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EXPRESS PHOTO BY EVAN MATTHEWS

Eriksdale librarian Linda Lee held a Halloween trick or treat party on last Saturday. Adults and children dressed in costumes, read and listened to stories, coloured and enjoyed treats. Lee said creating positive memories for children is her main goal of embracing and celebrating the holidays. Pictured left to right: Penelope the lady bug fairy, Orrin the cowboy, Sage the unicorn, Dillyn the gekko, Ryleigh the kitty, evil queen and librarian Linda Lee, Emily the owl, Alice the wild-haired hippie and Corbin the combine.

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Poppy Campaign honours and pays tribute to our veterans



Sandra Hogue displays a "car poppy," which is intended to be visible on one's vehicle as a secondary poppy.

By Evan Matthews

It's almost time to remember, and in the weeks leading up to Remembrance Day, one does not want to forget a poppy.

Annually, from the last Friday in October to Nov. 11, many Canadians wear a poppy as a visual pledge to honour Canada's veterans and remember those who sacrificed for the freedoms Canadians enjoy today.

Debbie Lundale, legion member and the local Poppy Campaign chair, co-ordinates the fundraiser in the Eriksdale community. She is reminding residents throughout the Interlake

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GIMLI LOCATION

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to pick up their poppy at local businesses.

"We drop off poppies at all the businesses, the hospital, the care home, the wellness centre, the library, the RM office and post office, local restaurants, the school, etc.," said Lundale.

"Poppies are in as many places here as people are, so we encourage people to pick them up."

This year, there are also "car poppies" available to display support on your vehicle, according to Lundale.

Poppies are purchased by donation, so there is no predesignated cost. Last year the Eriksdale Legion raised

small businesses in

Gimli and the Interlake.

RIVERTON LOCATION 33 Main St. Riverton MB

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roughly \$1,250 through the Poppy Campaign.

However, the money raised does not stay local, as all local legions give there funds raised to "the command" where the money is then given to veterans and their families directly.

"That's why when we ask, 'Did you get your poppy this year?' Some people think it's OK to just use their poppy from last year. Some people just don't have the understanding," she said.

"So we try to get people to buy new ones every year because the money goes right to the veterans."

Eriksdale Legion president, and Debbie's husband, Keith Lundale said the most important thing is to remember.

"Never forget," said Keith. "Hopefully we never have to endure the sacrifices our mothers and fathers, grandmothers and grandfathers, great-grandmothers and great-grandfathers endured."

As a friendly reminder, too, Keith

said not to not wear poppies past Nov. 11.

"Veterans often feel it is disrespectful," he said.

Eriksdale Legion

This Remembrance Day is even a little more special for Eriksdale Legion members, as it's the local legion's 80th anniversary.

Keith said his passion for the legion stems from his father, Robert, a veteran and longtime Eriksdale Legion member. Keith said he spends a lot of time thinking about his dad, especially during the weeks leading up to Remembrance Day.

"It was his passion," said Keith. "He did the Poppy Campaign. He did the cancer fundraiser. ... For me, a lot of this is really connected."

The Eriksdale Legion — as will legions in Lundar, Ashern, St. Laurent and Woodlands — will host a Remembrance Day Ceremony on Nov. 11, with a moment of silence at 11 a.m. at the Eriksdale Recreation Centre.

Official poppy presentation



EXPRESS PHOTO BY EVAN MATTHEWS

Former Lundar Legion president Darlene Sweetland, right, pins a poppy on Royal Canadian Legion Branch #185 first vice-president comrade Brian Thomas to begin the 2019 fundraising efforts and poppy sales.

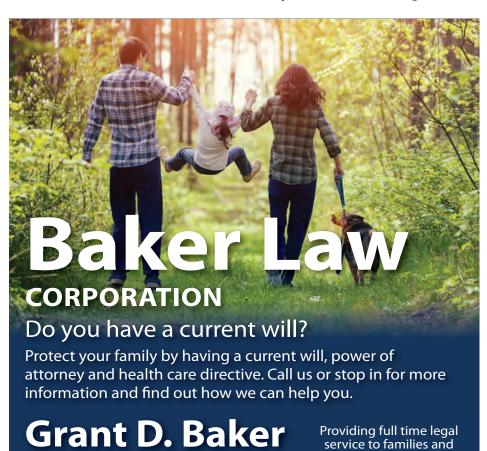
The legion's Poppy Campaign always begins on the last Friday of October and the poppy blossoms on the lapels and collars of more than 19 million Canadians.

The poppy is distributed by the legion's branches and the monies collected goes into branch poppy trust funds. These funds can only be used under strict guidelines set up by the Poppy and Remembrance Committee of Dominion Command to improve life for people in the communities where the money is raised.

The poppies are intended to honour

the more than 117,000 Canadians who have died in the service of their country throughout the world.

Since 1921, the poppy has stood as the symbol of remembrance, a visual pledge to never forget those Canadians who have fallen in war and military support operations. The poppy also stands internationally as a "symbol of collective reminiscence" as other countries have also adopted its image to honour those who have paid the ultimate sacrifice. Poppies will be for sale at a number of businesses until Remembrance Day.



Miss B Haven meeting the demands of reusable-minded consumers

By Patricia Barrett

The demand for reusable hygiene and household products is growing amongst consumers, and an Arborgbased business that was ahead of the curve nearly a decade ago is starting to ramp up.

Christine Sutyla, who began making and selling reusable feminine hygiene products through her business called Miss B Haven about eight years ago, has expanded her product line to include a wider variety of designs as well as reusable household products.

She started out making reusable feminine hygiene pads to meet her own needs, but after realizing how well they worked, she set up a business on Facebook to offer them to other women and girls. She also opened an online store on Etsy five years ago.

"I basically got to the point where I had to create something for myself that would work. And not only did it work, but it changed my life," said Sutyla. "So I just decided from then on that I would devote my time to getting these products out there and having other people experience the awesome change I experienced when I made the switch."

Not only are reusable feminine pads



Christine Sutyla

and other reusable products, such as cloth diapers, cheaper in the long-run than store-bought single-use items, she said, but they're also more environmentally friendly, helping keep plastic waste out of landfills.

"Disposable versions of everything are only going up in price, and it's becoming less and less affordable," said

The cost of menstrual products



EXPRESS PHOTOS SUBMITTED

Sutyla has been making and selling reusable menstrual pads for almost 10 years.

alone — which are also subject to taxes — has become a subject of much public debate over the past few years. Women's shelters and other women's organizations are always in need of donations of hygiene products, and girls who can't afford them some-

times have to miss school. The British Columbia government promised to make the products free for students by the end of this year, and the Manitoba government is considering mak-

Continued on page 4





Gimli singer ticks off top item on his bucket list by recording album

By Patricia Barrett

Gimli singer David Smith has just released an album of popular cover songs and will be showcasing his vocal talents this Sunday at Johnson Hall.

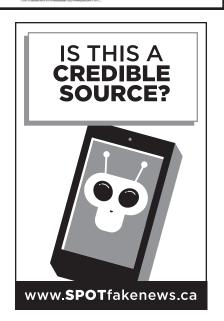
The 71-year-old retired teacher, who's been a member of the West-shore Singers for 11 years, said he's had a lifelong love of singing and decided the time had come to record an album of his favourite songs from the 1960s and 1970s.

The 14 tracks on *Years Keep Rollin' By* were recorded at The House of Donahue (a.k.a. Lion's Den Studio) in Winnipeg and features musicians Dan Donahue, Dennis Carlson and Len Udow.

With songs such as Moon Shadow, In My Life, Your Song, City of New Orleans and the First Time Ever I Saw Your Face, Smith's uber-soothing and nuanced vocals will make you want to kick back with an aromatic merlot and forget all your cares.

"To me, the mid-'60s to the mid-'70s was the golden age of music. I think there were so many great singers and songwriters at that time," said Smith, who sang for the *Express* a few lines of Harry Chapin's Circle, the song that had inspired him to get moving on his bucket list. "In our youth, songs make an impression. I've always loved sing-





ing as long back as I can remember, and when I hear a song I like, I try to learn it."

Although he's always considered himself a singer, Smith said he didn't start performing publicly until later in life

"Not until my 40s and 50s was I able to work up the nerve to become somewhat of a performer, and actually get out there in front of people and sing," said Smith, who grew up in southwest Winnipeg. "So a lot of my early singing was just at home or at informal parties. I was encouraged because people told me I had a nice voice."

