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# EXPRESS

THURSDAY,  
OCTOBER 11, 2018  
VOLUME 5 EDITION 41

National Breast Cancer Awareness Month

WEEKLY NEWS

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## Lundar students raise awareness with Orange Shirt Day



EXPRESS PHOTO BY AMY TYCOLES

Lundar School Grade 11 students celebrated Orange Shirt Day on Sept. 28 to raise awareness about residential schools and the trauma suffered by Indigenous peoples.

By Kal Franchuk

Each year on Sept. 30, thousands of students gather across Canada to mark Orange Shirt Day, which aims to raise awareness about residential schools and the trauma suffered by Indigenous Peoples. The theme of Orange Shirt Day is "every child matters."

This year Lundar school held their own Orange Shirt Day thanks to the efforts of some enthusiastic students and their teacher.

Orange Shirt Day was inspired by the story of Phyllis Webstad, who wore a bright orange shirt on her first day attending a B.C. residential school in 1973, but when she got to the school, the teachers took off her blouse and cut off her braids.

The Orange Shirt Day movement started in 2013 and today students wear orange shirts in memory of how children like Phyllis were treated during that time and the impact it had on their self-esteem.

Lundar school offers an optional high school class about First Nations, Metis, and Inuit studies. The class had been learning about residential schools when their teacher, Miss Lambert, introduced the idea of Orange Shirt Day. Students were enthusiastic about the idea and set to work creating posters and making announcements to promote the day within the school.

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**WARN MULE**

# Westshore Foundation aids Evergreen grads in further studies

By Roger Newman

A total of 19 East Interlake high school graduates have won scholarships to help defray the cost of their post-secondary educations at universities and colleges.

The students publicly received their scholarships last Friday night when the Gimli-based Westshore Community Foundation held its 12th annual Donor Appreciation and Bursary Awards Night at the Lakeview Resort.

All the recipients are residents of the Westshore region, which stretches along the Lake Winnipeg shoreline from Matlock to Riverton. They are the latest to benefit from a student fund which has grown significantly since it was established in 2005.

Helen Kristjanson joined presenters Connie Magnusson Schimnowski and Ruth Ann Furgala to award the evening's two largest scholarships from the Larry and Helen Kristjanson Family Bursary Fund.

The Gimli winners were Kaitlyn Coutu, who received \$5,319, and Anika Hatherly, whose award was \$4,790. Coutu, of Métis-Canadian descent, is studying at the University of Manitoba with the goal of becoming a nurse while Hatherly plans a career in oceanography after graduating from the same university. The Kristjanson family scholarship was established

in 2014 by Gimli residents Helen and Larry Kristjanson. He died this summer after earlier enjoying a distinguished career as a Canadian Wheat Board commissioner who arranged Canada's first wheat sales to China.

Westshore board members Magnusson Schimnowski and Furgala, also chair of the Evergreen School Division, completed their duties by presenting 17 other foundation education scholarships to the region's students.

The remaining winners of scholarships, which this year totalled \$19,509, were:

- Devan Gingrich, a Gimli recipient of an Alison Olson scholarship, is intending to become a speech language pathologist after finishing his final year of a masters of clinical science degree at the University of Western Ontario.

- John Isfeld, another Alison Olson recipient from Gimli, is completing his third year of law studies at the University of Manitoba and has made it to the dean's honours list.

- Caleb Plett, of Riverton, has his sights set on becoming a teacher after he emerges from Queen's University with a bachelor of arts honours degree with a major in English.

- Katrina Capuska, of Winnipeg Beach, will use a Westshore (WCF) scholarship to help her become a



EXPRESS PHOTO BY CAROLINE TENBRINKE

The Westshore Community Foundation 2018 student scholarship winners.

teacher after completing an education degree. She already has a bachelor of arts from the University of Winnipeg and works part-time and volunteers at the Winnipeg Beach Tiny Tots Day-care.

- Jon Dalzotto, of Gimli, is currently majoring in history so he can realize his ambition of becoming a history teacher after he graduates from the University of Winnipeg with a bachelor of arts.

- Bailey Groot, of Gimli, is aiming to be a surgeon after obtaining a Bachelor of Science Degree at the University of Manitoba and pursuing further studies in medicine. Her preparations include volunteering at the Gimli Community Health Centre for five years and also at the Betel Home.

- Taylor Johannesson, of Riverton, is

now pursuing a bachelor of science degree at the University of Manitoba. She is in her fifth year of post secondary education and preparing for a career as a clinical psychologist

- Jennifer Luperon, of Gimli, is positioning herself to graduate as a dental assistant from Winnipeg's Commonwealth College Institute after having to learn a new language when her family immigrated from Cuba.

- Alina Moore, of Gimli, is prepping for a career as a writer, editor and publisher after obtaining a bachelor of arts at the University of Winnipeg.

- Nathanael Plett, of Riverton, is aiming to teach music to elementary school students after finishing music and education degrees at the University of Manitoba.

Continued on page 5



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- Past President, Flax Council of Canada

# Lakeshore Hospital Guild halfway to \$90K goal for equipment upgrades

By Kal Franchuk

In celebration of their 40th anniversary, the Lakeshore Hospital Guild has been fundraising towards the purchase of a portable ultrasound for the Lakeshore Health Centre emergency department and two powerlift stretchers for the Ashern Ambulance teams.

This equipment will help improve the quality of care health workers can offer to area residents. To date, over \$45,000 has been raised, half of the \$90,000 goal.

Currently, community members are having to travel as much as two hours and often endure long wait times to receive similar ultrasound testing. Additionally, the quality of emergency services will be improved by having the diagnostic equipment available when needed. It will also help medical staff make decisions in regard to the necessity of patient travel.

The two new powerlift stretchers will be a modern upgrade that will improve the comfort of both patients and ambulance staff, as well as their safety.

These equipment upgrades will benefit the residents of the RMs of West Interlake and Grahamdale, as well as surrounding First Nations Communities.

The funds already raised have been generously donated by corporate sponsors, direct fundraising efforts, and grants. This includes the guild's own annual spring tea which and bake sale this past April, a \$10,000 donation from the Royal Canadian Legion Branch #57, as well direct funds donated by both businesses and the public.

Fundraising efforts are facilitated by the 50 volunteer members who help at events, cater funerals and attend quarterly guild meetings — a

dedicated group, with members who originally joined 40 years ago when the guild began. Although members don't do it for the recognition, the guild was nominated this year for the Community Futures West Interlake community organization of the year

Continued on page 4



EXPRESS PHOTO BY JULIE BERGNER

The Lakeshore Hospital Guild was responsible for adding the back deck to the Ashern Personal Care Home along with the awning, new fence, planter boxes and furniture over the last few years.

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# Christian rock band and Tim Hague Jr. to visit Ashern

By Kal Franchuk

Christian rock band The Color will be stopping in Ashern on Oct. 20 as part of their tour, thanks to a young Moosehorn resident. Band members will be joined by Winnipeg local and motivational speaker Tim Hague Jr.

Anna Riddle, who moved to Moosehorn after her father took a pastoral position at the Baptist Church, had been searching for a way to help struggling youth in her area. Seeing her friends enjoying youth events back in Texas, where the family moved from, helped to inspire the 17-year-old to take action.

Being homeschooled frees up some time for concert preparations, but Riddle also works 30 hours a week and helps out at home. Working on her own, Riddle spent two months trying to book a headline act for the concert she wanted to hold.

Finally, after many hurdles and rejection, The Color, a 2018 Juno award winning band from Manitoba, agreed to headline in exchange for profit from the ticket sales. Riddle also successfully secured Tim Hague Jr., who began his celebrity career after winning the first Amazing Race Canada

alongside his father.

Riddle has been committed to mission work since she was 13 and is driven by her faith to help others. She believes the concert is a great way to lift up struggling teens regardless of religious background as well as to bring those who share faith together. It's for youth to "know they're not alone," she explained.

Riddle isn't stopping here. Plans are already underway for a youth weekend in June 2019 that will bring in guests and programming specifically for them. Her goal is to make an impact on the local communities. She describes youth work like this as "part of my calling."

"There have been people who told me it wouldn't work out," Riddle said.

Despite the doubt that it wouldn't be possible to bring something like this to such a rural location, Riddle said that it's thanks to the support of her parents, friends, church and the volunteers in the community that helped make it happen. There are now 19 volunteers helping with the event. The North American Baptist Association also provided some funding to help.

Although the event is geared to-



EXPRESS PHOTO SUBMITTED

World Vision Canada presents the LET IT BE LOVE Tour featuring Canadian Pop band The Color in Ashern on Oct. 20 at 7 p.m. All ages welcome.

wards youth, families and community members are welcome to attend. Riddle said it is a faith-based concert, but "anyone and everyone is welcome to come."

Tickets will be available at the door for \$15 but can be purchased online

\$10 at <http://thecoloronline.com>. Ashern Hall doors will be open at 6:30 p.m.

The Color has a website where you can hear their music. Visit <http://thecoloronline.com/about>.

## > LAKESHORE HOSPITAL GUILD, FROM PG. 3

award, which recognizes non-profit organizations that have made significant impacts on their communities.

At their September meeting, previous fundraising enabled the guild to approve and purchase sleeper chairs

for the palliative care room at Lakeshore Health Centre so visiting loved ones will be more comfortable. They will also be purchasing an electronic BP monitor for the office of Dr. Okpaleke, who joined the medical clinic at the end of September.

Julie Bergner, a representative of the guild, would like to see this much-needed equipment purchased as soon as possible and is hoping they will be able to raise the funds needed by the end of next year.

The guild is working hard to apply for grants and encourage other sponsorship. Proceeds from the silent auction table at the Nov. 30 Ashern Craft Sale will be donated towards the fundraising goal as well. All donations are welcome and can be made by contacting either Bergner at 204-768-0017 or Shelley Bjornson at 204-768-0454.

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**"HELP US HELP OTHERS"**

# Province announces site change for Gimli seniors residence

By Roger Newman

The site for a Gimli seniors residence has been slightly shifted before construction started.

That news was brought to Gimli last Tuesday night by David Danyluk, manager of new project delivery for the provincial government's Manitoba Housing agency.

Danyluk said a new provincial fully-funded four-storey, 40-unit seniors residence will now be built on the present New Horizons 55-plus Centre's parking lot on North Colonization Road.

This is a change from May when Manitoba Families Minister Scott Fielding and Manitoba Municipal Affairs Minister Jeff Wharton jointly announced that the new up to \$10-million residence would occupy nearby land, including the Gimli Lawn Bowling Club clubhouse and green. Now the lawn bowling club will stay where it is and a relocated New Horizon's parking lot will be built behind the centre's premises.

Construction of the apartments is expected to take about two years.

"We think the new location for the apartments is better than other sites,"



Manitoba Housing official David Danyluk told Gimli seniors about a site change for a new 40-unit residence.

Danyluk told a large audience of New Horizons members before their annual meeting. "It has compatibility with both the New Horizons and lawn bowling clubs."

The Manitoba Housing official also said the "brand new" building will have a highly accessible design ac-



EXPRESS PHOTOS BY ROGER NEWMAN

The four-storey building will be built on the existing parking lot at the New Horizons Centre with construction to be completed in two years.

commodating wheelchairs and qualifying rules for incomes of residents.

"We are making a very large and significant investment in this new building," Danyluk added.

The New Horizons executive had no input into the site change since their centre sits on government property. But retiring centre president Jackie Poloski said during the annual meet-

ing that she and her successor Cindy Stewart had an emotional response when they learned about the details.

"It's a done deal, but the new seniors building is badly needed and we're going to make the best of it," Poloski said later, adding that the RM of Gimli is already mapping out a parking lot of equal size behind the building.

## > ORANGE SHIRT DAY, FROM PG. 1

The date of Sept. 30th was chosen for Orange Shirt Day since that's the rough time of year children were taken from their homes to residential schools, but since that landed on a Sunday this year Lundar school participated on Sept. 28.

Learning about the residential schools left an impression on Grade 11 students Kaelynn and Montana and they hoped that Orange Shirt Day could help to bring more awareness to

families that don't have closure.

For one of the girls there was also a personal connection. Some of her family history included residential schools and it was impactful for her to learn about the struggle they would have gone through.

"Learning about it was emotional" she said.

Although they worked hard to raise awareness, the participation at the school wasn't as great as they had

hoped. Primarily it was their class, along with most staff, who chose to wear an orange shirt. Both girls felt that students at their school aren't educated and lack awareness of the history.

Despite low numbers, the students involved know that this is just the beginning for reconciliation and efforts like Orange Shirt Day only play a part. The girls plan to continue working on raising awareness with their peers

and hope to participate again next September.

Kaelynn and Montana both felt strongly that education in this area is important and everyone should have to take classes that raise awareness for First Nations, Metis, and Inuit history and culture.

For more formation about Orange Shirt Day, visit [orangeshirtday.org](http://orangeshirtday.org)

## > WESTSHORE, FROM PG. 2

- Tristan Roberecki, of Riverton, is intending to bring a high school teaching degree with him when he launches a career in education. He is currently on the dean's honours list at the University of Manitoba.

- Tanner Schroder, of Gimli, is working on an undergraduate degree in the sciences before taking a masters in physical therapy so he can become a therapist helping concussion patients.

- Emma Zdebiak, of Gimli, is a budding artist who has already earned a place on the dean's honours list while studying for a fine arts degree at the University of Manitoba.

- Owen Roberts of Arnes, is a budding businessman who is taking his first year of university with the goal of entering the Asper School of Business at the University of Manitoba.

- Alyssa Licoppe, of Matlock, is taking her first step towards a career as a registered psychologist by studying in the University of Manitoba's Faculty of Arts.

- Emily Dann, of Gimli, is applying herself in first year of university before entering the science faculty to prepare for a career in forensic science

- Brooklyn Toderan, of Riverton, is using an Evergreen School Division diploma with distinction to aid her in science studies at the University of Manitoba.

- Erin Leath, of Gimli, is in a University of Winnipeg education program that will enable her to become an early years teacher.

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May Frighten Young Children; Violence **PG**

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May Frighten Young Children; Coarse Language; Violence **PG**

THE EXPRESS  
WEEKLY NEWS



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OUR SISTER PUBLICATIONS



# get informed

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS

## Let local businesses know that their advertising worked

By Sarah Holmes, publisher and owner of *Gabriola Sounder*, Gabriola, B.C.

The internet isn't interested in getting it right or correcting errors or in telling a story that recognizes the importance in the mundane of community living. The internet is a thing.

Social media thrives on sensationalism, pulling us into the bottomless pit of scrolling through information. As well, social media provides an opportunity to magnify each individual voice, or fake bot, to the point of deafening noise.

With all of that, the user now has the tiresome duty to be wary of everything that is provided to them through a power cord. Newspapers, by their printed nature, create a juried space built on facts, where information is presented for consideration along with the responsibility of being accountable to the reader.

Perhaps it is time for journalists to pack it in. Let governments operate without liability; for police and judicial proceedings to carry on with no representation to the public; for television, radio and bloggers to bear the weight of investigative reporting. Let art, sports, travel and literary works remain undiscovered, save for the

lucky few who stumbled upon them. Opinions will no longer have an equal voice. This image of a defeatist fear-some future is what keeps journalists and news organizations striving for a balanced business model.

Be reminded that newsprint won't report how long it took you to finish the crossword or that you turn to the Automotive section before World or Opinion. It won't listen in on your conversations, matching keywords to further commodify you, nor will it snoop through your cookies, bookshelves and closets to collect more data about you to report back to the data masters. All that privacy remains yours with print.

It is up to humanity to take back our requirement for truth from those who would delight in our inability to recognize fact from fiction. (A recent Ipsos-Reid poll, 63 per cent of Canadians were unable to distinguish between real news sites and fake news stories.) To recognize journalism as a keystone species to our democracy and representing our communities.

