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VOLUME 3 EDITION 21 THURSDAY, MAY 26, 2016

WEEKLY NEWS

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Pucker up



EXPRESS PHOTOS BY PATRICIA BARRETT

Principal Brad Harding pulled a face after he smooched the adorable Arnold, making the kids laugh at the Arborg Middle Years School fundraiser. Harding raised \$105.95. Each of the teachers who raised \$100 or more for new playground equipment got a kiss from piglet, raising a total of \$1,577.10.

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Piglet gets a little too fresh at Arborg School fundraiser

By Patricia Barrett

Arnold the piglet was the star attraction at Arborg Early Middle Years School last Friday afternoon during a playground fundraiser that raised a total of \$1,577.10 for new swings and other equipment.

Three Grade 8 students, Briana Oliver, Hannah Pearce and Savannah Blandford helped organize the event after brainstorming for ways to raise money for new equipment for the middle years students.

Oliver said she found the novel idea on the Internet.

"At the beginning of the year, I came across the idea to kiss a pig," said Oliver, who sits on student council.

Arnold's owners, Arthur and Karen Gislason, who live near Geysir, offered his kissing services to teachers who raised \$100 or more.

Their daughter Corrine Einarson and her son Matthias, who attend the school, were on hand to celebrate the fundraiser, which was held near the playground.

Lynette Oliver, food store manager at the Arborg Co-op, helped find Arnold by asking her co-worker Wanda Danard for help.

"If you're ever stuck for anything," she said, "call Wanda."

Grades 5 and 6 teacher Tanya Harding, who helped organize the fundraiser, thanked the three Grade 8 students for their efforts and then presented each teacher with a pink certificate.

Principal Brad Harding, who raised \$105.95, pulled a face after kissing the piglet, causing the students to erupt into laughter.

He said an anonymous donor stepped up to help a few teachers who fell short of the \$100 goal.

The new playground equipment is estimated to cost \$41,000, said Harding. The pebbled area under the early years students' swings, which are new, cost \$10,000 alone.

"The Parent Advisory Council has been applying for grants and doing fundraising," said Harding.

Arnold got a little too frisky with the last teacher to offer her affection.

When grades 7 and 8 teacher Wanda

Sparkes leaned in for her kiss, Arnold nipped her on the lip.

Sparkes took it all in stride.



Arnold the piglet got a little too fresh with Grades 7 and 8 teacher Wanda Sparkes, nipping her on the lip when she leaned in for a kiss.



Grades 5 and 6 teacher Tanya Harding raised \$100.15.



EXPRESS PHOTOS BY PATRICIA BARRETT

Arborg Early Middle Years students organized a Kiss the Pig competition to raise money for new playground equipment. Left to right: Hannah Pearce, Wanda Danard holding Arnold the piglet, Briana Oliver and Savannah Blandford.



The teachers who raised \$100 or more for new playground equipment got a kiss from Arnold the Piglet.

Ashern Restaurant suffers break-in

Staff

RCMP are calling a recent break-in at Good Neighbours Restaurant in Ashern an isolated incident.

RCMP members were called to the restaurant at 10:30 a.m. on May 15 to investigate the report of a break-in. Restaurant owner Bill Meads said that a window was broken in the back area of the kitchen that allowed

the thief entry. Meads said that thankfully not much was stolen, just some alcohol and the money remaining in the cash register.

He said that in situations like this, the worry is vandalism, costing the business more money in insurance. He said he is looking at the incident as glass half-full because it could've been much worse.

RCMP spokesperson Sgt. Bert Paquet called it an "opportunistic crime" and one that was isolated. He said that the RCMP believes the break-in happened sometime after 8:30 p.m. Paquet said that there are no suspects at this time and that the investigation is still ongoing.

Meads was uncertain of the total cost of items stolen and damages.

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Motorcycles to hit the street for Ride-In Rally

Project New Hope Canada motorcycle rally set for June 4 in Teulon

By Natasha Tersigni

Motorcycle riders, prepare to start your engines.

After months of planning, organizers of Teulon's first Ride-in Rally are in full gear and ready for the multitude of events taking place at Green Acres Park on June 4.

The rally will kick off at with a pancake breakfast from 8 to 10:30 a.m. At 9 a.m., riders will depart on the motorcycle poker derby throughout the Interlake that includes stops in Winnipeg Beach, Gimli and Inwood.

When riders return at 1:30 p.m., there will be presentations and then motorcycle skill games including a slow race, a water balloon toss, circle toss, and a ball and cone course. Events and entertainment will continue at the park until 7:30 p.m. including a motorcycle show n' shine and beer gardens hosted by the Teulon Curling Club.

All proceeds from the event will go to Project New Hope Canada, a not-for-profit organization that provides combat veterans and their families the education, training and skills necessary to manage their lives after operational service through the provision of family retreats, seminars and workshops.

"With it being the first event, it is



EXPRESS PHOTO SUBMITTED

Dave Leduchowski, one of the organizers of the Teulon Ride-In Rally for Project New Hope Canada, is looking forward to the event on June 4, which features a pancake breakfast, motorcycle poker derby ride throughout the Interlake, motorcycle games and an antique motorcycle show n' shine.

very exciting and I am hoping for a great turnout from the community and riders from across the province," said organizer Dave Leduchowski, who is hoping that the motorcycle rally can turn into an annual event.

"Pretty much anyone who rides a motorcycle in Manitoba, if you ask them about the Cavalier Motorcycle Ride-In, they will know what you are talking about. Every summer, it takes place in Cavalier, N.D., a town about 1,500 people, and in 20 years, it has grown to where 6,000 people attend

the event and there are 4,000 motorcycles there for the rally. We are hoping for our rally to grow over the years and be a similar event in Manitoba."

Admission for the event is \$15 per person at the gate or \$12 if you pre-register online at the Project New Hope Canada website. With gate admission, tent camping in the park is free Friday and Saturday night for rally attendees. For more information, contact Leduchowski at 204-206-0297 or by email at davidleduchowski@gmail.com.



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Winnipeg Beach to welcome bigger beach this summer

By Lindsey Enns

A portion of upgrades to a popular beach community's beach and boardwalk are expected to wrap up sometime next month, according to officials.

The southern part of Winnipeg Beach's beach will reopen sometime in June while the north side is expected to be completed sometime later this summer.

"That's a good thing from our perspective," town's CAO Kerry Lawless said, adding that once complete, the bigger beach and new concrete boardwalk should bring more visitors to the area.

"Businesses are certainly hoping for a rebound this year. It can't be anything but positive for the town."

Last year, the province announced it would provide up to \$5 million to help repair Winnipeg Beach's seawall and boardwalk after it was severely damaged during a storm last May long weekend.

The project's plans include extending the beach's current steel wall to the damaged areas and pushing the seawall back further to provide more beach space while extending the boardwalk.

Sheila Pilgrim, who has called Winnipeg Beach home for nearly 18 years, said she's looking forward to seeing the finished project.

"We'll have a nice beach again and the boardwalk is much nicer than what they had before," Pilgrim said while checking out the construction area last Wednesday afternoon. "We come every few days to see how they are doing."

Richard Romaniuk, regional parks superintendent, said construction started back in January and has been moving along "very well."

"We're anticipating that the main beach will be reopened to the public by the middle of June," he said. "We're anticipating that we will reopen the north section of the beach this summer but at this time we're not exactly sure when that will occur."

Once complete, Romaniuk said the entire project will hover around the \$4 million range, which is being covered by the province.

Last week, construction crews could be seen laying the ground work for the new concrete boardwalk and seawall.

Romaniuk said switching the old boardwalk, which was made up of wooden planks, to concrete will help it stand the test of time.

"Wood has a limited lifespan and what we were finding is a lot of the boardwalk was at the point where the boards needed to be replaced," he said. "Concrete is more durable. It will stand up better when we have the heavy wind storms in the fall."

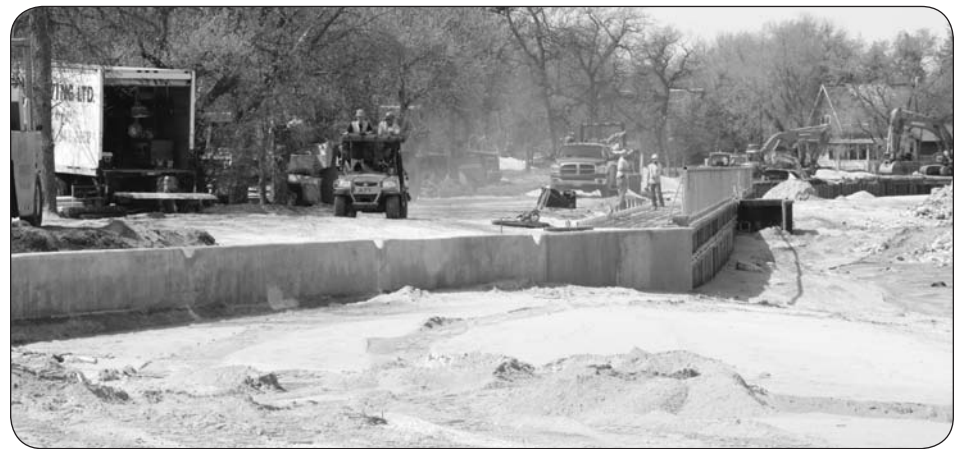
Romaniuk added fill from the project is also going to be used to raise up Winnipeg Beach's soccer field located near the boardwalk to prevent future flooding.

He said that field will be out of commission this summer but will likely reopen next summer.

"That area has been traditionally an issue for us in the past. It's very low lined with poor drainage," he said, adding they will be installing some drainage and elevating the area so the field can be used after heavy rains. "It will make the area useful for longer during the summer."

Romaniuk would like to remind residents to stay behind the construction zone while coming to check out the project.

"We do have a lot of people who will



EXPRESS PHOTOS BY LINDSEY ENNS

Construction continued along Winnipeg Beach's new extended beach and boardwalk in the town last Wednesday afternoon.



A passerby stops to check out the construction area in Winnipeg Beach last Wednesday.

walk up to the fence and take a look," he said. "Our contractor has had to ask a number of people to get behind the fence so we would just encourage people to be patient with us."

"We're working as quickly as we can to get it reopened."

In an earlier interview with the *Express*, Winnipeg Beach Mayor Tony Pimental said "this project will allow for future public and private investments thanks to the increased protection the repaired seawall can offer from storms and flooding."

Youth Job Centres holding info nights

By Jeff Ward

The Manitoba Youth Job Centres (MYJC) for Ashern and Lundar are holding info nights next weekend in the hopes of getting youth interested in participating in what might be their very first job.

As the youth engagement leader for Lundar, Delaney Appleyard said that she's looking forward to a summer filled with helping youth building job skills. It's important for youth to be involved in the program because the centre can help improve their chances of being hired later on by improving their resume, interview and job

searching skills, she added.

The info nights take place on June 1 and 2 from 4:30 to 7 p.m. at 35 Main St. in Lundar. The Ashern info session, run by Jennifer Jerney, takes place June 1 from 11 a.m. to 4:30 p.m. at the tourist info booth at Sharptail Park. Both events will have refreshments available and an opportunity to learn more about how youth can become involved and what they could potentially be doing.

"The MYJC offers services crucial to getting a job such as writing resumes and cover letters," said Appleyard, who's in her second year as engage-

ment leader.

"The MYJC can also help homeowners and businesses find qualified youth to work for them. I hope to be doing resume presentations as well as several one-on-one resume-building sessions at Lundar School. I hope to do many, many mock interviews over the summer as well."

Appleyard said that she's also looking to bring in several new events this summer to the centre for the Odd Job Squad such as cookbook sales, paint nights and Sunset Gourmet food sales.

Matching youth with working op-

portunities is an ongoing process for Appleyard, who is constantly doing employer visits and consultations to find out the needs of the communities. She will also be talking to schools in each community before the year is done to get youth thinking about working this summer.

"We encourage students and youth over the age of 12 to register with our office. Just drop by and we will be happy to work with you," she said.

Anyone looking for more information is encouraged to contact the MYJC office in Lundar at 204-302-1018.

Contractor to break ground with new mobile home shop

Shop's opening is an employment boost for First Nation

By Austin Grabish

The finishing touches are being put on a new mobile home construction shop on the Fisher River Cree Nation, paving the way for new jobs and houses for flood-ravaged communities.

The power wasn't hooked up yet last Friday, but by next Monday, First Nation Builders and Supplier will have a fully functioning brand new shop.

The company's owner Trevor Charrier said the shop answers a much-needed demand for mobile homes.

He estimates his business has already built 60 to 70 homes outside of the shop over the last three years.

The new 8,000 square-foot shop will be climate controlled, allowing work to take place continuously — something that can't happen when Mother Nature interrupts construction outside.

"We can run 24 hours out of the shop," Charrier said.

"It's quality control. It's time saving. It's money saving. There's no delays."

Charrier said the benefit of purchas-

ing a mobile home for some is the quick turnaround time.

A mobile home in his shop will be able to be built in about a week's time compared to the seven- to eight-month waiting period that he said is the average for the construction of a traditional home.

Charrier said his company has differentiated itself by selling ready-to-move homes that are mostly made of plywood instead of oriented strand board. That, combined with the tax savings he receives from working on reserve, has meant he can sell the homes for significantly less than his off-reserve competitors.

Charrier said the shop's opening also represents an employment boost to the Fisher River community.

"We got six new (employees) and it's getting bigger and bigger every day."

