Princess Patricia's Canadian Light Infantry in Shilo. Two years later, he died during his first tour of duty at the tender age of 21, along with two other soldiers. He was only two weeks away from returning home after his six-month tour.

Left behind to grieve were his dad Jim, mom Shirley, sister Michelle, nephew Carson and niece Stella. Another sister, Kimberley, had died in a car crash years earlier.

The much-loved man also sent ripples of emotion through the lives of people he had never met.

When Winnipeg resident Giovanni Recine noticed photos of Mike and his mourning family in a newspaper in 2011, it touched his heart and he felt compelled to honour the young man.

"I looked at the picture and he's just a cute, innocent boy. Then I saw the pictures of the parents and it was very touching. The story got to me, seeing the sadness on the parents' faces," he said.



Cpl. Michael Seggie

"When I read about him, I thought about how my daughter is home and safe, and here is a young guy who lost his life for us. He has a beautiful soul and we appreciate what he did. So I thought about going to his tombstone and spending some time there as a reminder of the peace he fought for — for us."

Along with his young daughter Kaytlen, Giovanni embarked on a new tradition of visiting Meadow Lea Cemetery to lay a wreath at Mike's resting place. During each visit, Kaytlen would always leave a card, never expecting a response. She'd share words of gratitude for Mike's service and sign each card with "Kaytlen and



EXPRESS PHOTO BY JO-ANNE PROCTER

Jim and Shirley Seggie attended the Remembrance Day service in Woodlands last year.

Dad" before tucking it under a rock to hold it in place.

Giovanni and his daughter began

to make annual visits each Remembrance Day, and often they'd jour-

Continued on next page

We Remember

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LEST WE FORGET

Remembrance DAY

James Bezan, MP
 Selkirk-Interlake-Eastman
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Remembrance Day Tribute



> FALLEN SOLDIER, FROM PREVIOUS PAGE

ney to the small Interlake cemetery on Canada Day or other special moments throughout the year.

"Remembrance Day has always been an important day in my life. My parents immigrated to Canada from Italy in the early '60s, and I remember my dad telling me horrible stories about World War II, so it's always been a delicate subject for me," Giovanni said.

"When my parents would come to visit Winnipeg from Montreal, they would also go to visit Mike with us. It was touching for them as well. It's a peaceful little cemetery and a nice place to pay respects. But I never expected we would meet the family. It was never our intention."

However, during a recent visit, the father and daughter noticed a thank-you card addressed to "Kaytlen and Dad" from the Seggie family.

"It was so special but we didn't expect it. We just couldn't believe it. It felt like Mike was present, as if he was trying to talk to us. It was so touching," Giovanni said.

"Shirley left us her phone number and email. We communicated and met last year for the first time. It was nice. It felt like I've known them for so long. It was very comfortable, peaceful and soothing."

A couple weeks ago, Kaytlen turned 21 — the same age as Mike when he died. She now attends university in Montreal, but every time she returns home to Manitoba, she and her dad journey to the Meadow Lea Cemetery to honour the young hero they never met.

"My dad really emphasized traditions when I was growing up, and we still carry them on. My dad likes to pay respects, so I grew up doing that," she said.

"It's special to us and it's something we look forward to."

After years of dropping off wreaths and cards, it was an impactful moment for Kaytlen to notice the handwritten response left for them from Mike's parents.

"Our jaws dropped when we first saw that there was a letter for us. They said it meant a lot," she said.

"It was really nice to reach out and talk to them — and we've stayed in touch ever since."

For Shirley Seggie, a Silver Cross mother, she had reached out on social media to try to unravel the identity of the unknown visitors.

"It was a mystery for so many years. I should have left a thank-you card a long time ago. We'd always think that maybe we might see them when we went there, but they always came before or after us, so we never did," said Shirley, who grew up in the Marquette area.

"When they called us and said they wanted to meet us, it was very, very special. Giovanni told us there was just something about Mike that really touched them. It's amazing because they didn't know us and they didn't know Mike, but they are thankful for him. They are wonderful people."

Jim Seggie, a retired chief warrant officer with 38 years of military service, remarked how Kaytlen's handwriting evolved over the years from an



Daughter and father Kaytlen and Giovanni Recine stand with Cpl. Michael Seggie's 1968 Plymouth Barracuda, which his family and friends restored in his honour.

elementary school scrawl to a young adult's penmanship.

"Every year, we'd go there on Remembrance Day and there would be an envelope there from Kaytlen and Dad, and it was neat to see how the handwriting got better over time," he said. "We saved all those cards over the years."

In addition to carrying a special place in many hearts, Mike is also memorialized through a lake named in his honour in northern Manitoba. Seggie Lake is located 120 kilometres southeast of Thompson, near three other lakes named after Victoria Cross winners.

In addition, Homes for Heroes, a registered charity that provides housing to homeless military veterans, will name "Seggie House" in his honour.

These gestures are meaningful to the family — and Shirley believes they would be meaningful to Mike too.

"Mike didn't like to be in the spotlight. But I think knowing that he's touched so many people in so many ways — like strangers who we didn't even know — I'm sure he would be smiling down," she said.

"I know he's never going to be forgotten, and that's important to me."

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> HOME, FROM PG. 12

houses, yurts, van life. When we got to the point where I was going to have a house built, I came up with a list of some things that were important to me," she said.

"The ecological sustainability of the build was important, as was a small dwelling. But if I was going to invest in this, I also needed someplace where I could age in place and I needed it to meet legality. So I began to look at having a custom house."

Initially, she was considering a straw-bale structure. Then a friend put her in touch with Zurzolo, who suggested a hempcrete home.

"I very quickly found that it was going to be the best solution to address the issues that I wanted to focus on. The hemp was available in Manitoba. Francesco had used hempcrete before, so he had worked with the city and other municipalities around how to meet code requirements, which was important. It let us move forward," Royer said.

"I really love the fact that the materials were available locally. It was something that we could physically make on site, and it was going to give me a massive thermal mass. In the summer, my house didn't get above 22 degrees inside on the hottest day



with no air conditioning. In the winter, I'll have the heat on, but it will heat up the building as opposed to the air in the building. Once I began to understand those properties and mechanisms, I kind of fell in love."

At the same time, Royer also enjoyed the hands-on approach of Elm Natural Builders.

"Francesco and two employees built it and I was able to work alongside them every day. It's a very different construction material and it allowed us to put organic shapes into it, which has been a real gift to me. It's a different feel. My walls have a curve that goes into the ceiling, so there isn't a 90-degree joint there. My floors come up onto the walls ever so slightly to



form a baseboard, so there isn't a 90-degree turn there. When I sweep my floors, it's a whole lot easier," she said.

"I have a built-in niche that is hand-formed and I have really deep windowsills. It really has suited me beautifully. They are definitely artisans and professionals who understand the material, which allows things that just aren't possible with traditional building materials. They cared about it and wanted to teach me about it. They have made this a very doable project and became my friends in the process. It's been great."

Elm Natural Builders completed Royer's home on schedule within two per cent of the estimated costs,

ringing in at about \$415,000 (excluding the well, septic system and solar panels).

"I honestly can't name any part that I regret, which is really nice. When plans needed to change, we could talk about them. They gave their ideas, and I could change my mind at appropriate spots in the build. There were a number of changes that really improved the house — some of them at their suggestion," Royer said.

