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**Talented artist**

Gimli's Alex Gavel has completed two scenes for the *Amazing Spiderman 3* movie's storyboards. He is about to start his third.

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# Lake Winnipeg mural unveiled by NIHM at visitor centre

By Patricia Barrett

The New Iceland Heritage Museum in Gimli opened a new exhibit a few weeks ago that will educate visitors about Lake Winnipeg and its extensive watershed and how human activities have impacted the health of the lake.

The Lake Winnipeg and Watershed Exhibit is a multi-phased project. Phase One consists of a large mural on the wall of the Lake Winnipeg Visitor Centre, which is managed by the NIHM and pays tribute to the fishing industry.

The seven- by 32-foot mural shows life below the lake's surface, including a variety of fish species, and activities on the water, including boating and pelicans.

Heather Hinam of Second Nature, a company that provides ecological planning and design services, created the mural.

Hinam has a doctorate in ecology and conservation biology and over 25 years of art experience. She's a member of the Guild of Natural Science Illustrators and Interpretation Canada. Her illustrations have been shown in exhibitions in Canada and the U.S. She works in graphite, coloured pencil, acrylic or digital painting to create accurate representations of the natural world.

"The New Iceland Heritage Museum felt that it was important to highlight education about the watershed as it relates to the health of Lake Winnipeg," said NIHM executive director Julianna Robert in a press release. "So we've embarked on this multi-phased project."

Roberts is part of a design team that includes committee chair William Barlow, Lake Winnipeg Research Consortium science and education director Dr. Karen Scott and East Inter-lake Watershed District manager Armand Belanger.

Phase 1 consists of the installation of the mural on the east wall of the visitor centre, a conceptualization of the Lake Winnipeg watershed with its elevation drop from mountains, rivers, farm fields, urban centres and hydroelectric dams to the lake shore, and a cross-section of Lake Winnipeg that shows life forms in sediments on the bottom of the lake and up to the surface.

The total cost of Phase 1 is \$26,000. Funding support came



EXPRESS PHOTOS COURTESY OF THE NEW ICELAND HERITAGE MUSEUM

Mural designer Heather Hinam.

from the NIHM, the Manitoba government's heritage grant program, and Manitoba Sport, Culture and Heritage's Historic Resources Branch.

Phase 2 will feature interactive exhibits and displays in front of the mural, emphasizing the watershed's story, its size and geographical features, and the beauty of the lake and its ecosystems. Human impacts on the lake

and watershed, invasive species and climate change will also form part of the exhibit.

The total cost of Phase 2 is yet to be determined as funding programs are just being identified.

For information about the Lake Winnipeg Visitor Centre's opening hours and COVID-19 protocols, call the NIHM at 204-642-4001.



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# EIWD's native flower garden increasing pollinating power

By Patricia Barrett

The birds and the bees and other pollinating species such as butterflies are in for a treat now that the East Interlake Watershed District (EIWD) and its eco-minded partners created a large garden of native plants and flowers in downtown Gimli.

The garden runs the entire length of a treed pedestrian walkway — locally known as Candy Cane Lane when its festively decorated in winter — between First Avenue and a shared back lane with Second Avenue and a public parking lot.

The walkway is becoming a magnet for pollinators and for visitors, who can grab lunch and sit at a picnic table under a shady tree.

"Communities and conservationists worldwide are seeing the benefits of putting nature in any little nook and cranny of society," said EIWD manager Armand Belanger. "The benefits include prevention of pollinator loss or extinction, not having to water, fertilize or cut the garden, which reduces maintenance cost, and the soils become rich and healthy, full of life and carbon. It will also reduce erosion."

Some communities that have built similar gardens are even including the general well-being of their citizens as one of the many benefits of native gardens, he said.

The garden is only in its second year of growth and will take time to develop. It includes wild ginger, bergamot, golden alexander, common daisies and vines. The colours will change with the seasons.

The pollinator garden project started in 2017 when the RM of Gimli teamed up with the EIWD and applied for and received a wildflower seed grant under Wildlife Preservation Canada, said Belanger.

Belanger came up with the idea of a native garden after Gimli Coun. Thora Palson approached him about plans the Thai Plaza cloth-



The EIWD snapped a photo of a bee hard at work this July

ing store/restaurant, which has an outdoor patio bordering the walkway, was making to beautify the area.

She sought ideas on how to make the RM-owned strip of land more amenable to locals and visitors as the EIWD's walls were being sprayed with graffiti, and rain falling from the roof of the building would cause mud to splash up on the walls, making the walkway look untidy.

"We began brainstorming and I suggested that maybe we could plant native grasses and flowers in this area, as this is something the EIWD does in the back 40," said Belanger. "We eventually agreed to seed the whole area if the RM prepared the site. The EIWD would plant and maintain it for the years to come."



EXPRESS PHOTOS BY PATRICIA BARRETT AND EIWD

The garden runs along the EIWD building between First and a back lane.

The municipality removed the sod on the long strip in 2018 while the EIWD contacted Kelly Leask of Prairie Originals, a seed and native plant company. Leask developed a shade and woodland seed mix as well as a planting design for the site. The company also helped EIWD staff seed, plant and place mulch over the seeds.

The following year volunteers from the Gimli Kiwanis Club painted over the graffiti and installed a lattice climbing wall for the vines.

"We seeded in the fall because many species of native seed require a freeze-thaw process known as stratification to be able to germinate and

grow successfully," said Belanger. "Patience is key with native grasses and flowers as they are very true to the saying, 'First year they sleep, second year they creep, third year they leap.'"

Throughout the garden are signs indicating the names and descriptions of plants and flowers. This summer the EIWD installed an interpretative sign that was designed by Heather Hinam of Second Nature.

"I think she did a great job at capturing the beauty of native flowers and the necessity of increasing areas like this to prevent pollinator extinction and life as we know it," said Belanger.



## Call For Board of Directors

**The Interlake Consumers Co-operative Ltd. invites nominations for the position of Director**

There are four (4) Director positions available

Nominees must meet the qualifications and requirements specified in the Co-op's Bylaws. Details on the qualifications and requirements can be picked up at the Administration Office in Arborg & at the Eriksdale Food Store location.

Nominations must be submitted in writing, no later than 5 pm on Sept. 3, 2020 to:

**The Nominating Committee  
Interlake Co-op  
Box 40, Arborg, MB, R0C 0A0**



**INTERLAKE**

## Notice of Annual General Meeting

**Thursday, September 17, 2020  
7:00 pm**

**Arborg Community Hall,  
409 Recreation Centre**

### Agenda Items to include:

- Minutes from the 2019 Annual Meeting
- Audit/Financial Report
- FCL Delegate Report
- General Managers Report
- Board Report
- Appointment of Auditors for 2020
- Board Elections

**Interlake Consumers Co-op Ltd.,  
Box 40, Arborg, MB R0C 0A0**

***COVID-19 safety measures will be set in place***



# Two candidates running for Winnipeg Beach council



Ryan Reykdal

**1. Provide a brief biography of yourself.**

I've been residing in Winnipeg Beach as a permanent resident for almost 50 years. I grew up here as a child. My wonderful wife Leslie and I raised our two children, who are now 27 and 21 years old, in the community. I'm currently employed as the operations manager at ADESA Winnipeg where I am responsible for overseeing and ensuring the safety of hundreds of employees. I have worked at ADESA for 20 years and counting.

**2. What community do you live in? How long have you lived there?**

Full-time, year-round resident of Winnipeg Beach for almost 50 years.

**3. Have you ever run in a political election before? If so, when?**

I ran for Winnipeg Beach council in 2010 and served as councillor from 2010 to 2018. From 2014 to 2018 I also served as deputy mayor. I ran in the 2018 election but was unsuccessful.

**4. In your opinion, what are some of the major issues facing the community?**

Like other small communities, we have aging infrastructure such as water lines and roads. With such a small tax base it makes it challenging to maintain such things. Fortunately, our town has been lucky enough to seek and receive federal and provincial grants to help with said issues.

**5. In your opinion, what are the best/**

**strongest assets in your community?**

Winnipeg Beach is a beautiful lake-side community for tourists to come spend their time during the summer months. It's a safe, affordable town within close proximity to the city.

**6. If elected, what do you hope to achieve during the last half of this term.**

As the second half of the 2018 term approaches us, I fully plan on maintaining a balanced budget as well as keeping taxes at a reasonable amount. I want to continue to beautify Winnipeg Beach and hope to see the completion of paving on Eaton Street.

**7. Why should voters support you?**

I'm a very honest, fair and approachable resident. I help in every way I can when help is in order.

**8. Have you been involved in local community service clubs, volunteered for a charity(ies) or taken part in other local community causes?**

Over the years I've played a major role in organizing and co-ordinating many summer and winter events with the help of many great volunteers in the town of Winnipeg Beach. Those events consisted of demolition derbies, ice fishing derbies and snowmobile races, just to name a few. I'm still currently an active member of the Lund Angler Young Angler fishing tournaments that have been put on for the past 11 years on Lake Winnipeg in the winter months.

**9. What do you like to do in your spare time?**

Summer and winter fishing are something I definitely enjoy doing in my spare time.

**10. Anything else you would like to share.**

I care about my community and I'm very passionate about it. Should I be elected to council I plan to make Winnipeg Beach a better community for everybody. I want to see it continue to grow and be an amazing place all year round.



Barry Hoel

**1. Provide a brief biography of yourself.**

Barry Hoel leads the technology development team at the University of Winnipeg. He is passionate about driving technology forward, small businesses and the role technology plays in powering communities and creating opportunity.

**2. What community do you live in? How long have you lived there?**

Barry Hoel is a full-time resident of Winnipeg Beach now for a year and has been a summer resident for over 35 years.

**3. Have you ever run in a political election before? If so, when?**

Barry Hoel has not run before but has been following the process which is why he feels we need change, and he wants to be instrumental in providing that change. While with the IBEW union fiscal decisions and dealing with contracts is a major asset I will bring to my political table. Taxpayers need a voice for their concerns and I will work hard with my one vote out of five to make that happen.

**4. In your opinion, what are some of the major issues facing the community?**

The taxpayers are simply not being heard. The current seats have disconnected with the people. Recycling council has clearly not worked. We need more growth and fresh ideas.

**5. In your opinion, what are the best/**

**strongest assets in your community?**

Simple, the people are the town's strongest assets. Both full-time and part-time residents play a major role in the success of Winnipeg Beach. Our town's businesses are the backbone and need our support.

**6. If elected, what do you hope to achieve during the last half of this term?**

Barry Hoel hopes keep the current council accountable and open for the remainder of the term. There is a reason why there is a vacant position and the public deserves to have their voices heard and their concerns addressed.

**7. Why should voters support you?**

If voters want change, we need to start with someone who will stand up for the people with a clear action plan to ensure smart management of tax dollars and the full support for our local service providers. We need our employees and volunteers, not a revolving door.

**8. Have you been involved in local community service clubs, volunteered for a charity(ies) or taken part in other local community causes?**

Barry runs a program called Fostering Sport Manitoba that collects used sporting equipment and cleans and donates it to foster children all around the province. Pre-COVID Barry coached hockey and soccer for over the last 10 years and plans to get involved once we are back in running form.

**9. What do you like to do in your spare time?**

Barry likes to spend time with his family. He loves fishing, teaching music, snowmobiling and keeping up with current local and world events.

**10. Anything else you would like to share.**

While out campaigning, Barry heard a lot of concerns regarding the conflict in Winnipeg Beach. Barry has noticed some of our political leaders are energized by conflict. Barry is energized by listening to people's stories and trying to figure out shared solutions.

# Learn more about our regional heritage

By Katelyn Boulanger

Red River North Heritage has made some of the videos, which are part of the exhibits in the East Beaches Heritage Wing located in Grand Marais Community Central available on their YouTube channel, so that they can be viewed from the comfort of residents' homes.

"At the moment, we aren't able to open the museum because of the pandemic. It's a small space and we can't meet distancing requirements," said Gerry Miller, chair of the RM of St. Clements heritage committee.

The videos are broadcast quality having been filmed and edited professionally. The original exhibit

started with a few videos but the East Beaches Heritage Wing has since expanded its selection.

"Last year we got funding from another grant to expand the video library to create more and update some of the existing ones so that (the) YouTube channel is basically all the videos that were produced plus some from other

sources and we're constantly adding to it," said Miller.

He believe that having them in this format will allow more people to learn about the area, especially with COVID-19 changing the way we interact.

"It's accessible because it's on the



# Woman creates Mulvihill Memorial Park in memory of loved ones

By Evan Matthews

When the piece of property on Railway Avenue in Mulvihill came up for sale, purchasing it just made sense to Charlotte Lindell.

Lindell said her family owns most of the property on Railway Avenue in the Mulvihill community anyway and has history there. After making the purchase in August 2017 and looking around the property, Lindell was struck by an idea.

"There was old house, an outhouse and an old garage. None of it was in good shape. We knocked the house down, and there was just so much grass to cut, so we decided to put up a monument," said Lindell.

With a greenspace surrounding the monument, Lindell thought the area would make for a great public space.

Having lived in Mulvihill all her life, Lindell said beautifying the area and paying homage to its history is something she takes pride in.

"It kind of just came to me. My father-in-law had passed away, and I had a nephew pass away in February. I thought a community park would be

a nice tribute," she said.

She eventually hopes to have benches and picnic tables put around the property. Then community members could purchase name plates in memory of loved ones, she said.

Once the house was knocked down, and the grass was cut, Lindell said she started gathering items, including a giant steel wheel and the giant granite rock that is now the Mulvihill sign, to develop a little monument.

"I purchased the solar lamp post that's out there. I got a cream can at an auction. I just started gathering things from back in the day," said Lindell.

"It's a small community here, and we're passionate about everything we have. Our cemetery, our garbage dump, our rock quarry, they are all so well kept. We like to keep things looking nice, and this is another way of doing that."

The park is located just off Highway 6 on the corner of Birch Lake Road and Railway Avenue.

Lindell said she still hopes to add to the greenspace, potentially with a pavilion or gazebo for shade. The com-



EXPRESS PHOTO BY CHARLOTTE LINDELL

Charlotte Lindell said the idea for a memorial park just came to her after purchasing private land in 2017. She's encouraging the community to use the space.

munity hosts a garage sale annually, and Lindell said she thinks a gazebo would make the park the perfect future location.

Placing emphasis on the fact that the space is for the entire community, Lindell said she envisions families using it for a picnic and community events.

With no looming pressure, Lindell said she will take her time putting the finishing touches on the park but expects it will take no longer than a couple years.

## > REGIONAL HERITAGE, FROM PG. 4

web, and videos are a good way of presenting history because you can talk to the people who were there, which is what these videos are. The interviews aren't a questionnaire that they had to fill out. [The people in the videos] basically talk about their own experience and what it was like to live back then," said Miller.

