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High-five

EXPRESS PHOTO BY LANA MEIER

Seven-year-old Jody gives Cooper, the Interlake Co-op mascot, a high five at the Arborg Kids Club family skating event on the Icelandic River last Thursday. Staff were busy taking registrations for the Easter Egg Hunt scheduled for Monday March 27, 7 p.m. while handing out popcorn and juice boxes along with coupons for free hot chocolate.

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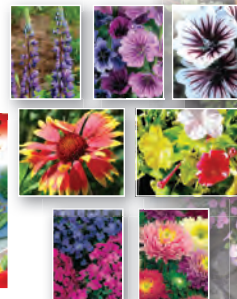
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GREEN THUMB ITCHING? HERE'S HOW!



ABPRC celebrates volunteers at 2nd Annual Volunteer Recognition Gala

Sold-out gala attracts 256 people

By Patricia Barrett

The Arborg-Bifrost Parks and Recreation Commission recognized volunteers from across the Arborg and Bifrost-Riverton area last Saturday during its 2nd Annual Volunteer Recognition Gala evening at the Arborg Hall.

The celebratory evening included cocktails, supper, a presentation of volunteer awards and entertainment.

ABPRC board member Bailey Sigvaldason, who helped organize the event along with other board members and external individuals who sit on the gala evening planning committee, said the sold-out evening had 256 people in attendance.

The board's inaugural event last year was such a success that the commission decided to continue honouring community volunteers.

"We had an amazing outpouring of support last year, and we as the ABPRC believe the community has really responded positively to this event," said Sigvaldason. "So we will continue to host and recognize and support and encourage volunteerism in our



community."

Volunteers contribute to numerous projects and events in their communities and should be recognized for their time, effort and dedication.

Sigvaldason said six different community groups recognized a stalwart volunteer of their choosing.

The Town of Arborg recognized the Creative Cocoon, an arts and wellness centre. The Municipality of Bifrost-Riverton recognized Frank Fiarchuk. The Riverton Elks Lodge #530, which provides funding for various community projects, recognized Irwin Schellenberg. The Arborg Legion




EXPRESS PHOTOS BY BAILEY SIGVALDASON

Ladies Auxiliary recognized Jeanine Shergold. The Arborg Skating Club recognized all past and present board members. And the Arborg & District Multicultural Heritage Village recognized Phillip and Rosemary Thorkelson.

"As heard in the speeches of these organizations, the volunteers have been involved in numerous events in and around the community for many years, some spanning decades of service, from spearheading the construction of the Bifrost Airport, numerous fundraising drives, skating carnivals, Arborg's summer festival and all manner of other projects," said Sigvaldason. "If there has been an event put on in our community, you can bet one or all of the volunteers recognized last weekend were behind it."

In addition to expressing gratitude to community volunteers, the gala evening helped raise funds for the Philip Bauernhuber Accessibility Fund, which the commission, in conjunction with Bauernhuber's family, set up a few years ago to honour him for his community-mindedness and volunteer efforts. Bauernhuber passed away from cancer in 2021.

The fund provides money for accessibility upgrades that benefit the entire community. Sigvaldason said the commission has completed three projects to date, including the recent installation of a wheelchair lift in the Arborg Curling Club that helps people in wheelchairs get closer the ice, as well as those who have trouble managing the stairs.



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BOOK ONLINE TODAY

Province implements year-round recreational fishing for most species

By Patricia Barrett

The provincial government is implementing new rules for recreational fishing that include year-round fishing for most species in most waterbodies and dropping the requirement for anglers to sign a licence, but it's also putting new possession and size limits on some fish species.

The province manages both the recreational and commercial freshwater fisheries on behalf of the federal government and can establish rules on fisheries' open and close times, possession limits, fish size limits and fines.

The government amended the Manitoba Fishery Regulations to implement its new Recreational Angling Strategy, which contains measures aimed at "increasing angling opportunities" while protecting fish stocks, according to the new regulation's executive summary.

Angling in Manitoba generates about \$600 million a year, according to the 2021 Recreational Angling Strategy.

In addition to allowing year-round fishing for most species in most waterbodies, the 2023 changes include lifting prohibitions on non-angling methods of fishing such as spear-fishing, seine netting and minnow trapping in order to give anglers more options, dropping requirements for recreational fishers to sign a paper fishing licence, allowing unsigned electronic recreational fishing licenses, reducing the daily number of caught fish of certain species, requiring more large fish of certain species to be returned to the water and requiring an earlier removal of fishing shacks (not anglers if the ice is sufficient) in certain parts of southern Manitoba.

A majority of waterbodies had been closed to all angling for a few weeks each spring, and the change to year-round fishing will support "fishing lodges, local tackle shops, and angling outfitters with more business during these spring weeks," states the regulation.

A spokesperson for the provincial department of natural resources and northern development, which oversees the fisheries, said the new regulation will provide more opportunity to fish for some species and increase the protection of "sensitive" species.

