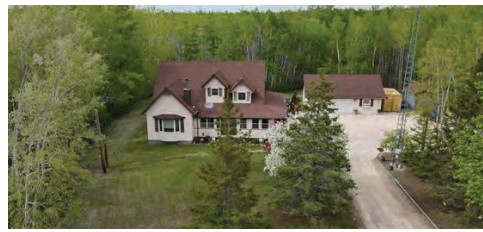


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Taking flight

Interlake Brewing co-founders Graeme Mclean, left, and Kristin McCary at the Birds and Beer Flights tapped their first keg and served beer to customers for the first time in 2021. They are returning to the sold-out event for the fourth year in a row.

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Birds and Beers Take Flight at Oak Hammock Marsh

By Stephen Burns

Interlake Brewing co-founders Kristin McCary and Graeme Mclean tapped their first keg of Rainy Daze Earl Grey Wheat Ale four years ago at Oak Hammock Marsh.

The married couple, and owners of the Interlake's only craft brewery, will be returning to where it all began at Birds and Beer Flights on Aug. 29. The event gives beer-lovers a chance to sample products from up to 22 local breweries and take in the nature around them by observing the start of migration season for geese at Oak Hammock Marsh.

"It's a sentimental event for us," McCary, the chief marketing officer for Interlake Brewing said. "This event was the first time people met us and tried our products so it's very special. They were truly trying the first product from a brand-new local company."

"This event definitely jumpstarted things for us; it's almost like an anniversary," Mclean, the chief executive officer and brewmaster, added. "It was our first step into the industry. I don't even think we had cans on the market yet."

Both McCary and Mclean have historical and familial ties to the Inter-

lake area. They relocated to Gimli with their young family about three years ago, a year after starting the company. While they considered starting their brewpub in the big city, they decided to keep it close to home.

"We love the lake and realized that if we were going to do this in Winnipeg, we wouldn't be able to go to the lake ever again," Mclean said. "We eventually found a space in Gimli on 1 Avenue, thought it would be a perfect fit for this business model, and decided to go for it."

"We have a young family now and wanted to set down roots," McCary added. "We love that we have this and also access to family and nature."

At this year's Bird and Beer Flights, Interlake Brewing will be serving Sunny Days (Earl Grey lemon ale), Hoppy Pelican (dry hopped pale ale), Wild River (wild rice red ale) and Day Tripped (rye IPA.)

Oak Hammock Marsh marketing and communications co-ordinator Jacques Bourgeois said the event has been a hit since it started in 2018.

"The setting makes it completely unique. It's out in nature, and it's very wide open. You can walk along the boardwalk or the trails and watch



EXPRESS PHOTO SUBMITTED

Beer-lovers flock to the courtyard of Oak Hammock Marsh to sample beers from Manitoba's diverse craft brewery scene in 2023. This year's sold-out Birds and Beer flights is on Aug. 29.

the geese while sampling some amazing beers from local breweries," Bourgeois said.

"We sold out in under 48 hours this year despite more demand for tickets, which is a good problem to have."

Bourgeois says the laid-back nature of the event is something both vendors and attendees appreciate.

"People tell us it's their favourite event of the year. It's very casual, and

a heavy emphasis is placed on sampling beers rather than over-indulging," he said.

"It's also sponsored by the Drink-Sense program, so we also have tickets for non-drinkers or designated drivers who can sample some non-alcoholic options."

That aspect of the event also appeals

Continued on page 5



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Flashback... Winnipeg Beach in the early days

By Lana Meier

In the early 1900s, ritzy hotels lined the main street of Winnipeg Beach. Piers, parks and picnic grounds were constructed to accommodate the weekend masses travelling to Winnipeg Beach from the nearby capital city. By 1913, the summer retreat had become so popular that the CPR had 13 trains running the line between the beach and the City of Winnipeg. The famous Moonlight Special returned to the city at midnight every Saturday for 50 years. The round-trip fare was only fifty cents. A board walk took strollers along the beach to the carnival concessions and cottages. A wooden roller coaster was one of the largest in the country at the time and carried hundreds of passengers on a busy day. The Pavilion housed a 14,000-square-foot dance floor, reputed to be the largest in Western Canada.

"My first visit to Winnipeg Beach was with my Dad (Ben). He took me to the beach house, where we rented bathing suits. They were the one-piece old-fashioned style. I was seven at that time, and I remember the beach being crowded," said Ben Holyk.

Holyk remembers his second visit when he was about 10 years old. He was visiting his cousin Mary Sutyla in Winnipeg. They were taking the train to Riverton, stopping at Winnipeg Beach for a couple of hours, so Mary and her friend could attend the dance at the Winnipeg Beach Dance Pavilion while Holyk waited in the railway station. Holyk thinks he remembers Don Messer & His Islanders playing.

"As a teenager, I would drive to Winnipeg Beach from Riverton to do the rides on the boardwalk, and I also ventured on the roller coaster a couple of times," said Ben Holyk. "Mostly I would come as to roller skate at the Pavilion as the dances were less frequent. I guess I became a regular customer for they rented me the same skates each time I came."

In his later years, Holyk often stopped at the storefront restaurant for a hamburger and chips on his way home from Winnipeg.

The romance of Winnipeg Beach began to wane during the 1950s, and although the beach itself still remained a popular destination, the amusement park was permanently closed in 1964.



Empress Hotel built by CPR in 1909 was destroyed by fire in 1920

EXPRESS PHOTOS SUBMITTED BY BEN HOLYK

The Empress Hotel built by CPR in 1909 was destroyed by fire in 1920.

Continued on page 8

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Vibrant display of flowers, a reminder of community spirit and kindness

By Becca Myskiw

Bright colours, fragrant blooms and the warmth of community spirit filled the air at the Ashern personal care home last week. Thanks to the dedicated members of the Lakeshore Hospital Guild, residents were treated to a delightful surprise: vases brimming with flowers grown right from their own gardens

For the past few years, the Lakeshore Hospital Guild has been bringing vases of fresh flowers to the Ashern PCH residents each August. Each flower is grown and cut from guild members' gardens, all raised with love and care.

"We all garden and we all have flowers," said Shelley Bjornson of the Lakeshore Hospital Guild. "We thought we'd take the opportunity to share them with the personal care home."

So, earlier this month, Guild members took a morning to get together and fill 20 vases with flowers they'd grown. There were pink levators, yellow sunflowers, hydrangeas, marigolds, annuals and greenery from perennial gardens. Then the guild members went to the PCH as the residents went for lunch, greeting them

with a cart full of all their flowers.

Bjornson said the residents were thrilled with the delivery, some noting the beauty of the flowers and the brightness they bring to the PCH. After the delivery, guild members stayed to visit with the residents, too.

"It makes us feel good and it makes them feel good," she said.

Darlene Hargot, recreation co-ordinator for the Ashern PCH, said the annual flower delivery is received extremely well every year, the small gesture making residents' days. Hargot noted most residents don't have family visiting that often, so getting a visit of any kind brightens their days.

"It cheers them up," she said. "Seeing flowers on their table ... it's a nice way to have a table setting while they're eating their meals like they did back then in their homes."

Each vase of flowers was put in an Ashern PCH resident's room. A couple of non-scented flower vases are in the PCH dining room as well.

"It's nice that [the guild] started this," said Hargot. "I hope they keep it up."

Bjornson said the idea to make bou-



EXPRESS PHOTO SUBMITTED

The Lakeshore Hospital Guild members recently made and dropped off 20 flower bouquets to the Ashern PCH. Pictured left to right: Leanne Arnason, Stella Sveistrup, Linda Johnson and Shelley Bjornson.

quets and drop them off initially came from another community that did it. This year marks the Lakeshore Hospital Guild's third year of doing this, and Bjornson said the guild has no plans to stop.

On Sept. 4, the Lakeshore Hospital

Guild hosts an appreciation barbecue for all medical staff and the construction crews working on the hospital expansion. The guild will provide hot dogs, cookies, drinks and more for more than 100 people working on-site.

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Swinging clubs fore GAAC: family golf tournament Aug. 31

By Emma McGill

For decades, the Green Acres Art Centre (GAAC) has been fundamental in bringing the arts to Teulon and surrounding communities.

Their summer programming keeps children busy and learning when school is out, and the classes they host throughout the year create a space for creativity for everyone to access.

As a non-profit organization, GAAC strives to keep this programming affordable for everyone, which requires financial assistance through grants and fundraisers.

The newest fundraiser, a golf tournament, will be held on Saturday, Aug. 31 at the Inwood Golf and Country

Club.

"During the Free Community Recreation Arena Nights, we had many children enjoying practising golf shots. This showed our team there is an interest in golf among the younger generation," said GAAC president Lana Knor.

"We encourage families to enter a team with their children."

This tournament is the first hosted by GAAC, with plans to make it an annual event. There is talk about expanding to include one for adults who take golfing more seriously.

The funds raised on this day will support GAAC's performing arts

programs, including the annual theatre classes and the new Jam Band program.

As funds are raised, GAAC's fee structure is changing: the member and non-member fees will be waived, and the mandatory fundraiser fee will be eliminated, making all fees one price.

Registration for the Saturday tournament will begin at 10 a.m., tee-off at 11 a.m. and dinner at 6 p.m. The participation cost of \$60 per person includes 18 holes of golf, a shared cart and a barbecued steak dinner with a six-ounce steak, a baked potato and Caesar salad. Children aged 10 and

under are \$20, which includes golf, a shared cart and a hot dog and fries.

Alongside golf, there will also be a putting contest, a longest drive contest, a door prize, a 50/50 draw and a silent auction. Camping is available, and those wanting to book a site can call 204-278-3536. Anyone interested in supporting the fundraiser without participating can sponsor a hole or a game, make a monetary donation, buy just a dinner ticket or donate a silent auction prize.

To register or for more information, call 204-886-3192 or email info@greenacresartcentre.ca.

Online petition calls for passing lanes on Hwy. 8; project already approved

By Becca Myskiw

An online petition is calling for passing lanes on Highway 8.

Teri Nicholson started the petition on Aug. 4, titled "Highway 8 Needs Passing Lanes from St. Andrews to Gimli." Nicholson moved back to Gimli six years ago and has witnessed numerous near misses on the highway leading to the lake town since then.

"People will pull out and try to pass 10 cars, and they can't make it, so everyone has to slam on their brakes," she said. "It's crazy."

The petition describes travel on Highway 8 as "treacherous," and as of Aug. 23, it had 485 signatures in agreement.

Nicholson used to live off of Highway 16, and she said driving on that highway then was similar to driving on Highway 8 now. The difference? Highway 16 had passing lanes put in a few years ago, and Nicholson said driving that highway now is better and calmer.

"People don't seem to get too pan-

icky because they know if they're behind somebody slow, in a couple of miles, they can get around them," she said, adding Highway 8 looks to have more traffic than Highway 16, so she doesn't understand why Highway 8 doesn't have the passing lanes.

In July 2022, a car accident on the highway killed one person and sent three more to hospital. In 2023, another crash on Highway 8 left two people dead. Community Facebook groups are rife with comments about driving Highway 8, people calling it "dangerous" and asking for RCMP to patrol the road regularly.

"Instead of us just being keyboard warriors, why don't we actually try to do something?" said Nicholson, whose goal is 500 signatures on the petition before the September long weekend. After that, she'll take the signed petition to minister of Transportation and Infrastructure Lisa Naylor.

A provincial spokesperson said Manitoba Transportation and Infrastructure is currently planning a

10.3-kilometre surface reconstruction on Highway 8 in the southbound lane from Provincial Road 230 to the Perimeter Highway. The multi-year capital plan includes a project for new passing lanes in various locations along Highway 8 between Highway 67 and Provincial Road 231. Construction on this project is slated to start in 2026. The provincial spokesperson said work on additional sections of the highway may be considered in future planning.

"When Manitoba Transportation and Infrastructure considers adding passing lanes to a highway, the department undertakes an analysis to justify the investment and determine if the passing lanes are operationally warranted," said the spokesperson. "This analysis is based on an assessment of traffic volumes for different segments of the road and a review of potential passing lane locations. If passing lanes are warranted, Manitoba Transportation and Infrastructure will assess their operational and safety priority against other projects

for future consideration. In this case, passing lanes on PTH 8 are warranted and are already identified in the approved capital program for future construction."

To sign Nicholson's petition and add your voice, go to <https://www.change.org/p/highway-8-needs-passing-lanes-from-st-andrews-to-gimli>.

> BIRDS AND BEERS, FROM PG. 2

to McCary and Mclean.

"At some other events, it can get very crowded and you just kind of serve a beer to the customer and they go on their way. With this event, we get more one-on-one time with customers, which allows us to build relationships with them and talk to them about our products and our space in Gimli," McCary said.

"It's a great opportunity to enjoy an adult beverage while taking in nature."

Bourgeois said the best way to keep an eye out for tickets in future years is to subscribe to the Oak Hammock Marsh newsletter. They have considered expanding it to accommodate more people in the future but haven't developed a plan for that yet.

He added that they are also considering a wine event for the spring when the birds return.

You can stay informed on upcoming events at oakhammockmarsh.ca.

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Free provincial park entry for Labour Day long weekend

By Lana Meier

The Manitoba government is offering free entry to all provincial parks Labour Day weekend from Aug. 30 to Sept. 2, Environment and Climate Change Minister Tracy Schmidt announced Monday.

According to Schmidt, the government is waiving provincial park entry fees for all Manitobans this weekend. With over 90 parks in Manitoba, there are endless opportunities for outdoor activities such as hiking, camping and other adventures. As September approaches, there are still plenty of opportunities to enjoy the outdoors and taking advantage of free entry is the perfect way to do so.

Visitors to Manitoba's provincial parks will not require vehicle permits on Labour Day weekend. Nightly camping fees still apply, as do entrance fees to national parks. Individuals who wish to camp in a provincial park can make a reservation through the Parks Reservation Service at www.manitobaparks.com or by calling 1-888-482-2267.

Park interpreters are offering free tours, star gazing, guided paddles and other family programs this week-

end for visitors to connect to the natural features, culture and history in provincial parks. Interpretive program information is available online at www.manitobaparks.com or visitors can check with the local campground office for details on any activities happening in the park.

Valuable advice for those visiting or camping at Manitoba provincial parks consists of:

- check the Manitoba Parks website at www.manitobaparks.com for advisories before travelling;
- all campers must check in at campground offices upon arrival to receive camping permits;
- be "Wildlife Smart" by maintaining a clean campsite, keeping all food, trash, toiletries and cooking utensils locked in a vehicle or trailer, and pack out trash and recyclables before leaving;
- wear a life-jacket when participating in water-related activities, especially boaters, children and weak swimmers;
- keep all pets on leash; and
- keep all campfires in approved pits such as those found in campsites and check with the camp-

ground office for any campfire restrictions.

Campers are reminded because the emerald ash borer has been confirmed in Winnipeg, no firewood can be transported outside the city. Transportation violations can result in charges and fines of up to \$1,300 for individuals or \$15,000 for businesses. Firewood is available for purchase from local retailers at most campgrounds.

Watercraft users and beach goers are reminded to be vigilant against aquatic invasive species. Always clean, drain, dry and, if necessary, decontaminate watercraft and water-related equipment including all water toys and inflatables. Information on aquatic invasive species and decontamination station locations is available at www.manitoba.ca/stopais.

Manitobans can stay up to date with provincial park news, activities and events by following Manitoba Parks on Facebook at www.facebook.com/MBGovParks or on X (formerly Twitter) at www.x.com/MBGovParks.

Winnipeg Beach Food Connection reopens following closure of food cupboard

By Becca Myskiw

When one door closes, another opens, which remains true for the Winnipeg Beach Food Cupboard.

Following the closure of the Winnipeg Beach Food Cupboard, residents wondered if there'd be another resource for those in need. Lisa Teel ran

the previous food cupboard with the help of volunteers, and when she had to close her Airbnb to comply with town bylaws, Teel had to close the cupboard as she could no longer run it full-time.

Not to worry, though — former food cupboard volunteers Lori and Don

Sul have taken on the project, officially opening the Winnipeg Beach Food Connection last week.

"We help a lot of people," said Lori. "And people need food."

