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#### By Patricia Barrett

Ukrainian newcomers to Gimli celebrated their wedding a few weeks ago and community members and businesses stepped in to support the couple.

Daria and Anton Intiuk were the first Ukrainian newcomers the Gimli Chamber of Commerce brought to the community earlier this year after it launched a campaign to help settle people fleeing the Russian invasion of Ukraine. The chamber found the couple housing while Chudd's Chrysler gave them jobs.

Daria and Anton got married Sept. 10 on Gimli Beach.

"This was a very happy occasion," said Melanie Specula, who is co-chair of the Gimli Chamber of Commerce and owns Chicken Chef. "Daria and Anton are the first two people the chamber brought to Gimli and I keep in touch with them."

Specula, who was invited to the wedding, said the couple wanted a small celebration.

Kevin Chudd, vice-president of



Daria and Anton Intiuk had their photo taken with Free Ride Band on Gimli Harbour stage.

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EXPRESS PHOTOS BY ANDERS KUUSSELKA

Friends of Daria and Anton Intiuk, including Misha Holovatskyi and Snizplana Tucha who stood up with the couple, gathered on the shores of Lake Winnipeg to witness the wedding of the couple from Ukraine who were married by Katherine Durkin-Chudd on Sept. 10.



Misha Holovatskyi and Snizplana Tucha join the wedding celebration of Daria and Anton Intiuk.

Chudd's, said Daria and Anton are excited about their new start in Gimli.

"They came to Gimli not even knowing where it was two or three months ago, and now they have jobs and housing," said Chudd. "All it took was a bit of support. To me that's beautiful. This is what it's all about."

Local businesses wanted to support the couple on their special day, said Chudd. The Sugar Me Cookie Bakery donated the wedding cake, Heaven Scent donated the flowers, the Lakeview Resort gave them a room and Chudd's family helped with other expenses, he said.

"They wanted to pay their own way, but we were happy to help out," said Chudd.

Gimli photographer Anders Kuusselka said he was glad to donate his services to the couple.

"It was an honour to photograph Daria and Anton Intiuk's wedding on September 10th," wrote Kuusselka on Facebook.

# Arnes resident spreads joy with sunflower painting

#### By Patricia Barrett

An Arnes resident created a stunning painting of a sunflower for the enjoyment of the Ukrainian newcomers being housed in a former cadet's dormitory in Gimli.

Joyce Reid, who has been an artist all her life and was a member of the Gimli Art Club, said her heart breaks for Ukraine, and the painting was the least she could do to help newcomers to the community feel more welcome. "I was so upset when I saw the Ukrainians on TV. I was so upset and I knew I had to do something," said Reid. "I can paint so that's what I did. I hope when they look at it, it reminds them of home."

The sunflower is Ukraine's national flower. Since the Russian invasion of



**EXPRESS PHOTOS COURTESY OF JOYCE REID** The artist said the invasion of Ukraine really upset her and she wanted to make Ukrainian newcomers to Gimli feel more at home.



the country in February, the sunflower has taken on new meaning, representing a unified front against imperialism.

Reid delivered the painting to Gimli Chamber of Commerce co-chair Melanie Specula last week.

"I asked Melanie if she would present it to the Ukrainians at the dormitory," said Reid.

Specula said she and the chamber were happy to facilitate the transfer of the gift.

"Joyce put a lot of work into this painting. When she brought it to me, I said it's so beautiful and it will be so nice for the Ukrainians to see this beautiful picture every day," said Specula.



Joyce Reid from Arnes created this painting of a sunflower.

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# Animal rescue hosting open house fundraiser

#### By Ty Dilello

The Barefoot Ranch Horse Rescue and Sanctuary is hosting an open house on Sept. 24 from 2 to 5 p.m.

The ranch welcomes the public to visit its goats, lambs, pigs, ducks, geese and, of course, the horses and donkeys. In addition, there will be face painting, tarot readings, hotdogs and drinks for sale, pony rides, horse rides, vendors and a petting zoo.

"We will have apples and carrots to feed the animals and a whole lot of fun," said Sherri Anderson, president of The Barefoot Ranch. "This is our last open house of the year as the weather gets colder, so we need to focus on ensuring the animals and we are ready for winter."





Barefoot Ranch president Sherri Anderson with one of the goats.

All proceeds from the open house will go towards caring for these animals at the ranch.

"We are in the process of building one shelter and hope to build three more before winter hits us. That, of course, depends on the generosity of our guests and donors who can't make it out to events."

The Barefoot Ranch is a federally incorporated non-profit organization established in 2016 but has been operating privately since 2012. Anderson, the organization's president and owner of the facility, grew up with horses her entire life and enjoys spending as much time with them as possible.

"Our goal here is to rehabilitate and rehome horses, but adoptions have been slow. These horses just need love and time, and they are just as valuable as any other horse out there."

This year has been a very busy one with The Barefoot Ranch rescuing over 50 horses so far. The ranch is also aware of another 16 that will be ar-



The Barefoot Ranch Horse Rescue and Sanctuary is hosting an open house on Sept. 24 from 2 to 5 p.m. to raise funds for the care of its many animals.

riving prior to winter. They have also taken in nine goats, two lambs, five pigs, two geese and two ducks.

As you can imagine, feed, supplements, vet care and farrier work for that number of animals is quite expensive, so the ranch is looking to raise as much funds as possible through its upcoming open house.

Last weekend, The Barefoot Ranch attempted to rescue up to 20 horses that were running wild on First Nations land. The band is looking for help to remove these horses for their safety as well as the safety of the community.

"I'm not sure how it's going to go yet, but it is going to be a very expensive undertaking. We have several trucks and trailers headed there as well as panels and people on horseback and the ground to help round



The ranch has taken in nine goats.

them up."

If you're able to help, please send via EMT to donations@thebarefootranch. com or PayPal.me/barefootranch.

The Barefoot Ranch is located at 9108E Road 98 N, Teulon.

# Correction

#### Staff

In the article titled "From backyard barbecued pulled pork to catered prime rib" published in last week's edition of the *Express Weekly News* stated that Danny's barbecue sauces were available to purchase at Arborg Bakery; however, it should have said The Watering Hole in Arborg.

The staff of the *Express* apologizes for the error.



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# RM of Gimli to ask Arnes Lutheran church trustees for maintenance plan

#### By Patricia Barrett

A preservation committee that opposed a plan to move the Arnes Lutheran Pioneer Memorial Church to a museum in Arborg say they've been denied access to the building by the church board.

The Arnes Lutheran Church Preservation Committee, which is made up of Arnes residents, had taken their concerns to council and worked with the Gimli Municipal Heritage Advisory Committee to oppose the church board's plan to move the church out of the RM. The committee had also come up with plans in 2019 to repair the building and raise money for its upkeep, but the trustees indicated at that time they weren't interested in working with them.

Gimli council voted this summer to keep the designated heritage building in Arnes where it has stood for over 100 years.

Catherine Strong, secretary of the preservation committee, said she recently called church board chair Harold Thorkelson to ask him if the committee can start holding events in the church.

"I asked him if we can use the church for services. And we've been trying to organize events because the church has just been sitting there for years," said Strong. "But Harold said the church isn't safe. He said they're looking into it but in the interim, they can't let anyone use it."

The committee also approached an intermediary to speak with the trustees to see how they could all work together in maintaining the building.

"We thought the best thing to do was to have an intermediary speak with [the trustees], but they were quite emphatic in saying they weren't interested in working with us at all," said Strong. "We are at an impasse." tury, is the oldest Icelandic Lutheran church in the RM of Gimli. It was designated a municipal heritage building and heritage site in 2009 under an RM bylaw.

In 2019 the church's board of trustees tried to move the church to the Arborg Multicultural Heritage Village because they said it would be better cared for as the museum's mandate is to preserve historic Interlake buildings.

Church board chair Harold Thorkelson said last week there are good reasons why the trustees can't allow people to hold services or events in the building.

"The building is not safe and we are in the process of finding a contractor to check it out and do repairs properly," said Thorkelson. "And the RM themselves sent us a letter and said we cannot do any work on the church except with their blessing."

The building is starting to sag, he said, and if there were services or events held in it, the board would likely need to purchase liability insurance.

"We would probably need liability insurance, which is very costly," said Thorkelson. "And the building is not up to the requirements of health and safety; there's no toilet, no water, no wheelchair access. We can't do much about that because it's a heritage building and there are certain [provincial] requirements, which mean you can't do certain things to a building. So this is not a quick and easy process."

Gimli council indicated at its Sept. 14 regular meeting that it will be following up with the church's trustees for a maintenance plan.

A resolution passed by a majority of councillors states the RM will "follow up with the trustees for a comprehensive plan on the future care and mainte-



**EXPRESS FILE PHOTO BY PATRICIA BARRETT** The Arnes Lutheran Pioneer Memorial Church was built between 1911 and 1917 and is the oldest Icelandic Lutheran church in the RM of Gimli.

nance of the church."

Mayor Lynn Greenberg and councillors Thora Palson, Richard Petrowski and Peter Holfeuer voted in favour of the resolution while Coun. Cody Magnusson voted against it.

The church, which was built in the early 20th cen-

# Government announces significant support through spring flood disaster financial assistance program

# Application deadline fast approaching

#### Submitted by Manitoba government

The Manitoba government has received more than 1,800 applications from Manitobans for support through the Disaster Financial Assistance (DFA) program after spring flooding caused extensive damage throughout the province, Transportation and Infrastructure Minister Doyle Piwniuk announced Tuesday.

"The spring flood of 2022 will be remembered for the sheer size and scope of damage it caused across our province, and our government understands that many individuals and communities need support to recover," said Piwniuk. "We are pleased to be able to offer assistance



through the DFA program and encourage all eligible Manitobans to apply."

Manitoba experienced unprecedented flooding in spring because of high winter snowpack and storms throughout April, May, June and July that brought a mix of snow, freezing rain and rain that created high river and lake levels and substantial overland flooding. Private residences, farms, small businesses, non-profit organizations, provincial and municipal infrastructure were impacted.

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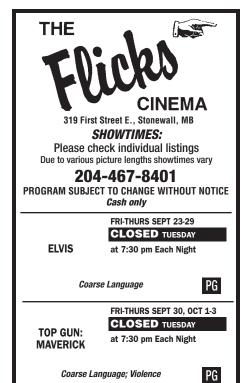
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news@expressweeklynews.ca or Phone 204-467-5836



This year's DFA program was established on May 9 while spring flooding was still underway to ensure timely

Continued on page 7







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pers Drug Mart to provide free menstrual products to schools and other agencies to improve accessibility and reduce period poverty, Families Minister Rochelle Squires, minister responsible for the status of women and Education and Early Childhood Learning Minister Wayne Ewasko last eek.

"Thanks to this innovative partnership, we are progressing towards destigmatizing the nature of getting your period by supporting young women and girls when they need it most," said Squires. "This significant shift will ensure thousands of students and others most in need will have reliable and consistent access to menstrual products wherever they live in our province."

Through the agreement with Shoppers Drug Mart, schools, domestic violence shelters, resource centres, and second stage and specialized programs will receive menstrual products to administer to those most

"Students in Manitoba deserve to feel comfortable going to school knowing they have access to free

menstrual products when they need it, without barriers or stigma," said Ewasko. "This agreement will help build more inclusive learning environments for people who menstruate across the province and is expected to lead to positive impacts on student engagement and well-being."

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS

As part of this partnership, more than 3.3 million menstrual products will be donated to the initiative each year for three years. The Manitoba government will distribute the products monthly to schools and other identified locations. School divisions and schools will determine where the supplies are most needed.

"Inequitable access to period products, particularly for students, can lead to missed opportunities school, work and other activities and creates barriers to success," said Jeff Leger, president, Shoppers Drug Mart. "This donation will provide students in Manitoba with free access to period products, helping to more fully unlock their potential. We are proud to be a part of this initiative, and grateful to our stores, to Procter & Gamble and to our customers for their support."

Ewasko noted providing free menstrual products to students delivers on the government's commitment to building a fair and equitable public education system, supporting the Student Engagement and Well-Being pillar of Manitoba's K to 12 Education Action Plan. As noted in the plan, the government will continue to work with education stakeholders, parents and caregivers to ensure holistic supports are available to address student needs, including mental health and wellness.