"While anglers will be able to fish for species such as smallmouth bass and northern pike all year, walleye [pickerel] will have a closed season to protect them when they are spawning," he said.

The government extended the walleye closure on Lake Winnipeg by one week to protect spawning fish, said the spokesperson. And anglers will only be able to keep walleye and sauger between 35 and 55 centimetres. Across Manitoba, anglers are prohibited from retaining walleye over 55 centimetres. Possession limits across the province for walleye and northern pike are being reduced from six fish to four.

Limits for lake trout have also been reduced from two fish to one, according to the regulation. Lake whitefish limits have been reduced from 25 fish to 10. And white bass limits are reduced from 25 fish to 10.

Fish added to the limits — where there were no previous limits set — include burbot, which is set at six fish, bluegill and pumpkinseed set at 10 fish, brown bullhead and black bullhead set at 25 in the aggregate and freshwater drum set at 10. Bigmouth



EXPRESS FILE PHOTO BY PATRICIA BARRETT

An angler with a pickerel caught during a fishing derby in Gimli.

buffalo have a limit of zero as it is a species at risk.

"Reducing daily quotas and possession limits for certain high value recreational fish is intended to help conserve these species and help ensure the long-term sustainability of recreational fishing in the province," states the regulation.

The regulation also set limits on the size of fish that can be caught. Anglers can still catch "trophy fish" and docu-

ment the catch with a photo, but they have to return the fish to the water. The regulation says this could "actually increase the likelihood of catching a trophy fish over time."

Recreational fishers will no longer be allowed to let fish spoil or be wasted. Previously, there was an exemption for rough fish.

Continued on page 7

Regenerative Agriculture Workshops



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April 4, 9am – 3:30 pm
Arborg Bifrost Community Centre

April 5, 9am – 3:30 pm
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Gimli council approves its salary increase; question period removed with livestreaming

By Patricia Barrett

Gimli's mayor and council voted unanimously last week to approve their own pay rise after introducing a new indemnity bylaw and policy in February setting out new wages and rates of reimbursement for expenses.

The new wages are provided in By-law 23-0001 and Policy No. COU5. Council approved second and third reading of the bylaw at its regular meeting on March 15.

According to a copy of the bylaw that's posted under the March 15 agenda, the mayor's indemnity is increasing from \$25,100 to \$36,000 annually, about a 43.4 per cent increase. The deputy mayor's indemnity is increasing from \$20,900 to \$30,500 annually, an increase of about 45.9 per cent. Councillors will see their indemnity increase from \$20,300 to \$30,000 annually, an increase of about 47.8 per cent.

In response to residents' feedback to the new indemnities, Coun. Thora Palson said the pay increase will be phased in over 2023 and 2024 rather than immediately.

The pay increase reflects each member's assignment of an additional portfolio and a liaison area. Council also compared salaries in similarly

sized Interlake municipalities and reviewed the RM's budget.

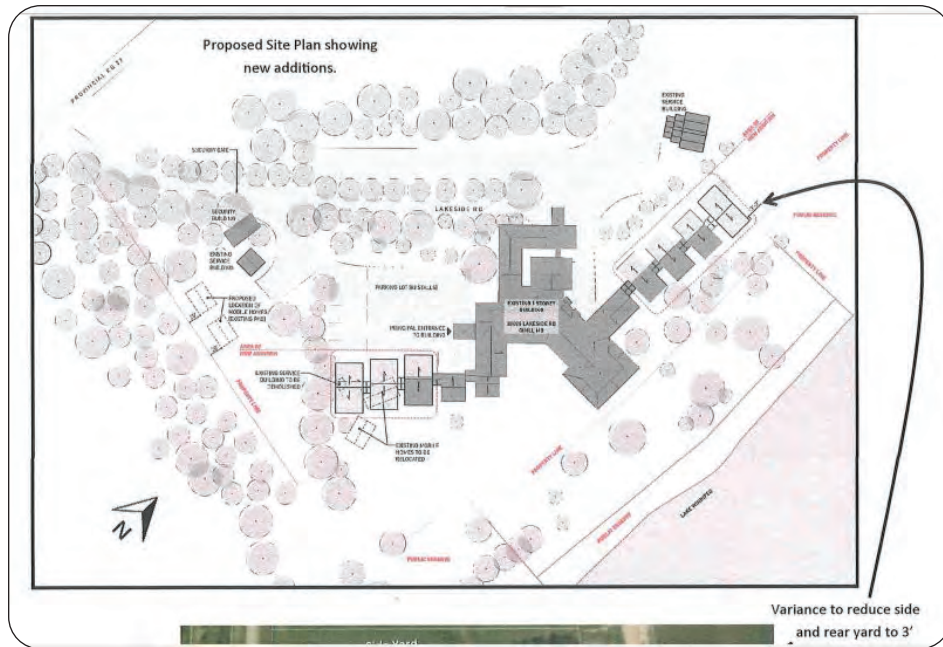
The effect of the pay rise will be apparent when the RM's releases its financial plan (budget) this spring.

