



² The Express Weekly News Thursday, March 24, 2022 Virtual cooking classes geared for children 8-13 years

By Nicole Brownlee

With help from the Healthy Together Now program, the RM of Coldwell is offering virtual cooking classes for children this spring led by a registered dietician from the Interlake-Eastern Regional Health Authority.

Healthy Together Now is a provincially supported grassroots program to help prevent chronic disease in Manitoba. The organization works with regional health authorities to offer services that promote a healthy lifestyle across the province.

"I was trying to hit a population that may be involved in sport but also an opportunity for a different form of recreation," said Breanna Rae, RM of Coldwell's recreation director.

Families can join the municipality's free virtual cooking classes with their children between 8 and 13 years old to learn more about kitchen safety, food preparation and techniques while making a balanced meal.

"It's so important for kids to learn how to cook in the kitchen but also to develop those lifelong skills behind cooking," said Rae.

The 90-minute classes start on April 7 at 5 p.m. and run weekly until May 12. On the day of each class, families can pick up their free ingredients purchased at local grocery stores from the municipal office.

Each child registered for the cooking classes will also receive a cooking kit before the first class on April 7 with a cutting board, apron, measuring cups and spoons and similar items that they get to keep.

Karen Omichinski, a registered dietician and certified diabetes educator with the IERHA, taught cooking classes in the Beausejour area for a few years before the COVID-19 pandemic and said she's looking forward to returning virtually to class.

"We're really excited to get back to teaching kids how to cook because it's looking at food security," said Omichinski.

"We're teaching them skills, how to eat well, how to be advocates for good nutrition and how to have fun while cooking."

One of Omichinski's favourite aspects of teaching these classes is watching children gain valuable skills while enjoying time with their families.

"I love the enthusiasm of the children because they are always gung ho about making things."



EXPRESS PHOTO SUBMITTED

Healthy together Now Program to teach children between 8 and 13 years of age virtual cooking classes.

The virtual class is at capacity with it work." 15 families signed up, but Rae encourages all interested families to email Coldwell

her to join the waitlist.

said Rae.

"I don't want to turn anyone away

"I'd like to try to find a way to make

because it's such a great opportunity,"

To join the waitlist for the RM of Coldwell's kids' virtual cooking classes, email Breanna Rae at rec.coldwell@mymts.net.

For more information about community wellness classes in the Interlake, visit www.ierha.ca.

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Province's proposal to lift pesticide ban raises health and environment concerns; Bill 22

By Patricia Barrett

The provincial government's proposal last week to lift restrictions on the use of pesticides is not sitting well with some Lake Winnipeg commercial fishers and independent scientists.

Robert T. Kristjanson, who lives in Gimli and has fished his entire life on a lake that's already overburdened with agricultural and wastewater pollutants and is deemed eutrophic, said he's exasperated by the further potential for more toxic waste to degrade the lake and the waterways that flow in and out of it.

"We can't look after our own water in Manitoba. It's absolutely criminal what we've done to our water and to ourselves," said Kristjanson last week. "With the sewage and the farming, we're destroying our water and life. How long do we have to pound this out until people understand? When are the people of Manitoba going to realize the jewel [Lake Winnipeg] they have here and what they're doing to it?"

Kristjanson has long fought for the health and protection of Lake Winnipeg, earning the Order of Manitoba in 2018 for calling attention to the rise of algal blooms on the lake and the deleterious effects they have on fish and other aquatic life.

"We mustn't give up on this; we have to oppose this [bill] and these culprits. Are there no brains around their table?" said Kristjanson, referring to the provincial government. "People are going to be putting hundreds of railway cars' worth of pesticide on the ground and it's going to flow into Lake Winnipeg."

He said he's also worried about the toxic effects of pesticides on children — and on pets and other wildlife — saying there's "no value anymore to children's lives."

Pesticide is an umbrella term for compounds that kill, and they include herbicides, fungicides and insecticides.

Provincial environment, climate and parks minister Jeff Wharton introduced Bill 22, the Environment Amendment Act (Pesticide Restrictions), on March 14. If passed, the bill will lift the current ban on "cosmetic" pesticides while at the same time expanding areas where they cannot be applied, including playgrounds.

Wharton said he's not concerned about runoff carrying pesticides into Lake Winnipeg because pesticides are approved by Health Canada.

"Health Canada uses quite stringent [standards]. They're looking at this constantly; they don't dive into a pesticide once then say, 'OK, approved.' They're constantly reviewing what products are acceptable under their standards. Some of the strictest rules come out of Health Canada. We need to support that. Other jurisdictions have," said Wharton last Friday. "We're adding more protective zones that won't be on the spray list ... playgrounds, dog parks and picnic areas and provincial parks."

When asked why — if Health Canada assesses the safety of pesticides and approves them — there would be a need to ban them from spaces such as playgrounds and dog parks, Wharton said the government wants to provide enhanced safety measures.

"We felt that in addition to what was in the current bill introduced by the former government in 2014, we added these areas — playgrounds, dog parks and picnic areas to ensure that we're providing more coverage," he said. "Obviously, it's about safety. We want to make sure we respect Health Canada's view on this, but we feel we wanted to take it a step farther to protect Manitobans and their pets."

Wharton said the government listened to Manitobans' concerns during a public feedback process a number of years ago and decided to add into the bill the "additional areas" where pesticides will be banned.

In 2016 the Conservative government asked for public feedback on the former NDP's pesticide ban, which had come into effect in 2015, according to a backgrounder appended to a March 14 news release announcing the new bill. Over 2,100 comments had been submitted by businesses, municipalities, organizations and the public. Over 60 per cent indicated the sale and use of cosmetic pesticides were "too strict."

The overall consensus among scientists is that pesticides are toxic and are killing life on land and in aquatic environments. But rather than reduce the use of pesticides, the world is ramping up their use in the face of climate-related food crop losses.

In an overview on the use of pesticides worldwide, researchers from China, Australia and India said agriculturebased chemicals often "induce calamitous effects on the environment." The chemicals, along with other organic pollutants, are persistent, ubiquitous and toxic.

"These pesticides are known to hinder the normal function-



other organic pol-
ic.EXPRESS PHOTO BY LANA MEIER
Manitoba uses two million kilograms
of herbicide annually, according to
provincial crop insurance records.



ESD cancels its mature diploma program; collaborates with Fieldstone

By Patricia Barrett

The Evergreen School Division cancelled its mature student program because of a lack of provincial funding support, but it has teamed up with Fieldstone Ventures so that the program can be offered in Gimli for at least another year.

Ashern-based Fieldstone Ventures offers a mature student diploma program, adult literacy training and business and health training courses.

ESD Supt. Roza Gray said the division launched its own mature student program in 2017 and fully funded it by setting aside \$85,000 every year to run it. The program gives adults an opportunity to earn a high school diploma or credits that are needed to pursue post-secondary courses.

Given the increasing economic pressures on the division, its board of trustees decided it will no longer be able to continue offering the program.

"We have had a decrease in the funding to schools' programs for the sixth successive year. With continued pressure on our budget, the board made the difficult decision to stop funding the mature student program," said Gray last week. "However, we are working with Fieldstone to secure support so they can offer the program in our community."

Since 2017, ESD's mature student program has had a total of 50 adults

graduate with a high school diploma. There are an estimated 30 people scheduled to take the program in September 2022 in Gimli.

Both the division and Fieldstone wrote letters to the provincial department of education, requesting \$85,000 in funding to continue offering the program.

"Without a new source of funding, this program is in jeopardy," they wrote in a Feb. 15 joint letter. "Fieldstone Ventures has the expertise, staff and willingness to offer this program and is in need of additional funds to operationalize this expansion into Gimli."

The letter goes on to say that Fieldstone will be holding the program in Gimli for only one year starting September 2022 whether or not it receives support from the provincial government. Fieldstone will "make it work from the existing budget" but may not be in a position to offer the program in 2023-2024.

Earning high school credits is a necessary stepping-stone for people to pursue post-secondary studies and obtain jobs in the Interlake.

Fieldstone helps propel economic growth forward in the region through its mature student diploma program, employment assistance and career planning, and course offerings such as health care aide, licensed practical nursing, business administration programs and trades programs. The centre has a satellite office in Arborg.

Fieldstone covers a wide area of the Interlake, from St. Laurent to Dauphin River, encompassing five First Nation communities, and from Gimli to Fisher Branch.

Manager Julie Bergner said people who apply for post-secondary course offerings sometimes lack necessary high school credits.

"We are finding that when clients want to apply for these courses or to further their education in other areas, they are lacking the necessary credits to get into school," wrote Bergner to the province in a Feb. 22 letter of support for the additional funding. "We work with them to determine what they need and from there refer them to either Evergreen's mature student program or ours, depending on their locations."

Offering a high school program for mature students in more than one region of the Interlake allows people to stay where they live and not have to "uproot their families." It also reduces the cost of travel and accommodations. Distance was a barrier for many people who need in-class learning and assistance (as opposed to remote learning). Only Ashern and Selkirk were offering adult education programs.

Fieldstone is currently trying to bring paramedic training to the Interlake to address the region's chronic shortage of paramedics.

"We are working closely with Interlake-Eastern Regional Health Authority, [provincial] Shared Health, Red River College and Assiniboine Community College to provide training in all areas of health care, from health care aides, nurses, medical lab assistants to paramedics/first responders," wrote Bergner. "These are in great demand, and we foresee a large number of clients needing upgrading in one [high school] course or more to meet the entrance requirements."

The Evergreen School Division is letting Fieldstone use its mature student facility — the Technology Education Centre — in the Gimli Industrial Park, said Gray, so that the program can be offered in the same location for the 2022-2023 year.

Gray said ESD and Fieldstone hadn't yet heard from the province regarding their \$85,000 request for program funding.

For more information about the mature student diploma program, call Fieldstone Ventures toll-free at 1-888-777-1059 or 204-768-3797.

Snow Park

Staff

Edward and Laverna Penner made good use of the massive amount of snow that accumulated in their yard in Okno, north of Arborg.

They turned it into a snow park for their family and neighbours. Students from Interlake Mennonite Fellowship school, next to their property, enjoyed climbing and sliding down the minimountain. They could also explore the snow cave the Penners had dug into the side of the snow hill.

"It was lots of family fun," they said. "Plus we had seven different local school classes come through to enjoy the under-snow experience."



Interlake Mennonite Fellowship teacher Crystal and her Grade 4 students check out the snow cave.



The entrance to the cave welcomed visitors with candlelight, pine branches and a garland.



EXPRESS PHOTOS BY EDWARD AND LAVERNA PENNER Students from the Interlake Mennonite Fellowship school in Okno enjoy a huge snow pile.

Young and old returning to social life through arts programming

By Nicole Brownlee

The Green Acres Art Centre has several new programs on deck for the upcoming year, including expanding opportunities for seniors to socialize and families to play together.

The New Horizons Drop-in Centre committed around \$25,000 to GAAC to invest in activities for seniors.

GAAC plans to use the grant money to add a disc golf course to the Teulon-Rockwood Green Acres Park, floor shuffleboard and indoor curling.

"There are lots of seniors here, and there's really not a lot for them to do in Teulon," said Lana Knorr, GAAC's president.

In 2014, 29 per cent of Teulon's population was 65 years old or older, and the median age for the town was 50 years old.

