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Artist Moray McVey showing Matilda Kilpatrick how to turn pottery at Gimli's Nuit Blanche celebration.

EXPRESS PHOTO BY RAYME THOMSON

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Gimli shows arts and culture lovers a night on the town

Staff

It may have been a sleepless night on Sept. 24 in Gimli, but it was well worth it. The town celebrated Nuit Blanche — which means a sleepless night — as part of its annual Culture Days celebrations. The one-night festival celebrating the arts featured a self-guided walking tour of local venues

where a number of events were held, including audience-created thunderstorms at the New Iceland Heritage Museum. The Gimli Art Club held an open house, Hidden Treasures Studio held glass-fusing demonstrations and the Ship & Plow pub hosted blues musician Brent Parkin.



Nuit Blanche Gimli 2022 was a chance to explore Gimli's unique local art in a free self-guided tour at the New Iceland Heritage Museum.



EXPRESS PHOTOS BY RAYME THOMSON

Gimli's Ship & Plow pub hosted Brent Parkin.



Lucy and Sheena Kirkpatrick at Hidden Treasures.



Artist Suzanne Barrow helping visitors of the Gimli Artclub.



Tara Campbell and Kevin Koroscil perform the Thunderbird Song.



Fionn Kirkpatrick painting at the Gimli Art club.



Artist Rosemary Miguez describes her artwork.



Artist Gary Foidart describes how he uses electricity to create art.



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Manitoba Construction Sector Council announces plan to bring more than 400 women together at conference to promote women in construction trades

Staff

The Manitoba Construction Sector Council (MCSC) announced that the not-for-profit organization will host a Manitoba Women in Trades Conference in Winnipeg on Wednesday, Nov. 16.

The conference will be of interest to new entrants, any women who are considering a career change or want to advance in the construction industry.

By 2027, 4,500 (11 per cent) of Manitoba's construction workers will be retiring. Employers are already competing to attract new workers in the industry. At the same time, our labour market information shows that women currently make up only four per cent of the construction workforce in Manitoba. Recruiting women holds the key to filling the void being created by an expanding market combined with an aging, retiring workforce.

All 50 presenters, panellists, Elders and performers will be women. The conference will focus on:

- learning best practices for entry and advancement
- learning how to address chal-

lenges and work effectively in a male-dominated workplace

- connecting with mentors and organizations that support women
- networking and building relationships with other women, employers, construction and safety associations, the Apprenticeship Branch and educational institutions

This conference is also an excellent opportunity for construction companies to recruit talent.

MCSC has secured financial support from industry, government and educational institutions to recruit and sponsor 75 women in Indigenous, new immigrant and vocational student communities to attend the one-day event. These groups have been identified as having tremendous potential to fill construction profession workforce shortages. Any profits from the conference will be donated to trades scholarships for women at local community colleges.

Manitobans can find more information or register for the Women in Trades Conference at the Manitoba Construction Sector Council website at <https://mbcsc.com/>



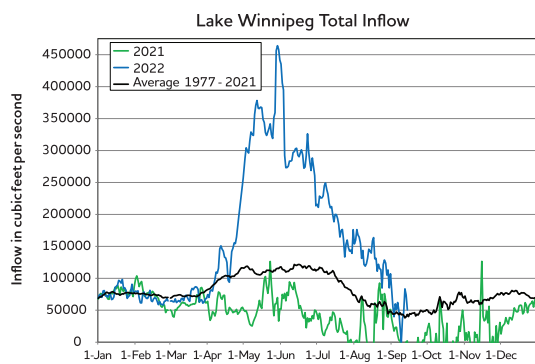
EXPRESS PHOTO SUBMITTED

From left: Colleen Munro, Manitoba Construction Sector Council chairperson; Carol Paul, executive director, Manitoba Construction Sector Council; Sietta Marsden, graduate and valedictorian of MCSC's 2021 Framing Course in Pinaymootang First Nation; Ethel Anderson, employment and training co-ordinator, Pinaymootang First Nation.

Fall Update on Lake Winnipeg Levels

Water levels on Lake Winnipeg have gradually fallen since the mid-July peak of 717.5 feet above sea level (ASL) and are currently forecast to fall below 715 ASL prior to winter freeze up.

The high water levels are due to unprecedented spring flows into the lake, representing the highest volumes of water since records began in 1913.



Outflows remain at maximum

Manitoba Hydro regulates outflows from Lake Winnipeg through the Jenpeg Generating Station and Control Structure.

Outflows were ramped up in January in anticipation of a heavy spring melt. Those outflows were further increased through April and reached the maximum possible in May following near record spring precipitation throughout the southern part of the Lake Winnipeg drainage basin.

Outflows will remain at maximum until lake levels fall below elevation 715 ASL. For up-to-date water level and flow information visit hydro.mb.ca/waterlevels.



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Flight from Fraserwood takes couple and friend over the North Atlantic and back

By Patricia Barrett

A Fraserwood couple avoided the chaos of international travel this summer by hopping in their own plane and flying over the Atlantic to visit relatives in Belgium.

Joachim De Smedt and Idris Dheedene, along with their friend Bradley Stephens, flew about 9,000 kilometres. They made several stops along the way for fuel and to take in the stunning sights of remote lands.

De Smedt said their twin-engine plane is 54 years old, but it got them there and back over the course of 24 days. The cross-Atlantic flight was a challenge and an adventure he said he always wanted to do since he learned to fly.

"We moved from Belgium to Canada about eight years ago and I worked in Canada as a commercial pilot. Now was a good time to go for it," said De Smedt. "We wanted to go back to Belgium and see the family. Instead of dealing with the airlines and all the delays and other issues, we thought let's see if we can make it happen and actually fly there ourselves."

The couple and Stephens, who is an airplane mechanic and was "good to have" on the long-haul trip, flew from Fraserwood to Gimli for fuel then to Val-D'Or Airport in Quebec before heading to Iqaluit in Nunavut Territory.



The couple saw stunning scenery such as this waterfall.



The couple flew over remote, empty territory.

They then crossed the sea to Greenland, landing in a small community, before crossing the North Atlantic Ocean to Reykjavik, Iceland. The flight from Iceland took them across the Norwegian Sea to the Faroe Islands then to Inverness (Scotland) and Kerry (Ireland) before they touched down in Belgium.

Flying a small plane across the ocean came with a number of dangers, including unpredictable weather, icing of the plane, strong headwinds that would suck up too much fuel and the



EXPRESS PHOTOS COURTESY OF JOACHIM DE SMEDT

Idris Dheedene and Joachim De Smedt, along with a friend, flew their own small twin-engine plane from Fraserwood to Belgium, with stops in Nunavut, Greenland, Iceland and other countries.

possibility of engine failure and having to land in the ocean. But they filed flight plans with air traffic control and carried a small satellite/GPS so that their flight could be tracked online.

"We carried a life raft, like the ones carried on boats, in the event we

would end up in the water. We would have our little inflatable boat that would bob on the Atlantic. We also took survival suits," said De Smedt. "The biggest danger was the weather.

Continued on page 5

Thousands of dollars left behind with unused dental insurance

BY ELISHA VANDOR

Based on a true Vandor Denture Centre story. Mr. Roberts lost out on thousands of unused dental insurance dollars that he intended on using for new dentures! His wife Mrs. Roberts called the day before his dental insurance plan became inactive in hopes that he could get new the next day, which fell on the last day of their active insurance plan. The receptionist at Vandor Denture Centre, heart-broken that she couldn't fulfill their new denture request still made a way to help with a same-day chair-side reline procedure for his most pressing denture issue. Luckily, for the Roberts, their secondary insurance coverage is still active and unused for this year and we are able to make new, but with less dental insurance coverage. If the Roberts had called a month before their insurance plan became inactive, then the new dentures would have been fully covered by insurance!

Although we can make a denture in a day, we schedule that same-

day procedure at least 3-weeks in advance. So, if you call today, we would most likely see you (for that denture in a day service) near the end of October! We usually book a week or two in advance for all other appointments, so you still have time! The consultation appointment is the most important appointment because the insurance company needs to know the exact procedure (specifically procedure codes) in order to determine coverage. Once we've figured out the procedure, the receptionist submits a predetermination to find out coverage information. For some providers (like Blue Cross), a predetermination response can be immediate; however, some insurance companies processing times are longer than expected at this time of year (usually around 2-3 weeks). For most plans, any unused coverage in 2022 is non-recoverable and essentially money down the drain.

The fun facts about denture insurance coverage that you may or may

not know, are:

1. Insurance companies cover denture relines every 3 years.
2. Insurance companies cover new dentures every 5 years.
3. Insurance companies cover check-ups once a year.
4. Denture repairs and professional cleanings usually have no limit.

A common strategy to use your benefits efficiently is to book some treatment at the end of the year and the rest of the treatment after January 1st, as this is when most plans restart.

Now, it might seem strange that I'm already talking about using your dental insurance before year-end, but I don't want the Roberts to be you, so I'm here to ask, do you have unused dental insurance? If yes, then don't delay because December is on its way. It takes time to make your smile the correct way so now is the time to call and see us for any denture and dental implant supported dentures.



- supplied photo -

Find out how Mr. Roberts could have had his dentures fully covered by dental insurance.

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The couple made pit stops for fuel during the roughly 9,000-kilometre journey.



Idris and Joachim in their floatation suits.

> NORTH ATLANTIC, FROM PG. 5

When you fly in populated areas like the States, Canada or Europe, weather forecasts are very reliable because there are a lot of weather stations. But once you start flying to remote areas, the weather can change and be unpredictable. If there's too much headwind, you might not make it to your destination. There's quite a bit of distance between airports in the north."

They did encounter headwinds that were stronger than forecasted on the way back to Greenland from Iceland, and they had to land at an airport on the east coast of Greenland; they didn't want to take a chance flying all the way across Greenland without extra fuel.

"That was a little annoying at first, but it was a really nice spot and it worked out well. The views were stunning," said De Smedt.

Although it's the first time De Smedt flew across the Atlantic and back, he said it's not his first long-haul flight. About 12 years ago, he flew a single-engine plane from the southern U.S. to the North Pole and back, taking about a month to complete the journey.

They may repeat the flight across the

Atlantic in a few years.

"We told family we would be back, but it's not something we'd do every year," said De Smedt. "But I'm sure in a few years we'll be getting antsy to do it again."



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Province removes COVID outbreak list from public report

By Patricia Barrett

The provincial government's COVID surveillance report for the period Sept. 11-17 (reporting Week 37) shows an increase in infections and in hospital and ICU admissions.

There were 87 hospital admissions from the virus, including 11 people needing intervention in the intensive care unit. The previous week's report showed 65 hospital admissions including 10 ICU admissions.

The provincial government doesn't report data showing the total number of COVID patients in hospital on any given day or week.

Manitoba's COVID death toll now stands at 2,143, an increase of six additional deaths since the previous week's report of 2,137 total deaths. The previous week saw a spike in deaths, with 19 people having lost their lives.

There were also 377 new laboratory-confirmed COVID infections for Week 37, up by 35 infections over the previous week's report of 342.

The public shouldn't fully rely on government data as a means by which to judge COVID risk because the data are an undercount; the government restricts access to PCR testing and rapid antigen tests aren't tracked.

The surveillance report's heading (in green) shows "decreased activity" in COVID despite increases across the board for hospital admissions, ICU admissions, the positivity rate and new COVID infections. Wastewater data to Sept. 12 for the city of Winnipeg also indicate an increase in COVID activity.

The report used to provide a link to weekly current and historical COVID outbreaks in facilities such as hospitals and personal care homes, but that data was found to be no longer avail-

able in Week 37. The link is still there, but it takes users to a Shared Health website that says the public shouldn't use this site unless they're a health-care professional (last viewed Sept. 24).

Personal care homes across the Interlake and Manitoba have been experiencing unceasing COVID outbreaks despite the advent of vaccination.

When the *Express* asked the government why the outbreak data have been removed from the surveillance report, a spokesperson said by email:

"The new COVID public reporting frequency and content are now consistent with how we report other endemic reportable diseases such as influenza[,] and as part of the infection prevention and control measures implemented with the Stevenson Review [link to the report on COVID outbreaks and 54 deaths at Maples PCH][,] each facility is required to provide regular communications to affected staff, patients and their families."

Endemic refers to a disease or pathogen that's limited to a certain area or areas. Because COVID has spread around the world and is continuing to sicken and kill people, the World Health Organization (WHO) says we're in a pandemic and that it's not over.

Globally, more than 6.5 million people have died from COVID.

Other health news:

- The WHO's weekly epidemiological update of Sept. 21 shows there were 3.2 million new infections compared to the previous week, with over 9,800 new deaths. But those numbers are an undercount as "several countries have been progressively changing COVID-19 testing strategies, re-

sulting in lower overall numbers of tests performed and consequently lower numbers of cases detected."

The omicron subvariant, BA.5, has the highest relative global prevalence of 76.6 per cent while BA.3, BA.2 (excluding BA.2.75) and BA.1 have declined in global prevalence to less than one per cent, according to the update.

There are also five new strains of BA.5 (an omicron subvariant) that have been "rising" and are currently being tracked.

"The prevalence of these Omicron subvariants under monitoring is still low but rising over the last four weeks," states the epidemiological update.

- A COVID outbreak at the Teulon Hunter Memorial Hospital was declared on Sept. 15. Outbreaks continue at the Stonewall hospital, Ashern PCH and Tudor House PCH in Selkirk (as of Sept. 24).

- Two COVID outbreaks, one at Gimli Betel Personal Care Home and another at the Red River Place Personal Care Home in Selkirk, were declared over Sept. 21 by the Interlake-Eastern Regional Health Authority.

- Hospital ERs in some communities remain unavailable or have drastically reduced service hours.

The IERHA's ER schedule for Oct. 1-15 shows no ER availability at Ericksdale hospital's ER. The Arborg ER will have a doctor available on only two days during that period (schedule viewed Sept. 24).

In the eastern half of the health region, Pine Falls' ER remains temporarily suspended while ERs at Pinawa and Beausejour continue to experience service disruptions on some days. The schedules are subject

Continued on page 7

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> COVID, FROM PG. 6



EXPRESS PHOTO SUBMITTED

A group of American hunters had a good morning of bird hunting at Stanley's Goose Camp with Bear Creek Outfitting Manitoba last week. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@expressweeklynews.ca.

to change.
- The Manitoba Association of Healthcare Professionals (MAHCP), a union representing about 85 per cent of allied health professionals including rural paramedics, said allied health is "desperate" for staffing and rural health care is in "crisis." That came in response to a government announcement of an expansion to the Selkirk Regional Health Centre.

Standing in front of a backhoe at the hospital on Sept. 21, Premier Heather Stefanson said an investment of over \$31 million will see 30 acute care beds in Selkirk created to serve inpatients from across the region.

MAHCP said in a Sept. 22 tweet that, "Beds don't provide care, people do. Yesterday's announcement about construction starting on an expansion to Selkirk Regional Health Centre again ignores staffing. Rural health care is in crisis."

The Selkirk hospital expansion is expected to be completed in late 2024, according to the government's Sept. 21 news release. The government also plans to expand the Lakeshore General Hospital in Ashern.

NDP Leader Wab Kinew said in a statement that the Selkirk ER was forced to cut staff because of government under-funding, and that creating more beds won't solve the staffing crisis.

"Premier Stefanson and Brian Pallister cut \$7 million from Selkirk's ER, forcing them to cut doctor and nurses," said Kinew. "The impacts are real; in the last two years, Selkirk's ER has been under diversion 22 times. Without more health-care workers in the system, these beds won't fix the crisis the PCs have caused."

letter to the editor

Letters to the Editor: letters@expressweeklynews.ca

Ukrainian Co-op lends a helping hand

I live in Fisher Branch and regularly shop at the Ukrainian Co-op. The staff are very friendly and the prices are good, especially when there are sales. Getting a rebate cheque yearly also is an incentive.

On Aug. 22, I completed my weekly shopping and realized that I had spent more than I intended. Since I recently had cataract surgery, I was only supposed to lift 10 pounds. I mentioned this to the friendly cashier. I was very touched when she helped pack my groceries in a variety of bags and boxes. She was very careful to not overload any of them. Just as I was about to push my cart to my vehicle, she called a young male staff member. She asked him to assist me by pushing my cart and

loading my groceries into my SUV. This was very kind, in my opinion. In this day and age, where everyone is tense and preoccupied with the stressors in their own lives, I was excited to observe a considerate Ukrainian Co-op staff member. I felt she went the extra mile to ensure that my shopping experience was enjoyable and assisted me when she sensed a need. Our world needs more people like this exceptional staff member. I felt acknowledging her and the Ukrainian Co-op was important.

Shopping locally does make a difference.

- Patricia Witzke

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Find your inner peace

By Autumn Fehr

Namaste!
The Gimli Pavilion welcomes the community to its weekly yoga sessions.

The group-oriented sessions are taught by instructor Sheena Kilpatrick, on Tuesday evenings from 7:30 to 8:30 p.m. in the newer section of the Gimli Pavilion.

