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WEEKLY NEWS

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EXPRESS PHOTO BY PATRICIA BARRETT
 Dr. George Johnson Middle School Grade 8 band students, from left, Nayeli Toews, Liam Harapiak, Ava Lebel, perform The Silver Scepter at their annual band concert on May 31. See pg. 12 for story and more photos.

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Petersfield woman's love of animals inspires new picture book

By Lindsey Enns

A new picture book written by a Petersfield woman is helping children learn what it's like to spend time on a farm through the eyes of two lambs.

Lorna Doolan said she felt inspired to write the book entitled *Timmy and Tina* after caring for two bottle-fed lambs on her farm.

"It was heartwarming to watch them grow," said Doolan. "Lambs grow very quickly and they are adorable at every stage of growth. I thought children would love to hear about spending time on a farm for the summer through the eyes of two lambs."

The 36-page picture book, which was released on April 26, is for ages four and up and will be available in hardcover and paperback. For information on when the book will be available in stores and for purchase, visit at thelambpost.com.

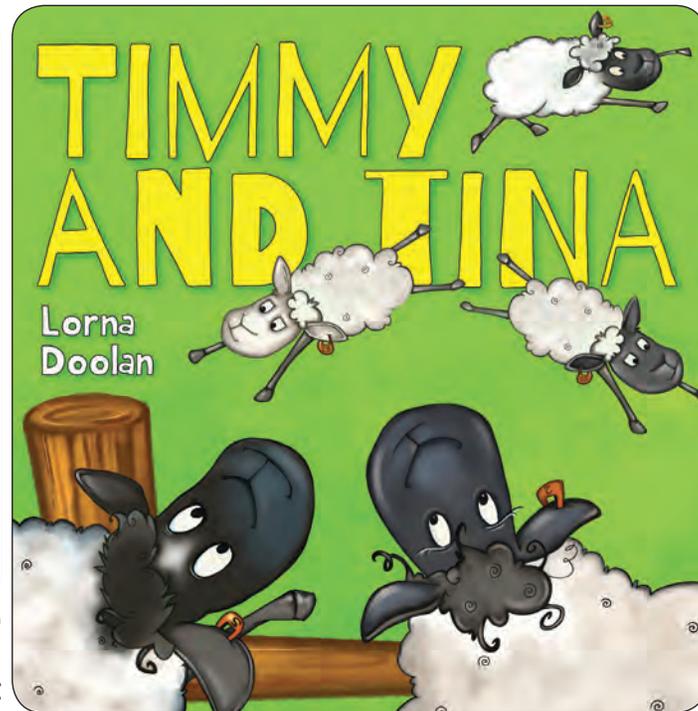
"It's actually a story, based on a true story," said Doolan, adding this marks the release of her first book. "I'm really excited about the book."

The story takes place during lambing season at the farm. Timmy and



EXPRESS PHOTOS SUBMITTED

Lorna Doolan of Petersfield, left, is pictured with the real lamb Timmy, which is featured in Doolan's first picture book, entitled *Timmy and Tina*.



Tina are tiny newborn lambs that are in need of some extra care and when their mother is unable to feed her babies, Mrs. Jane steps up to help. As the days grow longer, the lambs grow bigger, stronger and more adventurous.

The arrival of a new flock also brings new experiences, funny adventures, and a crowded little barn.

Besides the lessons and adventures of Timmy and Tina, Doolan said she hopes the book serves as a learning opportunity about farm animals, especially for children who have never been to a farm.

Doolan said the book is dedicated

to her long-time friend and full-time farmer Wendy Church of Garwen Farm in Clandeboye. Doolan said Church has given her lambs over the years to care for for a few months at a time, which she's really enjoyed doing.

"I'm very much an outdoor person so I'm outside all day," she said, adding she has been hobby farming for around 10 years. "I just love animals."



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Gimli to curb camper trailers and tents within municipal borders

By Patricia Barrett

Gimli council gave first reading to a new bylaw that will prohibit camping and the parking of camper trailers on private land and other areas within the borders of the municipality.

Bylaw 18-0004 will ban mobile houses from privately owned land that doesn't have a dwelling on it, as well as from public parks, beaches, public reserves, parking lots and road allowances. Tents, sheds or other types of temporary structures will also be prohibited from the same areas.

"If you don't have a house or cottage on your property," said CAO

Joann Murphy during council's regular meeting May 23, "under our zoning bylaw, you're not allowed to have a trailer just sitting there by itself and use it for camping."

Mobile houses are defined as vehicles that can be connected to a motor vehicle or driven on their own. Even if people remove the camper's wheels and jack them up onto temporary supports, they are still considered mobile houses under the new bylaw.

Camping is defined as the "act of using or occupying land for the purpose of locating, erecting or using a mobile house or trailer, or a tent, shed, or

other similar structure for the provision of sleeping accommodation and includes sleeping overnight or any portion thereof in the open air."

Mayor Randy Woroniuk cited a case in which someone had plonked a trailer and an outhouse on his property in a residential/cottage development.

"He's only paying the tax on the land, but he's got a trailer there," said the mayor. "And now we're getting information that some of these trailers are getting rented out on Airbnb."

Murphy said there have been situations in which Airbnb renters have become unruly, and neighbouring residents suffer. We've had situations in the past where it turns into a huge party."

Property owners with residences are permitted to park campers on their land, and trailer parks and seasonal campgrounds won't be affected.

Council is expected to give second and third reading to the bylaw at its next meeting.



EXPRESS FILE PHOTO BY PATRICIA BARRETT

A few years ago, campers pitched tents on the beach at North Fifth Avenue between the town of Gimli and Loni Beach. The RM is in the process of banning the practice.

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Gimli council approves new cottage development

By Patricia Barrett

Gimli council approved a local developer's subdivision application to create an 18-lot cottage development between PR 222 and the Gilwell Estates, and promised to re-armour part of a former road [now a public reserve] to protect Gilwell from shoreline erosion.

Gilwell is an established condominium community just north of the Gimli Bible Camp. At a public hearing held in April, residents had raised concerns about developer Allan Goodman having removed old rip rap that once formed a point along the shore, arguing it protected their properties from erosion.

Residents had also asked council to determine whether the former road/public reserve is owned by the municipality or by the province. They contended that Goodman had removed trees from the reserve.

The provincial Municipal Relations office in Selkirk wrote to council, stat-

ing the road is a "Government Road Allowance which means it's a municipal road, where the municipality has direction, control and management of it under The Municipal Act."

During council's regular meeting on May 23, CAO Joann Murphy said whenever the province closes roads, it retains ownership over them but hands over their management to municipalities. Because of that, council has the right to ask Goodman to replace the trees he removed.

"Mr. Goodman can certainly be requested to replant the trees in that area because it was a noise and windbreaker for the people at the north end of Gilwell," said Murphy.

She said she had driven through Gilwell to see how the removal of trees

has affected property owners.

"Based on the trees that were there in the past, [residents] didn't have a sense of the road [PR 222], and now you can see right through."

Coun. Richard Petrowski, who's the council liaison for the area, said

"WE HAVE TO DO SOMETHING. IT WILL BE A DISASTER IF WE DON'T STEP IN."



EXPRESS PHOTOS BY PATRICIA BARRETT

The beach along Gilwell Estates is armoured by limestone, but Goodman's beach is sloped. The RM will have to install erosion protection at the point where the two intersect.



Trees removed along a public reserve bordering a new cottage development will have to be replanted by the developer.

Goodman told him he would be putting fairly large elm trees in the excavated area.

Having management of the former road/reserve also means that the RM will have to shoulder the cost of armouring it where it intersects with Goodman and Gilwell's respective boundaries.

Goodman sloped the beach along his development, but Gilwell has limestone boulders protecting its properties, and the two different forms of erosion control sitting side by side may compromise Gilwell.

Council said it doubted whether the province would install erosion protection.

"We have to do something even if we don't own [the road]. It will be a di-

saster if we don't step in," said Deputy Mayor Peter Peiluck. "When it's going to be required, it's going to be too late. Those people have very expensive homes and they've been there for many years already. I don't want to see that lost."

Council did not specify what type of armour it will install. And its approval of Goodman's application is contingent upon a number of conditions, including that he replant the trees he removed and grant the municipality access to his land where the erosion protection needs to be installed.

Manitoba Infrastructure approved an access road from PR 222 into Goodman's development as long as it's located at a central point between two highway curves.

June is Gun Amnesty month in Manitoba

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No buildings damaged in large Grahamdale/Ashern fire blaze

By Jeff Ward

A large fire that threatened the town of Ashern two weeks ago is now officially under control following a week-long battle by firefighters and some badly needed rain.

Over 18,000 hectares were burned over a six-day span two weeks ago when three small fires converged into one in the RM of Grahamdale and RM of West Interlake. The area the fire occupied was nearly half the area of the City of Winnipeg.

According to the province's Fire-View Table, all three fires were caused by humans. The fire that threatened Ashern and put the town on a two-hour evacuation notice came within one mile of the eastern edge of town and just across the road from a number of farms. The damage to fields was significant, but many trees survived the flames.

Ashern firefighter and West Interlake Coun. John Bezemer said he was surprised the fire didn't burn the trees completely but the flames were only a few inches high. RM of West Interlake Reeve Randy Helgason said there were a few days during the fire where the smoke was really bad in Ashern and that it was hard to even

see the end of Main Street.

"There were a couple of days where it was pretty intense," he said. "I live east of town, about a mile and during one night, it got really smoky. It was pretty scary, and residents were worried. I don't blame them. We were all definitely concerned."

Helgason, like many Ashern residents who have lived in town for many years, remember the fire of 1989 that by all accounts was very similar to this fire. He said that he remembered that the wind during that fire was very strong and that it caused the fire to spread quickly.

"We were on notice to evacuate back then too," remembered Helgason.

Interestingly Helgason said that he was thinking about that 1989 fire when he and council officially declared a state of emergency in the RM of West Interlake. Helgason was thankful fire crews were able to control and contain this fire, but the effort to do so has left its mark.

PR 325 and many of the access roads along it have been cut up by excavators that worked long hours to create fireguards. Those fireguards are made of earth dug up and pushed into place by the heavy machinery and are the



EXPRESS PHOTOS BY JEFF WARD

Damage from the large wildfire that threatened the town of Ashern a few weeks ago is still being assessed. The cost of repairing roads and taking down fireguards is unknown.

most noticeable scars the fire left behind. Fortunately, much of what has been burned that is seen from the highway is already beginning to look green.

Helgason said that the cost of fixing these roads and dismantling the fireguards isn't known at this time and it

is also not known who is going to responsible for the costs.

"We had a special meeting this morning regarding the events of last week. We wanted to go over what was done right and what wasn't, so we can be better prepared for the next event," said Helgason.

'Tis the season to check and protect against ticks

By Jeff Ward

The warmer weather brings with it a variety of fun outdoor activities, but it also brings ticks out into the open, and for those spending lots of time outside, it is important to take precautions to prevent tick-borne illnesses.

A tick might seem harmless given its small stature, but the illnesses a bite can bring are no joke and can cause serious health effects. The Manitoba Lyme Disease Group lists 14 illnesses that are associated with tick bites. Blacklegged ticks are one of species that Interlake residents should be on the look for as they can transmit Lyme disease among other illnesses.

Lundar is one of the areas on the province's map of risk areas, which

also includes Teulon.

Anyone who spends time outdoors can protect themselves from ticks in a number of ways. The Manitoba Lyme Disease Group recommends wearing long pants and long-sleeved shirts and to tuck your pants into your socks so that ticks can't climb into your pants. Ticks will climb up your body looking for any exposed skin to latch on to. Light-coloured clothing will help you spot ticks, and staying to trails and avoiding low-lying bush and long grass will keep you out of areas where ticks are.

