



GET YOUR  
BLUE BOMBER  
BUDDY & FAMILY  
PACKS AT  
COOP!



Interlake

**ERIKSDALE LOCATIONS** • Grocery • Hardware  
• Card Lock  
**ARBORG LOCATIONS** • Food Store  
• Gas Bar • Card Lock

BULK PETROLEUM 204-376-5201 or 204-376-5245



# THE EXPRESS

VOLUME 3 EDITION 27 THURSDAY, JULY 7, 2016

WEEKLY NEWS

SERVING LUNDAR, ASHERN, ERIKSDALE, MOOSEHORN, FISHER BRANCH, RIVERTON, ARBORG, GIMLI, WINNIPEG BEACH, ARNES, MELEB, FRASERWOOD



EXPRESS PHOTO BY LANA MEIER

The Lobster Mobsters and volunteers took a moment to pose in the photo booth during the 8th annual Lundar Lobsterfest Dinner & Dance fund raiser last Thursday. Over 600 guests enjoyed fresh Atlantic lobster and sirloin strip steak cooked up and served by the Mobsters. Pictured left to right, back row: Floyd, Kevin, Gary, Michael, Grant; front row, Mark, Tanya, Jen, Amanda and Michele.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

# RONA

BUILDING CENTRE GIMLI  
www.rona.ca



3 STYLES IN 1



Relax in style with  
Rona's convertible  
LOVESEAT/LOUNGER/BED  
this summer.

Regular price \$699.00

Available now at  
Gimli RONA for **\$599<sup>00</sup>**

1-877-770-7662

HOURS: OPEN 7 DAYS A WEEK MON-SAT 8 am - 6 pm • SUN 10 - 5 pm



# Lundar Lobsterfest fundraiser a big success

**Staff**

The Lundar New Arena fund held its very successful 8th annual Lobsterfest Dinner & Dance fundraiser on June 30 at the Lundar Arena served by a group of Mobster volunteers.

The evening had a festive atmosphere as guests delighted in fresh Atlantic lobster and sirloin strip steak and danced to songs played by the 2ManBand featuring Luke and Noel.

Lots of people were excited with the size and amount of prizes, which included a canoe, paddleboard, lawnmower, doll house and an outdoor day bed with a canopy. Vanessa Insaurrealde won the \$1,200 door prize.

The steak was purchased from the Lundar General Store, where you can

ask for Lobsterfest steaks, and the 1.75-pound live lobsters were flown in from Nova Scotia. All 600 dinner guests were served within one hour and 15 minutes.

First-timer Anita Hanslip from Erksdale enjoyed her evening.

“We thought it was a very well put-together event. All the volunteers were amazing and we would definitely go again,” she said. “The food was awesome — no wait time to be served. The entertainment was great and wonderful prizes.”

Organizers are already planning for next year’s event and will have tickets available for sale the beginning of May 2017.



First timers Anita & Ken Hanslip.



**READY TO RIDE  
SALES EVENT  
SEA-DOO**

Starting at **\$5,899<sup>†</sup>** | Up to **3-YEAR COVERAGE<sup>‡</sup>**  
ON SELECT 2016 MODELS AND PRIOR



**GET A FREE CGX2 ACTION CAMERA\***  
WITH THE PURCHASE OF \$1,200 OF BRP RIDING GEAR AND ACCESSORIES.



**Gimli Snowmobile Centre**  
109097 Hwy #9, Gimli, Manitoba (204) 642-7017



©2016 Bombardier Recreational Products Inc. (BRP). All rights reserved. \* In Canada only. The terms and conditions may vary depending on your province and these offers are subject to termination or change at any time without notice. Certain conditions may apply. See an authorized BRP dealer for details. † Starting at \$5,899. 2016 Sea-Doo® PWC SPARK™ models start at \$5,899. This Manufacturer Suggested Retail Price (MSRP) excludes taxes, delivery and registration fees. The price paid may vary depending on available rebates and promotions, as well as other fees and credit qualifications. If requested by the consumer: ‡ Get up to 3-YEAR COVERAGE on select 2016 models and prior. Eligible units are new and unused 2016 and prior Sea-Doo® PWC models (excluding SPARK™ models). The buyer of an eligible model will receive a 12-month BRP Limited Warranty plus a 24-month B.E.S.T. Coverage. Subject to the exclusions, limitations of liabilities and all other terms and conditions of BRP's standard limited warranty contract, including without limitation the exclusions of damages caused by abuse, abnormal use or neglect. B.E.S.T. service contract is subject to a \$50 deductible on each repair. For complete details, please see the BRP limited warranty and the BEST agreement at an authorized BRP dealer near you. \* GET A FREE CGX2 ACTION CAMERA WITH THE PURCHASE OF \$1,200 OF BRP RIDING GEAR AND ACCESSORIES. Offer valid in Canada from May 1, 2016 to June 30, 2016 at participating authorized BRP dealers, while supplies last. Online orders are not eligible. \*Customers in Canada who purchase \$1,200 of BRP clothing and/or accessories — based on invoice total before taxes, labour and installation fees — are eligible to receive a CGX2 action camera by Cyclops Gear (a value of \$349.99), at no additional cost. BRP genuine parts and trailers as well as Ski-Doo parts, accessories and riding gear are excluded from this promotion. Limit of one (1) camera per eligible customer. To receive their CGX2 action camera, customers must fill and sign the customer information section of the CGX2 camera claim form provided by the participating authorized BRP dealer. The participating authorized BRP dealer will then provide customers with a CGX2 camera. If the participating authorized BRP dealer does not have a CGX2 camera in stock, dealer must place an order with BRP and then contact the customer when the CGX2 camera is available for in-store pick up. BRP reserves the right to terminate or change this promotion at any time without notice. ‡ Printed in Canada. Offer may not be assigned, traded, sold or combined with any other offer unless expressly stated herein. Other conditions and some restrictions may apply. Offer void where prohibited by law. Offer may not be assigned, traded, sold or combined with any other offer unless expressly stated herein. Other conditions and some restrictions may apply. Offer void where prohibited by law. BRP reserves the right, at any time, to discontinue or change specifications, prices, designs, features, models or equipments without incurring any obligations. Follow all instructional and safety materials. BRP recommends a minimum operator age of 16 years old. Always observe applicable laws and regulations. Respect the rights of shoreline residents, and keep a safe distance from other recreationalists. Always wear appropriate protective clothing, including a Coast Guard-approved PFD that is suitable for PWC use. Not all riding conditions are appropriate for inexperienced or beginner riders. Always ride safely and responsibly. Remember that riding and alcohol/drugs don't mix.

**SEA-DOO**



sea-doo.com



# Boat parade awes

Steep Rock's first Canada Day boat parade shows decorating talent

By Stefanie Lasuik

Steep Rock Park's first Canada Day boat parade showed impressive efforts from its participants. A fully decked-out pirate ship, fiddlers on a boat and exotic dancers highlighted the parade.

The Batenchuk Pirates won the competition and \$100 given by an anonymous donor.

"They were so impressed with the participation and enthusiasm of the people that were in the parade," said park manager Lana Iwanchuk.

The pirates included George and Shelly Batenchuk, Darcy Miller, Danny McHugh, Joanne and Rusty Feakes, and Blaire Gromniski.

Off the water, kids participated in games like Twister and bubble balls. The park saw 185 people for the pancake breakfast and 230 for a steak dinner.

"There were so many people here. It was absolutely fantastic," said Iwanchuk.

The Third Chins played country rock into the night that ended with fireworks.

"Everybody loved them," said Iwanchuk of the Ashern-based band.

Iwanchuk credited her volunteers for helping pull off such a "fantastic" weekend.

"Our volunteers this year blew us away," she said.

People are already looking forward to next year's celebrations and boat parade. The creativity they saw on the water sparked their own ideas.

"Everybody's talking about what they're going to do next year," Iwanchuk said.



Eva Learmond won first place in Steep Rock Park's Canada Day bike parade.



EXPRESS PHOTOS SUBMITTED

The Batenchuk Pirates wowed the crowd with their decorated pirate ship and costumes. The group won first place in the boat parade and \$100.

## THE VIKING STANDS GUARD IN GIMLI

Help create a new park that will:

- Provide a 'nature/culture/play' environment for kids of all ages
- Enable a universally accessible journey that everyone can take together
- Generate a greater understanding of the cultural history of Gimli
- Pay tribute to the tenacious spirit of the area's settlers and their love for their new land
- Celebrate Gimli and the people who live here!

**Information Session**  
 Monday July 18th, at 7:00 PM  
 Johnson Hall, Waterfront Centre  
 Make History with Us

ICELANDIC FESTIVAL OF MANITOBA®

**Countryside Home building centre**

### APPLIANCE Specials of the Week

Sale Ends on Thursday, July 14, 2016

G.E. Top Load Washer 4.9 Cu. Ft. Reg. \$799.00	<b>Sale \$649</b>
G.E. Dryer Reg. \$599.00	<b>Sale \$499</b>
Frigidaire 21 Cu. Ft. Chest Freezer Reg. \$949.00	<b>Sale \$799</b>
Frigidaire Coil Top Range Reg. \$749.00	<b>Sale \$569</b>

### Clearance Items

G.E. Top Load Washer 4.9 Cu. Ft. Reg. \$849.00	<b>Sale \$599</b>
G.E. Dryer 7.0 Cu. Ft. Reg. \$599.00	<b>Sale \$449</b>

**Fisher Branch**  
**204-372-8501**



# No charges should be laid against Gimli RCMP, investigation concludes

## Submitted

The Independent Investigation Unit of Manitoba (IIU) has concluded its investigation into a serious injury incident involving members of the Gimli RCMP and has determined that no criminal charges should be laid against any officer.

On July 19, 2015, an RCMP officer was performing traffic duties north of Gimli when a vehicle passed the of-

ficer at a high rate of speed. Following a pursuit, the officer called for back-up and the 37-year-old male was arrested and taken into custody. During the arrest, he received an injury to his left eye and was diagnosed in hospital with a non-displaced fractured orbital bone. Since this is a serious injury as defined by IIU regulations, the IIU took over the investigation.

During the course of the investiga-

tion, two members of the RCMP were designated as subject officers.

IIU civilian director Zane Tessler received the completed investigation. Following a review by Manitoba Prosecution Services and on consideration of all the evidence gathered, he is satisfied that no charges should be authorized against the officers.

The man involved in this altercation remains before the Court on numer-

ous charges arising out of this incident. As such, the IIU will not comment further on this matter.

The complete report of the civilian director will be posted online once the charges are dealt with by the court.

The details of this investigation were first released on Aug. 11, 2015.



**It's all about home**  
*build • buy • renovate*  
**Start your journey with us  
and get \$500 cash back\***

\*Applies to financing of \$50,000+. Offer ends July 31st.  
Some conditions apply. See us for details.

[noventis.ca](http://noventis.ca)

**Noventis**  
CREDIT UNION

## Icelandic Festival invites community to comment on plans for Viking Park

### Staff

The Icelandic Festival of Manitoba (IFM) and the RM of Gimli, Gimli Harbour Authority and Betel Personal Care Home will be hosting a public meeting on July 18 at 7 p.m. Johnson Hall in the Waterfront Centre. The IFM is thrilled to announce new cultural enhancements for Viking Park and wants to share them with the community.

This public meeting will be the third in a series of public informational sessions aimed at gaining community input into plans for Viking Park. Previous consultations have resulted in LED low-level lighting, enhanced accessibility and safety, changes to the hydro and further integration of the cultural history of Gimli.

The Icelandic Festival plans to tender the project at the end of August 2016 in time to open for Canada's 150th birthday.

Learn more about the Elf Gardens, the Troll Storm Gardens and Breakwater Gardens. Notably, the latter will highlight and preserve a stretch of the old breakwater that is so meaningful in the development of Gimli. The Historical Wall has been re-imagined as a Viking long-boat with dragon head prow and dragon tailed stern.

The IFM also plans to share an outline of the milestones in the development of our beautiful community on the culture and history wall, and ensure they receive residents' input into the enhancement of this treasured community green space.

For more information, please contact Chris Brown, executive director of the Icelandic Festival, at 204-642-7417.



For all your advertising and print needs, please call  
**Robin Chestnut**  
at **204-641-4104**  
or email him at  
[ads@expressweeklynews.ca](mailto:ads@expressweeklynews.ca)

For story tips and ideas,  
please call **Lana Meier**  
at **204-467-5836**

**EXPRESS**  
WEEKLY NEWS



# Community comes together for Winnipeg Beach School playground

By Patricia Barrett

Winnipeg Beach School does not owe another cent on its new playground thanks to the generosity of the Gimli & District Kiwanis Club, a Winnipeg Beach man and students and parents who held a garage sale in early June.

Each was honoured at the school's year-end assembly held June 29 in the gym. They raised a combined total of \$4,226.10.

"This year, we got a phone call," said vice-principal Alison Berthaudin, referring to Kiwanis, "and they said, 'All the money from the Tag Day is going to go to your playground project.'"

Kiwanians stood outside local stores and asked people to make a donation in return for a tag. Winnipeg Beach students worked alongside the organization during the event, as they do every year.

Kiwanis members presented a cheque for \$1,726.10 to principal Shawna Rudd as the audience clapped and cheered.

In turn, Kiwanis was honoured with a commemorative plaque that included photos of students playing on the new equipment.

Calling Zelenitsky's donation the "biggest surprise of all," Berthaudin told the audience how he called up the school out of the blue and told



Richard Zelenitsky (centre) gave Winnipeg Beach School \$1,000 to pay off its playground.

them he wanted to "do something good" for them.

"He said, 'I have \$1,000 that I want to give to your playground project.'"

The audience cheered for Zelenitsky as he, too, received a commemorative plaque from the school.

Berthaudin also thanked students, parents and Kiwanis for helping organize a school garage sale. All the proceeds went towards the balance owing on the playground.

"You guys bought so much stuff yourself ... and you bought lots and lots of food that day ... and, as you know, you raised \$1,500 for the school,"

said Berthaudin.



Richard Zelenitsky gets a hug from principal Shawna Rudd for his donation to the WBS playground.



EXPRESS PHOTOS BY PATRICIA BARRETT

The Kiwanis Club of Gimli and District member Wilma Palmer, left, turned over Tag Day proceeds to pay for WBS playground. Principal Shawna Rudd (centre) thanked the club.

## All aboard Exclusive Bus Lines



EXPRESS PHOTO BY BRETT MITCHELL

Barb Lavallee boards the first Exclusive Bus Lines bus to leave Selkirk for Winnipeg on Monday morning. The Headingley-based company announced they would be taking over the Selkirk-to-Winnipeg route after Beaver Bus Lines stated they would be dropping the service due to low ridership numbers. The new service takes riders back and forth from Selkirk to Winnipeg 11 times a day during the week and includes express routes to the University of Winnipeg.