"I didn't need to have everything nailed down right from beginning, and that was really nice too. It made a big difference in terms of the usability because I designed the space. All of those pieces have been important and made a huge difference to me."



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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Interlake U18 AAA male Lightning split weekend games

By Brian Bowman

The Interlake Lightning were edged 4-3 by the Winnipeg Thrashers in Manitoba U18 AAA Hockey League action Saturday evening in Teulon.

Interlake's Lucas Spencer had a strong game with two goals and an assist while James Franklin added a goal and a helper.

Thrashers' goals were scored by Maddox Malmquist (two), Ben Brambilla and Brandon Corda.

Last Friday, Interlake defeated the

Pembina Valley Hawks 3-2 in a shootout in Morden.

Ian Buors and Franklin scored for the Lightning in the shootout while the Hawks failed to score in two attempts.

Jayden Penner scored a pair of first-period goals for Pembina Valley and then Interlake responded with power-play markers from Buors and Morgan Waddell in the middle frame.

Interlake's Dylan MacFadyen was outstanding in goal, making 51 saves.

Interlake will take on the Winnipeg For All Centre Wild Friday (7:15 p.m.) at the Hockey



EXPRESS PHOTOS BY RICK HIEBERT

Interlake goaltender Dylan McFadyen stops all shootout attempts by the Hawks for the win.



The Hawks' Cohen Pilkington tries to move Interlake's Mathias Sibilleau from in front of his goaltender.

Geraldine's denture story: getting her smile and confidence back

BY ELISHA VANDOR

"This coming February, it'll be a year since my upper teeth were removed and the immediate denture put in," explained Geraldine who (due to degenerative gum disease) had no other option than to pull all her remaining upper teeth. She says, "truthfully, I had no idea that the gums did not have to heal before the immediate denture went in. As soon as Brock, the Denturist's denture went in my mouth right after the dentist did the extractions, it felt right and it felt good. It actually seemed to relieve the throbbing of the extractions. My gums started to heal very fast, and the denture felt great!"

Last week, Geraldine came in for a routine appointment to ensure the denture continues to fit and feel good. At that appointment we had the opportunity to hear her experience of coming to Vandor Denture Centre for the first time and throughout

the year. She so happily agreed to share with us her story. She says, "my first introduction to Brock was during my consultation appointment. I was worried because I didn't know what was possible with a denture, but excited for a smile again. I felt that he was genuinely concerned and interested as to what I wanted and what I was concerned about. At that first appointment, we took impressions and about 10 days later, the immediate denture was ready! I came back to see Brock after extractions, wearing the denture, and he started working his magic. Every time since then when I come to the office and see Brock, whatever the issue, if anything, whether it be looseness or a rough edge, he fixes it and makes it work. The denture just keeps getting better and better.

When I first got my dentures, I was so happy with how they looked and how they felt, the shape of the teeth and how unique it was to me. I walked around

smiling everywhere. I am getting compliments like crazy! My co-workers were even taking pictures! If anyone could see a before and after pictures there's just no comparison.

At first, it was process to eat with the denture. Brock had advised me to eat softer food, which worked like a charm. The extraction pockets healed over fairly fast and because the denture has always fit so great, chewing wasn't a problem. It was fine!

With you and your team here, I never want to miss my denture appointments! It really comes down to Brock's brilliance, service, and passion for what he does. Thank you for putting a smile back on my face. I sincerely thank-you from the bottom of my heart.

We are confident we can get you smiling like Geraldine too! Call our office today to schedule your free denture or dental implant consultation. **SENIOR PRICING**



Vandor Denture Centre patient, Geraldine shares her story of how she regained her confidence with a denture made uniquely for her.

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Cadger places second in Open Division at Strongman Nationals

By Brian Bowman

Dan Cadger has only been involved in Strongman competitions the past two years.

Let's just say he's a natural in the sport.

Cadger, who lives in Sandy Hook and grew up in Selkirk, placed second in the Open Division at the Strongman Corporation Canada Nationals, which were held at the Minto Armoury in Winnipeg on Oct. 21.

"It was nice because I had to travel last year. I had to go to Thunder Bay so it was really nice to have that home advantage and not having to be in a car for a bunch of hours," said Cadger last weekend.

Placing second in a division that featured 21 athletes is really impressive.

"I'm happy with second. I was on the podium this year and I finished seventh last year," said Cadger, who stands 5-foot-10 and weighs 275 pounds. "There's no other way to put it, I'm very small for the Open Division. It was cool to see someone twice my size and I beat them."

Besides placing second at nationals, Cadger also received his pro card in the sport and is now one of only two in Manitoba. The 29-year-old, who has a lot of great years ahead of him in the sport, also received an invite to the Canadian World Strongman circuit.

"When I started this (getting a pro card) wasn't something on my mind. It was just something to do but then

I was 'Hey, I'm decent at this, maybe I can pull it off,'" said Cadger, who trains out of Iron Age Strength in Winnipeg. "It's an invite to the Canadian circuit."

Cadger has always liked watching the strongman competitions on TV and the Internet.

"I come from a martial arts background," Cadger said. "I had a pretty significant knee injury in 2018 so I kind of put a stop to the martial arts and then I found this. It may seem that this wouldn't be any less risky than martial arts and it is but I feel like I have more control over what I'm doing because I'm not against another person. It's a super hard sport but it's super rewarding."

In the sport of strongman, strength training is obviously involved but technique and the mental aspect also play very important roles in the success of an athlete.

"(The mental aspect) is a huge component. There is an art to competing," Cadger explained. "There are guys out there that are really strong in the gym and then they get out in front of a crowd and they just fall apart. The mental game is a huge component. Having a pain tolerance and being able to block that out is a huge factor. There are some events out there that are just there to punish you — they just hurt," he added.

Cadger is coached by Tyler Sigurdson (also a pro strongman) while Chris Schwindt is his nutrition coach.



EXPRESS PHOTO SUBMITTED

Dan Cadger, who lives in Sandy Hook and grew up in Selkirk, placed second in the Open Division at the Strongman Nationals last month in Winnipeg.

Cadger has been invited to compete at the Arnold Sports Festival in Columbus, Ohio in March and the Official Strongman Games in Florida next December.

"I would like to do one of those so that's on my mind," Cadger said. "I'm just ready to get back into training."

Events at the Strongman Corp Canada Nationals for open men were:
330lbs per hand farmers carry

Goal is 100' as fast as possible (Cadger finished around 70')

340lb Viking press for reps in 60s (Cadger did 10 reps)

710lbs axle deadlift for reps in 60s (Cadger did seven reps)

Sandbag toss 30, 35, 40, 45, 50lb bags over a 15' bar as fast as possible

330lb keg over 56" bar for reps in 60s (Cadger completed seven reps)

Canadian Junior Hockey League makes neck guards mandatory

By Brian Bowman

The Canadian Junior Hockey League (CJHL) has made neck guards mandatory after the tragic death of Hibbing, Minnesota's Adam Johnson's death during his Nottingham Panthers' game in England on Oct. 28.

Johnson was carrying the puck into the offensive zone when he took a skate blade to the neck during a game against the Sheffield Steelers.

The Elite Ice Hockey League game was called off and the arena was cleared after the incident.

