



L.J. BARON
EST. 1953
Realty

Matt McSherry, REALTOR®
204-886-7585 (cell)
888-629-6700 (office)
Matt.ljbaron@gmail.com
www.ljbaron.com (web)

The Claudette GRIFFIN Group



Multi-Award
Winning Realtor®

SOLD



STONEWALL - \$849,900
Meticulous 3 BR 2.5 Bath 1988 sf Home on 80 Ac!
w/40x96' Shop 36x64' Barn/28x30' Att'd Garage

LUNDAR - \$499,900
Stunning Spacious & Well Kept Forever Home. Blt in 2007 1870 sqft 3 BR w/ Fully finished Bsmnt & 3 Full Bathrooms. Huge Open Concept Kit/DR/ LR w/3/4" Maple Flooring throughout. Cherry Wood cabinetry, Quartz Counter tops, ensuite w/Jacuzzi tub. 40x26' Dbl Garage w/Infloor Heated Wrkshop area. Awe-Inspiring Property inside & out.



OAK POINT RM St. Laurent - \$69,900
VENDOR MOTIVATED!
Starter Home/Investment 1328 sf
Bung 3 BR w/40x28' Garage

THE EXPRESS

October
breast cancer
AWARENESS MONTH

WEEKLY NEWS

www.expressweeklynews.ca VOLUME 11 EDITION 43 THURSDAY, OCTOBER 24, 2024

LOCALLY OWNED HISTORY BOOK FOR THE COMMUNITY

f i t

ALL IN STOCK NOW

2024 TRX520 FOREMAN ES, RED Save \$750

\$11,497⁰⁰
INCLUDES FREIGHT, PDI AND FEES

2024 RUBICON 520 DCT IRS, BLUE Save \$750

\$12,550⁰⁰
INCLUDES FREIGHT, PDI AND FEES

2024 TRX520 Foreman, RED, TOE-SHIFT Save \$750

\$10,397⁰⁰
INCLUDES FREIGHT, PDI AND FEES

2024 Rubicon 520 DCT Deluxe, GREY METALLIC Save \$750

\$13,050⁰⁰
INCLUDES FREIGHT, PDI AND FEE

SHACHTAY SALES & SERVICE
Arborg, MB
204-376-5233



Off to see the Wizard

EXPRESS PHOTO BY CORINNE EINARSSON

Arborg's Creative Cocoon presented their live theatre production of Wizard of Oz last week. Dorothy (played by Lucia Borkowksy) was whisked away to the magical land of Oz, where she embarked on her journey to find her way home. Along the yellow brick road, she befriended the Scarecrow (Isabel Klym), Glinda the good witch (Kaleia Collins), the Cowardly Lion (Lyla Shachtay) and the Tin Man (Meadow Naylor).

SERVING LUNDAR, ASHERN, ERIKSDALE, MOOSEHORN, FISHER BRANCH, RIVERTON, ARBORG, GIMLI, WINNIPEG BEACH, ARNES, MELEB, FRASERWOOD

Year End Flooring Event





Arctic Plank



Winter Wheat



Island Oak

\$2.79/ sf In stock quantities only, no rainchecks

Countryside Home
building centre

Lot 1, Hwy 17 S, Fisher Branch, MB
204-372-8501

Arborg's haunted hockey arena has organizers on edge

Candy donations welcome to help keep kids calm during Halloween event

By Patricia Barrett

There are troubling signs at the Arborg arena that the ghosts of defeated hockey teams past are preparing to throw down their gloves and stage an all-out haunting on Halloween in a bid to avenge their losses at the hands of Arborg's superior puck-handlers and netminders.

Arborg Collegiate's 2025 graduating class and the Arborg-Bifrost Parks & Recreation Commission thought it best to join forces to try to bring a measure of control to the impending pandemonium and keep the public – who will be invited to the spectre spectacle – safe during what will likely be a chilling experience.

ABPRC recreation director Tom Chwaliboga said the demons from defeated hockey teams first got together 35 years ago to bemoan their losses and sign a covenant requiring them to behave in a most shocking and unpleasant manner towards the supporters of Arborg hockey.

"It all started on Oct. 31, 1989. On that day, all the demons from neighbouring communities' hockey teams came out en masse and turned the Arborg & District Arena into a haunted place. And every year since, on Halloween night, these demons come out and try to avenge all the losses they've had at the expense of the Arborg Falcons hockey teams," said

Chwaliboga. "It is this one night that these demons – along with goblins, witches and zombies – walk through the arena in a trance and try to scare everyone. This is the reason why the arena doesn't open on Halloween night."

But this year the arena is throwing open its doors to the public. The grads and recreation staff have decided that the best way to deal with unruly hockey spirits is to make a collective stand against them. Hence the invitation to Arborg and area residents, and anyone else from away, to come out and help scare off the hotheads, said Chwaliboga.

The more people on hand to deal with the apparitions, the better as it's expected the arena will be operating with a skeleton crew; some staff members are so terrified of what could transpire on Halloween that they've refused to work.

"Recreation staff refuse to work on Halloween night because of all the stuff that happens, such as weird sounds, hockey sticks breaking for no reason and pucks flying. We can't see anyone shooting the pucks and we can't figure out who's responsible for the lights flickering on and off and the goal horn going on and off," said Chwaliboga.

Although the event is being billed as a "fun Halloween night," it remains to be seen whether the grads and arena staff will be able to allay public fears once the witching hour (in this case 3:30 p.m.) gets underway and the spectres start to emerge.

Arborg Collegiate's 2025 grad heads, their fundraising committee and other student volunteers are organizing and helping staff the event.

Madison Howell, one of the grad heads, said she and her mom were discussing possible events the grads could hold to help them raise money for next year's graduation, and a haunted house was broached as one of

The Arborg Collegiate graduating class is looking for candy donations for our Halloween haunted house walk-through on the 31st. Your donations will help make sure that all who attend have a sweet experience.

If you want to make a donation, please drop off your candy at ACI or the Arborg arena office, or call the arena to arrange for us to pick it up.

Thank you for helping us create a fun and spooky event for our fundraising efforts!

POSTER COURTESY OF ARBORG 2025 GRAD COMMITTEE

the ideas.

Howell then brought the ideas to her fellow grads and everyone liked the haunted house. When Chwaliboga found out the graduating class was planning to organize their own haunted house fundraiser on Halloween, he invited them to help sort out the arena's haunted hockey problem. Students are in the process of being recruited to dress up as Halloween characters to scare away the ghouls.

To tamp down the fear and provide a safe space for parents and their children, the grads have is-

Continued on page 5

Baker Law CORPORATION

Providing full time legal service to families and small businesses in Gimli and the Interlake.

If you are buying or selling real estate now or in the near future, call us to discuss the important legal issues that you will need to know about. Call us for more information and to find out how we can help you. *We are here when you need us.*

Grant D. Baker
Barrister, Solicitor and Notary

Our office is open 9-5 Mon to Fri
72 Centre Street, Gimli, MB
204-642-8681 or 1-866-487-5688

PINEVIEW BUILDINGS LLC **20% OFF ALL ORDERS!**

Our fall favourites are here! CHECK THEM OUT!

<p>8X12 MINI BARN 4' wood door RETAIL PRICE: \$4,536²⁰</p> <p>SALES PRICE \$3,718¹⁶</p>	<p>12X24 GARAGE Roll up door, plug and play electrical package, 12" on center floor joists, 3/4" T & G flooring. RETAIL PRICE \$13,223⁸⁴</p> <p>SALES PRICE \$11,042⁶⁷</p>	<p>10X16 INSULATED CABIN Comes complete with electrical package, tongue and groove pine, flooring, and ac unit. RETAIL PRICE \$19,517⁷⁵</p> <p>SALES PRICE \$18,003⁰⁵</p>
---	--	---

Ask about our flexible rent-to-own program!
(204) 930-3330 • pineviewbuildings.ca • info@pineviewsheds.ca
139092 HWY 326N, ARBORG, MB | FREE DELIVERY TO MOST LOCATIONS

Access Credit Union donates \$50K to Ashern Wellness Centre

By Becca Myskiw

Access Credit Union has partnered with the Lakeshore Regional Wellness Commission (LRWC) on Ashern's new wellness centre.

With a \$50,000 donation, Access Credit Union is the newest sponsor for the Ashern Wellness Centre, which opened its top floor earlier this month. As part of the sponsorship, Access gets naming rights to the studio on the centre's upper level, called the Access Credit Union Studio.

After obtaining a temporary use permit for the upper level of the new centre, the Lakeshore Regional Wellness Commission (LRWC) opened the newly renovated top floor on Oct. 3 for the first time.

The new wellness centre is where the Ashern curling rink used to be, renovated and developed into a multifunctional centre for the community. The upstairs has been completely refinished and has a new bathroom, a walking track, and more.

The new wellness centre is also accessible and offers a shuffleboard court upstairs, which was the first thing to be used in the centre when

a local seniors' group came in on Thursday, Oct. 3. LRWC had coffee and snacks available for those who came to the soft opening. LRWC vice president Scott Cameron said the quiet event had a good turnout.

"At least now we can get them in and get using it," he said. "It's just a really good way for them to get moving, get active, be social, be together, and have conversations. It's a really exciting time for them because they have been patiently waiting. We were trying to get them in during construction but couldn't. We've all been looking forward to this."

The Access Credit Union Studio will be used for yoga, dance, meditation, and more. Shuffleboard will also take place in the studio until the field house is ready to open. LRWC Scott Cameron said the partnership will support the group's efforts by providing both funding and support.

"It is a very important partnership for us because it will provide a large amount of the resources needed to get the entire facility operational," said Cameron. "Access Credit Union has

Continued on page 9



EXPRESS PHOTO SUBMITTED

Access Credit Union donated \$50K to LRWC for the Ashern Wellness Centre.



EXPRESS PHOTO SUBMITTED

The Ashern Wellness Centre's top floor is officially open.

Evergreen School Division Community Wellness Fairs

Evergreen School Division and **Interlake-Eastern Regional Health Authority** are partnering to deliver wellness fairs for children born in 2020 and registering for kindergarten.

Arborg Early Middle School:
December 10th 4:00 - 8:00
December 12th 4:00 - 8:00

**Sigurbjorg Stefansson
Early School**
December 4th 4:00 - 8:00
December 5th 4:00 - 8:00

Riverton Early Middle School
December 3rd 4:00 - 8:00

Winnipeg Beach School
December 11th 4:00 - 8:00

At your community wellness fair, you will receive information on:

- Kindergarten preparedness
- Literacy
- Speech & Language
- Fine and Gross Motor Skills
- Self-Regulation/Behaviour
- Public Health
- Nutrition
- Dental Health
- Parent/Child Groups

Please **register** for an appointment time at your catchment school during kindergarten registration week: **November 4th to 7th.**

get informed

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS



EXPRESS PHOTO BY JACKIE SAURETTE

Mother Nature provided a stunning harvest sunset overlooking the Links at the Lake golf course in Gimli on Oct. 19 with a high of 14 degrees C. Help the Express record the temperature of the week and send in photos of friends and families enjoying the outdoors. Email: news@expressweeklynews.ca

Toy drive in honour of Janice Smith Nov. 22-30

By Becca Myskiw

Janice Smith was a long-time Gimli resident who adored children — so much so that she spent almost 27 years with the Gimli Children’s Centre, impacting the lives of numerous families, including Kristine Kunz’s. Kunz is organizing a toy drive in her memory.

“It was her wish that every child who celebrated Christmas should have a gift beneath the tree,” she said.

“Janice had many friends near and far. This seems like a great way to honour her wishes and help out communities in need.”

The toy drive will run from Nov. 22 to 30, with everything collected going to Evergreen Basic Needs in Gimli, though Kunz encourages people to donate to their communities. During those dates, unwrapped new toys can be dropped off at the Gimli Legion, Beachcomber, 4L Communications,

and Access Credit Union.

Any donations are welcome and appreciated, but hoodies and gift cards are in high demand among teens.

Kunz can help arrange local pickup for those who want to donate to the toy drive in honour of Janice Smith but cannot drop off their donations during the time period. She can be contacted by email at kkunz072@gmail.com.



EXPRESS PHOTO SUBMITTED
At the of her passing, Janice Smith wanted to be remembered at Christmas and hoped that friends would donate a toy to the local toy bin in her memory.

> ON EDGE, FROM PG. 2

sued the demons a proviso, stating they’ll be confined to particular areas of the arena, and that any supporting players they manage to conjure up (e.g., witches, zombies, vampires, mummies and other ghastly characters) must abide by the rules.

“We’ll have some ghosts and zombies on the ice and there will be theme rooms for witches and goblins and so forth. I think there’s a possibility that we’ll have student tour guides to lead groups through the theme rooms, which will be located in the changing rooms, the hallway and the players’ box,” said Howell. “We’re also going to have two rooms dedicated to kids aged 5-10, with the scariness level toned down. This will be appropriate for early years children. And they’ll have the option to move forward through the haunted arena if they choose to do so. If not, they can turn around after the second room and get their treat bags.”

The students are involved in all facets of the event, including recruiting other students to play Halloween characters, making the decorations and preparing advertising posters. They’re also hoping to get candy donations from the community ahead of time so that all kids get to go home with a treat bag.

