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VOLUME 9 EDITION 20

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## Unity and hope

EXPRESS PHOTO BY LANA MEIER

The sunflower has long held a meaningful place in the hearts of many Ukrainians as the national flower. But since Russia invaded their country, the plant has become a global symbol of resistance, unity and hope. Barvinok Ukrainian dancers celebrated the sunflower in their dance at the 40th Anniversary celebration.

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# Seeding behind with overland flooding in the Interlake

## Regenerative ag a buffer to climate change

By Patricia Barrett

With many agricultural fields in the Interlake turned into small lakes from overland flooding, seeding has been delayed, hay is soaked and some farmers have lost cattle.

It has been a challenging start to the year for farmers who were already suffering from feed shortages and withered pastures from successive years of drought. It barely rained last year, and this year it seems spring rains won't stop.

Mike Duguid, who is vice chair of the Manitoba Forage and Grassland Association and sits on the Manitoba Beef Producers board, is unsure at this point how the flip side of Mother Nature's fierce demeanour is going to play out. The moisture was badly needed, but flowing or standing water on fields could pose problems.

"We are wondering ourselves how this is going to shape up," said Duguid last Wednesday. "Some fields got flooded, and that will cause some drowning [of winter crops, perennial

species], but I think most fields will be in OK shape because they needed that extra moisture. As long as there's no standing water from overland flooding, alfalfa or hay fields will survive. It's the overland flooding that gets them."

As far as pastures go, Duguid said he thinks they'll fare much better than they had last year.

"The pastures will be a lot better this year. Already they're looking better — there's green. We didn't have that for half a summer last year," said Duguid, who farms near Arnes, about 20 kilometres north of Gimli.

Duguid said he experienced overland flooding on his farm and a road had to be cut to let the water flow to the lake. He didn't have a dry spot to which to move his hay and some has started to rot on the bottom, but he rounded up his cattle and moved them to higher ground.

"Our cattle were right up to their bellies in water and our feed was sitting in a foot of water. As soon as we could get the driveway dry enough to carry the trucks, we hauled the cattle to another pasture. They're much better there than the muck they were in."

He said it will likely be two or three weeks before he can start seeding.

Manitoba's Crop Report of May 10



EXPRESS PHOTO BY PATRICIA BARRETT

Many fields in the Interlake were hit by overland flooding over the past few weeks, including this field along Highway 8, just north of Highway 67, that had turned into a lake by May 6.

says planting is behind schedule by at least two weeks. Heavy rainfall in the Interlake and the central and eastern regions of the province saturated fields and caused overland flooding. The Petersfield weather station, for example, recorded the highest overwinter precipitation (November 2021 to May 1, 2022) at 218 per cent of normal.

Farmers are concerned about the survival of winter cereal fields that were or remain flooded, says the report, but better-drained lands are starting to green up.

"Provincial seeding progress sits at <1% completion, behind the 5-year average of 21% for Week 18," states the report. "Farmers are extremely

concerned about seeding delays, leading some farmers to switch planned corn or soybean acres into canola and spring wheat, while planned field pea acres may see a decline as well."

As far as forages go, the report says there is "limited new growth" to date because of waterlogged soils.

"Nearly all regions of the province remain short on feed supplies, and remaining overwinter supplies are being stretched thin by delaying cattle turn-out to pasture with wet conditions and limited to no new growth," states the report.

To improve pasture after flooding, Duguid says if there were "tame" spe-

Continued on page 3



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## > SEEDING BEHIND, FROM PG. 2

cies (i.e., non-native grasses, legume species) growing on it, farmers might have to re-seed some of it.

“Generally, what will happen is species such as timothy, trefoil and clover will take over because they’re a little more resistant to water than alfalfa is. And wild grass will survive pretty much, he said.

With fertilizer prices skyrocketing because of Russia’s invasion of Ukraine and supply-chain interruptions, Duguid said he’ll be cutting back on fertilizer and is hoping residual fertilizer on the fields will help him somewhat.

“A lot of fertilizer comes from that part of the world. Nitrogen, for example, is made from natural gas and the price has gone up,” said Duguid. “China, which is a big exporter, put a ban on exports. A lot of countries aren’t dealing with Russia now. Ukraine was a big exporter, but the war put a tighter crimp in the supply.”

Duguid said he’s a big proponent of planting cover crops — different forages for different seasons that keep roots in the soil year-round. The benefit of that is not needing as much fertilizer and “almost zero chemical, maybe a little Roundup in the spring to knock down the weeds.”

“You can cover your bases if you’ve got cover crops for different seasons. You can plant species for warm, cool, moist and drier conditions. The east and west watershed districts have programs to help farmers with cover crops,” said Duguid. “A crop growing all year takes more carbon out of the air than a wheat crop, for example, because wheat only grows for about 75 days. We have crops that are growing right now — fall rye, winter wheat — and they’re starting to turn green. The black fields you see aren’t doing anything to help with carbon capture.”

Other regenerative agricultural practices, such as rotational grazing in which cattle are moved and penned in different areas of pasture to mimic the habits of the Prairie bison — which didn’t pick a field clean but continuously moved from area to

area allowing the plants to recover — can help buffer the effects of extreme climate, he said.

Armand Belanger, manager of the East Interlake Watershed District, said there are new government grant programs this year for three different regenerative agricultural projects.

“The EIWD is excited to provide three new avenues of funding this year. Farmers that are interested in reducing nitrogen application, incorporating rotational grazing or establishing cover crops are encouraged to give us a call,” he said. “These types of projects are of interest to the watershed district because they work towards five core principles of regenerative agriculture, which are to minimize soil disturbances (reduce till and chemical use), maximize crop diversity, keep the soil covered, maintain living root year-round and integrate livestock.”

Regenerative agriculture mimics natural ecological systems, he said, captures carbon and builds resilience to climate change. It also builds healthy topsoil, improves water cycles and increases biodiversity.

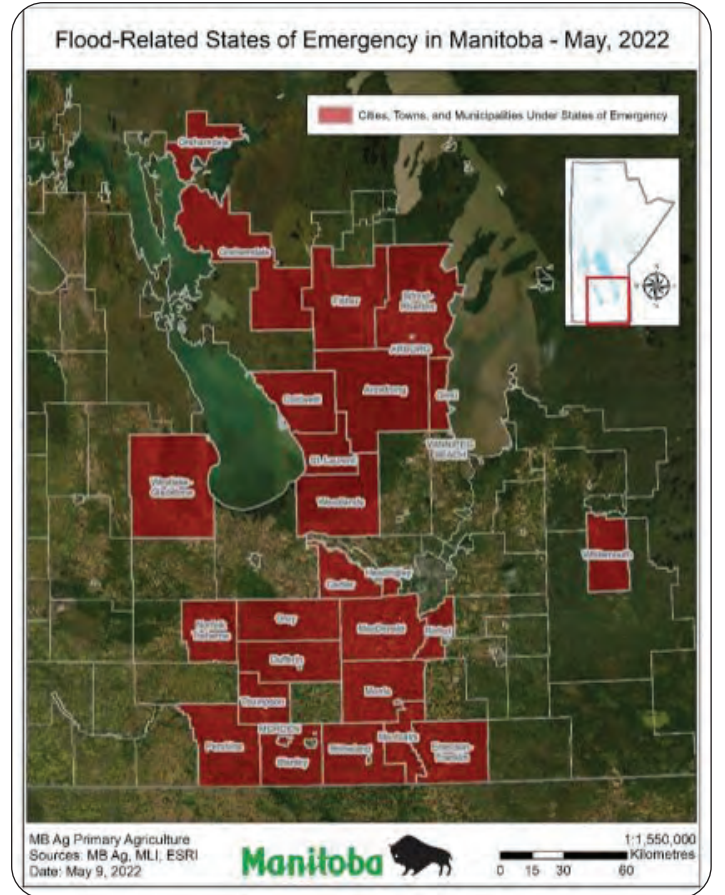
“For example, farms that incorporate these practices have shown to turn soil that is like concrete into more of a sponge,” he said. “Where water would once rush off as fast as it fell can now be absorbed into the soil, reducing flood events and helping prepare for times of drought.”

Conventionally farmed fields that get one inch of rain can take an hour to absorb it, according to some studies, he said. But a regenerative agriculture field can absorb one inch of rain in about 10 to 30 seconds. Two inches of rain could take a conventionally farmed field all day to absorb it whereas a regenerative field can suck it up in 30 seconds.

“Some estimations are showing that farmers could store an additional 25,000 gallons of water on one acre of land if they follow regenerative agriculture principles,” said Belanger. “Added up, these types of fields could significantly reduce local and downstream flooding.”

To help with the fallout of Manitoba’s spring storms, the provincial government announced a Disaster Financial Assistance (DFA) program on May 9. DFA is managed by the Manitoba Emergency Measures Organization under the provincial department of Transportation and Infrastructure. The deadline to apply is Aug. 8.

“Farms are covered and livestock losses are DFA eligible if insurance could not be purchased. A veterinary certificate is required to verify that the losses were a direct result of the event,” said a provincial spokesperson. “In order to qualify for DFA, farms must have yearly gross revenues of between \$10,000 and \$2 million and employ no more than 20 full-time workers. The farm cannot be a hobby farm; it must be an owner-operated business and the owner-oper-



**IMAGE FROM MANITOBA CROP REPORT**  
Most municipalities and towns in the Interlake declared a state of emergency to deal with flooding.

ator must be the day-to-day manager.”

DFA requirements are set out by the federal government, which has a cost-sharing agreement with the province, he added.

For information on DFA programs and how to apply, visit the Manitoba Emergency Measures Organization online. For more information on regenerative agriculture programs and grant funding, call the Gimli-based East Interlake Watershed District at 204-642-7578.

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# Arborg student artist wins first place in drawing category at Annual Interlake Juried Art Show

By Emma Honeybun

Arborg Collegiate student Amy Platt recently won first place in the drawing category at the 40th Annual Interlake Juried Art Show for her piece titled "Anxiety." She was also the People's Choice Youth Award recipient for the same piece.

Platt is in Grade 11 and started to delve more seriously into art in Grade 9 when she began the class at school. Another notable project she had worked on was a mural for the school, a collaborative piece in which she helped with the design and the paints.

Her pieces are visually inspired by personal themes derived from her own experiences and her friends.

"What kind of message I want to get across, like with the mural for school. I had a lot of input in the acceptance part of it, so I wanted to include a lot of colour and a lot of differences like representation of diversity for our school and stuff. ... But this one is a much more personal piece. It was my own drawing," said Platt.

Platt said that her winning art was derived from the experience of moving through high school while dealing with mental health. She would often talk to peers who have struggled with similar issues for input or discussion during the art process.

She said that she was surprised to see just how many people could relate to the message in her art and the effect it had once she finished and displayed it.

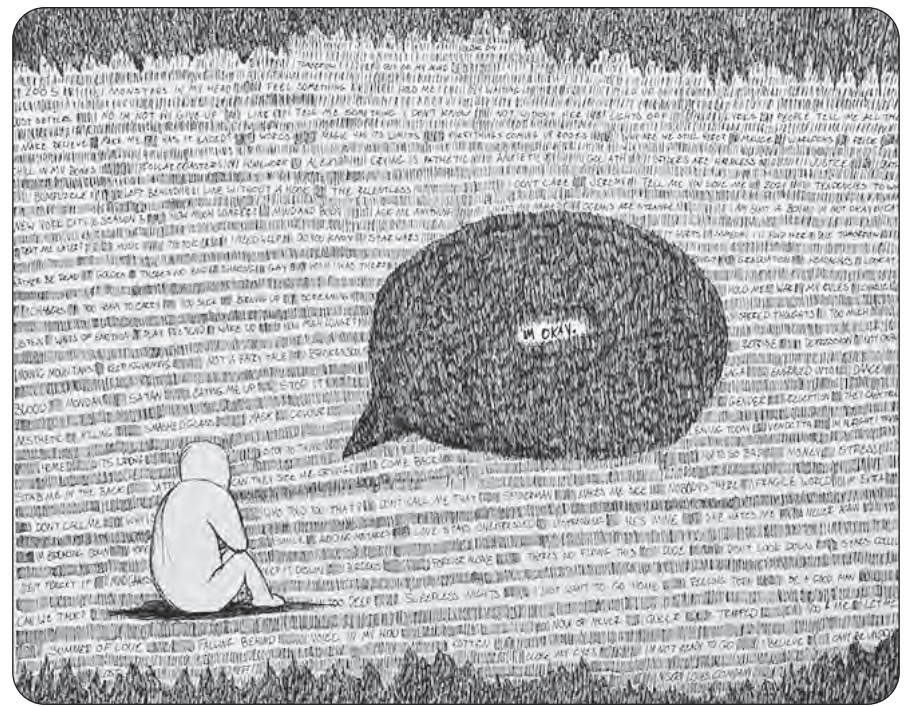
"I had teachers, my principal and other students

Continued on page 8



EXPRESS PHOTOS BY RACHEL ORBANSKI

Several Arborg Collegiate students entered artwork into the Interlake Juried Art Show held April 29 to May 1. A number of the students won awards. Pictured left to right: Miranda Gislason, Amy Platt, Adriana Gislason, Nevaeh Munroe, Larissa Caldeira, Sydney Burak, Kylee Emms-Finnsson and Lemuel Magaway. Missing from the photo is Devon Suchy.



Amy Platt's "Anxiety."



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# COVID outbreaks in Teulon, Fisher Branch; severe hepatitis in children confirmed

By Patricia Barrett

The Interlake-Eastern Regional Health Authority's medical officer of health declared a COVID-19 outbreak at the Teulon Hunter Memorial Hospital last week that infected three patients and may have infected at least 10 others.

"Yesterday [May 9] our regional medical officer of health declared a COVID-19 outbreak at Teulon Hospital. Three individuals receiving care have tested positive for COVID-19 and we have results pending for 10 other people," said an IERHA spokesperson on May 10. "We have enacted outbreak protocols in the facility. This includes restricted visitation until we are assured that the infection is no longer spreading in the facility."

The spokesperson said the outbreak is limited only to the hospital, and that the services at the clinic, the lab and the Goodwin Lodge personal care home are unaffected.

The IERHA also declared a COVID outbreak at the Fisher Branch Personal Care Home on May 9.

Four residents tested positive with test results pending on 12 other residents who are symptomatic. All visitation is suspended, with exceptions for end-of-life care.

"Every pod in the personal care home has at least one symptomatic resident. We won't have a complete sense of outbreak extent until a few days from now when we have test results back and can see if more residents start experiencing symptoms," according to acting clinical team manager Margarete Moulden.

Moulden said during an outbreak, to actively prevent transmission of illness, residents will be isolated in their rooms and activities and communal dining is suspended temporarily.

When these measures are in place, staffing is increased in the recreation department to ensure increased one-on-one time with residents. To support in-room dining, over-bed tables have been secured for residents. If residents prefer and their health status allows, they can be seated in their doorway behind these tables at meal times. This keeps residents isolated from one another and protected but it lets our staff socialize with them as meals are served.

"Residents who recovered from COVID-19 during our most recent outbreak in February are exempt from isolation," according to Moulden.

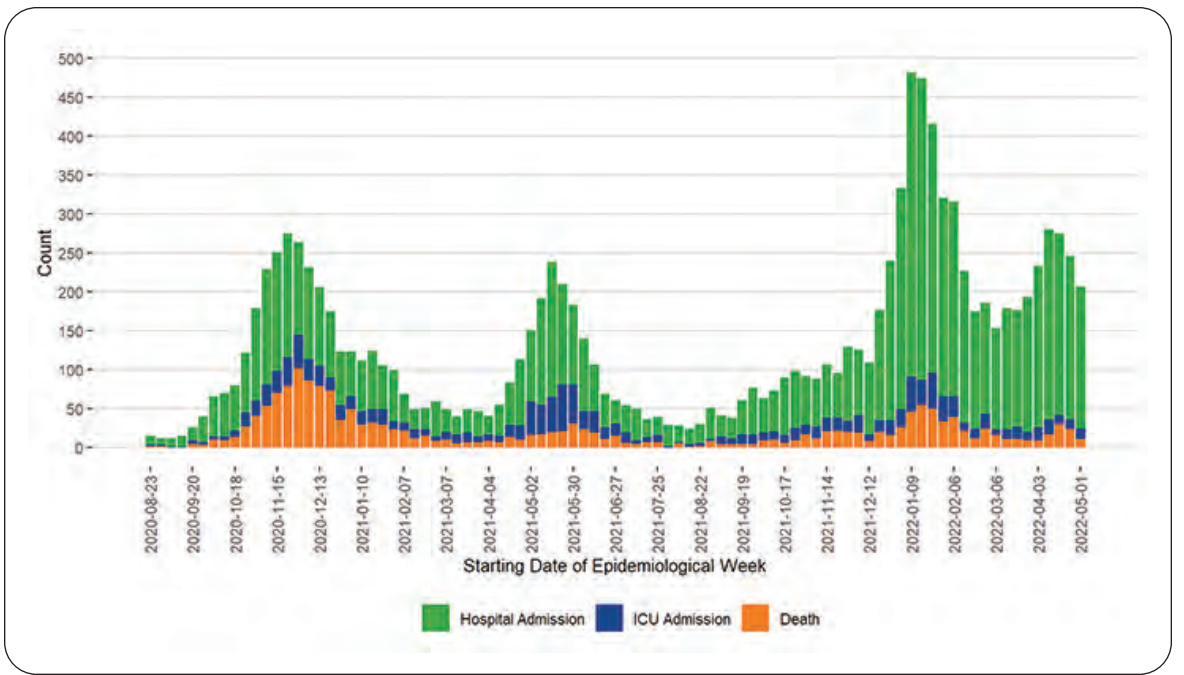
A COVID outbreak was declared May 3 at Red River Place Personal Care Home in Selkirk is still in place (as of May 14).

