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## Child's play

Tylie Bear of Peguis received a helmet after winning the 3-to-6-year-old group of mud bogging at the Arborg Agricultural Society Fair on July 20.

EXPRESS PHOTO BY CORRINE EINARSSON

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# Winnipeg Beach Boardwalk Days fun in the sun

By Gloria Thomas

Winnipeg Beach came alive over the weekend during Boardwalk Days, marking a remarkable celebration for the community.

The centerpiece was undoubtedly the parade, expertly marshaled by Susan Holfeuer with over 60 floats winding through town.

According to Holfeuer, the longest parade to date included a diverse array of floats, including collector cars, the Shriners, MLA Derek Johnson, Jeff Wharton, the Town of Winnipeg Beach and local businesses. Both ATV clubs, town floats and a significant turnout from Fire and Safety also added to the impressive display.

“It was a fantastic parade that went down a new route due to its size. I could not have done it without the collaboration from Winnipeg Beach and Gimli volunteers, all participants, and everyone that attended,” said

Holfeuer.

This year’s Boardwalk Days saw an incredible turnout, thanks to the perfect weather and various activities. The event attracted thousands of visitors who enjoyed a fun-filled time at Winnipeg Beach.

The market boasted nearly 100 vendors, while the parade was the biggest in years for the community.



Putting together Boardwalk Days was a joint effort between the Town of Winnipeg Beach Rec Centre and Destination Winnipeg Beach, a newly formed tourism organization. The success of this year’s Boardwalk Days would not have been possible without the support from Public Works, the Fire Department, and numerous volunteers according to Winnipeg Beach’s tourism, development and community engagement manager Peter Holfeuer.



EXPRESS PHOTOS BY BRETT MITCHELL



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# Celebrating a century of fun, fairs and farming



EXPRESS PHOTOS BY CORRINE EINARSSON

The community celebrated 100 years of tradition and history at the Arborg Agricultural Fair on July 20 and 21. The weekend of festivities included plenty of fun just as promised. From the spectacular fireworks display to the adrenalin rush of mud bogging and bronc riding, to the traditions like the tractor pull, home exhibitions and the petting zoo, it was more than a success.









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# Hecla is celebrating 25 years of community parade

By Becca Myskiw

This year marks 25 years of the Hecla Historical Village's annual town parade.

The scenic lake town hosts a parade each summer to showcase its residents and their funny side dating back to the 20th century. Parade marshal Marvin Benson said people love to dress up — as clowns and other characters that spark smiles — and have fun with the parade, making it an event you simply can't miss.

"We always wanted the parade to be entertaining," he said. "The focus was that — to have something for the community to enjoy."

When the Hecla parade started, it had 12 entries, half riding lawnmowers, and around 25 onlookers cheering them on. With the help and support of the community, the parade has grown to include floats from across the province, some for businesses and others for individuals. Last year, the annual parade saw 46 floats and over 1,000

onlookers.

Benson said the parade has become generational, including entries from the children of past participants. Floats range from bicycles and riding mowers to trucks and trailers with boats. There's something for everyone, said Benson.

The parade will start at 1 p.m. on Sunday, Aug. 4. From 11 a.m. to 3 p.m. that day, the Hecla Island bake sale and silent auction will be held at the Hecla community hall. A barbecue hosted by the Riverton Friendship Centre will offer flame-cooked goods all day. The parade will last around an hour and a half and span about three-quarters of a mile. It will go through the village, past the docks, past the community hall and the general store, and continue.

A few years ago, Benson received calls from a Toronto media outlet wanting to do a story on the parade. Someone had called and told them it



EXPRESS PHOTO SUBMITTED

Hecla is celebrating 25 years of their annual parade on Aug. 4 at 1 p.m.

was one of the best they'd ever seen — and Benson can attest to that.

"It's just a real fun thing," he said.

Anyone can and is encouraged to enter a float in the parade. To do so, call Benson at 204-941-3650, explain your float to him, and he'll give the green or red light. He can't recall ever denying a float for the parade.

Though the parade starts at 1 p.m., Benson recommends getting a spot along the road early as the main strip

is closed off at least 20 minutes prior to start time.

The Hecla parade continues thanks to the generosity of a local family. Five years ago, a rule was put into effect that said each parade needed to have high liability insurance, which is costly. The local family pays this fee every year, allowing the community parade to continue to bring smiles year after year.

# Winnipeg Beach Food Cupboard closes after less than a year

By Becca Myskiw

After not even a year, the Winnipeg Beach Food Cupboard is closed.

The local food cupboard made a considerable splash when opening this past year, growing quickly beyond its capabilities. Initially set up in the recreation centre, the Winnipeg Beach Food Cupboard moved to a new location on Stitt Street and opened a fresh food cart just this June.

The cupboard is closing after a zoning bylaw removed the cupboard organizer's only source of income. Without that, she's had to find other work and no longer has the time to dedicate to the service.

Lisa Teel started the Winnipeg Beach Food Cupboard last year after seeing a need for the service in town. Since then, she's been delivering food, stocking shelves and taking orders nonstop, working full-time as a volunteer. Teel could do that because she had income from an Airbnb guest house on her property in town, but a zoning bylaw quickly changed that.

In Winnipeg Beach, residents can have a guest house on their property for family and friends to stay in. Winnipeg Beach Mayor Pam Jackson said Teel had turned a shed in her backyard into a guest house and was renting the space out on Airbnb, which is not allowed under zoning bylaw section 56.

The bylaw states a guest house can only provide secondary and incidental accommodation for family members and guests of the occupants of the single-family dwelling, among other things. So Teel had to apply for a variance from the town to continue renting out her guest house. Two Winnipeg Beach council members voted for the variance and two voted against it, so the motion became defeated, leaving Teel unable to keep her guest house up on Airbnb.

Teel said she could only run the food cupboard because she didn't work full-time and had income from the guest house. Without that income, she has to find another job, leaving her with little time for the food cupboard.

"The simple fact is I have to work," said Teel. "I just can't

do both. It's not possible."

Jackson said the town was extremely supportive of the food cupboard from the beginning, helping her set up the space in the rec centre and then offering her the space in the location on Stitt Street, renovating it and adding security systems.

"We were very excited about being able to do that for her," said Jackson. "We were working closely with her and were impressed with all her work. She did a wonderful job and was providing a really important service for our town."

Jackson said the council was surprised to hear the food cupboard was closing because of the variance. She stressed the two matters are not related, and the town did not expect the food cupboard to take a hit.

"We can't ever be in a position where someone comes and asks for a variance and connects it to something else they're doing for the town," she said. "It didn't occur to us that she would just shut down the food cupboard. We can't take that into consideration when looking at variance. We can only look at bylaws and restrictions."

The Winnipeg Beach Food Cupboard had numerous volunteers, but none are continuing the service. Jackson hopes someone will continue it so the service can continue to be offered in Winnipeg Beach.

The food cupboard donated all food on its shelves to Evergreen Basic Needs, over 500 pounds of food. Teel said

they'll also give them any funds the food cupboard has.

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## Manitoba government enhancing and expanding recreational trails

By Lana Meier

The Manitoba government along with Trails Manitoba is investing more than \$880,000 to support 33 recreational trails across the province, Environment and Climate Change Minister Tracy Schmidt announced earlier this month.

“Manitobans love to enjoy the outdoors and our province is home to unique networks of trails that support healthy living and offer great social opportunities,” said Schmidt. “Adding new trails and ensuring our existing trails are well-maintained helps guarantee Manitobans can continue to enjoy the great outdoors for generations to come.”

The 2024 Trails Manitoba grant program will support the development of new and improved trails across the province, with \$697,365 for trails outside Winnipeg and \$190,000 for trails within Winnipeg.

In all, these projects will add 36 kilometres of trails to Manitoba’s network while maintaining and upgrading more than 600 kilometres of existing trails, the minister noted.

“The Trails Manitoba grant program is creating pathways to health and quality of life for all Manitobans,” said Jeana Manning, board president, Trails Manitoba. “We honour the volunteer trail builders and the construction teams and supporting partners who have brought this funding to life, creating connections to Manitoba’s stunning landscapes. We look forward to strengthening our ongoing

partnerships with the Manitoba government, private funders and all our collaborators, supporting exceptional trails for generations to come.”

### SEVERAL PROJECTS INCLUDE:

- Northgate system weather resistance project (\$20,000), Dauphin;
- Flinty’s Discovery Trail and wetland accessible loop (\$75,000), Flin Flon;
- AB2VB Trail Maintenance 2024, RM of Victoria (\$10,000);
- Steep Rock community trail enhancement (\$50,000), Steep Rock;
- Onanole trails enhancement (\$33,333), Onanole;
- RM of St. Andrews - Trails Phase 3 and 4 (\$75,000)
- Stonewall, Quarry Park splash pad and ball diamonds community access trail (\$24,643)
- Roseisle, Pumpkin Creek Cross Country Ski Club (\$12,766)
- Treherne, Boyne Valley Nature Trail Signage (\$1,200)
- Notre Dame de Lourdes, Sentier Communautaire de Lourdes - Enhancement Project PHASE 1 of 2 (\$10,304);
- Grindstone Trail Enhancement, Cottage Owners Assoc. (\$7,920).

“The new bike path trail in Fairgrove Park is a testament to our community’s commitment to health, education and outdoor enjoyment,” said Coun. Vivian Santos, City of Winnipeg. “Through the partnership between the city, Winnipeg School Division and Trails Manitoba, we’re

providing a safe and inviting space for children to learn biking skills and offering a wonderful new amenity for all our residents to enjoy.”

For the complete listing of 2024 Trails Manitoba Grant recipients, visit [www.trailsmanitoba.ca/grants](http://www.trailsmanitoba.ca/grants).

“This trail isn’t just about creating a path; it’s about fostering a sense of belonging and empowerment for our students and the community,” said Luke Barr, teacher, École Stanley Knowles School. “It will be a safe and exciting place where riders of all ages and abilities can come together to build their skills and connect with the freedom that comes from riding a bicycle.”

“I see this new trail like I see our school bike shop, it welcomes any student, if you’re new or old, you can be a member,” said Ella Quinto, student, École Stanley Knowles School. “I am very excited for the opening of this trail and I hope that those who haven’t found the joy of biking can find it here.”

The Trails Manitoba grant program annually provides new recreational trail opportunities, improves the quality of existing trails through enhancements and provides necessary funding for continued trail maintenance. Eligible applicants include trail associations, municipalities or other not-for-profit groups with means to provide continued stewardship of trails.

To learn about the Manitoba Trails Strategy and Action Plan, visit [www.manitoba.ca/sd/trails/index.html](http://www.manitoba.ca/sd/trails/index.html).

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# Cross-country event to make a difference for nature

By Andrew Holland, NCC

Ready, set, snap! The Nature Conservancy of Canada (NCC) is calling on people across Canada to get outside this August long weekend to document the nature around them, in the name of science.

The non-profit's fourth annual Big Backyard BioBlitz aims to create a snapshot of nature in Canada, by encouraging people of all ages to observe and document the nature around them.

People can participate solo or with a group, and as often as they want, over the first weekend in August. The Big Backyard BioBlitz is a family-friendly activity that's engaging for all ages, no matter a person's level of knowledge about nature. Every observation can help conservation groups and scientists understand the state of local biodiversity, track at-risk species and even tackle invasive ones.

People can use their smartphones, tablets or digital cameras to snap photos or record audio of birds, insects, plants and other species wherever they happen to be, and then upload them to the event's online database.

By documenting the wild species in their neighbourhoods, including

plants, birds, insects, mammals, reptiles, amphibians, lichen and fungi, participants help scientists map species and monitor changes over time. Big Backyard BioBlitz participants have recorded over 147,000 observations over the last four events, documenting over 7,700 species, including many that are at-risk or even endangered. In the face of climate change and biodiversity loss, people's observations can help inform solutions.

"The Big Backyard BioBlitz is a great way to connect with the outdoors, while contributing to a national community science project," says Christine Chilton, NCC's community relations manager in Manitoba. "From invasive to endangered species, everyone's observations help protect the nature we love."

People can visit backyardbioblitz.ca to learn more and register. Once registered, they'll receive step-by-step instructions on how to participate, tips for taking great shots, fact sheets about nature near them, and be entered into a draw for a Big Backyard BioBlitz prize pack. Participants can also download learning activities from the website's Kids' Corner, such as scavenger hunt bingo, word



EXPRESS PHOTO BY DENNIS MINTY

searches, colouring pages and other activities for kids.

NCC's 2024 Big Backyard BioBlitz is made possible by presenting sponsor Stantec.

EXPRESS PHOTO BY JEAN-PIERRE MERCIER

The Nature Conservancy of Canada is asking people from all across Canada to document the nature around them August long weekend.

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# Asham Stompers perform at Levee on the Lawn

By Becca Myskiw

After a successful first round of reaching jigging in St. Laurent, Eva Kerbrat has done anything but slow down.