1-204-407-6099

"Menstrual products are a right, not a privilege, and should be safe and affordable for everyone," said Chloe Crockford and Isabella O'Brien, Grade 11 students at Collège Jeanne-Sauvé.

This announcement marks Manitoba's sixth collaborative social finance program to explore innovative solutions and deliver better outcomes, the minister noted. The agreement is Shoppers Drug Mart's second major collaboration with the Manitoba government using innovative social policy tools that bring together government, the private sector, not-forprofits and other stakeholders to deliver effective solutions.

To learn more about social finance and the social innovation office visit: https://manitoba.ca/sio/.

Her apartment in Winnipeg was be-

chair while she stayed with me. Dur-

#### letter to the editor Letters to the Editor: letters@expressweeklynews.ca

## Thank you for the support

I am writing this letter after reading the article in the Express Weekly News by Patricia Barrett regarding the completed 55-Plus Housing Complex in Gimli.

Firstly, Patricia, thank you for re-

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Continued on page 7

porting about this. My mother is one of the tenants who had been allowed to move her furniture into the building but was not allowed to live in her suite.

It has been quite a battle to get permission for her to move in. The word "frustrating" does not even come close to the emotions we have been feeling. Her furniture was delivered from Winnipeg on Aug. 17.

ing torn down and she had to vacate by Aug. 31. For the past two weeks, she has been shuffled from household to household, including my own. I have a small one-bedroom unit where I have only one bed; therefore, I was sleeping sitting up in an arm-





## > LETTER, FROM PG. 6





EXPRESS PHOTO BY JO-ANNE PROCTER

As Canada geese prepare for migration, they gorge on grains, grasses and underwater food to fatten up in preparation for their journey. Last Saturday these geese were spotted in a dugout along Hwy. 7. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@expressweeklynews.ca.

### > SPRING FLOOD DISASTER, FROM PG. 5

assistance for affected Manitobans. Since then, the province has received approximately 115 municipal claims involving more than 6,900 sites across the province, as well as 1,800 private applications. The DFA program is expected to provide tens of millions of dollars in assistance, the minister said.

Municipalities, primary residences, farms, small businesses and non-profit organizations with impacts related to spring flooding that occurred from March 20 to July 20 of this year may apply to the DFA program, the minister said. The deadline for applications is Sept. 23.

The DFA program assists with uninsurable losses to basic and essential property but does not provide financial assistance for losses related to sewer backup, cottages, secondary properties or loss of income or opportunity.

Manitobans are reminded to review home insurance policies and speak with insurance providers, as many providers offer overland flood insurance.

Manitoba continues to work with the federal government to ensure Manitoba's 2022 Spring Flood DFA program is cost-shared under Canada's Disaster Financial Assistance Arrangements.

Manitoba has also established the Mitigation and Preparedness Program (MPP), which incentivizes municipalities to invest DFA cost-share support in mitigation to protect against future disasters. Many municipalities have already submitted projects for consideration under the MPP and the Manitoba government encourages all eligible municipalities to apply before the deadline.

For more information on the DFA program or to apply, visit www. manitoba.ca/emo/dfa.

Municipalities interested in applying for the MPP should visit www.gov.mb.ca/emo/mitigation/mpp. ing this time, we continued emailing and phoning the departments who seemed to be holding things up, some of whom never did return the emails and/or phone calls.

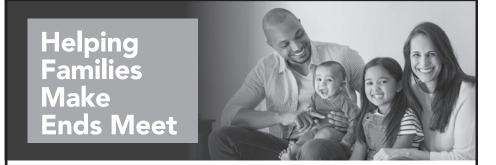
Finally on Sept. 16, the tenants were given keys and allowed to move in but not before CTV had been contacted one week earlier. I happened to be the person approached by them and very willingly gave an interview.

I must say that I am very disappointed in our provincial government for the delays, which displaced my 87-year-old mother and the other tenants.

I do, however, wish to thank the compassionate and caring people who stepped in and fought for these tenants. This includes the reeve of Bifrost Riverton (Brian Johnson) who I approached for advice, the mayor of Gimli (Lynn Greenberg) who continued to fight and always returned my calls, the Residential Tenancies Association, the property manager, the resident manager and the CTV reporter (Jeff Keele) who brought this to the attention of the public. Without the help of each of you, these tenants may have still been homeless.

Thank you does not seem to be enough but I am eternally grateful to all of you.

- Joan Primeau, Arborg



## Manitoba's Affordability Package

To help ease the burden of rising costs and high inflation, the Manitoba government is providing much needed support to help Manitobans make ends meet.

This new Affordability package will help families with children, seniors living on a fixed income and vulnerable Manitobans.

The Manitoba government is standing up for families that need it most.

For more information, visit manitoba.ca/familyaffordability



# Death by COVID spikes; IERHA hires nurses

#### By Patricia Barrett

The provincial government's CO-VID surveillance report for the period Sept. 4-10 (reporting Week 36) shows a spike of 19 new deaths from the virus.

Manitoba's COVID death toll now stands at 2,137. The previous week showed a total of 2,118 deaths.

Sixty-five people needed to be admitted to hospital during the above reporting period, including 10 people who required medical intervention in the intensive care unit. The previous week's report showed 70 hospital admissions and 16 ICU admissions.

The provincial government doesn't report data showing the total number of COVID patients in hospital on any given day or week.

There were also 342 new laboratoryconfirmed COVID infections for Week 36. The public shouldn't rely on that data as a means by which to judge COVID risk because the data are an undercount; the government restricts access to lab testing and rapid antigen tests aren't tracked. The previous week's report showed 475 new infections.

The report notes that wastewater surveillance data to Sept. 8 for the City of Winnipeg indicate ongoing COVID activity.

The government reported two new COVID outbreaks in acute care hospitals, at Winnipeg's HSC and at the Brandon Regional Health Centre for the above period, and no outbreaks in personal care homes across province.

But the Interlake-Eastern Regional Health Authority's medical officer of health reported last Thursday that there are three new COVID outbreaks in its region, at the Ashern Personal Care Home, Selkirk's Tudor House Personal Care Home and at the Stonewall hospital.

There was a significant COVID outbreak in August at Gimli's Betel Personal Care Home, where at least 33 residents were infected at one point in time and at least two died. The outbreak has not yet been declared over (as of Sept. 17).

Other health news:

The IERHA's medical officer of health Dr. Karen Robinson said CO-VID's effect is similar to cold viruses and there's not a lot of severe illness in personal care homes.

"Right now, we're finding that CO-VID severity is similar to other cold viruses. We're not seeing very much severe illness in nursing homes, although we're certainly seeing lots of [COVID] outbreaks in nursing homes," said Robinson during a conference call with municipal leaders on Sept. 14. "But the number of severe outcomes is a lot lower than what it was previously. So COVID is currently causing, overall, mild illness similar to other cold viruses. Our current approach is for individuals to assess their own risk and their own comfort level. ..."

Dr. Robinson also provided meaning to comments made by the provincial government's deputy chief public health officer Dr. Jazz Atwal.

Atwal had told Manitobans early in September that "it's OK to get infected" with COVID because it can build up immunity. He was subsequently criticized by medical and epidemiological experts for not only minimizing health risks that can arise from getting a COVID infection but for also potentially influencing unsafe behaviour with regard to the virus.

But Robinson said Manitobans have "high levels of immunity" to COVID, citing an estimate made by Cadham Lab in April. She didn't say how long that immunity — whether natural or vaccine-induced — lasts.

"Dr. Atwal said at a news conference that it's OK to catch COVID," said Dr. Robinson. "That's a very different message from what we were hearing previously, but I think it just recognizes that COVID has become an endemic virus, a virus that circulates through our communities just like lots of other viruses circulate in our community."

Endemic refers to a pathogen/disease that's restricted to a certain area or areas. Because COVID has spread — and continues to cause waves of infection and deaths — around the world, it's not considered an endemic virus by the World Health Organization. It says the pandemic continues.

"We can end the emergency of #CO-VID19 in all countries, but the pandemic is not over and we still have a lot of work to do," said WHO infectious disease epidemiologist Maria Van Kerkhove in a Sept. 16 tweet. "So many tools exist that [lower] the spread of SARS-CoV-2, prevent long term consequences & save lives. We can do this."

The WHO's dashboard as of Sept. 16 shows over 6.5 million people having died from COVID.

- IERHA CEO Marion Ellis said there has been a lot negative publicity about health-care staffing, but the health authority is continuing with recruitment and retention and has made some hiring gains.

"You do know across developed countries ... there are challenges with staffing. And we've been seeing a lot of negative publicity about this. Some of it is coming from places of concern by patients and families and healthcare providers. There has been some finger-pointing but in reality we're at a place where some of us have never experienced this type of workforce crisis in the past," said Ellis during the conference call. "It doesn't mean we can give up. We still have to continue to support the staff we have, continue to preserve services and access ... and continue with recruitment and retention and adopting new models of care."

Nursing vacancies in the region are trending upwards, she said, but the health authority has hired some new nurses.

One licensed practical nurse (LPN) has been hired in Arborg for acute care. Ashern hired three LPNs, who started Sept. 6, 12 and 14. Ashern hired a registered nurse who started Sept. 12. Ashern also hired a nurse in July from the Eriksdale PCH. Eriksdale hired two LPNs, and one has already started, while Gimli has hired three LPNs. Stonewall is hiring three LPNs. One LPN has been hired into a heart and dialysis program [hospital unspecified]. Other new nurse hires are coming to Selkirk.

Some of the recent hires had completed an LPN course, which was facilitated by Ashern's Fieldstone Ventures and offered in Arborg, and others completed an LPN program supported by the Manitoba Metis Federation, said Ellis.

Nurses are leaving the RHA for jobs in esthetics and for jobs with agencies that are advertising travel points for vacation destinations based on nurses' accumulated work hours and other incentives, such as paying nurses' travel time on the road to and from work, she said.

"We don't get a lot of sunny weekends in Manitoba so in the summer we've always found it stressful to keep [health] services going ... particularly this year," said Ellis. "If you're somebody who wants to be with your family on weekends or with your friends, or go on weekend trips ... these advertisements are appealing."

Ellis didn't say if any nurses have been hired in the eastern half of the IERHA, but said the "government has been very responsive to see how we can get going with an LPN program that needs to be on the east side of the region." - The Pine Falls ER currently remains temporarily suspended. In July the IERHA used paramedics to keep the Pine Falls ER open after an "exodus" of nurses.

"There's a reality we need to speak about. Some of you may be aware and maybe some of you not. On May 20 we really had an exodus of our nurses from Pine Falls," said Ellis.

As a result, the emergency department had to close. The IERHA was able to reopen the ER in mid-July with 30 paramedics, some from the IERHA and some from Winnipeg, she said. But about two weeks ago, Pine Falls lost some physicians and doesn't have enough — a minimum of six to keep the ER open. Because the ER is heavily used, and First Nations in the area rely on it, the health authority is working on a solution.

"From July 18 until two weeks ago, there were over 700 patients that came through that emergency department that needed care," said Ellis. "What we're doing to offset that until we can stabilise a model that works is we extended primary care into the weekends and evenings. If somebody needs critical care, they're being transported by EMS."

The eastern half of the IERHA has three hospital ERs: Pine Falls, Pinawa and Beausejour. The ER availability schedule for Sept. 16-30 shows the Pinawa and Beausejour ERs having many days on which they're closed or offering limited hours of service. The Interlake has six hospital ERs, excluding Teulon's ER, which has been permanently closed.

- The money required for the construction of a clinical teaching unit in Selkirk has increased substantially. The unit would help in the efforts to recruit and retain physicians. The board overseeing the initiative was expected to fundraise \$14 million in 2021, said Ellis, but "we're seeing significant increases in the costs of new builds." As of June 2022, the board is expected to raise over \$22 million.

- The IERHA hired a new doctor, Dr. Joseph Ludwig, who will be working in the Gimli Medical Clinic.

- The COVID-19 outbreak on the medicine unit at Selkirk Regional Health Centre was declared over by the IERHA's medical officer of health Sept. 10. And the COVID outbreak on the Appleyard unit at Rosewood Lodge in Stonewall was also declared over Sept. 12.

# **Doors open at the new Ronald McDonald House in Winnipeg**

#### By Ty Dilello

More rural Manitoba and northwestern Ontario families with sick children have a place to stay in Winnipeg as the ribbon was cut on a new Ronald McDonald House Charities building on Sept. 14.