There came an unanticipated moment in which he said he was compelled to get up and sing publicly. Living at the time in Thompson where he was teaching, he was at a coffeehouse listening to a fellow with a guitar and asked him if he could sing.

"I just had to do it, and that was the beginning of a friendship that turned into us forming a band called The Farr Side," said Smith. "Our first real performance was at a folk festival in Thompson and we also made a CD back in 2000, which was my first experience in a recording studio."

In addition to performing with the Westshore choir, Smith has been featured a number of times as its guest soloist. He's currently takes singing lessons from Muriel Smith (no relation), who was music director of Westshore before she retired.

He started with Smith about two years ago to "get better" at his craft and to get rid of bad habits he probably picked up over the years, he said. The voice lessons have been very beneficial as he's learned how to breathe properly and build up his stamina.

"I feel that I'm a pretty good singer, but you can always be better," he



EXPRESS PHOTO BY PATRICIA BARRETT

David Smith cut his first solo album and will be performing this Sunday at Johnson Hall.

said. "And there's probably a window when your voice is at its peak then wears out. But if you keep training, you get to extend the end date."

His renditions of the songs aren't carbon copies of the original recordings, he said, but are familiar enough to anyone who lived in that era.

"I think there's a bit of novelty to each song, but it's not like I've gone overboard," said Smith. "Len was very instrumental in figuring out how to enhance the vocals with the various instruments and the harmonies. He and Dan figured out the arrangements. And Dennis was a calming influence. I relied on them because they're professional musicians."

As his own independent project, there were a lot of administrative duties — getting permission to record

other artists' songs and pay royalties, for instance — to attend to, he said.

As for his recording future, Smith said it's up in the air right now.

"I didn't go into this to make money. I wanted to do something that would be preserved for posterity and for my kids to have," said Smith. "I'd love to do another one once I recover from this one!"

The album is available on CD for \$10. Smith will be selling them at Evergreen Basic Needs, where he used to volunteer, and at Tergesen's.

Smith's concert takes place Sunday, Nov. 3 from 2 to 4 p.m. at Johnson Hall in the Waterfront Centre. To contact him or to reserve tickets, which are \$10, call 204-642-7919, text 204-299-2484 or email buntepbird@gmail.com.

> MISS B HAVEN, FROM PG. 3

ing them free to grades 7-12 students. The cost of menstrual products are prohibitive for some women and girls, and Sutyla said she's heard of some people having allergic reactions to the materials they're made of or to chemi-

cals that may be present.

Sutyla said she's designed her pads in 83 different shapes and sizes to accommodate the differing needs of girls and women. And she's expanded her product line to include reusable incontinence pads, cloth diapers, baby wipes and household products, including kitchen towels and dishcloths, [mop] pads and napkins.

She offers about 1,500 different designs in different materials, depending on what the products are being

used for. She says there's even a growing demand for reusable toilet paper.

"I've shipped my products all over the world, including Australia and the U.K.," said Sutyla. "I have shipped a few thousand packages now, totalling over 12,000 of the reusable products alone."

She said she's also been dealing with high numbers of orders that can fluctuate depending on the season. This summer she had 90 orders come in all at once and she's currently working on 55 orders. This time of the year is her "busy time" for hats, and she's shipped about 30 already.

"Sometimes I don't sleep a heck of a lot," said Sutyla. "It's my passion for it that keeps me going and the fact that I'm helping people, creating items that people need and end up preferring to what's out there."

After a 15-year break from craft shows, Sutyla said she began selling at vendor markets in towns such as Teulon, Inwood and Arborg this year. And she also started organizing small-scale vendor markets in Arborg for people who can't afford the fees associated with large shows.

She's organized two shows already and has another coming up in Arborg on Sunday, Dec. 22 from 2 to 7 p.m. at the Connexion.

For more information about Sutyla's product lines, visit Etsy.com and search missbhavenboutique or email her at miss.b.haven.boutique@hotmail.com.

Residents ask Gimli council to take responsibility for protecting the public from dogs

By Patricia Barrett

A Gimli woman and a number of residents appeared before council last week asking for changes to the dog bylaw and greater protection for the public.

After six years of trying to get the municipality to address her concerns about a dog she says has attacked and persistently worried her son, Tanis Benson appeared as part of a residents' delegation during council's regular meeting Oct. 23.

She argued the bylaw should have a provision requiring dog owners to build a fence or a fenced-in area in their yard if they've failed to take responsibility for their dog's behaviour.

"This has been going on since 2013 and when I was communicating with [CAO Joann Murphy] and I asked about a fence being built then, nothing ever happened," said Benson. "She said you can't expect them to build a fence in the winter. Summers came and went then the answer was, 'We can't make someone build a fence.""

Benson said she kept all the correspondence with the RM and with its animal control officers over the years but was told there are no records of her complaints.

"Where's the documentation? I have mine," said Benson. "I've communicated a lot with you and I gave the letters directly to the town so the town should have that information."

Murphy said she doesn't have the documentation. Lynn Greenberg, who was mayor in 2013 when the first attack occurred, had nothing to add about the alleged missing correspondence.

Kathi Duggan, who was part of the delegation, began telling council what she witnessed in a back lane near the high school in 2013 with regard to Benson's son Alec Baldwin and the dog in question, but was abruptly cut off by the mayor.

"Excuse me. I don't think we need to discuss this dog," said Greenberg, who also chastised Benson for recruiting people to speak. "This dog has been re-homed. It's not in the community any more. It's not in the town of Gimli. I don't know where it is, but I was assured it's in a rural area."

Duggan had told the Express last month (see Sept. 19 online edition) she saw the dog attack Baldwin in the lane and she had to intervene to stop

The mayor, who later retracted his embargo on hearing other members of the delegation, said he knows Benson is unhappy with the way council handled a recent incident in which one of Alec's dog got bitten by the dog in question when he left his owner's



Benson-Podolchuk said it's in council's best interest to prevent dogs from attacking residents or even tourists.

yard and encountered Alec on the street. He said, "We [council] don't get involved."

"I know you're critical that we didn't answer you back," said Greenberg. 'We didn't answer you back, Tanis, because we let the animal control people look after it."

He added that it "won't happen again because the people took action on their own."

Raising the issue of the dog having been "re-homed," Benson asked where it had been re-homed." Is there a fence? Is it in town? Is there a guarantee the dog will not be back home

The dog's owner doesn't have a fenced-in area in his yard, she said, and she wants council to protect not only her son but also other residents from the dog in question and other dogs that run at large.

"My son hasn't felt safe here for six years now," said Benson.

Resident Sylvia Benson said anyone with a dog in the community, whether it's a German shepherd or a "yappy little thing," should have a fencedin area in their yard so that the dogs can't "run around town," which she said has happened in the past with this particular dog.

"Council is allowing dogs in the community that are programmed to



EXPRESS PHOTOS BY PATRICIA BARRETT

Residents, including Phyllis Lycar (standing, front), said dog owners need to take responsibility for their animals.

be aggressive and assertive," she said. "As loving as dogs are to their owners, the obligation and the responsibility of the council is to make sure those owners are responsible."

Sherry Benson-Podolchuk told council this is an opportunity for them to move forward with policies they can fall back on when incidents like this happen and to ensure they'll be "enforced."

A first attack can happen to anybody and the second time may be a coincidence. But the third time "is a pattern of behaviour," said Benson-Podolchuk."That dog has a pattern of behaviour with particular people, and whether it's Alec or anyone else, it's in your best interest to take this forward as an opportunity to prevent any kind of serious incident and any kind of legal action."

Phyllis Lycar told council she was speaking in support of Benson because she herself had been attacked by a dog six years ago and it had "changed my life." There were no cononly sends the problem and danger to a new town and to new people."

The owner of the dog in question attended council's meeting and said Benson's claims are not based on fact. He may also be bringing his dog back

"Blue [dog's name] has been taken out of town, but that may not stay that way," said the owner. "The facts are Blue has not bitten Alec. He has not bit anybody else far as I know except for the altercation [Benson] had with her dog and that was a mutual alter-

Council made no comment with regard to the owner's statement that the dog could be coming back to town.

Council also did not indicate whether it will move forward on Benson's request to modify the dog bylaw to include fencing in the case of dogs acting aggressively.



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I wonder where the other boat wound up

Welcome, fellow anglers.

His clothes felt clammy, sticking to his skin as he stomped ahead forcefully, winding his way around broken poplar trees while keeping to the faint trail toward the Big Whiteshell beach. Andy Chartrand paused for a moment in mid-step, turning his rugged head back to check if his buddies, Ken and Ron, were following behind.