We, as an industry, have been slow to ask for your support. We are now asking readers who value newspapers to contribute to rebuilding disintegrating

newsrooms through news stand sales, subscriptions and voluntary subscriptions (donations). This has been met with resistance; readers have had the privilege of receiving free news for so long it has become an assumed right.

Another way for readers to support newspapers is by supporting our advertisers and actively tell them the ad in the newspaper worked — which directly affirms the business' choice to spend valuable marketing dollars to communicate with the readers in the newspaper. A win for the reader, a win for the business and a win for newspapers — and a win for the government; competing online ad platforms based outside of Canada (Google and Facebook in particular) do not pay taxes. This year, during National Newspaper Week we are asking you to pledge your support in a simple way at [www.newspapersmatter.ca](http://www.newspapersmatter.ca).

Like anything malnourished, it will take time to rebuild to full strength, though with renewed reader commitments and reliable advertising, our newsrooms can become vibrant again. It's time to re-evaluate the desire for flash with the need for truth.

## October is Cyber Security Awareness Month

**Submitted**

Farewell summer, hello fall. 'Tis the season to check the smoke alarms and change the clocks. It's also time to review your online habits. October is Cyber Security Awareness Month, a national campaign focused on helping Canadians to be safe online.

Don't fall back into bad habits. Here are some things you can do to protect yourself and all your electronic devices from online hackers:

- Always use strong passwords and change them frequently; do not use the same password for multiple accounts or applications;

- Use only password-protected, trusted Wi-Fi networks;
- Keep your operating system up to date including the antivirus/antispyware software, privacy settings and use automatic updates to avoid potential attacks on older software;
- Always lock your mobile device (use a pin or pattern);
- Use caution with links in emails, texts and SMS messages;
- Keep your social media profiles set to private and check your security settings;
- When conducting financial transactions online, make sure the website has the lock symbol or that the

URL address starts with <https://> (the "s" means it is secure).

The RCMP wants all Manitobans to be cyber safe. To get more information and learn other useful tips and tools to keep yourself and your family safe from cyber threats, visit [GetCyberSafe.ca](http://GetCyberSafe.ca). To help keep your children safe while on the internet, visit [Cybertip.ca](http://Cybertip.ca). Don't be a victim; learn how to keep your online data safe and secure.

If you come across suspected online fraudulent activities, you can report it to the Canadian Anti-Fraud Centre.

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# letter to the editor

Letters to the Editor:  
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## Premier's explanation for not proceeding with Manitoba carbon tax

I am writing to you on a matter of great importance to all Manitobans.

On Oct. 3, I announced that your government would not proceed with a Manitoba carbon tax.

I will explain why.

The danger posed by climate change is real and it is serious. We see the evidence all around us, in warmer temperatures, both in the air and in the oceans. In the form of dangerous storms, which happen more frequently. In forest fires of unprecedented intensity, and in severe flooding that happens far more often.

Climate change threatens our safety and our economy. It threatens our future, especially the future of generations that will follow us.

We are leading the way with a Made-in-Manitoba Climate and Green Plan that is widely acknowledged as the best in Canada.

Our plan focuses on four pillars of cleaner water, conservation of natural areas, effective steps to address climate change and strengthening our economy. It continues our investments in renewable energy, while encouraging Manitobans to reduce their energy consumption. It will assist local communities in their efforts to protect our watersheds. It will clean up contaminated sites, increase recycling and build new schools to a higher standard of energy efficiency and environmental design. It will establish a \$100-million Conservation Trust to preserve and protect our grasslands, woodlands, wetlands, waterways and

wildlife habitat.

It's a plan that will be implemented without any significant assistance from the federal government.

Last year, we received legal advice that the federal government has the constitutional power to impose a carbon tax, but only on provinces that do not implement plans of their own. Our Climate and Green Plan, which is better for our economy and better for our environment, was designed by Manitobans to protect Manitobans and to keep Ottawa's hands out of our pockets.

Our Made-in-Manitoba plan proposed a flat and low tax, like the prairie horizon. That flat rate would have provided stability to consumers, business, industry and agriculture. It would have saved Manitoba families and businesses more than \$260 million over five years, compared to the Ottawa carbon tax. Most importantly, all monies collected under our plan would have been returned to Manitobans, in the form of tax reductions. There are no such guarantees with the Ottawa plan.

Immediately after unveiling our Climate and Green Plan, and on numerous occasions thereafter, we sought the federal government's assurance that they would not impose their escalating carbon tax over and above the Manitoba tax. Almost a year after our Manitoba Climate and Green Plan was released, however, Ottawa's high tax threat remains, and that is unacceptable.

Ottawa has acknowledged our

plan is the best in Canada, but they have also stated that they will impose their higher — and rising — carbon tax after one year. It could mean twice the tax, for poorer results. Double for nothing. That would threaten jobs and economic growth throughout our province. At a time when Manitoba is making progress in fixing our finances and rebuilding our economy, the last thing struggling families, seniors and small businesses need is higher taxes.

We will always defend the interests of Manitobans. Today, tomorrow and for as long as we are privileged to serve this province and its people.

Manitoba's Climate and Green Plan deserves Ottawa's respect. We are already Canada's cleanest, greenest province. We are investing billions in renewable energy, without a single dollar from Ottawa, yet we are given no credit for it. In fact,

Manitoba Hydro's debt will rise to \$25 billion — \$19,800 per Manitoban — thanks to the NDP's massive over-build. You have already made a significant investment in green. Rather than respect this investment, Ottawa threatens to impose an escalating carbon tax, which will take billions of dollars off the kitchen tables of Manitoba families.

Our course of action is clear. The federal government says Manitobans aren't doing enough to protect the environment. They are wrong. They say a carbon tax is the only solution to fighting climate change. We disagree. They claim they have the absolute right to impose a carbon tax on Manitobans. We say "no."

We say "yes" to a cleaner, greener future for Manitoba. We say "yes" to a Made-in-Manitoba Climate and Green Plan, without a carbon tax.

The Honourable Brian Pallister  
Premier of Manitoba

## I made a mistake — Please accept my apologies, Mayor Woroniuk

Two weeks ago there was a write up in the *Express Weekly News* on Mayor Woroniuk about an edited photo.

I am writing this to express my sincere apologies to you, Mayor Woroniuk, for editing a photo that I had found online. I posted it as a "hooray" in lifting the sales ban of

retail cannabis within the RM of Gimli. It came to my attention after reading about it in the *Express Weekly News*.

It was not my intent to hurt, embarrass you or accuse you have using drugs. I am so very sorry. Please accept my sincere apologies.

- Laura Elliott

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@expressweeklynews.ca. Please include your name, address and phone number for confirmation purposes.

## Help plan the next provincial budget.

Manitobans  
Making  
Choices  
.....

Manitoba's Finance Minister, the Honourable Scott Fielding wants to know what you have to say about the challenges and opportunities facing Manitoba's economy.

That is why he is hosting a series of meetings across the province to hear what Manitobans have to say about the next provincial budget.

### You are invited

A meeting is being held in **Selkirk** on **Monday, October 15** and you are invited to attend. Please take this opportunity to share your views with Minister Fielding.

**Location: Selkirk Inn and Conference Centre  
Salon A, 162 Main Street, Selkirk, MB**

**Time: 7 to 9 p.m.**

### Other options

If you are unable to attend this meeting, there are other options you can access to help plan Budget 2019. Create your own provincial budget with the online budget planning exercise or complete the government's online survey. Learn more about these options at [manitoba.ca/makingchoices](http://manitoba.ca/makingchoices).

If you wish, you may also write to Minister Fielding, c/o Budget Consultations at the following address:

Room 103, Manitoba Legislative Building, 450 Broadway,  
Winnipeg, Manitoba R3C 0V8

Accommodations are available upon request.

Please email [budget2019@gov.mb.ca](mailto:budget2019@gov.mb.ca)



# getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

## > ARNIE WEIDL **The signs are there if you watch for them**

Hello my friends.

There are those of us who lose our mate or significant other and after a time we become open to finding someone else who shares a common interest.

Corrine Bremner from Stonewall was such a person as was Todd Sigurdson of Winnipeg. That is how they happily found each other on the Plenty of Fish website. I met them lounging in chairs basking on a cool, sunny fall afternoon fishing off the Victoria pier last Saturday.

Todd was a guy of average size with long brown hair, a half dark and grey moustache and goatee, horn-rimmed glasses, an ever-present smile and authoritative voice. Corrine was quieter. Her wholesome face was surrounded by her long, wavy, glistening red hair.

I sat with them casually talking of coupling up "the second time around" and I felt heartened, seeing how their relationship was grounded in a deep insightfulness as well as fishing.

Todd told how soon after his dad passed away, they returned here, one of his favourite fishing places, to remember him. Walking onto the pier, it was full of screeching white seagulls except for one brown one. They settled into their chairs after casting out as the brown gull waddled to their side. It sat down, looking at them sideways. Todd and Corrine called to it, nicknaming it "Mel" after Todd's father.

The afternoon sun passed to the

west. They landed a few fish. Seagulls came and went — that is, except for "brown Mel." He never moved. At dusk, as they gathered their gear to go home, "Mel" took to the air calling out, circling them, and then disappeared over the trees. Make of it what you will.

Greg, the locks master at the Lockport Locks, did a nice thing. A few weeks or so ago, Wally Jansen took his grandkids Cohen and Sofia, here from Alberta on vacation, to fish off the pier at Lockport.

Excited Cohen quickly cast out before any of the others could get their hooks in the water and instantly caught a big pickerel. Everyone dropped their lines to help him, but it was obvious the line would snap if they tried to raise it over the high pier wall. Wally happened to see a fellow in the locks yard and ran over to him, asking if he had a net. New friend Greg, the locks master, indeed did have one. He fetched it, and without hesitation, joined the group netting the fish for Cohen. You're the best, Greg.

When taking the picture, Cohen's hands weren't strong enough so his sister held it for him.

I happened to be cruising along the lane where the commercial fishermen dock their boats at the Winnipeg Beach marine harbours last Friday and saw Rob Kumps moving some stuff around in the back of his truck. It

looked like he had come in from lifting nets, so I pulled over and jumped out of the car to ask him how things were going. Still in his bright yellow slicks, a heavy jacket and a winter cap pulled firmly down over his white hair, he called out, "Hi Arnie."

His always easy-going nature, kind eyes and broad smile were accented by his substantial white handlebar moustache. As he busied himself straightening out things in the back of his truck, he commented, "There's all different kinds of fish right now; lots of tullibeas at a not bad price."

He went on, "The buyers up at River-ton are taking them in the round."

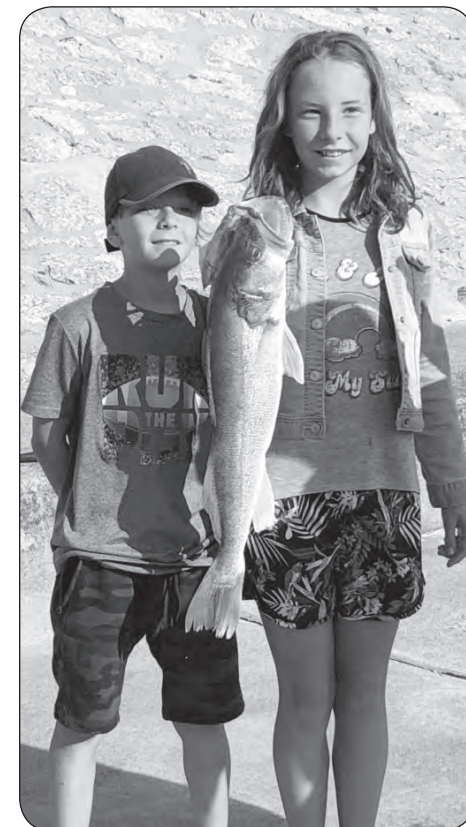
Then he slowed down, turned and leaned against the side of his truck, looking out over the harbour waters.

"It's starting to get cold," he said. "We're only doing one lift a day now. The water is at eight degrees. Soon the harbour will start freezing and we'll have to quit till winter. It's not a lot of fun fighting ice."

"You've been at it a long time, Rob," I said.

"Yeah," he said. "I took over from my grandpa in Gimli and still use the packing place there."

We talked of old-time fishing and rigging up whatever was needed to keep fishing. I recalled a story I did a long time ago where a guy fishing up north camped off the shore that was covered with flat shale rocks. To save his skiff at night, he made a rail of two



EXPRESS PHOTO BY ARNIE WEIDL

Cohen Vincente, left, and his sister Sofia, were here on vacation from Alberta when Cohen caught a fish at the Lockport Locks. Cohen couldn't hang onto his fish so his sister held it for him.

greased limbed spruce rails and set them like a track from the water to dry land and then he would drive his boat up them.

Rob laughed. "I remember grandpa years ago put a piece of plywood on poles in the fall to load his wood skiff onto it at the shore. Then he would drag it down the town back lane to get it home and flip it over for the winter."

I hope you had a nice Thanksgiving weekend, brothers and sisters. See you soon.

## Kiwanis recognize one of their own at Charter night

### Submitted

At the Kiwanis Club of Gimli & District 44th Charter Night this autumn, Kiwanian Gordon Anderson was honoured for 35 years of unstinting volunteerism in our region.

Following in his father's footsteps, Gord became involved with Kiwanis at a young age. This quickly developed into a passion to reach out, to help and care for others. Through all these years, community service has remained a central, rather than incidental, part of Gordie's life. Now, inspired by this man's example, his children, grandchildren and numer-

ous other extended family members are active in the Kiwanis Club of Gimli and District. His family is unique in Kiwanis history, with four generations of Andersons connected to it.

We often wonder how Gord finds time to do his day job, with all the hours he commits to the food trailer and how many other related activities. He is typically the first one to arrive, the last one to leave. He is our "go-to" man whenever things break down or can't be made to function. He is the one who figures out how much of everything we need for an event. He ensures that more appears if we are

in danger of running out. His home and yard are depots of Kiwanis stuff. (Thank heaven. Where else would we store it all?) Albeit a quiet man, Gordie has always spoken out on issues that are close to his heart. He asks for nothing, except that the job get done.

Gord was also honoured for his years of service by letters of special recognition from Mario Bruni, 2017-2018 Governor of Kiwanis Western Canada District, and from Jeff Whar-ton, Gimli MLA.

Thanks for your unfailing example, Gordie. And may you never run out of coffee or chocolate.



Gordon Anderson



# Your Vote 2018 – Make it count

## Submitted

Oct. 24, 2018, is municipal election day in Manitoba.

Across our province, residents will be able to have their say on who will lead their community into the future by choosing their mayor, reeve, councillors and school board trustees.

“For those of you who think sitting out on municipal elections is no big deal or assuming they are less important and impactful than provincial or federal elections, it’s time to think again.”

Mayors, Reeves, councillors and trustees are on the front lines when it comes to providing the day-to-day services you count on. Services such as fire, police, sewer and water, parks, social services, garbage removal, public transit, libraries and community clubs — all of which have an incredible impact on citizens’ daily lives.


These are challenging times for local leadership. Along

with quality of life decisions, they also make decisions that ensure that the infrastructure that connects our communities and supports development is maintained and well planned. This is done all while grappling with the realities of stretched budgets, shifting demographics, keeping up with the advances of new and emerging technologies and adapting to new environmental realities brought on by climate change.