Knorr said the grant from The New Horizons helps welcome the community back together.

"They want wellness and to bring people together, especially with the pandemic," said Knorr.

Cards, board games and crafts for seniors will also be available.

"The ultimate goal is to have it be an opportunity to socialize and have other activities."

In addition to planning summer camps, GAAC is reviewing several programs for parents and preschoolage children that explore learning together through dance, theatre, crafts and play throughout the year.

"It's an opportunity for parents to get out of the house with their child," said Knorr.

"These little ones have been at home.

They really need some social interaction to get ready for school. It's a huge adjustment."

Heather McDermid will lead the free Growing Green program for parents and children between one and six years old in Teulon at Green Acres Park and Stonewall at Stonewall Quarry Park.

The outdoor program uses nature as a learning tool, said McDermid.

"We encourage families to go outside and explore. Families can gain an appreciation for the world around them, and it fosters environmental awareness and compassion."

The program is also an opportunity for parents to meet other families in the community.

Elisa Hunt recently joined the GAAC team and will lead art programs in the spring.

The popular program Come Dance with Me, led by dance instructors Alycia Campbell and Elena Modrzejewski, is returning to GAAC. The free parent and child program is for children up to age three and runs for up to six weeks.

"This gives (the children) a little bit of an introduction to dance," said Knorr.

"Some of the ones that did the Come Dance with Me in the summer joined our Little Stars Program in the fall."

The Inspire, Imagine and Create program for children between two and four years old is continuing this year led by Arthur Holroyd.

Maegan Trach is leading the Little Learners program for children be-





EXPRESS PHOTOS BY HEATHER MCDERMID

Heather McDermid is leading the Growing Green program in Teulon and Stonewall to encourage families to explore nature.

tween three and five years old to practise literacy and numeracy through music and hands-on activities before entering kindergarten.

To learn more about when programs

will be offered, visit greenacresartcentre.ca or the Gaac Teulon Facebook page.

Fisher Branch Care-a-Lot-for-Tots hosting fundraising raffle

By Nicole Brownlee

After two years without their usual fundraisers, a Fisher Branch daycare has returned with a raffle.

Care-a-Lot-for-Tots, a Fisher Branch daycare that serves around 20 families, is hosting a wine raffle this month, with their final draw set for March 25.

"COVID has held us back from our Wish-List buying, so we're pretty excited that we can start getting out that list again and replenishing things," said Cami Karsin, director of the daycare.

The daycare, which has served the Fisher Branch community for over three decades, would usually host seasonal fundraisers, like breakfast with Santa Claus in winter and a plant sale in spring but have been limited by public health restrictions during the COVID-19 pandemic.

As a gradual return to fundraising, the Care-a-Lot-for-Tots wine raffle will help the daycare update furniture and



outdoor play equipment like riding toys.

"Way before COVID, we did a wine raffle and it was very popular," said Karsin.

Participants have the chance to win 15 bottles of wine for first place, 10 bottles for second place and five bottles for third place. Each prize will include a variety of wine types and brands.

One ticket is worth \$5, but supporters can buy three tickets for \$10 or a book, which is 15 tickets, for \$50.

"We've handed out books of tickets to families, and they're asking for more books," said Karsin.



"People from the community are coming forward asking for tickets, so that's a really good sign, and it shows that they want to support us."

To buy tickets, reach out to Care-alot-for-tots through their Facebook page, Care a Lot for Tots & We Rule, or call 1-204-372-6460.





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Roussin delivers final regular COVID-19 briefing

By Ashleigh Viveiros

Manitoba's top doc held his final regularly scheduled COVID-19 briefing last week.

Coming one day after the last of the province's public health orders expired, chief provincial public health officer Dr. Brent Roussin emphasized at a virtual news conference March 16 that Manitoba is transitioning into the next phase of the pandemic - learning to live with the virus.

"We're certainly at a different place in this pandemic," he said. "We've been able to change our approach from strict public health measures to public health recommendations. That guidance is now available online to help support people in their own decision making to assess their level of risk when it comes to things like mask wearing, physical distancing and how many people they're comfortable with gathering."

The past two years have been filled with loss and divisiveness, Roussin observed, and it's time to move forward.

"We know that COVID-19 will very likely be part of our lives for years to come, so we can't wait for COVID-19 to be gone before we start our journey of healing."

Roussin called on Manitobans for understanding and compassion.

"We may not have agreed on the best approach on public health measures. ... We may not all agree on the

timing of the loosening of the restrictions, but I'm sure we can all agree that all Manitobans have been faced with tremendous challenges and difficulties during these last two years.

"We see businesses now, some choosing to keep the proof of vaccine; others leaving that in the past. Some people will continue to wear masks; others will give that up. For many, these choices aren't easy. But we sure can make it easier on each other if we show some respect, kindness, compassion for other people's decision as we navigate this transition period."

Even with restrictions gone, modelling suggests Manitoba will continue to see a downward trend overall in COVID-19 hospitalizations, Roussin said.

On Monday, the province's online COVID-19 dashboard had 388 people in hospital with the virus (down 26 from the Monday before) and 22 in ICU (up two). The death toll was at 1.731.

Manitoba has already begun shutting down its pandemic infrastructure. Numerous testing sites were set to close this week and many vaccination supersites — including the one in Morden — are already closed, with more to follow in the weeks ahead. Roussin said embedded in these closure plans are plans to reopen testing and vaccination services again if needed in the future.

Vaccines will continue to be offered



Call Patricia Barrett 1-204-407-6099

Dr. Brent Roussin, chief provincial

Call Nicole Brownlee 1-204-467-5836

public health officer, appealed to Manitobans again for understanding and compassion as we move to a new phase of the pandemic.

through clinics, pharmacies and at the supersite at the RBC Convention Centre in Winnipeg, which will remain open for now.

Health officials will continue to actively monitor COVID-19 indicators here in Manitoba, nationally and around the world, Roussin stressed.

"This is the last formal COVID-19 briefing, but I can assure Manitobans that our work on this virus is not stopping at this point."

of flooding is still considered major,

though more like the peak levels seen

in 2019 from Emerson to the Red River

"Normal" weather over the coming

Continued on page 7

Flooding conditions improve a bit in March outlook

By Ashleigh Viveiros

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Things are looking a little better when it comes to potential flooding along the Red River this spring. In its second 2022 spring flood out-

look last week, Manitoba's Hydrologic Forecast Centre put the worst-case sce-

nario for spring flooding at the levels seen along the Red in 2011. That high risk of flooding is with

unfavourable weather conditions lots of rain or snow over the next few weeks.

With favourable conditions, the risk



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EXPRESS PHOTO BY KRISTINE ASKHOLM

The warmer temperatures made for perfect weather to go skijoring on Lake Winnipeg for Kristine Askholm this past Sunday. Temperatures hovered at 0 degrees C. to start the day and warmed up to 7 degrees C. by late afternoon. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@expressweeklynews.ca.

COVID-19 testing and vaccination sites winding down in Interlake-Eastern RHA

Last day for Selkirk vaccination site is March 26

Submitted by Interlake-Eastern RHA

Interlake-Eastern RHA's COVID-19 testing sites in Powerview-Pine Falls and Eriksdale are now closed. The Selkirk COVID-19 testing site at the old hospital located at 100 Easton Dr. remains open from 9 a.m. to 4 p.m. Monday to Saturday. In addition, there are five sites in Winnipeg that still offer testing service:

Ma Mawi Wi Chi Itata Centre Testing Site (445 King St.)

Walk-in Clinic Garrick Cen-

tre (330 Garry St.)

Testing Centre (604 St. Mary's Rd.)

Dakota Medical Centre (17-845 Dakota St.)

Minor Illness and Injury Clinic Drive-Thru Testing Site (2055 Notre Dame Ave.)

PCR tests will continue to be available at these sites to eligible people, which includes pre-operative patients and those at high risk for severe outcomes from COVID-19 who may be eligible for treatment. For up-to-date information about hours and locations, as well as information on rapid antigen tests, visit: www.manitoba. ca/covid19/testing.

Rapid antigen tests are available for

all Manitobans for use if they become symptomatic in the future. Tests can be accessed free of charge through a variety of locations, including provincial testing sites and retail establishments and Winnipeg public libraries, among others. Please visit one of the following retail locations to pick up tests (one five-test pack per person or two per household). Note: stock may be delayed to some retailers as distribution continues.

• Co-ops (42 locations)

 Loblaw/Shoppers Drug Mart (59) locations)

• London Drugs (1 location) Northern, NorthMart and Solo (29)

Locations) • Rexall (18 locations) > FLOODING, FROM PG. 6

weeks would put the expected flooding levels close to that seen in 2020.

Red River tributaries, including the Roseau, Rat and Pembina rivers, are also at a high risk of moderate to major flooding, depending on what the next few weeks of weather brings us.

Due to below-normal soil moisture at freeze-up and normal to well above normal winter precipitation, there is high risk of moderate flooding in the Assiniboine River and its tributaries, including Souris River basin, and in the eastern region, including the Whiteshell Lakes area, the report notes.

The risk of spring flooding is low for Interlake and northern Manitoba regions. The risk of flooding for most Manitoba lakes is also low.

The province notes the predicted peak levels of flooding across Manitoba right now are expected to remain below the dikes and community flood protection levels, which have been raised significantly since the Flood of the Century in 1997.

"The magnitude of the spring runoff on Manitoba's rivers is still very dependent on weather conditions from now till the spring melt and during the spring melt period," the report stresses. "A late thaw and spring rainstorms could result in a rapid snow melt that increases overland flooding and the flows on tributary streams and the larger rivers. A single precipitation event similar to the rainstorm that occurred in the summer of 2014 could change the flood outlook significantly."

The complete March Outlook Report can be found at www.gov. mb.ca/mit/floodinfo/pdf/2022/ march_2022_flood_outlook_report. pdf.

Save On Foods (5 locations)

• Walmart (16 locations)

Safeway, Sobeys and IGA (40 lo-

Last day of operation for Selkirk's

COVID-19 vaccination site is March

•

cations)

26. The last day of operation for Selkirk's COVID-19 vaccination site at 100 Easton Dr. will be March 26 from 8 a.m. to 3 p.m. Vaccines continue to be available at medical clinics and pharmacies throughout the province. The vaccine site at RBC Convention Centre in Winnipeg will remain open to offer vaccines. For additional updates on vaccine locations and hours or to use the vaccine finder, visit www. manitoba.ca/vaccine.

8 The Express Weekly News Thursday, March 24, 2022 Canada's farmland market remains resilient despite adversity

Submitted by FCC

Canada's farmland values climbed in spite of impacts from pandemic supply chain disruptions and adverse weather that affected parts of the country, as Farm Credit Canada's (FCC) Farmland Values Report showed an 8.3-per-cent national average increase in 2021.

The report, which describes changes in Canada's farmland values from Jan.1 to Dec. 31, 2021, covers an entire year of disruptions caused by the pandemic, as well as drought that reduced yields across much of the prairies.

FCC reported a 5.4-per-cent national average increase in 2020.

In Manitoba, average farmland values increased by 9.9 per cent in 2021, following gains of 3.6 per cent in 2020 and four per cent in 2019.