Charrier plans to sell his mobile homes to some of the hardest hit communities by the 2011 flood such as the Lake St. Martin First Nation.

The band is one of four First Nations destroyed by the 2011 flood.



EXPRESS PHOTO SUBMITTED

Ready-to-move homes like the one seen above will soon be made at a new shop on the Fisher River Cree Nation. First Nation Builders and Supplier is expanding its business and will be able to build one home every week in the new shop, which will open May 30th.

Lake St. Martin alone has over 2,000 band members that have yet to return home, so there will be plenty of business for Charrier if he's able to secure work from the band.

But Charrier is quick to point out his company's homes are for everyone. He said just last week he sold three

homes to residents in the RM of St. Andrews.

"It's not just First Nations. It's portable housing for everybody."

A ribbon-cutting for the new shop will take place on May 30 at 1 p.m. on Lot 68 in Fisher River, and a fish fry will follow.

Province's core deficit reaches \$1 billion

By Austin Grabish

Manitoba's core deficit is expected to tip past the \$1 billion dollar mark this year, according to the province's new Tory government.

The Progressive Conservatives say the previous NDP government hid just how deep Manitoba was in the hole.

But the NDP is accusing the Tories of cooking the books and the actual deficit remains anyone's guess.

That's because the numbers Manitoba Finance Minister Cameron Friesen released last Wednesday only reflect finances from key government departments and not Crown corpora-

tions or universities, for example.

Friesen told reporters last Wednesday he doesn't think Manitoba's ever been this deep in the hole before.

The province's core deficit for 2015-16 is now \$1.012 billion — \$346 million dollars higher than what previous finance minister Greg Dewar had pegged it at in March.

Friesen said the deficit is higher in part because revenues were exagger-

ated by the NDP.

"This was not accidental," Friesen said. "It was not a one-off. It was reckless."

NDP MLA James Allum said the Tories are playing games and questioned why more detailed information wasn't given last Wednesday.

The PCs released a five-paragraph press release announcing the deficit. The release didn't include a detailed

financial breakdown backing up the government's claims.

"They're probably inaccurate in some manner," said Allum.

The PCs are set to release their first budget on May 31.

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getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL **Mixing work with fishing: a good combination**

Greetings, fellow anglers.

I was shooting the breeze with Jeff Grey Eyes at Brokenhead Wavers last Thursday when a short, beautiful cyclone of energy came bursting into the store. We fell silent as this dark-haired doll-faced gal tore up to the sales counter. While paying for gas, she declared to anyone within hearing distance that she had just been up north fishing and it was great. I became a mindless moth drawn to a flame as I glided to her side asking for her story. Her young, fresh face turned up to me as I gave her my card and without hesitation our new angling sister Jessica Haugerud of Beausejour waded into an experience she had at Little Grand Rapids a few days earlier.

She had gone there on business with others, including a working friend named Neil. Once their work was done, she and Neil went fishing. Jess did way better than Neil, bringing in three lovely pickerel. Luckless Neil decided they should move to a different spot, which they did. As Jess was about to throw out the anchor, Neil, with an evil smile, asked her if she was sure she wanted to do that. She turned inquiringly to Neil, who was pointing down to her leg and the anchor rope wrapped around her ankle.

Quick-witted Jess chided her friend, saying, "Just because I caught more fish than you doesn't mean you have to see me drowned."

Good old Hnaua — such a comfortable pier to fish from. I went there the other day and, as usual, many folks were sitting in chairs beside their cars or trucks, rods in hand, chatting back and forth as they took in the soothing spectacle of the rolling waves stirred up by the refreshing spring wind. As



EXPRESS PHOTO SUBMITTED
Jessica Haugerud of Beausejour with one of her catch at Little Grand Rapids.

luck would have it I met a father and son, Michael and Joseph Hondz of Winnipeg, who also had a northern fishing story.

This one was about Miceal ice angling on Clear Water Lake by The Pas. He was with a friend when he caught a monster lake trout. He was holding it up so his friend could take a picture of the trophy when it twisted out his hands, flying straight up in the air and then heading nose-first for the ice hole and freedom. Michael was quick, though, and caught the big fish by the tail with both hands in a kind of golfers grip. Immediately, Mick became engaged in a violent side-to-side flailing action, but the trout was stronger. In

minutes, Mick lost his grip and the picture he needed to prove to his friends at the lodge that he wasn't telling a whopper was lost.

So sorry, Mick.

The Fort McMurray fires became very real to me on the weekend when I was out at Breezy Point. I met a thin, well-conditioned chap fishing on the Red's riverbank. He had on one of those Aussie outback-style wide-brimmed hats. His greying hair was accented by a moustache that went down the sides of his mouth to a well-trimmed goatee, completing the picture of a true outdoorsman. I walked up to him and identified myself. In turn, he said he was Wayne Foster originally from Winnipeg, now temporarily separated from his job at the oil patch. He said he had a fishing story not of the current fire but related to the 2011 Richardson fires.

It seems his friend went fishing at Gregoire Lake south of Fort McMurray and he no sooner began fishing when bears appeared. He beat a hasty retreat back to town. Apparently, the bears were forced in and around town by the fire and it was nothing to see them trying to find food in the garbage bins behind Walmart.

Now, I hope you won't mind if I mention a little something in the next few weeks about biodegradable fishing gear as a solution to solving the hazardous accumulation of snagged broken-off fishing gear at the bottom of our waterways. I noticed on the Net that Field Mate, Eagle Claw and Bioline make fishing line that converts into water and carbon dioxide in anywhere from three months to a year. That could be a big help, don't you think?

Well, good fishing friends, bye for now.

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Fishing better than watching paint dry

By Patricia Barrett

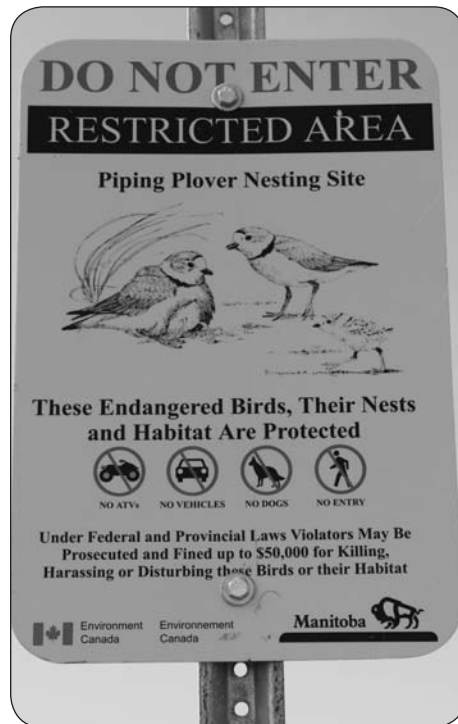
While some people may prefer to watch paint dry, Ivan, who lives near Vidor, and Kevin, who lives in Arborg, had a different idea of fun.

Fishers at heart, the two men took a break Thursday afternoon from a painting project for a Riverton resident and headed out to Sandy Bar on the shores of Lake Winnipeg for a spot of fishing.

With the shores of Hecla Island seen from afar, the spot is popular with fishers in both summer and winter.

Sandy Bar is a spit located east of Riverton near the boundary of a federally and provincially designated Special Conservation Area, which protects high numbers of nesting shore birds and endangered species, such as the piping plover. It's off limits to foot traffic and all vehicles, including ATVs, because of its ecological significance.

The fishers had no tug on the line and, presumably, they missed all the fun of drying paint during their brief sojourn to the shore.



The popular fishing spot is near a restricted wildlife conservation area.



EXPRESS PHOTOS BY PATRICIA BARRETT

Ivan (left) and Kevin brought their rods and minnows to Sandy Bar near Riverton Thursday afternoon for a bit of shoreline fishing on Lake Winnipeg.

Recognition continues for local youth advocate

By Natasha Tersigni

For her advocacy work in organizing mental health initiatives along with her continued efforts in bringing awareness to Missing and Murdered Indigenous Women (MMIW) in Canada, Tracie Léost was awarded a Manitoba Teachers' Society (MTS) Young Humanitarian Award this past Wednesday.

The annual awards presented by the MTS honour students across the province who have been involved in humanitarian projects in their school or community. This year, 10 students from four school divisions in Winnipeg and Brandon were honoured for their humanitarian work.

Léost, a Grade 12 Garden City Collegiate student who spends her summers in Oak Point with her grandparents, was nominated for the award by her high school teacher and coach Jacqueline McDonald. Léost made headlines across the country this past summer for her four-day, 115-kilometre run from Oak Point to Winnipeg to raise money and awareness for MMIW.

During the school year, her focus and attention turned to work with the Youth Against Mental Illness Stigma (YAMIS) group at Garden City Collegiate. Most recently, Léost spearheaded the #7OaksTalks Mental Health initiative, a co-ed All-Star Game featuring Seven Oaks basketball teams.

"YAMIS wants to eliminate the stigma around mental health and what better way to talk about it than at a sporting event with a crowd of staff, students and parents? We chose basketball because it's one of the biggest sports here at Gar-



EXPRESS PHOTO SUBMITTED

Tracie Léost was awarded a Manitoba Teachers' Society Young Humanitarian Award for her humanitarian work.

den Collegiate and this event will be taking place on May 24, the day before the YHA gala evening," said Léost.

This fall, Léost will be attending the University of Regina where she will be pursuing a degree in social work, a career that she hopes will allow her to continue her advocacy for Indigenous issues in Canada.

"I want to tackle the statics, including that 90 per cent of those in foster care are Indigenous and our system is failing our children. Although one day I will be campaigning to be prime minister, I would like to begin my post-secondary education in social work," said Léost, who

hopes other youth will be encouraged by her work.

"The YHA itself was a huge surprise and I never thought I was going to be one of 10 recipients out of the thousands of students in Manitoba. I hope other students hearing about my journey will inspire them to do things to help others so one day they can be young humanitarians too."

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Eriksdale students changing minds about mental health – one conversation at a time

By Jeff Ward

Green ribbons and personalized cards with messages of hope and encouragement littered the town of Eriksdale on May 6 while students from Eriksdale School carried out a co-ordinated campaign to bring awareness to mental health issues.

School guidance councillor Jen Desjarlais organized the activities and presentations. Desjarlais, who worked with principal Alison Martilla, came up with a presentation to start the day. She discussed what types of mental health illnesses are out there as well as treatments, and she tried to educate students on when and how they should seek help if they need to. Students took part in activities that they could use to help their mental health such as hiking, Zumba, yoga and even meditation. Desjarlais said that the day ended with all students writing messages of hope, encouragement or something they learned that day and tied them to poles with green ribbons or handed them to people on the street.

"It's all about raising awareness and having students understand these issues so they're able to deal with them in their own lives if they come up," said Desjarlais.

"Since I've been the councillor here,



Grade 8 students Kianna Laughlin hoists up Grade 2 student Adrian Kilroy to post a message of hope in Eriksdale to spread awareness for mental health issues.

I've started doing some meditation and mindfulness and I've seen students calm down quite a bit. Whether they're having test anxiety or something isn't going right at home, it's important for them to know when it's OK to take a moment for themselves and just breathe."

Taking a moment for themselves



EXPRESS PHOTOS FROM CHRIS HUNT

This message of hope from Madison Olafson and Ava Pool is a small gesture likely to make any passersby smile.

can be difficult, according to Desjarlais, who said that she's seen students feel that they can't make any time for themselves. And in those instances, they should be trying to slow things down and clear their mind.

Desjarlais said that it doesn't have to be meditation or hiking or even something physically active. She said that

it's about whatever makes students feel good and helps them focus.

"I think that this was so successful and well received by the students that we will make this an annual thing. What this helps to do is reduce the stigma around mental illness, not just for students but for any adults living with it as well," said Desjarlais.

Three out of four Manitoba kids on reserves live in poverty

By Austin Grabish

Three out of four kids living on reserve in Manitoba are in poverty, according to a study released last Tuesday.

That statistic is just one of several the Canadian Centre for Policy Alternatives released in a damning report titled "Shameful Neglect: Indigenous

Child Poverty in Canada."

The 36-page report by researchers David Macdonald and Daniel Wilson shows that 76 per cent of Indigenous children in Manitoba living on reserve are in poverty.

"Easily the worst in the country," the report states.

Researchers found that, on average, 60 per cent of First Nations children living on reserve across Canada are in poverty.

The numbers weren't as grim for Aboriginal kids living off reserve but Indigenous children still had the highest poverty rate of any province, coming in at 39 per cent, the report said.

For non-Indigenous children in Manitoba, researchers found the poverty rate to be 18 per cent — a number

still amongst the highest in the country.

"The shameful reality in Canada is that devastatingly high child poverty on reserves is getting worse, not better," said Macdonald in a release.

"Despite recent attempts at reconciliation concerning abuse in residential schools, we are risking a new lost generation of Indigenous youth who are growing up in unconscionable poverty."

Using data on poverty from 2005 to 2010, researchers found that poverty isn't distributed evenly amongst status First Nation children living on reserve.

In Saskatchewan, 69 per cent of on-reserve children are in poverty, kids in Quebec came in at 37 per cent, and Toronto had the lowest rate at just 19

per cent.

This report examined poverty by income but said barriers go far beyond the salary a child's parents have.

It stated "chronic" underfunding to schools and child welfare services, crowded housing and undrinkable water are all barriers to kids living on First Nations.

The new Liberal government has committed \$8.4 billion over the next five years to improve First Nations education, water, and child and family services.