Ken wiped back his short, grey hair while Ron, a shorter, heftier man with a white goatee, used the sapling trees on either side of him to assist his walking. The heavy, dark grey clouds overhead and cold bursts of wind were reminders of the terrible storm that had ruined their weekend of fishing back at Crowduck Lake.

The fishing trip had started out with the three lifelong friends in a bright, happy mood, loading their gear into their boat by the Big Whiteshell campground. The sun warmed them as they crossed to a point where they beached the boat. Carrying their gear, they portaged through the bush to a beach on Crowduck Lake. There they flipped over two boats they kept there, loaded their supplies into them and made for one of their favourite little islands. Not long after that, they were putting up their tents on a beautiful bay beach before making supper over a

The men were tired yet pleased with the sight of the sun setting on a cloudless sky, sending shadows through the tall pines and spruces onto the moss-covered huge rocks. They silently turned and crawled into their tents. Andy fell asleep watching the campfire light throw waving shadows on the wall of his tent. Seemingly only minutes later, the flapping of the tent walls driven by the howling wind woke Andy. His senses alert, he felt the tent might be torn from its tie-down ropes. He pulled his clothes and boots on. Cold driving rain blinded him as he opened his tent door. He bent over, shielding his face and forced himself outside to see in the dim light the branch of a tree snap off and fall, splashing into the beach's water where their boats should have been.

It was early dawn, and in the chilling rain, Andy began gathering their gear scattered on the beach. He yelled over the gale force wind for Ken and Ron to wake up and help to no avail. Andy brushed the rain from his eyes and short, bristly dark hair as he stood over the gear he had saved. The sun was coming up brilliant and hot. Andy shivered. He heard a rustle and turned to see Ken and Ron emerging from their tents. Ken stopped halfway through his morning stretch as his eyes took in the storm's devastation.

"The wind took the boats. I can see one beached on that island over there," Andy said matter-of-factly. "I'll swim over and get it. I'm wet anyway."

Oddly, the water felt warm as he dove in and began swimming. The slightly rusty-looking water splashed against the boat as Andy found footing beside it. He pushed it to deeper water, jumped in and rowed back to his friends. The men stood together on the island beach, talking in hushed tones, with their zest for this fishing trip gone. They loaded their gear in the surviving boat and made for the

Bad luck continued to plague them. Breaking through the bush where they had left their Big Whiteshell boat, they found it swamped. Grumbling at each other, they bailed it out, loaded their gear and paddled to the campground.

"What a disaster!" Andy exclaimed as they threw their gear in their cars to drive home.

"I wonder where the other boat wound up," Ken muttered to himself.

Unlike that trip, anglers Steve Correia, Derek Ha-



EXPRESS PHOTO SUBMITTED

Steve Correia, Derek Haluk, Randy Soper and Don Flett with some of their catch when fishing off the Red River by the "cut."

luk, Randy Soper and Don Flett caught their limit last weekend by the "cut" off the Red River. They graciously held up some of their catch for us to ad-

Some weeks ago, I happened upon a lady on the Gimli pier shaking the water off her cap and short, white, straight hair as she muttered to herself in a decidedly Scottish accent.

"How did that happen?" I asked her.

"The wind took my cap and blew it onto the water. My friend's sister Suzette from St. Mary's Academy here cast out and snagged it for me."

"I always like to ask folks who come from different countries if they fish differently than we do," I

"Well, we used to fish with our hands in the Tay and Almond Rivers in Scotland. The river bed was full of big rocks and we would feel under them and grab salmon by the gills," the lady said.

"That sounds like an easy meal," I observed.

"Not entirely," our new friend Roseanne Judge went on. "Sometimes we would grab an eel with its razor tail and wind up with our arms all cut up and bleeding!"

Till next week, my friends. Bye now.

Manitobans encouraged to get flu vaccine this fall

By Evan Matthews

The Province of Manitoba along with the Interlake-Eastern Regional Health Authority are urging people to get vaccinated against the flu.

The seasonal flu vaccine is free of charge to all Manitobans aged six months and older, according to Health, Seniors and Active Living Minister Cameron Friesen.

"I encourage all Manitobans to get the four vaccine but especially those at increased risk of serious illness from the flu, their caregivers, and close family and friends," said Friesen, speaking at the official launch of the annual influenza immunization campaign.

"The vaccine protects you and helps to protect those around you including infants, people with chronic illnesses like diabetes or asthma, and those seeking treatment for cancer. It's about them, too."

Despite national delivery delays by the vaccine

manufacturers, the Manitoba government said it has received 84 per cent of its total allotment to date and is expected to receive its full allotment over the next couple of weeks.

Roughly 240,000 doses have been shipped to health-care providers across the province to date, according to the province.

While many dismiss the "common cold or flu," it can get serious quickly.

Seventeen people with lab-confirmed influenza died in Manitoba last year during flu season, while another 42 were admitted into intensive care units, the province said in its press release.

In total, 2018-19 flu season in Manitoba saw 228 hospitalizations, down over half from the 505 hospitalizations in 2017-18.

"Manitobans can help protect themselves, their friends and family by getting the flu vaccine, which is safe and effective," said Dr. Brent Roussin, Manitoba's chief provincial public health officer.

"In order to help prevent influenza and its complications, it is recommended all eligible Manitobans receive their flu shot in the early fall every year."

Last winter, a record number of people received vaccinations in Manitoba, with almost 24 per cent of the population (with Manitoba Health cards) receiving the vaccination.

Flu shots and seniors

A high-dose seasonal flu vaccine is also available for senior residents of long-term care facilities, according to the province, as the high-dose vaccine may provide better protection for those at increased risk of complications from the flu.

This could potentially reduce the number of outbreaks experienced in long-term care facilities and better protect those at highest risk of complications,

Continued on page 7



Eichler sworn in as minister of Development of Economic Development and Training

Submitted

Premier Brian Pallister today welcomed members of Manitoba's renewed executive council in a swearing-in ceremony conducted by Chief **Justice Richard Chartier.**

During the ceremony, held at the Manitoba Museum, Pallister spoke of his government's ongoing commitment to fix the finances, repair the services and rebuild the economy

"I am humbled to serve Manitobans for a second term," said Pallister. "We have made historic progress in putting more money back on the kitchen tables of Manitobans by reducing the PST and introducing other significant tax relief measures. We remain committed to returning more money to Manitobans who worked so hard to earn it in the first place. We have made great progress, but there is still much more to do."

As part of the delivery of the government's commitment to improving the province's competitiveness and fulfilment of its Manitoba Works 40,000 jobs plan, Pallister said his government would continue its focus on economic development through a better alignment of resources across departments. Changes include new synergies to unlock economic opportunities, advance workforce development and increase the competitiveness of Manitoba.

Reg Helwer, MLA for Brandon West, was sworn in as minister for the new Department of Central Services, which is designed to focus on modernization of government services including procurement, information

technology and shared services; and is the minister responsible for the Civil Service Commission.

Sarah Guillemard, MLA for Fort Richmond, was sworn in as minister for the new Department of Conservation and Climate, a single department charged with environmental and climate stewardship. The department is responsible for ensuring responsible growth including delivery of the made-in-Manitoba Climate and Green Plan, and Efficiency Manitoba.

Pallister also announced additional changes to ministries and new portfolios for the following ministers:

- Ralph Eichler (MLA for Lakeside) will be the minister of the new Department of Economic Development and Training, which will be focused on economic development combined with post-secondary education and training to create synergies and alignment between learning and the jobs that will drive the economy.
- Blaine Pedersen (MLA for Midland) will be the minister of the new Department of Agriculture and Resource Development, an expanded department focused on agriculture and natural resources, including watershed districts, GROW programming, forestry, mining, fish and wildlife management.
- Rochelle Squires (MLA for Riel) will be the new minister for the Department of Municipal Relations and minister responsible for Francophone
- Jeff Wharton (MLA for Red River North) will retain his responsibilities as the minister for the Department of

Cathy Cox (MLA for Kildonan-River East) will be the new minister responsible for the status of women in addition to her current duties as minister for the Department of Sport, Culture and Heritage.

"This experienced, talented team will ensure progress continues as we move Manitoba forward, making the place we call home one of the most improved provinces in Canada," the premier said.