"The impact of this indemnity will be reflected in our 2023 financial plan, which I'm hoping citizens will engage with and ask questions about," said Palson, whose portfolios are finance and public safety. "At that point, they'll be able to see the direct impact to the overall budget."

When asked if the RM can afford this increase in council pay, Palson said it can. The RM brought in total revenues of just under \$15 million in 2021. And its 2021 budget for general government services — under which council pay falls — had been set at \$2,008,407. But council at that time spent only \$1,354,464, leaving \$653,943 unspent.

"I want people to attend our financial plan meeting in the spring to see what we're budgeting and what we actually spent last year," she said. "It's important that people see where we were allocating funds; we only spent half on government services."

In addition to the indemnity increase, other council wages and eligible expenses are rising. Each council member will be paid a daily wage



EASTERN INTERLAKE PLANNING DISTRICT

Aurora Recovery Centre's proposed expansion from a 68-bed facility to a 168-bed facility.

of \$250 to attend events outside the boundaries of the RM and an hourly wage of \$31.25 for duties carried out within the boundaries of the RM. Councillors will also be paid vehicle expenses equivalent to the federal government's allowance (currently 68 cents per kilometre for the first 5,000 kilometres and 62 cents thereafter).

For meals, councillors will receive \$100 a day. The mayor or his/her delegate attending business inside or outside the RM will have their expenses reimbursed without requiring a resolution from council.

The indemnity rates will be adjusted

Continued on page 10

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Reminder that ice is unpredictable and potentially unsafe

Submitted by Lifesaving Society Manitoba

Lifesaving Society Manitoba, together with the Winnipeg Police Service and the Winnipeg Fire Paramedic Service, is recommending everyone stay off frozen bodies of water. Ice in Southern Manitoba is now unpredictable and potentially unsafe.

"If you do choose to go on the ice, then you need to plan ahead and be prepared to go through the ice and into cold water," says Lifesaving Society executive director Stacey Grocholski. "Wear something that floats like floater suit or even a lifejacket. Do not go out alone and be prepared to perform a rescue."

The Forks has closed the Nestaweya River Trail for the season.

"We're seeing more open water

across the city and more people near our waterways in Winnipeg," says river patrol officer Ray Duma of the Winnipeg Police Service. "All rivers, streams, retention ponds and ditches should be avoided. Conditions can change quickly due to weather, especially when it is warm or after a snowfall. As always, we ask the community to be water smart and stay safe."

The Winnipeg Fire Paramedic Service responds to approximately 150 water and ice rescue calls annually, said fire-paramedic Chief Christian Schmidt.

"By venturing onto the ice, you are not only putting yourself at risk, but also the first responders who are called out to perform high-risk rescues," Schmidt said.

For the latest information on river conditions in the City of Winnipeg, visit the Winnipeg Police Service's River Patrol page at <https://winnipeg.ca/riverpatrol>

The Winnipeg Fire Paramedic Service would like to remind you:

- Conditions can change rapidly.
- Thin ice conditions are present on all waterways, including drainage ditches, culverts, streams, creeks, retention ponds and rivers. In addition, all skating ponds and outdoor rinks should be closed for the season.
- We encourage parents and teachers to speak to children and students about the dangers of waterways, thin ice and the need to stay away from the banks of any water-

ways.

• If you spot someone on the ice or in the water, you should call 911 and have a detailed description of where you are and what you see. Do not enter the water. Stay on scene to direct first responders.

• Dog owners should keep their pets leashed while close to waterways so they cannot chase waterfowl or other animals onto the ice.

Lifesaving Society Manitoba's Drowning Reports show drowning can occur at any time of the year. In fact, one third of all drownings in Manitoba occur during the colder months between October and April. Many of these drownings occur on ice and involve recreational snowmobiling.

Manitoba Parks Reservations service reminder to create new accounts

Submitted by Manitoba government

Manitoba Natural Resources and Northern Development is encouraging Manitoba Parks customers to plan ahead for the launch of the new Parks Reservation Service on March 27.

Manitoba Parks is reminding campers the existing service at www.manitobaparks.com will be available until March 24 at 4 p.m. to access and take note of any favourite sites from previous reservations.

Account information will not be transferred from the old reservation service to the new site. All users will need to create a new account starting on March 27 and are encouraged to browse the site to become familiar

with the new service in advance of reservation opening days.