The CJHL announced the following statement last Friday:

Effective immediately, the use of certified protective neck guards during all on-ice activities, including games and practices, for each of its 122 teams, has now become mandatory, based on equipment availability.

All nine CJHL-member leagues unanimously approved the decision.

Before that decision, the Western Hockey League announced the adoption of mandatory neck guard pro-

tection for all players, effective last Friday or as soon as the protective equipment is available to the teams.

Teams across Canada, though, anticipate challenges in the delivery of protective neck guards from licensed suppliers due to a major increase in demand.

Manitoba Junior Hockey League commissioner Kevin Saurette said their league has adopted mandatory neck protection going forward.

Players have worn them their entire careers prior to junior, he said.

"In Canada (they have worn them) until they get to junior when it was an option to wear them or not," Saurette said last Friday. "For whatever reason, players have chosen not to - that's just been the norm for a number of years. Obviously, with a tragedy like this it creates conversation and it's unfortunate that the situation is as terrible as it is (but) it creates necessary conversations. For us, these are young players and young men and the more protection, the more safety we can

provide, I think it's always something that you are going to look at.

"For us, it was an easy decision to

move to neck protection especially after the incident that took place (Oct. 28)."

Falcons, Ice Dawgs' game last Sunday postponed

By Brian Bowman

The Capital Region Junior Hockey League game between the Lundar Falcons and Arborg Ice Dawgs last Sunday afternoon was postponed due to road conditions.

On Friday, Lundar was edged 4-3 in overtime by the Beausejour Comets at the Sun Gro Centre.

Falcons' goals were scored by Cayden St. Laurent (two) and Logan Miller while Aidan Avontay (two), Jarvis Ewasko and Cohen Kemball replied for the Comets. Avontay scored the game winner in OT.

Lundar will visit the St. Malo Warriors on Friday (8 p.m.) and then host Beausejour Saturday (7 p.m.).

The Ice Dawgs, meanwhile, were

also in action Friday, losing 6-1 to St. Malo in Arborg.

Tyson Barylski scored a second-period goal for Arborg.

Jeremie Collette, Brady Gregoire, Rylan Keck, Sam Freynet, Kaden Rioux and Reece Unrau answered with goals for St. Malo.

Arborg's next game is Friday against Beausejour at the Sun Gro Centre. Puck drop is 8 p.m.

In off-ice news, the Selkirk Fishermen traded the playing rights to 2004 forward Nick Magwood to the Falcons in exchange for the playing rights of 2006 goalie Jordan Armstrong, the league announced on Oct. 25.

Thunder bucked by Mustangs in RMFL championship game

By Brian Bowman

A great season by the Interlake Thunder Varsity football team ended with a disappointing loss.

Interlake was defeated 34-8 by the St. Vital Mustangs in the Rural Manitoba Football League's Doug Steeves championship game last Saturday in Winnipeg.

The Thunder lost to a very good team.

"They were well coached, well prepared, so hats off to them," said Thunder head coach Christof Hasselfield. "I think it was still a very successful season for a young team and we had a lot of development and growth, for sure. I think the season was a success even though it didn't end the way we wanted it to."

St. Vital, a first-year team in the RMFL, jumped out to leads of 14-0 and 20-2 and the Thunder could not recover.

"It's tough to come back down 14-0 but after talking to other coaches, I was very proud that our guys played hard right to the end," Hasselfield said. "Some other teams might have tried to dirty the game up or taken out frustrations. Other than a couple of bad penalties at the start, I thought we played with pride and played hard right to the end even though the game got away from us early."

Despite the defeat, the Thunder had a fantastic season, finishing with an overall record of 6-2. Both Interlake losses came against the Mustangs.

The Thunder's future looks very bright as the team will lose just five players (which all contributed significantly this past season) to aging out of the league. Interlake is looking forward to being successful once again in 2024.

"We're definitely excited for next year. We retain a lot of talent," Hasselfield said. "We were very Grade 10 heavy, so it wasn't like we had a few Grade 12s and a bunch of Grade



The Interlake Thunder's Christian Mozdzen brings down a Mustang.



The Interlake Thunder's star player Jessie Batenchuk was injured in the first five minutes and had to leave the RMFL championship game against the St. Vital Mustangs.

11s. We were like a JV team, by all accounts, with Grade 9s and 10s. The future is definitely very bright and I'm super excited, especially for the (offensive) line). I feel like I say it every week but we have (a very good offen-



EXPRESS PHOTOS BY LANA MEIER

The Interlake Thunder's Tanner Humniski is tackled by a St. Vital Mustangs' player during the RMFL championship game last Saturday in Winnipeg.



The Thunder's defensive back Dylan Maclean sacks St. Vital's quarterback.

sive) line. Our entire (offensive) line, it was their first year playing football. They were all in Grade 9 or 10.

"I don't think you could undervalue playing (just) one season of football especially with the way we went all

the way to the championship. Playing those reps in that environment, I don't even have the words to say how much that will help when we start next year."

Interlake Lightning AAA male teams in action

By Brian Bowman

The Interlake Lightning U17 AAA male hockey team was blanked 4-0 by the Winnipeg Bruins on Sunday.

Caden Gordon and Jayden Buhler scored in the second period and then Buhler and Denys Baberiko tallied in the third.

On Saturday, Interlake was shut out 5-0 by the Brandon Wheat Kings.

Tate Bercier gave Brandon a 1-0 first-period lead and then Grady Taylor, Sage Hall-Vermette and Lucas New-

man tallied in the second.

Kale Jones closed out the scoring midway in the third.

Last Friday saw the Lightning edged 2-1 by the Eastman Selects.

Darrell Murdock scored a second-period power-play goal for Interlake.

Eastman's Kylan Olson opened the game's scoring in the first period and then Josh Borgford tallied in the third.

The Lightning will host the Bruins on Friday (7 p.m.) in Warren and then visit the Central Plains Capitals Satur-

day (4:45 p.m.) in Portage la Prairie.

In U15 AAA play, Interlake had a great game with an impressive 6-3 road win over the Parkland Rangers on Saturday.

Interlake, which held period leads of 3-2 and 5-3, received goals from Hunter Loewen, Carson Kirk, Tavyn Sigurdson, Arcadian Anderson, Hudson Sigurdson and Damon Marquart.

Hunter Sigurdson had a game-high three points.

Parkland goals were scored by Noah

Smigelsky (two) and Sam Lacasse.

Lightning goaltender Seth Schaeffer made 26 saves for the win.

Last Friday, the Lightning were doubled 4-2 by the Yellowhead Chiefs.

Interlake goals were scored by Ty Johnson and Marquart (power play).

Tyson Bridge, William Marvin, Grady McNish and Athens Shingoose.

The Lightning will host the Norman Northstars Saturday (7:15 p.m.) and Sunday (2 p.m.) in Warren.

get inspired

> MEAL IDEAS



Tex-Mex Sweetpotato Beef Skillet

Recipe courtesy of Meredith Bernard of "This Farm Wife" on behalf of the North Carolina Sweetpotato Commission

- Servings: 6
- 2 medium sweetpotatoes
 - 3 bell peppers (combination of red, yellow and orange)
 - 1 small onion
 - 2 tablespoons olive oil or butter, divided
 - 2 garlic cloves, minced
 - 1 pound lean ground beef
 - 1/2 cup beef broth
 - 1 can diced tomatoes
 - 8 ounces tomato sauce
 - 1 can Mexi-corn or Southwest corn
 - 1 tablespoon Southwest seasoning salt, to taste
 - pepper, to taste

Rinse and scrub sweetpotatoes to clean. Chop into 1/2-inch cubes. Dice bell pepper and onion. Set aside.