In addition to these changes, the following MLAs were given additional responsibilities:

- Len Isliefson (MLA for Brandon East) has been named legislative assistant to the minister of health, seniors and active living.
- Scott Johnston (MLA for Assiniboia) has been named legislative assistant to the minister of finance.
- Dennis Smook (MLA for La Verendrye) has been named legislative assistant to the minister of economic development and training.

The following MLAs remain in their current portfolios:

- Brian Pallister (MLA for Fort Whyte) - premier and president of the Executive Council; minister of intergovernmental affairs;
- Heather Stefanson (MLA for Tuxedo) - Department of Families; deputy premier;
- Cam Friesen (MLA for Morden-Winkler) - Department of Health, Seniors and Active Living;
- Cliff Cullen (MLA for Spruce Woods) - Department of Justice and Attorney General;



MLA for Lakeside Ralph Eichler

- Kelvin Goertzen (MLA for Steinbach) – Department of Education;
- Eileen Clarke (MLA for Agassiz) - Department of Indigenous and Northern Relations;
- Ron Schuler (MLA for Springfield-Ritchot) - Department of Infrastructure; and
- Scott Fielding (MLA for Kirkfield Park) – Department of Finance.

The following MLAs retain their current legislative responsibilities:

- Ian Wishart (MLA for Portage la Prairie) - legislative assistant to the minister of education;
- Andrew Smith (MLA for Lagimodiere) – legislative assistant to the minister of sport, culture and heritage; and
- Janice Morley-Lecomte (MLA for Seine River) – legislative assistant to the minister of families.

Updated mandate letters will be provided to cabinet during the next legislative session.

> FLU VACCINE, FROM PG. 6

the province said.

"As we age, our bodies change and it's important we use all the tools provided to us to ensure we stay healthy. Flu vaccines are a great preventative measure that reduces the risk of illness for all Manitobans, but particularly for older adults," said Tom Farrell, president of the Manitoba Association of Senior Centres.

"We must also consider those around us, like our spouse, our children, grandchildren and friends. Social connection is very important, and avoiding the flu also helps those around us."

The flu vaccine and "Pneu-P-23"

vaccine, which helps protect against pneumococcal disease and is offered free of charge to seniors, are available at local public health offices, nursing stations, doctors' offices, and Access Centres, according to the province.

Pharmacists can also provide immunization services to people seven vears of age and older.

Manitobans interested in getting the vaccine should contact providers first to ensure they are available.

Check Manitoba's seasonal influenza website at www.manitoba.ca/flu or contact Health Links at 204-788-8200 in Winnipeg for dates, times and loca-

Arborg Agricultural Society Fall Supper!!

When: November 2nd, 2019 Where: **Arborg Legion** Time: 4:30-7:30 pm Admission: Under 6 Years Old - FREE 6 - 12 years old - \$10.00 13 years old and over - \$20

The fall supper will include: turkey, stuffing, perogies, cabbage rolls, meatballs, variety of desserts, and much more! Come out to our fall supper; support the Arborg Agricultural Society and enjoy the delicious food we will be serving!





NEWS > VIEWS > GIMLI > ARBORG > HI

Pallister introduces Pederson as the new Ag minister

By Evan Matthews

What an interesting time for a cabinet shuffle.

As local beef and agricultural producers have been pleading for help all summer, so much of their plight has fallen on deaf ears.

Without the rain, the crops can't grow. Without the crops, farmers can't feed their herds.

A massive snowstorm prevents agricultural producers from salvaging what little feed has grown at the end of this year's harvest.

The rising water table leaves the potential for flooding in the spring, largely dependent on how much snow the region receives over winter.

With plummeting costs associated with beef sales, rising costs associated with leasing Crown land, and a government, so far, unwilling to provide financial aid a failing industry, the picture is a bleak one.

Can the government spare a dollar? Farmers, off the record, have suggested that last week the livestock yard saw its second-largest single sale over the last decade.

Laymen's terms: A lot of farmers are selling a lot of cattle.

Usually, a large portion of colleagues and industry experts selling off assets associated with their industry is not reflective of one that is thriving.

But Agriculture Minister Blaine Pederson provides the opportunity for the Manitoba Progressive Conservatives to make nice with Manitoba farmers.

Pederson replaced Ralph Eichler as the Minister of Agriculture last week, while Eichler is now the Minister of Economic Development and Training.

With a background in agriculture and cultivation, Pederson should view the farming industry through the same lens as other local farmers do.

While Eichler has lived and worked in the region, his business was more on the farming industry's supply side.

Eichler worked effectively as the Minister of Agriculture for a number of years, so this is not to slight his efforts in the region.

But the current climate condition, in combination with the financial struggle Manitoba farmers are facing every day, is an issue the Manitoba Department of Agriculture has, in large part,

veeklynews.ca

Actually, by some farmers' standards, the Department of Agriculture has made things worse.

Local farmers have been asking for, and need, financial aid. With help of the federal government, the Province of Manitoba needs to enact AgriRecovery.

The chant after the provincial election was "four more years," but some farmers do not have four more years.

This is a chance for politicians to get back to work and advocate for constituents who are struggling.

A fresh face in the provincial department of agriculture, one who understands the farming industry and its challenges, may be just what the Interlake region needs.

Manitoba 150 announces Learn 150

The Manitoba 150 Host Committee Inc. in partnership with Canad Inns is excited to announce Learn 150, the development of a new bilingual, made-in-Manitoba curriculum that will be available this January.

"Created in conjunction with WE Day, the new curriculum will give Manitoba students in kindergarten through Grade 12 the skills they need to be the leaders of tomorrow, with a

focus on diversity, reconciliation and healthy living" explains Monique LaCoste, co-chair of the Manitoba 150 Host Committee Inc.

"Having partnered with WE Day in Manitoba for nearly a decade, Canad Inns has seen the impact that inspiration, hope and knowledge can make on our youth. On

the anniversary of Manitoba's 150th year since join-Canada, Canad Inns is proud to bring new offerings specifically designed for

> Continued on page 12

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Annual Guild tea creates community presence

By Evan Matthews

The wind was cold, but the tea was warm.

The E.M. Crowe Hospital Guild hosted its Halloween Tea on Saturday, Oct. 26 at the Eriksdale Community Centre with at least 50 people in attendance.

Guild president Gail Holmes said making sure the community understands what the guild is up to is important, while hosting a tea is a good way of communicating the their message.

"The main thing we do is raise money to buy (equipment) for the hospital and/or care home," said Holmes, noting the guild hosts a tea around Mother's Day and another around Halloween annually.

"We just purchased a portable ultrasound for \$58,000, and we're in the process of buying a hydraulic stretcher for the ambulance in Lundar for \$28,000. We've bought the beds, etc.," she said.

The guild was left a large sum of money in an estate, according to Holmes, and the organization has been working to ensure the funds are put to best

With many of the guild's members having a healthcare background, members said it only makes sense they'd"keep an eye on the place" in retirement.

"If the community doesn't keep watch and look after the building, we could lose it. It's already been talked about, doing away with the hospital," said Holmes.

"We won't allow it. The region needs it from Lake Manitoba to Gypsumville and Fairford, Wood-



EXPRESS PHOTO BY EVAN MATTHEWS

Left to right: E.M. Crowe Hospital Guild members Carloyn Munchow, Alice Kaartinen, Jocelyne Cooper, Maritta Sinisalo, Irene Sigurdson (secretary), Gail Holmes (president) and Hulda Larson all worked to ensure a successful Halloween tea.

lands."

Holmes said the guild wants to keep the public involved and have them understand the hospital's

value, while also saying thank you for all the generous contributions.



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Interlake Co-op celebrates 100 years of growth

By Lana Meier

Interlake Co-op celebrated its 100th anniversary in Arborg Saturday by giving away \$5,000 in-store credit to one loyal shopper and \$50 in-store credit to 99 other shoppers.

Approximately 300 guests enjoyed a fully catered roast beef dinner along with entertainment by Elvis and Johnny Cash impersonator Corny Rempel.

Co-op general manager Jordan Cook emceed the evening, providing a chronological history of Interlake Co-op from its humble beginning to its present-day success.

President Reg Perry spoke on behalf of the board welcoming members and guests to the special 100-year gala

Perry is proud of the accomplishments and the past 100 years.

"(From) 1919 to 2019 is a great accomplishment for a co-op to survive and thrive for 100 years. A group much like ours would meet at the coffer shop every morning and decided that there was a better way to save money by helping each other, and the idea of a co-op was born," Perry said.