Reservations for the 2023 season will occur over six days in April. Reservations will open at 7 a.m. each day for the following campsites and facilities:

April 3 — All cabins, yurts and group use areas (including Hecla and Camp Morton recreation halls);

April 5 — Campsite reservations for all western and northern region parks including Asessippi, Bakers Narrows, Clearwater (Campers Cove and Pioneer Bay), Duck Mountain (Blue Lakes, Childs Lake, Wellman Lake), Manipogo, Paint Lake, Rainbow Beach, Rivers, Spruce Woods (Kiche Manitou), Turtle Mountain (Adam

Lake), William Lake and Wekusko Falls;

April 11 — Campsite reservations for Birds Hill and Winnipeg Beach;

April 12 — Campsite reservations for south Whiteshell including Caddy Lake, Falcon Beach, Falcon Lakeshore and West Hawk Lake;

April 13 — Campsite reservations for Nopiming (Tulabi Falls main campground, Bird Lake, Black Lake, Shoe Lake, Beresford Lake) and north Whiteshell (Big Whiteshell, Brereton Lake, Nutimik Lake, Opapiskaw, Betula Lake and White Lake); and

April 14 — All remaining locations including Camp Morton, Grand Beach, Hecla, Hnausa Beach, Lunder

Beach, Moose Lake, St. Malo, Stephenfield and Watchorn.

Otter Falls Campground in Whiteshell Provincial Park, Tulabi Falls walk-in backcountry sites in Nopiming Provincial Park and Birch Point Provincial Park Campground will not open for reservations, as the campgrounds are under construction for flood-related repairs this spring. Opening dates for these campgrounds are undetermined at this time.

Campers should continue to check www.manitobaparks.com for additional information and updates prior to the opening of the reservation service.

RCMP seize drugs, guns, and lay bribery and breach of trust charges in Project Dawgpound

Submitted by RCMP

Intelligence gathered by the Manitoba RCMP Criminal Intelligence Section and Divisional Criminal Analysts Section led investigators with the Manitoba Organized Crime Unit to identify a multi-kilo, multi-commodity trafficker operating out of Winnipeg.

Once officers became aware of the network involved, a full-scale project, called Project Dawgpound, was initiated in May 2022 with the intent to disrupt the network of the primary Winnipeg target. In total, the project resulted in more than two and a half million dollars in drug value removed from circulation, as well as getting 19 firearms out of the hands of gang members and drug traffickers.

Hue Ha, 36, from Winnipeg, was identified as the orchestrator of large amounts of cocaine coming into the province from Ontario. Investigators discovered Ha or a designate would often go to Ontario to pick up drugs and unstamped cigarettes and bring them back to Manitoba.

Ha's network was centred in Manitoba and reached into many communities throughout the province, including Winnipeg, Brandon, Poplar River, St. Laurent, Ashern, Fairford and Gypsumville. Outside of the province, the network reached into Vancouver; Calgary; Pickering, Ont.; Toronto and the Greater Toronto Area; Moncton, N.B.; and

Prince Edward Island.

It became apparent that Ha had information regarding police enforcement plans, and police narrowed that leak down to a specific investigator within the Manitoba Finance Special Investigations Unit. Donovan Sired, 50, from Winnipeg, was arrested and charged with bribery of officers, breach of trust by public officer and conspiracy to evade payment.

Ha was arrested and faces numerous charges from conspiracy to trafficking. He remains in custody. Twenty other

Continued on page 7



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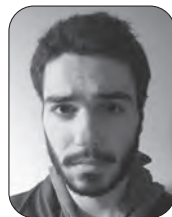
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COVID numbers hold steady in early March

By Patricia Barrett

COVID numbers remain steady in early March, according to the provincial government's respiratory surveillance report for the period March 5-11 (reporting Week 10).

There were 130 new infections detected by PCR testing, a decrease from the 150 new infections reported the previous week and the 124 reported the week before that.

COVID infection data in the surveillance reports are underestimates of the true number of infections because the government restricts access to PCR testing. Rapid antigen tests aren't tracked.

There were 59 new COVID hospitalizations, a decrease from the 75 new hospitalizations reported the previous week and the 65 reported the week before that. Of those 59 new hospitalizations, nine people required intervention in the intensive care unit. The numbers are derived from differences in total severe outcomes between the current and the previous week's report.

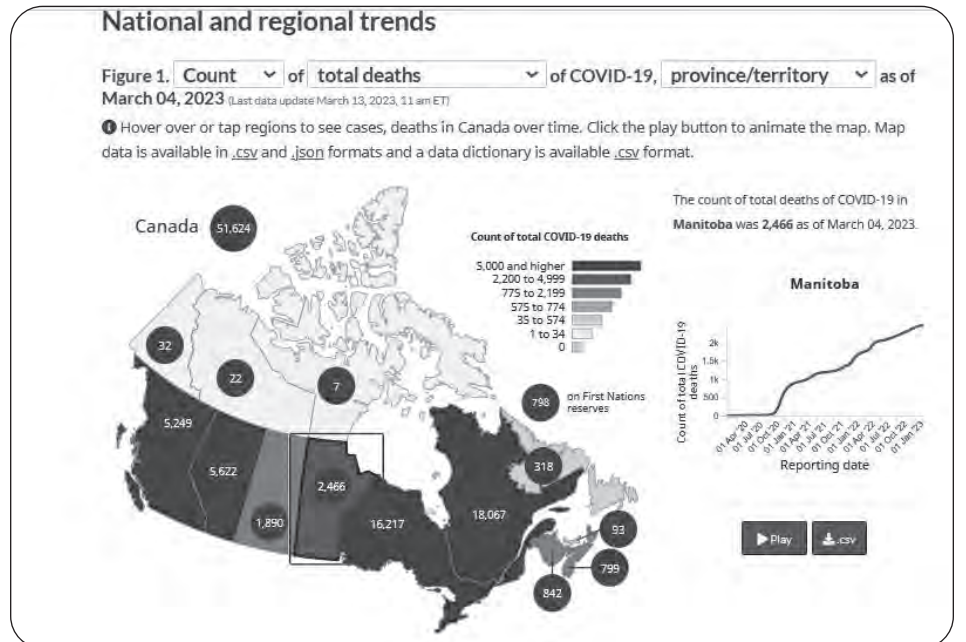
The government no longer lists in its surveillance reports the names of personal care homes and hospitals experiencing COVID outbreaks.