Kilpatrick also teaches yoga and pilates at the UUYoga studio in Winnipeg Beach.

The sessions will be running every week until Dec. 13 before the holiday break.

“As an exercise, yoga has the obvious physical benefits of improving flexibility and muscle tone, but it also has emotional and spiritual benefits that are less easy to quantify. Gimli is a community with a strong senior

population and is also becoming a desirable spot for young couples to start families. These groups particularly benefit from an accessible source of exercise and social interaction, though it’s by no means limited to yoga,” said Arthur Cain, recreation programmer in the Rural Municipality of Gimli.

Registration for the yoga classes can be done online through Book King, a cloud-based rec management software. Users can either create an account and log in to view and register themselves and/or their children for available programs, or they can contact the recreation office and they can provide support through the process.

The Pavilion hopes to continue the program into the new year and hopes it will continue to be a regular program within the community.



EXPRESS PHOTO SUBMITTED

Instructor Sheena Kilpatrick outside the Pavilion, doing the warrior pose, also known as Virabhadrasana pose.

Kroeker Farms an organic growing giant

By Becca Myskiw

Local organic growers Kroeker Farms’ products are eaten across the continent.

Wayne Rempel, CEO of Kroeker Farms, said they grew their first organic potato crop in the Pembina Valley region in 2002. That crop turned out better than they anticipated, so they then tried organic onions, and just kept going with it.

“We felt that the world was changing and there was a demand for organic production,” he said.

Twenty years later now and Kroeker Farms grows 140 acres of organic onions and around 1,400 acres of organic potatoes every three years. They use a rotation system for their crops, so in the first year, they grow the onions and potatoes. The next year, they grow hemp, beans, wheat, barley, or oats, and in the third year, Kroeker Farms grows a “green manure crop.”

For the green manure crop, they seed peas in late April, then shred the crop at the end of June when its waist high with lots of foliage. The pea crop produces a lot of nitrogen for the soil and after Kroeker Farms shreds it, they roll the peas into the soil. After that, they add compost from cow manure to the crop.

Organic, Rempel said, is a “rigid regime of production”, meaning they can’t use synthetic pesticides or fertilizers on their crops — only natural products. He explained it like this: when you have a headache, you



Wayne Rempel, CEO of Kroeker Farms.

know taking Tylenol will get rid of it and fix the problem, but you can also try a natural method of fixing the pain, which is only half as effective as the Tylenol.

“The only way to fix the problem is to be so healthy that you don’t get headaches, so you don’t have to use drugs,” he said.

Though Kroeker Farms does use a few natural pesticides, herbicides, and fertilizers, Rempel said they found that if they take really good care of the soil and treat it in a very healthy way, they don’t have as many problems and therefore have less need for the natural products.



EXPRESS PHOTOS SUBMITTED

Kroeker Farms started organic farming 20 years ago.

Weeds, however, are always a problem, especially in onion crops because the plants are so small and close together. Kroeker Farms has really invested in mechanization, though, and has the right equipment to take care of their biggest nemesis, the weeds.

Even with more obstacles for their organic crops than they have in their regular ones, Rempel said the yields of the organic crops are similar to that

of the others, given the organic crop is produced correctly.

Kroeker Farms’ potatoes go all across North America and Rempel said they’re the biggest onion supplier in Canada.

“We love the challenge, but we’ve also had some great success,” he said. “We love the wins. It’s surprised us how well it works.”

Hit the trails and enjoy nature around Gimli this Saturday

By Patricia Barrett

The Gimli Active Trails Advisory Committee will be hosting nature walks this Saturday to get people acquainted with the trail system in the municipality and get them engaged with nature.

Volunteer member Leona Johnson said the committee decided to host a few walks to highlight the unique trails that exist around Gimli, get people out and active, point out the native plants and animals (including endangered species) along the trails and share the committee's strategic plan for the future development and enhancement of trails.

The trails are free to use and draw walkers, cyclists, nature lovers and birders to the municipality.

The advisory committee is made of community volunteers, RM staff and a council member. The committee reports regularly to Gimli council on trails in and around the municipal-

ity, highlighting progress made to date on trail enhancement, progress on developing new trails and issues on trails such as trail head signage, etiquette and bylaw enforcement. It developed a comprehensive strategic plan on trails that it presented to council earlier this year.

Committee members Cheryl and Zoe Bailey will be the tour leaders on Saturday. The walk will take 90 minutes but people can drop out at any time. Participants are asked to bring a travel mug or water bottle for free Flatland coffee and water.

There are two walks scheduled on Saturday, Oct. 1. The first walk starts at 10 a.m. north of town. Participants will be meeting on the Gimli Rail Trail at the junction of McElheran Road and PR 222. The second walk starts at 2 p.m. south of town. Participants will be meeting at the corner of Siglavik Road and Waller Drive.



EXPRESS FILE PHOTO BY PATRICIA BARRETT

The former CPR rail line, known as the rail trail, along PR 222 is shown here.

For more information, visit the Gimli Active trails social media sites on Facebook and Instagram. gimliactivetrails on Instagram. Gimli Active Trails on Facebook and

Lundar Goose Shoot tradition continues Oct. 7 and 8

By Autumn Fehr

On Thanksgiving weekend, there's more than one tradition that is celebrated.

In Lundar, Thanksgiving weekend also welcomes the 46th annual Lundar All Canada Goose Shoot.

Until 2021, the Lundar Elks were putting on the event, but the Lundar Goose Shoot committee has since taken it on.

This year, there will be 20 teams of shooters, with four hunters each and two guides. A draw was not needed to choose the teams for the competition this year, as there were precisely 20 teams that registered for the shoot.

"The event is about bringing in new people to the community to promote sportsmanship, fellowship and safe hunting traditions," said the secretary for the goose shoot committee, Kelsey-Jean Cocklin.

The event takes place on Goose Shoot weekend, as they call it in Lundar, on Oct. 7 and 8. The Calcutta auction takes place on Friday night, and the shoot will happen Saturday morning.

The teams are assigned a field and auctioned off to attendees during the Calcutta. Hunters have a limit of five birds per person, so eyeing the largest in the flock is the best way to win.

"The event brings in people to our small town that would probably never come otherwise, showing the hospitality of small-town living," said

Cocklin.

Cocklin said they have participants from every province except Quebec and almost every state. They have even had people come out from as far as South Africa, Hawaii and Mexico.

The Lundar Goose Shoot is the longest organized hunting-based fundraiser for a community in Canada that the committee is aware of.

Most of the Calcutta's profit, 84.5 per cent, goes to the top three winning bidders. The committee receives 14 per cent and puts it back into various community groups, and 1.5 per cent goes to lotteries.

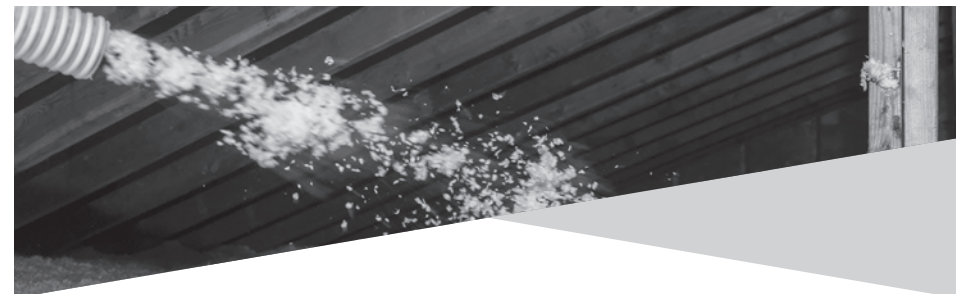
"We have a great group of community members on our board that makes this all possible. We raise money each year from our Calcutta to be put back into the community," said Cocklin.

"We need to credit our field checkers, who are all local and we could not make this happen without them. It gets harder each year to find people to guide and we are always looking to train the youth of our community to be interested in hunting. We also need to credit everyone who takes time off work to check fields and make this shoot possible, long with the landowners, as none of this would happen without them. We also have to thank all of our sponsors," said Cocklin.

Ticket prices are \$1,000 per team; if there are more than 20 teams, they are put into a draw.

Anyone interested in entering a team for 2023 can register on Facebook at Lundar All Canada Goose

Shoot 2022 or via email at lundar-gooseshoot2021@gmail.com.



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Manitoba

Free translation services to help Ukrainian newcomers

By Jennifer McFee

A Manitoba company is walking the talk by offering free language services in an effort to ease the transition for Ukrainian newcomers.

CanTalk offers round-the-clock language support in more than 200 languages, 365 days a year.

Maureen Mitchells, the company's president and CEO, explained that language provision is the essence of CanTalk.

"It's not just that we provide language services, we are specialists for over 25 years in immediate on-demand language support — when it's needed, where it's needed," she said. "All you need is a phone or smart device."

This offer of free language services applies to organizations and businesses of all sizes that are helping Ukrainians — right here in the Interlake and extending all the way to Ukraine.

"It applies to all those involved in helping on the frontlines or as settlement arrangements are being made — and whatever or wherever the need is where language may present itself as a barrier to sharing information and providing guidance and direction," Mitchells said.

"They can be in Canada or North America or those in Ukraine. We felt if we set accessibility from within Ukraine, maybe we can support at the grassroots level within where doctors, journalists and aid organizations could benefit from our services."

CanTalk has set up two toll-free numbers for Ukraine support. The first number is geared for Canadian organizations and businesses that are helping newcomers with a job, school or anything else they need. These businesses and organizations can call CanTalk at 1-833-215-0586 to sign up.

The call will be answered by one of CanTalk's language facilitators, who will take some basic information, request the language and then arrange the conference call with the CanTalk interpreter.

"Then the English caller can speak to the Ukrainian party using the interpreters to translate," Mitchells said.

"It's a three-party call with the interpreters in the middle facilitating the conversation. We are providing 250 interpretation minutes at no cost to each qualifying organization."

The second toll-free number is geared to help callers based in Ukraine.

"The other number from within Ukraine is for calls placed into North America that will come to the CanTalk centre. In this case, they will get immediate access to interpretation without pre-approval after CanTalk gathers brief caller information," Mitchells said.

"Again, we are providing 250 interpretation minutes. Any organization that is assisting Ukrainian newcomers is eligible. We will be monitoring the usage to ensure the intent of the no-cost service is indeed being applied for Ukrainians in need."

CanTalk will review the usage after 250 minutes to determine if it will extend the service for a particular business or organization.

Like many Manitoba companies, CanTalk aims to help in this situation.

"Language support is what we do. This is what we are good at and been doing so for 25 years. Reaching out to help business with qualified translations with real-time support, when and how it's needed, is a benefit for them as they try to engage with newly hired Ukrainian newcomers and help them reach their full potential," Mitchells said.

"It removes that sting of feeling intimidated or distressed because they can't quite understand the direction or information being shared. Services like Google Translate can help to a point but not for serious exchanges of information and certainly can't replace the intimate warmth of a real human voice."

It's fundamental to CanTalk's business services to help people communicate in a time of need, Mitchells said, noting that CanTalk offered the same type of free service when an influx of Syrian refugees was coming to Canada.

"Certainly, this recent offer is just an extension of our mission — that is, to foster greater understandings between diverse groups, ensuring equitable and easy-to-access language support within our global communities. The demographic shifts, due to a multitude of factors, are causing such great strife and desperation among



EXPRESS PHOTO SUBMITTED

CanTalk customizes its services to meet the needs of clients all across North America. They provide translators from a selection of 200 languages.

those seeking to find a better life for their families. We all need to reach deep and reinforce what makes us human," Mitchells said.

"CanTalk is in a unique position because of its cultural and language experience. We are making our services available so they, in turn, may offer support to Ukrainian newcomers. It's all about paying it forward so we can all participate towards a greater common good."

The request for Ukrainian language support has grown over the last two months by 190 per cent and is now among CanTalk's Top 10 requested languages. The company's Top 3 requested languages are Spanish, Mandarin and Punjabi.

"It's absolutely critical to make the initial effort to provide an avenue for clear communication in one's native language. The immediate effect of hearing one's native language being spoken is to lower the stress levels and remove feelings of apprehension," Mitchells said.

"There are so many nuances in one's language that can be misconstrued and misunderstood. Providing accurate language translation offers hope to an individual and opens up their confidence. That can release a floodgate of potential. It can't be understated."

The need for understanding and connectivity continues to grow exponentially, she added.

"CanTalk's immediate language support allows individuals the freedom of expression in their language of choice at any time," Mitchells said.

"This ultimately may help to reduce marginalization and stigmatization and rather reinforce the value of a di-

verse nation that sustains our fundamental beliefs in equality."

Callers can access localized services in all offered languages through voice and remote technology.

"We are very much a Canadian company, a Manitoba company top to bottom, including secure in-house customization and technology. In fact, we were the first in Canada operating both a virtual and on-site language resource centre, 'just-in-time' language service methodology. When you need it, you have it," Mitchells said.

"All of CanTalk's services are offered from one platform within one infrastructure, instead of a shared platform as the case with cloud-based interpreting."

The company customizes its services to meet the needs of business clients across North America, Mitchells said.

"Many client types use CanTalk services from governments, commercial businesses, health care, hospitality, travel, legal, immigration and refugee services, education facilities, telecom services, school divisions — and the list goes on. This is the world we live in, and English cannot dominate all conversations," she said.

"In real time, as you need language support, we connect the caller from a selection of 200 languages. We have the qualified interpreters and translators, over 2,000 both as a network across the country and on site in Winnipeg. They are the heartbeat of CanTalk and provide the accuracy of the message with human voice connection."

To learn more about CanTalk, visit www.cantalk.com.

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Netley to celebrate Harvest Festival on Oct. 1

By Autumn Fehr

Fall and festival fans are celebrating a win in the community of Netley. The community will be hosting Harvest Festival on Oct. 1.

Harvest Festival is a community event complete with good food and activities that will take place at Netley Community Centre at the corner of Highway 9 and Kreamer Road on Saturday, Oct. 1 from noon to 8 p.m.

When Danielle Juenke, co-ordinator for the event and the Winnipeg Beach Farmer's Market, was driving along Highway 9 all the way up to Winnipeg Beach, she'd always go past the Netley Community Centre.

"There was always no one in there. I always wondered, 'this would be a perfect spot for a farmer's market or to do some events,'" said Juenke.

Juenke and her family were new to the Petersfield area, and coming from the small town of Riding Mountain growing up, she wanted to have the same close-knit connections in the new area for the kids growing up that she had.

She thought, what better way than to host an event around Thanksgiving, where people can get together, enjoy delicious food and have some fun.

The Harvest Festival is the idea that sprouted.

"Our goal is to get the community centre back on the map, introduce the upcoming Farmer's Market

and craft sales that will be going on in the community centre, just trying to bring life back into the community centre," said Juenke.

The outdoor events take place from noon to 8 p.m. and are free. There will be games for the kids to enjoy, such as pin the tail on the pumpkin and ring toss, among other games for the whole family.

Handmade vendors will also be selling hot apple cider, chili with a bun and a sugar cookie for \$10.

Indoor events are \$25 and will be happening from 4 to 9 p.m.

There are two available times for the harvest supper; both decked out with all the Thanksgiving favourites, such as turkey and cranberry sauce, ham, mashed potatoes with gravy, garden salad, roasted vegetables and buns with butter.

The early meal is at 4 p.m., and the second meal is at 7 p.m.

There will be live music from Lanora Lennon to enjoy in the evening.

"There are so many things in a small town that I've seen slowly waste away. A lot of people are moving more into the big cities. People are very big on owning lots of things. People are losing touch with nature, they are losing touch with family, and they are losing touch with everything that makes people what they are. They say it takes a village to raise a family and we are starting to lose our vil-

OCT. 1st HARVEST FESTIVAL
 Netley Community Center
 Corner of HWY 9 & Kreamer Rd.
 Email : moonlightmarket2022@gmail.com

Indoor Events
 4-9 pm
 \$25
 Advance Tickets Available @ WPG Beach Farmers Market
 Deadline September 25

Outdoor Events
 12-8 pm
 FREE

Games
HANDMADE VENDORS
 Hot Apple Cider
 CHILI, BUN & Sugar Cookie
 \$10

LIVE MUSIC
 Cocktail Bar Open

lage. So, to me, it's a little bit of trying to bring that back," said Juenke.

The deadline to purchase tickets was Sept. 25, as the committee needs to prepare for how many meals they will need to have available.

If you couldn't get tickets this year, you can look forward to another Harvest Festival in 2023.

RCMP search leads to seizure of firearm, drugs and cash

Submitted by RCMP

On Sept. 15, as a result of an ongoing investigation, officers with the Manitoba East District CREST unit, along with assistance from the RCMP Emergency Response Team and North District CREST unit, executed a search warrant at a residence located in Fairford.

The search of the residence resulted in the seizure of a small amount of co-

caine, cash, a sawed-off shotgun and drug-related paraphernalia.

