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THE EXPRESS

VOLUME 2 EDITION 36 THURSDAY, SEPTEMBER 3, 2015

WEEKLY NEWS

SERVING LUNDAR, ASHERN, ERIKSDALE, MOOSEHORN, FISHER BRANCH, RIVERTON, ARBORG, GIMLI, WINNIPEG BEACH, ARNES, MELEB, FRASERWOOD

Last days of summer fun



EXPRESS PHOTO BY LAURA HAYWARD

As summer days shorten and Autumn approaches, children and their families took advantage of the warm temperatures last week to spend their last days of summer break at the beach. Pictured, children ages 6-10 years enjoy a day at Lundar Beach for the Summer Day Camp Program for Lundar and Eriksdale. Those enrolled took part in a myriad of indoor and outdoor events including arts and crafts, swimming and even tours of local museums and the RCMP station.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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Construction begins on Fisher Branch housing development

By Jeff Ward

Construction started on a new 55-plus seniors' housing complex in Fisher Branch last month, and if everything goes as planned, the first tenants will be moving in by the end of this year.

Three separate buildings have been approved with five units in each that will serve the needs of seniors in the region who wish to stay close to their families, community and other necessary supports.

The units will be constructed in three phases between Railway Avenue and Heritage Row, just north of the old train station.

The one-bedroom 974-square-foot units will be fully accessible for residents with mobility issues and will include a bathroom, all modern fixtures and appliances, as well as a laundry room, walk-in closets and an attached 358-square-foot garage. Four of the five units will have garages with heated floors.

The project, which started construction July 27, has been in the planning stages for the last few years with the principal investor, Alex Davidson, committing a significant amount of time and money into making the project a reality.

Davidson lives on Vancouver Island but has family in Fisher Branch and had been talking about the need for a seniors' housing development in the community with his son-in-law Maynard Plett, owner of the Countryside Home Building Centre in Fisher Branch.

"We had been talking about it for quite a while, and I've been wanting to move away from my business here for a while. It seemed like the right move,"



EXPRESS PHOTO BY LYDON PLETT

Construction of a three-phase seniors' housing complex in Fisher Branch is well underway with the first tenants scheduled to move in at the end of this year. Countryside Lumber employees and cousins (from left to right) Trent Plett, Curtis Plett, Evan Plett and Randy Plett have been hard at work.



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Countryside Home Building Centre

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The construction of the first phase of the Fisher Branch seniors' housing complex began last month.

said Davidson, who owns a bakery in Campbell River.

"So I went and met with some seniors from the House of Hope in Arborg and got a sense of what they liked and didn't like about their homes. Seniors want a place that's closer to family, and I was told by a few that they'd move back here to avoid the 45-minute drive just to see their family."

Getting the project off the ground proved to be much easier than anticipated with Reeve of Fisher Shannon Pyziak throwing her support behind the project and the Noventis Credit Union helping bankroll the project with a loan.

Davidson describes the process to get to the build phase as a comfortable environment to work in and credits everyone involved in the process with making it as hassle-free as possible.

"I just finished building a home for

my daughter in Alberta and the experience was quite poor — prices that kept skyrocketing and very pushy people, but building here has been like a breath of fresh air," he said.

Rent hasn't been set yet, but Davidson estimates that it will be around \$1,175 a month. Phase 1 of the project will be completed by the end of the year, and Phase 2 is slated for spring of 2016. If all goes according to plan, all three phases will be complete by the end of 2016 and Fisher Branch will have 15 new homes for seniors.

"I'm very excited about the project and am really proud of the work we're doing. People are going to love these homes and I can't wait to fill them with families," said a proud Davidson.

If you'd like to know more about the units and want to be put on the list of people who are interested in moving in, Davidson encourages you to call him directly at 250-203-7828.

Coldwell Lundar Community Foundation funds two projects

By Jeff Ward

The Coldwell Lundar Community Foundation granted more than \$5,000 this year to some very worthwhile causes in the community last Friday.

The foundation presented \$2,436 to the Lundar New Horizons group and \$2,459 to the Lundar Museum Society.

The Lundar New Horizons purchased new tables and a new oven for their building. These upgrades will help the New Horizons group provide better service to those using the congregate meal program.

The congregate meal program benefited immediately from the grant. The program is very popular in Lundar, feeding approximately two dozen people three times a week.

"This money means a lot, and not only to me but to the club," said Fred Burdett, president of the Lundar New Horizons Club.

"The new tables are so much better than the old ones we had, and now with the extra oven, our cooking team is able to make the meals faster and not have anyone wait for their food. People will notice right away."

The Lundar Museum will use their money to pay for repairs to the CN jigger shack, which received new paint, windows and some new trim earlier this summer.

The repairs helped bring the building back to its former glory, since it needed quite a few costly repairs that wouldn't have been possible to complete without the help



EXPRESS PHOTOS COURTESY OF IRENE RUNOLFSON
Treasurer for the Coldwell Lundar Community Foundation, Irene Runolfson (left) presents \$2,436 to Fred Burdett, president of the Lundar New Horizons Club to purchase a new oven and tables for the Lundar congregate meal program.

from the community foundation explained Doug Finland, president of the Lundar Museum Society.

"If we didn't have that money, we'd be in dire straights for that building," said Finland. "The foundation has been a really great thing for the community, and I hope people continue to support them."

This is the second year in a row that the Coldwell Lundar Community Foundation has handed out grants and it's a very exciting time. Each year the endowment fund gets bigger with donations and interest.

"We're very proud to help out these organizations. Every year we're excit-



Runolfson (left) presents funding to Doug Finland, president of the Lundar Museum Society, to help repair the CN jigger shack. The shack got a fresh coat of paint, new windows and some new trim.

ed to put money back into our community," said Irene Runolfson, treasurer for the Coldwell Community Foundation.

Both projects have already been completed since each recipient of grant money needs to complete the project before the cheque is written to ensure the money will be used for that purpose. The foundation was incorporated in 2004 and it wasn't until last year that they were able to start

granting out the interest on their seed money. It took a while to build up a solid endowment fund, but now that they've done that, the foundation will be giving back annually Runolfson said.

The foundation also awarded Alexis Sigfusson with a \$500 bursary this year for being the most well-rounded student. The money from the bursary will be used for post-secondary education.

"THE FOUNDATION HAS BEEN A REALLY GREAT THING FOR THE COMMUNITY, AND I HOPE PEOPLE CONTINUE TO SUPPORT THEM."

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- Pay tribute to the tenacious spirit of the area's settlers and their love for their new land
- Celebrate Gimli and the people who live here!

ICELANDIC FESTIVAL OF MANITOBA

The Icelandic Festival is hosting another Community Information Session about Viking Park at 1 p.m. on Saturday, September 26 in Johnson Hall, Waterfront Centre

Make History with Us

Don't Repeal First Nations Financial Transparency Act

By Aaron Wudrick, Federal Director, Canadian Taxpayers Federation
(This commentary ran in the *National Post* on Tuesday, Aug. 25, 2015)

Imagine Liberal Leader Justin Trudeau promising to keep his salary a secret after being elected prime minister. It's an unfair violation of privacy, he might say. It only serves to inflame negative stereotypes about overpaid politicians. And why should people in other countries be able to look up his prime ministerial salary on the Internet?

Canadians would never accept that lack of transparency, yet that's exactly what Trudeau wants to impose on First Nations communities. He has promised to repeal the First Nations Financial Transparency Act (FNFTA). Meanwhile, NDP Leader Thomas Mulcair voted against the legislation, but has failed to make it clear what he will do if elected.

The FNFTA is simple: it ensures Canadians living on reserves have access to the salaries paid to their elected chiefs and councils, as well as audited band financial statements. It's the type of information that's been a Google-search away for all other Canadians for years.

One need not be a master political strategist to deduce Trudeau's gambit: some First Nations politicians do not like this law and Trudeau hopes to earn their support by pledging to get rid of it. But if he is truly interested in looking out for the interests of First Nations people — and not simply pandering to a handful of obstructionist chiefs — he should consider how this law came into being in the first place.

The FNFTA's lineage can be traced to complaints brought forward by First Nations people themselves. Phyllis Sutherland from Peguis First Nation in Manitoba publicized information about dubious spending in her own community. As champions of transparency and accountability for politicians at all levels, we at the Canadian Taxpayers Federation were happy to assist in the effort, helping to ensure that First Nations people would finally have the same ability as all other Canadians to know something as simple as the salaries of their elected officials.

First Nations leaders who make clumsy arguments that the FNFTA is "racist" or "unnecessary," do so in the face of a number of very inconvenient facts. For example, the notion that First

Nations politicians are being "singled out" for a form of draconian transparency is difficult to reconcile with the fact that the salaries of virtually all politicians at federal, provincial and municipal levels across Canada are already made public online for all the world to see. And revelations from First Nations that have come to light since the FNFTA became law, such as in the case of Chief Ron Giesbrecht of the Kwikwetlam First Nation in B.C. last year and the Semiahmoo First Nation more recently, greatly undermine any assertions that First Nations people "already have access to this information."

This information gap was best illustrated by Kwikwetlam band council member Joe Marvin when he said: "I want the public to know that the membership knew nothing about this. And if it wasn't for this new transparency act, I don't think we ever would have known."

Let that sink in: a member of the elected band council had no clue his chief had pocketed \$800,000 of band money as part of a land deal until the FNFTA forced its exposure.

Indeed, with a 98 per cent reporting compliance rate for 2013-14, it's

obvious that the FNFTA has been a resounding success. If anything, it should be expanded to include regional, provincial and national First Nations bodies.

Far from inflaming negative stereotypes about First Nations, the FNFTA can actually help to fight them, by giving the large number of excellent chiefs and councillors clear facts to which they can point. Perhaps most importantly, it empowers First Nations people to make more informed decisions about their political leadership. It also allows them to engage on a more equal footing with all Canadians, which will help foster a more informed and fact-based public policy dialogue on all sides.

Repealing the FNFTA would be a slap in the face to brave souls like Phyllis Sutherland and every other person from a First Nation who has spoken up and demanded accountability in own their communities. Trudeau should reconsider his ill-advised pledge. Mulcair should break his silence. Anyone wanting to be prime minister must commit to keeping the FNFTA in place.

Fishers left with no good answers in over-filled totes

By Jeff Ward

A problem that's persisted for years has no resolution in sight and will continue to take money directly out of the pockets of Manitoba fishers.

Back in July, we reported about overweight fish totes going to Freshwater Fish Marketing Corporation (FFMC). These totes are over-filled to make sure fish shacks don't get chargebacks for underweight totes. If a tote is received at the FFMC processing plant in Winnipeg and it has less than the

weight written on the tote, the shack that sent the tote will be charged back for the amount missing. This discrepancy has led shack owners to toss in a few extra fish to make sure they are over the limit, but fishers don't get paid for the fish that are thrown in.

Manitoba fishers who feel they're being robbed received the response from FFMC president Donald Salkeld poorly.

"They told me over the phone that basically nothing will change," said a

frustrated Diane Carlson, a fisher on Lake Winnipegosis.

"Apparently they're telling the agents not to over-fill the totes, but that won't do anything because there's still the chargebacks. It's in the agent's best interest to overfill so that those don't hit them. I really thought something would be done about this, but I guess I was wrong."

Carlson wasn't given a timeline on this issue being resolved or even talked about internally at board meetings at FFMC. And neither were we at *Express Weekly News* since our calls either weren't returned or were met with full voicemails.

Carlson believes that the right thing for FFMC to do would be to just pay for the fish that gets delivered. Fishers provide a top-quality product and

they deserve to get paid for it.

"If they weigh someone's fish and there's 62 pounds and there's only supposed to be 60, then pay for it. Don't steal two pounds," reasoned Carlson.

All of this leads to the bigger issue of FFMC's prices compared to other provinces. Fishers in Ontario, for instance, are getting nearly three times as much money for the same fish Carlson is catching. FFMC has not released a breakdown of why its prices are so much lower.

