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Cultural celebration

EXPRESS PHOTO BY CORRINE EINARSSON

The Latin American dancers were one of a number of nations celebrating food, dance and culture at the Arborg & District Multicultural Heritage Village's 10th annual Culturama on Sept. 27.

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Sigurbjorg Stefansson Early School raises \$319 for Terry Fox Foundation

By Patricia Barrett

Students at Sigurbjorg Stefansson Early School in Gimli rallied to the cancer cause on Sept. 25 with a school-wide fundraising drive called Toonies for Terry and a walk around the Vesturland neighbourhood.

Students in kindergarten to Grade 4 raised a total of \$319.55 for the Terry Fox Foundation.

SSES assistant principal Krystal Isfeld said every year the students help raise money for cancer research and services for cancer patients.

"Our school has been here for 22 years and we've been doing the Terry Fox fundraiser every year," said Isfeld.

Students were given stickers onto which they could write the names of those for whom they were walking, such as a parent, other relative, a friend or Terry Fox himself.

Before the walk commenced, students gathered in the gymnasium where physical education teacher Joe Haycock spoke about the importance of raising money for cancer research and hopefully finding a cure, as well as SSES' history of supporting the cancer research cause.

"This is 22nd time we've participated in a walk for Terry Fox, minus the COVID years, and this is the 44th year that it has been on. Last year our



Gym teacher Joe Haycock organized and led the Terry Fox event.

school raised \$442, which we donated to the Terry Fox Foundation," said Haycock, who organized the walk and led the grades 1 to 4 students around the Vesturland neighbourhood, along with the students' teachers.

"The kindergarten students are doing a walk around the school yard as walking on the streets can be taxing for the little ones," he said.

Hundreds of communities across

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EXPRESS PHOTOS BY PATRICIA BARRETT

SSES assistant principal Krystal Isfeld, right, took part in the annual Terry Fox Walk.




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> TERRY FOX, FROM PG. 2

Canada take to the streets each year to raise money for the Terry Fox Foundation. The money is put towards cancer research and improved diagnosis and treatment. Terry Fox, who grew up in B.C., had to have his leg amputated from cancer. He organized a cross-Canada run called the Marathon of Hope in 1980 to raise money for cancer research. He died in 1981.

SSES principal Paul Bailey, who took part in the walk, said the students have an idea of who Terry Fox was and how he raised awareness of the importance of cancer research.

“The teachers talk to the kids about

Terry Fox before the walk. And the kids chose someone to walk for such as a relative or Terry Fox himself,” said Bailey. “All the kids have an idea who Terry Fox is, his story and his passing away. We teach them the importance of Terry’s story and why we walk, which is to try to find a cure for cancer. All this information is geared towards their ages, but they certainly understand what it’s about.”

Bailey said the students don’t go out fundraising or ask for sponsors as they’re too young for that. But they do collect a toonie, or whatever they can, to donate to the foundation.



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Eriksdale Local MMF hosts first event for National Day for Truth and Reconciliation

By Becca Myskiw

Eriksdale Local MMF hosted their first National Day for Truth and Reconciliation event this weekend.

Bringing more than 50 people to the Eriksdale recreation centre on Saturday, Sept. 28, the local Manitoba Métis Federation group offered people speakers, entertainment, beading projects, children's activities, a makers' market and a free lunch.

David Parent, secretary of the Lundar Local MMF, spoke at the event. Parent's family, the Monkmans, was one of the founding families of Minnewakan, a Métis community in the area that dispersed in the 1950s.

"There's a lot of us in this area that have connections with that community," said Elsie-Ann Hogue, secretary/treasurer with Eriksdale Local MMF. "It's where many Métis families initially came to."

Parent teaches and researches Indigenous history at the University of Manitoba and is cross-appointed to

the history and Indigenous studies departments.

Randi Allary taught beading at the National Day for Truth and Reconciliation event. She recently took up the practice to reconnect with her culture. The beading was ongoing all morning at the event, and attendees could partake in the activity at any time they liked. After that, the Darren Lavallee Band played for attendees.

"A lot of us have had to find our way being Métis," said Hogue. "It hasn't been celebrated or talked about here. A lot of us are learning our culture. It's sadly things we've had to find and learn."

The makers' market featured Indigenous creators selling art, mocasins, home goods, jewelry, baking and more. Lunch included a selection of soups, bannock, meat pie, pemican, fruit and berries. Hogue, who

Continued on page 7



EXPRESS PHOTOS SUBMITTED

Attendees could partake in traditional Métis beading at the event.



Eriksdale Local MMF and Lundar Local MMF held an event for the National Day for Truth and Reconciliation.

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Swedes on Wheels descend on Woodlands

By Craig Sidwall

The Swedish Cultural Association, based in the Scandinavian Cultural Centre in Winnipeg, has three goals: celebrate their Swedish heritage, maintain and promote Swedish culture and traditions, and have fun.

One of their favourite activities is "Swedes on Wheels." This program sees them pile into their cars and seek out the friends and relatives of Sweden in Manitoba's rural areas. Over the years they have visited Erickson, Ericksdale, Chatfield, Sprague, Meadows, Lac du Bonnet and Laclu, Ont.

These trips accomplish several goals. The club reaches out to local Swedes prior to the event and invite them to attend. People with Swedish heritage, and those without, come and participate in the fellowship. Stories are shared — stories of parents, grandparents, the lives of those that came before us and how they have affected us. It is remarkable how often there is commonality, how many connections are made, how many new friendships are formed.

This Sept. 21 they visited Woodlands. A warm, sunny fall afternoon began with eight cars of members stopping for lunch at Lillies and Lattes, a true gem of a restaurant tucked away near the Woodlands Community Club.

Attendees chose from a customized menu created just for the club, and the good service, fine food and hospitable atmosphere helped facilitate lively conversation. Everyone took turns standing up and telling a little of themselves.

Notable were Edie Simonson and her daughters, Carol and Donna. Edie is a talented accordion player that has played at many events, both local and Swedish. It was interesting to hear Carol and Donna speak of their local history and their connections with modern-day Sweden. Non-Swede Patti Berube spoke warmly of her childhood connections to Woodlands.

Lunch was followed by a visit to the Woodlands Pioneer Museum. The group was welcomed by Karen Walsh and Eleanor and Howard Proctor family. For those who have not been there, the museum is carefully curated and meticulously cared for. The group vis-



EXPRESS PHOTO COURTESY OF CRAIG SIDWALL

Swedes on Wheels visited the All Saints Anglican cemetery and placed Swedish flags beside the graves of Swedes on Sept. 21.

ited a church, a home, a school and displays of the equipment and home life of yesteryear. The museum is well worth the \$5 admission, and if you can't visit the museum in person, try visiting it virtually at www.woodlandspioneermuseum.com.

The final stop for the group was All Saints Anglican cemetery. The group placed Swedish flags beside the graves of Swedes and paid their respects to all. It was a time of peace and reflection

for all on a beautiful day. The feeling will be with the group forever of the Swedish folks there at rest and their contributions we all celebrate and pay tribute to.

It was a great day for the group. They had formed new friendships and relationships based on a shared past and common history. They headed home with a greater sense of community. Thank you, Woodlands.

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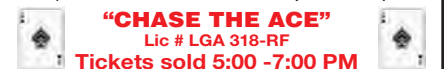
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Manitoba on track to hire 1,000 net new health-care workers

By Lana Meier

One year into its first term and six months into its first provincial budget, the Manitoba government is over halfway to its goal of hiring 1,000 net new health-care workers, Premier Wab Kinew and Health, Seniors and Long-Term Care Minister Uzoma Asagwara announced at Grace Hospital.

According to Kinew, residents of Manitoba have made it clear that they desire an increase in the number of nurses, doctors and other health-care workers within the province. Keeping this in mind, the government promised to bring 1,000 additional individuals into our system. They announced that they have exceeded the halfway mark towards achieving this goal. Setting ambitious objectives is a fundamental aspect of governing. By collaborating, we can achieve things that would not be possible individually.

The premier noted that Manitoba is on track to fulfill its promise of hiring hundreds of professionals within the next four years. Since April 1, there have been 873 new health-care workers added, including 116 physicians, 304 nurses, 290 health-care aides and 87 allied health professionals. The staff has been distributed throughout the province, with all regions seeing an increase in staffing levels, as well as at CancerCare Manitoba.

Asagwara expressed gratitude towards the new health-care workers in our province. Having a strong team

of staff enables us to make headway in reducing wait times and providing excellent care. They have diligently worked to increase the number of staff in the system and they will continue to strive to address key issues in health care. They extended appreciation to all those who have chosen to pursue or return to a career in health care.

According to the premier, the plan involved recruiting new health-care workers, persuading staff to return from private health care, increasing opportunities for recent graduates and repairing the strained relationship with health-care staff following years of disrespect from the previous government.

The government has taken on the following responsibilities:

- taken steps to change the culture in health care including sending letters to every new graduate, holding five listening tour town halls and working to hire every new graduate into the system;
- improved safety measures for staff at major hospitals;
- increased seats in training programs for medicine, physician assistants, occupational therapy, physiotherapy and nursing;
- increased the number of training spots for internationally educated medical graduates;
- launched a new Healthcare Retention and Recruitment Office focused on helping internationally educated health-care professionals find

jobs or training in Manitoba;

- changed the requirements to make it easier for nurses to return to practice; and

- increased flexibility for nurses joining the provincial float pool.

Tiana Wyrhya, a new graduate working in Children's Emergency at Health Sciences Centre, credits her mother for guiding her towards a career in nursing. With over 36 years of experience as a nurse, her mom instilled in her a passion for this profession that she is grateful to be a part of. Working in Manitoba's health-care system allows Wyrhya to give back to her community and she feels fortunate to be able to do so in her home province.

"Manitoba has given a lot to me. I grew up here and attended the University of Manitoba for undergrad, med school and residency," said Dr. Matthew Buchok, psychiatrist, Health Sciences Centre. "I'm grateful to have the opportunity to stay and practise in Manitoba and have a positive impact on our community."

The premier noted the numbers are a result of the government's investments in retaining, recruiting and training more health-care workers including adding new training seats, streamlining licensing for internationally educated health-care workers and emphasizing community recruitment. The premier and minister have also sent a letter to every recent graduate to welcome them to Manitoba's health-care system.

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Seniors at Manitoba Housing apartment in Arborg fear aggressive tenant

By Patricia Barrett

A group of seniors at Arborg's Sunrise Lodge is frustrated by a lack of response from Manitoba Housing in regards to concerns they've raised about an aggressive tenant who moved into the building roughly a year ago.

A spokesperson for the seniors, whom the Express has agreed to keep anonymous as they fear reprisal, said many seniors lock themselves in their apartments as they feel the tenant's behaviour is escalating.

"The tenant is bullying and intimidating seniors who are 80 and 90 years old, calling them f-ing bitches. He has a F.k Trudeau sign on the outside of his apartment door that grandkids see when they come to visit their grandparents. He yells at people to 'shut those f-ing kids up.' He mocks a lady who has had a stroke when he walks past her," said the spokesperson. "It's been hellish."

The tenant has also thrown other tenants' laundry on the floor in the shared laundry room, ripped down meal sign-up sheets for a meal program and kicked over ceramic ornaments and plants that tenants have placed by their front doors, said the spokesperson.

"There are common rules for everybody. You can't rip down meal sign-up sheets. You can't throw other people's laundry on the floor. You can't walk down the hallway and call seniors a f-ing bitch. But if people tell him that, I think in his mind he takes it as a personal attack," said the spokesperson. "It's hard for him because he's not well. I have empathy for people that are not well. But this is not the place for him."

The tenants think Manitoba Housing has been transferring low-income or homeless people from the city to rural communities where the provincial social housing department has buildings, said the spokesperson, and many have serious mental health issues that are perhaps not being addressed or monitored.

"At Sunrise Lodge there's at least six people with very bad mental health problems," said the spokesperson. "The people Manitoba Housing is putting in here have severe mental health problems and they don't all have a support worker that's monitoring them and helping them take their medications. There is really no mental health facility for adults that need this kind of help. Where do you put someone that is not mentally well and needs help? Who has 24-hour care for these people?"

Manitoba Housing used to have a process for dealing with nuisance tenants, said the spokesperson. The first time you got a verbal warning, then a written notice and then you were asked to leave.

"I don't know if these rules have changed. Nowadays, if you say something, it can be turned against you and they'll say you're discriminating against another person. So maybe Manitoba Housing has just pushed the rules aside," they said. "But there has to be some rules so that we don't have this kind of situation and people that are so scared and locking themselves in their rooms every day because of one person."

A number of seniors have told the building manager about the aggressive behaviour, and the manager's re-



EXPRESS PHOTO SUBMITTED

A F.k Trudeau sign is shown posted on the outside of a tenant's door at Sunrise Lodge in Arborg, a Manitoba Housing facility.

sponse has been that "if you don't like it, you don't have to live here." Now they're scared to continue raising concerns with the manager because they think they'll be "pushed out if they complain."

