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Pick of the birds: From field to feeder

By Ty Dilello

The Elskamps' family farm is located in Woodlands, where they grow wheat, canola, corn, oats and black oil sunflowers.

"The fields that we plant have been in the family since the 1950s, and we take great pride in the land we farm, the product we produce, and the customers we serve," the family said.

"In July 2021, we saw an opportunity to continue contributing to local agriculture by taking over ownership of Pick of the Birds, a Manitoba company with over 30 years of experience in the bird food industry."

Today, third-generation farmer Aaron Elskamp and his wife, Stephanie, plant, grow and harvest sunflower seeds and grains that they use to produce nutritious products for their company, Pick of the Birds.

The Elskamp family are active bird feeders themselves and enjoy the year-round fun of watching wild birds fly into their farmyard and feed outside their window.

Pick of the Birds specializes in manufacturing bird food, which allows them to take the sunflowers produced in its fields "from field to feeder."

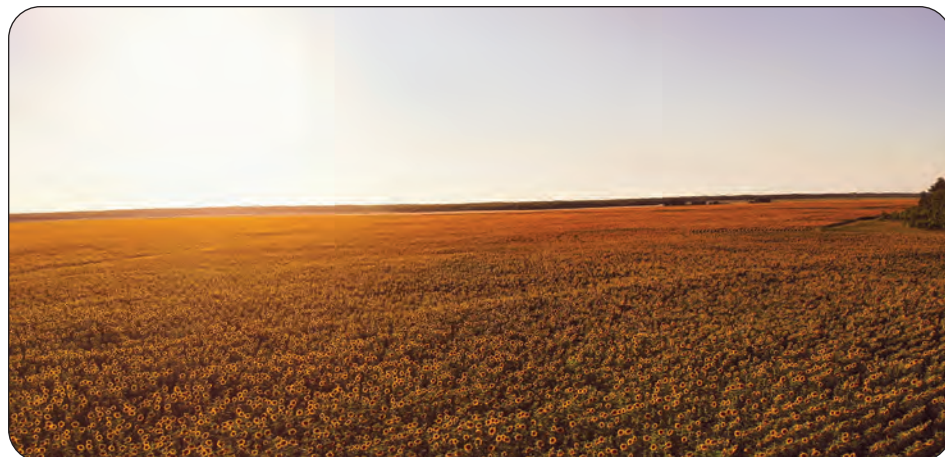
They plant, grow, harvest, clean, transport and package all of their



Stephanie Elskamp enjoys taking photos of birds.

own black oil sunflowers to supply avid bird feeders across Canada.

"Our packaging facility is located in downtown Winnipeg in a turn-of-the-20th century building in the Exchange District. Being a part of the process from start to finish poses challenges,



EXPRESS PHOTOS SUBMITTED

Pick of the Birds is a Woodlands-based business that specializes in manufacturing bird food, taking their sunflowers "from field to feeder." Above, Aaron Elskamp inspects some of the plants in their early stages.

but at the end of the day, it is incredibly motivating and rewarding."

Pick of the Birds specializes in black oil sunflowers, but they also offer a variety of mixed products — wild bird seed, peanuts, finch mix, songbird seed and deer food, to name a few. This allows them to contribute other commodities grown on the farm, such as oats, wheat and canola, to its bird food products.

"Shortly after taking on this new venture just over a year ago, one of our goals was to 'go online' with our business to provide consumers with the luxury of fulfilling their birdseed needs from the comfort of their own home. We were excited to launch our online store via our website www.pickofthebirds.ca earlier this spring, which offers local delivery within the Winnipeg and surrounding areas," he said.

"Simply send us a message using our website to arrange local delivery outside of Winnipeg. We'd love to

hear from you. In addition to online, our products can be found in Home Hardware's across all of Canada, as well as various local retails in the Interlake and surrounding area. A full list of local retails can be found on our website."

In addition to Pick of the Birds, the Elskamps continued to expand by becoming owners of Orenda Commodity Services, located in Ste. Agathe, with the goal of increasing capacity to fulfill the needs of the bird food market. Orenda Commodities offers "co-packing" services to help meet the demands of the growing market.

"We feel honoured to be a part of the agriculture and bird food industry and continue to adapt and expand through this ever-changing industry. Farming is our livelihood. It's in our blood. It's how we were raised and how we continue to raise our own families, and we are excited for what the future holds. Stay safe and feed the birds!"

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Local man returns to Manitoba to recover from spinal injury

By Jennifer McFee

A man with Riverton roots is now recovering in Manitoba from a spinal cord injury he sustained in B.C. last year.

Mackenzie Callis had been wakeboarding on Vancouver Island in May 2021 when he dove off his board and hit his head on the bottom. He was airlifted to Vancouver General Hospital, where doctors determined he fractured his neck with a C6 injury. He is now in a wheelchair with no movement or improvement in his legs and limited movement in a couple of fingers. However, his hands have improved since the accident and he experiences some sensation in his legs.

At the end of October, 25-year-old Callis and his mom Robin Roche landed back in Manitoba after he was discharged from GF Strong Rehabilitation Centre in Vancouver.

“Mac decided to come home because he needed to be around family for help and adjusting — and maybe because he knew I would do everything to make sure he was taken care of and help adjust to the new way of living. I was with him the whole time and learning about spinal cord injury care and health along with him,” Roche said.

“His brother Nicholas and him talked about living together, so I could help with care during the day and Nicholas would always be there with him at night.”

Now the two brothers live together in Steinbach while their mom lives a short distance away in Ste. Anne. They also have many family members and friends who continue to live in Riverton, Roche’s hometown.

Now that he’s back in Manitoba,



Mackenzie Callis returned to Manitoba in October from GF Strong in B.C.

Callis continues with the long recovery process.

“Mackenzie just had an appointment recently and his meds were increased because of spasms. He still experiences sensation in the legs but no movement,” Roche said.

“Mac is being referred to a specialist for his hands, seeing what options are for fixing the pinkies that are not working because they are now affecting the other fingers that came a long way during recovery. A possible tendon transfer would be an option, but we will wait to see what options become available once seen.”

However, the family is still reeling from some hurdles they encountered during the interprovincial move.

“Mackenzie is finally in a better place somewhat from what he had to



EXPRESS PHOTOS SUBMITTED

The day after his accident and surgery on the neck.

endure moving from one province to another,” Roche said.

“And if it wasn’t for me getting quite involved, he could still be experiencing failure from our provincial

disability programs. We both suffered mentally and emotionally for months because of it. I really feel for those

Continued on page 8

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Endangered butterflies released in the Interlake

Staff with files from Assiniboine Park Conservancy

The Assiniboine Park Conservancy set a new record by releasing over 200 endangered butterflies back onto the Manitoba landscape recently.

Over the course of approximately three weeks in July, the Assiniboine Park Conservancy successfully released 191 critically endangered Poweshiek skipperling butterflies back onto the landscape at the Nature Conservancy of Canada's properties located in the Manitoba Tall Grass Prairie Preserve in the RM of Stuartburn in southeastern Manitoba. In addition, for the first time, this year's butterfly conservation program included the release of 16 endangered Dakota skippers at a site in Manitoba's Interlake region, bringing the total number of butterflies released this year to 207.

"We are thrilled with the results of this year's breeding and release program and excited for what it means for the future of these endangered species," said Ashleigh Westphal, research conservation specialist for Assiniboine Park Conservancy.

"When we started the release program in 2018, experts estimated there were only about 100 Poweshiek skipperling butterflies remaining in all of Canada. We released six butterflies that year. The growth of the program and results so far are very encouraging, but we have a long way to go before this species will be secure in

the wild. Collaboration with partners and local landowners is integral to the success of this program and ongoing grassland conservation efforts."

Poweshiek skipperling and Dakota skippers are known as habitat specialists, relying on particular grassland ecosystems to survive and thrive. Regrettably, much of this habitat has been lost through conversion, resulting in the dramatic decline of multiple grassland species. Habitat loss is believed to be one of the contributing factors leading to the near extinction of Poweshiek skipperling. It is also suspected that the increased use of pesticides, effects of climate change and extreme weather events are contributing to ongoing population declines. Butterflies are sensitive to changes in their environment and are often an indicator of the overall health of an ecosystem.

Grasslands are one of the most endangered terrestrial ecosystems on the planet. Conserving and maintaining the integrity of high-quality grasslands that at-risk species like Poweshiek skipperling and Dakota skipper depend on is key for these and other prairie endemic species. The Nature Conservancy of Canada actively manages native prairie in Manitoba. Without active and regular management, these disturbance-driven prairie sites are at risk of becoming overgrown with shrubs and forest, leading to the subsequent loss of important biodiversity and essential habitat.

"In addition to land management, it is important for everyone to work together," said Melissa Grantham, conservation biologist with the Nature



EXPRESS PHOTOS SUBMITTED

Assiniboine Park Conservancy Research Conservation Specialists Ashleigh Westphal, left, and Amber Papineau, right, released 16 endangered Dakota skippers in the RM of Coldwell last week.

Conservancy of Canada.

"Through our collaborative recovery efforts with Canadian and U.S. conservation agencies, experts and partners, we work together to engage in research that informs land management decisions, raise public awareness and work with local producers to sustainably manage key grassland sites, all of which supports the captive rearing and breeding program."

This is the fifth annual release of Poweshiek skipperling butterflies and the first for Dakota skippers in Manitoba. The number of adult butterflies released this year is more than



One of 16 Dakota skippers that were released in the Interlake last week.

four times larger than last year's release.

Continued on page 14



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New physicians for Arborg and Eriksdale, but future of their ERs in question

By Patricia Barrett

The Interlake-Eastern Regional Health Authority is continuing to work on bringing physicians to its rural communities and has hired a replacement physician for Arborg and for Eriksdale where hospital emergency rooms are temporarily closed for the majority of each month.

The new hires, however, won't mean an increase in ER availability.

Dr. Charles Penner, the IERHA's chief medical officer and medical services regional lead, said the two new physicians are replacing doctors who are leaving the communities, and ER service won't improve because it takes six physicians to adequately staff an ER on a 24-7 basis.

When the Conservatives came to power in Manitoba, they mandated the closure of ERs when there aren't enough physicians to cover shifts.

Given the crises facing the health-care system at the moment — insufficient numbers of physicians in rural areas, nurse and paramedic burnout and exodus, acute care bed closures and surgical and diagnostic backlogs that stymie timely access to publicly funded health care — the IERHA has found itself in the invidious position of having to decide what rural ER service to sacrifice.

For now, its priority is to keep one ER open all the time in the Eriksdale-Ashern region and one open in the Gimli-Arborg region.

"Our priority is to keep one emergency department open all the time. That's our goal. And Ashern is the one we need to keep open because it's the most central. The area to the north of Ashern has to be served; there are reserves and other communities up there," said Dr. Penner.

The "same principle" applies to the Arborg-Gimli area: have one emergency department remain open all the time.

There just aren't enough doctors in Eriksdale and in Arborg, he said, to keep their respective ERs open 24-7.

The IERHA posts on its website two-week schedules showing ER availability. The period Aug. 16-31 shows Arborg's ER closed for 14 of those 16

days and the other two days offering partial coverage (less than 24 hours). Eriksdale's ER is also closed for 14 of those 16 days but shows two days of 24-hour coverage.

The IERHA hired two internationally trained physicians — who also underwent one year of training at the University of Manitoba to meet Canadian medical curriculum standards — for Eriksdale and Arborg.

Dr. Nardin Faragalla is working at the Eriksdale Wellness Clinic and Dr. Reshad Nazim is working at the Arborg Primary Health Care Centre. Both have been hired on a four-year service agreement. The province and the region pick up the tab for Canadian medical training as long as the physicians fulfil their contract.

One doctor is departing from Eriksdale at the end of September, said Dr. Penner, and Dr. Faragalla and another physician, who is returning from a leave in October, will be the only two serving the community. A physician in Arborg is nearing the end of his contract and will be departing at the end of August. Dr. Nazim and Dr. Donnelly will be the only two physicians in that community.

To supplement health-care services in Arborg, the IERHA will be having Gimli physicians provide service in Arborg.

"Some of the Gimli physicians are going to be providing primary care at the clinic and hospital care in Arborg," he said. "There'll be a Gimli physician there three or four days a week going forward from September or October. There will a reasonable amount of physician service there."

The Gimli physicians won't, however, be working in the ER. And without sufficient numbers of physicians in Arborg, the future of its ER is being discussed.

"As it stands right now, there will be some availability, but there is some

discussion about what to do about the Arborg emergency department," said Dr. Penner.

The Interlake



EXPRESS FILE PHOTO BY PATRICIA BARRETT

The Arborg hospital with its attached medical clinic is shown here. The hospital's ER has been struggling to offer service, having to temporarily close most days of each month.

and other rural regions are not unique in having to temporarily or permanently close their ERs because of staff shortages. A few weeks ago, a hospital in southwestern Ontario had to close its ER because of staffing shortages. Last week a hospital in Prince Edward Island closed its ER, and in Alberta 30 communities will see health services reduced because of a lack of physician coverage.

Gimli's hospital currently has 11 acute care beds suspended because of nurse shortages. Having Gimli physicians working in Arborg won't affect Gimli's acute care services, said an IERHA spokesperson in response to follow-up questions from the *Express*.

Dr. Penner said he met with municipal councils in Eriksdale and Arborg to discuss the health authority's physician recruitment strategies.

Whether doctors are international graduates or Manitoba-born graduates "most would prefer to practise somewhere else than in rural Manitoba," he said. The IERHA does offer contract extensions and would be

"thrilled" if doctors stayed beyond their return-of-service agreements.

"There's no advantage to the region to cycle doctors through. The local people don't like it and the region doesn't like it. We would prefer physicians to come and stay," he said.

