



L.J. BARON
EST. 1953
Realty

Matt McSherry, REALTOR®
204-886-7585 (cell)
888-629-6700 (office)
Matt.ljbaron@gmail.com
www.ljbaron.com (web)

The **Claudette GRIFFIN** Group



Multi-Award
Winning Realtor®

SOLD



FISHER BRANCH 2 Beautifully treed Acres
"Handy Man Special" 1BR 1 Bath Home.



LUNDAR - \$369,900
471 Acres-currently used for Hay & Livestock,
2 Quarters fully fenced w/dugout.



STONEWALL - \$229,900 Hassle-Free
CONDO Living! 2 BR 910 sqft Immaculate 2nd
floor w/S facing Balcony. Great Investment!



LUNDAR - \$299,900
Spacious 1959 sqft 3 BR 2 Bath Family Home,
Screened in Deck/Insul Garage!

THE EXPRESS

WEEKLY NEWS

www.expressweeklynews.ca

VOLUME 11 EDITION 33 THURSDAY, AUGUST 15, 2024

LOCALLY OWNED HISTORY BOOK FOR THE COMMUNITY



ALL IN STOCK NOW

2024 TRX520 FOREMAN ES, RED
\$12,247⁰⁰
INCLUDES FREIGHT, PDI AND FEES

2024 RUBICON 520 DCT IRS, BLUE
\$13,300⁰⁰
INCLUDES FREIGHT, PDI AND FEES

2024 Honda CRF250F 250 cc
\$6,500⁰⁰ ALL IN PRICE

2024 Rubicon 520 DCT Deluxe Grey metallic
\$13,800⁰⁰
INCLUDES FREIGHT, PDI AND FEE

SHACHTAY SALES & SERVICE
Arborg, MB
204-376-5233



Iconic spirits

Susan Arnason, left, and Chris Brooks, in their traditional Icelandic clothing display some hard fish and Iceland's national drink Brennivín during Íslendingadagurinn.

EXPRESS PHOTO BY CORRINE EINARSSON

PINEVIEW BUILDINGS INC.

OUR FALL FAVOURITES ARE HERE!

12X20 LOFTED CABIN



RETAIL PRICE \$14,005⁸⁶
SALES PRICE \$13,005⁸⁶

10X16 GAZEBO



RETAIL PRICE \$6,782⁸⁶
SALES PRICE \$6,032⁸⁶

6X8 MINI MODERN



RETAIL PRICE \$3,732⁰⁰
SALES PRICE \$3,482⁰⁰

Ask about our flexible rent-to-own program!
(844) 928-0699
139092 HWY 326N, ARBORG, MB
FREE DELIVERY TO MOST LOCATIONS

pineviewbuildings.ca
info@pineviewsheds.ca

SERVING LUNDAR, ASHERN, ERIKSDALE, MOOSEHORN, FISHER BRANCH, RIVERTON, ARBORG, GIMLI, WINNIPEG BEACH, ARNES, MELEB, FRASERWOOD



CountrySide Home
building centre

Lot 1, Hwy 17 S, Fisher Branch, MB
204-372-8501

DR Tow-Behind Trimmer Mower PRO XLT

\$1999⁹⁹





Evolution Dance Company competes at nationals

By E Antonio

Evolution Dance Company dancers and instructors packed their makeup bags, dance shoes and costumes and travelled to Niagara Falls earlier this month.

Seven young dancers shined on stage at the Terpsichore Nationals and Top Dancer Competition July 1 to 6.

Terpsichore Nationals and Top Dancer competition is a multi-day event that celebrates and features the most talented dancers nationwide.

Qualifying dancers from across Canada had the opportunity to compete in the Top Dancer Competition. The dancers who received the highest scores in the Top Dancer Competition had the honour of vying for a medal on the Terpsichore Nationals stage.

Evolution Dance Company had an outstanding 18 dancers qualify for the Niagara Falls, Ont., national competition.

Evolution dancers competed at the Terpsichore Winnipeg competition in May. There, they were judged on their technique and performance skills in their dance routines.

The highest-scoring dancers of the Winnipeg competition qualified to compete at the Canada-wide Top



Channing Cruise and Veda Cline placed fifth overall in the Canada-wide competition for their lyrical duo "Halo" in the Mini Duos/Trios division.

Dancer competition including Rosslyn Zambon, Delanie Oleschak, Tavia Gibbons, Avery Gunter, Cali Grocholski, Ellie Yavis, Kynlie Liebert, Veda Cline, Channing Cruise, Elizabeth Smerchanski, Mila Teitsma, Grace Summers, Zoey Amirault, Madison Cooley, Annika Dyck, Chloe Einarsson, Sophie Amirault and Alyssa Loewen.



EXPRESS PHOTOS SUBMITTED

Seven Evolution Dance Company dancers competed in Terpsichore Nationals and Top Dancer Competition July 1-6 in Niagara Falls, Ont., after qualifying for the competition back in May. Pictured: Annika, Chloe, Alyssa, Grace, Channing, Veda and Tavia.

Only seven of these dancers participated in the Top Dancer Competition

Continued on page 7



UPGRADE YOUR HOME?

UPDATE YOUR INSURANCE BROKER.

Loving your new sunroom?

Upgrades to your home could change your insurance. Speak to your insurance broker for full coverage.



Find your broker today at IBAM.mb.ca.

Brokers in Your Area

GIMLI & SURROUNDING AREA

Brio Insurance
56 Centre Street
Gimli, MB R0C 1B0
204-642-8501

Garrick Insurance
61A Centre Street
Gimli, MB R0C 1B0
204-642-8591

Brio Insurance
33 Main Street,
Riverton, MB R0C 2R0
204-378-5172

Brio Insurance
315 Main Street
Arborg, MB R0C 0A0
204-376-2679

Garrick Insurance
54 Main Street
Winnipeg Beach, MB R0C 3G0
204-389-4883

One Insurance Group
12-3rd Avenue SE
Teulon, MB R0C 3B0
204-886-3791



Baker Law

CORPORATION

Do you have a current will?

Protect your family by having a current will, power of attorney and health care directive. Call us or stop in for more information and find out how we can help you.

Grant D. Baker

Barrister, Solicitor and Notary

Providing full time legal service to families and small businesses in Gimli and the Interlake.

GIMLI LOCATION

72 Centre Street, Gimli, MB
Our office is open 9-5 Mon to Fri
204-642-8681 or 1-866-487-5688

RIVERTON LOCATION

33 Main St. Riverton MB
Open Mon & Wed 9:30-4:30
204-378-5427

Arborg's Filipino community delights parade-watchers with culturally symbolic floats

By Patricia Barrett

Arborg's Filipino community really brightened up the Arborg Street Festival's parade last Friday with two culturally symbolic floats and plenty of cheer to spread around.

Although the Filipino community had taken part in a parade under the Arborg Fair and Rodeo about 15 or so years ago, Beverly Magaway said this was the first time they entered floats in the street festival's parade.

Both lavishly decorated floats are culturally symbolic of Filipino culture.

"The flower float represents one of the most famous festivals — the festival of the flowers — held in the summer capital of the Philippines. We call [the festival] Panagbenga, which means season of blooming," said Magaway, who has lived in Arborg with her family for 16 years.

The second float featured a house and is a replica of a Philippine cultural icon called the bahay kubo, which is a rural house that's supported on stilts. The house represents the spirit of community unity, in which people would come together when others needed help.

"In a small Philippine community in the old days when someone needed help moving their house, their bahay kubo, to another spot, people would get together and [physically] carry the house to the new location," said Magaway.

A recent Philippine newcomer to Arborg — who was recruited to work in the agriculture sector — was the mastermind behind the two floats, said Magaway. Jai Umali, who has a background in and flair for design, along with his friend Rachele Mangunay and others in the community, helped put together the floats.

"Jai used to work as a florist in the Middle East and as a food decorator



Members of the Arborg Filipino community.

and he is very talented," said Magaway. "He made some of the flowers for the float out of paper towels that he spray-painted pink and purple. And we supplied some scrap materials that he turned into a canopy for the flower float and other features."

After a few families settled in Arborg, the Filipino community began to grow with newcomers from the Philippines being recruited by local businesses to work in the agricultural, food service and health-care industries, she said. Early this year there was another influx of people from the Philippines that were recruited by the Interlake-Eastern Regional Health Authority.

"We carry on our tradition of helping others in the community," said Magaway, who has been running her own business, Magaway Cleaning Services, for seven years. "We have our own Filipino group chat and when someone reaches out for help, we can help. We have an annual Christmas party and we take part in Arborg's Cultura-ma, which is coming in September. We consider Arborg our second home because the atmosphere is similar to where we came from and the cost of living is reasonable."



The flower float pays homage to flowers and the Philippine festival called Panagbenga. The details and care that went into designing the elaborate and eye-catching float was nothing short of amazing.



EXPRESS PHOTOS BY BEVERLY MAGAWAY AND CORRINE EINARSSON
Members of Arborg's Filipino community helped organize the creation of two culturally symbolic floats for Arborg's annual street festival last weekend. The bahay kubo, or house on stilts, is shown here.



The bahay kubo, or house on stilts, symbolizes community unity and a willingness to help others.



Jai Umali in front of the flower float he designed with help from the Arborg Filipino community.



Kids from the Filipino community got to ride on the lavish flower float.

LEVOLOR

20% OFF Roller & Banded Shades and **15% OFF** All other blinds and Shades

Offer valid now till August 24, 2024

Arborg Home hardware building centre

Here's How.

451 Main Street, Arborg

204-376-3090

ArborgHomeHardware.ca
sales@arborghhbc.com



Celebrating Icelandic culture

EXPRESS PHOTOS BY CORRINE EINARSSON

The 135th Íslingadagurinn was celebrated in true community spirit over the August long weekend. The four-day Icelandic Festival of Manitoba stands out as one of the province's most significant and beloved summer festivals and is North America's second longest continually running ethnic festival. Gimli's Icelandic roots and rich Icelandic heritage and traditions of New Iceland were showcased through music, sports, family fun and delicious food. Kerrine Wilson is the 100th Íslingadagurinn Fjalkona Maid of the Mountain.

Pictured, bottom right, eight-year-old Leah Bobbee got to meet the strongest man in the world Magnus Ver Magnusson from Iceland. He holds the title from 1991, 1994, 1995 and 1996.



The 135th Icelandic Festival of Manitoba celebrates with parade in Gimli

By Patricia Barrett

People lined the streets of Gimli last Monday to enjoy the sights and sounds of the Icelandic Festival of Manitoba's parade.

The parade always has a colourful collection of floats and a diverse array of participants to help mark the annual celebration.

The festival, which ran from Aug. 2 to 5 this year, is always chock-full of events that bring thousands of visitors to Gimli. In addition to the parade, events included a sandcastle-building contest, beach volleyball, oversized board games, crafts vendors, a family scavenger hunt, an Icelandic fashion show, a strongman competition, running races, an art show, Viking battles, an historic Viking settlement, midway rides for the kids, musical entertainment and fireworks.



Pala Hallgrimsdottir of the Icelandic National League, which promotes Icelandic heritage.

The festival also features a traditional program that celebrates Icelandic culture and is presided over by the Fjallkona, who personifies Iceland.



EXPRESS PHOTOS BY RAVEN

Cari Ann Dorian in a carriage pulled by her miniature horse Butterscotch, along with her friend Mark riding Spirit.



Access Credit Union had a very colourful float.



Disney characters Neptune, Ariel and Sebastian.



Gudrun Hafsteinsdottir, Iceland's minister of justice, visited Gimli and took part in the parade.

Manitoba Hydro reports employee death in Interlake

By Patricia Barrett

A Manitoba Hydro employee who was performing duties at one of Hydro's work sites in the Interlake died last week, but the Crown corporation is not releasing the location or the employee's name to protect the family's privacy.

The employee was performing work related to a power outage when the death occurred.

Hydro said in a news release that it was with "heavy hearts and great

sadness" to report the fatality.

"Our deepest sympathies go out to the individual's loved ones, friends and coworkers," said Manitoba Hydro president and CEO Allan Danroth in the Aug. 8 release. "We are devastated to lose a member of our Manitoba Hydro family. The safety of our employees and customers is our top priority and we are committed to fully investigating the cause of this tragedy."

Media relations officer Peter Chura

told the *Tribune* that the utility is not releasing the deceased's name out of respect for the family.

"We're respecting the privacy of the employee's family and giving the community time and space to grieve this tragedy," said Chura.

The employee had been investigating a "no-power call" and attended on their own, which Chura said is a common as an initial response across the system. The cause of the fatality is yet unknown.

"As we stated yesterday [in the news release], it is too early to speculate on any specific cause, and we are committed to and have started to investigate this tragedy and are cooperating with the other appropriate authorities who are investigating, including Manitoba Workplace Safety and Health," said Chura.

The news release said there is no risk to public safety.



PUBLISHER
Lana Meier



SALES
Brett Mitchell



REPORTER/PHOTOGRAPHER
Kieran Reimer



REPORTER/PHOTOGRAPHER
Jennifer McFee



ADMINISTRATION
Corrie Sargent



REPORTER/PHOTOGRAPHER
Patricia Barrett



REPORTER/PHOTOGRAPHER
Ty Dilello



DISTRIBUTION
Christy Brown



PRODUCTION
Debbie Strauss



PRODUCTION
Nicole Kapusta



ADMINISTRATION
Jo-Anne Procter



ADMINISTRATION
Allana Sawatzky



PRINT
Dan Anderson

OUR SISTER PUBLICATIONS



get informed

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS

Adults with disability, children under 18 now eligible for federal dental plan

By Patricia Barrett

The federal government recently expanded eligibility to its Canadian Dental Care Plan (CDCP) and now includes adults with a valid disability tax credit certificate and children under 18.

Subsidized dental care is a first for Canada. With encouragement from the federal NDP, the Liberal government introduced the first phase of a subsidized dental program in December 2022 with the aim of improving the oral health of millions of Canadians lacking private dental coverage.

The program will be rolled out in phases.

Canada's health minister Mark Holland and minister of northern affairs Dan Vandal made an announcement in Winnipeg in late June about enhanced eligibility to the program. The two new groups represent over a million more Canadians that will soon have access to more affordable oral health services.

"Expanding eligibility to the CDCP to children under the age of 18 and to adults with valid Disability Tax Credits will mean that more than one million additional Canadians will have affordable access to the oral health care they need," said Holland

in a June 27 news release from Health Canada. "This is about fairness and making sure people have access to the care they need to be healthy and have the dignity they deserve."

The federal government's program pays a percentage of the cost of dental services for Canadian residents who don't have access to private dental health insurance, who have a net family income of less than \$90,000 and who filed an income tax return.

The CDCP helps make dental care more affordable for up to nine million Canadians who don't have dental coverage.

The federal government had launched the plan for in December 2022. The interim program was called the Canada Dental Benefit (CBD) and helped lower dental costs for almost 450,000 kids. That program expired on June 30 and parents or guardians can now apply for the CDCP.

Eligible seniors aged 65 years and older can also sign up for the CDCP.

Over two million seniors have been approved to receive coverage under the plan since its launch, and since May 1, more than 200,000 have used the plan for oral health services such as cleanings, fillings and dentures, states the release.

Sun Life is administering the program. Those eligible for the CDCP will receive a welcome package from the insurance company within three months of applying for the program. It will contain information on their coverage start date and what services are eligible for coverage.

There are over 11,400 oral health providers such as dentists, denturists and hygienists currently providing services to people eligible for the CDCP. People who don't have a dentist or other oral health provider can use Sun Life's CDCP Provider Search service to find one in their community.

As of July 8, oral health providers which aren't part of the CDCP program can bill Sun Life directly for any care they provide to a CDCP client. Those providers don't have to formally participate in the program.

CDCP participants may have to pay additional dental charges depending on what services they received and the cost of those treatments.

Eligible Canadians between the ages of 18 and 64 will be able to apply online in 2025 for the CDCP.

Visit Canada.ca/dental for more information.

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@expressweeklynews.ca. Please include your name, address, and phone number for confirmation purposes.

ADVERTISING OR PRINT CONTACT INFORMATION

Lana Meier 204-292-2128
ads@expressweeklynews.ca

PHONE 204-467-5836
FAX 204-467-2679

OUR EDITORIAL STAFF

Patricia Barrett - Reporter/Photographer
Cell 204-407-6099 patricia@expressweeklynews.ca

PAPER DELIVERY OR FLYER CONCERNS

Christy Brown, Distribution Mgr.: 204-467-5836

The Express Weekly News is published Thursdays and distributed through Canada Post to 11,396 homes. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we connect people through stories to build stronger communities.



> **EMAIL US**

Letters to the Editor: news@expressweeklynews.ca
Classifieds: ads@expressweeklynews.ca
News: news@expressweeklynews.ca
Print: igraphic@mymts.net

ADDRESS

74 Patterson Drive, Stonewall Industrial Park
Box 39, Stonewall, MB R0C 2Z0

Advertising Deadline: Monday 4:00 pm prior to Thursday Publication

View the Express Weekly News online at www.expressweeklynews.ca

Funded by the Government of Canada



SRHC internship offers memorable experience

By Jennifer McFee

A recent graduate now has a jump start on his career thanks to a successful internship experience at Selkirk Regional Health Centre.

When Larry Denisiuk wrapped up his last day of job shadowing on June 25, he could hardly believe how quickly the time went by. He had embarked on the internship on March 2, not knowing quite what to expect.

"My initial assumptions were that it would be a chaotic experience and would put me under a lot of stress. But now that I am finished shadowing this job, I have realized that it was quite, in fact, the opposite," said Larry, who attended Springfield Collegiate Institute in Oakbank.

"There definitely were times that I experienced chaos and stressful situations, but the team at SRHC managed to de-escalate these stressful situations with such professionalism, hard work, dedication and, most of all, teamwork."

One of the biggest lessons he learned is that resilience is key to success. Another takeaway is the importance of teamwork, particularly in the busy hospital setting.

"Every department I went to at SRHC had a team of bright-minded, passionate, comedic, helpful and encouraging staff. Everyone helped each other out, no matter what the situation was. Additionally, people would teach other co-workers efficient ways of doing procedures or show them something new. I found that these encouraging teams helped everyone get

through the day," he said.