Winnipeg Beach Food Connection

Continued on page 9

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Lana Meier 204-292-2128
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PHONE 204-467-5836
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OUR EDITORIAL STAFF

Patricia Barrett -
Reporter/Photographer
Cell 204-407-6099 patricia@expressweeklynews.ca

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History unlocked at Ashern's mini threshers reunion

The Ashern Pioneer Museum would like to thank the entertainers and the volunteers who helped make the Mini Thresher's Day a success. The day started with a church service in the 112-year-old Anglican Church; the Ashern Gospel Cha-

pel led service. Entertainers Tim Cameron and Neil Thornham provided the musical entertainment for the day. We also had the Diamond Disc Dogs perform to the delight of young and old. Chainsaw carvers (Windy Day Woodworks from Tyn-dall) were amazing to watch and do beautiful work. We also invited locksmith Rick Ammanzzini out to try and unlock two safes, one CN safe and one in the old RM building. To our delight, he was able to open the one in the old RM building, re-

vealing a treasure trove of old documents and maps dating from 1898 up to the 1960s, each one a window into our rich history. Example: in 1930 the RM had decided to contact T. Eaton Catalogue to get a quote on a new RM office, they send a blue-print and a hand written quote for \$1,042.10, but the RM decided to buy a house south of town and move it to town, which served as the office for 32 years. The statistical information for 1931 was population 1,169, acreage 156,700, horses 1,069, cattle

5,851, sheep 3,370, pigs 287.

We also found Dr. Gordon Steenson's letter applying for a job in Ashern in January 1951 and the reply from the RM. Dr. Steenson practised here for 41 years.

The safe had been locked for 61 years when the RM moved into their new office. A lot of history was saved by the previous employee, probably thanks to the then secretary Olive Porteous who retired in 1971.

- Carol McDougall

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@expressweeklynews.ca. Please include your name, address, and phone number for confirmation purposes.

Manitoba advises rent guideline set at 1.7 per cent for 2025

By Lana Meier

According to Manitoba Consumer Protection and Government Services, the rent guideline for 2025 has been established at 1.7 per cent, taking effect on Jan. 1, 2025.

Each year, the guideline is determined through a transparent formula utilizing Manitoba's consumer price index (CPI). It applies to various types of rental properties such as apartments, single rooms, houses, and duplexes. The current 2025 guideline is lower than the previous year's guideline, which had increased by three per cent in 2024.

The guideline does not apply to:

- rental units renting for \$1,640 or more per month;

- various types of social housing;
- rental units owned and operated by, or for, provincial, municipal or federal governments;
- rental units in buildings first occupied after March 2005;
- not-for-profit life lease units;
- co-operative units; and
- approved rehabilitated rental units.

Tenants must receive written notice of a rent increase at least three months before the increase takes effect. For example, for a rent increase to take effect Jan. 1, 2025, tenants must receive notice by Sept. 30, 2024. With few exceptions, rent can only be increased

once a year.

It is recommended for both landlords and tenants to reach out to the Residential Tenancies Branch at 204-945-2476 in Winnipeg or 1-800-782-8403 (toll-free in Manitoba) for infor-

mation regarding rent increases and their respective rights and duties.

More information is also available at www.manitoba.ca/rtb.

MUNICIPALITY OF BIFROST-RIVERTON

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MUNICIPALITY OF BIFROST-RIVERTON ZONING BY-LAW NO. 04-2024
Being a By-law to regulate and control the use and development of land and buildings within the Municipal limits of the Municipality of Bifrost-Riverton.

HEARING LOCATION: Municipality of Bifrost-Riverton Municipal Office
329 River Road, Arborg MB ROC 0A0

DATE & TIME: Thursday, September 12th, 2024 at 8:30AM

GENERAL INTENT: To adopt Zoning By-law No. 04-2024 replacing the Rural Municipality of Bifrost Zoning By-law No. 4-2011 (as amended) and the Village of Riverton Zoning By-law No. 76/80 (as amended), in accordance with *The Planning Act*.

AFFECTED AREA: By-law No. 04-2024 will apply to all lands within the Municipality of Bifrost-Riverton.

FOR INFORMATION, CONTACT: Tanis Wyant, ACO
329 River Road
P.O. Box 70
Arborg, MB ROC 0A0
204-376-2391 ext. 103 / bifrostriverton@mymts.net

A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken therefrom upon request.

Note: Property owners are responsible for notifying lessee



EXPANDED HOURS TO ACCESS PRIMARY CARE

From June 29 to Sept. 2, hours of operation at the following clinics will be extended to improve access to care for non-urgent health concerns.

Please use the following contact information to access extended service:

Grand Marais Primary Health Care Clinic Grand Marais Community Central & RV Park (36058, PTH 12)	204-754-8372 Walk-ins Welcome	9 to 4, Sat., Sun. and statutory holidays
Winnipeg Beach Primary Care Clinic 54-60 Main St. Unit J	204-389-3649 Please call for an appt.	9 to 5, Sat., Sun. and statutory holidays

Selkirk's Quick Care Clinic, #3-1020 Manitoba Avenue, regularly offers care after hours and on weekends and holidays for non-urgent health care needs. Phones answered at 9:30 a.m. daily. Call 204-482-4399.

Please visit <https://www.ierha.ca/find-us/> for more details.



Universal birth control coverage as of Oct. 1 for Manitobans

By Lana Meier

Manitoba residents will now have universal access to birth control coverage as announced by the provincial government, effective Oct. 1.

Last Thursday, Health, Seniors and Long-Term Care Minister Uzoma Asagwara declared that Manitobans will experience financial benefits with the implementation of free prescription birth control.

"Prescription birth control is a right, not a luxury," said Asagwara. "Money should never be a barrier to accessing reproductive health care. Starting Oct. 1, Manitobans will be able to get some of the most common and effective birth control without having to worry about the cost. This will save people hundreds of dollars and it will ensure you are fully in control of your body and your choices."

The recently released Budget 2024 from the Manitoba government included a proposal to provide free prescription birth control for all residents of Manitoba. Under the coverage of the Manitoba Pharmacare Program, approximately 60 frequently prescribed forms of birth control, such as the pill, IUDs and hormone injections, will be fully covered.

Prescriptions can be obtained from a doctor or nurse practitioner during a scheduled appointment, at a walk-in clinic or in a hospital.

According to Dr. Jacqueline Gougeon, a family physician, the recent announcement guarantees that all Manitobans in need will have dependable access to contraception.

"It further empowers women to make decisions around their education and careers that are based solely on their own hopes and dreams and not around unintended pregnancies. This decision represents renewed choice and opportunity for so many of my patients, and removes a tremendous barrier to adequate health care and gender equity," said Gougeon.

The program will save Manitobans hundreds of dollars a year on birth control costs, the minister noted, adding that someone who pays \$25 a month for oral hormonal pills, the new free plan could save them as much as \$10,000 over their lifetime.

Eligible Manitobans without existing coverage from a federal or provincial program can receive free coverage for birth control by presenting their prescription and Manitoba Health Card at a pharmacy.

> FLASHBACK WINNIPEG BEACH, FROM PG. 3

Community Support Service

A.A Meeting in Ashern is postponed for August 9th

Next A.A Meeting is August 23rd at 6pm.

Location: #11 2nd Ave North - Pioneer Manor (beside the main door entrance of Pioneer Manor)
Contact Jackiem.lwrc@gmail.com

AA Eriksdale

Eriksdale United Church building #7 Main Street, Eriksdale (side door)

Meetings are Mondays at 6:30 p.m.

AA Winnipeg Beach

Lady of the Lake RC Church Corner of Hwy. 9 and Lake Ave., Winnipeg Beach

Meetings are Saturdays between 7 and 8 p.m.

Contact Ann J 204-389-3417

Gimli Group AA

Bldg 18 Municipal Rd Industrial Park

Fri & Sun Mtgs at 7:30 pm

AI-Anon

Gimli and Winnipeg Beach

Join us at 17B Loni Beach Road, next to New Horizon building... Gimli at 7:00 pm Wednesday evenings for an hour of support, strength, guidance and Hope. Contact 204-389-4777.

All ages welcome.

AA Riverton Group

12 Main St. at the Riverton Senior Centre Mondays 7:30 p.m.



The Winnipeg Beach Roller Coaster Ride.



The Winnipeg Beach Merry Go Round Ride.



The Bath House in 1930.



EXPRESS PHOTOS SUBMITTED

1950 - 2023, one of the Steam Engine Trains that made the trip to Winnipeg Beach.



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HERITAGE
VILLAGE**
And
CAMPGROUND

**ARBORG HERITAGE
VILLAGE**

FARMERS MARKET
WEDNESDAYS 10 - 3
BEGINNING JULY 3RD.

DAILY TOURS 10 - 4;
SUNDAYS 12 - 4

**CAMPING - HYDRO, WATER,
WASHROOMS & SHOWERS**

Fraserwood Hall

Old Time Dance

Sunday, Sept. 8, 2024

1pm - 5pm


Music: Mark Morriveau

Admission \$15 at the door.


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Manitoba 911 sending texts to dropped cellphone callers

By Patricia Barrett

Some residents in the Arborg-Bifrost area have been receiving text messages from Manitoba's 911 service after failing to connect with an operator.

Arborg Mayor Peter Dueck said last week that residents reached out to him with concerns about not being able to reach to a 911 operator during an emergency and receiving a text instructing them to call back.

One local resident had tried calling 911 from her cellphone on Aug. 13 when she saw a semitrailer in the ditch about four kilometres east of Arborg. She received a text message instructing her to call back, according to Dueck. Another woman had received three text messages in response to her attempts to get through to 911.

One of the text messages shared with the *Express* says:

"This is 911, we received a call from this cell phone. If you have an emergency, please call back to 911 and stay on the line to ensure help is sent. (DO NOT TEXT) If there is no emergency, you do not have to call back."

The mayor said he reached out contacts at provincial Shared Health and the Interlake-Eastern Regional Health Authority to find out why residents could not reach a 911 operator and if the 911 service does in fact send out texts to callers who can't get through. He also gathered details such as dates and times the residents made their calls, what telecommunications carriers the residents are using — in this

case, one resident uses Bell MTS and the other uses TELUS — and how they dialed 911 (i.e., using the keypad or emergency button).

He hadn't received any reports from people having difficulty reaching 911 via a landline telephone so the problem may be limited to only cellphones.

The *Express* reached out to Bell and TELUS, asking if there were any connectivity issues in the Arborg-Bifrost area at that time and whether their systems automatically sent out text messages to customers who've dialed 911 but can't get through. Both telecommunications companies responded quickly.

TELUS said it does not send 911 text messages to its customers and had no reports of outages in the area.

"We've checked with our network team who works with the 911 service in Manitoba, and they've confirmed that TELUS does not send these types of text messages," said TELUS media relations spokesperson Tricia Lo. "We have not received any recent reports of dropped 911 calls or outages in the areas you mentioned in your email. You may want to contact the Public Safety Answering Point (PSAP) services who manage 911 in Manitoba to see if they have more information."

Bell MTS also said it does not send texts and it, too, has no reports of service disruptions.

"Our team has not received any reports of 911 connection issues in the

RM of Bifrost-Riverton. Bell does not send an automatic text message to cellphones that have tried to call 911," said Bell media relations spokesperson Tianna Goguen. "Some PSAPs [Public Safety Answering Point] may leverage SMS [short messaging service] to contact 911 callers who hang up or are disconnected before the call was answered; this, however, is a function of PSAP call-handling equipment rather than a network."

A spokesperson for provincial Shared Health said text messages will be sent to cellphone users from staff at 911 centres (Brandon or Winnipeg) if a call has been dropped or interrupted and callbacks prove unsuccessful.

"We are unable to provide specific insight into what may have occurred with a call that did not reach Shared Health's Medical Transportation Co-ordination Centre (MTCC)," said the spokesperson. "However, it is important to note that in regards to the incident you referred to [semitrailer in the ditch east of Arborg], several calls successfully connected to 911 and were transferred to the MTCC without issue, and help was sent immediately."

Calls to 911 made in serviced areas outside Winnipeg are routed to either the Brandon 911 centre or the Winnipeg 911 centre — both of which operate "outside the health system because people also call 911 for non-medical emergencies," the spokesperson added. A call that deals with a medical situation is transferred to MTCC where it is "triaged and assigned."

"For calls routed to MTCC, if there is a disconnection before voice contact has been made, MTCC will immediately call the phone number back and will keep trying in an attempt to reach

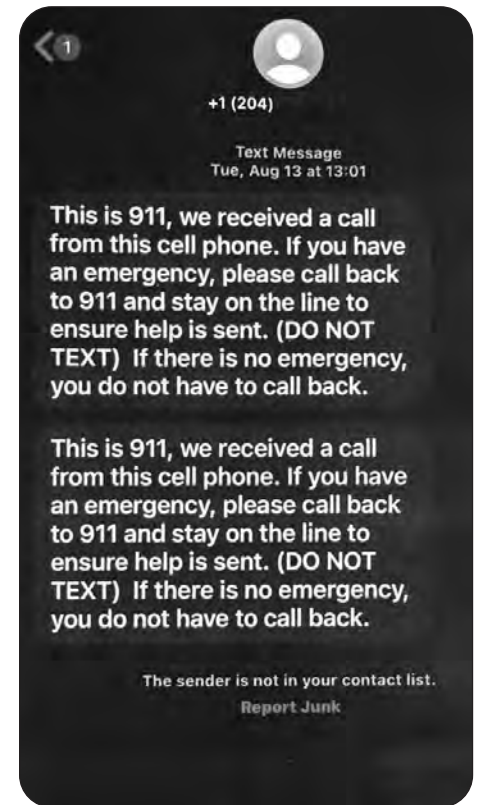


PHOTO SUBMITTED

A resident in the Arborg area received a text message after she tried and failed to get through to 911 to report a semitrailer in the ditch east of town.

someone," he said. "... However, we can share that the 911 centres also attempt to call back if disconnected, and phone operators there may initiate a text message if a call is unsuccessful."

He added that anyone experiencing a medical emergency in the province should never hesitate to call 911 or their local emergency phone number.

The *Express* asked the provincial government about the 911 text messages, whether there have been any critical incidents with people not being able to reach 911 and whether

Continued on page 10

> CLOSURE OF FOOD CUPBOARD, FROM PG. 6

has 12 volunteers involved in stocking shelves, taking requests and ensuring the new food cupboard runs smoothly. The group is working out of the old Winnipeg Beach Food Cupboard building that was given to the organization by the town. The building sits at 23 Stitt St. and will be open to the community on Tuesdays from 1 to 4 p.m., Thursdays from 6 to 8 p.m., and on Saturdays from 9 a.m. to 12 p.m. Lori said Winnipeg Beach Food Connection is hoping the variety of days and times will allow everyone who needs to visit the food cupboard when able to.

The new food cupboard opened on Tuesday, Aug. 20, but before that, the Suls were already receiving and filling food requests.

When the Winnipeg Beach Food Cupboard closed, Teel had just hosted a barbecue fundraiser, which left the group with \$938. She donated that money to Winnipeg Beach Food Connection, which used the funds to buy food to stock their shelves. The

group will also have a few hundred dollars to purchase fresh food at the local grocery stores.

Since the Suls don't know what the need for Winnipeg Beach Food Connection is yet, they're asking for donations of non-perishable food items and money. Monetary donations allow them to purchase what they know the food cupboard needs and what they know the locals need. Donations of fresh food from gardens would also be greatly appreciated.

"One thing is more than we had before," said Lori. "If somebody drops off one can, it's one more than we had before."

Before opening, Winnipeg Beach Food Connection received a \$50 donation from a local who'd found and returned a lost phone — that \$50 was from the person they returned the phone to.

To donate to Winnipeg Beach Food Connection or to contact Lori Sul, call her at 204-832-4007 or follow the Facebook page.

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Manitoba 

Irish dance lessons being offered in the Interlake

By E Antonio

Prairie North Dance is opening its doors and offering Irish dance lessons for a second year. If you are looking for a new activity that combines activity and culture this fall and winter, contact Lacey Blowers of Prairie North Dance.

Blowers owns the Irish dance school and operates Prairie North Dance and will be teaching out of Quantum Dance Academy in Stonewall. She hopes to grow her classes even more this year and is looking for boys, girls and adults who want to jig their way into Irish dance.