The IERHA has a number of programs and outreach initiatives in place to attract "home-grown" physicians to the region. They include the Home for the Summer program, in which medical students are invited to work in the region, Rural Week in which medical students spend a week in a rural area, with a one-month rotation in year three, and the family medicine training program in Selkirk where two physicians are trained each year for Interlake communities.

Despite physicians' preferences for urban settings, Dr. Penner said there

Continued on page 11

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COVID continues upwards climb; monkeypox surpasses 1,000 cases in Canada

By Patricia Barrett

COVID-19 infections and deaths nearly doubled in Manitoba since late July, according to the provincial government's weekly COVID-19 surveillance report.

The report for the period July 31 to Aug. 6 shows 347 new PCR-confirmed cases, up 90 cases from the 257 reported the previous week.

The province restricts PCR testing for COVID, resulting in an undercount of the true number of infections. Rapid antigen test results aren't tracked.

The report also shows 57 new hospital admissions, which include 12 people needing admission to intensive care.

Twelve more Manitobans died from COVID, bringing the death toll to 2,079. The previous week's report showed a total of 2,067 deaths.

There were seven new COVID outbreaks reported for the above period in hospitals and personal care homes, including at the Arborg and District Hospital.

Globally, there have been 6,425,422 deaths from COVID, according to World Health Organization data as of Aug. 12. Over half a billion people have been infected so far.

Other health news:

Monkeypox continues to spread in Canada with total confirmed cases of the virus reaching 1,059, according to Public Health Agency of Canada data as of Aug. 12.

Ontario has confirmed a total of 511 cases; Quebec, 426; B.C., 98; Alberta, 19; Saskatchewan, three; and Yukon,



U.S. CENTERS FOR DISEASE CONTROL AND PREVENTION

Worldwide monkeypox cases are shown based on data up to Aug. 12. The U.S. has reported the highest number of cases with 9,491 confirmed, followed by Spain with 5,162 and Germany with 2,982. Canada has reported 1,059 cases of the virus.

two.

"To date there have been 28 reported hospitalizations including two ICU admissions and no deaths due to monkeypox in Canada," said Canada's chief public health officer Theresa Tam on Aug 12. "In line with international trends, the majority of confirmed cases in Canada with available information on exposure history reported intimate sexual contact with other men."

Women account for less than one per cent of the cases in Canada.

The New Brunswick government issued a new release the same day, confirming one case of the virus there in an individual who had not recently travelled outside the province.

There have been 31,799 confirmed cases in 89 countries and 12 deaths, according to U.S. Centers for Disease Control and Prevention data as of Aug. 12. The United States has the highest number of cases with 9,491 confirmed, followed by Spain with 5,162 and Germany with 2,982.

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EXPRESS PHOTO BY MICHELLE SIMONSON

Sisters Lina, left, and Yuli Simonson shelled three gallons of peas for the freezer. The girls love helping plant and care for the garden on their family acreage. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@expressweeklynews.ca

Next phase of Perimeter Highway safety construction project announced

Submitted by Manitoba government

Construction work is continuing on Provincial Trunk Highway (PTH) 101 and PTH 100, the North and South Perimeter Highways, as part of the Manitoba government's ongoing commitment to improving road safety, Transportation and Infrastructure Minister Doyle Piwniuk announced Monday.

"Since the 2018 safety review of the South Perimeter Highway, our government has worked diligently to implement the measures required to enhance traffic safety, reduce collisions and save lives while also ensuring continued access for businesses and residents in the area," said Piwniuk. "The Perimeter Highway is one of the most important economic corridors in Manitoba. Our ongoing work is critical to ensuring traffic on this route flows safely and efficiently."

The minister noted this next phase of construction work builds on the substantial progress already made to

improve safety by upgrading service roads and mitigating high-risk access points, such as median openings and intersections where access is controlled with stop signs.

Work completed, underway and to be tendered on the North and South Perimeter Highways (PTH 100 and PTH 101) in 2022 includes:

- extending the west service road south to PTH 190;
- extending the westbound bypass lane on Provincial Road (PR) 221 to accommodate greater traffic volumes;
- closing the medians and access to PTH 101 at Road 63N once the work listed above has been completed;
- widening PTH 6 to four lanes from PTH 101 to the Prairie Dog Central railway tracks and adding passing lanes further north;
- constructing a roundabout at the intersection of PTH 6 and PR 236;
- upgrading and paving the north service road from PR 236 to Lilyfield Road and from PR 409 to east of Das-

mesh School to accommodate heavy commercial loading;

- reconstructing the north service road between King Edward and Ritchie streets to improve drainage and eliminate an existing jog in the road;
- closing an uncontrolled approach near PR 330;
- continued construction of the new interchange at St. Mary's Road;
- resurfacing sections of PTH 100 between PTH 3 and Portage Avenue;
- extending Aimes Road to St. Anne's Road;
- constructing a new right turn lane at PR 330; and
- paving near the Pembina Highway interchange.

Manitoba Transportation and Infrastructure has also begun a functional design study of the North Perimeter, similar to that completed for the South Perimeter in 2020, which will outline a staged approach for major changes to the Perimeter Highway. This will

allow for changes that are appropriate for current traffic levels and that can accommodate future upgrades as traffic volumes increase, the minister noted. The design study awarded to WSP Canada Ltd. will include public engagement activities to help identify further improvements that are both safe and meet the needs of local stakeholders.

Work on the detailed design for a new diamond interchange at the intersection of PTH 100 and PTH 3 is expected to start in early 2023.

The minister noted that motorists using the Perimeter Highway should expect delays and are advised to exercise caution and patience during construction.

Manitoba Transportation and Infrastructure will update impacts to traffic through the Manitoba 511 information system at www.manitoba511.ca/en/index.html.

Funding announced to expand opiate agonist addictions treatment

Submitted by Manitoba government

The Manitoba government is committing \$538,000 to expand opiate agonist treatment (OAT) in the Interlake region with full-time services at the Rapid Access to Addictions Medicine (RAAM) clinic in Selkirk, Mental Health and Community Wellness Minister Sarah Guillemard announced on Aug. 10.

"Increasing accessible, stigma-free, quality and safe services, as part of a comprehensive approach to substance use, addictions and mental health treatment and support, is a priority for our government," said Guillemard. "The creation of the full-time opiate agonist treatment clinic will address a growing demand for these services in the Interlake region while allowing the Selkirk Rapid Access to

Addictions Medicine clinic to devote more resources to patients with other substance use disorders."

With the ongoing opioid crisis, the demand for addictions services in general and for OAT specifically has significantly increased at health-care facilities across Manitoba and Canada including at the RAAM clinic in Selkirk.

The creation of the full-time OAT clinic, with a team of nurses, nurse practitioners, administrative staff, addictions counsellors and physicians, will ensure a minimum of 100 additional OAT patients will receive timely, community-based, patient-centred care that meets their needs, the minister said. With the dedicated clinic for OAT patients, the Selkirk RAAM clinic's service-delivery model will

also become more efficient and accessible, she added.

"As we grow as a society and health-care system to understand addictions better, we have also learned the most effective health-care service approach is to offer accessible, timely and trusted low-barrier access to care — free from judgment, and full of understanding and compassion," said Marion Ellis, chief executive officer, Interlake-Eastern Regional Health Authority. "This expansion to the Rapid Access to Addictions Medicine clinic in Selkirk improves people's access to that kind of care."

The minister noted the expanded program responds to the 2018 VIRGO report, which outlined a strategy to improve mental health and addictions services including recommen-

dations to increase access to OAT and to community-based treatment with extended hours of operation. Enhanced access to evidence-based OAT supports the health and well-being of Manitobans with opioid-use disorder and mitigates the societal costs of the disease, the minister added.

Since 2019, the Manitoba government has committed over \$62 million to more than 47 projects and initiatives that have fully or partially addressed 102 of the VIRGO report's recommendations for improving access to and co-ordination of mental health and addictions services.

For more information on the VIRGO report, visit www.gov.mb.ca/mh/mh/strategy.html.

> SPINAL INJURY, FROM PG. 3

with disabilities that have no one to be their advocate."

For Roche, the provincial disability programs seem to be disconnected, and she feels there was a lack of communication between the two entities.

"There needs to be a better process. A person should not have to go through proving they are disabled in each province," she said.

"Provincial programs need to talk to one another to stop people from being lost in the system or mak-

ing it even harder on them after all they have already been through."

They were disheartened to discover that Callis would receive a lesser amount of disability coverage in Manitoba compared to B.C.

"We are all Canadian and, once disabled, there should be no difference in disability coverage," Roche said. "Just because someone needs to move closer to family, they should not be punished by losing most of their coverage."

Since returning to Manitoba, Callis has had to rely on funds previously raised through a GoFundMe page to meet his basic needs.

"Mackenzie is very upset that money he had in a GoFundMe account could still be there as a nest egg or for emergencies or adaptive devices, should he need," Roche added.

A provincial spokesperson explained that the Employment and Income Assistance (EIA) program provides benefits to people with disabilities who are financially and categorically eligible under its persons with disabilities category. Section 5(1)(a) of The Manitoba Assistance Act outlines the eligibility criteria for the persons with disabilities category.

"Eligibility for income support programs varies across provinces. Provincial income assistance, including disability benefits, cannot be automatically transferred from one province to Manitoba. Any person who moves to Manitoba and requires income assistance must submit an application to EIA and have their eligibility reviewed," the spokesperson said.

"Applicants who wish to apply for eligibility under the disability category will also have to have a disability assessment completed by a physician and reviewed by the program. As eligibility varies between provincial income assistance programs, benefits cannot transfer from one program to another. There are some situations where a person's disability eligibility may be granted without the submission of a disability assessment, such as if a person is receiving Canada Pension Plan Disability benefits."

Since income assistance programs are under provincial jurisdiction, each province sets its own unique legislation, policy and benefit rates, the spokesperson added.

"Wait times for EIA intake appointments vary

across the province. In the event a person requires immediate financial assistance, an emergency review of their circumstances may be conducted to provide urgent, temporary benefits. An applicant who was receiving income assistance in another province would be subject to the same wait time as other applicants," the spokesperson said.

"The Department of Families recognizes the challenges that individuals may experience if they require income assistance after moving from another province. The department aims to ensure urgent situations are dealt with appropriately and that applications to EIA are reviewed in a reasonable timeframe."

A new disability income support program is currently in the works, with more information available at <https://www.gov.mb.ca/fs/eia/disp.html>.

"The department is developing a new income support program for persons with severe and prolonged disabilities that will be separate from EIA," the spokesperson said.

"The new program will be tailored to the unique needs of Manitobans with significant disabilities and is anticipated to launch later in 2022."

From Roche's perspective, the community can help in this type of situation by being supportive, caring and understanding.

"More compassion is needed — and more voices are needed for change. One voice won't change things, but if others facing similar situations with our provincial programs and government came together and many voices are now speaking up, then that is where possible change can occur," she said.

"One needs to be prepared when a traumatic event happens in their lives and to someone they love. We should be able to count on the provincial disability programs for helping our disabled, not bringing them down."

Roche believes the process should be smoother if someone receiving disability coverage moves within Canada to be closer to the helping hands of family.

"It is time for the government to reconsider not penalizing them for where they need to relocate but instead make disability programs universal in this country," she said.

"Like I said, we are all Canadian."

Community Support Service

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Gimli (Next to the New Horizons)

Meetings are Wednesdays
between 7 and 8 p.m.

Contact 204-389-4777

AA Winnipeg Beach

Lady of the Lake RC Church
Corner of Hwy. 9 and Lake Ave.,
Winnipeg Beach

Meetings are Saturdays
between 7 and 8 p.m.

Contact Ann J 204-389-3417

Gimli Group AA

Bldg 18 Municipal Rd
Industrial Park

Fri & Sun Mtgs at 7:30 pm
Womens Mtgs Thurs at 10:30 am

MANSO supporting Interlake groups, individuals helping settle Ukrainians

By Patricia Barrett

The Manitoba Association of Newcomer Serving Organizations (MANSO) reached out to Interlakers assisting Ukrainian settlers to help them connect with the resources and services they need.

MANSO held a meeting a few weeks ago in Gimli to help different individuals and grassroots groups that are assisting Ukrainian newcomers who fled Russia's invasion of their country and chose to settle in the Interlake.

"We brought people together to build connections between organizations that can help with settlement and the people or groups who need that information or can get that information to the newcomers," said MANSO's Ukraine response co-ordinator Emily Halldorson. "There are a lot of different organizations that support newcomers. They offer services such as English language training, helping people find jobs, helping kids transition into school, interpretation services and so forth. When you come to a new place, you need to a lot of different things all at once."

MANSO is a non-profit organization for immigrant and refugee service providers. It facilitates newcomer integration by providing support to those assisting newcomers. It also acts as the voice of the Manitoba settlement and integration sector.

Halldorson said there are a lot of people or groups doing different things in different Interlake communities that are not too far away from each other but had not "connected."

"We had a range of people who are involved in supporting Ukrainian newcomers in the Interlake. We had businesses, grassroots groups that were formed to help Ukrainian families, formal organizations that provide different social services in the area and people who are hosting a family. It was really a diverse group of people who attended," said Halldorson. "There were people from Stonewall, Gimli, Arborg, Riverton and smaller communities like Morweena, which has a resettlement committee."

The first step was to bring the groups together and make them aware that there are others who may be experiencing the same sorts of challenges or who have experience with certain aspects of settlement.

"I think one thing coming out of the meeting will be keeping people in touch with each other so that when is-



MANSO's Ukraine response coordinator Emily Halldorson.

sues do arise with the people they're helping, they can support each other or look to this network of other people who are doing the same kind of work in their area of the province and not feel so alone in the work they're doing," said Halldorson.

Some of the challenges addressed included how to provide Ukrainian newcomers with transportation to and from jobs that may not be close to a rural centre and how to fill out the paperwork involved in sponsoring Ukrainians.

