

Arborg's Icelandic chapter, Esjan, hosted the 9th annual Kvennahlaup - Women's Wellness Walk on Oct. 1. The participants enjoyed each other's company and got some exercise on a refreshing morning walk.

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Esjan hosts 9th annual Kvennahlaup, Women's Wellness Walk

By Autumn Fehr

The Arborg Icelandic Club, also known as Esjan, brought the community together for their ninth annual Women's Wellness Walk on Saturday, Oct. 1 at the Arborg and District Multicultural Heritage Village.

The walk is modelled after Kvennahlaup, which means women's walk in Icelandic. These walks began in Iceland 31 years ago and are now a community tradition.

Initially, the walk was for women to get out and exercise. Still, it has always been open to whoever wants to get their runners on and join in on the community activity, whether they are women or have an Icelandic background.

"We started it as a cultural thing for us, but we live in a multicultural community, so we want everyone to join us. It's important to promote some exercise and follow what they do in Iceland. They started it as a means to promote health and wellness to women and just a means to get out for solidarity and companionship, and we just want to carry that through — it's something we've done in conjunction with them. We always hope more members in our community will join us," said Debbie Johnson, the organizer of the walk.



PHOTO BY DEBBIE JOHNSON Two participants from the ninth annual Kvennahlaup, Women's Wellness Walk on Oct. 1, braving the cold weather to enjoy community activity.

About 14 to 15 people turned out for the event, on the lower side for participation, which Johnson awards to the chilly weather that day. She said this is the first year they've done a walk into October.

"We've always hoped for larger numbers of people, but we always have our core group that comes, so



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EXPRESS PHOTO BY LEO JOHNSON

A group photo of some of the participants from the ninth annual Women's Wellness Walk, on the steps of one of the Heritage Village homes.

it's always fun, no matter the numbers," said Johnson.

The walk started bright and early at 10 a.m. at the Heritage Village, where participants took off along the winding Icelandic River, through town and over walking bridges. Anyone who can't walk that far will walk around the Heritage Village.

After the walk, around 11:30 a.m., the group enjoyed some refreshments together.

The event was free, but participants

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had an opportunity to donate to the cause that made the walk possible.

For the fourth year, the group has put out a silver collection at the walk, where all proceeds are donated to the Arborg Heritage Village because of their support to offer the space for the walk.

"Marlene at the Heritage Village always opens the hall at the village for us to have coffee and refreshments after the walk," said Johnson.

Esjan is a chapter of the Icelandic National League of North America. Other clubs in the league also hold walks of their own to promote companionship and solidarity, such as the walk in Gimli and Winnipeg.



Fraserwood residents forced to cut highway ditches themselves after lack of action

By Patricia Barrett

Frustrated by the municipal and provincial governments not taking action on cutting vegetation in ditches running along Provincial Road 231 through the town of Fraserwood, local residents were forced to take matters into their own hands in order to mitigate the potential for flooding.

Fraserwood resident Peter Capar said he and other residents co-ordinated a "work crew" last week to cut vegetation in the ditches running the length of town, and to also remove garbage and items such as tires that get hurled into ditches.

Residents had appeared as a delegation at the RM of Armstrong council's September meeting to raise concern about the lack of maintenance on ditches through Fraserwood but "nothing has come of it."

"I began cutting them myself last weekend [end of September], but it was too much for one person," said Capar last week. "So we co-ordinated a work crew for Saturday and we'll be going right through town and cut everything that needs cutting."

The residents posted a notice on a local social media site asking for more volunteers with weed eaters to join them on Oct. 8.

Leaving vegetation to grow in ditches has the potential to cause the backup of water and the flooding of properties.

"We've had drainage issues over the last few years. Our big concern is flooding in the springtime. The flooding we had this past year is of particular concern," said Capar. "We need water to flow unimpeded through town and have no one get flooded out."

For many years, Capar said the municipality cut the ditches through Fraserwood. But for the last three



EXPRESS PHOTO COURTESY OF PETER CAPAR Peter Capar cut vegetation impeding the ditch by the Fraserwood Fire Hall near the end of September.

years, there has been "nothing done." The RM hires students each summer through a provincial Green Team grant program for youth, and this year the RM set them to work cutting ditches through Inwood and mowing cemeteries around Komarno.

"The first year Fraserwood had no ditch maintenance we asked the RM, 'Why wasn't it cut?' The RM said it had no workers. Then it was CO-VID. Then the excuse they gave [a few weeks ago] is that Fraserwood is on PR 231 and that it's a provincial responsibility," said Capar. "But the highway through Inwood [Highway 17] is also a provincial responsibility. Yet the RM used the Green Team there. Instead of sending the team out to Fraserwood or to smaller communities to clean up a little, they keep them in Inwood. Fraserwood can't get any attention."

Later last week — after residents were told it was not an RM responsibility and put out a call for volunteer cutters — they found the shoulders along the highway mowed and the

Continued on page 5



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Riverton's Truth and Reconciliation event a testament to reconciliation

By Autumn Fehr

A sea of orange shirts flooded the Riverton Community Hall on Sept. 30 to celebrate National Day for Truth and Reconciliation on Sept. 30.

Last year, the Government of Canada announced the new federal holiday as a day meant to honour the children who didn't return home, survivors of residential schools, and their families and communities.

This year on Sept. 30, the Riverton and District Friendship Centre (RDFC), commemorated the day of Truth and Reconciliation for a second year by celebrating with a special event.

"As an urban and Indigenous notfor-profit organization, we thought it was essential to have this event for our community and the surrounding areas. Not only for the survivors and their families but to educate," said Desarae Bilinski from the Riverton and District Friendship Centre.

Approximately 300 members from the community gathered to learn from presentations, listen to entertainment and share a feast, all through fellowship in the act of reconciliation.

"The event was a true success. It grasped what it means to have true truth and reconciliation," said Bilinski.

Bilinski opened the floor to the event as the master of ceremonies, acknowledging it was great to see everyone attending the event for authentic reconciliation.

The event began as a time of storytelling and hearing from one of the many survivors.

Lucille Taylor, a residential school survivor, came up and said an opening prayer in her traditional language of Anishinaabe.



Lucille Taylor, a residential school survivor and one of the speakers at Riverton's Truth and Reconciliation event on Sept. 30 with her granddaughter Beaux.



Dawn Madahbee Leach speaking on her story and Indigenous economic development at Riverton's Truth and Reconciliation event on Sept. 30.

"This was very beautiful because historically, so many were not allowed to," said Bilinski.

Taylor's daughter Kody Taylor followed and spoke on the importance of practising and working towards truth and reconciliation with Indigenous peoples every day, not just on the national day of Sept. 30.

Dawn Madahbee Leach spoke on her story. She is fiercely committed to Indigenous economic development and plays a huge role in Indigenous issues.

"To have true truth and reconciliation, you must hear and know the truth of what happened," said Leach in her speech.

The rest of the event was spent celebrating Indigenous culture and the fact that Indigenous people still, and continue, and will always be here, said Bilinski.

Following the presentations, there was entertainment. The drum group Red Shadow Singers and the RDFC Drum Group performed.

Afterwards, everyone joined together in a feast of Indigenous tacos.

Other Indigenous entertainment included Jason Lepine's Métis Spirit Band, who did the jig and played for most of the rest of the event, followed



EXPRESS PHOTOS SUBMITTED

Métis Club Traditional Dancers dancing for the crowd at Riverton's Truth and Reconciliation event on Sept. 30.



RDFC drum Group, playing at Riverton's Truth and Reconciliation event on Sept. 30.

by the Peguis United Steppers and the Métis Traditional Club Dance Group. The floor was open for anyone to

come and dance along with the music. "It was nice to see the whole room filled with orange shirts celebrating Indigenous culture through dance and movement," said Bilinski.



Jason Lepine's Métis Spirit Band playing at Riverton's Truth and Reconciliation event on Sept. 30.

To end off the event, they had a round dance while the Spirit Singers drummed.

"It was beautiful to see the room packed with orange shorts, joining in a circle, dancing shoes on, dancing together in friendship, unity, and in the spirit of authentic reconciliation. It was a really beautiful moment. There were tears in the room for sure," said Bilinski.

The event offered something for everyone to enjoy while taking the time to celebrate Indigenous culture and heritage through reconciliation.

"We hope to keep growing our event and keep having inclusivity in the entertainment that we provide and for it to keep becoming bigger and more powerful. We want it to make a mark and a difference in truth and reconciliation in our community and surrounding areas, not only on the day of Sept. 30 but throughout the year," said Bilinski.

Teulon student says studying close to home has benefits

By Patricia Barrett

A student enrolled in Assiniboine Community College's practical nursing program in Arborg says there are many benefits to learning close to home.

Emily Caumartin, who lives in Teulon, said she appreciates the opportunity to train as a nurse in the Interlake and with other students from the region.

"It's a really nice opportunity to go to school with a bunch of other Interlake students," said Caumartin last week. "It kind of feels like we have a family relationship in the classroom."

The two-year practical nursing diploma program started in September at the revamped Arborg Training Centre, attracting students from across the Interlake.

Caumartin was working as a health care aide in Selkirk and said she was looking at a number of options to enrol in a nursing program. She saw that Ashern-based Fieldstone Ventures had teamed up with Assiniboine Community College to deliver a nursing program in Arborg this fall, and that meant she could scale back on some of the costs associated with studying in the city.

"I got really excited. Even though technically it's about the same distance from my house to the Winnipeg campus as it is to the Arborg campus, by taking the course in Arborg I don't have to pay for parking in the city," she said.

Other benefits of taking the program in the Interlake include a more "homey" feel to the program, as well as not having to take her practicums, or hands-on training, in a health-care facility in the city.

"Arborg is a small community and we have local LPNs teaching the course. It has a homey and comfortable feel to it versus learning in a city setting," said Caumartin. "And when we take our practicums, we'll be placed within the Interlake-Eastern Regional Health Authority. If you took the course in Winnipeg, you'd be placed somewhere within the Winnipeg health region."

Practical nurses are a vital part of health-care teams, supporting registered nurses and physicians in the care of patients. Assiniboine's practical nursing program will teach students topics such as anatomy, physiology, patient safety, how to take vital signs, check blood pressure, insert catheters and IVs and ensure that patients are comfortable. When they graduate, they can work in hospitals, personal care homes or other healthcare settings.

Caumartin said she wanted to upgrade her health-care skills after having worked as a health care aide at the Selkirk Mental Health Centre.

"I wasn't sure if I would like the health-care field so that's why I took the health care aide course first versus going straight into nursing," she said. "Once I started working, I realized I have a passion for helping and caring for people and I wanted to further my health-care knowledge."

After each term in the nursing pro-



Emily Caumartin

gram, Caumartin said they'll be taking a practicum. The first one is scheduled for November, with the second and third scheduled for spring

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> DITCHES, FROM PG. 3

ditch in front of Fraserwood Park cut. But there is still vegetation to remove from ditches.

"We are proceeding tomorrow [Saturday] as planned," said Capar.

RM of Armstrong chief administrative officer Corlie Larsen said the municipality hasn't stopped cutting ditches in Fraserwood, but it has had issues finding staff.

"Each year we have less and less interest in applicants for the Green Team, and the past two years we were unable to find someone with a driver's licence. We also don't get much interest in applications for public works or roadside cutting," she said. "Last year our only public works person was put mainly on roadside brushing to take advantage of the dry season and dry ditches. This left our only Green Team [member] without a driver's [licence] having to be within walking distance to the municipal shop in Inwood."

This year, Larsen said the RM was dealing with flooding issues.

"This year we had a contractor cut the ditches in Fraserwood with a tractor mower and we weren't able to get to weed wiping the bottom of highway's ditch," she said. "We also get complaints that we cut in highway's ditches."

Armstrong Reeve Susan Smerchanski said the RM has not "intentionally cut back" on maintenance services but recognizes that not all towns in the municipality were able



to be serviced equally.

The RM has had fewer Green Team applicants over the past number of years, she said. They work with the RM's public works employee and in his absence report to the CAO.