"They make the day a lot more positive, uplifting and joyful, which is not what many people would expect when working at a hospital. The teams at SRHC definitely have each other's backs, and that allows patient care to be improved. One thing that stood out to me the most was how every team I went to accepted me and were very kind to me. They treated me as if I had always been a part of the team, which made me feel very appreciative."

Lori Buors, Interlake-Eastern Regional Health Authority's Indigenous human resources officer, expressed gratitude for all the staff involved in creating this positive experience.

"There is an outstanding team at the Selkirk hospital who welcomes high school internship students," she said. "A big thank you to all the staff."

It was an enjoyable and educational experience for Larry, whose favourite departments included the lab, diagnostic imaging and the emergency room.

"They are all related to my field of interest, which is medical microbiology and infectious diseases," he said, "and these departments have strengthened my passion for this field of science."

In the end, Larry said he learned a lot of lessons through the internship opportunity.

"I recommend this job shadowing experience to any high-schooler who is thinking of pursuing a career in medicine or any career that in-



EXPRESS PHOTO SUBMITTED

Left to right: X-ray technologist Sloan MacDonald, X-ray technologist Kieran Svencicki, internship student Larry Denisiuk and senior X-ray technologist Kathleen Honke.

volves biology, chemistry or physics. The amount of jobs related to health care is definitely something for high-schoolers to consider and is a field in high demand," he said.

"This experience is, without a doubt, one that I will remember for the rest of my life."

Larry was selected as a BMO Financial Group Leader of Tomorrow and received a \$16,000 scholarship to attend the University of Manitoba, where he will work towards his bachelor of science degree (honours) with a co-op option in microbiology. His

other recent volunteer work includes roles with Oakbank Animal Hospital, Winnipeg Folk Festival and Folklorama.

> DANCE, FROM PG. 2

to compete among the best of the best.

Evolution dancers stole the stage with several Jazz and Hip Hop solo performances:

- Part Time (12 & Under) Top Dancer - Tavia Gibbons (7) Hip Hop Solo "2 Cool 4 School"
- Mini Top Dancer - Veda Cline (9) Jazz Solo "Diamonds"
- Junior Top Dancer - Grace Summers (10) Jazz Solo "Look At Me"
- Junior Top Dancer - Channing Cruise (10) Jazz Solo "On Broadway"
- Teen Top Dancers - Annika Dyck (14) Tap Solo "I, Question Mark"
- Teen Top Dancers - Chloe Einarsson (15) Jazz Solo "Go This Far"
- Senior Top Dancer - Alyssa Loewen (18) Hip Hop Solo "TKO"

Associate director and instructor Miss Jessie Wynnyk and fellow instructor and sister Miss Jenna Wynnyk accompanied the talented students to the competition and organized sight-seeing events.

"This was our first time at Terpsichore Nationals, and we hope to go again in the future," said Jessie Wynnyk.

Throughout the week, Evolution dancers were busy with

various activities. They attended auditions, took part in training classes, performed to their best and even got to see the awe-inspiring Niagara Falls.

Their biggest smiles lit up the stage, creating unforgettable memories.

"This fun week was filled with amazing dance and we can't wait to get back in the studio and keep learning and growing as dancers and as teachers," Wynnyk exclaimed.

EDC also had three dance routines qualify to compete in the Terpsichore Nationals segment of the competition:

- Alyssa Lowen Lyrical Solo "Where I Stood"
- Channing Cruise Ballet Solo "Sleeping Beauty"
- Veda Cline and Channing Cruise Lyrical Duo "Halo"

All the dancers impressed the judges and gave their best performances on stage. Ultimately, Veda and Channing walked away with fifth place in the Mini Duos/Trios division for their stunning lyrical duo routine.

"We are so proud of all qualifying dancers and are thrilled that the seven who attended were able to have this experience," Wynnyk added.

Evolution Dance Company is endlessly amazed at the workmanship, dedication and love that its dancers share with others while performing.

They are excited to see their dancers dazzle on stage for the 2024-2025 season.

Winnipeg Beach Legion Br. 61
20 Hamilton Avenue, Winnipeg Beach

Fall Craft Sale

September 21 (10:00 – 3:00)

Various Crafters, Vendors,
Ukrainian Food,
Baking, Canteen and more!

To book tables call 204-389-2660 and leave message or email rclbr61@gmail.com.

All events are cash only

THE Flicks CINEMA

319 First Street E., Stonewall, MB

SHOWTIMES:
Please check individual listings
Due to various picture lengths showtimes vary

204-467-8401
PROGRAM SUBJECT TO CHANGE WITHOUT NOTICE
Cash only

TRAP
Coarse Language; Violence **PG**

**FRI-THURS AUG 16-22
OPEN TUESDAY
at 7:30 pm Each Night**

INSIDE OUT 2
Animated **G**

**FRI-THURS AUG 23-29
OPEN TUESDAY
at 7:30 pm Each Night**

RM of Gimli partners with American company to offer online STR application

By Patricia Barrett

The RM of Gimli is using Localgov software to provide the operators of short-term rentals (STR) with an ability to apply online for their licence and pay their fees.

The service started on July 26, and the RM's short-term rental licence application form is available to submit on Localgov.

"Say goodbye to paperwork and hello to the convenience with our new online application forms. Whether

you're renting out your cozy cottage or your beautiful home, if your rental period is less than 30 days, we've got you covered," states an Aug. 1 news release on the RM's website. "... start your application and join the community of responsible short-term rental operators in Gimli. Let's make your hosting experience as delightful as your guests' stay!"

Short-term rental operators using the service will be linked to Localgov, which is a municipal revenue man-

agement program offered by Azavar.

Azavar is a technology company that serves local governments, according to its website. Its software system allows for the collection and monitoring of taxes, and forms can be customized to the specific to the needs of a community. The website is owned by Azavar Government Solutions and Azavar Technologies, which have a Chicago, Ill., address listed on the website.

The RM's news release says the

service facilitates "secure and convenient online applications and payments" and "secure processing that keeps your data safe."

STR operators can set up an online account using the following address: <https://tax.localgov.org/login>. Anyone who needs assistance can contact Localgov customer service at 1-877-842-3037 or service@localgov.org.

get inspired

> MEAL IDEAS

Mixed Berry Whole-Wheat Muffins

Community Support Service

A.A Meeting in Ashern is postponed for August 9th

Next A.A Meeting is August 23rd at 6pm.
Location: #11 2nd Ave North - Pioneer Manor (beside the main door entrance of Pioneer Manor)
Contact Jackiem.lwrc@gmail.com

AA Eriksdale

Eriksdale United Church building #7 Main Street, Eriksdale (side door)
Meetings are Mondays at 6:30 p.m.

AA Winnipeg Beach

Lady of the Lake RC Church Corner of Hwy. 9 and Lake Ave., Winnipeg Beach

Meetings are Saturdays between 7 and 8 p.m.

Contact Ann J 204-389-3417

Gimli Group AA

Bldg 18 Municipal Rd Industrial Park

Fri & Sun Mtgs at 7:30 pm

Al-Anon Gimli and Winnipeg Beach

Join us at 17B Loni Beach Road, next to New Horizon building... Gimli at 7:00 pm Wednesday evenings for an hour of support, strength, guidance and Hope. Contact 204-389-4777.

All ages welcome.

AA Riverton Group

12 Main St. at the Riverton Senior Centre Mondays 7:30 p.m.

Recipe courtesy of Healthy Family Project

Prep time: 5 minutes

Cook time: 15 minutes

Servings: 12

- 1 1/4 cups white whole-wheat flour
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1/8 teaspoon salt
- 1 large egg
- 1/2 cup maple syrup
- 2 teaspoons vanilla extract
- 3/4 cup plain nonfat Greek yogurt
- 3/4 cup unsweetened applesauce
- 1/2 cup chopped strawberries
- 1/2 cup blueberries

Preheat oven to 400 F. Grease muffin pan and set aside.

In medium bowl, whisk flour, baking



powder, baking soda and salt. In separate large bowl, mix egg, maple syrup, vanilla, yogurt and applesauce.

Add dry ingredients to wet ingredients and stir until just combined. Do not overmix. Fold in strawberries and blueberries.

Pour batter into prepared muffin tin, filling cups about 3/4 full.

Bake 15 minutes, or until tops are golden brown and toothpick inserted in center comes out clean.

Remove from oven and let cool in muffin tin 5 minutes before removing.



Blackened Spatchcock Chicken

Heat grill to 375-400 F.

Use kitchen shears or knife to remove backbone from chicken to lay flat. Remove rib cage, if desired, or push flat with hands.

Mix butter, heat-and-sweet seasoning and garlic powder. Using meat injector, inject mixture into chicken. Rub remaining buttered seasoning over chicken and season with salt and pepper, to

- 1 whole chicken
- 1 cup melted butter or ghee
- 2 tablespoons heat-and-sweet seasoning
- 1/2 tablespoon garlic powder
- salt, to taste
- pepper, to taste

Parmesan Potato Wedges

Recipe courtesy of "Cookin' Savvy"

- 5 golden potatoes
- 2 cups grated Parmesan cheese
- 1 tablespoon garlic powder
- 1 tablespoon onion powder
- salt, to taste
- pepper, to taste

1 cup oil, for drizzling

Boil whole potatoes 20 minutes. Remove from water and slice into wedges. Heat oven to 375 F.

In medium bowl, mix Parmesan cheese, garlic powder and onion powder. Add salt and pepper, to taste.

Dip wedges in Parmesan mixture, covering potatoes well. Place on cookie sheet drizzled in oil then drizzle oil on wedges. Bake 15 minutes then turn wedges over and bake 15 minutes.



taste.

Place spatchcock chicken breast-side up over indirect heat and cook 35-40 minutes.

When internal temperature reaches 145 F, flip chicken breast-side down over direct heat 5 minutes, or until internal temperature reaches 165 F.

Let rest 10 minutes before serving.



**ARBORG & DISTRICT
MULTICULTURAL
HERITAGE
VILLAGE
CAMPGROUND**

**ARBORG HERITAGE
VILLAGE**

FARMERS MARKET
WEDNESDAYS 10 - 3
BEGINNING JULY 3RD.

DAILY TOURS 10 - 4;
SUNDAYS 12 - 4

CAMPING - HYDRO, WATER,
WASHROOMS & SHOWERS

From traditional to contemporary, we provide services to match what you want. **Just ask Ken.**



**KEN LOEHMER
FUNERAL SERVICES**

55 Main St, Teulon Call 204-886-0404 or visit www.klfuneralservices.ca

Fisher Branch Chase the Ace pot grows to a whopping \$178,800

By E Antonio

Imagine this: you stroll into the Fisher Branch Recreation Centre, excitement buzzing in the air. The atmosphere is electric as community members gather for a chance at life-changing fortune.

This weekend, you could find yourself over \$178,800 richer! Yes, that's right — Chase the Ace is back and better than ever. With only 11 cards left to choose from, your luck might just be waiting around the corner.

The Fisher Branch Chase the Ace Board Incorporated fundraises for 12 non-profit organizations in the community.

"The organizations are geared towards kids' stuff such as mental health and kids' music programs," said Chase the Ace Board Inc. president Karl Barrett.

In 2018, the Fisher Branch Chase the Ace Board Inc. started hosting weekly Chase the Ace games every Friday at the Fisher Branch Recreation Centre. The organization has hosted a game every Friday except during COVID when they had to pause.

"It is a good fundraiser as every group is looking for extra funds," said Barrett.

He explained that once the ace is found, the 12 organizations will evenly split 35 per cent of the pot.

Fisher Branch Chase the Ace Board Inc. models their games after the



The Fisher Branch Chase the Ace prize pot is at a massive \$178,800 and growing. With only 11 cards left, someone can expect to go home richer this Friday or in the upcoming weeks.

Chase the Ace games being held in the Pas.

"It seems to work well over there, so we just keep doing things the same way here."

The Fisher Branch Chase the Ace pot is currently at \$178,800 and is quickly growing.

"Last week we added about \$6,000 to the pot," exclaimed Barrett.

The last time the pot was this big was last fall when a resident won \$231,000.

If you feel lucky, go to the Fisher Branch Recreation Centre Fridays from 6 to 9 p.m. and buy some tickets for the Fisher Branch Chase the Ace Board Inc. weekly draw.

You can purchase a strip of 10 tickets for \$20. If your ticket is drawn, you can walk away with 15 per cent of the



EXPRESS PHOTOS SUBMITTED

The parking lot at the Fisher Branch Rec Centre is packed full of people hoping they have the lucky ticket for Chase the Ace every Friday.

evening's ticket sales and take your pick at the remaining deck of cards. The current prize pot will be yours if you can find the ace of spades.

The live raffle happens at 9:30 p.m. sharp, and you must be present at the draw to claim your prize. You have 10 minutes to bring your ticket to the front to prove you are the lucky winner.

"It used to be only five minutes, but the winners sometimes find swimming through a mob of people to be a challenge," said Barrett.

If you ever get hungry throughout the night, the canteen is open to satisfy your hunger. The canteen is gra-

ciously run by volunteers, so be sure to give them your greatest thanks.

Barrett mentioned that they normally also have a big TV set up so you can watch the Bomber or Winnipeg Jets game while you wait to see if you are walking away with the grand prize.

There are only 11 cards left to try and find the ace. The grand prize can be yours only if you stop by the Fisher Branch Recreation Centre this Friday to buy your tickets.

To see any updates about the growing Chase the Ace pot and a video of the weekly draw, head over to Fisher Branch Chase the Ace's new Facebook page.

Carlo's Cucina being featured on Dish with Mary

By Becca Myskiw

Carlo's Cucina is leaving its mark on the world, and they've caught the attention of a national television show.

In the upcoming season, *Dish with Mary* will feature Carlo Guzzi of Carlo's Cucina. Mary Mammoliti is a blind chef who navigates her way from the kitchen to Canadian chefs' backyards. Each episode focuses on one chef, one dish and one-star ingredient. Mary visits each chef's restaurant and the communities they sit in.

For Guzzi, this meant Mary coming to Winnipeg Beach. The show contacted him a while back, asking if they could feature Guzzi and Carlo's Cucina as a top-notch burger restaurant in Manitoba.

"I said, 'is this real?'" said Guzzi. "The first thing I did was I cried because I felt like that was my calling. It was like wow, someone finally noticed."

Being a three-time Le Burger Week

winner, Guzzi knows people have noticed his burgers before. He knows he makes good food but is constantly wondering if it's good enough, and getting the invite for the show was like an answer to his questions.

"When those types of things happen and get thrown at you, you're like 'wow, OK, we're at the top of our game right now,'" he said. "And there's no better position than being at the top."

Dish with Mary came to Carlo's Cucina in mid-July, and from when they arrived to when they left, there were barely any free seats in the restaurant. Guzzi said they had asked him how many people he called, and he told them he was always that busy. He often told people to take their business elsewhere for the night because he could take on no more orders.

The show sat Guzzi down for an interview and asked for his origin story. He grew up in his mom's restaurant,

punching potatoes, working the till and taking orders. He soon started working in other restaurants around the province, and with a push from his mom, Guzzi decided to go to culinary school in Calgary.

There, his chef told him he was "much greater than this," and Guzzi came back to Winnipeg after graduating, ready to start his own kitchen. He started working out of the Elmwood Curling Club and eventually opened Carlo's Cucina in the Interlake. Guzzi said he owes everything to his mom because he would never have taken the leap without her.

After his interview, Guzzi took the *Dish with Mary* crew fishing on Lake Winnipeg so they could get a real taste of his origins and his home. Guzzi spent all his free time fishing as he grew up, and he still fishes as often as possible. Though they didn't catch anything that day, Guzzi helped Mammoliti cast for the first time, and

he showed them the real Interlake.

"I do this now for the community," he said. "I'm beyond grateful for the community to be in my corner and to support me. I want to put the Interlake on the map."

Guzzi will visit Mammoliti's kitchen in September to cook her signature dish. He'll create a walleye ceviche, a Peruvian dish that includes raw, marinated fish and citrus. Guzzi is making his with walleye as an ode to home.

"I don't want you to be able to watch the show and think you have to be a culinary chef in order to put this meal together," he said. "That's incorrect. I'm doing it because I want people to understand that you don't have to be in the culinary world in order to make nice, fine dining."

Guzzi's episode of *Dish with Mary* will air on Feb. 14, 2025.

Winnipeg Metropolitan Region and Plan20-50 spark municipal and public concern

City of Selkirk 'forced' into WMR and wants out

By Patricia Barrett

A meeting held in late July by the Capital Planning Region — which operates under the name the Winnipeg Metropolitan Region (WMR) — resulted in a flurry of public concern about what the WMR's land-use plan will mean for residents of the 18 municipalities that are members of the corporation, as well as for people living in municipalities outside the WMR's boundaries.

A second public meeting WMR scheduled in Niverville on Aug. 8 led to the RCMP being called in after hundreds of Manitobans showed up and tried to get into the hall, which was over capacity. The WMR said it will reschedule the meeting to a future date in a larger venue.

If you haven't heard of the Winnipeg Metropolitan Region and what it does, you're not alone. The WMR has been operating quietly for the past few years with little public communication and with pared-down media attention about its purpose, what it can do with the legislated powers the former provincial government gave it, and how powers currently held by its member municipalities can be potentially sidelined.

The City of Selkirk is pulling no punches when it comes to its feelings about being a member of the WMR: it wants out.

Selkirk's chief administrative officer Duane Nicol said Selkirk had been a "voluntarily" member of a previous iteration of the region in the 1990s under then City of Winnipeg mayor Susan Thompson. Collaborating with other municipal governments can be "a great thing" as long as it's voluntary and municipalities maintain the authority to govern their own jurisdictions.

But Selkirk had been "forced" to join the new Capital Planning Region/WMR, which was created by the former provincial Conservative government under Brian Pallister. And it will have to abide by the policies set out in the WMR's yet-to-be-adopted by-law or land-use planning document, which is titled Plan20-50: A Regional Plan for the Winnipeg Metropolitan Region.