"SOME BUSINESS OWNERS ARE STARTING TO FIGURE OUT THAT THEY'LL HAVE GO THE EXTRA MILE... TO ATTRACT UKRAINIAN EMPLOYEES"

"Some business owners are starting to figure out that they'll have go the extra mile if they want to attract Ukrainian employees. They'll have to think about helping them purchase a car or provide transportation or carpooling options," said Halldorson. "That's a very different concern from what a host family would have. They might be helping with immigrant and settlement issues and might not be experienced with this type of work it they've not had interactions with the federal immigration department or have experience filling out documents for a work visa."

The meeting included presentations from local organizations, such as Steinbach-based Eastman Immigrant Services, which has an office in Arborg, that help newcomers settle in the Interlake.



EXPRESS PHOTOS COURTESY OF EMILY HALLDORSON

About 50 people attended MANSO's meeting to find out how to access resources and services needed to help Ukrainian newcomers settle in the Interlake.

grant Services, which has an office in Arborg, that help newcomers settle in the Interlake.

"If there are newcomers in the Interlake who need support, Eastman can help with things like finding housing and employment, looking for English language training, helping with the transition to school for children and youth, getting necessary documentation and communication with immigration," said Halldorson. "Eastman is aware of the services out there and

can connect people with special services."

MANSO will be holding a follow-up meeting on Thursday, Aug. 25 at 3 p.m. via Zoom.

To sign up for the meeting, or for more information about MANSO, contact Emily Halldorson at 204-272-0875 or email her: e.halldorson@man-somanitoba.ca

Eastman Immigrant Services can be reached at 204-346-6609.

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Manitoba is investing \$34 million this year in culture and communities through the Arts, Culture and Sport in Community Fund.

This fund supports capital projects, special initiatives and community celebrations - allowing local arts, culture and amateur sport organizations to innovate and respond to emerging community needs, including those that are led by Indigenous, Francophone and ethnocultural communities.

Online funding applications open August 16, 2022. All eligible non-profit organizations are encouraged to apply.

To learn more please call **1-866-626-4862** or visit **Manitoba.ca/ACSC**.

Manitoba 

Boreal Shores Art Tour returns after two-year pause

Self-guided art tour Aug. 20 and 21

By Autumn Fehr

Whether you attend both full days or pick and choose the venues you check out, the upcoming Boreal Shores Art Tour (BSAT) welcomes everyone to visit some local artists on this year's tour.

The BSAT is a free self-guided art tour that started in 2017 as the largest visual art tour in Manitoba and has been growing ever since with the help of volunteers that see the value in doing it.

This year the BSAT will feature 38 different artists and one gallery at 21 locations throughout the Boreal Forest and shore regions of Eastern Manitoba from 10 a.m. to 5 p.m. on Saturday, Aug. 20 and 10 a.m. to 4 p.m. on Sunday, Aug. 21.

"It brings people to the area that may not have ever come this way before and highlights the area," said Mary Louise Chown, a volunteer publicity co-ordinator for the BSAT.

Visitors can find artists while road-tripping through the region and visiting them at their private studios or at group locations along the tour route.

This year, the tour combines new artists, mediums and venues with past favourites to welcome everyone back after two years of COVID-19 hiatus.

"During COVID, I was struck by how many people said some art form helped them with all the lockdowns—either music or they were composing or they tried their hand at some kind of art form that they had never

done before and it sort of helped them get through hard times. I think that the importance of art in everyday life can't be overstated. It just enhances your life. To make art of any sort—dance, music, theatre, plays, painting—where you are creating, it's just a healthy, wonderful thing to do and it doesn't matter what your skill level is," said Chown.

All the artists on the tour are local. Some are well established and some are more notable, but they all have unique styles.

There is also a variety of art featured on the tour such as paintings, drawings, photography, fibre art, wood-working, ceramics and jewelry.

Some of the artists featured this year include Audrey Batchelor, Elowen Megan, Stu Iverson and Diane Lund.

Gwen Fox Gallery goes to recognize some of artists featured on the tour this year.

All the other artists are listed on the web-

"IT BRINGS PEOPLE TO THE AREA THAT MAY NOT HAVE EVER COME THIS WAY BEFORE."

site.

For the artists, it gives them an avenue to get their name out there and connect with other artists, said Chown.

The art tour passports are back again this year and can be picked up at any location. The passport can be stamped by the each artist that they visit. Visitors travelling to the most stops on the tour can enter their passport into an entry bin for a draw at their last stop. Three winners will receive a gift card each: \$125 sponsored by Winnipeg River Arts Council, \$100 sponsored by Pinawa Art Gallery, and



EXPRESS PHOTOS SUBMITTED

Demi-Raine is one of the winners of the People's Choice award for the spiral theme from the South and the Centre in 2019. She will be at stop four in the Centre section this year.



Rick Cline is a People's Choice award winner for the spiral theme from the South and the Centre for 2019. He will be back at stop eight in the South section this year.

\$75 sponsored by John Angus.

Returning this year, some artists have created a piece of artwork based on the theme "Boreal Slice of Life," specifically for the tour. Visitors will have the opportunity to vote on their favourite piece. The artist with the most votes will be awarded gift cards provided by Spicy Radish Café in Whitemouth, Papertown Motor Inn in Pine Falls and Birchwood Motor Hotel in Traverse Bay.

This year, the town of Pinawa has organized a bus tour for the BSAT to take visitors around a number of the spots—exclusively for Pinawa residents.

Brochures are available online at borealshoresarttour.ca and at the locations throughout the self-guided tour.

Throughout the tour, art originals,

prints and products are available for purchase.

Sponsors of the event include Pinawa Community Development Corporation, RM of St. Clements, Carol's on Leon—Victoria Beach Venue, Grizzly Transport and Eastman Tourism.

The BSAT is still looking for volunteers interested in helping out during the weekend of the tour. If you are interested, please email info@borealshoresarttour.ca for more information.

If you want to check out some of the artists for this year's event, visit the BSAT Facebook and Instagram pages where artists are currently featured.

Any updates for the BSAT will be listed on the website.



The ETA hopes all members have had a relaxing, enjoyable, and reinvigorating summer. We look forward to supporting our members in a successful launch for our students come September.

> NEW PHYSICIANS, FROM PG. 5

are some doctors who want to work in rural areas. A Manitoba graduate, for instance, is working in Eriksdale, and Gimli will have a Manitoba graduate starting in September.

"We want to provide enough primary care for everybody as close to home as possible," said Dr. Penner. "And then we want to keep an emergency department open in each area 24-7."

Morley Nordal, an Arborg-area resident, business owner and former councillor for the Town of Arborg and for the Municipality of Bifrost-Riverton, said having next-to-no ER service at the Arborg hospital is a blow not only to residents of the town but also to those who live and work in the surrounding central region.

Arborg is a central Interlake hub, providing services to approximately 55,000 people within 45 minutes, he said. To the north of Arborg there's a large manufacturing area that employs hundreds of people, and the town of Riverton lies to the east. He worries about having no access to ER care when someone needs it.

"Someone in my family got hurt and there were no doctors on call in Arborg, so we drove to Stonewall," said Nordal, who runs an automotive and autobody repair centre. "When one of our tow trucks is called to a collision, we want [the victims] to get looked at and treated as fast as possible. It makes sense to increase emergency services in Arborg."

To him, discussions about the future of Arborg's ER mean there's a plan to eliminate it. And the reason Arborg has a rotating door of physicians is that they're prohibited from working under a fee-for-service compensation model.

If Arborg loses its ER and continues to see doctors skip town every four years, the area's abil-

ity to attract newcomers and new business opportunities could be hampered. The town has made a commitment to and invested in health-care training through its newly expanded Arborg Training Centre. It has already trained health-care aides and will be launching a practical nursing program next month.

"Arborg is growing rural health-care staff through the educational initiatives offered here, so why aren't they being utilized? We're trying to build our town but provincial and IERHA bureaucrats handling our [taxpayer] money aren't getting the best value for our dollar," said Nordal, who is a member of the Central Interlake Chamber of Commerce.

"We have our fair share of older people in Arborg. And what the business community is trying to do is attract young working families here. There are three things that anybody considering coming to the area wants and that's health care — including ambulances — schools and protective services like fire and police. We're trying as an area and as a chamber of commerce to promote our area and we're not getting support from the health authority."

He said he thinks it's "ludicrous" to have medical services concentrated on the edge of Winnipeg while divesting rural areas of service.

"It's almost like they're forgetting about the central Interlake and the geographical position Arborg has in serving this area. We've got career bureaucrats with no common sense about applying principles to real life. Looking at this from a business standpoint, why would you pool your resources on the fringe of Winnipeg and double its capacity? The Seven Oaks Hospital is on the edge of north Winnipeg and Selkirk is only 20 minutes away. Gimli is about 20 minutes from Selkirk. If you had ER service in Arborg, you'd be able to eliminate Gimli's be-

cause Gimli is so close to Selkirk."

With health-care services being bled out in Arborg, Nordal said it's time residents take matters into their own hands.

"It's about time that we, the population of Arborg and surrounding district, took a more proactive role in health care. If the [province/IERHA] can't use our hospital, maybe we should form our own hospital board again. When that ran, it ran perfectly," he said. "The downfall of Arborg health care happened when the regional health authorities came in. We never had these major health concerns until they were brought in."

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Fisher River Cree Nation to construct the Red Turtle Lodge Cultural Centre

By Autumn Fehr

For seven years, the Red Turtle Lodge Cultural Centre has only been a vision for the Fisher River Cree Nation community — and it was brought to life last week.

Contributions by Ron Sinclair, Faye Murdock, community members and elders, and Katina Cochrane, with support from the chief and council, will now make the vision a reality.

On Aug. 11, Fisher River Cree Nation and Honourable Marc Miller, minister of Crown-Indigenous Relations, announced a partnership with the Government of Canada to construct the Red Turtle Lodge Cultural Centre.

“Once complete, the new cultural space will offer holistic services and extend cultural programs and opportunities for everyone within our Indigenous community,” said Chief David Crate of Fisher River Cree Nation.

The centre will be a gathering place for members of the Fisher River Cree Nation and surrounding communities to learn and share traditional practices, focusing on the needs of everyone: men, women, children and the 2SLGBTQQIA+ community.

Under the Cultural Spaces in In-

igenous Communities Program (CSICP), the Government of Canada is providing \$1.24 million towards the construction of The Red Turtle Lodge Cultural Centre.

“We are pleased with the federal government’s contribution to the Red Turtle Lodge as it is another example of their commitment to reconciliation with the Indigenous peoples of Canada. We had many people, community elders and numerous organizations come together in developing this proposal for our community. We’ve seen the need to create a space within our community that can help connect people to who they are as Indigenous people. The Red Turtle Lodge will help our people enhance and revive their cultural practices and traditional ceremonies that will ultimately bring healing,” said Chief Crate.

The government’s 2021 budget allocated \$108.8 million over two years for the CSICP. These funds contribute to the Federal Pathway to Address Missing and Murdered Indigenous Women, Girls and 2SLGBTQQIA+ People, the Government of Canada’s contribution to the Missing and Murdered Indigenous Girls, Women and 2SLGBTQQIA+ People National Ac-

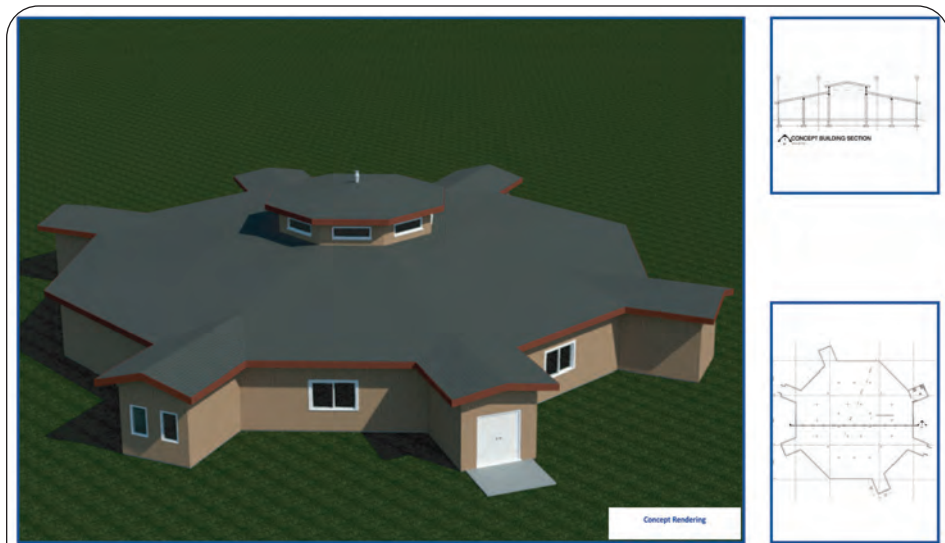


EXPRESS PHOTOS SUBMITTED

The committee members and elders, chief and council, Marc Miller, and Fisher River Cree Nation representatives.



Honourable Marc Miller, minister of Crown-Indigenous Relations, spoke about the project at the unveiling on Aug.11



**Fisher River Cree Nation
Red Turtle Lodge**



tion Plan, and put a foot toward the Call for Justice 2.3.

The new centre will be built across from the Carl “Poggy” Cochrane Recreation Grounds.

By partnering with the First Nation Healing Centre, the Red Turtle Lodge

Cultural Centre works toward supporting women and children who have experienced family violence and domestic abuse.

Planned initiatives such as an annual women’s healing gathering, full-

Continued on page 14



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Bifrost-Riverton councillor Frode Andersen fondly remembered

By Patricia Barrett

Municipality of Bifrost-Riverton councillor Frode Andersen passed away last month and is being fondly remembered by his fellow councillors as a well-respected man who diligently served his community.

Andersen, who was 65 years old, passed away on July 31 at his home in Finns, about 18 kilometres south of Riverton.

