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Riding for wishes

EXPRESS PHOTO BY JO-ANNE PROCTER

Bob Chambers (left) along with his 18 year old horse, Gillian, and his wife Linda with her 18 year old mare Sage from Camper, joined neighbor Ken Windross and his horse, Famous, for the 33rd Ride For a Child's Wish last Saturday. Windross has ridden in the annual fundraiser for the past 25 years and has donated almost \$30,000. This year's event raised close to \$57,000 bringing the accumulated total to over \$1.6 million enabling the Make-A-Wish Foundation to grant 160 wishes to children with critical illnesses.

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Meet RM of West Interlake's new recreation coordinator

By Becca Myskiw

The Rural Municipality of West Interlake has a new recreation coordinator.

Christina Kallstrom started her position with the municipality on April 14. Before this, she was working in community resources, so recreation coordinator is an extension of her previous role.

"I was looking for something full time with flexible hours," she said. "I love planning events and being out with the public. Being with people makes me extremely happy. I am extremely lucky to work with such awesome office staff. The RM council has been great to work with as well."

Kallstrom's primary focus is to bring fun and excitement to the region, either through one-time events or long-term programs.

Already, this summer has been extremely busy, she said, with numerous one day events and eight weeks of summer programs between Eriksdale and Ashern.

As a resident of the community, Kallstrom understands the area's needs. For almost 20 years, she's lived south of Eriksdale, and she's long been an active member of the community, involved with different groups and boards.

"I think that gives me some insight into what the communities would like to see coming here," she said.

Kallstrom hopes to have enough programming so West Interlake residents don't need to leave the area to have fun.

"We live in such a great place," she said. "There are so many opportunities to grow our recreation program. I'm looking forward to doing just that."

Kallstrom genuinely loves her job. So far, it's been nothing but fulfilling — and busy, which she loves, she said.

Outside of work, she has two children; one who just graduated and another attending high school in Lundar. Her family loves attending Winnipeg Blue Bombers games. They have cattle and Kallstrom has her own fainting goats.

"I feel like council and the public have put their trust in me to make life more fun for them here and I hope that I am doing just that," she said. "I, along with our council, have a strong commitment to recreation, which is how — and why — my job was created."

Kallstrom is excited to see what the future holds as she grows within her job, she said.



EXPRESS PHOTO SUBMITTED

Christina Kallstrom (back right) is the new recreation coordinator for the RM of West Interlake.

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Matheson family celebrates 150 years farming in Rockwood

By Jennifer McFee

A local farm homesteaded in 1873 recently celebrated a remarkable 150-year milestone — all in the same family.

Located just outside Stonewall on Road 74 North, a family farm owned by Tricia and Rod Harris has been farmed by descendants of Alexander Matheson and his father John “Bushy” Matheson since Rockwood was first surveyed in the early 1870s.

In 1815, Tricia’s great-great-grandfather John “Bushy” Matheson came as a six-month-old baby from the Kildonan area of Scotland with his parents Alexander and Ann Matheson, who were part of the third group of Selkirk Settlers to arrive in the Red River Settlement.

“They had been forced off the land in Scotland by the ‘clearances,’ and Lord Selkirk had acquired land in Manitoba from the Hudson’s Bay Company to bring the displaced people to the Red River Settlement,” Tricia explained.

“The original settlers had many hardships but survived in part because of the friendship of Chief Peguis and Lord Selkirk. The Peguis-Selkirk



The original family: front row: Alexander, Catherine (Katy) (with Willis on her lap) and Alexander Samuel. Back row: Catherine (Calala), Jessie and Arthur



The original log house built by Alexander and his father John Matheson prior to his marriage to Catherine McArthur in 1875.

Treaty of 1817 made the original farm lots possible.”



EPXRESS PHOTOS SUBMITTED

Present house built in 1904 from stone gathered by homesteader when he was breaking the land.

They settled along the river lots, but by 1873, John and his son Alexander left Lot 7 along the Red River to homestead two quarter-sections of land in the newly formed municipality of Rockwood. The quarter-section

homesteaded by John Matheson is no longer in the family, but the north quarter-section homesteaded by Alexander Matheson has remained in

Continued on page 5



150th Anniversary of Matheson homestead- 73 people present including Linda Furness, 104 years old, a previous owner and Matheson descendant.

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Farmers flooded by Narcisse DUC wetlands seek provincial survey showing water too high

By Patricia Barrett

Cattle farmers with land in the RM of Armstrong continue to experience flooding and are anxious to see the government and Ducks Unlimited (DUC) take concrete steps to stop it.

DUC built a large water control project (referred to as Narcisse DUC) in 1984 in the Narcisse Wildlife Management Area in the RM of Armstrong, and according to the farmers, the project has been flooding them for well over a decade now.

Sam and Doris Hofer, who live in the Rural Municipality of Coldwell but own and rent agricultural land across the border in the RM of Armstrong, said they believe their land is repeatedly flooded because water levels in the structures were set higher than what the original project had set out.

Although the process to address the flooding appears to have picked up considerable steam this year, the Hofers said they're feeling frustrated by a delay which arose after a public meeting held in July in Lundar. At that meeting a now-retired provincial drainage officer spoke about a survey he undertook in the late 2000s that showed water levels in DUC's project having been set a foot too high.

"At the July 10 meeting in Lundar, there were about 40 people there and the retired provincial surveyor – he came to the meeting – said the water levels were set a foot too high by DUC," said Sam Hofer. "Since that meeting, we've been trying to get hold of that survey but the government hasn't released it. I think they don't want us to see those numbers the surveyor found when he did the survey back in 2008 or 2009."

The Narcisse DUC project consists of seven wetlands (called cells), water control structures and connecting ditches between the cells. Cells 1-5 lie

within the 12,000-hectare Narcisse WMA, which is provincially owned land, while Cells 6 and 7 are situated on RM of Armstrong land. The system moves water westward through the cells and out to a ditch along Provincial Road 419. The water passes through the RM of Coldwell and eventually drains into Lake Manitoba. With a lifespan of 25 years, the project needs to be decommissioned.

Cells 6 and 7, the last two wetlands to the east of PR 419, affect their land the most, said the Hofers. The flooding denies them – and another landowner – use of productive hayland. The three quarters they own and another quarter they rent are under water, depriving them of hay for their cattle.

Sam, who's a member of the West Interlake Watershed District (WIWD), said one of the organization's board members has been trying in earnest to obtain the old provincial survey, which may be in paper format and housed in the province's Grosse Isle water management office.

Doris said they can't get any answers from the government as to where the survey is.

"It would be good to know what the government has to say," she said. "It has been six weeks now since the Lundar meeting that we've been asking for that survey. The WIWD has been asking and can't get it."

Representatives from DUC, the RMs of Coldwell and Armstrong, provincial water control and the WIWD are scheduled to tour the water control structures in early September. The Hofers said they haven't been invited despite being the "most affected" farmers in the area.

DUC also wants to conduct its own survey to as-



EXPRESS PHOTO BY SAM AND DORIS HOFER

The Hofers flooded hayland is shown last fall. The cattle producers say they've been repeatedly flooded by the Narcisse DUC project for over a decade.

Continued on page 8

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Focus on wellbeing, career-ready skills at Lakeshore School Division despite funding cuts

By Patricia Barrett

The Lakeshore School Division is embarking on a new school year with a continuing focus on programs that will promote wellbeing among students and staff, and with the further development of initiatives that will help prepare students for the workforce.

Donald Nikkel, superintendent of HR and alternative program director, said the division released a new multi-year strategic plan last year that sets out priorities from 2023 to 2027.

In addition to equipping its students with strong literacy and numeracy skills, the plan focuses on preparation for the workforce through career-focused education and on mental health and well-being in order to prepare students to live the "good life." Manitoba Education and Early Childhood defines as the good life as having things such as hope, belonging, purpose, an active role in one's future, relationships with others and the natural world, and respect for Indigenous ways of knowing and doing.

"We are thinking about the wellbeing of our students and staff. Part of that is a continued focus on land-based education that connects kids with the area around us," said Nikkel. "It's a powerful tool to get us off the school grounds and learning about

the land. That includes skills students can develop, such as perseverance and humility, and at the same time it gets them more physically active."

To help students prepare for life beyond high school, Nikkel said the division is connecting students with local employers and has had some funding from the province for career development.

"In our conversations with community members and local employers, we hear from them that when kids come out of the school system, they're not looking so much for them to have specific things like a certain level of math. It's the core skills they're looking for. They want employees who will be reliable, have integrity and be hard-working. Knowing that, we'll be focusing on moving forward to get students ready for the workforce."

Local employers have stepped up to get Lakeshore students on their way to being workforce ready. That will not only stand students in good stead after high school, but it will also provide employers with a potential workforce they can tap locally.

"We have some great partnerships with small local business and with some larger employers as well," said Nikkel. "For example, Sigfusson Northern has been taking a number

of students on for apprenticeship and work experience programs. The company also lent an excavator and bulldozer simulator to one of our schools and we've had students from across the division going for simulator training. That's a good example of the mutually beneficial connection we can create with employers."

With the pandemic having created staffing challenges within the division, Nikkel said they've been able to fill positions but are still feeling the pressure. That's why the division has created a "really positive employee culture" where staff feel they're part of a family, that there's meaning to their work and there's a collective sense of worth.

Provincial funding is one of the major challenges facing the division, and with inflation it's become "acute."

"It's been an extremely difficult few years from a funding perspective," said Nikkel. "Every year that goes by it seems we've not seen funding keep up with inflation, and our expenses continue to rise. Funding is simply not keeping pace with that. It's getting increasingly difficult for us to provide services to our schools and communities in the same way that we historically have."

He said he's hoping with the up-

coming provincial election that political parties are aware of the challenges facing the school system, especially in the rural areas as those challenges are "more acute" than in urban centres because of long distances school buses have to travel.

"The cost of transportation has risen so dramatically and I believe we've had a 20 per cent increase or more in transportation costs in the course of a year. That's simply not sustainable," he said. "We've had to reduce the numbers of teachers again for the coming years and that does have a direct impact on programming. Over the last numbers of years, we've had to reduce our senior administration. The board tries to make those reductions as far away from the classroom as possible. We're now at a point where we're looking at further cuts affecting core programming."

For the coming year, the division has made reductions in programs such as music and some hand-on science and technology offerings.

"Funding is definitely impacting what we're able to offer our communities right now, and if that carries on it will start to cut into the core of our school programming," said Nikkel. "It has definitely been a concerning trend."

> MATHESON FAMILY, FROM PG. 3

the family since 1873,

"They had to clear land, remove boulders and plant crops in order to get their title to the land under the Homestead Act. It was a lot of work and there were a lot of stones on this land. Alexander Matheson started saving the big boulders that he took up out of the land. Then in the early 1900s, he started to build a stone house. He hired a stonemason and, with the help of his three sons, he built this stone house that we have today," Tricia said.

"That was quite an undertaking. To get these stones up to a third storey, they had to have horses and pulleys. All the stones were cut to fit in the house. In 1965, the house was completely gutted by fire so, at that point, my parents had it rebuilt from the inside."

In 1875, Tricia's great-grandfather Alexander married Catherine McArthur. They continued to operate the quarter-section grain farm until 1917, when they passed the farm down to their son Willis Matheson.

In 1954, the farm was sold to Tricia's mother and father, Linda Matheson Furness and Gordon Furness, who oper-

ated the farm until 1983 when Tricia and Rod Harris took over. Tricia and Rod remain on the farm, but the land is currently rented and farmed by a younger Matheson cousin.

The farm recently received 150th heritage designation from the Government of Manitoba, which the family marked with a celebration of descendants. More than 70 people attended, including Tricia's mother, 104-year-old Linda Matheson Furness.

Looking ahead, Tricia isn't sure yet if any of their four children or their many nieces and nephews will want to take over the farm.

"We don't know what will happen yet," she said. "But it's been interesting to do a lot of research into the five siblings that were raised in the log house and their descendants, many of whom attended the celebration. We're all still aware of being a part of the descendants of the early Selkirk Settlers."



