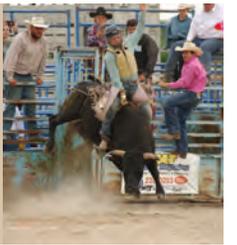




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EXPRESS PHOTO BY PATRICIA BARRETT
Ava and her mom Jen (left) took in a little art therapy with Gimli Art Club members Erika, Rose Marie and Olive.

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Local strawberry farms ripe for the picking this week

By Evan Matthews

Though the picking season is a short one, the number of stories at the Andersen Farm grows as quickly as the strawberries.

In its 22nd year, the Andersen Farm's clientele is largely families, meaning parents and their children. The generational connection is one of 62-year-old Frode Andersen's favourite parts about owning and operating his own farm, he said.

"It's really neat, and we really enjoy that aspect. These are our future pickers. Other patches have shut down. ... It's nice that we get a resurgence of families. We always get new clients too," said Andersen, who immigrated to Canada from Denmark in 1981. He worked hard for another farmer until he was able to purchase his own farm, he said.

"It's more of a family experience, now. There are definitely a few families who come for a lot of pails, but ... mostly it seems like mom and dad with the kids for an outing."

This year, the Andersen Farm is expected to open on Monday, July 8, as Andersen said the strawberry plants have flowered late this year. The strawberries have formed but not ripened just yet, he said.

The Andersen Farm has three acres of strawberry patch to pick, with another half-acre of raspberries.

"The raspberries usually come at the end of the strawberry season, but this year they seem to be a bit early," said Andersen. "At the same time, the strawberries have been a little late."

Once the picking season opens, Andersen said the season could last as little as a few weeks. However, he



Frode Andersen holds unripened strawberries. The biggest strawberry is typically the first to ripen and referred to as the king berry. Andersen's Farm gets set to open July 8.

added labour intensive growing and cultivation process takes a lot longer.

"At the end of October — at the end of the season — we cover (the leftover strawberry plants) with hay to protect them from the winter," said Andersen.

"Our season starts at the end of April by raking it all up, pulling the hay off the plants and leaving it in the aisles, between the rows. Then we take out some of the older plants and plant some new ones, sometimes in a new area. We plant as early as we can."

It can take anywhere from 20 to 40 days for the strawberry plant to flower and turn into a strawberry, according to Andersen. Typically, he said, if the plant flowers for three weeks, you would also have berries for three weeks, too.



EXPRESS PHOTOS BY EVAN MATTHEWS

Tamara Hurst stands with her grandson Easton, with Frode Andersen to the right. Easton is holding onto a flag, which is used to indicate where exactly in the strawberry patch has been most recently picked.

Part of the reason for choosing the Andersen Farm is the experience, according to Andersen's wife, 56-year-old Tamara Hurst.

As much as people come to pick strawberries, she said, they come for the peace, quiet and, for lack of a better term, therapy.

"You hear the birds, and you hear the wind," said Hurst. "People pick beside each other to catch up and chat, but it's so quiet. It's their tradition."

A day of picking involves driving out to the farm and showing up at the basket shack. Clients grab their baskets from Tamara and drive themselves out to a spot in the patch they'll eventually pick, of course, with direction from Frode.

Workers, as many as eight a season, show the guests where the berries are located in the patch, according to Andersen, with the workers using a flagging system to keep track of what's been picked.

The guests pick their berries as long as their hearts desire, eventually showing back up at the basket shack at the end of the day. Guests are charged \$12 per basket.

Because growing any plant isn't an exact science, nor is predicting the number of customers a business will get, Andersen encouraged guests to call the farm at 204-378-5429 to ensure hours of operation in advance to their visit.

The Andersen Farm is located up Highway 8, past Gimli, west roughly a quarter mile on Road 126N.

"What's good is when the people don't want to leave," said Hurst.

"If the picking is good, people come out to pick two pails but they end up leaving with five. But the season is limited, where it's really, really good.

"When we open, they (should) be ready to go."

Gypsumville RCMP investigate fatal single-vehicle collision

Staff

On June 20, 2019, at approximately 3:25 p.m., Gypsumville RCMP responded to a single-vehicle collision on Provincial Road 513, eight kilometres north of Big Rock Campground, in the RM of Grahamdale.

The driver, a 62-year-old female from Winnipeg, was travelling with three passengers, a 51-year-old male from Fairford, a 49-year-old female from Winnipeg and a 37-year-old male from Winnipeg.

The vehicle was travelling from Dauphin River to Fairford when it left the road and crashed into some trees.

The 62-year-old driver was pronounced deceased on scene.

The 37-year-old male passenger was taken to hospital with non-life-threatening injuries.

The other two passengers refused medical treatment at scene.

RCMP continue to investigate.



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Removing legal tender status from bank notes: What it means for you

Submitted

You may have heard the term “legal tender” in the news recently.

That’s because the Government of Canada has announced that as of Jan. 1, 2021, it will remove legal tender status from some bank notes, namely the \$1, \$2, \$25, \$500 and \$1,000 bills.

This step comes after legal changes following the 2018 federal budget gave the government power over the legal tender status of bank notes.

Wondering what this means for you? Short answer: this will not affect most Canadians.

First, let’s define the term “legal tender.”

Bank notes issued by the Bank of Canada, along with the coins issued by the Royal Canadian Mint, are what is known as “legal tender.” It’s a technical term, meaning our government has deemed them to be the official money we use in our country.

In legal terms, it means “the money approved in a country for paying debts.”

By removing legal tender status from the \$1, \$2, \$25, \$500 and \$1,000 bills, the government is essentially saying that you shouldn’t use them in cash transactions or to pay debts.

But rest assured, this does not mean these bank notes will lose their value. The Bank of Canada will honour their face value even after legal tender status is removed.

Have some of these notes?

Here’s what to do

If you own any of these older bank notes, you have a few options.

You can redeem them. The simplest way to do this is by going to your financial institution, where they will exchange them for new bills or deposit the amount into your account.

You can also send them to the Bank

of Canada, which will continue to honour these bank notes at their face value. For details on how to redeem your notes at the Bank of Canada, you can go to <https://www.bankofcanada.ca/banknotes/bank-note-redemption-service/>.

Finally, you can decide to simply keep your notes.

Check the value of your bills before you go to the bank

Some bank notes, such as the \$25 and \$500, may be worth significantly

more than their face value. To find out if your bank notes have a different value to collectors, you can refer to a collector’s catalogue, or obtain an evaluation from two or three money dealers who cater to collectors.

Why remove legal tender status?

The bank notes targeted in this announcement haven’t been produced in decades. Some people might not recognize them anymore, which means they probably wouldn’t be ac-

Continued on page 6



EXPRESS PHOTO SUBMITTED

Canadian Landscape (1954) bills are being removed from legal tender status.

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Supporting Drive Away Hunger



EXPRESS PHOTOS SUBMITTED

Farm Credit Canada was pleased to present a \$500 cheque to the Riverton and District Friendship Centre for their local food bank program. The Friendship Centre provides much-needed food hampers throughout Riverton, Arborg, Chatfield, Fisher Branch and surrounding area. FCC's Community Investment fund supports organizations that enrich local communities where their customers and employees live and work. Through their annual Drive Away Hunger campaign, FCC collects cash and food donations for local food banks and food programs across Canada.



Farm Credit Canada also presented both the Riverton Early Middle School and the Lunder School each \$1,000 for their nutrition programs. Both schools have a high percentage of students who use the program. FCC supports school breakfast and nutrition programs as part of their annual Drive Away Hunger campaign. Pictured are Arborg FCC staff along with school students and administrators.

Graduating corrections



On the front page of the June 27 edition of the *Express Weekly News*, we misidentified the graduate on the front as Braiden Laquette. The cutline should have read: Adam Malcolm was one of 24 students taking part in the Ashern Central School graduation ceremony this past Saturday.



Graduate Dana LaRoque, pictured here on Gimli Beach, received the Town of Winnipeg Beach scholarship award. The *Express* apologizes for the error.

A photo of Meadow Bochurka alongside Winnipeg Beach Mayor Tony Pimentel appeared in the story "Gimli High School graduates the toast of the town" in the June 27, 2019, edition of the *Express*, saying she won the Town of Winnipeg Beach scholarship. Bochurka actually received the Winnipeg Beach Lakeside Lions scholarship award from Pimentel.

The *Express* sincerely apologizes to the families for the errors.



In the story "Prepared for life: Riverton Collegiate grads 'un-messable'" that appeared in the same edition, the *Express* identified Evergreen School Division bus driver Percy Marks as retired when in fact he's not. He is ESD's longest serving employee with 51 years of service.

Icelandic Festival and RM of Gimli Partner on Viking Park

Submitted

The Icelandic Festival of Manitoba (IFM) is pleased to partner with the RM of Gimli on the next phase of Viking Park. The RM council pledged \$300,000 toward the project over a two-year period.

This is exciting news for citizens and tourists alike, as it will complement IFM funding made possible through the New Building Canada - Small Communities Fund (SCF). The IFM recently led a consultative process to inform the design of Phase 2 of the Viking Park. The consultative process, and the new design are possible thanks to the two-to-one grant awarded to the IFM through SCF. This fund supports priority public infrastructure projects in communities with fewer than 100,000 residents across Canada.

A focus of the consultative process was to determine how to develop public areas and pathways that integrate the needs of a working harbour, safe walking and biking trails, cultural history interpretation, active water access and other features. The area considered, directed by the requirements of the SCF grant, extend from Viking Park and provide a continuous pathway from the Viking Park to 1st Avenue and Centre Street. These areas were identified as a priority by a visioning committee made up of the IFM and its Viking Park Campaign Cabinet, the RM of Gimli, the Betel



Phase 2 of Viking Park includes extending the original harbour breakwater path east to First Ave.

Home Foundation, the Betel Heritage Foundation, the Gimli Harbour Authority, the Gimli Yacht Club and other organizations and community members. This visioning process took place over the winter and was the led by HTFC Planning & Design, the landscape architects who developed Viking Park.

The next phase of development will connect Viking Park to 1st Avenue and to Centre Street, focusing on completing the Breakwater Pathway to 1st Avenue, sidewalks will be improved along 1st Avenue. The project will continue on to Centre Street moving east toward the bandstand area.

The Viking Park, which was complete



EXPRESS FILE PHOTOS BY PATRICIA BARRETT

The Huldufolk live in small houses among the rocks at Viking Park.

in July of 2017, was privately funded through the efforts of the Icelandic Festival and the Viking Park Cabinet. The IFM will continue to fundraise in order to fulfill its key focus to develop the public area and pathways around Viking Park and to support the Icelandic Festival. As in the past, project plans will be shared with the community prior to development taking place. A conceptual plan will be presented to the community during an open house over the summer months.

There are several opportunities to recognize your family or bestow a dedication to a milestone in your life or the life of a loved one. Five Settle-

ment Markers in the existing Viking Park are available; a 1.3-metre marker with your dedication etched in stainless steel with background lighting. In addition, engraved pathway stones also provide an opportunity for recognition with a donation of \$125, \$550 or \$1,250. Garden Markers were introduced in 2017 and also provide an opportunity to dedicate your donation. All donations are eligible for a charitable tax receipt. Please contact Kristine Sigurdson at the Icelandic Festival office in Gimli at 94 1st Ave. at 204-642-7417 or kristine@icelandic-festival.com.