"Over the past few years there have been many challenges with the pandemic, being short staffed due to job postings not being filled, staff leaving positions early or staff being away for extended periods of time," she said. "It has been a juggling act for scheduling staff and work assignments within these limitations. We did not have a full complement of staff or Green Team for the past few seasons, making it difficult to provide fair and equal services to all of our towns within the municipality."

On behalf of council and staff, Smerchanski apologized for the ditch maintenance issue in Fraserwood and thanked the volunteers for taking pride in their community.

A spokesperson for the Manitoba transportation department, which is responsible for highways, said PR 231 "near the RM of Armstrong" gets mowed annually. He



didn't, however, address the specific question of cutting ditches along 231 through Fraserwood.

"Manitoba Transportation and Infrastructure's current mowing practices are performed in a manner to both address driver concerns and to minimize regrowth before winter to prevent snow trapping," said the spokesperson. "PR 231 near the RM of Armstrong receives an annual mowing, which it received a 4.2-metre-wide cut this fall. Staff continue to monitor areas should possible concerns arise with sight lines that may need to be addressed."













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Fund announced for Indigenous patricia@expressweeklynews ca communities involved in the outlet channels project

Submitted by Manitoba government

The Manitoba government is developing a new \$15-million fund to support Indigenous economic development opportunities related to the Lake Manitoba and Lake St. Martin Outlet Channels Project, Transportation and Infrastructure Minister Doyle Piwniuk announced last week.

The new fund will be administered as a proposal-based funding program, open to 39 Indigenous groups (First Nations, Métis and Northern Affairs communities, and Indigenous organizations) involved in the outlet channels project. The fund will be used to support economic development opportunities related to the outlet channels, and reconciliation in alignment with the principles outlined in the Path to Reconciliation Act.

"Our government understands that concrete and constructive actions are needed to advance reconciliation and ensure Indigenous people have a meaningful voice in any decisions that may impact their traditional lands, rights or interests," said Piwniuk. "This new fund will support the development of Indigenous-led economic opportunities and long-term economic development in the communities most impacted by the Lake Manitoba and Lake St. Martin Outlet Channels Project."

The Lake Manitoba and Lake St. Martin Outlet Channels Project involves building two outlet channels, each approximately 23 kilometres long, three bridges and two watercontrol structures, a 24-kilovolt distribution line and adjusting the surrounding highway infrastructure. The outlet channels will improve water regulation of Lake Manitoba and Lake St. Martin, reduce the likelihood of flooding on both lakes and lower the risk of flood-related damages, and disruption to communities in the area.

"We know we must collaborate with Indigenous communities involved in the project in the true spirit of reconciliation to ensure the success of this historic endeavour," said Indigenous Reconciliation and Northern Relations Minister Alan Lagimodiere. "We look forward to ongoing collaboration to ensure the project aligns with the traditional knowledge and Indigenous understanding of the area to improve flood protection, and increase resilience against climate change for all Manitobans."

Prior to officially launching the fund, the province will collaborate with Indigenous communities to develop a framework for fund. This framework will be developed in collaboration with Indigenous communities involved in the project. Once the fund is officially launched, an evaluation committee made up of representatives from several government departments will review proposals with the potential to partner with other organizations to provide input to the proposal, identify additional funding sources, and support proposal development and training.

The province expects to share more details about program eligibility, the intake process, and funding agreement requirements in the coming months.

For more about the Lake Manitoba and Lake St. Martin Outlet Channels Project, visit www.manitoba.ca/mit/ wms/lmblsmoutlets.

Excess moisture insurance coverage increasing for 2023 crop year

By Manitoba government

Manitoba producers will receive higher Excess Moisture Insurance (EMI) coverage levels as part of the AgriInsurance program for the 2023 crop year, federal Agriculture and Agri-Food Minister Marie-Claude Bibeau and Manitoba Agriculture Minister Derek Johnson announced last week

"Extreme weather conditions continue to challenge and threaten the viability of many producers," said Bibeau. "With the increasing cost of inputs, these enhancements to the Agri-Insurance program's Excess Moisture Insurance will allow for greater coverage in the event of financial losses." Basic EMI coverage is a standard feature of the AgriInsurance program

that provides protection against the inability to seed due to wet conditions. Producers can choose increased coverage options at higher premiums. Since 2000, basic EMI coverage has been \$50 per acre, while higher coverage options increased in 2014 to \$75 and \$100 per acre. For 2023, basic cov-

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and summer. The students will get hands-on experience working with their preceptors, or supervising practitioner, in health-care facilities. She said she's looking forward to the hands-on practicums.

"Assiniboine is providing us with fancy patient mannikins. You can hear breathing sound and heart sounds and other cool stuff. I'm really excited to use them because it really helps you understand better than just reading about it in a textbook. It will tell you if you're doing your procedure right and you can correct it on the spot," said Caumartin. "With CPR dummies, for example, a lot of them will tell you if you're pressing deep enough when you're doing reps."

Once she graduates, Caumartin will have endless job opportunities as there is a nursing shortage across Interlake, the province and Canada. She won't be graduating until 2024, but she said she's thinking about taking a nursing job in or close to Teulon.

"I was thinking of either the Teulon hospital PCH or Selkirk General or I might go back to the Selkirk Mental Health Centre," she said. "It's still quite a way off!"



CCNEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS

EXPRESS PHOTO BY JO-ANNE PROCTER

Farmers throughout the Interlake were busy harvesting oats, wheat, barley, canola and soybeans last week. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@expressweeklynews.ca.

> EXCESS MOISTURE, FROM PG. 6

erage will increase to \$75 with higher coverage options increasing to \$100 and \$125.

These changes were made in consultation with producer groups that have expressed interest in higher coverage levels due to rising farming costs. The province's share of premiums for the 2023 EMI program is estimated to be \$8.6 million.

Manitoba Agricultural Services Corp. (MASC) reports there were 866,000 unseeded acres in Manitoba this year (approximately eight per cent of the total acres), resulting in estimated EMI indemnities of \$53.5 million.

"The excessive moisture during the growing season this year brought extremely challenging conditions for producers across our province," said Johnson. "The AgriInsurance program exists for them in these kinds of situations. The newly increased coverage provided through Manitoba Agricultural Services Corporation will bring further assistance and relief to those who need it most."

MASC will send EMI confirmation letters to all existing AgriInsurance clients later this month to reflect the new coverage levels and premiums. Producers have until Nov. 30 to make changes to their EMI coverage for 2023 by contacting a MASC Service Centre.

Under the Canadian Agricultural Partnership, AgriInsurance premiums for most programs are shared 40 per cent by participating producers, 36 per cent by the Government of Canada and 24 per cent by the Manitoba government. Administrative expenses are paid 60 per cent by Canada and 40 per cent by the Manitoba government.

Correction

In the Oct. 6 edition of the *Express Weekly News*, in the article "Lakeshore School Division welcomes new voices to board of trustees," we incorrectly identified Don Nikkel as the superintendent. In actual fact, Darlene Willets is the superintendent/CEO of Lakeshore School Division while Nikkel is the superintendent of HR, policy and alternative program director.

The *Express* apologies for the error.



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8 *The Express Weekly News* Thursday, October 13, 2022 Crumbling infrastructure, business development focus of Gimli COC election forum

By Patricia Barrett

The Gimli Chamber of Commerce hosted a municipal election forum last Thursday to help residents get to know the 10 people vying for a seat on council.

About 150 people attended the twoand-a-half-hour forum at Sigurbjorg Stefansson Early School.

Kevin Chudd and Lynn Greenberg are running for mayor. Brittany Isfeld, Daphne Markusson, Thora Palson, Andy Damm, Barry Martin, Danny Luprypa, Kurt Reichert and Richard Petrowski are running for councillor.

Questions from the chamber included how candidates planned to create tourism and business development opportunities, clean up the town and RM and address road repairs. Questions from the audience included cleaning up the Industrial Park, encouraging business development, tackling crime, furthering truth and reconciliation, allowing proactive bylaw enforcement and regulating Airbnbs.

On tourism and beautification, specifically with regard to providing services such as public washrooms in the off seasons and cleaning up the town, current mayor Lynn Greenberg said the municipal budget has to be taken into consideration when it comes to making improvements.

"Budgeting is the problem. Senior governments like the province and the federal government can run deficits ... but we have to run a balanced budget," said Greenberg, who has served many terms on council both as councillor and mayor. "And we've only got so much money to work with. If we overspend, we'll right away raise taxes. With many seniors

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Fri & Sun Mtgs at 7:30 pm Womens Mtgs Thurs at 10:30 am in this community, they can't have their taxes raised up. We have to do things bit by bit, but it does warrant examination."

A chamber-led survey conducted this year showed 75 per cent of the business community are concerned with a lack of timeliness over road repair.

Daphne Markusson, who has previous experience on council and a background in municipal administration, said she'd put a "condition monitoring system" in place to ensure all RM roads are surveyed and the "right treatment applied at the right time" to prevent their worsening deterioration.

Barry Martin, a retired aircraft maintenance engineer, said he'd focus on clearing out abandoned buildings in the Industrial Park in order to attract new businesses.

"The state of the RM is what prompted me to run for council," said Martin. "It's an issue that affects us all, from the state of our roads to the length of time it takes to repair them and do regular maintenance. We've faced unusual challenges this past year with COVID, flooding and labour shortages, and the state of disrepair has gotten worse over time."

Kevin Chudd, vice-president of Chudd's Chrysler and a former councillor and mayor, said there's a lot of work to do to turn the Industrial Park into a viable operation.

"The Industrial Park hasn't gone anywhere in years and is not living up to its potential. It has to be linked to the central business district of Gimli. To keep going the way it is isn't working and hasn't worked. Selkirk grew its district around the Walmart; we have to do that. The park has to be cleaned up," said Chudd. "I'm being critical because I'm passionate and I love my community. We have to get everybody behind this and working together. There's a lot of potential here."

Thora Palson, who has served two terms on council and has a background in municipal governance and human resource management, said she believes council's role in beautification, tourism and business development is to take part in and support RM committees and boards tasked with those responsibilities.

"On tourism, beautification and business development, I see council's role as taking active participation in their assigned committees and boards. Then bringing to council's attention anything that would promote the well-being and interests of the municipality and working together to see goals turn to action and then re-



EXPRESS PHOTOS BY PATRICIA BARRETT

From left: Kevin Chudd, Brittany Isfeld, Daphne Markusson, Danny Luprypa, Andy Damm and Thora Palson.



From left: Kurt Reichert, Lynn Greenberg, Richard Petrowski and Barry Martin.

sults," said Palson.

On the topic of improving communication with both permanent and seasonal residents, Andy Damm, a retired airline pilot with union negotiating experience, was the only candidate who suggested the RM videotape and broadcast council meetings and hold online polls to glean constituents' views.

"When you're away from the district, you need that input and that isn't going to a website and trying to ferret something out. It's very easy to broadcast [council meetings] live on the internet so people can see them," said Damm. "You can add questions to a screen for question period and people can provide input no matter where they are. You can also run electronic polls to get input from people."

On the job creation and business creation front, candidates spoke about the need for incentives and having supports such as affordable housing and good infrastructure in place.

Danny Luprypa, a retired teacher who served on council for over 20 years, said council needs a new approach to attracting business to the RM and creating employment.

"Many, many communities in the

country are now giving land away. I've addressed this in the past — and I've been chastised for it. [Communities in] Alberta and Saskatchewan have given away free land with some conditions ... such as waiving taxes as an incentive. All these communities have reported success stories and ... population increase and job creation," said Luprypa. "There are no incentives for our Industrial Park and job creation."

Brittany Isfeld, who formerly worked for the Gimli Community Development Corporation and as tourism clerk for the RM, stressed a need for the creation of a strategic plan to guide development in the RM. And in order to attract more business, developers must be provided with incentives. They also have to see that there's available housing to bring in workers and that the RM can maintain standards.

"Giving land away in Pipestone and Reston [in Manitoba] has seen so much success, but that doesn't mean we have to give it away for free. But we can give developers an incentive. If you're trying to attract busi-

Town of Winnipeg Beach makes strides with new policy

Baby shower policy offers appreciation to hardworking staff

By Autumn Fehr

Recently, the Town of Winnipeg Beach welcomed a new policy to their lineup that will celebrate all employees who have a baby, whether it's themselves or their partner.