The YouTube channel, which had its first video uploaded on July 16, currently has 13 videos available covering topics such as forestry, fishing and farming but also has videos dedicated to local landmarks like the St. Andrews Lock and Dam and the St. Peter Dynevor Church.

"One of the themes of the [heritage wing] was putting food on the table so we had interviewed local people who talk about over the past many years the fishing industry, the forestry industry, the trapping industry, all of which were big industries in the area," said Miller.

Miller thinks that one of the most important things that a community can do is honour their past.

"St. Clements stretches from basically the North Perimeter all the way to the East Beaches and the East Beaches was a very vibrant and important area," said Miller.

In addition to the new YouTube channel, the Red River North Heritage has also put up a new website, which has historical photos along with information about the areas around the East Beaches and around Selkirk.

"If you like it, tell your friends. If you think that it's worth watching, tell your friends," said Miller.

Their website can be viewed at [redrivernorthheritage.com](http://redrivernorthheritage.com) and the youtube channel is available at [youtube.com/channel/UC1e-JWbZOknKxjAgL-Gox4uzw/featured](https://www.youtube.com/channel/UC1e-JWbZOknKxjAgL-Gox4uzw/featured).



EXPRESS PHOTO SUBMITTED BY RED RIVER NORTH HERITAGE

A photo from the Red River North Heritage website showing the construction of the St. Andrews Lock and Dam.



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**ANNUAL MEETING**

**When:** Tuesday, September 15, 2020 - 7:00 pm

**Location:** Riverton Curling Club  
175 Reggie Leach Drive, Riverton, MB

**Agenda Items to include:**

- Minutes from the 2019 Annual Meeting
- Audit/Financial Report
- FCL Delegate Report
- Board Report • Board Elections
- Appointment of Auditors for 2020

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> Got news?

Call Evan Matthews at 204-990-9871  
evan@expressweeklynews.ca



## The harrowing health journey

By Evan Matthews

For so many, living a healthy lifestyle is daunting.

Changing one's diet, integrating exercise into the day-to-day, perhaps abstaining from some not-so-great habits one has developed over the years; especially after working a long day and now the kids are in bed.

The reality is: most change in life is daunting; the aforementioned list is no exception.

But there is a shift in mindset available to people, and it makes getting healthier a little bit easier.

One doesn't have to go from sitting on the couch every night to running 26-mile marathons, or bench pressing 300 pounds.

One doesn't have to go from eating pizza for dinner three or four times a week directly over to nothing but salads, high-protein and low-carb meals every single night.

Maybe most importantly, one certainly doesn't have to put down the glass of wine, bottle of beer or stop smoking all together, right?

There is a more realistic approach that, if many of us took, would add

years and quality to our lives.

Things can be done in phases, small steps, little bits. Pick your favourite phrasing.

The acknowledgment that a person can be "healthier" without being or looking like a professional athlete or a super model is hugely important.

Getting healthier sounds so extreme but, really, it comes down to little choices. Isn't it true that minor positive changes — no matter how small — add up?

Simply, you can be healthier today than you were yesterday and even healthier tomorrow than you are today.

Maybe a person goes from sitting on the couch all night, every night, to getting outside for a half-hour jog or walk at whatever pace they're comfortable each night. Maybe a person tries half an hour of yoga or weight lifting while still watching their favourite show.

Maybe a person still has pizza three times a week but only eats half a regular portion, instead mixing in a large salad.

Maybe instead of having a Budweiser or Bud Light, a person has a

Michelob Ultra to save themselves a few calories and carbohydrates while still enjoying a beer.

The point is that choosing half an hour of exercise or minor dietary changes could be integral to improving quality of life in regards to mental health, healthy body weight and reducing risk of heart disease and cancer. The list is endless.

Whereas moving your body and monitoring one's consumption adds years and quality to one's life, sitting on the couch, not exercising and poor nutrition is a recipe for disaster as it relates to one's health.

In addition to exercise and proper nutrition, supplement diet with vitamins D and B12, multivitamins, and minerals like zinc and magnesium, and a person is significantly healthier than a vast majority of our population.

Given how crazy the world has become, and the public health crisis our society has just experienced, there is no better time than right now to get healthy.

So, what have you got to lose? Get up and give it a shot. Good habits compound and feel good in practice.

## Fisher Branch RCMP investigating fatal off-road vehicle collision

Staff

Fisher Branch RCMP received a report of an off-road vehicle collision that occurred on a local road on Peguis First Nation at 4:40 p.m. on Aug. 17.

Officers have determined that a nine-year-old boy from Peguis First

Nation was operating a quad when he drove out from the brush and collided with another quad, being driven by a 13-year-old boy also from Peguis First Nation. The nine-year-old was thrown off his quad by the impact and struck the ground.

The nine-year-old was rushed to

hospital, where he succumbed to his injuries. Neither of the two boys were wearing helmets at the time of the collision.

Fisher Branch RCMP, along with the chief medical examiner's office, continue to investigate.

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# getinformed

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## Green Team turns up the volume on Lake Friendly message

Submitted by Lake Friendly

With so many visitors enjoying staycations today, knowing what you need to do to keep our beaches and lakes beautiful has kept Lake Friendly busy this summer.

Lake Friendly is a non-profit organization — the brainchild of the South Basin Mayors and Reeves Inc. This group of eight leaders from the south basin of Lake Winnipeg recognized in 2011 that if we were to preserve our freshwater resources, our economy and our way of life, we needed a team approach. Over the past decade, Lake Friendly has been providing clear action for individuals, businesses, cottagers, governments and schools on how to do their part.

This summer, with the support of the Province of Manitoba, Lake Friendly put together a summer communications Green Team.

The Green Team has been travelling across the south basin and the metro region to shine a spotlight on Lake Friendly Manitobans — the communities and organizations that are making changes toward a greener, more sustainable Manitoba.

The team has created new and exciting social media content, videos and blog posts to engage the population in

action and to ensure that Manitobans receive consistent messaging based on best-practice science.

“Lake Friendly has spent the last decade educating ourselves on every level about how best to tackle our freshwater issues. We have spent years developing resources to promote stewardship activities that will coincide with the Government of Manitoba’s Climate and Green Plan,” said Rick Gamble, SBMR chair and mayor of Dunnottar.

“We are now able to share information in a way that connects to the younger generation, which will go a long way to provide clear, co-ordinated and immediate steps that we can all take to do what matters in protecting and preserving our precious freshwater resources.”

Lake Friendly hopes to continue this work into the new year with an exciting campaign aimed at educating Manitoba’s youth on what’s happening to our waters through video, social media and in schools. Lake Friendly has paid special attention to creating a series of resources for educators to use online and in their classrooms as students return to school.

With help from the Government of Manitoba, Lake Friendly plans to

repurpose our bank of government-trusted research content and turn it into a series of videos to share with local school divisions and across social media channels.

“So many teachers are gearing up to head back to school in the fall and already have their hands beyond full as a result of the COVID-19 pandemic,” said Kelsey Schaefer, communications co-ordinator for Lake Friendly. “This project will give teachers helpful resources to educate their students.”

Lake Friendly is also building important partnerships with communities not directly on the shores of the lake, but important in the efforts to protect and preserve our freshwater.

The Winnipeg Metro Region, tasked with developing a long-term regional land use and servicing plan, has identified water protection and the health of Lake Winnipeg as a fundamental principal in Plan 2050.

“We’re committed to working together with all communities and levels of government to make sure that we protect our freshwater. We are pleased to support the efforts of Lake Friendly,” said Frances Smee, co-chair for the Winnipeg Metropolitan Region and reeve of the RM of Rosser.

“We have to work together on issues

like this because what we do in our communities ultimately affects everyone because of how far and how fast water travels. Water knows no borders.”

Lake Friendly recognizes that youth have a lot of influence over the future. They are the leaders of tomorrow, but they also have influence today through their friends, families and communities. We want to engage with Manitoba’s youth and show them why water quality is an important local issue and help them learn how their actions can make a difference.

As Manitoba continues to take action towards becoming Canada’s greenest province, we at Lake Friendly look forward to the extensive work we have ahead of us. We hope to continue showing Manitoba’s youth how they can take action in accordance with the Climate and Green Plan.

For more information, or to see some of our exciting video content, visit [www.lakefriendly.ca](http://www.lakefriendly.ca).

For more information on how to get involved at the municipal level, contact Mayor Rick Gamble at [info@dunnottar.ca](mailto:info@dunnottar.ca) or Reeve Frances Smee [reeve@rmofrosser.com](mailto:reeve@rmofrosser.com).

## WCF awards \$40,000 in grants through the Emergency Community Support Fund

By Tim Arnason

Over this June and July, Westshore Community Foundation awarded \$40,000 in grants to eight local non-profit organizations charities: The Betel Home Foundation, Heima Er Best, Evergreen Basic Needs, Gimli New Horizons, Gimli Senior’s Resource Council, Town of Winnipeg Beach, Interlake Women’s Resource Centre and the Evergreen Foundation.

These grants supported these organizations in running projects at the community level that serve vulnerable populations that have been especially affected by the COVID-19 pandemic. These projects included:

- To purchase outdoor furniture, a portable oxygen concentrator and a Broda chair to provide a safe, outdoor environment for family visits at the Betel Home Foundation.
- For Heima Er Best, to purchase of indoor and outdoor activities for their clients.

- To purchase additional protein and dairy replacement for the food bank at Evergreen Basic Needs.

- To purchase 12 iPads for Gimli New Horizons, which will loan out the iPads to their members to enhance family communication during the pandemic.

- To augment the Meals in Need program at the Gimli Senior’s Resource Council.

- To enhance sanitization practices, the purchase of hands free faucets for the Winnipeg Beach Tiny Tots.

- Providing support for programming at the Interlake Women’s Resource Centre

- To assist the Winnipeg Beach School Breakfast and Nutrition program.

The grants announced today are part of the Emergency Community Support Fund (ECSF), funded by the Government of Canada.

The ECSF is a \$350-million fund that

is being implemented with Community Foundations of Canada, the Canadian Red Cross and United Way Centraide Canada, in partnership with local foundations across the country. Its goal is to provide support to charities and non-profit organizations serving vulnerable Canadians.

Andrea Dicks, president of CFC, stated, “CFC is proud to be funding projects designed to help communities experiencing heightened vulnerability during the COVID-19 crisis. The global pandemic has left no community untouched. It is also exacerbating existing inequalities and having a disproportionate impact in communities who are less equipped to deal with its health, social and economic impacts.”

Karen Bowman, co-executive director of Evergreen Basic Needs, remarked, “Evergreen Basic Needs is thankful for the ECSF grant that has helped the EBN Food Bank maintain a consistent supply of healthy, protein-

rich food for our clients during the COVID-19 pandemic. At a time when there is uncertainty in many aspects of daily life, knowing we can provide safe and healthy food for our clients is one less cause for concern. We appreciate the part that The Westshore Community Foundation has played in securing this grant.”

The Westshore Community Foundation Inc. is an enduring charitable organization created to build a permanent capital fund, which supports registered charities and individuals. The board of volunteers has continued to strive to build permanent endowments and other funds to support community projects.

For more information, contact David Douglas, vice-president of Westshore Community Foundation, at 204- 642-8467.



# Manitoba's COVID-19 active caseload hits 993

By Ashleigh Viveiros

Manitoba's COVID-19 caseload continues to climb.

Public health officials announced a record-breaking number of new cases over the weekend: 42 positive tests on Saturday and 72 on Sunday.

On Monday, chief public health officer Dr. Brent Roussin announced 49 more COVID-19 cases but noted 24 of those were being retroactively added to Sunday's total. The province's five-day test positivity rate at the start of the work week was 2.9 per cent.

The cases announced Monday included 35 in the Prairie Mountain Health region, two in the Interlake-Eastern RHA, four in Southern Health-Santé Sud and eight in the Winnipeg health region.

The province has recently begun breaking down COVID-19 cases by district to provide people with more

detailed information of outbreaks.

Interlake-Eastern has a total of 69 cases. There are two new cases, totaling nine active cases with 60 recovered.

Active cases include one in the Beausejour district, three in Springfield, three in Stonewall/Teulon, one in Winnipeg Beach/ St. Andrews and one in an unknown district.

Manitoba's total number of lab-confirmed cases was at 993 at press time. Six people were in hospital, with one in intensive care.

Twelve people have died of the virus since the pandemic began this spring. A total of 586 Manitobans have recovered.

Due to soaring numbers in the Prairie Mountain Health region (which includes areas such as Brandon, Spruce Woods and Riding Mountain), the region has been elevated to the restrict-

ed (orange) level under the province's new #RestartMB Pandemic Response System. That means people living in that region are under mandatory mask orders and gathering size limits.

The pandemic response system launched last week provides four colour-coded response levels. Each outlines a given area's COVID-19 risk level and the potential heightened steps health officials are asking the general public to take in that region to help stop the spread of the virus.

"We must learn to live with this virus and be prepared to both respond and adapt to changes in the transmission risks COVID-19 presents," said Roussin in announcing the system's launch Aug. 19, calling it "a key preparedness tool" in the province's battle with COVID-19.

Roussin on Monday continued to emphasize the fundamentals to Man-

itobans.

"With these increased numbers, we have those concrete steps that we've all been accustomed to adhering to: staying home if we are ill, even mildly ill; good hand hygiene; physical distancing when not in your household; and now wearing a mask in indoor public places."

A province-wide mask mandate had not been announced at press time, though the government last week did announce that students in grades 4-12, teachers, school staff and visitors will be required to wear masks in schools when physical distancing of two metres is not possible. Classes are slated to begin Sept. 8.

For updated COVID-19 numbers and response levels, head to [www.manitoba.ca/restartMB](http://www.manitoba.ca/restartMB).

## Masks now mandatory at all Manitoba hospitals

By Ashleigh Viveiros

Starting next Tuesday, anyone walking through the doors of a health-care facility in Manitoba must be wearing a non-medical mask, Health Minister Cameron Friesen announced on Monday.

"Our government is committed to taking all appropriate steps to protect the health of Manitobans as we continue to learn to live with this virus," Friesen said. "As we move towards the

fall, additional proactive and preventative measures are needed to ensure the risk of exposure to this virus is minimized for patients and our dedicated front-line clinical staff who care for them."

The requirement, which takes effect across the province on Sept. 1, also extends to outpatients attending appointments at clinics within hospitals and health centres throughout the province.

While primary care clinics and other locations providing health services are not currently included in the mask requirement, all Manitobans are strongly encouraged to wear a non-medical mask when seeking care, Friesen said.

"Wearing masks provides additional protection for people, particularly in indoor spaces where physical distancing is not possible," said Dr. Brent Roussin, Manitoba's chief provincial

public health officer. "Wearing masks in hospitals and health centres will ensure we are all doing what we can to protect ourselves and others from this virus."