Gimli's Thai Plaza to be re-built at original location on First Avenue

By Patricia Barrett

After a water main break this winter swamped Gimli's Thai Plaza clothing store and restaurant on First Avenue, demolition and reconstruction of the building is scheduled to start this month.

The majority of the street-facing part of the building will be torn down, said Coun. Peter Holfeuer during a regular meeting of municipal council June 27, while the rear part of the building will be salvaged.

"They've undergone some considerable stress from the water main break we had in the wintertime," said Holfeuer, "which caused them to shut down at that location. The plan is to re-build it and do it as quickly as possible so they can get back into those [First Avenue] premises."

Thai Plaza temporarily relocated to the Lighthouse Mall on Centre Street after the flood.

Ideally situated in the heart of Gimli's tourism district, the Plaza's 76 First Avenue store is directly across from the Lakeview Resort and a few min-

utes' walk from the beach and the harbour.

Plaza owner Sumalee Phanad built a spacious and shady outdoor patio beside her store last year so that hungry visitors could enjoy a spicy meal and cool down with a refreshment.

The store offers colourful clothing from Thailand, jewelry, housewares, flowers and home decor. The Smile Thai Restaurant offers a range of Thai delicacies, including spicy chicken, shrimp, sticky rice, spring rolls, mango ice cream, fruit smoothies and Thai coffee and tea.

Mayor Lynn Greenberg and councilors Thora Palson, Richard Petrowski and Peter Holfeuer (Coun. Cody Magnusson was absent) unanimously agreed to waive the fees associated with the demolition and

removal of waste materials to help the store get back on its foundation, so to speak.

Holfeuer said he thinks council's waiving of the fees is the "right thing to do," considering the damages wrought by the flood, and he'll be liaising with the owner during the reconstruction process to ensure it runs as smoothly as possible. The plan is to remove waste materials via the back lane between First and Second avenues.

"I'll work with the owners and the contractor doing the demolition to

do this as efficiently as possible," said Holfeuer. "It's going to happen in July during the busy tourist season."

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Canada, deservedly so, is number 1

By Evan Matthews

Happy Canada Day, everyone. It is on July 1 we collectively celebrate the fact that we all share something in common: we live in the greatest country on earth.

But don't take my word for it. USnews.com released the 2019 Best Countries rankings, a survey and study done in partnership with the BAV group and the Wharton School of the University of Pennsylvania. According to the article, the findings are based on a study that surveyed (more than) 20,000 people from across the world, from four regions. The study was designed to assess perceptions on 80 countries on a variety of 75 different metrics, according to the article.

In addition to concepts essential to life: ideas like access to food and housing, education, health care and employment, the article states that quality of life includes intangible qualities like a country's political stability, individual freedom and quality of the environment.

Social scientists in the article agreed that material wealth is not the most important factor in assessing a "well-lived" lifestyle.

Canada ranks higher than anyone

else in most of these aforementioned categories, meaning in the eyes of global citizens, people view the Canadian government as the best provider for its citizens.

The survey's respondents named Canada number 1 for both being politically stable and having a well-developed public education system, and then for secondary reasons such as having a good job market, according to the article. Those perceptions were supported by independent research, the article went on.

Other well developed nations like Sweden, Denmark, Norway, Switzerland and Finland all ranked behind us, overall.

However, Canada's public health-care system ranked fifth best, according to the article, but that isn't anything new. It's something we discuss and consistently work at.

In a time where our society can be polarized by debate and dissent in political conversation and discourse, it's important to acknowledge our togetherness, as well.

As a society, Canada shares the luxury of not only having the greatest quality of life but arguably the greatest diversity of any country in the world.

We're privy to different opinions, different ways of living ... different people.

American Sen. Cory Booker said, "You can't love your country without loving your countrymen and women. We don't always have to agree, but we must empower each other. We must find the common ground. We must build bridges across our differences to pursue the common good."

We must focus on the common good, our similarities, not our differences.

With what we see happening in the U.S.A. on a regular basis, the common good in our country is the country itself.

We have the highest quality of life anywhere in the world.

We have the most diverse population.

We have an opportunity to be world leaders, politically and socially.

It is good to be Canadian, and it is good to acknowledge our gratitude.

So thank you to the men and women who helped to build this great country, a country we still work to refine today.

And once more, happy Canada Day.

> LEGAL TENDER, FROM PG. 3

cepted in transactions.

By removing legal tender status from the \$1, \$2, \$25, \$500 and \$1,000, the government is helping ensure that the Canadian bank notes in circulation are current and easy to use.

The Bank of Canada, which issues Canada's bank notes, supports this initiative. Keeping notes current

means they work more effectively for everyone because they have better security features that make them hard to counterfeit.

With all this, you may wonder whether the government intends to remove legal tender status from any other bank notes. There are no plans to remove legal tender status

from any other notes at this time. If it does happen in the future, Canadians will be informed with plenty of time.

If you'd like to learn more about legal tender or Canada's bank notes, visit our website: bankofcanada.ca/banknotes.

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Old Time Dance brings in outsiders to celebrate Teulon

By Becca Myskiw

An Old Time Dance brought nearly 300 people to the Teulon Rockwood Centennial Centre last Friday to celebrate the town's 100th birthday.

The dance was hosted by the Teulon Senior's Club. The club hosts an Old Time Dance every month, except for July and August, and the centennial dance was the second one they organized for June.

Club president Eileen Kemp said the dance was very similar to their regular ones, with one difference being they didn't announce the birthdays or anniversaries of those who participated.

Another difference was the dance was free for everyone. The centennial committee paid for the hall rental, food and band, so Kemp said the club had no need to make money because they didn't spend any and weren't going to unless more than 300 people showed up.

The dance had a silent auction, a cold cut lunch and The Gemstars playing music for the crowd. Kemp



The Gemstones were a hit at the Old Time Dance.

said they try to get a different band for each dance, but they use the Gemstars twice a year and wanted to book them for the centennial celebrations.

Kemp said the dance was something exclusively for the seniors in the community and gave them a way to celebrate the way they wanted to.

"The seniors always like to dance," she said. "That dance floor is full all the time when we have a senior dance



EXPRESS PHOTOS BY BECCA MYSKIW

Janis Meisner, left, and Walter Kehler wore matching outfits to the dance.

every month."

Like many of the other centennial events, the Old Time Dance brought people from outside the community

to hit the dance floor.

"There's a lot of people from out of town that I don't know here," said Kemp.

Florist to open home business in Gimli

By Patricia Barrett

Gimli will be getting another floral business after a homeowner applied to council for approval to run the business from her home.

Kellie Yellowega will be operating Yellow Birch Floral & Design from her home at 92 Sixth Ave., near the corner of Lady of the Lake Drive.

"I will be doing mostly things like weddings and bigger events plus the Farmers' Market in Arnes," said Yellowega during a public hearing at council's regular meeting June 27.

"It's a lot of events, but I do the prep work at my house and all my [administration] work."

Yellowega will be offering bouquets, corsages, plants and a number of oth-

er floral arrangements.

For weddings, Yellowega said she'll be doing a lot of sales by phone and primarily making deliveries. But for events such as high school graduations, people can stop by her house to pick up corsages and boutonnières.

On weekends, people can make an appointment, but during the week Yellowega said she'll hold regular hours between 10 a.m. and 4 p.m.

Council said it received no letters of objection to the home business, which is located at the tip of Gimli's west-side commercial district near the bowling alley.

Yellowega said traffic shouldn't be a problem.

"As far as people coming to the

house, I think that'd be our neighbours' biggest concern," she said. "To be honest, there won't be much traffic. It would be one person at a time on a very random basis."

Council gave unanimous approval (Coun. Cody Magnusson was absent) to the business with a number of conditions.

Those include a stipulation that the business not detract from the neighbourhood, be carried out solely by members of the family residing in the dwelling, have no exterior advertising, refrain from causing parking problems and traffic congestion and emit no odour, dust, gas fumes or other noxious matter.

For more information about Yellowe-



EXPRESS PHOTO BY PATRICIA BARRETT

Kellie Yellowega told Gimli council about her business operation during a public hearing June 27.

ga's product and services, visit Yellow Birch Floral & Design on Facebook or call 204-781-8633.

Fisher Branch residents get the green light to drink their water

By Evan Matthews

The boil water advisory has been lifted in the community of Fisher Branch.

On June 28, the Interlake-Eastern Regional Health Authority issued a notice lifting the boil water advisory to the RM of Fisher's CAO Kelly Marykuca. The notice states Fisher Branch's water system has met all conditions in order to rescind the boil water advisory.

"Bacterial testing results meet regulatory standards," said Tim Hilder-

man, medical officer of health with the IERHA.

The Province issued the advisory on June 19, which said the failure — caused by a broken chlorine pump — allowed poorly treated water to enter the distribution system.

The chlorine pump has been replaced, according to Marykuca.

"We replaced the part that needed tending to," said Marykuca. "The water samples came back great."

Lifting the advisory means the wa-

ter no longer presents a risk to public health, according to the province.

Previously, the advisory had asked residents to boil their water for at least one minute if used for drinking or making ice, preparing beverages (including infant formula), preparing food (including washing fruits and vegetables), and brushing teeth, according to the advisory.

The advisory did not recommend against washing, bathing or showering in the water.

All commercial, public and permitted facilities, examples including restaurants, health care facilities, day cares, personal care homes and other private facilities providing food and water services are clear to use the water system as normal.

If you have any questions or concerns, contact the Fisher Branch water system at 204-372-6393 or the regional drinking water officer at 204-642-6134.

Fact sheets are also available at www.manitoba.ca/drinkingwater.

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The tale of the master fisherman

Hello friends. Thanks for stopping by to enjoy this week's angling stories from our fellow fishers.

Sometimes you catch fish you didn't expect to and other times you lose a fish in a most surprising way. Last week I met a young bearded guy shielding himself from the blazing afternoon sun with a cap and large sunglasses while fishing in the Red River upstream of Selkirk. His solid compact body complemented his quick movements. He spoke in short phrases. His rod was resting in a holder with his line trailing out into the water. Since there was no sign of activity for the moment, I asked him if he had ever had a memorable fishing experience.

"Well, I don't but I was with my son Tyler when he sure did," he exclaimed. "What's your name?" I asked.

"I'm Corey Samborski from Selkirk," he replied.

He went on telling that he had an aunt who has a cottage on the lakeshore by Gimli. One summer day, members of the family were lounging and playing around on the sand by the water when young Tyler got it into his head he wanted to go fishing.

Corey, being a good dad, went up to the cottage, pulled out Tyler's kid fishing rod, found some pieces of steak in the fridge for bait and set his son up, even casting out for him. Corey and the grownups went back to their fun. Little Tyler, being a kid, immediately lost interest in fishing. He dropped his rod and ran to play with his cousins. Corey saw that and called his son over.

"Tyler," Corey counselled his son, "you don't set out a baited hook in the water for fishing and not stay with it."

"OK dad," Tyler said and sat down in the sand by his rod as he looked longingly over his shoulder, watching other young family members kicking

a football around in the sand.