Through the new policy, all pregnant employees of Winnipeg Beach will receive a baby shower to celebrate, organized by the chief administrator officer (CAO) or an employee appointed by the CAO. "Our town employees are our biggest asset. Being on council these past couple of months, I've had the opportunity to meet all of them, and they are really good people, very hard workers who give it their all. I think it's important to appreciate your staff, and it's important to honour celebrations that are happening in their lives. ... We just want to honour them," said Winnipeg Beach Mayor Pam Jackson. The idea to implement the policy

came from the CAO of Winnipeg Beach; Kerry Swanson brought up the issue to the council as he noticed that they didn't have a policy and two staff were expecting a baby, said Jackson.

"If you don't have a policy, then one baby shower you could be spending \$40 on a gift, and then the other you are spending \$60 on a gift, and then people get up in arms about why people get this and nobody got this. So it's important to have consistency so that when someone is expecting an addition to their family, the town would like to have a baby shower for them and lay out what it would include, so there will be consistency throughout the next number of years," said Jackson.

The baby shower will be scheduled during the employee's regularly scheduled hours, most likely during a lunch hour, for a slot of a maximum of two hours, in one of the town buildings such as the rec centre or town office, depending on how many people would be coming.

The baby shower itself would not be two hours long, but the office staff will probably take 15 to 20 minutes before and after the shower for set-up and take-down.

The money for the baby shower, including the location and cake, plus the \$50 contribution to a gift or the purchase of a gift not to exceed \$50 plus applicable taxes and shipping, will come from the town's budget for staff appreciation that is already in place.

Jackson said there has always been a line in the budget for staff appreciation, for events like these.

Strengthen your mental health with tai chi

By Autumn Fehr

Tai chi is an ancient Chinese martial art that goes back to the 15th, 12th or even 8th century.

This ancient practice will make its way to Arborg in a few days.

Starting Monday, Oct. 17, Arborg will welcome the practice to the town and provide beginner tai chi classes at Arborg Hall from 6:30 to 7:15 p.m. to anyone interested.

The new classes will consist of eight Mondays of lessons taught by a certified instructor. There is no special clothing or equipment required to participate.

The cost of the full eight weeks is \$100, and any age is welcome to attend.

Often recognized as meditation in motion, tai chi involves meditative body movements at a slow, gentle pace.

The practice was originally created for self-defence and to advocate for calm and inner peace but evolved over time into the graceful exercise it's known as today. Practising tai chi has many health benefits such as decreasing stress, anxiety and depression, and improving balance and strength, among other benefits.

To register for the classes, interested people can call the Arborg Bifrost Community Centre at 204-376-5576.

> COC ELECTION FORUM, FROM PG. 8

nesses, you have to offer incentives and ensure there's beautification of the area," said Isfeld. "And if you're trying to attract a large industry, you need to have housing. We need an overall plan."

Richard Petrowski, who has served a number of terms on council, also said the municipality must make it easier for businesses to set up in order to spur on job creation.

"The municipality must foster a workable, inviting friendly atmosphere for investors and new business owners, find out what they require and how we can help them prosper by giving them what they need to succeed," said Petrowski.

Kurt Reichert, who has years of experience in the automotive and food industry, said he'd focus on creating good paying jobs so that Gimli's youth don't feel compelled to leave for the city or other communities.

"We need to attract more business to the RM of Gimli. We need more job opportunities here and good paying jobs that keep our young people here to grow some roots," said Reichert.

In regard to Airbnbs proliferating in the RM, candidates who spoke on the issue agreed that they're businesses property owners are profiting from and that the RM needs to tax them as such, as well as regulate them in order to minimize disruptions to neighbouring properties.

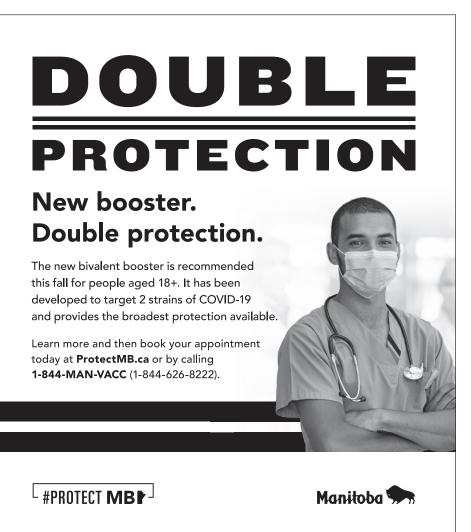
When candidates were asked what they considered to be the most serious threat facing the RM, Chudd said climate change and its destruction of infrastructure. Greenberg said infrastructure such as roads and sidewalks.

Damm received long-lasting applause when he said "complacency."

"I think the most serious threat to our community is complacency. We see all these issues we have from infrastructure to a lack of jobs and lack of housing, and if we sit here and do nothing, that's the worst threat to this community," said Damm. "We have to have a viable plan going forward to get these things fixed."

Silver Harbour resident Frederik Veldink said he was disappointed with the forum as the questions he submitted to the candidates were overlooked.

"I submitted a number of questions but none of them was read," said Veldink. "A key question I submitted was addressed to Kevin Chudd."



Get spooked in the village

Arborg and District Multicul- if they could film some scary ghost stories on tural Heritage Village Small Town Ghost Stories Oct. 28 and 29

By Autumn Fehr

October can be a spooky season and that can mean scary ghost stories.

What better place to hear those stories than from the Arborg and District Multicultural Heritage Village, which is rumoured to be haunted?

For the first time, the Arborg and District Multicultural Heritage Village will host the premiere screening of five short spooky films inspired by the Arborg Heritage Village.

The Red Carpet screenings will take place the weekend leading up to Halloween, Oct. 28 at 8 p.m. and Oct. 29 at 7 p.m. and 9 p.m., at the historic Town Hall of the Heritage Village.

"This was a collaboration between us and Arborg. Two of the writers are from Arborg, and a number of the actors who appear in the films are also from there. It was so exciting for us to be able to film at the Arborg Heritage Village but also to be able to have a collaboration with them," said Prairie Sky Sci-Fi Club artistic producer Gwendolyn Collins.

Born out of the pandemic, the film production company Prairie Sky Sci-Fi Club is dedicated to telling stories and producing films in the science fiction/horror genre that explore the supernatural, wherever that may be.

The club started partnering with the Heritage Village in the fall of 2021 when they approached them to ask the property.

"They were extremely open to that and were able to partner with us and let us film there. So to sort of give back to them, I thought we should hold a fundraising screening there for the Village,"

said Collins.

Out of their initial tour of the Village, the Prairie Sky Sci-Fi Club got wind from the chair of the Village, Pat Eyolfson, that the site was haunted, which was fitting as they intended to shoot ghost stories on the property anyways.

Now, the company could shoot onsite where these haunted stories happened, making their shorts even more authentic.

Each screening will show all five short spooky films.

They will feature the films Never Alone written by Cuinn Joseph, Our/ Their Parade written by Tanner Manson with Walk & Talk Theatre (Duncan Cox, Ben Townsley), A Sense of Something written by Amanda Kindzierski, Donald written by Omid Moterassed, and Dress Up Derailed written by Sage Stoyanowski.

The writers were inspired by the ghost stories from the area and loosely based their stories on the true stories of the Heritage Village.

One of the true stories from the Village is about a telepath that went to the Heritage Village. She went to one of the homes and sensed a sad presence there and became very distraught. Later on, she learned that this woman had lived a very sad life there,



EXPRESS PHOTO SUBMITTED

Gwendolyn Collins in the screenplay A Sense of Something, one of the five ghost stories playing at the Red Carpet screenings at the Heritage Village.

such as experiencing multiple miscarriages in her lifetime.

When it came to writing A Sense of Something, Kindzierski included a telepath in the story. The story is about a team going to the Heritage Village where a telepath leads them around, and the telepath can see the past and what's happening in the Heritage homes. In the short, the telepath sees flashbacks that include death and murder.

This short was based loosely on the spooky telepath story at the Heritage Village years ago.

With the support of the Canada Council for the Arts, Manitoba Arts Council, Manitoba Film & Music, and Peg City Car Co-op, the production company was able to put on these screenings as a fundraiser in support of the Heritage Village.

Tickets are \$10 at the door and can be reserved at https://ti.to/prairie-skysci-fi-club/small-town-ghost-stories.

As a fundraiser, the money from the tickets sold will go towards funding the Heritage Village.

Congrats to IERHA Chair's Award winners

By Jennifer McFee

Congratulations are in order for several Interlake-Eastern Regional Health Authority employees who earned recognition for their outstanding contributions.

At the IERHA's Oct. 4 AGM, board chair Glen West announced the four winners of the Chair's Award for Customer Service, chosen from among 18 nominees.

Amy Henry, adult speech language therapist, was nominated by Leana Smith, clinical team manager for the home care program. Smith said Henry is dedicated to continuing education, with a special talent for mentoring new staff and students at Selkirk Regional Health Centre.

"Amy has a smile on her face, a 'can do' attitude," Smith said, "and goes above and beyond for all patients, clients and families in the region."

Clinical resource nurse Erin Fontaine-Walsh was nominated by Ellen Reimann, Stonewall Hospital's clinical team manager. Reimann said Fontaine-Walsh welcomes new staff, mentoring them with kindness and understanding.

"She is patient, kind, attentive, knowledgeable and has critical thinking skills beyond compare," Reimann said. "She is outstanding at communicating with our patients' families and advocates for our patients as if they were her own family."

Katelyn Jonsson-Lang, occupational therapist in Ashern, was nominated by reĥabilitation aide Trina Lussier at Eriksdale Hospital.

"The time and effort that Katelyn spends on each client or patient in order to do this is extraordinary," Lussier said. "She goes above and beyond her duties to make sure the patient is going to succeed at home."

Judy Kehler, a health-care aide who works at Eriksdale Personal Care Home, was nominated by her coworker Charlene Kaartinen.

"Judy takes her job seriously. I see that she treats residents like family, building relationships with them," said Kaartinen, who also works as a health-care aide at Eriksdale Personal Care Home.

"When it comes to Judy, I feel confident knowing that all tasks were completed correctly and accurately by the end of shift, as well as knowing that all of the residents' needs were met."

West offered his congratulations to all this year's winners and nominees.

"Your approach to your work and how you interact with others is an inspiration to us all," he said.

Madeline's Closet holding grand opening of new location



EXPRESS PHOTO SUBMITTED

Madeline's Closet is moving to a new location in Inwood with a grand opening on Oct. 20 at 40 Main St. (north doors) from 10 a.m. to 2 p.m.

By Ty Dilello

Madeline's Closet is moving to its new location this month and is holding a grand opening at its new place, 40 Main St. in Inwood, on Oct. 20 from 10 a.m. to 2 p.m., with a ribbon cutting ceremony at 10:30 a.m.

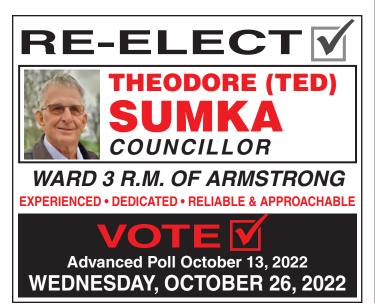
Madeline's Closet is an Interlake-based non-profit organization that provides women with new clothing and household items free of charge. They've been around for 14 years, with their doors open to all women, no matter their financial background.

"We have moved, expanded and have lots of great things happening," said Shannon Dupont, president of Madeline's Closet. "We are ready to go at our new location, and it's a very exciting time, and we hope to have lots of people out to our grand opening next month."

Madeline's Closet has networked with over 20 stores across the province to provide them with their damages and write-offs. The province has also recognized Madeline's Closet as a regional support agency.

"Our volunteers repair damaged items. We save a portion of our donated jewelry and scarves for Christmas when we allow the children of our families to come and shop for their mom. (There is no charge to the children). We then help them wrap their gifts."

