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Gym kids

EXPRESS PHOTO BY RAYME THOMSON

Emmalee Dalman coaches students on the uneven bars at Dr. George Johnson Middle School Gym last Friday. GymKyds Gymnastics Centre is offering classes that support multiple age groups and ability levels on Fridays from Sept. 23 to Dec. 2. For more information, contact the Gimli rec director.

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Local breast cancer support group welcomes new members

Finding community in breast cancer awareness month

By Katelyn Boulanger

October is breast cancer awareness month, and for those battling or who have recovered from breast cancer, having a group of people who've been through a similar situation can be helpful. That's why the Selkirk & District Breast Cancer Support Group is always open to new members or people looking for information while fighting or being in remission from breast cancer.

"It's a peer support group that consists of women who have had breast cancer, either for a long time or are newly diagnosed, and what we do is we meet and we share the experiences that we are going through, and hopefully by doing that, then we can provide support for each other," said Wendy McLeary, co-founder of the group.

The group used to meet on the fourth Thursday of every month in person but since the pandemic hasn't yet gotten back to monthly meetings. They are making determinations about whether or not to meet depending on how COVID numbers are looking at the time. The people in the

group have to be cautious as people undergoing certain cancer treatments have a higher chance of being immunocompromised than the average Manitoban.

This month, however, when they have met in person, they've had plenty of time to make up for.

"We did our AGM in June, and we met in September, and then we're doing our potluck, which is genuinely what we do for October Awareness Month," said McLeary.

When they haven't met for official meetings, the group has also had members participating in the Terry Fox Run as well as the CIBC Run for the Cure.

"Our team the Selkirk Survivors was very small, but we were able to participate. That was the first in-person [event] since 2019. So, that was fun," she said.

Though the group gets out to many events together in the community, especially at this time of year, McLeary wants people who are seeking support to know that you don't have to take part in group activities or even come to a meeting to receive support.



EXPRESS PHOTO BY KATELYN BOULANGER

Some members of the Selkirk & District Breast Cancer Support Group at this year's CIBC Run for the Cure.

"I find when speaking with someone that, maybe depending on their age and their diagnosis, maybe they would like to connect with somebody that has gone through a similar situation [by phone]. You know, it can make a difference," she said.

It's also not a long-term commitment. If people seeking support would like to attend a handful of meetings and feel that they're OK with where they are, that's fine. In addition, if you find it helpful to continue to have the support and might even have found a new group of friends, some people have been with the group over 20

years.

If you aren't interested in this group but would like to support some groups and organizations that support breast cancer awareness this month, McLeary also has a few suggestions.

First of all, this month you can directly support the Selkirk & District Breast Cancer Support Group through local business Packers Women's Fashion. All this month when you try on a pair of French Dressing Jeans, residents are invited to sign their name on Packers' support sheet. For every

Continued on page 7



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In person meeting

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For more information, call (204) 642-4001
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Residents invited to see mural commemorating Chanie Wenjack

By Katelyn Boulanger

Many residents in Selkirk likely know of Gord Downie's project, Secret Path, which involves spreading the story of Chanie Wenjack through many media, including an album, an animated film and a graphic novel by Jeff Lemire. They also likely know that Chanie was 12 years old when he ran away from a residential school in Kenora, Ont., to go back to his family in 1966. He died of starvation and exposure with his body being discovered a week after his departure.

What residents might not yet know is that Selkirk will have a little part of the Secret Path project in our very own community as a mural commemorating Chanie's life and death is being unveiled on Oct. 22.

"It's a tragedy that's occurred and we never would like any of anything like this ever to happen again," said Joanie English, the president of the Interlake Art Board.

The idea for a mural like this in Selkirk came from Kathy Freeman who brought it to English's attention. When English learned about Chanie's story, she said that she felt really ill learning that something so tragic happened. She agreed with Freeman that this was something that should be in our community to bring awareness to what happened to the children who attended residential schools.

The mural was inspired by Lemire's graphic novel and designed by him, Elder Ruth Christie, Ashley Christiansen and Liz Laurin. It was painted by Christiansen, Laurin and Bobbie Sinclair.

English says that this mural is unique



EXPRESS PHOTO SUBMITTED BY THE INTERLAKE ART BOARD

Though this image is not what the final mural will look like, the mural contains images from Jeff Lemire's Secret Path graphic novel.

because it's the first mural that is part of the Secret Path project as the group was permitted by the Gord Downie Chanie Wenjack Fund and Jeff Lemire to use the copyrighted images from the Secret Path graphic novel.

She says it's important to have murals like this in our community.

"Not only does it draw awareness, but I think it's a continual reminder of something that should never have happened. And, in a way, it'll also allow us to remember never to let this happen again," said English.

The event unveiling the mural is open to the public and will take place at 11 a.m. at 176 Main St. (the old Husky gas station) on Oct. 22, rain or shine. English says that the idea behind the event, happening regardless of weather conditions, is to once again honour Chanie's journey as he walked many kilometers in the harsh October weather. The date of the event also coincides with the 56th anniversary of his passing.

Elder and knowledge keeper Cheryl Alexander will be emceeing the

event and Elder Ruth Christie will be speaking about the mural and telling Chanie's story. There will also be dancers, drumming and playing of Gord Downie's Secret Path music.

"We want to make sure it's commemorated and we would love all the public. They're all invited to come," said English.

This project was made possible with support from the Interlake Art Board, the Gord Downie Chanie Wenjack Fund, the Selkirk Community Arts Centre, the Selkirk Community Renewal Corporation, the provincial government, the Manitoba Arts Council and the federal government's Canada Heritage fund.

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FIND YOUR HEART IN MANITOBA

Fall in love with these trip ideas

As the seasons change and the temperatures drop, Manitoba shines with experiences for outdoor enthusiasts. Whether you prefer getting lost in a corn maze, taking a hike with your family or going on adrenaline-pumping adventures with friends, Manitoba offers a range of fall activities for all adventure types.



↑ St. Adolphe

FIND A CORN MAZE TO EXPLORE

When it comes to quintessential fall experiences, finding your way through a corn maze is right up there with sipping pumpkin spice lattes and hearing colourful leaves crunch beneath your boots. There are several options to choose from including A Maze in Corn in St. Adolphe, family-owned King Korn Maze near Notre Dame de Lourdes or Dear Meadow Farms northeast of Winnipeg in the RM of Springfield.

TAKE A HIKE IN RIDING MOUNTAIN NATIONAL PARK

Covering three different ecosystems—grasslands, upland boreal and eastern deciduous forests—Riding Mountain offers diverse terrain to explore and a variety of wildlife to discover. Find cozy places to stay and eat in Wasagaming, the townsite along Clear Lake, or at Elkhorn Resort just outside the park. Drive through Lake Audy to see bison in their natural habitat.

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Add a jolt of adrenaline to a fall day with an action-pack adventure to Hywire Zipline Adventures west of Pembina Valley Provincial Park. Hywire offers five or eight-line tours that have guests soaring 200 ft above the valley. It's guaranteed to produce hollers of excitement, and gorgeous changing-of-the-leaves views of Manitoba that make you forget you're in the prairies.



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Manitoba
CANADA'S HEART BEATS

PHOTO: MAY CONTAIN STUDIO

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Fifteen trees planted on deforested public reserve in Lake Forest

By Patricia Barrett

The Municipality of Gimli had trees planted on a public reserve in front of 9 Mary's Cove in Lake Forest a few weeks ago after residents had banded together and appealed to the RM to stop a property owner from destroying the reserve.

Residents said that over the course of a few years, the property owner had cut down trees, removed brush, periodically mowed regrowth then destroyed hundreds of saplings they had replanted, all in order to provide his property with a view of Lake Winnipeg. The public reserve lies about 20 feet from his deck, and he had cut an area of about 170 feet deep to the lake.

The RM came to an agreement with

the owner, Mr. Croy, to have him replant the same number of trees he claimed to have initially cut down and to stop mowing the grass on the reserve so that it could regenerate.

A resident who lives in the Lake Forest subdivision, which is about 13 kilometres north of Gimli, said the trees the owner was required to plant weren't "viable," and the RM arranged to have the new trees planted this month.

"Thankfully, the reserve wasn't mowed this summer, so tall prairie grass and native plants grew in. We hope it's left alone," said Kristin Knight, who was among the residents that had asked council to protect the reserve, which also has public walking trails. "There's still work to be

done to change the bylaw to prevent further mowing of the land and areas like this in the future, but [the tree-planting] is a good start."

The public reserve is owned by



EXPRESS PHOTOS SUBMITTED

The public reserve in front of 9 Mary's Cove, with one of the public trails, is slowly regenerating after the owner deforested it for lake view.



The RM had maples and other trees planted on the public reserve — which lies about 20 feet from the property owner's deck — a few weeks ago.

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Flag of Humanity raised and recognized by Government of Manitoba

By Patricia Barrett

The provincial government raised and officially recognized the Flag of Humanity, a symbol of peace and unity that Gimli resident Bruce Benson created over a decade ago and has taken to various countries around the world.

Benson and his two sons, Tiberius and Jake, raised the flag on Memorial Boulevard last Thursday, and later sat in the gallery as Interlake-Gimli MLA and agriculture minister Derek Johnson paid tribute to Benson and his message of peace.

"This is not the first time the province has raised the Flag of Humanity at the legislature, but this is the first time — thanks to Derek — that each MLA had a handheld flag on their desk. That was very cool," said Benson. "And it's the first time, to my knowledge, that the flag has been mentioned in the house amongst all the members."

Determined to spread the word of peace and unity around the world,



Benson (left) presented Johnson with a Flag of Humanity T-shirt.

Benson has taken the flag to various countries including China, Israel and the U.S. where he engages citizens in conversations about peace.

Benson's hometown of Gimli has flown the flag for about five years. The Ship & Plough pub in downtown Gimli also flies the flag.

The flag's mantra states: "No matter a person's religion, or lack thereof; no matter a person's skin colour, nationality or politics - these differences are nothing compared to what we have in common ... we are human."

Benson had been hiking with Tiberius along the Appalachian Trail in the eastern U.S. in 2008 when he started to wonder what kind world his son would inherit then realizing that conflicts are almost always based on differences between people. That's when he thought of creating a flag to unite them.

"It has been 14 years since I drew a flag in my journal around a campfire on the Appalachian Trail, and it's nice for the flag — and the meaning of the flag — to get this recognition," said Benson. "We've been promoting the flag for over a decade, and every time it resonates with someone, they say we need it more than ever. Every year it's needed more than ever when



EXPRESS PHOTOS COURTESY OF BRUCE BENSON

Bruce Benson (left) with Interlake-Gimli MLA and agriculture minister Derek Johnson at the legislature. Johnson paid tribute to Benson and his flag in the house and ensured all MLAs were given a handheld flag.

you look at what's happening around the world."

Johnson rose in the house and paid tribute to Benson.

"Madam Speaker, join me in recognizing and applauding Bruce Benson's quest to unite humanity and focus on our commonalities as humans and not on our differences so that we may pass on a better world to our children," he said.

Benson said he is grateful to Johnson and Johnson's Gimli office assistant Tammy Axelsson for getting the flag recognition at the provincial level.

"Right now, politics is such a divisive thing. It's becoming divisive in Canada, perhaps not so as it is in the U.S.," said Benson. "One thing we need to respect is that people can have a different opinion and that it should be allowed. It's great that all members of the house, Conservative, NDP and

Liberal, stood up and clapped for the concept of the flag."

Benson said he will continue to promote the flag and its message and take it with him on future journeys.

"My dream is that the Flag of Humanity will one day be flying over all nations of the earth," said Benson. "I highly doubt I will live to see it, but I will keep working towards that goal as long as I can."

For more information on the Flag of Humanity, visit www.theflagofhumanity.com



From left Bruce Benson with sons Tiberius and Jake. They raised the flag on Memorial Boulevard last Thursday morning.



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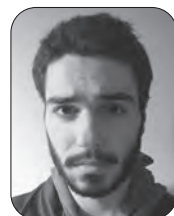
SEE HOW THEY RUN

Violence; Coarse Language **PG**

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at 8:00 pm Each Night

BLACK ADAM

Violence; Coarse Language **PG**

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NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS

Manitoba has highest COVID prevalence in Canada, hazard risk is high

By Patricia Barrett

Thirteen more Manitobans recently lost their lives to COVID-19 and the virus shows no signs of petering out.

The provincial government's weekly COVID surveillance report shows 13 deaths over the period Oct. 2-8 (Week 40).

There were 34 deaths reported in weeks 38 to 39, and 50 more since mid-August, bringing total deaths to 97 over roughly two months. Manitoba's COVID death toll now stands at 2,190.

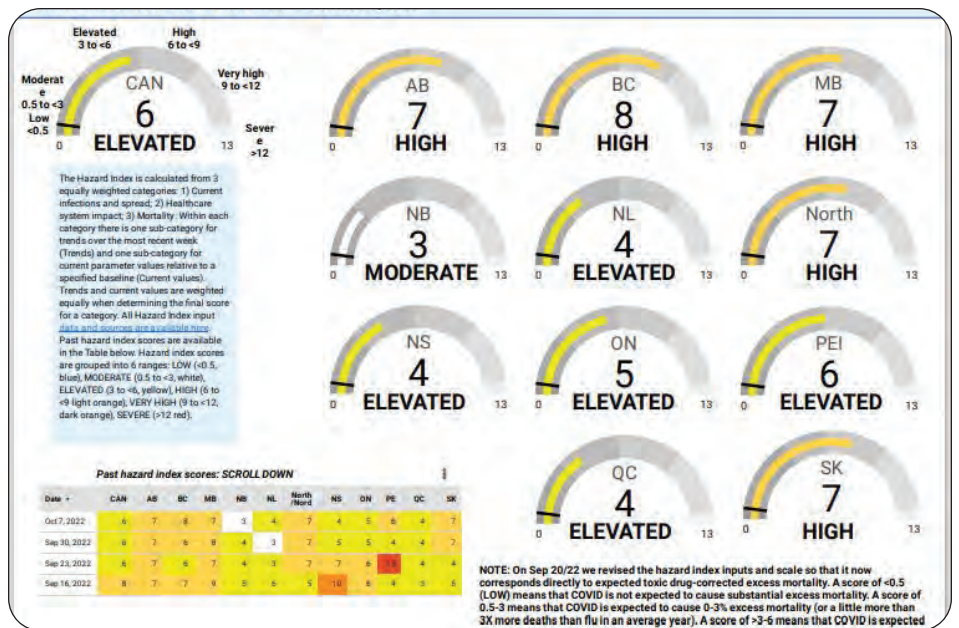
There were 73 hospitalizations from COVID in Week 40, of which 14 people required intervention in the intensive care unit. There were 77 hospitalizations, including 13 ICU admissions, in the previous week's report.

The provincial government doesn't report data that shows the total number of patients in hospital with COVID on any given day or week, making it difficult for the public to gauge the stress on Manitoba's already compromised health-care system.

The government also stopped providing (within its surveillance report) a list of COVID outbreaks in facilities such as personal care homes and hospitals.