Other health news:

- The provincial government's surveillance report on COVID for the week May 1 to May 7 shows 902 new infections, 196 new hospital admissions, of which 13 required intensive care, and 11 more people died from the virus. There were also 11 outbreaks in long-term care facilities over the course of that week. The number of Manitobans who have died from the virus has reached 1,847.

The surveillance report also says PCR lab tests have been decreased.

Surveillance data for most of April showed 768 people requiring hospitalization (including ICU) for COVID and 44 deaths.



EXPRESS PHOTO SUBMITTED

COVID continues to put Manitobans in hospital. From May 1 to 7, 11 more Manitobans died from the virus and there were 11 outbreaks in long-term care facilities, according to provincial government data.

- The World Health Organization said earlier this month that death counts from COVID are vastly underestimated. Based on new estimates, there were about 14.9 million deaths associated with COVID over the course of 2020 and 2021. That more than doubles the current worldwide death count, which was 6.2 million as of May 11.

"These sobering data not only point to the impact of the pandemic, but also to the need for all countries to invest in more resilient health systems that can sustain essential health services during crises, including stronger health information systems," said WHO director-general Dr. Tedros Adhanom Ghebreyesus in a May 5 news release. "WHO is committed to working with all countries to strengthen their health information systems to generate better data for better decisions and better outcomes."

- The World Health Organization put the count of severe acute hepatitis outbreaks in children at 348 cases globally (as of May 12). The cause of the illness is still unknown; researchers are trying to determine if the liver inflammation is caused by an adenovirus virus or by COVID, either as a co-infection or as a previous infection.

In late April the WHO said the cases involved children aged one month to 16 years old. Seventeen children — about 10 per cent — required liver transplants and at least

one child died. COVID was confirmed in several cases and several more had a co-infection of COVID and an adenovirus.

"The common viruses that cause acute viral hepatitis (hepatitis viruses A, B, C, D and E) have not been detected in any of these cases," said the WHO in an April 23 statement. "International travel or links to other countries based on the currently available information have not been identified as factors."

The Manitoba government's Shared Health organization confirmed two cases of severe pediatric hepatitis last week (as of May 12). It is not releasing information about the affected children, nor is it saying whether they have or had COVID.

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## Manitobans advocate for safety improvements to Highway 6

By Emma Honeybun

An independent group of Manitobans, the Safer Highway 6 Citizens Action Group, has been advocating for a safer Highway 6 following years of unsafe driving conditions and collisions.

The group met with Minister of Traffic and Infrastructure Doyle Piwniuk to present the need for changes to the highway in order to reduce annual deaths and injuries last Thursday.

In a scrum following the meeting, they expressed to the media that they are not “trying to make the government look bad,” but the highway has been dangerous for too long.

“Manitoba Public Insurance records show an average of 7-8 accidents a month that result in rollovers collisions and fatal head-on collisions. The cost of personal injury, vehicle damage, hospitalization, police and emergency resources has never been documented but is substantial,” the Safer Highway 6 Citizens Action Group wrote in a press release.

The group presented a list of improvements needed to make the highway safer, such as a three-year plan for the highway that includes adjustments such as widening the shoulders or adding more rest stops.

They also presented a petition with over 5,600 signatures as of May 13.

The petition included photos of the conditions, a partial list of serious to fatal accidents and the victims who were involved.

The list included 52 accidents on the highway and 22 deaths.



EXPRESS PHOTO BY EMMA HONEYBUN

The Safer Highway 6 Citizens Action Group following their meeting with Doyle Piwniuk on May 12. Pictured is Volker Beckmann, far right, and Brenda Redman to his left.

Brenda Redman, the original creator of the online petition, was present at the meeting with the group. She expressed optimism that changes will be coming, but it did not overshadow their concern of the highway’s long-spanning reputation.

“They have relayed to us that there are going to be things happening,” said Redman. “Can’t say yet ... but we’re

hoping.”

Redman explained that the group is all from different areas in the northern section of Manitoba and could all recount either personal experiences or from those close to them while driving down the highway.

Volker Beckmann, a member from Thompson, recounted a close call that had left his hands shaking on the steering wheel.

A comment on the petition left by Laura Ayres reads “No one should die for living in the north.”

The petition’s goal is currently 7,500 signatures. The count has been climbing after the meeting’s media attention.

**“THEY HAVE RELAYED TO US THAT THERE ARE GOING TO BE THINGS HAPPENING,” REDMAN SAID ON THURSDAY. “CAN’T SAY YET ... BUT WE’RE HOPING.”**

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EXPRESS PHOTO FROM JOANNE SMITH

Nothing like an early morning kayak in an Interlake ditch on May 4. Flooding continues in parts of the Interlake, Red River Valley and many other portions of central and southern Manitoba, impacting communities and properties and resulting in damages to infrastructure, loss of road access and evacuations. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: [weather@expressweeklynews.ca](mailto:weather@expressweeklynews.ca).

## Provincial park and campground visitors advised to check and monitor conditions prior

Submitted by Manitoba government

Manitoba Environment, Climate and Parks is advising all provincial park visitors to carefully check and continue to monitor conditions before heading to provincial parks this spring.

Some campgrounds may have delayed opening dates due to the late arrival of spring and some provincial parks are experiencing overland flooding, causing some road and trail closures.

Manitoba Parks staff is closely monitoring this evolving situation and assessing conditions daily. A list of campground closures and service reductions will be kept updated at [www.manitobaparks.com](http://www.manitobaparks.com).

Reservation holders and seasonal campers will be contacted if their campsite is affected by a closure. Services such as drinking water and washrooms may also be limited or reduced in some areas as a result of late spring conditions, which are delaying the seasonal setup and operation of water lines. Campers are advised to plan accordingly for potential service reductions and pack adequate drinking water.

Some trails in Whiteshell Provincial Park are also closed due to overland flooding. Trail closures and advisories are available at [www.manitobaparks.com](http://www.manitobaparks.com).

Park visitors are asked to report any significant trail flooding or maintenance concerns to the local park district office.

Park visitors should also check [www.manitoba511.ca](http://www.manitoba511.ca) for road closures and potential detours before travelling to parks.

## letter to the editor

Letters to the Editor:  
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### How to reduce flooding on the Red River

When the Red River freezes over in the fall, the ice is usually 3-4 feet thick. If the water level is 10 feet, that would leave 6 feet for the water to flow under the ice down the river to Lake Winnipeg.

When the snow melts in the spring and runs into the river, it increases the water level to 24.5 feet, which leaves 18.5 feet of water that cannot flow under the ice.

Since the ice on Lake Winnipeg is still frozen, all the water and ice coming down the river has no place to go except to flood the surrounding land.

When it reaches Selkirk it will start to backup and flood the farms and

property all around Selkirk.

The ice around the mouth of the river and out onto Lake Winnipeg has to be broken up to allow room for the ice and water flowing down the river. It needs to be broken up to twice the width of the river at Selkirk and as far out into the lake to where the water is 12 feet deep under the bottom of the ice.

Emptying the water from the floodway back into the Red River at Lockport at this time, just adds to the volume of water already flowing down to Selkirk.

The same should be done with the Portage la Prairie bypass, to prevent flooding the farmlands there.

#### Flooding Control Measures

1 – Clear Red River second week of March to make for an early release of

water. South Perimeter bypass must be dropped from 750 feet to 743 feet in order for it to work more than a quarter of capacity. This allows for water to enter bypass earlier (floodway).

2- Dredge mouth of Red River to allow more water to flow. Break up ice in Assiniboine River to Portage la Prairie. This allows more water to drain into Red River. All other tributaries would drain early because of lower water in Red River. Go into lake and break up big sheets of ice to allow better flow.

3 – Equipment. Insurance and liability waivers for any property damage and liability for other occurrences. Costs for first year are in the \$6.5-million range with later years being less.

- Ross Hadden

# Let Women Lead wants update of Municipal Act

## Worries over interpretation of Municipal Act result in group asking for clarification by province

By Katelyn Boulanger

A recent group of Manitobans, who are calling themselves Let Women Lead, have created a petition and are asking residents to sign to get the provincial government to revise the Municipal Act in order to clarify the role of head of council.

Group members say that the group was formed over concerns after a judge ruled last year that a mayor could have their mayoral duties removed by a municipal bylaw. The particular case that was looked at in court involved local mayor Joy Sul whose council voted to take away her mayoral duties at a council meeting on Dec. 16, 2019. In addition to Sul, former Teulon mayor Debbie Kozyra and Municipality of Armstrong's reeve Susan Smerchanski have had similar bylaws passed in their munic-

ipalities though circumstances in each case are unique.

"The core factor here is that this is an affront to democracy. Women happen to be the trend right now but it can happen to anybody," said group member Lois Wales.

The way that municipal council voting works in Manitoba is that residents vote for councillors by ward but head of council is voted on by all members of the municipality. As per the Municipal Act, the head of council has duties similar to those of a councillor but also additional duties such as chairing council meetings.

The concern with the recent ruling is that members of council who vote to remove or reassign duties from a head of council would be contravening the will of the people from all over the municipality who voted that person

in with the intention that they would fill that particular position.

"We are looking to encourage women to become more involved in leadership roles. In order to do that, we need to remove these barriers. The Municipal Act is notorious for its multiple interpretations and has been over the years and this is just another glaring example of how just a few words can make a huge difference to a community. So, we need the province to eliminate these loopholes that enable these sorts of things to happen, that are so destructive to communities," said group member Cindy Kellendonk.

Wales and Kellendonk say that Let Women Lead is primarily comprised of women in leadership roles like former councillors, board members, academics and lawyers. Despite this, they say that this is not just a women's issue because even though the use of bylaws to reassign head of council duties has only been used against women leaders so far, it could happen to any mayor.

"Reeve Smerchanski and Mayor Sul were elected in 2018 by the electorate. So, it was up to the electorate in 2022 to decide if they liked what they did [or] they didn't like what they did, or they want to elect somebody else," said Wales.

People who are interested in learning more about this issue can go to the group's website where you can print out a copy of the petition to sign. There are instructions on the website to guide those wanting to be involved.

"I think that if we value our democracy, we see in the news, all over the world, democracy has been challenged, and we've seen the consequences of when democracy has been hit. So, I think more than ever, it's important that people recognize how important democracy is to them," said Kellendonk.

For a more detailed history of what has occurred in Manitoba as well as to find the petition, visit <https://let-womenlead.ca/>.

## > JURIED ART SHOW, FROM PG. 4

who seemed to really feel something when they looked at my piece, and then the Interlake art show," she said. "I had so many people I didn't even know the name of ... and they just came to talk to me about how perfectly I

had represented a whole generation's struggle. It was really cool to see how many people felt the same as I do."

Platt was very open about the personal subject matter and expressed how important she felt it was to get conversations started on mental health.

"A lot of people feel like they shouldn't be talking about the things that they're feeling and struggling with, it's probably not as bad as they think it is or they don't need to bur-

den other people. But the truth is that everyone has their own struggles. The more people who talk about it, the better that everyone will feel. 'cause once you start talking, you can maybe relate to more people and start healing," she said.

Platt's art, alongside many other original pieces from students at Arborg Collegiate, will be on display in an upcoming art show on Tuesday, June 7 at The Connexion Church (342 First Ave.) in Arborg. Before the pandemic, this was an annual event but was put on hold due to restrictions.

Arborg Collegiate congratulated a group of students alongside Platt for their art as well.

Also, in the drawing category, Devon Suchy was awarded an honourable mention for "Pennywise."

In the mixed media category, Naveah Munroe received first place for "Colonisation," and Larissa Caldeira received an honourable mention for "Translucence."

In the acrylic painting category, Miranda Gislason received second for her piece, "The Storm"; Kylee Emms-Finnison third for her Untitled Landscape piece, and Larissa Caldeira and Lemuel Magway were awarded honourable mentions for "The Reach" and "The Five Rings" respectively.

In the watercolour category, Adriana Gislason was awarded an honourable mention for "The River."

According to Rachel Orbanski, this will be their first time back doing it in two years, and the students are looking forward to it.



### Evergreen Foundation Of Manitoba Inc. **SCHOLARSHIPS**

The Evergreen Foundation of Manitoba Inc. will receive applications from graduates or residents of The Evergreen School Division who are furthering their education in a recognized post-secondary institution to be considered for one of three general \$1,000.00 scholarships.

The Foundation will also receive applications from previous Gimli High School graduates who are pursuing post-secondary education specializing in a medical field at a recognized post-secondary institution for the \$1,000 Dr. R.C. Patel & Mrs. Shakuntala Patel Scholarship.

Application forms and criteria are available at the School Division Office in Gimli and the School Division Web Site ([www.esd.ca](http://www.esd.ca)). Successful applicants will be notified by June 30, 2022.

**DEADLINE FOR APPLICATIONS: May 27, 2022**

Please forward applications to:

The Evergreen Foundation of Manitoba Inc.  
Box 1200  
140 Centre Avenue West  
Gimli, Manitoba,  
R0C 1B0

### Community Support Service

#### Al-Anon Gimli and Winnipeg Beach

Meeting place  
17B North Colonization Rd.  
Gimli (Next to the New Horizons)

**Meetings are Wednesdays  
between 7 and 8 p.m.**

Contact 204-389-4777

#### AA Winnipeg Beach

Lady of the Lake RC Church  
Corner of Hwy. 9 and Lake Ave.,  
Winnipeg Beach

**Meetings are Saturdays  
between 7 and 8 p.m.**

Contact 204-340-1855

#### Gimli Group AA

Bldg 18 Municipal Rd  
Industrial Park

**Fri & Sun Mtgs at 7:30 pm  
Womens Mtgs Thurs at 10:30 am**

**"THE TRUTH IS THAT EVERYONE HAS THEIR OWN STRUGGLES. THE MORE PEOPLE WHO TALK ABOUT IT, THE BETTER THAT EVERYONE WILL FEEL."**



# Peguis First Nation flooding has left animals in need of new homes

By Emma Honeybun

Recent extreme flooding on Peguis First Nation has left stray or lost animals without shelter.

With compromised roads, bridges and surrounding highways, many residents of the First Nation have been forced to leave their homes and rehome animals.

Water levels have been lowering, but the state of emergency, initially put in place on April 28, remains in place.

Since then, there has been an influx of online posts and notices on animals without homes and in need of temporary or permanent placement. Most commonly litters of puppies, kittens or adult dogs.

Spirit of Hope Rescue, a non-profit organization supporting dog rescue in Indigenous communities, has been regularly updating the current intake from Peguis First Nation and other areas in Manitoba on their public Facebook page.

The most recent being a surrendered litter of seven- to eight-week-old puppies. They're all now in foster homes and will be available for adoption on May 19.

According to Spirit of Hope, the original owner of the litter and mother had called on May 4 for help and planned to have the mother spayed and dewormed.

Spirit of Hope Rescue functions

on donations and sometimes has in-person adoption day events for dogs, most recently in Winnipeg last week.

Applications for fostering or adoptions can be filled out online on their website, and the page is updated with new dogs or flood updates as they come. Donations can also be sent in online or through supplying items from their wish list. There's a current need for financial support. The shelter, founded by Cathie Miyette in January of 2012, has been very successful in rescuing dogs — over 3,500 during the 10 years since.

What to know before you foster:

1. There's no cost to take in a foster dog, but supplies like food, toys, leashes, etc. must be prepped by the foster beforehand.

2. Rescue dogs have a two-week quarantine period at the beginning of fostering and cannot be taken on walks or introduced to new dogs before they are fully vaccinated. They must be eight weeks old and in good health before being adopted.

3. There's no set time for fostering. It could be up to several months before a permanent home is found, but there are options for temporary foster placement.

4. Fosters have seven days to decide whether or not they will be permanently adopting the dog they're



EXPRESS PHOTO SCREENSHOT

Spirit of Hope Rescue is looking for homes for several puppies that are up for adoption on May 19.

fostering.

Fosters must go through an application and selection process, all available on Spirit of Hope Rescue or other shelter websites or through contact.

For more information, visit the Spirit

of Hope Rescue or Facebook page:

spiritofhoperescue.ca  
<https://www.facebook.com/spiritofhoperescue/>

# Province expanding free provincial park entry to July 12 to 18

Submitted by Manitoba government

The Manitoba government will allow free entry to provincial parks for a full week in mid-July instead of on the traditional Canada's Parks Day weekend so visitors can take advantage of the parks and all they have to offer, Conservation and Climate Minister Sarah Guillemard announced last week.

"We have been listening to how much Manitobans love their provincial parks and when the idea was raised by members of the public to expand the free access, we enthusiastically embraced it," said Guillemard. "All Manitobans should have the opportunity to enjoy the great outdoors and we are pleased to offer free park entry for a full week this summer."

Vehicle permits will not be required at any provincial park from July 12 to 18, but overnight camping fees will continue to apply. Manitoba's provincial park entry fees are among the lowest in Canada, though this week-long offer is designed to ensure the cost is not a barrier to anyone.

While being outdoors and active is important for physical and mental health, COVID-19 public health orders must be followed. For the most peaceful experience, Manitobans may wish to visit parks at non-peak hours

such as on weekdays and during early weekend mornings. Information on COVID-19 restrictions at provincial parks is available at [www.manitobaparks.com](http://www.manitobaparks.com).