"The low interest rate environment and favourable commodity prices seem to have offset some of the many challenges that could have been expected to restrain the demand for farmland and the price producers are willing to pay for land," said J.P. Gervais, FCC's chief economist. "It's a testament to the resilience and business confidence of farm operators who are largely driving this strong Canadian farmland market."

The largest increases were recorded in Ontario and British Columbia (22.2 and 18.1 per cent, respectively), followed by Prince Edward Island (15.2 per cent), Nova Scotia (12.3 per cent) and Quebec (10 per cent).

Other provinces showed more moderate average increases, ranging from Alberta at 3.6 per cent to Manitoba at 9.9 per cent. Saskatchewan recorded an average increase of 7.4 per cent, while New Brunswick showed a 5.2 per cent average increase.

There was an insufficient number of publicly reported sales in Newfoundland and Labrador to fully assess farmland values in that province. That was also the case in Yukon, Northwest Territories and Nunavut. Gervais notes that Canada's agriculture industry is still facing uncertainty, since labour shortages, supply chain disruptions, geopolitical tensions, farm input inflation and incremental interest rate increases are expected this year. At the same time, FCC is forecasting that receipts of grains, oilseeds and pulses in Canada will increase in 2022, fueled by strong demand and tight global supply.

Increases in farmland values reported across the country are as wide and varied as the factors that may have influenced them. Average farmland values have increased every year since 1993; however, increases were more pronounced from 2011 to 2015 in many different regions. Since then, Canada has seen more moderate single-digit increases in average farmland values.

Ontario reported the sharpest overall increase, more than quadrupling its 2020 average farmland value increase of 4.7 per cent, while B.C. more than doubled its average increase form the previous year. With a much smaller farmland market, P.E.I.'s average increase was more pronounced from one year to the next.

Land markets in Prairie provinces were somewhat tempered by adverse growing conditions, while farmland values in several regions of B.C. were bolstered by limited supplies of available land and proximity to urban areas.

"Sharp increases are often a result of local market conditions coupled with relatively favourable economic conditions," Gervais said. "For areas that reported significant increases, strong demand for a limited supply of land played a key role in bumping up values."

Producers in many regions were buying or selling land to gain operational efficiencies and to support family farm succession plans, which

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> BILL 22, FROM PG. 3

ing of endocrine and reproductive systems in living organisms," they wrote in a 2019 issue of the journal *SN* [*Springer Nature*] *Applied Sciences*.

Canada is among the top 10 "pesticide-consuming" countries in the world, along with the U.S., China, India, Argentina, Italy and France, they said, citing other scientific findings. In Canada, 35 million kilograms of pesticides are used annually in agricultural fields in order to boost crop productivity. Manitoba uses two million kilograms of herbicide annually, according to provincial crop insurance records.

When asked whether the provincial government might consider moving to a more environmentally friendly way of dealing with plants and/or insects considered to be pests, Wharton said we "need to rely on the science coming out of Health Canada with respect to pesticides."

"Farmers, producers have been using pesticides even post-2014 [NDP] legislation," he said. "The biggest threat to Lake Winnipeg and our tributaries and our waterways is the city of Winnipeg's North End wastewater treatment plant. That's what we need to focus on. We are committed to that as a province. We're hopeful the city will get on board and move forward."

University of Winnipeg retired biology professor Eva Pip, who has published over 100 scientific studies, primarily on water quality, said she's disappointed with the provincial government's proposal to lift pesticide restrictions.

"We do not seem to be progressing to a more responsible way of living, or to be more aware and considerate of our impact on our environment. Rather, our selfishness and petty convenience seems to override our moral duties to the planet that is the only life-support option we have," said Dr. Pip. "We do not think, and even more disappointingly, we do not act. Perhaps one day we will learn to see the value of the things that are no longer there."

Dr. Pip offered a lengthy list of reasons why pesticides shouldn't be used. They include residential applications that are "more intense" per unit area than applications to agricultural land, collateral damage to "nontarget" species that are important for diversity and beneficial for bees and birds, the persistence of the chemicals in the environment, and the inability of sewage treatment plants to handle pesticides, which will be flushed into rivers and lakes.

"In the environment, many pesticides and their formulation components may be very harmful to fish and aquatic communities," said Dr. Pip. "Many of these chemicals may persist for a long time in the environment, and when they do degrade, they may sometimes degrade into compounds that are more toxic than the original chemical."

Pesticide manufacturers don't have to list all the ingredients they use, she said, making it impossible for independent scientists to evaluate a product's safety.

"According to the Uniform Trade Secrets Act, formulations are proprietary information and all the ingredients do not need to be listed on the label. Therefore, the consumer has no way to get this information and make an informed decision," said Dr. Pip. "The data on which federal approval of a product are based are confidential and provided by the company itself. There is no way for outside agencies to review and evaluate the data."

Other ingredients in pesticides may also be dangerous to both humans and animals.

"The active ingredient is only one part of the product formulation. There are many other components for example surfactants, extenders, adjuvants, emulsifiers, etc. Some of these components may be more toxic to humans and animals than the active ingredient itself," said Dr. Pip.

Toxicity testing is carried out on animals and the results are generalized to humans. The problem is humans and animals aren't the same species; one may be able to tolerate certain chemicals without adverse consequences while the other cannot.

"Toxicity testing is carried out by the company using certain test organisms and for a relatively short period of time. The results are extrapolated to humans, but different species can respond differently to the same chemical," she said. "For example, onions, grapes and chocolate are toxic for dogs but not humans. These tests identify obvious acute effects (e.g., death, incapacitation, reproductive problems, birth defects), but not many other effects. We can't ask a rat, 'Do you have a headache?' These tests do not identify long-term chronic effects (longer than two years) or issues such as cancer that take many years to develop."

Pesticides that get the stamp of approval today may get yanked later when adverse effects start to pile up.

"Many products that do get approved may be taken off the shelves later when there are more data and more documented cases of adverse effects," said Dr. Pip. "There is a backlog of older products that are waiting to be retested because they were approved under older rules. Meanwhile, they are still on the shelves."

And it's the appearance of pesticide products on store shelves that may lead consumers into thinking they're "harmless," said Dr. Pip. Consumers may be unaware that they should use personal protective equipment and keep children and pets off freshly treated areas.

There are much less harmful options for dealing with insect pests, she said by way of example. Spraying diluted liquid dish soap is a better option than using pesticide.

"We are already overwhelmed by so many chemicals of all kinds in everything we touch, consume, wear and use," she said. "There are almost no data on how these chemicals work together to affect our health. Why not limit exposure in the places where we can actually do so?"

Peak of the Market Growers invest \$50,000 in Agriculture in the Classroom

Submitted by Peak of the Market

Peak of the Market is proud to announce a significant partnership with Agriculture in the Classroom.

"Peak of the Market believes in the significance of agriculture education and looks forward to sharing the benefits of the industry and the importance of eating both potatoes and other vegetables with Manitoba students," said Pamela Kolochuk, CEO, Peak of the Market. "We are very pleased to support a well-established organization like AITC-M that connects with over 56,000 students and more than 1,000 teachers in balanced and meaningful ways."

As part of the partnership, Peak of the Market will be the presenting sponsor of the Foundations of Manitoba Agriculture Virtual Resource a hub on the AITC-M website where all major crop and livestock commodities in Manitoba will be highlighted specifically for educators and students across the Grade K-12 audience. In addition, potato and vegetable farming will be highlighted by AITC-M through other digital and in-classroom materials including the new Amazing Veggies Race.

"We are so excited about this incredible partnership with Peak of the Market," said Sue Clayton, executive director of AITC-M. "The Foundations of Manitoba Agriculture is a much anticipated resource that will be used by Manitoba teachers and students for many years to come."

Peak of the Market is an inclusive and diverse company driven by a dedicated group of growers and staff that has marketed quality produce for 80 years, supplying a wide variety of fresh, quality vegetables across Canada and throughout the United States. Peak of the Market has earned the reputation for not only ensuring the produce grown exceeds the national standard for safety and quality, but that customers receive the same attention and superior service. Everyone at Peak of the Market takes pride in working toward a collective commitment to excellence, in everything it does, all year long.



EXPRESS PHOTO SUBMITTED

Pictured left to right: Brooke, Paige and Pamela Kolochuk, CEO of Peak of the Market; Peter Loewen, chair of Peak of the Market; Sue Clayton, executive director of Agriculture in the Classroom.

Agriculture in the Classroom - Manitoba is a non-profit, charitable organization dedicated to developing curriculum-linked programs, resources

and activities to help teachers and students learn more about the importance of agriculture in Manitoba.

Work underway on new ag insurance product

By Jennifer McFee

A new usage-based insurance product has cropped up to help forage and livestock producers mitigate risks.

The provincial and federal governments recently announced a \$253,600-investment through the Canadian Agricultural Partnership to create a new usage-based insurance product to respond to needs of forage producers.

This project is underway in collaboration with Dairy Farmers of Manitoba, which is leading the initiative in partnership with Manitoba Beef Producers and four more producer organizations.

David Wiens, chair of Dairy Farmers of Manitoba, explained that this usage-based insurance will use leadingedge artificial intelligence.

"This product will measure and predict forage crop yields. It does this automatically and pretty much in near real-time based on satellite remote sensing, weather and geophysical data. In the past, crop insurance on forages has not been all that ideal. It's been difficult to work with at times," he said.

"So certainly we need to have an insurance company specifically for forage, and I think it's going to be very effective. It will be much more responsive to our needs as a result of adverse weather that we experience. Last summer is also a very good indication of how we're getting into more volatile weather situations, partly as a result of climate change."

Forage is an essential part of a cow's diet and nutrition program, he added.

"We need to ensure that the cows are healthy and, in our case, are producing high quality milk," Wiens said. "That's what really draws us to a project like this."

The revamped insurance product focuses on forage and pasture crops throughout Manitoba, he added.

"The technology will be using satellite remote sensing, weather and machine learning based approaches to help solve some of the problems that limit the application of traditional insurance," he said.

"This platform will offer us whether we're dairy producers, beef producers or forage growers — a new risk management tool with a focus on education, transparency and efficiency."

Work is already underway by AIRM Consulting, a research-focused professional services firm with expertise in actuarial science, engineering, computer science, data science and agribusiness. Over an 18-month period, the company will develop a website with a geographic information system interface for farmers to buy insurance, monitor their policies and support their claim settlements.

"They have a successful track record

in working with both the private and public sector entities in Canada and internationally. Because of our heavy reliance on forages for our industry and others, it becomes very important to have that real-time information," Wiens said.

"For those of us who worked with crop insurance, it can be sometimes challenging when you have to wait until everything is said and done to make a claim. In the situation we had last summer, you could see it wasn't looking very good. Then the question becomes whether you are in a claim position or not. In the past, you always had to report the yields and then harvest the crop first. That all takes time, so it was at the end of the season when you could really solidify whatever claims you might have."

With this new initiative, the realtime information will offer a much better idea of how crops are doing earlier in the season. Farmers will be able to rely on satellite remote sensing and other data, combined with an interactive web-based application, to individualize their insurance. At the same time, this project will allow for real-time and dynamic pricing. As well, farmers will be able to monitor forage production throughout the season, leading to fast-track claim settlements.

"This will be very reliable for information needed to make claims. Also, as farmers, when we're trying to ensure we have enough feed for our cattle for the coming winter, this allows us to have a better idea earlier on about much feed we'll actually have to source," Wiens said.