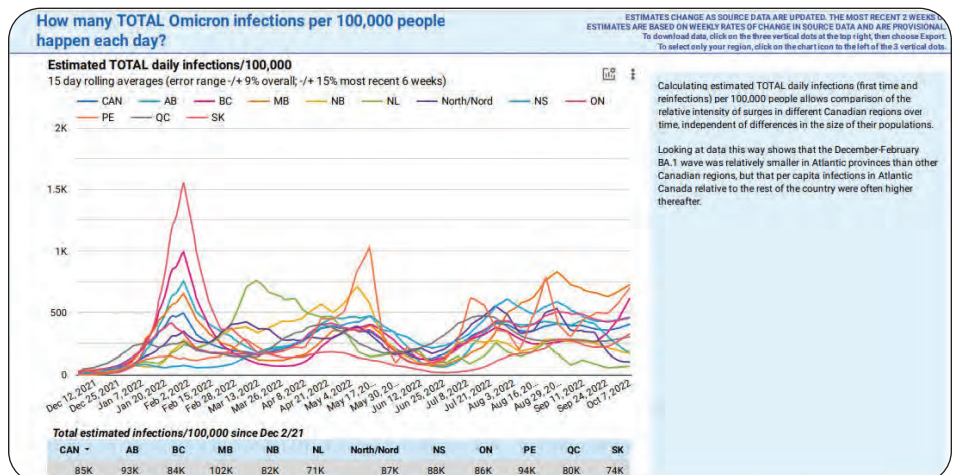
Based on the government's restricted laboratory-testing regime, there were 341 new COVID infections reported in Week 40, an increase of 36 cases over the previous week's report of 305 infections. The positivity rate increased to 24.1 per cent. It was 23.4 per cent the previous week.

Provincial infection data are an undercount and rapid antigen tests aren't tracked.



COVID-19 RESOURCES CANADA

Manitoba's COVID hazard risk is high, meaning COVID is expected to cause excess numbers of deaths.



As of Oct. 7, Manitoba leads the country in daily omicron infections. The province has led the country in daily infections since mid-August, according to the data.

The provincial government continues to set its COVID pandemic re-

Continued on page 24

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Letters to the Editor: letters@expressweeklynews.ca
Classifieds: classifieds@expressweeklynews.ca
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OUR EDITORIAL STAFF

Brian Bowman Sports Reporter
sports@expressweeklynews.ca
Patricia Barrett - Reporter/Photographer
Cell 204-407-6099 patricia@expressweeklynews.ca
Autumn Fehr - Reporter/Photographer
204-998-1993

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Stretching the season - fall boating presents risks

Lifesaving Society Manitoba

Whether you are enjoying the final days of fall on or near the water at Clear Lake, Pine Falls or the Whiteshell, Lifesaving Society Manitoba wants to remind you fall boating presents different challenges and risks.

Drowning can occur at any time of the year. In fact, one-third of drownings in Manitoba occur between the colder months, October to April.

"Warm weather during the day often allows us to extend cottage and boating season well into the fall, sometimes even until the end of October," says Stacey Grocholski, executive director of Lifesaving Society Manitoba. "But do not forget, the weather fluctuates with cooler nights resulting in cold water in our lakes, rivers and streams. Cold shock is a big concern for anyone who unexpectedly finds them self in the water. You can drown in seconds. Please wear your lifejacket or personal floatation device. Just having it in the boat often will not help in a sudden emergency."

The Weather – Check the forecast. The mix of warm and cold air can result in a strong wind and waves making it treacherous for small boats.

Fog can also be an issue. While daytime temperatures can still be warm, dressing for the water temperature can slow the onset of hypothermia if the unexpected happens and a boater finds them self in the water. Wearing an approved lifejacket or personal floatation device (PFD) is essential to staying afloat.

Communication – In the fall, there are fewer boats on the water to help. Boaters should leave a float plan with someone on shore who can act if they are overdue. Have a marine radio or cellphone available to call for help. Be sure the cellphone is stored in a waterproof case.

Being Prepared – Carry small tools and parts to fix minor problems to prevent being stranded. Boaters need to ensure their boat and engine are mechanically sound. The use of a fuel additive prevents water in the fuel line from freezing. If the boat has portable fuel tanks, it is a good idea to have a spare on board.

The Water – Boaters should be wary of reduced water levels after a long, hot and dry summer. They should also watch for debris and chunks of ice that could penetrate a boat's hull at high speed.

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NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS



EXPRESS PHOTO BY JACKIE SAURETTE

The province issued high wind-effect warnings for the south shores of Lake Winnipeg and Lake Manitoba as well as the shorelines near Gimli on the west and Victoria Beach on the east side of Lake Winnipeg last Friday. Manitoba Transportation and Infrastructure's Hydrologic Forecast Centre advised high winds developing early in the morning with northwest wind gusts up to 65 km/h. The wave action was predicted to raise water levels by as much as five feet or more.

> TREES, FROM PG. 4

the municipally. It serves as a protective buffer between Lake Winnipeg and private land. Property owners are not allowed to destroy it. The destruction of reserve land along the lake hastens shoreline erosion and puts properties at risk.

Residents said the owner destroyed the reserve in the fall of 2020 when he chopped down trees and cleared brush and again in the fall of 2021 after they planted hundreds of donated willow saplings, native grasses and wildflowers that summer.

Gimli Mayor Lynn Greenberg said the municipality had Minerva Tree Farm plant 15 trees on reserve this

month.

"The property owner had planted some," said Greenberg last week. "Our EMO (emergency measures coordinator) officer was looking after the issue and he made the arrangements with Minerva to plant the trees."

The municipality's chief administrative officer Kelly Cosgrove said a mix of tree species was planted: five linden, five maple autumn blaze and five hackberry trees.

"Fifteen trees were planted on the reserve at no cost to the municipality as per the agreement the RM made with the property owner," she said.

> NEW MEMBERS, FROM PG. 2

signature, the Packers will donate a dollar to the group.

Another event with a local connection is the Guardian Angel Benefit for Women's Cancer hosted by the CancerCare Manitoba Foundation. It's Manitoba's Largest Tea Party and takes place on Oct. 30. The local connection is that some of the teacups from the Garden on Eaton have been donated to the event.

"One of our longtime members, she had passed away in 2020, Karen Starke, and we were very close to her. And so, this year, her husband, [Herb

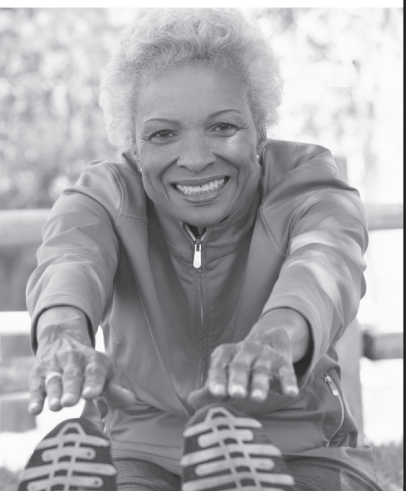
Starke] just happened to hear on the radio that they were looking for people to donate tea cups," said McLeary.

She looks forward to attending this event and possibly drinking from one of Starke's teacups. She also encourages anyone interested in going to attend.

If you or someone you know would benefit from connecting with this support group, contact McLeary at 204-785-2456 or mcleary@mymts.net. The group also has a bi-monthly newsletter, which you can sign up for.

Share your views

Building a Plan with Manitoba Seniors



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Manitoba 

Board of Venture Capital Fund to help Manitoba build strong future

Fund will restore hope and opportunity to aspiring entrepreneurs

Submitted by Manitoba government

Creating jobs and building an economy for Manitoba's next generations got a kick-start Monday with the appointment of the inaugural board of the province's Venture Capital Fund (VCF).

The five highly accomplished business leaders named to lead the VCF, an independent, professionally managed fund that will be instrumental in helping Manitoba-focused businesses grow and thrive, were welcomed by Premier Heather Stefanson and Economic Development, Investment and Trade Minister Cliff Cullen.

"Today our government takes a major step toward restoring hope and opportunity to young Manitobans who dream of creating and growing a new business in Manitoba," said Stefanson. "For 17 years, the previous administration ignored the venture capital drought in Manitoba and a generation of young Manitoba entrepreneurs were faced with a terrible choice: give up your dreams, or move to another province or country to pursue them. The result was a lost generation of gifted Manitobans who left the province. That drought ends permanently today."

The VCF was established with a \$50-million government invest-

ment, as part of Budget 2022's focus on building the economy, and will partner with private-sector capital to substantially expand the breadth of capital available for Manitoba-focused businesses. This initial \$50-million injection of capital into the fund is slated to grow to \$150 million over the next several years, creating even more opportunities for business owners with big ambitions, the premier noted.

The individuals appointed to the VCF board are:

- chair – Mike Pyle, CEO, Exchange Income Corporation (appointed by the Business Council of Manitoba);
- Marshall Ring, CEO, Manitoba Technology Accelerator (appointed by the Manitoba Technology Accelerator);
- Ray Bouchard, CEO, Enns Brothers (appointed by the Manitoba government); and
- Barb Gamey, chancellor, University of Winnipeg (appointed by the Manitoba government); and
- Steve Kroft, president, Falcon Capital Corporation (appointed by the Business Council of Manitoba).

"I am very excited to chair the Venture Capital Fund, which will help address capital availability to these companies which has not always been readily available in the past without leaving Manitoba," said Pyle. "Capital is the fuel for successful growing businesses and the Manitoba government's investment, alongside private equity, will enable powerful new businesses and rapidly growing companies to stay in our province, create

good jobs and increase our tax base."

Additionally, as part of Budget 2022, the Small Business Venture Capital Tax Credit has been made permanent. This tax credit provides a non-refundable Manitoba tax credit of up to 45 per cent to individuals and corporations who acquire equity capital in eligible Manitoba enterprises, Stefanson noted.

"The new Venture Capital Fund the Manitoba government has introduced fills a major gap in the financial ecosystem for startup companies in Manitoba and provides an additional level of security to ensure that businesses are able to continue to grow within Manitoba rather than be forced, due to capital needs, to move elsewhere," said Earl Gardiner, co-founder and board member, Cerebra. "In Cerebra's case, the innovation and desire started here in Manitoba with initial funding provided by the inventor. Accessing and utilizing the Manitoba government's Small Business Venture Capital Tax Credit program mobilized seed money from Manitoba investors, giving us the resources needed to get our products market ready and enter the early stages of commercialization. Now with the creation of Manitoba-based venture capital funding to the

ecosystem, companies like ours can more broadly and quickly scale our organizations, while ensuring we can keep Manitoba as our home base, creating good paying jobs for future generations."

Access to capital allows new businesses to start and existing businesses to grow and invest, which fuels strong, sustained economic growth throughout the province, Stefanson noted.

"We expect the Venture Capital Fund to act as a catalyst to attract proven venture capital funds and managers as well as additional capital to Manitoba. Manitoba companies need access to early stage and growth equity funding to start and grow while remaining in the province," said Cullen. "This fund and fund ecosystem it will help create will spark the creation of new, entrepreneur-led businesses that will fuel provincewide economic growth that supports the rural, urban and northern Manitoba economies."

The fund will complement Manitoba's existing range of strategic economic program investments, including the Small Business Venture Capital Tax Credit, the Interactive Digital Media Tax Credit and the Innovation Growth Program, Stefanson added.

"TODAY OUR GOVERNMENT TAKES A MAJOR STEP TOWARD RESTORING HOPE AND OPPORTUNITY TO YOUNG MANITOBBANS."

Community Support Service

Al-Anon Gimli and Winnipeg Beach

Meeting place
17B North Colonization Rd.
Gimli (Next to the New Horizons)

**Meetings are Wednesdays
between 7 and 8 p.m.**

Contact 204-389-4777

AA Winnipeg Beach

Lady of the Lake RC Church
Corner of Hwy. 9 and Lake Ave.,
Winnipeg Beach

**Meetings are Saturdays
between 7 and 8 p.m.**

Contact Ann J 204-389-3417

Gimli Group AA

Bldg 18 Municipal Rd
Industrial Park

**Fri & Sun Mtgs at 7:30 pm
Womens Mtgs Thurs at 10:30 am**

letter to the editor

Letters to the Editor: letters@expressweeklynews.ca

Pots & kettles

So, Premier Heather Stefanson is "exceedingly concerned for Manitoba when it comes to the federal government imposing things in areas of provincial jurisdiction." She "hasn't ruled out borrowing a page from the new Alberta premier to protect Manitoba's jurisdiction and interests from interference by the federal gov-

ernment." *Wpg Free Press*, Oct. 13)

However, she had no such concern when the Pallister government passed Bill 19 that permits the provincial government to "impose things" in areas of municipal jurisdiction. That bill stripped away the protection of democratically elected municipal councils' jurisdiction over land use decisions, notably conditional use permitting involving In-

tensive Livestock Operations (ILOs).

Now, when a municipal council rejects an ILO application or imposes conditions the applicant does not like, these decisions are subject to being trashed by an appeal to the provincially appointed, unelected Municipal Board.

How many ways can you spell hypocrisy?

- John Fefchak, Virden

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@expressweeklynews.ca. Please include your name, address, and phone number for confirmation purposes.

Westshore Community Foundation donor appreciation and awards

submitted by Tim Arnason

Westshore Community Foundation (WCF) celebrated its 16th Annual Donor Appreciation and Awards Night on Oct. 7, 2022, at the Lakeview Gimli Resort. This was a wonderful evening, which gives us an opportunity not only to thank our donors, partners and sponsors but also to announce our 2022 grant recipients and celebrate the achievements of our many scholarship recipients.

The ongoing support we receive from our donors, sponsors and partners strengthens our commitment to deliver on our mandate of "Building a Lasting Legacy" throughout our catchment area. We draw strength through this support and our resolve to continue our growth has never been stronger. This event gives us another opportunity to acknowledge and thank all of you.

Director Teri Nicholson, on behalf of our Grant Committee, announced the grant recipients for 2022, which included 18 community organizations that were granted a total of \$46,400. Director and scholarship chairperson Darlene Devlin of the Scholarship Committee then presented the 2022 scholarship awards, which included 16 scholars being awarded a total of \$32,171. Several representatives from grant recipient organizations, as well as a majority of scholarship recipients and family members, attended the evening celebrations. Listening to the positive impact our support provides to these deserving organizations and individuals further motivates our volunteer board of directors to continue our work.

WCF president Dave Douglas gave greetings on



EXPRESS PHOTO SUBMITTED

This year's Westshore Community Foundation scholarship winners.

behalf of the board, and the evening was expertly guided along by director and events chairperson Rosanna Cuthbert. Our administrative co-ordinator Krista Narfason provided her valuable background work and support, and Lakeview Resort Gimli pre-

sented robust and delicious appetizers.

This was a very successful and enjoyable evening and we thank our sponsors Access Credit Union and Lakeview Resort Gimli.

MP Bezan appointed as Shadow Minister for National Defence

Submitted

James Bezan, member of Parliament for Selkirk-Interlake-Eastman, released the following statement on the announcement by Conservative Leader Pierre Poilievre on his new Shadow Cabinet team:

"I am honoured to be appointed by Pierre Poilievre to his Shadow Cabinet as Shadow Minister of National Defence.

"It is a privilege to serve on the Defence file again and support our heroes, the members of the Canadian Armed Forces, as they keep Canada the true north, strong and free. I have been in this role in the past and I am continuously inspired by the service and sacrifices made by our soldiers, sailors and aircrew, as well as their families, every day.

"Congratulations to all my colleagues who received their appointments to our Conservative Shadow Cabinet team. Pierre has put together a strong, hard-working team to tackle inflation, fight Justin Trudeau's tax hikes and hold this Liberal govern-



Selkirk-Interlake-Eastman
James Bezan MP

ment to account.

