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Running with fire

EXPRESS PHOTO BY PATRICIA BARRETT

Canada Summer Games president Jeff Hnatiuk, left passes the torch to Danny-Jo Luprypa, the No. 1 torch bearer from Gimli. The Gimli Yacht Club will host the upcoming sailing competition for the 2017 Canada Summer Games from July 30 to Aug. 4. See story pg. 4.

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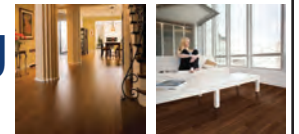
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Keeping a church's history alive and well

Erinview Church holds fundraiser for building's improvement

By Ligia Braindotti

Erinview Church has been serving communities in Manitoba for over a century, and it needs a hand out to make improvements in its cemetery grounds.

The church, originally called All Saints Anglican Church and located in the RM of Woodlands on the shore of East Shoal Lake, was built and established as the area's Anglican church in 1884. The well-preserved build was designated as a Municipal Heritage Site in March 2001.

Joy Ogilvie, president of the Erinview Church Cemetery, said the community has helped out with keeping the building upright. Ogilvie and her husband Jack own and operate the Erinview Campground and do most of the grass cutting and cleaning of the church and its cemetery. The community comes in full force for larger projects such as cutting and planting trees and repairs. Despite personal obligations, many community members come out to lend a hand when it's needed.

"It's the way it is now because of a community effort. Our community is pretty good when it comes to something like this. Everybody chips in and help out," Ogilvie added.

Erinview Church holds services twice a year — one on the third Sunday of August and another one on the evening of Thanksgiving. The church has a historical importance for the community, Ogilvie added, and the cemetery is of particular significance because many generations of families are buried there. Ogilvie said the cemetery draws people in from a wide area.

"It's important to keep it the way it was 133 years ago. It's (important) for the community, but there are also people from other places that have family members buried there. They are not living in the community, but they are involved with us in this fundraiser."

Their fundraiser event happens on Saturday, July 29, at the church with CSI Bluegrass Band from Stonewall kicking off the afternoon with live



EXPRESS PHOTOS SUBMITTED

Erinview Church hopes to raise \$3,000 to install a new fence and plant trees on its building and cemetery site.



CSI Bluegrass Band will kick off the event on July 29 with their music at 2:30 p.m.

music at 2:30 p.m. At 5 p.m. there will be a pork supper served, which is being donated from the New Haven and Clearwater Hutterite colonies.

Tickets cost \$15 and must be purchased in advance by contacting Ogilvie at 204-279-3385. There are limited seats available — only 200 tickets — and as of July 14, they had sold more than half of it. Their goal is to raise \$3,000 with ticket sales, and the money raised will be used to put a new fence on the cemetery and for the planting

of new trees for the lot.

The church is located 45 minutes northwest of Winnipeg on the eastern shore of East Shoal Lake on 94 Road North. Turn west off of Highway 7 onto Provincial Road 415 near Teulon then travel west on PR 415 for 20 kilometres to the stop sign in the junction of PR 322 and PR 415. Continue west through the intersection and follow the gravel road for another five kilometres to Erinview Church.

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Kiwanis Club raise funds for Dunnottar Community Centre playground

By Patricia Barrett

The Kiwanis Club of Gimli & District paid a visit to the Dunnottar Community Club last Saturday with a cheque for \$1,857.15 that will be used for upgrades to the club's playground.

The money was raised from public donations during a recent Kiwanis Tag Day event.

The club was in the midst of a Mini Canada Games celebration when Kiwanis' Lt.-Gov. Terry Sekhon and president Gordon Anderson arrived bearing the hefty cheque.

Irene Waldvogel, who sits on the Dunnottar Community Club's planning community, said the club holds the Canada Games event every year in which the kids make provincial and territorial flags, take part in games and enjoy a hearty feast.

The community club had asked the Kiwanians whether they could help them defray the costs of new playground equipment.

"The community centre approached us and wanted us to raise some money for the centre," said Sekhon.

Three regional mayors — Rick Gamble (Dunnottar), Randy Woroniuk (Gimli) and Tony Pimentel (Winnipeg Beach) — had proclaimed the May long weekend as Kiwanis Tag Day three years ago.

Kiwanians and school children from different communities hit the streets for a few hours in May, raising funds that go towards worthy community causes.

"Last year we raised the most money because the [Dunnottar] community club also helped us," said Sekhon, who helped organize and staff a pickerel fish fry earlier that morning for the Canada Summer Games Torch Relay in Gimli. "And the money that's raised is raised by the school kids from Gimli, Winnipeg Beach and some of the kids from here."



EXPRESS PHOTO BY PATRICIA BARRETT

Dunnottar Mayor Rick Gamble (far right) joined Kiwanians Terry Sekhon and Gordon Anderson, who presented a cheque for \$1,857.15 to the Dunnottar Community Club for playground upgrades.

Although it has Gimli in its name, the Kiwanis Club helps a number of neighbouring communities. It helped launch a new club in Arborg this year.

Dunnottar Club committee chair Sarah Kirkpatrick thanked the Kiwanians and the kids for their fundraising efforts and the public who dug deep into their pockets to provide funds that will help enhance the quality of life in Dunnottar.

"Thank you so much to everyone who donated," she said. "We really appreciate it. We're working to get the new playground within the next year or two."

Grahamdale council prioritizing drainage issues

By Jeff Ward

In the RM of Grahamdale, drainage issues present a significant challenge for council and the municipality's Reeve Clifford Halaburda explained that things aren't getting any easier.

Grahamdale is expansive, geographically speaking, and the tax base simply can't afford to fix all the culverts and clean every ditch. Halaburda said that by his estimation, the RM is 15 years behind in maintenance of municipal drains.

During the regular council meeting last Thursday, council discussed

several new business items that deal with drainage, including projects in Gypsumville, Moosehorn, New Scotland Road and Ashkirk Road. Halaburda said that in the case of New Scotland Road, a project to clean out the ditch for that area has been on the books since 1990.

"We have miles and miles of drainage but they're not just ours. Some of these are provincial drains," said Halaburda.

"Before we can do any of our own

Continued on page 5

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Interlakers run with fire during the Manitoba Hydro Torch Relay

Sailing competition gets underway July 30 and runs until Aug. 4

By Patricia Barrett

Interlakers were out in force last Saturday to cheer on 17 of their own as they passed the 2017 Canada Summer Games torch during the Manitoba Hydro Torch Relay in Gimli.

The town and the Gimli Yacht Club will play host for the upcoming sailing competition, which gets underway in a few weeks.

Led by Manitoba Hydro volunteers, torch bearers from Gimli, Arborg and other Interlake towns took part in a Zumba warm-up at the harbour bandstand in preparation for the relay event.

Danny-Jo Luprypa from Gimli was the first relay participant to receive the torch — which was lit in Ottawa — from Summer Games president and CEO Jeff Hnatiuk, who sailed into Gimli Harbour to much fanfare.

Danny-Jo, who has undertaken countless hours of community service work, was elated after his 300-metre walk down the beach boardwalk.

"I could feel the heat on my face," he said after he passed the torch to Jocelyn Heald.

Danny-Jo's dad, Gimli Coun. Danny Luprypa, sat on the relay committee, helping organize the route and facilitating other events such as the Kiwanis fish fry that formed part of the day's celebrations.

"His nomination was based on community service, primarily," said Coun. Luprypa, who was joined by his daughter Tabitha and her fiancé Nathan for the event. "He volunteered at Evergreen Basic Needs for years and for various Kinsmen projects. He volunteered at school, too. He did a community service credit at school for graduation, and he works at Cornerstone. So he has been a great help in the community."

Gimli High School graduate Carley Matkowski was selected for the relay team because of her work for the community.

"My grandma sent in an application to nominate me," she said. "Everybody had to get nominated by someone in the community. I got chosen and I was really honoured."

Gimli High School student Thea Goodman, a multi-talented musician, was also one of the lucky



EXPRESS PHOTOS BY PATRICIA BARRETT

Gimli's 17 torch bearers were welcomed at the Yacht Club after the torch procession.

few who were selected to carry the torch.

"It was really cool," said Goodman after she completed her respective 300 metres. "I didn't realize how big of an event it was going to be until I actually got here. This was an amazing opportunity. I feel really good."

Gimli Mayor Randy Woroniuk was the team's anchor and the last person to receive the torch. The mayor legged it from the harbour down to the Gimli Yacht Club with the team bringing up the rear.

"I was told to walk it, but I looked at these people, who had so much energy, and I thought I'd go for a little run," said Woroniuk. "Plus I knew there were paramedics not too far away."

During the welcoming ceremony at the club, which was emceed by Tony Pimentel representing Manitoba Hydro and Games' media relations consultant Monique LaCoste, the mayor thanked Yacht Club members and all the volunteers who made the day a success.

Charlie Burns, vice commodore of the Yacht Club, thanked the torch bearers and the "incredible" volunteers for organizing the event.

"You brought the spirit of the Canada Games to

the Gimli Yacht Club today," he said. "Over 90 per cent of Canada's gold medal winners have participated in the Canada Games. It's a community thing."

Gimli MLA Jeff Wharton was also on hand to thank the volunteers.

"None of these events can be pulled off without the fantastic group of volunteers we have in this province [and] ... right here in Gimli," he said. "I see it every single day in the community."

Gimli hosted the sailing event in 1999. Both able-bodied and para-athletes take part in the competition. In total, the Summer Games require about 6,000 volunteers.

The sailing competition gets underway Sunday, July 30 and runs until Friday, Aug. 4.

The official Gimli torch bearers were (in no particular order): Danny-Jo Luprypa, Jocelyn Heald, Rachelle Burak, Larry Dewar, Kim Croy, Carley Matkowski, Thea Goodman, Claire Signatovich, Dorothy Pitt, Alan Dann, Sarah Chapnick, Patrick Mills, Angela Zalevich, Julia Walton and Bob Pitt.



Canada Summer Games president Jeff Hnatiuk delivered the torch to Gimli Harbour.



Running with fire: Gimli team anchor Mayor Randy Woroniuk ran the last leg of the torch relay. Danny-Jo Luprypa (left), Angela Zalevich and Carley Matkowski



Gimli MLA Jeff Wharton (left), with Gimli Mayor Randy Woroniuk, brought greetings from the province.

Drop Zone Divas to rappel off Manitoba Hydro Place

Raising funds for Society for Manitobans with Disabilities

By John Bruce

We all deal with our fears in different ways. Donna Grieve, 54, of Stonewall will face her fear head on — by jumping off a roof.

"I'm terrified of heights," Grieve said. "But I challenge myself to overcome my fears."

On August 27 Grieve will rappel off the roof of Manitoba Hydro Place, a skyscraper in downtown Winnipeg. She will descend from the edge of the tower with nothing but a rope around her waist and 22 storeys of air beneath her.

It's called Easter Seals Drop Zone, a fundraising event benefitting the Society for Manitobans with Disabilities (SMD).

The cause is close to Grieve, who had a cousin who lived out his life at St. Amant, a Winnipeg centre for people with disabilities, after a traffic accident. As a child, she visited him on weekends.

"We made friends with kids who lived there," Grieve said.

Since her cousin's death at 21, she said helping people with disabilities has been dear to her.

This is the latest of Grieve's adventures since her mother died of brain cancer in 2001.

"On her deathbed, she took my hand and said 'I haven't done anything yet, and there was so much I wanted to do,'" said Grieve. "I vowed after that to live my life to the fullest. I'm taking her with me on this."

Her mother's words gave her the strength and the courage to pursue her dreams, like bodybuilding to compete in figure contests. She came in first place at a contest after two years of training.

She will train for Drop Zone at a Winnipeg rock-climbing gym and rappel with her friend Janet Hewitt. They are calling their two-woman team the "Drop Zone Divas."

"I'm going to wear some kind of super-hero costume," said Grieve. "I'm hoping Wonder Woman but we'll see."

Grieve and Hewitt both work in risk management.

"Risk managers risking it all," Donna jokes. "The risk of (something) happening is low, but the severity is high because it almost certainly ends in death, but I'm not worried one bit. The



EXPRESS PHOTO BY JOHN BRUCE

Interlake's Donna Grieve will rappel Manitoba Hydro Place for Society for Manitobans with Disabilities on Aug. 27.

hardest part for me will be stepping off the building."

Grieve has been visualizing that moment to mentally prepare herself for the adrenaline rush.

She has already raised over \$1,000 for the event and hopes to reach her goal of \$1,800. In total, team Drop

Zone Diva has raised over \$2,500, putting them in first place.

You can visit the SMD website to donate to Grieve. Visit www.thedropzone.ca/Winnipeg.

You can also go to the Hydro Building on Aug. 27 to cheer her on.

> GRAHAMDALE COUNCIL, FROM PG. 3

projects, we need to touch base with the province and see if we're allowed to do it. Sometimes they say no because their provincial drains are at capacity. So sometimes we're ready to do a job but the province says no."

The RM has many priorities when it comes to drainage so moving on from one project to another isn't difficult. But when a job that might only take a few weeks to complete gets pushed back, it might hang in limbo for years and that's not what council wants to see. Halaburda said he's acutely aware of farmers who've been dealing with drainage issues for years on their land that have seen no action. In some cases, the overland flooding can come from beaver dams, overgrown ditches or even a culvert that hasn't seen work in decades.

Halaburda said he doesn't blame former councils for not getting the job done either because, as he's experiencing

now, the work has a lot of barriers.

Another issue comes in the form of available tax dollars to pay for these various projects. Ditch and culvert repairs, like most infrastructure jobs, don't come cheap. And in the case of the Ashkirk Road job, which requires the relocation of a culvert, the costs can be very high.

"We budget so many dollars each year to these projects and I say to my councillors that I don't want carry-overs.

If land owners need this and there is money, we'll do it," said the reeve.

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Riverton's Ace of Spades garners \$108,809 for lucky women

By Jeff Ward

Selkirk resident Heather Moar was the lucky card puller who put an end to a year-long Chase the Ace contest, which won her and her friends \$108,809 last Saturday.