"I have a long history with dance and was a competitive Irish dancer myself," the young entrepreneur explained.

Since Blowers was young, she has dreamed of having a dance school of her own, and in 2023, that dream became a reality.

"I wanted to put together a program that my own kids could be a part of," said the mother of five.

After 10 years as a professional educator in the public school system, Blowers decided to establish a school of her own.

Prairie North Dance is one of Manitoba's three Irish dance schools. It focuses on a curriculum that builds upon the foundation to create a mentally and physically healthy dancer.

Blowers designed the curriculum herself and prioritized the health and well-being of her dancers.

"You should be able to dance all life-long with no injuries," said Blowers.

She noted the importance of feeling physically good in your body while dancing.

Blowers was introduced to Irish dancing in 2002 when she attended the Irish Folklorama pavilion and saw a live performance of Riverdance in Winnipeg.

"I remember saying, 'I want to do that!'" Blowers said.

She quickly became addicted to the art of Irish dancing and has since trained worldwide, including with Riverdance lead choreographer Colin Dunne.



Twelve-year-old Fiona Adams shows off her kicking.

Now, Blowers can share her passion of Irish dancing with people of all ages in the Interlake.

Prairie North Dance first opened its doors to dancers in Balmoral but it will be hosting their classes in Stonewall this year.

"Quantum Dance Studio is phenomenal to work with."

Blowers commented on the studio's excellent facility and kind staff, adding, "It is a really lovely business relationship."

While Blowers was hesitant about moving to Stonewall, Prairie North Dance families have offered their full support for the relocation.

Since Stonewall has many other services in town, families can run errands while their children are in class.

Blowers hopes to one day be able to coordinate a multi-genre dance showcase featuring all of the dance schools in the community as she values community connection.

Despite Prairie North Dance only being established last year, the school has already seen success on the stage.

"By the end of the year we had a few students ready to compete," Blowers explained. This was a surprise as she expected only to be instructing the beginner basics of Irish dance.



EXPRESS PHOTOS SUBMITTED

Prairie North Dance in its second season will be offering Irish dance classes at Quantum Dance Academy in Stonewall. Pictured at Canada Feile, left to right: Ada Penelton, Fiona Adams, Tylie Blowers, Emberleigh Blowers and Lacey Blowers.

To an even bigger surprise, dancers competed at the competition after a two-and-a-half-month break after Blowers broke her toes and ended up in a cast.

"I'm a one woman show so there was no one else to lead the classes," she said.

In June, Prairie North Dance attended the Rockwood Festival of the Arts and the McConnell School of Dance Irish Dance Championships.

Blowers noted the tremendous efforts and dedication given by the students and is excited to see where their dancing takes them this year.

Prairie North Dance has classes for all ages. Starting as young as five years old, Blowers is open to having dancers up to age 100.

"In Ireland, you can see men and

women over the age of 80 jigging."

Blowers begins each class with a warm-up, followed by dance technique exercises. Then dancers learn choreography to share with visitors at the end of the class.

"Last year we created an Irish dance version of Michael Jackson's Thriller," added Blowers. All classes finish with a cool-down exercise to allow the dancers to rest appropriately.

Blowers explained that she would tailor the class agenda to the dancers by focusing on what they want to work on as a collective.

Registration is now open for Prairie North Dance's 2024-2025 dance year.

If you are interested in registering, please visit prairienorthdance.ca for more information.

> 911, FROM PG. 9

there are 911 staffing issues.

A spokesperson said the province is not responsible for staffing Brandon's 911 PSAP service and is unsure about staffing levels within the PSAP.

"The RM of Bifrost-Riverton (and Arborg area) has a contract with the City of Brandon's 911 Public Safety Answering Point to answer 911 calls in the municipality. Note that this is a separate facility from the Brandon EMS centre. Questions about staffing levels at the City of

Brandon's Public Safety Answering Point should be directed to them," said the spokesperson.

The government is reviewing the 911 system in Manitoba to improve coverage.

"The province has initiated a review of the 911 system in Manitoba

to ensure broader and more effective 911 coverage," said the spokesperson. "The final report from the 911 review is expected in the coming months."

Ashern welcomes health workers from Philippines

By Jennifer McFee

A duo of newcomers from the Philippines is sharing their skills by providing health care to the community in Ashern.

Aldine Colobong arrived on April 23 with her husband Johnny, son Matthew and daughter Maria as a participant in the Philippines recruitment initiative. She joined Jessica Dela Rosa, who arrived on March 4 through the same initiative with her husband Fortunato and daughter Fevrierbelle. Colobong and Dela Rosa are now both working as health-care aides in Lakeshore General Hospital in Ashern. Colobong's husband and son are also working in support services at the hospital.

In addition to Colobong and Dela Rosa, three other employees have joined Ashern's workforce through the Philippines recruitment initiative: John Valdez, Fatima Oriesga and Melgie Soria, who are all serving as health-care aides at Ashern Personal Care Home. Valdez's wife Ronella is working as a pharmacy assistant at EM Crowe Memorial Hospital in Eriksdale.

For Colobong, it was a natural fit since her interest in health care sparked at a young age.

"My passion with health care was rooted since I was a young kid seeing my late mother working as a rural health nurse in our community back then," she said.

"I stayed this long with my profession because I love and enjoy caring for my patients' welfare, and I couldn't think of any other work other than being a health-care provider."

She launched her career in the Philippines with a four-year stint as an emergency room nurse. Then in 2004, Colobong began working in Saudi Arabia, where she spent almost 20 years employed in government hospitals with experience in the accident and emergency department and in the home health-care department.

"It was tough because I only got to see my children twice a year, for just a month, when I was on vacation. So when the opportunity to apply and be interviewed by Shared Health came in February of 2023, I only had but one thing in my mind at that time — to make it to Manitoba, bring my family with me and I will no longer be alone," Colobong said.

"Working in Manitoba means to be with my family — and maybe not too late to make up missed growing up years with my children."

She didn't hesitate to accept the employment offer and embraced the opportunity to embark on a new and challenging experience in Canada.

"I get excited that finally I will be able to see the real maple tree, verdant gardens and lakes and, of course, to be able to experience snow for the first time," she said. "Working in Manitoba makes me look forward to bigger opportunities for me, my husband and my children."

At the same time, she knows she'll miss the year-round warm weather of the Philippines as well as their strong family ties.

"I do miss my sister, my brothers, nieces and my Aunt Neneng, whom I looked up to as my second mom," Colobong said. "When me and my siblings became orphaned five years ago, we made sure that special occasions like Christmas holidays and Lenten season are celebrated in our beloved hometown, Bayawan City."



Aldine Colobong arrived in Ashern in April with her husband Johnny, daughter Maria and son Matthew.

She's thankful to be in Manitoba with her family, and she also appreciates all the help they've received throughout their transition. She expressed gratitude for being greeted at the airport and taken on their first shopping experience in the city before being driven to Ashern with all their belongings.

"Our journey to Manitoba is bliss, if I may say. We are fortunate to have had various people along the way who took care of us from Day 1," she said.

"In Ashern, Fieldstone Ventures Education and Training Centre employees, namely Julie and Becky, were a gem. They welcomed us on our first lunch with pizzas and salad. They also provided us stuff like bedsheets, kitchen utensils and some pieces of furniture. My daughter Maria had a smooth transition at school because she was introduced by Becky to two of our new neighbours, Izzy and Abby, who go to the same school as my daughter."

The Filipino community in Ashern has also been friendly, helpful and supportive, she added.

"They are very generous with their time and even shared with us food like meat and rice — basic to us Filipinos. Their encouraging words uplifted us, and we never felt like we are strangers in this new community," Colobong said.

"My co-workers, my workplace, even my patients made me realize that, indeed, Manitoba is a place where my family and I now belong. I thought that coming to Manitoba was just a dream. I worked hard and prayed hard to have that dream. Then I realized that if it is meant for you, nothing is impossible — and I am destined to be here."

Meanwhile, Dela Rosa was inspired to move to Manitoba to be closer to her mom.

"My goal started as a dream — a dream to be with my mom. She's been living here in Manitoba with my brother. She has been working abroad since I was two years old," she said.

"As I am eager to be with them, we started applying to Canada 10 years ago. Back then, it was my husband who was the principal applicant. We applied twice but, unfortunately, no luck. We're thankful to Shared Health and IERHA for making that dream possible."

In the Philippines, Dela Rosa worked as a staff nurse in a private hospital in the community of No-



EXPRESS PHOTOS SUBMITTED

Jessica Dela Rosa arrived in Ashern in March with her husband Fortunato and daughter Fevrierbelle.

valiches. She misses her family and friends, as well as the flavourful Filipino food, tropical climate and beautiful landscapes — especially the beaches.

"Building a new life can be tough without the familiar bits of comfort you grew up with. I'm thankful to the people behind the Fieldstone Ventures, Julie and Becky, who will always be there to guide and help us — sharing essential information about local services, health-care facilities and community resources; offering support and guidance; being available for questions; providing guidance on navigating the new environment," Dela Rosa said.

"I'm thankful also to my coworkers — from managing me to the basic routine up to the extent of offering me a ride going back home, especially when the weather is extreme."

Like Colobong, Dela Rosa is excited about this new chapter and eager to contribute to the health-care community in Manitoba.

"I am looking forward to bringing my skills and experiences from the Philippines to benefit my new community, while also learning and growing professionally and personally in this new environment," she said.

"The warmth and support from community members and coworkers will undoubtedly make this transition smoother and more fulfilling. Thank you for the opportunity to be part of this vibrant community."

Now that she's in Manitoba, she's looking forward to the opportunity to work in the health-care environment.

"What I enjoy most about working in health care is the ability to make a tangible difference in patients' lives by providing care, comfort and support, as well as the continuous learning opportunities and the chance to stay updated with the latest medical advancements and techniques," she said.

"Manitoba is also known for its high quality of life, with affordable living, beautiful natural landscapes and a strong sense of community, contributing to a work-life balance."

Riverside Equestrian expanding program offerings

By Becca Myskiw

Riverside Equestrian is expanding its program to teach more riders the ways of the horse.

Juel Sigurdson, owner and operator of Riverside Equestrian, opened the business in January of this year. She offers basic Western-style riding lessons, Western horsemanship lessons, Western games lessons and hunter jumper lessons. After high school, she knew she wanted to make horse riding her full-time job, and Riverside Equestrian was the way to do it.

Sigurdson has been riding horses all her life, sitting in a saddle before she could walk. She's learned everything she knows about horses from her mom, who has also been riding her entire life.

"I've just always had a passion for the horse," said Sigurdson. "I always felt like I belonged with the horse. It's been my calling."

Along with riding lessons, Sigurdson offers horse training and teaches people how to train their horses. She'll take a horse that's never been ridden before and teach it the ropes so her client can ride it. She also works with clients to train their own horses, showing them just how to do that.

"There's an electromagnetic field you have when you're around your horse," she said. "If you don't have that, you're not going to make a horse trainer."

Riverside Equestrian operates out of Sigurdson's family farm between Arborg and Riverton. There's an insulated indoor arena, an outdoor arena and a barn, and in the near future, there'll be another barn as Sigurdson's boarding business is also growing. Yep — she boards horses, too.

Sigurdson also just got certified in equine-assisted learning, a type of therapy in which people work with their horses to resolve their issues.

As Riverside Equestrian gears up for the fall, Sigurdson is opening a few more riding lesson spots. Lessons are on a monthly basis, with lessons weekly for riders in the program. Sigurdson accepts riders of all skill levels and can train beginners on proper riding etiquette or help seasoned riders become competitive.

Her goal is to become a competitive rider. Earlier this year, Sigurdson and her horse Dawn of Destiny (Dixie) were crowned high point champion with a jump of 3'7".

Because Riverside Equestrian has a



EXPRESS PHOTO SUBMITTED

Riverside Equestrian is opening five more spaces this fall for riding classes. Geysir's Juel Sigurdson is seen here competing at the Royal Winter Fair in Brandon.

heated barn to work out of, Sigurdson offers lessons year-round. To contact her, learn more about her programs, or register, call 204-641-8166.

Gimli Municipal Heritage Committee launches 150 Legacy Project

By Patricia Barrett

The Gimli Municipal Heritage Advisory Committee (MHAC) has embarked on a project to showcase the history and development of Gimli in the last quarter of the 19th century and early 20th century and to commemorate the arrival of newcomers from Iceland in 1875.

Next year will mark the 150th anniversary of the landing of Icelanders on Willow Island, about six kilometres south of Gimli.

Gimli Coun. Thora Palson, who sits on the advisory committee, said MHAC started the "150 Legacy Project" last summer after it applied for and received a \$12,000 grant from the provincial government's heritage branch to research and develop interpretive signage.

MHAC presented the project and the proposed designs to Gimli council at its Aug. 21 meeting. The committee, which advises the municipality on historical and heritage matters, had been working with professional designer Aniko Szabo, who created prototypes of the interpretive panels, along with supporting materials outlining content, costs and specifications.

"We were really impressed with the quality of the work of these prototypes," said Palson. "This is high quality work."

There are a number of different panels (photos or paintings with explanatory text) that highlight events such as the 1875 landing of Icelanders at the big rock on Willow Island after having left Iceland because of volcanic eruptions and economic hardship, the development of the New Iceland settlement on land "subject to existing treaties with Indigenous peoples" that the Canadian government set aside for the newcomers, the construction of Gimli's pier to serve the new settlement, steamships on Lake Winnipeg, the rise of commercial fishing, ice harvesting that enabled the storage of fish in the summer, and the arrival in Gimli of the Canadian Pacific Railway in 1906.

The panels will be made of aluminum and come in different sizes, said Palson. The idea is to display them in "high pedestrian corridors" such as Centre Street or along the Gimli Beach boardwalk. There's a possibility that some of panels could be installed outside the town proper.

The next phase of the project will

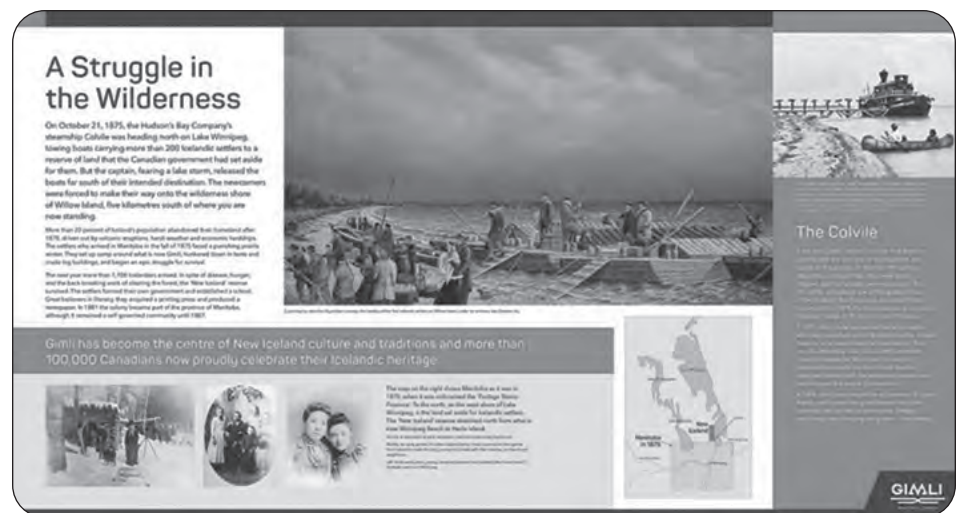


IMAGE COURTESY OF MHAC

The Gimli Municipal Heritage Advisory Committee is undertaking a heritage project to showcase Gimli's history and development in the 19th and 20th centuries. A series of panels will be installed in the community to commemorate the 150th anniversary (in 2025) of the arrival of Icelandic settlers in the region, commerce, the Lake Winnipeg fishery and the railway.

be to obtain grant funding from the federal government, said Palson. That will entail having the municipality apply for a federal Legacy Grant (Legacy Fund – Building Communities Through Arts and Heritage).

If all goes to plan, the project is expected to be completed by October

2025, she said.

