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## WEEKLY NEWS

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EXPRESS PHOTO BY LIEUTENANT (NAVY) MADISON SIEMEN  
182 G.M. Stefufastur, Royal Canadian Air Cadet Vilena Helstrom sits at the controls of a Lockheed C-130 Hercules at 17 Wing, Winnipeg. Helstrom took part in a five-day cadet Activity Program in Winnipeg earlier this month.

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# Local cadet at the controls

By Richard Paul Novak, CFB

Winnipeg Beach's Vilena Helstrom sits at the controls of a Lockheed C-130 Hercules at 17 Wing, Winnipeg, on July 12.

Cadet Helstrom was in Winnipeg from July 11 to 15 for the five-day Cadet Activity Program. During the experience, Cadet Helstrom experienced a variety of activities including geocaching, golfing, practising marksmanship, playing sports, going to the zoo, visiting museums, meeting Canadian Armed Forces members and seeing their equipment, biathlon and orienteering. She especially enjoyed marksmanship and the new friends she made.

"I thought we were going to be doing drills the whole week. It has been pretty fun doing lots of activities like the zoo, marksmanship and map stuff. I got to pretend I was driving the plane," said Cadet Helstrom.

Cadet Helstrom joined 182 G.M. Ste-



A cadet wears a search and rescue technician's parachute.

fnufastur, Royal Canadian Air Cadet Squadron, in the fall of 2021.



EXPRESS PHOTOS BY MASTER CORPORAL DARRYL HEPNER, 17 WING WINNIPEG  
Cadet Vilena Helstrom handles an unloaded C9 light machine gun under supervision in Winnipeg on July 12.

"My favourite parts (about cadets this year) has been marksmanship and getting badges for exercising," said Cadet Helstrom. Her older brothers are also cadets.

The Cadet Activity Program is one of many activities available to youth at local, regional and national levels in the Cadet Program year round. The Cadet Program is open to all youth between the ages of 12 and 18 years old and develops confident, self-sufficient leaders who form lasting friendships and are engaged in their communities. Air Cadets learn about aviation technologies, air crew sur-

vival and how to fly.

Adults are also needed to help train, administer and supervise the local youth involved in the Cadet Program. Becoming part of the Cadet Program is easier than you may think. It's a lot of fun, and the skills you learn are likely transferable to your regular employment. No previous military or cadet experience is needed.

Contact 182 G.M. Stefnufastur, Royal Canadian Air Cadet Squadron, at 204-642-5024 or email 182air@cadets.gc.ca to find out how to get in on the fun and learning. Training restarts locally in September.

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# Gymnastics program growing in Arborg; offering summer camp

By Autumn Fehr

Sports are essential for youth development and reap many benefits such as new friendships, developing social skills and gains in interpersonal skills.

With organized sports being cancelled during the pandemic, many parents were itching to get their kids back onto the road of normalcy with the activities they loved while building fundamental skills.

Candace Koomen was one of these parents.

The Arborg gymnastic club had closed down during the pandemic and had yet to reopen.

Koomen's girls were coming to Lundar for gymnastics so she asked the Lundar gymnastics teachers Bella Buczkowski and Sydney Thorgillson if they would come reopen the Arborg club.

The girls were excited, and in January, they started by coaching four classes weekly.

They offered a kinder gym class, which was brand new to Arborg since they had never done anything with the younger kids, said Buczkowski.

They also opened Rec 1, Rec 2 and a Pre-competitive class so that the more advanced girls could have a feel for competitive gymnastics.

The winter season of gymnastics had a great turnout, according to Buczkowski.

After seeing the success, and the want for gymnastics within the community of Arborg, Buczkowski thought it would be a great idea to offer a gymnastics summer camp for three weeks in July.

Buczkowski has been coaching gymnastics for 12 years. She was a competitive gymnast in Selkirk from age four to 16.

The Selkirk gymnastics club had a program that started training junior coaches at 12 years old. These junior coaches had the opportunity to take over some classes and teach the younger kids.

"It was a really great learning experience and I'm so thankful that I had that opportunity through that club," said Buczkowski.

Afterwards, she taught gymnastics to dancers at a performance dance school in Selkirk for a few years.

Two years ago, Buczkowski moved out to Lundar just as they were starting up a new gymnastics program.

They had maybe been open for one season, but they didn't have much equipment, said Buczkowski.

"Once I started working with them, we were able to make the Lundar club a little bit bigger," she said.

It was in March 2022 that Buczkowski started thinking about doing a summer camp in Arborg, as she had done one last summer in Lundar and it was a big hit.

Buczkowski said they weren't able to have different skill level groups or age groups out of Lundar as it was a smaller club.

"It didn't give the ability to have skill level camps so that the kids could work on specific skills," said Buczkowski.

With Arborg being a bigger club, Buczkowski saw the opportunity to break the camps down into skill levels so that the kids were in closer age groups and girls at the same skill level.

Buczkowski brought the idea forward to Koomen in March, and she told her they had never had any gymnastics camp happen in Arborg.

However, almost immediately after she brought it up to Koomen, she had parents come to her saying they were interested.

Within days of opening registration for the camp, it was almost full.

"It's nice to have a specialty camp around for these girls who were just able to get back into gymnastics in January, and you could tell they loved it so much. It's really hard to just stop for the summer and not have anything for them to practise with," said Buczkowski.

For the gymnastics camp, they were able to separate different skill level camps, with Rec 1 (ages five to seven or eight), Rec 2 and pre-competitive (ages six to 11) and Pre-competitive (ages 8 to 11 or 12), which started the week of July 5.

Each camp ran from Monday to Thursday — besides the first week that ran from Tuesday to Friday because of the holiday — each day from 9 a.m. to 4 p.m.

"We opted for the four-day week because it is super tiring on the girls. During the year, they don't do gymnastics for more than an hour and a half at a time. ... It's designed to see the fun side of gymnastics," said Buczkowski.

The gymnastics camp isn't based on the regular classes during the school year but more



EXPRESS PHOTO SUBMITTED  
Participants from the Rec 2 and Pre-competitive week of gymnastics camp from July 18 to 21.

on having fun, she said.

Every day there were a couple of hours of gymnastics, some games, a craft, time to play outside, and, weather permitting, going over to the pool for a couple of hours.

Buczkowski based the summer camp on other camps she had run with her other coach in Lundar.

In the fall, Buczkowski hopes she can continue teaching in Arborg and bring back their competitive gymnastics program.

"I love having a competitive program at gymnastics clubs because it's really nice to see the girls get to put their skills to use," said Buczkowski.

Not all rural communities like Arborg have various options to choose from when it comes to competitive sports.

"It's fantastic to get the word out that there are programs like this," said Buczkowski.

Buczkowski is happy to see that Arborg is doing something more to offer different sports and programs for all interests.



Every day there were a couple of hours of gymnastics, some games, a craft, time to play outside and, weather permitting, going over to the pool for a couple of hours.



The Rec 2 and Pre-competitive girls trained daily on gymnastics equipment.

**"IT'S NICE TO HAVE A SPECIALTY CAMP AROUND FOR THESE GIRLS WHO WERE JUST ABLE TO GET BACK INTO GYMNASTICS."**

# From medicine to world renowned artist – making adjustments on a glass path

By Tammy Karatchuk

Gord Boyd had two ambitions in life.

One guided by his brain, the other by his heart.

However, the one in his heart travelled a different route.

“I was always interested in art,” said Boyd. “Both of my parents are artists but I was never very good at drawing or painting. So I kind of figured ... art wasn’t for me then.”

Boyd found someone who was renting a building nearby who was doing torch work.

“We got to talking ... and he offered to give me a few lessons,” and Boyd. “I took maybe two or three lessons with him.”

Boyd picked up the craft, and the guy recommended he attend Sheridan College in Ontario, which taught creative arts — including glass blowing and design. Boyd admits he was a “little bit leery” for a couple reasons.

“At the time I was working at a credit union and I was going to go into



Gord Boyd was inspired by the Manitoba crocus to create this limited edition glass blown Witch Ball for the Garden and Art tour.



EXPRESS PHOTOS SUBMITTED

Gord Boyd, owner of Lake Winnipeg Glassworks, has a passion for glass, which turned him into a world-renowned artist.

medicine,” said Boyd. “I was a smart kid so all of the teachers ... pushed me towards academics. I understand why they did that. So, I saw that as being the viable solution. Then I found this funny little British guy making glass on a torch, and I thought, man, this is really cool and I kind of want to do this.”

However, Boyd wondered was this just as viable as medicine.

“I remember when I first met him, I asked, ‘Do you make a living doing this?’” said Boyd, and the guy answered, “‘I’ve never been rich, but I’ve never been hungry, and that’s good enough for me.’ I said ‘That’s good enough for me too.’”

Next, Boyd had to break the news to his parents that medical school wasn’t

the plan.

“It’s funny because it was almost the opposite of the typical story of when the kid wants to be an artist and parents are, like, just be a lawyer or a doctor.” He told his parents, “I think I want to do art and my parents were like, ‘Thank God. Be an artist.’”

Boyd “took the leap” attained his bachelor of Craft and Design in 2019, and he opened Lake Winnipeg Glassworks the same year.

According to Boyd, there are different glass-blowing techniques.

“I think the one that most people are used to is the one that I do with a shop, a big furnace and the molten

glass. Then there’s the kind you can do where you have a torch and you heat up rods of glass to make sculptures,” the technique Boyd first learned that he says is “traditional glass blowing.” Boyd enjoys the challenge of working with glass.

“It’s super hot. You’re sweaty. It’s heavy. It almost never does what you want it to do. And that feeling of reward when you can see something in your mind become real in front of you. That’s what I love the most — being actual able to make something.”

The most challenge pieces are the glass carvings in his personal work.

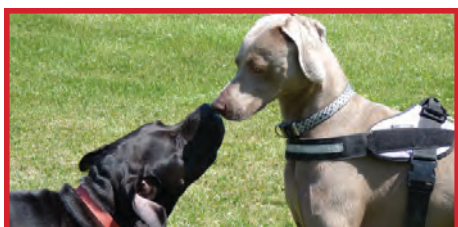
“Not only do you have to hope that you made it right, but you have to hope you can carve it right,” said Boyd. “It can be tough to get everything lined up right, plan it all right and execute it right because carving glass is no easy thing.”

While the carved pieces are time consuming, they can be rewarding. Recently, Boyd won a juried art show in Toronto for a carving that took 18 hours.

Projects range from a week to a month to finish, according to Boyd. He makes whisky glasses for Golf Canada, and it takes two weeks to complete — which includes carvings, logos and tiny details — plus the planning time.

Boyd invested a great deal of planning time into the Witch Balls modelled after the Manitoba crocus at the recent Art and Garden Tour in Selkirk.

“They’re super fun to make. I’m glad



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# Internship opportunities at Interlake-Eastern RHA

By Jennifer McFee

Are you a high school student thinking about a career in health care?

If so, perhaps you'll want to consider volunteering with Interlake-Eastern Regional Health Authority to earn a half-credit (55 hours) or full credit (110 hours) towards the Community Service Student Initiated Project Credit.

Interlake-Eastern Regional Health Authority partners with students and schools to offer hands-on experience and exposure to a variety of health-care programs such as nursing, rehabilitation services, and long-term and palliative care. Other options include nutrition and food services, maintenance, and lab and imaging.

"The internship program gives the students insight about each health career by job shadowing the different health-care professionals," said Lori Buors, Indigenous human resources development assistant.

"This way, the student can decide if the career they want to go into is right for them."

Ella Spence recently wrapped up an internship at Selkirk hospital. While

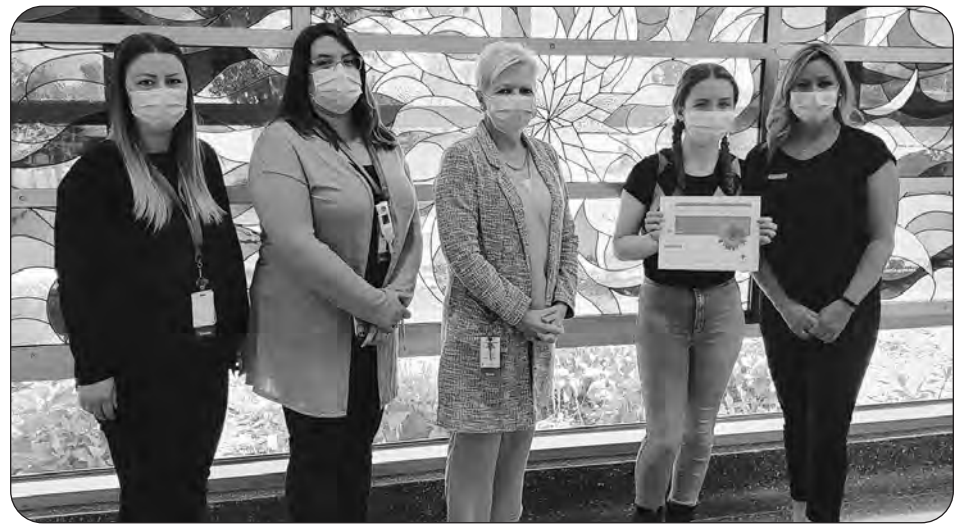
she was job-shadowing there, she determined that she would like to become a surgeon as her career goal.

For Ella, who recently graduated and lives in West St. Paul, it was interesting to see different areas of Selkirk hospital including surgery, the emergency room, acute care ward and the family birthing unit.

"All of the staff were very helpful in showing me what they were doing and why they were doing it. I got to see many different procedures, including childbirth. Many of these procedures many people never see, and I am grateful I got to use it as a learning experience," said Ella, who plans to attend the University of Manitoba this fall to study science.

"Watching doctors, nurses and health-care aides work gave me an even bigger respect for the jobs they do and how important they are in our society. I also got to help with basic patient needs, by making them more comfortable and getting them what they need when they are unable to."

She expressed gratitude for her experience through the internship pro-



EXPRESS PHOTO SUBMITTED

Left to right: Krista Kozyra, clinical team manager for SRHC medicine; Shannon Watson, clinical team manager for SRHC emergency department; Audra Nesbitt-Hume, clinical team manager for regional renal health; Ella Spence, internship student; and Tammy Harder, internship co-ordinator for West Kildonan Collegiate.

gram, which is open to all high school students in the Interlake-Eastern region.

"This experience truly gave me a better understanding of the health-care field and gave me an idea of what it would be like to work in health care,"

she said.

"Thank you to all of the staff who helped me learn and allowed me to watch them as they work."