Many of the decisions that affect our communities now and in the future are made at the local level, and these decisions are made by the majority of council or the board. Working as part of a team, sharing differing opinions and coming up with a way forward is perhaps one of the most important tasks of any elected council. We have all seen unfriendly and less than pro-

Continued on page 10

*Breast* CANCER



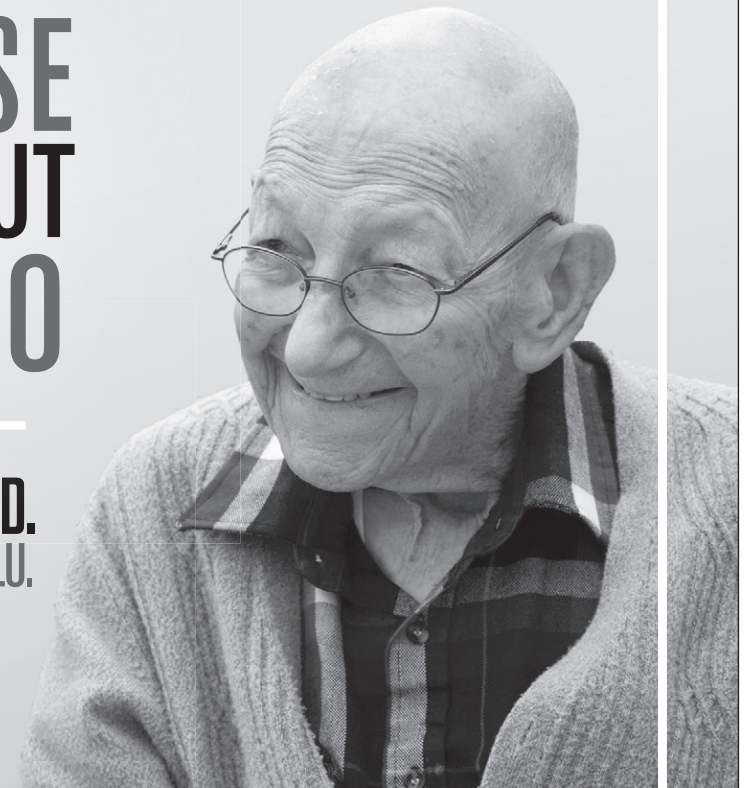
**October is Breast Cancer Awareness Month**

Breast cancer awareness month is a yearly campaign that intends to educate people about the importance of early screening, tests and more. The campaign starts on October 1st and ends on October 31st every year.

If you have a story that would help promote or educate our readers, please contact our news teams at 204-467-5836 or news@expressweeklynews.ca

## BECAUSE IT'S ABOUT HIM TOO

### GET VACCINATED. DON'T SPREAD THE FLU.




**Discover loans that are right for you**

The Manitoba Agricultural Services Corporation has been providing financial assistance to producers for almost 60 years. We have increased our loan limits, introduced financing for equipment and operating expenses, and increased our level of service to producers to help meet all of your farm financing needs.

**Increased lending limits** – Direct Loans are now available up to \$3.5 million and Stocker Loans are available up to \$500,000.

MASC offers short and long-term interest rates, with fixed terms up to 25 years. All our loans feature no prepayment penalties, with flexible repayment terms to match your cash flow.

**myMASC** – Track your account and loan information online, wherever you are, whenever you want.

To learn more, visit your local MASC office or go to [masc.mb.ca](http://masc.mb.ca).



**Lending and Insurance**  
Building a strong rural Manitoba

The annual seasonal flu vaccine is available to all Manitobans at no charge. It will offer protection against four seasonal flu strains.

An annual flu vaccine is especially important for those at increased risk of serious illness from the flu, their caregivers and close contacts.

If you are 65 or older or have a chronic illness, you should also get a pneumo vaccine. One pneumo vaccine may give you a lifetime of protection.

To get your free flu vaccine, contact your public health nurse, doctor, pharmacist or call Health Links – Info Santé at **204-788-8200** or toll-free **1-888-315-9257**.

[manitoba.ca](http://manitoba.ca)



# Public hearing for Gimli mobile home park to reconvene

By Patricia Barrett

Gimli council adjourned a public hearing it held Sept. 26 to consider a proposal for a mobile home park just west of the Vestureland neighbourhood. The delay will allow the developer to hold an open house for the community.

Council made no decision about the park after it received letters in favour of and against the proposal, and heard from residents during the hearing IV Development Solutions — made up of Celine Doll, Riley Patterson, Lynn Couch and Bryan Couch — is behind the proposed park.

“This development will provide diverse housing options that meet the needs of Gimli’s community members and will reflect a national goal of accessible housing for today’s households with fewer people as well as young families,” the developers wrote in an Aug. 27 letter to council and the Eastern Interlake Planning District.

The proposed 328 mobile home units will be “state-of-the-art manufactured homes” built to CSA Z240 structural requirements. They’ll range in size from 900 to 1,600 square feet. Housing options include trailers, single-family and two-family (detached or semi-detached) dwellings. The park will be suitable for people looking to downsize and for single parents and families looking for “cost-effective and low maintenance housing options,” wrote the developers.

They also indicated they’ll sell some units and rent others. The park is modelled on a condo-type development. The developers will retain ownership of the lots, and those purchasing a dwelling will pay an additional \$300 to \$500 each month for services such as lawn care, snow removal and site maintenance.

The proposed park is located between Highway 8 on its western boundary and a berm (a public reserve ditch) on its eastern boundary, and is close to, but not contiguous with, PR 231 to the north.

In their letter, the developers state that mature trees along the north, east and west perimeters will be left intact to maintain privacy. An old rail line near the top of Solvin Road (close to PR 231) will provide vehicular access to the park.

The mobile home park will “reflect the aesthetics of modern mobile home parks,” they wrote.

Lori Napp and Gordon Seale, who live on Solvin Road, wrote that there will likely be an increase in traffic on their already “overly busy street” that has no sidewalks and where speed limits aren’t enforced.

“We have noticed a huge increase in the traffic on Solvin Road,” they wrote. “It serves as a link between Hwy 231 and Centre Street by crossing in front of the ‘little’ school. We have watched countless times as cars swerve around pedestrians, young & old alike.”

The couple asked that council consider sidewalks along the entire length of Solvin and Autumnwood prior to the establishment of the park.

John Klassen wrote in favour of the park, saying it will provide affordable housing for young families and give retirees a break from yard maintenance.

“Council only has to look at Teulon’s MH [mobile home] Park to see what a success it has become,” he wrote. “RM of Gimli council would be foolish to turn down this great opportunity to improve our tax base and encourage new residents to choose our forward-thinking town as a place to reside.”

Elva Smith, who lives along the northern border of the proposed park, also wrote in favour of the project, saying trailer parks may carry a stigma, but newer ones can be very attractive.

“We now have independent developers who wish to invest in a much needed housing project in our community and in turn that may attract larger industries or existing businesses to expand because there will be more affordable and available housing for employees,” she wrote Sept. 24.

Mayor Randy Woroniuk, who spoke to the *Express* before an all candidates’ election forum Oct. 4, said council won’t be making a decision on the park until IV Development provides more information to the public. He also said it’s up to the developers — if they end up getting the go-ahead from council — to make their park a success.

“This is a private development, like the development at the Northgate Trailer Park, in Teulon and Stony Mountain,” said Woroniuk. “These are all high-end trailers, brand new. They have to be a certain standard. But it’s their own development. Whether they succeed or fail is entirely up to them.”

Concerns about the trailer park were directed to Woroniuk and incumbent members of council during the candidates’ forum. Questions included when council knew about the proposal, whether the developer will be paying for infrastructure such as roads and what safeguards will be put in place to ensure the developer carries out what’s promised.

Coun. Richard Petrowski said the developer spoke with council in May or June when the proposal was in its early stages and they “had very little contact with him until the last week or so.”

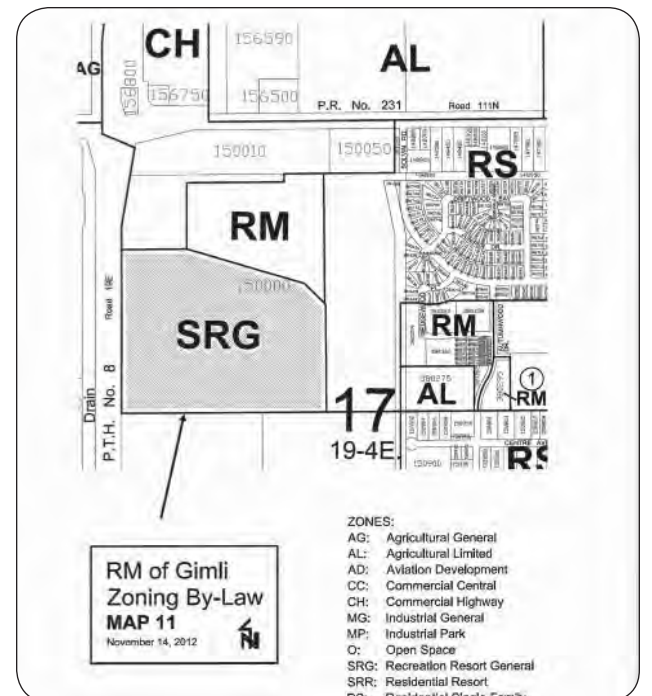
Woroniuk said before his time as mayor, developers were allowed to dodge the installation of sidewalks and other infrastructure in new developments, and that just becomes a future financial burden on ratepayers.

“When — and if — we go into the next round of negotiations, I’m going to make sure that’s tightened up so that this doesn’t become a burden to the future taxpayer,” said Woroniuk.

D.J. Sigmundson, who’s currently CAO of the RM of St. Clement’s and is running for mayor of Gimli, said the park would be contingent upon a develop-



**EXPRESS PHOTO BY PATRICIA BARRETT**  
Looking west from Sigurbjorg Stefansson School, the trailer park site lies across this field and behind a screen of trees and bushes.



**ILLUSTRATION COURTESY OF RM OF GIMLI**  
Map of proposed trailer park and new dwellings.

ment agreement between the RM and the developers.

“Council isn’t free to speak to it right now because they haven’t made a decision and it’s awkward for them for sure,” said Sigmundson during the forum. “But there’s a development agreement that’s required, and that’s when the negotiations with the developer start. If the RM and developer can’t come to an agreement, then the conditional approval would lapse. So there’s still safe-guards.”

The open house for the mobile home park is scheduled for Sunday, Oct. 14 from 1 to 3 p.m. at the Gimli Recreation Centre.

“Following that, notices would be sent for a reconvened hearing on Oct. 22 for further input and deliberation by council,” said CAO Joann Murphy by email.

## > YOUR VOTE, FROM PG. 9

fessional exchanges between political candidates that are designed to impede progress and change — tactics that keep us locked in status quo rather than move us forward.

So this October, when headed to the polls, ask yourself this: which candidate has a vision for the future of your community or school? Which

candidate can work as a team — embracing new opportunities? And which candidate can manage budgets and make investments to ensure a bright future for your family, your business and your community? Our local governments have the ability to both influence change and take action; however, they too require support of their

community. As citizens of one of the greatest democracies in the world, voting in a local election is not only a right and responsibility but an opportunity to create the change you wish to see.

# Questions during candidates' forum for Gimli council focus on past

By Patricia Barrett

Questions posed to candidates running for the RM of Gimli council were heavily weighted towards incumbent council's past decision-making and other candidates' perceived missteps rather than new candidates and their vision for the municipality's future.

Approximately 200 people attended an all candidates forum Oct. 4 in the Sigurbjorg Stefansson Early School gym that was hosted by the Gimli Chamber of Commerce, the Rotary Club and CJ107. The audience was invited to pen anonymous questions after each candidate presented a response to the hosts' questions.

The three candidates vying for mayor are incumbent Mayor Randy Woroniuk, former mayor Lynn Greenberg and St. Clement's CAO D.J. Sigmundson. The 10 candidates running for councillor are incumbent councillors Thora Palson, Richard Petrowski, Peter Peiluck and Danny Luprypa and newcomers Catherine Strong, Daphne Markusson, Marilyn Johnson, Tammy Taylor, Cody Magnusson and Peter Holfeuer.

Woroniuk tackled allegations of council's lack of consultation on major projects such as the pool (council hosted an Open House March 19, 2016, that was attended by over 350 people), the Canadian Coast Guard's boathouse (several meetings with key stakeholders and a meeting in council chambers with the public, media and CCG staff), a mobile home park (see story this edition). He also spoke to street closures and retail marijuana.

"Don't go on websites that have no [credibility]. Pick up the phone, type a message to me or the councillors. We are not hiding. You have to ask us. Don't ask other people and listen to rumours," said Woroniuk. "That's been one of the biggest problems we've seen in the last little while - people are listening to rumours and they're untrue. You want to know what's going on, call me. Sit down with me. I do not go on social media, but I will sit and look you in the eye and we will engage. That's how I like to work because we can talk to each other and come to a solution."

In addition to direct communication, council members, such as Peter Peiluck and Thora Palson, said the public is welcome to attend council meetings and that minutes are available on the website. And the RM recently launched an improved website and mobile phone app that ratepayers can use to get up to date on issues. Woroniuk reiterated council's stance on marijuana, saying it did not say no to cannabis when the provincial government



EXPRESS PHOTO BY PATRICIA BARRETT

From left incumbent mayor Randy Woroniuk, DJ Sigmundson, Lynn Greenberg and Peter Peiluck.

asked municipalities to decide on whether to ban retail sales. Council first required more information from the province about unknown costs surrounding legalization (policing, social and health services, etc.) and the sharing of tax revenues.

"This province and the province of Quebec are the only two provinces in Canada that are refusing to share the 25 per cent that the Liberal government gave to municipalities," said Woroniuk. "So to be responsible to you, the taxpayers, we were just being cautious with this. We never said we were prohibiting it. We've got no dedicated funding from the province to pay for those costs. So that's what my concern was - and is."

Manitoba Liquor & Lotteries will now be deciding where marijuana retail stores will be located, not municipalities.

Councillor candidate Peter Holfeuer made an issue of street closures that occurred last year during the Gimli Film Festival after Woroniuk said festival chair Leona Johnson consulted beforehand with businesses in the downtown core. Holfeuer contended there was no consultation with the Chamber of Commerce and that it was "not acceptable" for council to close streets without businesses' approval.

Councillor candidate Catherine Strong said business consultation is "hugely important," but street closures - such as that for the annual Gimli Car Club show - can be "very beneficial" and bring "tons of people" into the area. Cody Magnusson seconded that, saying street closures are a "great idea" that shouldn't be dismissed.

D.J. Sigmundson said the key to successful engagement is to "consult early, often and through

multiple channels," something for which the RM of St. Clement's won an award.

Some candidates were pointedly asked to account for previous stances on certain issues.

Sigmundson, who wants to develop the Gimli Harbour area to attract more tourism, was asked if he supports the boathouse.

"I very much support the Coast Guard and I support public communication and consultation. I think the Coast Guard should have had the decency and respect for the community to talk to all of us and listen to us," said Sigmundson. "I think they should have followed our local laws and zoning bylaws. I think the building could have been put elsewhere, including the waterfront area."

Mayoral candidate Lynn Greenberg was asked to account for a comment he made about wanting to impound the Aurora Recovery Centre. He said the addictions facility is "very important" for the community. "My comment at the time to put a fence around it was to kind of ease [concerns from] people who live in the area. There was a lot of people who didn't understand what Aurora was all about and they were quite concerned."

Holfeuer was asked if he takes a wage and keeps profits from the Gimli Ice Festival, which he co-chairs with his wife Susan.

"That's quite a question. We've received no income. I've lived in Gimli for 10 years and haven't received income from anything," said Holfeuer. "Every year we forward a copy of the financial statements to the RM because we are partners with the RM, so anyone who wants to look at the books, feel free to do so."

The RM contributes grant funding to the Ice Festival each year and receives a copy of its financial statements, but doesn't audit the festival's accounts.

Strong and council candidate Tammy Taylor both called for affordable housing and questioned the meaning of the word affordable.

"[My staff] can't pay their bills. At \$1,000 rent, that leaves them with \$400 to feed their children, possibly have a phone and cable. They have to pay hydro and gas. That leaves them with nothing to feed their children," said Taylor.

Greenberg said he has asked prominent community developers why they don't build apartment blocks and they all "give me the same answer. Lynn, the return on our investment is just not there."

Candidates agreed that provincial and federal government grants may be the only means to address the affordable housing crisis if developers won't invest in low-cost housing.