Carlson mentioned that just last week her husband sold 2,000 pounds of headless dressed pickerel to FFMC, which paid out \$3,300. If Carlson was living in Ontario,

they would have sold their fish for close to \$8,000, a colossal difference in price, to say the least.

Whether or not FFMC will change their major policy is unclear at this time.

"IF THEY WEIGH SOMEONE'S FISH AND THERE'S 62 POUNDS AND THERE'S ONLY SUPPOSED TO BE 60, THEN PAY FOR IT. DON'T STEAL TWO POUNDS."

Gimli Community Health Centre Non Urgent Walk-In Medical Clinic

A non-urgent walk-in medical clinic will be available
10:00 a.m. to 6:00 p.m. on Sat., Sun. and statutory holidays
starting May 16 until September 1, 2015.

Appointments for the non-urgent medical clinic are not necessary.



Interlake-Eastern
Regional Health Authority

This clinic is in the physicians' offices in the Gimli Community Health Centre. Please use the 6th Avenue entrance (204-642-4595).

The emergency department will be available for urgent health concerns only.

Local nurse named face of Winnipeg's ovarian cancer walk

By Lindsey Enns

Being a palliative care nurse in the Interlake, Crystal Reiter never dreamed she would one day be the one needing help.

But shortly after noticing a lump in her abdomen in 2007, the Selkirk mother of three was diagnosed with ovarian cancer.

"I was pretty terrified," Reiter said. "I have always been someone who goes to their check ups ... pretty regularly and I thought I was pretty aware of my body."

Now one major surgery and several rounds of chemotherapy later, Reiter has been named this year's spokesperson for Winnipeg's Ovarian Cancer Canada Walk of Hope. This year's walk will start at 10 a.m. at Rainbow Stage in Kildonan Park, and all funds raised will go to ovarian cancer research and education. For more information or to register for the walk, visit ovariancancerwalkofhope.ca.

Known as Canada's most fatal wom-



CRYSTAL REITER

en's cancer, ovarian cancer claims the lives of five Canadian women each day. Although it is difficult to detect and is often found in its late stages, there is still no screening test. Many people don't know much about it, which Reiter wants to help change.

"Lots of people are poorly informed about ovarian cancer," she said. "They

"OFTENTIMES OVARIAN CANCER IS CONSIDERED A DEATH SENTENCE, AND I'VE BEEN DOING THIS SINCE 2007, SO I'M HAPPY ABOUT THAT."

don't know about it. They think they're safe getting a pap test, so I kind of feel getting the word out to people is important."

The 50-year-old is currently recovering from a recent round of chemo but says she hasn't let her diagnosis slow her down.

"Originally when I was diagnosed, the doctor that I had at that time ... said 'What are you going to do, sit at home and feel sorry for yourself? Go to work,'" she said with a laugh. "You can just sit in the corner and cry, but that's not going to get us anywhere. ...

That's just not me."

Along with being an Ovarian Cancer Canada volunteer with the Survivors Teaching Students program, Reiter and her husband, Daren, also successfully climbed Mount Kilimanjaro in 2013 as part of OCC's Expedition of Hope to raise funds for ovarian cancer research and education.

"Oftentimes ovarian cancer is considered a death sentence, and I've been doing this since 2007, so I'm happy about that," she said, adding being both a nurse and a patient has provided her with a different perspective.

The Ovarian Cancer Canada Walk of Hope is organized in more than 45 communities nationwide and is the only initiative that directs all awareness and fundraising to overcoming ovarian cancer.

Reiter said she is looking forward to attending the walk in Winnipeg later this month along with continuing to raise awareness about the disease.

Province opens more campgrounds for extended fall camping

Free Park Entry Labour Day Weekend

By Jeff Ward

The Manitoba government has launched a pilot project to extend the operating season of several provincial campgrounds, allowing campers to stay as late as Thanksgiving, Conservation and Water Stewardship Minister Tom Nevakshonoff announced today.

"The public has told us they want more time to explore the great outdoors in many parts of our province, and we want to find ways to make that happen," Nevakshonoff

said. "We know that fall can offer beautiful weather and scenery, so we want to give hardy campers an opportunity to extend their camping season."

New camping opportunities have been added this year on a trial basis in locations across the province. The level of services available will vary by location, and campers should be prepared to bring their own drinking water and firewood.

In addition, campers are reminded provincial park entry will be free through the Labour Day long weekend. Park vehicle permits are not required in provincial parks from Friday, Sept. 4 to Monday, Sept. 7. Nightly camping fees still apply.

The program, which was announced Friday, Aug. 28, will extend the season of many parks in the province including Lundar Beach, Lake St. George, Lake Winni-

peg, Beaver Creek and Norris Lake, to name a few.

Due to weather restrictions, some campground services may not be available during a late-season stay. Depending on temperature, water and sewer lines may be frozen, so it's always a good idea to call ahead and check with campground staff to see if you need to supply your own water or firewood.

If you'd like more information about provincial campgrounds closer to you, you can call the Parks Reservation Service at 1-888-482-2267.

"WE KNOW THAT FALL CAN OFFER BEAUTIFUL WEATHER AND SCENERY, SO WE WANT TO GIVE HARDY CAMPERS AN OPPORTUNITY TO EXTEND THEIR CAMPING SEASON."

Early Deadline

Please note, due to the long weekend our office will be closed Monday, September 7 and our deadlines will be Friday, September 4 by 4:00 pm

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SALES
Brett Mitchell



SALES
Rick Reimer



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Robin Chestnut



REPORTER/PHOTOGRAPHER
Jeff Ward



REPORTER/PHOTOGRAPHER
Austin Grabish



SPORTS REPORTER
Brian Bowman



DISTRIBUTION
Christy Brown



PRODUCTION
Nicole Kapusta



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getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL Family returns home to share love of fishing

Hi friends. How's it going?

I always have a feeling of pleasant anticipation when my instincts tell me it's time to visit anglers on the harbour that's nestled right in the heart of Riverton on the Icelandic River.

It's such a comfortable place to fish from. I went there last week and was soon trading stories with pier-side anglers while enjoying the view of the wide river with its marsh fields along its edges, punctuated occasionally by the private docks of homes along the banks.

As we joked around, my attention was captured by the sound of a runabout coming upstream. Through the hot, sticky, hazy morning sun, a boat, nose-high, plied the green-grey waters, splashing small white waves from either side of the bow as it came toward us. Soon it docked, and as a whole boisterous family left the boat, I went to them asking if they had caught any fish.

A friendly smiling chap who I thought to be the father nodded yes as he tied off the boat. Amid the family's chatter on the dock, we got to know each other. The father, Stan Plett, and his wife, Liz, daughter Keandra and grandchildren William and Jayden from Arborg were hosting daughter and son-in-law Jenelle and Steven from Regina, home for a summer visit. Jenelle jokingly mentioned that just as she caught a bass that morning, she got stung by a bee. Later as I was taking a group picture of this fine family, it occurred to me that this was the second week in a row we had the pleasure of meeting a fishing family.

Then there was "Cowboy Joe." I was wandering around the "monkey trails" on the Red north of Selkirk the other day and I spied this somewhat shorter fellow with large pearl earrings, a long grey ponytail, goatee and moustache under a Panama hat, fishing off the bank.

Well, you know me. Within minutes I was parked by his SUV getting to know our newest angling friend, Roberto Medina of Winnipeg. Rob, it turns out, is retired and spends time around the Garden City Mall because his wife works at a nearby hospital. This unique, quick, smart fellow had a large tattoo of a bronco bull on one shoulder and a scorpion on the other that led folks at the mall to give him his nickname. Rob told me of a time not long ago when he was fishing across from Sugar Island and he caught a very large bass. When he realized the gear he was using wasn't heavy enough to bring the fish in, without hesitation, he



EXPRESS PHOTO BY ARNIE WEIDL

The Plett family enjoyed a day on the Icelandic River. Pictured from left, back row: Jayden, Liz and Keandra; front row: Steven, Jenelle, William and Stan.

secured his rod, took off his shoes and pants and waded into the water, claiming his fish with his bare hands.

Just before last weekend, I stopped at Roxi's in Selkirk for breakfast. Sitting across from me were two guys, one of whom stood out as an energetic can-do kind of person. I told myself to just mind my own business, eat and get along over to the east side of Lake Winnipeg and find some folks to talk fishing with. Then I heard him say he had caught a three-foot jackfish up north and I was sunk. I put my knife and fork down, gave him a broad smile, pulled out my recorder and introduced myself.

Our new friend, Rick Perrin of Petersfield and Winnipeg, lives to fish. As with many guys who work up north and fish in all those seldom-touched lakes, he was able to show me one master-sized jackfish picture after another. You're a lucky man, Rick!

Eventually I did get over to Pine Fall, and at the dock I met a newcomer to our country and our sport. Walking along the dock, I struck up a conversation with an extraordinarily tall chap, Shoya Kaneko from Japan. He had just caught a bass and was totally overjoyed. It seems he's only fished three times and has been three times lucky. Welcome to our fraternity, Shoya!

Well, it sure would be nice if you could stop by next week. Bye for now.

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Classified: classifieds@expressweeklynews.ca
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Robin Chestnut 204-641-4104
ads@expressweeklynews.ca

Stephanie Duncan 204-467-5836
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or call our office at 204-467-5836

OUR EDITORIAL STAFF

Jeff Ward (Highway 6) 204-298-3381
jeff@expressweeklynews.ca

Austin Grabish 204-785-1618
austin@selkirkrecord.ca

Brian Bowman
Sports Reporter
sports@expressweeklynews.ca

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Christy Brown, Distribution Mgr.: 204-467-5836

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Bezan playing by Elections Canada rulebook

By Natasha Tersigni

Whether he is re-elected to the House of Commons this October or not, Selkirk-Interlake-Eastman Conservative candidate James Bezan wants to ensure that there are no improprieties with his campaigning. Bezan and his staff have gone as far as covering various highway constituency signs located in the riding before the election started to make sure they are in compliance with Elections Canada.

In 2013, the chief electoral officer alerted House Speaker Andrew Scheer to the ongoing issues with election returns filed by Bezan and fellow Manitoba MP Shelly Glover. Bezan's issue was regarding election signs that began appearing in the constituency after being elected in 2006. There was a dispute on what the value of the signs was worth during the 2011 election and if Bezan went over the election-spending limit. In February 2014, Bezan settled the matter out of court with Elections Canada.

"At the end of the day, we had one

small accounting error, \$450. Elections Canada and I were able to reach a decision and we didn't have to go to court, despite the fact I still believe they were wrong in trying to ban me from Parliament based upon a \$450 accounting error," said Bezan.

This time around, Bezan does not want any disputes over spending.

"If you go to elections Canada guide book, page 40 and 41 actually deals with members of Parliament signs. We can make use of those structures and we thought, just to be safe, we will put a tarp over top of it to cover up the MP signage because by Elections Canada, I am no longer a Member of Parliament; I am a candidate. Under the Parliament of Canada Act, I am an MP until election day," said Bezan, who added MPs are allowed to make use of those signs during campaigning and they must account for them in their Elections Canada return.

"We aren't taking any chances. We are going to play by the rules we helped establish."



EXPRESS FILE PHOTO

Selkirk-Interlake-Eastman Conservative candidate James Bezan is making sure there is not a repeat of the Elections Canada scandals that made headlines in 2013. Bezan and his staff have covered all highway constituency signs in the riding. Elections Canada and Bezan had a dispute in 2013 and into 2014 on the value and use of the signs during the 2011 election.

West Interlake moving forward with annexation plans

By Jeff Ward

After a successful petition and positive feedback from Municipal Affairs, the West Interlake Citizens Group is moving forward with their plans to dissolve the newly amalgamated RM of West Interlake.