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Province offers free entry to provincial parks

Submitted by Manitoba government

The Department of Natural Resources and Northern Development's Manitoba Parks branch is inviting all Manitobans to enjoy the great outdoors for the last long weekend of summer with free entry to provincial parks.

Vehicle permits are not required to visit provincial parks on the Labour Day long weekend from Sept. 1 to Sept. 4. Overnight camping fees and entrance fees to national parks still apply.

Individuals who wish to camp can make a reservation through the Parks Reservation Service at www.manitobaparks.com or by calling toll free at 1-888-482-2267. Several provincial park campsites, cabins and yurts remain open through the fall, allowing campers to stay as late as Thanksgiving weekend in October.

Tips for visitors and campers at provincial parks include:

- be 'Wildlife Smart' by maintaining a clean campsite, keeping all food, trash, toiletries and cooking utensils locked in a vehicle or trailer, and pack out trash and recyclables before leaving;
- keep all pets on leash;
- keep all campfires in approved

pits such as those found in campsites, check with the campground office for any campfire restrictions; and

- to prevent the spread of the emerald ash borer, firewood should not be transported outside Winnipeg and can result in charges and fines of up to \$1,300 for individuals or \$15,000 for businesses. Firewood should be obtained and burned locally, and is available for purchase from local retailers at most campgrounds.

To prevent and contain the spread of aquatic invasive species such as zebra mussels, all water users including boaters, fishers and beachgoers, must follow the specific decontamination and bait requirements in place in control zones. Anyone transporting watercraft including canoes and kayaks must stop at a watercraft inspection stations when they are open. For more information on invasive species, visit: www.manitoba.ca/StopAIS.

Schools are encouraged to participate in free interpretive programs this fall at Birds Hill, Spruce Woods and Whiteshell provincial parks. Park Interpreters deliver trail hikes, exploration activities and other curriculum-based learning experiences for all grades on cultural history, ecology and flora and fauna study, as well



PHOTO SUBMITTED

Hecla Provincial Park is one of Manitoba's parks with free entry for the Labour Day weekend.

as outdoor skills. Teachers can find program details and plan field trips to parks by visiting www.manitobaparks.com.

Manitobans can stay up to date with provincial park news, activities and events by following Manitoba Parks on the X platform, formerly known as Twitter, at <https://twitter.com/MB-GovParks> or on Facebook at www.facebook.com/MBGovParks.

Correction

Staff

Last week in the *Express Weekly News* there was an error in the location of a fatal two-vehicle collision.

Gimli RCMP reported that the fatal two-vehicle collision on Aug. 20 happened at the intersection of Roads 130N and 20E, in the RM of Bifrost – Riverton.

The correct information should have said, a car, being driven by an 85-year-old male from Gimli, was travelling westbound on Road 130 N when it collided with a pickup truck, being driven by a 45-year-old male from Arnes, travelling south on Road 20 E.

The collision caused the pickup truck to roll multiple times before both ve-

hicles came to a stop in the west ditch.

The driver of the car was pronounced deceased on scene. The driver of the pickup truck received minor physical injuries.

Gimli RCMP continue to investigate.

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Arborg-Bifrost Parks and Recreation Commission offers variety of fall/winter programs

By Patricia Barrett

The Arborg-Bifrost Parks and Recreation Commission (ABPRC) is offering a wide range of fall and winter programs in conjunction with local fitness leaders to help keep the community fit and engaged.

Program offerings include Tai Chi, which increases balance and strength and calms the mind, Yoga, which incorporates flowing stretches to release tight muscles, and Pilates, which uses body weight to tone the arms, legs and core.

The Silver Sneakers program is geared to older adults. It uses body weight, resistance bands and chairs to help people maintain strength and balance.

To step up things a bit, walking will be offered indoors at the elementary school.

For those who prefer a more vigorous workout, the kettlebell-kickboxing fusion program is a "conditioning workout" that will build upper and overall body strength.

Some programs, such as kettlebell, Pilates, Yoga and Tai Chi, have free "Try It Days" where people can take part in a class to see if they like it before signing up.

"Many people are interested in some classes but are unsure if it's for them," said recreation director Tom Chwali-

boga. "These Try It Days are a wonderful way for people to come out, try the class, talk to the instructor, meet new people and hopefully register for the class once the sessions start."

ABPRC is offering a number of curling programs including the Little Rocks program for grades 3-5 students, the Junior program for students in grades 6-10, Sticks & Stones, a double leagues and family curling nights. Soccer and hockey are also being offered.

A Hockey with Reims (lessons with NHL goalie James Reimer) for boys and girls aged 4-7 years begins in January.

"Along with these fitness programs, the Recreation Centre is offering a program called Everyone Skates," said Chwaliboga. "We had a day last year for people to come and skate, many for the very first time, and it was popular. We will offer it again in October. We're looking to get more youth and adults skating and will have helmets and skates for people to use."


Recreational activities include an introduction to photography, guitar lessons and a cooking course that will teach people how to make spring rolls.

In addition to registering and paying in person at the recreation office, ABPRC now offers online registration


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Arborg Rec Department

and payment for all programs and activities, as well as online calendars where people can see the availability of and book one of the town's facilities.

"The recreation centre had online registration for swim lessons this summer and it was well received by the users," said Chwaliboga. "We did have a few hiccups but everyone was

patient and understanding as we are still learning and adjusting."

For online registration, please visit www.townofarborg.com and click recreation or scan the QR Code. For more information about programs and activities, call the recreation centre at (204) 376-5576 or email Tom: tom.abprc@mymts.net

Gimli RCMP respond to fatal single-vehicle rollover

Submitted by RCMP

On Aug. 26, at 5:10 p.m., officers from Gimli RCMP responded to a report of a single-vehicle rollover on Lakeview Road, located on Matheson Island.

Officers arrived on scene and located a pickup truck, with two occupants, which had entered the ditch and rolled after colliding with a fence.

The driver, a 41-year-old male from Winnipeg, had exited the vehicle and was assisted by witnesses on scene. The driver was not physically injured. The 50-year-old female passenger, from Thompson, was located inside the vehicle and pronounced deceased.

The driver of the vehicle was arrested on scene for impaired driving and taken back to the Gimli RCMP Detachment where he provided samples of his breath for analysis. He was held in custody overnight and released the following day with a court appearance scheduled for Nov. 6, in Arborg, where he will face charges of Impaired Driving Causing Death and Dangerous Operation of a Motor Vehicle.

Gimli RCMP, with support from the Criminal Collision Investigation Team and an RCMP Forensic Collision Reconstructionist, continue to investigate.



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Send your letters to the editor or acts of kindness to news@expressweekly-news.ca. Please include your name, address, and phone number for confirmation purposes.

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Financé en partie par: Canada



> PROVINCIAL SURVEY, FROM PG. 4

sess water levels, they said, and wants to use a new endpoint near Deerhorn rather than at Lundar where the original provincial survey was set.

"We're wondering why DUC wants to do a new survey now all of a sudden," said Sam. "To me, it feels like they want to do something that will discredit numbers in the original survey. The government surveyor has no skin in this game. He was just there [in the 2000s] to do a job. Why can't we get our hands on that survey that shows water levels were set a foot too high?"

Over the past few years, the WIWD has been trying to make headway on getting the government and DUC to start addressing the project.

Brian Sigfusson, who's on the WIWD executive board and used to chair the WIWD's Shoal Lake subdistrict board, said he's hoping the government will find and share its old survey.

"At the meeting in July, [the retired drainage officer] was there and he did say the water levels had been set a foot too high from the original project," said Sigfusson, who used to serve as reeve of the RM of Coldwell. "I have no way of knowing that for

sure and that's why we want a copy of the survey."

The retired drainage officer is away until September, said Sigfusson, and can't be reached.

The new survey DUC is proposing to carry out is only about a mile and a half or so from the Deerhorn Line and that shouldn't make a difference to the findings, he said.

Sigfusson will be part of the tour in September and said he's expecting to get some "honest answers" from DUC and the province.

"Once they get water in there, there's no way out; it has to dry out. When the water gets too high, it will go over the banks," said Sigfusson. "That's where the problem is and they don't seem to want to own up to it. I've lived around this country for 82 years and I've learned a thing or two. I'm a great fan of holding water [in wetlands], but let's not hold it to the point where it's chasing people out of the country."

Tom Nevakshonoff, who's chair of the WIWD's Swan Creek subdistrict board, said the WIWD board met in August to approve a letter containing a list of suggested actions to address the flooding. It was sent to Interlake-

Gimli MLA and agriculture minister Derek Johnson, who is expected to engage other government departments.

Nevakshonoff said he sympathizes with the Hofers' predicament, but things will take time. The important thing is the process is now underway, and that the WIWD is committed to continue working on the file.

"Sam has been waiting a number of years to have this addressed, but we can't expect things to be done in a matter of weeks. It will take longer than that to get all our ducks in a row, so to speak," said Nevakshonoff. "We asked our local MLA and minister to begin this process. The [WIWD's] letter went off to [Johnson] about a week ago but there's a provincial election to be called. Nothing will happen until that election is over and we've got a government, whoever it is, established and back at work."

If the government of the day stands, he said he thinks the file will be picked up fairly quickly. But should a new government be elected, the WIWD will have to bring new cabinet ministers "up to speed" on the flooding.

Nevakshonoff said he will be part of the WIWD's contingent on the tour of the cells in September.

"We'll have some pointed questions for them regarding the old survey. That survey is one thing, but the fact is the water is too high. Whether that survey is found or not, we're going to be asking that the infrastructure be adjusted in order to set the water at a more acceptable level," said Nevakshonoff.

And DUC's wanting to carry out its own survey is a "positive sign," he said. "It's good that they're checking their own work, but [WIWD's] request was to the province to evaluate this. It was the province's survey that was done and it seemingly can't be found."

When asked if DUC had set water levels a foot too high as allegedly found by the provincial survey, Mark Francis, DUC's manager of provincial operations in Manitoba, said he's unable to provide an "informed response" because "all attempts to obtain this survey to date have been unsuccessful, but we welcome the opportunity to review it."

DUC, which establishes and restores wetlands, will be carrying out its own water-level assessment and sharing those findings.

"We will be conducting a survey in September to reaffirm the control

structure and water-level elevations using a comprehensive methodology and advanced technology and will share the resulting data and recommendations," said Francis.

DUC is not the "organizing party" of the upcoming tour, said Francis, but the organization believes in transparency and would be pleased to invite landowners to any tours that DUC plans to do.

The Narcisse DUC project has a number of challenges that require "collaborative resolution" among multiple parties, he added. Those challenges include a lack of control over hydrological impacts from upstream sources, complexity of align-

ing the interests of all conservation partners and consensus-gathering amongst downstream communities.

"Ducks Unlimited Canada remains committed and eager to work with all stakeholders towards a beneficial solution and continues to be a strong advocate for resolution on this project," said Francis.

A provincial spokesperson said the government is continuing to work with DUC and the RM's of Armstrong and Coldwell to "complete the decommissioning of

the legacy Narcisse Ducks Unlimited Wetland project" and is committed to working with its partners to see it through.

As for whereabouts of the provincial survey carried out in the 2000s that ostensibly show water levels having been set too high, the spokesperson only acknowledged that surveys were done.

"There have been historic surveys, but Ducks Unlimited Canada has committed to resurveying all full supply levels and leaving benchmarks for ease of access in the future," he said.

But required work downstream [towards Lake Manitoba] has to be completed first before work on the cells proper begins.

"Work has occurred over the past few years to develop a decommissioning concept for the project given the multiple landowners involved," the spokesperson said. "Ducks Unlimited Canada has committed to completing the work on portions of the project found on Crown land, pending completion of required work downstream in the RMs of Armstrong and Coldwell. The province is committed to working with the partners to see this project through to completion and resolving these long-standing concerns."

"ONCE THEY GET WATER IN THERE, THERE'S NO WAY OUT; IT HAS TO DRY OUT. WHEN THE WATER GETS TOO HIGH, IT WILL GO OVER THE BANKS."



REMINDER NOTICE OF PUBLIC HEARING

You're Invited

to share your views about the proposed rate changes from Manitoba Public Insurance

The Manitoba Public Insurance Corporation (MPI) has filed the 2024 General Rate Application before the Public Utilities Board (Board) for approval of Basic Autopac vehicle insurance rates and premiums effective on April 1, 2024 through March 31, 2025.