The Icelandic community holds a "Walk to the Rock" on Willow Island every year on Oct. 21 to commemorate the arrival of their Icelandic forebears and pay tribute to the struggles they faced in a new country.

Province announces forthcoming legislation to let municipalities opt out of metro region

By Patricia Barrett

Some Interlake municipalities that oppose being part of the Capital Planning Region were breathing a little easier last week after the provincial NDP government said it intends to let them opt out under legislation it will table this fall.

The Capital Planning Region operates under the name the Winnipeg Metro Region. It was created by the former provincial Conservative government under the Planning Amendment and City of Winnipeg Charter Amendment Act (Bill 37). The WMR's 18 member municipalities were assigned to the region whether they wanted to be part of it or not.

The region consists of the City of Winnipeg, City of Selkirk, Town of Niverville, Town of Stonewall, Village of Dunnottar and the rural municipalities of Cartier, East St. Paul, Headingley, Macdonald, Ritchot, Rockwood, Rosser, Springfield, St. Andrews, St. Clements, St. François Xavier, Tache and West St. Paul.

The NDP government said last week it will introduce legislation to allow municipalities the "freedom to choose" whether they want to be part of the region.

"This is about giving municipalities the freedom to make their own planning decisions, rather than force them into a planning region that isn't working," said Premier Wab Kinew in an Aug. 21 news release. "We've heard what municipalities have to say and that's why we're moving forward with legislation to make membership in Plan 20-50 voluntary. We're working with communities like Selkirk, Niverville and Stonewall to grow the economy, and build more housing in a way that makes sense for them."

The government's move comes after some municipalities publicly protested against being forcibly included in the WMR and residents raised concerns about how it could override the authority of their local governments to make land-use decisions.

The WMR released a yet-to-be-adopted 30-year blueprint for land-use planning titled Plan20-50: A Regional Plan for the Winnipeg Metropolitan Region. The plan — a bylaw that has passed first reading by the WMR board — contains development policies for areas such as housing, community expansion, transportation, agriculture and water and wastewater. Details of what those policies will entail are unknown because they haven't either been written or released.

The City of Selkirk said it was pleased the province announced it will introduce legislation to make



The WMR is made up of the City of Winnipeg, City of Selkirk, Town of Niverville, Town of Stonewall, Village of Dunnottar and the rural municipalities of Cartier, East St. Paul, Headingley, Macdonald, Ritchot, Rockwood, Rosser, Springfield, St. Andrews, St. Clements, St. François Xavier, Tache and West St. Paul.

municipal inclusion in the WMR voluntary. Selkirk had earlier stated publicly that it had been forced to join the WMR.

Selkirk Mayor Larry Johannson said he and council "applaud" Premier Wab Kinew and the government for listening to Selkirk and other municipalities that expressed concern with the "undemocratic creation" of the planning region and the "sweeping powers" provided to it to control development and municipal services.

"We thank Premier Kinew for his announcement and for the government's efforts to restore our city's authority to make its own choice. In our efforts to correct the forced and inappropriate inclusion of Selkirk into the region, we have emphasized that local governments should have



EXPRESS PHOTO COURTESY OF CITY OF SELKIRK

An aerial view of downtown Selkirk.

the choice to join or not. At election time we are given a mandate to lead our community, and Bill 37 took that away in many ways," said Johannson in an Aug. 21 news release. "Not only will this new legislation create that opportunity, it also demonstrates respect for local governments."

Selkirk Coun. John Buffie, who was appointed to sit on the WMR board, said in the news release that Selkirk is more regionally aligned with municipalities close to it than it is to the wider WMR. And Selkirk is committed to demonstrating excellence in urban planning, infrastructure asset management and regional thinking.

Buffie said Selkirk's region is the Triple S region, which is made up of St. Andrews, St. Clements and Selkirk. And its extended region includes the Interlake and eastern Manitoba. According to Statistics Canada's data, 30 per cent of St. Andrews' residents work in Selkirk and 23 per cent of St. Clements' residents work in Selkirk. The majority of Selkirk's working residents work in Selkirk. Therefore, services should be tailored to the needs of that region.

"Getting out of the Winnipeg Metro

Continued on page 21

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Sleep in Heavenly Peace delivers hope in the Interlake

By E Antonio

Everyone deserves the right to have a safe and comfortable place to sleep, but this is not always the case for people across the globe.

Sleep in Heavenly Peace is a global initiative that raises funds, constructs and gifts beds at no cost to children and their families who are in need.

Their motto is “no kids sleep on the floor in our town,” and a local from Gimli is wanting to do just that.

Diane Fjeld is wanting to start up a Sleep in Heavenly Peace chapter in Gimli and needs your help.

“There is only one chapter in Winnipeg and I would like to have a second chapter in Manitoba,” she said.

Fjeld is looking for a small group of volunteers to form an executive committee who will oversee the Gimli chapter of the program.

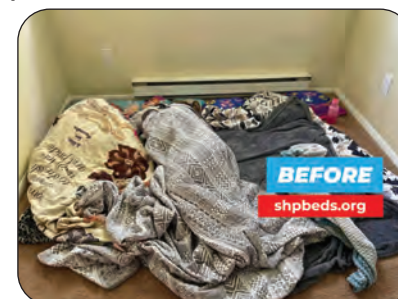
Once an executive committee is established, Sleep in Heavenly Peace will organize a build day in Gimli to construct several beds for children in the Gimli, Winnipeg Beach, Arborg and Riverton area. Following the build day, beds will then be delivered and set up with a mattress, pillow and bedding in the child’s home.

“Build days can build 20 beds using a simple pattern,” explained Fjeld. She added that all the volunteers will cut the wood, drill the holes and assemble the beds on site.

Each bed costs approximately \$900, but with donations of supplies and materials, the Sleep in Heavenly Peace program is able to cut that cost in

EXPRESS PHOTOS SUBMITTED

Sleep in Heavenly Peace is looking for volunteers in the Interlake to join the executive committee chapter in Gimli.



half.

Fjeld came across this initiative after hearing of Winnipeg’s chapter doing a build day. Following suit, a group of her friends also donated to the cause.

“Someone mentioned that they were making quilts and donating them to Sleep in Heavenly Peace,” said Fjeld.

After several phone calls with Sleep in Heavenly Peace Canadian offices, Fjeld is finally ready to start a chapter of her own.

“I need a core of people so that I am not doing everything myself,” she said.

Fjeld is seeking individuals who are able to assist with vari-

ous tasks such as fundraising, volunteer co-ordination, fund management, social media management and online system management.

“Once we are set up, everything is done online,” said Fjeld.

She explained that everyone will use www.shpbeds.ca to donate, volunteer and request

Continued on page 21

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Gimli to establish emergency centre for wildfire smoke, extreme heat and cold

By Patricia Barrett

As the climate crisis continues to cause extreme temperatures and spark wildfires across Manitoba, the RM of Gimli's emergency measures co-ordinator is in the process of establishing a shelter where residents and visitors can go in the event of a climate-related emergency.

Don Emes is working on preparations to turn the Gimli Recreation Centre into a heating/cooling relief centre and a clean-air shelter should the need arise in future.

"As we all know climate change has become a subject of daily discussion. The municipality is charged with responding to emergencies and disasters, and the current thinking is if there's capacity somewhere in the municipality, the RM should be trying to work towards to having a combination cooling/heating centre. And in cases of heavy smoke, it should become a clean-air centre," said Emes.

The provincial emergency management organization (EMO) recommended that municipalities establish climate-relief centres for their residents, said Emes, and that's what he's currently working towards.

The Gimli Recreation Centre would be made available to people as a short-term measure depending on how long an emergency event lasts. And it wouldn't be used as an overnight shelter "unless you absolutely have to" because of capacity considerations, said Emes. That could be tricky in the summer months when cottagers and weekend visitors significantly increase the area's population.

Because other municipalities such as Armstrong and Winnipeg Beach are part of the EMO area with Gimli, Emes said they're looking at establishing similar climate-emergency centres in those communities. Those facilities could be the Winnipeg Beach Recreation Centre, the legion and the Fraserwood Hall in Armstrong.

Manitoba has experienced a num-

ber of smoky days this year, with an air quality advisory issued by Environment Canada just last weekend for much of the northern part of the province, while the south, including Gimli, was issued a heat warning with extreme temperatures of around 39 Celsius (with the Humidex).

There were 64 active wildfires burning across the province, according to the government's Aug. 16 fire bulletin, with a total of 236 wildfires so far this season. With above seasonal temperatures, fires are expected to persist. Smoke from wildfires impact nearby communities and can spread across the province.

Wildfire smoke can cause headaches, nose, throat and eye irritation, coughing, wheezing, asthma attacks, shortness of breath and chest pain. Smoke is a mixture of particles, gases and water vapour. It contains chemical compounds such as methane, sulfur dioxide, nitrogen dioxide, carbon monoxide, hydrocarbons and fine particulate matter. The fine particles are the main risk to health as they've been linked to a wide range of effects, including heart attacks and premature deaths.

Extreme heat can make people feel unwell, fatigued, thirsty or cause headaches, and they can turn into life-threatening emergencies. The signs of heat illness include swelling, rash, cramps and fainting. Heat stroke can start with a headache, hot skin, dizziness or confusion. The health risks from heat are greater for older adults, children and pregnant women.

The requirements for establishing the Gimli Recreation Centre as a climate refuge include having backup generators in the event of a power outage and air filters for smoke.

"For smoke-related emergencies, you'd need to have applicable air filters within the air-conditioning system and have the capacity to have the whole system filtered properly. The federal government has filter



EXPRESS FILE PHOTOS BY PATRICIA BARRETT

The Gimli Recreation Centre was turned into a mass vaccination clinic during the COVID-19 pandemic.

standards for smoke particulates," said Emes. "A standard air filter is good, but if we had a particularly bad smoke event where it's drifting in from all over the place and you can barely see your hand in front of your face, then we'd go to a higher filter."

Emes said the RM has installed an air-monitor sensor at the airport that reports air quality, and the public can access the data through the RM's website. An air monitor has also been installed in Winnipeg Beach.

"Municipalities are being proactive on this by taking local action to the benefit of all residents and visitors," said Emes.

Gimli Coun. Thora Palson said the RM has an emergency plan that identifies the recreation centre as a facility that can be used for a number of different situations.

"Our emergency plan is approved annually by the province," said Palson. "In the past we've used the recreation centre as a vaccination clinic during the COVID pandemic."

As a municipal leader, Palson said the safety of residents and property is paramount, and she's taken part in past disaster management training sessions. She'll be attending a disaster management conference in the fall.

"The RM of Gimli is always working to improve and enhance our emergency response systems, including our taking part in training sessions," said Palson. "I value the training we get from emergency planning because when something does happen, it's so critical that you as a leader know what to do and show strength and confidence. Public safety is the top responsibility you have as a leader because there's life and property at stake."



Highway 68 west of Poplarfield is shown after a wildfire swept through in April 2018, burning Hydro poles, grasses and trees.



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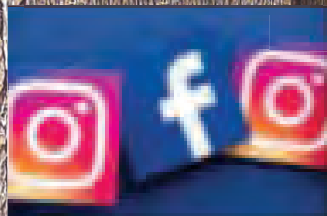
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 11:30-2:30 - Food available at Chamber Booth
 12-3 pm Musical Entertainment. Sponsored by the Manitoba Metis Federation-Ashern Local
 (@ the green pavilion on Railway Ave. Bring own lawnchairs)
 2 pm - Rodeo grounds open to public
 4 pm - 32nd annual Ashern Rodeo begins!
 8 pm - Come party at the beer gardens!
 Rodeo social (\$10 entry free with rodeo pass)

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FALL & WINTER ACTIVITIES & registration section 2024-2025

How to choose the right instrument for your child

If you want to encourage your child's love of music, signing them up for lessons is a good idea. Picking an instrument, however, may prove daunting. Here are a few tips to help you choose.

LET YOUR KID HAVE A SAY

The best way to ensure your child remains motivated and doesn't give up on their lessons is to choose an instrument they're enthusiastic about. If your child hasn't expressed interest in a particular option, consider an introductory course that'll allow them to try various string, wind and percussion instruments.

CONSIDER YOUR ENVIRONMENT

Take into consideration how much space you have to accommodate an instrument. From the harmonica to the harp, they vary immensely in size. Think about where it will be stored and played in your home. An electric keyboard is smaller than a piano, and a violin is easier to tuck away than a cello. If noise is an issue, choose an electric instrument that headphones can be plugged into.

DECIDE ON A BUDGET

Musical instruments have a wide price range, and some can be incred-

ibly expensive. Unless your child is deeply committed, stick with a basic model or buy second-hand. An instrument that's of somewhat lesser quality won't prevent your child from learning and improving. Alternatively, many music stores have rent-to-own programs.

KEEP TRANSPORTATION IN MIND

If your child wants to bring their instrument to school or perform at Grandma's house, select one that's easy to transport. Instead of a cumbersome drum kit or tuba, consider a guitar, clarinet or trumpet. Don't forget to buy a sturdy carrying case.



Once you've found the right instrument, sign up your child for their first lesson so they can start exploring this new hobby.




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 Monday September 16th, 5:30-7 pm.

Eight good reasons to take a dance class

Dance is an activity that's both athletic and artistic. Plus, it offers many benefits for your body and mind. From classical ballet, flamenco and contemporary jazz to swing, Argentine tango, hip-hop and Irish jig, there's a dance style for everyone. Here are eight excellent reasons to join a dance class.

1. Improve endurance. Dancing increases both cardiovascular and muscular endurance. Some styles of dance provide a better aerobic workout than others.

dancing helps improve your bone density and supports better posture in your everyday life.

3. Work on co-ordination. When you dance, your body must move in multiple directions and requires different parts of your body to work together in unison.

4. Increase flexibility and balance. Dance improves your range of motion. If you're an older person, it can help you reduce your risk of falling.

5. Work your brain. Learning new movements and choreography helps improve your concentration and memory.

6. Develop creativity. Dancing enables you to explore your artistic side as you improvise and

2. Tone the body. In addition to developing strength,



experiment. It's an ideal way to build self-confidence.

7. Socialize. Whether you go as a couple or join a group, dancing is a social activity that promotes collaboration.

8. Combat stress and depression. Dancing has a positive impact on mood. It can have a liberating effect by allowing you to connect with your emotions and express yourself.

Check out the schools in your area to find a class that appeals to you or your children.

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Mental health charity Jack.org focuses on youth

By Jennifer McFee

A Canadian mental health charity aims to give young people the knowledge, skills and resources they need to understand mental health and seek support.

This organization, called Jack.org, focus on youth aged 13 to 24, the period where most mental health illnesses and challenges tend to emerge. This is a vital time for young people to establish a thorough understanding of mental health, available supports and self-care practices to support long-term health.

Brenda Martinussen of Balmoral serves on the organization's board of directors — and she encourages others to consider getting involved.

"With a background in clinical psychology, mental health is very important to me. I have seen young people struggle and believe more needs to be done to support them, especially in rural and remote areas," she said.

"When I learned of the call for the board of directors, I researched Jack.org and was surprised I had not heard of it, given the incredible work they do. I see this organization as filling a critical gap in our national mental health landscape and wanted not only to be a part of the organization but also to assist in bringing their resources to light across the country and in underserved areas."

Martinussen outlined some of the concerns that Jack.org endeavours to address.

"Suicide remains a leading cause of death for young people, and mental illness affects an estimated 1.2 mil-

lion young people, but most young people lack the knowledge to recognize mental health struggle and seek support that could save or improve their life. Jack.org works to change that through early educational intervention and building networks of support between young people," she said.

"Young people are often in the best position to recognize struggle in one another — and they are most receptive to messages that come from a peer — so Jack.org's work is focused on enabling young people to support one another and hear from one another about lived-experience with mental health struggle."

Young people are our future, and mental health is the greatest health challenge they are facing, she added.

"Mental health challenges among youth have been on the rise for over a decade," Martinussen said, "and it is only by taking action that we will begin to turn the tide in favour of better outcomes for youth."

Jack.org offers three award-winning programs to community members, she added.

"The Be There Certificate is an online learning resource that trains people to have difficult mental health conversations and show support to someone who's going through a mental health struggle. It takes only two hours to complete and is free for all. You never know when someone you care about will need your support. Be There helps prepare us for what may come," she said.