"Through hard work and determination to make it work was passed on to future generations and continues today. It is the loyalty of our members that has made Interlake Co-op successful and continues to grow and ex-

"No co-op can be successful without the hard work and dedication of its staff. Over the years the commitment of staff is invaluable."

It is the staff, including the parttime high school students, full-time and management team that go the extra mile providing a rewarding experience for shoppers.

Perry spoke about the benefit of being a member of FCL and how it has helped supply quality products while building equity.



Ken Kanteluk, right, won shopping bag of goodies on Saturday at the gala evening.

Co-ops set the trend for customer payback many years ago.

"Profits can be shared and used to invest in new projects such as grocery stores, gas bars, card locks and many others. We also support the community with donations to a wide variety of community groups and will continue to do so," said Perry.

Perry proudly sits on the Co-op board and encourage members to think about putting their name forward. He believes in the co-op and continues to carry on the vision of the original group that started it all.

Cook then called up the 100 finalists one by one to choose an envelope and to take a place front and centre before the count down to open the envelopes.

Everyone opened their envelopes together and one shopper in particular, Helena Wiens, was grinning more than the others, as she showed her husband that she was the lucky winner of the \$5,000 in-store credit.



EXPRESS PHOTOS BY LANA MEIER

Helena Wiens was the lucky winner of the \$5,000 in-store credit. Left to right: Interlake Co-op president Reg Perry, Helena and Diedrich Wiens, and general manager Jordan Cook.



Interlake Co-op drew 100 names from local shoppers' entries leading up to the anniversary gala and on Saturday each of the those lucky winners had the opportunity to choose an envelope with one chance to win \$5,000



guests with his Johnny Cash and Elvis impersonations.



Corny Rempel entertained Interlake Co-op staff were on hand to serve food samples prior to dinner.



Guests enjoyed a buffet-style home-cooked roast beef dinner with all the extras.

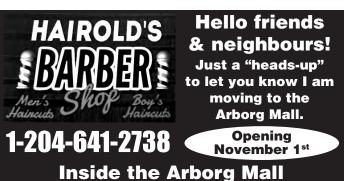


Drive away hunger

EXPRESS PHOTO SUBMITTED

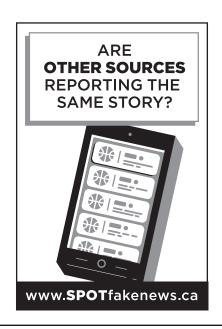
The Riverton District Friendship Centre, (RDFC) and Farm Credit Corporation collected over 300 lbs of food. \$60 cash and a \$100 Co-op gift card for the Drive Away Hunger campaign. Pictured left to right, RDFC executive director Tanis Grimolfson and Farm Credit Corp.'s Kim Asham and Kim Friesen. FCC's Drive Away Hunger program supports local food banks and food programs across Canada by partnering with schools and businesses to collect food and cash donations. The program launches in early June wraps up in mid October each year. It was through the generous support of FCC's community partners that Drive Away Hunger raised a record 9.5 million meals for Canadians in 2018.

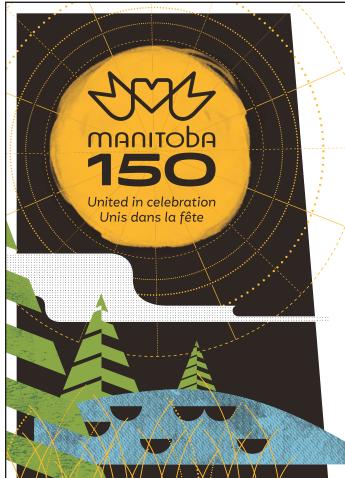




(next door to the Icelandic River Clinic)







2020 marks the 150th anniversary of Manitoba becoming a Province.

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Getting into the spirit at the Winnipeg Beach Halloween party

By Patricia Barrett

Hundreds of kids donned their Halloween costumes and headed down to the Town of Winnipeg Beach's 5th Annual Kid's Halloween Dance Party at the recreation centre last Friday night.

The town's recreation director Allan Sulyma was DJ for the event, keeping the kids grooving and hopping on the dance floor.

Among the costumed characters were ghouls, dancers, princesses and a police officer, whose accessories included handcuffs, firearm (fake), baton, personal radio and regulation cool sunglasses.

Kids and their parents brought a"tin for the bin" to help support the Evergreen Basic Needs' food bank.

The three-hour event included a costume contest, kid's meal, goody bags, cupcake decorating and a silent auction, with prizes such as DVDs, Halloween decorations, makeup, candles and bubble bath, generously donated by town councillors and local residents and businesses.



John and his mom Kyla attended the Winnipeg Beach Kid's Halloween dance party. John has tentative plans to be a firefighter when he gets older.



Volunteers expected up to 270 people.



Winnipeg Beach councillors Frank Masi and Pat Green attended the party.



Silent auction prizes.



EXPRESS PHOTOS BY PATRICIA BARRETT

A lion, a ballerina, a firefighter, a roughed-up hockey player and some ghouls were among the fabulous characters attending the dance party.



Mackenzie, left, wore a spiderinspired gown while Kailin went for a water theme, with an azure and periwinkle-coloured gown, seashell tiara and rock necklace.



You're busted! Julia went all out with her police officer outfit, which included a truncheon, handcuffs, firearm (fake) and personal radio.

> MANITOBA 150, FROM PG. 8

Manitoba educators and students — to our community," said Lea Ledohowski, president of Canad Inns.

Learn 150 will teach students about Manitoba history while focusing on issues regarding diversity and reconciliation. It will also stress the importance of healthy choices and an active lifestyle as components of good citizenship. Through these values, Learn 150 will ensure the strong community ethic that built Manitoba will remain with future generations.

"The Learn 150 curriculum, designed specifically for Manitoba, will facili-

tate learning and encourage dialogue about our past, present and future to students of all ages across the entire province in both official languages," says Kelvin Goertzen, Minister of Education for the province. "This is an exciting program to offer our community."

"While Manitoba is celebrating its 150th anniversary in 2020, its land, people, beauty and culture go back much further," says Stuart Murray, cochair of the Manitoba 150 Host Committee.

"We are delighted to celebrate Man-

itoba's anniversary, and Learn 150 reminds us of our rich past, our diverse community and the potential that our future holds. By supporting the next generation, we are helping to ensure that our next celebration will be even more momentous."

Canad Inns will celebrate Learn 150 at WE Day Manitoba at the historic Burton Cummings Theatre.

For additional information on Learn 150 or other Manitoba 150 initiatives, please visit www.manitoba150.com.

Manitoba 150 Host Committee Inc. May 12, 2020, will mark 150 years since the Manitoba Act received royal assent, paving the way for Manitoba to become Canada's fifth province. The Manitoba 150 Host Committee is an independent non-profit organization overseeing commemorative activities in celebration of our province, its beauty, people, culture and history throughout the year.

The Manitoba 150 Host Committee aims to support initiatives and events that cultivate pride in our province, foster a profound connection with our diverse cultures and, above all, unite us in celebration.

Oak Point community looking ahead after devastating fire

By Evan Matthews

Despite a tragic end to one of the community's oldest and most treasured buildings, the community of Oak Point has reason for optimism.

On Saturday, Oct. 5, the Oak Point Community Hall (OPCH) burned to the ground as a result of old and faulty wiring in the attic, according to Oak Point Community Club treasurer Dianne Appleyard, who also discovered the fire.

"We had a Halloween party booked for Oct. 26. Somebody had asked me where the Halloween decorations were. I went up to the little room above the stage, and when I opened the door I saw smoke," Appleyard said.

"Thank God everyone was out of the hall. We just had a funeral service that day. The hall was just totally destroyed."

She extended thanks to the local fire department who fought the blaze for seven hours and saved all other buildings in the vicinity.

"Now that it's all cleaned up, and the builders sent (us) drawings, now we have to go meet with the St. Laurent RM," said Appleyard, whose mother lives next door to the hall.

The original building was constructed 93 years ago in 1926, she said.

The building has been used for oldtime dances, potluck suppers, weddings, funerals, baby showers, bridal showers, birthday parties and more. Appleyard said the community is reeling a bit after losing one of its staple buildings.

If there is any silver lining to losing a piece of history, thankfully, no one

was injured. In addition, insurance will cover the damage to the buildings and everything inside of it, which puts the new building immediately within

So, after finishing Phase 1 of the rebuild on Oct. 23 — mainly removal of the debris and levelling of the site — Appleyard said the club is getting set to re-build the hall bigger and better

"We never did have air conditioning. We're looking forward to adding that. We're going to update the washrooms with wheelchair accessibility," said Appleyard, who has been with the organization for 21 years.