Insect repellent can also act as a barrier against ticks.

Even with all of those precautions, it is important to check your entire

body thoroughly after being outside to make sure a tick hasn't latched on. The Lyme disease support group recommends being extremely detailed when checking over your body to make sure there are no ticks.

If you find a tick there are safe methods for removal. The most common method is to take a pair of fine pointed tweezers and grasp the mouthparts of the tick and slowly pull it straight out. Clean the area with soap and water and then disinfect the area. Note the date of the bite.

The Canadian Lyme Disease Foundation recommends seeing a doctor for antibiotics as soon as possible if the tick that bit you is a species that carries Lyme disease.

While all of this might seem scary, it shouldn't prevent you from getting out and enjoying the summer. Not all blacklegged ticks carry disease and transmission doesn't happen immediately, in most cases needing at least 24 hours.

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Manitoba's beef cattle sector awarded for its environmental stewardship

Submitted by Manitoba Beef Producers

The 2017 Manitoba Excellence in Sustainability Award (Water and Natural Area Stewardship category) was awarded to the Association of Manitoba Community Pastures (AMCP) on May 22.

Manitoba Beef Producers also earned an honourable mention for its role with the Species at Risk Partnership on Agricultural Lands (SARPAL) initiative, completing a beef sector sweep of the awards category.

"Seeing both organizations recognized shows just how important beef producers are to conservation and enhancement of natural habitats and the environment in Manitoba," said Tim Sopuck, chief executive officer of the Manitoba Heritage Habitat Corporation, which nominated Manitoba Beef Producers. He noted that pastures and haylands managed for cattle represent the single largest source of natural habitat in Manitoba's agricultural region.

Manitoba Beef Producers president

Ben E. Fox added the work by beef producers to protect natural habitats for species at risk and preserve our natural grasslands demonstrates how beef production can be a part of the solution for many of society's environmental concerns.

"Where bison once grazed and maintained natural grasslands, cattle now have an important place in the protection and maintenance of this threatened natural ecosystem. Helping protect healthy grasslands and water supplies is beneficial not only for beef production, but for the overall environment," Fox said.

"As beef producers, we are some of the best stewards of the environment, and have long recognized the importance of a healthy environment to our industry and the integral role that producers play in protecting it."

MBP is pleased to be involved with Environment and Climate Change Canada and its SARPAL initiative which offers cost-shared funding to promote grassland management prac-

tices that protect the habitat of grassland birds such as the Sprague's pipit, Ferruginous hawk, Chestnut-collared longspur, Loggerhead shrike, Burrowing owl and the Baird's sparrow. Already, 4,000 hectares (9,884 acres) of land in southwestern Manitoba has been impacted by this work in just one year.

"The birds need the cattle", says Tim Poole, Manitoba important bird areas co-ordinator with Nature Manitoba, who adds, "without the cattle to graze, the grasslands get overgrown with brush or plowed under, and the birds lose important nesting grounds. It is essential to the survival of these at-risk birds that the grasslands be protected."

MBP congratulates the AMCP on winning the award. The work AMCP does is important to the growth of the beef sector in Manitoba and helps provide environmental protections to more than 350,000 acres of grassland in 20 pastures.

Gun amnesty month launches in partnership with police

Submitted

Manitobans with unwanted firearms or ammunition are encouraged to participate in a provincewide gun amnesty this month to help ensure these weapons will not be used in a crime, Justice Minister Heather Stefanson announced June 1.

"The gun amnesty program will help keep Manitobans safer in their homes, and reduce the chances a weapon could be stolen and used in a crime," said Stefanson. "Our government is proud to partner with police agencies across the province to make this program accessible to everyone who may need it."

Any Manitoban can safely and legally have firearms or ammunition removed from their home in June. The first step

is to call the local police service's non-emergency number with some information about the items. Officers will set up a time to pick up the guns or ammunition from the home and then safely dispose of them. Manitobans should not drop off guns or ammunition at their local police station.

"We encourage everyone across the province who has firearms or ammunition they simply don't need or want, to participate in the Gun Amnesty Program," said Scott Kolody, assistant commissioner, RCMP, and president of the Manitoba Association of Chiefs of Police. "By turning in your unwanted firearm, you are removing a potential hazard and helping to make your home and your community safer. This

initiative is designed to enhance public safety and we are looking forward to working with all Manitobans to make it a success."

The police will not lay charges against someone turning in a weapon unless it was used to commit a crime or was stolen.

Manitoba's last gun amnesty program collected nearly 300 weapons and more than 74 boxes or bags of ammunition and the province is hopeful Manitobans will exceed those numbers during this year's campaign, Stefanson said.

For more information about gun amnesty month in Manitoba, contact the local police service or visit www.gov.mb.ca.

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Fish FIPPA's show no action on food safety

By Patricia Barrett

Responses to Freedom of Information and Protection of Privacy Act (FIPPA) requests that were sent to Sustainable Development by the NDP's environment critic reveal the department was aware of food safety concerns after Manitoba fish was shipped in dirty fertilizer containers but show no evidence of the minister or departmental staff having taken action.

Wolseley MLA Rob Altemeyer submitted two FIPPA requests a couple of months ago after a Lake Manitoba fisher told the *Express* that fish were shipped in fertilizer containers by a trucking company hired by Donald Salkeld of Northern Walleye (see Feb. 15 edition).

The Ashern, Eddystone, Waterhen and Dawson Bay fish sheds provided fish to Salkeld over the course of December 2017 after the provincial Conservatives took Manitoba out of the Freshwater Fish Marketing Act and opened up the market on Dec. 1.

By January, the sheds were collectively owed about \$1 million. Salkeld, who does not have a processing plant, had the fish trucked to at least three American processors, and claimed the Americans were the buyers of the fish. He claimed he owed the sheds and the trucking company nothing, and he also denied having anything to

do with the dirty fertilizer containers.

Calling it a possible cover-up, Altemeyer said, "People can die from this type of stuff. This is not a minor issue, but [the government] decided that risking human or animal health on either side of the border was not as important as trying to protect their own political fortunes."

Altemeyer received different responses as to who in Sustainable Development knew what and when, but no evidence of the department having alerted the Canadian Food Inspection Agency and the U.S. Food & Drug Administration.

In Canada, responsibility for food safety is shared between the federal government and provincial health units or provincial departments, states CFIA's website.

Altemeyer said the FIPPA's track only written documents, such as briefing and advisory notes, and correspondence such as memos and emails. One FIPPA requested document pertaining to when Sustainable Development Minister Rochelle Squires first became aware that fish had been allegedly packed in unsanitary containers. The response said, "there are no records that exist pertaining to your request."

A separate request asking when departmental staff first became aware of the containers resulted in a par-

tial release of records, with a copy of an email dated Jan. 31, 2018, from a source whose name was redacted (blacked out).

Implying the email was a followup to an earlier discussion, and using the subject line, "Fertilizer Totes supplied for Shipping Fish to USA," the source sent the email to James Duncan [director of wildlife and fisheries] and copied the Deputy Minister [Rob Olson], Dr. Brian Parker [department biologist] and Assistant Deputy Minister Nicole Armstrong.

In addition to the fertilizer totes, the source alerted staff to the possibility of contaminated, rotten fish having entered the Canadian food chain. "Also, some of the fish in question was allegedly allowed to spoil even while in Canada, and some of this remained in Canada and was even processed here afterwards. This raises serious questions [redacted]."

The email came about a month and a half after rumours about the fertilizer containers began to make the rounds of commercial fishers.

In February, the *Express* tried to obtain comment from Squires about the fertilizer containers and damage to the fishery's reputation but was told by a spokesperson that anyone with concerns is encouraged to contact CFIA themselves.

With reference to that response,

Altemeyer said the government "gave no indication they were taking it seriously. There's no indication that this government has at any point in time contacted the CFIA or the U.S. FDA to offer any assistance or information at all to get to the bottom of what happened. That's just flat out irresponsible."

Squires sidestepped Altemeyer's questions about the containers during question period in the legislature May 24, calling it "fear mongering."

The *Express* emailed Sustainable Development twice in May, asking what steps Squires took after her staff received the source's email and the possibility of contaminated fish having entered the human food chain, as well as information on the status of the department's investigation into Salkeld, now in its sixth month.

A departmental spokesperson wrote May 24 that "so many people are dedicated to the fires right now" and that information "may not be available." The spokesperson also sent along a May 23 news release about better fish prices, increased opportunities and a reduction in red tape for commercial fishers.

The release said the department's investigation is "ongoing. No charges have been laid to date, but enforcement actions are being contemplated."

letter to the editor

Letters to the Editor:
letters@expressweeklynews.ca

Interlake athletes have class

Dear Editor,

Over a long life, I've come to realize that I cheer at sports events for a lot of different reasons. I saw one of those reasons at the May 28, Zone 5 high school track meet here in Stonewall.

My granddaughter Jamie, a Down Syndrome child, ran that night in the varsity girls' 200-metre race. Though she would run her heart out, those stout little legs would never allow her to keep up with the other girls.

Along with other spectators, I was cheering loudly for her to fin-

ish as she laboured down the track. For some reason, I glanced back toward the finish line, still quite a distance away for Jamie.

There, standing all across the finish line, were her competitors from schools all around the area. They were cheering madly for Jamie to finish her race.

Class, pure class! Thanks to all of them for reminding me again of what is best in humanity and what sports is really all about.

Sincerely,
Dale Yeo
Stonewall



Jamie Yeo, right, is congratulated by Warren's Alex Chester at the finish line following her 200-metre race on May 28.

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A great day for fishing

Hello again, fellow fishers.

Drifts of zebra mussel shells were strewn aside or crushed under my shuffling feet as I plodded through the sand, stones and shells on the north shore of the Winnipeg Beach Marina. A lone angler off in the distance lay casually on a huge rock, his weathered cap shading his eyes from the sun. Within arm's reach, his fishing rod was jammed between some rocks with its line well out offshore. I approached him, clinking through the shells on last Tuesday's bright early calm morning.

"I don't see you having any fish yet," I remarked.

"No, nothing," he returned with a distinctive British accent.

"I'm Arnie Weidl. It's nice out here," I said, starting a conversation.

"Grant Reynolds," he responded, shifting his body on the rock with the fluidity of an athlete. Short grey hair peeked out from under his cap. He had the rugged vitality of a guy who might have seen the inside of a boxing ring at one time.

"Would you have a fishing story for us?" I asked. He seemed a man not given to talking much but began in a deep forceful voice recalling when he was 18 working in rescue operations close to the Earl of Scarborough's

grounds. Apparently, the Earl was a very nice fellow and let the crew members fish on his grounds any time they wished. He smiled, remembering how they used to hand-make shiny tinfoil lures and caught all the bass and drum they wanted.

The peacefulness of our surroundings overtook us for a moment and we sat in silence. When I rose to leave, in keeping with the mood, I simply said, "Have a good one, Grant."

Later in the week, steering my car down the steep winding gravel Yellow Brick Road leading to the Lake Winnipeg shore in Belair, I saw a chap getting his boat ready for launching. I pulled up beside his rig and lowering my driver's window. I was about to strike up a conversation when he quickly left his boat and came up to my door saying, "You're Arnie Weidl. My wife and I read you every week."

"Well, thank you," I said. "So I suppose you know what I'm about to ask you."