"Community members can also



EXPRESS PHOTOS SUBMITTED

Jack.org is a Canadian mental health charity that focuses on youth aged 13 to 24.



Jack.org is looking for Interlake youth reps.

book a Jack Talk, a mental health presentation delivered by young people to young people. Youth speakers use the power of their personal mental health stories to teach mental health essentials and normalize difficult conversations."

In addition, young people can create a Jack Chapter, a youth-led community group that leads mental health awareness initiatives and provides the community with resources to support mental health. Chapters work closely with Jack.org staff to design initiatives that address challenges the community is facing.

"While Jack.org's programs are designed to support youth, everyone is welcome to get involved. We offer resources for educators at jack.org/edhub, and our Be There training is as relevant for adults as it is for young people. All of us have a stake in protecting young people's mental health, and so we all have to take steps to be better listeners, supporters and men-

tal health champions," Martinussen said.

"Jack.org is a national movement, and by getting involved, you access a community of people who are dedicated to building a future where young people's mental health can thrive. Young people build community connections, in addition to directly supporting the mental health needs of the people around them."

Currently, there are no youth reps in the Interlake, so Martinussen hopes to see some local involvement.

"Young people are our future and mental health is the greatest health challenge they are facing," she said.

"Mental health challenges among youth have been on the rise for over a decade, and it is only by taking action that we will begin to turn the tide in favour of better outcomes for youth."

Learn more at Jack.org or contact Brenda Martinussen at martinub@yahoo.ca.

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Lundar Lighthouse church construction underway

By Becca Myskiw

Construction is officially underway on Lundar Lighthouse's new home.

Lundar Lighthouse, a local Pentecostal church, is currently constructing a new building for worship. Church pastor James McGillan said the building is necessary to accommodate the church's growing congregation, which has outgrown its current space.

McGillan said the current building's capacity is around 60 people, which means every chair and pew is filled. Between Sunday service, youth group, and children's group, McGillan said there are more than 100 church members or attendees, so if everyone were to get together at once, they wouldn't all fit in the current church.

The call for a new church started three years ago. Soon after it was decided the building would happen, planning began and the project took off. The church started by securing the new space for the building, putting gravel in and levelling it out. Ground was officially broken on the new

church site six weeks ago and construction began. As of last week, the footing and foundation of the building was done, which McGillan said was delayed because of last year's fall and this year's spring conditions. Now they're working on backfilling the space around the footing and will put up the walls and the roof within the next month.

The 6,000-square-foot church will hold up to 150 people when complete. It will feature a large stage and sitting area, a sitting space, a classroom, a youth room and a few offices. McGillan and his wife drew up the plans. The pastor said that though not every cost is available, the church board believes this project will cost between \$1 million and \$1.5 million. Funds will come from existing church funds, donations and money from recent (and future) fundraising efforts, like the barbecue and fundraiser. McGillan said the community has rallied behind the church to support this project, and even non-members donate time, equipment and money to the cause.



EXPRESS PHOTO SUBMITTED

Construction on Lundar Lighthouse's new church is underway with a completion date of next summer.

McGillan said if construction goes well and stays on track, Lundar Lighthouse should be worshipping in its new building next summer. They're still unsure what the church will do with its current building once it's out of it, but the board will soon decide on that.

Lundar Lighthouse is continuously fundraising for their new church

build. To donate to the cause or to keep up to date with their progress, follow them on Facebook.

"We want it to be a church for the community and for the area," said McGillan. "We just want it to be a church for anyone who wants to attend church, make it a community place for the surrounding area."

> METRO, FROM PG. 13

Region will allow us to focus on our true region," Buffie added. "Being a regional service hub is part of our community strategic plan, and we've demonstrated that we can work with our neighbouring municipalities to deliver for our shared citizens."

The RM of St. Andrews council issued an official response to Plan20-50, saying that Mayor Joy Sul always had concerns as to how it would impact the RM's "autonomy as decision-makers," and that she and council believe that residents could "lose their voice" in municipal matters.

Development in St. Andrews is currently guided by zoning bylaws and secondary plans, and the RM is a member of the Red River Planning District.

"A decision will be made regionally at a higher level and the impact will be felt at the local level," said St.

Andrew's chief administrative officer Brent Olynyk, referring to the policies that will be set by the WMR and that will affect all the member municipalities whether it makes sense for them or not.

Although St. Andrews supports the concept of a regional plan, the statement says Mayor Sul wants to see the public better informed about Plan20-50 "before it can be finalized," and that the RM does not support the plan as it's currently written.

"Plan20-50 needs to go back to the public to have that consultation process, in the same way that all other legislative decisions have been approved in the past," says the statement.

The RM of West Paul said in a news release that it believes Plan20-50 "subjugates the authority of local governments" and it supports "further consultation" with the leaders of the 18 municipalities before the plan

receives final approval.

"The RM of West St. Paul supports the concept of a regional planning model for the region to support economic growth and success for all but has concerns with Plan 20-50," states the release. "Mayor and Council believe the plan subjugates the authority of local governments and eliminates their ability to determine the scale and nature of development in their communities. West St. Paul believes that further consultation with local governments is needed prior to finalizing Plan 20-50 to ensure that local influence over development is not lost."

Dunnottar Ratepayers Association president Ed Strauman said he as a taxpayer is not in favour of Plan20-50 and thinks the Village of Dunnottar shouldn't be part of it. He sent an email to the chief administrative officer and a council member, saying it should pull out as "mass develop-

ment" is not in keeping with Dunnottar's rural setting.

"I am totally against this plan and I urge the village council to pull out of it immediately. Other municipalities are already getting out of this 20-50 plan. The Village of Dunnottar is a resort area," said Strauman in his email to the village. "I have spoken to Mayor [Rick] Gamble and Councillor [Jim] Kotowich at the family day event this past Saturday. If other municipalities [want] to stay in this so be it, but as a taxpayer I say no to this plan."

As mandated under the legislation that created it, the WMR has to hold two public meetings on Plan20-50. It held the first meeting in Winnipeg in July but had to cancel a second meeting on Aug. 8 at the Niverville Heritage Centre after hundreds of Manitobans showed up and pushed capacity of the hall over the limit.

The WMR has yet to announce the date of the second public meeting.

> NO KIDS SLEEP ON FLOORS, FROM PG. 14

a bed.

When Fjeld fills the executive committee positions, the team will then travel to Fort Saskatchewan in Alberta for training.

"The training is absolutely free," Fjeld said.

"We will walk away knowing how to build the beds, how to use the bookkeeping system and learn about

each other and how to work together for this opportunity."

If you choose to join Gimli's Sleep in Heavenly Peace executive committee, Fjeld anticipates a monthly commitment of around 10 to 15 hours.

By simply sharing about this initiative on social media, the community has already shown overwhelming

support.

"I have received a tremendous amount of support. I already have a whole group of quilters have committed to making quilts," said Fjeld.

She also added that this initiation is great for philanthropy groups and human ecology school programs.

"There is a lot of great opportunities for everyone in the community."

Fjeld hopes to form an executive committee as quickly as possible as

she would love to organize a build day prior to the first snow fall.

"It would be very rewarding to have a small build under our belt," she said.

To get involved with Sleep in Heavenly Peace Gimli, you can contact Fjeld directly at 204-641-5297 or via email at diandharv@gmail.com.

Ripple effect of rail stoppage impacts grain farmers

By Jennifer McFee

Harvest season has gone off track for local farmers who rely on the rail system to transport their grains.

Last Thursday, Canada's two major railways — Canadian National Railway (CN) and Canadian Pacific Kansas City (CPKC) — locked out unionized workers due to a contract dispute, resulting in a rail stoppage across the country. The same day, CPKC workers went on strike.

The federal government responded by saying it would enforce binding arbitration between the union and rail companies. The Canada Industrial Relations Board ordered the rail employees back to work by Monday, Aug. 26.

The two rail companies ship about \$1 billion in goods each day, and it could take weeks to catch up.

The local grain sector is feeling the impact, since farmers are in the midst of harvesting crops.

According to the Canola Council of Manitoba, lost exports of canola seed amounts to about \$11 million per day. In addition, stopping canola production would cost the industry about \$20.5 million per day in lost sales of canola and meal.

The Western Grain Elevator Association notes that grain companies had taken steps to halt grain movements, which impacted shipping for a week prior to the stoppage. Each day of lost shipping results in a week of recovery

time.

Trevor Buchanan, a grain farmer at Meridian Acres in Argyle, said they anticipated the stoppage.

"It's just part of a game that everyone's playing, I guess. It definitely throws a wrench into stuff. In our situation, we almost have enough storage, so the only affect would be cash flow and not being able to market when we want to," said Buchanan, who grows wheat, soybeans, canola and corn.

"There's one thing I know about farmers — they're very resilient and resourceful, so they'll get it done."

Ryan Elliot is another local grain farmer at Storylea Hay and Grain Farm, east of Stonewall. He operates the farm with his dad Bob, with help from his mom Karen, wife Chelsea and several team members.

"I don't think the timing is a coincidence. This is a pretty busy season for grain deliveries," said Elliot, who farms wheat, canola, soybeans and oats in their cereal rotation, plus hay to bale.

"There have been rail strikes before, but I don't think there's ever been both rail lines at the same time and I don't think it's ever been at harvest. This kind of puts the whole industry in a jam, but we've been settled on our farm for 101 years. There's been a lot of challenges, but this seems to be a new one. It's among the list of things we don't have control over as



EXPRESS PHOTO BY JO-ANNE PROCTER

Derek Taylor of Storylea Hay and Grain Farm empty a grain cart east of Stonewall.

producers."

Elliot expects that many producers will be tight on storage, but they'll find a way to make it work.

"So far, the wheat has been yielding pretty good, so that's both a blessing and a curse with the storage issue. But it's a one-year issue, so everybody will get by," Elliot said.

"The biggest concern is the loss of trust in our export system for buyers in different countries. We're going to lose a lot of favour in other countries for selling our product to them. We're

trying to maintain our reputation in the world as a good export partner of grains, but this is going to hurt our reputation."

Farmers need to be adaptable, but this situation has created additional stress during the busy harvest time.

"Our biggest threat lately has pretty much just been government policy. It's all stuff we can't control with the rail strike and the carbon tax," he said. "It's really put production agriculture in a tight spot. But we'll find our way out of it."

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

14U East Region volleyball teams finish strong at Manitoba Games

By Keiran Reimer

Both 14U Team East Region boys and girls volleyball teams competed at the 2024 Manitoba Games in Dauphin last Tuesday and Wednesday.

The girls' team recovered from a 0-2 start in group play to finish fifth out of the eight regional teams competing in the tournament.

They closed out their games with a nailbiter Tuesday night against Team West Green, winning in the third and final set 16-14 to take fifth place and win the consolation bracket.

"That last game, the way they were jumping up with excitement was like they had won the championship," said Team East manager Vanessa Chetrybok. "They were well placed

against their level, so they left on a high note."

Chetrybok's daughter Jordyn was one of Team East's setters, helping them win back-to-back consolation playoff games to take fifth place Tuesday night.

The 14-year-old from Stonewall, a setter for Interlake Volleyball Club in the regular season, said she enjoyed the opportunity to represent her region and make new friends.

"I liked how it was girls from all different teams, so you got to meet lots of new people, and everybody was very good," said Jordyn Chetrybok. "The fifth place finish was good because we did the best out of our bracket so it was the best we could do with the

bad start so we ended strong. It was good."

Chetrybok and Team East had been practicing since the team was formed in tryouts in June.

Since getting together, they have played multiple exhibition games against the two Winnipeg clubs and had many team-bonding activities, including a team Blue Bomber game, a barbecue, and a fun game with the East Region boys team.

"It was a unique experience, a great opportunity for kids who don't often get to compete at that level," said Vanessa Chetrybok. "It was the top players across Manitoba and Dauphin put on a great event. There was lots of fun off the court as well, so these kids

made lifelong memories and formed a lot of friendships."

Jordyn hopes to play high school volleyball next season in her Grade 9 year in the Manitoba High Schools Athletic Association.

The boys' team got off to a stronger start at the tournament, going 2-0 to start and finishing first in group play.

After another win in the quarterfinals against Team West Orange, the East Region boys' team came up short in the semi-finals and bronze medal game, losing in three sets.

Ultimately, the boys finished with a 2-2 record and took fourth place overall.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Varsity Thunder opening lineup gets clearer after pre-season tune-up

By Kieran Reimer

Fans had their first look at this year's Interlake Thunder Varsity football team on Saturday.

The Thunder were in action against the Falcons Football Club for a pre-season tune-up at Stonewall Collegiate Field.

Nearly every Thunder player saw the field in the 26-15 loss as head coach Christof Hasselfield and his staff played around with the lineup to get an idea of what their opening night lineup could look like.

"We weren't too worried about the final score," said Hasselfield. "A classic exhibition game. There were some things we look to build on and more than a handful of things we now have on tape and will look to polish before the result really means something."

Hasselfield called it a successful exhibition game in the sense that he got to see some of their rookies, along with veterans, get in their first touches and get up to game speed before likely seeing a majority of the action in the opener.

In training camp and the exhibition game, Hasselfield has been impressed by the play of many of his juniors and sophomores who are expected to take on bigger roles this season.

He highlighted three Thunder running backs, AJ Nadon, Christian Mozdzen and Fyn Moore as players who looked good in the pre-season game.

Nadon, in particular, is a player that stood out to all in attendance at the game, as he went on a massive run in which he broke free from six Falcons defenders for one of the Thunder's top plays of the game.

The junior out of St. Andrews is someone that Hasselfield and the offence will likely count on again all season.

"AJ specifically, the whole league knows he's special, we know that, so we're really looking forward to his season," said Hasselfield.

Hasselfield also highlighted the performances of Tyler Yourchenko and Kole Beresford on defence.

Yourchenko, a junior linebacker from St. Andrews, made multiple tackles on Saturday and broke up a pass in a timely manner.



Thunder varsity coach Christof Hasselfield is looking forward to a successful season on the field.

As for Beresford, Hasselfield said he's been a standout since the start of training camp as one of their new defensive backs.

From Stonewall, Beresford is in his first season with the Thunder, though he is a sophomore due to being born in 2009. On Saturday, he picked up an interception, adding to his impressive first few weeks with the Thunder.

"I've been impressed with his attitude," said Hasselfield. "He shows up every day ready to compete. He had a pretty good game."

The last position Hasselfield discussed was at quarterback, where the Thunder are seeing a new slinger step into the spotlight this season.

Fans will recognize six-foot-four junior Jesse Batenchuk as the club's top offensive weapon at wide receiver last season, scoring 12 touchdowns.

This season, the Gimli native is transitioning to quarterback, a position at which he played only a couple of snaps in 2023 as the Thunder's backup option.

In the off-season, Batenchuk trained under Hasselfield to make the transition. Due to his strong athletic abilities and leadership on and off the field, Hasselfield believes Batenchuk could become an even better option than what they had at quarterback last season.

"He's a special, special athlete," said



EXPRESS PHOTOS BY LANA MEIER

Christian Mozdzen of Arnes is the ball carrier against the Falcons last Saturday. The Thunder lost 25-16.

Hasselfield. "He played like a guy starting his first game at quarterback and that wasn't a reflection of what he's going to be this year. The offence sputtered a bit, and I'd rather we get that out in an exhibition game. He's got all the talent in the world, a very live arm, and I haven't even gotten to his legs. He's a very dynamic athlete. What I'm most impressed with is he had a very good final drive. I liked his mental toughness and his leadership, which is something we've talked about a lot. I'm very excited for him this year and the sky is the limit to be honest."

The Thunder now have five practices remaining before opening night against the Transcona Nationals at 2 p.m. on Sunday, Sept. 8 in Stonewall.

Hasselfield and staff will use that time to make minor tweaks to their offence and defence and set their lineup for the opener.

PEEWEE THUNDER SEE OFFENSIVE PROGRESSION IN THIRD STRAIGHT LOSS

The Pee wee Interlake Thunder saw progression this week but still came up short in the win column.

After only scoring six points in their opening two games, the Thunder were able to get 12 on the board in their 42-12 loss to the Eastman Raiders in Steinbach on Saturday.