Although the grads and arena staff would like to make the ghosts pay for their unruly behaviour (sadly, they’ve failed in the past to pin down the shape-shifting, slippery spectres), the burden of admission will, regrettably, fall on the public.

Students incur significant costs to take part in graduation, which will be even more expensive than usual in a time of high inflation.

Admission is yet to be determined. Visitors are also invited to bring a Tin for the Bin to help out families with the cost of food.

“This is a joint fundraiser between our grad committee and the recreation centre. The rec centre decided to do a Tin for the Bin fundraiser for families who are struggling to afford food. Visitors can bring canned goods or other non-perishable food items if they want; it’s totally optional,” said Howell. “We want to see as many people as possible come out to our haunted arena. I think it’ll be really fun for the community. It will be fun for the kids especially on Halloween. This is something different we’re trying, and it helps us raise money for our graduation.”

The haunted hockey Halloween event takes place on Thursday, Oct. 31 from 3:30 – 9:00 p.m. at the Arborg & District Arena off Ingolfs Street.

Candy donations can be dropped off at Arborg Collegiate (call 204.376.2605) or the Arborg arena (call 204.376.5576). Arrangements can also be made to pick up donations; call the arena for more information.

WANTED
SCRAP METAL, OLD CARS, COPPER, BRASS, ALUMINUM
STAINLESS STEEL
CONTAINER SERVICE AVAILABLE
Call (204)-239-6371

Book your “on the farm” pickup now
GERRARD METAL PROCESSORS LTD.

**EVERGREEN SCHOOL DIVISION
KINDERGARTEN REGISTRATION
for the 2025 – 2026 school year**

Schools:
Arborg Early Middle School
Riverton Early Middle School
Sigurbjorg Stefansson School (Gimli)
Winnipeg Beach School

Dates: November 4 – November 7, 2024
Times: 9:00am – 12:00pm and 1:00 – 3:00pm

**Children born in 2020 are eligible for
KINDERGARTEN
(Mondays to Fridays; full days)**

**Snow Removal Services
Salt/Sanding Services**
Prompt and Reliable

**Driveways,
sidewalks,
parking lots**

Get priority service with a seasonal contract
Servicing the Winnipeg Beach, Gimli,
Sandy Hook, Matlock communities

**Call Eddie’s Gravel 204-389-2023
For a free estimate**

**Winnipeg Beach Legion Br. 61**
20 Hamilton Avenue, Winnipeg Beach

November 23 – Honours & Awards Dinner
Awards Presentation at 3:00 and Dinner
4:30 – Tickets \$10 ea.


Take Home Christmas Dinner
Roast turkey dinner with all the trimmings,
and Christmas baking!

Pre-ordered and paid tickets are only \$25 ea.
Pick up on December 13 – between 4:00 – 6:00 p.m.
Tickets held at door only if paid in advance
via e-transfer to rclbr61@gmail.com.
Tickets are non-refundable.


**THE
Flicks
CINEMA**

319 First Street E., Stonewall, MB

SHOWTIMES:
Please check individual listings
Due to various picture lengths showtimes vary
204-467-8401
PROGRAM SUBJECT TO CHANGE WITHOUT NOTICE
Cash only



FRI-THURS OCT 25-31
CLOSED TUESDAY
at 7:30 pm Each Night
SMILE 2
Adult Accompaniment Under 18;
Explicit Violence **18A**



FRI-THURS NOV 1-7
CLOSED TUESDAY
at 7:30 pm Each Night
VENOM: THE LAST DANCE
May Frighten Young Children;
Violence; Coarse Language **PG**

You have options.


**KEN LOEHMER
FUNERAL SERVICES**

55 Main St, Teulon Call 204-886-0404 or visit www.klfuneralservices.ca



PUBLISHER
Lana Meier



SALES
Brett Mitchell



REPORTER/PHOTOGRAPHER
Kieran Reimer



REPORTER/PHOTOGRAPHER
Jennifer McFee



ADMINISTRATION
Corrie Sargent



REPORTER/PHOTOGRAPHER
Patricia Barrett



REPORTER/PHOTOGRAPHER
Ty Dilello



DISTRIBUTION
Christy Brown



PRODUCTION
Debbie Strauss



PRODUCTION
Nicole Kapusta



ADMINISTRATION
Jo-Anne Procter



ADMINISTRATION
Allana Sawatzky



PRINT
Dan Anderson

OUR SISTER PUBLICATIONS



get informed

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS

Time to renew your mortgage – or is it?

By John Kendle

When someone says the word “scam,” a typical scenario comes to mind – a ploy to steal someone’s personal or financial information without ever delivering the promised product or service. We often think about our grandparents picking up deceiving phone calls, or opening the spam emails we’ve received, getting caught up in shady interactions on online marketplaces or being drawn in by glitzy social media ads.

However, an emerging form of fraud reminds us that scams come in all forms – this time, disguised as renewal of your mortgage payments.

The Better Business Bureau has seen a slew of reports regarding mortgage renewal and warranty requests that may not meet the criteria of “scam” in its purest form. But they still dishonestly take money from their targets.

The scam begins when you receive a letter saying your mortgage must be renewed. It looks as though it is from your trusted mortgage provider, raising no red flags. Even if you don’t think you’re due for renewal, you are concerned enough to call the number

at the bottom. But that number will not connect you to your mortgage lender.

From there, the person on the other end of the phone may employ a variety of tactics to get you to fork over your personal or credit card information. They may disguise it as standard policy or procedure, or even a security check. They may try to convince you that you must act now or face forfeiture. Due to the set-up, you may be inclined to get caught up in its web before you even realize what’s going on. From your perspective, you received a letter from your provider, called them and are now following through on a necessary transaction.

If you look closely at the letter, though, you may notice, in tiny print at the bottom: “Not all consumers have previous coverage. We are not affiliated with your current mortgage.”

This little blurb of honesty makes it different from most scams, which would never admit the truth, but it does not pass the test of honest advertising. You may get a mortgage warranty through this company but

you may not even know that’s what you’re signing up for. You may not even know the company’s name. But you’re now giving them \$200 a month for a warranty you don’t truly understand.

To avoid this scheme, always go to the source. If someone reaches out to you via phone, email or letter, independently verify the information. Call your mortgage provider using a number from previous correspondence or from their verified website to see if what you’ve received is real. Do not use the number on the letter.

Remember, any high-pressure sales tactics are usually a red flag, as are requests to provide financial information over the phone to someone you don’t know. Hang up and do some more research on home warranties at bbb.org to protect yourself and your loved ones.

The Better Business Bureau is warning consumers to pay extra attention to any notifications you may receive regarding mortgage renewal. Be sure to read the fine print of any letters and call your mortgage provider to double-check.

letter to the editor

Endow Manitoba Giving Challenge Nov. 12-17

I am writing to remind people in the Arborg, Bifrost and Riverton areas or elsewhere of the upcoming Endow Manitoba Giving Challenge week. Every year during the week of National Philanthropy Day (Nov. 15), Manitoba Foundations conducts a Giving Challenge week (Nov. 12 to 17) and for every \$10 donated to the Foundation’s

general funds Endow Winnipeg and the Province of Manitoba each throw in another \$2 bringing the value of the donation to a value of \$14.

As of Oct. 15, the Icelandic River Community Foundation is marking its 16th year since it was incorporated and some of the organizations that we have funded within the Arborg, Riverton and Bifrost communities include the Arborg Personal Care Home, Mary Thorarinson Estates (Arborg Assisted Living), Riverton Arena, Arborg Rec Commission, Okno Community Committee, Djorfung

Ladies, Riverton Friendship Centre, Riverdale Place Homes, and the Arborg Library. We thank the public for their continued donations and estate bequests. Every donation is greatly appreciated and helps make the Arborg, Bifrost and Riverton communities a better place to live.

Should people want more information or to donate in person we will be at the Riverton Coop on Wednesday, Nov. 13 and at the Coop Grocery store in Arborg on Thursday, Nov.

Continued on page 7

ADVERTISING OR PRINT CONTACT INFORMATION

Lana Meier 204-292-2128
ads@expressweeklynews.ca

PHONE 204-467-5836
FAX 204-467-2679

OUR EDITORIAL STAFF

Patricia Barrett - Reporter/Photographer
Cell 204-407-6099 patricia@expressweeklynews.ca

PAPER DELIVERY OR FLYER CONCERNS

Christy Brown, Distribution Mgr.: 204-467-5836

The Express Weekly News is published Thursdays and distributed through Canada Post to 11,396 homes. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we connect people through stories to build stronger communities.



> EMAIL US

Letters to the Editor: news@expressweeklynews.ca
Classifieds: ads@expressweeklynews.ca
News: news@expressweeklynews.ca
Print: igrphic@mymts.net

ADDRESS

74 Patterson Drive, Stonewall Industrial Park
Box 39, Stonewall, MB R0C 2Z0

Advertising Deadline: Monday 4:00 pm
prior to Thursday Publication

View the Express Weekly News online at
www.expressweeklynews.ca

Funded by the Government of Canada



Fence required to open additional Ashern Daycare spots

By Becca Myskiw.

In the past year, Ashern Daycare purchased a second building to add more school-aged childcare spots. The new building is located at 13 Main Street. Upon purchasing it in July 2023, the daycare worked tirelessly to renovate it before moving into it in March 2024.

The second building is used for school-aged children but sits empty during the day. The Ashern Daycare plans to add more preschool spots to its business, which will be added in the second building.

They can't just decide to take on more children, though. To add additional preschool spots, the daycare has to have an on-site fenced yard, which their newest building doesn't have. That means the daycare has to fence the 4,225 sq. ft. area behind the building to open more childcare spots.

Daycare director Carly Emilson said they currently have a very long wait-

list of children — 32 names, to be exact, with most looking at September 2027 for getting into the daycare.

"Our community needs it," said Emilson. "We're the only licensed childcare in Ashern. We just had the hospital renovation so there's lots of newcomers to town that need childcare too."

The next closest licensed daycare to Ashern is in Eriksdale or Fisher Branch. Manitoba has 1,110 licensed childcare facilities, which are inspected regularly to ensure childcare standards are being met. The provincial government says licensed childcare settings give children play-based programs where they learn emotional, physical, and cognitive skills like communication, cooperation, cause and effect, self-regulation, coordination, prediction, and more. Each licensed childcare facility has minimum supervision standards, staff qualifications, space, equipment,

health and safety, nutrition, programming, and behaviour management.

According to the Manitoba Child Care Association (MCCA), in June 2018, 16,605 children were on the online childcare registry waitlist. The provincial government retired that system in 2021, replacing it with the Manitoba Child Care Search program for licensed childcare, but even still, MCCA recommends parents register before their child's birth or one or two years in advance of their preferred enrollment date.

The daycare currently has 50 childcare spots for children 12 weeks to 12 years old. The main site has 24 preschool-aged spots, and eight more preschool spots would be added with the fence at their second site.

Emilson said they're still waiting on a couple of quotes for the project, but the fence materials will cost them around \$5,000, making the job close to \$10,000 when all is said and done. The daycare hopes they can get volunteers to build the fence, but they

aren't yet close to that stage of the project.

"Right now, we're just looking for donations and hoping that somebody will feel generous," said Emilson.

Every November, the daycare holds a fresh balsam wreath fundraiser. This year, they'll also have a meat and cheese fundraiser. In addition to those two, they hope to raise private donations from willing volunteers.

"We're hoping they'll support us because we're hoping to get more people to come work in town and to do that, they need to have childcare for their children," said Emilson.

To donate to the Ashern Daycare fence project, you can send e-transfers to asherndaycare@hotmail.com, mail a cheque to Box 587, Ashern, MB, R0C 0E0, or drop a cheque off in person at the daycare at 2 Main Street, Ashern, MB. The daycare is a registered charity that can also give tax receipts for charitable donations to those who want one.

> LETTER, FROM PG. 8

14. If unable to get to either Coop please visit our website for the Icelandic River Community Foundation (<https://ircf.ca/>) and choose to give a donation to unrestricted / general

funds or to Endow Manitoba's web page (endowMB.org) and choose the Icelandic River Community Foundation to assist our challenge.

- Larry Speiss, IRCF Chair



SAVE WITH OUR HOME INSULATION REBATE

Qualify. Insulate. Get a rebate.

Adding insulation to your attic, walls, and foundation will improve your home's comfort and help you reduce energy costs.

Learn more at efficiencyMB.ca/homeinsulation

Approval is required before you start your project. Work with a registered supplier to qualify.



SAVE TODAY. SAVE TOMORROW.



PROTECT AGAINST COVID-19 AND FLU

TAKE CARE

PROTECT YOURSELF. PROTECT OUR PEOPLE. © PROTECTOURPEOPLEMB

Vaccines provide the best protection against COVID-19 and flu.

It's safe and effective to get more than one vaccine at a time. Getting the vaccine is the best way to protect the health of our children, elders and loved ones.

CALL US AT 1-844-626-8222 OR PROTECTOURPEOPLEMB.CA

New support group for widows starts in Gimli

By Becca Myskiw

Put on by the Interlake Women's Resource Centre (IWRC), counsellor Gloria Thomas will hold bi-weekly meetings for local widows. Thomas became a widow herself in June 2023 and struggled to find people who understood what she was going through.

