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Trail of destruction

EXPRESS PHOTO BY JACKIE MITCHELL

Roads in the eastern region of the Interlake collapsed or were turned into lakes after another punishing weekend of steady rain across Manitoba. Jackie Mitchell found Colonization Road, near the entrance to Silver Harbour, looking as though an earthquake had hit it. The road heaved and buckled under the force of water running through the culvert below it.

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Weather permitting

Sandy Hook photo contest celebrates spring melt

By Nicole Brownlee

A Winnipeg Beach soap company is encouraging Interlake residents to persevere through the last onslaught of inclement weather through the return of their seasonal photo contest.

Pat Nuspl, owner of The Sandy Hook Soap Factory and the Little Red Veggie Stand, started the tradition after the province was hit with heaps of snow this past winter.

"When we started going out snowshoeing, we had so many people giving us really nice pictures to post on our Facebook page," said Nuspl, co-creator of the Winnipeg Beach Snowshoe Club.

Nuspl was already practising her optimism about the bitterly cold and snow-heavy season by weekly trekking through Camp Morton Provincial Park, and thought a contest might brighten others' spirits.

"I also love photography," she added.

Through the Sandy Hook Soap Factory Facebook page, Nuspl posted submitted photos of snow drifts. The three photos with the most Facebook likes won gift certificates to Nuspl's businesses.

"We did it as something fun for everyone, including ourselves," she said.



"We got some really creative entries."

Around 18 photos were submitted, showcasing snow scapes.

"I thought they were pretty brave souls to go out and take pictures in the wind," she said.

"It was so terribly cold."

Lexi Weddall from Petersfield secured first place for her photo, titled "Fun in the Sun." Weddall received a \$75 gift certificate to spend on Sandy Hook Soap or fresh veggies.

Pat Payjack's "Catch My Drift" and Christine Martin's "Matlock Meringue" won second and third place,

Continued on page 8



Catch My Drift



Matlock Meringue

EXPRESS PHOTOS SUBMITTED

Pictured clockwise from top left: Lexi Weddall, Petersfield, won first place with "Fun In the Sun." Pat Payjack, Winnipeg Beach, earned second place for "Catch My Drift." Christine Martin, Matlock, secured third place for "Matlock Meringue."



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LAKESIDE FLIGHT SCHOOL

Retired pilot turns visual landscape into art

By Emma Honeybun

Wayne Letkeman picked up oil painting in 2017 and has completed over 400 paintings since then.

He works primarily with oil paints, using different techniques like alla prima (wet on wet), to create a variety of diverse landscapes and scenery. He covers silhouettes, lakes, forests and colourful night skies. His style has a flowing, glossy feel, and he spends a significant amount of time and concentration on the proper blending and mixing of different colours.

Letkeman has sold some of his art, but he doesn't paint for profit. He says that he doesn't view it as a hobby he can necessarily get rich from. He does it for his enjoyment and to keep his mind active.

He often donates paintings from his roster to benefit others.

"I have given donated paintings to art galleries that they can raffle off or sell or auction, and then they benefit from this one as opposed to me benefiting," he said.

He has done different exhibits over the years. A recent event was in March of this year, a live painting demo organized with the Pembina Hills Art Council.

He was also able to showcase his work at a People's Choice exhibit in Steinbach back in 2020, alongside a

large group of Manitoban artists.

After retirement, he's planning on opening a home gallery in Ashern to put his work on display to the public.

Inspiration for the paintings often come from his career as a commercial pilot and the imagery he has seen in the air. Almost all of his work is inspired by thoughts or memories.

There's one distinct painting where he said he used a photograph he took as reference, but that's the exception in his collection.

He said that, in the case of that painting, he had been struck with the inspiration when he had first seen the landscape. He had spent the rest of the day planning how he would execute that in paint form later.

"I was flying for the day and I flew all day long, imagining how I'm going to take that in the evening and paint that painting," he said. "And at the end of the day, when I was home, I thought about it and I painted that picture."

I was home, I thought about it and I painted that picture."

Letkeman mostly uses oil paint on a black canvas to create his work. He said that the black backgrounds help bring out the vibrancy of the colours he uses.

An example he used of where this shines are his paintings of the northern lights. Against a bright sky, the

"I WAS FLYING FOR THE DAY AND I FLEW ALL DAY LONG, IMAGINING HOW I'M GOING TO TAKE THAT IN THE EVENING AND PAINT THAT PAINTING."



EXPRESS PHOTO SUBMITTED

Wayne Letkeman works on a painting using a black canvas to make colours and lighting pop out at the first glance.



EXPRESS PHOTOS SUBMITTED

Wayne Letkemen uses oil paints and colour blending to bring out the beauty of his art's inspirations.

opaque, white paint.

Often his northern lights-themed paintings will be layered. The final piece is only visible after he applies more opaque, white paints to the transparent art that was done first. He sweeps it over, and it pops out the same way a rainbow would.

Letkeman prefers oil paints over acrylics for this reason, among others. He can spend much more time on colourful details and shines to recreate his memories or mental images.

And, he had added, oil paints give you the chance to wipe away what you don't like and start over. It's possible with acrylics, but it doesn't work quite as well.

If you would like to get in contact with Wayne, email wletkeman@outlook.com or visit his Facebook page <https://www.facebook.com/>

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'Shit-bombing' of Lake Winnipeg doesn't go down well after city flushes 60 million litres of waste

By Patricia Barrett

Commercial fishers in Gimli say the City of Winnipeg deliberately sacrificed Lake Winnipeg and the people who live along its shores by sending millions of litres of untreated sewage into the Red River last week.

The city diverted an estimated 59.6 million litres of raw sewage from its combined sewer system into the river — which flows into the lake — during the rain and snow storm that hit Manitoba from April 22 to 24.

"They don't want to be flooded down there so they dump the sewage right into the river," said commercial fisher Robert T. Kristjanson, who has been fighting for decades to get Lake Winnipeg cleaned up. "They're an island unto themselves and there isn't anybody to hold them accountable."

Kristjanson said complaining to city or provincial politicians about the frequent sewage spills — which in addition to feces and urine release phosphorus into the lake and contribute to algal blooms — just falls on deaf ears.

"It doesn't matter who we talk to. They're letting us suffer with this. We mean nothing," said Kristjanson. "Do people in rural Manitoba need to sue the City of Winnipeg? How else do we stop you from doing this to us? Is a lawsuit the only way to stop you

from polluting us?"

The city said in media reports that diverting raw waste to the river was a decision it didn't make lightly. It had to try to prevent waste from backing up into dwellings in Winnipeg when its South End wastewater treatment plant exceeded capacity.

The sewage flowed straight into the river via the combined sewer system for one day, 22 hours and 55 minutes after the city shut down three pumping stations, according to the city's "reports on untreated sewage" webpage. The stations would have normally delivered the waste to the South End plant.

It was worse for a consecutive stretch of days in March (March 15-25) when 80.73 million litres of raw sewage were dumped into rivers (March 15: .09 ML; March 16: 5.7 ML; March 17: 5.79 ML; March 18: 8.24 ML; March 19: 9.34 ML; March 20: 9.7 ML; March 21: 13.05 ML; March 22: 20.20 ML and 2.15 ML; March 23: 1.96 ML; March 24: 4.02 ML; and March 25: .49 ML).

Combined sewers, which carry both untreated sewage and precipitation, are designed to dump straight into rivers when they're overloaded. In 2017 the provincial Conservative government gave the city 27 years to fix its combined sewers.



EXPRESS FILE PHOTO BY PATRICIA BARRETT

In October 2018 commercial fisher Bill Buckels pulled up feces in his nets near Deer Island.

Despite the city's attempt to protect urban basements during the late April storm, hundreds flooded.

The city states on its reporting webpage that untreated sewage being released from sewers into the environment "helps protect public health" as well as basements.

Raw sewage contains matter such as diluted or solid feces, urine, industrial waste, nutrients such as phosphorus and nitrogen, pathogens such as viruses [including COVID], bacteria and parasites, toxic chemicals such as pesticides and heavy metals, accord-

ing to the United Nations Environment Programme (UNEP). Sewage contaminates coastlines and causes infectious diseases linked to swimming. Algal blooms contain toxins that can be hazardous to humans and wildlife.

"Sewage released into the rivers and oceans can cause a threat to both human health and the environment," says the UNEP.

The U.S. Centers for Disease Control

Continued on page 13

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LAKESIDE FLIGHT SCHOOL

Janice Arnason chosen as Fjallkona for 134th Icelandic Festival of Manitoba

By Patricia Barrett

The Icelandic Festival of Manitoba chose Janice Arnason to serve as its new Fjallkona for the upcoming 134th festival during a brunch held last Sunday at the Waterfront Centre in Gimli.

Arnason will replace Anna Stevens, who served as Fjallkona during the 2020-2021 festival season.

"Janice has been an integral part of many Islendingadagurinn events including the New Iceland's Children's Choir, Music and Poetry in the Park, Music on the Rooftop, the Culture and Heritage Pavilion, Fashion Show, Gala and Celebrity Concert," states a news release on the festival's website.

The Fjallkona is the personification of Iceland and means lady or maid of the mountain. The tradition of selecting a Fjallkona began in 1924, according to the IFM's website. The Fjallkona is featured at each festival, sitting on a throne with two maids of honour.

Arnason has been involved with the festival for over 40 years as a committee member, board member, past president and volunteer. She is an educator and musician and volunteers for many community organizations



EXPRESS PHOTOS BY THORA PALSON

Janice Arnason (centre) with previous festival Fjallkonas

including the Evergreen Festival of the Arts, the Westshore Foundation Community Arts Fund and the Evergreen Band Boosters.

The 2022 Islendingadagurinn runs from July 29 to Aug. 1. Visit www.icelandicfestival.com for more information.



Janice Arnason, past president and long-time volunteer for the Icelandic Festival, was chosen as the new Fjallkona.

Manitoba government announces Queen Elizabeth II Platinum Jubilee Medal

Submitted by Manitoba government

A new Queen Elizabeth II Platinum Jubilee Medal (Manitoba) is being created to celebrate the 70th anniversary year of Queen Elizabeth's accession to the throne, Lt.-Gov. Janice Filmon and Premier Heather Stefanson announced last week.

"As we celebrate Her Majesty's 70 years of extraordinary service as Queen of Canada and head of the Commonwealth, this commemorative medal allows us to pay tribute to the Queen's devotion to duty and her kindness and compassion to all by recognizing citizens across Manitoba who also make service to their communities a priority," said Lt.-Gov. Filmon. "I look forward to recognizing the generous and inspiring people of this wonderful province we are so proud to call home."

The Queen Elizabeth II Platinum Jubilee Medal program will honour significant contributions and achievements throughout Manitoba during this unprecedented anniversary year, noted the premier. From June 2022 onwards, 1,000 medals will be awarded to deserving Manitobans.

"This is a wonderful opportunity to recognize Her Majesty's 70 years of remarkable service to the Commonwealth and to commend our community members for their dedication and compassion to make Manitoba a place of hope and opportunity," said Stefanson. "Manitobans have a long and proud history for giving back and I look forward to honouring and celebrating their service and achievements."

The Queen's Platinum Jubilee is the international celebration marking the 70th anniversary of the accession of Queen Elizabeth II to the thrones of seven countries including Canada on Feb. 6, 1952. She is the first monarch in Canada's modern era to have celebrated a platinum jubilee. The Queen has visited Manitoba six times, first as a princess in 1951 and most recently in 2010.

More information about the Queen Elizabeth II Platinum Jubilee Medal (Manitoba) will be available in the coming weeks.

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Homeowners along gravel provincial roads and main market roads in unorganized territories may apply to have dust control applied in front of their homesites at a cost of \$200 for a single application.

The formal application is available from your local Manitoba Transportation and Infrastructure office. The deadline for these applications will be **no later than June 3, 2022.**

For more information, please contact one of the following Transportation and Infrastructure offices:

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Call Patricia Barrett
1-204-407-6099
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letter to the editor

Kids these days

As the end of another school year in Gimli approaches, I am writing a reference letter for one of my young employees. Kids are venturing out, ready to begin their higher education journey. As I am reflecting on their accomplishments, I think: Kids these days!

These kids, these young people.

These kids have just endured a two-year-long worldwide pandemic.

These young people have missed out on special occasions like grad ceremonies, band trips and opportunities to travel with classmates.

These kids come to their places of work on time and with smiles on their faces.

These young people infuse their workplaces, this community and oth-

ers like it with energy and life.

These kids learn new skills willingly and with great enthusiasm and intention.

These young people wear masks, without being asked, because they have grasped it is their responsibility to take care of one another.

Kids these days.

They commit. They commit to their studies, to attend class, to go to jazz practice, to coach badminton, to be great team players on sports teams or in their places of employment.

They learn. They learn how to manage their time so that they can balance their schedules. They learn how to communicate well so that they can make adjustments if needed. They learn to adapt to ever-changing circumstances in their schools and workplaces.

Pre-pandemic and pandemic, these young people in our employ bring their gifts and talents to share, gifts of hope and joy. They'll do the same in the post-pandemic era.

Their technological abilities baffle us and we are constantly trying to catch up with them. They inspire us. They remind us that life is good. They work together, they talk together, they actually sing together — in harmony, at midnight, after eight hectic hours while they clean together (true story).

They know life is good even when life is hard.

Kids these days are wonderful and amazing! They always have been and they always will be, but right now, at this particular moment in time, there is something to be said for kids these days.

- By Cheryl Buhler

Who is going to push down Putin the bully?

When I was a kid going to grade school, I had an experience in our school yard that I still remember to this day. It goes like this. I was approximately 9 or 10 years of age but not totally sure but anyway, as I rounded the corner from one side of the school to the other, I noticed a girl crying and it was because a boy about her age was hitting her and when I got close to her he hit her again. I told her to hit him

back but she said no she was not going to hit him then he hit her again right in front of me. I pushed him hard to the ground and then he started to cry. Then I told him if hits her again, I was going to beat him up. Kids said that in those days. Never heard anything from the little girl about the boy again. So if you equate this story to Ukraine you have to ask yourself these questions. 1) Who is the bully? 2) Who is the crying girl? 3) Who is the person who will push Putin down?