Our new friend offered his name as Duncan Wain. He stood tall in a firm frame seemingly born to a life on the winter's ice and the summer's waters with his swarthy looks and unkempt salt-and-pepper hair. He was a marine biologist, he said, from Garson by Highland Glen. He began talking

about his work. Having had the good fortune to have met other professionals like Duncan who loved their work, I wisely kept my mouth shut and hung onto his words.

He spoke as an educated man but his outlook on work showed he was practical and used his education as a tool to get his job done. Like many driven people, Duncan went on enthusiastically about his work and in time told of a trick to transport certain species from one waterway to another. You place burlap sacks where the fish spawn and the fertilized eggs will stick onto it. Then you pick it up and move it where you want. This was obviously a technique that should only be used by authorized professionals.

Then he recalled when he was young and fishing at Nutimik Lake. He wanted to catch a sturgeon, so he baited his hook with nightcrawlers but wound up catching nothing but walleye. OK, he thought, if that's the way it's going to be, I'll use minnows. Who knows, he reckoned, a sturgeon might bite.

He baited up, threw in his line and soon caught a five-foot sturgeon. Duncan, smiling at me, moralized, "That's when I learned. When it comes to fishing, you may think you know everything and that's when those fish will do the unpredictable."



EXPRESS PHOTO BY ARNIE WEIDL
Russ Okun, left, and Jim Roberts with one of their many catches on the Red by the blue bridge downstream of Selkirk.

The low water in the Red River had allowed anglers to make cushioned walkways of the reeds along its banks by the blue bridge downstream of Selkirk. I met two of the nicest regular guys ever when I was there last Friday. Standing with them, it was hard to carry on a conversation because they were so busy catching and releasing one drum after another. I finally got their names as Russ Okun and Jim Roberts from Winnipeg between catches. After a bit, Jim looked at Russ and said, "I guess we'll have to quit fishing, buddy. We're out of minnows."

I couldn't help chuckling to myself, wondering how many minnows they had started with as I made my way up the bank to my car!

Come by next week and we'll share more fishing stories.

Gimli businesses push for parklets rather than sidewalk patios

By Patricia Barrett

Gimli council heard from a few business owners who want to see parklets added to a new bylaw that will regulate the use of town sidewalks for patios and sidewalk sales.

Bylaw No. 18-0007, which is based on a Town of Winnipeg Beach bylaw, received first reading at council's regular meeting on May 23. It will apply to all commercial properties and to all owners and occupiers of commercial properties. A permit will be required to establish an outdoor patio or hold a sidewalk sale.

The bylaw defines a sidewalk patio as an area of a public sidewalk used by an existing food service establishment for the purpose of serving food and/or alcoholic beverages. And a sidewalk sale is defined as the sale of dry goods or any other type of goods, other than food services, that are wholly owned, leased or consigned by an existing and properly licensed

business.

The idea is to divert pedestrian traffic around a sidewalk patio or sale by means of a temporary walkway that would run beside a sidewalk.

Chad Ermel, owner of Flatland Coffee Roasters on Centre Street, had spoken to councillors prior to the drafting of the bylaw, proposing the establishment of parklets, which are patios created on the street in spaces designated for parking, leaving sidewalks uncluttered for pedestrian traffic.

"I'm still pushing my agenda to have what is defined as a parklet and that will permit me to build in the two parking spaces in front of my business a patio, which will have a safe entrance and exit for vehicles parked in front and behind," said Ermel. "And it will also have a railing to protect my patrons from the roadway. It will be a safe distance from the passing traffic. That is not new. It has been in city after city where there is a high popula-

tion density and it is safe."

Jeff Badger, owner of Kris' Fish & Chip on First Avenue, said he had asked council last year about the idea of having patios in built in parking spots.

CAO Joann Murphy cited issues of safety and accessibility, especially for people using wheelchairs or those who are sight impaired.

"I think our concern here is safety when [servers] come out of the restaurant," said Murphy. "The thought process is to have [pedestrians] walking around it rather than you going through the sidewalk space to get to the serving place. What we're trying to do is make a bylaw that will work in multiple space throughout the community."

The owner of Thai Plaza clothing and food store on First Avenue broached the idea of street closures or closing one lane in order to hold sidewalk sales, but council said it had received

a lot of flak about the availability of parking from the business community when it permitted temporary street closures in the past.

"I personally think we should become more of a pedestrian and bicycle friendly community, and we get too hung up on parking," said Mayor Randy Woroniuk. "We tried [road closures] last year and we got such negative feedback from the business community and Chamber of Commerce. You would need to get everybody in the business community on board."

As this is only the first reading of the bylaw, council said it will look at ways to incorporate Ermel's parklet idea.

"We could suggest a parklet may be approved from time to time from council," said Coun. Thora Palson. "There's really not that much difference from building an extended sidewalk to a building a parklet as long as there's accessibility and control and safety."

Arborg getting cool in the pool

By Patricia Barrett

Arborg's Aquatic Centre threw open its doors this week for the summer season and is welcoming visitors from across the Interlake to cool down and enjoy a bit of watery fun.

The outdoor pool is already a splash-hit with hundreds of people from away.

"Most of our users are from outside the Arborg-Bifrost catchment area," said Town of Arborg parks and recreation director Tom Chwaliboga. "We have people coming from Selkirk, Stonewall, Peguis, Fisher River, Lundar, Ashern, Winnipeg and Portage la Prairie. I know families that come up to Arborg on a weekly basis from Winnipeg to use our pool."

The four-lane pool has a twin slide on which people can race side-by-side, a 140-foot twisty slide, floor geysers and zero-beach entry to the pool, which means the pool gradually slopes and gets deeper as though one is walking into a lake.

About 90 per cent of the pool is three to four feet deep, which is ideal for families with young children, and the

remainder is between six and eight feet deep for more experienced swimmers.

"We also have a slide in the pre-school area which is basically for kids five years and under," said Chwaliboga. "The idea is to section those kids off from the other users so they won't get bumped or splashed."

In addition to public swim times, which are supervised by lifeguards, the centre offers swimming lessons and rents out the pool to different user groups for private functions.

"We do have businesses that rent it for staff as a thank you, and families that rent it for birthday parties and anniversaries," said Chwaliboga. "Sometimes we get a hockey or baseball team renting it out as a kind of a wind-up to their season. We've been very successful with the private rentals. And when you rent it, you have the entire facility for your group alone; there won't be anybody else in the pool at the same time."

People can contact the Recreation Centre throughout the whole summer for rentals and swimming lessons,



EXPRESS PHOTOS BY TOM CHWALIBOGA

The Arborg Aquatic Centre opened for the season last week.

which will be offered until the end of August.

"There's no such time as too late to register," said Chwaliboga.

The aquatic centre is located at north end of town on Ingolfs Street. For more information about admission

fees, lessons and pool rentals, call 204-376-5576 or 204-376-2236 or email tom.abprc@mymts.net or karen.abprc@mymts.net.

The Town of Arborg has posted the swimming lesson schedule on its website at www.townofarborg.com.

New hay bale creation now up on PR 239



EXPRESS PHOTO SUBMITTED BY LANA GABBS

A Gone Fishin' inspired hay bale display along PR 239.

Staff

Four ladies responsible for some very unique hay bale art along PR 239 have done it again this year with their new Gone Fishin' creation.

Brenda Wood, Linda Nickel, Lynette Beamish and Joan Olson have created a new piece to make the drive along the road a little more entertaining. The roadside attraction is of a fly fisher complete with pants, plaid shirt

and a big hat. Alongside the hay bale art is a fishing pole and even a fish.

Last year, the creative ladies made an RCMP officer to pay tribute to their service for Canada 150. And in previous years, they've made movie characters and other fun pieces.

The land is owned by Joan Olson but passersby are encouraged to stop and take pictures.

OPEN HOUSE

Share Your Views

concerning the proposed construction of the Lake Manitoba and Lake St. Martin outlet channels project

You are invited to share your views concerning the proposed construction of the Lake Manitoba and Lake St. Martin outlet channel at an Open House hosted by Manitoba Infrastructure.

Topics presented will include the channel environmental authorizations, engineering design and construction, as well as the next steps in delivery this major flood infrastructure project. There will also be an opportunity to learn more about the current operation of the Portage Diversion.

The open houses will be held in the following locations:

Location: Moosehorn

Moosehorn Community Hall, Railway Avenue

Date: Tuesday, June 19, 2018

Time: 2:00 p.m. – 5:00 p.m. and 6:00 p.m. to 8:00 p.m.

Location: St. Laurent

St. Laurent Recreation Centre, Lot 825, PTH 6

Date: Wednesday, June 20, 2018

Time: 2:00 p.m. – 5:00 p.m. and 6:00 p.m. to 8:00 p.m.

Location: Portage la Prairie

Canad Inns Destination Centre

Portage la Prairie, 2401 Saskatchewan Avenue West

Date: Thursday, June 21, 2018

Time: 2:00 p.m. – 5:00 p.m. and 6:00 p.m. to 8:00 p.m.

For more information, please contact:

Coenraad Fourie at 204-573-4191 or

Coenraad.Fourie@gov.mb.ca



Former Ashern student graduates from Harvard

By Jeff Ward

A former Ashern Central School student completed her master of education a few weeks ago following a challenging but rewarding experience at Harvard University.

Brianna Oversby was an ACS student until Grade 8 before moving to Alberta, where she graduated from high school in 2006. Oversby said that following graduation, she really wasn't sure what she was going to do and didn't have a plan. Instead she took a few years off, as many young people do, and took time to travel.

She moved to England and became a nanny in a small town just outside of London and made the move back to Canada to enrol in an art education program at Concordia University in Montreal. Oversby said that she thought back to her high school days and how it would be nice to be an art teacher.

"I knew I wanted to do art and I loved that program in high school," said Oversby.

"This seemed like a way for me to continue doing art but still have a safety net for an income. I wondered how someone could get this job where you just get to hang out in the

best room in the school and make art all day."

Following graduation from Concordia, Oversby got a job teaching at an alternative learning centre where she worked with struggling youth. It was

there where her interest in social justice became more pronounced and learned to help students who were brushed aside by the system. She remembers back to her time in Ashern and being in classrooms with peers who weren't getting the extra support they needed.

Oversby cares deeply about the education of youth and said she wanted to make a difference.

"One of my major motivations for applying to Harvard was I was sick of seeing this happen and I thought

"IT DOESN'T MATTER WHERE YOU COME FROM OR IF YOU HAVE THINGS IN YOUR PAST YOU'RE NOT PROUD OF. YOU CAN MOVE ON TO BRIGHTER DAYS."

that by finding myself in an institution with this much power it would give me the ability to change things," she said.

The Ivy League school lived up to its reputation by not only being a challenging place to learn and grow but also by being a place where student support was top notch. Oversby ex-

plained that her course had no traditional requirements but that she had to make her case, with a separate admission essay, for her right to be there.

"You have to tell them why your course of study doesn't fit into any other programs and the work I wanted to do straddled a number of other programs."

In its basest form, the Specialized Studies Course is for those who are looking to explore a completely new form of education or a way of improving education. This can mean many different things but what it allows is for students to think outside the box and come up with innovative ways to flip the world of education upside down and try something new.

Oversby was surrounded by educators who wanted to know how people learn.

"I spent the first full semester focusing on trauma at all different sorts of levels. One of the things I'm looking at is reframing youth behaviour we see as anti-social or violent to adaptive. These are things they do to keep themselves safe. I want to change how we look at youth who are in crisis," said Oversby.

As for what comes next for her, Oversby isn't sure. She said she's interviewing for a few jobs but doesn't know what she'll be doing in the near future.

She also has some wisdom to those graduating this year.