Bifrost-Riverton Reeve Brian Johnson and councillors Gordon Klym, Colin Bjarnason, Chad Johnson, David King and Ken Stadnek are extending their sincere condolences to Frode's family and remembering Frode for his efforts to create positive

change in the community.

"Frode was a great man and it was a pleasure to work with him. He understood the responsibility that came with his position on council and considered the entire municipality in his decision-making," said council in a statement. "The community has been bettered because of the contribution of his time and wisdom. He will be missed by all."

Frode was born in Denmark in 1957 and grew up in Hasselager where he developed a passion for agriculture and honed his entrepreneurial spirit. He immigrated to Canada in 1981, eventually buying a farm in Finns where he raised wheat, oilseed, alfalfa

and strawberries.

Frode was first elected to council during a Ward 1 byelection in November 2015 and was re-elected in 2018 during the general municipal election.

In addition to his council work and liaising with constituents, Frode had been serving as council representative on the East Interlake Watershed District's Icelandic River-Washow Bay Sub-District Board, the Evergreen Regional Library Board, the Interlake Weed Control District Board, the Riverton-Bifrost Fire Department Committee and the Riverton-Bifrost Parks and Recreation Commission.



FILE PHOTO BY PATRICIA BARRETT
Frode Andersen at a November 2015 Bifrost-Riverton council meeting.

> BUTTERFLIES, FROM PG. 4

lease thanks to a successful expansion of the breeding program. The ongoing success of the breeding program, combined with results from annual site surveys, will set the stage for future years.

"We have seen encouraging results from our population surveys in locations where we have done releases. This suggests our efforts may be helping to stabilize the population at these specific sites. However, we will need to analyze the new data collected this summer to get a better picture of the trends," said Westphal. "In the future, we hope to work with partners to reintroduce Poweshiek to sites where they have been lost."

About the Poweshiek skipperling

The Poweshiek skipperling is a small grassland butterfly species whose historic range includes southern Manitoba and the Midwestern U.S.A. Today, there are only two small, isolated locations where the butterfly can still be found: the Tall Grass Prairie Preserve in Manitoba and a second site near Flint, Mich. Experts estimate there may be fewer than 500 Poweshiek skipperlings remaining, making it one of the most endangered species in the world.

About the Dakota skipper

The Dakota skipper is a northern prairie butterfly species whose historical range included tall grass and mixed-grass prairie habitat in a vast range extending from southern Sas-

katchewan and Manitoba into the Dakotas, Minnesota and Iowa, and east to the Chicago area. In Manitoba, this endangered species can still be found in small numbers in the Interlake and pockets of southwestern Manitoba.

About the Grassland Butterfly Conservation Program

The Poweshiek skipperling conservation project is a collaborative effort between the Assiniboine Park Conservancy, Nature Conservancy of Canada, Minnesota Zoo, John Ball Zoo, US Fish and Wildlife Service, University of Winnipeg and other partners in Canada and the United States. The Assiniboine Park Zoo is responsible for a head-starting program for the Manitoba population, with the aim to increase the wild population size by raising the skipperlings through their

most vulnerable life stages.

This is the fifth consecutive annual release of Poweshiek skipperling in Manitoba. Last year, 47 adult butterflies were released. In 2020, 19 adult butterflies were released. In 2019, 13 butterflies were released. In 2018, the inaugural year, six butterflies were released. Last year, the program was expanded to include Dakota skippers.

Through this program, we aim to work with partners and landowners to understand why these butterflies continue to decline and to prevent them from becoming extinct in Canada.

This project was undertaken with the financial support of the Government of Canada through the federal Department of Environment and Climate Change.

> RED TURTLE LODGE, FROM PG. 12

moon ceremonies, and healing circles will take place at the centre to build healing and community.

The Red Turtle Lodge Cultural Centre will also offer pro-

gramming to support community members living with intergenerational trauma, like land-based wellness workshops. These workshops build towards strengthening and restoring the Cree way of life.

"The Red Turtle Lodge will be more than a building — it will be a safe space for healing, connection and sharing. Women, girls and 2SLGBTQQIA+ members of the Fisher River Cree Nation and surrounding communities will have greater access to the teachings, traditions and ceremonies essential to individual well-being. I commend the leadership of the Fisher River Cree Nation for taking the steps to make their vision of this place to enhance Cree language, culture, and spiritual wellness a reality," said Miller.

Cultural spaces like these are essential in creating conversations surrounding violence against Indigenous women, girls, and 2SLGBTQQIA+ individuals.

Without them, addressing the root causes of this violence and continuing to build a path towards reconciliation would not be possible.

TAYLOR McCAFFREY
LAWYERS

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ANNUAL GENERAL MEETING
for
MOOSEHORN CONSUMERS CO-OPERATIVE LTD.

Monday, August 22, 2022
7:30 p.m.
Moosehorn Community Hall

Refreshments and 2021 Equity Cheques will be available

- Financial Report
- General Manager Report
- Election of Directors
- Appointment of Auditors
- Door Prizes

Local organizations benefit from Reggie Leach Classic

Submitted

Reggie Leach and Dawn Madahbee Leach recently announced a very exciting conclusion to the 2022 Reggie Leach Classic held June 24 at the Lakeview Hecla Golf Course.

"I'm pleased to share with all of you great committee members that, after all expenses were paid, we raised an amazing \$57,600," Reggie said at a committee appreciation event.

The news was met with tremendous enthusiasm among representatives of the four local organizations, which are the beneficiaries of the money raised.

"On behalf of the RiverTap dancers we would like to express our gratitude to Reggie Leach. His ongoing legacy continues to give over and over again to our small community and especially to children. As we are small in numbers, this funding will give our kids — no matter their financial situation — an opportunity to dance at a very low cost to the families. We love you, Reggie," said Tracey Collins of RiverTap Dance Club.

"On behalf of the Unified Veterans, I am most thankful for Reggie and Dawn thinking about the veterans and helping with a donation to allow

the repair and completion of the memorial. It has been a struggle of love to get it this far, and now with this donation, we can apply for funding to complete the vaults and the raised flower bed around the tree. A promise made, a promise kept will finally be finished," said Randi Su Gage of Unified Veterans of Manitoba

"On behalf of the Djorfung Ladies Aid, I would like to express our appreciation and gratitude for the opportunity to work alongside the Reggie Leach Classic Committee to fundraise for the betterment of our community. Our plan is to erect a new gazebo-type structure for our community barbecues or purchase more pots for flowers. We also want to repair a bench previously donated to the Centennial Park," said Vickie Johnson of Djorfung Ladies Aid.

"The Riverton Daycare Board, staff, children and parents would like to thank Reggie Leach and the committee for allowing us to be one of the four beneficiaries. Our centre has been fundraising to improve our outdoor play area. With the money we received, we are going to purchase a play structure and sun shelters. We are also going to



EXPRESS PHOTO SUBMITTED
Reggie Leach Classic golf tournament raises \$57,600 for four local organizations. Left to right: Dawn Madahbee Leach, Ruth Ann Furgala, Tracey Collins, Michael Furgala, Reggie Leach and, inset, Cynthia Thomsen.

purchase raised beds for plants which will engage the children in growing fruit and vegetables," said Cynthia Thomsen of Riverton Day Care.

"To raise these funds is fantastic," Dawn added. "But to see them now

being put to good use in the community, that's what it's all about."

An announcement will be made soon as to plans for the 2023 event.

WHAT SHOULD WE DO NEXT?

Tell Us What Is Important In Your Watershed



SIP & LEARN

Find out more and enjoy some refreshments and snacks!

For more information, go to eastinterlake.ca to our interactive map and questionnaire.

Or contact the EIWD by phone or email:

1.204.642.7578 | manager@eastinterlake.ca

OPEN HOUSE DATES

- July 25th, 6:30 PM - **Red Barn South of Stonewall**
6018 E 75N Road, Stonewall, Manitoba
- August 15th, 6:30 PM - **Aki Centre**
1985 Grassmere Blvd in West St. Paul, Manitoba
- August 27th, 10 AM - **Matlock Recreation Centre**
77 Matlock Road
- August 29th, 6:30 PM - **Farmers Hall Gimli**
1611 MB-231
- September 12th, 6:30 PM - **Gaynor Family Library Selkirk**

Gimli MHAC's Notable People book celebrates and pays tribute to achievements

Staff

The Gimli Municipal Heritage Advisory Committee (MHAC) recently published a book on notable people, celebrating and paying tribute to those who shaped the area's character and made it a better — and, in many instances, famous — place.

There are 39 biographies in the book titled *Notable People from Gimli: Post-1945* by Wally Johannson, Andy Blicq and Ed Ledohowski.

The engaging, easy-to-read biographies include a generous number of photographs depicting candid moments and highlights from each subject's life. The biographies cover the notable person's major achievement(s), their roots and family connections, education and other interests.

The project was spearheaded by former MHAC chair Wally Johannson, who has a long track record of preserving the rich cultural and physical heritage of Gimli and other nearby communities and who received the Lieutenant Governor's Award for Historical Preservation and Promotion in 2018.

Johannson said he was inspired to work on the book in order to provide a robust treatment of the people who contributed to Gimli and area, as well as to write about those who hadn't been written about at all.

"The [provincial] historic resources branch had a project for local heritage committees called Notable Persons, and they had a template which most

communities followed. But the resulting publications only listed material that had already been written so there really wasn't anything original. We just thought that wasn't adequate treatment of notable people," said Johannson. "There are also a lot of significant people in our community or from our community who had careers after the *Gimli Saga* [1975] was written. We thought we should do original research on each individual."

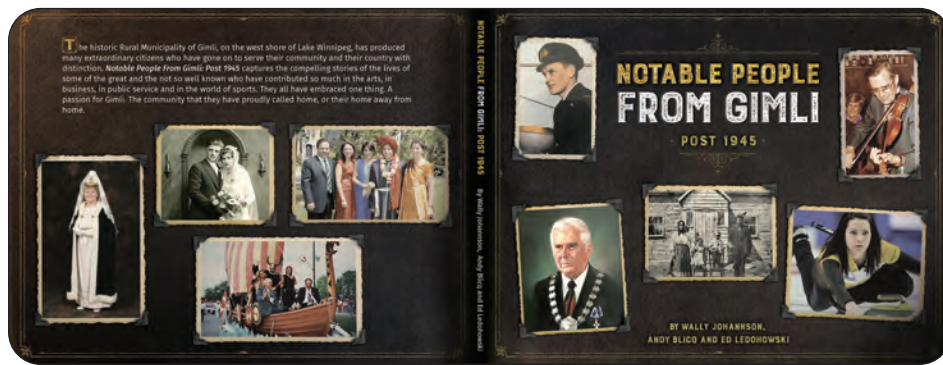
MHAC is a sub-committee of the Municipality of Gimli's council. It provides advice to councillors on local heritage issues. A sub-committee of MHAC was tasked with reviewing a list of potential candidates for the book and selecting those for inclusion based on a set of guidelines. Johannson then interviewed either the candidate or their descendant(s).

"It was three and a half years of work. This was very much a group effort," said Johannson. "I wrote the rough draft then sent it to the notable person or their descendant for fact-checking. Andy [Blicq] did a re-write; he has a very nice writing style. Andy also wrote the intro and acknowledgements. There were four of us proof-reading the final draft. That included Claire Gillis, who is a professional proofreader and editor and a real pro."

Many people will instantly recognize names such as Guy Maddin (filmmaker), Kerri Einarson (top female curler in the world), Norma Bailey (film producer and director), Janis



EXPRESS FILE PHOTO BY PATRICIA BARRETT
Wally Johannson of the Municipal Heritage Advisory Committee is shown here in 2016 presenting the committee's historical book on fresh air camps to council.



Johnson (founder of the Gimli International Film Festival) and David Arnanon (writer), all of whom put Gimli on the international map.

But "lesser known" notable people are also celebrated. They include Dr. Sunil Patel, a doctor dedicated to his patients' well-being for almost five decades and who advanced medical care in the area, Michael Ewanchuk, who enriched local history by publishing books on Ukrainian settlement in the Gimli area, and Irene Howard (Miller), an "indomitable" paraplegic athlete who competed in Olympic and Canadian national games, winning several medals.

Johannson said some of the notable people of days gone by were "found" in the 1975 book *Gimli Saga: The History of Gimli* and added to the list of candidates for consideration.

"Irene Miller, who is mentioned in *Gimli Saga*, was extraordinary and won huge numbers of medals in Canadian competitions as a paraplegic athlete," said Johannson. "And she also participated in two Olympic



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> MHAC, FROM PG. 16

competitions and won medals.”
 In addition to artists, writers, medical professionals and athletes, the book includes biographies of political figures such as Dr. George Johnson (who also founded a medical clinic), Peter Bjornson (also a former Gimli High School teacher), William Barlow (municipal mayor) and agriculturalists such as Baldur Kristjanson (who helped disadvantaged areas in the Interlake). Significant fishers from the area were excluded because they’ve already been profiled in MHAC’s book on the Gimli fishery.
 In addition to the interviews he conducted, Johannson said notable people or their descendants provided him with textual materials and photographs (information on source ma-

terial is listed at the back of the book). Other information was obtained online. In some cases, he had so much material at hand that he was forced to make difficult decisions about what to include and what to leave out.
 “Because we were doing almost 40 biographies, we had to condense the material and limit the length of the book,” he said.
 As he no longer sits on MHAC, Johannson said he’s unsure whether a notable persons part two may be in the works.
 Other books published by MHAC include *Fresh Air Unlimited: The Fresh-air Camps of Lake Winnipeg*, *Landmarks: Gimli’s Significant Heritage Buildings* and *Gimli Harbour & Fishery: An Illustrated History*.

Notable Persons can be purchased at HP Tergesen & Sons general store and at the New Iceland Heritage Museum in Gimli. Johannson said the book might be distributed in future through McNally Robinson Book-sellers.