The bully is Putin who has invaded Ukraine. The crying girl is the women, children, seniors, hospitalized and disabled of Ukraine who cannot defend themselves from the onslaught

of Putin's invasion by land, sea and air. He will continue to push until he is stopped by someone or something.

The person or persons who will push Putin down are any of the following:

A) Anyone of his inner circle. (the preferred solution)

B) Any ordinary normal Russian citizens who can see that Putin is leading them into ruin. (impoverish)

C) Military intervention of Putin's military in Ukraine only, not the people of Russia as they didn't invade Ukraine. (Dictators who live by the sword will die by the sword.)

President Biden is correct: Putin

Continued on page 7

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@expressweeklynews.ca. Please include your name, address, and phone number for confirmation purposes.

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> LETTERS, FROM PG. 6

needs to be removed from power. French president Emmanuel Macron is wrong in his assessment of the removal of Putin from power. He believes Putin will act on his threat. Putin wants all of Ukraine and the surrounding areas around Russia under his and only his control. He is being allowed to freely use his air and missile assaults on Ukraine with impunity (without retaliation) as long as he can keep the sky clear of NATO and its alliance. He is doing that by lying about his verbal threat. He lied about the invasion of Ukraine as being a military exercise. You don't use live ammo for a military exercise. He is freely having his military (land, sea and air) kill the defenceless women and children etc. of Ukraine. He is a coward because he is using his military to do his killing for him while he sits at home on his throne (so he thinks) (it is not a level playing field)(he is a con-man).

He wants an upper hand for his killing and the free world is letting him do just that. The Russian bully must be stopped but not by the U.S.A. because that would be the excuse he is looking for, to extend the conflict. He needs to be pushed back little by little until he sees the light. Then he will be removed from power by the Russian people, we all hope for their sake. Putin is causing much pain on Ukraine and also on his own people of Russia, but that does not bother him because he will try to kill any person or persons who are in opposition to him (a ruthless dictator he is).

This is my opinion only –
Edmond Rootsart



EXPRESS PHOTO FROM FACEBOOK

The Town of Winnipeg Beach declared a state of local emergency on the weekend to deal with flooding. It tore out culverts on Boundary Creek to improve water flow to the lake and to bring water levels down in order to protect properties from further flooding. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@expressweeklynews.ca.

Front line to finish line – Winnipeg welcomes the world!

Submitted

The world is coming to Winnipeg in 2023! Next summer, from July 28 to Aug. 3, 2023, the 2023 World Police & Fire Games — a 10-day, multisport event bringing together over 8,500 athletes representing law enforcement and firefighters from more than 50 countries — will get underway in Winnipeg.

Held biannually, the World Police & Fire Games are an Olympic-style competition that will feature athletes competing in traditional sport events but also some specific sport competitions unique to these games, such as the Toughest Competitor Alive, the Ultimate Firefighter and K9 police dog events.

The World Police & Fire Games are the second largest sporting event in the world, after the Summer Olympics. The Games are open to any active or retired police, firefighter or law enforcement officers and are overseen by the international governing body, the World Police and Fire Games Federation.

“These games will be an exciting event for our province to host, celebrating the dedication and service of those competing,” said Andrew Smith, Minister of Sport, Culture & Heritage, Government of Manitoba.

“We are eager to welcome police officers and firefighters from all over the world and cheer them on as they display their love of sport and pas-

sion for serving the communities they protect.”

The Games will use over 40 pre-existing sporting venues throughout the city and province with Athletes Village located at The Forks.

These games will have a significant economic impact as it is estimated that \$85 million will be brought into Winnipeg’s growing economy. This will be a turning point for Winnipeg post-pandemic in an effort to support local businesses and boost tourism.

“The 2023 World Police & Fire Games will be an exciting community-wide sport and cultural event,” said Winnipeg firefighter Chad Swayze, chair of the WPPFG 2023 Host Society who has competed at seven Games.

The 2023 World Police & Fire Games have developed a 50/50 lottery as an effort to support the games and athletes. All proceeds will go to the planning and delivery of the Games and contribute to the legacy program that will be part of the long term impact left by the Games. Tickets are available for purchase at www.wppfg2023.com.

The World Police & Fire Games 2023 Winnipeg will be the largest sporting event ever hosted in the province of Manitoba. The Games will be an exciting and rewarding community-wide sports and cultural event that will take place from July 28 to Aug. 6, 2023.

Additional efforts underway to help Ukrainian newcomers

By Jennifer McFee

Additional efforts are underway in the local community to prepare for newcomers arriving from Ukraine.

A large extended family from Ukraine will soon be moving into a five-bedroom farmhouse in Rosser, and the local community has stepped up to ensure that it's move-in ready.

Allison Churchill, who moved to Stonewall four years ago, posted on social media that she was collecting donations to prepare the home and was amazed by the quick response.

"I put the word out and literally within three days we had an amazing amount of donations," said Churchill, whose family is Ukrainian.

"My husband has been awesome at picking up stuff in the neighbourhood and doing runs with me. We ended up renting a trailer and filling it to take everything to the house."

The women from a local Hutterite colony sewed 50 quilts and dropped them off at Churchill's house to provide to families as they arrive.

"It was amazing," she said. "They also dropped off about 10 baby quilts."

One of those baby quilts went to a Ukrainian mom who delivered a baby three days after arriving in Manitoba. Churchill's cousin also put together a care package with a bassinet, diapers, clothing and other baby items, and local optometrist Dawn Dunford met up with the new mom in Ste. Rose du Lac to deliver the package.

"Between the community and friends and family, it's taken a village to literally support a village of people," Churchill said.

"We have a huge Ukrainian community here, and we all know that our ancestors started with nothing. There are going to be more families coming, so if you hear a different accent or someone who looks like they may need some directions, keep an eye out and help them."



EXPRESS PHOTO SUBMITTED

A young Ukrainian mom delivered a baby three days after arriving in Manitoba and received a number of quilts sewn by one of the local Hutterite colonies.

Every donation also helps to make a difference in someone else's life, she added.

Continued on page 11

MATLOCK RECREATION CLUB
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 Public Notice is hereby given that Manitoba Environment, Climate and Parks and Manitoba Natural Resources and Northern Development intends to conduct the following Pesticide Control Programs during 2022.

The program is needed to:

- control invasive plants and noxious weeds in Wildlife Management Areas (WMAs) and provincial parks
- control vegetation encroachment on WMA and park infrastructure
- rejuvenate native prairie in Beaudry Provincial Park

Scheduled application dates are from June 15, 2022 to October 31, 2022.

Pesticides to be used include:

Banvel VM	Buctril M	Credit 24
Crush R plus	Dyvel DSP Liquide	Mecroprop-P
Navius Herbicide	PAR 111 Commercial	2-4D Amine
Round Up	liquide Turf	Aspect
Transob	XRM-5171	

If you have comments or concerns, send them in writing to: Manitoba Environment, Climate and Parks Environmental Approvals 1007 Century street Winnipeg, MB R3H OW4
 Comments must be received by May 27, 2022.

Manitoba

> SPRING MELT, FROM PG. 2

earning \$50 and \$25 certificates. Nuspl said most of the winners decided to save their certificates to spend at the Veggie Stand in the summer.

Preparing for the spring, Nuspl decided to bring the contest back to capture the snow's progression. "The size of the snowdrifts, it's going to be quite a melt." Photographers are challenged to capture the spring thaw, illustrating the transitional season's beauty after a long winter.

"The response has been good considering how lousy the weather has been," she said. "But that also makes some of the pictures so interesting." The three winners will receive a \$35, \$65 or \$100 gift certificate. Nuspl's considering continuing the contest each season. Participants can submit their Spring Thaw photos to sandyhook-soap@gmail.com with a title until May 15. Photographers can enter one photo into the contest that will be judged on Facebook.

West Interlake presents a \$730,000 surplus

By Nicole Brownlee

In their second year with a unified mill rate, the RM of West Interlake is taking their time to lower it as much as possible for their ratepayers.

The municipality adopted a unified mill rate in 2021, combining Eriksdale and Siglunes's mill rates six years after the communities amalgamated.

Before the province required a unified mill rate, residents of the former RMs of Eriksdale and Siglunes would pay different rates.

In 2021, the RM of West Interlake's mill rate at-large was 15.385 and mill rate of the Ashern L.U.D. was 8.052.

"We are still playing around with our at-large mill rate," said Jodi Thorkelson, interim chief administrative officer for the RM of West Interlake.

"We're working on bringing it a little bit lower."

The municipality released a draft

of the 2022 financial plan on April 25 and plans to release the updated mill rate late this week.

The financial plan states the municipality ended the fiscal year with a net operating surplus of \$737,002.40, which is six times more than the council expected.

This increase follows the 2020 fiscal year's surplus, which was budgeted to be \$21,983.76 and actually amounted to \$850,750.07.

The municipality spent over \$2 million in 2021, \$700,000 less than in 2020.

For 2022, the municipality has budgeted over \$1,920,000 in capital costs, \$113,000 more than 2021.

The Ashern L.U.D. has committed \$71,000 to revamp Railway Park in 2022. The municipality has also committed \$40,000 to improve accessibility throughout Eriksdale.

In 2022, residents will see the bor-

rowing cost for the Ashern firehall and grader garage on their property tax bills. The municipality borrowed \$900,000 in 2021 to complete the project that totalled \$1,263,308.40.

Other capital budget costs carrying into 2022 are a \$110,000 charge to replace the municipality's trucks and a \$20,000 charge to update the Ashern recycling facility.

Staff costs for 2022 are expected to slightly increase compared to 2021. Last year, the municipality set aside \$329,500 to pay staff. This year, council increased their staff budget by \$27,000, accounting for their new full-time recreation director position.

In 2021, West Interlake set aside \$12,000 for asset management and spent \$70,000 on an asset management program. The municipality will receive a \$50,000 grant from the Federation of Canadian Municipalities

this year to offset the program's cost.

For 2022, the municipality has increased their asset management budget to \$14,000.

The municipality has increased their protection materials and supplies budget by 42 per cent, allocating \$62,550 to update the fire department's equipment like protective gear, radios, AED and power tools.

The transportation services budget has increased by \$74,000 for 2022 to accommodate the cost of snow clearing and maintaining existing roads.

Reeve Arnthor Jonasson did not respond in time for publication to comment on the 2022 financial plan.

A public hearing about the drafted 2022 financial plan is set for May 9 at 7 p.m. at the Ashern Centennial Hall.

Who are you walking for on May 28?

Submitted by Alzheimer Society of Manitoba

The Alzheimer Society of Manitoba is asking "Who are you walking for?" as they launch this year's 2022 IG Wealth Management Walk for Alzheimer's, taking place virtually across the province as well as on May 28 in Winnipeg at St. Vital Park at 10 a.m.

The Walk is the Alzheimer Society's largest nationwide fundraiser. Now in its 30th year, it continues to help offer programs and services to meet the needs of the over 23,000 people living with dementia and their caregivers in Manitoba.

"We are so excited to virtually walk together in support of people living with dementia across the province," says Erin Crawford, program director at the Alzheimer Society of Manitoba. "It's great to see the support online of people walking their way in May and raising funds for their communities. We look forward to cheering them on."

The need for support to those living with dementia continues to rise — it's projected to nationally reach 900,000 Canadians by 2030. More funds are required to meet the growing demand for life-changing programs and services, including education, support groups and community programs.

"IG is extremely proud to support the Alzheimer Society and their mission to alleviate the impact of Alzheimer's, while promoting the search for causes, treatments and

a cure," said Damon Murchison, president and CEO, IG Wealth Management. "We know the physical, emotional and financial burden that dementia has on Canadians. And that's why our employees and advisors are committed to helping support and empower the communities in which we live and work, through the walk, but also seminars and webinars throughout the year."

There are a number of ways you can join the 2022 IG Wealth Management Walk for Alzheimer's:

- Sign up as virtual participant or create a virtual team at [Alzheimer.mb.ca/wfa2022](https://www.alzheimer.mb.ca/wfa2022).

- Take a photo or video, up-

load it to social media and include the hashtag #IGWalkForAlz.

- Most of all, have fun raising money for a fantastic cause!



B I N G O!

Poplarfield Community Centre

Starting Date:
Wednesday, May 4, 2022
at 7:00 pm

GAMES

Jackpot - \$1500 starting at 52 #'s

SPECIALS -
Lucky Star;
Loonie Pot;
Empty House
Others - 50% of Pots

REGULARS - \$30 - \$40 TAKES
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get inspired

> MEAL IDEAS



Southwest Steaks with Creamy Peppercorn Sauce and Parmesan-Herb Fries

Peppercorn Cream Sauce:
 1/2 cup brandy
 3/4 cup beef stock
 1/2 cup heavy cream
 2 teaspoons peppercorn medley,
 coarsely cracked
 salt, to taste
 pepper, to taste

To make Southwest steak rub: In small bowl, whisk salt, pepper, thyme, paprika, chili powder, chipotle pepper, garlic powder and cumin until fully incorporated.

To make Parmesan-herb fries: Preheat oven to 425 F. Place fries on baking rack on top of sheet pan; bake 25 minutes, or until golden-brown and crispy.

In medium bowl, mix Parmesan cheese, thyme, rosemary and parsley until fully incorporated.

Remove fries from oven and toss with Parmesan herbs.

To make New York strip steaks: Season steaks generously with Southwest steak rub on both sides.

In cast-iron pan, add grapeseed oil and bring to high heat. Place steaks in pan and sear 3-4 minutes on both sides for medium-rare doneness.