The event, organized by the Riverton & District Friendship Centre (RDFC), began 52 weeks ago. The pot started at \$8,000 and grew steadily week after week until last Saturday when more than 500 people gathered at the Riverton Motor Inn for the draw.

Organizer and RDFC executive director Tanis Grimolfson said she never expected to see the pot grow to this extent but is thrilled with the success that has raised over \$100,000 for their organization. The centre will take home 45 per cent of the money while 50 per cent went to Moar and her three friends. The remaining five per cent is the consolation prizes for the people whose ticket is drawn but don't pick the ace.

"It's absolutely amazing and this money will be an incredible boost for us," said Grimolfson.

"We need some building repairs like a new roof, eavestroughs, foundation work and new windows. We'd also like to help the Bifrost-Riverton Recreation Commission with building a splash pad. We'd like to give them

some money to help get them some granting."

Grimolfson said that the list of worthy projects is a long one and that ultimately it will be up to the board to make those decisions. Either way, Grimolfson said, the community will feel the effects of this fundraising effort.

This is the fourth chase the ace contest the centre has organized, and it was the hardest to get off the ground. The previous two contests ended quickly with the card being chosen almost right away, meaning the contest raised very little money. Grimolfson said that she had to do some convincing to get the board to green light one more contest.

For this, lottery organizers kept the two Joker cards in the deck, which put the total number of cards at 54. Moar had a probability of 33.3 per cent to pick the ace and win the \$108,809 prize.

The Friendship Centre offers many youth and senior activities year round while also supporting area breakfast programs and food banks. Grimolfson explained that she views the centre as the "hub of the community" and is excited that this money will bolster their outreach efforts.

As for Moar, who spoke with CTV News following her win, she said that



EXPRESS PHOTO SUBMITTED BY TANIS GRIMOLFSON
Riverton's Chase the Ace finally came to an end after 52 weeks of pulling cards. Selkirk's Heather Moar pulled the lucky ace of spades last Saturday and will split \$108,809 with three friends. Pictured left to right, RDFC staff member Kelly Deneka, Heather Moar, RDFC staff member Desarae Bilinski and RDFC executive director Tanis Grimolfson.

she would split the money four ways with her friends who all chipped in for a ticket. She added that she plans to use a portion of her winnings towards her son's education.

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Real Love Summer Fest coming soon to Teulon

By Jennifer McFee

A popular three-day summer music festival is making its way to a scenic new site in Teulon.

The fourth annual Real Love Summer Fest will provide a musical extravaganza from July 28 to 30 at Ignite Retreats, a private property located off of Highway 7. For the previous three years, the festival has been held in Gimli.

"We're really happy to have found this new festival site. It's in a beautiful private forest area. It's really wonderful," said Gil Carroll, who co-founded the festival along with Adam Soloway.

"It's going to have a big huge main stage is in the woods and we also have an after-hours tent and a dome in the woods. There will be camping within the trees and food vendors and tons of local bands as well as a couple touring acts. We're really excited about it."

Each day, different musicians will be highlighted on social media, adding to the mounting anticipation for the event.

"It's a very diverse lineup. We have a lot of unique artists performing," Carroll said.

roll said.

"Widowspeak is our main headliner and we're flying them in from New York City to perform, so we're obviously very excited about that."

The event costs \$60 for the entire weekend, which includes camping.

"We wanted it to be as accessible as possible while not losing money. It's really a grassroots community event that we just started for fun. It took off and people had a lot of interest," Carroll said.

"We also do quite a few shows throughout the year, mainly in Winnipeg, so we have built this music community. It's very open-minded and diverse, and we're really looking forward to this year."

He also hopes to expand the base of festival-goers to include newcomers to the event.

"It doesn't have to just be people that are involved in the music scene in Winnipeg. We want people from all over the Interlake and all over Manitoba to make it a priority to go," Carroll said.

"It's a unique experience, especially



EXPRESS PHOTO SUBMITTED

The fourth annual Real Love Summer Fest will take place in Teulon from July 28 to 30.

in the world of local music festivals. We're happy to be able to curate a unique and exciting lineup. The atmosphere is beautiful and very welcoming. So anyone who's thought about going to a festival or is interested in the local music scene, this is a really

great opportunity to see what it's all about and to meet some great people."

For more information about Real Love Summer Fest, visit www.reallovesummerfest.com. Updates are also posted on Facebook, Twitter and Instagram.

letters

Politicians please explain

What is the great idea of moving the ambulance from a perfect location with an up-to-date facility from Lundar to Eriksdale?

To myself and other residents in the community, this seems to be a totally ridiculous decision. Doesn't it make

sense to keep the ambulance where it is?

Word is that the future of the Eriksdale emergency room is still uncertain, so why have the ambulance based there? This seems to be a foolish move. Where do the senior citi-

zens, personal care residents and the community of Lundar in general stand in the PCs' ranking when it comes to emergency care? Do you realize the long-term impact this will have on the community? No doctor, no ambulance, what's next?

These decisions kill small towns.

To myself and many area residents, along with other PC supporters, we

now wonder if our 'X' went in the right box.

All the critical changes made since the last election are suicide.

Major changes take time!

Jim Law

Ashern Garage Sale encourages foot traffic in town

By Jeff Ward

The Ashern and District Chamber of Commerce Yard Sale and BBQ raised more than \$700 in support of the upcoming Ashern Rodeo fireworks show and brought lots of foot traffic to town.

Chamber president Glen Noordenbos said that the event, which took place June 30, is a promotion to get visitors and locals into Ashern and walking around checking out local businesses. The garage sale portion featured seven sites listed on a map at the chamber booth on Main Street in Ashern that attendees could go to and explore.

Noordenbos ran a barbecue at the booth as well, which acted as a fun-

draiser for the chamber's annual donation to the Ashern Rodeo for their fireworks show. Noordenbos said that while attendance numbers were down this year due to the close proximity to Canada 150 events, people still enjoyed the day and the town saw an influx of foot traffic.

"The chamber's mandate is to promote and support local business so we want people to come to Ashern, walk around and explore," said Noordenbos.

"With an event like this, we're trying to reach our cottagers more than our locals. We want to provide events that have them explore the town, walk down our streets and get them to eat

at our restaurants and shop local."

Noordenbos said that the garage sale has done well over the years to encourage that goal. He explained that even if people don't buy anything, it shows that Ashern is a friendly place and visitors are likely to come back if they have a good experience.

The fundraising initiative will continue with donation containers at certain businesses around Ashern. Noordenbos said that so far the participating businesses include his own, Noordenbos Appliance, Bumper to Bumper Auto and Farm Supply and Home Hardware. He expects more to be added over the next few weeks.



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> ARNIE WEIDL Family memories while fishing

Welcome folks.

Weaving his way through a busy life, Greg Doaks' love for his sons has always been of the greatest importance to him. One morning some weeks ago, his thoughts fell upon his three boys as he looked out his kitchen window past his front lawn to the flowing waters of the Red River. He had a little extra time coming up, so he thought maybe a fishing trip would refresh his closeness to them.

Realizing he knew less than nothing about such an endeavour, he picked up his phone and called Dan Kiazzyk of Cat Eye Outfitters.

"What kind of fishing would you like to do?" Dan asked Greg after they exchanged pleasantries.

"Well, something big. Something the boys will remember all their lives," Greg reasoned.

"How about going for master sturgeons?" Dan offered.

The idea immediately excited Greg. He exclaimed, "That's a great idea!"

"Don't worry about a thing. I'll put together what we need and we'll take off tomorrow for Point du Bois where the big fish are," said Dan.

The sun had just come up the next morning and was glistening off the river waves as Dan's truck and big aluminum boat sat in front of Greg's driveway. Dad and the boys piled into their truck and off the convoy went.

It was hot in the blinding sun when they reached the boat launch. The roar of the spillway water from the dam and the gusty wind roused the boys from their nap while driving here. Soon fishing gear, food and aspiring anglers settled into the large boat and Dan pointed it for a spot downstream. It would be nice to see a sturgeon, Greg thought to himself as they anchored.

"It sure would be nice to catch something," he further uttered aloud as everyone hopefully cast their lines out.

A mischievous knowing smile came over Dan's face. Then Greg's rod end shook. He looked at everyone in surprise. He had a fish.

Automatically, he reeled in fast and then slowed, realizing what was on the end of his line wasn't big. A six-inch little bass popped out of the water to the jeering of his sons.

Dan had made up specific rigging he felt suited to catching sturgeon and now it began to work. Jackson got the first strike. Dan coached him, urging him to be patient, to play his fish.



EXPRESS PHOTO SUBMITTED

Dan Kiazzyk shows off his catch.

On the other side of the boat, Carlin felt a hit. Then Rory's rod snapped right down into the water. Excited chaos overtook everyone. Shouts and joyous cries filled the boat as the boys played their sturgeons — that is, everyone except dad.

The boys trembled with delight as hour after hour they caught and released those ancient fish, but unlucky dad caught nothing except his little bass. Maybe it was the slight forlorn look on his face, but the boys flushed with their success. As the afternoon was coming to an end, Rory handed his dad his rod with the last sturgeon on line so he could bring it in and have his picture taken with it. It had been a long day in the sun and wind but now the boys were tired. Their truck tires sang on the highway toward home as the boys slept, breathing softly.

Dad drove silently, occasionally looking over to his slumbering young men, feeling a warm completeness that many fathers rarely get to feel. It had been a perfect day.

All last week, everywhere I went, the wind had made waves so high our fellow anglers just decided to stay home.

Finally, I found two hardy souls, Lou Noghi and his wife

Continued on page 9

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Friday: 8:00 a.m. - 4:00 p.m.

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RCMP Community Block Party celebrates Canada 150

By Jessica Worb

Loud sirens sounded on Dominion Street in Winnipeg last Friday, but not for the usual reasons.

Young children, who attended the RCMP Canada 150 Community Block Party, were happy to be sitting in RCMP cars sounding the sirens.

The event, which was in celebration of Canada's 150th birthday, was an opportunity for Manitobans to learn more about the RCMP.

"We thought it (Canada's 150th birthday) would be a great opportunity as a provincial police force to showcase all of the things that we do," said assistant commissioner Scott Kolody, commanding officer of the RCMP in Manitoba.

While seeing their child inside of a police car is usually a parents' worst nightmare, last Friday the parents were smiling and taking photos of their children inside the cars.

"This is a great opportunity for the community," said Peggy Lapensee, one of the attendees.

The event, which was the first of its kind for the RCMP, began with opening words from Kolody, followed by pipes and drums.

Young children and their families lined up and explored the different units, which included the emergency response team tactical armoured vehicle, the explosive disposal unit, fo-

rensic identification services and several other RCMP vehicles.

Many officers said it was nice to relax and answer community members' questions.

"It's so nice to talk to people in the public in a relaxed situation," said Const. Darren Kerchak. "Typically, when we interact with the public, somebody is hurt or it's an intense situation. Now, we can relax and talk to them and explain what we do."

Many guests in attendance were friends and family members of RCMP staff.

The Amirault family came in from Selkirk to enjoy the festivities. For Sophie Amirault, 10, and her sister Zoey, 8, it was their first time seeing some of the RCMP equipment up close.

The girls, who were in line for face paint, said they were excited to see and explore everything.

"No, not really," Sophie giggled when her mother, an RCMP officer, asked her if she wants to be a police officer when she grows up.

Attendees kept their heads up to the sky as several members of the emergency response team propelled down the side of headquarters. Crowds of Manitobans stood out in the sun, watching in the heat. Other demonstrations were from the police dog services and the explosive disposal unit robot. For many children and



EXPRESS PHOTO SUBMITTED

Parker Thomas tries out the radio in an RCMP car during the Canada 150 Block Park earlier this month.

adults, it was their first time seeing these demonstrations.

Adding to the festivities was the presence of the Grey Cup, which was carried in by Jeff McWhinney, The Keeper of the Cup for the Canadian Football Hall of Fame and Museum.

"We are able to get on the street and be able to bring kids and different generations together," McWhinney said. "Grandfathers and grandmothers, that used to watch.

"It's great to see."

> GET FISHING, FROM PG. 8

Marcela, who I found on the lee side of the Winnipeg Beach harbour trying for some pickerel. Lou was a tall lanky chap with a short salt and pepper goatee who liked to cross his arms and shrug his shoulders while talking. Their English had a Romanian accent, and I became quite taken with Lou's story of how he and his buddies fished off the banks of the Danube River when they were kids. They would wind some line around a glass coke bottle, bait their weighted hooks, toss the lines out, leave the bottle on shore and go play. When they were ready to go home, they would wind up the line, and if they had a jackfish, fine. If not, well, there was always tomorrow.

So-long. Till next time, friends.

Lundar Pool offers lifeguard training

By Jeff Ward

Valuable water rescue education began this week at the Lundar Pool, and for those who wish to take part, the window of opportunity is closing.

The Bronze Medallion course requires a 20-hour commitment by its students. The course began Monday July 17, but organizer and instructor Ashley Sigfusson said there is still time to get involved. The course costs \$225 per person and will go over a variety of life-saving education.

Sigfusson said that training like water proficiency, swimming fit-

ness levels and first aid training are all part of the 20-hour course. As a prerequisite, the course is open to ages 13 and older or anyone with a Bronze Star. Training takes place every Monday from 10 a.m. until 1 p.m. and there is a maximum of six spots.

"Drowning happens fast, so we will go over what to look for and then how to respond," said Sigfusson.

Students will learn CPR on a mannequin and practise for both adult and child victims. They will also go through the complications that can arise from performing CPR, like vomiting and gastric distension,

which is when the stomach bloats from air being pumped into it.

Another big part of the training is recognition and rescue, which is designed to make students into observers of the area. They will use simulated scenes and evaluate what is happening. A pool in the summertime can be a very busy place and there is a lot of responsibility on lifeguards to be vigilant.

Those interested in being a part of the program are asked to call Ashley Sigfusson at the Lundar Pool as soon as possible at 204-762-5644.