Visitors are asked to arrive at facilities with their own non-medical mask. Those who do not have a mask will be notified of locations where they may be purchased. In certain circumstances, masks may be provided for those without.

## Additional \$52M in school COVID-19 funding announced

By Ashleigh Viveiros

The provincial government has committed extra money to helping schools meet COVID-19 safety requirements this fall.

All of Manitoba's school divisions will have access to the new Safe Schools funding, which includes \$48 million in preparedness savings already set aside by school divisions for this purpose, plus an additional \$52 million from the government.

"This additional investment in our education system will support our Restoring Safe Schools plan to help ensure our schools remain a safe, familiar place for our students and staff," Education Minister Kelvin Goertzen announced on Monday.

"We know that our education system needs to be ready to deal with today's pandemic reality as students and staff return to the classroom, and our gov-

ernment is delivering the financial support to help school divisions meet that need."

The minister specified the funding will focus on putting in place the public health measures needed to keep students and staff as safe as possible while learning.

The money will be distributed on a per-student basis, with a portion of it to be held in reserve to allow divisions to respond to emerging challenges.

Schools will be able to use the money to provide masks and other personal protective equipment for students, teachers and staff; enhanced cleaning and sanitization efforts; increasing bus transportation capacity, including additional drives and routes; and ensuring substitute teachers and educational staff are available to keep schools open and children learning.

"We thank our teachers, students

and staff for taking on the extra challenges associated with making classrooms safe under the new constraints of COVID-19," said Goertzen. "The province will continue to work closely with public health, education stakeholders, school divisions, independent schools, parents, caregivers and students as part of its response to COVID-19 and a safe return to school."

The Safe Schools funding got a cautious thumbs-up from the Manitoba Teachers Society.

"We had asked government to put a dollar figure on its financial commitment for expenses incurred by the reopening of schools, so we are pleased that government has set aside these funds," said MTS vice-president Nathan Martindale. "However, as the situation continues to evolve, there might be a need for increased funding and we will expect that the gov-

ernment will provide funds as needed to ensure the safety of everyone in our public schools."

Martindale also noted the government's funding announcement didn't include anything about a plan for smaller class sizes.

"Physical distancing is consistently pointed to as the best way to limit the spread of the virus," he said. "Two metres is the recommendation followed by the community, yet in schools, a one-metre distance is somehow acceptable. It makes no sense to have a lower safety standard in schools. Our schools should be the safest places."

The teachers society is also waiting on a plan from the government for recruiting and retaining substitute teachers, Martindale noted.

Students head back to school Sept. 8.



# letter to the editor

Letters to the Editor:  
letters@expressweeklynews.ca

## When COVID-19 hit our home

Living in Manitoba at a time when only one in about 3,000 people has had the virus, we tend to think it will likely not happen to me.

In early July, my father-in-law passed away and our family went to the funeral out-of-country.

When we returned home, we were instructed to self-isolate for two weeks; this we did very carefully to not endanger anyone. Within two to four days of getting home, we all got mild flu-like symptoms. We strongly felt testing was the right thing to do, so we went for COVID-19 testing. Half of our test results came back positive. The rest of us re-tested the following week, and again we tested negative even though we were still mildly sick.

All this time we strictly isolated at home. We got a call from the Manitoba Health nurse every day and spent several hours on phone with them. They were very kind, sympathetic and very helpful in guiding us through this time. We strictly followed all their advice to keep us

and everyone else safe. On July 28 they listed all of us that tested positive as Recovered, but for safety's sake we needed to isolate two more weeks. They said there could be a small chance that those of us who had tested negative could break-out in the next two weeks. None did, so Manitoba Health released all of us on Aug. 12.

On Aug. 13, the province released more detailed information specifying which districts had Active and Recovered cases. This was over two weeks after all our positive cases we were listed as Recovered by Manitoba Health. This new site, however, listed all the cases in the Arborg district as still Active and none as Recovered.

This false information caused a lot of fear again and understandably so as it should have been a trustworthy source. I personally called them and talked to the supervisor; she confirmed that our cases were recovered over two weeks ago, but the new system still had some glitches and it would be fixed soon. The website has

since been corrected. Wrong info is worse than no info in this case.

No one got the virus from us as we isolated very strictly; many people have thanked us for that.

As you all know, news of our positive tests spread very quickly in town and caused a lot of fear in the community, and understandably so.

However, there were also false rumours, which were spreading fast that said we were wandering around in town and into stores. If we were "seen in stores," why did no one report us to Manitoba Health or law enforcement, who would have taken it very seriously and taken quick action? These types of rumours were painful to us and they have really hurt some local businesses as people were scared to come to Arborg for business. We still find it challenging to go into stores because of the stigma. Throughout this time, so many friends and neighbours have been very kind, sympathetic and understanding. They offered to shop for us and we've received many treats, flowers, baked goods and even a full-course meal dropped off at our driveway for us. This kindness meant so much to us.

I think that overall our provincial government has done a great job of controlling the virus. I would urge everyone to follow our provincial guidelines. Trust me, we do not want it to spread here as it has in some other places.

We must understand that this is a global pandemic, and it is not over yet. Chances are that someone else in this community will get infected sooner or later. This does not necessarily mean they were careless. If it does happen, please be kind to the people, as it is a very difficult time for them.

It is hard for us to share all this publicly, but because of all the fear and some false info out there, we were strongly encouraged to tell our story. We feel awful that we were caught up in this and came to be the cause of so much fear and uproar in our area. But we hope that at least you can appreciate that we took this seriously and that no one has gotten the virus from us. If this virus comes to you, please do the same. We love our community and look forward to being part of it again.

- Charlie & Clara Loewen

## Our schools should be the safest places

Education Minister Kelvin Goertzen announced that the provincial government will be investing \$52 million in the Safe Schools Fund to help ensure schools are safe and ready for the return of students and staff.

"We had asked government to put a dollar figure on its financial commitment for expenses incurred by the reopening of schools, so we are pleased that government has set aside these funds," said MTS vice-president Nathan Martindale. "However, as the situation continues to evolve, there might be a need for increased funding and we will expect that the government will provide funds as needed to ensure the safety

of everyone in our public schools."

The minister said that the funding will be used to directly support schools, teachers and students across the province by:

- providing non-medical and medical masks and personal protective equipment for students, teachers and staff;
- enhancing cleaning and sanitation, including more supplies and custodial staffing;
- increasing bus transportation capacity, including additional bus drivers and routes; and
- ensuring substitute teachers and educational staff are available to keep schools open and children learning.

Martindale said that while funding for these measures are necessary and most welcome, there is no mention of smaller class sizes.

"Physical distancing is consistently pointed to as the best way to limit the spread of the virus," he said. "Two metres is the recommendation followed by the community, yet in schools, a one-metre distance is somehow acceptable. It makes no sense to have a lower safety standard in schools. Our schools should be the safest places."

He said that the two-metre recommendation should be extended to schools and that a reduction in class size is necessary to achieve this level

of physical distancing.

The Society is also hoping to see a plan for recruiting and retaining substitute teachers.

"We all agree that substitute teachers play a key role in ensuring the sustainability of in-class learning, but to date we have yet to see a plan for ensuring qualified subs are available," he said.

- Raman Job

Public Relations Facilitator  
The Manitoba Teacher's Society

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**Stonewall Teulon  
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# Gimli artist making a name for himself with illustrations of superheroes

By Patricia Barrett

A Gimli artist is starting to make a name for himself as an illustrator of superheroes and other animated characters after picking up a storyboarding job for a fan-made movie.

Alex Gavel, who's going into Grade 10 at Gimli High School, was invited by the co-writer and director of the *Amazing Spiderman 3*, a fan-made movie for YouTube, to contribute to the movie's storyboards. He's already completed two scenes and is about to start his third.

"I've been drawing for as long as I can remember. I've always had an interest in it," said Gavel, who is self-taught comic/storyboard artist and illustrator and does not take art lessons at school or in the community. "It started with superheroes when my grandfather introduced me to some of the movies when I was about two years old. Then I started getting into comic books."

Gavel is able to capture the intensity of superheroes and other action figures, as they battle evil forces to make the world a better place, by using facial expression and body position. He also draws dramatic background scenes.

He said he starts with pencil, inks the illustration with pen and then uses markers to colour it. He's also dabbled in watercolours.

Gavel talents have been put to work creating a series of themed illustrations for Up a Stump Used Books & ManCave Hobbies, where he works.

"I'm basically re-designing the labels of all our book genres. The labels



This poster, drawn by Gavel, on the store window shows what kind of characters the public will discover in the store.

will be pinned on the book shelves," said Gavel, who prices and stocks books and organizes and cleans the popular store that was a pre-COVID haven for Friday night Magic players. "I'm drawing the ManCave logo and different situations and interactions in genres like mystery and romance."

His boss Christine Nagy, who co-runs the Gimli book/hobby store with her husband Steve, said they had Alex create a poster for their display window to show what kind of characters the public will discover in the store.

"Alex is self-taught and incredibly



EXPRESS PHOTOS BY UP A STUMP BOOKS AND MANCAVE HOBBIES

Alex Gavel is an talented artist working at Up a Stump Used Books & ManCave Hobbies. He has made a name for himself illustrating superheroes.

gifted," said Nagy, who's keeping the Centre Street store open and has implemented a number of COVID protocols to help keep customers safe.

The poster depicts a cast of comic book characters — Superman, Thor, My Little Pony and the ManCave's caveman — gathering around Gimli's own superhero, the giant Viking in Viking Park. Gavel even has a cheeky Spiderman perching on the Viking's left shoulder.

Gavel said he's hoping to turn his skill and interest into a career. He's always wanted to create his own comic book and he's already undertaken a bit of legwork to learn how to break into the comic industry.

"Last summer I asked an artist who works for Marvel [how to showcase my work]. And he said just by going to conventions, posting stuff online on Instagram and Facebook and doing whatever you can to get people to see your artwork," said Gavel.

Having an online presence is a good way for a company to "stumble" upon an artist, said Gavel, as they're always on the lookout for new talent.

"I'm hoping someday to be a comic artist for some big company like Marvel or DC Comics where I can just draw all day for my job," he said.

Visit Gavel's Facebook page and Instagram page (Alex.Gavel) to check out his artwork.

## RDFC acquires Community Futures building

By Evan Matthews

The Riverton and District Friendship Centre continues to grow its presence in the community.

The organization purchased the former Community Futures building located at 12 Main St. SW on Aug. 4 for \$55,000, according to executive director Tanis Grimolfson.

"I had heard rumblings (Community Futures) wanted to move. We approached them about purchasing it," said Grimolfson.

The Community Futures organization has moved its physical location to 62-2nd Ave. in Gimli, he added.

"It's the perfect location for the senior centre ... and we couldn't afford a huge price, so we think it's a win-win situation," she said.

For at least the 10 years previous, the Riverton Seniors Activity Centre had been located at 24 Main St., accord-

ing to Grimolfson, when RDFC first had received New Horizons funding. When COVID-19 hit, RDFC was no longer able to rent the former location.

Grimolfson said RDFC would run seniors programming at the old facility with activities including bingo, pool tournaments, dart tournaments, shuffleboard, carpet bowling, crafting, wood carving, cards, fitness and yoga. And, of course, the coffee is always on.

"In Indigenous culture, elders — and respect for our elders — is of the highest importance. This centre is an extension of that (notion)," she said.

"It's an open place to drop in for a cup of coffee... It's a really beautiful building and we're blessed to have it."

Because of COVID concerns, they're re-designing parts of the space to be more open as well, she added.

RDFC is just finishing up some reno-



EXPRESS PHOTO BY GOOGLE MAPS

The former Community Futures building, located at 12 Main St. SW in Riverton, was purchased by the Riverton and District Friendship Centre on Aug. 4 for \$55,000.

versations prior to opening the new Riverton Seniors Activity Centre.

Originally having thought the renos would take three weeks, Grimolfson

said things have taken a bit longer than anticipated, but the new centre will open soon.



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# Ashern Wellness Centre conceptual design details emerge

By Evan Matthews

Just a couple weeks after discussing the possibility of a wellness centre in Ashern for the first time publicly, the community group is providing a glimpse into what it may look like.

Jude McCudden, a spokesperson for the Lakeshore Recreation Wellness Commission (LRWC), said the group has been workshopping potential designs, but the main concepts have remained consistent.

“The design is an initial design, and we have already started looking at (minor) adjustments,” said McCudden.

“We have to consider storage of equipment, which may alter the design slightly, as an example, but that really is a blueprint of how we see the wellness centre.”

The conceptual design boasts many amenities seen at modern gyms and wellness centres — things like a multi-purpose gym to accommodate activities like shuffleboard, badminton, pickle ball, ping pong, as well as indoor soccer or hockey; an exercise area with cardio, core strength and weight training equipment; a walking track around the perimeter of the centre, a circle room or quiet place to support mental wellness; and a fitness studio for activities like yoga, Zumba, boot camps, dance and martial arts.

The basement would be used for change rooms, restrooms and showers, while also having a meeting room used for community clubs and organizations, as well as being utilized for programmed activities like jewelry making, quilt making and music practice.

“The re-purposing of the Ashern Curling Rink will allow for a cost-effective opportunity to establish services for wellness and recreation in Ashern and the surrounding communities,” the conceptual design reads.

“With an especially thoughtful design approach, the new facility will be safe, welcoming, and accessible to all.”

The facility provides lift accessibility to all components of the wellness centre.