Remove steaks from pan and rest 8 minutes; reserve oil in cast-iron pan.

To make peppercorn cream sauce: Add brandy to reserved oil in cast-iron pan and reduce to 1/3 volume, about 1 minute.

Add beef stock and reduce by 1/3 volume, about 2-3 minutes.

Add heavy cream and cracked peppercorn medley to pan, bring to boil and reduce to simmer until thickened. Season with salt and pepper, to taste.

Recipe courtesy of Omaha Steaks Executive Chef David Rose

Prep time: 10 minutes

Cook time: 25 minutes

Servings: 2

Southwest Steak Rub:

1 tablespoon kosher salt

1 teaspoon black pepper

1 teaspoon dried thyme leaves

1 teaspoon smoked paprika

1/2 teaspoon ancho chili powder

1/2 teaspoon ground chipotle pepper

1/2 teaspoon garlic powder

1/2 teaspoon cumin

Parmesan-Herb Fries:

1 package (16 ounces) Omaha Steaks Steakhouse Fries

1/2 cup Parmesan cheese, freshly grated

1 tablespoon fresh thyme leaves, minced

1 tablespoon fresh rosemary leaves, minced

1 tablespoon fresh Italian parsley, minced

New York Strip Steaks:

2 Omaha Steaks Butcher's Cut New York Strips

Southwest steak rub

1/4 cup grapeseed oil

2 ounces unsalted butter, cold



Bean, Tortellini and Pesto Salad

grape tomatoes (optional)
 halved cherry tomatoes (optional)
 chopped bell pepper (optional)
 thinly sliced green onions (optional)
 Drain bean salad, reserving 1/2 cup liquid. In bowl, combine reserved liquid, pesto and salt, if desired; set aside.

Cook tortellini according to package directions; drain, rinse in cold water and drain again. Add pesto dressing; toss to coat. Add grape tomatoes, cherry tomatoes, bell pepper and green onion, as desired. Toss with bean salad.

Serve at room temperature or chilled.

Servings: 6

2 cans (15 ounces each) READ 3 or 4 Bean Salad

1/4 cup prepared basil pesto

1/2 teaspoon salt (optional)

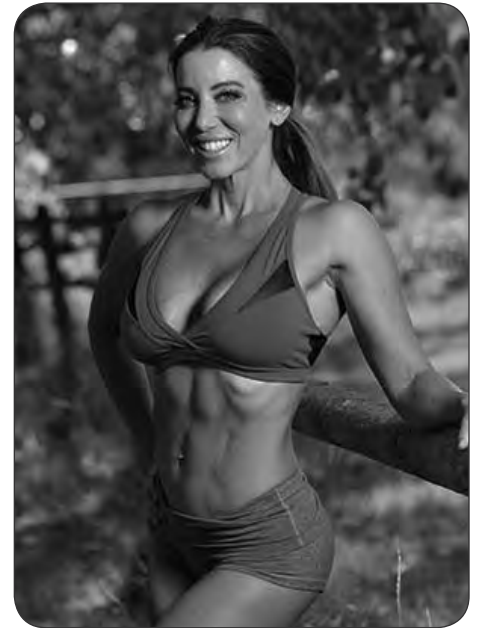
1 package (9 ounces) refrigerated tortellini

30 Minute Fat-Blasting Workout

By Fitness Expert Julie Germaine Coram

If your goal is to lose body fat sustainably, you'll need to adhere to a healthy diet full of nutritious foods and push yourself to train harder during consistent workouts. Here is a fitness program that is going to help you shred body fat while building your glutes. Watch the video here for exercise instruction: <https://www.juliegermaine.com/fat-burning-booty-workout>
 The Workout

Pair any two exercises together and do each for 60 seconds, then rest for one to two minutes. Repeat two more times including rest period, then move on to the next pair of exercises. Perform each exercise three times.



Health and Wellness Fitness expert
 Julie Germaine Coram

Exercise	Sets	Reps
High Step Ups with Knee Drive	3	1 minute
High Toe Taps	3	1 minute
Lower Body Elevated Glute Hip Thrusts	3	1 minute
Bench Jump Overs	3	1 minute
Banded Side Shuffle	3	1 minute
Lower Body Elevated Plank Walk Overs	3	1 minute

Reach for whole grains, like brown rice or quinoa, and avoid refined carbohydrates like white bread or pasta.

- Enjoy a cup of coffee, but try to drink it black or just with a splash of milk instead of full of sugar.

- Add strength training 2-5x/week and incorporate cardiovascular activity regularly.

- Consistency is more important than intensity! Pace yourself and be proud of every effort you make during your fitness journey! You're doing what it takes to achieve your fitness goals!

Would you like to lose 2" from your waistline in the next 30 Days? Join my VIP Fat Loss Challenge! Secure your spot asap – limited space available. Visit: www.calendly.com/juliegermaine or email info@juliegermaine.com

Coach Julie Germaine Coram is a Manitoba-born fit mom, 2x International Pro Fitness Champion, Miss Fitness Manitoba, Certified Nutrition & Renowned Fitness Expert. She has helped thousands of men and women improve their health since 2005.

Rocky Road Popcorn Clusters



Yield: 3 dozen
 1 bag (6 ounces) semi-sweet chocolate chips
 1 teaspoon vegetable oil
 4 cups popped popcorn
 1 1/2 cups miniature marshmallows
 3/4 cup chopped walnuts

In small microwave-safe bowl, heat chocolate chips in microwave on high 1 minute, until melted. Stir in vegetable oil.

In large bowl, add popcorn, marshmallows and walnuts. Pour melted chocolate over mixture, tossing to coat.

Drop mixture by tablespoonful onto wax paper-lined jellyroll pan.

> SUPPORT FOR UKRAINE, FROM PG. 8

"They've been through so much. Some are coming right from the heart of the fighting. It's traumatizing enough to move to another country, never mind leaving your husband behind," Churchill said.

"We were trying to make it as easy for them as possible. It might be lots of little things, but when you add it all up, it's a big community effort."

Churchill has stepped away from collecting donations for now, and Betty-Anne Georgeson has taken up the cause to continue preparing the farmhouse. She's currently seeking donations of two TVs, a stackable washer and dryer, a vacuum, a small freezer, small lamps, window coverings, living room chairs and monetary contributions. She also noted that the newcomers will likely be looking for work, so it would be great to find out about job offers.

Anyone who would like to help can email her at b_georgeson@yahoo.ca. Georgeson also invites anyone else who is setting up a house for Ukrainian newcomers to reach out to her because she might have additional items to share, and she thanks the community for their help.

Similarly, Stonewall resident Antonella Bertone says a bit of a local

collective has banded together in efforts to help.

"I've already helped two families settle in. One is at the Perimeter and Main Street and the other is in the city," she said.

"The family I brought was a mom with her two children and sister-in-law. The men have stayed behind fighting. My cousin in Winnipeg actually offered them a brand new two-bedroom, two-bathroom home for a year, and then we had to fill it with beds and everything else."

Bertone organized a donation drive the week before the family arrived and invited people to drop off items at the home.

"It looked like a parade. People were dropping off bedroom sets and a brand new kitchen table. People were going out and physically buying brand new items to bring," she said.

"They'll be fully clothed for probably the next two years. One family came forward and said they'll buy them milk, bread and necessities for three months. At this point, anything helps."

Since there are a lot of moving parts in the process, Bertone points to a few resources for those who would like to

help. She suggests connecting with the Canadian Ukrainian Congress (Manitoba) at uccmanitoba.ca or 204-342-9348. She also suggests checking out the Facebook page called "CAN-ADA - Host Ukrainians / Hébergeons les Ukrainiens."

In addition, Economic Development Winnipeg and its business development team, YES! Winnipeg, will be working with local companies and partners to support Ukrainian nationals who are considering moving to Manitoba. They've launched a Ukraine talent initiative for Manitoba businesses willing to hire Ukrainian national job-seekers on a temporary or permanent basis. More information is available at winnipegtalenthub.com.

As well, the Winnipeg Airports Authority has partnered with the Ukrainian Canadian Congress (Manitoba) to provide their volunteers a space to set up a welcome desk at the airport to help Ukrainians who are arriving in Manitoba.

The provincial government has also

set up a reception hub at the Best Western Hotel near the airport where Ukrainian newcomers can receive a variety of services, including access to a Manitoba Health card.

Volunteers who can speak Ukrainian are in demand. For more information, email info@uccmanitoba.ca with "Reception Hub Volunteer" in the subject line.

Those interested in hosting a family can visit icanhelp.host.

In addition, Manitoba is home to 12 Ukrainian immersion schools in Manitoba, 11 public and one private. The private school has waived tuition for Ukrainian newcomers. Information is available through the Manitoba Parents for Ukrainian Education website at mpue.ca.

For local information, Bertone has launched a Facebook page called "Interlake Ukrainian Immigration Resource Page."

Bertone is also open to sharing information with anyone who might like to help. She can be reached at casaid@shaw.ca.

Community Support Service

AI-Anon Gimli and Winnipeg Beach

Meeting place
17B North Colonization Rd.
Gimli (Next to the New Horizons)

Meetings are Wednesdays
between 7 and 8 p.m.

Contact 204-389-4777

AA Winnipeg Beach

Lady of the Lake RC Church
Corner of Hwy. 9 and Lake Ave.,
Winnipeg Beach

Meetings are Saturdays
between 7 and 8 p.m.

Contact 204-340-1855

Gimli Group AA

Bldg 18 Municipal Rd
Industrial Park

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Womens Mtgs Thurs at 10:30 am

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RM of Gimli offers 180-bed facility in Industrial Park to refugees from Ukraine

By Patricia Barrett

The Municipality of Gimli has reached out to the Ukrainian Canadian Congress (UCC) and a provincial refugee task force to let them know it has an empty building that can house up to 180 refugees from Ukraine should the need arise.

The 180-bed facility in the Gimli Industrial Park was used by cadets for summer military programs such as glider training.

Gimli Mayor Lynn Greenberg said last week the RM wants to help the



EXPRESS PHOTO BY SHARON MULDER
Cindy Genik, who is part of an Interlake Ukrainian refugee committee, painted Ukraine-themed rocks to keep the spirit of hope alive as Russia continues its invasion and assault on Ukraine and displaces millions of people.

various organizations co-ordinating housing and other supports for refugees coming to Manitoba.

“The RM of Gimli is offering the building to the refugees, and we’ve been in contact with the UCC. They’re welcome to use the building, but we would have to charge for hydro and staff to operate the kitchen and other areas,” said the mayor. “That would have to be put into a service agreement with the RM and one of the senior levels of government, whether the province or the feds.”

Greenberg said he made a presentation regarding the facility to the provincial task force at a recent meeting of the Association of Manitoba Municipalities in Brandon.

“The task force said they will get a hold of the RM when the time is right,” said Greenberg.

The provincial government established a Ukrainian Refugee Task Force in March to prepare for and coordinate the settlement of Ukrainian refugees coming to Manitoba. It falls under the Manitoba Emergency Measures Organization.

“This co-ordination work includes governments, the Ukrainian Canadian Congress and other Ukrainian-Canadian organizations, the settlement



EXPRESS PHOTO BY MATTHIEU MEIER

The municipally owned training centre in the Gimli Industrial Park can house up to 180 people.

sector, community groups and other non-government organizations,” states a March 28 provincial news release.

The federal government will determine how many refugees can come to Canada, and the provincial task force will coordinate and facilitate housing, health and mental health services, education, child care, social assistance and job assistance, according to the release.

Interlake resident Cindy Genik, who has taken part in fundraising efforts for Ukrainian refugees, said she’s hoping the Gimli facility will be put to good use, and that the government will step in with funding for food and hydro.

“It’s amazing to have the municipality offer beds at the training centre. It’s a huge building that has a mess hall and an industrial kitchen. It has beds, it has been cleaned and it’s all ready to go. The RM just needs government funding to run the building,” said Genik. “Watching what’s happening on the news, we’re thinking, ‘Give these people a safe place to sleep and feed them.’ Then we’ll get them on their

feet. We have to do more.”

Genik and Interlake residents Romanna Klymkiw and Allison Magnusson formed a Stand with Ukraine refugee committee, and they’ve collected clothing and other household items for Ukrainians who have already settled or will be settling in the Interlake. The RM of Gimli lent them a building, just across the road from the training centre, where they’ve set up a clothing depot.

When they’re ready, Ukrainian refugees are free to take whatever they need to help them settle into their new lives in the region.

Genik said she’s aware of a government living allowance for Ukrainian refugees that would temporarily house them in hotels, but the Gimli facility would be a cheaper option. And she’s aware of jobs available for refugees in the Gimli area as well as in other areas.

“Instead of having them stay in a hotel, bring them to us and we can house them and give them a job in less than six weeks,” said Genik. “That will save the government money in the long run.”

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15 Regular Games @ \$60.00
(reduced games with low attendance)

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FIRST SPECIAL	\$939.00 +
BONANZA	\$12,688.00 +
LUCKY 7	\$0.00 +
STAR	\$1,041.00 +
WEEHOUSE	\$2,374.00 +
HOUDINI	\$15,212.00 +
LOONIE POT	\$78.00 +

(Estimated amounts at time of publication)

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IG WEALTH MANAGEMENT WALK FOR ALZHEIMER'S
Alzheimer Society

> WASTE, FROM PG. 4

and Prevention says people who work with sewage may be at increased risk of becoming ill from waterborne diseases, and advises they wear personal protective equipment such as eye goggles and face shields to protect from splashes, liquid-repellent coveralls, waterproof gloves and rubber boots.

Gimli Beach and other beaches along Lake Winnipeg can often register high E. coli levels in the summer that result in warnings posted on beaches. The province contends gulls are responsible for E. coli.

Commercial fisher Bill Buckels called the city's latest release yet another "shit-bombing" of Lake Winnipeg, and may result in something along the lines of the "great shit-bombing of 2018" when he and other fishers working near Hecla Island pulled up feces in their nets day after day and got covered in it head to toe.