It's still not the result they were looking for, but it's a much better showing from the club as it looks to be more competitive in the Manitoba Minor Football Association.

The Thunder, now 0-3 on the season, currently sit fifth in the MMFA's Richard Dudek Conference.

Next week, the Thunder will have a bye and play in Stonewall the following weekend.

That game will go on Sunday, Sept. 8 against the St. Vital Mustangs Black (0-1) at 9:30 a.m. at Stonewall Collegiate Field.

This is the first time the Thunder and Mustangs will meet this season. They are the only two teams currently without a win in the Richard Dudek Conference.

Team Kerri Einarson continues its MMF partnership

By Becca Myskiw

Team Kerri Einarson continues its partnership with the Manitoba Métis Federation (MMF) by using specially designed curling brooms.

Last year, Kerri Einarson and her team decided to do something special in honour of her Métis background. Thinking it would be cool to have a Métis artist design their brooms, the curling team reached out to MMF, and they soon received a design of a sleek black curling broom with the outline of flowers showcasing the vibrant and decorative culture of the Métis. The flowers, the MMF logo and the words "Red River Métis" adorn the bottom pad of the broom, and the MMF logo and "Team Einarson" sit on the top of the handle.

The brooms double as an awareness piece and a fundraiser for the MMF youth program, which delivers child and family services, justice, housing, youth, education, human resources, economic development and natural resources. Not only does the team use these brooms, but they're available for the public to purchase, with proceeds going back to the MMF Youth Sports

Programming to provide Métis youth with the opportunity to participate in sports and recreation programs across the province.

Since Hardline Curling sponsors Team Kerri Einarson, the brooms are available for purchase through the supply company. It retails for \$199 and can be purchased at <https://hardlinecurling.com/en/mmf-team-einarson-brooms>.

"It's just amazing to see youth in sports and seeing them grow and create friendships," said Einarson. "I was into sports since I was a little girl, and I just want to pass that along to my children and other children."

Team Kerri Einarson has continued the partnership for 2024, dawnning the same brooms in the upcoming curling season. They've also added the floral design to their team uniforms, honouring Einarson's Métis roots in more ways than one.

Einarson doesn't know how many brooms have been sold, but she guesses more than 4,000.

"It's pretty amazing to see that it's doing well," she said. "It's an abso-



EXPRESS PHOTO SUBMITTED

Team Kerri Einarson is continuing their partnership with MMF and Hardline. The Hardline Curling brooms represent MMF and proceeds from these brooms will be donated to MMF Youth Sports Programming.

lutely amazing cause. And I think if we can promote it in any way possible to make our sport more known, the better."

Team Kerri Einarson uses brooms at all curling games, and the entire

design is shown on national television and across the country all season long. The team won the Curling Canada championships in 2020, 2021, 2022 and 2023, which are live on TSN yearly.

Selkirk's Grant wins three medals at Manitoba Games

By Kieran Reimer

While the 2024 Olympic Games were wrapping up in Paris last weekend, a Selkirk local was also winning medals in the pool at the provincial level at the Manitoba Games.

Claire Grant of the Selkirk Dolphins Swim Club represented Team East Region in her first Games in Dauphin last weekend.

The 14-year-old became an instant headline when she won three medals in junior female swimming, including a gold in the 50m freestyle and two bronze in the 50m backstroke and 100m individual medley.

"Those were all my first medals," said Grant following the Games on Thursday. "50 free is my best swim, so I gave it my all and won. It was really exciting because it was my first ever

medal."

With her three podium finishes, Grant also came fifth in the 50m butterfly.

She hopes to build off her impressive first Games and earn a spot in the 2025 ManSask Championships.

Team East also took home many more medals in the pool last weekend.

Stonewall's Maddex Glaspey won four medals, including gold in the youth male 100m backstroke, two silvers in the 50m butterfly and 100m individual medley and a bronze in the 100m freestyle.

Stonewall's Jaxon Piotrowski was also a gold medalist in the junior male 100m individual medley.

Other local medalists in swimming included Cooks Creek's Erin Garn, who won double silver in the junior



EXPRESS PHOTO SUBMITTED

Members of the Team East Region swim team share a team photo at the 2024 Manitoba Games in Dauphin. The swim team combined for three gold medals and 12 total medals at the Games. Left to right: Maddex Glaspey, Lochlyn Ross, Claire Grant, Myla Volk, Erin Garn, Olivia Volk and Abigail Freedy.

female 100m individual medley and hand.

They will be tested again on Monday, Aug. 26, when they take on ninth-place HG Tulones FC (2-10-2) at 6:30 p.m. at Buhler Recreation Park.

The two clubs already met once this season, in early July, when Storm FC won 5-3.

100m breaststroke; Selkirk's Abigail Freedy, who won bronze in the youth female 100m backstroke; and St. Andrews' Maya Volk, who won bronze in the junior female 50m breaststroke.

Team East's three gold and overall 12 medals in the pool contributed to their total 14 gold and 39 overall medals won at the 2024 Manitoba Games, which helped them finish third out of the six regions with gold medals and tied for third in total medals.

Storm FC shutdown league-leading offence for upset win

By Kieran Reimer

Storm FC grabbed a much-needed three points last Tuesday at Buhler Recreation Park.

The eight-place Storm got the upset victory, winning 1-0 over the second-place BFR AC, their first win in August.

The Storm's Tristan Penner scored the lone goal, his second of the sea-

son, to put Storm FC ahead while their goaltending and defence shut down BFR's league-best offence to grab their second clean sheet of the season.

Storm FC (4-7-3) now sits only a single point back of seventh-place Benchwarmers United (4-7-4) in the Manitoba Major Soccer League's Division 5 while also holding a game in

get inspired

> MEAL IDEAS



Chicken with Peanut Sauce in Lettuce Wraps

Peanut Sauce:
 3 tablespoons creamy peanut butter
 2 teaspoons brown sugar
 1 tablespoon fresh lime juice
 2 tablespoons chili garlic sauce
 1 teaspoon fresh grated ginger
 1 tablespoon soy sauce

In pan, saute ground chicken in sesame oil until cooked through. Drain if mixture is watery.

Add shiitake mushrooms and onion; saute until mushrooms have softened and appear caramel colored.

Add garlic, ginger, hoisin, water chestnuts and green onions. Let chicken mixture simmer on low.

To make peanut sauce: In saucepan over medium-low heat, mix peanut butter, brown sugar, lime juice, chili garlic sauce, ginger and soy sauce until smooth, warm and thinned slightly.

Fold into chicken mixture. Stir until combined and simmer on low until peanut sauce is evenly distributed.

Garnish with fresh cilantro and crushed peanuts. Serve in lettuce wraps.

Recipe courtesy of Parker's Plate on behalf of the Georgia Peanut Commission

Prep time: 10 minutes
 Cook time: 15 minutes
 Servings: 4
 2 pounds ground chicken
 2 tablespoons sesame oil
 3/4 cup diced shiitake mushrooms
 1 small onion, diced
 2 garlic cloves, grated
 1 1/2 tablespoons fresh grated ginger
 1/2 cup hoisin sauce
 1/2 cup water chestnuts, diced
 3 green onions (both white and green parts), chopped
 2 garlic cloves, grated
 1/4 cup cilantro, chopped, for garnish
 1/4 cup crushed peanuts, for garnish
 iceberg or butter lettuce, for wraps



Broccoli and Edamame Salad with Peanut Dressing

Salad:
 2 cups broccoli slaw
 1 cup shelled edamame, cooked
 1 1/2 cups chopped raw broccoli
 1/2 cup English cucumber, quartered and chopped

1/4 cup fresh mint, chopped
 1/4 cup fresh cilantro, chopped
 1/4 cup salted peanuts, roughly chopped
 toasted sesame seeds, for garnish (optional)

To make dressing: In bowl, whisk lime juice, toasted sesame seed oil, honey, tahini, peanut butter, chili oil, garlic, ginger and salt, to taste. Add hot water, adding additional, if necessary, until dressing reaches desired consistency. Set aside.

To make salad: In large bowl, combine broccoli slaw, edamame, broccoli, cucumber, mint, cilantro and peanuts. Toss with dressing to combine and garnish with toasted sesame seeds, if desired.

Recipe courtesy of Parker's Plate on behalf of the Georgia Peanut Commission

Prep time: 10 minutes
 Cook time 5 minutes
 Servings: 4
Dressing:
 1/2 fresh lime, juice only
 1/4 cup toasted sesame seed oil
 3 tablespoons honey
 2 tablespoons tahini
 3 tablespoons creamy peanut butter
 1 teaspoon chili oil
 1 garlic clove, grated
 1 teaspoon fresh ginger, grated
 kosher salt, to taste
 1 tablespoon hot water, plus additional for thinner consistency (optional)

Ask the money lady

Dear Money Lady Readers:

Most people are taking summer vacation this year and actually going somewhere – YES, according to a Canadian IPSOS Study (May 2024), 8 out of 10 Canadians say they really need a holiday this year. While many Canadians feel the urge to travel this summer, more are also scaling back their vacation plans due to inflation. In short, IPSOS says: “more will travel, but many will try to spend less.”

Inflation has been trending down month over month and we all seem to be doing our part to reign in the spending which will help to lower the Canadian Prime Rate – a welcome reprieve to those still holding a variable rate mortgage. The BOC (Bank of Canada) will have 3 more opportunities to lower the rate from 4.5% (September 4, October 23, and December 11). If all goes well and they drop a quarter point each time, that could bring us down to 3.75%.

But if the BOC rate is currently at 4.5%, why is the Canadian Prime rate at 6.7% (July 2024)?

Well, the BOC rate manipulates the outcome of the rates, but it does so through its involvement with our financial institutions. It is the Canadian Banks that set the Prime lending rate and here's how it's done.

The prime rate has always been influenced by the policy interest rate set by the BOC which is also known as the target overnight rate. You see, the Canadian banks process their daily transactions overnight and borrow, trade and transact with each other during closed business hours. This is called the overnight market that operates much like an automated clearing house, transferring debits and credits between banks nationwide. All financial institutions operate this way during the night cycle to process all money transactions in Canada and around the world. The overnight rate is very important to financial institutions who will aggregate funds and borrow as needed to process and settle internal bank transactions. In order to process the large number of payments and transactions simultaneously, most institutions will run into issues clearing at the end of each day. Banks may not have enough deposits in a day to cover what needs to go out. Some financial institutions may have sent out more in payments than they received, while others may have received more than they sent out. This is why the BOC rate is so impor-



Christine Ibbotson

tant. Every night while we sleep, the Canadian banks borrow money from each other in the overnight market at a centralized cost, (the BOC overnight lending rate). A financial institution doesn't always have to borrow or lend to other banks, they can also use the BOC for one night. These rates vary overnight for deposits and loans to the banks based on the BOC operating band.

So why the “banking financial lesson?” Well, knowing how the banks transact with one another helps us understand why the BOC rate is so important. When our Canadian banks borrow and lend together, they basically keep our Prime rate consistent among all financial institutions across the country. This ensures the loan and mortgage rates we pay are based on a unilaterally agreed upon Prime Rate (currently at 6.7%) and the interest rates paid on GICs are generally the same across all Canadian markets. The 2% BOC threshold remind us – “to keep inflation at 2%” – and this has always been the BOC's magic number. Below 2% means they will lower rates to increase spending and increase the economy, above 2% and they will raise the rates to force us to spend less and slow down the economy. We're almost there. At the end of July, inflation sat at 2.70%. With three more potential drops, we are all hoping Prime will come down to 5.95% by December. (The BOC has 8 fixed dates per year where it will either raise, lower or maintain the rate). Most economists predict we will be under 6% by 2025.....so fingers crossed, they're right!

Written by Christine Ibbotson, Author, Finance Writer, National Radio Host, and on CTV & BNN, syndicated across Canada. Send your questions through her website at askthemoneylady.ca

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EMPLOYMENT OPPORTUNITIES

GRAYMONT Graymont's Faulkner

Graymont's Faulkner, Manitoba plant is hiring, and we want you on our team! Graymont's Faulkner lime plant is located near Moosehorn, Manitoba, within two miles of the shore of Lake Manitoba.

We offer top-notch pay, unbeatable benefits, and a safe, collaborative environment where you can grow your career.

We're currently seeking:

- Laboratory Technician
- Purchase/Inventory Specialists
- Industrial Electrician
- Laborer

*Ready to take the next step in your career?
Explore these opportunities and apply today at
www.graymont.com!*

About Graymont

Graymont is a global leader in the production and marketing of lime and limestone products. We have operations across North America and in the Asia Pacific region. Graymont's growing business focuses on technology and application innovation. Employees at Graymont receive competitive compensation and health care benefits and may also qualify for financial support for ongoing learning and development to help them reach their full potential.



NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES TOWN OF WINNIPEG BEACH

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Town prior to the commencement of the auction, the Town will on the **3rd day of October, 2024**, at the hour of **10:00 AM**, at Town of Winnipeg Beach, 29 Robison Avenue, Winnipeg Beach, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
42800	THE S 1/2 OF LOT 7 BLOCK 9 PLAN 2831 WLTO IN E 1/2 OF SECTION 33-17-4 EPM EXC: ALL MINES AND MINERALS AS SET FORTH IN THE ORIGINAL GRANT FROM THE CROWN - 140 NO. 9 HWY, WINNIPEG BEACH	L -\$38,100 B -\$100,500	\$7,181.82
92500	ELY 25 FEET OF LOT 21 AND WLY 25 FEET OF LOT 22 BLOCK 10 PLAN 2226 WLTO EXC ALL MINES AND MINERALS AS SET FORTH IN THE ORIGINAL GRANT FROM THE CROWN IN NE 1/4 33-17-4 EPM - 435 SPRUCE AVE., WINNIPEG BEACH	L -\$24,400 B -\$69,300	\$3,994.38
171850	ALL THOSE PORTIONS OF CENTRAL AVENUE, MCPHERSON AVENUE, MURRAY AVENUE AND STITT STREET IN THE VILLAGE OF WINNIPEG BEACH, IN THE PROVINCE OF MANITOBA, SHEWN COLOURED PINK, ACCORDING TO A PLAN FILED IN THE WINNIPEG LAND TITLES OFFICE AS NO. 1884 EXCEPTING PLAN 5521, LOT SEVENTEEN IN BLOCK ONE, SHEWN ON A PLAN OF SURVEY OF PART OF WINNIPEG BEACH IN MANITOBA, REGISTERED IN THE WINNIPEG LAND TITLES OFFICE, AS NO. 2357 - 1.01 MILES/ STN GRDS PL	L -\$27,700	\$5,153.60

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Town **may** exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Town makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the Town of Winnipeg Beach as follows:
 - i) The full purchase price if it is \$10,000 or less; OR
 - ii) If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - iii) A fee in the amount \$500.85 (\$477 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Town or, if a GST registrant, provide a GST Declaration.

Dated this 21st day of August, 2024.

Managed by:



Sharon Desiatnyk
Chief Administrative Officer
Town of Winnipeg Beach
Phone: (204) 389-2698
Fax: (204) 389-2019

EMPLOYMENT OPPORTUNITY

Three Positions Available Full Time Resource Coordinator

To coordinate support services for Seniors in order to assist individuals to maintain the independent living status

Full Time Meal Coordinator

To provide nutritious meals and social support to seniors and persons living with disabilities, in a congregate dining setting, to assist them in maintaining their independence.

Casual Cook

To support the Meal Coordinator in providing meal services in a congregate dining setting.

All wages start at \$16/hr. and negotiable depending on experience.

Closing date for applications: Thursday, September 5 @ 10 a.m.

Phone 204-378-3103 or 204-378-5251 for details
Email resumes to: brseniorsresource@gmail.com
By mail: BRSRC Inc Box 206 Riverton, Mb R0C 2R0
Drop off: Riverton Community Health Centre during regular hours.

EMPLOYMENT OPPORTUNITY

Location Blue Crescent Hotels - Arborg, MB
Position Hotel General Manager
Status Full Time

Our brand new 30 room hotel is seeking a qualified "hands on" revenue driving Manager, who can set and manage a high standard for quality small town hospitality, opening a brand new, modern Hotel. As the leader of this hotel, the Manager will be responsible for all day-to-day operations and team management. It is expected that the successful candidate will build their team and culture to create outstanding guest service and show visitors to our community what small town hospitality is all about.