"I realized that no one actually understands a widow like another widow," she said. "There are certain aspects to it people don't get unless they go through it. Sometimes people need that extra understanding to help get through a hard time."

As the seasons change, daylight becomes less and less, and the holidays loom nearer, Thomas felt now was the time to start the support group.

"It gets to a point where you shut down a little," she said. "And if you're a widow, it gets really easy to shut down. I want to help people not shut down."

According to Statistics Canada, as of 2022, there were around four million widows across Canada. The National Institute of Health found widowed people have a high prevalence of depression and anxiety, and The American Psychology Association found the

first year of widowhood is the most harmful to mental health.

IWRC director Jennifer Campbell said Thomas came to her with the idea of a widow's support group, and together, they were eager to get it going. Campbell said she wanted to allow Thomas to share her experience and resources with the community, so that's what IWRC did.

The support group started on Monday, Oct. 7, and will continue at the Gimli New Horizons Centre (17 Loni Beach Road) every two weeks. It runs from 6 p.m. to 8 p.m. and is a safe, inclusive, open circle of sharing and listening.

"It's people sharing openly what they're going through and hearing from others going through the same thing," said Thomas. "My experience is that after a while, people think that you're OK and that's not often the case. People want you to be OK and stop talking about it. This group is so you can keep working through your stuff and don't have to burden anyone if you're still hurting."

Campbell said the group is an opportunity for widows not to be alone



EXPRESS PHOTO SUBMITTED

A new widow's support group started in Gimli Oct. 7.

and to feel a part of something when they may be feeling the lack of something.

"The loss of a partner changes your entire life, everything that you're used to," said Thomas. "And it's a huge loss because you've lost the life that

you knew, and you need to navigate this new life you didn't want. This can help people find their feet again and heal."

Canadian beef sector speaks out against Bill C-282

By Becca Myskiw

The Canadian beef sector is actively speaking out against federal Bill C-282.

The bill, brought forth by the Bloc Québécois, essentially takes supply management off the negotiating table for future trade agreements. It first came to the House of Commons in 2021 and is now at consideration in committee in the Senate.

On Oct. 10, members of parliament (MPs) from four political parties (Liberal, Bloc Québécois, NDP, and Green parties) attended a rally on Parliament Hill in support of Bill C-282. Among the supporters was current and former federal Minister of Agriculture and Agri-Food, the Honourable Lawrence MacAulay — and the beef sector is speaking out.

In a joint news release on Oct. 11, the beef producer associations across Canada said the rally left many sectors, including theirs, "both surprised and disappointed." Organizations involved include the British Columbia Cattlemen's Association, the Saskatchewan Cattlemen's Association, Beef Farmers of Ontario, Nova Scotia Cattle Producers, Alberta Beef Producers, Manitoba Beef Producers, New Brunswick Cattle Producers, and Prince Edward Island Cattle

Producers. They went on to say it was "particularly disheartening" to see the minister take part in the public support of a bill that "seeks to undermine and threaten the interests of the majority of Canada's agri-food industry, as well as export-dependent sectors that fuel the Canadian economy."

Carson Callum, Manitoba Beef Producers general manager, said Bill C-282 is a huge concern for the beef sector as a "heavily reliant trade industry."

"When you're in those negotiations, it can be give or take," he said. "If we go into these negotiations knowing supply management can't be touched, we could see increased tariffs for cattle, live or beef product. We could see tax implications that can really impede our bottom line as an industry."

Callum said Bill C-282 puts one sector in front of the other, calling it bad trade policy. The bill protects supply-managed agriculture sectors (like dairy, eggs, chicken, and turkey) from losing any more of their domestic market share to foreign competition, but it doesn't protect the other sectors.

"We understand that there's this major defence of the supply management system, but it shouldn't occur at the expense of trade and other sectors," said Callum.

Andre Stepler has one of the largest purebred Charolais herds in Canada. At the end of May, he and four other Manitoba producers were part of a delegation that went to Ottawa to share their views on the bill as Manitoba Beef Producers to senators and MPs. He said Bill C-282 scares him in the sense that it can tie hands at the negotiation table.

"If it's passed, it just takes away the ability for our trade negotiations to be achieved at their highest level," he said. "When we go into negotiations and already on the table, this is not something we can open and put on the books, it puts you at a direct disadvantage immediately. You don't want to have cards against you when you're walking up to the table."

In short, if Bill C-282 is passed, it could mean worse trade deals for the sectors not protected by supply management. For beef producers like Stepler, that could mean lower cattle prices and less exports of beef overall.

In a letter from the Canadian Cattle Association in 2024 on Bill C-282, the organization said the average Canadian producer earns an additional \$1,158 per animal because of the ability to sell in international markets. 2022 was the seventh year in record value for beef and cattle exports.

The organization said for the industry to continue to grow and diversify, it needs improved market access through trade negotiations, which Bill C-282 takes away.

Canadian beef producers export approximately 50 percent of their products. In the news release, the beef sector said that though Canada is "uniquely positioned to meet rising global demand for protein," Bill C-282 threatens their export potential and relationships, especially with our critical trading partners like the USA.

"Ultimately, the unwavering defence of the supply management system, which is the root of Bill C-282, should not occur at the expense of all other trade and export dependent sectors of the Canadian economy," the news release said. "Other policy tools are available to mitigate future potential threats to the supply management system, without legislating the system's protection through a bill like C-282. Amending the Department of Foreign Affairs, Trade and Development Act would be an internationally unprecedented protectionist move. Future governments can and should keep all options on the table to support the most meaningful and robust trade agreements possible."

> \$50K, FROM PG. 4

always been a huge supporter of our small communities in general, so to have their support on this project means everything to our team.”

Access Chief Marketing Officer Adam Monteith said their Community Investment Advisory Committee “identified the significant interest from the community, not just in Ashern, but in the surrounding area, for a multi-use, multi-generational facility.”

“In conversation with LRWC, we saw the need and identified that we could play a part in assisting the community in achieving their goals,” he said. “The wellness centre will serve the diverse needs of their community, which aligns with our vision to build capacity in our communities, to allow more people to participate and to improve their physical and mental wellbeing.”

The Ashern Wellness Centre is 85 percent complete on

> SAVE LAKE WINNIPEG, FROM PG. 3

Given the importance of peat bogs to storing carbon, which when released contributes to the climate crisis, the coalition says residents and cottage owners in the Washow Bay area of Lake Winnipeg have reached out to the coalition with concerns about peat mining in their region and one peat mining operator’s plan to establish a new peat mine at Sugar Creek, in the middle of a wildlife management area.

Washow Bay is on the west side of Lake Winnipeg, just north of Hecla Island, and encompasses Pine Dock, Little Deer, Beaver Creek and other small communities.

“Sungro is submitting environmental act proposals to establish new peat mines, one of which falls within a wildlife management area. Applications for these mines were approved by the provincial government with stricter license conditions, although the conditions have proven to be inadequate to counter the harm to the area currently being experienced,” states the coalition in its newsletter. “We know that peat mines are a major source of carbon capture. The mines have caused huge buildups of peat along the shores of Lake Winnipeg and pollutants are entering the lake, which is no longer captured by the peat bogs.”

To contact the Coalition to Save Lake Winnipeg, email: cslakewinnipeg@gmail.com

the first phase of construction. The basement is being finished and should be open to the public soon. The completely renovated area includes the meeting room, change rooms, bathrooms, showers, and lockers. A boiler system is also being installed in the basement, which will be used to run in-floor heating for the field house level.

After that, Cameron said LRWC would turn their attention to the field house and prepare that space for public use. Currently, they’re working on an accessible entry for that level and are completing the construction of a bath-

room there.

Cameron said they anticipate the facility to be fully operational no later than the spring of 2025, but they expect the basement level to be open much sooner. The upstairs of the facility will remain open from now on.

“Once we are fully operational, the LRWC will continue the efforts in creating a state-of-the-art wellness facility,” he said. “There will be many upgrades and improvements necessary going forward, so we are always looking for additional partnerships with those that are able to help.”

RIGHT CHOICE REALTY

Kim Giesbrecht Colette Banks Cindy Little Kris Kowalski

Right Advice...Right Results...Right Choice!

www.rightchoicerealty.ca 204-641-8450

<p>81 Palmer Pl, Sandy Hook 1,444 sf, 2 br, 2 bath \$479,999 Kim 204-461-4664</p>	<p>216 Ash Ave, Wpg Beach 1,575 sf, 3 br, 2 bath \$489,900 Colette 204-229-5878</p>	<p>2 Raspberry Pl, Grindstone 720 sf, 2 br \$189,000 Kris 204-641-1897</p>	<p>SOLD 1 Lakeview Cr, Gimli 1,577 sf, 3 br, 2 bath \$379,000 Kim 204-461-4664</p>
<p>121 5th Ave, Gimli 768 sf, 3 br, 2 bath \$269,900 Colette 204-229-5878</p>	<p>SOLD 342 Pleiades Ave, Wpg Beach 566 sf, 1 br \$129,900 Kris 204-641-1897</p>	<p>36 Woods Bay, Arnes 1,589 sf, 3 br, 2 bath \$349,900 Cindy 204-979-3364</p>	<p>57 Lakeview Cr, Gimli 1,350 sf, 3 br \$374,900 Colette 204-229-5878</p>
<p>SOLD 103115 Trevino Trail, Gimli 1,407 sf, 3 br \$259,500 Colette 204-229-5878</p>	<p>54 Little Deer Rd, Beaver Cr 480 sf cottage \$208,999 Cindy 204-979-3364</p>	<p>543 Silverdale Ave, Wpg Beach 1,056 sf, 4 br \$329,900 Colette 204-229-5878</p>	<p>10 Blue Spruce RD, Gimli 1,120 sf, 3 br \$299,000 Kim 204-461-4664</p>
<p>99145 Rd 10E, Komarno 4 br, shop, 74 acres, \$549,000 Kim 204-461-4664</p>	<p>42 Sunrise Dr, Gimli - Lakefront 2,636 sf, 2 br, 2 bath \$574,900 Colette 204-229-5878</p>	<p>20052 Hwy 519, Sandy Hook 3 br, 4 bath, 2.23 acres \$499,900 Kim 204-461-4664</p>	<p>44 1st Ave, Chatfield 1,198, 3 br \$159,000 Colette 204-229-5878</p>
<p>350 Lake Ave, Wpg Beach 988 sf, 2 br \$274,900 Colette 204-229-5878</p>	<p>57 4th Ave, Gimli - Seasonal 672 sf, 2 br cottage \$184,900 Kim 204-461-4664</p>	<p>76 South Beach Rd, Gimli 1,200 sf, 3 br \$299,999 Colette 204-229-5878</p>	<p>SOLD 140 Pine Ave, Wpg Beach 1,100 sf, 4 br, 1.5 bath \$269,900 Kris 204-641-1897</p>

NOTICE OF ANNUAL GENERAL MEETING

New Iceland Heritage Museum
November 18th | 7PM
IN-PERSON and on ZOOM

- In-person is at Lady of the Lake Theatre
- For ZOOM, please register by calling 204-642-4001 or email julianna.roberts@nihm.ca
- Election of Board of Directors.

New Board Members Needed
#108 – 94 1st Ave, Gimli, MB
Phone (204) 642-4001 | Fax (204) 642-9382
Email: executive@nihm.ca | website nihm.ca

GIFT SHOP & BOARD OF DIRECTORS
Volunteers Needed!

Gift Shop volunteers are needed to work 3 hour shifts on weekends

Board of Directors meet the first Monday of the Month (10 months of the year) via in person or on Zoom.

IF EITHER OF THESE OPPORTUNITIES INTEREST YOU – PLEASE CONTACT JULIANNA AT 204-642-4001

BUILDING LOTS

Fraserwood Starting at **\$19,000**
26 Railway Terrace Gimli RM **\$63,500**
3 Sandstone Cr Pebble Beach **\$26,900**
28 Whitetail Cr Glen Bay **\$26,900**
COLETTE 204-229-5878

BUILDING LOTS

5 Royal Rd, King’s Park Est **\$63,000**
9 Royal Rd, King’s Park Est **\$63,000**
Lot 11, Pl 47957 Loch Woods Dr **\$35,000**
Lot 10, Pl 47957 Loch Woods Dr **\$32,500**
KIM 204-461-4664

The Creative Cocoon brings live theatre to Arborg

By E Antonio

Ten young actors graced the stage on Oct. 17 for their *Wizard of Oz* live theatre performance.

The cast has been working hard to make the show stage-ready since June, and it is evident that their efforts paid off.

"The actors had an incredible time, and their energy was contagious. The audience loved every minute of it," explained The Creative Cocoon Co-Chair Lisa Klym.

This was the first time the cast members were on stage, and they all captivated the audience with their performances.

"One extra special moment was when The Wicked Witch of the West (played by Rory Stansell) finished her first scene. The crowd erupted in applause and it was a truly magical moment," said Klym.

While audience members arrived for the evening, they were greeted by Jillian Yorga and her daughter Josephine Borkowsky, who ensured that everyone felt welcomed at the show.

Before the performance started, The Creative Cocoon opened "Auntie Em's Sugar Shack" and offered several Ozian-themed snacks for the audience to enjoy.

Many audience members raved about The Creative Cocoon's *The Wizard of Oz*, expressing several positive comments for the captivating production.