In skillet over medium heat, heat 1 tablespoon oil or butter.

Add garlic and saute until fragrant, being careful not to burn.

Add ground beef, breaking apart and stirring until cooked through, 5-7 minutes. Remove garlic and beef to covered bowl or plate; set aside.

In same skillet, add remaining oil or butter. Saute peppers, onion and sweetpotatoes until slightly tender.

Pour in broth, diced tomatoes and tomato sauce; cover and simmer 12-15 minutes.

Stir in cooked beef and corn. Cook until liquid reduces and mixture thickens slightly. Add seasoning and salt and pepper, to taste.



Orange Juice and Coconut Chickpea Soup

- Servings: 8
- 1 tablespoon olive oil
 - 1 cup diced yellow onion
 - 1 red bell pepper, diced
 - 1 1/2 cups diced carrots
 - 1 1/2 teaspoons kosher salt
 - 3 cloves garlic, finely grated
 - 1/2 teaspoon ground cardamom
 - 1 quart vegetable broth
 - 1 can (14 ounces) light coconut milk
 - 1 can (14 ounces) chickpeas, drained and rinsed
 - 1/2 cup Florida Orange juice
 - chopped cilantro (optional)
- In medium saucepan over medium high, heat olive oil until it shimmers. Add onions, bell pepper, carrots and salt; cook until onions are translucent, 5-7 minutes.

Add garlic and cardamom; cook 1-2 minutes, or until garlic is fragrant. Do not brown.

Add vegetable broth, coconut milk and chickpeas; bring to simmer.

Decrease heat to low and cook until carrots are tender, about 10 minutes.

Add orange juice, remove from heat and stir. Taste and adjust seasoning as desired.

Serve garnished with cilantro, if desired.

Superfruit Breakfast Smoothie

- Servings: 2
- 8 ounces Florida Orange Juice
 - 4 ounces dark sweet cherries
 - 2 ounces pomegranate juice
- In blender, puree orange juice, cherries and pomegranate juice then serve.

Expert patient here to help!

By Susie Schwartz

Ever feel like a problem? Even if you're not the problem?

There are better and worse ways to get the desired result.

I recently found myself at the pharmacy at my doctor's office 5 days out of 7. I'm in a gastroparesis relapse and a specialist, Dr. Walker, shot out a barrage of meds and medical supplies like a semi-automatic aiming at a can of worms. (Worms = symptoms.) Some relief was in sight. (Site? This simile just doesn't stop.)

Over here in England, a specialist sends an instruction letter to your GP, and then they sign off and get the meds dispensed in their pharmacy. Dr. Walker laid out the instructions in the letter – take med 1 for five days, then med 2 for one week, and then med 3 for a month, rinse and repeat. Also, up the dosage of med 1a (I was already on it). Then, do a phosphate enema every three days. Okay, I need a three hour nap after data processing this.

Apparently, the dispensary staff also needed a nap or two, because it took those five aforementioned trips to get the order right.

But it was not really dispensary's fault, nor the front staff. The doctor sighing off kept missing details.

So, I decided, instead of complaining, I would instead thank dispensary and the front staff for the 'extra care' they'd been giving me. Sometimes, when I am there often, I can sense their frustration with my needs. (No shoot, Watson. You think I'm not frustrated?!)

So, by thanking them, I believe they will continue to try to be helpful, rather than roll their eyes or take an early, extra-long lunch



Susie Schwartz

break when they see me coming. I think it worked. They looked very grateful for my gratefulness.

And to be clear, if the rigamarole had gone on much longer, I would've put in a formal complaint to the managing doctor, because all the delays and their mistakes were adding to my suffering. There is a time and place to speak up about the negative. I just think sometimes, we jump to that too quickly.

Desired result. What will get us there? That is the question.

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on Instagram @medicalmiss_stress, and at www.lesshealthstress.com where you can sign up for 'Convos with Carlos'. Her book, 'Help the Doctor Help You – 32 Secrets and Tips for Self-Advocacy to Get the Best from Your Appointments' is now available on Amazon!



Roasted Pumpkin Seeds

In pot over high heat, bring water to boil. Add pumpkin seeds and 2 teaspoons salt; boil 15 minutes. Drain water and spread seeds evenly on paper towels to dry.

Preheat oven to 350 F. Line baking sheet with foil or parchment paper.

In medium bowl, toss seeds and butter until coated well. Sprinkle with garlic powder, paprika and additional salt, if desired. Spread seeds evenly on baking sheet.

Bake 25-30 minutes, or until golden brown and lightly toasted. Stir every 10 minutes.

- Water
- 1 1/2 cups raw pumpkin seeds
 - 2 teaspoons sea salt, plus additional for seasoning (optional)
 - 2 teaspoons salted butter, melted
 - 1 teaspoon garlic powder
 - 1 teaspoon paprika

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BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

HAY FOR SALE

Wild grass mix hay as well as alfalfa hay. Call or text for availability 1-204-861-0003.

LAND FOR RENT

Bifrost-Riverton, North of Arborg - Half section SW-20-23-2E; NW-20-23-2E; SE-20-23-2E; South half of NE-20-23-2E; NW-9-24-2E; SW-10-24-2E. Please contact Jeff at 204-378-0151 for more details.

MOBILE HOME FOR SALE

Best Buy mobile home to be moved \$100,000 obo. 204-641-8137.

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

HELP WANTED

Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes weekdays, evenings & weekends. Cattle experience an asset but not necessary. Willing to train. Ph Melissa at 204-299-7509.

Overland Truck Outfitters, the leader in truck caps and truck accessories, is looking for a reliable motivated person to install truck accessories. Bring resume to Overland Truck Outfitters, 102 Aviation Blvd. St. Andrews 204-338-4292.

HELP WANTED

Tria Products Ltd., P.O. Box 850, Arborg, MB. is looking for 2 full time welders/apprentice welders to read and interpret blue prints, operate manual or semi automatic welding equipment and flame cutting equipment. Minimum 1 year experience for welder, no experience req'd for apprentices but motivated and work well both in a group setting & independently. \$18-\$25/hr. for 35 hours per week depending on experience. Email resume to jakefehr@triaproducts.ca

FLIGHT ACADEMY

Want to learn how to fly? LS Airways Flight Academy is the most affordable in Canada. Recreational, private and commercial certificates. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

Wanted - rear spring spreader tool for Model A Ford car. Phone or text 204-739-3513.

WATER TREATMENT

Pentair water softeners. Iron removers. Pressure tanks. Well pumps. 5 stage reverse osmosis systems, \$275. Replacement Polyspun \$3.80, carbon \$7.80 filters. All sizes replacement water filters. Softener Res Care cleaner, 1 gallon, \$29. All Seasons 204-661-8581.

MISCELLANEOUS

Lakeside Aviation Flight School Charter Service. 1-888-642-4799.

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

NOTICES

PROMOTE YOUR ONLINE STORE FOR CHRISTMAS RIGHT NOW, IN THE 31 Weekly Manitoba Community Newspapers! Make the best of what is left of the year. Have your messaging seen all over the province. BOOK YOUR ADS! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association.