"Manitoba Housing is affordable. Everything else is around \$1,400 or more for rent," said the spokesperson. "A lot of people here came off the farm and they don't have that kind of

money. They can't afford to go anywhere else."

Manitoba Housing's regional office was contacted and they were told a report was written. But nothing has happened and the seniors feel the situation is escalating, said the spokesperson.

"Nothing has been done. The seniors

Continued on page 10

> MMF, FROM PG. 4

planned most of the event, said they kept to traditional Métis foods for the event.

This year marked the first time Eriskdale Local MMF held an event like this. The group received a federal government grant meant for Indigenous communities and organizations to utilize, which helped them pay for the event in conjunction with Lundar Local MMF.

When Hogue first found the grant, she took it to the local MMF board with the idea of hosting some sort of event for the National Day for Truth and Reconciliation. The entire board supported the idea from the get-go, helping the day expand into the event it was on Saturday. Hogue said most events like this are in big centres that aren't accessible to most people living in rural communities. She wanted to give locals the opportunity to have

an event like this in their own community.

"It's meant for everybody to come and learn a little something," said Hogue. "I feel that some of our rural communities ... we've lived alongside a First Nations community, but we don't necessarily know a lot. We interact, we work, but I feel like based on historical pieces and education, how much do we really know? Maybe we need to put some effort into making sure our communities are paying a little more attention."

The Province of Manitoba honoured residential school survivors and reflected on the children taken, the parents left behind and the children who never came home this past Monday on Orange Shirt Day. This year marks the first time Orange Shirt Day was a provincial statutory holiday in Manitoba.

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UofM physicians attend family medicine resident retreat in Gimli

By Lana Meier

The 2024 Family Medicine Resident Retreat was hosted by the Interlake-Eastern Regional Health Authority (RHA) in Gimli. The purpose of this event was to showcase the various practice and lifestyle opportunities available in the region.

The event, organized by colleagues, drew a total of 110 first- and second-year family medicine physician residents. Attendees were given the opportunity to engage in educational presentations and also spend quality time exploring the area with their families. The gathering also provided a chance for classmates to reconnect and strengthen their relationships.

“The weekend would not be a success without the help of our local communities who understand the value of investing in this retreat to help with physician recruitment in



EXPRESS PHOTO SUBMITTED

Attending the 2024 Family Medicine Residents Retreat in Gimli were (from left to right): Deputy Mayor Kurt Reichert, RM of Gimli; Mayor Kevin Chudd, RM of Gimli; Reeve Walter Amerongen, RM of Whitemouth; Mayor Blair Skinner, LGD Pinawa; Reeve Arnthor Jonasson, RM of West Interlake; Coun. Kimberly Newman, Town of Stonewall; Deputy Mayor Ron Johnson, Town of Arborg; Reeve Richard Chartrand, RM of St. Laurent; and Reeve Virgil Johnson, RM of Coldwell. Missing from the photo is Coun. Cindy Kellendonk, RM of Lac du Bonnet.

our rural communities. Thank you for your sponsorship,” says Interlake-Eastern RHA chief medical officer Dr. Charles Penner. “A special thank you to the individuals who represented their communities, who handed out the welcome baskets and who extended a warm welcome to these young doctors to start their weekend off right.”

Over the weekend, an assortment of tourist, social and

educational activities centered around rural practice and living took place. Residents had the opportunity to attend sessions on family practice, physician wellness, suturing, rural emergency medicine and Indigenous health. Interlake-Eastern RHA physicians generously shared their insights with residents and participated in the job fair.

The hosting of the resident retreat is rotated between rural regional health authorities. The most recent time it was hosted by Interlake-Eastern RHA was in September 2019. Due to the incredibly warm reception from communities and the training opportunities provided by physicians within the region, a total of 14 former University of Manitoba family medicine residents have joined this region’s workforce. This number surpasses previous recruitment efforts. These doctors had the option to begin their practices anywhere in Canada or overseas, yet they chose to join Interlake-Eastern RHA.

For a complete listing of community support for the event, simply go to www.ierha.ca and select News & Updates.

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AA Eriksdale

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AA Winnipeg Beach

Lady of the Lake RC Church
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Winnipeg Beach mayor resigns, citing denial of medical leave and difficult circumstances

By Patricia Barrett

The Town of Winnipeg Beach's mayor Pam Jackson resigned last week after being denied a temporary medical leave and experiencing "very trying and difficult" circumstances that included harassment via a code of conduct complaint and homophobic slurs against her.

The male members of Winnipeg Beach council — Douglas Jarvis, Barry Hoel and Larry Kisiloski — had refused during council's Sept. 11 meeting to let Jackson take a doctor-recommended medical leave for a spinal cord injury and doubled down on that position during council's Sept. 25 meeting. Both meetings were livestreamed and available on YouTube.

Jackson delivered her resignation speech at the Sept. 25 meeting after about 16 minutes of interaction that can be described as a tableau of antagonism towards her — as well as to deputy mayor Jean Gendron — with the mayor having to ask Jarvis to show respect for and stop interrupting her.

The interaction included Jarvis's denial of Jackson's reality of her medical condition, with his saying that "there's no reason why you couldn't be on the phone," and the eventual successful censorship of a letter (by a majority vote of the three male councillors) that had been put on the agenda and had been sent by a member of the public, who defended Jackson's request for medical leave.

Jarvis said the letter was "defamatory" to him, even though it doesn't mention his name, and that it was "not telling the truth." Kisiloski implied Gendron "might know" who wrote the letter but is withholding information from them.

The *Express* spoke with Jarvis on the phone later in the week and offered him an opportunity to make comments, but he declined. The *Express* also emailed each councillor — including Jarvis — to offer them an opportunity to comment for this story. The male councillors did not take up the offer.

Jackson told the *Express* she began to experience "difficulties" a month after she became mayor (summer 2022), and that she feels she has been bullied out of her job over the denial of medical leave.

She said she's seeing a number of medical specialists for a herniated disc that involves surrounding nerves, and, in addition to suffering physical pain, is on heavy-duty medication that impairs her cognitive functioning. Her doctors "felt pretty sure" that by taking time off to heal she could be back at work by November,

but she asked for three months just in case. In addition to attending council meetings twice a month, Jackson is on boards/committees that keep her busy all week.

"I think it is bullying if they can determine for me what I should be doing with my health. Coun. Jarvis said he's been on medication before and he thinks I can do virtual," said Jackson. "I have four different specialists who've offered me a doctor's note — which is not necessary in municipal politics — and I would have provided them."

The general tenor of the Sept. 25 meeting was typical of how past council meetings would go, said Jackson.

The livestreamed recording starts off with Jarvis asking for the letter on council's agenda to be expunged.

The letter was sent by email to the town on Sept. 20 with a subject line of "Mayor's Request." The writer requested that their name be redacted for fear of retaliation.

The writer identifies him or herself as a health-care professional and states they watched the video recording of council's Sept. 11 meeting and was "never more disappointed and disgusted" by the three male councillors with regard to the mayor's request for a short leave of absence.

"The indifference, mean comments and lack of caring demonstrated by the three male members of the council were, frankly, unbelievable," said the writer. "The mayor has an acute condition, which brings with it pain and disability."

The writer expressed dismay at the "gall," "demonstrated ignorance" and "lack of compassion" from one councillor [whom the writer does not name] who compared his own medical condition to that of the mayor's.

"I am ashamed that these individuals represent our community," the writer said.

After she was denied medical leave at the Sept. 11 meeting, Jackson said she had received lots of phone calls from people supporting her, many of whom she didn't know.

"You watched the first part [of the livestreamed meeting] with Coun. Jarvis; that was not an unusual depiction of some of the things that have been going on in council whether we've been in camera or [livestreamed]," said Jackson. "This is much more about culture and about women in politics — and not giving me a medical leave."

Jackson served on Winnipeg Beach council from 2006 to 2010, working with a number of "wonderful men" on that council, she said. She thought society had "moved beyond" the



YOUTUBE

A screengrab from the livestreamed Winnipeg Beach council meeting of Sept. 25 shows, from left, Mayor Pam Jackson, CAO Sharon Desiatnyk and Coun. Douglas Jarvis.

1970s and 1980s, eras in which harassment of women was de rigueur.

In the Interlake, there have been a number of female municipal mayors/reeves saying they've been discriminated against or harassed by male

members of council.

Some men — not all of them — lack emotional capacity to see a woman as a person and have difficulty accepting the idea of a woman working in a position of responsibility. Bullying



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> WINNIPEG BEACH MAYOR RESIGNS, FROM PG. 9

and harassment of females in politics is a reality still played out at the council table or in the backrooms of municipalities — according to women who've spoken both on and off the record — and in provincial and federal politics.

It shouldn't come as a surprise that women are not well represented in politics. A study conducted in 2023 for the Canadian Women in Local Leadership project and the Federation of Canadian Municipalities shows women representing only 31 per cent of all municipal elected representatives in Canada — a “long road” ahead to meaningful participation. And only 22 per cent hold a mayoral position. That puts Canada at 54th out of 169 countries.

Jackson said there is a “real story in terms of women in politics” and a “particular headspace for some men on council — not all of them because I've worked with great guys on council. But there are some men on councils that don't want women at the table, and they certainly don't want women to have a power position.”

A code of conduct complaint was brought against Jackson this year from a male member of council. She addressed that during her resignation speech, saying it had gone forward to a provincial reviewer who found the complaint to be “vexatious,” having “no reasonable or sound basis in fact or law,” is “without merit” and was brought with the “primary intent of harassing, discriminating [against] or subduing myself.”

The three male councillors voted against accepting the reviewer's report at council's July 10 meeting, opting to continue the complaint process against Jackson.

Jackson said the code of conduct process is flawed in that it can fail to protect council members who are victims of harassment.

For female councillors who are subject to behaviour from male councillors that's intended to undermine them, drive them out or show them who holds power, a code of conduct allegation is another tool to harass them. The final decision to accept or reject the reviewer's conclusion rests with council. If a majority of council-

lors don't like the conclusion, they can vote it down.

And that's exactly what Winnipeg Beach's male councillors did; they voted down the report.

“Code of conduct investigations always come back to the table for council to accept or reject the reviewer's conclusions. Even if a councillor has been found to have breached conduct or a bylaw and the councillor should be reprimanded in some way — either lose three months' salary, take a leave or take part in education — council has the [final say],” said Jackson. “What's happened in the past is when women are bringing codes of conduct against some of the behaviour they're having to deal with on councils, and the independent review finds the council member is clearly in breach of conduct, it comes back to the table and the men vote it down. And there are no repercussions. This doesn't protect women or whoever else is being harassed ... and I am one example of this problem.”

She added that such an investigation can cost taxpayers \$30,000. There have been attempts to address the process, but it has to be changed “at the provincial level.”

The *Express* asked CAO Sharon Desiatnyk and the four remaining councillors for a copy of the reviewer's report on the code of conduct allegation made against Jackson but didn't receive it.

In her public resignation speech, Jackson said she had been subjected to “homophobic slurs” against her. She confirmed that statement for the *Express* but was “not able to speak to the details of that at this time.”

There were other instances where the women on Winnipeg Beach council were subjected to problematic behaviour. Jackson, Jean Gendron and CAO Sharon Desiatnyk had their integrity impugned by one of the male councillors, who claimed they were withholding information from the men and that he had emails to prove it. When asked to provide those emails, the male councillor was forced to retract his accusation (at a subsequent meeting) and say that he had misread his emails. That occurred during a livestreamed council meeting.

To her credit as a leader and with a background in social work, Jackson attempted to resolve problematic behaviour at the council table by sitting down with her councillors and inviting discussion on what some of the issues were. But her conciliatory approach was rejected and she was bluntly told this is war.

“As mayor you want to make sure your team is working well together and you want to ask them what they think the difficulties are and how can we work better together,” said Jackson. “A couple of months ago when I sat down with each of the councillors and asked them what needs to happen for us to work together, I was told in no uncertain terms by one of the male councillors: ‘It's women against the men and we men have the power.’”

The *Express* asked the town for comment on the homophobic slurs, who made them and how the town dealt with that, the circumstances behind the code of conduct complaint and who launched it.

Deputy mayor Jean Gendron told the *Express* the only person authorized to speak with the media is the mayor or their designate. Gendron copied the CAO and councillors on the email, saying that although the designate is the only person that can speak with the media, the councillors can comment to defend their actions.

“This ... does not prevent any of you [councillors] commenting on a personal level should you be asked to explain or defend your actions and wish to,” Gendron wrote.

Gendron also offered the following comment: “Mayor Jackson identified the reasons for her resignation as part of the statement she made at the meeting prior to resigning,” said Gendron. “The Town of Winnipeg Beach has lost a dedicated, intelligent and

engaged leader who wanted nothing but the best for her community. The mayor had ambitious goals for our community but, unfortunately, had her tenure cut short due to medical circumstances.”