Officers arrested 29-year-old Greyson Ryle, 25-year-old Jeremy Beardy, 55-year-old Andrea Ryle and two male youths, ages of 17 and 16. The five were remanded into custody on numerous firearm and drug-related charges.

RCMP continue to investigate.



EXPRESS PHOTO SUBMITTED

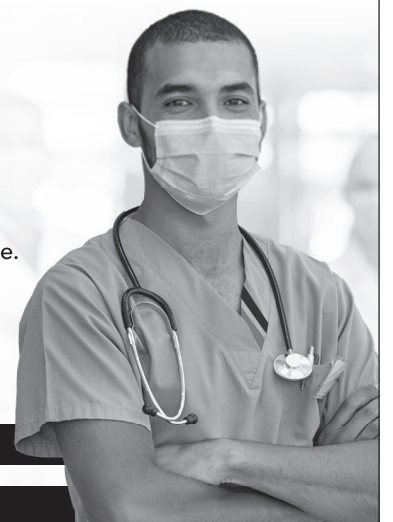
The search of a residence located in Fairford resulted in the seizure of a small amount of cocaine, cash, a sawed-off shotgun and drug-related paraphernalia.

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Manitoba

ESD superintendent Roza Gray retiring after 20 years

By Patricia Barrett

Evergreen School Division announced last week that superintendent and CEO Roza Gray will be taking early retirement this year, and that its current assistant superintendent Scott Hill will become the new superintendent.

Gray had made a recommendation to restructure senior administration in keeping with the development of a new education plan, and the board decided to not renew the position of assistant superintendent.

"Looking ahead to what made sense for Evergreen from a planning and budget point of view, I made a recommendation to the board to restructure senior admin to one superintendent to coincide with the election of the new board and development of the new Education Plan," said Gray by email. "It's hard for me to step away now because it is such an exciting time in education — there is so much potential for positive change at the board and provincial levels. However, it feels like the right time for me and for the division to turn the page."

Gray plans to pursue a PhD in educational psychology, as well as personal interests and volunteer work.

"My interest is in applied positive psychology, specifically, ways in which this emerging body of research could inform the teaching strategies and classroom expectations we might prioritize in education," she said.

Gray started at ESD as assistant superintendent in 2010 before taking the helm as superintendent in 2015. She has led the division through many challenges. She was unflagging in her advocacy for a new music room for Gimli High School and managed to maintain division-funded programs in the face of reduced funding.

During her tenure, Gray focused on student well-being, created a positive workplace culture and provided enhanced support for teacher instruction as well as COVID pandemic leadership and communication, said the board in a statement released last Friday.

The board spelled out Gray's many achievements, noting her legacy of "impactful, positive change" after more than 20 years in senior leadership.

"Like the bond between a parent and child, Roza fiercely cared for the school division, never shying away from the challenges and difficulties that are inevitable when one leads with courage," said the board. "And through it all, her leadership has built capacity in others — educators, staff, trustees, community members and students. Roza's unique gifts have made Evergreen a place where everyone is valued, encouraged and supported in their role to enhance student learning and well-being."

The board said Gray made strides in creating a positive workplace culture, enhanced supports for teachers' instructional practice in order to improve learning, focused on student learning and well-being, and increased kindergarten and junior kindergarten programming, among many achievements.

"Superintendent Gray provided additional 'interventions' staffing to schools to support students who need additional instructional time, and also increased clinical support so students who face complex challenges are assisted in their individual learning and development journey," said the board. "These and other efforts to align budgets, attention and resources to enhance student learning have contributed to Evergreen's dramatic improvement in student learning results in mathematics, the greatest in the province."

Gray said she will be serving as superintendent until the end of this year, and Scott Hill is taking over on Jan. 1, 2023.

Hill has been ESD's assistant superintendent since 2015 and has experience as a teacher, guidance counsellor, school improvement consultant and divisional administrator, said the board, and believes the primary purpose of schooling is for students to practise and prepare for democratic citizenship.

"Mr. Hill knows that every staff member in the school division plays a role in helping with this purpose, and that our community and families are vital partners in this effort," said the board. "He



EXPRESS PHOTO SUBMITTED

Roza Gray, left, is retiring at the end of the year. Scott Hill will become ESD's new superintendent on Jan. 1, 2023.

values professional collaboration and inquiry within and beyond our schools, so that our students become eager and able to help make the world a better place."

Hill, who has a master of education degree in social foundation and educational administration, will be building on the strong foundation of Gray's leadership and divisional progress in literacy, numeracy and well-being, said the board.

"His knowledge, skills and experience are essential in the context of a new leadership structure in which the board will not renew the position of assistant superintendent," said the board. "Mr. Hill's vision and leadership will focus on priority areas such as student learning and behaviour, Indigenous ways of knowing, being and doing, staff development and continuous improvement."

Community Support Service

Al-Anon Gimli and Winnipeg Beach

Meeting place
17B North Colonization Rd.
Gimli (Next to the New Horizons)

Meetings are Wednesdays
between 7 and 8 p.m.

Contact 204-389-4777

AA Winnipeg Beach

Lady of the Lake RC Church
Corner of Hwy. 9 and Lake Ave.,
Winnipeg Beach

Meetings are Saturdays
between 7 and 8 p.m.

Contact Ann J 204-389-3417

Gimli Group AA

Bldg 18 Municipal Rd
Industrial Park

Fri & Sun Mtgs at 7:30 pm
Womens Mtgs Thurs at 10:30 am

First Queen Elizabeth II Platinum Jubilee Medals to be presented

Submitted by Manitoba government

The first recipients of the new Queen Elizabeth II Platinum Jubilee Medals (Manitoba) were honoured this week at special ceremonies hosted by Lt.-Gov. Janice Filmon and Premier Heather Stefanson.

"This medal is a beautiful way for Manitoba to honour the legacy of Queen Elizabeth and her incredible service to people of Canada," said Stefanson. "Manitobans are well-known for their generosity and giving back to the community, and I look forward to honouring and celebrating

their service and achievements as we pay tribute to Her Majesty."

The Queen Elizabeth II Platinum Jubilee Medal (Manitoba) celebrates the 70th anniversary year of Queen Elizabeth's accession to the throne, which began on Feb. 6.

A total of 1,000 medals will be awarded during the Platinum Jubilee year. The medal program is the focus of the Manitoba government's jubilee year commemorations. Permission has been sought from the Office of the Governor General to have this medal included in the Order of Precedence with the other commemorative medals of the Canadian Honours System.

Recipients will receive a circular medal suspended from a ribbon using a new arrangement of the blue, red and white colours found on the other four medals issued during Her Majesty's reign in 1953, 1977, 2002 and 2012.

The Queen's Platinum Jubilee Medal (Manitoba) program has a strong focus on community mindedness, service and reconciliation, and as such, a group of trusted partners has chosen each medal recipient.

For more information on the Queen Elizabeth II Platinum Jubilee Medal (Manitoba), visit: <https://www.manitoba.ca/queensjubilee/>.

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Chili Con Carne

2 cups kidney beans, soaked overnight
 1 jar Newman's Own Sockarooni or Marinara Pasta Sauce
 2-3 cups water
 2-3 tablespoons chili powder
 1 teaspoon ground cumin
 salt, to taste
 pepper, to taste
 1 cup chopped celery
 1 can (8 ounces) corn
 sour cream, for garnish
 lime wedges, for garnish

Saute onion, garlic and green pepper in oil until soft. Add beef and brown. Add kidney beans, pasta sauce, water, chili powder, cumin and salt and pepper, to taste. Simmer, uncovered, 1 hour, stirring frequently.

Add celery and corn; simmer 1 hour. Garnish with sour cream and lime wedges.

Substitution: Use 3 cups cooked rice for meat to make vegetarian chili.

Prep time: 20 minutes
 Cook time: 2 hours
 Servings: 8
 2 cups diced onion
 3 cloves garlic, minced
 1 green pepper, seeded and chopped
 2 tablespoons cooking oil
 2 pounds coarsely ground lean beef



Lasagna a la Sockarooni

1 1/2 cups whole milk
 Over high heat, boil large pot of heavily salted water. Once boiling, add lasagna noodles and cook until al dente then drain and set aside.

To make bechamel sauce: In saucepan over medium-low heat, melt butter. Add flour and stir with wooden spoon until paste forms. Add small amount of milk and stir until mixture loosens. Gradually add remaining milk and continue stirring with whisk. Cook sauce over low heat until thickened, about 10 minutes.

Preheat oven to 375 F.
 In large, deep, oven-proof casserole dish, ladle small amount of pasta sauce followed by small amount of bechamel sauce. Sprinkle some Parmigiano Reggiano cheese over sauces and layer with three lasagna noodles. Continue pattern until dish is complete. Top final layer of noodles with remaining bechamel sauce and grated Parmigiano Reggiano.

Bake 25-30 minutes until golden brown and bubbling. Cool prior to serving.

Prep time: 10 minutes
 Cook time: 25 minutes
 Servings: 9
 Salted water
 1 package lasagna noodles
 1 jar Newman's Own Sockarooni Pasta Sauce
 2 cups Parmigiano Reggiano cheese, grated
 Bechamel Sauce:
 4 tablespoons butter
 1/2 cup all-purpose flour

Roasted Garlic Whipped Feta Crostini



Recipe courtesy of Liz Della Croce of "The Lemon Bowl" on behalf of Milk Means More

Prep time: 10 minutes
 Cook time: 10 minutes
 Servings: 16
 1 bulb garlic (about 12 cloves)
 4 tablespoons olive oil, plus additional for drizzling, divided
 1 1/2 teaspoons salt, divided

Recycling 101 - Glass bottles and containers

By Karl Dahr

As members of the Rockwood Environmental Action Community Taskforce (REACT), people will often approach us with questions. The most frequently asked questions we get are about recycling in their community.

Most often, the questions are about if a specific item can be recycled or not, such as can I recycle Styrofoam containers? (Spoiler alert: you cannot). At other times, the questions are about how to recycle a specific item; these may be about the need to wash containers, break down boxes, etc. Over the years, we have compiled a number of these recycling questions and answers, and over the next few months we will be writing about what people have asked us about recycling.

We'll start off this series on glass recycling in Manitoba.

Glass jars and bottles from food products can be placed in blue bins and bags. Any colour of glass bottle or container is accepted. Glass should be lightly rinsed, but does not need to be washed (you'll understand why it doesn't need to be spotless later in this article.)

Lids should be removed from glass jars and bottles, but labels do not need to be removed. Please do

not include any broken glass in your recycling, as this cannot be handled by the recycling process. In terms of glass, only include food jars and bottles. Items such as windows, mirrors and pyrex containers, even if unbroken, should not be included in your recycling. These items need to be disposed of as regular waste.

Glass is not recycled in Manitoba, per se. While glass that is collected is crushed, it is not used to turn into other glass containers. Instead of being recycled, it is used as an aggregate in road construction. Much of the glass aggregate is actually used in roads within landfills. This reduces the need for landfill operators to truck in gravel for the same purpose.

Not convinced to put your glass into the blue bin? An important fact to consider is the funding model for towns and municipalities when it comes to recycling. Recycling funding payments are paid to towns and municipalities for each metric tonne of eligible material recovered from the residential waste stream. As you can imagine, the weight of glass really adds up here when it comes to payments to municipalities. Rather than pay to landfill glass, why not help keep waste collection fees low by putting it in the blue bin?

Greek Chicken Fried Rice

Recipe courtesy of Lori Yates of "Foxes Love Lemons" on behalf of Milk Means More

Prep time: 15 minutes
 Cook time: 13 minutes
 Servings: 4
 2 tablespoons vegetable oil
 1 large chicken breast, finely chopped
 1/2 cup chopped onion
 3 cups prepared white rice
 2 eggs
 1 cup chickpeas, drained and rinsed
 1/2 cup roughly chopped fresh parsley leaves
 1/2 cup crumbled cow's milk feta cheese
 1/2 cup grape tomatoes, quartered
 1/3 cup Kalamata olives, halved

2 tablespoons fresh lemon juice
 1/4 teaspoon kosher salt
 1/4 teaspoon ground black pepper
 In wok or large skillet, heat oil over medium-high heat. Add chicken; cook until almost cooked through, stirring frequently, about 5 minutes.

Add onion; cook 1 minute, stirring frequently.
 Add rice; cook 3 minutes, stirring constantly. Push rice to sides of wok, creating well in center of wok. Crack eggs into well and scramble vigorously with wooden spoon; cook 2 minutes, keeping eggs in well, or until eggs are fully cooked.

Add chickpeas, parsley, cheese, tomatoes, olives, lemon juice, salt and pepper; cook 2 minutes, or until warmed through, stirring frequently.

1 1/2 teaspoons pepper divided
 32 baguette slices
 8 ounces feta cheese
 1/2 cup whole milk, plus additional, if necessary (optional)
 2 tablespoons lemon juice
 1/2 cup pomegranate seeds
 1/4 cup parsley, minced
 Preheat oven to 400 F. Slice garlic bulb in half, exposing garlic heads, and place in center of large piece of tinfoil. Drizzle each half with 2 tablespoons olive oil, 1/2 teaspoon salt and 1/2 teaspoon pepper. Wrap foil tightly around garlic and roast until caramelized, about 30

minutes.
 Place baguette slices on large baking sheet and drizzle with olive oil. Bake on second rack in oven until golden brown about 10 minutes; set aside.
 In high-speed food processor, pulse feta cheese, milk, lemon juice, remaining salt, remaining pepper and roasted garlic cloves until whipped and creamy, adding more milk as needed to reach desired consistency. Check for seasoning and adjust, to taste.
 To serve, spread each baguette slice with whipped feta and sprinkle with pomegranate seeds and minced parsley.

Swedish Cultural Association pays visit to Chatfield

By Patricia Barrett

Members of the Swedish Cultural Association of Manitoba paid a visit to Chatfield a few weeks ago to get together with locals, pay respects to Swedish ancestors from the area and enjoy the countryside.

Chatfield resident Dave Johnson said the association organized a field trip to the community on Sept. 16, and they brought the sunshine.

"Although the clouds filled the skies, the Swedes brought sunshine," said Johnson.

Members of association met with local people at the Chatfield Community Hall for lunch and storytelling, said Johnson. The group shared stories and histories of days past, honoured ancestors and danced.

"After lunch the group met at the Peace Lutheran Church, a one-room school and the Chatfield Creamery in town for more stories, history and even Happy Birthday in Swedish," said Johnson. "Fun was had by all and the sun did shine this day."

Swedish Cultural Association of Manitoba president Sonja Lundstrom said the association organized the field trip in partnership with Johnson and Armstrong resident Jack Cruise.

"We are so grateful to the people of Chatfield with their warm hospitality and sharing their hall and what they've done to preserve the rich heritage there with the church restored, school full of artifacts and the creamery," said Lundstrom. "We hit a gold mine when we came to Chatfield."

The itinerary included stops at Norris Lake and Clarence Tillenius Park. Tillenius was a wildlife artist who was born in Sandridge, about 27 kilometres



EXPRESS PHOTOS BY DAVE JOHNSON

On Friday, Sept. 16, the "Swedish Cultural Association Manitoba" visited Chatfield as part of their field trip.

Graymont announces launch of community-focused Carbon Reduction Fund and invites applications for 2022 initiatives

We are proud to announce the launch of the Graymont Carbon Reduction Fund, an innovative, grass-roots initiative designed to support the development of carbon-reduction initiatives in the communities across the globe that we call home.

The fund's role is to support projects focused on:

- Protecting the environment by the responsible use of resources
- Reducing our carbon footprint through increased energy efficiency
- Developing and maintaining natural, biological 'carbon sinks' such as agricultural land, forests or peat bogs that act as a natural offset for carbon

If you have a project idea that relates to any of these topics, the GCRF is looking for you!

For additional information, please contact Lara Price - Safety Specialist lprice@graymont.com

Graymont's mission is contributing to a decarbonized world by providing essential lime and limestone solutions.

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carbon reduction fund
PARTNERING WITH OUR COMMUNITIES

from Chatfield on Highway 17.

"We also went to the cemetery in Lillesve [south of Chatfield] and put a Swedish flag on every grave that was Swedish, which was almost all of them, and the site of the Morningstar school where many of us danced until the sun rose. We did a Skol [a toast when sharing a drink] there ... and had a little dance, just like the good old days," said Lundstrom.

Some of the cultural association's members grew up in the area or went to visit grandparents and friends, especially in the Lillesve area, said Lundstrom. The members came from Winnipeg, Stonewall, Beausejour, Lac du Bonnet, Alberta and as far away as Stockholm and Leksand, Sweden.

The association holds field trips to communities where there is a Swedish cultural presence. She said Elinor Barr's book *Swedes in Canada: invisible immigrants* talks about how the Swedes went throughout Canada assimilating. Wherever they went, they not only survived but also thrived in spite of the conditions.