"We were already talking about redoing the kitchen prior to the fire. We had also received a grant for a new hardwood floor. This was, and will be, the place for all the events in our community," she said.

There is no clearly defined timeline for construction yet, according to Appleyard, as the organization is working with the provincial government to decide on the correct course of action relating to the aforementioned provincial grant money, money already received by the Oak Point Community

The hall's background

After construction in 1926, Appleyard said it was the old hall's basement most often utilized for the first decade, in that people would make and distribute community lunches.

The Oak Point Community Club was immediately formed but was incorporated in 1927, according to Appleyard.



EXPRESS PHOTO SUBMITTED

Diane Appleyard said firefighters fought the community centre blaze for roughly seven hours. Thankfully, no one was injured.

"If it was wet down, they'd have to wear rubber boots (down there)," said Appleyard.

In 1936, Appleyard said the RM purchased lumber to construct the kitchen at a cost of \$235.

A local man at the time did the construction for \$20, she said, with the kitchen not seeing another renovation until the 1960s.

In 1970, the club added an addition onto the building's west side, which included and indoor bathroom and a bar.

Public aid

Despite much of the reconstruction cost and the value of tangible items lost in the fire being covered by insurance, some people with ties to the community are coming to the aid of

On Oct. 8, Tammy Longmire started a GoFundMe account on behalf of Jennifer Diell, OPCH club board member. Though it's located in Ottawa, the account had raised \$875 as of Oct. 28 and has been endorsed by the OPCC's official Facebook page.

View the GoFundMe account at https://www.gofundme.com/f/oakpoint-community-centre.

"I am one of many who have roots in this town. My grandparents Len and Emma Waterman lived here their whole lives, raising their family," said Longmire via GoFundMe.

"My Uncle Pete still lives in the community. ... We celebrated my grandparents' 50th wedding anniversary there. ... Both of my grandfathers' memorials. Anything you can donate is appreciated."

The Oak Point Community Club thanked the public for donations via its Facebook page and is asking anyone with memories and photos to send copies either to the Facebook page or via email to Jennifer@diellent.

Freak fall storm forces Malcolms' Haunted Forest to close

By Evan Matthews

Despite giving locals a scare of a totally different variety, Malcolms' Haunted Forest will return in 2020.

The winter snowstorm two weeks back caused significant setbacks at the time where the Judy and Greg Malcolm are normal setting up the haunted forest.

"It was out of everybody's control. ... But we just didn't end up with enough time to put it all together," said Greg.

"We're planning on re-opening next year and hopefully even bigger and better."

The silver lining this year, if any, is that the winter storm hit prior to set up. All the Malcolms' props and displays remain safe.

Had the Malcolms assembled the haunted forest prior to the storm, it could have been a tough financial hit.

"A lot of our props, we've purchased them over the years. Some are quite expensive," said Greg.

"It would have likely been a total loss. I can't say

we faced the same disastrous outcome as other areas, but it was definitely bad enough."

The Malcolm family has been operating the Halloween spectacle off and on for the last 20 years, they said, growing from one small trail to what it has become in recent years.

Just because the Malcolms didn't open this year doesn't mean anything has changed, as the pair hopes to continue growing and making additions to next year's forest.

Every year, the event is really attributed to the volunteer help of friends, family and community members, who commit to help with the scare, according to the Malcolms.

"Without them, we just wouldn't be," said Judy. Next year, the Malcolms hope to add a couple more "themes" or "attractions" in the forest, and the Malcolms said with a bit of help, it should be the best year yet.

"That forest is haunted," said Judy. "There are a few bodies out there, so the story goes."



EXPRESS PHOTO BY EVAN MATTHEWS Malcolms' Haunted Forest was forced to close due to freak snow storm earlier this month.

SDOPTS& recreation INSIDE > OUTSIDE > UPSIDE DOWN

Southwest stuns Thunder in semifinal thriller

By Brian Bowman

The Interlake Thunder's outstanding season ended in the most disappointing way on Saturday.

The Southwest Sabres upset the Thunder 35-34 in a wild Rural Football League of Manitoba semifinal game in Stonewall.

In the other league semifinal, Swan Valley defeated Virden 28-6.

"It was a nice day for football. A little cool but it was playoff weather and both teams came to play," said Thunder head coach Mitch Obach. "They were putting up points and I don't think anyone led by more than a touchdown. It was back and forth all day and we just came up a little bit short at the end."

The teams were tied at 21-21 at halftime and then the Interlake took a 28-27 lead.

Southwest scored a touchdown early in the fourth quarter and then added a successful two-point conversion for a 35-28 lead.

The Thunder responded with a touchdown but their convert attempt hit the upright.

Interlake's offence played well for most of the game in scoring 34 points.

"Our offence played pretty solid all day and made some big third-down conversions when we needed them," Obach said.

Thunder quarterback Josh Charison

was 11-for-16 for 108 yards while running back Graeme Perrie was very good, rushing 28 times for 161 yards and three touchdowns.

"(Graeme) had a real solid game and a solid season but he had a tough season," Obach said. "He was dealing with a hamstring injury through much of the season so there were some games where he was shut down early and he sat out a game near the end of the year. He really got going the last two games. ... He was finding his stride and he was really good for us on Saturday."

Interlake's Carter Fuerst had eight rushes for 100 yards and a TD while Brady de

Laroque scored Interlake's other major.

Defensively, the Thunder had trouble, at times, shutting down the Sabres.

"I don't think it was anything in particular," Obach said. "They just did a very good job grinding it out and making plays when they needed it to. They definitely won the field-position battle and they had a kickoff return for one of their touchdowns and another one was set up by a big punt return. They definitely won the (special) teams battle which set them up to score points when they needed."

Despite not getting a chance to defend their league title, the Thunder



EXPRESS PHOTOS BY LANA MEIER

The Thunder's Graeme Perrie rushed for 161 yards and three touchdowns.

enjoyed a very successful season in their second year in the league.

"We had a solid year again," Obach said, noting the Thunder will lose just six players due to aging out from this year's team. "We found a place in this league that we really like. It was good to see those teams again and build those rivalries. You never want to lose,

and losing a tight one like that, stings, of course, but that's football, right?

"There's definitely some good football teams (in our league) and we just ended up on the wrong end of a close one or we would be talking about playing for a championship next week."



Interlake's James Crate (94) of Koostatak makes a nice block on this play against Southwest.



The Thunder's Chase Riddle (31), Austin L'Heureux (18) and Alex Luke (90) converge on a Sabres' ball carrier.

Trio of Interlakers to be inducted to Manitoba Baseball Hall of Fame

The Manitoba Baseball Hall of Fame and Museum named their 2020 inductees at the Sport Manitoba building in downtown Winnipeg on Monday morning. Seven players/builders, four minor club teams, a special team and an honorary life member make up the 2020 class.

Representing the Interlake are inductees Blaine Fortin (Lundar), John Kroeker (Stonewall) and Andrew Halpenny (Selkirk).

"It's definitely a great honour," said Blaine Fortin. "Ten years ago I was inducted along with my Dad and brother in the special group category but being inducted as an individual is just as special."

Fortin played his minor baseball in the Interlake area and won a National Peewee Championship in 1990. He later played on Team Canada in 1994 in the World Youth Championships in Brandon, being named the Baseball Canada Player of the Year in 1994. That year he was also named Manitoba Athlete of the Year.

Fortin was then drafted by the Toronto Blue Jays in 1995 and spent three seasons in their minor league system.

"Getting to play three years in the minors was a very up and down experience. Playing my first season in rookie ball with Roy Halladay was pretty special. I learned so much about baseball in the three seasons I spent in the organization and a lot of those things I use to this day in coaching kids or facilitating coach clinics,"

"In January of 1997 I received a call

to go to Toronto and catch for Roger Clemons. There was a lot of excitement in Toronto about him signing and for me to be a little part of that was pretty cool. Roger was very professional and was easy to catch for. He was really nice to me as well."

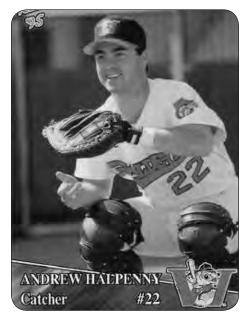
Fortin closed out his career with the Winnipeg Goldeyes in 1999 and has been back in the Interlake ever since coaching the next generation of ball players.