The locally raised dancer is fresh off nine weeks of jigging classes, having taught more than 13 locals how to improve on or start their jigging. Eva said the classes went well, and everyone improved considerably from the first class to the last one. She taught children under 15 in one class and, right after, she taught adults.

Having danced since she was five, Eva is no stranger to busy schedules. Though her dance classes just finished, she hasn't. Eva dances with the Asham Stompers, a well-known jigging group of about a dozen dancers, give or take. Her younger sister, Vanessa Kerbrat, recently developed an interest in jigging, and having learned from one of the best, she too started

dancing more often and more seriously, eventually joining the Asham Stompers as well.

The traditional Red River Métis jigging group was invited to perform for 40 minutes by the King's representative in Manitoba, Lt.-Gov. Anita Neville, on the grounds of Government House on June 22. This was the lieutenant-governor's first-ever Levee on the Lawn, and the Asham Stompers adorned their new costumes for the event. The Kerbrat sisters like the bright new outfits, their dresses shining red, blue and white as they spin.

"It was a really good show," said Eva, adding that eight of them performed that day — four women and four men dancing in pairs.

Before the Levee on the Lawn, though, the Asham Stompers made the trek to Puerto Vallarta, Mexico, to partake in the country's largest folkloric festival, the Festival Vallarta Azteca (FESTVA). The 18th annual festival featured free performances from dance groups worldwide, one of which was the Asham Stompers from Manitoba, Canada. From April 28 to May 5, they danced along the Malecon, Puerto Vallarta's famous boardwalk, amid people, lights, food and décor.

The shows the Asham Stompers performed in Mexico were around 30 minutes each, and they danced more than once. Since the Kerbrats go to Mexico often, the culture wasn't anything new to them, and they fully enjoyed the experience.

"It was more of learning and experiencing the different cultures," said Vanessa.

The Kerbrats don't know what's next, but Eva is hoping to offer more jigging lessons to the community in the fall. She has yet to determine if they'll be in St. Laurent, Stonewall or both, but she knows it will happen.

"Just being with everybody, the energy the people, it's fun," she said. "Everybody's smiling and clapping and us, the dancers, we're smiling and laughing and clapping."



EXPRESS PHOTO BY DOUGLAS LITTLE PHOTOGRAPHY

Eva Kerbrat and the Asham Stompers performed at Her Honour the Honourable Anita R. Neville, PC, OM Lieutenant Governor of Manitoba's Levee on the Lawn on June 22.



Vanessa Kerbrat was all smiles as she twirled and showed off her new costume.

## Community Support Service

### A.A Meeting in Ashern is postponed for August 9th

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Eriksdale United Church building #7 Main Street, Eriksdale (side door)

Meetings are Mondays at 6:30 p.m.

### AA Winnipeg Beach

Lady of the Lake RC Church Corner of Hwy. 9 and Lake Ave., Winnipeg Beach

Meetings are Saturdays between 7 and 8 p.m.

Contact Ann J 204-389-3417

### Gimli Group AA

Bldg 18 Municipal Rd Industrial Park

Fri & Sun Mtgs at 7:30 pm

### Al-Anon Gimli and Winnipeg Beach

Join us at 17B Loni Beach Road, next to New Horizon building... Gimli at 7:00 pm Wednesday evenings for an hour of support, strength, guidance and Hope. Contact 204-389-4777. All ages welcome.

### AA Riverton Group

12 Main St. at the Riverton Senior Centre Mondays 7:30 p.m.



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Everyone Welcome





# Author with Gimli ties releases debut thriller novel

By Becca Myskiw

A local writer has published her debut novel, *Lucid*, an unconventional way of telling tragedy, death and relationships.

Jenna Boholij spent her summers growing up in Gimli; her family from the town. Though she lived in North-western Ontario, Boholij thought often of Gimli, moving there after college. Now, she lives in Winnipeg and has a cottage in Gimli, where she and her family like spending as much time as possible.

When Boholij turned 30 seven years ago, she made a goal for herself: to write a novel. She's always been a writer but said at that time, she'd never written anything that long and she wanted to see if she could do it. Without telling anyone, she began to write a tale of terror and had the entire book done within a year.

"Writing wasn't even the hard part, which was surprising," she said. "Publishing, especially in Canada, is a whole other thing."

Boholij had two children, made it through the pandemic and sat on her book for a few years until she decided she owed it to herself to try and get it published. After researching for hours on end where she could query to, the Icelandic-Ukrainian author reached out to a few publishing houses and heard back from just one: Dreamsphere Books.

Dreamsphere Books eventually offered Boholij a contract. She took it, and her debut novel, *Lucid*, was soon published.

Full of twists and surprises, *Lucid*

follows Charlotte Marin, a Winnipegger working for an airline. As she travels for work, the main character kills people to deal with the tragic loss of a loved one when she was young. A chance meeting on a flight opens new doors for Marin and has her fighting through lucid dreams to make one tough decision. In the story, a town called Sunshine is based off of Gimli.

Boholij said the beginnings of the premise just came to her, and she started writing based on the idea but had yet to learn how she would end the story. As happenstance would have it, the ending came to Boholij in a lucid dream as she slept.

"You can't sleep or think about anything else," she said. "The idea comes and it's all-consuming. The story has chosen you to deliver it and it's your responsibility to do that."

As she finished *Lucid*, more ideas came to Boholij, leading to her second — and now third — book. Her second book is literary fiction, and her third will be another thriller.

Boholij tries to write something every day, no matter how many words. Whether 100 words on a page before bed or 5,000 words in a day, she gets something written down before her head hits the pillow.

"You make time for things that are important to you," she said. "You can get it done, just break it down into manageable pieces."

*Lucid* was released on May 20 this year. It currently has a 4.7/5 rating on Amazon, with reviews saying it exceeded expectations, was packed with excitement and was hard to put



EXPRESS PHOTO SUBMITTED

Jenna Boholij recently released her debut novel, *Lucid*.

down once picked up.

"This is a Captivating story and beautifully written. The author really paints a vivid picture that draws you into her world. Incredible!" states one review.

"Finished this all in one sitting," states another. "I was hooked from the beginning to end. The writing was

well done, the time jumps from past to present were done in an organized manner so you don't get confused, and all the while pulling you into Charlie's story and life. And the twist? \*chefs kiss\* Very much enjoyed."

*Lucid* is being sold at McNally Robinson, Amazon, Apple Books, Kobo, Smashwords and Barnes & Noble.

# Ashern Pioneer Museum holding annual thresherman's reunion Aug. 11

By Becca Myskiw

The Ashern Pioneer Museum is gearing up for its annual threshermen's reunion on Sunday, Aug. 11.

The annual two-day event happened every weekend before Labour Day when it started 34 years ago. Still, with the rodeo happening around the same time, it became too much for organizers and attendees. So the reunion went to a one-day event on the same weekend as the local rodeo.

After a few years of doing it like that, the Ashern Pioneer Museum decided to branch out again and hold the threshermen's reunion the weekend before the rodeo. So now, every second weekend in August, the mini thresherman's reunion brings people from all corners of Manitoba to Ashern.

At the Ashern Pioneer Museum's

mini threshermen's reunion, people can take in threshing and binding on the same day. Threshing is loosening the edible part of grain from the rest of the plant. Threshing is typically done by rubbing, stripping or beating the plant, which a combine does nowadays during harvest. Binding cuts the grain and binds it into bundles. The binder, invented in 1872, improved upon the reaper, and the original machine used wire to tie the bundles.

For the reunion, the museum board has sheaths from the previous years' harvest to run through the thrasher, and they've tilled up a field at the museum where they grow grain to bind during the reunion.

"People like to reminisce," said Rick Ebbers, chair of the museum board. "It's a thing of the past. It's the years that started and made this town, so



EXPRESS PHOTO SUBMITTED

The Ashern Pioneer Museum is getting ready for their mini annual thresherman's reunion taking place Aug. 11.

it's a lot of hard work they put in, and it's just great to see people who come out and appreciate it."

The reunion will start with a church service in the Anglican Church on the

museum site, followed by a barbecue lunch lasting all day. There will be popcorn, a bouncy castle, a dog show,



# Donors with love of Gimli provide art club with \$6,000 for seawall

By Patricia Barrett

The Gimli Art Club's seawall gallery committee threw a little party for generous donors who gave them \$6,000 to help maintain the seawall murals and publish another seawall art book.

Merryl-Lee Mercier, who is chair of the seawall committee, said they were left practically speechless by the generosity of Greg and Susan Clark, Robert Repski and Jim Boyko, none of whom live in Gimli but enjoy the seawall murals. The committee had no idea how much the donation was going to be and when they found out, they were so excited.

"We're overwhelmed by the generosity of these people who stepped forward to make such a significant donation to the seawall," said Mercier. "We also want to thank the rural municipality of Gimli for facilitating this donation."

Because the municipality is the owner of the non-profit art club, it accepted the donation on behalf of the club, provided a tax receipt to the donors and transferred the funds to the committee.

There are 69 murals painted on the Gimli Harbour seawall. They depict the history of Gimli and the Interlake. The murals, painted by members of the art club, take a beating from the elements and have to be periodically repaired.

"It takes the serious dedication of a handful of Gimli Art Club artists to keep these murals in prime condition. The artists fight damage done by weather, waves, algae and time in an attempt to turn a concrete wall into something beautiful to look at while also providing a peek at Gimli history," said Mercier.

Robert Repski lives in Winnipeg and

donated \$2,000 to the seawall.

"I appreciate the art on the Gimli seawall and I decided to make a donation to support that," said Repski.

He said he also appreciated the little celebration the seawall committee held for the donors and enjoyed meeting some of the artists and club members.

"They invited us to come out and we had a nice get-together," he said. "We looked at all the art at the store [Gimli Art Club gallery store] and on the pier and we had lunch."

Gary and Susan Clark, who also live in Winnipeg and donated \$2,000, have been visiting friends in Spruce Sands, north of Gimli, for years and years, and they also love spending time in Gimli.

"I enjoy going out there. We've been going there to see our friends for years and years or we just go out for the day, and I've always enjoyed walking on the Gimli boardwalk and the seawall and going to all the different shops in town and having lunch. It's terrific," said Gary Clark.

Clark said he can see the degradation of the murals from the elements and that he and his wife, along with the two other donors, decided to "chip in some money" to help repair and preserve them.

Jim Boyko, who lives in B.C. and also donated \$2,000, said it was exciting to meet some of the seawall artists and members of the club and hear about their projects.

"Keep up the good work," said Boyko, "and we look forward to seeing the results when they're done."

Mercier said some of the murals on the seawall have had to be replaced and some altered during repairs if the original artist is not available and



EXPRESS PHOTO BY RAVEN

Four donors made a sizable donation of \$6,000 to the Gimli Art Club's seawall gallery. Greg and Susan Clark, Robert Repski and Jim Boyko were thanked by the club's seawall committee members on July 9.

his or her "artistic style" cannot be replicated. Murals such as the walking geese mural — which was actually painted to serve as a test for a new sealant — will be moved down the seawall to new spot under the life preserver.

The seawall committee has a sub-committee that votes on what murals can be painted on the wall and Mercier said she handles all complaints regarding the seawall — including people upset by the removal of a mural or "accidents."

"We were trying out new sealants, all these different things to try to keep the murals on the wall. One sealant made everything very shiny and somebody suggested we use a matte finish sealant. We did that and it turned the browns green and other colours. One of our youngest artists, Alec [Baldwin], had his buffalo turn green," said Mercier. "Over the past four or five years, we've tried a number of different sealants. We started

with a marine sealant and it made no difference. We think we've now found one; although it's shiny when put on in the fall, by the next year it loses its shine. We're hoping this will work."

This summer Mercier will be painting an Indigenous scene on the seawall, and new Ukrainian and RCMP murals will be painted by other artists.

Mercier said the \$6,000 donation will allow the committee to publish a supplementary copy of the seawall gallery book that was originally published in 2009 and is available at the art club's store.

"Occasionally, someone buys the seawall book and says their favourite mural is not in the book," said Mercier. "This donation will allow us to have a supplementary copy published that contains [the missing] murals and will be available next year. So a huge thank you goes out to these incredible [donors] who love to walk the seawall."

## EXPANDED HOURS TO ACCESS PRIMARY CARE

From June 29 to Sept. 2, hours of operation at the following clinics will be extended to improve access to care for non-urgent health concerns.

Please use the following contact information to access extended service:

Grand Marais Primary Health Care Clinic Grand Marais Community Central & RV Park (36058, PTH 12)	204-754-8372 Walk-ins Welcome	9 to 4, Sat., Sun. and statutory holidays
Winnipeg Beach Primary Care Clinic 54-60 Main St. Unit J	204-389-3649 Please call for an appt.	9 to 5, Sat., Sun. and statutory holidays

Selkirk's Quick Care Clinic, #3-1020 Manitoba Avenue, regularly offers care after hours and on weekends and holidays for non-urgent health care needs. Phones answered at 9:30 a.m. daily. Call 204-482-4399.

Please visit <https://www.ierha.ca/find-us/> for more details.