Tyler couldn't help himself. He jumped up and started running again to his cousins when he heard the sharp voice of his father, "Tyler, your rod's sliding into the water!"

The boy spun around and raced back to his rod. It wasn't moving. Seconds passed. Tyler stood over his rod laying in the sand, watching. Suddenly it jerked toward the water. Tyler pounced on it. Rod in hand, he hauled up. He could feel a shuddering heavy weight on the end of his line.

"I've got a fish," he screamed out, which brought all of the kids and half the grownups rushing to his side.

He planted his feet in the wet sand at the water's edge. The waves splashed up his legs as he reeled in. His line snapped, springing from the backside of one wave then disappearing in the crest of the next one. Then, in the shallow between waves, a huge olive-green walleye could be seen being towed to shore as Tyler hastily reeled in his line. Corey, now just as excited as his son, jumped into the waves and following Tyler's line grabbed the fish. Tyler's first fish was a master.

The next day, not far from where I met Corey, I happened upon Aina Ramon from Winnipeg just as she was landing her first-ever fish, which, like Tyler's catch, turned out to be a master. That's one big cat, Aina.

I had the good fortune to meet a very interesting chap last weekend who has done a lot of travelling and told me the interesting story of a lost fish. Bill Foresythe is his name, and if you had been standing with us, you would have seen him as an average man with a kind face framed in fairly long grey hair who spoke with the fluidity of a well-read man. He was boat fishing, he said, with his father-in-law Fred Brenet and brother-in-law Law-



EXPRESS PHOTO BY ARNIE WEIDL

Aina Ramon of Winnipeg with her first master angler catch from the Red River.

rence Brenet on Buck Lake west of Red Deer, Alta.

It was a nice, calm, sunny day as the men sat in Fred's very well-appointed boat fitted with plush white upholstery and expensive carpets. After a bit Fred caught a fairly large walleye and as he brought it close to the side of the boat he called out to Bill and Lawrence that he didn't want the fish to be dropped onto his nice carpet. He asked his young son Lawrence to fetch a large old plastic bag in the tackle box, saying he would put the fish in

it when he landed it. Up came the fish above the side of the boat. Fred grabbed it by the gills. Lawrence held the bag under the fish. Fred dropped the fish down into the bag and it just kept on going down and down straight through a hole in the bottom of the bag. With a parting splash and a wiggle of its tail, the walleye dove for the safety of the deep. One lost fish but one saved boat carpet!

Well, I hope you had an enjoyable Canada Day. Bye for now.

Siesta Sunday, as temps soar



EXPRESS PHOTO BY EVAN MATTHEWS

The mercury burst over 30 degrees Celsius on Sunday, as the Collette family joined many others at Lake Winnipeg Provincial Park for the Canada Day long weekend. The Lake Agassiz Marina was packed with people kayaking, boating and soaking up some rays.

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Solemn and silly in the Gimli Film Festival line-up

By Patricia Barrett

The 2019 Gimli Film Festival has an impressive lineup of feature films, short films and documentaries from across the globe, including an Icelandic film series. The *Express* has randomly selected four films to highlight.

Capernaum. (Lebanon)

A 12-year-old boy in Beirut sues his parents for bringing him into the world and failing to take care of him.

Zain and his sister live in poverty with their drug-smuggling parents. When they hand over his 11-year-old sister to become the child bride of their landlord's son, he flees home.

Zain meets a kindly Ethiopian cleaner who lets him stay with her in exchange for minding her two-year-old son, Yonas. She's later picked up by the police for not having emigration papers, and Zain has to fend for himself and Yonas on the streets of Beirut.

To call attention to child poverty, a local television station funds Zain's lawsuit against his parents.

Capernaum premiered in Cannes in 2018 and won the jury prize. After seeing children on the streets on a daily basis with no one to protect them, Lebanese director Nadine Labaki decided to raise the question of societal complicity in the mistreatment of children and a need for collective responsibility.

Diamantino. (Portugal/France/Brazil)

Diamantino pokes fun at the world of soccer and its larger-than-life star players with their lavish lifestyles, eccentricities and dissipations.

Portuguese footballer Diamantino Matamouros is known only by his first name — like a real-life Maradona or a writhing and rolling Neymar — and is a national icon in his country.

A healthy ego (his bed sheets have his own his face emblazoned on them) compensates for Diamantino's general lack of intelligence. Possessing a child-like simplicity, he's easily hoodwinked by people (yes, even family) out to make a buck or further a cause.

Missing a shot that would have advanced Portugal to the World Cup final, Diamantino is catapulted into disgrace. He turns to humanitarian causes and adopts a teenage boy from the African country of Mozambique. The boy turns out to be a girl and is actually a secret service agent hired to investigate Diamantino's alleged involvement in a money-laundering scheme.

While this plays out, Portuguese nationalists adopt Diamantino as their figurehead in a bid to take the country out of the European Union, and his rapacious twin sisters volunteer him for a cloning program that aims to produce top strikers. But the experiment goes badly wrong.

Firecrackers (Canada)

What rural teen hasn't hatched a plot to escape his/her oppressive small town for the bright lights of the big city?

Directed by Jazmin Mozaffari with an all-female filmmaking crew, *Firecrackers* follows the lives of two teenaged girls determined to leave their small-minded rural Ontario town with its crumbling infrastructure, lack of services and dim future. Their bid to escape, however, comes with serious consequences.

Lou lives with her mom and her mom's ex-junkie boyfriend in a decrepit trailer, and Chantal's ex-boyfriend has a stalker mentality, set on preventing her escape after Lou's idea to move to New York City becomes known around town.



EXPRESS PHOTO BY PATRICIA BARRETT

The Gimli Film Festival crew were out promoting the upcoming lineup.

The girls save up money they've earned from cleaning toilets in a motel to fund their escape, but a sexual assault thwarts their plan and they enact revenge.

Mozaffari's debut film depicts the plight of females trapped in a patriarchal society, where men commit contemptible acts in order to keep them under control.

The Hottest August. (United States)

Brett Story is a Canadian filmmaker living in the United States. Her documentary — which gets its title from a record-setting heat wave in New York City — is a sociological investigation into the everyday lives of New Yorkers in five boroughs.

A doom-and-gloom snapshot of America's collective future, the documentary introduces us to people from different walks of life, including Hurricane Sandy survivors, fishers, shop owners, climate change de-

niers and an economist.

They share their angst about the weather, immigrants, rising rents, homelessness, decaying infrastructure and mass shootings.

Without a coherent narrative to tie it all together, the documentary has not found favour with some critics. But its meandering focus perhaps make a salient point about our lives and how we live day-to-day with uncertainty about what the future has in store given current societal trends.

The Gimli Film Festival runs July 24-29. Visit gimlifilm.com for a complete listing of films and events.

Notice of Environment Act Proposal

Manitoba Sustainable Development has received a proposal pursuant to The Environment Act regarding the following operation and invites public participation in the review process:

MANITOBA INFRASTRUCTURE - LAKE ST. MARTIN ACCESS ROAD - FILE: 6014.00

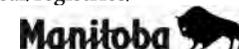
An Environment Act Proposal has been filed by Manitoba Infrastructure for the construction of a 19.5 km all season two lane gravel access road on the east side of Lake St. Martin from the north end of the Idylwild Road to the existing Lake St. Martin Emergency Outlet Channel. The road would be gated at the south end to prevent access, and used by authorized staff to access the Emergency Outlet Channel for maintenance and operation. It would also be used in the construction, maintenance and operation of the proposed future Lake St. Martin Outlet Channel. The access road would follow the alignment of an existing winter road. Most of the construction activity for the road would be completed under frozen conditions, beginning in the winter of 2019-2020 with a planned completion date of August, 2021.

Anyone likely to be affected by the above operation and who wishes to comment on the proposal should contact Bruce Webb, Environmental Engineer, in writing or by email at Bruce.Webb@gov.mb.ca or by telephone at 204-945-7021, not later than July 25, 2019. Further information is available from the Online Public Registry: www.manitoba.ca/sd/eal/registries/index.html

Information submitted in response to this proposal is considered public information and will be made available to the proponent and placed on the public registry established in accordance with Section 17 of The Environment Act.

Environmental Approvals Branch
Manitoba Sustainable Development
1007 Century Street
Winnipeg MB R3H 0W4
Toll Free: 1-800-282-8069
Fax: 204-945-5229

Website: www.gov.mb.ca/sd/eal/registries/



RM of Coldwell presents 2019 financial plan

By Staff

The RM of Coldwell presented its 2019 financial plan at a public hearing on June 24, with one person in attendance.

Property owners will see a decrease in taxation, according to CAO Nicole Christensen. However, she explained the mill rate works in such a way that those in the "rural area" pay the rural mill rate, and those within the town of Lundar pay the LUD mill rate; in addition, all property owners pay the at large mill rate, she said.

For a resident with property assessed at \$250,000, living in the rural area, in 2019 they will pay \$3,883.25, down from \$4,084.75 in 2018.

In the LUD of Lundar, a property owner

will pay \$3,842.75 for a residence assessed at \$250,000 in 2019, which is up from the 2018 total taxation of \$3,719.13.

The RM of Coldwell does have some farmland, and Christensen said those properties are considered to be rural.

The main capital project for Coldwell in 2019 is finishing the arena, according to Christensen, but capital purchases will include a final payment on the grader, a new snow blade for the tractor, a public works truck, a mower for the cemetery, fire department protective equipment, and office equipment and upgrades.

Christensen said the RM will not use any reserve funding for any capital projects or purchases.

Gimli makes merry on Canada Day with festivities

By Patricia Barrett

Gimlites celebrated Canada's 152nd birthday Monday with an action-packed party. Hundreds of parade-goers decked out in red and white lined the main drag to cheer on the floats and the town's fearsome Vikings before heading to Gimli Park where Mayor Lynn Greenberg and MLA Jeff Wharton handed out slices of Canada Day cupcake cake. Festivities included a talent show, face painting and games for the kids and a picnic with the Huldufolk (Icelandic elves).



The pipe band's bass drummer twisting the mallets



The Huldufolk ventured from their houses at Viking Park to have a picnic with author Kathleen Arnason and the kids.



Gimli's Got Talent contestant Keara Barrett from Fisher Branch was stunning on her covers of Elton John and Beatles' songs.



This young lady drove the Canadian Coast Guard's rescue vessel along the parade route.



The Gimli Garden Club float was colourful and humorous.



Scotland the Brave.



Stefan Tergesen and Gimli Coun. Thora his dog.



Gimli Coun. Thora Palson.



Heading to open water — or the Gimli Aquatic Centre.



A Gimli Rec Centre staffer blows the whistle on a parade-goer, who was offside.



Scott (left), Julian, Clark and Easton came from Winnipeg for Gimli's Canada Day party.



Bowlers Lanes pinned down an awesome float.



Gimli Art Club members, MLA Jeff Wharton and Mayor Lynn Greenberg cut the Canada Day cupcake cake for the crowds at the park.

EXPRESS PHOTOS BY PATRICIA BARRETT

Water meter upgrade to get underway in town of Gimli

By Patricia Barrett

Water meters in the town of Gimli will be upgraded to newer technology that's expected to track water usage more efficiently.