The LRWC has worked with Alex Bogusat of Interlake Architecture on the planning and design, according to McCudden, and the LRWC has also done

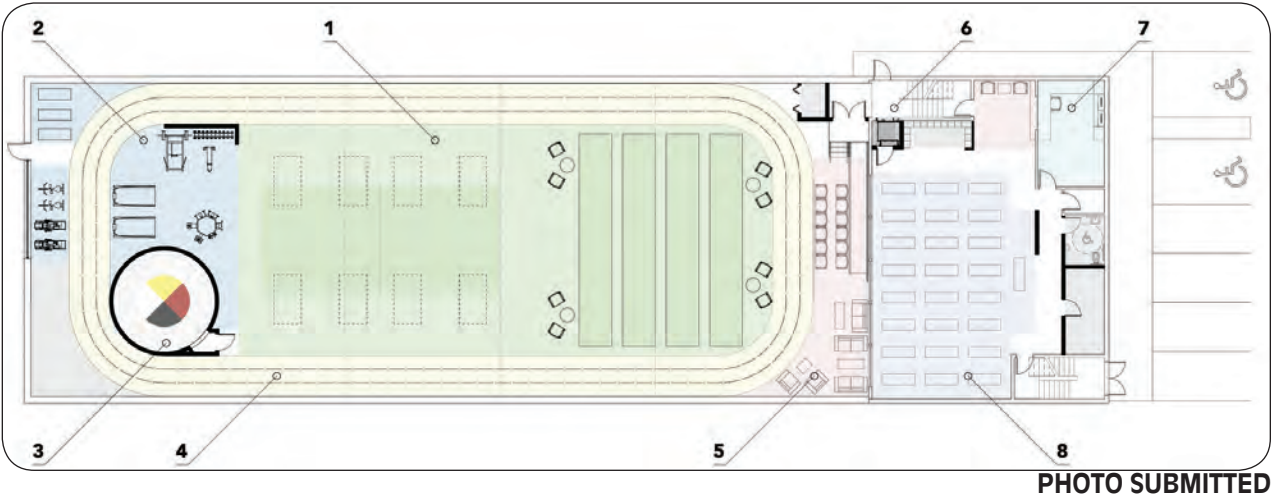


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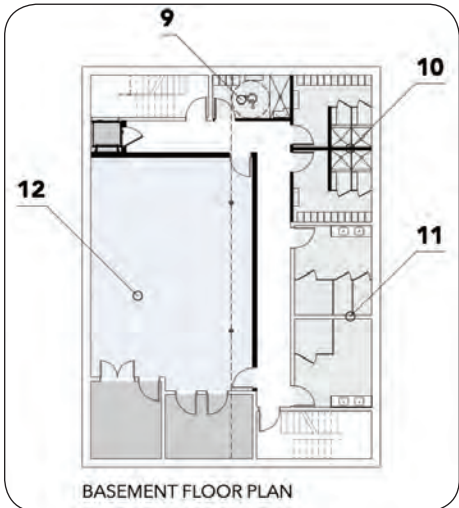
engineering reports for existing electrical, structural and mechanical systems.

The proposed Ashern Wellness Centre is being designed to bolster mental and physical health, according to McCudden.

The building was built in the 1970s and was busy until 2017, when numbers declined and it was closed, according to McCudden. The Moosehorn Curling Club is located just 10 minutes north of Ashern.

The LRWC did a survey at the 2019 Ashern Rodeo in order to better understand the community’s “wants” in a long-term recreation facility.

The LRWC used the survey from that weekend to garner a broader



SUBMITTED PHOTO

copy

view of regional people’s needs by surveying people who use Highway 6 as part of their regular personal and/or work environment.

The survey suggested things like gym equipment, a walking track, a space for people to play pickle ball, McCudden said, as examples of using the space effective.

McCudden said people working in both the trucking and transport industry suggested they could also use the facility, as well as construction employees.

- 1| MULTIPURPOSE GYM**  
The gym is large enough to accommodate a variety of activities including shuffleboard, badminton and pickle-ball, ping pong and mini indoor soccer.
- 2| EXERCISE AREA**  
The space contains cardio, core strength and weight training equipment.
- 3| CIRCLE ROOM**  
A quiet place to support mental wellness.
- 4| WALKING TRACK**  
Circles the gym, exercise area and circle room resulting in 325’/lap .
- 5| LOUNGE**  
Integrated into the main gym area and available as a relaxing waiting area.
- 6| LIFT AND MAIN ENTRANCE**  
New lift provides accessibility to all components of the facility.
- 7| STAFF OFFICE**  
Adjacent to the new lift and main entrance the staff office provides visitors with a welcoming presence.
- 8| FITNESS STUDIO**  
An inviting and open space for a variety of programs including Yoga, zumba, boot camps, dance and martial arts.

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Moosehorn Community Hall

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CO-OP

- Financial Report
- General Manager Report
- Election of Directors
- Appointment of Auditors
- Door Prizes

## RRC reduces welding program capacity

By Evan Matthews

Red River College Winnipeg is reducing the capacity of its welding program, as it will only offer one intake in fall 2020.

Conor Lloyd, RRC’s director of public relations, said the school made the decision as a result of financial pressures associated with COVID-19.

“However, we introduced a pre-employment welding program this year that starts on October 19,” said Lloyd.

The pre-employment program — created for prospective students needing assistance accessing post-secondary education — is now full.

“In addition to our welding certificate pro-

gram, factoring in our pre-employment program, RRC is going to produce more graduates this year than we have we have in the past,” he said.

Marty Friesen, a spokesperson with Diemo Machine Works, said the Arborg-based company isn’t too worried about recruitment numbers. He said while other companies may have RRC welders, none of the Diemo’s current welders have attended the RRC program.

“Having said that, we feel local welding training continues to be important. We have welders that attended welding program at Assiniboine





Spruce Woods Provincial Park

PHOTO: LIZ TRAN



Pembina Valley Provincial Park

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- Avoid delays when entering parks by purchasing and printing vehicle permits in advance at [manitobaecensing.ca](http://manitobaecensing.ca).



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# ESD releases school re-opening plan; virtual learning not an option

By Patricia Barrett

The Evergreen School Division (ESD) released a comprehensive 51-page re-opening plan Aug. 17, setting out the steps it will take to try to prevent and deal with potential COVID-19 infections when staff and students return to in-class learning on Sept. 8.

The School Re-opening and Return to Learning Plan is based on direction from the province, which determined that students will be heading back to the classroom despite a resurgence of the virus.

ESD Supt. Roza Gray told the *Express* there could be adjustments made to the re-opening plan should the province deem it necessary to change course. Until then, virtual or remote learning will not be offered.

"Parents opting out of in-school learning and requesting remote learning is not an option. At this time, all students are expected to come to school unless they are medically advised against it," said Gray by email last week. "However, a move to remote learning will happen in the event of positive cases at the direction of public health."

Kindergarten to Grade 12 students will return to full instruction time, with kindergarten students attending three days a week (Monday, Wednesday and Friday) and all remaining grades having full-time instruction, five days a week, according to the re-opening plan.

The plan notes that provincial public health has determined it's "safe" to resume in-class learning "while following public health guidance." But the division includes a caveat that the risk "is never zero" and "cannot be eliminated" despite measures to help reduce transmission of the virus.

COVID infections in schools have arisen in several countries, including Canada, Israel, New Zealand and Germany. In the German capital of Berlin last week, at least 41 schools reported COVID infections about two weeks after students returned to class in mid-August. Hundreds of students and teachers are now in quarantine and learning has, once again, been disrupted by the virus.

Some health experts have postu-



EXPRESS FILE PHOTO BY PATRICIA BARRETT

School buses at the ESD's bus facility in the Gimli Industrial Park.

lated that the low numbers of school-aged children who contracted COVID when it first arrived earlier this year can be explained by countries closing schools and transitioning to remote learning rather than a hypothesized youth-related resilience to the deadly virus, which has killed children and teens.

Governments around the world have insisted in-class attendance will be safe provided precautions are taken. With millions of students being mandated by governments to undertake what amounts to an experiment without a vaccine and without scientific studies of transmission risks in school settings, health experts are anticipating inevitable outbreaks in schools.

The Toronto District School Board announced last week it's giving parents the option of sending their children to class or having them learn remotely, which will be done through a centralized virtual school staffed by teachers.

ESD's re-opening plan covers a variety of scenarios, including what steps will be taken should students and staff exhibit COVID symptoms, physical distancing protocols in classrooms and common areas and bus transportation.

Students will be part of cohorts (groups) of no more than 75 students and they won't be allowed to mingle with other cohorts. They'll arrive and depart in their assigned cohort, each lunch and have recess together and have "a minimum of one-metre separation" between them in the classroom.

"This will be the most common scenario for classrooms in Evergreen," states the re-opening plan.

In classrooms where the recom-

mended two-metre (over six feet) spacing between students can't be achieved, desks and tables will be arranged so that students are not facing each other.

After pressure from Manitoba parents and teachers, the province announced Aug. 19 that face masks will be mandatory for grades 4-12 students and staff. That directive, however, came with a qualifier that stated "whenever" the two-metre distance can't be achieved.

"This permits a 'break' from masks at some times and in some locations during the school day, such as at recess or when smaller groups are in larger spaces," said Gray.

Masks will be required on school buses and students will be assigned a seat. The division, however, is encouraging parents to provide their own transport "to avoid all possible virus exposure on the bus," states the plan.

From a survey taken in June, when new COVID infections were relatively flat, the division found 20 per cent of parents willing to transport their child to school.

Enhanced sanitization in schools will be carried out three times a day for all high-touch surfaces, and the division will minimize the presence of visitors and volunteers in schools.

The division has also decided to delay or suspend certain programs. Junior kindergarten has been delayed until later in the year. Cross-campus courses and field trips have been suspended and contact sports are discouraged. Pending clarification from public health on whether singing and wind and brass instruments may increase the risk of transmitting COVID, the division may delay or "limit" its music program.

Recognizing the risk of COVID in schools, the division will be providing mental health and well-being supports for both students and staff.

Parents will be asked to pick their child up immediately (within an hour) from school if the child exhibits symptoms of COVID. Staff will wear personal protective equipment while attending to the child. Parents are then asked to call Health Links or their physician for further instructions. Once public health deems it safe to do so, the child can return to school.

If a school experiences an outbreak (confirmation of a case of COVID), public health will "lead the response," states the plan. It will be up to public health/provincial media bulletins to make that announcement.

A staff member exhibiting COVID symptoms must immediately isolate themselves from staff and students, notify their supervisor and go home to isolate. They will also be required to call Health Links or their physician for further direction.

"A staff member can return to work once it has been determined that it is safe to do so by their health-care provider or public health," states the plan. "If that staff member has a positive test, further direction will be provided by public health."

The division is hiring additional staff to cope with the challenges of keeping everyone as safe as possible. Schools will have increased custodial and supervisory staff, cleaning materials, masks and other personal protective equipment.

"We are hiring for 10 EA [education assistant] positions to provide additional supervision in schools," said Gray.

School office staff are back to work the week of Aug. 31 to answer parents' calls and emails. Visitors to the school are not permitted at that time.

The re-opening plan is posted on the division's website. Parents are invited to provide feedback through survey monkey. The survey can be accessed at <https://www.surveymonkey.com/r/D5VQWZ6>.

## > WELDING, FROM PG. 12

Community College in Brandon," said Friesen, adding roughly two-thirds of Diemo's welders are from Manitoba.

Diemo is a machining and fabrication company north of Arborg.

Machining is any of the various processes in which a piece of raw material is cut into a desired final shape and size by a controlled material-removal

process, while metal fabrication is the creation of metal structures by cutting, bending and assembling processes.

The company hires and trains welders who are then qualified to work with various types of materials including carbon steel, stainless steel and aluminum, according to its website.

While, to date, no RRC welders are

currently employed at Diemo, Friesen acknowledged the importance of RRC in the provincial community.

"The manufacturing programs offered by RRC are a local training opportunity of great importance to our machining department," said Friesen.

"We have eight folks working with us that have received training from RRC. We also had three excellent mechanical engineering technology co-

ops working with us this summer.

"We are very excited about the calibre of training these RRC programs have provided, and we're delighted to have a steady stream of these talented, well-trained young folks joining us," he said.

Representatives from Vidir and Romafa did not respond for comment by press time.



# Arborg woman honoured by national cattlemen's group

By Evan Matthews

An Arborg woman is being honoured by the national voice of cattle producers.

On Aug. 18, the Canadian Cattlemen's Association (CCA) named Sarah Jensen a finalist for the 2020-21 Cattlemen's Young Leaders (CYL) Mentorship Program, with a total of 16 finalists nation-wide.

"I just recently started vet school (at Western College of Veterinary Medicine in Saskatoon) on Aug. 17, and my goal is to become a large animal veterinarian. I want to practise beef medicine, whether on a cow-calf operation or at a feed lot," said Jensen.

The CYL program requires finalists to explain how they will add value to the industry, she added.

"Coming from a commercial cow-calf operation near Arborg, I was always helping my dad with feeding and vaccinating our cattle, learning what I could from him," she said. "There is a lot of opportunity in agriculture."

She has spent a lot of time working with the Arborg Agricultural Society in an attempt to engage the community's youth in agriculture as well.

Finalists are awarded a \$2,000 travel budget and are then paired with a hand-picked industry leader for a

nine-month mentorship in their specific area of interest.

"My hope is I'll be matched with a mentor who has experience in the feedlot or cow-calf sector, from a medicinal standpoint," said Jensen.

"It'd be interesting to learn about how the two sectors differ."

Manitoba does not have a high number of feedlots, she noted, and travel may be required. The CCA has not chosen specific CYL program mentors yet.

The final selection took place through a virtual event held on Aug. 10, when 24 semi-finalists from across Canada competed for a spot in the program through judged roundtable discussions.

The semi-finalists participated in roundtable discussions by breaking off into smaller virtual meetings each facilitated and judged by CYL Foundation Partners, Cargill, McDonald's Canada and MNP, and Gold Sponsors, Farm Credit Canada and New Holland.

Semi-finalists participated in discussions about topics related to the beef industry such as the COVID-19 pandemic, sustainability, adopting precision agriculture technology, financial and operational metrics, increasing

beef consumption, and more.

With issues affecting Interlake beef farmers being well documented, Jensen didn't shy away from offering her thoughts about moving the industry forward.

"In our area, and in many places in Manitoba, we've been experiencing drought-like conditions for a number of years. If we want to sustain the industry, we need to find alternate ways to provide adequate feed sources to our herds," said Jensen.

"Another area of focus should be reduction of methane emissions. You can do that through feeding cattle more digestible feeds. ... You can have an increase in growth in the animal while reducing the amount of feed, and also reduce emission."

The 2020-21 program year will have a slightly different look as the 2020 finalists will be joining the 2019 CYL program participants whose time in the program has been extended by one year due to COVID-19, according to the CCA.

The CYL program is a national initiative of the CCA, which provides young people ages 18-35 with industry specific training and mentorship opportunities.

Through networking, travel and



**EXPRESS PHOTO SUBMITTED**  
Arborg's Sarah Jensen has been named as a Canadian Cattlemen's Association finalist for its Cattlemen's Young Leaders Mentorship Program.

mentorship, CCA said CYL participants are equipped with the skills they need to further the success of the Canadian beef industry in the future.

# RDFC refurbishes and redistributes bicycles

By Evan Matthews

The Riverton and District Friendship Centre is rounding up bikes to refurbish and redistribute to community members.

Tanis Grimolfson, RDFC executive director, said typically the organization has one day a year in which community members can come by and pick up a free bike.

The 2020 event happened on Aug. 17.

"This year, we posted about the event on Facebook, and the bikes were all gone in 15 minutes," said Grimolfson, adding there were 22 bikes in total.

"There is already more demand and request for next time. Some families can't afford brand new, so we're going to see what we can do. Hopefully there are more people willing to donate bikes," she said.

In 2016, Grimolfson applied to the Interlake Eastern Suicide Prevention Committee for funding. When approved

for \$1,000, Grimolfson said RDFC invested in bike repair equipment, which allowed the organization to kickstart the bike recycling program.

