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EXPRESS PHOTOS BY PATRICIA BARRETT

Jordan Dankochik and Victoria Stiglmayr (left), with their kids, bought Farmers Hall from Elaine and Darrell Klym (right). The couple plan to turn the hall into year-round headquarters for their rapidly expanding business, Norsemen Auction, and open an upscale steakhouse.

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Dreams Take Flight brings local teen to Disney World

Giving children with challenges an adventure to remember

By Autumn Fehr with files by Katelyn Boulanger

Dreams Take Flight soared from Winnipeg to Orlando with 108 youth for a magical day at Disney World last month.

The Dreams Take Flight program, a non-profit organization, provides a trip-of-a-lifetime experience to disadvantaged children from a variety of backgrounds.

Thanks to the numerous Air Canada employee volunteers, support of the Air Canada Foundation and the work by the Dreams Take Flight organization, eight flights operate annually, providing over 1,000 children each year with an unforgettable day at a theme park in Florida or California.

"The Air Canada flight crew were so in-tune with ramping up the dynamic of this experience. They really reach high to find ways of making this more than just a plane ride to Disney World," said Brett Mitchell, official photographer for the day, and co-owner of Big and Colourful Printing and Publishing

The flight from Winnipeg left at 3 a.m. and transported the youth to Or-



lando, accompanied by a crew of current and retired Air Canada employee volunteers focused on creating the most magical experience possible.

"Even before we were on the plane, the pilots were letting the kids wear their captain hats, posing with them for pictures. There were big smiles everywhere. Children were invited into the cockpit to see all of the lights,

Continued on page 3



EXPRESS PHOTOS BY BRETT MITCHELL

A number of Interlake kids took part in the Dreams Take Flight trip.



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> DREAMS TAKE FLIGHT, FROM PG. 2

buttons, gauges, toggles — and when they questioned why there was no steering wheel, the captain showed them the \$50,000 joystick that steers the plane,” said Mitchell.

Even when the plane was taxiing out to the runway, Captain Steve came on the PA system and told the children that they would need to help him get



the plane off the runway.

“When I give you the go ahead, I want you all to stamp your feet as hard as you can to help lift this big plane off the runway. Once we start to lift off, you know what Buzz Light-year says?”

When the nose of the plane left the ground, the captain shouted through the microphone “to infinity” and the entire plane shouted back enthusiastically “and beyond!”

The cabin flight crew were dressed in costumes while serving refreshments and singing songs. Once the plane was at cruising altitude, they started a pillow fight with all of the passengers said Mitchell.

By generously donating their time, pilots, flight attendants, maintenance engineers and numerous other employees on the ground and behind the scenes offer children facing mental, physical or social adversity the chance to take a break from their everyday to make memories and see new possibilities.

“Dreams Take Flight enables children to go for a one-day trip to a theme park in either Florida or Los Angeles, depending on where you are

in the country. We’ve been around for 34 years now and we have chapters across Canada that take these trips,” said Bev Watson, the president of the Winnipeg chapter and national president for Dreams Take Flight Canada. Watson has been part of Dreams Take Flight from the very beginning when Air Canada asked its employees if they wanted to be involved. She volunteered and has continued to take part.

“[The kids] went on rides. They ate. They had lots of fun. Just even walking around Star Wars in Hollywood studios or just walking through the Magic Kingdom, everybody goes crazy,” said Watson.

The kids who take part have jam-packed days starting with a 3 a.m. start at the airport. From there, they get to Orlando, Fla., at about 9:40 a.m. and travel to Disney World. They break into smaller groups and then are able to explore the park, eat and have fun before making their way back home at the end of the day.

Watson says that she continues to volunteer year after year because of the difference that it makes in the children.

“You have children that are very meek and mild in the beginning and sort of stay to themselves. And then, during the day, you see how they

blossom and their eyes brighten up and they’re just so happy and excited. They build friendships during the day. Just to see the smiles on their faces when they see a ride for the first time and they come off and it’s just amazing,” she said.

It also allows these kids to be with other kids with similar conditions to their own, giving them time to connect with people their age that understand what it feels like to be a kid facing challenges.

Joe Thompson, who has three children — Alyna Huntinghawk, Kayla Huntinghawk, Alexis Daniels — from our area who took part in the program said the experience was wonderful.

“They were just blown away by everything. They would certainly do it again in a heartbeat. They had a wonderful time. It was the experience of a lifetime. I don’t know if I’ll ever get a chance to experience that again,” he said.

Watson says the kids enjoy the rides every year but her favourite part is being able to be part of their happiness.

“Just the smiles and just seeing how much they enjoy themselves, and have a good time and forget about their cares and their worries,” she said.

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Farmers Hall owners plan upscale steakhouse, events venue and farmers' market

Hall to become Norsemen Auction headquarters

By Patricia Barrett

The iconic Farmers Hall west of Gimli has exchanged hands and the new owners are planning to make the hall the headquarters for their booming business, Norsemen Auction, as well as renting it out for small events, holding farmers' markets and opening an upscale steakhouse.

Jordan Dankochik and Victoria Stiglmayr purchased the hall and acreage from Elaine and Darrell Klym last week and are planning to renovate part of it for Norsemen's offices, a cross-Canada auction house with representatives in the U.S. They already have social events lined up in June and they've just set a date for the opening of a new farmers' market, called Oma and Opa's Farmers' Market.

The couple have hit the ground running and are excited to have taken over the historic building, which was built in 1934.

They said they won't be renovating the central part of the hall in order to preserve its historic integrity.

"We're going to renovate some space on the west side of the building for offices for our auction company. We're growing quite substantially and we need space for our employees. Salespeople and others can gather in the hall and watch our auctions, which are online," said Stiglmayr. "We also want to continue to offer small functions and a farmers' market. We want to preserve all the nostalgic features of the building."

They plan to winterize the hall so that they can continue to operate their auction business year-round. And with heating they'll also be able to make the hall available for public functions and markets in the wintertime. Previously, the hall closed for the winter.

The couple also have plans to open an upscale steakhouse on the weekends, featuring homegrown fare from land and lake.

"We want to have a high end steakhouse offering the best beef and bison sourced from Interlake producers and pickerel from Lake Winnipeg," said Dankochik. "We're thinking of operating that on Friday, Saturday and Sunday afternoons either inside hall or on the patio or we could set up private tables in the yard and have the lounge open at the same time."

In addition to social events, Dankochik said they want to showcase local talent and have already been in touch with youth groups for performances.

Members of their family will be helping out with the operation of the hall, he said. His Oma (grandmother), Nellie Groot, for instance, will be overseeing the farmers' market.

Former hall owners and Darrell and Elaine Klym restored Farmers Hall to its former country charm and held their first event in 2014. After successfully weathering the economic downturn caused by COVID pandemic, they decided to retire.

"I am totally excited these kids have taken over the hall and that it has gone to a local family. They have a lot of support from their families and I'm very pleased about that," said Darrell, who met Elaine during a community dance at the hall. "We'll definitely be here to give them a little guidance if needed, even though they're quite capable and



EXPRESS PHOTOS BY PATRICIA BARRETT

Friends, family and Farmers Hall staff helped celebrate Jordan Dankochik and Victoria Stiglmayr's purchase of the Farmers Hall on PR 231, west of Gimli. In addition to running their auction business from the hall, the couple will be renting it out for small events and offering a farmers' market.

have their own vision for the hall."

The hall became part of Darrell's family when his grandfather, Nick Klym, donated in 1941 the piece of land where it presently sits. It had been built on land across the highway where the Gimli Industrial Park is now located.

It was called the United Farmers Community Hall and was built by local residents to host fall suppers, dances, weddings and other social events. The hall's volunteer committee closed it in the 1990s after it grew too expensive to maintain it. Its facade consisted of weather-beaten grey boards by the time the Klyms bought it and began restoring it over a period of years.

"We approached the remaining members of the committee because the hall was in a state of disrepair and we bought it from them in 2007. We started renovating it in 2010. It was a huge job," said Elaine.

Some of the renovations included gutting the kitchen, which was in "terrible shape" and installing a commercial kitchen, she said. They kept the original maple dance floor, which is "one of the best dancefloors in the Interlake." For the decorative wainscoting, they asked area farmers if they could salvage pieces of wood from old sheds.

"My husband and I ran the hall as an entertainment and event centre and wedding venue. We added a bistro after COVID arrived and we hit a brick wall. We also started the farmers' market," she said.

The hall was also in demand for family reunions, anniversary parties, showers, celebrations of life and other special events, she said.

Despite their hectic schedule running their auction business and making plans to renovate the west side of the hall for offices, Dankochik and Stiglmayr said they'll be paying tribute to the Klyms for all the work they've done restoring the hall.

"We want to have a passing-on-the-torch and retirement party for Darrell and Elaine. They'll always be royalty here," said Dankochik.

Oma and Opa's Farmers' Market is scheduled for



The Dankochik and Groot family, from left, Aaron and Brenda Dankochik (Jordan's dad and mom), Nellie Groot (Jordan's Oma), Victoria Stiglmayr and their kids. Family members were on hand to help celebrate with the couple.



Inside the hall with its original maple dance floor and farm implements on the wall.

Thursday, June 29.

For more information about renting Farmers Hall and events, call Norsemen Auction at 204-651-0008. The hall is located on PR 231 at the junction of Road 17E (Community Road), west of Highway 8 just past the Gimli airport and motorsport park.

Investing in Little Saskatchewan First Nation's MINO-AYA-WIN Centre

Submitted by provincial and federal governments

Dan Vandal, minister of Northern Affairs, minister responsible for Prairies Economic Development Canada and minister responsible for the Canadian Northern Economic Development Agency and member of Parliament for Saint Boniface—Saint Vital, Manitoba Consumer Protection, and Government Service Minister James Teitsma, and Chief Hector Shorting of Little Saskatchewan First Nation announced a joint investment of more than \$4.9 million to build the MINO-AYA-WIN Centre in Little Saskatchewan First Nation, located in Manitoba's Interlake region, earlier this month.

The new multi-purpose space will include a 34,000-square-foot geothermal ice rink and training facility. As a renewable energy, using the earth's natural heating and cooling properties, the geothermal rink system will cut the building's energy costs. This facility will bring residents of Little Saskatchewan First Nation and surrounding communities together to enjoy sports, stay active and socialize.

By investing in infrastructure, the governments of Canada and Manitoba are growing our country's economy, building resilient communities,

and improving the lives of Manitobans and Canadians.

Quotes

"Recreation centres, like the MINO-AYA-WIN Centre in Little Saskatchewan First Nation, are at the heart of small communities across Canada. This new space will bring residents together and accommodate a wide range of activities to benefit the First Nation for years to come." — Dan Vandal, minister of Northern Affairs and minister responsible for Prairies-Can and CanNor, on behalf of Dominic LeBlanc, minister of Intergovernmental Affairs, Infrastructure and Communities

"Our government recognizes the important role community, culture and recreation infrastructure plays in providing Manitobans with access to spaces, services and networks that bring opportunities to stay connected, share experiences and build healthy, inclusive and vibrant communities. We are pleased to prioritize Little Saskatchewan First Nation's MINO-AYA-WIN Centre Phase 1 arena project under the Investing in Canada Infrastructure Program and look forward to working with our federal partners and with Little Saskatchewan First Nation on this critical infrastructure project." — Manitoba Con-

sumer Protection and Government Services Minister James Teitsma.

"It is a great pleasure to bring this important infrastructure funding to support our community. Phase 1 of the MINO-AYA-WIN Centre project focuses on the arena component, which we anticipate will become a vital part of our community's recreational, social and cultural infrastructure, encouraging participation from our youth, Elders, and all community members to be active, connect and grow. Today, we celebrate our collective commitment to ensure our community has access to the services and networks needed to continue to build and thrive. We thank our partners with the Government of Canada and the Province of Manitoba for the support to bring this necessary infrastructure ensuring we have places to unite and celebrate our collective goals." — Chief Hector Shorting, Little Saskatchewan First Nation

Quick Facts

- The Government of Canada is investing \$3,688,365 in this project, while Little Saskatchewan First Nation is contributing \$1,229,455.

- The Government of Canada's funding comes from the Rural and Northern Infrastructure Stream of the Investing in Canada Infrastructure

Program.

- This stream supports projects that increase access to more efficient and reliable energy sources, improved community infrastructure and improved internet connectivity for rural and northern communities.

- Including today's announcement, 41 infrastructure projects or project bundles under the Rural and Northern Communities Infrastructure Stream have been funded in Manitoba, with a total federal contribution of more than \$110 million and a total provincial contribution of nearly \$58 million toward eligible project costs.

- Under the Investing in Canada Plan, the federal government is investing more than \$180 billion over 12 years in public transit projects, green infrastructure, social infrastructure, trade and transportation routes, and Canada's rural and northern communities.

- Infrastructure Canada helps address complex challenges that Canadians face every day — ranging from the rapid growth of our cities, to climate change and environmental threats to our water and land.

Plots available to rent in Gimli's Community Gardens

Submitted by Cathy Danyluk

Do you enjoy growing your own vegetables? Would you like to see if you have a green thumb?

With the cost of food going up every year, gardening is a healthy way to supplement your diet.

This year you can enjoy being out in nature, meeting other gardeners and watching your veggies grow.

The Gimli Environmental Advisory Committee has established over 40 gardens.

The committee rent these out each year to those who

love to garden and may not have the space to do so where they live.

These gardens are located to the North of the Gimli Horizons 55+ building and is accessible from the same road.

The large beds are 10 x 20 feet. There are 21 of them, and they rent for \$20 a year.

The smaller raised beds are 8 x 4 feet and rent for \$15 a year.

GEAC supplies a rototiller, weed wacker, lawn mower and hoses for gardeners use.

Last year was very wet, and the usual opening date of May long weekend was delayed due to the wet conditions.

Plans are to install a chain link fence around the gardens this year to discourage the friendly deer.

If you are interested in renting a plot or looking for more information, contact Gail Mastin at 204-642-7438 or email gailgimli@hotmail.com

Correction

Staff

In the Interlake Co-op's Eriksdale Hardware store expands season centre" published in last week's Express Weekly News had an incorrect email address for orders.

The hardware store stands out for its willingness to literally go the distance for its faraway customers. About a year ago, it began a free delivery service to Arborg, about 67 kilometres down the highway.

Twice a week the hardware store drops off pre-ordered items at the Interlake Co-op grocery store in Arborg where customers can pick them up. (Some restrictions apply.) Customers can place their order at the Eriksdale Hardware store by calling 204-739-2634 or by emailing eriksdalehardware@interlakecoop.com

The Express apologizes for the error.

Take care of details so they don't have to. *Just ask Ken.*

kl
KEN LOEHMER
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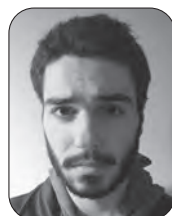
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Call Patricia Barrett
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Taxpayers get soaked by Volkswagen giveaway

By Franco Terrazzano, Canadian Taxpayers Federation

More than \$4 million per job. That's how much Prime Minister Justin Trudeau has committed taxpayers to spending in his sweetheart deal with a German auto giant.

In St. Thomas, Ont., flanked by Premier Doug Ford, Trudeau announced that taxpayers are set to give Volkswagen up to \$13 billion in exchange for a \$7-billion electric car battery plant.

The plant is costing taxpayers \$13 billion and is set to employ 3,000 workers.