"Then you can start to make decisions on the farm about trying to access feed earlier rather than later in the season, so there are some other benefits besides just the crop insurance aspect of it. This real-time information is going to be extremely useful from a management perspective on farms as well. This will be very much a welcome development for our industry."

Community Support Service

Al-Anon Gimli and Winnipeg Beach

Meeting place 17B North Colonization Rd. Gimli (Next to the New Horizens)

Meetings are Wednesdays between 7 and 8 p.m.

Contact 204-389-4777

AA Winnipeg Beach

Lady of the Lake RC Church Corner of Hwy. 9 and Lake Ave., Winnipeg Beach

Meetings are Saturdays between 7 and 8 p.m.

Contact 204-340-1855

10 The Express Weekly News Thursday, March 24, 2022 Remarkable bench up for raffle to support refugees

By Nicole Brownlee

Multicoloured flowers like a vinok, a traditional Ukrainian flower crown, line the bench Robert Unik carved honouring Ukrainians.

Vibrant orange and yellow pysanky, Ukrainian Easter eggs, join the bench's legs and arms, and clean white cloth with red embroidery on its edges covers the seat inscribed with a clear message written in Ukrainian, "Peace for Ukraine."

The county's blue and yellow flag appears to be shifting in the wind on a flagpole on the backrest of the bench and protected by sunflowers, Ukraine's national flower and a symbol of resistance since Russia invaded Ukraine in February.

"When I was carving, I got a lot of tears," said Unik, whose family is from Ukraine.

"Looking at it and seeing the babas and the mothers and the children while their husbands are going to fight the war."

Unik has been carving for almost four decades and is known for molding benches, cottage signs and pelicans out of wood.

Carving the intricate bench for three weeks was an outlet for Unik to express Ukrainian culture and pride while also creating the focus of a fundraiser.

Unik has partnered with the Selkirk Rotary Club to offer the bench as a raffle prize, with all proceeds going towards Ukrainian refugees settling in Manitoba.

Supporters will be able to buy raffle tickets for \$20 in a few weeks and the final draw will be held on Canada Day.

Unik chose to dedicate the money raised from the bench's raffle to newcomers because of the outpouring of support for people living in Ukraine. He also wants to take his time raising as much money as he can.

"I don't want to donate (the bench) or just sell it because I can make a lot more money with a raffle," said Unik. "I'm in no rush."

The raffle also gives people living in the Interlake the chance to donate and participate in welcoming Ukrainians into the province.

"I wanted something for us in this area," said Unik, who lives in Selkirk.



EXPRESS PHOTO SUPPLIED BY ROBERT UNIK

Robert Unik, a carver from Selkirk, is raffling off a hand-carved bench to raise money for Ukrainian refugees fleeing to Manitoba.

"This is how I donate."

Ticket buyers also have the chance to win other hand-carved sculptures by Unik like a pelican, owl, 1.5-metretall peacock and personalized signs.

Robert Unik will release more infor-

mation about the bench raffle on Face-

book in a few weeks as the fundraiser is finalized. To view Unik's work, visit the Our Unikque Creations Facebook page.

KAP calls for immediate back-to-work legislation

Submitted by KAP

Keystone Agricultural Producers (KAP) calls upon the federal government to introduce back-to-work legislation so that the current CP rail work stoppage ends immediately. Additionally, immediate and co-operative action by all parties needs to be taken.

"The work stoppage will exacerbate an already difficult situation. A work stoppage for any length of time means lost shipping opportunities that will never be recovered. The current global supply chain crisis has people around the world very concerned about their food and energy supply," said Bill

Campbell, president, Keystone Agricultural Producers.

Rail service for the agricultural value chain is critical to meeting demand for our domestic and export customers. The livelihoods of Canadian farmers, and the entire value chain, depend on Canada's ability to deliver

agricultural product efficiently and on time. Past service disruptions have caused significant damage to Canada's reputation as a reliable supplier.

"Delays in fulfilling contracts have also impacted the reputation of the Canadian brand with our customers," added Campbell. "Reliability is a key component of the Canadian brand. Shortfalls this year, and in the past such as 2013-14, will resonate with customers for years to come."

There is currently a backlog of grain on farms that was expected to have been delivered to export customers. Additionally, there are shortages of dried distillers' grain, soybean meal, fertilizer and feed that are needed urgently and require rail transport.

Additionally, fertilizer, which is desperately required by producers in the spring, must be brought up from the United States into Canada and needs to be distributed throughout supply networks over the next month. Canadian Pacific Railway plays a major part of this operation.

"The agricultural value chain has been advocating for some time that rail service be deemed an essential service that would prevent future work stoppages and secure Canada's supply chain," concluded Campbell.



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Co-ops come together to support aid for Ukraine

By Nicole Brownlee

A Red River Co-op employee who immigrated from Dnipro, Ukraine, to Winnipeg in 2015 has united Co-op locations across the province to collect over two tonnes of medical and tactical supplies for people in Ukraine.

"Several days after the war started, I was frantic. I was thinking, 'What can I do to help Ukraine? What do I do? Why am I here in Canada? Why am I not there?'" said Anna Karpenko.

Many of Karpenko's family members were in Kyiv when Russia invaded the country in late February. They were able to evacuate Ukraine's capital city safely and fled to Dnipro in central Ukraine.

"Dnipro is relatively safe for now, and I hope it stays that way," said Karpenko.

In late February, Karpenko found a Canadian freight company based in Toronto that could send humanitarian packages to Poland, which could be picked up by truck and transported to Ukraine.

Grateful for an outlet to help Ukrainians, Karpenko began organizing items to send to Toronto and shared the news on Facebook.

"In a day, we had so many things donated and brought over that I had to do a call out for volunteers for packaging and wrapping."

Red River Co-op covered the \$6,000 cost of sending the first shipment from Manitoba to Toronto by truck.

The shipment of medical supplies, like tourniquets, gauze and bandages, and tactical gear, like elbow and knee pads, flashlights and walkietalkies, reached Ukraine with the help of Come Back Alive, a Ukrainian organization that supports the Armed

"I NEVER THOUGHT

SPONSE AND THE

SUPPORT WOULD

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Forces of Ukraine. The cost of sending the second shipment to Toronto was covered by 12 Coop locations across Manitoba, including Moosehorn, Ukrainian Farmers, Homestead, Prairie Roots, Dauphin, Interlake, Beausejour, Domain, Twin Valley, Clearview, Pembina, Sun Valley and Neepa-

wa-Gladstone. The second shipment with around two tonnes of supplies reached Toronto and is being prepared to send to Poland.

"Co-ops were built to support community and our thoughts are with the people of Ukraine during this time," said Adrian Shabaga of Moosehorn Co-op.



The Co-op has made and sold over 64 pots of borscht.



The Ukrainian Farmers Co-op in Fisher Branch is raising money to support Ukraine by selling homemade borscht.

"It really is overwhelming. I never thought that the response and the support would be so immense," said Karpenko.

The Ukrainian Farmers Co-op in Fisher Branch was one of the 12 Co-op locations to help Karpenko collect supplies and is now taking donations to support Ukrainian refugees coming to Canada.

"I think anytime the community finds somewhere they can donate, people are extraordinarily generous," said Kyle Yaciuk, owner of the Co-op.

The Co-op has also raised over \$3,500 by selling homemade borscht.

Sherisse Danish led the project, using her baba's recipe, and with the help of volunteers Ronnie Dandeneau, Aurele Meilleur, Jim Danish, Anne Podaim and Yaciuk, Danish made over 64 pots of soup.

Ukrainian Farmers Co-op is also accepting supplies including bedding,

The first shipment of supplies has reached Ukraine and the second is being prepared in Toronto.

toiletries and diapers on behalf of the Ukrainian National Foundation in Winnipeg. All monetary donations will be sent to the Ukrainian Canadian Congress in Winnipeg and the Canadian Red Cross.

TAYLOR McCAFFREY

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EXPRESS PHOTOS BY KYLE YACIUK

Red River Co-op employee Anna Karpenko has collected over three tonnes of medical and tactical supplies for Ukraine.



12 The Express Weekly News Thursday, March 24, 2022 Gimli High School's Key Club members raise \$700 for Ukraine relief



By Patricia Barrett

Students who are part of Gimli High School's Kiwanis Key Club raised \$700 last week to support relief efforts for Ukrainians forced to flee their country after it was invaded and attacked by Russia in February.

Human ecology teacher and Key Club advisor Jasmine Schumack said the student-led club donated the \$700 to the Ukraine Humanitarian Appeal, which was established by the Ukrainian Canadian Congress and the Canada-Ukraine Foundation.

"We hope this week helped to spread awareness about the war currently happening in Ukraine, and that the money donated will provide some relief to Ukrainian civilians and people on the front lines," said Schumack. "We would like to sincerely thank everyone who supported our fundraiser and participated in our Ukraine Support Week."



Indoor Garage Sale

Saturday, April 30, 2022 10AM – 4PM If you are interested in renting a table contact Yvonne 204-642-5352 The support week ran from March 7 to 11. Students held a bake sale every day to raise money.

"Delicious treats were baked and donated from staff and students, including the GHS cafeteria, the Grade 10 foods & nutrition class, the Tarnowski Family, Bethany Ward of B.W. Cookies, Mitchell Baker, Sofiya Balaban, Leif Robak, Nicole Grushka and Liz Valdes Medina," said Schumack. "Students and staff were also encouraged to wear blue and yellow in solidarity with Ukrainians."

Kyra Humniski, Ava Lebel and Samantha Kmet from the Gimli Barvinok Ukrainian Dance Club performed traditional dances for the school at the end of the week.

Key clubs are international studentled organizations providing its members with an opportunity to engage in community service events, build character and develop leadership skills, said Schumack. The vision of the club is that its members are caring and competent servant leaders transforming communities worldwide. The Kiwanis Club of Gimli & District advises the high school's Key Club.

Over three million Ukrainians have now fled to neighbouring countries such as Poland, Romania, Hungary, Slovakia and Moldova. Many other countries are setting up refugee programs to provide interim housing, health, education and other services to people displaced by the invasion and the destruction of their cities, which includes the bombing of residential buildings and hospitals. Last Sunday marked day 24 of the unprovoked invasion of Ukraine by Russia.



EXPRESS PHOTOS BY FRANCES PETROWSKI/GHS TWITTER Key Club students, along with Cimli Kiwanis members who act as advisors for the club, held a bake sale every day last week to raise funds for Ukraine.



Members of the Barvinok Ukrainian Dance Club — Kyra Humniski, Ava Lebel and Samantha Kmet — performed traditional Ukrainian dances for the school to celebrate Ukrainian culture.

> RESILIENT, FROM PG. 8

contributed to a strong farmland market in Canada.

Relatively good growing conditions in Quebec, Nova Scotia and New Brunswick contributed to the farmland value increases in those provinces.

Gervais reminds producers to have and maintain a risk management plan that takes into account possible economic changes, ensuring their budgets have room to flex if commodity prices, yields or interest rates shift. They also need to exercise caution, especially in regions where the growth rate of farmland values exceeded that of farm income in recent years.

By sharing agriculture economic knowledge and forecasts, FCC provides solid insights and expertise to help those in the business of agriculture achieve their goals. For more information and insights, visit fcc.ca/Economics.