"Plan20-50 is a regional plan that all 18 member municipalities will have to follow, and it will [supersede] municipal development plans and municipal planning district policies. Effectively, it's a new level of govern-

ment that has been created by Bill 37," said Nicol, who has been CAO since 2014 and served on council from 2002-2014. "The City of Selkirk has resolutions from council and it has gone on record stating that we don't want to be part of Winnipeg Metro Region. We were forced into this. There was no consultation. We think this is bad for Selkirk residents and we think it will harm Selkirk in the long run. So we formally objected. We've also asked the minister to release us from this group."

Nicol spoke at the first public hearing on Plan20-50 that the WMR held on July 25 in Winnipeg, saying the former government "used no data" to define the boundaries of the WMR. It just threw Selkirk into the mix without asking whether it wanted to join and against the "expressed unanimous opposition" of Selkirk's council.

"Selkirk is not included within the Statistics Canada's Census Metropolitan Region for Winnipeg because it does not meet the social and economic standards set out for inclusion by this expert body. Neither the province nor the Capital Planning Region can justify Selkirk's inclusion within the region using any credible, defensible, social and economic rationale," Nicol had stated at that meeting. "There was no data, research or study that was conducted when the boundaries of the region were established. In fact, the boundaries were established against the most credible and valid analysis available — the work of Statistics Canada."

When they were in power, the Conservatives introduced Bill 37, now called The Planning Amendment and City of Winnipeg Charter Amendment Act, to make changes to two pieces of existing legislation. The bill passed and came into effect in May 2021.

The legislation's intent was to provide planning regions; it established the Capital Planning Region/Winnipeg Metropolitan Region and determined what RMs would be members. The legislation also allows for the creation of other municipal conglomeration, if so desired. It permits local land-use decisions to be subject to appeal to the Manitoba Municipal Board, which is a quasi-judicial tribunal that hears planning and property assessment appeals.

The 2021 Act directed the WMR to establish a bylaw (Plan20-50) to guide land-use planning for all 18 municipalities. The WMR gave the bylaw first reading on June 13.

Nicol said there's a three-year window allowing for a statutory review of the 2021 Act, and that's happening



MAP COURTESY OF PLAN20-50

The 18 municipalities that make up the Capital Planning Region, which operates under the name Winnipeg Metropolitan Region (WMR), are the City of Winnipeg, City of Selkirk, Town of Niverville, Town of Stonewall, Village of Dunnottar and the rural municipalities of Cartier, East St. Paul, Headingley, Macdonald, Ritchot, Rockwood, Rosser, Springfield, St. Andrews, St. Clements, St. François Xavier, Tache and West St. Paul.

right now. But rather than "pausing ... the WMR ... and actually giving consideration to whether [it's] a good idea or not" for all involved, they're signalling that they're moving forward with Plan20-50 despite this review.

"This is one of the problems we have with the process they've adopted. They're still pushing hard to get Plan20-50 approved," he said.

It will be approved if second and third readings pass.

It's unclear whether there'll be any changes made to Plan20-50 with respect to feedback provided at the public meetings — both of which the WMR is required to hold under the Act, said Nicol.

"Technically, they have the ability to do that and I would hope that if they get any useful feedback, they can use it to improve the plan. I'll assume they're giving that a good review and consideration," he said.

Plan20-50's purpose is to create a sustainable and economically viable region, according to a statement by WMR chair Michael Moore (a provincial government appointee) that's provided in the preface of the document. The 30-year plan represents a collective effort to embrace "region-

alism" that was developed through an inclusive process and "extensive collaboration" among the 18 municipal members. And it "made room for all stakeholders to provide input." Moore believes Plan20-50 will contribute to the betterment of the region.

WMR members are the City of Winnipeg, City of Selkirk, Town of Niverville, Town of Stonewall, Village of Dunnottar, RM of Cartier, RM of East St. Paul, RM of Headingley, RM of Macdonald, RM of Ritchot, RM of Rockwood, RM of Rosser, RM of Springfield, RM of St. Andrews, RM of St. Clements, RM of St. François Xavier, RM of Tache and RM of West St. Paul. The WMR board has mayors, reeves and councillors from those jurisdictions, as well as provincial appointees.

The plan addresses broad areas such as climate resilience, the protection of water, land and natural resources, reconciliation with Indigenous peoples and technological advancement. Drilling down, it has policies for areas such as housing, community growth, water and wastewater, transportation, job creation and agriculture.

There are a number of regional plan-

> PLAN20-50, FROM PG. 10

ning “schedules,” which have yet to be created to guide future development and which will align with Plan20-50. These schedules include a Regional Housing Strategy, a Regional Transportation Master Plan, a Regional Natural Assets Network Plan, a Regional Agricultural Master Plan and a Regional Climate Action Plan.

Plan20-50 states that the Regional Climate Action Plan, for example, will “align efforts regionally to reduce greenhouse gas emission, enhance energy efficiency and support adaptation.” These appear to be laudable goals intended to benefit people and the environment, but there are no details on how they’ll be achieved.

Nicol said he thinks there are a number of reasons Plan20-50 has given rise to some public confusion and ire — this in a matter of days since WMR’s first public meeting on July 25.

The reasons range from a relative lack of communication from the WMR itself about what it does, its “motherhood and apple pie” statements that make everything sound so good when it does communicate, a lack of mainstream media coverage that could have provided the public with an overview of what the WMR is and the power this corporation has to override municipal authority and taxation, and the fact that there are so many unknowns regarding what land-use planning and other policies will look like as they have yet to be created. Without details of how Plan20-50 plan is going to affect municipalities and their ratepayers, it’s difficult for people to make informed judgments.

What is known is the power that the WMR possesses under the legislation, said Nicol.

“Let me start by talking about the structure of the [WMR] because that will provide you with some sense of how impactful Plan20-50 could be. Structure is important because it gives this plan teeth. The Winnipeg Metro Region is basically an overarching second-tier level of government. In legislation they have the power of [land] expropriation and they have the power of indirect taxation,” said Nicol. “This group can take land from anybody, including municipalities, for any reason they deem necessary. And they can sell it to somebody else. That’s a Crown power; that’s why it’s called a second-tier level of government. They also have the power of indirect taxation; they can levy a charge against a local municipality [such as Selkirk] and send us an invoice. We’d have no ability to argue or dispute that charge and we, in turn, would have to put that onto the backs of our taxpayers.”

And down the line if the WMR says it needs more money, the provincial minister can raise the minimum that can be charged to municipalities, and by extension to its ratepayers, said Nicol. Expropriation and indirect taxation are not addressed in the Plan20-50 document but in the legislation itself.

“That’s the problem with Plan20-50: it assumes you know all this [background legislation and regulations],” he said.

Another issue with structure is the power the City of Winnipeg has to essentially “veto” any WMR decision by virtue of its population size, he said. For anything to pass, Winnipeg would have to vote in favour of it.

With regard to Plan20-50 itself, Nicol said there are “lots of good ideas” in it. But at the same time, it wades into areas that go “above and beyond” land-use planning such as design and standards, recreational services delivery, emergency service delivery, waste management, asset management, greenhouse gas tracking, monitoring and target-setting, as well into areas that have traditionally been the responsibility of municipalities.

“Plan20-50 sets out a big area of public policy that the Winnipeg Metro Region will be responsible for, but it doesn’t give any details. This will be done piecemeal after the fact [after it’s adopted]. And municipalities will be governed by those things,” said Nicol. “That’s one of the reasons Selkirk is quite concerned. These are broad and expansive powers the WMR is taking out of the hands of municipal governments.”

The plan indicates that specific areas such as downtown Winnipeg and CentrePort in the RM of Rosser are ideal targets for development. And that could come at the expense of other municipal governments that are trying to attract economic development to their areas.

“We’re investing a lot in economic development in Selkirk, and we’d be working against the WMR because they’ll be looking to direct more and more development to targeted areas,” said Nicol.

It would be in keeping with democratic practice to allow municipalities to bring Plan20-50 to their ratepayers, review its goals and open up debate, he added.

“Why isn’t there an opportunity to be accountable to the people? Each of these councils could hold a public forum and a debate and, ultimately, we could have a resolution from each council to buy into Plan20-50. That would seem like a more democratic process,” said Nicol. “But this is not collaborative; it’s coercion. Some

municipalities were forced into this. Some might have voluntarily joined and there are some municipalities that are generally supportive of it — and that’s fine; they have a right to that. But places like Selkirk do not want to be part of this and we’re seeing real concerns with how this [plan] is going to be implemented.”

Jennifer Friesen, who lives on an acreage in a municipality south of Winnipeg that she prefers not to identify, said she has concerns about the impact of Plan20-50 on agriculture. The plan contains no details about what conditions could be placed on farmers.

“Our community’s primary industry is agriculture, as are many of the communities that will be impacted by Plan20-50. Under Section 4.1.5, the plan states there will be a ‘Regional Agricultural Master Plan.’ However, no details for this plan are outlined,” said Friesen, whose municipality is not part of the WMR. “Farmers want to know what conditions will be imposed on them in order to meet the WMRs goals of supporting the United Nations 2030 Sustainable Development Goals (SDGs). One of the most well-known SDGs is to reduce carbon emissions to zero by 2050. No diesel? No gas? No propane? What does that mean for transportation and agriculture?”

Friesen said municipalities could find themselves in court should they fail to comply with WMR policies. Under Section 6.2 of the plan, it states that municipalities should ensure proposed bylaws are not inconsistent with the regional plan.

“This sounds amicable enough, until you read further (page 101, 6.2.7 Enforcement) and discover that if municipalities refuse to comply with the proposed bylaws, the WMR will take them to court. It’s clear that full compliance will not only be expected but enforced,” said Friesen. “In more basic language, the WMR will hold more power to dictate bylaws in your community than your municipal councils. How can a non-elected, statutory corporation be granted more power than your elected municipal council or mayor?”

Friesen said there’s been a lack of media coverage about Plan20-50, yet the plan will impact the daily lives of nearly 900,000 Manitobans. Residents should also be given the right to vote on whether to accept or reject the plan.

“Each community must have the right to have open discussions with the WMR board wherein the public can ask critical questions and the WMR board is obliged to answer. After full transparency and public involvement have been ensured, it’s es-

sential that each community has the right to vote on their acceptance or rejection of Plan20-50,” she said. “Until then, we cannot consent to this unelected body — the WMR — holding such vast power to dictate the conditions under which we live and work.”

Arborg and Municipality of Bifrost-Riverton business owner Morley Nordal said he has concerns about how Plan20-50 could negatively affect the agricultural industry, how its housing density policies could see people “living on top of each other in tenement housing” and how it intends to establish an electrical grid to support climate-friendly initiatives such as electric vehicles.

The plan states that food security reinforces the need to “protect and preserve” the region’s agricultural lands in the “outer metro area.” But if development affects existing and future agricultural activities and “avoidance is not possible,” there should be a “minimization or mitigation” of adverse impacts. In other words, agricultural land could be sacrificed.

With reference to development prevailing over agricultural activities, Nordal said there’s a potential for disruptions to the food chain. And there could be late seeding starts and limits on the number of animal units.

“It could affect our ability to produce enough food to feed ourselves,” said Nordal, who lives and works in different municipalities that are not part of the WMR.

He questions how agricultural land taken out of commission to serve development needs can be considered sustainable, which is emphasized throughout the plan.

“To me, sustainability is being a steward of the land. A farmer takes a quarter section of land and keeps it weed-free and produces a crop. And he does the same thing the following year. That’s sustainable. I don’t know what the WMR means by sustainability. Their definition of sustainability is far different from mine,” he said. “I want my children and grandchildren to have the same opportunities as I had growing up. This plan doesn’t just affect me; it’s about what we’re leaving for our future generations.”

The Express reached out to other WMR member municipalities in the Interlake for comment. Stonewall Mayor Sandra Smith wasn’t able to offer comment on the corporation or Plan20-50.

“Officially, I can’t comment because we’re in the middle of the public hearing process,” she said.

The paper left a message for Village of Dunnottar Mayor Rick Gamble regarding Plan20-50 and also contacted the village office but did not hear back from Gamble.

Briscoe riding out dream with RCMP Musical Ride

By Jeremiah Knight

Andrew Briscoe fell off the first horse he rode.

That November day in the nation's capital in 2020 has become an ironic moment for Briscoe, who got back on the saddle and is now a member of the RCMP Musical Ride.

"The moment I fell off was the moment I realized that I had underestimated how challenging it is to ride horses," Briscoe said.

The 40-year-old Ashern resident has come a long way since he chose to pursue a lifelong dream four years ago.

The RCMP Musical Ride, which is touring Manitoba this summer, made a stop in Carman last week, where 32 Calvary performed to promote the RCMP and help raise funds for local charities and non-profit groups.

The special unit of equestrians also celebrated 50 years of women in the RCMP on this night, which coincidentally fell on a year when the Musical Ride has an all-female supervisory staff.

It was a remarkable night to many, but perhaps none more so than Briscoe.

Briscoe grew up outside of Ottawa and curled out of the RCMP Curling Club, which shares a fence with the Musical Ride stables. As a 14-year-old, he pondered what it would be like to tour the country riding horses for a living.

Briscoe joined the RCMP at 22 and spent 15 years policing parts of Manitoba — Ashern, Gillam, Morden — before joining Selkirk Traffic Services.

During that time, he met his wife, had three daughters and grew to love Manitoba.

In 2020, the RCMP was taking applications to its Musical Ride unit. While Briscoe knew his wife and kids wouldn't relocate to Ottawa while he took the training program, the opportunity meant too much to him to let it pass by when he was accepted.

"I figured that since I didn't find too many happy people when I was in traffic services — only my boss on a good day whenever I came back with lots of traffic tickets — I thought coming to the Musical Ride I'd be able to meet lots of happy people, and it's amazing how many people there are," he said.

Briscoe underwent more than seven months of training — a five-week introduction course and a six-month intermediate program — in which he rode horses for 90 minutes twice a day, cared for the animals and learned about the history of the ceremonial troop.

It struck a chord with him when the RCMP celebrated 150 years of service last year and he was on a horse, what he treated as an ode to true Mounties.

"To be part of such an iconic piece of Canadiana is just astonishing. I don't want to use my horse's name but it's pretty Impressive," Briscoe quipped.

"To be a part of this unit is such a unique thing, being a part of the positive relationships that are built between police and the communities. There isn't any other police service in Canada or North America that I'm aware of that has a unit anywhere



EXPRESS PHOTOS BY LANA MEIER

The RCMP Musical Ride was on tour in Manitoba last week making a stop in Carman and Selkirk.

close to this. It's so remarkable and incredible to be a part of this team."

Riders in the Musical Ride typically change horses every year, but Briscoe is riding Impressive for the second summer in a row since his designated horse, Lexie, went for surgery.

Briscoe and Impressive have knit a tight bond since meeting in the intermediate module of the equestrian course in 2021. Save for a one-year stint with another horse in 2022, Impressive is one of the only horses Briscoe has known.

"Impressive, he's just like us. Sometimes we struggle with confidence issues and sometimes Impressive also struggles with that. So it takes a little bit of extra love and reassurance from his rider telling him, 'It's going to be OK,' Briscoe said. "He's a very affectionate, sweet horse that I'm very ecstatic to be able to have for a second year. He's never let me down."

Briscoe is now in his final season of a four-year term with the Musical Ride, which has also toured Ontario this summer.

In that time, he has attended countless parades, been a part of performances for dignitaries like the governor general, met the King of England and represented Canada in the Colour Party.

Briscoe conceded it has been diffi-

cult at times to be away from his wife and kids — who still reside in Ashern — for weeks at a time. However, his family will typically meet him at several show stops across the country each summer and spend a few days with him, and that's been made all the easier to do this year with him touring Manitoba.

"It definitely is difficult, anybody that has to travel away from home to work. I think of myself as being pretty lucky; my wife and children have been able to come out to see us at different times," Briscoe said.

"Having three daughters back in Ashern, I wish I could spend more time there, but with this opportunity, it's one of those short-term pain for long-term gains. Throughout the rest of my career, I'll be able to tell hopefully my great-grandkids about when I toured the country from coast to coast and met the current King of England. It's quite the opportunity I've had."

Briscoe will return to Ashern to resume normal police work in October for a temporary assignment, which will help him keep his placing skills up to date.

In the meantime, he will continue to ride out a dream.



RCMP Const. Andrew Briscoe at the meet and greet in Carman with his horse Impressive last Wednesday. Briscoe has worked in Ashern, Morden, Gillam and Selkirk.

Mark your calendars for annual Ride for a Child's Wish

Volunteers needed for Make-A-Wish Aug. 24

By Emma McGill

Thirty-four years after its establishment, the organizers of the annual Ride for a Child's Wish near Woodlands are preparing to host the event again to raise money for children's wishes.

The Wish Ride is held yearly at Silver and Gary Peltier's farm. Equestrians and motorcyclists band together to either take the 10-mile horse trail ride or the 250-kilometre motorcycle ride around the Interlake in support of Make-A-Wish Canada. This year, the Ride will take place on Saturday, Aug. 24.

The small committee that has organized the event this year consists of five people and several volunteers who come before, during and after the ride to help set up and tear down tables, tents and everything else.

The Peltiers love putting on the Wish ride.



EXPRESS PHOTO BY MEGHAN MORIN-WEST
Gary and Silver Peltier with Fred West and his generous donation of a yearling horse. The gelding will be raffled off at the Wish Ride on Aug. 24.