"I am proud to serve the great people of Selkirk-Interlake-Eastman. Our Conservative team is committed to making life more affordable for Canadian families like yours and ensuring that you benefit from the fruits of your labour."

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AccessibilityMB.ca

Manitoba

Lakeside MLA won't run in 2023 provincial election

By Jennifer McFee

The Lakeside constituency is nearing the end of an era that will have spanned more than two decades.

Long-standing MLA Ralph Eichler announced last week that he won't seek re-election in the 2023 provincial election. First elected as Lakeside's member of parliament in 2003, Eichler was subsequently re-elected in 2007, 2011, 2016 and 2019.

As a member of the Progressive Conservative caucus, Eichler is well known for his service as the minister of agriculture and resource management, as well as the minister of economic development and training.

Outside the political realm, he gained experience in various areas, including as the owner of an agriculture-supply business and as an administrator for the Interlake School Division. He's also a familiar face at countless local events where he often showcases his skills as an auctioneer.

"It's been an honour to serve and give back to the community. In June of next year, it will be exactly 20 years. The reason I ran in the very first place was to create some jobs and opportunities to keep my children and everybody's children in Manitoba," said 72-year-old Eichler. "We were able to attract businesses and new investment to Manitoba. We've also attracted immigration to the province, and they're bringing their investment, talent and new ideas with them. I've always been a strong believer in immigration, and I also want to keep jobs for families to stay here and watch their children grow and prosper."

Looking back on his two decades of service, Eichler is quick to comment on one impactful achievement.

"Probably the No. 1 accomplishment that I feel that I brought to Manitoba is our protein strategy. We were the first province or state in North America to have a protein strategy. It included animal protein and set the stage for the plant protein," he said. "So, being the leader, now other jurisdictions are following us. We would not have had a lot of those businesses come and invest in Manitoba if we did not have that protein strategy."

He's also pleased with a recent highway announcement that was decades in the making. In

Road 227. The project includes \$60 million to pave about 72 kilometres of PR 227 between provincial trunk highways 16 and 6. The remaining \$10 million will go towards three bridge projects along the route.

"It's in the budget, and it will get paved in the next few years. I talked about that when I ran in 2003, so it took me two decades to finally convince my colleagues and the federal government that it's a priority," he said. "That will be a real boost for all the communities from Whitemouth to Beausejour to Selkirk to Stonewall to Warren and so on. It will really help take a lot of traffic off Highway 1, which will be a great thing."

During his last year as MLA, Eichler hopes to complete a few more projects in the works, although he can't provide any details yet.

"There are some things I'm really hoping we can announce in the next three to five months," he said. "A lot those things are for Lakeside, and I'd like to put a bow on them and wrap them up before my time is up."

Looking ahead, Eichler doesn't plan to slow down much after he steps down from provincial politics.

"I've got a bucket list. I've got three children and three grandchildren, and I want to spend some time with them. I'm a motorcycle enthusiast and I like to ride my motorcycle. We have a property in the south that's been rented out. I want to be able to spend some time there in the wintertime. I lost 40-some pounds and my doctors have given me a clear bill of health. I've never felt so healthy in all my life," he said. "I'll probably also do some consulting work. I know lots about attracting business, growing business, agriculture. I think there's an opportunity for me to continue to help the economic part of our economy and grow our agriculture sector."

When he reflects on his time serving the community, Eichler sees many positives, even when times are tough.

"COVID had a huge impact on how we do business inter-provincially and internationally," he said. "Due to travel restrictions, the existence of relationships developed prior to the pandemic proved vital to continuing the momentum we had started. The use of Zoom and Teams meetings transformed how we conduct businesses at every level."

Overall, the people are what he's enjoyed the most.

"As much as people yell at you about different things that they are passionate about, most people are shocked that I call them back. A good way to keep connected to your constituents is to demonstrate a sincere interest in local affairs. Networking



EXPRESS PHOTO SUBMITTED

MLA Ralph Eichler announced that he won't be seeking re-election in the 2023 provincial election.

with local government bodies is crucial. I've attended many council meetings throughout Lakeside over the years," he said. "I don't want to ever hide behind the telephone. I think it's wrong not to have the courtesy to call back. Most of the time, it's not even something you did, and a lot of it you can't do anything about. But I still make the effort to call everybody back."

Based on his extensive experience, Eichler offers a few wise words for other candidates who might consider running for the role.

"You should not put your name on the ballot if you're not going to finish your term. A lot of people use it as a stepping stone to jump to federal politics. In my two decades of serving, I saw it a lot. In my mind, you should wait until the next election. Byelections are very expensive," he said.

"I want Lakeside to have time to find a good candidate to carry on the good work. It takes time to find the right person. If you have a heart to serve, to give back to your province and to create some opportunities in Manitoba, then consider it."

RE-ELECT

Colin Bjarnason

for councillor
Bifrost/Riverton

Resident of Ward 6 Riverton.

Experience &
Dependability of 36 years.
Committed to addressing
tax payers concerns.

**On Wednesday,
October 26th
VOTE**

**Colin
BJARNASON**



August, the provincial government committed nearly \$70 million to upgrade Provincial



Dr. Saman Nour

Interlake-Eastern RHA welcomes Dr. Saman Nour to Eriksdale and Ashern

Dr. Saman Nour is accepting new patients at Eriksdale Wellness Centre. In addition to providing clinic, hospital and emergency department coverage Eriksdale, starting in November, he will also be providing emergency department coverage in Ashern as well.

To make an appointment with Dr. Nour please
call Eriksdale Wellness Centre at 204-739-2672.



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Regional Health Authority

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A dinner and a show with the New Iceland Heritage Museum

Cabaret fall fundraiser event Oct. 22

By Autumn Fehr

Come out for dinner and a show and support your local heritage museum.

On Oct. 22, come out to Johnson Hall Waterfront Centre on the top floor for dinner and a show in support of the New Iceland Heritage Museum (NIHM).

The cabaret event is the NIHM's annual fall fundraiser, the biggest fundraising event they hold.

"The event is important to the community in that it's also important to the museum. We tell the story of the settlement of the Icelanders here in New Iceland. We also are key players in community partnerships. We partner with lots of local non-profits and lots of groups in offering events and co-sponsoring events," said Julianna Roberts, executive director at the New Iceland Heritage Museum.

The museum is a not-for-profit organization that operates on donations and fundraising. The funds from the annual event go to keeping the museum running.

"It's going to be helpful for the museum to continue to operate as we do

here in the community," said Roberts.

Since 2005, the NIHM has been putting on their annual fall fundraiser event, and there has been one every year other than the COVID-19 years, 2020 and 2021.

"We try to do different themes to keep it new and interesting," said Roberts.

The evening starts with cocktails at 6 p.m., followed by a catered, sit-down roast beef dinner and dessert beginning at 7 p.m.

After dinner, there will be a show.

Four local performers will lead the evening's entertainment: Jasmine Henry, a jazz vocalist; Brady Collins, a violinist; Sage Stoyanowski, a singer; and Thora Palson, a storyteller.

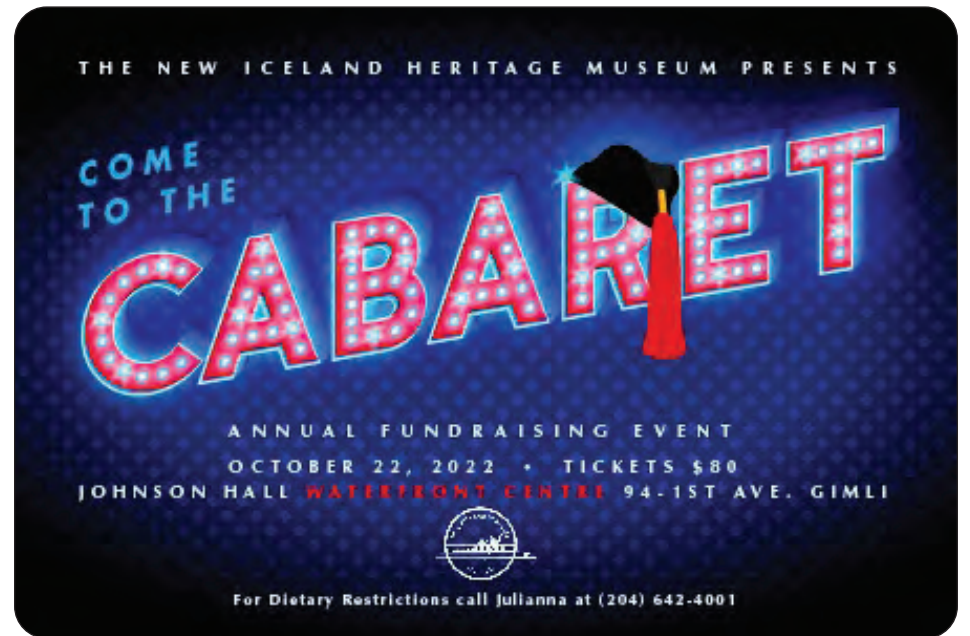
"It's always good for the performers to have an audience. They invest a lot of time and effort in perfecting their craft, and it's always wonderful that they get to have an audience that appreciates what they do.

All four local artists are donating their time to perform for the fundraiser.

"They've been very generous with their time," said Roberts.

There will be a silent auction and a silent bid auction as well.

Some prizes include an Icelandic sweater and a fused-glass Viking ship.



EXPRESS PHOTO SUBMITTED

The New Iceland Heritage Museum is hosting a cabaret on Oct. 22.

Local artists and crafters donate all of the items for the silent auction and silent bid auction.

There will also be a table with local artifacts where guests can see if they can identify them, as the museum doesn't know what they are, so they are hoping guests may be able to identify them, said Roberts.

"We hope for a full house. We hope there is a lot of interest in our silent

bid auction items because they are valued at about \$500 each, so we're hoping to raise funds for the museum to operate," she said.

Tickets are \$80, with a \$50 tax receipt for each.

They can be purchased at the museum or they can be reserved to be purchased at the door by calling the museum at 204-642-4001.

Vote 2022 - Get to know your reeve: RM of Coldwell



Norman Nikkel
for Coldwell reeve

1. In your opinion, what is the No. 1 issue facing your town/municipality?

My opinion on priority issues is formed by listening to a large number of voters. Most concerns are centred on having a more unified and accountable council that will advance the

needs of our community.

2. What single municipal project is in most need of completion?

There are many issues that we must address in our community. We need to support our seniors with housing alternatives, advocate for enhanced health-care services and improve our infrastructure.

3. What is your four-year vision for your municipality?

Over the next four years, we need a council that is unified, forward-looking and accountable to the taxpayers it serves. Once we achieve that, we can create an environment that will allow our community to address the many is-

sues we face and move forward together.

4. What would be your 20-year vision for your municipality?

Envisioning our municipality 20 years from now is challenging because we live in a rapidly changing world. I can see that our municipality with our beaches, business and agricultural base could, with significant effort and planning, be able to continue to grow into a more vibrant, thriving place to live, work, raise a family and enjoy retirement.

Nikkel is running against Virgil Johnson, who did not respond to the Express's request for an interview.



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Manitoba

Get paid to taste donuts

By Jennifer McFee

Do you consider yourself a donut connoisseur?

Then you might just have a chance at landing your dream job.

"We're looking for four people to be our very first Tim Hortons donuts tester," said Ben Treanor, digital PR manager for Time2Play, which is putting on the contest.

"This is a Canada-wide search for anyone who thinks they have what it takes to test these donuts."

The chosen donut testers will be given a Tim Hortons gift card to buy the required donuts.

"Then we're asking them to taste and rank them all," Treanor said.

"We hope all of our applicants have

a big appetite. We'd also like to hear from folks with a sweet tooth and a discerning palate."

Sweetening the deal, each winner will also be paid \$500.

All residents of Canada who are over 21 years of age can apply at <https://time2play.com/ca-en/blog/tim-hortons-donut-tester/>.

"When entering the contest, applicants are asked to tell us why they would make a great donut tester," Treanor said.

"Once the contest is over, we'll read through the responses and make our decision."

So far, more than 5,000 people have applied. Entries will be accepted until Oct. 31.

AITC-M hires new Executive Director

Submitted by Agriculture in the Classroom

Agriculture in the Classroom - Manitoba's Board of Directors has announced that Katharine Cherewyk will serve as the organization's next Executive Director, effective immediately. Sue Clayton left the role to become Director of the School of Agriculture at the University of Manitoba on Sept. 30.

"Katharine is a strategic leader who understands the critical role education plays in connecting students with the food they eat and the people who produce it," says Laura Holtman, Chair, Board of Directors, AITC-M.

"Her talent for visionary think-

ing and relationship-building have helped AITC-M increase its reach in more geographical locations than ever before. We're very excited about what the future holds."

Since 2018, Cherewyk played an integral role as AITC-M's Operations and Development Manager. She brings nearly 20 years of experience in communications, fundraising, strategic planning, partnership-building, and project management. She is a small business owner, has experience working with and in Indigenous communities in Canada and has worked as a researcher in various scientific institutions. A seasoned executive

time2play

NOW HIRING

Tim Hortons DONUT TESTER

Just in time for those fall flavours: we'll buy you every donut from **Tim Hortons** and pay you **\$500** to taste and rate them all!

We're looking for **four confectionary connoisseurs** to taste every single donut and Timbit sold at your local Timmie's and rank them from best to worst.

What are we looking for in applicants?

- Dedication to donuts
- Sophisticated-ish palate
- Sweet tooth
- Decision maker
- Big appetite

WINNING APPLICANTS will receive a **\$50 Tim Card** and a bonus of **\$500** upon completing their testing duties

Read the complete rules and apply now

Applications are open until October 31, 2022

PHOTO SUBMITTED

Tim Hortons is accepting entries for Donut Tester until Oct. 31.

coach, she was also the founding partner of a local fundraising firm focused on capital campaign development and implementation.

"I've been a passionate advocate for AITC-M's cause since I started my journey in agriculture, working towards the North Star goal that all Manitoba students graduating from high school are agriculturally literate citizens," says Cherewyk.

"I'm excited to work with our incredible team to strengthen AITC-M's presence in the province, demonstrate our impact in new ways and position AITC-M as a key partner in the long-term growth strategy of the agriculture indus-



Katharine Cherewyk

try."

Cherewyk plays an important part of AITC-M's success as it reaches more teachers every year in every school division in Manitoba with the development of new resources and programs.

Continued on page 14

ELECT

YORGA, JILLIAN

School Trustee, Ward 2

- ✓ I have a Bachelor of Science in Actuarial Science and a Master of Business Administration
- ✓ My husband and I have 3 children (soon to be 4) enrolled in schools in Gimli
- ✓ I have experience on boards as well as reporting to boards
- ✓ I am hardworking, direct, open-minded and honest
- ✓ I believe in safeguarding the interests of all students so every child receives a high quality education

VOTE

VOTE Wednesday, October 26th, 8:00 a.m. to 8:00 p.m.

Gimli New Horizons 55+ Centre - 17 N Colonization Rd, Gimli
 Fraserwood Hall - 10140 PR 231, Fraserwood
 Arnes Community Hall - 20005 Arnes Rd, Arnes
 Winnipeg Beach Community Centre - 32 Hamilton St, Wpg Beach

I believe in the value of public education, not only for our children but the benefit it has for the community as a whole. I would represent the interests of the constituents because I have the education, willingness, open-mindedness and the desire to serve the community effectively and transparently.

