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**Artistic diversion**

Andrew Nelson went through 400 hot glue sticks while creating the installation filling the gallery. His gallery recently opened in Chatfield in the former museum.

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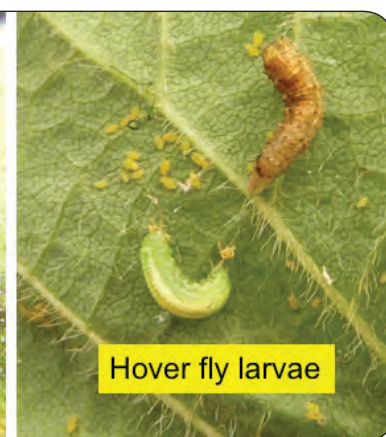
# Incredible Creatures: Hover Flies – Masterful Mimics

By John Gavloski

Flies often get a lot of bad press. But there are many groups of flies that are beneficial. Some are good pollinators, others are valuable predators, and there are some that are beneficial as both. One such group of flies is the hover flies. One challenge, though, might be even identifying them as a fly. In this month's Incredible Creatures, we will explore hover flies, masterful mimics that are bountifully beneficial.

## Masterful mimics

At first glance, the hover flies in the photo may look like a wasp, but they are not. There are 593 species of hover flies (sometimes also known as flower flies) in Canada and over 6,000 species worldwide. Adults of many species resemble bees or wasps. This mimicry may ward off predators. But hover flies can't sting. Flies do not have stingers and only have a single functional pair of wings (the hind wings are reduced to balancing organs). A wasp's or bee's antennae are more noticeable than hover flies, and wasps have narrower waists than hover flies. Hover flies are also much better at hovering than bees and wasps. Adults of most species of hover flies are about 10 to 20 mm, but some are bigger and can



EXPRESS PHOTOS SUBMITTED

Can you see the similarities and differences between hover flies and wasps?

be up to 35 mm. In dry years like this, hover flies may land on us to gather a drink of sweat. If you can identify it as a hover fly, don't worry — you are just supplying them with insect Gatorade.

## Pollinators that provide an air-show

Adults often feed on nectar and/or pollen. Look for them around flowers. They can hover in place, like a hummingbird, and move around in all directions. They can be valuable pollinators and are often considered the second-most important group of pollinators after bees.

If you have aphids starting to develop on a plant, that may also at-

tract hover flies. As aphids feed, they excreted honeydew, which creates an aroma that helps hover fly adults find an aphid colony to lay eggs near. The more aphids and honeydew on a plant, the more likely it will be discovered by hover flies.

## Legless, blind predators

Larvae of most species of hover flies are slug-like, legless and taper towards the head. Colour is commonly brown, greenish, pink or whitish. Body contents visible through the outer covering of the body can cause larval colour to vary according to the colour of what they eat. Mature larvae of most species are 5 to 20 mm long.

Larvae of most species are predators. Many species are important predators of aphids, and some may also feed on thrips, scale insects or small caterpillars. Larvae of some species are capable of destroying hundreds of aphids

during their development. With no true eyes, hover fly larvae discover their victims by swinging their head to and fro, searching for prey with sensory structures located on the front end of its fleshy head. When it bumps into an aphid, it quickly snares its victim, sucks the fluids from its body and tosses the exoskeleton.

There are also some species of hover flies (in the genus *Microdon*) where the larvae live in ant or termite nests. Others live in shallow water that has decaying organic material. These have a long anal breathing tube and are called "rat-tailed maggots."

Whether you see an adult hover fly manoeuvring like a helicopter, coming for a sip of sweat, or the larvae sucking the juice from an aphid, hover flies can be fun to watch. They also provide a bounty of benefits as pollinators and predators.

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# Art Hive creates creativity without boundaries

By Jules Stevenson

Every Thursday in August, the Village of Dunnottar will be hosting seasonal Art Hives, which are free creative events, inside and around the Ponemah Beach Central Arts Centre. They will run from 10 a.m. to noon at 26 Central Ave in Ponemah, just south of Winnipeg Beach.

"It's about non-directive, no-barrier access to art. That's what we're trying to do today. Remove all barriers to having access to an art program that's totally self-directed. It's being able to express your own creativity," says Althea Howard, co-ordinator of the event and the socio-cultural co-ordinator of the Village of Dunnottar.

Howard says the Art Hive is a model that comes out of Montreal, and the turnout has been great so far. One of the main principles of Art Hives is that every person is an artist, and the Art Hive program provides each artist with free supplies to use to create their own art.

"It's not a class where we tell you what to do and there's an expected outcome. It's really just about exploring your own creativity and seeing where you go with your own design to

make art," says Howard.

Howard approached the Ponemah Beach Central Arts Centre about hosting the Art Hive and was met with support. The mission statement says the Ponemah Beach Central Arts Centre is "a unique resource for a community that can be used to support some of our social, cultural, health and recreational needs."

The Village Brew Co., a local brewery, gave out free coffee and tea during the event. Age Friendly Dunnottar, another local community group, provided free snacks for those attending.

"It's been a really nice community bonding experience. The fact that people are here and having fun, I'm so excited about it," says Howard.

Howard says that coming out of the pandemic, community events like this are more important than ever to help with the isolation that has affected both the community and its members. She says free events like this offer an easy entry back into the community.

Howard says part of the joy is they get to sit at tables with people they don't know, make friends and bond over the activity of making art.



EXPRESS PHOTO BY JULES STEVENSON

Taylor Minnis shows off her wooden garden.

"I do tons of arts and crafts, and today is really fun. There are lots of art supplies too," said Taylor Minnis, 9, who made a wooden garden with the

art supplies. More information is available at Facebook.com/PBCArtHive.

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# Rainbow-filled art gallery opens in Chatfield museum

By Nicole Brownlee

The former Chatfield Park of Souvenirs Museum re-opened July 30 as a gallery and installation for Interlake artist Anthony Nelson.

Now named The Chatfield Gallery, Nelson has covered the space in multi-coloured flowers, stars, streamers and more, inviting guests to explore the whimsical space before landing in Nelson's store to peruse his work available for purchase.

"It's definitely something you need to see in person. ... It's kind of impossible to describe," said Nelson.

Inspired by the ornate ceilings of mosques, trinkets hang from the ceiling while plush furniture is scattered throughout the room for visitors to observe the space.

"People just kept dropping stuff off at my house, and I just kept incorporating it, and then I kind of got addicted to the colour and vibrancy that that added," said Nelson.

Nelson continued expanding the installation, visiting dollar stores and collecting more items to fill the historic building.

"I've spent a lot of time setting up an installation on the inside. Mostly throughout COVID, I got most of the work done," said Nelson. "I was lucky enough to get laid off, and just be able to work on this full-time was definitely a blessing."

The Chatfield Gallery is Nelson's first venture into owning his own gallery, but his work has been shared throughout several galleries in the province.

"It's way more my kind of environment. I don't really relate to just having the white walls and just the empty canvas. I'm a very maximalist person,"



A sample of Nelson's work.

said Nelson. "Usually, my apartments always kind of end up looking like this, but [that's] never something I've shared with the public."

Nelson bought the space three years ago after the Chatfield Museum owner, Geraldine Johnson, sold the property.

Despite growing up in Camp Morton, over 60 km away from Chatfield, Nelson felt locating the gallery in the small town was an important component.

"The town has always been very important to me, and it definitely became part of the experience," said Nelson. "I like that people have to make kind of a pilgrimage to the gallery in the middle of nowhere in order to have

this kind of experience, as opposed to just browsing through a gallery shop."

Dave Johnson, son of Chatfield Museum's founders Geraldine and the late Alfred Johnson, said the museum was always full of artifacts and history and has been developed astoundingly.

"Now it's full, with really cool things too," said Johnson. "It'll blow your mind."

While developing the installation, Nelson became close to Geraldine and credits her for giving him the



EXPRESS PHOTOS SUPPLIED BY ANDREW NELSON

The former Chatfield Park of Souvenirs Museum has re-opened as The Chatfield Gallery, home to Interlake artist Andrew Nelson's work.

**"THE TRANSITION FROM MY PARENTS' MUSEUM TO ANTHONY'S GALLERY NOW, I COULDN'T HAVE PICKED ANY OTHER WAY IF I WAS IN CHARGE OF THE UNIVERSE."**



The former Chatfield Park of Souvenirs Museum has re-opened as The Chatfield Gallery, home to Interlake artist Andrew Nelson's work.

first hot glue gun that helped him fix his constellations to the ceiling of the installation.

"Originally, I was just using a needle and thread and hanging everything to the ceiling, which was extraordinarily time-consuming," said Nelson. "Once I had a hot glue gun, then I was off to the races, and I went through, like, 400 hot glue gun sticks this year just putting up hundreds of flowers."

Geraldine was excited and proud to see the gallery on opening day, said

Dave.

"She thought, it's just wonderful that he has taken over the building and actually using it," said Dave.

"The transition from my parents' museum to Anthony's gallery now, I couldn't have picked any other way if I was in charge of the universe."

The Chatfield Gallery is located at 4131 Hwy. 419, Chatfield, in the RM of Armstrong and is open daily from 10 a.m. to 6 p.m. To learn more, visit The Chatfield Gallery Facebook page.



## FACT:

Bill 64 attacks local democracy through a public appointment structure that can be subject to politically partisan influence and loyalty without ensuring diverse community representation.





# The Interlake Women's Resource Centre's book club is back in person

By Sydney Lockhart

The Interlake Women's Resource Centre is running a community book club free of charge each month.

"It's open to anyone who defines themselves as a woman in part or whole. Two-Spirit and gender-queer folks are welcome to an open community program," said the book club facilitator Kristine Dubois.

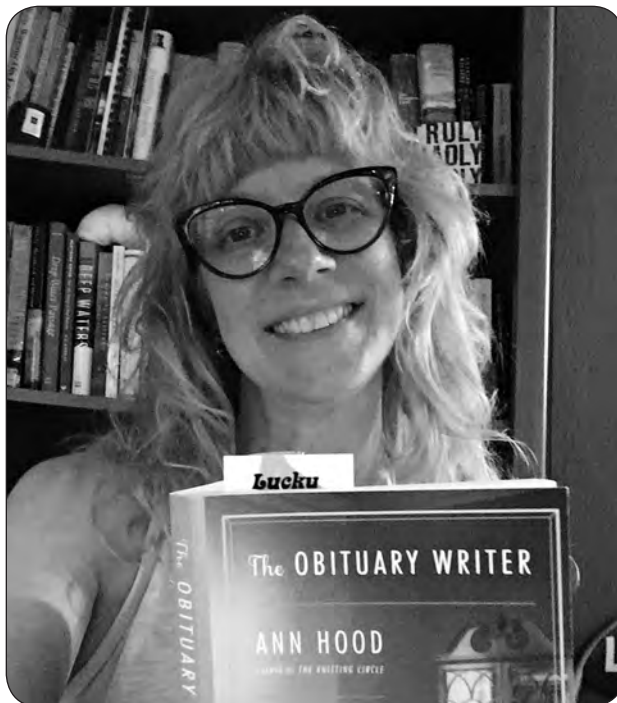
The IWRC uses some of the grant money they have received this year to buy the books for anyone who registers for the book club to make it accessible for as many people as possible.

"I think people are always looking for ways to bond socially, and some people are real avid readers, but there's no requirements for the attendance for the group. Basically, you sign up, and you pick the book up, and then we just chat about the book," she said.

All the books that are read focus on female perspectives but are different genres each month so that people can choose which months they want to participate in based on their interests.

"People have appreciated really talking about the book and I think most people, I know this from my store and as a teacher, they love to talk about their own reading and their authors that they love. And, you know, it just gives us another way to connect as a community," she said.

Dubois describes books as the authentic way to reduce, reuse and recycle because she believes they



EXPRESS PHOTO SUBMITTED

The Interlake Women's Resource Centre is inviting avid readers to join the community book club.

are meant to be shared.

The book club meets in person for the first time in months on Aug. 31 at Dubois' bookstore Lucky Stone Books in Gimli. Masks will be required, and

distancing will still be in place.

"This is a no-pressure book club, but there's some people that have come in, they're like, 'Oh I've only read like 10 pages,' but you're also welcome to listen," she said.

Dubois said that the book club is for all readers, but it is recommended that the participants are at least 18 years old due to some mature content and themes that come up in some of the books.

With reading usually being an individual activity that people experience by themselves, the book club wanted to create a space that made it a community activity for book lovers to discuss books together.

"People like to talk about their authors, what they thought about a book and why we thrive on getting recommendations from people," she said, "a book becomes a collective, you know, enjoyment, rather than just a solitary one."

The book club has both regulars and rotating members and is constantly changing. Currently, the group is reading *The Obituary Writer* by Ann Hood. The September book will be *The Push* by Ashley Audrain. To register to be a part of the IWRC's book club, email k.dubois@mymts.net.

"Interlake Women's Resource Centre wants in all their programming to create an authentic sense of community not just saying they're doing it and I can see how the book club fits in for that sort of a need," said Dubois, "I want to make sure people realize it is an open group and that we're open to new people every month."

# Ojibway language and culture added to Alf Cuthbert curriculum

By Nicole Brownlee

A Moosehorn elementary school can now offer Ojibway language and culture courses with the help of provincial funding.