Two-vehicle collision ends with only minor injuries

Staff

A two-vehicle collision last Friday sent four people to hospital with non-life-threatening injuries.

Gimli RCMP responded to the collision last Friday just before 7 a.m. at the

intersection of Highway 8 and PR 231. RCMP spokesperson Tara Seel said that a pickup truck, northbound on Hwy. 8 with four male occupants, was struck by a car while entering the intersection at PR 231. The driver of the

pickup, from Blumenort, was uninjured while his three passengers were taken to hospital with non-life-threatening injuries. The female driver and sole occupant of the other vehicle was also transported to hospital with non-

life-threatening injuries. The accident prompted the STARS Air Ambulance to assist in transferring the individuals to hospital. Seel said alcohol does not appear to be a factor and the investigation is still ongoing.

Your FARM



CSA boxes help grow Lockport farmer's business

By Maggie Wysocki

Camouflaged behind thick bushes, Jonathan's Farm is unsuspecting to most highway drivers.

The neatly kept front yard and modest two-storey house make the property look like any other resident's.

It's only once driving behind the house you'll see Jonathan's Farm is a thriving business, providing community supported agriculture (CSA) boxes to more than 400 people and selling his vegetables at farmer's markets to thousands more.

According to Direct Farm Manitoba, the concept behind CSA shares is that people subscribe to their farm of choice by paying for a "share" at the beginning of the season. Then, their farmer grows a variety of fruit and vegetables, which they pick up weekly.

"When I first started it was small with maybe 60 (CSA) shares ... but we've doubled every year since," Jonathan Stevens said while standing on his property located 10 minutes south of Selkirk.

The 37-year-old self-taught farmer started off as an intern on a biodynamic farm in Ontario. In 2010, he started his own farm — "the name gives it away," Stevens laughs.

That first property was in Teulon but he decided to move to Lockport three years ago to be closer to the city. Now, Jonathan has four employees who help



EXPRESS PHOTO BY MAGGIE WYSOCKI
Owner of Jonathan's Farm in Lockport, Jonathan Stevens says the 400 community supported agriculture shares he sells is what keeps his business booming.

him take care of the eight acres he farms on.

"It's a pretty ideal spot," he says, adding that he drives into Winnipeg twice a week for CSA pickups and to host a farmer's market in Wolseley. "People really like getting to know the farmer and meeting us.

"I think they like that connection."

According to Direct Farm Manitoba, there are more than 160 farms in Manitoba selling CSA shares.

So how does Stevens set his farm apart from so many others?

"We just always select what's freshest. We really focus on that. Nothing sits more than a day before it's picked," he says.

Another factor that sets Jonathan's Farm apart is that he continues his CSA shares throughout the winter, while most CSA farmers stop in the fall.

Though the winter boxes only have root vegetables, he says it surprised him how interested people were.

"I think people really like to support people like me who are trying to farm sustainably."

To support Jonathan's Farm, visit him at the Selkirk Waterfront Market every Wednesday in August.

For more information on CSA shares, visit jonathansfarm.com.

Lake Manitoba Emergency Channel leaves a lot to be desired

By Jeff Ward

Information sessions hosted by the provincial government providing an opportunity for locals to ask questions about the Lake Manitoba Emergency Channel did nothing to alleviate concerns, according to residents.

The first of two open houses was held in Moosehorn on June 29 while the second took place last Thursday in Winnipeg. Manitoba Minister of Infrastructure Blaine Pedersen, the consulting engineers KGS and Manitoba Infrastructure regional operations director Mark Allard attended both meetings.

Grahamdale farmer Brad Dreger said he learned that with the current alignment, he will lose more land than previously thought. Owner of Dreger Farms Ltd., Dreger said that before the June 29 open house, provincial estimates had him losing as much as 480 acres of his land that he uses to grow alfalfa, soybeans and canola. But with the most recent information Dreger received from Allard, he could now lose more than 500 acres of land, or the equivalent of his entire canola operation.

"So now they're taking another 20 acres off of my best quarter, changing the route and going onto more of my good land," said Dreger.

"It seems like every time they make a change, it's worse for me. Another 60 feet and I'm going to lose all of my trees that I planted as well. It's hard not to be upset when everything they do affects me negatively."

Dreger recently purchased land to expand his operation, and his hope is to pass the farm onto his children. But if he is going to lose 500 acres or more of his land, he wonders what kind of a future that is.

The *Express* reached out to the provincial government for comment and were not granted an interview with any of the officials who attended the meeting.

Grahamdale Coun. Dan Meisner said that in his view, these open houses are just another box to check for the government before they start cutting up the ground.

"It's frustrating because as an RM there's nothing we can do until the government has settled on a plan," said Meisner.

"But the purpose of the open house doesn't make sense. If they can't answer anything for sure, then why hold it at all? They say that nothing is set in stone and they keep tweaking the alignment. But our hands are tied until they get serious and nail

down a route."

Meisner said that council had a private meeting with Minister Pedersen following with June 29 open house and that the minister was receptive to their feedback. Council spoke with the minister about where bridges are going to be and other social and economic impacts this channel will have on the municipality.

Dreger works on his field every day and is in his busy season now, sometimes working 18 or more hours a day. He said that it's a weird feeling to know that so much of what he built and worked for could be taken away from him so quickly. Every phone call or knock at the door might be the government coming to hand him expropriation papers and take his land.

"It's tough to be in this position. I asked about compensation at the open house and they said that it's up to someone else. So once they decide on an alignment, it's a whole different group of people I have to fight to get compensation. We're all just left in the dark and then one day our land is gone," said a frustrated Dreger.

Your FARM



Balmoral elk whisperers at the top of their game

By Patricia Barrett

The last thing you expect to see when you enter a huge paddock on the Stonewood Elk Farm near Balmoral is a pubescent elk with a patchwork winter coat galloping towards you at full tilt.

Is he coming to cut you to shreds with his razor-sharp hooves and stomp you to death the way he would a coyote that manages to burrow under one of the eight-foot-high-fenced pastures in search of a calf snack?

It's possible. But G-Boy, short for Golden Boy, is a farmed elk of a different character. Unlike his buck-mates, who weren't abandoned at birth and bottle-fed by ranch owners Kelly and Trevor Farmer, he knows he's in for a gentle chuck under the chin and a vigorous belly scratch.

Part pet, part herd-calmer, the two-year-old family favourite has playboy charm. Just short of the height of an average Canadian male, he'll nuzzle your neck, nibble your hair and attempt to rifle through your handbag. Good demeanour is a get-out-of-jail card: G-Boy won't be going for meat anytime soon.

It's the "crazy" elk, the ones that get the herd worked up and set the tone, that get shipped off to Carman's federally-inspected plant for slaughter and distribution to the market.

"You can make educated guesses when you're feeding them which ones are calmer. We don't want crazy animals," said Trevor as he and Kelly took the Express on a lengthy tour of their 840-acre farm in early June. "If you have a crazy mom, her calves are always crazy. If you have a crazy dad, there's a good chance the calves will be crazy. You don't want to breed that into your herd. These are domesticat-

ed animals and you have to work with them every day."

Maintaining a calm herd is part of the success story of this tightly scripted and well organized farm. The 400 elk that call Stonewood home have become a viable trend in Manitoba's alternative farming industry.

There are about 29 elk farms in Manitoba, according to 2013 Statistics Canada data. But Stonewood is the only farm that's registered under the Canadian Food Inspection Agency's chronic wasting disease (CWD) Voluntary Herd Certification Program (VHCP).

It takes five years to achieve certification. The CFIA's website lists all the farms enrolled in the program.

Elk are susceptible to CWD, a progressive, degenerative brain disease with no cure. It must be reported under federal and provincial animal health acts. The disease is typically spread from one animal to another through saliva, contaminated feed, water or soil, or through contact with wild deer or elk. It cannot be passed through semen.

Once the Stonewood farm is accredited (in 2019), the Farmers will earn "elite" status and be able to ship live elk to breeding or trophy farms in America and Quebec. That, in turn, will boost their bottom line because "that's where the money is."

"If you're not on a VHCP, you can't send your animals anywhere," said Trevor. "You can only sell them in Manitoba. Kelly, last year, finally got the VHCP started in Manitoba. We're the only farm in Manitoba on it right now. The government's going to force all the elk ranchers to go on it."

Manitoba elk have never tested



EXPRESS PHOTOS BY PATRICIA BARRETT

G-Boy nuzzles his owner Kelly Farmer.

positive for CWD. Saskatchewan and Alberta are the only two provinces that have had outbreaks, according to the Alberta government's website. The latest science shows that the disease is not known to affect humans (through the consumption of elk meat).

Being able to trace elk back to their source farm – through ear tagging, meticulous record-keeping and testing of animals that die – is key to controlling CWD.

Each elk the Farmers send to Carman's meat processing plant is screened for CWD. And they minimize possible disease outbreaks by

fencing all the paddocks to prevent wild deer and elk from making contact with their animals. They also don't participate in Open Farm Day, whereby the public can visit different farm operations, because footwear is a vector for any disease.

"We deal with our veterinarian on a weekly basis," said Trevor. "And he comes out once a year and counts every single animal on the farm and makes sure they're all healthy. We have to finish our fifth year of the VHCP before we can export (live animals) to the U.S."

Continued on page 12

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Your FARM



Kelly and Trevor Farmer in the antler deep-freeze.

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The Farmers have been in the game, pardon the pun, since 1997 when Manitoba legalized commercial elk ranching. They started with about eight elk when the farm was launched by Trevor's dad, Merv.

Elk have personality, which may account for the deep attachment the couple has developed for their animals, all of whom are named. This is not just a business with a lucrative market for several elk products: it's a passion.

"I love the calves," said Kelly, a teacher at a local school. "I love studying the genetics and seeing what kind of results we're going to get. And I just love being around them. I've always been an animal person. I really like our kids growing up on a farm, being outside and having them help out and doing some of the hard work, as well as respecting animals."

Compared to G-Boy, the other bucks seem downright uncouth. When you

peer at them through the fence or from a safe distance in the paddock, they throw back their heads and flare their nostrils at you as if to say, "Ugh, somebody's got BO." It's not a slight: that's just their way of determining whether you're a threat.

As members of the cervid family, which includes deer, caribou and moose, elk bark like a dog and chirp like a bird when something's up, and their hooves make a distinctive clickety-click as they dash swiftly through the grass to get downwind of you. At this time of year, they start shedding their thick winter coats, which stream from their necks and backs like a boa.

How they smell came as a surprise. The dampish pasture had, dare we say it, a pleasant woodsy odour, a step-up from horsey smell and nowhere near the pungency of pigs.

The elk are assigned to one of 21, five- to 15-acre paddocks, depending on their age, gender and family ties.

"They stay with family," said Trevor. "Once you get to certain pastures,

you'll notice the ear tags will be a different colour. The reason being is that if you have one family group, and you take a cow from a different family or genetic line and put her in there, they'll pick on her and almost kill her. They're very family-oriented."

It takes a lot of hard graft to maintain the herd in peak condition. If they're not completing paperwork or studying genetic lines, the Farmers are out in the field checking herd health, tagging newborns, harvesting antlers, and delivering hay and a special blend of oats with a supplement (their elk are raised without antibiotics).

"In the summertime it's six hours a day hauling water," said Trevor. "You can't even go away. Someone has to be here. Then they get fed every day, too. If they've got green pasture, you could go away for a day,"

To cut down on labour, the Farmers have invested in ranch-wide water

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Your FARM



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lines, and have two thirds of the work completed.

Even though they're farmed elk, inured to the daily presence of humans, they're still wild animals. You can't just stroll up to them expecting a warm welcome.

The new moms were understandably skittish when Kelly drove the Express through the birthing pen. The dams (female elk) circled the wagon when we stopped for a brief look-see at the calves lying stock-still in the long grass or hiding under a brush pile – anti-predatory strategies.

"Within half an hour, they can walk and even run a bit," said Kelly. "They're pretty clumsy, though, like Bambi on ice."

In May and June about 120 white-spotted, spindly-legged calves will swell the base population of 400.

When the sky is broody, the last thing you want to do is give birth if you're an elk. The reason for that may have to do with the effects of cold weather

on a newborn.

Elkbirth requires constant vigilance and up to 14 hours in the field to ensure no complications arise. It's also important to determine whose calf is whose in order to identify genetic lines.

A "huge bag" (the udder) is one of the signs that a cow is ready to deliver. "She was labouring yesterday," said Kelly, referring to one cow. "She's walking a little funny and slow. That's how it starts, then they'll start pacing the fence with their nose in the air anywhere from one to three days depending on the weather. Once they start pacing the fence, it's imminent."

The sac arrives before the calf. "It looks like somebody's blowing Hubba Bubba out their butt," said Kelly. "It's a giant pink bubble that will burst. Once that bursts, within half an hour for sure you'll see feet poking out. And from the time we see the feet coming out, we want a baby within a couple of hours. And we monitor that."



A newborn male hides under a brush pile.

Three calves were abandoned by their moms: a male that was so big, he had to be pulled from the womb, a female premie whose mom was "doing everything right instinctively" but couldn't get her to suck, and another female whose mom couldn't adjust to her new role (hardly uncommon in both the animal and human world).

Unlike humans, male and female elk lead separate lives, getting together once a year for congress then merrily going their own way.

In the case of farmed elk, the biological imperative is primarily satisfied via a sterile, semen-filled syringe administered in about 30 seconds by an expert human inseminator who knows elk anatomy "inside out and backwards."

The Farmers will sometimes let their elk make hay, but they're mindful of the possibility of inbreeding. And when it comes improving the gene

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Your FARM



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pool and antler size, who mates with whom is important.

The Farmers want "inches" and "style" to the antlers they sell every year to the Asian market, and "heavy mass" for the bulls they'll be able to sell to breeding and trophy farms in a few years. The use of an expert inseminator improves conception rates.

"For us to get bigger and better genetics, we have to artificially inseminate them with semen from bulls from all over the world," said Trevor. "You always want the biggest and best in the world. Kelly and I travel for a week in the summertime. We go around and look at bulls."