Klym also shared that several patrons were inquiring about The Creative Cocoon's next show.

"Rest assured, we're already brainstorming and making plans," she exclaimed.

The entire cast and crew at The Creative Cocoon express their gratitude to Dani Caldeira. Caldeira directed their performance of *The Wizard of Oz* and has been a mentor, role model, teacher, and friend to many over the last three months.

"Her (Caldeira's) tireless efforts and attention to detail made *The Wizard of Oz* a truly unforgettable experience," added Klym.

Caldeira brings creative visions and expertise to the stage. She has 21 years of experience as a director and has guided numerous productions to critical acclaim. Caldeira is passionate about fos-



EXPRESS PHOTOS BY CORINNE EINARSSON

The magic of the *Wizard of Oz* was brought to the community by Arborg's Creative Cocoon Youth Theatre Classes last Thursday.

tering young talent and extensive nurturing of the next generation of performers.

Two theatre assistants, Larissa Caldeira and Amy Platt, also worked on the production. They were like the threads that weave the production together.

Continued on page 11





Continued from page 10

The cast consisted of: Dorothy Gale - Lucia Borkowsky, Scarecrow - Isabel Klym, Tin Man - Meadow Naylor, Cowardly Lion - Lyla Shachtay, The Wizard of Oz, Guard, Munchkin - Mya Young, Aunt Em, Munchkin, Monkey, Winkie, Ozien Sapphire - Echo Reimer, Glinda the Good Witch - Kaleia Collins, The Wicked Witch of the West - Rory Stansell, Miss Gultch, Munchkin, Winkie General, Ozien Felicity - Eloise Rocan-Morin, Munchkin, Nikko, Ozien Jade - Mia Elias.

The Creative Cocoon is working on its schedule for future production rehearsals, but Klym invites you to follow updates posted on their Facebook, Instagram, or website.

You can find The Creative Cocoon on each page by searching their name on the respective domains or at www.thecreativecocoon.net.



**EVERY
✓VACCINE
COUNTS!**

**Manitobans protect each other
from flu and COVID-19.**

Manitoba.ca/vaccine **Manitoba** 

West Interlake encourages food waste reduction with FoodCycler pilot program

By Becca Myskiw

The rural municipality (RM) of West Interlake is looking at new ways to reduce local food waste.

Through the FoodCycler pilot program, the RM actively encourages residents to reduce food waste.

The FoodCycler is a "clean and convenient food waste solution." The indoor household food waste recycler is a cleaner, hassle-free alternative to composting. The countertop food recycler reduces food waste by up to 90 percent, reduces greenhouse gases by up to 95 percent, and reduces odours, leaving behind a dry, lightweight soil amendment to be used in numerous ways:

- Garden fertilizer
- Addition to compost
- Store it
- Donate it
- Throw it away

There are three FoodCycler options, and the RM of West Interlake is pursuing two models: the ECO 3 (3.5-litre capacity) and the ECO 5 (five-litre capacity). The by-product it creates can be stored in a sealed container before being used. Mould indicates the by-product has begun to break down in the soil, which FoodCycle Science says is a good sign.

Clayton Gibson, Economic Development Officer with the RM of West Interlake, said they were "amazed" at the FoodCycler technology's superiority to traditional outdoor composting devices.

"A major benefit of this program will be to help eliminate food waste from going into garbage bags and ending up in the landfill so we are hopeful that this program will help both residents and commercial restaurants to reduce food waste from going to



EXPRESS PHOTO SUBMITTED

The RM of West Interlake and West Interlake Watershed District are offering residents \$150 off the price of a FoodCycler to encourage food waste reduction.

the landfill," said Gibson.

According to FoodCycle Science, there are a few main barriers to composting:

- Lack of know-how
- Lack of space
- Cost of supplies
- Physical demand
- Lack of time
- Worry about odours
- Worry about pests

Around 150 municipalities across North America are utilizing the FoodCycler. That's a total of 15,000 households, with an average of 2.86 people per household. The average household runs their FoodCycler 3.5 times a week, recycling about 350 kg of food waste a year.

FoodCycle Science says more than 56 percent of

people sent their food waste to the landfill before using the FoodCycler. The company found that the product reduces food waste and, increases food waste awareness and "facilitates positive behaviour change."

The RM of West Interlake is asking residents interested in the program to sign up for one. The RM is subsidizing \$100 of the cost of each unit for residents and the West Interlake Watershed District (WIWD) is subsidizing another \$50 for every unit. That means the 3.5-litre FoodCycler unit will cost \$150, and the five-litre unit will cost \$200.

Once approved, which is set to be later this month, the FoodCycler pilot program will have the RM purchase the units from FoodCycle Science. The RM needs to order a minimum of 100 units for the pilot program. Gibson said the council would approve the project if they get close to that number, but she's hopeful they'll get more than 100 unit orders. As of Oct. 15, 44 people were registered for the pilot program.

After the pilot program, each participant in the RM will get to keep their unit and continue to use it daily.

"Hopefully, we will be able to prove substantial volume savings in our landfill using these devices," said Gibson. "Which may prompt further involvement from the municipality to order additional units on our own that can be purchased by residents or to help residents purchase a unit on their own in the future."

Those interested in the pilot program must register with recreation coordinator Christina Kallstrom. They can do so by emailing her at rec@rmofwestinterlake.com.

Angela's life improved significantly after changing her dentures

BY ELISHA VANDOR

It is without a doubt that having your own teeth gives you a quality of life that often isn't thought twice about, until it's gone, and your ability to eat and smile in confidence is not what it used to be. For Angela, she explains that her quality of life ended 8 years ago (when she had her remaining natural teeth taken out and transitioned to dentures) ...until last month when everything changed with her dentures. She made the decision to have both her upper and lower dentures stabilized by dental implants. On the final day when she walked out with her dentures snapping into the dental implants, I could see that she had a new lease on life, so I called her a month later (this September) to see how she's doing. She said, "it's instantly life changing. I go out, I visit. I can eat corn-on-the-cob, steak, bacon, pork chops, cucumbers, which is everything I couldn't eat before. I hesitated for about a year and

a half, but don't hesitate, its life changing. The dentures feel so much smaller in the mouth and it's like having my natural teeth back. I bite into everything like it's my original teeth.

I remember the Denturist Brock saying to me that it'll be life changing and I thought, no I can't afford it, I can't do it, I had bad luck all the time with my teeth so no it's not going to work. Now, I am so glad I did it. I have family in Brandon, and I avoided going there to visit, now I'm going there to visit my grandkids. I just want to thank everyone involved for making my life better."

Just like Angela's story, I have heard and shared many others who have had their lives changed by their decision to secure their denture onto dental implants. You too can enjoy a care and pain free life with changing how your dentures fit. There are different dental implant options at various price points. For Angela, she simply added two to her lower and four to her upper denture, (which is the minimum requirement on

both the upper and lower jaw) and found it to make a substantial difference. You can decide to just have two lower dental implants placed, as many people do, because the lower denture is often the more difficult one to stay in place and usually termed as a 'floating denture'. So, if you've been wanting to make a change with your dentures, then take Angela's advice and don't hesitate. It's never a bad idea to reinvest in yourself.

We are happy to accept those who have the new government dental insurance - Canadian Dental Care Plan, which I have found to be a great financial assist in the cost of new dentures. If you have the card, but are unsure of the benefits you can receive for dentures, then call myself or one of the other front reception girls here at Vandor Denture Centre and we can gladly help provide information and schedule you a free consultation appointment. I am looking forward to hearing from you soon!



SENIOR PRICING

Recent Vandor Denture Centre patient happily shares about her new lease on life after making a life changing decision to improve the fit of her dentures.

VANDOR • DENTURE • CENTRE

A passion for excellence and innovation since 1971

(204) 482-6698

299.5 Eaton Ave, Selkirk, MB



Take-A-Year-Off Lottery

\$52,000

\$1000 A WEEK FOR A YEAR!



www.wbfdlottery.ca

FIRST PRIZE: \$1,000 A WEEK FOR A YEAR!

2nd PRIZE – \$5,000

3rd PRIZE – \$3,000

4th PRIZE – \$2,000

5th PRIZE – \$1,000

6th PRIZE – \$100

7th PRIZE – \$100

8th PRIZE – \$100

9th PRIZE – \$100

10th PRIZE – \$100

Lottery Tickets only \$100

50/50 Tickets only \$20

MEGA
50/50 DRAW

**HURRY TICKETS ARE LIMITED!
ONLY 1000 TICKETS REMAINING
AND SELLING FAST
GET YOURS TODAY**



DRAW DATE IS NOVEMBER 2, 2024 AT 9:00 P.M.

Take a Year Off Lottery License LGCA 9001 - RF - 44705

Mega 50/50 Lottery License LGCA 9001-RF-44788

Wages rise for health-care support workers, union says province on track to fix health-care

By Patricia Barrett

Health-care support workers will be receiving a wage increase and improvements in working conditions after their respective unions negotiated a new collective agreement with the province last Friday.

The Canadian Union of Public Employees issued a news release Oct. 18, saying the deal will help solve the difficulties around recruiting and retaining health-care support workers.

The agreement affects about 19,000 health-care support workers such as home-care staff, health-care aides, laundry aides, housekeeping aides, dietary aides, ward clerks and recreation coordinators at hospitals, health care centres and personal care homes.

“Our members stuck together to get a really good deal that will help solve the healthcare staffing crises” said CUPE 4270 president Holly Chaperon in the news release. “We have built an agreement that helps recruit new members and retain the ones we have.”

The agreement includes an average wage increase of 27



FILE PHOTO BY PATRICIA BARRETT

Unions representing thousands of health-care support workers negotiated a 27 per cent wage increase over four years with the province, averting a strike that could have affected staffing levels in facilities such as the Gimli hospital shown here.

www.interlake.mb.ca

ARBORG 204-376-3400
GIMLI 204-642-8501
SELKIRK 204-482-5806

IF NOW'S THE TIME FOR YOU TO BUY OR SELL, WE'RE HERE TO HELP.

<p>JOHN WISHNOWSKI 204-479-1208</p> <p>Newer commercial building with concrete floors & overhead door. Office with bath. \$144,900</p>	<p>INGRID BENNETT 204-642-2089</p> <p>Lakefront and immaculate 3 bdr, 2 bath home w/ 36 x 26 detached garage. \$525000</p> <p>.....</p> <p>SNAKS on First. Sandy Hook store w/ spacious living quarters. 3 bd, gar, dbl lot. \$329,900</p>	<p>DAYNA CLARK 204-461-1347</p> <p>Petersfield \$209,900. Close to Netley Creek! 1024 sf, 3 brs, cathedral cigs, fenced lot w/ DT/1 garage</p> <p>.....</p> <p>4 season at the Narrows. 1220 sf, 3 br, many upgrades. Across road from the lake \$169,900</p>
<p>CHRIS NEUFELD 204-641-1727</p> <p>4 Bdrm, 3 Bath in Gimli. Island Kit. Hardwoods. Fireplace. Dbl gar. Huge deck & yard. Great Value. \$549,000</p>	<p>LAURENCE HUMNISKI 204-642-3589</p> <p>Chalet Beach Rd Rare opportunity, 77 acres E of Hwy 9, approx. a mile from the lake & 1/2 mile to Matlock store</p> <p>.....</p> <p>Farms with homes. Both have held cattle, 2 to choose from, call for details!</p>	<p>GRANT HJORLEIFSON 204-641-6400</p> <p>Renovated, furnished 2 Bdrm home in Gimli's South Beach 154 5th St. \$314,900</p> <p>Maintenance free living in Gimli's Sandy Hook. New development. Samfelag Rd. \$399,900</p> <p>Aspen Park Condo 2 Bdrm great location must sell motivated seller \$154,900</p>
<p>DAVE HUMNISKI 204-642-3044</p> <p>12030 118NE Road 3 bdrm. home on 160+ acres. Has held cattle, 2 miles off #7 highway. \$299,000!</p> <p>.....</p> <p>Looking for a spring build? Lots and acreages available, give us a call!</p>	<p>KATHY MARKS 204-642-8501</p> <p>JASMIN THEOBALD 204-642-8501</p> <p>CRYSTAL LINE 204-232-6200</p> <p>SAMANTHA KING 204-229-7560</p> <p>PAM ISFELD 204-641-5408</p> <p>AYLA DROPKO 204-651-1214</p>	<p>MIKE JUBA 204-588-7967</p> <p>423 Stone Church Road 1852sf 4 bed/2 bath dbl. garage on 5 acr. fully renovated \$449k</p> <p>St. Clements: 141 Clarke Rd, 1755 sf home on 2.3 acres well maint. & landscaped w/large deck & gazebo, newer kitchen \$549k</p> <p>St Andrews: 44 Mirey Creek 1955 sf bungalow full basement 3 bath, pool, gazebo beautiful yard 1.5 acres gas fireplace, \$544K</p> <p>East Selkirk: 1315 sqft bung. w/ triple gar., being built! \$546k. Plus fully serviced lots avail. from \$139k</p>

This is a sample of our listings. To view all listings, visit www.interlake.mb.ca.