There were four deaths from COVID reported in Week 10. There were two deaths reported in Week 9.

Manitoba's COVID death toll was 2,466 as of March 4, according to the federal government's COVID webpage, and Canada's death toll now stands at 51,624.

The Week 10 surveillance report says wastewater data for Winnipeg and Brandon up to March 7 indicates sustained COVID activity.

There were eight new cases of influenza A and two new cases of influenza B reported in Week 10, along with



GOVERNMENT OF CANADA

As of March 4, Manitoba's COVID death toll was 2,466, and Canada's death toll now stands at 51,624.

zero hospitalizations and zero deaths. There were two influenza A cases and one influenza B case reported the previous week, as well as 20 new hospitalizations and one death.

There were 40 new respiratory syncytial virus (RSV) cases in the Week 10 report. The Week 9 report did not provide RSV numbers the day it was released. There were 56 new RSV cases reported in Week 8.

Other health news: The Interlake-Eastern Regional Health Authority declared on March 13 a COVID outbreak at the Sunnywood Personal Care Home in Pine Falls. The COVID outbreak at Gimli hospital declared on March 10 and the COVID outbreak at the Rosewood PCH in Stonewall declared on March 1 continue, according to the IERHA's outbreak page (viewed March 18).

- The World Health Organization's

epidemiological update published March 16 shows there were almost 1.4 million new cases of COVID reported worldwide between the period Feb. 13 and March 12, as well as 28,000 new deaths. Deaths recorded since the start of the pandemic now stand at 6.8 million.

- Doctors Manitoba, which advocates for physicians, welcomed the findings of a federal government standing committee investigating the health-care staffing crisis across the country. The committee's report offers recommendations to help address staffing shortages.

"While Manitoba has one of the biggest physician shortages in Canada, it is an issue in all provinces and so seeing national leading practices to address this critical issue is very

Continued on page 8

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> RCMP, FROM PG. 5



EXPRESS PHOTO BY TINA BEERNAERTS

Cleo, a 14-year-old miniature pinscher, is 95 per cent blind and has 95 per cent hearing loss, but she still acts like a puppy and loves "her" ducks. Little Buddy, a Muscovy duck hatched inside an incubator last year, is a very special duck. Little Buddy should never have survived, but after a long road and a lot of love from his owners, he continues to call Mulvihill his home. He is a very loving duck and enjoys wearing his socks in the winter because his feet get cold. On March 15, the temperature rose to -3 degrees C., making it a good day for the odd couple to enjoy the outdoors. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@expressweeklynews.ca.

individuals, residents of both Manitoba and Ontario, were arrested and are facing charges in relation to Project Dawgpound, including a Corps of Commissionaires guard at the Canadian Science Centre for Human and Animal Health in Winnipeg.

In total, Project Dawgpound investigators seized large amounts of various drugs, including 7.8 kilograms of cocaine, 327 tablets of MDMA, 13.82 kilograms of crystal MDMA, 116 grams of purple down, 139.45 grams of carfentanil, 2.06 kilograms of crystal methamphetamine and five kilograms of psilocybin (mushrooms). Investigators also seized firearms, vehicles, electronic devices, a large amount of drug trafficking paraphernalia and Crazy Indians gang patches. The contraband cigarette portion of the operation would have yielded the Manitoba taxpayer \$1.47 million in tax revenue.

"Project Dawgpound yielded fantastic results and got a kilo-level trafficker and his network off the streets," said Insp. Grant Stephen, officer in charge of federal, serious and organized crime for the Manitoba RCMP. "We will continue to enforce against the illegal drug trade and disrupt networks that often lead to or are connected with organized crime in the interest of creating a safer Manitoba and a safer Canada."

The investigation continues.

> FISHING, FROM PG. 3

"There is no need to allow rough fish to be wasted; the [recreational] fisher can simply return the fish to the water if they do not intend to consume it or otherwise use it," states the regulation.