To learn more, contact Lori Buors at [lbuors@ierha.ca](mailto:lbuors@ierha.ca) or on her cell at 204-280-1279.

# The RCMP wants to hear from youth

## Apply to be a part of the National Youth Advisory Committee

Submitted

Canadian residents ages 13 to 21 can now apply to become a part of the RCMP's National Youth Advisory Committee (NYAC). Applications must be received by Sept. 12, 2022. Those who apply by July 31 will be a part of the first selection round and get a better chance of being selected.

This is an online opportunity for youth to connect, have their say and make a difference. NYAC members interact with participants from all over the country and discuss important issues they face in their respective communities. They share their thoughts about youth crime and victimization topics, and help shape RCMP programs and initiatives. NYAC members can also receive reference letters and volunteer hours in recognition of their contributions.

Last year, nine Manitobans were a part of the National

Youth Advisory Committee.

"Being a part of the Youth Advisory Committee challenged me to expand my thinking and really pushed me to think more deeply about things that happen every day right in front of me," said Colby, 15, from Grosse Isle.

Twenty-year-old Grayson from Winnipeg agrees.

"I joined the committee to broaden my horizons. I was able to connect with youth and RCMP officers across Canada and talk about the issues and concerns I see on a daily basis. Because of my involvement on this committee, I learned about different grants I could apply for and I was able to hold a drum-making workshop with police, the Bear Clan and youth from the inner city to help foster

reconciliation and stronger community relationships."

Youth voices matter. The deadline to apply for the 2022-23 NYAC is Sept. 12, 2022. To request an application form, contact [RCMP.Youth-Jeunesse.GRC@rcmp-grc.gc.ca](mailto:RCMP.Youth-Jeunesse.GRC@rcmp-grc.gc.ca).

## What's *Your* story?

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The Express Weekly News connects people through stories to build stronger communities.

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## Funding announced to address workforce shortages in health-care sector

Submitted by Manitoba government

The Manitoba government is investing more than \$5.2 million in two programs that will help address the overall staffing shortages in the province's health-care sector as well as increase the representation of Indigenous people in this field, Economic Development, Investment and Trade Minister Cliff Cullen and Health Minister Audrey Gordon announced.

"These two programs, the Skills Development Program and the Indigenous Adult Health Internship Program, will help provide the training and resources needed to address immediate and emerging workforce needs in a sector stretched thin from the pandemic," said Cullen. "This is key to addressing the significant labour market needs of the health-care sector."

The Skills Development Program provides career counselling and financial supports to eligible Manitobans seeking post-secondary training in programs up to two years in length. Funding is available for students pursuing training in health-care fields including health-care aide, health unit

clerk, medical office assistant, pharmacy technician and practical nursing.

"The Manitoba government recognizes the critical need to increase workforce recruitment and retention in the health-care sector as part of the province's post-COVID economic recovery," said Gordon. "These investments will ensure that Manitoba's health-care system is amply staffed with a skilled, engaged workforce that is reflective of the province's population."

The Indigenous Adult Health Internship Program is a collaborative initiative between Indigenous communities and Southern Health-Santé Sud, a health authority in southern Manitoba, which serves a population of over 216,000 residents, noted Gordon.

"The Indigenous Adult Health Internship Program has been running since 2015 and has seen over 100 students successfully enrolled in the program. A quarter of these students were able to secure employment opportunities with Southern Health-Santé Sud," said Jane Curtis, CEO,

Southern Health-Santé Sud. "This program has resulted in many success stories. This year will see the seventh intake of the program, which runs annually for 12 to 14 weeks from September to December. I am thrilled to see heightened support for students to participate in this program as it has resulted in many success stories and contributes toward efforts to strengthen the health-care workforce."

Through pre-employment training programs, job-shadowing opportunities and a paid work practicum, this holistic project offers Indigenous community members the opportunity to explore high demand health-care occupations and areas including administration, cook, dietary aide, health-care aide, health records, housekeeping, maintenance, materials management and recreation or activities assistant.

For more information on a wide range of labour market services to individuals, communities and businesses throughout Manitoba, visit [www.gov.mb.ca/wd/ites/index.html](http://www.gov.mb.ca/wd/ites/index.html).

## letter to the editor

Letters to the Editor:  
[letters@expressweeklynews.ca](mailto:letters@expressweeklynews.ca)

### Is it malicious or incompetence?

It would appear that on July 15, routine work carried out by the RM of Gimli on a ditch in the Spruce Sands area ended up in sewer damage and greatly increased the E. coli levels at the Spruce Sands beach. On June 20,

five days later, I innocently swam for over half an hour in the lake only to find in the media on June 21 that Manitoba Health had closed the Spruce Sands Beach a full six days after the sewer damage had occurred.

The RM of Gimli has Alert and Notice pages on its website, which I read daily over the summer when I am at my cottage. As of this writing there was no mention by the RM of

the sewer damage and the potential impact on the lake. I am at a loss to understand this obvious disregard of the RM for the well-being of people living in our area by not disclosing the original sewer damage and the potential impact on the lake health. Is it malicious or incompetence? Either are unacceptable.

- Irwin Corobow  
Bayshore Heights, Gimli

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# getinformed

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS



EXPRESS PHOTO BY RAYME THOMSON

Torrential down pours last week have caused more overland flooding for the communities along Lake Winnipeg, making the beaches non-existent this summer. The lake was overflowing and flooding the Gimli Harbour on Sunday morning. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: [weather@expressweeklynews.ca](mailto:weather@expressweeklynews.ca).

## Manitoba Health expanding vaccine eligibility to include six months to four years

Submitted by Manitoba government

Manitoba Health is expanding COVID-19 vaccine eligibility to include children ages six months to four years. This follows federal approval of the Moderna COVID-19 vaccine for children in this age group, as well as clinical guidance from the National Advisory Committee on Immunization (NACI).

There are approximately 76,700 children in Manitoba in this age group. Vaccine supplies will initially be limited, with 14,900 doses in the first delivery. As a result, Manitoba is prioritizing the vaccine for children who:

- have certain medical conditions including:
  - chronic lung disease,
  - airway abnormalities,
  - congenital or chronic heart or circulatory diseases,
  - moderately to severely immunocompromised due to a medical condition or treatment,
  - neurologic disorders (including developmental delay),
  - diabetes, chronic kidney disease or

any chronic disease related to premature birth; or

- are First Nations, Inuit or Métis, regardless of where they live.

Children who meet these criteria must be at least six months old at the time of their appointment. The vaccine is a two-dose series and the recommended interval between doses is eight weeks. NACI recommends children receive their COVID-19 vaccine two weeks before or after any other vaccines to better monitor for any side effects. Manitoba's approach is consistent with NACI, but children who have received a different vaccine within 14 days will not be turned away.

Parents and caregivers of eligible children can begin booking appointments on Monday, July 25 at 8 a.m., using the online vaccine finder or through the vaccine call centre at (toll-free) 1-844-626-8222 (1-844-MAN-VACC). Parents and caregivers who need to book two or more appointments for their children can use ei-

ther option, but the phone line is recommended as the best way to access multiple appointments at the same time and as close together as possible.

Appointments will be available at regional vaccine sites, public health offices and medical clinics. Manitoba is working with First Nations leadership to co-ordinate distribution to their communities.

Eligibility will expand to include more children in this age group once more vaccines are delivered to the province. A second vaccine shipment is expected in late July or early August.

To date, more than 3 million doses of COVID-19 vaccine have been administered to people living in Manitoba. Approximately 43 per cent of children ages five to 11 are fully immunized. Nearly 80 per cent of young people aged 12 to 17 have at least two doses of vaccine.

For more information, including the online vaccine finder, visit <https://protectmb.ca/>.

## West Nile Virus

Submitted by Manitoba government  
BULLETIN #1

Manitoba Health reports that *Culex tarsalis* mosquitoes carrying the West Nile virus (WNV) were collected from the Rural Municipality of Headingley last week. This is the first mosquito pool that has tested positive in Manitoba this season.

The risk of exposure to WNV is currently low but likely to increase in the coming weeks, as the highest risk period is historically in July and August. Manitobans are reminded that it takes just a single bite from an infected mosquito to contract WNV.

While most people who are infected will develop mild or no symptoms, some can develop severe symptoms that can result in hospital stays and even death. Recovery from WNV infection, particularly severe symptoms, can take months or years.

While Manitobans are encouraged to enjoy outdoor activities, it is critical to reduce the risk of mosquito bites and potential exposure to WNV by reducing the amount of time spent outdoors during peak mosquito hours between dusk and dawn; using an appropriate mosquito repellent; wearing light-coloured, loose-fitting clothing with long sleeves and pant legs; maintaining door and window screens; and cleaning and emptying yard items that collect water.

Between 2017 and 2021, there were 45 cases of WNV in Manitoba. Nine cases were hospitalized and four required intensive care. No confirmed human cases of West Nile virus have been identified in Manitoba yet this year.

WNV updates will continue to be shared with the public throughout the summer.

For more information about prevention, symptoms, weekly average trap counts of *Culex tarsalis* mosquitoes, fact sheets, posters and information for municipalities and health-care providers, visit [www.gov.mb.ca/health/wnv/](http://www.gov.mb.ca/health/wnv/).

Manitobans can also contact Health Links-Info Santé at 204-788-8200 or at 1-888-315-9257 (toll-free) for more information.

# Contribute to science with photos from your smartphone

## The Big Backyard BioBlitz offers critical data for scientists and conservation

### Submitted

Over the August long weekend, the Nature Conservancy of Canada (NCC) is encouraging everyone to get outside to enjoy and document the nature around them, in the name of science.

NCC's third-annual Big Backyard BioBlitz will run from July 28 to Aug.

1, across the country. From backyards to national parks, on lunch break and on vacation, people can snap photos of the species they find around them and submit their observations to one of the largest crowd-sourced species inventories in Canada, through the iNaturalist app. Together, we'll compile valuable information on species populations and locations for scientists and conservation planners, who can use this information to understand species distribution and, in some cases, plan future protection and restoration efforts across the country.

"Anyone can participate. It's a great

way for people of all ages to look at nature more closely and learn about biodiversity close to home," said Evan Balzer, conservation engagement co-ordinator with NCC in Manitoba. "Spending time outdoors is also beneficial for our physical and mental well-being. This is a great way to connect with nature and fellow nature lovers, while contributing to our collective knowledge of plants, animals and fungi in Manitoba."

To join the Big Backyard BioBlitz, people can register anytime at [natureconservancy.ca/bbb](http://natureconservancy.ca/bbb). Once registered, people will receive a step-by-step guide on how to participate, photog-

raphy tips, information about species identification and an automatic entry to win a Big Backyard BioBlitz prize pack.

"Whether you log an invasive plant like burdock or an at-risk amphibian like the northern leopard frog, every entry counts," Balzer said. "It can provide valuable information such as locating species outside of their usual range or where invasive species are encroaching. This information can be used to identify important habitat for protecting at-risk species."

More than 6,500 participants logged over 36,000 observations across Canada in last year's event.

# Celebrating 133 years of the Icelandic Festival of Manitoba

## Festivities in Gimli from July 28 to Aug. 1

### By Autumn Fehr

On August long weekend, from July 28 to Aug. 1, the town of Gimli will welcome everyone back to celebrate 133 years of the Icelandic Festival of Manitoba.

During the pandemic, the tradition of the festival was kept alive, with adjustments made to ensure safety protocols were followed.

In 2020, a virtual festival was available, and in 2021, the festival was held in a hybrid fashion, with both virtual and in-person events available.

With modified festivals for the last two years, this year visitors will get to experience the festival again as they know it.

"We are very excited to welcome everyone back for the festival. Although we had to make some adjustments due to COVID, we continued the 133 year tradition," said Thora Palson, festival manager for the Icelandic festival.

The festival has a complex schedule of events happening throughout the weekend.

Events will include a family scavenger hunt, festivities at the Viking Village such as a Viking battle, an art show, live music Friday night at Gimli Harbour stage and fireworks at Gimli Harbour on Saturday evening at 10:30 p.m..

There will also be craft and food vendors, and rides put on by Wonder Shows available from July 29 to Aug. 1.

Throughout the weekend, there will be a lawn parade contest, where participants can submit a picture of their decorated lawns in Icelandic-themed finery to [photos@icelandicfestival.com](mailto:photos@icelandicfestival.com).

com from July 28 to Aug. 1 to be considered for judging. Participants are able to submit photos of their lawn from anywhere in the world.

New to the festival this year is the Magnús Ver Magnússon classic strongman competition happening on July 30 and 31 from noon to 4 p.m.

The Icelandic Festival wants to give a big thank you to all of its sponsors, supporters and volunteers who help make this festival happen. Without them, it wouldn't be possible, said Palson.

This year a portion of the funds raised by the Icelandic Festival's 50/50 draw will go to the Gimli Chamber of Commerce's campaign "Gimli Stands with Ukraine."

As the chamber is expecting the draw to be a substantial boost in their fundraising efforts, they are looking for volunteers to sell tickets and to promote the draw through their own personal networks.

To help make this happen, the link below can be shared with contacts: [https://www.fundingchange.ca/icelandicfestival/Yo\\_pJOVDsAPpEl-C/YryBkHAvIzXqKISL](https://www.fundingchange.ca/icelandicfestival/Yo_pJOVDsAPpEl-C/YryBkHAvIzXqKISL).

The other way to help is to volunteer as a single volunteer or put together a team of two people to sell tickets for a scheduled slot at the Icelandic Festival on Sunday, July 31. Twelve slots are available.

There are three four-hour shifts for the times below:

10 a.m. to 2 p.m.: four people  
2 to 6 p.m.: four people  
6 to 10 p.m.: four people

The pot size is \$770 — half will go to the winner and the other half will go to "Gimli Stands with Ukraine" to provide support to Ukrainian refugees.

Festival programs are available for purchase at the Icelandic Festival office as well as many local merchants to follow along with the events for the weekend.

"We are looking forward to a fantastic weekend celebrating our 133 Icelandic Festival of Manitoba," said Palson.

A full schedule of events for the weekend can be found in this edition of the *Express Weekly News* and at [icelandicfestival.com](http://icelandicfestival.com)

### Community Support Service

#### Al-Anon Gimli and Winnipeg Beach

Meeting place  
17B North Colonization Rd.  
Gimli (Next to the New Horizons)

Meetings are Wednesdays  
between 7 and 8 p.m.