Wednesdays Farmers Market
 Visit the Arborg Heritage Village every Wednesday to check out what the vendors have to offer!
 Every Wednesday from 10 am to 3 pm
 Contact Marlene at 204.376.5607 to book a table



Would you like to join our team?
Evergreen School Division is looking for bus drivers!
 We require caring, safe drivers to be bus drivers for our students.

There is no fee to attend this training session, but you must pre-register by Wednesday, August 24th. Contact the Transportation Department for more information at 204-642-6263.

Where: Tec Centre
 234 Tudor Lane
 Gimli Industrial Park

Date: This is a 2-day training session
 Thursday August 25th & Friday August 26th
 9:00am – 5:00pm each day

Please bring your own lunch and we hope to see you there!



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A first-hand dental implant experience from Vandor Denture patient

BY ELISHA VANDOR

Gerry is one happy camper coming in for his follow up appointment. Why? It’s because he was able to eat steak again, which is something he hasn’t been able to do in a very long time!

So, what’s the secret behind (or should we say beneath) his new found eating freedom? It’s the dental implant support system underneath his lower denture. In Gerry’s own words, he says, “the bottom dentures are a lot stronger now, more compact, a better fit and I can take the dentures out with minimal effort. It’s a good deal all around; I am very pleased and should have done this a long time ago!”

When Gerry tells us why he did wait so long, he said “Well number one, fear of the dentist, and needles, but the dentist was very good and compassionate.

Same thing with Brock over here at Vandor. When I first came in he gave me an action plan, there was no pressure whatsoever, it was up to me to decide and everything just fell into place. Here is my best smile.”

A dental implant solution, like Gerry’s, is the best way to keep your denture in place and comfortable. Of course, there can be variations as to how many dental implants are used to support the denture and if the denture is going to be removable or not, but as long as you have a dental implant, your denture always has an anchor to keep it in place.

A lot of people come to us with an already loose denture that is making it frustrating to eat, but Gerry actually skipped the whole loose lower denture process altogether. He was able to get 4 dental implants (an-

chors) on the bottom, and what is great about 4 dental implants verses only 2 is that he was able to clip in his denture right on day one. Which means when his last teeth pulled, the implants were put in right at the same time so he never had to have a loose lower denture at all!

Brock the Denturist says, “it was a pleasure getting to know Gerry, coming up with the best option for Him, picking out the tooth size and shape that will look best for Him, and of course do what we love doing, making people smile!”

If you too would like to know the options that are best for you and go over an ‘Action plan’, then give us a call today for a free consultation. “I strongly encourage you to do it” says Gerry. Thank-you Gerry for taking the time to share your story!



“Here is my best smile.” Happy patient Gerry shows his new steak capable teeth.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Blue Jays reach U22 western baseball final

Staff

The Interlake Blue Jays were one victory away from winning the 2022 Western Canadian U22 Baseball Championship.

Interlake reached the final but lost 12-2 to the St. James A's on Sunday at Quarry Park.

Interlake started westerns with a tough 11-10 loss to the North Battleford Beavers from Saskatchewan on Friday afternoon.

On Saturday, the Blue Jays doubled the Carillon Sultans 6-3 and then defeated the Unity Cardinals from Saskatchewan 10-6.

Sunday saw Interlake beat St. James 6-2.

In Winnipeg Senior Baseball League action, the Stonewall Blue Jays posted a 2-1 record last week.

After losing 11-1 to the West Winnipeg A's on Aug. 8, the Blue Jays swept the Springfield Sr. Braves in a doubleheader the following evening.

Stonewall won by scores of 11-4 and 11-8.



EXPRESS PHOTOS BY LANA MEIER AND KEN ALLEN

The Interlake Blue Jays, back row, left to right: Adam Kirk, Ryan Fines, Zachary Evanochko, Andrew Everitt, Tyler Hogg, Connor Smith, Chris Fines, Hunter Sholdice, Keenan Allen, Kyle Van Deynze, Kaden Stewart, Justice Hellegard, Dave Meyers; front row: Thomas Waldner, Landon Irvine, Reed Davies, Jack Moir, Bryce Meyers and Josh Ireland.



Poponick, Fontaine coach Poland at World Junior Lacrosse Championship

By Brian Bowman

Josh Poponick received a very unexpected phone call prior to the World Junior Box Lacrosse Championship.

He was asked to be the head coach for Poland at the six-team tournament which also included Canada, the United States, Australia, Israel and Haudenosaunee, who represented the Iroquois nation south of the border.

Tyndall Fontaine, a former Selkirk Fishermen along with Poponick, served as an assistant coach. Poland's original head coach came down with COVID while his assistant coach could not make the tournament.

"I picked up Tyndall on Sunday and then we started playing Monday so it was a bit of a short notice but, all in all, it was a good experience," said Poponick. "It was pretty cool."

The level of play was really good, said Poponick. It was also a learning curve for him in regards to finding out what his team's skill level was.

"At first I was just guessing. I knew what position they were and which

hand they shot," he said. "But, other than that, I knew nothing about them so the first game was a throw together."

Poland also had some challenges outside of the arena. Their jerseys hadn't arrived when the tournament started so they were fitted with Selkirk Fishermen Junior B uniforms.

"Luckily, we had the Fish jerseys and luckily they were red and white which are the Polish colours so that worked out good," Poponick said. "We had the old white jerseys with the F on the front so it didn't look too, too bad."

Poland, which finished the tournament with a 1-3 record, quickly picked up the nickname "The Flying Polish," which was adopted in a humorous way by Polish Lacrosse.

Canada won the gold medal with a 16-9 win over Haudenosaunee at the Canada Life Centre on Sunday.

The win was Canada's fourth-straight gold medal in the interna-



EXPRESS PHOTO SUBMITTED

Josh Poponick, left, and Tyndall Fontaine coached Poland at the World Junior Lacrosse Championship in Winnipeg.

tional tournament. There was no winner in 2020 and then Canada East won the reduced tournament in 2021.

Impact blanks Dirty Garrys

Staff

The Interlake Impact shut out the Dirty Garrys 3-0 in Manitoba Major Soccer League 4th Division action last Thursday at the Buhler Recreation Park.

Stefan Schuler (two) and Joseph Barkman scored for the Impact.

With the win, Interlake remains in first place in the 10-team division with a 9-2-1 record and 28 points. They are three points in front of Richmond United (8-4-1) with a game in hand.

The Impact will play the Hanover Strikers this Thursday at the Ralph Cantafio Soccer Complex. Game time is 8 p.m.



EXPRESS PHOTO BY LANA MEIER

The Interlake Impact's Garrett Hillmer has a great scoring opportunity before hitting the post during MMSL 4th Division action last Thursday against the Dirty Garrys. Interlake won the game 3-0 and remains in first place.

Manitoba female box lacrosse posts 5-2 record at Canada Summer Games

By Brian Bowman

Manitoba was doubled 4-2 by Quebec in the fifth/sixth-place game in female 17U box lacrosse action at Canada Games Park in St. Catharines, Ont., last Friday.

The loss dropped Manitoba's record to 5-2 at the 2022 Canada Summer Games.

"(Our girls) gave it their all. The third goal went in with about a minute left in the game, if that, so we pulled our

goalie to try to tie it up and that's how they got the fourth goal," said Manitoba coach Kim Winzoski, who lives in West St. Paul. "It was very close but our girls had nothing left to give. They gave as much as they could and they fought their hardest."

In a consolation game on Thursday, Manitoba blanked Saskatchewan 5-0.

Last Wednesday, Manitoba was stunned 4-2 by previously winless Nova Scotia in a quarter-final match-

up.

"(Nova Scotia) was in the A group so they had harder games (before) we played them," Winzoski said. "But they have had a program for five years in Nova Scotia where we are only a year, a year-and-a-half old."

Manitoba finished pool play with a 4-0 record after a dominating 7-1 victory over New Brunswick on Aug. 9.

On Aug. 8, Manitoba crushed P.E.I. 8-1.

"We were running on a high for a while," Winzoski said. "I wanted to finish first in our pool and that's what we did. I never expected to go undefeated in the round robin."

Manitoba's roster included West St. Paul's Caitlyn Winzoski, Selkirk's Delainey Kiteley, Stonewall's Emelia LeClair and Gimli's Hunter Dankowich.

Interlake athletes compete at 2022 Canada Summer Games

Staff

The first week of the 2022 Canada Summer Games wrapped up on Saturday.

In baseball action last Friday, Manitoba pounded New Brunswick 10-2 in the seventh/eighth-place game.

On Aug. 8, Manitoba was defeated by New Brunswick (9-7) and Quebec (11-0).

The next day, Manitoba blanked Prince Edward Island 4-0.

Last Wednesday, Team Manitoba blasted Alberta 15-4. Manitoba's roster included St. Andrews' Colsen Smith and Stonewall's Rylan Slatcher and Hayden Faragher.

In women's basketball, Team Manitoba was defeated 86-63 by New Brunswick in a seventh/eighth-place game on Saturday.

Manitoba opened preliminary round action with a 101-28 decision over Northwest Territories on Aug. 8.

Team Manitoba then lost 83-55 to Ontario after only trailing 40-36 at halftime.

In a qualification game, Manitoba defeated Newfoundland 89-66 last Wednesday.

Team Manitoba then lost 94-80 to Alberta in a quarter-final contest the following day.

Manitoba, whose roster includes Selkirk's Sarah Boitson, was then edged 71-68 by B.C. in a consolation game on Friday.

Men's soccer saw Manitoba get shut out 3-0 by Yukon in a seventh/eighth-place game on Friday.

Last Thursday Team Manitoba lost 3-1 to Saskatchewan in a qualification game last Thursday.

In pool play, Team Manitoba was defeated 3-2 by New Brunswick and then played to a 2-2 draw with Prince Edward Island.

Manitoba's roster featured Narol's Jason Scott, East St. Paul's Nick Waplack, West St. Paul's Sydney Nachtigall and Leonardo Takahasi.

Meanwhile, Peguis' Emma Bear placed fifth in the under 74 kg female wrestling. Manitoba's female wrestling team, which featured Bear and St. Laurent's Anaka Chartrand, finished eighth.

Stonewall's Erik Mattson was 11th in the Special Olympics 100-metre male backstroke and the 50m backstroke. He was also 13th in the 100m freestyle, the 50m breaststroke and 50m freestyle.

In mountain bike cross country, the sibling duo of Aimee Gauthier and Aiden Gauthier of Narol each placed 17th overall in their respective cycling mountain bikes events.

The pair also placed 18th in the cycling mountain bike sprint races.

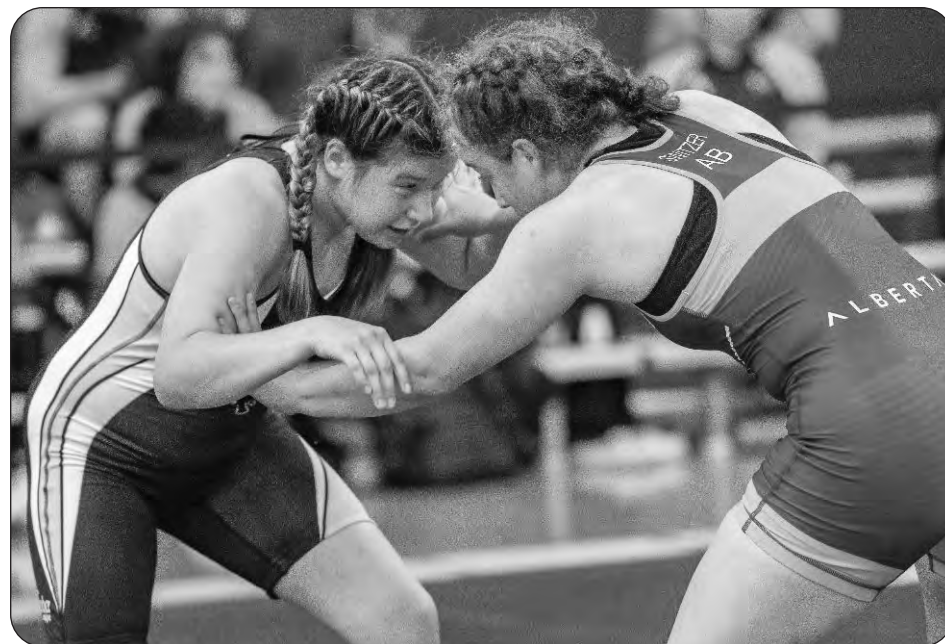
Aiden was also a member of the cycling mountain bike male team that placed fourth while Aimee's team was sixth in the female version of the event.

As a team, Manitoba was in fifth place in the medal count with seven gold medals, five silver and eight bronze after Week 1.



EXPRESS PHOTO TEAM MANITOBA/SPORT MANITOBA

Team Manitoba, whose roster included Selkirk's Sarah Boitson, placed eighth at the 2022 Canada Summer Games.



EXPRESS PHOTO MALCOLM BERNSTEIN/2022 CANADA GAMES

Peguis' Emma Bear, left, placed fifth in the under 74 kg division of female wrestling at the 2022 Canada Summer Games.

Orr, Oliphant win senior golf championships

Staff

Rhonda Orr won her ninth provincial senior golf title in 10 years and - seventh in a row - on Friday at the Larters at St. Andrews Golf and Country Club.

The 60-year-old golfer out of Southwood shot 74, 79 and 75 for an 18-

over 228. That was 14 strokes better than Niakwa's Tammy Gibson.

Orr now advances to the Canadian Women's Senior Championship at the Breezy Bend Country Club in Winnipeg from Aug. 30 to Sept. 1.

Orr's best finish at nationals was fourth place.

Meanwhile, Rossmere's Rob Oliphant won his first Manitoba Senior Championship at Larters.

The 57-year-old fired rounds of 67, 74 and 75 for a 216 total.

Niakwa's Jay Doyle (74-74-71) was second while Elmhurst's Carl Lechman (77-77-68) placed third.

Oliphant will compete at the Canadian Men's Senior Championship at the Red Deer Golf and Country Club Sept. 6-9.