But the report cautions that most of that money won't be rolled out for a few years, so it will take time to see if there's any tangible change.

There are 634 First Nations in Canada.

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Membership Day supports the history Eriksdale Creamery

Annual BBQ and membership day June 4

By Jeff Ward

Following a stellar year of memberships sold last year, the board of the Eriksdale Creamery Museum is hoping for a repeat success at their annual barbecue and membership day.

Next weekend, Saturday, June 4 will be the annual membership day when attendees can purchase their yearly membership for \$10 as well as enjoying a barbecue lunch. The museum will be open from 11 a.m. until 2 p.m.

The former Eriksdale Creamery was constructed around 1912 by the Brandon Creamery and Supply Company. The building was of standard wood-frame construction and simple box-like design with a gable roof. Like many early creameries, it was added to several times as increased production and equipment purchases demanded. The core of the operation was the main room where the weighing, grading and churning of the cream took place. In recent years, the operation became largely a butter-finishing and then a butter-cutting business.

The Eriksdale Creamery ceased operation permanently in 1990. In 1995, a volunteer museum group was established to acquire and restore the facility to preserve and commemorate this once-significant aspect of rural life in Manitoba.

Aside from the influx of cash going to the museum, which is used for various improvements in the 104-year-old building, the real benefit to the board is the numbers. Last year, approximately 80 people came out and purchased memberships and that number of members is then used as leverage when applying for grants. The more people who are members, the more grants the board can qualify for and, as a result, more improvements can be made.

"Last year was a record number. The support was really incredible," said secretary treasurer Andrea Sweetland.

"We even had one fellow that came by after reading the article (in the *Express Weekly News*) wanting to support the museum. He doesn't even live here but was working in the area, so it was really incredible. You really got the sense last year that we have more support for the museum and that people are more interested about what's happening here."

The consensus of the board is that Eriksdale might have never been added to the map had the creamery not been built by the Brandon Creamery and Supply Company in 1912. The creamery brought jobs, homes and industry to the area, all of which is



EXPRESS PHOTO SUBMITTED

Volunteers of the Eriksdale Creamery Museum will be hosting a barbecue and membership day on June 4.

preserved in painstaking detail within the building for anyone to enjoy.

Stepping into the museum is like going back in time to a pivotal point in Eriksdale's history. Sweetland said that memories from her childhood flood her mind when she walks through the door. She remembers strolling through as a young girl, and later buying "the best butter in the world" to take back to Winnipeg for her friends to use in Christmas baking.

"It brings back memories of the

smells and sounds of the creamery — the clanging from the workers washing cream cans and you can hear the steam from the machines washing them. It was always fun as a kid to go into the locker plant and see all the frost come out as the door opened. You'd stand there shivering in your summer dress," remembered Sweetland.

Only \$10 helps preserve Sweetland's memories and the history of Eriksdale.

Interlake youth to learn water safety program this summer

By Jeff Ward

Registration is just days away for the Interlake Swimming Association Water Safety Program that will provide unparalleled swimming safety camp for Interlake youth.

For more than 40 years, the program — in partnership with the Red Cross — has provided important safety instruction on swimming in open water.

Program organizer Melanie Spalding said that the course is one of kind in Western Canada and that approximately 90 youth a year take part. Instructors from the Red Cross take students for two 30-minute lessons each day for a week with tips on emergency situations, disoriented entry and swimming in a current.

Locations for the lessons will be at

Long Point Beach, Steep Rock Beach, Watchhorn Beach and Lake Manitoba First Nation from July 18 to 22 and July 25 to 29.

"The instructors have the training to create lessons based on what type of water they're in," said Spalding.

"And they all know how to assess a student's skills by observing them for a few minutes in the water. So they

will place students in groups depending on skill level. My kids have gone through the program and I also took lessons myself when I was younger. The program really gets students ready for the summer so that they can swim safely."

For more information on the program or to register, you can call Melanie Spalding at 204-739-5589.

Thank you!

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Concerns surround proposed assisted-dying legislation

'If we're doing this, we gotta get it right,' Bezan says

By Austin Grabish

In just a few weeks, it will no longer be illegal to help someone die in Canada.

And as the clock continues to tick, concerns with Bill C-14, the federal government's proposed assisted-dying legislation, remain mounting.

Cheri Frazer is the co-ordinator of the Winnipeg chapter of Dying With Dignity Canada and is deeply concerned about the legislation put forward by the governing Liberals.

She cited a heartbreaking conversation she recently had with an Interlake man living with multiple sclerosis.

The man, in his mid-30s, uses a wheelchair and has seen his health deteriorate steadily over the last 10 years, Frazer said.

Frazer said as the proposed legislation stands, his death wouldn't be considered "reasonably foreseeable," meaning he wouldn't be eligible for a physician-assisted death.

She said that's left him wondering if he needs to apply for a court order to end his life now.

"He called to ask if he needs to die before June 6 because he wasn't eligible," she said choking back tears during a telephone interview with the *Express* on May 8. "So that was deeply upsetting."

Frazer said the wording in the proposed legislation has caused a rash of confusion for those who want to continue to live but also have measures



FACEBOOK PHOTO/DYING WITH DIGNITY CANADA

People stand in support of the right to die at a rally last fall on Parliament Hill in Ottawa. In just a few weeks, it will no longer be illegal to help someone die in Canada, but concerns are mounting about how assisted deaths will be handled.

in place for when their pain becomes unbearable.

"He's going downhill fast, and he's losing his ability and he's in pain, and there's only so much more of this that he's willing to take," she said. "But for now, he would like to keep going as long as humanly possible ... because he does want control over his death."

Frazer said there are other patients in Selkirk suffering from pain that are interested in a physician-assisted death.

She note that many patients chafe at the word "suicide" and prefer the process be referred to as a "physician-assisted death."

Conservative Selkirk-Interlake-Eastman MP James Bezan said he's also concerned about the proposed legislation.

He said the House of Commons almost always gives issues of conscience a full hearing so every MP can have his or his voice heard, but the Liberals shut down debate after just two days.

The federal government is scrambling to meet a June 6 deadline that the Supreme Court of Canada imposed last year when it ruled the Criminal Code's current ban on assisted deaths violated the Charter.

Bezan said while the Liberals have already received a four-month extension to their original deadline, they should have asked for another one given the gravity of the situation.

"I'm still hearing from the different organizations representing people with disabilities that have huge concerns of what this could entail," Bezan said.

He said safeguards are not in place and people with morality issues and health-care professionals are not protected under the proposed legislation.

"If we're doing this, we gotta get it right," Bezan said.

Ron Van Denakker, Interlake-Eastern Regional Health Authority CEO, said the RHA is waiting to see the government's legislation to get a better grasp on the situation.

"Until we actually see the legislation, it's going to be difficult," Van Denakker said.

Van Denakker said if a patient requests a physician-assisted death before June 6, he will handle the request directly in consultation with a provincial health-care team that's been established to handle such matters.

But he noted that until then, it remains against the law to help someone die unless a patient gets a court order, which at least two Manitobans have done in recent months.

Van Denakker said the RHA doesn't anticipate receiving a significant number of requests for physician-assisted deaths, so it won't be creating a team to handle the practice.

Instead, he said, the RHA will work with its provincial counterparts to ensure patients' needs are met.

"We're working our way through some things right now through our medical advisory committee," Van Denakker said. "We're really waiting to see what the legislation is going to say." MPs will make a final vote on the proposed legislation sometime in the coming weeks after Bill C-14 returns to the House of Commons.

It's currently being studied in a government committee.

Flood evacuees' return home stymied by bureaucracy

By Austin Grabish

A federal audit investigating efforts to bring 2011 flood evacuees home paints a grim picture of the feds' plan dubbed Operation Return Home.

The 23-page report prepared for Indigenous and Northern Affairs Canada last December was posted online earlier this month and has found a number of problems with the feds' handling of the project, which the government considers "high-risk."

Operation Return Home was started as a formal project in 2013 in a bid to return 2011 Interlake flood evacuees home within a three-year period, but auditors say the project ultimately fell apart.

Delays, a lack of resources, and disorganization were all found to have

stymied efforts in returning some 2,000 residents home.

As of this month, 1,933 people from Lake St. Martin, Little Saskatchewan, Dauphin River, and Pinaymootang First Nations have yet to return home.

Some are living in rental units, others in Winnipeg hotels, and some are staying with relatives.

Federal auditors investigated what efforts officials had done from April 1, 2013 – September 30, 2015 to return evacuees home and found a myriad of issues.

Among them, the fact that a senior executive committee struck to deal with the project hadn't met for six months in 2015 and a comprehensive communication plan was lacking.

Auditors said that's increasing the

likelihood of negative publicity and may make negotiations with the First Nations harder.

The audit also found the project is at risk of going over budget. The federal government is already paying approximately \$1.5 million to house and support evacuees each month.

"It's unbelievable. It's phenomenal with the amount of money that's been wasted in this," said Diana Traverse.

Traverse is from Lake St. Martin and isn't happy with how her band's handled the evacuation either.

She said floodwaters didn't destroy every home on the reserve in 2011, but despite that the band condemned or sold most homes anyway.

"If they hadn't destroyed our homes or (sold) or burnt our homes we would

have simply moved back in," she said.

Lillian Catcheway, 51, is from Lake St. Martin and said evacuees aren't used to the high-risk Winnipeg lifestyle.

"Because back home we were always together no one got into fights, arguments, kids got along really good back home," she said.

Catcheway's son recently tried to commit suicide and many more band members have died since the evacuation, she said.

Catcheway said evacuees are bored in Winnipeg as they sit waiting to return home to their traditional lands.

"I don't like the city. I don't like being here."

Old school lives on in Gimli Municipal Building

By Patricia Barrett

Tucked away in a dark alcove on the second floor of Gimli's municipal building is a doorway to decades of school history.

A former classroom in what used to be Gimli Public School, which housed students in Grades 1 to 12, tells many tales of what it was like to attend school in the 20th century.

"The town council gave us permission to use the classroom," said May Peiluck, chairperson of the school's 100th anniversary reunion committee and member of the original heritage committee. "We explained how wonderful it was for the people who went to school there."

Gimli Public School was constructed in 1915. It originally had six classrooms for students in Grades 1 to 12. Students started attending a new school that was constructed in 1950. The former school was recognized as an historic site in 1991.

The classroom was set up when the town hall opened, but it doesn't appear to be widely known.

Peiluck attended Gimli Public School when she was a girl and went on to teach there in the 1960s – in the very classroom housing historical items such as desks, exercise books, attendance records and hundreds of school photographs.

"That was my classroom for Grades 5 and 6," said Peiluck. "I would hear the kids going out on the fire escape saying, 'You better hurry or she'll catch us.'"

The fire escape has long been dismantled, but looking at the faces of students captured in the school photos that adorn the walls, you can see the glint of adventure in their eyes.

"We collected the pictures of all the

different classes by word-of-mouth," said Peiluck. "It's a real credit to those who worked on the project."

Peiluck's school photo – a picture of a child going to school with a school bag – and one of her mother Sylvia Kardal, who also used to teach at the school, are part of the photograph collection.

Kardal put the piano, which is tucked into a corner of the classroom, to good use. It was once situated on the main floor by the school's entrance.

"My mom used to play a John Sousa March to usher the kids back to class after recess," said Peiluck.

Those old-school traditions, along with the singing of God Save the Queen and the recitation of the Lord's Prayer, marked key moments in the school day.

The heritage classroom has a teacher's desk and three student desks from different decades. One is attached to an ornate iron-frame pedestal that undoubtedly kept students anchored to their work.

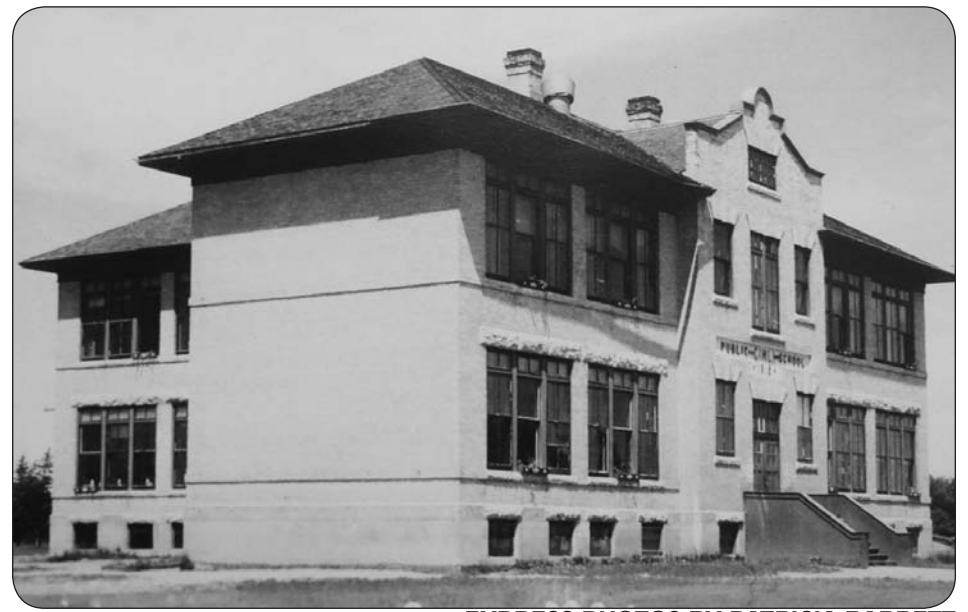
The desks contain scrapbooks, exercise books, old texts, ink wells and steel-tipped pens.