The 62 Juno St. facility replaces the smaller 566 Bannatyne Ave. location (which is currently for sale). The new building grew from 11,000- to 48,000-square-foot and 14 bedrooms to 40 with improved heating and ventilation, and has better parking and more amenities.

It also features new suites meant for patients that have received bone marrow or organ transplants, making it easier for them to self-isolate. The increase in rooms brings a 186 per cent increase in its mission of helping keep families together while their sick child is treated at a nearby hospital.

Annually, the new House will support between 5,110 nights and 14,600 nights of accommodation and will save families from Manitoba and northwestern Ontario up to three times more in costly out-of-pocket expenses, ranging between \$800,000 and almost \$3 million each year.

"Today, more children are healing than ever before. Families from across the Interlake-Eastern health region, across Manitoba, northwestern Ontario and beyond need the essential services, support, accommodations, infrastructure and design a new Ronald McDonald House can provide," said Wendy Galagan, CEO of RMHC Manitoba. "Approximately 40 per cent of families with pediatric in-patients in Manitoba must travel round-trip 100 kilometres or more to access the care they need. RMHC Manitoba's current capacity and design is limited, and the House turns away hundreds of families each year due to operating at or above occupancy. The new RMHC Manitoba Ronald McDonald House will greatly increase support for families with sick or injured children."

The new House will bring invaluable increases in service, quality and care, as well as improve the mental, physical and emotional health of families with sick or injured children.

RMHC Manitoba is more than just a place to stay; it supports families by providing the comforts of home, including private bedrooms, fresh meals and laundry facilities. There is also access to full wellness programming as part of the healing journey, like pet therapy, music therapy, fitness programs, yoga and meditation. Plus, there's a social network of support from others who understand the unique challenges of caring for a sick child.

The Interlake health region community helped contribute to the capital campaign for the House. Local Mc-Donald's franchisees in Manitoba and northwestern Ontario, McDonald's Canada and RMHC Canada donated a total of \$2.7 million to the new RMHC Manitoba House.

"RMHC Manitoba is thankful to have received operations funding from community leaders from the Interlake-Eastern health region as well as generous support through the Selkirk, Man., McDonald's owner/ operator, crew and surrounding community," said Galagan.

"RMHC Manitoba is committed to meeting the evolving and growing



The new 48,000-square-foot home-away-from-home provides 40 rooms with improved heating and ventilation and has better parking and more amenities.



EXPRESS PHOTOS SUBMITTED

RMHC Manitoba's brand-new Ronald McDonald House in Winnipeg celebrated its grand opening on Sept. 14 at 62 Juno St.

needs of families. One family turned away is too many, and no child should ever face childhood illness or injury alone. The new Ronald McDonald House will be RMHC Manitoba's next legacy of care and service to family-centred care throughout the Interlake-Eastern health region, across Manitoba, northwestern Ontario and beyond. We are excited and proud to soon welcome and serve more families than ever before."



The Manitoba government is developing a Manitoba Seniors Strategy and is looking for input from the general public, seniors, family members and caregivers, and people working with, or providing services to seniors.

This is the second in a series of consultations through EngageMB. This survey focuses on the future: ideal states and priorities.

Visit EngageMB today, provide your input, and help Manitoba become the ideal place to age in Canada.

### www.EngageMB.ca



## **Red River Walleye Masters Cup comes to Selkirk** By Ty Dilello

Competitive anglers will hit the water in one of the Interlake's marquee fishing events on the docket, with lots of cash and prizes totalling over \$20,000 for the top anglers this weekend. The Red River Walleye Masters Cup is taking place (Sept. 24-25) in Selkirk.

The Walleye Masters Cup first started in 2013, and this 2022 event will be the first year they are running it as a two-day event.

It's one of 12 qualifying events on the Central Walleye Trail, which consists of fishing derbies in Manitoba, northwestern Ontario and Saskatchewan. Anglers can fish as many trail events as they want and then, depending on how they finish, their points get tallied at the end of the season for a number of trail awards, such as Angler of the Year, Team of the Year and Big Fish.

Anglers can use all sorts of GPS electronics, fish finders and more out on the water. Some of the newer technology that's out there includes live imaging or live scope, which gives an actual live image of the fish movement to help anglers.

David Obirek is a local Selkirk fisherman competing in the event. He has been fishing in the Walleye Masters Cup since 2013 and has only missed one of the years since.

"You always shoot for the win, but it's also fishing. And



For Councillor - Wpg Beach

Advance voting: Saturday, Oct. 1 - 8:30 a.m. to 8:30 p.m. Election Day, Town Hall, 29 Robinson: Friday, Oct. 7 - 8:30 a.m. to 8:30 p.m.

### My priorities will be centered on

#### Sewer system • Lagoon

- Parking downtown (rubber curbs)
- Derelict homes and unsightly yards
- Paving of streets
- Signage on streets when snow removal

These are a few or our major problems today that I feel important to rectify. I will work diligently with the other councillors and mayor to deal with these problems. We must work together as a team and not as individuals or groups.

I am retired and have two beautiful daughters and families that keep me busy. My family had been residents in this growing community for nearly 60 years. I have now moved back here as a permanent resident for over three years.

My previous employment was 38 years with the Fire Paramedic Service in Winnipeg. My roles were dispatcher, 911 call taker, handler, mentor and supervisor.

I served as president of West Kildonan Legion for several years, 1st Vice and Social and Poppy Campaign. I have 20 years and remain as a life member and continue to advise on certain matters. I have performed many Remembrance Day Services for our Legion, schools and care homes.

I have also willingly spoke at funerals, memorials for Veterans and our members.

I have always been dedicated and transparent with my veterans and members (700). If it wasn't for our Veterans we probably would not be here today.

I also maintained a steady relationship with the Provincial, Federal and City for many grants that brought our Legion up to a strong, viable branch.

I was a shop steward for the E & M and shiftworkers units for CUPE Local 500. I was 1st Vice and Finance Chair.

I also do not have a business here and am not associated with any party.

Make your vote count for change and experience.

there's an element of luck to it all," said Obirek. "There's nothing more frustrating than fishing in a cluster of boats and a boat that's close to you catching a big fish, staring and watching them net it. That's the nature of it, though. There's skill involved in knowing the fishing patterns, areas that they feed, the type of bait you use."

Obirek has had some good finishes on the Walleye Masters Cup over the years and is looking to repeat that success. There are usually 80 to 100 teams in the event, and Obirek has been Top 10 in the past. He's a previous Big Fish Award winner for catching the biggest fish for the entire Central Walleye Trail.

"That was back in 2014, though, so I need to pick up the slack a bit and get going. It always feels good to place up that high as you're up against many of the top anglers from across our province and other ones too."

The pandemic impacted some of the Central Walleye Trail events in the spring of 2020 and 2021, but this 2022 season has been able to go without any problems.

Obirek plans to compete in the Selkirk event, followed by one in the Pine Falls/St. Georges area over Thanksgiving weekend in October.



EXPRESS PHOTO SUBMITTED

One of the marquee local fishing events on the calendar, the Red River Walleye Masters Cup is taking place this weekend in Selkirk.

"It's nice having these events in my own backyard as it saves me on costs like accommodations, fuel, food and more. I'm excited to get going and hope to give a good showing at the Walleye Masters Cup.'

The cost is \$600 to enter a team into the event. Please contact Bryan Maloney at 204-510-7646 or copper032@shaw.ca to enter.

# Eriksdale to host emergency preparedness open house

#### By Autumn Fehr

With the events of the past spring and summer, the RM of West Interlake is putting together an emergency preparedness program within the community, to ensure they are equipped to handle any type of further emergency that comes their way.

On Sept. 27 at the Eriksdale Community Hall, from 7 to 8:30 p.m., all members of the community of the West Interlake are invited to attend an open house on emergency preparedness, hosted by Shelley Napier of Napier Emergency Consulting.

Napier of Napier Emergency Consulting works with communities to build their emergency program and make sure their emergency plans are in place and they meet provincial standards.

INTERLAKE-GIMLI PC CONSTITUENCY ASSOCIATION

### LOCAL NOMINATION MEETING AGM & DELEGATE SELECTION MEETING Thursday, October 13, 2022

Lady of the Lake Theatre in the Waterfront Centre 94 1st Ave., Gimli MB **Registration @7:00 PM** Meetings @ 7:30 **Guest Speaker - TBD** 

For more information contact: Chris Rawluk Phone: 204-799-7573 Email: rawlukchris@yahoo.com

The evening will be centred around how to prepare for community and family emergencies and what happened this spring and summer with the high waters.

At the open house, there will be a call for volunteers to build the volunteer base for the community's new emergency preparedness program.

The volunteers will be trained to work in the program for the RM of West Interlake.

Council will be present to cover the events that happened last spring and summer with the flooding.

Napier will cover all other topics, such as what it looks like and what is needed for the new emergency preparedness program in the community to build it stronger, what it means to shelter in place if there is a chemical spill and people need to stay indoors, the declaration process and community safety, such as building a 72-hour kit for personal use.

There will be a 72-hour kit emergency preparedness kit auctioned at the event as well. Similar events will take place across the RM of West Interlake later this year to ensure all communities are equipped with the skills and knowledge needed to handle any emergency.

# A chance encounter with the new King

#### **By Jennifer McFee**

Sometimes you're just in the right place at the right time to experience an unplanned moment that you'll never forget.

That was the case for Janice Moeller, a senior producer of radio shows for CBC who originally hails from Teulon. By chance, she was on holidays in London when news broke of the Queen's death on Sept. 8 at the age of 96.

"I was actually on the Tube when the Queen died. We had heard the radio newscast at 6 local time on BBC4 that she was not well but was comfortable," she told the Express via email from London last week.

"We headed out as we had theatre tickets, and when the play started at 7:30, one of the actors came on stage and said that given the events of earlier today, they would begin the show with a minute of silence. My partner and I looked at each other, wondering if the Queen had passed away."

Since they had already turned their phones off for the production, they had to wait until intermission to confirm the information.

"When we left the theatre after the play, we were only a 15-minute walk from Buckingham Palace so we headed over. People were hurrying there people of all ages, many with flowers," she said.

"There were lots of flowers already placed at the gate and people had lit candles. It looked quite beautiful with the light reflecting off the wet pavement as it had rained earlier."

The following day, Moeller returned to Buckingham Palace around noon London time to do a phone interview with Marcy Markusa for CBC Manitoba's morning radio show, offering her perspective as a Manitoban at the scene.

"There were thousands of people,



Queen consort Camilla shakes hands Flowers outside Buckingham Palace with people in the crowd.



King Charles III greeted the crowd gathered outside Buckingham Palace.

and the mood was quiet and sombre. The queue to drop off flowers was massive. I walked for about 10 minutes and still didn't find the end of it. I walked back to the front of the palace gates and looked for a spot that wasn't too busy to do my phone interview. There was a railing set up parallel to the palace gates. To the right of the main gates, I found a large space at that railing and walked up to it," she said.

"The people who were dropping off flowers were on the other side of that railing. It was about five people deep and was so crowded, I couldn't even see the flowers for people."

Around 1 p.m. London time, which is 7 a.m. in Winnipeg, the gun salute was still sounding in the background while the radio interview was underway.

While she was on air, Moeller noted that they had stopped the line of people dropping off flowers and began clearing people out of the area in front of the palace gates



EXPRESS PHOTOS SUBMITTED

Janice Moeller, originally from Teulon, shared a face-to-face exchange with King Charles III.

"Marcy said the King was boarding a plane and heading for London. When I finished my interview, which was probably about seven minutes long, I noticed that behind me, there was a crush of people," she said.

"If I had wanted to leave, I would have had a hard time as I was pretty crowded against the railing. Workers opened the two sets of palace gates

I could see — the main gates to my left and a second set to my right. They started moving all the flowers."

Then a man in a suit with a headset came over and told the crowd that two people were making their way to the palace — two of the nicest people they would ever meet.

Continued on page 14

# Investing in Our Communities



#### Manitoba is investing \$34 million this year in culture and communities through the Arts, Culture and Sport in Community Fund.

This fund supports capital projects, special initiatives and community celebrations - allowing local arts, culture and amateur sport organizations to innovate and respond to emerging community needs, including those that are led by Indigenous, Francophone and ethnocultural communities.