During its regular meeting June 27, council awarded a water meter tender to Northland Plumbing & Heating. The RM will pay Northland \$51,175 for the installation.

Council received three bids, said Coun. Peter Holfeuer, two of which came in with substantially higher quotes. The second highest was \$88,000.

Coun. Thora Palson said it's a three-phase project and will consist of an upgrade to meters already installed in dwellings. Once the project is completed, the technology will enable RM staff to read meters from the street using radio frequency.

"We're looking at a more effective and efficient way to read water meters," she said, "and if I understand correctly, the new meters can be upgraded as technology changes; a new part can be installed instead of replacing the full meter."

Northland will be contacting customers to set up an appointment, she added, and the installation is expect-



EXPRESS PHOTOS BY PATRICIA BARRETT

From left Deputy Mayor Richard Petrowski, Mayor Lynn Greenberg, Coun. Thora Palson and Coun. Peter Holfeuer. Coun. Cody Magnusson was absent from the June 27 meeting.

ed to take about an hour.

Other council briefs:

- Council approved a project to upgrade the exterior of the animal shelter. The RM owns the building, but the cost will be covered by the Gimli Humane Society.

"Improvements will be made to the main entrance," said Coun. Holfeuer. "Also, where the cats are kept — some of them have access to the main grounds — there's going to be a doorway made there to give them better access."

The shelter would also like to upgrade landscaping around the building, said Holfeuer, and it has asked

the RM if there's a possibility of having spare fill donated.

- Council approved the purchase of a 2010 tractor from Shachtay Sales & Service in Arborg for \$41,900 plus applicable taxes. The vehicle will be used for roadside mowing.

Although Coun. Holfeuer voted in favour of the purchase, he expressed concern over a lack of information comparing the costs of purchasing used equipment and its subsequent upkeep versus the cost of leasing.

"I think in situations like this when we're leasing something," he said, "it would be nice to see the comparison after three to four years of leasing



Glen Bay area resident Zoltan Szajcz showed council a dirty furnace filter and raised concerns about dust control in rural subdivisions.

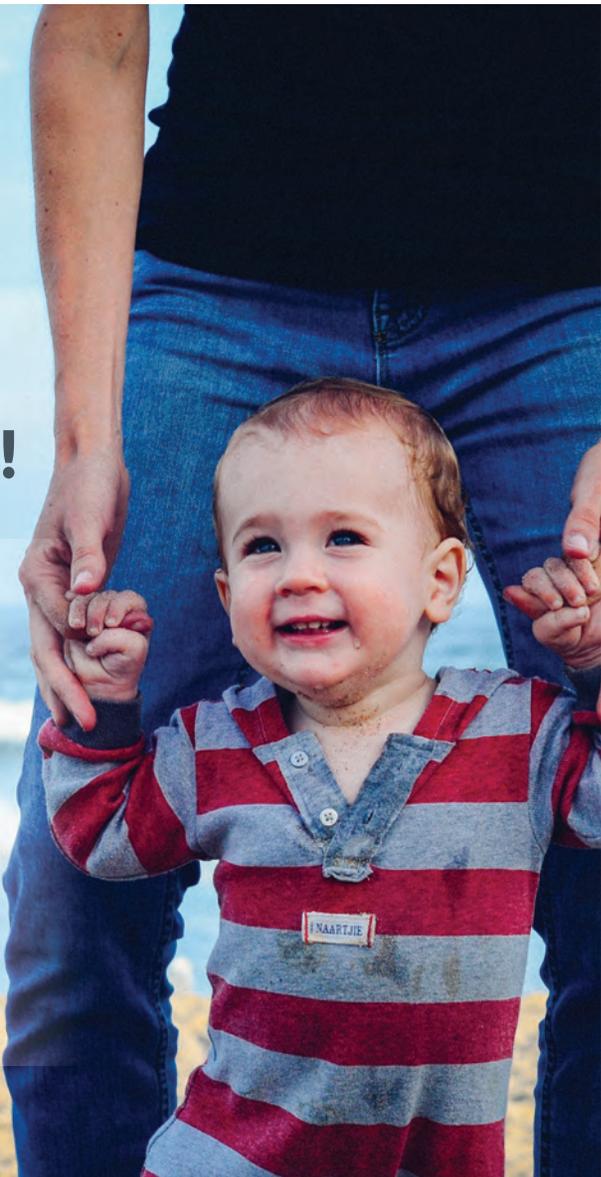
compared to buying equipment that is older and the cost of maintaining that equipment over a period of time just to see what the break-even point is."

Continued on page 17



Red River

Gimli



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redriverco-op.crs





Paying tribute to the first century for Teulon

By Jo-Anne Procter

Happy Birthday Teulon
The Town of Teulon kicked off their centennial celebrations on June 27, exactly 100 years to the day that the first town councillors were elected in 1919.

To celebrate the centennial milestone, current and former residents of the community gathered last Saturday morning for the official unveiling of the town's centennial monument and to officially kick off the Centennial Celebration.

Centennial Committee member and Master of Ceremonies Alan Campbell welcomed dignitaries and guests to the memorable event including former living mayors, Bert Campbell (2002-2018), Ted Hodgkinson (1998-2001), Ed Helwer (1981-1989) and Dolly Maksymyk, wife of the late mayor Michael Maksymyk (1974-1980 and 1989-1998).

Her Honour, Lieutenant Governor of Manitoba Janice Filmon graced the podium acknowledging the leadership by Lakeside MLA Ralph Eichler, Selkirk Interlake and Eastman MP James Bezan, Mayor of Teulon Debbie



Centennial committee member and MC Alan Campbell and Lieutenant Governor of Manitoba Janice Filmon unveiled the monument.

Kozyra, and chair of the Centennial Committee Michael Ledarney.

"As Manitobans, one of the things that we love, is that powerful sense of community," she said



EXPRESS PHOTOS BY JO-ANNE PROCTER

In commemoration of the Town of Teulon's Centennial, a 15 tonne limestone rock monument was unveiled at the corner of Main Street and Beach Road last Saturday morning. Pictured left to right, Gary Filmon, Selkirk-Interlake-Eastman MP James Bezan, MLA for Lakeside Ralph Eichler, Her Honour, Janice Filmon Lieutenant Governor of Manitoba, Mayor Debby Kozyra and Centennial Committee member and Master of Ceremonies, Alan Campbell.

"All across our province we have cities and towns and neighbourhoods where people come together to help one another, to build for the future and to celebrate days like today."

"It's that spirit, the spirit that makes Teulon special. It creates a special bond that connects Manitobans to hometowns even if life has led them far away."

Filmon officially unveiled the limestone monument, that will stand on the corner of Main Street and Hwy. 17 to commemorate the 100 years of the Town of Teulon.

Eichler who's family moved to the community in 1968 embraced the opportunity to re-connect and bring memories back to life that were created in Teulon, the community he shares and calls home. After congratulating the organizing committee and volunteers he presented a plaque to Mayor Kozyra on behalf of the Province of Manitoba.

Bezan who also raised his family in the community presented Kozyra with a plaque in commemoration of the centennial and thanked the centennial committee.

"It is a real honour to be here in my hometown, celebrating 100 years," he stated.

"This community was built on agriculture; the stone monument also represents that hardship and all that those early pioneers had to endure."

Bezan stated that Teulon is a great

place to come home to and the centennial is a time to reflect on the beneficial relationships formed over the years.

"The businesses that have been here for those 100 years, the services that the town provides, all the employment that has been created here in town, but more importantly the great friendships that all of us have with each other," he said. "This is a small town, and this is where you do know your neighbour."

Mayor Kozyra, thanked all the citizens, dignitaries and everyone that joined in to celebrate the milestone. She expressed her great pride in being a part of the centennial celebrations.

"Our community has been built on volunteers," she said. "All the volunteers that have come out for all the different events, it is you that we have to thank for this tremendous weekend and especially to Michael Ledarney and his centennial committee."

Teulon Grade 8 student and 4-H communications participant Keira Waldbauer closed the official ceremony by wishing the Town of Teulon 'Happy Birthday' and sharing a project she wrote on the history of the town that included some facts and stories that she originally presented in her 4-H program.

"It is hard to review 100 years in one short speech," she said.

Two stretchers on order



EXPRESS PHOTO BY JO-ANNE PROCTER

The Plymouth Brethren Christian Church Rapid Relief Team members, Jotham Deayton, right, and Chris Samuels, middle, presented Interlake Regional Health Foundation executive director Pamela McCallum with \$7885, which is the final amount of funds required to purchase one Stryker power stretcher for the IERHA and Stonewall EMS. The funds were raised at a barbecue held by the Rapid Relief Team recently. These funds will be added to monies already raised by the community through business donations, fundraising events and an Interlake Community Foundation grant of \$1970. The South West District Palliative Care foundation also donated \$22,500 to purchase a second stretcher.

Aquatic adventurer helps to save Lake Winnipeg

By Evan Matthews

Alex Martin has always known he loves Lake Winnipeg. What he didn't know is that one day he would be kayaking to save it.

Last year, at the young age of 18, Martin completely circumnavigated Lake Winnipeg, a total of 1,750 kilometres.

"There are things people don't know about the lake, especially the north basin, cliff walls that are two or three stories high but just massive erosion," said Martin.

"It's just not something many people have seen or experienced."

On June 30, the now-19-year-old Martin gave his 73rd presentation in partner with the Lake Winnipeg Foundation about the lake and issues relating to its ecosystem. With his presentation in the morning, and the Gimli Yacht Club and Lake Winnipeg Foundation's Save the Lake Fish Fry on Sunday, Martin said Canada Day weekend is a great time to discuss some of Lake Winnipeg's issues.

Martin discusses his trip and the things he saw with high school students, while the LWF's executive director Alexis Kanu presents on some of the science.

"People might not have seen how bad the algae can get, but when they see photos of the hull of my kayak stained green, it's pretty good context," said Martin, who is a summer

resident of Victoria Beach.

"Or when they see photos of zebra mussels on beaches, where a lot of local municipalities have started to haul them off the beach. There are remote stretches of beach along the south basin that have zebra mussels piled all over the beach. You can dig down through about four or five inches of mussels.

"When I show people those photos, they can relate more directly to the issues on the lake," he said.

Having been kayaking as long as he's been alive — his parents would take him out at six months old — Martin said his love for the lake caused him to take the trip last year and subsequently raise awareness.

One of Martin's main fears, he said, is that people will stop using the lake and its surrounding communities will start to dwindle.

"If we have people worried about coming to the beach because of algae or zebra mussels. ... If you let fear take over, no one is going to want to come out here and do anything," he said.

"I've been paddling on the lake my whole life, but people are starting to minimize their travel onto the lake, and they're enjoying it less. It's because of their fears relating to zebra mussels and algae.

"My hope was by doing the trip last year; people could have hope that these outdoor activities on the lake



EXPRESS PHOTO BY EVAN MATTHEWS

Alex Martin's 2018 Lake Winnipeg circumnavigation took him around the shoreline of Lake Winnipeg paddling 1,750 kilometres.

are doable."

But Martin isn't just telling people about the lake, he's showing them how much fun they can have, too.

Martin is a certified Paddle Canada instructor and is teaching in Gimli for the week out of the Gimli Yacht Club.