Divide the total cost by the number of workers and you get \$4.3 million per job.

Not to be left out, Ford also committed Ontario taxpayers to chipping in half-a-billion.

Step back for a moment and think about the larger implications of this agreement. What does it say about the competitiveness of the Canadian economy that the government felt it had to put this much money on the table just to attract a plant and 3,000 jobs?

Federal Industry Minister Francois-Philippe Champagne can talk about "seizing generational opportunities." But there's no downplaying the fact it took \$13 billion to get Volkswagen to come here.

And what happens if Toyota is looking to build a new plant and wants its own multi-billion-dollar handout? What about Honda? Ferrari?

It's quite possible that the government set a dangerous precedent that

will result in every automaker demanding billions of dollars from taxpayers before agreeing to come to Canada.

Think of what else could have been done with \$13 billion.

Canada could have built more than a dozen new hospitals or hired 16,000 new nurses for a decade or paid off the entire debt of Prince Edward Island five times over.

Keep in mind that Volkswagen's profits were over \$33 billion last year. That's a huge amount of money. Volkswagen's profits are bigger than the individual provincial budgets of Saskatchewan, Manitoba, New Brunswick, Nova Scotia, Prince Edward Island or Newfoundland and Labrador.

Corporate welfare has real consequences. For every dollar politicians hand over to wealthy corporations, that's one dollar less that can fund programs, lower tax bills or reduce government debt.

A key consequence of corporate welfare is that it's addictive. Remember good old Bombardier? A one-time corporate giveaway has turned into decades of government handouts. Corporate welfare is easy to start, but the dependency is difficult to end.

Even worse, the money the feds are handing over to Volkswagen is borrowed.

The Trudeau government is running a \$40-billion deficit with no plan to ever balance the budget. It's already spending nearly \$44 billion on debt interest charges this year alone.

Then there's the whole idea of trying to outbid the Americans. The feds are telling taxpayers that the government had to make the deal because the Biden administration's subsidies effectively put a similar American offer on the table.

But the U.S. economy is 10 times the size of Canada's, and the Americans have much more money to work with. Surely outbidding our neighbours to the south isn't a sensible long-term strategy.

Instead of raising carbon taxes, payroll taxes and alcohol taxes then giving a bag of cash to a hand-picked business, Trudeau should cut taxes across the board and cut out corporate welfare.

Finally, where is the political opposition? New Democratic Leader Jagmeet Singh loves to bash grocery store CEOs, so why hasn't he grabbed the pitchfork after Volkswagen raided the public purse? If the Conservatives want to be the party of fiscal responsibility, then why aren't they up in arms over this corporate welfare?

Volkswagen's sweetheart deal is bad news for taxpayers. Trudeau is taking money out of the pockets of struggling taxpayers and stashing it into the bank account of a profitable multinational corporation. Politicians of all stripes should oppose this kind of corporate giveaway.

Franco Terrazzano is the federal director and Jay Goldberg is the Ontario director of the Canadian Taxpayers Federation.

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EXPRESS PHOTO BY MIKE SHACHTAY

Spring has finally sprung and with it comes the joy of getting outside and enjoying all that nature has to offer. For Ty Shachtay, left, and Hayden Plett, that meant spending Friday evening knee-deep in ditches full of water after the snowmelt south of Arborg. Armed with nothing more than rubber boots and fishing nets, these two young adventurers were successful on their mission to catch suckers.

Temperatures were in the double digits, reaching a high of 18 degrees C. over the weekend. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@expressweeklynews.ca.

A statement from Anita R. Neville, lieutenant-governor of Manitoba

On behalf of all Manitobans, it is my honour and privilege to extend congratulations to His Royal Highness King Charles III and Queen Camilla on this Coronation day — a historical milestone for the British monarchy, the Commonwealth and, indeed, world history.

This monumental day ushers in a new era of leadership as His Majesty formally assumes his considerable royal responsibilities and the commitment to service that was so capably and wonderfully demonstrated throughout the remarkable reign of his mother, Her Late Majesty Queen Elizabeth II.

While King Charles III became King of Canada upon the passing of his beloved mother, holding all legal, constitutional and symbolic authorities as Canada's head of state, the Coronation provides a celebratory occasion to mark the new reign and focus on the opportunities ahead.

As the heir to the throne, His Majesty has already experienced extraordinary mentorship and training for his new role. With the support of Queen Camilla, he is bound to establish his own unique legacy through his service ethic, intelligence, compassion and ongoing dedication to important topics in the fields of art, technology, architecture and environmentalism.

Earlier this week King Charles III met with First Nations, Inuit and Métis representatives together. I share in the spirit of optimism that surrounds this new chapter in the relationship between the Crown and Indigenous peoples.

I hope all Manitobans will join me in recognizing and reflecting on the significance of this ceremonial day and join me in extending hearty congratulations and loyalty to His Royal Highness King Charles III.

Long live the King.

letter to the editor

Letters to the Editor:
letters@expressweeklynews.ca

Save Lake Winnipeg

A narrowed approach to upgrades at Winnipeg's largest sewage treatment plant could save hundreds of millions of dollars and reach targets to reduce its pollution years earlier, according to supporters (*Winnipeg Free Press*, April 27, 2023).

This type of stalling has been ongoing for nearly two decades. Stop playing Russian roulette with Lake Winnipeg!

Fertilizer reduction efforts to Lake

Winnipeg must also include nitrogen.

May is the operative word because less nitrogen favours only those particular blue-green algae that can fix nitrogen from the air, and this ability is enhanced when oxygen is low.

However, many other blue-green algae do not have this ability, nor do all of the other eucaryote (non-blue-green) algae. (There are blooms that survive taking nitrates from the air, and there are blooms in water that need soluble nitrates to survive.)

Studies have determined discharge

of nitrogen into bodies of water has been linked to eutrophication. Treatment plants that only reduce phosphorus from sewage will give an advantage to all the algae that need nitrogen as well as phosphorus, and there will still be blooms.

Therefore, it is imperative that both phosphorus and nitrogen be addressed and removed if Lake Winnipeg is to have any expectation of being saved.

Yes, the financial stakes are high, but how much is the value of those irreplaceable waters?

If nitrogen is irrelevant, as some have claimed it to be, then why is nitrogen added to fertilizers if it does not stimulate plant growth? Algae are plants too.

Politics aside, we cannot afford to wait another generation, or more, to see if a "phosphorus first" approach works.

Lake Winnipeg is at a crisis stage and needs all the help that we can provide.

Lake Winnipeg cannot be replaced.

- John Fefchak, Virden

Government drops mask requirement in most health-care facilities

By Patricia Barrett

COVID infections and hospitalizations decreased during the last week of April, according to the provincial government's respiratory surveillance report for the period April 23-29 (reporting Week 17).

There were 96 new cases detected by PCR testing in Week 17. There were 123 new cases reported the previous week. Provincial COVID case data are underestimates of the true number of infections as the government restricts access to PCR testing. Rapid antigen tests aren't tracked.

Thirty-nine people were hospitalized in Week 17 with two people requiring intervention in the intensive care unit. There were 57 new hospitalizations the previous week with six ICU admissions.

The province reported six deaths from COVID in Week 17. There were 10 COVID deaths the previous week and 13 deaths the week before that.

Numbers are calculated using comparisons of total outcome data between the current and the previous week's report.

Manitoba's COVID death toll now stands at 2,493 according to the federal government's COVID webpage as of April 22. Canada's death toll has reached 52,037.

Wastewater surveillance data for Winnipeg and Brandon up to April 25 show sustained COVID activity.

The provincial government no longer lists in its surveillance reports the names of hospitals and personal care homes with COVID outbreaks.

There were two new cases of influenza A and five new cases of influenza B reported in Week 17 and no hospitalizations and deaths. There were six and three new cases, respectively, reported the previous week, along with six new hospitalizations and zero deaths.

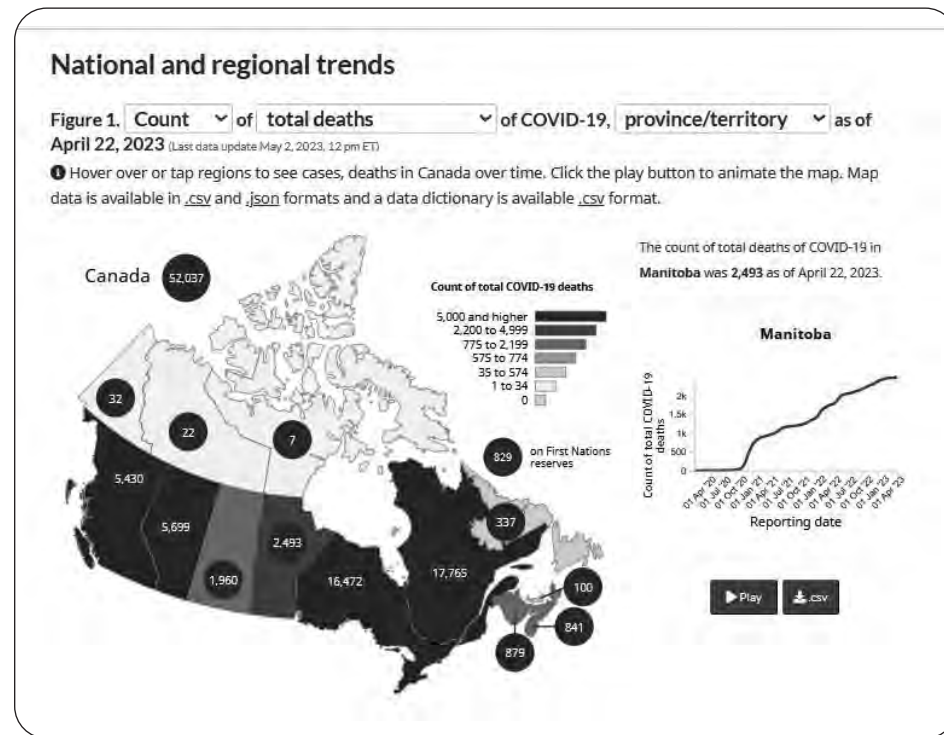
There were 15 new cases of respiratory syncytial virus (RSV) in Week 17. There were 10 new cases reported the week before.

Other health news:

- The Interlake-Eastern Regional Health Authority reported COVID outbreaks at two personal care homes and a hospital in Selkirk after weeks of no reported outbreaks (according to its outbreak webpage).

The outbreak at Selkirk's Tudor House Personal Care Home was declared on April 28 and the outbreak at Selkirk's Red River Place Personal Care Home was declared on May 1.

A COVID outbreak has also occurred at the Selkirk Mental Health Centre's Tyndall Building where patients from Red River Place PCH are currently re-



GOVERNMENT OF CANADA
Total COVID deaths across Canada as of April 22. Manitoba has had 2,493 deaths from COVID. Canada has had 52,037 deaths.

siding after experiencing flooding.

"Red River Place Personal Care Home residents who are currently residing in the Tyndall Building at Selkirk Mental Health Centre are also experiencing a COVID-19 outbreak. These residents are temporarily relocated as a result of flood damage repair currently underway at Red River Place," said an IERHA spokesperson. "The staff at Red River Place have communicated the outbreak to residents' friends and family and outbreak protocols are in place at both facilities. All residents continue to be monitored for symptoms."

- Manitoba's Shared Health organization announced last week that it's dropping the requirement for wearing masks in most health-care settings, including long-term care facilities.

Patients and visitors will no longer have to wear masks starting May 10.

"The changes in masking requirements are based on advice given by infection prevention and control experts and reflect the changes we've seen with virus transmission in our province over the past year," said Monika Warren, Shared Health's chief operating officer of provincially co-ordinated health services and chief nursing officer, in a May 3 news release. "Care settings across the province will continue to be mask-friendly. Masks will be available to those who wish to wear them."

Warren added that masks are an "effective way of limiting virus transmission."

Masks will still be required in settings with cancer patients or trans-

plant recipients as they are "particularly vulnerable populations."

- In response to the province's announcement on dropping the requirement to wear masks in health-care settings, Doctors Manitoba said in a May 4 news release that mask policies will vary among health clinics and advises people to check with a clinic and follow its recommendations on masking.

"Patients may ask their physician or other staff in the clinic to wear a mask," states the organization.

- Globally, there have been almost 2.8 million new COVID cases and over 17,000 new deaths from the virus reported over the period April 3-30, 2023, according to the World Health Organization's epidemiological update published May 4.

"Reported COVID-19 cases are underestimates as shown by prevalence surveys," states the WHO. "This is partly due to the reductions in testing and delays in reporting in many countries."

Over 8,100 people died from COVID in the Americas region alone (North, Central and South America) over that 28-day period.

The United States continues to lead the world's countries with the highest numbers of new COVID infections and new deaths from the virus. From April 3 to 30, the U.S. reported 392,480 new cases or 118.6 new cases per 100,000 and 5,263 new COVID deaths or 1.6 new deaths per 100,000.

Canada reported 562 new deaths or 1.5 deaths per 100,000 over that same period. That puts Canada in

third place among countries in the Americas (U.S. and Brazil ranked first and second place, respectively) with the highest number of new COVID deaths.

As of May 3, there were 6.9 million COVID deaths reported globally.

The WHO downgraded COVID's international alert status last week, saying the virus is no longer a global public health "emergency" (the highest level of alarm). The WHO declared COVID an emergency on Jan. 30, 2020.

The WHO's declared end of the emergency phase of COVID was, however, tempered by warnings of COVID's continuing ability to kill and cause long-term disabilities. COVID is still a "global health threat" and the organization is uncertain as to the virus's future evolution.

"Last week, COVID-19 claimed a life every three minutes — and that's just the deaths we know about. As we speak, thousands of people around the world are fighting for their lives in intensive care units. And millions more continue to live with the debilitating effects of post-COVID-19 condition," said WHO director general Tedros Adhanom Ghebreyesus in a May 5 statement. "This virus is here to stay. It is still killing, and it's still changing. The risk remains of new variants emerging that cause new surges in cases and deaths."

The worst thing countries can now do, he added, is to use this declaration to let down their guard or say that COVID is nothing to worry about.

"Almost 7 million deaths have been reported to WHO, but we know the toll is several times higher — at least 20 million," said Ghebreyesus. "Health systems have been severely disrupted, with millions of people missing out on essential health services, including lifesaving vaccinations for children. But COVID-19 has been so much more than a health crisis. It has caused severe economic upheaval, erasing trillions from GDP, disrupting travel and trade, shuttering businesses, and plunging millions into poverty."

- The NDP released figures highlighting funding cuts to rural health-care by the Manitoba Conservatives over seven years. Using sources such as the Manitoba Budget, regional health authority funding letters, freedom of information requests and annual health plans, the NDP outlined cuts in each health region, as well as overall rural health-care cuts that included a \$4.2-million program to recruit doctors to work in rural commu-

Canada-Manitoba Job Grant 2023-24 applications open

By Autumn Fehr

Are you a business looking to hire new employees but need a little help to cover training costs or need to train existing employees to meet business needs?

Funding from the Canada-Manitoba Job Grant can help cover those costs.

The grant is a cost-shared funding program, giving employers help in covering training costs for new and existing employees to meet business needs, support development in the workforce, boost economic growth

and increase employment opportunities in Manitoba.

Training funded through the grant must be delivered through an external third party. Employers decide which employees need training, the training they need, and other details such as when and who will deliver it.