"This latest shit-bombing by the city is an act of war. This is an attack by the citizens of Winnipeg and their leaders," said Buckels. "How they even have the authority to poison the lake and the fish is beyond belief. This will affect my livelihood, my neighbours and everyone else who wants to enjoy the lake. Mother Nature demands retribution; to begin with, let's cancel all angling licences held by Winnipeg residents."

Besieged by that huge swirling mass of feces in the fall of 2018, Buckels had collected samples of it and paid to have it analyzed by a city laboratory. The lab identified it as feces. Water scientist and retired university professor Eva Pip, who read the lab report,

seconded it. The province, however, said it wasn't feces but likely klebsiella. Kleb is a bacterium that's found in stool.

Buckels said it doesn't matter if "turds" from this 60-million-litre spill float into fishers' nets, as they had in 2018 and in succeeding years, because the province — which is responsible for penalizing polluters and has the power to suspend operating licences — will just "cover it up."

Gimli Mayor Lynn Greenberg said city sewage spills happen "too many times" and he plans to discuss it at the next meeting of the [Lake Winnipeg] South Basin Mayors and Reeves, which consists of elected leaders from several communities around the lake.

"The commercial fishers are not impressed. Nobody is impressed by this," said Greenberg on the weekend. "I understand the city has its infrastructure challenges, but we need senior governments to find a solution to this. The city is probably trying their best, but the dollars aren't there to fix all these things."

One thing the city could do to stop polluting waterways is build a large wastewater lagoon to temporarily store waste, he said.

"If the City of Winnipeg built a large sewage lagoon, they could divert sewage to it during emergency situations. They shouldn't be sending it into the river and on to Lake Winnipeg. That's just not right," said Greenberg. "I worked in construction many years ago and I know that lagoon systems are simple and cost-effective ways to handle sewage."

The mayor said a majority of Mani-

Reports on untreated sewage

As requested by the Province of Manitoba, we report on the incidents of untreated sewer release into the environment as a result of a disruption to our wastewater collection system. These events are usually the result of something unanticipated like a water main break or a power outage. When sewer operations are disrupted, the sewage can be released into the environment, which helps protect public health and prevent property damage like basement flooding.

Select a year: 2022

2022

Date	Location	Estimated amount	Estimated duration	Cause
Apr. 25	905 Cockburn Street, 246 Churchill Drive, and 3 Mager Drive West	59.6 ML	Approx. 1 day, 22 hours and fifty-five minutes	Treatment plant capacity exceeded
Incident details and response				
Apr. 6	300 mm combined sewer outfall located at 25 de la Digue Avenue	0.14 ML	Approx. 1 hour and 9 minutes	Power failure
Incident details and response				
Mar. 25	2300 mm combined sewer outfall	0.49 ML	Approx. 2	Temporary pump

EXPRESS CITY OF WINNIPEG

As per provincial direction, the City of Winnipeg must make notorious its releases of raw sewage for which there are no penalties other than shame. For almost two straight days, the city let 59.6 million litres (ML) of untreated waste pour straight into the Red River, which flows into Lake Winnipeg.

toba's towns, including Roblin and Melita, have sewage lagoons rather than wastewater treatment plants. Plants rust up, break down and "need millions" to fix.

"Everyone has problems when it comes to wastewater treatment plants, and they have to run to the provincial and federal governments and beg for money," said Greenberg.

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<p>Monday to Thursday 9 am - 7 pm</p> <p>Friday 9 am - 5 pm</p> <p>Saturday 10 am - 4 pm</p>	<p>Monday & Wednesday 8:30 am - 7 pm</p> <p>Tuesday, Thursday & Friday 8:30 am - 5 pm</p> <p>Saturday 10 am - 4 pm</p>
<div style="background-color: #2c3e50; color: white; border-radius: 10px; padding: 2px 10px; display: inline-block;">Closed Sunday</div>	<div style="background-color: #2c3e50; color: white; border-radius: 10px; padding: 2px 10px; display: inline-block;">Closed Sunday</div>

Both offices will be closed Friday April 15, 2022 to observe Good Friday

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Wondrous WEDDINGS



5 trendy wedding colours for 2022



If you're planning a wedding but still undecided about what colour scheme to use, consider choosing a hue that's in vogue in 2022. Here are five trending wedding colours.

1. Egg-yolk yellow

This vibrant and energetic shade is perfect for summer weddings. It goes great with white, grey, light pink and black.

2. Terracotta pink

This vintage shade of pink will add a touch of romance to your big day. It's a delicate colour that can be paired with other pastels like blue, yellow and pearl grey.

3. Denim blue

Denim is a versatile colour that's suitable for any season. It can be combined with just about any shade.

4. Mint green

Add a fresh twist to your wedding day with mint green. Pair this colour with black to create a modern look or pastel pink for a whimsical feel.

5. Black

Black is chic and can be incorporated into your decor as either an accent shade or focal point. It's both contemporary and timeless and can make bright colours pop. When combined with gold and silver, black adds elegance and refinement.



To make your celebration a success, consider hiring a professional wedding planner.

5 original wedding themes

Are you planning a wedding? If you're currently getting ready for your big day and looking for an original theme, here are five you may want to consider.

1. Candy

Choose decor elements in bright colours that evoke sweets, candies and pastries. You can tie this theme together by setting up a candy bar for your guests.

2. Fairy tale

Book your venue in a castle-like setting, choose an outfit worthy of royalty and arrive in a horse-drawn carriage. You could also include props from the fairy tales you love to decorate the tables.

3. Globetrotter

Incorporate suitcases, passports, airplanes and maps into table settings, photo booths and other decor. You could also decorate each table to represent a certain country or continent.

4. Rainbow

Hang origami flowers, balloons or umbrellas in an array of hues from the ceiling, and decorate your chosen venue with accessories in all the colours of the rainbow.



5. Retro

Decorate your venue with vintage accessories and second-hand furniture, and visit your local thrift store to find old-fashioned cutlery, vases, tablecloths and picture frames.

To stock up on accessories that match your theme, contact a wedding planner or visit your local stores.

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Interlake municipalities dealing with frozen ditches, washouts and flooding

By Patricia Barrett

Interlake municipalities have been dealing with the fallout from major storm events in April that have resulted in blocked drains, road washouts and overland flooding.

Last week the municipalities of Gimli, Winnipeg Beach, Arborg and Fisher were among a number of municipalities across the province to have declared a state of local emergency — which gives authorities extra powers to prevent or limit loss of life and property damage — after heavy rainfall resulted in flooding.

In the Municipality of Armstrong, Reeve Susan Smerchanski said crews were out with a backhoe to try to clear snow and ice from ditches that are impeding drainage, and some culverts are being steamed. But the RM is facing a “real challenge” with fluctuating temperatures and snow and rain storms that Mother Nature has “dumped on us.”

“It has been warm and cold and warm and cold. With those thawing and freezing cycles, the ice levels on our drainage ditches are getting built up; they’re thick and as hard as concrete and stop the water from flowing,” said Smerchanski last week. “With the snow we had in April, the ditches got filled in again. The snow



FACEBOOK PHOTO FROM MARK YANISHEWSKI
Mark Yanishewski captured a wide swath of flooding on Road 15E, just north of the Meleb Drain (between highways 7 and 8).

insulates the ice at the bottom so we’re only getting a trickle of water, not like the normal runoff in the spring.”

Water from Armstrong flows east towards Lake Winnipeg. If it can’t flow in the ditches or through culverts that are blocked with ice, it will spill onto

Continued on page 17



EXPRESS PHOTO BY RICK AMMAZZINI

Rick Ammazzeni in Winnipeg Beach posted a photo of a flooded Beachside Road between Trevino and Highway 8. He said: “Don’t even try.”



PHOTOS BY SID MAKSYM AND PATRICIA BARRETT

An overland flood warning for the Interlake remained in place over the weekend with most ditches and waterways full or near their capacity. The recent heavy rain and saturated soils are creating overland flooding in many areas.



> FLOODING, FROM PG. 16

fields and roads.

"You try to keep the water within the banks [of the ditches], but in some areas it's creeping up over the roads and flowing into fields," she said. "It's going everywhere because of the amount of water we're getting and the amount of snow we've had."

In addition to the RM monitoring its drains, Smerchanski said the province is looking at its own drains.

"We have provincial drains running through Armstrong, and Manitoba Infrastructure staff have been monitoring everything in different areas to see what's going on," said Smerchanski. "MI said the ice is a barrier and the drains are really hard to deal with. This is going to take some time."

She said water has damaged roads across the Interlake, forcing a number of municipalities to close them.

"The roads get soft when they're soaking wet. You can't drive on them. You can't put trucks and semitrailers on them," she said. "A lot of people think you can bring out some gravel to fix them, but it won't last; it will just get washed away."

Any roads that are closed because of washouts have to be reported to 911, she said, so that EMS personnel know not to travel on them when they get a call.

RM of Gimli Mayor Lynn Greenberg said this spring has been the "worst I've ever seen" and the RM can't keep up with the freezing and thawing cycles and heavy precipitation.

The municipality had two backhoes and steamers working flat out to clear ditches and culverts and get the water running, he said last week. They were focusing on clearing channels to the lake to help with water flow from the west, as well as working on the "worst spots" to try to prevent flooding in low-lying areas and property damage.

"We had a backhoe on the Arnes line yesterday (last Wednesday) and one the day before. They were also working on the Boundary line and Camp Morton. Right now, they're on Willow Creek west of Highway 8 because there's a problem there," said Greenberg. "They're going steady all the time. We also have contractor that had a go out west to get the water moving. They had a lot opened up and then it all got blocked in again with these crazy snowstorms."

Some properties that were built in the 1940s and 1950s along certain drains in the RM may be especially vulnerable to flooding because the properties weren't raised, he said.

By last weekend, when the province was hit by another heavy rain event, Greenberg said in an update that most of the ditches had been cleaned

out and the water was flowing. But the rain was compounding the situation and the RM declared a state of local emergency.

The municipality posted a notice on its website for those who've already experienced property damage as a result of flooding. People are advised to contact their insurance provider to see what damages are covered as disaster financial assistance (DFA) "does not pay for perils that can be insured and does not top-up insurance," states the April 28 notice.

People without insurance can complete a DFA application on the provincial government's EMO webpage although a DFA program has not been established by the government.

The Town of Winnipeg Beach declared a state of local emergency on the weekend to deal with flooding. It tore out culverts on Boundary Creek to improve water flow to the lake and to bring water levels down in order to protect properties from further flooding. It also instructed residents to divert their sump pits to ditches because the town's sewer system had reached capacity.

"Due to high water our sewer system is at capacity," states a notice on its website. "Please make sure that all sump pits are directed to the ditches and not into your septic tank or the sewer."



Pysanky classes reconnect Ukrainians to tradition

By Nicole Brownlee

The tradition of decorating eggs spans thousands of years and several cultures. Eggs can symbolize new life, spring and, in Ukrainian culture, the sun.

"A lot of the roots of decorating eggs and the symbols that are made on them come from pagan history," said Janet Palin, who has decorated eggs for decades.

Palin learned how to traditionally decorate eggs at the Ukrainian Cultural Centre in Winnipeg when she was around six years old.

"I like the precision. I like the detail, the lines," she said.

"It makes me feel connected to my heritage."

Pysanky, derived from the "to write," is the Ukrainian practice of "writing" on eggs.

Traditional designs depict the sun, triangles and lines, which symbolize blessings, good fortune and a fruitful season.

"Once Christianity was introduced ... symbols like triangles, which were a symbol of earth, fire and water became the Father, Son and Holy Ghost," said Palin.

Artists use a stylus, called a kistka, dipped in wax to sketch shapes across the delicate shell.

The egg is then dipped into a dye that coats the surface, except for the spaces lined with wax. The wax-resist technique is known as batik and can be described as colouring in reverse.

The maker repeats the wax and dip dye process until they are satisfied with the pattern.



EXPRESS PHOTO PROVIDED BY JANET PALIN

Janet Palin has come a long way since her first pysanka she created when she was six years old.

Carefully positioning the egg near a candle, the wax is melted and rubbed off the surface of the shell, leaving a smooth, colourful creation.

Decorating eggs is most popular around the Easter season, but Palin practises the art year-round.

Palin takes care to section her egg and sketch designs using a pencil before she starts adding wax, which can take her up to four hours.

"I'm pushing myself to do everything I used to

always shy away from," she said.

"I'm always trying to improve."

Selecting colours and dyeing the egg then takes several hours, depending on the complexity of her design.

Friends reach out to Palin to learn the pysanky technique, which she will also teach at the Green Acres Art Centre in Teulon.

"(Pysanky) has been a passion of mine for most of my life, and now I get to share it with other people," she said.

"It makes me very happy that people want to learn how to do this art."

Palin's classes at GAAC will teach simple patterns for beginners to start learning the technique.

"I just hope I can pass along a love of the art."

This is the first year GAAC has offered pysanky classes, and president Lana Knor hopes the tradition will continue.

"I have always wanted to host these classes," said Knor.

GAAC will keep offering the pysanky classes as long as the community is interested.

Pysanky classes will be held on May 9 from 1:30 p.m. to 4:30 p.m. and 6 p.m. to 9 p.m. at GAAC. A class costs \$30 per participant. Tools and supplies will be provided.

Kits to make pysanka at home are also available.

To register for classes, email gaac@mymts.net.

Gimli teachers moving



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EXPRESS PHOTO COURTESY OF KELLY CROY

Dr. George Johnson Middle School teachers Kelly Croy, left, and Heather Clarke, right, took part in a free night-time Zumba class led by licensed instructor Jan Keryluk, who is better known around Gimli and area as Zumba Jan. Keryluk offers a variety of classes that help people get and stay healthy, churn out those feel-good endorphins and forget their cares. Croy said they received a nutritious snack after the class. There will be another free Zumba night at the school on Thursday, May 26 from 6-7 p.m.