FCC is Canada's leading agriculture and food lender, with a healthy loan portfolio of more than \$44 billion. Our employees are dedicated to the future of Canadian agriculture and food. We provide flexible, competitively priced financing, AgExpert management software, information and knowledge specifically designed for the agriculture and food industry. As a selfsustaining Crown corporation, we provide an appropriate return to our shareholder, and reinvest our profits back into the industry and communities we serve. For more information, visit fcc.ca.

A journey through the calendar year on ice

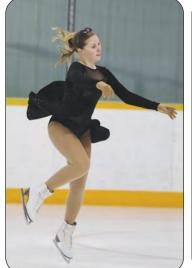




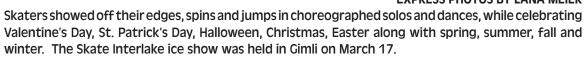


















14 The Express Weekly News Thursday, March 24, 2022 Interlake girl ready to return to Thailand for second stem cell therapy

By Jennifer McFee

A Stonewall girl hopes to return to Thailand for her second round of stem cell therapy, and the community is once again raising funds to help support her journey.

Two years ago, young Amaya Dawson's spinal cord was damaged in a car accident, leaving her paralyzed from the chest down. In November, she underwent stem cell treatment at the Verita Neuro facility in Bangkok, Thailand, through a process that isn't available in Canada.

She will be eligible to return to Thailand for the same treatment every six months as long as there's progress, and plans are in place to take her back in June for another round of stem cells.

Amaya, who is nearly 10 years old, has noticed some changes since her first treatment. She's starting to have unintentional reflex spasms in her legs and she's also feeling sensations in her feet, thighs and stomach internally. At the same time, she's regaining some control of her personal functions, with the hopes of further improvements.

"She can't feel the touch but the inside of her foot will tingle. She knows something's there, but she doesn't know what it is," explained her mom, Alycia.

"They say it's a good sign that things are reconnecting or rejuvenating. Potentially, with more months or possibly more stem cells, she might actually get the sensation of feeling back — and this is the first step."

The cost of the hospital stay in Thailand is \$32,000 Canadian, which includes the stem cell treatment, seven nights of accommodation for Amaya and Alycia and possibly another helper. For the first trip, Alycia's friend, who is also a registered nurse, accompanied them to help, particularly since many places weren't accessible for Amaya's wheelchair. The cost also covers all of Amaya's meals throughout her stay, and she will get physiotherapy twice per day and electrotherapy once per day.

On top of that, they will also need to buy plane tickets.

For Alycia, it's more important that Amaya regain some personal independence than regain the ability to walk.

"Amaya is still Amaya. Her attitude, her personality haven't changed one bit. She still has all her friends and her family. She is totally supported by the community, and the school is incredible with her," Alycia said.

"The fact of her not being able to walk was heartbreaking initially, but it's not such a huge thing anymore. It's just part of our life now, and now she has so much strength that she's able to sit up on her own. She has so much support and everybody still loves her, which is exactly what I want for her as her mom."



Amaya Dawson, who is nearly 10 years old, is hoping to return to Thailand for a

second round of stem cell therapy. Fundraising for the upcoming Thailand trip is underway, and the community is once again stepping forward with support.

A bustling online garage sale is taking place through a Facebook group called "Amaya Takes Flight," which lists other fundraisers on an ongoing basis.

With spring now here, Alycia also plans to host another plant sale, likely within the next month. "They say the second round of stem cells is when you see the most results, so we are grateful for every dollar because it all adds up," Alycia said.

"If it wasn't for all of the people that did the fundraisers last year and the people that participated, we wouldn't have gone to Thailand the first time. I'm trying to work my butt off to put in my own money, and the support of everyone else would be amazing."



Fisher River wins consolation final at MHSAA 'A' varsity basketball provincials

By Brian Bowman

The Fisher River Hawks defeated the Elm Creek Cobras 58-46 in the consolation final last Saturday at the MHSAA "A" varsity boys' basketball provincials in Fisher River last Saturday.

Fisher River defeated the Wawanesa Warriors 62-31 on Friday night.

Fisher River started the provincials with a 77-42 loss to Pinawa last Thursday.

The Riverton Patriots, meanwhile, finished with an 0-2 record at the provincials

Riverton lost 43-38 to Elm Creek on Friday evening.

The Patriots opened action getting defeated 57-38 by the Grandview Spartans.

In varsity girls' provincial play, Riverton lost 42-22 to the Duke of Malborough Storm on Friday.

The Patriots were beaten 80-22 by Elm Creek last Thursday.

Fisher River, meanwhile, were beaten 44-25 by the Pinawa Panthers on Friday.

The Hawks earlier lost 56-22 to the Grandview Spartans.



The Fisher River Hawks won the MHSAA A varsity boys' provincial consolation basketball final after defeating the Elm Creek Cobras 58-46. Pictured back row, left to right, Anthony Mason (coach), Maximus Mallette (captain), Jarren Garson, David Murdock, Royden Assin, Mitchel Wilson, Jesse Mallette (captain) and Will Whiteway (coach). Front row: Hughie Sinclair, Joseph Garson, Ashton Sinclair, Hector Murdock and Isaiah Roy. Missing from the photo is Cayden Murdock and Gage Houston.



Selkirk stops Arborg in Game 1 of CRJHL final series

By Brian Bowman

The Arborg Ice Dawgs had a tough time with the Selkirk Fishermen in Game 1 of the Capital Region Junior Hockey League best-of-seven final series on Sunday.

After Arborg's Austin Adair opened the game's scoring early in the second period,

Selkirk responded with six unanswered goals in a 6-1 victory.

"I'm not going to make any excuses but that was our third game in four days," said Ice Dawgs' head coach Murray Monkman. "And we were coming off the high of a double overtime win to close out the last series. It was one of those games where we were playing the game the right way but just ran out of steam."

The Fishermen's Kyle Folhoffer, Travis Spratt, and Jordan Donald scored second-period goals and then Reece Tessier, Josh Poponick and Donald tallied in the third.

Tessier and Donald each had three points in the game.

Brendon Hocaluk made 26 saves for the win.

The Fishermen did a great job shutting down Jack Einarson, the league's leading scorer during the regular season.

"They shut down (that line) pretty well, but again, we weren't at our (best)," Monkman said. Selkirk has been outstanding defensively during the playoffs, allowing just four goals in five games.

Arborg is going to have to find a way to score against Selkirk.

"We missed so many open nets," Monkman lamented. "The first 30 minutes of the game, the first period, we had so many opportunities to put the puck into the net and the same thing with odd-man rushes. Right now, it's just a matter of converting. Had we scored two or three of those goals in the first period, the game would have been a different outcome."

Game 2 of the series is set for Thursday (8 p.m.) in Arborg while Game 3 is scheduled for Saturday (7:30 p.m.) in Selkirk.

Game 4 of the series returns to Arborg on Sunday (5 p.m.).

The Ice Dawgs reached the final series after beating the St. Malo Warriors 3-2 in double overtime last Friday. Arborg won the best-of-seven series 4-1.

Kalen Guimond scored the game winner in OT. He finished the game with three points.

Jack Toews scored a first-period goal for the Warriors but the Ice Dawgs' replied with second-period markers from Jack Einarson and Guimond.

St. Malo's Brendan Spence then tied the score at 2-2.



EXPRESS PHOTO BY BRETT MITCHELL

The Arborg Ice Dawgs' Brayden Kohlman is hounded by a Selkirk Fishermen player during Game 1 action in the CRJHL final series on Sunday in Selkirk. Game 2 of the series will be played Thursday at 8 p.m. in Arborg.

Tre Strachan made 39 saves for the win.

St. Malo staved off elimination with a 3-1 home win last Thursday evening.

Jack Einarson gave Arborg a 1-0 lead with a shorthanded goal but the Warriors' Evan Wuerch answered with a

goal about five minutes later.

St. Malo's Ashton Dubois struck on the power play in the second period and then he closed out the scoring in the third.

Strachan made 32 saves in the losing cause.

Juniors lead North Stars in KJHL semifinal series

Staff

The Peguis Juniors have a 2-0 lead over the Norway House North Stars in their Keystone Junior Hockey League best-of-seven semifinal series.

Peguis made it two wins in a row after a convincing 7-1 home victory on Sunday afternoon.

Keelian Lavasseur scored four goals (including all three in the first period) and had an assist.

Kyle Cochrane chipped in with a goal and two assists while Lyle Murdock and Dion Fontaine each added a goal and a helper.

Lucien Tate-Reaume scored a third-period goal for Norway House.

Aidon Marchand made 25 saves for the win.

On Saturday evening, Peguis erased a 3-0 deficit to defeat Norway House 9-6. Eight of the Juniors' goals came in the second period.

Lyle Murdock led Peguis with four goals and an assist while Lavasseur tallied twice. Kyle Cochrane, Jamie Maytwayashing and Fontaine also scored for the Juniors. Peguis' Darian Murdock had four assists.

Frederick Ledoux (three), Tait-Reaume, Henry Muchike-

kwanape and Richard Ducharme scored for Norway House.

Marchand made 27 saves for the win.

Game 3 of the series will be played on Saturday (7:30 p.m.) followed by Game 4 on Sunday (1:30 p.m.). Both games will be played in Norway House.

On off-ice news, the KJHL announced the

nominees for three major awards last week.

Lyle Murdock is up for the Most Valuable Player award while Levasseur was nominated for the league's Top Rookie Award. On Monday, the league announced that Ledoux had won the Top Rookie award.

Peguis' Kyle Cochrane is among three players nominated for the Top Defenceman award.



riors' Ev

Seventy-four-year tradition returns to Lundar

By Nicole Brownlee

The Lundar Winter Carnival returned to the RM of Coldwell last weekend, marking the 74th anniversary of the community event.

The carnival, organized by the Grettir Co-op, was delayed for two years because of public health restrictions during the COVID-19 pandemic.

"There were way more people that came out than I was expecting," said Carla Sweetland, a Winter Carnival committee member.

"We're glad that the carnival was so successful because we haven't been able to bring in our regular fundraising income during COVID."

A rec hockey tournament kicked off the Winter Carnival on Saturday, followed by cocktails, a Bud, Spud & Steak Supper and a silent auction organized by the Lundar Swimming Pool.

Silent auction, drink and meal ticket sales on March 19 went towards completing the Lundar splash pad.

The Lundar Swimming Pool raised \$1,700 from the silent auction, which included 15 prizes donated by community members and local businesses.

The second day of the carnival was packed with hockey, carnival games and performances.

Sunday's pancake breakfast sponsored by the RM of Coldwell was popular, said Sweetland, with around 125 community members arriving early to the arena before the first hockey game started.

The Lakeside U7 team versed their families before welcoming the U9 team to wage their battle against their families.

Approximately 35 children took to



Glitter tatoos were a highlight.

the ice following the games to participate in races, carnival games and a balloon drop to win snacks from the canteen.

At 3 p.m. Laila Mason, Hanna Johnson, Kade Sweetland Laughlin and Gavin Sweetland competed to be crowned the carnival king and queen. Hannah Johnson and Gavin Sweetland earned their crowns by selling the most raffle tickets.

The four contestants raised \$21,000 through raffle ticket sales, which are donated to the Grettir Co-op to maintain the arena.