The *Express* asked the provincial department of municipal relations to comment on a lack of protection offered by the code of conduct process, specifically why a reviewer's findings are sent back to councils where they can be overturned to the detriment of the victim.

“Provincial staff do not review alleged code of conduct complaints from councils, nor do they conduct investigations into complaints,” said a spokesperson. “The Province of Manitoba, through the department of municipal and northern relations, contracts independent third parties as intake reviewers and appeal directors, to receive and review cases and provide interpretation of the legislation, regulation and by-laws.”

He confirmed that councils have the option of having their complaints reviewed by the intake reviewer and may vote to accept or not accept the review report of the intake reviewer.

“For clarity, the province has no input into these reviews. Further, the province is not privy to the specifics of a complaint, the identity or details of the complainants, respondents or the councils involved,” he said. “Code of conduct legislation respects the independence and responsibility of Manitoba municipalities and their elected officials to govern their own internal matters and make them ultimately accountable to their own community for their behaviour, decisions and actions through the local democratic process.”

The spokesperson didn't address a question regarding what the province is specifically doing to protect female members of municipal council.

“MAYOR JACKSON IDENTIFIED THE REASONS FOR HER RESIGNATION AS PART OF THE STATEMENT SHE MADE AT THE MEETING PRIOR TO RESIGNING.”

> AGGRESSIVE TENANT, FROM PG. 7

have a right to be safe in their own place,” they said. “I guess that's why we have to go public because no one is helping us. Some of the seniors have put a complaint in writing and said they're scared of him and it still falls on deaf ears. This can't go on.”

The *Express* reached out the Mani-

toba Housing to ask what steps it has taken to protect seniors at Sunrise Lodge from aggressive behaviour, how it helps tenants who may be experiencing mental health issues and causing problems for other tenants, and whether unhoused people from the city are being placed in ru-

ral communities such as Arborg.

A spokesperson for Manitoba Housing said they're working to resolve the concerns raised at Sunrise Lodge.

“Manitoba Housing's goal is to promote safe, healthy communities that are inclusive, and encourage self-reliance and shared housing

responsibility,” he said. “It takes all concerns brought to attention seriously and works with tenants to resolve them. Manitoba Housing staff are actively working to resolve the concerns brought forward by tenants at Sunrise Lodge.”

Eight new Indigenous faculty members join UWinnipeg

By Lana Meier

The University of Winnipeg is pleased to introduce eight new Indigenous faculty members, who will be joining the Faculty of Arts, Science, Gupta Faculty of Kinesiology and Applied Health, Business and Economics, and Global College.

The Indigenous cluster hire is a step towards promoting reconciliation and increasing BIPOC faculty representation at UWinnipeg as part of an ongoing effort. This initiative was initiated in January of this year.

Dr. Pavlina Radia, provost and vice-president, academic, emphasized the university's dedication to Indigenization and decolonization through a community-focused hiring process. This involved close collaboration with the AVP of Indigenous engagement, Indigenous Student Services Centre, faculty members, deans and staff.

"An essential part of reconciliation is ensuring that Indigenous faculty are amply represented and supported at post-secondary institutions," said Dr. Radia.

These tenure-track positions are in the departments of Indigenous studies, criminal justice, business and administration, anthropology, environmental studies and sciences, master's in development practice and kinesiology. Some of these new faculty members started with UWinnipeg in the fall term, and some will start in the winter term.

Dr. Chantal Fiola, associate vice-president of Indigenous at UWinnipeg, expressed excitement in welcoming a group of talented Indigenous scholars to the university community. Their valuable expertise and research will undoubtedly enhance UWinnipeg's impact on society. The university is honoured to amplify the voices and efforts of these exceptional scholars.

THE NEW FACULTY MEMBERS INCLUDE:

Christy Anderson, Assistant Professor, Indigenous Studies

Christy Anderson is a proud Anishinaabekwe (Ojibwa Woman) member of Pinaymootang First Nation in Treaty 2 territory with an interest in gender issues. She is a PhD candidate in Indigenous Studies at University of Saskatchewan, with an MA from University of Manitoba and a BA from Canadian Mennonite University. She's served as Keeper of the Circle at the Sandy-Saulteaux Spiritual Centre and Director of Indigenous Research with the Office of the Vice-President (Indigenous) at University of Manitoba. She's taught at Canadian Menno-

nite University, Booth University College, Yellowquill University College and University of Manitoba. She's presented at numerous conferences, has published both academically and for community and is active in her community.

Dr. Kristen Desjarlais-deKlerk, Associate Professor, Business & Administration

Dr. Kristen Desjarlais-deKlerk is a Red River Métis woman and mixed methods community-engaged researcher. She grew up in Calgary on Treaty 7 territory, and is a citizen of the Métis Nation of Alberta. Her Métis kin, the Desjarlais, are from the Battlefords in Saskatchewan. As a trained sociologist, her research interests centre on housing, inequality, and health outcomes for different populations. She's a co-investigator on two CMHC-SSHRC partnership grants researching affordable housing for Canadians. She's a member of the National Advisory Council on Poverty, the CIHR Advisory Committee on Ethics and co-chair of the Board of the Canadian Alliance to End Homelessness.

Robert Hamilton, Instructor, Indigenous Studies

Robert Hamilton is an Anishinaabe researcher with an interest in Anishinaabe philosophy, language and religion. He's a graduate of the Masters of Indigenous Governance program, holds bachelor degrees from Brandon University and Laurentian University and is a PhD candidate in Indigenous Studies at University of Manitoba. He taught high school and middle school in Manitoba, including the Indigenous Math Leadership Camp at Wii Chiiwaakanak Learning Centre. He also taught English in South Korea. He's presented at many Canadian and international conferences and has several publications.

Ashley Hayward, Assistant Professor, Kinesiology and Applied Health

Ashley is a Red River Métis scholar with a research focus on Indigenous health and wellness. She is a 2020 CIHR funded Vanier Canada Graduate Scholar, and an active community volunteer with expertise in community-led research and Indigenous maternal health. She is a PhD candidate in Peace and Conflict Studies at the University of Manitoba and is a UWinnipeg graduate (BA '17 and MA '19). Her doctoral research was created in partnership with Aboriginal Health and Wellness Centre of Winnipeg, where she is specifically looking at supporting the health needs of birthing people in unstable housing. She is a wife and mother to two daughters

with kinship ties to the family names Hogue, Daignault, Ducharme, Turcotte and Richard, some of whom took scrip in St. Charles and St. Boniface.

Dawnis Kennedy, Assistant Professor, Criminal Justice

Minawaanigogizhigook (Dawnis Kennedy) holds an LLM from the University of Victoria and a JD from the University of Toronto. Of both Anishinaabe and European lineage, Kennedy pursues knowledge in western academic institutions and through Anishinaabe lodges, ceremonies, apprenticeships and mentorships. She is a second-degree Midewiwin person from Bagwaanishkoziibing (Roseau River Anishinaabe First Nation) who has been called upon to articulate practices of Anishinaabe education, offer testimony as a legal expert regarding Anishinaabe legal traditions, and support youth seeking connection to ceremony, language and community. Her areas of research and teaching include Indigenous law, treaties, spirituality, culture-based education and challenging colonization.

Danika Billie Rose Littlechild, Associate Professor, Environmental Studies and Sciences/Master's in Development Practice

Danika Billie Rose Littlechild is a First Nations scholar who is a Registered Member of Ermineskin Cree Nation (Neyâskweyâhk), Maskwacis, Treaty 6 territory, Alberta. She holds a UNESCO Research Chair in Biodiversity, Conservation and Indigenous Health and Well-Being. Danika is interested in environment, water, biodiversity, conservation and Indigenous systems, laws, protocols and practices. She is co-investigator in The Arramât Project: Strengthening health and wellbeing through Indigenous-led conservation and sustainable rela-


tionships with biodiversity — a New Frontiers in Research Fund (NFRF) Transformations grant of \$24 million announced in January 2022. She's a frequent committee member, advisor and consultant with expertise in laws and policy pertaining to Indigenous Peoples and environment, as well as a familiarity in working with systems, laws and cultures of many Indigenous Peoples. She practised law for two decades, working primarily with Indigenous Peoples and organizations, was previously an assistant professor at Carleton University and was vice-president of the Canadian Commission for UNESCO.

Aandeg Muldrew, Assistant Professor, Anthropology



Aandeg Muldrew is an Anishinaabe scholar from Lac Seul First Nation interested in studies of the Anishinaabe (Ojibwe) language and culture. Born and raised in Winnipeg's inner city, he apprenticed with his gookom, who is a well-known Anishinaabemowin educator. He's taught Anishinaabemowin language and Anishinaabe culture throughout Manitoba (including UWinnipeg's Indigenous Languages programs and Wii Chiiwaakanak Learning Centre), Ontario and Minnesota. He's the co-editor of the Northwestern Ontario and Manitoba Anishinaabemowin Dictionary Project and a frequent contributor to discussions at national and international meetings about learning and strengthening Indigenous languages. He also voiced the character of Luke Skywalker in Anangong Miigaading, the Anishinaabemowin translation of the film *Star Wars: Episode IV – A New Hope*, which premiered in August 2024.

Continued on page 23

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Manitoban's will continue to save at gas pumps until Dec. 31

By Lana Meier

Premier Wab Kinew has announced that the Manitoba government plans to prolong the gas tax holiday until Dec. 31 of this year.

"Since we cut the gas tax in January, inflation has gone down in Manitoba," said Kinew. "This

is what governments are for. We know Manitobans are still struggling with the impact of interest rates and grocery prices so we're going to continue to step up and save you 14 cents at the pump."

The premier has announced an extension of

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EXPRESS PHOTO BY HALEY CVAR

Manitobans will continue to save 14 cents on motor vehicle gasoline and diesel prices until Dec. 31. The posted price at the gas pumps on Sept. 27 was 126.9.

the current gas tax holiday on motor vehicle fuel (gasoline and diesel) until Dec. 31.

The province's leader pointed out that drivers of the most common vehicle in Manitoba, pickup trucks, can expect to save approximately \$14 with each refuel. According to the Manitoba Bureau of Statistics, this temporary relief on gas taxes has resulted in a 0.4 percentage point drop in inflation.

Since the introduction of the gas tax holiday, Manitoba has maintained the most affordable average retail price for gasoline in all of Canada. Furthermore, inflation levels have returned to the preferred range of one to three per cent set by the Bank of Canada.

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Winnipeg Beach Fire Department's lottery

Tickets on sale for Take-a-Year-Off Lottery, draw on Nov. 2

By Becca Myskiw

The Take-A-Year-Off Lottery by the Winnipeg Beach Fire Department offers a unique opportunity for Manitobans. With a grand prize of \$52,000, which translates to \$1,000 every week for an entire year, it's not just about winning money — it's about supporting a crucial community service. The funds raised will help ensure that local firefighters have the modern equipment they need to keep everyone safe.

For the first time, the local fire department is holding a lottery raffle. Fire Chief Dave Schellenberg said that though they hold a couple of different fundraisers throughout the year, this is the first time they've done anything this big.

The Winnipeg Beach Fire Department needs new fire apparatus. What most people don't know is that everything in a fire hall has an expiry date — helmets, boots, gloves and even trucks.

Schellenberg said the date of the fire trucks affects the department's insurance. Older trucks make the department less reliable in the eyes of insurance companies, making their insurance cost more.

"The truck may look good, but the inside stuff isn't," he said. "After a certain age, insurance says we can't trust that anymore."

The department received a provincial grant for \$815,000, but that only paid for one pumper. Their current mainline pumper is from 1993, so the grant money will replace that one but nothing else.

So, instead of raising taxes to have locals pay for the new fire truck, the department started throwing ideas around, wondering just how big they could go with their next fundraiser. As chance would have it, the town chief administrative officer came to them with a big idea of her own.

"She said, 'I want to give someone a year off,'" said Schellenberg.

And that's exactly what they're doing. After months of drafting rules, working with Manitoba Liquor & Lotteries, creating a bank account, making posters and working around the clock, the Take-A-Year-Off Lottery is up and running. Starting the week of Sept. 16, the lottery had already raised \$26,000 in just two weeks of being open.

"It's been a lot of extra volunteer hours to get this thing going but we want to do this annually," said Schellenberg. "We want to give people the chance to win some money. Are you actually going to take a year off if you win 52 grand? Probably not. But it's going to help."

In addition to the grand prize of \$52,000, the Take-A-Year-Off Lottery also offers a second prize of \$5,000, a third prize of \$3,000, a fourth prize of \$2,000, a fifth prize of \$1,000 and a \$100 prize for sixth to 10th place. There's also a 50/50 draw that sat at more than \$7,000 at the beginning of the week.