DEKALB SuperSpiel

Welcomes the World

Dec 1 - 4, 2023
Morris Curling Club

www.dekalbsuperspiel.com

Come celebrate 16 "Super" years of DEKALB Curling



Power Builder Advertising WORKS!

- GET SEEN by over 360,000 Manitoba Homes!
- Use your LOGO!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$339.00 (includes 45 lines of space)
- The ads blanket the province and run in MCNA's 31 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com

www.mcna.com

RM OF ARMSTRONG

PUBLIC NOTICE

CANCELLATION OF REGULAR COUNCIL MEETING

The Rural Municipality of Armstrong's Regular Council Meeting for Tuesday November 28th, 2023 and Tuesday December 26th, 2023 has been cancelled and will not be rescheduled.

Hilda Zotter, CAO
RM of Armstrong
1094 Highway 17
Box 69, Inwood, MB ROC 1PO
Phone: 1-204-278-3377

PUBLIC NOTICE NOTIFICATION DU PUBLIC

PROPOSED ROGERS
95 METER WIRELESS
TELECOMMUNICATIONS
GUYED TOWER INSTALLATION

EMPLACEMENT PROPOSÉ PAR ROGERS
POUR L'IMPLANTATION
D'UNE TOUR HAUBANÉE D'ENVIRON 95
MÈTRES DE HAUTEUR

The proposed installation is composed of a 95-meter guyed telecommunications tower, including the antennas, a lightning rod, and an obstruction light.

Geographic Coordinates:
Lat: 50° 32' 41.0" N Long: 96° 59' 50.2" W

Location: PT. NW 1/4 SEC. 16-18-4 EPM (RM of Gimli)

Objective: To improve wireless coverage to your community (along Road 20E and Mosfel Circle) and to meet rising demands for wireless services.

Details: An equipment shelter will also be installed at the base of the proposed tower and the entire site will be surrounded by a security fence with a locked gated access point.

The public is invited to provide written comments by the end of business day on **December 8, 2023**, to the contact information shown below. Please include a return address.

Tower Installation Project Reference:
Numéro de Dossier pour l'Installation du Tour:

Reference: W6733 Husavik

LandSolutions Inc.
1420, 333 11th Avenue SW
Calgary, AB T2R 1L9
p: 1-866-834-0008
e: comments@landsolutions.ca

Le site de télécommunication proposé sera composé d'une tour de type haubanée d'une élévation hors-tout d'environ 95 mètres incluant les antennes, le balisage aérien et le parafoudre.

Coordonnées Géographiques:
Lat: 50° 32' 41.0" N Long: 96° 59' 50.2" W

Lieu : PT. NW 1/4 SEC. 16-18-4 EPM (RM of Gimli)

Objectif : Améliorer la couverture cellulaire dans votre secteur (délimité par la rue 20E et la rue Mosfel) et ainsi répondre à la demande sans cesse croissante pour les services sans fil.

Détails : Un cabinet d'équipements sera aussi aménagé à la base de la tour et l'ensemble du site sera ceinturé d'une clôture de sécurité et d'une entrée verrouillée.

Les citoyens sont invités à faire part de leurs commentaires, avant la fermeture des bureaux de Rogers le **8 décembre 2023**, soit à l'adresse indiquée (avec une adresse de retour).



Eddie's Gravel Supply Ltd. is Hiring

PRE-HIRING WINTER ROAD DRIVERS

Fuel/Winter Road Experience and Asset
Willing to Train
2 year driving experience required
2024 winter road season.
\$500-\$1000 a day plus bonuses
204-389-2023
info@eddiesgravel.com
102086 Hwy #9, Wpg Beach, MB

EMPLOYMENT OPPORTUNITY

Snow Removal Staff Required

Aspen Park Gimli
Part time, casual, call out basis
Must provide adequate clothing
Heavy lifting, use of snowblowers required.
Rate \$18-20 per hour
Apply to Nead1@mymts.net
or 134A Maple St, Gimli

Eddie's Gravel Supply Ltd. is Hiring

NIGHT SHIFT SUPERVISOR HEAVY DUTY MECHANIC

Potential year round work
Competitive Wages/Health Benefits
info@eddiesgravel.com
204-389-2023
102086 Hwy 9, Wpg Beach, MB

ONLINE ONLY FARM AUCTION SALE

For the Estate of Tony Yurchi, Arborg, MB
Sale starts online:
Monday, November 8, 2023 at 9:00 a.m.
Closes: Soft close starting at 9:00 a.m., Saturday, November 18, 2023
To register: go to: www.apro.bid (Bidding site)
Over 300 lot items for sale - Tractor, Truck, ATV, Wood, Tools, Shop equip, some household
Check websites for full listing and your mailbox
Viewing by appointment only Monday, November 13 & 14th.
From Arborg - 4 miles south on Hwy #7 to 125NE (Silver). Turn west for 4 miles.
Lots will be sold in order listed. Please note that some lots are blank (no item)
Pickup Monday, November 21 & Tuesday, November 22nd starting at 9:00 a.m.
Contact Buddy for viewing arrangements.
Lorne (Buddy) Bergner & John Lampert, Auctioneers
Box 1, Ashern, MB ROC 0E0
Ph: (204) 768-2669 or cell (431) 253-0327
Email: bergauct@mymts.net
www.apro.bid
www.globalauctionguide.com

Classifieds



Book Your Classified Ad Today - Call 204-467-5836

Rural Municipality of ST. ANDREWS

COMMUNITIES WORKING TOGETHER

TAX CLERK - Full Time/Permanent

Reporting to the Chief Financial Officer, and as part of the Municipal Office staff team, this position will be responsible for performing financial and administrative clerical duties associated with municipal taxes and services, A/R, licensing, and includes dealing with the public on the phone and front counter.

To find more details, including qualifications

please go to:

www.rmofstandrews.com/p/job-opportunities

RME is looking for



Journeyman Agriculture Techs & Heavy Equipment Techs, and any level Apprentices & Non-ticketed Techs.

We are hiring FT permanent Techs across our locations. We offer an exceptional compensation structure with benefits including health, dental, and disability coverage, incremental wage increases per company policies, work boot and a generous tool allowance, and six paid personal days over and above vacation time. Ask us about our signing bonus for registered apprentices.

APPLY AT:

www.rockymtn.com/careers
OR EMAIL:
applications@rockymtn.com



Online Patient Support Group

Saturday November 25, 2023

10:30AM CST

Topic: Sharing Our Lived Experiences

To register:

sclerodermamanitoba.com

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55			56							57			
58										59			



Rural Municipality of FISHER

Box 280, Fisher Branch, MB ROC OZ0
Tel: 204-372-6393, Fax: 204-372-8470

UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING Variance Order [V2023-04]

The Rural Municipality of Fisher, under the authority of The Planning Act, will hold a PUBLIC HEARING at 30 Tache Avenue, Fisher Branch, MB at which time and place Council will receive written or verbal representations from the applicant and any persons who wish to make them in respect to the following application matter:

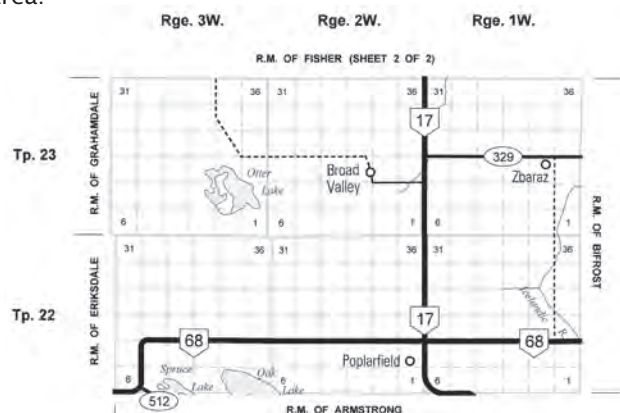
Application for Variance Order under the RM of Fisher Zoning By-law 1055/00.