Interlake-Eastern  
Regional Health Authority

## > THRESHERMAN'S REUNION, FROM PG. 11

chainsaw carving and live entertainment by local artists. Entry is \$5 a person and free for children 12 and under.

The Ashern Pioneer Museum has seven buildings on-site, including the original CNR station, St. Michael's Anglican Church, the Hoffman log house, the former post office, the former municipality office, the Darwin school and a storage building for machinery.

The museum is open from 10 a.m.

to 2 p.m., Tuesday through Saturday, each week throughout the summer, and phone calls with special appointments are often accommodated.

The museum has artifacts from different times in Ashern's history. Ebbers encourages everyone who hasn't been there yet to see what the museum has to offer. Each of the seven buildings will be open for people to tour during the reunion on Aug. 11.





- Friday, August 2 • Saturday, August 3
- Sunday, August 4

# Gimli to celebrate culture at Icelandic Festival

By Gloria Thomas

August long weekend marks the 135th Icelandic Festival in Gimli, Manitoba. The Icelandic Festival has a rich history that extends into the late 1800s. The first Icelandic Festival Parade began in Winnipeg on Aug. 2, 1890. The parade was held on Nena St. (now Victor), a dirt road at the time. This was followed by an afternoon of games and sporting events at a park on Rupert St. The festival was moved to Gimli in 1932, and many of the attendees came from Winnipeg via bus provided by the Winnipeg Electric Co. or road to town on the CP Rail.

Currently, the Icelandic Festival, or Islandingadagurinn, is said to be the second longest-running festival in Canada and attracts thousands upon thousands of people from all over the world.

The festival kicks off this year on

Continued on page 15



EXPRESS PHOTOS SUBMITTED

The Gimli Icelandic Festival, also known as Islandingadagurinn is from Aug. 2-5 with the parade taking place on Monday at 10 a.m.

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AUGUST 2-5, 2024

- Friday, August 2 • Saturday, August 3
- Sunday, August 4

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## CONTESTS

Visit [ICELANDICFESTIVAL.COM](http://ICELANDICFESTIVAL.COM) for contest details

- 50/50 – raffle.link/icelandicfestival in support of Hailey's Way
- Running Races (Virtual Category) – 1 Mile, 5K and 10 Mile
- Lawn Parade
- Family Scavenger Hunt

## FRIDAY AUGUST 2, 2024

TIME	EVENT	LOCATION
12:30–5:00 PM	Viking Village .....	Harbour Park
2:30–3:00 PM	Viking Kiddie Shield.....	Harbour Park
3:00–11:00 PM	Food Vendors.....	First Avenue
3:30–4:00 PM	Viking Battle .....	Harbour Park
4:00–11:00 PM	Vingólf Beverage Gardens.....	Gimli Harbour
5:00–11:00 PM	Wonder Shows Midway and Rides .....	Gimli Park
7:00–8:00 PM	Volunteer Meeting–Get Involved! .....	Vingólf Beverage Gardens
7:30 PM–10:00 PM	Friday Night at the Harbour–Live Music.....	Gimli Harbour

## SATURDAY AUGUST 3, 2024

TIME	EVENT	LOCATION
8:00 AM–12:00 PM	Pancake Breakfast .....	New Horizons Centre
8:30 AM	Beach Volleyball Tournament Registration.....	Gimli Beach North
9:00 AM	Beach Volleyball Tournament.....	Gimli Beach North
9:30 AM	Sandcastle Contest Registration .....	Gimli Beach North
10:00 AM	Sandcastle Contest .....	Gimli Beach North
10:00 AM–6:00 PM	Craft, Commercial, Not-Profit Vendors .....	Gimli Harbour
10:00 AM–11:00 PM	Food Vendors.....	Gimli Harbour
10:00 AM–4:00 PM	Art Show .....	Lakeview Resort–Darren Hall
11:00 AM–4:00 PM	Luckystone Acres Petting Zoo and Tours.....	Loni Beach Rd
11:00 AM–5:30 PM	Viking Village .....	Harbour Park
12:00–5:00 PM	Magnús Ver Magnússon Strongman.....	Viking Statue
12:00–6:00 PM	Children's Entertainment - BIG GAMES.....	Gimli Harbour
12:00–11:00 PM	Wonder Shows Midway and Rides .....	Gimli Park
1:00–11:00 PM	Vingólf Beverage Gardens .....	Gimli Harbour
1:30 PM	Icelandic Fashion Show .....	Gimli Theatre
2:30–3:00 PM	Viking Kiddie Shield .....	Harbour Park
3:00 PM	Get Dinged! Become an Honourary Viking!.....	Vingólf Beverage Gardens
3:30–4:00 PM	Viking Battle .....	Harbour Park
8:00 PM	Music on the Rooftop–Live Music .....	Waterfront Centre, Johnson Hall
8:00 PM–Midnight	Saturday Night at the Harbour–Live Music.....	Gimli Harbour Stage
10:30 PM	Harbour Fireworks.....	Gimli Harbour

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## SUNDAY AUGUST 4, 2024

TIME	EVENT	LOCATION
8:00 AM	10 Mile Road Race .....	Winnipeg Beach Park
8:00 AM-12:00 PM	Pancake Breakfast .....	New Horizons Centre
8:05 AM	5 Kilometre Road Race .....	Gimli Park
8:30 AM	Jan's One Mile Fun Run .....	Gimli Park Pavilion
10:00 AM-4:00 PM	Icelandic Culture and Heritage Pavilion .....	Gimli Park Pavilion
12:00 PM-4:00 PM	Amma's Kitchen .....	Gimli Park Pavilion
10:00 AM-4:00 PM	Art Show .....	Lakeview Resort-Darren Hall
10:00 AM-6:00 PM	Craft, Commercial, Not-Profit Vendors.....	Gimli Harbour
10:00 AM-9:00 PM	Food Vendors.....	Gimli Harbour
11:00 AM-4:00 PM	Luckystone Acres Petting Zoo and Tours.....	Loni Beach Rd
11:00 AM-5:30 PM	Viking Village .....	Harbour Park
12:00-11:00 PM	Wonder Shows Midway and Rides .....	Gimli Park
12:00-6:00 PM	Children's Entertainment - BIG GAMES .....	Gimli Harbour
1:00-4:00 PM	Icelandic Roots .....	New Iceland Heritage Museum
1:00-9:00 PM	Vingólf Beverage Gardens .....	Gimli Harbour
1:00 PM	Fris-Nok Tournament .....	Gimli Park
2:00 PM	Islendingadunk .....	Gimli Harbour
3:00 PM	Music and Poetry in the Park.....	Gimli Park, Main Stage
2:30-3:00 PM	Viking Kiddie Shield .....	Harbour Park
3:30-4:00 PM	Viking Battle .....	Harbour Park
7:00 PM-Midnight	Alternative Folk Festival-Live Music .....	Gimli Park, Main Stage

## MONDAY AUGUST 5, 2024

TIME	EVENT	LOCATION
9:00 AM	Parade Registration.....	Gimli Rec Center
10:00 AM	Parade.....	Gimli Rec Center
10:00 AM-4:00 PM	Craft, Commercial, Not-Profit Vendors.....	Move to Gimli Park
10:00 AM-5:00 PM	Food Vendors.....	Gimli Harbour
11:00 AM-3:00 PM	Art Show .....	Lakeview Resort-Darren Hall
12:00-4:00 PM	Viking Village .....	Harbour Park
12:00-4:00 PM	Amma's Kitchen .....	Gimli Park Pavilion
12:00-4:00 PM	Icelandic Culture and Heritage Pavilion.....	Gimli Park Pavilion
12:00-5:00 PM	Wonder Shows Midway and Rides.....	Gimli Park
12:20-2:00 PM	Family Sports .....	Gimli Park
1:30-2:00 PM	Viking Kiddie Shield .....	Harbour Park
1:40 PM	Scholarship Award.....	Gimli Park, Main Stage
2:00 PM	Traditional Program .....	Gimli Park, Main Stage
2:30-3:00 PM	Viking Battle .....	Harbour Park

Events are subject to change. Visit our website and social media for the most up-to-date event

CELEBRATING A CENTURY OF  
**THE FJALLKONA**  
FÖGNUM HEILLI ÖLD AF FJALLKONUNNI



Updated July 17, 2024

# EVENTSCHEDULE 2024



- Friday, August 2 • Saturday, August 3
- Sunday, August 4



### > CELEBRATE CULTURE, FROM PG. 13

Thursday, Aug. 1, with two virtual events: the Family Scavenger Hunt and the Lawn Parade Contest.

Friday sees the festival in full swing with craft and food vendors, live music at Gimli Harbour, complete with the Vingolf Beverage Gardens, the Viking Battle on Harbour Park Hill, which is located near the Viking Village, and the Midway at the Gimli Pavilion Park.

The festival events offer something for every interest. Magnus Ver Magnusson returns for the Classic Gimli Strongman Event. There will be sand castle contests and volleyball on Gimli Beach. Also, the traditional games of Fris-Nok and Islendingadunk are set to test your skills. There will be an Alternative Folk Festival and music on the Rooftop of the Waterfront Centre. Various foot races will take place for runners of all skill levels. The Icelandic Culture and Heritage Pavilion will be held at Gimli Park on Sunday and Monday, and Amma's Kitchen will feed the masses at the Gimli Park Pavilion. To wind down the weekend as always, the streets will be lined with people set to watch the Icelandic Parade at 10 a.m. on Monday morning.

"We expect upwards of 25,000 people to attend this year's festival. The festival continues to attract new visitors each year and organizers love to see people embracing and learning about Icelandic culture and heritage," expressed Marilyn Valgardson, President of the Icelandic Festival of Manitoba.

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- Friday, August 2 • Saturday, August 3
- Sunday, August 4

# Loyal Lundar resident celebrates 104 years of life lived

By Emma McGill

As a first-generation Icelandic Canadian, Gudrun Helga Julia Sigurdson, more commonly known as Helga, grew up and has lived in the town of Lundar most of her life. This July 7, she celebrated 104 years of life and now shares her story.

Helga was born on the family farm just east of Lundar in 1920. She was one of seven children, and when they moved to Lundar, she excelled academically and participated in sports.

Her parents' creative talents inspired her: poetry, woodworking, and painting. She grew up always drawing. Later, she began painting oil, acrylic, and watercolour. She painted birds, which she witnessed in her trees at home and through her mother's work raising and selling canaries on plates. She also painted a portrait of the family's old horse, Jenny.

Helga explained how art allows her to use her imagination and express herself.

She said, "What I created gave people pleasure."

Later, Helga developed an interest in and knack for working in ceramics. Her best-known ceramic works are the two Canada goose statues located in Bessastadir, the home of Iceland's



Throughout her creative journey, Helga took up ceramics, like this vase which she fired and enhanced by adding clay and painting it.

Continued on page 17



EXPRESS PHOTOS SUBMITTED

Helga Sigurdson celebrated her 104th birthday on July 7.

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On behalf of our Mayor, Council and Staff, we welcome everyone to the 135th annual Gimli Icelandic Festival





• Friday, August 2 • Saturday, August 3  
• Sunday, August 4

> 104 YEARS PG. 16

president.

After adolescence, Helga spent some of her only time away from home working on the Gold Coast in British Columbia. Afterwards, she returned home to begin nurse training at Saint Boniface. Though her training was interrupted when she contracted rheumatic fever, she gained important medical skills during the training that she carried with her throughout her life, using it to help others.

In 1942, Helga married Johann Straumfjord Sigurdson, a fellow first-generation Icelandic Canadian whose family originally emigrated to Hecla Island. The couple travelled by train to Winnipeg to begin their lives together, then settled down in Brekka, where Johann had established his mink ranch. In 1945, they moved back to Lundar and started their family: the war ended, and their first daughter, Linda, was born.

At Lundar, Joe (Johann) could still raise mink, and Silverflash Fur Farm, now known as Sigurdson Fur Farm, became a cornerstone of the community among other mink farms.

Helga and Joe spoke fluent Icelandic at home. They raised, including Linda, two daughters and two sons with their heritage as a central aspect of their childhoods. The kids honoured their community, their Ammas and Afis, and later studied Icelandic Language and Literature at the University of Manitoba.

During Íslendingadagurinn, Helga and Joe would drive out to Gimli for the festival and often stayed into the evening for the sing-a-long portion of the celebrations. Through this tradition, the kids were able to learn many Icelandic songs. In 1985, Linda wrote a skit called 'The Afis and the Ammas,' which she performed with her sister and their children. Laughter ensued, and the Icelandic songs included in the skit were thoroughly enjoyed by the crowd.

At the festival, both Helga and Linda have been honoured as Fjallkonur. Fjallkonur is a tradition at the Icelandic festival that began in 1924, where a woman is selected to represent Iceland. The woman sits on an elevated throne, wears a traditional formal Icelandic costume for the occasion, and has two maids of honour by her side.

For the holidays, Christmas Eve was celebrated in Lundar's Lutheran Church. The Ammas and Afis would then join the family for coffee and gift opening. The family shared Icelandic and Nordic treats and dainties, including vinarterta, ponnukokur, kleinur, rosettes, astrarbollur, brown bread, rollapylsa, and homemade skyr.