To purchase a ticket, 50/50 ticket or both for the Take-A-Year-Off Lottery, go to <https://www.rafflebox.ca/raffle/wbfd> and click "Purchase Tickets." From there, you'll select the number of tickets you want, input your personal information (name, phone number and email being mandatory) and add your payment information. People can also get tickets at the municipal office at 29 Robinson Ave. or at the recreation centre at 32 Hamilton Ave. Both locations accept cash, debit and credit.

Right now, the fire department's goal is to raise enough money with the lottery to pay for the prizes and to go into a reserve fund for future fire apparatus. Schellenberg is

hoping people from all over Manitoba will support the cause.

"What a lot of people don't realize is once you leave the perimeter, you're in the hands of a rural fire service," he said. "And there's not a lot of paid full-time fire departments outside of Winnipeg. Those are volunteers coming to get you."

The Winnipeg Beach Fire Department plans to make the Take-A-Year-Off Lottery an annual event. They're hoping it gets enough attention this year to make that happen.

Continued on page 22

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Winnipeg Beach Fire Department is excited to announce our Take-A-Year-Off Lottery! Tickets are limited and proceeds will be used for the purchase of New Fire Trucks and other departmental equipment and supplies. It's a great way to give back to your community with the added chance of giving back to your wallet.

Thank you for supporting this event!



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Arborg's Filipino community celebrates culture with food and dance at Culturama



By Patricia Barrett

The Arborg Filipino community treated area residents and visitors to a cultural feast for the eyes and the tastebuds last Friday night during Arborg's annual Culturama celebration.

Arborg resident Beverly Magaway said the event was well attended, and the Filipino community was one of several cultural groups that kept people fed and entertained and enjoying each other's culture.

At the Philippine pavilion, visitors could sink their teeth into delicacies such as crispy spring rolls, pancit (noodles) with a savoury sauce – which Magaway helped make – and roasted peanuts with garlic.

Magaway said a member of the Filipino community, Cecile Andool, who's a former public-school teacher from the Philippines, made the spring rolls (along with her husband) and also choreographed a folk dance called the salakot, which celebrates the rural way of life through industries such as fishing and farming and showcases rural folks' hard work and resilience. Wilma Memoracion helped lead the dance.

The dancers were all from the Ar-

borg area and included a mother and son dance team and a father and son dance team.

"The troupe just formed about three weeks ago to prepare this traditional dance just for Culturama. The salakot is a wide-brimmed hat made from bamboo or rattan and it symbolizes protection for farmers and fishers from the sun and rain. The dance is very simple and portrays the hard work of people who live in the rural areas of the Philippines," said Magaway, who did not dance with the troupe. "We have lots of folk dances that portray rural life. For example, dancers can balance a lit candle in a glass on top of their heads to represent light, or a clay pot on their heads."

For the Culturama performance, the dancers used a sombrero. The female dancers' dresses were simple yet elegant and the men's costumes showcased a working-man's attire with simple trousers and a lightweight white shirt.

"We were so happy to share our culture with the community," said Magaway. "Next year, the dance troupe

Continued on page 19



EXPRESS PHOTOS BY CORRINE EINARSSON



Continued from page 18

is planning on showcasing a bamboo dance called tinking where dancers have to step or hop between bamboo poles slid on the ground."

Magaway offers Filipino cooking classes to the community – she said she once made 6,000 spring rolls for her daughter's graduation several years ago – through a program offered by the Arborg-Bifrost Parks and Recreation Commission. She'll be teaching a class in October. People can call the recreation commission to find out how to register.





FIRE PREVENTION WEEK



October 6-12, 2024
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Do fire blankets really work?

Fire blankets are crucial tools in fire safety kits, and it's essential to understand how to use them for effective fire prevention and management. Here's an overview of what you need to know.



HOW DO THEY WORK?

Fire blankets work on a simple yet effective principle. Made from flame-resistant materials, they work by depriving the fire of oxygen and extinguishing it. It's important to remember that fire blankets are designed for small fires only. Attempting to tackle larger fires with a blanket can be dangerous and ineffective.

Fire blankets are particularly useful for kitchen fires, where grease and oil can fuel flames rapidly. They can also be used smothering small fires involving electrical equipment or appliances.

USING A FIRE BLANKET IS EASY

When confronted with a small fire, remember the acronym PASS: Pull, Aim, Squeeze and Sweep. First, pull the fire blanket out of its packaging. Then, aim it at the base of the flames, covering them completely. Next, gently squeeze the blanket to release any trapped air, ensuring optimal smothering. Finally, sweep the blanket across the flames to extinguish them entirely.

Finally, remember to regularly inspect your fire blanket for signs of damage or wear and replace it as needed to ensure its reliability in an emergency. Ensure a fire blanket is readily accessible to protect your home and loved ones.



Ashern Fire Department

Ken Falk (Fire Chief), Andrew McPherson, Mike Kufus, Desmond DeFoort, John Bezeme, Cory Johnson, Kevin Gasper, Scott Price, Jay Ruchotzke, Thomas Michaleski, Kalder McPherson, Andrew Johnson, Korissa Gasper, Chelsea Gasper, Erin Jensen, Dylan Webster and Nicky Eiriksson

Arborg Bifrost Fire Department



EXPRESS PHOTO SUBMITTED

Back row, left to right; Russ Shaw (Deputy Chief), Eric Jonson, Jonathon Pull, Dave Peters and Jacob Weiler. Front, Jason Eilas, Jeremy Goshkie, Kristin Bartsch (Deputy Chief) and Jeff Pearce (Fire Chief). The Arborg Bifrost Fire Department invite you to their Open House Oct. 10 starting at 9:30 am at the fire hall. There will be coffee and cookies and goodie bags for the kids. There will be fire extinguisher training as well as a few live demos and information regarding fire safety. The department has recently refreshed their skills in a weekend of training with multiple scenarios covering common scenes experienced when an emergency call comes in.

Eriksdale Fire Department



EXPRESS PHOTO SUBMITTED

Eriksdale Fire Chief Randy Mason, Deputy Chiefs Brian Bottrell and Aaron Thomas along with all of the other firefighters in the department continue to train on a regular basis. In recognition of Fire Prevention Week, Eriksdale fire department's Davina Mason, firefighter and Fire Life Safety Educator will visit the local daycare as well as students up to Grade 4 on the morning of Oct. 7. In the afternoon she will visit early years students in Lundar.

Matlock Fire Department



FIRE PREVENTION WEEK



October 6-12, 2024
SMOKE ALARMS.
Make them WORK for you!

Riverton-Bifrost Fire Department



EXPRESS PHOTO BY VICKIE JOHNSON

Pictured back row, left to right; Tom Sprenger, Colin Cormack, Waylon Johannson, Bryden Johnson, Nathan Sigurdson, Travis Meiners, Neil Triska, Dylan Furgala and Dayle Neufeld. Front row, Stan Brandt (Captain), Jason Comeau (Fire Chief) and Troy D'Hont (Deputy Chief). Missing - Michael Kovacs, Mitch Johnson, Richard Lund, Wade Shewchuk and Troy Godfrey.

Fraserwood Fire Department



EXPRESS PHOTO SUBMITTED

The 2024-2025 Fraserwood Fire Department (in no order); Brad Genik (Fire Chief), Robert Spulnick (Deputy Chief), Ian Ross (Deputy Chief), Ryan Farrell (Captain), Lennie Welchinski (Captain), David Pomarenski, Joe Zaik, Rudy Singbiel, Devin Kohler, Kevin Porteous, Braxton Genik, Eugene Zalevich, Tristen Olivier, Robert Gillies, Clayton Zaik, Brandon Porteous, Dylan Porteous, Winston Capuska, Michael Melnychuk and Steven Daniels-Webb with Mr. & Mrs. Claus at the annual Pancake Breakfast that the department hosts. This fall the fire department will be going door-to-door in the community with fire prevention material, checking smoke detectors and fire extinguishers and making replacements if deemed necessary.

Gimli Fire and Rescue



EXPRESS PHOTO SUBMITTED

Back row, left to right; Garry Anderson, Garth Krulicki, Tim Banera, Jordan Einarson, Eric Sveinson, Dan Stevens, Bryan Johnson, Jaxon Johnson, Cory Jacobson, Graeme Duguid and Chris Struhan. Front, Travis Franz, Steve Kneisz, Ken Arnason, Mike Chudd, Dallas Kovacs, Matt Sandquist, Jordan King and Derek Clarke. Join Gimli Fire and Rescue for their Open House on Oct. 5 at 66 - 2nd Avenue from 11:00 am - 2:00 pm. There will be free hot dogs for everyone and the Kiwanis Mini Donut Shack will be on site! Sparky will arrive at noon, there will be a bouncy castle, a mobile burn house educational tour, a junior firefighter challenge and at 1:00 pm there will be a live Jaws of Life demonstration. Join in the fun and bring a tin for the bin.

Winnipeg Beach Fire Department



PHOTO SUBMITTED

Back Row, left to right; Trevor Pemkowski, Darren Johnson, Dave Schellenberg (Fire Chief), Andrew Good, Kurt Carlson, Carson Bennett, Randy Arnold, Julian Pona and Charissa Melnick. Front row; Montana Bochoruka, Natash Graham and Travis Taylor. Missing, Billy Huminicki. For Fire Prevention Week the Winnipeg Beach Fire Department will be doing a fire safety presentation at the school and local daycare. They will be doing a social media blitz and selling tickets for the annual Dinner and Dance that will be held on Nov. 2 as well as their 'Take a Year Off' lottery draw fundraiser. Information can be found on the Winnipeg Beach Firefighters FB page or by contacting members of the fire department.



UofM Aggies Bedpush rolls through the Interlake

By Haley Cvar

The annual Aggie Bedpush fundraiser rolled through the Interlake, including Arborg and Gimli, this past Sunday.

The University of Manitoba's Faculty of Agriculture and Food Science student organization aims to raise awareness and funds for charity. This year, the organization is supporting the STARS Foundation and Manitoba Farmer Wellness Program as its charities.

The fundraiser Interlake schedule included stops in Warren, Stonewall, Arborg, Gimli and Selkirk. The Aggie Bedpush visited 20 towns over three days.

They're raising funds through a GoFundMe page called "UofM Aggies Bedpush Fundraiser!"



EXPRESS PHOTO BY SANDRA SMITH

The UofM Aggie's annual Bedpush fundraiser rolled through Stonewall on Sunday in support of STARS and the Manitoba Farmers Wellness Program.

Goody Grace released his latest single Eveline on Sept. 16

By Katelyn Boulanger

Selkirk's Goody Grace just released his latest single Eveline, which hit the airwaves on Sept. 16. The song's title is inspired by the street in Selkirk, though the song itself speaks to a relationship and nostalgia.

"This song is the second single of my upcoming album that I just announced. It comes out Oct. 18. The album's called *A Nice Place to Visit*," said Grace.

This album is the result of a transitional time in Grace's life. He recently did some creative soul searching and says that this album is a product

of those efforts.

"It's my first independent release, and actually, on paper, my debut album. Even though I've been releasing music for so long, with the way stuff gets categorized now with EPs and mixtapes, this and that, this is technically my debut album, and it's independent, so no major label was involved. I'm putting it out through my own label and company that I just started, called Seventy Seven," said Grace.

He is a fan of all types of music, so his catalogue is very versatile; however, this song is a slower number.

He describes the album as a whole as more acoustic and very lyrics-focused with folk inspiration.

"I pretty much made the whole album just alone, and I wanted to be super focused on the lyrics. I wanted the lyrics to really stand up. I just wanted to make it as if, if I only made one album, which I'm not going to, but if I was, I would have made this," he explained.

As for Eveline, Grace said that it was one of those songs that had been kicking around in his head for years.

"It's very cinematic and nostalgic sounding, but that's what it's about. I

framed it as if it's about a girl named Eveline, but it's just about the nostalgia of me growing up and how much life's changed and whatnot. It's a nice staple song for the album that sums up what is to come," he said.

Grace said that he wanted the song to pay homage to his hometown because of the dramatic shift his life took from staying in Selkirk for his childhood then moving to Los Angeles and travelling often.

"It's just such a cool and interesting contrast of the before and after and,

Continued on page 23

> LOTTERY, FROM PG. 13

When designing their new fire truck, Schellenberg said they looked at what Winnipeg Beach will look like in 20 years when it's still being used. It can take up to five years for them to get a new truck after designing it, so time is of the essence.

"As the town expands, we need to be ready," he said. "We're seeing a lot of old cottages in Winnipeg Beach being turned into year-round houses. Houses burn faster than they used to. What's Winnipeg Beach going to look like in 20 years? We need to buy a truck now that can keep up with that in 20 years."

Currently, the Winnipeg Beach Fire Department gets two new fire suits a year. They're hoping to create a schedule like that with fire trucks in the future.

The Take-a-Year-Off Lottery draw will be on Nov. 2 at the annual Fire-

men's Ball. Everything within it is computer-generated, making all winners drawn a totally anonymous process. The draw is open to anyone over 18 in Manitoba. The grand prize winner can choose to receive their entire prize of \$52,000 at once or receive \$1,000 a week for a year with no penalty for choosing the former.