Stonewall's John Kroeker was also named to the Hall of Fame as a build-

"It's a big honour to be inducted into the Hall of Fame," said Kroeker."I played baseball as a kid and coached my son's team in Stonewall for a number of years. But when I really got involved was with helping with the building of the Fines Field Baseball Facility in Stonewall."

Stonewall Quarry Park's baseball facility includes a total of nine diamonds. Complete with bleacher seating, food concession and sound booth, the Class A diamonds have been the site for a number of national tournaments such as the Blue Jays Cups in 1997 and 1998. They were also used for the Pan Am Games in 1999 and the Western Canada Summer Games in 2003.

"Stonewall wanted to host the Nationals so we originally needed lights, bleachers, fences, etc. So I jumped in and we had a committee and convened every week with fundraising. It wasn't just me, but I kind of helped put it all together and it was a great





EXPRESS PHOTOS SUBMITTED

Manitoba Baseball Hall of Fame inductees Andrew Halpenny, left, of Selkirk and Lundar's Blaine Fortin and as members of the Winnipeg Goldeyes in the late 1990s.

project," Kroeker said.

"We just bought a condo in Stonewall a few years ago and we are bordered right on the baseball facility so I can sit on my deck and watch a baseball game, which is quite nice."

The final Interlake inductee in the players category is Andrew Halpenny, who hailed from Selkirk and was a local star on the amateur circuit. He played for the National Baseball Institute in Vancouver and then played three seasons with the Winnipeg Goldeyes as a catcher from 1994 to 1996. Much like Fortin, Halpenny is also involved in developing the junior players today.

Other players/builders to be induct-

ed are Ron Arnst, Les Charles, Morris Mott and Kalam Paull. Joining them will be the Carman Goldeyes Midgets (1994-95), Juniors (1997-2000), Elmwood Giants Juniors (2002-2007) and Cardale Cougars Bantams/Midgets/ Bisons (1971-75). Also getting the call to the Hall of Fame are the Portage Athletics Midgets (1991) and honorary life member Jack Callum.

The inductees will be inducted at the 24th annual induction banquet on Saturday, June 6 in Morden. Tickets to the induction banquet, being held at the Morden Event Access Centre, are \$75 until May 26. Pricing from May 27 to June 3 is \$85 each. Children's tickets

Pawluk playing his final season of MJHL with Kings

By Ty Dilello

Entering into his final season of junior hockey, Brayden Pawluk of the MJHL's Dauphin Kings is looking to go out on a high note with a league championship. Pawluk hails from Teulon and that's where his hockey career began as a youngster.

"I got into playing organized hockey at the age of four," said Pawluk. "I had a passion for the game of hockey at a young age from spending hours and hours of my childhood around rinks watching my brother Wesley and sister Michelle play. The two of them were my biggest inspirations in hockey growing up as I aspire to play hockey and earn a postsecondary education while playing hockey as they both did at the University of Manitoba."

"Growing up in Teulon and the Interlake was lots of fun and beneficial for hockey as each community had their own team so it was great to be able to play with and against the same groups of players from a young age, and then eventually play together for the 'AAA' Interlake Lightning. Another plus of small-town teams was the amount of development, from having small teams, ice time was always in abundance. Being close to Winnipeg Beach and



EXPRESS PHOTO BY LANA MEIER

Brayden Pawluk is in his second season with the Dauphin Kings.

Gimli I was always going to open ice or stick and puck as often as my parents could take me. As I got older I began playing spring and summer hockey with players from all over Manitoba in tournaments in various parts of North America."

Pawluk is a big defenceman, around 6'1", 200 pounds, that uses his size to his advantage over opposing players.

"My playing style would lean to more of a two-way defenceman with having a physical defensive zone side with also good offensive capabilities. Growing up I've always had a good shot so being able to use that on the power play has helped me earn ice time with a man advantage. My size has always been an advantage as well being a big body on the ice has helped create space for teammates and has helped me win battles all over the ice."

After a couple of seasons with the Interlake Lightning 'AAA' Bantam and Midget squads, Pawluk spent the 2016-17 season in the States with the Elite Hockey Program in Connecticut.

"The decision to go to Elite Hockey Program in

St. Malo dumps Ice Dawgs twice last weekend

By Brian Bowman

The Arborg Ice Dawgs had a tough time with the St. Malo Warriors in Capital Region Junior Hockey League action last weekend.

Arborg was outscored 9-2 in a pair of losses.

Last Friday, the Ice Dawgs were blanked 6-0 by St. Malo in Gimli.

Maxime Collette scored four goals (the first three of the game) and added an assist while Alex Murray added two goals and a helper.

St. Malo outshot Arborg 66-38 as Ice Dawgs' netminder Tre Strachan was a very busy man in goal.

On Saturday in St. Malo, Blake Wishnowski and Jayden Roche scored for the Ice Dawgs. Gavin Pott (two) and Brennan Schidlowsky replied for the Warriors.

Michael Merpaw made 32 saves in the losing cause.

Arborg will visit Lundar on Friday (8 p.m.) and then will host St. Malo on Sunday (2:30 p.m.)

Lundar Falcons

Meanwhile, the Lundar Falcons were edged 5-4 in overtime by the Selkirk Fishermen on Friday at the Rec Complex.

Chad King scored the overtime game winner. It was his second goal of the game.

Ryan Gleich, Riley Wirgau, Braden Paulic and Josh Wilkinson scored for Lundar.

Zack Parkinson had a goal and an assist while Cole Wasnie and Dane Derewianchuk also tallied for Selkirk.

The Fishermen outshot the Falcons 46-31 as Lundar's Chris Lesage took the loss.

On Oct. 22, the Falcons soundly defeated the North Winnipeg Satelites 7-2.

Lundar, which held period leads of 2-0 and 3-2, broke the game open with four third-period goals.

Lundar's Dennon Sichewski had a very good game with two goals and three assists while Paulic also tallied twice and added an assist.



EXPRESS PHOTO BY BRETT MITCHELL

The Selkirk Fishermen's Ben Kelly tries to stuff the puck past Lundar Falcons' goalie Chris Lesage during Capital Region Junior Hockey League action last Friday at the Rec Complex. Selkirk won the game 5-4 in overtime.

Wirgau, Ronald Johnson and Zachary Halldorson scored the Falcons' other goals. Brandon Mills and Evan Harrison replied for North Winnipeg.

Lesage made 32 saves for the victory. After Friday's game with Arborg, the Falcons will visit the Satelites on Tuesday.

Manitoba Sectional Figure Skating Championship set for this weekend

Submitted by Skate Canada Manitoba

The Skate Canada Manitoba Sectional Figure Skating Championship will select the top skaters in the province to advance to the 2020 Skate Canada Challenge, ultimately leading to the Canadian Figure Skating Championships.

This event, to be held this Saturday and Sunday, allows Manitoba to feature its skaters' athletic abilities and showcase their grace and talent to the public. These athletes will be travelling from across Manitoba, striving to compete for provincial titles and achieve personal goals.

The Skate Canada Manitoba Sectional Championships will be hosted by the Century Skating Club and Skate Canada Manitoba. The competition will be located at the St. James Civic Centre (2055 Ness Ave).

Over 60 figure skaters will be competing from the Pre-Juvenile to the Senior levels for the opportunity to be the top skaters in the province. The three top skaters at the Pre-Novice and Novice levels and the top two at the Junior and Senior levels will have the opportunity to continue to the 2020 Skate Canada Challenge in Edmonton from Nov. 27 to Dec. 1.

For Novice, Junior and Senior skaters, this will be a qualifying event for the 2020 Canadian Tire National Skating Championships. The Canadian Pre-Novice Champions in men's, women's, pair and ice dance are determined at the Skate Canada Challenge.

"Skate Canada Sectionals is the entry point for the athletes, enabling them to qualify for the 2020 Skate Canada Challenge in Edmonton in December followed by the National Championships in Mississauga in January," said Donna Yee, Skate Canada Manitoba board chair.

"It is very exciting for all the skaters to experience this level of competition and to dream about someday competing on the International stage."

For information on this event or other Skate Canada or Skate Canada Manitoba programs or initiatives, please contact Shauna Marling, executive director, at skate.exec@sportmanitoba.ca or at 204-925-5708 Monday through Friday from 8:30 a.m. to 4:30 p.m.

During the event, individuals can contact Allison Ward, local organizing committee chair, at 204-470-7114 or Shauna Marling at 204-797-8821.