VOTE

Norman Nikkel

for Reeve R.M. Coldwell

A proven leader, effective communicator experienced in working cooperatively to develop and enact policies that achieve a shared vision.

On Wednesday, October 26

NIKKEL, NORMAN

X

Vote 2022 - Get to know your mayor: RM of Gimli



Lynn Greenberg

1. In your opinion what is the No. 1 issue facing your town/municipality?

With the rising cost of living, we need to tighten our belts because families and senior citizens on fixed incomes cannot afford higher taxes. Having honesty and integrity while being accessible and accountable is paramount when in the role of a community leader.

2. What single municipal project is in most need of completion?

Continuing to advocate, pursue and lobby senior governments for infrastructure dollars to improve the quality of life and sustainability for our community while protecting the investment of all our property owners.

3. What is your four-year vision for your municipality?

Open communication and cooperation with community groups to build a strong RM of Gimli while being accessible, accountable and holding the line on expenditures.

4. What would be your 20-year vision for your municipality?

The planning and decisions we make today to support growth in industry, tourism and housing will encourage retail and service businesses to locate in the RM of Gimli and will result in an increased population and more jobs over 20 years.



Kevin Chudd

1. In your opinion what is the No. 1 issue facing your town/municipality?

The restoration of community pride and positive community spirit must be councils immediate challenge. This can only be accomplished if we all, and I mean all of us, work together. Community groups, volunteers, Chamber of Commerce, business owners, seasonal and permanent residents, community youth along with strong leadership from mayor and council.

2. What single municipal project is in most need of completion?

Repairing the road washout at Silber Harbour, now remarkably in its sixth month. This must become an urgent council priority.

3. What is your four-year vision for your municipality?

Getting back to the basics and implement standard operating procedures, beautifying and cleaning up the municipal

ity, strengthening the Central Business District and Industrial Park ensuring that Gimli citizens have access to affordable and comfortable housing, developing Green Active Transportation promenades that connect our Community of Communities together and building a central youth drop-in centre.

4. What would be your 20-year vision for your municipality?

Dominant in our long-term

vision would be our role as environmental stewards protecting our lake and our ground water through the best available environmental management of liquid and solid waste and recycling. Establishment of a Lake Winnipeg Waterfront Authority and a world-class Lake Winnipeg multi-use interpretive centre at the former Gimli Lagoon site would be special projects to bring to reality.



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Red River

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CALL FOR DIRECTOR NOMINATIONS

At over 320,000 strong, the Red River Co-op membership represent a broad cross-section of our community. We are committed to a

DIVERSE, INCLUSIVE, & EQUITABLE ENVIRONMENT where all board members, employees, and members feel respected and valued for who they are and the perspective they bring.

For more information and the REQUEST FOR NOMINATION form visit our website, redriverco-op.crs 204.631.4600 to speak with the Elections Officer. Deadline: 4:30pm, November 28, 2022

Vote 2022 - Get to know your reeve: Bifrost-Riverton



Brian Johnson

1. In your opinion what is the No. 1 issue facing your town/municipality?

With prioritizing issues, I cannot pick one topic as the most important. There are so many issues of equal importance including: Provincial collaboration on the items of health care, senior and residential housing, and third order drains; in addition to the municipal responsibilities of maintaining our infrastructure like our roads and drainage networks, and our multiple recreational assets.

2. What single municipal project is in most need of completion?

The Municipality of Bifrost-Riverton endured a disastrous spring created by unpredicted multiple Colorado Low weather systems. Though repairs have been underway since the day the rains and snow stopped, we need to see the Disaster Financial Assisted repairs through to completion.

3. What is your four-year vision for your municipality?

Working with all levels of government, in addition to private industry,

to identify and accommodate the services required to continue the expansion of the municipal assessment base by building prosperity through the entirety of the Bifrost-Riverton region.

4. What would be your 20-year vision for your municipality?

It would be to build on our attributes with long-term vision leading to being the municipal government being well-run and the most prosperous it could be.

**REMEMBER TO VOTE
WEDNESDAY,
OCTOBER 26TH**



ALL COVID RULES APPLY

Lic #318

Fraserwood Hall

Friday Nights 7:15 PM

October 21, 2022

Breakopens 50/50

5 Share The Wealth Games

15 Regular Games @ \$60.00

(reduced games with low attendance)

JACKPOT	\$3,275.00
FIRST SPECIAL	\$2,859.00 +
BONANZA	\$1,489.00 +
LUCKY 7	\$106.00 +
STAR	\$1,222.00 +
WEEHOUSE	\$1,605.00 +
HOUDINI	\$246.00 +
LOONIE POT	\$0.00 +

(Estimated amounts at time of publication)

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Lic # LGA 318-RF

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with draw to follow

\$2.00/ticket Current Accumulator - \$655.00+

CANTEEN - OPENS @ 5PM

Perogies, hamburgers, hotdogs, desserts, etc

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204-643-5541 or www.fraserwoodhall.com

Hall Rental & Commercial Kitchen Rentals

Please contact Amanda at 204-847-0677

Ladies Night

Sat. Oct. 22, 2022 cocktails 5pm dinner 6pm,

Lasagna dinner, silent auction, DJ, Psychic

medium available by separate booking, Fraserwood

Fire Dept. Live Auction for information and tickets

contact Amanda 204-847-0677,

Cindy 204-376-2569, Dawn 431-688-2225.

Craft & Bake Sale

Sat. Nov. 12, 2022 10am to 3pm.

Canteen open.

For info contact Yvonne 204 642 5352.

Old Time Dance

Sunday Nov. 13, 2022

music by Country Pride Admission \$20 call

Lois 204 643 5541 or Brandy 204 643 5230

to reserve your ticket.



Dave Schott

1. In your opinion what is the No. 1 issue facing your town/municipality?

As a council, we need to focus on

building stronger relationships within the borders of our RM, neighbouring communities, and the Province of Manitoba. When we embrace transparency and focus on building unity, we can create sustainable change and the resulting successes that accompany it, now and into the future.

2. What single municipal project is in most need of completion?

A long-term focus on economic development, including opportunities along the shores of Lake Winnipeg, the Icelandic River, natural resources, and industrial partnerships. This will create sustainable revenue streams, all which support a financially responsible municipality.

3. What is your four-year vision for your municipality?

In my previous 12 years serving on municipal council, we focused on

improving infrastructure and fiscal responsibility. Looking ahead, I will continue to bring attention to these issues, working specifically on development, industrial partnerships, and sewer and water to support both new development and existing infrastructure.

4. What would be your 20-year vision for your municipality?

With a unified vision and clear direction, we can support the long-term growth of our communities including our ag sector, industrial partnerships, small business and new developments. When we work together to improve our communities with a holistic approach, the results are tangible, like the creation of new jobs, sustainable revenue streams and new opportunities, all of which will help ensure the prosperity of our communities for generations to come.

> CLASSROOM, FROM PG. 12

"I am proud of the team we've built and feel extremely fortunate to be a part of the success that we have accomplished over the past five years", says Cherewyk. "We are continuing to expand the network who support the work we do. I'm excited to build on this momentum and look

forward to exploring new opportunities with teachers, students and industry partners."

Cherewyk graduated with a Master of Science and a Bachelor of Science in Agriculture (Agroecology) degree from the University of Manitoba and sits on the board of the Steinbach Community Foundation and Endow Manitoba Provincial Advisory Board. She has a Graduate Certificate in Executive Coaching from Royal Roads University and is a member of the International Coach Federation.

RE-ELECT



**THEODORE (TED)
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COUNCILLOR**

WARD 3 R.M. OF ARMSTRONG

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VOTE

WEDNESDAY, OCTOBER 26, 2022

Evergreen School Division

Election Day

Wednesday October 26 8am - 8pm

Arborg Community Hall
Ames Community Hall
Fraserwood Community Hall
Riverton Community Hall

A vote for me is a vote for continued advocacy - supporting all students to succeed and thrive.

☒ Re-elect Penny Helgason
School Trustee - Ward 1

Children are at the heart of everything I do.

Your FARM



Appropriate Technologies builds their first tractor in South Sudan



Team members in South Sudan in the shop work through the concept stage to work towards mass production of tractors for the farmers in East Africa.

By Autumn Fehr

After a long road and journey, Brian and Ruth Dyck of Appropriate Technologies manufactured their first riding tractor in South Sudan.

The tractor was manufactured in partnership with Sudan Fellowship Mission (SFM).

Appropriate Technologies is a small organization in the process of reaching a manufacturing scale to build multiple small riding tractors to distribute to non-government organizations, farmer co-ops and individual farmers that are easy to make, low cost and easy to maintain.

"What we do is a little bit of a struggle at times because we're constantly having to employ thinking outside the box solutions to the design and manufacturing problems we have because of the lack of economic infrastructure here, but we want to build a tractor that is easy to build, relatively low cost and is very very easy to maintain," said Brian.

Brian works in best agriculture practices, focuses on appropriate technology, and tries to create an entry point to mechanized farming for the people of East Africa.

The organization started with Brian and his two friends from Gunton and Marquette. They were Brian's dream team in building the first tractor.

He started as a production farmer, growing more food than his family could consume. He had been farming for 20 years.

Brian and Ruth are missionaries with Equip Canada from Riverton,

Man.

They have always felt called towards missions set out by the Lord and wanted to find ways to bring the Gospel no matter where they were.

In Aug. 2015, Brian accepted a two-year position in South Sudan close to the Uganda border to manage a farm project, similar to how they farm in Manitoba.

For the couple, this was something they felt the Lord had called them to do.

Nine months into their agreement, a civil war erupted. They left South Sudan just before the conflict and



EXPRESS PHOTOS SUBMITTED

The first tractor that Brian and Ruth Dyck from Appropriate Technologies built in Canada for farmers in East Africa.

couldn't return.

When the war took place, their whole process was lost. Everything was looted through the war happening in South Sudan.

"I had much time for reflection. I'm a Western Canadian farmer. I only know how to farm on a relatively large scale, and when I saw the small-holder farmers here, I thought what we were trying to do was good as far as food production was concerned, but it wasn't good in terms of empowering the small farmers," said Brian.

After experimenting and going through the process, consulting farm-



One of Brian Dyck's team members in South Sudan sanding off the rust in preparation for painting.

ers and partners in Africa, they figured a small riding tractor was the best to help African farmers.

Continued on page 19



OCTOBER CONSIGNMENT SALE 2022

ITEMS ARE AVAILABLE TO VIEW OCTOBER 18TH - 26TH FROM 9AM TO 5PM
BIDDING STARTS OCTOBER 27TH AT 9AM AND LOTS START CLOSING NOVEMBER 3RD AT 10AM

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your FARM



Mason Farms prepares to celebrate 75 years

By Jennifer McFee

A family of dairy farmers is milking the excitement as they prepare to celebrate the farm's 75th anniversary next year.

Mason Farms, located in Oak Point, launched in 1948 by Nelson and Anna Mason, who started off by milking five or six cows. Over time, the couple passed the farm down to their son Ken and daughter-in-law Sylvia, who took over the farm in 1967 and installed a pipeline milking system in 1973. Looking back, Ken — who remains involved today at age 84 — remembers milking about 20 cows by hand with the help of his sisters and parents, which took about two hours.

Today, Ken's son Darcy and daughter-in-law Lanna are the current owners of the enterprise, which milks 60 registered Holstein cows.



Laila Mason takes a turn feeding one of the calves.

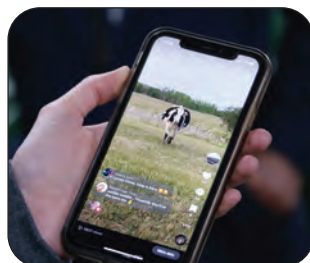
The long-standing lineage seems poised to continue with Darcy and Lanna's own children.

"Our son Andrew is currently enrolled in his second year of the dairy science program at Lakeland College in Vermilion, Alta. His intentions are to return to the farm after graduation," Lanna said.

"Our daughter Laila is currently in Grade 10 and has taken a real interest in working with the dairy cattle. They will be the fourth generation involved in the farm."



Laila shows Grandpa a TikTok video that she filmed on the farm.



At Mason Farms, each morning starts at 6 a.m. when the family undertakes chores like cleaning stalls and feeding calves.

"Since the installation of the



PHOTOS BY LANA MEIER

The Mason family, from left to right, Darcy, Ken, Laila, Lanna and Andrew.

automated milking system nine years ago, chores are a little more flexible," Lanna said.

"However, the cows and calves still require consistent care 365 days a year."

When needed, the family uses antibiotics on their farm to maintain the health of their cattle.

"Antibiotics are prescribed by our veterinarian, along with a specific treatment plan. One of the nice features of the robot is that when we enter the treatment of a cow into the computer, it automatically diverts that milk to buckets that we can use to feed calves. All milk for human consumption in Canada is tested to

make sure that it is antibiotic-free," Darcy said.

"The cows all wear a transponder on a collar around their neck, which is

Continued on page 24



Darcy Mason is able to track a cow's gestation cycle using technology.



The Masons use a robotic system to milk their 60 cows.



Andrew, Lanna and Laila take a break from cleaning stalls. The Masons have installed waterbeds to keep the cows dry, cool and comfortable.



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**DAIRY
FARMERS**
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OF MANITOBA

Your FARM



Province takes steps to boost number of vet students

By Lorne Stelmach

Manitoba Pork welcomes steps taken recently by the province to increase the number of veterinarians in the province.

Boosting the number of veterinary student seats at the Western College of Veterinary Medicine (WCV) is a small but vital step to help the industry in the province, say representatives.

"We're seeing significant labour shortages throughout the entire value chain," said Cam Dahl, general manager of Manitoba Pork.

The industry doesn't have enough resources at all levels from the barns to the packing plants and truck drivers, he noted, but veterinary support is especially vital.

"This is the No. 1 restriction to growth and development of the hog sector in Manitoba," said Dahl. "It's vital to animal health, but it's also vital to things like bio-security, for example. It really is a key resource for hog producers."

"We sell very high quality pork at a high price all around the world," he noted. "So it's a critical part to not only maintaining animal health but maintaining our position as one of the No. 1 suppliers of pork around the world."

Dahl added there are other steps the province could also be taking, including decreasing the amount of time that foreign-trained veterinarians need to be accredited here — a process that can take five to seven years.

A scarcity of large animal veterinarians practising in rural Manitoba is especially a concern.

"Large animal veterinarians, like those that work in the hog sector, are vital partners in ensuring that our animals are raised healthy and free of the threat of disease outbreaks," noted Rick Préjet, Manitoba Pork board chair. "This announcement will ensure that we can continue to close the gap in the necessary number of veterinarians practising in Manitoba, and that our sector can continue to sustainably grow our herds."

Advanced Education, Skills and Immigration Minister Jon Reyes and Agriculture Minister Derek Johnson heralded the move to provide increased annual funding to the WCV at the University of Saskatchewan to allow for an additional five Manitoba students to be trained as veterinarians.

"By increasing our annual intake to 20 students

from 15, we will support more students to pursue this important career path in order to help build our province's animal health-care capacity for years to come," said Reyes. "We are committed to working with the college's administration to realize this expansion effective in 2023-24."

Through a funding contribution from the province every year, Manitoba currently receives 15 guaranteed subsidized seats at the Saskatoon-based WCV for new entrants annually.

The Manitoba government will increase its funding contribution to WCV by \$539,200 for the 2023-24 academic year to a total of \$7,009,600, raising the number of Manitoba intake students to 20 from 15 and to a student quota — the number in the four years of the program — to 65 from 60.