For further details, please contact MPI at inquiries@mpi.mb.ca or visit the Board's website at www.pubmanitoba.ca.

A public hearing on the proposed rate application will be held beginning:

Tuesday, October 10, 2023 at 9:00 a.m.
Please view the hearing via the PUB website link:
www.pubmanitoba.ca/v1/live-stream.html

If you are interested in learning more about this rate decrease, you are encouraged to attend the hearing, observe the hearing via live streaming, or provide your perspectives through the Board's online comment tool.

If you wish to speak at the hearing or make a written submission, please contact the Board Secretary, Dr. Darren Christie at 204-945-2638 or toll-free 1-866-854-3698, no later than **October 1, 2023**.

For more information, visit www.pubmanitoba.ca

Manitoba Public Utilities Board
400-330 Portage Avenue
Winnipeg, Manitoba R3C 0C4
Phone: 204-945-2638 | Email: publicutilities@gov.mb.ca

Gimli Toastmasters to celebrate 10th anniversary on Sept. 16

Public invited to open house

By Patricia Barrett

The Gimli-based Toastmasters in the Arts Club (TMIA) will be celebrating its 10th anniversary this year and is inviting the public to a celebratory open house in September where they can see what tremendous fun can be had among people who like learning to polish their public speaking and presentation skills.

Club founder Doreen Pendgracs said the club is composed of easy-going and supportive members who meet once a week to tell stories, positively critique each other's presentation skills, put the kibosh on "ums" and "ahs" and share a laugh – not to mention snacks.

"We've had such amazing people join us as members and as guests. We focus on creativity; that's what our club's mantra is. Every meeting is filled with fun and creativity,"



Toastmasters in the Arts Club president Darcy Truthwaite will be co-hosting an open house 10th anniversary celebration at the Aspen Park Recreation Centre on Sept. 16.

said Pendgracs. "And we're so happy to be able to share our passion with people who may not have had the opportunity to visit our group yet."

Pendgracs is best known as the Interlake's Queen of Chocolate after establishing herself as a connoisseur of fine chocolate. She has written a definitive chocolate travel guide titled *Chocolatour: A Quest for the World's Best Chocolate* and has provided speaking engagements on the subject.

She started TMIA with a demo meeting in 2012 in Winnipeg Beach. By September of 2013, she had 20 people committed to learning about public speaking. That allowed her to launch an official Toastmasters club through Toastmasters International.

She said some people may have a bit of a bias against Toastmasters, thinking clubs are composed of "crochety old men in suits and ties." But that's not the case anymore. The first woman was "allowed" to join Toastmasters in 1970 and since then woman have flooded in.

TMIA is pretty much split between the sexes and has younger and older members.

"Our group has a few more women than men and we have a great cross-section of age, with our youngest member in her 50s and our oldest member in their 80s," said Pendgracs. "We are really looking for some younger blood, though."



EXPRESS PHOTOS COURTESY OF DOREEN PENDGRACS

Members of the Gimli Toastmasters in the Arts Club.

People aged 18 and over can join the club. And the experience they gain from learning how to get up – or stay seated – in front of people and be comfortable and confident can really pay off, especially for those just starting out in their careers.

"I think people who are still new to the workforce really have to learn how to polish their communication skills," she said. "They have to learn how to handle a job interview, deal with customers and clients and get their message across in whatever business or enterprise they decide to be involved with."

They can expect to learn how to polish their communication skills, which involves practising how to listen and how to speak, whether it's in front of one person or 300 people, she said.

"The same skills are involved; we have to get a person's attention. We have to talk to them on their level and we have to find a mutual connection," said Pendgracs. "The kinds of skills we focus on help people become confident in their speaking. Listening skills are vital: we can't communicate effectively if we're not listening well. At every one of our meetings, we appoint someone to a 'quiz master' role where they have to listen intently then ask questions about what other speakers have said. That's so helpful to polish our listening skills."

For those who really love speaking and become terribly proficient at it,

Toastmasters offers an accredited program that acknowledges people for their expertise. They can then go on to "make big bucks" if they land speaking engagements.

TMIA moved to Zoom meetings during the COVID pandemic then branched out into "hybrid meetings" where people could come in person or attend by Zoom. That helped broaden the reach of the club.

"People participate from anywhere in the world. We've had people participating via Zoom from Ontario, England and British Columbia," said Pendgracs. "You don't have to live in the Interlake."

During the open house, club president Darcy Truthwaite from Fisher Branch will be speaking as will Toastmasters' District 64 (all of Manitoba and northwestern Ontario) director.

"I'll be making a presentation as the founder of the club and then we'll have one of our long-time members sharing what she's learnt from Toastmasters, what's it's done for her and what she thinks it can do for other people," said Pendgracs.

Visitors can enjoy snacks and drinks and have a chance to win door prizes and a 50-50 draw.

The open house takes place Saturday, Sept. 16 from 2-4 p.m. at the Aspen Park Recreation Centre on 143A Maple Street. Aspen Park is a subdivision west of Gimli with access from PR 231.

Community Support Service

AA Meetings in Ashern

Open Meeting

Time: 6-7pm Fridays

Starting Friday March 3rd.

Location: #11 2nd Ave North

-Pioneer Manor

(beside the main door entrance of Pioneer Manor)

Contact AAMBCO@mts.net

AA Eriksdale

Eriksdale United Church building
#7 Main Street, Eriksdale (side door)

Meetings are Mondays

at 6:30 p.m.

AA Winnipeg Beach

Lady of the Lake RC Church
Corner of Hwy. 9 and Lake Ave.,
Winnipeg Beach

Meetings are Saturdays
between 7 and 8 p.m.

Contact Ann J 204-389-3417

Gimli Group AA

Bldg 18 Municipal Rd
Industrial Park

Fri & Sun Mtgs at 7:30 pm
Womens Mtgs Thurs at 10:30 am

Al-Anon Gimli and Winnipeg Beach

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Back to School Basics

439 MAIN ST., SELKIRK North of Manitoba Ave. **MONDAY - THURSDAY 10-6** **FRIDAY 9-9** **SATURDAY 9-6** **SUNDAY 12-5**

BIG DOLLAR

Highlighting the importance of native prairie plants

By Emma McGill

Aimee McDonald has always felt drawn to plants, and after operating a greenhouse for roughly 15 years, she knows a thing or two about them.

"Every small patch of prairie matters. Not just because the plants are reliable and needed by wildlife," McDonald said. "These plants have taught me that gardening is worth the effort, and that nature is way more generous than we give it credit for."

McDonald and her husband purchased their Teulon greenhouse, now known as Prairie Flora, in 2008 from John and Carol Morgan. The couple moved from their Winnipeg home to a rural property north of Teulon. In the years since, they have focused on the restoration of prairie greenery by growing plant species native to Manitoba.

All of their plants are grown from seed harvested locally from prairie remnants, including some heirloom plants like tomatoes and perennial flowers.

McDonald describes running the greenhouse and learning to care for the plants as the kind of job that never ends; with each new plant comes a new set of need. It is a constant learning curve.

The process gets trickier when it comes to temperatures. The greenhouse owner must pay close attention to the weather. If the temperature drops below -30 C, it's possible to lose a crop.

With such a warm spring this year, they saw exceptional growth in their plants. Fortunately, this meant their customers would be ready to plant their purchases earlier than usual.

There is also a responsibility to learn about the wildlife who are supported by native plants, McDonald added.

Plants native to Manitoba have been growing naturally in the area for centuries. They have had to adapt to changes in climate, each new season and its unpredictability — and they've evolved alongside the wildlife species that depend on them for survival.

"The Monarch butterfly that will only lay its eggs on milkweed plants, is just one out of several species who are losing more and more of their essential habitat every day," McDonald said. "Just the other day, we discovered plants that were covered in Monarch caterpillars, painted lady caterpillars, and swallowtail caterpillars. It's always exciting to see that and to be a part of that."

Prairie Flora has a wide selection of native grasses that are seeded and grown carefully; there are drought tolerant grasses like Little Bluestem and Blue Grama Grass, and grasses to go well in gardens like gaillardia and Culver's root.

As for the heirloom plants grown at Prairie Flora, they are favoured by many customers for their taste and hardiness. They are grown from seeds that have been hand-selected by gardeners and handed down through generations.

When it comes to heirloom vegetables, customers can choose specifically what they want in their garden. The seeds can gradually be saved and adapted to grow best in a specific garden with that area's issues like pests or diseases.

"You can grow one plant and get thousands of seeds off that one plant. How generous is that?" McDonald said. "Plants are much more adaptable than most of us realize. Having the ability to save and grow your own seed successfully and create plants that survive in the Interlake is fantastic."

Prairie Flora has participated in several plant sales this season, including at the Living Prairie Museum in Winnipeg. The tall grass prairie preserve is dedicated to protecting over 150 different species of wildflowers and grasses, as well as prairie wildlife. It has been operating since 1968 and hosts special events, including volunteer seed collecting, workshops and the Monarch Butterfly Festival.

"The museum is a special little space. It's a prairie that's been preserved, even while the city continued



EXPRESS PHOTOS BY EMMA MCGILL

Aimee McDonald always knew she would like to work with plants, and the Winnipeg-transplant is loving life as a prairie greenkeeper near Teulon.



Even before Aimee McDonald and her husband purchased their Teulon greenhouse, its previous owners were dedicated to preserving prairie greenery.

to grow around it," McDonald said.

With an educational background in agroecology, McDonald is always willing to share her knowledge with customers — it's one of the best parts of the job.

"Every time a customer comes to me beaming with more stories about their recent interactions with wildlife, whether it's seeing a Monarch emerge out of its chrysalis or greeting the day with more birds in their yard, I know that these plants help keep us connected with nature and help re-

mind us of all the precious life on this planet."

The McDonald's are working to install a new grow table that captures water and can heat the plants from below. They're also in the midst of planning fall sales.

Prairie Flora is open Thursday through Saturday from 10 a.m. to 5 p.m. throughout August. It can be found north of Teulon, on the west side of Highway 7, across from the Teulon golf course.

Manitoba Liquor & Lotteries reach tentative agreement with MGEU golico

Submitted by MGEU

Today, we are pleased to announce that a tentative agreement has been reached between Manitoba Liquor & Lotteries and the Manitoba Government Employees' Union (MGEU) representing approximately 1,400 liquor employees (GOLICO, Locals 56-61).

The tentative agreement is a four-year contract, with compounding general wage increases every year, retroactive to March 25, 2022. Also included are pay scale adjustments, other targeted shift premiums and allowances, benefit enhancements, and a one-time lump sum payment.

On ratification, the processing of

retroactive payments for the applicable first two years of general wage increases, and the lump sum payment will commence immediately.

This agreement was reached through hard work and complex negotiations, and we recognize that this intensive process has not been easy for anyone. We thank MGEU

leadership and its bargaining committee as we all worked together through conciliation to address the issues and find a new, fair agreement for employees.

MGEU will begin its ratification process on Thursday, August 24 and we respect this.

get informed

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS



L'arc-en-ciel de Gimli

EXPRESS PHOTO BY JACKIE SAURETTE

A picture perfect rainbow formed over Lake Winnipeg at Pelican Beach following a rainy day on Aug. 23. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@expressweeklynews.ca

Graymont announces launch of community-focused Carbon Reduction Fund and invites applications for 2023 initiatives

We are proud to announce the launch of the Graymont Carbon Reduction Fund, an innovative, grass-roots initiative designed to support the development of carbon-reduction initiatives in the communities across the globe that we call home.

The fund's role is to support projects focused on:

- Protecting the environment by the responsible use of resources
- Reducing our carbon footprint through increased energy efficiency
- Developing and maintaining natural, biological 'carbon sinks' such as agricultural land, forests or peat bogs that act as a natural offset for carbon

If you have a project idea that relates to any of these topics, the GCRF is looking for you!

Graymont's mission is contributing to a decarbonized world by providing essential lime and limestone solutions.