**Fraserwood Hotel**  
 Restaurant & Bar  
 • Vendor • Rooms • VLTs

**The Interlake's First**  
**OPEN MIC JAMBOREE**  
 every 3<sup>rd</sup> Saturday of the month

**KARAOKE** every 1<sup>st</sup> Friday of the month  
**HAPPY HOUR** Mon-Fri 4-7pm Sat. 8-11am

**FREE POOL** Wed. & Sun.  
 Balanced & Refinished Tables

Restaurant: 9am Club 231 on Road 231,  
 Bar: 10am East off Hwy #7  
 Sunday 1-6 **204-643-5304**

Watch for our **SPECIAL EVENTS!**

**THE Flicks CINEMA**  
 319 First Street E., Stonewall, MB  
**SHOWTIMES:**  
 Please check individual listings  
 Due to various picture lengths showtimes vary  
**204-467-8401**  
 PROGRAM SUBJECT TO CHANGE WITHOUT NOTICE  
 Cash only

---

**THE CONJURING 2** FRI TO THURS JULY 1-7  
 OPEN TUESDAY  
 At 8:00 PM Each Night

Adult Accompaniment under 14;  
 Frightening Scenes: Violence **14A**

---

**THE LEGEND OF TARZAN** FRI TO THURS JULY 15-21  
 OPEN TUESDAY  
 Fri & Sat at 7:30 pm & 9:30 pm  
 Sun-Thurs at 8:30 pm

Not Recommended for Young Children;  
 Violence **PG**





PUBLISHER  
Lana Meier



SALES  
Brett Mitchell



SALES  
Rick Reimer



SALES  
Robin Chestnut



REPORTER/PHOTOGRAPHER  
Patricia Barrett



REPORTER/PHOTOGRAPHER  
Stefanie Lasuik



PRODUCTION  
Nicole Kapusta



SPORTS REPORTER  
Brian Bowman



ADMINISTRATION  
Corrie Sargent



DISTRIBUTION  
Christy Brown



ADMINISTRATION  
Allana Sawatzky



ADMINISTRATION  
Tracy Farmer



ADMINISTRATION  
Jo-Anne Procter



REPORTER  
Jennifer McFee

# getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL

## A shocking fish tale

Hi gang. How's it going?

Last Friday, I was over at Breezy Point spending an afternoon joking around with the many anglers milling about and met Darren Thiessen from Winnipeg who had an unusual story for us.

Thiessen was fishing with a pal at Otter Falls a few weeks ago in an older boat. When they eventually came in and were going to tie off at the dock, two MCOs approached them and asked to see their fishing licences. As Darren was dealing with the MCOs, his boat began to drift away from the metal dock. With one hand still on the controls, he touched the metal dock and immediately became grounded. Electricity flashed through his muscles, locking them up in agonizing pain. He could not let go. He screamed for the MCOs to help him but they just stood there dumbfounded. Then the boat heaved and his hand came off the dock. As he sat in the boat trying to regain some feeling in his body, the MCOs sheepishly tossed the men's licences back into the boat and beat a hasty retreat as they wished Darren and his buddy a good day.

Not far from Darren, I found Kathy and Raymond Jackson riverbank fishing. Kathy, having overheard Darren and me laughing about his shocking experience, was encouraged to add her little story of when they and her brother Josh were fishing in the Whiteshell. Ray caught a jack and as he hauled it up with great force, it slipped from the hook and smacked Josh right in the face.



EXPRESS PHOTO SUBMITTED

Kathy Jackson of Winnipeg with her big bass catch from the Red River at Breezy Point.

As Kathy was telling her story, she caught a nice big bass, which she held up so I could take a picture for you.

During the weekend, I visited the Winnipeg Beach harbour complex where, to my amazement, shoreline anglers completely filled the north beach fishing, sun bathing and picnicking. My attention was drawn to a couple who lazed in the sun in folding chairs, their fishing rods in hand. I trudged through the deep, soft sand and struck up a conversation with Randy and Burnadette Carlson who have a cabin at Sandy Hook. Randy, a

fit fellow with short cropped salt and pepper hair and beard, mentioned that yesterday he was fishing here on the harbour side and caught a pickerel. As he was landing it, a huge jack came tearing along just under the surface of the water and clamped onto it. Thinking quickly, Randy pulled his rod up high and hard, making the jack let go. That pickerel, and a few more he caught, became supper that night.

On Saturday, just north of Lac du Bonnet at Ponds Lake, I met a chap,

Continued on page 10

### > CONTACT US

Express Weekly News - Interlake Graphics  
74 Patterson Drive, Stonewall Industrial Park Phone 467-5836 Fax 467-2679  
Letters to the Editor: letters@expressweeklynews.ca  
Classified: classifieds@expressweeklynews.ca  
Advertising: ads@expressweeklynews.ca  
News: news@expressweeklynews.ca



Advertising Deadline: Monday 4:00 pm  
prior to Thursday Publication

Stonewall Teulon  
**Tribune**

**Selkirk Record**

The Winkler Morden  
**Voice**

### > CONTACT US

By phone: **204-467-5836**  
fax: 204-467-2679

Find us: **74 Patterson Dr.,  
Stonewall, MB R0C 2Z0**  
Office Hours: Mon. - Thurs.: 8:00am-5pm  
Friday: 8:00 a.m. - 4:00 p.m.

### TO PLACE AN AD or for COMMERCIAL DESIGN & PRINTING

**Robin Chestnut** 204-641-4104  
ads@expressweeklynews.ca

**Stephanie Duncan** 204-467-5836  
ads@stonewallteulontribune.ca

or call our office at 204-467-5836

### OUR EDITORIAL STAFF

**Jeff Ward** (Highway 6) 204-298-3381  
jeff@expressweeklynews.ca

**Austin Grabish** 204-785-1618  
austin@selkirkrecord.ca

**Brian Bowman**  
Sports Reporter  
sports@expressweeklynews.ca

### TROUBLE WITH PAPER DELIVERY?

**Christy Brown**, Distribution Mgr.: 204-467-5836

The Express Weekly News is published Thursdays and distributed through Canada Post to 13,183 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

*This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we will connect our people through stories in the paper to build stronger communities.*



# Kiwanis Club feeds the masses while supporting the community

By Patricia Barrett

Not only did the Gimli & District Kiwanis Club fuel up hundreds of residents and tourists with a good breakfast during the town's Canada Day celebrations, but it also raised money for local causes.

Twelve Kiwanians, including president Gord Anderson, were a well-oiled machine in their trailer's kitchen and on the serving line, dishing up steaming hot pancakes and sausages to the masses for nearly three hours Friday morning in Gimli Park.

"All the money the club raises goes back into programs in the schools and in the community," said member Heather Ritchie, who paused for a moment to facilitate a shouting-relay between the kitchen and the order line. "We [fundraised] for an environmental playground at Sigurbjorg Ste-



Terry Sekhon, lieutenant-governor of Kiwanis' Western Canada District, worked the serving line at Gimli Park. fansson Early School."

In addition to fundraising, Kiwanis



EXPRESS PHOTOS BY PATRICIA BARRETT

Kiwanians kept the fires stoked in their trailer to feed the masses at Gimli's Canada Day celebration last Friday.

spearheads other initiatives that promote community well-being in Gimli, Winnipeg Beach and surrounding areas.

"We started a plastic bag collection in Gimli six months ago based on Take Pride Winnipeg's," said Sam Sekhon, who stepped away from the grill for a moment to assess the long queue that had formed. "All the schools are collecting those bags."

Take Pride Winnipeg sends the bags to manufacturers, who turn them into items such as Frisbees.

Kiwanis also purchases a lifeline

medical alert device every year for a person in need, said Lt.-Gov. Terry Sekhon, who was working the serving line.

Just before 10 a.m., the group had gone through five cases of sausages supplied by Gimli's Super A Foods and 50 pounds of pancake mix. It still had another half hour ahead.

Kiwanis works with the RM Gimli every year to provide the Canada Day breakfast. This year, it rounded up volunteer painters to brighten up the picnic tables in the park.



The Gudmundson family contributed to the fundraising efforts of the Kiwanis Club and enjoyed a pancake and sausage breakfast.

## Water management solutions announced for Bifrost-Riverton

Submitted

The governments of Canada and Manitoba will invest \$1 million in a pilot project to improve drainage and address other water-related issues affecting agricultural producers in the Rural Municipality (RM) of Bifrost-Riverton, Federal Agriculture Minister Lawrence MacAulay and Manitoba Agriculture Minister Ralph Eichler announced Monday.

"Dealing with excess moisture from extreme weather events has created many challenges for Manitoba farmers in recent years," said MacAulay.

"This investment will help find ways to effectively manage and improve water-related issues ensuring long-term sustainability of the land and economic prosperity for farmers."

Over the next three years, Bifrost Agricultural Sustainability Community Service Cooperative Inc. (BASIC)



Manitoba Agriculture Minister and Lakeside MLA Ralph Eichler

will use this funding to increase profitability and competitiveness of area producers by:

- examining the effects of artificial-

ly induced excess moisture, varying seeding rates and varietal differences on several crops, through innovative field research;

- identifying alternative crops for the region that might be suitable and economically viable with improved water management;
- researching ways to mitigate soil erosion and maintain water quality on agricultural lands; and
- rehabilitating more than 330 kilometres of municipal drainage.

"We are committed to finding effective solutions to deal with chronic excess moisture, to help reduce the devastating effects on farm families and the rural economy," said Eichler.

"This project supports on-farm competitiveness and profitability and may offer lessons that can be applied in other parts of the province dealing with similar challenges. It may also

help reduce the demand on business risk management programs by dealing with the root causes of the issue."

The field research will utilize innovative water management infrastructure such as tile drainage and irrigation developed at the Prairies East Sustainable Agricultural Initiative diversification centre near Arborg. Soil erosion and water quality work will be completed through partnership with the East Interlake Conservation District, with contributions from local area farmers.

"Our farmer-members are very excited about the opportunities presented by this project," said Eric Fridfinnson, BASIC chair. "This cooperative effort will allow us to begin capturing the advantages of farming in a higher rainfall area, instead

Continued on page 10



# Arborg Rodeo adds entertainment

By Stefanie Lasuik

The Arborg Rodeo is set to kick off on Friday, July 15 with several new attractions while old favourites expand.

A wild cowboy trail competition at 2 p.m. on July 15 will see horses face unusual obstacles. In the evening, Rockalypso will entertain at the River Bank Park with its Carribean sound. The band has taken its reggae-style music to events and festivals all over Canada and United States and will create an island aura in Arborg from 9 p.m. to 1 a.m.

A pioneer life demonstration will also be new this year. Families and individuals from the Manitoba Living History Society will play settlers from 1812. Under their historic tents, they'll spin and kearn sheep's wool, make leather moccasins and cook food for passersby to sample.

"It's a really good fit when there's outdoorsy type things," said Barb Dieder, who will be demonstrating a Métis woman\*.

The families make all their clothing themselves and try to match the wardrobes of the pioneers. Settler women wore chemises, skirts, bedjackets, and fichus — large square kerchiefs that acted like scarves or shawls. Men wore trousers, shirts, night coats or vests, and ties around their necks.

Rodeo attendees can speak with and learn from the families all weekend long.

"It's a great family-oriented activity," said Dieder.

The rodeo itself is family-oriented. The kid zone will be back this year with the largest petting zoo the rodeo has seen.

Kids can play in the roped-off kid zone full of bouncers and activities like the Barnyard Olympics. The Olympics put a farm twist on regular sports, like hay bale hurdles instead of metal.

"The kids can play there all day and they'll really enjoy themselves," said rodeo organizer Lenore Olafson.

The kids should also enjoy Eric the Juggler, who will make his first trip to the rodeo on July 16. He juggles knives, fire, double-bladed axes and a chainsaw.

Among the new events, the returning ones are getting bigger. The MBRA Jackpot Barrel Racing on July 15 at 8 p.m. will exhibit more participants as will the highly regarded antique tractor pull.

While the pull is typically for an older crowd, younger participants are joining the competition.

"We have all kinds of young people that are looking for tractors and soup-ing them and pulling them out of bushes," said Olafson.

The antique tractor pull will go July 16 and 17 at 2 p.m. Admission to the rodeo is \$10 per person, \$25 for a family of four and free for children six and under.

For a complete list of activities, visit [agsociety.net](http://agsociety.net).



**EXPRESS PHOTO SUBMITTED**  
Eric the Juggler will make his first trip to the Arborg Rodeo on July 16.

## Letters

Letters to the Editor: [letters@expressweeklynews.ca](mailto:letters@expressweeklynews.ca)

### Highway Medicine — A road to hell paved with good intentions

June 22, 2016, started off like any other day, busy in the shop and working late. I decided to order a stir-fry from a local restaurant. When I ate the stir-fry, something tasted different. I chocked it up to a different vegetable combination and more noodles than normal. Half way through, I stopped and felt full. As the evening progressed, I felt fuller. At 9 p.m., I called the restaurant and asked if they had changed something in the stir-fry. I was told they had run out of Cisco chicken and had replaced the chicken with a gluten-free rice chicken burger.

Around 10 p.m., I began vomiting with intense stomach pain. At midnight, I checked in to the Eriksdale Hospital. After a nurse assessed me, a phone call to the Lakeshore General Hospital doctor, it was determined I had food poisoning. An IV, Gravol and antibiotics started, and at 5 a.m. more Gravol and antibiotics and severe stomach pain. Another call was made to the Ashern doctor. I was offered an ambulance ride to Ashern but it would take a bit before the ambulance arrived or a car ride with my boyfriend leaving immediately.

Half an hour later, I arrived at Ash-

ern, was assessed, then sent by ambulance to Selkirk.

At Selkirk, I was instructed to drink two glasses of water and the attendant would be back to get me. Around 6 p.m., I began shaking uncontrollably and began vomiting again. I remember being wrapped in blankets, told to raise my arms, while two paramedics wheeled me into a hospital room. I have so much respect and gratitude for those two people. I can't remember their names but they were so kind to me, rubbing my back and looking after me.

Shortly thereafter, I met a surgeon. He said I was a unique case after reviewing my CT scan. The food poisoning caused my body to swell and move things around, causing a stone to land on top of my appendix where it lodged itself. During surgery, he was going to remove it and assess my appendix, which he thought might have some issues.

Friday at 1:30, the nurses prepped me for surgery and at 4 p.m., the recovery nurse was waking me up. The surgeon explained my appendix just fell apart as if waiting for him to come and get it. He spent an extra hour in surgery just picking up the pieces. He said the food poisoning probably saved my life. Who would have thought? He told me I should be released in the morning and all should be well.

I had more vomiting and diarrhea on Friday and Saturday. I was taken off antibiotics Saturday and got worse, possibly an infection. Back on aggressive antibiotics all day Sunday. A nurse and I tried a couple of different combinations and finally found one that worked. As I stared out the window, I thought how can they be building a billion-dollar hospital a half an hour from Winnipeg when it should be in the Interlake two hours from Winnipeg. Eriksdale is part of the IERHA and my hospital tax dollars were paying for this new hospital with the doctors and equipment that was easily accessible for Selkirk residents in Winnipeg? Eriksdale ER is nurse-managed; Ashern hospital didn't have the equipment to assess me properly.

My roommate, as well as three other people I met over my stay, were all from the Ashern area. I was thinking about the rally in Eriksdale that supported to keep our hospital open when my roommate shared her story. She is diabetic and will be on dialysis within the year. She will need to have someone drive her to St. Boniface Hospital for her dialysis treatment three times a week. Two and half hours from Fairford to St. Boniface Hospital, four hours on dialysis and two and half hours home again, a day off and go again. She said there is some federal funding to help with

the costs associated with travel. Option B was to relocate her family to Winnipeg and she could take a bus back and forth to the hospital. She said her husband works, kids have school, they have a life, family and friends. As far as she was concerned there was no Option B.