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Medical procedures backlog grows to over 169,000

EMS wait times highest in Interlake

By Patricia Barrett

Manitoba's surgical and diagnostic procedures backlog continues to increase, according to the latest data from Doctors Manitoba, but the rate at which it's increasing has somewhat slowed.

The physician advocacy organization, which has been tracking the pandemic-induced backlog of procedures for Manitobans for almost a year, updated its public dashboard last Friday.

It now estimates there are 169,198 procedures in the queue, an increase of 1,311 procedures since March. There are delays in accessing health-care services such as cardiac surgeries, hip/knee replacements, lung function tests, MRIs, ultrasound scans, endoscopies and allergy tests.

The "biggest barrier" to clearing the backlog, said Doctors Manitoba, is a shortage of nurses and other health-care staff.

"While it's disappointing to see the estimated backlog grow again, the rate of growth has started to slow down," said Doctors Manitoba president Dr. Kristjan Thompson in an April 29 statement. "This reflects what we are seeing on the front line, with more and more staff returning to operating rooms and other areas, helping the system get closer to its pre-pandemic baseline volumes. That said, physicians are looking for a concrete plan from the province on addressing the shortage of nurses, technologists and other professionals needed to catch up and keep up with testing and surgeries."

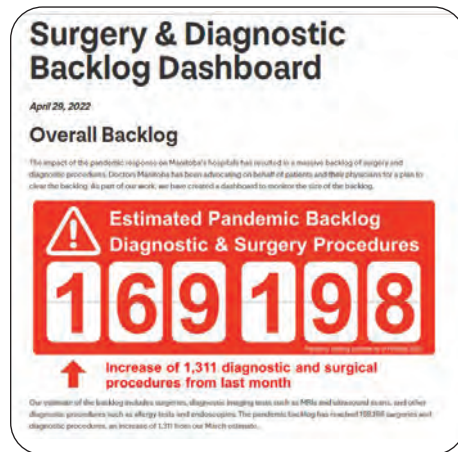
The organization said it has had discussions with the government about its backlog data, but "provincial health officials have not yet shared any additional data to help with refining the backlog estimates."

Doctors Manitoba said it has filed a freedom-of-information request to acquire that data.

Other health-care news:

- The spread of COVID in Manitoba continues, with an increase in cases detected by PCR testing. In its weekly surveillance report for April 17-23, the government reported 1,436 lab-confirmed COVID cases, 200 new hospital admissions, of which 12 cases required admission to intensive care, and 13 more deaths.

In the week previous (April 10-16), there were 1,190 lab-confirmed CO-



DOCTORS MANITOBA

The surgical and diagnostic procedure backlog increased by over 1,300 procedures since March; there are now an estimated 169,198 procedures in the queue.

VID infections, 206 new hospital admissions, of which 22 required intensive care, and 12 more deaths from the virus.

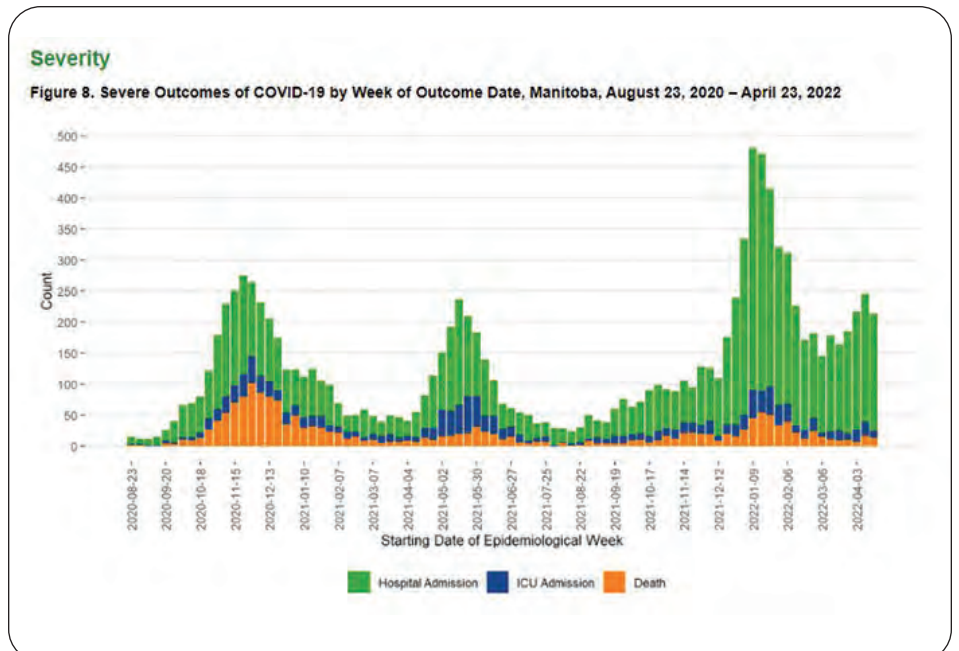
The *Express* asked the province's Shared Health organization for the total number of people in hospital with COVID as of April 28 or April 29. Shared Health was unable to provide that data as it is "owned by the Provincial Information Management and Analytics team." Shared Health forwarded the request to the province. The province responded but didn't provide the data. Shared Health, however, was able to provide ICU data.

"As of midnight [April 28], there were 97 patients in intensive care. This includes both patients receiving COVID and non-COVID care," said the spokesperson.

Although 79.2 per cent of Manitobans are fully vaccinated (data provided in the weekly surveillance report), researchers have shown that the omicron variant and its subvariants are able to evade vaccine-induced and natural immunity. The variants can also reinfect people who've already been previously infected.

The provincial government lifted all basic public health measures such as masking and social distancing in March, saying it expected an uptick in the number of people who would get infected and require care. It also closed a number of PCR testing centres across the province. Three remain open in Winnipeg for "only eligible people" such as pre-op patients or "eligible symptomatic people." The results of rapid antigen tests are not tracked by the province.

- A COVID outbreak was declared April 27 on the maple south unit of the Tudor House personal care home in Selkirk by the medical officer of



PROVINCE OF MANITOBA

Hospital admissions from COVID are rising, according to this provincial graph, and are slightly higher than they were a year ago, in May 2021, when hospitals and ICUs were overwhelmed by infected people needing care.

health for the Interlake-Eastern Regional Health Authority (IERHA).

- EMS wait times in the Interlake have seen the "highest" jump among provincial health regions, according to ambulance ground data shared by the Manitoba NDP last week. The lengthy waits come down to a paramedic staffing crisis.

The NDP tabled documents in the legislature showing rural ambulances being out of service for over 19,000 hours in December 2021. In the Interlake, response times have climbed 35 per cent since 2018.

"When you call 911, you need an ambulance to hit the road right away, but that's just not the case in rural Manitoba under the PCs," said NDP health care critic Uzoma Asagwara in a news release. "The PC government has known about the rural paramedic staffing crisis for over a year, but instead of coming up with solutions they are letting wait times get longer and longer while families and front-line health care workers pay the price. Rural families deserve a government that fixes the staffing problem and ensures they can get care when they need it."

In order to help recruit and retain paramedics in rural Manitoba, NDP leader Wab Kinew said the government needs to pay them "fair and competitive" wages.

- Rural residents with their own automated external defibrillators (AEDs) and/or first aid training cannot be utilized by the province in an emergency situation. Resident names are not compiled on a back-up list of

people who could help a neighbour or someone else in their community in the event that EMS is delayed.

A spokesperson for Shared Health said such lists aren't kept because the individuals with first aid are not licensed to provide care to "the standards expected of emergency responders" and could not be relied upon to respond "at a moment's notice."

"Contingency planning is in place to respond to [health-care system] staffing challenges that may arise, including asking other staff to work more hours or pick up extra shifts," said the spokesperson. "Paramedics throughout the province are also strategically positioned throughout the province that utilizes computer modelling and predictive deployment, allowing for adjustments to minimize any short-term challenges."

For low acuity patients that need transporting to a facility, the province is using alternative transportation alternatives in order to free up more staff, said the spokesperson.

"Finally, efforts are ongoing to recruit more staff to increase paramedic coverage and reduce Manitoba's reliance on overtime or on-call staffing," he added.

- Dr. David Matear, who served as the IERHA's chief executive officer, was appointed provincial executive director of the Diagnostic and Surgical Recovery Task Force. The IERHA said in an April 26 statement that it had "benefitted greatly" from his management. Marion Ellis was appointed CEO.

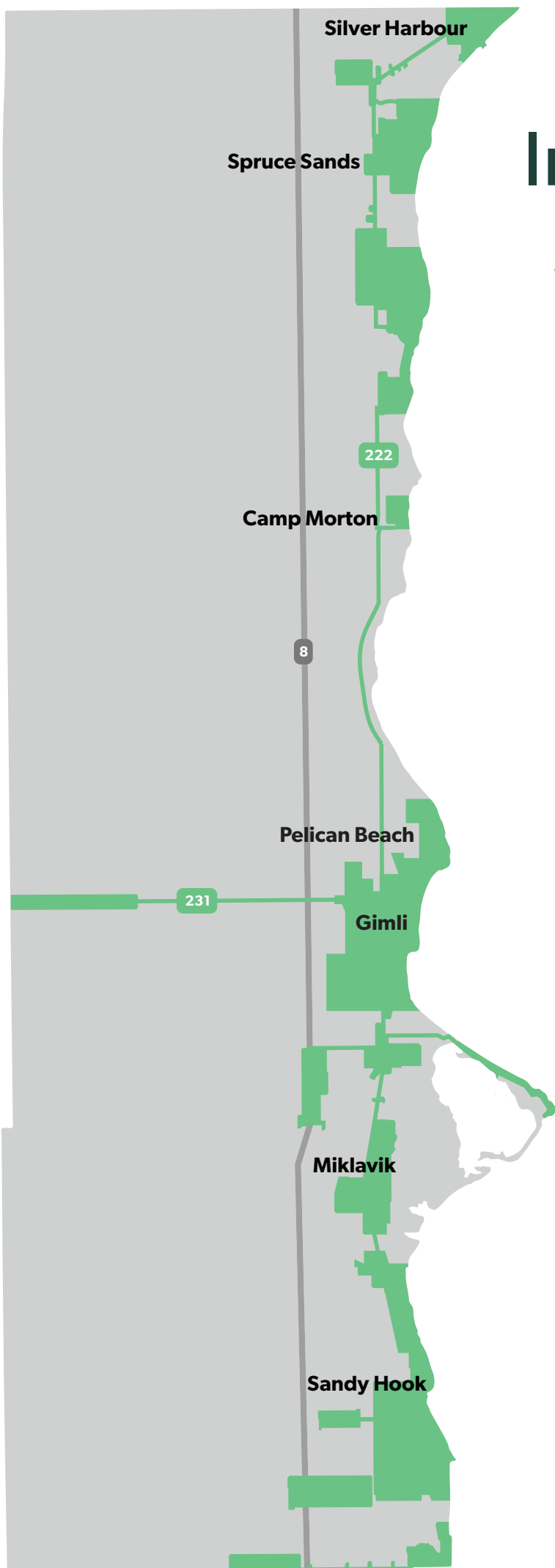
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Tourism boost: Coldwell CF supports Lundar rest stop

By Nicole Brownlee

Unused space in the RM of Coldwell is getting a facelift to create a community gathering space.

Debbie Valiquette approached the RM of Coldwell about updating the derelict Lundar petting zoo in late 2021.

Valiquette did not respond in time for publication to comment on the project.

"The petting zoo has been there forever," said Breanna Rae, recreation director for the RM of Coldwell.

The Lundar Agricultural Society annually used the structure during the Lundar Fair.

After transitioning a part of the space into a multi-sport cement pad and the Lundar Skateboard Park in 2021, the Ag Society agreed to also allow the redevelopment of the petting zoo space, said Mike Kostyshyn, president of the Ag Society.

This year's fair on June 10 and 11 will also have a petting zoo area but will use an old horse barn closer to the festival grounds instead.

After the fair, the Ag Society will reconvene to decide if they need a better location for the petting zoo.

"We want to revamp it so that it's not just an empty building," said Rae.

The community plans to replace the concrete pad, build storage and create a space for people to barbecue.

"We've noticed that a lot of people driving through town will stop at the



EXPRESS PHOTO SUBMITTED

The Lundar petting zoo will be renovated into a family picnic and barbecue area by fall 2022.

park, so we thought this could be like a tourist rest stop," said Rae.

The project received a \$1,000 grant from the Coldwell Community Foundation to kick off this spring. Rae expects the renovation will cost around \$7,000 in total and finish around fall.

"If there's anybody who wants to financially support the project, or sponsor or know of any grants available, that would be very helpful," said Rae.

"Like many community projects, the want is there, but it comes down to funding."

For more information on how to support the project, contact Breanna Rae at rec.coldwell@mymts.net.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Interlake 1-3 at Rising Stars Tournament

Staff

Interlake finished with a 1-3 record at Hockey Manitoba's CCM Rising Stars Tournament at the Bell MTS Iceplex last weekend.

Interlake wrapped up play with a 12-0 loss to Eastman on Sunday afternoon.

On Saturday, Interlake defeated Norman 5-2.

Interlake, which held period leads of 2-0 and 4-1, received goals from Damon Marquart, Jacob Keck, Carter Reykdal, Nate McIvor and Liam Connolly.

Keck, Reykdal and Mason Van Kemenade each had two points in the game.

Interlake started the tournament with a 5-1 loss to Central Plains on Friday.

Van Kemenade scored in the losing cause, assisted by

Nathanael Loewen.

Interlake was then edged 5-4 by Yellowhead on Saturday.

Goal scorers were Ty Johnson, Van Kemenade, Myles Murray and McIvor.

To see more photos of your favourite Interlake Athletes

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Peguis Juniors win fifth-straight KJHL title

Staff

The Peguis Juniors have won the Keystone Junior Hockey League championship for the fifth consecutive time.