Madeline's Closet is currently not government funded, so it is purely 100 per cent volunteer-run and relies solely on donations. All of the clothes at Madeline's Closet are



ALL COVID RULES APPLY
Friday Nights 7:15 PM
October 14, 2022 🗼
Breakopens 50/50
5 Share The Wealth Games 15 Regular Games @ \$60.00
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JACKPOT \$3,250.00
FIRST SPECIAL \$2,794.00 + BONANZA \$1,382.00 +
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(Estimated amounts at time of publication)
CASH BAR
CHASE THE ACE" Lic # LGA 318-RF
Tickets sold 5:00 -7:00 PM with draw to follow
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Tickets: \$35 adults, \$20 children
6yrs to 12 yrs & 5 & under free.
For tickets contact Lois 204-643-5541
Brandy 204-643-5230 or J & J Store 204-643-5556
Ladies Night
Sat. Oct. 22, 2022 cocktails 5pm dinner 6pm,
Lasagna dinner, silent auction, DJ, Psychic
medium available by separate booking, Fraserwood
Fire Dept. Live Auction for information and tickets contact Amanda 204-847-0677,
Cintact Amanua 204-047-0677, Cindy 204-376-2569 , Dawn 431-688-2225.
Craft & Bake Sale
Sat. Nov. 12, 2022 10am to 3pm.
Canteen open.
For info contact Yvonne 204 642 5352.

either new or lightly used, so it doesn't have that thrift store feel to it. The store's mission is that it wants everyone to feel good when they come in.

"We hope individuals will come to our grand opening and check out our new permanent location in Inwood. We're hoping that people will donate to the cause. All of the money raised will go towards program funding, repairs, rent, et cetera."



Incredible creatures: Green darners – a migratory dragonfly

By John Gavloski

Ask someone to name an insect that migrates south for the winter and most people will likely say monarch butterfly, which is correct. But there are other insects that migrate south for the winter as well, including some species of dragonflies. Dragonfly migration has been observed on every continent except Antarctica, with some species performing spectacular long-distance mass movements. Some migratory species of dragonfly that can be found in Manitoba include the common green darner, the variegated meadowhawk and the wandering glider. This article will feature a rather large dragonfly, called the common green darmer, where part of the population embarks on an incredible migration while others known as the resident population don't. Sound confusing? Read on.

Distinguishing Darners

In Canada there are 154 species of dragonflies. These are separated into seven family groupings, one of which is called the darners (Aeshnidae). The darners include our largest dragonflies and have long and slender abdomens, like darning needles. They also have large eyes that meet broadly along a seam.

The common green darner dragonfly (Anax junius) has a bright green thorax. They have olive-green eyes and have a black "bulls-eye" mark on the face in front of their



A common green darner.

PHOTO SUBMITTED

A common green darner. eyes. Males and females can be told apart by the colour of their abdomens. The males' abdomens are an intense blue, while the females' abdomens are reddish brown, as in the photo for this article. They perch by hanging from vegetation and sometimes can be found well away from water. The green darner in the photo stayed posed for us for an extended period of time along a hiking trail in Turtle Mountain Provincial Park. Part of the population of common green darners migrates, known as the migrant population, while another portion doesn't, the resident population.

Residents and Migrants

Like monarchs, the migrant population of the common green darners embarks on a multi-generational migration, where the generation that ends up in Canada in spring are not the same ones that left in autumn. No one individual



makes the round trip. Common green darners from Manitoba form swarms and migrate in late August and early September to the southern U.S. and Mexico. Once there, they lay eggs and die. The dragonflies that emerge will spend their whole lives in their southern location; it is their offspring that will migrate north in the spring.

The generation migrating north reaches the northern U.S. and southern Canada in late spring. These migrants mate, lay their eggs in the water and die by early summer, just as the resident population emerges as adults. These residents live a month or two as adults, depositing their eggs in late summer as the migrant adults emerge. The young, called naiads in dragonflies, of the resident population overwinter under the ice in a state called diapause, and take 10 or 11 months to mature (possibly more, in chilly waters), while the migrant naiads (which don't overwinter) need less than half that time to mature.

How far and fast can they fly in a day?

Researchers from the University of Guelph attached miniaturized radio transmitters to common green darner dragonflies and monarch butterflies and tracked their autumn migratory movements through southern Ontario and into the United States using an automated array of over 100 telemetry towers. The farthest estimated distance a green darner travelled in a single day was 122 kilometres with a wind-assisted ground speed of up to 77 kilometres per hour. The farthest estimated distance a monarch travelled in a single day was 143 kilometres at a wind-assisted ground speed of 31 kilometres per hour. For both species, increased temperature and wind assistance increased the pace of migration.

Green darners may be one of the first and last dragonflies seen flying in northern climes like Manitoba. Migrant or resident, they are both beautiful and beneficial insects.





204-642-7490

Balaton Beach playground restoration completed; private donors recognized

Staff

The Municipality of Bifrost-Riverton completed the restoration of the Balaton Beach playground a few weeks ago and paid tribute to private donors who raised a substantial amount of money.

The municipality had the old playground equipment removed and new equipment installed, along with a community bulletin board. Restorations were also made to the existing gazebo and storage shed.

The project received funding support from the provincial government under the Building Sustainable Communities grant program and from private donors. The grant covered 50 per

with a cent of the project with a minimum of Restoraexisting tions and the remainder covered by the municipality, said the municipality's chief administrative officer Jordan Willner.

"The municipality received an outpouring of support from private individuals that raised over \$8,000, almost twice as much as the required collected amount," he said. "To recognize their generosity, a plaque has been installed acknowledging their assistance to make the project successful."



The municipality installed a plaque to recognize the 24 private donors who contributed \$8,000 to the playground.



The new Balaton Beach playground.



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Community Futures East Interlake helps business owners sharpen their skills

By Patricia Barrett

Community Futures East Interlake is stepping up to help existing business owners and future entrepreneurs acquire or sharpen their business management skills through a new program it recently launched.

The economic development organization is offering the Build a Better Business Certificate (BABB) program that consists of 10 bilingual (English and French) modules that focus on topics of relevance to all business owners regardless of what kind of service or product they offer.

CFEI's business and community development co-ordinator Deanna Fridfinnson said the modules will prepare, coach and train future and existing entrepreneurs and help them articulate their vision.

"The modules are for people who are starting a business or have been in business for three to five years

and might need some additional support," said Fridfinnson. "They cover topics such as how to borrow money, what a job description looks like, how to hire staff and what type of professionals they might need such as an accountant or insurance broker."

The modules will also teach business owners critical thinking skills, business planning, marketing, and staff and time management skills.

CFEI is a non-profit organization that's funded by the federal government and administered by the Prairies Economic Development Canada department. CFEI provides free business counselling and planning for new and existing business owners, as well as provides free business resources. It also oversees and approves loans.

CFEI has been operating since 1986. Since that time, it has lent over \$10.6 million to businesses in the eastern Interlake region, helping create and maintain over 856 jobs, according to its annual general meeting report for 2021-2022. The past year was "extremely busy" as people sought business advice and financial assistance to help recover from COVID's impacts.

With funding from Community Futures' Pan West Rural Opportunities Fund, the Build a Better Business Certificate (BABB) program was developed to fill a service gap left behind by the provincial government, which used to offer a three-day business planning workshop. Staff started developing the new program in the fall of 2020 after looking at the needs of entrepreneurs, focusing on what information and services were missing, how to improve educational materials and determine what specific business topics would better assist entrepreneurs to grow their business.

New and established business owners can sign up for self-guided, online learning modules that include captioning and sign language. Participants will also be able to register for in-person training; CFEI is in the process of organizing sessions and will be announcing them.

The 10 modules cover the following critical business topics:

 The Business Start-up module provides advice to people with a business idea or who are just starting out.
 The Human Resources module provides an introduction to employee

management, the hiring process and basic HR issues.

3. The Business Planning module cover the formulation of a business plan, including finances, for small business owners.

4. The Legal and Insurance module provides information on how to avoid costly

mistakes.

"THE MODULES ARE

FOR PEOPLE WHO ARE

STARTING A BUSINESS

BUSINESS FOR THREE

OR HAVE BEEN IN

TO FIVE YEARS."

5. The Credit and Financing module delves in to borrowing money and what to expect should the business need a financial leg-up.

6. The Bookkeeping Basics module covers bookkeeping skills.

7. The Pricing and Cash Flow module covers the movement and usage of money.

8. The Financial Statements module provides instruction on how to read and interpret financial statements to help owners make informed business decisions.

9. The Branding and Marketing module covers the creation of a basic marketing plan and how to put together branding components. It also covers social media basics.

10. The Taxes and Other Fees module covers personal and corporate tax basics, including PST and GST, payroll and the Workers Compensation Board.

CFEI general manager Tammy Dziadek said the overall goal of the new



EXPRESS PHOTOS COURTESY OF COMMUNITY FUTURES EAST INTERLAKE From left: CFEI general manager Tammy Dziadek, business and community development co-ordinator Deanna Fridfinnson and business and community development analyst Eugene Zalevich. They work with business owners and entrepreneurs to help them start and strengthen a business.



The Build a Better Business Certificate (BABB) program has 10 modules covering business management and operations.

business program is to expand entrepreneurship in the Interlake and enhance business knowledge.

"What are the questions entrepreneurs need to ask and what is the basic knowledge they need so that they can ask the right questions?" said Dziadek.

"That is a really important goal for us. After people take this training, they may not learn everything but they're going to have enough basic knowledge to start asking the questions they need to ask."

Businesses were "quick to pivot"

over the first few years of the COVID pandemic by moving to online retail. And some entrepreneurs were engaging in business more as a hobby on the side, they said, but CFEI can help them take their businesses "to the next level," to expand their product offerings and audience.

To sign up for the program, visit CFEI online at cfmanitoba.ca or call the Gimli office at 204-378-5106.

Visit https://cfmanitoba.ca/specialprograms/build-a-better-businessprogram to view the modules.

Seventeen more Manitobans die from COVID

By Patricia Barrett

Deaths from COVID in Manitoba are holding steady with another significant number of people having died from the virus.

Despite the provincial government having set the response level at "limited risk," 17 more Manitobans lost their lives, according to the government's weekly COVID surveillance report for the period Sept. 25 – Oct. 1 (reporting Week 39).

Those deaths bring the province's death toll to 2,177. There were 17 deaths also reported the previous week.

Over the course of roughly a month, from Aug. 14 to Sept. 17 (reporting weeks 33-37), 50 people lost their lives to COVID. With another 34 deaths over the past two reporting periods, the seriousness of the virus can't be underestimated.

Manitoba hospital and ICU admissions for COVID are also holding steady. There were 77 new hospital admissions in Week 39, of which 13 people required intervention in the intensive care unit. The previous week's report showed 73 new hospital admissions, of which 11 people required transfer to the ICU.

The provincial government doesn't

report data showing the total number of patients in hospital with COVID on any given day or week, so it's unclear how ongoing hospitalizations may be affecting health system resources, including available care beds. A few weeks ago, the government stopped providing (within its surveillance report) a list of COVID outbreaks in personal care homes and hospitals.

New COVID infections are also on the upswing again after a slight dip. There were 305 new laboratory-confirmed infections in Week 39, an increase of 22 new cases from the 283 reported the previous week.

The weekly positivity rate now stands at 23.4 per cent.

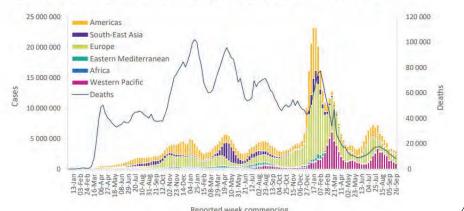
Government data on new infections are an undercount as the government restricts PCR lab testing and rapid antigen tests aren't tracked.

Data on COVID in wastewater for the city of Winnipeg show "ongoing activity" at a "lower level."

Other health news:

- The Interlake-Eastern Regional Health Authority's medical officer of health concluded COVID outbreaks in three facilities: the Ashern Personal Care Home on Oct. 5, Tudor House Personal Care Home in Selkirk on Oct. 4, and the Teulon Hunter Memo-





WORLD HEALTH ORGANIZATION

Worldwide reported COVID cases and deaths are shown as of Oct. 2, 2022. North and South America and Europe top the list of regions with the highest number of new infections.

rial Hospital on Oct. 3.