The process of estrous synchronization, whereby all the cows are inseminated at the same time, occurs after the calves have been weaned (at about six months old) and milk production has dried up.

Weaning restores the cows' natural birthing cycle. But the process has the neighbours shutting their windows.

"We'll wean the calves on the September long weekend. When we pull them off the moms, it is loud here," said Trevor. "Our neighbours will complain because you've got 100 to 120 calves screaming bloody murder for two or three days."

After weaning, the Farmers themselves prep select cows for breeding.

"We'll put a seeder in," said Trevor. "It's a large tampon with wings that goes into the cow and has drugs in it that won't let her ovulate. We do that for 14 days then we pull the seeders out and inject them with PMSG, a super-ovulating drug. Then we wait 62 hours and put the semen in."

Elk farming can be lucrative as nearly every part of the animal can be utilised in some way.

"There's quite a few industries for elk," said Trevor. "We've got the meat industry, the velvet industry, the breeding stock industry and the (calcified) antler industry. And then we have the harvest preserve industry (bulls), called trophy animals."

"If you just did the velvet and meat,

you can make money if you have good genetics. But you're not going to make great money. If you have the VHCP program, it's extremely profitable that way."

Bulls sold to harvest preserves can fetch on average \$10,000 CAD, but there is a limit to the numbers that that can be sold at one time; it depends on market demand and the numbers of animals each elk rancher can sell without whittling down his/her herd.

"You get paid by the (antler) inches, not by the pounds when you're selling them live," said Trevor. "A 400-inch bull is about US \$7,000 or \$8,000."

An 800-pound bull is ideal, but anything heavier is akin to a habitual beer drinker, sporting a belly that's considered unsightly.

"An elk heavier than 1,000 pounds just starts getting fat with a big gut on them," said Trevor. "We breed a lot for frame size and the speed of growth."

Every spring, male elk shed their antlers and grow a new set.

The antlers start in velvet, a furry

outer layer of skin that protects thousands of small blood vessels coursing through the structure. They'll eventually calcify, becoming velvet-less bone that bulls use to maim and kill rivals during the fall rut.

When bulls turn two, the Farmers begin harvesting their antlers before calcification sets in.

"At two, they'll grow their first set of normal antlers," said Trevor. "And every year they get bigger and bigger probably up to the age of nine."

It takes between 65 and 72 days to grow a new set of antlers, and "style" is passed down through dams, not sires, said Kelly. It takes a few generations of experimental breeding until offspring will "throw beautiful antlers consistently."

By the sound of it, it's easier to herd elk than it is to herd cats, especially when it's time to bring them to the barn for antler-removal surgery and post-op treatment.

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Your FARM



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The removal is thought to be uncomfortable, kind of like having a tooth pulled under anaesthetic. Trevor sanitizes a saw and wraps a tourniquet around the base of each antler to control the bleeding.

"If you didn't put a tourniquet on it, it would be like a showerhead," he said.

Kelly weighs, measures and tags each individual antler as it comes off.

"They have five minutes of life where they're not happy," she said, "and then for the rest of the year they lie in the pasture."

The velvet is said to contain medicinal properties and is much sought after on the Asian market.

"In North America, we freeze-dry them, strip the velvet off, grind the inside of the antler and put it into capsules," said Trevor. "The antlers go to a specialized plant in Alberta. In Asia they will heat-dry it, strip the velvet off and cut it into chips [like potato chips] and brew it for teas."

The Farmers belong to a co-op that pools antlers with those from other elk ranchers in order to increase "selling power." The co-op system usually nets a few dollars more per pound.

But velvet prices fluctuate. Over the past few decades, Trevor said they've ranged from \$11 to \$120 a pound.

"The last five years we've been hovering between \$45 and \$55, which is where it should be," he said. "We want it to stick around the \$50-a-pound mark. As long as you've got good genetics, a two-year-old bull can grow 10 to 20 pounds of antler. Then you're making money."

The province and the Manitoba Elk Growers Association are currently looking for ways to improve the marketability of home-grown elk.

"We have recently discussed the marketing needs of the elk industry as part of a consultation on the next policy framework, which will replace GF2 [Growing Forward 2, a federal-provincial funding program] when it expires," said a Manitoba Agriculture spokesperson.

The province supports elk farmers through its livestock industry branch, assisting with herd management, animal health and welfare, and grazing practices, she said.

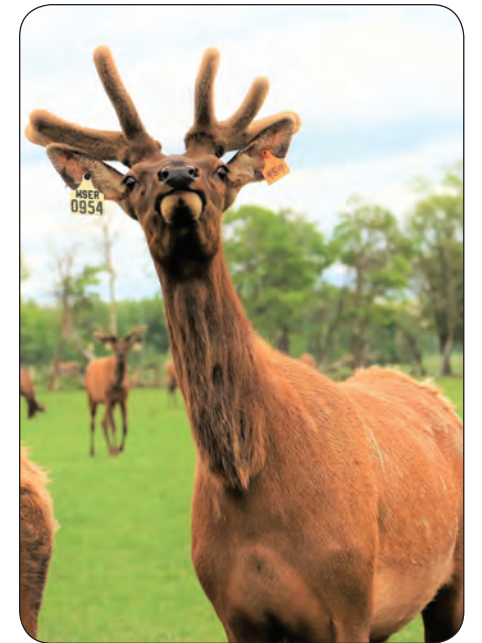
Although there are some provincial restaurants and retailers that offer elk meat, Trevor said Manitobans have been "complaining" about a dearth of venison.

Elk meat sells for roughly \$5 to \$5.25 CAD per pound, and most of it is shipped to America.

The Farmers will be tapping into the burgeoning local market this summer. Some of the animals they'll be sending to the Carman plant will be allocated to Manitoba retailers.

"The bison guys have gone skyrocketing, and people are still going with it," said Trevor. "So we're going to go back in and try to get the elk out there. There's such a demand for elk meat that we would wipe out the entire herd in Canada in a year or two if we did them all."

G-Boy won't be landing on anyone's plate until he passes on naturally. But



How do you smell?

he'll be offering up his antlers later this year. Based on his affection for the Farmers, he may not mind contributing to the growth of the family business.

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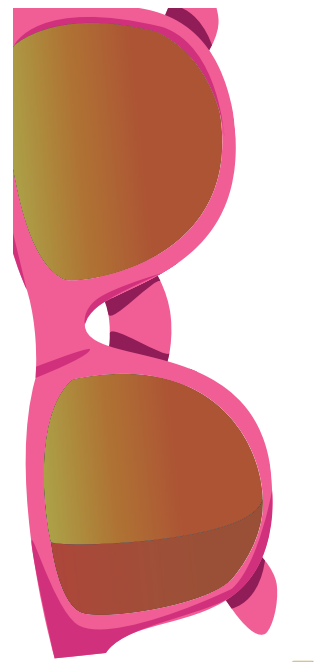
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2017 FILM SCHEDULE



Day	Time	Event	Time	Event	Time	Event	Time	Event	Time	Event				
WED 26	10 AM	GIMLI THEATRE Apprenticeship of Duddy Kravitz, The	11 AM	UNITARIAN CHURCH Soul Sisters: The Catholic Women Religious of Manitoba	10 AM	GIMLI THEATRE A Ghost Story	3 PM	LUTHERAN CHURCH Searchers (Malignlutit)	10 AM	GIMLI THEATRE FREE RBC \$10,000 Emerging Filmmaker Competition	5:30 PM	GIMLI THEATRE Salesman, The (Forushande)	12 PM	UNITARIAN CHURCH BellMTS Stories From Home 3: Beyond the Limelight
	10 AM	LADY OF THE LAKE Goin' Down the Road	12:30 PM	LADY OF THE LAKE BellMTS Stories From Home 1: Our Land, Our Past, Our Future	10 PM	LUTHERAN CHURCH A Moon of Nickel and Ice	5:30 PM	UNITARIAN CHURCH Acts and Intermissions	10 AM	UNITARIAN CHURCH Slack Bay (Ma Loute)	6 PM	GIMLI PAVILION Filmmakers Mix & Mingle	12:30 PM	GIMLI THEATRE A Better Man
	12:30 PM	GIMLI THEATRE Crime Wave	12:30 PM	LUTHERAN CHURCH Out of Thin Air	10 PM	LADY OF THE LAKE Kubasa in a Glass	5:30 PM	LADY OF THE LAKE Cowboys and Indians: The JJ Harper Story	10 AM	LUTHERAN CHURCH Love and Saucers	7:30 - 9:30 PM	GIMLI BEACH RBC Beach Boardwalk	12:30 PM	LADY OF THE LAKE Dim the Fluorescents
	12:30 PM	LADY OF THE LAKE Life Without Death	12:30 PM	GIMLI THEATRE Son of Sofia	10 PM	UNITARIAN CHURCH Quest	5:30 PM	GIMLI THEATRE I Am Not Your Negro	12:30 PM	LADY OF THE LAKE Heartstone	8 PM	LADY OF THE LAKE Life Without Death	12:30 PM	JOHNSON HALL Directing & Acting Workshop with Sean Garrity
	3 PM	LADY OF THE LAKE Man Who Skied Down Everest, The	12:30 PM	UNITARIAN CHURCH Stealing Alice	10 PM	GIMLI BEACH American Graffiti	5:30 PM	LUTHERAN CHURCH My American Cousin	12:30 PM	LUTHERAN CHURCH IFA Indigenous Short Films	8 PM	LUTHERAN CHURCH Neruda	2 PM	UNITARIAN CHURCH BellMTS Stories From Home 4: Concerto
	3 PM	GIMLI THEATRE Norman McLaren: 8 Films	3 PM	LADY OF THE LAKE Becoming Bond	10 AM	LUTHERAN CHURCH A Moon of Nickel and Ice	7:30 - 9:30 PM	GIMLI BEACH RBC Beach Boardwalk	12:30 PM	UNITARIAN CHURCH Waking the Sleeping Giant: The Making of a Political Revolution	8 PM	UNITARIAN CHURCH Road of Iniquity	3 PM	LADY OF THE LAKE Canada 150 Manitoba Short Films - WFG
	3 PM	LUTHERAN CHURCH Happiest Day in the Life of Olli Maki, The	3 PM	LUTHERAN CHURCH I Am Not Your Negro	10 AM	UNITARIAN CHURCH Dim the Fluorescents	10 AM	UNITARIAN CHURCH Winnipeg Film Group 48 Hour Film Contest	1 PM	GIMLI THEATRE Winnipeg Film Group 48 Hour Film Contest	8 PM	GIMLI THEATRE Son of Sofia	3 PM	GIMLI THEATRE Lovesick
	5:30 PM	LADY OF THE LAKE Léolo	3 PM	GIMLI THEATRE Boundaries	10 AM	LADY OF THE LAKE Norman McLaren: 8 Films	8 PM	UNITARIAN CHURCH Stealing Alice	1-4 PM	FIRST AVE, GIMLI Manitoba-Made Virtual Reality Showcase	8 PM	GIMLI PAVILION Awards Reception	3:30 PM	UNITARIAN CHURCH Acts and Intermissions
	5:30 PM	LUTHERAN CHURCH My Winnipeg	3 PM	UNITARIAN CHURCH Sheldon Kennedy Story, The	10 AM	GIMLI THEATRE Salesman, The (Forushande)	10 PM	GIMLI THEATRE Little Hours, The	3 PM	LADY OF THE LAKE BellMTS Stories From Home 2: Bygone Eras	10 PM	LADY OF THE LAKE Road Movie, The	5 PM	LADY OF THE LAKE Canada 150 Manitoba Short Films - Video Pool
	7-10 PM	JOHNSON HALL Opening Reception	5:30 PM	LADY OF THE LAKE C.R.A.Z.Y.	12:30 PM	UNITARIAN CHURCH Becoming Bond	10 PM	LUTHERAN CHURCH Neruda	3 PM	LADY OF THE LAKE BellMTS Stories From Home 2: Bygone Eras	10 PM	LADY OF THE LAKE Road Movie, The	5:30 PM	UNITARIAN CHURCH Reykjavik
8 PM	LUTHERAN CHURCH Fly, The	5:30 PM	LUTHERAN CHURCH Heartstone	12:30 PM	LADY OF THE LAKE Commune, The	10 PM	LADY OF THE LAKE Road Movie, The	3 PM	LUTHERAN CHURCH Black Code	10 PM	LADY OF THE LAKE Road Movie, The	8 PM	GIMLI THEATRE A Ghost Story	
8 PM	LADY OF THE LAKE Picture of Light	5:30 PM	UNITARIAN CHURCH Love and Saucers & White Balloon	12:30 PM	GIMLI THEATRE Graduation (Bacalaureat)	10 PM	UNITARIAN CHURCH Slack Bay (Ma Loute)	3 PM	UNITARIAN CHURCH Duke & Battersby: 3 Films	10 PM	GIMLI BEACH Footloose	5:30 PM	UNITARIAN CHURCH Reykjavik	
10 PM	GIMLI BEACH Fantastic Mr. Fox	7 PM	SHIP & PLOUGH Trivia Night	12:30 PM	LUTHERAN CHURCH Road Forward, The This River	10 PM	GIMLI BEACH Twister	3:30 PM	GIMLI THEATRE Manitoba Short Films	10 PM	LADY OF THE LAKE Road Movie, The	6:30 PM	LADY OF THE LAKE Canadian Short Films	
THU 27	10 AM	LADY OF THE LAKE Commune, The	8 PM	LADY OF THE LAKE Limit is the Sky	3 PM	LADY OF THE LAKE Being Greene	11:59 PM	GIMLI BEACH Birds, The	3:30 PM	GIMLI THEATRE Manitoba Short Films	5:30 PM	LADY OF THE LAKE A Better Man	8 PM	GIMLI THEATRE Best of Fest
	10 AM	GIMLI THEATRE Little Hours, The	8 PM	UNITARIAN CHURCH Menorca	3 PM	GIMLI THEATRE Personal Shopper			5:30 PM	UNITARIAN CHURCH Mike Hoolboom: 6 Films	10 AM	LADY OF THE LAKE In The Name of All Canadians	8 PM	UNITARIAN CHURCH RUMBLE: The Indians Who Rocked The World
	10 AM	LUTHERAN CHURCH Road Forward, The This River	8 PM	LUTHERAN CHURCH Reykjavik	3 PM	UNITARIAN CHURCH Quest			5:30 PM	LUTHERAN CHURCH RUMBLE: The Indians Who Rocked The World	10 AM	UNITARIAN CHURCH MTYP's Movie Magic Camp - Premiere Screenings	8:30 PM	LADY OF THE LAKE Out of Thin Air
SAT 29	10 AM	LADY OF THE LAKE Limit is the Sky												
	10 AM	LADY OF THE LAKE Limit is the Sky												
SUN 30	10 AM	GIMLI THEATRE Graduation (Bacalaureat)												
	10 AM	LADY OF THE LAKE In The Name of All Canadians												

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DIRECTIONS FROM WINNIPEG TO THE TOWN OF GIMLI:
Take McPhillips Street North past the Perimeter Hwy. McPhillips becomes Hwy #8. Take Hwy #8 for 75kms north. Turn right at Gimli Park Road.