Community elders, as well as parents of some of the kids, come in to RDFC and take time to show the children how to fix common issues on bikes such as repairing and/or replacing a flat tire, tightening brakes, how to fix a loose chain, seat adjustments, etc., Grimolfson said.

Halli Jonasson, who Grimolfson labeled a "fix everything type of guy," used to be the program's lead bike mechanic, with more parents and community members getting involved over the last few years.

In years past, RDFC has run a five-week bike repair program, but due to COVID-19, RDFC had a more random workshop schedule this year; time and space permitting.

"But the point is that we recycle bikes for people who might not be able to afford otherwise," said Grimolfson.

"Some people have five kids, and do their best to buy two bikes, and the kids have to share. We got several bikes to families this year," she said.

Year round, Grimolfson said RDFC is



**EXPRESS PHOTO BY RDFC**  
RDFC collected, refurbished, and redistributed 22 bikes this year. Looking for more donations, executive director Tanis Grimolfson said RDFC already has requests in for next year.

looking for bike donations in order to keep the program going. Any time of the year, the RDFC has space to store the bikes.

Anyone with old bikes is encouraged to call RDFC to make donation arrangements.



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For more information contact Bowlers Lanes @ 204-642-6837 or email Bowlers @ info@bowlgimli.ca



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Elmwood ends Interlake Blue Jays' season

By Brian Bowman

For the second consecutive year, the Elmwood Giants have ended the Interlake Blue Jays' season.

The Giants defeated the Blue Jays 14-2 in Game 3 of their best-of-three Manitoba Junior Baseball League semifinal series last Wednesday.

The game, though, was closer than the score would indicate.

"It really didn't dictate how the game went," said Blue Jays' head coach Adam Kirk. "We had an injury in the second inning with our starting pitcher so that kind of put us in scramble mode and we had to put some guys on the mound that weren't scheduled to pitch and they took advantage of that."

Elmwood third baseman Kevin Burnett, an East Selkirk product, smacked a home run to left field to highlight a five-run second inning.

The Giants' Dawson Tanner's three-run homer in the sixth ended the game due to the 10-run mercy rule.

The Blue Jays pitchers in the game were Brandon LaFournaise, Ryan Wasilewski and Noah Cnockaert-

Ducharme.

Elmwood opened the series with a 12-1 victory at Koskie Field.

Interlake evened the series at a win apiece after outscoring Elmwood 10-7 on Aug. 18 in Stonewall.

"They started a guy that we hit well all year and saw really well and we took advantage of it," Kirk said.

Giants' starting pitcher Nick Doig surrendered seven runs in the bottom of the first inning, allowing three hits and three walks while hitting a couple of batters.

Ben Anderson had a great offensive game for the Blue Jays with a pair of singles, a double, and three RBIs.

Interlake right-hander Cole Olfert pitched 6 1/3 innings for the win.

The Blue Jays will lose three players — Cnockaert-Ducharme, Anderson and Jeremy Wasilewski — from this year's team due to aging out of junior.

"We're going to have a good, solid core back next year," Kirk said.

"Benny is our everyday centre fielder and he catches absolutely everything. He hit pretty well, too. Noah is our second baseman and our leadoff guy



EXPRESS PHOTO BY JOHN WOODS/WINNIPEG FREE PRESS

Interlake Blue Jays' Noah Cnockaert-Ducharme tags out the Elmwood Giants' Justin Scott as he attempts to steal second in Game 2 of the Manitoba Junior Baseball League playoffs in Stonewall last week.

and Jeremy is our catcher. We're losing three pretty solid guys that we're going to have a hard time replacing and hopefully we get some young

guys in that can do the job and can do just as much if not more."

## get inspired

> MEAL IDEAS



Recipe courtesy of the National Pork Board and USA Pulses

Servings: 6

6 pork chops

1/2 teaspoon salt, plus additional, to taste

pepper, to taste

olive oil

1/2 cup canned lentils, rinsed

1 pound cherry or heirloom tomatoes, scrubbed with vegetable brush under running water and finely diced

### Lentil Salsa

1/2 red onion, scrubbed with vegetable brush under running water and finely diced

1 jalapeno pepper, scrubbed with vegetable brush under running water and finely diced

1/4 cup cilantro, gently rubbed under cold running water and roughly chopped

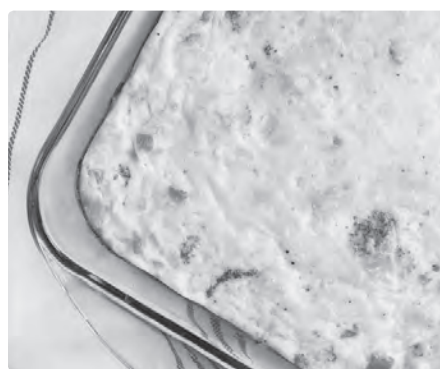
2 limes, juice only

Pat pork chops dry with paper towels. Season with salt and pepper, to taste.

In pan over medium heat, heat oil. Add pork chops and cook 3-5 minutes each side until they reach 145 F internal temperature. Let rest 3 minutes.

In large bowl, mix canned lentils, tomatoes, red onion, jalapeno, cilantro, lime juice and kosher salt.

Serve salsa immediately or cover and refrigerate 2-3 days.



## Veggie Egg Casserole

salt, to taste

pepper, to taste

Preheat oven to 350 F. Grease 9-by-13-inch pan with nonstick cooking spray.

Chop onion and bell pepper to age-appropriate sizes. Pick apart broccoli florets into small pieces and remove most of stems.

Heat medium-sized frying pan over medium heat. Add oil and swirl around pan. Add onions and cook 3-4 minutes until they start to soften. Add broccoli and bell pepper. Mix with onions and add salt and pepper, to taste. Cook 1-2 minutes then cover with lid to steam another 2-3 minutes until broccoli is bright green. Remove veggies from stovetop.

In large mixing bowl, beat eggs. Add cottage cheese, shredded cheese, baking powder and flour. Add veggies and salt and pepper, to taste. Transfer to prepared pan and bake 40 minutes.

Recipe developed by Stacey Mattinson, RD

Prep time: 20 minutes

Cook time: 40 minutes

Servings: 4

Nonstick cooking spray

1/2 sweet onion

1 red, yellow or orange bell pepper

1 head broccoli florets

2 teaspoons canola, avocado or olive oil

1 dozen eggs

2 cups low-fat cottage cheese

1 cup shredded cheese

1 teaspoon baking powder

1 tablespoon flour



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## St. James downs Stonewall in WSBL playoff series

By Brian Bowman

The Stonewall Blue Jays' playoff run was a very short one this year.

Stonewall was swept by the St. James A's in their Winnipeg Senior Baseball League first-round playoff series.

"St. James kind of had our number all year," said the Blue Jays' Adam Kirk. "I think we only beat them once."

St. James ended Stonewall's season after a 7-2 victory last Wednesday at Quarry Park.

The A's opened the series with a 14-2 win at Optimist Park.

"We really didn't hit well in the first game and got behind the 8-ball in both

games pretty quick," Kirk said. "It's tough to play baseball when you're behind all of the time. We didn't have the success that we wanted, so what can you do?"

In the other WSBL "A" Pool semifinal series, the St. Boniface Legionaires swept the Elmwood Giants 2-0 in their best-of-three series.

St. Boniface won games by scores of 3-1 and 10-8.

St. James will host St. Boniface in Game 1 of their best-of-five final series on Wednesday. First pitch is 7:30 p.m.



EXPRESS PHOTO BY LANA MEIER

Blue Jays' base runner Nick Drews got himself into a rundown against St. James.

## Hockey Manitoba: No tournaments before Nov. 1

Staff

Hockey Manitoba has made the decision that no sanctioned tournaments or events will be allowed before Nov. 1.

Hockey Manitoba, the governing body for all of the minor hockey in the province, made the decision on the advice of the provincial government.

That means the U15 AAA male and

female Showcase events will not take place from Oct. 2-4. The events had not been rescheduled by press time.

Hockey Manitoba previously had announced through its Return to Play plan that travel permit applications will not be accepted for out-of-province travel until Oct. 15 and will only be granted for travel after Nov. 1.

## Return to Ringette - Phase 3 approved

Submitted by Ringette Manitoba

Ringette Manitoba announced to its members that the Province of Manitoba has approved Phase 3 of the Return to Ringette (RTR) Activity in Manitoba - Version 1.

The approval of Phase 3 will allow sanctioned programs to safely resume, following the protocols set by Ringette Manitoba beginning Sept. 1.

This means that our members will be able to resume on-ice programs as of Sept. 1 subject to compliance with current health and safety standards in Manitoba and Ringette Manitoba's Return to Ringette plan.

Ringette Manitoba continues to work closely with Ringette Canada, Sport Manitoba, and the Province of Manitoba and we look forward to announcing the approval for Phase 4 of

the RTR plan in the near future.

The Return to Ringette Plan has five phases:

Phase 1 (March 12) – Suspensions of all Ringette Manitoba activities and events

Phase 2 (began June 1) – online meetings, all in-person activities continue to be non-sanctioned, must maintain 6 feet of distance between all participants

Phase 3 (approved Aug. 19 and will begin with sanctioned activity starting on Sept. 1) – sanctioned on-ice skill development (no checking), drills, team tactics, online clinics, limited regional travel (no carpooling)

Phase 4 (subject to approval from the Province of Manitoba) – games (pods and squads), modified rules game play, limited travel (carpooling

permitted)

Phase 5 (subject to approval from the Province of Manitoba) – regular-season competition, Come Try Events, tournaments, provincial travel

Ringette Manitoba remains committed to providing resources and assistance to all our local associations as they begin to navigate their return to the ice. Members are encouraged to contact their local associations for registration information.

Ringette Manitoba has striven to be a leader in developing a Return to Ringette Plan that seeks to get people participating in sport and recreation in the safest possible manner during this pandemic. With the extremely positive feedback we have received from Sport Manitoba regarding our RTR plan, we would like to express

our deepest thanks to everyone who came together to help create the plan and our executive director Lainie Wintrup, who spearheaded the creation of our plan.

Ringette Manitoba is a valued member of the ringette community in Canada. As a subsidiary of Ringette Canada, our community is guided by the values of respect, integrity, fairness, excellence and teamwork and prioritizes the health and well-being of all our members.

For more information, please visit [www.ringettemanitoba.ca/return-to-ringette](http://www.ringettemanitoba.ca/return-to-ringette).

Questions can be directed to Alex Menard at [publicity@ringettemanitoba.ca](mailto:publicity@ringettemanitoba.ca).



# MJHL regular season to begin Oct. 9

## From the MJHL website

The Manitoba Junior Hockey League announced that the 2020-21 regular season will begin on Oct. 9.

Since early June, the MJHL has worked diligently with Hockey Canada, Hockey Manitoba, Sport Manitoba and Manitoba Public Health Authorities to develop very comprehensive Return to Play Guidelines to ensure that our players, fans, staff and communities can return to hockey in a safe, structured and responsible manner in today's new normal.

All authorities recognize the significant and important role that fitness, sport and competition plays both physically and mentally in our daily lives, specifically involving the game of hockey within the province and across our country. And as such, have remained extremely cautious and responsible in managing the approval process of returning to hockey within Manitoba.

Sport Manitoba and the provincial health authorities have done an outstanding job in leading and providing direction to each sport within our province in returning to play throughout the COVID-19 pandemic.

The provincial health authorities, with the endorsement of Sport Manitoba, have agreed to provide the MJHL with the appropriate delegated authority to re-introduce hockey upon approval by Hockey Manitoba. Authorities will continue to provide regular updates and the necessary guidelines that will be required. Greater responsibility will now be delegated

to the MJHL and each member team as it relates to our full return to hockey.

"On behalf of the MJHL board of governors and with the support of Sport Manitoba and approval by the Hockey Manitoba board of directors, we are excited to share that MJHL Hockey will be returning to the province in October," said MJHL commissioner Kevin Saurette. "We believe our thoroughly provincially vetted MJHL Return to Play - Phase II Guidelines will provide the MJHL, all member teams, players, staff, officials, volunteers, stakeholders, fans and communities with the best position to return to and enjoy hockey in a safe, structured and responsible manner in accordance with all necessary public health and facility guidelines.

"The league and member teams also understand the immense responsibility we have been provided as we move forward with the 2020-21 season."

MJHL main camps will begin on Sept. 18 with no more than 34 players in attendance. Teams will play no more than three exhibition games. Games involving out-of-province teams are not permitted.

The 2020-21 season schedule will be significantly modified to mitigate risk of spread or potential contact between multiple teams and to allow for minimal disruption of the schedule in the event of a positive COVID-19 case. A full schedule announcement will be made in the coming weeks.

Any upcoming camps held by teams that are

not main camps (prospect camps, development camps, etc.) are to be hosted before Sept. 18 and are to follow the MJHL Return to Play - Phase 1 which have been in place since June 26. Full contact is not permitted during these camps.

Players/staff and officials are required to wear face masks while entering/exiting and within the arena for MJHL sanctioned activities while not on the ice.

Players/staff are required to wear face masks while traveling to and from games (on the bus, entering/exiting restaurants and hotels, etc.)

Members of the public are strongly encouraged to wear face masks while in any MJHL facility during league activity while following all necessary distancing and facility guidelines.

The MJHL RTP - Phase II guidelines will remain fluid and flexible to accommodate the necessary response to advice from public health authorities.

As is the case for everyone throughout the province and beyond, these past months during the COVID-19 pandemic have placed significant financial stress on each MJHL team and community. Additional stress will be felt as each organization prepares for what will be required for the upcoming season to ensure we return to hockey in a safe, structured and responsible manner.

Each organization is to be commended for their absolute commitment to providing elite development opportunities both on and off the ice in the face of these financial challenges with the health and safety of all involved always being the number one priority. Teams will need and deserve all the support they can be afforded during this time as we return to the game we all love.

Please stay tuned for further exciting announcements in the coming weeks.

## Interlake Impact earns first victory this season

### Staff

The Interlake Impact earned their first win of the season last Friday evening.

Interlake defeated Kucame B FC 2-1 in Manitoba Major Soccer League 4th Division action.

Nathan Friesen and David Gonzalez scored for the Impact while Howard Monson replied in the losing cause.

With the victory, Interlake improved its record to 1-3-1 and is now tied for seventh place with the YFC Saints in

the eight-team division. Both teams have four points, two behind Richmond FC.

The Impact is back in action this Sunday when they play the Hanover Strikers in Steinbach. Game time is 6 p.m.

## Orioles ousted in 18U baseball playoffs

### By Brian Bowman

The playoffs didn't go too well for the Interlake Orioles 18U "AAA" baseball team.