- The IERHA reported no new outbreaks (on its outbreak webpage as of Oct. 9) in personal care homes or hospitals in its region. The IERHA didn't respond to a question as to whether it will continue to publicly report CO-VID outbreaks.

- The World Health Organization's COVID-19 Weekly Epidemiological Update shows more than 2.9 million new COVID cases and over 8,300 deaths reported between Sept. 26 and Oct. 2.

Although the latest WHO data represent a lower number of overall infections and deaths compared to the previous week's report, cases remain stubbornly high and the pandemic continues.

New infections, in fact, are currently on the upswing in Europe, with over 1.5 million new cases reported over that seven-day period. That represents an eight per cent jump over the previous week. The highest numbers

Continued on page 17



16 *The Express Weekly News* Thursday, October 13, 2022 **Ducks Unlimited Canada recognized for national historic significance**

By Jennifer McFee

An environmental stewardship organization is making a splash for its efforts to conserve, restore and manage wetlands.

Ducks Unlimited Canada earned commemoration from the federal government for its national historic significance.

Črowds flocked to an event at Oak Hammock Marsh on Oct. 5 for a ceremony to unveil a commemorative plaque in honour of the occasion.

The federal government, through the Historic Sites and Monuments Board of Canada, recognizes people, places and events that foster connections to the country's history. Ducks Unlimited Canada is the only national conservation organization to be recognized with the prestigious designation.

More than 2,200 designations, mainly driven by public nominations, have occurred across Canada.

"We add to that number by recognizing Ducks Unlimited Canada, an association whose efforts over the past eight decades and more have resulted in enhanced conservation of waterfowl and in the preservation, beginning here in Manitoba, of large wetlands — an achievement of which Canadians are becoming increasingly appreciative," said Dr. Richard Alway, chair of Historic Sites and Monuments Board of Canada, who acted as master of ceremonies for the event.

Mervin Traverse, an Ojibway Knowledge Keeper, opened the event with a prayer.

Then Michael Nadler of Parks Canada reflected on the history of Ducks Unlimited Canada, which was established in Manitoba in 1938.



Dr. Gordon Goldsborough Canada.

"Back then, founding an organization based on a commitment to the conservation of nature on a continental scale was not just innovative, it was revolutionary," Nadler said. "And in the decades that followed,

the approach taken by Ducks Unlimited would influence the policies and actions of government and conservation organizations around the world as it became increasingly clear that the conservation of species and ecosystems require equal measures of local action and international collaboration."

Many of the multilateral commitments that guide today's conservation efforts found their origins in the mandate and achievements of Ducks Unlimited Canada, he added.

To date, the organization has played a leading role in the conservation and management of more than 2.5 million hectares of waterfowl habitat.

"These achievements are truly remarkable and they have contributed to the conservation and restoration of species and ecosystems," he said, "not just in Canada but for the entire



ister of Environment, Climate and Parks, said the provincial government values Ducks Unlimited as an important conservation partner that works

North American continent."

Parks.

Jan Forster, Manitoba's deputy min-

with land owners and local communities to protect and enhance wetlands. "In many ways, Ducks Unlimited pioneered what we now call natural infrastructure, and it's appropriate that we're commemorating this vital legacy here in Oak Hammock Marsh

today," she said at last Wednesday's event. "Oak Hammock Marsh is a place of remarkable beauty. It's a living example of balance between conservation

and human impacts." Dr. Gordon Goldsborough, a wetlands ecologist at the University of Manitoba, told the crowd that each year he takes his wetlands ecology class to tour wetlands in western Manitoba. They stop near Gladstone to see a small monument commemorating the restoration of Big Grass Marsh, the first major project of Ducks Unlimited Canada.

"Located on the west side of Lake Manitoba, Big Grass Marsh was seen by early farmers in this region



of Environment, Climate and Mervin Traverse, Ojibway Knowledge Keeper.

as worthless land that could only be made valuable through drainage. From the 1880s into the early 20th century, the area was gradually turned into farmland, but its central core was always wet and relatively unproductive agriculturally," Goldsborough said.

"The economic and environmental turmoil of the 1930s made it clear that drainage of Big Grass Marsh would never be fully successful. As is sometimes the case, it turns out that stressful times led to positive social change."

In 1938 — with the active participation of the Province of Manitoba, the rural municipalities of Lakeview and Westbourne, local landowners and lessees - a dam was constructed at the outflow from Big Grass Marsh, he explained.

This dam enabled the marsh to hold water again and, over the course of years, its value as a place of wildlife abundance was restored," he said.

This restoration occurred a few months after Ducks Unlimited Canada held its inaugural business meeting.

Continued on page 17





EXPRESS PHOTOS BY JENNIFER MCFEE Mervin Traverse, Ojibway Knowledge Keeper, looks at the newly unveiled plaque.

The Express Weekly News Thursday, October 13, 2022 17

> DUCKS, FROM PG. 16

"Three Winnipeg businessmen – lawyer Edward Pitblado and grain merchants James Richardson and Norman Paterson — were crucial to the establishment of Ducks Unlimited Canada. All had impeccable credentials as duck hunters who embraced the conservationist creed that to enjoy nature and its bounty, one must be prepared to restore, protect and create the habitat that wildlife need," Goldsborough said.

"The founding of Ducks Unlimited Canada in 1938 and the work it has undertaken over the past 84 years has been profoundly important in cultivating a conservation mindset in many Canadians."

Today, Ducks Unlimited Canada is a multifaceted organization that undertakes fundamental research needed to inform public policy, especially in the face of an uncertain future.

"One of the most recent projects completed by Ducks Unlimited, scientists and their research collaborators, including myself, is successful multi-year restoration of Delta Marsh, the second largest coastal wetland in North America," Goldsborough said.

"It had become degraded over decades through the combined impacts of a destructive European fish, the common carp, altered hyrdrology and landscape runoff. Delta is back to being the vibrant staging marsh teeming with birds that old-timers told us it had once been." The members and staff of Ducks Unlimited Canada understand that sound land management, based on good science, is needed to positively respond to the impacts of pollutants, climate change, invasive species and other en-

vironmental challenges, he added. "We know now that Manitoba wetlands like Big Grass Marsh, Delta March, Netley-Libau Marsh and, of course, Oak Hammock Marsh, as well as many, many others, are natural treasures. We need policies supported by the Canadian public to rehabilitate degraded wetlands, to sustain existing ones and to create new habitat for the benefit of wildlife and ultimately also their human friends," Goldsborough said.

"As a proud supporter of Ducks Unlimited Canada myself, I am pleased that the Historic Sites and Monuments Board of Canada agreed with my nomination of the founding of Ducks Unlimited Canada right here in Manitoba as an event of national historic significance."

Dr. Brian Gray, interim CEO of Ducks Unlimited Canada, wrapped up the event by noting that the work has evolved over the years, but it's still not finished — and none of it would be possible without the widespread support the organization receives.

"We're extremely thankful for our many supporters and volunteers across the country," he said, "who have so passionately and generous-

> COVID, FROM PG. 15

of new cases were reported in Germany, with 400,214 new cases (a 42 per cent increase), and France with 264,889 new cases (a 15 per cent increase).

High infection numbers between Sept. 26 and Oct. 2 were also noted in the United States with 312,125 new cases, Japan with 306,958 new cases, and China with 303,092 new cases.

The country with the highest number of new COVID deaths over that seven-day period was the U.S. with 2,728 new deaths.

Data on new infections are an undercurrent as countries, jurisdictions have drastically scaled back testing.

"Current trends in reported CO-VID-19 cases and deaths should be interpreted with caution as several countries have been progressively changing COVID-19 testing strategies, resulting in lower overall numbers of tests performed and consequently lower numbers of cases detected," states the WHO report.

- Across Canada there were 18,478 new COVID infections reported between Sept. 25 and Oct. 1, with the highest number of new cases reported in Ontario (over 9,100 cases) and Quebec (over 6,000 cases).

- The Canadian government authorized on Oct. 7 the use of the Comirnaty COVID bivalent vaccine, made by Pfizer-BioNTech, which targets the original strain of the virus and the BA4 and BA5 omicron subvariants. Individuals 12 years of age and older are eligible.

Manitoba is currently offering Moderna's bivalent vaccine, which targets the original COVID strain and the BA1 omicron subvariant. The predominant COVID strains are BA4 and BA5.



ly given their time and efforts."

To learn more about Ducks Unlimited Canada, visit www. ducks.ca.



WHAT SHOULD WE NAME OUR MASCOT??

We just adopted this adorable Manitoba Bison but we can't decide on a name!

Scan the QR code to give us your best name suggestion!

Contest deadline November 15/22



Keeping the Interlake inMotion since 1994 Major Sponsor of The Stonewall Jets



Spontside > UPSIDE DOWN

Hawks down U18 AAA male Lightning twice

By Brian Bowman

The Interlake Lightning lost a pair of weekend games to the Pembina Valley Hawks in Manitoba U18 AAA Hockey League action.

On Friday, the Lightning were doubled 4-2 by the Hawks in Teulon.

Interlake's Kai Smith opened the game's scoring midway in the first period but Pembina Valley's Cedrik Robidoux tied the score just 14 seconds later.

The Hawks' Carter Campbell scored a pair of second-period goals and then Interlake's Blake Farthing and Pembina Valley's Kam Thomas traded goals in the third.

Lightning goaltender Alex Myers made 39 saves.

Saturday saw the Hawks shut out the Lightning 3-0.

Sam Delaquis scored at 19:53 of the opening period and then Liam Goertzen and Ryder Wolfe tallied in the third.

Dylan LeClair stopped 24 Hawks' shots.

Meanwhile on Oct. 5, the Manitoba



Adam Vigfusson

U18 AAA Hockey League announced that Adam Vigfusson of the Interlake Lightning was the CCM Hockey Player of the Week. Vigfusson scored six goals and had five assists in three games. The 17-year-old from Gimli is a product of the Niverville Nighthawks.

The Lightning will host the Eastman Selects on Wednesday (8 p.m.) in Teu-



EXPRESS PHOTO BY RICK HIEBERT

Interlake's Joel MacMillan misses the tip attempt, allowing the Hawks' Raiden LeGall to make a glove save in Pembina Valley's 3-0 shutout win.

lon and then will visit the Brandon and Sunday (1:30 p.m.). Wheat Kings on Saturday (7:30 p.m.)

Ice Dawgs split pair of weekend games

By Brian Bowman

The Arborg Ice Dawgs split a pair of games last weekend after a 6-0 road loss to the Selkirk Fishermen on Sunday.

Matt Wagner and Carter Courchene gave Selkirk a 2-0 first-period lead and then Matt Brooks and Jordan Donald tallied in the second.

Donald and Raymond Hefferman closed out the scoring in the third.

Cale Jonski, Hefferman and Donald each had three points in the game.

Tre Strachan made 37 saves in the

losing cause.

On Saturday, the Ice Dawgs edged the North Winnipeg Satelites 3-2 in Arborg.

Riley Behun gave the Satelites a 1-0 first-period lead and then Arborg's Harris Dankochik and North Winnipeg's Max Goulden traded goals in the second.

The Ice Dawgs' Mitchell Wilson, on the power play, and Ben Danielson tallied in the third.

Danielson, Wilson and Dankochik ner in OT.

each finished the game with two points.

Strachan made 26 saves for the victory.

The Ice Dawgs will host the St. Malo Warriors on Friday and then visit the Satelites Tuesday. Puck drop for both games is 8 p.m.

The Lundar Falcons, meanwhile, lost 7-6 in overtime to the Beausejour Comets last Friday.

Dixon Moneas scored the game winner in OT.

Lundar goals were scored by Jayden Timlick (two), Carson Godmundson, Riley Wirgau, Zachary Halldorson, and Kohl Sigfusson.

Ryan Miller (two), Addison Cheys, Liam Swaenopoel, Carter Reid and Aidan Ticknor scored the Comets' other goals.

Michael Merpaw made 29 saves in the losing cause.

The Falcons will host the Comets on Friday (7:30 p.m.).

U15 AAA Lightning win first game of the season

Staff

The Interlake Lightning U15 AAA male hockey team picked up its first win of the season on Sunday.

Interlake defeated the Southwest Cougars 3-1 led by a two-goal effort by McKenzie McPherson.