TO THE RBC SUNSET SCREENINGS ON GIMLI BEACH:
Take Gimli Park Road to Hwy #9, turn left, continue 4 blocks north and turn right on Centre St. Turn left on First Ave. and then right on Keenora Drive towards the beach. Turn left and find parking spot.



RBC BEACH BOARDWALK:
Join us before the Sunset Screenings for activities, displays, music and fun at the RBC Beach Boardwalk, 7:30 pm - 9:30 pm Friday and Saturday on Gimli Beach.



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RBC \$10,000 EMERGING FILMMAKER COMPETITION
Five Manitoba filmmakers will go head-to-head to pitch their projects to a jury of industry experts before a live audience at this year's Gimli Film Festival. The filmmakers will have three minutes to pitch their short film ideas to a panel of industry professionals in front of a live audience at the Gimli Theatre (74 2nd Ave, Gimli) on Saturday, July 29 at 10 am.

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Arborg Girl to perform at Canada Games opening ceremonies

By John Bruce

Canada Games will be kicking off with a bang on July 28, but not without the help of some talented young dancers from Manitoba's Interlake.

Alliana Rempel, 10, of Arborg is one of the dancers performing at Bell MTS Place in the opening and closing ceremonies of the 2017 Canada Games.

Winnipeg is hosting the national biannual sporting event. More than 20,000 visitors are expected to attend and 4,000 athletes and coaches will compete for a chance at gold in 16 different sports.

"The Opening Ceremony will set the tone for two weeks of competition and will showcase our community to the nation," said Patrick Roberge on the Canada Games website. "We are pulling out all the stops to make this an unforgettable moment for athletes, visitors, and everyone watching -- in

the stands or across the country."

It's the biggest event Alliana has performed in so far in her career, but she's not too fazed. "I'm excited, but a little bit nervous," she said.

"She always wanted to dance," said Alliana's mother, Carissa Rempel. "She was spinning her feet when she was in her high-chair."

So she signed up Alliana with Arborg's dance studio Partners In Time. She's been dancing since she was four giving the almost 11-year-old dancer over six years of experience studying hip-hop and jazz. Sometimes she practices up to eight hours a week.

Alliana auditioned for the ceremony and made the cut along with five other dancers from her studio.

"One of my favourite things about her is her determination," said Averie Johannesson, instructor and co-owner of Partners In Time. "If something we

are learning in class doesn't come easily to her, she will put all her energy into perfecting it."

She'll be performing with Patrick Roberge Productions (PRP), who also produced the ceremonies for the 2015 Canada Games in Prince George, BC as well as other events like the 104th Grey Cup halftime show. They've practiced twice with PRP and the choreographer gave Alliana moves to practice at home. Alliana seems confident. "It's easier than my normal moves," she said.

The Canada Games two-hour opening ceremony will take place Friday July 28 2017, at 7:00 p.m. at Winnipeg's Bell MTS Place.

Sydney Burak, Kiera Chwaliboga, Averie Johannesson, Amy Platt, and Gemma Orbanski from Arborg's Partners In Time dance studio will be performing in the closing ceremonies.



PHOTO SUBMITTED
Alliana Rempel will perform in the opening ceremonies of the 2017 Canada Games.

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Gimli Ford raises funds for Children's Centre

By Patricia Barrett

Gimli Ford held a fundraiser last Saturday morning to raise money for the Gimli Children's Centre, a daycare for infants and pre-schoolers.

This is not the first fundraiser the family-run dealership has held to help their fellow Gimlites. Earlier this year, the family helped Gimli High School students raise money for their graduation.

For a \$20 donation, people were able to take a

Ford vehicle for a five-minute spin around the neighbourhood.

Karen Raemer, who helped organize the event, had registered 46 people by 10:30 that morning.

The dealership will turn over the proceeds (up to \$6,000) to the daycare.

Ford Canada started the Drive 4UR Community program in 2007 as a way to help people raise money for everything from athletic equipment to canned food. It has raised \$35 million to date.



EXPRESS PHOTO BY PATRICIA BARRETT

Members of the family-run Gimli Ford dealership held a Drive 4UR Community event Saturday to help raise funds for the Gimli Children's Centre daycare. From left: Walter, Frances, Karla and Russell.

Local quilter earns third at the Red River Exhibition

By Rozanne Nevakshonoff

Evelyn Smith of Fisher Branch has become an avid quilter. One could say she has found her passion.

Smith recently took third place in Category II at the annual juried quilting show held by the Red River Exhibition (RRE) in Winnipeg. This was a fantastic showing for a first time entrant into the arena of competitive quilting.

"I was never this nervous before," exclaimed Smith while she was waiting for the results from the judges.

Smith started quilting in 2004 and only began showing her quilts in 2015 at local fairs where non-juried events called Peoples' Choice Awards are held. This prize-winning quilt has earned her red ribbons at the Arborg and Gimli fairs in 2016 and a blue ribbon at the Lundar fair this past summer before moving on to the RRE in Winnipeg.

Unlike local fairs, juried quilt shows have stringent guidelines all quilters must adhere to. There are two main categories: Design and Merit (50 points), which is broken down into three sub-categories with 25 points for design and overall effect, 15 points for use of colour and 10 points for use of fabric. Workmanship is the other main category (50 points) and is broken into two subcategories with 25 points for piecing, applique and finishing and 25 points for quilting (stitch uniformity, even in length, no knots or thread ends, tension and artistic design of the quilting).

As with most artistic endeavours, she began by creating quilts for family and friends, and then she went on to create a quilt for a worthy cause, The Winnipeg Art Gallery's (WAG) fundraiser. Quilts were requested from all over the province for charitable event. Smith's quilt hung in the foyer of the

WAG for several weeks before being auctioned off and the proceeds went to the Children's Hospital Cancer-Care division.

For this year's winning quilt, Smith had taken a picture of the original barn built by her husband's grandfather in Kilkenny and sent it to a company that custom prints material. On this same piece of material, she had the Farmers Creed transposed over the barn.

The Farmer's Creed

I believe a person's greatest possession is their dignity and that no calling bestows this more abundantly than farming.

I believe hard work and honest sweat are the building blocks of a person's character.

I believe that farming, despite its hardships and disappointments, is the most honest and honorable way a person can spend their days on this earth.

I believe farming provides education for life and that no other occupation teaches so much about birth, growth and maturity in such a variety of ways.

I believe many of the best things in life are free: the splendor of a sunrise; the rapture of wide-open spaces; the exhilarating sight of your land greening each spring.

I believe true happiness comes from watching your crops ripen in the field and your children grow tall in the sun.

I believe my life will be measured ultimately by what I have done for my fellow man.

I believe in farming because it makes all this possible.

— Author Unknown

In fact, this quilt is one of two almost exact replicas made for her children. The uniqueness of these quilts is not just the beauty nor theme but the extra thought she put into creating a piece of history for her children to



EXPRESS PHOTOS BY ROZANNE NEVAKSHONOFF

Evelyn Smith shows off her prize-winning quilt where she took third place in Category II at the annual Red River Exhibition show.



Smith has The Farmer's Creed printed on the back side of her quilt.

pass on to their children.

When asked how she felt, Smith stat-

ed, "I was just really thrilled. Some of these people are quite accomplished."



Summer storm

EXPRESS PHOTO BY BRIAN JONASSON
Strong winds during a July 11 summer storm on Lake Winnipeg wreaked havoc on the Hnausa Dock.

One cut just doesn't cut it for RM of Gimli

High vegetation on PR 222 prompts action

Patricia Barrett

The RM of Gimli dug into its kitty and came up with funds to mow the verges of Provincial Road 222 — a highway for which the province is responsible — after receiving calls from

concerned residents.

The province used to mow highway verges twice a year — in early July and near the end of August — but indicated last year in a letter to council that it was reducing mowing activities to

once per year.

Roadside vegetation that's allowed to flourish can pose a danger to drivers by obstructing their view of cross-roads and wildlife about to dash across the road and can also pose a fire hazard in dry conditions.

Around the time of the Gimli Film Festival last year, the province bowed to RM pressure to mow the verges of

PR 222 and PR 231. This year, it's not budging. Grass and weeds will be allowed to reach for the sky until sometime in the fall.

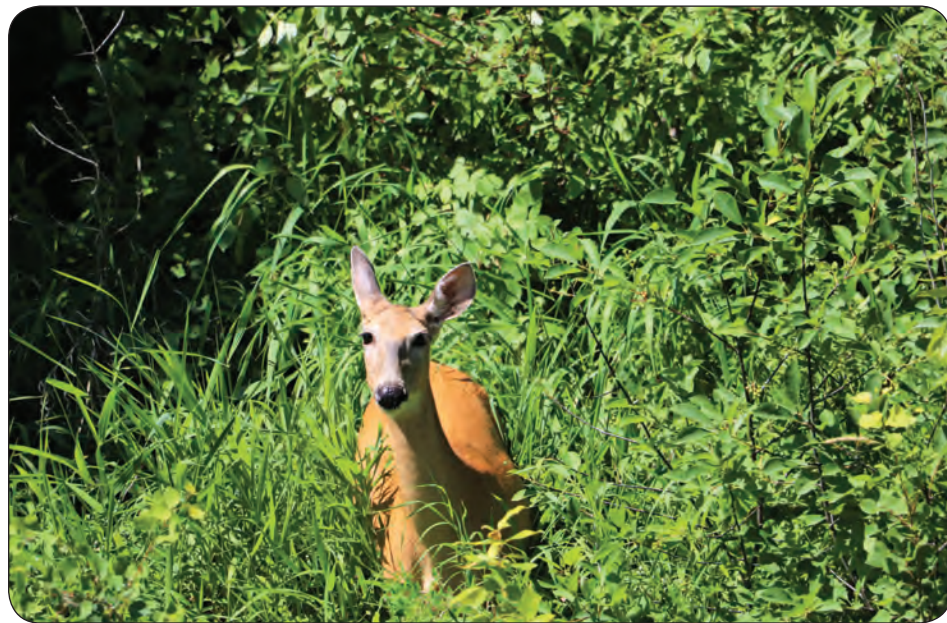
"We were advised by Highways that they would not be cutting Provincial Road 222 — or any of their single-lane roads — until the fall," said Mayor

Continued on page 23



EXPRESS PHOTOS BY PATRICIA BARRETT

Some of the curves along PR 222, such as this one near Gimli Bible Camp, can be especially dangerous at night when the vegetation is high. The narrow highway has no shoulders between Camp Morton and Gimli.



A deer having a roadside snack last Wednesday morning was so well concealed by the foliage that it was not spotted until the vehicle passed it. The deer didn't move even when the vehicle reversed and the camera came out.

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With the proper equipment, your local Interlake Service Centre can test the valves in order to trace a blockage. A low pressure smoke test can be performed to find any leaks. The repairs are then made to get the EVAP system working again and to reset the Check Engine Light.

While EVAP's don't generally lead to vehicle damage, the fact that they trigger the Check Engine Light can mask other more serious problems for Interlake drivers if left unaddressed. After all, there are hundreds of conditions that can trigger a Check Engine Light — but there is only one light. So if the light is on because of an EVAP issue you haven't fixed and another issue arises, you won't be alerted to the new condition because the light is already on. However, Evap system venting issues can still cause some serious damage if the system is not venting properly. It may cause a fuel tank to collapse which of course would result in a costly repair if a replacement fuel tank and fuel pump are required.

Of course, if you live in a jurisdiction that requires emissions testing to register your vehicle, you won't pass the test until you make the repairs. An EVAP trouble code could be caused by something as simple as a loose or worn gas cap or a leak in a hose to problems with a purge valve or even a rusty fuel filter pipe.

When your Check Engine Light comes on, bring your vehicle into your local auto service provider in the Interlake and let us check it out. Your Service Technician will be able to diagnose the codes and work out a plan to address any problems that are uncovered. There's peace of mind for Interlake drivers that comes from knowing what is wrong and taking care of it.

Give your local independent service provider a call. We also can and will advocate for your warranty and point out other items that should be replaced under warranty should it apply. We'll steer you right. Our reputation depends on it!

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Thrills, spills and chills at Arborg Ag Fair and Rodeo

Staff

The Arborg Agricultural Society's annual Fair and Rodeo last weekend entertained the masses from across the Interlake and gave the region's cowboys and cowgirls an opportunity to saddle up and showcase their superb skills during the calf tying, bull riding, barrel racing, steer wrestling, barrel racing and cowboy polo events. On Satur-

day morning, fair-goers were treated to a huge colourful parade through Arborg. The three-day event included dog-agility demonstrations, the tractor pull, a Kids' Zone, petting zoo and plenty of musical talent.



EXPRESS PHOTOS BY MATTHIESEN PHOTOGRAPHY



Province's plan to axe Riverton ambulance raises municipality's ire

By Patricia Barrett

The province announced at the end of June that Riverton's ambulance station is among 18 province-wide stations slated for closure in a bid to improve response time.