## New legislation to modernize agriculture Crown lands, enhance community pastures

Submitted

The Manitoba government has introduced legislation that would improve how agricultural Crown lands (ACL) and community pastures are managed, Agriculture Minister Ralph Eichler announced on Oct. 4.

"We are pleased to be introducing amendments to The Crown Lands Act that will modernize the process of crown land leases," said Eichler. "We are also making changes that will better enable government to maintain

and protect community pastures. These lands not only provide opportunities for cattle farmers but also provide numerous environmental benefits including carbon sequestration, protecting threatened species and maintaining biodiversity."

The Crown Lands Amendment Act would allow agricultural Crown lands to have their rent determined by a public auction and allow government designate ACL as community pastures. Currently, fees or rent for leases

and permits for agricultural Crown lands may be determined by public tender. This proposed bill would enable regulations that provide for public auctions to also be used. The new subsection to the bill would allow rent to be calculated in one of four ways:

1. by setting out or prescribing the amount of method/formula to determine rent in regulation,
2. by having a public tender,
3. by having a public auction, or
4. a combination of ways one to three.

The bill would also enable government to designate certain lands as community pastures and to regulate their use. The purpose of community pastures is to support haying and grazing on rangelands in a manner that conserves the lands' ecological integrity and biodiversity. Once designated, community pastures must be managed in accordance with this purpose. The proposed bill would come into force upon receiving royal assent, the minister noted.

# Grahamdale EDO looks to the future with plans to engage youth



**EXPRESS PHOTO SUBMITTED**  
Grahamdale EDO Amanda Artimowich is excited about growth opportunities.

By Kal Franchuk

The RM of Grahamdale welcomed new economic development officer Amanda Artimowich earlier this fall.

Artimowich, who has a background in education, is including youth in her upcoming programs as part of her vision for the RM's future.

Artimowich will be working on growing business in the area as well as attracting new investors. She will be providing guidance to local business, as well as promoting an incentive program being offered by the RM.

Tourism, especially in the Steep Rock area, drives business. The RM has already created new maps and visitor guides to help guide tourists to local attractions. Plans are underway to add interpretive signage at key points around the RM and are expected to be installed in spring of 2019.

Developing a rural RM presents unique issues, but ultimately the goal is to bring more people to the area

and keep money within the community.

Artimowich came to the position of EDO from an unexpected background.

"When I was a kid, I wanted to be a mom and a teacher," she said.

Originally from Ohio, she found when moving to Canada her education credentials didn't carry over. After having children, she spent some time at home before working as a substitute in the Lakeshore School Division. This helped her gain valuable connections to community members, especially children.

Now Artimowich gets to teach kids in a different way. As EDO, she is using her education experience to include young people in her development plans. Currently, she's planning a business expo with Grade 7 and 8 students from Alf Cuthbert School that will provide valuable information for local business as well to help

broaden the students' business sense.

Artimowich has asked kids what sort of things they'd like in their community. To help get them involved, she asks, "How are you willing to help make it happen?"

It's that long-range thinking that is at the crux of Artimowich's plans.

"We need to start thinking about the future," she said.

For Artimowich, that involves engaging kids. It means not only asking them what they'd like to see in their community but also gives them the tools and drive to help make those projects happen. The hope is that if the foundation is laid now, when kids get older they'll be less likely to move away, especially after becoming educated.

It might be playing the long game, but Artimowich believes her approach will pay off in future growth.

Artimowich can be reached at 204-768-2858.

## Gimli Ford combating food insecurity with its WE Scare Hunger drive

By Patricia Barrett

Gimli Ford is taking part in a WE Scare Hunger drive over the course of October to help shore up Evergreen Basic Needs' food bank and help combat food insecurity.

The dealership is encouraging people to bring in a non-perishable food item and drop it in the "Be Hunger Heroes" bin it has set up in the lobby or make a monetary donation. Staff will deliver the food and money to EBN on Oct. 31.

"We are hoping to fill a bin or the back of a truck," said administrative assistant Karen Raemer. "We hope to make this campaign our best ever."

Each year Ford dealerships across the Canada take part in the WE fundraising drive to help their respective communities and raise awareness of the root causes of hunger.

WE Scare Hunger is an initiative of WE, an international charity that instills values of social responsibility in youth and provides educational resources and infrastructure support to people living in Global South countries.

Evergreen Basic Needs provides gently used clothing, furniture and household goods to those in need. It also runs a food bank that serves the RM of Gimli and surrounding areas, including First Nation communities. It distributes about 4,000 kilograms (10,000 pounds) of food on a monthly basis to families and individuals struggling to make ends meet, and



**EXPRESS PHOTO BY PATRICIA BARRETT**

Administrative assistant Karen Raemer and sales representative Sean Akkerman encourage people to donate food to the dealership's bin.

provides monthly hampers to people on a short- or long-term basis.

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# Capes & Crowns coming to Boonstra Farms

By Jennifer McFee

Do you know a youngster who loves princesses or superheroes?

A fabulous fundraiser this weekend will captivate them with its special guests and a jam-packed afternoon of family-friendly activities.

For the first time, the Winnipeg chapter of Cystic Fibrosis Canada is hosting its Capes & Crowns Masquerade event at Boonstra Farms on Saturday, Oct. 13. The much-anticipated outing has been held at the Fort Garry Hotel in Winnipeg for the past four years.

Andrea Pratt McDowell, regional executive director for Cystic Fibrosis Canada, is looking forward to the new venue.

"We thought we'd change it up a little bit. It's a pretty great event when it's in the ballroom, but it limits us in couple ways. It definitely drives a higher ticket price because it's more expensive to be renting hotel space and providing food. We wanted to make it more accessible in that regard," she said.

"Also, because infections can spread so rampantly, which is so dangerous to individuals with CF, we can really only have one individual with cystic fibrosis present in an indoor event.



Cystic Fibrosis Canada Winnipeg chapter is hosting its Capes and Crowns Masquerade event at Boonstra Farms this Saturday.

We would rotate the ambassador family every year to ensure that the children would all get a shot to come. It's not ideal since we want everybody to feel safe and happy."

Pratt McDowell grew up in Stonewall, so Boonstra Farms came to mind as an ideal outdoor spot to enjoy autumn and celebrate Halloween while



EXPRESS PHOTOS SUBMITTED

Wyatt Spring, age two and a half, was born with cystic fibrosis. He receives support and lots of love from his two older siblings, four-year-old Oliviah and eight-year-old Lucas.

also raising funds and awareness for the cause.

The event will feature all the usual Boonstra attractions, including farm animals, play structures, a haunted house and a corn maze. In addition, kids can enjoy mask decorating, slime making, face painting, a costume parade and dancing all afternoon. Acting as master of ceremonies, Brody Jackson from QX104 will add to the upbeat atmosphere.

Volunteers from Heather's Pretty Parties will also mingle with the crowd, decked out as famous princesses and superheroes.

The Capes & Crowns masquerade will be raising funds to support clinics where people living with cystic fibrosis can receive specialized care.

"We are the main funder of cystic fibrosis research in Canada. We support 42 clinics across the country. We fund millions of dollars of research every year," Pratt McDowell said.

"We also have an advocacy department that speaks up on behalf of individuals with CF to ensure quality of care and access to medications. We work full time to ensure quality of life for our individuals living with cystic fibrosis."

Although most people associate cystic fibrosis with the lungs, it's actually a multisystem disease.

"Because of a dysfunction with protein within the cells, there's different classes of it that have different ways of that happens. A thick mucous is created in the body, so it's hard to clear in the lungs for individuals with CF. They catch bacteria and infections, which leads to inflammation and scar tissue over time," Pratt McDowell said.

"But it also blocks the absorption of nutrients, so individuals have diges-

tive issues. Ideally a high fat, high salt diet is what is best for individuals living with cystic fibrosis, so that creates other issues in the body over time. There is cystic fibrosis-specific diabetes that has been discovered now. The longer you live with CF, it takes a toll on your body. As the disease progresses, individuals end up needing to have lung transplants once the scar tissues have built up too much."

The disease affects each individual differently, since it has than 2,000 different genetic mutations. As a result, it's tricky to treat and research.

"Each individual with CF not has various genetic mutations, but they also experience the disease differently," Pratt McDowell said.

"So a treatment that works really well on one individual won't even necessarily work on another individual in the same family with the same disease. It's got a lot of layers and complexities to it."

Cystic fibrosis is the most common fatal genetic disease for children in Canada. In the past, doctors used to tell parents that their children wouldn't make it to kindergarten. Now, the median age is

"Now the median age of survival is over 50 years, so there are individuals living much longer lives, but we're still losing people in their teens and 20s," Pratt McDowell said. "We need to find a control for the disease so it's not life-threatening."

For the Spring family, they know first-hand the impacts of the disease. Young Wyatt, age two and a half, was born with cystic fibrosis. He receives support and lots of love from his two older siblings — four-year-old Oli-



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Continued on page 21

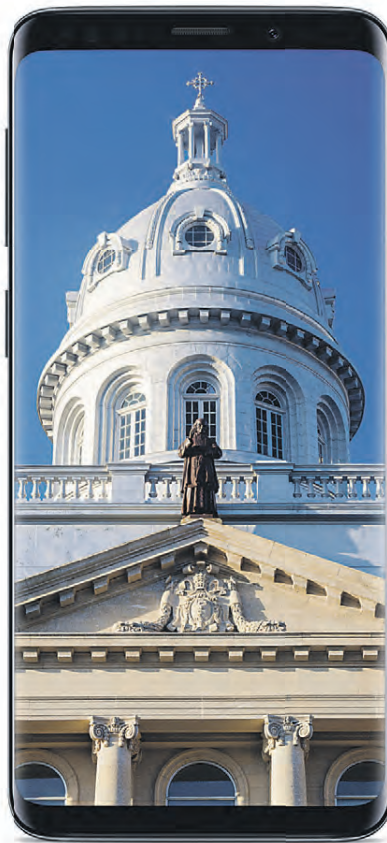
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## What you should know about Breast Reconstruction Awareness Day



**BR & DAY**  
BREAST RECONSTRUCTION AWARENESS

As part of Breast Cancer Awareness Month in October, the Canadian Cancer Society has started to sponsor a new event — Breast Reconstruction Awareness (BRA) Day. BRA Day is an initiative that provides information and resources for women considering post-mastectomy breast reconstruction.

Breast cancer is the most common type of cancer among women worldwide, and it's estimated that one in eight women in Canada will be diagnosed with it during her lifetime. While more people than ever are triumphing over breast cancer (largely due to medical advances and increased emphasis on early detection), many survivors of breast cancer still end up having one or both breasts fully or partially removed during treatment. Although recon-

structive surgery isn't for everyone, BRA Day events give women the information they need to decide whether or not to undergo the procedure.

BRA Day was started in 2011 by a Toronto plastic surgeon who wanted to make sure women were receiving accurate information about breast reconstructive surgery. Above all, the event seeks to debunk the myth that breast reconstruction is indulgent and expensive. Many doctors find that choosing to undergo reconstructive surgery improves quality of life for many breast cancer survivors and lessens the emotional toll of undergoing a mastectomy. Furthermore, women often don't realize that recon-

struction after breast cancer surgery is covered by health insurance in Canada.

Today, BRA Day is celebrated each October in communities across Canada and around the world. These events feature presentations by plastic surgeons discussing the procedure and talks by patients sharing the positive and negative aspects of their experiences. Many of these events also feature a "Show & Tell Lounge" where volunteers show participants the results of their reconstructive surgeries.

To find a BRA Day event near you, visit

[www.bra-day.com/canadian-bra-day-events](http://www.bra-day.com/canadian-bra-day-events).

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## Three tips for staying active while undergoing treatment

If you're battling cancer, physical activity can enhance your quality of life. Exercise can help you sleep, stimulate your appetite, improve your mood, reduce stress and boost your energy. Here are three tips for staying active when you're undergoing treatment for cancer.

### 1. Adjust your workout

Always choose safe exercises suited to your current level of health. One option is to implement activities that gently improve your strength and flexibility such as dance, tai chi and yoga. No matter what, be sure to respect your limits. It's far better to play a less demanding sport than it is to undergo a tough program that leaves you feeling drained and inept.

### 2. Adjust your intensity

Start out at an easy pace and gradually increase the level of intensity as you become more accustomed to the activity. For instance, if walking is your exercise of choice, start by covering short distances at a leisurely pace. Over time, you can work your way up to longer jaunts and/or a brisker pace. Avoid pushing too hard, too fast, as you may get discouraged.

### 3. Adjust your schedule

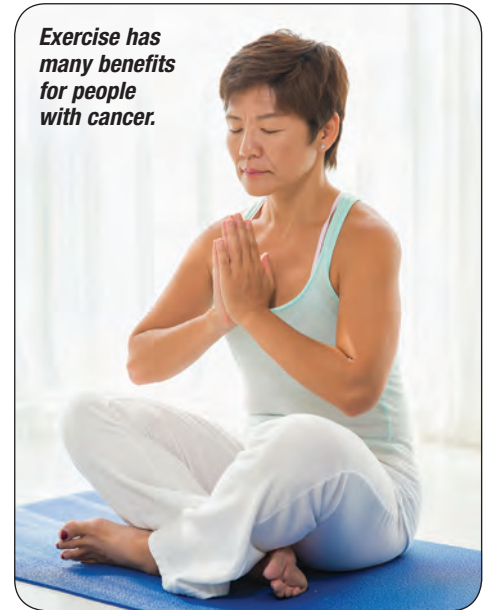
Do you feel better in the mornings than you do in the evenings? Then reserve that time of the day to exercise. If necessary, split your workout into one or more shorter segments, or change your routine in some other

way that makes sense to you. Always listen to your body and be sure to rest whenever you need to.

### CAREFUL!

If you have cancer, before beginning any type of exercise program, you MUST talk to your doctor. Depending on your level of health and the treatments you're undergoing, some types of physical activity may not be recommended. Your oncologist can suggest activities that are safe, efficient and tailored to your specific case.

*Exercise has many benefits for people with cancer.*



## Five ways to help a loved one who has cancer

When dealing with a loved one's illness, you may feel like there isn't much you can do. But the truth of the matter is that seemingly simple gestures can improve the quality of life of a person who's battling cancer. Here are five ways to help a friend or family member who's sick.

### 1. Make their meals

Cooking can be a gruelling task for those undergoing treatment for cancer. One way to help your loved one is to make and freeze meals for them. Picking up groceries is also helpful. When going to the supermarket, consider getting snacks, produce and other products they may need.

### 2. Become their driver

Driving can be stressful for a loved one who's sick. Certain medications might make them drowsy and the illness itself may leave them fatigued. Go with them to their doctor's appointments. It will be a relief, and your be-

ing there will also bring comfort.

### 3. Do their housekeeping

Household chores are tiring for those fighting cancer. If you want to lend a hand you could take out the trash, vacuum the floors, do the laundry, clean the dishes, dust the furniture or take care of the yardwork. Every little bit helps.

### 4. Help with child care

Those with cancer may have family obligations they find difficult to meet. See to the parenting tasks that your loved one used to take care of: pick up their children from daycare or school, make lunches, drive children to their activities or simply babysit while your loved one rests.

### 5. Listen

Cancer triggers many feelings: anger, anxiety, fear, sadness and more. If you sense that your friend or family member needs to talk, lend them an ear. Your being there is important to them.

### Can motherhood help prevent breast cancer?

According to the Canadian Cancer Society, pregnancy and breastfeeding can reduce the risk of breast cancer.

In fact, women who've carried at least one pregnancy to term are less likely to get this type of cancer, especially if they bore a child before the age of 30. And mothers of large families are even more insulated as each additional pregnancy further reduces long-term risks.

#### How it works

When a woman is pregnant, her mammary cells are no longer exposed to estrogen, a hormone that promotes the development of several breast cancers.

The same thing happens during breastfeeding. In fact, some studies indicate that breastfeeding can protect you from getting breast cancer, and that the longer you breastfeed, the greater the protective effect.