"Seeing the smiles of the Wish kids and their families when they receive their wishes makes it all worth the time and energy it takes to put this big

fundraising event on," shared Silver. Many children are waiting on their wishes, and all the money raised at the Woodlands ride goes directly to

Make-A-Wish Manitoba to be used for as many wishes as possible. Last year, more than \$55,000 was raised, which likely granted about five or more kids their wishes. Though they do not raise

Continued on page 18

Louisiana Tour **15 Days**
OCTOBER 5-19

Included 14 tours and 19 meals
 4 nights New Orleans, 3 nights Baton Rouge, 3 nights Memphis
 Avery Island tour, Mardi Gras Float tour, Natchez Steamboat Brunch Cruise, Oak Alley Plantation, Swamp Tour, Tour of several highlights of Memphis.
 Transportation by luxury coach. *Plus much more!*
 This is a guaranteed **\$3,895** per person
 amazing trip! double
 Call for full details **\$5,475** solo

3 Nights **4 Days**
Jackpot Junction
Casino and Resort
SEPTEMBER 23-26

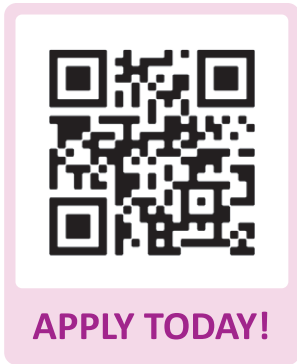
Enjoy \$70 in **FREE** play (no points required)
 plus food comps, Bingo, Golf, Indoor pool & Shopping
 Beautiful large resort to enjoy all the amenities!
\$299 **\$420**
 per person double solo

Anytyme Travel and Tours
 Where Adventures Begin **204-415-4500**
 www.anytymetravel.com office@anytymetravel.com

2025 Sponsorships Now Open

General – Golf – Small Capital – Festival

From cultural events and festivals to charitable golf tournaments and small capital projects, Manitoba Liquor & Lotteries (MBLL) provides sponsorship funding for a wide range of community-based organizations across Manitoba. Find out more about how your organization can partner with MBLL at MBLLGoodTogether.ca



Did you know that MBLL partners with more than 400 community organizations every year?



[#MBLLGoodTogether](https://www.instagram.com/MBLLGoodTogether)

Interlake artists shine at Manitoba Rural and Northern Juried Art Show

By Stephen Burns

If you ask artist Lindsay Guttormson if she'd rather paint a prairie field or a vast mountain landscape, she'll take the flatlands of Manitoba 100 per cent of the time.

"There is something about the prairies that is so beautiful to me," she said. "Especially where I live in the Interlake. The communities are so welcoming. It really is a hidden gem."

Guttormson is one of 11 Interlake artists featured in this year's Manitoba Rural and Northern Juried Art Show (MRNJAS).

"My work is an acrylic painting called 'Cows Having Lunch,'" the Selkirk-based painter said with a chuckle. "People always laugh when I tell them the title because that's exactly what it is. It's cows having lunch."

Guttormson grew up on a farm and started sketching vintage tractors that her father, a farm machinery mechanic, worked on. She also has an agricultural degree from the University of Manitoba and worked in the grain industry for nearly 15 years.

Her father hung those sketches in his garage, which was her first experience displaying her work for others, and she still feels a bit uneasy about it.

"It takes a lot for me to submit my work for exhibits," Guttormson said. "But the art scenes in rural Manitoba are so kind and welcoming, which makes it easier."

Soapstone carver Greg Fritz, who is part Cree, took inspiration from nature for his piece.

In Cree, it's called "sohkâyâwin," or "Fortitude" in English. It depicts an Inuit hunter holding a deer antler spear. The carving sits on a chunk of white Italian alabaster.

"The base represents melting arctic ice and how that has affected life for Indigenous people in the north," Fritz said. "It also is a testament to the fortitude they have shown in the face of that."



Soapstone carver Greg Fritz works on his most recent carving, "sohkâyâwin" (Cree) or "Fortitude," at his home in Arnes.

Fritz has been an artist since childhood, sketching from a young age. After a brief foray into painting, he received two soapstone blocks and chisels as a gift 20 years ago and never looked back.

The Arnes carver says "Fortitude" was also inspired by a trip to Quamajuq, the Winnipeg Art Gallery's Inuit art exhibit.

"I saw how fragile and delicate the pieces there were and realized that all of my carvings leading up to this were very solid and safe," he said. "Seeing those pieces made me want to challenge myself to be bolder and more daring with my art. I've put everything I've learned over the years into this piece."

Fritz also takes pride in where he lives. He moved full-time to Arnes from Winnipeg recently, and his



EXPRESS PHOTOS SUBMITTED

Selkirk-based painter Lindsay Guttormson poses with "Cows Having Lunch," her painting that is part of this year's Rural and Northern Manitoba Juried Art Show being held in Winnipeg until Aug. 24.

property backs out onto a nature reserve and bird sanctuary.

"I fell in love with the people and the nature out here," he said, with a chorus of birds chirping in the background. "It's a very peaceful place to carve."

This is both Guttormson's and Fritz's second consecutive year in the MRNJAS.

The Manitoba Arts Network (MAN) has been putting this show on for 22 years. This year's works are displayed at the MAN gallery at 210 Princess St. in Winnipeg's Exchange District.

"For rural and northern artists, there aren't as many opportunities to participate in shows like the ones in Winnipeg," MAN executive director Rose-Anne Harder said. "It bridges the gap between these two art scenes."

Both Guttormson and Fritz agree.

"This exhibit showcases the endless talent in rural and northern Manitoba," Guttormson said. "Artworks that come from these areas are worth experiencing and sharing."

"I also hope it encourages people to get out of the city and explore all the beauty in rural Manitoba," Fritz added.

The MRNJAS opened Aug. 1 and runs until Aug. 24. The gallery is at 210 Princess St. in Winnipeg and will be open from 10 a.m. to 4 p.m. Monday through Friday and closed on weekends. The Manitoba Arts Network will host a free opening reception on Saturday, Aug. 17 from 1 to 3 p.m.

You can also view the gallery online at artgallery.manitobaartsnetwork.ca.



**38th ANNUAL
STONEWALL QUARRY DAYS
August
16-17-19**

Amazing
FIREWORKS
Sponsored by
**THE ROCKWOOD
QUARRY PRODUCERS**
Friday 10 pm at VMSC
South End of Main Street

FREE STAGE
Friday Entertainment Starts at 7:00 pm
at VMSC, south end of Main St.



**7:00 pm
A.R. Cash**
A tribute to
Johnny Cash &
June Carter Cash



**8:10 pm
Free Ride**
Beatles Tribute



**9:10 pm
Free Ride**
Harry N' The Armpits
50's & 60's Greaser Show

Parade - 11 am Saturday
Starts at 3rd Ave S. & Main St.
WonderShows Midway
Street Vendors
Beer Gardens
Slo-Pitch Tournament

Show 'n Shine Car Display - Sunday
Sponsored by Stonewall Home Hardware
and Rockwood Motor Inn

Canada Trust

FAMILY FUN ZONE DAILY

SATURDAY
Petting Zoo 11am-6:00pm
Face Painting 12-6:00 pm

11 AM - 6 PM - MEMORIAL PARK

SUNDAY
Yoga in the Park with Heather McDermid 11am-12pm
Face Painting 12-6:00 pm
Dinomite Adventures 12-6:00 pm
Mini Golf, Dinosaur Visits, Dino Shop, Dino Photo Ops

Parade Route
Saturday, August 17th
11 am



For more information visit www.stonewallquarrydays.ca • Only 15 minutes North of Winnipeg • Off Hwy #7 or Hwy #236

Swedish culture celebrated during 135th Icelandic Festival of Manitoba's parade

By Patricia Barrett

People of Swedish descent celebrated their culture and the sheer joy of spreading good cheer last week in Gimli during Islendingadagurinn or the Icelandic Festival of Manitoba.

This is the festival's 135th year of celebrating Icelandic culture.

Swedish Cultural Association of Manitoba president Sonja Lundstrom said the Scandinavian Cultural Centre of Winnipeg's Dala horse was front and centre of their Sweden-themed float, which was pulled by a Volvo, a Swedish vehicle.

"Gustaf, the Dala horse from Sweden and driven by a spanking new Volvo, was let loose to bring joy and cheer to the streets of Gimli as the Scandinavian Cultural Centre came to share their spirit of having fun," said Lundstrom. "The very young folks ran along the side [of the float] greeting everyone, and the Vikings championed the theme of this year's Folklorama. Those in costumes of their Nordic country waved their flags with the young folks dancing as they went. Islendingadagurinn brought fun for everyone."

Dala horses (or Dalahast) are a cul-



EXPRESS PHOTOS BY JEFFREY OLSSON

tural symbol of Sweden. Swedish lore has it that wood carvings of the horse were first made in the Dalarna region of the country. The horse was an in-

tegral part of country and urban life, helping farms operate and transport people. The Dala horse symbolizes

characteristics such as faithfulness,

Continued on page 17

Say hello to ultra-fast speed! And goodbye to lag time.

Valley Fiber is bringing high-speed fiber internet to your community. Stream movies, make video calls and never worry about lag or choppy signals. Sign up today for seamless connectivity that won't slow you down.

Community Notice*

Construction crews will be in the following rural municipalities this spring and summer:

RM of Alexandar

Belair Stead
Hillside Beach Traverse Bay
Lester Beach

RM of Bifrost-Riverton

Balaton Beach Riverton
Hnausa Valhalla

*Please note that not all homes within these municipalities will be located on our fiber line. Therefore, some residences may not qualify for our fiber services. If so, we encourage you to also check your address eligibility for our wireless internet service coverage.

Internet Phone TV



COMING SOON



SCAN TO SEE IF YOUR ADDRESS IS ELIGIBLE
AND SIGN UP OR CALL 1-800-958-5698
PRESS 1 FOR SALES

shop.valleyfiber.ca

VALLEY FIBER

Hecla celebrates 25 years of community with a parade



EXPRESS PHOTOS BY CORRINE EINARSSON

August long weekend never disappoints in Hecla Island. The long weekend is known for the popular parade where Icelanders, Heclingers, Wannabes and Honararies come out to celebrate their community. The streets were lined with spectators to watch what the locals of the island had in store this year. Besides the parade there was a barbecue, bake sale and silent auction hosted by the Hecla Historic Village Association and Riverton Friendship Centre.



Centre Street West 55+ Development

By Falki Developments

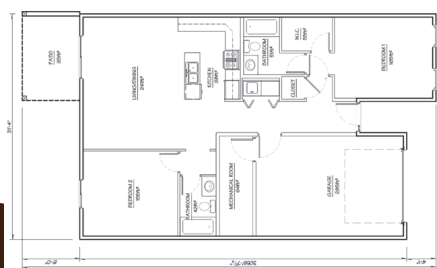
Available September 1, 2024

Monthly Rate: \$2200 plus utilities

199 Center Avenue West,
Gimli Manitoba

- 1160 sq ft living space with finished 280 sq ft garage
- Spacious 2-bedroom, 2-bathroom floor plans
- Attached garage with direct access to your home
- In-floor radiant heating for year-round comfort
- Covered back patio and relaxing outdoor space
- No condo fees or unexpected, additional expenses
- Snow removal / Grass cutting included
- Wheel Chair Accessible
- In-suite Laundry
- Quartz Counter-tops
- Stainless Steel Appliances
- 24/7 security surveillance
- Long-term leases
- 30 Units available for lease

Contact: info@falkidevelopments.com
Tel: 204-407-6030



Gimli Honey Company continues to bring wholesome memories to the community

By Autumn Fehr

Situated just three minutes south of Gimli on Highway 9 and directly across from Siglavik, Gimli Honey Company is nestled within the bee hives and agriculture. This small business was born as a pipe dream 15 years ago.

Leithen Rubbelke, the company's founder and owner, started caring for bees about 24 years ago in High Prairie, Alta.

He started his beekeeping career with plans to work hard for five months and travel the world in the off-season, collecting experiences and making memories.

"Beekeeping isn't for the faint of heart. It's physically demanding. Peak season is beyond exhausting sometimes. It's the people who visit, bring their families and create their summer traditions with us who fill that tank when you feel out of gas," said Rubbelke.

After visiting Gimli and noticing the astounding bloom diversity in the municipality while visiting family, he moved his operations to Gimli 15 years ago. At the same time he made the switch, Rubbelke became one of the province's agriculture inspectors. He worked six weeks a year, inspecting bee hives for commercial operations and ensuring there were no diseases.

Brandi White, the honey company's sales and marketing manager, said that when Rubbelke bought the property where they are currently located, it was a swamp.

Three years ago, Rubbelke ran the company by himself before bringing on White, who also helps with the business's day-to-day operations.

"I left my career in insurance to go be a part of his dream and help him through the digital age. It's been a pleasure being a part of Gimli Honey Company's magic. It's truly special," she said.

Gimli Honey Company sells their honey from a table at the side of the road from May long weekend to the end of October, taking a two-week break in September. Additionally, they make special deliveries to First Nations communities and around the province for Christmas.

The company has more of an agritourism setup, with garlic, bees and an observation area with some small hives. It is off-grid, which means it doesn't use hydro or anything like that; it does everything as naturally as possible.

"People come in and buy honey from us every summer," said White.

She added that on-site, they have a



Rubbelke holds his bees in a garlic patch.

photo booth set up so customers can make these memories, but they also get to learn about bees, how they work and the diversity in honey.

"There's a lot of bad news, and people aren't happy and having a hard time, so it's a little bit of escapism — come hangout on the farm, look at all the beautiful flowers, vegetables and things and get away from all that for a moment and enjoy things that are healthy and natural for you — a little bit more wholesome," said White.

The company's business model has changed significantly over the past 15 years. They no longer produce commercially but sell and produce their honey for their clients on the business property.

"After doing bees for that many years, your body gets tired on you, so we remodelled our business plan to be a little bit of a smaller, tighter operation but be able to serve our clients directly," said White.

"Just like grape is to wine, flower is to honey. So when people come in, they see all these different colours of honey, and the colours of the honey are based on what time of the year it is and where we have our hives."

Since the company has a small operation, they can more easily move around their hives and get all sorts of different varieties of the honey they produce, moving into honey infusions.

However, no company is without its struggles.

Gimli Honey Company faced some hurdles this spring with excessive rain. Bees don't fly in the rain; instead, they stay in the hive, make more babies and eat more honey — but they don't share it with bee farmers.

"The weather was incredibly inclement to our honey production, but we fought through the winter with all



Leithen Rubbelke is the founder of Gimli Honey Company. He has been caring for bees and harvesting honey for 24 years.



Follow us on Facebook!



Gimli Honey Company

204-333-2998

Honey Wax Bees Pollen

our hives except one. We knew our queen was struggling with her colony going into winter, so we weren't surprised that we lost her," said White.

On the other hand, one of the biggest rewards of this past year for the company was its growth, which made it one of its busiest years.

"We are very grateful for the opportunity to work with the land and be in touch with our community and work with charities and things like that, like the Gimli Humane Society," said White.

After nearly two and a half decades working with bees, Rubbelke's passion for bees and the inspiration of all the people who visit him on the farm keep him going and continue to inspire him.

Rubbelke and White continue to work hard with plans to retire soon.

"We hope to continue doing this as long as we can on the level we're doing it because we really don't want to grow too much. We want to keep it wholesome and more organic with our small batches. We do everything by hand; we don't have a factory, so every bottle is poured by us, and we

work every bee," said White.

To purchase your own organic, wholesome honey from Gimli Honey Company, call 204-333-2998.

> ICELANDIC FESTIVAL, FROM PG. 15

strength and wisdom.

The float got the attention of parade organizers, not to mention the public; the Dala horse float was named "Best Club/Organization" parade entry, said Lundstrom.

The Swedish Cultural Association Manitoba provides a variety of activities that includes Bocci on Mondays (1:30 p.m.) at Kildonan Park (on Main Street in West Kildonan), Sunday brunches, Nordic stitching, special guest speakers and field trips. It will be holding a Crayfish Party on Aug. 29. The association also participated at Winnipeg's Folklorama last week.

For more information about events, visit www.scandinavian-centre.ca or email svenskclub17@gmail.com

➤ **WISH RIDE, FROM PG. 13**

money for a specific child, the Peltiers often have someone from a Wish family come and talk about the wish that their child received and what it meant to them.

Some of the children's wishes that have come true through Make-A-Wish have included visiting Disney

World, meeting idols, getting bedroom or backyard makeovers, having a puppy or getting computer equipment. Every child who receives these wishes is living with a critical illness, and the wishes provide them with some relief from their fear and anxiety.

Fred West, a local to Inwood, generously contributes to the annual Ride

by donating a horse. He always comes up with a filly or colt, a yearling horse to make the event extra special. This year's yearling is a 2023 Buckskin gelding.

It will be an all-day event continuing into the evening. Registration for both rides begins at 9 a.m. The trail ride starts at 11 a.m. from Peltiers' property. The motorcycle ride begins at the same time from Warren Fuels. Each ride will last three or four hours.

The trail ride passes by the back of Peltiers' property and follows a little gravel road through some ditches and other people's properties before returning to its home base. The motorcycle ride, which was added to the Wish Ride about eight years ago, leaves Warren, passes through Teulon, up to Inwood, then around through Eriksdale and Lundar and back home.

The ride is family-friendly and includes children's entertainment that starts around 3:30 p.m., with face

painting, inflatable bouncers and plenty of games for the kids. At 5:30 p.m., a huge supper will be served with a pork roast, a thousand pieces of chicken, baked potatoes, homemade beans, coleslaw, homemade buns, corn on the cob and ice cream for dessert.

And after everyone has enjoyed the ride and supper, the Wish auction will follow dinner. There is also a large raffle with plenty of amazing prizes, some provided by local businesses. The fun and dancing continue into the wee hours, with Prairieline providing musical entertainment.

"We are so looking forward to hearing them play here," said Silver.

The Peltiers always look and hope for more volunteers, and even the smallest contribution helps. Anyone willing to show up, even just to set up or take down or with general questions, can contact Silver at 204-461-0640 or silverpeltier@gmail.com.

Flight Training

START YOUR CAREER AS A PILOT!

Becoming a pilot can be a rewarding career

LAKESIDE FLIGHT SCHOOL IS THE MOST AFFORDABLE IN CANADA. RECREATIONAL, PRIVATE AND COMMERCIAL LICENSE. AUTHORIZED TRAINING FOR COMMERCIAL PILOT LICENCE, FLIGHT INSTRUCTOR RATING, NIGHT RATING, PRIVATE PILOT LICENCE, RECREATIONAL PILOT PERMIT AND VFR OVER-THE-TOP RATING

Want to learn to fly?

RECREATIONAL PILOT PROGRAM is the best way to get started. Must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger. Can easily add float rating to permit.