For additional information, please contact Lara Price email: lprice@graymont.com mobile: 2047680094

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BACK TO SCHOOL *Safety Tips*

Drivers, parents, and children all play a role in keeping school zones, school buses and school patrols safe for kids.

SCHOOL ZONES

School zones are designated areas near schools that alert drivers to ensure the safety of children crossing the roadway. Always drive cautiously in and near school zones. Be watchful and prepared to stop suddenly. Learn more by watching this 60 Second Driver video.

TIPS FOR DRIVERS

In Manitoba, from the beginning of September to the end of June, speed limits are 30 kilometres per hour in designated school zones, effective Monday - Friday, from 7 a.m. - 5:30 p.m.

If the signs do not specify a time frame when the speed limit is in effect, then the reduced maximum speed is in effect at all times.

Drivers caught speeding in a school zone could face a fine of at least \$200 and move down two levels on the Driver Safety Rating (DSR) scale.

It is illegal to pass another moving vehicle in a school area within 15 minutes of either the opening or closing of classes or any time when children are on the school grounds or near the road.

SCHOOL BUS SAFETY

School buses are actually among the safest vehicles on the road, especially in terms of protecting their precious cargo. Children are at the greatest risk when they are getting on and off the bus. Drivers, parents and kids all play a role in school bus safety.

The safety tips below can help en-

sure children can get on and off the bus safely. See more information in this 60 Second Driver video.

SCHOOL BUS SAFETY TIPS FOR DRIVERS

Be extremely cautious around school buses and remember that young children are prone to sudden movements.

Flashing yellow lights on the school bus indicate that the bus is getting ready to stop and load or unload. Slow down and get ready to stop.

Flashing red lights indicate that the bus has stopped and that children are getting on or off. It is illegal to pass a school bus from either direction once it's stopped with lights activated unless there is a physical barrier (such as a median) between your vehicle and the bus. Drivers coming from both directions must immediately stop at least five metres from the bus and remain stopped until the lights stop flashing, the STOP arm folds away and the bus begins to move.

School bus safety tips for parents

Most mishaps take place outside the bus. Make sure children don't arrive too early at the bus stop where they can wander or get into mischief. Make sure children wait well away from the road and stay back until the school bus makes a full stop and the doors open. Explain that they must walk at least three metres (10 feet) away when crossing in front of the bus so the driver can see them. When driving your car near a school bus please note that extra caution is needed. You shouldn't pass a school bus when the signal lights are flashing (as children are often crossing the road at that time), and drive slowly as a general



precaution.

The following information is useful for school bus passengers and their parents.

RULES FOR GETTING ON THE BUS SAFELY:

Be at the bus stop on time. Never run to or from the bus.

Wait at the designated stop in a safe place well back from the side of the road.

Remember the danger zone around the bus. The danger zone is anywhere close enough to touch the bus. The bus driver cannot see you when you are in the danger zone.

If you cross the street to get on the bus: when the bus comes, wait until it has come to a complete stop. The bus driver will make sure all the traffic stops. The stop arm will be out and the red lights will be flashing. Watch the driver. When the driver knows it is safe, he or she will signal you to cross, but watch for traffic yourself. Walk, don't run.

Hold the hand rail as you get on the bus. Don't push or shove.

RULES FOR ON THE BUS:

Take your seat as quickly as possible and sit properly, facing forward at all times.

Hold bags and parcels in your lap. Do not put your feet into the aisle: someone might trip.

Keep your head, arms and everything inside the bus. Don't throw anything out the windows or around in the bus.

Talk quietly. The driver must con-

centrate to drive the bus safely.

Save snacks for snack time at school or for when you get home. They may spill or you may choke if the bus goes over a big bump.

No fighting, shouting or playing in or around the bus.

Always follow the bus driver's instructions.

Rules for leaving the bus safely:

When you leave the bus, hold the handrail and step away from the bus.

To cross the street in front of the bus, walk ahead at least 10 giant steps (three metres). Cross only when the driver gives a signal. Cross the street in single file.

If you drop something near the bus, don't pick it up. Tell the driver or another adult first.

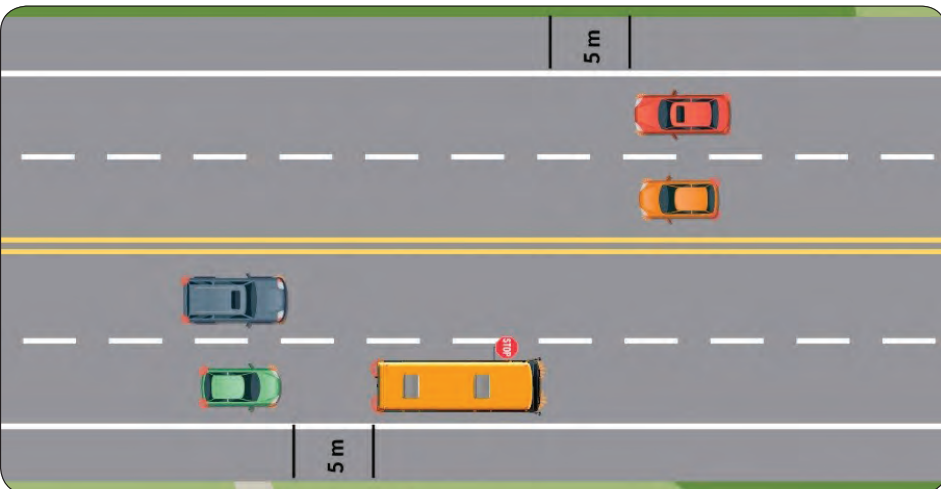
If everyone is getting off the bus, the people at the front leave first. Do not push.

Be familiar with the bus driver's rules for emergencies.

This safety tip was prepared by Public Safety Canada in collaboration with the Canada Safety Council.

SCHOOL PATROLS

Before and after school and at lunch time, you might notice the bright orange safety vests worn by school safety patrol members. These students are trained to help other students safely cross streets and drivers need to follow their directions.



29 Robinson Avenue,
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Lundar RCMP search for missing male



Lyndon McIvor

Submitted by RCMP

On Aug. 27, Lundar RCMP received a report of a missing male from Lake Manitoba First Nation.

Lyndon McIvor, 25, was last seen on August 26, 2023, at 5:30 am, on the Main Road in the community.

He is 6'0", 175 lbs with black hair, brown eyes and a goatee. He was last seen wearing a black long sleeve Puma shirt, khakis, white Nike shoes and often wears a baseball cap.

If you have information on Lyndon McIvor's whereabouts please call Lundar RCMP at 204-762-5678, call Crime Stoppers anonymously at 1-800-222-8477, or submit a secure tip online at www.manitobacrimestoppers.com.

Carlo's Cucina introduces 'The Magnifico,' a real Sicilian burger

To vote for 'The Magnifico' visit: leburgerweek.com Sept. 1-14, 2023

By Becca Myskiw

For possibly the first time ever, an Italian burger like no other is coming to Le Burger Week.

Sandy Hook's Carlo's Cucina is competing in Le Burger Week once again, and owner Carlo Guzzi is confident this year's burger will top his winning one from 2021.

"Honestly Canada has not seen anything in this type of tongue when it comes to a burger format," he said. "It tastes like Italy... It tastes like heaven."

Guzzi has deep Italian roots, his family coming from Sicily. He grew up in an Italian kitchen, complete with eggplant in the fridge and tomato sauce on the stove. Because his heritage is so important, Guzzi decided to pay homage to it with his business and create The Magnifico.

"The only way that I can show my mom and dad's ethnicity is through this burger," he said. "Anyone can make an Italian burger, but you need key components for it to be one of a kind."

The first thing Guzzi knew he need-



PHOTO SUBMITTED

The Magnifico is Carlo Guzzi's take on a Sicilian burger for Le Burger Week.

ed for this burger was focaccia, so Arborg Bakery made specialty focaccia hamburger buns for the occasion. He then added his own tamponata, an Italian relish-like sauce with eggplant, roasted peppers, garlic, white onion and chili flakes. The sweetness from the peppers combined with the spice from the chili flakes is an instant symphony for the mouth, he said.

The Magnifico is complete with a five ounce certified angus beef patty, five slices of soppressata (a dry, Italian salami), Bothwell mozzarella cheese, arugula tossed in olive oil, Himalayan salt, black pepper and a roasted garlic parmesan aioli.

Guzzi, his mom, and a few other family members put their minds and heritage together to come up with each component of The Magnifico. They dissected every flavour and ingredient to craft a one-of-a-kind burger.

"You don't need a thousand components to have a good burger," he said. "You need a good balance."

Because Guzzi's won Le Burger Week once already, he said it'd be nice to see someone else win — but that doesn't mean he wants to lose. Guzzi's a consistent front runner in the annual competition and he's thankful for the support it brings his business.

"I want to win, but I want to be a contender more," he said. "If I can be consistent in being a contender, nothing will stop me."

Le Burger Week is from Sept. 1 to 14 with more than 1,500 restaurants participating across Canada. To learn more visit: www.leburgerweek.com.

Carlo's Cucina is located at 103014 Provincial Trunk Hwy 9, Sandy Hook. Phone: (204) 294-3369

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PC Campaign Office Opening

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Speakers at 5:00

RE-ELECT

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AUTHORIZED BY THE OFFICIAL AGENT FOR DEREK JOHNSON.



fall registration 2023-2024

How to help students choose an extracurricular activity

Extracurricular activities can benefit students in various ways. Academic clubs, sports and volunteer organizations provide students with opportunities to grow as people and make new friends while also teaching kids skills they will use for the rest of their lives.

Many parents are aware that extracurricular activities can help students improve their chances of gaining admission to college. But students who choose the right extracurricular activities will benefit in greater ways than simply strengthening their college applications. The following are a handful of ways parents can help their sons and daughters choose extracurricular activities they can benefit from for years to come.

- Ask kids to jot down their interests. Students are more likely to enjoy and excel at extracurricular activities that align with their existing interests. Ask kids to jot down a list of their interests or anything they might want to try. Youngsters might want to learn a musical instrument even if they have never before taken a course on music. Once kids have listed their interests, look for activities that allow them to further explore those interests. Chances are there is a school-sponsored or community-based club or organization that will align with at least one thing on your child's list.

- Encourage kids to have fun. Kids

are more likely to enjoy and fully commit to an activity if they find it fun. While extracurricular activities can help kids grow as people and improve their image in the eyes of college admissions officers, kids will get even more out of an activity if they enjoy doing it.

- Look for something that won't interfere with schoolwork. Extracurricular activities can look great on a college application, but that benefit is lost if the activity interferes with a student's academic performance. Some activities, including sports, demand more of students' time than others, but make sure kids know that school always comes first.

- Ask around. Ask neighbors or school officials for recommendations to help kids who have tried but failed to find the right fit with regard to extracurricular activities. Sometimes it takes a little trial and error before a child finds an activity he or she is comfortable with. Fellow parents can make great resources, and school officials likely know of a host of clubs and organizations that kids may be interested in.

- Sign up with your kids. If kids are hesitant to sign up for an activity because they are shy, sign up with them. Volunteer organizations are typically family-friendly, and kids might be more likely to come out of their shells if they sign up with their parents or

siblings. As kids grow more comfortable with an activity, they will want to get more involved even if mom and dad don't have the time.

Parents can employ various strategies to help kids find activities they can be passionate about for years to come.



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Government urged to consult public on CPS's Lake Winnipeg sand mine

Over 620 letters protesting the mine submitted

By Patricia Barrett

Camp Morning Star and the Manitoba Energy Justice Coalition are calling on the provincial government to consult Indigenous people and the general public on a silica sand mine that will operate on the east shore of Lake Winnipeg, across from Hecla Island, after getting over 600 letters protesting the mine.

The two organizations organized a letter-writing campaign in the lead-up to an Aug. 25 deadline to voice concerns about a report the government made publicly available in July from Canadian Premium Sands, an Alberta-based mining company.

They're asking the government to revoke the company's environmental license as they say it's unacceptable to proceed without independent environmental studies on possible health hazards that could stem from the mine and without public consultation.

The open pit silica sand mine is near the communities of Hollow Water, Seymourville, Manigotagan and a cottage development.