The workbooks show what subjects were emphasized in the school curriculum: grammar and penmanship were paramount.

There are also student attendance records and some teachers' employment records that visitors can freely peruse.

Peiluck helped organise a 100th Anniversary Reunion last year – along with committee members Marion Korozyk, Lilian Wlosek and Shirley and Tony Michaluk – that saw scores of former students re-live fond memories.

"We had people from Nova Scotia,



EXPRESS PHOTOS BY PATRICIA BARRETT

The Gimli Public School was constructed in 1915 and originally had six classrooms for students in Grades 1 to 12.



Teacher and student desks in heritage classroom.

B.C. and even one from Austria – who used to go to school here," said Peiluck.

And adding to the former school's charm are the Huldofolk living in the attic.

"Certain parts of the floor will squeak," said Peiluck, "and you'll know the Huldofolk are there."

Admission to the classroom is free. For more information about hours, contact the RM office at (204) 642-6650.

Ashton to open constituency office in Peguis

By Patricia Barrett

NDP MP Niki Ashton will be heading home from Ottawa in a few weeks to celebrate the grand opening of her constituency office on Peguis First Nation and touch base with area residents.

Ashton, elected MP three consecutive times for the Churchill-Keewatinook Aski riding, will be meeting with area constituents and providing lunch from 12-2 at the Peguis Community Hall.

Ashton's Outreach and Constituency Contact, Clif Evans, will also be attending the event.

"It was Niki's wish to open a constituency office in the southern part

of her riding," said Evans, who helped get the office up and running.

It will serve the needs of three First Nations in the immediate area – Peguis, Fisher River and Jackhead – as well as other communities in the northern Interlake region.

"It's an ideal location," said Evans, who was MLA for the Interlake riding from 1990 to 1999, "because it provides access to three communities, as well as to those on the west side of the riding, which are accessible by road to Peguis."

He said feedback from Peguis about the new office has been positive.

"If people have concerns [federal], such as EI claims, I will set up a time to

meet with them," said Evans who will be staffing the office and travelling to different communities to keep abreast of the issues affecting constituents.

Ashton plans to install signs outside the Peguis Mall, where the new office is located, and at the door of Band Office B to let people know that the resource is available.

Hotdogs and fresh fruit and vegetables for the lunch will be locally sourced. A ribbon-cutting ceremony will be held after 2:00 p.m. at the constituency office.

Everyone is welcome to attend. For more information, contact Clif Evans at (431) 971-1015.



EXPRESS FILE PHOTO

Niki Ashton, MP for the Churchill-Keewatinook Aski riding, will be hosting a meet and greet and luncheon at the Peguis Community Hall Friday, June 3.

Fishing guide helps anglers catch massive albino catfish

By Lindsey Enns

Over the years Donovan Pearase has caught thousands upon thousands of fish, but last weekend he finally helped land his “great white whale.”

Pearase, owner of Blackwater Cats Outfitter based in Winnipeg, was out guiding a group of anglers along the Red River north of Lockport on Sunday, May 15 when they suddenly got a bite and saw something white in the water.

“I saw this flash of white in really dark chocolate water ... but I could tell it was a catfish by the mouth,” Pearase said. “It was pretty cool.”

A Winnipeg man then reeled in a 34-inch long albino master angler catfish, Pearase said.

The avid fisherman says he’s been catching fish for nearly 30 years but has never come



FACEBOOK PHOTO

A Winnipeg man holds up a rare 34-inch long albino catfish he and a group of anglers caught in the Red River north of Lockport on May 15.

Continued on page 19

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Water pumps are fairly simple devices that circulate engine coolant/antifreeze around the engine and out to the radiator. Like any mechanical device, they eventually wear out. Although having a cooling system service done on schedule with your Local Independent Service Provider will extend the life of your water pump and its seals and gaskets – it will eventually fail and need to be replaced.

Those water pumps that are driven by the timing belt (the belt that controls when your engine intake and exhaust valves open) are attached directly to the engine block. The timing belt system has a protective cover. The serpentine belt and all the accessories are located over the timing belt cover. So getting to the water pump requires the removal of a lot of parts – which then need to be replaced.

When the water pump must be replaced, it is a good idea for Interlake drivers to go ahead and also replace the timing belt, timing belt tensioner, and idler pulleys. First, because the timing belt may have been contaminated by leaking coolant; second, there is a schedule for replacing your timing belt and Interlake drivers might as well make the modest additional added expenditure while everything is taken apart to avoid the same labor cost down the road.

A broken timing belt can lead to a very expensive engine repair, so it would serve you well to replace it when your Local Independent service provider advises you to change your water pump.

By the way, the reverse is true as well: When you are replacing your timing belt on schedule go ahead and replace the water pump at the same time. It would be a shame to spend the on one of these replacements only to have to do it all again in a few months because the other then needs replacement. Do them at the same time and start the clock over for both.

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Ashern Central School Greenhouse nearing final stage

By Jeff Ward

The greenhouse on the east side of Ashern Central School (ACS) is nearing completion after four years of hard work, planning and grant applications.

During a sustainable development conference in Winnipeg four years ago, teachers Blaine Waldner and Chelsea Lowry had an idea to build a greenhouse on the school grounds. The goal was to use the space to help encourage students to build gardens in their own backyard, teach sustainable living and how to provide their own food source. Waldner, who teaches science at ACS, said that the project was estimated originally to cost only a few thousand dollars when both he and Lowry conceived the idea. However, over time the costs have ballooned to nearly \$70,000 and have been funded almost entirely through grants. Construction began in November of 2014 and Waldner said that by the end of June the project should be nearly 100 per cent complete.

"Over the years the project has really evolved and once we started to see how much more educational value we could offer students we just kept adding on," said Waldner.

"I'm very excited to be nearly complete with this project because we're already getting a lot of value from it.

Students are planting flowers for the senior's manors in town, we're also growing vegetables and testing soil. The whole thing is going to do a lot of good for students because of how hands on the learning is."

Waldner said that he is a big fan of hands on learning. His classroom is littered with terrariums, egg incubators and a large habitat for tadpoles. The greenhouse is just an extension of the already deep science curriculum Waldner offers and he said students are already enjoying the space.

Waldner said that some of his more keen students are out in the greenhouse testing different soil samples for Ph balance, alkalinity, nitrogen and phosphates, all while tending to the growing garden. He said that he has a student that is interested in

setting up an aquarium for hydroponics and the raising of tilapia.

"For the students who don't want to grow vegetables for themselves we've matched them with a teacher who will benefit. It provides a bonding experience as well because students are stopped by those teachers and they talk about how good the produce was," said Waldner.

The greenhouse is cared for seven days a week, with middle years students coming by on weekends to do the watering.

"THE WHOLE THING IS GOING TO DO A LOT OF GOOD FOR STUDENTS BECAUSE OF HOW HANDS ON THE LEARNING IS."



EXPRESS PHOTO BY BLAINE WALDNER

Ashern Central School students toil away in the attached classroom behind the almost completed greenhouse. Pictured from left to right, Raelynn Ramsey, Jade Nordal, Randy Chartrand, Samantha Reykdal and Emily Schwartz.

Province and RM of Grahamdale lift burn ban

By Jeff Ward

The burn ban has been lifted for the RM of Grahamdale allowing farmers and property owners to renew and apply for burning permits after Mother Nature delivered some much need rain.

Manitoba Conservation for Crown land lifted their burning ban, which took effect May 2 and the RM of Grahamdale followed suit the next day.

Administrative assistant Devan

McCoubrey said that anyone who applied for and received a permit before the ban must renew that permit before any burning can be done. The process for doing so is easy. A simple phone call to the RM office can have permits renewed quickly, which are only valid until the Sunday after they are issued.

Anyone wanting to be issued a new burn permit is asked to call the RM office at 204-768-2858 for more information.

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Choose a waterproof container with a diameter of about 45 cm and a depth of about 30 cm. It should be made of plastic, ceramic or wood and not have any drainage holes. Avoid terracotta pots, as you would have to apply a waterproof coating to seal them.

Your mini water garden should contain a plant from each of the following categories in order to create a perfect ecosystem:

- an oxygenating plant (waterweed, ceratophylla or myriophyllum)
- a floating plant (water hyacinth,

water lettuce, duckweed, etc.)

- a floating foliage plant such as dwarf water lily
- an emergent plant (canna, iris versicolor, colocasia, etc.)

Position a brick in the bottom of the container and place the root ball of your emergent plant on it. The brick is useful for raising the plant to the appropriate height. Place the floating foliage plant and oxygenating plant in the container, one on each side of the emergent plant. Then fill your container with water and drop your floating plant on the surface. You're done!

Check the water level often over the summer, adding more when necessary. You can keep your mini water garden looking beautiful by cutting away any yellowing foliage and feeding your dwarf water lily with a fertilizer pellet designed specifically for this type of plant.



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Day at the den

By Patricia Barrett

Red-sided garter snakes were out in full force last week at the Narcisse Snake Dens north of Inwood. So were locals and visitors from away.

"They're enjoying finding snakes," said Kaoru, who drove up from Winnipeg with her two children to watch thousands of snakes writhing around in deep pits and soaking up the sun.

"We did it two years ago," said Kaoru, referring to the first time she brought her children to the provincially managed preserve, "but they were too young to remember."

The Narcisse Wildlife Management Area has tens of thousands of red-sided garter snakes, the highest concentration of snakes in the world.

The non-venomous snakes – which can nip you if they feel threatened – emerge from below ground in the spring to warm themselves and find

mates. They winter underground in 1,000-year-old limestone caverns. A single den can have up to 20,000 snakes.

The snakes use small outcroppings on the rock face to climb out of the dens or they slither up nearby vines and tree branches. Some use other snakes.

In the fall they can travel from 20 kilometres away back to the winter dens. Some juveniles, who've struck out on their own to roam the summer range, won't follow the pheromone (chemical) trails laid down by adults that say, "This way to the dens," according to educational signs posted at the trailhead.

They instead have to find suitable underground crannies and burrow like squirrels for the winter.

There were hundreds of escapees, young and old, snaking through the



EXPRESS PHOTOS BY PATRICIA BARRETT

Kaoru drove from Winnipeg with her two children to enjoy the red-sided snakes at Narcisse last week.



Snakes propel themselves up the sides of limestone rock faces using nicks and fissures – and other snakes – and slither up overhanging vines and tree branches to reach the broad scrubland of the provincially protected wildlife preserve.



There are four major den sites at Narcisse, protected by fences. The snakes emerge from cracks in limestone caverns in the spring to warm themselves and find mates.

grass and scrub along the three kilometres of walking trail, some brazenly sunning themselves in the middle of the gravelled paths.

A number of visitors moved youngsters off the path to prevent them from being trampled. They're easily

overlooked unless you keep your eyes fixed to the ground.

Kaoru's son and daughter were fascinated with the snakes, unafraid to gently move a snake from the path to the cover of long grasses near one of the dens.

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ADVERTORIAL

Tergesen's - A 'must stop' in Gimli!

Gimli, Manitoba - known for the Viking, an amazing pier, and Tergesen's. Author, Thomas Carlyle said, "The merit of originality is not novelty; it is sincerity." Tergesen's embodies both. You'll not find another such novel store, but you also won't find a group more committed to bringing you a quality shopping experience.

4th Generation owner/operator, Stefan Tergesen, has a keen sense of fun and a natural flair for business. Senior Buyer, Joanne Liang, a "lifer" employee for 25 years, has been the impetus behind the eye for fashion and harbinger of new trends, and also knows the power of keeping inventory fresh. "Things are constantly being turned over, and new things are brought in, so if you don't buy it now, it might not be here next time."

It's that business sense and intuitively knowing what people are after that have made Tergesen's the oldest family owned and operated store in Western Canada, established in 1899.

"Our approach to customers has not changed. We still pride ourselves on giving solid customer service with a small town feel in an old turn of the century general store," says Lorna Tergesen, matriarch and book buyer extraordinaire. "A big part of that is attracting and keeping quality staff, some of whom have been with us between 15 and 25 years."

Tergesen's stays true to their 'general store' roots with quality goods for everyone from 1 to 100 years old, including apparel, books, gifts, toys, and candy.

But they also keep with the times. With changes in public awareness of global issues, Tergesen's has taken on some socially conscious brands, such as TOMS (www.toms.com), which gives a pair of shoes to a child in need with the sale of each pair of TOMS, and Ten Tree who plants 10 trees globally for every garment sold in areas who will benefit the most from their planting (www.tentree.com).

Plus Tergesen's support a number of local, provincial, national and international charities. So when you're making yourself happy, or someone you're buying for happy, you're also making somebody else in the world happy when you shop at Tergesen's.

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get inspired

> MEAL IDEAS

Zippy chicken thighs for the grill



Ingredients

- 1 tbsp (15 mL) canola oil
- 2 tbsp (25 mL) sodium reduced soy sauce
- 2 tsp (10 mL) curry powder
- 2 cloves garlic, rasped or pureed
- 2 tsp (10 mL) pure maple syrup
- 1/4 tsp (1 mL) grated lemon zest

- 1 tbsp (15 mL) lemon juice
 - 1/4 tsp (1 mL) cayenne pepper
 - 2 lb (1 kg) boneless skinless chicken thighs
 - 12 cups (3 L) spring mixed greens
 - 8 lemon wedges
- Directions

In a resealable bag, combine oil, soy sauce, curry powder, garlic, maple syrup, lemon zest and juice and cayenne pepper. Add chicken thighs, close bag and massage marinade into chicken.