Contact 204-389-4777

#### AA Winnipeg Beach

Lady of the Lake RC Church  
Corner of Hwy. 9 and Lake Ave.,  
Winnipeg Beach

Meetings are Saturdays  
between 7 and 8 p.m.

Contact Ann J 204-389-3417

#### Gimli Group AA

Bldg 18 Municipal Rd  
Industrial Park

Fri & Sun Mtgs at 7:30 pm  
Womens Mtgs Thurs at 10:30 am

### > GLASS PATH, FROM PG. 4

people like them so much. But to actually make those pieces took only two days of week," said Boyd. "But beyond that, there was another two weeks of picking the right colours and doing tests to make sure everything worked out right. ... It was a lot of time invested into the project."

The Art and Garden tour went well for Boyd and he sold about half of

the Witch Balls. His art — including ornament-size Witch Balls — can be found at a few galleries in Manitoba the Winnipeg Art Gallery, WishMe in Selkirk and Made in Lac du Bonnet. However, the Manitoba crocus isn't available because "they get too heavy."

Currently, Boyd is an artist-in-residence at the Living Arts Centre in Mississauga, Ont., where he's learning and sharing his craft with other

artists. He always tells people, "If you get mad every time a piece of glass breaks, you'll never be happy."

"You don't make mistakes; you make adjustments," said Boyd.

"The reward at the end, it makes it worth it."

For more information about Gord Boyd's studio, visit [lakewpglassworks.ca](http://lakewpglassworks.ca)



# Gimli International Film Festival committed to quality and diverse films

By Autumn Fehr

Tears were shed and comical relief was shared last Wednesday night as the Gimli International Film Festival (GIFF) welcomed movie-lovers back in person to celebrate at their opening night reception at the Waterfront Centre.

The largest film festival in Manitoba has come a long way to earn its name since starting as a small film festival showing Icelandic films.

Janis Johnson, founder of the festival and a retired Conservative senator, said it was hard times starting the festival over 20 years ago as a one-off on the Icelandic weekend. Still, Johnson envisioned starting a film festival in her hometown.

"It took us 10 years to get traction," said Johnson.

Johnson said she remembers talking to a representative from the Toronto Film Festival and they told her that it would take her 20 years to build something.

Now, 22 years later the festival has grown in popularity and expanded its plate, including an even more diverse lineup of films from their Indigenous film series to French-language films.

After three long years of trudging through the rocky roads of the pandemic, the film festival has come out resilient, rebranding as an international film festival from reaching a wider audience of viewers while pivoting to virtual offering over the course of the pandemic.

Manitoba's biggest film festival has soared to new heights, rebranding as the Gimli International Film Festival (GIFF), coming out of the pandemic bigger and better than ever, highlighting more Manitoba filmmakers, female filmmakers and Indigenous and BIPOC filmmakers.

"This film festival allows us to celebrate the uniqueness of cinema," said the Constable of Iceland, Donald Gíslason.

Sydney Prokopich has been on the festival board for several years, watching it grow and reach the level of status it has today.

"We felt it opened more doors for us. We were at the level of being an international film festival, as we are the largest rural film festival in Canada. We thought it would expose us to more — it was the time to make the change," said Prokopich.

The new branding has a nice ring to it, said Lynn Greenberg, the mayor of Gimli at the opening night reception.

Johnson said they rebranded be-



Constable of Iceland, Donald Gíslason

cause they have grown so well despite COVID, reaching a whole new scale of activity and quality of the festival.

Alan Wong, executive director of GIFF, was excited to welcome back movie-lovers to the rich culture of cinema.

"It was very daunting at first as the new director, but knowing that the community, the film industry, the arts community and seeing all the support that Gimli gets helped with that. I feel the pressure to do a good job for them. The festival is basically putting on a big party and celebration. If

people can get away from their troubles and see a movie just for a few hours, then we've done our job," said Wong.

Sponsors of the film festival include RBC, in its 11th year now putting on their free Sunset Screenings on the beach, which take place each night of the five-day festival and

draw people from all over the world.

RBC sponsors the Emerging Filmmakers Award, which helps bridge the gap between emerging to established artists. Out of the submissions received, five finalists have the chance to pitch their short film idea to a group of industry professionals and a live audience.

Other sponsors include the Manitoba Arts Council, Telefilm Canada and Eagle Vision, which are just some companies that help support the film community in Manitoba, allowing GIFF to continue to share diverse films with a larger audience each year.

Next year, GIFF will celebrate its second year as an international film festival, continuing to grow bigger and better, providing quality and diverse films while giving the best representation of the changing community around them for its 23rd year as a festival.



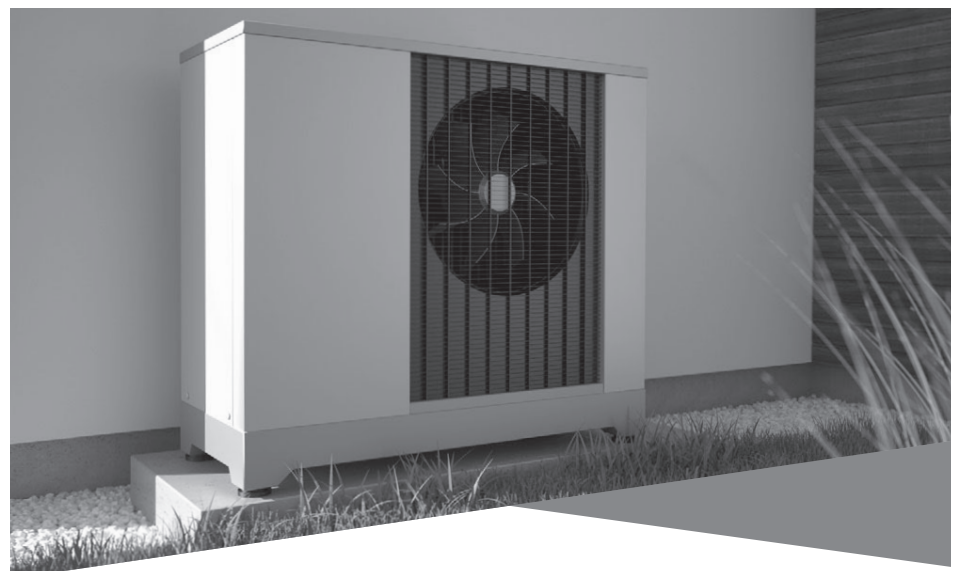
EXPRESS PHOTOS BY DEVON FEHR

Festival founder Janis Johnson (in white trouser suit) with members of the GIFF board.



Obby Khan (MLA Fort Whyte), James Bezan (MP for Selkirk-Interlake-Eastman), Janis Johnson (founder of the festival) and Rod Bruinooge (CEO and film commissioner of Manitoba Film & Music).

**"WE THOUGHT IT WOULD EXPOSE US TO MORE — IT WAS THE TIME TO MAKE THE CHANGE."**



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# GIFF grows to new heights under the international rebrand

By Autumn Fehr

Cinema is an experience where people can go and forget about their troubles for even a few hours and immerse themselves in the story on the big screen.

Although the past few years have been a rocky road for film festivals and theatres, as many flocked to on-line streaming sites to view cinema from the comfort of their own home, the adventure of taking in a story through a silver screen was not forgotten.

Cinema buffs and movie lovers alike gathered in Gimli last week to welcome back Manitoba's largest annual film festival.

Gimli International Film Festival (GIFF) screened 70 films from July 20 to 24.

As GIFF prides itself on unique, diverse and quality films, movie-lovers didn't expect anything less from this year's line-up of various films — an Indigenous film series, 2SLGBTQ+ films, an Icelandic film series, Canadian Short Films and films made from BIPOC filmmakers are just a variety of categories of films offered this year.

"All the films have a theme of being engaging, captivating and unique," said Janis Johnson, former senator of Canada and founder of the festival.

Those who wanted to experience the festival for free were welcome to Gim-



Gimli International Film Festival ran from July 20 to 24.

li Beach for the RBC Sunset Screening, which took place every night of the festival at 10 p.m. This year's beach screening theme was "Beaches, Bengals, and Big Ideas," and included *Cast Away*, *Lilo & Stitch*, *Mamma Mia! Life of Pi* and *9 to 5* aired over Lake Winnipeg on a 35-foot screen, as people gathered together on the beach.

"The Gimli International Film Festival allowed us to gather on the shores of Lake Winnipeg again," said James Bezan, MP for Selkirk-Interlake-East-



EXPRESS PHOTOS BY DEVON FEHR AND TEE-JAY FURGALA  
RBC Sunset Screening of *Mamma Mia* on Friday, July 22.

man at the opening reception night of the festival on July 20.

This year, GIFF had over 80 volunteers — some returning who had been volunteering with the festival for over 10 years.

Jim Quail and Diane Phillips have volunteered with the festival for 16 years.

"We love the Gimli Film Festival. It's an opportunity to experience the magic of film, and we are part of an incredible community of dedicated board members, talented staff and super volunteers. Watching some excellent films, experiencing the unique opportunity of watching films on the beach such as *Cast Away* and *Mamma Mia*, and watching young filmmakers

get their start are all highlights of volunteering at the Gimli Film Festival. As well, showcasing our lovely town of Gimli itself is another reason we volunteer," said Diane and Jim Quail.

Terry Wilson is only in her second year of volunteering but plans to continue to come back because of the experience she's had.

Wilson said she saw three fabulous films during this year's film festival that she encourages others to see: *Wildhood*, *Girl Picture*, *Quake (Skjalfti)*.

In addition to bringing the community together, GIFF has also been a huge boost for the local economy.

"The film festival brings in hundreds of people to the town of Gimli," said Alan Wong, executive director of the Gimli International Film Festival.

"Our demographic is typically one that contributes to the economy in Gimli and it's evident in how the RM supports us," he said.

Last weekend was the festival's 22nd year running.

"Our purpose was always to enlight-

Continued on page 11



Wednesday was the first night of the beach screenings.



People buying their tickets at the Gimli Theatre.



Festival goers enjoying their snacks on the beach.



Volunteers made sure everything goes smoothly for the festival.

> REBRAND, FROM PG. 10

en, educate and inspire," said Wong. In the future, Wong said he would love to have more of a market aspect to the festival where distributors and broadcasters come to see what is new

and meet emerging filmmakers in Manitoba.

One thing is sure, after an enormous amount of growth and success over the years, despite the pandemic, GIFF is on the trajectory to become bigger and better, continuing to share the

power of cinema through their festival.

EXPRESS PHOTOS BY DEVON FEHR AND TEE-JAY FURGALA



Wave artists showcased their skills on opening night.



Volunteers come back year after year.



GFF merchandise was for sale throughout the weekend.



Aspire Theatre in Cimli, one of the venues for the Cimli International Film Festival.



Gimli Theatre has their concession open for film goers.

"OUR PURPOSE WAS ALWAYS TO ENLIGHTEN, EDUCATE AND INSPIRE."

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PUBLIC MEETINGS WILL BE HELD PROVINCE-WIDE

Meetings will be held over the summer, including sessions in:

**AUGUST 4 - Winkler**

Best Western Plus  
1705 Diamond Dr.  
10:30 a.m. to noon

**AUGUST 10 - Winnipeg**

Winnipeg Grand Mosque  
2445 Waverley Street  
6 p.m. to 7:30 p.m.

**AUGUST 4 - Altona**

Millennium Exhibition Centre  
227-10 Avenue, NW.  
1 p.m. to 2:30 p.m.

**AUGUST 11 - Winnipeg**

Maples Community Centre  
424 Adsum Dr.  
6 p.m. to 7:30 p.m.

**AUGUST 4 - Steinbach**

Days Inn  
75 PTH and Road 12 N.  
4:30 p.m. to 6 p.m.

**AUGUST 18 - Arborg**

Bifrost Community Centre  
409 Recreation Centre  
1:30 p.m. to 3:00 p.m.

For more information, visit:  
[immigratemanitoba.com/iac/](http://immigratemanitoba.com/iac/)



# Indigenous and female filmmakers celebrated at GIFF

By Autumn Fehr

The pandemic encouraged a new kind of creativity in the film industry.

Emerging from this newfound creativity came several films dedicated to telling the stories that needed to be told and heard.

Gimli International Film Festival (GIFF) recognized the filmmakers during its award reception on July 23 at the Waterfront Centre to celebrate these films and the storytellers behind them.

Out of all the awards handed out that evening, many were awarded to Indigenous filmmakers and storytellers.

Canadian filmmaker Nettie Wild received GIFF's signature award, the Alda, given to a filmmaker, director, actor or producer for their outstanding contributions to cinema.

She was the first documentary filmmaker to receive the award.

"This is a lifetime achievement award, which makes it so special," said Wild.

Wild is a director, writer and producer based out of British Columbia who has been creating films for 40 years and is known for throwing herself into the middle of the story, tackling difficult topics and not shying away from the truth of reality.

Wild's documentaries focus on highlighting marginalized groups in Canada and around the world and the discrimination they face.

Wild has created several award-winning documentaries, such as *FIX: The Story of an Addicted City* (2002), *A Place Called Chiapas* (1998), *Blockade* (1993) and *A Rustling of Leaves: Inside the Philippine Revolution* (1988).

These are just a few films she has been known for throughout her 40-year career as a Canadian filmmaker.

Several years ago, Wild faced a conundrum in her life-long career.

She found that the "political dramas" she was creating were becoming even more challenging to produce.

"There's a point where I realized it's not going to get any easier," said Wild.

She said what kept her going was a goal to push the fork of storytelling as far as she could go and to collaborate with new artists.

"The last 10 years have been bar none the most creative years of my life," said Wild.

Even though Wild has been given several awards in her career, she said she feels honoured to follow the substantial lineup of past winners for this award.

"I think it's a recognition that if you keep taking those risks that not only does the creativity not stop, but that's where the creativity starts. It's not that you do the work for these awards, but it makes a difference, it really does," said Wild.

While in town for GIFF celebrations, Wild also got to be a part of the jury of judges for the 11th annual RBC \$10,000 Emerging Filmmaker Pitch Competition.

"It's a part of the award for me," said Wild.

The award helps bridge the gap between emerging to established artists.

This year's RBC Emerging Artists award winner was Rachel Beaulieu for her short film *Marie*.

As the winner of this prestigious award, Beaulieu received \$10,000 in production funds from RBC, a \$5,000 William F. White Equipment Rental Grant Certificate, a story-editing and directing mentorship from the Canada National Screen Institute, a \$500 equipment rental credit and a one-year membership to the Winnipeg Film Group, and a premiere screening of her film at GIFF next year.