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Ribbon-cutting at new rehab space in EM Crowe Memorial Hospital

By Haley Cvar

EM Crowe Memorial Hospital staff and community members united last week to celebrate the newly created physiotherapy/rehabilitation space with a ribbon-cutting ceremony.

EM Crowe Memorial Hospital Guild members and the EM Crowe Memorial Hospital Building Fund were joined by Interlake-Eastern Regional Health Authority (IERHA) staff and the Interlake-Eastern Health Foundation (IEHF) to mark the occasion.

Karen Wood, IERHA manager of home care and allied health therapy, expressed her excitement about the impact this space will have on members of the community who utilize it. Previously, their team faced numerous challenges due to limited space, often resorting to providing rehabilitation services in hallways. However, with this new dedicated area, they are now able to cater to both inpatients and outpatients, greatly improving the overall quality of care. The benefits of this new rehab area extend beyond the hospital walls. Through a collaboration with the Ashern-Hodgson Area MyHT (My Health Team), physiotherapists and rehab assistants will offer both in-person and virtual telerehabilitation services to residents of Eriksdale and the surrounding communities.

Averill Stephenson, executive director of IEHF, ex-



EXPRESS PHOTO SUBMITTED

EM Crowe Memorial Hospital Guild and Building Fund members and IERHA staff officially opened the new physio/rehabilitation space at a ribbon-cutting ceremony.

pressed gratitude for the ongoing support from the EM Crowe Memorial Hospital Guild and the EM Crowe Memorial Hospital Building Fund.

She shared how both groups have been steadfast champions for the hospital, the personal care home

and primary health centre. She said their unwavering support and generous contributions have had a profound impact on the community, and this new rehab space will further aid in the recovery and healing process for many individuals.

> FACULTY MEMBERS, FROM PG. 11

Dr. Derrick M. Nault, Assistant Professor, Indigenous Studies

Dr. Derrick M. Nault is a Red River Métis citizen with a PhD in history from Queen's University, as well as an MA and BA in history from the University of Manitoba. He has published widely on topics ranging from international human rights to Métis history. Dr. Nault has held teaching positions at numerous institutions, including Taejae University in Seoul, Seoul National University, the University of Tokyo, Algoma University and the University of Calgary. While at the University of Tokyo, he was awarded a prestigious multi-year JSPS grant-in-aid (Category 'C'), the Japanese equivalent of Canada's SSHRC. In addition to his academic work, Dr. Nault has contributed to two upcoming episodes of Michif Koonteur, a Métis podcast, and a documentary in progress called *We and Us*, which focuses on

the descendants of participants in the Red River Resistance. He has also shared his expertise on Métis history in interviews with the Manitoba Historical Society, St. Vital Historical Society and the *Winnipeg Free Press*.

This hiring initiative builds upon UWinnipeg's ongoing commitment to the Truth and Reconciliation Commission of Canada's calls to action, which includes three new Indigenous languages certificate programs launched in 2022 and the Indigenous Course Requirement introduced in 2016. Human Resources worked with each new hire to substantiate Indigenous identity prior to commencement.

The Indigenous cluster hire process opened with ceremony, and it will also close with ceremony; in the coming weeks, a feast will be held to welcome the eight new faculty members.

> GOODY GRACE, FROM PG. 22

also, just like the double life I almost live," he said.

Mayor of Selkirk Larry Johannson is a friend of Grace's and a fan of his music

"I love [the new song]. It's a different realm from some of the other music," said Johannson.

Just because this song is out doesn't mean that Grace is taking a break. He'll be releasing his first album in less than a month's time.

"It'll be out everywhere streaming. I'm really excited. Aside from a couple of songs that I've written just with friends — I have the singer of Lumineers on the album and a couple of other songs that I wrote just with friends of mine — but mostly the album was just written and produced by me alone, and that was the best way for me to make it. I couldn't really tap into those emotions and what I was trying to do if I wasn't in that headspace, and I'm really excited for the world to hear it and for me to take

it on tour," said Grace.

Speaking of touring, Grace won't be slowing down on that front either.

"The album comes out Oct. 18, and then on Oct. 24, I start a world tour, opening up for one of my best friends and constant collaborator — we've been working together for years — the artist G-Eazy. So that's going to be really fun," he said.

The tour starts on Oct. 24 and will continue for a few months before a break for the holidays picking up again in 2025. Stops will include places all over the U.S., Europe and Australia. Specific details will be posted online on Grace's social media.

"I'll probably go straight from that tour to my own headline tour and hopefully play Canada in that," he said.

Grace encourages anyone interested to give Eveline a listen.

"Eveline is based on a street here, so that should be one reason to listen. But I think that, for that song and the whole album, I think that it's a perfect time of the year because it's fall, and the music's very fall-like. I just think that everyone, no matter what type of music they're into, I think that there's something for everybody in there, and I hope that they can relate to it, and it makes them feel something," said Grace.

Residents can listen to the new song and, when it's released, the upcoming album on YouTube or any other music streaming service.

Take care of details so they don't have to. **Just ask Ken.**

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INSIDE > OUTSIDE > UPSIDE DOWN

Lotts to celebrate at Aspen Park party for world champ curlers

By Patricia Barrett

Residents of Aspen Park just west of Gimli threw a party a few weeks ago to help celebrate the world-class curling accomplishments of local curlers Kadriana and Colton Lott.

The residents held a soiree on Sept. 20 that included speeches recognizing the couple's multiple championship wins, food and beverages and floor curling.

"The event went off well with a full house attending," said Cathy Danyluk.

Kadriana grew up in Aspen Park and Colton is from Winnipeg Beach. In 2011, when Colton was 16, he curled in the Canada Winter Games and won a bronze medal. In addition to playing mixed doubles with Colton, Kadriana plays second on Nancy Martin's curling team.

The Lotts were the Manitoba mixed doubles champions in 2018, 2023 and 2024, gold medalists in the 2024 Canadian mixed doubles, silver medalists in the 2021 Canadian mixed doubles, World Cup gold medalists in 2019, bronze medalists in the 2019 Canadian mixed doubles and silver medalists in 2018 Canadian mixed doubles.

In December, the Lotts will be playing at a mixed doubles classic in Canmore and Banff.

The Lotts also qualified for the Canadian mixed doubles curling trials for the Olympics and will be playing in Liverpool, N.S., from Dec. 30 to Jan. 4, 2025.



An Aspen Park resident spoke about the Lotts' successes.



Kadriana and Colton Lott



EXPRESS PHOTOS BY JAYE FEENER

Aspen Park residents threw a party for Kadriana and Colton Lott.



Storm FC fall short in MMSL semi-finals

By Kieran Reimer

Storm FC's bid for a Manitoba Major Soccer League Championship has ended.

On Tuesday night, Storm FC were edged out by Akal FC by a score of 2-1 in the Division 5 semi-finals at Ralph Cantafio Soccer Complex.

Goals from Akal's Sukhpreet Ghatoure and Karanpreet Singh were the difference makers in the one-goal game, as Carlos Barkman scored the lone goal for the Storm.

Akal advanced to take on Borderless Ballers FC in the Div. 5 championship with the win.

For Storm FC, they fell one game short of an improbable championship appearance after squeaking into the playoffs two weeks ago.

The Storm qualified for the sixth and final playoff spot after a late winning streak at the end of the regular season, which came down to their final match.

After qualifying for the play-in

round, Storm had to do things the hard way by needing to win out in the playoffs.

Last week, Storm upset third-ranked BFR AC 1-nil to advance to the semi-final.

Having to play against the league's best on Tuesday, Storm FC ran out of steam in the semi-finals after winning five of their previous six matches.

"Always disappointing having your season end, especially in a game that was winnable so close to the fi-

nals," said Storm FC's Kai Friesen. "We aren't leaving our outdoor season with a sour taste in our mouths, though. We won lots of important games going into the postseason and can feel really good heading into indoor and start dreaming about what our team will look like next year."

Their season ends as they finish with an 8-9-3 record and a top four finish.

The indoor MMSL season begins in mid-November.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

CRJHL expanding to seven teams, home openers released

By Kieran Reimer

The Capital Region Junior Hockey League is expanding to seven teams for the 2024-25 season.

Entering the fold are the La Broquerie Habs after being approved by the CRJHL on June 11, 2024.

The Habs will play their home games out of Hylife Centre in La Broquerie, making them the second CRJHL club located south of Winnipeg.

The Habs join the Junior B classified league that includes the Arborg Ice Dawgs, Beausejour Comets, Lundar Falcons, North Winnipeg Satelites, Selkirk Fishermen and the 2023-24 champion St. Malo Warriors who all competed in the six-team league last season.

Each team will play a total of 30 games (15 home, 15 away) in the regular season from Sept. 27, 2024, to Feb. 16, 2025.

Friday was opening night in the 2024-25 Capital Region Junior Hockey League season. Six of the CRJHL's seven teams were in play, with three

games going north of Winnipeg.

The Selkirk Fishermen, Lundar Falcons, and Beausejour Comets all had victories in their home openers, improving to 1-0. As for the North Winnipeg Satelites, Arborg Ice Dawgs and St. Malo Warriors, they all drop to 0-1 on the season after losing their season openers on the road, the La Broquerie Habs had the night off.

The 2024-25 CRJHL season began with the Fishermen taking on the Satelites at Selkirk Recreation Complex. Fishermen forward Logan Saluk scored the first goal of the season with an unassisted marker ten minutes into the first period. Saluk led the scoring in the game with two goals and an assist, while Gaven Berry and Carter Courchene had the other two goals for the Fishermen. In net, Jordan Armstrong stopped 28 of 31 as the Fishermen went on to win 4-3.

Friday's second game occurred between the Falcons and Ice Dawgs at Lundar Arena. Falcons forward Cayden St. Laurent had two goals in

the game, Joel MacMillan had a goal and an assist, while Kennedy Kerr stopped 32 of 34 in a 6-2 win.

The final game of opening night saw the Comets defeat the reigning champion Warriors 5-1 at Sun Gro Centre. Comets goaltender Dylan Liske stopped 33 of 34 while Braden Clarke scored twice to lift the Comets to victory.

Opening night saw 21 goals and 216 penalty minutes over the three games.

The Fishermen hosted La Broquerie Sunday afternoon falling 1-0.

On Sunday afternoon, the Beausejour Comets travelled to Lundar for Game 2 of regular season. Lundar won 5-2.

Lundar Falcons

Sept. 27 vs Arborg Ice Dawgs at 8 p.m. at Lundar Arena

Beausejour Comets

Sept. 27 vs St. Malo Warriors at 8 p.m. at Sun Gro Centre

North Winnipeg Satelites

Oct. 1 vs Arborg Ice Dawgs at 8 p.m. at Billy Mosienko Arena

Arborg Ice Dawgs

Oct. 4 vs St. Malo Warriors at 8 p.m. at Arborg & District Arena

St. Malo Warriors

Oct. 11 vs North Winnipeg Satelites at 8 p.m. at St. Malo Arena

La Broquerie Habs

Oct. 11 vs Beausejour Comets at 8 p.m. at Hylife Centre

HOME OPENERS FOR EACH TEAM:

Selkirk Fishermen

Sept. 27 vs North Winnipeg Satelites at 7:30 p.m. at Selkirk Recreation Complex

Thunder teams looking for positives outcome

By Kieran Reimer

Fresh off their first win in two seasons last week, The Cruncher Thunder could not make it two in a row on Saturday afternoon.

The Thunder lost 24-0 to the North Winnipeg Nomads at Stonewall Collegiate Field to take their record to 1-5.

"The boys struggled," said head coach Kyle Kauk. "We couldn't get much going on offence. We did, however, have a strong showing on defence and held them to four touchdowns, including two interceptions."

The Thunder are scheduled to play on Sunday, Oct. 6 against the Fort Garry Lions at North Winnipeg No-

mads Field.

Kick-off will go at 12:30 p.m.

PEEWEE

It's hard to pick out the positives in a 30-0 loss.

It's even harder when that loss brings your team to 0-6 to finish the season.

The Thunder finished winless this season after losing 30-0 to the North Winnipeg Nomads in their regular season finale.

The game was a tale of two teams heading in opposite directions, one being the Nomads improving the 5-1

to tie for first in the division, the other one being a young Thunder squad facing a winless season coming to an end before October.

It was a tough season on the scoreboard, though it's not completely unexpected with how young this Pee-wee Thunder team was.

Head coach Jared Boville brought that fact up numerous times throughout the season, as well as it being the first season playing football for some.

Their best game of the season came last week against the St. Vital Mustangs when they put up three touchdowns and limited the Mustangs in their closest game of the season.

That kind of effort is what the Thunder will hope to see more of next season as over half the team is eligible to return.

VARSITY

A bye week for the Varsity Thunder meant time to heal after last week's loss to the St. Vital Mustangs.