"The Swedish Cultural Association on wheels goes to those places to connect with our culture and have fun. We don't know anyone, but after the food, coffee, stories — and then throw in the singing and dancing — we're all friends," said Lundstrom. "We've been to Eriksdale, Meadows, Sprague, Lac du Bonnet, Laclu, Ont., and next year plan to go to Erickson. We also have Lundar and Steep Rock on our radar."

After visiting Chatfield, Lundstrom said everyone went home "with a song in their heart and a dance in their step."

Locals invited to showcase their talent at Open Mic nights

By Autumn Fehr

Come one, come all, and bring your talent with you! On the fourth Wednesday of every month, the Eriksdale Music Shop will continue to host its Open Mic night. The Open Mic nights start at 7 p.m. at the Eriksdale Music Shop and run for a couple of hours. Visitors come and put their names on a list as they arrive, and they play in that order. The evening is also open to spectators for an evening of music to enjoy. "We do it to encourage the live music and to give people an opportunity to play in front of other people, and just to

play ... looking to create more magical moments," said Dawn Mills, one of the owners of the Eriksdale Music Shop. The only time the shop isn't running the open mic is throughout the summer when they are busy putting on their annual music festival — ROGERKimLee — and hosting an array of other musical events for the community to enjoy. The open mic nights are a free event, with proceeds of the coffee, tea and

goodies served going back to put on the ROGERKimLee festival for the following year. The open mic nights are an opportunity for anyone to come and play a tune, try out their music and have an opportunity to perform in front of a few people, said Mills. "We are hoping to attract more of our younger crowd," she said. The music shop started putting on the open mic events last winter, and they don't intend on scaling back any time soon.



EXPRESS PHOTO SUBMITTED

Eriksdale Music Shop to host Open Mic night on the fourth Wednesday of every month.

RCMP warn against tampering with election signs

By Jennifer McFee

If you tamper with election signs, you could face serious repercussions. That's the message from RCMP as the municipal election approaches and more signs start to show up in communities. "It is very serious to tamper with election signs. Election advertising is protected under the Canada Election Act. Any tampering with or theft of election signs would be offences as per the Criminal Code of Canada under mischief or theft. The punishment can see a jail term of up to two years or significant fines," said Tara Seel, media relations officer with the Manitoba RCMP. "It is important to note that any interference with election signs is taken very seriously to ensure those running for election have equal opportunity to put forward their position."



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National Day FOR TRUTH AND RECONCILIATION

September 30, 2022



Why you should wear orange on National Day for Truth and Reconciliation



The second annual National Day for Truth and Reconciliation takes place Friday, September 30, 2022. The day is intended to educate and remind Canadians about the dark history of residential schools, honour the victims and celebrate the survivors. The day is also known as Orange Shirt Day. Here's why.

WHY WEAR ORANGE

Orange Shirt Day was inspired by the experience of residential school survivor Phyllis Webstad, whose grandmother bought her an orange shirt when she was six years old. She proudly wore the shirt on her first day attending residential school.

However, when Phyllis arrived, school officials took her shirt away from her and cut her hair. She never saw her orange shirt again. Webstad says orange reminds her that her feelings didn't matter while attending the school and that no one cared.

A DARK LEGACY

Webstad is one of 150,000 First Nations, Métis and Inuit children ripped from their families and communities and forced to attend residential schools between the late 1800s and 1996. The Canadian government and the Catholic Church ran the schools designed to strip the children of their language and culture. It's estimated that between four and six thousand children died due to the schools' rampant abuse and poor living conditions.

ORANGE IS THE COLOUR OF HOPE

Many residential school survivors are still coping with the trauma they experienced as children. Wearing orange recognizes the resilience and strength of those who survived while paying tribute to those who didn't.

Wear orange this National Truth and Reconciliation Day to show that every child matters, that their feelings count and that someone cares.



Derek Johnson
MLA for Interlake-Gimli

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Mayor, Council and Staff

Teamwork makes light work of shed-painting

Staff

Wave Youth group members got a number of helping hands last week when Gimli High School students volunteered to help paint four sheds that were donated to the group. Winnipeg Beach residents donated the sheds to the youth group, and the Bayview Church offered to house the sheds on its property.

“The youth are amazing workers. We are so blessed to have such wonderful youth in our community. They are always willing to help and to volunteer,” said Wave Youth group director Anders Kuusselka on the group’s Facebook. “Thank you all for coming to help yesterday.”

The Wave is in the process of fundraising to build a permanent youth club in Gimli.



A volunteer helps paint a shed, which the Bayview Church in Gimli offered to house on its site.



Wave Youth group members and Gimli High School students volunteered to paint the donated sheds.

EXPRESS PHOTOS COURTESY OF ANDERS KUUSSELKA

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Your FARM



Manitoba celebrates Food And Farm Awareness Week

By Ty Dilello

The Manitoba government encouraged all Manitobans to celebrate the province's vibrant, diverse, safe and sustainable agri-food system during the eighth annual Food and Farm Awareness Week, which took place from Sept. 19 to 23.

"Manitoba's agri-food industry produces a diverse range of delicious foods," said Derek Johnson, Manitoba's Minister of Agriculture. "I encourage Manitobans to celebrate Food and Farm Awareness Week by trying new local products."

Since its inception in 2015, the awareness week has been launched on the third Monday in September. The minister said last week's activities provide essential opportunities for Manitobans to learn about and celebrate the diversity of food production in the province, the hard-working people in the agri-food industry, and the importance of agriculture to the provincial economy.

Adagio Acres is a small family farm run by Donald and Amy Nikkel that occupies 80 acres near Lundar. They have been in operation for nearly 10 years now and are known for producing their incredible oats.

"We started farming near Lundar with a goal of making locally grown and milled oats more accessible here in Manitoba so that consumers could better understand some of the processes that bring food to their plates," said Amy Nikkel of Adagio Farms.

Manitoba grows a very high quantity of grain, but much of it is exported or processed out of the province.

"We have found that Manitobans are really excited to know where their grains come from, and our Naked Oats are available all around the province at Red River Co-ops, Sobeys, Safeways, Vita Health and many independent shops as well," she said. "We have always felt really supported by porridge enthusiasts, but for the past few years, the weather has been our greatest challenge. Last year, with the drought, we weren't able to harvest any oats, as the grasshoppers got to them before the plants were fully grown."

This year, most farmers were struggling with the opposite problem, with flooded fields and rain making



fieldwork much more difficult.

"We like to plant oats in late April, but this year it was mid-June before we could get onto any of our fields. We planted about half the acres we were planning, but we consider ourselves fortunate, as many farmers in the Interlake weren't able to get any seeds in the ground at all."

With a good summer and great weather in mid-September, Adagio Farms was able to harvest its fields last week. They are beyond excited that they have another year's worth of oats ready to mill for people's porridge pots this coming winter.

Nearly 40,000 Manitobans work in the agricultural industry, contributing significantly to Manitoba's economy. To learn more about agriculture in Manitoba, visit www.gov.mb.ca/agriculture.



EXPRESS PHOTOS SUBMITTED

Manitoba celebrated Food and Farm Awareness Week for the eighth consecutive year from Sept. 19 to 23. Adagio Farms in Lundar is one of the province's finest oat producers.

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Your FARM



History on display for 82-year-old family business

By Jennifer McFee

History is on display at a long-standing local agricultural business that has served the Interlake for more than eight decades.

Leo's Sales and Service, an 82-year-old business with roots in Argyle, continues to forge

forward with the third generation now at the helm.

It all began in 1940 when Leo Grandmont bought a blacksmith shop where he worked on horseshoes, ploughs and more.

"Then he was a sub-dealer for a Case dealer



PHOTOS SUBMITTED

A restored 1955 Case tractor is on display in the showroom.

in Stonewall," said Leo's grandson Patrick Grandmont, who remains involved in the family business.

"They were in Argyle at that time, and he ended up selling more tractors than the dealer in Stonewall. So in 1955, he got the Case franchise. We're now the oldest Case dealer in Manitoba."

Over time, Leo passed the business down to his three sons Gerald, George and Philip.

From there, the business continued into the third generation with Patrick and his cousins Jena and Josh. Today, the company is still thriving in its current location on the north Perimeter Highway at



This is the first Case tractor sold by Leo Grandmont in 1955 after he became a Case dealer.



A restored 1970 combine is also on display on the property at Leo's Sales and Service.

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Continued on page 24

Manitoba Beef Producers announce schedule for fall meetings

By Becca Myskiw

Manitoba Beef Producers is gearing up for their fall meetings, with the local district having an election year.

District 3 includes the Carman and Miami area. This year, all odd numbered districts will be holding elections for their directors just as the even districts had last year. Andre Stepler is the District 3 director, and he said he will be running again.

"I stepped onto the board to give back to a community that's been very great to us," he said, "and to learn more about the industry and all the sectors you're not exposed to unless you're on a board like that. And, of course, I love networking with people and working for a membership-based organization. I also have a bit of politics in me, but I don't want to be a politician, so it works perfectly."

The odd-numbered district meetings will start at 4 p.m. with presentations, followed by a break around 5:15 p.m., followed a free beef meal and fellowship. At 6:15 p.m. presentations will resume, and director elections will be held. Producers from even-numbered districts are welcome to join odd-numbered district meetings but cannot vote in their elections.

For those who can't attend a physical meeting, one virtual meeting will be held on Nov. 7 at 7 p.m. Go to www.mbbeef.ca to register.

The annual district meetings are a way for members to sit down and talk with each other, bring concerns to the board, ask questions, discuss projects and talk about anything else producers may see fit.

Issues and projects Manitoba Beef Producers may discuss at meetings



Manitoba Beef Producers are starting their fall meetings in October.

this year are securing assistance for producers affected by the spring storms and flooding; the Livestock Predation Prevention Pilot Project; ongoing engagement with the provincial government about the Agricultural Crown Lands Leasing Program; providing feedback to governments as the Next Policy Framework, which will replace the Canadian Agricultural Partnership is being developed; advocating for the province to fund more training seats for Manitoba veterinary medicine students; working on issues under federal jurisdiction such as proposed front-of package labelling on ground beef, trade challenges and livestock transportation requirements; and outreach to help inform the public and policy makers about the beef industry and its value from both economic and environmental perspectives.

Steppler encourages producers to attend their local meetings. The in-person meeting schedule is as follows:

- Oct. 19: District 9 at the South Interlake Rockwood Ag Society in Stonewall



EXPRESS PHOTO SUBMITTED

The local district's meeting is on Nov. 1 at the Carman Legion Auxiliary Hall.

- Oct. 20: District 11 at the Ashern Legion
- Oct. 24: District 13 at the Rotary Arena upper floor
- Oct. 25: District 7 at the Minnota Community Centre
- Nov. 1: District 3 at the Carman Legion Auxiliary Hall
- Nov. 2: District 5 at the Austin Community Hall
- Nov. 3: District 1 at the Mountview Centre

PUBLIC OPEN HOUSE

RM of Grahamdale Zoning By-law Final Draft Review

You are invited to a public open house hosted by Landmark Planning & Design on behalf of the RM of Grahamdale to review the final draft of a new Zoning By-law for the municipality.

The RM of Grahamdale is updating its Zoning By-law, a regulatory tool available to the municipality to implement the objectives and policies of the Development Plan. Based on preliminary analysis of Grahamdale's Zoning By-law, the following issues are anticipated to be addressed in the new RM of Grahamdale Zoning By-Law:

- Implementing relevant policies from the Development Plan
- Implementing relevant sections of the Steep Rock Master Plan
- Review standards and provisions to align with current policy directions, creating a supportive environment for growth and/or change in the community
- Addressing changes in Provincial regulation / policy
- Consolidating sections of the Zoning By-Law where necessary to improve clarity, ease understanding and ease implementation, etc.
- Revising definitions and permitted uses
- Removing outdated terminology and incorporating new uses
- Adding illustrations to aid comprehension
- New formatting

Landmark Planning & Design and the RM of Grahamdale recognize that public engagement and community consultation are key to any successful planning process. The purpose of this Open House is to provide a project update, review the final draft of the Zoning By-Law, and outline the next steps. Those in attendance will be encouraged to provide verbal and/or written feedback and project team staff will be in attendance to receive your feedback and address any questions or concerns you may have.

THURSDAY, OCTOBER 6TH, 2022
(Drop-In) 5:00 PM TO 8:00 PM

Moosehorn Community Hall
Railway Ave, Moosehorn, MB R0C 2E0

To RSVP, please email to RSVP@landmarkplanning.ca with the subject line "Grahamdale" or via telephone at 204-453-8008.

If you are unable to attend or would like to discuss the project in an alternate format, please contact: Evan Allan
E: eallan@landmarkplanning.ca
T: 204-453-8008



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Survey - Identify Watershed Natural Assets

WHAT IS THE PURPOSE OF THIS SURVEY?

The EIWD is in the process of renewing the Integrated Watershed Management Plan for the Netley-Grassmere-Willow Creek Watersheds. We will be working with governments, professionals, and watershed residents to help prioritize and develop ways to protect, restore, and manage the Watershed Natural Assets.

WHAT ARE WATERSHED NATURAL ASSETS?

Watershed Natural Assets are things and places in the watershed that are environmentally, socially, and economically important. These can be biological assets (rare birds, fish, bugs, plants), land and water areas (specific rivers, lakes, wetlands, grasslands, forests), or the soil and air in the watershed.

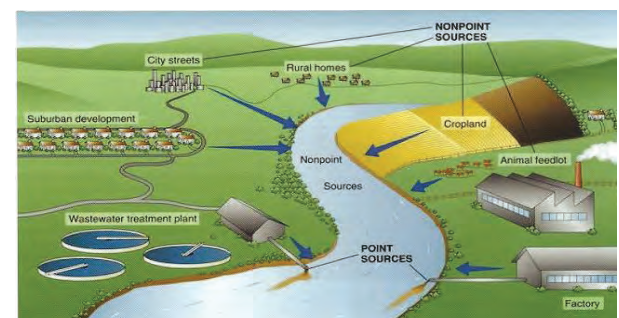
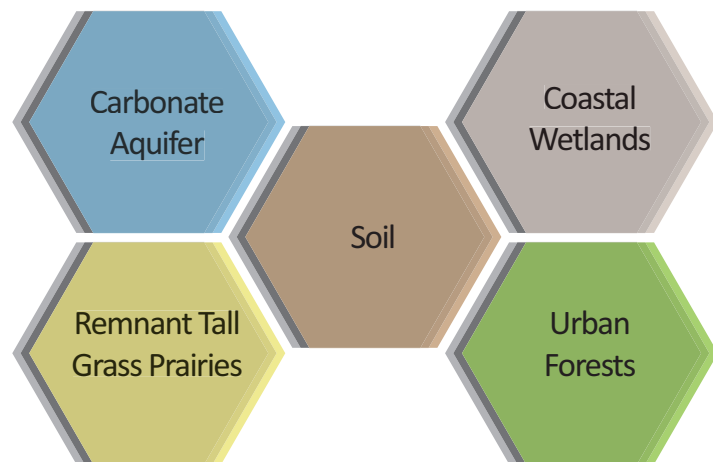
WHAT IS A WATERSHED?

A watershed is a topographically defined area of land where all of the precipitation that lands within it flows either downwards into the soil to become groundwater, or across the landscape through waterways to a common downstream point.

WHAT ARE RISKS TO WATERSHED NATURAL ASSETS?

Risks can be any activity that reduces the size, functionality, or sustainability of a natural asset. Examples include pollution, urban development, deforestation, and climate change.

EXAMPLES OF WATERSHED NATURAL ASSETS:



Risks to a Natural Asset. In this example, the surface water in a specific stream is the natural asset and the risks are point and nonpoint sources of pollutants.

TELL US MORE!
 WHY ARE THESE WATERSHED NATURAL ASSETS IMPORTANT TO YOU?



Old Farmers Almanac predicts 'sneaky cold' winter

By Jennifer McFee

Braces yourselves — it will soon be time to pull out your parka and search for your Sorels.

The 2023 Old Farmer's Almanac Canadian Edition predicts this winter will be colder than usual in the Prairies with above-normal precipitation and near-to below-normal snowfall.

Managing editor Jack Burnett expects Manitoba's winter will be cold and relatively dry with snowy spells.