Alf Cuthbert School received \$15,000 to help pay for an Indigenous-led course to educate students in grades 5 to 8 about a dominant Indigenous culture in the Interlake area.

"I think it's about time we did more for our First Nations students and I think this is a way to support them in our public school system," said Alann Fraser, Alf Cuthbert's principal.

The language and culture program is also an opportunity for staff and students who have a limited understanding of Indigenous culture to build their knowledge.

"My staff is very excited," said Fraser. "They are quite pleased with having more cultural awareness and more authentic learning for our kids."

Alf Cuthbert families completed a survey last spring about how they'd like the French language program at Alf Cuthbert to develop. To gauge interest, Fraser added an Indigenous language option to the survey and received a supportive response.

Eighty per cent of the respondents wanted to add a language and awareness piece to the program.

For the first term of the upcoming school year, students in grades 5 to 8 will learn French. In the second term, students start their Ojibway language and culture course taught by a local Indigenous teacher. In term three, students can choose if they'd like to continue learning French or Ojibway.

"We're not looking for bilingualism from any of it. We're looking for exposure and hopefully to support the kids in knowing that it's good to know another language and that they can do it," said Fraser.

The funding for the program comes from the 2021 Teachers' Idea Fund through the Department of Education. Derek Johnson, MLA for Interlake-Gimli, chose Alf Cuthbert and Dr. George Johnson Middle School to receive the first round of funding.

"This fund will support teachers, staff and education leaders to provide innovative ideas that will improve stu-

dent learning and outcomes," said Johnson in a statement.

"As a school division, the topic of First Nation and Métis people is definitely coming more and more to the forefront," said Donald Nikkel, Lakeshore School Division superintendent. "There's so much that we can learn and benefit from that."

Offering the Ojibway language and culture course will also give students and staff an opportunity to learn more about reconciliation, said Nikkel.

"Incorporating, you know, culture and language into our school system is an incredibly important step."

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**Bill 64** will remove all local democratic processes by eliminating locally elected trustees. They will be replaced by a single appointed (non-elected) individual in each newly amalgamated region. This opens the door for conflicts of interest in terms of political partisanship in our classrooms, and underrepresented demographics.

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## Class will be back in session

By Lorne Stelmach

The province is largely lifting restrictions to allow students to return to in-class learning this fall.

The Manitoba government last week released its safe return plan for Kindergarten to Grade 12 students to classrooms Sept. 7.

While easing a majority of the restrictions, especially mask use, earned some criticism, provincial officials stressed students and staff will be expected to continue to follow the 'COVID-safe' basics and that masks will continue to be recommended.

It was also stressed public health officials will continue to closely monitor conditions on an ongoing basis, and individual divisions will have the choice to maintain stricter measures if they so wish.

"We do want to ensure that a safe and healthy environment is in place for all students and staff this fall," said education minister Cliff Cullen.

"After 18 months of facing the global impacts of the COVID-19 pandemic together, Manitoba is on the road to reopening, including schools with near normal operations," said Cullen. "Children returning to full-time in-person learning is another example of a transition to a post-pandemic Manitoba and a closer return to normal life.

"Our government believes that students learn best in the classroom, and we know how eager students are to return," he continued. "Public health officials will continue to monitor key data and local conditions and schools will be prepared to implement possible additional public health measures."

Manitoba's chief provincial public health officer Dr. Brent Roussin also

stressed there will be contingency plans in place.

"We are going to continue to see COVID-19 infections in the community; we're going to see a return of other respiratory illnesses," Roussin acknowledged. "The strong determination of Manitobans has helped limit the spread of the virus. This has resulted in a reduction in overall case numbers, community transmission and test positivity rates. The strain on our health-care system continues to decline as vaccination rates continue to increase.

"Exposures in schools are less likely to occur when community transmission is lower ... so, as a result, schools will be able to return to close to normal activities in September with some health and safety measures in place," he said. "These public health orders may change over time again depending on what we see with transmission and risk of severe outcomes. ... We can always revisit these restrictions. ... Nothing is off the table."

Cullen also noted that the 2021-22 school year will focus on addressing the mental health and well-being of students and the education workforce, ensuring supports for students with special needs as well as addressing the learning impacts from the pandemic.

As part of the province's plan to ensure the health and wellness of stu-

dents, a renewed focus on immunizations for school-aged youth will also launch this fall.

Currently, about two-thirds of those aged 12 to 17 have received at least one dose of the COVID-19 vaccine and about 52 per cent have received both doses. Immunization teams will attend all schools with students aged 12 to 17 to provide first and second doses beginning in areas with lower vaccine uptake to help reduce barriers to immunization.

Planning is also underway for a school-based campaign for children aged five to 11 once the COVID-19

vaccines are approved for use. School-based clinics will be one of many options available to students and their parents to get a COVID-19 vaccination. Vaccine appointments, community-based pop-ups, medical clinics and pharmacies will continue to be options into the school year.

Public health and education officials

are also putting plans in place to ensure young people can catch up on important immunizations that may have been delayed due to the pandemic such as HPV, hepatitis B, meningococcal disease and tetanus, diphtheria and pertussis.

Public health officials are also recommending changes to cohort sizes

"OUR GOVERNMENT BELIEVES THAT STUDENTS LEARN BEST IN THE CLASSROOM, AND WE KNOW HOW EAGER STUDENTS ARE TO RETURN."

Continued on page 7

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# get informed

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EXPRESS PHOTO BY JO-ANNE PROCTER

Combining is in full swing as extreme to exceptional drought conditions continue across the Interlake. Hot and dry weather has continued to rapidly advance crop dry-down and hurt yields in later-season crops. Help the Express record the weather of the week and send in your photos of friends or families enjoying the outdoors. Email: [weather@expressweeklynews.ca](mailto:weather@expressweeklynews.ca).

## letter to the editor

Letters to the Editor:  
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### Deadly Delta vs in class HEPA units

Dear Parents,  
We know that Delta is deadly. We don't know if even deadlier variants are coming. The number of unvaccinated humans means mutation is likely. We don't know when a child's vaccine will arrive.

Long COVID can disable victims. Lung damage, so no sports. Brain damage, mild but deeply worrisome. Multisystem inflammatory syndrome endangers organs. More we don't know about.

Saving our children's lives, protecting them from Long COVID-19, will take foresight. It will take courage to find dollars to pay for classroom HEPA units. These protect children

by filtering out the deadly viral particles.

New York City School Division is putting two HEPA units in each classroom.

Here's a list of reasons to call your MLA, to call your school division and ask for classroom HEPA units:

1) The Delta variant is far more dangerous, it is far more infectious, and it may be deadlier than the original virus.

2) Aerosol particles are our biggest enemy.

3) Kids can transmit when we don't know they have COVID. Asymptomatic or presymptomatic transmission. From people who are

not coughing or sneezing is likely to account for ... perhaps up to 59 per cent of all transmission globally.

4) Reducing the inhaled dose of viral aerosols is best protection

The cost (capital + filter replacement + electricity) of placing a very good HEPA air cleaner in a classroom with 25 children is about \$10 per student per year.

Please take the time to digest this information. We can protect our children. Buying each Manitoba classroom a \$1,500 HEPA air unit may well save lives in our school division.

Sincerely,  
Gerry Jonsson

### > CLASS WILL BE BACK, FROM PG. 6

for child care facilities. Cohort sizes will increase from 30 to 48 children plus staff.

In addition, physical distancing within a cohort is no longer required, however it is strongly recommended the same staff work exclusively with the same cohort. Sharing staff across cohorts should be avoided to the greatest extent possible.

Schools will use student assessments to further understand and address the impacts of COVID-19 on learning and plans to hold stakeholder engagements to develop supports to improve the mental health and well-being of students and staff.

This will build on \$2.5 million in student mental health investments made last year over and above the allocations to school divisions. Another \$58 million is dedicated to supporting safe schools including a \$5 million fund provided to school divisions over the summer and at the start of the year to assess and address learning impacts because of the pandemic.

Funds dedicated to helping and protecting students include:

- \$40 million for additional staffing, learning and technology, and health and safety;
- \$6 million for masks and personal protective equipment;
- \$5 million for the kindergarten to Grade 8 remote learning support centre for students who are immunocompromised.
- \$2 million in contingency funding.

There were questions and concerns raised about the government plan including the Opposition NDP Leader Wab Kinew, who suggested removing the mask mandate was incomprehensible with a possible fourth wave of the virus to come.

"Even while they admit that a fourth wave is inevitable, the PCs are sending 200,000 children back to school without basic safety measures like mandatory masks. We didn't expect much, but this is worse than we could have imagined," said Manitoba Liberal Party leader Dougald Lamont.

"There is no plan for immunocompromised or disabled children who cannot attend school and whose parents have to work. There should be mandatory masks, frequent testing, and the government still needs to upgrade HVAC systems, many of which been obsolete for 30 years."

## Headingley RCMP respond to fatal collision

Staff

Headingley RCMP responded to a report of a collision on Highway 7, just south of the PR 236 junction in the RM of Rockwood, on Aug. 3 at approximately 11:55 a.m.

Officers arrived on the scene and noted three vehicles were involved in the collision, one of which was a van in the ditch on its side. The driver and lone occupant of the van, a 68-year-old

male from Arborg, was pronounced deceased on scene.

Initial investigation determined the van was travelling southbound on Highway 7 when it crossed the centre line. A semi-trailer was northbound when the van crossed the line. The semi driver, a 79-year-old male from Winnipeg, tried to avoid the collision by moving to the shoulder. The van struck the side of the semi. There was

a pickup truck following the semi, and the van then struck that vehicle as well. The two males inside the truck, aged 37 and 34 from Winnipeg, were not physically injured. The semi driver was also not physically injured.

A RCMP forensic collision reconstructionist and the RCMP criminal collision investigative team are assisting with the ongoing investigation.



# Lack of water, sewage flowing into Lake Winnipeg making it 'one big cesspool'

By Patricia Barrett

The non-dictionary definition of insanity is doing the same thing over and over again and expecting different results.

That phrase is widely attributed to Albert Einstein, but it could have easily come from Lake Winnipeg's commercial fishers who've raised the alarm about a polluted lake umpteen times and wonder why nobody seems to care.

Fishers working at the top of the south basin said they had algae and sewage fill their nets in June. Arguably, there's no lovelier place for algae and waste to accumulate than near the tourist mecca of Hecla Island, with its iconic lighthouses, hiking trails through piney forests and rocky shorelines.

Commercial fisher Robert T. Kristjanson said he discovered it "all over the shallow areas" of the lake at the end of May and early June.

"I'd never seen it this bad. We've got no water coming into the lake," said Kristjanson, referring to the drought gripping Manitoba and western Canada. "The only thing we've got coming in is sewage from wastewater treatment plants."

Fishers are the proverbial canary in the coal mine. Historically, the birds were used to detect toxic gases that could suffocate miners. Fishers perform the same service, warning the rest of us that the lake is literally gasping for oxygen.

They began speaking up about the systematic polluting of Lake Winnipeg in the 1990s when frequent and extensive algal blooms — spurred on by nutrients such as phosphorus and nitrogen from agricultural activities and wastewater — beset the lake. Kristjanson, who lives in Gimli, blew the loudest horn of all and went on to earn the 2018 Order of Manitoba for "increasing public awareness of the growing algae problem."

It has been said that Kristjanson probably received the award to shut him up, but he'd be the first one to tell you he doesn't know how to do that, especially when it comes to "dirt" — his catchword for algae, sewage and/or feces in the water.

"We have taken so many pictures of this dirt in the lake and no one is interested," said Kristjanson, who is 88 and has been fishing for almost 75 years. "We should be taking photos of wastewater plants and the run-off coming from farms to show people what they're doing to our drinking water [some communities use the lake for drinking water] and our fish and the whole Lake Winnipeg watershed. They're polluting water all the way to the Arctic Ocean."

Nutrients super-charge the growth of algae, which then suck oxygen from the water and create dead zones where fish and other organisms die.

It seems counterintuitive to stand by while the planet barrels down a trajectory towards a temperature rise of 1.5C — with accompanying wildfires, crop failures, species extermination and human death — and know that the one resource we're going to need the most when it really, really gets unmanageably hot is polluted with agricultural chemicals, sewage and microplastic.

Kristjanson said the "killing" of the water comes down to ineffective action by the people we put in charge of managing and protecting it.

"Our politicians are so shit-scared to do anything about this because they won't get elected again," he said. "They're just squirming around, figuring out how to avoid this. The [provincial] Conservatives want more pigs on the land. When are they going



EXPRESS PHOTOS BY DARCY PAKALUK

Algae and sewage inundated commercial fishing nets set the third week of June between Black Island and Hecla Island, east of Gull Harbour.

to wake up?"

In the fall of 2018, an algal bloom off Hecla mingled with other matter that had the unmistakable stench of excrement. Commercial fisher Bill Buckels, who lives in Gimli, gathered samples and had Winnipeg-based Horizon Laboratory analyze it. The verdict: No. 2. But the lab couldn't say whether it was animal or human.

Both kinds make their way into the lake. Feces take a ride down Winnipeg's combined sewers which discharge millions of litres of raw sewage 22 times a year on average. Some of us may even remember our city-dwelling forbears reminiscing about the '50s and the "floaters" they used to see bobbing along the Red River while they picnicked at Kildonan Park. Feces also escape from livestock operations and fields spread with manure.