By getting people in the lake and having fun, Martin said some people's perception of the lake might change.

"A lot of work that's being done right now for Lake Winnipeg in regards

Continued on page 16



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Gimli Yacht Club hopes City of Winnipeg stops dumping raw sewage

By Evan Matthews

A fun-fuelled, fair-like day this past weekend drew attention to a much darker reality: Lake Winnipeg still needs saving.

On Sunday, June 30, The Gimli Yacht Club in partner with the Lake Winnipeg Foundation (LWF) and volunteer help from the Gimli Kiwanis, hosted its second annual Save the Lake Fish Fry.

All proceeds from the day's events were donated to the LWF and Lake Winnipeg Research Consortium, according to Yacht Club Commodore Charlie Burns. However, the day's emphasis was on accountability and changes to sewage treatment.

"We want to give a voice to the lake and send a message to City of Winnipeg to make some of the suggested changes to how they're treating sewage. For \$5 million, they can solve a lot of the phosphate loading issues," said Burns, referring to the sewage pollution being dumped into the Lake Winnipeg watershed, which contributes to many of the lakes ecosystem issues such as algae.

"Instead, the city has delayed the \$5 million treatment to 2035, and it's unconscionable. It should be done tomorrow."

The City of Winnipeg is the leading source of phosphates in the Lake Winnipeg Basin, according to LWF research; however, the city still only makes up seven per cent of phosphates to enter the watershed.

But, as Burns said, change has to start somewhere.

"The city can and should be a leader. It could be a win for the city," said Burns. "We all know it can't be done overnight and that the city is not solely to blame. But we want to see this



Experienced kayaker Alex Martin, gave a presentation detailing his 1,750-kilometre trip around Lake Winnipeg.

done right."

It wasn't all doom and gloom on the day, though, as the focus was mostly on education and fun.

The Gimli Yacht Club and LWF did presentations in the morning outlining that the Lake Winnipeg watershed is the largest of any in North America, according to Burns, with its boundaries extending as far British Columbia, Montana and North Dakota.

Presentations included information on many of the ecosystem's issues and what can be done to improve the lake's health.

LWF is an environmental non-governmental and non-profit organization advocating for change and coordinating action to improve the health of Lake Winnipeg, according to its website.

Fish fry

For adults, a plate cost \$10, and for



EXPRESS PHOTOS BY EVAN MATTHEWS

Brent Gillis (far left) and Mike Plueschow (far right) were offering tours of the Gimli Harbour, showing people the commercial fishing nets and geographical spots of interest.

kids, it was \$5, and everyone had a chance to have pickerel that was caught fresh Sunday morning.

By midday, the Kiwanis volunteers had served over 300 people fresh fish from the very lake everyone is working to save.

"We want to work together in the In-terlake."

Vessel tours

Mike Plueschow and Brent Gillis provided guided tours of the Gimli Harbour.

The men took guests out to the commercial fishing nets and showed them a little bit about how and where fish are caught in Gimli, while showing them geographical points of interest.

Kayaking and sailboat lessons

Members of the Gimli Yacht Club have access to paddleboards and kayaks. A single membership is \$232,

with a 25 per cent discount offered for the first year. A couple's membership is \$348, while a family membership is \$409. Membership includes access to paddleboards, kayaks and the sailboat fleet.

Certified instructors offer sailboat classes through the Gimli Yacht Club, too. Lessons include orientations to the boat, parts of the boat, safety, personal floatation devices and more.

"We start from scratch," said Eric Turner, communications co-ordinator for the Gimli Yacht Club.

"You'll get certified, move on to higher levels, and it's a very popular program. Scholarships go to local kids at no cost as well, as local businesses have stepped up to pay for those programs."

During the Save the Lake event, Alex Martin was present along the beach providing kayak lessons.



The Gimli Yacht Club in partner with the Lake Winnipeg Foundation, with volunteer help from Gimli Kiwanis, hosted the second annual fish fry for Save the Lake. By midday, the Kiwanis volunteers had served over 300 people.



Paul Stanicky slaps some battered pickerel on the grill. All the fish were caught fresh in the morning,

Riverton & District Friendship Centre expands services

By Staff

People in the northern Interlake region may now have one less thing to worry about.

On June 27, the Riverton & District Friendship Centre held its grand opening for the new food bank. Staff at the Friendship Centre said there is a definite need in the region.

"We already have 149 families registered for the food bank," said a spokesperson. "We service not only Riverton, but Arborg, Fisher Branch, Arnes south, Chatfield west, so it's a pretty big region."

The food bank project was made possible through \$199,000 in funding from the Government of Canada's Homelessness Partnering Strategy program, according to the Friendship Centre. Member of Parliament for Selkirk-Interlake-Eastman (and Shadow

Minister for National Defence) James Bezan was on hand at the grand opening.

"I wish to congratulate the Riverton and District Friendship Centre on the grand opening of their new Food Bank. This project received a significant contribution from the federal government through the Brandon Neighbourhood Renewal Corporation, but it has come to fruition because of the community support from local organizations and Food Bank volunteers," said Bezan in a press release.

"We know Canadians across the country are struggling to make ends meet and the cost of living is only going up under the current government. The addition of the Food Bank facility combined with the hard work of its volunteers will benefit hundreds of families annually in the RM of Bifrost-



EXPRESS PHOTO SUBMITTED

Government of Canada's Homelessness Partnering Strategy program provides \$199,000 for Riverton's food bank.

Riverton and surrounding communities.

"Congratulations once again to ev-

eryone who worked hard to make the Riverton and District Friendship Centre's Food Bank a reality," he said.

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Gimli Film Festival releases the 2019 program July 24-28

Submitted

The Gimli Film Festival announced its 2019 lineup of over 120 diverse and acclaimed films at the GFF Media Conference at Nonsuch Brewing Co. on June 26.

This year, the Gimli Film Festival is celebrating 19 years of showcasing critical, engaging and entertaining cinema. The films are presented through a variety of distinct film series and special events; The Future is Female*, Indigenous, Icelandic, Northern Lights, Manitoba, and Social Justice along with nine short film programs.

GFF is proud to screen 69 women-initiated projects in this year's program. GFF works to reflect gender parity in its programming.

The festival will kick off on Wednesday, July 24, and it all begins with the documentary *For Sama*, an incredible and intimate story of war and family told from the perspective of a woman living through the Syrian war. The documentary picked up awards at Cannes, Hot Docs and SXSW.

Next is the Canadian premiere of *Jawline* — winner of the Special Jury Prize at Sundance 2019. This intimate documentary follows a down-and-out teenager in rural Tennessee as he struggles to escape his hometown by becoming a social media celebrity in the post-millennial digital world of "live broadcast."

A special focus of the 2019 Festival is "Cinema Outside the Box," a special showcase of cinematic performances, video installations and virtual reality experiences that seek to reimagine film and video outside of the traditional theatre setting. As part, GFF is presenting a special Saturday Night Event featuring live projections and music from Mexico City, the United Kingdom, Saskatoon and Winnipeg.

GFF will present a number of annual and new awards at Saturday night's GFF Awards Reception. The Alda Award will be presented to famed Canadian actress with Win-

nipeg roots Wendy Crewson. This award recognizes the outstanding achievements of a filmmaker or actor from circumpolar nations. Manitoba Film & Music's CEO and film commissioner Carole Vivier will receive the Jack Clements Livin' the Dream" Lifetime Achievement Award for her outstanding contributions to the local film industry.

New this year, APTN will present the Indigenous Spirit Award to the most deserving Indigenous filmmaker. The Directors Guild of Canada will be presenting the Best Manitoba Director Award for the second year. GFF audience members will vote for the Best of Fest Audience Choice Award, presented by Outlet Collection Winnipeg. And GFF will present the Grand Jury Prize as the top prize of the festival.

The full festival schedule is now live on gimlifilm.com. Visit the Gimli Film Festival website for all festival news, schedules, ticket sales and how to make the most of your festival experience.

RBC Sunset Screenings:

The RBC Sunset Screenings take place each night at 10 p.m. on the Gimli Beach with the scenic open water as a backdrop. This year, GFF introduced thematic programming and this year's theme is Summer School — classic high school coming of age stories from the '80s to '00s.

Wednesday, July 24- *Clueless* (Amy Heckerling)

A rich high school student tries to boost a new pupil's popularity but reckons without affairs of the heart getting in the way.

Thursday, July 25- *Rushmore* (Wes Anderson)

The extracurricular king of Rushmore Preparatory School is put on academic probation.

Friday, July 26 - *Mean Girls* (Mark



EXPRESS PHOTO BY LAINA BROWN PHOTOGRAPHY

Gimli Film Fest sunset screenings take place each night at 10 p.m. on the Gimli Beach.

Waters)

Cady Heron is a hit with *The Plastics*, the A-list girl clique at her new school, until she makes the mistake of falling for Aaron Samuels, the ex-boyfriend of alpha Plastic Regina George.

Saturday, July 27 - *School of Rock* (Richard Linklater)

After being kicked out of his rock band, Dewey Finn becomes a substitute teacher of an uptight elementary private school, only to try and turn them into a rock band.

Sunday, July 28 - *The Breakfast Club* (John Hughes)

Five high school students meet in Saturday detention and discover how they have a lot more in common than they thought.

2019 Special Events:

The Future is Female* Mentorship Program — Friday, July 26

RBC Beach Boardwalk — Friday, July 26 and Saturday, July 27 from 7:30 to 9:30 p.m.

\$10,000 RBC Emerging Filmmaker Pitch Competition — Saturday, July 27

Winnipeg Film Group 48 Hour Film Competition — Saturday, July 27

Manitoba Short Films in Competition: Audience Choice presented by MFM — Saturday, July 27

Filmmakers Meet & Greet — Saturday, July 27

Awards Reception — Saturday, July 27

Cinema Outside of the Box — Saturday, July 27

Best of Fest — Sunday, July 28 — sponsored by Outlet Collection Winnipeg

Passes are on sale now. Super Pass for \$110 gives you access to all films plus special events; Film Pass for \$80 gives access to films only; Film Community Pass for \$90 to purchase a Film Community Pass you must be a practising filmmaker and possess a membership to a local film organization; Individual Film Tickets for \$10.

GFF Box Office: Guarantee your seat. On June 29, our GFF Box Office is fuelled by Red River Co-op and individual film tickets will go on sale through the GFF Box Office and online. Pass holders will be able to order tickets to secure their seats.

73 1st Ave. — Lakeview Resort, located in Tara's Corner, entrance on 1st Ave.

> AQUATIC ADVENTURER, FROM PG. 13

conservation and water stewardship ... it doubles, because people want to know the science aspect: they want to know what's wrong with the lake, how long it'll take to fix, if it's even possible to fix, etc.," said Martin.

"But then there is also so many activities based on the lake. It's nice to talk about the adventure aspect, and how you can continue sailing or

kayaking despite the issues."

In terms of teaching, Martin said Paddle Canada has different categories. There is a waterfront five-hour course for kids, an eight-hour basic course for adults and sea kayaking Level 1 for more advanced adults as well.

Things you'll learn with Martin include getting out of your kayak when it's underwater, using a spray

skirt (the neoprene layer around the cockpit), how to get back in your kayak if you're alone or if you're with someone else, how to empty the boat, how to refine your forward stroke and so on.