This program offers \$10 million to support training and workforce development for new and existing employees. Employers are eligible to receive a maximum of \$10,000 per

employee and \$100,000 per training project.

Small businesses with fewer than 100 employees can apply for up to 75 per cent of eligible training costs, and larger employers up to 50 per cent.

Applications will be accepted until the funding is fully allocated or all eligible applications have been received, whichever comes first. Funding is dispersed by the order in which the applications are received.

Employers for federal and provin-

cial Crown corporations and agencies, federal, provincial and territorial governments, and K-12 schools funded by provincial/federal sources are ineligible to apply.

Funding is not guaranteed.

Don't miss out on the opportunity and submit your application for a chance to receive funding to train your employees.

For more information and to apply, head to <https://www.gov.mb.ca/jec/busdev/financial/cmjg/index.html>.

Funding announced for young entrepreneurs through Futurpreneur

Submitted by Manitoba government

The Manitoba government is providing \$1.2 million over four years to Futurpreneur to support the Startup Program, delivering mentorship programming and financing for young entrepreneurs across the province, Economic Development, Industry and Trade Minister Jeff Wharton announced on May 2.

"Young entrepreneurs drive innovation and help to keep our province competitive in today's global market," said Wharton. "The support our government is announcing today is an investment in Manitoba's future."

Futurpreneur is a non-profit organization that provides inclusive financing, mentoring, and support tools to help aspiring business owners aged 18 to 39 start and succeed. Its mentoring program matches diverse young entrepreneurs with business experts from a network of more than 2,400 volunteer mentors. The organization's Startup Program provides financing, mentorship and resources to help young entrepreneurs plan, launch and grow their businesses.

"With the Manitoba government's renewed investment in Futurpreneur's programming, we are poised to make a significant impact on the lives of diverse, young entrepreneurs across the province," said Karen Greve Young, CEO, Futurpreneur. "This partnership will provide the necessary support for these young

entrepreneurs to turn their ideas into reality, build thriving businesses, and contribute to the economic growth and prosperity of their communities throughout the province. We are incredibly grateful to the Manitoba government for its unwavering commitment to the success of the province's young business owners, and we look forward to creating a brighter future together."

Futurpreneur expects to support the creation of up to 50 businesses each year, the minister noted.

The Manitoba government entered into a three-year funding agreement with Futurpreneur in 2020 to provide \$250,000 per year to fund operating expenses and support the Startup Program for Manitoba small businesses.

"It takes a community to raise a startup and, in Manitoba, Futurpreneur is at the centre of it. Creating something from nothing requires money, advice,

direction and a slew of resources. Futurpreneur provides it all," said Luc Bohunicky, founder and CEO of Avid Golf. "As a Manitoban, Métis entrepreneur, two-time Futurpreneur programming recipient and a former member of Canada's G20 Young Entrepreneurs' Alliance, I'm grateful for the opportunities Futurpreneur has provided me and my colleagues. I'm thrilled to see the Manitoba government's continued support and am driven to be one of many examples to aspiring entrepreneurs of what's possible."

The minister noted the agreement has resulted in the distribution of more than \$1.6 million of collateral-free loan capital to 91 businesses and \$2 million in financing from the Business Development Bank of Canada in the first two years. In addition, Futurpreneur provided over \$550,000 in cash-flow relief to Manitoba clients through its COVID-19 response mea-

asures, ensuring young entrepreneurs were supported through business challenges brought on by the pandemic.

A total of \$4.1 million has been invested provincially to date through current partnerships.

Additionally, Futurpreneur has spent more than \$1.2 million on programs, operations and administration support in Manitoba, for a combined investment of \$5.4 million that resulted in a nearly 10-to-1 return on investment on the initial \$500,000 investment over the first two fiscal years, the minister said.

For more information on economic development in Manitoba including programs and incentives for businesses, visit www.manitoba.ca/jec.

For more information on Futurpreneur, visit www.futurpreneur.ca.



Icelandic River
Community Foundation

APPLICATIONS FOR GRANTS

The Icelandic River Community Foundation is accepting applications for grants from registered charities and organizations for projects in the Arborg and Bifrost-Riverton catchment areas.

Projects can include assistance for health and recreational projects, new vehicles, furnishings or equipment not normally covered in operating budgets. Please provide a description with projected costs and timeline for completion.

**Mail applications to the
Icelandic River Community Foundation,
Box 159, Arborg, MB, R0C 0A0
Deadline for applications is September 30, 2023**

OWEN EYOLFSON \$500 MEMORIAL SCHOLARSHIP


Are you graduating from Grade 12 and furthering your education in Business or Hospitality? Write us a 250 word (min) essay on the potential you see in applying your education within the boundaries of the CENTRAL INTERLAKE CHAMBER OF COMMERCE, including the Town of Arborg and the Municipality of Bifrost-Riverton.

To apply, you must be a Grade 12 student within the boundaries of the Town of Arborg or Municipality of Bifrost-Riverton. Please include your current school, post-secondary school enrolment, and any other pertinent details.

APPLY TODAY!
Send in your essay to:
centralinterlakechamber@gmail.com
Deadline JUNE 1



**CENTRAL INTERLAKE
CHAMBER OF COMMERCE**



NOTICE OF THE ANNUAL GENERAL MEETING

Notice is hereby given that the
EBN Annual General Meeting
Will be held at
Evergreen Basic Needs, 71 4th Ave, Gimli
Tuesday May 16, 2023, 7:00 pm

Elections to the Board of Directors will be held
Light refreshments will be served.
Tours of the facility will take place after the meeting to highlight the recent renovations.

get inspired

> MEAL IDEAS



Chipotle Chicken Flatbreads

2 tablespoons cilantro leaves, chopped
Preheat oven to 375 F.

Place parchment paper on baking sheet and add flatbreads. Sprinkle cheese on flatbreads. Top with garlic, chicken and tomatoes. Season with salt and pepper, to taste. Bake 16 minutes until cheese is melted.

In small bowl, mix ranch and chipotle seasoning.

Drizzle ranch dressing on flatbreads and sprinkle with cilantro leaves.

Recipe adapted from butteryourbiscuit.com

- 2 flatbreads
- 2 cups shredded mozzarella cheese
- 1 clove garlic, diced
- 4 chicken tenders, cooked and cubed
- 1 pint cherry tomatoes, quartered
- salt, to taste
- pepper, to taste
- 1/2 cup ranch dressing
- 1 1/2 teaspoons chipotle seasoning



Chicken Shawarma Sliders

- 1 package (12) slider buns
- 1 container (17 ounces) Fresh Cravings Honey Jalapeno Hummus
- 1 package (8 ounces) shredded lettuce
- 1/2 small red onion, sliced

In zip-top plastic bag, use meat mallet or heel of hand to pound chicken to even thickness. Cut into 2-inch pieces and place in large bowl. Add oil, garlic, paprika, cumin, coriander, salt and cayenne; toss.

Cover chicken and chill 8 hours, or up to 2 days.

Preheat grill or grill pan to medium-high heat. Grill chicken 4-5 minutes per side, or until done.

Serve chicken on buns with hummus, lettuce and onion.

Recipe courtesy of eMeals Registered Dietitian Rachel West

- Prep time: 25 minutes
- Cook time: 10 minutes
- 2 pounds boneless, skinless chicken breasts
- 3 tablespoons olive oil
- 4 cloves garlic, minced
- 1/2 tablespoon smoked paprika
- 1/2 tablespoon ground cumin
- 1/2 tablespoon ground coriander
- 1 teaspoon salt
- 1/2 teaspoon cayenne pepper



Lemon Cheesecake with Fruit

- Servings: 6-8
- 1 1/4 cups graham cracker crumbs
- 1/4 cup sugar
- 1/4 cup butter, melted
- 2 packages (8 ounces each) cream cheese, softened
- 1 can (14 ounces) sweetened condensed milk
- 3 eggs
- 1/4 cup fresh lemon juice
- 1 teaspoon vanilla extract
- 1 orange, peeled

Spring health reboot

By Health Expert Julie Germaine Coram

Spring is finally upon us! Not only are we leaving the winter weather behind, but many Manitobans are travelling again to warm, sunny destinations. Time to break bad habits and embrace active living again, especially by getting yourself outdoors.

We have all felt the additional stress of the last few years, and it has certainly impacted our health. Here are 3 simple steps to reverse the negative impacts of the isolation we have experienced together, which may have left you with anxiety surrounding social gatherings. Eating right and taking the right small steps is going to have a huge positive impact on your physical and mental health within a few short weeks.

1. Increase your protein intake. I recommend eating approximately 1 gram of protein for each pound of body weight, more if you are very active. This can easily be accomplished by incorporating protein into every meal, including snacks. Obvious choices are eggs, chicken, fish, and lean beef, however you can also up your protein intake by eating almonds, broccoli, Greek yogurt, lentils, Ezekiel bread, pumpkin seeds, and even brussels sprouts.

2. Make a fitness schedule that is realistic that is realistic and stick to it. Check out the Resources section on my website (<https://www.juliegermaine.com/jgfit/resources/>) to download free daily, weekly, and monthly calendars. It is optimal to exercise at least 3 times per week, for a minimum of 30 minutes. If you have been struggling with motivation, try splitting up your workouts into two 15 minute sessions more frequently during the week. After all, you can force yourself to do ANYTHING for just 15 minutes.

3. Make your goal developing and improving on your good habits.



Health and Wellness
Fitness expert
Julie Germaine Coram

Start today as Day 1 that you will make an effort to eat better, perhaps by cutting out the cookies or wine that you usually have in the evening. Work to build upon your good choices and create new goals as you succeed. Remember, keeping things positive and manageable will keep this healthy journey an enjoyable one.

4. “Keep your face to the sunshine and you cannot see the shadows.” Remember to literally get some natural vitamin D by allowing the sun to touch your skin every day!

Though beautiful Grand Beach days are a few weeks away, we can stay positive and shake off the winter blues by taking some important steps to improve our mental and physical health.

Coach Julie Germaine Coram; NASM Certified Nutrition Coach, NFLC Registered Personal Trainer, 2x International Pro Fitness Champion. She has helped tens of thousands of men and women improve their health since 2005. Improve your health with coach Julie: juliegermaine.com or book a FREE DIET CONSULT: www.calendly.com/juliegermaine

and separated
8 raspberries

3 mint leaves, for garnish
Preheat oven to 350 F.

In medium bowl, combine graham cracker crumbs, sugar and melted butter. Press firmly into 9-inch springform pan.

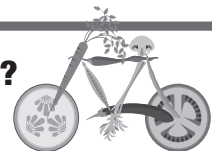
In large bowl, beat cream cheese until fluffy. Gradually beat in sweetened condensed milk until smooth. Add eggs,

fresh lemon juice and vanilla extract; mix until combined.

Pour into pan. Bake 50-55 minutes, or until center springs back when lightly pressed.

Chill in refrigerator until completely cooled. Arrange orange slices around border of cake and place raspberries in middle. Top with mint leaves.

**Do you have a Health or Wellness Business?
Call 204-467-5836 to advertise**



Sigfusson Northern partnership gives students first-hand experience with heavy equipment simulators

By Autumn Fehr

For the past few months, students at Lundar School have had the opportunity to try something new in their skills period program.

At the end of January, early February 2023, Lundar School entered into an exciting new partnership with Sigfusson Northern, a general contracting and heavy civil construction company employing many in the community, the Interlake and the province.

This new partnership gives students at the school access to two heavy equipment simulators, an excavator and a bulldozer, generously provided by the construction giant. Sigfusson Northern had simulators that were not being used and lent the school the equipment for a limited time.

"It allows kids to do something in our skills period that they are potentially really interested in. A lot of times, teenagers are looking to be a part of the workforce, but they are seeing the money side of things, doing something that isn't in a classroom, learning. This gives them a dabble into the life of an operator," said Lawrence Grzenda, principal of Lundar School.

In December, conversations started percolating between Tyler Medeiros, one of the school's student teachers, and Grant Sigfusson for the opportunity to bring the extra simulators to the school.

With the equipment, students can use the simulators to gain experience and understanding of what it would be like to operate the equipment.

The simulators track the students' actions while using the machine to give them a performance score at the end. Out of this tracking, students can learn if they made money, cost the company money, banged something or made a safety violation.

"They get to connect that it's not just operating a machine. There are skills that come with it. ... It's something you don't get when you are just discussing. It's not something schools can easily afford or adapt to," said Grzenda.

With their 30-minute daily skills period slot, students can choose to experiment with the simulators. Students rate their options for skill ses-



Matty Law experiments with one of the simulators provided by Sigfusson Northern to gain experience and understanding of operating the equipment in real life.



EXPRESS PHOTOS SUBMITTED
From left to right: Carter Sweetland and Jayden Dyck try out the simulators in their skills period slot.



Students at Lundar School have been busy the past few months trying out two heavy equipment simulators provided by Sigfusson Northern.

TAYLOR McCAFFREY
LAWYERS

We're dreaming of the lake

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If you're thinking of buying or selling, we're here to help.

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<p>KATHY MARKS 204-642-8501</p> <p>160 acres 3 bed 2 bath home. Full basement & garage. Outbuildings. Very Private. \$299,900 John Wishnowski 204-479-1208</p>	<p>12 Nicklaus Close Year round home/cottage at Sandy Hook Golf Course Ready to move in! \$279,900 Laurence Humniski 204-642-8501</p>	<p>JASMIN THEOBALD 204-642-8501</p> <p>Hnausa area 1646 sf. 3bd 1.5ba home dbl det gar. Manicured 4.97 acres of land. A must see. Crystal Line 204-232-6200</p>
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<p>109133 PTH#9 Highway Refurbished home in the town of Gimli, close to all the amenities! \$239,000 Dave Humniski 204-642-8501</p>	<p>GRANT HJORLEIFSON 204-641-6400</p> <p>Gorgeous 3 Bdrm cottage in Gimli's Glen Bay. \$174,900</p> <p>Almost Brand New 2 Bdrm Year Round Cottage in Grindstone. \$219,900</p> <p>Amazing 3 Bdrm Home with Garage in Valhalla Beach. \$269,900</p>	<p style="text-align: center;"><i>Thinking of selling? For local information, call the realtors that live, work and play in the area!</i></p>

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Rally O trials hosted by Crazy Jumpers has tails wagging in Arborg

By Patricia Barrett

Crazy Jumpers Dog School & Boarding hosted rally obedience trials in Arborg late last month that had a lot of dogs from across the province showcasing good behaviour and other obedience skills.

Obedience trials (competitions) offer a challenging course where dogs are required to respond to their owners' commands and demonstrate obedience skills.

The three-day trial was held at the Arborg Hall from April 28 to 30. The trials are offered by the Canadian Association of Rally Obedience (CARO), which holds trials showcasing varying levels of skills. Judges who live in different parts of Canada host the trials for the organization.

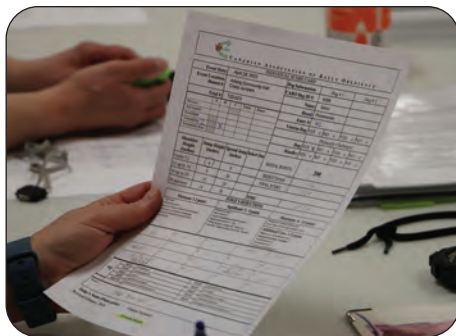
There are only two Rally Obedience (also referred to as Rally O) judges in Manitoba and they're both from the Interlake. Patricia Tschanen owns Crazy Jumpers Dog School & Boarding in Fraserwood, and Kim Masiak teaches at the school.