How about Option C: expand the facility in Ashern to accommodate the needs of the Interlake or better yet build a brand new billion-dollar hospital in the Interlake where it's needed.

This had been a hard five days for me and I had family visiting me. Her family wasn't there and she was on Day 10. They'd come a couple of times but it was a two-hour drive, money was tight and her husband had to work. Everybody knows having your family and friends around you helps you heal at least 50 per cent faster.

I was brought back to the room by my surgeon and released to go home with a promise to come back for followup. I agreed. The nurse came in to tell me it would be at least half an hour before they would be back to remove my IVs. I asked her how I getting home. I couldn't just jump in a taxi. She said it was my responsibility to get home. I suggested riding back in an ambulance and she again told me I had to find my own way home....

- Lisa Sobry



# Ashern's Canada Day celebrations support cause

## Approximately \$8,000 fund raised for assisted living

By Stefanie Lasuik

After over 20 years of abandonment, the Ashern sports grounds welcomed more than 700 players in a friendly Canada Day slow pitch tournament.

Tyler Geisler and a group of volunteers cleaned up the grounds in preparation for the day. They cut and bagged the overgrown grass, used an 80-tonne packer to ensure the diamonds were level, and saw their hard work pay off on July 1. Smiles and laughter filled the grounds while teams played slow pitch while others listened to the live fiddling of Shania and Sunny Gould.

And it was all for a good cause. A 50/50, a Calcutta auction, beer gardens and Bessy bingo all brought in money for the construction of an assisted living supportive housing complex. The Lakeshore Community Healthcare Committee has been raising funds to bridge the gap between independent seniors and those in need of personal-care homes.

Right now, the community doesn't have a lot of help for those who live independently but require some assistance, said Geisler. The complex would help those who need help cooking, cleaning or staying socially engaged.

"It'll relieve bed pressure on our local hospital. It'll serve the senior population of our community," said Geisler.



EXPRESS PHOTO SUBMITTED

Orange Crush (team on the left) won first place in Ashern's Canada Day slow pitch tournament, while the Relief Pitchers (team on the right) came in second. The teams earned \$1,000 and \$750 respectively.

Although final numbers have not yet been totalled, Geisler estimated the day brought in over \$8,000 for the initiative and another \$2,000 for Ashern Minor Hockey.

The slow pitch tournament wasn't the only competition of the day. Ashern's Ultimate Farm Man competition got a little more back country than advertised. Instead of performing deadlifts, the participants chose to use the original test of strength to decide the ultimate man and woman. Twenty-three

competitors arm-wrestled each other for the titles.

Shane Bauch emerged victorious in both the left and right arm contests, while Carly Emilson won the women's right arm.

The day concluded with \$2,200 worth of fireworks Geisler described as "awesome." Community members had pledged money toward the firework show in the weeks leading up to Canada Day.

"The community really came together with every little thing," said Geisler.

# Get ready to get messy

## Messtival highlights Gimli's summer programming July 23

By Stefanie Lasuik

The town of Gimli is about to get messy. On July 23, the community will hold its first Messtival, a day when children are encouraged to get dirty.

From 10 a.m. to 3 p.m., kids will run through slip 'n slides and giant bubbles. They'll participate in flying kickball while getting messy in slime, mud and paint.

Chris Hornby held a similar Messtival in Teulon last year and hopes Gimli residents and visitors will enjoy it as well.

"It'll be something to talk about when they go back to school in the fall," said Hornby, the manager of parks and recreation in Gimli.

For kids who don't like slime, Gimli's recreation centre is hosting a variety of other events throughout the summer.

On July 11, kids aged seven to 14 can learn how movies get made. They'll then create their own film that will play in the Gimli Film Festival, which

runs from July 20 to 24. The cost for the camp is \$225.

The summer soccer camp will run during the week of July 25 to give kids aged four to 16 the opportunity to work on their skills while learning about culture. The coaches come from Britain to teach the participants foot skills and hold coached scrimmaged. They assign kids an adopted culture in World Cup-style games so kids can learn about respect and sportsmanship. Those wanting to register can do so at [challenger.configio.com](http://challenger.configio.com) under British Summer Soccer Camps.

From Aug. 22 to 26, Gimli will welcome back Bricks4Kidz, a program that teaches kids how to build with LEGO and express their creativity through bricks. This year's themes will be brick tales, which will run from 9 a.m. to noon, and ocean adventures, which will go from 1 to 4 p.m. The half-day sessions cost \$135 for the week and parents can register their kids online at [my.brick4kidz.com](http://my.brick4kidz.com).



EXPRESS FILE PHOTO

Gimli will host their first Messtival on July 23 encouraging children to get dirty with slime, paint, mud and bubbles.

Families can learn to geocache together on Aug. 7 at the harbour, where they can look for fake geocaches and one real one. The cost for the day is \$10, which includes free admission to the New Iceland Heritage Museum.

A physical arts and fitness camp will have kids hip hopping and karate chopping at Sigurbjorg Stefansson Early School during the week of Aug. 8. Kids six to 12 will also learn to

make a music video and participate in a flashdance. The cost is \$200.

Swimming lessons will again be held in the lake from Aug. 15 to 19. Kids and adults of any level can certify to their next level for \$55.

For more information or to register for the programs, call the Gimli Rec Centre at 204-642-6670.



# New Hydro office up and running in Ashern

By Jennifer McFee

A new Manitoba Hydro customer service centre is generating plenty of energetic responses in Ashern.

Now up and running, the new office is a regional hub for customer services such as bill payments and permit applications. As well, the new office supports operational and administrative functions for various departments while also focusing on the goal of increased daily staff interaction.

For West Interlake Reeve Randy Helgason, the new office brings benefits to the community.

"We are extremely pleased," he said. "The residents and the council and everyone involved is extremely happy that the building is up and running in Ashern. It's fantastic."

Helgason said it's possible that the service centre might bring jobs to the area.

"Small rural towns are always struggling to keep their people at home," he said, "so jobs are extremely important to the community."

In addition to the Ashern office, another new office will open in Neepawa in mid-July to service its region. Both new offices meet Manitoba Hydro Power Smart energy-efficiency standards by surpassing Manitoba's current energy code for buildings.

Similar to Manitoba Hydro Place in downtown Winnipeg, the new Ashern service centre is heated and cooled through a geothermal system.

"It's a state-of-the-art building," Helgason added. "It's beautiful."

Together, the Ashern and Neepawa offices will save upwards of \$35,000 in energy costs each year. Other cost savings stemmed from building materials such as pre-fabricated insulated wall panels.



EXPRESS PHOTOS SUBMITTED

A new Manitoba Hydro customer service centre in Ashern meets the Power Smart energy-efficiency standards by surpassing Manitoba's current energy code for buildings.



Exterior window louvres are used to control thermal warmth.

## > WATER MANAGEMENT, FROM PG. 7

of having chronic problems. This project recognizes that effective risk management can be based on unique, local needs."

Ministers noted between 2008 and 2010, significant rains resulted in producers triggering over \$10 million in payments from the AgriStability program alone. This project, to be led by the co-operative and the municipality, is based on the results of a feasibility study focused on land and water management options for the area.

The co-operative was formed in 2008 to help find solutions for crop and livestock farmers dealing with excess moisture. Today, it includes 90 per cent of farmers in the RM of Bifrost-Riverton as members. Farmers in the municipality will contribute \$4 million to this initiative through a levy on agricultural land administered by the rural municipality.

This pilot project will be funded under Growing Forward 2 – Growing Actions, which advances industry-led initiatives to increase competitiveness and create innovative solutions for agricultural organizations, including market development, trade advocacy, research projects, adopting best business practices and attracting investment.

The federal and provincial governments are investing \$176 million in Manitoba under Growing Forward 2, a five-year, federal-provincial-territorial policy framework to advance the agriculture industry, helping producers and processors become more innovative and competitive in world markets. For more information, visit [www.gov.mb.ca/agriculture](http://www.gov.mb.ca/agriculture) under Growing Forward 2.

For more information on Manitoba's agricultural programs and services, follow the Twitter account at [www.twitter.com/MBGovAg](https://twitter.com/MBGovAg)

## > FISHING, FROM PG. 6

Ken Hill, fly fishing. He was a tall, thin, brown-haired fellow whose manner projected one who believes in detail and accuracy. He wore a high-quality weathered anglers' vest and a long peaked cap. He seemed at home here at this trout lake that has become so famous amongst anglers and fly fishers. Ken's expertise in sending his line out in a ballet of back and forth motions as he played out his line fascinated me. As Ken played his fly bait to a border of bulrushes, he told a story of when he was fly fishing in Bow River, Alta.

In not quite chest high water, he saw what looked like a scruffy dog swimming toward him. It appeared to be having a hard time so as it got closer he tried to grab it.

The minute he touched it, it went nuts thrashing and rolling over. It was only then that Ken realized he had a badger at his chest. Restricted in movement by his heavy chest waders, he desperately tried to walk toward the shore with the badger now convinced that Ken was a small patch of land, attempting to climb onto him. Striding for shore, as he periodically pushed the determined badger away, Ken didn't quite know whether to be afraid of the badger or angry as he saw his favorite fly rod floating away. Finally, they made shore and without a "by your leave," the badger shook himself off and waddled into the bush.

Well, have fun and I'll see you next week. Bye now.



# Gimli makes merry on Canada's 149th birthday

By Patricia Barrett

Gimli residents and visitors from across Manitoba soaked up the sun and the town's considerable charms last Friday to celebrate Canada's 149th birthday.

Mike Schnerch, whose family is from the Camp Morton area, drove from Ste. Anne for the day. He joined several fishers on the Harbour Wall hoping for a tug on the line, while Luise, who came from Steinbach with her family, wheeled up and down the pier on her unicycle.

Over in Gimli Park, the Kiwanis Club was hard at work flipping pancakes and grilling sausages for hundreds of people hours before the procession of floats, hot rods, dancers, horses and dogs made their debut.

Knowing the parade would be a huge draw, seasonal residents Doreen and Dennis Gowler set up their lawn chairs near the Europa restaurant on First Avenue an hour before it started. Across the street, 10 members of the Bye family from Sandy Hook were laying claim to the pavement in front of Tergesen's store.

By 11 a.m., it seemed as though the town had tripled in size, and Kevin from the RM's public works department was in the middle of the road directing traffic.

The skirl of the pipes and the thud of the drums in the distance had people scrambling last minute for a prime curbside seat.

The RCMP and pipers from RCAF 402 City of Winnipeg Squadron took the procession down Centre Street towards the harbour and headed up First Avenue.

Gimli MLA Jeff Wharton ran the entire route with a yellow pail full of goodies that he distributed to parade-watchers. Mayor Randy Woroniuk was right behind him, engaging with the crowd from a convertible. Coun. Thora Palson, wearing a groovy pair of red sunglasses and festive bobbles on her head, cheered from the cargo bed of a shiny red 4x4.

Children darted out into the street to snatch up candy that float participants tossed to the crowd.

Numerous local organizations and businesses took part in the pageant, including the Legion, Film Festival, Yacht Club Sailing School, Rotary Club, Car Club, Chase Auto Body Supplies, Ukrainian Catholic Brotherhood of Canada, Lutheran Church, Sacred Heart Church of Loni Beach, Fire Department, Snowmobile Centre, Utility Trailers and TD Canada Trust, among others.

Clubs and businesses outside the Gimli area, including Crazy Jumpers Dog School & Boarding, Minerva 4-H Club, Tumbleweeds horse ranch near Fraserwood, Reechka Ukrainian Dance Club from Arborg and Camp Arnes, also took part.

The floats made their way to Gimli Park where Woroniuk and Wharton paid homage to the country then led the crowd in the singing of *O Canada*.

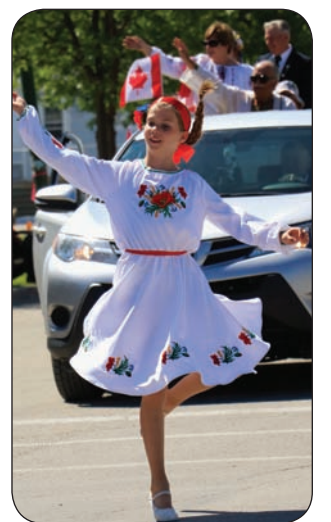
"We live in one of the best countries in the world," said the mayor. "I'm happy to see the different cultures come together."

Wharton echoed that sentiment, saying, "We're so blessed to be living here in Canada and in Manitoba."

The two politicians headed inside the dance pavilion to cut the first piece of Canada's birthday cake. Happy 149th!



EXPRESS PHOTOS BY PATRICIA BARRETT





# Dr. George Johnson recognizes student and community excellence

By Patricia Barrett

Dr. George Johnson Middle School hosted a year-end awards ceremony June 30 to recognize student achievement and the support of parents and community organizations.

Several students received awards for outstanding academic achievement, musical ability, dedication to reading and citizenship as parents, relatives, friends, teachers and special guests cheered.

The school also paid its respects to two outgoing teachers: Mrs. Thordason, who will be teaching at Sigurbjorg Stefansson Early School in September, and Mrs. Kowalchuk, who will be assuming the student services co-ordinator position with the Evergreen School Division.

Vice-principal Patti Stouffer said she was sad to see Thordason go.

"Mrs. Thordason has been an absolute blessing to our school," said Stouffer, "and is an amazing, amazing teacher. Her compassion, her love, her understanding and her caring for kids — I can't say any more."

A student spoke on behalf of her classmates about how "special" Mrs. Kowalchuk has been over the past 12

years.

"She has been very helpful, as she has not only been our resource teacher but a French and Grade 8 teacher as well," said the student. "We're all deeply grateful for all you have done for us and we're wishing you well in your new job."

The "Pizza Lady" Lois Karish was singled out for her dedication to the students.

"I'm not sure if anyone knows her actual name," said a parent advisory committee spokeswoman, who presented Karish with a certificate of appreciation. "They may know her as the 'Pizza Lady.' She devotes all this time to our kids and they get pretty excited when they know pizza is on the way."

Both Stouffer and PAC thanked the school's breakfast program sponsors, including Noventis Credit Union, Camp Morton Ladies Aide, Gimli Sobey's, the Rotary Club, Kiwanis, Lakeside Quilters, and those who supported the school's pizza program, such as Gimli Super A Foods.

"We are here to recognize and acknowledge all the people that help make this school just a little bit more special," said the PAC spokeswoman.



EXPRESS PHOTOS BY PATRICIA BARRETT

Emma Gray and Jackson Braun both earned a place in the Accelerated Reader Hall of Fame.



Honour roll students were recognized.



Students winning an Accelerated Reading Award.



Zoey James was awarded the Most Improved student award.



Patti Stouffer, assistant principal, presented Signy Goodman with the Rotary Leadership Camp Award.



Noah De Meyer was awarded for the highest academic achievement in his grade.



Emma Gray was one of the students earning a place in the Accelerated Reader Hall of Fame.



Owen De Meyer was recognized for excellence in French by teacher Mr. Mills.