DUTIES AND RESPONSIBILITY:

- Setting and achieving occupancy and profit targets;
- Recruiting, training and monitoring staff;
- Building a hospitality culture;
- Planning work schedules for individuals and teams;
- Performing Front Desk Duties as well while in the office;
- Training in all departments;
- Ensuring security and safety of all guests, guest information and staff;
- Controlling costs and managing for Profit;
- Monthly reporting to ownership group;
- Managing Policies, Procedures and Maintenance of the pools and waterslide;

SKILLS:

- Friendly, service orientated personality
- Excellent interpersonal and communication skills
- Organized and ability to multi-task
- Analytical problem solver
- Ability to mentor staff

QUALIFICATIONS:

- Minimum of 2 - 3 years of experience in an Assistant GM or GM role within a hotel, resort or similar field is preferred.
- Demonstrates an ability to anticipate and identify issues and exercise initiative to investigate, interpret and weigh alternatives to reach logical conclusions to make sound business decisions.
- Maintains a consistent professional and positive attitude when communicating with guests and associates.
- The ability to effectively and efficiently schedule, manage and delegate work.
- Possess excellent listening, verbal and written communication skills with professionalism, diplomacy and confidentiality.
- Computer proficiency in Word, Excel, Bookkeeping and Hotel Reservation systems is an asset.

Respond to: trevor.rempel@steelcreekdevelopers.ca

Resume Submissions close August 31, 2024 - Start Date Flexible targeting mid October 2024

SCRAP METAL

Buyer for all farm-yard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

HAY FOR SALE

Round hardcore bales, 1st & 2nd cut, alfalfa & brome grass. Call 204-461-0722.

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

ANTIQUÉ SALE

Don't miss the big annual Fall Junk Wagon Antiques & Collectibles Sale. Everything from old toys, vintage clothing, comics, records, jewelry, rustic, retro, glassware, old advertising, old signs, upcycled and so much more. Saturday, Sept 7. Doors open 9 a.m. - 4 p.m. 980 Winakwa Rd. in Winnipeg. \$5.00 per person.

BUSINESS OPPORTUNITY

For sale - All Electric Sales & Service, 311 Main Street, Arborg. Includes property & building. Call 204-376-5003 or email allelec@mts.net for more information.



Fisher Branch Care-A-Lot For Tots is Hiring

Are you looking for a great job and career opportunity?

We are looking for a new team member who has qualifications as an ECE II or III. If you do not have these qualifications and are interested, please still apply. Job details include: Playing, fun, dancing, learning plus much much more! Must be 18 yrs. of age, energetic, reliable and willing to learn. Competitive wages, employee benefits and pension plan.

Apply by September 13th, 2024
Please send resume to carealot@mymts.net or contact Mandy @ 204-333-1416

EMPLOYMENT OPPORTUNITY

Arborg School Age Childcare Coop requires an ECE II for a split shift.

Starting Sept 5th-June 28th (closed for summer) Opening shift 7-9 am and 3-6 pm. Wage depending on experience, paid inclement weather days, MCCA membership, possible future benefits.

Looking for an energetic, reliable ECE II for a busy childcare before and after school program located in the AEMYS. Required to share in daily responsibilities preparing light snack, cleaning, program planning, playing games activities in the gym and outside with various ages of children 5-12. As well as one on one with children with additional support needs.

Requirements:

Early Childhood Educator Diploma
Currant first aid
criminal record/child abuse/ vulnerable sector checks.

Email resumes to: arborgschoolage@yahoo.ca

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HELP WANTED

ROCKY MOUNTAIN EQUIPMENT IS HIRING: Parts Technicians, Sales Consultant, Agriculture & Heavy Equipment Techs - Journeyman, Apprentices and Sales roles. View open roles www.rockymtn.com/careers. Possible relocation and signing bonus offered.

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Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firstandsecondmortgages.ca

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Want to learn how to fly? LS Airways Flight Academy is the most affordable in Canada. Recreational, private and commercial certificates. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

WANTED

WANTED/BUYING 1950's-70's Scandinavian, Danish, Canadian Mid-Century Modern Furniture (Teak, Walnut, Rosewood), lighting, ceramics, textiles, stereo or design. Contact Daniel at TEXT/PHONE: 204-918-1607.

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

MORTGAGE SALE

The land and building known as 57 Laura Avenue, Riverton, MB, as described in Certificate of Title No. 3203136/1 will be sold at a public auction on the 18th day of September, 2024 at 9:30 A.M. The auction sale will be held by video or teleconference. There will be no in-person attendees at the auction, in order to participate you must pre-register at least 24 hours prior to the auction by contacting Katharina Kirienko at either 204-957-4810 or kkirienko@mltaikins.com.

The Vendor is informed that the property consists of a 1,136 sq ft single family detached bungalow built in 1970, 6 rooms, 3 bedrooms, 2 full bathrooms, 1 half bathroom, fully finished basement and a single attached garage, located on 40' x 120' ft lot.

Property taxes (excluding any accruing water charges) are paid in full to December 31, 2023. The property is sold subject to taxes and penalties accruing after that date. The prior encumbrances which will remain on title after the auction are: Caveat No. 1361721/1.

TERMS: Deposit of \$24,000.00 by way of certified cheque or bank draft payable to MLT Aikins LLP, or cash (the cash component of the deposit not to exceed \$7,500.00) and the balance according to conditions to be announced at the sale.

Sale is subject to Reserve Bid which will be announced at the auction. If the highest bid does not meet the Reserve Bid then there is no sale. The auction sale will be conducted pursuant to an Order for Sale issued by the District Registrar. Certain parties may be prohibited from purchasing the property, including but not limited to, parties who by virtue of their employment or relationship to a person involved in the sale process would have special knowledge of the circumstances pertaining to the sale. For more information and a list of prohibited purchasers please visit: www.teranetmanitoba.ca

Further information may be obtained from:

MLT AIKINS LLP
Barristers & Solicitors
30th Floor, 360 Main Street, Winnipeg, MB R3C 4G1

Attn: Katharina Kirienko (204) 957-4810
kkirienko@mltaikins.com

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RURAL MUNICIPALITY OF GIMLI

EMPLOYMENT OPPORTUNITY

Chief Administrative Officer

Location: Gimli Manitoba

Council, on behalf of the RM of Gimli is seeking a proven municipal leader to take on the role of Chief Administrative Officer. Based in beautiful Gimli, the successful applicant will be responsible for overseeing 100+ employees and contractors in three distinct departments providing programs and services to residents of the municipality with an annual budget of greater than \$23m. The RM is diverse, boasting a thriving business community, a multitude of recreational opportunities, and a growing population.

The Chief Administrative Officer will be responsible and accountable for managing the operations of the Municipality of Gimli.

Key responsibilities will include:

- Advises Council and is responsible for ensuring that council is informed of their legislative responsibilities and authorities and ensures that they receive all other relevant information necessary to make informed decisions on every municipal matter.
- Organizes and attends all Council meetings, ensures bylaws and resolutions are prepared and implemented as approved, provide advice and recommendations to Council for new initiatives that support the implementation of approved Council priorities.
- Ensures sound public relations and oversees the communication of municipal matters to employees, ratepayers and citizens.
- Ensures the RM develops and implements policies, programs and services that support Gimli's compliance with all relevant Manitoba legislation.
- Provides leadership and guidance to the Senior Management team comprised of the Assistant Chief Administrative Officer, Director of Finance, Director of Operations (Public Works and Utility), the Director of Recreation and Leisure Services and Human Resource Consultant.
- Leads the development and implementation of long term and annual plans in support of Council's strategic plan and ensures the development and maintenance of appropriate records of all key administrative and financial affairs of the municipality.
- Establishes and maintains effective working relationships with other municipalities, and other constituencies.

The ideal candidate will possess:

- Relevant post-secondary education such as a Certificate in Manitoba Municipal Administration (CMMA) or equivalent;
- Several years of relevant experience including municipal administration, financial management, and human resource management. In addition, overseeing public works and recreation and leisure services would be definite assets.
- Strong leadership skills, with demonstrated experience developing effective and empowered teams.
- Strong analytical and problem-solving skills with the ability to lead effective change.
- Experience with both short and long-term planning, including development and implementation of key initiatives.
- Demonstrated experience working in a regulatory environment, with strong knowledge and understanding of all relevant legislation.
- Highly developed oral and written communication and interpersonal skills, with a demonstrated ability to build and maintain effective relationships with diverse groups.
- Demonstrated understanding of effective governance principals. Prior experience working with councils or similar governing bodies would be a definite asset.

The RM of Gimli provides a competitive salary based on experience and qualifications as well as a comprehensive benefit package.

This position shall remain open until it is filled, however applicants will begin being considered September 15, 2024.

Interested applicants should submit a resume and cover letter prior to the initial closing date to:

Laurel Repski
Human Resource Consultant, RM of Gimli
repskihrc@gmail.com



TOWN OF ARBORG EMPLOYMENT OPPORTUNITY

FULL-TIME OPERATIONS MANAGER

The Town of Arborg is seeking applicants for the full-time position of Operations Manager. Reporting to the Chief Administrative Officer, the Operations Manager is a senior management position in the Town of Arborg responsible for overseeing the daily operations of the Town of Arborg including, but not limited to, the Water & Sewer Utility and Public Works Department. Preferences will be given to candidates possessing the following qualifications:

- Minimum of 3 years supervisory experience.
- Minimum education of High School Diploma or equivalent.
- Strong background in leadership, supervision, and performance management skills.
- Knowledge and experience using a wide range of computer programs such as MS Office (Word, Outlook, Excel, PowerPoint, Publisher).
- Additional training or safety certificates would be an asset.
- Class I Water and Wastewater Facility Operators Certificate would be an asset.
- A Driver's License valid in the Province of Manitoba.
- In accordance with Town of Arborg policy, this position requires as a condition of employment that you provide a Criminal Record Check that is acceptable to the Town of Arborg.

A detailed job description is available upon request.

Employment Start Date: TBD

Application Deadline: Posting will remain open until a suitable candidate has been selected.

Compensation: Salary will be dependent upon education and experience.

Direct Applications to:

C.A.O. Cindy Stansell
Town of Arborg
PO Box 159, 337 River Road Arborg, MB R0C 0A0
E-mail: caoarborg@mymts.net
Phone: 204-376-2647 Fax: 204-376-5379

We thank all candidates for their interest, however, only candidates selected for interviews will be contacted. Applicants selected for an interview will be required to provide references.

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RURAL MUNICIPALITY OF GIMLI

EMPLOYMENT OPPORTUNITY

Executive Assistant and Communications Officer

Position Summary:

Reporting to the Chief Administrative Officer, this new position will be responsible for providing confidential executive assistance and administrative support to the CAO, and as required to the RM's senior management team and will serve as the RM's Communications Officer.

Significant administrative functions include:

- Prepares council meeting packages including preparing and gathering correspondence and ensuring timely distribution. Ensures that matters requiring follow-up are shared with appropriate RM management.
- Writes Council Briefs on a wide variety of matters for the CAO.
- Participates in all senior management meetings, maintains confidential minutes and records of decisions.
- Undertakes research, analysis and prepares reports.
- Prepares a variety of correspondence including confidential human resource matters.
- Undertakes a variety of special projects such as but not limited to RM surveys, analysis of communications and recommendations for improvements.

Key communications functions include:

- Develops and implements communication plans, information and materials using a wide variety of media to ensure that essential RM information is provided to RM constituents.
- Manages the RM's website for all departments. This will include website development and posting updates as required.
- Supports on-line Council meetings.
- Serves as the initial point of contact for all media including monitoring and posting to the RM's social media and online presence. Works with Council on media releases as required.
- Supports the development and enhancement of internal communications.

Qualifications:

The ideal candidate will possess the following:

- Post-secondary education in communications, marketing or a related field, or a suitable combination of education and experience.
- CMMA designation would be an asset.
- Demonstrated relevant communications experience utilizing a variety of social media platforms.
- Several years of progressively responsible administrative experience, preferably some of which is within the municipal or public sector. Familiarity with Boards and/or Councils is an asset.
- Knowledge of Municipal governance would be an asset.
- Knowledge of Catalis software, as well as a variety of social media platforms, and demonstrated knowledge of all Office software.
- Strong oral and written communication skills, with the ability to work with sensitive and confidential information is essential.
- Ability to work with a high level of independence on multiple simultaneous priorities.
- Ability to work a variety of hours including evenings and weekends as may be required.

The RM of Gimli provides a competitive salary based on experience and qualifications as well as a comprehensive benefit package.

This is a new position and is presently being reviewed to determine whether it will be part of the bargaining unit or excluded.

This position shall remain open until it is filled, however applicants will begin being considered **September 10, 2024**.

Interested applicants should submit a resume and cover letter prior to the initial closing date to:

Laurel Repski
Human Resource Consultant, RM of Gimli
repskihr@gmail.com

NOTICES

WANT TO ADVERTISE FALL ENROLLMENT or CONFERENCES? NOW is the time to get your information published! Book your ads now to boost enrolment! SELLING SOMETHING? Have your blanket classified ads seen in the 31 Member Newspapers which are seen in over 368,000+ homes in Manitoba. Now booking advertising for the remainder of 2024. Plan your success! Please call 204-467-5836 or MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

THE RURAL MUNICIPALITY OF ARMSTRONG

EMPLOYMENT OPPORTUNITY

CHIEF ADMINISTRATIVE OFFICER

The Rural Municipality of Armstrong is accepting applications for the position of Chief Administrative Officer.

Found in the heart of the Interlake region of Manitoba, northwest of Teulon on Hwy #17, the RM of Armstrong is home to a number of small hamlets offering a mix of urban and quiet country lifestyles.

Under the direction of Council, the CAO is responsible for the overall management of the operations of the municipality including: administration, supervision of staff, policies and planning and financial management.

Key responsibilities of the position include:

- Recommend new initiatives, programs, policies, and plans for Council to consider.
- Advising Council as to current and future policies, programs and budgets.
- Acting as the coordinator and team leader of the administration in areas of staff, personnel, policies, plans and programs.
- Develops and implements a process for preparation of annual capital and operating budgets.
- Assisting Council in determining the future vision of the Municipality.
- Working closely with all levels of government

Skills & Qualifications

- Ability to produce and understand Municipal Financial Statements and manage a budget.
- Ability to communicate effectively with the public, employees and external stakeholders.
- Ability to develop, interpret and administer agreements, statutes and by-laws.
- A graduate of the University of Manitoba Continuing Education Division Certificate Program for Municipal Administrators (CMMA), or equivalent education.
- A background in Accounting is considered an asset.
- A minimum of three years direct experience in municipal administration.
- Computer experience with a municipal software program, preferably Asyst, and demonstrated abilities with Windows, Microsoft Office 365: including Work, Excel, Power Point.

Salary is commensurate with experience and qualifications. The RM of Armstrong provides an excellent group benefits and pension program. A detailed job description is available upon request.

Please submit your resume and three reference to:

RM of Armstrong
Box 69, Inwood, MB R0C 1P0
Fax (204) 278-3437
Email: cao@rmofarmstrong.com

Deadline to apply for the position is Friday, September 6, 2024, at 4:30 P.M. If a candidate is not found by the deadline date the position will remain open until filled. We thank all that apply and advise that only those selected for further consideration will be contacted.

RECYCLING NOTICE FOR SEPTEMBER / 2024

Riverdale Place Workshop Inc. **WILL NOT** be picking up recycling on the below mentioned dates

- Sept. 10 at Arborg curbside pickup
- Sept.12 at Riverton curbside pickup
- Sept.24 at Arborg curbside pickup
- Sept.26 at Riverton curbside pickup

The workshop will be closed on Monday Sept. 2 Labour Day

Please rinse your containers

Thank you for Recycling

EMPLOYMENT OPPORTUNITY

Make a Difference Help People with Disabilities Live the Life They Want, Be a

Direct Support Worker

We offer a competitive salary, flexible working conditions, full pension & benefits This work is creative and rewarding and will bring out the best in you!