The Lundar Agricultural Society, Grettir Co-op, Lundar Legion Ladies Auxiliary #185 and the Lundar Gooseshoot Committee sponsored the four contestants, donating \$100 each to start the race.

The Lundar Skating Club wowed the crowd after the coronation with their ice show and encouraged audience members to participate in their Skate/Walk-a-Thon.

To cap off the weekend, the Lakeside U15 team won their third semifinal game against Fairford, sending them to their finals against Peguis.



EXPRESS PHOTOS BY CARLA SWEETLAND

The Lundar community reunited last weekend to celebrate the Lundar Winter Carnival. Community members participated in hockey games, contests and activities.



Laila Mason, Hanna Johnson, Gavin Sweetland and Kade Sweetland Laughlin competed for 2022's Carnival queen and king. Johnson and Sweetland earned their crowns and raised \$21,000 for the Lundar Arena with the help of their fellow contestants.



The Black Aces won the Lundar Spring Classic Cup after going undefeated in four games at the at the Lundar Winter Carnival last Saturday. Pictured back row, left to right: Bob Procter, Erik Atkin, Garrett Kristjanson, Braden Lussier, Adam Mikula, Aaron Lebel, Mackenzie Sherbeth and Marc Desjarlais. Front row: Clay Tait, Mitch Adamyk, Josh Lussier and Logan Christensen.





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Classifieds

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Buyer for all farmyard scrap, machinery and autos. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

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Do vou own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide vou with a different option to earn a rental income. Pawluk Realty 204-890-8141.

APARTMENT FOR RENT Tollak Place has 1 & 2

NOTICES URGENT PRESS REbedroom suites, locat-LEASES Have a ed at 40 Eveline Street. newsworthy item to announce? Having a Spacious suites, with A/C, storage spring/summer event? areas and large bal-An exciting change in conies; utilities are operations? included, parking is extra. Tollak 2 is a 55 publication, plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area Call MCNA 204-947off the kitchen and a balcony; utilities and tion. See www.mcna. parking extra. Call the of Advertising" tab for onsite office 204-482-2751 for AVAILABILmore details.

LAKESIDE FLIGHT SCHOOL

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ITY.

Want to learn how to fly? Lakeside Flight School is the most affordable in Canada. Recreational. private and commercial certificates. We offer flight training and ground school (air law, navigation. meteorology, aeronautics general knowledge). Call 204-642-4799.

Though

we cannot guarantee MCNA will get the information into the right hands for ONLY \$35 + GST/HST. 1691 for more informacom under the "Types

LIVESTOCK HBH Angus Farms Bull

Sale, March 31, 1:00 Oak River, MB. p.m., View www.BuyAgro. com for catalogue. Purebred Black Angus and Black Angus/Simmental Bulls - 50 lots. Watch/bid online www. dlms.ca. Brayden 431-282-3085, Darcy 204-365-7755. Semen tested. Guaranteed. Lunch 11:30.

NOTICES

HIRING FOR SPRING? Need Class 1 drivers? Construction staff? Having an AGM or on-line event and need attendees? Advertise in the 32 Weekly Manitoba Community Newspapers to get your messaging out now! Selling something? Have an on-line store to shop at, doing curbside pickup/deliveries? Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at 204-947-1691 for details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

FARM LAND FOR RENT Bjarmi area 555 acres

Offers less than \$125/acre need not apply. No anhydrous, no black bean, canola every 3rd year only

Offers mailed to Box 1091 Arborg MB ROC 0A0 **Prior to March 31/22**

204-641-2408

DO YOU NEED HELP FINDING EMPLOYMENT?

A.I.M. for Work may be able to help! A.I.M. is a Vocational Rehabilitation program for persons living with a physical disability or chronic illness.

Contact one of our Vocational Rehabilitation Assistants at 204-482-2130 to get started on your journey to employment.

Serving Rural Manitoba for over 20 years

Funding provided by The Government of Canada The Manitoba Government



Like working with wood and working close to home?

204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Wage depending on experience, and health benefits after 3 months. Please call 204-344-5404 for more details.



NEW LEADERS IN THE COMMUNITY The Alzheimer Society of Manitoba is actively looking for new leaders in the community to fill two board member positions. The successful candidate will help guide the organization's work to support families living with dementia throughout the province. Interested and qualified applicants with diverse backgrounds across Manitoba are strongly encouraged to provide a cover letter and resume by April 22nd, 2022.

Visit Alzheimer.mb.ca for the full listing and for more information. Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

HEALTH



Job: Load, haul and spread – Traffic Gravel - various roads throughout RM

The R.M. of St. Laurent is inviting sealed *tender* for the following:

- Load, haul and spread of approximately 2700 cubic yards of crushed traffic gravel to roads as needed in the R.M. of St. Laurent. Please no side-dump application of gravel to roads – belly dump only. The gravel is owned by the R.M. and is stock-piled on SE31-17-3W. The R.M. grader will level after application as needed.
- Price is to be based on cubic yard basis.
- Work to be completed by end of June, 2022.

Further information may be obtained from: Chair of Public Works, Frank Bruce at 204-383-0352, Public Works at 204-739-8163, or the R.M. Office at 204-646-2259; or by email to cao.rmstlaur@mymts.net

Please provide your quotes by Monday, April 4, 2022, 4:30 p.m. and mark your envelope "Tender - Gravel Hauling". Tender will be awarded at the council meeting of April 6, 2022, at 10:00 a.m. The lowest or any tender may not necessarily be accepted.

R.M. of St. Laurent, Box 220, St. Laurent, MB R0C 2S0 Mail: Drop-off: 16 St. Laurent Veterans Memorial Road (inside the Rec Centre) Monday to Friday, between 8:30 a.m. and 4:30 p.m.



UNDER THE AUTHORITY OF THE PLANNING ACT **NOTICE OF PUBLIC HEARING REGARDING BY-LAW NO. 1055-2022**

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any persons who wish to make them in respect to the following matter:

The R.M. of Grahamdale By-Law No. 1055-2022 A By-Law of the R.M. of Grahamdale to adopt a Development Plan				
LOCATION:	R.M. of Grahamdale Municipal Office 23 Government Rd., Moosehorn, Manitoba			
DATE & TIME:	Tuesday, April 12, 2022 at 7:00 p.m.			
GENERAL INTENT OF BY-LAW 1055-2022	To adopt a new Development Plan as per section of the Planning Act.			
AREAS AFFECTED:	The R.M. of Grahamdale			
FOR INFORMATION CONTACT:	Shelly Schwitek, Chief Administrative Officer Rural Municipality of Grahamdale			

Rural Municipality of Grahamdale Box 160, 23 Government Road, Moosehorn, MB ROC 2E0 Phone: 204-768-2858 Email: rm606@grahamdale.ca

A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday or on the Municipal website www.grahamdale.ca. Copies may be made and extracts taken therefrom, upon request.

Note: Property owners are responsible for notifying lessee

To participate via phone or videoconferencing, please contact the R.M. of Grahamdale Municipal Office at least 24 hours prior to the beginning of the hearing.



ΤΗΑΝΚ ΥΟυ WALLY JOHANNSSON

RURAL MUNICIPALITY OF GIMLI

On behalf of the Community of Gimli A thank you to Wally Johannsson

We would like to express our gratitude and appreciation to Wally Johannsson for his many years of service as the Chair of the Gimli Heritage Advisory Committee.

The Committee has accomplished many projects during Wally's time as Chair. There have been many publications of the history in the community, heritage plaques and designations of 37 buildings, heritage tours and tour brochures, work with the NIHM exhibit, and many more.

Thank you Wally for your hard work and dedication; you are truly a wonderful person and we are so lucky to have you be a part of the community.

Sincerely,

Mayor, Council and Staff Rural Municipality of Gimli



EMPLOYMENT OPPORTUNITY Driving Position

We have an opening for a long-haul driver. No waiting for back-hauls.

Our customers are located in BC, Alberta, Saskatchewan, Manitoba, Iowa, South Dakota and Minnesota Compensation is paid on an hourly basis. We have a health package including dental, a deferred profit sharing plan, and paid meals while outside of the province

For further information call Shaunne at 204-886- 2922 ext 205 or email resume to shaunne@charisons.ca





FULL TIME

EMPLOYMENT



Camp Arnes is looking to hire a receptionist/admin assistant for their onsite location. To apply or view other openings click on Ministry Opportunities at camparnes.com

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ARNES

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* Everything Else! THE BATTERY MAN 1390 St. James St., WPG 1-877-775-8271 www.batteryman.ca ENTERPRISES OPPORTUNITY We are looking for a dedicated, organized and self motivated individual for the position of

SERVICE WRITER & PARTS ASSISTANT

Duties will include, but are not limited to, booking service

appointments, preparing invoices, and maintaining parts inventory with assistance from parts manager. Successful applicant must have basic computer knowledge and have good organizational and time management skills. Knowledge and experience in the automotive industry is an asset.

For more information, email us at

sales@jbrandtent.com or call 204-364-2775.



Administrative Manager - The Manitoba Forage Seed Association is seeking a part-time Administrative Manager based out of Arborg, MB. Reporting to the Board of Directors, this individual will be responsible for managing all administrative duties of the association.

Qualified candidate should have office experience, proficient computer skills, excellent communication skills, knowledge of QuickBooks and applying and administering various government grants. The ability to work independently is essential. For full job description, please visit www.forageseed.net/job. Please send your resume & cover letter to hmcbey@ forageseed net Closing date is April 22, 2022

take <u>a brea</u> > GAMES 3 2 9 8 9 3 7 2 5 4 3 6 2 9 3 7 8 dana 4 4 -3 6 4 5 hood 6

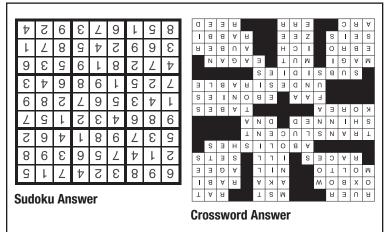
Fun By The Numbers Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your

pencil and put vour sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Level: Interm



- **CLUES ACROSS**
- 1. One who regrets
- 5. Time zone
- 8. Subway dweller
- 11. Bend in a river
- 13. Alias
- 14. Isodor ___, American Nobel physicist
- 15. Very (music)
- 16. Zero
 - 17. Phil . former CIA
- **18.** Competitions
- 20. Unwell 21. Puts in place
- 22. Gets rid of
- 25. Allows light to pass through
- 30. Climbed quickly
- 31. We all have it
- 32. There's a North & South
- 33. Emaciation
- 38. Supervises flying
- 41. Very dark colors
- 43. Unwanted
- 45. Grants
- 48. Three visited Jesus
- 49. Wife of Amun
- 50. Broadway actress Daisy
- 55. A Spanish river
- 56. I (German)
- 57. French opera composer
- 59. Six (Spanish)
- 60. Last letter
- 61. Spiritual leader of a Jewish congregation
- 62. Noah had one
- 63. Make a mistake 64. Tall plant
- **CLUES DOWN**
- 1. Computer memory 2. "Et ": "And wife" (Latin)
- 3. Ancient Syrian city
- 4. College army
- 5. Cassava
- 6. Talented