"The most important thing is to re-



EXPRESS PHOTO BY JODY OVERSBY
Former ACS student Brianna Oversby graduated from Harvard with her master of education on May 24. She plans to use her skills to improve learning and support systems for youth in crisis.

member that your voice matters. It doesn't matter where you come from or if you have things in your past you're not proud of. You can move on to brighter days. If you see a wrong, try to right it," said Oversby.

Winnipeg author exposes human trafficking in latest book

By Melissa McIvor

On Tuesday, May 22, nearly 100 people joined Winnipeg author Paul Boge and politician Joy Smith at McNally Robinson Booksellers for the launch of his eighth book, *The True Story of Canadian Human Trafficking*.

The book tells the story of Abby Summers, a high school student from Markham, Ont., who is lured into the sex trade by the man she was dating. Interwoven into this story is Smith's own narrative as a member of Parliament and her efforts to both pass bills to end human trafficking in Canada and to rescue Summers from her new-found prison. The perspective of a john (a man who pays for sex) is also featured throughout the text.

Boge wrote the majority of the book while spending time in the Interlake.

"It took about three years to research and write this book," said Boge, via email. "I would interview survivors that Joy [Smith] connected me

with. I would listen to their stories to understand their unique perspective on trafficking.

"Abby is a composite character of the girls I interviewed and the trafficking stories Joy introduced me to. The survivors are wonderful people with good hearts. I wanted the audience to come to know what a typical girl goes through when she is being trafficked and what life as a trafficked victim is like.

One of the big challenges was understanding the psychology of what keeps girls trapped in human trafficking, he continued.

"Another challenge was finding a way to craft the story in such a way that people can understand the complexities of human trafficking."

Here, collaboration with Smith, who served in the Legislative Assembly



EXPRESS PHOTO BY MOLLIE MEIER
Joy Smith and Paul Boge sign copies of his latest book at McNally Robinson Booksellers on May 22.

Continued on page 11

Group looking to restore Moosehorn's Lutheran Church

By Jeff Ward

A group of Grahamdale residents are banding together to restore the nearly century old St. Paul's Evangelical Lutheran Church just southeast of Moosehorn and are looking to the public for help.

St. Paul's Evangelical Lutheran Church, built in 1916-21, is a neat compact wooden church that makes a powerful statement of faith as its expressive steeple rises over its pastoral setting in rural Manitoba. The sturdy building, composed mainly of local materials and built by German settlers from Volhynia (then part of the Russian Empire, now in Ukraine), is a fine representation of the architectural traditions established by Lutheran congregations in the Interlake region.

The church isn't in the best of shape but the craftsmanship it was built with has allowed it to stand the test of time. The group is currently looking to repair the roof this summer at an estimated cost of \$10,000.

Committee member Reg Bauch said that the roof is the top priority and once that job is complete further restoration projects within the church can be accomplished without the fear of water seeping through above. While the building has seen better days, it hasn't been that long since the last big event was held there. In 2013, a wedding was held in the space and every year an Easter event takes place on the grounds. The guestbook is filled with visitors from as recently as this year.

"People still come here and enjoy the space, but it needs some work," said committee member Alf Nachtigall.

"The church is part of our local history and we want it to be preserved for future generations. It's a lot of



St. Paul's Evangelical Lutheran Church exterior elements define the building's Lutheran architectural character.



Church committee members (left to right) Alf Nachtigall, Lloyd Bauch, Reg Bauch, Debbie Tindall, Liz Russell, Philip Bauch and Elsa Springer are hoping to repair the roof this summer.

work that needs to be done but I think it's worth it. We all do."

Debbie Tindall is another committee member and admitted that the renovations should have been done years ago before the building got to the state it is in today. She said that they have some good people wanting to breathe new life into the church, and once the roof is complete, they can begin doing that.

Bauch and Nachtigall explained that

once the roof is finished the group will focus their attention on the flooring and interior walls. Projects like exterior siding and cleaning up the space inside will come after.

"Our priorities might change but that's what we want to do after the roof is done," said Bauch.

The committee is hoping for help from the public in the form of monetary donations and volunteering when needed. Financial contribu-

tions can be made to Peace Lutheran Church and in the memo line write that it's for St. Paul's Evangelical Lutheran Church Restoration Fund. Donations can be mailed to Box 655, Ashern, MB, R0C 0E0, c/o Liz Russell. Any amount is appreciated and helps the committee get closer to their goal.

Those looking for more information or wanting to get involved can call 204-768-3350.

> HUMAN TRAFFICKING, FROM PG. 10

of Manitoba between 1999 and 2003 and was in the House of Commons of Canada from 2004 to 2015, played a key role in telling this story.

"I [was] really encouraged by Joy Smith's story of tenacity for doing what is right.

"Joy is an incredible person with a genuine balance between tenacity in getting a bill passed and compassion for the survivors of human trafficking. She has such a good heart. Her story is a classic of a humble person going up against incredible odds and not backing down," Boge said.

"I [was] also compelled to tell a story

that reflects so many Canadian girls who are being trafficked. We need to know the signs of being lured into trafficking so that parents, teachers and girls can learn how to detect a trafficker. I was also shocked to learn that while johns can come from any background, they are typically between 30 and 60 years old and have a good job. That really hit me because it describes exactly my bracket. And I began to wonder what would drive so many Canadian men to do this."

As a community, Boge said there are a number of things we must do to fight the battle against human trafficking.

"The first is to understand and believe in the value of women," he explained. "Purchasing sex is so damaging to the girl (and also the man). So at all levels of society, we need to reinforce this.

"The next is education. Parents, teachers, religious leaders and especially girls need to understand how traffickers operate — what are the signs? How do we avoid them? In addition, men need to be trained how damaging purchasing sex is. The girl does not want to be there. And boys need to be raised to say no. This starts in the home and communities need to reinforce this."

The True Story of Canadian Human Trafficking is Boge's eighth book. He is also author of *The Urban Saint: The Harry*

Lehotsky Story, Father to the Fatherless: The Charles Mulli Story and three additional books about Kenyan Charles Mulli, who rose from poverty and abandonment to save thousands of street children in Kenya.

When Boge is not writing, he works in engineering at his family's company, Boge & Boge.

Another book launch is scheduled for Sunday, June 3 at The Church at Pine Ridge following their 9 a.m. and 11 a.m. services, and on Monday, June 4 at the North Kildonan Manitoba Church at 7 p.m.

The True Story of Canadian Human Trafficking is available at McNally Robinson and through Castle Quay Books or the Joy Smith Foundation website.

Dr. George/Winnipeg Beach schools' spring recital more than fine

By Patricia Barrett

Hundreds of parents and teachers packed the Gimli High School gymnasium May 31 to hear a variety of musical numbers performed by grades 7 and 8 students from Dr. George Johnson Middle School, grades 6, 7 and 8 students from Winnipeg Beach School and the Gimli High School choir.

Band students performed favourites such as *Cowboy Cattle Drive*, *The Silver Scepter*, *Marching Grenadiers* and theme songs from *Pirates of the Caribbean* and *Star Wars*. The choir's *I'll Tell My Ma*, a fast-paced, knee-slapping story about a belle from Belfast, was performed in perfect unison.

Halfway through the performance, Dr. George's band director Heather Clarke held up a cartoon created by Gimli High School's band director Rob Chrol with the words "This is fine" between performances to inspire the band students, but their upbeat performances were more than fine.

In addition to showcasing their mastery on winds, percussion and brass, students provided polished introductions to the songs.

"Our first performance tonight is inspired by the high seas and features yours truly on percussion," said Winnipeg Beach's Grade 6 student Elizabeth, with reference to the song *Walking the Planks*. "Using only six notes, the nautically themed melody flows seamlessly as I walk the planks on the xylophone."

The delightful question and answer between the xylophone and the brass, with the winds chiming in for good measure, was eloquently performed

and Elizabeth received a big hug from band teacher Stephanie Marks for her spot-on timing.

Marks joined the Gimli High School choir for their ethereal performance of *You Will be Found*.

Dr. George Johnson's principal Jim Gibbs thanked parents and sponsors for supporting the students.

"This is something resembling a final exam for their big performance and their demonstration of what they've learned this year in their music program," he said.

School trustee and Band Boosters' member Dianna Auer thanked a number of generous donors for supporting the program. The Westshore Foundation provided a \$2,000 grant for a new saxophone, The RM of Gimli provided \$2,000 for a French horn, and the Cowell Family donated \$500.



EXPRESS PHOTOS BY PATRICIA BARRETT
Gimli High School choir performs with WBS band teacher Stephanie Marks (centre).



It doesn't matter if things go sideways, this is fine. Dr. George band teacher Heather Clarke provided a little inspiration during the show.



Dr. George Grade 7 students perform *Cowboy Cattle Drive*.



WBS Grade 6 student Elizabeth performed *Walking the Planks* on the xylophone



Dr. George Johnson Middle School Grade 8 students perform *The Silver Scepter*.



Nighthawk was the featured piece for the Grade 8 band.

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Derek Johnson

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June 8 & 9, 2018

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- Fireworks



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- 51st Miss Interlake Pageant
- Manitoba Simmental summer show, Big Daddy Taz



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www.lundaragsociety.com

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- Forage Seed and Sod Seeding Assistance Programs (financial assistance for the purchase of seeds and rental of a sod seeder)
- Rain Barrels and Composters (sold at 50% subsidize rate)
- Low Flow Toilet Rebate Programs (\$50 rebate off the purchase of a low flow toilet)
- Habitat Rehabilitation (repair degraded riparian and aquatic habitat)
- Surface Water Quality Testing (water testing at Swan Creek on a quarterly basis)
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- Community Tree Nursery Program (orders for multiple varieties of tree seedlings, up to \$80.00 will be covered by the WIWCD)
- Fuel Storage Tank Rebate Program (\$500 rebate off the purchase of a new double wall stationary fuel tank)



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The 66th Lundar Fair

Lundar Ag Society Presents

Friday, June 8th

8:00 am Breakfast Special at Concession Booth

9:00 Horse Show – Halter & Jackpot, Showmanship, English Classes

9:45 4-H Activities (Agri-Ed Centre) Beef Clubs Fisher Branch, Lundar, Trailblazers, Lakeside & Dolly Bay 4-H Beef Achievement Day

1:00 Horse show resumes – Western Classes, Trail stakes, Costume Class, 4-H Horse Classes, Novelty Classes, Speed Events, Costume classes (Horse Ring)

4:00 Beef Cattle Sales (Agri-Ed Centre)

5:00 Home Living Exhibits open if Judging Completed (Closes 9:30)
Commercial displays in Curling Rink
Antique Tractor Pull

6-10 Wristband Special – Saturn Shows Midway

7:30-10:30 Color War and Dance Parti
Battle stix, foam pit,
RCMP hockey speed challenge
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The 66th Lundar Fair

Lundar Ag Society Presents

Saturday, June 9th

7 - 9:00 am Pancake Breakfast at concession (Sponsored by B.P.O. Elks)

9:00 sharp Horse show - Draft halter classes

9:00 Home Living Exhibits Open in Curling Rink
Commercial Displays Open in Curling Rink
Miss Interlake (talent judging) at Lundar Legion Hall
Baby Contest - Lundar Catholic Church

9:15 Regular Beef Show & Manitoba Simmental Association Summer Show- starting with bulls

10:00 PUBLIC JUDGING OF PEN OF THREE (10-4) beside Agri-Ed Centre

11:00 Parade - starting at school grounds

12-6 Wristband Special - Saturn Shows Midway
O'Canada (Pipes & Drums of Manitoba)
Opening Ceremonies. Welcome, Presentations of Community Volunteer Awards

1:00 BBQ Beef Dinner Opens
Horse Show resumes with Hitch Classes
Open Pee Wee Showmanship (Agri-Ed Centre)

1:30 Registered Beef Classes resumes followed by Junior shows and \$1000 Jackpot Heifer Show (Agri-Ed Centre)

Freestage - Loa & Iris Thorkelson, L'il Bitty Steppers, Independence A Cappella
CKDM Petting Zoo opens

2:00 Antique tractor Pull

3:15 Miss Interlake (sportswear/formal wear; impromptu interviews at Freestage)

4:15 (Freestage) Dan Verville, Big Daddy Taz
Home Living Section Closed
Home Living Exhibits to Be Picked Up
Commercial Displays Closed

4:30 Crowning of Miss Interlake (Freestage) and Ag Society raffle draw

5:15



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Miss Interlake 2018 pageant contestants



Kaitlyn Christensen
Lundar

Hi, my name is Kaitlyn Christensen, daughter of Mathew and Nicole. I am 18 years old, graduating this June from Lundar High School. After graduation I plan on taking online agriculture course through Olds College, so I can stay at home and continue farming on our family dairy and beef farm. I spend most of my time on the farm, either with my cows or out in the field. I also enjoy hunting and fishing. My talent is photography.