Peguis defeated the NCN Flames 5-4 in overtime on April 26 to win the best-of-seven final series in six games.

Juniors' defenceman Kyle Cochrane scored the game winner on the power play in OT. It was his third goal of the game.

Peguis' Ayden Manningway had tied the score at 4-4 with just 1:27 remaining in the third period.

Cochrane and NCN's Chris Pynn traded first-period power-play goals and then the Flames' Albert Sinclair tallied with the man advantage in the second.

Cochrane and Lyle Murdock, on the power play, scored early in the third to give Peguis a 3-2 lead.

Sinclair tied the score and then Michael Baron gave NCN a 4-3 lead with a power-play goal with 6:28 remaining in the third.

Aiden Marchand made 31 saves for the win.

Meanwhile, Peguis captain Darian Murdock and assistant captain Sundance Paul concluded their junior careers.



EXPRESS PHOTO TWITTER

The Peguis Juniors are KJHL champions after defeating the NCN Flames 5-4 in overtime last Wednesday in Nelson House. Peguis won the best-of-seven series 4-2.

Time to celebrate



EXPRESS PHOTO SUBMITTED

A Team Canada celebration was held last Friday in Gimli to honour Kerri Einarson's rink that won bronze at the women's world curling championship in Prince George, B.C. Pictured left to right: coach Reid Carruthers, Shannon Birchard, Briane Meilleur, Krysten Karwacki and Kerri Einarson. Missing from the photo is Val Sweeting.

MJHL final series tied at 1-1

Staff

The Dauphin Kings defeated the Pistons 5-1 on Saturday night in Steinbach to even the best-of-seven MJHL Championship series at 1-1.

The Kings' Cordell Coleman wired the puck over the glove of Simon Harkness to give the Kings their first lead of the series just 5:07 into the game.

The Pistons' Zach Power then found Braden Birnie on a cross-seam pass on the power play to tie the score at 1-1 less than a minute into the second period. It was Birnie's his league-leading 10th goal of the playoffs.

Just under six minutes later, though, Klim Georgiev beat Pistons' goaltender Simon Harkness to put the Kings up 2-1.

On an early power play in the third, the Kings would extend their lead to 3-1 after Nick Braun tipped in a pass from Parker Malchuk.

Kings' forward Logan Calder gave his team a three-goal lead when he scored with Harkness pulled for an extra attacker. Another penalty from the Pistons gave the Kings the man-advantage and Jayden Harris tallied to make the score 5-1.

Game 3 of the series was played Tuesday at the Credit Union Place in Dauphin but no score was available.

Game 4 will be played in Dauphin on Wednesday while Game 5 returns to Steinbach on Friday. Puck drop for both games is 7:30 p.m.

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Payment must be received by the Rural Municipality of Fisher Office, Box 280, Fisher Branch, Manitoba ROC OZ0 no later than Monday, May 13, 2022. Make cheques payable to the RM of Fisher. Payments are not refundable after application of dust control. Price does not include gravel applied to site prior to dust control application. Gravel at site is at the discretion of the contractor. Dust control application tentatively booked for end of May 2022.

For more information, please contact the Rural Municipality of Fisher Office at 372-6393.

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Buyer for all farmyard scrap, machinery and autos. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

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CAMPERS/TRAILERS

2006 Forest River, Wildwood LA, low miles, tow hitch. Sleeps 6. 1 slide out. Fridge, stove, microwave, shower, toilet, awning. Works on hydro or propane. Asking \$18,000. For more info call Bob at 204-642-2787.

PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off

CONT. ON NEXT COL.

the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

HELP WANTED

Super 7 Service in Teulon is looking for full and part time cashier help. Must be available to work some evenings and weekends. Call 204-886-3777 or email resume to: 7service@mts.net

ROCKY MOUNTAIN EQUIPMENT is NOW HIRING: Managers, AG Equipment Techs, Heavy Equipment Techs - Journeyman & Apprentices, Parts Techs. View open roles & apply: www.rockymtn.com/careers. Relocation offered.



RURAL MUNICIPALITY OF GIMLI PUBLIC NOTICE REGARDING THE 2022 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of *The Municipal Act* that the Council of the Rural Municipality of Gimli intends to present its Financial Plan for the Fiscal Year 2022 at a Public Hearing to be held in the Council Chambers at the Municipal Building 62 2nd Ave on the 12th day of May, 2022 at 6:30 p.m.

Copies of the Financial Plan will be available for review on the 6th day of May, 2022 and may be accessed on the Rural Municipality of Gimli website at www.gimli.ca or at the Municipal Office at 62 2nd Ave, Gimli.

Dated this 7th day of April, 2022

Kelly Cosgrove, CMMA
Chief Administrative Officer
Rural Municipality of Gimli



On behalf of Families and Youth Support Team (F.Y.R.S.T.)
Board of Directors
Evergreen School Division
invites applications for

Families and Youth Support Team (FYRST) and Re-Start Coordinator (Full-Time)

Effective: August 1st, 2022

FYRST and Re-Start are client centered programs for adolescents and adults, respectively. The Program Coordinator reports to an interagency Board of Directors and supports at risk clients to identify, plan for and achieve individually set goals. Based in the North-East Interlake and inclusive of Gimli, Riverton, Arborg and Winnipeg Beach, these collaborative, consent-based and culturally inclusive programs are in search of a full time Program Coordinator.

Skills and Qualifications:

- Minimum 2 years relevant experience with youth / adults in social services.
- Post-secondary training in social service delivery (i.e. applied counseling certificate) and/or an equivalent combination of training and experience.
- Experience in interviewing, coordinating, and planning for clients and interagency groups.
- A clear Criminal Records Check with Vulnerable Sector Check; Child Abuse Registry Check; and Adult Abuse Registry Check.

For more information about the position and how to apply, see www.esd.ca under Employment & Human Resources, Support Staff Postings.

CLOSING DATE: May 16, 2022 (3:30 pm)

We wish to thank all applicants for their interest, however; only candidates selected for an interview will be contacted.

Evergreen Basic Needs

ANNUAL GENERAL MEETING

Tuesday May 17, 2022

7:00 pm at

EBN - 71 4th Ave Gimli
Subject to Current Public Health Orders



DO YOU NEED HELP FINDING EMPLOYMENT?

A.I.M. for Work may be able to help!

A.I.M. is a Vocational Rehabilitation program for persons living with a physical disability or chronic illness.

Contact one of our Vocational Rehabilitation Assistants at **204-482-2130** to get started on your journey to employment.

Serving Rural Manitoba for over 20 years

Funding provided by
The Government of Canada The Manitoba Government

EMPLOYMENT OPPORTUNITY

Aspen Park, Gimli for Grounds Personnel & Maintenance Personnel

Grounds – duties include all aspects of yard maintenance including grass cutting, trimming, shrub & tree pruning, etc.

Maintenance – duties include aspects of minor repair to exterior of condo units & rec center including siding and eaves trough repairs, garage shingling, etc.

Both positions are seasonal working full time from approx. mid May to the end of Oct.

Those interested can forward their resume to:

Winnipeg Condo Corp 208 (Aspen Park)
Box 3577, RR #1
Gimli, MB ROC 1B1 or fax to 204 642-1243
or email Nead1@mymts.net

Classifieds



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LAKESIDE FLIGHT SCHOOL

Want to learn how to fly? Interested in a career as a commercial pilot? Lakeside Flight School is the most affordable in Canada. We have students from all over the world. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-642-4799.

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

WANTED/BUYING 1950's-70's Scandinavian, Danish, Canadian mid-century modern furniture (Teak, Walnut, Rosewood), lighting, ceramics, textiles, stereo or design. Contact Daniel at text/phone: 204-918-1607.

UPCOMING EVENTS

POSTPONED - Cluck & Quack Poultry Club Auction. Poultry & small animals auction scheduled for Saturday, May 7, 2022. At the request of the Chief Veterinarian of Manitoba is postponed until further notice.

Don't miss the BIG Annual Junk Wagon Antiques & Collectibles Sale. Old toys, tools, advertising, jewelry, glassware, vintage clothing, records, comics, retro, repurposed, oddball and much more. Sat. May 14/22 9-4. 980 Winakwa Rd. Winnipeg.

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a spring/summer event? An exciting change in operations? Though we cannot guarantee publication,

MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

HIRING??? Need Owner Operators or Class 1 Drivers? Construction staff? Having an AGM or on-line event and need attendees? Advertise in the 32 Weekly Manitoba Community Newspapers to get your messaging out now! Selling something? Have an on-line store to shop at, doing curbside pickup/deliveries? Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at 204-947-1691 for details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

FINANCIAL

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firststandsecondmortgages.ca

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

LIVESTOCK

Registered black Angus bulls. One 2 year old & 4 yearlings. Quiet, semen tested, vaccinated. Call/text 204-793-1251 for more info. (Arborg).



Join the fight against Prostate Cancer

RIDE DAY
Saturday
May 28, 2022

10am
Earls Polo Park
(Winnipeg)

Visit
ridefordad.ca/
manitoba

to register or
make a pledge

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SUMMER Employment Opportunity

Maintenance Assistants in various facilities for various locations within the IERHA:

Locations: Arborg, Ashern, Eriksdale, Fisher Branch, Lunder, Teulon, Selkirk & Stonewall

Competition number: IERHA 936/22
Please refer to complete job posting at:
<https://selfservice.ierha.ca> and search under "View All" and scroll to : Student Maintenance Assistants.

Deadline for submissions is
Tuesday, May 17, 2022 at 11:59 pm.



Interlake-Eastern
Regional Health Authority



EMPLOYMENT OPPORTUNITY

MANAGER

The West Interlake Watershed District (WIWD) is seeking a permanent full-time Manager to develop and deliver environmental incentive programs to improve the soil, water, and general environment in the west Interlake region, under the direction of the Board. Office is located in Lunder, Manitoba.

Duties include:

- Development, promotion, and delivery of local watershed programs, projects, and initiatives within the provision of the Watershed Districts Act
- Preparation of external grant funding proposals and annual program budgets
- Provide technical and professional advice to the Board, participating municipalities and landowners on soil and watershed programming
- Develop and maintain cooperative relations with the public, stakeholder organizations and all levels of government.
- Coordination, development, and implementation of surface water management plans.
- Development and implementation of surface water management planning initiatives and projects.

Qualifications:

- Graduation from a recognized program with a degree/diploma in natural resource management, agriculture, environmental studies/science, environmental engineering, and/or experience in land and watershed programming
- Strong communication (verbal & written) and interpersonal skills
- Excellent computer skills with ability to use various Microsoft office packages
- Experience working with/in; non-profit organizations, municipal governments, and provincial governments
- Strong time-management and organizational skills

Assets:

- Knowledge and experience in agricultural practices
- Experience using GIS software
- Knowledge of beneficial management practices and general resource management planning would be an asset

Salary dependent on skills and qualifications

Interested candidates should submit a cover letter and resume describing how you meet the specified qualifications by 4:00 p.m., June 1st, 2022, to the:

West Interlake Watershed District
Box 732, 9 Main Street
Lunder, Manitoba ROC 1Y0
Fax: 204-762-5862
Email: manager@wiwd.ca
Phone: 204-762-5850

The West Interlake Watershed District would like to thank all applicants for their interest; however, only those selected for an interview will be contacted.



EMPLOYMENT OPPORTUNITY FINANCIAL ADMINISTRATOR

The West Interlake Watershed District (WIWD) is seeking a permanent full-time Financial Administrator to be responsible for all aspects of financial and administrative duties for the WIWD. Under the supervision of the Manager, the Financial Administrator will report to the Manager and Board. Office located in Lunder, Manitoba.

Duties include:

- Developing detailed accounting in accordance with acceptable procedures and financial audit purposes
- Payroll, invoicing, project coding, preparation of tenders, inventory, reception, maintaining public relations, recording meeting minutes, and preparing financial reports
- Various duties as assigned

Qualifications:

- Experience preparing and monitoring budgets, and financial reporting
- Excellent computer skills with ability to use various Microsoft office packages
- Strong time-management and organizational skills
- Exceptional attention to detail
- Strong communication (verbal & written) and interpersonal skills
- Experience using Sage

Assets:

- Knowledge and experience in agricultural practices
- Experience working with/in; non-profit organizations, municipal governments, and provincial governments
- Experience working for or being a part of a board of directors
- Knowledge of beneficial management practices and general resource management planning would be an asset.

Salary dependent on skills and qualifications

Interested candidates should submit a cover letter and resume describing how you meet the specified qualifications by 4:00 p.m., June 1st, 2022, to the:

West Interlake Watershed District
Box 732, 9 Main Street
Lunder, Manitoba ROC 1Y0
Fax: 204-762-5862
Email: manager@wiwd.ca
Phone: 204-762-5850

The West Interlake Watershed District would like to thank all applicants for their interest; however, only those selected for an interview will be contacted.



Like working with wood and working close to home?

204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Wage depending on experience, and health benefits after 3 months. Please call 204-344-5404 for more details.



ATTENTION FARMERS & RANCHERS

THE ASHERN AUCTION MART
Sale Schedule

We will be running every second week Sales

April 20, 2022

May 4, 2022

May 18, 2022

June 1, 2022

Feature consignments following the regular sale

May 4th 45 cow-calf pairs for Oluf Christensen

Charolais and Simmental cross cows selling due to health

May 18th complete herd dispersal for Victor Penner

80 Red Angus Cow-calf pairs
Call Victor 204-494-0008

For Further Information call
BUDDY AT 204-768-0018

KIRK AT 204-768-0019

License #1128



EVERGREEN SCHOOL DIVISION

Invites applications for the following temporary position, effective September 6, 2022 and expected to continue to June 30, 2023:

21.SU.09 **American Sign Language – English Interpreter**
– Arborg Early Middle School

See website for details and application procedures:
<http://www.esd.ca/Employment under Support Staff>.