"This film is a part of me and with this, I get to share myself on the screen," said Beaulieu.

The other four finalists who pitched at this year's competition were: Daphne Finlayson for *FanAddict*, Joseph Fourre for *The Dress*, Coby Friesen for *Something Quite Queer* and Stuart Matheson for *North Star*.

*Ste. Anne* is a Canadian film that tells the story of a single mother who has been missing for almost four years, leaving her young daughter in the care of her brother and his girlfriend.

Winner of the Amplify Voices Award for Best Canadian Film in the 2021 Toronto International Film Festival and nominated for the Grand Prix Focus - Feature in the 2021 Festival du nouveau cinema, *Ste. Anne* took home the Indigenous Spirit award and the On the Rise award.

The feature film, which took over two years to produce and over a year to edit, earned the awards it deserved four years later.

With this film, director Rhayne Vermette created a community of Indigenous women, said Amanda Kindzierski, assistant director and cinematographer for *Ste. Anne*.

Regarding the On the Rise award, Kindzierski said, "It's funny that she's on the rise since she's been doing this work forever."

Rogelio Balagtas and Sheila Lotuaco for *Islands* received the award for best acting performances as their first time leading in a feature film.

"I'm so honoured to be receiving this award to-



EXPRESS PHOTOS BY DEVON FEHR

Ste. Anne digital filmmaker Amanda Kindzierski and her team won the Indigenous Spirit Award and the On the Rise Award.

night. Thank you for recognizing my passion for acting which was then just a dream," said Lotuaco.

"This award is an indication that this organization does not see age, race or experience but only the best in the industry."

As controversies in the world continue to grow, the role of cinematic art has a larger role to play.

"Poetry can embrace darkness as well as light. We can do this by taking risks," said Wild.

The GIFF has contributed to playing a role in this fight toward amplifying marginalized voices and showcasing films that tell unheard stories that the world needs to hear.



Lisa Meeches of Eagle Vision receiving the Jack Clements, Living the Dream Award.



Sheila Lotuaco won the award for the best acting performance, alongside Rogelio Balagtas in *Islands*.



Rachel Beaulieu, the winner of RBC's 11th annual Emerging Filmmaker Award.



Nettie Wild was the winner of the Alda award.



Janis Johnson awarding the Alda award to Nettie Wild.



GIFF executive director Alan Wong



Ste. Anne cast accepting the Indigenous Spirit award on behalf of Rhayne Vermette.



Vera Hool of APTN giving out the Indigenous Spirit Award to Rhayne Vermette of Ste. Anne.

# Retired nurse offering free support services to those in need

By Autumn Fehr

With ongoing cuts in health services across the province, and our country, services that would usually be provided are more challenging to access than usual.

One of these services that have been cut includes support services such as mental health care.

Neglect towards these services has put an extra strain on people who are at home looking after relatives, spouses and others who require additional support.

This strain was brought to Georgina Ball's attention at the outset of the pandemic by some old friends and people around town, all of whom were taking care of sick spouses or providing care in some form to different people.

At that time, she had jokingly said that what they needed was a support group, but it had instead been taken quite seriously.

After thinking about it, Ball, a retired nurse from Arborg, wanted to offer some support system to those who may just need a shoulder to cry on or someone to talk to in confidence.

Since the outset of the pandemic, home care has been short-staffed, making it increasingly difficult for unpaid caregivers to access services and get respite, said Ball.

Out of all the concerns and suggestions came the idea to create a mutual support group, where people in similar circumstances had a place to receive support.

Ball decided to let it be known in the community that she was offering space and time for caregivers to get together to share their experiences, provide coping strategies or relax and unwind for a couple of hours with people who understand the situation.

Oddly enough, some of the people keen to join the group were also retired nurses still providing care, said Ball.

Ball has a lifetime of experience within the health-care system.

She initially started her career in health care in England when she was 18 years old and spent most of her career in acute care.

However, the last 12 to 14 years of her career she spent as a homecare case co-ordinator in the town of Arborg, so she has experience in different areas of caregiving.

On Aug. 4 at 7 p.m., she will be opening up her home, giving her space and time, so caregivers can get together with people who understand the situation.

Ball wanted to do it at her home because she had imagined a small group where people could be comfortable

and relaxed in more of an intimate setting than, say, a community hall, she said.

The support group is a safe space to talk and share, or not, if that's what is required, maybe just a timeout, she said.

Ball is willing to provide free support to virtually anyone caring for a loved one that may need a timeout or some advice.

She is willing to provide caregiving support for unpaid support systems such as people caring for loved ones, sick family members and grandparents caring for grandchildren.

Ball said that face masks are optional within the group.

As the support group is meant as a safe space to share what's going on in personal situations, confidentiality is encouraged — that what is said at the support group stays at the support group, she said.

The group's longevity depends on how much demand there is for it, but Ball said she plans to run it indefinitely.

She hasn't thought of putting any limits on it.

With copious amounts of tea and



EXPRESS PHOTO SUBMITTED

Retired nurse Georgina Ball is opening up her home for a free support group to those in need.

coffee, Ball hopes she can at least help someone through this group.

"If I can even help one or two people just feel better, then it would be worthwhile," she said.

If interested, please contact Georgina Ball at 204-641-0358.

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<b>Location:</b>	Quarry Physiotherapy 41B Centre St., Gimli - Lighthouse Mall
<b>Time:</b>	11:00 am - 3:00 pm

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# Kiwanis Club forced to take food and donut trucks out of service



The Gimli Kiwanis Club is looking to purchase a new donut truck.

By Autumn Fehr

For almost 50 years, the Kiwanis Club of Gimli and District Inc. has been providing financial resources to the local communities of Gimli, Dunnottar, Winnipeg Beach, Matlock and a group from Arborg.

Their services include:

- Supporting school leadership programs.
- Helping local sports teams.
- Working with the Gimli Yacht Club with their Save the Lake Program



EXPRESS PHOTOS SUBMITTED

Changes to provincial regulations forces Gimli's Kiwanis Club food and donut trucks out of service.

- Science day camp
- Evergreen Basic Needs and other community organizations

One of their most significant projects was building a playground at Sigurbjorg Stefansson elementary school in Gimli, which was \$25,000. They also contributed to playgrounds in Dunnottar, Winnipeg Beach and one in Gimli Park.

These are only a few ways the club has given back to the community over the years.

"All our fundraising efforts go back into the community," said Heather Ritchie, past president of the Kiwanis Club.

Most people would recognize the club by the food trucks

that they operate within these communities, selling food at events, but most importantly they focus on providing services to children in the area.

"Our main focus is helping the children in the area, but we've also helped the seniors in the past. Over the years, people have sent in a letter when they are personally in need or know someone who is in need, so we also give funds that way more discreetly," said Fran Lewis, the treasurer of the Kiwanis Club.

During their spring inspection last month, the club's food trucks were put on a sudden hold due to a change in health and safety guidelines for rural Manitoba within the last year.

This sudden halt on their food truck operations has drastically affected their source of income, as the food services their trailers provide are their main source of revenue, ensuring the programs and services they run in the community can continue.

For many years, their food and donut trailers have been their main source of income.

As of this spring, every restaurant and food truck needed to be certified under what used to be just Winnipeg's regulations, said Gord Anderson, president-elect of the Kiwanis Club.

These changes meant that their trailers had to pass a Manitoba provincial gas and electrical inspection and a health inspection.

The current president of the Kiwanis Club, Lynn Hoplock, said that the food trucks had to undergo these inspections because they didn't have the electrical or gas inspection plates on them because it was never required before.

On June 28, both food trailers underwent an inspection due to the changing guidelines within the province.

Both trailers passed the regular health inspection but did not pass the new Manitoba provincial regulations for gas and electric.

"Our food trailer is 37 years old, so at the time it was built, their regulations now compared to then are very different, so that's what put us in this situation where we have to do extensive work to fix what we have and financially it's not worth it," said Hoplock.

The amount of replacements that the trailers need for the club to be able to use them again exceeds the cost they can afford.

All propane lines need to be replaced, electrical needs to be repaired, metal sheeting on the walls and ceiling and

Continued on page 20



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\$12.00, Admission at the door.

For info contact Nancy 204-643-5133

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Please RSVP to Emily Halldorson, Ukraine Response Coordinator, MANSO at (204) 272-0875 or e.halldorson@mansomanitoba.ca

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Monday, August 22, 2022

7:30 p.m.

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 JULY 29 – AUGUST 1, 2022

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# SPIRIT OF ICELAND

ANDI ISLANDS

JULY 29 – AUGUST 1, 2022

## CONTESTS

- 50/50 – [raffle.link/icelandicfestival](https://raffle.link/icelandicfestival)
- Running Races (Virtual Category) – 1 Mile, 5K and 10 Mile
- Sandcastle Photo Contest
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## FRIDAY JULY 29, 2022

TIME	EVENT	LOCATION
12:30–5:30 PM	Viking Village.....	Harbour Park
3:00–3:30 PM	Viking Kiddie Shield.....	Harbour Park
3:00 –11:00 PM	Food Vendors.....	First Avenue
4:00–4:30 PM	Viking Battle.....	Harbour Park
4:00–11:00 PM	Vingólf Beverage Gardens.....	Gimli Harbour
5:00–11:00 PM	Wonder Shows Midway and Rides.....	Gimli Park
7:00–8:00 PM	Volunteer Meeting–Get Involved!.....	Vingólf Beverage Gardens
7:00 PM–12:00 AM	Friday Night at the Harbour–Live Music.....	Gimli Harbour



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# SATURDAY JULY 30, 2022

TIME	EVENT	LOCATION
8:00 AM-12:00 PM	Pancake Breakfast.....	New Horizons Centre
8:30 AM	Beach Volleyball Tournament Registration.....	Gimli Beach North
9:00 AM	Beach Volleyball Tournament.....	Gimli Beach North
9:30 AM	Sandcastle Contest Registration.....	Gimli Beach North
10:00 AM	Sandcastle Contest.....	Gimli Beach North
10:00 AM-6:00 PM	Craft, Commercial, Not-Profit Vendors .....	Gimli Harbour
10:00 AM-11:00 PM	Food Vendors.....	Gimli Harbour
10:00 AM-5:00 PM	Art Show .....	Lakeview Resort-Darren Hall
11:00 AM-5:30 PM	Viking Village.....	Harbour Park
12:00-6:00 PM	Children's Entertainment - BIG GAMES.....	Gimli Harbour
12:00-4:00 PM	Magnús Ver Magnússon Strongman Competition.....	Viking Statue
12:00-11:00 PM	Wonder Shows Midway and Rides.....	Gimli Park
1:00-11:00 PM	Vingólf Beverage Gardens.....	Gimli Harbour
1:00 PM	Icelandic Fashion Show.....	Gimli Theatre
3:00-3:30 PM	Viking Kiddie Shield.....	Harbour Park
3:00 PM	Get Dinged! Become an Honourary Viking!.....	Vingólf Beverage Gardens
4:00-4:30 PM	Viking Battle.....	Harbour Park
8:00 PM	Music on the Rooftop-Live Music.....	Waterfront Centre, Johnson Hall
7:30 PM-10:30 PM	Saturday Night at the Harbour-Live Music.....	Gimli Harbour Stage
10:30 PM	Harbour Fireworks.....	Gimli Harbour

## EVENT SCHEDULE 2022

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# EVENT SCHEDULE 2022

## SUNDAY JULY 31, 2022

TIME	EVENT	LOCATION
8:00 AM	10 Mile Road Race.....	Winnipeg Beach Park
8:00 AM-12:00 PM	Pancake Breakfast.....	New Horizons Centre
8:05 AM	5 Kilometre Road Race.....	Gimli Park
8:30 AM	Jan's One Mile Fun Run.....	Gimli Park Pavilion
10:00 AM-4:00 PM	Icelandic Culture and Heritage Pavilion.....	Gimli Park Pavilion
10:00 AM-4:00 PM	Amma's Kitchen.....	Gimli Park Pavilion
10:00 AM-5:00 PM	Art Show.....	Lakeview Resort-Darren Hall
10:00 AM-6:00 PM	Craft, Commercial, Not-Profit Vendors.....	Gimli Harbour
10:00 AM-9:00 PM	Food Vendors.....	Gimli Harbour
11:00 AM-5:30 PM	Viking Village.....	Harbour Park
12:00-4:00 PM	Magnús Ver Magnússon Strongman Competition.....	Gimli Beach
12:00-11:00 PM	Wonder Shows Midway and Rides.....	Gimli Park
1:00-9:00 PM	Vingólf Beverage Gardens.....	Gimli Harbour
1:00 PM	Fris-Nok Tournament.....	Gimli Park
1:00-2:30 PM	Icelandic Film Screening.....	Lady of the Lake Theatre
2:00 PM	Music and Poetry in the Park.....	Gimli Park, Main Stage
2:30-3:30 PM	Icelandic Roots Workshop.....	Lady of the Lake Theatre
3:00-3:30 PM	Viking Kiddie Shield.....	Harbour Park
4:00-4:30 PM	Viking Battle.....	Harbour Park
7:00 PM-12:00 AM	Alternative Folk Festival-Live Music.....	Gimli Park, Main Stage

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# MONDAY AUGUST 1, 2022

TIME	EVENT	LOCATION
9:00 AM	Parade Registration .....	Gimli Rec Center
10:00 AM	Parade.....	Gimli Rec Center
10:00 AM-4:00 PM	Craft, Commercial, Not-Profit Vendors .....	Move to Gimli Park
10:00 AM-5:00 PM	Food Vendors.....	Gimli Harbour
10:00 AM-3:00 PM	Art Show .....	Lakeview Resort-Darren Hall
12:00-4:00 PM	Viking Village.....	Harbour Park
12:00-4:00 PM	Amma's Kitchen.....	Gimli Park Pavilion
12:00-4:00 PM	Icelandic Culture and Heritage Pavilion.....	Gimli Park Pavilion
12:00 PM Opens	Wonder Shows Midway and Rides.....	Gimli Park
12:20-2:00 PM	Family Sports.....	Gimli Park
1:30-2:00 PM	Viking Kiddie Shield.....	Harbour Park
1:40 PM	Scholarship Award.....	Gimli Park, Main Stage
2:00 PM	Traditional Program.....	Gimli Park, Main Stage
2:30-3:00 PM	Viking Battle.....	Harbour Park

# EVENT SCHEDULE 2022



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# Water woes continue to wreak havoc



EXPRESS PHOTOS BY RAYME THOMSON, TEE-JAY FURGALA AND MICHELLE GRATTON

Water woes are rippling through the Interlake where last week's rainfall led to more flooding. On July 18 and 19, virtually every Interlake community experienced heavy rainfalls that drenched the communities with three to seven inches of water. The torrential down pouring caused flash flooding in Gimli and Winnipeg Beach, overflowing ditches.