"We had 135 runs to judge for CARO in Arborg. That is a lot but in a fantastic way," said Tschanen, who has been teaching rally obedience since about 2011. "It blew our minds how many people in Manitoba are now interested in this sport. It's so nice to see the sport growing. Rally O is for people wanting some fun and games with their dogs."

Rally Obedience is a dog obedience sport open to all dogs including pure-breds, mixed breeds, pets and dogs with physical challenges. The sport has over 40 obedience movements such as sits, turns and paces, according to CARO's website. It challenges handlers and dogs to improve heeling and teamwork, hold the dog's attention and maintain a positive attitude. Rally O is offered by CARO as well as by other organizations such as the



Pole weaving is one of the obstacles that a dog has to navigate.



Dog and handler are evaluated on each obstacle at varying levels: Novice, Advanced, Excellent, Versatility 2 and Versatility Exc.



Jill Gillespie and her Pomeranian Sonic scored 184 and received their ribbon.

Canadian Kennel Club, the American Kennel Club and dog associations in other countries.

Both Tschanen and Masiak are professional dog trainers. Classes at Crazy Jumpers are offered year-round at Crazy Jumpers either indoors or outdoors and include manners, obedience, life skills, rally obedience and training for therapy dogs.

To become a Rally O judge, Tschanen said there is a course of study, shadow judging with a certified judge and testing.

"You need to have so many years of being a trainer or competitor and have a certain level reached with your dog so you know what you're talking about," she said. "Kim and I started with Rally Obedience together. And then she wanted to become a judge and she talked me into it."

Masiak and her dog already have the bronze, silver and gold championship in CARO and they're working towards the Supreme Master Championship title, she said. Tschanen and her dog have moved up to the highest level in Rally O, the versatility excellence level.

"I had tears rolling down my face after Kim did her run because she worked so amazingly good with her dog," said Tschanen. "We've worked together since her dog was eight



EXPRESS PHOTOS BY LANA MEIER

Kim Masiak and her dog Rook and Patricia Tschanen and her dog Q both scored perfect 200s and the recent Canadian Association of Rally Obedience (CARO) trials in Arborg.



Masiak and Rook manoeuvre the pylons using hand commands.

weeks old."

For Rally O competitions, skill levels start at novice in which dogs perform while on a leash, then move to the advanced, excellent, versatility and versatility excellence levels, all of which are off leash. Each level has more difficult exercises.

"You start with 200 points when you go into the ring. There is a course set up with about 16-20 stations. You get deductions off the points if your dog makes a mistake or turns the wrong way or misses a sign [a command from the owner]," said Tschanen. "You qualify for the next level if you have 170 or more points."

In the novice trial, for instance, if a dog walks tightly on the leash points will be deducted.

When the COVID pandemic hit, CARO started offering virtual trials where people could film their dog

performing to earn points. And with only so many judges in Canada, virtual trials enable people living in remote areas to take part in competitions.

Tschanen said she'll have about 150 virtual runs to judge in a few weeks that will keep her busy.

Crazy Jumpers Dog School will be holding another Canadian Association of Rally Obedience trial on June 10 and 11 at Crazy Jumpers, which is located on PR 231 in Fraserwood.

"The June trial is outdoors and will be way more difficult because there are more distractions outside," she said.

An indoor trial is also booked for Oct. 27-29 at the Arborg Hall.

For more information about Rally Obedience training or competitions, as well as dog training and boarding, call Patricia Tschanen at 204-641-4663.

Riverton getting set to get its gloves on for community clean-up

By Patricia Barrett

The Municipality of Bifrost-Riverton is inviting Riverton residents to get their gloves on and help free the town of litter that runs the gamut from plastic bottles and package wrappers to facemasks and cigarette butts.

Chief administrative officer Larissa Love said the municipality has invited Take Pride Winnipeg's executive director Tom Ethans to Riverton to speak with students at Riverton Early Middle School and Riverton Collegiate on Tuesday, May 23. The community-wide clean-up is scheduled a few days after that, on Friday afternoon.

The municipality's office clerk Lindsay D'Hont said clean-ups are an annual event but the municipality wants to broaden participation this year.

"Community beautification is always a priority of the municipality, and we're excited to be able to resume community events and gatherings with confidence," said D'Hont. "There's an annual clean-up day partnership between the municipality and Riverton schools. This year

we are just expanding the scope to encompass more of the community."

Not only is litter unsightly, but it is dangerous to wildlife and aquatic life. Over the course of the pandemic, awareness rose about how facemask strings — if not cut before disposed of — can endanger wildlife.

Ethans will be giving students a 40-minute presentation on litter habits, how people can make a difference and community pride, said Love.

Take Pride Winnipeg was founded in 1991. It's a registered charity that seeks to inspire community pride, raise public awareness and promote citizen responsibility in making Winnipeg clean and beautiful. It provides a litter index that grades neighbourhood areas according to the amount of litter they have. The organization offers some programs provincewide through provincial and federal funding. It runs a about 12-14 litter clean-up campaigns each year.

The Riverton community clean-up is open to residents, municipal staff, businesses and others who want to



MUNICIPALITY OF BIFROST-RIVERTON
The municipality has invited Take Pride Winnipeg to Riverton to speak to schools about litter.

help students beautify the community.

The event will be held on Friday, May 26 in the afternoon (time to be announced). Take Pride Winnipeg is supplying garbage bags and gloves.



EXPRESS PHOTO BY PATRICIA BARRETT
Garbage can really pile up. Riverton will be holding a community-wide spring clean-up on May 26.

The meeting place for the clean-up will likely be one of the schools.

> COVID, FROM PG. 8

nities and the underspending of \$160 million (for capital projects) in 2021.

In the IERHA, the NDP says the Conservative government cut 19 positions in 2017-2018. And before the pandemic, the government cut \$1.2 million for staff-to-patient ratios. In 2021-2022, the government cut from the IERHA budget (for hospitals) \$516,000 for "streamlining and efficiencies."

The government also closed 23 rural EMS stations across Manitoba that included the Riverton EMS station. The government cut 75 nursing seats at Red River College then spent \$7 million on agency nurses for the IERHA in 2021-2022. The nurse (LPN) vacancy rate in the IERHA in August 2022 was 23 per cent.

In response to the government saying last week that it had recruited 900 health-care workers over the past six months, the NDP issued a statement calling that announcement a distraction.

"You can't believe the PCs when it comes to health care. They've proven time and again they will say anything to distract from years of Brian Pallister and Heather Stefanson's health-care cuts," said an NDP caucus spokesperson.

The government's recruitment announcement was also criticized by the Manitoba Association of Health Care Professionals, which represents rural paramedics and other health-

care workers, for a lack of detail as to where the recruited allied health professionals are working and what kind

of positions (i.e., casual, part time, etc.) they hold.

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at 6:30 p.m.**

AA Winnipeg Beach

Lady of the Lake RC Church
Corner of Hwy. 9 and Lake Ave.,
Winnipeg Beach
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between 7 and 8 p.m.**
Contact Ann J 204-389-3417

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Gimli Children's Centre knocking down walls and rolling out the carpet

By Patricia Barrett

After receiving a grant through a federal-provincial program to enhance child care facilities, the Gimli Children's Centre (day care) is in the process of knocking down walls and rolling out some new carpet.

Executive director Heather Reichert said the centre applied for a Quality Enhancement grant under the Early Learning and Child Care Building Fund to enhance its building on Third Avenue.

"We're working on knocking out a wall to connect a couple of playrooms so we can pass between the two rooms and have better access to the bathrooms. This will enhance the program for the kids," said Reichert.

The carpeting in the infants' room will be also replaced to make it more practical, she said.

Quality Enhancement grants are one-time grants available through a federal-provincial partnership to support capital projects for child care and early learning facilities. The *Express* reached out to the province for information about how much it contributed to the grant but did not get an answer.

Reichert said the centre also received



Gimli Children's is in the process of undergoing renovations.

EXPRESS FILE PHOTO BY PATRICIA BARRETT

grants last year from the Westshore Community Foundation, Access Credit Union, the RM of Gimli, the Telus Foundation, the Gimli Kiwanis Club and the Interlake-Eastern Regional Health Authority.

"The Telus Foundation awarded the centre \$5,000 for our morning snack program," said Reichert. "This enabled us to help us provide a wider

variety of snack items throughout 2022. We provide a balance of dairy, grains and fruits daily."

To help with the cost of food, the centre organizes a food drive once or twice a year. It undertook a pizza fundraiser with a local company and is planning to do a T-shirt/hoodie fundraiser.

Local businesses such as Lakeview Dental, Gimli Veterinary Services, H.P. Tergesen & Sons general store and Reichert's Auto also made donations to the centre in 2022.

The RM of Gimli awarded the centre a grant of \$1,000 in 2022, said CAO Kelly Cosgrove. The amount of the 2023 grant to the centre is not yet available as it's part of the RM's upcoming financial plan, which is scheduled to be presented this week.

In addition to the indoor enhance-

ments the centre is undertaking with federal and provincial government funding, it plans to buy new outdoor play equipment.

"We're looking at adding some new play equipment and enhancing our outdoor play area," said Reichert. "We want to get some new tricycles because the ones we have are breaking down. We've ordered new tricycles, the two-seater taxi tricycles the kids love. We're also looking at getting some other outdoor play equipment."

The centre welcomes donations of toys, crafts, cash and food.

For information on how to donate or about services, call Gimli Children's Centre executive director Heather Reichert at 204-642-7465.

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Celebrating National Nursing Week May 8 to 14

By Jennifer McFee

Our nurses. Our future. That's the theme of this year's National Nursing Week, which runs from May 8 to 14 to coincide with Florence Nightingale's birthday on May 12.

The year's theme, developed by the Canadian Nurses Association, highlights the multitude of roles that nurses play throughout a patient's entire health-care journey.

Tanya Cheetham, Interlake-Eastern Regional Health Authority's chief nursing officer, shared appreciation for nurses' breadth of practice.

"Nurses lead and work in a variety of acute and community settings, which include urban, rural and remote locations," she said.

"Nursing is a career that offers many opportunities to help others in a meaningful way, to advocate and provide care to individuals and families during some of their most vulnerable and unexpected moments."

For the past five years, Sarah Gillon has worked as a nurse in the Interlake. She completed her senior practicum at the Selkirk Regional Health Centre in endoscopy, the operating room and the post-anesthesia care unit. After she graduated, Gillon accepted a position in the same department and has

been there ever since. In August 2022, she became the interim clinical team manager.

"As nurses, we have this unique opportunity to advocate for and empower patients and their families during what can be confusing or difficult times. This is why I chose nursing," she said.

"I love that perioperative nursing is a community coming together to help one patient at a time, supporting them to make those scary, uncomfortable moments just a little bit easier. I love the team dynamic of the OR and I am so fortunate to work with and be mentored by so many strong, compassionate nurses."

Undergraduate nurse employee Jordyn Dilk is also working at the Selkirk Regional Health Centre. She recently completed her third year in the bachelor of nursing program at the University of Manitoba.

"I decided to pursue a career in nursing because I wanted to help people through difficult times and make a positive difference in their lives. I also love learning about medicine and different diseases and illnesses and how we can treat them. I am very excited for the experience I will gain through



Sarah Gillon



Jordyn Dilk

this opportunity as an undergraduate nurse employee," she said.

"I am looking forward to trying new things and continuing to learn through my experiences as a nurse. I also look forward to seeing the difference I can make by being there and advocating for my patients. There are so many opportunities and specialties to pursue."

The Association of Regulated Nurses of Manitoba has joined together with other nursing associations from across Canada to launch the #HeyNurse social media campaign, which allows everyone to tell nurses how much they appreciate them. To participate, all you have to do is post a message, photo or video to social media using the hashtag #HeyNurse.

> SIMULATORS, FROM PG. 11

sions that month, between eight and 11 possibilities offered that run for two weeks at a time.

The skills period is about creating time during the school day to meet a wide range of student needs and interests to make time for students to work on core skills, such as numeracy and literacy, that they need to improve. It also gives students a chance to try activities that don't necessarily fit into a course at the high school level, which is where an activity like

this one fits in.

Grzenda said there are several high-level goals the school hopes to achieve with their students while they have access to the simulators.

They want students to feel like the school is providing them with opportunities and purpose, finding enjoyment in school, and forming a connection with the company.

"It is great to see local partnerships develop with schools. We know that there are many pathways to suc-

cess, and many of our students are interested in trades. Having Sigfusson Northern loan the school heavy equipment simulators allows students to experience a potential career path in a low-risk and supportive environment. We also know that if students see relevance to their educational experience, they are more likely to be engaged in school. We appreciate the steps that Sigfusson Northern has taken towards helping create this opportunity," said Donald Nikkel, superintendent of HR and policy at the Lakeshore School Division.

Although the stimulators are based

out of Lundar School, they have invited other schools in the division to come down so that as many students in the division s possible can experience this opportunity too.

Lundar School is currently in the process of planning a day with Sigfusson Northern when students can go on-site. This way, students who have taken this opportunity in their skills period sessions can have the chance to experience the machines in action, making things practical for students that want to pursue a career in the field.

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Gimli's Active Trails Advisory Committee hosts nature walk, prize draws

By Patricia Barrett

The Gimli Active Trails Advisory Committee (ATAC) had dozens of people come out last Saturday morning to join them on a delightful hour-long nature walk north of town.

Fifty-two people, including 18 children, and nine dogs set off from the trail head near the Diageo distillery and proceeded north along the Gimli Rail Trail (former railway line) through the forest towards Camp Morton.

The trail runs parallel to PR 222 and is one of the Rural Municipality of Gimli's 17 trails its advisory committee has been tasked with enhancing and promoting.

ATAC chair Cheryl Bailey gave a brief speech before participants set off, acknowledging they were on traditional Indigenous land and noting Red Dress Day on May 5, which raises awareness of missing and murdered Indigenous women and girls. She said the committee's walks attract at minimum 30 people and are held in different locations in the municipality.

"We hold these walks to show people the wonderful trails we have throughout our area," said Bailey. "Because of the weather and some wet condition, this is our fourth walk on this particular trail, but we will be looking at holding walks on other trails in the RM that we want to make sure people know about."

In addition to hosting a walk down forested paths alive with the sounds of birds, crickets and other creatures, committee members held three draws for prizes that were sponsored by the Diageo distillery.

The Active Trails Advisory Committee, which was formerly called the



EXPRESS PHOTOS BY PATRICIA BARRETT

Some of the walk participants who enjoyed a morning stroll through the forest north of Gimli last Saturday. The Gimli Active Trails Advisory Committee (ATAC), an advisory body to the municipality, organizes a number of walks each year to promote healthy outdoor activity and to showcase the municipality's trails.

Transportation Trails Advisory Committee, was formed in 2019 by municipal bylaw and is an advisory body to council. It is made up of community volunteers and a member of council (currently Coun. Kurt Reichert).

In May 2022 the committee developed an in-depth strategic action plan that was submitted to and adopted by council. The plan sets out specific goals, along with accompanying actions and a timeline, which include identifying trail connections and areas for development, providing signage and amenities such as

Continued on page 17



One of three lucky winners of an ATAC prize, which was sponsored by the Diageo.