Refrigerate for up to 2 days or freeze for up to 2 weeks.

Place chicken thighs on greased grill over medium heat and grill, turning twice for about 12 minutes or until no longer pink inside.

Serve over greens with lemon wedge.

Teriyaki Chicken



Ingredients

- Serves 4
- 1/2 cup shoyu (Japanese soy sauce)
 - 2 tablespoons mirin
 - 1/4 cup sake
 - 1 tablespoon sugar
 - 8 boneless, skinless chicken thighs

Essential equipment: 8 attached pairs presoaked wooden chopsticks or 8 10-inch presoaked bamboo skewers.

Combine shoyu, mirin, sake, and sugar in small pan over medium heat. Bring to a boil, stirring to dissolve the sugar.

Lower heat and simmer until thick

and syrupy, 5 to 10 minutes. Cool. Set aside half the sauce for glazing the chicken. Reserve remaining half to drizzle over before serving. Cut each thigh into three even-sized pieces. Insert the blade of a small, sharp knife through the middle of each chicken piece to make a slit. Thread three slit pieces onto each pair of attached chopsticks. Brush all over with the cooled sauce to glaze. Grill according to instructions below, basting with sauce. Drizzle with reserved sauce. Serve hot.

Outdoor

Grill over medium hot coals until the chicken is opaque with no trace of pink, about 7 minutes per side.

Indoor

Preheat broiler. Broil until the chicken is opaque with no trace of pink, about 7 minutes per side.

Think Ahead

Make sauce up to 3 days in advance. Cover and refrigerate.

Cooks' note

We like to serve teriyaki chicken on pairs of chopsticks for a fun and impressive presentation. Since they do not have sharpened ends, use a knife to make an incision through the chicken to help you slide the chicken pieces onto the chopsticks. Alternatively, use presoaked bamboo skewers.

Raising Self-Esteem

"YOU YOURSELF, AS MUCH AS ANYBODY IN THE ENTIRE UNIVERSE, DESERVE YOUR LOVE AND AFFECTION."

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Self-esteem is a measure of how much we value and appreciate ourselves. Undoubtedly our childhood experiences have a major impact on this attribute. We may have received negative messages, or given ourselves negative messages as a result of our experience or how we were treated.

So, we can arrive at adulthood not feeling very good about ourselves. This can block us from achieving the success we desire, or alternatively, can prevent us from acknowledging the success we have created.

Once we become adults, our self-esteem is our responsibility. We can no longer blame others for how we feel about ourselves. We must decide to "esteem" ourselves: to hold ourselves in high esteem in our own minds.

In order to do this, we must become aware of the criticisms and judgments we make of ourselves. Then, we must commit to stop abusing ourselves in this manner. Sadly, often our own inner critic takes over the role from those who criticized us in the past. This process may even be subconscious.

Next, we must decide to unconditionally love ourselves right now; not when we have lost the weight, gained the promotion, or found the right person. We need to eliminate all conditions we have placed on our worthiness.

Finally, we must be independent of the good opinion of others. We can decide to value ourselves regardless of what others may say or feel about us.

When these things have been accomplished, we can begin to like ourselves more. We can even start to love ourselves. With this, self-esteem takes a big leap forward. (See below for information on where to get my Raising Self-Esteem CD.)

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit www.gwen.ca

Orange Sesame Chicken Salad



Ingredients

Makes 4 servings

- 20 square wonton wrappers
- 23/4 cups vegetable oil, divided
- 1 head romaine lettuce, cut into bite-sized pieces (about 8 cups)
- 1/4 cup soy sauce
- 1/4 cup freshly squeezed lemon juice
- 2 tablespoons sugar
- 1 tablespoon distilled white vinegar
- 1 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1 tablespoon toasted sesame oil
- 3 to 4 cups coarsely shredded cooked, rotisserie chicken

- 1/2 cup chopped green onions
- 2 navel, Cara Cara or Valencia oranges, peeled and segmented
- 1/2 cup sliced almonds, toasted
- 2 tablespoons sesame seeds, toasted

Cut wonton wrappers into 1/2-inch-wide strips and separate on paper towels. Heat 1/2 cups vegetable oil in a large, wide saucepan over medium heat. Fry the wonton strips, 5 or 6 at a time, gently turning over once with a slotted spoon, until golden, 10 to 15 seconds per batch. Transfer to paper towels to drain.

Put romaine in a large salad bowl. In a separate mixing bowl, whisk together soy sauce, lemon juice, sugar, vinegar, salt and pepper. Add sesame oil and remaining 1/4 cup vegetable oil in a slow stream, whisking until the sugar is dissolved and the dressing is well blended.

In a third bowl, combine chicken, green onions, orange segments, almonds and sesame seeds. Add 1/3 cup of dressing and toss to coat. Toss romaine with enough dressing to lightly coat. Add the chicken mixture and toss lightly. Top with fried wonton strips and serve.

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Winnipeg Beach students about to empty the garage

By Patricia Barrett

Students at Winnipeg Beach School are gearing up for a garage sale next week to help pay off the new playground that was constructed last year.

They're currently in the process of collecting items for the sale, which will take place June 3 at the school.

"We're accepting gently used books, games, cuddly toys, small household appliances, housewares, DVDs, and CDs," said gym teacher and counsellor Posie McDevitt, who's helping organize the sale.

Students in Grades 1 to 7 will be staffing the tables, which will be set up in the gym.

They've had a fair bit of practise raising funds for their playground in the past, and McDevitt said it helps teach them organizational and marketing skills.

"They do a great job selling," she said. "They get really excited."

Students in Grades 5, 6 and 7 will be in charge of selling donated items, while those in Grades 1 to 4 will be handling the sales of freezies, popcorn and baked goods made by parents and staff.

The Kiwanis Club of Gimli & District will be selling barbecued hotdogs, chips and drinks to help the students raise money.

"We really want people to come out and support them," said McDevitt, "even if they buy a hotdog."



EXPRESS PHOTO BY PATRICIA BARRETT

Gym teacher and counsellor Posie McDevitt (far right) and teachers and students at Winnipeg Beach School are organizing an upcoming garage sale to help raise funds for their new playground.

McDevitt will be helping students determine the value of all the donated items, which will be "priced to sell."

The playground is almost paid off, thanks to the hard work of the school's Parent Advisory Committee.

"PAC did raise most of the funds,"

said McDevitt. "This is the last fundraiser to pay it off."

McDevitt said she hopes to raise \$1,500.

The sale will take place Friday, June 3, 10 a.m. to 6 p.m. in the school gym. Depending on the volume of donated

goods, the sale may carry over to Saturday, June 4, between 9 and noon.

For more information about what items may be suitable for donation, call the school at (204) 389-2176. Items can be dropped off at the administration office.

Aboriginal vets get long-awaited nod in Riverton

Staff

It's taken years but a monument for aboriginal veterans in Riverton has finally come to life.

The monument, made up of a giant stone and bronze plaque, was unveiled at a ceremony in Riverton on May 14th and is dedicated to all First Nation, Métis, and Inuit veterans who served, fought, and died for Canada.

A bronze plaque

"It's something that's been going on for a long time," said Randi Gage.

Gage is with the Unified Veterans of Manitoba organization and said veterans have been fighting for recognition since 1992.

"For me, it's been 20 plus years in getting it this far."

The federal government says more than 7,000 aboriginal people served in the First and Second World Wars and the Korean War.

It's unknown how many Inuit, Métis and non-status Indians participated, but some estimate as many as 12,000



EXPRESS PHOTO SUBMITTED

Arnold Sinclair, Frank Orvis, Randi Gage, Tom Whitburn, and Gerald Bennett stand with a new monument for aboriginal veterans in Riverton. The monument was unveiled on May 14th.

aboriginal people served in the three wars.

The federal government committed

funding for the monument two years ago

Asked why it took so long she said,

"You have to think politics when anything like this happens."

Westshore Singers about to pipe up with seasonal concert

By Patricia Barrett

The Westshore Singers will soon be piping up with a series of performances that will delight and perhaps challenge the listening tastes of audiences.

The community choir will be showcasing its vast repertoire of musical styles on June 10, 12 and 13.

Rita Avison, who sings with the choir and was elected president in 2014, said the diversity of voices and personalities is what makes singing such a personal pleasure.

"We're such a diverse bunch," said Avison, who grew up in Yorkshire, England, and moved to Canada about 10 years ago. "We come together and produce this wonderful sound."

The group performs songs from a wide range of genres, including classical, folk, inspirational, sacred and Broadway musicals. Folk songs such as Rattle on the Stovepipe and I's the B'y are much-loved favourites. But the group has also sung in Icelandic, Latin and French.

At one of their past concerts, they sang an Icelandic song so well that afterwards some audience members said they didn't realise there were so many Icelandic speakers in the choir, said Avison. The trick was having the words written out phonetically.

This time around, the choir will be performing a challenging motet by Renaissance singer and composer Orlando di Lasso in addition to other songs.

The Westshore Singers were formed in 2001 by Zulma Cherlet, Don Martin, Helga Malis, June McDonald, Ginny Parent (currently the accompanist) and Norma Sharp. They started with 15 singers.

Today the group has about 46 singers ranging in ages 20 to 80. They have come from several Interlake communities, including Gimli, Winnipeg Beach, Arborg, Riverton, Petersfield, Lunder, Teulon and Selkirk.

Individual sections of the choir – sopranos, altos, tenors and basses – practise once a week then get together every Wednesday evening at the Bayview Church in Gimli for a full choir rehearsal.

They perform twice a year, in June and at Christmas. Dress rehearsals take place at the Betel Home in Gimli.

"We aren't in the spring of our voices," said Avison, "but we have experience and a joy of music."

The secret to singing well as a group comes down to more than just practice and self-discipline, said Avison. A sense of humour is a must.

Like high school kids who get the giggles during choir practice, Avison and another singer have occasionally caught the director's eye.

"Ruby and I always get into trouble," said Avison. "We get 'the look' then point at each other!"

In addition to high jinks, the group has also had some close calls during performances that they've laughed about afterwards.

At one concert venue, a singer nearly fell backwards off the bleachers, a good five-foot drop to the floor, causing others on the same riser to wonder if they were all going down.

"There was no altar rail," said Avison. "If you go base over apex, you're done for."

Avison said the socialising element is an added bonus to being a member. She has met people she wouldn't otherwise have had a chance to become friends with had she not joined.

"Once a year we have a choir social at someone's house," said Avison. "We bring guitars and have a potluck."

New singers are always welcome to join, especially younger people, including high school students. Avison said you don't have to be musically trained to sing with Westshore. Many in the group cannot read music or play an instrument.

"There are no auditions," she said. "You've just got to love music."

Each member receives a CD of their part to help them learn the songs. Some of the scores have pronunciation guides.

They also receive plenty of guidance from Director Muriel Smith, who recently earned a PhD in music.

"I usually choose one or two songs that are challenging, something to elevate their skills as musicians," said Smith.



EXPRESS PHOTO BY PATRICIA BARRETT

Rita Avison, president and member of the Westshore Singers, demonstrated some fancy handwork on the organ.

She encourages them to master different harmonies, phrasing and variations in tempo, elements that require a lot of practice.

Other times choir members will suggest a song they'd like to perform.

Smith said she chose the two songs by di Lasso in order to encourage the choir and audience "to think differently about music, to take them out of their comfort zone of listening, at least for a moment."

Smith said the choir is a fun, hard-working group of people who give 100 per cent, and are able to take advice and constructive criticism.

"As a choir, each voice must blend with the next. You're trying to make one sound, one voice," she said.

The Westshore Singers do more than entertain and provide a social outlet, they also donate part of their concert proceeds to good causes such as Evergreen Basic Needs and the palliative

care program in Gimli.

The group provides an annual scholarship and trophy for the best vocal performance under the age of 10 in the Evergreen Festival of the Arts, said Avison. The recipient of the inaugural scholarship was Camry Kornelsen of Riverton.

Westshore will be performing three concerts: Friday, June 10 at 7:30 p.m., at the Riverton-Hnausa Lutheran Church; Sunday, June 12 at 2:30 p.m., at Gimli Lutheran Church; and Monday, June 13 at 7:30 p.m., at Gimli Lutheran Church.

Advance tickets are \$10 or \$12 at the door. Free admission to children 12 and under. Tickets are available from Tergesen's in Gimli or from Candice Murphy, communications and publicity board member, at (204) 642-9791.

> ALBINO CATFISH, FROM PG. 12

across anything like this.

"I've never seen an albino, I've seen colour variations but this thing was a true albino," Pearase said, adding over the years he's pulled all kinds of things out of the Red River. "Garbage and trash, we've pulled up lawn

chairs, bowling balls, fishing rods all kinds of stuff.

"But as far as fish, there's a huge variety of fish in the Red River."

Pearase added there are about 25 different species of fish who call the Red River home.

"I've heard of bass being caught, pike, walleye ... but that albino was a fish of a lifetime, no doubt about it."

Shortly after reeling the fish into the boat, Pearase uploaded some photos of it onto Facebook, which have been getting lots of attending online.

As of Monday, the original post had been "liked" nearly 1,000 times and

shared nearly 800 times.