Helga was honoured as Fjallkona in 1988.

Helga and her family have always been highly involved in community activity. In 1947, Helga helped her father construct the wooden structure of the dragon head and tail for the Lundar Diamond Jubilee parade. Forty years later, she again employed her creative side to paint the centennial plate and souvenir pins for Lundar's centennial. She created floats for the Lundar parades, decorated the hall for community showers, and lent a hand wherever needed.

Helga also had a persuasive hand in arranging the arrival of the Prairie Dog Central train in Lundar. Over the years, Helga has been involved in many other community groups and projects, including the Lundar Personal Care Home Guild, 4 H Club, and Lundar Museum.

Not only has Helga been an active and valued member of the community in many ways, but she has also helped write the book on it!

'Wagons to Wings' is a book that accumulates the history of Lundar and surrounding Icelandic communities in Manitoba from 1872 to 1980. It was put together by the

Continued on page 18

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• Friday, August 2 • Saturday, August 3  
• Sunday, August 4

> 104 YEARS PG. 17

Lundar Historical Society to honour the town's pioneers. Helga designed the book's cover, named it, edited and proofread its contents, and arranged the pages.

Over the years, she has learned that one should always help others and that not everything has to be perfect. She has taken great influence from the

people in her life: her mother influenced her in sewing and embroidering, her ceramic teacher taught her to work with clay items, her father cut out the wood pieces that she drew and painted on, her teacher taught her how to write short stories, her Amma taught her how to knit, and her Afi, who was blind before coming to Canada from Iceland, taught her perseverance.



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# ARBOR STREET FESTIVAL

**FRIDAY, AUGUST 9TH**

STREET CLOSURE 6:30 PM

PARADE STARTS AT 7 PM

PLUCK— A - DUCK DRAWN  
AT THE LIBRARY STAGE  
FOLLOWING PARADE

TOUCH A TRUCK  
(AUTO, TRUCK & TRACTOR SHOW)  
AT THE GIANT CURLING ROCK

J-DOE TRIO  
ON LIBRARY STAGE - 8PM

BEER GARDENS AFTER PARADE

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**SATURDAY, AUGUST 10TH**

PANCAKE BREAKFAST - 9 AM -11AM

COMMUNITY WIDE YARD SALE 9AM START

3 ON 3 BASKETBAL TOURNAMENT - 10AM START

BINGO - 2PM AT THE LEGION

TRADE MARKET - 10AM

BEER GARDENS - 10AM

AXE THROWING - 11AM

KIDS FUN ZONE - 11AM

PETTING ZOO—11AM

DUNK TANK - 11AM

HENNA BY KIM BRENNAN - 12PM

KIDS TRACTOR PULL - 2PM

CWE WRESTLING - 3PM

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## LIBRARY STAGE ENTERTAINMENT

AMAZING RACE 10AM START

AVERIE DANCE GROUP 11 AM

REECHKA DANCERS 11:30AM

COLOUR ZUMBA W/DES - 12PM

MAGICIAN - 1PM

TINA BRILL - 2PM

HOMESPUN POETS - 5PM

## EVENING FEATURE ENTERTAINMENT

STARTING @ 7PM

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Friday, August 9<sup>th</sup> & Saturday, August 10<sup>th</sup>

# Arborg bring the beat in the heat for Street Festival

## Annual Street Festival Aug. 9 and 10

By E Antonio

Mark your calendars and get ready for two full days of fun. The Arborg Street Festival is back for another weekend of excitement for the whole family.

For the 11th year, the Town of Arborg is excited to host its highly anticipated Street Festival on Aug. 9 and 10.

Join the fun on Main Street for unbeatable entertainment, one-of-a-kind contests and delicious eats.

"We wanted something in town to say thank you to patrons," explained

Continued on next page

Arborg Street Festival Chair Susan Bauernhuber.

The Street Festival is jam-packed with activities, kicking off Friday at 5 p.m. with a \$10 perogie and kielbasa dinner at the Legion, while quantities last.

Main Street officially closes to motorists at 6:30 p.m. to clear the way for Street Festival events.

At 7 p.m., the parade makes its way downtown, featuring community members, local businesses and music.

Once the parade tails off, stick around the Library Park Stage to hear speeches from dignitaries and a special announcement.

Calling all photographers: Do you have a photo that embraces the community liveliness of the Arborg Street Fair? If you have a photo from a previous Arborg Street Festival, submit your photos to win a \$50 gift certificate that can be used at any food truck



EXPRESS PHOTOS SUBMITTED

Arborg's Street Festival is back Aug. 9 and 10 for another year of entertainment, delicious eats and free family-fun for the entire community.

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# ARBORG STREET FESTIVAL

## Friday, August 9<sup>th</sup> & Saturday, August 10<sup>th</sup>

Continued from previous page

or sale vendor. Entries can be emailed to arborgstreetfestival@gmail.com. The deadline for submission is Aug. 1, and the winner will be announced at the opening announcements on Friday evening.

The Pluck-A-Duck is making a comeback; attendees can try their luck when they buy a duck. This year's lucky pluck will go home with 50 percent of the sales.

Ducks are available for purchase at \$5 each or five for \$20 at Arborg Access Credit Union, Arborg Pharmacy, Co-op Grocery, Red Apple, or The Watering Whole.

Watch the live selection at 7 p.m. on the Town Stage. Conley Bardarson, Arborg's Youth Volunteer of the Year Award recipient will select this year's duck.

Tune into a live performance from J-Doe Trio at 8 p.m.. This Winnipeg band provides an acoustic twist to your favourite rock songs.

You can also mosey down to the Arborg-Bi-frost Recreation Centre for the Touch-A-Truck event.

Making its debut in 2023, Touch-A-Truck quickly became a fan-favourite event.

"People can take a look at the different trucks, tractors and cars and get to ask the owners some questions," said Bauernhuber.

She added that some owners may even let you get into one of the fascinating motor displays.

Fireworks will light up the sky Friday at 9:45 p.m. at the Arborg Arena.

Friends can visit over a drink or a dance at the Beer Gardens as the evening draws close.

Saturday starts with a pancake and sausage breakfast for \$10 at the Legion.

There will be a community-wide garage sale from 9 a.m. to 1 p.m. Look for the map of participating houses on Facebook or grab a physical copy at the Town Office on Saturday morning.

If you're still in the shopping spirit, visit the Trade Market on Main Street, where local vendors will be selling their goods.

A lot more free activities will also commence on Saturday. Bauernhuber is happy to see the return of the Kid Zone, family face painting, Henna art with Kim Brennan, Old-Time Bingo at the Legion, a petting zoo and Colour Zumba with Des.

Entertainment is set to hit the Library Stage starting at 11 a.m.

The Averie Dance Group starts the day followed by the Reechka Dancers and Colour Zumba with Des at noon and will continue throughout the day into the evening.

"We have a fantastic magician, Jeff Wroblewsky joining us to put on a show," Bauernhuber said.

Wroblewsky will be putting on a 45-minute-long feature performance at 1 p.m. on Saturday and will continue to make special appear-



The parade will make its way down Main Street Friday evening to kick off the thrilling street festival festivities.

ances throughout the day. Ensure you witness this magical act and try to catch what tricks Wroblewsky has up his sleeve.

Saturday afternoon includes performances from various local entertainers including Tina Brill at 2 p.m. and Homespun Poets at 5 p.m.

The Street Festival also welcomes back the Canadian Wrestling Elites (CWE).

"The wrestling draws a crowd like crazy," exclaimed Bauernhuber.

Continued on next page



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# Friday, August 9<sup>th</sup> & Saturday, August 10<sup>th</sup>



Continued from previous page  
 "People of all ages will stand around and watch them wrestle."  
 The CWE wrestling extravaganza begins at 3 p.m., and many CWE champions will attend.

Join "Hotshot" Danny Duggan, Josh "Cheeks" Holliday, "Red Hot" Sammy Peppers and more for this exciting showdown.  
 Saturday evening will be amped up with performances from A&M Soul Full, Leddwyn and Fire Syndicate.

Support the Arborg Fire Department by donating and purchasing a ball and taking a throw. Your goal is to send one of your firefighters splashing into a cold pool of water on Saturday.

For those who want to be active, this year, we will also see the return of the Amazing Race and 3-on-3 Basketball.

The Amazing Race Arborg will see teams of two race through Arborg completing tasks and answering mind-boggling questions. The first team to finish will take home the \$200

prize.

Do you have what it takes to win the Amazing Race? Team registration is now open to competitors 12 and over. To enter text (204) 642-3380.

For another fun competition you and five team members can enter to play 3-on-3 basketball. The cost is \$10 per player. The winning team will be rewarded with a cash prize.

Continued on next page

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# ARBORG STREET FESTIVAL

## Friday, August 9<sup>th</sup> & Saturday, August 10<sup>th</sup>

Continued from previous page

If you would like to participate call (204) 642-2428.

Younger festival attendees can participate in a miniature tractor pull. Kids aged 5 to 11 can demonstrate their skills on a pedal tractor. Cheer them on as they compete to see who can successfully pull the weight the furthest.

One final gaming event you can participate in is Youth For Christ's Super Smash Brother competition. Deke out competitors while trying to claim victory in the ever-so-popular Nintendo game. This competition is available exclusively for youth. Contact Youth for Christ Arborg at (204) 376-5786 to register.

A variety of lunch and snack options will be offered - whether you're craving pulled pork or cotton candy, there's something delicious for every festival-goer.

Lemon Oasis will bring their ice-cold refreshing lemonades and, smokies and hot dogs on the grill all weekend.

Local restaurants will also be ready to serve customers during the festival.

Bauernhuber explained that the Arborg Street Festival weekend can be one of the year's busiest days for Arborg businesses.

"It brings in an awful lot of people."

Bauernhuber thanks the businesses who help the Arborg Street Festival with their generous donations.

"Remember to thank your Arborg Street Festival committee members in yellow shirts," added Bauernhuber.

The whole Arborg Street Festival would like to extend its heartfelt thanks to the community members who continuously come out to show their support for the event every year.

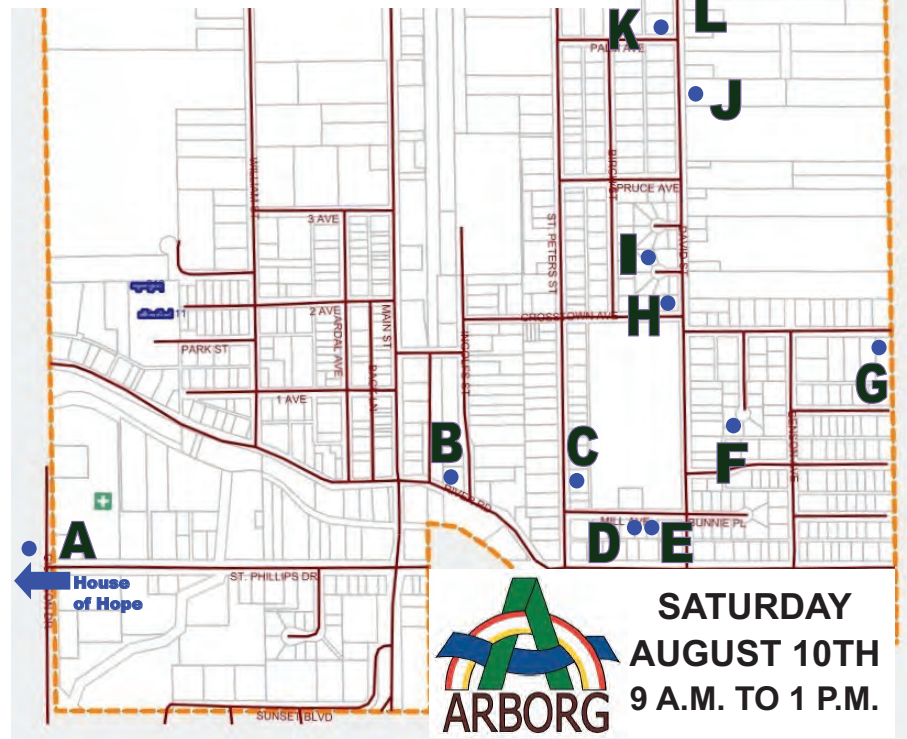
Thanks to the community's support, Arborg can host this festival each year.

For updates and additional information about the Arborg Street Festival, please refer to their Facebook page.



### ARBORG STREET FESTIVAL

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**We hope you have a great time  
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from the  
Town of Arborg  
Mayor, Council  
and Staff






# Gimli RCMP respond to plane crash

By Lana Meier

On July 21 at approximately 1:10 p.m., officers from Gimli RCMP were called to a plane crash in a wooded

region located south of the intersection of Highway 68 and Highway 233, within the RM of Bifrost-Riverton.

A crop-dusting plane was spraying a

field when one of the wings hit a tree causing the plane crashed.

The pilot and lone occupant of the aircraft, a 33-year-old man from the RM of Bifrost-Riverton, sustained mi-

nor injuries and was transported to a hospital for treatment.