The province said "low-volume" stations will be closed and replaced by five new stations that will be staffed 24-7. In addition to Riverton, the Lundar ambulance station will also close.

News of the Riverton closure did not sit well with RM of Bifrost-Riverton council, which discussed the closure during a regular meeting July 12.

"It doesn't make sense as I can see it economically," said Reeve Harold Foster. "They're going to spend \$1.9 million more to find 29 paramedics to go somewhere more central and close down these locations."

The reeve said the RM sent a letter to the Health Minister Kelvin Goertzen expressing its concern about the closure, spoke with Gimli MLA Jeff Wharton and contacted local authorities in Hecla Island, Grindstone, Pine Dock and Matheson Island, which fall within Riverton's service area.

"I really don't understand why it's better to have another ambulance in Arborg than in Riverton because if you've got them spread out, you've got a better distribution system," said Foster. "Usually when there's a decision made by governments, it's either economically feasible or politically feasible: in my book this is neither one."

A spokesperson for Manitoba Health said the changes are being made to "improve the efficiency of services across the region, allowing us to better locate the services and match resources with actual call volumes to achieve response time standards. Staffing the remaining and new stations 24 hours a day, seven days a week will allow a more rapid response to emergency calls than is possible with a reliance on on-call or call back staff."

She said the IERHA has the data on how much money will be saved by closing Riverton.

According to the RM, there are four paramedics staffing Riverton's station, all of whom live locally – or nearby – and who know the hinterland area well. They work different 12-hour shifts: 7 a.m. to 7 p.m. or 7 p.m. to 7 a.m.

Riverton responded to 960 calls during the 2015/2016 fiscal year, of which

230 were emergencies, 190 were inter-facility transfers and 540 were geoposts (covering another ambulance station that is out on a call), according to RM's statistics. There are about 535 people living in Riverton.

Statistics sent by Manitoba Health were slightly higher, showing 245 emergencies, of which 127 occurred during the day and 118 at night.

The department's spokesperson did not say what will become of Riverton's paramedics.

"Detailed planning is underway and will continue over the next several months," she said. "As work progresses, we will be working with staff and the unions to develop plans around staffing and the effects of planned changes."

The Interlake's population doubles in the summer months, especially in towns and resort developments along Lake Winnipeg, all the way north to Matheson Island. Council said there are 444 cottages at Grindstone, 129 at Hecla and 53 at Beaver Creek.

"Gimli in the summertime, it quadruples probably," said Coun. Donald Vigfusson. "Same with the cottage area north to Grindstone. They're not taking that into account. It's not uncommon where I am to see a couple ambulances on a weekend heading to Grindstone or Hecla."

It would take a few hours to reach Matheson Island, for example, if an ambulance were dispatched from Arborg or Gimli. PR 234 is a treacherous road that's been damaged by semi-trailer traffic to and from the region's peat moss plants and neglected by the province for decades.

"The extra 15 or half an hour wait for an ambulance from Arborg or Gimli could be critical," said Coun. Chad Johnson.

Foster said the cuts will come at the expense of development to rural towns.

"Manitoba is the only place in North America that has over 70 per cent of its population in one spot," he said. "So when you cut a service like this, there's a reason for people to leave. It's that simple."

A common refrain often uttered by urbanites is that country folk "choose" to live in the country where it takes longer to access vital services. In response to that, Coun. Warren Ostertag



EXPRESS PHOTO BY PATRICIA BARRETT

Ambulance on Highway 68 heading towards Arborg

wondered how city folk would survive without food producers.

"Where does their beef and bread come from?" he said.

What could compound the loss of Riverton's ambulance is the Interlake's ongoing, periodic emergency rooms closures. When ERs in Gimli or Arborg are closed, a longer ambulance ride will likely ensue to a hospital that has a doctor staffing the ER.

Coun. Johnson recounted a story told to him about a recent nighttime accident on Highway 8 near Hnaua in which ambulances picked up three injured people and started driving north.

"They thought they were going to Percy Moore [in Hodgson]...with a back injury," said Johnson. "They were going an hour the wrong way, and all of a sudden they turned around and went to Arborg because they got confirmation they could see a doctor in Arborg. Gimli was closed that day. They're getting mixed up. They're sitting on the road in an ambulance not knowing where to go."

When contacted for their views of the impending closure and perspective on day-to-day service, Riverton's paramedics told the *Express* they were unable to speak with the media.

A 2013 consultant's report submitted to the government on EMS service cited a growing need for emergency services in rural areas.

And that's why the province wants ambulance stations fully staffed, said Interlake MLA Derek Johnson.

"[Arborg] is getting an increased complement of staffing that will be available 24 hours rather than on call," he said.

According to the data he said he received, Riverton's ambulance was

available only 75 per cent of the time. By increasing the numbers of paramedics in Arborg, the availability of EMS service should improve.

"If somebody's sitting there right beside the ambulance, they can get [to a location] significantly quicker than by waking up, jumping in their vehicle, driving to the ambulance station and then taking off from there."

Johnson said he doesn't know whether Riverton's ambulance vehicle will be transferred to Arborg.

(At present Riverton has one vehicle, Arborg, one, and Gimli two with a spare vehicle in its three-bay garage in case of a breakdown).

Johnson said the new system will operate more strategically. Ambulances will move around to cover their own and other regions and sit at strategic locations.

"It will be strategic placement. You kind of move them around like checker pieces as something happens to try and maintain the 90 per cent coverage for 90 per cent of the people in less than 30 minutes," he said.

One thing he said he's concerned about is the summertime population increase north of Riverton, which he brought to the department's attention.

"They have a summer population that balloons in cottage country up there in Hecla. So we made sure the department took that into full consideration," he said. "We haven't received an answer on that."

The Riverton closure is expected "over the next few years," said the Manitoba health spokesperson. "This will give us time to ensure new stations are built and 24-7 services are in place before stations are closed."

"IT WILL BE STRATEGIC PLACEMENT. YOU KIND OF MOVE THEM AROUND LIKE CHECKER PIECES."

Hospital Guild donates new furniture

By Jeff Ward

The hard-working ladies of the E.M. Crowe Hospital Guild have continued their long-standing tradition of raising money for the Eriksdale hospital with new furniture for families spending time in the palliative care room.

A new couch and sleeper chair, along with tables for the room, were delivered last Monday. According to clinical team manager of acute care Charlene Thorkelson, the donation is not only appreciated but will go a long way in providing a more comfortable environment for families. The palliative care room provides end-of-life treatment and often sees families spending many hours with their loved ones. As a result, the furniture in the room, which is like a small apartment, has seen considerable wear.

The donation of the new furniture is just another in a long line of donations the hospital has received from the group. Past donations from the guild include a new palliative care bed, serving tables and a SuzyQ food cart, among many others.

"It allows families to spend time in there more comfortably," said hospital guild president Gail Holmes.

"We look at where the greatest need in the hospital is and then do what we can to provide them with what they need. The priorities are always different, but many of us are ex-hospital

staff so we have a good idea of what should come first."

Each year, staff at the hospital creates a wish list and presents it to guild members. The list includes anything staff deem an important item and then it's up to the guild to divide what they fundraise each year into purchasing those items. Irene Sigurdson, a member of the guild, said that each year a number of private donations come to the organization. Holmes added that many come after someone has used the hospital. Those people often feel the need to help maintain that level of care the hospital provides, Holmes said, and donate to help support what the guild does.

When it comes to the palliative care room, the idea is to not notice where you are and instead focus on your family. An already emotionally tough situation can be made more bearable if families have nice new furniture to rest and sleep on. Thorkelson said that her family had to use the room recently and that she knows the impact a donation like this will have.

"We spent time in there with my father, who was deemed palliative. It's a space that's supposed to feel like home and the staff does a wonderful job. This new furniture will make a huge impact to future families that use the room," said Thorkelson.



EXPRESS PHOTO BY JEFF WARD

The E.M. Crowe Hospital Guild recently purchased new furniture for the palliative care room at the Eriksdale-based hospital. From left: Merle Bottrell, Gail Holmes, clinical team manager of acute care Charlene Thorkelson, Jocelyne Cooper, Irene Sigurdson, Hilda Larson and Yvon Groff.

> ONE CUT, FROM PG. 20

Randy Woroniuk last Saturday, just before he carried the torch in the Canada Summer Games Torch Relay.

"That's unacceptable because those weeds have gotten so high that there's now a threat. Deer and other wildlife are coming out on the road."

The RM's population swells with seasonal cottagers, campers and an influx of tourists during the summer months, and Woroniuk said calls are coming into the RM office about compromised sightlines and animals springing out of the bush. PR 222 is a high deer-traffic zone.

Between Gimli and Camp Morton, the most dangerous stretch, the narrow highway has curves and no shoulder. Both permanent and seasonal residents also live along highway. By the end of June, the vegetation had crept up to the side of the road.

"The RM has taken it upon themselves to cut that grass," said the mayor. "We're not happy about this situation, but for the safety of our travelling public [it had to be done]."

It's a narrow road with cyclists, walkers and cars, and we didn't want to see a bunch of wildlife collisions."

The RM cut the west side of the highway during the week of July 10, and will be mowing the east side this week. The highway north of Camp Morton to the boundary that Gimli shares with the RM of Bifrost-River-ton (at Road 123 N) — and farther north — will remain overgrown until fall.

"The highway is wider there and there's not as great a concern," said the mayor.

Woroniuk said the RM will be raising the mowing issue with the province because it's "not acceptable" to let the RM pay for and carry out provincial responsibilities.

He also said the municipality will be sending the bill to the province.

"I'll have to wait until next week to find out what the cost is," said Woroniuk.

He said he's not confident the province will reimburse the RM, but they're going to send them the bill "just as a gesture."



EXPRESS PHOTO BY CHARLENE THORKELSON

Irene Sigurdson, LPN and guild member, stands next to the new double sleeper bed for the palliative care room. The bed folds out from a couch and will comfortably sleep two.

Finalists announced for the Emerging Filmmakers Competition

Submitted

On Screen Manitoba, RBC and the Gimli Film Festival are pleased to announce the finalists for the 2017 RBC Emerging Filmmaker Competition. This year saw a record-breaking number of submissions from 22 emerging Manitoban filmmakers. The following filmmakers will pitch their projects to a jury of industry professionals in front of a live audience during the Gimli Film Festival on Saturday, July 29, 10 a.m. at the Gimli Theatre. See full schedule at <http://gimlifilm.com/films/film-schedule/>

Alan Wong - Dreams

Alex Ateah - Heel

Jackson Peters- Your Mileage May Vary

Justin Lamoureux - The Alligator: The Beast of Manigotogan River

Miles Crossman and Nicola Baldwin - If It Ain't Got

The jury will select one filmmaker who will be awarded \$10,000 in production funds through the RBC Emerging Artists Project, a mentorship with industry professionals from the National Screen Institute, a one-

year membership to On Screen Manitoba, a \$2,500 gift certificate courtesy of William F. White and a premiere screening of their film at next year's Gimli Film Festival.

The program will open with the premiere screening of the short film *The Debut* from Solmund MacPherson and Allegra Chiarella, winners of the 2016 pitch competition.

Participating filmmakers are then given three minutes to pitch their short film ideas to the panel of industry professionals and a live audience at the Gimli Theatre.

Following each pitch, the jury has five minutes to offer feedback and to ask questions. Once every pitch is completed, the jury deliberates and selects a winner.

"We're very excited to hear the pitches for this year's RBC Emerging Filmmaker Competition at Gimli Film Festival and to get to know more of the amazing talent waiting to be discovered," said Aaron Martyniw, RBC vice-president of commercial financial services. "RBC is proud to help Manitoba's arts community thrive



EXPRESS PHOTO SUBMITTED

The Gimli Film Festival will be held July 26-30 with the Emerging Filmmakers Competition taking place July 29.

and we thank On Screen Manitoba and Gimli Film Festival for giving storytellers this chance to share their creative vision and the chance to make their leap to the big screen."

"The RBC pitch competition at the Gimli Film Festival opens the door for emerging talent in Manitoba. Many past pitch participants work in the Manitoba media production industry today," said Nicole Matiation, executive director of On Screen Manitoba.

"With our media production business booming, there is real opportu-

nity for people interested in a career in the industry. On Screen Manitoba looks forward to working with each and every participant as they develop their media production skills."

On Screen Manitoba, RBC and the Gimli Film Festival would like to thank the National Screen Institute and William F. White for the generous prizes they provide for this competition. Manitoba's screen-based media community values their support and looks forward to continued partnership.

Organizations fight carbon taxes in Manitoba

By Jeff Ward

The Canadian Federation of Independent Business (CFIB), the Canadian Taxpayers Association (CTA) and the Western Canadian Wheat Growers Association have joined forces to fight against the future of potential carbon taxes.

On Thursday, July 13 representatives from the above organizations gathered outside the legislative building and demanded that Premier Brian Pallister hold a referendum before imposing either a federal or provincial carbon tax plan.

Jonathan Alward, CFIB's director of provincial affairs for Manitoba, said that not only will a future

tax burden small businesses but it will not reduce carbon emissions. Alward said that through CFIB's internal research, 62 per cent of small business members in Manitoba are opposed to carbon taxes. He added that a carbon tax will increase the size of government through another bureaucracy

and that it will have a negative impact on the economy.

"In a nutshell, we have concerns that a plan like this will make business less competitive in Manitoba," said Alward.

"A FEW CENTS A LITRE IS UNLIKELY TO CHANGE THE BEHAVIOUR OF INDIVIDUALS."

"There's more to worry about than the direct cost of the tax. It's the added indirect costs as well. We're talking about reduced disposable income for residents, which means less money being spent in businesses. It means less money business owners can use to reinvest in their own operation."

Prime Minister Justin Trudeau plans to impose a tax starting at

\$10 per tonne, which translates into roughly 2.2 cents on a litre of regular gasoline. That then grows to be 11 cents per litre on gasoline in all provinces by 2022 or \$50 per tonne.