Manitobans who want to camp are encouraged to visit the Parks Reservation Service online at [www.manitobaparks.com](http://www.manitobaparks.com) to view the campsite vacancy report in order to find available sites and cancellations. Though some campgrounds fill up every weekend, plenty of campsites remain available on weekdays. The Parks Reservation Service can also be contacted at 1-888-482-2267.

Park visitor centres and museums are currently closed under public health orders, though interpreters offer a range of guided experiences at several parks. Trail hikes, historic site tours and guided paddles are available throughout the week. Information on park events can be found at [www.manitobaparks.com](http://www.manitobaparks.com) and under the events tab on the Manitoba Parks Facebook page at [www.facebook.com/MBGovParks](http://www.facebook.com/MBGovParks).

Manitobans can stay up to date with provincial parks news, activities and events by following Manitoba Parks on Facebook at [www.facebook.com/MBGovParks](http://www.facebook.com/MBGovParks) or on Twitter at [www.twitter.com/MBGovParks](http://www.twitter.com/MBGovParks).

**To see more photos of your favourite Interlake Athletes**

**GO TO Stonewall Teulon Tribune | flickr**

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## Lake Winnipeg commercial fishers say killing, injuring pickerel during spawning is unsustainable

By Patricia Barrett

Although the provincial government has made previous announcements about the importance of preserving pickerel (walleye) stocks on Lake Winnipeg — and has made adjustments to commercial fishers' net sizes — it allows anglers to catch them at a crucial time, while they're spawning.

Commercial fisher and analyst Bill Buckels said allowing anglers on the lake just as the pickerel are starting to spawn flies in the face of the province's much touted commitment to the sustainability of the stock. The fish should be left alone to spawn, like any animal that breeds, before anglers are allowed to catch them.

"The provincial government let the anglers go fishing on May 14 without any regard for the fact that the pickerel have not yet started to spawn," said Buckels, who lives in Gimli. "The government shouldn't make claims that it's trying to sustain Lake Winnipeg's pickerel stocks when every year it allows thousands of anglers on the lake during spawning. Spawning is the most crucial time in their lifecycle. The government's practice does not protect fish stocks — it contributes to the pickerel's demise. Anglers are killing and injuring the fish before they have a chance to replenish themselves."

Natural resources and northern development minister Scott Fielding announced the opening of the recreational fishing season in a May 13 news release, asking anglers at the same time to release spawning fish. Angling started May 14 in the southern region and will open on May 21 in the northwest and north central regions.

"Anglers will be able to enjoy Manitoba's great outdoors with the start of the fishing season this weekend," said Fielding in the release. "This is an exciting time for Manitobans and visitors who have been waiting to cast a line in their favourite lake or river."

Buckels said commercial fishers wait two days after 80 per cent of the pickerel have spawned before they start their season in order to maintain the sustainability of the stock. And spawning doesn't start until the water temperature reaches an average of six degrees Celsius. Average lake water temperature is gauged by taking the mean temperature of daytime and the mean temperature of nighttime.

Once provincial fisheries staff complete index netting to show that the pickerel have spawned 80 per cent or more, commercial fishers wait another 48 hours before they start their season, he said.



EXPRESS FILE PHOTO BY PATRICIA BARRETT

Commercial fishers sometimes pull up in their nets fish that have been injured by anglers and still have a hook and line embedded in their mouths, such as the bullhead catfish shown here. The fish's mouth on both sides was badly infected. Mouth injuries can affect a fish's ability to feed properly and lead to starvation and death.

Because of Manitoba's late winter storms and cool temperatures, the water may not warm up quickly this year, and the pickerel may not reach that critical 80 per cent point until June, he said. That means anglers will have been reeling them in for two weeks or possibly more.

Commercial fishers were the ones to put the "80 per cent rule" in place years ago, he said, when the Lake Winnipeg commercial fishery co-management board (fishers and provincial government staff) was operating. The rule is enshrined in the Lake Winnipeg Administrative Procedures, a document that was formulated by the Manitoba government and the commercial fishers. Treaty fishers do not have to follow the practice.

Neither do anglers, who Buckels said descend on the lake in their thousands or fish from shore during spawning time.

"Anglers will converge on the lake as soon as they're allowed, and even cast from shore if there's still ice on the lake," he said. "We've heard them bragging when they come in. They'll say, 'I caught 40 fish today.'"

During spawning time, pickerel are at their "most vulnerable," said Buckels. They're weak because they're doing nothing but building and laying eggs and squirting milt on the eggs. They don't need anglers "sticking hooks" in them.

"A big female can carry half a million to a million eggs," he said. "When anglers come in and catch them by the mouth, they completely exhaust them. When that female is under stress, she will die along with

the other million fish inside her."

Buckels said his concerns about angling during spawning are aligned with a number of other commercial fishers, who discussed the situation a number of weeks ago. They agreed that angling shouldn't start before the commercial fishery season and inquired about keeping harbours closed to stop anglers from injuring spawning stocks. And even in October, at times when the weather is poor and the province ends the commercial season early, anglers are still allowed to fish.

"Last year in mid-November, we could see the anglers in their boats going past our houses," said Buckels. "The province wants those angling dollars; this is not about ensuring the sustainability of pickerel stocks. Everything is about greed. How do you overcome that?"

The province has no quality plan for the commercial fishery, he added. They've been palmed off to five different ministers since the Conservatives came to power in 2016 and nothing has changed despite growing consumer demand for sustainable fishing practices.

"The province lives in a fantasy world. They believe they can stop COVID by waving a magic wand and they believe they can protect fish stocks," said Buckels. "Consumers want to be protected against unsustainable fishing practices. The fish, while spawning, want to be protected from consumers. The fish have rights, too. They have the right to reproduce like any animal on this planet."

With anticipated flood waters en-

tering Lake Winnipeg, Buckels said conditions are favourable for creating a healthy new class of pickerel. But angling could affect that.

"We commercial fishers don't kill fish for sport; we want to harvest them for food to help feed this planet. And we'll wait until our harvest stock has finished reproducing. The anglers have gaslit us, making a false case against us by saying the commercial fishery doesn't bring in hard dollars to provincial coffers and doesn't support local economies," he said.

"The anglers that come in from various places, including the States, don't buy boats and outboard motors from our local boat dealers. They don't buy pickup trucks from our local car dealers. They don't buy lifejackets here. They don't buy a bunch of food at Sobeys to support local jobs and the people who send their kids to school here. They bring their own stuff and have a shore lunch."

The *Express* asked the department of natural resources and northern development a few weeks ago whether it had plans to disallow anglers from going on the lake before 80 per cent of the pickerel had spawned.

A spokesperson said female walleye spawn "as early as May 11 and as late as June 6, with a 30-year average of May 25," based on spawn-testing data, and that opening of the recreational fishing season is slated for May 14. But there is a proposal to open the season later starting in 2023.

"Licensed anglers must abide to all angling regulations, which includes possession limits and size restrictions to manage harvest levels," said the spokesperson. "The province is introducing a suite of new regulations on April 1, 2023, which includes a move to species-specific seasons. On Lake Winnipeg, the proposed opening date of the walleye season will be the third Saturday in May."

A spokesperson for the federal department of fisheries and oceans said the Manitoba government is responsible for the fish, and there are no plans to close boat launches in any of the small craft harbours on Lake Winnipeg to protect spawning fish.

"Managing the fisheries is the responsibility of the province," she said.

**"A BIG FEMALE CAN CARRY HALF A MILLION TO A MILLION EGGS."**

# Gimli budget 2022 highlights

By Patricia Barrett

The RM of Gimli presented its 2022 budget last week and will be dealing with the fallout from this year's spring flooding.

Mayor Lynn Greenberg said most of the water has dropped off, but the RM is facing repairs for badly damaged roads, such as Colonization Road which leads into the Silver Harbour subdivision and marina.

"The flooding a few weeks ago caused damages and the culvert had to get torn out. The pavement collapsed and there's a big hole there. We've got to get something put in there — even a temporary access until fall — until the province [which is responsible for the drain] replaces the culvert," said Greenberg. "We need to have access to the Silver Harbour community. The local residents need to get services at the post office and convenience store. Right now, they have to detour along gravel roads."

Increased costs for RCMP services and fuel are two of the other challenges facing the municipality this year.

"The cost of fuel is a big one and, of course, policing costs went up [after officers received a pay rise]. The last couple of years have been a challenge financially with COVID," said Greenberg.

For transportation services, which include road maintenance, equipment operators' wages and benefits, fuel, equipment repairs and yard operations, the RM has set aside \$4,717,229. It spent \$3,885,499 in 2021. Equipment operators' wages and benefits has a budget of \$1,694,366. Last year the RM spent \$1,112,280. With rising fuel prices, the RM has budgeted \$321,000 this year, up \$108,768 from last year's expenditure of \$212,232.

The RM set aside \$1,115,597 for protective services this year, up by \$211,473 from last year's expenditure of \$904,124. For police services, the

RM set aside \$615,371, up by almost \$155,000 over the \$460,514 it spent last year. For bylaw enforcement, it budgeted \$36,800, a decrease from last year's expenditure of \$43,926. The budget for fire services is increasing by over \$61,000 this year at \$348,193. Last year the RM spent \$286,871 on fire services.

The RM budgeted \$57,000 this year for sidewalks and boulevards, up from \$48,062 last year, and \$152,600 for ditches and road drainage, up from \$44,430 last year. It budgeted \$10,000 for erosion protection.

The RM has also set aside \$676,234 for its chief administrative officer and staff. Last year it spent \$523,306.

The overall budget is set at \$16,110,800. In 2021 revenues were \$14,975,344 and the RM spent \$14,472,841, resulting in a net operating surplus of \$502,503.

Greenberg said the RM hired a new economic development officer this year (Jennifer Rutkair), who will be focusing on promoting the services and infrastructure available in the Gimli Industrial Park, trying to attract new businesses to the community, creating other economic growth opportunities and overseeing the former cadet training centre, which the RM has offered to house Ukrainian refugees.

For tourism, the RM set aside \$93,775. Last year it spent \$18,261. The RM hired a new tourism clerk who will be overseeing a number of events this year.

"We have a new tourism clerk and he's planning a lot of events. There will be different things happening all summer," said Greenberg.

For beautification and land rehabilitation, the RM budgeted \$56,917. Last year it spent \$51,631. It budgeted zero dollars for urban area weed control, but put aside \$61,500 for rural area weed control.

large mill rate of 11.02, which includes a fire reserve and arena debenture, as well as a rural mill rate of 6.41. In addition, garbage and arena levies will be applied to certain properties according to the bylaws.

The majority of 2022 expenditures in the RM of Coldwell will be allotted to transportation services (28%), government services (18%) and fiscal services (12%).

Other expenditures include recreation and cultural services (9%), reserve transfers (5%), environmental



EXPRESS FILE PHOTO BY PATRICIA BARRETT

The municipality set the budget for its outdoor aquatic centre at \$258,452. The 175,000-gallon pool has five lanes, a number of slides, a lazy river, spray features and a kids' pool, along with picnic tables and lawn chairs.

For recreation and cultural services, the RM is budgeting \$1,770,270 this year. Last year it spent \$1,173,182. It set aside \$905,199 for skating rinks and arenas. It spent \$604,086 last year. Parks and playgrounds have a budget of \$62,050. Last year the RM spent \$22,244. The outdoor aquatic centre has a budget of \$258,452 this year. Last year the RM spent \$144,955.

Funding for heritage organizations decreased substantially with the budget set at \$5,000. Last year the RM spent \$38,321.

The RM has an ambitious number of capital expenditures for 2022, including a youth centre start-up fund (\$50,000), baseball dugout covers (\$33,755), Goldfield drainage (\$410,000), garbage and recycling bins replacement (\$28,000), an electric car charging station (\$25,000), water line replacement (\$2,721,975), Gimli Pavilion stage upgrade (\$20,000), arena flooring (30,000), public works office renovations (\$82,000), a roof for New Horizons (\$100,000), aquatic centre signage (\$10,000), Gimli Park Road (\$30,000) Arnes Colonization Road (\$200,000), Sandy Hook back

lanes (\$10,000) and a connectivity and walking track (\$86,354).

"We're looking to get a connectivity trail and walking path built from the new 55-plus housing development in Loni Beach to Gimli Park and into downtown," said Greenberg. "And we're replacing the water lines that were installed in 1957 — they're reached the end of their life. The previous council did Seventh Avenue (Highway 9) and this year we're doing Sixth and Fifth avenues. We'll need to get them all done eventually, down to First."

The municipality donated land near the outdoor pool to a local committee that's raising funds for a youth centre.

"We want to help them along," said Greenberg. "A youth centre is needed in Gimli."

The RM's five-year capital expenditure plan includes a new fire truck, service trucks, sewer hook-up for the beach washroom, a landfill cell, a climbing wall at the beach, Gimli Pavilion kitchen upgrades, lighting on PR 231, water renewal and sewer extensions.

# RM of Coldwell presents 2022 financial plan

By Jennifer McFee

Coldwell council heard the concerns from residents about proposed tax increases and decided to tweak the budget after the recent public hearing in an effort to remove some expenses.

Everyone who attended the public hearing will receive a notice to inform them about council's decision to change the financial plan.

In the RM of Coldwell, residents will see an overall change to the mill rate between 0.45 and 0.84 mills in 2022.

The rural properties will pay an at-

and health services, which includes garbage collection and landfill operation (8%) and protective services (7%). Economic development services (3%), environmental development services (2%) and public health and welfare services (1%) make up the remainder.

For 2022, capital projects include a loader cost-shared with the Local Urban District of Lundar (\$55,000), a handivan purchase for community services (\$21,000) and a shed for recreation equipment (\$7,000).

Looking ahead, the RM of Coldwell

is planning to work on Main Street sidewalks in 2023. In 2024, plans are in the works for a sewer expansion, as well as office and shop expansion, followed by a grader and fire truck upgrade in 2025.

In the LUD of Lundar, \$15,860 is budgeted for sidewalk inspection and repair, \$10,000 for snow and ice removal, \$7,000 for drainage and \$3,500 for street maintenance.

# Barvinok Ukrainian Dance Club back in full swing, celebrating 40 years

By Patricia Barrett

After a two-year hiatus caused by COVID-19, Gimli's Barvinok Ukrainian Dance Club was back in full swing a few weeks ago at the Fraserwood Hall to mark its 40th anniversary and spread the joy of Ukrainian culture.

The dancers had been rehearsing off and on over the winter, COVID and weather permitting, and were eager to get on the dance floor for the May 7 performance to share Ukraine's cultural history, said the club's secretary.

"We haven't been able to have our spring concert for two years because of COVID so this is a great event for us. And it's our club's 40th anniversary," said Kerry Reynolds. "We've had dance practices since October 2021, but there were times when we had to miss rehearsal because of COVID or bad weather."

Known for their spirited performances, technical precision and storytelling skills, the dancers performed traditional pieces such as the Bukovyna, Hutzul, Volyn, Hopak and Poltava, which showcase traditions from different regions of Ukraine. They opened with the Pryvit, or welcome dance, which highlights the variety of colourful folk costumes and has dancers offering wheat, bread and salt to the audience. The club also performed a character dance that showed off the dancers' comedic and dramatic skills.

Prior to their spring performance, some of the dancers performed at the Stand with Ukraine fundraiser at



Gimli's Lakeview Resort and "were so proud to be part of that," said Reynolds.

The club, which was formed in 1982 to preserve Ukrainian culture, is run by a volunteer board with help from the dancers' parents and the community. Its board currently consists of president Kim Kmet, vice-president Chelsey McColl, treasurer Jennifer Peters, secretary Kerry Reynolds, fundraising chair Chantale Yaremkiwich, costuming staff Nancy Humniski and Taylynn Batenchuk, and members at large Sam Michaluk, Sue Steinmetz, Trisha Kaegi and Jennifer Levreault.

Continued on page 13



EXPRESS PHOTOS BY LANA MEIER



## > DANCE, FROM PG. 12

"We're extremely fortunate to have a strong volunteer community and would not be where we are today without them," said Kmet. "I would like to acknowledge all the hard work and dedication of past volunteers, board members, instructors and junior instructors. Thank you to our current volunteers, board members, instructors and junior instructors."

The club presented bursaries worth \$250 to dancers Kyra Humniski and Ava Lebel, who'll be pursuing post-secondary studies after high school. Humniski joined Barvinok when she was eight years old and Lebel joined when she was 10.

Kmet thanked volunteers Nancy Humniski, Elaine Bahuaud and Sharon Michaluk for overseeing the costumes. And also thanked dance instructors Ashley, Stephanie, Kyra, Samantha and Tyra for sharing their passion, dedication and choreography skills with the club, which has earned countless awards, including gold, at Ukrainian dance festivals.

The afternoon performance was emceed by Jay Nickerson and included a 50-50 draw worth \$593.



# Your FARM



## Updating key tools in sustainable crop protection

### Staff

In what should be music to the ears of agricultural producers in Manitoba's Interlake area, ADAMA Canada has updated some of its key tools in sustainable crop protection.

Prairie canola, pulse and corn producers now have a suite of crop protection products made with sustainable ingredients, as ADAMA Canada has updated some trusted favourites to improve formulations, resulting in reduced nega-

tive environmental impact. Local retailers said customers are looking for more sustainable and eco-friendly products.

"The world is changing a lot. Everybody is looking for ways to make things better, whether it be for the user, operator, the field (itself) or the non-target pest species. Even for the pest species, we want products that have good efficacy," said Mike Klassen, the sales manager and lead agronomist at Ag Advantage in the RM of



EXPRESS PHOTO BY LANA MEIER

ADAMA Canada has updated some of their products to help farmers with more sustainable and eco-friendly products, including canola.