#### Breastfeeding and cancer

Are you undergoing treatment for breast cancer and fear that breastfeeding might harm your baby? While cancer cells definitely can't be passed on through breast milk, chemotherapy drugs and other medications can. This is why breastfeeding is usually not recommended for mothers with cancer. But for advice that's specific to your case, speak with your doctor.

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**The 22nd Boneyard General Repair**  
**Boyz & Bullz**  
 Saturday, October 13<sup>th</sup> at The Eriksdale Recreation Centre

## Former pro bull rider helps plan Eriksdale's 22nd annual Boyz N' Bullz

By Kal Franchuk

Former professional bull rider and promotional business owner Ben Kinkead and the Eriksdale community club have been hard at work planning the 22nd annual Boyz N' Bullz event taking place on Oct. 13.

The evening will kick off at 4:45 p.m. with a Mr. Perogie and steak supper. Attendees can then enjoy some pre-event activities before the bull riding starts at 7 p.m. Following the bull riding will be a cowboy social at 9 p.m.

Twenty-five riders will be competing in the long round first, followed by only eight in the short round. The winner will be chosen based on their total points in the two rounds. The first-place winner will take home approximately \$5,000 as well as a winning trophy belt. Since this is a Bull Riders Canada event, contestants will also be earning double points for the BRC finals.

Something unique to this event is

the Noventis Credit Union bull draft, which is used to pair riders and bulls. This takes place prior to the bull riding official start and provides entertainment during dinner.

The Terraco wild pony race is for kids with teams of three youngsters, ranging in age from eight to 13, who compete for fastest times taming a wild pony. For teens 14 to 17, there will also be Westrans Jr. Steer riding and novice bull riding with age appropriate stock.

Even the crowd can get in on the action with this high energy show. A brand new 17-foot LED replay wall replaces the old replay screen, so no one misses any action. There's also a chance to place your bets in the Calcutta on the final eight riders or their bulls.

Kinkead, who's from Eriksdale, is one of many volunteering their time



EXPRESS FILE PHOTO

Boyz & Bullz bull-riding event taking place in Eriksdale this Saturday.

Continued on page 19

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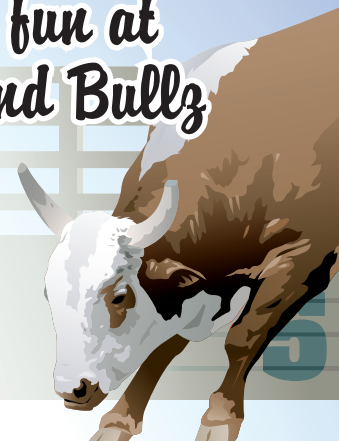
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# Gimli New Horizons elects new slate of officers



EXPRESS PHOTO BY ROGER NEWMAN

Gimli New Horizons board members including incoming president Cindy Stewart, right, and past-president Jackie Poloski next to her, on the left.

By Roger Newman

The Gimli New Horizons 55-plus Centre has a new president.

Cindy Stewart was elected president at a well-attended annual meeting at the centre last Tuesday. Stewart, a Dunnottar resident also active in the Winnipeg Beach Legion, steps up from vice-president to succeed longtime New Horizons activist and volunteer Jackie Poloski.

Stewart's first job was to present a bouquet of flowers to Poloski who served six years as president during two terms interrupted by a year as past-president.

"Now I'm back to past-president and I'll still be involved in board meetings," said an upbeat Poloski after the election of officers.

Treasurer Rick Hewson told the meeting that New Horizons has entered a new fiscal year in good shape while membership chair Linda Shipman reported that the centre signed up more than 500 members during September's first month of registration. The centre, which offers more than 20 recreation programs and special events to Gimli area seniors, is one of Manitoba's larger seniors clubs and is almost certain to have 600-plus members before the end of the fiscal year.

Others elected were Rick Hewson, now first vice-president; Lorraine Crawford, second vice-president; Linda Cochrane, secretary; and Lavone Clarke, treasurer.

Committee chairs are Linda Shipman, membership; Isabel Peterson, volunteers; Marion Gale Sunshine, Garry Peterson, maintenance; Val Adrian, social; Dave McVicar, publicity; and Jane Bell. Laurie Stirton and Doris Gordon, members at large. All are experienced board members who were returned to office by acclamation.

Retiring from the board was Garth Gillespie who received a presentation for his four years of service.

**The 22nd Boneyard General Repair**

**Boyz & Bullz**

Saturday, October 13<sup>th</sup>  
at The Eriksdale Recreation Centre

Continued from page 18

for this event. For the past 12 years, he's been on the community club board and this is his fourth year on the production side. Since this is the Eriksdale Recreation Centre's primary fundraiser for the year, it's an important event for the community.

Although Kinkead was previously a pro bull riding contestant, he will not be competing. In 2012 he was forced to retire prematurely after breaking his neck while competing at Ponoka Pro Rodeo. Kinkead now runs Cross-fire Bullriding Promotions Inc., par-

tially as a way to stay connected to the industry. It also means he gets to be home more with his wife and two young children.

As for his involvement in the event, Kinkead says that he's "trying to make it bigger and better and fresh each year." He also thanks all the volunteers and supporters out there who make the event possible.

Tickets for supper, bull riding and the cowboy social are each sold separately at the Eriksdale Recreation Centre doors.

On behalf of the Reeve, Council & Staff

Eriksdale Welcomes you to The 22nd Annual Boyz & Bullz!

Best Wishes to all participants.

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# Selkirk doctor celebrates Easton Place Clinic sod turning

By Lindsey Enns

Three gold-coloured shovels in the ground and plenty of smiles helped mark the start of construction of the first phase of a new health, wellness and doctor training centre opening in Selkirk next year.

Crews officially broke ground on the 16 acres of land where the Easton Place Clinic is being built, across from the Selkirk Regional Health Centre on Easton Drive, during a brief sod turning gathering last Wednesday afternoon. Construction of the first phase of the project is expected to be completed in the summer of 2019.

Dr. Anthony Anozie, the owner and driving force behind Easton Place, says it took him nearly eight years to get this project off the ground so he's glad it's finally moving forward.

"This place will be equipped for teaching, it will be a state-of-the-art facility, which will hopefully be attractive to helping us to recruit and retain doctors in the Interlake and Selkirk," Anozie said in Selkirk city council chambers following a brief sod turning gathering at the construction site last Wednesday.

"We hope the (Interlake-Eastern Regional Health Authority) will join with us to make this a success." Selkirk MLA Alan Lagimodiere thanked Anozie for his commitment to the community.

"I know it's been a long, hard grind but it is such a great day to see a sod turning event today and finally see this project on the road," Lagimodiere said. "I wish you all the success in the future."

Selkirk Mayor Larry Johannson said the city and surrounding areas have been waiting on this project



EXPRESS PHOTOS BY LINDSEY ENNS

Dr. Anthony Anozie, left, the owner and driving force behind Easton Place Clinic, speaks during a brief gathering in Selkirk city council chambers following the project's official sod turning, right, on Sept. 26.

for a long time. Johannson said once Easton Place is complete and along with the Selkirk Regional Health Centre and the Selkirk Mental Health Centre, the city will "truly be a medical centre of excellence."

The Easton Place project was originally announced in 2016 and construction was expected to begin last summer. Anozie said the project was delayed due to multiple reasons including "political obstacles." The project is being personally funded by Anozie, with some assistance from Sunova Credit Union.

The first phase of the project will be the medical clinic, which will be home to an array of doctors including an orthodontist, dentist, chiropractor, physiotherapist, optometrist, audiologist as well as

visiting specialists to make it easier for patients to access multiple medical experts in one day.

The second phase will be the health, wellness and education centre, which is being described as "the heart of Easton Place." The non-profit centre will serve as a community hub for physical activity, nutrition, coaching and education.

The third phase will be a retail and commercial mall equipped with a restaurant plaza.

Lastly, the fourth phase will be a transitional care facility, which will serve to help those recovering from surgery or those unable to manage at home alone. Once complete, it is estimated the health and wellness centre could cost around \$80 million to \$100 million.

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# Ashern Chamber of Commerce considers merger with Eriksdale

By Kal Franchuk

The Ashern District Chamber of Commerce is considering a merger with the Eriksdale Chamber of Commerce to potentially form a new regional chamber. The chamber will be consulting with its membership before a final decision is made.

A post was made on the Ashern Chamber Facebook page by president Jason Carpenter on Sept. 11 announcing that a merger was being considered. The post cited falling membership numbers as well as financial and staffing challenges for the reason behind the possible merger.

Carpenter said, "Merging with Eriksdale is, in my (his) opinion, the only way for us to keep our Chamber

of Commerce alive, strong, and with meaningful local representation."

Research and consideration has already happened behind the scenes and Carpenter announced in the post "We have met with the president of Manitoba Chambers of Commerce and have the full support of MCC to start negotiations."

Carpenter first mentioned the possibility of a merger with other chambers during a meeting on Feb. 7. Prior to that, he had publicly stressed the importance of gaining new membership in order to continue successful chamber operations. The chamber is currently consulting with its membership on or if or how this process will move forward. No decision will

be made before an open meeting is held and a member vote is held. As of press time, there was no date set for either meeting.

Carpenter could not offer additional information on the future of the chamber at this time.

The Ashern chamber has played an important role in the community over the years and has been involved in many events. Some of these include shopping events and trade shows, community yard sales and a pancake breakfast at the rodeo. As of January 2018, paid chamber members totalled approximately 30 but only a handful were actively participating in chamber activities. This low participation has had a significant impact on their

ability to function as an organization.

The chamber is also responsible for promoting the area to outside communities through brochures and other advertising. Notably, they run the town's website [www.ashern.ca](http://www.ashern.ca), which functions as an online hub for community information and services, tourism and local businesses.

If or how this will affect the membership and community is still yet to be determined. In the meantime, Carpenter is encouraging those interested in sharing their thoughts to visit him in person at Home Hardware in Ashern or to call 204-768-3980.

## Raising funds for Heima ER Best



EXPRESS PHOTO BY ROGER NEWMAN

Director Bill Morrison, left, and actor Tina Leath go over the lines for *Suppressed Desires*, a comedy the A-Spire Players are presenting this Saturday as a fundraiser for Heima Er Best (home is best), which provides supportive living for adults with intellectual disabilities. The play — which also stars Rob Jantz and Kim Malchuk — will be presented at the Lakeview Resort as part of a dinner theatre and includes dinner and silent auction. Heima, a non-profit founded 20 years ago, already has four Gimli group homes and plans to build another on Fifth Street North to satisfy a pressing need. The evening starts at 6 p.m.

## > CAPES & CROWNS, FROM PG. 14

ah and eight-year-old Lucas — as well as his mom Sheralin and dad Warren, who is originally from Riverton.

"It's a disease that literally affects his whole life from when he gets up until when he goes to bed — but it's not everything that Wyatt is. He's still is a toddler who can do everything that another toddler his age can do," said Sheralin Spring.

"When people hear that your child has cystic fibrosis, it almost sounds like they pity you, and that's not how we want it to be. He has CF and it's unfortunate, but he will do everything that we dreamed for him to do, even before we knew that he had CF. You have to stay positive."

When Wyatt was first diagnosed, he made weekly visits to the doctor. Now he has doctor's appointments every three months if he's healthy or more often if he's sick.

"We do two hours of therapy a day to keep him healthy and keep him able to have a normal life," Spring said.

"It doesn't have to be that he's sick all the time. You put in the time

and you do what you have to do."

She is looking forward to volunteering at the Capes & Crowns event, along with big brother Lucas.

"All these events help fund innovate new research for treatments for people with CF, which is absolutely life-changing, as well as visits to the clinics," she said.

"So when you go to the events, you are supporting real kids and adults with CF. It's a great time to spend with your family in support of a good cause at the same time."

The event organizers extend gratitude to the sponsors, including Sunova Credit Union and the Stonewall Kinettes. As well, Desneige Meyer, the parent of a child with CF, is sponsoring and leading an activity through her company Memory Castings.

The Capes & Crowns event runs from 12 to 6 p.m. on Saturday, Oct. 13 at Boonstra Farms. Tickets cost \$20 each in advance or \$25 at the door. Tots under 24 months get in for free. For tickets or more information, call Dawn Huck at 204-943-7472.

## get inspired

> MEAL IDEAS

Prep time: 15 minutes  
Cook time: 20 minutes  
Servings: 4

1 pound Brussels sprouts, trimmed and halved lengthwise  
2 tablespoons extra-virgin olive oil

pinch of salt  
freshly ground black pepper, to taste  
1 cup red California grapes  
2 tablespoons ready-to-use balsamic glaze  
Heat oven to 450 F.

## Roasted Brussels Sprouts with Grapes and Balsamic Glaze

On baking sheet, toss sprouts with olive oil, salt and pepper, to taste, until sprouts are well-coated. Roast until deep golden brown, about 17-20 minutes, turning sprouts halfway through roasting. Stir in grapes and roast 3-5 minutes. Transfer to bowl and drizzle with glaze or drizzle platter with glaze and pile sprouts on top.



# Lakeshore School, Bifrost-Riverton reeve and councillor candidates share platforms

## Staff

The clock is ticking until voters have the chance to cast their ballots in the municipal election on Oct. 24.

The *Express* recently published an article offering local candidates the chance for some free publicity. Candidates who contacted the *Express* received a list of 10 questions that they could answer within a 500-word limit, as well as an invitation to submit a photo to go along with their submission.

Here is the list of questions that candidates were invited to answer:

1. Please could you provide a brief bio of yourself, including any previous political experience?
2. What community do you live in? How long have you lived there?
3. In your opinion, what are some of the major issues facing the community?
4. What are some of the best parts of

the community?

5. What made you want to run in this election?
6. If elected, what do you hope to achieve during the upcoming term?
7. Have you ever run in a political election before? If so, when?
8. Why should voters support you?
9. What do you like to do in your spare time?
10. Is there anything else you would like to share?

This week, we are sharing the answers from candidates running for trustee positions in the Lakeshore School Division, RM of Bifrost-Riverton reeve, RM of Brifrost-Riverton councillors and a late one from an Evergreen School Division candidate.

Next week is the last chance to submit answers before the Oct. 24 election.

If you would like to be included, please email: [news@expressweeklynews.com](mailto:news@expressweeklynews.com).

## Please Vote October 24

### Lakeshore School Division Candidates



Darcy Plett

1. My name is Darcy Plett. I am 40 years old. I am running as school trustee for the Fisher Branch ward for Lakeshore School Division. I am a co-owner of Fisher Repair & Napa AutoParts in Fisher Branch which has been in business for 41+ years.

Two years ago we started a new business called Fisher Powersports.

I am the current fire chief of the RM of Fisher and have been on the department for the last 25 years. I have no past political experience, but I have served on many boards and committees in the community including the fire department, Chamber of Commerce, snowmobile club, Fisher PCH and with in my local church.

2. I live in the small town of Fisher Branch and have lived here my entire life, except for the short period of time when I attended my post-secondary schooling.

3. Some of the major issues

facing the school division are declining enrolment, seemingly poor moral and leadership, and confusing education structure for our students and parents.

4. Some of the best parts of the division are the unique small communities it serves, as well as, the very diverse student population from many different cultures and backgrounds.

5. My deciding to run in this election evolved from witnessing how our parents and community leaders were treated by the current board, when a local school issue developed in the second half of the past school year. It's no secret that our municipality embodies a large portion of the Division's tax base however, it seems the services we receive by our division within our community are on the decline compared to other communities whom the division serves. I see and hear of current teachers and staff that are afraid to speak up in fear of getting transferred or disciplined by division leadership.

6. What I hope to achieve during the upcoming term is for open transparent leadership at the division level. The board represents the taxpayers of their communities; so in turn, the taxpayers should never feel their concerns are not being heard. The division office is currently being seen on somewhat of a higher level than us, the citizens it serves.

7. I have never before run in any sort of political election. This is very exciting as I have always enjoyed learning

along the way and listening to people. Yet on the other hand, I'm human so it maybe a bit worrisome all at the same time.