Interlake saw its season end with three lopsided playoff losses.

The Orioles started their playoffs with a 13-3 loss to Winnipeg South last Thursday.

On Friday evening, Interlake was blanked 8-0 by the Bonivital Black Sox.

The Orioles were then defeated 11-1 by eventual-

league champion Pembina Hills on Saturday afternoon.

Meanwhile, the 15U Orioles lost 13-3 to the North Winnipeg Pirates last Friday in West St. Paul.

Interlake will begin its playoffs Friday at noon when they play the Brandon Marlins in Balmoral.

In 13U "AAA" action, Interlake was defeated 11-9 by the North Winnipeg Pirates last Thursday in Stonewall.

On Wednesday, the Orioles were doubled 6-3 by Winni-

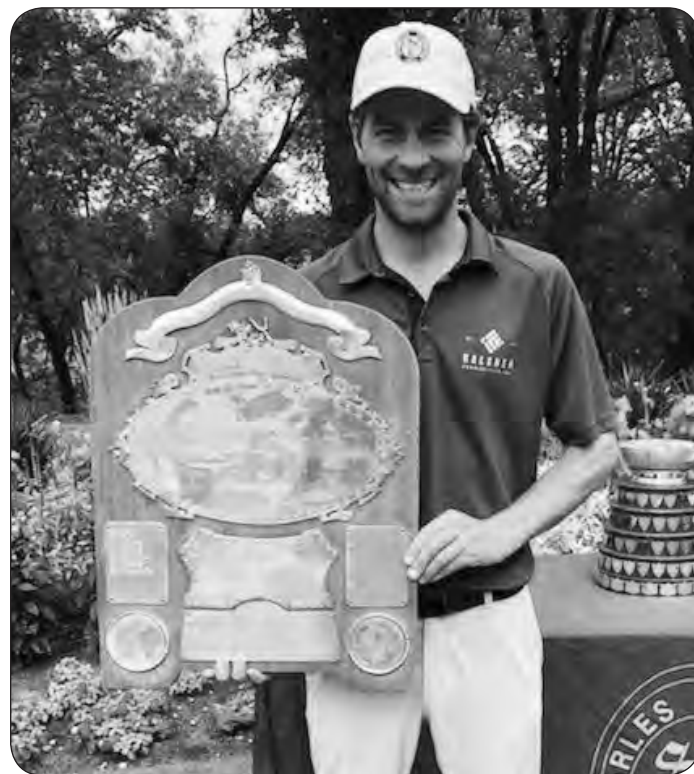
peg South.

Interlake was also defeated 19-3 by Red River in East Selkirk on Aug. 18.

The Orioles are scheduled to close out their regular season with three road games this week. Interlake will play the St. James A's on Wednesday, Winnipeg South Thursday, and the Brandon Marlins on Friday.

All three games will start at 6 p.m.

## Club champion



**EXPRESS PHOTO SUBMITTED**

Curtis Markusson's great summer of golf continued last weekend when he won the St. Charles Country Club's club championship. Markusson fired rounds of 73, 71 and 72.



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## ANTIQUES

Wanted - 1957 - 1958 Oldsmobile for parts or to restore. Any condition - running or not. Please call Guy at 204-771-9071.

THE EXPRESS  
WEEKLY NEWS  
204-467-5836

## APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

Lone Oak Apartments, Winnipeg Beach - renovated 1 bedroom suite available immediately. Sorry no pets. 55+, onsite laundry, \$700/month includes hydro & parking. To arrange viewing phone 204-389-2146.

## HOUSE FOR RENT

Older 2 bdrm. house for rent in Ledwin area. \$495/mo. plus utilities. Available Sept. 1st. Ph 204-641-3615.

## HELP WANTED

Like working with wood and working close to home? 204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Please call 204-344-5404 for details.

Busy roofing company hiring full time roofer/labourer. For more information call 204-641-5200.

Experienced bookkeeper looking for new clients. Located in Gimli, email Kristine kristinebookkeeping@gmail.com

## NOTICES

Urgent Press Release &/Media Advisories. We are assisting organizations, businesses, and the public in getting their messaging out about important news, changing operations, cancellations, etc. Though we cannot guarantee publication, The Manitoba Community Newspapers Association (MCNA) will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information, or email classified@mcna.com for details. www.mcna.com.

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## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewood elkbranch@mymts.net

## MISCELLANEOUS

Melroe Windrow pickup, 6 metal datts, in good shape, \$500; 2 tires, 18x4x26 with rims, \$500. Ph 204-364-2252.

## MISCELLANEOUS

Winter is coming!!! Advertise now. Make the most of the fall, before the flu season hits. Don't delay. Each week our blanket classifieds could be helping your organization get noticed in over 340,000 homes! It's AFFORDABLE and it's a great way to increase and connect with your future customers. For as little as \$189 + GST, get your important messaging out! Call 204-467-5836 to book or email classified@mcna.com for details. MCNA 204-947-1691. www.mcna.com

THE EXPRESS  
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204-467-5836

## MISCELLANEOUS

Trailers, truckbeds & tires. Full repair and safeties. Vehicle parts, tires & wheels. Vehicle & trailer parts & batteries. Sales, Financing & Leasing. Kaldeck Truck & Trailer Inc. Hwy #1, MacGregor, Mb. 1-888-685-3127. www.kaldecktrailers.com

## HIP/KNEE Replacement?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for \$2,500 yearly tax credit and \$20,000 Lump sum refund.

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## HELP WANTED AT NARROWS SUNSET LODGE

Experience an asset.  
Please email resume to  
office@narrowssunsetlodge.com  
or call Irv at 204-981-2831  
or 204-768-2749

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#20042 - GLEN BAY ROAD  
RM OF GIMLI

## Rural Municipality of Armstrong



## REQUEST FOR QUOTES FOR BRUSHING

The RM of Armstrong is requesting quotes to brush various locations throughout the municipality.

Brushing will be the removal and complete mulch of all vegetation, trees and shrubs to ground level.

Forward all SEALED quotes marked brushing project to the R.M. of Armstrong, Box 69, Inwood MB R0C 1P0 before 4:30 p.m. Friday, September 4, 2020.

Quotes are to be submitted using our BID FORM. For bid form and brushing locations please contact the municipal office.

Each job is to be quoted on separately. Work may be awarded in full or in parts. Not all areas will necessarily be awarded depending on budget restraints.

The lowest or any quote will not necessarily be accepted.

Armstrong Municipal Office Lot 55 Highway #17  
Box 69 Inwood, MB R0C 1P0  
Phone: 204-278-3377  
Email: cao@rmofarmstrong.com

## EVERGREEN SCHOOL DIVISION

is searching for



Substitute Teachers  
& Casual Support Staff  
Educational Assistants  
Library Clerks  
Secretaries  
Caretakers

Evergreen schools are located in Arborg, Gimli, Riverton and Winnipeg Beach. Applicants are invited to pick up an application package at the Evergreen Education Support Centre, located at 140 Centre Avenue West in Gimli, or download an application package at www.esd.ca under Employment/Human Resources—Substitute Teacher Application Package or Casual Support Staff Application Package. Pay as per Collective Agreements.

## EVERGREEN SCHOOL DIVISION

is searching for



Divisional Educational  
Assistants (Temporary)  
- 6.0 hr/day

These positions are effective September 3, 2020 and are expected to continue to June 30, 2021.

Divisional EAs will be assigned to all schools in the division and will provide EA and supervision support as needed. Evergreen schools are located in Arborg, Gimli, Riverton and Winnipeg Beach.

See website for details and application procedures: <http://www.esd.ca/Employment> under Support Staff.

CLOSING DATE: August 24, 2020 (3:30 p.m.)

## EVERGREEN BASIC NEEDS IS HIRING!

## MAINTENANCE PERSON

Evergreen Basic Needs is looking for a Full Time Maintenance Person, 30-35 hours a week including Saturdays. Must have a valid driver's licence and be able to lift 50 lbs minimum.

Benefit Package available.

Please submit resumé to

Karen Bowman at

ebnoffice@mymts.net

or drop off in person at

71 4th Ave in Gimli.

For further information call

204 642 9736

Applications due by  
September 9, 2020

## AUCTION SALE

For Larry Letourneau  
#1 North Drive, Steep Rock, MB  
Saturday, August 29, 2020 at 11:00 a.m.

**Machinery & Equipment:** J.D. 970 AWD Tractor w/420 Loader, 551 hrs, front wheel assist, roll bar, bumper; Farm King 5ft Snowblower; J.D. 5ft Finishing mower; Farm King 6ft, 3 pth Blade; Farm King 7ft, 3 pth Cultivator; SA60 Inland 5ft Snowblower w/3pth.

Also included in the sale: Sporting Equipment, Shop & Tools, Yard & Miscellaneous, a few Household & Antiques and Firearms.

Full listing at: [www.globalauctionguide.com](http://www.globalauctionguide.com) or check out our Facebook page.

**Auctioneer's Note:** In order to comply with the COVID-19 crowd size limit and allow serious buyers only, an onsite bidding registration of \$10.00 (refunded with purchase) will be charged to each registered bidder (no family passes) Anyone entering the selling area must present their registration card to staff to be admitted into this area.

- Social distancing rules will be in place
  - Selling area will be restricted to a maximum of 100 persons at any time (includes staff)
  - No minors allowed
  - Proxy Bids can be called into Buddy.
- Viewing will be Thurs & Fri (27 & 28 Aug) from 10:00 a.m. - 4:00 p.m.

For more info: Call Buddy  
Lorne (Buddy) Bergner, Auctioneer  
Box 721, Ashern, MB R0C 0E0  
Ph: (204) 768-2669/ Fax: (204) 768-3237  
Email: bergauct@mymts.net

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## MUNICIPALITY OF BIFROST-RIVERTON The Municipality invites Quotations for the following:

### Ditching Project

Quotation # 1 – In16 & NE17-24-4E – 2.0 Miles

### Sidewalk Project

Quotation # 2 – Centennial Park Asphalt Sidewalks

Quotation packages are available at the Main Office or through email. Sealed bids marked with project name and clearly displaying the bidder's name will be received by the undersigned until 12:00pm on September 8, 2020.



Rural Municipality of  
**GRAHAMDALE**  
[www.Grahamdale.ca](http://www.Grahamdale.ca)

## Notice of By Election & Voting Places

### AS PER RECOMMENDED COVID19 PROTOCOLS ALL PERSONS ENTERING A VOTING STATION WILL BE REQUIRED TO WEAR A PROTECTIVE MASK

In accordance with Section 48(2) of The Manitoba Councils and School Boards Elections Act, I hereby declare notice is given that a vote of the R.M. of Grahamdale will be taken to elect a Reeve from the following duly nominated candidates:

#### For the office of Reeve:

Diane Price  
Orville Philippon  
Pat Allen  
Craig Howse

#### Voting Place

Voting Place will be open for voting on Monday the 28th day of September, 2020 between 8:00 a.m. and 8:00 p.m. at:

**MOOSEHORN COMMUNITY HALL  
MOOSEHORN MANITOBA**

Identification may be required before being allowed to vote. A person may be required to produce one piece of government issued photo identification (for example – driver's licence or passport) or at least two other documents that provide proof of identity.

#### Advance Voting

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend the proper voting place on Election Day, an advance voting opportunity will be located at the following place:

**September 11th, 2020**

**8:00 AM TO 8:00 PM  
MOOSEHORN CURLING RINK  
MOOSEHORN MANITOBA**

#### Application to vote by sealed envelope

A voter who is unable to go in person to the voting place or vote in advance, may apply in person, in writing, by email, or by fax to the senior election official at:

PO Box 160  
23 Government Road  
Moosehorn, MB R0C 2E0  
Email: [seo@grahamdale.ca](mailto:seo@grahamdale.ca)  
Fax: 204-768-3374

A voter applying to vote by sealed envelope will receive a ballot package by regular post, or by making alternative arrangements with the senior election official. Regular Post ballot packages will not be mailed after September 17th 2020.

Last day to apply to vote by sealed envelope is September 25th, 2020.

Sandra Falk,  
S.E.O. R.M. of Grahamdale  
(204) 768-0069 Fax (204) 768-3374  
Email: [seo@grahamdale.ca](mailto:seo@grahamdale.ca)  
Dated at Moosehorn, MB this 18th day of August, 2020.



Rural Municipality of  
**FISHER**

Box 280, Fisher Branch, MB, R0C 0Z0  
Tel: 204-372-6393, Fax: 204-372-8470

## PUBLIC NOTICE BOARD OF REVISION

**Public Notice** is hereby given that the 2021 Assessment Roll for the Rural Municipality of Fisher has been delivered to the Municipal Office at 30 Tache Street, Fisher Branch, Manitoba and is open for public inspection during regular business hours (8:30 a.m. – 4:30 p.m.) Applications for revision may be made in accordance with sections 42 and 43 of *The Municipal Assessment Act*.

#### APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to:

- Liability to taxation;
- Amount of an assessed value;
- Classification of property; or
- A refusal by an assessor to amend the assessment roll under sub-section 13(2).

#### APPLICATION REQUIREMENTS

43(1) An application for revision must:

- Be made in writing;
- Set out the roll number and legal description of the assessable property for which a revision is sought;
- State the grounds on which the application is based; and
- Be filed by
  - delivering it or causing it to be delivered to the office of the Rural Municipality of Fisher, 30 Tache Street, Fisher Branch, Manitoba or
  - serving it upon the secretary, at least 15 days before the scheduled sitting date of the board as indicated below.

The Board of Revision will sit on **Wednesday, October 14, 2020 at 10:00 a.m.** in the Ukrainian National Home, 33 Provencher Street, Fisher Branch, Manitoba to hear applications to revise the 2021 Assessment roll and to revise 2020 assessment changes relating to Sections 300(6) and 326 of *The Municipal Act*.