## > TRUCK, FROM PG. 14

new insulation needs to be installed, the fire suppression needs to be lowered and put back up. The food truck also requires a smaller grill, and the propane tank needs to be changed to meet the new code.

The donut truck needs all the same repairs as the food truck, but it also needs a fire suppression system installed. The donut machine is not approved by the Canadian Standards Association (CSA), so it also needs to be replaced.

"The donut truck hasn't been in operation since last summer, so we've lost a lot of money there," said Hoplock.

As the trucks need an excessive amount of repairs, the club has decided to completely replace the trailers and look for new ones, which will cost them around \$60,000.

The club does not currently have the funds to be able to replace the two food trucks, so they are asking for donations from the community in order to purchase new ones.

"It's really important for people to realize that because the food and donut trailer is the majority of the funds of our existence to be able to do things for the community, if we can't go forward and purchase another food trailer to keep our money functioning all year round, unfortunately, it will be programs in the community that are going to suffer because we will not be able to provide all the things that we do," said Hoplock.

The club has a few ways they plan to raise funds for new food trucks, but it's not enough to do it on their own — they need help from the community.

They are going to do as much as they can for their 10th annual Caberé at the end of September, where they said they have a lot of support from their local corporations and community to raise funds.

Every Saturday — besides the two weekends of the Gimli International Film Festival and the Icelandic Festival — a band will be playing at the dock in Gimli, sponsored by the RM, where the club will be doing a 50/50 draw.

The club will continue to do this through the summer whenever a band is playing to help raise funds for the food trucks.

"The RM of Gimli has been pretty gracious to us. ... The 50/50 draws have been fairly lucrative to the club," said Hoplock.

They will also be doing a raffle within the next month and, new this year, Grey Cup tickets. All funds raised will be utilized to replace the two food trucks. For more information, questions or if you can help out the Kiwanis club in any way, please contact [kiwanisgimli@gmail.com](mailto:kiwanisgimli@gmail.com).

# Countdown to Stonewall Quarry Days Aug. 19-21

By Jennifer McFee

The countdown has begun to one of the most anticipated events of the summer.

Stonewall Quarry Days is coming back after a two-year pause, with excitement building for the popular event this year — and for many years to come!

The weekend-long event will be jam-packed with family fun from Friday, Aug. 19 to Sunday, Aug. 21.

To kick off the festivities, The Washboard Union will draw crowds for a musical performance (sponsored by Access Credit Union) starting at 8 p.m. on the Friday at Veterans Memorial Sports Complex (VMSC).

After the concert, a fireworks display (sponsored by Rockwood Quarry Producers) will light up the sky starting at 10 p.m.

The Friday night street dance (sponsored by Maple Leaf Construction) will feature live music by hometown band Past the Perimeter at the Legion Beer Gardens starting at 10:30 p.m.

On the Saturday and Sunday morning from 8 a.m. to noon, a pancake breakfast will take place at the Stonewall Legion Hall.

The annual Stonewall Quarry Days parade will start at 11 a.m. from VMSC, meandering down 3rd Avenue South and 5th Street West to end on 1st Avenue North. All are wel-

come to submit a float for the parade, and applications are available on the Stonewall Quarry Days website.

During the day on Saturday, Aug. 20 and Sunday, Aug. 21, excitement will abound at the Family Fun Zone (sponsored by TD Canada Trust), located in Memorial Park at the north end of Main Street.

On Sunday, car enthusiasts will be all revved up for the Show 'N' Shine (sponsored by Stonewall Home Hardware). Located at the south end of Main Street and in the VMSC parking lot, this event is open to all classic and special interest vehicles.

Throughout the weekend, you won't want to miss the chance to peruse the wares of local vendors, artists and food trucks.

And, of course, the Wonder Shows Midway will add excitement with rides open throughout the weekend.

Co-chair Toni deLaroque extends gratitude to all the sponsors, including the *Stonewall Teulon Tribune*, who help make this fun-filled event possible.

More information about Stonewall Quarry Days is available on the website at [www.stonewallquarrydays.ca](http://www.stonewallquarrydays.ca), which was designed by one of the committee members. In addition, Little Quinn's Design Co., a local small business, designed the eye-catching new logo.



EXPRESS PHOTO SUBMITTED

The Washboard Union is one of Canada's pre-eminent country bands with 10 songs that celebrate the simple joy of life.

Updates will also be posted on the [Stonewall Quarry Days social media](#) pages.

## Gimli's heritage committee releases a book about community's notable citizens

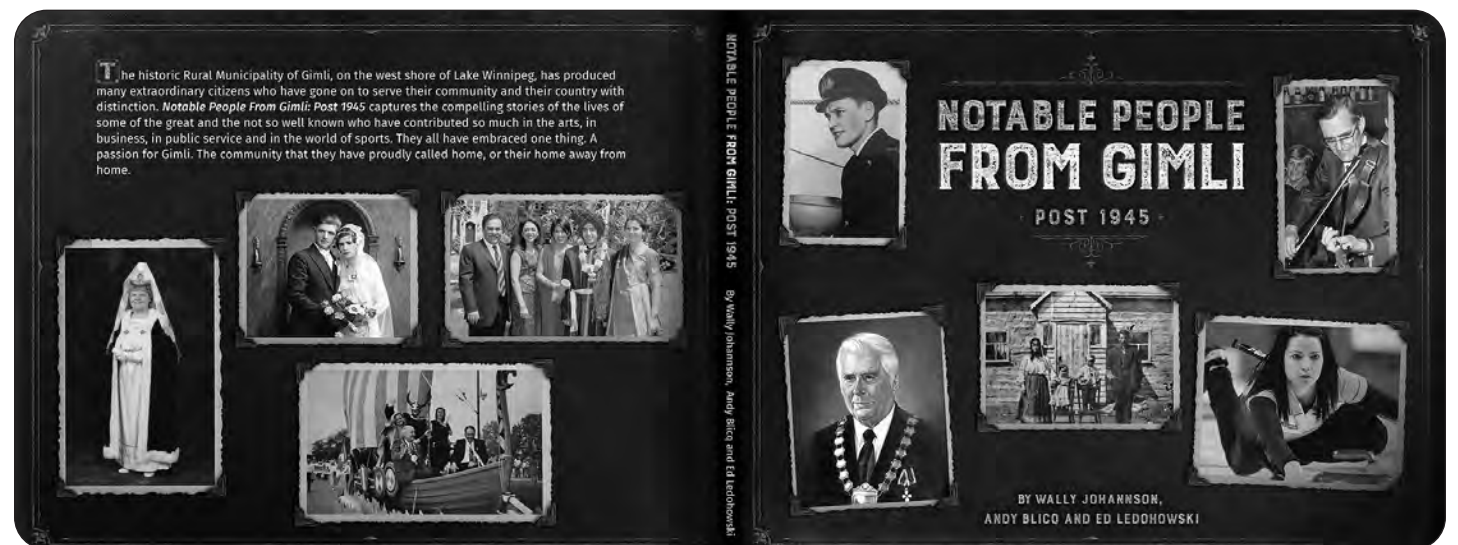
Staff

A new book celebrating 39 of Gimli's notable citizens will be released during the Icelandic Festival weekend.

*Notable People From Gimli: Post 1945* will be available between 10 a.m. and 4 p.m. on Sunday, July 30 and Monday, Aug. 1 at the pavilion in Gimli's park.

The book is a non-profit project — the product of four years of work by Gimli's Municipal Heritage Advisory Committee. The limited edition press run of copies will be on sale at the pavilion for \$25. It will also continue to be available at the H.P. Tergesen and Sons Store in Gimli and the New Iceland Heritage Museum.

On the 150-plus pages, readers will find stories and pictures about some of Gimli's well-known and not-so-well-known citizens who made their mark in the years following the Second World War. Among them are leading local, provincial and federal



EXPRESS PHOTO SUBMITTED

*Notable People from Gimli Post 1945* is on sale for \$25 and will be available at Gimli's pavilion on July 30 and Aug. 1.

politicians, community activists, educators and leading figures in the arts and in the world of sport.

The book was created by Wally Johansson of Gimli, with editing help from Andy Blicq and research and

design efforts by Ed Ledohowski. The project was financed by the Municipality of Gimli's heritage advisory committee and with a grant from the provincial government's Historic Resources Branch.

Please contact Andy Blicq, chair of the Gimli Municipal Heritage Advisory Committee, for further information at 204-799-9622 or [andy@4thavenueproductions.com](mailto:andy@4thavenueproductions.com).

# My Viking Lady of the Lake: bringing to life how people deal with challenges

By Autumn Fehr

Many stories have come out of past and present pandemic times.

When going through challenging times like these, there is much we can learn by how we cope with them and how we change from them.

On June 15, Glenn Sigurdson released *My Viking Lady of the Lake*, a collection inspired by the pandemic.

This collection is a companion to his novel *Vikings on a Prairie Ocean*, which was released in 2014.

It's not a sequel, but they flow together and support each other, said Sigurdson.

He has been working on the stories for this novel since 2014, and even before that, making them complete over the years.

"The notion of writing a major signature novel around Valgerdur and Stefan attracted me, and when I did that, it was about 25,000 words so I thought maybe I can pull all these stories I've been writing together, consolidate them and create an eBook," said Sigurdson.

Through his novel, Sigurdson wanted to bring to life how people deal with challenges, which is certainly prevalent to the pandemic times our world is still going through.

"It's stories about relationships, reconciliation and ordinary people struggling, and they reflect on fundamental values about what's important when you are working through a pandemic. What do I really value in life? And how do I see the world through a different lens when I've gone through my own form of rethinking as a result of forces that are so big that I can't control them," said Sigurdson.

As the COVID pandemic continued, Sigurdson said he often thought of his great-grandparents, Stefan and Valgerdur Sigurdson. They, too, had gone through challenges due to illness when they lost four children in the early years of the 1900s due to tuberculosis, which could have been considered a pandemic in and of itself.

The novel is written in a dramatic format and fictionalized based on true events. It's a series of scenes that unfold around a central story, Sigurdson said.

"Through my family, I'm able to tell a bigger story than just the story of my family. It's really the story of fishing on Lake Winnipeg, its evolution — how it was made possible for this community of people to survive in Canada when they first arrived and were able to build an economy around it; some of the challenges of getting that going and some of the great personalities that peopled that fishery and their integration into a

world where they had to work with Indigenous peoples and other nationalities," he said.

As we all can now say we have been through a pandemic and are still going through one, we can relate to the stories of the characters, Stefan and Valgerdur Sigurdson within Sigurdson's novel. He illuminates their struggles and challenges set in a time before our own.

"Like the uncertainty we faced in these times, in their lives it was tuberculosis that was the great silent killer," said Sigurdson.

Sigurdson's story begins in 1905 with Johannes Sigurdsson, 17, in Hnausa, 18 miles north of Gimli.

At this time, his parents are watching him fade away from tuberculosis, just as they had seen happen to their eight-year-old son Gudrun a year before and their three-year-old son Stefan five years before that.

"The family is struggling with these last hours and days that they are with him. He was the oldest of the boys and, obviously, a lot of promise for the future rested in him," said Sigurdson.

Initially, readers join Sigurdson as a boy, meeting his family and taking in moments of memory throughout his life, as the narration of the journey continues to introduce the reader to the context where the stories are set.

Throughout the story, readers are immersed in the tragedy and events as they reflect on how they had a hand in shaping their lives.

"They flashback in terms of their respective lives and the decisions they made to come from Iceland to Canada," said Sigurdson.

Sigurdson builds their whole life story into these moments, and he forward casts in the final part of the story to show the life that continues to evolve after 1910 forward through Valgerdur's life until she died in 1950.

*My Viking Lady of the Lake* is a complex yet fulfilling story that can teach everyone who reads it something new about how to deal with challenges.

"It's really a bigger story about the emergence of the Icelandic community in Canada and Manitoba, which is the centre of the Icelandic community in terms of its longstanding identity across North America," said Sigurdson.

For more information on the book, and Sigurdson's other published works, such as the companion novel *Vikings on a Prairie Ocean*, visit [www.vikingsonaprairieocean.com](http://www.vikingsonaprairieocean.com).

The eBook, *My Viking Lady of the Lake* is available on Amazon Canada, Rakuten Kobo, Amazon USA and Barnes & Noble.



EXPRESS PHOTOS SUBMITTED

My Viking Lady of the Lake, a collection inspired by the pandemic.



The property at Hnausa where the story is set.



The Lady of the Lake was built in Selkirk in 1896. The first owners of the boat were Johannes and Stefan Sigurdsson of Hnausa.

# Summer severe weather: what you need to know

## Submitted

Who doesn't love summer breezes, blooming gardens and warm walks outside? While there is a lot to love about the season, it can also bring severe weather, like extreme heat, tornadoes and thunderstorms. Don't let dangerous weather sneak up on you. Plan ahead and stay informed with a few easy steps.

Check the weather forecast often.

The more you know, the more you can prepare. Check the weather forecast and current conditions early and often so you know what to expect and can plan accordingly.

Get the forecast online.

If you prefer to get your weather information online, you can find local weather information — including information about hazardous weather and warnings — any time at <https://weather.gc.ca/>.

Get the forecast through the WeatherCAN app.

Environment and Climate Change Canada's WeatherCAN app provides the latest forecast information and alert notifications wherever you are in Canada. Download it from the App Store or Google Play.

Get the forecast by phone.

Have you heard of Hello Weather? It's Environment and Climate Change Canada's automated telephone service. You can call Hello Weather at 1-833-794-3556 or 1-833-79HELLO. It gives weather forecasts, current weather conditions, information on impending hazardous weather, marine weather information, and air quality and health index information. It is available from anywhere in Canada, any time of day or night.

When you call, you will be asked for your location code. If you know your code, you can enter it. You can also search for your code by following the phone prompts. You can find your location code at [canada.ca/helloweather](http://canada.ca/helloweather). Spread the word about this service to anyone who has trouble using the internet and anyone you think would prefer to get weather info by phone.

Plan ahead for severe weather.