The Transportation Safety Board of Canada was notified.

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EXPRESS PHOTO SUBMITTED

A crop-dusting pilot clipped a tree with the airplane wing while spraying, causing it to crash. The 33-year-old pilot sustained minor injuries.

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# Viking Park elf village gets a facelift just in time for Islendingadagurinn

By Emma McGill

Excitement is in the air around Gimli as whispers of magic and whimsy fill the village. The beloved elf houses at Viking Park, once hidden away behind dense shrubs, have returned with a fresh look.

For six weeks, these charming little homes were mysteriously absent while they underwent a delightful transformation. Now, thanks to the creativity and dedication of community members, they stand proud once more — complete with Icelandic names and vibrant mossy roofs. This enchanting story blends folklore with local passion and showcases how a small village can make big changes to preserve its charm.

Back in 2017, the installment of the little village was made part of the park's landscaping, thanks to a creative volunteer. The houses were modelled after houses in Iceland, and after quite a few years of weathering, they needed some keeping up with. The shrubs surrounding them had isolated them, and curious folks were beginning to trample through the shrubs to look for them, frightening the elves.

So we reached out to the original creator and volunteer (who does not want their name mentioned) who made them. As it turned out, she still had the right paint to give them all a new coat. She added new moss to cover each roof and Icelandic names above the doors of each house.



The elves' houses have all received a fresh coat of paint and are back in the park.

Fitting for Gimli, elves are very prominent in Icelandic folklore. It is said that more than 50 different types of elves live in Iceland, each differing in looks and personality. The creatures appear in many traditions and stories dating back as far as over a thousand years. It is believed that most elves live somewhat similar daily lives to those of humans.

"The elves were happy to learn that their house could be fixed and repainted," said Dawn Harris, Viking Park gardener. "They also hoped that the houses could be relocated so there would be a closer connection among those in the community."

Wildflowers are being re-established around the village. This planting includes lupins, which are in the same plant family as Alaskan lupins. They were introduced to Iceland in the 1940s and now grow wild. Butter-



EXPRESS PHOTOS SUBMITTED

Viking Park gardener Dawn Harris and Randy Baldwin made sure the elf houses were secure when they returned home with a fresh coat of paint.

fly weed, blue-eyed grass and three-flowered avens will also be among the garden's plants.

The houses have now been refurbished and settled back into the park

in a more open area. They can be spotted among the rocks behind the statue from a respectful distance to keep the growing wildflowers and the elves safe.

# Carlo's Cucina unveils own coffee blend

By Becca Myskiw

Carlo's Cucina is now serving up its own coffee blend.

In partnership with Colosimo Coffee Roasters, Carlo Guzzi, owner of Carlo's Cucina, crafted his own coffee bean. Guzzi is friends with the coffee company's owner, and after pondering the idea of creating his own coffee blend for a few years, he finally decided to do it.

"It's been something that I wanted to do for a long time," he said.

He met with the owner of Colosimo Coffee Roasters, told him what he wanted in the Carlo's Cucina blend, and they made it happen. The result is a rounded and creamy dark roast coffee with notes of chocolate fudge and dark toffee.

The beans come from Guatemala, Colombia, Nicaragua and Peru, each handpicked from a cherry tree and then taken from the pit of the fruit. Colosimo Coffee Roasters' core principle is consistency, meaning the beans are chosen for their "ability to maintain a consistent flavour profile, both as a standalone and in milk." Guzzi said consistency of flavour is the coffee company's No. 1 priority, and he can attest to it.

"It's like when I make a specialty burger," he said. "I'm looking for the right taste, but I don't want something to be overpowered. I want it all to blend together."

And that's exactly what his blend tastes like, he says. The dark chocolatey notes are enriched by the toffee flavour and pulled together with the creaminess of the beans. Guzzi had people flocking to Carlo's Cucina the day his roast came out to get a taste. "It was an explosive response," he said.

Carlo's Cucina coffee blend with Colosimo Coffee Roasters is available to buy at Carlo's Cucina and is now served in-house.

"Am I going to make a second? Yes, I am," said Guzzi. "Let's give the people what they want because they flock to us, and we're grateful. We're beyond grateful for the support we get."

Guzzi said his second blend will be lighter than this one, more suited to coffee drinkers who prefer medium roast. Though the current blend is darker, Guzzi and Colosimo Coffee Roasters say it's not just for espresso fans. The blend's heavy-bodied nature makes it perfect for the French Press or drip pot and an espresso machine. Its versatility makes it perfect for almost any coffee drinker.



EXPRESS PHOTO SUBMITTED

Carlo's Cucina made a coffee blend, with creamy notes of chocolate and toffee.

Colosimo Coffee Roasters coffee comes from ethical sourcing practices and direct relationships with farmers. They call their coffee a "statement of quality and community."



# Gimli Glider's pilot Captain Bob Pearson visits Gimli



Capt. Bob Pearson, right, signed autographs for guests at the 41st annual Gimli Glider fundraising dinner on July 21.



EXPRESS PHOTOS BY MATTHIEU MEIER

Steve Bannister, right, was the lucky winner of the signed limited edition Gimli Glider 40th Anniversary PlaneTag. Pictured, Gimli Glider Exhibit president Barb Gluck, left, Dave Hall MotoArt owner and Bannister.



Capt. Bob Pearson and Pearl Dionne shared stories of the Gimli Glider and answered questions from the guests.

By Lana Meier

As the evening unfolded, it became clear that the Gimli Glider fundraising event was more than just a gathering. It was a celebration of history, community and aviation.

With around 100 guests in attendance, including notable figures such as MP James Bezan, MLA Jeff Wharton and the Westshore Community Foundation, who shared heartfelt remarks about the tireless work of the volunteers. Their efforts to commemorate the historic landing in 1983 truly deserve recognition.

Special guest Dave Hall from MotoArt Plane Tags captivated attendees with his engaging video presentation. His company specializes in transforming decommissioned aircraft into custom furniture and unique plane tags, reflecting a growing global fascination for aviation memorabilia.

"Hall was delighted to discover the famous Gimli area and said he would be back," said Gimli Glider Exhibit president Barb Gluck.

Hall was leaving the next morning for the largest world gathering of aviation people in Oshkosh, Wis. Some



MotoArt has released two sets of Planetags for the Gimli Glider's Boeing 767 plane.

700,000 people visit throughout the day's event.

Master of ceremonies Peter Grant, formerly of CJOB radio, kept spirits high with a lively trivia contest centred around the famous landing, ensuring everyone had fun while learning.

The Gimli Glider volunteer staff always look forward to this event each year as they get to meet people they have communicated with through the years and from around the world said Gluck.

"We make a lot of people very happy



Master of ceremonies Peter Grant with trivia contest winner Leanne Eyford.

to have the opportunity to meet with Capt. Pearson and passenger Pearl Dion and ask their questions about the history, many saying this is one of the highlights of their life."

The line up of the crowd of visitors on the special day to meet Pearson are so entertaining for the staff.

These types of events create unforgettable memories — especially for one young fan dressed smartly in a suit to meet Capt. Pearson, an aviation legend.

"This is a day he will never forget throughout his life," said Gluck.

## Stonewall's Brewski wins Pets on Pints contest

By E Antonio

Winnipeg Humane Society (WHS) hosted a photo contest for Manitoban pets throughout June.

Pet owners from across the province submitted their favourite photos of their four-legged pals for a chance to

have their photo featured on a limited-edition beer can label.

WHS ran the Pets on Pints contest in partnership with Good Neighbour Brewing Company, a locally owned and operated brewery in Manitoba.

Good Neighbour's co-owner Amber

Sarraillon grew up in Stonewall and values giving back to the community.

Over 1,800 Manitoban pet owners submitted their favourite photos of their pets for the online photo contest, and four lucky animals claimed victory.

There were two ways that pets could land their place on the Good Neighbour Brewing Company beer can label.

The top two pets with the most votes



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Arborg's Loewen eyeing breakout season with AHL's Canucks

By Kieran Reimer

It's go time in Abbotsford for Jermaine Loewen. The 26-year-old from Arborg recently finished his first season with the American Hockey League's Abbotsford Canucks where he had two assists in 26 games.

Now, ahead of his second season with the club, Loewen is doing everything he can to jump into a full-time lineup spot.

"It's been great; I've made a lot of jumps physically and mentally. It's been a good summer," said Loewen last Monday in Abbotsford, where he is spending the entire off-season on training.

He and his wife recently had their first child during the 2023-24 season so staying in Abbotsford during this off-season was a priority to help them settle into their new home.

This hockey season, Loewen enters his sixth year playing in the AHL after spending his first five seasons with the Chicago Wolves, Henderson Silver Knights and the Canucks.

Since his AHL career began back in 2019-20, Loewen has been known as a player who isn't afraid to mix it up physically.

In 174 career games, Loewen has posted 306 penalty minutes while not steering shy of dropping the gloves when needed.

He wants to do more in 2024-25 to find the back of the net, which he did well in junior with the Kamloops Blazers and in his minor hockey days with the AAA Interlake Lightning.

His best offensive season in the AHL came in 2021-22 with Henderson when he had six goals and eight assists in 44 games.

Going goalless last season was the first time he'd done so since his sophomore season when he



EXPRESS PHOTO SUBMITTED

Arborg's Jermaine Loewen looks ahead to his second year with the Abbotsford Canucks in the AHL.

played only 22 games.

Now having settled into his new home in Abbotsford, and fatherhood, he feels he's ready to take the next step with the Canucks.

"I feel really good," said Loewen. "I feel I'm making a lot of strides. There's a different energy heading into this season than last year it felt like a bit of a low time for me. This time there is an excitement of what can come this year for me if I keep focused on the goal."

This off-season, Loewen can be found in the gym every day, working on his lower body to help him improve his speed and acceleration. He often trains alongside teammates John Stevens and Tristen Nielsen who were key contributors to the Canucks offence last year.

This is also a contract year for Loewen as his two-year deal with the Canucks is set to expire at the end of the season.

He said it's not something he worries about as his focus is strictly on improving his game and helping the Canucks achieve their goals after finishing fifth in the AHL's Pacific Division last season.

"I hope I can build off of this summer and see where it takes me," said Loewen. "Being close to home has some advantages, and it's been great for my family, and being a dad, it's nice to be close to home to get the help and support needed."

As the former 199th overall by the Dallas Stars in the 2018 NHL Entry Draft and the first-ever Jamaican-born draft pick, the NHL dream isn't out of the realm of possibility for Loewen yet.

Though he has yet to play a game in the NHL, a breakout season for the Canucks could possibly see him get back on the radar of NHL clubs once again.

Training camp for the 2024-25 begins in late September, where Loewen will look to showcase the work he's put in throughout the off-season.

## Six teams accept pre-qualification invitations to 2025 curling nationals

By Lana Meier

Excitement is growing for next season's Scotties Tournament of Hearts and Montana's Brier, with six teams already accepting pre-qualification invitations. This provides curling fans with a preview of the top teams they can anticipate watching in action.

For the first time, both the Canadian women's and men's curling championships will have three pre-qualified teams each (excluding reigning champions). In April 2023, Curling Canada updated the pre-qualification methods to include teams from the Canadian Team Rankings System (CTRS), increasing the number of pre-qualified teams from two last season to three this upcoming season.

### 2025 SCOTTIES TOURNAMENT OF HEARTS

The province of Manitoba will have a strong presence at the start of the 2025 Scotties Tournament of Hearts in Thunder Bay, Ont., on Feb. 14. All three CTRS teams hail from the Keystone Province after securing the top spots in the Canadian standings.

Skip Chelsea Carey is taking the reins of Jennifer Jones's team, which has been a dominant presence at the Scotties in recent years. The Winnipeg/Altona squad — consisting of Karlee Burgess, Emily Zacharias and Lauren Lenentine — has secured back-to-back silver medals at the national championships, leading them to claim the top spot on the CTRS

with an impressive 316.125 points. Throughout the season, they also achieved success with a victory at one Grand Slam of Curling event, the Tour Challenge Tier 1, and a semifinal appearance at the WFG Masters. In total, their record for the season stands at 44 wins and 29 losses.

In 2024, Team Kerri Einarson's winning streak at the Scotties Tournament of Hearts came to an end. However, the Gimli, team had a commendable season with a record of 34-23 and accumulated 251.250 CTRS points, securing them the second CTRS spot. With members Val Sweeting, Shannon Birchard and Briane Harris, they achieved two semifinal appearances on the GSoC tour and made it to the playoffs at the Scotties in 2024. They

were also runners-up at the PointsBet Invitational in 2023.

Winnipeg's Team Kaitlyn Lawes (39-31) earned 207.375 CTRS points for the third CTRS berth. Team Lawes qualified for the playoffs at the Scotties Tournament of Hearts and one GSoC event, along with playoff qualification at tour events in Dundas, Ont., and Red Deer, Alta.