8. Voters can expect my honesty, trustworthiness, and loyalty. I bring my morals and ethics with me wherever I go, so yes I will wholeheartedly demonstrate that within this position. I am not afraid to ask questions, work hard, or do my research. I bring with me a lot of experience as a team leader and communicator. I enjoy being a problem solver; while looking at the big picture, and finding ways to bring people to work together towards our common goal; the education of our children.

9. Some activities I enjoy in my spare time are spending time with my young family, watching my favorite hockey team, THE JETS!! And pretty much any other outdoor activity. What can I say; I'm a small town country boy at heart.

10. I look forward to working with the board to bring the quality of education to a higher standard, which is our ultimate goal.

### Donny Thorkelson

My name is Donny Cal Thorkelson. I am a farmer in Lundar where I farm with my parents Fred and Laurel and my daughters Loa and Iris. I have lived in Lundar my whole life and attended both Lundar and Eriksdale schools. I have served on many volunteer boards in my



Donny Thorkelson

community such as Lundar Lutheran church council, youth Justice advisory council and Lundar Community Swimming Pool Board where I was Chairperson for many years. I currently am second vice-chair for the Lundar Legion Branch 185. I have never ran for any political office before but have wanted to become more involved and feel that I could help my community by running for the trustee position. Our division covers a vast area added with a declining population we face the loss of funding and programming that allow our children to receive the best education possible. My goal would be to maintain programs that exist and to find ways to offer more educational opportunities to prepare the children from our communities to enter the larger world and be the leaders I know they can be. If elected I look forward to serve as your school trustee. Thank you.



Fran Mosienko

My name is Frances Mosienko. I am a 64 year old retired teacher from the Rural Municipality of Coldwell. I began my teaching career at Oak Point School in September of 1974. I subsequently taught in Lundar Elementary, Eriksdale School and Lundar Collegiate. I have taught all subjects in single grade, multi-grade and multi-age classrooms from nursery to grade ten, but mainly in grades four through seven. My husband, Bill, and I have been married for 44 years. We have lived in Coldwell on a half section hobby farm since 1977. I keep honey bees and raise poultry. I am an avid reader and gardener. I like to travel. My three children attended Eriksdale and Lundar Schools. Two of my five grandchildren attend school in Eriksdale and will go to high school in Lundar. I have no previous political experience and have not run for trustee before. I decided to run because I am concerned about maintaining viable, cost ef-

Please Vote October 24

Continued on page 23

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fective schools in small communities. In my opinion, one of the major issues facing Lakeshore School Division is declining enrollment. A strength in Lakeshore is its caring staff who focus on, not just academics, but the well-being of the whole student. All Manitoba schools face dealing with poor standings in Canadian tests for literacy, math and science. I am encouraged by Lakeshore's renewed focus on these basic skills and on the innovative ways that staff deliver them. If elected, I hope to provide support to Lundar's elementary and high school to ensure our graduates have the necessary education in order to pursue any career options they aspire to.



Kelly Webb

1. I grew up on a farm in Broad Valley, where my family still resides. When our children were young, we moved to Selkirk for a period, as my husband was a Corrections Officer at Stony Mountain. We moved back to "The Branch" 12 years ago, where I worked at Interlake Forage Seeds/International Pollination Systems. 4 years ago, I took a position at Percy E Moore Hospital in Hodgson, and continue to work there now. We have 3 children, a son in Mechanical Engineering Technology at Red River College, a daughter in grade 12 with plans on BN after graduation, and a son in Grade 6. I have been Trustee for 4 years.

2. I am a proud resident of Fisher Branch and have lived in the area for most of my life.

3. • Relocating and retaining staff in rural communities

• Not being able to fully communicate situations that have arisen due to confiden-

tiality

• Length of time to resolve matters

• Teachers that are afraid to speak up/take part regarding concerns in schools for fear of their jobs

• To have better tools to deal concerns raised by parents regarding teacher performance.

4. I believe that we have the most caring, passionate parents. Parents that want to see what is best for all the children in the school system

5. • Our children and our community. I have been contacted by numerous parents who are concerned about the events of the past year. I have taken, and continue to take those concerns very seriously. Ten years from now when I look back, I know that I will be proud that I did everything in my power as a Trustee to right the wrong.

6. • Grade level Literacy and Numeracy stats throughout

• Character development, learning each student's needs

• Connecting the schools together in the Division. Getting the children in all facilities interacting through learning events like science and career fairs, sports, workshops

7. No, last term I was approached by the Trustee at the time and got in by acclamation.

8. I will continue to stand up for our community even though it may not be seen to be popular by all, or may be seen as an inconvenience to others. Our community must be on top of the administration of Lakeshore and Fisher Branch Schools to ensure that their mandate is adhered to. I am committed to continue to ensure that every student is provided with the education that they are entitled to in a safe and fair atmosphere.

9. • In the summers we enjoy spending time at the lake, and hockey and snowmobiling in the winter. When I have time, I also enjoy reading and cooking.

10. I welcome anyone with concerns to contact me. I want to hear from you. I urge you to vote for me on October 24th. If you place your confidence in me and elect me, I assure you that your concerns will be my concerns. I look forward to continue working to make Lakeshore School Division and the schools in Fisher

Branch a better place for our children.

Thank you



Tina Brill

Tina Brill grew up in Arborg, where she attended the early middle years school and graduated from high school before moving to Winnipeg to attend secondary education. Tina is a professional hairstylist, who has been practicing her skill set for 13 years in various shops across Western Canada and The Interlake and most recently works out of her home on occasion doing hair. She has resided in the Poplarfield area since June 2015 with her husband and 3 daughters ages 8, 7, and 3. There they enjoy quadding on their acreage, riding their horses, playing with their dogs and doing as many outdoor family activities as possible. Family and education are very important, Tina feels to continuously grow as people we need to be continuously learning. Tina is involved with the Chaika Dance Club in Fisher Branch where she is the Vice President on the board of directors. Growing up in a small community, Tina knows the values of a small town where everyone knows your name and she enjoys helping out to see community programs continue on and grow. Unfortunately it has been brought to her attention that there are cut backs from the government and added busing costs, which we need to hold the government accountable for. By cutting jobs we will be taking away from the students and their best interest are what we need to keep in mind. One thing Tina noticed after transferring her daughters to attend Fisher Branch Early Years School is the technology is very up to date, the

classes offered for a rural community are wonderful and the class sizes are great to be able to offer 1 on 1 time with teachers and students. Parents are also kept involved on their child's progress with learning which is greatly appreciated in the event more help at home may be needed. Tina decided to run in this election, though she haven't any experience in running in one before, to be able to be a part of making non bias decisions toward the education of not only her children but her communities children which are our future. A vote for Tina Brill is a vote for someone who is hardworking and dedicated to ensure your child has top quality education.

**Evergreen School Division Candidate**



Kim Malchuk

Kim Malchuk, candidate for Trustee, Evergreen School Division

Hello. My name is Kim Malchuk and I am running for school trustee. Am I up for the challenge? Absolutely! Before I tell you what possessed me to put my name on the ballot for trustee, I'd like you to get to know me a little bit better.

I may be considered a "newbie" to this community, but my family roots are firmly planted in the Interlake. Most kids growing up look forward to spending their summer at the cabin. Well, not me. I couldn't wait to leave the big city behind to work on the family farm in Fisher Branch with my favorite aunt and uncle. Those years left such an impression on my heart that I knew the Interlake would somehow become my home one day. That day came in September 2014 when I decided to make Gimli my permanent residence. I live in

the beautiful development of Siglavik with my life partner, Dave Humniski, step-daughter, Indiana, and our two fur babies, Mocha and Dempsey.

Taking my new role of step-mother seriously, I felt it was important to get involved with Indiana's school. I joined the Parent Advisory Council at Dr. George Johnson Middle School in 2014-15, served as chair in 2015-16 then co-chair and treasurer in 2016-17. During my tenure at Dr. George, I successfully organized its annual Christmas Craft Fairs that raised over \$12,000 to help pay for special projects and programs. In 2017, I joined the Gimli High School PAC and was elected treasurer. I will stay on as part of the executive until Indiana graduates in 2021.

I decided to run for school trustee because I am very much interested in being part of the decision-making process when it comes to school policies and procedures. The Evergreen School Division possesses strong leadership, and I believe my personal traits are in alignment with the ESD's educational priorities, core values and beliefs.

Evergreen School Division is doing so many things right. The variety of programs offered to our students is vast and comprehensive, which lends itself to relevant learning experiences for all students. We offer our students learning environments that are safe, caring and supportive.

Did you know that Manitoba's educational ranking is one of the worst in Canada? I thought we were average but, sadly, that is not the case. Student achievement is the biggest challenge facing our school division. The 2016-2021 Educational Plan stated that divisional priorities were to increase students' achievements in reading, writing and mathematics. We are heading into the third year of the five-year plan and we have seen little or no improvement. This is not acceptable and needs to be addressed NOW.

I represent a fresh, new, honest voice that is ready for the challenge to work on initiatives that will contribute to the success of our children's

Continued from page 23  
educational competency levels. We need both experienced and new trustees on the school board. With your support, I can be that new voice. I can be your voice.

**RM of Bi-frost Riverton  
Reeve Candidates**



**Brian Johnson**

Brian N. Johnson was born and raised on the family farm in Bifrost, attended school in Arborg and went on to earn an Agriculture diploma from the University of Manitoba in 1975.

Today Brian partners with his brother Lorne and cousin Keith to run the farm and at the same time is the CEO of S.S. Johnson Seeds Ltd., which the family formed in 1971. Brian has been responsible for developing and expanding markets – selling Canadian crops both domestically and around the world.

Brian's service on local and national boards of directors, which includes past chair of the Flax Council of Canada, the Arborg Bifrost Community Development Corporation and BASIC (Bifrost Agricultural Sustainability Initiative Co-op), has given him sound knowledge of agricultural, water management and community and business development issues. Chairing these bodies, as well as serving on the boards of the Canadian Seed Trade Association and the Canadian Special Crops Association, demonstrates his leadership abilities, grasp of local issues and knowledge of Bifrost-Riverton's status and opportunities both provincially and nationally.

Brian is anxious to bring his professional, business-minded approach to Bifrost-Riverton, particularly in the

areas of budgetary control and planning to ensure administration and operations are effective and that the RM is using taxpayer dollars efficiently.

Bifrost-Riverton has exceptional strength due to its diversified economy, including agriculture, manufacturing, tourism and the service sector. Immigration has added diversity and skill to our workforce and made tremendous contributions to our urban and rural growth. As Reeve, Brian hopes to facilitate this growth in order to increase both the business and residential tax base and to provide opportunities for young people to get good jobs and raise their families here.

One of the biggest strengths of our community is the way everyone pulls together to find solutions to problems. For example, farmers identified a need for improved drainage and a sustainable water-management plan, and community efforts resulted in the establishment of BASIC, which obtained \$2 million in government grants and made it possible to hire professionals to work with the RM to coordinate and administer the program. As a result of this community-driven undertaking, Bifrost has over 400 miles of surveyed and project ready-drains, over 50 miles of rehabilitated drains and, more importantly, an effective and sustainable water-management plan that will not only benefit the largest number of residents, but also improve the overall environment and water quality.

Challenges to be addressed include roads, sewer and water and the exploration of flood protection and mitigation for both Arborg and Riverton. To keep our community healthy, a strong healthcare system and increased housing options are needed. A particular focus will be obtaining approval for the proposed Personal Care Home.

Brian and his wife Loretta are excited about Bifrost-Riverton's future potential and want to maintain the community's exceptional quality of life. In their spare time they enjoy snowmobiling, spending time at their cottage in Winnipeg Beach and occasional fishing trips and trav-

elling, particularly to places where they can learn more about local history.

If elected Reeve, Brian commits to work collaboratively with council as well as the whole community in order to make the important decisions needed to strengthen the RM's social, cultural and economic vibrancy.



**Dave Shott**

My name is Dave Shott, born and raised in Winnipeg, after attending the University of Manitoba and receiving my diploma in agriculture I moved to the municipality of Bifrost-Riverton in 1990, where my ancestors had immigrated from the Ukraine in the early 1900's. I started my farming career with a custom combining and spraying for local farmers. I met and married my wife Eileen and together with our 3 children have built a successful operation. I have always been involved in the community with volunteering with hockey and community events needing a hand. I love this community for the passion it has for their neighbours and in times of need getting things done. That's why I chose to make this place my home and raise my family. I sit on the local keystone producers board for over 20 years now, and passionate about farming with promoting and solving issues faced on a daily basis. I've sat on council representing ward 4 for 12 years, and the last 4 as deputy reeve. I've sat on many different community committees over the years, currently chair of the bar waste committee, Interlake weed board, and chair of public works. I value the time I've spent on these committees with each having different concerns and issues to deal with. But got to meet and greet with

many great people, many of them volunteers. We all have the same objective of making a stronger community. We have many issues facing our community rurally and urban including health care, water quality, road maintenance, drainage and economic development. Some of the best parts of our community are the people and history that make up our community as well as the natural beauty that surrounds us. I'm running for reeve because I want to serve the community and provide good leadership to plan and build the future. I have a contribution to make and ideas to share, passion and commitment to do the right thing no matter what. I base my decisions to help benefit the community as a whole and not me personally or specific interest group. I'm running for a better future for my kids and grandkids. Through farming I have learnt how to deal with and solve ever-changing issues on a daily basis. I work well with others and will be a strong voice for the community. I'm open, honest and you will always know where I stand on an issue. I feel that my knowledge and experience being the deputy reeve for the past 4 years, and working with some great past and current council members has prepared me for the challenge of making hard decisions in order to fulfill the roll of reeve.



**Donald Vigfusson**

1. I own and operate a cattle/grain farm with my wife Peggy and son Kevin and his wife April. My daughter Jodene resides in Winnipeg and manages a Day Care Centre. I have two granddaughters, Kylee in University of Manitoba and Kadence in Riverton High School.

After completing high school I worked in construction in northern Manitoba and in construction of the Hecla Causeway. I have farmed forty-five plus years in the municipality.

I have been involved in municipal politics for 25 years. During my tenure I have served as Deputy Reeve and represented council on the Community Development Corporation, Community Futures, Eastern Conservation District, Riverton Bifrost Fire Department, Evergreen Library, Interlake Tourism Board and Interlake Vet Board. I have been the President of the Riverton Co-op and Exalted Ruler of the Riverton Elks Lodge.

2. I have always lived in the municipality Bifrost-Riverton.

3. I am committed to lobbying Eastern Interlake Regional Health Authority to keep our EMS service, clinics and hospital open, and Manitoba Housing to provide more affordable senior and family housing. Improve drainage and municipal road maintenance by our public works and contractors. A second storage yard in the northeast area for equipment would save time and tax dollars. Collaborate with Department of Highways to improve provincial roads to promote businesses to the north of Arborg and Riverton and cottage roads within the municipality. Work towards a water treatment plant for Riverton. Promote new homes and businesses by continuing with tax incentives. Work with farmers, fishermen and commercial businesses to find solutions for waste products. More financial support for volunteer community recreation groups. Work with the RCMP and local groups to address and prevent crime.

4. Our municipality has natural beauty. The Icelandic River runs through the municipality to Lake Winnipeg. There are beautiful walking trails and historic sites near the river. Lake Winnipeg has beautiful sandy beaches for cottagers and tourists. The other best part of our municipality is the cultural diversity of the residents. With that diversity come opportunities to



Continued from page 24  
create economic growth.

5. I chose to run for reeve because I am committed to the municipality and dedicated to its progress and success. I have the knowledge and experience to work co-operatively with other councillors to make changes to improve and grow our municipality.

6. If elected I would be working towards my commitments, to work for the people, with local municipalities and provincial government departments to achieve our goals and seize new opportunities for economic growth.