Online funding applications open August 16, 2022. All eligible non-profit organizations are encouraged to apply.

To learn more please call 1-866-626-4862 or visit Manitoba.ca/ACSC.



#### By Patricia Barrett

People from Winnipeg Beach and Gimli stepped up last week to help the Gimli Wave Youth group further its community service activities.

The Wave received four sheds that it will be able to use as a base for various activities it carries out in the community.

Winnipeg Beach residents Diane and Bob Troubridge, Cynthia and Ken Parker, Sandra Chisvin and Donna Moore donated the sheds.

The Bayview Church in Gimli offered to house the sheds on its lot, and Chudd's Chrysler provided the



muscle and a flatbed truck to move the sheds to Gimli.

"The Wave Youth are very thankful to Kevin Chudd and his staff for moving four sheds for us on Sept. 14," said Wave director Anders Kuusselka on Facebook. "We also appreciate Bayview Church for allowing us to place the sheds on their property."

Rudi Toews, Brayden Baldwinson and Thor Dalzotto prepared the sheds for the move and built foundations, said Kuusselka. And others carried out repairs.

"We wish to thank Donald and Logan James for their help to repair one shed that was slightly damaged during a strong wind," said Kuusselka. "They also built a new floor for the shed."

The youth group will be painting, re-shingling and repairing the sheds before they're put to use, he said.

The group has been raising money to build a permanent youth drop-in centre in Gimli. They run the Snack Shack on Gimli Beach in the summer and remove garbage along Highway 9, among other activities.

scan for more info



EXPRESS PHOTOS COURTESY OF ANDERS KUUSSELKA Chudd's Chrysler donated staff and a flatbed to the Gimli Wave Youth Club.



Chudd's staff, with Wave director Anders Kuusselka (right), loaded the donated sheds on a flatbed truck and moved them to Gimli's Bayview Church, which offered part of its land.



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# **Reelin' it in for Lake Manitoba Narrows Game and Fish**

#### By Autumn Fehr

Fishermen and fishing enthusiasts alike are getting ready to reel it in again in the heart of The Narrows.

The Walleye Classic is a catch-andrelease derby that will take place at Narrows Sunset Lounge on Saturday, Sept. 24 from 8 a.m. to 4 p.m.

Hosted by the Lake Manitoba Narrows Game and Fish Association, proceeds from the derby allow the association to support future local events, provide scholarships and other programs that give back to the community and support the health of our natural resources.

This year, the Walleye Classic celebrates its 23rd annual event.

The goal of the event is to get people fishing and enjoying the lake.

"We do this for the community. It's just a way of getting together for a little competition to start with, to have some fishing and fun, with a dinner to go with it," said Dennis Giesbrecht, president of the Lake and Manitoba Narrows Game and Fish Association for the past six years.

Following the derby, there will be a pig roast dinner from 5 until 7 p.m. for anglers (fish derby participants), and anyone else wanting to come

for the dinner portion can purchase stand-alone tickets for \$20.

Danny's Whole Hog is donating the meat for the pig roast, which they have continued to do for many years.

This year, they hope to raise enough money to put up a play structure in the area for kids, where the lodge is, close to the camping and cabin grounds, as right now there is nothing in that area for the kids to play on.

The cost for this project is estimated at approximately \$2,000, said Giesbrecht.

Three years ago, the Walleye Classic raised \$13,000 in two years from 2020 to 2021 for a new dock, he said.

Pre-registration can be done online at www.lmngf.ca/walleye-classic.

Registration can also be done at the Narrows Sunset Lounge on Friday, Sept. 23 from 7 to 9 p.m. and Saturday, Sept. 24 before the event begins at 7 a.m.

The registration fee is \$75, which includes derby entry and dinner.

There will be an array of prizes to be had at the event including cash prizes, two hidden weight prizes, a grand prize raffle, a 50/50 and a silent auction with prizes from the Winnipeg Jets and the Goldeyes, among others.





**EXPRESS PHOTO SUBMITTED** 

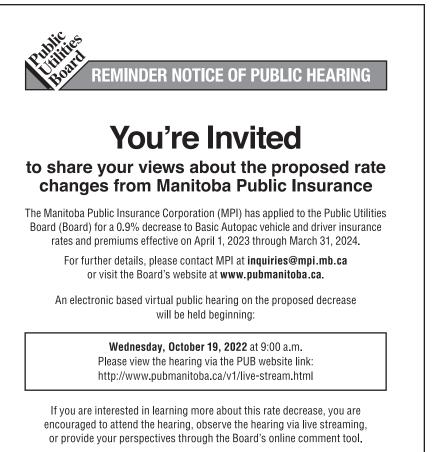
The Lake Manitoba Narrows Game and Fish Association is hosting the Walleye Classic on Saturday, Sept. 24.

The 50/50 will take place Friday night and all day Saturday, with approximately \$2,000 being awarded to first place, depending on the number of participants, with 66 per cent going to the winner.

There are about 70 volunteers that come out for the day to help out with everything. A lot of people who help out are from a small town so they understand the importance of these events and how they connect the community, said Giesbrecht. For more information, contact Sue at 204-461-0915 or Dennis at dwgiesbrecht62@gmail.com.

"It brings the whole community together. It's the one thing that everybody in the community looks forward to," said Giesbrecht.

The Lake Manitoba Narrows Game and Fish Association wants to give a special thank you to the Narrows Sunset Lounge for donating their facility for the event.



If you wish to speak at the hearing or make a written submission, please contact the Board Secretary, Dr. Darren Christle at 204-945-2638 or toll-free 1-866-854-3698, no later than **October 1, 2022**.

For more information, visit http://www.pubmanitoba.ca

Manitoba Public Utilities Board 400-330 Portage Avenue Winnipeg, Manitoba R3C 0C4 Phone: 204-945-2638 | Email: publicutilities@gov.mb.ca

# Sharp shooters compete in Eriksdale youth shoot



**EXPRESS PHOTOS BY LYNDSEY FORSYTH** 

Left photo, left to right: First place - Lexi Larson, Autumn Hanslip, Lily Plohman and Jesse Bindle; middle photo: second place - Easton Dent, Graidie Bieri, Riley Johnson and Easton Einarson; Right photo: third place - Kade Laughlin, Carter Sweetland, Stathen Stuart and Jayden Dyck.

#### Staff

Last Sunday morning, youth hunters were up at the crack of dawn and in their assigned field with their mentors and guides for a morning hunting competition around Eriksdale.

The Eriksdale Game and Fish Club held their annual Youth Shoot this past weekend with a new twist. The young hunters shot a few rounds of skeet at the Lundar Trap Club and had lunch on Saturday. On Sunday, first place came in with 32 geese and one duck for 163 points. They each received a Winchester 12 gauge pump shotgun and trophy donated by the Lundar All Canada Goose Shoot.

The second-place team came in with 19 geese and one duck with a score of 98 points. They each won pop-up blinds, donated by Marc and Misty Desjarlais and a trophy from the Eriksdale Game and Fish Club. The third-place team bagged 18 geese and two ducks, earning 96 points. They won trail cameras and trophies.

The hunters take their harvested birds home to put in the freezer and cook for dinner, and many choose to make them into jerky. The club has many generous sponsors and gracious landowners that provide fields and volunteers responsible for the annual event's success.

Organizers take pride in teaching

youth responsible hunting and are rewarded with the smiles on the faces of their young hunters. Sayla Mueller won a Mossberg .22 donated by Stonewlake Enterprises at the skeet shoot, and Colby Finta won a 243 Browning rifle donated by Michael Desjarlais and Tara Branson in the elimination round. In addition, Carter Sweetland won a gun safe donated by Donald Law and Gage Kinkead won a .243 donated by Michael Dejarlais.

### > KING, FROM PG. 11

TAYLOR

**McCAFFREY** 

"He said they would be glad to see us, but we should not try to take selfies, we should put our phones away as they approached, and we should not try to hug them. I waited. Then a motorcade pulled up at the gates to my right," she said.

"Out stepped the King of England and the Queen Consort. They started greeting the people along the railing to my right. As he approached, and he was approaching quickly, I thought 'What am I going to say?' But all I could think was 'This man has just lost his mother — and I know what that feels like.'" She'd already been thinking of her mom, Margaret Moeller, who had always been an admirer of the Queen. She treasured her extensive scrapbook brimming with newspaper clippings that dated back to before the coronation.

When Moeller's mom died more than a dozen years ago, the community came together to show their support. As a grieving daughter, Moeller is still touched by how much that support meant to her family. With that in mind, she understood some of the grief that Charles must be experiencing.

"As the King stepped in front of me, I extended my hand, he took it, and I looked at him and said 'I'm so sorry for your loss.' He said 'thank you' and was already moving



down the line, but he looked back at me and spoke again. I have had a hard time remembering what he said, but I remember feeling what the British would call 'gobsmacked' by it," she recalled.

"He said something like 'You've made it a day to remember.' I had a sense that he truly appreciated all these people coming out to show their care for his mother, for him and his family."

Soon after, the Queen Consort came along the same path. Moeller shook her hand, saying "My condolences to your whole family" to Camilla.

"People around me were shouting things like 'God bless you, Camilla' and she looked at the crowd around me — and then looked back at me and said 'Thank you all for coming.""

A few days later, Moeller paused for a moment to reflect on the unexpected connections she made that afternoon.

"I was standing on a platform in Wimbledon waiting for a train and thinking, 'I bet I'm the only one here who has met the new King,'" she said. "Just surreal."

Moeller returned to Manitoba on Monday, Sept. 19, the day of the Queen's funeral.



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# 16 The Express Weekly News Thursday, September 22, 2022 Watersheds disappearing in the Interlake – a blooming issue

#### By Tammy Karatchuk

On Monday, Sept. 12, the East Interlake Watershed District held an open house at Selkirk's Gaynor Family Library Urban Prairie for community members who are interested in watershed preservation in the region.

Selkirk was the EIWD's final stop after visiting Dunnottar, Gimli, Stonewall and West St. Paul to drive home the importance of watershed issues and how the public can play a role in the solution.

"The EIWD would like people to vote for the Watershed Natural Assets and important features that they care about in watershed," said Armand Bélanger, manager of the East Interlake Watershed District.

Watershed Natural Assets are ecosystems around bodies of water from bulrushes to bugs and soil, air and water. Bélanger said people can also vote for specific rivers, lakes, wetlands, grasslands, beaches or the forests that people find important.

"The votes will then be part of the Netley Grassmere Willow Integrated Watershed Management Plan update," he said. "IWMP's are longterm plans to manage the things and places in the watershed that are environmentally, socially and economically important. ... Do they spend time there with their family and friends? Do the assets support them financially? Or do they value the way these assets help make our watershed and our quality of life sustainable?"

Bélanger has been highlighting the achievements of the EIWD for 15 years. The non-profit has planted 15,000 trees and is "enhancing and protecting 25 wetlands." They're instrumental in the preservation of hundreds of acres of natural origin grasslands and forests, and sealing abandoned wells and sampling surface water. The EIWD uses LiDAR (Light Detection and Ranging) data, which allows the district to "pinpoint and design future projects."

The EIWD worked with Strategic Systems Engineering to create a map of the Gaynor Family Library Urban Prairie. The EIWD is planning to convert the map into 3D, which "highlights the area, shows the local streams, and allows people to pinpoint the watershed natural assets that are important to them."

Attendees of Selkirk's meeting were given an extensive tour of the Urban



EXPRESS PHOTO BY ARMAND BELANGER

Attendees of the East Interlake Watershed District open house were treated to a tour of the Gaynor Family Library Urban Prairie in Selkirk on Monday, Sept. 12.

Prairie's two-acre property. In 2014, the Gaynor Family Library Urban Prairie and the EIWD formed a partnership project to promote the importance of natural origin grasses and flowers.

"This site is now a great place to spot birds, pollinators and wildlife," said Bélanger. "It also helps to slow down and filter the urban runoff before it hits the local waterways."

You can vote for your Watershed Natural Assets by completing an online survey at www.eastinterlake.ca. You can also call the EIWD office at 204-642-7578.

# **New Iceland Heritage Museum's Culture Days events**

#### Staff

The New Iceland Heritage Museum has a number of events planned to get people involved in the upcoming Culture Days in Gimli.