Just in case nobody would believe a fisher that a fecal dump could swirl about in algae for weeks in the currents off Hecla Island, Lake Winnipeg's pre-eminent water scientist Dr. Eva Pip was asked to assess the lab report. She said it was excrement.

The department of Sustainable Development was responsible for protecting water quality in 2018. It told the *Express* then that it wasn't excrement — from the city — because "with dilution, wave action and long travel time through the Red River and the marsh it would not be possible for wastewater discharged by the City of Winnipeg to be visible in fishers nets."

But what about excrement from other places? And why wouldn't the department share its alleged analysis of the substance with Buckels or with the *Express*? It instead threw a new villain into the mix — klebsiella — bacteria that cause all sorts of nasty infections and can be found in manure and submerged wood. Did the department test for kleb? It didn't say.

Buckels said he found the same sort of "muck" and an algal bloom several weeks ago while fishing between Hecla Island and Black Island, a few miles from Gull Harbour.

"We've been steadily killing Lake Winnipeg for the last 50 years or so, but I think we've gone beyond the tipping point. We're in the middle of an environmental disaster," said Buckels last week by phone.

The June bloom was a "precursor" to what we can expect as the drought continues. With rivers and

creeks drying up and farmers extracting river water to irrigate crops, less water is flowing into the lake "to help flush out the shit," he said.

"This lake has always been used as an international sewage lagoon," said Buckels, referring to additional ag nutrients and other pollutants flowing up from America. "But the problem is these blooms create dead zones. The bottom of the lake is dead and the food chain is broken."

Buckels has twice asked the Municipality of Gimli to declare Lake Winnipeg a "state of ecological disaster" because of the drought and pollutants becoming concentrated. Mayor Lynn Greenberg acknowledged receipt of his first email in July, he said. No one acknowledged the second one.

Buckels has for years reached out to federal and provincial politicians of all stripes, research scientists and local environmental organizations that are "ostensibly supposed to give a damn about algae and shit in Lake Winnipeg." But nothing changes.

"The [provincial] Conservatives are aware of the filth in the water, but they don't want to do anything about water quality because farmers are their support base," he said. "They're agriholics and they're busy raping the Assiniboine River now by handing out water-use permits to farmers suffering from drought. If they were to cancel those permits, they wouldn't get re-elected."

The provincial department of Agriculture and Resource Development (ARD) was given the water protection portfolio a year or two ago in one of the Conservatives' periodic reorganization and renaming of departments.

In addition to protecting water, ARD is responsible for improving it, managing cross-border "issues" that affect water flowing into Manitoba and "developing and implementing programs aimed at restoring the health of Lake Winnipeg," the department's water webpage states. "Water is not an unlimited resource and it needs our constant attention."

Buckels said things "really went downhill" when water protection and the commercial fishery were transferred to ARD.

"ARD cares about agricultural users of water. It doesn't care about things that live in the water. It



# Assisted living highrise to be built in Gimli by Betel Home Foundation

By Patricia Barrett

Betel Home Foundation will be constructing a seven-storey assisted living facility on First Avenue in Gimli beside the Waterfront Centre housing complex and a personal care home, both of which Betel owns.

The new facility will provide seniors with a range of suites as well as services to assist them in day-to-day living.

Betel foundation chair Susie Erickson-Jakobson and architect Raymond Wan from Wan Architects appeared at Gimli council's regular meeting July 14 to provide an overview of the project and obtain approval to build the highrise.

Erickson-Jakobson said with an assisted living facility, Betel will be able to offer "a positive alternative to independent living," according to council minutes.

The facility will have 40 suites on floors 2 to 6. Thirty per cent (or 12 suites) will be designated affordable "with rent being no greater than 80 per cent of market rent."

A studio suite will be 425 square feet; a one-bedroom suite, 588 square feet; and a two-bedroom suite, 865 square feet. The first floor of the highrise will offer retail and office space while the 7th floor will have a kitchen, dining room and multi-purpose room.

Erickson-Jakobson said the facility is estimated to cost \$15 million to build and about \$1.3 million to operate. It will offer meals, light housekeeping services and recreation to its tenants.

A study Betel had completed shows a need for over 300 assisted living units in the Gimli catchment area (a 30-kilometre radius) over the next 10 years.

There were a few concerns raised



The seven-storey building will have 40 suites and recreation, office and retail spaces.

about the project, primarily over the availability of parking spaces for both residents and staff. Betel is planning to build an underground parkade to offset a reduction in exterior parking stalls that will be required to accommodate the new building. The unprecedented height of the building was also a concern as it could block views or infringe on privacy.

Council unanimously approved Betel's conditional use application, which sought permission to build what is considered an institutional and/or care facility in a commercial zone. It also approved Betel's variance application to increase a maximum allowed height of three storeys (45 feet) to seven storeys (69 feet) and to reduce parking stalls from 116 to 71.

Mayor Lynn Greenberg said the new facility will provide much-needed housing for seniors needing a little extra help with daily activities.

"A lot of the people in the community have been asking for assisted living housing," said Greenberg by phone. "It will also increase the municipality's tax base."



EXPRESS PHOTO SUBMITTED BY RAYMOND S.C. WAN ARCHITECT  
Layout of the suites on levels 2 to 6.



PHOTO SUBMITTED BY EASTERN INTERLAKE PLANNING DISTRICT  
The assisted living facility will be built beside the Waterfront Centre.

# A wave of cyclists rode to the beach for a healthier Lake Winnipeg

By Sydney Lockhart

The Lake Winnipeg Foundation raised record donations last Saturday with their Bike to the Beach charity event.

"Bike to the Beach is a charity bike ride from Winnipeg to Victoria Beach, and it's relatively new in 2020. So last year was our founders' ride, the first time we've done something like this," said Marlo Campbell, communications director of Lake Winnipeg Foundation (LWF).

The Lake Winnipeg Foundation is an environmental nongovernmental organization that claims to be devoted to reducing phosphorus loads to Lake Winnipeg and helping restore and protect the health of Lake Winnipeg.

"These are experienced cyclists, tak-

ing on a relatively large physical challenge," said Campbell. "In advance of the event, they have been raising money and all that money comes to the foundation. We're going to be using that to support government advocacy on the ground activities."

Fifty-three participants started the ride early in the morning from Henderson Highway despite thick smoke hanging in the air from wildfires.

"We're thrilled by really what has been an amazing outpouring of support, the 2020 ride was to date, the Lake Winnipeg Foundation's most successful fundraiser and we surpassed that this year," she said.



EXPRESS PHOTO SUBMITTED  
Fifty-three participants biked from Henderson Highway to Victoria Beach raising awareness and funds for the Lake Winnipeg Foundation.

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# Exhibit showcases 150 years of wedding dress fashions

By Lorne Stelmach

The highlight of a special Manitoba 150 exhibit at Nellie McClung's Homes in Manitou is obviously connected to the famous author, social activist, suffragette and politician.

The star attraction is the re-creation of McClung's 1896 wedding dress, but it is part of a larger exhibit entitled *I DO - Showcasing 150 Years of Wedding Gowns & Dresses* that features 30 gowns from across all of Manitoba's 150 years and more, and it has been years in the making.

"It was a labour of love getting this finished," said Barbara Biggar, co-chair of the Nellie McClung Heritage Site. "Weddings have always been at the heart of family celebrations in Manitoba," she said, "so what a great opportunity to showcase gowns, changing fashion styles and the stories of strong Manitoba women."

The announcement of the *I DO* exhibit was made on June 25 to mark Nellie McClung Day in Manitoba.

It features a diverse range of gowns that come from across the municipality and province with Nellie McClung's 1896 gown sponsored by the Association of Manitoba Municipalities.

There is also the trailblazer collection featuring the gowns of Asper Foundation co-founder Babs Asper, human rights advocate Gail Asper, Allison Filmon Carvey, who is the daughter of Lt.-Gov. Janice Filmon, and CTV broadcaster Rachel Lagace.

The exhibit also features the vintage collection showcasing the oldest gowns, including one worn on July 1, 1867, Canada's first Dominion Day, while the prism collection features colourful gowns representing Manitoba's diversity.

"The wedding dress has been on our minds for almost five years ... wanting to recreate the wedding gown because it's basically tucked away in storage at the Western Development Museum and rarely sees the light of day publicly," explained Biggar.

Among the features that stand out with the Nellie McClung gown is the period-appropriate ginger-coloured cotton brocade.

"We had two volunteers who worked meticulously," said Biggar, noting project lead Joanne Rodeck worked with Kristina Maitland, who works as a costumer designer for the Royal Winnipeg Ballet. "She is an extremely skilled seamstress. She knew that time period ... and she was able to create what is a historically accurate re-creation of Nellie's gown."

It took a long time for it to come to fruition because even sourcing authentic fabric was a challenge.

"It really gave us time, though, to be thoughtful and make sure that we were creating a gown that looked as close as it could to the original," Biggar said.

Biggar sees the gown as having significance in a number of ways.

"It was from a period of time she



SUPPLIED PHOTOS

The *I DO* exhibit at Nellie McClung Home includes a re-creation of their namesake's wedding dress (left) along with dozens of other gowns worn by Manitoban women through the ages.

was young and getting married to Wes McClung," she said. "It also says something about her style. ... Of all the gowns in our collection, it is truly the most unique gown."

"Nellie McClung always credited Wes that she married well and he allowed her to do so much," she added. "Let's remember, we're talking about the late 1800s, early 1900s, where women had a very traditional role, and she always credited Wes and having a strong marriage to be able to do the things that she did, to travel, to speak and to accomplish the milestones that she achieved for us as women."

So it revolved around the McClung gown, but the project developed fur-

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## > LACK OF WATER, FROM PG. 8

doesn't care that this lake is just one big cesspool that's becoming eutrophic and killing life. Nothing can co-exist with mechanized farming," he said. "And it'd be so much easier if ARD didn't have a commercial fishery to worry about."

In early June the *Express* reached out to the ARD about the bloom near Hecla. A spokesperson said, "Water quality samples were collected this week from Gull Harbour beach on Monday, May 31, 2021. At the time of sampling there was no algal bloom observed, therefore no samples were collected."

The *Express* reached out again last week, sharing photos it had received. An ARD spokesperson said "no algal blooms have been observed or reported" and also made a distinction about algae type.

"With sufficient nutrients, light and

warm waters, attached algae [in the photos] will grow on things in the water — including on fishers nets," said the spokesperson by email. "This is not the same type of algae that forms blue green algal blooms on Lake Winnipeg. Blue green algal blooms (also called cyanobacteria) are monitored as part of the Clean Beaches Program at 19 beaches on Lake Winnipeg, including Gull Harbour beach."

The spokesperson went on to say that "offshore blue green algal blooms may also be sampled as part of the long term Lake Winnipeg water quality monitoring program."

The *Express* called Buckels to find out what kind of algae he had. He said it was blue-green. How does he know?

"I've been on the lake for the last 17 years and I know what blue-green algae looks like," he said. "And I talked to fishers around Hecla with years of

experience. They couldn't keep their nets clean, either."

But what does it matter, he said, if it's blue-green, just green, brown or red algae because it's the quality of Lake Winnipeg's water that's of concern, and if fish and other aquatic organisms can continue to live in a highly polluted habitat that's becoming more toxic because of the drought?

"Why do we have a province fixated on blue-green algae that it collects from beaches during ice-free months? They don't care about non-blue-green algae that form blooms away from the shore or deleterious substances or sewage or feces in the water or whether there's a commercial fishery?" he said. "It seems to me that all they care about is that the algae growing in the water is blue-green. If they have blue-green algae growing in the water, they'll be happy because that will allow them to care about the water."

## Correction

### Staff

In the article "Icelandic Festival toasts governments for \$900,000 extension of Viking Park" that appeared in the Aug. 5 *Express Weekly News*, gardener Fred Loewen was singled out for Viking Park's beautiful gardens. It has been brought to our attention that Fred's actual name is Fred West and he calls Inwood home.

The *Express* apologizes to Mr. West for the error.



# Dunnottar wells running low; concern about subdivision stressing aquifer

By Patricia Barrett

Some drinking water wells in Dunnottar are running low as the severe drought across the Interlake continues.

Ed Strauman, a seasonal resident and president of the Dunnottar Ratepayers Association, said his own well and the public well close to Lake Winnipeg are struggling to deliver water.

"My well is below where it normally is," said Strauman by phone last week. "When my pump comes on, it blows lots of air first before it kicks in and brings water up. That tells me the aquifer is down at least two feet."

He was thinking of putting another pipe down his main well to get water, he said, but it eventually came up. He had the same problem about 15 years ago during a drought.

A severe multi-year drought occurred across the prairies from about 1999 to the mid-2000s.

Strauman said other Dunnottar residents are having well problems, too.

"We had a drilling company out here a few days ago working on someone's well," said Strauman. "And the public well at the end of Whytefold Road is usually gushing water. It's not gushing now — it's little more than a tap. That tells me that well is running low too."

The Village of Dunnottar is made up of three communities: Ponemah, Whytefold and Matlock. It used to be part of the Municipality of St. Andrews until 1947. Dunnottar has about 763 residents, according to the village website. The population swells in the summer with cottagers and tourists.