Where: SE 25-23-2W

Property Owner/Applicant: Jonathan and Annie Hofer
Hearing Date and Time: December 6, 2023 at 10:00 am

Proposal: To Subdivide property where the residual lot varied from minimum 80 acre standard to 76.24 acres.

Zoning: AG
Area:



A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken there from, upon request.

For information contact: RM of Fisher 204-372-6393
fishercao@mymts.net



Rural Municipality of FISHER

Box 280, Fisher Branch, MB ROC OZ0
Tel: 204-372-6393, Fax: 204-372-8470

UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING Variance Order V2023-05

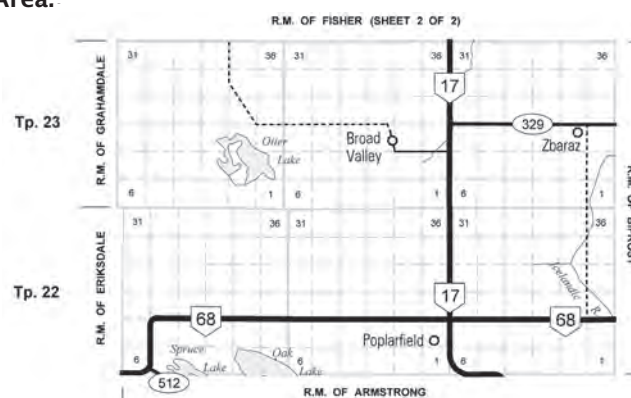
The Rural Municipality of Fisher, under the authority of The Planning Act, will hold a PUBLIC HEARING at 30 Tache Street in Fisher Branch, MB at which time and place Council will receive written or verbal representations from the applicant and any persons who wish to make them in respect to the following application matter:

Application for Variance Order under the Rural Municipality of Fisher Zoning By-law 1055/00.

Where: SW 13-23-2W

Property Owner: Richard Woloshyn and Sherryl Woloshyn
Hearing Date and Time: December 6, 2023 at 10:15

Proposal: to subdivide property where the residual lot varied from minimum 80 acre standard to 50.64 acres.
Zoning: AG
Area:



A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken there from, upon request.

For information contact: RM of Fisher (204) 372-6393
fishercao@mymts.net

CLUES ACROSS

1. Happen again
8. Large flightless birds
13. A type of account
14. Beyond what is natural
15. Beloved comfort food
19. Rural delivery
20. Belonging to us
21. Typical
22. Pie ___ mode
23. Returned material authorization (abbr.)
24. Not us
25. Discharge
26. Made empty
30. Fishing net
31. Fast-moving, harmless snake
32. Analyzed into its parts
33. In a way, chilled
34. Hindu queen
35. Circles around the sun
38. Used for emphasis
39. Reactive structures
40. Recommendations
44. Feel intense anger
45. Puke
46. Rural Northern Ireland community
47. Naturally occurring solid material
48. British watch brand
49. Toddler
50. Integrated circuit
51. Being revered
55. "Pets" you can grow
57. Continual
58. Puts together in time
59. Houses temporarily

CLUES DOWN

1. Vital public document
2. Disinter
3. Musical performances
4. After B
5. Every body has one (abbr.)
6. Utilize
7. In a way, disproved
8. Fisherman's tool



Rural Municipality of
FISHER

SNOW CLEARING ON MUNICIPAL ROADS AND PUBLIC SAFETY

With the onset of the winter season, residents are reminded that **pushing and leaving snow from private property onto and/or across municipal roads creates a hazard to travellers** using the roadways as well as interfering with snow removal operations. In the interest of public safety and timely snow removal, the Council of the Rural Municipality of Fisher is asking for your co-operation in refraining from these practices.

It is important to be aware that **not all municipal roads are snow cleared**. In the interest of public safety, please check your route as you travel on municipal roads during the winter season.

Reeve and Council
RM of Fisher

EMPLOYMENT OPPORTUNITY



RECREATION AND COMMUNICATIONS FACILITATOR (Full-Time)
or
RECREATION FACILITATOR (Part-Time)

The Rural Municipality of Rosser invites applications for the new position of Recreation and Communications Facilitator (Permanent, Full-Time) or Recreation Facilitator (Permanent, Part-Time).

Under the direction of the Chief Administrative Officer, the Recreation and Communications Facilitator (Full-Time) and Recreation Facilitator (Part-Time) will guide and facilitate the development of recreation programming offered in the RM of Rosser by assisting volunteer organizations to maximize facility usage, develop leadership and promote the value of recreation and community event programming, while recommending strategies to Council on growing recreation in general. In addition, the Recreation and Communication Facilitator (Full-Time) position will be the lead on communicating effectively on our various communications platforms.

Qualifications – Recreation and Communications Facilitator (Full-Time) & Recreation Facilitator (Part-Time)

- Recreation administration experience, or a combination of experience and college level education is required.
- Research and grant writing skills is an asset.
- Proficiency in using Microsoft Office (Word, Excel, Outlook, PowerPoint) and the ability to learn and adapt to multiple software programs.
- Excellent verbal and written communication skills with the ability to effectively communicate with various stakeholders.
- Class 5 driver's license.

Additional Qualifications – Recreation and Communications Facilitator (Full-Time)

- Communications experience or communications education.
- An understanding of social media and marketing tactics used to promote events is an asset.

The Rural Municipality of Rosser offers a competitive salary and benefits package including health/dental and pension. The approved hourly wage scale for this position is \$22.50-\$25.08.

Applications must contain a resume, covering letter and three references. Please advise which position you are applying for on your application. **Position will remain open until filled.** Only those candidates chosen for an interview will be contacted.

Please forward application to Ashley Campbell, Executive Assistant at:

Rural Municipality of Rosser
Box 131
Rosser, Manitoba R0H 1E0
fax: (204) 467-5958
e-mail: admin@rmofrosser.com

To view a full job description please visit <https://www.rmofrosser.com/p/job-postings> or call the Municipal Office at (204)467-5711.

The Rural Municipality of Rosser supports inclusivity and accessibility in the workplace. Reasonable accommodation is available to applicants with disabilities.

OFFICE POSITION AVAILABLE

Data entry- Excel. Bookkeeping knowledge an asset.
Will train. Rural location.
Vehicle required. Norcan Seeds, Inc.
Fisher Branch, MB.
Please email job experience/ resume to norcanseed@yahoo.com attn Kris.



Rural Municipality of
GRAHAMDALE
www.Grahamdale.ca

REQUEST FOR PROPOSALS

GRAVELING CONTRACT

Please see our website www.grahamdale.ca or contact our Municipal Office at (204) 768-2858 or by email info@grahamdale.ca for RFP details.