In Harmony: Land, Lake, Trees & Shore features five artists, five elements and five media. Gary Foidart, Gayle Halliwell, Moray McVey, Rosemary Miguez and Stephanie Sutton chose

Graymont announces launch of community-focused **Carbon Reduction Fund and invites applications** for 2022 initiatives We are proud to announce the launch of the Graymont Carbon Reduction Fund , an innovative, grass-roots initiative designed to support the development of carbon-reduction initiatives in the communities across the globe that we call home. The fund's role is to support projects focused on: Protecting the environment by the responsible use of resources Reducing our carbon footprint through increased energy efficiency • Developing and maintaining natural, biological 'carbon sinks' such as agricultural land, forests or peat bogs that act as a natural offset for carbon If you have a project idea that relates to any of these topics, the GCRF is looking for you! For additional information, please contact Lara Price - Safety Specialist Graymont's mission is lprice@graymont.com contributing to a decarbonized world by providing essential lime and limestone solutions. GRAYMONT carbon reduction fund

harmony as their theme. They fired pottery, electrocuted wood, sculptured sand, shot panoramas and liquified pigments to produce their works. The show runs through Culture Days in the temporary exhibit space at museum. A Thunderstorm Experience will allow people to par-

ticipate, learn and enjoy the power of a thunderstorm in

Continued on page 17



# Interlake musicians to perform at Gone Country concert

#### By Autumn Fehr

To kickstart the month of October, Eriksdale Music Shop is putting on another tribute show.

This time, by popular demand, with a country theme.

"Gone Country" will have local musicians playing Merle Haggard, Garth Brooks and The Eagles.

We had so many requests at our last tribute show for another tribute show but with a country theme, said Derrick McCandless, one of the owners of the Eriksdale Music Shop.

The weekend of music will kickstart on Saturday, Oct. 1 at the Eriksdale Recreation Hall at 7:30 p.m.

On Sunday, Oct. 2, the event will pivot to Ashern Centennial Hall at 2 p.m. to end off the weekend.

Dave Green will be singing music by Merle Haggard. Tim Cameron will be playing music by Garth Brooks. Tim and Scott Cameron, McCandless, Stefan Jonasson and Mark from Eriksdale will be playing music by The Eagles.

The Thorkelson Sisters from Lundar will also be making a special appearance.

"We'd really like to keep things going here in Eriksdale. We want to keep the music going in Eriksdale. We'd love to have music every second weekend if we could, and hopefully we can. It's a big order but we just want to keep it going. We want to keep it living with music. That's our contribution to the community," said McCandless.

The event is a fundraiser for the Lakeshore Regional Wellness Com-



mission and the August 2023 ROGer-KimLee Music Festival.

The ROGerKimLee Music Festival this past August was a big hit within the community, and McCandless said they are excited to put it on again next year.

A cash bar will be available and snacks with coffee and tea.

"We just want a community event where people can get together and have fun," said McCandless.

Tickets are \$20 and can be purchased at the Eriksdale Music Shop or by calling McCandless at 431-334-7558.

Eriksdale Music Shop looks forward to hosting another tribute show in the spring, continuing to host its open mic nights and bringing back the ROGerKimLee Festival 2023, along with other music shows for the community to enjoy and come together.



El Leon at ROGerKimLee Festival.

**EXPRESS PHOTOS BY DANA JO BURDETTE** 



Sol James with Gil Fournier on bass and Aaron Shorr on guitar.

### > CULTURE DAYS, FROM PG. 17

this audience-created phenomenon. Special guest Kevin Koroscil and artists will talk about the significance of thunder and lightening in Indigenous beliefs and about how all humans experience these storms. The audience will create a thunderstorm. Storms occur every 40 minutes (6:30, 7:10, 7:50, 8:30 p.m.) on Sept. 24.

John Ramsay: Life & Legacy. View a film about the tragic story of John Ramsay, the Icelandic settlers at Sandy Bar, the smallpox epidemic and survival. Told through music and video, the poignant story was shot and produced in Manitoba by local filmmakers Andy Blicq and Huw Eirug, with original music written and performed by Juno award winning artist William Prince of Peguis First Nation. Saturday, Oct. 1 from 1 to 2 p.m.

In Harmony: Music to Your Ears. Artists Gary Foidart, Gayle Halliwell, Moray McVey, Rosemary Miguez and Stephanie Sutton represent the five elements of harmony and how we find harmony within, with each other and with our environment. This event uses all of the elements of harmony (fire, wood, water, earth and metal) to create musical harmony. Saturday, Oct. 15 from 1:15 to 3:30 p.m.

Remembering the Children: National Day for Truth and Reconciliation is a day set aside to honour the lost children and survivors of residential schools, their families and the resiliency of their communities. In a powerful presentation, guest Val Vint will focus on children and talk about the Healing Forest project that she has been involved with. Val is a renowned multimedia artist, speaker, advocate and Indigenous art instructor.

Orange Shirt Day also takes place on Sept. 30. On this day, everyone is invited to wear an orange shirt to raise awareness of the tragic legacy of residential schools and pay tribute to the thousands of survivors. Sept. 30 from 1:30 to 2:30 p.m.



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# Coin, Stamp & Collectibles Show coming to West St. Paul

#### By Patricia Barrett

The Manitoba Coin Club is going to show people the money in a few weeks when it hosts a coin, stamp and collectibles show in West St. Paul.

The club is inviting the public to bring in old or commemorative currency for assessment or just pop by to learn what currency collecting is all about and how it can literally pay.

Numismatist Larry Dalman, who is a club member, said people with historical or commemorative currency may be surprised to learn that it has value far beyond the numbers stamped on the face.

People who've inherited coin collections or have the odd old coin or paper bill might not know their value and will sometimes just want to get rid of them. Oftentimes, they'll take them to a bank.

"Banks will give them face value for every coin and bill they turn in. They don't care if a coin has silver content or what age it is," said Dalman, who has about 50 years' experience in numismatics. "Every financial institution in Canada is obligated to send all that [old money] back to the Bank of Canada, which shreds or melts it."

Numismatics is the study of coins and other currency such as paper bills, as well as the history, physical properties and appraisal of currency. A specialist is called a numismatist.

The Winnipeg-based Manitoba Coin Club has about 100 members in and outside the province. Founded in 1954, the club provides numismatic education, hobby and fellowship. The



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A collection of Canadian silver dollars.



The commemorative \$20 note was issued on Sept.9, 2015, the day on which Queen Elizabeth II's reign exceeded that of her great-greatgrandmother, Queen Victoria, making her the longest-reigning sovereign in Canada's modern era.

members collect mostly Canadian and foreign currency, banking memorabilia and exonumia (tokens, souvenir medallions, encased coins, etc.) among other interests. All coin clubs in Canada fall under the Royal Canadian Numismatic Association.

The Manitoba club helps educate people on the value of their collections or individual coins and notes, sparks their interest in collecting and encourages them to preserve Canada's currency history.

Until 1908, when the Royal Canadian Mint was established in Ottawa, Canada had its money made in England and shipped across the Atlantic. The Ottawa mint now makes commemorative currency while the country's second mint, the Royal Canadian Mint in Winnipeg, makes circulating currency for Canada and other countries.

The Canadian government kept track of every single bill and coin made, but with so much currency being destroyed, there's no record of what has been taken out, said Dalman. Not knowing how many bills or coins have been destroyed makes it difficult for collectors to determine how valuable it is.

They do, however, have guides that rate bills and coins on things such as condition, colour, framing, rareness and even who signed bills.

Old bills that look as though they've been run over by a car compared to bills that look as though they were never circulated will naturally get different prices, said Dalman. A \$2 bill, for instance, in mint condition might be worth \$100.

"There are different coin books out



**EXPRESS PHOTOS BY LANA MEIER** 

Larry Dalman of the Manitoba Coin Club has about 50 years of experience valuing currency and helps educate members of the coin club and the public.

there that will show you what coins and bills are worth, as well as websites (such as coinsandcanada.com), and they'll also show you how to grade your own coins and bills," said Dalman. "But if you want to get the real prices, a lot of coin collectors or people in numismatic pay money to professional companies throughout North America that will grade them."

For people considering taking their old currency to the bank or to companies that pay fair market value based on the weight of silver or gold in coins, Dalman said it could pay to first do some homework on your coins and bills or consult a coin club member.

A bank will give you face value (\$100) for 100 silver dollars. A company that pays based on weight will offer more but might overlook rare coins that could fetch a substantial amount of money.

"Let's say you take in 100 silver dollars [to a company] and depending on the percentage of silver they contain and price per ounce, they may give you about \$1,400 to \$1,600," he said. "You might be ecstatic, but if you've got a rare coin in there, that alone could be worth \$200 to \$500."

Dalman said an 1870 "shinplaster" (a paper bill worth 25 cents) is "very hard to find and very expensive." The 1965 silver dollar has five different variations, and some are more valuable than others. The 1954 "devil-faced" bills — bills that look as through there's a devil in the Queen's hair — are "worth a lot of money, especially in pristine condition."

"A 1954 \$1,000 bill, if in good shape, might be worth \$1,200. But if it has a devil's face on it, it's worth \$4,000 to \$5,000," said Dalman. "These are the kinds of things the Manitoba Coin Club and the Royal Canadian Numismatic Association are trying to get people to recognize."

Commemorative currency, such as that issued in 1935 to recognize the 25th anniversary of King George VI on the throne, is very valuable. Members of the royal family — including Princess Elizabeth — were featured on bills printed only for a year.

And Dalman said there are specialty coins out there, including sportsthemed coins with Canadian hockey teams on them, coins that depict historical events and coins with DC Comics, Remembrance Day, Disney and dinosaurs on them.

The upcoming Coin, Stamp & Collectibles Show will have Manitoba Coin Club members and dealers who will sit down with people and go over their currency. Anyone interested in joining the Manitoba Coin Club can fill out an application, which will be available at the show.

The show will be held on Oct. 1 from 10 a.m. to 5 p.m. and on Oct. 2 from 10 a.m. to 4 p.m. at the Sunova Recreation Centre, 8 Holland Rd. in West St. Paul. The \$5 admission provides entry for both days.

### *The Express Weekly News* Thursday, September 22, 2022 **19** Interruption in diagnostic services at Eriksdale hospital temporarily suspends its ER

#### By Patricia Barrett

A staff vacancy in the diagnosis department of Eriksdale's E.M. Crowe Memorial Hospital has resulted in a suspension of those services and has also led to the temporary closure of the hospital's emergency room.

Interlake-Eastern Regional Health Authority CEO Marion Ellis said on Sept. 14 that emergency department services "cannot be provided" while diagnostic services are unavailable.

"An unplanned staff vacancy in the diagnostics department has resulted in the temporary suspension of diagnostic services in Eriksdale's E.M. Crowe Memorial Hospital until Sept. 26," said Ellis last week.

Generally speaking, physicians in rural Manitoba serve in hospital emergency rooms, care for patients admitted to hospital, see patients at medical clinics and care for residents in personal care homes.

Ellis said a physician in Eriksdale is on call and in-patient service and primary care delivery has not been affected by the suspensions. People needing diagnostic service will have to travel to other communities.

"People are being directed to Ashern or Arborg for diagnostic care during this period of temporary service suspension," she said.

Ambulances will be re-directed from the Eriksdale ER to the nearest or "most appropriate" ER.

"The RHA is working closely with Shared Health Diagnostics to address the staffing shortage that is affecting service delivery so emergency department services can be resumed in Eriksdale," said Ellis. "Discussions with the local municipality and First Nation health directors regarding access to health-care services are ongoing."

There were already diagnostic service interruptions at the Eriksdale Hospital three weeks ago, according to a Shared Health tweet. The provincial organization posted a list of days - Sept. 1, 6, 8, 9, 12, 14, 16, 19, 23, 26, 28 and 29 - when laboratory, Xray and ECG services would either be suspended or partially available. That was posted before the IERHA provided notice of the unplanned staff vacancy. That list no longer applies, said an IERHA spokesperson.

The IERHA also posts - and updates — ER schedules on its website. The most recent schedule shows the Eriksdale ER being closed from Sept. 16 to 30 even though diagnostic services will, theoretically, be available after Sept. 26.

The Interlake Reserves Tribal Council, which represents the communities of Dauphin River, Kinonjeoshtegon, Lake Manitoba, Little Saskatchewan, Peguis and Pinaymootang First Nations, said the loss of services in Eriksdale will leave people with fewer options for care.