Caitlyn Marshall
Lundar Beach

My name is Caitlyn Marshall and I'm 16 years old and representing Miss Lundar Beach with the help of my sponsor Irene Danielson. My parents are Richard and Carey Marshall. I'm finishing grade 11 this year and when I graduate next year I want to

go into nursing.

I'm actively involved with school sports (volleyball, soccer, badminton, track and field just to name a few), took dance classes (ballet, jazz, tap and jiggling) for nine years. I have a black belt in karate and I play the guitar. I also do volunteer work throughout the year for different group organizations such as Christmas hampers, reffing elementary school sports, helping deliver items Siloam Mission and Toy Mountain.

Some things that I enjoy are music, shopping, my friends and family, and exploring outside (canoeing, camping and archery). I currently tutor after school but am working as a lifeguard when Lundar pool opens for the season. My talent for Miss Interlake will be jiggling.



Tiegan Ann Smith
Teulon Chamber

My name is Tiegan Ann Smith, I am 16 years old and my parents are Sally and Tony Smith. I'm sponsored by the Teulon Chamber of Commerce. My talent at this year's pageant will be presenting a few pieces of my artwork. I am in grade 11 at Teulon Collegiate Institute. I have a job as a crepe artist at Whytefold Emporium, where I have worked for the past three summers. I have many interests, my main being art. I really love sketching, painting, mixed media and am now starting some digital art. I like taking photos of nature as a hobby. I enjoy playing sports,

my favourite sport is badminton. For school related awards I have received highest standing in my art class for the past three years, I am also an honour roll student. Through school I am involved in fundraising for various causes. I am in many school groups such as Helping Hands who volunteers at Siloam Mission some weekends and we also raise money for a girl and her two brothers in Columbia. I am a secretary on my school's Student Council and am involved in Teens Against Drunk Driving and Teen Talk. I love animals and I help my parents who own a small rescue shelter, I assist with the cleaning, feeding and rehoming of the animals. I volunteered at Teulon Elementary School last year and found that I really love teaching and helping young children learn. After graduating next year, I hope to attend the University of Manitoba to get a teaching degree.



Olivia Orbanski
Arborg

My name is Olivia Orbanski. I am 15 years old and am the eldest of three children of Sherri and Jon Orbanski of Arborg. Currently, I attend Arborg Collegiate in grade 10. I've maintained honour Roll since fifth grade. Being the eldest means I have a lot of responsibly with household chores and yard work, taking care of my siblings, and work on the farm and shop yard to help my family.

Figure skating is my primary interest. I spend a mini-

mum of 12 hours of my time a week on ice and I love every minute of it. I had a very successful year. I achieved a top fifth place in Manitoba at the Pre-novice competitive level. This year I achieved my highest score to earn a spot on the Skate Manitoba High Performance team. I have been volunteering as a CanSkate P.A. with the Arborg Skating Club since fourth grade. In the next two years I would like to achieve my level 1 NCCP to teach CanSkate, PowerSkate, and StarSkate.

My figure skating has taught me work ethic, accountability, confidence, discipline, dedication, respect, to be humble in victory and gracious in loss are among the most important I have learned over the years. My parents have always said the lessons I have learned through sport are far more valuable than the actual sport skills.

My other interests include track and field and dance. I earned the Kiwanis Dance Scholarship for 2016 and 2017. This year I helped teach Tap and Primary Tap dance groups to children aged 3-7 with Partners in Time Dance Company. I have chosen dance as my talent, it has been something I have loved to do since I was little.

I enjoy volunteering for the Evergreen Festival of the Arts, helping on Middle Year track events and for this year's Community Service and Volunteer day, I volunteered in a classroom at Arborg Early Middle Years. In grade 8, my school counsellor nominated me for the WOW award without my knowing. I was selected as a recipient. When I learned that the criteria involved were to make an impact in the youth around you, by being a healthy role model for community youth I was humbled to realize that someone had seen potential in me that I had not recognized. In helping teach children activities within my community, I have realized I would like to pursue a career in Guidance Counselling and teaching Physical Education.



Emily Weatherburn
Eriksdale

My name is Emily Katherine Weatherburn and I am 17 years old. My parents are Toni and Jamie Weatherburn. I grew up in the community of Eriksdale and I am sponsored by the Eriksdale Legion. I am currently attending grade 11 at Lundar School. I am a certified lifeguard and currently taking my Lifesaving Instructor course, which will prepare me to teach swimming lessons at the pool. Over the summer, I lifeguard at Lundar Pool. I enjoy curling, volleyball, math, and coaching my sister in soccer. When I graduate I plan on attending university to become an actuary. Going away to school has made me think about the importance of being aware of potentially dangerous situations, how to avoid them, and if need be to know how to defend myself. This has led me to choose self-defense as my talent. My community involvement has included volunteering at various events around the community of Eriksdale. Some of these events were working in the rink canteen, various teas, and luncheons and running for carnival queen. In the winter I help the Eriksdale Skating Club; this spring I am a soccer coach. I have worked at the Lundar Pool for two summers and curled out of the Eriksdale Curling Club for many years.

Wedding show brings tears, happy memories to Farmers Hall

By Caitlyn Gowriluk

Last week, Paulette Leduchowski walked into Farmers Hall in Gimli and saw something that brought tears to her eyes: the wedding dresses of her mother and sister, both of whom passed away decades ago.

"Oh, it was the best," said Leduchowski. "It was awesome and emotional."

The dresses were on display as part of the first-ever wedding show at Farmers Hall, which included various wedding displays and a vintage wedding dress fashion show.

The idea for the event came out of the hall's storied history of weddings, socials and other community events, said Elaine Klym, one of the owners of the hall.

"It's been a fixture in the Gimli community for close to 80 years," said Klym. "We thought it [would be] really neat to see if we could round up some wedding dresses from each decade that the hall had been around."

The hall collected dresses for about three months before they had to stop accepting gowns from certain eras, said Klym.

"We were absolutely overwhelmed by the response of the community, near and far," said Klym. "People [were] calling us about their wedding dresses that they have, and telling us stories about them, and where they came from, and who the people were."

The sold-out event ended up displaying over 90 wedding outfits, including 66 wedding dresses and several bridesmaid dresses, mother of the bride dresses and flower girl dresses. It also featured a vintage wedding dress fashion show, which included 12 flower girl dress models and 16 wedding dress models wearing dresses from different eras stretching back as far as 1909.

Each dress was also accompanied by the story behind it, which Klym said was one of the best parts of the event.

"There was a lot of emotional moments because, of course, many of

these brides have since passed on," she said. "It's a celebration of them. Every dress has a story; it represents a lifetime of married life together and everything that a couple has gone through. It just brought the stories out. More so than just being a dress, it's about a life lived."

The different styles of wedding dresses — linen or cotton in older dresses, beaded bodices as styles became more embellished, more extravagant ball gowns in the late 20th century — also reflected what was going on in social and political life at the time, said Klym.

"We had a hard time finding dresses from the '40s because those were the war years. There weren't a lot of weddings that were happening, and there wasn't a lot of money," said Klym. "It wasn't until the '50s, the post-war years, where the wedding dresses started becoming the style that we're more familiar with now: they're ball gowns and they're lacy and they have big hoop skirts and a lot of buttons and lace and long trains, really lavish and extravagant."

Leduchowski said her mother, who got married in 1935, sewed her burgundy crushed velvet wedding dress herself.

"She probably couldn't afford a white wedding gown or to purchase a wedding gown," she said.

While Leduchowski said it was nice to see the dresses on display, it was the way the stories behind the dresses were shared that was the most meaningful.

"They also had a video, and there was a picture of my sister with my mom and dad, and they're gone too," said Leduchowski, her voice cracking a little as she spoke. "It was an honour."

The hall's next wedding event will be a pop-up wedding ceremony on Sept. 22, Klym said. For more information, visit the Farmers Hall website at farmershallgimli.com.



Sixteen models and 12 flower girls participated in the first-ever wedding show at Farmers Hall on May 27.



Stephanie Johnson, Maggie Michaluk, Kaylie Johnson, Willow Josephson, Ashtyn Thorarinson, Alyssa Tomchuk and Kate Jonasson model wedding dresses at the Farmers Hall wedding show on May 27.



EXPRESS PHOTOS SUBMITTED

Flower girls (left to right) Benna Johnson, Adelynn Meier, Harlow Meier, Kaylee Bakos, Nora Eyolfson sit at the wedding show at Farmers Hall in Gimli on May 27.



The wedding show at Farmers Hall showcased 66 wedding dresses from 1909 to 2017 at the event on May 27.

Sailing the Great Lakes in support of Parkinson Canada

By Cassidy Dankochik

When Steve Van Vlaenderen was diagnosed with Parkinson's disease in 2011, he was told he had to stop sailing.

This was a big blow to the now 68-year-old, who had realized a lifelong dream of purchasing a sailboat only one year before.

But Van Vlaenderen didn't stop sailing, he kept going.

"I didn't do that of course," he said.

And seven years after his diagnosis, Van Vlaenderen is ready to set sail across the Great Lakes over the next two years. Van Vlaenderen will begin his journey in Superior, Wisconsin on Lake Superior with plans to finish at Sarnia on Lake Huron, where the boat will be stored for a year.

Next summer, his trip will resume, eventually ending in Montreal. He hopes the journey will raise awareness about Parkinson's disease, while he visits with various support groups along the route. Accompanying Van Vlaenderen on the trip is his partner Darlene Hildebrand. The duo will set sail on June 18.

"You don't have to give up on your dreams, even if you're diagnosed with Parkinson's," Hildebrand said.

Van Vlaenderen has been sailing up and down Lake Winnipeg since he bought the boat and said he has always dreamed of sailing across the Great Lakes. Planning for the expedition began four years ago.

Stops are planned along the way with both American and Canadian Parkinson's disease support groups. Van Vlaenderen and Hildebrand's goal for the trip is to raise awareness about the disease, which affects the nervous system and motor skills.

"It's one of these conditions that has been ignored for too many years," Hildebrand said.

There is currently no cure for Parkinson's disease.

"One of the important messages I want to bring out of this is to encourage people not to give up," Van Vlaenderen said.

Van Vlaenderen said that sailing has helped him



Steve Van Vlaenderen and Darlene Hildebrand will be travelling across the Great Lakes this summer raising money and awareness in support of Parkinson Canada.

deal with his Parkinson's symptoms.