Their plan is to annex a part of one of the neighbouring municipalities and use its population to bring Eriksdale up over the 1,000-person watershed. The group has sent letters requesting time with each of the surrounding RMs and will be meeting with Armstrong, Grahamdale, Fisher and Coldwell over the next few weeks to discuss the proposal.

It might seem drastic, but the group has been given plenty of opportunity to have their minds changed since this whole incident began back in April of this year when then-CAO Arlene Darknell was fired. To this day, there has been no reason given as to why

Darknell was fired.

"I think they've had plenty of opportunities to turn the ship around and they haven't done a thing," said Melanie Spalding, spokesperson for the group, referring to the councillors and reeve from Ward 2 (Siglunes).

"We're on the agenda for each bordering municipality and will be there to present our case. I think that our best bet is the southern border of Grahamdale, which would have Eriksdale taking over the Mulvihill area. If the province redefined our borders, it would make our population over 1,000."

Once all the meetings with surrounding RMs have been conducted, the group plans to hold an information night to update those who have signed the petition, although all are encouraged to attend. The date and time for that meeting has yet to be made but will likely be at the end of September or the beginning of October.

"I THINK THEY'VE HAD PLENTY OF OPPORTUNITIES TO TURN THE SHIP AROUND AND HAVEN'T DONE A THING."



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2015 federal election

Hillside Beach resident to represent Libertarian Party

By Austin Grabish

It may be Donald Grant's first shot at federal politics and you may not have heard of his party, but the Hillside Beach resident wants you to know that's OK.

The 47-year-old is the latest candidate to throw his hat in the ring to fight for the Selkirk-Interlake-Eastman MP's seat this fall.

Grant is representing the Libertarian Party of Canada, a party he describes as being socially liberal and fiscally conservative.

It's his first shot running at politics, and he is hopeful work he did a few years ago for a candidate running for presidency at the Manitoba Métis Federation will help him with his own campaign.

Grant, the owner of an independent construction company, said his party is all about individual choice and he is running to represent something different.

"I just want the people to know that



EXPRESS PHOTO SUBMITTED

Donald Grant, 47, is set to represent the Libertarian Party of Canada in the upcoming federal election.

you don't need a law degree or any type of degree to represent the people and there's more out there than just what they're used to," Grant said.

"Just so the people could have a

choice, not just the status-quo politicians running year after year ... see what we could do as Libertarians and spread the word. Spread liberty. Let

people know what we're about."

Grant said the Libertarians aim to help individuals take more control over their lives and promote free market economic policies and entrepreneurship.

He said this could translate into some parts of Canada's health-care system being privatized, noting on the campaign trail, he has already heard about ER wait times from concerned seniors who would rather pay than wait for care.

"People, they're scared," Grant said. "They don't want to die in a waiting room or an emergency room."

Other candidates fighting for the Selkirk-Interlake-Eastman MP's seat include Liberal candidate Joanne Levy, Conservative candidate and the region's current MP James Bezan, Green Party candidate Wayne James, and NDP candidate Deborah Chief.

Voters go to the polls on Oct. 19.

NDP cut services to boost Hydro executive salaries

Manitobans are paying more and getting less

Staff

Manitoba Hydro cut frontline services and closed 12 district offices in rural Manitoba to save an estimated \$1 million while senior executive sala-

ries increased \$1.4 million between 2012 and 2014. The CEO of Manitoba Hydro promised these frontline closures would "allow us to be more efficient, providing more consistent ser-

vice at a reduced cost and ultimately passing those savings on to customers."

But there were no savings.

"Manitobans were told they would see savings with these frontline service cuts. Manitobans are tired of the same broken NDP promises. We are on the verge of another round of closures, and the only dollars being passed on are in increased salaries for Hydro executives," said Opposition leader Brian Pallister.

The closure scheme was first introduced in 2013, and Hydro pledged "centralizing this in this way will save us a considerable amount of money going forward." A further 12 rural

office closures are slated for March of 2017, and any alleged savings are currently destined to inflate salaries with no net financial benefits to the way Hydro does business. The NDP-appointed board continues to rubber-stamp dramatic pay increases up to 40 per cent to senior executives, cancelling out any savings for Manitobans.

Manitobans have experienced eight rate increases totalling over 25 per cent under Premier Greg Selinger and the failed NDP hydro plan so far. The NDP hydro plan will more than double hydro rates over the next two decades while cutting services and leaving Manitoba families once again paying more and getting less.

Please join us for our
**Annual General Meeting -
Monday, October 5, 2015**

Pinawa Community Centre, Vanier Drive
(Pinawa Secondary School Gym)

6:00 p.m. Health and Wellness Exhibits

Expert advice to increase wellness in your life! The Mobile Wellness Team, our program staff and our community partners will be on-site to offer healthy lifestyle ideas

7:00 p.m. Annual General Meeting

Featuring a presentation on *Aging in Place* plus a review of Interlake-Eastern RHA activities; presentation of the Community Leadership Award and Chair's Award for Excellence in Customer Service; and a question and answer period. *Everyone welcome. Refreshments will be served.*

For more information, contact:
Toll free: 1-855-347-8500
E-mail: info@ierha.ca
Website: www.ierha.ca



Interlake-Eastern
Regional Health Authority



100th Anniversary GALA DINNER

Hosted by: Betel Home Foundation

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LAKEVIEW RESORT & CONFERENCE CENTRE
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2015 federal election

Former Brokenhead chief named region's NDP candidate

By Austin Grabish

Deborah Chief vows to represent the people well if elected MP this fall but admits she has a lot of work to do before next month's federal election.

Chief was named the NDP's candidate for the Selkirk-Interlake-Eastman riding at a nomination meeting in Selkirk on Sunday.

She said she was overjoyed to be named the party's candidate.

"It's amazing," she said, after thanking her partner and campaign manager, Treasure. "I'm very proud and honoured to be the candidate."

Chief, the former chief of Brokenhead Ojibway Nation, gave a short speech about what she would do if elected MP for the riding.

"In our culture, the eagle feather helps us speak the truth," she said while holding an eagle feather of her own.

Much of her speech focused on promises already made by federal NDP leader Tom Mulcair.

She told the crowd of roughly 100 in attendance she would support an inquiry into missing and murdered indigenous women, and supporters shouted "shame" when she said, "Mr. Harper needs the United Nations to tell him to have an inquiry."

She called the treatment of veterans by the Harper government "appall-

ing" and took shots at both the Liberals and Tories.

Grant managed to beat retired parliamentary translator and Gimli resident Marc Gourdeau, who was also vying for the position.

Her win fills a hole left by officials with the New Democrats in Ottawa, who have dragged their feet for months in allowing the local riding association to set the date for Sunday's vote.

There are 45 days left until the federal election, and Chief said there's lots of work ahead of her.

During his speech, Gourdeau said he supported everything Chief said.

He also took a shot at Conservative incumbent James Bezan, who is seeking re-election, by saying his experience in Ottawa as both a translator and interpreter was reason enough for him to be the next MP for the riding.

"Mr. Bezan has had 11 years of experience in Ottawa," he said. "I have 33."

The number of votes received for both candidates wasn't disclosed at Sunday's meeting.

Liberal candidate Joanne Levy, Green Party candidate Wayne James and Libertarian candidate Donald Grant are all running for the MP's seat.

Voters go to the polls on Oct. 19.



EXPRESS PHOTO BY AUSTIN GRABISH

Deborah Chief, centre, will represent the NDP in the upcoming federal election for the Selkirk-Interlake-Eastman riding following a vote by local party association members on Sunday. Churchill MP Niki Ashton, left, and Manitoba Finance Minister Greg Dewar, right, congratulated her after she was named the party's candidate at a nomination meeting in Selkirk on Sunday.

International Fetal Alcohol Spectrum Disorder Awareness Day

Submitted

On Sept. 9 — the ninth day of the ninth month — people all over the world recognize International FASD Awareness Day as a reminder of the lifelong effects that drinking during pregnancy can have on a person. It's also a day to celebrate those who have FASD and to highlight the supports and services that are available to them and their families.

"There is no known level of alcohol that is considered safe for a developing fetus. Drinking alcohol while pregnant is a risk factor and can affect a child's development in a number of ways," said Sherisse Picklyk Dear, one of two FASD diagnostic co-ordinators working in Interlake-Eastern Regional Health Authority.

FASD diagnostic co-ordinators work in partnership with the Manitoba FASD Centre. They screen referrals of children and youth living in the region to ensure diagnostic criteria is met. Providing support and information to families on the journey through

assessment, FASD diagnostic co-ordinators can provide some followup and education post-assessment to the child or youth's circle of support. They also locally host an eight-week informational series on FASD called Building Circles of Support.

"Individuals with FASD have many strengths and gifts. The support and information that comes from an assessment goes a long way to helping kids reach their full potential," Picklyk Dear said.

Devon Ungurain, Interlake-Eastern RHA's other FASD diagnostic co-ordinator, said she is often asked how FASD can still occur when the link between alcohol consumption and FASD is widely known.

"There are lots of reasons why a woman might drink during pregnancy. The reasons are complicated and can be impacted by many factors. A woman can be four weeks or more into a pregnancy before she finds out — she simply didn't know she was pregnant. Often women hear con-

flicting or inaccurate information on what lifelong effects alcohol may have on the fetus, or they struggle terribly with addictions. Recognizing that each woman's life experiences and pregnancies are different can help us understand how a child can be diagnosed with FASD," Ungurain said.

Since 2010, the FASD diagnostic co-ordinators have connected with over 350 caregivers seeking information, education and assessment for children and youth living in the Interlake region.

Through the MB Key Worker program, Interlake-Eastern RHA offers in-home intensive support to caregivers with children or youth up to age 21 who have FASD or confirmed prenatal alcohol exposure. Key workers help families understand FASD by providing education, awareness and information specific to the needs of the child or youth. The MB Key Worker program is a three-year pilot based out of Selkirk.

"The beauty of the program is that

we carry small caseloads, allowing us to connect frequently with folks. There is nothing like this in Manitoba," said Shannon Foster, one of two key workers.

On Sept. 9 over the noon hour, come and meet the RHA's FASD team and some of the FASD coalition members. They will be handing out stress relievers in the shape of brains with the message "I learn differently" on them at the following locations:

- Selkirk: Interlake-Eastern RHA Corporate Office, 233A Main St.
- Pine Falls: Wings of Power Resource Centre
- Lac du Bonnet: Mrs. Lucci's Resource Centre
- Beausejour: Early Learning and Child Care Program (Provincial Building)
- Beausejour: Health Education and Wellness Primary Health Care Centre, 31-1st St. South

Ledwyn man makes Arborg bandstand a reality

By Patricia Barrett

A Ledwyn man who won \$10,000 in a Toyota Canada contest was presented with a cheque at an Aug. 24 ceremony in Arborg.

"It was terrific," said Albert Sutyla, who works for the Erosion Control Blanket manufacturer in Riverton. "I was really pumped about winning."

He said he came across the Toyota Tundra Projects Are Calling contest online, and he and wife, Jodi, decided to enter. It was offering prize money to anyone with an idea for a building project designed to benefit the community.

Sutyla wrote a story outlining Arborg's need for a covered stage or bandstand. He was one of five people across Canada who were awarded \$10,000. All of the money will go towards the construction of the much-needed structure.

Arborg's Street Festival is a very popular event that features musical entertainment and dancing. Protection from the elements was something festival-goers and performers needed both this year and last.

"Last year I kept going back and forth between the legion and a bar to listen to the entertainment," said Sutyla, who lives on the family farm in

Ledwyn, which is about halfway between Arborg and Riverton. "The idea fit so well — they need a permanent bandstand."

The ceremony took place in the park between the library and the legion where the bandstand will be built. Sutyla was joined by Mayor Randy Sigurdson, Toyota representative Vaughn Thibault and Coun. Susan Bauernhuber.