Community Support Service

A.A Meeting in Ashern

Location: #11 2nd Ave North - Pioneer Manor (beside the main door entrance of Pioneer Manor)
Contact Jackiem.lwrc@gmail.com

AA Arborg

Thursdays - 7:30 pm
Arborg Support Centre
327 Main Street
Contact 204-376-5861

AA Eriksdale

Eriksdale United Church building
#7 Main Street, Eriksdale (side door)
Meetings are Mondays at 6:30 p.m.

AA Winnipeg Beach

Lady of the Lake RC Church
Corner of Hwy. 9 and Lake Ave., Winnipeg Beach
Meetings are Saturdays between 7 and 8 p.m.
Contact Ann J 204-389-3417

Gimli Group AA

Bldg 18 Municipal Rd
Industrial Park
Fri & Sun Mtgs at 7:30 pm

AI-Anon Gimli and Winnipeg Beach

Join us at 17B Loni Beach Road, next to New Horizon building... Gimli at 7:00 pm Wednesday evenings for an hour of support, strength, guidance and Hope. Contact 204-389-4777.
All ages welcome.

AA Riverton Group

12 Main St. at the Riverton Senior Centre
Mondays 7:30 p.m.

per cent over four years that will bring Manitoba from the “worst paid support staff in the country to middle of the pack or better,” and an increase in starting wages for “high vacancy positions,” states the news release.

“This shows that this government respects healthcare support staff” said CUPE Manitoba president Gina McKay in the news release. “This is a government that is fulfilling its election commitment to fix healthcare in Manitoba.”

In Manitoba CUPE represents about 37,000 members that are employed in health-care facilities, personal care homes, home care, school divisions, municipal services, social services, child care centres, public utilities, libraries and family emergency services.

The Manitoba Government and General Employees’ Union (MGEU), which also represents health-care support workers, issued a news release Oct. 18 saying its members accepted a new four-year collective agreement (effective April 1, 2024 to March 31, 2028).

“The new agreement includes significant wage increases for health care support workers in Prairie Mountain and Interlake-Eastern Regional Health Authority, with an average increase of 27% over the life of the agreement,” states MGEU’s release. “It includes improvements to sick leave, and the addition of two wellness days. In the case of home care workers and mental health proctors, there are also significant improvements to scheduling practices and mileage rates.”

MGEU’s bargaining committee asked the province to prioritize the processing of retroactive payments for its members to April 1. The collective agreement has yet to be signed by the province.

A spokesperson for Shared Health, which oversees provincial health-care delivery, told the *Express* support staff are valued and the organization is pleased an agreement has been reached.

“Shared Health and other health system employers welcome the ratification of a new collective agreement for community and facility support workers represented by CUPE and MGEU,” said the spokesperson. “The work of our community and facility support staff is both important and valued and we are very pleased that a resolution has been reached for the benefit of these nearly 25,000 members of our health-care teams.”

News Tips? call the Express 204-467-5836

Armstrong council hires former Conservative MLA to oversee operations

By Patricia Barrett

The Rural Municipality of Armstrong council hired a former Conservative MLA as its new chief administrative officer to help guide the municipality forward after a period of instability.

Colleen Mayer was MLA for the St. Vital riding from 2016 to 2019 under the Brian Pallister government, and she has handled a number of high profile appointments.

Mayer started her position on Oct. 1. She replaces former interim CAO Nancy Howell, who has taken on the role of assistant CAO with the municipality.

Reeve Gary Wasylowski and council issued a news release to welcome Mayer into the job, saying they're confident she can make a significant contribution to ongoing projects and newly established council goals given her wealth of experience and knowledge.

"Hiring a CAO was one of our top priorities, once we got ourselves established as a new council. Having a strong administrative support team around you is critical to ensuring we are meeting the needs of our residents, and we believe Colleen will help us navigate through the important work



PHOTO COURTESY OF COLLEEN MAYER
Colleen Mayer was hired as the new chief administrative officer for the RM of Armstrong.

we have in front of us," said Wasylowski in the Oct. 1 news release.

The majority of the former Armstrong council – elected in 2022 – had resigned in April of this year, about half way through their four-year term of service. That led to a loss of quorum with the remaining council members unable to exercise their duties. The

province stepped in to appoint an administrator to govern the day-to-day matters of the municipality. No council meetings were held between April 23 to July 23 inclusive. A byelection was held on July 31, electing Wasylowski as reeve and David Tyndale, Guy Rohne, Paul Humeny, Glenn Barkman and Allen Evanchyshin as councillors.

Under the direction of the new Armstrong council, Mayer said her goal for the year ahead is to oversee the overall management of the operations of the municipality including administration, supervision of staff, policies and planning, and financial management.

"While there will be challenges, the opportunities that lie before council and administration are exciting, and I'm optimistic about what's on the horizon," said Mayer in the news release.

In addition to serving as a Conservative MLA, Mayer was appointed government whip, served on the government's treasury board, served as acting deputy speaker, and was appointed minister of crown services responsible for Manitoba Hydro, Manitoba Public Insurance, Manitoba Liquor & Lotteries, Manitoba Centen-

nial Centre Corporation, and Efficiency Manitoba, according to the news release. She was formerly the director of donor relations and development for STARS air ambulance. Currently, Mayer is the vice chair of the Winnipeg Police Board.

Prior to entering provincial politics, Mayer served as trustee for the Louis Riel School Division in 2010 and was re-elected in 2014. She served as a special advisor to the city councillor for St. Vital from 2006-2011. And as executive director of the Old St. Vital Business Improvement Zone, Mayer "built solid relationships with many city and provincial departments, businesses, and the community-at-large," states the news release.

Contact the RM of Armstrong office in Inwood at (204) 278-3377 or email: cao@rmofarmstrong.com

Moving? Downsizing? Short on Space? 

Self Storage units and Parking spaces

7.5' x 9.5' self-contained storage units \$120/month
30' x 15' secure outdoor storage \$60/month

Contact Eddies Gravel 204-389-2023

Remember Your Loved Ones
with an Announcement in the

THE EXPRESS WEEKLY NEWS **Call 204-467-5836**

Flight Training
START YOUR CAREER AS A PILOT!

Becoming a pilot can be a rewarding career

LAKESIDE FLIGHT SCHOOL IS THE MOST AFFORDABLE IN CANADA. RECREATIONAL, PRIVATE AND COMMERCIAL LICENSE. AUTHORIZED TRAINING FOR COMMERCIAL PILOT LICENCE, FLIGHT INSTRUCTOR RATING, NIGHT RATING, PRIVATE PILOT LICENCE, RECREATIONAL PILOT PERMIT AND VFR OVER-THE-TOP RATING

Want to learn to fly?

RECREATIONAL PILOT PROGRAM is the best way to get started. Must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger. Can easily add float rating to permit.



LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402

DON'T PAY TO HAUL AWAY.



With **Efficiency Manitoba's Appliance Recycling Program**, we'll pick up, recycle, and give you \$30 for your old working fridge or freezer.

There are lots of benefits to participating:

- ✔ You'll save on your monthly energy bill.
- ✔ You'll get \$30 for each working fridge or freezer you recycle.
- ✔ We'll recycle up to 95% of your appliance and you'll feel good knowing it doesn't end up in the landfill.
- ✔ While we're at your home, we can also haul away your old dehumidifier, window air conditioner, bar fridge, or bar freezer for free.

Book your pick-up today.
efficiencyMB.ca/appliancerecycling



First responders honoured at Ice Dawgs home game

By Kieran Reimer

The Arborg Ice Dawgs hosted the Lunder Falcons on Friday for First Responders Appreciation Night at Arborg & District Arena.

Riverton-Bifrost Fire Chief Jason Comeau, Arborg-Bifrost Fire Chief Jeff Pearce, and Arborg EMS Terrell Kerbrat were three of many first responders in attendance with free game tickets.

The trio helped open the evening with a ceremonial puck drop at centre ice before joining the rest of the first responders in attendance and members of the Ice Dawgs for a group photo.

"It went very well. It was a good turnout of first responders and fans," said Ice Dawgs general manager Lloyd Barylski. "It's nice to know that the community has emergency services at our door when they are needed."

Despite a packed arena, the Ice Dawgs could not secure a victory, losing 5-2 to the Falcons.

Jaxon Grose and Brandon Burak scored the Ice Dawgs goals while Nathan Meisner made 47 saves despite losing.

On Sunday, the Ice Dawgs struggled again on the road against the Selkirk



The Arborg Ice Dawgs welcomed all first responders, police officers, fire fighters, and EMS to join them for a free night of hockey on Oct. 18.

EXPRESS PHOTOS BY JOANNE JOHNSON

Fishermen.

After Burak tied the game at three in the third period, the Fishermen scored three straight goals to take it 6-3, handing the Ice Dawgs their third consecutive defeat.

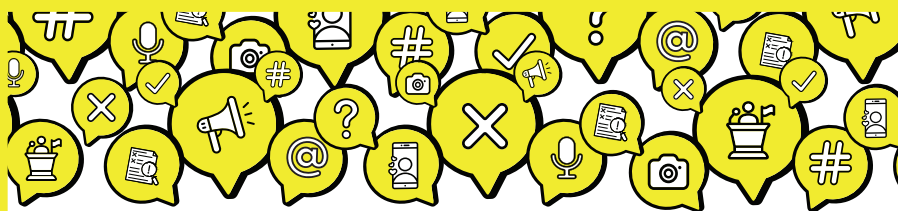
They now hold a 1-5-0-1-0 record for sixth place in the Capital Region Junior Hockey League this season.

The Ice Dawgs will host the Fishermen again this Saturday in Arborg at 7:30 p.m.

"IT WAS A GOOD TURNOUT OF FIRST RESPONDERS AND FANS"



The Lunder Falcons' captain Zachary Halldorson and Arborg Ice Dawgs' Tyson Barylski took the official face off with special guests Arborg Bifrost fire chief Jeff Pearce, Arborg EMS Terrell Kerbrat and Riverton-Bifrost Fire Chief Jason Comeau at the Ice Dawgs' First Responders Appreciation night on Oct. 18.



Unsure of who to trust? You're not alone.

Nearly half of Canadians say it's getting harder to distinguish between true and false information.¹ So in recognition of Global Media Literacy Week, here are four ways to spot misinformation like a journalist:

- Choose credible sources**
Look for relevant expertise, a track record of reliability, and the credentials to speak on the subject.
- Demand transparency**
Ensure that there are real people or organizations willing to put their names on the information.
- Consider the context**
Ask yourself how the news fits into a bigger picture, and if you're really getting the full story.
- Check for bias**
Consider how personal opinions — your source's and your own — may influence the information.

1. "The spread of misinformation: A multivariate analysis of the relationship between individual characteristics and fact-checking behaviours of Canadians." Statistics Canada (2024)

Message brought to you by:



Thanks to the support of:



Google News Initiative

BEST GIFT EVER!

Scenic Flight Tour

LOVE IS IN THE AIR!

POPPING THE QUESTION BIRTHDAYS

ANNIVERSARIES SPECIAL OCCASIONS

\$149

3 PASSENGERS AND THE PILOT ALL FOR ONE LOW COST

Book Today!

LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402

A successful Lundar All-Canada Goose Shoot

By Jo-Anne Procter

Goose hunters had much to be thankful for last weekend at the 48th annual Lundar All-Canada Goose Shoot.

The two-day event started on Friday, Oct. 11, with a roast beef dinner, Calcutta, and field draw. Then, on Saturday morning, the 20 teams of hunters headed out to their fields to set up for the shoot.

From sunrise to noon, teams could shoot a total of 12 geese. Once they reached the quota or noon came—whichever was first—they packed up and headed to the Legion for the weigh-in.

Colin Johnson, Mike Vigfusson, Ryan Einarson, and Troy Fortin claimed victory following a weigh-in at the Legion. Their haul tipped the scales at 209.988 lbs. As winners, they each walked away with semi-automatic shotguns.

Not far behind were the Halldorson family: Kevin, Nikki, Zach, and Rachel. They were just shy of first place

with a weight of 209.106 lbs.

Third place went to Paul Moreau and his crew of Chris Adams, Bryce Hacault, and Cody Adams, with their birds weighing in at 208.776 lbs. Both teams celebrated with new pump shotguns.

The Hard Luck team this year, Todd Sanness, Nick Bennett, Leanne Kell, and Shane McDonald faced the challenges of goose hunting. Their team was credited with bagging the heaviest goose, which weighed 12.68 lbs. Grant Chrisp's team shot the smallest goose, 3.3 lbs.

Pete Doerkson claimed the Calcutta—\$8,728.25.

A portion of every entry fee goes towards next year's shoot and donations. This year the Calcutta auction raised \$3,425 which will be donated to local organizations in need as well as \$500 for a scholarship to a graduate entering the trades, ensuring that this annual tradition keeps giving back to its community long after the last shot is fired.



EXPRESS PHOTOS SUBMITTED

The first place team harvested 20 Canada Geese that weighed 209.988lbs. Pictured left to right; Lucas Larade (guide), Mike Vigfusson, Colin Johnson, Troy Fortin and Ryan Einarson.



The third place team shot 20 birds totalling 208.776 lbs. Left to right; Miles Johnson (guide), Paul Moreau, Chris Adams, Bryce Hacault, Cody Adams and Jayson Thomas (guide).