The aging population "requires this hospital for many primary care uses" and people will be left with "fewer options to seek medical assistance and emergency care," said IRTC chair Chief Cornell McLean from Lake Manitoba First Nation in a statement. NDP leader Wab Kinew said the

closure of Eriksdale's ER is the result of Progressive Conservative cuts to health care in the Interlake.

"In the last three years, the PCs have cut emergency services in the Interlake. Premier Stefanson says she hasn't made health care cuts, but families in the Interlake have had their elderly loved ones sent away for care, faced dangerously long waits for paramedics and now another ER has closed," said Kinew by email. "It's clear that fixing health care in the Interlake is at the bottom of the Premier Stefanson's to-do list. The Manitoba NDP would put Interlake families first and ensure they get the care they need close to home."

Ellis said Shared Health's Diagnostic Services has invested in training opportunities in rural and northern Manitoba.

Anyone interested in learning more about training as a medical laboratory assistant with Herzing College or Robertson School of Health can contact the IERHA by email at info@ ierha.ca They can also visit https:// www.ierha.ca/careers/educationalopportunities

# Incredible creatures: walkingsticks – another master of mimicry

#### By John Gavloski

For those who enjoy looking for and observing wildlife, each year will have its highlights and surprising finds. This year has been no exception for me so far.

On three separate occasions in July and August, we found a cool insect called the brown wasp mantidfly while sweeping for insects along the prairie area of the pathway in Carman. I was finding more stilt bugs this year than usual on some of these excursions as well. And I happened to come across a beautiful yellow moth with pink trim called the chickweed geometer. But one of the more incredible finds this year was seeing a rather large population of an insect called the northern walkingstick. Stick with this article and learn more about these incredible insects.

Searching for sticks

The northern walkingstick (Diapheromera femorata) is the only species of walkingstick found in Canada. The area around Miami seems to be a local hotspot. That is where I found them previously. They feed on the leaves of deciduous trees and shrubs and especially like oaks and hazelnut.

I got a tip from a fellow entomologist about an incredibly large population in a grove of trees, which had some hazelnut, just north of Miami. This was something I had to check out.

On the way back from our summer vacation, my wife Lynne and I stopped to have a look for these insects in the area described for us. Within a relatively short period of time, we found 20 walkingsticks. We really had to look hard though, as they are incredibly good at blending in with the plants they are on.

Male Northern Walkingstick

PHOTOS BY JOHN GAVLOSKI

The northern walkingstick feeds on the leaves of deciduous trees and shrubs.

They would often be quite still when side the antennae, making them look we found them, sometimes with their front legs extended forwards along-

Continued on page 21



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# Weekend curling recap

#### By Ty Dilello

It was a busy weekend of curling as events featuring the game's top curlers took place across Canada.

The major event of the weekend on the World Curling Tour was the ATB Okotoks Classic, which had 24 men's teams competing for a purse of \$50,000.

It was an all-Alberta final as Brendan Bottcher defeated Kevin Koe 3-2 in a very closely contested affair.

Winnipeg's Matt Dunstone (featuring Gimli's B.J. Neufeld and Winnipeg Beach's Colton Lott) had a great run on the weekend, advancing to the semi-final before losing to Bottcher.

Karsten Sturmay of Alberta (with East St. Paul's Kyle Doering at second) advanced to the quarterfinals through the C-Side, and it was there that their run also ended at the hands of the Bottcher rink.

Dunstone and Sturmay are now off to Fredericton, N.B., this week to compete in the first-ever PointsBet Invitational from Sept. 21 to 25. The event, which will be broadcast on TSN this week, will feature 16 of the top men's and women's teams in Canada playing off in a sudden-death single-elimination event, with the winners earning a cool \$50,000.

The Mother Club Fall Classic in Winnipeg was held at the historic Granite Curling Club. The women's event had two-time Olympic gold medallist Kaitlyn Lawes of Winnipeg defeating Sarah Anderson of Minnesota by a 6-2 score in the final.

Team Abby Ackland with Marquette's Sara Oliver at second finished the round robin with a 3-1 record, before falling to Assiniboine Memorial's Beth Peterson 6-2 in the quarterfinals.

On the men's side, Ryan Wiebe of the Fort Rouge defeated Granite's Jordon McDonald in the final by a 5-4 scoreline.

Gimli's Steen Sigurdson participated in the event but finished out of the playoffs with an 0-4 record.

The local Manitoba Curling Tour circuit returns on Sept. 30 to Oct. 2 at the Atkins Curling Supplies Classic in Winnipeg at the Assiniboine Memorial Curling Club.

The Cargill Curling Training Centre MJCT Fall Spiel was also held last weekend in Morris and had many of the province's top juniors on display for the first time this season.

Winnipeg's Cheyenne Ehnes (featuring Stonewall's Autumn Good at second) fell in the final on the girls' side to Saskatchewan's Madison Kleiter 8-6.

Moosehorn's Tansy Tober went 3-1 in the round robin before losing a tiebreaker, while Altona's Dayna Wahl went 1-3 and missed playoffs.

Saskatchewan's Logan Ede defeated Virden's Jace Freeman by an 8-4 score in the boys' final.





**EXPRESS PHOTOS SUBMITTED** 

Team Kaitlyn Lawes and Team Ryan Wiebe were victorious at the Mother Club Fall Classic in Winnipeg over the weekend at the historic Granite Curling Club.

# **Interlake Thunder clipped by Dauphin Clippers**

#### By Brian Bowman

The Interlake Thunder was defeated 23-20 by the Dauphin Clippers in Rural Manitoba Football League action last Saturday afternoon.

"It was a great game," said Thunder head coach Mitch Obach. "I thought we played significantly better than the week before, which we also lost by three on the road. The outcome was unfortunate but I couldn't have asked for a better effort from the team. The guys really made a big jump this week. By all accounts, Dauphin is the team to beat in the league and we hung right with them on the road." Offensively, Thunder quarterback Tucker Knutson was 7-for-10 passing for 60 yards. He also rushed eight times for 47 yards, which included a 12-yard touchdown.

Interlake quarterback Ben Cook was 8-for-12 passing for 118 yards. He threw a 50-yard TD to Dwight Bell.

"Ben came in, he's a Grade 9, and he had his first real action this season with us and he played really well," Obach said. "He had great poise and he looked a lot older than a Grade 9."

Lucas Kmet had 25 carries for 176 yards, which included a seven-yard major. "It was some hard running," Obach said. "That Dauphin defence was far better than anyone we had seen so far this year. He had to earn those yards. He had a lot of touches and kept grinding it out all day. We had a great game from him."

Defensively, Interlake's Blaze Benidiktson finished the game with eight tackles, three assisted tackles and two pass knockdowns.

Jacob Naherney had eight tackles and two assists while Preston Vermette chipped in with six tackles and four assisted tackles.

It was a great effort by the Thunder

defence.

"We kind of tinkered with our systems a bit and the new look worked for us against Dauphin," Obach said. "The (defence) had a pretty successful day and one of the touchdowns was after a turnover and they got the ball inside our 10-yard line to start the drive so that one's not really on the defence."

The Thunder will host the Falcons Football Club in an exhibition game this Friday at Stonewall Collegiate. Kickoff is 4:30 p.m.

It will be the first of three straight home games.

# U18 AAA female hockey team 1-3 in Portage la Prairie

#### By Brian Bowman

The Interlake Lightning U18 AAA female hockey team posted a 1-3 record at a Portage la Prairie tournament last weekend.

Interlake opened with a solid 7-3 victory over the Central Plains Capitals on Friday morning.

Lightning goals were scored by Joanna Braun (two), Bre-Ann Windross (two), Emily Gagne, Chloe Minkus and Tessa Stewart.

Interlake was then shut out 5-0 by

the Winnipeg Avros and defeated 7-1 by the Swift Current Wildcats on Saturday.

Charleen Wong scored for the Lightning.

On Sunday, Interlake was beaten 3-1 by Weburn. Interlake's goal was tallied by Braun.

Interlake started its preseason with a 3-0 loss to the Winnipeg Avros on Sept. 7. After a scoreless first period, Winnipeg scored once in the second and then added a pair in the third. On Sept. 11, the Lightning edged the Eastman Selects 4-3.

Georgia O'Neill led Interlake with two goals and an assist while Ireland Tymchak had a goal and two assists.

The Lightning's other goal was scored by Stewart.

Interlake head coach Bill Bram liked what he saw in the first two games.

"I'm excited. I have a lot of good skaters," said Bram last Thursday. "If you can skate now it's learning how to play together and learn the systems. The kids are a good group of kids and they're hard working. We're going to surprise some people."

Interlake will begin its regular season Oct. 1 when it plays the Pembina Valley Hawks in Morden.

The Lightning's home opener is Oct. 2 when they host the Yellowhead Chiefs in Stonewall. Game time is 2 p.m.

# Gimli, Stonewall win Zone 5 golf championships

#### Staff

The Gimli Lakers' team of David Johnson, Matthew Huston, Haden Magnusson and Adam Vigfusson combined for a 298 score to win the Zone 5 boys' golf championship.

Gimlii was 27 strokes better than the Stonewall Collegiate Rams' foursome of Ty Woods, Alex Myers, Rylan Slatcher and Cole Swanson. Rounding out the top five were Riverton (Tytan Johnson, Brody Maxwell, Beau Webber, Landen Keller-Gislason - 336), Lake Manitoba (Jayden Edwards, Dodden Swan, De-Shawn Swan - 352) and Arborg (Brody Barylski, Brandon Burak, Austin Loewen, Sawyer Zuk - 366).

Vigfusson's 88 was the low score of the day while Woods was second at 99 and DeShawn Swan was third with a 103.

On the girls' side, the Rams' team of Gillian Gessell, Maddy Fiddler, Reghan Kirk and Tash Thiesse was tops with a combined score of 185.

Fisher River (Taryn Choken, Sierra Cochrane, Addison Choken - 232) was second while Riverton (Brooklyn Kornelsen, Averi Kornelsen, Julie Magnusson, Olivia Magnusson - 255) placed third.

Lundar's Madison Olafson had the low score with a 45 followed by Fidler (54) and Kirk (61).

The MHSAA golf provincials will take place this Friday in Carman.

# **U15 AAA Manitoba Female Hockey League to begin inaugural season**

#### By Brian Bowman

A new U15 AAA Manitoba Female Hockey League will be hitting the ice this season.

The eight-team league will include the Central Plains Capitals, Eastman Selects, Westman Wildcats, Brandon Wheat Kings, Norman Wild, Parkland Rangers, Pembina Valley Hawks and the Yellowhead Chiefs.

"The boys have always had (a U15 AAA league) for decades but the girls have never had the opportunity to play in an organized league," said league president Dennis Park. "There has always been U15 AAA (female) teams across the province but they would just play in showcases and stuff like that. They never had their own league until now."

Park is hopeful that a team from Winnipeg and the Interlake will be formed for next season.

Manitoba already has a U18 AAA league and many girls from our province have gone on to play at the university level in Canada and the United States.

"The numbers for female hockey are growing substantially over the last several years," Park noted. "This will give the girls a chance to play at the highest level possible."

The league will begin Oct. 1 in Dauphin.

At press time, the Impact was five points behind Richmond United and one back of Sinjar FC.

Interlake has one more game remaining in the regular season. Playoffs begin Sept. 26.

# Impact edged by Elmwood FC

#### Staff

The Interlake Impact lost 4-3 to Elmwood FC in Manitoba Major Soccer League 4th Division action on Sept. 13 at the Shaughnessy Park Turf Field. Impact goals were scored by Garrett Hillmer, Dalen Penner and AJ Reimer.

With the loss, Interlake is now 10-5-2 and has 32 points to sit in third place in the 10-team division.

### > INCREDIBLE CREATURES, FROM PG. 19

even more like a twig. Males usually have a more brown colour, whereas the females are more greenish brown and are larger and not as slender as the males.

Several times we came across mating pairs. Male walkingsticks will remain with the female long after mating to try to ensure another male does not mate with her and will try to fight off other males.