"If you reach for a gold standard from the get go, you're not going to have to try and change bad habits later. Practice makes permanent. Might as well practise perfectly.

"I love kayaking. I want to share it. The more people I can get on the water, especially Lake Winnipeg, the more people will take a continued interest in it."

Martin teaches all summer at various locations throughout the province, and for more detail contact alexmartin@seakayakmb.com.

Rocky Road Performance Horses sending six riders to nationals

By Becca Myskiw

Amanda Mollard's Rocky Road Performance Horses business continues to grow and thrive after four years.

Mollard has 30 riders and 45 horses at her farm in Woodlands where she boards, trains, breaks and breeds horses. She has clients from Beausejour, Winnipeg and all over the Interlake who train with her and use her boarding facilities.

Mollard grew up riding horses. She learned from her aunt Merilee Mollard who owned Triple M Ranch Riding Stable near Argyle, but when she sold the farm and moved a few years ago, Mollard didn't have many places to ride and started working in construction.

Mollard was still riding and wanted to do it full-time, so she and her husband Mike Kostrowski made a decision to purchase property so she could do what she loved.

"We just decided to buy the farm in Woodlands and go from there," said Mollard.

Kostrowski takes care of the farm when Mollard takes her students to a horse show and she said he fixes everything when they break it. Their farm in Woodlands is 158 acres. It used to be an old cattle farm, and the couple before them turned it into a perfect place for horses. Mollard has two outdoor arenas—one is sand and the other is grass. She also has one indoor arena and one barn with stables for the horses.

Their farm has grown into a flourishing business where she now trains children three years and up to ride along with the many other things.

Her students learn everything from showmanship to saddle seat, including Western Pleasure, Show Hack, jumping, dressage and side saddle.

Last weekend, Mollard took seven of her more experienced riders to Red Deer, Alberta for regionals.

Of the seven, six qualified for the Canadian National Arabian and Half-Arabian Championship



EXPRESS PHOTO SUBMITTED
Amanda Mollard, owner of Rocky Road Performance Horses on Justa Summer Knight.

Horse Show nationals which will be held at the Keystone Centre in Brandon from Aug. 11 to 17.

The riders who qualified include: McKenzie Schnell who rode stallion "Justa Summer Knight" in Show Hack, Hunter Pleasure and Sport Horse Under Saddle; Déjà Amie rode "Wildflower" in Half-Arabian Sport Horse Under Saddle, Hunter Pleasure and Showmanship; Serena Delorme competed in the Walk Trot Hunter Pleasure, Showmanship and Western Pleasure Walk Trot with "Wildflower;" Abigail Pattie also showed "Wildflower" in Hunt Seat Equestrian Walk Trot; Ava Cameron rode her four-year-old mare "Whitesand Magdelyn" in Saddle Seat and Country Walk Trot along

with Showmanship. Daisy Ducharme showed her Half-Arabian "Shans Eclipse" in Walk Trot Hunter Pleasure, Hunt Seat Equestrian and Showmanship and Sophie Andre rode "Lone Star Harley" in Walk Trot Hunter Pleasure, Hunt Seat Walk and Showmanship.

Show Hack is judged on manners, performance, quality and conformation. Judges look for obedient, expressive and animated horses that can elevate their front end and take longer rather than more steps.

Hunter Pleasure is judged highly on manners. It shows the rider in a forward seat saddle, ready to jump, but they don't do any jumping in the pleasure class.

Sport Horse Under Saddle shows the horses as a group walking, trotting, cantering and hand galloping. They are judged on performance, manners, quality, suitability as a working spot horse and conformation.

Hunt Seat is a classic form on English riding. The horse should look like a pleasure to ride and is judged on its form while jumping fences. Western Pleasure is a western style of riding where the horse is judged on manners and being relaxed and calm while keeping a relatively slow speed.

"Going into showing, is long hours of maintenance into these horses," said Mollard. "They are worked six days a week and are fed to the nines. The girls spend lots of time with them. They ride five to six days a week and spend basically their whole day at the barn."

Over 2,000 horses from all across North America will be at nationals in Brandon, and Mollard said probably only 500 of them are Canadian.

"I don't think we've come to a horse show where one of [my riders] hasn't placed," said Mollard.

Mollard's favourite part of running Rocky Road Performance Horses is watching the children grow and perform at the horse shows.

> WATER METER UPGRADE, FROM PG. 11

Mayor Lynn Greenberg said having to pay \$20,000 a year to lease the equipment is expensive and the RM has to pay kilometres, as well.

"We've hired two mechanics this year and they can repair this stuff," said Greenberg. "Over five years, that's a [saving of] \$100,000."

- Council awarded a \$1,650 contract to Keeping It Clean to provide janitorial services during the Icelandic Festival of Manitoba's annual August festival. Assistant CAO Kelly Cosgrove said the RM is cost sharing the cleaning contract with the IFM.

- Council agreed to reject a bid for a janitorial services contract at the Gimli Recreation Centre and to re-issue a tender. Coun. Holfeuer said only one bid came in and it was from the incumbent contractor.

"We had some concerns about the services being performed by the contractor, so we felt it best to re-issue the tender and start the process over

again," said Holfeuer.

- The RM paid Manitoba Theatre for Young People \$3,170.44 for an annual day camp it brings to town.

"It's a great program and the kids have a fantastic time," said Coun. Palson. "They do a movie at the end. It's a cultural experience we can bring out here for the kids in the summer."

- Council approved payment of \$295.65 to Coun. Petrowski — who declared a conflict and stepped out of the room — for reimbursement of expenses incurred while he attended the Fraser Auction in Brandon on June 15.

Coun. Palson said Petrowski looked at service vehicles on behalf of council. She added that they can sometimes find "better deals down there than at auctions in Winnipeg."

- Council approved an agreement with Manitoba Hydro to install lighting on Highway 9 near Shelley D's Restaurant (near South Colonization

Road).

- Coun. Palson asked that council consider bringing in a representative from Winnipeg-based environmental organization Eco-West after she received correspondence from the Gimli Age Friendly Committee encouraging council to be mindful of climate change and to take steps to reduce emissions.

Eco-West, which partners with the Federation of Canadian Municipalities, encourages municipalities to find ways to adopt green initiatives such as geothermal heating, electric vehicle charging stations (which council has already committed to) and composting.

"I certainly have some ideas," said Coun. Palson, who is council's liaison on Age Friendly. "It may be advantageous to bring him out and hear what he has to say."

- Zoltan Szajcz from the Glen Bay area — which is represented by Coun. Cody Magnusson, who was absent from the meeting — presented council with a dirty air filter from his fur-

nace and expressed concern about a lack of dust control in the rural areas.

"All my tax money go to Gimli and this is what I get," said Szajcz.

The RM's population is roughly 6,000 and only about 2,000 are in the town of Gimli, said Szajcz, yet the rural areas, he feels, are neglected in terms of services.

Szajcz also raised concerns about accountability pertaining to money provided to the Icelandic Festival.

"Where is all the money go? Why the RM should pay the festival? Who takes the money?" he asked. "Do any of you know?"

After Szajcz's presentation, Mayor Greenberg said he's sure Glen Bay got its dust control.

"Dust control is almost finished," said Greenberg. "The foreman told me two days ago the north end is finished and they've done the subdivisions in the south. They've got a little more to do west of [Highway] 8."

get inspired

> MEAL IDEAS



Serves 6 to 8 people

- 2 Spanish onions, chopped
 - 3 garlic cloves, chopped
 - 1/4 cup olive oil, plus more for drizzling
 - 2 28-ounce cans crushed tomatoes
 - 2 bay leaves
 - 1 pound fresh squid, sliced
 - 1 pound cuttlefish, cut into pieces
 - 1 pound lobster tail meat, cut into pieces
 - Salt, to taste
 - 3 cups chicken stock
 - 1 cup dry white wine
 - 2 cups Arborio rice
 - 2 dozen fresh mussels
 - 2 to 3 dozen fresh clams
 - 1 tablespoon saffron
1. In a large paella pan, sauté the onion and garlic in the olive oil over medium heat. Add the tomatoes and bay leaves,

Seafood Paella

and simmer for 5 minutes. Add the squid, cuttlefish, lobster, and a pinch of salt, and cook, stirring, for a minute or so more.

2. In a saucepan, bring the chicken stock and wine to a boil. As it boils, add the rice to the fish mixture in the paella pan and blend thoroughly. Ladle three-fourths of the boiling stock over the rice and bring to a boil. Season the rice with more salt to taste. Reduce the heat to low and mix well, distributing rice evenly in the paella pan. Continue to cook the rice for 18 to 20 minutes, stirring occasionally.

3. While the rice is cooking, heat about 1 inch of water and a drizzle of olive oil in a separate sauté pan, then add the mussels. Steam until the mussels open, then transfer to the paella pan with a slotted spoon. Steam and transfer the clams in the same way. Take 1 cup of the clam water and whisk together with the saffron in a small bowl. Add to the paella pan, and simmer the mixture for 5 minutes more. Serve the paella directly from the paella pan.



Family Harmony Disrupted When Children Fight

to sit with them calmly and discuss what happened. Without assigning blame or taking sides, they need to talk about what the children were feeling, and how they could have handled things differently.

Parents often tell me how frustrated they become when their children fight. Whether they are toddlers or teens, it can be a problem, which continually disrupts family harmony.

The most common response is to tell the children to stop fighting and/or to send them to their room. This may quiet things down a bit, but does little to solve the underlying problem.

Children fight because either they do not have effective problem solving strategies, or they are acting out some emotional issue. Getting angry at them for fighting neither teaches strategies nor deals with the emotional issue.

Consequently, the problem only seems to get worse. Often parents are advised not to get involved in conflicts between their children - telling them to solve it themselves. This does not make much sense, given that many adults have difficulty dealing with interpersonal conflicts effectively.

When children fight, parents need

Of course, there needs to be consequences for abusive behavior, and children need to know it will not be tolerated. However, often the 'victim' has played an active part in setting up the other.

The process of helping children to develop non-violent strategies is time consuming to be sure. Yet it is vital to helping them become successful adults. No matter how much education or financial success they acquire, regardless of how much physical health they are blessed with, their happiness will be seriously compromised if they have not learned how to deal with difficult situations with integrity, and in a mutually respectful manner.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on FaceBook for daily inspiration.



Serves 2

- 1/2 pound potatoes, scrubbed but unpeeled
 - 2 pinches paprika
 - Oil water spray (see below)
 - Salt and freshly ground black pepper
 - 2 pieces smoked haddock, each about 5 oz, skinned and bones removed
 - Bunch of watercress to garnish
- Slice the potatoes paper-thin. Using the slicer on the side of a grater is the best way to get fine slices. Put into a colander and rinse well, then drain and dry in a dish towel. Toss the slices with a pinch of the paprika and a spritz of oil-water spray.
- Spray a baking sheet and spread the

Smoked Haddock on a Nest of Potatoes

slices out. Bake in a preheated oven for 10 minutes, then stir them, spread out again, and bake for about 5 minutes more, until tender and browned. They should be crisp in patches.