Second place team shot 20 Canadas with a total weight of 209.106 lbs. Left to right; Donny Malcolm, Zac Halldorson, Kevin Halldorson, Hayden and her mom Nikki Halldorson, Rachel Halldorson, Mark Dererden (guide) and Andre Gauthier (guide).

Manitoba Ag Days gives back deadline approaching

By Lana Meier

"Community grant and scholarship applications are open now! Applications are being accepted November 1, 2024 and winners will be announced at the 2025 show in January.

Manitoba Ag Days has a strong tradition of investing in rural communities and agriculture education through the Ag Days Gives Back program. At the 2024 show \$51,000 in funds were awarded, in the form of seventeen community grants, four post-secondary scholarships and support for Ag in the Classroom - Manitoba. Since the program's inception in 2013 Manitoba Ag Days Gives Back

has committed \$485,377.50 to building the agriculture community.

Not-for-profit organizations are eligible to apply for the \$2,000 community grants, which can cover various project components such as infrastructure, supplies, equipment, volunteers, or training. However, the total project budget cannot exceed \$50,000. To promote inclusivity and diversity, priority will be given to communities or projects that have not been previously funded within the past three years.

Post-secondary scholarships of \$2,000 each are open to students in their final year of high school or to

post secondary students. All agricultural related education and training is eligible, including degree diploma, certificate and trade programs. To apply, candidates must submit a completed form and include a written or video biography that highlights their community involvement and volunteer work, career goals, and how they envision contributing to the agriculture industry.

One-hundred percent of the funds raised through the Manitoba Ag Days 50/50 are used to support K-12 ag education, post secondary ag education and community organizations throughout Manitoba and Saskatch-

ewan.

"On behalf of the board and our committee, we want to thank the public for their support. The allows us to pool our resources and make a significant impact in communities across the province, and on the lives of students through ag education. There really is a ripple effect through this program," said Nicole Maguet, chair of the Ag Days Gives Back committee.

For more information please visit <https://www.agdays.com/community-giving-program/>

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Kopys leads Lightning to comeback win in home opener

By Kieran Reimer

The U15 AAA Interlake Lightning won their first-season victory against the Central Plains Capitals in Tuesday night's home opener in Stonewall.

Early on, it looked like the Lightning were in for a blowout loss to drop their fifth consecutive game, but an unexpected comeback quickly turned the game into a Tuesday night thriller.

The Capitals led 4-0 after the first period, and the Lightning seemed depleted after a 12-1 loss four days prior.

Needing a big second period, the Lightning showed up early in the frame with a renewed energy that had been absent for much of the last two games.

Ty Kopys got things going just over two minutes into the period to cut the deficit down to three. Later in the period, Lexon Hogg also found the back of the net to make it a 4-2 game after 40 minutes.

In the third, the Lightning came out even stronger with an onslaught of shots to keep their momentum going.

Kopys, who had been buzzing around the offensive zone for much of the game, quickly scored back-to-back goals to tie the game at four while also getting his first hat trick of the season.

With the game tied 4-4 and heading



Lightning's captain Thoren Corbett is ready for a face-off.

into overtime, the Lightning knew the job still needed to be finished if they wanted to complete the comeback officially.

Early in the extra frame, the Lightning continued to press for the game-winning goal, and just two minutes in, Thoren Corbett finished it off with an unassisted marker to win the game



EXPRESS PHOTOS BY JO-ANNE PROCTER

The Interlake Lightning's goaltender Eddy Person got his first U15AAA victory in front of the home crowd last Tuesday.

for the Lightning.

With the five unanswered goals to win it, the Lightning finally got to celebrate their first win of the season in front of their fans on home ice.

Kopys was named player of the game while goaltender Eddy Person got his first U15 AAA victory.

With the win, the Lightning im-

proved to 1-4 and officially moved ahead of the Capitals into fourth place in the Central Division.

Interlake plays again against the Winnipeg Bruins Gold on Sunday, Oct. 27, at 2 p.m. at Access Credit Union Arena in Warren.

Interlake Lightning U18 AAA sitting in eighth position



EXPRESS PHOTOS BY LANA MEIER

Lightning's Cole Swanson, left photo, scored two and added an assist while Lucas Spencer scored one and added two assists last Friday against Eastman. The U18 AAA Interlake Lightning were defeated 8-5 by the Eastman Selects at Teulon-Rockwood Arena. The loss moved the Lightning down to eighth in the Manitoba U18 AAA Hockey League with a 3-3-1-0-1 record.

Varsity Thunder to play familiar foe in RMFL Championship

By Kieran Reimer

The Interlake Thunder Varsity football team is returning to the Rural Manitoba Football League Championship.

On Sunday afternoon, the Thunder laid a 50-30 beating on the Winnipeg Falcons in the RMFL semi-finals to advance to the championship game for the second straight year.

The Thunder is set for a highly anticipated rematch next weekend with the St. Vital Mustangs, who bested the Thunder in last year's final.

The two clubs have met twice since then, with the Mustangs taking both games 57-26 in week three and 54-36 in week six.

Though the Thunder enter the game as the underdog, head coach Christof Hasselfield believes his team is playing their best football of the season heading into the game.

"First and foremost, it means our team has worked hard all season to earn this shot," said Hasselfield. "Obviously they've gotten the better of us twice this year, but I thought there was a lot of promising growth in our second game."

The Thunder will need to play a near-perfect game if they want to keep pace with the Mustangs.

Not only are the Mustangs 4-0 this

season but they have also recorded 44 or more points in each game so defence will likely dictate a majority of the Thunder's success as they attempt to limit the Mustangs' redzone opportunities.

On offence, the Thunder have recently shown that they have the weapons to score at a similar rate.

Jessie Batenchuk, quarterback, had one of his best performances of the season in the semi-finals, connecting with Luke Robinson three times for touchdowns.

Hasselfield spoke Sunday on Robinson's performance in his senior season. As he enters the championship game, he has a chance to win a ring to cap off his Thunder career.

He will play a major role in the Thunder's success in the championship as he plays both receiver on offence and kick return on special teams.

The date and time for the championship have yet to be determined but the game will take place at St. Vital Mustangs Field in Winnipeg.

For more information on the Thunder you can visit: <https://www.interlakethunder.org/teams/?u=interlake-thundermidget&s=football>



Luke Robinson goes up high for the catch before running the ball in for a touch down. Interlake beat the Falcons 50-30 in semi-final action.



EXPRESS PHOTOS BY LANA MEIER Mitchell Clarke of Gimli played a strong game on the offensive line against the Falcons.



Lucas Manness, Tyler Yourchenko and Teagan Peterson sack the Falcons quarterback.



Left to right, Interlake Thunder's graduating players, Luke Robinson (Winnipeg Beach), Jackson Nichol (Selkirk), Quinton Favel (Selkirk), Christof Hasselfield (coach), Bryce Helstrom (Gimli), Lucas Manness (Stonewall) and Mitchell Clarke (Gimli).

Falcons back rolling after two straight wins

By Kieran Reimer

The Lundar Falcons picked up back-to-back wins to regain sole possession of second place in the Capital Region Junior Hockey League.

Between Friday and Saturday night, the Falcons defeated the Arborg Ice Dawgs, 5-2, and the La Broquerie Habs, 4-2, to jump in the standings.

The win over the Ice Dawgs came after an early lead was provided on goals from Cayden St. Laurent and Logan Miller.

Carson Robertson, Liam Russel, and Braeden Lukas also added goals later in the game to propel the Falcons.

Saturday's triumph over the Habs

was a much different game, as the Falcons had to battle back from a 2-0 deficit to go ahead.

Carson Robertson, Ryan Benson, Liam Russell, and Zachary Halldorson scored four unanswered goals for the Falcons, who added another three points.

They now hold a 5-1 record and sit only three points back of the first-place Beausejour Comets with a game in hand.

On Saturday, the Falcons return to Lundar for a home game against the St. Malo Warriors. The puck drop goes at 7 p.m. from Lundar Arena.

To see more photos of your favourite Interlake Athletes

GO TO Stonewall Teulon Tribune | flickr

Copyright Stonewall Teulon Tribune. To be used for personal use only.

Classifieds



Book Your Classified Ad Today - Call 467-5836 or Email ads@expressweeklynews.ca



NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES MUNICIPALITY OF WEST INTERLAKE

Pursuant to subsection 367(7) of *The Municipal Act*, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 14th day of November, 2024, at the hour of 04:00 PM, at MUNICIPALITY OF WEST INTERLAKE, ASHERN CENTENNIAL HALL, #1 PR 325 E, ASHERN, MB, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
57700	NE 1/4 OF SECTION 36-23-10 WPM - NE 36 23 10 W	L -\$49,200	\$3,398.47
85110	LOT 2 BLOCK 1 PLAN 25051 WLTO SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN IN FRAC NW 1/4 12-24-10 WPM, LOT 5 BLOCK 1 PLAN 25051 WLTO SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN IN FRAC NW 1/4 12-24-10 WPM - 3 MISS ELLIES DR E, OAKVIEW	L -\$27,500 B -\$165,900	\$13,227.52
131750	THE NE 1/4 OF SECTION 24-25-8 WPM EXC OUT OF THE 1/4 OF SAID SECTION, THE ELY 525 FEET PERP OF THE WLY 1485 FEET PERP OF THE NLY 620 FEET PERP AND EXC OUT OF ALL OF THE LAND ABOVE DESCRIBED ALL MINES AND MINERALS AS SET FORTH IN TRANSFER 739429 WLTO - DESC NE 24 25 8 W	L -\$39,700	\$3,065.56
131800	THE NW 1/4 OF SECTION 24-25-8 WPM SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN - NW 24 25 8 W	L -\$74,300 B -\$125,700	\$11,781.73
131900	THE SE 1/4 OF SECTION 24-25-8 WPM, AND EXC OUT OF ALL OF THE LAND ABOVE DESCRIBED ALL MINES AND MINERALS AS SET FORTH IN TRANSFER 739429 WLTO - SE 24 25 8 W	L -\$46,300	\$3,301.19
132000	THE SW 1/4 OF SECTION 24-25-8 WPM SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE CROWN LANDS ACT - SW 24 25 8 W	L -\$57,600	\$3,713.78
133200	THE SW 1/4 OF SECTION 27-25-8 WPM EXC ALL THAT PORTION THEREOF COVERED BY THE WATERS OF MOOSEHORN LAKE AS SHOWN ON PLAN OF SURVEY OF SAID TOWNSHIP CONFIRMED AT OTTAWA ON THE 26TH DAY OF APRIL 1909 BY EDOUARD DEVILLE, SURVEYOR-GENERAL OF DOMINION LANDS - DESC SW 27 25 8 W	L -\$55,900	\$3,530.15
133400	NE 1/4 28-25-8 WPM EXC THEROUT ALL THAT PORTION THEREOF COVERED BY THE WATERS OF MOOSEHORN LAKE AS SHOWN ON A PLAN OF SURVEY OF SAID TOWNSHIP CONFIRMED AT OTTAWA ON THE 26TH DAY OF APRIL 1909 BY E. DEVILLE, SURVEYOR GENERAL OF DOMINION LANDS SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN - DESC NE 28 25 8 W	L -\$65,500	\$4,023.42
136350	THE SE 1/4 OF SECTION 34-25-8 WPM EXC FIRSTLY: ALL THAT PORTION THEREOF CONTAINED WITHIN THE FOLLOWING LIMITS: COMMENCING AT A POINT IN EASTERN LIMIT OF SAID QUARTER SECTION DISTANT NLY THEREON 1483 FEET FROM SOUTHERN LIMIT OF SAID QUARTER SECTION THENCE WLY AT RIGHT ANGLES TO SAID EASTERN LIMIT 613.5 FEET THENCE NLY AT RIGHT ANGLES TO THE LAST DESCRIBED COURSE 710 FEET THENCE ELY AT RIGHT ANGLES FROM THE LAST DESCRIBED COURSE TO SAID EASTERN LIMIT THENCE SLY ALONG SAID EASTERN LIMIT TO THE POINT OF COMMENCEMENT AND SECONDLY: ALL MINES AND MINERALS AS RESERVED IN THE GRANT FROM THE CROWN - DESC SE 34 25 8 W	L -\$94,300	\$5,002.13
327000	THE SLY 1020 FEET PERP OF THE SE 1/4 OF SECTION 23-21-5 WPM EXC FIRSTLY: ELY 1540 FEET PERP AND SECONDLY: ALL MINES AND MINERALS AND SPECIAL RESERVATIONS AS RESERVED IN THE CROWN - DESC SE 23 21 5 W	L -\$18,300 B -\$237,600	\$14,169.20
423500	LOT 3 PLAN 50956 WLTO SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN IN SE 1/4 4-22-5 WPM - 83 VIMY RD, ERIKSDALE	L -\$1,600 B -\$78,700	\$6,398.68
441500	LOT 15 AND 16 BLOCK 2 PLAN 408 WLTO (P DIV) EXC OUT OF LOTS 15 AND 16, THE WLY 70 FEET, IN THE SW 1/4 4-22-5 WPM - 15/16 2-408	L -\$2,500 B -\$22,700	\$4,433.93
445900	LOT 14 BLOCK 5 PLAN 492 WLTO (P DIV) SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN IN SW 1/4 OF SECTION 4-22-5 WPM - 5 2ND AVE, ERIKSDALE	L -\$2,700 B -\$8,200	\$2,896.59

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the MUNICIPALITY OF WEST INTERLAKE as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$500.85 (\$477 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 2nd day of October, 2024.