CPS says in its report that it will take steps to mitigate acid rock drainage, heavy metal leaching and airborne particulate matter.

Wendy Buelow, an ally of the two organizations, helped spread the word a few weeks ago of the letter-writing



Acid drainage from silica sand mining.

campaign and a form letter that was made available to the public.

"Our task is to raise awareness of this mine," said Buelow. "People will be inundated with trucks going to and from the mine and there will be other potential environmental hazards."

The organizations' letter states that CPS's proposed alterations to the operation were approved without holding a public consultation and section 35 consultations. Section 35 is part of Canada's 1982 Constitution Act, which recognizes existing Aboriginal and treaty rights and obliges governments to consult with Aboriginal peoples.

CPS's report introduced new research on particulate matter, acid rock drainage and metal leaching "for the first time," states the letter, as well as the introduction of retention ponds and stockpiles and "no plans" to reclaim 65 hectares that were cleared before a government license was issued.

"The new mining plans are much closer to communities and the lake,



EXPRESS PHOTOS COURTESY OF CAMP MORNING STAR AND MEJC

Members of Camp Morning Star and the Manitoba Energy Justice Coalition planted sold signs on beaches along Lake Winnipeg a few weeks ago to raise public awareness of Canadian Premium Sand's silica mine on the east shore of Lake Winnipeg.

putting people at more risk through the contamination of the air, water, and land situated within metres of the mining operation," states the letter. "These communities will suffer all the destruction for a mere 17 jobs."

The letter goes on to say that the provincial government is still selling cottage lots within a few kilometres of the mine, and that it needs to get public feedback on the establishment of mines near communities, recreational developments and wildlife habitat.

"Manitoba [the government] needs to slow down and consult Manitobans to see if they approve of mines within metres of current communities and cottage developments," states the letter.

Camp Morning Star, a group of peaceful protestors that was formed

in 2019, and the MEJC estimate there will be 160 truck trips a day through cottage country and up Highway 304 on the east side of the lake.

The two organizations said in a joint statement issued last week that over 620 people signed the letter, which asks premier Heather Stefanson and environment and climate minister Kevin Kline to hold consultations on the mine as it will threaten the "survival" of nearby communities, fishers who rely on the lake for their livelihood, cottagers along the east side of Lake Winnipeg and the health of the lake itself.

"Over 600 concerned Manitobans have sent letters to our provincial government in the last few days demanding that the Environmental License for Canadian Premium Sand be revoked until Section 35 Consultations and a public meeting are held," said Shawn Kettner of Manitoba Energy Justice Coalition in the Aug. 25 statement.

Residents and cottages along beaches on the east side of Lake Winnipeg only learned about the mine last weekend, says the statement, after members of the two organizations and other concerned community members planted hundreds of letters supporting the appeal.

MJ McCarron of Camp Morning Star said the government should offer people a chance to voice their concerns about the mine.

"We don't want to see this project that impacts our very way of life and environment for miles around be pushed through without a commitment to an appeal process right before a potential change of government," she said in the statement.



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 Please go to www.interlakephillies.com to pre-register

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 • Saturday, Sept. 9 (3:00 p.m. - 5:00 p.m.)
 • Sunday, Sept. 10 (3:00 p.m. - 5:00 p.m.)

U15 (born 2009 or 2010)
 • Friday, Sept. 8 (5:30 p.m. - 6:00 p.m. ~ pitchers and catchers **ONLY**)
 • Friday, Sept. 8 (6:00 p.m. - 8:00 p.m.)
 • Sunday, Sept. 10 (6:00 p.m. - 8:00 p.m.)

U17/U19
 • Sunday, Sept. 10 (12:00 p.m. - 2:00 p.m.)

Tryouts will be held at Stonewall Quarry Park at Fines Fields. If necessary, rain dates/extra evaluations will be September 15-17 - time TBD. Any questions, contact interlakephilliesmb@gmail.com.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Local baseball players represent Manitoba

Staff

Team Manitoba posted a 4-2 record at the 2023 16U National Girls Baseball Championship in Summerside, Prince Edward Island.

Manitoba closed out the tournament with a dominant 13-2 win over Nova Scotia on Monday.

Team Manitoba led 3-2 and then broke the game wide open with five runs in the fourth and fifth innings to end the contest early due to the mercy rule.

Manitoba started the nationals with wins over Saskatchewan (13-11) and Prince Edward Island (28-18) before losing to Quebec (18-3).

Team Manitoba bounced back nicely, though, to knock off New Brunswick 15-10 before losing to Newfoundland and Labrador 10-0.

The team's roster included Stone-

wall's Ella Holm and Clandeboye's Liberty Aime.

A coach on the team was Roger Langlais of Garson while Kerrie Holm of Stonewall was the team's manager.

Ontario faced Quebec in the final late Monday afternoon but no score was available.

At the 15U Ray Carter boys' championship in Laval, Quebec, Manitoba also finished with a 4-2 record.

Team Manitoba wrapped up the tournament with an impressive 5-0 win over Saskatchewan on Sunday.

Manitoba also posted victories over Alberta (7-3), Newfound and Labrador (7-0), and Prince Edward Island (4-3).

Their losses came against Nova Scotia (2-0) and New Brunswick (6-5).

Manitoba's roster featured West St. Paul's Ronan Tracy.



EXPRESS PHOTOS SUBMITTED

Stonewall's Ella Holm, left, and Clandeboye's Liberty Aime were members of Team Manitoba that competed at the 16U Girls Invitational Championships last weekend in Summerside, Prince Edward Island.

Blue Jays bounced in WSBL playoffs

By Brian Bowman

The West Winnipeg A's were the best team in the Winnipeg Senior Baseball League during the regular season.

They were equally good in the playoffs against the Stonewall Blue Jays.

The A's swept the Blue Jays 2-0 in their Pool "A" best-of-three semifinal series.

The A's won games by scores of 12-4 and 12-7. "They hit the ball really, really well. I thought our pitchers were making good pitches but some days they find a hole and other days they don't," said the Blue Jays' James Stolar. "They definitely found the holes in our series."

West Winnipeg finished in first place during the regular season.

"They are, by far, the best hitting team in the league and they proved it against us in that se-

ries," Stolar said.

Stonewall started off the season 0-4 and a lot of teams would have shut it down. But the Blue Jays battled back to reel off 10 consecutive wins.

That doesn't happen very often in a season.

"We got hot in the middle of the season and cooled off at the end," Stolar said. "Obviously, we would have liked to stay hot right through and get back-to-back championships but it doesn't always work like that."

Stonewall's roster has pretty much stayed the same with the same guys coming back. The Blue Jays had just one new player this season and expect to add a couple of more next year.

Stonewall has had great support from the younger teams. The Blue Jays are very lucky to have the U18 AAA Interlake Orioles and Inter-

lake Blue Jays developing talent in their own backyard.

"The U18 came out and helped us out to win a bunch of games," Stolar said. "Hopefully, next year they can keep coming out. To have the (Interlake Blue Jays) come back, it really saves our program...it's really great for Interlake to push to have more ball teams at the younger ages for us."

A successful team simply cannot succeed without the support of volunteers. Stolar wanted to very much thank Tracy Proctor and Mike Garlinski for their help this past season.

To see more photos of your favourite Interlake Athletes

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RM OF COLDWELL

The Rural Municipality of Coldwell

PUBLIC NOTICE

Public Notice is hereby given under Section 194 of the Municipal Act, that the Auditors Consolidated Financial Report, for the year ended December 31st, 2022 together with related Financial Statements have been deposited in the Municipal Office; and are available for inspection by any person or their agent, during office hours, and that any person or their agent at their own expense may make copies of or extract information from.

Dated this 28th day of August, 2023

Reeve, Virgil Johnson
RM of Coldwell

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RURAL MUNICIPALITY OF GIMLI

UNDER THE AUTHORITY OF THE PLANNING ACT

NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter(s):

THE RURAL MUNICIPALITY OF GIMLI BY-LAW NO. 23-0005

Being an amendment to the Gimli Zoning By-law No. 11-0013, as amended.

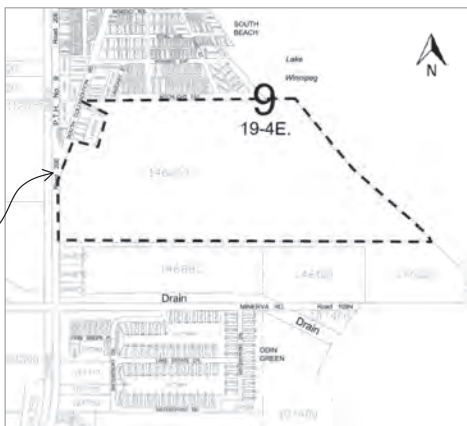
HEARING LOCATION: RM of Gimli Council Chambers
62 - 2nd Avenue
Gimli, MB

DATE & TIME: September 20, 2023
6:00 pm

APPLICATION: RMG-23-03R

AFFECTED AREA: Pt. 09-19-04 EPM Being Pt. of that portion bordered pink on Plan 6710 WLTO
Roll No. 146200

GENERAL INTENT: To rezone an area in the RM of Gimli from "AL" Agricultural Limited Zone to "O" Open Space Zone, for the purpose of the "Gimli Waterfront Wetland Interpretive Centre".



FOR INFORMATION CONTACT: Nancy Thom, CAO/Development Officer, Eastern Interlake Planning District
62 2nd Ave, Box 1758 Gimli MB ROC 1B0 - Ph: 204-642-5478 Fax: 204-642-4061
Email: eipd@mymts.net website: www.interlakeplanning.com

A copy of the proposal and supporting material may be provided upon request to the contact person as mentioned above.

Please Note: E.I.P.D. recommends that property owner's notify lessee/renter if applicable.

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EXPRESS
WEEKLY NEWS
204-467-5836

ANTIQUÉ SALE

Don't miss the big annual Fall JunkWagon Antiques & Collectibles Sale. Everything from old toys, vintage clothing, comics, records, jewelry, rustic, retro, glassware, old advertising, old signs, upcycled and so much more. Saturday Sept 9. Doors open 9 a.m. - 4 p.m. 980 Winakwa Rd. in Winnipeg. \$5.00 per person.

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NOTICE TO CREDITORS

IN THE MATTER OF: The Estate of Joanne Rawluk, late of Gypsumville, in Manitoba, deceased.

All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 4th day of October, 2023. DATED at Stonewall, Manitoba this 25th day of August, 2023. **GRANTHAM LAW OFFICES** Solicitor for the Executor

IN THE MATTER OF: The Estate of Nellie Kuryk, late of Fisher Branch, Manitoba, deceased.

All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 4th day of October, 2023. DATED at Stonewall, Manitoba this 28th day of August, 2023. **GRANTHAM LAW OFFICES** Solicitor for the Executor

EXPRESS WEEKLY NEWS
To advertise call 204-467-5836

HEALTH

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ONLY Sealed written offers will be considered.

Please forward signed offers to the owner's address prior to **September 30th, 2023. Verbal offers will not be accepted.**

Linda Orbanski p/o Box 121 Arborg, MB. R0C 0A0

For further Information you may contact 204-378-0779 or email: lindaorb@gmail.com



Box 280, Fisher Branch, MB, R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

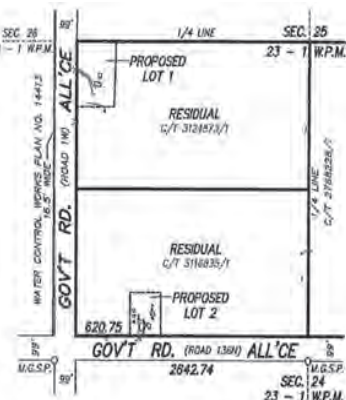
UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

Variance Order 2023-03

The Rural Municipality of Fisher, under the authority of The Planning Act, will hold a PUBLIC HEARING at 30 Tache Street in Fisher Branch, at which time and place Council will receive written or verbal representations from the applicant and any persons who wish to make them in respect to the following application matter: **Application for Variance Order under The Rural Municipality of Fisher Zoning By-law 1055/00.**

Where: RM of Fisher Office, 30 Tache Street, Fisher Branch, MB, 11:00 am
Property Owner: Broad Valley Holding Co. Ltd.
Applicant: Richard Wipf
Proposal: Vary the minimum yard site of the N 1/2 of SW 25-23-IW from the required 80 acres to 74.047 acres and to vary the yard site of the S 1/2 of the SW 25-23-IW from the required 80 acres to 76.887 acres
Zoning:
Area: Current Zone AG

MAP



A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken there from, upon request. For information contact: RM of Fisher Office (204) 372-6393

POWERBEND TIRECRAFT REQUIRES AN AUTOMOTIVE TECHNICIAN

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Monday – Friday, 8:00 – 5:00
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NOTICE OF APPLICATION VILLAGE OF DUNNOTTAR REVISED WASTEWATER RATES DUNNOTTAR WASTEWATER UTILITY

August 8, 2023

The Village of Dunnottar (Village) has applied to the Public Utilities Board (Board) for revised wastewater rates for the Dunnottar Wastewater Utility (Utility) as set out in By-Law No. 978/23, read the first time on May 17, 2023. Rates were last approved in 2018 in Board Order No. 41/18, with current rates in effective since January 1, 2020.