A new 45-lot subdivision that's to be

built in St. Andrews close to Dunnottar's southern border (near Matlock) will only further stress the aquifer, said Strauman. It will have 43 residential/cottage dwellings, all of which will require drinking water wells dug.

The new subdivision is to be built by Steinbach-based Castlerock Realty. The Red River Planning District (RRPD) board recommended that it go ahead and it was approved last month by St. Andrews council during a public hearing. Dunnottar's mayor is a member of the RRPD board. Over 40 letters of objection were submitted by residents, citing degradation of the environment and stress on the aquifer.

"It worries me that St. Andrews approved these 43 new dwellings on Gimli Road," said Strauman. "If we're having problems right now with our aquifer and they're going to dig another 43 wells, that could devastate the aquifer."

In addition to the aquifer, Strauman said he's concerned about the generation of additional sewage and whose wastewater facility will be handling it. His holding tank waste is taken to Dunnottar's wastewater lagoon. The RM of St. Andrews has its own lagoon in Petersfield, a considerable haul down the highway from the new subdivision.

"There will be 43 residences and they'll all have holding tanks. That sewage has to be pumped out and taken somewhere," he said. "I don't know why [the Express] didn't get an answer from either St. Andrews council or Dunnottar council [see July 29 edition] as to where all that waste will



EXPRESS FILE PHOTO BY PATRICIA BARRETT

Lake Winnipeg was low around one of Dunnottar's pier in August 2019. The lake, rivers and the aquifer have dropped across the Interlake as the severe drought continues.

be going. The closest place would be the Dunnottar landfill where our lagoon is. There was no comment from our [Dunnottar] mayor Rick Gamble and the CAO in the office. As far as I'm concerned, they should have some sort of statement on this. They should be accountable to us ratepayers."

The Express reached out again to Dunnottar's mayor and CAOs at the municipal office, as well as to all of council.

CAO Janice Thevenot said by email there was no agreement signed with the RM of St. Andrews to use Dunnottar's wastewater lagoon as the disposal site for the new subdivision. She also said the subdivision won't be

using Dunnottar's wastewater lagoon.

However, Dunnottar's lagoon does have the capacity to handle waste from 43 additional dwellings, she said.

When asked if council has any concerns about the new subdivision tapping into the aquifer for drinking water, Thevenot said the provincial department of Conservation and Climate is responsible for addressing that.

"The health of the aquifers is under the purview of the Groundwater Section of Conservation and Climate, they should have been copied on the proposal and if there are any concerns, it would be the department's responsibility to comment," she said.

# Manitobans break their own recycling rate records

Submitted by Recycle Everywhere

Recycle Everywhere recently completed its annual recovery rate audit and is pleased to announce that in 2020, 71 per cent of all empty beverage containers and 79 per cent of all PET plastic beverage containers sold in the province were recovered.

"Congratulations go out to Manitobans and Recycle Everywhere as we reach this new recycling milestone," said Sarah Guillemard, minister of Conservation and Climate. "We are now only four percentage points away from achieving the government-mandated goal of recovering 75 per cent of all empty beverage containers sold in Manitoba. Every container counts. I encourage all Manitobans to 'help close the loop' by recycling even more."

In 2019, the recovery rate for all

empty beverage containers and PET plastic beverage containers was 68 per cent and 77 per cent respectively. Year over year, Manitoba's PET recovery rate is consistently among the highest in Canada.

"Manitobans should be proud of achieving one of the highest PET recovery rates in Canada," says Ken Friesen, executive director of Canadian Beverage Container Recycling Association (CBCRA) and the organization that runs Recycle Everywhere. "By putting your empty beverage containers into blue bins you are not only diverting waste, but also extending their lifecycle by enabling the materials to come back as new containers or other products."

Recycle Everywhere has introduced new initiatives to help move the nee-



EXPRESS PHOTO SUBMITTED

Cynthia Beck received \$25,000, the semi-annual grand prize, for recycling her empty beverage container at a Recycle Everywhere bin.

Continued on page 16



# Manitoba 150's Explore 150 application is active again

By Katelyn Boulanger

After COVID-19 restrictions encouraged Manitobans to stay home as much as possible during the province's celebration of its 150th, the lifting of some of those health measures means that the Explore 150 application, which inspires residents to visit 150 destinations across our province, has now come back. This was made possible because of the province reaching its vaccination goals and cases of COVID dropping in recent weeks.

"We could not have people travelling. We could not be encouraging people to travel the province, using the Explorer 150 app during COVID. Now, we've simply taken our lead from the provincial government's COVID guidelines and now that they have given us the green light to re-launch the Explore 150 app, we're thrilled and delighted," said Stuart Murray, co-chair of the Manitoba 150 host committee.

The application launched at the beginning of 2020. Before the COVID-19 pandemic started, it was very successful.

"People were going around the province, and they were taking advantage of looking at different places and exploring the province maybe in a way



EXPRESS PHOTO BY KATELYN BOULANGER

Selkirk's Marine Museum is a destination in the Explore 150 application that recently relaunched due to loosening of COVID-19 restrictions.

they normally wouldn't have," said Murray.

The application, which is available at the Google Play and Apple Store, was relaunched on July 30.

Some of the 150 destinations are hidden gems right in our very own communities with Bird's Hill Provincial Park beach, Brokenhead Wetlands, Interpretive Trail, Grand Beach, Arborg Multicultural Heritage Village, the world's largest curling rock in Arborg, Eriksdale Creamery Museum, the Gimli viking statue, New Iceland Heritage Museum in Gimli, the Hecla lighthouse, the Narcisse snake dens in Inwood, The Locks at Lockport & Lockport Heritage Park, Lundar Beach Provincial Park, Matlock Pier, the mushrooms monument in Meleb, the Icelandic Bridge in Riverton, Grosse Isle Heritage Village in Rosser, Pilehenge in Rosser, Chuck the Channel Catfish in Selkirk, the Marine Museum in Selkirk, the St. Peter Dynevor Anglican Church, Lower Fort Garry in St. Andrews, River Road Heritage Parkway in St. Andrews,

Steep Rock Beach, Stonewall Quarry Park, Oak Hammock Marsh, the Lake Manitoba Narrows and the boardwalk at Winnipeg Beach all making the cut.

Murray thinks that residents may not realize the amazing things hidden in their own communities because until the pandemic many people would choose to vacation outside of the province; however, for even more inspiration beyond this application, Travel Manitoba is a great resource and have a beautiful social media presence that highlights many great destinations.

As for the prizes that come along with using the application, there are many still available to be won with monthly prizes and the grand prizes of a Barkman outdoor kitchen package or a trip for four to Churchill courtesy of Lazy Bear Expeditions and Calm Air still up for grabs. August's monthly prize is a two-night stay at the Lakeview Gimli Resort Getaway.

Murray also wanted residents to know that even though the application is back, residents are asked to respect the COVID guidelines that are still in place at home and in the communities that they plan to visit.

"We have to be continuing to be safe, practise all of the COVID guidelines that are in front of us, and be respectful of those but I think that we have to remind ourselves that we are blessed to live in our amazing province. And what a great opportunity to take the rest of the summer to get out there and explore how beautiful Manitoba truly is," said Murray. Learn more about the application, prizes, and how to win them at <https://manitoba150.com/en/programs/explore-150/#top>.

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# Federal government to upgrade launch ramps at Gimli Harbour

By Patricia Barrett

The federal government announced last week that it will be upgrading boat launch ramps at a number of Manitoba harbours, including the ramp at Gimli Harbour.

Gimli Harbour Authority (GHA) co-harbour masters Lori Hiscock and Cindy Blicq said they're thrilled the ramp will be replaced.

"The boat launch has served its useful life and needs to be replaced," said Blicq by phone last Friday after the announcement was made. "The new launch will be a huge improvement for us because it will be slightly wider. And we're hoping the dock arrangement on the south side can be changed to become a second staging area for boats being launched."

The current launch ramp has two lanes where people can back their boat trailers down the sloping concrete ramp into the harbour, but the south side of the ramp is not as boat friendly as the north side is.

"This will be a really nice improvement to the harbour and for all our boaters that use it," said Blicq. "On a busy weekend we'll get roughly 20 people using the boat launch over the space of a few hours."

The federal government will be issuing a tender and a contractor should be in place by winter, she said. The construction will be carried out over the winter.

"The plan is to have it completed for the spring of 2022," said Blicq. "Boats really don't start going in the water until mid-May or thereabouts."

Because the ramp will be closed over the winter, anglers will have to use an alternative route to get their ice shacks on the lake. Blicq said the GHA – which works in collaboration with the RM and its community development corporation – has made its partners aware of the work.

In addition to Gimli, the federal government is rebuilding launch ramps at Calder's Dock and at Gull Harbour on Lake Winnipeg, states an Aug. 6 DFO news release. Ramps will also be rebuilt at Mossey River and Whitefish Point on Lake Winnipegosis, and Whiskey Jack Portage on Kiskittogisu Lake.

DFO and Canadian Coast Guard minister Bernadette Jordan and MP Terry Duguid (Winnipeg South) made the announcement last Friday, saying more than \$3.5 million will be allocated to harbour renewal in Manitoba, Saskatchewan and Alberta.

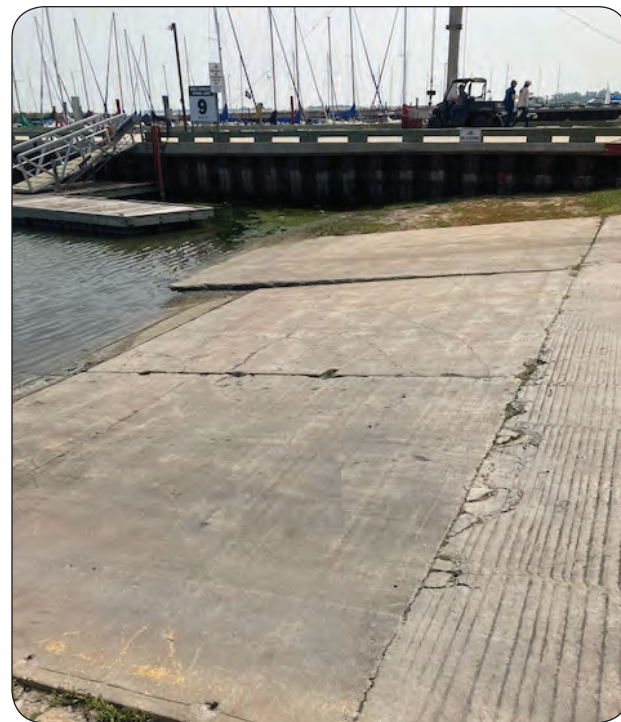
"Small craft harbours are vital to so many fisheries and entire communities across Canada, including the Prairies," said minister Jordan in the news release. "By investing \$300 million to build greener, safer and more efficient harbours from coast to coast to coast, we're investing in the people who live in those communities and rely on these harbours every day."

Duguid said fishing is a key economic activity in many communities across Canada and this investment will help the people who use them.

"Fishing is a vital cornerstone in many communities across Canada, which is why it's important to support our local fish harvesters and the broader community with good, well-maintained local harbour infrastructure," said Duguid in the news release.

DFO supports 973 harbours across Canada and has over 5,000 volunteers working for harbour authorities in those communities. Restoration projects are undertaken in cooperation with local harbour authorities.

Small Craft Harbours, a branch of DFO, notified Gimli council about the ramp upgrade and



EXPRESS PHOTO BY CINDY BLICQ

The Gimli Harbour boat launch ramp will be rebuilt and slightly widened after the federal government committed funding to improving harbours across Manitoba.



EXPRESS PHOTO BY PATRICIA BARRETT

On busy summer weekends, Gimli Harbour's launch ramp can see upwards of 20 launches over the course of a few hours.

asked for formal permission to use the area. Certain areas of the harbour are owned by the federal government, the province and the municipality.

Council unanimously approved the reconstruction at its July 14 meeting.

Mayor Lynn Greenberg said the municipality is not required to provide any funding for the project.

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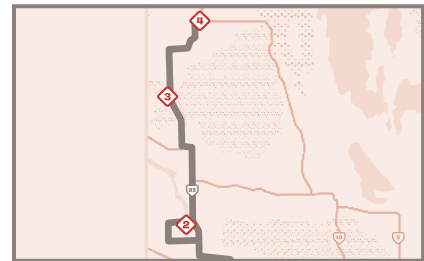
CHANTAL KREVIASZUK WITH WINNIPEG SYMPHONY ORCHESTRA  
WILLIAM PRINCE \* FRED PENNER  
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RAINBOW STAGE – MA-BUHAY!  
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**EVENING SHOW 6:30 PM**

BACHMAN CUMMINGS  
TOM COCHRANE \* BEGONIA  
DOC WALKER & SIERRA NOBLE  
TOM JACKSON \* THE LYTICS  
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# Manitoba Road Trip Ideas



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↑ 9 Finger Ranch

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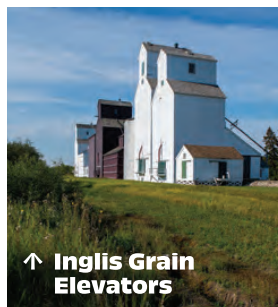


↑ East Blue Lake

## 1 MAIN STREET STROLLS AND HORSEBACK RIDES

There's more to the town of **Russell** than Arthur, the eight-foot bull statue (although he does make for a fun photo). Walk beneath the arches that line the streets and head to a local coffee house to mingle with locals. You can also get to know the history of the town through a self-guided walking tour. Stops include the Smellie Block, the Red House and the Old Anglican Rectory.