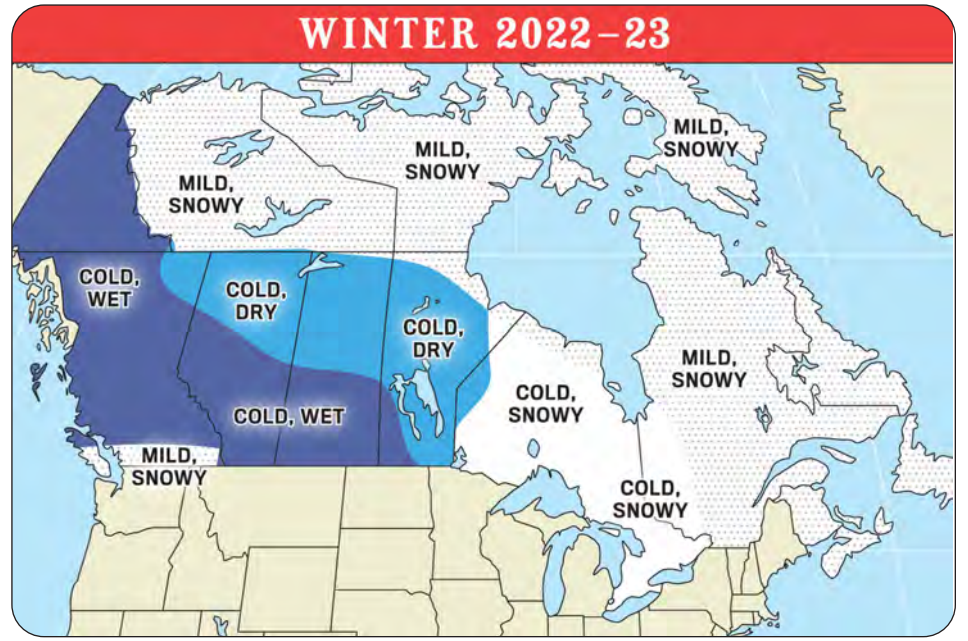
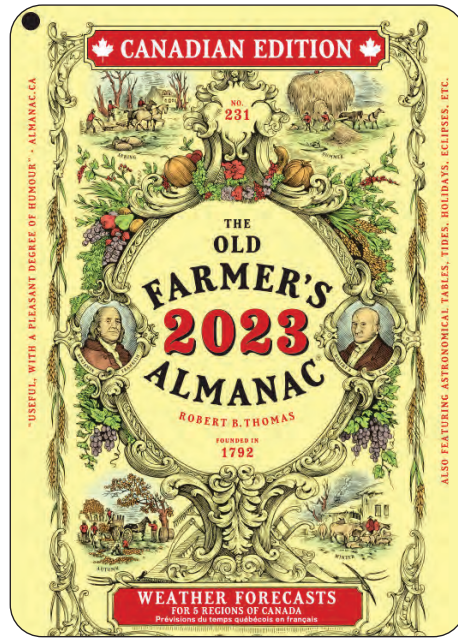
"We see the real cold parts starting in the middle of November through the first week of December," he said by phone from New Hampshire.

"The next cold snaps would be in the first week of January, the last week of January and the last week of February."

He points out that the coldest weather will likely end in February for a milder end to the season.

"It could still be somewhat cold in March and even in April, but it's mostly front-loaded into the winter, particularly in late November and early December," he said.

"We're also looking for the heavy-duty snowfall to be the last week of November, middle of December, last week of December and last week of January. So when you combine those two things, the two times when the cold and snow coincide are the last week of November and last week of January."



SUPPLIED IMAGES

The Old Farmer's Almanac is predicting a cold, dry winter in Manitoba.

Although *The Old Farmer's Almanac's* forecasting methods don't usually focus on particular days, Burnett points out a few noteworthy occurrences.

To start, Nov. 15 to 19 will be very cold. Then from Nov. 26 to 30, he describes the weather as "frigid, which is like very cold on steroids."

A snowstorm will span Dec. 10 to 13, followed by very cold weather from Jan. 19 to 22. The temperature will plummet further from Jan. 23 to 31 for another bout of frigid weather.

"We're calling it a winter of sneaky cold because it's going to be up and

down. Just when we feel like it isn't too bad, Mother Nature is going to turn down the temperature. That will remind us that it is, after all, winter in Manitoba," Burnett said.

"Just when we get out of that cold, a few days later, we're back into it. It's going to be a rollercoaster of temperatures, but sometimes the

bottom part of the track is going to be lower than normal."

Continued on page 25

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'Quitting smoking is easy,' new Manitoba-wide program



Rebecca Zimmer

By Rebecca Zimmer, PharmD candidate 2023, pharmacy intern

Did you know that 70 per cent of current smokers want and intend to quit smoking at some point? It's easier to quit with support.

There has never been a better time to quit smoking. The new Manitoba-wide program provides both financial and motivational support to help you take control of your health and quit smoking for good.

Participants will receive an initial appointment with a pharmacist to explore their smoking history and create an individualized plan for

success with quitting, as well as nine follow-ups with their pharmacist for ongoing support, answering questions and developing strategies for obstacles that may come up along the way, all at no out-of-pocket cost for the participant. Participants may also be eligible for up to \$100 of coverage to help with the cost of medications used to assist in quitting.

Pharmacists are continually expanding the range of services they can offer to better care for our patients' health, and the ability to assess and prescribe for smoking cessation helps improve Manitobans access to smoking cessation medications and resources. There are several medication options to help patients manage withdrawal and cravings when quitting smoking, and all of them have solid evidence of benefit in success rates for quitting smoking. These medications include nicotine-based therapies that come in various forms such as lozenges, gum, patches and inhalers that help reduce

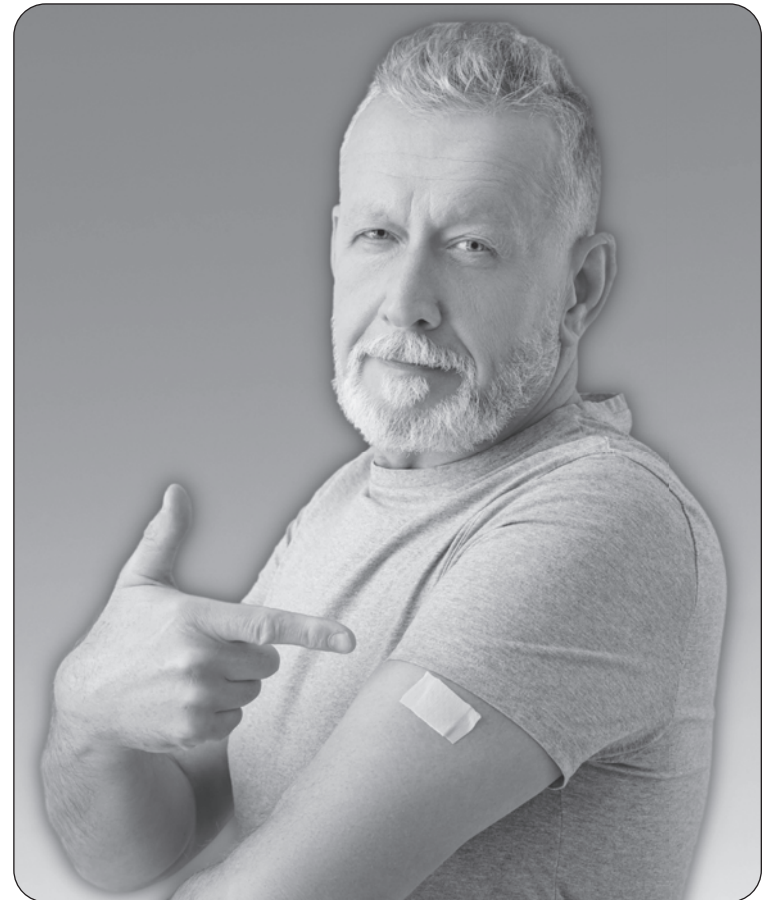
withdrawal and oral medications that can help reduce the desire to smoke.

Studies demonstrate that the most successful method of quitting smoking is one that uses a combined approach of medication, support from one's friends and family and follow-up with a health-care provider to help with behavioural strategies to break the habit. It is difficult to quit smoking but with this new program, all the tools to quit can be utilized to maximize chances of success.

Many people have a local pharmacist they know and trust, making them the perfect health-care provider to provide recommendations and support on your journey to quit. Ask your local pharmacy if they are participating or visit <https://www.quitsmokingmb.ca/participating-pharmacies> to find your closest participating location.

References:

1) Roberts NJ, Kerr SM, Smith SM. Behavioral interventions associated with



smoking cessation in the treatment of tobacco use. Health Serv Insights. 2013 Aug. 11;6:79-85. doi: 10.4137/HSL.S11092. PMID: 25114563; PMCID: PMC4089707. 2) <https://www.quitsmokingmb.ca/>

Minds and Motions providing support for those living with dementia and their caregivers

By Autumn Fehr

According to the Alzheimer's Society, there are currently over 500,000 Canadians living with dementia today, and 76,000 Canadians will be diagnosed with dementia every year.

Dementia is a general term for those with impaired ability to remember, think or make decisions that interferes with their everyday activities. Alzheimer's disease is the most common form of dementia.

Minds and Motion, a province-wide program, hopes to brighten up the

lives of those living with dementia, and those caring for them during this time.

The program is designed for people with early or moderate signs of dementia to attend an event with others going through the same thing they are, alongside a family member or friend.

The sessions start Sept. 28 and will continue every Wednesday until Nov. 16 from 1 to 3 p.m. at the Gordon Howard Centre in Selkirk.

The weekly eight-week program includes a gentle chair fitness class, aimed at promoting functional ability, followed by cookies and refreshments, conversation and engaging activities.

"There's something for everybody, and everyone just leaves with a smile on their face," said Samantha Holland, Interlake-Eastern regional coordinator.

"This program allows those individuals to feel included. It reduces isola-

tion, and they are out in the community participating like anybody else. It also gives their caregivers a little bit of respite time," she said.

The cost for the eight sessions is \$65 per pair.

There are still a few spots for the fall sessions. To register, call 204-785-2092.

If you are unable to get a spot this time around, or if you want to participate again, Minds and Motion will be hosting another set of sessions in the spring.

> FAMILY, FROM PG. 20

Sturgeon Road.

Although decades have come and gone, the family continues to pay tribute to the earlier years of the enterprise.

They maintained connections with the Scott family in Warren, who bought the first 1955 Case tractor after they became a dealer for the brand. After Mrs. Scott became a widow, she no longer used the tractor. The Grandmonts made an arrangement to fix her baler in ex-

change for the old tractor, which marked an important moment in the company's history.

In 2005, Patrick — along with Leo's employees Harry Voth and Pete Gunther — restored the 1955 Case Vac 14 Tractor from the Flam Beau series. In addition, Martin Teerhuis did the bodywork. The tractor, which weighs more than 3,173 pounds, features a four-cylinder gas engine and four-speed transmission.

"It was beat up pretty bad and we spent a pile of money on it, but it's in the showroom now," Patrick said.

"It wasn't completed in a day, that's

for sure. But it's a nice showpiece to have now. It's priceless."

Another historical piece on display is a 1970 combine in perfect running condition that came from customers in the Beausejour area.

"They bought some land and there was an old shed on the property. They were going through some of the stuff in the shed and came across this combine. It happened to have a Leo's sticker on the side," Patrick said.

"It was sold brand new from our store back in 1970. They were going to scrap it and I said we would take

it for scrap price. So I had our truck go pick it up and bring it to the dealership. We gave the engine a little bit of a tune-up and we drove it onto the front lawn."

Last year, the combine remained on display in front of the store, and now it's set up in the back.

"It was too nice of a machine to get rid of," Patrick said. "It's a neat thing to have."

To learn more about Leo's Sales and Service, visit www.leoscaselh.ca, call 204-694-4978 or follow Leo's Sales and Service on Facebook and Instagram.

Arborg and area raises over \$9,600 for Terry Fox Foundation

By Patricia Barrett

Arborg and surrounding communities raised over \$9,600 last week for the Terry Fox Foundation and cancer research, and a long-time supporter of the event said better treatments for cancer need to be found.

Susan Bauernhuber is a stalwart supporter of the fundraising event. She and her husband Phil, who grew up in Geysir and passed away last year, took part in the event year after year.

Bauernhuber and her family experienced great loss after Phil passed away from brain cancer, she said, and it's important to support the Terry Fox Foundation to help raise funds for research and to support cancer patients and their families.

"From the time Phil was tested in May of 2021 and had his final diagnosis, it was only a month. Cancer-Care jumped on it right away, but the disease had progressed. He was diagnosed on June 30 and died on Oct. 30," said Bauernhuber. "That was too fast for us. We were really hoping for a year with him."

Bauernhuber, a retired nurse, said she knew what the outcome would be but didn't want to believe it. The doctor treating Phil said he likely had a year or 14 months, and she and their family were shocked that the disease took him so quickly.

"We wanted to be optimistic and hoped that he would have four or five years, but we resigned ourselves to the fact Phil had probably a year and we wanted to live that year to the fullest," she said. "We were not prepared to have only four months."

Glioblastoma is a common malignant brain tumour. It is an aggressive cancer with a poor prognosis and average survival of 15 months. The tumours are resistant to conventional therapy. Symptoms include persistent



EXPRESS PHOTO BY DONNA GISLASON

Susan Bauernhuber is a stalwart supporter of the Annual Terry Fox Run fundraising event.

headaches, double or blurred vision, vomiting, loss of appetite, seizures, impaired ability to think and learn, and speech difficulties.

It has been almost a year since Phil passed away and Bauernhuber said she misses him every day and grieves every day.

"My heart goes out to everyone who is living and caring for a loved one with this terrible disease," she said. "We never left Phil's side. I was there 24-7 and our children were there off and on during the day and night. I was never alone at night and neither was Phil."

Bauernhuber said her father and Phil's sister also died from cancer,

and it's important for her to continue to support the Terry Fox Foundation.

"Cancer is a terrible disease and it takes a lot away from a lot of people. It turns a family totally upside down. And it's not fair. We need to find better treatments for it. There is no cure for the glioblastoma Phil had, and I think we have to do more research into it," said Bauernhuber, who donated to the fundraiser this year. "I hope the money that's being raised by the Terry Fox Run will go into research and treatments for this type of cancer and for other cancers."

With the COVID pandemic having resulted in a loss of volunteers across a number of organizations and

groups, this year's Terry Fox Run in Arborg consisted of the organizing committee and its volunteers holding a Terry Fox T-shirt sale and donation drive at the Interlake Co-op grocery store instead of a run.

The town and surrounding communities are well known for their generosity during the annual Terry Fox runs, and this year was no different.

Terry Fox Run organizing committee chair Donna Gislason, who has been involved with the fundraiser for many years, said she sees the hope in continuing to fund research.

"Phil was a dear friend of ours. I've lost family members but I've also had family members and friends who've been treated and are survivors. So I see the hope in that. We can continue to look for ways to fund research to find cures or better treatments," she said.

Generous donors from Arborg and the surrounding area rallied behind the fundraiser once again.

"The committee and I were so pleased that the event was so well supported this year. The community once again — not just Arborg but the surrounding communities — was very, very supportive. We made over \$9,600. I couldn't believe it," said Gislason. "We had some wonderful volunteers this year working that day. We can never do the Terry Fox event without volunteers. I want to thank supporters from Arborg and the surrounding area, and I want to thank them for recognizing the importance of this and always coming out and being there for the Terry Fox Foundation."

The organizing committee has already had new members sign up, and Gislason said they would welcome more. Anyone interested in being on the committee can reach out to Donna Gislason at 204-782-9694.

> 'SNEAKY COLD' WINTER, FROM PG. 23

However, for a tidbit of good news, Thanksgiving should shape up to be sunny and mild.

"You can savour that mild weather while you're savouring the turkey," Burnett quips.

Looking further ahead, April and May are expected to be warmer and wetter than normal, and summer should also be warmer than average.

Founded by Robert B. Thomas in 1792, *The Old Farmer's Almanac* is the oldest continuously published periodical in North America. In keeping with past traditions, the style of the publication is "useful with a pleasant degree of humour."

"Farmers almanacs have a wryness to them," Burnett said. "They're tongue-in-cheek. That's what we try to do."

The publication bases its weather forecasts on a combination of meteorology, climatology and solar radiation.

"We use computers to analyze weather records. We look at the weather that's happening at the time when we put the forecast together. Then we use computers to go back and try to find a pattern in the past that closely matches the pattern in the present," Burnett said.

"The forecast is usually about 80 per

cent accurate. We also found a way to adjust for climate change, so we've made a few little tweaks."

In addition to weather predictions, the 2023 edition contains farming profiles from St. Claude and Norway House. Readers can also look forward to gardening tips and trends, home remedies for hay fever, delicious dishes for a Ukrainian Christmas, and winning entries from the Almanac's banana recipe contest.

"Manitoba is an important part of *The Old Farmer's Almanac*. Whenever we plan for our Canadian edition, we always consider what's going on in Manitoba," Burnett said. "Southern Manitoba is the heart of Canada in more ways than one."

Burnett encourages readers to shop local for *The 2023 Old Farmer's Almanac Canadian Edition*, and a list of stores is available at Almanac.ca/Wheretobuy. Print copies are also available through Amazon, and digital editions can be purchased at Almanac.ca/Shop.

Other popular publications include *The Old Farmer's Almanac for Kids*, *The Flower Gardener's Handbook* and *The Vegetable Gardeners Handbook*.

The website also offers hundreds of free pages of information on everything from food and history to weather and astronomy.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Manitoba rinks sweep PointsBet Invitational

By Ty Dilello

Team Jennifer Jones and Team Reid Carruthers took home a cool \$50,000 for winning the inaugural PointsBet Canada Invitational in Fredericton, N.B., this past weekend.