# Winnipeg Beach will be holding

# BOARDWALK DAYS

## JULY 15, 16 & 17, 2016

### BOARDWALK DAYS PARADE

On Saturday July 16th we will again have our annual Boardwalk Days Parade. Set up begins at 10am on Prospect and Maple and the parade begins at 11am. All businesses are invited to participate by entering a float. Please call or email our recreation department at [rec@winnipegbeach.ca](mailto:rec@winnipegbeach.ca) or 389-5126 to enter your business or group in the parade.

### 2016 Boardwalk Days Schedule

<b>Wonder Shows hours</b>	<b>Outdoor craft &amp; vendor market hours</b>
Friday 5-11pm	Friday 5-11pm
Saturday noon-midnight	Saturday noon-11pm
Sunday noon-5pm	Sunday noon-5pm

**Parade**  
Saturday 11am leaving from Prospect & Maple to downtown

**Welcome from our Mayor** Saturday 7pm

**Krazy Madness Band** Saturday 7:15 - 10:15pm

**Fireworks** Saturday 10:30pm

**Pancake Breakfast** Sunday 8-noon at the fire hall

**Bingo Royal Canadian Legion** Sunday 7:30pm

**Interlake Thriftiques**  
**NOW OPEN**

Winnipeg Beach Plaza  
Selling Old, New, & Unique Antiques  
Great Cottage Decor  
Buying and Selling, Save this Coupon  
Call: M (204) 299-5429 W (204) 642-1457

### GARRIOCK INSURANCE

We PROTECT your CASTLE!

Gimli P: 204.642.8591 61 A. Centre Street Mon-Fri 9am-5:30pm Sat 9am-3pm	Winnipeg Beach P: 204.389-4883 54 Main Street Tues-Fri 11am-5pm Sat 9am-3pm
--	---

[www.garriock.ca](http://www.garriock.ca)



**EDDIE'S GRAVEL SUPPLY LTD.**

Chem Free Topsoil • Sand-Gravel-Stone  
Holding Tanks/Field Installed

Specializing in Asphalt Paving & Lakeshore Rehabilitation  
(204) 389-2023 Winnipeg Beach

### Hit the Beach!

Swimwear, Flip flops, Sunglasses, Beach Stuff,  
Gifts, Cards, Candles, Music & More!



Main St. Winnipeg Beach  
204-389-5086

### AMMA'S CAFE

Amma is Icelandic for Grandmother.



At Amma's we are proud of the homemade traditional meals and treats that are created with love and care. Let us take you back to a time when gathering for a meal was a special event.

Sit back in our comfy chairs, sip tea, try on one of our hats and enjoy the experience of Amma's.

60 Main St. Winnipeg Beach, (204) 389-3860



# Peguis Central School graduates honoured for how far they've come

By Patricia Barrett

Hundreds of people attended Peguis Central School's graduation June 28 to pay tribute to the talents and achievements of the community's Grade 12 students.

In the dimly lit and lavishly decorated Peguis arena, their parents, guardians, siblings, teachers, politicians and special guests praised 30 graduates.

One-by-one, grads made their way to the podium accompanied by relatives and a recording of a song that co-MC and singer-songwriter William Prince wrote exclusively for them.

With a deep, dulcet voice, Prince sang about the seven sins and teachings as graduates move forward through life's journey.

"When you're looking far into the future, don't forget how far you've already come," went one line that formed the theme of the afternoon.

Before they took their seat on stage, the grads' loved ones helped them into their graduation gowns.

Ernest Stevenson Jr. provided the opening prayer before guest speakers noted the grads' achievements and offered words of wisdom.

"We bless these graduates this day that they may be empowered and mantled to live their dreams, and walk and journey into their destiny," said Stevenson Jr.

Community Elder Doreen McPherson advised the grads that they'll face circumstances in life that will require them to take risks.

"My favourite animal is the turtle," said McPherson, glancing at the students behind her, "because in order for him to move, he has to stick out his neck. There will be times in your journey that each of you will have to stick out your neck."

In addition to wishing the grads success and happiness, Chief Cindy Spence spoke about the progress Peguis has made with regard to schooling.

"I was just sitting there thinking to myself that, at one time, Peguis used to be a school that went to, I think it was Grade 8 or 9, and we barely had any graduates," she said. "So today is a day for our community to be proud of our accomplishments, proud of the fact that we're able to be one of the very few First Nations in Manitoba that can see this number of young people ... graduating."

She said the community is addition-



EXPRESS PHOTOS BY PATRICIA BARRETT

Peguis Central School graduates toss their caps in the air to celebrate the end of high school.



Peguis Central School principal Edwin McCorrister paid tribute to the grads.



Peguis Chief Cindy Spence offers the grads advice for their future journey.



Peguis Elder Doreen McPherson offers advice to the graduates.



Singer-songwriter William Spence wrote and recorded a farewell song for the grads and acted as emcee.

ally proud that many graduates will be entering the trades or pursuing post-secondary studies.

Later in the afternoon, Spence said Peguis can have as many as 300 students pursuing post-secondary studies.

School principal Edwin McCorrister told the grads they will be successful in whatever occupation they choose and paid tribute to their parents, grandparents and family members for encouraging them to succeed.

"With the support of the parents who have gotten them to this point, they are going to do well," said McCorrister. "Because it's your time and commitment and support that has

gotten them [here] today."

Emphasizing the importance of those who provided support and encouragement to the grads, keynote speaker Niigaanwewidam James Sinclair asked the graduates to point to those in the audience who were instrumental in their success.

Churchill-Keewatinook Aski MP Niki Ashton was among the speakers who congratulated the graduates, calling them "role models" for those in Peguis and beyond.

"I have seen firsthand the challenges many young people across our region face," said Ashton, who grew up Thompson and represents over 30 First Nation communities. "But

I've also been deeply inspired by the incredible leadership that so many young people have shown, the way they have overcome challenges, and the way they reached their goals like the ones we're celebrating today."

Laurence Asham, who plans to pursue post-secondary studies in optometry, gave the valedictory address.

Asham spoke about the importance of a helping hand as he and his classmates faced disappointments and struggles along the way.

"Throughout the past year, we've all become close friends," said Asham. "And we've all helped each other to succeed and to get to this stepping-point in our life."

**Congrats**  
to the *OG* grads of 2016!

Peguis Concrete (204) 645-2003





Dalton McPherson was accompanied up the aisle by his sister. He was awarded the Respect Seven Teachings Award.



Graduate Renee Garson plans to pursue her love of carpentry. She won the Courage Seven Teachings Award and the Rob Thomas Memorial Award.



Savannah Chapman-Cochrane won the PCS gold medal for wrestling and the Courage Seven Teachings Award.



Renee Garson takes a selfie with her fellow graduates.



Hayden Whiteway gets a kiss from his mom, Crystal. He was awarded the Love Seven Teachings Award.



Hayley Asham-Michell was accompanied by her dad to the podium. She won the Respect Seven Teachings Award.



Dawson Forster earned the Highest Academic Standing, the Truth Seven Teachings Award and the Donald Hallett Attendance Award.

## 16<sup>th</sup> annual Gimli film festival

July 20<sup>th</sup> - 24<sup>th</sup>, 2016

Free beach screenings  
OVER 100  
indoor films

**RBC Sunset Screenings**  
Free films on 35 ft. screen at Gimli Beach\* every night starting at 10 pm.

**WEDNESDAY JULY 20**  
*Borealis* (a made-in-Manitoba film)

**THURSDAY JULY 21**  
*Eternal Sunshine of the Spotless Mind*

**FRIDAY JULY 22**  
*Raiders of the Lost Ark* +  
*Raiders!: the Story of the Greatest Fan Film Ever Made*

**SATURDAY JULY 23**  
*Prince & David Bowie Sing-a-long* +  
**NUTS!**

**SUNDAY JULY 24**  
*The Goonies* (kids night)

\* RAIN LOCATION: Dr. George Johnson Middle School, 53 Third Avenue at Keenora Drive.

Full Schedule at [GIMLIFILM.COM](http://GIMLIFILM.COM)

2016 PASSES ON SALE! / GFF Box Office, 41 Centre Street, Gimli, Manitoba  
Box Office Hours: 11 am - 7 pm, Tuesday - Saturday / Phone: 204-642-7790 /  
Buy Online: [gimlifilm.com](http://gimlifilm.com)





**DON'T MISS THE ACTION!**  
**JULY 15, 16, 17**  
**ARBORG** ★ ★ ★  
**FAIR & RODEO**  
**ANTIQUE TRACTOR PULL**

**GATE ADMISSION INCLUDES ALL EVENTS & ENTERTAINMENT**  
**FAMILY OF 4 RATE: \$25.00** Children under 6 are FREE with supervision  
**\$10.00 PER PERSON** (\$5.00 for each additional child)

**ARBORG**  
 Agricultural Society  
 www.agsociety.net

**Arborg Ag Society  
 Fair & Exhibition**

Grounds 4 miles south of Arborg on Highway #7 & 125N turn east  
 More info Call Lenore @204- 642-2700

**PLATINUM SPONSORS**

- Tri-Line Const**
- Buss Construction**
- CMT Mobile Repairs**
- Mark Brandt Trucking**
- Bison Transport**
- Noventis Credit Union**

**Food & Accommodation**

- Rough Camping available at the Ag Society Camp Grounds.
- Heritage Village "Old Town Campgrounds" 22 Serviced Campsites call Pat 204-376-5866

**Town of Arborg**

- Arborg Hotel 285 Main St. PH: 204-376-5453
- Chicken Chef Main St & 1st Ave PH: 204-376-2433
- Zans Family Inn Highway 68 west of 7 PH: 204-376-5255
- Travelling Inn Highway 68 east of 7 PH: 204-376-5261
- Arborg Bakery 303 Main St PH: 204 376-5564
- Subway North End of Main Street

**ARBORG PHARMACY**

Pharmacists V.T. Eyolfson & B. Whitby

**204-376-2212**

**275 MAIN ST., ARBORG**

Prescription Dept: 204-376-5153  
 Fax: 204-376-2999

Store Hours: Monday - Thursday & Saturday: 9:00 am - 6:00 pm  
 Friday: 9:00 am - 8:00 pm Sunday Hours: 12 noon - 6:00 pm

**Guardian**  
 Your Friendly Neighbourhood Pharmacy.

**LIQUOR MART**

**HAVE FUN AT THE FAIR & RODEO!**

**CO-OP** Interlake Coop Welcomes Rodeo Weekend

Visit the food store for details. Main St. Arborg, MB

**GET YOUR BOMBER GAME DAY PACKS AT THE CO-OP!**

**EXCLUSIVE CO-OP GAME DAY PACKS**

<b>BUDDY 2-PACK</b> for <b>\$60</b>	<b>FAMILY 4-PACK</b> for <b>\$125*</b> <small>*Includes a Parking Pass</small>
--	--

**CO-OP BUDDY 2 PACK** **CO-OP FAMILY 4 PACK**

**CO-OP GAMEDAY APPROVED**



# ARBORG FAIR & RODEO 2016



## Friday July 15th

Fair Grounds #7 & 125 North Armstrong, MB  
Map Coordinates 50.846687, -97.222594

- Wild Cowboy Trail Competition 2 pm
- Horse Show-Speed Events 5 pm
- MBRA Jackpot Barrel Racing approx 8 pm
- Patio Planter Competition Judging

### FRIDAY NIGHT IN TOWN AT THE RIVER BANK PARK

- Caribbean Sounds of "Rockalypso" 9pm - 1am
- Fireworks Display @ dusk

Entry Forms @  
[www.agsociety.net](http://www.agsociety.net)  
Under Events

Visit us  
online  
for more  
Info!

## Saturday July 16th

\*11am Parade in the town of Arborg\*



AG SOCIETY FAIR GROUNDS  
@ SILVER HWY 7 & 125 N  
Armstrong MB  
50.846687, -97.222594

HORSE SHOW (8am sharp)  
Main Arena

Pioneer Life Demo

AFTERNOON 12PM-1AM

CirqueWorks Eric the Juggler & Reana

Main Stage Entertainment

Antique Tractor Pull Competition @ 2pm

Zumba Party 12-12:30

Crazy Jumpers Agility Dog Show 2:30pm

Merchant Mall / Crafters

Equestrian Vaulting Demo 3pm (small arena)

Huge Kid Zone (until 8pm)

BBQ Supper 5:30 pm

Petting Zoo

Evening Entertainment with Dave Greene

Barnyard Olympics

Quilt Show & Barn Quilt Display

Photo Contest

## Sunday July 17th

- Pancake Breakfast 9-10:30 am
- Cowboy Church with Pastor Clem 11 am

STARTING AT NOON

- Mounted Shooters Main Arena 12:00pm
- Barn Quilt Display & Quilt Show
- Merchant Mall
- Photography Display
- Kids Zone, Petting Zoo 11-4pm
- AFTERNOON MAIN STAGE LINE UP
- CirqueWorks Eric the Juggler & Reana
- Barley Mow Boys
- Billy & Dawn Local Talent
- TJ Square Dancers
- Heartland Rodeo Finals 2pm
- Intermission-Diamond Disc Dogs
- Antique Tractor Pull Finals 2pm

HEARTLAND RODEO 5PM WITH AUSTIN HICK CHICKS



FUN FOR THE  
WHOLE FAMILY

ARBORG  
Agricultural Society

## SADDLE SORE?

Shop Smitty's for soft sofas



Visit the largest showroom between the lakes!

321 Main Street, Arborg, MB

Smitty's  
FURNITURE & APPLIANCES

[www.smittysfurniture.net](http://www.smittysfurniture.net) TEL: 204-376-5242 TOLL FREE: 1-800-361-4156

## STOP IN FOR ALL YOUR HAYING NEEDS

TWINE & SILAGE WRAP IN STOCK

210 St. Phillips Drive, Arborg, MB  
Phone: 204-376-5600  
Fax: 204-376-2455

After Hours Parts: 204-641-1546  
After Hours Service: 204-641-1545  
Email: [arborg@mazergroup.ca](mailto:arborg@mazergroup.ca)

MAZERGROUP

NEW HOLLAND  
AGRICULTURE

HAVE A GREAT TIME  
AT THE FAIR AND RODEO!

ENJOY THE RODEO



# Oh deer, I didn't see you



**EXPRESS PHOTO BY PATRICIA BARRETT**

This young deer bounded across Road 129N near Poplarfield, oblivious to oncoming traffic. Fortunately, she made it safely across the road and joined a companion in the bordering field.

**Roadrunners  
Auto Service**  
**(204) 768-2667**  
*(Ashern)*

**Roy's Tire &  
Auto Service**  
**(204) 768-3068**  
*(Ashern)*

**Roadrunners  
Auto Service**  
**204-659-2647**  
*(Fairford)*

**To advertise here  
please call**  
**204-641-4104**

**Arborg Autobody  
Sales & Service**  
**(204) 376-2374**

**Powerbend Tire  
& Service**  
**(204) 376-2247**  
*(Arborg)*

**Nordal's Automotive**  
**(204) 376-2416**  
*(Arborg)*

**Interlake Auto &  
Tractor Parts**  
**(204) 376-2667**  
*(Arborg)*

**Fisher Napa**  
**(204) 372-6648**  
*(Fisher Branch)*

**Fisher Repair**  
**(204) 372-6648**  
*(Fisher Branch)*

**Your Local Independent Automotive Service Provider  
reserves the best vehicle care for you, their neighbour.**

## Evaporative Emissions Control - Good for Your Vehicle - Good for the Environment

EVAP system is to capture these vapors and direct them into the engine to be burned – kind of an on-board recycling program.