Woodlands, which also serves the RMs of Rockwood and Rosser. "Zivata is more sustainable than predecessors. If we can make a product more sustainable, why wouldn't do that? Development has become more prominent, gone are the days where nobody is around these fields."

ADAMA's chemists designed Zivata to be more user friendly and it contains more environmentally sustainable ingredients. The company dubbed it a "formulation for the future." Zivata's active ingredient is lambda-cyhalothrin, which is effective on a wide range of pests and pest stages.

Currently Zivata is registered for crops including canola, pulse, corn, soybean and a variety of fruits and vegetables. ADAMA thoroughly planned its supply chain and is producing the product at its plant in Georgia (U.S.A.), which means Zivata will be widely available across Canada in 2022.

With many agricultural organizations mandating sustainability, improved formulations are critical to achieving the industry's environmental goals.

Zivata is an improvement on competing products because it offers three main formulation benefits:

Plant-based versus petroleum distillate — ADAMA now uses a sustainable plant based solvent versus the non-renewable petroleum based solvents used in most insecticides.

Safety built in — Zivata has a higher flashpoint, which makes it less volatile to store and handle.

Zivata's formulation includes a proprietary, sustainable solvent and adjuvant.

"This new formulation allows farmers to protect their crop, while consciously choosing a product with the environment in mind," said ADAMA Canada general manager Cornie Thiessen. "While current products meet safety



## Grazing Workshop Series

**Start Your Grazing Plan (Workshop 1)** Choice of 3 locations

**MBFI Brookdale Farm Learning Centre**  
- Tuesday, April 12, 2022 (12:00-6:00 pm)  
North of Brandon, Corner of PR 353 and Hwy #10

**Eriksdale Community Centre** - Wednesday, April 13, 2022  
(9:30--3:00 pm) 22 Railway Ave - Eriksdale

**Grandview Kinsmen Community Centre** - Thursday, April 14, 2022  
(9:30-3:00 pm) 435 Burrows Ave - Grandview

**Agenda**

- **Building Pasture Productivity using Pasture Planning**  
Steve Kenyon - Greener Pastures Ranching Ltd
- **Using Agri-Maps as a tool to develop grazing system plan**  
Shawn Cabak - Ag Adaption Specialist - Livestock, MB Ag
- **Developing applications for grazing project funding**  
- Laura Grzenda, Andrea Bertholet & Jewel Mazur  
Agri-Ecosystems Spec. - Livestock Stewardship, MB Ag  
- Local cost sharing programming
- **Hands-on supplementary training** (optional)  
please bring your laptop



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**SAVE THE DATES! - MORE DETAILS TO FOLLOW**

**Fence and Water Solutions (Workshop 2) - MBFI Brookdale Farm Site - June 1, 2022**  
Electric Fencing Theory & Hands-on Demonstration, Solar Power for Remote Water Systems, Pasture Pipeline Installation

**Health Check Your Pasture and Soil (Workshop 3) - MBFI First Street Pasture, July 6, 2022**  
Hands-on Demonstration of Pasture and Soil Health Assessments

**Diversify Your Grazing (Workshop 4) - MBFI Brookdale Farm Site - August 3, 2022**  
Extended Grazing and Annual Forages for Feed and Livestock/Crop Integration

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Workshop 1 Fee - \$30.00 per person (Lunch included)

Pre-registration is required (spaces may be limited) - April 11 registration deadline for Workshop 1  
Register at MBFI website @ <https://www.mbf.ca/registration> or call 204-761-3300



# Upcoming asset mapping workshops aims to strengthen food and agriculture industry

By Patricia Barrett

Upcoming workshops hosted by Food and Beverage Manitoba and Community Futures will be bringing food processors, food entrepreneurs, farmers and community groups together to gather ideas to help strengthen the food and agriculture industry.

Community Futures project manager Katie Daman said three asset mapping workshops in the Interlake will bring food communities together, identify assets people want to maintain and build upon, and come up with strategies to help overcome challenges that entrepreneurs in the industry may encounter.

“We’re hoping we can bring together individuals and businesses throughout the food ecosystem for our workshops, from entrepreneurs such as growers to processors, to retailers and farmers’ markets, as well as researchers and service delivery providers,” said Daman, who works with food ecosystems project at Community Futures.

Starting a food-based business is challenging for entrepreneurs, she said. They have to navigate food safety regulations, grocery chains and COVID-related supply chain disruptions. Many food entrepreneurs start with farmers’ market where they can test their products and collaborate and connect with others in the food industry.

The food ecosystems project addresses some of the challenges food and farming entrepreneurs face, including product development, marketing, and regulatory and financing environments, and

supports the needs of local communities and Indigenous populations to spur on economic development and create a more “interconnected, resilient and climate-friendly food system.”

“This is what Community Futures and Food and Beverage Manitoba hope to explore in our asset mapping workshops and community engagement sessions,” she said.

Phase 1 of the food ecosystems project involves a combination of program development, asset mapping, and community and partner engagement, she said, to create targeted programming to better support food and farming entrepreneurs.

“The vision is to provide shared access to costly equipment, mentorship and business development expertise, storage facilities and processing capabilities to enable smart risk-taking and innovation within a supportive, adaptable environment across the province,” she said. “This model strives to take a forward-looking, community-driven, partnership-centric approach that mobilizes existing assets, avoids duplication and enhances the resiliency and capacity of Manitoba’s food ecosystem.”

The asset mapping sessions take place on Wednesday May 25 in three communities: Stonewall at the Quarry Park Heritage Arts Centre’s Fullbrook Room from 9:30 to 11:30 a.m., in Gimli at the Farmers Hall on PR 231 from 1 to 2:30 p.m. and in Arborg at the Arborg Heritage Village from 4 to 5:30 p.m.

Participants will be entered into a draw for a Manitoba local food prize basket valued at \$100.

## Asset Mapping Session

May 25, 2022, 9:30-11:30 am – Stonewall, MB, The Quarry Room (The Fullbrook Room)  
1:00-2:30 pm – Gimli, MB, Farmers Hall  
4:00-5:30 pm – Arborg, MB, Arborg Heritage Village

Presented by Food & Beverage Manitoba and Community Futures

Are you a food entrepreneur or small-scale farmer seeking assistance with post-COVID recovery or growth? Do you wonder how to take your business to the next level? Are you interested to learn what supports exist that can help you start, grow, or scale your food-based business? Or, are you a service provider, researcher or product developer that works with food entrepreneurs or small-scale farmers? Help us understand what you and your clients need to stabilize, strengthen and grow the Interlake’s food and agriculture businesses!

Food and Beverage Manitoba and Community Futures want to understand how we can help you! Join us for an asset mapping session on May 25 to strengthen our local Food and Agriculture Industry. This session will bring together community members, business owners, and industry professionals to identify regional assets and attributes in your communities that you’d like to grow and preserve. The session is part of a larger community-driven, ecosystem-building project that will help set the trajectory for the Food and Agriculture Industry post-COVID and inform future investments for a more resilient food ecosystem.

In this facilitated session, we hope to support Manitoba’s Food and Agriculture Industry by collaborating to:

- Create an inventory of all the good things you’d like to grow and maintain within the Food and Agriculture Industry in your region and the Province;
- Rank the most valued aspects in your community that make this industry enjoyable;
- Discuss a strategy of how to sustain and grow the assets by mitigating threats and exploring opportunities.

Project outcomes:

- Inform future investments in infrastructure and services
- Create connections between regions and communities
- Support post-COVID recovery
- Encourage collaboration, diversity and sustainability
- Create pathways for entrepreneurs and business owners to sustain and grow their business by connecting them to services, equipment, expertise and capital.

Refreshments provided. All participants will be entered to win a draw for a Manitoba Local Food Prize Basket (valued at \$100).

Want to learn more? Register now or contact Katie Daman [kdaman@cfmanitoba.ca](mailto:kdaman@cfmanitoba.ca) for additional information.

Masks are appreciated but not required.

Register here if you are a food processor or farmer, a community group working with food entrepreneurs or farmers, government representative, or work in the food supply chain and would like to attend one of our sessions:  
Stonewall, Manitoba (Register)  
Gimli, Manitoba (Register)  
Arborg, Manitoba (Register)



COMMUNITY FUTURES

Asset mapping sessions will take place in Stonewall, Gimli and Arborg.

To register for the workshops, email Katie Daman at [Community Futures: kdaman@cfmanitoba.ca](mailto:kdaman@cfmanitoba.ca)

**Don't be a dummy.**  
**Seatbelts save lives.**  
Buckle up every time you hit the road.

MANITOBA PUBLIC INSURANCE

# City of Winnipeg releases another 3 million litres of untreated sewage

By Patricia Barrett

More raw sewage is destined for Lake Winnipeg after the City of Winnipeg shut down a flooded pumping station on April 30.

The station had reached capacity and was shut down to prevent basement flooding in the Charleswood neighbourhood of Winnipeg, according to the city's water and waste webpage. An estimated 3.06 million litres of untreated sewage were discharged for about an hour into the Assiniboine River from an outfall at Dieppe Road and Roblin Boulevard.

The Assiniboine flows into the Red River, which flows into Lake Winnipeg.

The latest sewage discharge comes after the city dumped 59.6 million litres of untreated waste into the Red River on April 25. And it dumped nearly 80 million litres of untreated waste into both the Red and the Assiniboine over 10 consecutive days in March. Untreated sewage contains feces, urine, viruses, bacteria, fungi, parasites, chemicals, pesticides and phosphorus, which contributes to algal blooms.



EXPRESS FILE PHOTO BY PATRICIA BARRETT

Commercial fishers working near Hecla and Deer Island at the top of Lake Winnipeg's south basin were inundated with feces from an unknown source in the fall of 2018.

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## > KEY TOOLS, FROM PG. 14

standards and are effective, ADAMA is pleased that Zivata is improved in areas like sustainability, toxicity and exposure. We are continuously looking at our products to see if we can update them to be more environmentally sustainable without changing their efficacy. That's a win-win for our industry."

Here are three ways that Zivata improves stewardship and sustainability:

Reduced Volatile Organic Compounds (VOCs) — VOCs are known to negatively affect people, the environment and air quality. Zivata's innovative formulation improves both the user experience and flexibility of use around odour-sensitive areas.

Managing active ingredient (A.I.) per acre guidelines — Zivata's active ingredient is efficient and effective with a low registered rate for effective results.

Sustainable sourcing — Using a plant-based, renewable solvent versus a petroleum-based, non-renewable solvent.

Zivata has been approved and labeled for use on a wide variety of crops including soybeans, canola, wheat and fruit crops. We believe it will find enthusiastic adoption by those committed to continuously improving agriculture across the country, though we expect some of the higher value commodities may lead the way.

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# RCMP seize drugs during traffic stop

EXPRESS PHOTO SUBMITTED

Fisher Branch RCMP stopped a northbound vehicle speeding on Highway 17 in the RM of Fisher on May 11, 2022. Officers initiated a traffic stop and after a subsequent investigation, a search resulted in the seizure of cocaine and a significant amount of Canadian currency. An adult male from Peguis First Nation was arrested and charged with possession of cocaine for the purpose of trafficking. He was also issued a ticket under the Highway Traffic Act for speeding. He was released and is scheduled to appear in court in August 2022 in Peguis First Nation. RCMP continue to investigate.



## Home & yard

### 4 tips for sustainable gardening

The produce sold in grocery stores often travels hundreds or even thousands of kilometres before ending up on your plate. Do you want to grow your own fruits and vegetables? If so, here are four tips for gardening sustainably.

1. **CHOOSE THE RIGHT PLACE** Do your research to find the best location to plant your garden. Take into

account the soil type and amount of sunlight the area receives to ensure your plants grow well and won't require much maintenance.

2. **FEED THE SOIL** Feeding your soil with compost is the best way to grow healthy plants. Doing so will allow you to avoid concentrated fertilizers that could make your crops more vulnerable to disease or pollute the wa-

ter table if incorrectly applied.

3. **SAVE WATER** Avoid planting vegetables that require a lot of water. Instead, choose varieties that can easily adapt to the average amount of rainfall in your area. You should also set up a rainwater collection bin. Remember to water generously but not every day. This will promote root oxygenation and allow your plants to draw water from deep within the soil.

4. **EMBRACE IMPERFECTION** Gardens are living things. Therefore, you must accept that yours won't look perfect. Inevitably, insects will nibble on your plants. Just remember that birds will feed on the bugs, and pollinators will visit your flowers. Simply sit back and watch nature in action.

For more tips, visit your local greenhouse and talk to an expert.

### How to grow vegetables on your balcony

Gardening is a wonderful way to stay active, relieve stress and spend time outdoors. If you grow your own vegetables, you'll enjoy the added benefit of saving money on food and having access to organically grown produce. Plus, you'll reduce your carbon footprint and be less likely to waste food that you grew yourself.

However, not everyone has a backyard or enough green space on their property for a regular garden. Fortunately, many of the vegetables you might plant in your yard can thrive in pots on your balcony or patio.

Here are just some of the many vegetables that can be grown in contain-

ers:

- Tomatoes
- Eggplants
- Radishes
- Leafy greens
- Beetroots
- Peppers
- Green onions
- Beans and peas
- Cucumbers

Once you've selected your vegetables, choose pots with good drainage and enough depth to accommodate the plant's growth. You'll also need to water your vegetables every day and ensure they get enough sunlight.

Finally, it's best to use potting soil for your balcony garden, as it contains more nutrients than other types and can help prevent root rot.

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### Day Camps Ages 5 - 10

Time - 9:00 - 4:00  
Monday to Friday  
Drop Off 8:30 Pick Up 4:30

First camp \$150.00  
Additional Camps \$100.00

- July 4 - 8 Reader's Theatre
- July 4 - 8 Sports includes floor curling & shuffleboard
- July 11 - 15 Games includes trip to bowling alley & laser tag
- July 18 - 22 Flight & Fossil includes archery
- July 25 - 29 Stitches & More
- Aug 2 - 5 Games includes trip to water park
- Aug 8 - 12 Woodworking
- Aug 15 - 19 Swimming trip to Kinsmen Lake

### Day Camps Ages 10 - 14

Time - 11:30 - 4:30  
Monday to Wednesday  
Drop Off 11:00 Pick Up 5:00

First camp \$75.00  
Additional Camps \$60.00

- July 4 - 6 Games includes floor curling & shuffleboard
- July 11 - 13 Games includes trip to bowling alley & laser tag
- July 18 - 20 Sports includes archery
- July 25 - 27 Sports includes trip to local golf course
- Aug 2 - 4 Sports includes trip to water park
- Aug 8 - 10 Outdoor Experience
- Aug 15 - 17 Swimming trip to Kinsmen Lake

#### Dance

w/ Ms Alycia & Miss Elena  
ballet lyrical jazz hip hop tap  
dance theatre  
Ages 5 - 14  
\$150.00 per camp  
July 11 - 15  
Aug 15 - 19

#### Musical

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#### Musical Theatre Live - w/ Arthur & Miss Elena

Singing Dancing Acting & Stage Props  
Ages 8 - 14

Two-week camp \$250.00 July 18 - 22 & 25 - 29

## Registration Starts May 25th

Email - [gaac@mymts.net](mailto:gaac@mymts.net)

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# Incredible Creatures: Northern Leopard Frogs

By John Cavloski

In last month's Incredible Creatures, we looked at a species of frog that overwintered on the forest floor, can freeze and still survive, and becomes active earlier than many other frogs. That was the wood frog. In this month's Incredible Creatures, we will explore another common and quite interesting species of frog, the northern leopard frog.



PHOTO SUBMITTED

Northern leopard frog.

#### Leopard-like looks

The northern leopard frog, *Lithobates pipiens*, is green or brown or a mixture of the two. It gets its name from the dark spots surrounded by light borders on its back and sides, which resemble leopard spots. They have a light-coloured ridge on each side of its back, from behind the eyes to the lower back. The underside is whitish. Males get to about eight centimetres and females to about 10 centimetres from their snout to the back of their body (not including the legs).

Aside from northern leopard frogs, there are a few other species of leopard frogs in North America, such as the southern leopard frog and Atlantic coast leopard frog. But the northern leopard frog is the only species of leopard frog found in Manitoba.

#### Where to find a leopard frog

Northern leopard frogs live in three types of habitats, depending on the season. They use shallow marshes for breeding, moist uplands for summer foraging and permanent water bodies for wintering. Since there is a limited ability to disperse for this species, having these habitats close to each other is beneficial.

From the more permanent water bodies where they spend the winter, adult frogs travel up to 1.6 kilometres (1 mile) to breed from April to June. These breeding areas include the shallow, warm waters of a variety of wetlands including marshes, springs, flooded ditches, dugouts, beaver ponds, the margins of lakes and slow-moving waters of streams and rivers. Ideal wetlands for breeding are less likely to contain predatory fish. Emerging vegetation is important for protective cover and is used to attach egg masses to.

After breeding they may disperse up to eight kilometres from breeding areas to forage in the summer in areas either next to or away from wetlands. These areas can include meadows, pastures and drainage or irrigation ditches. Northern leopard frogs usually do not use areas that are heavily wooded, although there can be exceptions. They also avoid areas of very sparse vegetation such as heavily grazed pastures or cultivated fields. The return to overwintering sites begins in late summer or early fall.

They hibernate at the bottom of lakes, and perhaps deep ponds, rivers and creeks as well. There have been reports by ice fishermen on Lake Manitoba finding leopard frogs in nets as far as 18 kilometres from the shore and in water as deep as seven metres, always in areas where the bottom was silty. There are reports of frogs taken in nets in Lake Winnipeg.