CLOSING DATE: May 10, 2022 (3:30 pm)

We wish to thank all applicants for their interest, however only candidates selected for an interview will be contacted.

Employment will be subject to satisfactory criminal record and child abuse registry checks. Evergreen School Division may contact former employers.



Prairie Rose School Division

The following positions are available as indicated:

- **#010-22-23 – Guidance/Resource Teacher**
 - o St. Laurent School
 - o 1.0 FTE, Permanent
 - o (0.5 GC/0.5 RT)
 - o Start Sept 2022
- **#013-22-23 – Music Teacher**
 - o St. Laurent School
 - o 0.5 FTE, Permanent
 - o Start Sept 2022
- **Substitute Teachers**
 - o Various Regions

For complete postings, please visit www.prsdmb.ca.
Accessibility resources will be provided upon request.



UNRESERVED

RETIREMENT FARM SALE FOR BENNY & NETTIE DUECK FAMILY FARMS

Bid Online Until

THUR, MAY. 12 – 2PM(CST)

View May 9, 10 & 11 from 9:30am – 4pm
Provincial Rd 326 & Road 138N 2.5 Miles East
on Road 138N, Arborg, MB
G.P.S. Coordinates - 51.03866482862075,
-97.14758815470474

1990 JD 4055 Tractor MFWD w/ 265 JD Loader, 1974 JD 2130 Tractor w/ 146 JD Loader, JD S67 Baler, 2014 Farm King Hay Rake, 2008 Macdon R80 Rotary Disc Windraker, 20' Homemade T/A Livestock Trailer, 2000 Chev Silverado K1500 Truck, Homemade Bale Wagon, Cattle Fence, and so Much More.

For More Info Call Jay Francis at 204 730 7444
Visit Our Website For Photos & Details.

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Arborg Community Cemetery TENDER

Tenders are being taken for the lawn care and general maintenance of cemetery grounds for the 2022 cutting season.

Tenders should include cost per cut.
Fuel and machinery to be provided by successful tender.
Apply to Kris Gudmundson - Box 713 Arborg, MB R0C 0A0
Deadline to submit: May 20, 2022
For more information call 204-376-2248



Please consider a donation towards the maintenance of this cemetery.

Make cheques payable to Arborg Community Cemetery, Box 744, Arborg, MB R0C 0A0



Town of Arborg PUBLIC NOTICE 2022 Financial Plan

PUBLIC NOTICE is hereby given pursuant to Section 162(2) of *The Municipal Act* that the Council of the Town of Arborg shall hold a Public Hearing to present the Financial Plan for the fiscal year 2022 on:

Wednesday, May 11, 2022 at 10:00 A.M.
Town of Arborg Municipal Office
337 River Road Arborg, MB

The purpose of the Public Hearing is to allow any interested person to make representation, ask questions or register an objection in respect to the Town of Arborg's 2022 Financial Plan.

The 2022 Financial Plan includes the following general borrowing proposals

- Borrowing of \$113,144.24 at 6% over 15-years for the expansion of the BAR Waste Authority Co-operative Inc. landfill.

Copies of the 2022 Financial Plan will be available for review on May 2nd, 2022 and may be examined by any person on the Town of Arborg's website at www.townofarb.org.

Dated this 14th day of April, 2022.

Cindy Stansell, CMMMA
Chief Administrative Officer
Town of Arborg



Town of Winnipeg Beach PUBLIC HEARING

REGARDING THE 2022 FINANCIAL PLAN

PUBLIC NOTICE is hereby given that pursuant to sub-section 162(2) of *The Municipal Act*, the Council of the Town of Winnipeg Beach intends to present its financial plan for the fiscal year 2022 at a public hearing on **WEDNESDAY, MAY 25, 2022** at 6:30 p.m.

The purpose of this hearing is to allow any interested person to make representation, ask questions, or register an objection to the Financial Plan as provided.

A copy of the 2022 Financial Plan is available for review on the municipal website at www.winnipegbeach.ca or can be requested by emailing finance@winnipegbeach.ca on or after May 11, 2022.

The Public Hearing will be held in person and virtually and available to all interested parties to observe on the municipal website (www.winnipegbeach.ca). Interested parties may forward their questions, concerns or register an objection at any time to cao@winnipegbeach.ca or by calling the CAO at 204-389-2698.

Interested parties may also present questions, concerns or register an objection by calling 204-389-2698 following the completion of the presentation. These questions will be received directly by council. Calls will be accepted in order of receipt.

Dated this 29th day of April 2022.

Kerry Swanson
Chief Administrative Officer
Town of Winnipeg Beach

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Gimli Rona is seeking a COMMERCIAL SALES & ESTIMATOR

Responsibilities include:

- Assess customers needs and provide expert advice on products
- Prepare estimates/quotes using store system
- Up-to-date knowledge of construction products and their functions
- Direct ordering from suppliers and maintenance of accurate product pricing
- Building and developing professional relationships with customers
 - *Building and construction knowledge are assets
 - *Ability to read and interpret blueprints is an asset
 - *Building code knowledge is an asset

The successful candidate must be able to work independently and within a team.

Please submit your resume to laura@ronagimli.ca or in person to:
RONA GIMLI

100-7TH Avenue | Gimli, Manitoba R0C 1B0

SUMMER STUDENT EMPLOYMENT OPPORTUNITY

Recreation Assistant

32 hrs/week

June 27 – Aug. 20, 2022

Riverdale Place Homes Inc. provides supported living residences for adults living with a developmental disability. We are looking for a summer student to assist with our recreational programming. This will involve working directly with our individuals in their homes and on outings in the community and beyond, under the supervision of our direct support workers, to provide interesting and enjoyable recreational experiences.

The successful candidate will be mature, creative, outgoing and energetic, willing to take on a variety of tasks. Post-secondary enrollment in a related field of study and/or demonstrated interest in supporting individuals with a developmental disability would be definite assets, but not requirements.

Successful completion of a Criminal Record Check and Child and Adult Abuse Registry checks will be required, as well as willingness to be trained in CPR & First Aid. Valid and clear driver's license also needed.

Please apply in writing to:
Executive Director
Riverdale Place Homes Inc.
Box 968, Arborg MB R0C 0A0

Or email: kfinnson_rph@outlook.com

Application Deadline: May 27, 2022

For more info contact:
Kathy Finnson, Exec. Director 204-376-2940

Classifieds



Book Your Classified Ad Today
- Call 467-5836 or Email
classifieds@expressweeklynews.ca



Marymound's Treatment Foster Care Program (TFC) is seeking treatment foster parents. TFC provides children and youth with a therapeutic home environment to grow, develop and experience belonging. Caregiving can be carried out by individuals, couples and families. Training and support provided by Marymound Clinical Case Managers.

For more info, please visit www.marymound.com or email fostercareinfo@marymound.com

The Aurora Plus

1648 SqFt RTM

3 bedrooms, ensuite, huge kitchen, quartz countertops, walk-in pantry, island, 9 ft walls and double cathedral ceiling. James Hardie Siding.

Pictures available

www.wgiesbrechthomes.ca

Taking orders for Spring 2022

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- Starting at \$339.00 (includes 45 lines of space)
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Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com

www.mcna.com

HIP/KNEE Replacement? Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$2,500 yearly tax credit and up to \$30,000 Lump sum refund.**

Apply NOW; quickest refund Nationwide! Providing assistance during Covid.

Expert Help: 204-453-5372

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www.kaldecktrailers.com



Green Acres Art Centre (GAAC) is a non-profit organization located in the entrance of the Green Acres Park. The GAAC offers yearly and summer art, culture and wellness programs for people of all ages in the community of Teulon and surrounding area.



CAMP COORDINATOR

As part of a Canada Summer Jobs Grant, GAAC is seeking TWO mature outgoing individuals who are creative, enthusiastic and reliable leaders with a positive attitude who enjoy working with children & youth. The successful candidates will be responsible to oversee camps under the direction of the Executive Assistant. Camp Coordinators will be strong leaders who create and maintain a safe and fun working environment for all employees and campers. They will be required to assist with the planning and daily preparations of camp activities.

Qualifications:

- Experience & interest with working with youth ages 5-17
- Post-Secondary Schooling in Education an asset
- Experience in a Leadership/Supervisory Role
- Ability to work independently and as a team
- Excellent organizational and time management skills with the ability to multi-task
- Excellent interpersonal, written and oral communication skills
- Experience with Organizing Events an asset
- Art skills – interest & skills in drawing/painting, playing musical instruments, theatre and dancing experience an asset
- Athletic skills – interest, knowledge & ability to assist with a variety of sports an asset
- Must have obtained or in the process of getting criminal record check & Adult/Child abuse checks
- First Aid & CPR an asset, will provide training to successful candidates

Positions 35hours/week for 8 weeks starting end of June

CAMP LEADER

As part of a Canada Summer Jobs Grant, GAAC is seeking EIGHT mature outgoing individuals who are creative, enthusiastic and reliable leaders with a passion to work with youth. Camp Leaders will be positive role models who provide campers with guidance, assist with daily activities and create a fun learning environment for all campers.

Qualifications:

- Experience & interest with working with youth ages 5-17
- Experience in a Leadership Role an asset
- Ability to work independently and as a team
- Excellent organizational and time management skills with the ability to multi-task
- Excellent interpersonal, written and oral communication skills
- Art skills – interest & skills in drawing/painting, playing musical instruments theatre and dancing experience an asset
- Athletic skills – interest, knowledge & ability to assist with a variety of sports an asset
- First Aid & CPR an asset, will provide training to successful candidates

Positions 30hours/week for 8 weeks starting end of June

All positions will be scheduled Monday-Friday, starting at the end of June. Additional hours on weekends/evenings may be available. Salary will be paid hourly and will be determined based on experience. Applicants must be between the age of 15 and 30.

SENIOR DAYS COORDINATOR

As part of a Canada Summer Jobs Grant, GAAC is seeking TWO mature outgoing individuals who are creative, enthusiastic and reliable leaders with a positive attitude who enjoy working with seniors. The successful candidates will be responsible to facilitate senior programs under the direction of the Social Activities Coordinator. Senior Days Coordinators will be strong leaders who create and maintain a safe and fun environment for seniors. The coordinators will be empowered to assist with the planning, organizing and daily preparations of senior activities.

Qualifications:

- Experience & interest with working with seniors
- Post-Secondary Schooling in Education an asset
- Experience in a Leadership/Supervisory Role
- Ability to work independently and as a team
- Excellent organizational and time management skills with the ability to multi-task
- Excellent interpersonal, written and oral communication skills
- Experience with Organizing Events for seniors an asset
- Art skills – interest & skills in drawing/painting, playing musical instruments an asset
- Athletic skills – interest, knowledge & ability to assist with a variety of sports an asset
- First Aid & CPR an asset, will provide training to successful candidates
- Must have valid driver's license
- Access to a vehicle an asset

Each position will be 30 hours per week for 8 weeks. Applicants must be available to work during the week, weekends and evenings. Scheduling will depend on activities planned. Position start date end of June. Salary will be paid hourly and will be determined based on experience. Applicants must be between the age of 15 and 30.

Please email resumes & cover letters to gaac@mymts.net by Wednesday May 25th. Indicate in cover letter the position(s) applying for. Applicants are welcome to apply for all positions. Only candidates considered for an interview will be contacted. No phone calls.

MUNICIPALITY OF BIFROST-RIVERTON TENDERS

TRAFFIC GRAVEL SUPPLY TENDERS

The Municipality of Bifrost-Riverton invites tenders for each of the following supply of approximately -18,000 cubic yards of 3/4" down crushed limestone. Preference will be given to a supply location near the Vidir / Roseburg area of the Municipality.

-15,000 cubic yards of 3/4" down crushed limestone. Preference will be given to a supply location near the South West area of the Municipality.

-21,000 cubic yards of 3/4" down crushed limestone. Preference will be given to a supply location near the North East area of the Municipality.

Each tender should be individually marked for each location and product and will be received by the undersigned until 4:30pm on May 11, 2022

All the above tenders are to be supply to be on site and available for distribution by May 31, 2022.

The Municipality of Bifrost-Riverton reserves the right to reject any or all bids, to waive irregularities and informalities therein, and to award the tender in the best interest of the Municipality of Bifrost-Riverton in its sole discretion.

Gravel Hauling Tenders

The Municipality of Bifrost-Riverton invites tenders for each of the following

-Tender #1: Loading, hauling and depositing of traffic gravel of app. 13,000 Cubic Yrds for Dust Control areas.

-Tender #2: Loading, hauling and depositing of traffic gravel of app. 36,000 Cubic Yrds to various roads marked for the annual gravel program.

Each tender should be individually marked. Tender documents are available from the Municipal Offices. Sealed and clearly marked submissions will be accepted by the undersigned at the Municipality of Bifrost-Riverton office, located at 329 River Road, Arborg, until 12:00 p.m. on May 19, 2022. The Municipality reserves the right to reject any or all bids, waive irregularities and informalities therein, and award the tender in the best interest of the Municipality in its sole discretion.

Roadside Mowing Tenders

North Tender #1 and South Tender # 2:

The Municipality of Bifrost-Riverton requires approximately 300 miles of roadway to be cut on both sides (600 miles total).

Tender documents are available from the Municipal Offices. Sealed and clearly marked submissions will be accepted by the undersigned until 12:00 p.m. on May 19, 2022. The Municipality reserves the right to reject any or all bids, waive irregularities and informalities therein, and award the tender in the best interest of the Municipality in its sole discretion.

All inquiries related to the above tenders should be directed to Jason Comeau at 204.641.2167.

Classifieds

Book Your Classified Ad Today - Call 467-5836 or
Email classifieds@expressweeklynews.ca



Rural Municipality of
FISHER

Box 280, Fisher Branch, MB, R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

POSTPONED

**2022 BUDGET HEARING
MONDAY, MAY 9, 2022
7:00 P.M.**

RM OF FISHER COUNCIL CHAMBERS
30 TACHE ST, FISHER BRANCH

The RM of Fisher has issued a local state of emergency due to flooding. As a result, the 2022 Budget hearing scheduled for May 9, 2022 has been postponed until further notice.