Sutyla credited Bauernhuber for doing a "fabulous job" getting the initial phase of the project off the ground.

She dealt with all the paperwork involved in building a permanent structure, worked with an engineer on the design and modification of the stage, and selected a contractor.

"I was ecstatic," said Bauernhuber, referring to the official transfer of the money. "We just had our Street Festival and had lots of rain."

The bandstand will measure 16 by 24 and will have power. It will allow the town to use it year round, said Bauernhuber.

The engineering drafts have been completed, and Bauernhuber is waiting to hear from the contractor about when construction will begin.



EXPRESS PHOTO SUBMITTED

Pictured left to right, Arborg Coun. Susan Bauernhuber, Toyota representative Vaughn Thibault, contest winner Albert Sutyla, and Arborg Mayor Randy Sigurdson. Toyota presented Sutyla with \$10,000 that will go towards a bandstand.

Steep Rock cottage owners gathering to discuss education taxes

By Jeff Ward

This Sunday, cottage owners in Steep Rock will gather to discuss the removal of education taxes on their cottages, which many property owners believe is taxation without representation.

The meeting will take place Sunday, Sept. 6 at 10 a.m. at the Steep Rock Community Hall and will feature guest speaker in Larry Baker, who sits

on the board of the Manitoba Association of Cottage Owners (MACO). Baker will be presenting facts and comparisons of education taxes across the country as well as advising on what the proper course of action can be in getting these taxes reformed. Many cottage owners feel that the education taxes are unfair which has some of them speaking out.

"It's not fair that you pay your education taxes on your principal residence and on your cottage, but you don't get to vote for trustee," said Kathy Turner,

a board member of the Steep Rock Cottage Owners Association and the organizer of the meeting.

"It's just not right that we have no say in who's representing the area but we're paying quite a bit in taxes each year. It's time for a change."

Turner explains that there is support gathering for this issue in the Steep Rock area and now is the perfect time to get organized.

"It's taxation without representation. If you're paying school taxes, you should be able to vote, at the very

least," said Larry Baker, who will echo these thoughts during the meeting.

"During the meeting, I'll explain a bit of what MACO does and give them at the numbers of what we pay, against the rest of the province. If people feel really strongly, we can even get into how to organize a tax revolt as well. But first thing is just getting a group together and get organized."

The meeting is open to anyone who wishes to attend.

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Golf tourney helps Westshore Community Foundation

By Jeff Ward

Golfers from all over the Interlake spent the day crushing balls down the fairways at Links at the Lake in Gimli on Aug. 24 to help support the Westshore Community Foundation.

The annual tournament is in its 11th year of raising funds that go directly to covering the operating costs of the foundation.

This year, the golf course saw 80 golfers competing for lowest score, longest drive and closest to the pin. All participants in the tournament walked away with a prize basket regardless of how well they played. With all the operating costs taken care of, each dollar donated by residents in the Westshore catchment area (which stretches from the west shore of Lake Winnipeg to Highway 7, north to Riverton and south to Matlock) will go directly into the endowment fund.

"This fundraiser is important because it assures that all donated money goes into the endowment where it belongs," said Tim Arnason, chair of marketing and one of the board of di-



EXPRESS PHOTO SUBMITTED

Team Noventis Credit Union, from left to right: Darcy Jacobs, Phil Noschese and Nic Munday had the lowest score. Missing from the picture is Mark Jeffers, who also won the putting contest.

rectors for the Westshore Community Foundation.

"Each donation we receive goes into

the endowment, which is handled by The Winnipeg Foundation. We now have our endowment at around \$1.7 million, which is incredible. This year,

though the interest of that endowment, we were able to disperse about \$29,000 in grants and another \$13,000 in bursaries."

The Noventis Credit Union team scored the lowest round and are also one of the big sponsors of the event.

"Noventis has supported us well over the years, and the tournament really couldn't happen without the help of [Lakeview Resort and Conference Centre]. They sponsor the breakfast and care of the dinner, and many of our prizes come from them. We have so many great sponsors who help make the event very relaxed," said Arnason.

Last year, Westshore handed out 15 grants to a variety of community-based projects.

The Westshore Community Foundation was incorporated in 1998 and has since grown to be a powerhouse of granting large sums of money back to worthwhile causes. And with their endowment fund growing each year, Westshore is able to give back more and more.

Arborg's Culturama about to bring the world to the Interlake



EXPRESS FILE PHOTO

Arborg's Culturama will showcase a diverse number of cultures from around the world Sept. 25 while aiming to help develop awareness and respect for different cultures and their traditional practices.

By Patricia Barrett

Culturama will be coming to the Arborg Community Hall Sept. 25 for its fourth year of entertainment, food and cultural enlightenment.

Like Winnipeg's Folklorama, Arborg's event will showcase diverse cultures from around the world.

"It's usually a sell-out crowd," said Eugene Zalevich, economic development analyst for the Interlake Immi-

grant Settlement Services in Riverton, which is providing funding for the event. The IISS office helps new Canadians settle into rural communities and obtain important documents, such as a SIN and health card.

Culturama attracts visitors from all across the Interlake, he said.

This year, it will give participants a taste of Aboriginal, Ukrainian, Mennonite, Icelandic, British, Mexican,

Bolivian, Paraguayan and Philippine culture — even Canadian to help those new to the country become familiar with our traditions.

Booths will be set up along the periphery of the hall, making it easy for people to "country-hop" and sample traditional fare and delicacies.

Those staffing the booths are encouraged to dress in traditional costume and display cultural artifacts, said Zalevich. Visitors are also welcome to dress in traditional costume.

Music and dancing forms part of the evening celebration, which gets underway at 5 p.m. and goes until 9.

Culturama aims to help develop awareness and respect for different cultures and their traditional practices. The Arborg & District Multicultural Heritage Village helps coordinate the event and recruits volunteers, said Zalevich.

Passports must

be purchased in advance. They cost \$10 for adults and \$5 for children 12 and under. Pre-schoolers get in free. They are available at the Arborg Pharmacy or at the IISS office in the Community Futures East Interlake Office, Riverton.

For more information, please call the Arborg Heritage Village at 204-376-5079 or the IISS office at 204-378-5106.



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OPENING
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Friday: 6 pm-8 pm
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For more info, visit our website: www.arborgheritagevillage.ca

Harvesting hope for a world without hunger

By Jennifer McFee

Antique threshing machines are getting in gear to break a world record for the largest pioneer harvest, all the while helping to end world hunger.

On July 31, 2016, masses of vintage threshing machines will converge near Austin, Man., for an event called Harvesting Hope: A World Record to Help the Hungry. Jointly organized by the Canadian Foodgrains Bank and the Manitoba Agricultural Museum, the initiative aims to set a new record for the most antique threshing machines to harvest a 70-acre field of wheat. The current record was set last month when 111 machines operated at the same during the St. Albert Curd Festival in Ontario.

Ayn Wilcox, spokesperson for Harvesting Hope, said more than 500 volunteers from nearly 100 Manitoban communities will participate in the event, with others travelling from as far as Ontario and Iowa.

The vintage threshing machines are expected to span more than four football fields.

"Already we have machines and volunteers from as far away as Edmonton and Minneapolis signing up to be part of this very exciting event," Wilcox said at the launch.

"For those of you who might not be familiar with these machines, they were the precursor to the modern combine and were in operation between the 1890s and the early 1950s."

The machines will be powered by steam engines, many of which are more than 100 years old, as well as early tractors or stationary engines built prior to 1955. To set the world record, all machines must operate at the same time for at least 15 minutes continually.

At last week's announcement, volunteers from the Manitoba Agricultural Museum operated a 1916 Case 65-horsepower steam engine, which is the original machine that started the museum. Museum founder Don Carrothers toured the machine across the province in the 1940s at fairs and parades to raise awareness about the need to create a museum to preserve prairie heritage.

Fittingly, the steam engine was raising awareness once again at the Aug. 18 launch by running a vintage separator. The standard-size 1952 McCormick-Deering 28-inch separator was one of the latest models ever made, complete with factory rubber tires rather than steel wheels.

Reaping the rewards of this unique initiative, the Canadian Foodgrains Bank and the Manitoba Agricultural



EXPRESS PHOTOS BY JENNIFER MCFEE

As the spokesperson for Harvesting Hope, Ayn Wilcox said there is already an outpouring of support for the event, which is scheduled for July 31, 2016. In the background, Manitoba Agricultural Museum volunteers Ryan Down, Erron Leafloor and Lisa Roy operate a vintage separator.

Museum will receive the proceeds from the event.

Amanda Thorsteinsson, communications officer for the Canadian Foodgrains Bank, explained that the goal of the organization is a world without hunger. The Winnipeg-based partnership brings together 15 churches and church-based agencies that are working to end hunger in 40 countries.

"Through the support of many generous Canadians, we provide emergency food in times of drought or conflict, help people learn to help themselves by growing more and better food, and provide nutrition education and supplementary food to pregnant and nursing mothers and young children," Thorsteinsson said.

"The Foodgrains Bank actually got its start in rural Manitoba over 30 years ago during the time of the Ethiopian famine. Local grain farmers had an excess of wheat sitting on their field and they were looking for a way to get their crop to people far away who desperately needed food. The same spirit of generosity continues today through events like this one."

The Harvesting Hope event will be held in conjunction with the 62nd annual Manitoba Threshermen's Reunion and Stampede, which is scheduled from July 28 to 31 next year. Lead-up events for Harvesting Hope will take place from July 28 to 30, with more than 15,000 people expected over the course of the weekend.

To get involved or to make a donation to Harvesting Hope, visit www.harvestinghope.ca or find the latest news on Twitter at @harvesthope2016.



Manitoba Agricultural Museum volunteers Lisa Roy and Erron Leafloor toil in the sun as they demonstrate how to operate a 1952 McCormick-Deering 28-inch separator.



Manitoba Agricultural Museum volunteer Bruce Eberling operates a 1916 Case 65-horsepower steam engine, the original machine that started the museum to preserve prairie heritage.



fall registration 2015-2016

Five criteria for choosing the ideal sport

You'd like to get fit but have no idea which sport to choose? Here are five criteria that will help you make an informed choice.

1. YOUR PERSONALITY

Do you love sports? Activities such as mountain biking, skiing and climbing are ideal for surpassing yourself. If you prefer to relax or be in harmony with nature, think about trying yoga, tai chi, hiking or canoeing. You're a

homebody? Exercising in your pool, lifting weights or jumping rope will allow you to keep fit at home.

2. YOUR PREFERENCES

Naturally, your choice depends on what appeals to you. You love expressing yourself creatively, or chatting as you work out? You prefer the great outdoors and thrills? You won't be able to socialize as much if you choose weightlifting over a team sport, and

dancing is more artistic than running.

3. YOUR GOALS

Do you have specific goals? If you want to improve your flexibility or endurance, for instance, find out about the benefits of sports that appeal to you and then pick one that will help you to reach your objectives.

4. YOUR FREE TIME Time is an important factor. Cardio classes will probably take up less of your time than a tennis

match, for example.

5. ACCESSIBILITY

Cost is sometimes a deciding factor, but other criteria also have to be taken into account, such as time and location. Signing up for a class whose schedule constantly forces you to rush or to travel long distances could end up discouraging you in the long run.

Yoga, skiing, soccer or maybe ballet: have you made your choice?

Classes for the artist in you

This is the year for you to get inspired. In other words, make some time for yourself by signing up for an art workshop that unleashes your creativity. You've always loved working with your hands? Here are some suggestions that might tempt your right hemisphere.

- Sewing. Sewing classes are perfect if you enjoy creating practical items. You could learn to sew curtains, embroider quilts or replenish your wardrobe by creating your own clothes.

- Jewelry making. Do you love custom jewelry? Learn how to make bracelets, earrings, rings and necklaces of all kinds using various techniques, such as wire wrapping and crimping.