For the 2024-25 academic year, Manitoba's contribution to the college will increase to \$7,642,400 and bring the student quota to 70.

Manitoba's increasing commitment will bring its intake to 20 seats every year until the province supports a total of 80 Manitoba students annually through the four-year program.

"Our government is committed to increasing the availability of quality veterinary care to all Manitobans, especially for the agricultural sector that is so vital to our provincial economy," said Johnson.

"Animal health enables the success of our province's agricultural industries, so investing in the training of more veterinarians, particularly those with large-animal expertise, will ensure this valuable support is available when needed."

The additional seats for Manitoba students will be targeted for the support of commercial livestock, such as cattle, bison and pigs as well as sheep and goats, in rural areas.

"The Manitoba Veterinary Medical Association applauds the Manitoba government for their investment in veterinary education," said president Dr. Keri Hudson-Reykald.

"There is currently a large shortage of veterinarians in Manitoba. The commitment to educating more veterinarians will help alleviate the shortage over the long term. In the shorter term, we will continue to engage with government, veterinary professionals and other stakeholders to address the shortage of veterinary services in Manitoba."

"Increasing the number of students who can attend vet school and enter the profession is the logical first step in addressing the veterinary shortage," said Michelle Streetter, a fourth-year student who grew up in rural Manitoba. "I am also hopeful that Manitoba's decision to increase seats draws more students from the Prairies who are interested in working in rural mixed animal practice, since agriculture is such an integral part of so many local communities."

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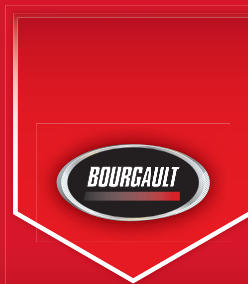
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"THERE IS CURRENTLY A LARGE SHORTAGE OF VETERINARIANS IN MANITOBA."

> TRACTOR, FROM PG. 15

The inspiration for their design comes from an antique tractor built in the United States in the 1940s.

Currently, a prototype is being built in Manitoba using processes that can be replicated with the materials available in African metal fabrication shops.

"We are trying to work with what we have locally here," said Brian.

Brian's friends at K&E Welding in Marquette cut all the pieces for a second tractor that was air-shipped in wooden crates through Ethiopian Airlines. The frames were pre-cut, and most of the drilling was done there.

"I know from my previous experiences working here in Africa that the challenge would be with the running gear," said Brian.

"We try to build our tractor with what the local economy has available."

Brian said they call South Sudan a tractor graveyard.

"Well-meaning people will donate tractors, or there are some new equipment sales, but they don't last because they don't have the after-sale support. Our design is helping to bring the after-sale support with it," said Brian.

After they get past the concept stage, they hope to be able to put it into mass production.

"I would have a modest goal of building one a week and work up from there. Maybe we'll get one tractor a day after a year or so," said Brian.

Currently, Brian is in South Sudan alone, as his wife returned to their home in Riverton three months after they returned in May.

He said it's not easy to be in a country where you are the minority, where he is away from his wife, kids and grandchild," he said.

"It's not easy to do, but you can make sacrifices for the short term so that you can try to make a difference."

They aim to manufacture four more tractors before he returns to Canada in December.

"This is really an effort of love. It's a practical way of demonstrating Christ's love," Brian said.

VOTE

Danny Luprypa
Lifetime resident of Gimli area.

I WILL

- Be available to ALL R.M. residents
- Establish long-range planning for: services & infrastructure
- Develop more local employment ops.
- Develop R.M. properties for growth
- Develop more year-round local, affordable housing
- Work on beautification of downtown

Councillor

R.M. of Gimli

ote for change.

- Volunteerism**

 - Kinsmen Club Life Member
 - Royal Canadian Legion Br# 182
 - Gimli Car Club Member
 - Heima Er Best Board Member

Education

 - Bachelor of Phys. Ed.
 - Bachelor of Ed.
 - Masters in Ed. Psych.
 - Special Ed. Certificate
 - Journeyman Gasfitter's Lic.
 - Commercial Fisher
- Experience**
- Over 20 years R.M. Council experience.
 - Over 20 years Public Works & Operations Chairman
 - Teacher & Guidance Counsellor for 36 years -Evergreen Sch. Division

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Manitoba

Seasonal Influenza Clinics will begin October 31, 2022

Book an appointment by calling 1-844-626-8222 between 9:00am and 5:00pm, Monday to Friday or by using the online booking system (visit www.ierha.ca and click "2022 Flu Clinics" or visit [Manitoba.ca](https://www.manitoba.ca) and then click "Covid-19" and "Vaccine").

Along with seasonal influenza, pneumococcal 23 vaccine, COVID-19 vaccine and bivalent COVID-19 vaccine will be available for those eligible as per Manitoba Health guidelines. Bivalent COVID-19 vaccine has been developed to provide protection against two strains of COVID-19: the original strain of the virus and the omicron variant. Below is the listing for the region.

Please note:

- Walk-ins are available. Appointments are welcome and encouraged.
- You must wear a non-medical face mask to your appointment.
- Please practice good hand-washing and social distancing.
- Do not come to your appointment if you are experiencing flu-like symptoms.
- Please come right at your appointment time to avoid congestion.
- Bring your Manitoba Health Card, and wear a short-sleeved shirt.

	Dates	Time(s)	Location(s)
Arborg	November 3	1:00 pm - 7:00 pm	Arborg Bifrost Community Centre, 409 Recreation Drive
	November 17	1:00 pm - 7:00 pm	Arborg Bifrost Community Centre, 409 Recreation Drive
	November 26	10:00 am - 2:00 pm	Arborg Bifrost Community Centre, 409 Recreation Drive
Ashern	November 1	1:00 pm - 7:00 pm	Ashern Centennial Hall, #1 MB-325
	November 8	1:00 pm - 7:00 pm	Ashern Centennial Hall, #1 MB-325
	November 18	10:00 am - 3:00 pm	Ashern Centennial Hall, #1 MB-325
Eriksdale	November 2	10:00 am - 3:00 pm	Eriksdale Rec Centre, Second 1 st Ave
	November 9	3:00 pm - 7:00 pm	Eriksdale Rec Centre, Second 1 st Ave
	November 19	10:00 am - Noon	Eriksdale Wellness Centre, 35 Railway Ave
	November 29	9:00 am - 1:00 pm	Eriksdale Rec Centre, Second 1 st Ave
Faulkner	November 22	10:00 am - 3:00 pm	Faulkner Community Hall
Fisher Branch	November 5	10:00 am - 2:00 pm	Fisher Branch Ukrainian Hall, 33 Provencher Ave
	November 15	1:00 pm - 7:00 pm	Fisher Branch Ukrainian Hall, 33 Provencher Ave
Gimli	November 5	9:30 am - 4:00 pm	New Horizons, 17 North Colonization Rd
	November 7	1:00 pm - 8:00 pm	New Horizons, 17 North Colonization Rd
	November 14	1:00 pm - 8:00 pm	New Horizons, 17 North Colonization Rd
Gypsumville	November 3	10:00 am - 3:00 pm	Gypsumville Clinic, 1st St
Hodgson	November 1	11:30 am - 1:30 pm	Hodgson Community Club, 16 2 nd Ave
Lundar	November 4	10:00 am - 3:00 pm	Lundar Legion Hall, 50 3 rd Ave
	November 15	3:00 pm - 7:00 pm	Lundar Legion Hall, 50 3 rd Ave
	November 19	1:00 pm - 3:00 pm	Lundar Community Health Office, 97 1st Ave South
	November 23	Noon - 4:00 pm	Lundar Legion Hall, 50 3 rd Ave
Matheson Island	November 3	10:45 am - 12:15 pm	Matheson Island Hall
Matlock	November 2	1:00 pm - 4:00 pm	Matlock Rec Centre, 77 Matlock Rd
Moosehorn	November 15	1:00 pm - 4:00 pm	Moosehorn Community Hall, Railway Ave
Pine Dock	November 3	1:30 pm - 3:00 pm	Pine Dock Hall
Riverton	November 1	Noon - 6:00 pm	Riverton Hall, 175 Riverton Ave W
	November 9	2:00 pm - 7:00 pm	Riverton Hall, 175 Riverton Ave W
	November 19	10:00 am - 2:00 pm	Riverton Hall, 175 Riverton Ave W
St. Laurent	November 3	10:00 am - 3:00 pm	St. Laurent Rec Centre, Lot 825 PTH 6
	November 9	3:00 pm - 6:00 pm	St. Laurent Rec Centre, Lot 825 PTH 6
	November 19	10:00 am - 2:00 pm	St. Laurent Rec Centre, Lot 825 PTH 6
Winnipeg Beach	November 10	10:00 am - 2:00 pm	Winnipeg Beach Rec Centre, 32 Hamilton St

Flu vaccine may be offered in some senior and other community housing facilities. Check your building bulletin boards for a flu clinic poster with details.

For more information, please contact your local community health office:

Arborg: 204.376.5559

Fisher Branch: 204.372.8859

Riverton: 204.378.3102

Ashern: 204.768.2585

Gimli: 204.642.4587

St. Laurent: 204.646.2504

Eriksdale: 204.739.2777

Lundar: 204.762.5469

Any changes to this listing will be posted online at www.ierha.ca
Click on the banner "2022 Flu Clinics" on the home page

Interlake-Eastern
Regional Health Authority

LEASH, Dunnottar residents come to dog's rescue

By Patricia Barrett

A Dunnottar resident got some valuable assistance a few weeks ago after her frightened rescue dog, Sweet Pea, gave her the slip and spent four nights on the loose.

Sue Green had just adopted the dog — which had been rescued from a puppy mill and placed temporarily in a foster home — from Winnipeg-based Cupcakes Pommy Rescue, and was getting the dog accustomed to her new home when she managed to wriggle off her leash and run away.

"I only had Sweet Pea for two days. She had been at the foster mom's home for a couple of months and she was terrified of everything and everybody," said Green. "I picked her up on a Thursday night and she ran off Sunday morning."

As soon as Sweet Pea went on the lam, Green said she called the foster mom. The woman put her in touch with LEASH, a not-for-profit group in Winnipeg that specializes in capturing frightened dogs.

LEASH, or Locating Elusive & Skittish Hounds, says on its website that 95 per cent of the dogs that run off will eventually be reunited with their owners because they're not afraid to approach the first person they see. But dogs that are skittish and timid — typically rescue dogs, newly adopted or re-homed dogs — will go into "flight mode."

LEASH staff will determine where a dog has settled based on sightings and other clues, and use signs, flyers and social media sites to engage the public and get their assistance in calling in tips. The group operates through donations and fundraisers.

Green said LEASH advised her to put out "comfort stations" consisting of food, water and something for Sweet Pea to lie on in the areas where she had been sighted. In the meantime, Green and a friend put up post-



LEASH FACEBOOK

A LEASH poster with Sweet Pea's photo and a number to call for sightings.

ers around the village with the dog's photo and LEASH's contact number for people to call in sightings, and also knocked on doors.

A few days before the capture, staff from LEASH had come out to Dunnottar to co-ordinate search and rescue efforts and determine the best places to set up feeding stations and tracking cameras. They also put up more posters, delivered flyers and continued to monitor the dog.

"Sweet Pea seemed to be active in the morning, rest or go into hiding in the afternoon and be active a bit in the evening when it was quieter," said Green.

On the morning of Sweet Pea's capture, a LEASH staff person drove to Dunnottar "before dawn," in the "cold and the snow," with a trap (a large cage) and dog treats and placed them in a yard the dog had been frequenting, said Green.

"We had loads and loads of sightings and we were able to track her through the area," said Green. "I put out food

stations along Matlock Road and LEASH rigged up cameras at the stations so they could see where she was going. On Thursday morning we were able to trap Sweet Pea in a yard on Matlock Road."

Green said she was worried and stressed about the dog's



EXPRESS PHOTO COURTESY OF SUE GREEN

Sue Green's newest adoptee Sweet Pea (right), with Green's other dog, are rescues from a puppy mill. Sweet Pea was captured after four nights on the loose. Green received valuable advice and assistance from Winnipeg-based LEASH and search assistance from Dunnottar residents.



LEASH set up a camera and a cage in a Matlock yard that Sweet Pea was frequenting.

safety and comfort while she was on the loose and was very impressed by LEASH's expertise, professionalism and swift response to her dilemma.

"LEASH was amazing. These people volunteer their time, coming out day and night to try to rescue frightened dogs," said Green.

And she also greatly appreciated the efforts made by her friends, including Raye, Barbara and Danielle, the manager of the local Thrift Store and other Dunnottar residents who went out to try to spot Sweet Pea and phoned in tips of her last whereabouts.

Green said she had asked complete strangers while she was out searching if they'd seen the dog. One lady out for a stroll rounded up her com-

pany and formed a search party, and a man gave up coffee time to join in the search effort. A neighbour's brother also drove around each day looking for Sweet Pea. Other people let Green set up feeding stations on their property.

"I was blown away by how my community pulled together to support me," said Green. "Every day people went to look for Sweet Pea. People were walking around and driving through the area. I live in such a wonderful place with lots of kind-hearted individuals. It really warmed my heart."

For more information about LEASH, visit www.leashwpg.com or its Facebook page.



On October 26th

✓ RE-ELECT

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Algae in Hecla-Grindstone despite high water on Lake Winnipeg

By Patricia Barrett

Some Lake Winnipeg commercial fishers who were hoping that high water levels on Lake Winnipeg this year would help mitigate the incidence of algal blooms had their hopes dashed when the fall fishery opened

last month.

Robert T. Kristjanson, who has fished in the Hecla-Grindstone area at the top of the lake's south basin for over 70 years, said he has been inundated with algae, which occur when there are excessive nutrients such as

phosphorus and nitrogen in the water.

Water inflow into the lake was the highest ever recorded because of excessive precipitation that Manitoba experienced over the winter and spring. The lake was at 717.5 feet above sea level in mid-July and is forecasted to drop below 715 feet prior to freeze-up, according to Manitoba Hydro's fall update.

But all that water hasn't stopped the

blooms.

"This has been happening all fall. The algae are in the water and the blooms come in along the shoreline," said Kristjanson last week. "It happens every day with the city sending polluted water up to Lake Winnipeg. Shouldn't we be responsible for our water? It's not a big thing to ask. The whole world is trying to find clean

Continued on page 23



EXPRESS FILE PHOTO COURTESY OF ROBERT KRISTJANSON

Commercial fisher Robert T. Kristjanson, seen in this photo from 2018 when an algal bloom blanketed the Hecla-Grindstone region, says he sees algal blooms in the region every year.

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A denture success story after a life changing decision

BY ELISHA VANDOR

Manuela decided it was time for a change after struggling with failing and broken teeth for years. She says, "my dental situation was a nightmare after a jaw bone/gum infection years ago. The only 'fix' from the dentist back in my home country was to pull some of the bad teeth and get partial dentures, but I suffered with the bones in my mouth chipping and sticking out and cutting my gums and so on. I've been dealing with that issue since 2018 and have extremely bad anxiety when it comes to dentists because of childhood dental trauma. However, Brock at Vandor Denture Centre and Dr. Brett at Evergreen Dental saved my sanity, fear of dentists and future."