The EVAP system is a complicated network of hoses, valves, filters and such all being monitored through your vehicle's computer. Issues with the EVAP system are in the Top 5 reasons for a Check Engine Light to be illuminated. Your friendly and knowledgeable Local Service Technician can perform a computer interface with your vehicle to read the trouble codes and begin a diagnostic procedure to isolate the fault.

With the proper equipment, your local Interlake Service Centre can test the valves in order to trace a blockage. A low pressure smoke test can be performed to find any leaks. The repairs are then made to get the EVAP system working again and to reset the Check Engine Light.

While EVAP s don't generally lead to vehicle damage, the fact that they trigger the Check Engine Light can mask other more serious problems for Interlake drivers if left unaddressed. After all, there are hundreds of conditions that can trigger a Check Engine Light – but there is only one light. So if the light is on because of an EVAP issue you haven't fixed and another issue arises, you won't be alerted to the new condition because the light is already on. However, Evap system venting issues can still cause some serious damage if the system is not venting properly. It may cause a fuel tank to collapse which of course would result in a costly repair if a replacement fuel tank and fuel pump are required.

Of course, if you live in a jurisdiction that requires emissions testing to register your vehicle, you won't pass the test until you make the repairs. An EVAP trouble code could be caused by something as simple as a loose or worn gas cap or a leak in a hose to problems with a purge valve or even a rusty fuel filter pipe.

When your Check Engine Light comes on, bring your vehicle into your local auto service provider in the Interlake and let us check it out. Your Service Technician will be able to diagnose the codes and work out a plan to address any problems that are uncovered.

There's peace of mind for Interlake drivers that comes from knowing what is wrong and taking care of it.

Give your local independent service provider a call. We also can and will advocate for your warranty and point out other items that should be replaced under warranty should it apply. We'll steer you right. Our reputation depends on it!

**YOUR LOCAL SERVICE PROVIDER ...**

- is more convenient
- offers better value
- ensures all services are warranty approved.
- knows you and your car!

**KEEP LOCAL BUSINESS LOCAL!**



**Get great gas mileage, shop local!**

**Kerbrat Bros. Auto Ltd.**  
**(204) 768-3042**  
*(Ashern)*

**#6 Quality Repair**  
**(204) 762-5716**  
*(Deerhorn)*

**R&B Auto**  
**(204) 739-5458**  
*(Eriksdale)*

**Hilbre Auto Service**  
**(204) 449-2243**

**St. Martin Garage**  
**(204) 659-5250**

**Jon's Autoservice**  
Gimli  
**(204) 641-2526**

**Lundar Garage**  
**(204) 762-5321**

**Napa Autoparts Lundar**  
**(204) 762-5321**

**Bumper to Bumper**  
**(204) 768-2901**  
*(Ashern)*

**Smith's Autotech**  
**(204) 372-8585**  
*(Fisher Branch)*



# West Shores Citizens on Patrol Program proposes community amalgamation

By Patricia Barrett

The West Shores Citizens on Patrol Program (COPP) wants to expand its citizen crime-fighting group by amalgamating with COPP groups in other beachside communities and recruiting more volunteers.

Barry Watson and his wife, Gwen, who is co-ordinator of COPP region 12 and member of the provincial advisory council, were delegates at a regular meeting of Winnipeg Beach council June 22, seeking support for its proposal.

Gwen said COPP volunteers act as the “eyes and ears” of the rural community, spotting suspicious or criminal behaviour and reporting it to police.

“You learn to recognize things in your community,” said Barry.

People familiar with their neighbours’ habits can spot activities that seem out of character. By way of example, Barry cited an open garage door and a moving truck in the yard.

The Watsons moved from the RM St. Clements to Matlock last year and found themselves without a COPP group.

They joined Gimli’s group but now want to expand the reach of the volunteer patrols “because criminals don’t care which community you’re in.”

“We can make it more inclusive and draw from all the regions,” said Gwen.

The couple is also calling for volunteers from Winnipeg Beach, Gimli, Dunnottar, Whytewold, Matlock, Sandy Hook and small communities in between.

“People don’t have to patrol the whole region,” said Gwen, “just ... their area.”

She said she is looking for about 12 people from Winnipeg Beach to volunteer a few hours every month.

The Manitoba Citizens on Patrol Program, which is celebrating its 25th anniversary this year, trains volunteers to spot and record suspicious or criminal activity and alert the police in order to keep neighbourhoods safe.

Program co-ordinators from Manitoba Public Insurance train volunteers to establish patrol groups in their respective areas and provide needed equipment, such as speed signs.

In addition to keeping an eye out for criminal behaviour, COPP volunteers report vandalized areas and monitor vehicle speeds on area roads.

“[Speed Watch] is an important program,” said Barry. “We have to have it manned. Statistics go to the RCMP and a copy goes to [Manitoba Public Insurance].”

The Watsons met with Coun. Daryl Carry a number of weeks ago to set up

speed watch cameras in the Winnipeg Beach area.

“They’re really driving fast,” said Barry. “We’ll do a few spot speed checks in Sandy Hook.”

The Watsons asked whether council would consider making a small monetary grant towards the new group when it’s formed.

“Gimli [council] has given grant money to their group,” said Barry. “And they let us use the multipurpose building.”

The couple also asked council whether it would provide information about COPP on the municipality’s web site, forward information to community associations or cottagers, and volunteer one of its councillors to serve as a liaison.

Coun. Darlene Shkawritko volunteered to serve as the liaison.

“We tried to start this up at a previous council,” said Mayor Tony Pimentel. “I think it’s a great idea to set it up.”

Pimentel invited the group to staff a table at the town’s upcoming public forum July 23 in the Community Centre between 10 a.m. and noon.

For more information about the Citizens on Patrol Program, or to volunteer, contact Barry Watson at westshorescopp@mymts.net.



EXPRESS PHOTO BY PATRICIA BARRETT

Gwen, left, and Barry Watson of Matlock met with Town of Winnipeg Beach council to get its support for a possible COPP amalgamation and expansion. They also want more “eyes and ears” from beach communities to join the group.

## EBN Cafe serving lunch and offering youth programs

Submitted

Evergreen Basic Needs (EBN) is reopening the café due to a number of requests from loyal customers. EBN made the difficult decision to close the café earlier this year due to the café not generating an income. Rhonda Powers, the executive director of EBN, said the decision to reverse the decision was mainly due to the high number of requests from loyal customers.

“We did not arrive at this decision lightly; all areas had to be scrutinized carefully. We do not want to continue to lose money, so the menu selections will be reduced.”

The EBN Café will reopen five days a week and the menu will be limited to a lunch menu which will consist of an assortment of sandwiches, salads and homemade soups. Powers says the lack of volunteers and the rising overhead costs was a continuing struggle for the café.

“The reality is we have a very small loyal group of customers who enjoy coming to Respun Threads and having coffee or a light lunch. It’s their

afternoon excursion, so with them in mind, we will reopen the café on a limited basis.” Powers says they received a number of complaints regarding the closure from people who mistakenly assumed they used food from the food bank and the café was volunteer run.

“We had a number of complaints from people who were not familiar with our organization. They did not realize EBN purchased fresh food and employs staff. Our overhead costs were climbing at an incredible rate, and we simply could not continue to lose money,” said Powers.

“The café’s kitchen will continue to provide free lunches for kids who are utilizing the EBN drop-in program and we will still provide free coffee and muffins for our Saturday shoppers,” she added.

This summer EBN is offering free organized activities for kids aged eight and up from Monday to Friday from 10 a.m. to 4 p.m. EBN is in the early planning stages of becoming a Boys and Girls Club.

“At this time, there is only one club outside of Winnipeg, the Boys

and Girls Club in Thompson. EBN is in the process of development. Earlier this year, we were delighted Mike Owen, the retired executive director of the Boys and Girls Club of Winnipeg, joined the EBN board of directors. With Mike’s wealth of knowledge and expertise, EBN will be continuing to develop and create programs which will benefit the community. The Connections Program is expected to evolve into the Boys and Girls Club of Gimli.

“It may be too early to officially announce our plans, but it has been a poorly kept secret,” said Powers. “We are excited to be moving EBN into a partnership with national program renown for excellence in providing supports and services for youth.”

EBN received \$20,000 funding over two years from the Thomas Sill Foundation and is continuing to seek further funding for development of programs for youth in the EBN catchment area.

For further information contact, Powers at 204-642-9736 or 204-641-2624 ebn@mymts.net.



# Gimli Glider mobile display needs a permanent home

By Patricia Barrett

The Gimli Glider Committee brought its mobile display to the park on Canada Day to inform visitors and residents about the amazing air drama that occurred 33 years ago and to drum up some financial support for a permanent museum.

The committee is a non-profit organization that was struck to preserve Gimli's aviation heritage, of which the Glider is part. It wants a permanent space to house pieces of the plane and create an historical aviation experience.

"A local community group formed a committee to create an exhibit in a permanent spot," said committee co-chair Lt.-Col. Steve Bannister, who took part in the town's Canada Day celebrations. "We're creating mobile displays using photographs and documents from the pilot's personal collection and the control yoke from the plane."

The Boeing 767 (#604) earned its nickname name on July 23, 1983. What was supposed to have been a routine Air Canada flight from Montreal to Edmonton turned into terror for its passengers when the airliner ran out of fuel 45 miles from Winnipeg.

Capt. Bob Pearson, an experienced glider pilot, set his sights on Gimli, where he thought a runway used by the Air Force was still in commission; it had been turned into a motor sports track.

The story of how he and his co-pilot safely landed the plane on the track made headlines around the world because of the extraordinary airman-ship skills it took to glide a powerless



The yoke from the Boeing 767 airliner is one of six pieces the committee has already purchased.

airliner.

The plane was used for another 25 years before it was taken out of service. It now resides in the Mojave Desert, where it is being cut up and sold for scrap metal and jewelry.

The committee has already purchased six pieces of the plane, including its yoke, and wants to purchase more for its proposed museum.

It is current investigating the feasibility of purchasing the cockpit and having it restored.

Pearson donated some artifacts to the committee and provided a video about the plane and how the event unfolded.

Barbara Gluck, one of the committee's members, spoke of the progress



EXPRESS PHOTOS BY PATRICIA BARRETT

Gimli Glider Committee members, including Barbara Gluck, Gwen Harp and retired Lt.-Col. Steve Bannister (with his grandson), set up a mobile aviation display at Gimli's Canada Day celebrations.

to date and what the museum could offer to visitors.

"We've raised well over \$20,000 for a first-class museum," she said. "We'll have a simulator that people can try out to land the plane."

The committee wants to provide Gimli residents and visitors with a unique experience 12 months of the year. The museum would be a draw for tourists and help provide local businesses with additional tourist dollars, according to the committee's

brochure.

The group has already received letters of support from the municipality and the provincial and federal governments.

Donations over \$20 are eligible for a charitable tax receipt.

For more information on the Gimli Glider project or how to donate, visit [www.gimliglider.com](http://www.gimliglider.com) or contact Barbara Gluck via email at [gimliglider2015@gmail.com](mailto:gimliglider2015@gmail.com).

## Young writers competition honours former Kiwanis

Submitted

The Kiwanis Club of Gimli & District Inc. launched a writing competition this spring in the memory of long-time Kiwanian and published author Brian Kahler. The competition was open to all school age children in the region.

First prize was awarded to SSES student Olivia Harapiak during an assembly at her school on June 22. Harapiak received an engraved plaque and \$100 from the Kiwanis Club of Gimli & District Inc. for her story Ve-

lidia Shade and the Mommy's Tomb.

Second prize went to Winnipeg Beach student Marshall Nault. Nault received a certificate and \$50 during the school's graduation ceremony on June 29 for his story entitled Sly Cooper vs Ratchet and Clank.

The pursuit of literary excellence among school children is a goal, which Kiwanis endorses heartily. They hope to see even more entries in the spring of 2017 in their second Brian Kahler Young Writers Competition.



EXPRESS PHOTO SUBMITTED

SSES student Olivia Harapiak was awarded first prize, an engraved plaque and \$100 in the Brian Kahler Young Writers Competition.



# Sailing School will have Evergreen students riding the waves

By Patricia Barrett

Evergreen School Division students will once again be riding the open waves this summer thanks to the Gimli Yacht Club's Sailing School and its generous community sponsors.

Cindy Blicq, a yachswoman who leads the all-woman Manitoba Mischiefs competitive sailing team, presented scholarships to two students from Dr. George Johnson School during its year-end awards ceremony June 30.

Hannah Johnson received the Lakeview Resorts Gimli Sailing School Scholarship, and Jon Melstad received the Sport Manitoba Sailing School Scholarship.

"By being a scholarship recipient, students not only get a week of sailing school, but they also get a summer membership at the Yacht Club," said Blicq. "They can come down and participate in some of the races and use the boats."

The club distributes eight scholarships every year so that students can learn how to sail or continue their sailing training.

"It's a fun thing for the family and for the students to come and get some sailing experience," said Blicq.

Other sailing school scholarship winners are Christopher Desimpelaere and Delaney Groot from Sigurbjorg Stefansson Early School; Alexander Aspen and Rebekah Aspen from Winnipeg Beach School; Allie Lapointe from Gimli High School; and Matthias Einarsson from Arborg Early Middle School.

"We could only have these scholarships with the support of local businesses in Gimli, Arborg and Hecla," she said. "So we thank them."

Lake Agassiz Marine, Lakeview Resort Gimli, Lakeview Resort Hecla, Gimli Pharmasave, Westshore Marine and Leisure in Arborg and Sport Manitoba sponsored the scholarships.

The Gimli Yacht Club itself offers two scholarships to local and visiting students who have never sailed.

Noah Adam of Winnipeg Beach received the Canada Day Scholarship, and Lucas Pavey of Kenora, who will be visiting Gimli this summer, received the Tern Scholarship.

Sailing School classes will run July 4-8, July 18-22, Aug. 1-5, Aug. 15-19 and Aug. 22-26.

The Gimli Yacht Club has hosted a number of provincial, national and international regattas since its inau-



Competitive sailor Cindy Blicq presented sailing scholarships to two Dr. George Johnson students.



EXPRESS PHOTOS BY PATRICIA BARRETT Hannah Johnson and Jon Melstad won sailing school scholarships.

gural sailing competition during the 1967 Pan Am Games. It will host the Canada Summer Games in 2017. For more information about the club, visit [www.gimliyachtclub.com](http://www.gimliyachtclub.com).

# Greene found his Elvis calling in Collingwood

By Stefanie Lasuik

As David Greene hit the last notes of Elvis Presley's "My Way," the some-3,000 in the Penticton Trade and Convention Centre rose to their feet. The Moosehorn\* resident may not have looked exactly like the King at the Annual Penticton Elvis Festival, but he sounded like the King.

The judges' marking took into account appearance as well as voice and charisma, and Greene came away with the fourth runner-up award.