The Lightning's other goal was

scored by Mason Bernier with Cougars' goalie Jordan Svobodo pulled for an extra attacker.

Lightning netminder Tristan Klatt made 38 saves for the win.

On Saturday, Interlake lost 5-2 to the Winnipeg Thrashers.

Brody Slatcher, on the power play,

and Ryder Kirk scored third-period goals for the Lightning.

Owen Coe stopped 37 Thrashers' shots in the losing cause.

Interlake started the weekend with a 14-2 loss to the Winnipeg Wild Green on Friday. McPherson scored twice for the Lightning.

In U17 AAA action, Interlake was doubled 4-2 by the Eastman Selects last Saturday. The scoring summary was not posted on the league website at press time.

Spontside > UPSIDE DOWN

Gimli's Einarson reaches Boost National Final

By Ty Dilello

Last weekend, Gimli's Kerri Einarson reached the final of the Boost National event in North Bay, Ont. In the finals of the Pinty's Grand Slam of Curling event of the season, Einarson fell to Switzerland's Silvana Tirinzoni by a 7-3 scoreline.

Einarson and her team of Val Sweeting, Shannon Birchard and Briane Harris began the week by going 3-1 in the round robin, with wins over Enjung Kim (South Korea), Jennifer Jones (Manitoba) and Hollie Duncan (Ontario).

In the quarterfinals, Einarson dispatched Raphaela Keiser of Switzerland and then knocked off Japan's Satsuki Fujisawa in the semi-finals to get them into the finals.

Sadly, Einarson and Sweeting did not have their best game in the final, and in the end, the Swiss rink was just too good on the day. Despite the loss, Team Einarson earned \$20,000 in prize money for their team's efforts over the course of the week.

"Kerri missed some easy shots at the beginning of the game, so that for sure helped," said Tirinzoni's fourth shooter, Alina Paetz. "We just tried to play back at them as best as we could. We were in trouble in a couple of ends, but we always found a way to come back."

St. Vital's Jennifer Jones (featuring Altona's Emily and Mackenzie Zacharias) also competed at the Boost National and finished the round robin with a 2-2 record. After defeating Chelsea Carey in a tiebreaker, they lost out in the quarterfinals to Tirinzoni.

On the men's side, Fort Rouge's Matt Dunstone (featuring Gimli's B.J. Neufeld and Winnipeg Beach's Colton Lott) reached the semi-finals of the event. Dunstone went 3-1 in the round robin and defeated Alberta's Kevin Koe in the quarterfinals before falling to Sweden's Niklas Edin in a heartbreaking extra end semi-final loss.

Morris Curling Club's Reid Carruthers was bounced from the men's event early as they went 1-3 in the round robin and missed the playoffs. The Boost National was the first



EXPRESS PHOTO SUBMITTED

Cimli's Kerri Einarson reached the final of the Boost National event in North Bay, Ontario this past weekend.

of six events on the 2022-23 Pinty's Grand Slam of Curling tour. The next stop is the HearingLife Tour Chal-

lenge, running Oct. 18-23 at the Coca-Cola Centre in Grande Prairie, Alta.

Thunder roll past Park West Outlaws

By Brian Bowman

It wasn't pretty, but a win is a win.

The Interlake Thunder outgunned the Park West Outlaws 71-42 in Rural Manitoba Football League action last Friday in Stonewall.

This game was a wild one.

"It was crazy. Tackles were at a premium on both sides of the ball on Fri-

mium on both sides of the ball on Friday," said Thunder head coach Mitch Obach. "Both teams were rolling and it happened so fast that you're back on the field on offence again and you go score again. The drives weren't long (but) lots of yards."

Interlake's offence continues to be potent this season.

Quarterback Ben Cook completed seven of 10 passes for 247 yards and five touchdowns. Running back Lucas Kmet had eight carries for 230 yards and four TDs.

Those are some nice numbers.

"I think we have the most wellrounded offence in the league in terms of what we've seen," Obach said.

The Thunder will hit the road this

Friday to battle the winless Virden Golden Bears. Kickoff is 4:30 p.m.

"Virden is always a very physical team," Obach said. "They're still looking for their first win this year but what I've heard is that they have really improved and lost some close ones that they wish they could have gotten early in the year. They continue to play decent football but they just have been on the losing end against some of the top teams so I think they'll be tough." Interlake, now 3-2 in league play, is currently trailing Moosemin, Dauphin and Swan Valley, each with 4-1 records, in the standings.

"We could finish anywhere from first to fifth," Obach said.

Interlake wraps up its regular season on Oct. 20 when it hosts the Swan Valley Tigers.

The Thunder will play the Golden Bears in Virden this Friday at 4:30 p.m.

U18 female AAA Lightning lose to Chiefs

Staff

The first period went well for the Interlake Lightning U18 AAA female hockey team on Sunday against the Yellowhead Chiefs.

But it went downhill from there.

After taking a 1-0 first-period lead, Interlake eventually lost 7-2 to Yellowhead in Stonewall.

Brooke Barylski and Ireland Tymchak scored for the Lightning.

Hannah Reagh (two), Dara Thompson (two), Katie-Rae Byram, Kirby Gray and Trynity Turner replied for Yellowhead.

Jane Sugimoto made 20 saves in the

losing cause.

On Saturday, Interlake defeated the Central Plains Capitals 2-1.

Camryn Falloon led Interlake with a goal and an assist while Chloe Minkus also tallied.

Izzy Colatruglio replied for the Capitals. Lightning goaltender Rachel Halldorson made 22 saves for the win.

The Lightning will hit the road this weekend to play the Westman Wildcats on Saturday (7:30 p.m.) in Hartney) and Yellowhead Sunday (2:30 p.m.) in Shoal Lake.

Beloved local musician, Richard Paluk, plays his last gig

By Raegan Hedley

After almost six decades of being a musician, Richard (Ric) Paluk played his last show with Canadian Express on the bandstand in front of Winnipeg Beach on July 2, 2022. Unfortunately, neither he nor his bandmates knew it would be his final performance.

"It was a typical gig, the only difference was that we were going to do some videotaping," says Patrick Dyck, his longtime bandmate and work colleague. "We looked at the tape. He was as happy and normal as could be. ... We'd see each other daily almost. There was never anything that I noticed."

Dyck showed up at Paluk's house the following day, like he did every Sunday for practice, and there were three police cars there. That's when Dyck found out Paluk had unexpectedly passed away at his home in Selkirk due to a heart attack. He was just shy of his 73rd birthday.

"We worked together for 10 years but we never talked about work. We were always talking about music," says Dyck. "His voice was spectacular, he should've been picked up."

Ric's brother, Michael Paluk, says they grew up watching broadway musicals.

"Our father was a playwright and a musician and he wrote music as well," says Michael Paluk. "My mom was a piano player. Music was always part of our family growing up."

"I think once you're a musician, it's predetermined that you will remain that."

Michael Paluk said his brother met a friend in high school named Doug Charlesworth who taught him how to play guitar, and together they called themselves Ric and Doug. This was in the 1960s, the days of rock and roll, folk music and young people gathering in church basements. The pair played all over Winnipeg at coffee



Richard (Rick) Paluk

houses every Friday and Saturday night, establishing themselves as paid musicians.

"They had the most incredible harmonies. ... People who heard them thought they would get picked up and become famous."

A drummer and bass player joined them, and the four of them became Second Tyme, the first band Ric played in.

"They travelled on the road a lot. The band ended up splitting up. Ric didn't play for a few years until he decided to go on the road as a solo act," says Michael Paluk.

Ric spent seven years playing stages, lounges and bars all over western Canada, touring in the late 1970s till the early 1980s.

"Everybody who heard him sing was always amazed he didn't go farther playing music. I think that was a surprise," says Michael. "It's a hard industry to make a living — that's why so many musicians have to work elsewhere to support what they want to do. It was the same with my dad."

Ric played in many bands, including Second Tyme, Disraeli Freeway, Echo Park and, most recently, Canadian Ex-



EXPRESS PHOTOS SUBMITTED

Richard "Ric" Paluk with his guitar at age 25. Not long after this photo was taken, Paluk left to tour western Canada as a full-time musician. In 2011, he settled in Selkirk where he remained until he passed away.

press.

Canadian Express was created over many shared lunches when Ric and Dyck realized they both were between bands. Together they became a cover band that played the best hits of Canadian artists, with a focus on Gordon Lightfoot because of their shared love for his music.

"The variety represented his travel across Canada," says Dyck. "Both of us had played our entire lives, we were two people who had a life of music and wanted to celebrate it by playing stuff we liked."

Echo Park was Ric's longest band tenure (2001-2011). Even once he left that band and started playing with Dyck to form Canadian Express, they still opened for Echo Park at their annual fundraiser in October at The Park Theatre for Riverview Health

Centre.

Dyck says the point was never to play gigs, it was to do it for the love of it.

The importance of music in Ric's life was reflected in his celebration of life, which Michael says was, "more like a concert than a funeral." As much as Ric loved music, he loved friends and family more. Michael says Ric was best man at seven different weddings in his lifetime.

"All of us are lucky if we have one or two people who would absolutely be there for us. Ric was one of those people in my life, and as I've learned he was that person for a lot of people," says Michael.

"His most remarkable thing, other than his voice, was his decency," says Dyck.









NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES MUNICIPALITY OF WEST INTERLAKE

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 3rd day of November, 2022, at the hour of 2:00 PM, at MUNICIPALITY OF WEST INTERLAKE, ASHERN CENTENNIAL HALL, #1 PR 325 E, ASHERN, MB, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
48300	SECONDLY: FRAC NW 1/4 OF SECTION 22-23-9 WPM EXC: PUBLIC ROAD PLAN 7235 WLTO	L -\$46,500 B -\$59,000	\$5,877.49
48400	FIRSTLY: FRAC SE 1/4 22-23-9 WPM	L -\$12,500	\$1,763.62
48500	FIRSTLY: FRAC SW 1/4 22-23-9 WPM	L -\$17,100	\$1,921.84
52850	NE 1/4 OF SECTION 13-23-10 WPM EXC FIRSTLY: NLY 1070 FEET PERP AND SECONDLY: ROAD PLAN 704 WLTO (P DIV) SUBJECT TO THE RESERVATIONS AND PROVISOES CONTAINED IN THE GRANT FROM THE CROWN	L -\$27,200 B -\$230,300	\$14,121.48
53000	LEGAL SUBDIVISIONS 1, 2 AND 7 OF SECTION 13-23-10 WPM EXC OUT OF SAID LEGAL SUBDIVISION 1 THAT PORTION TAKEN FOR ROAD PLAN 704 WLTO (P DIV) SUBJECT TO THE RESERVATIONS AND PROVISOES CONTAINED IN THE GRANT FROM THE CROWN	L -\$29,500	\$2,346.07
66800	THIRDLY: LEGAL SUBDIVISION 4 AND THE S 1/2 AND NW 1/4 OF LEGAL SUBDIVISION 3 IN SECTION 27-23-9 WPM EXC OUT OF SAID LEGAL SUBDIVISION 4 PUBLIC ROAD PLAN 7235 WLTO	L -\$16,600	\$1,904.65
200200	LOT 1 PLAN 45709 WLTO IN NW 1/4 23- 25-7 WPM - 5A WALMORE DR	L -\$8,300 B -\$77,300	\$5,451.94
307300	LEGAL SUBDIVISIONS 11, 12 AND 13 IN 16-21-4 WPM SUBJECT TO THE RESERVATIONS AND PROVISOES CONTAINED IN THE GRANT FROM THE CROWN	L -\$21,600	\$3,655.47
307310	LEGAL SUBDIVISION 14 IN 16-21-4 WPM SUBJECT TO THE RESERVATIONS AND PROVISOES CONTAINED IN THE GRANT FROM THE CROWN	L -\$5,900	\$3,124.54

The tax sale is subject to the following terms and conditions with respect to each property: • The purchaser of the property will be responsible for any unpaid municipal utilities

- and any property taxes not yet due. • The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the Municipality of West Interlake as follows:
 - i) The full purchase price if it is \$10,000 or less; OR
 - ii) If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - iii) A fee in the amount \$367.50 (\$350 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession. . If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.
- Dated this 6th day of October, 2022.