LS AIRWAYS FLIGHT ACADEMY

LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402

MOOSEHORN COMMUNITY CELEBRATION! 2024

THANK YOU TO ALL OUR SPONSORS

CDC MOOSEHORN • PETER'S PHARMACY • JULIE'S TAX SERVICE
 • KIESMAN ELECTRIC • CURTIS & KATIE GUNTHER • TEE M JAY CHAROLAIS • LOG CABIN RIDERS • ARNASON FUNERAL HOME

evolution dance company

Where kids can be kids!

www.EvolutionDance.ca | Selkirk Town Plaza | 204-785-1285

Inwood girl enjoys active summer after surgery

By Jennifer McFee

An Inwood youngster is enjoying an active summer after she underwent surgery to remove a cancerous tumour in June.

Three-year-old Maize Morin was diagnosed in May with a rare form of kidney cancer called nephroblastoma,

also known as Wilm's tumour.

She underwent chemotherapy, followed by surgery on June 13 to remove her kidney and the tumour.

On July 26, Maize had her fifth of eight chemo treatments. Her grandma Susan Senick said she's been handling them well so far.

After these eight chemo treatments wrap up, Maize will continue with one treatment every three weeks, possibly until January.

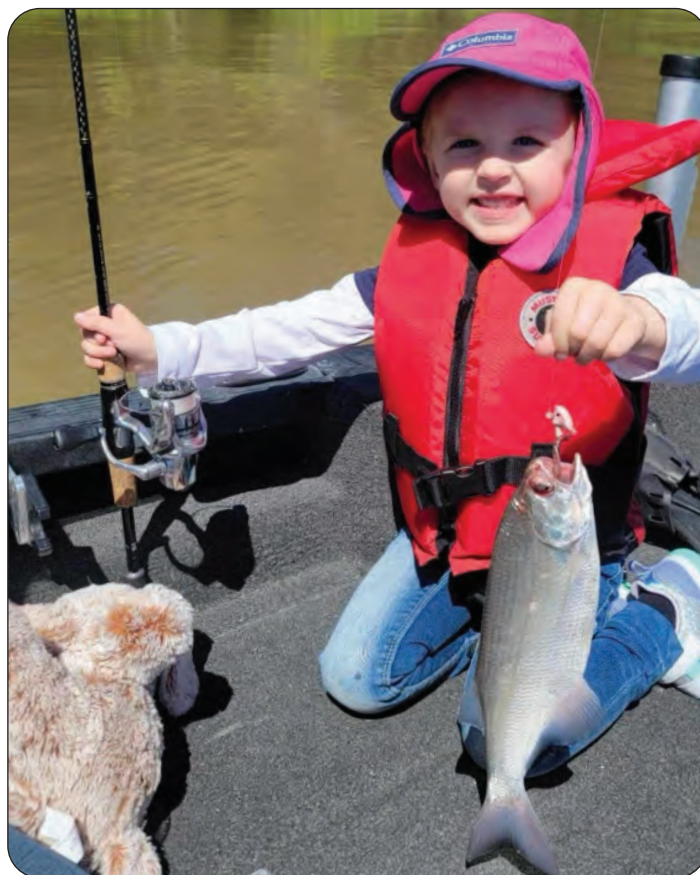
In the meantime, Maize and her parents, Nathan Morin and Monique Bazin, are making the most of the sweet days of summer.

"She has been busy as she loves fishing and has been to Selkirk a couple of times," Senick said.

"She recently was invited to Keeping It Reel, which takes kids out fishing. There were prizes, and Maize won a bike and some fishing equipment."



Three-year-old Maize has returned home after a month stay at Ronald McDonald House and Children's Hospital.



EXPRESS PHOTOS SUBMITTED

Maize Morin has been summer activities like fishing after surgery to remove her kidney and cancerous tumour.

★ PANCAKE BREAKFAST ★ VENDOR ALLEY ★ LIVE MUSIC ★ KIDS EVENTS ★ BEER GARDENS ★

TEULON 2024

R
&
D
E
&



AUGUST 23-24-25

FRIDAY, AUGUST 23

"NEW" FOR 2024

TEULON RANCH BRONC SHOOTOUT 7 P.M.

BEER GARDENS (18+)
7:00 P.M. TO 1:00 A.M.
\$5.00 Cover Charge
(No Cover Charge with Proof of Gate Admission)

featuring the Local Band "The PUGS"



FRIDAY & SATURDAY

DAILY ADMISSION

Adults \$10 CHILDREN 12 & Under FREE

★★★★★★★★★★★★★★★★★★★★

GREEN ACRES PARK
TEULON, MB

Teulon is located 40 minutes North of Winnipeg on Highway #7

SATURDAY, AUGUST 24

8 to 10 AM PANCAKE BREAKFAST
(No Gate Admission to attend the Pancake Breakfast)

11 AM to 7 PM - CANTEEN

12 PM to 4 PM - KIDS ZONE

12 PM to 6 PM - VENDOR ALLEY

12 PM to 1 AM - BEER GARDENS

2 PM - 6 HORSE HITCH DEMO

3 PM - HEARTLAND RODEO
Intermission: Wild Pony Races

SUNDAY, AUGUST 25

8 to 10 AM PANCAKE BREAKFAST
(No Gate Admission to attend the Pancake Breakfast)

11 AM to 6 PM - CANTEEN

12 PM to 4 PM - KIDS ZONE

12 PM to 5 PM - VENDOR ALLEY

12 PM to 7 PM - BEER GARDENS

2 PM - HEARTLAND RODEO
Intermission: Wild Pony Races



9 PM DANCE featuring The PUGS
at the Beer Garden (18+)
\$5.00 Cover Charge



FOR MORE INFO CONTACT
DAVE 204-461-0371
www.TeulonRodeoClub.com

A season in honey farming at Honeybee Meadows

By Emma McGill

With local honey available almost everywhere in the Interlake, it is easy to wonder how the apiarists around us began honey farming and how this season might be treating them. For Gilles Lantagne, it was a calling.

Upon his military transfer to Winnipeg, Lantagne first discovered the

joy of keeping bees and harvesting honey. When he arrived, he decided to visit his father-in-law, a beekeeper, in Fraserwood.

After witnessing the process, he decided that beekeeping life was meant for him. At first, he started small. Neighbours and friends wanted honey, so he increased the number



EXPRESS PHOTO SUBMITTED

Gilles Lantagne will be selling fresh honey at Teulon's weekly farmer's market.

of hives he operated to keep up with demand. He started the business in the early 1990s, and decided to name it Honeybee Meadows when he first wanted to hold a table at a Gimli farmer's market.

"I started small, with word of mouth

from friends and family. Then I joined the farmer's market and found more customers in people coming from the U.S., Europe and across Canada," said Lantagne.

Continued on page 22

BEST GIFT EVER!

Scenic Flight Tour

AN EXPERIENCE OF A LIFETIME!

SPECIAL OCCASIONS
ANNIVERSARIES

\$149 3 PASSENGERS AND THE PILOT ALL FOR ONE LOW COST

Book Today!

LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402

LS AIRWAYS FLIGHT ACADEMY

Having a reason to smile amidst losing teeth

BY ELISHA VANDOR

Losing your natural teeth and celebrating your wedding all in the span of a few weeks would send any bride into a panic, but Dianne came out with a picture-worthy smile and newfound confidence just in time for her big day. It all started a few months ago when she came to see us for the first time, having rapidly deteriorating teeth was starting to affect her health. She knew they needed to be pulled and wanted to be pain-free. Of course, she wanted to have her new smile before her wedding day! A few weeks prior to her big day, she went in to have the upper teeth pulled and the denture placed. To say the least, Dianne is a champ! Not many would go through such a transition at the time she did, but the results speak for themselves (see photo) and brought Dianne to tears...in the best way. She said, "I cried after I saw my new smile. I'm so glad I found you guys. It's been a long-

haul, so thank-you."

When the Denturist Brock asked what made her experience here so special she said, "just to get my smile back! Feeling good, no more sore teeth. It's done and they look like my natural teeth, it's awesome."

When Dianne's teeth were pulled, the denture was put in on the same day, which means she got her smile back right away. She could go back to work, smile at her co-workers, eat whole foods, and continue in confidence without postponing her life, which is the beauty of having an Immediate or Transitional denture. The full denture is placed immediately when the teeth are extracted. Now, as her gums are healing, they will be shrinking, so there's follow-up appointments to attend so we can make sure that her denture is fitting tight and feeling good, which is all apart of the after-care process at Vandor Denture Centre.

We understand that losing your natural teeth can be emotional and

stressful, so it's our goal to help ease the stress and make your transition to dentures a great experience. It all starts with a phone call or email to book your appointment. Coincidentally, Dianne was reading a newspaper article of ours, just like the one you are reading now, and made the decision to call us. She said, "it's come full circle, I was reading one of your newspaper articles and called. I am so glad I did."

Now, the question on a lot of people's minds is if the new government insurance program will cover transitional/immediate dentures and the answer is yes! We have helped many since the program started in May 2024 get their smile back with dentures after having some or all of their teeth removed. So, if you've been holding off on the inevitable of having teeth pulled and moving forward with dentures, then make the call like Dianne did. We look forward to hearing from you soon!



Dianne poses with Denturist Brock after receiving a denture for the first time.

VANDOR • DENTURE • CENTRE

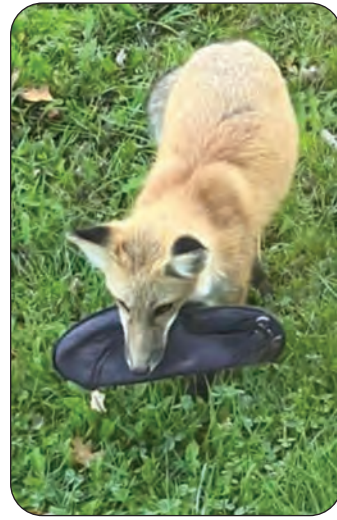
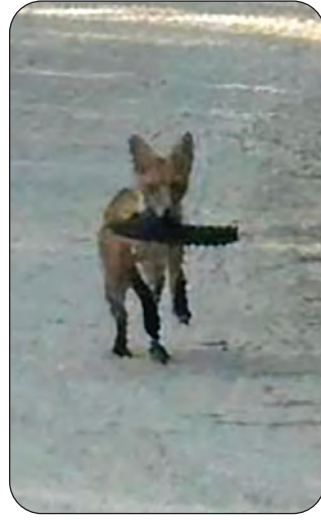
A passion for excellence and Innovation since 1971

(204) 482-6698

299.5 Eaton Ave, Selkirk, MB



Sandal thieves caught on camera in Steep Rock



EXPRESS PHOTOS BY KAREN EMILSON

This past month, Steep Rock Campground became the scene of a curious mystery. Several sandals vanished without a trace, leaving campers scratching their heads. At first, campers suspected pranksters were at work as footwear doesn't go missing every day in the wild. It turns out the culprit is a sly fox and her kit darting between campsites with stolen sandals clutched in their mouths. The sight has left everyone amused. Some campers have dubbed the fox "The Slippery Sandal Swiper" and the "The Crox Fox." This cheeky little family turned what could have been an annoyance into enjoyment for those experiencing this unexpected twist on camping life. If you are one of the lucky missing shoe scandal mysteries, the sandal collection can be found at the outdoor Steep Rock mini library or in front of the main office.

The evolution of transportation through the years

Transpo-Expo event at Lower Fort Garry Aug. 17

By E Antonio

Parks Canada and Friends of Lower Fort Garry (FoLFG) invites you to move along memory lane and discover the evolution of transportation at the Lower Fort Garry National Historic Site.

Lower Fort Garry is hosting a Transpo-Expo on Aug. 17 from 10 a.m. to 4 p.m. to celebrate the different modes of transportation used at the historic site from 1836 to the present day.

"We will be commemorating the use of moccasins in motor cars," explained FoLFG president Dr. Carolyn Weiss.

This is the second year Parks Canada and FoLFG are hosting the Transpo-Expo at Lower Fort Garry.

Over 500 people attended the event in 2023, marking the event as a huge success.

Special presentations and unique demonstrations will be held throughout the day. The Transpo-Expo is a fun-filled day that people of any age can enjoy.

Patrons are invited to join in on the fun with games such as hobby horse racing, bean bag toss and mini golf.

Hobby horse racing is a thrilling event in which participants mount onto a toy horse and dash through a miniature obstacle course.

Weiss explained how they would re-enact the



Yasmine Ochoa and Esther Gacheru enjoying the 1920's scenery at the Transpo-Expo in 2023.

They also explained that the Manitoba Motor Country Club used to own a golf course south of the national historic site.

"You can play a round of golf almost like they did in the 1930s," said Weiss.

Lower Fort Garry has you covered for anyone

Continued on page 23



www.interlake.mb.ca

ARBORG 204-376-3400 GIMLI 204-642-8501 SELKIRK 204-482-5806

IF NOW'S THE TIME FOR YOU TO BUY OR SELL, WE'RE HERE TO HELP.

<p>KATHY MARKS 204-642-8501</p>	<p>INGRID BENNETT 204-642-2089</p> <p>Lakefront dream. 3 bdr, 2 bath, open concept, all season sunrm, hardwood flrs, DT2 \$525,000</p> <p>SNACKS store in Sandy Hook with 3 bdrm, 2 bath home on dble lot w/double gar. \$350,000</p> <p>Winnipeg Beach 4 bdrm cottage, updated shingles, fresh paint, screen rm. \$155,000</p> <p>Fraserwood dream home on 80 acres of privacy, 4 bdr, huge shop plus RV storage. \$629,000</p>	<p>GRANT HJORLEIFSON 204-641-6400</p> <p>MIKE JUBA 204-588-7967</p> <p>328 Robnson double lot/potential to subdivide/home newer furnace and roofing / updated bath \$139,500</p> <p>Sandy hook 3.9 acres 1200sf country home with garage \$319000</p>
<p>JOHN WISHNOWSKI 204-479-1208</p> <p>Completely renovated CIBC building in Fisher Branch. Multiple uses. Call for details \$129,900</p>	<p>CHRIS NEUFELD 204-641-1727</p> <p>HECLA ISLAND Executive lakefront home with all amenities. 2506 sq. ft. Dbl Gar. Gorgeous lot.</p> <p>GRINDSTONE COTTAGE Well built & maintained, 3 bdrm seasonal. Short walk to beach 149,900</p>	<p>LAURENCE HUMNISKI 204-642-3589</p> <p>13 Pearson Pkwy Selkirk Price Reduced for quick sale! Fantastic home & location for this unique property.</p> <p>Aspen Park Condos Gimli Affordable units in a lovely community! Price reduced!</p>
<p>DAVE HUMNISKI 204-642-3044</p> <p>50 Kernstead Road 3 homes/4 cottages on chance of a lifetime lakefront property!</p> <p>5 Seagull Dr. Gimli Waterfront home at Siglavik Lake access bays, dock your boat out your door!</p>	<p>DAYNA CLARK 204-461-1347</p> <p>Move in ready seasonal cottage close to Netley Creek & members only beach/docks \$160's</p> <p>Hnausa, new in 2017. Perfect for many uses incl residential. 1502 sf, new kitchen, \$185,000</p>	<p>JASMIN THEOBALD 204-642-8501</p> <p>CRYSTAL LINE 204-232-6200</p> <p>PAM ISFELD 204-641-5408</p> <p>LAKEFRONT cabin in Beaver Creek! 3 BR, eat in kitchen & amazing views of the lake! \$124,900</p>
<p>SAMANTHA KING 204-229-7560</p> <p>Super cute 2 BR 1 Bath home in Riverton. Great location. \$114,900</p>		

Winnipeg Beach dart players on point in league play

By Autumn Fehr

Every Thursday evening, locals from Winnipeg Beach and the area attend the Winnipeg Beach Legion Dart League.

Olga Mackay, the organizer of the dart league, started it two Februarys ago. Mackay has been a member of the legion for about 28 years after her grandpa was a veteran.

The legion's regular fun league, where they keep stats, runs from Thanksgiving to May. All participants pay \$2 per player per night. The doors open at 6 p.m. and the games start at 7 p.m. finishing usually around 9:30 p.m.

"Anybody can participate. We've had people who have never thrown a dart in their life, and they come regularly every week now. They have so much fun," said Mackay.

The Dart League also has experienced players who come out to play and represent Manitoba. Cheryl Hygaard comes regularly, said Mackay. She was recently asked to represent Canada at the Worlds in Hungary, but Hygaard has yet to decide if she will participate.

Players are randomly drawn, but organizers do try to make the teams fair by placing stronger players with those with less experience.

"It's just not fun if someone is going to beat you right away. Everybody likes it that way because this way you have different partner every time you come and you never know who you are going to get, but you know you aren't going to get stuck with either two players that can't play very well or two very strong players," said Mackay.

"It's just all for fun."

Last Thanksgiving, players asked to run a league where they could keep stats, and the entry fee went back to the players.

And the league has been going strong ever since.

Since the change in structure, the league has moved to Thursday nights to allow more flexibility for players and future participants' schedules.

It's not a league where participants must commit weekly; instead, anyone who wants to join can come whenever they feel like playing darts.

In the off-season, the legion hosts round-robin-



Sandra Johnstone and Tom Howlett were the winners on Aug. 1.

style tournaments, where participants play to receive the first-place trophy that is moved amongst the players depending on who wins. Every week, all the players change except for the winners, and it's just a challenge to beat those winners.

The legion will continue to run the round-robin-style tournaments until the stats league starts again after Thanksgiving. The last round will be on Sept. 26, followed by a windup and a potluck dinner.

On Aug. 24, a doubles dart tournament at the legion will be held. Every participant pays \$10 (including high score and high finish pots), and 100 per cent of the payout goes back to the winners. Registration for the tournament opens at 9:30 a.m. the day of at the legion and closes at 10:30 a.m. The tournament starts at 11 a.m. and will run until about 5 or 6 p.m.

The legion usually hosts four to six tournaments a year.