"I always need a challenge to keep myself going," he said. "If I don't keep going, I seize up and the Parkinson's just advances really rapidly."

Van Vlaenderen doesn't limit himself to sailing for exercise. The senior has also taken up bodybuilding as a way to combat the disease.

"Science is finally supporting what Steve has seemed to know intuitively, that exercise is the best medicine for Parkinson's other than the few medications they can give," Hildebrand said.

The sailing is challenging for the duo, but they have put in many hours going across Lake Winnipeg, including multi-week trips. Van Vlaenderen's sailboat is a 31-foot-long Niagara named Cloud, and it's outfitted with everything needed for a long voyage.

"We've been told that if you can sail Lake Winnipeg, you can sail anywhere," Hildebrand said. "It's very isolated. Once we leave Gimli, we've learned to be totally self-sufficient. In some ways, the Great Lakes will be easier."



EXPRESS PHOTOS SUBMITTED

Steve Van Vlaenderen and Darlene Hildebrand stand in front of their 31-foot Niagara yacht 'Cloud' in Gimli before setting sail later this month in support of Parkinson's Disease.

Hildebrand said the biggest challenge they will face will be dealing with the increased volume of other traffic on the Great Lakes. The duo will be travelling approximately 800 nautical miles (approximately 1,400 kilometres) over the course of their journey this summer.

"Each body of water has its own challenges," Van Vlaenderen said.

Van Vlaenderen encourages people to follow along with their journey on their website, sailon.ca, where the duo will be posting pictures. They are also raising money for Parkinson Canada, and donations are accepted on the website.

"ONE OF THE IMPORTANT MESSAGES I WANT TO BRING OUT OF THIS IS TO ENCOURAGE PEOPLE NOT TO GIVE UP."

Arborg senior ball team making the plays

By Patricia Barrett

Arborg's 40-something guys are batting up for another summer of informal baseball and are hoping more men from across the Interlake join teams or form their own.

Arborg's team was formed last June with four or five guys, and by the time July rolled around, the team grew to 15. This year another five or so have joined. Not all players can make the games as some are farmers and need to tend to their fields, and some may be away on holidays.

"The goal is to get guys our age to come out, be active and have a little

fun," said Arborg's parks and recreation director Tom Chwaliboga, who's helping organize the games. "There's a bit of competitiveness because you still want to make the plays and the runs and do as best as possible, but it's nothing professional. There's no win or losses being kept in this league."

Chwaliboga said Fisher Branch, Teulon and the RM of Springfield formed teams and have been playing for a number of years, and Lundar once had a team. There may be a possibility for players to join teams in another community or start their own. The town leagues aren't affiliated with any

professional organization.

"It's nice for guys like us. We grew up playing baseball. We played a little slow-pitch but we really like hard ball and this is one way to play the game at a recreational level and keep active throughout the whole summer," said Chwaliboga. "There's nothing hard core, but at the same time, everybody wants to do well."

The teams will practise once a week, and in July and August they'll probably play at least one game per week with double headers on Sunday afternoons. Teams will rotate between towns.

"It's just a matter of getting a bunch of guys that are interested organized. You need a handful of guys that want to play the game, and they'll have to get the ball rolling," said Chwaliboga.

Once the schedule is firmed up, it will either be posted on Arborg's recreation website or Facebook page.

The first game gets underway June 8 in Arborg. The second game will take place in Teulon on June 15.

For more information, call Tom at the recreation centre at 204-376-5576 or 204-376-2236 or email tom.abprc@mymts.net.

get inspired

> MEAL IDEAS



Savory Zucchini and Fontina Muffins

cheese

Heat oven to 400 F. Line 12-cup muffin pan with large paper liners.

In large bowl, whisk flour, baking powder, salt and pepper. In separate bowl, whisk 1/4 cup pesto, olive oil, milk, sugar and egg; stir into flour mixture until moistened. Fold in zucchini and green onions.

Divide half the batter evenly among muffin cups; place cube of fontina on top of batter. Top each with 1 teaspoon remaining pesto; top with remaining batter.

Bake 15-20 minutes, or until golden brown and top of muffin springs back when pressed lightly. Let cool slightly; serve warm.

Tip: To make extra savory, add 1/2 cup cooked and crumbled bacon.

- Prep time: 15 minutes
Cook time: 15 minutes
Total time: 30 minutes
Serves: 12
- 2 cups all-purpose flour
 - 1 tablespoon baking powder
 - 1/2 teaspoon salt
 - 1/4 teaspoon freshly ground pepper
 - 1/2 cup Filippo Berio Sun Dried Tomato Pesto, divided
 - 1/3 cup Filippo Berio Extra Virgin Olive Oil
 - 3/4 cup milk
 - 1/4 cup granulated sugar
 - 1 egg
 - 1 cup shredded zucchini
 - 2 green onions, finely chopped
 - 12 cubes (1/2 inch each) fontina



Dealing With kids is a Reflection of Our Inner Selves

tell them to practice. It's a waste of time to yell at a child for yelling, or to hit a child for hitting. You will see an amazing difference when you begin to treat children the way you would treat a best friend. You can tell your child that you want to begin practicing treating each other with respect, gentleness and kindness (if you are ready to do this). Ask the child to let you know if anything you say or do is hurtful.

When she says that your tone of voice or facial expression wasn't very kind, it is important to listen, rather than to begin defending or justifying. Ask her to demonstrate a way that would feel better for her. Thank her for showing you and tell her you'll try in that way. Then do it. You will feel better; you'll both be learning about real communication, and you'll be giving your child a most incredible gift - the gift of being heard, and knowing her ideas have value.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on FaceBook for daily inspiration.

Children can be very powerful teachers, if only we would listen to them. The way we deal with our children provides us with a clear, uncensored mirror of how we use ourselves in the world. In dealing with other adults we often submerge our true feelings, because we do not want to appear bossy, selfish or critical.

With children, particularly if we are tired, angry or frustrated, we tend to resort to power and communication becomes very one-sided. While there certainly are times when we must set clear boundaries, it should not be at the expense of the integrity of the relationship. We should not use our power to belittle or undermine another's sense of self.

It is not always easy to look at our own processes honestly, but if we fail to do so, our bad habits will be passed directly on to our children. They copy what they see, not the behaviours we



Tomato and Tortellini Soup

- 1/2 teaspoon pepper
 - 1 package (12 ounces) fresh cheese tortellini
 - 2 tablespoons chopped fresh parsley
 - grated Parmesan cheese, for serving
- In large saucepan over medium heat, heat oil; cook onion, garlic, carrot and celery about 5 minutes, or until softened. Add pesto, basil, oregano and chili flakes; cook 1 minute. Add tomatoes, chicken broth, salt and pepper; bring to boil. Reduce heat and simmer about 20 minutes, or until slightly thickened.

In blender or using immersion blender, puree tomato mixture; return to pan and bring to simmer. Add tortellini; cook 8-10 minutes, or until tender. Sprinkle with parsley and Parmesan.

Tip: Dried basil can be substituted for 1 tablespoon chopped fresh basil, if desired.

- Prep time: 10 minutes
Cook time: 35 minutes
Total time: 45 minutes
Serves: 4-6
- 2 tablespoons Filippo Berio Olive Oil
 - 1 onion, finely chopped
 - 2 cloves garlic, minced
 - 1 carrot, diced
 - 1 stalk celery, diced
 - 1/2 cup Filippo Berio Tomato & Ricotta Pesto
 - 1 teaspoon dried basil
 - 1 teaspoon oregano
 - pinch of chili pepper flakes
 - 1 can (28 ounces) whole Italian-style tomatoes
 - 4 cups reduced sodium chicken broth
 - 3/4 teaspoon salt



Chicken Caprese Stuffed Spaghetti Squash

Bake, cut sides down, on parchment paper-lined baking sheet 45-50 minutes, or until tender. Let cool slightly. Using fork, scrape strands of squash into bowl; reserve squash shells.

In skillet, heat remaining oil over medium-high heat; cook chicken, onion and remaining salt and pepper about 5 minutes, or until chicken is browned. Stir in pesto; bring to simmer. Cook about 5 minutes, or until chicken is cooked through. Stir in cherry tomatoes; cook about 1 minute, or until slightly softened.

Toss spaghetti squash with chicken mixture; divide among reserved squash shells. Top with mozzarella cheese; broil 1-2 minutes, or until cheese melts. Sprinkle with chopped basil.

Tip: For a more savory dish, add chopped black olives or jarred artichokes, if desired.

- Prep time: 10 minutes
Cook time: 45 minutes
Total time: 55 minutes
Serves: 4
- 2 small spaghetti squash
 - 2 tablespoons Filippo Berio Robusto Extra Virgin Olive Oil, divided
 - 3/4 teaspoons salt, divided
 - 3/4 teaspoon pepper, divided
 - 12 ounces boneless, skinless chicken breast, cut into 1/2-inch cubes
 - 1 small onion, finely chopped
 - 1/3 cup Filippo Berio Classic Pesto
 - 1 1/2 cups halved cherry tomatoes
 - 8 ounces fresh mozzarella cheese, sliced
 - 2 tablespoons chopped fresh basil
- Heat oven to 400 F. Halve spaghetti squash lengthwise and scrape out seeds; drizzle cut sides with 1 tablespoon olive oil and season with 1/4 teaspoon each salt and pepper.

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Laxdal guides Stars to AHL final



Derek Laxdal

Staff

Derek Laxdal guided the Edmonton Oil Kings to a Memorial Cup championship in 2014.

Now, he is looking to win an American Hockey league title.

Laxdal's Texas Stars were tied at a win apiece with the Toronto Marlies heading into this past Tuesday's Game 3 in Cedar Park, Texas.

The Marlies won Game 1 by a 6-5 score but the Stars battled back to win the next one 2-1.

"I figured the game would tighten up a little bit," said Laxdal, a Stonewall native, during a recent media conference. "Both goaltenders settled in the series and got comfortable. I thought both goaltenders made huge saves at huge times."

Gavin Bayreuther's power-play goal early in the third was the game-winner as the Stars evened up the best-

of-seven series at 1-1.

"This was a big win for our group," Laxdal said. "Getting a split in Toronto, especially having a 4-2 lead (in Game 1 was huge). "We're settling into the series now and I think every game is going to have its own story."

Both games were played in Toronto.

Games 3, 4, and 5 will be played in Texas while the final two games of the series, if necessary, will return to Toronto.

Laxdal was named the fourth head coach in Texas Stars' franchise history on July 3, 2014, to begin his American Hockey League head coaching career.

In his first three seasons behind the bench for Texas, Laxdal guided the club to a solid 114-84-22-8 record and a pair of playoff appearances.

In his 15-year head-coaching career, Laxdal has made 13 trips to the playoffs and has produced an impressive

11 40-win seasons.

His coaching career began in 2002 as a mid-season replacement for the Central Hockey League's Wichita Thunder.

As a player, Laxdal was an eighth-round draft pick (151st overall) of the Toronto Maple Leafs in the 1984 NHL Entry Draft. He spent parts of six NHL seasons with the Leafs and New York Islanders, scoring 12 goals while adding seven assists in 67 games.

His professional playing career spanned 15 years and Laxdal appeared in 356 games at the AHL level — compiling 230 points (108 goals, 122 assists).

He won the 1990 Calder Cup as a member of the AHL's Springfield Indians and also claimed the 1997 B&H Cup with the Nottingham Panthers of the British Ice Hockey Superleague.

Midget Lightning to ice spring camp this weekend

By Brian Bowman

It may be June but the Interlake Lightning Midget program is already thinking hockey.