Take a detour from Russell and surround yourself with rolling hills at **9 Finger Ranch**, located on the south end of Riding Mountain National Park in **Rosburn**. At this working cattle ranch, you can saddle up and take a ride off the beaten path on horseback for a chance to view wildlife and explore the area. Stay at the hostel here or rent a cabin, or head back to Russell to spend the night at a hotel.



↑ Inglis Grain Elevators



↑ Asessippi Provincial Park

## 2 EXPLORE THE PRAIRIES

Drive 20 minutes north of Russell to find the **Inglis Grain Elevators National Historic Site**. These five prairie giants are the last remaining row of standard country grain elevators still standing. Choose from a guided or self-guided tour to explore the site and its exhibits and enjoy the prairie views while enjoying a picnic lunch.

On your way out of Inglis, travel along Highway 83 to find the old **Asessippi Village**. Follow the

self-guided trail to find interpretative signage and remnants of an abandoned town. Best known for its ski and snowboarding hill in the winter months, by summer the **Asessippi Ski Area & Resort** caters to mountain bikers. There are five trails to choose from, ranging from beginner to advanced. If you're looking to spend more time in **Asessippi Provincial Park**, there are a number of camping options along with swimming, canoe rentals, tubing and more.

## 3 HIKING AND CAMPING IN THE DUCKS

For nature lovers, **Duck Mountain Provincial Park** is paradise on earth. Set your home base at one of Duck Mountain's campgrounds or rent a lakefront cabin and then spend the day hiking, fishing, swimming and enjoying the great outdoors.

Like much of the Parkland region, lakes are plentiful in the Ducks. One of the park's most impressive is East Blue Lake, a deep spring-fed lake with an unexpected turquoise water. There are many hiking trails

to choose from in this park. To name a few, the Copernicus Hill Hiking Trail features a viewing tower, while the Shining Stone Self-Guiding Trail follows along West Blue Lake.

At 831 metres above sea level, Baldy Mountain is Manitoba's highest peak. On clear days from the viewing tower of this peak, you'll be treated to a spectacular view of aspen and spruce forests that stretch as far as Riding Mountain National Park.



↑ Wellman Lake

## 4 SWAN RIVER VALLEY SIGHTS

Heading north from the park, enjoy the stunning views on the way to Swan River. Venturing into the past is a good place to start at the **Swan Valley Historical Museum and Heritage Village**. Behind the museum's grounds is the **Rex Leach Museum Trail** that is as peaceful as it is green with varieties of ferns that decorate either side. Golfers must play a round at the **Swan River Golf and Country Club** – not only for the fun of it, but also to tick off an important bucket list item: golfing at Manitoba's northernmost 18-hole course.

Located in the Swan Valley, **Magnet Hill** is a natural phenomenon that you need to experience to believe. Head out on Provincial Road 487 and look for the signs and a dip in the road. Once there – place your car at the bottom of the dip and

put it in neutral and it will seem like your car is being dragged back uphill!

Want to keep the fun going just a little longer? There are endless lakes, forests and parks to explore for the true outdoorsperson. The fishing here is a big draw, with fly fishing being particularly impressive. Catch species like rainbow trout, brook trout, bass, perch and pike. If you're an avid angler, Swan Valley is a great area to spend a few additional days on this road trip. Ask any of the residents where the best fishing in the area is and Whitefish Lake is one of the first names dropped.

For overnight stays, Swan River and the surrounding area has a number of accommodations, including the options at Duck Mountain Provincial Park along with hotels in Swan River.

Get more details on this and other road trips at [travelmanitoba.com/road-trips](http://travelmanitoba.com/road-trips).



## U-Pick your herbs at Cityfolk Farm

By Jules Stevenson

Cityfolk Farm's U-Pick lets people harvest their herbs, which have been organically, locally and sustainably cultivated.

Kris Antonius owns Cityfolk Farm. She says her dream of having her own herb farm really began when she was a child and gardened with her grandmother.

Antonius came up with the idea for U-Pick after joining a herb community online and seeing the need for a U-Pick farm in Canada.

"We've been on a journey of learning about plants with our kids over the years, starting with the plants right outside our doorstep and learning how to respect them and have a reciprocal relationship with them instead of taking as much as we can," says Antonius.

She says it's important to be aware of the endangered plants and overharvesting. She believes that offering a cultivated garden for people to harvest and connect with them will be gentler on the environment. Antonius wants to continue to grow more and more endangered plants.

Cityfolk Farm helps to stock home apothecaries and herbal business apothecaries. It's a place of renewal for the community.

"Everything that we do here on the farm is about community. We want to connect with others and help others connect with the land," says Antonius.

Antonius says the nervine herbs hold a lot of significance in the world because they have a gentle action on the nerve system and help calm and distress. Plants like anihisop, skullcap, milky oats, oat straw and chamomile fall under that category.

"Every plant in the garden has a really important role and have a lot of offer, whether you're consuming them or not. They have a lot of wisdom to share," says Antonius.

Antonius says the reaction from the community has been overwhelmingly positive. Local apothecaries are excited to work with locally grown herbs at their peak potency.

"Thanks to our Indigenous community here in Manitoba and around the world, we're learning more about them. We're hoping to work more and more with people from the Indigenous community to learn to engage in respectful ways with plants and not in a consumptive way," says Antonius.

Barb Cantley came from Winnipeg with her daughter to harvest medicinal herbs. Cantley has been studying herbs and herbology for the last few years. She makes tea and medicinal salves with herbs.

"When I heard about this, I thought, yay, I can get some herbs I don't already have," says Cantley.

Braedyn Olafson is new to herbology but is eager to learn. She came to Cityfolk Farm with her friend from Winnipeg.

"It's something fun to do in the summer, get out of the city, engage with people and be outside. It's a nice destressing," says Olafson.

Olafson is excited to make body oils and medicinal salves with the herbs she harvested.

"I just wanted a more natural and alternative option compared to pharmaceuticals, which can be harsh on the body," says Olafson.

For those who are new to herbology, Antonius recommends starting slow, reaching out into the community. She



Kris Antonius, owner of Cityfolk Farm grows with home apothecary, herbalism, healing practice and herbal businesses in mind.



EXPRESS PHOTOS BY JULES STEVENSON

Braedyn Olafson harvests herbs.

says to be wary of overharvesting, and only take what's needed.

"Seek out Indigenous knowledge and pay for it. Please don't ask people to do that work for you for free; make donations when you can. Ease into it and think about your community,"

says Antonius.

In the coming weeks, Cityfolk Farms is going to be offering various workshops, which will be posted about on their Instagram page, @cityfolkkfarm.

### > RECYCLING, FROM PG. 11

dle as recycling efforts inch closer to the government mandate. An incentive program and mobile app were recently launched in an effort to give back to Manitobans. The program encourages good recycling habits and offers cash and prizes of up to \$25,000. To that end, recently Cynthia Beck received \$25,000, the semi-annual grand prize, for recycling her empty beverage container at a Recycle Everywhere bin in Winnipeg.

The organization also launched a campaign that asks Manitobans to Help Close the Loop – a concept inspired by looking at how recycling plastic fits into the circular economy.

"When it comes to PET plastic bottles, we are focused on seeing the bottles recycled many times, over and over again," Friesen adds. "That's the circular economy, which

is central to our philosophy and what we need to do in Manitoba to get to 75 per cent."

The Canadian Beverage Container Recycling Association (CBCRA) is a not-for-profit, industry-funded organization whose membership includes beverage brand owners and distributors. CBCRA implemented and operates the Recycle Everywhere program. Recycle Everywhere strives to educate Manitobans on beverage container recycling and ensure that it is convenient to recycle empty beverage containers no matter where citizens live, work or play. CBCRA is committed to reaching the government-mandated target of recovering 75% of beverage containers sold in Manitoba. Learn more at recycleeverywhere.ca and cbcra-acrcb.org.

### > WEDDING DRESS FASHION, FROM PG. 10

ther starting with local long-time volunteer Bette Mueller having a collection of gowns, but others had gowns to donate then as they found out about the project.

"It took on a life of its own. The more people we spoke to, the more people got excited about it, so the gown collection kept growing," said Biggar, noting that in celebration of the 150th anniversary of the making of Treaty No. 1 on Aug. 3, 1871, the IDO exhibit will also feature a specially curated Indigenous collection created by Cree designer Edna Nabess of the Mathias Colomb Cree Nation.

"We honour the women and their stories in the First Nations communities who were here since time immemorial and acknowledge the Treaty 1

territory on which we are located today," said co-chair Diana Vodden.

Biggar said they have plans to continue to make further use of the collection, but for now they await word for public health orders to allow the reopening of museums.

When that happens, admission will be \$10 per adult, but to encourage young Manitobans to learn more about Nellie McClung and the women's movement, the Marty Morantz family is offering free admission to anyone 17 years and younger.

With public health limitations on capacity continuing, reservations are highly recommended, so email visitnellieshomes@gmail.com to confirm your booking, and note that all public health guidelines will be enforced.



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# Gimli taking steps to enhance its harbour with provincial grant

By Patricia Barrett

It's not as though it isn't pretty enough, but the Municipality of Gimli will be taking steps to enhance its harbour after being awarded a grant from the provincial government.

Interlake-Gimli MLA Derek Johnson announced last month the government is providing \$38,500 to the municipality under the Building Sustainable Communities grant program, which supports community development projects across the province.

The RM will use the money to hire a planner, explore ideas and come up with a conceptual plan.

"The planner will come in and take an inventory of the harbour area, working with stakeholders and current users, and come up with a plan for the best use of the harbour," said chief administrative officer Kelly Cosgrove. "Our RFP [request for proposal] will be going out shortly. We won't know who the successful candidate will be until probably sometime in September."

Other council news:

- Council asked the provincial and federal governments for assistance in response to the ongoing drought that has resulted in declining groundwater levels, rivers and lakes falling below normal levels, dugouts below normal or dry, crops stressed by lack of moisture and livestock farmers being forced to sell their livestock because of the high costs of feed and water.

Although council did not declare a state of agricultural disaster as other municipal councils have done, it passed a resolution (No. 2021 468)

stating that there is "an increasing desperation among the farmers in the RM of Gimli as they continue to watch the lack of precipitation inhibit the 2021 farming year ... [and] ... these drought conditions have extreme negative economic impacts on all sectors of the agriculture industry."

Both levels of government were asked to provide support to farmers for feed shortages, tax deferrals, freight assistance and compensation for the drilling of wells.

"We didn't declare a disaster but we asked the government of Canada and the provincial department of Agriculture and Resource Development to provide support through the Agri-Recovery program," said Mayor Lynn Greenberg by phone. "There's no rain and there's no crops. The farming community is in dire straits."

Greenberg said the drought is not only affecting cattle and grain farmers, sheep farmers and people who grow crops such as strawberries, but also "other sectors of the agricultural community" that rely on seed and equipment sales. "Everybody is caught up in this drought."

- Council authorised a progress payment in the amount of \$103,230 plus applicable taxes to Contec Projects Ltd. for ongoing work on the wastewater treatment plant. It also paid Contec \$13,308 for extra work on the plant's digesters.

"The company cleaned the existing digesters," said Greenberg.

- Bylaw officer Chris Steinke was kept busy in June breaking up large



EXPRESS PHOTO BY PATRICIA BARRETT

A waterfront development plan will provide the municipality with ideas about how to enhance the harbour area.

crowds of people failing to follow COVID-19 public health rules on physical distancing of two metres (over six feet).

In his report to council, Steinke said he had to use verbal warnings to break up groups of people on the beach and in the Sobeys' parking lot.

- Council received a response from the provincial department of Agriculture and Resource Development (ARD) after it sent a letter requesting the department deal with zebra mussels in Lake Winnipeg and their negative effect on tourism.

The *Express* asked the RM if it could find out what the response was or obtain a copy of the response.

"The minister's office said their office is the only one that can release the

response to the media," said Greenberg.

- The RM's municipal emergency coordinator Don Emes informed council about clear-cutting activities on municipal public reserves.

"Continued investigations and actions on related clear cutting on public reserves at two separate sites by the same person," wrote Emes in his June report.

- Council approved a request from the Gimli Children's Centre for sand for its outdoor sandboxes.

- Council sponsored a hole for the upcoming Westshore Community Foundation's annual golf tournament and for the second annual Reggie Leach Classic Golf Tournament.

## National design competition opens for new Peguis Selkirk Treaty monument

Manitoba to contribute \$500,000 to monument

Submitted by Manitoba government

The Committee to Commemorate the 200th Anniversary of the Peguis Selkirk Treaty has issued a request for qualifications (RFQ), for the first of a two-phase design competition to create a Peguis Selkirk Treaty Monument on the grounds of the Manitoba Legislative Building.

"Our committee is very pleased that we have been able to move this project forward over the last four years," said Bill Shead and John Perrin, committee co-chairs. "We gratefully acknowledge the support of the Manitoba government in making this project happen. It is our hope this monument will inspire all Manitobans to recognize First Nations contributions and embrace mutual respect and recon-

ciliation."