7. I have held political office since 1993.

8. Voters should support me as I am a candidate that is financially responsible, possess sound judgement and business practices and have the experience and integrity. I am very approachable to discussing residents concerns as I believe it is a great place to live, work and visit.

9. In my spare time I enjoy spending time with my family, attending sporting events, curling, ice fishing and reading.

10. Every Vote counts. I look forward to new challenges and your support.

**RM of Bi-frost Riverton  
Councillor Candidates**



**Morley Nordal**

- My wife Debbie and I are lifelong residents of the area. We have two daughters and two grandchildren. We've owned and operated Nordal's Auto-Body-Glass for the past 26 years. We saw a growing community and a diverse economy and believed in a business opportunity here.

- I was a Town of Arborg councillor for four years prior to serving with the RM, where I have been councillor

for Ward 3 for the past four years.

- There are a multitude of factors/major issues facing the entire RM. Road improvements, farm drainage, dredging the river mouth and Riverton diversion channel would contribute to economic growth, which in turn would have a positive impact on our ability to obtain funding for, build and staff a new PCH, in addition to the much needed upgrading of our existing health care facilities. Having a strong community development corporation will help ensure the above issues are strategically addressed. Economic growth will increase our tax base, ease our ability to cover existing costs and give us capital to expand infrastructure and services.

- We live in a clean, safe rural community where "Everybody Knows Your Name" and someone is always there to help if needed. The strong ties of our community allow us to come together to complete major projects. Our area is one of the most diverse economies in rural Manitoba. We have a major agriculture sector that includes food processing, a large international manufacturing sector, service providers (Hydro, MTS, MPI), fisheries, tourism and cottage country.

- Over the course of the previous term, I've initiated and been involved in many projects. The ball is rolling with many of these ventures and I'd like to see them completed. One such project was acquisition of land and the building of a new access road into the proposed Industrial Park. I believe there's much more work to do and I'm eager to continue working hard for my constituents.

- A vote for me would allow me to continue to lobby the government for the new 80-bed PCH and continue to improve hospital and doctor services. It would include the extension and upgrading of PR 326 to RTAC standards, more resources allocated to road maintenance within the entire municipality and the expansion and upgrading of the Central Interlake Training Centre. I'd also like to see services added to the Industrial Park as well as to the south Main Street area. Dredging

the mouth of the Icelandic River and creating a south Riverton river bypass is also on my agenda.

- I'm goal-oriented and make my projects become a reality and I have a successful, proven track record.

- I enjoy spending time with my wife, family and pets in my down time. Classic cars have always been a passion of mine. I don't believe council is a retirement job. From all my experience in business, I've seen that the busier a person is the more they get done. People have told me that more has happened in my ward over the past four years than the past 40. Many can attest that I've always been a problem-solver and continue to be one.



**David King**

1. I was born in Arborg and have lived here for all of my life. I worked with my parents on the family farm and ended up eventually taking it over. I also worked for Manitoba Hydro for six years while still farming full time.

2. I have never run in a political election before.

3. I live in the Municipality of Bifrost-Riverton and I have lived here all my life.

4. For me I see the number one concern of our Municipality as the loss of health care services. We will have to unite as one strong community to lobby to keep what we have and to expand on existing services. This same lobby can be used to approach government for the building of a new PCH in our community, that is so badly needed. Other concerns are how to increase the tax base, how to create new housing developments and of course the on going problem of roads and drainage.

5. I would have to say the

people. This is an absolutely great community to live in and it is the people who make it that way. As the hub of the Interlake we have a lot to offer. From all of our businesses, to the agricultural industry as well as the fishing sector. We have a lot of manufacturing that takes place here that employs a lot of people. We have the lake and the river for recreation.

6. I chose to run because I currently see an opportunity whereby some hard work and vision can propel the Municipality to the next level. I would like to be a part of this.

7. If I am elected I would like to see the Municipality as a strong driving force to draw in new business and to help existing businesses to expand. I would like to see the beginning of housing developments.

8. I think voters should support me because of my character beliefs. I believe in full fiscal responsibility, prudence, transparency, and most of all integrity. These are the things I look for in a politician. I want to see the Municipality prosper and be able to expand and develop somewhat like the area of Winkler does. That is my goal!

9. From spring until freeze up I do not really have any spare time. However once winter hits I love researching new technologies. My favorite technology for the past couple of years has been 3-D printers and what they are capable of. I am also on a quest to develop the ultimate soup recipe. It is fun trying!

10. These are exciting times in the Municipality. The amalgamation of Bifrost and Riverton has brought forth some new opportunities for each of the communities. I know that we will be stronger together!



**Richard Chomokovski**

Incumbent councillor Richard Chomokovski for Bifrost-Riverton council

I have been a councillor in Ward 5 for eight years. I farmed in the Okno area all my life and was a drilling and blasting contractor for 32 years, working all over Manitoba and northwestern Ontario.

I have served on many committees during my eight years on council, including the Community Development Corporation (CDC), Arborg & District Joint Fire Committee, Seniors Resource, Seniors Housing Corporation, Weed Board and Airport Committee.

The CDC has been working on many projects that I think are very important to the area. Some of the projects involve lobbying the provincial government for an RTAC road for PR 326, which leads to and from industrial machine shops. Paving 326 was an election promise made by the new government to be completed before next election.

We have also completed a new sustainable regional development plan for the Bifrost-Riverton and Arborg areas. This plan has laid out our current infrastructure as well as what's needed for future expansion. This plan would be instrumental in attracting industrial or residential development to our region.

We are presently working to improve the industrial park south of Arborg to attract new industries. The CDC has already introduced a property tax incentive to try to entice this development. The CDC has started work on natural gas expansion for the region which needs to continue.

I, as part of the CDC, have

**Please  
Vote  
October  
24**

Continued from page 25

been working with seniors housing to bring in a new 80-bed personal care home to Arborg, which will bring approximately 130 new jobs to the area with an estimated payroll of almost \$7.5 million. The economic spinoff and housing development would be a major economic driver for the entire region.

I have been with the BASIC committee since it started. We have been able to bring approximately \$2 million dollars into the area with grants from the government to survey and improve drainage. The improved drainage not only increases crop yield in the area, but also increases land value.

My goals are to improve roads and drainage in the RM. We need to build a strong CDC to bring investors into our area. More businesses and residential buildings will increase our tax base and help stabilize taxes.

Dredging the mouth of the Icelandic River would help the fishermen and encourage more tourism and cottage development along our lake shore. The lakefront has great potential to become a major cottage development area.

We have to lobby the government to keep and improve our hospital, emergency room and ambulance services and also help keep doctors in the area.

I feel these projects I've mentioned are all very important to make this area successful and prosperous. I would like the opportunity

to be re-elected to council to continue working for a bright future for our children.

#### Shawn Magnusson

My name is Shawn Magnusson and I'm running for councillor in Ward 1. I live in Magnusville with my wife, Della, and our 2 children, Julie and Johannes. I'm a cattle farmer and a commercial fisher. I've been a part of the Bifrost-Riverton community my entire life. I've always thought that being a volunteer is just part of living in a small town. I'm president of the Riverton Curling Club, as well as the president of Hnausa Harbour Authority. I am also a member of the Lake Winnipeg Co-Management Board.

The reason I'm running for councillor is simple, I want to make Bifrost-Riverton a better place. My platform is based on four major issues. The first is consistent maintenance of infrastructure. The roads in the municipality require a substantial amount of work to make them sustainable. The second issue is efficient drainage planning. We must do a better job at creating a plan and following through with it. The third issue is promoting development. I'd like to see our RM properly promoted so that we can attract new homeowners and businesses to create a bigger tax base. Finally, sensible spending is important and I would like to see more transparency and communication between the council and the constituency.

The best part of living in the RM of Bifrost-Riverton are the people. The dedication of our volunteers and community members is outstanding. Having been a part of several boards and programs, it always astounds me how a small community like ours can rally behind each other to get things done.

The reason I'm running for councillor is simple, I want to make Bifrost-Riverton a better place. The success of our community is especially important to me, as my wife and I are raising our two children here.

If elected, I hope to create a positive relationship between the council and the constituents to ensure that all voices are heard. I will achieve this by making myself available to meet and discuss the issues with the residents in Ward 1.

Voters should support me because I've always enjoyed volunteering in the community and I am dedicated to success of the RM. One of my greatest assets is my ability to work with people to get things done. With this strength, I'm confident in my ability to work with the rest of the council. I believe we can make a difference and make the RM of Bifrost-Riverton an even better place to live.

In my spare time, I like to keep active. I enjoy curling, playing baseball, coaching my kids, and spending time with my family and friends.



Warren Ostertag

1. Hello my name is Warren Ostertag. I grew up in the Riverton area on a small family farm. I have spent most of my life here except when I went to College in the City. As a teenager, I spent a lot of time hunting and fishing in the area.

2. Yes, I had recently been a Councillor for the Village of Riverton for 4 years prior to being a member of Councillor in the Municipality of Bifrost-Riverton for the past 4 years.

3. I have lived and worked in the Riverton area for the past 30 years.

4. Some of the issues facing the municipality are lack of town water and housing for our young families and seniors. Aging infrastructure, such as roads and drainage, is also a concern. We need to look at attracting families to move into our community so our industries have a solid employee base. We also have to attract new industries and businesses to the area.

5. Some of the best aspects of our community is that we are situated close to some of

the best lake front property along Lake Winnipeg. We have great potential in growing and expanding our tourism industry. We have several large industries in the municipality that provide stable employment opportunities for our residents. Our farming industry is quite strong and we need to keep working with the farmers on maintaining this high standard.

6. I chose to run again for Council this term because I believe in our municipality and its potential. I want to continue to be a part of guiding it to be its best. We have done the feasibility study on town water and I want to see it through as I believe it will be a great asset in the future of this community.

7. I would like to see the drinking water project proceed and I want to work with the rest of council to make long term plans that will grow our municipality.

8. I aim to provide the strong level headed decision making that is required to make this happen. I am more than willing and eager to listen to the ratepayer's concerns and ideas.

9. In my spare time, I enjoy time on the my boat fishing and just being outdoors. I also enjoy working on my yard and in my garden.

10. The Municipal area of Bifrost-Riverton is a wonderful place to live and has great potential for growth. Remember, on October 24th, please come out and vote.

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Interlake Thunder win pair of football games

By Brian Bowman

Most teams would have a problem playing two football games in just five days.

But it was no problem at all for the Interlake Thunder.

Interlake improved its Rural Manitoba Football League regular-season record to a perfect 6-0 after defeating the Souris Sabres 46-8 last Thursday and then the Swan Valley Tigers 26-18 on Monday.

Against Swan Valley, Interlake led 13-6 at the half and then increased that advantage to 26-12.

No scoring statistics from the game were available at press time.

In Thursday's win, the Thunder took advantage of the snowy conditions to seemingly run at will against the Sabres.

Colton Nedotiafko rushed 16 times for 256 yards and four touchdowns.

Graeme Perries carried the ball just

eight times but had 108 yards and a TD.

Brady DeLaroque had eight rushes for 53 yards and a major.

Quarterback Jaxon Pilon had one carry for a whopping 53 yards. Thunder starting QB Joshua Charison scored on a one-yard run.

The Thunder attempted just five passes the entire game, completing four of them for 40 yards.

Defensively, Colton Meisner led the

Interlake with nine tackles and two fumble recoveries.

Brandon Linklater recovered a fumble and added an interception.

Benjamin Olafson and Chris Dew also recovered fumbles while Austin L'Heureux had an interception.

The Thunder have a bye next week and don't play again until Oct. 27 when they take on the Golden Bears in Virden. That game will wrap up the Thunder's regular season.

# Local athletes run well at cross-country zones

## Staff

There were several outstanding performances by local athletes at the cross country zone finals on Oct. 3.

Riverton Collegiate's Logan Comtois was the top runner in the junior varsity boys' race, finishing with a solid time of 16:31.

Stonewall Collegiate's Cole Emberly was second (16:34), followed by Peguis Central School's Ian Cameron (17:17), Gimli High School's Michael Crave (17:29) and Stonewall's Andrew Perrie (17:51).

Twenty-three individuals ran the race.

The Junior varsity girls' race saw Stonewall's Chloe Morrison cross the finish line first with an impressive time of 13:47.

The top five included Fisher River's Trinity Stranger (15:49), Arborg's Amber Eriendson (16:01), and Ashern's Ashley Meisner (16:03) and Casey

Keely (16:04).

Twenty competitors took part in the race.

Stonewall's Megan Van Heyst was first overall in the varsity girls' race, finishing in a time of 19:14.

That was 28 seconds faster than Stonewall's Trinity Rutledge and 1:14 quicker than the Rams' Tess Derksen.

Rounding out the top five in the 18-person field was Arborg Collegiate's Nori Sigvaldason (21:10) and Olivia Orbanski (21:19).

In the 17-runner field in the varsity boys' race, Stonewall's Cale Woods was tops with a time of 21:17.

The top five runners also included the Rams' Noah Bracken (21:27) and Hunter Olson (22:02), Arborg's Noah Paulson (22:29), and Stonewall's Max Reid (22:43).

The MHSAA cross-country provincials will take place Oct. 17 on Roseile.



Riverton Collegiate's Logan Comtois was the fastest runner in the junior varsity boys' race at the cross-country zone finals. He finished the race with a great time of 16:31.



EXPRESS PHOTOS SUBMITTED  
Arborg Collegiate's Amber Eriendson, right, finished third in the junior varsity girls' race at the cross country zone finals last week.

# Selkirk Steelers to play home game in Gimli this month

## By Brian Bowman

The Selkirk Steelers will be bringing Junior "A" hockey to Gimli this month.

Selkirk will play a Manitoba Junior Hockey League regular-season game against the Virden Oil Capitals in Gimli on Oct. 27.

"We definitely want to expand our footprint outside of the City of Selkirk to attract more fans in the area," said Steelers' vice-president Pat Chamberlin.

Selkirk's roster features three players — Connor Barley, Carter Barley, and Colby Dudek — from St. Andrews.

Virden's lineup, meanwhile, includes Gimli's Jack Einarson, a former Interlake Lightning, which will give him a rare chance to play in front of a home crowd.

The Oil Capitals have another player that grew up close by as defenceman Brayden Pawluk is from Teulon.

The Steelers are really looking forward to playing a home game in Gimli.

"The biggest thing is getting the MJHL brand out there to the smaller minor hockey regions and showing the kids the avenue to get to the next level, which usually steps through the MJHL," Chamberlin said.

"Over the years, the MJHL has been in different markets. This will be a good opportunity to see some exciting MJHL hockey."

The Steelers will also be playing a home game in Beausejour against the Winkler Flyers on Dec. 8.

If the crowd support is good at both the Gimli and Beausejour games, the

Steelers would be open to hosting home games outside of Selkirk in future seasons.

"The reality of junior hockey is that it has become a game of economics and our goal every year is to break even to sustain our franchise," Chamberlin said. "We always have to look at these types of events. We've had many requests over the years to go into different areas to play some home games. These two games themselves have been worked on for the better part of a year now.

"There's a lot of work and planning that goes on to host these types of games outside of our regular area. We hope to build on this for years to come, for sure," he added.



Jack Einarson

# Provincial Midget Lightning struggle to start regular season

## By Brian Bowman

The Interlake Lightning opened their Manitoba "AAA" Midget Hockey League regular season with three straight losses last week.

But, on a positive, they played some pretty good hockey.

Interlake wrapped up the week with a 5-2 loss to the Brandon Wheat Kings on Sunday in Teulon.

Matthew Vandel and Carl Ingalls, with the man advantage, scored second-period goals for the Lightning.

Nolan Ritchie led Brandon with two goals and two assists while Mitch Thiessen, Tanner Morrison, and Dray-

son Collyer also scored for the Wheat Kings.

On Saturday evening, the Lightning lost 5-3 to the Yellowhead Chiefs. Yellowhead trailed 3-0 early in the second period but finished the game with five unanswered goals.