Sprinkle a pinch of paprika and a grinding of pepper over the fish. Lightly salt the potatoes and arrange in two piles on the baking sheet. Place a piece of fish over each pile of potatoes. Bake for about 7 minutes at 475 F, until just done. Garnish with watercress and serve with sautéed mushrooms alongside, if desired.

Oil-Water Spray

Fill a new, clean plant mister or small plastic spray bottle with 7/8 water and 1/8 desired oil. Give the bottle a good shake before using it to spray food or pots and pans. This oil-water spray cuts down on calories and makes for low-fat cooking.



Serves 4

- 1 tablespoon plus 2 teaspoons kosher salt
 - 5 dried porcini mushrooms
 - 2 tablespoons extra-virgin olive oil
 - 1 yellow onion, thinly sliced
 - 2 cloves garlic, smashed
 - 2 inches peeled fresh ginger, thinly sliced
 - 1 stalk celery, thinly sliced
 - 2 bay leaves
 - 3 pounds fish bones and scraps
 - 4 sheets dry kombu or 1 pound fresh Pacific kelp
 - 1/2 cup dry white wine
 - 4 6-ounce Wild Alaskan Black Cod fillets
 - 2 tablespoons butter
 - 1 tablespoon finely chopped shallots
 - 1 leek, roughly chopped
 - 1 teaspoon kosher salt
 - 1 cup stemmed, thinly sliced kale
 - 1 tablespoon chopped fresh sage
1. In a spice or coffee grinder, grind 1 tablespoon of the salt and the porcini mushrooms together until very fine (roughly 1 minute); then sift the mixture through a fine-mesh sieve. Cover and set aside.

Roasted Wild Alaskan Black Cod with Kambu Dashi, Kale and Sage

2. Heat the olive oil in a large soup pot over medium-high heat. Add the onion, garlic, ginger, celery, bay leaves, and 1 teaspoon salt and cook until the vegetables are fragrant and sweating, about 5 minutes. Add the fish bones and scraps, kombu and wine and simmer for 10 minutes. Add 3 quarts water and simmer slowly over medium heat for 1 1/4 hours, skimming off any impurities, gray matter and excess ingredients that float to the surface of the broth. Strain the broth through a fine-mesh strainer, discard the solids and simmer the broth again for 15 minutes. Remove from the heat and keep warm.
3. Preheat the oven to 185 F. Line a sheet pan with parchment paper. Place the cod fillets on the pan and season liberally with the porcini salt. Place the pan in the oven for 38 minutes.
4. While the fish is baking, place a sauté pan over medium heat and add the butter, shallots, leek, and remaining 1 teaspoon salt. Sauté until tender but not browned. If the vegetables start to brown, add a couple of tablespoons of the broth. When the leek is tender, add the kale and sage and sauté until the kale is soft.
5. Divide the kale among 4 serving bowls. Using a spatula, place the black cod on the kale, pour the broth on and around the fish, and serve.

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INSIDE > OUTSIDE > UPSIDE DOWN

Lundar Gun Club on target at junior provincials

By Brian Bowman

There were a lot of outstanding shooters at the Manitoba Junior Trap Shooting Championships in Brandon last month.

But the best came from the Lundar Gun Club.

The local club had an extremely great day by winning the team trophy.

"There's three age categories in the juniors and what they do is take the highest score from each age category and add them together," explained Lundar club president Don Law. "We always win it. We didn't last year but we didn't have any kids in the younger groups so we didn't even enter it."

On an individual note, Andrew Mason led the local crew by shooting an impressive 94. That tied Mason with another individual, setting up a shoot off between the pair. Mason scored a perfect 25/25 while the other kid had 23/25 in that shoot off.

Other local scores included Zachary Halldorson (92), Jesse LeStrat (84), Juerg Bieri (84), Corbyn Nelson (55) and Halli Jonasson (43).

The number of competitors was estimated to be in the mid to high 30s at provincials. Those numbers are low

compared to past years.

"Every club is good, there's no doubt about it," Law insisted. "But we usually win something. We have some kids that shoot really good here."

The junior program here in Manitoba starts in mid-May. Clubs are located in Portage la Prairie, Brandon, Winnipeg, Roland, (the Pembina Triangle Trap Club) and in Lundar.

The provincials rotate amongst the various clubs each year. Gun safety, said Law, is always stressed and is of the utmost importance.

Law would love to have more people come out and try the sport.

"We're fighting here to keep it going," he admitted, noting Pat Lamont, a Brandon, native, is currently the No. 1-rated trap shooter in the world.

"We're just trying to keep it going and that's why we're doing the program here because, if we didn't get the kids involved (the sport would suffer). Through those kids being involved, some of their parents started shooting. We have a fairly active club but we would like more."

The Lundar club shoots on Wednesdays at 7 p.m. and they shoot until "everybody's happy," said Law.



EXPRESS PHOTO SUBMITTED

The Lundar Gun Club's Zachary Halldorson, Andrew Mason and Juerg Bieri pose with the team trophy they won for the highest combined score at the junior provincials in Brandon on June 23.

A year-long membership is \$20.

Winnipeg Beach soccer team season champion



EXPRESS PHOTO SUBMITTED BY DANA LAROQUE

Winnipeg Beach Mayor Tony Pimentel (left) with the WB U15 soccer team. Winnipeg Beach's U15 soccer team dribbled and bent their way to victory a few weeks ago, coming out on top this season. As the last U15 soccer game was played on June 20, the Winnipeg Beach team was undefeated for the season. The team also netted first place during the U15 soccer tournament held in Teulon May 24 and 25.

18U Orioles drop pair of games

Staff

The Interlake Orioles lost a pair of 18U "AAA" baseball games last week.

Interlake was doubled 8-4 by the St. James A's on June 25 at Quarry Park. Two nights later, the Orioles were defeated 9-1 on the road by the Winnipeg South Chiefs.

With the two losses, Interlake is now 3-14.

The Orioles played the Elmwood Giants on Canada Day but no score was available at press time.

The 15U Orioles, meanwhile, are 3-11 in league play heading into Wednesday's home game against the St. James A's. First pitch in Balmoral is slated for 6:30 p.m.

Winnipeg Beach Curling Club hosted successful road hockey fundraiser



EXPRESS PHOTO SUBMITTED

The Winnipeg Beach Curling Club held a road hockey fundraiser.

By Patricia Barrett

The Winnipeg Beach Curling Club hosted its 1st Annual Road Hockey Tournament last month to raise funds for the club. The event included a beer garden for thirsty players and spectators.

"We had 12 teams entered this year and hope for even more next year," said Candace Reykdal. "We would like to

thank everyone who came out and supported the club and also the volunteers who made the event possible."

The Young Pucks team swept to victory.

The club will be hosting its 21st Annual Golf Tournament on July 21 in Inwood.

For more information about the Curling Club, call 204-389-2661 or visit its Facebook page.

Bear invited to MJHL Prospects Development Camp

Staff

The Manitoba Junior Hockey League released its 2019 Prospects Development Camp roster and schedule last week.

Peguis' Colby Bear was the lone local player invited to the camp. The 6-foot-2, 175-pound forward played last season with the Pilot Mound Hockey Academy Buffaloes.

The camp will be held July 25-28 in Winnipeg at the Seven Oaks Sportsplex.

Seventy-six players born in 2002 and 2003 will attend the camp, comprised of eight goaltenders, 24 defencemen and 44 forwards. Players will be organized into four camp teams

throughout the weekend while participating in a loaded schedule of on-ice and off-ice development activities.

"This is the third-annual prospects camp held by the MJHL and we are very pleased to offer this outstanding development opportunity to our young prospects that will soon be the stars of our league," said Kevin Saurette, the MJHL director of operations.

Interlake Lightning U18 "AAA" players invited to the camp include Stonewall's Chris Fines, a goalie, and Winnipeg forwards Ethan Johnson and Matthew Mason-Vandel.

Stonewall to host MJBL all-star game

By Brian Bowman

The very best talent in the Manitoba Junior Baseball League will be on display in Stonewall this Saturday.

The annual all-star game will start at 1 p.m. A home-run derby is set to begin at 11 a.m.

It's a pretty big deal that Stonewall gets to host this event.

"We have a pretty good thing going on here with the junior program the last couple of years," said Interlake Blue Jays' head coach Adam Kirk. "People have liked it so we thought 'Hey, let's put on the all-star game' and hopefully get a few more people out and bring some real good, competitive baseball to Stonewall."

There is a whole lot of talent in the MJBL. Hopefully, a large crowd will come out and attend the game.

"We hope people come out and watch and enjoy a really good baseball game," Kirk said, noting admission is free for the event. "The all-star game is to show off the talent we have in the MJBL and I think there's lots of it. If fans come out, they'll be treated to a very good baseball game."

Each team in the league will be represented by five players. The Blue Jays' contingent of all stars includes Emerson Klimpke, Baily Proctor, Brennan Cheasley, Derek Petrasko, and Ben Anderson.

All five have been very good players for the Blue Jays.

"They're all key contributors to our team," Kirk said. "They're a big cornerstone of our lineup and they have put in

their hard work over the years. Four of the five guys are third-year (players) in their last year of junior baseball so this is a nice sendoff for them."

The ceremonial first pitch will be thrown by Lundar's Blaine Fortin to Kirk, a Stonewall product.

It will be a nice way to honour two very good baseball-minded individuals in the community. Both have put in many, many hours of volunteer time in minor baseball in the Interlake.

"Both Blaine and I played in the MJBL and Blaine is an Interlake guy so we thought it would be nice to have a bigger baseball name come out and add a little bit to the all-star game," Kirk explained.

"And, with me being a hometown guy, they wanted me to catch it so we'll see how it goes."

Fortin, a former draft pick of the Toronto Blue Jays, is really looking forward to the all-star game. He's flattered to have been chosen to throw out the first pitch.

"I'm very proud and I take it as an honour," he said Tuesday morning.

Fortin is really pleased to see the Interlake have a team in the MJBL. There have been a lot of very good ball players from the area that have played in the league over the years.

"I think it's huge for the growth of baseball in the Interlake," he said. "It's something that the younger kids could look forward to when they're done with their 18U teams."

Blue Jays' losing streak continues

Staff

The end of June wasn't too kind to the Interlake Blue Jays.

Interlake wrapped up the month with four consecutive Manitoba Junior Baseball League losses, including a tough 8-7 decision to the Carillon Sultans on June 26.

Carillon scored a pair of runs in the bottom of the sixth inning and then added two more in the seventh to complete the comeback win.

Noah Cnockaert-Ducharme led Interlake with two runs scored while Ben Anderson, Derek Petrasko, Liam Allen, Brennan Cheasley and Andrew Everitt also crossed the plate safely.

On June 24, the Blue Jays were defeated 10-0 by the St. James A's.

The previous week started well for the Blue Jays but it ended on a sour note.

Interlake began the week with an exciting 7-6 home victory over the Altona Bisons on June 19 in a game that needed three extra innings to decide a winner.

Altona forced the extra innings after tying the score at 5-5 with a run in the top of the seventh. The Bisons then added another run in the 10th but the Blue Jays battled back to score a pair in the bottom of the

inning for the exciting win.