The Thunder, 1-1, practice twice more this week before Sunday afternoon football in Stonewall on Oct. 8.

The Thunder will take on the 0-2 Falcons Football Club at Stonewall Collegiate Field.

Kick-off will go at 2 p.m.

U18 AAA Female Lightning continue preseason in Portage

By Kieran Reimer

The U18 AAA Female Interlake Lightning went 1-1-2 at the Central Plains Preseason Showcase in Portage la Prairie last weekend.

The Lightning opened the tournament on Friday with a 2-2 tie against the Westman Wildcats at

Stride Place.

On Saturday, they went 0-1-1, losing their first game 3-0 to the Brandon Wheat Kings and tying the second 4-4 with the Pilot Mound Buffaloes.

On Sunday, the Lightning wrapped up the tournament with

their first preseason win, defeating the host Capitals 4-1.

Lightning rookie Blake Darragh buried a loose puck in front of the Capitals net in the win for her first U18 Lightning goal.

Chloe Minkus led the Lightning in scoring at the tournament with two

goals and three assists.

The Lightning now awaits the MFHL U18 AAA regular season that begins Saturday, Oct. 5.

The Lightning will take on the Yellowhead Chiefs at 7:30 p.m. in Shoal Lake in the opener.

get inspired

> MEAL IDEAS



Creamy Pumpkin Soup with Mini Pierogies

1/4 teaspoon nutmeg
1/8 teaspoon cinnamon
2 tablespoons heavy cream
fresh thyme, to taste
1 box Mini 4 Cheese Medley Mrs. T's Pierogies

Slice shallot, peel and cube apple and crush garlic.

In pot over medium-low heat, add drizzle of olive oil and saute shallots, garlic and apple 20 minutes, covered.

Let mixture slightly cool then add to blender with 1/2 cup broth and blend until fully combined.

In pot, add pumpkin puree; blended shallot mixture; maple syrup; salt, to taste; pepper, to taste; nutmeg; cinnamon; remaining broth; heavy cream; and thyme, to taste. Bring to low boil then add frozen pierogies. Boil 3 minutes.

Prep time: 5 minutes
Total time: 40 minutes
Servings: 4
1 large shallot
1 large Honeycrisp apple (or 1 1/2 cups)
5 garlic cloves
olive oil
2 cups low-sodium chicken or vegetable broth, divided
2 cups canned pumpkin puree
2 teaspoons maple syrup
pepper, to taste
salt, to taste



Marinated Teriyaki Steak with Teriyaki Noodle Salad

and cook hot or cold kit according to instructions on bag.

Add steak back to pan and stir to incorporate.

\Garnish with toppings from hot or cold kit and serve.

Prep time: 1 hour
Cook time: 24 minutes
Servings: 4
1/2 cup dark soy sauce
1/2 cup brown sugar
1 tablespoon Sriracha sauce
1/2 cup unsalted chicken stock
1 pound flank steak
1 tablespoon sesame oil
1 bag (16.9 ounces) Fresh Express Hot or Cold Teriyaki Salad and Noodle Meal Kit

In saucepan, add soy sauce, brown sugar, Sriracha sauce and chicken stock; bring to simmer while whisking. Simmer 4 minutes.

Cool mixture down until cool to touch, about 20 minutes.

Slice steak into thin strips and place in bowl. Pour marinade over steak and marinate for 1 hour.

In large pan over medium-high heat, stir-fry steak 2 minutes.

Remove steak from pan and allow to rest.

In same pan used for steak, add oil

Teriyaki Tofu Bowls



Expert patient here to help!



Susie Schwartz

By Susie Schwartz

I thought it couldn't happen. I thought I had been through enough that my 'expertise' meant my rules didn't apply. I was wrong. Tip for today?

Take someone with you.

I know, I've said this many times before. 'Take someone to your appointments' has been my most given piece of advice. And yet, I didn't.

I'd had my first mammogram (welcome to 50!), and I got a letter saying I needed more tests.

"You'll need more mammograms, maybe an ultrasound, and maybe even a biopsy," they said. Don (my husband) couldn't take me since he, too, had a doctor's appointment that day. "Do you want me to come with you?" my friend Nic asked. "Nah. I'll be fine. They'll either give me good news or I'll have a biopsy and won't get the results that day, anyway."

As I sat in the inner waiting room after the mammograms and ultrasound, waiting my turn for a biopsy, I sat and listened to two friends talk, one there to support the other. After hearing the 'careful cancer language' of the excellent nurses and

techs who explained what they were doing and why, I felt catapulted into a new ecosystem – an alternative universe. Was I on a cancer journey? My blue gown tucked around me, I shivered as I watched those women and thought, I feel so alone.

Shocked by this feeling, I remembered Nic's offer. Why had I been too independent and proud to take her up on her offer?

Usually, I preach taking someone with you to your appointments so they can help digest information, ask good questions, and be your brain when anything other than the need for antibiotics or antihistamines is discussed.

But there is an equally good second reason to take someone: support. How comforting it would have been to have Nic sitting there each time I returned to the inner waiting room before the next test. She could've helped me process and regaled me with funny stories of Stanley, her hilarious Tibetan Terrier floof. What a glorious distraction from squashed boobs, anticipated needles, and 'careful cancer language' that would've been.

The biopsy came back fine, and we'll just have to do regular mammograms to keep an eye on it, so I'm thankful. But, lesson learned. (Surely this time, right?!?) Being a hero is pointless unless you get a Marvel movie deal. (Deadpool and Wolverine, anyone?)

Next time, I'll take the support. Will you?

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on Instagram @medicalmiss_stress, and at www.lesshealthstress.com. (Email: info@lesshealthstress.com) If you like her writing, find more on her Substack page: *The Quest For Less Health Stress*

Prep time: 20 minutes
Cook time: 10 minutes
Servings: 4
1 tablespoon rice wine vinegar
2 tablespoons dark soy sauce
1 tablespoon honey
1 teaspoon fresh grated ginger
1 tablespoon minced garlic
2 teaspoons white pepper
2 teaspoons Chinese five-spice
1/3 cup neutral oil
1 package (16 ounces) extra-firm tofu, cut into 1/2-inch pieces
1 bag (16.9 ounces) Fresh Express Teriyaki Hot or Cold Salad and Noodle Meal Kit
In bowl, whisk vinegar, dark soy sauce, honey, ginger, garlic, white pepper and Chinese five-spice until com-

bined.
Slowly pour oil into mixture while whisking vigorously. Place cut tofu in mixture and allow to sit 15 minutes.
Bring large saute pan to medium-high heat and place tofu in, turning when crust forms.
When tofu is finished, set aside and prepare hot or cold salad and noodle meal kit.
Serve with tofu on top of hot or cold salad and noodle meal kit.

Do you have a Health or Wellness Business?
Call 204-467-5836 to advertise

Classifieds

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SCRAP METAL

Buyer for all farm-yard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

PROPERTY FOR SALE

For sale - 17.14 acres with treed yard site with 24x40 fully wired shop with heated floor and washroom; also, 36x44 truck shop with 3 doors, fully wired with 200 AMP service; approx. 15 acres is pasture with heated drinker; property has hydro service, 4 year old well & septic field. Ready for mobile home, RTM or build on site. Located 9 miles NW of Riverton. Call or text 204-642-2249.

FARM PRODUCE

Red Yellow Russet potatoes, onions, carrots, cabbage, beets, honey, parsnips, sunflower & song bird seed. Wildlife feed and rolled corn, oats & wheat. Phone 204-886-2676, Interlake Potato Farms, Teulon, MB. Closed Sunday & Monday.

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

HAY FOR SALE

Round hucore bales, 1st & 2nd cut, alfalfa & brome grass. Call 204-461-0722.

STRAW FOR SALE

Flax straw for sale near Stonewall. \$3.50/bale. Call/text Dean anytime after October 6th at 204-461-0870.

MISCELLANEOUS

New Power Physics can help you with any kind of problem. Problems with your family, with your job or if you are going to jail, we can help you. Call for appointment. Winnipeg Beach 204-389-3449.

UPCOMING EVENTS

Fall Market - New Location. We moved to Selkirk Friendship Centre, 425 Eveline St., Sat., Oct. 5, 10-3. 35+ vendors, get a door prize entry form with monetary donation to Big Hearts Xmas Hampers.

FLIGHT ACADEMY

Want to learn how to fly? LS Airways Flight Academy is the most affordable in Canada. Recreational, private and commercial certificates. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

WANTED

Coins, Coin Collection, Old Jewelry,

Cash paid for silver coins, gold coins, rare coins, old coins & paper \$, Olympic coins, Royal Canadian Mint Coins, Franklin Mint, US Mint etc, unwanted jewelry, old Rolex & Omega watches, nuggets, sterling silver, Bullion, all Gold & Silver!

Wanted:

USA, Canada, World Coin Sets & Coin Collections.

Will buy entire collections & accumulations!

**Todd
306-774-2420**

THE RURAL MUNICIPALITY OF ARMSTRONG REQUEST FOR TENDER ROAD GRADING & SNOW PLOWING

The Council of the Rural Municipality of Armstrong is accepting proposals for road grading and snow plowing of municipal roads in the RM of Armstrong for both Area 1 (North half) and Area 2 (South half). Bids can be for one of the areas or both. Each area will require a minimum of two (2) graders to complete the area in a timely manner.

Contract will be for three (3) years to commence on November 1, 2024, and end on October 31, 2027.

Bid forms and Contract details including maps of the areas to be done may be obtained at the RM of Armstrong Office or found on our website.

The lowest or any bid not necessarily accepted. Contractor must be in good standings with the RM of Armstrong to be considered.

Proposal Close: 4:30 PM, Friday, October 11th, 2024.

Nancy Howell, Interim CAO
RM of Armstrong
1094 PTH 17
Box 69, Inwood, MB R0C 1P0
cao@rmofarmstrong.com
Phone: 1-204-278-3377



NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF GIMLI

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 30th day of October, 2024, at the hour of 02:00 PM, at Rural Municipality of Gimli, 62 - 2nd Avenue, Gimli, MB, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
224474	LOT 11 BLOCK 3 PLAN 20394 WLTO EXC ALL MINES AND MINERALS IN FRAC NW 1/4 21-20-4 EPM - 50 LAKE FOREST DR	L -\$33,400	\$9,522.84
233600	LOT 11 BLOCK 2 PLAN 51596 WLTO SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN IN SW 1/4 33-20-4 EPM - 26 LINDEN LANE	L -\$27,200	\$2,906.01
233601	LOT 12 BLOCK 2 PLAN 51596 WLTO SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN IN SW 1/4 33-20-4 EPM - 20 LINDEN LANE	L -\$27,200	\$2,906.01
233602	LOT 13 BLOCK 2 PLAN 51596 WLTO SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN IN SW 1/4 33-20-4 EPM - 12 LINDEN LANE	L -\$27,200	\$2,096.01
259900	SP LOT 2 PLAN 19479 WLTO SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN IN SE 1/4 17-21-4 EPM - 19160 ARNES RD	L -\$16,700 B -\$135,300	\$26,763.13

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the RURAL MUNICIPALITY OF GIMLI as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$500.85 (\$477 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 11th day of September, 2024.

Managed by:



Kelly Cosgrove
Chief Administrative Officer
RURAL MUNICIPALITY OF GIMLI
Phone: (204) 642-6650
Fax: (204) 642-6660



Rural Municipality of
FISHER

Box 280, Fisher Branch, MB, R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

The Local Urban District of Fisher Branch SNOW CLEARING SIDEWALKS

The Local Urban District of Fisher Branch is inviting proposals for snow clearing sidewalks within the village of Fisher Branch.

Snowblower is required.

Equipment must be available upon request.

Lowest bid may not necessarily be accepted.

Sealed envelope to be marked "Snow Clearing Sidewalks"

For further information, call the RM of Fisher Office at (204) 372-6393.

Deadline for proposals is 4:00 p.m. October 4, 2024.

Tenders to be dropped off at:

Local Urban District of Fisher Branch
c/o RM of Fisher
30 Tache Street, Fisher Branch, Manitoba



25 YEARS

Westshore
COMMUNITY FOUNDATION INC

Administrative Coordinator (Part-time, 6-month Term)

The Westshore Community Foundation, a charitable organization serving not-for-profit groups in the Gimli, Riverton, Fraserwood, Winnipeg Beach and Dunnotar areas, is seeking an Administrative Coordinator, responsible for the day-to-day operation of the Westshore office, located in Gimli and will report directly to the Westshore Board of Directors.

Working 20 - 30 hours per week, the Administrative Coordinator will be responsible for the day-to-day operation of the Westshore office. Duties will include, but are not limited to, support of the Board of Directors, including preparation of Agendas, recording minutes of meetings, assisting with event planning and execution. Also Donor and volunteer support, responding to telephone or email inquiries, updating files and maintaining financial records, preparing monthly reports and general administration support.