Make an emergency kit and an emergency plan so you are ready for severe weather. Learn how at [GetPrepared.ca](http://GetPrepared.ca).

## Extreme heat

Extreme heat can cause illness, injuries and death. It's important to think ahead about what to do in an extreme heat event so that you can take action immediately if needed.

Step 1: Plan ahead.

- Check that your air conditioners or fans work.



- Scope out a local air-conditioned spot to go to if you need a break from the heat.

- Pack cold drinks in your vehicle and fill your tank or charge up so you can leave quickly if needed.

- Plan visits with family or friends on hot days. This is especially important for people who are more at-risk for extreme heat events, like older adults, young children and people with chronic illnesses. It's important to see people in person because signs of heat illness can be missed over the phone.

Step 2: Stay cool and hydrated.

Step 3: Avoid exposure to extreme heat when outdoors.

Step 4: Watch for signs of heat illness, especially heat stroke, which is a medical emergency. Call 911 immediately if you or someone you are caring for has a high body temperature and is either unconscious, confused or has stopped sweating.

Signs of heat exhaustion are:

- skin rash
- muscle cramps
- dizziness or fainting
- nausea or vomiting
- heavy sweating
- headache
- rapid breathing and heartbeat
- extreme thirst
- dark urine and decreased urination

Signs of heat stroke are:

- high body temperature
- dizziness or fainting
- confusion and lack of co-ordi-

nation

- no sweating but being very hot with red skin

## Lightning

Any thunderstorm can produce lightning. A good rule to follow is, "If thunder roars, go indoors." If you hear thunder, you are within striking distance of lightning. The only safe place during a thunderstorm is inside a building or all-metal vehicle (convertibles do not protect from lightning). If you're on the water, get to shore immediately. Check the forecast and current conditions often so you know what to expect.

## Severe thunderstorms and tornadoes

Every year, Canadians are killed and injured during thunderstorms. Severe thunderstorms can develop very quickly, bringing damaging winds, flying debris, heavy rain, lightning, hail, possible floods and even tornadoes. Thankfully, there are usually warning signs. Keep an eye on the sky, watch for weather warnings and listen for thunder.

Tornadoes often develop very quickly, which makes them harder to predict than other types of hazardous weather. It is important to stay informed by checking the weather regularly. Environment and Climate Change Canada will issue watches, warnings and "Broadcast Immediate Alerts" through television, radio and LTE-connected and compatible wire-

less devices when a tornado or life-threatening thunderstorm is happening or is about to happen.

If it looks like strong wind or a tornado is coming, or you hear a warning or a "Broadcast Immediate Alert":

- Go to the basement or a small interior ground floor room.

- If you don't have a basement, go to an interior room and shelter under a heavy table or desk.

- Get as close to the ground as possible, protect your head and watch for flying debris.

- Stay away from windows, outside walls and doors.

- If you are in a car, RV or trailer, go to a building with a strong foundation. If this is not possible, stay in your vehicle. Buckle your seatbelt and get below window level. Protect your head from debris.

- As a last resort, lie down in a ditch away from cars and mobile homes. Watch for flooding. Do not hide in a culvert or under a bridge. If you are driving and come to a flooded road, turn around. The water could be deeper than you think, the road could be washed away and the currents could be stronger than they appear.

There is a lot to remember about severe weather and it may seem overwhelming. It might help to put this article up on your fridge or keep it somewhere else so you can refer to it later. Remember: during most severe weather events, the safest place is indoors.

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Manitoba finishes 1-4 at Women's Invitational

By Brian Bowman

Manitoba finished with a 1-4 record at the 2022 Women's Invitational Baseball Championship last weekend in Stonewall.

The host team wrapped up play Sunday with a 12-10 loss to Ontario 2.

Caitlyn Culleton led Manitoba with three hits while Zoe Hicks had 2 RBI.

Ontario 2 scored all of their runs in the first five innings.

Team Manitoba played well all week against the elite competition.

"It was a good week," said Manitoba head coach Jeremy Culleton. "It was the first time that we've ever had a women's team at nationals. We've had 21U before and we've done 16U and the 14U westerns. This is the first year that we've had women's. We were in every game and then in the last inning or so the other team would break out and score a bunch on us. Being competitive was important."

Manitoba started the tournament with a disappointing 28-10 loss to Ontario 1.

Ontario 1 led 8-0 after just two innings but Manitoba closed the gap to 11-10 heading into the seventh inning.

But that's when disaster struck. Ontario 1 had a monster seventh, scoring 17 runs on eight hits and three Manitoba errors.

Later that evening, Manitoba dropped a 10-1 decision to Quebec's



Jamie Johnson (12) of Arborg throws at pitch.

Select team.

On Friday, Manitoba was doubled 8-4 by B.C. The winners took a 4-1 lead after the first inning and never trailed.

Manitoba then earned a thrilling 8-7 comeback win over Saskatchewan in a night game. The hosts trailed 7-3 in the bottom of the seventh inning but scored an amazing five runs for the dramatic walk-off victory.

Arborg's Jamie Johnson had the game-winning RBI.

Wow, what a win.

"It was awesome. We just kind of pulled things together and put a bunch of hits together," Jeremy Culleton said. "It was under the lights so



EXPRESS PHOTOS BY LANA MEIER

Manitoba earned a thrilling 8-7 comeback win over Saskatchewan and finished with a 1-4 record at the Women's Invitational Tournament in Stonewall.

it was a pretty awesome moment for us."

The experience of playing at this tournament will really help all of the girls/women in their baseball careers.

"The nice part is that we have a 21U team leaving (Aug. 9) and these girls will be making that team up and going to Newfoundland for nationals," Jeremy Culleton said. "Some of them are young so they will go to 16U as well. Some of them are going to get an opportunity to play in three national championships which is a rarity. It was nice that we could host one be-

cause it cuts your costs down a lot so that will be great moving forward as we develop girls' baseball."

Jeremy Culleton really wanted to thank Stonewall for hosting the event.

"They did a great job and were great supporters," he said. "This is the third time that the women have been in Stonewall and it never ceases to amaze me how the community comes out and watches ball and supports girls' baseball. I'm very thankful for Stonewall and the surrounding communities and sponsors that they were able to help pull this off for Baseball Manitoba."

## Blue Jays bounced in MJB L playoffs

By Brian Bowman

There is a very good reason why the Elmwood Giants are four-time Manitoba Junior Baseball League champions.

In fact, there are several good reasons.

Elmwood, which finished in first place during the regular season, flexed its muscles in its first-round, best-of-three playoff series against the Interlake Blue Jays.

Elmwood clinched the 2-0 series sweep with a dominating 10-0 victory last Wednesday at Quarry Park. The Giants jumped out to an early lead with four runs in the first inning and then added four more in the second.

"It was one of those games where

things didn't go our way," said Blue Jays' head coach Dave Myers. "They're pretty strong. They have pretty good pitching."

Interlake started the series on July 18 and suffered a very tough 10-9 loss. At one point, the Blue Jays led the Giants 8-3.

"On Monday night, we should have beat them," Myers said. "We just started to make mistakes. It's been a year of that, giving up big innings and you can't do that in junior baseball. All of a sudden they kick the ball around and drop fly balls, stuff like that. Those are automatic outs and you can't do that in this league."

Blue Jays' pitchers Kyle Vandeynes and Thomas Waldner both threw well, said Myers.

Interlake struggled during the regular season with a 4-19 record which placed them last in the eight-team league. But, to their credit, the Blue Jays played much better baseball down the stretch.

"The last seven, eight games, we weren't giving up those big innings," Myers said. "They figured it out. We would give up one or two and get out of it. We kept the games close. We were a lot better towards the end of the year."

Despite the early playoff exit, Interlake's season is not done. The Blue Jays will be hosting the 22U AAA Western Canadian Championships from Aug. 12-14 at Quarry Park in Stonewall.

## Ingram finishes tied for third

Staff

West St. Paul's Brent Ingram finished in a tie for third place at the 2022 Nott Autocorp Men's Amateur Golf Championship.

Ingram fired rounds of 74, 71 and 71 to finish at three-over 216.

Braxton Kuntz won the tournament with a four-under 209, two strokes better than Marco Trsenjak.

Other local athletes included Curtis Markusson (221), Noel Ngo (230), Wesley Hoydalo (232), Ben Bandura (234), Adam Ingram (235), Easton Donohoe (235) and Colby Dudek (240). Missing the cut was Brady Bandura (162) and Jack Einarson (177).



# get inspired

> MEAL IDEAS



## Lentil Bolognese with Veggie-Based Penne

1/2 cup vegetable broth  
1 box Veggiecraft Farms Cauliflower Penne

Toppings:  
fresh basil  
Parmesan cheese  
red pepper flakes

Cook lentils according to package directions. Drain then return to pot and add marinara and vegetable broth. Stir well and simmer over low heat about 10 minutes.

Cook penne according to package directions.

Top cooked pasta with lentil Bolognese, fresh basil, Parmesan cheese and red pepper flakes.

1 cup dry French green lentils or brown lentils  
1 jar (24 ounces) marinara sauce



## S'mores Skillet

6 graham crackers, roughly crumbled, divided

Preheat oven or grill to 350 F.

Place medium heat-proof bowl over medium saucepan simmering with water. Add butter, 1/4 cup chocolate chips and unsweetened chocolate; melt. Remove from heat and allow mixture to cool 15 minutes.

In small bowl, whisk flour, baking powder and salt.

In large bowl, mix eggs, sugar and vanilla. Add chocolate mixture and mix until well combined. Stir in flour mixture. Add 1/4 cup chocolate chips, 1/2 cup mini marshmallows and three graham crackers to batter.

Pour mixture into 8-inch skillet. Top with remaining mini marshmallows, chocolate chips and graham crackers. Grill or bake 10-12 minutes. Remove from grill. Cool 10 minutes and serve.

Prep time: 30 minutes  
Cook time: 10 minutes  
Servings: 6  
8 tablespoons unsalted butter  
3/4 cup semisweet chocolate chips, divided  
2 ounces unsweetened chocolate  
1/4 cup all-purpose flour  
1 teaspoon baking powder  
1/4 teaspoon salt  
2 large eggs  
1/2 cup Domino Light Brown Sugar  
1 teaspoon pure vanilla extract  
1 cup mini marshmallows, divided



## Popcorn Party Pizza

candy-coated chocolate pieces (optional)

Spray 12-inch pizza pan with nonstick cooking spray; set aside.

In large saucepan over medium heat, heat butter. Stir in marshmallows until melted. Stir in popcorn until well coated.

Spread mixture evenly onto prepared pizza pan.

Drizzle red piping gel over "pizza" for "sauce."

Cut small circles (about 1 1/4-inch diameter) from rolled fruit snack and place on pizza for "pepperoni" slices.

Decorate with jellybeans, coconut and candies, if desired. Cool completely before cutting into wedges.

Yield: 8 slices  
Nonstick cooking spray  
3 tablespoons butter  
1 bag (10 1/2 ounces) mini marshmallows  
2 quarts popped popcorn  
1 tube (0.68 ounces) red piping gel  
1 package red raspberry rolled fruit snack  
green jellybeans (optional)  
coconut (optional)

## Expert patient here to help!



Susie Schwartz

By Susie Schwartz

As devastating as the pandemic has been on so many, I will dare say there have been a few positives. (I'd never ask for terrible circumstances to be the catalyst for positive change, but since we are going through it anyway, I for one, will take whatever we can get.) The introverts of the world are finding relief in less social pressure, the chronically ill are thinking, 'I always try to avoid people carrying viruses and stay home if there's the threat of a simple cold,' and some folks needing counselling can actually get to a zoom appointment from their bed, rather than having to find the energy to leave the house. I can think of one more positive:

Support groups are now everywhere online, and readily accessible.

I just looked at my FB account and I am part of seven groups covering an array of my health issues. I have found the M.E. and Gastroparesis groups particularly helpful as they are more rare diseases. I'm continually amazed at how much information other patients have and are

willing to share. And the emotional support is overwhelming. Recently, when my diabetic retinopathy became active again, I posted in one of my Type 1 Diabetes groups about how alone I felt inside my head, and how even though people are understanding, most can never understand. The response was a flood of comments from people recommending top-notch eye clinics in London, fellow patients telling me their journeys with eye disease, virtual hugs, and many offered to stay in touch privately to walk the road with me. These people got it.

As much as my family and friends are supportive, none of them can truly relate (apart from my aunt who lost her husband to Diabetes complications, eye disease included in my uncle's picture), and certainly none of them know the latest retinopathy eye treatments available and where to get them.

As much as I prefer face-to-face connection with people, I'd never have access to these supports if it weren't for online groups. (This does not only apply to health. I have made some tight music connections online during the pandemic as well!) And I'll dare say that patient lived experience is often more helpful than doctor book knowledge, especially considering I can talk with hundreds of patients online, with access to only one doctor.

Take advantage of the positives, yes?

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on FB @medicalmissstress, Instagram @susie.suschwa, and lesshealthstress.com



## Cheeseburger Turnovers

and onions are tender. Drain. Stir in ketchup and mustard.

Separate biscuit dough. On ungreased baking sheet, flatten biscuit dough to form 6-inch rounds. Spoon beef mixture onto one side of flattened dough. Sprinkle with cheese. Top with dill pickle half. Fold dough over filling. With fork tines, press dough edges to seal. Cut two slits in top of dough to release steam. Repeat with remaining dough, beef mixture, cheese and pickles.

Brush each turnover with egg wash.

Bake 18-22 minutes, or until deep golden brown.

1 pound ground beef  
1/2 cup onion, chopped  
2 tablespoons ketchup  
1 tablespoon mustard  
1 can flaky biscuits  
1 cup shredded cheese  
1 dill pickle slices, halved  
1 egg, beaten  
Heat oven to 375 F.  
In large skillet, cook ground beef and onion until beef is thoroughly cooked

# Classifieds



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## Town of Arborg INVITATION TO TENDER FOR Interpretative Walking Trail

The Town of Arborg is accepting tenders for the construction of an Interpretative Walking Trail along the Icelandic River, approx. 6' x 2,460', complete with all materials, labor and equipment

A detailed tender package is available for pick up at the Town Office, 337 River Road in Arborg, between the hours of 8:30 a.m. and 4:30 p.m., Monday – Friday

Deadline for tender submission is 4:30 p.m. on Monday, August 8th, 2022.

The Town reserves the right to reject any or all bids, to waive irregularities and informalities therein, and to award the project in the best interest of the Town in its sole discretion.