The government consulted in 2021 with the public on the proposed changes to recreational fishing, states the regulation, and that overall, "feedback from the entire engagement process was supportive." Almost all the stakeholders voiced their support for year-round recreational fishing.

However, the Manitoba Lodges and Outfitters Association (MLOA) and other respondents expressed concern with the closure dates set for the walleye and sauger fishing season, saying they'd "not be able to target walleye for one additional week each spring."

To accommodate their concerns, the government shortened the walleye close time by one week in the south from what was originally proposed. The MLOA and other respondents also expressed concern about the closure of the Red River to all angling for

an additional week, and the government "modified" the time to address that concern.

Some recreational anglers expressed a desire to see commercial fishing quotas reduced, and the government intends to increase the collection of fisheries data to monitor fish populations in order to make future adjustments, if necessary, states the regulation. No consultation was undertaken for the changes that were made to commercial fishing.

The departmental spokesperson said the stakeholder groups represented over 10,000 anglers and they supported the changes.

The changes related to recreational fishing "are not expected to impact Indigenous persons," states the regulation. The government had, however, mailed letters to 70 Indigenous communities and organizations to inform them of the proposed changes to recreational fishing and invite feedback. Only one Indigenous organization submitted a response with concerns about the proposed changes impacting their food supply. The government's opinion is that the changes to recreational angling add "enhanced protection measures" for certain high-

er value fish through reduced possession limits and size limits and will not negatively impact food supply.

Some respondents expressed concern about how changes will be enforced and the answer given, according to the regulation, was the "same way as they are now." However, the spokesperson for the department said: "Last December, the province announced \$1.7 million additional support for the conservation officer program."

Whether a reduction of daily quota and size limit restrictions for some waterbodies and some fish species will balance out year-round fishing and the now allowed non-angling methods of fishing are yet to be seen.

But the government can adjust the rules "as necessary" for both recreational and commercial fishing, says the regulation. If recreational anglers adhere to the new rules, they will benefit over the long-term by "helping ensure the sustainability of recreational fishing" and increasing their chances of catching large trophy-size fish.

The regulation will have negative impacts on the taxidermy industry and angling derbies, states the regu-

lation. The new size limits will affect taxidermy services because trophy-size fish have to be returned to the water.

New size limits will affect competitive fishing events where prizes are awarded for the largest caught fish based on catch-and-retain fishing. Fishing derbies will have to adopt photo evidence along with an approved measuring device, states the regulation. The government might provide funding to defray the cost of equipment needed for competitive events at a cost that's "not expected to exceed \$50,000."

In addition to changes to recreational fishing, the new regulation also makes changes to the commercial fisheries' close times and fishing quota. It states that these changes "are not anticipated to have a negative impact on commercial fishers," as they align with current fisheries management practices.

A question about how many commercial fishers were in favour of the regulation went unanswered by the spokesperson.

The regulation comes into effect on April 1.

letter to the editor

Letters to the Editor:
letters@expressweeklynews.ca

Keep cattle farmers in the loop

I read with interest a letter to the editor from Mr. Fred Tait published in the Feb. 23 edition of the *Express Weekly News*.

In that letter he pointed out that KAP membership fees \$262.50 + GST would be collected from Manitoba cattle farmers in the future. But there is a provision in the Agricultural Producers Funding Act that producers could opt out of paying these dues. Mr. Tait presented a reso-

lution to the District 5 annual meeting to make members aware of this provision. The resolution passed and proceeded to the MBP annual meeting in Winnipeg on Feb. 2 and 3. The current president of MBP as well as a past president of KAP were strongly opposed to making Manitoba cattle farmers aware of this provision in the act.

Why would our elected president not want our members to be informed of this information?

Why would our own organization want to keep its membership in the dark?

Every Manitoba cattle farmer needs

to demand from our elected MBP board members accountability in explaining why they want to hide this information. They need to explain publicly to all cattle farmers their rationale for this opposition to releasing this information.

This appears to be a similar approach that they used with respect to the Crown lands leasing disaster. The MBP lobbied the Conservative government to get rid of the points-based system of allocation, which included intergenerational transfer, in exchange for a market-based allocation system, which saw lease rates triple for cow-calf producers.

They agreed that the highest bidder, regardless where they live in Canada, be the new lessee of Manitoba Crown land. We have yet to hear of any board opposition to this plan.

We have not heard a peep from our MLA Derek Johnson, who is also Minister of Agriculture and responsible for these disastrous changes.

How about a discussion with lease holders who are affected by these changes before they are put into policy?

- Charles Gall
Moosehorn

Gimli councillors are in good company

I am something of a student of politics. I watch what happens in Canada and across the world. What I see is sharply divided opinions, an assault on voting rights, book banning and attacks on human beings who may not fit into society's perception of what equality is. I fear for the future for all of us. However, this week there was hope appearing on the horizon. A chance that democracy can be saved.