Interlake will be hosting its first-annual Lightning Male Midget spring camp this weekend.

"We want to promote 'AAA' hockey within our Interlake region and to provide an overview of our program for the parents and players," said Darren Bond, vice-president of the Midget 'AAA' Provincial team. "This is a way to bring players and parents together."

The camp will feature skill development sessions, inter-squad games, a dryland/fitness testing session, and a parent information/question-and-answer session.

The camp is not a tryout for the 2018-19 Lightning teams.

But it is an opportunity to meet the coaches, including the Provincial Midget's new head coach Jamie Corbett and City Midget head coach Mike Demidiuk.

Corbett was an assistant coach with the Manitoba Junior Hockey League's

Swan Valley Stampeders last season.

Previously, he was a head coach with the Winnipeg Monarchs in the City Midget League.

At the parent information session, the Lightning will be discussing exciting changes to both programs and the direction of these programs.

The two teams are looking forward to seeing all of Interlake's top players on the same ice in anticipation of a great 2018-19 season.

The male Midget numbers for the Lightning have been decreasing slightly in recent years. But there has been growth with the PeeWee and Bantam numbers, Bond noted.

"We are hopeful and encouraged that the numbers will be increasing as we move on," Bond said. "We're hoping the spring camp will positively engage our parents and players to enhance that growth."

In recent years, the Midget and City Midget teams have struggled in the win column.

The Interlake population is significantly smaller than that of other teams that they are competing against.

Although player development is always the main goal while preparing players for the next level, it would be nice to see more success on the ice.

"I think we're always mindful for what the records are for these teams and, of course, everyone wants to win," Bond said. "But I think our bigger picture is to develop good people and hopefully good hockey players as well."

"We have advanced quite a few (players) into the (MJHL) and (WHL) and other Junior 'A' programs in the country.

"We have seen significant player advancement and the feedback that we get from MJ teams is that Interlake players are hard-working, gritty, persistent players. We have a positive reputation with these organizations, which is great from our perspective."

More and more teams are hosting similar spring camps, meaning Interlake must keep pace with other programs in fear of losing quality players.

"There's more options for these kids so what we have to do with our program is offer value to our parents

and players," Bond said. "We have to change. It's not to say what we did in the past was wrong, but what happened in the past might not work for what's happening today."

Cost for the Lightning spring camp is \$50 per player, with each player receiving a \$50 discount on their fall try-out camp fees (essentially making this camp free).

Here is the schedule of the camp:

Friday June 8 6:30-7:30pm on ice Gateway 7:45-8:30 p.m. dryland/fitness testing Gateway (players can leave once they're done the fitness testing).

Players will be notified which Saturday morning ice session they will attend after the fitness testing.

Saturday June 9 8:45-9:45 a.m. on ice Bell/MTS Iceplex ACU GROUP 1 10-11 a.m. on ice Bell/MTS Iceplex ACU GROUP 2 11-11:30 a.m. parent information/question-and-answer session Bell/MTS Iceplex boardroom 1:30-3 p.m. on ice Bell/MTS Iceplex ACU

Sunday June 10th 2:45-4:15 p.m. on ice Gateway 8:15-9:45 p.m. on ice Gateway

Arborg Collegiate wins big at Zone 5 track championship

By Cassidy Dankochik

In the end, it came down to four points separating Arborg Collegiate's 275.5 points from Fisher Branch Collegiate's 271.5 to determine the winner of the MHSAA Zone 5 Track and Field "A" banner in Stonewall on May 29.

Fifth place in an event gives you four points and it was Arborg's sprinters that made the difference.

Not only did Austin Adair and Brenna Barylski take home top spot in the boys' and girls' junior varsity 100-metre events. Barylski's 4x100 relay team, which included Olivia Orbanski, Jessica Monkman and Natasha English, finished first while the boys' junior varsity 4x100 team of Tyson Barylski, Matthew Bazilewich and Cadrick Dueck placed second.

Arborg's varsity boys' 4x100 team of Connor Yarema, Nolan Paulson, Dori Jones and Liwel Delos Trinos placed second behind Stonewall.

Arborg Collegiate track coach Haley Fisher said their performance was the culmination of a lot of hard work from their athletes.

"We spend a lot of time working on hand-offs, to figure out where the transfer is best. I don't want to give away too many trade secrets," she said with a chuckle.

Fisher said they were hopeful they could win the banner for a second straight year, but knew it would be a challenge.

"We went in knowing Fisher Branch had more athletes than us," she said. "It was pretty amazing that we could

achieve (winning the banner)."

Fisher had a great view of one of the definitive events for Arborg, as she ran the discus, and saw Arborg athletes take the top three spots in the girls' junior varsity event.

But it wasn't just the other competitors Fisher had to worry about, as rain the previous day, as well as rain during the event played havoc with the surfaces.

"Even when we got to the discus area, there was a lot of debris that had clogged up the drain. The throwing circle was full of water," she said. "The mud that came into the throwing circle was difficult for the athletes."

Rene Comeault, who organizes track and field across the zone and coaches the Warren team, said Arborg is a team to be reckoned with.

"Arborg is poised to take the meet over next year," he said. "They're ready to take the next step as zone leaders. I'm passing the baton off so to speak to their coaching staff."

Another accomplishment for Arborg at the meet came from Connor Yarema, whose shot put throw at 12.60m in the pentathlon set a new zone record.

Yarema demolished the previous record of 11.65m held by Kenny Durocher.

Not to be outdone, Nelson Wallace of Fisher Branch walked away with a varsity boys' pentathlon record of his own.

His time of 2:13.69 in the 800m event beat out the previous record by two seconds.

Fisher Branch may have come up just short of winning the banner, but that doesn't take away from their ac-

"ARBORG IS POISED TO TAKE THE MEET OVER NEXT YEAR. THEY'RE READY TO TAKE THE NEXT STEP AS ZONE LEADERS."



EXPRESS PHOTOS BY CASSIDY DANKOCHIK AND JO-ANNE PROCTER
Arborg Collegiate's Athletics finished in top spot to win the MHSAA Zone 5 Track & Field 'A' banner on May 29.

complishments.

They were led by Rofiat Badmos, who entered and won three events, taking home top spot in the 800m, 3000m, and long jump at the junior varsity level.

Fisher Branch track coach Kyler Notveit noted Badmos' work ethic.

"She pushes herself. She trains outside in the winter with her snow boots."

Badmos said she's driven by a love for running.

"I do it mostly for enjoyment," she said.

"I like the way I can jog and look at the trees."

Badmos expects tougher competition at provincials.

"I'll have to practise a lot more," she said.

Other notable results for Arborg:

Jessica Monkman won the junior varsity girls' shot put.

Olivia Orbanski placed second in junior varsity girls' 80m hurdles and third in triple jump.

Jared Sweetland placed first in junior varsity boys' discus and third in shot put and javelin.



Fisher Branch's Nelson Wallace set a new zone record in the varsity boys' 400m pentathlon event.

The focus now shifts to the MHSAA Track and Field Provincial Championships at the University of Manitoba where athletes who qualified will compete this Thursday through Saturday.



The Cougars' Rofiat Badmos, won the junior varsity girls' 800m and 3000m races and long jump.



Arborg Collegiate's Olivia Orbanski, front, receives the baton from teammate Brenna Barylski in the junior varsity girls 4x100 relay. Arborg won the relay.



Nolan Paulson of Arborg finished second in the varsity boys' 3000m, third in the 800m and third in the 1500m.

Local players taken in MJHL Bantam draft

By Brian Bowman

Manitoba Junior Hockey League teams were building for the future at the league's annual Bantam draft last Sunday.

And some local players caught the attention of MJHL teams.

Argyle forward Brett Tataryn was selected ninth overall by the Portage Terriers. Tataryn had 18 goals and 30 points in 32 regular-season games with the Interlake Lightning this past season.

Warren defenceman Kaden Stewart was selected in the fourth round (40th overall) by the Winkler Flyers.

With the next pick in the draft, the OCN Blizzard snagged Peguis forward Colby Bear.

The Selkirk Steelers, meanwhile, had the fifth overall pick and selected St. Andrews' defenceman Jared Chapel.

He scored three goals and had 12 assists in 29 regular-season games for the Rink H.A. Nationals Bantam Prep team.

In the second round, Selkirk took Winnipeg Sharks' forward Mathieu Catellier.

Catellier is an offensively-talented player, who had 26 goals and 57 points



Brett Tataryn



Kaden Stewart



Colby Bear

in 32 games this past season.

The third round saw Selkirk pick Winnipeg Monarchs' blueliner Sam Mitani.

With their next pick, the Steelers chose Winnipeg Warriors' forward Michael Tanchak.

Selkirk did not have a pick in either

the fifth or sixth round as they were traded away to Portage and Neepawa.

Other players from the surrounding area taken in the draft included:

East St. Paul's Branden Huminuk by the Winnipeg Blues (first round, sixth overall).

St. Andrews' Ryland Kuczek by the

Viriden Oil Capitals (fourth round, 43rd overall).

Narol's Aiden Dufault by the Neepawa Natives (fifth round, 47th overall).

West St. Paul's Adam Ingram by the Portage Terriers (fifth round, 53rd overall).

Interlake athletes excellent at World Sikaran Championships

By Brian Bowman

Interlake athletes did exceptionally well at the World Sikaran Championships which were held May 5 in Winnipeg.

The three students were representing Kali Tribe Academy's Beaches Martial Arts.

The Interlake students placed anywhere from first to third in their respective divisions.

"They did really well," said Eddie Miller, who runs the local club located in Gimli. "The city kids train three, four times a week and there were a number of countries there, too."

"But our rural country kids ended up coming home with some hardware."

Students train twice a week, once in Gimli and another in Winnipeg, on Mondays and Thursdays.

The local club has about a dozen students this year, said Miller. They had as many as 20 one year and hope to grow in future years.

Miller has been teaching in the area for a number of years. His students

consist of mostly kids and a "couple of" adults.

There were athletes representing five countries at the Winnipeg competition.

Here are the local results:

Josh Tourand (Spruce Sands) Beginners (White - Orange Belt) under 17 second (weapons), third sparring, and third knife.

Will Smith (Gimli) Intermediate (Green-Purple Belt) under 17 first weapons forms, second empty hand forms, second knife sparring and third stick sparring.

Matt Smith (Gimli) Beginners (White - Orange) under 17 second stick sparring, third beginners empty hand forms, third knife sparring

Other student results included:

Greg Pitre (Winnipeg)

Intermediate Adult second adult intermediate weapons, third stick sparring, third knife sparring

Myah Miller - (Winnipeg) Beginners (White Belt) under 17 first stick sparring



EXPRESS PHOTO SUBMITTED

Interlake students performed well at the World Sikaran Championships.

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AUCTIONS

Firearms Auction June 23rd, 2018 - Three sessions live and online. Bidding starts June 6th -22nd. www.switzersauction.com. Toll-free 1-800-694-2609, Email: paul@switzersauction.com. Estates and collections wanted. Switzer's - Canada's #1 Firearms Auction.

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Sunday June 24th 11:00 am

Arnes, MB

North of Gimli On Hwy 8 10 Miles Then 2 Miles West On Arnes Rd #16144
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MOOSEHORN CO-OP

Now Hiring Food Clerks

Ashern and Moosehorn Co-op are looking to hire a new food clerk at both locations.

Drop of applications:
at Admin Office or

Contact Naomi Kippen Ashern (204) 768-2546
Kathy Price Moosehorn (204) 768-2770

Benefits:

Flexible Scheduling

5% Employee Rebate on purchases with membership

Bonus Incentive

Tuition Reimbursement, if you are looking to take courses to further a career within the co-op retailing system.