The PointsBet Canada Invitational was a single elimination tournament-style event for 16 of the top Canadian men's and women's curling teams playing off for big cash prizes.

On the women's side, St. Vital's Jennifer Jones (with Altona's Emily and Mackenzie Zacharias now on the team) ran the gauntlet and won four matches in a row, extending the team's current winning streak to 12 games.

On Sunday morning, Jones defeated Alberta's Casey Scheidegger 7-4 in the championship final. Accompanied by third Karlee Burgess, second/

vice-skip Mackenzie Zacharias, lead Lauren Lenentine and alternate Emily Zacharias, Team Jones pocketed a \$50,000 payday for winning the event.

"We felt chemistry instantly, and I wasn't sure because they were already an existing team, and I'm just a couple of years older than them, so I wasn't sure how that would all work," said Jones. "But I honestly feel like it's so easy. They're easy to be around, and I feel like we've just become one united team, which is crazy because it's only September."

It's been a tremendous start to the season for the new Team Jones. Jones, an Olympic gold medallist, two-time world women's champion and six-time Scotties Tournament of Hearts winner, joined forces with the 2020 world and Canadian junior women's champions in Altona's Mackenzie

Zacharias this past offseason.

Mackenzie Zacharias has moved from her traditional skip position to second while calling line for Jones when she throws as vice-skip. Mackenzie's younger sister Emily, who has played second the last few seasons, has been the odd one out on Team Jones, for the most part, usually being the team's fifth while also getting into some games at lead or second.

"I've had a couple of tournaments now to kind of figure it out," said Mackenzie Zacharias. "There wasn't a whole lot that's changed, but sweeping was probably the biggest thing for me. I hadn't really swept before, but I'm on a team with some amazing sweepers. They were able to give me some good pointers, and we've had a few people come out and teach me as well."

On the men's side, Team Reid Carruthers of the Morris Curling Club was the last team standing at the end of the day. Carruthers defeated Fort Rouge's Matt Dunstone (with Gimli's B.J. Neufeld and Winnipeg Beach's Colton Lott) 8-4 in nine ends in an all-Manitoba championship final.

This was Team Carruthers third event together as a new team and their first title for skip Reid Carruthers, third Jason Gunnlaugson, second Derek Samagalski and lead Connor Njegovan.

"We've been pretty good this whole trip, and this is an amazing cap of a three-week stretch for us," said Jason Gunnlaugson. "We're having a lot of fun. Reid is probably one of the best leaders of a team on the ice, as he has us doing the right things. We're going to get there, I think."

Lakers place 12th at MHSAA boys' golf provincials

Staff

The Gimli Lakers placed 12th out of 15 teams at the MHSAA boys' golf provincials last Friday in Carman.

Gimli's team of David Johnson (94), Haden Magnusson (97), Adam Vigfusson (100) and Matthew Huston (105) combined for a 291 total.

The St. Paul's Crusaders team of Grady Chuback, Bryson Harder, Jack Taylor and Payne Wood are provincial champions after finishing with a 219.

The River East Kodiaks (Austin Boge, Brayden Boge, Devon Brown and Ryan Pellaers) were second at 245.

Chuback and Taylor both fired individual low rounds of 71.

At the MHSAA girls' golf provincials, the Lundar Kodiaks' Madison Olafson carded a round of 98.

The St. Mary's Academy Flames won the provincials with a team score of 275.

Falcons, Ice Dawgs begin preseason play

Staff

The Lundar Falcons had a great start to their Capital Region Junior Hockey League preseason.

Lundar defeated the North Winnipeg Satellites 5-3 on Saturday and then beat the Beausejour Comets 5-4 on Sunday.

The Arborg Ice Dawgs, meanwhile, downed the St. Malo Warriors 7-6 in a shootout on Saturday.

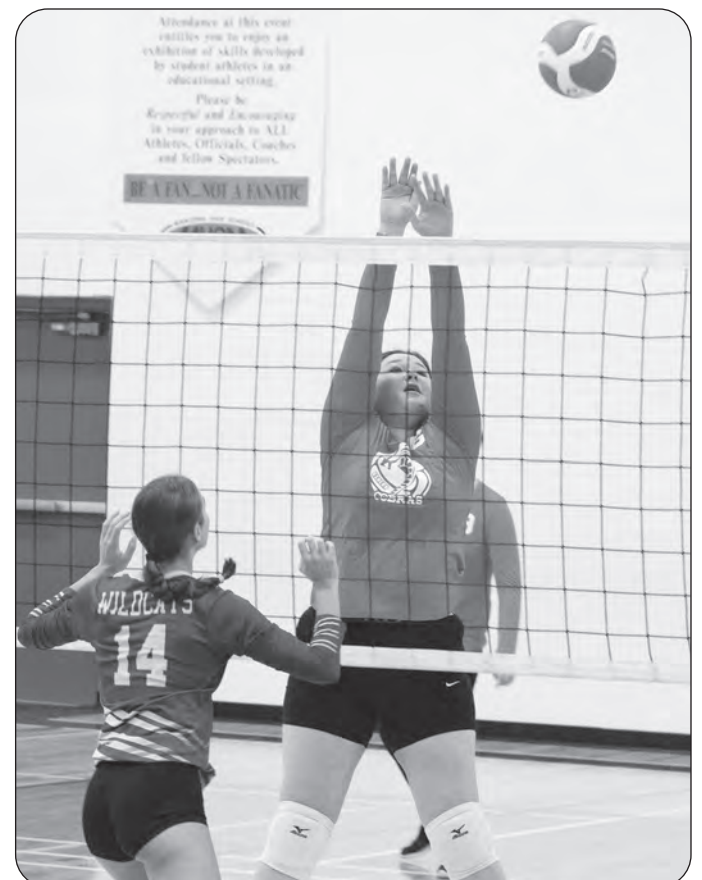
No goal scorers from those three games were available at press time.

Arborg started its preseason with a 6-5 loss to the defending-league champion Selkirk Fishermen last Thursday.

Cadrick Dueck scored twice for the Ice Dawgs while Tyson Barylski, Brody Maxwell and Ben Danielson also tallied.

Izzy Aime led Selkirk with a pair of goals while singles were scored by Guy Rozin, Nick Magwood, Karter Andrushko and Gage O'Neill.

Having a ball



EXPRESS PHOTO BY JO-ANNE PROCTER

Ashern Central School's Danisse Gould goes up for a block against Warren Collegiate during junior varsity girls' tournament action last Friday.

To see more photos of your favourite Interlake Athletes

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Interlake Thunder rolls past Falcons

By Brian Bowman

There were a lot of points scored between the Interlake Thunder and the Falcons Football Club last Friday.

In fact, there were 94 of them.

And it was Interlake that came out on top with a 56-38 victory in varsity exhibition action in Stonewall.

"It was a non-conference game for us so it didn't count towards the standings," said Thunder head coach Mitch Obach. "We had quite a few guys out with different injuries so we just rolled with who we had and everyone stepped up and played some pretty good ball, for the most part."

The Thunder offence, once again, did a very good job moving the ball and scoring points.

"Our starting quarterback was injured in the previous week and he's still out so our young Grade 9 Ben Cook came in and for the second

straight week he looked super poised, mature beyond his years," Obach said. "He ran that offence smoothly all day."

The Thunder will resume Rural Manitoba Football League action this Thursday when they host the Neepawa Tigers at Stonewall Collegiate. Kickoff is 4:30 p.m.

At 1-2 in league play, this is a big game for the Thunder.

"It's huge. Neepawa is 2-1 so if we can beat them we can place ourselves alongside them and have a tie-break with them but if we lose we're down to 1-3," Obach said.

"It's a big one on a bit of a short week but we made some nice progress last week and we're looking forward to some healthier players this week and we're going to give it everything we can against the Tigers."



EXPRESS PHOTO BY JO-ANNE PROCTER

The Interlake Thunder's Jesse Batenchuk of Gimli carries the ball against the Falcons Football Club during varsity exhibition action last Friday in Stonewall. Interlake won the game 56-38.

Winnipeg Beach Recreation Hockey program gearing up for 7th year of fun

By Patricia Barrett

The Winnipeg Beach Recreational Hockey program is getting set to take to the ice to teach kids and young adults aged 4 to 19 hockey skills in an easy-going environment.

On-ice volunteer Jay Adam said the program provides a no-pressure, soft-competitive environment that stresses fun while teaching hockey fundamentals such as puck control and shooting.

"We're an easy-going program that allows kids to have fun while they learn how to play hockey," he said. "The kids can go out there and have a good time. They learn the skills and get better at playing. The volunteers are there to help."

The program is in its seventh year. It started out with a small number of kids and grew to about 70 participants. It has drawn kids from various Interlake areas including Matlock, St.

Andrews, Petersfield, Rockwood and Teulon.

Even the youngest kids with little or no skating experience are welcome to get in the game.

"Little kids have equipment on. They do fall a lot but it doesn't hurt as much with the equipment. And it is fun for them, especially the four-, five- and six-year-old kids because they've got something to chase. It's a fun way to learn to skate."

Because the program doesn't schedule competitive hockey games in other Interlake towns, there is no heavy travel commitment parents have to make. And it's relatively affordable.

"The program does suit a lot of parents who might not have the money for organized hockey, which is a time-intensive activity. This program takes up a lot less family time," said Adam.

For more information and to register for the program, email wpgbeach-



EXPRESS PHOTO COURTESY JAY ADAM

The Winnipeg Beach Recreational Hockey program welcomes kids aged 4 to 19.

kidsrechockey@gmail.com or visit the [page](#) for a link to the program. Town of Winnipeg Beach's recreation



NOTICE OF ELECTION EVERGREEN SCHOOL DIVISION

NOTICE is hereby given that the voters of the Evergreen School Division will be taken to elect School Trustees from the following duly nominated candidates:

WARD 1 (Riverton/Arborg Area) – 2 to be elected

Hardy, Jahna
Helgason, Penny
Davies, Sandra

WARD 2 (Gimli/Fraserwood Area) – 3 to be elected

Kohler, Gladys
Nelson, Baldur
Jones, Aaron
Johnson, Brent
Auer, Dianna
Yorga, Jillian

WARD 3 (Winnipeg Beach/Dunnottar Area) – 2 to be elected

Durant, Matthew
Banks, Colette
Pona, Colleen
Mosher, Amanda

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day, an advance voting opportunity will be located at the following, 8 a.m. to 8 p.m. except for Ward 1 on October 18th and Ward 3 on October 7th.

- Ward 3 – October 7, 2022 Winnipeg Beach Municipal office – 29 Robinson Ave Wpg Beach from 8:30 am to 8:30 pm
- Ward 2 – October 9, 2022 Gimli New Horizon 55+ building – 17 N Colonization Rd. Gimli
- Ward 2 – October 13, 2022 Fraserwood Hall – 10140 PR 231 Fraserwood
- Ward 1 – October 15, 2022 Riverton Community – 175 Reggie Leach Drive, Riverton
- Ward 1 – October 18, 2022 Bifrost Riverton Municipal offices – 329 River Rd. Arborg from 9 a.m. to 4 p.m.

VOTING PLACES

Voting places will be open for voting on Wednesday the 26th day of October 2022 between 8:00 a.m. and 8:00 p.m. at the following locations:

- Ward 1 – Riverton Community Hall – 175 Reggie Leach Drive, Riverton
Arborg Bifrost Community Hall – 409 Recreation Centre, Arborg
- Ward 2 – Arnes Community Hall – 20005 Arnes Rd, Arnes
Gimli New Horizons 55+ Centre – 17N Colonization Rd, Gimli
Fraserwood Hall – 10140 PR 231, Fraserwood
- Ward 3 – Winnipeg Beach Community Centre – 32 Hamilton Ave, Wpg Beach
Matlock Recreation Hall – 77 Matlock Rd, Matlock

IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person may be required to produce one piece of government issued photo identification (for example – driver's license or passport) or at least two other documents that provide proof of identity.

MOBILE VOTING

For the purpose of accommodating persons who are qualified to vote, but reside at a health care facility, a mobile voting station will be available.

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply by email to the SEO (Senior Election Official) Evergreen School Division, Debbie.thorsteinson@esd.ca A voter may apply between September 28, 2022, and October 23, 2022

** A voter applying by email will receive a sealed envelope ballot package by regular post (if received before October 14, 2022), or by making alternate arrangements with the senior election official. For applications received after October, 14 2022, ballot packages will need to be picked up in person.

Dated at Gimli, in the Province of Manitoba, this 21st day of September 2022

Deb Thorsteinson, Senior Election Official
Evergreen School Division
Phone: (204) 671-0618
Email Debbie.thorsteinson@esd.ca

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- Must provide proof of 3 million liability insurance

The job application can be printed from our facebook page at Ukrainian Farmers Co-operative Ltd.

Application deadline is October 26th.
Lowest or any tender not necessarily accepted.

For additional information or questions, please contact Kyle Yaciuk at

Ukrainian Farmers Co-operative Ltd.
Box 160, Fisher Branch, Mb, R0C-0Z0
Ph# (204) 372-6202 Cell# (204) 739-8018
Kyle.Yaciuk@ukfarmerscoop.com



FISHER ARMSTRONG PLANNING DISTRICT UNDER THE AUTHORITY OF THE PLANNING ACT

NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

RM of Armstrong Zoning By-law No. 10/2022 Being an AMENDMENT to the RM of Armstrong ZONING BY-LAW NO. 6/04 (AS AMENDED)

HEARING LOCATION: RM of Armstrong Council Chambers
Lot 55 Highway 17, Inwood, MB

DATE & TIME: Tuesday, October 11, 2022, at 1:00 PM

GENERAL INTENT: To:

1. Add definition for "Secondary Suite"; and
2. Add regulations for "Secondary Suite"; and
3. Allow "Secondary Suite" as a Conditional Use in the "GD" General Development Zoning District, in the "AL" Agricultural Limited Zoning District, in the "AG" Agricultural General Zoning District and the "RR" Rural Residential Zoning District".
4. Allow "Secondary Suite" as a Permitted Use in the "AI" Agricultural Intensive Zoning District.

FOR INFORMATION CONTACT:

Corlie Larsen, CAO
RM of Armstrong
Lot 55 Hwy 17 Inwood, MB R0C 1P0
Phone: 204-278-3377
Email: cao@rmofarmstrong.com

A copy of the above by-law and supporting material may be inspected at the Rural Municipality Armstrong Municipal Office, Lot 55 Highway 17, Inwood, Manitoba during normal office hours (8:30 AM to 4:30 PM), Monday to Friday. Copies may be made and extracts taken therefrom, upon request.

Note : Property owners are responsible for notifying lessee.

ECE CHILDCARE EDUCATOR EMPLOYMENT

ECE childcare Educator for the Arborg School Age Child Care Co-op,

casual position, based out of the Arborg Elementary school.

Energetic, able to plan activities for multiple ages of children, must have up to date first aid course, criminal and child abuse record checks, competitive wages.

Applicants to respond to Stephanie
arborgschoolage@yahoo.ca

RECYCLING NOTICE FOR OCTOBER/2022

Riverdale Place Workshop Inc. **will not be picking up recycling on the below mentioned dates**

- Mon. Oct.10/2022 at Riverton business places
- Tues. Oct. 11 at Arborg curbside pickup
- Weds. Oct. 12 at Arborg business places
- Thurs. Oct. 13 at Riverton curbside pickup
- Mon. Oct.24 at Riverton business places
- Tues. Oct. 25 at Arborg curbside pickup
- Weds. Oct. 26 at Arborg business places
- Thurs. Oct. 27 at Riverton curbside pickup

The workshop will be closed on Monday, October 10 Thanksgiving Day.

Please rinse your containers Thank You for recycling

Classifieds



HELP WANTED

Full-time & part-time Class 1 drivers needed in Winnipeg (full time position is scheduled). Need 3 years experience and non-smoker. Please call 204-782-8105.

Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes evenings and weekends. P/T office staff for sale days. Every Friday, 1st and 3rd Weds of each month and the odd Monday. Ph. Melissa at 204-299-7509 msobey@hotmail.com

FINANCIAL SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firststandsecondmortgages.ca

LAKESIDE FLIGHT ACADEMY

Want to learn how to fly? Recreational Pilot Program is the best way to get started, must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger; can easily add float rating to permit. Lakeside Flight Academy 204-642-4799.

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

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204-467-5836

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a fall/winter event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

NOTICES

Advertise NOW in the 32 Weekly Manitoba Community Newspapers to get your messaging to be seen all over the province! Grand Opening? Hiring? Selling something? Have an online store? Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com



Town of Arborg 2022 MUNICIPAL ELECTION RESULTS

Public Notice is hereby given that the following candidates, as nominated, have been declared elected to office by acclamation to serve for the term **November 2022 to October 2026**:

MAYOR	DUECK, Peter	(Incumbent)
COUNCILLORS	GISLASON, Donna	(Incumbent)
	JOHNSTON, Ron	(Incumbent)
	ROGOWSKY, Ron	(Incumbent)
	THORSTEINSON, Rob	(Incumbent)

Dated at Arborg, in the Province of Manitoba, this 21st day of September, 2022.