Max Morton led Interlake with a pair of hits and a run scored. The other Blue Jays' runs were plated by Petrasko, Anderson, Cheasley, Cole Olfert, Everitt and Jeremy Wasilewski.

Brandon LaFournaise pitched one inning to earn the victory.

Two nights later, Interlake was defeated 7-1 by the visiting Pembina Valley Orioles.

Pembina Valley scored twice in both the second and fourth innings and then added three more in the sixth.

Anderson was two-for-three at the plate and scored the Blue Jays' lone run in the fifth.

On June 23, Interlake was beaten 14-5 by the Elmwood Giants. Elmwood scored seven runs in the top of the seventh to turn a close game into a rout.

Cnockaert-Ducharme scored twice for the Interlake while Petrasko, Allen and Cheasley each scored once.

The Blue Jays, now 5-14 on the season, are 10.5 games back of the first-place Elmwood Giants.

Interlake will battle Elmwood on Friday (7 p.m.) and Pembina Valley in a double-header (1 p.m. and 4 p.m.) on Sunday. All three games are on the road.

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Now Hiring – Produce Manager



Interlake Co-op @ Arborg Grocery Store:

Interlake Consumers Co-op invites applications for the position of Produce Manager to join our team at our Food Centre located in Arborg, Manitoba.

The Produce Manager will have the opportunity to lead a \$1.1 million department consisting of numerous produce team members, while networking with our retail's leadership team to help create decisions, and actions that align with our values, vision, mission and aspirational statements.

Reporting to the Food Centre Manager, responsibilities for this position include the following:

1. Overall operation of the produce department
2. Sales, margins, expenses
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4. Recruiting, training, coaching, and Human Resources of the department.
5. Helping with community involvement.

Qualifications

- Demonstrate great communication, Interpersonal skills
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Deadline: July 19, 2019

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If you are interested in this opportunity or require additional information, please contact Lynette Oliver, Food Centre Manager, 204-376-5245 phone, 204-376-5018 fax

Please submit a detailed resume and cover letter in confidence to: Lynette Oliver, Interlake Consumers Co-op 253 Main Street, Box 40, Arborg MB, R0COA0 Email: foodstoremgr@interlakecoop.com, Interlakecoop.com

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Classifieds Announcements

IN MEMORIAM



Crystal Layne Kohler
February 21, 1986 – July 8, 2006
In loving memory of
Our dear daughter and sister

When family ties are broken,
And loved ones have to part;
It leaves a wound that never heals,
And an ever-aching heart.
It isn't what we write or say,
It's what's within our hearts;
It's how we feel deep inside,
As each day passes by.
We hold you close within our hearts,
And there you will remain,
To walk with us throughout our lives,
Until we meet again.

-Lovingly remembered and forever
in our hearts,
your family XOX...

IN MEMORIAM



George Kowalchuk
May 5, 1917 - July 8, 2003

What we would not give to hold your hand,
Your face to see and touch;
To hear your voice, to see your smile,
That meant so much to us.

- Loving you and Eddie always
and missing you both every day,
your wife, Mary
and your children, Tom (and Chris),
(Patty), Rosalie (and Mike), Lucy (and Terry),
and their families

OBITUARY

Elmer Pagard



It is with great sadness that we announce that Elmer passed peacefully on June 25, 2019 at the age of 97 with his family at his side. He is survived by his daughters Gail (Karl) Emms and Ferne (Chuck Gordon) and by his grandchildren Kelvin (Carlene Anderson) Emms, Gillian (Reg) Kmet and Victoria Gordon Pagard. He was predeceased by his wife Rose in December 2015.

Elmer was born in Fannystelle, Manitoba on February 17, 1922. His family moved to Young, Saskatchewan shortly after where he grew up. His father passed at an early age, leaving his mother to raise Elmer and his six siblings single handedly during the Depression. Despite having significant responsibilities, Elmer and his brother Cecil found time to play baseball and hockey, learning to skate on the frozen ponds of Saskatchewan. They played at a very high level and Elmer was eventually invited to play in a semi-pro league but was unable to accept due to his responsibilities at home.

Elmer and Cecil eventually left the farm to work in the bush camps in British Columbia and later moved to Narcisse, Manitoba, where they started farming on their own. That is where Elmer met a lovely young girl by the name Rose and he was smitten. She became his wife on October 6, 1956 and they enjoyed 59 wonderful years together.

Shortly after getting married, they started their own farming operation and drove the school bus for many years. They retired in the early 1990's and moved to Teulon where they enjoyed retired life, spending time with their grandchildren, gardening and spending their winters in Apache Junction, Arizona where they met new friends from across the U.S. They loved the desert where they spent hours hiking and exploring the Superstition Mountains which was practically in their back yard. Unfortunately, deteriorating health stopped their winter sojourn although they kept in touch with many of their fellow Snowbirds. When they were no longer able to manage on their own, they moved into Betel in Gimli together and were inseparable. Rather than having separate rooms, one room was set up as their "living room" and the other was their "bedroom" so they were never apart.

Elmer enjoyed hunting and fishing and even found time to curl. He loved getting together with friends and neighbours to share a few drinks and laughs. He was a gifted story teller and regaled Gail and Ferne as little girls with mesmerizing stories of capturing beautiful wild horses in the mountains in British Columbia. Although his motto was you have to make hay while the sun shines, when the first crop of hay was baled and stacked, the family would go on fishing trips to Lake St. George or the Narrows, occasionally to the beach and would travel to visit family in Saskatchewan and the United States.

As Dad grew older and was no longer able to fully care for himself, he would spend hours people watching, listening to other's conversations and quietly taking it all in. He would sing, tease the staff and teach them how and other residents to yodel. They called him a character. He was also very perceptive. One day, one of the nurses was having a particularly difficult day. They were short staffed and everything seemed to be going wrong. As she sat at the nurse's desk, shedding a quiet tear, Elmer was quietly watching her the entire time. When she looked up at him, he blew her a kiss. She said he recognized her despair and was trying to comfort her.

We would like to thank the staff at Gimli Hospital for their compassionate care while Elmer was in the hospital. Finally, to all the staff at Betel who treated Dad with loving respect, compassion and patience, we are forever grateful. He enjoyed teasing you and especially loved it when you teased him back.

In lieu of flowers, donations may be made to the Canadian Diabetes Association or the Heart and Stroke Foundation.

A celebration of life will be held on Thursday, July 4 at 2 p.m. at Gimli Lutheran Church. Dad, although it broke our hearts to let you go, we are thankful that your struggle is over. Goodbye, God bless and give our love to Mom.

OBITUARY



Glenda Elizabeth Forster (McIvor)

It is with great sorrow we announce the passing of our loving wife, mom, granny, great granny, sister, aunty and friend to all, Glenda on Friday, June 28th at Percy E. Moore Hospital with family by her side.

Celebration of life will be held on Saturday, July 6, 2019 at 2:00 p.m. at Harwill Community Hall.

Special thank you to the staff at Percy E. Moore Hospital for the wonderful care given to Glenda during her time there.

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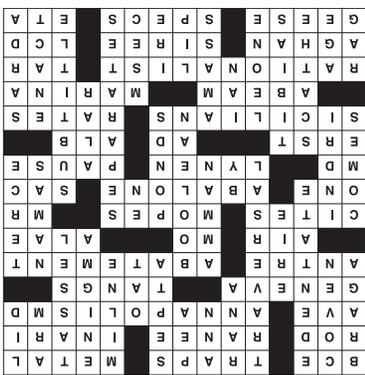
take a break

> GAME

X CROSSWORD

CLUES ACROSS

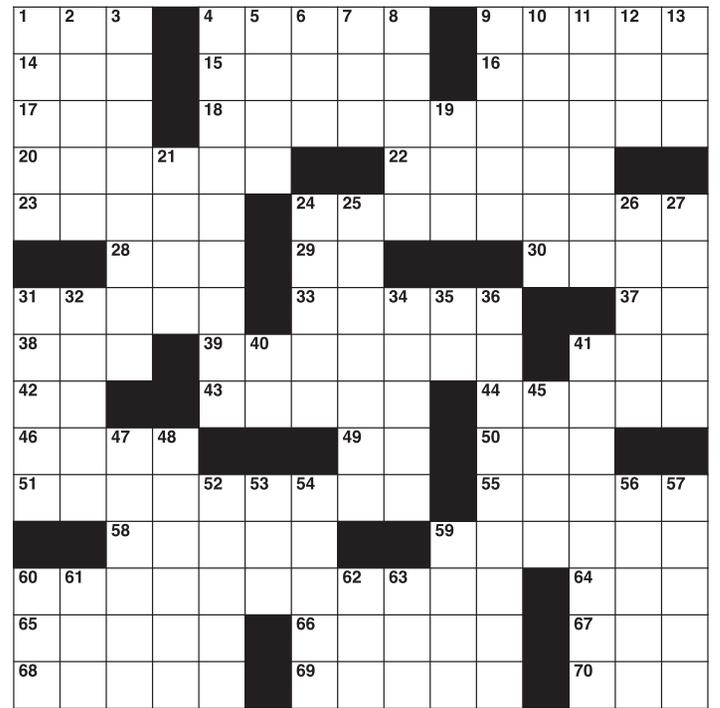
1. Bridge building degree
4. Catches
9. A heavy type of music
14. Original "Twilight Zone" host Serling
15. Rodent species
16. Finnish lake
17. Street (abbr.)
18. Home of the US Naval Academy
20. It held a convention once
22. Makes a loud, ringing sound
23. Cave
24. Lessening of something
28. MJ's nickname "___ Jordan"
29. One's way of doing things



Crossword Answer

30. Wings
 31. Quotes as evidence for
 33. Acts glumly
 37. A man's title
 38. It comes first
 39. Edible mollusk
 41. Resembles a pouch
 42. He/she checks your health
 43. Nobel Prize-winning biochemist
 44. Stop momentarily
 46. Formerly (archaic)
 49. Commercial
 50. White vestment worn by clergy
 51. Island people of the Mediterranean
 55. Prices
 58. On a line at right angles to a ship's length
 59. Where boats are parked
 60. One who values reason
 64. It might be on your driveway
 65. Small Iranian village
 66. Used to emphasize
 67. Mathematical term (abbr.)
 68. Long necked birds
 69. Eyeglasses
 70. When you hope to get there
- CLUES DOWN**
1. Portuguese district

2. An assembly of witches
3. Having few teeth
4. The act of going across
5. Nepalese dynasty
6. "Bye Bye Birdie" actress ___-Margaret
7. What the princess found beneath her mattress
8. Pennsylvania transit organization
9. Winnie the Pooh creator
10. Riddle
11. Grads wear one
12. Body part
13. The top of a pot
19. A type of meal
21. Lake ___, one of the Great
24. Capital of Jordan
25. A type of logic
26. Khoikhoi peoples
27. A fixed time of prayer in Christian liturgies
31. Arrives
32. Lemur
34. Small bodies of still water
35. ___ route
36. Breaks apart
40. A type of line
41. Caption that translates
45. Winged
47. Criticize severely



48. Leg bones
52. Monetary unit
53. 007's creator
54. Accumulate
56. Establish by law or with authority
57. Breed of goat
59. Millisecond
60. Mock
61. Make older
62. Some don't want to be given any
63. Wrath

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