Preceding the numbered treaties, the historic Peguis Selkirk Treaty was the first instance of a formal written agreement recognizing Indigenous land rights in Western Canada.

The monument will feature a statue of Chief Peguis and is intended to promote reconciliation between First Nations and non-Indigenous Manitobans. Inscriptions will commemorate all five treaty signatory chiefs.

The monument is intended to promote reconciliation between First Nations and non-Indigenous Manitobans, and remind all Manitobans of the historic spirit of sharing, co-operation and conciliation between Chief Peguis and allied chiefs and Lord Selkirk, by acknowledging later claims of

violations of the treaty by settlers, and by recognizing the contributions of First Nations peoples in the founding, naming and development of Manitoba.

The Manitoba government will contribute \$500,000 to the monument, which will be installed in a prominent location on the Legislative Building grounds.

"Our government is delivering on our commitment to create a new monument, as indicated in the 2020 speech from the throne," Indigenous Reconciliation and Northern Relations Minister Alan Lagimodiere said. "Our funding support will go toward the construction of the monument, which will commemorate the 200th anniversary of the Peguis Selkirk Treaty and the contributions of Chief Peguis and the allied Cree chiefs who were signatories."

Lagimodiere noted this will be the first recognition on the Legislative Building grounds of the contributions of First Nations people to Manitoba.

The Committee to Commemorate the 200th Anniversary of the Peguis Selkirk Treaty is an all-volunteer committee founded in 2016, with representation from more than 20 Indigenous and non-Indigenous governments and organizations. It is responsible for soliciting design proposals and raising funds to cover costs associated with the design, construction and installation of the monument. It is also responsible for capital contributions to an endowment fund that will be used for future maintenance of the monument.

For more information on the RFQ, visit <https://peguisselkirk200.ca>.



# Porteous working on Sandy Hook Golf Club's 100th-year anniversary project

By Brian Bowman

The Sandy Hook Golf Club's 100th-year anniversary is getting closer and closer every day.

The popular course will celebrate its Centennial anniversary on July 1, 2022.

To commemorate that occasion, Ken Porteous continues to work on a history project which includes a photo book and calendar.

"The project is coming along quite well," said Porteous last Friday afternoon. "At this stage, the (pictorial history) is about 40 pages. I'm not going to overdue the text but there's a lot of photographs and I have some great stories and great write ups from some of the past champions. It's coming along but it has been, perhaps, a lot more work than I originally thought it would be."

The 2022 calendar will strictly be the Sandy Hook golf course and Porteous is hoping to turn it into a fundraiser for a local charity. Within the squares on the calendar, people who have recorded holes-in-ones on the course will have their name printed with the year and hole of their ace.

"I'm hoping that people with their names in the calendar will at least buy one for themselves," Porteous said. "It would make a great Christmas gift and people may buy two, three, four, or five of them. I would say the calendar is about 80 per cent done."

The Sandy Hook Golf Club was purchased by Moe Doyle shortly after the Second World War (in the fall of 1946). The course started with nine holes but was transformed into an 18-hole challenge by his son Jimmy in the late 1970s and opened for play in 1985. The new clubhouse construction was completed in 1994.

Interestingly in 1950, Moe Doyle held a golf tournament with a car as the first prize, an English-built Ford



Moe Doyle, left, who purchased the Sandy Hook Golf Club back in 1946, and his son Jim.

Anglia.

The course is currently owned by Jim's sons Byron and Pat and daughter Maureen.

Photographs, newspaper clippings, trophies, certificates, etc., would be most welcome, said Porteous. Photographs and mementos prior to 1970 would be most desirable.

All materials will be returned and given credit, he said.

"My research still has gaps. As an example I would love to know when the old clubhouse was built. Is it also 100 years old or was it a later feature?" Porteous asked. "And I'm still searching for hole-in-one records. I only have one pre-1985 when the new 18-hole layout was opened to membership and the public from the old nine-hole layout. It would be great if area golfers checked with their grandparents and aunts and uncles for anything related to the golf club pre-1970 — old score cards, trophies, photographs, clippings, etc."



EXPRESS PHOTOS SUBMITTED

The Sandy Hook Golf Course will celebrate its Centennial anniversary on July 1, 2022.

Porteous has already come across some very interesting stories and expects to find even more as he continues to do his research.

"There are some really interesting things that have happened on the golf course that I think people will really get a kick out of reading," Porteous said.

The course has a long history of producing great golfers, including the likes of Jimmy Doyle and the late Dan Halldorson, a former PGA Tour member.

As well, the national men's and Olympics head coach Derek Ingram and Matt Johnston, a Canadian Tour player, started their golfing careers at Sandy Hook.

"This little rural course over the years has produced some great golfers," Porteous said. "But it's a fun little course for people. I don't just want to concentrate on the great talent. It's the ladies' league, it's the seniors' league, it's the men's league, it's the match

play league. (The course) is very affordable, it's a great little track, there's lots of shot value and people are having fun and that's the main thing."

Anyone with a great story to tell, a photograph to share, or interest in purchasing a book or calendar, can reach Ken Porteous via email at [kc-porteous@me.com](mailto:kc-porteous@me.com) or by phone at 204-898-2654.

"It would be great to have people say, 'Yeah, I'm in, Ken,'" Porteous said. "I'll support the project and I would like a copy of the book, I'd like three copies of the calendar."

The book and calendar are 8x11, full colour. Porteous is hoping to hold the price of the calendar at \$20 and the book between \$40 and \$50.

"Small print runs, unfortunately, are costly," he said. "The more I can print, the price/unit drops. This is not a money making venture for me. This is a passion."

## > CYCLISTS, FROM PG. 9

This year the donations were more than double last year's total of \$57,000; by the end of the event over \$118,000 had been raised, with the donation site still up and running until Aug. 13.

"It's amazing. It's humbling. It's inspiring. And ultimately, it's going to be impactful. We are so grateful we are humbled, and I really think that this speaks to how important Lake Winnipeg is. People care about this lake," said Campbell.

The participants all wore the same jerseys designed with bright pinks and oranges inspired by the sunsets on Lake Winnipeg and were met by

supporters at the finish line cheering them on.

Campbell said the cheering squad of people created great community spirit in the air.

"This is not an amateur ride. These are folks who are used to long distances and they're part of the cycling community, which is sort of a new community for us in terms of some of past outreach and fundraising events that we've done," she said.

Campbell added that the foundation works to advance and encourage governments to make decisions to actualize evidence-based policies around the lake's health.

"We also want to hold them accountable to past commitments and

to the actions that we know lake lovers want to see happen," she said.

While lake lovers gathered to support the LWF to try and save the lake, Campbell said the event was about pushing through challenges, working as a team and accomplishing something as they work together.

"We're absolutely over the moon, and it's not over yet," she said. "The fundraising dollars, enthusiasm, it is potential to really turn this kind of financial investment into impact."

For more information or to donate to the Lake Winnipeg Foundation Bike to the Beach fundraiser, visit <https://lakewinnipegfoundation.org/biketothethebeach2021>.

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**THE EXPRESS**  
WEEKLY NEWS



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Collings wins Hodson Financial Men's Senior Championship

### Staff

For the third time in his career, the Hodson Financial Men's Senior Champion is Matlock's Garth Collings of the Breezy Bend Country Club.

Collings shot even par 72 last Friday to finish play at 217 at the Steinbach Fly-In Golf Club.

That was three strokes better than Mike Walker of the St. Boniface Golf Club, who also fired a 72 in his final round to go with a pair of 74s.

Collings, who earlier fired rounds of 71 and 74, was pleased with his play during the final round.

"I played pretty good," said Collings on Golf Manitoba's website. "I was a couple under at one point and then I made a couple of bad swings and gave two back. Mike was starting to charge and I didn't realize how close that he was. Mike gave me a gift on 17 and I managed to par the 18th hole."



Collings' amateur golfing career is a very impressive one.

"Last year was a horrible year. I didn't play well at all but I played

Continued on page 21



EXPRESS PHOTOS BY GOLF MANITOBA

Garth Collings finished the 54-hole Hodson Financial Men's Senior Golf Championship at 217 for a three-stroke victory over Mike Walker.

## Kildonan defeats Interlake Impact



EXPRESS PHOTO BY LANA MEIER

The Interlake Impact's Benny Wiens, left, battles hard for the ball against the Kildonan Cavaliers during Manitoba Major Soccer League 3rd Division action last Friday in Winnipeg. Kildonan won the game 5-3.

### Staff

The Interlake Impact was defeated 5-3 by the Kildonan Cavaliers in Manitoba Major Soccer League 3rd Division action last Thursday at the Buhler Recreation Park in Winnipeg.

Benny Wiens, Dalen Penner and Tristan Grigg scored for the Impact.

Felipe Cely had a hat trick for Kildonan while Julian Zuluaga and Jonathan Saldana also tallied.

The Impact will play the Double Decker F.C. at Manitobah Park in Portage la Prairie on Aug. 15.

Game time is 6 p.m.

## Lightning players invited to POE Summer Camps

### Staff

Hockey Manitoba released its summer camp rosters for two teams in the 2021 Program of Excellence (POE).

Two of those players are Interlake Lightning goaltender Katelyn Dorsch (female 18U) and Interlake Lightning forward Hayden Kazorowski (male 16U).

The POE Summer Camps are scheduled to take place from this Friday to Sunday at the Bell MTS Iceplex.

The summer camps will be the first step in the evaluation process for the 2021 POE. Players that are ultimately selected to represent Team Manitoba will compete at the 2021 National Women's U18 Championship and the 2021 Western Hockey League (WHL) U16 Cup.

The roster for the Female U18 program consists of 45 athletes (six goaltenders, 24 forwards and 15

defencemen), including 31 athletes from the Manitoba Female U18 "AAA" Hockey League and 14 athletes from various sport school programs.

Female U18 Team Manitoba will be led by head coach Neil Chow. He will be joined by assistant coaches Jessica Kaminsky and Alana Serhan.

The roster for the Male U16 program consists of 46 athletes (six goalies, 24 forwards, and 16 defencemen). The breakdown of the roster features 34 athletes from the Winnipeg U15 "AAA" Hockey League and 12 from sport school programs.

Leading U16 Team Manitoba behind the bench will be Jeff Sveinson, currently the head coach of the Winnipeg Bruins (Manitoba U18 AAA League). He will be joined by assistant coaches Jordan Sobkowicz and Jordan Wohlgemuth.



# Interlake splits doubleheader with Winnipeg South

**Staff**

The Interlake Blue Jays were a busy bunch last week with seven games in a six-day stretch.

Interlake split a doubleheader with Winnipeg South in Manitoba Junior Baseball League action last Sunday.

In Game 1, the Blue Jays were defeated 10-6 but later rebounded nicely to win the second game 12-1.

The Blue Jays started their very busy week with a pair of losses — 10-1 and 12-1 — to the league-leading Elmwood Giants on Aug. 2.

Interlake then split a doubleheader with the St. James A's last Wednesday, losing 4-3 and then winning 9-3.

Last Friday, Interlake lost 9-8 at home to the Pembina Valley Orioles.

Interlake, now 5-12, will wrap up its regular season on Wednesday when it hosts the Carillon Sultans at Quarry Park. Game time is 7:30 p.m.

At press time, it was not known who the Blue Jays would play in the playoffs which begin this week.

In Winnipeg Senior Baseball League action, the Stonewall Blue Jays crushed the Carillon Sultans 12-1 last Thursday.

Adam Kirk led Stonewall with two hits, two runs scored and an RBI while Baily Proctor had a hit, walked three times, scored three runs and belted two RBI.

The Blue Jays' other runs were scored by Derek Petrasko (two), Chris Norquay (two), Dave Mabon, James Stolar and Nick Drews.

Mabon also had two RBI.

Zach Campbell earned the win, allowing just three hits while striking out three Carillon hitters.

On Aug. 3, the Blue Jays lost 4-1 to the St. James A's.

Petrasko and Drews had Stonewall's

two hits in the game. Drews scored the Blue Jays' lone run in the bottom of the seventh inning.

Stonewall pitcher Scott Harris allowed six hits and an earned run. The Blue Jays committed three errors.

The Blue Jays played the Springfield Sr. Braves and North Winnipeg Pi-

rates earlier this week but no scores were available at press time.

Stonewall will host the Boni-Vital Brewers this Thursday at 7:30 p.m. at Quarry Park. On Monday, Stonewall will play the Carillon Sultans at AD Penner Park in Steinbach.

## > COLLINGS, FROM PG. 20

very well this year, or better this year. I've had a lot of success at Steinbach. I don't mind playing here," he grinned.

Rene Abgrall, a Golf Manitoba Public Players club member, won the Forward Tee Division at (85-85-84) 254 while Bruce North of the Carman Golf Club is the Super Senior Champion coming in at (76-75-72) 223.

Meanwhile, for the sixth consecutive season, Southwood Golf & Country

Club's Rhonda Orr is the Hodson Financial Women's Senior Champion following a two-stroke victory over clubmate Fran Povoledo at the Steinbach Fly-In Golf Club.

Orr shot a 77 in her final round to finish the three-day event at 238 while Povoledo carded an 80 and a 240 total.