Jan Larkin
Senior Election Official
Town of Arborg



Town of Winnipeg Beach EMPLOYMENT OPPORTUNITY

Public Works Staff EQUIPMENT OPERATOR

Salary: As per OE987 Union Agreement

The Public Works Department of the Town of Winnipeg Beach is seeking to fill one full time Equipment Operator position.

The successful applicant will possess the following skills, experience and attributes:

- The ability to work independently
- Experience driving heavy equipment, including graders, backhoes, loaders, gravel trucks, etc. with a minimum of 2 years operating experience.
- Mechanical experience would be considered an asset
- Water & wastewater courses and experience would be considered an asset or willing to be trained.
- A valid Province of Manitoba driver's license – class 3 with air endorsement is required
- The ability to perform moderately physically demanding tasks and able to lift 50 lbs.
- 5 years public works experience would be considered an asset.

Applications will be received via in person or by mail:
29 Robinson Ave
Box 160
Winnipeg Beach, MB, R0C 3G0
Or Email: cao@winnipegbeach.ca

For more information, please call the Municipal Office at (204)389-2698.



Municipality of Bifrost-Riverton REQUEST FOR TENDERS


The Municipality of Bifrost-Riverton invites tenders for the following:

Tender 1: Construction of a new chain link fence (2 locations - Fire Hall and Curling Rink) located in Riverton, MB.

Tender 2: Eavestrouthing - Fire Hall

Documents are available from the Municipal Office. Sealed and clearly marked submissions will be accepted by the undersigned until 12:00 p.m. on October 12, 2022. The Municipality reserves the right to reject any or all bids, waive irregularities and informalities therein, and award the tender in the best interest of the Municipality in its sole discretion.

All inquiries related to the above tenders should be directed to Jason Comeau at 204.641.2167.



NOTICE OF ELECTION

RURAL MUNICIPALITY OF ARMSTRONG

Notice is hereby given that a vote of the voters of The Rural Municipality of Armstrong will be taken to elect Reeve and Councillors from the following duly nominated candidates:

Reeve (one to be elected)	Ward 1 Councillor (one to be elected)	Ward 2 Councillor: (one to be elected) Elected by Acclamation HUMENY, Paul
SMERCHANSKI, Susan CRUISE, Jack BASFOR, Kate	MOTT, Michael PFRIMMER, Allen HAZELTON, Ralph SKOGAN, Malinda MCMAHON, Debbie	
Ward 3 Councillor (one to be elected)	Ward 4 Councillor (one to be elected)	Ward 5 Councillor (one to be elected)
SUMKA, Theodore (Ted) HEAPS, Trevor	KROCHENSKI, Adam LEWIS, Ed STEIN, Pat	EVANCHYSHIN, Allen DZIADEK, Brent

VOTING PLACES

Voting places will be open for voting on **Wednesday the 26th day of October, 2022** between 8:00 A.M. and 8:00 P.M. at:

WARD 1 – Inwood Memorial Community Center, 1079 PTH 17 West, Inwood, MB

WARD 2 – Chatfield Community Club, 4158 Oak Island Lake Road, Chatfield, MB

WARD 3 – Silver Community Centre, 10025 Road 125 NE, Silver, MB

WARD 4 – Fraserwood Hall, 10140 PR 231, Fraserwood, MB

WARD 5 – Zbruch Community Centre, 7085 Road 105 NE, Zbruch, MB

IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person may be required to produce one piece of government issued photo identification (for example – driver's licence or passport) or at least two other documents that provide proof of identity.

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day, an advance voting opportunity will be located at **Fraserwood Hall, 10140 PR 231, Fraserwood**, and will be open on **Thursday, October 13th, 2022** between 8:00 A.M. and 8:00 P.M.

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply in person, in writing or by email to the senior election official at the Rural Municipality of Armstrong Municipal Office, Box 69, Inwood, MB ROC 1PO, email address cao@rmofarmstrong.com.

If applying in person*, a voter may apply between September 28 and October 23, 2022.
*A voter applying in person may pick up a sealed envelope ballot package at the time of application.

If applying by mail or email**, a voter may apply between July 28 and October 23, 2022.
** A voter applying by mail or email will receive a sealed envelope ballot package by regular post, or by making alternative arrangements with the senior election official.

Ernie Epp, Senior Election Official
Rural Municipality of Armstrong
Telephone Number: 1-204-278-3377
cao@rmofarmstrong.com

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier
Email: news@stonewallteulontribune.ca
Deadline to apply is Friday, October 7, 2022.



Classifieds



Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca



RM OF WEST INTERLAKE NOTICE OF ELECTION

Notice is hereby given that a vote of the RM of WEST INTERLAKE will be taken to elect Councillors for Ward 1 from the following duly nominated candidates:

FOR THE OFFICE OF REEVE - Acclaimed - No Election

1. Arnthor Jonasson

WARD 1

1. Penny-Anne Wainwright
2. Paul Murphy
3. Raymond Bazinet
4. Walter Whiteside
5. Keith McLelland

WARD 2 - Acclaimed - No Election

1. Lyle Finney
2. John Bezemer

WARD 3 - Acclaimed - No Election

1. Edith Peterson
2. Randy Helgason

ASHERN LUD COMMITTEE - Acclaimed - No Election

1. Trevor Emilson
2. Stefan Jonasson
3. Karen Carmicheal

VOTING PLACES

Voting place will be open October 26th, 2022 from 8:00 a.m. to 8:00 p.m. for voting at:

Eriksdale Recreation Centre

IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person may be required to produce one piece of government issued photo identification (for example driver's license or passport) or at least two other documents that provide proof of identity.

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on Election Day, an advance voting opportunity will be located at:

Eriksdale Memorial Community Centre (beside Co-op)
on Friday October 14th, 2022 from 8:00 a.m. to 8:00 p.m.

MOBILE VOTING

For the purpose of accommodating persons who are qualified to vote, but reside at a health care facility or senior's complex, a mobile voting station will be visiting on site at the following facilities on Monday October 17th, 2022. Times will be posted in each facility.

Eriksdale PCH Friendly Villa Leisure Lodge Lindell Manor

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply in person, in writing by fax or email to the SEO at :

Box 10, #10 Main Street, Eriksdale, MB R0C0W0
Fax 204-739-2073 email seo@rmofwestinterlake.com

If applying in person, a voter may apply between September 28, 2022 and October 24th, 2022.

- A voter applying in person may pick up a sealed envelope ballot package at the time of application.

If applying by mail, fax or email, a voter may apply between September 27th, 2018 and October 14th, 2022.

- A voter applying by mail, fax or email will receive a sealed envelope ballot package by regular post, or by making alternative arrangements with the SEO.

Once you have applied to vote by sealed envelope, you cannot vote at another voting place.

Myrna Little
Senior Election Official
RM of West Interlake
1-204-941-0156

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www.kaldecktrailers.com

McSherry Auctions

12 Patterson Dr.,
Stonewall, MB

Online Timed Auctions
@ iCollector.com

Estate & Moving

Closes Wed Oct. 5 @ 7:00PM

Estate & Moving

Closes Wed Oct. 12 @ 7:00PM

Consignments Welcome!

(204) 467-1858 or

(204) 886-7027

www.mcsherryauction.com

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RURAL MUNICIPALITY OF COLDWELL NOTICE OF ELECTION

Notice is hereby given that a vote of RM of Coldwell will be taken to elect :
1 Reeve, 4 Councillors, 3 LUD of Lundar Committee Members from the following duly nominated candidates:

For the office of Reeve:

1. Johnson, Virgil
2. Nikkel, Norman

For the offices of Councillor:

1. Burdett, Adam (David)
2. Eyolfson, Bill D.
3. Scharf, Jim D.
4. Halldorson Lynch, Diane
5. Sigfusson, Grant
6. Runolfson, Irene
7. Sherbeth, Gary
8. Kostyshyn, Kent
9. Valiquette, Debbie
10. Olson, Brian

For the offices of LUD of Lundar:

1. McLeod, Will
2. Danielson, Irene
3. Fortin, Linda
4. Jeffrey, Glen

VOTING PLACES

Voting places will be open for voting on Wednesday the 26th day of October, 2022.

between 8:00 a.m. and 8:00 p.m. at: Lundar Legion Hall

IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person may be required to produce one piece of government issued photo identification (for example - driver's license or passport) or at least two other documents that provide proof of identity.

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day, an advance voting opportunity will be located at RM of Coldwell Municipal Office and will be open during each of the following days October 15, 2022 between 8:00 a.m. and 8:00 p.m.

MOBILE VOTING

For the purpose of accommodating persons who are qualified to vote, but reside at a health care facility, a mobile voting station will be set up at the following health care facilities on October 17, 2022:

1. Lundar Personal Care Home 9:00 am to 11:00 am

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply in person, in writing, or by email to the senior election official at Box 90 Lundar, MB R0C 1Y0 or email: Coldwell.elections@mymts.net.

If applying in person*, a voter may apply between September 28, 2022 and October 23, 2022.

*A voter applying in person may pick up a sealed envelope ballot package at the time of application.

If applying by mail or email**, a voter may apply between September 28, 2022 and October 14, 2022.

** A voter applying by mail or email will receive a sealed envelope ballot package by regular post, or by making alternative arrangements with the senior election official.

Kaitlyn Christensen

Senior Election Official

204-280-0223

SEO telephone number

RM of Coldwell

Name of Local Authority

SAY NO TO A RETIREMENT HOME



A Medical Alert Device can help keep you safe in the event of:

- Falls
- Intruders
- Fires
- Carbon Monoxide Leaks
- and any other emergency!



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www.mcna.com

Classifieds

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EMPLOYMENT OPPORTUNITY

Riverdale Place Workshop Inc.
TWO JOB POSITIONS
 requires a
RECYCLING SUPERVISOR ASSISTANT AND SPECIAL CARE SUPERVISOR
 Recycling assistant job requires to assist participants at sorting Recycling and keep the area clean and tidy, must be able to do some lifting.
 Special Care job requires one to one care and assistance with daily activities to a person with disabilities.
 First Aid Course provided.
 A Criminal Record check and Adult Abuse check required.
 Additional details and information about the jobs are available at the workshop.
Job Positions:
Recycling Assistant
 Mon. to Fri. 8:45 am to 3:45 pm.
Special Care Position
 Tues, Wed, Thurs 8:45 am - 3:45 pm
Please send resume or drop off at the workshop to
 Alex Janower Manager
 Riverdale Place Workshop Inc.
 Box 609 Arborg MB. ROC OAO
 Tele- 1-204-376-5584
 Fax- 1-204-376-5584
 email riverdalew@mymts.net



Box 280, Fisher Branch, MB ROC OZO
 Tel: 204-372-6393, Fax: 204-372-8470

INVITATION TO TENDER

SNOW REMOVAL

For the Hamlets of Hodgson, Broad Valley and Poplarfield

Please state what equipment will be used. Interested applicants must have liability insurance and registered with Workers Compensation Board. Equipment must be available upon request. Tenders to be dropped off at the Municipal Office, 30 Tache, Fisher Branch, no later than October 3, 2022 at 4:00 PM.

Hodgson

17.7km from the town of Fisher Branch. Approximately 1.91 KM Road to be cleaned

Broad Valley

15.4 km from the town of Fisher Branch. Approximately .9 km of Road to be cleaned

Poplarfield

22.5 KM from the town of Fisher Branch. Approximately 1.9 km of Road to be cleaned

Kelly Marykuca, CMMA
 Chief Administrative Officer
 Rural Municipality of Fisher



NOTICE OF ELECTION

In accordance with Section 48(1) of The Manitoba Councils and School Boards Elections Act, I hereby declare the following candidates ELECTED BY ACCLAMATION:

For the office of Reeve: **Craig Howse**

For the offices of Councillor:

Ward 2 **Kevin Nickel** Ward 4 **Greg Jabusch**
 Ward 5 **Jason Bittner** Ward 6 **Dollard Gould**

In accordance with Section 48(2) of The Manitoba Councils and School Boards Elections Act, I hereby declare notice is given that a vote of the R.M. of Grahamdale will be taken to elect Councillors from the following duly nominated candidates:

FOR THE OFFICE OF COUNCILLOR:

Ward 1: **Ken Windross** **Charlotte Lindell**
Randy Sigurdson

Ward 3: **Tera Lobay** **Glen Metner**

VOTING PLACE

Voting Place will be open for voting on Wednesday the 26th day of October, 2022 between 8:00 a.m. and 8:00 p.m. at:

Ward 1 & Ward 3 Moosehorn Community Hall
Moosehorn, Manitoba

Identification may be required before being allowed to vote.
 A person may be required to produce one piece of government issued photo identification (for example – driver's licence or passport) or at least two other documents that provide proof of identity.

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day an advance voting opportunity will be located at the following place:

OCTOBER 7TH, 2022 8:00 AM to 8:00 PM
R.M. OF GRAHAMDALE MUNICIPAL OFFICE

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply in person, in writing, or by email or fax to the senior election official at:

PO Box 160
 23 Government Road
 Moosehorn, MB ROC 2E0
 Fax: 204-768-3374
 Email: seo@grahamdale.ca

If applying in person, may pick up sealed envelope package at the time of application between September 28, 2022 – October 23, 2022

Last day to apply to vote by sealed envelope is October 23rd, 2022. A voter applying by mail, email or fax will receive a sealed envelope ballot package by regular post, or by making alternative arrangements with the senior election official.

Sandra Falk
 S.E.O. R.M. of Grahamdale
 (204) 768-2858, Fax (204) 768-3374, email: seo@grahamdale.ca
 Dated at Moosehorn, MB on this 22nd day of September, 2022.



NOTICE OF ELECTION

RURAL MUNICIPALITY OF GIMLI

NOTICE IS HEREBY GIVEN that a vote of the Rural Municipality of Gimli will be taken to elect:

1 Mayor and 4 Councillors

from the following duly nominated candidates:

For the office of Mayor:	For the offices of Councillor:
1. CHUDD, Kevin	1. MARTIN, Barry
2. GREENBERG, Lynn	2. REICHERT, Kurt
	3. PETROWSKI, Richard
	4. MARKUSSON, Daphne
	5. ISFELD, Brittany
	6. LUPRYPA, Danny
	7. DAMM, Andy
	8. PALSON, Thora

VOTING PLACES

Voting places will be open for voting on:
Wednesday, the 26th day of October, 2022
between 8:00 a.m. and 8:00 p.m. at:

- Arnes Community Hall, 20005 Arnes Road 122N, Arnes
- Gimli New Horizon 55 Plus Centre, 17 North Colonization Road, Gimli
- Winnipeg Beach Community Centre, 32 Hamilton Avenue, Winnipeg Beach
- St. James Collegiate, 1900 Portage Avenue, Winnipeg

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on Election Day, an advance voting opportunity will be located at:

Gimli New Horizon 55 Plus Centre, 17 North Colonization Road, Gimli on
Friday, the 7th of October, 2022 between 3:00 p.m. and 8:00 p.m.
Saturday, the 8th of October, 2022 between 12:00 p.m. and 8:00 p.m.
Sunday, the 9th of October, 2022 between 8:00 a.m. and 8:00 p.m.
Friday, the 14th of October, 2022 between 3:00 p.m. and 8:00 p.m.
Saturday, the 22nd of October, 2022 between 12:00 p.m. and 8:00 p.m.

IDENTIFICATION MAY BE REQUIRED PRIOR TO VOTING.

A person may be required to produce one piece of government issued photo identification (for example - driver's license or passport) or at least two other documents that provide proof of identity.

MOBILE VOTING

For the purpose of accommodating persons who are qualified to vote, but reside at a health care facility or a residential senior's facility, a mobile voting station will be set up at the following facilities on the date and time identified:

Gimli Community Health Centre, October 12th, 2022 – 1 p.m. to 3 p.m.
 Betel Personal Care Home, date to be determined prior to October 26th, 2022
 Waterfront Centre, October 11th, 2022 – 10 a.m. to 2 p.m.

APPLICATION TO VOTE BY SEALED ENVELOPE (Vote by Mail)

A voter who is unable to go in person to the voting place or vote in advance may apply in person, in writing, or by e-mail to the Senior Election Official at:

Robert Potter, Senior Election Official (SEO)
 RM of Gimli,
 P.O. Box 1246, 62 2nd Avenue, Gimli MB ROC 1B0
 Phone: 204-642-6650 / 204-461-1664 cell
 Email: elections@rmgimli.com

If applying in person*, a voter may apply between **September 28th, 2022** and **October 23rd, 2022**. (*A voter applying in person may pick up a sealed envelope ballot package at the time of application)

If applying by mail or email**, a voter may apply between **September 21st, 2022** and **October 23rd, 2022**. (**A voter applying by mail or e-mail will receive a sealed envelope ballot package by regular post, or by making alternate arrangements with the Senior Election Official)

Written applications must be accompanied by legible photocopies of official identification, including a photograph of the voter. If the application is received less than 12 days before the election, the voter may have to make alternate arrangements to have the ballot package delivered to them and to ensure the ballot is returned to the SEO by 8:00 p.m. October 26th, 2022. Ballots received after 8:00 p.m. on October 26th, 2022 will not be accepted.