#### Eggs that look like seeds

Females of the northern walkingstick drop eggs singly onto the forest floor. Eggs overwinter in leaf litter and hatch in the spring, although some eggs remain dormant for a year and hatch during the second spring. There are some interesting features of the eggs that protect them from predators and parasites, sometimes with the help of ants. Stick insect eggs in general resemble the seeds of plants. The eggs of the northern walkingstick resemble the seeds of legumes. The eggs additionally contain a tasty area called a capitulum, which makes them quite attractive to ants that may find them. The capitulum on an insect egg mimics a similar tasty and nutritious area called an elaiosome on plant seeds that depends on ants for distribution. Ants will take the eggs into their nest, thinking they are a seed. They eat the capitulum, but this does not damage the interior of the egg. The egg is then discarded at the bottom of their nest. This will provide protection for the eggs. When the tiny (a few millimetres long) walkingsticks hatch, they are allowed to exit the ant hill.

Walkingsticks are extremely good at camouflage and an interesting insect to look for if you are around any oak or hazelnut trees. So if in the Miami area, take a walk on the wild side and see how many walkingsticks you can find.





Prep time: 20 minutes Cook time: 8 minutes Servings: 4 1 cup dry instant brown rice

1 1/4 pounds boneless, skinless chicken breasts

2 large ears fresh corn, silks and husks removed

1 1/2 tablespoons olive oil

3/4 teaspoon kosher salt

1/2 teaspoon ground black pepper

3 Dole Limes, juice only (about 3 tablespoons), divided

2 tablespoons chopped fresh cilantro 1/4 teaspoon smoked paprika

2 tablespoons grated Parmesan cheese

1 package (12.9 ounces) DOLE®

Chopped Chipotle & Cheddar Kit 1 Dole Avocado, peeled, pitted and thinly sliced

1 cup chopped Dole Pineapple



Prep time: 45 minutes Cook time: 1 hour Servings: 8 Pie Crust: 1 1/2 cups all-purpose flour 1 teaspoon sugar 1/4 teaspoon salt 8 tablespoons Country Crock Plant Butter, cold and cut into cubes 2 tablespoons chilled vegetable shortening, cut into pieces 4 tablespoons ice water Pumpkin Filling: 1/2 cup maple syrup 1 tablespoon vanilla 1 can (15 ounces) pumpkin puree 1/4 cup coconut cream 1 cup Country Crock Plant Cream 1 cup brown sugar 1 teaspoon cinnamon 1 teaspoon ginger 1 teaspoon nutmeg 1/8 teaspoon ground clove 1/2 teaspoon salt 3 tablespoons cornstarch 3 tablespoons white granulated sugar Whipped Topping:

2 cups Country Crock Plant Cream, chilled 1/4 cup powdered sugar

2 teaspoons vanilla extract

# Mexican Street Corn Bowls with Grilled Chicken

Prepare grill for direct grilling over medium-high heat. Prepare rice according to package instructions.

Brush all sides of chicken and corn with oil; sprinkle with salt and pepper. Place chicken and corn on hot grill rack; cover and cook 8 minutes, or until grill marks appear and internal temperature of chicken reaches 165 F, turning chicken once and corn frequently. Transfer chicken and corn to cutting board; let stand 5 minutes. Cut corn kernels from cobs into medium bowl. Slice chicken 1/4-inch thick crosswise.

Add 1 tablespoon lime juice, cilantro and paprika to corn; toss and fold in Parmesan cheese. In small bowl, whisk dressing from salad kit and remaining lime juice.

Serve rice in bowls topped with avocado, pineapple, chicken, corn mixture and remaining contents of salad kit drizzled with dressing mixture.

## **Brulee Pumpkin Pie**

To make pie crust: Preheat oven to 350 F. In bowl of food processor, add flour, sugar and salt; pulse to combine. Add cold plant butter and shortening. Process about 10 seconds until it looks like coarse meal.

With food processor running, add ice water. Process until mixture clumps together. On lightly floured surface, roll dough into 14-inch circle. Transfer to 9-inch pie dish. Lift edges and allow dough to drape into dish. Trim, leaving 1-inch overhang. Fold excess dough under and crimp edges.

To make pumpkin filling: In medium saucepan over medium heat, add syrup and vanilla; warm about 2 minutes then remove from heat and set aside.

In large bowl, combine syrup mixture, pumpkin, coconut cream, plant cream, brown sugar, cinnamon, ginger, nutmeg, clove, salt and cornstarch; blend with hand mixer until smooth. Pour mixture into pie crust.

Bake 1 hour. If crust starts to burn, cover edges with aluminum foil. The middle will still be jiggly.

Cool at room temperature 30 minutes then cover and transfer to refrigerator to chill at least 5 hours or overnight.

Before serving, sprinkle pie with white sugar and, using kitchen torch, brelee until sugar is melted and dark brown.

To make whipped topping: Using electric hand mixer or stand mixer, whisk plant cream, powdered sugar and vanilla on high until mixture thickens and stiff peaks form.

Slice and serve with whipped topping.



#### Submitted

It is one thing to deal with the tantrum of a two-year-old. It's easy to pick him up and put him in his room, where he most likely will fall asleep. What if the child is between 5 and 8?

A toddler having a tantrum is angry and may simply lie on the floor and kick his feet. An older child tends to act out towards people or things when in the midst of a tantrum. She may yell out insults, slam doors, or even throw things around. Conventional wisdom holds that when a toddler has a tantrum, the best thing to do is to ignore it.

With an older child, it is hard to know what to ignore. If the child is being physically or verbally abusive, to ignore such behavior would seem to be condoning it.

The key to avoiding tantrums in older children is to keep communicating with them. If they are angry, let them explain why they are so angry. Don't argue with them, just listen. Once you convey to the child that you understand why she is so angry, you may be able to do some problem solving.

If she is angry because you have said "no" to a sleepover, you can explain your reasons once again and suggest a compromise. Perhaps she could go over for the evening, and you'll pick her up before bedtime. Asking a child what they might



Prep time: 5-10 minutes Cook time: 5 minutes Total time: 6-7 hours Servings: 8 Country Crock Plant Butter, for greas-

ing Crust:

1 1/2cups graham cracker crumbs 1/2cup Country Crock Plant Butter, melted

Filling:

2 packages (8 ounces each) dairy-free cream cheese, at room temperature

1 cup peanut butter

1 tablespoon vanilla extract

1/2cup Country Crock Plant Cream 1 cup powdered sugar

Chocolate Ganache:

1 stick Country Crock Plant Butter, cubed

# **Tantrums**

suggest as a compromise gets them into some logical thinking and out of the emotional turmoil, if only for a few moments. It's unlikely at this point, to revert to a tantrum.

Toddlers have tantrums because they do not have the skills to express what they want, or to argue their point. Older children have tantrums because they think they are not being heard.

The worst thing you can do with a child in a tantrum is to get angry and have a tantrum yourself. You need to stay calm, set the boundaries, and defuse things as much as you can. Tell the child that when he calms down, you will listen what he has to say.

If the child is out of control, being verbally abusive or damaging things, you need to step in. At this point you are not dealing with the issue, simply attempting to control the situation. Tell the child that they can be mad, but they cannot be abusive. When things have settled, you must reiterate with the child that such behavior is unacceptable. They must understand at an early age that being angry does not justify abusive words or behaviors.

Communication and anger management skills must be developed early. This is the first step in the elimination of family violence.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www. gwen.ca. Follow Gwen on Facebook for inspiration.

### No-Bake Chocolate Peanut Butter Cheesecake

1 cup semi-sweet chocolate chips Grease 9-inch pie dish with plant butter; set aside.

To make crust: In medium bowl, combine graham cracker crumbs and melted plant butter; mix thoroughly. Add crust to greased pie dish and press firmly to bottom and sides; refrigerate. To make filling: In bowl of electric mixer, beat cream cheese until smooth and creamy. Add powdered sugar; beat until fully incorporated. Add peanut butter, vanilla extract and plant cream; beat until smooth and creamy. Pour filling into prepared crust and refrigerate 5-6 hours or overnight. To make chocolate ganache: In pan over medium heat, add plant butter cubes and chocolate; stir continuously.

Spread chocolate ganache evenly on top of chilled cheesecake. Refrigerate at least 1 hour before slicing and serving.



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BUYING SCRAP METAL, CARS, TRAC-TORS. COMBINES, SCRAP, ANY FARM METAL MATERIAL. ANY FARM MACHIN-ERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

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Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

#### LOT FOR SALE

Vacant building lot for sale. Gunton - Residential building lot, \$59,900. Also Teulon residential lot, back onto fair grounds, \$64,900. Ph 204-467-8537 or 204-955-2068, Stonewall.

#### BUILDING FOR SALE

24 X 28 building, 2x6 construction, fully insulated, wired & drywalled. baseboard heat, panel box, no plumbing. On I-beams ready to move. Would make good addition or cabin, or a good office building, \$24,900. Ph. 204-467-8537 or 204-955-2068 Stonewall.

## FARMLAND FOR SALE

Private Sale by owner -160 acres of land with mineral rights, 9 miles south of Arborg off of Hwy. #7. Older house (930 sq. ft.) with laminate floor and newer roof and cute gazebo attached to the house, 2 car garage, and 2 out buildings, \$275,000. For more information Please call Albert 204-671-3335 or Lori 204-651-0034 or 204-643-5750.

#### HELP WANTED

Teulon Day Care is looking for a new team member! Monday-Friday 2:30-5:30p.m Additional subbing hours available. Position to start immediately. We are also looking for casual substitutes. Send resume to teulondc@ mymts.net or pop by the centre.

#### LAKESIDE

FLIGHT ACADEMY Want to learn how to fly? Recreational Pilot Program is the best way to get started, must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger; can easily add float rating to permit. Lakeside Flight Academv 204-642-4799.

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NOTICES

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**EVERGREEN SCHOOL DIVISION** Invites applications for the following regular positions, effective ASAP:

22.0P.05 Bus Driver - Arborg Area (approx. 4hr/day)

22.0P.06-22.0P.08 Bus Driver – Gimli/Winnipeg Beach Area (approx. 4hr/day)

No experience required. Training and assistance with bus certificate provided.

See website for details and application procedures: http://www.esd.ca/Employment under Support Staff.

#### CLOSING DATE: September 26, 2022 (3:30 pm)

We wish to thank all applicants for their interest, however only candidates selected for an interview will be contacted.

Employment will be subject to satisfactory criminal record and child abuse registry checks. Evergreen School Division may contact former employers.



### **EVERGREEN SCHOOL DIVISION ELECTION OFFICIALS**

The Evergreen School Division is inviting any persons, 18 years of age or older, wishing to work as an Election Official on Election Day, Wednesday October 26, 2022, in the Communities of: Arborg, Arnes, Fraserwood, Silver, Riverton, Gimli, Matlock and Winnipeg Beach, to contact the Senior Election Official by phone or email.

If you would like to be an Election Official, please contact: Deb Thorsteinson, SEO

204-671-0618

Email: debbie.thorsteinson@esd.ca On or before September 30, 2022



### PUBLIC NOTICE

#### **BOARD OF REVISION FOR 2023**

Public notice is hereby given that the 2023 Assessment Roll for the Rural Municipality of Grahamdale has been delivered to the Municipal Office and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Sections 42 & 43 of the Municipal Assessment Act:

#### **APPLICATION FOR REVISION:**

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- (a) liability to taxation;
- (b) amount of an assessed value;
- (c) classification of property;(d) a refusal by an assessor to amend the assessment roll under subsection 13(2).

#### **APPLICATION REQUIREMENTS:**

- 43(1) An application for revision must
- (a) be made in writing;
- (b) set out the roll number and legal description of the assessable property for which a revision is sought;
- (c) set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters: and
- be filed by (d)
  - (i) delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2), or
  - (ii) serving it upon the Secretary,

at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board of Revision will sit on Thursday, November 10th, 2022 at 10:00 a.m. at the Rural Municipality of Grahamdale Municipal Office to hear applications.

The final date on which applications must be received by the Secretary of the Board is Tuesday, October 25, 2022 at 4:30 p.m. The Applications must be sent to the address printed below:

Dated at Moosehorn, Manitoba, this 12th day of September, 2022

Shelly Schwitek, Secretary Board of Revision Rural Municipality of Grahamdale Box 160, 23 Government Road Moosehorn, MB R0C 2E0 Phone: (204) 768-2858 Fax: (204) 768-3374 Email: rm606@grahamdale.ca



Come with paper, leave with gold.

If you have any questions, please call the Municipal Office at 204-467-5711.