- Woodcarving. You've always loved beautiful wooden objects? Why not learn the basic techniques of woodcarving and create your own masterpieces?

- Scrapbooking. Show your travel

photos off to advantage with a few scrapbooking lessons. You'll be able to create beautiful souvenir photo albums with the help of stencils, stamps, ribbons and stickers.

- Cake decorating. Butter cream, sugar flowers, fondant and cupcakes — foodies who have artistic aspirations can take a workshop to learn how to create gorgeous cakes for birthday celebrations.

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Saturday, September 12th
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- Arborg Bifrost Parks and Recreation Commission
- Arborg Minor Hockey • X-Company
- Arborg Skating Club • Gymnastics
- Partners In Time Dance (Haley & Averie)
- Reechka Ukrainian Dance



Dedication and unveiling of Porky's Park

By Patricia Barrett

The Fisher Branch Golf & Country Club paid homage to a man who was instrumental in the development of the club and who created its campground.

Gerald (Porky) Dandeneau was 57 when he died of cancer this spring. On Aug. 20 (his birthday), about 120 friends, family and business associates gathered at the golf club to unveil a commemorative sign.

"Everybody knew him as Porky," said Karl Barrett, who grew up with Dandeneau in Fisher Branch.

"Without his idea for a campground, it would have never happened."

Dandeneau sat on the golf club's board since its inception, becoming director in 2009. A golf vacation in the U.S. gave him the idea of building a campground at the Fisher Branch course. In 2011, he and his cousin, Dennis, applied for and received a \$10,000 grant from Community Futures, an association that provides entrepreneurship support to rural communities.

They received another \$10,000 from a couple named William and Pam who used to farm in Fisher Branch.

"When they found out what he was doing, they wanted to help," said Barrett.

"He worked in there for two and a half months," said Barrett, who is president of the golf club. "We were charged for his backhoe service, but he gave his time for free."

The campground has 12 fully serviced sites (water, electrical, sewage) and has reached almost full capacity this year.

Dandeneau had also been instrumental in the creation of the golf course. More than 28 years ago, he took his backhoe out to an area of scrubland and spent days digging up the roots and rocks.

The following year saw a lot of heavy rain and spring runoff, which flooded the nine-hole golf course and shut it down. But with Dandeneau's assistance — along with his backhoe — the club trenched about a mile of land and installed weeping tiles. Work started in the fall of 2010 and was completed before the season opened in 2011.

Barrett said the club had lost about \$80,000 in revenue from the flooding. "With the heavy rainfalls we now get," said Barrett, "we don't have to close anymore. He saved us a lot of money."

Dandeneau's tenacity and his determination to get things done led to the club's acquisition of eight additional golf carts (the club has 16) at a bargain basement price, said Barrett. The



Gerald Dandeneau

club had been leasing the carts, which was costing it a substantial amount of money.

"But he kept on at them and kept on at them until they sold us the carts," said Barrett. "He either saved us money or made money for our golf course."

Even after he retired, he still contributed his time and energy to the club, Barrett said.

His online obituary includes a guest book filled with fond memories of those who knew him. One friend and business associate remembered the annual pails of honey Dandeneau would deliver to his door. He had an apiary for about 15 years, Barrett said.

Some of Barrett's favourite memories of Dandeneau were the times they spent travelling hundreds of kilometres in the northern Canadian wilderness.

"We canoed from God's Lake Narrows (Man.) to Hudson Bay," said Barrett, who raises cattle and grain in Fisher Branch. In a company of 14, which included Barrett's father, Cubby, and brother, Douglas, they paddled for 11 days.

Another two-week journey took them by Ski-Doo from Churchill to Repulse Bay (Nunavut) on the Arctic Circle.

"We stayed at a whale watch station one night," said Barrett. "Other nights, we slept in tents when it was minus 38 to 40 degrees Celsius."

The dedication ceremony Thursday evening at the golf club included supper and entertainment.

"We advertised it as a steak dinner fundraiser to pay for the sign," said Barrett, referring to the 21-foot wide metal sign affixed to 17-foot posts. It now sits at the entrance to the campground.

The sign, which says Porky's Park, was designed by Hansen Lamont, a metal art company in Winnipeg. The owner grew up in Fisher Branch and used to play hockey with Dandeneau.

Barrett brought the sign to Fisher



PHOTO COURTESY OF FISHER BRANCH GOLF & COUNTRY CLUB

Two weeks ago, the community of Fisher Branch dedicated the campground in honour of Gerald Dandeneau, who is fondly remembered as Porky.

Branch and prepared it for the ceremony.

"We put a cover over it," he said, "and unveiled it."

Dandeneau's wife, daughter and grandchildren, who have a trailer at the campground, were in attendance.

After Barrett's speech, friends and family enjoyed a steak supper at the

club and listened to the club's house band.

"He did a lot for the golf course from the start right to the end," said Barrett.

The 71-acre Fisher Branch Golf & Country Club and campground are located off Highway 17, four miles south of Fisher Branch. For more information, please call 204-372-6855.

Festival offers music, nature and art



EXPRESS PHOTO BY COLE TORFASON

Festival-goers came together this weekend for the sixth annual Matlock Festival of Music, Art and Nature. Some 20 artists performed during this year's three-day festival on two separate stages. All of the talent was local, with artists coming from across the Interlake and Winnipeg. Pictured, Matlock Festival organizer Micah Erenberg (left) and Val took a little time out to enjoy the band Bacca.

get inspired

> MEAL IDEAS

Hearty Fish Soup with Spinach

Ingredients
 1 tbsp (15 mL) vegetable oil
 1/2 tsp (2 mL) turmeric
 1 small leek, white part only, minced
 1 small fennel bulb, diced, with leaves set aside
 1 garlic clove, chopped
 2 tbsp (25 mL) flour
 1 cup (250 mL) low-sodium vegetable broth
 4 cups (1 L) 1% milk
 1 lb (500 g) white fish, skinned and cubed
 10 oz (227 g) bag of fresh spinach, stems removed, and coarsely chopped
 Pepper to taste

Directions
 In a saucepan, heat oil over medium heat. Add turmeric, leek, fennel bulb, garlic and cook for 8 minutes without letting mixture brown.



Add flour and cook 1 minute, stirring. Add broth and milk and bring to a boil. Season fish and add to soup. Simmer partially covered for 10 minutes at medium low. Add spinach and fennel leaves. Adjust seasoning and continue cooking another minute. Serve nice and hot.
 Prep time: 35 min | Cook time: 25 min
 Makes: 4 servings

www.heartandstroke.mb.ca

Best of Summer Avocado Veggie Sandwich

Ingredients
 1/2 avocado, very ripe, peeled
 1 tablespoon fresh lemon juice
 1/8 teaspoon salt
 4 slices Roman Meal bread
 2 tablespoons red wine vinegar
 2 lettuce leaves
 4 slices tomato
 8 slices cucumber
 12 slices sweet bell pepper

Preparation
 Combine avocado, lemon juice and salt in small bowl. Spread mixture evenly over 2 slices of bread.



Place tomatoes, cucumber and peppers on covered surface. Drizzle with vinegar. Layer lettuce, tomato, cucumbers and peppers evenly between slices of bread, creating 2 sandwiches.
 Preparation Time: 10 Minutes
 Ready in Time: 10 Minutes
 Servings: 2

Crunchy Pecan Shortbread Bars



Ingredients
 1-1/4 cups flour
 1/4 cup granulated sugar
 1/2 cup (1 stick) butter or margarine
 1 egg, slightly beaten
 1/3 cup maple-flavored syrup
 1/4 cup firmly packed brown sugar
 1 tablespoon butter or margarine, melted
 1 teaspoon vanilla
 1-1/2 cups Post Selects Maple Pecan Crunch Cereal

Preparation
 MIX flour and granulated sugar in medium bowl. Cut in 1/2 cup butter until mixture resembles coarse crumbs. Press crumb mixture firmly on bottom of greased 9-inch square baking pan. Bake at 375°F for 20 minutes or until very lightly browned.
 MIX egg, syrup, brown sugar, 1 tablespoon melted butter and vanilla until well blended. Stir in cereal until well coated. Spread evenly over warm crust.
 BAKE an additional 20 to 25 minutes or

until topping is firm around edges and slightly soft in center. Cool completely on wire rack. Cut into 24 bars. Sprinkle with powdered sugar or drizzle with melted semi-sweet baking chocolate, if desired.
 Preparation Time: 10 minutes
 Bake Time: 45 minutes
 Makes 24 bars, 1 bar per serving.

Source: Post Selects Cereals®
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Conflicts are Counter-Productive

By Gwen Randall-Young

I have believed for a long time that most extended conflicts are counter-productive. Conflict may be useful in the beginning, because it points out to us that someone is unhappy with the way things are. That should be the signal to get into problem solving with a win-win orientation. However, that is not generally the way it works.

Most people are uncomfortable with conflict, and tend to get into emotional or defensive reactions. This extends the conflict, and often expands it to include other arenas of life, not just the current situation. So, "You forgot to take out the trash this morning," becomes "You never help around the house," and if the conflict continues this in turn can become "I don't know why I married you, I'm sure I could do better!" So what do we do if we do not agree with a charge that has been leveled at us?

Debating the point, unless all parties are incredibly patient and polite, usually creates a lot of anger and frustration. We know there are two sides to every story, and both parties are certain that their version is the most correct. How then, do we get to peaceful resolution when we can't even agree on the "facts."

Well, there is a way to bypass the conflict, which allows all to remain in their highest selves and also focuses on solutions. It goes like this. If your partner tells you, for example, that you are watching too much T.V., and you really don't think you are, instead of arguing the point, you ask yourself, "If this were true, what would the solution be?" Well, it might be to watch less T.V., or it might be to watch less when your partner is around. Your partner may really be telling you

that he/she wants more of your attention.

Often we cannot decipher the hidden meanings, or they may even be out of the awareness of the one making the comment. If your child says, "You never play with me!", and you choke because if you played one more Sesame Street game you'll go crazy, instead of telling the child that he/she is suffering from delusions, you ask yourself, "If this were true, what would the solution be?" Now, it might be playing more with the little one, or it might be finding out what specifically you have been judged as not playing enough of. Perhaps the message is "You don't ever play outside with me." Another solution might be as simple as planning to play at times in the beginning of the day, so the child knows exactly when you will be available.

When an adolescent says, "You just don't understand me!", instead of saying "That's because you're so strange.", you can say to yourself, "If that were true, what would the solution be?" The solution in this case might be to ask "what is it exactly, that you think I'm not understanding." You might also decide to sit down and listen to your teen, with only one agenda: to understand their point of view. Often we are so busy formulating our responses or preparing our objections that we truly have not understood their feelings on an issue.

So there you have it. An effective way to move into problem solving before the conflict gets out of hand.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit www.gwen.ca

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Capital projects near completion in Lakeshore School Division

By Patricia Barrett

Barely a month into his new job as director of operations and infrastructure for the Lakeshore School Division, Mark Parkes got straight to work on a number of necessary upgrades to area schools, for which the division's board thanked him at its Aug. 25 meeting.

The born and raised Eriksdale native, who runs an excavating business in the area, has a wealth of experience in the power line industry.

Parkes is overseeing an electrical upgrade to Lundar School. An electrical feed had deteriorated some cabling, which had electricity leaking into the ground. That, in turn, had caused problems to the school's mechanical systems. In June, the board approved an over-expenditure of \$45,000 to replace the cabling. The project will be completed before the start of the school year, Sept. 10.

He is also overseeing an upgrade to the school's heat recovery system, and Manitoba Hydro will be replacing the transformer. The school will also get a new sensory room. The board awarded the contract to East Side Ventilation for a total cost of \$205,350.

At Moosehorn's Alf Cuthbert School, frost last winter affected the operation of the septic tank and field. Parkes arranged for the tank to be replaced. "We dumped 3,000 gallons of water to make sure the field is taking it," he said. The school will be functional by fall. The approximate cost of the project is \$30,000.