Nancy Porth of the Niakwa Country Club won the Forward Tee Division at (85-87-87) 259 while Michelle Gisiger of the host club was the Super Senior Champion finishing at (82-81-84) 247.

# take a break

> GAMES

## SUDOKU

2	8				9			
			4			5		
3				1				
		4	8		2			
		9		7				
5			6					2
		2	7					3
9		6		8			7	1

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Level: Intermediate

**Here's How It Works:**

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	7	2	3	8	4	9	5	6
3	8	6	9	5	7	2	1	4
4	9	5	1	2	6	8	3	7
2	1	8	4	6	9	3	7	5
9	3	4	5	7	1	9	2	8
5	9	7	2	3	8	4	6	1
6	2	9	8	1	5	7	4	3
8	5	3	7	4	2	1	6	9
7	4	1	9	6	3	5	8	2

Sudoku Answer

V	S	G	D	E	T	S	N	E	D	M	E
B	N	E	T	O	R	V	N	E	I	S	
E	I	R	E	D	D	E	V	E	I	D	D
T	L	S	F	S	E	C	E	D	D	E	
G	N	V	M	T	S	E	G	O	T	V	I
R	O	N	H	L	E	G	N	I			
S	E	P	E	C	I	D	E	E	C		
V	A	T	E	R	V	R	V	N	V	C	U
M	V	I	R	I	R	A	B	M	A	I	L
N	E	V	D	U	M	I	V				
D	L	E	R	V	A	P	S	R	R	E	T
R	V	A	T	E	O	L	D	O	N	E	
R	E	P	S	D	U	O	L	N	I	S	
R	N	I	P	L	U	P	V	A	O	P	O
D	L	O	S	H	C	P	A	P	U	M	P

Crossword Answer

# CROSSWORD

**CLUES ACROSS**

1. Calls balls and strikes
4. Turkish officer
9. Repaired shoe
14. Grass genus
15. Small, sealed vial
16. Primp
17. Immoral act
18. A tool to communicate
20. Crumbles away
22. Egg-like
23. Districts (abbr.)
24. Dressed
28. Small island (British)
29. Dialect of Chinese
30. Force unit
31. Borderlines
33. Norse gods
37. Morning
38. Fiddler crabs
39. Tell a story
41. Consumed
42. Atomic #58
43. About old Norse poems
44. Fencing swords
46. One-time Tigers third baseman
49. Southpaw (abbr.)
50. Neither
51. Conversations
55. Distinctive manner or pronunciation
58. Cyprinids
59. Appropriate to a festival
60. Pearl Jam frontman
64. Wrath
65. Italian city
66. A way to get there
67. A nose or snout
68. German seaport
69. A horse for riding
70. Airline representative (abbr.)

**CLUES DOWN**

1. Unhappy
2. Silk fabric

1	2	3		4	5	6	7	8		9	10	11	12	13
14				15						16				
17				18						19				
20			21					22						
23						24	25						26	27
		28				29				30				
31	32					33		34	35	36			37	
38					39	40							41	
42					43					44	45			
46		47	48					49		50				
51					52	53	54			55			56	57
		58								59				
60	61							62	63				64	
65								66					67	
68								69					70	

3. Unbroken view of a region
4. Middle Eastern territory
5. \_\_\_ and Andy, TV show
6. Central processing unit
7. Department of Housing and Urban Development
8. Midcentury newspaper columnist
9. Weapon
10. Delivered a speech
11. Probably going to happen
12. Midway between northeast and east
13. Danish krone
19. Synthetic resin (abbr.)
21. Fall slowly in drops
24. Bestow an honor upon
25. Childishly silly
26. Related on the mother's side
27. Populations of related plants
31. Coherent
32. Tribe of ancient Britons
34. Financial firm Goldman \_\_\_
35. Stephen King thriller
36. Went in again
40. Commercial
41. Poking holes in the ground
45. Prisoners of war
47. Pursued pleasure
48. "Seinfeld" character
52. Body of water
53. Hovering vehicle (abbr.)
54. People who utilize
56. Nostrils
57. Inner mass of some fungi
59. Honor lavishly
60. Midway between east and southeast
61. Turn down
62. Small round mark
63. Expected at a certain time



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## MUNICIPALITY OF BIFROST-RIVERTON PUBLIC NOTICE BOARD OF REVISION

Public Notice is hereby given that the 2022 Assessment Roll for the Municipality of Bifrost-Riverton has been delivered to the Municipal Office at 329 River Road, Arborg, Manitoba and is open for public inspection during regular business hours. Applications for revision may be made in accordance with section 42 & 43 of *The Municipal Assessment Act*.

### APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend roll under subsection 13(2).

### APPLICATION REQUIREMENTS

- 43(1) An application for revision must:
- be made in writing;
  - set out the roll number and legal description of the assessable property for which a revision is sought;
  - state the grounds on which the application is based; and
  - be filed by delivering it or causing it to be delivered to the office indicated below, or serving it upon the secretary, on or before **Monday, August 23, 2021**.

The Board of Revision will sit on **Wednesday, September 8, 2021** at 1:00 p.m. in the Council Chamber of the Municipality of Bifrost-Riverton to hear applications.

Dated this 23rd day of July, 2021  
 Tanis Johnson - Secretary, Board of Revision  
 Municipality of Bifrost-Riverton  
 Box 70, 329 River Road, Arborg, MB ROC 0A0  
 Email: bifrostriverton@mymts.net

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## WESTERN INTERLAKE PLANNING DISTRICT

UNDER THE AUTHORITY OF THE PLANNING ACT

### NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

**THE RURAL MUNICIPALITY OF WEST INTERLAKE BY-LAW NO. 17-2021**  
Being an amendment to the Rural Municipality of Siglunes Zoning By-law 6/05, as amended.

**HEARING LOCATION:** RM of West Interlake Council Chambers  
10 Main St., Eriksdale, MB

**DATE & TIME:** August 31st, 2021 @ 10:00 am

**GENERAL INTENT:** To re-zone land within the RM of West Interlake from "Agricultural General Zone" to "Seasonal Recreation Resort Zone"

**AREA AFFECTED:** a) Part of the NE ¼ 6-26-8W in the Rural Municipality of West Interlake and shown outlined in a heavy dashed line on the map attached

**FOR INFORMATION CONTACT:** Cherie Millar, Office Administrator, Western Interlake Planning District  
Box 269, St. Laurent, MB R0C 2S0,  
ph: (204) 646-2615, Fax: (204) 646-4150,  
Email: wipd@mymts.net



A copy of the proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken there from upon request.

**Note: Property owners are responsible for notifying lessee.**

## WESTERN INTERLAKE PLANNING DISTRICT

UNDER THE AUTHORITY OF THE PLANNING ACT

### NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

**THE RURAL MUNICIPALITY OF WEST INTERLAKE BY-LAW NO. 18-2021**  
Being an amendment to the Rural Municipality of Siglunes Zoning By-law 6/05, as amended.

**HEARING LOCATION:** RM of West Interlake Council Chambers  
10 Main St., Eriksdale, MB

**DATE & TIME:** August 31st, 2021 @ 10:10 am

**GENERAL INTENT:** To add "Camping and Tenting Grounds" as a "C" for conditional use in the "RR" Rural Residential Zone and as a "- " for not permitted in the "RG" Residential zone and "RMH" Residential Mobile Home zone.

**AREA AFFECTED:** All lands zoned "RR" Rural Residential in the lands formerly known as the RM of Siglunes, in the Rural Municipality of West Interlake

**FOR INFORMATION CONTACT:** Cherie Millar, Office Administrator, Western Interlake Planning District  
Box 269, St. Laurent, MB R0C 2S0,  
ph: (204) 646-2615, Fax: (204) 646-4150,  
Email: wipd@mymts.net

A copy of the proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken there from upon request.

**Note: Property owners are responsible for notifying lessee.**

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#### REQUIRED QUALIFICATIONS

- Certificate in office administration or an equivalent combination of education and experience may be considered.
- Experience using Microsoft Office applications (e.g. Word, Excel, Outlook)
- Ability to prioritize work, meet deadlines and work under pressure
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**APPLY BY EMAIL TO:** humanresources@rrc.ca

**CLOSING DATE:** August 15, 2021

We thank all applicants for their interest, but only those selected for an interview will be contacted. If accommodation needs are required during the application or interview process, please contact our Human Resource Services.

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## Town of Winnipeg Beach NOTICE OF BOARD OF REVISION

**PUBLIC NOTICE** is hereby given that the 2021 assessment roll for the Town of Winnipeg Beach has been delivered to the Municipal Office at Winnipeg Beach, Manitoba and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Sections 42 & 43 of The Assessment Act.

### APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- a) liability to taxation;
- b) amount of an assessed value;
- c) classification of property; or
- d) a refusal by an assessor to amend the assessment roll under sub-section 13(2).

### APPLICATION REQUIREMENTS

- 43(1) An Application for revision must
- a) be made in writing;
  - b) set out the roll number and legal description of the assessable property for which a revision is sought;
  - c) state the grounds on which the application is based; and
  - d) be filed by
    - i) delivering it or causing it to be delivered to the office of the Town of Winnipeg Beach at Winnipeg Beach, Manitoba, or
    - ii) serving it upon the Secretary, at least 15 days before the scheduled sitting of the Board of Revision.

The Board of Revision will sit on **Thursday, October 14th at 7:00 P.M.** in the Council Chambers of the Municipal Office of the Town of Winnipeg Beach, 29 Robinson Avenue, Winnipeg Beach, Manitoba.

**Added to Roll/Cancellations for 2020/2021** must be appealed within 30 days after mailing. Added to Roll/Cancellations applications must be received by the Secretary of the Board by **Tuesday, September 28, 2021.**

The final date on which applications for 2021 Assessment Appeals must be received by the Secretary of the Board is **Tuesday, September 28, 2021.**

Dated at Town of Winnipeg Beach, in Manitoba, this 21st day of July, 2021.

Kerry Swanson, Secretary Board of Revision  
Town of Winnipeg Beach  
Box 160  
Winnipeg Beach, MB R0C 3G0

WESTERN INTERLAKE PLANNING DISTRICT  
UNDER THE AUTHORITY OF THE PLANNING ACT

## NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

**THE RURAL MUNICIPALITY OF WEST INTERLAKE BY-LAW NO. 13-2021**  
Being an amendment to the Rural Municipality of Siglunes Zoning By-law 6/05, as amended.

**HEARING LOCATION:** RM of West Interlake Council Chambers  
10 Main St., Eriksdale, MB

**DATE & TIME:** August 31st, 2021 @ 10:20 am

**GENERAL INTENT:** To re-zone land in the town of Ashern, in the RM of West Interlake from "Commercial General Zone" to "Parks and Recreation and Open Space Zone"

**AREA AFFECTED:** a) Part of the W 1/2 of 23-25-7W, Part of CNR ROW 398 in the town of Ashern, in the Rural Municipality of West Interlake and shown outlined in a heavy dashed line on the map attached

**FOR INFORMATION CONTACT:** Cherie Millar, Office Administrator,  
Western Interlake Planning District  
Box 269, St. Laurent, MB R0C 2S0,  
ph: (204) 646-2615, Fax: (204) 646-4150,  
Email: [wipd@mymts.net](mailto:wipd@mymts.net)



A copy of the proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken there from upon request.

*Note: Property owners are responsible for notifying lessee.*



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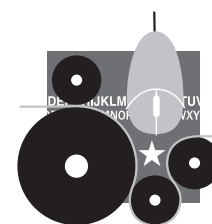
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In Loving Memory of  
Marty Kauppila

October 28th, 1960 – August 9th, 2016

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Gone are the days we use to share,  
But in our hearts you're always there.  
The gates of memory will never close,  
We miss you more than anyone knows.  
With tender love and deep regret,  
We who love you, will never forget.  
Gone is the face we love so dear,  
Silent the voice we love to hear.  
Too far away for sight or speech,  
But not too far for Love to reach.  
Sweet the memories are so clear,  
In our thoughts you're always near.  
We who love you will never forget.  
We love and miss you every day.  
Forever loved...until we meet again.  
-Lee, Courtney, Brogan, Taylor and Tyler  
and families

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IN MEMORIAM



In Loving Memory  
of Bill Horodecki

October 4, 1923 – August 7, 2014

Seven years have gone by,  
But you're always in our hearts  
And are deeply missed.

-Wife Helen and family

CARD OF THANKS

Many thanks to the nurses in the chemo unit of the Gimli hospital and doctors Chapnick, Patel, and Blleloch. Your kindness, compassion and support for Wendy over the last 4 1/2 years is greatly appreciated.

-Thank you,  
the family of Wendy McConnell

CARD OF THANKS

The family of the late James (Jim) Rutherford wish to express their deep appreciation to those who have offered such kindness, support and messages of sympathy and comfort in our bereavement.

-Shirley and family



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Career Opportunity



**Interlake Co-op** is presently recruiting for a  
**PRODUCE MANAGER**  
at Our Food Store located in Arborg, MB

Reporting directly to the Food Manager, the successful candidate will be responsible for overseeing all aspects of our produce department including but not limited to; financial results, marketing, inventory control, merchandising, administrative duties, guest relations, along with coaching and development of team members. Produce Department Annual sales volume \$1.2 million.