But for some fans, his performance may not have been the most memorable part of the June 24 to 26 weekend.

After his gospel performance before the finals, Greene invited any of the audience members to come speak with him if they needed someone to talk to.

For an hour and a half, Greene spoke with strangers, hugged them and gave them reassurance or hope.

This has become Greene's habit. He connects with people when he sings and when he talks with them.

"People open up to you," said Greene. Some have told him stories they haven't told anyone else.

Greene gives them pocket angels, which he places upward in their

palms so that they'll later find the message of healing or love written on the bottom.

But on June 26, Greene was out of pocket angels. He gave away crystals from an outfit he had redone instead.

He gave three crystals to a set of twins and their brother, the latter of which had been diagnosed with terminal cancer.

"Make sure you get a nice picture of all of three of you together, happy. And glue those crystals on that picture. Then you'll always be together," he told them.

Greene gave out nearly 300 crystals that day.

"That's who I am. I just want to help people," Greene explained.

Greene didn't begin as an Elvis tribute artist until he turned his deejaying skills into karaoke. When he moved from Winnipeg\* to the Interlake, he added songs of all varieties to his playlist. Elvis was one of them, and not a favourite of his growing up.

"It was anything but Elvis," laughed Greene.

But after the 300-person crowd at the Arborg Hall erupted during his rendition of "Are you Lonesome Tonight," Greene gave Elvis a little more focus.



EXPRESS PHOTOS SUBMITTED David Greene placed fourth in the amateur division of the Penticton Elvis Festival in B.C. over June 24 to 26.

"They just responded in such a special way," said Greene. Elvis was the right key and the right style of music for Greene, he explained.



Like Elvis, David Greene loves his mother and banana splits. He dedicated a song to all mothers at the Penticton Elvis Festival.

And although he could hardly make it up the stairs of his first Elvis performance at Collingwood in Ontario, he left bitten by the Elvis tribute bug.

"You feel like a king. It's an unexplainable feeling," said Greene.

Greene travels to all sorts of events as Elvis, including festivals and marital ceremonies. He is now working to organize the Manitoba Elvis Festival at the Gimli Recreation Centre on Aug. 5-7.



# get inspired

> MEAL IDEAS

## Strawberry compote with dumplings



Makes 6 servings

Warm strawberry aroma will fill the kitchen while you're cooking this dish on the stove. An easy way to use some of the frozen local berries from the summer or a quick last minute dessert with a pantry staple of frozen fruit in the freezer. The balsamic vinegar adds a nice balance of sweetness and tang to this comfort dish.

Preparation Time: 20 minutes

Cook Time: 20 minutes

Ingredients

1 bag (600 g) frozen, sliced strawberries, (about 1 L/4 cups)  
25 mL (2 tbsp) granulated sugar  
25 mL (2 tbsp) aged, balsamic vinegar

Whole-wheat dumplings  
175 mL (3/4 cup) whole-wheat flour  
125 mL (1/2 cup) natural wheat bran  
15 mL (1 tbsp) granulated sugar  
5 mL (1 tsp) baking powder  
1 egg  
125 mL (1/2 cup) low-fat milk  
15 mL (1 tbsp) soft, non-hydrogenated margarine, melted

Directions

In saucepan cover and heat strawberries over medium heat until softened. Add sugar and vinegar and bring to a boil.

Whole-wheat dumplings: Meanwhile, in bowl whisk together flour, bran, sugar and baking powder. In another small bowl, whisk together egg, milk and margarine. Pour over flour mixture and stir until moistened.

Add dumplings to boiling strawberry mixture by spoonfuls to make 8 to 10 dumplings. Reduce heat and boil gently for about 10 minutes or until dumplings are puffed. Cover and cook for 2 minutes or until dumplings are set on top. Remove from heat to serve.

Tip: You can serve a dollop of low fat vanilla yogurt on top of each serving if desired or garnish with a sprig of fresh mint.

## Chicken Pasta Salad with Saskatoon Berries

2 1/2 cups cooked chicken, cubed  
3 cups pasta (shells, rotini, penne)  
1 cup sliced celery  
1 cup pea pods  
1/4 cup chopped parsley  
1 cup fresh Saskatoon berries  
1/2 cup finely chopped red pepper  
1/4 cup chopped red onion  
2 - 3 tbsp chopped fresh basil  
1/2 - 3/4 cup grated parmesan cheese

Salt and pepper to taste  
Dressing:  
1/2 cup olive oil  
1/3 cup red wine vinegar  
1/2 tsp salt  
1/4 tsp pepper



Cook pasta. About one minute before it finishes cooking add the pea pods. Drain and rinse with cold water. To a large bowl, add pasta and pea pods along with the remaining salad ingredients except the parmesan cheese.

Prairie Fruit Growers Association ©2010

## Strawberry Rhubarb Crunch

BASE:  
3/4 cup sugar 175 ml  
1 1/2 tbsp Minit tapioca 22 ml  
1 1/2 cups whole frozen strawberries, thawed and drained 375 ml  
1/2 cup juice from strawberries and water to yield 125 ml  
3 cups diced rhubarb 750 ml  
TOPPING:  
1/4 cup butter or margarine, melted 50 ml

1 cup quick-cooking rolled oats 250 ml  
1/2 cup flour 125 ml  
3/4 cup brown sugar 175 ml  
1 tsp. cinnamon 5 ml  
1/2 cup chopped nuts 125 ml

Preheat oven to 375 F (190 C). Combine base ingredients in 2-quart (2L) baking dish. Let stand 5 minutes. Combine topping ingredients and sprinkle over base. Bake about 25 minutes or until rhubarb is cooked.

Serves: 6-8.  
Prairie Fruit Growers Association ©2010

## Strong Emotional Reactions a Clue to Something Else

Sometimes we respond to situations in ways that others consider overreactive. We may have very strong feelings that we need to express, only to feel hurt and negated when someone says it's no big deal or tells us to chill out.

If a reaction is indeed out of proportion to the situation, it means that something else is bothering us, or that old emotions are being triggered. If a woman gets angry at her partner and accuses him of being controlling, it may be that she was controlled by her Father (or Mother) and she's had enough. As a child she could do nothing about it, but as an adult she will not put up with it.

A man may feel that his partner is never satisfied. No matter what he does, it is just not good enough. This may upset him deeply if he spent his childhood trying to be "good enough" for his parents, but never succeeded. If one feels that his or her partner has little time to give to the relationship, this may trigger feelings of neglect and abandonment from earlier years.

If one was constantly criticized by parents or siblings, there may be difficulty hearing honest feedback from friends or employers. While we should not have to take the brunt of someone's unresolved feelings, we can try to bring some compassion to the situation.

No one can change the past, but simply feeling understood and supported can go a long way towards healing it. Really listening to the reasons why someone is so upset can allow them to release old hurt. In order to do this we have to set our egos aside temporarily. Generally,

showing that we care will defuse another's hurt or anger. Validating their feelings makes things even better. Then you are both in a more positive position to discuss the contentious issue.

Mocking someone, and accusing them of being just like their parent, or of acting out childhood issues is one of the worst things you can do. That would be like abruptly awakening a sleepwalker. If the person is not conscious of the connection with deeper emotional issues, such comments could escalate their emotional reaction dramatically.

In close relationships, you have the power to profoundly assist in healing, but also the power to hurt the individual even more. That is why it is so important to be aware of our own unhealed parts, and those of others. Some will take the stance that they have dealt with their past, and it is no longer an issue in the current relationship.

Unfortunately, past hurt is like radioactive waste, and does tend to seep up into our lives no matter how well we think we have stowed it. It also tends to operate through the unconscious parts of our being, and so we may truly be unaware that it is still affecting us. Strong emotional reactions to current life situations is often a clue that there is something coming to the surface so it can be healed. It's best to tend to that healing before it contaminates our present, and leaks into our future.

*Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit [www.gwen.ca](http://www.gwen.ca)*

Learn how to create a safe haven.

We help you radically reduce chemicals in your home

**Norwex**

Ask me how

Stephanie 204-896-3980

Independent Sales Consultant  
cleanwithwater15@gmail.com

**ISAGENIX**

Weightloss • Energy & Performance • Healthy Aging

Allana Sawatzky

allana333@hotmail.com

Janice Gulay

jkaram@mymts.net (c) 1-204-648-3836

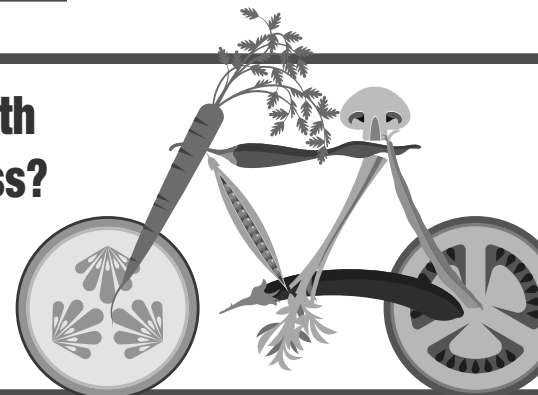
Rose Sawatzky

isa.rose1957@gmail.com (c) 1-204-479-8227

[www.isaproduct.com](http://www.isaproduct.com)

Do you have a Health or Wellness Business?

Call Robin at 204-641-4104 to advertise





# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Thunder Junior girls strike down Nomads in league final

By Brian Bowman

The wins have been few and far between for the Winnipeg Blue Bombers at Investors Group Field.

But the Interlake Thunder Junior girls' had no trouble winning there last Thursday.

Interlake capped off a tremendous season with an impressive 19-8 victory over the North Winnipeg Nomads in the league championship game.

"We are just so proud of the girls with the way that they worked (hard) and played," said Thunder head coach Derek Charison. "We couldn't be happier."

Zoe Oughton had a tremendous offensive game for the Thunder, scoring three touchdowns. The talented speedster was deservedly named the game's offensive MVP.

"She's normally our running back but that morning our quarterback left for Iceland," Charison explained. "We had a few players playing in different positions that they hadn't played all year."

The Thunder led 12-0 but the Nomads made the game interesting with a touchdown just before the half.

"We were one broken tackle away from pitching a shutout," Charison recalled. "They scored on the last play of the first half."

With North Winnipeg gaining some much-needed momentum with that touchdown, Interlake came right back with a TD of their own early in the second half.

Scoring so soon after the Nomads' major was a key point in the game. After that, Interlake's defence was outstanding the rest of the way in shutting down North Winnipeg's offensive attack.

"Our defence didn't break at all," Charison stressed. "With them scoring the way that they did, there were some pretty long faces and some of the girls were pretty hard on themselves."

"But we were able to talk to the girls and get them focused back. The defence was unbelievably all game. They didn't give the Nomads anything and our offence kept chewing the clock away."

The Thunder did a great job the entire game getting off of their blocks,



Zoe Oughton was presented the Offensive MVP Award for the championship game.

said Charison, and making solid tackles.

The league championship, meanwhile, was a great way for the Thunder to end a great season.

"It was amazing," Charison enthused. "They played fantastic and soaked it all up. They rose to the challenge and it was fantastic. The girls really started to believe in themselves that they could do this."

It was also pretty cool to play on a CFL stadium field.

"When they first went out there, their eyes were big and bright," Charison said. "We talked about it before we went, look around and soak it all in and then get ready to play. They put their game faces on and played really, really well."

The league title should only help the popularity of the Thunder girls' program. Players on the team will probably be able to convince their friends to come out and play football next season.

"Judging by the number of people in the stands (for the final), it was loud and there were lots of friends of (the players) watching, which was fantastic," Charison said.



Pictured back row, left to right: Ed deLaroque (coach), Raine Welburn, Madison Charison, Vivian Desjarlais (coach), Kayla Monkman, Zoe Oughton, Zaida Thompson, Aurora Remillard, Bailey Prystupa, Derek Charison (coach); front row: Elizabeth Monkman, Alexis Rulen, Sam Lill, Trin Lill. Missing from photo: Embla Helgadottir, coaches Joshua Charison and Brady deLaroque and managers Kelly Kenny and Helgi Valgeirsson.



EXPRESS PHOTOS BY JO-ANNE PROCTER  
Interlake Thunder captains, left to right, Madison Charison, Zoe Oughton, Zaida Thompson and Bailey Prystupa, accepted the league trophy.



# Former elite bull rider fostering next generation

By Stefanie Lasuik

It took a broken neck for Ben Kinkead to consider leaving bull riding. The dislocated hip of 2004 and broken ankle in 2008 hadn't done it. But in 2012, Kinkead took what seemed like a harmless bump as he dismounted after making the whistle at the Ponoka Stampede in Alberta. He found himself lucky to be alive not long after.

Kinkead's broken neck didn't cause any long-term effects.

"I was extremely lucky," he said.

But it was the type of injury that made him step back and think about what he should do next.

Kinkead had been a bull rider nearly his entire life. He got on his first cow when he was eight when other kids his age were drawing on the sidewalk. He began riding steers when he turned 12, enjoying the challenge of the sport and the people it introduced him to.

In his mid-teens, he attended a Brett Leffew bull riding school in Eriksdale. Leffew, the son of former National Finals Rodeo world champ, Gary Leffew, helped Kinkead train during an essential growing period. But as a member of the Kinkead's mixed farming operation in Eriksdale, Kinkead was always training.

Working on the farm and cutting firewood gave Kinkead the strength bull riding requires. Bull riding is similar in ways to horse riding, so Kinkead would practise his balance by getting on the family's horses. He'd learn body positioning on a stationary barrel.

He gradually worked his way up the ranks and found himself a semi-

professional champion twice. In 2007 and 2010, Kinkead won the Canadian Cowboys Association competition. He rode professionally but never made it to the Canadian Finals Rodeo — the Stanley Cup of bull riding.

Every time he could see himself getting close, Kinkead was set back by injury. Then he broke his neck and wasn't sure if getting back into bull riding was the right decision.

"That type of an injury makes you consider things pretty heavily," said Kinkead, now a husband and father.

Business opportunities began to arise and Kinkead rode into them instead. He became a shareholder with Bullriders Canada, Canada's largest sanctioning bull riding event. Within that, he created his own company, Crossfire Bullriding Promotions Inc., which organizes bull riding events from the ground up.

He creates sponsorship packages, does the necessary paperwork, hires the personnel and takes care of the details in between.

"We try to build them right and do them right and then the bull riders have good events to go to and a pretty good amount of money to be won," said Kinkead.

A lot of his fellow Bullriders Canada shareholders are past riders who realized that younger athletes are missing the opportunity to win good money close to home.

"There seemed to be a bit of a missing link between the beginner, intermediate link to the next level," said Kinkead.

Kinkead hopes to build the sport and give young bull riders better opportu-



EXPRESS PHOTO SUBMITTED

Eriksdale's Ben Kinkead is helping foster the next generation of bull riders who are busy preparing for the Eriksdale Rodeo August 19-21 and the Boyz n Bullz on Oct. 15.

nities to succeed when they move to high-level competition.

This is Kinkead's second year running Crossfire Bullriding Promotions and the family just returned from their first event of 2016 in Bengough, Sask.

He still enjoys the people the sport introduces him to but is now allowing the next generation to enjoy the rush of sitting in the chute and hearing the

horn go off.

He watches as they, like he once did, take something extremely difficult and make it look easy.