Mayor Kevin (do you like my company minivan?) Chudd and Thora

(the economist) Palson have come up with the solution to the threats facing democracy. They, along with the rest of council, have figured it out. The solution was just staring us in the face. If we only give politicians more money to do their job, then greater leaders will appear to guide us into the future. Simple, right?

By giving themselves a 40 per cent raise over two years, with wage increases for the rest of Canada at 3.2 per cent, we can be assured that citizens will be lining up around the block to try their luck at becoming a member of Gimli council. The logic displayed by this council makes one want to cry in frustration. They do, however, find themselves in good,

greedy company.

City of Winnipeg councilors contribute \$1 to their pension plan and the Winnipeg taxpayer contributes almost \$5 as a matching figure. Members of Parliament qualify for a full pension after only two terms in office. Let's not forget appointed senators who get a lifetime job and pension for doing very little for only being staunch supporters of whatever party is in power. Look up how the GST came into law.

Think of the sacrifices politicians make, as well as the pressures of office. Premier Stefanson can't even remember a \$31-million real estate sale. Imagine if you had to deal with such mental challenges.

So the greedy, money-grabbing members of Gimli council find themselves in excellent company. They want us to believe that this will preserve democracy for all of us. They want us to trust their judgment while they use this sleight of hand excuse to dip into our wallets. Clearly this council has no respect for the citizens they purport to represent.

Next time you are trying to figure out how you can afford fresh produce at the grocery store, take comfort in knowing Gimli council has no problem affording romaine lettuce.

- Campbell Alexander
Gimli

World Water Day, March 22

"For most of history, man has had to fight nature to survive: In this century he is beginning to realize that, in order to survive, he must protect it!"
-Jacques-Yves Cousteau.

I often wonder if we are electing the best of people to look after our water sources and environment.

The crisis of clinging to the lie. We

can no longer afford to take nature for granted. We can no longer continue to exploit our finite resources as we see fit; to fulfil the gluttonous greed of economic development and dump our waste into the environment. The consequences are far too grim. In so many situations, we are so ignorant of the biological and physical world, yet we cling to the belief that we know what we're doing. The truth is ... we have no idea. Everybody chases short-term wealth, even at the cost of destroying their long-

term future. We must begin to live, grow and prosper as a partner with nature. We have to keep reminding ourselves that the sacred balance with Mother Earth is vital to our very existence. And we must continue to do our part to secure the lives of promise for those yet unborn. I am grateful and acknowledge the words of encouragement, the criticism and the confrontations that are directed to my views, for they provide and nourish my incentives to work even harder to the challenges of changing

"what is not right"; knowing fully, there are none so blind as those who do not wish to see. I recognize that laws and regulations without enforcement and vigilance by authority are useless! I also recognize the continuing need for more and even more regulations tend to rise proportionately as our moral and code of ethics decline. For, to have integrity, "nothing else matters." To not have integrity, "nothing else matters."

- John Fefchak
Virden

> COVID, FROM PG. 6

valuable," said Doctors Manitoba president Dr. Candace Bradshaw in a March 15 news release. "The shortage of doctors, along with other health care workers, is having an impact on all aspects of patient care, from hospitals to community practices, from urban to rural and Northern communities. There is no

path forward to improving health care without addressing these shortages."

Manitoba has a "record-high physician shortage," she said, and nearly half of the province's physicians are planning to retire, reduce clinical hours or leave Manitoba if nothing changes.

The recommendations in the federal report echo those Doctors

Manitoba already provided to the Manitoba government. They include expanding medical training, increasing medical residency spaces for international graduates, reducing physician administrative burdens and providing mental health supports to healthcare workers.

What needs to be addressed as well in Manitoba is recruitment and retention in rural and northern parts

of the province, says Doctors Manitoba. The province's health and human resources plan was announced last November with some actions to support physician recruitment and retention, but the initiatives "offering the most immediate relief and support to retaining physicians remain in limbo."

CentrePort Canada Rail Park receives \$18 million in federal funds

By Jennifer McFee

CentrePort is on the right track to improve the nation's supply chain by bolstering connectivity through its rail park.

On Wednesday, March 15, federal Transport Minister Omar Alghabra visited 4Tracks Ltd. in Rosser to announce an investment of up to \$18 million towards building the 665-acre rail park at CentrePort through the National Trade Corridors Fund.

CentrePort Canada Rail Park is currently in development by Canadian company Focus Equities Inc., which will cover the remainder of the \$36-million portion of costs that qualified for funding.

The project aims to improve the movement of goods between different modes of transportation, including rail, truck and air.

"I know there's been a lot of people working on this vision for years. Today marks a significant milestone in this vision and in this development. This location is a critical hub in a strong supply chain, and that's something Canadian exporters rely on," Alghabra said.

"Of course, we know that the lingering effects of the pandemic, climate impacts and global events have affected that supply chain, which is why our government is working hard to strengthen it. We know that a strong supply chain contributes to grow an economy that works for all Canadians while making life more affordable for its citizens."