#### Breeding call is a real snore

The breeding call of males sounds like a drawn-out snore or croak, lasting two to three seconds, followed by a series of two to three rapid grunts at the end.

It is generally late April to mid-May when you would hear the calling males in southern Manitoba. This year, the calling period could extend a bit later because of our cool start to the spring. Evening, from dusk to full darkness, is the best time to hear them, but they will call during the day as well.

Keep your eyes and ears open for these leaping leopards. If you don't see one, you just might hear one.

# Lundar Pool starts work on Stage 1 of their pool expansion

By Emma Honeybun

The town of Lundar will be welcoming a new cooling-off community spot this summer: a splash pad with several different features.

The splash pad is the first stage in a three-part pool expansion project organized by the Lundar Pool board. The second and third are adding a waterslide and an upgrade to the sitting area, respectively.

The splash pad started construction on May 17 and should be done this July.

Heidi Sweetland, president of the Lundar Pool board, said that the project has been in its planning stages for years.

"Our pool is basically just a junior Olympic-sized pool. There's no beach-style entry, so having the splash pad more geared to the younger ages, having a water slide promoting that physical activity for all ages ... and the accessibility is good for whether there are children or adults in wheelchairs and they need a place to cool off," said Sweetland. "The splash park is great for anybody with a disability. You can still enjoy the pool."

Donations, fundraising and grants have so far funded the project. According to Sweetland, they have gone some years without the help of grants, but they have recently been "very for-

tunate."

"We are a very small board of about nine people," she said. "We work very hard on every single fundraiser."

The board accepts regular donations as well as sponsors for the different features. These features range from new fountains, a bucket splash system, a Funbrella, etc.

Sweetland said that the cost of these features range from approximately \$1,000 to \$17,000.

Lundar Pool also accepts donations through different materials. They're currently working on expanding the chain-link fence and implementing turf.

Turf would help limit the number of rocks and debris put into the splash pad or pool and make regular pool work and maintenance easier.

Upcoming fundraisers for the project include a summer raffle, with an adult and child kayak up to win as prizes, and a Bud, Spud and Steak Dinner this Friday at 6 p.m. at the Lundar Legion.

Fundraisers are always announced on the board's Facebook page, and tickets can be purchased through contact.

The board consistently posts updates on the page, and any questions can be answered by the members online.


Sweetland said that all donations are appreciated. All donors before September of this year will be added to a donor recognition wall.

Facebook: <https://www.facebook.com/lundar.pool>

**"WE ARE A VERY SMALL BOARD OF ABOUT NINE PEOPLE," SHE SAID. "WE WORK VERY HARD ON EVERY SINGLE FUNDRAISER."**

**Current Fundraisers:**

Fundraisers are available from any board member, at Deals For Days Dollar Store or the online links listed below.

<b>MOM'S PANTRY</b> Orders Due May 13 <sup>th</sup>	<a href="http://www.momspantry.ca">www.momspantry.ca</a> Order Number 351840 Group Passcode 38635
<b>BUD, SPUD &amp; STEAK SUPPER</b>	May 20, 2022 @ Lundar Legion #185 6:00 p.m. Tickets \$30
<b>SUMMER RAFFLE</b> 2 prizes: Adult Kayak or \$400 Cash Children's Kayak or \$100 Cash	Tickets: \$10 each Draw date: June 11th
<b>KINKAR RAFFLE</b> Each ticket gives you a chance to win 1 of 3 Grand Prizes including: ★ 2023 Ford Maverick Lariat AWD Supercrew OR \$25,000 cash ★ \$5,000 gift card to The Locals Collective ★ North Star Tours trip for two to Churchill	 <p><b>WIN 1 OF 3 GRAND PRIZES!</b> ORDER NOW</p>
TICKETS: 1 for \$10 3 for \$20 10 for \$50 30 for \$100 Tickets can be ordered online or by contacting a board member. To purchase tickets, log onto: <a href="https://www.fundingcharge.ca/wgkinsmen/YuS_SkRiSCBe.ca/Y1EDDlx1B132vF_">https://www.fundingcharge.ca/wgkinsmen/YuS_SkRiSCBe.ca/Y1EDDlx1B132vF_</a> Please check our Facebook page to connect to the online link and place your order!	

Volunteers are always needed! The pool is run by a board of volunteers. If you are interested in joining the board - please let us know! If you do not want to become a board member but are willing to volunteer in anyway, please talk to a board member. Volunteers are always welcome!

PHOTO SUBMITTED

List of current fundraisers, submitted by Carla Sweetland

## Dentures took my taste, but now it's back!

BY BROCK VANDOR, DENTURIST

It is proven that patients can have loss of taste and smell when they have a full upper denture. This is because the palate (or roof of your mouth) plays a role in your taste and smell, and when a denture covers your palate, the joy of tasting all your favourite foods can be lost!

This was the case for Pam. For years and years she had a full upper denture, and by every standard but one, the denture was great; it was tight, it didn't hurt at all, the teeth were beautiful and natural-looking and she was very proud of them. However, she missed one thing...the taste of chocolate! "I love my chocolate", says Pam. "If I really wanted to enjoy chocolate, then I would take my denture out so the roof of my mouth wasn't covered and just let it melt in my mouth."

One day Pam was in our clinic and noticed a picture of an upper

denture with no palate. It was totally open and she had to ask about it, wondering if it would solve her chocolate dilemma. "Is that a full denture with no roof of the mouth, Brock? Can I have that?" I said, yes it sure is! The only reason an upper denture covers the roof of your mouth is to create a suction, but if you have dental implants, then you don't need suction anymore. We can remove all that extra plastic on the roof of your mouth! "Wow, I like the sound of that", Pam said.

We scheduled Pam in with a Dentist to have the dental implants placed and she still wore her regular denture for a few months while the implants healed. Then, when the implants were strong enough, we built Pam the denture she had been waiting for since her first one decades ago - a full denture with NO PALATE! "This is just amaz-

ing; I got my taste back! It is just so wonderful to be able to have my full taste again, thank-you so much!"

It's stories like Pam's that keep us so excited about what we do. We love making people smile and the first step to your new smile is a consultation, which is free. This is where you get to be like Pam and ask questions to find the best solution for you. Sometimes someones teeth are simply worn down and stained and need a fresh set. Other times we just tighten up their dentures with a relines, and what is becoming more and more popular and cost effective are dental implants. When someone has a loose denture, especially the lower and they get even just 2 dental implants, the results are astounding and peoples lives are changed!

Call us today to schedule your free consultation.



- supplied photo -

Pam is overjoyed with having her full ability to taste again. She shares her experience with Brock the Denturist and his wife, Elisha.

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Thunder represented well at RMFL All-Star Game



EXPRESS PHOTOS BY LANA MEIER

The Interlake Thunder was well represented at the Rural Manitoba Football League all-star game last Saturday at Eastside Field. Team East (Interlake, Dauphin, Souris, Neepawa) defeated Team West (Swan River, Parkwest, Virден, Moosomin) 16-8. Thunder players included Kaiden Kendal (5), Tucker Knutson (8), Alex Luke (35), Dwight Bell (38), William Summers (41), Bryant Case (60), Keenan Karish (61), Dallas Batenchuk (62) and Reilly Olafson (63). Team East was coached by Interlake's Mitch Obach (head coach), Christof Hasselfield (offensive co-ordinator) and Randy McMurray (defensive co-ordinator).

## MJHL draft set for June 4

### MJHL website

The Manitoba Junior Hockey League (MJHL) and its 13 member clubs are pleased to announce that the 2022 MJHL Draft will be held on June 4 at 3 p.m.

The draft will be held online utilizing RinkNet Live Draft Centre technology provided by Hockey-Tech with all selections being made available online to the public in real-time for the benefit of all teams,

players and fans to engage with this live event.

As previously announced in 2021, the MJHL Draft has moved from a U16 Draft (formerly Bantam Draft) to a U17 Draft, highlighting players who are going into their 16-year-old season.

Players who will be eligible for the MJHL Draft are Manitoba players who are registered to play hockey in Manitoba according to Hockey Manitoba

regulations and are in their 16th year (2006 born).

Prior to the MJHL Draft, teams will submit up to two Auto-Protect selections from the designated home zone. Teams will have the option to decline an Auto-Protect selection and defer that pick to Round 7 or 8 of the draft. Full details of procedure updates along with Auto-Protect selections will be released on May 27.

Keep posted to @mjhlhockey and #MJHLDraft22 on social media for round-by-round draft summaries or follow live at [www.mjhlhockey.ca/draft](http://www.mjhlhockey.ca/draft).

# Kenady leads Manitoba to gold at 2022 National Aboriginal Female Hockey Championships

By Brian Bowman

Team Manitoba was golden at the 2022 National Aboriginal Female Hockey Championships in Membertou, N.S.

Manitoba defeated Ontario 3-2 in dramatic fashion to win the goal medal last Saturday.

"We were really happy about it," said Lundar's Kenady Christensen on Monday. "It was a tough win, too."

Manitoba trailed 2-0 in the third period but tied the score at 2-2 before Dana Goertzen scored the game winner with just 16 seconds remaining in regulation time.

"It was amazing winning it like that with the game being so close and intense," Kenady said. "It felt awesome. We were pretty excited and pretty riled up."

Christensen had a great tournament, leading Manitoba with nine points (four goals, five assists). The highest was 15 points by Janelle Sadler from Team B.C.

Christensen was very pleased with her offensive output at nationals.

"I really put on my 'A' game," she said. "I felt I had a pretty good week."

Manitoba reached the gold-medal game after blanking Saskatchewan 3-0 in a semifinal game.

In a quarter-final matchup, Manitoba defeated Saskatchewan 5-1.

Manitoba was perfect during the preliminary round posting a 4-0 record while outscoring their opponents 30-7.

Manitoba earned wins over Atlantic (7-1), Ontario (4-3), Eastern Door and the North (12-2) and B.C. (7-1).

Manitoba was stout defensively throughout the tournament.

"We had great goalies and in the defensive zone we blocked a lot of shots," Christensen said, adding she was very proud to be an assistant captain on the team. "We got (pucks) out quick."

Away from the rink, Christensen had a great experience visiting Nova Scotia for the first time.

"I had never been to the east coast before so it was really cool to get that experience outside of hockey," said the talented 17-year-old. "To see that new landscape and things like that."

The 2023 National Aboriginal Hockey Championships will be hosted in Winnipeg May 7-13.



EXPRESS PHOTO SUBMITTED

Kenady Christensen and Team Manitoba won gold after a 3-2 win over Ontario at the 2022 National Aboriginal Female Hockey Championships in Membertou, N.S. Christensen, a Lundar product, finished second overall with nine points (four goals, five assists) at the tournament.

# SEMHL expands to 10 teams

By SEMHL

The South Eastern Manitoba Hockey League will operate with 10 teams this fall.

Representatives of the Altona Maroons, Carman Beavers, Morden Bombers, Notre Dame Hawks, Portage Islanders, reigning-league champions Warren Mercs and the Winkler Royals voted on and accepted the applications of the Ste. Anne Aces, Red River Wild and Ile des Chenes Northstars.

The Aces, Wild and Northstars were members of the Carillon Senior Hockey League.

Ste. Anne had played in the CSHL since the league's inaugural season in 2003-04. Red River was added to the league in 2010-11. Ile des Chenes was set to join in 2020-21 but the season was cancelled due to COVID-19.

The Carillon Senior Hockey League's 2021-22 season was also cancelled because of roster shortages and COVID-19. The Aces had won five

CSHL championships and the Wild, who play out of St. Jean, had won two league titles.

"It's going to bring some new interest into the league," said SEMHL commissioner Tom Vatrt. "The teams that have joined are really excited about playing teams they never have and their fans are going to want to see teams that they've never seen. They've heard that the South Eastern Manitoba Hockey League is a very good competitive league and people

are excited that their small communities are now part of it."

Commissioner Vatrt added that the Aces, Wild and Northstars will have to abide by the SEMHL's two-import limit.

The 2022-23 season will consist of an 18-game schedule as each team will play a home-and-home with the other nine teams. The playoff format will be determined at the league's fall meeting. The SEMHL's 71st season is expected to begin in late October.

# Lightning announces award winners, coaches for next season

Staff

The Interlake Lightning recently announced their award winners for the 2021-22 season.

Interlake U18 female winners included Katelyn Dorsch (MVP), Emerson McAuley (top forward), Veronica Smarz (top defence), Kenady Christensen (top scorer), Bree-Ann Windross (rookie of the year), Rachell Halldorson (most dedicated), Sarah Shewchuk (most sportsmanlike) and Tessa Stewart (most improved).

Lightning U18 AAA male winners

were Alex Kaczorowski (MVP), Joel Prudom (top forward), Liam Foley (top defence), Hayden Wheddon (top scorer), Zach Meadows (rookie of the year), Nathan Vigfusson (most dedicated), Liam Cody (most sportsmanlike) and Andrew Thevenot (most improved).

Winning awards for the U17 AAA male Lightning were Dylan LeClair (MVP), Adam Vigfusson (top forward), Moran Mantik (top defence), Ian Bours and Hayden Kaczorowski (top scorer), David Johnson (rookie of

the year), Luke Sekundiak (most dedicated), Brandon Burak (most sportsmanlike) and Ty Sadowski (most improved).

Interlake U15 AAA male awards went to Blake Farthing (MVP and top scorer), Noah Oughton (top forward), Talon Hogg (top defence), Lucas Miller (rookie of the year), Skylar Farrington (most dedicated), Evan Deprez (most sportsmanlike) and Wade Byle (most improved).

The U15 AA Lightning male award winners included Jackson Vander-

steen (MVP), Justin Braid (top forward), Tytan Johnson (top defence), Owen Shymko (top scorer), Tallon Sutherland (rookie of the year), Logan Meier (most dedicated), Ethan Shymko (most sportsmanlike) and Dylan Riddell (most improved).

In off-ice news, the Lightning named its coaches for the 2022-23 season. They are as follows: U15 AAA Male - Mat Malbasa, U15 AAA Female - Alan Ward, U17 AAA Male - Cody King, U18 AAA Male - Aaron Kaatz, and U18 AAA Female - Bill Bram.

# MJBL delays start to season

**Staff**  
The 2022 Manitoba Junior Baseball League season will start a little later than planned.

The league was set to start last Sun-

day but inclement weather, poor field conditions and a lack of outdoor practice time were all considerations in pushing back the start of the season.

The season will now begin on

Wednesday. Each team will play a 24-game schedule.

The Interlake Blue Jays will start their season on Wednesday (7 p.m.) when they travel to Altona to take

on the Bisons. Interlake will host the Pembina Valley Orioles in a double-header on May 23. Game times are 1 p.m. and 4 p.m.

# Hockey Manitoba announces roster for POE Top-68 Camp

**Staff**  
Hockey Manitoba announced the roster for the 2022-2023 Female Under-18 Program of Excellence (POE) Top-68 Camp that will take place from June 3-5 at the Bell MTS Iceplex in Winnipeg.

Interlake Lightning players invited to the camp include goaltender Rachel Halldorson, defenceman Veron-

ica Smarz and forward Seanna Price.

The Top-68 Camp is the first stage of the 2022-2023 Female U18 POE process. Following the Top-68 Camp, approximately 40 players will be invited to the Female U18 POE Top-40 Camp which will be held from July 22-24 in Winnipeg. Following the Top-40 Camp, approximately 24-26 players will be invited to the Female U18 POE

Summer Development Camp which will be held from Aug. 26-28 and an exhibition series which will be held from Sept. 23-25 in Saskatoon.

The final stage of the 2022-2023 Female U18 POE process will see the team compete at the 2023 Canada Winter Games which is scheduled to take place from Feb. 26 to March 5 in Prince Edward Island.

The Female U18 Program of Excellence is designed to provide high performance female players with the opportunity to develop advanced skills as well as an introduction to the concepts needed to play at an elite level. Players from the Program of Excellence go on to play at the CIS, NCAA and International level.