"After almost 30 years of catfishing I actually got my great white whale in the boat today," Pearase wrote in his original post. "I may have seen 15 to 20,000 cats in my life and not one that looked anything like this."

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Arborg's Jermaine Loewen living out his dream

By Stefanie Lasuik

It only took Jermaine Loewen four years of organized hockey to catch the eye of WHL scouts. At the age of 11, Loewen joined the local Arborg hockey team. At 14, he was drafted to the Kamloops Blazers of the WHL. Now 18, Loewen is a fan favourite in the British Columbian city.

"I think people really love my story," Loewen tried to explain the fans' adoration of him.

Born in Jamaica, Loewen began life in a children's home. When he was three, mission workers came to the home, not knowing how different their lives would be a few weeks later.

Stan and Tara Loewen went down to Jamaica with the sole intent of helping the children in homes.

"We were not planning on adopting," stressed Tara.

But the universe kept sending them signs they couldn't ignore.

Tara and Stan didn't know which home they'd be sent to in Jamaica, but when they saw pictures of kids from various homes online, Stan pointed to Jermaine.

"Stan made this comment like 'If I could bring one home, I'd bring that one home,'" said Tara.

When Stan and Tara pulled in to the place they'd spend the next few weeks working on, a group of kids ran out to meet the car.

Among them was Jermaine. Only three at the time, Jermaine remembers that moment a little differently.

"All I wanted was candy," Jermaine laughed.

As Stan and Tara spent time building an addition onto the children's home and interacting with the kids, they developed a bond with Jermaine.

"There was something about Jermaine... We just felt like Jermaine was our son," said Tara.

They asked the owner of the home

if Jermaine was available for adoption but she said only one of the home's 18 kids were.

Not liking their chances, the Loewens visited the social service office down the street. The office didn't have the answer to their question, so they made one last trip to the office on their final day in Jamaica to find out if Jermaine was that one kid.

"His social worker happened to call the moment we stepped in there and she said 'yes, Jermaine is that kid,'" said Tara.

"I was really excited," said Jermaine. But the process of adoption took two years, and when Jermaine came to Canada, he had to adjust to a whole new life.

He received skates for his first Christmas in Canada and cried.

"I just didn't want that," said Jermaine, smiling. But he put them on and learned to skate mostly on outdoor ice around Arborg.

"It was a lot of falling down and pushing using a chair," said Jermaine. He didn't give up though, and he hasn't since.

After five years of bumbling around on skates, Jermaine's friend convinced him to join the Arborg team. Jermaine worked hard from that point on with the goal of being drafted. He moved up the levels quickly to play AAA hockey with the Interlake Lightning. He skated all winter and worked out on his own during the summers.

"Jermaine always enjoyed working out," said Stan, recalling Jermaine doing push-ups and chin-ups in their basement when he was 10.

Jermaine was also driven by the fact not many Jamaicans played hockey.

"I thought I'd take it up and just work every day as hard as I can," said Jermaine.

Then Jermaine found out Kamloops had drafted him.



EXPRESS PHOTO BY STEFANIE LASUIK

Jermaine Loewen with his parents Stan and Tara Loewen and brother Nathaniel and sister Makeda.

"Let's just say I jumped up in the air pretty high," said Jermaine.

Jermaine has played for Kamloops for the past two years. He posted 15 points this season to help his team reach the first playoff round before they lost out to the Kelowna Rockets. He hopes to make huge strides in his game in the upcoming season.

But Jermaine's goals extend past the boards of the hockey arena.

"To continue to grow as a man," Jermaine said.

"Stan and I are excited and proud of who he is as a person," said Tara. Some of the pride stems from knowing how much adversity Jermaine has had to

fight through, said Stan, referring to the long adoption process, coming to live in a new country with new parents, and the rarity of Jamaican hockey players.

Stan and Tara have since adopted two more children, nine-year-old Makeda from Ethiopia, and seven-year-old Nathanael from Jamaica. Tara said the family loves and misses him a lot when he's in Kamloops, but they want to be his encouragement and support.

"He's not just a good hockey player..." Tara began.

"He's a good brother," finished Makeda.

Impact off to 2-0 start

Staff

The Interlake Impact are off to another great start in the Manitoba Major Soccer League's regular season.

Interlake improved its record to 2-0 after a 3-2 win over Grunthal on May

14. The Impact started their season with a 2-0 shutout victory over Les Bleus on May 7.

Heading into this week's action, the Impact was in a three-way tie for first place with North Winnipeg United

and Crescentwood Saturday in the Major League Division 6 standings.

All three teams had perfect 2-0 records.

Interlake is back in action tonight when it battles BFR AC at Buhler

Recreation Park Field 1 in Winnipeg. Game time is 7:30 p.m.

On Sunday, Interlake will visit Landmark FC for a 6 p.m. matchup.

Dolphins swim well at Golden Plains Invitational

By Brian Bowman

The Selkirk Dolphins had a great performance in the pool recently at the 2016 MM Golden Plains Invitational at the Pan Am Pool in Winnipeg.

Selkirk had 11 swimmers combine to place fifth out of 16 teams on their way to winning the small club award. Teams came from across Manitoba and Saskatchewan and included one from Thunder Bay.

"We did phenomenal," said Dolphins' head coach Michelle Stamm. "The girls earned 236.5 points and our two boys earned 89 points. They stepped up to my expectations."

Jillian Friesen of Arborg had a fantastic meet, winning two silver medals and a bronze. She reached the finals in all seven of her events.

"Jillian is on the Canada Games ID team along with Max Cockerill from Arborg," Stamm noted. "She placed second in her age group overall at the meet with 97.5 points."

Jill Smuttel, 12, who resides in the Selkirk area according to Stamm, was also very good. She reached finals in three of her events.

"This was Jill's first major competition and she qualified for Man/Sask

in five events, which is a huge accomplishment," Stamm said.

The Dolphins also had a 15-and-over relay team and an 11-year-old relay squad that placed well. Stamm said it's been a very long time – if ever, since she's been coaching – that they have had two girls' relay teams.

"It was very exciting," Stamm enthused.

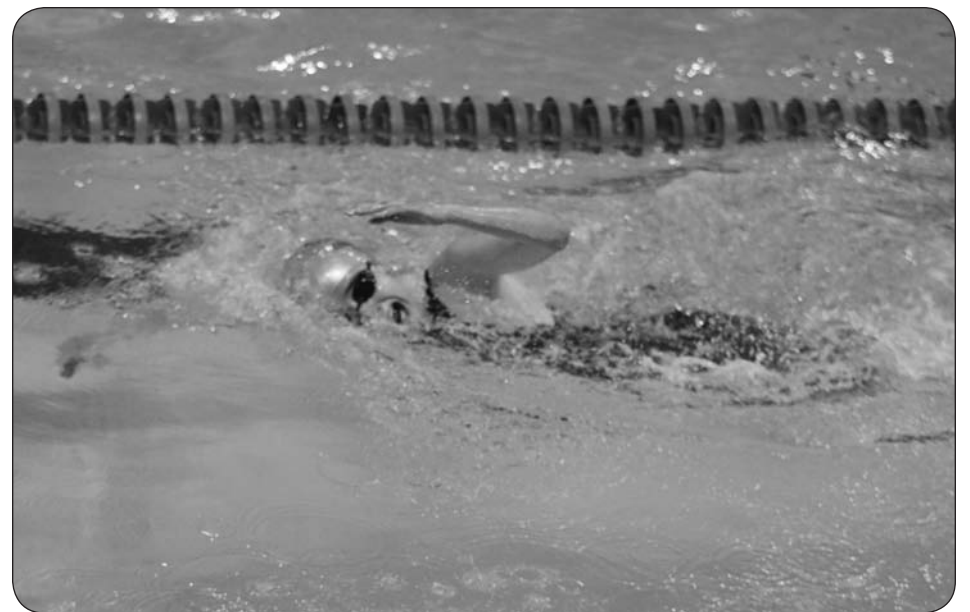
Stamm said the Dolphins have just started their long-course season and they will have a busy summer.

"I'm really looking forward to the long-course season," Stamm stressed. "It's a wonderful group of kids and we've had five new registrations in the last month. Many of the kids that started in the lower levels have moved up into the higher levels now."

"The team is showing huge improvement and there is a real good feeling on the deck. Everyone is working hard and having fun."

Selkirk will have two more swim meets before provincials in mid-June. After that, the Dolphins will have eight to 10 swimmers heading west to Regina for Man/Sask on July 8-9.

The Dolphins will also be represented at the Manitoba Summer Games in



EXPRESS PHOTO BY LANA MEIER

Jillian Friesen of Arborg had a fantastic meet at the 2016 MM Golden Plains Invitation at the Pam Am Pool winning two silver medals and a bronze.

August.

"I'm also hoping that we will have a couple of swimmers go to nationals in Calgary in August," she said.

Meanwhile, Stamm and her swimmers will also be keeping busy with a summer swim team because the in-

door pool will be open this summer. The indoor pool at the Comp is never open during the summer months.

"We're hoping to get some kids training a couple of days per week," Stamm said. "It will be something for the kids to do in the morning."

Interlake athletes rumble at track and field meet



Arborg Collegiate's Nori Sigvaldason finished the junior women's 100m dash in 15.85 seconds at the Royal Rumble in Selkirk.



Richelande Plett of Fisher Branch Collegiate jumped 9.25 metres in the varsity women's triple jump placing second and 4.55m in long jump placing fifth.



EXPRESS PHOTO BY STEFANIE LASUIK

Fisher Branch's River Carson-Abas unleashed a throw of 41.79m in varsity men's javelin for a fourth place finish.

Team Interlake wins 16U provincial title

By Brian Bowman

Team Interlake had a great performance at Basketball Manitoba's club provincials last weekend, winning the female 16U Manitoba Games Division.

Interlake defeated Team Central 57-41 in the championship game Sunday evening.

"The game was close for the majority of time," said Interlake head coach Sue Gilmour. "Towards the fourth quarter, though, we shortened the bench a little bit and went with the kids that were getting the job done in that game."

Interlake was very good defensively in that final win. Interestingly, though, they struggled on the defensive end before wisely deciding to dump their man-to-man defence for a zone system.

"Part of the reason (we struggled) was the kids not knowing each other," Gilmour said. "Players are coming from different programs...so it took a couple of games for the girls to get used to how each other played."

"By the end of the weekend, we gelled together and figured out the best rotations and whose strengths are where."

Interlake struggled early in games

at the beginning of provincials, said Gilmour, but things really started to click for the squad after a slim one-point win over Westman.

Interlake began play last Thursday with a 42-38 victor over Central. On Saturday morning, Interlake edged Westman 48-47 before pounding Parkland 53-14 later that day.

On Sunday morning, Interlake soundly defeated Eastman 65-39.

Gilmour said Julia Ignagni of Petersfield and Callista Howard of St. Andrews each played very well throughout the provincials.

Five of the eight Manitoba Summer Games teams took part in the provincial tournament.

The majority of the Interlake athletes on the 16U female team are from West St. Paul, East St. Paul, Selkirk and the surrounding area. Olivia McCowan of Grosse Isle and Jayda Campbell from Gimli are the two exceptions.

Gilmour and her girls will be busy this summer preparing for the Manitoba Summer Games, which will take place Aug. 7-10 in Steinbach. Team Interlake currently has 14 players on its roster but that number will be trimmed down to 12 by mid-June.

"We might have a few exhibition games between now and then," Gilm-



EXPRESS PHOTO SUBMITTED

Front row, left to right: Sarah Buchan, Tessa Chezick, Julia Ignagni, Tess Skarban, Jayda Campbell, assistant coach Renee Stokowski; back row: assistant coach Annette Harman, Annika Loeppky, Emily-June Feeke, Callista Howard, Jillian Tompkins, Kelysian Warmington, Charlotte Wilmott, Olivia McCowan, head coach Sue Gilmour, Renee Partyka. Missing from the photo: Madeline Mann and Alyssa Porco.

our said. "But mostly we'll just be getting ready for the Games over the next few months."

Fisher Branch track program develops into powerhouse

By Stefanie Lasuik

During a time when many rural track programs are dwindling, Fisher Branch Collegiate's team is growing stronger.

When coach Justin Charrier came to Fisher Branch Collegiate four years ago, he began treating track and field as a sport instead of an event.

"Track and field tends to fall into that category of 'go for a day.' It doesn't get the same consideration as volleyball or basketball," said Charrier, a middle years' teacher at the school.

Charrier instituted that type of mentality about track and field, and the students followed suit. He started an indoor track program at the school that joined with Athletics Manitoba's indoor series. This year, he welcomed three students from Arborg into the winter program.

As winter turns to spring, Charrier moves the athletes outdoor and begins spring practices three times a week. Most of his athletes attend all the practices, he said, and a lot take track equipment home with them.

"It's really good commitment and we're really starting to see a successful program," said Charrier.

Their success shows in the number of athletes who have already qualified for this year's provincials. Seven of the 21 track team members have hit provincial standards and three are favourites to medal.

Most of the team's accomplishments have come in throwing and jumping events. That's where Charrier directs most of his focus as the only track and field coach at Fisher Branch.

"Track and field takes a lot of coaches to develop a good program with the different aspects of throwing, jumping and running," said Charrier.

But Charrier's experience in throwing allows him to pass on expertise to his students. He spent five years on the University of Manitoba's track and field team as a thrower specializing in hammer. As he achieved his two coaching levels and got involved in coaching track and field with the provincial U18 development program, he learned about jumping and running techniques as well. Charrier was named the provincial Western Canada Games throwing coach and will serve in the same capacity for the Canada Games in 2017.