The numbers from the most recent Angus Reid poll on the subject echo the CFIB's own findings in that 60

per cent of Manitobans polled do not support the federal government's plan.

Pallister is one of those who oppose the plan and is currently seeking legal action to refuse the federal plan for what the PC government is calling a "Made in Manitoba" solution. The details of Pallister's plan remain a closely guarded secret.

Alward said it doesn't matter if the tax comes from the feds or the province — his organization and the others in the coalition will oppose it in any form.

"Our data shows that small business owners are motivated to help reduce carbon emissions already, so a tax forcing them into that doesn't help. The least effective way to do this is to have it mandated by the government, to have extra rules," said Alward.

For proponents of the carbon tax, it all comes down to how the revenue it generates is used. Ron Thiessen, executive director for the Manitoba chapter of the Canadian Parks and Wilderness Society, said that strong measures are required for Manitoba to do its part to reduce emissions. Thiessen explained that the "polluter

pays" principal is a solid one.

Thiessen admits that the carbon tax the feds are proposing is a half measure.

"A few cents a litre is unlikely to change the behaviour of individuals," Thiessen said.

"Gas prices fluctuate often and it doesn't make people go to the pump less. But what the money is used for is the more important factor because if we use it to help preserve wetland and boreal forest zones, areas that are vast carbon stores, that is doing our part."

The farther north into the Interlake you go, the more densely packed the boreal forest becomes, and this area is immensely important in storing carbon emissions. Thiessen said that if carbon tax revenue can be used to advance green technology, green business or in the fight for conservation, then the tax is doing good.

Alward isn't convinced, however, as he believes these things can be accomplished without digging into the pockets of businesses or taxpayers. And for the time being, it seems that the majority of Manitobans agree.

Trying to break the cycle of abuse

Nova House opening sheds light on need for emergency shelters

By Lindsey Enns

Melissa's face and arms are covered in cuts and bruises and her voice is still strained from screaming for help.

The Winnipeg woman says her boyfriend abused her for three days straight before she fled to Selkirk.

"It got so bad that I got dragged out onto the train tracks and people that were near us saw me and took me to the hospital," the 34-year-old said. "I was screaming really loud and they heard me and then he took off."

Just hours before Nova House's grand opening in June, the *Express* spoke with three women currently staying at the new emergency shelter for women and children escaping abuse. The *Express* has given the women names to keep their real identities anonymous.

Nova House executive director Anna Pazdzierski says they currently have 13 women and four children staying at their new shelter, which officially opened its doors in May.

"I wish we weren't needed but we are," Pazdzierski said.

Melissa said when she arrived at Nova House last Tuesday she wasn't sure what to expect.

"I'm really scared right now. I don't think I've ever been this scared in my life," she said. "But I feel safe here and everything is super secure."

For 37-year-old Carol, this is her second stay at Nova House.

"When I first came here in December, I was only 95 pounds," she said. "I just couldn't deal with my issues."

Carol said she's now learning how to move on and stay away from abusive relationships.

"I think the hardest thing to do is to leave, but it's also the best thing to do," she said. "At first, you feel guilty for leaving, like you're doing something wrong, but you're not ... you're helping yourself."

"It's just better to leave and start fresh."

Carol said her ex-boyfriend was an alcoholic, and after months of emotional and physical abuse, she decided to leave.

"I had a feeling that I was going to end up dead," she said. "I didn't leave so much for myself but for my family."

"I didn't think it was fair for my mother to have to bury her daughter."

Carol's new-found strength is evident when she talks about her past relationships.

"Nobody has the right to put their hands on anybody," she said.

Sharon and her two young children were also escaping an abusive relationship when they arrived at Nova House in May.

"I got beaten up by my ex ... and I was in a pretty bad state when I got here," she said. "I had a concussion and I thought I had a broken nose."

"All my confidence was just gone."

In a couple of weeks, Sharon said counsellors have helped her feel like herself again. She said the new facility "feels like a home."

"When I first got here, I was lost. I've never been to Selkirk before. I felt really out of place," she said. "But these ladies are very helpful. They talked to me and they didn't make me feel pressured or anything."

Nova House hosted their new shelter's official grand opening and ribbon cutting at Selkirk's Gaynor Family Regional Library on June 28.

The new \$2.9-million building replaces an older facility in Selkirk that the shelter outgrew years ago. It houses 22 emergency shelter beds and four apartment units to help women and families transition back into the community.

The home also has play areas for children and office space to facilitate on-site resources and referrals.

"Nova House is a critical lifeline to show women and children in crisis that they are not alone when they leave dangerous and abusive situations," said Families Minister Scott Fielding during the shelter's grand opening.

Local dignitaries and community members also took the time to thank the Jim and Betty Ann Gaynor family, who donated more than \$550,000 to the project, during the grand opening.

"You guys are amazing for everything you've given to Selkirk," Selkirk-Interlake-Eastman MP James Bezan said during his address to the dozens in the crowd.

"What you're doing in Nova House will affect and touch so many lives in such a positive way."

The federal government provided more than \$300,000 through the



EXPRESS PHOTOS BY LINDSEY ENNS

Jim and Betty Ann Gaynor help lead the ribbon cutting alongside local and area dignitaries during Nova House's official grand opening at Selkirk's Gaynor Family Regional Library June 28.



Selkirk-Interlake-Eastman MP James Bezan, left, presents Nova House executive director Anna Pazdzierski, right, with a plaque during Nova House's grand opening last Wednesday.

Homelessness Partnering Strategy and the City of Selkirk donated the land for the new shelter.

Nova House raised the remaining funds and oversaw the project design and construction along with a committee of community volunteers.

The province's Family Violence Prevention Program (FVPP) assisted in the design process of the new shelter, which is located along Clandeboye Avenue, and increased its annual funding by \$186,000 in this year's budget to support expanded needs in the new facility. FVPP provides \$567,900 a year in funding to Nova House.

Despite the additional funding, Pazdzierski said they will continue their fundraising efforts as their annual programming costs come in at around \$150,000.

Nova House, which provides tempo-

rary shelter, interim housing, counselling, support groups, outreach programs and referrals to community resources, serves the Interlake and North Eastman region of Manitoba along with 19 First Nations. It is also known for having the highest occupancy rate when compared to other emergency shelters across the province.

"Until we get rid of gender-based violence, until we get rid of family violence, we have to have safe havens like Nova House," Bezan said.

Those in need of assistance can call Nova House's 24-hour crisis line at 1-877-977-0007 or locally at 204-482-1200 or for more information, visit novahouse.ca.

get inspired

> MEAL IDEAS

Grilled Lemon-Basil Pork Chops with Lemon-Basil Orzo



Serves: 4
 4 bone-in ribeye (rib) pork chops, about 3/4-inch thick
 3 small lemons
 2 tablespoons olive oil
 5 cloves garlic, minced
 1 1/2 tablespoons fresh basil, chopped
 8 ounces orzo
 salt, to taste
 pepper, to taste

Zest and juice lemons. In small bowl, combine lemon zest, lemon juice, olive oil, garlic, and basil. Set aside 3 tablespoons of mixture. Transfer remaining mixture to large resealable bag and add pork. Set aside for 30 minutes, turning occasionally.

Meanwhile, prepare orzo according to package directions. Drain and return orzo to pot. Stir in reserved lemon-basil mixture and salt and pepper to taste. Set aside to cool to room temperature.

Prepare a grill to medium-high heat and lightly oil grate. Remove pork from marinade; discard marinade. Season pork with salt and pepper and grill until internal temperature reaches 145 F, about 4 minutes per side. Remove chops from grill and let rest 3 minutes.

Serve chops with orzo.

Radicchio Salad with Olives, Chickpeas and Parmesan



Recipe courtesy of the Simply Recipes blog
 Prep time: 15 minutes
 Resting time: 10 minutes
 Serves: 4-6
 1/4 cup sunflower seeds
 1 large head radicchio (10-12 ounces)
 1 can (16 ounces) California green ripe olives, drained, rinsed and roughly chopped
 1 can (16 ounces) chickpeas, drained and rinsed
 1 cup finely grated Parmesan cheese, divided
 3 tablespoons balsamic vinegar
 4 tablespoons olive oil

1/4 teaspoon salt, plus additional, to taste

1/8 teaspoon fresh-ground black pepper, plus additional, to taste

Add sunflower seeds to small, dry skillet. Toast over medium heat, stirring occasionally, until seeds are toasted around edges and smell fragrant.

Transfer seeds to bowl to cool.

Peel away and discard a layer or two of outer radicchio leaves if they look wilted or battered. Cut head of radicchio into quarters through root. Trim away root.

Cut each quarter crosswise into strips, 1- to 1 1/2-inches thick. Transfer to large mixing bowl.

Add olives, chickpeas and 3/4 cup cheese to bowl with radicchio.

Whisk together balsamic vinegar, olive oil, salt and pepper. Pour over salad and toss gently until ingredients are evenly coated. If cheese clumps together, break apart with spatula and stir in.

Let salad stand at least 10 minutes, or up to an hour.

Add additional salt and pepper, if desired. Serve salad on individual plates or one shared platter. Top with remaining cheese and toasted sunflower seeds.

Substitution: If radicchio is unavailable, try frisee, endive or another bitter green.

Note: Salad is best served within one hour of preparation, but can be stored in airtight container in fridge for several days.



Do you expect your partner to make you happy? If you do, you could be setting your relationship up for failure. Somehow we are able to let go of the Tooth Fairy and Santa, but we still want to hold on to the knight in shining armor or the beautiful maiden who will make our dreams come true

On a deeper level it may be that we expect our partner to provide all of the loving, nurturing and support that we may not have received from our parents, and may not be getting out in the world. Many relationship difficulties can be traced to an ongoing struggle, like a tug-o-war, where each is trying to get the other to be the caregiver. This may be happening on a subconscious level, while on a conscious level it may manifest as arguments about who should get the groceries, or someone spending too much time in front of the T.V. set.

Part of the problem is that with our pace of life, we do not take enough time to nurture ourselves. If our emotional tank is running on low, then we just want someone to fill it up. We may end up siphoning from one another, until both are running on empty.

While there are certainly times when one is able and willing to be the giver,

Happiness Within

while the other blissfully receives, it is important that both partners take some responsibility for their own wellbeing. This might mean taking care of ourselves physically, with proper rest, diet and exercise, so that we can maximize our energy level. It might mean tending to our spiritual side, and staying in touch with what life is about. It could also mean doing the things we love to do individually. Too often people gradually give up things that they love because their partner doesn't.

When we start out in a new relationship, we put a lot of effort into showing the other how wonderful we are. It can be hard to keep this up, so we begin to slip a little, but continue to expect (admit it) the other to continue being totally wonderful, and to compensate for whatever our lives might be lacking.

The real key to our happiness is to put ourselves in charge of it. Do some things that make you feel terrific. Energize yourself and vow to get the most out of life, regardless of how others approach it. The good times with your partner can be the icing on the cake: delightful to have, always tasting like more, important for sure, but not the only source of your happiness. This way, you both can bring more into the partnership, and there is more to draw on in time of need.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.

Shaved Brussels Sprouts and Kale Salad



Salad:

3/4 pound Brussels sprouts, ends trimmed, outer leaves removed and sliced thin

1 head Lacinato kale, tough ribs removed and sliced thin

3/4 cup coarsely chopped, roasted, salted almonds

1/2 cup dried cherries

sealable GladWare container

To make dressing: Place lemon juice, mustard, syrup and olive oil in small container or jar and shake vigorously. Season, to taste, with salt and pepper, and shake again.

To make salad: In mixing bowl, toss Brussels sprouts, kale, almonds and cherries together. Mix in dressing and toss to coat evenly. Serve immediately.

If making ahead, store dressed salad in sealed container for up to 24 hours.

Recipe courtesy of Ayesha Curry on behalf of Glad

Dressing:

3 tablespoons lemon juice

1 tablespoon whole-grain mustard

1 teaspoon maple syrup

1/2 cup extra-virgin olive oil

small GladWare container

kosher salt, to taste

ground black pepper, to taste

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Wish Ride organizers gearing up for annual horse and motorcycle ride

Ride for a Child's Wish planned for Aug. 19

By John Bruce

Gary and Silver Peltier's hobby farm south of Woodlands is quiet now, but on Aug. 19 the sound of hundreds of horse hooves and dozens of roaring motorcycles will reverberate across their 13-acre property.

For the past 28 years, the Peltiers have raised over a \$1 million for the Children's Wish Foundation, and at the 29th annual Ride for a Child's Wish, they hope to raise \$90,000.

"With the amount of money we bring in, now we get to help six or eight children get their wishes," said Silver Peltier. "We know that it's going to make their lives a little bit better."

The Peltiers' Ride for Child's Wish fundraiser benefits Children's Wish Foundation, a charity that helps grant wishes to Manitoba children who are diagnosed with life-threatening illnesses.

Horseback and motorcycle riders raise a minimum of \$20 to participate in a 12-kilometre or 250-kilometre ride, respectively, through the Interlake region.

The ride is followed by children's entertainment, a dinner consisting of a pig roast, chicken, coleslaw, baked potatoes, beans and corn-on-the-cob, all donated by local producers, a silent auction with 101 prizes and a barn dance with live music.

The Peltiers' relationship with Children's Wish began when Gary serendipitously encountered the charity's representatives at a convention in Winnipeg 30 years ago.

"They said 'If you give us a dime, it's a dime we didn't have yesterday,'" said Gary Peltier. "It's become our motto."

The first annual Ride for a Child's Wish sold dinner to about 25 people and was attended by 12 horseback riders, raising \$750.

It's grown since then.

The ride now consistently raises over \$80,000 a year and attracts around 100 horseback riders, 40 motorcyclists and 700 to 1,000 guests.

"Such great dedication and devotion," said Maria Toscano, director of Manitoba's Children's Wish

Foundation. "We couldn't do what we do if we didn't have people like Gary and Silver and all their volunteers and donors."