Eriksdale School experienced flood damages to its art room, which was covered by insurance. Under Parkes' direction, all the drywall and flooring was removed and some asbestos



Mark Parkes

abatement was carried out. Subsequent air quality testing showed no problems. Contractors will replace the drywall this week. Countertops are scheduled for replacement at a later date.

Parkes reported that Ashern Central School's sensory room electrical upgrade was completed.

"He jumped right in feet first," said Supt. Janet Martell. On behalf of the board, she expressed gratitude for Parkes' swift work. She also thanked Marlene Michno, secretary treasurer, for contributing to the smooth running of each project. The division's capital reserve funds as at June 30 are \$878,682.

The board carried a motion to recognize Parkes' hiring. "Now you're official," quipped one board member.

Other division briefs:

The board reviewed its fiscal year operating budget ending June 30. The division saw about \$50,000 in savings



EXPRESS PHOTOS BY PATRICIA BARRETT

The Lakeshore School Division Board met Aug. 25 at its administration office in Eriksdale.

from the salaries of teachers who retired in 2014. It also saw \$36,370 in fuel savings for diesel used by its school buses.

Martell noted that more than half the division's teachers recently participated in two full weeks of professional development training in preparation for the new school year.

"That shows commitment and dedication," she said.

Assistant superintendent Leanne Peters said teachers will participate in a literacy skills development workshop Sept. 9 aimed at improving students' reading comprehension.

Martell affirmed the division's dedication to ensuring its instruction is reaching 80 per cent of students, a number which represents an average class containing pupils of differing scholastic abilities. The focus will be on numeracy and literacy. In addition

to its teachers' professional judgement, the division will incorporate the province's standard reading inventory assessment tool, as well as other assessment tools, to monitor students' progress. It will provide additional support to students who need it.

"Our goal as a division," said Martell, "is to ensure all students are reading and writing by Grade 3."

Brett Sander, the division's director of technology and information systems, reported that elementary schools will see an upgrade to the Wi-Fi system and improved signal strength. High schools will receive new iPads, laptops and mobile device managing software.

Board chair Kris Vigfusson (Ward 1, Lundar and area) said he has decided to step down as chair and become trustee.

Gimli firefighters achieve Level 2 status

By Jennifer McFee

A group of five Gimli firefighters have achieved Level 2 status by passing practical and written exams.

To deputy fire chief Ken Arnason, it represents an exciting step up the ladder for these firefighters.

"We have everybody trained in Level 1. We're probably the only fire department that has that in this area. Some don't have any Level 1s," Arnason said.

"But Level 2 is definitely higher than anybody has in our mutual aid district."

The firefighters are all volunteers who dedicate their time and expertise to serve the community.



EXPRESS PHOTO BY ROBIN CHESTNUT

Gimli firefighters are, left to right, Garth Krulicki, Cory Jacobson, Matt Johnson, Daniel Stevens and Jordan King.

Ashern accounting firm under new ownership

By Jeff Ward

After 30 years of business in Ashern, Granger's Accounting will now be known as Talbot & Associates, and although the name might change, the service will not.

On Monday, Aug. 31, Granger's Accounting became Talbot & Associates. The owners of Granger's Accounting, Roger and Glenda Granger, had been thinking about retiring for a few years, but it wasn't until early this year that the plan became possible. The Grangers wanted to make sure that the business would still be able to serve the nearly 1,000 clients they have, and with the buyer, Jean-Guy Talbot, the accounting firm will actually be able to serve more.

"They've been thinking about doing this for a while now, but the right opportunity never came up," said Nicole Arns, the Grangers' daughter who continues to work in the office.

"It's an exciting time for them, and they'll be moving to Beausejour to retire. I'll be staying here to help with the transition and then I'll be opening my own firm in Beausejour about a year from now."

Talbot was Arns' mentor while she was working to become a Certified General Accountant (CGA) back in 2011. The relationship was part of the requirements in becoming a CGA,

and it was through that relationship that the Grangers would approach Talbot as a potential buyer of the firm. With his business expanding rapidly this year, he seemed the perfect person to take over.

"I've been working with Nicole for three years now, so I know their family well. I jumped at the opportunity to expand," said Talbot, who's very excited about his expanding clientele.

"I've actually taken over two other small offices this year, so we had some internal discussion about whether or not we could handle this a third time. But everyone here is just so youthful and excited to tackle a challenge. With this expansion, we'll be able to offer more services and be able to take on more clients in the Interlake."

Over the last five years, Granger's Accounting was unable to take on any new clients during the income tax season due to the small office handling as many clients as they could.

However, now with Talbot bringing his team into the Ashern office, there will be no limit for new clients. For the time being, the staff at the Ashern office will remain the same, with more agents being added to the team in the coming months. Talbot will also drop in from time to time to check in on some of the heavy cases to make sure things are going well but anticipates



EXPRESS PHOTO SUBMITTED

After 30 years of business, Glenda (left) and Roger (middle) Granger are retiring and have sold their accounting firm to Jean-Guy Talbot of Talbot & Associates. The Grangers' daughter, Nicole (right), will remain with the business until next tax season before starting her own firm in Beausejour.

that he won't have to do much work there at all.

Granger's Accounting handles the personal finances and taxes from all over the Interlake, including Ashern,

Lundar, Eriksdale, Fisher Branch, Arborg and Gypsumville.

Province introduces stiffer fines aimed at illegal hunting

Staff

Anyone convicted of illegally killing a wild animal or fish will now face stiffer penalties under the Fisheries and Wildlife Amendment Act.

"We need to recognize there is a significant cost when an animal is taken illegally and it's important the person responsible pays the price," Conservation and Water Stewardship Minister Tom Nevakshonoff said Monday in a release.

"This new law will not bring back wildlife harvested illegally but restitution will support programs that work to ensure sustainable wildlife populations remain in our province for generations to come."

The new act sets out a series of penalties or restitution amounts for anyone convicted of taking wildlife illegally. Those penalties are in addition to the current fines imposed through the court process and include:

- \$1,500 to \$3,000 for white-tailed deer;
- \$2,500 to \$10,000 for elk and moose;
- \$2,000 to \$4,000 for black bear;
- \$42 to \$126 for fish such as walleye,

northern pike, goldeye and channel catfish (high values for master angler size); and

- \$252 for a lake sturgeon (protected species).

Restitution amounts for big game killed in a conservation closure area double, which can lead to a penalty of \$10,000. Penalties also escalate in the case of master angler fish; for example, it would be \$1,008 for a master angler Lake Sturgeon.

A full list of the restitution values for specific animals is available online at manitoba.ca/conservation/wildlife.

Penalties do not apply to anyone legally exercising their treaty or Aboriginal right to hunt or fish. Restitution does not apply to commercial fishers where the current administration system allows for quota deductions and other penalties such as licence suspensions.

Restitution fees will be directed toward wildlife management and conservation through the Fish and Wildlife Enhancement Fund, the minister said. He noted these changes have been developed in consultation with the Manitoba Lodge and Outfitters

Association, Manitoba Wildlife Federation and other organizations.

"The MLOA does not support the illegal taking of fish or wildlife, and it's important that anyone who breaks the law is held accountable," said Paul Turenne, executive director of Manitoba Lodges and Outfitters Association.

"We are encouraged by any positive changes that recognize the importance of wildlife to our provincial economy and we support increased penalties for those who hunt or fish illegally."

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Progressive Conservatives open regional office in Gimli

By Patricia Barrett

The provincial Progressive Conservative Party opened an office in Gimli Aug. 26, citing a need for regional representation.

The new office will serve Gimli, Interlake, Lac du Bonnet, Selkirk and Lakeside, said Jeff Wharton, PC candidate for the Gimli riding. He was reached at the new office last Friday.

"As you know, (NDP) MLA Peter Bjornson retired, and it has left a void for folks in the region," said the longtime Winnipeg Beach resident. "Our office will provide people with a connection to Broadway [the Legislature]."

The Conservatives recognize ongoing constituent concerns not only in Gimli but also in the region as a whole, he said.

"There are a lack of personal-care homes," said Wharton, who served a four-year term on Winnipeg Beach council, two of those as deputy mayor. "And the dialysis unit at Gimli Hospital is under-utilized."

The unit is open three days a week, which means many people have to travel to Winnipeg for care.

"They have to rely on loved ones to take them," he said. "And their family members have to take time off work."

He also cited skyrocketing hydro rates as another key issue in the region.

"Those are concerns for ratepayers and for business owners."

As a businessman himself, he said he understands how that can affect revenue. Wharton serves as a consultant for Globe Moving & Storage, a company he owned (and for which he served as president) for 27 years.

"OUR OFFICE WILL PROVIDE PEOPLE WITH A CONNECTION TO BROADWAY [THE LEGISLATURE]."

"We're happy to get some representation for the area," said Wharton.

Bjornson stepped down in early August, after serving Gimli for 12 years.

NDP Minister of Conservation and Water Stewardship Tom Nevakshonoff, who grew up in Poplarfield and still lives there, said Bjornson was responsible for a lot of capital improvements in the region.

"He served his people well," he said.

Gimli received upgrades to its high school and got a new hospital, along with a new highway to the hospital. The government has improved a number of Interlake highways such as 6, 8, 9, 17 and 68, said Nevakshonoff.

Bjornson decided to step down for two reasons: he suffered an injury to his back and he wanted to spend time with his wife and young children, Nevakshonoff said.

"This job keeps you away from home."

As far as leaving a gap in the region, he said both he and Minister of Finance Greg Dewar — who has a constituency office in Selkirk — will be addressing the needs of residents.

"I've done a lot of case work outside my constituency office," said Nevakshonoff, who is MLA for Interlake and has been elected four times.

"I'm familiar with their [Gimli's] needs."

He cited concerns over the health of Lake Winnipeg as something the NDP is focused on. The government is committed to the Lake Friendly Accord and its objectives, which include reducing the severity of algal blooms by controlling the amount of nitrogen and phosphorus entering the lake.

"I was in Gimli a few weeks ago and met with fishers in Winnipeg Beach," said Nevakshonoff.

The NDP announced it would invest close to \$5 million in the seawall at Winnipeg Beach to protect residents, the boardwalk and businesses from storm surges.

"We're still getting positive vibes from constituents," said Nevakshonoff, whose constituency office



EXPRESS PHOTO BY ROBIN CHESTNUT

The PC Party of Manitoba recently opened an office in Gimli.

is in Fisher Branch.

The Progressive Conservative's office will broaden the reach of the party, giving citizens an opportunity to visit in person and speak with a staff member. It will also provide them with information about the party and how it would approach their concerns, said director of political operations Nancy Cooke.

"We want to make it an opportunity for people to become engaged with the PC party," she said. Besides addressing constituents' concerns, the office will provide membership support and information about fundraising.

"We have an open-door policy," said Cooke.

The office is located at 68-B Centre St. Hours of operation are Monday, Wednesday and Friday, 10 a.m. to 12 p.m. and 1 to 4 p.m.



EXPRESS PHOTO BY LINDSEY ENNS

A competitor holds on tight during bull riding at the Manitoba High School Rodeo Association Finals in Selkirk Park on June 5. The Manitoba High School Rodeo is taking place this Saturday and Sunday at Selkirk Park.

High school rodeo rides into Selkirk Park this weekend

Staff

More than 100 competitors from across Manitoba, Saskatchewan, Ontario and North Dakota will be in Selkirk Park this weekend for the Manitoba High School Rodeo.

Hosting by the St. Andrews-St. Clements Agricultural Society, the two-day event kicks off Sunday, Sept. 6 and includes breakaway roping, team roping, tie down, barrel racing, bull riding, steer wrestling, pole bending and ribbon roping competitions, just to name a few. Events begin at 11 a.m. on Sunday and 10 a.m. on Monday.