The current and proposed rates are as follows:

	Current Rates	Proposed Rates			
		By-Law - 940/17	By-Law 978/23 Year 1	By-Law 978/23 Year 2	By-Law 978/23 Year 3
Annual Customer Service Charge	\$ 3.40	\$ 2.63	\$ 2.63	\$ 2.63	\$ 2.63
Annual Charge per REU	\$ 516.60	\$ 667.37	\$ 687.37	\$ 707.37	\$ 727.37
1 Residential Equivalency Unit*	\$ 520.00	\$ 670.00	\$ 690.00	\$ 710.00	\$ 730.00
1.5 Residential Equivalency Units*	\$ 778.30	\$1,003.69	\$1,033.69	\$1,063.69	\$1,093.69
2 Residential Equivalency Units*	\$ 1,036.60	\$1,337.37	\$1,377.37	\$1,417.37	\$1,457.37
*Total per annum					

Details of the Village's application are available for review at the Village's office or the Board's office. Any questions concerning the application for revised rates, or the operation of the Utility, should be sent directly to the Village.

If you have concerns/comments regarding the Village's application for water rates please go to www.pubmanitoba.ca and provide your comment. Please note all comments will be forwarded to the Village.

Questions or comments should be sent on or before **October 10, 2023.**

The Board is the provincial regulatory agency that reviews and approves rates for water and wastewater utilities in Manitoba, with the exception of the City of Winnipeg. The Board's review process involves:

- the Utility filing a rate application to the Board,
- a public notification of proposed rate changes,
- the Board's review of the application through a public hearing or paper review process, and
- the issuance of an Order which outlines the Board's decision on the rate application and the rates to be charged.

The Manitoba Ombudsman has privacy guidelines for administrative tribunals. The Board is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the Board advises participants that these proceedings are public and that as a result, personal information protections are reduced.

The Board will then decide whether any further notice is required and whether to proceed with a public hearing or paper review process. All concerns received by the Board will be considered in the Board's decision on rates to be charged.

PLEASE BE ADVISED THAT IN CONSIDERING THIS APPLICATION, THE PUBLIC UTILITIES BOARD MAY OR MAY NOT FIND IT NECESSARY TO DETERMINE RATES DIFFERENT FROM THOSE APPLIED FOR BY THE APPLICANT.

Note: All proceedings will be conducted in accordance with the Board's Rules of Practice and Procedure, which the Board may vary in order to constrain regulatory costs. The Rules are available at www.pubmanitoba.ca.

Frederick Mykytyshyn
Frederick Mykytyshyn

Assistant Associate Secretary
Manitoba Public Utilities Board

RECYCLING NOTICE FOR SEPTEMBER/2023

Riverdale Place Workshop Inc. **will not** be picking up recycling on the below mentioned dates.

Tues. Sept. 12

at Arborg curbside pickup

Thurs. Sept. 14

at Riverton curbside pickup

Tues. Sept. 26

at Arborg curbside pickup

Thurs. Sept. 28

at Riverton curbside pickup

The workshop will be closed on Monday September 4th Labour Day

**Please rinse your containers
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NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES TOWN OF WINNIPEG BEACH

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **28th** day of **September, 2023**, at the hour of **10:00 AM**, at Town of Winnipeg Beach, 29 Robinson Avenue, Winnipeg Beach, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
79500	LOT 3 BLOCK 3 PLAN 850 WLTO EXC THE WLY 10 FEET IN NE 1/4 OF 17-33-4 EPM. - 442 PTH # 9	L-\$24,200	\$3,926.72
171922	UNIT 13 CONDOMINIUM PLAN 21705 WLTO TOGETHER WITH AN UNDIVIDED 4.170% INTEREST IN THE COMMON ELEMENTS AS APPURTENANT THERETO SUBJECT TO ALL ENTRIES SET OUT ON TITLE OF WINNIPEG CONDOMINIUM CORPORATION NO. 236 - 18 HARBOUR VILLAGE PL	L-\$8,500 B-\$125,000	\$10,725.24

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the Town of Winnipeg Beach as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$498.75 (\$475 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 31st day of August, 2023.

Managed by:



Sharon Desiatnyk
Chief Administrative Officer
Town of Winnipeg Beach
Phone: (204) 389-2698
Fax: (204) 389-2019

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Todd
250-864-3521



THANK YOU from Camp Wannakumbac

Thanks to everyone who attended Camp Wannakumbac's 75th Anniversary on Aug. 4-7, 2023 including all the amazing volunteers and Camp participants, Current & Alumni Campers, Counsellors, Staff and families, with appreciation for all the donations and support. You all contributed to our 75th Anniversary event being a huge success. Please continue to support Camp Wannakumbac!

Camp Merchandise is still for sale:
wannakumbac.com

LJI REPORTER WANTED

Neepawa Banner & Press is seeking a candidate with a passion for journalism, a strong news sense, excellent research skills, a creative approach to coverage, a desire to learn and an ability to adapt to rapidly changing situations.

Reporter will have a focus on Municipal Council, School Board and Health Region news. Contract position until March 31, 2024, but may be extended.

Deadline: Friday, Sept 1
Email resume, cover letter, and three references to: Ken Waddell, Publisher Neepawa Banner & Press 204-476-6214 kwaddell@neepawabanner.com

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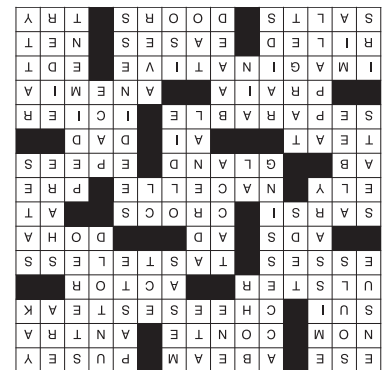
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Crossword Answer

take a break
 > GAME

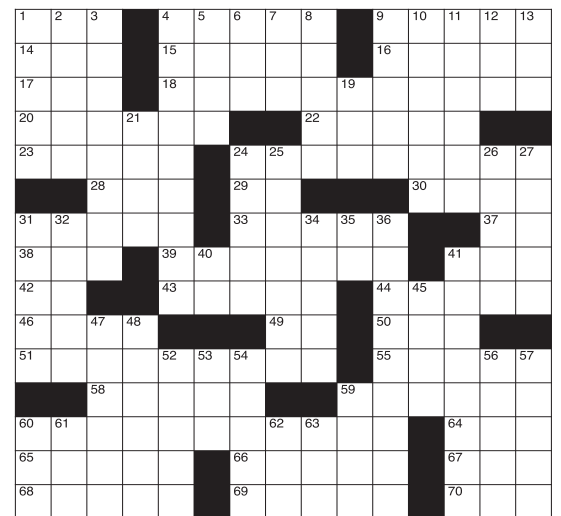
CROSSWORD

CLUES ACROSS

- Midway between east and southeast
- At right angles to a ship's length
- William Penn's business partner
- ___ de plume
- Accomplished soccer coach
- Bone cavities
- ___ juris: independent
- Popular Philly sandwich
- Northern Ireland county
- Performing artist
- S S S
- Lacks flavor
- Commercials
- Anno Domini (in the year of Our Lord)
- Qatar's capital
- Indigenous peoples of Alberta
- Popular footwear
- Indicates position
- Anglican cathedral
- Aircraft part
- Before
- Blood group
- Secretory organ
- Fencing swords
- The small projection of a mammary gland
- Technological advancement

CLUES DOWN

- Occur as a result of
- Spiritual essences
- Representative
- Entering
- Nobel Prize-winning physicist
- Midway between northeast and east
- Consumed
- Tablelands
- Kids' craft accessory
- Not known
- Sound directed through two or more speakers
- A major division of geological time
- Wild ox
- Shock treatment
- Turner and Lasso are two



- Genus of flowering plants
- Relating to ductless glands
- Stock certificate
- Satisfies
- Places to enjoy a rest
- Edward ___, author and writer
- "___ but goodie"
- One hundredth of a liter
- Shabbiness
- TV personality Roker
- Triangular upper part of a building
- Speed at which you

- move
- Offend
- A reference point to shoot at
- Forays
- Biblical city
- Blatted
- Northern sea duck
- Shabby (slang)
- Allege
- Tax collector
- Whereabouts unknown
- Chinese philosophical principle
- Indicates equal



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CARD OF THANKS

Barb Sawa – Thank you for celebrating Barb's wonderful life, those who were present and those who could not attend. She is in all of our hearts. We were blessed with a beautiful day for our beautiful Barb.

-From the
Sawa/Arnason/Sylvester
families

CARD OF THANKS

We would like to extend our sincerest appreciation and gratitude for everyone who attended our 50th wedding anniversary celebration at the Winnipeg Beach Legion August 19th. We had a wonderful time visiting and reminiscing. A special thank you to the Lorraine, Helen, Bev and Olga at the Legion, along with the legion ladies who assisted with the lunch.

-Don and Colleen Borlase

The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836

ANNIVERSARY



Celebrating 65 years together
Happy Anniversary
Victor and Ellenor Harper

-Love
Todd, Susan, Jessica, Meagan and Robin
and your great-granddaughter Harper

OBITUARY

Doris Mae Einarson

November 13, 1944 - August 21, 2023

Peacefully, on August 21, 2023, with family by her side her last few weeks, our beloved Doris left us.

She will forever be loved by her daughter Sherri (Tony); son Jeff (Kim); and her grandchildren who will miss her immensely, Wade, Alida (Ian) and Aidan.

She was predeceased by her beloved husband of 52 years Oli; precious granddaughter Thora; parents, Kate and Mundi Gudmundson, and her in-laws, Olafur and Disa, along with her siblings.

Doris was born in the Gimli Hospital and was the second last daughter. She was surrounded by eight siblings. Doris became a mom for the first time in 1964 and then completed her family in 1965. She stayed home with the kids and was a home maker for all of them and was hands down the best cook! Amma worked at Co-op, and with family ran the Arnes Cottage Inn. Her best role came in 1992 when she became an Amma. Amma made every single occasion special, she was always thinking of activities to keep us busy, you never left her house bored or hungry. She was the best Amma and loved us unconditionally.

In 2016 she was diagnosed with cancer and underwent treatment which took a toll on her health. She cherished her time in Gimli and was sad to say goodbye to her place there, but quickly learnt that the move to the Arborg assisted living centre would be perfect. She was reunited with siblings, able to be independent with support.

Amma lived a very full life and knew it was time to go so she could become our guardian angel. We will always find ways to remember her whether it's in music, cooking, canning, gardening, crafting, shopping, and being with family she will always be with us. Huge thanks to the staff at HSC, Selkirk Hospital, Arborg assisted living, and all her home care workers.

As for Doris's wishes, cremation has taken place and there will be no formal service. Interment will take place later with her family.

Goda Nott Amma, we love you.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



Your memory will live forever Engraved within our hearts

OBITUARY

Michael Gordon Gingrich

April 22, 1961 – August 22, 2023

It is with deep sorrow and much love that we mourn the passing of Micheal Gordon Gingrich. Surrounded by his family on August 22, 2023, Michael passed away at the Gimli Community Health Center at the age of 62 years.