Casual, part-time or full-time positions available With ongoing training and opportunities to learn

Riverdale Place Homes Inc.
Box 968, Arborg MB R0C 0A0
332 Ingolfs St.
Phone: 204-376-2940 (ext.2)
kfinnson@riverdaleplacehomes.com

Due to September Long Weekend Classified booking deadline is Friday at 4:00 pm Please Call 204-467-5836

Classifieds

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with an Announcement in the EXPRESS WEEKLY NEWS
Call 204-467-5836

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Starting at \$289,000
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1648 SqFt, 3 bedrooms, ensuite, large kitchen with quartz countertops, 9ft walls, double cathedral ceiling

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MANITOBA BEEF & FORAGE CONFERENCE

8 AM - 5 PM
October 30th, 2024
William Glesby Centre, Portage la Prairie, MB

Hear from industry experts and local producers about a variety of topics related to beef cattle production!

Organized by MB Agriculture in partnership with MB Beef & Forage Initiatives, and MB Beef Producers.

For more info call:

204-761-3300

Or visit: manitoba.ca/agriculture/livestock/beef-conference.html



Steep Rock Beach Park is currently accepting tenders for the following:

Request for Tender Bid #2024-01

For supply of labour and equipment necessary (including sand backfill) for trenching at Steep Rock Beach Park on Diamond, Emerald and Ruby Lanes, for electrical and water distribution purposes at fifty-nine (59) seasonal campsites (approximately 5,000 feet).

Request for Tender Bid #2024-02

For supply of materials and labour necessary for electrical distribution & receptacle installation at Steep Rock Beach Park on Diamond, Emerald and Ruby Lanes, at fifty-nine (59) seasonal campsites (approximately 5,000 feet).

Request for Tender Bid #2024-03

For supply of materials and labour necessary for water distribution & receptacle installation at Steep Rock Beach Park on Diamond, Emerald and Ruby Lanes, at fifty-nine (59) seasonal campsites (approximately 5,000 feet).

SITE VISIT A Site Visit will be held on Wednesday, September 4, 2024 at 10:00 a.m. Steep Rock Beach Park, RM of Grahamdale, NW2-29-10W - meet at the park office.

ENQUIRIES Administrative inquiries and requests for clarification of the Bid process shall be made to the Park Manager in writing at steeprockbeachpark@gmail.com and must be received not less than five (5) business days prior to the date for closing of Bids.

TENDER SUBMISSIONS close Saturday, September 14, 2024 3:00 p.m. CT
The lowest or any Bid will not necessarily be accepted.

Due to September Long Weekend Classified booking deadline is Friday at 4:00 pm Please Call 204-467-5836

take a break

> GAMES

SUDOKU

				1				9
	2					1		
4	1			5	3	7		
7		3	5		2	4		
		8	3	9				
							7	
3							6	4
	6			8		3		
9								

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	1	8	5	3	9	4	6	2
2	3	6	8	4	1	9	7	5
4	9	5	6	2	7	1	8	3
8	7	3	1	9	4	2	5	6
5	2	9	7	6	3	8	4	1
1	6	4	2	8	5	3	9	7
6	8	7	3	5	2	9	4	1
3	4	1	9	7	6	5	2	8
9	6	2	5	1	4	8	7	3

Sudoku Answer

E	S	S						M	E	A										
D	T																			
O	I	D																		
O	R	V						K	S											
T	V	H	C					T	V											
S	H	S	C	H	E	S														

Crossword Answer

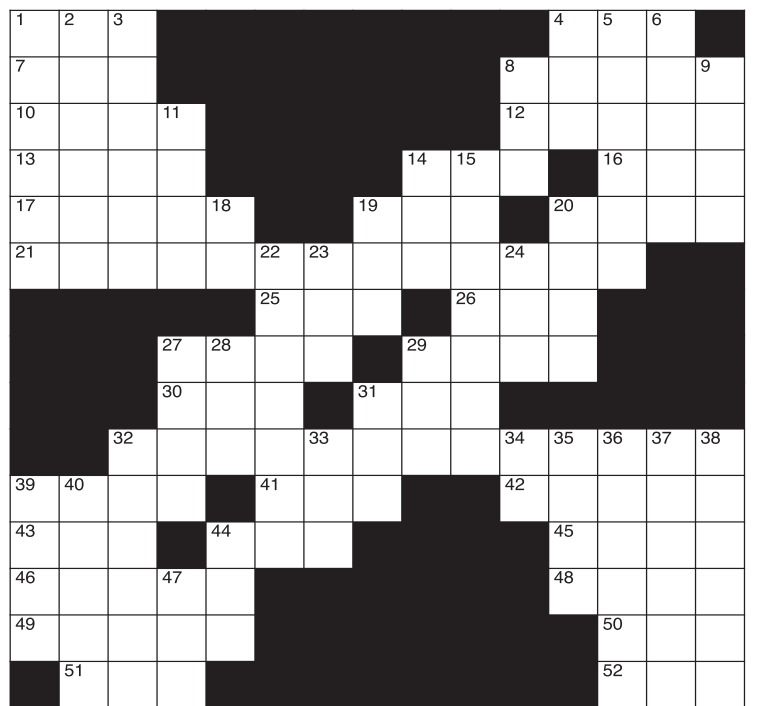
X CROSSWORD

CLUES ACROSS

- Microgram
- After B
- Everything
- An unfortunate development
- Coat with sticky substance
- Cylinder of tobacco for smoking
- Minimum interval take off
- Yuck!
- NBA sensation Jeremy
- Where some rockers work
- Midway between northeast and east
- Snake-like fishes
- Groups of homes
- Swiss river
- Useful towel
- "The Wire" character "Moreland"
- Oafish creature
- A major division of geological time
- Bird-like Chinese dinosaur
- Sporting events
- Body part
- Clerical vestment
- Shows data
- Some are "special"
- Expression of disappointment
- Students' rights document (abbr.)
- Vacation locale Costa ____
- Pop singer
- Distract outside a city
- Mark Wahlberg comedy
- Coniferous tree
- Midway between south and southeast

CLUES DOWN

- Lunatic



- Actress Danes
- Buttock muscles
- The 22nd letter of the Greek alphabet
- Popular 70s rockers
- Electronic communication
- Trigraph
- Sea eagles
- Low-pitched, resonant sound
- Northeastern US university (abbr.)
- Home of the Bulldogs
- Exclamation of surprise
- Make a mistake
- Advantage
- Monkeys love them
- Wood
- Paddle

- Past participle of be
- Tall, rounded vase
- Device manufacturers
- Financial institution (abbr.)
- Paper product
- A type
- Atomic #43
- Red Hot Chili Peppers' drummer
- Behaviors
- Decays
- Walked confidently
- Voice (Italian)
- Class of adhesives
- Bar bill
- One-time aerospace firm

Classifieds Announcements



OBITUARY

Joseph Kowalchuk

December 26, 1952 – August 14, 2024

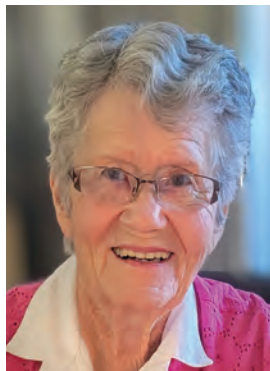
After a short battle with cancer, with his family at his bedside, Joe left us. We are heart broken. We wish to thank the staff at Ashern Hospital for their care and compassion. In keeping with his wishes, no formal service will be held. Donations may be made in Joe's memory to Grateful Friends Animal Rescue.



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OBITUARY

Phyllis Lone Lamb
1932 – 2024



It is with deep sadness that we announce the passing of our beloved mother Phyllis Lone Lamb on August 15, 2024, at the age of 91 years.

Phyllis will be missed by her "chosen children" son Michael, grandchildren Randy (Nicole), Brandy (Darryl) and Elvis; their mom Darcy; great-grandchildren Lennie, Huxley, Anthony and Margo; daughter Jody (Ian) Magill, grandchildren Kathryn and James (Kylie) Stark; great-grandchildren Gracie and Eli; brother Bob (Muriel) Kenyon; sister Carlee Dreger; sister-in-law Lorraine Lamb; and many nieces and nephews.

Phyllis was predeceased by her husband Harold in May 1985, her parents Tom and Gladys Kenyon, and sister Jean Lovane Jensen.

Phyllis was born on October 9, 1932 in Cypress River, Manitoba,

where she spent her early years forming lifelong friendships. Phyllis was a very determined and independent woman with many passions including researching and writing books on the Dowd, Kenyon and Lamb family histories. She pursued her dream of being a teacher and especially loved her years teaching at Clydebank school near Eriksdale, Manitoba.

She married Harold in 1956 and built a successful dairy farm operation. She loved being a mom, and the biggest joys in her life were bringing home Michael and Jody and being a grandma and great-grandma. Phyllis was a dedicated hockey and figure skating mom attending games and competitions and being one of the biggest cheerleaders in the stands. She was active in the community with Ladies Aid, 4-H, curling, concerts, and carnivals.

After Harold's passing, Phyllis and Michael continued to farm for many years eventually transitioning from dairy to cattle farming. Phyllis had tremendous pride for the farm from her large and plentiful vegetable garden to hours spent in her flower beds and painting the many buildings and white fences.

She loved the company of family and friends and always had a pot of coffee and treats ready for visitors. She was a good and loyal friend with a wonderful smile that brightened any room!

Phyllis left the farm in 2012, to move closer to her son Michael's family. She moved to Medicine Hat in 2023, to be with her daughter Jody.

A special thank you to the caring staff and friends she made in Stonewall, Woodlands Manor, Cypress View Foundation and Medicine Hat Care Community, especially her dear friend Ray who filled her last year with dances and outings to church and for ice cream.

A celebration of life honouring Phyllis will be held in Manitoba in 2025. She will be interred at the Cypress River (Glencoe) Cemetery next to her mom and dad.

The family requests that donations be made to the Alzheimer Society of Canada or a charity of your choice in Phyllis' name.

Cremation has been entrusted to the Pattison Funeral Home and Crematorium.

To leave a message of condolence you may visit www.pattisonfuneralhome.com. Mizpah - "May the Lord watch between me and thee while we are absent one from the other."

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OBITUARY

Kyle Spalding
July 22, 1978 – August 8, 2024



It is with great sadness that we mourn the loss of Kyle Spalding, who was tragically killed while responding to a power outage near Steep Rock, MB.

Kyle leaves behind his wife Melanie, his sons Ethan and Aiden, mother Judy (Rod), father Dave (Joanne), sister Kerri (Kevin), in-laws Jack (Donna), Blair (Janeen), nieces Emma, Ava, and Faith, nephew Bradley, and grandmother Rita.

A lineman with Manitoba Hydro, Kyle spent 27 years working to supply and maintain hydro-electric power across the province to his fellow Manitobans. It was something he truly loved, and his dedication during that tenure was exemplary.

There really aren't enough hours in a day to fully describe what a great man Kyle was. The mere mention of his name is often

enough to bring about a smile or prompt a funny tale. And that's how he would have wanted it. His kindness and generosity touched so many, and his passion and commitment made such a positive impact on his community.

It's hard to imagine what this world will look like without him. He will be missed in so many ways. The sadness in our hearts serves as a reminder to the man he was. It stems from the knowledge that nothing will ever be able to replace him. The best we can do is keep him with us in our thoughts and hold on to the light he gave us.

Kyle will be remembered for many things. A lineman, a coach, a son, a brother, an uncle, a friend, but most importantly, a husband and a father. He always gave it everything he had, and in doing so, left behind a legacy that will truly stand the test of time. The rest of us should be so lucky.

In memory of Kyle "Top Flyte" Spalding
To those who climb.

A memorial service will be held at 2:00 p.m. on Wednesday, August 28, 2024 in the Eriksdale Recreation Centre with Dawn Tober officiating. Service will conclude at the hall.

In lieu of flowers, donations may be made in Kyle's memory payable to Manitoba Hydro Employee Fund c/o of Chairperson Hal Turner, Vice President, Manitoba Hydro, 360 Portage Ave., Winnipeg, MB R3C 0G8.

Arrangements by:
ARNASON FUNERAL HOME
Ashern - Lundar
1.204.768.2072
1.866.323.3593

OBITUARY

Christine Pauline (Watson) Snowdon
December 12, 1945 – August 10, 2024



We share with you the passing of Christine, aged 78, on August 10, 2024, with family at her side, at the Health Sciences Centre in Winnipeg. Christine's health declined overnight.

She was predeceased by her parents Albert (Abb) and Pauline; brother Ted; nephew Darryl; niece Elsa Tegelberg and numerous relatives and friends.

Left to remember her are her sister Linda Steele; sister-in-law Linda; nieces Patty (Wes), Cheryl (Mike) and Pam (Randy); nephew Jason (Brooke); great nephews and nieces Bryce (Megan), Nick, Halli (Lou), Mattaeus (Rachel), Taryn, Icelynn, Jared, Blake, Shawn and Keira; great great niece Addie as well as many friends and family.

Christine was born on December 12, 1945 at the Eriksdale Hospital. Christine enjoyed phone visits with her sister, Linda, friends Joyce (Sutton) Bright and cousins Georgina and Ray Larson and others. She grew up on the family farm and from there developed a life-long love of animals. She cared for many cats and dogs over the years.

Christine moved to Winnipeg where she was employed by Super-Lite for a number of years and also worked at Jean Postlethwaite's restaurant in Ashern. Where she lived, she worked in the service industry. After leaving Ashern, she returned to Eriksdale where she lived until her passing.

After surviving years of domestic abuse, Christine's resilience gave her much needed comfort. She loved to tease and to be teased and her laughter, easy-going nature and independence returned to allow her a better quality of life. She was now in charge of her life.

She enjoyed road trips and outings with her sister-in-law Linda, as well as with Cheryl and Jason, the highlight of which was delving into family history. She was always willing to lend a helping hand to whomever needed her help. Besides a keen interest in family history, Christine kept busy doing scrapbooks, reading, working on her photo albums and ensuring that the birds and other small visitors were fed and watered.

A family memorial graveside service will be held at a later date.

Sincere thanks to the caring, compassionate and patient medical team of Dr. N. Faragalla and our local nursing staff, the EMS first responders, the STARS air ambulance team and those who cared for Christine at HSC. We truly appreciate your dedication. Thank you to those who visited while she was in HSC and to the others who helped her in various ways throughout her life.

In lieu of flowers, Christine's wish would be for donations to be made to a local animal rescue or to The Winnipeg Humane Society, 45 Hurst Way, Winnipeg, MB, R3T 0R3.

Arrangements by:
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Classifieds Announcements



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OBITUARY



Janet Cramer (nee Barclay)
July 8, 1934 – August 18, 2024

Peacefully on Sunday, August 18, 2024 with her husband and three children Bill, Sandra and Steven by her side, Janet Barclay Cramer, age 90, passed away at the Gimli Community Health Centre in Gimli, Manitoba

Janet was predeceased by her parents Harry and Cora Easton Daly, her sister Elsie (William), her brother Harry and, her brother William (Doreen).

She is survived by her husband John, son Bill, daughter Sandra (Alan) and son Steven, her nephews Harry (Eleanor), Gordon (Fiona) and Kenneth (Kathleen), her niece Elspeth (Mark), her sister-in-law Mary Brodie Daly and numerous aunts, uncles, cousins, grandchildren and great-grandchildren too numerous to mention.

Janet's life began on July 8, 1934 in Helensburgh, Scotland. As a young girl she took Highland dancing and ballet. When she was 14, she started dancing in the chorus line in variety show in Scotland and Ireland. She was a choreographer at the age of 20.

She came to Canada in 1955. She worked at Winnipeg Photo for 26 years developing negatives and slides and then worked at Jostens working on school yearbooks.

She met her husband John in 1986 and they married in 1995. In 2005 they celebrated their 10th wedding anniversary at Always Summer owned by Tom and Linda Brook. On December 15, 2010 they took up permanent residence in Gimli and have enjoyed being part of the community.

Janet was half Irish, half Scottish and had the most beautiful red hair. She also had a marvellous sense of humour which helped keep their marriage together for the 38 years they shared together.

Janet's Memorial Service will be held on Saturday, September 14, 2024 at 1:00 p.m. in the Gimli Lutheran Church.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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