"It's just a family event," Manitoba High School Rodeo Association (MHSRA) entry secretary Marcy Helmeczi said, adding they are always looking for more contestants. "It's basically a good way to meet other families and pretty much camp with your horse."

Helmeczi added riders will be competing in two age divisions, one for grades six to eight and another for grades nine to 12. Competitors will be riding for points and have a shot at winning a range of scholarships.

Pickeral decline on Lake Winnipeg fishing raises concerns

By Kevin Rollason of the Winnipeg Free Press

For years, biologists warned that while there was a pickeral population explosion in Lake Winnipeg caused by an abundance of nutrients in the water, someday the numbers would crash.

That day may be near, but it doesn't appear to be because of issues of eutrophication or lack of oxygen caused by too much phosphorus in the lake. Instead, fingers are being pointed at commercial fishing.

Geoff Klein, Manitoba Conservation and Water Stewardship's regional fisheries manager for Lake Winnipeg, said he believes the population in Lake Winnipeg — the world's 10th largest freshwater lake — is already in decline.

"It's starting to slip, unfortunately ... 2005 to 2013 were just unprecedented years," Klein said this week. "Commercial fishing was bringing in from 4.5 million to five million kilograms per year of walleye. But last year, they brought in 3.5 million kilograms and this year, I wouldn't be surprised to see at the March 31, 2016, year-end, they barely manage three million."

"The high mortality rate is because of fishing and commercial (fishing) is the single biggest user."

The commercial fishery on the lake — and the anglers who come to land a pickeral (also commonly known as walleye) — represent a large economic engine.

About 1,000 fishermen, mostly indigenous, earn more than \$30 million annually, while the province estimates the total economic impact of fishing is \$200 million annually.

A few decades ago, the province carved up the fish harvest into individual quotas that could be bought and loaned. That quota, which covers pickeral, whitefish and sauger, allows more than six million kilograms of fish to be harvested annually from the lake.

But there is no ready mechanism in the quota system to reduce the harvest levels when fish populations are in decline.

"We know about how hard we can fish walleye. A 39 per cent mortality is what we can do," Klein said. "Right now, we're at 50 per cent."

Vicki Burns, former outreach co-or-



TREVOR HAGAN / WINNIPEG FREE PRESS

Craig Ferris, president of the Walleye Anglers Association of Manitoba, says organization members haven't noticed a decline in pickeral numbers on Lake Winnipeg but have seen a decline in fish size.

Conductor at the Lake Winnipeg Foundation and now a director of the Save Lake Winnipeg Project, said the declining numbers of pickeral "is a very big concern and a very big red flag to pay attention to the lake and to move faster to help it."

"If the quota is the cause, we really do need to reduce the quota and ensure long-term sustainability. It just makes a lot of sense. I really hope our government will take strong action on this."

But Robert Kristjanson, whose family has fished on Lake Winnipeg for more than a century, said he doesn't believe the fish population numbers are anything more than a temporary dip.

"We've gone down and then gone back up again," Kristjanson said. "My family has been fishing for years here — I don't believe it. You go through different periods of times with large ups and downs on fishing. You have to be around as long as we have to know. But talk to me at the end of fall and I'll know."

Karen Scott, a researcher with the Lake Winnipeg Research Consortium, said while she agrees pickeral numbers are down, more research needs to be done about the cause. "It's a hard question to answer — there's not a lot of research on the food web on Lake Winnipeg. There's not much information on the productivity of the fish."

Scott said a recent research project

conducted by students at the University of Manitoba appeared to show pickeral in the lake's north basin were feeding almost exclusively on rainbow smelt, an exotic species introduced into the lake in 1990.

"The rainbow smelt also could be contributing to the productivity of pickeral, but we don't know," she said.

"We need more work there, but so far most of the research has been on nutrients and algae in the lake."

Craig Ferris, president of the Walleye Anglers Association of Manitoba, said his members haven't noticed any overall decline in pickeral populations, but they have noticed they're not catching as many in the 32-centimetre to 48-cm length range.

"We encourage people not to keep the larger fish because they're the best spawning fish," he said.

Ferris said he hopes the government doesn't have to step in to restrict the fishing — or even close the lake, like the Minnesota state government did Aug. 2 with Mille Lacs Lake.

"Just with our group, we had 125 Americans come up for a weekend of fishing with us (on the east side of Lake Winnipeg)," he said.

"They buy gas, bait, stay in hotel rooms, take meals, hire guide services. They bring in a lot of dollars. We've had some tell us they caught bigger fish than ever in their lives."

Rob Olson, managing director of the Manitoba Wildlife Federation, said

his members also haven't seen a decline in pickeral populations, but they are aware biologists have been warning for years about a collapse in the numbers.

"Our members worry about it," Olson said. "There's real concern with sports fishing. Most of us aren't scientists so when scientists tell us about a pending disaster, we take note."

Olson said there are now more sport fishers on Lake Winnipeg — especially ice fishing — than when he was a child more than three decades ago.

"It used to be rare to see ice fishers, but last March, when we were out I counted 500 vehicles. It was like a town out there on the lake. And half of the licence plates were from Minnesota and Wisconsin."

Olson said sport fishers from Minnesota tell him "Lake Winnipeg has the best ice fishing in North America and is likely the hottest walleye destination on the continent now."

"It would be a massive economic impact if they shut down that lake," he said.

Dave Bergunder of the Freshwater Fish Marketing Corporation, the entity that buys and sells all commercially fished fish on the lake, admitted the numbers do "cycle up and down."

"If we had more fish we'd like to get it, but you always want to be at a sustainable level ... everybody wants a renewable resource which is around for our children and grandchildren."

Bergunder said even though Minnesota — in an unprecedented move — made it illegal to fish for walleye in Mille Lacs Lake due to the annual quota being exceeded, it hasn't led to increased sales for his company.

"It's more of a sports-fishing sport down in Minnesota," he said, noting those aren't the fish that end up on plates in restaurants.

"Most of our commercially sold fish are sold in Minnesota. The Midwest U.S. is our biggest volume market."

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INSIDE > OUTSIDE > UPSIDE DOWN

Mustangs buck Thunder in Midget football action

By Brian Bowman

The Interlake Thunder played three good quarters but had one bad one against the St. Vital Mustangs in Midget Football League of Manitoba action last Saturday in Stonewall.

But that one poorly-played first quarter cost them big time.

Interlake spotted the Mustangs an early 20-0 lead as St. Vital cruised to a 38-14 victory.

"It was quite a competitive game," said Thunder head coach Kris Johnston. "In fact, I don't think the score reflects how close the game was. They got on us early and we came out of the gates slow."

St. Vital capitalized on a couple of Interlake turnovers and miscues on special teams to jump out to the quick 20-point lead courtesy of three touchdowns (an extra point was blocked).

"We got down fast and it was a culmination of us coming out slow and them coming out fast," Johnston said. "We got down and battled back through adversity with a couple of guys going down with injuries. But I was impressed with how our guys rallied, they didn't give up, and they didn't give in."

The Thunder got on the board when quarterback Declan Kubel found receiver Alex France in the end zone for a touchdown. France had a nice game, finishing with six catches for 64 yards.

"Alex played fantastic," Johnston praised. "He was a huge part of that drive."

The Thunder started to gain momentum in the game and then Kubel had a short TD run to close the deficit to 23-14. But that would be as close as the Thunder would get, however, as the Mustangs scored a pair of touchdowns.

Despite that one-yard plunge by Kubel, Interlake's running game was shut down most of the game by St. Vital. Dominic Suniga led the Interlake with 29 yards on 10 carries while David Aisicovich gained 24 yards on nine rushing attempts.

"The run game was a little slow to get started," Johnston admitted. "We did get it going on a couple of drives and it was complimenting the passing game quite nicely. But injuries to the linemen really hurt us. We had three linemen between the first and third quarter go down with injuries."



EXPRESS PHOTO BY LANA MEIER

Eriksdale's Nathan Bishop runs with the ball during the Thunder's home loss Saturday.

In the air, Kubel finished the game 16-for-30 for 197 yards. Seven of those passes were caught by Kurtis Janzen, who finished with a team-high seven receptions for 107 yards. Janzen currently leads the league in receiving yards (229) and touchdowns (three).

Defensively, the Thunder had four interceptions, one each by Carter Safiniuk, Kyle Reynolds, Matt Thoresby and Thomas Dunlop.

Josh Schellekens had a fumble recovery.

Up next for the Thunder (1-2) is a game this Satur-

day against the Greendell Falcons (0-2) at the University of Manitoba (12:30 p.m.).

The last-place Falcons have scored just 27 points while giving up a league-high 96. This game certainly is a winnable one for the Thunder.

"Greendell is a fast, athletic team and they have a tailback (Demi Adeleye-Olusae) that is multi-dimensional athlete that is a good pass catcher," Johnston noted. "He's a very well-rounded football player, a dangerous, football player that is fast."



Sept. 12, 2015 at The Selkirk Rec Field

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Arborg trapshooter wins big on world stage

By Jeff Ward

The mental pressure of being perfect put on any athlete is extreme, and in the world of competitive trapshooting, missing just one target could mean the difference of going home a winner or a loser.

But Brian Johnson of Arborg didn't let the pressure of shooting with the world's best trap shooters get to him. In fact, Johnson excelled bringing home the 27 Yard Handicap Champion trophy from the Grand American World Trapshooting Championships held in Sparta, Ill., recently.

There were 24 events over the 10-day competition, with Johnson shooting in each one. Johnson shot 197 of 200 targets to win the 27 Yard Handicap Champion.

The world's sees the best shooters showing up to compete and this year the tournament, which took place Aug. 5-15, saw as many as 2,000 shooters compete in 24 events over the full 10 days.

"The level of competition is incredible and it drives me to do better. I love competing with the world's best," said Johnson, who's been shooting since 1994.

"You don't get better shooting with average shooters. The knowledge that one single mistake can send you packing can really give you that push to do better than you ever have before."

Trapshooting is the kind of sport that looks easy. All you have to do is point your gun at the target and pull the trigger. It is, however, not easy, as every shooter not only has seconds to adjust his or her body and gun to the target, but it's also flying away from you at up to 70 kilometres per hour. You also have to deal with wind, rain and gravity, and with the distance that Johnson shoots from — 27 yards — you're also at the limits of the gun. Any small error means a missed target.

Johnson was able to hit 197 out of 200 targets to take home the trophy for the event and edged out his competitor, Sean Hawley, by just one target.

"When it came in over the loudspeaker that I had beaten [Hawley] I told my wife, 'I really like the way that sounds,'" Johnson joked.

Put that score in comparison with Johnson's score of 199 of 200 targets

"IF YOU MISS THE FIRST ONE, YOU WEREN'T READY, AND IF YOU MISS THAT LAST ONE, IT COULD EITHER BE NERVES OR OVER-CONFIDENCE."



EXPRESS PHOTO COURTESY OF BRIAN JOHNSON

Johnson stands with his custom Perazzi gun that he used to win the 27-yard handicap championship during the Grand American World Trapshooting Championship in Sparta, Ill.

in the singles competition, which was only good enough to come in third place, tied with many other participants.

The need for each shooter to be perfect is what makes trapshooting such an exciting sport to watch and compete in. If you've hit 199 targets in a row, the feeling of missing that last one can be devastating.

"If you miss the first one, you weren't

ready, and if you miss that last one, it could either be nerves or over-confidence. Either way, they both feel bad," noted Johnson.

This year Johnson has placed in competitions at the provincial, Canadian and world levels, an accomplishment he's very proud of. Over 10,000 registered targets this year, Johnson has converted a hit percentage of 91.6 per cent.

Collings fantastic in Nova Scotia

By Brian Bowman

Garth Collings finished sixth at the Canadian Men's Mid-Amateur Championship in New Glasgow, N.S., last week.

The Matlock native finished at 10-over 290 after rounds of 69, 73, 77 and 71.