ATAC chair Cheryl Bailey presents one of three prizes to a walk participant.

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Selkirk RCMP attend collision, leading to fleeing suspects and weapons seized

Submitted by Manitoba RCMP

On May 2 at approximately 12:35 p.m., Selkirk RCMP received a report of a single-vehicle collision at Gimli Road and Henry Avenue in the RM of St. Andrews.

A silver pickup truck full of garage-type items had rolled into the ditch. Two people were observed running toward Netley Marsh. Police attended and determined the pickup truck was stolen.

Investigation led officers to determine that a black pickup truck came to the area, at which time the two people who had fled returned to the collision scene, took items from the first pickup truck and got into the second pickup truck, which then left through a bush trail through the marsh. Police checks on the second pickup truck determined it, too, was stolen.

Multiple police vehicles from several detachment areas attended the area to look for the pickup truck and the four individuals believed to be inside. At one point, the vehicle was spotted near Edith Avenue in Petersfield. When the suspect vehicle became aware of the police presence, it fled down Highway 9 at a rate of speed topping 175 kilometres per hour, becoming a severe public safety threat.

The vehicle was again spotted on Highway 8, passing other vehicles on the shoulder. RCMP set up containment in the area. The vehicle was located abandoned in a field on Rushman Road.

RCMP police service dog Mocha attended the scene to assist in tracking the individuals from the vehicle. As police were searching, the suspects stood up from behind a large pit and began to flee, quickly running out of steam. They were apprehended by 1:35 p.m.

All four suspects had numerous outstanding warrants and were breaching court-imposed conditions. A search of the black pickup truck resulted in the seizure of a rifle, a pellet handgun, numerous rounds of a variety of ammunition, a bunch of keys and illegal cigarettes. A search of the silver pickup truck resulted in the seizure of bear spray, a hatchet and a baton. A firearm was also recovered near where the vehicle was in the ditch.

It was determined that the silver pickup truck had been involved in an incident of stolen fuel in the RM of Rosser earlier in the day. It was also determined that the stolen silver pickup had been taken from a residence on Hall Road East, which had been broken into and firearms, along with numerous other items, were taken. Police have since recovered a handgun and another rifle that was taken.

David Adam Morrissette, 25, of Winnipeg; Liam Freeman, 22, of the RM of MacDonald; Angie Marie Daniels, 22, of Winnipeg; and Brittney Anderson, 27, of the RM of Gimli all face numerous charges, in-



EXPRESS PHOTOS SUBMITTED

Seized items.

cluding possession of property obtained by crime, dangerous operation of a motor vehicle, flight from police, obstruct police, possess weapon for dangerous purpose and numerous fail to comply with release order charges. All four remain in custody.

> ACTIVE TRAILS, FROM PG. 16

washrooms, benches and garbage receptacles, creating a code of ethics or etiquette to guide trail use, establishing new bylaws if required and identifying sources of funding.

The committee also promotes the use of trails year-round for healthy activities such as leisurely strolls, hiking, jogging, cycling, rollerblading, bird watching, snowshoeing, skiing

and skijoring. The committee believes the development of safe, user-friendly, accessible trails will enhance residents' quality of life and encourage them to regularly participate in physical activity. A well developed trail system will also help attract to the RM tourists who want to enjoy and reconnect with nature.

The walk coincided with National Fitness Day in the United States, a day on which people are encouraged to take part in physical activity. Canadians will be celebrating National

Health and Fitness Day on June 3.

The committee will be hosting a number of upcoming walks and trail explorations on the following dates:

Saturday, May 13 at 10:30 a.m. Camp Morton Trails (west side). Meet at Camp Morton parking lot kiosk, west of PR 222 on Lakeside Road. Park on Lakeside or in parking lot. Provincial Park users encouraged to purchase a Provincial Park Pass. Bring your Mom!

Saturday, May 20 at 10:30 a.m. Gimli Urban Walk. Meet at Gimli Park south entrance at Amisk Drive and Fourth Avenue.

Saturday, May 27 at 10:30 a.m. Camp

Morton Trails (east side). Meet in parking lot at east end of McElheran Road. Cyclists welcome.

Saturday, June 3 at 10:30 a.m. International Trails Day. Gimli Rail Trail. Meet at Camp Morton mailboxes on PR 222 and Camp Morton Road. Cyclists welcome. Special prize draws to celebrate.

The committee's walks are typically an hour long, but people can turn around at any time.

Visit Gimli Active Trails on Facebook or Instagram or visit Gimliactivetrails.ca. Maps and trail information are available on the website.



ATAC chair Cheryl Bailey speaks to walk participants at the trail head near the Diageo distillery.



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Two longtime Selkirk doctors win Physician Emeritus Awards

Submitted by IERHA

Dr. Habtu Demsas and Dr. Richard Roland Lindenschmidt were presented with the Interlake-Eastern Regional Health Authority's Physician Emeritus Award for exemplary service and expertise to their community on April 25.

Granted by physician colleagues who make up the regional Medical Advisory Committee, this award recognizes physicians who are retired or have reduced their practice in preparation for retirement and who demonstrate exemplary skills as recognized by their colleagues, community recognition and exemplification of the Interlake-Eastern RHA values: always with compassion, success in collaboration, accountability in everything we do, acting with integrity and respectful of each other.

Dr. Demsas has practised for almost 45 years. Originally from Eritrea, he is fluent in multiple languages and has a special interest in orthopedics. Nominated by physician colleagues, Dr. Demsas has served the community in Selkirk for 35 years and was instrumental in starting the cancer outreach program 30 years ago. In 2009 he was awarded the Jack Armstrong Humanitarian award by Doctors Manitoba

for outstanding contributions in the service of humanity.

"I thank my colleagues at Selkirk Medical Centre, the hospital and the personal care homes for thinking of me. This is really huge for me, my family and my wife too as they have supported me throughout my work," says Dr. Demsas. "Working in this area has been wonderful. I have been able to teach students, residents, all while serving the community and living and working rurally but close to the city centre."

Dr. Demsas plans to retire in October.

Dr. Lindenschmidt has been practising in the community for more than 40 years. His colleagues who nominated him pointed out how dependable he is and his exemplary bedside manner and commitment to his patients.

"I feel really honoured that my colleagues thought of me. I think that was really thoughtful of them to nominate me for this award," says Dr. Lindenschmidt. "The best part of serving Selkirk and surrounding areas has been that I've been able to help people and their families, and also getting to know people in the community has been definitely a benefit to living and working here."



EXPRESS PHOTO SUBMITTED

Dr. Richard Roland Lindenschmidt, left, and Dr. Habtu Demsas, right, were presented with the Interlake-Eastern RHA's Physician Emeritus Award for exemplary service and expertise to their community by Dr. Charles Pennerat at Selkirk Golf and Country Club during the Spring Physician Dinner on April 25.

Dr. Lindenschmidt retired last week. This award is the first in the Interlake-Eastern RHA and was presented to the doctors in front of 45 colleagues

and their spouses at the Spring Physician Dinner on April 25 — the first dinner held since 2019.

Roundabout coming to busy intersection

By Jennifer McFee

Construction work is expected to drive forward this season to install a roundabout at the intersection of highways 6 and 236.

Transportation and Infrastructure Minister Doyle Pivniuk said round-

abouts help to keep traffic flowing safely.

"Roundabouts are not new to Manitoba," he said. "I think a lot of people have now used roundabouts."

He points to roundabouts in Portage la Prairie, Brandon and near Oak

Bluff that are helping with the flow of traffic.

"Right now, we're seeing the explosion of Stonewall growing. A lot of people coming from Stonewall take Highway 6 for the commute," he said.

"We've seen some accidents there, so a roundabout would be a great solution to direct traffic between the two highways."

For those who aren't sure how to navigate a roundabout, Pivniuk offers an explanation.

"You come up to the roundabout and then you yield to make sure no one is coming. If a vehicle is coming, then you have to yield for that vehicle," he said.

"When it's safe to do so, you proceed in the roundabout until you get to your destination. Once you're in the roundabout, you've got the right of way."

The Highway 6 and 236 intersection will be a two-lane roundabout, accommodating agricultural equipment and long combination vehicles more efficiently and safely.

According to Transportation and Infrastructure, roundabouts have been shown to reduce fatal collisions as

much as 89 per cent and injuries as much as 76 per cent due to the slower speeds and reduced number of conflict points.

When a vehicle only has to yield at the entry instead of stopping and waiting for a green light, delays are reduced. Reducing traffic delays means vehicles will idle less, consume less fuel and emit fewer pollutants into the air.

In addition, traffic signals are expensive to maintain and replace. Costs to maintain signals for an intersection for one year amount to approximately \$3,500. Electricity costs are reduced with a savings of approximately \$600 per year per intersection.

"We want to continue to rebuild our highways. As Winnipeg grows to one-million population, we want to make sure that we tie into all the traffic that goes onto our Perimeter Highway. Eventually we want to rebuild it as a freeway. Right now we're doing a North Perimeter design, and we already did the South Perimeter design," he said.

"In the future, down the road, there will be interchanges on Highway 6 and the Perimeter Highway, and for any lights on the Perimeter Highway, we want to change them into interchanges."

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Professional wrestling event coming to Gimli June 3

By Lana Meier

Get ready for a night of entertainment and philanthropy because Live Pro Wrestling is coming to Gimli. Former professional wrestler Gibby Finnbogason, also known as Primo Latino Gibby Guerrero, is organizing a fundraiser for the Gimli Humane Society (GHS).

Wrestlers from all across Canada are flocking together to give back to the community by participating in Wrestling for a Cause on June 3.

Finnbogason, along with Wrestling for a Cause founder Rob Stardom, are spearheading the fundraiser for the GHS in an effort to give back to his community.

"I have a love of animals and Spirit Hope. Animals need a voice and I love what the Gimli Humane Society does," said Finnbogason.

Finnbogason's passion for wrestling started when he younger. He trained under Chi Chi Cruz and Rob Stardom in Winnipeg before embarking on his career as a professional wrestler that spanned over 15 years across Canada. Unfortunately, due to health issues from earlier this year, he will not be participating in the event himself but is excited nonetheless.

He believes that Wrestling for a



Gibby Finnbogason, also known as Primo Latino Gibby Guerrero, is organizing a professional wrestling event for Gimli on June 3.

Cause will provide an entertaining night filled with "high-flying moves" and "action-packed matches." The event promises excitement while also supporting local animal welfare organizations.

There will be approximately seven or eight matches scheduled and Finnbogason is receiving a lifetime achievement award presented by Wrestling for Cause.



EXPRESS PHOTOS SUBMITTED

Live Pro Wrestling will be coming to the Gimli Pavilion Park on June 3.

Although we'll miss seeing Finnbogason perform in person, anyone can still show their support by attending Wrestling for a Cause on June 3 at Gimli Pavilion Park. Doors will open at 6 p.m., and bell time is at 7 p.m. Tickets are \$15 in advance or \$20 at

the door — with snacks available too.

Tickets are available at the Gimli Rec Centre and Tergesen's.

Sponsors include RM of Gimli, Interlake Glass, King's Flooring, Innovative Electric, Bochorka Bros., Tergesen's and Reicherts's Auto.

Stonewall to host 2024 Viterra Championship

By Ty Dillelo

For the first time ever, Stonewall will host the 2024 Viterra men's curling championship.

The curling community learned of this announcement last fall.

On behalf of the host committee along with co-chair Fran Frederickson and in partnership with the town, the Stonewall Curling Club would like to publicly announce to the local community some exciting news.

The Viterra Men's Curling Provincial Championship is going to be held in the Stonewall VMSC from Feb. 6 to 11. The event committee and the Town of Stonewall are thrilled that we have been chosen to host this annual competition, which is the largest and premier stop of the Curl Manitoba season each year.

"It is a curling bonspiel. However,

we want to put on so much more than just a sporting event, as we want it to be a celebration that the whole greater community can get involved with," said co-chair Stu Brown. "Planning has already begun, but we would like to get the word out that we are still in need of some more individuals to assist with organizing this endeavour."

The host committee is looking to fill some positions, including banquet/catering, ceremonies, 50/50, tickets/printing and decorating. Let them know ASAP if you would like to join their planning team. Then next fall they will be starting a larger drive to amass an army of volunteers that will be needed to help out during the event itself.

It will take people and businesses from the entire surrounding area to

make this a successful event to be proud of.

Let the host committee know as soon as possible at info@stonewallcurling.com if you would like to join its planning team.

The 2024 Viterra Championships is sure to be a star power curling event, with some of the top Canadian rinks compet-



ing to wear the Manitoba buffalo at the next Tim Hortons Brier, including Matt Dunstone, Reid Caruthers and Ryan Wiebe.

To see more photos of your favourite Interlake Athletes

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

2023 National Aboriginal Hockey Championships begin

Submitted by Hockey Manitoba

Seven players who represented Manitoba at the 2023 Canada Winter Games in Prince Edward Island are playing for Team Manitoba at the 2023 National Aboriginal Hockey Championships in Winnipeg.

The tournament began last Sunday and runs until this Saturday at Seven Oaks Arena.

Here is the list of players:

Rachel Halldorson (Goaltender, Lundar, Manitoba) – Halldorson is coming off an impressive showing at the 2023 Canada Winter Games. She is an athletic goaltender who continues to show steady improvements in her game. She posted an impressive .921 save percentage with the U18 AAA Interlake Lightning this past season. Halldorson will return to the Interlake Lightning next season and is expected to play a key role for Team Manitoba at the 2023 National Women's U18 Championship this November.

Ella Stewner (Defence, East St. Paul, Manitoba) – Stewner is an excellent puck moving defender with a high hockey IQ. She has also won various academic awards as a student at Balmoral Hall. She is coming off a solid 2023 Canada Winter Games, where

she posted a goal and two assists in six games. Stewner, who has committed to the University of Alberta next season, had a great year with the Balmoral Hall Blazers in the Junior Women's Hockey League and is expected to anchor Team Manitoba's back end at the 2023 NAHC.

Anya Misner (Forward, Cooks Creek, Manitoba) – Misner is a skilled forward who plays both centre and wing. Like Stewner, she was part of Team Manitoba's gold medal winning team at the 2022 NAHC and she is looking to repeat in her home province. She had a strong 2022-23 season with the Balmoral Hall Blazers and then recorded three assists in six games for Team Manitoba at the 2023 Canada Winter Games. In addition to being a gifted hockey player, Misner is an excellent student and has committed to play for Carleton University next season.

Ayden Collins (Defenceman, Winnipeg, Manitoba) – Collins played this past season for the RINK Hockey Academy U16 team in the Canadian Sport School Hockey League (CSSHL), posting one goal and 11 assists in 24 games. He also played

three games for the RINK Hockey Academy's U18 team. He's a smart, two-way defenceman who plays a solid all-around game and played well for U16 Team Manitoba at the 2023 Canada Winter Games. Collins was selected by the Winnipeg ICE in the eighth round of the 2022 Western Hockey League Draft.

Hayden Paupanekis (Forward, Winnipeg, Manitoba) – Paupanekis is a right winger who played this past season for the RINK Hockey Academy U18 team in the CSSHL, posting 23 goals and 16 assists in 29 games. He also played one game for the Western Hockey League's Spokane Chiefs, who selected him in the third round of the 2022 WHL Draft. This will be the first time that the 6-foot-3 Paupanekis has represented Team Manitoba at the National Aboriginal Hockey Championship and he is expected to provide a significant amount of offense for his team. He was one of Team Manitoba's best forwards at the 2023 Canada Winter Games.