RURAL MUNICIPALITY OF
WEST INTERLAKE

**NOTICE OF PUBLIC AUCTION
SALE OF LANDS FOR ARREARS OF TAXES
MUNICIPALITY OF WEST INTERLAKE**

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **14th day of December, 2023**, at the hour of **02:00 PM**, at MUNICIPALITY OF WEST INTERLAKE, ASHERN CENTENNIAL HALL, #1 PR 325 E, ASHERN, MB, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
43400	ALL THAT PORTION OF THE SOUTH WEST QUARTER OF SECTION TEN IN THE TWENTY-THIRD TOWNSHIP AND NINTH RANGE WEST OF THE PRINCIPAL MERIDIAN IN MANITOBA, WHICH LIES TO THE WEST OF THE WESTERN LIMIT OF THE LAND TAKEN FOR A PUBLIC ROAD AS SHOWN ON A PLAN THEREOF REGISTERED IN THE WINNIPEG LAND TITLES OFFICE, PORTAGE LA PRAIRIE DIVISION AS NO. 532, EXCEPTING THEREOUT ALL THAT PORTION TAKEN FOR A PUBLIC ROAD AS SHOWN BORDERED PINK ON A PLAN DEPOSITED IN THE SAID OFFICE AS NO. 7235. EXC SLY 300'. SUBJECT TO THE RESERVATIONS AND PROVISOS AS CONTAINED IN THE GRANT FROM THE CROWN. - DESC SW 10 23 9 W	L -\$8,500 B -\$0	\$3,992.86
301100	THE SW 1/4 OF LEGAL SUBDIVISION 1, THE N 1/2 AND THE SW 1/4 OF LEGAL SUBDIVISION 2, THE S 1/2 AND THE NW 1/4 OF LEGAL SUBDIVISION 7, THE SW 1/4 OF LEGAL SUBDIVISION 8 IN 3-21-4 WPM EXC ALL MINES AND MINERALS AND SPECIAL RESERVATIONS AS RESERVED IN THE GRANT FROM THE CROWN - DESC SE 31 21 4 W	L -\$6,000 B -\$0	\$3,476.27
449865	LOT 1 PLAN 49542 WLTO EXC ALL MINES AND MINERALS AS SET FORTH IN THE ORIGINAL GRANT FROM THE CROWN IN SW 1/4 4-22-5 WPM - 35 RAILWAY AVE	L -\$4,900 B -\$654,400	\$75,140.74

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the MUNICIPALITY OF WEST INTERLAKE as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$498.75 (\$475 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 2nd day of November, 2023.

Managed by:



Bernardo Pasco
Chief Administrative Officer
MUNICIPALITY OF WEST INTERLAKE
Phone: (204) 768-2641
Fax: (204) 739-2073

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

LIQUOR LICENCE APPLICATION

PUBLIC NOTICE SPERO DAMIANAKOS, operating as **SPERO'S PIZZA** at 109065 PTH 9, GIMLI, MANITOBA has applied for a **GENERAL LIQUOR SERVICE LICENCE** to serve liquor **MONDAY TO SUNDAY** from **9:00 A.M. to 2:00 A.M.**

1:00 P.M. to 2:00 A.M. REMEMBRANCE DAY
Citizen and community input is an important part of the application process.

Please contact the Liquor, Gaming and Cannabis Authority of Manitoba at 204-927-5300, if you have questions about this application.

Please contact your municipality if you have questions about zoning bylaws and requirements.

If you want to make a formal objection to this application, please send us your objection in writing by 4:30 p.m. on **NOVEMBER 14, 2023**.

You can email, mail or fax your objection. Please include your contact information.

Email: objection@LGCAmb.ca

Mail: LGCA Objections
1055 Milt Stegall Drive
Winnipeg, MB. R3G 0Z6

Fax: 204-927-5385

-We respond to all formal objections and will work to resolve objections before issuing a licence.

-A copy of the objection, including the name of the person who submits the objection, will be provided to the licence applicant.

-Each person who submits an objection will be advised in writing of the outcome to the licence application.

LGCA

Liquor, Gaming & Cannabis
Authority of Manitoba

Continued from pg 23

9. Of she
10. Trauma center
11. Commercial flyer
12. Administered medicine to calm
16. Popular R&B performer
17. Regretted
18. Leg (slang)
22. "Night Train" author
25. More supernatural
27. Baltimore ballplayer
28. Shoe parts
29. Scores perfectly
30. More lucid
32. Trim by cutting
34. Disreputable people
35. Dramatic behaviors
36. Disorder
37. Private box in a theater
38. More dried-up
40. Raw
41. In operation
42. Pillager
43. Butterflies with brown wings
45. Disallow
48. Own up
51. Hungarian city
52. A way to condemn
53. Tax collector
54. Lease
56. Not out

Announcements

Make a Difference Help People with Disabilities Live the Life They Want, Be a Direct Support Worker

We offer a competitive salary, flexible working conditions, full pension & benefits. This work is creative and rewarding and will bring out the best in you! Casual, part-time or full-time positions available With ongoing training and opportunities to learn.

Riverdale Place Homes Inc.
Box 968, Arborg MB R0C 0A0
332 Ingolfs St.
Phone: 204-376-2940 (ext.2)
kfinnson_rph@outlook.com

Full-time Employment Opportunities In Arborg at busy implement dealership



Shachtays in Arborg is hiring additional staff for the following positions:

- **Officer/Administration**
- **Service Technician**
- **Parts/Counter Person**

Experience not necessary but a definite asset.
Benefit plan available.

Apply in person, fax, mail or e-mail resume to: 276 Ardal St., Box 190, Arborg, MB R0C 0A0
shachtays@hotmail.com
Ph: (204) 376-5233
Fax: (204) 376-5234

Locally owned and operated.
Serving the Interlake for 56 years.



WANTED

Gold, Silver & Platinum!!



Cash Paid For Coins, Coin Collections, Bullion, 999 bars, Ingots, Rounds, Jewelry, Watches, Nuggets, Scrap, Gold Dust, Sterling Silver, Sterling Silverware plus anything Gold, Silver or Platinum.

Also purchasing Old Money, Royal Canadian Mint Coins, Franklin Mint, Coin Sets, etc.

Wanted: USA, Canada and World Coin Collections, coin sets & old money. Buying Entire Collections!

Todd The Coin Guy
250-864-3521

ANNIVERSARY



Larry and Karen Gottfried
Happy 50th Anniversary
November 10, 1973
-Love your kids and grandkids

BIRTHDAY



Happy 6th Birthday
Aubrey!
-Love Mom, Dad and Jase

WE ARE HIRING

In Lundar and Ashern



WE OFFER

- Flexible work schedules
- Positive workplace culture
- Health and dental benefits
- Company pension plan
- Referral bonus
- Competitive wages **starting wage \$18 per hour**
- Wellness programs
- Paid training
- Opportunities for advancement
- Recognition program
- Tuition reimbursement

MAKE A DIFFERENCE

Pulford Community Living Services is a dynamic not-for-profit organization that supports adults with developmental disabilities to live and grow in their communities. We are hiring full-time and part-time Direct Support Professionals to provide responsive, person-centered support services.