THE RURAL MUNICIPALITY OF WOODLANDS
MOWING TENDERS

Mowing and related maintenance for the following:

- Bonnie Doon Cemetery
- Meadow Lea Cemetery
- Ossawa Cemetery
- Warren Cemetery
- Erinview Firehall

Proposals will be accepted for Individual sites or any combination. This will be a two-year contract for the 2022 and 2023 mowing seasons. Contractor to supply own equipment and fuel.

If more information is required, please contact the Municipal Office at 204-383-5679.

Proposals close May 19, 2022 at 4:30 p.m.

Send sealed proposals marked "Mowing Tenders" to:
R.M. of Woodlands

Box 10, Woodlands, MB R0C 3H0

Lowest or any proposal not necessarily accepted.

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**RM OF COLDWELL
PUBLIC NOTICE**

Regarding the 2022 Financial Plan

PUBLIC NOTICE is hereby given pursuant to Subsection 162(2) of *The Municipal Act* that the Council of the RM of Coldwell intends to present its Financial Plan for the fiscal year of 2022 at a public hearing in the Upstairs of the Lundar Arena, 85 Main St. Lundar MB on the **13th day of May, 2022 at 7:00 p.m.**

Council will hear any taxpayer who wishes to make representation, ask questions or register an objection to the financial plan, as provided. Please **register your attendance** with the Municipal Office prior to **May 13th at 3 pm.**

Copies of the Financial Plan will be at the hearing for review or Contact the office (204-762-5421) prior to.

Dated this 12th day of April, 2022

Nicole Christensen, CMMA
Chief Administrative Officer

RURAL MUNICIPALITY OF ARMSTRONG
PUBLIC HEARING
**REGARDING THE 2022
FINANCIAL PLAN**



In accordance with Section 162(2) of The Municipal Act the Rural Municipality of Armstrong shall hold a PUBLIC HEARING to present the 2022 Financial Plan for the Municipality on:

Thursday, May 12, 2022 at 7:00 P.M.
FRASERWOOD HALL
10140 PR 231 Fraserwood, MB

The Rural Municipality of Armstrong 2022 Financial Plan consists of:

- 1) The 2022 Operating Budget,
- 2) The 2022 Capital Budget,
- 3) An estimate of the Operating Revenue and Expenditures for the following fiscal year (2023), and
- 4) A five (5) year Capital Expenditure Program (2023-2027)

The purpose of the PUBLIC HEARING is to allow any interested person to make representation, ask questions, or register an objection in respect of the Rural Municipality of Armstrong 2022 Financial Plan.

Copies of the Financial Plan will be available for review and may be examined by any person on the RM of Armstrong website at www.rmofarmstrong.com or at the Municipal Office at Lot 55 Highway 17, Inwood, Manitoba during regular office hours.

Dated this 19th day of April, 2022.

Corlie Larsen, CMMA
Chief Administrative Officer
Rural Municipality of Armstrong

MUNICIPALITY OF BIFROST-RIVERTON
PUBLIC NOTICE

Public Notice is hereby given pursuant to subsection 162(2) of *The Municipal Act* that the Council of the Municipality of Bifrost-Riverton shall hold a PUBLIC HEARING to present its 2022 Financial Plan on:

Thursday, May 12, 2022
9:00 a.m.

Municipal Office located at 329 River Road, Arborg, MB.

The Municipality of Bifrost-Riverton 2022 Financial Plan consists of:

- 1) 2022 Operating Budget
- 2) 2022 Capital Budget
- 3) An estimate of the operating revenue and expenditures for the following fiscal year (2023)
- 4) A Five-year Capital Expenditure Program (2023-2027)

The presentation will provide an overview of the proposed financial plan followed by an opportunity for a forum from the public. The purpose of the hearing is to allow any interested person to make a presentation, ask questions, or register an objection. Draft copies of the Financial Plan are now available upon request by calling or emailing the Municipality of Bifrost-Riverton Office.

If you wish to attend this public hearing, we ask you register before 4:30 p.m. on Tuesday, May 10, 2022, or you may mail, email, or fax your questions, concerns and/or comments regarding the proposed financial plan to us by the same deadline.

Mr. Jordan Willner, CMMA
Chief Administrative Officer
Municipality of Bifrost-Riverton

Dated this 22nd day of April, 2022

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Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
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- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

**Please forward your resumé along with
three writing and photography samples to:**

Lana Meier

Email: news@stonewallteulontribune.ca

Deadline to apply is Friday, May 6, 2022.



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BIRTHDAY



Happy Birthday
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on May 7th

We are so grateful to have you in our lives and be able to celebrate this wonderful century birthday with you! May your special milestone birthday be filled with blessings.

-With all our love, your family

To all of our family and Mary's dear friends, you are welcome to join us as we celebrate on Saturday, May 7th, 2-5:30pm at the Komarno Hall. Please wear a mask when greeting, no gifts please - just well wishes.

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OBITUARY

Dwight Lindell
1963 - 2022

It is with great sadness that we announce the passing of Dwight Lindell, aged 58 years, on April 27, 2022 at the E.M. Crowe Memorial Hospital, Eriksdale, MB after a brief battle with cancer.

He was predeceased by his father Eddy, mother Etta, brother Terry and nephew Michael.

Dwight leaves to cherish his memory, daughters Brooke (partner Kevin) and Shayla; grandchildren Alyssandra and Bane whom he adored and loved very much. He is survived by his brothers Ken (Dolly) and children Erica, Lynette, Megan and Ashley; Les (Patti) and children Marnie (Richard), Eddie

(Susan) and Tyler (Ashley); Reid (Sherri) and children Scott, Samantha, Kirk, Clarke and Paige; sister-in-law Fran and son Charlie (Fiona); along with many great nieces, nephews, family and coworkers.

Dwight spent many years working with his brothers Terry and Ken in various construction businesses. He then started his career with McMunn and Yates in 2006 where he spent 16 dedicated years. Dwight's craftsmanship was second to none and he loved making things and working with his hands. His recent venture was designing and crafting pens and rings but he also used to paint scenic landscapes and loved making cinnamon buns with his girls.

Dwight wanted people to celebrate his life and not mourn his passing as he lived a very fulfilling life. He had a great sense of humor. He would always remind us; "There are two ways to do things... the Dwight way and the Dwong way... but if you ever make a mistake you can use the Dwight out."

We would like to thank the staff at the E.M. Crowe Memorial Hospital, Health Sciences Centre, St. Boniface Hospital and the Grace Hospital for all their care and consideration during this time.

In lieu of flowers, donations may be made in Dwight's memory to the E.M. Crowe Memorial Hospital Guild, c/o Irene Sigurdson, Box 474, Eriksdale, MB R0C 0W0.

Cremation has taken place and a private family interment will be held at a later date.

Arrangements by:
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Ashern - Lundar
1.204.768.2072
1.866.323.3593

RURAL MUNICIPALITY OF ARMSTRONG

EMPLOYMENT OPPORTUNITY

Youth Employment



The Council of the Rural Municipality of Armstrong invites applications for the following positions:

2 Green Team Summer Students

Qualifications

- Valid Class 5 Manitoba Drivers' license
- Knowledge in the operation and maintenance of riding mower, push mower, weed eater
- Knowledge of safety procedures and of the use of safety equipment
- Ability to do physical labour
- Available from July to August
- Must be 16 to 29 years old (consideration will be given to those 15 years of age who obtain a certificate of completion for the Young Worker Readiness Certificate course)

Further information may be obtained by contacting the Office at 278-3377.

Written applications to be submitted by 4:30 p.m., Friday May 27, 2022 to:

RM of Armstrong Office
Box 69, Inwood, MB ROC 1P0
Fax: 204-278-3437
Email: cao@rmofarmstrong.com

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OBITUARY



Gudrun (Runa) Sigurros Bjornson
1934 - 2022

It is with great sadness that we announce the passing of Runa Bjornson on Wednesday, April 20th, 2022 at the Arborg Personal Care Home.

Runa lived to see five generations of her family. She was a beloved Mother, Grandmother (Amma), Great-Grandmother, Great-Great Grandmother, sister, and friend.

Left to cherish her memory are her children Lynn (Julie), Lee (Ross) Schnell, Raymond (June), Norman (Ivy), and Barry (Therese); grandchildren Carrie (Neale) Rushoway, Chris Schnell (Ardella), Vicki (Jonathan) Hack, Rayma (Chris), Rebecca (Tony), Stephanie (Ryan), and Ryan; great-grandchildren Jayden (Stephanie) Rushoway, and Cole Rushoway (Nicole) and great-great grandsons Rowen and Sullivan Rushoway. She is also survived by her brother-

in-law Donald Bjornson and his wife Hedy, her sisters-in-law Alda Johnson, Maggie Johnson, Nell Bjornson, Margaret Tobin, and numerous nephews, nieces, relatives and friends.

She was predeceased by her loving husband of 57 years, Franklin; her parents Olafer and Emma Johnson; brothers John and Robert Johnson; sister and brother-in-law Thordis and Herb Reedel. Also, her sisters-in-law and brothers-in-law Sveinbjorg and Jack Bjornson, Solrun and Peter Christiansen, Kristin and Thor Bjornson, Mary and Siggie Bjornson, John Bjornson and Moe Tobin; nephews Kris Bjornson, Brant Johnson, Herby Reedel, and great nephew Braden.

Runa was born on May 2, 1934, in Winnipeg, Manitoba and grew up on the family homestead in Arnes, Manitoba. She graduated from Normal School in Winnipeg, and taught at the Bradbury School near Arnes, Manitoba. Her love of music and dancing brought her to the Geyser Hall where she met Franklin - the love of her life. They were married on August 7th, 1954, and together raised five children in their home on the Bjornson farm just west of Arborg, Manitoba.

Runa was an ambitious home maker. She kept a large garden and a lovely yard filled with flower gardens and apple trees. Family, friends and neighbours were very important to Runa. Everyone was always welcome at her table, whether they came for a special event or just to stop in at the farm for coffee and cake. Mom and Dad made a special effort to attend all family milestone events over the years, often helping with preparations.

Runa was active in her community volunteering for the Red Cross, the Framnes Ladies Aid and Meals on Wheels. She belonged to the local ladies curling and baseball leagues. At the age of 50 when her children were grown, she decided to work outside the home; initially at the Arborg Feed Mill and then at the Arborg Bargain Shop. She and Dad enjoyed fishing, camping and travelling across Canada, the United States, Iceland, and they cruised through the Panama Canal.

Runa lived her last 16 years in the Arborg Personal Care Home where she received excellent care. We are very grateful to the Arborg Personal Care Home staff for allowing Mom to live her last years with dignity.

Goda Nott Amma Runa

In lieu of flowers, donations can be made to the Arborg Personal Care Home-Recreation or a charity of your choice.

A funeral service will take place outdoors, under a tent on the grounds of the Arborg Heritage Village on Saturday, June 18, 2022 at 2:00 p.m. (Please bring a lawn chair). Pastor Seale Robinson officiating. Interment will be at the Arborg Community Cemetery.

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OBITUARY



Brenda Louise Malyon Anderson

Brenda Louise Malyon Anderson, 77, passed away at Gimli Hospital on April 27, 2022.

Brenda was born in Brandon, MB and grew up on the Malyon family farm in Glenboro. She survived polio at the age of eight and, during COVID, shared stories of her time in the polio ward. Brenda went on to study at Brandon University, where she obtained her teaching certificate and BSc in Biology. She loved to ride her Honda motorcycle while making many lifelong friends. In 1967 she accepted a teaching assignment in a remote town called Princess Harbour which changed her life. She met her lifelong sweetheart, Ed, and her new in-laws and friends. For over 50 years, she lived an adventurous life in the bush as a teacher, trapper, gardener, fisher, office manager, marina host and cook, postmaster, and triage nurse, all while wrangling two boys and running the family

home. Brenda and Ed loved to travel and explored many tropical and not-so-tropical locations. For the last nine years, they transitioned to full-time living at the Waterfront Centre in Gimli. Brenda joined the board there, and they made many new dear friends and reconnected with past friends.

Brenda is survived by husband Ed Anderson, son and daughter-in-law James and Dawn, sister and brother-in-law Linda and Brian Naismith, niece Pam Driedger and husband Jim, nephew David Naismith and wife Anna, and many more loving nieces, nephews, great-nieces, and great-nephews.

She is predeceased by her son, John (2004), and parents, Gwen (1990) and Frank (1993).

Following cremation, a celebration of Brenda's life will be held in the summer of 2022.

In lieu of flowers or cards, please feel free to donate to Ovarian Cancer Canada (+1-877-413-7970) to support research into ovarian cancer causes and cures, or to a cause of your choice in memory of Brenda.



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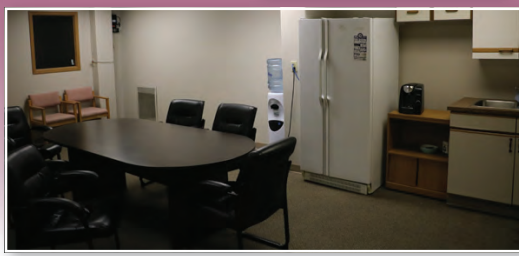
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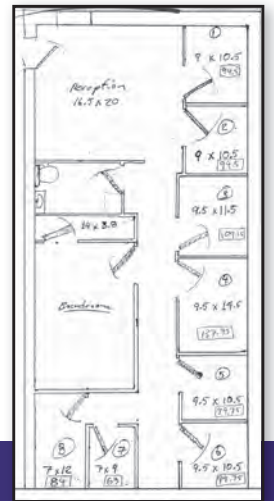
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