Hosting a dart league is the tip of the iceberg for



EXPRESS PHOTOS SUBMITTED

Tom Howlett and Cheryl Campbell defeated Iris Clairmont and Randy Slocombe to win the Winnipeg Beach Dart League on Aug. 9.

what the legion does for the Winnipeg Beach community and surrounding area. Some of the initiatives it takes part in include Breakfast with Santa at the school for the kids, hosting a scholarship for Gimli High School, providing meals for all the veterans on occasion, providing services and items for moms and newborn babies and so much more.

"The legion is important because the kids need to know the past so they can understand about wars and what people have done to make this a free country," said Mackay.

"If it wasn't for me joining the legion, I wouldn't have understood it myself. Vets don't really like to talk about it — it's been traumatic for them, so at least we are here to explain it to everybody, too, and we're also here to help the community."

For more information about the Dart League, contact Olga Mackay at 204-641-1112.

> HONEYBEE MEADOWS, FROM PG. 20

Farming bees is hard work; they tend to swarm if they are not kept busy. Lantagne checks the hives regularly to make sure they are meeting their requirements. The hives must have a good queen that can produce a large number of bees, usually between 80,000 and 85,000 bees, by the beginning of July to bring a good production season and harvest.

Every year, the flow of honey usually begins when the dandelions come and ends sometime in August, at least for farming in the Fraserwood area. From August to September, Lantagne gets to work extracting honey.

During extraction, the bees are left in the hive, and different methods are used, such as sweeping the bees off

the frame with a soft brush and then taking the boxes to the honey house.

Of course, there are specific rules and things to check before extraction. For example, the honey must have 18 per cent or less moisture to extract or it will be at risk of fermentation. Once in the honey house, the honeycombs must be uncapped using a hot knife and then extracted using a machine. Before entering containers, the honey is screened using a fine mesh stainless steel screen or a cheesecloth.

Though he works mainly by himself, his wife helps a lot with harvesting and packaging.

As the weather improves, he hopes the bees will be able to collect nectar more efficiently. "It has been a hard

year due to the weather," shared Lantagne. "The bees wanted to swarm more than usual."

Of course, pairing the bees with areas that benefit them is essential. According to the Manitoba Canola Growers and the Knowledge and Research Transfer Program for Apiculture, "canola farmers and bee farmers make a dynamic team." The bright yellow flowers are both easy to see and land on and provide essential nutrients to the bees. The pollinators also benefit the canola, and their presence can lead to higher yields and improved seed ripening.

Each growing season differs for both canola and bee farmers due to several variables. Communication between farmers and beekeepers is crucial in this partnership to keep the bees as

safe as possible, especially when it comes to insecticides to protect the canola from harmful pests.

"Canola is a good source of nectar for the bees as it crystallizes quickly, and as long it has not been sprayed with chemicals, it is good for the bees to winterize on it," shared Lantagne.

During the summer, Lantagne attends farmer's markets once a week and also does farm-gate sales. He will be attending Teulon's weekly farmer's market for the remainder of the summer every Friday from 3 to 7 p.m. in the lot directly south of the Co-op gas station on Highway 7. Anyone wanting a taste of the final product after the honey-making process should be sure to catch him.

> TRANSPORTATION, FROM PG. 21

who wants to have a bite to eat.

"[We] will have a concession stand with period-appropriate snacks including cotton candy, hot dogs, kettle corn and flapper-era mocktails," said FoLFG vice-president Ben Gillies.

One of the mocktails on the menu is the Bees Knees, a bubbly drink full of honey and lemon flavours.

There will also be live entertainment throughout the day.

The Thirsty Beaver Cantina will play jazz music inspired by the 1920s to help you take a step back in time.

The Transpo-Expo is more than just fun and games. While you travel back in time, several educational components will occur.

You can witness Armand Jerome, a Métis Red River cart builder, construct a cart similar to the one the Métis used in the 1850s.

This is the second segment of Lower Fort Garry's Knowledge Sharing Series, a compilation of unique stories shared by Elders or Knowledge Keepers at the historic site.

The Red River carts are unique, as there were no metal nails in the 1850s. Jerome has made over 57 functioning carts in his career and has ridden them on many trails throughout Manitoba and Saskatchewan.

Visit Jerome at the Transpo-Expo to hear more about his adventures and see how a Red River cart is made.

Expert canoe and paddle maker Mark Blieske will also attend the Transpo-Expo.

For over five decades, Blieske has been constructing functional canoes and paddles with what once started as a hobby with his dad.

Blieske has always remembered going canoeing with his family.

"I started doing canoe trips when I was young, and I never looked back," said Blieske.

Now, he has over 10,000 hours of experience in canoe and paddle making and has taught over 3,000 students across Canada how to make their own paddles.

Blieske will demonstrate all the aspects of properly building a canoe and making a paddle at Saturday's event.

"I will be demonstrating how to split the roots, mixing bear fat, using tree saps," explained Blieske.

His hands-on demonstration will give viewers a live and tactile canoe and paddle-making experience.

Canoes were vital during the 1920s at Lower Fort Garry. They were the main mode of transportation and were essential for the fur trade.

"I am going to show how it (canoe making) was done back in the day like how the First Nations made canoes."

Blieske explained the importance of the connection between the Indigenous Peoples and the art of canoe making.

"It is important that I give credit where credit is due."

He explained that the original designs of the canoe and paddle have barely changed and that today we still use the structures that the Indigenous first created.

The Transpo-Expo is all about transportation and will also include unique motorized vehicles on display at the site.

Lower Fort Garry was once home to the Motor Country Club from 1913 to 1962.

Saturday's event will feature an All-British Car Show with vehicles from three motor clubs across the province.

The Mid-Canada Mini Group, the British Car Club of Manitoba and the Austin Healey Club of Manitoba are all groups local to the province. They will bring their own British vehicles



PHOTO BY DANIEL FALLOON/©PARKS CANADA/LFG NATIONAL HISTORIC SITE

Parks Canada and Friends of Lower Fort Garry invite you to the national historic site on Aug. 17 to experience the evolution of transportation. Saturday will feature an All-British Car Show with vehicles from three motor clubs across the province.



Lower Fort Garry
National Historic Site

Lieu historique national
Lower Fort Garry

August
août | 17

TRANSPO-EXPO!

10 am to 4 pm

From moccasins to motor cars,
get moving at this hands-on
family event.

De 10 h a 16 h

Des mocassins aux voitures
automobiles, laissez-vous
transporter par cet événement
familial pratique.

5925 Provincial Trunk Hwy 9
Saint Andrews, MB R1A 4A8
parks.canada.ca/lowerfortgarry

5925 autoroute 9
Saint Andrews (MB) R1A 4A8
parcs.canada.ca/lowerfortgarry

Presented in collaboration with the Friends of Lower Fort Garry – Exposition présentée en collaboration avec les Amis de Lower Fort Garry



Parks
Canada



Parcs
Canada



The Transpo-Expo will feature fun games, live demonstrations and an All-British Car Show.



EXPRESS PHOTOS SUBMITTED

Mark Blieske, an expert canoe and paddle maker, will create a canoe and paddle like the Indigenous Peoples did in the 1920s.

to be on display at the event.

Paul Thomson, president of the Mid-Canada Mini Group, will attend with his 1973 Austin Mini.

Thomson attended 2023's Transpo-Expo and was thrilled at the number of people who attended.

"Last year was fantastic," he exclaimed.

This year's Transpo-Expo will feature approximately 40 vintage British vehicles.

"The oldest car will be about the 1940s to around the 1980s," said Thomson.

"We don't want it to look like a parking lot where you can see all new cars."

Thomson added that most cars are still drivable and are vehicles people

enjoy.

He explained that the cars were designed in the United Kingdom and built in Canada or were manufactured overseas and shipped to Canada in the 1950s.

"Lots of immigrants also brought over their vehicles," Thomson said.

Come to Lower Fort Garry National Historic Site on Aug. 17 to experience the Fort's transportation history.

Lower Fort Garry National Historic Site fees are in effect for the Transpo-Expo and historic interpreters, and the site grounds will be open for visitors.

Innovation Farms Centre opens in Grosse Isle

By Jennifer McFee

Exciting innovations are cropping up at a future-focused agricultural hub in Grosse Isle.

On Thursday, July 25, Enterprise Machine Intelligence and Learning Initiative (EMILI) celebrated the grand opening of the 8,500-square-foot Innovation Farms Centre at Innovations Farms, which is located on the Rutherford Farms site.

The federal and provincial governments are contributing \$2.025 million to EMILI over five years to advance digital agriculture opportunities. Created in 2016, EMILI is a Manitoba-based non-profit that aims to accelerate Canada's growth as a leader in digital agriculture.

At a press conference at the Grosse Isle site, Premier Wab Kinew noted that farmers and producers are key components of Manitoba's economy.

"EMILI's work to help drive innovation in Manitoba agriculture is going to help producers lower costs, increase yields and improve sustainability," he said. "This is a win for our province's economy and the environment."

The new Innovation Farms Centre is part of EMILI's Innovations Farms initiative, a 5,500-acre farming operation that demonstrates and promotes new technology. One of its recent projects focuses on predictive weed control, which can help farmers figure out where herbicide-resistant weeds might grow — and take proactive steps to mitigate the problem.

The new innovation centre will bolster opportunities to analyze farm data, demonstrate and test technology solutions and host events. The space includes a large workshop, meeting rooms and offices. In addition, a control centre features interactive screens that can display real-time data from more than 50 sensors placed throughout Innovation Farms,

which launched two years ago.

Manitoba Agriculture Minister Ron Kostyshyn said digital technology is transforming agriculture and food production.

"We want to support Manitoba producers to innovate, adopt new technologies and grow their businesses," he said.

"EMILI will play a key role in helping Manitoba agriculture be on the cutting edge, grow the sector and create more good jobs."

Jacqueline Keena, EMILI's managing director, expressed gratitude for the provincial and federal government investments in Innovation Farms.

"We know that technological advancement leads to new and expanded businesses, new well-paying jobs and the preservation of existing jobs," she said.

"This funding increases our ability to provide farmers, industry, students and researchers with exposure and access to cutting-edge equipment and emerging technologies in a commercial setting, which will drive sustainability and increase productivity."

Ray Bouchard, EMILI board chair, shared his enthusiasm for the future of farming.

"Farming may be an age-old practice, but we are entering an exciting era full of potential," said Bouchard, who is also the president and CEO of Enns Brothers.

Manitoba's four diversification centres — located near Melita, Arborg, Carberry and Roblin — are another way for producers, researchers and ag professionals to engage with research. This year's Annual Field Days are underway, including an event at the Prairies East Sustainable Agriculture Initiative near Arborg that took place on July 31.



EXPRESS PHOTOS BY DAVID LIPNOWSKI

Left to right: Rick Rutherford, president of Rutherford Farms; Leanne Koroscil, EMILI Innovation Farms manager; Premier Wab Kinew; Jacqueline Keena, EMILI managing director; Ron Kostyshyn, minister of Agriculture; Ray Bouchard, EMILI board chair and president and CEO of Enns Brothers; Emily Laudin, sales agronomist for Rutherford Farms.



Innovation Farms manager Leanne Koroscil (left) speaks with EMILI managing director Jacqueline Keena and Premier Wab Kinew during an announcement last week in Grosse Isle.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Penner's hat trick leads the way in draw against Shut the FA Cup

By Kieran Reimer

Storm FC's top scorer was back at it on Wednesday as the club battled to a 3-3 draw against Shut the FA Cup.

Dalen Penner scored his fifth, sixth and seventh goal of the season in the match as Storm FC managed to earn a point against the league's second-best club.

Storm FC has now earned points in two of its last three matches and is up to 3-7-3, which has them tied for seventh in Division 5 of the Manitoba Major Soccer League.

Penner's hat trick puts him in eighth place in the league in goals. After going goalless in his last five matches, the big breakout performance was a

much-needed boost for himself and the club, which will look to carry the momentum into their next match against Akal FC.

Akal (9-2-1) is currently first in Division 5 and will enter Thursday's match on a three-game win streak.

As for Storm FC, they proved Wednesday that they can compete

against the top clubs in the league and will try to do it again now against the league's best.

Kick-off will go at 7 p.m. on Thursday, Aug. 15 at Buhler Recreation Park.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Interlake well represented by Team East Region U17 basketball at 2024 Manitoba Games

By Kieran Reimer

The 2024 Manitoba Summer Games are set for Dauphin this week with plenty of local talent set to compete for provincial glory.

On the hardwood, Team East Region U17 enters the tournament with a budding roster almost entirely made up of Interlake players.

Stony Mountain's Jake Bourcier is one of Team East's players making their Manitoba Games debut this year.

The 16-year-old Stonewall Swarm star point guard is coming off a season where he helped the Swarm go undefeated and win the 2024 Winnipeg Minor Basketball Association championship.

He is now excited about the opportunity to represent Stonewall and Interlake on a bigger stage.

"It's incredible," said Bourcier. "This experience is really good for kids our age, especially going out there and winning for our region would be amazing. It means a lot for me."

Bourcier is joined on the team by many other players he has played with or against.

One of them is 15-year-old Edward Futz of Stonewall, who plays forward for the Manitoba Magic in the winter season.

For Futz, he too is entering his first Manitoba Games as one of the youngest members on Team East's roster.

He hopes their performance in Dauphin will help Interlake cement its

position as one of the best basketball markets in the province.

"It's really cool because our region isn't really known for basketball," said Futz. "It's cool to show our best players. I'm excited to play the Winnipeg teams because they have some of the best players in the province and that's going to be fun."

Head coach Alex Barra and assistants Enriq Barra and Sonny Sylvester staff Team East.

They will compete in the three-team Pool B, which includes Team East, Team North, and Team South, while Pool A includes Team Winnipeg Gold, Team Winnipeg Blue, Team West #1 and Team West #2.

Team East's tournament began Aug. 12 at 2:30 p.m. at Parkland Recreation Complex against Team South before taking on Team North in the evening to wrap up the round-robin.

On Tuesday, Aug. 13, Pool A and B joined up for the playoff round, which included placement games that evening and the bronze and gold medal games on Wednesday, Aug. 14. No scores were available before press time.

Team East features a 12-man roster and three practice players who have been together since early May.

In July, Team East got its first taste of tournament competition when it played three exhibition games against Team South, which it lost 1-2.

Since then they have held multiple



EXPRESS PHOTO SUBMITTED

Team East Region is set for the 2024 Manitoba Games from Aug. 11-17 in Dauphin. Team East opened round robin play in Pool B against Team South on Monday, Aug. 12 at 2:30 p.m. at Parkland Recreation Complex.

intrasquad matches and team workouts.

"It's been intense this whole season leading up to it," said Bourcier. "Right at the end we've been practising really hard whether it's set plays or individual stuff. The whole season we've been doing conditioning workouts so lots of cardio and core."

Last week, the club completed its last few days of preparation before heading to Dauphin on the weekend.

Their entire roster includes Joshua

Shedden (St. Andrews), Garrett Gburek (Selkirk), Dietrich Redekopp (Victoria Beach), Malakai Boville (Stonewall), Foxx Domansky (Stonewall), Owen Kwiatek (Selkirk), Edward Futz (Stonewall), Jacob Bourcier (Stony Mountain), Patrick Yuzwa (Broad Valley), Nazar Khlyvniuk (Libau), Wyatt Mitchell (Stonewall), Jackson Campbell (Selkirk), EJ Rioux (St. Laurent), Shane Bomberak (Gimli) and Reece Forman (Selkirk).

Newly combined Team East competes at Manitoba Games

By Jo-Anne Procter

The 2024 Manitoba Games in Dauphin started Aug. 12 and continued to the end of the week. Results from local athletes will be printed in the next edition of your local paper. The northern portion of the Eastman region has joined with the Interlake region to become the East region for the Manitoba Games.

The Athletics roster consists of Warren Zarichanski (Whitemouth), Xavier Zarichanski (Whitemouth), Mackenzie Zahariuk (Winnipeg Beach), Brayden Alfred Zahariuk (Winnipeg Beach), Trinity Hayward (Beausejour), Ava Favreau (Stonewall), Lexi Niemczyk (Beausejour),

Sully Boer (Pinawa), Mckinnley Boer (Pinawa), Peyton Zubriski (Arborg), Anika Ploegman (East St Paul), Faith Kasky (Beausejour), Owen Long McKenty (Oakbank), Scarlett Hyde (Beausejour), Molly Jane Timchishen (Arborg), Olivia Sousa (St. Andrews), Katherine Zahariuk (Winnipeg Beach), Abby Harris (Beausejour), Violet Kramps (East St Paul), Donna Harris (Beausejour), Annabel Pelletier (Beausejour), Dylan Pelletier (Beausejour), Quinn Lavoie (West St. Paul), Alina Wiens, (Beausejour), Ashley Schneider (Stonewall), Crew Olivia Scott Peters (Oakbank), Danielle Barnych (Stonewall), Jacoby Wiens (Beausejour), Braedan Walker

(East St. Paul), Darolyn Walker (East St. Paul), James Georgison (Balmoral), Juliana Reid (Oakbank), Mayra Luft (Oakbank), Ashley Keefe (Beausejour), Emma Cassils (Grosse Isle), Daniel Melnick (Lac du Bonnet), Owen Volk (Selkirk), Everett Bilodeau (Beausejour), Devon Reidy (Beausejour), Daniella Paulic (East Selkirk), Adison Kennedy (Garson), Daniel Melnick (Lac du Bonnet), Dermot McDonald (Beausejour), Rorie McDonald (Beausejour), Leah Dудар (Arborg) and Jersey Batenchuk (Gimli).

Baseball – 14U East Team #1 - Connor Kent (Oakbank), Jon Pateman (East St. Paul), Luca Matteo Vieira

(East St. Paul), Tyler Pochailo (Kenora), Kash Harz (Oakbank), Andrew Wilkinson (East St. Paul), Karsyn Rioch (Kenora), Maddyn Dalgliesh (Stonewall), Shay William Pedrick (Narol), Jake Fortin (Stonewall), Liam Kelly (Dugald) and Jack Wilkinson (East St. Paul).