Interlake took a 2-0 first-period lead on goals from Chase Barkley and William Faraci.

Ingalls made it 3-0 just 1:59 of the middle frame but it was all Yellowhead after that.

Derrick Lange assisted on two of those Interlake goals.

Brody Wilson, Colby Wotton, Reece

Richmond, and Jack Poole scored for Yellowhead in the second period and then Parker Johnson tallied in the third.

Three of those goals came while the Chiefs were enjoying a power play.

Josh Bond made 42 saves in the loss.

The Lightning began their regular season Oct. 3 with a real good effort in a 3-1 road loss to the Eastman Selects.

After a scoreless first period, Kyle Melo put Eastman on the board at 6:25 of the middle frame.

The Selects went ahead 2-0 as Drayden Kurbatoff tallied at 5:11 of the third but the Lightning cut that

deficit in half when Matthew Vandel scored a power-play goal midway in the third.

Ingalls and Lange assisted on the goal.

Andrew Blocker then closed out the scoring with a power-play goal at 17:23. Eastman outshot Interlake 42-18 as Chris Fines played well in the loss.

Interlake will host the Central Plains Capitals Wednesday (7:45 p.m.) in Teulon and then the Lightning are in Kenora this weekend for a pair of games. The two clubs will hook up Saturday (7:30 p.m.) and Sunday (1:30 p.m.) at Thistle Arena.

# Female Lightning 0-3 at Bantam 'AAA' Showcase

## Staff

The Interlake Lightning were winless at Hockey Manitoba's Bantam "AAA" Female Showcase last weekend in Winnipeg.

After scoring just two goals in the first two games, Interlake's offence came alive in a 7-6 loss to the Parkland Rangers Sunday morning.

After a scoreless first period, the two teams exploded for eight second-period goals for a 5-3 Parkland lead after two periods.

Parkland scored the first four goals

in the period but Interlake replied with three goals in just a 2:29 span.

Tessa Stuart led the Lightning with two goals and an assist while Kenady Christensen added a goal and two assists.

Shyanne Chartrand, Daryn Bremner and Sarah Shewchuk also scored for the Lightning.

Samantha Moshenko (two), Brooklyn Hramalak (two), Madison Haliuk, Jayselyn Nibo and Hailey Hojnocki replied for Parkland.

Lightning netminder Katelyn

Dorsch stopped 22 Rangers' shots.

The Lightning started the Showcase with a 5-1 loss to the Assiniboine Park Rangers last Friday.

The Rangers took a 3-0 first-period lead on goals from Kyleigh Johnson, Keara Parker and Kahlen Wisener.

Assiniboine Park went up four goals midway in the second as Dani Bobrowski scored but the Interlake's Brooke Wadge replied just 47 seconds later.

Brooke's goal was assisted by Bremner.

The Rangers' Kate Thomson then closed out the game's scoring at 14:45 of the middle frame.

Dorsch made 29 saves in the loss.

On Saturday, Interlake lost 6-1 to the Winnipeg Titans.

Christensen scored a first-period goal for the Lightning, assisted by Wadge and Ava Pool.

Raya Hrankowski (two), Kara Yackel (two), Megan Tomes and Brooke Duncalfe replied for Winnipeg.

Interlake's Teagan Atchison made 18 saves.

## Lightning Bantam boys' winless at Showcase

### By Brian Bowman

The Interlake Lightning were winless in three games at Hockey Manitoba's Bantam boys' Showcase last weekend.

Interlake wrapped up the Showcase Sunday with a 7-5 loss to the Winnipeg Warriors.

Peyton Bateman, Alexander Kaczowski, Karson King, Brayden Stevenson and Kaydyn McMahon, on the power play, scored for the Lightning.

Henry Ashton (two), Austin Peters (two), Jonah Norman and Ethan Wilimint replied for the Warriors. The other Winnipeg goal scorer was not listed in the scoring summary.

The Lightning started the Showcase with a 4-3 overtime loss to the Southwest Cougars on Friday.

Southwest's Garrett MacDonald scored the game winner in OT.

Interlake tied the score at 3-3 with third-period goals just 2:19 apart from Stevenson and Garisen Allan.

Brayden Bear assisted on both goals.

The Lightning's Brody Stovin opened the game's scoring at 6:12 of the first period.

MacDonald tied the score at 1-1 about eight minutes later and then Robson Luke, on the power play, and MacDonald tallied in the middle frame.

Dawson Cowan made 29 saves in the loss.

On Saturday, Interlake lost 5-4 to the Parkland Jr. Rangers as Jayce Leigaarden scored the game winner at 17:13 of the third period.

Parkland's Steven Arp and Bear traded first-period goals. The Rangers' Rylan Gibbs and Carter Zalischuk scored in the second while McMahon and Kaczowski answered for the Lightning.

Arp and Stevenson scored in the third.

Zack Meadows made 32 saves for the Lightning.

## Lakers place second at JV girls' volleyball tournament

### Staff

The Gimli High School Lakers finished second at an Arborg Collegiate junior varsity girls' volleyball tournament last Friday.

Gimli was defeated 2-0 (25-8, 25-13) by the Lac du Bonnet Chargers in the final.

Gimli advanced to the championship game after defeating the Riverton Patriots 2-0 (25-20, 25-22) in the quarterfinals and the Mikisew Nikiks (25-17, 25-20) in the semis.

The Arborg Collegiate Athletics were defeated 2-0 (25-15, 25-13) by

Lac du Bonnet in the semifinals.

Quarter-final action saw Arborg sweep the Fisher Branch Cougars 2-0 by scores of 25-12 and 25-18.

Meanwhile, Fisher Branch won a three-team varsity girls' mini tournament last Thursday in Fisher River.

Fisher Branch defeated Riverton 3-2 (17-25, 17-25, 26-24, 25-22, 15-10) in the exciting championship match.

Riverton was 2-0 in pool play while Fisher Branch was 1-1.

The Fisher River Hawks were winless in two games.

## New Junior 'B' hockey league hits the ice

### Submitted by the CRJHL

The 2018-19 hockey season will see a new Junior "B" hockey league hit the ice.

The Capital Region Junior Hockey League (CRJHL) will begin play this season. Founding member clubs of the league include the Selkirk Fishermen, St. Malo Warriors, North Winnipeg Satellites, Arborg Ice Dawgs and the Lundar Falcons.

The CRJHL caters to players 16 to 21 years old, looking to play competitive, fast-paced hockey. The league has a schedule that allows players to attend school or work while still competing at a high level of play.

The inaugural CRJHL regular-season game will take place this Friday at 7:30 pm in St. Malo when the Warriors host the Fishermen.

The following evening, North Win-

nipeg will visit Arborg and on Oct. 14, Lundar will battle Selkirk at the Rec Complex.

To find out more information about playing in the league, check out the member clubs websites:

Arborg Ice Dawgs — <http://www.arborgicedawgs.ca/>

Lundar Falcons — <http://www.ballcharts.com/team/?team=lundarfalcons#.UIA-3V40EjIU>

North Winnipeg Satellites — <http://www.northwinnipegjr.com/>

St. Malo Warriors — <https://www.stmalowarriors.ca/>

Selkirk Fishermen — <http://www.selkirkjrfishermen.ca/>

To follow the league, including schedules, standings, scoring leaders and league-wide news, be sure to check out <http://www.crjhl.ca>.

## Spiking the competition



EXPRESS PHOTO SUBMITTED

The Arborg Collegiate Athletics won the tournament title in Gimli last Saturday after defeating the host Gimli Lakers 2-0 by identical 25-12 scores in the final. Arborg, which finished pool play with a 3-1 record, earlier downed the Lundar Kodiaks 2-0 (25-21, 25-16) in a semifinal game.

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## UPCOMING EVENTS

**ROCKIN' RICHARD'S RECORD & CD SALE.** Victoria Inn, 1808 Wellington Ave. Wpg. Sunday, October 14/18, 10 a.m. - 4 p.m., 90 plus tables. Records, CD's, DVD's music collectibles. Admission \$5. Info 204-338-3655.

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## NEWS TIPS

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Contact John Lampor 204-841-4136/Tim Dowler 204-803-6915

## RURAL MUNICIPALITY OF GIMLI

## BOARD OF REVISION 2019

&

## ADJUSTED ASSESSMENTS 2018



### APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under sub-section 13(2).

### APPLICATION REQUIREMENTS

43(1) An Application for revision **must**

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- state the grounds on which the application is based; and
- be filed by
  - delivering it or causing it to be delivered to the office of the RM of Gimli in the RM of Gimli, Manitoba, or
  - servicing it upon the Secretary, at least 15 days before the scheduled sitting of the Board of Revision.
- provide a daytime contact telephone number

The Board of Revision will sit on **November 15th, 2018**, in the Council Chambers of the Municipal Office of the Rural Municipality of Gimli, 62 2nd Avenue, Gimli, Manitoba.

### ADJUSTED PROPERTY TAXES

must be appealed **within 30 days after mailing.**

The final date on which all other applications must be received by the Secretary of the Board is **Tuesday, October 30th, 2018 no later than 4:30PM.**

**APPLICATIONS RECEIVED AFTER THIS TIME WILL NOT BE ACCEPTED.** Dated at RM of Gimli Office, in Manitoba, this 21st day of September 2018.

Cindy Makowsky  
Board of Revision  
Rural Municipality of Gimli  
Box 1246  
Gimli, MB R0C 1B0  
Telephone (204) 642-6666  
Fax (204) 642-6660



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#### Job Duties:

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- Carry out finishing and assembly operations on composite products using industrial equipment and power tools (cutting, drilling, sanding, shaping)
- Inspect and measure products to meet quality criteria
- Handle and package composite products
- General cleaning and housekeeping
- Other miscellaneous manufacturing related duties

#### Job Qualifications:

- A Proven track record of excellent past job attendance and punctuality (we need you to arrive at work on-time and put in a full 40 hours a week on a regular basis)
- A reliable means of transportation to and from work (this is critical to achieving an excellent attendance record)
- Physically able to carry out manufacturing duties while working in an industrial plant, while being safety conscious at all times (the job will require you to walk, reach, bend, twist, grasp, and comfortably lift up to 50 lbs. on a regular basis, and we want you to do so without getting injured)
- Comfortable working in an industrial plant setting with potential exposure at times to heat, cold, and dust (if you can't work in this type of environment, this job may not be right for you)

Starting wage: \$12.50/hr or \$12.63 (depending on dept.)

#### Compensation includes:

- An excellent health benefits package after probation (100 days)
- Hourly Shift Premiums for evening and night shifts
- Opportunity for overtime work
- Opportunity for training and job advancement to other classifications

Faroex is a unionized workplace offering regular wage increases and benefits as per the current Collective Agreement.

Interested applicants can apply using one of the following methods (phone calls will not be accepted):

- In person at 123 Anson Street, Gimli Industrial Park
- E-mail to: [apply@faroex.com](mailto:apply@faroex.com)
- Fax to (204)-642-6404

We thank all applicants for their interest, however, only those candidates selected for interviews will be contacted.

[www.faroex.com](http://www.faroex.com)

# Classifieds



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**RURAL MUNICIPALITY OF**  
*West Interlake*

## REQUEST FOR PROPOSALS MUNICIPAL AUDIT SERVICES

The Rural Municipality for West Interlake invites proposals from qualified firms to provide Audit Services for a three-year term. Qualifications are according to Section 184(5) of the Municipal Act.

To inquire about the position, contact,

Larissa Love  
Chief Administrative Officer  
Rural Municipality of West Interlake  
P.O. Box 370  
Ashern, Manitoba R0C 0E0  
Telephone number: 1-204-768-2641  
Facsimile Number: 1-204-768-2301  
Email: [cao@rmofwestinterlake.com](mailto:cao@rmofwestinterlake.com)

Proposals will be accepted until the closing date of October 17, 2018

The lowest or any proposal will not necessarily be accepted.

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**ANNIVERSARY**



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**ANNOUNCEMENT**

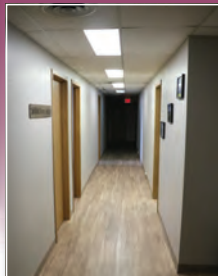
**BRIDAL SHOWER**



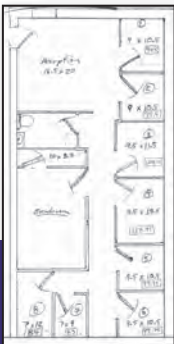
Bridal Shower in Honour of  
Aubrey D'Hont  
bride-elect of  
Chris Eyolfson  
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*Property  
Features*



Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include The Lord Selkirk Teachers Association and Sun Life Financial. The Selkirk Record and a new incoming tenant occupy separate space though their own private entrances. The building was upgraded in 2012. Both the reception and board room are shared, there are currently five offices available for lease.

For information please contact:  
BIG Real Estate  
204-485-0010  
[emailbigandcolourful@mts.net](mailto:emailbigandcolourful@mts.net)



## RURAL MUNICIPALITY OF GIMLI Open House Proposed Mobile Home Park

An Open House on the proposed Mobile Home Park will be held on Sunday, October 14th, 2018 from 1:00 p.m. – 3:00 p.m. upstairs on the curling rink side of the Gimli Recreation Centre located at 45 Centennial Rd.

The developer will be in attendance to answer any questions.

Mayor & Council  
Rural Municipality of Gimli

**Map of property location:**



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There is no cost to participate. Patients, families, survivors and health care professionals are welcome to join online or at the Fort Garry Library 1360 Pembina Hwy, Wpg. Register at [www.liscanada.org/webcasts](http://www.liscanada.org/webcasts) or call 403-263-5300 ext 5158 to save your space.

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The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.  
**Please Call 204-467-5836**



**MS 170**  
Gas Chain Saw

Displacement.....30.1 cc  
Power Output.....1.3 kW  
Weight.....3.9 kg (8.6 lb)\*

**STIHL**

**\$259<sup>95</sup>**  
MSRP \$289.95 with 16" bar

*Fall*  
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2018

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• Woodsman® Carrying Case • OILOMATIC® Chain • STIHL Hat

\*\*Don't miss your chance to get the Wood-Pro™ Kit. Simply purchase any one of the following chain saws between now and November 30, 2018 and you will receive a STIHL Wood-Pro™ Kit FREE. This kit includes: a Woodsman® Carrying Case, STIHL hat and a replacement loop of OILOMATIC® chain - an \$85 value! Hat may not be exactly as shown. Offer valid until November 30, 2018, while supplies last. Eligible Models: MS 170, MS 171, MS 180 C-BE, MS 181 C-BE, MS 193 C-E, MS 211, MS 241 C-M, MS 250, MS 251, MS 251 C-BE, MS 261 C-M, MS 271, MS 291 C-BE, MS 362 C-M and MS 391.



**MS 180 C-BE**  
Gas Chain Saw

31.8 cc / 1.5 kW / 4.2 kg (9.3 lb)\*



**\$379<sup>95</sup>**  
MSRP with 16" bar

**MS 250**  
Gas Chain Saw

45.4 cc / 2.3 kW / 4.6 kg (10.1 lb)\*



**\$449<sup>95</sup>**  
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**MS 271**  
Gas Chain Saw

50.2 cc / 2.6 kW / 5.6 kg (12.3 lb)\*



**\$549<sup>95</sup>**  
MSRP \$569.95 with 16" bar

**MS 362 C-M**  
Gas Chain Saw

59.0 cc / 3.5 kW / 5.6 kg (12.3 lb)\*



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**MS 291**  
Gas Chain Saw

**\$499<sup>95</sup>**  
MSRP \$609.95 with 16" bar

55.5 cc / 2.8 kW / 5.6 kg (12.3 lb)\*



Dealers may sell for less. Pricing on all chain saws, power tools and accessories will remain in effect until November 30, 2018. Illustrations and descriptions are as accurate as known at the time of publication and are subject to change without notice. STIHL Limited is not responsible for a printing error, the local STIHL Dealer has the final authority to set product pricing. Pricing valid at participating dealers only.  
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