Halldorson makes roster for Female Under-18 Program of Excellence Summer Development Camp

Staff

Hockey Manitoba announced the roster for the 2022-23 Female Under-18 Program of Excellence Summer Development Camp that will take place from Aug. 26 to 28 at the Bell MTS Iceplex in Winnipeg.

Interlake Lightning goaltender Ra-

chel Halldorson was selected to that roster.

The Summer Development Camp is the third stage of the Female U18 Program of Excellence process. Following the camp, an exhibition series will be held from Sept. 23 to 25 in Saskatoon. The final stage of the 2022-

23 Female U18 POE process will see the team compete at the 2023 Canada Winter Games which is scheduled to take place from Feb. 26 to March 5 in Prince Edward Island.

The Female U18 Program of Excellence is designed to provide high-performance female players with the op-

portunity to develop advanced skills as well as an introduction to the concepts needed to play at an elite level. Players from the Program of Excellence go on to play at the CIS, NCAA and International level.

get inspired

> MEAL IDEAS



Frozen Creamsicle Yogurt Bites

baking sheet that fits in freezer.

Peel mandarin and separate into individual slices. Place one big scoop yogurt in small bowl.

Dip each mandarin slice in yogurt, covering about half of each slice. Place individual mandarin slices on parchment paper. Add sprinkles.

Freeze at least 1 hour or overnight if adding to lunchboxes.

Recipe courtesy of Healthy Family Project

Prep time: 10 minutes

Total time: 1 hour, 10 minutes

1 mandarin
vanilla Greek yogurt
sprinkles

Place one piece of parchment paper on



Broccoli Tater Tots

cold water
2 cups broccoli florets
1 large egg
1/2 cup panko breadcrumbs
1/8 teaspoon salt
1/8 teaspoon pepper
1/8 teaspoon garlic powder
Preheat oven to 400 F.

In large stockpot, cover potatoes with cold water. Cover and bring to boil over high heat. Reduce to low and simmer 3 minutes. Add broccoli; don't stir. Cover and cook 4-5 minutes, or until tender. Drain.

In large bowl, mix egg, breadcrumbs, salt, pepper and garlic powder until just combined.

In food processor, pulse potatoes and broccoli 8-10 times until finely grated. Add to breadcrumb mixture and stir to combine.

Use tablespoon to scoop potato mixture into 40 mounds. Shape each into oval and place on parchment-lined baking sheet.

Bake 10 minutes; flip and bake 10 minutes, or until golden brown.

Recipe courtesy of Healthy Family Project

Prep time: 10 minutes

Cook time: 25 minutes

Servings: 4

2 russet potatoes, peeled, cut into 1/2-inch cubes



Sheet Pan Hawaiian Veal Meatballs

1 1/2 teaspoons ground ginger
2 teaspoons kosher salt
1 cup Hawaiian barbecue sauce, plus additional for serving, divided

Vegetables:

1 small head broccoli, cut into florets
1 small red bell pepper, seeded and cut into 1/2-inch slices

1 small yellow bell pepper, seeded and cut into 1/2-inch slices

1 small red onion, cut into 1/2-inch slices
1 small pineapple, cut into 1-inch chunks
2 tablespoons olive oil
kosher salt, to taste

freshly ground black pepper, to taste

2 green onions, for garnish

2 teaspoons sesame seeds, for garnish

Funded by Beef Farmers and Ranchers

Prep time: 15 minutes

Cook time: 30 minutes

Servings: 6

Meatballs:

2 pounds ground veal
1/2 cup plain breadcrumbs
1/4 cup milk
3 green onions, chopped
1 large egg
2 teaspoons garlic powder

Ask the Money Lady

Dear Money Lady Readers: Are the rising rates keeping you up at night? Are you wondering if you can ever afford to buy a home? Hang-in there, the change is coming!

The Canadian housing market is in a definite pullback as July marks the fourth straight month of a decline. New buyers have felt the pressure of interest rate hikes since March 2022, and it is anticipated they will go even higher. Today the posted rates currently match the Canada Mortgage and Housing Corp., (CMHC) qualifying rate of 5.25%, something we haven't seen in over a decade. A five-year fixed mortgage rate now hovers between 4.79% and 5.04%. For many Canadian homeowners, this is the first time they have seen rates this high, many believing they were paying too much, when they were haggling for a mortgage rate at 2.50% only two and three years ago. When your mortgage come up for renewal, will you be able to afford the increased rates?

The expected reversal of the massive pandemic-era gains on house prices is upon us and all lenders are now mandating a full appraisal on every purchase or refinance to confirm property values and ensure they are not inflated. Home buyers are on the defensive in the wake of current rate hikes and there is no longer a sense of urgency to buy. Nor is there the appetite or willingness for the bidding wars of earlier in the year. My belief is that we will see a market shift as buyers re-gain pricing power and homeowners realize they either paid too much or now need to come to terms with the fact that their home isn't worth what they thought it was. Economists predict that the Bank of Canada will raise rates an additional 1% which will further challenge the already intense affordability stress. Honestly, if today's buyers do not receive more price concessions from homeowners, we may see an increase in the less expensive options such as condos and townhome sales.

The hardest hit areas are Toronto and Vancouver. Montreal, Edmonton, and Calgary seem to still be doing quite well, sustaining a very

6 cups cooked long-grain white rice
To make meatballs: Preheat oven to 450 F and line two rimmed baking sheets with parchment paper. In large bowl, mix veal, breadcrumbs, milk, green onions, egg, garlic powder, ginger and salt until just combined. Portion veal mixture into 2-inch balls. Place in even layer on prepared baking sheets.

Bake about 15 minutes. Remove from oven.

To make vegetables: Toss broccoli, bell



Christine Ibbotson

modest downward trend. This is not surprising, since Alberta's economy is currently one of the best in Canada, thanks in part to a tremendous turnaround in the energy sector. Calgary is now at the top of the list in comparison to other large Canadian cities for affordability and a solid demand for housing.

However, even with Calgary as our anomaly, it is anticipated that the rest of Canada's property values will slip a further 12% by the end of year – good news to new buyers who have been waiting for a correction. Let's face it, the interest rates have been "too low for too long." I know it hurts to say that out loud – but it's true. House prices have soared on the backs of rock-bottom lending rates and people have used their homes as ATM machines to keep refinancing their debt into a higher mortgage to bail them out yet again. You knew it had to stop someday, didn't you? The two decade long "low-rate lending party" has now ended and the banks are thrilled. It's time to buckle up and create that finance budget you have been putting off doing for the last ten years. Inflation today is at 7.50% and in 1983 it was 6.83%. Think about that for a moment. For those of us that were homeowners in the 80's and 90's you know that the rate hikes are coming.


Good Luck & Best Wishes,
ATML - Christine Ibbotson

Written by Christine Ibbotson, National Radio Host and Author of 3 finance books plus the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" www.askthemoneylady.ca or send a question to info@askthemoneylady.ca

peppers, red onion, pineapple and oil together until coated. Season with salt and pepper, to taste.

Arrange vegetables in single layer on baking sheets with meatballs. Flip meatballs and brush with sauce. Bake until vegetables are tender and meatballs are golden-brown, or until internal temperature reaches 160 F, about 15 minutes.

Drizzle with barbecue sauce. Top with green onions and sesame seeds. Serve with rice.



**Municipality of Bifrost-Riverton
PUBLIC NOTICE
BOARD OF REVISION**

Public Notice is hereby given that the 2023 Assessment Roll for the Municipality of Bifrost-Riverton has been delivered to the Municipal Office at 329 River Road, Arborg, Manitoba and is open for public inspection during regular office hours.

The Board of Revision will sit on Thursday, September 8, 2022 at 1:00 p.m. at the Council Chamber of the Municipality of Bifrost-Riverton to hear applications for revisions made in accordance with section 42 & 43 of The Municipal Assessment Act.

APPLICATION FOR REVISION
42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property;
- a refusal by an assessor to amend roll under subsection 13(2).

APPLICATION REQUIREMENTS
43(1) An application for revision must:

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by delivering it or causing it to be delivered to the office indicated below, or serving it upon the secretary, on or before Tuesday, August 23, 2022.

Dated this 4th day of August, 2022
Tanis Johnson - Board of Revision Secretary
Municipality of Bifrost-Riverton
Box 70, 329 River Road, Arborg, MB R0C 0A0
Email: bifrostriverton@mymts.net

**FISHER ARMSTRONG PLANNING DISTRICT
UNDER THE AUTHORITY OF THE PLANNING ACT**

**NOTICE OF *AMENDED*
PUBLIC HEARING**

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

**RM of Armstrong Zoning By-law No. 5/2022
Being an AMENDMENT to the RM of Armstrong
ZONING BY-LAW NO. 6/04 (AS AMENDED)**

HEARING LOCATION: RM of Armstrong Council Chambers
Lot 55 Highway 17, Inwood, MB

DATE & TIME: Tuesday, August 9, 2022, at 1:00 PM *cancelled*

***NEW DATE & TIME: Tuesday, September 13, 2022, at 1:00 PM**

GENERAL INTENT:
To:


- Add definition for "Ecovillage"; and
- Add regulations for "Ecovillage"; and
- Allow "Ecovillage" as a Conditional Use in the "AI" Agricultural Intensive Zoning District.

FOR INFORMATION CONTACT: Corlie Larsen, CAO
RM of Armstrong
Lot 55 Hwy 17 Inwood, MB R0C 1P0
Phone: 204-278-3377
Email: cao@rmofarmstrong.com

A copy of the above by-law and supporting material may be inspected at the Rural Municipality Armstrong Municipal Office, Lot 55 Highway 17, Inwood, Manitoba during normal office hours (8:30 AM to 4:30 PM), Monday to Friday. Copies may be made and extracts taken therefrom, upon request.

Note : Property owners are responsible for notifying lessee.

Classifieds Book Your Classified Ad Today - Call 467-5836



MOTORCYCLE FOR SALE
For sale -2000 Harley Davidson FXSTD Softail Deuce. 36,000 kms. New Michelin rubber, Vance & Hines pipes, Harley hard leather bags, small windshield. Lots of extra chrome. Bike is sitting - time to sell. Asking \$12,500 obo. Ph 204-206-0120 (cell) or 204-643-5182 (house).

SCRAP METAL
BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

PROPERTY MANAGEMENT
Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

EMPLOYMENT OPPORTUNITY

Arborg Play Group Inc
Invites applications for the following positions

Child Care Assistant
Hours: Full time - 40 hours per week
Will be responsible for the daily preparation of snack and lunch routines, providing care and guidance to infant and preschool children.

Child Care Assistant
Hours: Part time -15 hours per week 10:30 AM-1:30 PM
Assist Early Childhood Educators in providing care and guidance to infant and preschool children.

Skills
• Passion for working with children, flexible, enthusiastic, reliable, motivated & possess initiative

Requirements
• First Aid & CPR training
• Child abuse registry check and criminal record check
• Minimum of 18 years of age
• Successful applicant must complete a 40-hour post-secondary course in early childhood development within the first year of employment as well as apply for CCA classification upon employment.

We Provide
• Group Health Benefits & Employee Assistance Plan
• Pension Plan
• Professional Development Opportunities
• Educational Assistance
• Winter Break

Please send resume and references to:
Heather Lowe hloweapg@mymts.net

BUYER FOR ALL FARMYARD SCRAP, MACHINERY AND AUTOS. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

LOTS FOR SALE
Vacant building lot for sale. Gunton - Residential building lot, \$59,900. Also Teulon residential lot, back onto fair grounds, \$64,900. Ph 204-467-8537 or 204-955-2068, Stonewall.

CAMPERS/TRAILERS
FOR SALE - 2007 - 30.5 Foot Jayco Eagle 5th Wheel Travel Trailer - 1 slide out, excellent condition. Asking \$8,000 Phone 204-582-2407.

BUILDING FOR SALE
24 X 28 building, 2x6 construction, fully insulated, wired & dry-walled, baseboard heat, panel box, no plumbing. On I-beams ready to move. Would make good addition or cabin, or a good office building, \$24,900. Ph. 204-467-8537 or 204-955-2068 Stonewall.

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SHOP LOCAL

Eddie's Gravel Supply Ltd. is Hiring

RED SEAL MECHANIC

Truck/Trailer/Equipment Repair
Competitive Wages, Benefits
Experience required
204-389-2023
info@eddiegravel.com
102086 Hwy #9, Wpg Beach, MB

ON LINE ONLY FARM AUCTION SALE

**For Judith McDougall
Ashern, MB**

Sale Starts online: Friday, August 26, 2022
Closes: soft close starting at 1:00 p.m. Friday, September 9, 2022
www.apro.bid
(Items will be sold online in order listed)

- Western slip tank, 540 Lillies w/elec. pump
- Saturn 8 x 18 Trailer, steel deck, comes w/metal sides used for hauling cattle
- J.D. 2955, Ser #L02955T636766, CD 6350, D774262, triple hyd, 3 pt hitch, needs transmission seal, 18.4-38 tires
- Set of 18.4-38 duals w/all hardware
- 2006 Wilson Ranch Hand stock trailer 7 x 24 (LT235/85 R16) front - 7ft, middle - 9 ft, back end - 8ft
- 2006 Ford F350 XLT, ext cab, power stroke, turbo diesel, 4x4, 4 sp auto, 6 ltr, a/c, 218,000 km, approx. 10,000 km on rebuilt motor (very clean), safetied
- 3 pt hitch Bale fork
- 2004 J.D. 7220 F.W.A., 3pt hitch, comes w/741 loader, bucket & grapple fork, power shift, 14.9-28 front, 18.4-38 rear tires, (needs front wheel seal), Ser #RW7220 R012987
- 8ft J.D. bucket for J.D. loader

One item will close every 2 minutes until all items are sold. When an item is within 2 minutes of closing and a bid is received the end time will be extended by 5 minutes from when the last bid is received. This will continue until there has been no bid on that item received for 2 minutes.