> PAWLUK, FROM PG. 15

Cheshire, Connecticut was an unbelievable experience," said Pawluk. "I'll be forever grateful for that opportunity. The private boarding institution had lots of international students amongst myself from various countries to achieve their goals academically and athletically. That year of my life really helped me not only in the game of hockey but also personally in teaching me many life lessons and values."

After his year in the United States, Pawluk returned to Manitoba to suit up for the MJHL's Virden Oil Capitals in 2017-18 where he spent a season and a half before being traded to the Dauphin Kings late in the 2018-19 campaign where he is now playing in his second season with the Kings.

"My time over the past three seasons in the Manitoba Junior Hockey League has been great. Right from my rookie season to my last year of eligibility has been a blast. The friendships with players, coaches and billets have been amazing as well. I'm thankful for those bonds I've made. I've been on some very talented teams and came close to winning a championship. Losing to the Steinbach Pistons in my rookie season in game six of the finals was a feeling I'll never forget."

"When I heard I was going to be traded to Dauphin at the January deadline last season I was nervous but excited for the opportunity. Getting

to meet a whole new team in a new community with new billets was a great experience. I was welcomed into a closely-knit team fast and I carried on playing my game for the rest of the season and into playoffs, but we were unfortunately eliminated in the first round to the Swan Valley Stampeders. This season we as a team of players alongside the organization have high hopes for this year and look to make a push for a championship. We have a better team than our record shows as of right now, but there is lots of time left to turn it around before playoff hockey starts. As for personal goals as I would like to have the opportunity next year to continue my academic pursuit and hockey career for a post secondary education."

Bantam Lightning split pair of games

The Interlake Lightning Bantam hockey team had mixed results last week.

Interlake started the week with a solid 4-2 home victory over the Winnipeg Hawks last Thursday but then was stopped 7-1 by the Yellowhead Chiefs on Saturday in Shoal Lake.

In the win over Winnipeg, Interlake trailed 2-0 after the first period but then took the lead with a pair of Hayden Wheddon and another from Ty Woods.

Rylan Slatcher added a shorthanded marker in the third.

Dawson Cowan made 35 saves for the victory.

In the loss to Yellowhead, Reid Byle scored Interlake's only goal in the second period.

The Lightning is back in action Saturday when they host the Eastman

second-period power-play goals from Selects in Stonewall. Puck drop is 7 p.m.

In U17 Prep action, the Interlake Lightning lost a pair of games last weekend.

Interlake was beaten 9-1 by the Winnipeg Bruins on Saturday and then the Lightning lost 7-4 to the Brandon Wheat Kings on Sunday.

Alexander Kaczorowski led the Lightning with two goals and an assist against Brandon while Wheddon (an AP) and Nathan Vigfusson also tallied.

Three of the Interlake's goals were scored in the first period. Brandon snapped a 4-4 third-period tie with three unanswered goals.

Against the Bruins, Andrew Henry scored Interlake's lone goal on the power play in the third period.

Interlake's next game is this Sunday when they battle the Wheat Kings in Brandon. Game time is 1 p.m.

Steelers skate to weekend sweep over Blizzard

By Brian Bowman

The Selkirk Steelers had some mixed results last week.

After getting blasted in Dauphin by the Kings early in the week, Selkirk skated to a pair of weekend victories over the OCN Blizzard.

The Steelers beat the Blizzard 4-1 in Manitoba Junior Hockey League action Sunday at the Peguis Multiplex.

"We liked our game pretty much for all of the 60 minutes," said Steelers' head coach Nick Lubimiv. "There was maybe a little bit of a lull at the start of the third but, other than that, our first period was really good. "We started strong and kind of kept with it the whole way."

Lubimiv said the Steelers enjoyed playing in Peguis.

"The crowd in Peguis was good," he said."They were really supportive and they ran it really well. We were really impressed. There were no complaints on our end. The rink and facility was

Steelers' forward Riley Portner opened the game's scoring at 17:55 of the first period.

Brett Namaka then sniped his 10th goal of the season on the power play at 7:33 of the second. He is currently tied for second with three other players for the MJHL lead in goals scored.

"Brett's a leader," Lubimiv said. "He's doing what's expected of him and it doesn't take him a lot of chances to finish. He's been important and he wears a letter for a reason and he has been playing really well."

OCN's Sequoia Swan and Selkirk's Blake Burr traded goals late in the middle frame.

Ryan Ostermann closed out the game's scoring in the third.

Levi Mitchell made 17 saves for the

On Saturday evening in Selkirk, the Steelers beat the Blizzard 4-3 in over-

Namaka's second goal of the game was the game winner in OT. He had earlier tied the score at 3-3 with a third-period goal.

Portner and Burr also scored for Selkirk after the Steelers had fallen behind 3-0 by the 9:09 mark of the second period.

The Steelers' Ryan Piwniuk had three assists in the game.

Wes Dobbin (two) and Cory Checco replied for OCN. Mitchell made 25 saves for the win.

On Oct. 22, the Steelers were dumped 11-2 by the Kings in Dauphin. Selkirk was missing two defenceman for the game.

"We were playing shorthanded and they scored on, I think, three of their first five shots and we never really could figure it out," Lubimiv said. "We couldn't stop them from start to finish. It was one of those (games) that

you want to forget about and leave behind."

Dauphin goals were scored by Carter Sawchuk (four), Noah Wagner (two), Koby Morrisseau (two), Nakodan Greyeyes, Kaden Ilott, and Baron Thompson.

Caiden Gault and Brayden Clark replied with Selkirk goals.

Selkirk had a road game against the Waywayseecappo Wolverines on Tuesday but no score was available at press time.

The Steelers, now 9-5, will host the Neepawa Natives on Friday and the Swan Valley Stampeders Sunday.

Selkirk will also visit the Steinbach Pistons on Saturday. Puck drop for all three games is 7:30 p.m.

It's a busy - and a very important week for the Steelers. "There's eight points there and if you look at the standings, everybody is within four or five points," Lubimiv said.

U18 Lightning knock off Norman twice

By Brian Bowman

A bus ride from the Interlake to Thompson isn't exactly a fun one.

But the Interlake Lightning sure had a fun ride home on Sunday.

The Lightning were feeling pretty good about themselves after sweeping the Norman Northstars in a pair of Manitoba U18 AAA Hockey League games last weekend.

Interlake earned the sweep after blasting Norman 7-0 on Sunday afternoon.

Mathew Vandel scored a first-period goal and then Ayden Manningway (two), Cole Emberly, Lyle Murdock, Aiden Bruce and Austin Adair tallied in the second.

Manningway finished the game with four points while Adair had three.

Chris Fines made 37 saves for the welldeserved shutout.

On Saturday evening, Interlake knocked off Norman 5-2. The Lightning snapped

a 2-2 third-period tie with three unanswered goals.

Vandel scored twice in the third and then Kaden Stewart added an empty-net goal.

Murdock scored a first-period goal for the Interlake and then Ashton Fisher tallied in the second. Adair assisted on both

Albert Sinclair and Ryan Monias scored second-period, power-play goals for Nor-

Fines stopped 37 Northstars' shots for the victory.

Interlake, now 5-5, will have three home games this week in Teulon, beginning Wednesday (8 p.m.) versus the Eastman

The Winnipeg Bruins will be here Saturday (7:30 p.m.) and then the Brandon Wheat Kings will visit on Sunday (2 p.m.).

Peguis begins KJHL season with pair of road losses

Staff

The Peguis Juniors had a long wait to play their first Keystone Junior Hockey League regular-season game.

Peguis played its first game of the season last Saturday evening, dropping an 8-4 road decision to the OCN Storm.

The Juniors trailed by just 4-3 midway in the game.

Tyrome Spence played a very strong game for Peguis, scoring three times while adding an assist. Marcus Crate tallied the Juniors' other goal.

Tanner Barbeau (two), Bryson Werbicki-Mallett (two), Troy Head, Noah Butler, Ron Campbell and Dion Fontaine scored for the Storm.

On Sunday afternoon, OCN skated to a slim 6-5 win over Peguis. The Juniors, who led 3-0 just 6:16 into the game, received a twogoal and an assist effort from Spence while Crate, Darian Murdock, and Ethan Daniels also tallied for Peguis.

Head, Werbicki-Mallett, Butler, Chavez Constant, Mack Hunter and Fontaine replied for Peguis.

The Juniors will host the Norway House North Stars on Saturday (7:30 p.m.) and Sunday (1:30 p.m.).



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