Managed by:



Bernardo Pasco
Chief Administrative Officer
MUNICIPALITY OF WEST INTERLAKE
Phone: (204) 768-2641
Fax: (204) 739-2073

SCRAP METAL

Buyer for all farm-yard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

STRAW FOR SALE

Flax straw for sale, Stonewall. \$4/bale. Call Nick at 204-461-0706 or Bill at 204-461-1906, Monday - Saturday.

FARM PRODUCE

Red Yellow Russet potatoes, onions, carrots, cabbage, beets, honey, parsnips, sunflower & song bird seed. Wildlife feed and rolled corn, oats & wheat. Phone 204-886-2676, Interlake Potato Farms, Teulon, MB. Closed Sunday & Monday.

HAY FOR SALE

Round hardcore bales, 1st & 2nd cut, alfalfa & brome grass. Call 204-461-0722.

STRAW FOR SALE

Flax straw for sale near Stonewall. \$3.50/bale. Call/text Dean at 204-461-0870.

GARAGE SALES

BAKE SALE & GARAGE SALE Saturday, Nov. 2, 2024. 9 a.m. - 4 p.m. Fresh baking & many like-new items. Nine miles north of Arborg on Hwy 326. Watch for balloons.

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

EXPRESS
WEEKLY NEWS
204-467-5836

FIREWOOD

Birch, Tamarack, Ash, Poplar, Pine and Oak for sale. Call or text 204-904-8441.

FLIGHT ACADEMY

Want to learn how to fly? LS Airways Flight Academy is the most affordable in Canada. Recreational, private and commercial certificates. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

NOTICES

BOOK YOUR CHRISTMAS ADS NOW! Do you take on-line orders in your business? Let us help you advertise it from November on! Now booking advertising for the remainder of 2024. Plan your success! Have your blanket classified ads seen in the 31 Member Newspapers which are seen in over 368,000+ homes in Manitoba. Please Call 204-467-5836 or MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewood elkbranch@mymts.net

News Tips? Story Ideas? call the Express 204-467-5836

News Tips? call 204-467-5836

JOIN OUR TEAM AT TRIA PRODUCTS

We specialize in Concrete Solutions and Steel Roof Systems
Join a dynamic and growing team where your skills make an impact!

TRUCK DRIVERS

(Class 1, 2 and 3)

- Full-time position
- Competitive pay
- Requirements: Valid Class 1, 2, or 3 license, clean driving record, experience in commercial driving
- Responsibilities: Transporting materials to job sites, ensuring safe and timely delivery

WELDERS

(CWB Certified)

- Full-time position
- Competitive pay
- Requirements: CWB certification, experience in structural steel welding, ability to read blueprints
- Responsibilities: Welding steel components for trusses, joists, and other structural elements

Apply here:
triaproducts.com/careers

EMPLOYMENT OPPORTUNITY

Part-time Branch Librarian

(20 hours/week)

Siglunes Library (Ashern)

Must be enthusiastic and service-oriented to provide library service at our Ashern branch.

The ability to promote the library in the community, to work with people of all ages, and the creativity to try new things is essential. Computer skills required.

Only applicants selected for an interview will be contacted.

Criminal Record Check (including Vulnerable Sector Check) and Child Abuse Registry Check required.

Apply in writing with resume and cover letter by **Oct. 31/24**
Email: director@parklandlib.mb.ca or Parkland Regional Library, 504 Main St. North, Dauphin MB R7N 1C9

RM OF COLDWELL EMPLOYMENT OPPORTUNITY

MUNICIPAL RECREATION COORDINATOR/ ADMIN ASSISTANT

Term Position

Rural Municipality of Coldwell is seeking a motivated individual to fill a 1 year term position for a Recreation Coordinator/ Admin Assistant. This is a 3 day a week position with possibility of growth. Responsibilities would be planning and managing recreation opportunities for all ages within the municipality, assisting with community grants, assisting with administrative duties within the office.

Address Resumes with references to the undersigned by mail, fax, email or in person until November 6th.

We thank all applicants for their interest in this position. We will contact only those selected for an interview.

Nicole Christensen, Chief Administrative Officer
Rural Municipality of Coldwell
Box 90, Lundar MB R0C 1Y0
coldwell@mymts.net

Classifieds



Book Your Classified Ad Today - Call 467-5836 or Email ads@expressweeklynews.ca

NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF: JACOB DERN, late of the Town of Arborg, in Manitoba, Deceased.

ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, 2500 - 360 Main Street, Winnipeg, Manitoba, R3C 4H6, on or before the 25th day of November, 2024.

DATED at Winnipeg, Manitoba, this 18th day of October, 2024.

PITBLADO LLP

Attention: Leith Robertson

Solicitors for the Estate of Jacob Dern



EMPLOYMENT OPPORTUNITY

RM OF COLDWELL

Is accepting applications for CASUAL GRADER OPERATOR

Applicant would fill in on sick days, vacations and during storms,

and other Public Works duties as assigned

Hours cannot be guaranteed

Class 3 License with Air Brake Endorsement an asset

Apply with resume by November 7 @ 4:00 pm
Box 90 Lundar, MB R0C 1Y0

FARMLAND SALE BY TENDER

Pt SW 19-24-1W
approx. 128 acres
Hwy 17 and PR 233
(Fisher Branch Corner)

Owner Woloshyn invites offers submitted in person or by mail to Pitblado Law, 349 Main Street, Box 4045, Arborg, MB R0C 0A0 by November 30, 2024. Offers must include a deposit of not less than 2% of the tendered amount (to be returned if not accepted). The highest or any offer may not be accepted. Successful offeror to be notified upon acceptance. If interested please call 204-376-5156 for info package.

Remember Your Loved Ones
with an Announcement in the



Call 204-467-5836



JOIN OUR TEAM AT
TRIA PRODUCTS

EMPLOYMENT OPPORTUNITY for Tria's mechanic shop at the Broad Valley Colony.

Red Seal Mechanic and Mechanic

- Full time • Competitive wages • Benefits

Service Shop Manager

- Full time position • Benefits

Apply at triaproducts.com/careers

NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF ARMSTRONG

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 14th day of November, 2024, at the hour of 10:00 AM, at Rural Municipality of Armstrong, 1094 PR17, Inwood, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
1800	THE NE 1/4 OF SECTION 4-18-1 EPM SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE ORIGINAL GRANT FROM THE CROWN.	L -\$46,700	\$4,505.93
42400	E 1/2 OF SE 1/4 18-18-3 EPM SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN - 12151 ROAD 104NE	L -\$58,600 B -\$107,800	\$5,573.84
157250	SW 1/4 OF 13-21-2 EPM EXC FIRSTLY: WLY 1320 FEET PERP AND SECONDLY: ROAD PLAN 12364 WLTO SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN - 11053 ROAD 122 NE	L -\$62,100 B -\$368,400	\$17,708.83
270400	ALL THAT PORTION OF THE SW 1/4 3-20-1 WPM BOUNDED AS FOLLOWS: ON THE SOUTH BY THE SOUTHERN LIMIT OF SAID QUARTER SECTION, ON THE NORTH BY A LINE DRAWN NORTH OF, PARALLEL TO AND PERP DISTANT 262 FEET FROM SAID SOUTHERN LIMIT, ON THE EAST AND WEST BY TWO STRAIGHT LINES EACH DRAWN NLY AT RIGHT ANGLES TO SAID SOUTHERN LIMIT FROM POINTS IN THE SAME DISTANT ELY THEREON 200 FEET AND 700 FEET RESPECTIVELY FROM THE EASTERN LIMIT OF THE LAND TAKEN FOR CANADIAN NORTHERN RLY RIGHT OF WAY PLAN 431 WLTO (P DIV) EXC FIRSTLY: PUBLIC ROAD PLAN 43322 WLTO SECONDLY: ALL MINES AND MINERALS AND THIRDLY: ALL MINES AND MINERALS AND OTHER MATTERS AS SET FORTH IN THE CROWN LANDS ACT - 2143 ROAD 114NW	L -\$5,900 B -\$10,900	\$3,458.48

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the Rural Municipality of Armstrong as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$500.85 (\$477 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 10th day of October, 2024.

Managed by:



Nancy Howell
Interim Chief Administrative Officer
Rural Municipality of Armstrong
Phone: (204) 278-3377
Fax: (204) 278-3437



MUNICIPALITY OF BIFROST-RIVERTON EMPLOYMENT OPPORTUNITY

Seasonal Part-Time Arena Attendant

The Municipality of Bifrost-Riverton is recruiting for seasonal part-time Arena Attendants for the Riverton Memorial Arena and Curling Rink.

Responsibilities

- Assisting with ice maintenance
- Janitorial duties
- Gate attendance
- May be trained to operate the Zamboni

Other Information:

- Part-time hours: approximately 10-20 hours per week until the end of the hockey season
- Evenings and weekends
- Hours may vary to accommodate ice rental schedules
- Some heavy lifting involved up to 50 lbs
- Expected start date: Immediately

Interested candidates are requested to submit a resume (via-fax, email or mail) to the Municipality of Bifrost-Riverton as soon as possible. Please indicate "Arena Attendant".

Due date will be Oct 17th, 2024

Only those considered for employment will be contacted.

Apply to:

The Municipality of Bifrost-Riverton
Attention Larissa Love, CAO
Box 70, 329 River Road
Arborg, MB, R0C 0A0

Email: cao@bifriv.ca
FAX: 204 376-2742

Manitoba Lung Association
BREATHE

PROTECT YOUR BREATH

BREATHING EASY
STARTS WITH
TAKING THE RIGHT
STEPS.

PROTECT YOUR LUNGS
FROM SEASONAL
THREATS TO KEEP THEM
STRONG AND HEALTHY
THIS SEASON.

TALK TO YOUR DOCTOR
OR PHARMACIST TODAY
ABOUT SEASONAL
IMMUNIZATION.

Protectyourbreath.ca

BATTERIES FOR EVERYTHING! 50,000 BATTERIES IN STOCK

- *Auto *Farm *Truck
- *Construction *ATV
- *Motorcycle *Golf Carts
- *Rechargeables *Tools
- *Computers *Medical
- *All phones *Chargers
- *Marine *RV & more

Shipping/Delivery avail.

THE BATTERY MAN
1390 St. James St.
Winnipeg

TF 1-877-775-8271
www.batteryman.ca



Power Builder Advertising WORKS!

- GET SEEN by over 360,000 Manitoba Homes!
- Use your LOGO!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$339.00 (includes 45 lines of space)
- The ads blanket the province and run in MCNA's 31 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com

www.mcna.com

Online McSherry Auctions

Estate & Moving
October 30th @ 7:00PM
Featuring Coins, Paper Money & Stamps

Estate & Moving
November 6th @ 7:00PM
Featuring 2 Semi Loads of Lumber

McSherryAuction.com
204-467-1858
or 204-886-7027
mcserrytld@gmail.com

WANTED

COIN COLLECTIONS



CASH FOR COIN COLLECTIONS & ACCUMULATIONS OF COINS! ROYAL CANADIAN MINT COINS, OLD COINS, OLD PAPER MONEY, SILVER COINS, GOLD COINS, RARE COINS ETC.

Also buying all Silver, Gold, Nuggets, Scrap, Coins, Old Jewelry, Bullion, Ingots, Sterling Silver, Old Quality Watches working or not, Rolex, Omega ++

Todd
306-774-2420

See Us for Everything you need to promote your business

- Flyers
- Brochures
- Business cards
- Stickers
- Window decals
- Social tickets
- Door hangers
- Letterhead
- Envelopes
- Invoices
- Estimate sheets
- Posters
- Memo pads
- Post cards
- Presentation Folders



call 204-785-1618

News Tips? call the Express 204-467-5836

Classifieds Announcements



Book Your Classified Ad Today - Call 467-5836 or Email ads@expressweeklynews.ca

CARD OF THANKS

It is hard to truly express our gratitude in words, so in the most simple form: thank you. Thank you to all the firefighters and paramedics from the Riverton and Arborg Bifrost Fire and Emergency Services who attended our house fire in the early hours on July 30. We appreciate your assistance and dedication to your community. We would also like to thank our family, friends and neighbors who offered their support in the loss of our home. The kindness shown was overwhelming and will always be remembered.

-Kelly and Kelvin Einarson

CARD OF THANKS

A big thank you to all that supported Gimli Betel Personal Care Home's Thanksgiving Raffle. Congratulations to Brenda and Ken Krulicki for winning the prize of \$500 for local shopping. Special thanks to the folks at Garriock Insurance for doing a great job selling tickets for us again. Much appreciation to these wonderful local supporters covering our prizes and expenses so that every penny in ticket sales was directed back to the Recreation Department: KC Enterprises, Sobey's, Smith's Fish, Sandy Hook Soap Factory, Friends of Gimli Betel, Red River Co-op Food Store, Heaven Scent Flowers and Gifts, Sugar Me Cookie, Beyla's Bees and Interlake Brewing Company.

IN MEMORIAM



Norman Mantik

September 21, 1942 – October 27, 2004

Death leaves a heartache,

No one can heal;

Love leaves a memory,

No one can steal.