CROSSWORD

13

16

20

- 7. Capital of Estonia
- 8. Finger millet
- 9. In a way, assists
- 10. Men's fashion accessories
- 12. Misery
- 14. Skin disorder

15

- 19. Selling at specially reduced prices
- 23. Good friend
- 24. Stationary portion of a generator
- 25. Expression of
- disappointment 26. The 17th letter of the Greek alphabet
- 27. Where birds fly
- 28. Midway between north and northeast
- 29. Chaotic states
- 34. Comedic actress Gastever
- 35. Kids' dining accessory

- 36. Snakelike fish
 - 37. Midway between south and southeast

17

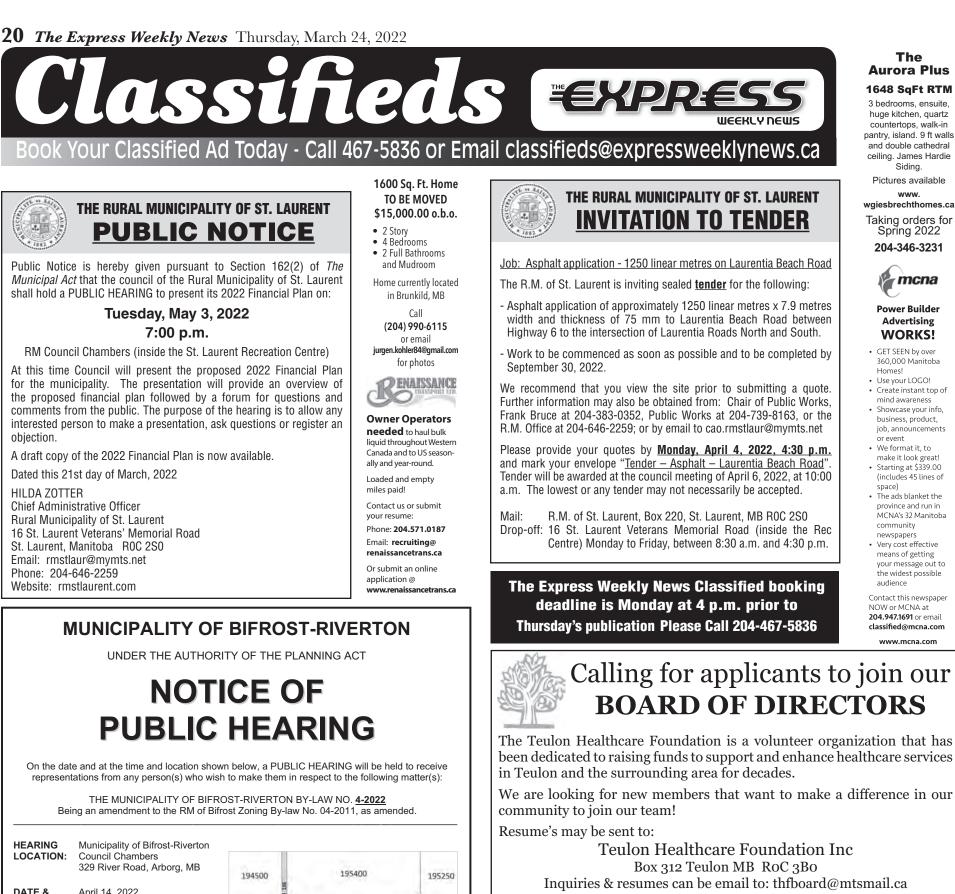
21

- 39. Assign lifelike qualities to
- 40. One who cites
- 41. Midway between east and southeast
- 42. North wind
- 44. One or the other
- 45. Cavalry sword
- 46. Of the Hungarian language
- 47. Life stories
- 48. Flat tableland with steep edges

54. One point east of northeast

- 51. Swiss river
- 52. Plant that makes gum
- 53. French cleric

58. Free from



HEARING LOCATION:	Municipality of Bifrost-Riverton Council Chambers 329 River Road, Arborg, MB	194500 195400			195250	
DATE & TIME:	April 14, 2022 5:00 pm	Road to:	11 195700 195605		1	
AFFECTED AREA:	Pt. SW 11-24-02 EPM Being Lot 2, Plan 58695 w∟⊤O Roll 195605	194850				
GENERAL INTENT:	To rezone an area in the Municipality of Bifrost-Riverton from "AR" Agricultural Restricted Zone to "GD" General Development Zone	194800			195500	
PURPOSE:	For a multi-lot residential subdivision.	hand		Road 139W	A	
FOR Nancy Thom, CAO/Development Officer, Eastern Interlake Planning District INFO 62 – 2 nd Avenue PO Box 1758 Gimli, MB R0C 1B0 CONTACT: Ph: 204-642-5478 Fax: 204-642-4061 Email: eipd@mymts.net Website: www.interlakeplanning.com						
	TOCAL: Should you wish to attend the I THE DAY OF THE HEARING with the					
	A copy of the proposal and supp request to the contact					
Please Note: E.I.P.D. recommends that property owner's notify lessee/renter if applicable.						

Resume deadline is April 15, 2022





Residential Support Mentors NEEDED in Petersfield, MB (Highway 8)

WAGE: \$13.96 to \$16.67 HOURLY Full Time & Part Time Positions Available

HOW TO APPLY: WEBSITE: www.lifesjourneyinc.ca/careers EMAIL: careers@lifesjourneyinc.ca

The Express Weekly News Thursday, March 24, 2022 21



Town of Arborg **NOTICE OF VOTERS LIST /** PERSONAL SECURITY PROTECTION

NOTICE IS HEREBY GIVEN that a copy of the VOTERS LIST may be revised at:

Town of Arborg Municipal Office, 337 River Rd, Arborg, MB, before September 20, 2022 between the hours of 8:30 a.m. and 4:30 p.m.

At this time Municipal staff will be available to update the voters list by: (a) adding the names of voters who are entitled to have their

- names on the list: (b) deleting the names of persons who are not entitled to have their names on the list; and
- (c) making such other correction of errors to the list as required.

VOTER ELIGIBILTY: A person is eligible to have their name added to the Voters List if they are;

- 1) a Canadian citizen and at least 18 years of age on election day; and
- 2) a resident of the local authority for at least six months prior to election day, OR a registered owner of land in the municipality for at least six months prior to election day.

APPLICATION FOR PERSONAL SECURITY PROTECTION

A voter may apply in writing to the S.E.O. (at the address / fax number below), no later than September 20, 2022, to have their name and other personal information omitted or obscured from the voters list in order to protect the voter's personal security. The application may be submitted in person, by mail or fax and must include your name, address and include proof of identity.

All changes to the voters list must be completed on or before September 20, 2022 in preparation for the Municipal Election to be held on October 26, 2022.

Dated at ARBORG in the Province of Manitoba, on March 24, 2022.

Jan Larkin, Senior Election Official (S.E.O.) Box 159, 337 River Rd. Arborg MB ROC 0A0 Telephone 204-376-2647 Fax 204-376-5379

🗧 LUNDAR BULL SALE "Where the good bulls come" April 2, 2022 1:00 P.M. Lundar Agri-Ed Centre - Auctioneer - Buddy E 9 - 1 year Herefords 9 - 1 year Simmental 2 - 1 year Limousin

- 2 2 year Herefords
- 2 1 year Angus
- 6 1 year Gelbvieh

5 pens of 3 commercial heifers

3 - Hereford heifers

Watch and bid online at DLMS.ca SALE DAY: Mike (204) 739-3158. Jack (204) 739-3645 For more info contact Jim (204)461-0884 or Jack (204)739-3645

View catalogue online at www.buyagro.com

VILLAGE OF DUNNOTTAR **PUBLIC NOTICE**

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of The Municipal Act that the Council of the Village of Dunnottar intends to virtually present its financial plan for the fiscal year 2022 at a virtual public hearing on Wednesday, the 30th day of March, 2022 at 10:00 a.m.

Council will hear any taxpayer who wishes to make representation, ask questions or register an objection to the financial plan, as provided.

Copies of the financial plan will be available for review and may be examined by any person during the regular office hours of the Municipal Office. A copy of the financial plan will also be posted on the Dunnottar website (www.dunnottar.ca) at that time.

Please contact the office, info@dunnottar.ca or call 204-389-4962, to register to attend this hearing or review a copy of the 2022 Financial Plan.

Dated this 15th day of March 2022. J.M. Thevenot, C.M.M.A. Administrator

EMPLOYMENT / CAREER OPPORTUNI

Classifieds <u>Announcements</u> sified Ad Today - Call 204-467-5836



IN THE MATTER OF: The Estate of DAVID RICHARD BANERA, late of Gimli, in Manitoba, Deceased. All claims against the above noted estate duly verified by Statutory Declaration, must be filed with the undersigned at their offices, 2200-201 Portage Avenue, Winnipeg, Manitoba, R3B 3L3 (Attention: DAVID C. KING), on or before the 24th day of April, 2022. DATED this 24th day of March, 2022.

TAYLOR McCAFFREY LLP Solicitor for the Executor of the Estate



RIVERTON CARE SERVICES JOB OPPORTUNITY

WE ARE CURRENTLY HIRING FOR A

PART-TIME CARE PROVIDER POSITION

Care Providers are expected to maintain a home-like atmosphere are responsible for overall care and supervision, including medication, meal preparation. laundry and housekeeping. The Care Provider will plan and help with activities, outings, craft projects, etc. This position is for Days.

Weekends and some Night shifts Starting salary is \$15.25 an hour

MUST have or be willing to obtain CPR and Criminal Record Check. If interested, please call 204-378-5226 or email resumes to rivcare@mymts.net. No experience necessary: will train

SPORTS

1 FULL-TIME POSITION

Responsibilities include retail sales of sporting goods and **Bell MTS services**

Duties include scheduling, daily cashouts, inventories, ordering and paperwork for Bell MTS Services

Must be energetic, self-motivated, an effective problem solver & have good communication skills

Send resume to: Box 38, Arborg, MB R0C 0A0 Fax to: 204-376-5836 or Email to: tdmsports@hotmail.com or Apply in person at 279 Main St., Arborg



Arborg Nic Nacs Floral Business

is looking for a manager and employees to produce, sell and deliver retail floral arrangements and to provide wedding and funeral arrangements. In addition to floral design services, we offer thoughtful gift ideas to round out our retail offerings. We are looking for an entrepreneur who would love to run their own business without the high start-up costs and overhead for a retail shop.

We offer a flexible work schedule including evenings. weekends and holidays.

If you're interested in pursuing a floral design career — or are considering leaving your current job for a career in the floral industry, please call Susie at 204-376-5023 or Mike at 204-378-0001 or email: shachtays@hotmail.com



is seeking additional staff for growing business:

• Officer/Administration Service Technician Parts/Counter Person

Experience not necessary but a definite asset. Benefit plan available.

Apply in person, fax, mail or e-mail resume to: 276 Ardal St., Box 190, Arborg, MB R0C 0A0 shachtays@hotmail.com Ph: (204) 376-5233 Fax: (204) 376-5234 Locally owned and operated. Serving the Interlake for 55 years.

CARD OF THANKS

Busch, Theresa - We would like to thank family and friends who brought food, flowers and phone calls. Special thanks to the ladies for making a great lunch. Thank you also to John and Karen Gray, and Dawn Tobar for being there for us.

Thank you so much.