"If you can do that, it's pretty cool," said Kinkead.

More information on Kinkead's bullriding promotions business can be found at [crossfirebullriding.com](http://crossfirebullriding.com).

## Reimer signs with Panthers

Staff

James Reimer's time in San Jose was short.

The standout goaltender from Morweena elected to leave the San Jose Sharks and sign a five-year contract with the Florida Panthers.

Reimer, a former Toronto Maple Leaf, signed a \$17-million contract that will have him share

the goaltending duties with veteran netminder Roberto Luongo.

Reimer was 17-14-3 last season with San Jose and Toronto. He posted a solid 2.49 goals-against average and .918 save percentage with the Maple



Leafs and a very good 1.62 GAA and .938 save percentage with the Sharks.

The 28-year-old Reimer is expected to be a backup to the 37-year-old Luongo, who had a very good season a year ago in south Florida. Reimer was selected in the fourth round (99th overall) by Toronto in the 2006 NHL draft.

He played his junior hockey with the Red Deer Rebels of the Western Hockey League.

The crease in Florida will be a crowded one, however, next season as the Panthers recently traded for Reto Berra. Berra played last season with the Colorado Avalanche before falling to No. 3 on Colorado's depth chart.

## Impact snake past Cobras for shutout win

Staff

It was the Marcelo Peralta show for the Interlake Impact against the Portage Cobras on June 25.

Peralta scored all three goals as the Impact shut out the Cobras 3-0 in Portage la Prairie.

With the road win, Interlake is now a perfect 6-0 and in second place in the Manitoba Major Soccer League's Division 6 standings with 18 points.

The Impact, which has outscored its opponents 15-6 so far this season, is just a point back of North Winnipeg United with two games in hand.

Interlake played Crescentwood on Monday evening but no score was available at press time. The Impact will then be staying up late this Friday as they battle Les Bleus at the Ralph Cantafio Soccer Complex in south Winnipeg.

Game time is 10 p.m.



# 16 Weeks

Your Featured Interlake Businesses  
Keeping the Interlake Vibrant!

# of Summer

in the Express



Take care of your **FEET** this **SUMMER**  
With ingredients you can pronounce!

Healing in 'Style'

3 Station Lane  
Eriksdale, MB  
T: 204-280-0906  
E: mrsbluesnaturalproducts@gmail.com  
www.mrsbluesnaturalproducts.com

ADVERTORIAL

## The Home Store

Looking to do some redecorating or renovating? The Home Store can help!

The Home Store takes great pride in personal service - they ask questions, make recommendations and work with the customer until everyone is satisfied. Anything they supply, they can also install, using professional installers.

"Free In-Home Consultations" are another key service offered.

They have an extensive selection of quality products which their customers have come to expect.

In as little as 4-6 weeks, new kitchen cabinetry by "Kitchen Craft" could be yours. They will sit down with you and discuss what your wants & needs are. 3D drawings will be provided and will be fine tuned until the customer's wants are met.

Or maybe you just want a new countertop or tile backsplash for the kitchen...The Home Store is your Gimli & surrounding area source.

The Home Store carries a wide array of flooring - ceramic tiles, hardwood flooring, laminate flooring, vinyl flooring, LVT (luxury vinyl tile & planking), carpet & more.

For your windows, they offer only the best - Hunter Douglas Window Coverings. They custom order all window coverings, so you will have the best fit possible.....and all the special features, designs and colours offered by Hunter Douglas.

Stop by and check out The Home Store's collection of decorating materials - you'll be surprised what they have to offer!

### NOVENTIS AQUATIC CENTRE

3 WATER SLIDES SPRAY FEATURES  
HEATED WATER RED CROSS &  
LIFE SAVING PROGRAMS  
A SPLASHING GOOD TIME!  
Arborg 204-376-5576

**NORDAL'S** AUTO - BODY - GLASS **autopac**  
Discount 23 hr. towing when we do the repair

Your COMPLETE Automotive & Autobody Repair Center!

With 2 LOCATIONS to serve you in centrally located Arborg, just minutes from the water park!

Call: 1-888-866-7325

MECHANICAL REPAIR 317 - 1st Ave., Arborg, MB 204-376-5198  
AUTO BODY REPAIR Road 131 North 204-376-2416

\*MPI ACCREDITED \*FREE COURTESY CARS

**CELSIUS**  
All-Weather tires for a variety of vehicles.

Qualifies for MPI financing!

**TOYO TIRES**  
driven to perform

**RANDY'S TIRE & SPORT**

P.O. Box 316 24 PTH #6 Lunder, MB R0C 1Y0  
Ph: 204-762-5815 randy@randystire.com

**Countryside Home building centre**

**LG Washer Dryer Combo**

REG \$1998  
NOW ONLY \$1598  
SAVE \$400

(204) 372-8501  
HWY 17 @ FISHER BRANCH

ALL IN-STOCK MATTRESS SETS ON **CLEARANCE!**

**Smitty's**  
FURNITURE & APPLIANCES

321 Main St,  
Arborg, MB R0C 0A0  
(204) 376-5242  
Tues-Sat 9AM-6PM

www.smittysfurniture.net

Monday - Friday 9-5 • Saturday 9-1

**30-50% OFF**

SELECT **Hunter Douglas** Window Coverings

FREE IN-HOME CONSULTATIONS

**THE HOME STORE**

Hwy. #9 & Colville Drive, Gimli, MB

(204) 642-8585

CLOTHING  
FOOTWEAR  
HATS TOYS  
KITCHEN  
BOOKS GIFTS  
SUNGLASSES

original.always

**TERGESEN'S**  
GENERAL MERCHANT

82 First Avenue Gimli Manitoba 1.204.642.5958  
info@tergesens.com H.P. Tergesen & Sons



# Classifieds



Book Your Classified Ad Today - Call 467-5836 or Email [classifieds@expressweeklynews.ca](mailto:classifieds@expressweeklynews.ca)

## HELP WANTED

### Person to work in a busy auto, industrial and ag parts business.

Mechanical and farm experience, good organizational skills an asset.

You will be trained on the job.

Duties to include serving customers, looking up parts, ordering parts, finding parts, making hydraulic hoses, making air conditioning hoses, etc.

Must be able to work in a fast paced environment.

Hours in the winter will be 9:30 to 6 Monday to Friday with a half hour lunch.

Hours in the summer will be 9:30 to 6 Monday, Tuesday off, 9:30 to 6:00 Wednesday, Thursday, Friday, 9:30-3:00 Saturdays. Sunday Off.

Wages to be discussed before hiring.

Full benefit package included, plus quarterly profit sharing bonus.

You can drop off an application, or mail, or email to [iauto@mymts.net](mailto:iauto@mymts.net)

### Interlake Auto & Tractor Parts

161 Sunset Blvd, Box 249, Arborg, MB, R0C 0A0  
**(204) 376-2667**

## STEEL BUILDINGS

Steel building sale... "Madness sale-crazy prices on now!" 20X19 \$5,645; 25X27 \$6,424; 28x29 \$7,558; 32X33 \$10,297; 42X47 \$15,590. One end wall included. Pioneer Steel 1-800-668-5422 [www.pioneersteel.ca](http://www.pioneersteel.ca)

## LAND FOR SALE

PrairieSky Royalty Ltd. is a publicly-traded company in Calgary that acquires oil & gas fee title and royalty interests at fair market value. To receive a cash offer, call 587-293-4055 or visit [www.prairiesky.com/Selling-Your-Royalties](http://www.prairiesky.com/Selling-Your-Royalties).



### Book Your Classified Ad

Call 204-467-5836 or Email [classifieds@expressweeklynews.ca](mailto:classifieds@expressweeklynews.ca)

## WANTED TO RENT

Condo/apartment/house wanted to rent - young professional looking for a 1 bdrm. apartment/condo/house in Gimli. Unit must contain the following: kitchen appliances, including dishwasher, ensuite laundry, parking, utilities & internet. I am a quiet, courteous individual and have no pets. Please feel free to contact me at 204-914-1293 about potential places to view.

## HELP WANTED

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: [CareerStep.ca/MT](http://CareerStep.ca/MT) or 1-855-768-3362 to start training for your work-at-home career today!

## HELP WANTED

Round-Tuit Cleaning Services Ltd. is a commercial janitorial company with a 18 year track record of providing the highest quality service throughout the Interlake. Our employees are mature, responsible, dependable, physically fit, and have an eye for detail cleaning. They have a clear criminal record with a valid driver's license and reliable vehicle to get to work. We have 2 openings for a permanent part-time position, 20 hours a week, M - F - one in Gimli and another 15 minutes outside of Selkirk. For application information call 204-785-3257 between the hours of 9:00 a.m. to 5:00 p.m., M-F. All training provided, sub-contractors need not apply.

## MISCELLANEOUS

Sawmills from only \$4,397 - make money & save money with your own bandmill - Cut lumber any dimension. In stock ready to ship. Free info & DVD: [www.NorwoodSawmills.com/400OT](http://www.NorwoodSawmills.com/400OT) 1-800-566-6899 Ext:400OT

## MISCELLANEOUS

Jocelyn & Co. SALE #2 - Fabric, Quilts and Collectibles on Saturday, July 9. 44 4th Avenue, Gimli. Bags, aprons, pillows, quilts, baskets, potholders, fabrics, buttons, embroidery floss, and much more!! Debit & credit cards accepted. Rain date: Sunday, July 10.

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 [www.batteryman.ca](http://www.batteryman.ca)

Trailers for sale. Car & Equipment Haulers, Dumpbox, Cargo, Utility, Gooseneck Flat-deck, Cargo, Aluminum Livestock, CM Truckbeds. Parts & full service. Kaldeck Truck & Trailer, MacGregor, MB. 1-888-685-3127.

## WANTED

Wanted: old tube audio equipment. 40 years or older. Amplifiers, stereo, recording and theatre sound equipment. Hammond organs, any condition. Call toll-free 1-800-947-0393

## MUSICAL INSTRUCTION

Hildebrand Music, 316 Main, Steinbach, 204-326-1395. Violins, mandolins, banjos, ukuleles, lapsteels, guitars, amplifiers, accordions, keyboards, drums, harmonicas, trumpets, clarinets, flutes, autoharp, microphones, strings, books, accessories.

## POTATOES FOR SALE

Potatoes - Red, Yellow & Russet. Onions, cabbage, beets, turnips, parsnips & honey. Deer feed, \$9; black oil sunflower seeds, \$21. Interlake Potato Farm, phone 204-886-2676. 1 mile N. of Teulon on #7 & 1 mile E. on Rd. 95N.

## FARM MACHINERY

2011 Clark 48 ft. tandem All Steel A/R, drop deck, winches & removable stake sides, asking \$22,000; 1977 J.D. 4630 2 WD, 7100 hrs., Boss FE loader, 3 pt., \$15,500. Ph 204-962-2376.

5 ft. Woods 3 PTH rotary mower; 6 ft. loader bucket; hay spears for FEL; bale spear for 3 PTH; 7700 Ford tractor, cab, 3 PTH; 22 ft. deep till cultivator, Cockshutt; used fence posts & wire. Ph 204-322-5614.

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail [stonewallwoodelk@hotmail.com](mailto:stonewallwoodelk@hotmail.com)



[classifieds@expressweeklynews.ca](mailto:classifieds@expressweeklynews.ca)

## INTERLAKE RESERVES TRIBAL COUNCIL Job Posting



**JOB TITLE:** Chief Executive Officer **START DATE:** As soon as possible **SALARY:** TBD (based on education & experience)

### Job Description:

Reporting to the Board of Directors ("the Board"), the Chief Executive Officer (CEO) is ultimately responsible for the overall administration and operation of the Interlake Reserves Tribal Council (IRTC) and its

The CEO will work collaboratively with the Board, Finance Director, and other Program Managers to manage all programs and services (e.g. INAC, FNIHB, and other Funders). The CEO will be responsible for human resources and strategic planning, while contributing to a positive work environment that supports the IRTC's vision, mission and values. The CEO's duties will include:

- Point of contact for senior level matters, including senior level discussions.
- Monitor federal, provincial, regional governments and private sector activities which could have an effect on the direct involvement with public relations initiatives.
- Develop and implement strategic plans work plans, budgets, policies, and other plans for AANDC, FNIHB and other Programs.
- Attend internal and external meetings, workshops, assemblies, etc.
- Provide support and direction to Program Managers, ensuring all programs are meeting goals and standards, and the ongoing updating and implementation of IRTC's policies and procedures, work plans, strategic plans.
- Lead Tribal Council initiatives and negotiations in funding and governance areas.
- Build relationships with external organizations/partners to enhance IRTC's operational and networking capabilities.
- Work with the Finance Director to develop and administer the operational budget for the entire IRTC operation for each fiscal year.
- Ensure that human resources policies are in place and comply with legislation and are enforced.
- Monitor the recruitment, hiring, training and performance management of all employees.
- Perform other duties and responsibilities as directed by the Board.

### Qualifications:

- Post-secondary education in a related discipline; business degree is an asset.
- Experience and knowledge of regional, federal and provincial government programs, services and policies (AANDC, FNIHB, IERHA, etc.)
- Financial management and budgeting experience.
- Knowledge and interpretation of applicable legislation.
- Significant knowledge and understanding of IRTC's member communities, cultures, traditions, issues and protocols.
- Expertise in the ability to identify potential funding sources; superior proposal writing skills.
- Proven ability to lead initiatives and negotiations from planning to execution and follow up.
- Written and verbal communication skills, including effective public relation and public speaking skills.
- Demonstrated ability to prepare high level reports, policies, contracts, proposals, etc.
- Proficient in computerized systems (e.g. MS Word and Excel).
- Must have a valid driver's license and access to personal vehicle.
- Must have the ability to travel.
- Must be willing to work flexible hours to meet the needs of IRTC and its respective communities.
- Preference will be given to qualified members of IRTC Member First Nations.

Please provide a cover letter, resume and three written references (preferably from present/previous Employers) to Donna Hall, Program Manager no later than 4:30 p.m. July 22nd, 2016  
Fax: (204) 942-8840 Email: [donnahall@irtc.ca](mailto:donnahall@irtc.ca)

We thank all who apply and advise that only those selected for further consideration will be contacted.



## Rural Municipality of Gimli

### INVITATION TO TENDER FUEL FOR MUNICIPAL EQUIPMENT

**CLOSE DATE: FRIDAY, JULY 22, 2016, at NOON**

The Rural Municipality of Gimli is accepting tenders for the following:

Tenders will be received by the Council of the RM of Gimli for the supply of fuel for the period of August 1, 2016 to July 31, 2017 for municipal equipment.

The Tenders are for

- 1) Approximately 20,000 litres of gasoline at pumps (Card lock System).
- 2) Approximately 35,000 litres of clear diesel fuel at pumps (Card lock System).
- 3) To be delivered to the Public Works Yard in the Industrial Park.

Tenders are to be priced with all applicable taxes and discounts shown separately. All applicable per litre discounts must be available for redemption by the Municipality at the pump. Additional discounts or rebates if available should be identified separately as a percentage of total sales. The Municipality reserves the right to award tenders separately by products as shown above.

Tenders should be marked "Tenders for Fuel" and will be received by the undersigned until **Noon, July 22, 2016**, at 62 - 2nd Avenue, Box 1246, Gimli, Manitoba, R0C 1B0. Late submissions will not be accepted.