Jett Lajoie (Forward, Winnipeg, Manitoba) – Lajoie played this past season for the U18 AAA Winnipeg Bruins, posting an impressive

23 goals and 28 assists in 39 regular season games, adding 9 points in 10 playoff games. Lajoie was selected by the Prince George Cougars in the second round of the 2022 WHL Draft (28th overall) and is considered a top prospect in their organization. A dynamic player who likes to shoot the puck, he had a goal and an assist in five games at the 2023 Canada Winter Games. Lajoie is expected to be a big part of the offence for Team Manitoba at the 2023 NAHC.

Maxx Hamelin (Forward, Winnipeg, Manitoba) – Hamelin was Lajoie's teammate on the U18 AAA Winnipeg Bruins this past season, posting 16 goals and 27 assists in 43 regular season games. He followed that up by registering nine points in 10 playoff games for the Bruins. Hamelin is a talented offensive player who has great vision and a high hockey IQ. He was selected by Saskatoon in the fourth round of the 2022 WHL Draft and had one assist in five games at the 2023 Canada Winter Games, displaying a high compete level and great poise with the puck. Like Lajoie, Hamelin will be counted on for offense at the 2023 NAHC.

Winnipeg Triathlon Club presents May Duathlon Series in May

By Lana Meier

The Winnipeg Triathlon Club is proud to present the May Duathlon Series, an annual event that has become a staple of the triathlon community in Manitoba. This year's event promises to be bigger and better than ever before, with three races taking place on May 9, 16 and 23 at Bird Hill Park.

The series offers something for everyone, with races designed for kids of all ages as well as adults. Whether you're a seasoned veteran or just starting out in the world of duathlons, there's a race that will challenge you and provide an unforgettable experience.

One thing that sets the May Duathlon Series apart from other events is its affordable, friendly and welcoming atmosphere.

With three races now included in the annual event, there's something for everyone regardless of their fitness level or age. Whether you're an experienced athlete or just starting out on your fitness journey, this race series provides a perfect opportunity to test your limits and push yourself to new heights.

The first race in the series took place on May 9 challenging athletes' stamina. The second and third events occur on May 16 and May 23.

Participants can choose from three different races

that cater to their age group and skill level or fitness goals.

The Kids of Steel Short race, children ages 6-11 can participate in a 200-metre run, 2-km bike ride, and another 400m run. Start time is 6:45 p.m. and is \$10.

And if you are looking for something for your 12- to 15-year-old, the Kids of Steel Long race will provide more of a challenge. This event will push participants a little harder with a 400-metre run, followed by a 13-km bike ride and topped off with another 2-km run starting at 7:07 p.m., also for \$10.

The Adult Short (16+), consists of a 2-km run, followed by a 13-km bike ride, ending with another 2-km run.

Starting at 7:05 p.m., participants will take on this exciting challenge with fellow athletes in a fun and friendly atmosphere provided by Bird Hill Park. The registration fee for this event is \$20.

So if you are looking for a fun and challenging way to spend your May weekends, the May Duathlon Series is definitely worth checking out. With three races and plenty of opportunities for both adults and kids to participate, this event has become an annual tradition for many in Winnipeg. Not only will you get to experience the thrill of competition but also enjoy the beautiful surroundings of Bird

Winnipeg Triathlon Club presents
MAY DUATHLON SERIES
Tuesdays in May
RUN, BIKE, RUN
DATE: May 9th, 16th, 23rd • LOCATION: Birds Hill Park
COST: Adults Race \$20, Kids \$10

WTC - BIRDS HILL
DUATHLON IN THE PARK

Winnipeg Triathlon Club presents
MAY DUATHLON SERIES
Tuesdays in May
RUN, BIKE, RUN
DATE: May 9th, 16th, 23rd • LOCATION: Birds Hill Park
COST: Adults Race \$20, Kids \$10

SCAN HERE TO REGISTER

Hill Park.

Remember that registration is online only at birdshillduathlon.com so make sure to sign up.

Classifieds



Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

HELP WANTED

Lawn care personnel needed in Gimli, full time & part time positions available. Must be physically fit and enjoy working outdoors. Good pay. Call 204-642-3158 for more info.

FIREWOOD

Dry camp fire or fireplace wood, 12" cut & split. Can deliver. Ph 204-641-4216.

BUSINESS SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firststand-secondmortgages.ca

WANTED

Used 8 ft. 1/2 ton truck cap from a GMC/Chevy between years late 2007 - 2013; to fit a 2011 GMC Sierra. Phone or text 204-641-1053.

LAKESIDE FLIGHT ACADEMY

Want to learn how to fly? Interested in a career as a commercial pilot? Lakeside Flight Academy is the most affordable in Canada. We have students from all over the world. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge).

Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

MOBILE HOME FOR SALE

Approx. 1996, 4 bdrm. Best Buy mobile home with addition. Comes with skirting, fridge, stove, dishwasher, electric heat, air conditioning. Ready to be moved. \$80,000 obo. Ph 204-641-8137.

FOR RENT

1 bdrm. suite in Winnipeg Beach, fully furnished, satellite TV, hydro and parking spot with plug in included, internet avail., \$850/mo. Phone 204-886-2774.

HELP WANTED

Fraserwood Country Pub now hiring kitchen cook, servers & bartenders. Apply within or email resume to business@countrypub.ca 204-643-5304.

UPCOMING EVENTS

JOIN THE FIGHT AGAINST PROSTATE CANCER! RIDE DAY - SATURDAY MAY 27, 2023, 10 AM start - Earls Polo Park (Winnipeg). Visit: ridefordad.ca/manitoba to register or make a pledge.

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

MACHINERY

For sale - 2001 John Deere 1820 52 ft. air drill. Asking price \$39,000. For more info. call Don at 1-204-641-1350.

ADVERTISE YOUR UPCOMING EVENTS IN THE EXPRESS

NOTICES

SPRING/SUMMER HIRING??? BOOK YOUR 2023 BLANKET CLASSIFIED ADS NOW in the 32 Weekly Manitoba Community Newspapers to get your messaging to be seen all over the province! Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

LIVESTOCK

F Bar Ranch Angus bulls for sale. Choose from 20 two-year-old and yearling Red and Black Angus bulls. Great genetics and quiet, easy-handling stock. Bulls are semen-tested, delivery is available. For further info, contact Allen or Marilyn Staheli, Eddystone, MB (Hwy #481 just off Hwy #68) 204-447-0737 or 204-448-2124 or email: amstaheli@inethome.ca

LIVESTOCK

Black Angus bulls, 2 yr olds and well grown out yearlings, fed TMR, no self feeders, semen tested, delivered. Phone Ross Jerney, Spruce Ridge Stock Farms, Ashern, 204-768-0333.

2 year old & yearling Red Angus bulls for sale. Will semen test. Call 204-383-5802.

Grass calves, grass calves and more grass calves for sale - 300 lb to 750 lb Holsteins from \$1.85 lb beef grass calves 350 lb to 750 lb from \$2.90 lb live weight, can and will deliver anywhere. Call or text Darryl 204-216-0931 D.W. Enns Farms, Altona. Mb.

SILAGE FOR SALE

39 bales of green feed silage mix of wheat and oats. \$45/bale obo. Must sell. Call or text 431-737-0098.



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We offer a competitive salary, flexible working conditions, full pension & benefits This work is creative and rewarding and will bring out the best in you! Casual, part-time or full-time positions available With ongoing training and opportunities to learn Riverdale Place Homes Inc. 332 Ingolfs St., Box 968, Arborg MB R0C 0A0 Phone: 204-376-2940 (ext.1) kfinnson_rph@outlook.com



EMPLOYMENT OPPORTUNITY VAC TRUCK OPERATORS

Gimli Septic Service Ltd. has immediate openings for vac truck operators for our Waste Water removal team. We currently have one full-time and one part-time opening. The shop is in Sandy Hook and will be your shift start location.

Starting wage for Class 5 > \$20/hr with a per tank premium Starting wage for Class 3 > \$25/hr with a per tank premium

Applicants must:

- Maintain a Class 5 license or Class 3 license with air endorsement.
- Demonstrate good truck driving ability with a clean driving record.
- Have the ability to lift 65lbs as the position requires physical labor
- Be a responsible individual
- Ability to work independently
- Be available and willing to work some weekends.
- Be motivated and bring a positive attitude!

Benefits are offered after 3 months for a full-time position. We expect our drivers/operators to deliver excellent service to our customers while representing our company in a courteous and professional manner.

Please submit your resume via email at: gimliseptic@gmail.com

RURAL MUNICIPALITY OF ARMSTRONG EMPLOYMENT OPPORTUNITY

Youth Employment

The Council of the Rural Municipality of Armstrong invites applications for the following positions:

3 Green Team Summer Students

Qualifications

- Valid Class 5 Manitoba Drivers' license
- Knowledge in the operation and maintenance of riding mower, push mower, weed eater
- Knowledge of safety procedures and of the use of safety equipment
- Ability to do physical labour
- Available from July to August
- Must be 16 to 29 years old (consideration will be given to those 15 years of age who obtain a certificate of completion for the Young Worker Readiness Certificate course)

Further information may be obtained by contacting the Office at 204-278-3377.

Written applications to be submitted by 4:30 p.m., Friday May 22, 2023 to:

RM of Armstrong Office
Box 69, Inwood, MB R0C 1P0
Fax: 204-278-3437
Email: clerk@rmofarmstrong.com



Rural Municipality of FISHER

Box 280, Fisher Branch, MB R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

EMPLOYMENT OPPORTUNITY

Interlake Forrest Center Grounds Keeper

June 12 - September 29, 2023 (weather permitting)

The Rural Municipality of Fisher is accepting applications for Seasonal Grounds Keeper at the Interlake Forrest Center.

Requirements:

- Must hold a valid drivers licence.
- Must have transportation to and from the job site.

Duties:

- Grass cutting and trimming. Trail maintenance including cutting trees with chainsaw and hauling debris away. Light carpentry experience.
- General garbage cleanup and cleanup of outhouses and outbuildings, painting, and assisting with other duties as assigned.
- Required to work outdoors in all weather conditions and able to work alone. Minimum of 18 years of age.
- Hours of work will be 8 am to 4 pm \$15.00 per hour.

Please submit applications by 4:30 p.m. June 6, 2023 to:

RM of Fisher
Box 280
Fisher Branch, MB R0C 0Z0
Fax: 204-372-8470
Email: fishercao@mymts.net

Black Angus Bulls for Sale

Good selection of yearlings. Bulls sired by Homegrown 6035 & Basin Rainmaker 4404, Peak Dot Profound 1005. Birth weights 72- 86- 95 lb. Moderate frames. Heifer and cow bulls. Semen tested. Delivery available. For more information call 1-204-861-8050.



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Rural Municipality of
FISHER

Box 280, Fisher Branch, MB R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

EMPLOYMENT OPPORTUNITY

Utility Operator Weekend Part-time

The Rural Municipality of Fisher invites applications for the position of a Utility Operator.

This is a Saturday, Sunday and Statutory Holiday relief position.

Duties include taking readings at water plant and completing daily reports. This position requires successful applicant to be on-call each day of scheduled work. Compensation includes on-call and vehicle allowance.

Applications to be received by: 4:00 p.m. June 6, 2023.

For further information regarding this position, please contact the Rural Municipality of Fisher at 204-372-6393.

Kelly Marykuca, Chief Administrative Officer
Rural Municipality of Fisher
Box 280 Fisher Branch, Manitoba R0C 0Z0
fishercao@mymts.net
Tel: 204-372-6393



Rural Municipality of
FISHER

NOTICE OF DUST CONTROL PROGRAM

Homeowners along municipal roads in the RM of Fisher may apply to have dust control in front of their home sites. Homeowners have the option of a light application or a heavier application.

1 site is 150 meters.

Costs are as follows:

800L Light Application 12ft wide for \$350.00

OR

1000L Heavy Application 12ft wide for \$395.00

***It is the homeowners' responsibility to flag the site for application.**

Payment must be received by the Rural Municipality of Fisher Office, Box 280, Fisher Branch, Manitoba R0C 0Z0 no later than Wednesday, May 31, 2023. Make cheques payable to the RM of Fisher. **Payments are not refundable after application of dust control.** Price does not include gravel applied to site prior to dust control application. Gravel at site is at the discretion of the contractor. Dust control application tentatively booked for week of June 5, 2023. For more information, please contact the Rural Municipality of Fisher Office at 372-6393.

Rural Municipality of Fisher
Box 280
Fisher Branch, Manitoba
R0C 0Z0

HAY/FEED

Small square grass bales for sale, Bal-moral, \$3/bale. No rain. Call 204-471-9634.

FARMLAND FOR RENT

Pasture & 100 acres of land for rent. 4 miles east of Hodgson. Call Carla 204-372-6490.

PASTURE FOR RENT

Faulkner area, 1280 acres of pasture land for rent. Call/text 204-570-1639 for more information.

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Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

McSherry Auctions

12 Patterson Dr., Stonewall, MB

Online Timed Auctions @ iCollector.com

Estate & Moving

Closes May 17 @ 7:00PM

Estate & Moving

Closes May 24 @ 7:00PM

Die Cast Tractor / Implement Toy Auction

May 25th, 2023 @ 6:30PM

Booking On Site Spring Auctions

McSherryAuction.com

204-467-1858

Consignors Welcome!

NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF: JOHN ALBERT SHEWCHUK, late of the Town of Arborg, in Manitoba, Deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, 2500 - 360 Main Street, Winnipeg, Manitoba, R3C 4H6, on or before the 11th day of June, 2023.

DATED at Winnipeg, Manitoba, this 5th day of May, 2023.

PITBLADO LLP

Attention:

Leith Robertson
Solicitors for the Estate of John Albert Shewchuk

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NOTICE OF TENDER GRASS CUTTING

The Rural Municipality of Fisher is inviting tenders for grass cutting at:

RM of Fisher Office yard Water Plant yard

Please state price per cut in the tender.

- Applicant is to supply own equipment and fuel.
- Applicant to be 18 years of age or over.
- Lowest or any tender not necessarily accepted.

Submit sealed envelope marked "Tender Grass Cutting" to:

Rural Municipality of Fisher
Box 280
Fisher Branch, MB R0C 0Z0
Email: fishercao@mymts.net

Deadline for tenders is 4:00 p.m. May 31, 2023.

For further information, call the RM of Fisher office at 204-372-6393.

SALES CAREER OPPORTUNITY

Big and Colourful Printing & Publishing

is looking for a dynamic, highly motivated person to become part of our advertising sales team in the Interlake area.

The successful candidate will thrive in a fast paced sales environment where a competitive nature, strong work ethic and excellent customer service skills are required and rewarded.

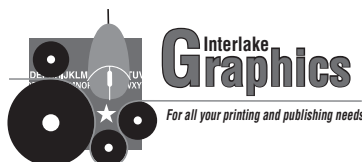
This opportunity involves building relationships and representing our newspapers to new and existing customers.

Qualifications: The successful candidate must be professional, dependable, energetic, goal-oriented, self-starter, can work within deadlines, well organized and friendly.

Customer service, sales experience and passion is a must.