Qualifications and Experience

- Proficiency with QuickBooks and Microsoft programs required, including Word, Excel and Outlook.
- Experience with working with the public, maintaining filing systems, ability to create and interpret financial statements. Effective written and verbal communication skills, strong interpersonal skills with organizational skills.
- Able to work independently and prioritize tasks.
- Experience working with a Board of Directors and coordinating volunteers would be an asset.

As a Foundation committed to equity and accessibility, we encourage members of equity-seeking communities, including racialized minorities and Indigenous persons, persons with disabilities and persons of all sexual orientations and gender identifies/expressions to apply.

To apply, please forward your Resume to admin@wcf-foundation.ca no later than October 9, 2024. All applications are appreciated, however, only those selected for further consideration will be contacted.



**NOTICE OF PUBLIC AUCTION
SALE OF LANDS FOR ARREARS OF TAXES
VILLAGE OF DUNNOTAR**

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **28th day of October, 2024**, at the hour of **9:00 AM**, at Village of Dunnottar, 44 Whytewold Road, Matlock, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
121200	FIRSTLY: N 1/2 OF W 1/2 OF LOT 1 BLOCK 'B' PLAN 791 WLTO EXC OUT OF SAID FIRSTLY SLY 10 FEET IN E 1/2 22-17-4 EPM SECONDLY: NLY 90 FEET OF E 1/2 OF LOT 1 BLOCK 'B' PLAN 791 IN SAID E 1/2 22-17-4 EPM - 272 GIMLI RD	L -\$30,900 B -\$89,500	\$7,738.71

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the Village of Dunnottar as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$500.85 (\$477 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 12th day of September, 2024.

Managed by:



Sarah Palson
Chief Administrative Officer
Village of Dunnottar
Phone: (204) 389-4962
Fax: (204) 389-4966

MORTGAGE SALE ADVERTISEMENT

The land and building known as 7 North 8th Avenue, Gimli, Winnipeg, Manitoba as described in Certificate of Title No. 2149897/1 will be sold at auction on Wednesday, the 6th day of November, 2024, at 11:00 a.m. The auction sale will be held by way of video or teleconference. There will be no in-person attendees at the auction.

In order to participate in the auction sale, you must pre-register at least 24 hours prior to the auction by contacting Sonia at 204-957-6437 or by email at sruppel@ltglc.ca.

The Vendor is informed that there is situated on the property a seasonal single-family cottage of approximately 1,092 square feet with a single detached garage. The Vendor does not have further information on the property.

TERMS: Deposit of \$33,600.00 by certified cheque, bank/credit union draft or solicitor's trust cheque to Levene Tadman Golub Law Corporation, or cash (the cash component of the deposit not to exceed \$7,500.00) to be provided within 24 hours of the date and time of auction and the balance in accordance with the conditions to be announced at sale.

The Property is sold subject to a RESERVE BID of \$180,742.34 plus such other additional and incidental costs which may be incurred by the Lender from the 26th day of September, 2024 to the date of auction and which costs will be announced prior to the commencement of the Sale.

Property Taxes are paid to December 31, 2023.

Purchaser to be responsible for payment of any outstanding water accounts owing by the Mortgagor.

Property is subject to Nil.

The auction sale will be conducted pursuant to an Order for Sale issued by the District Registrar. Certain parties may be prohibited from purchasing the property, including but not limited to, parties who by virtue of their employment or relationship to a person involved in the sale process would have special knowledge of the circumstances pertaining to the sale. For more information and a list of prohibited purchasers please visit: www.teranetmanitoba.ca

Further information and copies of Conditions of Sale may be obtained from:

LEVEVE TADMAN GOLUB LAW CORPORATION
Barristers & Solicitors
700 - 330 St. Mary Avenue
Winnipeg, MB, R3C 3Z5
Attention: Mara Koven-Lapointe/Sonia
File No. 125793
Phone No. 204-957-6437

**Classifieds
Announcements**



Book Your Classified Ad Today - Call 204-467-5836

WANTED

Wanted old advertising: dealership signs, service station, gas pumps, globes, oil cans, Red Indian, White Rose, Buffalo, Husky, Ford, GM, Dodge, tire signs, Coke, Pepsi etc. Call 306- 221-5908.

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

NOTICES

NOTICES SELLING A HOUSE OR BUSINESS? NEED STAFF? Let us help you with that! NOW is the time to advertise. Have your blanket classified ads seen in the 31 Member Newspapers which are seen in over 368,000+ homes in Manitoba. Now booking advertising for the remainder of 2024. Plan your success! Please call 204-467-5836 or MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com



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WORKS!**

- GET SEEN by over 360,000 Manitoba Homes!
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- We format it, to make it look great!
- Starting at \$239.00 (includes 35 lines of space)
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- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at **204.947.1691** or email classified@mcna.com

www.mcna.com

FINANCIAL SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firstand-secondmortgages.ca

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkbranch@mymts.net

SNOW REMOVAL TENDER

Ukrainian Farmers Co-operative Ltd.



Ukrainian Farmers Co-op in Fisher Branch is accepting tenders for snow clearing.

- Contract is from November 2024 to March 2025
 - Snow to be stored on site
 - Must provide proof of 3 million Liability Insurance
 - Front 1/2 of lot must be cleared before 8:00 am
- For more information or if you have any questions, please contact Sandra Lappage at 204-372-6202.
Tenders can be emailed to sandra.lappage@ukfarmerscoop.com or dropped of in a sealed envelope at our Customer Service counter.
Lowest tender not necessarily accepted.
Deadline for tenders is 5:00pm, October 24th, 2024.



**NOTICE OF PUBLIC AUCTION
SALE OF LANDS FOR ARREARS OF TAXES
MUNICIPALITY OF BIFROST-RIVERTON**

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **23rd day of October, 2024**, at the hour of **10:00 AM**, at 329 River Road, Arborg, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
166100	ALL THOSE PORTIONS OF LEGAL SUBDIVISIONS 9 AND 16 OF SECTION 8-23-4 EPM WHICH LIE TO THE WEST OF THE WESTERN LIMIT OF PUBLIC ROAD PLAN 3185 WLTO SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN - 133128 ROAD20E	L -\$51,000 B -\$140,100	\$8,584.51
410800	S 1/2 OF LOT 3 PLAN 2799 WLTO EXC. GREENWOOD AVE. PLAN 15218 WLTO IN LOT 5 WEST, OF 20-23-4 EPM. - 87 REGGIE LEACH DR., RIVERTON	L -\$7,000 B -\$119,400	\$6,104.86
411700	N 1/2 OF LOT 10 PLAN 2799 WLTO IN LOT 5 WEST OF SECTION 20-23-4 EPM - 129 FORD ST., RIVERTON	L -\$6,100 B -\$98,900	\$6,571.16
419600	LOT 11 PLAN 4961 WLTO IN RL 5 AND 6-23-4 EPM - 148 WILLIAM AVE., RIVERTON	L -\$6,600 B -\$19,700	\$3,713.83
437060	PARCEL 5 PLAN 10040 WLTO IN RL 6 WEST OF ICELANDIC RIVER IN 23-4 EPM - 190 PARK AVE., RIVERTON	L -\$9,500 B -\$139,500	\$8,085.25

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the Municipality of Bifrost-Riverton as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$500.85 (\$477 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 17th day of September, 2024.

Managed by:



Larissa Love
Chief Administrative Officer
Municipality of Bifrost-Riverton
Phone: (204) 376-2391
Fax: (204) 376-2742

Eddie's Gravel Supply Ltd. is Hiring

**CLASS 1 END
DUMP DRIVERS
EXPERIENCE REQUIRED**

Must have a valid license
Competitive wages • Mechanically inclined
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204-389-2023
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102086 Hwy #9, Wpg Beach, MB

Classifieds Announcements



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BRIDAL SHOWER



Please join us for the Bridal Shower of Darcie Stanowski
Bride-elect of Eldon Sinclair
on October 5th at 1 p.m. at
The Arborg Community Hall
Registry at Arborg Home Hardware
and myregistry.com

They will also graciously accept gift cards for Amazon, Canadian Tire & Home Hardware
Donations at
Arborg Co-op Grocery and Home Hardware

Remember Your Loved Ones with an Announcement in the



Call 204-467-5836

OBITUARY



Jacob Dern

October 11, 1941 - September 14, 2024

It is with profound sadness that the family of Jacob announces his passing, after a courageous battle with cancer, at the Fisher Personal Care Home.

He will be forever loved and sadly missed by his children: Kristine, Doreen, Wayne and Michael, and by his precious granddaughters Kristin and Kara. He will also be missed by: his sister Eva Sohan, sisters-in-law: Sigrun King, Margaret Durrant, Emily Paulson, and Denise Dern, numerous nieces and nephews, and many friends.

He was predeceased by his loving wife Sylvia, parents Michael and Stella, sister Emily, brothers Karl, Edward, and Lawrence.

Jake was raised and worked hard to develop the family farm west of Arborg. He graduated from the Arborg Collegiate and in his early 20's ventured off to Oshawa for work. After a short period

of time he returned due to missing Manitoba, Arborg, and his girl, Sylvia. He started working for Johnson & Son's in Arborg and at Johnson's Seeds. As with Sylvia's experience there; coworkers became friends, and friends became family. Jake and Sylvia bought their own family farm in 1964, and married August 7, 1965. Here they raised their family, built a new house, and lived their entire lives. Jake had the odd job off the farm; usually involving mechanics and machinery. He worked his fields, raised pigs and cattle, made hay, hauled bales, and dried grain. He always worked hard. In his mid 70's he rented out the land and started his new work. Him and his brother purchased a sawmill and started milling lumber. He would go and fell trees, hauling them through the bush back to the mill. He could fix anything with a motor, and everything without. Many friends and neighbors called for help, information, repairs, or parts. Over the phone he could diagnose a problem, and advise on the plan for repair. If the part couldn't be found in town, Jake usually had one...or two. If the part wasn't available anymore, Jake could modify one. One of Jake's many loves was music. He was a self-taught fiddle player and played in bands in high school, with Sylvia prior to starting a family, and later in the mid 80's. The band they formed was the Rhythm Rangers who played at the Arborg Legion. He enjoyed gardening and being able to use his own vegetables in homemade soups like Borscht and Burnt Onion soup. He loved and was very proud of his children and granddaughters. He spent many hours feeding cows with his granddaughter Kristin on his knee. Unfortunately, by the time Kara was old enough to drive the tractor, the cattle were no longer in the same yard. Instead, there were wild quad rides out to the garden and through the bush trail. He would instigate carrot and vegetable growing rivalries between Kara and her Amma. He enjoyed hunting martians (mushrooms), and picking saskatoons and blueberries with his sister Eva. He enjoyed visiting with his many friends over coffee, and spending great deals of time on the phone discussing anything. Many times, poor Amma was blamed for the busy signal that occurred. TV watching was uncommon, but in his early years, time was spent with the family watching wrestling and sometimes a hockey game. Jake took to new technology, communicating and skyping family in the Ukraine. He traveled there with his sister, and planned to go again with his kids and granddaughters, but time ran out. The family would like to thank: Brian, Wanda, and Ivan and Susan who helped him travel to his many appointments, the staff at Gimli Hospital for care provided during his many visits, his homecare workers, and the staff at Eriksdale Hospital where he stayed briefly. Jake was always very grateful to those who provided him care during his illness, and those who came to visit him. We would also like to thank all the staff at the Fisher Personal Care Home who made his final weeks comfortable, in such a kind and respectful manner. Thank you to Gilbert for arranging the excursion for residents to visit our farm and the horses. Jake was able to see home one last time. The kindness of the staff at Fisher was amazing, and we were glad that you were able to experience his quiet sense of humor during such a trying time.

A memorial service will be held on October 5th at the Silver Community Hall at 2:00 p.m.

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OBITUARY



Edward Petrowski (Piotrowski)

Peacefully, on September 26th, 2024 at the Gimli Betel Home, Edward Petrowski, aged 97 years passed away.

Edward was born on November 5, 1926 in Poland and came to Canada when he was three years old. He lived all his life in Gimli. He is one of eight siblings, four brothers and three sisters. He had a grade seven education and worked for the government for 35 years, starting by chopping and clearing land where the airport stands today. Edward got on as a fireman to keep the boilers always burning as this heat warmed the buildings.

He met Rose Yourchenko in 1958 while in a wedding party. They married one year later, on September 5, 1960. He was a father to two sons and two daughters: Edward Jr. (Cyndy), Brent (Patty), Kimberley (Ken) and Melissa (Jeff). Ed had three grandchildren, Anita, Darren, and Christina, seven great-grandchildren: Landon,

Mason, Emmerson, Bria, Ruby, Oaklyn and Wren.

All his special friends are all gone.

He was very proud of being a farmer and an avid gardener. His hobby was reading until his eyesight gave out. He enjoyed transplanting and watering his flowers and garden. Loved eating Chinese food, it was his favorite. His favorite music was western.