PULFORD
COMMUNITY LIVING SERVICES INC.

APPLY ONLINE AT
pulford.applytojobs.ca
or
SEND YOUR RESUME TO
hr@pulford.ca

Announcements

Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

S	R	E	L	S	O	F		S	O	N	A	S	
H	E	L	A	H	O	F		S	V	I	H	O	
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Crossword Answer

ReVolution Trailers

RVs

Reimagined

- Winterization
- Winter Storage
- Renovated RV Sales
- Custom Renovations
- Service and Repair

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IN MEMORIAM



HALLSON
In remembrance of our husband, father, Afi Harold who left us on November 12, 2022

We think about you always,
We talk about you still;
You have never been forgotten,
And you never will.
We hold you close within our hearts,
And there you will remain;
To walk and guide us through our lives,
Until we meet again.
-Lovingly remembered by your family

OBITUARY



Wayne Browning

Wayne passed away peacefully on November 1, 2023 at St. Boniface Hospital.

He is survived by wife Lorna; son Ryan (Kathy), Shannon Rocan (Ray); sister Bernice (Dave) Smith and their family; brothers Gary (Lori) Seneshen, and Terry (Pam) Graves; Grandpa to Kelly (Peter) Bilski, Luke, Amelia, Brady and Ethan.

To respect Wayne's wishes there will be no formal service. Burial at a later date in Eriksdale Cemetery.



MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • info@mackenziefh.com

OBITUARY



Shirley Ann LeRoy (nee Johnson)

Announcing the passing of Shirley Ann LeRoy (nee Johnson) on October 30, 2023.

Born in Winnipeg on December 24, 1932, Shirley was an early Christmas present for her parents, Al and Sylvia Johnson.

She was very proud of her Swedish heritage and enjoyed uttering an appropriate Swedish phrase whenever a situation called for it.

Being a native Winnipegger, Shirley was an avid Blue Bombers fan and often spoke of her first tailgate party at the age of 85 at McMahon Stadium, where her Blue Bombers fought valiantly against the Calgary Stampeders.

Shirley graduated from Success Business College in 1949 and began her career with the Canadian Civil Service at Fort Osborne Barracks in Winnipeg. Her career saw her travelling to both coasts from Halifax to Victoria with Banff and Gimli in between. Upon retirement, Shirley was awarded a commendation plaque celebrating her 35 years as a Civil Servant with the Armed Forces.

Her friends will remember Shirley's enthusiasm for artificial flower arranging and how she would search for the perfect adornment to enhance each bouquet.

After they decided to retire, and looking forward to small town life, Shirley and her husband, Pat, settled into Gimli, MB where many lifelong friendships were made. Golf games, winning the meat draws at the Legion, dances at the Horizons Seniors Club and many Happy Hour libations made their 27 years in Aspen Park memorable ones.

Visiting with friends during coffee trips to Robins Donuts and Tim Hortons was an activity that Shirley enjoyed with relish.

Shirley's bright spirit and infectious laugh will be sorely missed by her stepdaughters: Irma, Wendy, Janice, Jo-Anne, and their families; her sister-in-law Ione and by her many friends in Gimli, Winnipeg, and Vancouver.

In lieu of flowers, if you wish to remember Shirley, please do so by connecting with a friend or loved one over a cup of coffee or tea in a loving gesture of friendship.

Shirley's wishes were that no formal service be held.

Tributes: www.gilbartfuneralhome.ca

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Robert (Bob) Oscar Thordarson

Peacefully, on Thursday, November 2, 2023 at the Health Sciences Centre, Bob Thordarson, aged 81 years, of Gimli, MB, beloved husband of Carol, passed away.

In keeping with his wishes, cremation has taken place and a Celebration of his life will be held at a later date.

Full obituary to follow.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.

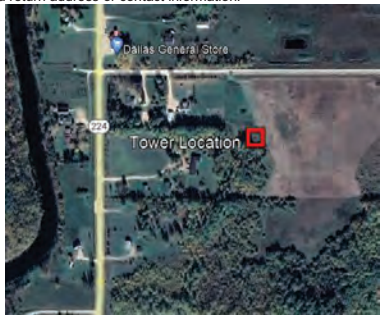


**PUBLIC NOTICE
PROPOSED XPLORE 45M TELECOMMUNICATIONS FACILITY
SELF SUPPORT INSTALLATION**

PUBLIC NOTICE:
Proposed Telecommunication facility:

- 45m Self Support tower with 1m Lightning Rod
- Located within Portion of Lot Z Plan 753 WLTO located in River Lots East 28-1 WPM and to be accessed from existing approach off of Highway 224 onto an new approach and access to site.
- The facility will be fenced and will include a locked shelter located at the base of the tower as well as installation of Anti-Climb installed on the tower.
- The site will provide faster and reliable high speed internet and phone services in the general area of Dallas, Manitoba.

With respect to this matter, the public is invited to provide written comments by **December 9, 2023** to the contact information shown below. Please include a return address or contact information.



**AVIS PUBLIC
TOUR DE TÉLÉCOMMUNICATIONS DE 45M PROPOSÉE PAR XPLORE
INSTALLATION AUTONOME**

AVIS PUBLIC:
Installation de télécommunication proposée:

- Tour autoportante de 45 m avec une tige de paratonnerre de 1 mètre.
- Situé à l'intérieur de la partie du lot Z, Plan 753 WLTO située dans les lots riverains Est 28-1 WPM et accessible depuis une approche existante sur l'autoroute 242 puis par une nouvelle approche et un accès au site.
- L'établissement sera clôturé et comprendra un abri verrouillé situé à la base de la tour ainsi qu'un système anti-escalade sur la tour.
- Le site fournira des services Internet haute vitesse et téléphoniques plus rapides et fiables dans la zone générale de Dallas, au Manitoba.

En ce qui concerne cette question, le public est invité à fournir des commentaires par écrit d'ici le **9 Décembre 2023** à l'adresse indiquée ci-dessous. Veuillez inclure une adresse de retour ou vos coordonnées pour vous joindre.

Des informations supplémentaires peuvent également être obtenues en communiquant avec :

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418B McDonald Street
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Phone/Téléphone: 306-584-3044
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Email/Courriel: telocommmentsab@vertex.ca

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Phone/Téléphone: 204-984-4257
Toll Free/Sans frais: 1-800-665-3421
Fax/ Télécopieur: 204-984-6045
Email/Courriel: ic.spectrumwinnipeg-winnipegsspectre.ic@canada.ca

Rural Municipality of Dallas/Red Rose
Indigenous Reconciliation and Northern Relations
Northern Affairs Branch
400 - 352 Donald Street
Winnipeg, Manitoba R3B 2H8
Phone/Téléphone: 204-945-1313
Email/Courriel: stewart.sabiston@gov.mb.ca & dillon.shingler@gov.mb.ca

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OBITUARY



Florence Rohs
 January 29, 1932 – October 31, 2023
 It is with sadness we announce the passing of our mother, grandmother, sister and aunt. Florence passed away peacefully on October 31 at Charleswood Manor at the age of 91.
 Funeral service will be held at 1:00 pm on Friday, November 10, 2023 at the Ashern Legion Hall with Pastor Luke Tully officiating. Viewing will be held one hour prior to the service at the hall.
 Interment to follow in the Dog Lake Cemetery.
 Arrangements by:

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