Those three teams join the 2024 Scotties Tournament of Hearts champions, Team Rachel Homan (67-7) of Ottawa, which will compete as Team Canada in Thunder Bay. Team Homan's season included winning the BKT Tires World Women's Curling Championship, the PointsBet Invitational, Co-op Canadian Open,

Continued on page 28



# U18AAA Female Lightning announce roster, program improvements 2024-25 season

By Kieran Reimer

The U18AAA Female Interlake Lightning announced their roster for the upcoming season last week.

After five on-ice sessions, 46 players attending training camp, and multiple rounds of cuts, Ella Arnal, Teagan Bragg, Jordan Clark, Brooke Cyr, Blake Darragh, Orianna Kennedy, Kashlynn Kiesman, Chloe Minkus, Georgia O'Neill, Keira Pattie, Ellis Pearson, Shelby Staples, Jane Sugimoto, Makayla Sydenham, Joslyn Tetlock, Anne Thiessen, Ireland Tymchak, Makayla Warnick, Bre-Ann Windross and Kait Yanchishyn have been selected to wear the blue and white during the 2024-25 U18AAA Manitoba Female Hockey League season.

"This team will be a well-balanced, hard-working team, certainly strong in goal and on the backend, but we also have some players upfront that we feel will definitely be able to contribute offensively," said Interlake Female Hockey vice-director Kasey Riddell.

Head coach Dean Rebeck will take over from Tatiana Rafter and will coach alongside Sam Strassburger and Sam Brownell.

They have also hired Kelsey McHolm as a development coach and Rachel Dyck as a goaltending consultant. McHolm and Dyck will also assume roles with the U15 and U13 Lightning female clubs.

Rafter has taken on a new position as Head Coach U15 AAA Central Plains

Capitals in Portage la Prairie.

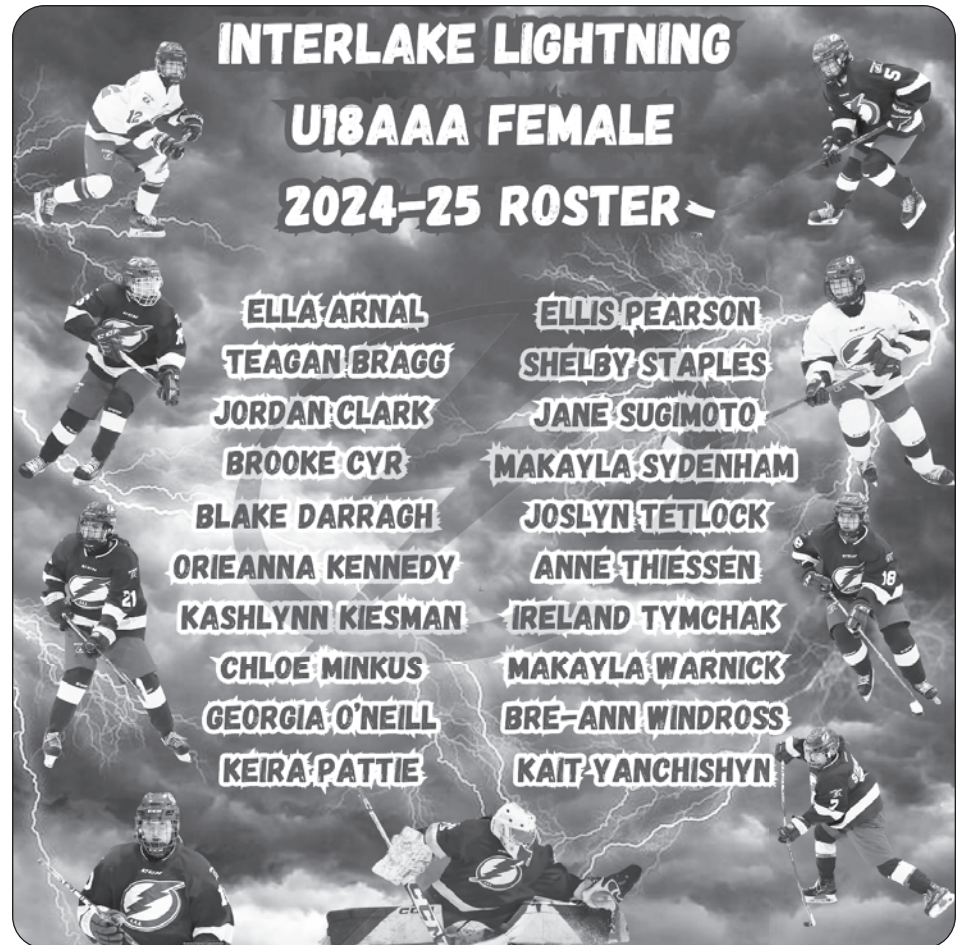
The U18s will begin practicing in August, and the 32-game regular season is expected to start on Oct. 1. They will also play in 15-20 tournaments and showcase games throughout the season.

The majority of home games will be played at Veterans Memorial Sports Complex in Stonewall, though Riddell said they will look to schedule some home games at other arenas in the Interlake so that the club can maintain a presence throughout the region.

The club has nine veterans back from last year's sixth-place finishing team, while the other 11 players will be making their U18 Lightning debuts in early October.

The local blend of players includes veterans Sugimoto (Stonewall), Windross (Eriksdale), and O'Neill (Stonewall), while Kiesman (Stonewall), Pattie (Stonewall) and Sydenham (Hodgson) are joining the club for the first time in 2024-25.

"The ultimate goal for the Female Lightning program is to provide an opportunity for our female athletes and help them learn valuable skills that will stay with them long after their hockey careers are over," said Riddell. "We want to build a program that Interlake Female hockey players can be proud of and want to be a part of, and increasing the number of regional players involved in the program is a top priority. It won't happen overnight, but we have taken a huge



step forward this year, and fortunately, we have a tremendous amount of support from the community and the Interlake Region; this program doesn't happen without that backing."

Riddell added the Lightning have made additions to the program which include improvements to their on-ice development, sports nutrition work-

shops, sports psychology workshops, and dryland training at hockey for all centre's Focus Fitness.

To follow the Lightning throughout the 2024-25 season you can check out their Instagram @boltsu18aaaf and for corporate sponsorship inquiries you can email vice-director\_female@interlakeminorhockey.ca

## > CURLING NATIONALS, FROM PG. 27

WFG Masters, Saville Shootout and Red Deer Curling Classic. Team Homan finished the season first in the CTRS with 498.750 points.

Full-event, weekend and weekday ticket packages are now available for the 2025 Scotties Tournament of Hearts, starting from \$60. Take advantage of seeing the best of the best compete in the return of the Scotties to Thunder Bay.

## 2025 MONTANA'S BRIER

Prospera Place in Kelowna, B.C., will be the pinnacle of curling when it hosts the 2025 Montana's Brier starting Feb. 28. This season's pre-qualified CTRS teams span the three prairie provinces, meaning it is a short trip due west to see some of the best men's curling teams compete in British Columbia.

Skip Brad Jacobs takes over Brendan Bottcher's Calgary-based team as the first pre-qualified CTRS team after earning 366.750 points. The team's 53-21 record included a bronze-medal finish at the 2024 Montana's Brier, two runner-up finishes at GSoC events and victories at four events in Dundas and Okotoks, Alta.

Team Mike McEwen of Saskatoon (58-27) secured the second pre-qualification spot with a strong second-half performance. They also snagged the silver medal at the 2024 Montana's Brier in Regina and continued their success by

reaching the semifinals at the final GSoC event of the season. Their impressive 236.875 CTRS points propelled them ahead of other competitors for pre-qualification spots.

Winnipeg's Team Matt Dunstone (41-19) — consisting of BJ Neufeld, Colton Lott and Ryan Harnden — secured the last CTRS spot with 224.250 points accumulated in the 2023-24 season. Notable highlights from their season include a win at the Soo Curlers Fall Classic in Sault Ste. Marie, Ont., a second-place finish at the PointsBet Invitational, and playoff appearances at the Montana's Brier and three GSoC events. Since Dunstone hails from nearby Kamloops, B.C., he can surely expect support from the home crowd at the Kelowna event.

Those three teams join the three-time reigning national champions, Canada's Team Brad Gushue (St. John's, N.L.). In addition to winning the 2024 Montana's Brier, Team Gushue's 44-16 win-loss record from last season includes a silver-medal finish at the 2024 LGT World Men's Curling Championship, victory at the Players' Championship and Pan Continental Championship and playoff appearances at three GSoC events. Team Gushue led the CTRS with 381.750 points.

Tickets for the 2025 Montana's Brier are now on sale, with options for full-event, weekend, and weekday packages starting at just \$72. Tickets are for sale online by visiting curling.ca

To see more photos of your favourite Interlake Athletes

GO TO Stonewall Teulon Tribune | flickr

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Team Manitoba Women's National Baseball Championship roster announced

By Kieran Reimer

Manitoba Senior Women's Baseball team management has released the 13-player roster that will represent Manitoba at the 2024 Women's National Baseball Championship later this month in Quebec City.

The roster includes Liberty Aime (Clandeboye), Amber Baker (Yellowhead), Dayle Bettens (Winnipeg), Emily Foster (Somerset), Kirsten Giesbrecht (Altona), Zoe Hicks (Bois-Sevain), Ella Holm (Stonewall), Sarah Moir (Winnipeg), Ally Neufeld (Bois-Sevain), Leah Peitsch (Winnipeg), Avery Pickering (St. Adolphe), Madisyn Robertson (Neepawa), Horizon Senff (Winnipeg), Jewell Thompson (Macgregor) and Payton Zubec (Winnipeg).

The team's leadership includes head coach Kevin Booker, assistants Mike Krykewich and Dan Moir and manager Rachelle Aime.

"We're a very versatile team," said Booker. "Most of the girls can play multiple positions, so when we have to put somebody in to pitch, we have

no challenge moving someone into their position. It's easier to manage when kids can play so many positions; you're never caught with somebody playing a position that isn't their forte. They are also very adaptable. They are just a great group of kids. They are fun to be around, love baseball, always want more ground balls, hitting, they just can't seem to get enough. They are very good teammates, too. They all get along, enjoy each other's company, and love being around baseball. It's a real pleasure to be able to coach them."

Though Team Manitoba won't begin tournament play until Thursday, Aug. 15, the club has already practised and played multiple exhibition games.

In May, they played three exhibition games against Team Saskatchewan in Saskatoon for the first time, facing a team they will see at Nationals.

Booker said he saw massive improvements in the team as the games went along.

"The first couple games were the

first time we'd really been together and started to play so we held our own for a bit, kinda got away on us," said Booker. "The next day we had a great game, and the kids were totally different from the first day — more confidence, swinging better and more at ease out there making plays, so really encouraging to see."

Getting the entire team together at the same time has been a challenge in the early stages of practices as most of the players are busy with coaching and playing for their own club teams.

Many of the under-18 players on the team currently play for Baseball Manitoba U18AAA, AA and A teams which are still wrapping up provincials this week.

With those seasons winding down, the club can focus more on Nationals preparation.

The club will practice over the next two weeks before flying to Quebec City on Tuesday, Aug. 13.

Team Manitoba will compete in Group B, which includes Team Nova

Scotia, Team Ontario 2, Team Quebec (Hosts), Team Saskatchewan and Team Manitoba.

They will open play on Thursday, Aug. 15 at 9 a.m. against Team Ontario 2 from Parc Henri-Casault.

In the evening, the tournament holds opening ceremonies at Stade Canac at 6 p.m.

On Friday, Aug. 16, Manitoba will play Team Nova Scotia at Parc Henri-Casault at 10 a.m., then against the hosts, Team Quebec, at 7 p.m.

On Saturday, Aug. 17, Manitoba will wrap up round-robin play against Team Saskatchewan at noon at Stade Canac.

The playoff round and placement games will begin Saturday evening before the semi-finals, medal round and final placement games on Sunday, Aug. 18.

The entire schedule and results can be found at: <https://baseball.ca/?fd=champ&pg=home&evt=seniorwomen>

## Offence breaks loose in Storm FC win in MMSL action

By Kieran Reimer

Storm FC got a much needed three points on Thursday night.

After recent offensive struggles, Storm broke loose against Los Guerreros FC, scoring three goals to win the match 3-2 at Buhler Recreation Park.

Kai Friesen, Adam Wieler and Avery Janzen-Winter led the way on offence, all netting goals for Storm.

With the win, they snapped a two-game losing streak during which they had only scored one goal.

The three points accumulated Thursday bumped them back into the

middle of the Manitoba Major Soccer League's Division 5.

Though they are still tied for seventh place, they are now up to 11 points, only three back of sixth place Hanover United.

Next on the schedule is a game against Hanover at Buhler on Mon-

day, July 29 at 7 p.m.

Due to our press schedule, the results will be in next week's paper.

The next game after Monday will be on Wednesday, Aug. 7, against Shut the FA Cup at Buhler at 7 p.m., as Storm FC reaches the three-quarter mark of the 2024 season.

### > PETS ON PINTS, FROM PG. 26

received the ultimate prize, along with two other animals, through a random draw.