Michael is survived by his daughter Megan Reid (Kyle Telford), son Ethan Gingrich, granddaughter Meilya Telford and his loyal service dog Kalea; siblings Gayanne Prise, Jane Schoonmaker (Les), and Heidi Gingrich (Dan); nieces and nephews Russell, Abby, Ian, Devan and Felicia, their partners, and families; many aunts, uncles and cousins; along with the mother of his children Hope, former son-in-law Paul, and former brother-in-law Sandy. Michael was predeceased by his parents Gordon Gingrich (Maryanne) and Betty Gingrich, and an infant sister.



Mike was well respected in the EMS community working as a paramedic, educator, and mentor for over 20 years in Gimli, Churchill, and Altona, as well as a flight medic out of Churchill and the South Air Ambulance Pilot Project. He was a volunteer firefighter and dedicated member of the Manitoba Paramedic Honour Guard. In every role Mike consistently demonstrated compassion, care, and duty to the communities that he served.

Over the last number of years Michael battled many health issues. The family would like to thank the Boundary Trail and Gimli dialysis units, the nurses and staff at the Gimli Community Health Center and his homecare workers for their care and compassion.

Cremation has taken place and a Celebration of Life will be held at the Gimli Lutheran Church on Saturday September 9, 2023, at 11:00 a.m.

Donations in Michael's honour can be made to the Kidney Foundation of Canada, Manitoba Chapter, or a charity of your choice.



204-949-2200
Gimli 204-642-7124
neilbardalinc.com

OBITUARY

Lilja "Lil" Jeffers

On Wednesday, August 10, 2023, Lilja "Lil" Jeffers passed away at the E.M. Crowe Hospital in Eriksdale at age 93.

Mom grew up on the family farm in Lundar. She met Hazen, married in 1948 and moved to Eriksdale. Together they worked as a team, building a loving home and being the best parents any child could wish for.

Lil leaves to cherish her memory her five children: Cliff (Kim), Tim (Linda), Dawn, Mike (Tracy), Mark (Nicole); 10 grandchildren: Evan, Tyler (Natalie), Matthew (Alison), Shannon (Mike), Ben, Chris, Dylan, Erinn (Jason), Kevin and Kyle; six great-grandchildren: Everly, Fraya, Hazen, Dmetrius, Thomas and Grace; sister Thelma and brother Ernie as well as many nieces and nephews.



Mom had been an active member of the Eriksdale United Church all her life. She took pride in everything she touched whether it was her home, garden or craft projects. She sewed numerous dresses, including bridesmaid dresses, and made quilts for each family member. Above all, Mom loved her family and enjoyed when they'd stop in for visits. You could always be sure that the cookie jar was filled with Grandma J cookies. Mom was a very intelligent woman. At 93, she was still up on current events and could be counted on for sound advice.

The family wishes to thank the EMTs, staff at Ashern, Grace, HSC and Eriksdale hospitals for their compassionate care of Mom and John and Karen Gray of Arnason Funeral Home.

A private family interment will be held at a later date.

Mom lived as she died, without much fuss or bother. Rest in peace Mom, and say hi to Dad.

Arrangements by:

ARNASON FUNERAL HOME
Ashern - Lundar
1.204.768.2072
1.866.323.3593

OBITUARY

Lynda Ann McMurachy

Peacefully on Wednesday, August 23, 2023 in Winnipeg, MB, Lynda McMurachy, aged 77 years, of Riverton, MB, beloved wife of Brendon, passed away.

Full obituary to follow.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



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Pre-register by Wednesday September 20th.
Location is 234 Tudor Lane in the Gimli Industrial Park.
Contact the Transportation Office at 204-642-6263 to register.
Bring a lunch.

FREE 3-DAY TRAINING SESSION HELD ON
Saturday September 23rd 9am – 5pm
Sunday September 24th 9am – 5pm
Monday September 25th 5pm – 9pm
Dress for the weather for outdoor components.

Please bring your own lunch for each of these days and we hope to see you there!

OBITUARY

Carl Simonson



Peacefully on August 22nd, 2023 with family by his side, Carl passed away at the age of 91 at Deer Lodge Centre in Winnipeg.

Left to cherish his memory is Edie - his wife of 68 years, daughters Carol (Tommy) and Donna (Wes) grandchildren Scott (Jenilee), Heather (Chris), Nelson and Joel (Kylee) and great-grandsons Beck, Brody, Ryder and Loudon. Also survived by brother Ted (Joy), sisters and brother-in-law Peggy, Betty, Isla, Elaine and Larry.

Carl was predeceased by his parents Torger and Martha Simonson, siblings Viola, Gordon, Astrid, Gary, Doug, Dorothy and Lloyd, his in-laws Harry and May Hagborg and many brothers and sisters-in-law.

He grew up on the farm in Woodlands, leaving home at a young age to find work. Carl joined the Canadian Army and served in the Korean War. He then entered into a long career with the Winnipeg Fire Department. He was instrumental in the formation of the Rosser Volunteer Fire Department. His accomplishments gave him an immense sense of pride.

He married Edie in 1954 and raised their family in Winnipeg and then Meadows. They later moved to Grosse Isle, and finally their retirement in Gimli. They loved to travel and enjoyed many winters in Arizona. Their home was the gathering place for many occasions, always welcoming friends and family with great hospitality.

Sincere thanks to those that helped the family over the past years - Dr. Adegbesan, Homecare, Gimli Hospital and Veterans Affairs, and the amazing staff at Deer Lodge who took exceptional care of him during the last year.

A Celebration of his Life will be held at the Grosse Isle Recreation Centre on September 5th at 1 p.m.

If friends so desire, donations can be made to Gimli New Horizons, Box 1821 Gimli R0C 1B0;

Grosse Isle Heritage Site, Box 34, Grosse Isle R0C 1G0; Deer Lodge Centre Foundation, 2109 Portage Ave, Wpg R3J 0L3 or a charity of your choice.



204-886-0404

OBITUARY

Alfred Meisner

January 15, 1935 – August 22, 2023



Dad passed away peacefully at the Lakeshore General Hospital with his family at his side. He was predeceased by his parents Emil and Emma Meisner and wife Erma (Nachtigall).

Dad will be greatly missed by his wife Rosemary; his five children Debra (Peter – deceased), Doreen (Hap), Bruce (Lorissa), Dean (Carla), Gary (Anna); stepchildren Pam (Sean), Kevin (Shiva); special friend Linda (Bill); grandchildren Victoria, Tracy (Derek), LeeAnne (Ian), Julie (Johnathan), Adam, Kayla (Jon), Jennifer (Marley), Rylee (Jarrett), Ryan, Amanda, Robert and Chanel; great-grandchildren Anita, Mikehla, Cassandra, Peter, Aiden, Keira, Dreyra, Tessa, Chace, Vance, Callie, Cole and Nathan.

Dad was #10 of 17 children and is survived by one sister Myrtle Iverson.

Dad was born on the farm in Bayton District. When he left the farm he briefly worked at various jobs in Winnipeg until 1956 when he married Erma and they moved to Balmertown, Ontario. There he worked in Campbell Mine for 35 and a half years. While there he was a proud member of the Mine Rescue in which he was the captain. Approximately the last 10 years of his mining career he was shift boss. In addition to his mining career he did a substantial amount of carpentry work in the Red Lake District as well as building a house for his family.

When he retired in 1991 he and Erma moved back to Moosehorn where he built his retirement home and continued his passion for gardening until he passed.

A couple years after Erma passed he decided one was a lonely number. He married Rosemary Barr and they had 23 wonderful years together. Dad was an active member of Christ Lutheran Church in Red Lake as well as Peace Lutheran Church in Moosehorn.

A Funeral Service was held at 2:00 p.m. on Wednesday, August 30, 2023 in the Peace Lutheran Church, Moosehorn, MB with Dawn Tober officiating. Interment was held in the Peace Lutheran Cemetery and a luncheon followed in the Moosehorn Community Hall.

The family wishes to thank the nurses and staff at the Lakeshore General Hospital for their compassionate care, Dawn Tober, Marlene Meisner, Greg and Kim Ostafichuk for their relentless help and support over the years and many others too numerous to mention. Also, a special thank you to John and Karen Gray for going over and above with their caring love and support.

In lieu of flowers, donations can be made to Peace Lutheran Church, Box 68, Moosehorn, MB R0C 2E0, Lakeshore Hospital Guild, Box 1, Ashern, MB R0C 0E0 or a charity of your choice.

Arrangements by:

ARNASON FUNERAL HOME
Ashern - Lundar
1.204.768.2072
1.866.323.3593

OBITUARY

Lillian May Lee (nee Lawrence)

September 29, 1932 – August 23, 2023

Peacefully with her daughters at her side, Lillian Lee passed away at the age of 90 years at the Lundar Personal Care Home.

Cremation has taken place and a graveside memorial service will be held at 1:00 p.m. on Saturday, September 16, 2023 in the St. Cuthbert's Cemetery (Lily Bay).

For your comfort, please bring a chair for the service and the luncheon to follow.

Arrangements by:

ARNASON FUNERAL HOME
Ashern - Lundar
1.204.768.2072
1.866.323.3593

Announcements **Classifieds**

OBITUARY

Bruce Hampton Hodge

January 22, 1960 - August 18, 2023



It is with broken hearts we announce the sudden passing of our dear husband, father and Gramps, Bruce Hampton Hodge, with his family by his side on August 18, 2023, at the age of 63 years. Bruce was born on January 22, 1960, in MacGregor, MB, to his parents Beech and Gladys Hodge.

He was predeceased by his mother and father; brothers Donnie, Dennis, and Jerry; sisters Florence and Laurel; mother and father-in-law, Oskie and John; sister and brother-in-law Pat and Dori.

Left to mourn is his wife Darlene; kids Troy (Lindsay), Shaylee (Scott) and Aubrey (Will); grandchildren Piper, Carter, Raelynn, Gunnar, Freyja, Taze, Brody and Deacon; his dogs Luna and Daisy; sisters Linda (Stanley), Edith, Sandra, Diane (Wayne) and brother Keith (Linda), and numerous nieces and nephews.

Bruce later moved to Winnipeg and got his first jobs at a mattress company and a feed mill. After a few years of hanging out in the big city, Gramps found his way to good old Riverton, MB where he met the absolute love of his life. Rumour has it that Mom lured Gramps to The Other Place by promising coffee and baked treats; suddenly he was hooked! Bruce loved spending his time with his eight grandchildren, always taking them outside to the clubhouse he lovingly built for them in the back bush, for lawn tractor rides, bike rides, doing yard work, and snuggling on the couch watching mechanical tutorials.

Bruce always had a passion for gardening and dreamed of one day being able to farm his old homestead in MacGregor. He loved to tinker on his old truck in his garage with the wood stove roaring and the Irish music cranked. Gramps and Mom often enjoyed taking car rides together, drinking coffee on their deck, and spending time with their beloved dogs and grandchildren.

A celebration of life will be held Saturday, September 2nd, 2023, at 1:00 p.m. in the Riverton Community Centre.

The family would like to thank the ambulance attendants, the nurses and doctors at Health Sciences Centre, and Dr. S.V. Patel.

Goodnight Honey, I love you.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



OBITUARY

Steve Nagy



After a heroic battle with pancreatic cancer, Steve Nagy passed away 20 August, at Gimli Health Centre; his wife Christine and daughter Amanda by his side, and son Geoff, enroute. Originally diagnosed in 2018 and given less than a year to live, we were blessed with more than five years together. We cherished every single moment of it. He was so loved, and he took our hearts with him. ❤️

A funeral service was held on Tuesday 29 August at St. Michael's Parish, with Father Stan Gacek presiding.

Thank you to an incredible team of Health Care Providers: Dr. Michael McKay, Dr. Christina Kim, Dr. Sarah Blleloch, (Sandy, thank you for working your magic every time more tests were needed!), CancerCare Manitoba, the compassionate health care workers at Gimli Health Centre, and the exceptional paramedics who treated

Steve with compassionate, gentle care in our times of need. And, of course, Karen Rees, for her guidance and wisdom over the years. Thank you all!