- Strong computer skills, including Microsoft Office
- Excellent communication skills and a genuine love of people
- Willingness to learn
- Ability to work independently

If you fit this description please email resume to Bigandcolourful@mts.net



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info@eddiesgravel.com
204-389-2023
102086 Hwy 9, Wpg Beach, MB

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1 Purebred Angus Yearling Bull
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HELP WANTED

Compass Foods is looking for Full-time and Casual Dietary Aides to work in our Dietary Department based out of Betel Home in Gimli.
Starting rate: \$17.23/hour
Training will be provided
Please forward resume to:
Karen Perkin, Dietary Manager
karen.perkin@compass-canada.com
Or drop off at Betel Home, 96 First Ave, Gimli, MB



FOR SALE BY TENDER
ASHERN UNITED CHURCH & SUNDAY SCHOOL BUILDING

BOTH BUILDINGS TO BE REMOVED AFTER LAST SERVICE IN 2023 - DATE TO BE ANNOUNCED

CHURCH: 44 feet by 24.5 feet wooden structure with vinyl siding (empty of contents) - basement to be filled in by buyer
SUNDAY SCHOOL ADDITION: 38 feet by 24.5 feet wooden structure with vinyl siding (empty of contents) - new shingles in 2021

For more information or to arrange a viewing please call Carole at 204-768-2743 or Michele at 403-389-3307

- The buildings are being sold as is, where is, with the buyer to assume any costs incurred.
- Tenders will be held in confidence and not released to the public.
- Bidders will not be called together; highest or any bid no necessarily accepted
- All bids must be unconditional (bids that are "subject to financing" cannot be accepted).

SUBMIT BIDS TO: Ashern United Church, Box 248, Ashern MB ROC OEO by the closing date of **May 26, 2023.**

NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF **RONALD EWALD BITTNER**, late of the Postal District of Hilbre, Manitoba, Farmer and Fisherman, Deceased. All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at his office at 11 Main Street, P.O. Box 200, Ashern, Manitoba, ROC OEO, on or before the **11th day of June, 2023.**

DATED at Ashern, Manitoba, this 5th day of May, 2023.

PAUL D. GEISLER J.D.
GEISLER LAW OFFICE
Solicitor for the Executor

F/T ASST PARK MGR AUTUMNWOOD RV RESORT

Seeking Mature person to assist in the daily operations of busy Seasonal Campground in Gimli.
Duties: grounds maint, garbage and washroom maint, small equip operation, and other assigned projects by Park Mgr. Experience in light electrical/plumbing is a bonus.

Send resume to Michelle:
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Todd
250-864-3521

SUDOKU

			2	7		1								
					9									3
	4	5												
			3		9					4	7			
	9		4			1	3					2		
				6									1	
3		9						8						
7					1	5								4

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	8	6	5	1	8	2	9	7
5	9	8	2	4	7	6	1	3
1	7	2	6	3	9	8	5	4
6	1	5	7	2	3	4	8	9
2	8	3	1	6	4	7	9	5
7	9	4	7	6	8	5	3	2
9	6	7	3	8	1	5	4	2
3	2	4	9	5	6	1	7	8
8	5	1	4	7	2	6	3	9

Sudoku Answer

V	E	S	C	N	A	S	E	T	R	E	M		
D	O	L	E	N	E	R	S	V	O	R	P		
R	V	L	E	S	I	L	V	N	O	I	L	V	R
V	N	I	R	V	M	B	O	D	V				
S	L	V	H	S	E	D	V	N	E	R	E	S	
E	S	U	V	P	D	E	R	V	E	I	W		
O	V	S	E	T	V	V	R	G	S	S	O		
U	N	S	E	L	V	M	V	O	C	E	V	O	
D	V	G	E	O	V	G	I	S					
E	N	E	O	S	V	W	V	D	N	V	S	V	W
K	E	E	T	S									
S	L	I	T	V	I	O	E	F	S	H	D	V	
E	R	N	P	V	E	I	M	I	G	E	P		
A	V	M	V	G	S	V	D	V	D	E	S		

Crossword Answer

CROSSWORD

1	2	3		4	5	6	7	8		9	10	11	12	13	
14				15						16					
17				18						19					
20				21						22					
23							24	25					26	27	
			28				29					30			
31	32					33		34	35	36				37	
38						39	40						41		
42						43						44	45		
46		47	48					49				50			
51					52	53	54					55		56	57
					58							59			
60	61									62	63			64	
65										66				67	
68										69					70

CLUES ACROSS

- Midway between south and southeast
- Fathers
- Wine grape
- Al Bundy's wife
- Organic compound
- Venezuelan state
- Interest term
- Experts
- Central cores of stems
- Smooth and glossy
- One-time S. Korean city
- One from Damascus
- Short message at the end of an email
- It cools your home
- Oh, God!
- Intestinal pouches
- Men
- Popular English soccer team (abbr.)
- Former CIA
- Arrange in steps
- A baglike structure in a plant or animal
- The Great Lake State
- Dog-_: to mark a page
- Stop moving
- Ancient Dead Sea region
- Of I
- Clerical vestment
- Songs sung to a lover
- Charges
- Popular design program manufacturer
- Where to park a boat
- One who values reason
- Slang for cigarette
- Sailboats
- Actress Zellweger
- Screen material
- Country music legend Haggard
- Puts together in time
- When you hope to arrive
- muscular contraction
- Philly's rail service
- Leaves a place
- No longer be a part in
- Guitar players use them
- Cease to exist
- General's assistant (abbr.)
- Shaking of the earth
- Strong winds
- For each one
- A bog
- The creation of beautiful or significant things
- Affirmative
- Pie ___ mode
- Nonclerical
- Inspirational football player Hamlin
- Learning environment
- Khoikhoi peoples
- Bring out or develop
- Shows up
- Theatrical device
- Loads
- Popular Hollywood alien
- Distinguishes
- College dorm worker
- Secondary or explanatory title
- Resembling wings
- One who delivers a speech
- In the middle
- Loop with a running knot
- Airborne (abbr.)
- Beloveds
- Ordain
- Breed of small cattle
- Very small period of time (abbr.)
- Revolutions per minute
- They ___
- Longtime ESPN anchor Bob
- A place to stay

CLUES DOWN

- An involuntary and abnormal

LIVE FARM AUCTION SALE

For Kelly & Joyce Stromgren

169014 Rd 48 West, Hilbre, MB
Saturday, June 3, 2023 at 11:00 a.m.

Sale Site: 2 mi. South of Hilbre on Hwy #6, 1.5 mi.

West on Rd 169 N and ¼ mi. North on Rd 48 W (signs will be posted)

Machinery & Trailers: 8N Ford tractor w/250 6 ft Allied loader, chains; 8N Ford, 4 spd w/pt; 8N pulley; Ford 2 bottom plow; 10ft dump rake; Utility trailer w/tilt; **Shop & Tools:** 2200 kg floor jack; Powermate 2000wt Generator; 1500 wt Heater; Sewer auger; 5 hp Air compressor; 8 ton homemade Hyd press; 10" table saw; Shop vac; Floor creeper; Coop pressure washer; Elec heater; Comet 180 amp Welder w/ all access & cables; Arc helmets; Durex press drill; Small building jack; King 6 in bench grinder; Pipe wrenches, Flat wrenches 3/8-3/4; Bolt cutters; Chains – various lengths; Block & tackle rope; Hand saws; Propane torches; Drill bit sharpener; Side grinders; Elec drills; Jig saws; Palm sander; 4in bench vise; Level; Carpenter's apron; Rockwell ½" drill press; Small scale; Tap & die set; 10" sliding compound mitre saw; Workmate bench; 20" magnet wheels; Jack-all; 3600 gas generator; 4 ½" band saw, metal; Battery chargers; 16,000 btu propane heater; Small scale; 4" vise; Various boxes screws; Plumbing supp; Motor & 2 reduction pulleys; 14v Cordless drill; Various tools **Sporting:** 1997 Polaris Indy Trail, 2 up snowmobile; 1980 Skidoo 4500; 8 x 8 ice fishing shack; Gas ice auger; Duck, snow geese & crane decoys; 1 doz goose decoys-magnums; Ice auger; Dip nets; Propane cook stove; Left hand golf clubs w/pull type cart; Tobin Arms 22 cal single shot rifle; Anschutz 22 cal w/scope; Beretta Model 302 3 in s/a, 12 gauge; Winchester Model 1200 2 3/4 in pump, 12 gauge; (2) 22 cal single shot; ATV Gun case; 1967 Polaris Mustang snowmobile, 18 in track, #2200, model 1300, running; 12 v. Cooler; 12 v elect trolling motor, w/52 lb thrust **Yard & Misc:** 3pt hitch Saw mandrel; Homemade wood splitter; Hand winch; Garden hose & sprinklers; Lawn ornaments; (3) garden sprayers; Elec whipper snipper; Elec hedge trimmer; Wooden lawn bench w/metal sides; Pump decoration; Small dining room tent; 105 gal tank w/pump; 28" Snow blower; Craftsman heat hauser; Heated handle bars; Barrel pump; Scythe; Small pump; Elec. Cords; (3) cords wood; Wheel barrow; Pick & grab hoe; Ropes & wire; 6ft Step ladder; Roof Rake; Ext. ladder; Hyd cylinder; Snow scoop; Craftsman 31" snowblower, 11.5 hp; 6.5 hp Rototiller w/forward & reverse; (2) gas whipper snippers; Cub Cadet 54" 0 turn, steering wheel; 48" Gravety mower; 42" lawn sweep; Elec pole saws; Pruner pole saw & small pruners; Husqvarna 345 chainsaw; Come-along; Load locks; Mud flaps; Craftsman 22 hp, 42" w/bagger; Med size dog kennel; Stand sump pump; Hand saw; Propane BBQ; Ext mirrors fender mount; Leg traps; 11 sets of deer horns w/tags; Post hole cleaner; Monarch sewage pump; Saw mandrel belt; 20 in Push mower **Household & Misc:** Apartment size freezer; small freezer; Coffee urns; Roasters; Frying pan; Pressure Cooker; Wine supplies; Carboys; Crock pot; 8 pce dish set; Wooden cabinets; Folding tables; Dehumidifier; Wooden night and lamp tables; Harmonica; Chrome table; Collector pins and buttons; (12) Hearts of the Country magazines; Infra red heaters; Fireplace set; VCR Unit, movies and tapes; Chesterfield & (2) chairs; Coffee and end tables; Pictures frames (various); Spoons and racks; Sewing table w/ thread & buttons; Office chair w/wheels; Floral living room suite; (2) 4 drawer dressers; 5 drawer desk; Bar stools; Floor model AC unit; ¾ length Muskrat fur coat w/fox collar; Sealers; Lamps; Small green house (indoor); Puzzles; Typewriter; Misc Household ; Game Table from Nevada, working cond, Canadian currency (plus all legal papers); Metal garbage bin **Antiques:** (2) 10 gal Medalta Crocks; 3 & 5 gal cream cans; Pepsi & Coca-Cola boxes; Barn Lantern; Drink bottles – various; Brass Sheep bell; Metal flour bin; (2) Sad irons; Horse shoes; Wash stand; 1 gal jug; Jewel glass sealers; Square peanut butter jar; Cabbage Cutter; 1958 Juice pitcher; 1913 Hair brush set; 1936 Madeline Day cookbook; 1945 Wings of the Morning book; Square dance books; 1950's Needlework magazines; 1950's Natural Resources landmap; B/A barrel (100 lbs); Silvertone elec radio; Wooden sock stretchers; Coal lamp; (2) straight razors; Hand clippers; Wooden egg crate; Washstand pitcher & bowl; 4 books - #1,3,4, & 5 – Children's Hour w/Uncle Arthur (1945-1949); Cross cut saws

Auctioneer's Note: Kelly & Joyce have sold out. Everything must go!

Viewing: by appointment only. Call: Kelly at (204) 449-2025

For more info: Call Buddy

Lorne (Buddy) Bergner, Auctioneer

Box 1, Ashern, MB R0C 0E0

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Please submit resume to shaunne@charisons.ca or
call 204-886-2922 for further information.



Municipality of Bifrost-Riverton TENDERS

Traffic Gravel Supply Tender

The Municipality of Bifrost-Riverton invites A tender for the following supply of approximately - 21,000 cubic yards of ¾" down crushed limestone. Preference will be given to a supply location near the North East area of the Municipality. Each tender should be individually marked for each location and product and will be received by the undersigned until 4:30pm on May 19, 2023

The above tender is to be supply to be on site and available for distribution by June 5, 2023. The Municipality of Bifrost-Riverton reserves the right to reject any or all bids, to waive irregularities and informalities therein, and to award the tender in the best interest of the Municipality of Bifrost-Riverton in its sole discretion.

Gravel Hauling Tenders

The Municipality of Bifrost-Riverton invites tenders for each of the following

-Tender #1: Loading, hauling and depositing of traffic gravel of app. 13,000 Cubic Yrds for Dust Control areas.

-Tender #2: Loading, hauling and depositing of traffic gravel of app. 36,000 Cubic Yrds to various roads marked for the annual gravel program.

Each tender should be individually marked. Tender documents are available from the Municipal Offices. Sealed and clearly marked submissions will be accepted by the undersigned at the Municipality of Bifrost-Riverton office, located at 329 River Road, Arborg, until 12:00 p.m. on May 25, 2023. The Municipality reserves the right to reject any or all bids, waive irregularities and informalities therein, and award the tender in the best interest of the Municipality in its sole discretion.

Roadside Mowing Tenders

North Tender #1 and South Tender # 2:

The Municipality of Bifrost-Riverton requires approximately 300 miles of roadway to be cut on both sides (600 miles total).

Tender documents are available from the Municipal Offices. Sealed and clearly marked submissions will be accepted by the undersigned until 12:00 p.m. on May 25, 2023. The Municipality reserves the right to reject any or all bids, waive irregularities and informalities therein, and award the tender in the best interest of the Municipality in its sole discretion.

All inquiries related to the above tenders should be directed to Jason Comeau at 204.641.2167.

SUMMER JOB OPPORTUNITY

Moosehorn Heritage Museum

2 Positions available funded
through Canada Summer Jobs
35 hrs/wk, Tuesday July 4 to
August 26, 2023.

Position 1 -

Interpretive Guide \$14.50/hour

Position 2 -

Museum Technician \$16.00/hour

Job information available at
Moosehorn Heritage Museum
Website

https://moosehornmuseum.ca
For information call Dianne Bittner
@ 204-294-9642

Submit resume and cover letter by
Friday May 19, 2023

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with
three writing and photography samples to:

Lana Meier
Email: news@stonewallteulontribune.ca

The Carman-Dufferin
STANDARD

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IN MEMORIAM



Pauline Hrehoruk
Happy Mother's Day and Happy Birthday
Deep are the memories
Precious they stay
No passing of time,
Can take them away.
-Love Don, Diane, Michael and Pat

CELEBRATION OF LIFE



Joyce Grace Byron (Lally)
Please join the family for a Celebration of Life for Joyce Grace Byron (Lally) on Friday, May 12, 2023 at 11:30 a.m. at the Oak Point Hall. A private family burial will follow.



Box 280, Fisher Branch, MB, R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

EMPLOYMENT OPPORTUNITY

Green Team Summer Students (4 positions)
June 26 to August 25, 2023

(possible earlier start date for one position)

The Rural Municipality of Fisher is accepting applications for the above positions:

Requirements:

Must be between the ages of 16 and 24 and returning to school.
Must be able to work with minimal supervision.
Work in all types of weather.
Valid drivers licence.
Vehicle is an asset.