**Qualifications:**

- High standards in marketing and merchandising
- Desire to work in a team setting, and networking skills.
- Exemplary guest service
- Strong leadership, and interpersonal skills.
- Excellent supervisory and organizational skills.
- Strong work ethic with a positive and ambitious attitude.
- Possess sound management and decision making abilities.
- Ability to operate a forklift (training will be available)
- Previous management/ leadership experience
- Must be available to work a variety of shifts including days, evenings and weekends.

**Closing Deadline: September 10, 2021**

**We offer career advancement opportunities, competitive compensation, excellent benefits package, company contributed pension plan, staff purchase incentive, and learning/development opportunities.**

If you would like to work in a business who strives to make a positive difference in our members' lives, please complete an application form at our Administration Office/ Website or send a cover letter and resume to:

**Attention: Jeff Pearce – Food Store Manager – 204 376-5245 ext102**  
**Email: [Foodstoremgr@interlakecoop.com](mailto:Foodstoremgr@interlakecoop.com)**  
**Or mail to: Interlake Co-op, Box 40, Arborg MB, R0C 0A0**  
**[www.interlakeco-op.crs](http://www.interlakeco-op.crs)**

WE THANK ALL CANDIDATES FOR THEIR INTEREST, HOWEVER,  
ONLY THOSE SELECTED TO CONTINUE IN THE SELECTION PROCESS WILL BE CONTACTED.

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## Employment for Nurses!



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- **Fulltime RN/RPN position - Days/Eve Rotation**
- **0.6 EFT RN/RPN position - Days/Eve Rotation**
- **Casual RN, RPN & LPN positions all shifts - available**

For more information and to apply, submit cover letter and resume to: [Lmartyniw@mytudor.ca](mailto:Lmartyniw@mytudor.ca)

**Note:**

- MNU Agreement in place for wages and benefits, new CA Pending.
- We thank all that apply however, only those selected for interviews will be contacted.
- Current security checks that include a Criminal Records Check, a Vulnerable Sector Check, and an Adult Abuse Registry Check



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**OBITUARY**



**Dennis Thorstein Johnston**

On Sunday, August 1, 2021 Dennis Thorstein Johnston aged 86 years of Arborg, Manitoba, passed away at Gimli Johnson Memorial Hospital.

**Sandra Judy Johnston (nee Yarema)**

On Friday, August 6, 2021 Sandra Judy Johnston aged 77 years of Arborg, Manitoba, passed away at Gimli Johnson Memorial Hospital.

Cremation has taken place and no formal services will be held.



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**SERVICE ANNOUNCEMENT**

**Florence Jacqueline Richter**  
(nee Townsend)

March 25, 1927 – December 1, 2020

Our family invites all those who wish to join us in a Celebration of Jacie's life on Saturday, August 14, 2021 at 1:00 p.m. in the Colclough Cemetery with Dawn Tober officiating her memorial and interment. Please feel free to bring a chair.

Arrangements by:  
**ARNASON FUNERAL HOME**  
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1.204.768.2072  
1.866.323.3593

**MEMORIAL SERVICE**

**Marie (Squires) Schroeder**  
(nee Plantz)

We, the family of Marie (Squires) Schroeder, (nee Plantz), invite you to join us in a Celebration of Life for our wife, mother, grandmother, great-grandmother and also friend of many.

A graveside service will be held at Mulvihill Cemetery on Sunday, August 15th, at 11:00 a.m. Please bring a lawn chair for seating at the site. Due to COVID restrictions, the service will end after the burial and there will be no lunch provided after the service.

Arrangements by:  
**ARNASON FUNERAL HOME**  
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*Your memory will live forever Engraved within our hearts*

**OBITUARY**



**Shirley Anne Rolland (nee Bruce)**  
18 September 1955 - 01 August 2021

It is with heavy hearts and immense sadness that we announce the passing of Shirley Rolland. She passed peacefully, surrounded by her loving family.

Shirley is survived by her mother Mary Bruce and loving husband David Charles; her children Krisjtan (Jenna), Kerri, Karla (Christopher) and six grandchildren Angela, Zachary, Hannah, Ainslee, Nicholi and Aurelio.

Shirley was born and raised in Selkirk, Manitoba. At a young age she spent time with her Oma on the dairy farm in Petersfield, Manitoba. Shirley was very studious and excelled academically. She even competed in the competition Reach for the Top.

Shirley went on to graduate as a medical radiology technologist. She had the pleasure of working at many locations throughout

Manitoba but worked the majority of her career at the Selkirk District and General Hospital.

Shirley married her high school sweetheart and settled down in Clandeboye, Manitoba. She took time off work to raise her three children who were her greatest joy. She was very much involved in their various activities and could often be heard cheering for her children from the sidelines.

The family would like to thank CancerCare Manitoba and the Palliative Care team.

Outdoor funeral service was held on Friday, August 6 at 1:00 p.m. in the St. Anne's Roman Catholic Churchyard Cemetery, Petersfield, MB.

In lieu of flowers, donations can be made to Hearthstone community group in Selkirk.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



**OBITUARY**



**Mildred (Millie) Wasylowski (nee Krochenski)**

With her family by her side and with heavy hearts, we announce the passing of our beloved mother, baba and great-baba Millie, on August 3, 2021 at the Stonewall and District Health Centre at the age of 86.

She will be deeply missed by her daughter Christine (Alex); son Lawrence (Doris); granddaughters Amber (Ryan), Ashley (Dana); great-granddaughter Willow; brother Leon (Ann); sister-in-law Evelyn Wasylowski; brother-in-law Walter Kohut as well as numerous nieces and nephews.

She was predeceased by husband Stanley (2016); son Raymond (1963); her parents Barbara and Frank Krochenski; brothers Ben, Mike, and Ludwig Krochenski; sisters Rose Kushnir and Jean Kohut.

Millie was born on December 30, 1934 in Fraserwood. Millie was the sixth of seven children. She finished school at age 14, stayed home for a couple of years and helped her parents out at home. At the age of 17, she went to work in Winnipeg at two sewing factories where she sewed coats, shirts, and other articles of clothing.

On June 2, 1956 she married the love of her life, Stanley. Together they farmed on the family farm in the Fraserwood area where they raised their family. Millie had a strong work ethic, working on the field, milking cows, and helping with all the farm chores.

Millie loved knitting, flowers and house plants. She always had a large garden and enjoyed canning fruits and vegetables. Millie was an excellent cook and made many Ukrainian Christmas meals for her extended families.

After suffering a stroke in 2016, Millie spent the last four years in the Arborg Personal Care Home.

There will be a Private Service, however, those who wish to pay their respects may come for viewing from 10:00 to 10:45 a.m. and then remain outside Chapel to listen to the service. The Funeral will be held on Wednesday, August 11th at 11:00 a.m. at MacKenzie Funeral Chapel in Arborg. Interment will follow in the St. Frances Cemetery.

Pallbearers will be Ronnie Krochenski, Gary Krochenski, Kenny Krochenski, Blaine Kohut, Freddie Skoropet and Garry Wasylowski.

The family would like to express heartfelt and sincere thanks to Dr. Akinpelu, nurses and support staff at the Arborg Personal Care Home, also to Dr. Olayemi and staff at the Stonewall and District Health Centre for all their care and compassion.

In lieu of flowers, donations can be made to St. Frances Cemetery in Fraserwood or to the Arborg Personal Care Home, Box 10 Arborg MB R0C 0A0.

Vichnaya Pamyat

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OBITUARY



In loving memory of  
Allan Blaine Webb

Blaine was born in Fisher Branch Hospital. He grew up in Harwill and attended school in Peguis and Fisher Branch. Blaine worked on farms in surrounding area, at Co-op, ran summer works painting program, also for Triska. He drove truck for Griffin Messenger. He then took a new careers program through Northern Affairs and became a correctional officer at Headingly Correctional Institute. He worked here for 28 years until he retired. He then moved back to Harwill and fulfilled his dream of retiring there.

Blaine was very family oriented. He enjoyed spending time with family. Especially his grandchildren and great-grandchildren. Blaine also loved to hunt.

He leaves to cherish his memory, his wife Marilyn of 40 years; his children Lesley (Jason), Dustin (Kayla); grandchildren Shaina, Sherisse, Karley, Austin and Ashton; great-grandchildren Jasmine, Luke, Jace and Arie; his siblings Bill (Beverly), Ken, Danny, Linda, John, Sandra (Stephan); as well as numerous relatives and friends. He was predeceased by his parents Lorne and Geraldine Webb and sister Mary Brown.

Special thanks to the Webb family, Lorna, Dr. Menzies, Dr. Bruin, Percy E. Moore Hospital staff, Cancer Care Gimli and Winnipeg. The Headingly Correctional staff for reaching out to him in his last days. This meant so much to him. Special thanks to everyone who supported us at this difficult time.

OBITUARY



Ted Litwin

With heavy hearts we announce that Ted passed away July 24, 2021 at the age of 82. Remaining to cherish his memory are numerous nieces, nephews (and their families), numerous friends and special friend, Norah Campbell. He was predeceased by his beloved mother and father (Michael and Katherine Litwin), his son (Michael), and all of his siblings.

Ted was born in Gimli, Manitoba and grew up on the farm. His love for the country and life always remained. He loved socializing, going to country dances, country music, exploring the backroads of country towns, bingo and sports.

In accordance with Ted's wishes, he will be cremated and there will be no funeral service.

Ted will be greatly missed but we can take comfort in knowing he is now with his son, Mom and Dad, siblings and friends that have gone before him.



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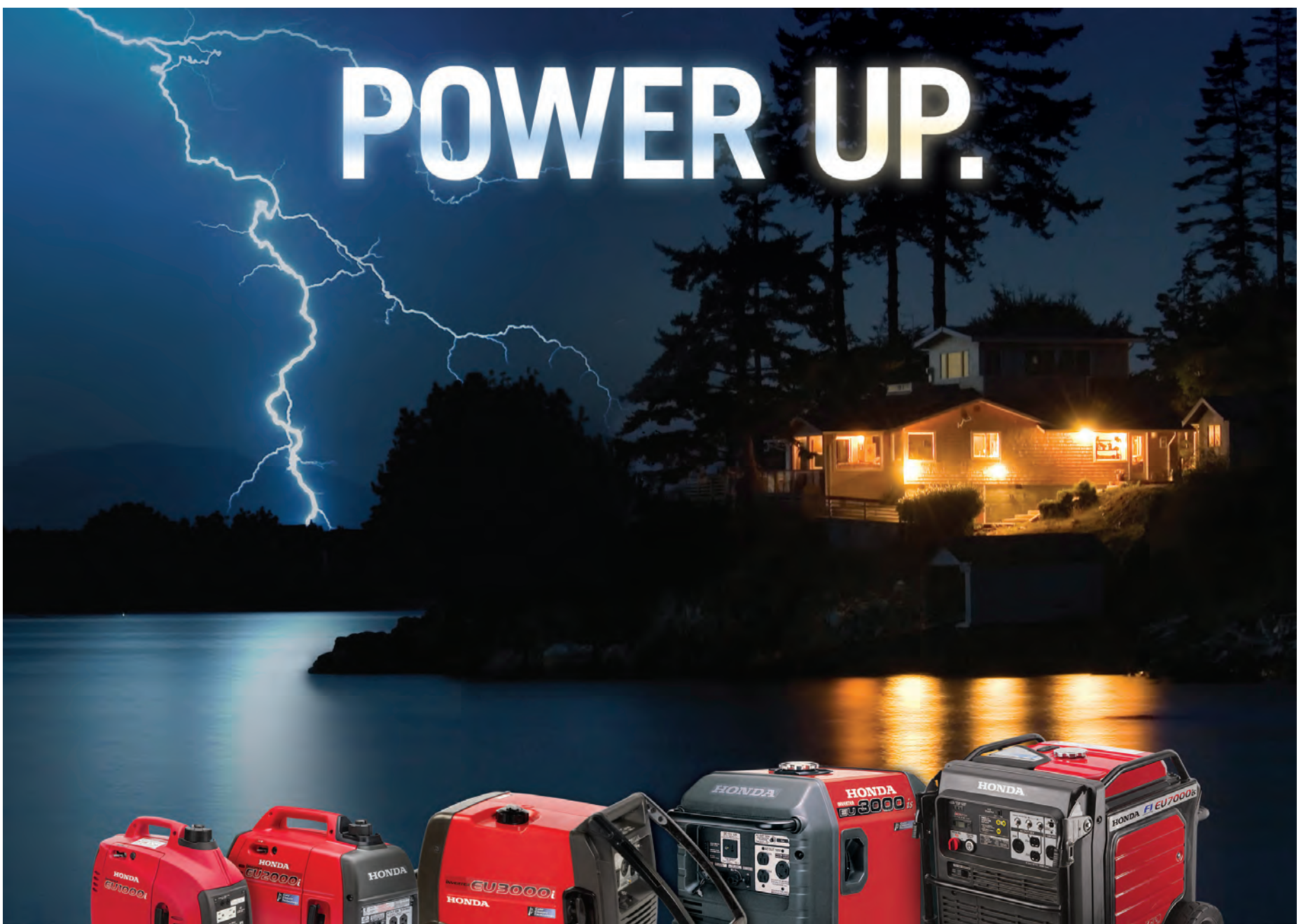
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