Dated this 21st day of September, 2022

Robert Potter, Senior Election Official
Rural Municipality of Gimli
PO Box 1246, 62 2nd Ave, Gimli MB. ROC 1B0
Phone: 204-642-6650 Cell: 204-461-1664 E-mail: elections@rmgimli.com

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HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

FARM MACHINERY

1986 Belarus 820 4 wheel drive tractor with 594 loader. For parts or could be fixed up, \$5200. Ph. 204-768-2296.

FOR RENT - 23 ft. Wishek disc. Ph 204-378-0370 cell. or 204-372-6831 home.

FARM MACHINERY

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Large round hard-core bales of alfalfa & brome grass. Call 204-461-0722.

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151 acres cultivated cropland in the RM of Bifrost-Riverton, SW29-22-4E. Land location runs along east side of PTH 8 and RD 130NE. Interested parties call 1-204-376-5206.

Property for Sale: Stonewall Industrial Park: 9 & 13 Patterson Drive

Rare Opportunity: Two adjacent lots, totaling almost 2 acres: Lots 3 & 4, Block 1, Plan 18812.

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SUDOKU

			1			5		
		5	4		8		7	
7							2	8
5			9	1		3		
2					5	8		7
		7						
4		1		8				9
			7	4			8	
						6		

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	8	9	1	6	5	2	7	8
1	8	2	9	7	2	6	9	8
6	9	7	8	2	1	9	7	4
9	9	6	7	2	8	7	8	1
2	1	8	9	9	8	7	6	2
2	4	8	7	1	6	9	8	5
8	7	6	9	9	8	1	7	
9	7	1	8	8	7	9	2	6
8	6	5	2	7	1	8	4	9

Sudoku Answer

E	D							
T	T							
I	O	T	S					
S	I	B	I					
E	W	V	T	B				
N	O	L	E	T				
L	S	E	I					
O	V	H						
S	T	V	O					
F	O	M						

Crossword Answer

CROSSWORD

CLUES ACROSS

- Taxi
- Cattle disease (abbr.)
- Before the present
- They burn in a grill
- Enough (archaic)
- "A Doll's House" playwright
- Long loop of cloth worn around the waist
- Napoleonic Wars battle
- Chinese surname
- Fragrant essential oil
- Follows sigma
- Model
- A place with many dining options
- BBQ dish
- Corn comes on it
- A sheep in its second year
- Triad
- They
- Actor DiCaprio
- TV's "Edith Bunker"
- Sustenance
- Man who behaves dishonorably
- Cause a loud, harsh sound
- A way to take in liquids
- Gene type
- The Miami mascot is one
- Excessive fluid accumulation in tissues
- Casino machine
- Contains cerium
- Something with a letter-like shape
- Handwoven Scandinavian rug
- Legendary actress Ruby

CLUES DOWN

1	2	3				4	5	6	
7						8			9
10			11			12			
13					14	15			16
17			18			19			20
21				22	23			24	
				25			26		
			27	28			29		
				30			31		
			32			33		34	35
39	40							42	
43				44				45	
46			47					48	
49								50	
			51					52	

- Conqueror
- Kin relation
- Increases the value of
- Pack
- Popular nut
- Dogs' enemies
- Former OSS
- Unpleasant person
- Come again?
- Beverage container
- Rock formation
- Dorm official
- The bill in a restaurant
- Type of jug
- Importance requiring swift action
- Outfit
- Small Eurasian deer
- Weight used in China
- A major division of geological time
- Popular beverage
- Confined condition (abbr.)
- Practical joking
- Pouchlike structure
- Pound
- Lilly and Manning are two
- Stopped discussing
- Baltimore ballplayer
- Candy maker
- One thousandth of a second (abbr.)
- Northern sea duck
- Partner to cheese
- Cannot be found

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BIRTHDAY



Happy 80th Birthday
October 4th
Dave Suchy

We would like to wish our father a very happy birthday! Thank you for being the most caring and giving father we could ever ask for Dad, wishing you many more years of health and happiness.

-Love your family

BIRTHDAY



Happy 75th Birthday
Frederick Skoropet
on October 3

All the best to the hardest working farmer we know! Best wishes for many more years of good health, treasured moments with loved ones and fun on the farm!

-Love from Florence, Jason, Alicia and Xavier!

OBITUARY

Douglas Norman Goodman
December 9, 1944 - September 18, 2022

It is with sadness that we announce the passing of our brother, uncle and great uncle, Douglas Goodman of Lundar, Mb.

Doug courageously battled Parkinson's for over 25 years. He fought a good fight.

Doug is predeceased by his parents Norman and Guðrún (Arnason) Goodman and his nephew, Drew Cook.

Doug is survived by his sister, Dorothy (Ralph) Cook; their son Drayton (Deanna) and their children Annika and Andrew; and daughter Karissa, and his brother John (Marlene) and their sons, Norman (Michelle) and his children Jayden, Gauge and Sienna; Jason (Penny) and their sons Easton, Logan and Corey; Eric and his daughters Ryann and Leighton; and Clinton (Selena) and their daughter Addison.

While young, Doug took over the family farm East of Lundar, Otto district. He farmed all his life and did it well.

He was a great brother, uncle, great uncle, cousin and friend.

He will be dearly missed.

Doug was a quiet man. His wishes were for a graveside service with only his immediate family in attendance.

In lieu of flowers, donations may be made in his memory to the Parkinson's Society
Góða nótt elskan

OBITUARY

Keith Bradley Sveinsson
December 13, 1970 - September 9, 2022



It is with great sadness that we announce the passing of Keith Bradley Sveinsson after a long and courageous battle with cancer on September 9, 2022 in Calgary, Alberta at the age of 51.

Left to share memories of him are his wife Sarah, children Haiden and Liam and step-children Jack, Ella and Finnley along with numerous nieces, nephews and friends.

He was predeceased by his mother Violet Sveinsson, sister Donna Gudmundson and father Bert Sveinsson.

Keith was born on December 13, 1970 in Thompson, Manitoba. He spent some time in Northern Manitoba but most of his childhood was in Arborg, Manitoba where he enjoyed time with family, riding dirt bikes and finding trouble with friends.

As a young adult he started his career in water meters which allowed him to travel and meet many people. He was a master of his craft and perfected his sales pitch. He lived in British Columbia for a period of time and then made his way to Ontario where he would start a family. In 2006 they made the move to Calgary where they stayed. Calgary was a good spot for them as Keith and the kids often liked to hit the slopes and enjoyed the outdoors.

Even though he never moved back to Manitoba, British Columbia or Ontario he never forgot the family and lifelong friends that remained there. He would often say how important it was to make time for your family and friends and that he always did. He was someone that lived life and enjoyed making each moment count.

In his later years is when he met the love of his life Sarah. They got married and their two families became one. Their time together was short as his life's journey would end too soon.

Those that knew Keith often heard him say "let's go tip a glass." For those that would like to tip a glass in his memory a Celebration of Keith's Life will be held at the Arborg Legion on Saturday, October 8th at 3:00 p.m. His funeral was held in Calgary, Alberta on Sunday, September 18th.

In lieu of flowers, a go-fund me has been set up to help the family offset funeral costs and debts incurred while Keith was battling cancer.

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OBITUARY



Jack Mike Rogowski

Peacefully, on Saturday, September 17, 2022, Jack Rogowski, at the age of 73, passed away with his family by his side.

He will be lovingly remembered by his daughter Cynthia (Ray) Romanchuk; grandsons, Owen and Logan; son Jason (Ian); partner Diana Dickson; sister Helen; brothers-in-law Keith, Larry (Janet), Allan (Diane); and many nieces and nephews.

He was predeceased by his loving wife of 38 years, Elaine (nee Houndle); his parents Lena and Mike; and sister Marie.

Jack was born December 7, 1948 and raised in Komarno, MB. He married Elaine in 1972 and created a beautiful family in Petersfield. Jack had a long 37-year career at Manitoba Hydro working out of Gillam for a short time and then onto the Dorsey Station, retiring in 2005. In addition to Hydro, he was the community go-to person and was the definition of Jack of all trades, "modifying" as

required. He always offered his time and skilled hands to anyone in need. His stubborn nature often led others wanting to repay his kindness to no avail. You would often find Jack in the yard, whether keeping a perfect lawn in summer, or clearing snow in winter. The end of the driveway was always a welcome meeting spot to catch up with friends and neighbours. Jack took great pleasure in passing on his knowledge and skills, most recently to his grandson Owen; always considered a loving mentor. We will forever miss your hugs and warm embrace.

No funeral will be held, as Jack wished to have a private family gathering. Flowers are gratefully declined; if so desired, donations can be made to a local charity of your choice. In honor of Jack, make someone smile today.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



OBITUARY



Dorene Judith Petersen

February 11, 1944 - September 19, 2022

On September 19th, 2022, Dorene Petersen passed away peacefully with her beloved family by her side at the Health Sciences Centre in Winnipeg, Manitoba.

Dorene was predeceased by her parents Cleveland and Myrtle Grant; stepfather Gordon Anderson; sister Bonnie Korzeniowski and Bonnie's first husband Bryan Hunt, as well as her in-laws and extended family Archie and Steina Petersen and brother-in-law Ray Petersen. Mom's deepest and most profound loss was that of her second grandchild Taylor Christensen. Mom was a true mother and having to see her daughter and family going through this pain was heartbreaking. In her final days, she was at peace knowing she would be reunited with him and all those who had gone before her.

Dorene will be truly missed by her husband Richard Petersen; daughter Debbie (Joel), Lori (Tim), Grant (Kerry) and Leanne (Rorie) and her precious grandchildren Brennen, Danielle, Sydney, Chantal, Rylan, Samantha, Austin and Dayton along with many nieces and nephew and friends. She is also survived by her in-laws Ron and Darlene Petersen and their children Marnie and Kelly and families along with her brother-in-law Gerry Korzeniowski.

Mom didn't have many regrets but having a great grandchild was something she looked forward to, however would never say anything to her grandchildren as everything would come in time.

Mom was known for her laughter and her sharp wit, those who knew her would have shared many a laugh over the years

Dorene was a very active member in her community and was involved in many organizations. She was also very involved in the success of the Mink Ranch. She had amazing energy finding time for all her hobbies, her yard and her property at the lake and her garden. Mom really enjoyed getting together with her friends to go curling every week and participate in the odd bonspiel. She loved cooking, canning and spending time with all her many friends. Mom loved to knit and was quick to pull out the sewing machine whether it was a patch for her kids, costume for a figure skating competition or an alteration for a friend in need, she would always send them off overjoyed.

Family was extremely important to Mom. She was very involved with her children growing up with all their sports and accomplishments often seen traveling the Province in "the Lincoln". This was just as much the case with her grandchildren. She was their number one fan following them through all their sports and activities.

Mom found time to go back to school and she completed her Health Care Aid Course in 1993 after her kids were grown. This was something that Mom was very proud of and brought her a lot of joy, making many new friends that even in her final days remained a big part of her life.

She may be gone but never forgotten. Her fun-loving spirit and attitude towards life will live on inside all of us.

A Memorial Service will be held at 2:00 p.m. on Saturday, October 15, 2022 at the Lundar Royal Canadian Legion with Cindy Thorkelson officiating. Interment will be held in the Lundar Municipal Cemetery and a luncheon to follow at the Legion.

In lieu of flowers, the family would encourage donating to CancerCare Manitoba Foundation Inc., 675 McDermot Ave., Room ON1160, Winnipeg, MB R3E 0V9.

Arrangements by:
ARNASON FUNERAL HOME
Ashern - Lundar
1.204.768.2072
1.866.323.3593

OBITUARY



Stewart William Michael Tataryn November 10, 1946 to September 22, 2022

It is with sadness that we share the passing of our father and grandfather, Stewart Tataryn, aged 75, on September 2022, at the Stonewall & District Health Centre, with family by his side, after a brief battle with lymphoma.

Stewart will be missed by his children, Michael (Laura-Lee), Merle and Theresa (Jason), along with his grandsons Owen, Brett, Garrett, and Sawyer.

Stewart was predeceased by his wife Donna, his parents Mike and Catherine Tataryn, in-laws Mike and Minnie Romanica, and niece Lisa Day.

Stewart is survived by his siblings Marie (Brian), Nancy (Bob) and Raymond, along with many nephews and nieces.

Stewart was born on November 10, 1946 in Selkirk, where he grew up. Sports became his passion throughout his school years. He was an outstanding athlete, participating in track and field, baseball, hockey, and his biggest love of all, football, in which he excelled. After school Stewart went on to receive his journeyman in pipefitting. Along the way he and Donna started their relationship and then they wed on April 4, 1970. Shortly after a brief move to the Pas after being wed, they moved to Inwood in 1971 and then over to Harperville, where Stewart pursued his passion for ranching. W+ Ranch emerged, and family raised, with Donna by his side for the following 42 years, until her death in 2012. He continued ranching with his son Merle up until this past month.

Stewart began his cattle career in his early teens when he showed his grandparents Aime, Hazel Glen Farms jersey cattle and won many champion awards over the years. He then moved to more the beef side working for Tataryn Bros for a small while.

His enthusiasm for ranching was forever enduring. From the first calf hitting the ground during calving season, to warm, sunny days in the hayfield, to fall weaning and the selling of the W+ calf crop, to winter feeding. Stewart loved every season of ranch life and was so proud of the herd that he, with his family, developed over four decades. After family fun days of working cattle, Stewart would always say "well, that's a good job done."

Stewart would also work away, for a couple of months at a time, over the years on pipelines. Through Local Union 254, he made many lifelong friends.

Throughout the years Stewart and Donna would travel a bit, mostly to cattle related events, whether it be bull sales in AB, packing plant tours in the states, or a Manitoba Beef Producer AGM in Brandon. The two of them would attend their grandsons' hockey games in the winter, being the boys' biggest fans. Summertime brought ranch rodeos. Undoubtedly Stewart would be raising his hand at the rodeos to buy a team or two in the calcutta, usually purchasing his son-in-law, Jason's team. And if the team won him some funds, he always had handshake and cold one for the guys back at the trailers.

As the family grew with four grandsons, Stewart admiration for his grandsons only increased as the boys have turned into incredible young adults. He was so proud of each of his grandsons and was always sharing what the boys were up to and each of their accomplishments.

One of Stewart's other loves was the Blue Bombers. We are pretty sure he was one of their biggest fans, or at least it sure sounded like it as he shouted encouragement at the TV during games.

Stewart had a large personality, and often left a lasting impression on all those he met. The more he teased and bugged was the measure in which he enjoyed your company. And if you received a nickname, there was little doubt that you were an in with Stewart.

After losing Donna, and the dispersing of a large part of the W+ herd, life slowed down a bit for Stewart in the past 10 years. He found a love of growing a much too big of a garden, tending to his trees, cooking meals large enough to last at least three days, and of course, riding on his four-wheeler with his trusty canine sidekick Roper. He also still thoroughly enjoyed attending bull sales and cattle auctions to keep a pulse on the cattle markets, and mostly to shoot the breeze with all his friends in the local cattle world.

Honorary pallbearers are his grandsons, Owen and Brett Tataryn, and Garrett and Sawyer Zuk. A graveside ceremony will be held on October 3, 2022, at 2:00 p.m., at Erinview Church Cemetery.

In lieu of flowers, please make donations in Stewart's name to the Erinview Cemetery. The family would like to thank Dr.Zahiri and the nursing staff at Stonewall & District Health Centre for their excellent care of Stewart.

In the dark and in the day
We still have to feed them hay
We feed them before we dine
I can't tell you why or how
But we love our dang ol'cows
From Simmental to Charolais
It's just how God made us
Gazing on them in pasture
We live for a cow till we die.

Rest peacefully, Dad.



Your memory will live forever Engraved within our hearts

OBITUARY



Jayne Ellis
1949 -2022

It is with great sadness that we announce the passing of Jayne. She died suddenly on September 20, 2022 with her loving husband by her side.



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CELEBRATION OF LIFE

Hildur Winnemuller

Our family invites you to join us in a Celebration of Life for Hildur, who passed away August 10th, 2022.

The celebration will be held on Saturday, October 8th at Clandeboye Hall, 108 Main Street, Clandeboye, starting at 2:00.

CELEBRATION OF LIFE

Roy Nordal

There will be a Celebration of Life on Saturday, October 1st at the Eriksdale Rec Centre (upstairs) at 1 p.m.

All Roy's relatives, friends and acquaintances are welcome to attend.

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