There is opportunity for advancement within the co-op. Co-op offers a number of programs to provide employees with the skills and knowledge they need to succeed.



EMPLOYMENT OPPORTUNITY Economic Development Officer

The desired applicant will perform a variety of administrative, technical and professional work to research, prepare and implement economic and community development plans, programs and services.

This is a part time position - 3 days per week from April to September (approximately 21.75 hours per week) and 2 days per week from October - March (approximately 14.5 hours per week). There is one CDC meeting per month that would be in addition to the part-time hours. The potential exists for the successful candidate to occasionally work from home.

The applicant should possess the following skills:

- A self-motivated individual, with the ability to work with minimal supervision
- Have excellent oral and written communication skills
- The ability to perform varied and multiple tasks within deadlines.
- Computer skills required
- Dedicated team player
- Willingness to attend training for Economic Development Officers as well as educational workshops and seminars

Job Description:

- Administrative - managing the day to day affairs of the CDC (meeting agendas and minutes, correspondence, coordinating reports)
- Researching funding opportunities
- Proposal writing
- Project development, management, and promotion
- Public speaking and delivering presentations
- Marketing and promoting the community

Hours & Wages negotiable with experience and qualifications.

For more information contact CAO Shelly Schwitek, 768-2858. Submit detailed resume on or before June 20, 2018 by 4:30 p.m. to the RM of Grahamdale Municipal Office, PO Box 160, 23 Government Rd., Moosehorn, MB R0C 2E0. Email: rm606@tcmsnet.com or Fax: 768-3374

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JOIN THE POWER LINE TECHNICIAN TRAINING PROGRAM

Power Line Technicians build and maintain electrical transmission and distribution systems. This four-year apprenticeship program includes on-the-job training and 10 weeks of trade schools. Requirements: high school diploma, Mathematics 40S (Applied or Pre-Calculus), Physics 30S and English 40.

INDIGENOUS LINE TRADES PRE-PLACEMENT TRAINING PROGRAM

Indigenous candidates who do not meet the qualifications can apply for a six month Indigenous Line Trades Pre-placement Training Program to receive training and academic upgrading to meet the requirements needed to apply for the Power Line Technician Training Program. Requirements: Proof of Indigenous Ancestry, high school diploma with at least one of the credits above.

Deadline: **June 20, 2018**

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HOTLINE cook req'd. Seeking part time breakfast, lunch & dinner cook. Must have some kitchen experience. Call CRAVINGS RESTAURANT 204-467-9078 or cravingrestaurant@hotmail.com

HELP WANTED

Class 1 Driver required. Part time, year round work. Minimum 3 years Class 1 driving experience required. Email: dbcawson@mymts.net

FT cook req'd at Rockwood Motor Inn. Above average wage. Experience req'd. Call Sheri at 204-467-2354.



MOOSEHORN CO-OP AT ASHERN IS HIRING A NEW MEAT CLERK

Drop of applications: at Admin Office or

Contact Naomi Kippen (204) 768-2546

Benefits:

Flexible Scheduling

5% Employee Rebate on purchases with membership

Bonus Incentive

Tuition Reimbursement, if you are looking to take courses to further a career within the co-op retailing system.

There is opportunity for advancement within the co-op. Co-op offers a number of programs to provide employees with the skills and knowledge they need to succeed.



RURAL MUNICIPALITY OF GIMLI PARKS AND RECREATION DEPARTMENT FULL-TIME EMPLOYMENT OPPORTUNITY

Position: Manager of Parks and Recreation Services 40 hours per week. Position may require evenings and weekend shifts.

The Manager of Parks and Recreation Services will oversee the operations of the Gimli Recreation Centre and all other public park spaces and buildings, including Gimli Beach, and the Outdoor Aquatic Centre.

The Municipality is seeking a Manager with strong leadership skills and the expertise to manage the planning and direction of a broad spectrum of recreation, sport and leisure programs and services. With a population of over 5,700 permanent residents, Gimli is strongly characterized by its Icelandic culture and positioned on the shores of Lake Winnipeg, within a 50 minute drive of Winnipeg. Gimli's location, services and recreation opportunities make it an attractive place to live and visit.

Reporting to the Chief Administrative Officer, the Parks and Recreation Manager is responsible to plan, develop & monitor recreation, sport & cultural activities and events, budgets, policy, direct department staff, promote programs along with volunteer and leadership opportunities and provide training as required to meet the recreation and leisure needs of the community.

The ideal candidate will bring to the position:

- A post-secondary degree from a recognized university or college in Recreation, in combination with 5 years recreational experience. Equivalencies will be considered
- Knowledge in recreation, sport and leisure program and event development, promotion, administration and evaluation; an understanding of municipal government; and methodology for identifying program demands and trends
- Effective interpersonal skills together with excellent oral and written communication abilities and report writing skills
- Working experience in a unionized environment with proven leadership skills, ability to handle multiple priorities and work independently
- Ability to effectively plan, organize, problem solve and make decisions
- Knowledge and experience in relevant legislation, emergency procedures, first aid and CPR
- A motivated, self-starter that has the ability to work with a broad range of volunteer and community organizations
- Computer literacy is required, including experience with word, excel, power point, accounting programs, etc.

The RM of Gimli offers a competitive compensation and benefit package. Compensation will be based on qualifications and experience. Qualified applicants are invited to submit a confidential cover letter and resume complete with references by 4:00 p.m. on June 20th, 2018, to:

Kelly Cosgrove, ACAO
Rural Municipality of Gimli
62 - 2nd Avenue, PO Box 1246
Gimli, MB ROC 1B0
Email: kcosgrove@rmgimli.com

We thank all applicants for their interest; however only those selected for an interview will be contacted.

RURAL MUNICIPALITY OF GIMLI UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter(s):

THE RURAL MUNICIPALITY OF GIMLI BY-LAW NO. 18-0011

Being an amendment to the Gimli Zoning By-law No. 11-0013, as amended.

HEARING LOCATION:	RM of Gimli Council Chambers 62 - 2nd Avenue, Gimli, MB
DATE & TIME:	June 27, 2018, 7:00 pm
AFFECTED AREA:	Pt. of SW ¼ 33-18-04 EPM Pt. Roll 104850
GENERAL INTENT:	To rezone an area in the RM of Gimli from "AL" Agricultural Limited Zone to "SRR" Residential Resort Zone as part of a residential subdivision (RMG-18-02S).

FOR INFORMATION CONTACT:

Nancy Thom,
CAO/Development Officer
Eastern Interlake
Planning District
62 - 2nd Avenue,
Box 1758 Gimli, MB ROC 1B0
Ph: 204-642-5478
Fax: 204-642-4061
Email: eipd@mymts.net
web: www.interlakeplanning.com



A copy of the proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken there from upon request.

Please Note: E.I.P.D. recommends that property owner's notify lessee/renter if applicable.

SUMMER EMPLOYMENT OPPORTUNITY

Maintenance Assistants in various facilities for various locations within the IERHA:

Locations: Arborg, Eriksdale, Fisher Branch, Lundar, Teulon, Selkirk & Stonewall
Competition number: IERHA 716/18

Please refer to complete job posting in Careers at www.ierha.ca

Please apply on-line at www.ierha.ca or fax (204) 785-4736, stating competition number and location. Deadline for submissions is Tuesday, June 19, 2018 at 4:00 pm.



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Regional Health Authority

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For sale: white kitchen appliances: Frigidaire 30" stove and Broan range hood- 30", GE microwave oven- 1100 watts, Kelvinator Fridge - H-64", W-30", Frigidaire dishwasher - quiet clean. All in very good condition, asking \$500 for all or will sell individually. Great for cottage or extra set in basement. Buyer must pickup and remove. Contact: 204-482-7142.

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Camper fridge for sale. Propane, electric & 12 volt. Good working condition. Asking \$450. Call 204-641-0603 or 204-376-2495.

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1981 IHC 886, cab, 5330 hours, tires near new, 2 pair remotes, 540/1000 PTO. Very nice unit. \$11,500. obo. Call 204-278-3392 (Inwood).

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PUBLIC SERVICE ANNOUNCEMENT

Manitoba Angel Dresses is a not for profit organization in Manitoba who provide bereavement clothing for infants who do not survive. Volunteers transform bridal gowns into Angel items and are gifting them to grieving families at no cost. Please help we are currently in need of donations of embellishments, such as hearts, butterflies, ribbon and ribbon flowers and notions such as thread, lace, elastic, baby yarn in pastel colours. If in doubt please ask us. Contact us at info@manitobaangeldresses.com or Joan at 204-668-6003 or Diane at 204-635-2862 or see our wish list on Amazon at Manitoba Angel Dresses. Thank you.

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 Call 467-5836

ANNOUNCEMENT

WEDDING SOCIAL ANNOUNCEMENT

Wedding social in honour of Austin Einarsson (son of Brenda and Einar Einarsson) and Renelyn Teano (daughter of Evelyn Teano) on Saturday, June 9th From 8 p.m. - 1 a.m. At the Gimli Rec Centre Tickets at Viking Hotel and Kaffe Haus

Remember Your Loved Ones with an Announcement in the

 Call 467-5836 or classifieds@expressweeklynews.ca

OBITUARY

Lynda Wilson (nee Bremner/Mattern) November 1, 1947 - May 25, 2018



Suddenly, on May 25, 2018 at her residence in Selkirk, Mb, Lynda Wilson, aged 70 years passed away. She was predeceased by her husband Leonard; parents Donald and Gloria; and brother George. Lynda is survived by her brothers Brian and Gerald; sister Bridget (Adrian); nephew Jordan; niece Shelby; close friend Valerie and her adopted sister Jean. Lynda was born in Winnipeg, MB and moved to Winnipeg Beach at a young age to live with the Mattern family. She married the love of her life Leonard in 1981 and continued to live in Winnipeg Beach and later in life moved to Gimli, Mb. After Leonard passed away in 2005, Lynda ended up residing in Selkirk. She loved gardening, swimming, coloring, doing puzzles, playing bingo, biking, and getting her hair and nails done.

A memorial service will be held on Tuesday, June 5, 2018 at 11:00 a.m. in the Gilbert Funeral Chapel in Selkirk, Mb. Condolences, photos and videos may be left on Lynda's tribute wall at www.gilbertfuneralhome.com.

Gilbert Funeral Home, Selkirk in care of arrangements.



"Ukrainian Farmers Co-op" ANNUAL MEETING

June 13th ,2018

7:00pm @ The Ukrainian Hall

Directors Wanted!

Ukrainian Farmers Co-operative Ltd. Invites nominations for the position of Director, to be elected by ballot in 2018.

Nominees must meet the qualifications and requirements specified by the Co-op bylaws and all nominations must be submitted in writing no later than 6:00pm, May 31st, 2018.

For details on Director qualifications and nomination forms, please speak with our General Manager, Kyle Yaciuk, at our admin office.



- Ukrainian Farmers Co-operative Ltd., P.O. Box 160, Fisher Branch, Mb, R0C-0Z0

EMPLOYMENT OPPORTUNITY

Sawmill Workers required immediately.
 Must be reliable and follow directions well.
 Must be a team player.

Spruce Wood Loggers is looking for an energetic person who is physically able, punctual, promotable, trainable and can work with others. Must be at least 18 years of age have a class 5 drivers license and dependable transportation.

We are located approx. 18 miles north of Arborg.

Email resume to: swl@lakenet.ca or call 204-378-2997 References required.



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