But for now, his focus is on his Fisher



EXPRESS PHOTO BY STEFANIE LASUIK

Fisher Branch track and field students, pictured left to right, Gabriel Simard, Nelson Wallach, Taigen Novak, Justin Charrier (coach), Cassidy Webb, Brooklynn Barteski, Shyanne Munroe, and Laine Vandersteen, are hoping to bring home a few medals from the Manitoba High Schools Athletic Association Milk Provincial Track and Field Championships in Brandon June 9-11.

Branch squad and their Zone track meet in Stonewall on May 30 and June 1. He hopes his athletes will earn personal bests but is proud of his students for their growth thus far.

"I'm seeing lots of enthusiasm... It's really nice to see they've developed

that competitive aspect toward it," said Charrier, noting it's a far cry from where they started. Now his students want to be a track practices, making Charrier's volunteer hours fun.

"I could go every day of the week," said Charrier.

By Stefanie Lasuik

29. Family
36. ___ Farrow, actress
37. Japanese money
38. No seats available
40. Craftsman
41. An island country in the Persian Gulf
43. Take part in a rebellion
44. They lead to bad breath
45. Eat this at a ballgame
47. A son of Jacob
48. A Philly footballer
49. Point of perfection
52. This sometimes wrinkle
53. Batman
54. British School
55. Indic

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HELP WANTED

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UPCOMING EVENTS

Manitoba Motorcycle Ride for Dad – Fighting Prostate Cancer. Saturday, May 28, 2016, 10 a.m. official start. Polo Park Shopping Centre. Register online: ridefordad.ca/Manitoba

POTATOES FOR SALE

Potatoes – Red, Yellow & Russet. Onions, cabbage, beets, turnips, parsnips & honey. Deer feed, \$9; black oil sunflower seeds, \$21. Interlake Potato Farm, phone 204-886-2676. 1 mile N. of Teulon on #7 & 1 mile E. on Rd. 95N.

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1997 - 57' Flexi-coil 5000 air seeder; 2002 - Challenger MT 755 - 300hp, 5560 hrs; 2006 - Challenger MT 855 - 460hp, 3290 hrs; 2009 C94 30' New Holland Draper header; 2010 - CR 9080 New Holland combine, 1297 hrs. Call for pricing. Serious inquiries only. 204-825-7431.

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D1 & D2 Cows	82-88	Age Verified	87-99
Good Bulls	110-123.75	D3 & D5 Cows.	70&Up

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600-700	170-204
700-800	160-188
800-900	155-183

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700-800	160-178

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Full time **Summer Student** position available at Mrs. Blue's Natural Products located in Eriksdale, MB.

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Manufacture products, fill orders, shipping (able to lift boxes over 50lbs), customer service, cashier duties, bank deposits, answering phones, small renovations, painting and cleaning duties.

Experience/Knowledge Required:

Ability to work the odd Saturday, excellent communication skills and customer service skills, excellent decision making ability and problem solving skills, ability to take direction well, positive and happy attitude.

Interested and qualified applicants are invited to submit a detailed and current resume, together with a covering letter to: Attention Lisa at mrsbluesnaturalproducts@gmail.com.

Submission deadline June 3, 2016.

We thank all applicants for their interest; however only those selected for an interview will be contacted.

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Gel and/or Acrylic Nails, Manicures, Pedicures, Waxing and Hot Stone Massage.

Experience/Knowledge Required:

Licensed or in the process of obtaining a licence for Nail Tech or Aesthetician. Ability to work the odd Saturday, excellent communication skills and customer service skills, excellent decision making ability and problem solving skills, ability to take direction well, positive and happy attitude.

Interested and qualified applicants are invited to submit a detailed and current resume, together with a covering letter to: Attention Lisa at healinginstyle@gmail.com. Submission deadline June 3, 2016.

We thank all applicants for their interest; however only those selected for an interview will be contacted.



5 Station Lane | Eriksdale, MB
1-204-333-7773 | www.healinginstyle.ca

Ashern Auction Mart CATTLE AUCTION SALES DATES

Wednesday, May 18, 2016
Wednesday, May 25, 2016
Wednesday, June 8, 2016
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Four Unit Apartment Construction Tender

Riverton Elks #530 hereby invite tenders for the building construction of an apartment complex to be built in Riverton, MB.

The building will be wood frame construction. Each unit will be two bedroom, 1 ½ baths and include an attached garage on each unit. Tenders to be submitted and received by June 20, 2016 with construction expected to start in September 2016. Lowest tender not necessarily accepted.

**For more information contact
Riverton Elks #530 at
Box 660 Riverton, MB R0C 2R0
Or Call Len @ 204-378-2771
or Doug @ 204-378-5506**



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Please email resume, with 3 references, to hr@vidir.com. or mail to: Box 700, Arborg, MB R0C 0A0 or fax to: (204) 364-2454

Only those selected for interviews will be contacted.

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Betel Home Foundation

is accepting applications for the following positions in our Gimli Personal Care Home:

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Qualifications:

- Bachelor of Nursing or RN/RPN with a suitable combination of education and experience
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- Preference will be given to students studying in the field of Therapeutic Recreation, Music Therapy, Social Work, or Nursing
- Must be full time student who is returning to school in the fall of 2016

Application deadline: **Thursday, June 3, 2016**

Please forward your resume to:

Cheryl Nieckarz
Director of Resident Care
Betel Home Foundation
Gimli 204-642-5556 ext 22355
Email: cnieckarz@ierha.ca

REPORTER/ PHOTOGRAPHER

The Express Weekly News is looking for an outgoing individual to join our news team as a reporter/photographer covering the news along Highway 6 including St. Laurent, Eriksdale, Ashern, Lunder, Gympsville and everything in between.

The ideal candidate is someone who is familiar with the goings-on of the region (or willing to get out there and learn), eager to take the initiative in finding compelling stories, has the know-how to take awesome photographs and is able to write clean, engaging copy on deadline.

This is a full-time position with benefits and salary based on experience. Prior journalism experience is a definite asset. Must be fluent in Adobe Indesign, Photoshop and photo colour correcting. Must have reliable transportation and be willing to work flexible hours, including covering some evening and weekend news events.

Submit your detailed resume and samples of writing on or before May 27:

Lana Meier: news@expressweeklynews.ca



We thank all applicants for their interest, however, only candidates selected for interviews will be contacted.

**Don't forget to send your
special wishes to your
friends and family.**



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classifieds@expressweeklynews.ca



NOTICE OF PUBLIC HEARING REVISED WATER AND WASTEWATER RATES for RURAL MUNICIPALITY OF GIMLI

May 16, 2016

The Rural Municipality of Gimli (RM) has applied to the Public Utilities Board (Board) for revised water and wastewater rates as set out in By-law No. 14-0011 read the first time on July 24, 2014. Rates were last set in Board Order No. 125/15 on an interim basis.

A Public Hearing will be held: **Tuesday, June 7, 2016**
62 Second Avenue
Gimli, Manitoba
Doors open at 6:30 p.m.
Meeting to begin at 7:00 p.m.

The current rates and proposed rates are shown below and continued on next page:

Sewer (includes Loni Beach and South Beach)	Current	2016	Increase/Decrease	2017	Increase/Decrease	2018	Increase/Decrease
Quarterly Service Charge	\$27.07	\$21.33	-21.20%	\$21.97	3.00%	\$22.63	3.00%
Sewer S/cubic metre	\$2.31	\$1.29	-44.16%	\$1.31	1.55%	\$1.33	1.53%
Minimum Quarterly*	\$58.28	\$38.75	-33.51%	\$39.66	2.34%	\$40.59	2.35%
Quarterly REU**	\$125.32	\$63.71	-49.16%	\$64.37	1.04%	\$65.44	1.66%
Septic Haulers S/cubic metre - within the RM	\$3.60	\$4.49	24.72%	\$4.52	0.67%	\$4.60	1.77%
Septic Haulers S/cubic metre - outside the RM	\$5.60	\$5.98	6.79%	\$5.94	-0.67%	\$5.95	0.17%

*Based on 13.5 cubic metres

**Based on 197 cubic metres per year (revised from 222 cubic metres)

Urban area water system	Current	2016	Increase/Decrease	2017	Increase/Decrease	2018	Increase/Decrease
Quarterly Service Charge	\$23.19	\$23.47	1.21%	\$24.33	3.66%	\$25.07	3.04%
Water S/cubic metre	\$1.17	\$1.22	4.27%	\$1.26	3.28%	\$1.29	2.38%
Minimum Quarterly*	\$38.99	\$39.94	2.45%	\$41.34	3.51%	\$42.49	2.77%
Bulk Water S/cubic metre	\$1.54	\$2.02	31.17%	\$2.09	3.47%	\$2.15	2.87%

*Based on 13.5 cubic metres

Pelican Beach Area	Current	2016	Increase/Decrease	2017	Increase/Decrease	2018	Increase/Decrease
Quarterly Service Charge	\$22.78	\$21.06	-7.55%	\$21.67	2.90%	\$22.34	3.09%
Water S/cubic metre	\$1.61	\$1.65	2.48%	\$1.63	-1.21%	\$1.60	-1.84%
Minimum Quarterly - metered*	\$44.52	\$43.34	-2.65%	\$43.68	0.78%	\$43.94	0.61%
Bulk Water S/cubic metre	\$4.25	\$2.62	-38.35%	\$2.63	0.38%	\$2.64	0.38%

*Based on 13.5 cubic metres

Pelican Beach Area Water System Flat Rate	Current	2016	Increase/Decrease	2017	Increase/Decrease	2018	Increase/Decrease
Quarterly Residential Equivalency Unit (REU)**	\$87.35	\$89.41	2.36%	\$88.18	-1.38%	\$86.56	-1.84%
Minimum Quarterly - unmetered single family or small business (1 REU)	\$110.13	\$110.47	0.31%	\$109.85	-0.56%	\$108.90	-0.86%
Minimum Quarterly - unmetered 2 residences or businesses (2 REUs)	\$197.47	\$199.88	1.22%	\$198.03	-0.93%	\$195.46	-1.30%
Minimum Quarterly - unmetered 3 residences or businesses (3 REUs)	\$284.82	\$289.29	1.57%	\$286.21	-1.06%	\$282.02	-1.46%

**Based on 217 cubic metres per year

Gimli Industrial Park Area	Current	2016	Increase/Decrease	2017	Increase/Decrease	2018	Increase/Decrease
Quarterly Service Charge	\$25.48	\$15.16	-40.50%	\$15.60	2.90%	\$16.09	3.14%
Water S/cubic metre	\$1.80	\$1.75	-2.78%	\$1.80	2.86%	\$1.85	2.78%
Minimum Quarterly - metered*	\$49.78	\$38.79	-22.09%	\$39.90	2.87%	\$41.07	2.92%
Bulk Water S/cubic metre	\$1.91	\$1.96	2.62%	\$2.02	3.06%	\$2.07	2.48%

*Based on 13.5 cubic metres

Gimli Industrial Park Area Water System Flat Rate:	Current	2016	Increase/Decrease	2017	Increase/Decrease	2018	Increase/Decrease
Quarterly Residential Equivalency Unit (REU)**	\$97.65	\$115.14	17.91%	\$118.51	2.93%	\$121.75	2.73%
Minimum Quarterly - unmetered single family or small business (1 REU)	\$123.13	\$130.30	5.82%	\$134.11	2.92%	\$137.84	2.78%
Minimum Quarterly - unmetered building with more than one residence or business (2 REUs)	\$220.79	\$245.44	11.16%	\$252.62	2.93%	\$259.59	2.76%
Minimum Quarterly - unmetered building with more than one residence or business (3 REUs)	\$318.44	\$360.58	13.23%	\$371.13	2.93%	\$381.34	2.75%
Minimum Quarterly - unmetered building with more than one residence or business (5 REUs)	\$513.74	\$590.86	15.01%	\$608.15	2.93%	\$624.84	2.74%
Minimum Quarterly - unmetered building with more than one residence or business (15 REUs)	\$1,490.27	\$1,742.26	16.91%	\$1,793.25	2.93%	\$1,842.34	2.74%

**Based on 217 cubic metres per year

Questions concerning the application should be addressed to the municipal administration. Details are available for review at the RM of Gimli's office or the Public Utilities Board's office.

Interested parties should make every effort to attend the hearing and make their views known to the Board.

Any person wishing to make a written presentation to the Board should write:

The Public Utilities Board
400-330 Portage Avenue
Winnipeg, MB R3C 0C4

or, send an email to: publicutilities@gov.mb.ca on or before May 27, 2016.

The Manitoba Ombudsman has recently issued privacy guidelines for administrative tribunals. The PUB is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the PUB advises participants that these proceedings are public and that as a result, personal information protections are reduced.

PLEASE BE ADVISED THAT IN CONSIDERING THIS APPLICATION, THE PUBLIC UTILITIES BOARD MAY OR MAY NOT FIND IT NECESSARY TO DETERMINE RATES DIFFERENT FROM THOSE APPLIED FOR BY THE APPLICANT.

Note: All proceedings will be conducted in accordance with the Board's Rules of Practice and Procedure, which the Board may vary in order to constrain regulatory costs. The Rules are available at www.pub.gov.mb.ca

"Original Signed By"

Kurt Simonsen
Associate Secretary
Manitoba Public Utilities Board

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ANNOUNCEMENTS

CELEBRATION OF LIFE

Doug Stratton
A Celebration of Life service
will be held for Doug Stratton
on June 11, 2016 at 1:00 p.m.
The service for Doug will be held
in the Arnes Hall located in Arnes, MB.
Family and friends are welcome.