It all started when Manuela booked a consultation appointment with us. Although she was still nervous about

the entire process, her ability to sit down and talk about her options and come up with a plan together with Denturist Brock subsided her dental anxiety. At the appointment, Brock assessed her full upper and lower dentures and found she was doing well with the upper denture, but wanted a dental implant solution for the lower denture. We often find that the lower denture is the one people struggle with the most because there's usually very little jaw bone to hold it in place. Together, during the consultation, Manuela and Brock decided to make a new upper denture with much improved aesthetics and a tighter fit, and a lower denture that's secured onto 4 dental implants to give her back the confidence to eat what she wants.

Manuela had the dental

implant procedure and actually had the denture secured onto the dental implants that day! She says, "tonight, I'm happy for the first time in 22 years of what my mouth looks like. I feel awesome! I will be able to eat everything again in no time - something I wasn't able to do since I was 17. This is one happy old lady today."

We are so happy for Manuela and the many others who have benefitted from combining their dentures with dental implants. Having a youthful smile that feels like you again and the confidence that comes with it is achievable. We want to help you feel as good as Manuela does now too. If you're inquiring about a dental a implant solution or know your dentures could be better, then call today. We look forward to hearing from and seeing you soon!



- supplied photo -

Manuela is happy with her dentures for the first time in 22 years and shares her story.

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Fuel Good Day raises over \$1K for local groups

Staff

Two local organizations received donations from Interlake Co-op's Fuel Good Day.

On Sept. 20, more than 400 Co-op Gas Bars across B.C., Alberta, Saskatchewan, Manitoba and northwestern Ontario donated a minimum of five cents per litre from every tank of gas to a local charity.

Fuel Good Day started in 2017 and, since then, more than \$3 million has been raised for over 700 organizations across Western Canada. Last year, Fuel Good Day raised more than

\$595,000 for 195 local charities.

In collaboration with Federated Co-operatives Limited and Interlake Co-op, the gas bar raised a collective total of \$1,370.86 on Fuel Good Day and donated the money to two organizations: Eaglets Daycare and the Arborg Bifrost Parks and Rec.

Interlake Co-op would like to say a special thank you to all those who supported the Fuel Good Day and filled up on Sept. 20 to help make this donation possible.



EXPRESS PHOTOS SUBMITTED

Interlake Co-op branch manager Tori Goodman, second from left, presented, a cheque for \$685.43 to Eaglets Daycare members Irene Saunders, Kristin Juenke, Courtney Lindell and Natalie Sweetland.



Arborg Bifrost Parks and Rec's Bailey Sigvaldason, right, accepted the cheque for \$685.43 from Interlake Co-op's gas bar manager Andrea Masiak.

VOTE Lynn Greenberg for RM of Gimli Mayor

Lynn's Accomplishments

- Successfully lobbied provincial and federal governments to locate the Gimli West Apartments in 2014 and the Gimli Seniors Residence, opened in September 2022.
- Promotion of Gimli Industrial Park. Through Lynn's efforts Canukshuk (pet food processing) will result in 35 jobs for Gimli
- Presteve is building a fish processing plant and will employ 40 people
- LS Airways Flight Academy expansion
- Worked with council and community development committee as well as Chamber of Commerce to have people from Ukraine staying at Gimli Training Center
- Lynn has transported people from the Ukraine to Winnipeg for their appointments and back to Gimli. He also when called upon, transports people to their job in Gimli and return to the dormitory a volunteer basis.
- With 18 years experience, 10 years as your councillor and 8 years as your mayor. Lynn has the experience, dedication.

Lynn is always ACCESSIBLE and ACCOUNTABLE to the people.

Lynn is always available 7 days a week.

For election questions call 204-407-6011. Email: lynnsgreenberg@gmail.com



If elected I will continue to promote the Gimli Industrial Park and more affordable housing as well as senior assisted living projects. I will continue to work with the province for the retention of more medical doctors as well as lobby the province for more childcare spaces. Lynn has proven his leadership during the COVID pandemic.

GREENBERG, Lynn



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Vote 2022 - Get to know your reeve: Armstrong



Kate Basford

By Ty Dilello

Kate Basford has thrown her name in the hat for reeve of the RM of Armstrong at the upcoming municipal election. Basford has eight years of

experience being on municipal council, with four years as head of council. She holds a degree in agriculture, worked for Manitoba Agriculture as a livestock specialist, the University of Manitoba, CFIA and managed a 5,000-head Bison Ranch, as well as many years in business management and finance. Basford has also sat and chaired numerous boards and committees, locally, provincially and federally. She has a sound understanding and working knowledge of finances and has been the executive director for the Manitoba Sheep Association.

Basford first settled in the RM of Armstrong, near Fraserwood in 2020, with 150

ewes and their lambs.

"I have been fortunate to meet and have had help from some incredible people in this community to turn an abandoned farm into an operating sheep farm," said Basford. "I'm also currently re-establishing a 4H Variety Club in the Fraserwood area."

It is the people in the RM that have embraced Basford and made her feel that she is part of the community during her short time there, which is part of why she would like to be reeve.

"It's my way of paying it forward for all of the help and care I have received. I have always been very involved in my community, and through the course of doing business

and in conversations, I have become very aware of the state of the RM of Armstrong and its lack of meeting ratepayer's needs."

If elected, there are lots that Basford would like to accomplish in the RM.

"Establishing Armstrong as a community that we are proud to live in. Making our communities vibrant and safe again. Developing a realistic plan and setting priorities to address the aging and inadequate drainage and infrastructure. Sustainability and vibrancy of our community are so important for keeping people here, bringing others back, attracting new residences and visitors."

Basford loves that the RM

of Armstrong has something for everyone, whether you're farming, have an acreage or are living in one of the RM's quaint rural communities, not to mention the mushrooms, snakes, rare birds and all the wildlife that the RM possesses.

"I would not say that this RM is prosperous, but it can be, if we all work together. But this RM is truly rich and full through the people that live and work in the RM of Armstrong."

Basford will be running in the election for reeve against incumbent Susan Smerchanski and Jack Cruise.



Susan Smerchanski

By Ty Dilello

Susan Smerchanski is seeking re-election this fall to serve another term as reeve of the RM of Armstrong.

"All council members take an oath of office and make a tremendous personal commitment to fulfill their roles and responsibilities," said Smerchanski. "After seri-

ous consideration to the time commitment and continued dedication to the municipality and ratepayers, I am seeking your support in re-election as reeve of the RM of Armstrong."

Smerchanski has served on many local and external committees and boards over the years as a support, a member and in executive positions, including; the RM's Emergency Measures Program, Firefighters and Volunteers, Interlake Tourism Association (Initiated Interpretive Signage at Inwood Snake Statues, Meleb - Mushrooms and the History of Fraserwood), Manitoba Association of Regional Recyclers, East and West Interlake Watershed Districts, Community Futures and NEICOM, Interlake Pioneer Trail, Interlake Healthcare Sustainability Committee, Mayors

and Reeves Interlake Caucus, Interlake Woman's Resource Centre and Madeline's Closet.

She also attends and participates in the annual and spring sessions of the Association of Manitoba Municipalities conventions and the Interlake regional June district meetings.

"As the reeve of the RM of Armstrong, I am a public servant, a voice of reason, a strong advocate for my residents and ratepayers and one vote on the council. I believe in equal opportunity, fairness and accountability, due process and treating everyone with compassion and respect."

Smerchanski firmly believes that community engagement and inclusion are reflective of positive working relationships and that ratepayers' ideas and concerns need to

be listened to, discussed and considered.

Some good news that Smerchanski shared is that the federal government has recently made a financial commitment and is now working to improve internet and cell service in the Interlake, including the RM of Armstrong.

"At the end of the day, council members are elected to represent all wards and make sound decisions, which are in the best interest of the entire municipality," she said.

"We are now seeing a cultural shift with a population increase within our demographics. Growth is occurring upon the arrival of new residents, young people and their families are returning to their home communities, and retirees and seniors are remaining in their homes. This is extremely important to eco-

nomie development as our tax dollars and grants could contribute to additional supports, services and recreation to build our communities and encourage further growth and business opportunities."

Smerchanski knows that budget restraints, operating and recovery costs, reserves, reducing high property taxes, grants, efficiency and effective use of tax dollars are on the minds of many and are of significant concern to everyone in the RM.

"Due to an uncertain future, the recession and a hard road ahead, council will have some tough decisions in balancing the fiscally responsible upcoming 2023 budget."

Smerchanski will be running in the municipal election for reeve against Kate Basford and Jack Cruise.

> WATER, FROM PG. 21

water and here we are polluting ours."

Nutrient loading in Lake Winnipeg is caused by wastewater that's pumped into the lake from the municipalities around it, by wastewater from the City of Winnipeg's North End Sewage Treatment Plant and by agricultural fertilizers that are carried with run-off into the lake.

And Kristjanson has been trying for years to get senior levels of govern-

ment to address nutrient loading. With the city's North End plant having been identified as a point source nutrient polluter, Kristjanson said there should be no delay in stopping the pollution.

"We have the most wonderful places along Lake Winnipeg and we can't get people in Winnipeg to understand that they have to clean up their act. They can't seem to understand what they're doing to the people up here," said Kristjanson. "I keep on nattering away on this and

how awful it is, but people are not interested in where the effluent goes. They don't care what legacy they're leaving for their children."

Not only does treated sewage contain nutrients that spur on algal blooms, but so too does raw sewage, which has been making its way into the lake for decades from the city's combined sewer outfalls. The city must make public on its website frequent and ongoing raw sewage spills into Winnipeg rivers. In March over 70 million litres of raw sewage

spilled into the river.

The city is in the process of upgrading its North End plant, and will be addressing nutrient release from treated sewage within that upgrade. The first two phases of the three-phase project have already been approved and funded in 2021 and 2022 respectively. But according to the city's sewage treatment upgrade page, Phase 3 — which entails the removal of phosphorus and nitrogen from wastewater — has "not yet been approved or funded."

> MASON, FROM PG. 16

like a FitBit but for cows. It keeps track of her activity and there is also a microphone inside it that listens to her chewing and eating to monitor her rumination minutes. On our farm, the cows average a little over 500 minutes of rumination in 24 hours."

The family works within the quota system, which is based on the kilograms of butter fat produced daily.

"On our farm, one cow on average would produce 1.6 kilograms of butter fat," Darcy explained, "which is the equivalent of 40 litres of milk."

However, with the robotic milking system, there is always the possibility of a major breakdown.

"But with basic maintenance on our part and scheduled service from our dealer, breakdowns are a rare occurrence," Darcy noted.

"Our dealer, Penner Farm Services, always has a technician on call 24/7 that can talk us through a repair or

come to the farm to fix it."

At Mason Farms, family is important — even for their animals. One way to honour the animal families is through their naming process.

"So all farms are different, but on our farm, we like to name the calves with a name starting with the same letter as their mother. We name them this way because keeping track of cow families is important to us and it's easier to follow. For example, we have a cow named Lululemon and she had twin heifers we named Lemon and Lime. Her mother is LouAnne and her mom was Lailou and her mom was Laila. So when we think of the L family, we think of Laila," Lanna explained.

"Our herd is all registered Holsteins, and they all have a name that consists of three parts. Lululemon's registered name is Maypoint Galahad Lululemon. Maypoint is our prefix, so any calf conceived on our farm would have that prefix. The Galahad part of her name is the sire or bull she is from. We have a lot fun naming calves."

For Darcy, the perks of dairy farming remain close to home — and close to his heart.

"The best thing about dairy farming is being your own boss and working with family. I also enjoy working with the animals and spending time outdoors," he said, adding that it can be a challenge sometimes to work with Mother Nature.

"As nice as it is to work closely with the environment, the extreme weather events like flooding and drought can be challenging."

And for Lanna, her favourite part of the job involves interacting with the cattle.

"We make a real connection with them. We are part of their lives since birth. We name them and spend so much time with them over their life. You develop a strong bond," she said.

"That is also the most challenging part for me. I grow pretty close to a lot of the cattle, so when it comes time make the decision to sell one or they become sick or even die, I find that

part very difficult."

Beyond the farm, the positive ripple effects of dairy farming are clear to see.

"The benefit of drinking milk is that it's a great source of calcium, which is beneficial for growing kids and people of all ages to help support bone health. Milk is also a great source of protein and contains 15 essential nutrients," Lanna said.

"As for the economic spinoff in Manitoba, there are 6,269 jobs created by the dairy industry. It's amazing to think about how many people our farm helps to employ, even if only in a small way."

The future Mason Farms looks bright to the hard-working family, who takes time to reflect on more than seven decades in the industry.

"We feel extremely proud to have been able to grow the farm to what it is now," Darcy said.

"And we hope that my grandparents would be proud of what we've accomplished in the past 75 years."

> COVID, FROM PG. 6

sponse level at green or "limited risk."

Other health news:

Despite the downplaying of the seriousness of the virus, including suggestions that Manitobans are probably safe because of alleged high levels of immunity, Manitoba has the dubious distinction of having the highest prevalence of COVID in all of Canada, according to the latest data from COVID-19 Resources Canada. Manitoba's risk of excess deaths from COVID is also high.

Funded by the federal Public Health Agency of Canada, COVID-19 Resources Canada is an organization consisting of scientists, health-care professionals, web developers and other experts who provide Canadians with reliable scientific information about and expertise on COVID, according to its website. The organization provides data on the progress of COVID across the country. Its latest reports cover the most recent 10 days of estimates to Oct. 7.

Among the data provided are a COVID-19 Hazard Index showing the risk of excess death from COVID. Each Canadian jurisdiction is given a score ranging from low to severe. The score is derived from data about current transmission and infections, impact on health-care systems and deaths.

Manitoba currently (as of Oct. 7) has a "high" hazard score of 7, and is tied with Alberta, Saskatchewan and the north (northern territories). Manitoba's hazard score has remained consistently high or very high since mid-

September: Sept. 16 (score of 9 or very high); Sept. 23 (score of 7 or high); Sept. 30 (score of 8 or high).

Manitoba also has the highest prevalence of daily infections across the country, and has had the highest number of infections since December 2021.

"Calculating estimated TOTAL daily infections (first time and reinfections) per 100,000 people allows comparison of the relative intensity of surges in different Canadian regions over time, independent of differences in the size of their populations," states the report.

In terms of estimated hospitalization costs from the omicron variant, the report pegs Manitoba's average daily cost — over 10 days from Sept. 28 to Oct. 7 — at \$180 million, the fifth highest cost in the country. Over the same period, Ontario's average daily cost was \$2.1 billion, followed by Quebec at \$1 billion, B.C. at \$843 million and Alberta at \$617 million.

The report shows that hospitalizations for COVID dwarf hospitalizations for influenza. COVID's average hospitalization admissions sit at 2,371 versus 303 admissions for influenza. For the week to Oct. 7, specifically, hospitalizations for COVID (all ages) hit 5,168.

The data show that people of all ages are more likely to die from COVID than they are from influenza, traffic accidents or accidental falls.

The report also includes estimates of pre-pandemic hospital capacity, deaths, ICU and hospital admissions, expected deaths based on new daily

COVID infections, and reported COVID hospitalizations by age group, noting that hospitalizations are adjusted because of the "under-reporting" by jurisdictions which has been prominent since the BA1 omicron wave of December 2021 to January 2022.

To view the reports, visit <https://covid19resources.ca>

Notifications of new weekly reports are available on Twitter: @covid_19_canada and @MoriartyLab

- The Interlake-Eastern Regional Health Authority declared on Oct. 11 a COVID outbreak at Oakbank's Kin Place Personal Care Home. The health authority is not showing outbreaks in facilities in the Interlake region (as of Oct. 16).