Steve was predeceased by his mother Kathleen (Balasz) and Steve's sister-in-law Ann (Curry); in-laws Walter and Mary (Chapski) Skally, and sister-in-law Susan Skally. He's left behind, with broken hearts, his wife Christine (Skally), children Geoff, and Amanda (Amy) and grandson Wylder. Also mourning Steve's passing are his father Laszlo and brother Les.

To honour Steve's memory, donations may be made to The Gimli Humane Society (he loved his fur-babies), CancerCare Manitoba (to find a cure for this horrific disease), and The Dolly Parton Imagination Library (because he strongly believed every child should be gifted with a love of reading)!

If I can't hear your heartbeat, you're too far away

~Jeff Thomas

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



OBITUARY

Alfred Arthur Nast

May 1, 1943 – August 25, 2023



Alfred Arthur Nast passed away peacefully, surrounded by family on August 25, 2023.

Graveside service will be held on Friday, September 8, 2023, at 1:00 p.m. at Oak Point Cemetery, followed by reception at 2:00 at Oak Point Hall.

May his memory be carried forever within us.



MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • info@mackenziefh.com

OBITUARY



Duane Johannes Bartholomew
May 11, 1966 – June 18, 2023

Duane passed away peacefully in his home in Winnipeg, Manitoba after a lengthy illness. He grew up in Teulon with his loving family, his parents, Sandi and Chris Bartholomew, his brother Dean (Carrie), and his sisters, Debbie (Bruce), Denise (Ron) and Dawn (Curtis) and their families.

Many fondly remember him as an intelligent, charismatic man who loved music and had big dreams. He was always entertaining his siblings and friends. Duane shared a very special bond with Dean and his family, and it was rare to find one brother without the other. His passionate, infectious energy and ability to connect is made evident by the many people who have reached out with their remembrances, love and support. It is more appreciated than you'll ever know.

Sadly, we must also remember Duane's struggles living in an imperfect world. Duane was a respected member of the Point Douglas community where many recognized his genuine nature and his desire to improve things for others around him. People enjoyed his dry wit and sense of humour and looked forward to his company.

We would like to recognize the kindness of those who took the time to know Duane, especially those very special few who were able to reach a part of him that was accepting of help. Thank you, Peter McMullen from the Lighthouse Mission, Kathy Majowski at HART, and Samantha McLean at Mount Carmel Clinic. With your support, Duane had a community that was his home, both physically and emotionally. Thank you for being human and kind.

We love you, Shorty.

Announcements



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OBITUARY



Brant Erickson

Brant passed away on August 25, 2023 in Gimli surrounded by his family, following a diagnosis of early onset Alzheimer's Disease 6 years ago.

He is survived by his beloved children Jessica and James. He is also survived by his loving siblings Lynne (Otto), Craig (Michelle) and Kim (Darren), and many nieces and nephews and great nieces and nephews.

Brant lived in Winnipeg for most of his adult life, moving home to Riverton where he was close to family and made many new connections. As the disease progressed he moved to Gimli Betel where he found a whole new family of caring people. He will be greatly missed by all of us who loved him and celebrate his release from the indignities of this disease.

Please consider a donation in his memory to the Alzheimer's

Society of Manitoba.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



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Kay Bergman, Arborg.....	\$2,229.00	Henry T. Friesen, Arborg.....	\$1727.95	Cornelius Weins, Arborg.....	\$59.00
William & Ethel Brown, Gimli.....	\$5,000.00	Jocelyn & Tony Hayka, Arnes.....	\$749.00	Roger and Christine Abuda, Arborg.....	\$849.00
Leona Cochran, Koostatak.....	\$499.00	Carl Johnson, Riverton.....	\$499.00	Will & Shelly Ashley, Arborg.....	\$193.98
Ivan & Christine Fridfinnson, Arborg.....	\$737.10	Darryl & Jeanette Lazarok, Poplarfield.....	\$599.00	Darryl and Doris Bear, Peguis.....	\$2,647.00
Jocelyn & Tony Hayka, Arnes.....	\$949.00	Jason Loewen, Arborg.....	\$59.90	Dwight Dilts, Stonewall.....	\$1,828.00
John Hudyma, Fraserwood.....	\$599.00	Janet Porth, Gimli.....	\$1759.00	Lil Firman, Gimli.....	\$2,068.00
Alex Klimchuk, FisherBranch.....	\$575.00	Candace Sigurdson, Riverton.....	\$499.00	Ruth Kennedy, Arborg.....	\$54.99
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Claudia Krawchuk, Fraserwood.....	\$499.00	Della Sinclair, Koostatak.....	\$1599.00	Bjani and Elaine Martinson, Riverton.....	\$399.00
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Frank Reimer, Arborg.....	\$658.00	Doreen Steg, Camp Morton.....	\$1,474.50	Walter and Charlene Stevenson, Peguis.....	\$154.98
Dave & Eileen Shott, Arborg.....	\$98.00	Darlene Jonsson, Gimli.....	\$529.00	Renate Van Der Molen, Eriksdale.....	\$1,632.10
Fern & Phillip Sinclair, Peguis.....	\$279.00	Luwana Brandt, Riverton.....	\$1,799.00	Al and Gloria Wiebe, Poplarfield.....	\$152.94
Phillip Thorkelson, Arborg.....	\$599.00	Linda Williams, Peguis.....	\$339.00	Irene Zazulinski, Fraserwood.....	\$279.00
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Bev Webb, Fisher Branch.....	\$129.00	Patricia McCallum, Gimli.....	\$569.00	Duane Loewen, Arborg.....	\$199.59
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Barb & Menno Friesen, Riverton.....	\$559.00	Jerriline Smith, Peguis.....	\$1227.00	George and Mary Lywak, Koostatak.....	\$629.00
Pat Dudrak, Arborg.....	\$499.00	Sandra Jonasson, Arborg.....	\$549.00	Lorna Friesen, Arborg.....	\$599.00
Mary Dunlop, Gimli.....	\$109.00	Melissa & Jeff Abuda, Arborg.....	\$5,339	Teddy Ferkel, Sandy Hook.....	\$699.00
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Donna & Ray Andert, Gimli.....	\$899.00	Darlene Jonsson, Gimli.....	\$359	Ruth & Steve Macduff - Gimli.....	\$868
Will Ashley, Arborg.....	\$479.00	Ruth Kennedy, Arborg.....	\$549	Christine Loff - Riverton.....	\$399
Jake Barkman, Riverton.....	\$619.00	Renita Muzyka, Arborg.....	\$388	Thomas Pardoski - Stonewall.....	\$399
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Elaine Bolter / Geoff Crew, Sandy Hook.....	\$999.00	Amanda Unger, Riverton.....	\$799	Louise Barylski - Arborg.....	\$1,128
Karen Dzaid, Arborg.....	\$499.00	Evelyn Wallach, Poplarfield.....	\$899	Arnold & Shirley Jonasson - Arborg.....	\$969
Natalia & Roger Eyoifson, Riverton.....	\$1638.00	Judy Wells, GrandePointe.....	\$119	Eric & Stella Funk - Gimli.....	\$889
Randy & Glenda Forster, Hodgson.....	\$1898.00	Lynn Bear, Peguis.....	\$239.00	Donna Dolphin - Arnes.....	\$515.65
Perry & Genni Hibbert, Arborg.....	\$479.00	Hazel Brunen, Eriksdale.....	\$729.00	Maureen Blandford - Arborg.....	\$79
Kris & Begga Johannesson, Riverton.....	\$939.00	David Chudy, FisherBranch.....	\$1,499.00	Christina Asham - Peguis.....	\$2,007
Rick & Sheila Johnston, Arborg.....	\$349.00	Susie and Brian Eyoifson, Riverton.....	\$528.00	Julia Penny - Winnipeg.....	\$549
Donna Jonasson, Arnes.....	\$399.00	Nelson Hudson, Koostatak.....	\$629.00	Rita Kirkness - Koostatak.....	\$2,897
Jeanette Kist, Gimli.....	\$121.87	Larry and Valerie Kornelsen, Arborg.....	\$799.00	Kassidy Brooks - Peguis.....	\$668
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John & Tina Kornelson, Arborg.....	\$689.00	Rita Milne, Gimli.....	\$1,327.43	Barry McKay - Fisher River.....	\$499
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Thomas Kowalchuk, Fraserwood.....	\$499.00	Sheila Murdoch, Koostatak.....	\$1,018.00	Leonard & Donna Gulay - Arborg.....	\$669
Edward Penner, Arborg.....	\$619.00	John Otto, Ashern.....	\$1,829.00	John & Carol Pelkau - Arborg.....	\$49.99
Keith Poleschuk, Arborg.....	\$2082.00	Gwen Adams, Matlock.....	\$1499.00	Jan Lardner - Sandy Hook.....	\$2478
Curtis Spence, Hodgson.....	\$479.00	Buddy Chudy, Fisher Branch.....	\$1298.00	Adrian & Allan Koblun - Arborg.....	\$53
Tanya & Lyle Thorgilsson, Lundar.....	\$329.00	Dave Crate, Koostatak.....	\$529.00	Linda Annason - Gimli.....	\$69.99
Nancy Woychystyn, Arborg.....	\$768.00	Frank Dziedzic, Stonewall.....	\$859.00	Olga Persoage - Teulon.....	\$54.99
Mathew & Gemma Avison, Arborg.....	\$219.00	Heather Fedorchuk, Gimli.....	\$1119.00	Donna Kirby - Eriksdale.....	\$728
Raymond Bazinet, Eriksdale.....	\$389.00	Ilean Haldane, Winnipeg Beach.....	\$1979.00	Daphne Grier - Riverton.....	\$949
Lynn Bear, Peguis.....	\$1,044.00	Catalina Janzen, Arborg.....	\$709.00	William Whiteway - Arnes.....	\$1899
Ken & Linda Cherepak, Arborg.....	\$49.01	Joan Krulicki, Arborg.....	\$1126.99	Fred Finsson - Hnausa.....	\$319
Debbie Deveau, Eriksdale.....	\$249.00	John Logan, Teulon.....	\$439.00	Dawn & David Sul - Arborg.....	\$2118
Dorothy Dubchak, Gimli.....	\$899.00	Todd and Lisa Mazur, Fisher Branch.....	\$72.40	Oliver & Florence Flett - Peguis.....	\$759
Sid & Beatrice Dueck, Arborg.....	\$569.00	Jason and Sarah Naylor, Arborg.....	\$1328.99	John & Dorianne Jones - Arborg.....	\$1189
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Brenda Kayer, Teulon.....	\$399.00	Sharon J. Bear, Peguis.....	\$399.99	Victor Unruh - Arborg.....	\$2898
Wayne & Kathy Kristinsson, Arborg.....	\$499.00	Sophie Bristow, Gimli.....	\$49.00		
Jeff Melsted, Gimli.....	\$120.00	Susan & Greg Brown, Lundar.....	\$1,713.00		

A NOTE TO OUR CUSTOMERS
Due to the nature of this sale, we felt a brief explanation is essential.
At closing, 5 p.m. Sat. Sept. 30th we will tally the 20 days of paid sales and divide by 20 to get the average daily sale. The day which is closest to this daily average, without going over it, will be the day which ALL qualifying purchasers will receive their purchase amount back, taxes excluded.
In the case of credit card (Smitty's, Visa, Mastercard) purchases, we will issue a credit immediately.
Every item in stock will be included in the sale. No exceptions - clearance, damaged, discontinued, even new arrivals: furniture and appliances.
We would like to thank you for your support, especially in these challenging times. This is our opportunity to give back by awarding one whole day for free.
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• All sales must be paid in full to qualify for this sale.
• Visa, Mastercard or Smitty's Credit Cards accepted.
• Sale Starts 9 a.m. Tues., Sept. 5th and ends Sat., Sept. 30th, 5p.m.
• All purchasers on free day will be notified and receive their full refund by Friday, Oct. 7, 6p.m.
• All sales tallies and free day will be verified.
• Commercial sales excluded in tallies and free day.
• All taxes excluded in tallies and refunds.
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GRAND TOTAL TO DATE \$311,945.80



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