## take a break > GAMES

### SUDOKU

					7		9	3
			1	9	4			
								5
		3	8				2	9
9								
				2	5			4
5			2		7			
	8	2		4	6			5
		9			8	6		

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Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

**Here's How It Works:**

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

2	4	9	8	3	5	6	7	1
1	5	9	4	7	2	8	3	6
8	3	7	1	2	9	6	4	5
4	7	5	2	9	3	8	1	6
9	8	3	5	7	4	1	6	2
2	9	1	4	8	6	3	5	7
5	1	8	3	6	7	4	2	9
7	9	4	6	1	9	5	3	8
3	6	2	7	5	8	1	4	9

Sudoku Answer

Y	L	U	D		Y	E	D		V	M	V
V	I	B	R		L	L	E		Y	B	V
O	M	R	V		E	C	I		E	V	L
S	A	B	K		A	B	O		S	C	A
					I				H	O	K
R	W	O	L		F	L	U		C		
S	E	D	V		R	E	V		A		
S	I	S	B		A	S	I		C	I	E
					L	E	D		M		
					Y	L	E		R	E	M
G	N	V	G		T	I	N		S	C	E
R	V	L	V		I	T	S		T	S	O
L	A	L	E		R	A	L		N	H	E
A	B	T	A		S	R	I		S	R	O

Crossword Answer



## CROSSWORD

**CLUES ACROSS**

- 1. Scream loudly
- 5. Antidepressant (abbr.)
- 8. The bill in a restaurant
- 11. Oblong pulpits
- 13. Adult female chicken
- 14. Abnormal breathing
- 15. Financial obligations
- 16. Belonging to a thing
- 17. Winged
- 18. Peoples
- 20. College hoops tournament
- 21. An informal body of friends
- 22. Region of the world
- 25. In an early way
- 30. Connected by kinship
- 31. Type of tree
- 32. Official order
- 33. Foundation for an idea
- 38. Small, faint constellation
- 41. Book lovers
- 43. Vegetable
- 45. Cabbage variety
- 47. A way to heal
- 49. Illuminated
- 50. Dish that features a stick
- 55. Insurance-related costs (abbr.)
- 56. Solid water
- 57. Soldier's gear
- 59. "Uncle Buck" actress Hoffmann
- 60. Former measure of length
- 61. Arabic name meaning "spring"
- 62. Doctors' group
- 63. Actress Susan
- 64. Appropriate

**CLUES DOWN**

- 1. Cool!
- 2. Hebrew unit of measure
- 3. Swedish rock group

1	2	3	4		5	6	7		8	9	10		
11				12		13			14				
15						16			17				
	18				19		20			21			
				22	23				24				
25	26	27	28	29									
30							31						
32								33	34	35	36	37	
					38	39	40		41	42			
					43			44					
			45	46									
47	48				49				50	51	52	53	54
55					56				57				58
59					60				61				
62					63					64			

- 4. College army
- 5. Black eye
- 6. One who stopped working
- 7. Teach a value
- 8. Rhythmic patterns
- 9. "MASH" actor Alda
- 10. "Friday Night Lights" director
- 12. Midway between south and southeast
- 14. Indian musical pattern
- 19. Fulfill a desire
- 23. Water soaked soil
- 24. Brass instrument
- 25. Before
- 26. Popular color
- 27. Peyton's little brother
- 28. Partner to cheese
- 29. Put onto
- 34. "Much \_\_\_ about nothing"
- 35. A way to mend
- 36. Anger
- 37. Soviet Socialist Republic
- 39. Mobilized
- 40. Resembles an earlobe
- 41. Cut of meat
- 42. Nigerian people
- 44. Recently
- 45. Square stone building at Mecca
- 46. Adhere to orders
- 47. Adventure story
- 48. Marine bivalve mollusk
- 51. Retrospective analysis (abbr.)
- 52. Actor Pitt
- 53. Tibetan village
- 54. A way to change by heating
- 58. A beam of sunshine

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Overland Truck Outfitters, the leader in truck caps and truck accessories, is looking for a reliable motivated person to install truck accessories. Bring resume to Overland Truck Outfitters, 102 Aviation Blvd. St. Andrews. 204-338-4292.

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### SUMMER JOB OPPORTUNITY

## Eriksdale Museum

35 hr. per week, Tuesday to Saturday from July 5 to August 27, 2022 \$13.50 per hour

To act as **Community Heritage Tourism Guide** providing tours, event planning, and various tasks under the direction of the Museum Board.

Must meet the requirement of the Canada Summer Jobs and the Young Canada Works Programs.

Basic computer skills required.

For information contact: Doreen @ 204-739-5322 or Sandra @ 204-739-2067

Please submit resumes by **Tuesday May 24th, 2022** to: Eriksdale Museum

Box 71, Eriksdale MB R0C 0W0 Email: eriksdalemuseum2@gmail.com

We thank all applicants; however only those selected for an interview will be contacted.

## RURAL MUNICIPALITY OF GIMLI

UNDER THE AUTHORITY OF THE PLANNING ACT

# NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter(s):

### THE RURAL MUNICIPALITY OF GIMLI BY-LAW NO. 22-0005

Being an amendment to the Gimli Zoning By-law No. 11-0013, as amended.

**HEARING LOCATION:** RM of Gimli Council Chambers  
62 – 2<sup>nd</sup> Avenue  
Gimli, MB

**DATE & TIME:** June 8, 2022  
6:35 pm

**APPLICATION:** RMG-22-02R

**AFFECTED AREA:** Pt. NW 16-18-04 EPM  
Pt. #11 Railway Street  
Pt. Roll No. 80300

**GENERAL INTENT:** To rezone an area in the RM of Gimli from "AL" Agricultural Limited Zone to "SRR" Residential Resort Zone, for the creation of 8 residential lots as part of a subdivision application.



**FOR INFORMATION CONTACT:** Nancy Thom, CAO/Development Officer, Eastern Interlake Planning District  
62 2<sup>nd</sup> Ave, Box 1758 Gimli MB R0C 1B0 - Ph: 204-642-5478 Fax: 204-642-4061  
Email: eipd@mymts.net website: www.interlakeplanning.com

A copy of the proposal and supporting material may be provided upon request to the contact person as mentioned above.

Please Note: E.I.P.D. recommends that property owner's notify lessee/renter if applicable.

## EASTERN INTERLAKE PLANNING DISTRICT

UNDER THE AUTHORITY OF THE PLANNING ACT

# NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter(s):

### THE RURAL MUNICIPALITY OF GIMLI BY-LAW NO. 22-0006

Being an amendment to the Gimli Zoning By-law No. 11-0013, as amended.

**HEARING LOCATION:** RM of Gimli Council Chambers  
62 – 2<sup>nd</sup> Avenue  
Gimli, MB

**DATE & TIME:** June 8, 2022  
6:35 pm

**APPLICATION:** RMG-22-03R

**AFFECTED AREA:** Pt. SW 16-18-04 EPM  
being Pt. Lot 6, Plan 54478 WLTO  
Pt. Roll No. 82100

**GENERAL INTENT:** To rezone an area in the RM of Gimli from Pt. "AL" Agricultural Limited Zone and Pt. "SRR" Residential Resort Zone to "RM" Residential Multiple Family Zone, for the creation of a Multi-lot Condominium subdivision.



**FOR INFORMATION CONTACT:** Nancy Thom, CAO/Development Officer, Eastern Interlake Planning District  
62 2<sup>nd</sup> Ave, Box 1758 Gimli MB R0C 1B0 - Ph: 204-642-5478 Fax: 204-642-4061  
Email: eipd@mymts.net website: www.interlakeplanning.com

A copy of the proposal and supporting material may be provided upon request to the contact person as mentioned above.

Please Note: E.I.P.D. recommends that property owner's notify lessee/renter if applicable.

## MUNICIPALITY OF BIFROST-RIVERTON

UNDER THE AUTHORITY OF THE PLANNING ACT

# NOTICE OF \*AMENDED PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter(s):

### THE MUNICIPALITY OF BIFROST-RIVERTON BY-LAW NO. 4-2022

Being an amendment to the RM of Bifrost Zoning By-law No. 04-2011, as amended.

**HEARING LOCATION:** Municipality of Bifrost-Riverton  
Council Chambers  
329 River Road, Arborg, MB

**DATE & TIME:** April 14, 2022  
5:00 pm \*cancelled

**\*NEW DATE & TIME:** June 9, 2022  
9:00 am

**AFFECTED AREA:** Pt. SW 11-24-02 EPM  
Being Lot 2, Plan 58695 WLTO  
Roll 195605

**GENERAL INTENT:** To rezone an area in the Municipality of Bifrost-Riverton from "AR" Agricultural Restricted Zone to "GD" General Development Zone

**PURPOSE:** For a multi-lot residential subdivision.

**FOR INFO CONTACT:** Nancy Thom, CAO/Development Officer, Eastern Interlake Planning District  
62 – 2<sup>nd</sup> Avenue PO Box 1758 Gimli, MB R0C 1B0  
Ph: 204-642-5478 Fax: 204-642-4061  
Email: eipd@mymts.net Website: www.interlakeplanning.com



Should you wish to attend the hearing, you must PRE-REGISTER NO LATER THAN **\*4:00 pm ONE DAY PRIOR TO THE HEARING** with the Municipality of Bifrost-Riverton office at 204-376-2391.

\* PLEASE REFER TO THE ORIGINAL CIRCULATION PACKAGE FOR THE PROPOSAL/SUPPORTING MATERIAL. Copies may be provided upon request to the contact person mentioned above.

Please Note: E.I.P.D. recommends that property owner's notify lessee/renter if applicable.

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Town of Winnipeg Beach

## PUBLIC HEARING

### REGARDING THE 2022 FINANCIAL PLAN

**PUBLIC NOTICE** is hereby given that pursuant to subsection 162(2) of *The Municipal Act*, the Council of the Town of Winnipeg Beach intends to present its financial plan for the fiscal year 2022 at a public hearing on **WEDNESDAY, MAY 25, 2022** at 6:30 p.m.

The purpose of this hearing is to allow any interested person to make representation, ask questions, or register an objection to the Financial Plan as provided.

A copy of the 2022 Financial Plan is available for review on the municipal website at [www.winnipegbeach.ca](http://www.winnipegbeach.ca) or can be requested by emailing [finance@winnipegbeach.ca](mailto:finance@winnipegbeach.ca) on or after May 11, 2022.

The Public Hearing will be held in person and virtually and available to all interested parties to observe on the municipal website ([www.winnipegbeach.ca](http://www.winnipegbeach.ca)). Interested parties may forward their questions, concerns or register an objection at any time to [cao@winnipegbeach.ca](mailto:cao@winnipegbeach.ca) or by calling the CAO at 204-389-2698.

Interested parties may also present questions, concerns or register an objection by calling 204-389-2698 following the completion of the presentation. These questions will be received directly by council. Calls will be accepted in order of receipt.

Dated this 29th day of April 2022.

Kerry Swanson  
Chief Administrative Officer  
Town of Winnipeg Beach

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## HANDIVAN PART-TIME, CASUAL DRIVERS

The Eastern Interlake Handivan Inc. is looking for an expression of interest for part-time, casual drivers. Hours are flexible and may include evenings and the odd weekend.

Requirements include: Class 4 Driver's License, Driver's Abstract, Criminal Record and Abuse Registry Check, and must be physically capable of assisting clients.

Interested applicants may express interest by phone or email, please call Bruce MacDonald 204-642-5792 or email [bkmacdon@mymts.net](mailto:bkmacdon@mymts.net)



## Gimli Sobeys Is Hiring

### File Maintenance/Office Clerk

This is a Full Time Position  
Office and Retail Experience is An Asset  
Must be detail orientated, work independently and under tight timelines

### Grocery Delivery Person

This is A Part Time Position  
Must have a valid Drivers License and the ability to lift and carry 20+ lbs

*We also have general staff positions available*

**Applications are available at Customer Service**

**Contact Kara @ 204-642-5995**



RONA GIMLI is looking for a **LUMBER YARD ASSOCIATE**

### Responsibilities include:

- Assisting customers
- Putting away and merchandising freight
- Preparing lumber orders for delivery and for in-store sales
- valid driver's license is required
- the right candidate for this position will be physically fit and able to move heavy merchandise manually and/or using appropriate machinery provided.

Please submit your resume in person or email to

[laura@ronagimli.ca](mailto:laura@ronagimli.ca)  
**RONA GIMLI**

100-7TH Avenue | Gimli, Manitoba R0C 1B0

## OFFICIAL NOTICE TO CONTROL NOXIOUS WEEDS INTERLAKE WEED CONTROL DISTRICT

Rural Municipalities of Armstrong, Bifrost-Riverton, Fisher, and Gimli, the Town of Arborg, and the LUD of Fisher Branch

Notice is hereby given by the Interlake Weed Control Board that, under the terms of the Noxious Weeds Act for Manitoba, it is the responsibility of the property owner, agent, or occupant to destroy or control noxious weeds.

This is the **OFFICIAL NOTICE** for 2022, to destroy or control as specified within Section 3(1), all noxious weeds as often as necessary to prevent the growth, scattering, and ripening of weeds or weed seeds in the Rural Municipalities of Armstrong, Bifrost-Riverton, Fisher, and Gimli, the Town of Arborg, and the LUD of Fisher Branch.

If the weeds are not destroyed or controlled as required, a representative of the Weed Control Board may enter the land and destroy or control the weeds. The cost of weed control as well as an administration fee will be charged to the property owner through the tax rolls.

The Weed Supervisor will make systematic inspections and will enforce weed control. He is available for general advice concerning control methods and herbicide use.

Specific information may be obtained by contacting the Weed Supervisor, Fred Paulson, at the Arborg Provincial Building, phone 204 376 3313.

Frode Andersen, Chairman  
Interlake Weed Control Board

*The Cooperation of All Citizens is Requested.*



# Classifieds



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## FINANCIAL

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firststandsecondmortgages.ca

## FARM MACHINERY FOR SALE

Case IH 485 tractor, 3 cyl diesel, 7.5x16 3 rib ft, 28" rt, 2 post rops, fenders, 2 sets rear remotes, 540 pto, 4sp/2range trans, w Case loader, bucket, 2 lever control valve. For more information call 1-204-861-0126.

**EXPRESS**  
WEEKLY NEWS  
204-467-5836

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewood elkbranch@mymts.net

## LIVESTOCK

Registered black Angus bulls. One 2 year old & 4 yearlings. Quiet, semen tested, vaccinated. Call/text 204-793-1251 for more info. (Arborg).

## NOTICE TO CREDITORS

**IN THE MATTER OF:** The Estate of Yvonne Josephson, late of the Town of Lundar, in Manitoba, deceased. All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 15th day of June, 2022. DATED at Stonewall, Manitoba this 11th day of May, 2022. **GRANTHAM LAW OFFICES** Solicitor for the Executrices

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## The Aurora Plus

**1648 SqFt RTM**  
3 bedrooms, ensuite, huge kitchen, quartz countertops, walk-in pantry, island. 9 ft walls and double cathedral ceiling. James Hardie Siding.  
Pictures available  
www.wgiesbrechthomes.ca  
Taking orders for Spring 2022  
**204-346-3231**

## SUMMER EMPLOYMENT

### Child Care Assistant Required for ARBORG PLAY GROUP INC.

Join our fun-loving creative staff in an energetic respectful work environment; share the joy with infant & preschool children as they learn through play & exploring the world around them, have fun working in the outdoors - walking field trips/excursions.  
**Monday to Friday 40 hrs./wk.**  
**8:30 AM - 4:30 PM July 4/22 - August 26/22**

**Duties:** Assist ECEs in the care and guidance of children ages 9 months to 8 years of age. Assist ECEs in leading children in a variety of activities i.e., arts & crafts, music, reading, songs, games and outdoor play, to stimulate and develop their intellectual, physical and emotional growth.

**Qualifications:** Must have grade 12, first aid & CPR training, be 18 yrs. of age, must enjoy working with children, possess initiative/motivation, flexibility and be enthusiastic, child abuse registry check and criminal record check required.

Please submit resume by **May 31, 2022** to:  
**Arborg Play Group Inc. Box 805, Arborg, MB R0C 0A0**  
or email: [hloweap@mymts.net](mailto:hloweap@mymts.net)

For more information, please contact Heather Lowe 204-376-5109

## FOR SALE BY TENDER

### 2009 Farm King Y650R 3 Point Finishing Mower

3 blade, 6' cutting width, rear discharge, 540 pto. Approx. 400 hours.  
Sealed tenders will be accepted until  
**4 PM, Friday, June 10, 2022.**

Send tenders to:  
Arborg Bifrost Parks & Recreation  
Box 555 Arborg MB R0C 0A0  
**Attention: Farm King Tender**  
Lowest or any tender not necessarily accepted.



## EMPLOYMENT OPPORTUNITY

**Charisons Turkey Hatchery is currently hiring for a general labourer position.**

- This is a permanent full time position with a competitive compensation and benefit package, including health and dental coverage.
- Training will be provided for the ideal candidate.

Please submit resume to [shaunne@charisons.ca](mailto:shaunne@charisons.ca) or call 204-886-2922 for further information.



## Summer 2022 Employment Opportunity with Evergreen School Division Urban/Hometown Green Team

### General Helpers for the Maintenance Department

#### Position Description

This full-time summer employment opportunity will be based out of the Gimli ESD Maintenance Shop, located adjacent to Gimli High School. Students must have access to transportation so they can report to work in Gimli at this location at 7:30 am, Monday to Friday.

The General Helpers will be required to assist the regular maintenance staff in all aspects of their duties including but not limited to:

- repairs and improvements to grounds and facilities
- moving furniture and other items
- painting

#### Requirements:

- Strong work ethic
- Physically able to move furniture, do yard work, paint and do other similar tasks
- Steel toed boots required. All other safety wear will be provided.
- Availability Monday to Friday from 7:30am to 4:00 pm, July 4th to August 31st, 2022
- A strong eagerness to learn new skills
- Able to follow directions and work safely

Preference will be given to students and graduates of ESD who have interests in trades.

Rate of pay: \$12.35 per hour

**Interested students may submit their resume and names of 3 references by May 31st, 2022 (4:00 pm) to:**

Gibby Finnbogason  
Buildings Supervisor  
Evergreen School Division  
Email: [applications@esd.ca](mailto:applications@esd.ca)

## EASTERN INTERLAKE PLANNING DISTRICT UNDER THE AUTHORITY OF THE PLANNING ACT

# NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

### The Eastern Interlake Planning District By-Law No. 01-2022

**HEARING LOCATION:** RM of Gimli Council Chambers  
62 - 2nd Avenue, Gimli, MB

**DATE & TIME:** June 2nd, 2022  
5:00 pm

**GENERAL INTENT OF BY-LAW:** To adopt a new Development Plan for the Eastern Interlake Planning District to manage land use and development as per Section 45 of The Planning Act. By-law 01-2022 replaces the existing Development Plan By-law 02-2010 and all amendment thereto.

**AREA AFFECTED:** The Plan affects the RM of Gimli, Municipality of Bifrost-Riverton, Town of Arborg and Town of Winnipeg Beach

**FOR INFORMATION CONTACT:** Nancy Thom, CA/Development Officer, Eastern Interlake Planning District  
62 - 2nd Ave. PO Box 1758, Gimli, MB R0C 1B0  
Ph: (204) 642-5478 Fax: (204) 642-4061  
Email: [eipd@mts.net](mailto:eipd@mts.net)  
Website: [www.interlakeplanning.com](http://www.interlakeplanning.com)

A copy of the proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken there from upon request.