- On its COVID vaccine eligibility criteria website, the provincial government says there's no evidence showing which bivalent vaccine — Moderna's bivalent vaccine targeting the omicron BA1 subvariant or the recently approved Pfizer-BioNTech bivalent vaccine targeting the BA4 and BA5 subvariants — is better.

"There is no evidence indicating one bivalent vaccine is more effective than the other," states the government's webpage.

The BA5 subvariant is thought to be predominant in Manitoba, but no recent information has been shared.

The Pfizer-BioNTech bivalent vaccine is expected to be available by Oct. 24 at Manitoba vaccine sites. The Moderna vaccine is authorized for those 18 years and older and the Pfizer vaccine is authorized for those 12 years and older.

- COVID has yet to show a seasonal pattern whereby it emerges and subsides like influenza; COVID continues to infect people in spring, summer, fall and winter. And transmission and deaths are currently forecasted to rise across Europe.

The European Centre for Disease Prevention and Control's Country Overview Report, released Oct. 13, said "widespread increases were being observed in all indicators, with one third of EU/EAA [European Union/ European Economic Area] countries reporting increases in COVID-19 deaths," as of the week ending Oct. 9.

- Canada's chief public health officer Theresa Tam said in late September that COVID case counts across Canada have increased, and that "may be an early sign of resurgence." The number of people in hospital with the virus "remain elevated."

- The World Health Organization's Weekly Epidemiological Update, published Oct. 12, shows COVID deaths worldwide have been holding steady, with about 9,000 new deaths (an undercount) reported for the second weekly period. The omicron subvariant BA5 continues to dominate, followed by BA4 and BA2. New strains of the virus are being tracked.

- Doctors Manitoba's dashboard on the surgical and diagnostic backlog in the province continues to show between 102,139 and 128,447 procedures in the queue.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Markusson a finalist for Male Amateur Golfer of the Year award

Staff

Golf Manitoba announced the finalists for the 2022 Female and Male Amateur Golfer of the Year Awards last week.

This year's female and male award finalists were chosen by the selection committee of Clayton Dreger of Golden West Radio, Ken Wiebe of Rogers Sportsnet as well as former Golf Manitoba Junior and Amateur Champions Jill Hardy and Adam Speirs. The winners will be announced at the Golf Manitoba Awards reception on Nov. 2 at the Breezy Bend Country Club.

The 2022 Male Amateur Golfer of the Year finalists are Braxton Kuntz, Curtis Markusson (who grew up in Gimli), Rob Oliphant and Marco Trstenjak.

Markusson, 41, from Winnipeg, won the Canadian Men's Mid-Master Championship and tied for 12th place representing Team Manitoba at the Canadian Men's Mid-Amateur Championship. He tied for second place in the Mid-Masters Flight and tied for ninth place at the Manitoba Mid-Amateur Championship.

The St. Charles Country Club member also tied

for seventh place at the Nott Autocorp Men's Amateur Championship.

The Golf Manitoba Awards selection committee also recognized Jacob Armstrong (T2 Canadian College/University Championship), Jay Doyle (T7 Canadian Men's Senior Championship), Ryan McMillan (T7 Nott Autocorp Men's Amateur and T76 Canadian Men's Amateur) and Ryan Sholdice (2022 Mid-Amateur Champion) for their play during the 2022 season.

The 2022 Female Amateur Golf of the Year Finalists are Addison Kartusch, Jeri Lafleche, Charmaine Mackid and Rhonda Orr.

The Golf Manitoba Awards selection committee also recognized Cala Korman (first Women's City & District and third at the Manitoba Junior Girls), Marissa Naylor (2022 Women's Match Play Champion) and Veronica van der Meer (T19 Canadian Women's Amateur Champion) on their accomplishments during the 2022 season.

Tickets for the 2022 Golf Manitoba Awards reception are available by contacting Golf Manitoba.



EXPRESS PHOTO SUBMITTED

Curtis Markusson won the Canadian Men's Mid-Master Championship and tied for 12th place representing Team Manitoba at the Canadian Men's Mid-Amateur Championship. He is a finalist for Golf Manitoba's Male Amateur Golfer of the Year award.

There's no easy football games."

The Thunder (4-2) will wrap up their regular season on Thursday with a home game against the Swan Valley Tigers (4-2) in Stonewall. Kickoff is 4:30 p.m.

Varsity Thunder crush Golden Bears

By Brian Bowman

Another game, another win for the Interlake Thunder varsity football team.

The Thunder doubled the last-place Golden Bears 52-26 last Friday in Virden.

"It was the best effort that we got from our defence this year," said Thunder head coach Mitch Obach. "We had a couple of special teams breakdowns that resulted in two touchdowns. Other

than that, our defence held pretty well and our offence continues to put up in the neighbourhood of 50 points every week."

It was a great road win for the Thunder.

"We had that nice home stretch and the last losses we did have were on the road. It was nice to go on the road and pick up that win. There are no easy road games, travel-wise for us and the way the season has been in the league, the parity is really good.

U18 AAA male Lightning blasted by Brandon

Staff

The Interlake Lightning U18 AAA male hockey team didn't have much fun in Brandon last weekend.

Interlake wrapped up the weekend with a 11-5 loss to the Wheat Kings on Sunday afternoon.

Brandon scored seven second-period goals in

the lopsided win.

Lightning goals were scored by Kai Smith (two), Aiden Miller, Blake Farthing and Gavin Holod.

Brady Turko (two), Kaeson Fisher, Keenan Skrupa, Jaxon Jacobson, Dustin Bell, Cole Temple,

Colten Worthington, Dylan Schrader, Luke Lepper and Ky-lar Ramsay replied for Brandon.

On Saturday, Interlake was edged 2-1 in overtime by Brandon.

Worthington scored the game winner in OT.

Interlake's Noah Oughton tied the score at 15:22 of the third period.

Temple gave the Wheat Kings a 1-0 lead at 19:38 of the middle frame.

Alex Myers made 46 saves in the losing cause.

Last Wednesday, Interlake lost 5-2 to the Eastman Selects in Teulon.

Darian Sinclair and Oughton scored third-period goals for Interlake.

Eastman goals were tallied by Mason Hooper (two), Braden Berube, Colton Pakoo and Luke DeGagne.

The Lightning, now 2-5, will play the Winnipeg Thrashers on Wednesday (7:30 p.m.) at the Gateway Recreation Centre. Interlake will then host the Southwest Cougars on Saturday (7:30 p.m.) and Sunday (1 p.m.).

To see more photos
of your favourite
Interlake Athletes

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Tournament champions



EXPRESS PHOTO SUBMITTED

Riverton Collegiate hosted a five-team junior varsity boys' volleyball tournament last Saturday. The teams in the tournament were the Riverton Patriots, Stonewall Rams, Gimli Lakers, Arborg Athletics and Fisher Branch Cougars. The teams played a round robin, with the top three teams making the playoffs. Riverton defeated Gimli in the best-of-three final by scores of 25-19 and 25-23. To get to the final, Gimli played Arborg in the semifinal match that went to three games. Scores were 25-22, 21-25 and 15-12. Riverton had a bye to the final as they were in first place at the end of the round robin.

Thunder win



EXPRESS PHOTO BY LANA MEIER

The Interlake Thunder's Christian Mozdzen carries the ball while Colten Leger follows the play during PeeWee action earlier this season. Interlake won its first game of the season on Sunday, defeating the Sunrise Coyotes 58-33.

Falcons defeat Beausejour Comets

By Brian Bowman

The Lundar Falcons defeated the Beausejour Comets 5-1 in Capital Region Junior Hockey League action last Friday.

Lundar's Cody Procter scored the lone goal in the opening period.

The Falcons then went ahead 4-0 as Bryce Allary, Zachary Halldorson and

Nicholas Fernandes tallied.

The Comets' Brayden Abraham scored late in the second period and then Lundar's Liam Russell closed out the scoring in the third.

Jordan Armstrong made 23 saves for the win.

Lundar will host North Winnipeg Friday (7:30 p.m.) and then visit the

Satelites next Tuesday (8 p.m.).

The Arborg Ice Dawgs, meanwhile, lost 5-2 to the St. Malo Warriors on Friday.

St. Malo erased a 2-1 third-period deficit with four unanswered goals.

Arborg's goals came from Dylan Woytowich and Brody Maxwell in the second period.

Teagan Fillion, Jeremie Collette, Radek Merasty, Ashton Dubois and Kaden Rioux scored for the Warriors.

Ice Dawgs' netminder Tre Strachan made 37 saves. Arborg played North Winnipeg this past Tuesday but no score was available. The Ice Dawgs will play at the Beausejour Comets on Friday (8 p.m.).

U18 AAA female Lightning have strong weekend

Staff

The Interlake Lightning split a pair of close Manitoba Female Hockey League U18 AAA games last weekend.

On Saturday, Interlake defeated the Westman Wildcats 2-1 in Hart-

ney.

Camryn Falloon scored twice for the Lightning while Kelsey Huibers replied for the Wildcats.

Goaltender Rachel Halldorson was brilliant in goal for Interlake, mak-

ing 41 saves.

Sunday saw Interlake lose 2-1 in a shootout to the Yellowhead Chiefs in Shoal Lake.

Fallon scored for the Lightning while Hannah Reagh replied for the

Chiefs.

The Lightning, currently in fourth place in the eight-team league with six points, will host the Winnipeg Ice on Saturday at 8 p.m. in Stonewall.

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Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes evenings and weekends. P/T office staff for sale days. Every Friday, 1st and 3rd Weds of each month and the odd Monday. Ph. Melissa at 204-299-7509 msobey@hotmail.com

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Overland Truck Outfitters, the leader in truck caps and truck accessories, is looking for a reliable motivated person to install truck accessories. Wage \$18-\$20/hr depending on experience. Bring resume to Overland Truck Outfitters, 102 Aviation Blvd. St. Andrews. 204-338-4292.

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RURAL MUNICIPALITY OF GIMLI Municipal RCMP Detachment Clerk

The Rural Municipality of Gimli is accepting applications for the position of Municipal RCMP Detachment Clerk. This position is with the Gimli Detachment, under the general supervision of the Staff Sergeant or his designate. The work is being performed in a police detachment environment. This may result in occasional exposure to intoxicated, mentally unstable, hostile and potentially violent individuals as well as victims of crime or other distraught individuals. The work is performed in an open office environment. It involves tight deadlines, time pressures, frequent interruptions, conflicting priorities and multiple demands from staff, callers and visitors. Hours of Work: Monday to Friday, 8:00 am – 4:00 pm (40 hour work week). Occasional weekend and/or evening work may be required as needed in unusual circumstances.

Requirements:

- Successful completion of secondary school (Grade 12) and/or an acceptable combination of education, training, or experience relevant to the position.
- Must be able to obtain RCMP security clearance.
- The ability to remain calm during and cope with stressful situations in a high-pressure environment.
- As a Municipal Employee working within the RCMP, you must:
 - o Be a Canadian citizen.
 - o Be of good character: you must possess integrity, honesty, professionalism, compassion, respect and accountability, which will be assessed through the interview process.

Information you must provide:

- Your resume
- You must meet all essential qualifications in order to be appointed to the position. Other qualifications may be a deciding factor in choosing the person to be appointed. Some essential and other qualifications will be assessed through your application. It is your responsibility to provide appropriate examples that illustrate how you meet each qualification. Failing to do so could result in your application being rejected.

In order to be considered, your application must clearly explain how you meet the following (essential qualifications):

- Experience in performing clerical duties.
- Experience in providing assistance to the public.
- Experience using word processing programs.

If you possess any of the following, your application must also clearly explain how you meet it (other qualifications):

- Experience in the use of Police Reporting Occurrence System (PROS)
- Experience in use of Canadian Police Information Centre (CPIC)

The following will be applied/assessed at a later date (essential for the job):

- Knowledge of general office practices/procedures.
- Ability to obtain and relay information/messages.
- Ability to work independently.
- Ability to communicate effectively both orally and in writing.
- Effective interpersonal skills.
- Client service orientation.
- Teamwork.
- Judgement.

Other information:

Hourly rate of pay range: \$20.15, less \$1.00 per hour during the 6 month probation period.

The successful applicant will have to obtain, as a minimum, an RCMP Reliability Status. The candidate must not have a Criminal Record. The process also requires a Security/Reliability Interview, a field investigation in matters of credit/finances, education, employment, references, etc.

Interested persons must meet the essential qualifications to be appointed to the position, in a manner determined by the Selection Board. A person may be appointed to the position even though he/she does not meet any or all of the asset qualifications, operational requirement or organization needs. However, meeting these criteria is desirable and may be a deciding factor in choosing the person to be appointed. Only those selected for further consideration will be contacted.

All communication relating to this process, including e-mail correspondence may be used in the assessment of qualifications.

Please note: Where an e-mail address is provided, the Selection Board may choose to communicate with candidates by e-mail to provide/request information and to invite candidates to attend any portion of the assessment. Please include a valid e-mail address that you check frequently, if you have one.

Please forward applications to the attention of:

Staff Sergeant Robert Gray
Gimli RCMP Detachment
PO Box 1500, Gimli, MB R0C 1B0
Email: Robert.Gray@rcmp-grc.gc.ca

Applications will be accepted until 4:00 pm on November 4th, 2022.

We thank all applicants; however only those selected for an interview will be contacted.

Classifieds

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WEEKLY NEWS

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NOTICES

Advertisements and statements contained herein are the sole responsibility of the persons or entities that post the advertisement, and the Manitoba Community Newspaper Association and membership do not make any warranty as to the accuracy, completeness, truthfulness or reliability of such advertisements. For greater information on advertising conditions, please consult the Association's Blanket Advertising Conditions on our website at www.mcna.com.

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a Fall/Winter Event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35.00 + GST/HST. Call MCNA (204) 947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

Advertise NOW in the 32 Weekly Manitoba Community Newspapers to have your Christmas Sales advertising be seen all over the province! Grand Opening? Hiring? Selling something? Have an on-line store? Let people know in the Blanket Classifieds! Call THIS NEWSPAPER NOW or call MCNA at (204) 947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

ADVERTISE YOUR
UPCOMING EVENTS
IN THE EXPRESS

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewood.elk@mymts.net

AUCTIONS

315 ACRE FARM Edwardsen Brothers. Sells at timed auction closing Nov 7. 3 miles South & 2 West of Ashern. Sam-204-771-3399 & Reuben-204-771-1343. www.billklassen.com

HAY/FEED

Large round hard-core bales of alfalfa & brome grass. Call 204-461-0722.

STRAW FOR SALE

FLAX STRAW BALES for sale. \$4 per bale. Pickup RM of Rosser. 204-995-0399.

GRAINLAND FOR SALE

151 acres cultivated cropland in the RM of Bifrost-Riverton, SW29-22-4E. Land location runs along east side of PTH 8 and RD 130NE. Interested parties call 1-204-376-5206.

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3 bedrooms, ensuite, huge kitchen, quartz countertops, walk-in pantry, island. 9 ft walls and double cathedral ceiling. James Hardie Siding.

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NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES VILLAGE OF DUNNOTTAR

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 5th day of November, 2022, at the hour of 11:00 AM, at Village of Dunnottar, 44 Whytewold Road, Matlock, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
149100	LOT 3 BLOCK 4 PLAN 1260 WLTO EXC, THE ELY 10 FEET IN E 1/2 OF 22-17-4 EPM - 7 PALM	L -\$27,500 B -\$67,400	\$6,581.02

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the Village of Dunnottar as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$367.50 (\$350 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 13th day of October, 2022.