Bunsen and Too received the most votes for the contest. Bunsen accumulated an outstanding 6,007 votes and Too received 5,215 votes.

Each vote received was equivalent to \$1 to be directly donated to the WHS.

Ultimately, the Pets on Pints contest brought in over \$114,000 in donations for the animal rescue.

"We never expected it to get to that point," said Carly Peters, WHS director of communications and marketing.

"It was fun to watch the positions

switch in the last few minutes as owners kept voting, trying to make their pet claim the top spot."

Peters noted that the WHS set a goal to raise \$25,000, but they blew through that amount during the first two days of holding the Pets on Pints contest.

The WHS also selected two winners by random draw. Oslo the cat and Brewski the dog both found their names on the winning tickets.

Brewski is a friendly pal from Stonewall, and his owner, Troy Glass, was excited to see another Stonewall connection be made with Good Neighbour Brewing Company.

WHS and Good Neighbour Brewing Company celebrated the winners with a Pet Patio Parade at the Good Neighbour Brewery on July 17.

Twenty-one dogs, two cats and over one-hundred avid animal lovers were in attendance to celebrate the launch of the Pet Pals Pilsner, the limited-edition beers with the winning pet labels.

Pets strutted down the alley while the humans shared their animal-loving pride.

"It was a great way to celebrate the launch of the beer and as thanks to those who supported Pets on Pints," added Peters.

You can purchase a pack of Pet Pals Pilsner at Good Neighbour Brewing Company located at 110 Sherbrook St.

in Winnipeg. But act fast as a limited number of the pilsners remain and are only being sold while quantities last. A portion of Pet Pals Pilsner sales will be donated back to WHS, so you can support local businesses and local animal rescues and have a good pint of beer simultaneously.

If you missed out on entering your furry friend in this year's Pets on Pints contest, WHS hopes to host it again next year.

"People love to show off their pets," Peters said.

If you want more ways to support the WHS, they always accept donations online at [www.winnipegwhsociety.ca/donate](http://www.winnipegwhsociety.ca/donate).



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**HAY FOR SALE**  
First cut hay, large round bales, 1200 - 1300 lbs., asking \$65/bale obo. Also - 160 acres of standing second cut hay, will sell standing. Ph 204-461-1641.

**HELP WANTED**  
Stonewall Hair Source is hiring F/T P/T licensed stylist or apprentice to start August 19th. Flexible schedule, commission based. Clientel ready and waiting. Drop off resume at #5-408 Main St., Stonewall or email hairsource@gmail.com

**APARTMENT FOR RENT**  
Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

**BUSINESS OPPORTUNITY**  
Seasonal Business For Sale - owner retiring: land, building, equipment and inventory. Grand Marais, Manitoba, available immediately, over 10 years in business. Call or text for more details 204-792 4151.

**WATER TREATMENT**  
Pentair softeners. Iron removers. Pressure tanks. Reverse osmosis systems, \$278. Replacement Polyspun \$3.50, carbon \$7.50 filters. All sizes water filters. Softener Res Care cleaner, 1 gallon, \$29.50. All Seasons 204-661-8581.

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Want to learn how to fly? LS Airways Flight Academy is the most affordable in Canada. Recreational, private and commercial certificates. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

**UPCOMING EVENTS**  
Exploring Past Lives, Dreams, Soul Travel. Learn to recognize and use wisdom from your dreams, intuition, past life lessons and out-of-body experiences. Attend free Eckankar discussion /presentation Wednesday, Aug 7th 6:15 p.m. at New Horizons 55+ Centre, Gimli. Information 204-378-2419.

**WANTED**  
Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

**HEALTH**  
Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

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Box 280, Fisher Branch, MB R0C 0Z0  
Tel: 204-372-6393, Fax: 204-372-8470

## MUNICIPAL HERITAGE NOTICE

### Rural Municipality of Fisher

**TAKE NOTICE THAT:**  
The site as follows:

The lands and premises commonly known as The Ukrainian Catholic Parish of St. Nicholas, 109 Tache Street in the Town of Fisher Branch, Province of Manitoba, and legally described in certificate of title number 32491P/1 as:  
The Easterly 210 feet of the Southerly 210 feet of the SE ¼ of Section 23-24-2W of the Principal Meridian.

**Of which records of The Winnipeg Land Titles Office show as owner:**

The Ukrainian Catholic Parish of St. Nicholas

And all the lands and buildings thereon, have been designated as a municipal heritage site to be protected under the authority of *The Heritage Resources Act* by Municipal By-Law 1203/24 of the Municipality of Fisher, adopted on the 20th day of June 2024

**AND FURTHER TAKE NOTICE THAT:**

A copy of the Municipal Heritage Notice shall be filed in the Winnipeg Land Titles Office in accordance with the provisions of *The Heritage Resources Act*.

Dated at Fisher Branch, Mb this 20th day of June 2024

**Clerk of the Municipality:**  
Kelly Marykuca, CMAA  
Chief Administrative Officer  
Rural Municipality of Fisher

## take a break > GAME **CROSSWORD**

- CLUES ACROSS**
- Nasal mucus
  - Hairs on the back of a dog
  - Ones who build anew
  - Consume too much food
  - Praised
  - Provides weapons
  - Become less lively
  - Engine additive
  - Thought or suggestion
  - South Korean city
  - Midday rests
  - Expression of acidity or alkalinity
  - Group of rockers
  - Very fast airplane
  - One who is paid to do something
  - Buzzing insect
  - Monotheistic religion founder
  - Strong dark beer
  - Blood type
  - Square measures
  - Honorific titles in NW Semitic languages
  - Present

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- Afflict in mind or body
- Duty
- Municipality in Stockholm
- In a normal way
- Rode a bicycle
- Charitable
- Verandas
- Uncredited
- Set an example
- It's among the "Great" ones
- VVV
- Murdered
- Icelandic poems
- Seas
- Famed cartoonist
- Partner to "Ma"
- Equal to one quintillion bytes
- Speak incessantly
- Disquiet
- Parts per billion (abbr.)
- Upper-class young woman (abbr.)
- S. American plant
- Monetary unit of Thailand
- Regions
- Baseball legend Yogi
- Ancient Egyptian notion of spiritual part of humans
- Fishing net
- Tinseltown
- MacBeth's wife was one
- Took a spill
- Adversary to pets
- Town in Galilee
- Secret racist society (slang)
- About aviation
- Longing or yearning
- Hawaiian dish
- Field force unit
- Partner to "Pa"

- CLUES DOWN**
- No seats available
  - Russian river
  - A European river
  - Phrase
  - Idol
  - Keyboard key
  - Prefix indicating mutual
  - Kilometers per hour

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## THE RURAL MUNICIPALITY OF ARMSTRONG REQUEST FOR PROPOSAL

### Professional Auditing Organization

In Accordance with Section 184(1) of the Manitoba Municipal Act. The RM of Armstrong is requesting proposals from Professional Auditing Organization to perform the Annual Audit of the Financial Statements of the RM of Armstrong. Commencing with the year ending December 31, 2024. The term of the engagement of services will be for three (3) years with audits performed for each fiscal year ending December 31, 2024 to 2026 inclusively.

Please contact the office at clerk@rmfarmstrong.com or Merx.com to obtain details of the services required.

The Lowest or any proposal may not necessarily be accepted.

**Closing Date: Thursday August 8th, 2024 at 12:00 Noon**

Nancy Howell, Interim CAO  
RM of Armstrong  
Lot 55 Highway 17  
Box 69, Inwood, MB ROC 1PO  
Phone: 204-278-3377  
Email: cao@rmfarmstrong.com



## VILLAGE OF DUNNOTTAR PUBLIC NOTICE BOARD OF REVISION FOR 2025

PUBLIC NOTICE is hereby given that the 2025 Assessment Roll for the Village of Dunnottar has been delivered to the Municipal Office at 44 Whytewold Road, Dunnottar, Manitoba and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Sections 42 and 43 of *The Municipal Assessment Act*:

### Application for revision

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

### Application requirements

- 43(1) An application for revision must
- be made in writing;
  - set out the roll number and legal description of the assessable property for which a revision is sought;
  - state the grounds on which the application is based; and
  - be filed by
    - delivering it or causing it to be delivered to the office at the address below, or
    - serving it upon the secretary, at 44 Whytewold Road at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board of Revision will sit on **September 4, 2024, at 10:00 a.m.** in the council chamber of the Village of Dunnottar at 44 Whytewold Road to hear applications. The final date on which applications must be received by the Secretary of the Board is August 19, 2024.

Dated at Dunnottar, Manitoba this 19th day of July 2024.

Sarah Palson  
Secretary to the Board of Revision  
Village of Dunnottar  
Box 321  
Matlock, Manitoba ROC 2B0



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## EMPLOYMENT OPPORTUNITY

### Office Administrator Full Time, Permanent

J. Brandt Enterprises/Brandt Farms Ltd are currently seeking a full time Office Administrator.

Duties include, but are not limited to, answering calls, assisting customers & receiving payments, completing monthly AP & AR, responsible for payroll, ability to complete tasks, with accuracy & attention to detail.

The successful candidate should possess the following qualifications:

- Strong customer service & communication skills
- Computer knowledge (Quick books)
- Organizational skills & attention to detail
- Time management & ability to multi task

Interested applicants can send their resumes to:  
sales@jbrandtent.com

Only applicants selected for an interview will be contacted



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## EMPLOYMENT OPPORTUNITY

**Arborg School Age Childcare Coop** requires an ECE II for a split shift.

Starting Sept 5th-June 28th (closed for summer) Opening shift 7-9 am and 3-6 pm. Wage depending on experience, paid inclement weather days, MCCA membership, possible future benefits.

Looking for an energetic, reliable ECE II for a busy childcare before and after school program located in the AEMYS. Required to share in daily responsibilities preparing light snack, cleaning, program planning, playing games activities in the gym and outside with various ages of children 5-12. As well as one on one with children with additional support needs.

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criminal record/child abuse/ vulnerable sector checks.

Email resumes to: arborgschoolage@yahoo.ca



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## Rural Municipality of FISHER

Box 280, Fisher Branch, MB R0C 0Z0  
Tel: 204-372-6393, Fax: 204-372-8470

### EMPLOYMENT OPPORTUNITY

#### TRACTOR OPERATOR/PUBLIC WORKS

The position of tractor operator / public works is a year-round position which requires a self-motivated individual who can work with little supervision and as part of a larger municipal team. The successful applicant will be mechanically inclined, able to operate various tools and equipment. Training for relief operator to municipal graders may be provided. Duties include but are not limited to roadside mowing, snow removal, maintenance of equipment, and assisting other municipal departments. Hours of work are Monday to Friday from 7:30 a.m. to 5:30 p.m. during summer months and 7:30 a.m. to 3:30 p.m. winter months, with statutory holidays off. As a municipal employee the RM of Fisher offers a comprehensive benefits package including holiday and sick leave entitlements.

Requirements for this position are:  
- Valid driver's licence (Class 3 an asset)

**DEADLINE: 4 p.m. August 2, 2024.**

For further information regarding this position, please contact the Rural Municipality of Fisher Office at 372-6393.

Kelly Marykuca  
Chief Administrative Officer  
Rural Municipality of Fisher  
Box 280  
Fisher Branch, Manitoba ROC OZO  
fishercao@mymts.net

#### UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any persons who wish to make them in respect to the following matter:

#### APPROVAL OF RM OF GRAHAMDALE BY-LAW 1083-2024 - TO CLOSE A GOVERNMENT ROAD ALLOWANCE - UNDER S. 290(2) OF THE MUNICIPAL ACT

**LOCATION:** R.M. of Grahamdale Council Chambers  
23 Government Road,  
Moosehorn, MB R0C 2E0

**DATE & TIME:** Thursday, August 8, 2024 at 10:00 a.m.

**PROPONENT:** R.M. of Grahamdale

**GENERAL INTENT:** The intent of By-Law 1083-2024 is to close part of the Government Road Allowance shown as Parcel "A" below.

**AREA AFFECTED:** Frac NE ¼ of Section 33-28-10 WPM and Frac SE ¼ of Section 4-29-10 WPM - Steep Rock

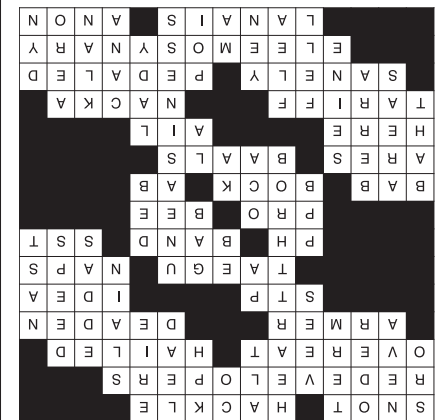
**DOCUMENTS:** Provincial Circulation and Community Planning Report are available. Copies can be made at the R.M of Grahamdale Municipal Office and extracts taken by request during normal office hours.