East Team #2 includes Dylan Zubert (Oakbank), Aiden McConnell (East Selkirk), Maverick Mcfarlane (Oak Bluff), Cohen Linsenmeier (St. Andrews), Jensen Freiter (St. Andrews), Decalan Fisher (Narol), Thoren Corbett (Rosser), Gemma Strutynski (Oakbank), Mason Jensen (Win-

Continued on page 26

Sulong Triathlon Group hosts seventh annual Hecla Triathlon

By Kieran Reimer

Over 200 athletes crossed the finish line at the seventh annual Hecla Triathlon hosted by the Sulong Triathlon Group on July 20.

The event saw a record-breaking number of athletes from Manitoba, Saskatchewan, Alberta and Ontario show up to compete in the mid-summer race, which featured swimming, biking, and running in Hecla-Grindstone Provincial Park.

This year, the triathlon included five different races: the duathlon, individual and team aquabike, individual and team sprint, individual and team Olympic, and the gruelling individual and team long course.

“The record-breaking participation, the fantastic weather and the incredible energy from the athletes and volunteers made this event truly special,” said Paula Anderson, president of Sulong Triathlon Group. “We are incredibly grateful for the support of Hecla-Grindstone Provincial Park, our sponsors and our amazing volun-

teers who make this event possible.”

Anderson said this year’s race had an almost even split between male and female participants.

She added that racers experienced sunshine and ideal water conditions and were cheered on by fans who spectated alongside the race.

The event was headlined by the Long Course individual and team race, the longest race in the Hecla Triathlon.

Athletes participated in a 1,900-metre swim, a 90-kilometre bike ride and a 21.1-kilometre run, totalling a 70.3-mile distance across the three sports.

It also featured multiple shorter events for people new to the sport or preferred a shorter distance.

As the event continues to grow in popularity, Anderson and the Sulong Triathlon Group are already preparing for the eighth annual Hecla Triathlon in 2025.

They have set a date for July 19, 2025.



EXPRESS PHOTOS BY CORRINE EINARSSON

A record number of athletes participated in the seventh annual Hecla Triathlon on July 20.



> MANITOBA GAMES, FROM PG. 25

nipeg), Chase Murray (Stonewall), Jayke Witzke (Beausejour) and Luke Janzen (Beausejour).

Basketball 16U - roster includes Joshua Shedden (St. Andrews), Garrett Gburek (Selkirk), Dietrich Redekopp (Victoria Beach), Malakai Boville (Stonewall), Foxx Domansky (Stonewall), Owen Kwiatek (Selkirk), Edward Futz (Stonewall), Jacob Bourcier (Stony Mountain), Patrick Yuzwa (Broad Valley), Nazar Khlyvniuk (Libau), Wyatt Mitchell (Stonewall), Jackson Campbell (Selkirk), EJ Rioux (St. Laurent), Shane Bomberak (Gimli), and Reece Forman (Selkirk).

Cycling U13 Male - Kyle Azaransky (West St. Paul) and Arie Kramps.

U13 Female - Laine Burley (Rosser) and Claire Farmer,

U15 Male Nevin Howanyk (Oakbank), Cade Burley (Rosser) and Jackson Byers (Oakbank).

U15 Female - Bree Farmer.

Golf 17U Male - Brady Comaskey (Oakbank), Colton Drul (Oakbank), Matthew Michaleski (Selkirk) and Ryder Pufahl (East St. Paul).

Sailing - Max Stachowicz (ILCA Male), Zoey Bostick (OPTI Female), Maury Lavitt (OPTI Male) and Jasper Bostick (OPTI Male).

Soccer - Female U14 Their full roster includes Daniella Paulic (East Selkirk), Alexa Link, Stella Dyck (East St. Paul), Abby Parr (Petersfield), Madigan Czarnecki - Petersfield, Rachel Nemis - East St. Paul, Reena Bernat - Oakbank, Anastasia Dawybida - West St. Paul, Lilian Jansen - East St. Paul, Quinn Lavoie - West St. Paul, Myla Seys - Winnipeg, Isabela Faria, Isha Duggal - Winnipeg, Julia Marques, Cassie Molina - Winnipeg, Khloe Mira - West St. Paul, Khloe Walker - Oakbank and Angelina Marques.

Softball - Amy Baxter (West St. Paul), Emma Hennessey (Stonewall),

Alexus Hardman (Winnipeg), Easla Isfjord (Stonewall), Amy Christie (Sunnyside), Veronica Varnes (Warren), Meka Hogue (Beausejour), Stella Anderson (Oakbank), Kara Powroznik, Emily Malcolm (West St. Paul), Cassie Haskayne (West St. Paul), Dani Park (Stony Mountain) and Journey Atamanchuk (Oakbank).

Swimming - Olivia Volk (Selkirk), Myla Volk (St Andrew), Erin Garn (Cooks Creek), Abigail Freedy (St. Andrews), Chandler Zazitko (Winnipeg), Maddex Glaspey (Stonewall), Claire Lee Grant (Selkirk), Jaxon Piotrowski (Stonewall), Tara Ross (Dugald), Lochlyn Ross (Dugald) and Diego Barcena Martinez (Winnipeg).

Triathlon - Abigail Veenstra (East St. Paul), Calla Veenstra (East St. Paul), Jaelyn Walker (East St. Paul), Naomi Noack-Simone (Kenora), Mia Tetrault (Ste. Agathe), Aiden Gudmundson (West St. Paul), Kyle Azaransky (West St. Paul), Logan Boyd-Miller (East Selkirk), Preston Earl (Morden), Nich-

olas Tetrault (Ste. Agathe), Xavier Atwal (West St. Paul), Ethan Gudmundson (West St. Paul) and Nolan Law (Oakbank).

Volleyball U14 Female - Jordyn Chetyrbok (Stonewall), Payton Farthing (Stonewall), Amelia Ann Bell (East St. Paul), Naya Pritchard (West St. Paul), Kate Cornock Rawlings (Teulon), Olivia MacInnis (East St. Paul), Kenzie Giesbrecht (Lockport), Isla Gemmill (Stonewall), Mackenzie Boonstra (Rosser), Olivia Irwin (Selkirk), Hachi Wachukwu (Lockport) and Ava Stepaniuk (Lockport).

U14 Male - Jake Hawthorne (St. Andrews), Colin Hurton (East St. Paul), Lucas Park (East St. Paul), Jaxon Henry (Selkirk), Rex Wytinck (East St. Paul), Tommy O'Brien (West St. Paul), Kellan Hermiston (Lockport), Tate Hofer, Ryder Drzystek, Connor Evans (Lockport), Coltyn Senkow (Hazelridge) and Odin Rempel (East St. Paul).

Classifieds



Book Your Classified Ad Today - Call 467-5836 or Email ads@expressweeklynews.ca

SCRAP METAL

Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

HAY FOR SALE

Round hardcore bales, 1st & 2nd cut, alfalfa & brome grass. Call 204-461-0722.

MISCELLANEOUS

10' x 10' insulated steel garage door. \$1200. Call 204-642-8985.

Please support our advertisers SHOP LOCAL

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

\$1237/month not including hydro (\$50 bi-monthly) 658 square feet, 165 Main Street, Selkirk. Faces west side of suburbs with balcony, nearby park for exercise and recreation and various nearby restaurants. Neighbours are friendly and quiet. Call or text 204-485-7795.

BUSINESS OPPORTUNITY

Seasonal business for sale - owner retiring: land, building, equipment and inventory. Grand Marais, Manitoba, available immediately, over 10 years in business. Call or text for more details 204-792 4151.

For sale - All Electric Sales & Service, 311 Main Street, Arborg. Includes property & building. Call 204-376-5003 or email allelec@mts.net for more information.

WANTED

WANTED: buying estates, contents of homes, farms, barns, sheds, garages, etc. Buying most anything old & interesting! TEXT/PHONE: 204-918-1607. Junkies Estate, Salvage, Antiques & Oddities

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

FLIGHT ACADEMY

Want to learn how to fly? LS Airways Flight Academy is the most affordable in Canada. Recreational, private and commercial certificates. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

News Tips? call the Express 204-467-5836

FINANCIAL SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firststandsecondmortgages.ca

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

EXPRESS 204-467-5836

NOTICES

WANT TO ADVERTISE FALL ENROLLMENT or CONFERENCES? NOW is the time to get your information published! Book your ads now to boost enrolment! SELLING SOMETHING? Have your blanket classified ads seen in the 31 Member Newspapers which are seen in over 368,000+ homes in Manitoba. Now booking advertising for the remainder of 2024. Plan your success! Please call 204-467-5836 or MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

Everything you need to promote your business

- FLYERS
- BROCHURES
- BUSINESS CARDS
- STICKERS
- WINDOW DECALS
- SOCIAL TICKETS
- DOOR HANGERS
- LETTERHEAD
- ENVELOPES
- INVOICES
- ESTIMATE SHEETS
- POSTERS
- MEMO PADS
- POST CARDS



Call Today! 204-467-5836



Rural Municipality of FISHER

REQUEST FOR TENDER

The RM of Fisher is currently accepting tenders for compaction of waste located at the Poplarfield Disposal Site. The successful candidate will compact and push up garbage at a minimum of once every 3 weeks, year-round. More visits may be required in the busier months. The waste will be compacted and covered with a layer of earth compacted to a thickness of at least 15 cm once each month. Compaction to be performed when disposal site is closed. Please quote price per compaction and type of equipment used. Call office for enquiries. Tender Submission closes September 3, 2024 at 4:00 p.m.

Mail tenders to: The RM of Fisher, Box 280 Fisher Branch, MB R0C 0Z0, email fishercao@mymts.net or drop off in person



Heavy Truck and Trailer Sales & Service

EMPLOYMENT OPPORTUNITY

Body Shop Manager

We are currently looking for a dedicated, detail-oriented and self-motivated individual for the position of Body Shop Manager that has experience and knowledge of body repair and painting of transportation equipment.

The Body Shop Manager will be responsible for managing and applying paint to truck and trailers that come through the shop that require this type of service. Other duties will include and are not limited to:

- Ordering paint and other products,
- Repairing and body damage,
- Sanding and masking,
- Ensuring all equipment is cleaned and prepped prior to painting,
- Performing routine maintenance on painting equipment, and assist in other ship duties.

Please send cover letter and resume outlining your skills and experience to sales@jbrandtent.com

THE RURAL MUNICIPALITY OF ARMSTRONG

PUBLIC NOTICE

BOARD OF REVISION for 2024

Public Notice is hereby given that the 2025 Assessment Roll for the Rural Municipality of Armstrong has been delivered to the Municipal Office at Inwood, Manitoba and is open for public inspection during regular business hours. The Board of Revision will sit on **Wednesday, September 25, 2024 at 10:00 A.M.** at the Council Chambers of the Municipality of Armstrong to hear applications for revision made in accordance with sections 42 & 43 of the Municipal Assessment Act:

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- (a) liability to taxation;
- (b) amount of an assessed value;
- (c) classification of property; or
- (d) a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS

- 43(1) An application for revision must
- (a) be in writing;
 - (b) set out the roll number and legal description of the assessable property for which revision is sought;
 - (c) Set out which of the matters referred to in subsection 42(1) are at issue, and the ground for each of those matters; and
 - (d) be filed by delivering it or causing it to be delivered to the office indicated below, or serving it upon the secretary, **on or before Monday September 9, 2024**

Dated at Inwood, in Manitoba this 18th day of July, 2024.

Nancy Howell, Secretary Board of Revision
Rural Municipality of Armstrong
Box 69, 1094 Hwy #17
Inwood, Manitoba R0C 1P0
Phone: (204)-278-3377
Fax: (204)-278-3437
Email: cao@rmofarmstrong.com



Ashern Auction Mart

ATTENTION: FARMERS AND RANCHERS FIRST FALL CATTLE SALE

Will be held Wednesday August 28, 2024

Then every Wednesday commencing on September 11, 2024

Please call to book your cattle 204-768-2360 icca@mymts.net License #1128

EMPLOYMENT OPPORTUNITY

Arborg School Age Childcare Coop requires an ECE II for a split shift.

Starting Sept 5th-June 28th (closed for summer) Opening shift 7-9 am and 3-6 pm. Wage depending on experience, paid inclement weather days, MCCA membership, possible future benefits.

Looking for an energetic, reliable ECE II for a busy childcare before and after school program located in the AEMYS. Required to share in daily responsibilities preparing light snack, cleaning, program planning, playing games activities in the gym and outside with various ages of children 5-12. As well as one on one with children with additional support needs.

Requirements:

Early Childhood Educator Diploma
Currant first aid
criminal record/child abuse/ vulnerable sector checks.

Email resumes to: arborgschoolage@yahoo.ca

Classifieds



Book Your Classified Ad Today - Call 467-5836 or Email ads@expressweeklynews.ca

WANTED

Coins,
Coin Collection,
Old Jewelry,



Cash paid for silver coins, gold coins, rare coins, old coins & paper \$, Olympic coins, Royal Canadian Mint Coins, Franklin Mint, US Mint etc, unwanted jewelry, old Rolex & Omega watches, nuggets, sterling silver, Bullion, all Gold & Silver!

Wanted:

USA, Canada, World Coin Sets & Coin Collections.

Will buy entire collections & accumulations!

Todd
306-774-2420

SHOW HOME FOR SALE

Starting at \$289,000

Aurora Plus RTM

1648 SqFt,
3 bedrooms, ensuite,
large kitchen with
quartz countertops,
9ft walls, double
cathedral ceiling

www.wgiesbrechthomes.ca
204-346-3231

www.meyersauctions.com

Online Auction
Ending Aug 24, 2024
Brandon, MB

Snow Blowers, Lawn Mowers, Shop Tools, Yard & Garden Items, Saddles, Horse Tack, Leather Love Seats, Dining Room Suite, Bedroom Suites, Collectables

Bradley Meyers
Auctioneer
204-476-6262
www.meyersauctions.com

Classified booking deadline is Monday at NOON prior to Thursday's publication Please Call 204-467-5836

BATTERIES FOR EVERYTHING! 50,000 BATTERIES IN STOCK

*Auto *Farm *Truck
*Construction *ATV
*Motorcycle *Golf Carts
*Rechargeables *Tools
*Computers *Medical
*All phones *Chargers
*Marine *RV & more
Shipping/Delivery avail.

THE BATTERY MAN
1390 St. James St.
Winnipeg
TF 1-877-775-8271
www.batteryman.ca

Danny's

MOVING AND DISPOSAL

- Local & Long Distance
- Household Packing
- Estate Clear Out, Clean up, Buyout
- Storage Clear Out

Small Jobs & Free Estimates

Seniors Discounts

Professional & Courteous

204-298-7578

McSherry Auction Service Ltd
Online McSherry Auction
JJ Riverside Mfg. Tractor & Equip. Auction
September 5th @ 7:00PM
6524 Henderson Highway,
Lockport, MB
Contact: Gerald 204-757-9176,
204-481-3655
40 Tractors, 51 Merc
Stepside 1/2 Ton, Equip.
McSherryAuction.com

Everything you need to promote your business



For all your printing and publishing needs
Call Today! 467-5836

LAND FOR RENT

RM OF ARMSTRONG

100 acres hay

100 acres of pasture

For more info., please call

1-204-861-0126

FUNDRAISER

August 25, 2024 at 11:00 am
Ukrainian Orthodox Church,
St. Stephen Pleasant Home

Tenderloins Famous Kubi Kart
will be selling Hot Dogs, Smokies,
Kubi Dogs, Rings of Tenderloins
famous sausage and refreshments.

This event is cash only.
50/50 Tickets, Raffle Tickets

NOTICE TO CREDITORS

In the matter of the Estate of **JEANETTE BAHREY**, late of Arborg, Manitoba, Deceased.

All claims against the above estate, supported by Statutory Declaration must be sent to the attention of: Marlene Klimchuk, Estates Administration, at 155 Carlton St Suite 500, Winnipeg MB, R3C 5R9 on or before the 17th day of September, 2024.

Dated at Winnipeg, Manitoba, this 6th day of August, 2024.

KERI RANSON
Acting Public Guardian and Trustee of Manitoba

EMPLOYMENT OPPORTUNITY

Location Blue Crescent Hotels – Arborg, MB
Position Hotel General Manager
Status Full Time

Our brand new 30 room hotel is seeking a qualified "hands on" revenue driving Manager, who can set and manage a high standard for quality small town hospitality, opening a brand new, modern Hotel. As the leader of this hotel, the Manager will be responsible for all day-to-day operations and team management. It is expected that the successful candidate will build their team and culture to create outstanding guest service and show visitors to our community what small town hospitality is all about.

DUTIES AND RESPONSIBILITY:

- Setting and achieving occupancy and profit targets;
- Recruiting, training and monitoring staff;
- Building a hospitality culture;
- Planning work schedules for individuals and teams;
- Performing Front Desk Duties as well while in the office;
- Training in all departments;
- Ensuring security and safety of all guests, guest information and staff;
- Controlling costs and managing for Profit;
- Monthly reporting to ownership group;
- Managing Policies, Procedures and Maintenance of the pools and waterslide;

SKILLS:

- Friendly, service orientated personality
- Excellent interpersonal and communication skills
- Organized and ability to multi-task
- Analytical problem solver
- Ability to mentor staff

QUALIFICATIONS:

- Minimum of 2 - 3 years of experience in an Assistant GM or GM role within a hotel, resort or similar field is preferred.
- Demonstrates an ability to anticipate and identify issues and exercise initiative to investigate, interpret and weigh alternatives to reach logical conclusions to make sound business decisions.
- Maintains a consistent professional and positive attitude when communicating with guests and associates.
- The ability to effectively and efficiently schedule, manage and delegate work.
- Possess excellent listening, verbal and written communication skills with professionalism, diplomacy and confidentiality.
- Computer proficiency in Word, Excel, Bookkeeping and Hotel Reservation systems is an asset.

Respond to: trevor.rempel@steelcreekdevelopers.ca

Resume Submissions close August 31, 2024 - Start Date Flexible targeting mid October 2024



TOWN OF ARBORG PUBLIC NOTICE

BOARD OF REVISION

Public Notice is hereby given that the **2025 Assessment Roll** for the Town of Arborg has been delivered to the Municipal Office at 337 River Road, Arborg, Manitoba and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Sections 42 & 43 of *The Assessment Act*.

APPLICATION FOR REVISION 42(1)

A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under Subsection 13(2).