The final date on which applications must be received by the Secretary of the Board is **Monday, September 28, 2020.**

Dated this 20th day of August, 2020

Kelly Marykuca – Secretary  
Board of Revision  
Rural Municipality of Fisher  
Box 280 Fisher Branch, MB R0C 0Z0  
Phone: (204) 372-6393 Ext. 4 Fax: 372-8470

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## McSherry Auction Service Ltd

**HUGE CATTLEMAN INTERNET  
TIMED OUT AUCTION FOR  
JOSH JOHANNSON**

**Bidding Closes Thursday  
Sept 10th @ 7 PM**

Woodlands, MB  
North 518, 3 Miles Then East  
on Rd 85N, 1 1/4 Miles #7046  
Contact # (204) 404-0431

To Be Moved – 30' x 25' 768 Sq Ft 4 Season Cabin- 2 BR, 1 Bath, Elec Heat, 1970's But Many Upgrades to Interior & Exterior In 2007 (Needs a Starting Bid of \$20,000.00) To Be Moved at Purchaser's Expense \* JD 2750 Dsl MFWA Cab 3PH 5143 Hrs \* 2016 Wilson Gooseneck 24' Tandem 7000LB x 2 Alum Stock Trailer \* 2016 Red Rhino Gooseneck Tandem – Single Row Round Bale Auto Unload Trailer \* MF 135 Dsl 3PH Hyd Showing 3640 Hrs \* 3PH 5' Rotary Mower \* Gravity Hopper Trailer \* Silver Lake Mfg Trailer – Hydraulic Post Pounder \* New Raw Hide Large Portable Corral Gooseneck-1 Person Set Up Elec/Hyd W Loading Chute\* 2) 20' Steel Shipping Containers \* EZE- Feeder 70 3PH 70 Bushel Bunk Feeder\* Maternity Pen \* Arrow Cattle Quip Portable Squeeze Cute, Alley, Tub System \* Huge Amount of Livestock Equip – All 4 Years Old or Newer! \* 41) 30 Combo 5 Bar Wind Break Self Standing Panels \* 48) 30' 5 Bar Self Standing Panels Some w Swing Gates \* 70) 10-14' Corral Panels & Gates \* Hopper Bins \* More Livestock Equip \* Auger \* Rd Bale Feeders \* Cattle Oiler \* Auto Waterers \* Bunk Feeders \* Corral Posts \* 03 Sokal 24' Gooseneck Stock Trailer \* Saddles \* Some Yard \*

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**Bidding Closes Thursday  
Sept 17th @ 8 PM**

Rosser, MB  
4 Miles East on Hwy 221 Then  
1/2 Mile North on Rd 4 E  
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Bobcat 843 Dsl Ski Steer 3408 Hrs \* 2018 JD Z 540 M Zero Turn Hydrostatic R Mower \* COOP Super Wild Cat 4 WD Tractor \* Farmall A Tractor \* Oliver 77 Tractor \* Int 645 Vibra Chisel 22" \* Fieldmaster 5-6 Yard Hyd Scraper \* Somema 3PH 60" Roto Vator \* Woods 3PH 6' Rotary Mower \* 2000 Chev Silverado 1500 177,000 KM Fresh Safety \* BH 20' Flat Deck Trailer \* 16' x 16' Insulated Building \* 6 Graineries – 2 with Hoppers \* More Farm Misc \* Yard \* Tools \* Stuart McSherry, Stonewall, MB  
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204-571-1531

Email Resume:  
[jlaboissiere@luckystarservice.ca](mailto:jlaboissiere@luckystarservice.ca)

Online Application:  
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Thursday's publication  
**Please Call  
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**ONLINE TIMED OUT FARM  
AUCTION CALUM BECKETT**

**Closes Thurs Sept 3rd  
@ 8 PM**

Lac Du Bonnet, MB  
10 Min North on Hwy 11 To  
Great Falls Continue Past 4  
Miles Then Left 1 1/2 Miles on  
Maple Creek Then Right Turn  
1/2 Mile On La Liberté Rd.  
Contact # (204) 345-4289

07 Kubota MM9540 MFWA Left Hand, Forward, Reverse, Cab, 3PH w Kubota FEL Showing 3342 \* 05 Case IH RBX 562 Rd Baler w Net Wrap \* NH 855 Rd Baler \* 2) NH 116 Hyd. Swing 16' Mower Conditioners \* Semi 48' Hay Trailer w Tandem Converter \* 00 Honda 450 4x4 Quad \* 03 Chev 3500 Dually Ext Cab 4 x 4 Dsl w Deck \* Along w More Medium Sized Grain & Haying Equip \* Trailers \* Livestock Equip \* Squeeze Chute \* Panels \* Farm Misc \* Stuart McSherry, Stonewall, MB  
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[www.mcsherryauction.com](http://www.mcsherryauction.com)

## McSherry Auction Service Ltd

**ONLINE TIMED OUT AUCTION  
ACREAGE/MECHANIC  
AUCTION BILL SMEDTS**

**Bidding Closes Tues  
Sept 15th @ 8 PM**

St Andrews, MB  
Hwy #67 #1131 (Fort Garry Rd)  
Contact # (204) 461-4377

06 Kubota B2630 Dsl MFWA 3PH w Kubota LA 403 FEL Low Hours – 284 \* Buhler Farm King 3PH 60" Rotovator \* Wallenstein 3PH PTO Drive Chipper \* Craftsman LT4000 12.5 HP 42" Riding Mower \* Clipper 17.5' Fiberglass Canoe w Kevlar \* JD 520 Snowblower \* Roto Tiller \* 10 Ton 5 HP Trailer Hyd Wood Splitter \* Snap On 2 Post Clear Floor Hoist 9000LB \* 5 HP 60 Gal Upright Air Comp \* Comm. Brake/Disc/Drum Lathe \* Hydraulic Press \* Snap On Tool Cabinet \* Metal Brake \* Husqvarna 445 Chainsaw \* Professional Tools- Snap On\* Specialty -Power, Air, & Hand Tools \* Vintage Garage Signs \* Along w More Acreage Items \* Building Supply \* Livestock Kits \* Yard Items\*

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## CARD OF THANKS

Lillian Wlosek - We are very grateful for the kindness shown to us during our mother's illness and after her passing. Thank you to the staff at the St. Boniface and Selkirk hospitals for the excellent care she received. Thank you friends for all the meals, visits and phone calls. Sincere thanks to Gilbert Funeral Home and St. Michael's Parish for your help as we planned the funeral then cancelled and revised plans. Thank you to Father Art Seaman and Chris Magnusson for the beautiful graveside service. Thank you to everyone who posted messages on her tribute wall, sent cards, flowers and made donations in her memory. Your kindness is greatly appreciated and will be remembered.  
-The Lillian Wlosek family

## CARD OF THANKS

We wish to express our sincere thanks and appreciation for the phone calls, cards and visits after the passing of Marie. Special thanks to Cancer Care MB and Gimli Community Health Centre for their care and compassion. Thank you to Gilbert Funeral Home for arrangements and to Fr. Seaman for the graveside service. Everyone's kindness has made this sad time easier to bear.  
-Jack Pemkowski and family



204-467-5836

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Please forward resume to:  
[gimli.part.time.application@gmail.com](mailto:gimli.part.time.application@gmail.com)

Or mail to:  
Diageo Canada Inc.  
Box 2000, Gimli, Manitoba, R0C 1B0

ATTENTION: Casual Security Officer Position

We thank all applicants in advance for their interest in the position. Only those candidates selected for an interview will be contacted.

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401 Lake Ave.

Ask for Kris 204-482-3960  
Fax. 204-482-4370  
[selkirkautobody@mts.net](mailto:selkirkautobody@mts.net)



## Rural Municipality of Armstrong



## INVITATION TO TENDER

### CLOSING DATE:

Friday, September 4, 2020 at Noon

The Rural Municipality of Armstrong is accepting tenders for the following:

1. **SIDEWALK TENDER:** 80 meters of concrete sidewalk renewal in Inwood, including removal of existing concrete and landscaping with top soil & seed to pre-construction condition.

2. **STREET REPAIR TENDER:** Asphalt repair on John O' Olsen Blvd. in Inwood, 388 square meters of asphalt overlay and fill of various pot holes within the 250 meter stretch of road. Scope of work to include prep, supply and install.

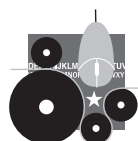
Please contact the municipal office at the address or phone number below, or visit the municipal website [www.rmofarmstrong.com](http://www.rmofarmstrong.com) to obtain detailed tender packages.

The RM of Armstrong reserves the right to reject any or all bids and to award the tender in the best interest of the RM of Armstrong in its sole discretion. Lowest bid may not be accepted. Contractors must comply with Municipal requirements for liability insurance, WCB coverage to be eligible to be awarded the contract.

Corlie Larsen, CAO  
RM of Armstrong  
Lot 55 Highway 17  
Box 69, Inwood, MB R0C 1P0  
Phone: 204-278-3377

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Qualifications: The successful candidate must be professional, dependable, energetic, goal-oriented, self-starter, can work within deadlines, well organized and friendly.

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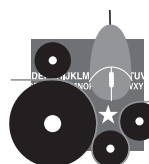
-Strong computer skills, including Microsoft Office

-Excellent communication skills and a genuine love of people

-Willingness to learn

-Ability to work independently

If you fit this description please email resume to  
[Bigandcolourful@mts.net](mailto:Bigandcolourful@mts.net)



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## TOWN OF WINNIPEG BEACH

## PUBLIC NOTICE BOARD OF REVISION

Public Notice is hereby given that the assessment rolls for 2021 for the Town of Winnipeg Beach have been delivered to the Town Office at 29 Robinson Avenue, Winnipeg Beach, Manitoba and is open for public inspection during regular business hours. Applications for revision may be made in accordance with sections 42 and 43 of the Assessment Act.

### Application for Revision:

42(1) a person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

### Application Requirements:

43(1) An application for revision must:

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- state the grounds on which the application is based; and
- be filed by (i) delivering it or causing it to be delivered to the office at the address below, or (ii) serving it upon the secretary, at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board of Revision will sit on **Thursday, October 15th, 2020 at 7:00 p.m.** in the Council Chambers of the Town of Winnipeg Beach, 29 Robinson Avenue, Winnipeg Beach to hear applications.

The final date on which applications must be received by the Secretary of the Board is Tuesday, September 29th, 2020.

Dated this 26th day of August 2020.

Roger A. Bouvier - Secretary, Board of Revision  
Town of Winnipeg Beach, Box 160, 29 Robinson Avenue  
WINNIPEG BEACH MB R0C 3G0  
(204)-389-2698



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BIRTH ANNOUNCEMENT



**Blair Oaklind Uruski**  
Brendan and Sara Uruski are happy to announce the arrival of their son, Blair Oaklind Uruski. Blair was born Wednesday, July 15th at 7:36 p.m. He weighed 9 lbs 1 ounce and measured 20.5 inches in length. His sister Eleanor cannot get enough of her little brother and is such a huge help! Amma and Afi are Kimberly Hurdell and Todd Bonkowski of Riverton, MB. Nana and Gigi are Shelley and Barclay Uruski of Arborg, MB. Blair is the first grandson for both sets of grandparents and everyone is overjoyed with the excitement of the newest addition to the family.

IN MEMORIAM



**In Loving Memory of Charles Peiluck**  
who passed away  
3 years ago  
August 28, 2017  
God saw you getting tired,  
So he wrapped you in His loving arms  
And whispered "Come with me."  
You suffered much in silence  
Your spirit did not bend  
You faced your pain with courage  
Until the very end.  
You tried so hard to stay with us  
Your fight was not in vain  
God took you in His loving arms  
And saved from all pain.  
-Lovingly remembered by  
your twin brother Davy,  
brother Ronny,  
sister Jean and husband Art,  
nephews Craig and Kurt,  
nieces Kim and Karen

ANNIVERSARY



**Vienna and Norm Black**  
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**PUBLIC NOTICE**

**PROPOSED BELL MOBILITY RADIOCOMMUNICATIONS FACILITY  
TELECOMMUNICATION TOWER**

BellMTS is committed to providing Canadian communities high speed wireless voice and data service. To improve service, BellMTS is proposing to construct a 107 metre guyed tower with ancillary radio equipment including an equipment shelter approximately 3m x 3m at the base of the tower with a perimeter fence restricting public access. As part of the public consultation process as required by Innovation, Science and Economic Development (formerly Industry Canada), BellMTS' regulator under the Radiocommunications Act, BellMTS is inviting the public to comment on the proposed tower location before September 30<sup>th</sup>, 2020 in compliance with ISED's telecommunications policy. This tower is fully compliant with ISED guidelines, as found under the CPC.

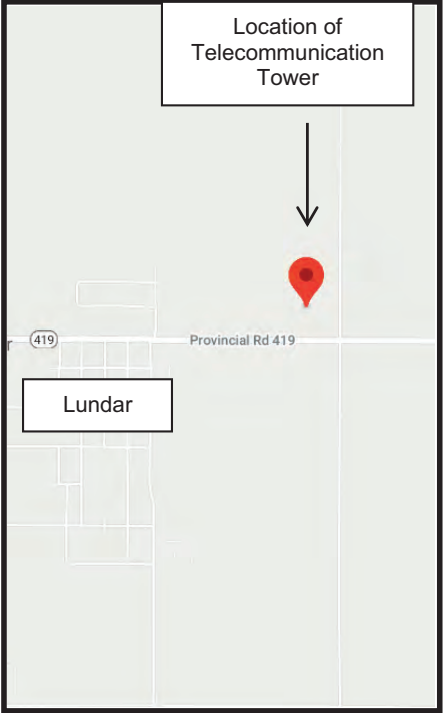
**TOWER LOCATION:** Approximately 700m East of Lunder

**COORDINATES:** N50 41 57.5600, W98 01 12.5897

**LEGAL:**  
SE 1/4 12-20-5 WPM  
Exc Firstly: Wly 750 feet of Sly 2400 feet  
Secondly: Road Plan 12376 WLTO  
Thirdly: Rly Right-Of-Way Plan 398 WLTO (P Div)  
subject to the reservations contained in the Crown Land Act

**ANY PERSON MAY** comment by close of business day on September 30<sup>th</sup>, 2020 with respect to this matter.

**BELLMTS CONTACT:**  
Marshall Rasmussen  
Medallion Wireless  
Consultants for BellMTS  
2417 Main Street  
West Kelowna, BC, V4T 2H8  
Fax: 604-469-6838  
Email: feedback@Medallionwireless.com





# Classifieds Announcements

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## OBITUARY



Virginia Judith Fortin (nee MacTavish)  
March 12, 1937—May 2, 2020

It is with great sadness that we announce the sudden passing of our beloved mother, grandmother and great-grandmother. Virginia will be missed by her four children: Linda (Maarten Gerritsen), Eric (Claudine Latuillipe), Keith (Evelyn) and Mark (Colleen); 11 grandchildren, Cheryl Thorassie, Vaughn Anderson, Justin Helgeson, Ayla Anderson, Lenea Fortin, Emily Fortin, Tommy Fortin, Hannah Fortin, Mark Fortin, Jacob Fortin and Grace Fortin and five great-grandchildren, Cashton, Evelyn, Ashlyn, Michelle and Amaira. She will also be missed by her sister Colleen Watkins and brother Grant (Bonnie) MacTavish as well as numerous nieces and nephews. Mom was predeceased by her parents, George (1975) and Judy (1990) MacTavish and her sister Lorraine Kateryniuk in 2005.

The Memorial Service will be held 2:00 p.m. September 5th at the Thompson Pentecostal Church in Thompson, MB. Interment will be held at Brookside Cemetery at a later date.