The full text document and associated maps are available on our website for viewing.



Box 280, Fisher Branch, MB, R0C 0Z0  
Tel: 204-372-6393, Fax: 204-372-8470

## NOTICE OF TENDER GRASS CUTTING

The Rural Municipality of Fisher is inviting tenders for grass cutting at:

### RM of Fisher Office yard Pumphouse yard

Please state price per cut in the tender.

- Applicant is to supply own equipment and fuel.
- Applicant to be 18 years of age or over.
- Lowest or any tender not necessarily accepted.

Submit sealed envelope marked "Tender Grass Cutting" to:

Rural Municipality of Fisher  
Box 280  
Fisher Branch, MB R0C 0Z0  
Email: [fishercao@mymts.net](mailto:fishercao@mymts.net)

**Deadline** for tenders is **4:00 p.m. Tuesday, May 31, 2022.**

For further information, call the RM of Fisher office at 204-372-6393.

**The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836**

# Announcements



Book Your Classified Ad Today - Call 467-5836 or Email [classifieds@expressweeklynews.ca](mailto:classifieds@expressweeklynews.ca)

## FULL-TIME CAREER OPPORTUNITY

Ukrainian Farmers



### "Full-Time" "Grocery Clerk/ Teller"

At the Ukrainian Farmers Co-op we provide our staff with a competitive starting wage, a wide range of available courses and training opportunities and a comprehensive benefits package including dental, vision, extended health, and a pension plan to all qualifying employees.

The successful candidate will be an energetic, self-motivated, hardworking individual who is a team player and enjoys working with the public.

If you would like to join our team, please fill out an application or submit a resume to our store office.

**Closing date for all applicants is set for May 31st, 2022.**

For more info, please see Kyle Yaciuk at our store office.

Ukrainian Farmers Co-operative Ltd, Box 160, Fisher Branch, Mb, ROC-OZO

## HELP WANTED TWO POSITIONS

### Yard Maintenance/Laborer Part Time/Full Time

Mature, reliable and motivated individual for a very busy memorial shop. Must have valid driver's licence.

Work to include - general yard and shop maintenance/work, delivery and placement of monuments, concrete cutting, grave internments, and equipment operator. Experience an asset, willing to train.

### Sandblaster

Granite monument designs and preparation of memorial headstones. Salary dependant on experience.

Please provide resume to E.J. Smith Memorials by mail to 49 Main Street, Selkirk, Manitoba, R1A 1P9, drop off or email [info@smithmemorials.ca](mailto:info@smithmemorials.ca) with job title you're apply for.

Please support our advertisers  
**SHOP LOCAL**

## Reminder to attend the LIVE FARM AUCTION SALE

For Marlene & the late Bob Wuskynyk  
Dallas, MB

Saturday, May 21st, 2022 at 11:00 a.m.

**Sale Site:** Go through Peguis First Nation to the Dallas Store – follow PR #224 to PR #412, follow #412 for 1.5 km North, turn West for 4.1 km to Red Rose Hall sign, turn North for 4.9 km, turn West for 0.5 km (watch for signs)

**Also consigned to the sale:** W-4 International; M.H. 30 w/saw mandrel, 2 belts; Covered Wagon w/pole & truck hitch; Horse drawn buggy; (1) set of Bob sleighs; (2) Riding saddles; Horse drawn cultivator

Full listing at: [www.globalauctionguide.com](http://www.globalauctionguide.com)

Sale conducted by: Bergner Auction Service, Ashern (204) 768-2669



## EMPLOYMENT OPPORTUNITY

### MANAGER

The West Interlake Watershed District (WIWD) is seeking a permanent full-time Manager to develop and deliver environmental incentive programs to improve the soil, water, and general environment in the west Interlake region, under the direction of the Board. Office is located in Lundar, Manitoba.

#### Duties include:

- Development, promotion, and delivery of local watershed programs, projects, and initiatives within the provision of the Watershed Districts Act
- Preparation of external grant funding proposals and annual program budgets
- Provide technical and professional advice to the Board, participating municipalities and landowners on soil and watershed programming
- Develop and maintain cooperative relations with the public, stakeholder organizations and all levels of government.
- Coordination, development, and implementation of surface water management plans.
- Development and implementation of surface water management planning initiatives and projects.

#### Qualifications:

- Graduation from a recognized program with a degree/diploma in natural resource management, agriculture, environmental studies/science, environmental engineering, and/or experience in land and watershed programming
- Strong communication (verbal & written) and interpersonal skills
- Excellent computer skills with ability to use various Microsoft office packages
- Experience working with/in; non-profit organizations, municipal governments, and provincial governments
- Strong time-management and organizational skills

#### Assets:

- Knowledge and experience in agricultural practices
- Experience using GIS software
- Knowledge of beneficial management practices and general resource management planning would be an asset

#### Salary dependent on skills and qualifications

Interested candidates should submit a cover letter and resume describing how you meet the specified qualifications by 4:00 p.m., June 1st, 2022, to the:

West Interlake Watershed District  
Box 732, 9 Main Street  
Lundar, Manitoba ROC 1Y0  
Fax: 204-762-5862  
Email: [manager@wiwd.ca](mailto:manager@wiwd.ca)  
Phone: 204-762-5850

The West Interlake Watershed District would like to thank all applicants for their interest; however, only those selected for an interview will be contacted.



## EMPLOYMENT OPPORTUNITY FINANCIAL ADMINISTRATOR

The West Interlake Watershed District (WIWD) is seeking a permanent full-time Financial Administrator to be responsible for all aspects of financial and administrative duties for the WIWD. Under the supervision of the Manager, the Financial Administrator will report to the Manager and Board. Office located in Lundar, Manitoba.

#### Duties include:

- Developing detailed accounting in accordance with acceptable procedures and financial audit purposes
- Payroll, invoicing, project coding, preparation of tenders, inventory, reception, maintaining public relations, recording meeting minutes, and preparing financial reports
- Various duties as assigned

#### Qualifications:

- Experience preparing and monitoring budgets, and financial reporting
- Excellent computer skills with ability to use various Microsoft office packages
- Strong time-management and organizational skills
- Exceptional attention to detail
- Strong communication (verbal & written) and interpersonal skills
- Experience using Sage

#### Assets:

- Knowledge and experience in agricultural practices
- Experience working with/in; non-profit organizations, municipal governments, and provincial governments
- Experience working for or being a part of a board of directors
- Knowledge of beneficial management practices and general resource management planning would be an asset.

#### Salary dependent on skills and qualifications

Interested candidates should submit a cover letter and resume describing how you meet the specified qualifications by 4:00 p.m., June 1st, 2022, to the:

West Interlake Watershed District  
Box 732, 9 Main Street  
Lundar, Manitoba ROC 1Y0  
Fax: 204-762-5862  
Email: [manager@wiwd.ca](mailto:manager@wiwd.ca)  
Phone: 204-762-5850

The West Interlake Watershed District would like to thank all applicants for their interest; however, only those selected for an interview will be contacted.



## Gimli Rona is seeking a COMMERCIAL SALES & ESTIMATOR

#### Responsibilities include:

- Assess customers needs and provide expert advice on products
- Prepare estimates/quotes using store system
- Up-to-date knowledge of construction products and their functions
- Direct ordering from suppliers and maintenance of accurate product pricing
- Building and developing professional relationships with customers
- \*Building and construction knowledge are assets
- \*Ability to read and interpret blueprints is an asset
- \*Building code knowledge is an asset

The successful candidate must be able to work independently and within a team.

Please submit your resume to  
[laura@ronagimli.ca](mailto:laura@ronagimli.ca)  
or in person to:  
**RONA GIMLI**

100-7TH Avenue | Gimli, Manitoba ROC 1B0

# Classifieds



Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

## EMPLOYMENT OPPORTUNITY

### Lakeshore Women's Resource Centre

@ #9 Main Street in Ashern  
is accepting applications for  
**Executive Director**

Full-time position  
start date: June 6th/2022.

Submit letter of application and resume to Hiring Committee, complete with 3 references & their contact info to lwrcthird@gmail.com.

Application deadline: May 24th, 2022.

For more information, contact Hiring Committee at above email address.

We thank all those who apply, but only those considered for an interview will be contacted.

## CARD OF THANKS

The family of Antoinette (Nettie) Geisler would sincerely like to thank everyone for their heartfelt kindness shown to us in the loss of our Mother, Grandmother, and Great Grandmother. Special thanks to those for the food, flowers, cards, phone calls, messages and visits. Our gratitude to Rev Melanie Kaupilla and John and Karen Gray for their care and compassion during this difficult time. Sending you all a special "Nettie Hug".  
-Love Nettie's family

## CARD OF THANKS

Mary Kowalchuk, with her daughters Rosalie and Lucy and daughter-in-law Patty, would like to thank everyone for helping her celebrate her 100th birthday on May 7th. Thanks so much for all the phone calls, cards, gifts and birthday wishes. Thanks to the "food crew" of Chris, Colleen, Margaret, Lorraine, Donna, Judi, Barb and Mike, and to those who brought baking. Thanks also to Nancy and Kate for decorating so beautifully and to Arnie for entertaining us. It was a milestone birthday celebration and we thank everyone for making it so wonderful.

## CARD OF THANKS

Marilyn Eirickson  
February 10, 1935 – February 28, 2022  
Thank you for your kindness, support and comforting words. We appreciate the cards, flowers, donations in memory, and kind expressions of sympathy during this difficult time.

-The family of Marilyn Eirickson

**News Tips? Story Ideas?**  
call the Express  
204-467-5836

### McSherry Auctions

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Hwy #1, MacGregor, MB

1-888-685-3127

www.kaldecktrailers.com



Join the fight against Prostate Cancer

**RIDE DAY**  
Saturday  
May 28, 2022

10am  
Earls Polo Park (Winnipeg)

Visit  
ridefordad.ca/manitoba

to register or make a pledge



### WALK for Scleroderma Manitoba

St. Vital Park  
June 26  
or Virtually  
June 1-29 during

### Scleroderma Awareness Month

Walk Registration or Donation Information at:  
sclerodermamanitoba.com

204 510-2855



## SUMMER EMPLOYMENT OPPORTUNITIES

**Museums Assistant - 16 weeks**  
- 1 full-time (30 hrs/wk)  
must be student - May 16-Sept 5, 2022

The ideal candidate (16-30yrs) is a Canadian citizen/legally entitled to work in Canada. Familiarity with local and regional history is a definite asset. Strong public relations skills and the ability to stay on task with minimal supervision is required. Candidates must be registered in the Young Canada Works online Inventory

**Museum Customer Service A - 16 weeks**  
- 1 full-time (30 hrs/wk)  
May 16- September 5th, 2022

**Museum Customer Service B - 8 weeks**  
- 1 full-time (30 hrs/wk)  
July 4 - August 26th, 2022

These positions are under the Canada Summer Jobs Program and eligible applicants will be 15-30 years old and available for the duration of the term.

**Museum Visitor Services Worker 16 weeks**  
- 1 full-time (35 hrs/wk)

**Social media/public relations - 12 wks**  
- 1 full-time (35 hrs/wk)

Open to local individuals 15-29 years old, and be available for the duration of the position. These positions have a flexible start date

### DEADLINE FOR APPLICATION ASAP

All positions: Duties will include the development and delivery of programs relevant to museum exhibits. Must be willing to commit to the whole term. These positions will be require working some weekends.

We encourage application from job equity group; women, persons with disabilities, visible minorities and Aboriginal peoples

**New Iceland Heritage Museum, #108 94 -1st Ave., Gimli, MB R0C 1B1 or email: executive@nihm.ca**

We appreciate all that apply, but only those eligible for an interview will be contacted.



## RURAL MUNICIPALITY OF GIMLI REQUEST FOR QUOTATION FOR GARDENING SERVICES

The Municipality is seeking a qualified gardener to provide services for the Viking Park and the Municipal Building Memorial Garden.

Services include planting and maintaining the plants and trees, watering, weeding, fertilizing, adding topsoil, spring and fall clean ups. Maintenance and appearance of the shrubbery, garden areas, trees, outdoor plants and related landscape elements are an important part of the representational responsibilities of the Municipality.

Preference will be given to an individual with the following education and experience:

- Familiarity with landscaping design
- Knowledge of regional plant life
- Knowledge of local pests and how to eliminate them
- Knowledge of synthetic and natural fertilizers
- Knowledge of state health and safety regulations for landscaping
- The ability to lift heavy objects
- The ability to remain on your feet for long periods of time
- A love of the outdoors and plant life

Submit your quote to the below by May 31, 2022.

Rural Municipality of Gimli  
62 - 2nd Avenue, PO Box 1246  
Gimli, MB R0C 1B0  
Attn: Kelly Cosgrove, CAO  
Email: gimli@rmgimli.com  
Phone: (204) 642-6650  
Fax: (204) 642-6660

The RM of Gimli reserves the right to reject any or all bids, to waive irregularities and informalities therein, and to award the tender in the best interest of the RM of Gimli in its sole discretion. Contractors must comply with Municipal requirements for liability insurance, WCB coverage and business licencing to be eligible to be awarded the contract.

The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836

## TDM SPORTS

1 FULL-TIME POSITION  
1 PART-TIME POSITION

Responsibilities include retail sales of sporting goods and Bell MTS services

Duties include scheduling, daily cashouts, inventories, ordering and paperwork for Bell MTS Services

Must be energetic, self-motivated, an effective problem solver & have good communication skills

### Send resume to:

Box 38, Arborg, MB R0C 0A0

Fax to: 204-376-5836 or

Email to:

tdmsports@hotmail.com or

Apply in person at

279 Main St., Arborg

# Classifieds Announcements

Book Your Classified Ad Today  
- Call 467-5836 or Email  
classifieds@expressweeklynews.ca



## ANNIVERSARY



Celebrating our 50th Wedding Anniversary  
May 13, 2022  
Congratulations from  
Friends and family

## OBITUARY



**Stephen Yaremus**  
January 1, 1932 – April 14, 2020  
Due to COVID restrictions, we delayed our dad's funeral service until now.  
Please join us Saturday, May 28th, 2022, at 11:00 a.m., at Birchwood Funeral Chapel, 162 PTH 52 W, Steinbach, MB., to celebrate and remember our dad.  
The full obituary for our dad was in the Thursday, April 23, 2020, edition of the Interlake Spectator newspaper.

Arrangements by:  
BIRCHWOOD FUNERAL CHAPEL CO-OP  
1-204-346-1030 OR 1-888-454-1030  
www.birchwoodfuneralchapel.com

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Call 204-467-5836

## ANNIVERSARY



Happy 50th Wedding Anniversary  
Fred and Florence Skoropet  
May 20th 1972- 2022

You are an amazing couple,  
thank you for everything you do for us!  
Wishing you both many more years  
of health and happiness together.

-Love from  
Jason, Alicia and Xavier



## JOIN OUR TEAM!

Are you in the Beauty, Wellness or Skin industry?

We are hiring all types of Beauty Industry Specialists to join our team.

We are a very busy Spa so this is an excellent opportunity for the right fit.

Must have a certification from an Accredited school of Aesthetics.

Deadline for resumes June 3, 2022

Apply today! Email: tanyao49@hotmail.com

Phone: (204) 642-3022

Located in the Heart of Gimli at the Lakeview Resort.



## JOIN OUR TEAM!

Are you a Metis student looking for summer employment?

Metis Students who are:

High School and Post-Secondary Students between the ages of 15 and 30 at the start of employment.

Start Date June 27, 2022

Apply today! Email: tanyao49@hotmail.com

Phone: (204) 642-3022

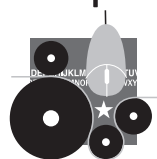
## What's *Your* story?

**The Express Weekly News** connects people through stories to build stronger communities. Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star?

A young entrepreneur starting out? Please share your story ideas at news@expressweeklynews.ca or Phone 204-467-5836



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www.sunsetmemorialsgimli.ca



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Arborg, MB  
Respond in person or by email to:  
nordals@mymts.net  
**204-376-2416**

Salary Negotiable  
Benefit Plan Available  
Hours Monday - Friday 8-5

### Automotive Mechanic

- Minimum 4 years experience in the trade
- Should have own tools
- Valid driver's licence required
- Familiar with shop equipment & technology
- A/C and safety certified an asset
- Good work ethic

### Autobody Technician

- Minimum 4 years experience in the trade
- Should have own tools
- Valid driver's licence required
- I-Car training an asset
- Welding certificate an asset
- Training provided by shop
- Body/paint technician welcome
- Good work ethic
- MPI Direct Repair facility

### Service Advisor

- Primary liason between customers and service department
- Assist customers with vehicle repair needs • Training provided
- Prepare work orders, estimates, order/return parts and prepare final invoices
- Knowledge of auto parts and repairs • Strong problem solving skills
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## OBITUARY



### Irene Gulay (nee Abas)

It is with sadness that we announce the peaceful passing of our Mother, Grandmother, and Great-Grandmother Irene Gulay at the Personal Care Home in Arborg, MB on May 13, 2022, at the age of 93.

Irene is survived by her Sons, Marvin (Evelyn), Ronald (Janice) and Ivan (Brenda); Grandchildren and Great grandchildren: Kevin (Eva), Andrew and Clara; Stephanie (Malik), Jokha, Samar and Anis; Jason (Lana); Ashley (Graham); Amber (William), Cecelia, Taylon and Thea; Brett (Ingen), Evan and Breanne; Cara (Brad), Emma; and Derric, as well as her brother Ernest (Anne) Abas and numerous relatives and friends. Irene was predeceased by her husband Andrew in 2003.