APPLICATION REQUIREMENTS 43(1)

An application for revision must:

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in Subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by
 - delivering it or causing it to be delivered to the office indicated in the public notice given under Subsection 41(2), or
 - serving it upon the Secretary, at least 15 days before the scheduled sitting date of the Board as indicated in the public notice.

The Board of Revision will sit to hear applications on **Wednesday, September 11th, 2024 at 10:00 AM** in the Town of Arborg Council Chamber, 337 River Road.

The final date on which applications must be received by the Secretary of the Board is **Monday, August 26th, 2024**.

Dated at Arborg, in Manitoba, this 1st day of August, 2024.

Cindy Stansell, Secretary
Board of Revision
Town of Arborg
Box 159 – 337 River Road
Arborg, MB R0C 0A0

News Tips? Story idea?
Call the Express 204-467-5836



Power Builder Advertising WORKS!

- GET SEEN by over 360,000 Manitoba Homes!
- Use your LOGO!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$339.00 (includes 45 lines of space)
- The ads blanket the province and run in MCNA's 31 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at **204.947.1691** or email **classified@mcna.com**

www.mcna.com

News Tips?
call the Express
204-467-5836



Join Our Team!

We are currently seeking experienced, goal-oriented individuals for employment in the following positions:

- Class 1 & 3 Drivers
- Foremen
- Skilled Laborers
- Sewer & Water Personnel
- Heavy Equipment Operators
- Hydro Vac Operators

What We Offer:

- Competitive wages
- Comprehensive benefits plan
- Safety training
- A safe work environment

Requirements:

- Minimum Class 5 driver's license
- Positive work attitude
- Ability to work well with others or independently
- Safety-oriented
- Willingness to work extensive hours, including some weekends

If you are interested in joining a well-established and growing company with room for advancement, please email your resume to **jackie@efmoon.ca**

Classifieds Announcements



Book Your Classified Ad Today - Call 467-5836 or Email ads@expressweeklynews.ca

OBITUARY



Megan Scharf (nee Roys)
June 24, 1943 – August 5, 2024

Peacefully, on Monday, August 5th, 2024 with family by her side, Megan Lucy Scharf, age 81, passed away at the EM Crowe Memorial Hospital in Eriksdale, Manitoba.

Megan was predeceased by her husband, Larry; parents, Lucy and William; brothers Eric and Roy; in-laws Helga and Bill, and sister-in-law Eleanor.

Megan is survived by her son Dennis (Diane) and daughter Chrissie (Lorne); her sister Elizabeth (Leo); grandchildren Keevin, Brooke, and Derek (Sophie); great-grandson Edward; brothers-in-law Ricky (Sharon) and Jim, and nieces Susan and Jackie.

Megan's life began on June 24, 1943 in Manchester, England. At a young age, she and her family embarked on a journey across the ocean, landing at Pier 21 in Halifax, Nova Scotia. Their journey continued as they traversed Canada, finally settling in Prince George, BC.

In her teens, Megan began working at a sawmill in Northern BC as a cook in the camp. This is where she not only learned her incredible culinary skills but also met the love of her life, Larry Scharf. In 1962 they got married, and in 1970, after starting their family, they moved back to Larry's hometown of Lundar, to chase their dreams of starting their own farm. They established their farm from scratch and created a life for themselves and their family. Their hard work on the farm was evident, and they took a lot of pride in their immaculate farm and beautiful cattle. Megan also worked outside the household and spent 20 years at the Lundar Pharmacy, where she cherished the social interactions and the friendships she formed with her community.

Megan's outlook on life and love transformed with the arrival of her grandchildren, Derek, Brooke, and Keevin. They brought a new depth of joy and love to her life, which highlights the profound bond and happiness Megan found in her family.

Megan's dedication to her family knew no bounds. As the true matriarch, she ensured that there were many family gatherings each year. Megan always kept her family and anyone they brought along well-fed with the incredible multi-dish meals that she was always able to whip up in record time. Her unconditional love for her family and keeping them all together created memories that will last a lifetime.

Megan was always immensely proud of her son Dennis for his distinguished military accomplishments as an Air Force pilot and his incredible carpentry skills, which he exemplified in the houses he built. She was thrilled to visit Dennis and Diane on Vancouver Island, to witness the incredible craftsmanship of his newest build firsthand. Megan was also incredibly proud of her grandson Derek for his lifetime of hard work in becoming a pilot, in which he now sits in the captain seat for WestJet.

Megan took incredible pride in her farm, deeply grateful for her son-in-law Lorne and grandson Keevin, who took over and continued Larry's legacy; maintaining and upgrading the farm, the cattle and the yard with dedication. Megan was incredibly thankful for the unwavering love and support from her daughter, Chrissie and granddaughter, Brooke. Over the last few years, they ensured Megan was looked after and filled her life with adventure and joy. Their dedication included traveling and spending quality time together. On Friday nights she also loved to attend Chase the Ace and see her Lundar Legion friends.

Megan will be deeply missed by everyone she impacted. She was a kind soul with a life's mission to make the lives of those around her easier. She was an exceptionally hard worker and incredibly strong-willed. She cared deeply for her family, showing her love through cooking meals and ensuring everyone felt loved and well-fed. Her legacy of love, dedication, and kindness will continue to inspire all who knew her. She also truly appreciated her special friendship with Jim and Irene Runolfson and Eva Lavallee and all the support they provided her over this past year.

Megan's family would like to extend a heartfelt thank you to Beryl Dziedzic NP, Gimli CancerCare, Dr. Faragalla, Dr. Young, and all the staff at the EM Crowe Memorial Hospital for the loving care and compassion they provided for Mom. She really felt at home with you all. Also, our gratitude to everyone who reached out with condolences and wonderful food deliveries. It was so appreciated at this difficult time.

A family service will be held at a later date.

Arrangements by:
ARNASON FUNERAL HOME
Ashern - Lundar
PO Box 672, Ashern, MB R0C 0E0
1.204.768.2072
1.866.323.3593

OBITUARY



Lorne Arthur Joseph Thomas
Heaven bound to join his wife

Lorne passed away very peacefully surrounded by his family on July 22nd, 2024 at his residence, Middlechurch Home of Winnipeg.

Left to cherish his memory are his four children, Lorna Thomas, Rose Marie Hrechkosy (Darryl), Norma Reinhardt (Alex), and "Buzz" Lawrence Thomas, and Lorne's pride and joy, his four grandchildren, Bryce, Lindsay, Amber and Matteo. He is also survived by his nieces Josie, Rosie, Doreen, and nephew Louis, his cousin Michael Crawford and family in Kent England.

Lorne was predeceased by his wife Joanne in 2022, by his parents Stuart and Dorothy "Olive" Thomas, and sister Daisy Rosenfelt.

Dad was born at the family farm in Foley, Manitoba where he spent his early life, moving to Hazel Avenue in Winnipeg Beach with his mother in 1946, after his fathers passing. As a young teenager,

Lorne worked many jobs in Winnipeg Beach, including the midway, the dance pavilion and his favourite, cleaning the Moonlight Special Train before its return to Winnipeg on weekends. As a young man, he worked with Fusy Isfeld setting/pulling nets on the lake in the summer and ice fishing in the winter. In early 1955, Dad met Joanne Nelson and as they would say, the rest is history. They married in June 1956 residing in Winnipeg Beach and starting their family. Dad worked on road construction for various companies working on many Manitoba highways, and the runways at a few airports including the Winnipeg airport. Dad retired from the Department of Highways, Petersfield branch in 1989. While working full time with the Department of Highways, Dad also maintained a small private business doing yard work/maintenance for the summer residents in Winnipeg Beach and surrounding areas. Life's adventures, took Dad and Mom to Nanaimo BC in 1989, moving back to Manitoba in 2007. Many memories and great travel adventures filled their days in retirement.

We would like to thank the staff on unit B1 at Middlechurch nursing home for their great care and being a part of our family for the past six and half years! The staff are top notch and we have been thankful for your care of our Dad, and us!

In lieu of flowers, donations may be made to either Black Bear Rescue Manitoba at www.canadahelps.org or Hope For Wildlife at www.hopeforwildlife.net.

The service will take place on Monday, August 26, 2024 at 11:00 a.m. in the Gilbert Funeral Chapel, Selkirk, MB. A private family interment will take place.

Tributes: www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY



Edith Dorothy Thordarson (nee Sloboda)
May 13, 1934 – August 6, 2024

It is with great sadness that we announce the passing of our mother.

Edith was predeceased by her husband Eric; son Timothy; parents, Steve and Dora Sloboda and her sister Marion Decosse.

She is survived by her children, Randy; Robert (Lisa), grandchildren, Eric and Tia; Laura (Dean) Marion, grandchildren, Alex, Hallee and Carli-Ann.

In keeping with Mom's wishes, cremation has taken place, a private family interment to follow.

If so desired, donations in Edith's memory can be made to a charity of one's choice.

Tributes: www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY

Kyle Spalding
July 22, 1978 – August 8, 2024

The family mourns the sudden and tragic loss of Kyle on August 8, 2024. A memorial service is being planned and will be announced at a later date. Arrangements by:

ARNASON FUNERAL HOME
Ashern - Lundar
1-204-768-2072
1-866-323-3593



SERVING YOUR COMMUNITY

- Monuments
- Restoration
- Granite
- Pillow markers
- Level monuments
- Bronze
- Pre Needs
- Renew monuments
- Columbariums
- Final Dates
- Engraving
- single, family, community

Appointments available in the comfort of your home

Email: sunsetmemorialsgimli@gmail.com

Bus: 1-204-642-8818 • Cell: 1-204-407-3096

www.sunsetmemorialsgimli.ca

Online McSherry Auctions

Estate & Moving
Featuring Coins & Paper Money
August 21st @ 7:00 PM

Estate & Moving
August 28th @ 7:00 PM

12 Patterson Dr.
Stonewall, MB
204-467-1858 or
204-886-7027
McSherryAuction.com

Your memory will live forever Engraved within our hearts

Big and Colourful PRINTING & PUBLISHING

See Us for Everything you need to promote your business

- Flyers
- Social tickets
- Estimate sheets
- Brochures
- Door hangers
- Posters
- Business cards
- Letterhead
- Memo pads
- Stickers
- Envelopes
- Post cards
- Window decals
- Invoices
- Presentation Folders

Call 204-467-5836

SEE PAGE 29 FOR PUZZLE BOARD

CLUES ACROSS

1. Major American automaker (abbr.)
4. Pressure measurement
7. Two-year-old sheep
10. Indigenous person from Laos or Thailand
11. Up in the air (abbr.)
12. Actress de Armas
13. Not moving
15. Cool!
16. Bog arum genus
19. Perceptible by touch
21. Type of test
23. Monetary units
24. Collection of various things
25. Sum of five and one
26. Type of sword
27. Hates
30. Immobile
34. Pie __ mode
35. Moved quickly
36. Passenger's place on a

41. A way through
45. Former US Secretary of Education Duncan
46. Leader
47. Flowing
50. Greetings
54. Remedy
55. Soft lightweight fabric
56. Building material
57. Sea bream
59. A way to cause to be swollen
60. One and only
61. People get one in summer
62. Wreath
63. Thus far
64. They __
65. Sea eagle

CLUES DOWN

1. Policemen (French)
2. Toy dog

3. Inflamed colon disease
4. Can't move
5. Helps little firms
6. Lists of names, subjects, etc.
7. Takes down
8. Makes possible
9. Wife of Julius Constantius
13. Engine additive
14. Arctic explorers (abbr.)
17. Written account
18. Consumed
20. Something the first shall be
22. No (slang)
27. Gov't lawyers
28. Peyton's little brother
29. Small amount
31. Investment vehicle
32. Fall behind
33. Midway between northeast and east
37. Head pain
38. Popular sport in England

- and India
39. King Charles's sister
40. Boat race
41. About fish
42. Maidservant
43. Able to be marketed
44. Tinier

47. Parts per billion (abbr.)
48. Paddle
- 4.9 Oneness
51. Bitter chemical
52. Not around
53. Very fast airplane
58. Swiss river

4	3	2	5	1	7	6	8	9
6	5	7	8	2	6	4	3	1
8	1	9	4	3	2	5	7	8
2	8	5	4	7	1	3	6	9
7	4	3	6	9	5	1	2	8
9	6	1	2	3	8	5	7	4
5	2	6	7	9	4	8	3	1
1	4	7	3	8	2	9	6	5
3	9	8	1	5	6	4	7	2

Sudoku Answer

	N	R	E	E	V	A	T	H	E	
T	I	L	E	N	T	A	V	K	O	B
S	I	L	V	H	O	V	C	V	N	P
S	M	V	V	L	V	S	G	N	I	P
E	V	S	S	V	A	R	C	D	I	S
N	V									
E	L	E	S	S	S	S	S	S	S	D
E	E	E	P	E	S	S	S			
G	V	L	L	O	C	T	V	S	P	E
T	O	L	K	B	I	N	L	I	L	T
V	A	L	L	C	A	D	V	R	L	L
V	N	V	N	B	V	O	V	L	S	
T	E	G	S	I	P	S	C	F	M	C

Crossword Answer

GOETZ SIDING
 • 5" Eavestrough • Soffit/Fascia • Custom Cladding
 (204)223-7740 goetzsidings@gmail.com

R.S. SATELLITE SYSTEMS
 Sales - Installations - Service
 Help With Bell TV and Internet & Shaw Direct Satellite Systems.
 Russell 204-376-2757
 Arborg, MB

KINGS AUTOAIR
 AUTOMOTIVE AIR CONDITIONING SPECIALIST
 * Car * Light & Heavy Truck * RV *
 Red Seal Technician 204-390-2790
 www.kingsautoair.com kingsautoair@gmail.com

GRASS-FINISHED BEEF
 Scott and Jenny Beaton Balmoral, MB
JACKFISH CREEK FARM
 Jackfishcreekfarm.com
 204-467-8510 jackfishcreekfarm@gmail.com

SHERLOCK TREE REMOVAL
 Pruning • Stump Grinding • Chipper
 Licensed Arborists
 Fully Insured - Claim Free
 30 years Experience
 Vince 861-0487
 Darren 861-0028

Get The Job Done!
Biz Cards
 To Book A Biz Card
 Call 204-467-5836

"From rust to riches, your scrap could be treasure with our unbeatable prices!"
 Purchasers of ferrous/non-ferrous materials
 Call Today
 Unit 5, 325 Parkdale Rd, St. Andrews MB
 info@eco-metallics.ca
 Office: (204) 404-4747
ECO-METALLIC INDUSTRIES

J TECH AUTOMOTIVE
 INTERLAKE'S USED CAR DEALER
 Cars, SUV and Trucks for sale Financing Available!
 Priced from \$5,000 and up
 120B Center Ave W. 204-641-2526
 Gimli

WHEATHILL TRANSPORT
 Grain & Fertilizer Hauling
 Hauling Available for Manitoba & Saskatchewan
 Harley @ 204-494-0824
 Jerry @ 204-280-6261
 wheathilltransport@gmail.com

M DRIEDGER HANDYMAN
 • Decks • Railings • Sheds
 • Painting • Cabinets • Blinds
 • Home Repairs
 204-641-4679 mdriedg@gmail.com
 Serving Gimli and Area

CONVENIENCE
 Grocery • Drinks • Snacks
 • Coffee to Go • Ice • Firewood
 • Fireworks • ATM • Greeting Cards
 • Newspapers • Books • Pet Food
 • Toys & more
SNACKS • LOTTO
 20088 First Ave, Sandy Hook
OPEN YEAR ROUND 10AM - 6PM
 7 DAYS A WEEK

PharmaChoice LUNDAR
 You have QUESTIONS, We have ANSWERS!
 • Prescriptions • Liquor Store
 • Home Health Care Aids
 • Snacks and more!
Advice for Life
LUNDAR PHARMACY 204-762-5431
 18 Main St., Lundar

Innovative Electric
 Ph: 204-641-5266
 Url: www.innovativeelectric-mb.ca
 Email: matthew@innovativeelectric-mb.ca

BNS EXCAVATING
 • Design Services • Soil Analysis • Well & Septic Repairs
 • Frozen Lines • Driveways • Culverts • Trenching
 • Auger Drilling • Ice Dam Steaming • Septic Fields
 Residential, Commercial & Industrial
 Member of Manitoba Onsite Wastewater Management Assoc
 BNSexcavating@hotmail.com (204)461-2856

ALICEROOFING LTD.
 Complete Roofing Service
 • Residential
 • Agricultural
 Licensed & Insured
 www.aliceroofing.ca 204-757-9092

NEW VALLEY ROOFING & RENOVATIONS
 Serving The Interlake
Henry Reimer 204-642-2551
 BP & IKO Certified Roofer henry.reimer@newvalleyroofing.com
 newvalleyroofing.com

NEXLEVEL DRILLING BY KBL
 Cast in Place • Foundation Repairs
 Underpinning • Screw Piling
 204.641.1477
 "Building Manitoba from the Ground Up!" • kbl@gokbl.com

12/12 ROOFING
 We've got you covered!
 • New Roofs
 • Re-Roofs
 • Cedar Shakes
 • Any Roofing Repairs
 • FREE ESTIMATES
 15 YEARS EXPERIENCE
 Call: (204) 641-0385
 Mike email: md12_12roofing@hotmail.com

KNUTSON BUILDERS
 FROM THE GROUND UP
KBL LTD.
 EST. 2008
 gokbl.com
 "Building Manitoba from the Ground Up!"
 Commercial / Industrial Construction
 Foundations & Concrete
 Flatworks
 Shops & Custom Builds
 Insurance Claims
 204.642.8839
 kbl@gokbl.com
 204.641.1477
 Proudly Metis Owned

POWER UP WITH Honda



SAVE
\$100*
ON MODEL EU2200i

HONDA

Honda Outdoors @HondaOutdoors

SAVE UP TO
\$500*
ON SELECT MODELS



HONDA

*While supplies last. Contact your local Honda dealer for availability.

SHACHTAY
SALES & SERVICE LTD.
www.shachtay.com

204-376-5233
Servicing the
Interlake for 58 Years!
Arborg, Manitoba
Family Owned