-Larry and Gail Busch and family

CARD OF THANKS

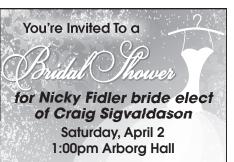
On behalf of myself Cory, Candace, Tanis, Monty, Bruce, Lark, David and Phil's parents we would like to thank everyone for their kind words, cards and thoughtful gifts. Thank you to everyone who has donated to the Arborg Bifrost Parks and Recreation for the wheelchair lift to be put into the curling rink for next curling season.

Phil, you are forever in our thoughts.

BIRTHDAY



Happy Birthday - 102 Years Young To a terrific mom. grandmother. great-grandmother. auntie, sister and friend. -Love your family and friends



They are registered at Bed,Bath & Beyond, Arborg Home Hardware Donations graciously accepted at Interlake Co-op and Arborg Home Hardware

assifieds Announcements ur Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca



OBITUARY

MaryAnne Bilinski

Sunrise November 1, 1949 - Sunset March 1, 2022

It is with a heavy heart that we announce the passing of MaryAnne Bilinski, at Health Sciences Centre, Winnipeg, Manitoba.

Predeceased by her parents Helen and Stanley Bilinski, and brother John Bilinski.

Left to miss, mourn and remember MaryAnne are siblings Paul, Stan, Mike (Sharon), Liz, Mel (Carol), Don (Tanis), Nancy (Phil), Phil (Bev) and Debbie (Andy).

MaryAnne grew up in Chatfield, and then moved to Gimli with her family. She had a love for adventure and travel, living and making an impact in numerous places around the country. Her favourite and most reminisced adventure was life in Yellowknife, where she resided for 20 years and co-owned "The Monkey Tree Pub."

MaryAnne was a beautiful soul, with a pure heart and infectious energy. She was loved and respected by her friends in Riverton and Gimli. She always had a smile and friendly hello for everyone she met, and made an impact on so many individuals in town.

Precious memories will be shared for many years by her nieces and nephews who loved her dearly.

We are forever grateful that you were our sister, our aunt, our friend, and our greatest cheerleader. We shall remember the good times of which there were so many.

To MaryAnne, family always came first, she cherished time spent with family. Whether it be a large family gathering at the cottage; or a competitive take no prisoners game of cards.

She was warm and welcoming, hard working and generous. Like Mom, she had the most beautiful smile. We saw and felt love in her embrace, and are so fortunate she shined her light on us.

A Celebration of Life will be held this summer of 2022 at her home on Bilinski Beach in Interlake Manitoba.

"Find the people who root for you, the people who want you to succeed, the ones who are really in it for you, who really care. Find the people who support your dreams, who want to help, not only you but others as well. Find the people who want to spend time with you. Find these people; choose these people. Love and live by these people, and become this person to someone else in need. Leave your mark, something, anything, to make people remember how beautiful your heart really is.'

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.

Jilbart

OBITUARY

Donald Robert MacLennan February 18, 1931 - March 15, 2022 Dad passed peacefully away at 91 years of age at the Meadowood Manor PCH in Winnipeg.

He is predeceased by his wife Ronelda; parents Angus and Victoria; brother Alex (Pearl); sisters Leila, Helen (Ralph) and Ann (Bill); father/mother-in-law Ralph and Olga; brother-in-law Elmer (Fran); sister-in-law Elma (Hector) and nephews Donald and Kerry.

He is survived by his children Don (Judy), Lori (Walt), and Cheryl (Dennis); daughter-in-law Charlotte; grandchildren Aaron (Nicole), Carly (Steve), Caitlin (Michael), Mitchell (Claire), Taylor (Sam) and Hailey; great-grandchildren Cairo, Bode, Ford, Kaia and Harvey; brother Lorne (Dorothy) and sister-in-law Rita (Gus) as well as numerous nieces and nephews.

Dad was born in Port Arthur, ON. After high school he was hired by the CIBC and, after a short stint in Saskatchewan, he was transferred to Ashern, MB where he met his wife Ronelda. They married in August 1955 and shortly after moved to Thunder Bay, ON.

In 1972 he was transferred to Winnipeg and retired there working out of the CIBC Head Office as a Regional Inspector in 1996. Dad was deeply proud of his children but especially beamed with happiness when he could

spend time with his grandchildren. Dad's most pleasant memories were his time spent both as a child and later with his children and friends at the family 'camp' at Trout Lake. He was a passionate hockey fan and was glued to the TV during the NHL season! He will be remembered for his drv. sarcastic sense of humour!

We were truly blessed to have such a caring and giving father and grandfather!

We would like to thank the staff at the Meadowood Manor PCH for all the love and care they gave our father during his last years.

A Private Family Graveside Memorial Service will be held in the Grace Lutheran Cemetery, Ashern, MB on Saturday, May 21, 2022.

Following the interment of both Dad and Mom, a luncheon will take place at the Ashern Legion Hall where everyone is welcome to attend and celebrate the lives of both Don and Ronelda MacLennan. Time of the luncheon to be announced at a later date.

In lieu of flowers, donations can be made to the Alzheimer's Society, 10-120 Donald St., Winnipeg, MB, R3C 4G2.

Arrangements by: ARNASON FUNERAL HOME Ashern - Lundar PO Box 672, Ashern, MB R0C 0E0 1.204.768.2072 1.866.323.3593

EMPLOYMENT

OPPORTUNITY Camp Esnagi – Fishing Camp near Fishing Camp ne White River, Ontario. 1 Maintenance Position (jack of all trades). 2Dockhand/Labor Positions (able to skill-fully clean fish). 4 months of work. Must be self motivated for lots of hours with great

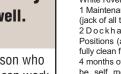
pay. Alcohol consumption (beyond social) and substance abuse is not welcome at Camp welcome at Camp Esnagi.1-204-937-4007

EMPLOYMENT OPPORTUNITY

Sawmill Workers required immediately. Must be reliable and follow directions well. Must be a team player.

Spruce Wood Loggers is looking for an energetic person who is physically able, punctual, promotable, trainable and can work with others. Must be at least 18 years of age have a class 5 drivers license and dependable transportation.

We are located approx. 18 miles north of Arborg. Email resume to: swl@lakenet.ca or SPRUCE WOOD call 204-378-2997 References required.





& Quiet Yearling

FOR SALE

For more information call

Will be

Deliverv &



puzzle piece, square 2 styles, snowflake and wind, circles, hearts, stars, corner rounder, baby boy paper and sticker pack, 4 story boxes assorted colours, 5 - 12x12 white pages, new package of white portrait sleeves, brand new paper accordion, 2 stencils, stencils with cutters - circles, ovals, 2 hearts and large shape, extra large heart, fancy star and triangle, 2 sided ruler for fancy borders, 12" decorative trimmer, 12" Straight trimmer, 12" cutting patterns, cutting mat with three cutters, creative memories sticker binder with hundreds of stickers, letters and decorative embellishments all sorted with dividers and pockets, 12x12 assortment of paper in storage container. Haven't scrapbooked in many years, everything has been in storage and has been wiped down. From a Smoke Free, Pet Free, Sickness Free home. Can meet

in Warren or Stonewall for pickup. Asking \$375.00 - Open to reasonable offers. Call or text Nicole @ 204-771-1859



Shirley Jane Jonasson

OBITUARY

August 24, 1936 - March 16, 2022

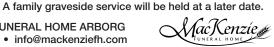
Peacefully, surrounded by her children at home, Shirley Jonasson passed away on March 16, 2022.

She will be sadly missed by her children Norma (Louis), Bonnie (Clarence), Dennis (Janie), Gordon (Dawn), Kevin (Monica), Karen, Tracey (Ralph), and stepson Cory; as well as 18 grandchildren, 24 great-grandchildren, and one great-great-grandchild.

She was predeceased by her parents Ben and Mary Mallet; her husband Gordon; three sisters; one brother and granddaughter Shannon and grandson Kyle.

Cremation has taken place and a celebration of Mom's life will take place on Saturday, March 26th at 1:00 p.m. at the Arborg Community Hall, followed by lunch.

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OBITUARY

Hazel Sigvaldason (nee Thorsteinson)

Peacefully on March 11th, Hazel passed away at the Arborg Hospital with family by her side.

Hazel was predeceased by her husband Edwin; brothers Leonard (Inga), and John; sisters Norma (Sammy), and Maria (Donald); brothers-in-law Alvin (June), Barney, Wilmar, and Lloyd.

She is survived by her children Donna (Al), Garry (Diane), Lori (John), and Glenn (Jodine); grandchildren Kerri (Brian), Laura (James), Louise (Andrew), Michael (Krystie), Chantal, Michelle (Brent), Trevor, Taylor (ShaeLynne) and Krista (Bronson); greatgrandchildren Jesse, Colin, Emma, Malcom, Maverik and Oaklyn; sisters-in-law Irene and Sigurlin.

Hazel was born in Geysir on January 21, 1930. She grew up on the family farm at Helgavatni. In 1948 she married Edwin Sigvaldason,

and they purchased Nordtunga in Geysir, where they farmed until they retired in 1985. After retirement, they moved to Myrar in Finns, then later to Arborg. During this time, they found their way to Harlingen, Texas, where they wintered for many years.

We would like to thank the staff at the Arborg Assisted Living for their years of care and compassion for Mom, as well as Dr. Donnlley and the staff at the Arborg Hospital.

As per Mom's wishes, a private family graveside service will take place at a later date. Gotha Nott Elskan Min.

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lacKenzie



July 7, 1937 - March 11, 2022

It is with great sadness that we announce the passing of Douglas Harry Pearson, who went home to be with his Creator on Friday, March 11, 2022.

He was born in Kenora, Ontario on July 7, 1936 to Olaff and Yvonne Pearson.

Douglas was a big man with a huge heart, he never met a stranger and always left a conversation with you feeling a little happier inside. He had a unique way of always making your day brighter with just a few words.

Douglas trusted in the love of his Saviour, the Lord Jesus Christ. Not one thing that he ever did, did he do without a prayer of supplication or gratefulness. Through his suffering he never complained but thanked the Lord, for all his blessings and love in

everything he did. He always would bless his family and friends. That is what was most important. Douglas married Katalin Erzsebet Nemet, originally from Budapest, Hungary on July 14, 1973 in

Winnipeg, Manitoba. He worked for Manitoba Hydro in Gillam, Manitoba and Sanford, Manitoba until retirement. Then he and Katalin moved to Steep Rock, Manitoba to enjoy retirement. Thereafter he filled his days building a home and enjoying his yard work and tinkering in is garage.

Douglas is survived by his wife Katalin and their two children, his son Michael Pearson and his wife Annette, his daughter Xenia and granddaughter Syndey; and four children from his first wife, his son Doug his wife Karen, his daughters, Shirley her husband Don, Kim and Gloria along with several grandchildren and great-grandchildren.

Douglas is preceded in death by his parents, first wife Beryl Gloria Pearson and by two brothers and one sister.

A Memorial service was held on Thursday, March 17, 2022 at 2:00 p.m. at the Ashern Gospel Chapel, Ashern, Manitoba with Pastor Luke Tully officiating.

In lieu of flowers the family would like for you to donate to your favorite charity.

Arrangements Entrusted To ANDERSON FAMILY FUNERAL HOME Ashern, Manitoba 204-768-3606

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