Predeceased by his parents; two brothers, John and Edwin and two sisters Donna and Emily.

In keeping with his wishes, cremation has taken place and no formal service will be held.

Tributes: www.gilbartfuneralhome.com

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OBITUARY



Lawrence Grabowiecki
October 10, 1935
– September 6, 2024

Lawrence Grabowiecki's
favorite quote:

"Life's journey is not to arrive at the grave safely in a well-preserved body, but rather to skid in sideways, totally worn out, shouting, my goodness, what a ride!"

It is with profound sadness that we share the passing of Lawrence Grabowiecki on September 6, 2024, who left us

unexpectedly due to a heart illness that he kept private. We never saw this coming and certainly never thought this would happen to him. Dad was an amazing husband, father, grandfather, brother, and partner. His sense of humor and laughter lit up a room while his warmth and kindness left a lasting impression on anyone he met.

Dad was born on October 10, 1935 at the family homestead in Sandy Hook, Manitoba, the second child of John and Jenny Grabowiecki. Growing up in a hard-working family, Dad's father, John, ran a construction company, while his mother tended a large garden and worked at the Johnson Memorial Hospital in Gimli. As a child, Dad often joined Jenny in selling vegetables by horse and buggy, a memory he cherished. During Manitoba's cold winters, Dad, his dog Oscar and his friends played road hockey, using frozen cow dung as a puck—a story he loved to retell, especially with his best friend Lornie Bohonos.

By the 1950s, Dad was ready for adventure. He bought his first Harley Davidson motorcycle he rode to Edmonton, Alberta, where he found work operating heavy machinery. Whether on a bulldozer, a belly scraper or his Harley, Dad was always smiling.

On a sunny day in Edmonton in 1958, Dad's life took an unexpected turn. While riding his motorcycle, he was involved in an accident with a semi-truck. Close to death, Dad was taken to a local hospital where he was subjected to many surgeries and medical treatments. The road to recovery was long, but this accident truly ended up being one of the best things to happen to Dad as it was at the Edmonton Hospital that he met his future wife, Claudette.

Over the next two years, their relationship flourished. In 1960, Claudette's family relocated from Edmonton to Los Angeles, California. Her father, George, had made it clear that Dad could not propose to Claudette until she turned 18. Two years later, just days before her 18th birthday, Dad set off on a 2,900-kilometer journey from Edmonton to Los Angeles in his Volkswagen Beetle. Arriving at their home at 12:01 a.m. on February 10, he knocked on the door, waking Claudette and her family to propose. Within five months they were married!

Dad and Claudette were blessed with three children: their eldest, Colette, followed by Larry Jr. and their youngest daughter, Claudine.

In the spring of 1974, the family, along with their cat Eddie, packed their belongings and moved back to Canada, first settling in Vernon, BC, before eventually making Kamloops their home.

Canada Safeway became Dad's second home where he spent over 30 years as one of Kamloops best meat cutters! Every fall during hunting season, he became well known as the "Traveling Butcher". For over 20 years he processed game on the side, enjoying all the stories and people he met along the way.

Family dinners were enjoyed with many laughs and plenty of love to go around. Vacations alternated yearly between visiting family in Los Angeles or family in Sandy Hook, Manitoba.

In the fall of 1994, tragedy struck when Dad and Claudette lost their eldest daughter, Colette, and then in February 1996, just two days after her 52nd birthday, Dad lost his wife Claudette to a broken heart. The next few years proved to be rough for this man, but in true Grabowiecki spirit, he picked himself up, dusted himself off, and began to enjoy all the things that life has to offer and vowed to live to 100 for his children.

In 1997, Dad joined Sun Peaks Resort as a Sun Guide and for 15 years he guided hundreds of guests from around the world every Monday morning during the ski season. His dedication was recognized when he was awarded the prestigious Sun Guide of the Year award. Dad was always on the move and was physically active as a member of the Kamloops Hiking Club, the Dragon Boat Club, the Kiwanis Club, and additionally volunteering his time selling charity raffle tickets.

In 2014 while spending time at the family homestead in Sandy Hook, Manitoba, Dad met Heather Ritchie at a mutual friend's dinner. It did not take long for these two "Winnipeg Beach" locals to hit it off and quickly a strong loving relationship developed. Over the years Dad spent more time in Winnipeg Beach/Sandy Hook and less time in Kamloops. The relationship between Dad and Heather continued to blossom, right until his passing. These two were fortunate to enjoy a decade of love, travel, snowmobiling, socializing, dancing, laughter and many nights in front of a wood burning stove, sipping on a "holy water" while solving the world's problems. For the second time in his life, Dad found a woman he was madly in love with!

A lifelong reader, Dad's personal library exceeded 1,000 books at the time of his passing. His passion for reading sparked a deep desire to write, and he authored several books filled with his own favorite inspirational quotes and sayings. He often wrote late into the night and even in his final days in the hospital, he continued his creative work, dictating one last piece to his daughter Claudine.

Dad is survived by his sister June Petersen, his son Larry Jr, daughter Claudine, his daughter-in-law Kelly Grant and grandsons Skyler and Taytum as well as his favorite sister-in-law Terri Cosgrave.

A gathering of Family and Friends will be held to Celebrate Larry's Life on Saturday, October 19, 2024 at 103045 Trevino Trail, Sandy Hook, Manitoba from 2:00 p.m. to 4:00 p.m.

A good man, a kind heart and a great storyteller. He had a way of making those around him feel special and he appreciated and coveted every relationship that he had.

To a life well lived. We love and miss you Dad.

OBITUARY



Nancy Allison Iliffe (nee McTaggart)
23 July 1955 - 11 September 2024

The family of Nancy Allison Iliffe (née McTaggart) of Gimli, MB, is deeply saddened to announce her passing on September 11, 2024 at the age of 69.

Nancy is remembered by her daughter, Jenny Eaglesham (Jeff), her granddaughter Sola, son Scott Eaglesham (Isabella), and her 'bonus children': Melanie Nitychoruk (Adam), Roger Iliffe (Ildiko), Tracy Iliffe (Mike), and Emma Lee (Rob), as well as her 'bonus' grandchildren and beloved dog, Becky. She also leaves behind her brothers, Ian (Maria) and Jamie, along with her nieces, cousins and many friends.

Nancy was predeceased by her parents, Betty and Allan McTaggart, several aunts, uncles, close friends, and many cherished family dogs. In June 2024, she lost her husband, Dr.

Gerald Iliffe, a loss that left her heartbroken. Nancy and Gerry met in 1984 and were rarely seen without one another. In a way, they did not have to spend their wedding anniversary, September 12, apart this year. Gerry brought out Nancy's adventurous side, which included travel and sailing. They spent many years enjoying each other's company, usually laughing.

Nancy's early years were shaped by her family's move from Brandon to Winnipeg in the early '60s. She often shared fond memories of their home on Kingsway and many special times spent at Clearwater Bay. Her father passed on to her a deep respect for the outdoors and hunting, while her mother instilled in her a love for practicality, creativity, and the gift of making any space feel cozy.

Nancy graduated from Kelvin High School, where she met many lifelong friends, including Lorraine, who she considered family. In her adult life she was a skilled interior decorator and aesthetician. Over the years, she continued learning, studying American Sign Language, drawing, and most recently preparing to become a grief counselor. She was a strong advocate for mental health, working to reduce the stigma surrounding mental illness.

Nancy was a firm believer that people do the best they can with the knowledge and abilities they have, a value she passed on to her children early on. She had a remarkable ability to remember everyone she met and always welcomed people genuinely into her life. She cherished her friendships and often reminisced about "the old days" with a fond smile, as if they had happened just yesterday.

The family would like to express their gratitude to the IRHA homecare program and the RCMP for their support.

While Nancy truly loved flowers, in lieu of them, the family kindly requests donations in her memory to Mood Disorders Association of Manitoba, CancerCare Manitoba, or the Heart and Stroke Foundation.

A Celebration of Life will be held in Gimli at 1PM on 1 October 2024, at Johnson Hall - we would love for you to join us.



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OBITUARY

William Melnychuk

October 25, 1940 - September 24, 2024

It is with sadness we announce the passing of William Melnychuk of Arborg, Manitoba on September 24th at the Arborg Personal Care Home.

Funeral services will be held Saturday, October 12th 11:30 a.m. at Silver Community Hall, Silver, Manitoba.

In lieu of flowers treat a friend, a neighbour or a stranger a cup of coffee and a pastry/cookie or make a donation to the Canadian Diabetic Association in his memory.

Rest in peace Brother, Brother-in-law, Uncle



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Announcements

OBITUARY



**Barbara-Jean Oberding
(Nee Hodgkinson)**

September 10, 1944 – September 21, 2024

Barbara-Jean Oberding passed away peacefully with her family at her side on September 21, 2024 in Betel Care Home, Gimli, Manitoba at the age of 80 years.

Barb is survived by her husband of 61 years, David Oberding. Her son, Rob Oberding (Lisa) and grandchildren, Tessie, Brooklynn (Jarrod), Kristen (Jay) and Kyle and great grandchildren, Thomas and Londynn. Her daughter Carrie-Lee Oberding (widow of Al Yorke), and daughter Leslie-Anne Oberding (Trevor) and grandson Hudson. She is also survived by many cherished friends from her life in Saskatchewan and Manitoba from childhood to retirement.

She was predeceased by her parents Arthur and Gladys Hodgkinson and her brother Douglas Hodgkinson.

Barb spent every summer since childhood in Matlock at her family's cottage, eventually retiring in Matlock in the home her father built. Barb and Dave spent many years in both Saskatchewan and Manitoba collecting cherished, lifelong friends throughout their many moves. Barb was the life of the party and loved to be surrounded by friends and family. She was known for her sense of humor and her passion for entertaining. Most would say she was a firecracker who liked to spur deep conversation. She worked in many capacities throughout her life in areas from politics, child services to herbal medicine. She was a graduate of Reeves Business College and was a founding board member of The Lake Winnipeg Foundation and a board member of the Riverview Hospital. She loved to read and educate herself on mental and physical wellbeing and share that information with others. Barb also had a thirst for absorbing the news of the world and discussing it over a glass of wine.

She will be deeply missed by all who had the privilege of crossing her path. The family would like to extend their heartfelt gratitude to everyone who provided care for Barb, especially her special friends who checked in regularly. A sincere thank you to the staff at Betel Care Home for their compassion and support during her last months.

Cremation has taken place and a Celebration of Life will be determined at a later date. In lieu of flowers please donate in Barb's memory to the Alzheimer's Society of Manitoba.

Friends and family are invited to visit Barbara-Jean's memorial page at www.interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:  **Interlake Cremation & Memorial Services**
204.482.1040



Phyllis Margaret Hurdal (nee Borgfjörd)
October 7, 1944, to September 25, 2024

Phyllis passed away peacefully on September 25, 2024 at the Gimli Betel Home.

She will be dearly missed by her loving husband of 59 years, Norman and her four children Melanie (Ted Daigle), Lorna Shankowsky (Kevin), Marti and Aynslee (Fariborz). She leaves behind eight grandchildren and three great-grandchildren. She is survived by her siblings Arlene (Ken Munnoch), Jonina (Dave Bell), Edward (Joanne) and Brent (Karen) and predeceased by her brother Fred and brothers-in-law Ron Hurdal and Gerald Staruiala.

Born to Arni and Björg Borgfjörd, Phyllis was raised on the Borgfjörd family farm, Gilhaga, by the Icelandic River near Arborg. Instilled with a strong work ethic from a young age, she also enjoyed going to dances in Geysir where she met the love of her life, Norman. Together they raised four children, built a beautiful home and farm in Arnes, and were active community volunteers.

As president of the Arnes Lutheran Ladies Aid for many years, she helped organize catering events and local dances to fundraise for her community. The Arnes Lutheran Church was important to her, and she campaigned to have the church building moved to a historic location when it was no longer active. A lover of local history, she played a major role in the publication of the Arnes History Book.

Phyllis' beautiful gardens produced abundant flowers and vegetables for pickling every fall. An excellent baker and cook, she enjoyed putting out goodies for friends and neighbours during 4 o'clock coffee. Her homemade vinarterta, rullapylsa, pönnukökur, perogies and cabbage rolls are fondly remembered. She was an expert seamstress, producing many formal dresses and beautiful quilts, a skilled knitter and a lover of crafts.

Family was her top priority and she was the heart of our family, dependable and always there for us. A kind woman with a strong work ethic and enormous heart. Our beloved wife, mother, sister, grandmother, great-grandmother and friend will be remembered for her dedication to her family, her community, her Icelandic heritage, and her loving demeanor.

Thank you to the staff at Betel Home Foundation for their loving care over the last few months. Flowers are gratefully declined. Those who wish, may make a donation to the Canadian Cancer Society in her name.

A service for her family and friends will be held at the Arnes Community Hall on Tuesday, October 1, 2024 at 2:00 p.m.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



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