TANervice

Courtney Roehl

Chief Administrative Officer Municipality of West Interlake Phone: (204) 768-2641 Fax: (204) 739-2073

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NOTICES

RURAL MUNICIPALITY OF GIMLI BOARD OF REVISION 2023 & ADJUSTED ASSESSMENTS 2022

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- a) liability to taxation;
- b) amount of an assessed value:
- c) classification of property; or
- d) a refusal by an assessor to amend the assessment roll under sub-section 13(2).
- APPLICATION REQUIREMENTS
- 43(1) An Application for revision must
 - a) be made in writing;
 - b) set out the roll number and legal description of the assessable property for which a revision is sought; c) state the grounds on which the application is based; and
 - d) be filed by i) delivering it or causing it to be delivered to the office of the RM of Gimli in the RM of Gimli, Manitoba, or
 - ii) serving it upon the Secretary, at least 15 days before the scheduled sitting of the Board of Revision.
 - e) provide a daytime contact telephone number

The Board of Revision will sit on November 17th, 2022, in the Council Chambers of the Municipal Office of the Rural Municipality of Gimli, 62 2nd Avenue, Gimli, Manitoba.

> ADJUSTED PROPERTY TAXES must be appealed within 30 days after mailing.

The final date on which all other applications must be received by the Secretary of the Board is Tuesday, November 1st, 2022 no later than 4:30PM.

APPLICATIONS RECEIVED AFTER THIS TIME WILL NOT BE ACCEPTED.

Dated at RM of Gimli Office, in Manitoba, this 27th of June, 2022.

Cindy Makowsky Board of Revision Rural Municipality of Gimli Box 1246 Gimli, MB R0C 1B0 Telephone (204) 642-6666 Fax (204) 642-6660

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wanted. Firearms Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

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WANTED

vian, Danish, Canadian Mid-Century Modern furniture (Teak, Walnut, Rosewood), ceramics, lighting, textiles, stereo or design. Contact Daniel at TEXT/PHONE: 204-918-1607.



Annual General Meeting

Thursday, October 27 • 7:00pm Lakeview Gimli Resort -Tara's Corner All Gimli Chamber of Commerce members are invited to attend. Several Officer and executive committee positions are open to interested individuals. Prospective members welcome. For more information, please contact gimlichamber@gmail.com

EMPLOYMENT OPPORTUNITY

Riverdale Place Homes Inc. Direct Support Worker Evening/Weekend Hours

We have an opening for a full-time or parttime Direct Support Worker to work at one of our community residences, providing support to adults with a developmental The responsibilities of the disability. position include assisting in all activities of daily living, accompanying people on outings in the community and participating in meal preparation and upkeep of the residence. The ideal candidate will enjoy working with people, appreciate new learning experiences and be open to the variety and rewards of this service-oriented position.

Experience providing care to others in a variety of settings is an asset but not a requirement. Training will be provided on the job. We offer full benefits and pension, a flexible schedule and a relaxed working atmosphere.

Please apply in writing to: Executive Director Riverdale Place Homes Inc. Box 968, Arborg MB R0C 0a0 or email: kfinnson rph@outlook.com

Application Deadline: October 17, 2022 For more info contact: Kathy Finnson, Exec. Director 204-376-2940 ext. 1

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Box 280, Fisher Branch, MB R0C 0Z0 Tel: 204-372-6393, Fax: 204-372-8470 The Local Urban District of Fisher Branch

SNOW CLEARING SIDEWALKS

The Local Urban District of Fisher Branch is inviting proposals for snow clearing sidewalks within the village of Fisher Branch.

Snowblower is required. Equipment must be available upon request.

Lowest bid may not necessarily be accepted.

Sealed envelope to be marked "Snow Clearing Sidewalks".

For further information, call the RM of Fisher Office at (204) 372-6393.

Deadline for proposals is 12:00 p.m. October 17, 2022.

Tenders to be dropped off at: Local Urban District of Fisher Branch c/o RM of Fisher





Box 280, Fisher Branch, MB R0C 0Z0 Tel: 204-372-6393, Fax: 204-372-8470

PROPOSALS **SNOW CLEARING**

RM OF FISHER OFFICE 30 TACHE STREET

The Rural Municipality of Fisher is inviting proposals for snow clearing of sidewalks and rear office building entrance at the RM Office and Fire Hall located at 30 Tache Street.

- Clearing to be completed prior to
- weekday office hours of 8:30 a.m. Snow removal equipment to be
- provided by the applicant.

Sealed envelope to be marked:

"Snow Clearing – RM of Fisher Office & Fire Hall Sidewalks'

For further information, call the RM of Fisher Office at 204-372-6393. Lowest tender not necessarily accepted

Renewal for future seasons a possibility. Deadline for proposals is 12:00 p.m.

October 17, 2022 Written sealed tenders to be dropped off at:

Rural Municipality of Fisher 30 Tache Street, Fisher Branch, MB Fisher Branch, MB R0C 0Z0







Survivor's Hope Crisis Centre Inc. (SHCC) is a sexual violence resource centre, serving those of all genders in the Interlake-Eastern Region. SHCC staff is comprised of a fantastic team of diverse individuals, who are passionate about what we do and enjoy our flexible scheduling and remote work opportunities. SHCC is currently seeking applicants for two full-time positions:

- Reaching Out Program Coordinator develop and deliver campaigns and projects to further our reach, including networking with community partners, attending events, social media management, designing and distributing resource materials
- Sexual Assault Recovery & Healing (SARAH) Program Counsellor - work alongside survivors of sexual violence by providing one-on-one counselling, support groups & workshops, advocacy, and resources

Closing date October 23, 2022

Resumes & cover letters to executivedirector@survivors-hope.ca More information: https://survivors-hope.ca/careers/



NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES VILLAGE OF DUNNOTTAR

Pursuant to subsection 367(7) of <u>The Municipal Act</u>, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **5th** day of November, 2022, at the hour of 11:00 AM, at Village of Dunnottar, 44 Whytewold Road, Matlock, itoba, proceed to sell by public auction the following described properties

Roll Number	Description	Assessed Value	Amount of Arreat & Costs for White Property May be Offered for Sale
149100	LOT 3 BLOCK 4 PLAN 1260 WLTO EXC, THE ELY 10 FEET IN E 1/2 OF 22-17-4 EPM - 7 PALM	L -\$27,500 B -\$67,400	\$6,581.02

The tax sale is subject to the following terms and conditions with respect to each property:

- · The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due. The Municipality **may** exercise its right to set a reserve bid in the amount of the arrears and costs. If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to
- the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold. The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or
- bank draft to the Village of Dunnottar as follows:
 i) The full purchase price if it is \$10,000 or less; OR
 - ii) If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - iii) A fee in the amount 367.50 (350 + GST) for preparation of the transfer of title A new many stories of the prediction of the prediction of the transfer of title doc documents. The purchaser will be registration costs.
- The risk for the property lies with the purchaser immediately following the auction. The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 13th day of October, 2022.



Sarah Palson Chief Administrative Officer Village of Dunnottar Phone: (204) 389-4962 Fax: (204) 389-4966

The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836





NOTICE IS HEREBY GIVEN that a vote of the Rural Municipality of Gimli will be taken to elect:

1 Mayor and 4 Councillors

from the following duly nominated candidates: For the office of Mavor: For the offices of Councillor: 1 CHUDD Kevin 2. GREENBERG, Lvnn

- 1. MARTIN, Barry 2. REICHERT, Kurt 3. PETROWSKI. Richard 4. MARKUSSON, Daphne 5. ISFELD, Brittany 6. LUPRYPA, Danny
- 7. DAMM, Andy

8. PALSON, Thora

VOTING PLACES Voting places will be open for voting on:

Wednesday, the 26th day of October, 2022 between 8:00 a.m. and 8:00 p.m. at:

- Arnes Community Hall, 20005 Arnes Road 122N, Arnes
- Gimli New Horizon 55 Plus Centre, 17 North Colonization Road, Gimli
- Winnipeg Beach Community Centre, 32 Hamilton Avenue, Winnipeg Beach • St. James Collegiate, 1900 Portage Avenue, Winnipeg
 - **ADVANCE VOTING**

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on Election Day, an advance voting opportunity will be located at:

Gimli New Horizon 55 Plus Centre, 17 North Colonization Road, Gimli

on Friday, the 7th of October, 2022 between 3:00 p.m. and 8:00 p.m. Saturday, the 8th of October, 2022 between 12:00 p.m. and 8:00 p.m. Sunday, the 9th of October, 2022 between 8:00 a.m. and 8:00 p.m. Friday, the 14th of October, 2022 between 3:00 p.m. and 8:00 p.m. Saturday, the 22nd of October, 2022 between 12:00 p.m. and 8:00 p.m.

IDENTIFICATION MAY BE REQUIRED PRIOR TO VOTING.

A person may be required to produce one piece of government issued photo identification (for example - driver's license or passport) or at least two other documents that provide proof of identity.

MOBILE VOTING

For the purpose of accommodating persons who are qualified to vote, but reside at a health care facility or a residential senior's facility, a mobile voting station will be set up at the following facilities on the date and time identified:

Gimli Community Health Centre, October 12th, 2022 – 1 p.m. to 3 p.m. Betel Personal Care Home, date to be determined prior to October 26th, 2022 Waterfront Centre, October 11th, 2022 - 10 a.m to 2 p.m.

APPLICATION TO VOTE BY SEALED ENVELOPE (Vote by Mail)

A voter who is unable to go in person to the voting place or vote in advance may apply in person, in writing, or by e-mail to the Senior Election Official at;

Robert Potter, Senior Election Official (SEO)

RM of Gimli.

P.O. Box 1246, 62 2nd Avenue, Gimli MB R0C 1B0 Phone: 204-642-6650 / 204-461-1664 cell Email: elections@rmgimli.com

If applying in person*, a voter may apply between <u>September 28th,</u> 2022 and <u>October 23rd, 2022</u>. (*A voter applying in person may pick up a sealed envelope ballot package at the time of application)

If applying by mail or email**, a voter may apply between <u>September</u> <u>21st, 2022</u> and <u>October 23rd, 2022</u>. (**A voter applying by mail or e-mail will receive a sealed envelope ballot package by regular post, or by making alternate arrangements with the Senior Election Official)

Written applications must be accompanied by legible photocopies of official identification, including a photograph of the voter. If the application is received less than 12 days before the election, the voter may have to make alternate arrangements to have the ballot package delivered to them and to ensure the ballot is returned to the SEO by 8:00 p.m. October 26th. 2022. Ballots received after 8:00 p.m. on October 26th, 2022 will not be accepted.

Dated this 21st day of September, 2022

Robert Potter , Senior Election Official Rural Municipality of Gimli PO Box 1246, 62 2nd Ave, Gimli MB. ROC 1BO Phone: 204-642-6650 Cell: 204-461-1664 E-mail: elections@rmgimli.com

HAY/FEED

Large round hardcore bales of alfalfa & brome grass. Call 204-461-0722.

STRAW FOR SALE FLAX STRAW BALES for sale. \$4 per bale. Pickup RM of Rosser. 204-995-0399.

RM of Bifrost-Riverton, SW29-22-4E. Land location runs along east side of PTH 8 and RD 130NE. Interested parties call 1-204-376-5206.

GRAINLAND FOR SALE

151 acres cultivated cropland in the



NOTICE is hereby given that the voters of the Evergreen School Division will be taken to elect School Trustees from the following duly nominated candidates:

WARD 2

Area)

3 to be elected

Kohler, Gladvs

Nelson, Baldur

Jones, Aaron

Johnson, Brent

Auer, Dianna

WARD 1 (Riverton/Arborg

Area) 2 to be elected Hardy, Jahna Helgason, Penny Davies, Sandra

WARD 3 (Gimli/Fraserwood (Winnipeg Beach/ Dunnottar Area) 2 to be elected Durant, Matthew Banks, Colette Pona, Colleen Mosher, Amanda

Yorga, Jillian **ADVANCE VOTING (Amended)**

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day, an advance voting opportunity will be located at the following, 8 a.m. to 8 p.m. except for Ward 1 on October 18th.