-Love,

Rachel, Jason and Karmyn

OBITUARY

Dorothy (Dodo) Gerda Valgardson (Olsen)
February 22, 1937 - October 13, 2024

It is with broken hearts that we announce the unexpected passing of our dear Mom and Granny at the age of 87.

Dodo leaves behind her three children, Susan (Don), Tim (Cecily) and Troy (Lori). Granny will live on in her seven grandchildren and nine great-grandchildren who were her pride and joy. Dodo will be missed by her sister Toodie (Jim) Wallace, her brother-in-law Norman (Dodie) Valgardson, her sister-in-law Marion Nesbit and many nieces, nephews and cousins.

Dodo has gone to join the love of her life, husband Jack, who passed away March 27, 2023. Her heart will finally mend.

Living the long life she did, Dodo was predeceased by many. Her parents, Knud and Ellen Olsen; her sister Donna (Ben) Larusson; her in-laws Sveinbjorn, Katherine and Joe Syczylo; her best friend, Gladys Chudd; and many, many more loved ones.



Dodo was born in Winnipeg, MB and until she started school she only spoke Danish. When she was nine her family bought Central Bakery in Gimli. The rest is history. She married the boy next door, Jack, eloping at the ages of 16 and 17. Quite a scandal, but Mom and Dad proved their love and spent 70 years together.

Mom had many jobs over the years-Central Bakery, the Perth's store at the Gimli Airbase, Viking Pharmacy, Taylor Pharmacy, KC Enterprises and with Jack, was the owner and operator of the Norseman Motel. But her favourite was being a mom. She was the heart and soul of our family. Mom was a very strong woman for being a wife and mother in the '50's and '60's. Thanks for teaching us to be independent and thoughtful adults with strong values. Mom treasured us and we knew it. When grandchildren and great-grandchildren arrived, she shone as a Granny.

Mom was a great baker - took after her dad. She was always in the kitchen baking something, of course after the floor was waxed and polished. She loved her floors to shine so you could see your reflection. That was when child labour was legal as our job was to run the buffer every day after lunch and supper. Coming home from school there was always great smells and goodies to eat. We spent a lot of time at the beach and homemade cookies were always there.

Mom loved sewing and knitting but when her grandchildren started coming her needles went double speed-blankets, bonnets and booties, socks, mittens, sweaters and of course, her most famous "elephants". Her oldest grandson, Graeme, got the first and her youngest great-grandson, Rocco, got the last. Every child in between got one as well as many special friends. Hug them dearly children as they are full of her love.

Mom loved when we were all together, especially when she could put on a big spread. She was the cook and Dad was the bartender. What a team! We have so many fond memories of our time together - trips to Assiniboine Park with the Chudds, our walk to Arnes golf course to meet Dad, swimming and picnics at the beach and dock and all the different parties.

Mom and Dad enjoyed travelling. They went to Hawaii (their favourite) and Mexico several times, on a few cruises and the big highlight, at age 78, visited their grandson and family in Vietnam. They also saw much of Canada and many of the States including New York and California.

We are all truly blessed to have had you as our Mom and Granny. How are we so lucky that of all the children in the world you chose us. We will miss you every day.

A memorial service will be held at a later date.

In lieu of flowers, donations can be made to Stefanson Hus Assisted Living, Gimli or a charity of your choice in Dodo's honour.

The family would like to thank the nurses, doctors and paramedics at both Gimli and Eriksdale Hospitals and the staff, especially Kristin, at Stefanson Hus. We are forever grateful for your kindness and caring of our dear mom.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



OBITUARY



Debby Lywak

It is with great sadness that we announce the peaceful passing of Debby on Wednesday, October 16, 2024, at the age of 65.

Left to cherish her memory is her daughter Andrea and son-in-law Irnie; grandchildren Vaeh and Tyler; step-son Garry and Cathy and their son Kevin; special nephew Cory and Kellie and their boys Finn and Ollie; special great-nephew Seth; siblings Dick, Rose and Sven, Vickie and Rick, Jim and Ina, Sandy and Chris, Holly and Tyler, Glenda and Jeff; in-laws Wayne, Lawrence and Shirley, Laurie and Brian, god-daughters Erin, Patti, Jenni, and Kimmy; aunts Shirley, Florence, Annie, Rachel, and Brenda; uncle Vernon; numerous nieces and nephews, great-nieces and nephews; cousins and her many friends.

She will be welcomed in heaven by her husband Ken, dad Roy, mom Milly, brother Chub, her grandparents, in-laws Bill and Elsie,

step-son Kevin and many special family members and friends.

Debby was a fun loving, compassionate person with a big heart. She had a great sense of humor and her laughter was contagious. She enjoyed camping at Beaver Creek, picking morel mushrooms, travelling and spending time with Ken, Andrea and Cory. She loved shopping trips to Winnipeg and US, Bingo, doing puzzles and going for rides.

Debby's world revolved around Andrea, then in 2013, Andrea and Irnie got married and Deb gained a son; they, along with Cory took a trip to Jamaica and have since been on many adventures to Alberta, Saskatchewan and all over Manitoba.

Her biggest joy was when she became a Gramma. Vaeh and Tyler became her whole world. She loved watching them grow and spoiled them rotten. She loved to watch Vaeh dance and Ty play hockey and soccer, she never missed a recital or game. She was very proud of her grandbabies.

The love she had for her Staples family was undeniable. She loved her siblings, nieces and nephews, and great nieces and nephews so much. She always loved family gatherings where we spent time together laughing and enjoying a home cooked meal. We will miss her daily messages to check up on everyone, she always knew the right thing to say to get a smile on your face.

She worked with Peguis Child and Family Services and NCN Wellness Centre for 30 years combined. More than the work, she loved her co-workers, everyone became her extended family. We are so thankful for those friendships throughout the years.

We would like to thank everyone who was there for her throughout her life, the doctors and nurses at the Heart Function Clinic, St. Boniface Hospital, and the Arborg Hospital. Special thanks to nurses Sophie, Christine, Michelle and Thomas for the loving care and compassion for her and our family during the last few months.

Her love, guidance, generosity and friendship will be greatly missed.

Funeral Service will be held on Thursday, October 24th, 2024 at the Poplarfield Community Centre, Poplarfield, Manitoba. Viewing from 12:00 – 1:00, service at 1:00. Lunch to follow. Interment at the Hodgson Cemetery, Hodgson Manitoba following lunch.

Funeral Arrangements by
Fisher Funeral Home

OBITUARY

John William (Bill) McKinnon

Peacefully, with his family by his side, John William (Bill) McKinnon passed away on October 17, 2024.

Bill leaves behind to cherish his memory, wife Judy; children Lyle and Jill; grandchildren Nathan and Elsa; daughter-in-law Charity and son-in-law Scott.

Sincere appreciation to our family, friends and healthcare workers for their incredible support.

In keeping with his wishes, cremation has taken place and no formal service will be held.

Tributes: www.gilbartfuneralhome.com



Gilbart Funeral Home,
Gimli in care of arrangements.



Your memory will live forever Engraved within our hearts

Classifieds Announcements



Book Your Classified Ad Today - Call 467-5836 or Email ads@expressweeklynews.ca

OBITUARY



In loving Memory of Hugh J. Harvey
December 7, 1925 – October 16, 2024

It is with broken hearts and profound sadness that we share the passing of our beloved father, Hugh James Harvey, who left us on October 16, 2024, at the age of 98. His deep love for his family, friends and animals has always been his life and will remain his legacy.

Hugh leaves behind to cherish his memories: his son, Hugh Malcolm Harvey, his daughter, Allison Ann Staff (Oli Olson), his many grandchildren and great-grandchildren, nieces, nephews and other family members.

He is predeceased by his wife Margaret Isabel Harvey and his daughter Catherine Candace Harvey, along with other family members.

Hugh was a generous person, always putting others before himself. He welcomed anyone with a smile and compassion rarely seen. Hugh adored and spoiled his grandchildren and great-grandchildren, and his love for his many animals over the years will go forever unmatched. He will be dearly missed.

A private family service is being held at the Arnason Funeral Home, Ashern, MB with a burial to follow in the Grahamdale Community Cemetery.

In lieu of flowers, donations may be made to the Stroke Recovery Association of Manitoba, Unit B, 247 Provencher Blvd, Winnipeg, MB R2H 0G6

Arrangements by:
ARNASON FUNERAL HOME
Ashern – Lundar
1-204-768-2072
1-866-323-3593

Your memory will live forever Engraved within our hearts

OBITUARY



Clarence Schick

Clare went home to be with His Lord and Saviour Jesus Christ on October 15, 2024 at the age of 84 years, beloved husband of Beverly.

Leaving behind his four children Darrel, Deborah (Chuck), Deanna and Dave (Jacklyn); his step children Shane (Michelle) and Cheryl; brothers Herb (Judith), Floyd (Laurene) and his sweet sister Lorraine (Joe).

Clare was known for his good nature and friendly smile, talking to anyone he met.

He was especially known for his impressive work ethic and his devotion to those he loved. He took great pleasure and enjoyment in attending many hockey games over the years.

We are very saddened by our loss of such a humble, kind man and will miss him dearly.

A family gathering will take place in honour of his life.

Till we meet again Clare, you will be greatly missed.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



Remember Your Loved Ones
with an Announcement in the
THE EXPRESS WEEKLY NEWS
Call 204-467-5836

GOETZ SIDING
• 5" Eavestrough • Soffit/Fascia
• Custom Cladding
(204)223-7740 goetzsidings@gmail.com

R.S. SATELLITE SYSTEMS
Sales - Installations - Service
Help With Bell TV and Internet &
Shaw Direct Satellite Systems.
Russell 204-376-2757
Arborg, MB

Advertising that Works!
To place your
BIZ CARD
call 204-467-5836

GRASS-FINISHED BEEF
Scott and Jenny Beaton Balmoral, MB
JACKFISH CREEK FARM
Jackfishcreekfarm.com
204-467-8510 jackfishcreekfarm@gmail.com

SHERLOCK TREE REMOVAL
Pruning • Stump Grinding • Chipper
Licensed Arborists
Fully Insured – Claim Free
30 years Experience
Vince 861-0487
Darren 861-0028

Get The Job Done!
Biz Cards
To Book A Biz Card
Call 204-467-5836

"From rust to riches, your scrap could be treasure with our unbeatable prices!"
Purchasers of ferrous/non-ferrous materials
Call Today
Unit 5, 325 Parkdale Rd, St. Andrews MB
info@eco-metallics.ca
Office: (204) 404-4747
ECO-METALLIC INDUSTRIES

J TECH AUTOMOTIVE
INTERLAKE'S USED CAR DEALER
Cars, SUV and Trucks for sale Financing Available!
Priced from \$5,000 and up
120B Center Ave W. Gimli 204-641-2526

WHEATHILL TRANSPORT
Grain & Fertilizer Hauling
Hauling Available for Manitoba & Saskatchewan
Harley @ 204-494-0824
Jerry @ 204-280-6261
wheathilltransport@gmail.com

Innovative Electric
Ph: 204-641-5266
Url: www.innovativeelectric-mb.ca
Email: matthew@innovativeelectric-mb.ca

CONVENIENCE
Grocery • Drinks • Snacks
• Coffee to Go • Ice • Firewood
• Fireworks • ATM • Greeting Cards
• Newspapers • Books • Pet Food
• Toys & more
SNACKS • LOTTO
20088 First Ave, Sandy Hook
OPEN YEAR ROUND 10AM - 6PM
7 DAYS A WEEK

PharmaChoice LUNDAR
You have QUESTIONS, We have ANSWERS!
• Prescriptions • Liquor Store
• Home Health Care Aids
• Snacks and more!
Advice for Life
LUNDAR PHARMACY 204-762-5431
18 Main St., Lundar

Everything you need to promote your business
Interlake Graphics
For all your printing and publishing needs
Call 204-467-5836

BNS EXCAVATING
• Design Services • Soil Analysis • Well & Septic Repairs
• Frozen Lines • Driveways • Culverts • Trenching
• Auger Drilling • Ice Dam Steaming • Septic Fields
Residential, Commercial & Industrial
Member of Manitoba Onsite Wastewater Management Assoc
BNSexcavating@hotmail.com (204)461-2856

ALICEROOFING LTD.
Complete Roofing Service
• Residential
• Agricultural
Licensed & Insured
www.aliceroofing.ca 204-757-9092

NEW VALLEY ROOFING & RENOVATIONS
Serving The Interlake
Henry Reimer 204-642-2551
BP & IKO Certified Roofer
henry.reimer@newvalleyroofing.com
newvalleyroofing.com

Cub Cadet[®]

0%

FINANCING*
FOR 24 MONTHS

From Sept. 15 - Oct. 31
receive 0% financing* for 24
months on select Cub Cadet[®]
2X[®] and 3X[®] Snow Blowers.

Delivery available
Huge selection in stock



IntelliPower™ engine technology delivers consistent power in heavy and wet snow conditions by digitally optimizing engine output to help provide a smooth and consistent experience in challenging conditions.

INTELLIPOWER[™]
OPTIMIZED PERFORMANCE

SHACHTAY
SALES & SERVICE LTD.
www.shachtay.com

204-376-5233

*Servicing the
Interlake for 58 Years!*

Arborg, Manitoba
Family Owned