Viewing by appointment only.
For more info: Call Buddy Lorne (Buddy) Bergner, Auctioneer
Box 1, Ashern, MB R0C 0E0
Ph: (204) 768-2669
Email: bergnaut@mymts.netc www.globalauctionguide.com

**Aspen Park Condo Corporation
Employment Opportunity**

Office Manager

Closing Date: August 26, 2022

This is a permanent Part-time position providing support to the Board of Directors and responsible for administrative office functions such as book keeping (accounts payable, receivable, payroll, budgets, month end reporting, reconciliations, etc) and written correspondence, minutes and newsletters.

Candidates must have previous office experience with knowledge of Quickbooks and Microsoft Office.

Must have ability to work independently, customer service experience and have good communication skills (written and oral). Experience working with a Board of Directors would be an asset.

Those interested may send their applications to:
Winnipeg Condo Corp 208, Box 3577, Gimli, MB R0C 1B1 or fax to 204 642-1243 or e-mail to Nead1@mymts.net

Classifieds



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MOBILE HOME FOR SALE

4 bdrm., air conditioning, to be moved. \$105,000 obo. Ph. 204-641-8137.

HELP WANTED

ROCKY MOUNTAIN EQUIPMENT is NOW HIRING: Managers, AG Equipment Techs, Heavy Equipment Techs - Journeyman & Apprentices, Parts Techs. View open roles & apply: www.rockymtn.com/careers. Relocation & signing bonus offered.

LAKESIDE FLIGHT ACADEMY

Want to learn how to fly? Interested in a career as a commercial pilot? Lakeside Flight Academy is the most affordable in Canada. We have students from all over the world. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-642-4799.

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

UPCOMING EVENTS

Cluck & Quack Poultry Club Annual Sale - Poultry, small animals, equipment, crafts, vegetables, hobbies, etc. Saturday, Sept. 10th, 10 a.m. - 3 p.m. at Springfield Curling Club in Dugald, MB. For further vendor information contact Bill 204-755-2347 Email: bhartmann@xplor.net.com

DUNREA FLEA MARKET - Rain or Shine! Antiques, collectibles and more! Over 100 vendors. Admission \$5. 11 a.m. - 4 p.m., Sunday, September 4, 2022. Fairgrounds in Boissevain, MB.



204-467-5836

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a spring/summer event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

PLANNING PROGRAMS FOR THE FALL & WINTER? Advertise them NOW in the 32 Weekly Manitoba Community Newspapers to get your messaging out now and be seen all over the province! Hiring? Selling something? Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

FINANCIAL SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firstandsecondmortgages.ca

HAY FOR SALE

Large round hard-care bales of alfalfa & brome grass. Call 204-461-0722.

FARM MACHINERY

Haying package all in exc. working condition. 966 IHC tractor, Case/IH DCX131 discbine, 13 ft. hay conditioner, Buhler 9 wheel hay rake. \$36,000. Also Sokal gooseneck stock trailer, new tires, \$5800. Ph 204-467-8537 or 204-955-2068, Stonewall.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

JOIN OUR TEAM!

Do you want to help-out your community?
Are you passionate about working with children?
Are you looking for part-time or casual employment?

In your local schools, we are currently looking for
• Substitute Teachers • Casual Educational Assistants
• Casual Cleaners • Part-time and Casual Bus Drivers
Please forward a resume, three references and a message indicating which communities and positions you are interested in to:
Donald Nikkel, Superintendent of HR, Policy, and PR
Box 100, Eriksdale, MB ROC 0W0
Phone: 204-739-2100 Fax: 204-739-2145
Email: nikkeld@lakeshoredsb.mb.ca
Lakeshore School Division is looking for good people to add to its team. Lakeshore welcomes applications from people with disabilities. Accommodations may be available upon request. We thank all who apply for their interest, but only those selected for an interview will be contacted. Lakeshore School Division may contact former employers. For more details, please refer to the division's job description. Successful candidates must complete a Criminal Record/Vulnerable Sector and Child Abuse Registry check prior to commencing employment.



EMPLOYMENT OPPORTUNITY HVAC TECHNICIAN

Future Mechanical Systems Ltd is seeking HVAC technicians / apprentices / helpers. Future Mechanical Systems Ltd is a well-established business in the Gimli area with over 25 years of service to the Interlake. We are looking to hire a detail-oriented HVAC technician to install, maintain and repair HVAC systems. The HVAC technician will be skilled in cleaning, adjusting, and repairing systems. You will guide and advise the customer to select the most appropriate air quality system to fulfill their requirements. You will be responsible for air quality systems from installation to end-of-life by performing maintenance, warranty, and emergency repairs.

HVAC Technician Responsibilities:

- Installing, maintaining, and repairing ventilation and air conditioning systems and equipment.
- Identifying maintenance risks on equipment.
- Diagnosing electrical and mechanical faults for HVAC systems.
- Cleaning, adjusting, and repairing systems, and performing warranty services.
- Performing emergency repairs promptly and efficiently.
- Keeping daily logs and records of all maintenance functions.
- Ensuring compliance with appliance standards and with Occupational Health and Safety Act.
- Complying with service standards, work instructions and customers' requirements.
- Assisting with customers' queries.

HVAC Technician Requirements:

- High school diploma, GED or suitable equivalent.
- If possible, some experience as an HVAC technician, and willingness to continue education in HVAC field. If no experience willingness to be trained.
- Valid driver's license.
- Excellent written, verbal, and interpersonal skills.
- Ability to work some after hours, over weekends and on public holidays.
- Ability to work in confined spaces and with heights.

Benefits

- Full benefit package
- Company van fully stocked
- Cell phone

If interested, please email resume and three references to:
Futuremechanicalsystems@hotmail.com
or contact the office at 204-642-5600.

Interlake Women's Resource Centre Annual General Meeting

Wednesday, September 21, 2022
Johnson Hall, Waterfront Centre,
5th Floor, 94 First Avenue, Gimli

6:30 pm - membership purchase/renewal, refreshments
7:00 pm - AGM

Guest Speaker:
Tammy Perry, Counsellor at IWRC

EVERYONE WELCOME!

Reports from the Chairperson and Treasurer, appointment of auditor and elections will be held for all Executive Board positions as well as Community Representative positions.

Everything you need to promote your business



EMPLOYMENT OPPORTUNITY

Gimli Community Development Corporation, (GCDC) ECONOMIC DEVELOPMENT OFFICER

The Opportunity:

The successful candidate will undertake key responsibilities that will enhance Gimli and the Municipality as a whole and promote the Municipality as a place to work, live, play and grow. They will facilitate and promote community growth and economic development planning and implementation within the Municipality to be measured, in part, by securing opportunities for new economic and business development and supporting the growth and development of existing business within the community.

Job Description:

Reporting to the GCDC board the candidate will promote the Gimli industrial park and oversee current and future operations of GCDC properties. They will also identify, develop and implement approved strategies for attracting new business to the area while facilitating growth of existing businesses. Represent the Municipality at regional and provincial meetings and conferences on economic development, which could include public speaking and delivering presentations.

The Ideal Candidate:

The successful applicant will possess relevant post-secondary education and/or years of business and administrative experience. The candidate will be self-motivated, effective written and oral communication skills and computer skills including Excel, Word, PowerPoint. Ability to identify and promote community economic development projects and initiatives along with knowledge and understanding of the Municipality would be a definite asset. The candidate must have a valid Class 5 driver's licence. Hours and wages are negotiable with experience and qualifications.

Please submit a detailed resume on or before Sept 2, 2022 by 4:30 p.m. to PO Box 1246 Gimli, MB ROC 1B0 or gimlicdc@rmgimli.com

NORSEMEN AUCTION

CONSIGN TODAY

Next LIVE SALE
AUG 20th

Next ONLINE SALE
AUG 24th

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Gimli, MB
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LIVE to be auctioned AUG 20th

- 400 lbs atv winch • 8x8 tent • head ache rack for pickup • bench grinder • snap on retractable ext cord • booster pack • table top propane grill • snowmobile stand • backpack sprayer • electrical wire #6 3c teck • scale • assorted hand tools • lounging camping chairs • 30 lbs of welding rods • plumbing fittings • drywalling stiffs • police car bumper guard • box of t12 fluorescent bulbs • sink toilet paper dispenser • misc air breather • tire changing machine • misc chaff spreaders • 46 ft westeel auger • belt sander • chop saw • circular saw • scroll saw • bicycle trailer • antique school desk • garden hose box • skies • misc electrical equipment • wood trim on packaging • used steel door • 1ft x 4ft windows with openers • (4) shelving • anchor • shelving • bread pans • 80 ft jlg manlift

ONLINE

- AUG 24th or later
- misc electrical service equipment • 852 new holland round baler • excavator side blade • volvo 650 tractor cw cab and loader • new holland tr85 combine • cross bow cw arrows • archery target • 46 ft westeel gas powered auger • dish washer • washer dryer combo • matching leather deluxe recliners • single recliner • coffee table set • dressers • twin bed • room dividers • desk • 2010 ford explorer • 1952 chevrolet styleline • 19ft utility trailer 2x3000 lb axles • 2002 keystone 28ft camper • white fish boat anchors • 20 • pontiac montana sv6 • electric auger 7 in 51ft • skid steer trailer • 1983 dodge 1 ton dump truck • gmc envoy mpi write off • hoof trim chute • international disc • international cultivator • stainless scale • 1985 ford pickup • sea ray boat • 4IN Towable gas powered pump • onan elec generator • Volvo t810 • goose decoys • live animal trap • 33.5 ft 5th wheel camper trailer 2 slide outs

Call Jordan for details
204-651-0008

Classifieds



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Town of Winnipeg Beach

NOTICE OF REGISTRATION OF PROSPECTIVE CANDIDATES FOR THE 2022 MUNICIPAL BY-ELECTION

Please be advised that a municipal by-election will be held on **Friday, October 7, 2022.**

Prospective candidates must register with the Senior Election Official (SEO) during the registration period before they may begin to accept contributions, incur expenses, fundraise, or borrow money for their campaign.

NOTICE IS HEREBY GIVEN that, by appointment only, I will be receiving candidate registrations:

For the office of **Councillor:**

Between August 26 and September 1, 2022

At the Town of Winnipeg Beach office, 29 Robinson Avenue, Winnipeg Beach during regular office hours.

To schedule an appointment to receive a registration form, please contact me at the telephone number below or by e-mail at: seo@winnipegbeach.ca

Mark Bardsley, Senior Election Official (SEO),
204-389-2698 Ext 102



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EMPLOYMENT OPPORTUNITY

Glacier North is hiring
*Scale Person
Loader Operator*
204-641-2408



WE ARE HIRING

Romafa, a manufacturer of stainless steel agricultural parts is hiring. Romafa is a workplace that values family, relationships and people. We put great effort into maintaining a positive workplace environment.

We are looking to fill the positions of:

DRAFTS PERSON

- Training is available however a working knowledge of SolidWorks is preferred.

CUSTOMER SUPPORT PERSON

- Applicant should have good communications skills.
 - Prior experience in farming especially the functions of an air cart.
- If interested please drop off your resume in person at Romafa. We look forward to meeting you. We are located 8 miles north of Arborg along the PR326.

www.Romafa.com 204-364-2244



Town of Winnipeg Beach

NOTICE OF VOTERS LIST / VOTING AS A NON-RESIDENT VOTER / PERSONAL SECURITY PROTECTION

In accordance with Section 36 of The *Municipal Councils and School Board Election Act*, notice is hereby given that a copy of the VOTERS LIST may be reviewed, by appointment with the SEO, at the Town of Winnipeg Beach Office, 29 Robinson Avenue, Winnipeg Beach. Updates to the Voters List can be made until September 1, 2022.

Updating of the Voters List including:

- adding names of voters who are entitled to have their names on the list;
- deleting the names of persons who are not entitled to have their names on the list; and
- making such other corrections of errors to the list, as required.

VOTER ELIGIBILITY:

A person is eligible to have their name added to the Voters List if they are:

- 1) a Canadian Citizen and at least 18 years of age on election day; and
- 2) a resident of the local authority for at least six months prior to election day; or a registered owner of land in the municipality for at least six months prior to Election Day.

VOTING AS A NON-RESIDENT VOTER:

A maximum of two non-resident property owners per property are permitted to vote in a municipal election, Subsection 22(2).

Where there are more than two non-resident property owners, each of the two votes must receive written consent from the majority of the registered property owners and this is to be filed with the SEO prior to September 1, 2022 for inclusion to the voters list.

Note: When voting, you may be required to provide proof of ownership to the voting official.

When voting, proof of identity may be requested by the voting official.

A voter's name must not appear on the voters list more than once.

APPLICATION FOR PERSONAL SECURITY PROTECTION:

A voter may apply in writing to the SEO (at the address below) no later than September 1, 2022 to have their name and other personal information omitted or obscured from the voters list in order to protect the voter's personal security. The application may be submitted in person, by mail or fax and must include your name, address and include proof of identity (an official document issued by a federal, provincial or municipal government). Any photocopies must be legible.

All changes to the voters list are to be completed by the close of business (16:30) on Thursday September 1, 2022, in preparation for the municipal election to be held on **Friday, October 7, 2022**

Mark Bardsley, Senior Election Official (SEO) for the Town of Winnipeg Beach.
Box 160, Winnipeg Beach, MB R0C 3G0, Phone: 204-389-2698 Ext 102 Fax: 204-389-2019
E-mail: seo@winnipegbeach.ca



Town of Winnipeg Beach

NOTICE OF NOMINATIONS

NOTICE IS HEREBY GIVEN that on the following days:
August 26, August 29 to September 1
between the hours of 8:30 am and 4:30 pm at the following location 29 Robinson Ave, Winnipeg Beach

I will receive nominations for the offices of **Councillor** of the aforesaid Local Authority.