In 2009, Gary and Silver won the Children's Wish Foundation's Laura Cole Award for volunteers of the year.

The money raised can usually fund the wishes of multiple children, but there is always one child ambassador or family representative at the event to say a few words about what the Wish Ride means to them.

This year, Liz Bannister will be speaking on behalf of her seven-year-old son Max Bannister who had emergency heart surgery as an infant and almost 20 subsequent operations to repair surgical scarring.

"It feels like Max is being acknowledged for something out of the ordinary that kids shouldn't have to face," said Bannister. "It's like they're saying 'Wow, you're an incredible boy and we want to do something incredible for you.'"

Max, a fan of *Cars*, *Frozen*, and *Star Wars*, will be going to Disneyland with his family this year.

The Peltiers' relationships with these families often continue to flower after the last horse comes home.

Valerie Hartle's daughter Sheena Pennell was a Wish Ride's child ambassador in 1992. Sadly, she died of brain cancer in 1994 at the age eight, but she received her wish of going to Disney World with her family.

"It was really special," said Hartle. "A really good break for us to get away from all the hospitals and all the needles."

Since then, the Wish Ride has become a family tradition for Hartle. Her daughter Morgan, 18, has been to every Ride for a Child's Wish since she was born.

"It wouldn't seem right not attending," said Hartle.

Hartle has volunteered every year since, often as a committee member.

The Peltiers and a committee of around 10 people start organizing the event in January, and every year the Wish Ride gallops on, rain or shine — like the year the Peltiers' home got flooded.

"We were living in a borrowed fifth-wheel trailer and we did the ride out of there one year," said Peltier. "But we managed to put it on."

Peltier said that year, like every year, couldn't have



EXPRESS FILE PHOTO BY JO-ANNE PROCTER
Pictured left to right: Ride for a Child's Wish volunteer Wally Finnbogason, Silver Peltier and Brianna Peltier. Gary Peltier is in the back.

happened without volunteers.

The Ride for a Child's Wish is always looking for volunteers to help sick children's wishes come true. You can contact the Peltiers through the Wish Ride's website at www.rideforachildswish.ca.

Anyone is welcome to attend the event on Saturday, Aug. 19 at the Peltier farm located just off of Highway 6, north of Warren, south of Woodlands.

Dinner is served around 5 p.m. and is available for \$10 per person or \$30 per family of five.

There is a link to donate to riders on the website, and if you want to be a rider, please email info@rideforachildswish.ca and they mail you pledge sheets.

Fish flies descend on lake communities

By Kit Muir

Again this year, residents and business owners in the Gimli area are dealing with thousands of dead fish fly carcasses on their properties, and it's up to the city to find a way to dispose of them.

Getting rid of the piles of fish flies that line Gimli's streets and cover its iconic seawall can be a challenge for the community, said Gimli Mayor Randy Woroniuk.

"It's like going through a horror story," said Woroniuk. "But it's a lot of fun."

Fish flies only live for about two days and drop dead shortly after mating, according to Jordan Bannerman, an Instructor in the Department of Entomology at the University of Manitoba. This means there are carcasses to sweep off steps every day

during the 10-to-14-day of fish fly season.

Though fish flies can be an added difficulty for the community, they also create a common bond for residents Woroniuk says.

"[Cleanup] is everybody's responsibility. It's a combined effort."

Woroniuk doesn't believe the influx of insects affects the number of visitors to the area, despite their sometimes astonished reactions to the swarms.

"With fish flies you've got to have a good sense of humour," said Woroniuk. "Because they're not going away."

Pollution in lakes has a negative effect on fish fly populations according to Bannerman.

"They rely on the health of the body of water they live in," said Bannerman.

But for Woroniuk, fish fly season comes as a sign of a healthy ecosystem in the lake. This year, he says the season has been average. Gimli resident Lisa Martin agrees.

"It's not in the epic proportions that we had last year," said Martin.

Martin grew up with a cabin near Gimli and now lives in the area full-time so she's used to the insects.

"It's something that Gimli people are, we're just so used to it," said Martin.

Gimli has seen the last of the fish flies this year but the residents know they'll be back again next summer.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Doyle tied for 45th after opening round of men's amateur golf championship

By Brian Bowman

Tyler Doyle of Sandy Hook was in a 13-player logjam for 45th overall after the first round of the Nott Autocorp Men's Amateur Golf Championship in Selkirk.

Doyle carded a 6-over 77 during Monday's opening round. He had a 37 on the front nine and 40 on the back nine.

Selkirk's Travis Fredborg found his old course to his liking as the talented, young left-hander fired a sizzling 5-under 66.

Fredborg grew up golfing on the Selkirk course but now plays out of Pine Ridge. He currently plays Division I golf in the U.S.

As great as Fredborg's opening round was, he was just two strokes in

front of Elmhurst's Devon Schade and Josh Neufeld in the 124-player field.

Breezy Bend's Eric Johnson and Jesse Skelton were next on the leaderboard after shooting rounds of 70 and 71, respectively.

Skelton was tied for fifth along with Elmhurst's Ben Bandura and St. Charles' Anthony Leicht.

Wade Wetelainen (Eagles Landing) and Cole Peters (Quarry Oaks) were tied for eighth after 1-over 72s.

Eight players were tied for 10th after shooting 2-over 73s on Monday.

Round two was played in Selkirk on Tuesday while the third round moved to Elmhurst yesterday and today.

No scores from those rounds were available at press time.



RECORD PHOTO BY BRETT MITCHELL

Sandy Hook's Tyler Doyle was tied for 45th overall after Monday's opening round of the Nott Autocorp Men's Amateur Championship.

Provincial champs



EXPRESS PHOTO SUBMITTED

The Fisher River Jr. Scouts won the U12 Manitoba softball provincials July 7-9 in Fisher River/Peguis. The Norway House Red Sox won silver while the Cross Lake Blue Jays took home bronze.

In U10 action, the Fisher River Jr. Hawks won bronze while Cross Lake took the gold and Norway House earned the silver.

Blue Jays to battle Carillon in MJB� playoffs

By Brian Bowman

The Interlake Blue Jays had their first taste of Manitoba Junior Baseball League playoff action this week.

Interlake started its best-of-three first-round series with the Carillon Sultans with games one and two played this past Tuesday and Wednesday (no scores were available at press time).

Game 3, if necessary, will be played tonight at 7 p.m. with the Blue Jays being the visitors.

The other first-round playoff series have the St. Boniface Legionaires playing the second-place team in the league and Pembina Valley taking on Altona.

Interlake finished its regular season with a 7-13 record and in seventh place in the eight-team league. The

Blue Jays wrapped up their regular season with a tough 11-10 loss to the Altona Bisons last Thursday.

After the Interlake erased a 7-5 deficit with five runs in the top of the seventh inning, Altona came back with four runs in its final at bat for the walk-off win.

The Bisons led 4-0 after three innings before the Blue Jays scored four in the top of the fourth. Altona scored a pair in the bottom of that inning and then the two teams traded runs in the fifth.

Emerson Klimpke (two), Derek Petrasko (two), Martin Knutson (two), Lane Holden, Baily Proctor, Chayce Topolnitsky and Jason Peltz scored for the Blue Jays.

On July 12, Interlake was defeated 12-0 by the Elmwood Giants.

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Mobile Pressure Washing & Wet or Dry Sandblasting now available in the Interlake. Homes - cottages - boats - metal resurfacing & rust removal. Call Ryan 204-861-0114.

HELP WANTED

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Tuesday July 25th @ 4:00 pm

Hazelridge, MB, Jct Garvin Rd & Myrtle St. 1/2 Mile East on Garvin Rd. Then North 1 Mile on Dundee/Garson Rd. Then East 1/3 Mile on Hillside Rd. #33043 Contact # (204) 755-2832

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ADMINISTRATIVE ASSISTANT

Lakeshore School Division invites applications for a 100% permanent Administrative Assistant commencing as soon as possible.

The Administrative Assistant is an integral member of the Lakeshore School Division team, reporting to the Superintendent/CEO. The Administrative Assistant contributes to the success of Lakeshore School Division by performing extensive administrative and general support duties in a highly responsible and confidential manner for the Senior Management Team. To be successful in this role you will portray a professional demeanor and have superior organizational, communication, time management and technical skills. This position requires a great deal of interaction; exceptional interpersonal skills are essential.

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- An Administrative Assistant certificate and/or previous experience in an administrative support role
- Advanced proficiency and creativity with Microsoft Office (Outlook, PowerPoint, Excel, Word, Access, Publisher)
- Strong attention to detail and ability to multi-task in a fast-paced environment
- Strong team player with superior communication skills, including social media communications
- Excellent time management skills with a strong ability to prioritize effectively and able to follow through on deliverables and meet tight deadlines

Please forward a letter of application with a resume and three references to:

Ms Janet Martell
Superintendent/CEO
Lakeshore School Division
Box 100 Eriksdale, MB ROC OWO
Phone: (204) 739-2101
Email: martelj@lakeshoresd.mb.ca

APPLICATION DEADLINE: Friday, July 21st, 2017 at 2:00 PM

We thank all for their interest; however, only those selected for further consideration will be contacted. Lakeshore School Division may contact former employers. Successful candidates must complete a Criminal Record and Child

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ANNOUNCEMENT

SHOWER ANNOUNCEMENT

Please join us for a Bridal Shower in honour of Genevieve Laura Golas, on Sunday, July 23, 2017 at 2:00 p.m. at the Fisher Branch Community Centre Fisher Branch, Manitoba Registry at The Bay

CORRECTION

Auction Sale for Estate of Russell Andrews - Eriksdale, MB
Saturday, July 29, 2017, at 11:00 a.m.
 Please note the following changes to last week's listing:
 800 Belarus Tractor - S/B 850 Belarus Tractor
 Removed - J.D. 800 Tractor
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ANNOUNCEMENT

BIRTH ANNOUNCEMENT



It's a GIRL!

Talia and Michael Binda are pleased to announce the arrival of their daughter Autumn Ruby Binda! Autumn was born on June 29, 2017 at 10:35 a.m. She weighed 6 pounds 9 ounces. Amma and Grandpa Heather and Grant Binda, Amma and Afi Janice and Doug Dey, Great Amma Vivian Goodman, Auntie and Uncle Lindsay and Matthew Binda and Uncle Tyler Dey are over the moon about the arrival of their precious peanut! A Jack and Jill baby shower will be held in honor of baby Autumn on Sunday, July 30th from 1-4 p.m. at the Dey's residence; 19135 Dnister road. Gift cards to Babies R Us and Wal-Mart are greatly appreciated. All are welcome to come celebrate.

NEWS TIPS
Call 467-5836

take a break > GAMES

SUDOKU

3		1		6				9
		6	2	5				
		7			4			6
								5
9					2		3	4
	2			1				
	6				1			8
4			6	7				
		8	4					

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku Answer

3	9	6	5	2	4	8	7	1
5	7	1	8	7	9	6	3	4
8	4	7	1	6	3	2	9	5
6	7	8	3	1	5	4	2	9
4	3	9	2	8	7	5	1	6
1	5	2	9	4	6	3	8	7
9	8	5	4	3	1	7	6	2
7	1	3	6	5	2	9	4	8
2	6	4	7	9	8	1	5	3

Crossword Answer

G	N	V	R	D	S	V	O	A	S	T	E		
V	H	E	S	S	K	N	I	Z	N	I	T		
S	E	I	V	E	G	O	W	A	T	I	W	E	
B	S	S	D	V	N	S	E	Y	I	S			
V	O	V	N	H	E	I	M	I	E	D			
N	Y	T	O	S	V	V	I	G	E	D	V		
E	L	I	T	L	E	V	S	V	T	V			
E	O	C	V	D	S	E	T	O	S				
N	I	B	V	S	S	N	E	T	O	O	H	O	S
A	T	T	O	E	V	N	I	W	D	V	H	C	
V	E	T	E	S	D	I	T	N	V	W	V		
D	W	O	R	E	S	S	S	S	V	W	V		

CROSSWORD

CLUES ACROSS

- Pile up
- Midway between south and southeast
- Canadian law enforcers
- Bollywood director Prawaal
- Body part
- Ancient Greek City
- Steep cliff
- Korean ruler
- As might be expected
- Takes kids to learn
- Absorption unit
- Parts of the feet
- Political action committee
- Cerium
- Former CIA
- Of she
- Japanese city
- Expression of sorrow
- Artificial body in orbit
- Expressed violent anger
- A way to surface
- Northern gannet
- Outer part of something
- Nothing
- Fathers
- Siesta
- Sino-Soviet block (abbr.)
- Of I
- Cash machine
- Discounts
- Dickinson, poet
- Watches over
- Hindu queen
- Steep banks
- Fertility god
- Port on Danube
- Liquids
- Greek war dance
- In addition
- Data acquisition system
- Crash an aircraft

CLUES DOWN

- Curved shapes

1	2	3	4	5	6	7	8	9	10	11	12	
13					14				15			
16					17				18			
19				20				21			24	
22							23					
25	26	27		28			29			30		
31			32		33		34				35	
36				37		38			39		40	
41					42			43		44		
45							46		47		48	
49	50			51			52			53		
54		55				56				57	58	59
60						61				62		
63						64				65		
66						67				68		

- "Beastmaster" actor Singer
- A female domestic
- Starches
- Without name
- An air cavity within a bone
- Relaxing places
- Midway between east and southeast
- Editing
- Baseball team
- Intended to be sung
- Video game Max
- Makes free
- French young women
- Express delight
- Takes to the sea
- Monetary unit
- Paddle
- Hit with an open hand
- Gurus
- Sings to
- Book of maps
- Publish in installments
- Ink (slang)
- American inventor
- Unclean
- Snag
- Mars Excursion Module
- Abnormal rattling sounds
- For each
- Country music legend Haggard
- Electronic communication
- Drenches
- Type of sword
- Lodgings
- Messenger ribonucleic acid
- Figure skater Lipinski
- Acquire by one's efforts
- Stony waste matter
- Offer
- Without issue



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