A full obituary can be read on-line at:

<https://boardmanfh.com/book-of-memories/4208518/Fortin-Virginia/index.php>

## OBITUARY

Helen Krulicki

Peacefully, on Sunday, August 23, 2020 at the St. Norbert Personal Care Home, Helen Krulicki, aged 91 years passed away.

As per her wishes, cremation has taken place and a celebration of life will be held next summer. Full obituary to run in next week's Express.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Gimli in care of arrangements.



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|--------------------------------------|------------|-----------------------------------------|------------|----------------------------------------|------------|
| A.W. Mabon, Gimli                    | \$1,027.00 | Kevin & Lisa Klym, Arborg               | \$774.00   | Amanda Unger, Riverton                 | \$799.00   |
| Brian Jonasson, Arnes                | \$454.00   | John & Tina Kornelson, Arborg           | \$689.00   | Evelyn Wallach, Poplarfield            | \$899.00   |
| Phyllis Dueck, Riverton              | \$767.00   | Kent & Helena Kostshyn, Lunda           | \$639.80   | Judy Wells, GrandePointe               | \$119.00   |
| John & Nellie Burak, Arborg          | \$599.00   | Thomas Kowalchuk, Fraserwood            | \$499.00   | Lynn Bear, Peguis                      | \$239.00   |
| Andrew Barg, Winnipeg                | \$1,749.00 | Layne & Holly Kulbacki, Arborg          | \$599.00   | Hazel Brunen, Eriksdale                | \$729.00   |
| Crystal Stigurdson, Riverton         | \$549.00   | Edward Penner, Arborg                   | \$619.00   | David Chudy, FisherBranch              | \$1,499.00 |
| Robert & Ellen Martin, Arborg        | \$1,330.00 | Keith Poleschuk, Arborg                 | \$2082.00  | Susie & Brian Eytelson, Riverton       | \$528.00   |
| Ronald Ostrozylnik, Poplarfield      | \$479.00   | Curtis Spence, Hodgson                  | \$479.00   | Nelson Hudson, Koostatak               | \$629.00   |
| Margaret S. Wilson, Peguis           | \$1,699.00 | Tanya & Lyle Thorgilsson, Lunda         | \$329.00   | Larry and Valerie Kornelsen, Arborg    | \$799.00   |
| Stacey Ledingham, Riverton           | \$1,279.00 | Nancy Woychysyn, Arborg                 | \$768.00   | Jason Loewen, Arborg                   | \$859.00   |
| Wayne Barkman, Arnes                 | \$799.00   | Mathew & Gemma Avison, Arborg           | \$219.00   | Rita Milne, Gimli                      | \$1,327.43 |
| Kathy Taylor, Winnipeg Beach         | \$599.00   | Raymond Bazinet, Eriksdale              | \$389.00   | Minerva Ladies Aid, Gimli              | \$659.00   |
| Doreen Steg, Camp Morton             | \$299.00   | Lynn Bear, Peguis                       | \$1,044.00 | Sheila Murdoch, Koostatak              | \$1,018.00 |
| Lloyd Sigurdson, Arborg              | \$599.00   | Ken & Linda Cherepak, Arborg            | \$49.01    | Ruth Otto, Ashern                      | \$1,829.00 |
| Glen & Norma Plett, Arborg           | \$629.00   | Debbie Deveau, Eriksdale                | \$249.00   | Gwen Adams, Matlock                    | \$1499.00  |
| Jeannette Nickols, Riverton          | \$1,699.00 | Dorothy Dubchak, Gimli                  | \$899.00   | Buddy Chudy, Fisher Branch             | \$1298.00  |
| Agnes Furgala, Riverton              | \$939.00   | Sid & Beatrice Dueck, Arborg            | \$569.00   | Dave and Mary Crate, Koostatak         | \$529.00   |
| Scott McDougall, Ashern              | \$369.00   | Don Firman, Arborg                      | \$529.00   | Frank Dziedzic, Stonewall              | \$859.00   |
| Doug Moroski, Melebe                 | \$399.00   | Leslee Gislason, Riverton               | \$699.00   | Heather Fedorchuk, Gimli               | \$1119.00  |
| John Harper, Hodgson                 | \$799.00   | Matthew Hamberg, Teulon                 | \$749.00   | Ilean Haldane, Winnipeg Beach          | \$1979.00  |
| Robert & Delores Jacobson, Arborg    | \$279.00   | Catalina Jansen, Arborg                 | \$399.00   | Joan Krulicki, Arborg                  | \$1126.99  |
| Brad Baziniak, Riverton              | \$698.00   | Star Johanneson, Arborg                 | \$549.00   | John Logan, Teulon                     | \$439.00   |
| Allan Porter, Peguis                 | \$1,698.00 | Brenda & Jamie Johnson, Riverton        | \$1,039.00 | Todd and Lisa Mazur, Fisher Branch     | \$72.40    |
| Peter & Verne Bodnar, Arborg         | \$1,028.00 | Wayne & Kathy Kristinsson, Arborg       | \$499.00   | Jason and Sarah Taylor, Arborg         | \$1328.99  |
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| Kevin & Lisa Klym, Arborg            | \$1,779.00 | Beverly & Bryan Plett, Arborg           | \$2,148.00 | Donna and Jim Skinner, Arborg          | \$50.94    |
| Joan Hudson, Hodgson                 | \$979.00   | Brace Reimer, Arborg                    | \$1,308.00 | Allen Spence, Hodgson                  | \$199.00   |
| Leonard & Joyce Jackson, Gimli       | \$2,427.00 | Ray Reimer, Arborg                      | \$399.00   | John and Mary Troyan, Arborg           | \$868.99   |
| Amanda Rundle, Riverton              | \$258.00   | Donna Votour, Arborg                    | \$69.00    | Boyd Abas, Hodgson                     | \$338.99   |
| Kay Bergman, Arborg                  | \$2,229.00 | Richard & Judith Werner, Arnes          | \$419.00   | Sharon J. Bear, Peguis                 | \$39.99    |
| William & Ethel Brown, Gimli         | \$5,000.00 | Don Barkman, Arborg                     | \$279.00   | Sophie Bristow, Gimli                  | \$49.00    |
| Mike Budniak, Melebe                 | \$1,504.10 | Noreen Barkman, Arborg                  | \$679.00   | Susan & Greg Brown, Lunda              | \$1,713.00 |
| Leona Cochran, Koostatak             | \$499.00   | Mark Bayliss, Arborg                    | \$19.95    | Elaine Bruce, Ashern                   | \$449.00   |
| Ivan & Christine Fridfinnson, Arborg | \$737.10   | Melvin & Carol Bilinski, Fisher Branch  | \$999.00   | Linda Foster, Matlock                  | \$408.00   |
| Jocelyn & Tony Hayka, Arnes          | \$949.00   | Jim & Wanda Brandson, Lunda             | \$916.00   | Dan & Nyla Klatt, Grahamdale           | \$649.00   |
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| Alex Klimchuk, FisherBranch          | \$575.00   | Richard & Doris Dueck, Arborg           | \$59.90    | Lenore Mahase, Winnipeg                | \$369.00   |
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| Claudia Krawchuk, Fraserwood         | \$499.00   | Jocelyn & Tony Hayka, Arnes             | \$749.00   | Stacy Markussun, Gimli                 | \$2,637.95 |
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| Tammie McDouid, Arborg               | \$1,049.00 | Darryl & Jeannette Lazarok, Poplarfield | \$599.00   | Bert & Vera Osborne, Arborg            | \$279.00   |
| John Miller, Broad Valley            | \$69.95    | Jason Loewen, Arborg                    | \$59.90    | Ashely Prince, Peguis                  | \$20.00    |
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| Frank Reimer, Arborg                 | \$658.00   | Candace Sigurdson, Riverton             | \$499.00   | Rick Weiss, Arborg                     | \$649.00   |
| Dave & Eileen Shott, Arborg          | \$98.00    | Tracy Sigvaldason, Riverton             | \$299.00   | Cornelius Weiss, Arborg                | \$59.00    |
| Fern & Philip Sinclair, Peguis       | \$279.00   | Della Sinclair, Koostatak               | \$1599.00  | Roger and Christine Abuda, Arborg      | \$849.00   |
| Philip Thorkelson, Arborg            | \$599.00   | Isabel JToy, Lunda                      | \$469.00   | Will and Shelly Ashley, Arborg         | \$193.98   |
| Stanley Wallach, Poplarfield         | \$399.00   | Cynthia Webster, Gimli                  | \$449.00   | Darryl and Doris Bear, Peguis          | \$2,647.00 |
| Philip Bauernhuber, Arborg           | \$1,900.00 | George & Maria Wiebe                    | \$51.00    | Dwight Dilts, Stonewall                | \$1,828.00 |
| Simonetta DelSante, Riverton         | \$529.00   | Debbie & Adrian Zelenitsky, Gimli       | \$858.00   | Lil Firman, Gimli                      | \$2,068.00 |
| Danielle & John Weedon, Riverton     | \$1,799.00 | Doreen Steg, Camp Morton                | \$1,474.50 | Ruth Kennedy, Arborg                   | \$64.99    |
| Bev Webb, Fisher Branch              | \$129.00   | Darlene Jonsson, Arborg                 | \$529.00   | Chris and Jennifer Kristjansson, Gimli | \$919.00   |
| Alan McKay, Arborg                   | \$349.00   | Delbert & Luwana Brandt, Riverton       | \$1,799.00 | Bjani and Elaine Martenson, Riverton   | \$399.00   |
| Zenith Poole, Arborg                 | \$848.00   | Glen & Phyllis Stevenson, Peguis        | \$339.00   | Bruce and Candace McKinnon, Eriksdale  | \$1,669.00 |
| Barb & Menno Friesen, Riverton       | \$559.00   | Linda Williams, Peguis                  | \$2,227.00 | Stephen and Liz Murdoch, Koostatak     | \$70.00    |
| Pat Dudrak, Arborg                   | \$499.00   | Eugene Feschuk, Gimli                   | \$227.00   | Lorne and Susan Smith, Gimli           | \$929.00   |
| Mary Dunlop, Gimli                   | \$109.00   | Ida Jean Buck, Hodgson                  | \$26.75    | Faye Stevenson, Peguis                 | \$1,173.95 |
| Jean Harrison, Arborg                | \$1,988.00 | Glen & Betty Johnson, Arborg            | \$1,299.00 | Walter and Charlene Stevenson, Peguis  | \$154.98   |
| Roxanne Roche, Arborg                | \$1,868.00 | Patricia McCallum, Gimli                | \$569.00   | Renate Van Der Molen, Eriksdale        | \$1,632.10 |
| Ernie & Lucille Stabner, Eriksdale   | \$1,349.00 | Joyce Bielick, Riverton                 | \$29.95    | Delores Wallbridge, Peguis             | \$2,186.00 |
| Nancy Woychysyn, Arborg              | \$499.00   | Marvin Olson, Arborg                    | \$29.95    | Al and Gloria Wiebe, Poplarfield       | \$152.94   |
| Karen Dzaid, Arborg                  | \$499.00   | Jeroline Smith, Peguis                  | \$1227.00  | Irene Zazulinski, Fraserwood           | \$279.00   |
| Natalia & Roger Eytelson, Riverton   | \$1638.00  | Sandra Jonasson, Arborg                 | \$549.00   | Kurtis and Iris Stansell, Arborg       | \$239.00   |
| Randy & Glenda Forster, Hodgson      | \$1898.00  | Melissa & Jeff Abuda, Arborg            | \$3,339.00 | Stephen & Liz Murdoch, Koostatak       | \$841.00   |
| Perry & Genni Hibbert, Arborg        | \$479.00   | John Paul Avison, Arborg                | \$679.00   | Ian and Carla Christiansen, Gimli      | \$2,257.99 |
| Kris & Begga Johannesson, Riverton   | \$939.00   | Carol & Dan Beauchemin, Inwood          | \$1,329.00 | Duane Loewen, Arborg                   | \$199.59   |
| Rick & Sheila Johnston, Arborg       | \$349.00   | Eugene Feschuk, Gimli                   | \$698.00   | Matthew Smith, Eriksdale               | \$2,297.00 |
| Bertha Jonasson, Arnes               | \$769.00   | Jason Hudson, Riverton                  | \$1,278.00 | Sharon McLeod, Gimli                   | \$1385.97  |
| Donna Jonasson, Arnes                | \$399.00   | Darlene Jonsson, Gimli                  | \$359.00   | George and Mary Lywak, Koostatak       | \$629.00   |
| Jeannette Kist, Gimli                | \$121.87   | Benita Muzyka, Arborg                   | \$549.00   | Lorna Friesen, Arborg                  | \$599.00   |
|                                      |            | Archie Thompson, Arborg                 | \$549.00   | Teddy Ferkel, Sandy Hook               | \$699.00   |
|                                      |            |                                         |            | Darrell and Donna Thaddeus, Koostatak  | \$138.00   |
|                                      |            |                                         |            | Joyce and Glenn Peden, Gimli           | \$1,019.00 |
|                                      |            |                                         |            | Lilja Macaulay, Gimli                  | \$829.00   |

**GRAND TOTAL TO DATE \$269,471.18**

**A NOTE TO OUR CUSTOMERS**

Due to the nature of this sale, we felt a brief explanation is essential.

At closing, 6 p.m. Sat. Sept 26th we will tally the 20 days of paid sales and divide by 20 to get the average daily sale. The day which is closest to this daily average, without going over it, will be the day which ALL qualifying purchasers will receive their purchase amount back, taxes excluded.

In the case of credit card (Smitty's, Visa, Mastercard) purchases, we will issue a credit immediately.

Every item in stock will be included in the sale. No exceptions - clearance, damaged, discontinued, even new arrivals: furniture and appliances.

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• Clearance Items

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**DON'T PAY FOR 3 MONTHS**  
**0% INTEREST ON EVERYTHING O.A.C.!**  
**FURNITURE, APPLIANCES**

**SALE RULES**

- All sales must be paid in full to qualify for this sale.
- Visa, Mastercard or Smitty's Credit Cards accepted.
- Sale Starts 9 a.m. Tues., Sept. 1 and ends Sat., Sept. 26, 6p.m.
- All purchasers on free day will be notified and receive their full refund by Friday, Oct. 2, 6p.m.
- All sales tallies and free day will be verified by our accounting firm.
- Commercial sales excluded in tallies and free day.
- All taxes excluded in tallies and refunds.
- No returns or substitutions for these 20 sale days.

**Smitty's**  
**FURNITURE & APPLIANCES**

"The largest selection of Furniture & Appliances between the lakes"  
**321 MAIN ST. ARBORG**  
**204-376-5242 TOLL FREE 1-800-361-4156**  
E-mail: smittysfurniture@mts.net  
www.smittysfurniture.net

**HOURS: 9 - 6 TUES. - SAT.**