The nomination deadline is September 1, 2022 at 4:30 pm. Nominations cannot be accepted after this day.

All nominations shall be made in writing and shall be signed by at least twenty-five voters, or NOT less than 1% of the voters (whichever is lesser) of the authority or ward (as the case may be), but in all cases by at least two voters. Each nomination shall also be accompanied by the candidate's declaration of qualification.

Nominations may be filed in person at the above location, on the date and hours specified, by an agent, or by email. To obtain a nomination paper, and / or candidate's declaration of qualification, contact the SEO at the telephone number listed below.

Nomination papers not accompanied by the required documents and not properly filed shall be rejected.

Mark Bardsley, SEO
(204) 389-2698
seo@winnipegbeach.ca

Dated at 29 Robinson Ave., Winnipeg Beach on August 10, 2022.

RIVERDALE PLACE WORKSHOP INC.

requires a
RECYCLING ASSISTANT SUPERVISOR
to assist with sorting recycling and to help with supervising the participants.

Job position: Mon., Tues., Weds, Thurs & Fri
8:45am to 3:45pm.

Benefits and pension plan provided.

A Criminal Record Check and Adult Abuse Check required.

Job description available at the workshop.

Please drop off resume or send to:

Alex Janower, Manager

Riverdale Place Workshop Inc.

Box 609 Arborg, MB R0C 0A0

Telephone: 204-376-5584

Fax: 204-376-5584

email: riverdalew@mymts.net

Meyers Online Gun Auction

Closes
Sunday, August 21

- Pistols
- Rifles
- Ammo
- & More

Bradley Meyers Auctioneer

204-476-6262
www.meyersauctions.com

McSherry Auctions

12 Patterson Dr., Stonewall, MB
Online Timed Auctions @ iCollector.com

Estate & Moving featuring 40 vehicles

Closes Aug 24 @ 4:00PM
57 Chevy Belair; 2D Hard Top, 60's Parisienne; 2D 00 Ford 350 Van, 06 Ford 250 Dst 4x4; 99 Ford 250 Dst 4x4; 99 Chevy Tracker; 03 Toyota Rav4; 03 Nissan 350 Z; 67 Chevy Caprice Station Wagon; Lund 1700 Pro Angler SS Adventure with Honda 4 Stroke 90 HP Outboard & Trailer

Estate & Moving
Closes Wed Aug. 24 @ 7:00PM

Estate & Moving featuring Guns & Ammo
Closes Wed Aug. 31 @ 7:00PM

Consignments Welcome!
(204) 467-1858 or
(204) 886-7027
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204.947.1691 or email classified@mcna.com

www.mcna.com

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THE BATTERY MAN
1390 St. James St.
Winnipeg
TF 1-877-775-8271
www.batteryman.ca

GRADUATION



Adam Truthwaite
Bachelor of Science in Agriculture
Plant Biotechnology (June/2022)

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Mom and Dad (Michelle and Terry)
Branden and your extended family

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CARD OF THANKS

Ellison - We wish to express our sincere appreciation to everyone for their kindness and expressions of sympathy following the passing of our grandmother Alice. The words of condolences, cards, flowers, food and visits are greatly appreciated. A big thank you to the paramedics and staff at Selkirk Emergency. As well, as a big thank you to Shirley Williams for officiating the service and to Ken Loehmer for taking care of the arrangements.

-Thank you,
Chelsey, Ashley and families
Saveja, Tyler and Monique

CARD OF THANKS

A big thank you to my kids for giving me a 75th birthday party that was unforgettable. We had an outdoor get-together in my front yard with a wonderful supper to follow. Thanks to everyone who could come and for the gifts, cards and birthday wishes. Thanks to those who brought food for supper and snacks for the afternoon. I am blessed with a wonderful family and with great friends.

-Carol Christensen

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OBITUARY

Charles (Chuck, Papa) James Kramble

Peacefully, on Wednesday, February 16, 2022 at the Gimli Community Health Centre, Chuck (Papa) Kramble, aged 89 years of Gimli, beloved husband of the late Leona passed away. In keeping with his wishes, cremation has taken place and a celebration of life will be held on Tuesday, August 30, 2022 at 1:00 p.m. at the Waterfront Center, Gimli, MB. Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



Your memory will live forever Engraved within our hearts

OBITUARY

Albert Victor (Vic) Mastin



Unexpectedly, on August 8, 2022, Albert Victor Mastin passed away in his sleep at home in Gimli, MB, at the age of 73 years.

Victor was predeceased by his parents Albert and Anna Mastin and his father and mother-in-law, Tony and Herta Derby.

Victor is survived by his loving wife Gail (nee: Derby); his sister Lorna (Ivor) Schedewitz; his brother Rev. Howard (Joan); brothers-in-law Brian (Cindy), Eric (Lauren), Garry (Wanda); nieces, nephews, great nieces, and great nephews and many other relatives and friends.

Victor was born in Winnipeg. He married Gail Derby in 1972 and they lived in Winnipeg until 1982 when they moved to the RM of Springfield - Oakbank and then in 1997 moved to the RM of Gimli. One of Victor's happiest days was when he celebrated his 50th Wedding Anniversary on March 25, 2022 with Gail.

He worked for United Grain Growers for over 28 years with many promotions and was Manager of Technical Support.

Victor loved working on his HO trains. He enjoyed carpentry, which his father-in-law Tony Derby (Master Carpenter) taught him. He enjoyed helping his family and friends build garages and doing renovations.

Victor loved the farm where he could go and walk in the woods with his dog and enjoy nature. Victor had a wonderful English humour and was very kind and loving. He was the best husband a wife could want. He will be missed!

In keeping with Victor's wishes, blessings were done before cremation and prayers were done with Pastor Glen Gelhorn of Grace Lutheran Church in Winnipeg while cremation was taking place.

A Celebration of Life will take place later in the year. Friends and family are invited to visit Victor's memorial page @interlakecremation.ca where memories and condolences may be shared.

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OBITUARY



Edmund Paul Johnson
June 24, 1936 - August 8, 2022

Peacefully and surrounded by his loving family, Paul Johnson of Vogar, Manitoba passed away on August 8, 2022.

He is survived by Beverley, his loving wife of 64 years; his children Debbie (Werner) Pieterse, Lorraine (Kelly) Johnson, Greg (Teresa) Johnson, and Marlene Johnson (Brent); as well as 13 grandchildren, Kerner (Dani), Xander, Kajsa (Gerald), Sawyer (Melanie), Shea (Hailey), Shelby (Michelle), Troy (Vanessa), Chantelle (Kenny), Cole (Shanley), Keyra (Kalder), Joshua, Terrance, and Rhea; and his great-grandchildren Kelly, Lewis, Tom, and Wilder. He is also survived by his in-laws, Carolyn Thorlacius, Neil and Anna Brandstrom, and Sharon Brandstrom as well as numerous nieces and nephews and many special friends.

He was predeceased by his parents, John J. and Annie Johnson (nee Bush); his brother W. John; sister-in-law Vera; parents-in-law Arne and Mae Brandstrom; brothers-in-law Wilfred Brandstrom, Oli Thorlacius, Edward Klepatz; son-in-law Mel McKelvey; as well as Mae's second husband Ralph Poston; special cousins Hulda and Skuli Thorsteinson; his grandparents, aunts and uncles, all of whom he had strong affection for.

Paul was born in Eriksdale, Manitoba to John J. and Annie Johnson; they were loving parents and their sons were their everything. He was raised on the family farm in Siglunes where he developed his keen love of farming, hunting and the people of the area.

He met the love of his life, Beverley, in 1955 and they married on July 11, 1958. As a young man, Paul left the area he loved to earn money to buy their farm. He worked at Manitoba Bridge as an overhead crane operator. There he met life long friends that he loved hunting with every fall, especially his dear friend Larry.

In 1962, Paul, Bev, and Debbie moved to the farm. Paul was a true cattleman through and through. He started in dairy and commercial beef cattle, eventually transitioning the herd into a successful purebred Charolais operation, all the while clearing more land to build up the farm. As they grew the farm, they grew the family with the addition of Lorraine, Greg and Marlene.

Paul was an active community member and leader. He had a lifelong dedication to the 4-H beef program. As a child, he worked hard all winter getting his calf ready for the show. Later, he was very influential in the Dolly Bay Club and was a leader for many years. He loved the Lundar Fair and was proud to see his grandson Cole win Grand Champion steer this past June. This also brought back wonderful memories of when Greg won in 1978.

Paul also served as a Councillor for the RM of Siglunes.

Paul had great interest in his Icelandic heritage. He was proud of how his grandparents, father, aunts and uncles endured the difficult transition of immigrating to Canada. He was also proud of his English Grannie Bush who raised five kids by herself during hard times. He came from tough stock.

With these roots, it is not surprising that he became an extremely devoted family man. He loved nothing more than being with his family and if you needed something, you didn't need to ask. He loved his family fiercely and was our greatest protector.

We are so sorry to lose you Dad, but as you always said, "Pað gengur svona."

A Celebration of Life will take place at the Siglunes Community Hall on Saturday, August 20, 2022 at 2:00 p.m.

If friends/family so desire, donations can be made to the Siglunes Community Club for the Vogar Cemetery, Box 6, Vogar, MB R0C 3C0.

Góða nótt Pabbi minn.

Good night my love...until we meet again.

Arrangements by:
ARNASON FUNERAL HOME
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OBITUARY



André Eugene Joseph Lafrenière
August 27, 1953 - August 08, 2022

It is with great sadness that the family of André Lafrenière announces his peaceful passing. He has gone home to be with his Gloria, his parents, and grandparents.

For those that knew André, and he knew a great many people as he would talk to everyone about anything, the most important thing to him was his family. As many people also know, our family is not only a blended family but also a family of the heart.

Born the second child of Alain and Rose Lafrenière, André was raised with siblings - Léon, Gilles (Joanne), Paul (Gloria) and Cécile (Bernie Lowe, dec) to have a strong sense of the importance of home, family and community. This was accomplished in many ways: weekends at the cabin, lending a hand or 10 to local farmers, church on Sundays, and community volunteering. However,

the large family celebrations, attended by all who could make it, is where the strong love of extended family is rooted. Birthdays, weddings and funerals are always attended, never missing an opportunity to connect and reinforce the strength of the family.

From his family's home to a family home of his own, André and wife Gloria (nee Baker) forged a new branch to the family tree. André worked for the Paper Mill in Pine Falls for over 35 years; we have all heard the mill stories, he had immense pride in his job but that always came second to his love of family and friends. André loved curling in both the men's league with Puck, his best friend, and in mixed bonspiels with his wife, Gloria. In the summer, you'd find him at the baseball diamond playing Slo-Pitch with the Mill electrical crew, "Ohm-Base".

On weekends, he would spend time with Gloria and his three girls: Chantelle (Josh), Neeks (Paul), and Bean (Adam); camping, trips to Winnipeg with the Naults, backyard bonfires, fishing or swimming at the family cabin in Hillside Beach.

Later in life, André welcomed Janice, Mat (Stephanie) and Merisa (Kyle) into his family. André delighted in teaching Janice and the kids the importance of family gatherings, the value found in extended family, and the strength to be found in community. Whether it was weekends at the cabin, family trips or visiting with extended family, the message remained consistent, its all about family. Like oil and water, a newly blended family doesn't always readily mix, but with time and perseverance we managed to create a rather large, loud, and loving family. A family that grew with new spouses, new "kids" and best of all grandchildren. André truly loved being a grampa and a pepere to Ashton, Hayley, Liam, Emily, Henry, James, Oliver, and Finnley. They will have great memories of pepere/grampa in the pool and ice cream on the deck.

The family has many great memories of our time together and have spent many hours reminiscing and telling André stories. We have all heard his stories of his grandparent's farm, large family gatherings with both his father's and mother's families, tales of his childhood, and stories about his large family. We have also heard a great many stories of his adventures with friends, hunting, fishing, curling, and of course his time spent at fly-in fishing lodges.

André was a master story teller and a master of the art of chit chat. We invite his friends and family to stop by Great Falls Community Hall on Sunday, August 28, 2022 from 1 to 4 p.m. to share stories and memories of André.

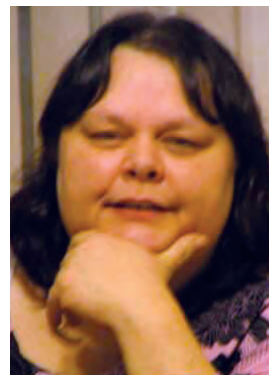
In lieu of donations, André's wish would be that you enjoy time with your loved ones.

Friends and family are invite to visit André's memorial page @interlakecremation.ca, where memories and condolences may be shared.

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OBITUARY



Sharon Kozub
August 28, 1961 - July 18, 2022
Born in Sudbury Ontario

It is with great sadness that we announce the passing of Sharon on July 18, 2022.

Sharon was predeceased by her father Regis Ross; sister-in-law Cindy Savorn (Ross); and nephew Ryan Ross.

Sharon is survived by her husband Ralph Kozub; daughter Sarah Kozub; grandchildren Damon Sanders, Satura Sanders, and Chance Gagne; in-laws Robert and Lorraine Kozub; Darcy and Roxanne Kozub, and Dale Kozub; five nephews and nieces; her mother Joyce Forest; step-father Maurice Forest; two brothers and two sisters, Randy and Sheryl Ross, Doreen and (Ivan) Landry, Mike Ross, Sheila Ross, and Pat Arsenaault; along with seven nephews and nieces, her cat Sammy and dog Cookie.

Sharon was a logical, no-nonsense person with a deep love for family, friends, and animals. She was a strong and giving person that always put others ahead of herself. She had been in poor health for some time. Despite that, she kept her sense of humor and loved life. Now she is no longer in pain.

You will be missed very much, Sharon.

A Celebration of Life will be held at the Arborg Legion on Saturday, August 20, 2022 at 11:00 a.m. Luncheon to follow.



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