- Ward 2 October 13, 2022 Fraserwood Hall -10140 PR 231 Fraserwood October 13, 2022 Fraserwood Hall -Ward 1 -
- 10140 PR 231 Fraserwood
- Ward 1 -October 15, 2022 Riverton Community -
- 175 Reggie Leach Drive, Riverton
- Ward 1 October 18, 2022 Bifrost Riverton Municipal offices -329 River Rd. Arborg from 9 a.m. to 4 p.m.

VOTING PLACES (Amended)

Voting places will be open for voting on Wednesday the 26th day of October 2022 between 8:00 a.m. and 8:00 p.m. at the following locations:

- Ward 1 Riverton Community Hall 175 Reggie Leach Drive, Riverton Arborg Bifrost Community Hall – 409 Recreation Centre, Arborg Fraserwood Hall - 10140 PR 231 Fraserwood Arnes Community Hall - 20005 Arnes Rd, Arnes
- Ward 2 Gimli New Horizons 55+ Centre 17N Colonization Rd, Gimli Fraserwood Hall – 10140 PR 231, Fraserwood Arnes Community Hall - 20005 Arnes Rd, Arnes
- Winnipeg Beach Community Centre 32 Hamilton Ave, Wpg Beach Ward 3 Matlock Recreation Hall 77 Matlock Rd, Matlock Winnipeg Beach Community Centre – 32 Hamilton Ave, Wpg Beach

IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person may be required to produce one piece of government issued photo identification (for example driver's license or passport) or at least two other documents that provide proof of identity.

MOBILE VOTING

For the purpose of accommodating persons who are qualified to vote, but reside at a health care facility, a mobile voting station will be available.

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply by email to the SEO (Senior Election Official) Evergreen School Division, Debbie.thorsteinson@esd.ca A voter may apply between September 28, 2022, and October 23, 2022

** A voter applying by email will receive a sealed envelope ballot package by regular post (if received before October 14, 2022), or by making alternate arrangements with the senior election official. For applications received after October,14 2022, ballot packages will need to be picked up in person.

Dated at Gimli, in the Province of Manitoba, this 21st day of September 2022

Deb Thorsteinson, Senior Election Official **Evergreen School Division** Phone: (204) 671-0618 Email Debbie.thorsteinson@esd.ca

ANNUAL GENERAL MEETING Riverdale Place Homes Inc. Thurs., Oct. 20 at 7:00 p.m. at the Riverdale Place Homes Office 332 Ingolfs St., Arborg ALL ARE WELCOME If you wish to attend, please call in advance to Kathy Finnson, Exec. Director 204-376-2940, Ext. 1 EMPLOYMENT



OPPORTUNITY

1 FULL-TIME POSITION

Responsibilities include retail sales of sporting goods and Bell MTS services

Duties include scheduling, daily cashouts, inventories, ordering and paperwork for Bell MTS Services

Must be energetic, self-motivated, an effective problem solver & have good communication skills

Send resume to: Box 38, Arborg, MB ROC 0A0 Fax to: 204-376-5836 or Email to: tdmsports@hotmail.com or Apply in person at 279 Main St., Arborg

FULL TIME COOK REQUIRED

Full time Cook Position Available Immediately to provide homestyle meals cooked on site in a commercial kitchen for Seniors and people living with ability challenges.

Wages Starting at \$18.00/hr with a premium for working weekends

Must be able to work up to 2 weekends per month

30-40 hrs/week

Qualifications:

- Cooking Experience
- Ability to follow and adjust recipes
- Reliable and efficient
- · Ability to work independently
- Competency in keeping basic records · Friendly and effective communication skills
- Knowledge of safe food handling (certification is an asset but not required)
- Background check required to start

Expected start date: A.S.A.P.

Deadline for Applications

Monday, October 24 @ 12 Noon

Phone 204-378-3103 or 204-378-0506 for more information.

Applications can be mailed to : Bifrost Riverton Seniors Resource Inc PO Box 206 Riverton MB R0C 2R0 or email to:

brseniorsresource@gmail.com

Classifieds EXPRESS **OPERATORS**

WANTED

Skidsteer & Loader Operators wanted along with Owner/Operators with skidsteers for commercial snow clearing in Selkirk. Part-time and casual employment also available.

Send resumes or contact information to: mikespropertygroup@gmail.com

WES'S TIRE SHOP

Automotive Service Technician

Wes's Tire Shop in Carman, MB is currently seeking an automotive service technician to fill a full time position in our fast paced tire and mechanical shop. We do repairs/ replacement on all types of tires and mechanical repairs and routine maintenance to all makes and models of vehicle including semi truck and trailer. Experience is preferred but willing to train an interested individual. Wage is dependent on experience Benefits package available after 3 months employment. Forward resumes to arapwestire@gmail.com

Call Dennis at 204-745-2076 or drop in at 215 Main Street North, Carman, MB

WES'S TIRE SHOP Tire Technician

Wes's Tire Shop in Carman, MB is currently seeking a tire technician/ service truck driver to fill a full time position in our fast paced tire and mechanical shop. We do repairs/ replacement on all types of tires and mechanical repairs to all makes and models of vehicle including semi truck and trailer. Experience is preferred but

willing to train an interested individual. Wage is dependent on experience Benefits package available after 3 months employment. Forward resumes to arapwestire@gmail.com

Call Dennis at 204-745-2076 or drop in at 215 Main Street North, Carman, MB

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- Reset at home - Weekend home time
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- Referral program

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- overtime - Valid driver's license
- Class 3 an asset
- Ability to perform MGI Safety an asset

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- Trailer Parts & Batteries
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- Equipment Trailers Truck & Service Bodies Generation Grain Trailers KALDECK TRUCK
- & TRAILER INC. Hwy #1, MacGregor, MB

1-888-685-3127 www.kaldecktrailers.com

McSherry Auctions

12 Patterson Dr., Stonewall, MB

Online Timed Auctions @ iCollector.com

Estate & Moving Closes Wed Oct. 19 @ 7:00PM

Estate & Moving Closes Wed Oct. 26 @ 7:00PM Consignments Welcome!

(204) 467-1858 or (204) 886-7027 www.mcsherryauction.com

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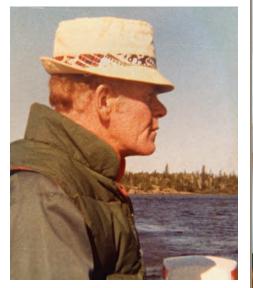
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ook Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

IN MEMORIAM

In loving memory of Ralph "Red" Magnusson July 9, 1931 - October 19, 2021



"Those we love are never really lost to us -For everywhere their special love lives on. " It's been one long year since you've been gone. We love you and miss you each and every day. -Connie and family RememberYour LovedYour LovedYour LovedOnesOneswith an Announcement
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CREESING CONTRACTOR CONTRACTOR

OBITUARY

Kristrun "Runa" Peterson May 13, 1926 - October 7, 2022

Peacefully on October 7, 2022, Runa Peterson, aged 96 years, passed away at the Ashern Personal Care Home.

Runa leaves to mourn her daughter Carol (Barry) and grandchildren Dawn, Shannon (Danny) and Erica (Ian); son Kris (Lorraine) and grandchildren Karla, Travis and Tyler (Montana); daughter Debbie (John) and grandchildren Sean (Jennifer) and Kyle; son Brian, her brother David, along with many great-grandchildren, nieces and nephews.

Nom is predeceased by her husband Leo; parents Gisli and Sigga; brothers Kristin, Barney, Siggi and one sister Maria.

Mom opened her heart and home to all. She would always have a pot of coffee on and lots of homemade baking for visitors who dropped in.

The highlight when we got home from school was the great baking – donuts, cinnamon buns and fried bread dough. Mom and Dad farmed until 1971 when they moved to town. She worked in Home Care, cooked at the Interlake Motel and did guard duty for the RCMP.

Mom loved curling with her friends, golfing with Dad, gardening and volunteering in the community. She was an excellent Mom, Amma, Grandma, Great Grandma and special Aunt to her many nieces and nephews.

We will all miss her so much.

A memorial service will be held at 12:00 p.m. on Sunday, October 16, 2022 in the Ashern Legion Hall with Dawn Tober officiating. Service will conclude at the hall with a luncheon to follow.

In lieu of flowers, donations may be made to the Grace Lutheran Church for the Betel Church Cemetery, PO Box 308, Ashern, MB. R0C 0E0 or the Lakeshore Hospital Guild, c/o Julie Bergner, PO Box 1, Ashern, MB R0C 0E0.

Thanks to all the great staff at the Ashern Personal Care Home who took such good care of Mom.

Arrangements by: ARNASON FUNERAL HOME Ashern - Lundar 1.204.768.2072 1.866.323.3593

The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836

OBITUARY

Marjorie Alice Tober

December 14, 1942 – October 6, 2022 With heavy hearts our family announce the passing of Marjorie Tober, aged 79 years and loving

wife of Grant of Steep Rock, MB. Cremation has taken place and a private graveside service will be held in the Faulkner Cemetery.

In lieu of flowers, donations may be made in Marjorie's memory to the Lakeshore Hospital Guild, PO Box 1, Ashern, MB. R0C 0E0. Longer obituary to follow.

> Arrangements by: ARNASON FUNERAL HOME Ashern - Lundar 1.204.768.2072 1.866.323.3593

> > OBITUARY



Daniel Stefan Einarson August 28, 1964 – October 3, 2022 It is with great sadness that we announce the sudden passing of Daniel Stefan Einarson, at home in Hnausa, at the age of 58 years.

Danny is survived by Tammy, his loving wife of 32 years, and their beloved children Tanner (Jodie) and Halley (Drew); sisters Shirlee (Kris Anderson), Dolores (Danny Zinter), Tanis Carter, Cindy, and brother David (Joanne); in-laws Serena Bjornson (Mark) and Jeff Bjornson (Liz); as well as numerous nieces and nephews. He also leaves to mourn aunts Joey Pickering and Alice Bjornson, uncle Allan (Gloria) Sigurdson, as well as numerous cousins and friends.

Danny was predeceased by his parents Stefan and Steinunn Einarson, parents-in-law Stefan and Dolores Bjornson, brother-inlaw Kevin Carter and sister-in-law Carol Einarson.

Danny grew up a proud Hnausa boy and reflected on memories of growing up with great fondness. His favourite memories included running to Stefan's Store with his siblings, and swimming in the lake with friends, neighbours, and cousins who came to visit. Danny made many great friends growing up in Riverton. Danny was in many wedding parties over the years, where he was known for his poetic flare while delivering speeches.

He met the love of his life at a Hnausa Dance in 1985, and the rest is history. Together they fled to Winnipeg to further their education in 1987. They got married in 1990. Danny completed his Piping Trades ticket at Red River in 1993. Following the passing of his dad in 1998, Danny, Tammy, and their growing family took over the family plumbing business back in Hnausa.

Danny was an avid reader as the kids grew up, always taking on the role of storyteller and official recorder of home-reading assignments. Danny was incredibly proud of his children and how motivated they were to pursue post-secondary education and fulfilling careers. Danny's favourite times were spent with his family, having fires in the backyard, playing horseshoes and dice, cranking tunes in the garage, cutting the grass, and gardening.

Danny won his first Harley in 2011, and that propelled him into his next favourite pastime, riding a motorcycle. Danny loved the open road, riding with friends and blasting his stereo while cruising down the highway. Danny's friends were like brothers, and he was always there to lend an ear, engage in a good conversation, or share a beer. Many of them considered Danny to be the best of friends. He was a conversationalist like no other and could recall the greatest and funniest stories from the past.

While Danny was plumbing, he often found that once he had finished a job, he spent more time having coffee than he spent working on the job. Danny was often a confidante, and he considered his customers more like friends than clients.

A memorial service will take place on Wednesday, October 12, 2022, at 2:00 p.m. in the Riverton Hall. A luncheon will follow the service in the hall, with an interment of ashes following lunch, at the Hnausa Cemetery.

In lieu of flowers, donations may be made in memory of Danny to the Hnausa Cemetery Committee or the Riverton Elks.

MACKENZIE FUNERAL HOME ARBORG (204) 467-0024 • info@mackenziefh.com

lacKenzie 🖋





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