Duties:

Grass cutting and trimming along roadways, ditches, riverbank and vacant lots.
General garbage cleanup and related light maintenance.
Culvert cataloguing.
Assisting with other duties as required.
Please submit applications by 4:30 p.m. Wednesday, June 14th, 2023 to:

RM of Fisher
Box 280, Fisher Branch, MB R0C 0Z0
Fax: 204-372-8470
Email: fishercao@mymts.net

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Career Opportunity



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Truck will be based out of Arborg, MB
Seasonal – Casual

Will be responsible for the deliveries and the day-to-day operations of the Interlake Co-op bulk fuel trucks as part of the fuel delivery team:

Successful Candidate must have:

- Class 3 License with Air
- Align actions & behaviours with the Interlake Co-ops values, vision, mission statements
- Product processing/development, pricing & packaging
- Sound education/driving background
- Good communication, interpersonal and organizational skills
- Demonstrate the ability to work independently and as part of a team
- Must be physically fit and capable of lifting 50 lbs
- Assist with office clerical duties as required
- May work longer than 8-hour days depending on seasonal demand, including weekends

We Offer:

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Please forward cover letter, resume, questions to:

Ken Whalley
Bulk Fuel Manager Interlake Consumers Co-op
Or fuel@interlakecoop.com, 204-376-5201 office, 204-214-0051 cell

We thank everyone for applying, but only those selected for an interview will be contacted.

Join our team!



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We are looking for vendors for our Retail Store and Outdoor Markets beginning June 10 - Sept. 24. Please see us on Facebook.

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 - rencontrer d'autres mamans au rural

Pour en savoir plus:
www.lafpfm.ca/hippy
hippy@lafpfm.ca
1-888-666-8108 ext.218



SUMMER 2023 Employment Opportunity with Evergreen School Division

Urban/Hometown Green Team

General Helpers for the Maintenance Department

Position Description

This full-time summer employment opportunity will be based out of the Gimli ESD Maintenance Shop, located adjacent to Gimli High School. Students must have access to transportation so they can report to work in Gimli at this location at 7:30 am, Monday to Friday.

The General Helpers will be required to assist the regular maintenance staff in all aspects of their duties including but not limited to:

- repairs and improvements to grounds and facilities
- moving furniture and other items
- painting

Requirements:

- Strong work ethic
- Physically able to move furniture, do yard work, paint and do other similar tasks
- Steel toed boots required. All other safety wear will be provided.
- Availability Monday to Friday from 7:30am to 4:00 pm, July 4th to August 31st, 2023
- A strong eagerness to learn new skills
- Able to follow directions and work safely

Preference will be given to students and graduates of ESD who have interests in trades.

Rate of pay: \$14.65 per hour

Interested students may submit their resume and names of 3 references by May 16, 2023 (4:00 pm) to:

Gibby Finnbogason
Buildings Supervisor
Evergreen School Division
Email: applications@esd.ca

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OBITUARY



Sylvia May Peiluck (nee Kardal)
May 1, 1941 - May 3, 2023

It is with heavy hearts we announce the sudden, yet peaceful passing of May Peiluck at the Gimli Betel Home on May 3, 2023. Monday, May 1st was May's 82 birthday, and we are so grateful we had the opportunity to celebrate that day with her as there was nothing more May loved than sharing a cup of coffee with family and friends.

May was born in Gimli, Manitoba in 1941 to Oli and Sylvia Kardal. May's parents were both accomplished musicians and instilled a love for music, Icelandic culture, education, and a passion for sharing it. The family lived in Gimli until May was 12 years old and after in St. Paul, Minnesota. May returned to Canada after graduating high school to attend teachers' college in Winnipeg in 1960 and later obtained her Bachelor of Arts degree from the

University of Winnipeg.

May had an extensive teaching career that spanned 45 years beginning in a one-room school north of Ashern, Manitoba at Silver Bay School. May then returned to the Gimli Public School to teach for five years and then to Montrose School in Winnipeg.

While raising her family, May continued to teach at the Winnipeg Beach School for 14 years and ended her teaching career in Gimli at the Sigurbjorg Stefansson School. During her career, May sat on many boards and committees but her focus was always her students. May inspired and supported so many young people in their pursuit of music and education. After retiring in 2006, May spent numerous hours volunteering with the Evergreen Festival of the Arts, the Gimli Heritage Project, Evergreen Basic Needs, Gimli Palliative Care, and the Gimli Lutheran Church.

Throughout her life May maintained an unyielding focus on her Icelandic heritage. Icelandic was May's first spoken language, and she maintained her fluency throughout her life. May's pride in her Icelandic heritage was shared with her family, her friends, and her students. She made trips back to Iceland to visit her family and was thrilled to go with her grandchildren in 2006. May was honoured to do the Toast to Iceland at the Islendingadagurinn in 1994. She spoke of those who immigrated to this country and the contribution of the Icelandic culture to Canada.

May married Tony Peiluck on March 27, 1971, and built their home on the Peiluck family farm in Gimli. May was proud of their home on the farm and loved sharing it with family and friends. The coffee pot was always on, and the treats were set out on the table. May's baking was legendary. Her Kleinur, Ponnukokur and tarts were so delicious. The parties hosted were always accompanied with someone on the piano, a sing-along and don't forget the crazy box of hats.

May's friendships meant so much to her. Over the years she was a season ticket holder to the Winnipeg Blue Bombers with Larry Moore and Margaret Komar, she travelled with Ruth Kostiuik, weekly lunch dates with Jackie Walker, shopping and adventures with Marion Korolyk, Ellen Gergatz and Myrna Chapko as well as daily phone calls with her lifelong friend Sella Benedictson and, prior to her passing, Gloria Rudney.

May gave so much of herself to her community and her students - she also gave all of her love and support to her family. May was so proud of her children and her grandchildren.

May will be sadly missed by her son Peter (Kara) and daughter Margrose (Shawn) Madak, as well as her beloved grandchildren Aurora and Stefan Peiluck whom she adored. May also leaves to mourn, her sisters, Jonina Kardal (Porbjorn Vignisson) and Anna Maria Kardal (Asgeir Olafsson); sister-in-law Mary Coppin and good friend Paul Lamonte. May leaves behind many nieces, nephews, cousins and many dear friends.

May was predeceased by her loving husband Tony Peiluck, her parents Oli and Sylvia Kardal, father and mother-in-law Peter and Rose Peiluck, brother-in-law John and his wife Ann Peiluck, brother-in-law Wayne Coppin and nephew David Peiluck.

Funeral Services will be held at the Gimli Lutheran Church on Monday, May 15th at 1 p.m. - coffee and lunch to follow at the Gimli Lakeview Hotel.

The family would like to extend their sincere thanks to the staff at the Gimli Betel home for the kind and compassionate care May received over the last six months that she was a resident, and also to Paul Lamonte for being such a good friend.

In lieu of flowers donations can be made to the Gimli Lutheran Church, Box 118 Gimli, MB R0C 1B0.

Love you Loads Mom - Goda Nott Elskan Min



204-949-2200
Gimli 204-642-7124
neilbardalinc.com

OBITUARY

Henry Clifford Joseph Stolwyk
December 18, 1943 - May 3, 2023

Suddenly on May 3, 2023 with family at his side, Henry Stolwyk passed away in Ashern, MB. A memorial service will be held at 1:00 p.m. on Monday, May 15, 2023 in the Ashern Centennial Hall with Luke Tully officiating. A luncheon will follow.

Arrangements by:

ARNASON FUNERAL HOME
Ashern - Lundar
1.204.768.2072
1.866.323.3593

OBITUARY

Gilbert Roy
August 20, 1935 - May 8, 2023

Peacefully with family by his side, Gilbert passed away on May 8, 2023 at the Lundar Personal Care Home.

Cremation has taken place and a Funeral Mass will take place at 11:00 a.m. on Tuesday, May 16, 2023 in the St. Olaf's Roman Catholic Church in Lundar, MB with Father Paul Tinguely officiating. Interment to follow in the Lundar Municipal Cemetery.

Arrangements by:

ARNASON FUNERAL HOME
Ashern - Lundar
1.204.768.2072
1.866.323.3593

OBITUARY

Jack Valentinus Valgardson
August 21, 1935 - March 27, 2023



It is with profound sadness that we announce the passing of our dear husband and dad at the age of 87. He went peacefully at Betel Home in Gimli after we all unknowingly, had a great last visit.

Jack leaves behind his beloved wife of 70 years, Dorothy (Dodo) and his three children, daughter Susan (Don), son Tim (Cecily) and son Troy (Lori). He will live on in his seven grandchildren and nine great-grandchildren who were all Grandad's pride and joy. Jack is survived by his brother Norman (Dodie), sister Marion, sister-in-law Diane (Jim) and many nieces, nephews and cousins.

Living the long life he did, Jack was predeceased by many. His parents Sveinbjorn and Katherine, stepfather Joseph Syczylo, sisters Pearl Ann (infant) and Florence, brothers Earl, Dempsey, Allan and Sonny (Zeke) and many more loved ones.

Jack was born on August 21, 1935 to Sveinbjorn Valgardson and Katherine Cook in the front bedroom of the family home on 77 3rd Ave. in Gimli. His mother used to joke that he was so big when he was born (11 lb) that he should just "get up and walk".

Jack married the girl next door, Dodo Olsen, eloping at ages 17 and 16. Quite a scandal but 70 years later they proved it was true love (and Mom had the patience of a Saint).

Almost from the time he could walk, Jack played hockey including a time with the Edmonton Oil Kings but Gimli was in his soul and home he came. He played with the Gimli Wolves and refereed for many years. In the summer he took up golf and spent many evenings at the Arnes Golf Club.

Jack initially worked as a baker at Central Bakery, then drove for Perth's Drycleaners and owned the Norseman Motel while working fulltime as the blender and part-time tour guide at Seagram's Distillery until he retired. Jack was always proud of what he did and where he worked, and it always showed through to everyone. One of his fondest memories at Seagram's was playing Santa for the Children's Christmas party.

Jack belonged to the Kinsmen for many years, was on the Gimli Credit Union Board of Directors. An interesting fact, Jack's grandfather, Ketill Valgardson served on the 1st Town of Gimli Council and Jack served on the last Town of Gimli Council before it merged into the RM of Gimli.

Jack and Dodo enjoyed travelling. They went to Hawaii (their favourite) and Mexico several times, on a few cruises and the big highlight, at age 79 and 78, visited their grandson in Vietnam. They also saw much of Canada and many of the States including New York and California.

The simplest pleasures in life brought Jack the most joy. Sunday family drives to find beer bottles to cash in for Chinese food at Sam's Café, playing "ghost", being a magician, picnics, swimming, fishing and always looking for wildlife. He loved a good party to celebrate any occasion. Jack was always happiest when we were all together.

It would take a book to write all the memories we have. His infectious smile and laugh will forever be in our hearts. All of your family and friends will truly miss you. We are so lucky to have had you as our husband, Dad and Grandad.

A memorial service to celebrate Jack's life will be held at the Gimli Lutheran Church on June 8th at 1:00 p.m.

In lieu of flowers, donations may be made in Jack's honour to Betel Home Foundation, the Alzheimer's Society of Manitoba, or a charity of your choice.

The family would like to thank the staff at Gimli Betel for their kindness and caring of our dear Jack and Dad and of course we forgive you for combing his hair the wrong way.

Condolences can be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



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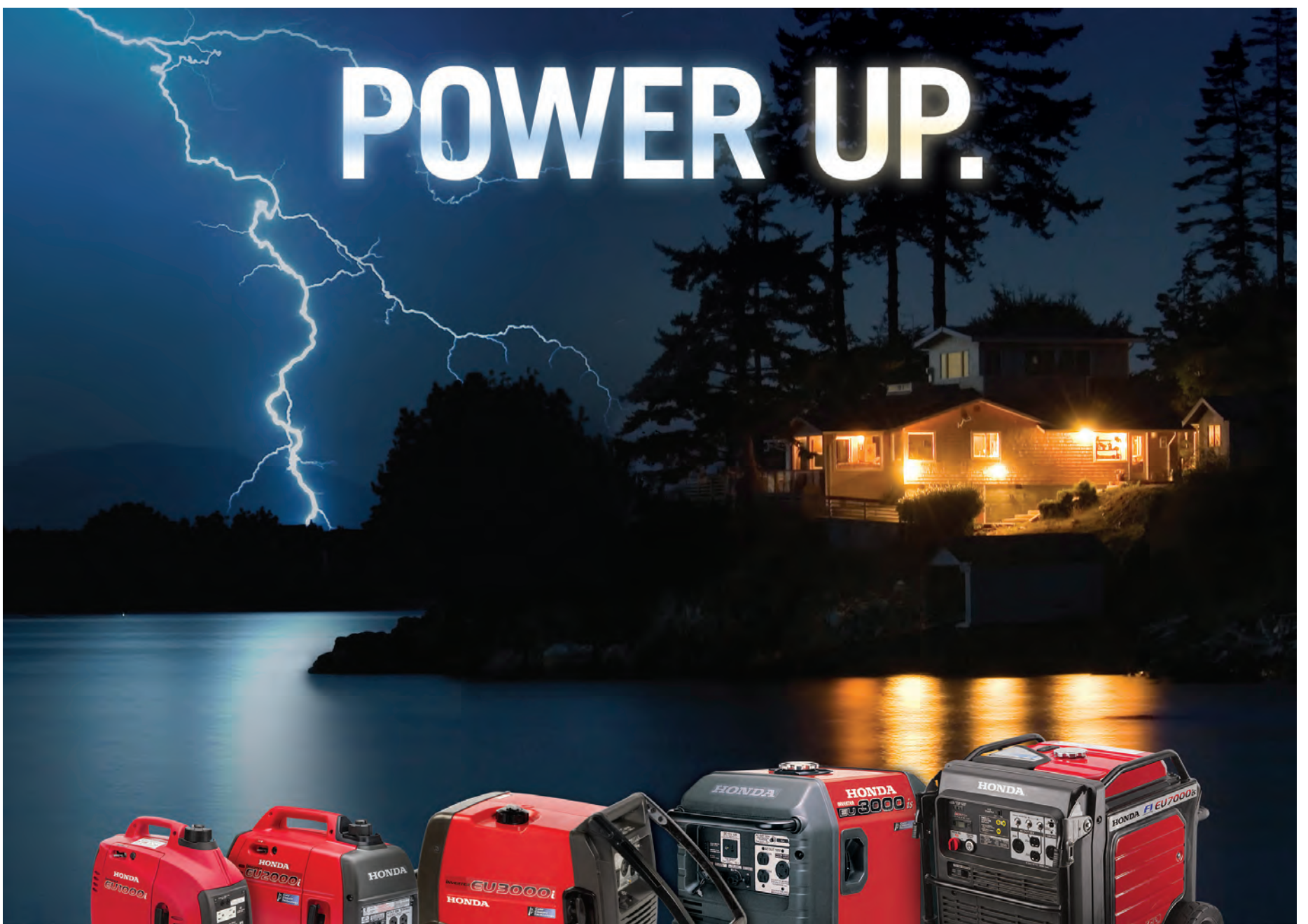
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