### Submit to:

Rural Municipality of Gimli  
62 - 2nd Avenue, PO Box 1246  
Gimli, MB R0C 1B0  
Attn: Kristin Strachan, ACAO

### Questions or concerns in respect to the tender can be directed to:

Darcy Hjelmeland  
Manager of Public Works  
Phone: (204) 642-6688  
Email: [publicworks@rmgimli.com](mailto:publicworks@rmgimli.com)

*The RM of Gimli reserves the right to reject any or all bids, to waive irregularities and informalities therein, and to award the tender in the best interest of the RM of Gimli in its sole discretion.*



# Classifieds Announcements



Book Your Classified Ad Today - Call 467-5836 or Email [classifieds@expressweeklynews.ca](mailto:classifieds@expressweeklynews.ca)

**ANNOUNCEMENTS**

**IN MEMORIAM**



**Julia Kostiuk**  
1922 - 2009

To love a Mom and then to part,  
Is the greatest trial to the human heart.  
Years of striving, little of play,  
Loving, giving, the whole of the way.  
A cherished smile, a heart of gold,  
To the dearest Mother the world could hold.  
Happy memories, fond and true,  
From us who thought the world of you.  
Beautiful memories are treasures ever,  
Of happy days when we were together.  
With aching hearts we whisper low,  
God Bless you Mother, we'll miss you so.  
Father in Heaven hear our prayer,  
Guard our Mother with tender care.  
Be a good Shepherd, don't leave her alone,  
Love her as we loved her  
When she was here at home.  
-Lovingly remembered and sadly missed by,  
Bev and Frank, Pinky and Walter,  
grandchildren and great-grandchildren

**ANNOUNCEMENTS**

**IN MEMORIAM**



**George Kowalchuk**  
May 5, 1917 - July 8, 2003

Your smile has gone forever,  
And your hand we cannot touch;  
We have so many memories,  
Of you who we loved so much.  
In our hearts your memory lingers,  
Sweetly tender, fond and true;  
There's not a day dear George and Dad,  
That we do not think of you.  
- Loving you and Eddie always  
and missing you both every day,  
your wife, Mary  
and your children,  
Tom (and Chris), (Patty), Rosalie (and Mike),  
Lucy (and Terry), and their families

**BOOK YOUR ANNOUNCEMENT TODAY**  
**EXPRESS**  
WEEKLY NEWS  
Call 467-5836

**McSherry Auction Service Ltd**  
**AUCTION SALE**  
**RM OF GIMLI**  
Saturday July 9th 11:00 am

178 Anson, Gimli, MB  
Contact Darcey  
(204) 641-3816  
98 Freightliner FL80  
-w 20 Yrd Garbage  
Compactor Box Sft \*  
84 Ford L 7000 Dsl 15  
Yrd Hyd Garbage Com-  
pactor Box Sft \*AC 715  
Backhoe Cab FEL 7484  
Hrs \* CAT 922B Wheel  
Loader \*Case IH 1494  
Cab 3PH 5050 Hrs. \*  
NH 6640 3 PH 5128  
Hrs \* Bushog 3015  
15' Rotary Mower \*  
53 GMC C630 Pumper  
Truck \* 57 Sicard T46R  
4 x 4 w Snowblower  
\*05 Bear Cat 74628  
Dsl Chipper/Shredder  
84 Hrs \* Along w Ligth  
Trucks \* Mowers \*  
Tools \* Partial List Only  
- Go To Web!  
Stuart McSherry  
Stonewall, Manitoba  
(204) 467-1858 or  
(204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

**ANNOUNCEMENTS**

**IN MEMORIAM**

**Mattern**  
Philip and Ernest  
In loving memory of  
our dear brothers and uncles  
Philip - June 27, 2007  
Ernest - June 22, 1968

Deep in our hearts,  
A memory is kept;  
For the ones we loved,  
And will never forget.  
Each of us in our own special way,  
Remember them with love today.  
Forever loved, never forgotten,  
And sadly missed.

-Mina, Ed, Dody,  
nieces and nephews

**Book Your Classified Ad**  
Call 204-467-5836

**McSherry Auction Service Ltd**  
**ESTATE & MOVING SALE**  
Wed July 13th @ 4:00 pm  
Stonewall, MB  
Yard Items \* Tools \*  
Vehicles \* Antiques \*  
Household \*  
**Stuart McSherry**  
Stonewall, Manitoba  
(204) 467-1858 or  
(204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

**McSherry Auction Service Ltd**  
**AUCTION SALE**  
**ESTATE OF WILLIAM STEWART**  
Saturday, July 16th @ 10:00 am  
Winnipeg, MB  
350 Forbes Rd - Off St. Mary Rd  
Contact Russ (204) 981-6698  
Tractors Int 806 Dsl w Int 230 FEL 2188 Hrs  
\* Int 706 Dsl 7840 Hrs. \* Fordson Major  
Dsl 3PH \* McCormicks W6 \* McCormicks H  
\* Equip NH 451 3PH 9' Sickle Mower \* NH  
1033 Auto Bale Wagon \* NH 273 Square  
Baler \* MF 124 Square Baler \* Vermeer  
605 C Rd Baler \* NH 479 9' Haybine \* Side  
Delivery Rake \* Farm Wagon \* Bale Elevators  
\* 3PH 5' Rotary Mower \* 3PH Post Auger \*  
3PH 6' Blade \* JD 12' Tandem Disc \* Case  
12' Vibra Cult \* Coop 18' Discer Seeder  
\* More Equipment \* Vehicles, Trailer & Yard  
68 GMC 940 Gas w 12' B&H \* 81 Chev 2500  
\* 13 BH 10' Flatdeck Trailer \* BH 16' Tandem  
Trailer \* Quad Trailers \* JD 318 R Mower w  
Roto Tiller \* Livestock Items Int 103 Manure  
Spreader \* Gehl 95 Mix Mill \* Roller Mill \*  
Sheep Self Feeders \* Square Bale Feeders  
\* Water Trough \* Mesh Panels \* Chain Link  
Wire & Gates \* Honey Extractors \* Westeel  
1350 Bush Grainery \*\* Along w Farm Misc  
\* More Equip \* Tools \* Some Antiques \* Dog  
Racing Sleigh \*  
**Stuart McSherry (204) 467-1858 or (204) 886-7027**  
**Stonewall, Manitoba**  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

**CONSTRUCTION AUCTION**  
**Pete Drew Garage and Pembina Valley Underground Surplus Auction**  
**Thursday, July 21 • 5 pm**  
**Auction in Manitou, MB.**  
**at the Drew Garage**

Also included: equipment from Devon Boulton 204 242 4447 Harry Brendle 204 242 4848. Older Crawlers, Dozers, Pay loaders, Back hoe, Kubota 1550 tractor, 2 boats etc  
See [www.billklassen.com](http://www.billklassen.com) for listing and photos.  
**Bill Klassen Auctions Ltd.**  
Ph: (204) 325-4433  
Cell: (204) 325-6230  
Fax: (204) 325-4484

**McSherry Auction Service Ltd**  
**BRIAN FOSTER**  
Sunday, July 10th @ 10:00 am  
Arborg, MB  
North on Main St 1/2 Mile then 1 1/2 Mile  
West on Rd 130 Then  
North 1/2 Mile on Rd 10 E  
Contact (204) 376-5001  
Tractors Steiger Bearcat ST 225 4 Wheel  
Drive Quad Hyd 4862 Hrs. \* Coop D 130 06  
Cab Duals w Allied 795 FEL 6457 Hrs \* Deutz  
D 6005 Hyd. 540 PTO NR \* Deutz D8005 Dual  
w FEL NR \* 49 Coop E3 3PH \* Fen Shou 25 HP  
MFWA 3PH \* Equip A C Gleaner N6 Combine  
\* Vers. 400 Swather \* Bourgalt 3438 36' Air  
Seeder w Chinnock 1203 Tank \* Inland 70'  
Spring Tine Harrows \* Coop 16' Tandem Disc  
\* 2) Coop 200 27' Cult \* Coop 204 25' Deep  
Tiller \* Wilrich 7B Plow \* Coop 720 20' Press  
Drill \* 5 Ton Tandem Fertilizer Spreader  
w S.S. Hopper \* NH 55 Side Del Rake \*  
Buhler 600 3PH 6' Snowblower \* Buhler 72'  
Finishing Mower \* Graineries & Augers  
Westeel Rosco 1850 Bushel on Hopper \*  
Hopper for 1650 Bushel \* 14) Westeel Rosco  
1650 Bushel Bins \* 2) 3300 Bushel Bins \*  
Westfield MK 10" 61' Auger \* Farm King 8"  
41' Auger w 20 HP Trucks 77 Mack 10 Spd  
w Wet Kit 356,000 Miles Safetied \* 65 Dodge  
700 w 18' B & H \* 60 GMC 3 Ton w 14' B & H  
\* 96 Ford F250 7.3 Dsl 4x4 \* 86 GMC 2500  
6.2 Dsl \* 52 Buick 4 D Sedan \* Along w More  
Equip \* Farm Misc \* Tools \* Some Antiques \*  
Cockshutt Horse Sickle Mower \*  
**Stuart McSherry (204) 467-1858 or (204) 886-7027**  
**Stonewall, Manitoba**  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

**QUARRY PHYSIOTHERAPY**  
SPORTS INJURY & MASSAGE CLINIC  
**WE ARE HIRING!**  
Require a hard working, energetic individual for the position of  
**Reception/Physio Aide**  
• Part time position in Arborg & Gimli Clinics  
• Office experience preferred  
• Must be able to work independently as well as within a "team" setting  
• Must have great customer service & multitasking skills  
• Must have an energy level to keep up in busy clinic  
Send resume to [qphysio@mts.net](mailto:qphysio@mts.net)  
We look forward to you joining our team.

**EXPRESS**  
WEEKLY NEWS  
[classifieds@expressweeklynews.ca](mailto:classifieds@expressweeklynews.ca)



**Get The Job Done!**

# Biz Cards

**Call 204-641-4104 or  
email [ads@expressweeklynews.ca](mailto:ads@expressweeklynews.ca)**



**The Fabric Snob**  
FRESH MODERN FABRIC FOR CLOTHES, QUILTING AND MORE  
[www.thefabricsnob.com](http://www.thefabricsnob.com)  
Tues, Wed, Fri 10-4 Thurs 10-6  
Unit 1 - 70 Main street | Riverton, MB

**GIMLI VETERINARY SERVICES**  
70 Centre Street Gimli, MB R0C 1B0  
**204-642-8398** [lmtvet@mts.net](mailto:lmtvet@mts.net)

**Tree & Yard Service**   
\*Large & High Tree Expert  
\*Problem Tree Removal  
\*Tree Pruning & Trimming  
\*Storm Restoration  
\*Insured  
**(204) 364-1372**

**SHERLOCK TREE REMOVAL**  
Pruning • Stump Grinding  
Licensed Arborists  
Fully Insured - Claim Free  
25 years Experience  
Vince 861-0487  
Darren 861-0028

**Computer Tutor**  
Professional, reliable computer repair services.  
1-204-471-5818  
Your virus, spyware, popups & speed up your system experts  
[www.computertutorpetra.ca](http://www.computertutorpetra.ca)

**Call 204-641-4104 To Advertise in this Space**

**Shipping Containers**  
CSC Compliant. Watertight. Completely Rodent Proof.  
20' - \$3400  
40' - \$3450  
53' - \$5850  
Call for competitive delivery rates  
**Call Clinton at 204-739-3392**

**HART'S HOUSE OF FLOORING LTD.**  
• CARPETS • VINYL • LAMINATES  
• CERAMICS • HARDWOOD FLOORS  
6,000 sq. ft. SHOWROOM/WAREHOUSE  
Domestic, contract sales & installation  
HomeStyle STAINMASTER CARPET  
**482-4404 474 Main Street, Selkirk**  
1-888-847-7722 Fax: 482-7560  
[harthf@shaw.ca](mailto:harthf@shaw.ca)

**SELKIRK CARPET & MATTRESS CLEANERS**  
OFFERS GREEN CLEANING Commercial & Residential  
**204-785-4464**  
• carpets • mattresses • upholstery • leather  
• pet stain • urine removal • dust mite elimination  
Serving Hwy 9 North to Gimli

**WE SUPPLY AND/OR INSTALL:**  
• Window Coverings **HunterDouglas**  
• Floor Coverings • Cabinetry  
• Countertops & More!  
  
Hwy #9 & Colville Drive Gimli, MB  
**(204) 642-8585**

**Bennett Lake Lodge & Outcamps Ltd.**  
Toll Free: 1-866-378-5244  
Email: [info@bennettlakelodge.com](mailto:info@bennettlakelodge.com)  
Visit us at [www.bennettlakelodge.com](http://www.bennettlakelodge.com)

**ERIKSDALE SERVICE**  
YOUR PLACE FOR PARTS  
Over 15 Acres of newer trucks and cars for parts  
Large Used Vehicle Selection for Sale  
Safetied Cars and Trucks ready to roll  
**204-739-5500 1-800-297-7077**  
HWY 6 & 68 AT ERIKSDALE

**Bill Klassen Auctions Ltd.**  
[www.billklassen.com](http://www.billklassen.com)  
Auctions with Integrity!  
NOW BOOKING SPRING AND SUMMER 2016 AUCTIONS  
Ph: (204) 325-4433 Cell: (204) 325-6230 Fax: (204) 325-4484

**LITTLE JOE'S AUCTIONS**  
"If you own it, I can sell it"  
• Real Estate • Automobile • Farm • Cattle  
• Antiques • Charity • Fund Raising  
• Subcontracting and More  
Call Joe Stogrin - **204-642-2448**  
[www.littlejoesauctions.com](http://www.littlejoesauctions.com)

**TREESNOW FULLY INSURED**  
Serving the Interlake AERIAL CRANE Selkirk, MB  
BUCKET & SERVICE  
• PRUNING • REMOVAL  
• Free Estimates  
• Seniors Discounts Cell **204-294-5233**  
• No Travelling Charges

**Kitchens... and then some**  
**KitchenCraft** CABINETRY **CraftLine** COUNTERTOPS  
Jaimie Yuzdepski  
Kitchen Sales and Design  
**CLOSED FOR HOLIDAYS JULY 1 - JULY 10, 2016**  
320 Main Street, Selkirk [kitchensandthensome@gmail.com](mailto:kitchensandthensome@gmail.com)  
Ph 204-785-9774 [www.kitchensandthensome.ca](http://www.kitchensandthensome.ca)

**BARX MOTEL**  
**Professional Dog Sitter**  
Debbie Hart, Owner/Operator  
[Barksmotel@gmail.com](mailto:Barksmotel@gmail.com)  
[www.BarkXMotel.ca](http://www.BarkXMotel.ca)  
800 Netley Rd., Petersfield, MB  
**204-471-6370**



**STEP UP TREE REMOVAL**  
Tree Cutting and Removal  
Tree Trimming and Pruning  
Bucket Truck - Fully Insured  
Text or Call **ROB 204-785-3273**  
**24 HOUR EMERGENCY SERVICE**



**Call 204-641-4104 To Advertise on this page.**