Managed by:



Sarah Palsen
Chief Administrative Officer
Village of Dunnottar
Phone: (204) 389-4962
Fax: (204) 389-4966

The Express Weekly News Classified booking deadline is Monday at
4 p.m. prior to Thursday's publication Please Call 204-467-5836



NOTICE OF ELECTION

RURAL MUNICIPALITY OF GIMLI

NOTICE IS HEREBY GIVEN that a vote of the Rural Municipality of Gimli will be taken to elect:

1 Mayor and 4 Councillors

from the following duly nominated candidates:

For the office of Mayor:
1. CHUDD, Kevin
2. GREENBERG, Lynn

For the offices of Councillor:
1. MARTIN, Barry
2. REICHERT, Kurt
3. PETROWSKI, Richard
4. MARKUSSON, Daphne
5. ISFELD, Brittany
6. LUPRYPA, Danny
7. DAMM, Andy
8. PALSON, Thora

VOTING PLACES

Voting places will be open for voting on:
**Wednesday, the 26th day of October, 2022
between 8:00 a.m. and 8:00 p.m. at:**

- Arnes Community Hall, 20005 Arnes Road 122N, Arnes
- Gimli New Horizon 55 Plus Centre, 17 North Colonization Road, Gimli
- Winnipeg Beach Community Centre, 32 Hamilton Avenue, Winnipeg Beach
- St. James Collegiate, 1900 Portage Avenue, Winnipeg

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on Election Day, an advance voting opportunity will be located at:

Gimli New Horizon 55 Plus Centre, 17 North Colonization Road, Gimli on

Friday, the 7th of October, 2022 between 3:00 p.m. and 8:00 p.m.
Saturday, the 8th of October, 2022 between 12:00 p.m. and 8:00 p.m.
Sunday, the 9th of October, 2022 between 8:00 a.m. and 8:00 p.m.
Friday, the 14th of October, 2022 between 3:00 p.m. and 8:00 p.m.
Saturday, the 22nd of October, 2022 between 12:00 p.m. and 8:00 p.m.

IDENTIFICATION MAY BE REQUIRED PRIOR TO VOTING.

A person may be required to produce one piece of government issued photo identification (for example - driver's license or passport) or at least two other documents that provide proof of identity.

MOBILE VOTING

For the purpose of accommodating persons who are qualified to vote, but reside at a health care facility or a residential senior's facility, a mobile voting station will be set up at the following facilities on the date and time identified:

Gimli Community Health Centre, October 12th, 2022 - 1 p.m. to 3 p.m.
Betel Personal Care Home, date to be determined prior to October 26th, 2022
Waterfront Centre, October 11th, 2022 - 10 a.m. to 2 p.m.

APPLICATION TO VOTE BY SEALED ENVELOPE (Vote by Mail)

A voter who is unable to go in person to the voting place or vote in advance may apply in person, in writing, or by e-mail to the Senior Election Official at;

Robert Potter, Senior Election Official (SEO)
RM of Gimli,
P.O. Box 1246, 62 2nd Avenue, Gimli MB R0C 1B0
Phone: 204-642-6650 / 204-461-1664 cell
Email: elections@rmgimli.com

If applying in person*, a voter may apply between **September 28th, 2022 and October 23rd, 2022.** (*A voter applying in person may pick up a sealed envelope ballot package at the time of application)

If applying by mail or email**, a voter may apply between **September 21st, 2022 and October 23rd, 2022.** (**A voter applying by mail or e-mail will receive a sealed envelope ballot package by regular post, or by making alternate arrangements with the Senior Election Official)

Written applications must be accompanied by legible photocopies of official identification, including a photograph of the voter. If the application is received less than 12 days before the election, the voter may have to make alternate arrangements to have the ballot package delivered to them and to ensure the ballot is returned to the SEO by 8:00 p.m. October 26th, 2022. Ballots received after 8:00 p.m. on October 26th, 2022 will not be accepted.

Dated this 21st day of September, 2022

Robert Potter, Senior Election Official
Rural Municipality of Gimli
PO Box 1246, 62 2nd Ave, Gimli MB. R0C 1B0
Phone: 204-642-6650 Cell: 204-461-1664 E-mail: elections@rmgimli.com

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WEEKLY NEWS **204-467-5836**

**315 acres currently pasture
with remodeled house, good
barn and water, 3 miles south
of Ashern on Hwy 6 and 2
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Owners: Edwardsen Brothers
- Sam - 204-771-3399 or
Reuben - 204-771-1343.
Selling at timed,
online auction.

Register to bid at www.billklassen.com/nextlot/public

Bill Klassen Auctions Ltd.
Ph: (204) 325-4433
Cell: (204) 325-6230
Fax: (204) 325-4484

WES'S TIRE SHOP Tire Technician

Wes's Tire Shop in Carman, MB
is currently seeking a tire technician/
service truck driver to fill a full time
position in our fast paced tire and
mechanical shop. We do repairs/
replacement on all types of tires and
mechanical repairs to all makes and
models of vehicle including semi truck
and trailer. Experience is preferred but
willing to train an interested
individual. Wage is dependent on
experience Benefits package available
after 3 months employment. Forward
resumes to arapwestire@gmail.com

**Call Dennis at 204-745-2076
or drop in at 215 Main
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Breakfast**
SATURDAY
OCT. 29th
9:00am

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BAPTIST CHURCH

Come enjoy a
great breakfast
with some
great men!

163 2nd Street SE, Carman, MB
For more information, call: (204) 745-2078

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available.

Send resumes or
contact information to:
mikespropertygroup@gmail.com

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Wes's Tire Shop in Carman, MB is
currently seeking an automotive
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position in our fast paced tire and
mechanical shop. We do repairs/
replacement on all types of tires
and mechanical repairs and routine
maintenance to all makes and models
of vehicle including semi truck and
trailer. Experience is preferred but
willing to train an interested
individual. Wage is dependent on
experience Benefits package available
after 3 months employment.

Forward resumes to
arapwestire@gmail.com

**Call Dennis at 204-745-2076
or drop in at 215 Main
Street North, Carman, MB**

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is currently seeking

1 FULL-TIME POSITION

Responsibilities include retail sales of
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Duties include scheduling, daily
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paperwork for Bell MTS Services

Must be energetic, self-motivated, an
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communication skills

Send resume to:
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Fax to: 204-376-5836 or
Email to: tdmsports@hotmail.com or
Apply in person at 279 Main St., Arborg



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SAT, OCT 29
10 AM**

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1 mile north and 1 mile
west of Chudds Esso

**Astewo Arborg
Steel Works**
3 miles west
of Arborg on
Highway 68
**LIVE SALE &
VIEWING
TUE, NOV 1
1 pm
ONLINE SALE
WED, NOV 2**

**EQUIPMENT
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WED, NOV 2**

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CONSIGNMENTS
Wednesdays**
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RANCH AND FARM FOR SALE

1110 ACRE RANCH FOR SALE



- * 7 quarters of quality land
- * Recently renovated bungalow
- * Near Arborg & Fisher Branch
- * Pasture & cultivated acres
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BIRTHDAY



HAPPY 10TH BIRTHDAY, KATHRYN!!

ANNIVERSARY



Dan and Christine Klyzub
Married October 9, 1965
Here's to all the years of memories
since you said "I do" 57 years ago!
-With love from your family

IN MEMORIAM



Riley Kowalsky
December 18th, 1983 - October 23rd, 2020
You left us too soon.
We remember you in the morning, in the night,
When we look at the stars, a song, a place, a
smell.

-You are always with us
and forever loved and remembered
by your family

Bridal Shower in honour of
Brenna Klym
Bride Elect of Brady Collins
Arborg Community Hall
Saturday, November 5, 1:00 pm
Registered at myregistry.com
Cash donations accepted at Arborg
Home Hardware or Arborg Co-op

BIRTHDAY



Happy 93rd Birthday to
Mary Turkewich
on October 23rd
-Love from your children,
grandchildren and great-grandchildren
Mnohaya Lita

IN MEMORIAM



Jim Smolinski
March 5, 1945 - October 19, 2009
In loving memory of
my dear husband
father and grandpa

Gone are the days we used to share
But in our hearts you are always there.
The gates of memory will never close,
We miss you more than anyone knows.
Life goes on we know that's true,
But it's not the same since we lost you.
-Always loved and remembered wife Elaine,
children and grandchildren

OBITUARY

Wilbert Ebenes Paulson,
September 9, 1930 - October 13, 2022.
Peacefully at home, with his loving wife Olga and their children Blaine, Kim, Tony and Corraine,
Willie joined his family and friends in Heaven.
No service will be held. Longer obituary to follow.

Your memory will live forever Engraved within our hearts

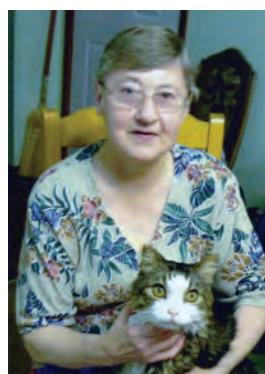
OBITUARY



Helen Ann Kreamer (nee Swirski)
It is with great sadness that we announce the passing of Helen Ann Kreamer (nee Swirski) on Monday, October 10, 2022 at the age of 100.
Left to mourn her passing are her children, Lorraine (Orest), Bruce (Charleen), Grant (Jean), Colleen (Tim); grandchildren Daryle (Jenn), Kelly (Ramie), Jill (Trevor), Adam, James, Kayla, Ellie, Lindsey, Jordy; great-grandchildren Gavyn, Erica, Aubrey, Maya, Jesse, Ray; sisters-in-law Millie Kreamer, Maimie Pfeifer and numerous nieces and nephews.
Predeceased by her husband Lloyd; parents Michalena and Nikolaji; six brothers and one sister; and son-in-law Dale.
Service will be held on Saturday, October 22, 2022 at 11:00 a.m. in the Gilbert Funeral Chapel, Selkirk.
Donations in memory of Helen may be made to the Selkirk Legion.
Condolences may be left on her tribute wall at www.gilbartfuneralhome.com.
Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Marjorie Alice Tober
December 13, 1942 - October 6, 2022
Marjorie, aged 79, passed away peacefully at the Lakeshore General Hospital in Ashern, MB due to cancer.
She was born December 13, 1942 in Faulkner, Manitoba to Frank and Julia Kietzer. She grew up on the family farm and went to school at Aston Villa School in Faulkner. In her twenties she met Grant, and two years later they got married and moved to Winnipeg where Grant worked for 10 years. They moved back to the Steep Rock area and started farming where she enjoyed looking after a garden, preserving vegetables and looking after her flowers. In 1984 they had their son Tyson. She enjoyed crafting, doing jigsaw puzzles, cooking and looking after her pet cats.
Marjorie is predeceased by her parents Frank and Julia Keitzer; sister Doris (Chris); brothers Donald and two of her other brothers Ernest and Earl who passed away at birth; along with her in-laws and other family members.
Marjorie is survived by her husband Grant; son Tyson (Jolene); nieces Darlene (Glen), Joan (Brad), Janelle (Mike) along with numerous cousins.
Cremation has taken place and a private graveside service will be held in the Faulkner Cemetery.
In lieu of flowers, donations may be made in Marjorie's memory to the Lakeshore Hospital Guild, PO Box 1, Ashern, MB. R0C 0E0.
We wish to thank the doctors, nurses and staff of the Lakeshore General Hospital for the care and compassion given to Marjorie and our family.
Arrangements by:
ARNASON FUNERAL HOME Ashern - Lundar
1.204.768.2072 1.866.323.3593

OBITUARY



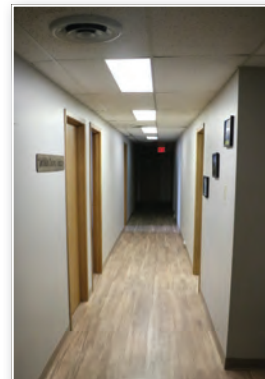
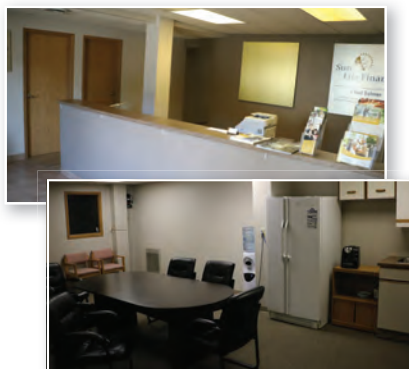
Joanne Kathleen Thomas (nee Nelson)
April 16, 1938 - October 5, 2022
Heaven has a new Angel.
Joanne passed away peacefully surrounded by her family after a brief illness at the Grace Hospital on October 5th, 2022.
Joanne will be missed dearly by her husband Lorne of just over 66 years. Left to cherish her memory are her four children, Lorna Thomas, Rose Marie Hrechkosy (Darryl), Norma Reinhardt (Alex) and "Buzz" Lawrence Thomas; Joanne's pride and joy, her four grandchildren, Bryce, Lindsay, Amber and Matteo.
Joanne was predeceased by her parents Kathleen (Katherine) and Joseph Nelson, sister Emma Burns and brother Leonard Nelson. She is survived by her siblings Ruth Brousseau and Jack (John) Nelson and their families. Joanne was the eldest child of Joseph and Kathleen Nelson. At age 84, she was the eldest cousin in a very long line of the Nelson generations to follow. She has one remaining uncle, Arnold (Lawrence) Nelson.
At the tender age of 13, she embarked on raising her first family, her siblings. Due to her mother's life altering illness, Mum took on many adult responsibilities at a young age. Joanne met the love of her life Lorne Thomas in 1955 with their first date at a Sadie Hawkins dance. They were married on June 2nd, 1956 with many adventurous stories of that day. They resided in Winnipeg Beach with Grandma Thomas. All four of her children were "hatched" during the time they lived in Winnipeg Beach where she set out raising her second family. At the age of 38, Mum went back to complete high school, doing her homework at the kitchen table along with her own children. She went on to fulfill her life-long dream of becoming a licensed practical nurse graduating at the age of 40. She started her nursing career in Gimli, Manitoba at Johnson Memorial Hospital. In 1989, Mum and Dad moved to Nanaimo, BC where Mum continued her nursing career until retiring at the end of her shift Christmas Day 1998. Living on Vancouver Island was Mums HAPPY PLACE. They returned to Winnipeg Beach in the of spring 2007 where they maintain a family home.
Mum lived her life with FIERCE independence, strength, and determination to be the most loving mother we could have ever dreamed of having. She was content in that she has raised two families to the best of her ability. Mum, you will remain in our hearts forever.
We would like to thank the staff at the Grace Hospital ICU for their compassion and care of our Mum and our family.
In lieu of flowers, donations may be made to Mum's favorite animal rescue, Hope for Wildlife at www.hopeforwildlife.net.
The service will take place on Saturday, November 5, 2022 at 11:00 a.m. in the Gilbert Funeral Chapel, Selkirk, MB. A private family interment will take place.
Condolences may be left on her tribute wall at www.gilbartfuneralhome.com
Gilbart Funeral Home, Selkirk in care of arrangements.



CLANDEBOYE AVE in Selkirk Executive Mall

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204-485-0010 email bigandcolourful@mts.net



Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.



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• Laminate Flooring Repairs
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mdriedg@gmail.com

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