ANNOUNCEMENTS

ENGAGEMENT



Fridfinnson - Kauk

Blair and Deanna Fridfinnson along with Ken and Debbie Kauk are very pleased to announce the engagement of their children, Whitney and Kyle. A community shower will be held June 9th, evening and social June 10th, 2016 evening in Arborg. A September wedding is planned.

ANNOUNCEMENTS

BIRTHDAY



Please join us as we celebrate the
90th Birthday of
Pauline Gulay
Sunday, May 29th, at 1 p.m.
Come and Go lunch at the
Royal Canadian Legion
306 Main Street
Arborg, Manitoba
No gifts please.

NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF COLDWELL

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **24th** day of **June, 2016**, at the hour of **2:00 PM**, at: 35 Main Street in Lundar, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
29300	THE WEST HALVES OF LEGAL SUBDIVISIONS 2 AND 7 OF SECTION 23-18-4 WPM EXC ALL MINES, MINERALS AND SPECIAL RESERVATIONS AS RESERVED IN THE GRANT FROM THE CROWN - 19061 RD 105N	L -\$21,800 B -\$7,500	\$3,498.54
111540	LOT 11 BLOCK 2 PLAN 13832 WLTO SUBJECT TO THE RESERVATIONS AND PROVISIOES CONTAINED IN THE GRANT FROM THE CROWN IN SW 1/4 12-20-5 WPM - 42 EIRIKSON DR	L -\$4,900	\$2,847.22
111542	LOT 12 BLOCK 2 PLAN 13832 WLTO SUBJECT TO THE RESERVATIONS AND PROVISIOES CONTAINED IN THE GRANT FROM THE CROWN IN SW 1/4 12-20-5 WPM - 40 EIRIKSON DR	L -\$4,900	\$2,663.44
130085	LOT 58 BLOCK 4 PLAN 20721 WLTO SUBJECT TO THE RESERVATIONS, PROVISIOES AND CONDITIONS RESPECTING MINES, MINERALS, MINERAL OILS AND OTHER MATTERS MORE FULLY SET FORTH IN AN INSTRUMENT REGISTERED IN THE WLTO (P DIV) AS NO. 114920 IN FRAC S 1/2 SEC 17 AND FRAC N 1/2 SEC 8-20-6 WPM AND OF CLOSED GOVERNMENT ROAD ALLOWANCE - 193 SUGAR POINT TRAIL	L -\$15,200	\$2,715.25

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the Rural Municipality of Coldwell as follows:
 - i) The full purchase price if it is \$5,000 or less; OR
 - ii) If the purchase price is greater than \$5,000, the purchaser must provide a non-refundable deposit in the amount of \$5,000 and the balance of the purchase price must be paid within 20 days of the sale.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.
- The purchaser will be responsible for registering the transfer of title in the land titles office, including the registration fees.

Dated this 5th day of May, 2016.

Managed by:



Nicole Christensen
Chief Administrative Officer
Rural Municipality of Coldwell
Phone: (204) 762-5421
Fax: (204) 762-5177

OBITUARY

THOR OLSON

July 28, 1943 – May 19, 2016

It is with sadness we announce the passing of our dear Papa. Leaving to mourn and cherish his memory, loving partner, Emily Sigurdson; his children, Pam (Jerry), Lloyd (Maureen), Carol (Ron), Gerri, Pat (Daryl), Jo-Ann (Ed), Dan (Laurence) and son-in-law Rob; his siblings, Hazel (Colin) and Roy (Barb); grandsons, Mitch (Kourtnee), Teagan and Blayne, Damon and Brendan; as well as numerous grandchildren, great-grandchildren, nieces and nephews. Thor was predeceased by his daughter Joyce; parents Halli and Stina; brothers, Robert, Wilfred and Raymond and his sister Grace.

A celebration of his life was held on Wednesday, May 25, 2016 at 2:00 p.m. in the Riverton Recreational Complex. A private family interment of ashes took place at the Geysir Cemetery.

Gilbart Funeral Home, Selkirk in care of arrangements.
www.gilbartfuneralhome.com



OBITUARY

Ronald Lorne Floyd

June 7, 1969 – May 19, 2016

It is with great sadness that we announce the passing of Ronald Lorne Floyd on May 19, 2016; loving son to Lorne and Lorna, devoted brother to Stewart and Charla, and wonderful uncle to Braeden, Kylie and Kalan. Ron is predeceased by his grandparents Alfred and Beatrice Martin and Harry and Thruuda Floyd.

Ron was born and raised in Vidir, Manitoba and has been a farmer his entire life, even before he started walking! His life may have been short but he tried and accomplished many things including running a trucking company, working on a harvest crew from Colorado to Montana, spending winter months in the bright lights of Las Vegas, and playing the stock markets.

Ron enjoyed curling, Nascar Sundays, cruising around with friends, but most of all, he enjoyed spending time with his family.

He especially loved quad rides in the evening and weekends with his niece and nephews. Ron was a big guy with an even bigger heart. You always knew when Ronnie was in the room because of his wonderful laugh and great sense of humour. He was a kind, caring, generous man with such a jolly personality. Even in his last days, Ron remained in such wonderful spirit. Ron was one of a kind and will be missed by many.

"Death leaves a heartache no one can heal! But Love leaves a memory no one can steal!"

Memorial Service will be held on Saturday, May 28, 2016 at 2:00 p.m. in the Arborg Community Hall. In lieu of flowers, donations may be made to the Ardal - Geysir Lutheran Church.

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Sun, May 29 @ 10:00 am

Prince Albert Saw Mill
* Vehicles * Trailers *
Construction Items *
Generators * 2 Post Hoist *
1920 Diamond T Truck *
47 Bosak Power Toboggan *

Winnipeg, MB
½ Mile on 101, of 101 &
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Sunday May 29th 10:00 am

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1/2 Mile on 101, of 101 & Inkster Overpass

**Prince Albert Saw Mill * Vehicles * Trailers
* Construction Items * Generators * 2 Post
Hoist * 1920 Diamond T Truck * 47 Bosak
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BRIAN & DEBRA GUDGE**

Sunday June 5th @ 10:00 am

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RETIREMENT AUCTION SALE FOR

**Victor & Doreen Lamoureux, Eriksdale, MB
Saturday, June 18, 2016 at 9:30 a.m.**

**Sale site: 8 km East of Eriksdale on PR #68. Turn South
on Rd 23W for 3.6 km. (follow signs)**

Tractors & Equipment: 1985 J.D. 4050, cab, 3pth, 6740 hrs, (ser #RW4050H005493); 1986 J.D. 2950, loader, cab, 3pth, 5613 hrs, (ser #L02950T571075); 1977 J.D. 2130 w/146 Loader, 3 pth, (ser #140732); 1974 J.D. 2130 w/loader, (ser #2130A125769L); 1970 J.D. 710 (ser #163007L); 1981 Belarus 420, 3pth; 1956 TD9 Crawler w/track, (ser #63103158362); Heston Haybine (ser #HP94128); 9 wheel Rake (ser #470051925); 2 wheel Swath turner; 1980 Verstile 4000 Swath (ser #002518); J.D. 800 14ft Swath (ser #283040); 2004 Inland Baler - only 1000 bales (ser #04RB60722017); Approx 2008 Chaas Baler; (2) J.D. #37 9ft Mowers; J.D. #37 9ft Mower (for parts); Vibra shank Cultivator; 5ft Rock picker; 12ft Hutchmaster disc; 14ft Rock press land leveler; I.H. Seeder; J.D. Dump rake; Various Harrows; 5ft pull-type Brushmower; Bale picker- 10 bale; 18.4 38" Dual wheels; Pick up reel; Pencil Auger (new); Grain Auger; (2) Grain hoppers; 3pth Bale fork; Bale fork (loader); Bucket for #7 Loader; Wooden bale elevator; Mower knives **Vehicles & Trailers:** 16ft Sokal gooseneck stock trailer; Plate for gooseneck trailer; 1 ton Truck; ½ ton Truck **Tools & Shop:** Cattle, Horse & stock equipment, Yard & miscellaneous & some Household **Antiques:** Potato hiller; Moline & Buck-eye tractor seats; Mirrored Collar & hames; 2 bottom plow; Washstand; Wood cookstove; Annex heater; Butter churn; 10 gal Crock; Cream cans - 8.4, 5, 3 & 1 gal; (5) Milk buckets; Wooden school desk; Sheep shears; Broom maker; 1947 Calendars (mint cond); Cabbage cutter; Cotton sugar bags; Salt & pepper sets; Old milk & pop bottles; Desk; 303 British rifle

(For full listing check website)

Auctioneer's Note: Vic & Doreen have sold the farm.

For more info: call Victor or Doreen at (204) 739-6392

Lorne (Buddy) Bergner, Auctioneer Box 721, Ashern, MB ROC 0E0 Ph: (204) 768-2669/ Fax: (204) 768-3237

For full listing - go to either website www.bergnerauction.com Email: bergnauct@mymts.net www.globalauctionguide.com

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AUCTION SALE FOR

Wayne Johnson, Oak Point, MB

Saturday, June 4, 2016 at 9:30 a.m.

Sale site: Just south of the Oak Point turnoff on Hwy #6. North of St. Laurent

Tractors & Equipment: Pettibone Model B-66 Telehandler w/33 ft boom, 6000 lb capacity, new J.D. Engine, work platform, crab steering/creep, weighs 20460 lbs (Ser #T04039D565935); Hyd pumps for swather; Brand new tractor seat (w/suspension); F10 Framhand; 400 Versatile Swather (for parts); Cockshutt tractor cab; 3pth 2 furrow plough **Vehicles & Trailers:** Aljo by Syline, Model 308 bumper hitch 30ft Trailer - sleeps 8 w/bunkbeds, 18ft awning; Cameo by Carri lite, Ser #6848763 - bumper hitch 33ft Trailer - sleeps 4, 22ft awning (both units have 12ft elec. slide & equipped w/air cond, batteries & prop. tank, levelling jacks, & are self-contained, 9460 lbs gvwr (can be towed w/half-ton); 3 ton 1998 Dodge Ram 2500, diesel w/Cummings engine; Dump truck w/hoist; Suzuki Sidekick (off road); 1970 Buick Lesabre, 2 dr; Fencing trailer; Trailer type, PTO driven saw mandrel; Ford F350 Custom truck; 5th wheel Trailer w/tilt & 16 ft deck; Hi beams w/wheels & hitch; 7ft Canade Dozer blade; Hoist mechanism for dump truck; (2) 1970 Build Wildcats (for parts - (1) 2dr & (1) 4dr); Volkswagen dune buggy; Front flip off MGA; Ford Courier converted to mud truck w/dump box; Passe Par Tout - Argo on tracks **Tools & Shop:** Yard & Building materials, Household **Antiques:** 1947 Willies Army Jeep (frame off body restoration); J.D. #37 9ft Sickle bar mower; Washing machine w/copper tub; Schwinn Bicycle; Snow shoes; Horseshoes; Remington typewriters; Milk jugs; Telephone; Signs; Toaster; Shoe makers frame; Wooden darts; Wooden chairs; Washboards; Seven up door sign; Binoculars; Radios; Cash Register; Barn lanterns; Gasoline cans; Old planes; Old bob skates; Children's sleigh; International stationary engine; Press drill; Vice; Horse drawn cultivator; Horse drawn seed drill (converted) **Consigned:** Allis Chalmers D17 Tractor loader, 3pth, diesel, runs perfect, big bucket; Allis Chalmers 200 cab, loader, 3pth, new multi power trans (slips); MF One-way; Various heavy duty disc, snowblower, rear mount blade, & rear mowers w/3pth; 1965 Ford 1 ton w/box & hoist (runs); 1975 Chev 3 ton w/box & hoist, 66,000 km (n/s); 1975 Winnebago 20ft Motorhome, 6 new tires, new canopy, roof damage-leaks, (n/s); 1998 SL 1050 3 cyl Polaris watercraft w/double wide trailer; 2000 Arctic Fox, 11ft inside box, truck camper 17ft long w/ slide roof, air (needs repair); 2002 Cavalier, runs (n/s); 1985 Vanguard Boat w/70 hp Mercury motor & trailer (runs); 1998 Dodge ½ ton, reg cab, 210,000 kms, runs (safetied); 1989 Yamaha 650 motorcycle, runs (needs new gas line); Honda 200 3 wheeler; 1998 Polaris Quad, 4wd, runs; 1984 Chrysler Fifth Ave New Yorker, red interior, mind cond, runs perfect, safetied (collector veh); 2002 Pontiac Montana Van, 220,000 kms, safetied; 1999 Chev ½ ton ext cab, 4wd (n/s); 1997 Chev ¾ ton 4 wd, needs motor (n/s); 1986 Camaro, runs, V6-IROC ground effects, needs rear end fixed (n/s) **Some Household**

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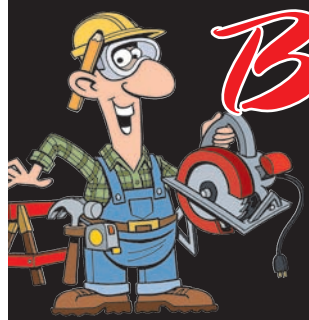
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