#### FOR INFORMATION

**CONTACT:** Shelly Schwitek,  
Chief Administrative Officer  
Rural Municipality of Grahamdale  
Box 160, 23 Government Road,  
Moosehorn, MB R0C 2E0  
Phone: 204-768-2858  
Email: rm606@grahamdale.ca



To participate via phone or videoconferencing, please contact the R.M. of Grahamdale Municipal Office at least 24 hours prior to the beginning of the hearing.



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### THE RURAL MUNICIPALITY OF COLDWELL EMPLOYMENT OPPORTUNITIES

#### 1) MUNICIPAL EMERGENCY COORDINATOR

*Municipal Emergency Coordinator to provide emergency management services. Casual Hours unless an Emergency - then any hours required.*

Will be responsible for

- Preparation, maintenance, and testing of the regional Emergency Plan
- Coordinating the response to emergencies in the region
- Attracting, managing, training and motivating volunteers

#### 2) MUNICIPAL RECREATION COORDINATOR - Term Position

*Recreation Coordinator is responsible for planning and managing recreation opportunities within the municipality, including assisting with community grants. Maternity Term Position that is 25 hours a week Flex Time, could be more if additional office duties are accepted.*

#### 3) MUNICIPAL OFFICE CLEANER

*Office Cleaner responsible to perform general cleaning duties within office on a weekly basis after office hours. Approx. 2 hrs/week. All supplies provided.*

Full List of duties available at RM Office. Address Resumes with references & Position applying for to the undersigned by mail, fax, email or in person until August 5th.

We thank all applicants for their interest in this position. We will contact only those selected for an interview.

Nicole Christensen, Chief Administrative Officer  
Rural Municipality of Coldwell  
Box 90, Lundar MB R0C 1Y0  
[coldwell@mymts.net](mailto:coldwell@mymts.net)

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## CARD OF THANKS

Emily Devlin – We would like to thank everyone for their condolences, cards, food, flowers, trees and donations to the Devlin Family Legacy Fund at Westshore Community Foundation. Your friendship and support is greatly appreciated. Emily was the cornerstone of our family and will be greatly missed by all.  
-Mike Devlin and family

**Don't forget to send your special words of remembrance for loved ones passed.**

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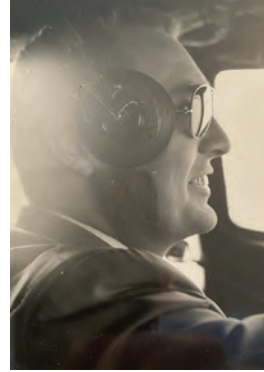
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## BIRTHDAY



**Wilbert Thorarinson**  
Happy 90th Birthday to you!  
We are always entertained and Amazed  
By the stories you share  
about your incredible life over the years!  
We are Wishing you a wonderful birthday  
with many more to celebrate!  
-Love your family xoxox

## GRAVESIDE SERVICE



### Remembering Bill Casselman 1937 – 2023

With deep sadness the family announces that our beloved brother and legendary aviator Bill Casselman passed away peacefully after a brief illness on December 24, 2023 in Niagara Falls with family at his side.

Bill was born in Teulon, raised in Fisher Branch, lived in Niagara Falls, ON and spent his summers at Sugar Point (Lundar, MB).

A Graveside Service will be held at 1:00 p.m. on Wednesday, August 14, 2024 in the Eriksdale Municipal Cemetery with a gathering and luncheon to follow in the upstairs of the Eriksdale Recreation Centre to remember Bill and say goodbye. Please bring a chair to the cemetery for your comfort. In the event of rain, the service will be moved to the Rec Centre.

Arrangements by:  
**ARNASON FUNERAL HOME**  
Ashern – Lundar  
1-204-768-2072  
1-866-323-3593

## OBITUARY



### Karen Judith Springer (nee Olson) February 29, 1944 – July 23, 2024

It is with great sadness and heavy hearts that we announce the passing of our Mom and Grandmother Karen, at the Lakeshore General Hospital in Ashern, MB.

Karen was a talented musician and had cut three CD's with the Hwy 6 Band. She also loved fishing, be it summer or winter. She seemed to be forever cleaning fish!

Karen was predeceased by her husband Harold in 2022.

She is survived by daughters Celina (Kirby), Della and Susan, grandchildren Cora and Vincent, and brother Hilding (Joan) Olson.

Karen will always be remembered for her fun, outgoing nature and infectious smile. We will miss her dearly.

Our family wishes to express our deepfelt gratitude to the staff at the Lakeshore Hospital for their kind and compassionate care of Mom. Also thanks to sister-in-law Joan and Brad Zayshley 'the son she never had' for everything they did for Mom – we can't thank you enough.

In keeping with Mom's wishes, cremation has taken place and there will be no funeral service held.

Arrangements by:  
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## CELEBRATION OF LIFE

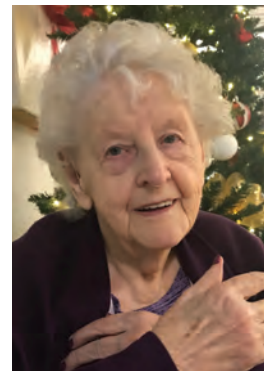


### Harold Foster

Funeral service for Harold Foster will be held on August 9, 2024 at 2:00 p.m. in the Arborg Bifrost Community Centre.

*Your memory will live forever  
Engraved within our hearts*

## OBITUARY



### Kristine Danielson

July 12, 1934 – July 25, 2024

Peacefully, with her loving family at her side, Kristine Danielson, aged 90 years of Lundar, MB passed away at the Lakeshore General Hospital in Ashern, MB.

She is survived by her daughter Colleen (Gary); grandchildren Brock (Kacey) and their daughter Isla, Troy (Daphne), Delaney and Bradley (Katy); along with her nephews and their families.

Kristine was predeceased by her husband Raymond, father Fiji, mother Asta, son Kenny and brother Gilbert, along with other family members.

A Memorial Service will be held at 2:00 p.m. on Wednesday, July 31, 2024 at the Lundar Lutheran Church with Rev. Theo Robinson officiating. Interment will be held in the Otto Churchyard Cemetery with a luncheon to follow in the Lundar Legion Hall.

In lieu of flowers, donations may be made to the Lundar Lutheran Church, Box 216, Lundar, MB ROC 1Y0.

Arrangements by:  
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## CELEBRATION OF LIFE

### Barry Lupyrypa

Join us as we come together to honour the life of Barry Lupyrypa on August 11th at the Minerva Hall from 2-4 p.m. Lunch and refreshments will be served.

## OBITUARY

### Charles (Chuck) Gall

June 25, 1942 - July 21, 2024

After a brief battle with cancer, Charles (Chuck) Gall of Moosehorn, Manitoba, age 82 years, went home to be with our Lord & Saviour Jesus Christ.

Chuck is survived by his wife Evelyn, and his children: Catherine (Ray), Caroline (Rob), Sharon (Rod), Elizabeth (Bob), David (Mandy) and his 10 grandchildren.

A Celebration of Life will be held on Friday, August 2, 2024 at 2:00 p.m., at the Moosehorn Community Hall, Moosehorn, Manitoba.

Arrangements Entrusted To  
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## OBITUARY



**Irena Pidstawka (nee Clapa)**  
It is with great sorrow that we announce the passing of our mother and grandmother, Irena. While battling an infection in Gimli Hospital Irena found peace on July 13, 2024, at the age of 76 in the Gimli Hospital. Irena was born in Belgium and moved to Canada with her family at the age of six. In 1967 she married her husband Michael (aka Bob). They had a daughter Darlene and continued to live in Winnipeg for 16 years, before finally moving to the family farm in Silver.

Although Irena enjoyed her friends, job and hobbies in Winnipeg, she also enjoyed the country life. She enjoyed gardening and cooking and saved every recipe she found. Irena also enjoyed crafts such as sewing, knitting, crocheting, painting, cake decorating and many more. She made many things such as clothes and she decorated beautiful cakes for birthdays and weddings. She was very creative and talented.

Irena was also a compassionate person who enjoyed caring for others and advocating for children and animals. This compassion could be seen at her jobs working with adults with disabilities, as well as her place on the school board. She also made regular donations to approximately 10 different charities including monthly donations to the Humane Society. She wanted to help so many.

In her own life, Irena faced many physical challenges. As a small child in Belgium to well into her later adult years, she underwent many leg surgeries which led her to live a large part of her life on crutches or a wheelchair. However, when she was walking, she was determined to do as much as she could. When she needed a home, she took on three jobs and saved till she had enough to start building her house, where she enjoyed putting on many family dinners.

One of the many jobs Irena enjoyed was managing a small restaurant, where once a week she was able to get creative, with a menu, with her favourite and reliable worker, who eventually went on to be her son-in-law. Rene continued to be a person she relied on and loved till the end. Her grandchildren were also very important to her, and she did everything she could to support them.

Irena was predeceased by her husband Michael, parents Marian and Maria as well as her sister-in-law Judy.

Left to mourn and cherish her memories are her daughter Darlene (Rene), grandchildren Thomas (Jenny) and Todd, great-grandchildren Logan, Maria, and Kiara as well as her sister Wanda (Dan) and brother Stan (Patricia). Also left to mourn are several nieces and nephews as well as her dear cousin Elise (Peter).

We would like to thank the staff at Betel for their support and Daviette Noga for helping and supporting Irena, especially at her last birthday party.

Please consider donating to a charity in lieu of flowers.



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## OBITUARY



**Garry Allen Rogoski**  
March 24, 1951 – July 17, 2024

With heavy hearts, we announce the passing of Garry Rogoski, aged 73, at Deer Lodge Centre on July 17, 2024 with his beloved wife Evelyn and his son Brian and daughter Tammy by his side.

Garry bravely fought vascular dementia for the last three years, a horrible and devastating disease with no cure that had a tremendous impact on his family and friends. His courage and strength during this difficult time was truly remarkable.

He was a devoted husband, loving father, son, brother, uncle and cherished friend, with his wife at his side and surrounded by family and friends throughout his final journey.

Garry was born March 24, 1951 in Gimli, Manitoba and is predeceased by his mother Anne Rogoski (nee Tomko) and father Charles Rogoski.

Those left to cherish his memory is his loving wife Evelyn of 54 years; their children, son Brian (Ann-Marie Bell) and daughter Tammy Paterson (Andrew), and two grandchildren, Kayleigh and Sydney.

He will be greatly missed and fondly remembered by his brothers Ronnie (Arlene Kelor), Grant (Grace), his Auntie Betty-Ann Skaritko, nephews Aaron Kelor (Sasha) Tyler (Payton Miller), niece Brittany, and many extended family, cousins and friends.

Garry was raised in Winnipeg Beach. In 1970, he married the love of his life and started a family. He worked in the family business, Dan's Transfer, alongside his dad Charlie, Uncle Victor and brother, Ronnie. Known for his strong work ethic and being in great shape Garry was always trusted with the heavier side of the load when on a delivery. After the family business was sold, Garry dedicated over 50 years to the trucking industry working for Bochorka Brothers, Atomic Transport, and Winnipeg Moving & Storage. Garry touched the lives of everyone he worked with, creating lifelong friendships along the way.

While residing in Winnipeg Beach, Garry was dedicated to his community. He served as the president of the curling club and held a position as a school trustee in the Evergreen School Division. The family business was involved in the annual Wonderful Winter Weekend (WWW) event, where they always looked forward to preparing their float for the parade. Garry and his wife actively participated in many curling bonspiels over the years always displaying his passion for the sport. Honoring his father Charlie, who served as a Sergeant in World War II, Garry was a proud member of Branch 61 Royal Canadian Legion for 35 years.

As a dedicated school trustee, Garry attended annual conferences at the Winnipeg Inn. To make the most of these occasions, he and his wife were inspired to take ballroom dancing lessons, a reflection of their desire to share special moments with each other, creating cherished memories together.

In 1983, Garry made the move to Winnipeg to further his opportunities and growth in the transportation industry. During that time, he maintained a strong connection to his hometown, always going back on weekends to the lake, affectionately known as "The Shack." A cherished retreat where he could unwind and enjoy the company of family and friends.

Garry had a deep love for sports, especially curling, and was a dedicated fan of the Winnipeg Jets and Blue Bombers, never missing an opportunity to cheer them on at games. He had a passion for music and loved creating playlists which he joyfully shared with his family and friends, particularly on weekends at the lake. Known for his kindness and generosity, he was always willing to lend a helping hand to friends and neighbors in need, making everyone feel welcome.

Garry will be dearly missed by all who knew him. His legacy of love, compassion, and laughter will continue to inspire us all.

A graveside service will take place at the Holy Rosary Cemetery, Saturday, September 7, 2024 at 11:30 a.m. to be followed by a luncheon at the Winnipeg Beach Legion. Flowers can be sent to the Royal Canadian Legion at Winnipeg Beach on the day of the celebration of life.

Your life was a blessing, your memory a treasure, and loved beyond words. You will never be forgotten. We all love you!

Friends and family are invited to visit Garry's memorial page at [www.interlakecremation.ca](http://www.interlakecremation.ca), where memories and condolences may be shared.

Arrangements entrusted to:

*Interlake Cremation & Memorial Services*  
204.482.1040

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