Mom was born on February 24, 1929, in Hodgson, MB. She grew up there on their family farm and married Andrew in 1952. After living in Winnipeg for a few years, they moved to a farm in the Sylvan area where they raised their three sons. Mom worked very hard during these years raising turkeys, working with the cattle which she loved and gardening; as well as working off farm from time to time, not to mention raising her family. And raise them she did; she would do anything for her three sons; always there whenever they needed anything. She loved to cook; her fried chicken was second to none as were her pastries and pies. Many Sundays she spent at the lake with her boys when they were young; always with a hamper full of food and yes, it contained her famous chicken. Once her boys left home, they still spent many, many mornings around her kitchen table while she fried them bacon and eggs, not to mention dinners and suppers including meals to the field. The family will never forget her feasts on those special holiday days where we could all gather around her large dining room table and enjoy her labours of the day.

She was a big fan of old country music, Georgie Jones being a favorite; and she enjoyed old-time dancing. Mom was always graceful on the dance floor. She knew all the songs and enjoyed singing them as well.

She loved her Grandkids dearly and they loved her. There was no shortage of treats at her house, and they all knew where to find them. She spent many enjoyable hours playing with them; something they will never forget.

Her home was never empty. Seldom a day went by that someone didn't stop in to visit. Her coffee pot was always on, and she served many meals to friends and neighbors that she welcomed into her home. She always had time for a visit even if she spent it checking her stove to make sure she had enough for everyone to eat. Mom, you will be missed beyond measure!

Honorary pallbearers will be Mom's Grandchildren.  
An invitational service will be held for Mom on Wednesday, May 25, 2022, at the Heritage Centre in Arborg, MB, with interment to take place at the Sylvan Community Cemetery, Sylvan, MB.

In lieu of flowers, donations may be made in Mom's memory to a charity of one's choice.  
The family wishes to thank the doctors, nurses, and staff of the Arborg Personal Care Home for their support and kindness throughout Mom's time spent in the Home. It was greatly appreciated.

My life on earth is truly past  
I've loved you all to the very last  
Weep not for me, but courage take,  
And love one another, for my sake.

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## OBITUARY



### Bruce Alan Clark Young

With deep sorrow we announce the passing of Bruce Alan Clark Young on Saturday, May 7, 2022.

Bruce was the youngest child of Lilian and Ronald Young, born in Winnipeg on January 29, 1972.

He leaves to cherish his memory his mother Lilian; brother Wayne (Leigh) nephews Braeden and Alexander; sister Penny (Jake) Tamara, Chad and Kristin; girlfriend Brandy and family and a multitude of loving and caring friends.

Bruce was predeceased by his father Ronald and brother David. Bruce had many joys in life. He was a hunter and fisherman and loved rides on his Harley with his buddies or long rides in his truck. The family wish to thank everyone for their calls, cards, hampers and moral support.

A special thank you to John and Karen Gray of Arnason Funeral Home, Jan Ballingall Scotten, Karen and Len Williams and all doctors and nurses at the Lakeshore General Hospital in Ashern, MB.

Cremation has taken place and an interment will be held at Chapel Lawn Funeral Home & Cemetery, in Winnipeg, MB at a later date.

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## OBITUARY



### John Joseph Vandersteen April 18, 1929 - April 23, 2022

In Winnipeg, Manitoba in his home, at the age of 93, Dad peacefully went to be with the Lord with his family by his side.

He was predeceased by his parents John and Josephine Vandersteen; siblings: Bert, Neil, Margaret and Ben; as well as numerous sisters-in-law, brothers-in-law, nieces, nephews and cousins.

Holding him in loving memory is his wife of almost 69 years Claire (Hudon); children: Ida, Wayne (Janice), Ernie (Dawn), Anne-Marie (John), Geraldine (Leonard), Marcel, Ramona (Clarence), Francois (Aline), Simon (Judy), and Imelda (Glen); 22 grandchildren, 26 great-grandchildren and two great-great-grandchildren. He was from a family of 12 and married into a family of 13, so he was uncle to many nieces and nephews.

Dad was born in Estevan, Saskatchewan. In the spring of 1939 their family moved back to Fisher Branch. He was quite young when he started working for other farmers to help support his family. In June of 1953 he married Mom and they built a home with a mixed farming operation where they milked cows for years. Dad spent lots of time with his family and enjoyed teaching his children how to work on the farm and how to play. He loved the farm and always had horses in his life. He had numerous heavy horse teams and was able to go with Mom on wagon treks, making many friends along the way.

After he retired, he took up golfing, fishing both in summer and winter, and Mom and Dad did lots of dancing. When they moved to Winnipeg in 2003, he made more friends and played cards, and pool almost every day until last fall.

He was honest, kind and considerate. His handshake was as good as a contract. He was a part of the Knights of Columbus and volunteered many hours in the community for various causes. He was always willing to help someone in need, whether it be for cows calving, combining, raking or bringing clothing and food up to the reserve.

He will be lovingly remembered by all those who knew him.  
A special thanks to Dr. McElhoes for the great care over the years and to the Palliative Care team. Also a big thanks to Mom and the siblings who took such fabulous care of him in his last days. It allowed him to pass away in peace at home surrounded by those he loved.

A celebration of life took place on Tuesday, May 17, 2022 at 11:00 a.m. at the Immaculate Conception Church in Fisher Branch. Burial immediately followed.

In lieu of flowers, donations may be made in Dad's memory to Canadian Cancer Society or a charity of choice.

## OBITUARY



### Martha Bonwick (nee Price) January 3, 1934 - May 10, 2022

Martha peacefully passed away on May 10, 2022 at home in Winnipeg, MB at the age of 88 years.

She leaves to mourn her daughters Diane (Fred) Hildebrandt, Donna (Willie) Hildebrandt and Loraine (Donnie) Grahm, along with her son Victor (Dorothy) Bonwick and her son-in-law Dwight Lischynski. She also leaves behind 14 grandchildren, 25 great-grandchildren and two great-great-grandchildren, her sister Margaret (Charlie) Madsen and her sister Irene (Bill) Harvey along with many nieces, nephews, friends and relatives.

Martha was predeceased by her parents Mary and Regot Price, her husband of 49 years John James Bonwick on August 5, 1998 and daughter Shirley Lischynski on May 11, 2022, her sisters Alice Angus and Marlene Halchuk, her brother Lloyd Price and her

sister-in-law Sylvia Price.

Martha was born on January 3, 1934 in Moosehorn, MB. Martha met the love of her life John James Bonwick in the summer of 1947 and they were married in 1948 at the John Black United Church. Together they were blessed with five children. Mom enjoyed crocheting and being with her family. She enjoyed spending time in the garden and loved flowers. She always loved spending time out at the lake (Moosehorn Beach). She loved family bonfires and September long weekend get-togethers. She liked nothing better than sitting around the camp fire at Lloyd's shack to listen to him and "the boys" sing. Martha liked to go berry picking in the bush and found fun hopping into the car to tag along fishing (even though she often would sit in the trunk of the car to read a book). Martha loved playing bingo at the Moosehorn Hall and she would go every Friday night to work the door and play her cards, hoping to win the big one. Mom loved to dance to a good two-step or polka at the Whitetail & Walleye annual banquet or various events that she went to over the years. She enjoyed sitting around the dinner table playing a good game of cards and sipping a good cup of tea. As the years passed and grandchildren and great-grandchildren came along, she liked nothing better than spending time with them. She loved her trips to the zoo and to watch all the activities they enjoyed doing. She was their biggest fan and she absolutely loved spending time with them. They were a very special part of her life.

Martha has been cremated and laid to rest with the love of her life in the Moosehorn Municipal Cemetery, Moosehorn, MB. A service was held on May 15, 2022 for immediate family and invited guests at Martha's request, officiated by Dawn Tober.

In lieu of flowers, donations may be made in her memory to the Make-A-Wish Canada, Manitoba Chapter, 350 St. Mary Avenue, Winnipeg, MB R3C 3J2.

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## OBITUARY



### Darren Kristjanson

It is with deep sadness we announce the sudden passing of our father and brother, Darren Bentley Kristjanson on April 18, 2022.

Darren was born on June 5, 1965, in Arborg and lived in Vidir, growing up on the Kristjanson family farm with his sisters and close cousins. Upon graduation from the Arborg Collegiate Institute, he attended the University of Manitoba, obtaining his Bachelor of Science in Agriculture.

From an early age, Darren was very goal-oriented. Deciding that he wanted a dirt bike, he worked at various jobs and saved for it. Next came a snowmobile and following that a car, when he was old enough to obtain his license. In his final year of high school, he decided he was going to excel. He applied himself accordingly and graduated with the highest academic honours.

Darren worked hard and took pride in his accomplishments. As a teenager he picked rocks, worked on a dairy farm and pumped gas at Harasym's Shell. During university summers he worked for the Bifrost weed district, the City of Winnipeg weed control and others. He enjoyed all the people he met along the way and appreciated running in to them in later years and having a good visit.

Upon graduation, his job search took him to Edmonton to work for Pickseed. In March of 1990 he left to join United Agri Products Canada as a Territory Sales Representative in Alberta. From there he took over the sales territory of Southern Saskatchewan. In 2001 he became the manager of a retail sales location in Saskatchewan and then moved to take the role of Prairie Sales Manager in 2006. Darren coached the western Canadian Sales team until 2017, when he left to pursue other interests. He rejoined the company in 2020, first in Edmonton, and then moving back to Manitoba in order to be closer to family. He most recently held the position of Manager, Agronomic Services where he developed strong training sessions for teams and customers across Canada. His strength in sales plus his vast knowledge of agricultural crops and products made him a very important member of the UAP Canada team.

Son Erik and daughter Hailee were born in Regina; the family moved back to Winnipeg in 2002. Darren loved his children and supported them in all the things they chose to do. Erik in hockey, lacrosse, football and curling; Hailee in dance and the performing arts. As a kid, Darren never had time at the lake, but he wanted his kids to have that opportunity. A cottage at Falcon Lake and boating became part of their family life.

Darren enjoyed life and the friends and family in it. He always tried to make the best of things and most people's earliest recollection of him was his ready smile. He loved sports, both playing and as a spectator. Hockey, curling, golf, and baseball were his favourites.

In Darren's last years of life, he displayed great courage in dealing with health struggles. Throughout it all he did his best and he so appreciated the support of those that cared about him.

Darren is survived by his children, Erik and Hailee. He will be missed by his sisters, Ingrid (Neil) Stevenson, Ardith (Barrie) Sigurdson, nephews Steen (Monica), Brett (Kaylie) and close family, friends and work associates.

Darren was predeceased by his loving parents, Ingvar (2015) and Josephine (2021) Kristjanson.

A service is planned for Friday, May 27, 2022. Friends of Darren who would like to join us to honour his memory can contact Ingrid at [ingrid.kristjanson@gmail.com](mailto:ingrid.kristjanson@gmail.com) for details.

In lieu of flowers, donations may be made to Siloam Mission, Bruce Oake Recovery Centre, Icelandic River Community Foundation-Vidir Cemetery Fund, Box 159 Arborg MB R0C 0A0, or Geysir Cemetery Fund, Box 796 Arborg MB R0C 0A0.



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## OBITUARY



### Donald Harvey Beckel July 9, 1929 - May 10, 2022

On May 10, 2022 after a long and well lived life, Donald "Harvey" Beckel passed away.

Left with wonderful memories are his daughters Donna (Brad), Lois (Bernie) and grandsons Jeffrey and Barry (Aubrey), long-time companion, Pauline and her daughters Linda (Rodney), Mindy (Serge), Cindy and their families.

He was predeceased by his wife Jerrie, step-son Ronald and grandson Scott.

Dad never liked a fuss made over him so to respect his wishes no formal service will occur. A private family and friends celebration will take place at a later date.

In lieu of flowers donations can be made to the Children's Wish Manitoba Chapter or a charity of your choice.

Friends and family are invited to visit Donald's memorial page @interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:



204.482.1040

## OBITUARY



### Eugene Gordon Starchuk July 23, 1939 - May 2, 2022

It is with sadness that we announce the loss of a true gentleman. Geno was born and raised on the family farm in L.G.D. of Park, MB where he learned the value of hard work and resourcefulness.

He was predeceased by his father George, mother Mary (Darry), brother Victor and two infant siblings Ted and Sylvia.

Curious by nature, Geno was always thinking about how to improve and create new ways of doing things. These traits led him to varied careers including Power Engineering. He married his soulmate Phyllis, and returned to Roblin to farm, where they built their home and spent many happy years together and celebrating special occasions. He was a councillor for Ward 2-L.G.D. of Park and participated in many committees. After moving to Winnipeg, Geno was employed as a Maintenance Site manager for senior complexes and a condo.

complexes and a condo.

Phyllis and Geno retired in Gimli where he was a longtime member of New Horizons and an active volunteer in the community. He was a jack-of-all-trades and skillfully crafted many cherished gifts for others.

Many were drawn to him by his warm heart, infectious laugh, sense of humour and patience. Geno accepted all without judgement. He was always up for a good story, sharing a joke and a rye.

Family was extremely important to Geno, he was always there to lend a hand and entertain his grandchildren with a snuggle and a joke.

Geno will be fondly remembered by his wife Phyllis; children Cindy, Conrad (Teena), Gail-Ann (Curtis), Gordon (Donna), Susan (Chris); his grandchildren Brock, Mackenzie, Megan, Kelsey (Mike), Trygve, Anya, Alexander, Hannah, Laura, Zoey; great-grandchildren Bronwyn and Theo; sister Pat; nephews Greg and Trent; aunts Rose, Nellie; sisters-in-law Elsa, Willa (Jens); brothers-in-law Chas (Sharon), Danny; as well as many family members and friends.

The family would like to thank the health-care teams at Selkirk and Gimli Hospitals, and Gimli CancerCare. A special thank you to nurse Donna and Dr. J. Fulmore.

In lieu of flowers, donations can be made to Cancer Care or a charity of your choice.

A celebration of life will take place July 23, 2022, Aspen Park Rec., Gimli, 2:00 p.m.

In our hearts we'll see you  
In our hearts we'll hear you  
In our hearts we'll keep you

-Anonymous

## OBITUARY



### Yvonne Josephson (Litton) June 19, 1942 - May 9, 2022

The family wish to announce that Mom/Grandma has passed away.

Left to mourn her passing are her daughters Marie (Jim) and Maxine; her two grandchildren Adam and Laura Alkana; nieces and nephews, cousins and dear friends.

She is predeceased by her best friend and spouse Dennis Johnson; her parents Hjortur Jon and Unnur Sigurlaug Josephson; her sisters Ethel (Stoney) Olafson, Helen (Encil) Arksey; her brothers Howard (Jean) and Dorland; two infant granddaughters Jennifer and Jessica and her first husband Ken Litton.

Mom was born in Eriksdale but the family moved to Winnipeg early in her life. She had many great times and shared many good memories about growing up at "907" in Fort Garry. Mom and Dad

married in 1962 and they moved to Rathwell where they operated two businesses - Rathwell Grocery and The Wild Turkey Inn. They returned to Winnipeg and, after a few years, Mom joined forces with Dennis in Lundar. They had many happy years together.

Mom was fiercely proud of her Icelandic heritage and spent countless hours researching her family genealogy. She attended many INL conventions and visited Iceland on two occasions. She was always eager to meet the visiting Icelandic choir or tour members and had many lasting friendships from these events.

Mom enjoyed life and happy times. She was outgoing, enjoyed teasing and liked to be the center of attention. She wasn't shy and would do almost anything to lighten the mood or get a laugh.

Mom enjoyed her time in Lundar. When it was suggested that she return to Winnipeg, she flatly refused. Her friends were very dear to her and she couldn't imagine life without them. She took pride in her flowers and got great enjoyment from feeding and caring for the many bird species that frequented her yard.

Family was also important to Mom. She kept in touch with her nieces and nephews and thoroughly enjoyed time with her grandchildren. She welcomed opportunities to see her great nieces and nephews as well.

The family would like to extend our heartfelt thanks to the exceptional staff of Lundar Home Care, Lundar Palliative Care and the E. M. Crowe Memorial Hospital in Eriksdale. Special thanks to Dr. Yang and Brittany of CCMB. The care and compassion shown by each and every one of these health care professionals made a difficult time so much easier.

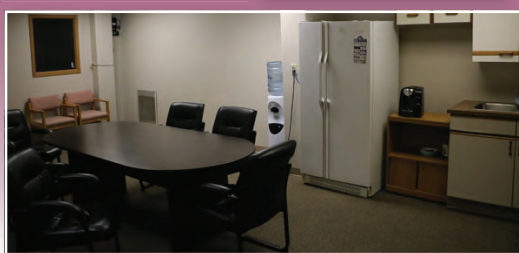
A private interment has been held.

If desired, donations can be made in Mom's honour to the Coldwell Community Foundation, PO Box 154, Lundar, MB R0C 1Y0 or to a local charity of one's choice.

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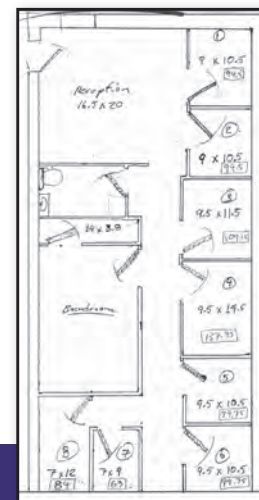
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