He had a great start in his first round — recording birdies at Nos. 3, 4, and 5 — before adding a birdie on No. 14. He also caught fire late on the front nine on Day 2, making birdie on four of the final five holes.

Garrett Rank of Elmira, Ont., won the national event with a three-under 277. That was seven strokes better than Dave Bunker of Woodbridge, Ont., and 10 in front of Michel Landry of St. John, N.B.

Winnipeg's Justin McDonald and Windsor's Michael Rutgers tied for fourth at nine-over 289.

In the Inter-Provincial Championship, Manitoba placed sixth, finishing 19-over at 299. Ontario was first at five-over 285.

Stonewall Jets start MMJHL training camp

By Brian Bowman

The sound of pucks hitting the boards and skates carving up the ice were heard at Veterans Memorial Arena earlier this week as the Stonewall Jets started their training camp for the upcoming season.

The Jets held their registration and first tryout practice this past Tuesday and then were on the ice again last night. The Jets will have another tryout practice tonight and Sept. 8 before Stonewall begins its preseason schedule with a home game against the Charleswood Hawks on Sept. 9.

Stonewall will then host the Ft. Garry/

Ft. Rouge Twins on Sept. 11 and the St. Vital Victorias on Sept. 12 before visiting the Transcona Railer Express on Sept. 13.

The Jets will wrap up their preseason schedule with a home game against the Pembina Valley Twisters on Sept. 16.

The Manitoba Major Junior Hockey League begins its regular season on Sept. 19 when Pembina Valley plays at the defending-league champion St. Boniface Riels.

Stonewall plays its season opener the next afternoon (2 p.m.) at Transcona. The Jets home opener is Sept. 25 when the Raiders Jr. Hockey Club comes to town.

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The nomination deadline is September 29, 2015 at 4:30 pm. Nominations cannot be accepted after this day.

All nominations shall be made in writing and shall be signed by a least twenty-five voters, or NOT less than 1% of the voters (whichever is the lesser) of the authority or ward (as the case may be), but in all cases by at least two voters. Each nomination shall also be accompanied by the candidate's declaration of qualification.

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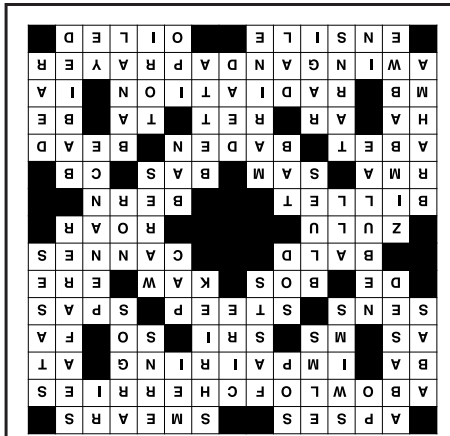
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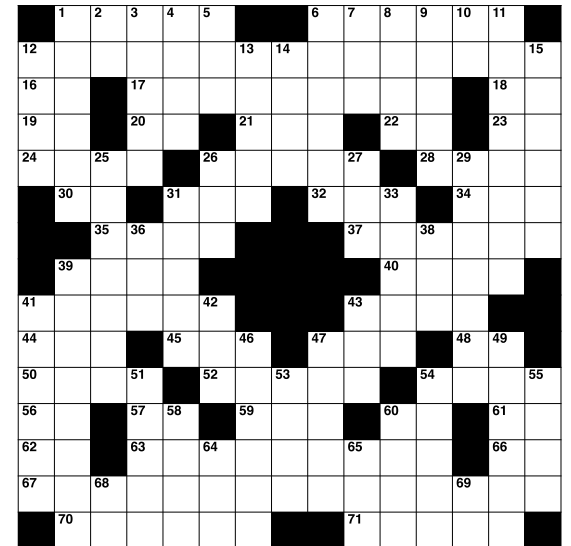


Crossword Answer

CROSSWORD

CLUES ACROSS

1. Recesses
6. Slanderous defamation
12. Fruit phrase: Life is just
16. Undergraduate degree
17. A way of damaging
18. Indicates position
19. Equally
20. Manuscript (abbr.)
21. ___ Lanka
22. Thus
23. 4th tone of scale
24. Town or commune in France
26. Sharp inclination
28. Watering holes
30. 1st state (abbr.)
31. Cattle genus
32. Type of American Indian
34. Before
35. Hairless
37. Hosts film festival
39. African tribe
40. Loud crowd noise
41. Quarter
43. Swiss capital
44. Sandhurst (abbr.)
45. Golfer Snead
47. Bachelor's of Applied Science
48. A radio band
50. Assist in some wrongdoing
52. SW German state ___ :
W rttemberg
54. Rosary component
56. Expresses surprise
57. Hot Springs state (abbr.)
59. Soak flax
60. Atomic #73
61. Exist
62. Megabyte
63. Energy in the form of waves
or particles
66. Farm state (abbr.)
67. WWII flyer's phrase: On
70. Store fodder for preservation
71. Lubed



CLUES DOWN

1. Lowered in prestige
2. Turin river
3. Moves through water
4. Disappearing shade trees
5. Standard operating procedure
6. A shrill cry
7. Japanese apricot
8. Emergency Response
Notification System (abbr.)
9. Sparta's ancient rival city
10. The Ocean State
11. Jack-tar
12. Sleeveless Arab garments
13. Abstains from food
14. Waxed finish
15. Conditions of balance
25. Cloud of interstellar dust
26. Turf
27. Political action committee
29. Repentant act
31. B.B. King sang them
33. Salesman's items
36. Every
38. Neither
39. African nation
41. Hindu's creator god
42. The bill in a restaurant
43. Edict
46. Maritime
47. Small bright tropical fish
49. Cockered
51. Mountain lakes
53. No longer alive
54. Unoriginal
55. Costly
58. Finger millet
60. Aaron Spelling's child
64. Dekaliter
65. Initial public offering
68. Not out
69. Thou

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Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Natalia & Roger Elyofson, Riverton	\$1,638.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Randy & Glenda Forster, Hodgson	\$1,898.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Perry & Genni Hibbert, Arborg	\$479.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Brent Melsted, Arborg	\$599.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	A.W. Mabon, Gimli	\$1,027.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Brian Jonasson, Arnes	\$454.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Phyllis Dueck, Riverton	\$767.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	John & Nellie Burak, Arborg	\$599.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Andrew Barg, Winnipeg	\$1,749.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Crystal Sigurdson, Riverton	\$549.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Robert & Ellen Martin, Arborg	\$1,330.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Ronald Ostryzniuk, Poplarfield	\$479.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Margaret S. Wilson, Peguis	\$1,699.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Wayne Ledingham, Riverton	\$1,279.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Wayne Barkman, Arnes	\$799.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Kathy Taylor, Winnipeg Beach	\$599.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Doreen Steg, Camp Morton	\$299.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Lloyd Sigurdson, Arborg	\$599.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Glen & Norma Plett, Arborg	\$629.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Jeannette Nickols, Riverton	\$1,699.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Agnes Furgula, Riverton	\$939.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Scott McDougall, Ashern	\$369.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Doug Morcos, Meleab	\$399.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	John Harper, Hodgson	\$799.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Robert & Delores Jacobson, Arborg	\$279.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Brad Baziniak, Riverton	\$698.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Allan Porter, Peguis	\$1,698.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Peter & Verna Bodnar, Arborg	\$1,028.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Zenith Poole, Arborg	\$1,849.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Kevin & Lisa Klym, Arborg	\$1,179.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Joan Hudson, Hodgson	\$979.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Leonard & Joyce Jackson, Gimli	\$2,427.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Amanda Rundle, Riverton	\$258.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Kay Bergman, Arborg	\$2,229.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	William & Ethel Brown, Gimli	\$5,000.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Mike Budniak, Meleab	\$1,504.10
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Leona Cochran, Koostatak	\$499.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Ivan & Christine Fridfinnson, Arborg	\$737.10
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Jocelyn & Tony Hayka, Arnes	\$949.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	John Hudyma, Fraserwood	\$599.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Alex Klimchuk, Fisher Branch	\$575.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Kevin & Lisa Klym, Arborg	\$1,484.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Claudia Krawchuk, Fraserwood	\$499.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	David & Judy McDougall, Ashern	\$399.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Tammie McQuoid, Arborg	\$1,049.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	John Miller, Broad Valley	\$69.95
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Ronald Plett, Broad Valley	\$499.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Frank Reimer, Arborg	\$658.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Dave & Eileen Shott, Arborg	\$98.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Fern & Philip Sinclair, Peguis	\$279.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Philip Thorkelson, Arborg	\$599.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Stanley Wallach, Poplarfield	\$399.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Philip Bauernhuber, Arborg	\$1,900.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Simonetta DeSante, Riverton	\$529.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Danielle & John Weedon, Riverton	\$1,799.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Bev Webb, Fisher Branch	\$129.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Alan McKay, Arborg	\$349.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Zenith Poole, Arborg	\$848.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Barb & Menno Friesen, Riverton	\$559.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Pat Dudrak, Arborg	\$499.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Mary Dunlop, Gimli	\$109.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Jean Harrison, Arborg	\$1,988.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Roxanne Roche, Arborg	\$1,868.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Ernie & Lucille Stabner, Eriksdale	\$1,349.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Nancy Woychishyn, Arborg	\$499.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Donna & Ray Andert, Gimli	\$899.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Wif Ashley, Arborg	\$479.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Jake Barkman, Riverton	\$619.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Mike & Thelma Blahay, Arborg	\$557.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Elaine Belter/Geoff Crew, Sandy Hook	\$999.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Karen Dzaid, Arborg	\$499.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Natalia & Roger Elyofson, Riverton	\$1,638.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Randy & Glenda Forster, Hodgson	\$1,898.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Perry & Genni Hibbert, Arborg	\$479.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Brent Melsted, Arborg	\$599.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	A.W. Mabon, Gimli	\$1,027.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Brian Jonasson, Arnes	\$454.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Phyllis Dueck, Riverton	\$767.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	John & Nellie Burak, Arborg	\$599.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Andrew Barg, Winnipeg	\$1,749.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Crystal Sigurdson, Riverton	\$549.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Robert & Ellen Martin, Arborg	\$1,330.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Ronald Ostryzniuk, Poplarfield	\$479.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Margaret S. Wilson, Peguis	\$1,699.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Wayne Ledingham, Riverton	\$1,279.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Wayne Barkman, Arnes	\$799.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Kathy Taylor, Winnipeg Beach	\$599.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Doreen Steg, Camp Morton	\$299.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Lloyd Sigurdson, Arborg	\$599.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Glen & Norma Plett, Arborg	\$629.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Jeannette Nickols, Riverton	\$1,699.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Agnes Furgula, Riverton	\$939.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Scott McDougall, Ashern	\$369.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Doug Morcos, Meleab	\$399.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	John Harper, Hodgson	\$799.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Robert & Delores Jacobson, Arborg	\$279.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Brad Baziniak, Riverton	\$698.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Allan Porter, Peguis	\$1,698.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Peter & Verna Bodnar, Arborg	\$1,028.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Zenith Poole, Arborg	\$1,849.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Kevin & Lisa Klym, Arborg	\$1,179.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Joan Hudson, Hodgson	\$979.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Leonard & Joyce Jackson, Gimli	\$2,427.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Amanda Rundle, Riverton	\$258.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Kay Bergman, Arborg	\$2,229.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	William & Ethel Brown, Gimli	\$5,000.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Mike Budniak, Meleab	\$1,504.10
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Leona Cochran, Koostatak	\$499.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Ivan & Christine Fridfinnson, Arborg	\$737.10
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	Jocelyn & Tony Hayka, Arnes	\$949.00
Doreen Steg, Camp Morton	\$270.00	John & Tom Hayka, Arnes	\$590.00	John Hudyma, Fraserwood	\$599.00
Doreen Steg, Camp Morton	\$270.00				