Cindy Stansell, CMMA  
Chief Administrative Officer  
Town of Arborg  
P.O. Box 159, Arborg, MB R0C 0A0  
Phone: 204-376-2647 Email: [caoarborg@mymts.net](mailto:caoarborg@mymts.net)



## EMPLOYMENT OPPORTUNITY HVAC TECHNICIAN

Future Mechanical Systems Ltd is seeking HVAC technicians / apprentices / helpers. Future Mechanical Systems Ltd is a well-established business in the Gimli area with over 25 years of service to the Interlake. We are looking to hire a detail-oriented HVAC technician to install, maintain and repair HVAC systems. The HVAC technician will be skilled in cleaning, adjusting, and repairing systems. You will guide and advise the customer to select the most appropriate air quality system to fulfill their requirements. You will be responsible for air quality systems from installation to end-of-life by performing maintenance, warranty, and emergency repairs.

### HVAC Technician Responsibilities:

- Installing, maintaining, and repairing ventilation and air conditioning systems and equipment.
- Identifying maintenance risks on equipment.
- Diagnosing electrical and mechanical faults for HVAC systems.
- Cleaning, adjusting, and repairing systems, and performing warranty services.
- Performing emergency repairs promptly and efficiently.
- Keeping daily logs and records of all maintenance functions.
- Ensuring compliance with appliance standards and with Occupational Health and Safety Act.
- Complying with service standards, work instructions and customers' requirements.
- Assisting with customers' queries.

### HVAC Technician Requirements:

- High school diploma, GED or suitable equivalent.
- If possible, some experience as an HVAC technician, and willingness to continue education in HVAC field. If no experience willingness to be trained.
- Valid driver's license.
- Excellent written, verbal, and interpersonal skills.
- Ability to work some after hours, over weekends and on public holidays.
- Ability to work in confined spaces and with heights.

### Benefits

- Full benefit package
- Company van fully stocked
- Cell phone

If interested, please email resume and three references to: [Futuremechanicalsystems@hotmail.com](mailto:Futuremechanicalsystems@hotmail.com) or contact the office at 204-642-5600.

### SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

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### APARTMENT FOR RENT

Brand new, 2-3 bedroom apartments for rent in Winnipeg Beach. Granite countertops, stainless steel appliances. Starting at \$1,250/mo. utilities extra. Contact 204-612-4650.

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### COMPUTER PROBLEMS

Computer problems - call Darrell in Gimli. Rates starting at \$47.50 residential or \$57.50 business, plus mileage outside of Gimli. Phone 204-641-2910.

### LAKESIDE FLIGHT ACADEMY

Want to learn how to fly? Lakeside Flight Academy is the most affordable in Canada. Recreational, private and commercial certificates. We offer flight training and ground school (air law, meteorology, aeronautics general knowledge) Call 204-642-4799

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## RURAL MUNICIPALITY OF ARMSTRONG PUBLIC NOTICE BOARD OF REVISION for 2023

Public Notice is hereby given that the 2023 Assessment Roll for the Rural Municipality of Armstrong has been delivered to the Municipal Office at Inwood, Manitoba and is open for public inspection during regular business hours. Applications for revision may be made in accordance with sections 42 & 43 of the Municipal Assessment Act:

### APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to

- (a) liability to taxation;
- (b) amount of an assessed value;
- (c) classification of property; or
- (d) a refusal by an assessor to amend the assessment roll under subsection 13(2).

### APPLICATION REQUIREMENTS

43(1) An application for revision must

- (a) be in writing;
- (b) set out the roll number and legal description of the assessable property for which revision is sought;
- (c) state the grounds on which the application is based; and
- (d) be filed by
  - (i) delivering it or causing it to be delivered to the office of The Rural Municipality of Armstrong at Inwood, Manitoba, or
  - (ii) serving it upon the Secretary,

at least 15 days before the scheduled sitting of the Board of Revision.

The Board of Revision will sit on **Thursday, September 8, 2022 at 10:00 A.M.** in the Council Chambers in Inwood in the Rural Municipality of Armstrong to hear applications.

The final date on which applications must be received by the Secretary of the Board is **Tuesday, August 23, 2022 at 4:30 PM.** Dated at Inwood, in Manitoba this 12th day of April, 2022.

Corlie Larsen, Secretary  
Board of Revision  
Rural Municipality of Armstrong  
Box 69, 55 Hwy #17  
Inwood, Manitoba R0C 1P0  
Phone: (204)-278-3377  
Fax: (204)-278-3437

## RECYCLING NOTICE FOR AUGUST/2022

Riverdale Place Workshop Inc. will not be picking up recycling on the below mentioned dates

- Mon. Aug.1/2022 at Riverton business places
- Tues. Aug. 2 at Arborg curbside pickup
- Weds. Aug. 3 at Arborg business places
- Thurs. Aug. 4 at Riverton curbside pickup
- Mon. Aug.15 at Riverton business places
- Tues. Aug. 16 at Arborg curbside pickup
- Weds. Aug.17 at Arborg business places
- Thurs. Aug.18 at Riverton curbside pickup
- Mon. Aug. 29 at Riverton business places
- Tues. Aug. 30 at Arborg curbside pickup
- Weds. Aug. 31 at Arborg business places
- Thurs. Sept. 1 at Riverton curbside pickup

**The workshop will be closed on Monday August 1 Civic Holiday**  
**Please rinse your containers**  
**Thank You for recycling**



**TENDER**  
Tenders are now being accepted for

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*Smaller amounts considered*  
*Please quote price per tonne delivered to Ashern Auction Mart with a brief description of the hay. Please quote price per Large Straw Bales Delivered. Also state what the bales are tied with.*

**Lowest or any tender not necessarily accepted.**  
**Deadline for tender: July 30, 2022**

For more info call:  
**Kirk @ 204-768-0019 (cell)**  
or send quote to:  
**Interlake Cattleman's Co-op Assoc. Ltd. (Hay Tender)**  
Box 599, Ashern, MB. R0C 0E0  
Fax: 204-768-3690  
Email: [icca@mymts.net](mailto:icca@mymts.net)  
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URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a spring/summer event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

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requires a

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A Criminal Record check and Adult Abuse check required.

Additional details and information about the jobs are available at the workshop.

Job Positions:

Mon. to Fri. 8:45 am to 3:45 pm.

**Please send resume or drop off at the workshop to**

Alex Janower Manager

Riverdale Place Workshop Inc.

Box 609 Arborg MB. ROC OAO

Tele- 1-204-376-5584

Fax- 1-204-376-5584

email riverdalew@mymts.net

## FISHER ARMSTRONG PLANNING DISTRICT UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

**RM of Armstrong Zoning By-law No. 5/2022 Being an AMENDMENT to the RM of Armstrong ZONING BY-LAW NO. 6/04 (AS AMENDED)**

**HEARING LOCATION:** RM of Armstrong Council Chambers Lot 55 Highway 17, Inwood, MB

**DATE & TIME:** Tuesday, August 9, 2022, at 1:00 PM

**GENERAL INTENT:** To:  
1. Add definition for "Ecovillage"; and  
2. Add regulations for "Ecovillage"; and  
3. Allow "Ecovillage" as a Conditional Use in the "A1" Agricultural Intensive Zoning District.

**FOR INFORMATION CONTACT:** Corlie Larsen, CAO  
RM of Armstrong  
Lot 55 Hwy 17 Inwood, MB  
ROC 1P0  
Phone: 204-278-3377

A copy of the above by-law and supporting material may be inspected at the Rural Municipality Armstrong Municipal Office, Lot 55 Highway 17, Inwood, Manitoba during normal office hours (8:30 AM to 4:30 PM), Monday to Friday. Copies may be made and extracts taken therefrom, upon request.

Note : Property owners are responsible for notifying lessee.

# Manitoba Government Job Opportunities

## Maintenance Worker

Several Departmental Full-Time Positions & 12-Month Eligibility List  
Manitoba Transportation & Infrastructure, Transportation Operations, Capital Region, Several Maintenance Yards within the Capital Region  
Advertisement Number: 39470  
Closing Date: Open until filled  
Salary Range: LAB (\$35,896-\$38,442) & OR1-4 (\$38,859 to \$46,414); remoteness allowance where applicable

The Manitoba government recognizes the importance of building an exemplary public service reflective of the citizens it serves, where diverse abilities, backgrounds, cultures, identities, languages and perspectives drives a high standard of service and innovation.

The Manitoba government supports equitable employment practices and promotes representation of designated groups (women, Indigenous people, persons with disabilities, visible minorities).

Employment Equity is a factor in selection for this competition. Consideration will be given to women, Indigenous people, persons with disabilities, and visible minorities.

**Current Opportunities:** Manitoba Transportation & Infrastructure (MTI) is currently looking to fill several full-time departmental positions in the Capital region in the following maintenance yards: St. Norbert, Steinbach, Headingley, Sanford, Manigotagan, Piney, Whitemouth/Hadashville, Teulon, Morris, Carman, Warren, Morden, Gimli, Lorette, St. Pierre, Elie, Dominion City, Lac du Bonnet, Altona, and Beausejour.

**This competition will remain open until filled. Resumes will be screened on an ongoing basis with the first round of interviews occurring in September. We encourage all interested candidates in the positions listed above to submit their resumes as soon as possible.**

\*Please note that new employees are hired as Labourers (LAB: \$35,896-\$38,442) and promoted to the Operator (OR1-4: \$38,859 to \$46,414) series once training, orientation, and proficiency-testing milestones are met.

Candidates must indicate their preferred location(s) in their resume and/or covering letter.

Priority consideration will be given to Transportation Operations Division staff currently in the Maintenance Worker Series (LAB/OR) classification.

**Future Maintenance Worker (LAB/OR1-4) Career Opportunities:** A 12 month eligibility list may be established to fill any subsequent vacancies within the Capital Region. If you are not interested in the locations listed, we encourage you to apply in the event a vacancy does become available. \*A list of maintenance yards can be provided upon request.

For a full list of conditions of employment and qualifications, please visit our website at [www.manitoba.ca](http://www.manitoba.ca) and read the full advertisement before submitting your resume and covering letter.

## Duties:

Maintenance Workers (MW's) report to the Area Works Supervisor and receive lead hand direction from the Assistant Works Supervisor. MW's operate and maintain maintenance equipment, small hand and power tools, and perform physical maintenance work associated with highway maintenance activities to ensure the safety of workers and the travelling public while maintaining public infrastructure.

## Apply to:

Advertisement No. 39470  
Service Centre 3, Human Resource Services  
600-155 Carlton Street, Winnipeg, MB, R3C 3H8  
Phone: 204-945-8819 / Fax: 204-948-3382  
Email: govjobs@gov.mb.ca

WHEN APPLYING TO THIS POSITION, PLEASE INDICATE THE ADVERTISEMENT NUMBER AND POSITION TITLE IN THE SUBJECT LINE AND/OR BODY OF YOUR EMAIL.

Applicants may request reasonable accommodation related to the materials or activities used throughout the selection process. Your cover letter, resumé and/or application must clearly indicate how you meet the qualifications.

Please be advised that job competitions for represented positions may be grieved by internal represented applicants. Should a selection grievance be filed, information from the competition file will be provided to the grievor's representative. Personal information irrelevant to the grievance and other information protected under legislation will be redacted.

We thank all who apply and advise that only those selected for further consideration will be contacted.

Find out about other current job opportunities — click on the Jobs button at [manitoba.ca](http://manitoba.ca).

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Any personal information provided including employment equity declarations will be used for employment and/or statistical purposes and is protected by The Freedom of Information and Protection of Privacy Act.

Alternate formats available upon request

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Closes Wed Aug 3rd @ 7:00PM

**Estate & Moving Auction**  
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Consignments Welcome!

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(204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

**NOTICE TO CREDITORS**

IN THE MATTER OF THE ESTATE OF: ANTHONY FUZ, late of the Village of Poplarfield, in Manitoba, Deceased.

ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, 2500 - 360 Main Street, Winnipeg, Manitoba, R3C 4H6, on or before the 28th day of August, 2022.

DATED at Winnipeg, Manitoba, this 19th day of July, 2022.  
PITBLADO LLP  
Attention: Leith Robertson  
Solicitors for the Estate of Anthony Fuz

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## take a break > GAMES

### SUDOKU

					9		3	1
6	2							9
					7	5		
		6		9		7		4
7							9	2
9	1							
	6		3			2		
5			6	4				
							4	8

Level: Intermediate

**Fun By The Numbers**

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

**Here's How It Works:**

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	7	9	5	7	6	2	3	1
3	1	6	2	4	9	7	8	5
7	5	2	8	1	3	6	9	4
5	9	3	4	2	7	8	1	6
2	6	1	9	5	8	3	4	7
4	8	7	3	6	1	9	5	2
9	2	5	7	8	4	1	6	3
6	7	8	1	3	5	4	2	9
1	3	4	9	6	2	5	7	8

Sudoku Answer

	D	E	T		T	T	D	E	
	E	T	V	E	O	V	N	E	Z
A	V	M	V	G	H	V	D	E	D
T	E	I	M	E	R	V	N	I	N
D	E	T	E	N	V	F	V	I	T
E	O	V	O	C	S	V	G	E	P
N	V	H			S	S	S	E	R
E	T	I	S	S	E	S	S	E	R
	N	E	A	E	T	I	A	E	
S	N	O	O	G	V	T	A	E	R
D	E	G	G	V	B	T	S	E	R
V	D	N	V	M	B	V	C	S	O
	V	A	V	A	O	D	V	E	R
	T	D	D	G	I	D	R	D	F

Crossword Answer

## CROSSWORD

**CLUES ACROSS**

- America's WW2 President
- Move earth
- Insecticide
- Naturally occurring solid material
- State of fuss
- Bhutanese wine
- Greek island
- Taxi
- Tanzanian ethnic group
- Metrical foot
- Boasted
- Eel-like vertebrate
- Small freshwater lakes
- Morally base
- Not odd
- Where you live
- Fixed in place
- A very large body of water
- Moved quickly
- Winged horse
- Small waterfall
- Hoopster Gasol
- One who mimics
- Tropical plant
- Used of walls
- A citizen of Iran
- Christian hermit
- She marries the groom
- American patriotic society
- Wine grape
- School of Buddhism
- A team's best pitcher
- Consumed
- Time zone
- Part of a company name
- Type of bulb

**CLUES DOWN**

- Marine protozoan
- You use it for your eyes

		1	2	3		4	5	6		7	8	9					
							11				12						
13	14						15				16			17	18		
19						20		21	22								
23										24							
								25			26						
27	28	29									30			31	32	33	
34														35			
36						37	38	39	40		41	42	43	44			
										45				46			
47	48	49									50				51	52	53
54											55						
56									57	58			59				
		60							61				62				
		63							64				65				

- Set aside for a later time
- Metrical foot
- Famed journalist Tarbell
- Consumes quickly
- Rewards in a civil suit
- Kamodo are some
- Ballroom dance
- Chum
- Comedienne Gasteyer
- A room to relax
- Commercials
- Six (Spanish)
- Wild party
- Small European viper
- Baseballer Gordon
- Eccentric person
- A way to save for your future
- Young boy
- Midway between northeast and east
- Changed
- Prominent
- Genus of seabirds
- Event regarded as wrong
- Skipped in a lively way
- Multi-function radar (abbr.)
- A country in W. Africa
- Burn a corpse
- Women's \_\_\_ movement
- NHL great Bobby
- Coarse, green material
- Treated with calcium oxide
- When you hope to get there
- "Partridge" actress Susan
- What thespians do

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## Town of Winnipeg Beach NOTICE OF RESULTS FOR THE 2022 MUNICIPAL ELECTION

The following are the results of the 2022 Municipal election and are in effect as of 12:00pm July 23, 2022.