### **RURAL MUNICIPALITY OF GIMLI REQUEST FOR QUOTATION** FOR GARDENING SERVICES

The Municipality is seeking a qualified gardener to provide services for the Viking Park and the Municipal Building Memorial gardens.

Services Include planting and maintaining the plants and trees, watering, weeding, fertilizing, adding topsoil and mulch, spring and fall clean ups. Maintenance and appearance of the shrubbery, garden areas, trees, outdoor plants and related landscape elements are an important part of the representational responsibilities of the Municipality.

Preference will be given to an individual with the following education and experience:

- Familiarity and knowledge with landscaping design and planting plans
- Knowledge of irrigation systems
- Knowledge of regional plant life and hardiness zones
- Knowledge of local plant pests and the process for elimination
- Knowledge of synthetic and natural fertilizers
- Knowledge of health and safety regulations for landscaping
- Experience with report submissions
- The ability to lift heavy objects

### • The ability to remain on your feet for long periods of time

### Submit your quote to the below by October 3rd, 2022.

Rural Municipality of Gimli 62 - 2nd Avenue, PO Box 1246 Gimli, MB R0C 1B0 Attn: Kelly Cosgrove, CAO Email: gimli@rmgimli.com Phone: (204) 642-6650 Fax: (204) 642-6660

The RM of Gimli reserves the right to reject any or all bids, to waive irregularities and informalities therein, and to award the tender in the best interest of the RM of Gimli in its sole discretion. Contractors must comply with Municipal requirements for liability insurance, WCB coverage and business licensing to be eligible to be awarded the contract.

Call now for FREE information 1-888-333-7660

Local Toll Free

### **RURAL MUNICIPALITY OF ROSSER** EMPLOYMENT **OPPORTUNITY**

www.batteryman.ca

The Rural Municipality of Rosser invites applications for the position of Public Works Maintenance/Equipment Operator. This is a full-time permanent position.

Under the direction of the Public Works Foreman, the position will be required to assist the Public Works Department and perform general municipal related work.

Qualifications - Transportation Maintenance / **Equipment Operator** 

- Valid Province Manitoba Drivers Class 3 with air
- Experience in Public Works and dealing with the public
- would be an asset Mechanically inclined with general equipment maintenance
  - skills
- · Knowledge in the operation of equipment such as tractor/ mower, wheel loader, compact track loader, tandem, excavator
- Must have grader experience (winter & summer),
- · Ability to work under minimal supervision
- Ability to work extended hours
- · Ability to do some physical labor
- Basic Computer skills required
- Forklift license, first aid and WHIMIS training an asset

Please submit a cover letter and full resume, and three references, marked "Application for Public Works Employment" to Ken McMahon, Public Works Manager.

Posting will remain open until a successful candidate is found.

RM of Rosser

Box 131 Rosser, Manitoba **R0H 1E0** fax: 204-467-5958

e-mail: info@rmofrosser.com

If you have any questions, please call the Municipal Office at 204-467-5711.

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#### HEALTH

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Box 280, Fisher Branch, MB R0C 0Z0 Tel: 204-372-6393, Fax: 204-372-8470

#### **INVITATION TO TENDER**

#### SNOW REMOVAL For the Hamlets of Hodgson, **Broad Valley and Poplarfield**

Please state what equipment will be used. Interested applicants must have liability insurance and registered with Workers Compensation Board. Equipment must be available upon request. Tenders to be dropped off at the Municipal Office, 30 Tache, Fisher Branch, no later than October 3, 2022 at 4:00 PM.

#### Hodason

17.7km from the town of Fisher Branch. Approximately 1.91 KM Road to be cleaned

#### Broad Valley

15.4 km from the town of Fisher Branch Approximately .9 km of Road to be cleaned

#### **Poplarfield**

22.5 KM from the town of Fisher Branch Approximately 1.9 km of Road to be cleaned

Kelly Marykuca, CMMA Chief Administrative Officer Rural Municipality of Fisher



# Classifieds Announcements



### Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

### OBITUARY

**Therese Anita Wallack** November 16, 1931 - September 10, 2022

On September 10, 2022 with her family by her side, our beautiful Mother, Aunty, Grandmother, Great-Grandmother and Sister passed away peacefully at the Fisher Branch Personal Care Home at the age of 90 years.

She was predeceased by her husband Michael; son Delbert; her parents Rose and Honora Bruneau; as well as siblings Anna, Emma, Amie, Pete, and Hector,

She leaves to mourn her passing her children Donna (Clayton), Gerald (Liz), Cindy (Shane), Barry (Rachelle), Robyn (Ken); her grandchildren, who meant the world to her, Starlette, Krystal, Taylor, Sydney, Shaelyn, Alisha and Justin, Jennifer, Melissa, and Devin, her great-grandchildren and sister Lillian.

Mom was born November 16, 1931 on the family farm in Fisher Branch. Mom and Dad met at a school picnic in Fisher Branch in 1948. They were married November 7, 1950 and then moved to Mackenzie Island, ON. Mom and Dad spent the winter in Ontario and in the spring moved back to Fisher Branch. It was here that they raised their six children. Mom was all about family, unity, love, forgiveness and kindness. She was selfless beyond measure always putting everyone else first. She had a gentle soul, huge heart and her family was her world. Mom enjoyed curling, hockey, playing cards, and bingo. Very special to Mom were the summers she spent at Watchorn Beach with her family.

Our heartfelt thanks and sincere gratitude to the Fisher Branch Personal Care Home for the compassionate and caring dedication you provided to our mother. We are forever grateful.

As per Mom's wishes, cremation has taken place. There will be no funeral mass. A private family service will be held in Mom's honour. In lieu of flowers, donations may be made to the Fisher Personal Care Home Inc., Box 548,

Fisher Branch, Mb. R0C 0Z0.

Rest In Peace Mom. We will love you forever and always. FISHER FUNERAL HOME INC.

In care of arrangements. 204-372-6803 or 204-372-6271

#### OBITUARY

#### Colin Michael Fifi

With profound sadness, after a courageous and very long battle with cancer, we announce the passing of Colin Michael Fifi, on Saturday, September 10th, 2022. He spent his final days and moments with the love of his life Lori, son Gavin, and cat Burger by his side.

Colin was predeceased by his father Kenneth; brothers David, Errol, Stephen, John, and nephew Scott.

Leaving to mourn his son Gavin (Danielle); daughter Chastine (Dan); grandchildren Kieran, Adrianna, Taya, Scarlett, Olin; his mother Jean; sister Kathryn; girlfriend Lori and family, and many other family and friends.

Colin, his family and friends would like to thank Gimli CancerCare, home care from Gimli hospital, the many doctors and nurses who helped him along the way, and a special shout out to Julie, his

favourite.

"Your wings were ready, our hearts were not"

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com



4 p.m. prior to Thursday's publication Please Call 204-467-5836



#### OBITUARY

Metro Deneka

Our Dad passed peacefully into God's hands on September 12th, 2022 in the company of his family at the Arborg Personal Care Home in Arborg, Manitoba,

Dad was born in Celo Lubliniec, Poland on August 16th, 1927 baptized as Demetrius Deneka, born to parents Andreas (Andrew) and Catharina. He was born into a family of one sister, Katie (Lisowick) and two brothers, John and Tanis.

Left to cherish his memory, his wife Emily of 69 years and his two daughters.

Sharon and Steve Melnychuk of Arborg and Angela and Wayne Smikles of Stonewall, and brother Tanis (Dennis) Deneka of Winnipeg; grandchildren, Christopher Melnychuk, Trevor Melnychuk, Stuart Melnychuk, Natasha and Magnus Smikles-Mason, Andrew and Lisa Smikles, Nadya and Corey (Proulx) Smikles; and great-grandsons, Dalton and Keaton Smikles.

Dad immigrated to Canada in January of 1936 with his mother Catharina and siblings to join his father Andrew on a homestead in Okno, Manitoba. Although the community of Okno was largely Ukrainian speaking, he spoke of his struggles with the English language and sense of belonging. Despite these obstacles, his friendly and outgoing personality and great big smile led to a great many friendships throughout his lifetime.

Storytelling was a favourite pastime allowing him to reflect back to his younger years. Stories of cutting lumber, jobs of fall harvesting in Deloraine, walking 14 miles to town with a full cream can. During his younger years he loved playing baseball and community picnics were a great place

to toss a ball and crack a bat. Breaking land with horses and picking stones contributed to his determination to learn and develop into the man he became. He met many famous people who stayed at the Marlborough Hotel in the mid 50's while

employed P/T as a night porter. Many were professional wrestlers and a magician of whom he was a big fan. Hard labour came naturally to Dad and while employed with Canada Packers and Motorways loading freight, he met many lifelong friends. Having had multiple career paths throughout his lifetime Dad gained many experiences but his greatest sense of pride was spent on the farm.

Dad and Mom's first farm was in Okno, but the tiring labours of constant stone picking led them to purchasing and moving to a farm in the Arborg area in 1973 that they called home. Here they met many new friends and community members being actively involved in the St. John the Baptist Ukrainian Catholic Church in Silver, MB. Dad was also actively involved in the construction and fundraising of the Silver Hall.

Festivals, rodeos and fairs were a highlight for Dad and Mom especially Morris Stampede where he loved watching the rodeo events with horse and cattle showings. These events gave them time to rest from daily farm duties and enjoy themselves.

While checking out neighbouring crops sometimes found him driving too slowly and occasionally meandering on a divided highway. On occasion he spotted deer to remind him of upcoming hunting season following harvest, as he loved hunting and prided himself with many racks. Attending auction sales were a great outlet to visit with acquaintances and he often come home with a box of something he didn't need.

Work ethic, honesty and prayer was everything to Dad. He believed in the efforts of a hard days work would be worth the rewards. Honesty and prayer were attributes that he lived by as he faithfully attended Sunday Liturgies.

Dad was loyal to his family and loved jam packed family gatherings filled with music, dance, drink, endless food and his favourite was a nice box of chocolate. He told us that during his journey to Canada the ship docked in England. There were people who welcomed them and gave them chocolate. According to Dad it was the best chocolate you would ever taste, which was likely his first introduction. Saturday nights often led to tuning up his harmonica for the Saturday night Polka Party on the radio station broadcasting from Portage. His love of Ukrainian and fiddle music was his passion.

In reflection of who he was and what he meant to each of us, we are reminded that he was many things to many people over his 95 years. A Funeral Service in celebration of Dad's life was held on Monday, September 19th, 2022 at

11:00 a.m. in the Arborg Community Hall. Father Yaroslav Buduykevych officiated, followed by interment in the Ukrainian Catholic Cemetery, Arborg. Pallbearers were his six grandchildren: Christopher, Trevor, Stuart, Natasha, Andrew, Nadya.

The family would like to thank the Arborg Home-Care staff who kindly attended to Dad. Also thank you to the doctors and healthcare staff at Red River Place, Selkirk and Arborg Personal Care Home and to Dr. Donnelly for Dad's care.

If friends so desire, memorial donations may be made to a charity of your choice. Rest In Peace Dad ~ Vichnaya Pamyat

KEN LOEHMER

204-886-0404

Your memory will live forever Engraved within our hearts

MEMORIAL SERVICE





Dietmar Siebrand

April 13, 1938 – September 9, 2022 After about a year of health difficulties Dietmar succumbed to

cancer. In keeping with his wishes, cremation has taken place and a private service will be held at a later date.

Condolences may be left tribute wall at www.gilbartfuneralhome. com

> Gilbart Funeral Home, Gimli in care of arrangements.





#### Colleen Bucklaschuk

Our family invites you to a memorial for Colleen who passed away August 29th, 2022. The celebration will be held at Johnson Hall, Waterfront Centre, 94 1st Ave. Gimli, starting at 1:00 p.m. on Saturday, September 24th with a reception to follow.

All Colleen's relatives, friends, and acquaintances are invited to ioin us in this Celebration of Life.

Condolences may be left on her tribute wall at www. gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



#### SERVICE ANNOUNCEMENT

Christopher Dawson May 7, 1948 - June 2, 2022

A graveside memorial service will be held at 11:30 am on Saturday, September 24, 2022 in the Faulkner Cemetery with Dawn Tober officiating. A luncheon will follow in the Faulkner Community Hall.

Arrangements by: ARNASON FUNERAL HOME Ashern - Lundar 1-204-768-2072



# SALE ENDS OCT. 1<sup>ST</sup>

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