### For the office of Mayor

Pamela Jackson has been declared Mayor of the Town of Winnipeg Beach.

### For the office of Councillor

Jean Gendron, Barry Hoel and Douglas Jarvis have been declared Councillors of the Town of Winnipeg Beach.

Dated at Winnipeg Beach, Manitoba, July 23, 2022

Pat Green, Senior Election Official (SEO)

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Rural Municipality of  
**FISHER**

Box 280, Fisher Branch, MB, R0C 0Z0  
Tel: 204-372-6393, Fax: 204-372-8470

## EMPLOYMENT OPPORTUNITY

### UTILITY OPERATOR Weekend Part-time

The Rural Municipality of Fisher invites applications for the position of a Utility Operator.

This is a Saturday, Sunday and Statutory Holiday relief position.

Duties include taking readings at water plant and completing daily reports. This position requires successful applicant to be on-call each day of scheduled work. Compensation includes on-call and vehicle allowance.

Open until suitable candidate is found.

For further information regarding this position, please contact the Rural Municipality of Fisher at 204-372-6393.

Kelly Marykuca, Chief Administrative Officer  
Rural Municipality of Fisher  
Box 280 Fisher Branch, Manitoba R0C 0Z0  
[fishercao@mymts.net](mailto:fishercao@mymts.net)  
Tel: 204-372-6393

## Facility Assistant I **VITERRA** Rosser, MB

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You can contribute to the future of the agriculture industry by becoming a Facility Assistant I with Viterra. As a Facility Assistant I, you are responsible for tasks associated with receiving grain, loading railcars and trucks for shipment, taking grain samples and analyzing grain commodities, and general labour within the facility.

Please apply online or drop a resume off at the facility 2 miles west of the Winnipeg perimeter on Hwy 221.



## McSherry Auction Service Ltd

### Online Farm Equipment Auction with Vintage Massey Products

The Late **GARRY GRZYCKI (Gloria)**  
Closing Time of Thursday August 18th, 2022, at 1 PM  
Location: West of Garson Manitoba Junction 44 + 212  
South on 212 for 2 miles, East 2 Miles on Melrose rd  
1/8 Mile South on Edgewood  
Contact # 204-981-8065

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[www.McSherryauction.com](http://www.McSherryauction.com)  
for bidding, viewing & detailed listings.  
Contact 204-981-8065 or  
McSherry Auction at 204-467-1858 for more info.

## EMPLOYMENT OPPORTUNITY



**Playstreet Childcare Inc.**  
is looking to hire staff to fill  
the following positions,  
for our Gymnasium Facility  
in Teulon, MB

### Early Childhood Educators Child Care Assistants

#### Qualifications

- Vulnerable Sector and Criminal Check
- CPR and First Aid Certification
- Be a good team player
- Energetic and ready to play
- Must be nurturing, kind and positive
- Training and education an asset
- Must be flexible to work between 7:00 am to 6:00 pm, Monday through Friday!

Please email resume to  
[playstreetcc@gmail.com](mailto:playstreetcc@gmail.com) or by mail  
to Playstreet Childcare Inc., Suite 14  
Building B, 112 Beach Road E.,  
Teulon, MB R0C 3B0



Timed on-line auction for Bill and Jan Lightly, Hwy 3, Brunkild, MB, closing Aug 5.  
Payment and pickup Aug 6 from 9 am to 2 pm. Good shop tools, like welders, air compressor, Special tools, etc. Good yard equipment, 1968 Volvo project car, Sebring car kit purchased in 1990, still in shipping crate, see [www.billklassen.com](http://www.billklassen.com)

Timed on-line auction for Betty Jensen and estate of the late Brian Jensen, closing Aug 12, 6 pm. Payment and pickup, Saturday, Aug 13, 9 am to 5 pm at the farm 3 mile east of Inwood, MB on Hwy 229. 2004 Oldsmobile, 4 door sedan, 2004 Chev 2500 pickup 102000 km, JD 920 Industrial tractor w/ loader, IHC B 414 diesel tractor, MF 135, 65, AND OLIVER gas w/ forks, small bobcat w/ bucket and forks, all run and drive, also project motor home, tools and household, antiques, etc. See all at [www.billklassen.com/nextlot](http://www.billklassen.com/nextlot)

35th Annual Consignment Auction, TIMED ONLINE closing, Saturday July 30, payment and pickup will be Monday Aug 1. 9 am to 4 pm at the auction yard 3/4 mile south of Hwy 3 and 14 Hwy. Winkler, Morden. This auction will have a wide variety of items from machinery to tools cars, trucks, RV, Lawn and Garden etc.

Yard is being filled up as we speak. SEE THE LINE UPS AT  
[www.billklassen.com](http://www.billklassen.com) 204-325-6230, 204-325-4433



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## CARD OF THANKS

The family of the late David Blahey would like to thank everyone for their recent kindness in the sudden passing of our husband, father and grandfather David. Thank you to everyone for the hugs, visits, food, phone calls, emails, cards and support.

We would like to thank the paramedics, and the RCMP, who responded so quickly to our call that day. Thank you to Rev. Father Chorney and Rev. Father Dziadyk for leading the funeral service at the Silver Hall and the Skylake Cemetery. Niece Jennifer Berry delivered a touching eulogy and we thank all the nieces and nephews who served as pallbearers. Many thanks to Broad Valley Catering for serving the delicious lunch at the service.

The family deeply thanks Ken Loehmer of Ken Loehmer Funeral Services for his professional and compassionate care with the family as arrangements were made.

We miss David every day.

-Ruth, Michael and Brad Blahey and their families.

## CARD OF THANKS

The family of the late Phillip Daniel (Danny) Bottrell wish to express their sincere gratitude to all of our extended families, friends and neighbours for the many acts of kindness, phone calls, food, visits, cards and the compassion shown to us in the loss of our dear father, grandfather and great-grandfather.

A special thank you to Reverend Melanie Kauppila for the beautiful memorial service. A big thank you to the Eriksdale Museum Board for preparing and serving a delicious luncheon. To Danny's grandchildren Michelle, Samantha, David and Cassidy for the truly memorable eulogies and Michelle for the wonderful video presentation. To grandchildren Tristan and Chelsea as urn bearers.

Thank you to John and Karen Gray of Arnason Funeral Home for their care, compassion and understanding with arrangements.

Your support at this difficult time was very much appreciated and of great comfort to all the family.

Thank You

## OBITUARY

William Weik

December 16, 1923 - July 7, 2022

It is with deep sadness that we announce the passing of our father, grandfather, great-grandfather, brother, uncle and friend, William, at the age of 98 at the Fisher Branch Personal Care Home.

He leaves to mourn his passing his children Karen (Larry), Debbie (Eric), Glen, Sally (Warren), Ernie (Tracy); grandchildren Nicole (Robert), Rachelle (Keith), Deni, Willie (Amor), Stacey (Jason), Jen, Mike (Mel), Brooke (Chris), Leif, Kristin, Amy, Jordan, Keith (Emily) and Kayla (Blair); great-grandchildren Nigel, Theo, Taylor, Dakota, Jayden, Macy, Arianna, Ava and Molly. He also leaves his sister Lee and numerous nieces and nephews.

He was predeceased by his wife Erica; sons Bob and Don; brother Charlie and sisters Margret, Elsie and Kay.



Dad was born on December 16, 1923 and the first years of his life were spent on the family homestead in Rosenburg. In 1929 the family moved to the Homer district. It was here that Dad grew up and worked along side his parents and siblings.

In 1948 he married Erica and together they took over the farm from his parents who retired to Arborg. As they began their family together Dad would work in the bush cutting lumber in the winters and work clearing land in the summers. Over the years they were able to purchase more land as it became available and build up their mixed farming operation.

Dad was active in the local community serving on the local school board as well as the Red Cross. In 1996 Dad sold the farm to Glen and Ernie and he "retired". For the first few years of his retirement Dad filled his days driving tractor when needed during seeding and combine at harvest, going to town to pick up parts and helping repair equipment when it broke down. Eventually he began to slow down and take a more supervisory role but was always available to provide a hand or advice when needed.

In 2009 Dad and Mom made the move from the farm to the Assisted Living Facility in Arborg where they spent their remaining days. Dad's greatest joy in his later years came from trips back to the farm to check the crops. He took immense pride in knowing that the farm he and Mom had worked so hard to establish was being carried forward, first by his sons and then by his grandson. Although at first a little skeptical of the changes to his long time home, he couldn't stop smiling when he saw the finished product, knowing that Keith and Emily had made it their own.

Another thing that would always bring a smile to Dad's face was his grandchildren and great-grandchildren. He was always thrilled to see them and even just hearing news of what they were doing brought him joy.

A heartfelt thank you to the staff and the management at the Assisted Living for their "above and beyond" care for Dad and to his homecare team who cared for him with respect, dignity and compassion.

Dad had a long and full life and it was only during the last few months that he spent first in the Arborg Hospital and the in the Fisher Branch Personal Care Home.

The family would like to thank Dr. Donnelly and the nurses at the Arborg Hospital as well as the staff at the Fisher Branch Personal Care Home for their exceptional care while Dad was with them.

As was his wish, cremation will take place and a private interment will take place at the Homer cemetery.



## OBITUARY

Constance (Connie) Ostertag

On Sunday, July 24, 2022 at the Gimli Betel Home, Constance Ostertag, aged 85 years, beloved wife of Charles (Charlie), passed away.

Full obituary to follow.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Gimli in care of arrangements.



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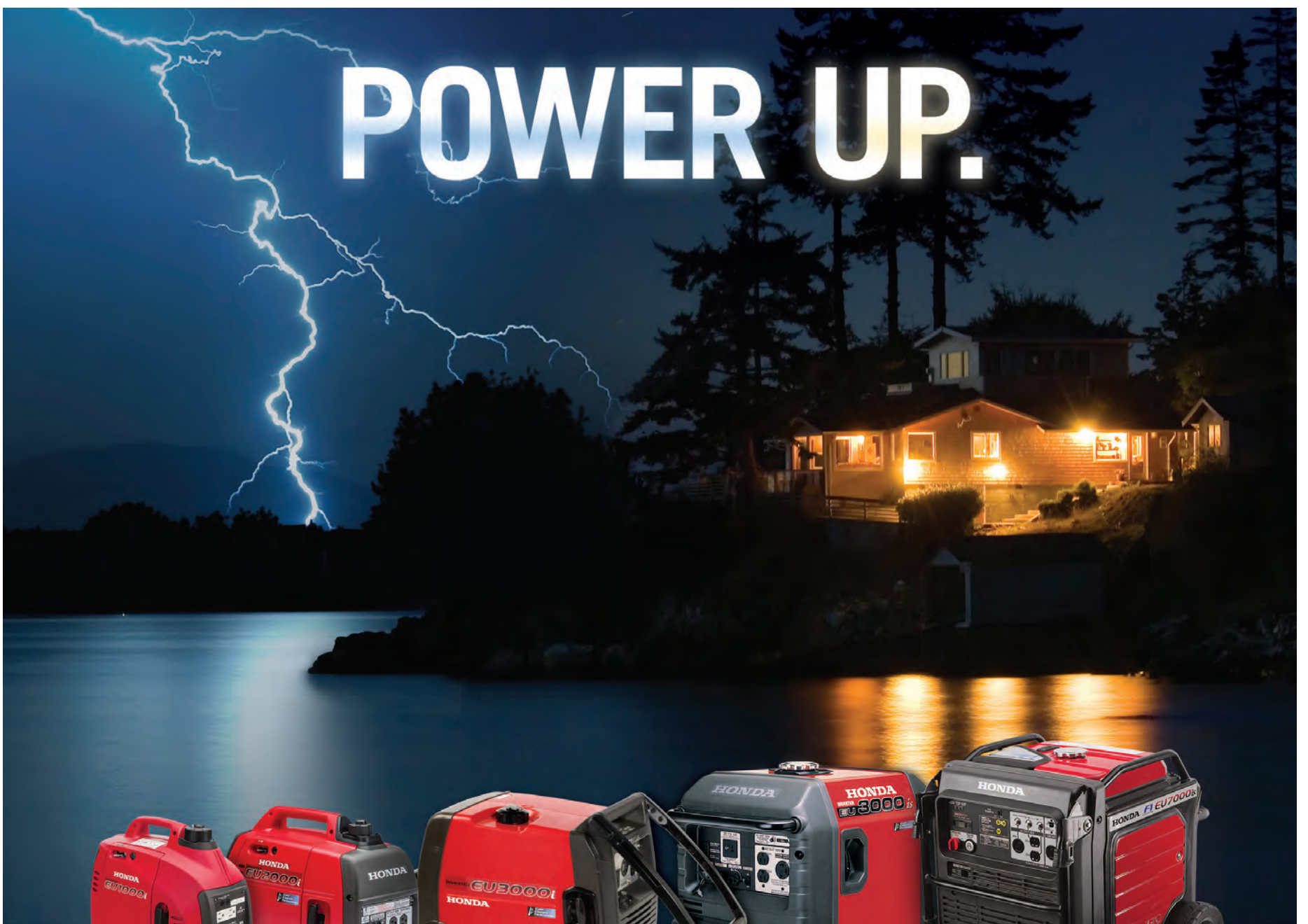
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