The federal funds will go towards a second mainline switch, a lift station, several kilometres of additional track, and connections to access roads under Phase 1 of the three-phase development.

"Not only will this project create well-paying jobs in the region, it will make it easier to move goods between the different modes of transportation; for instance from rail to truck or from air to rail," Alghabra said.

"The technical term for this is improved intermodal connectivity, but it's really about making a supply chain more fluid, more adaptable and more easily able to get goods from Point A to Point B."

The benefits will extend beyond the local community to bring positive impacts across the country.

"This project has potential to bring significant economic benefits to Manitoba and even greater benefits to the country's supply chain. The project will also reduce emissions, and by cutting down on the number of trips by truck, it will help address congestion on interprovincial highways and at the U.S. border. That's a win-win-win," he said.

"The quality of our transportation infrastructure and the efficiency of our trade corridors are crucial to Canada's economic success. By increasing the capacity of what is already a major transportation gateway close to rail lines, close to the airport and major roads, we are supporting the flow of goods across the country, creating good jobs for middle-class Canadians and making life more affordable for all Canadians."

The vision is for CentrePort Canada Rail Park to become a nexus where air, rail and roads intersect, he added.

"I think the economic opportunities are significant," Alghabra said. "This is only Phase 1 of a broad vision."

Rosser Reeve Ken Mulligan reflected on the importance of the announcement to the local municipality.



EXPRESS PHOTO BY JENNIFER MCFEE

MP Kevin Lamoureux, federal Transport Minister Omar Alghabra and MP Terry Duguid spoke about the CentrePort Canada Rail Park project.

"The Government of Canada announcement shows us the commitment from all levels of government to the CentrePort Canada Rail Park. To me, this highlights the magnitude of a rail park by Focus Equities — not only for Rosser but for the region, the province and on supply chains across the country," Mulligan said.

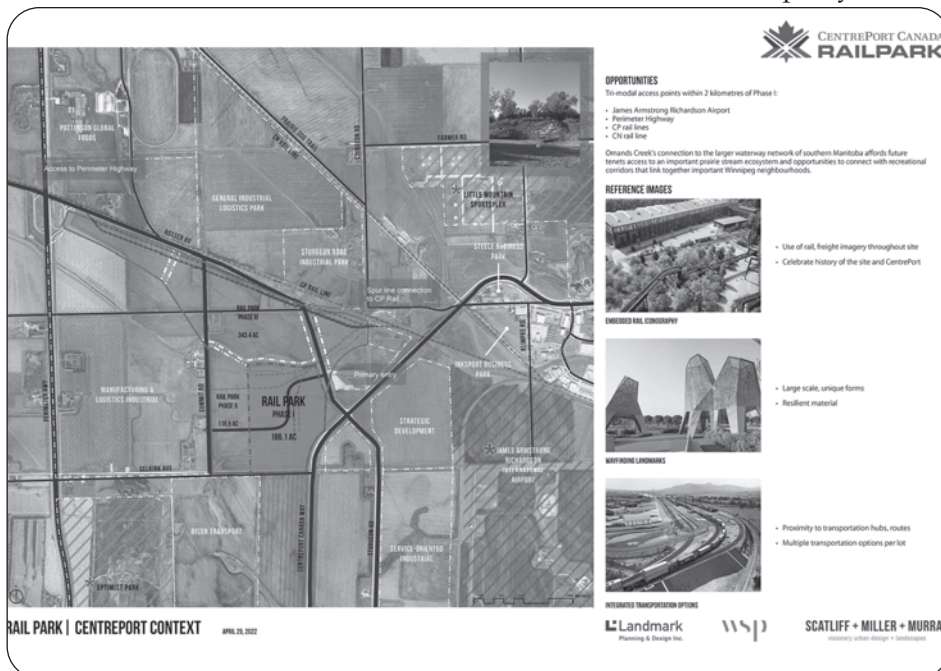
"I still have people commenting to me and wondering if the 665 acres of land the Province of Manitoba has held for years in Rosser will ever ac-

tually be a rail park. This announcement is another key step in the construction of Phase 1. The rail park is real, and we look forward to working with Focus on Phase 1 and on future phases."

A development of this magnitude will provide employment opportunities for Rosser residents, as well as for all regional communities, he added.

"Local businesses and our local

Continued on page 13



The project features tri-modal access points within two kilometres of Phase 1.

MANITOBA

School Boards

ASSOCIATION

On March 16th - 17th, 2023 the Manitoba School Boards Association recognized some of Manitoba's outstanding students, long-serving trustees and exceptional leaders.

Congratulations to

Mitchell Baker

from Evergreen School Division on winning a **Student Citizenship Award** in recognition of exemplary citizenship in school and community.

Presidents' Council Award Recipient
Betty Peters, Western School Division

Presidents' Council Award

2023 Student Citizenship Awards

Award Recipients (Grades 9-12 Individual)
Talia Iwanchysko, Mountain View SD
Brooklyn Piasta, Red River Valley SD
Mitchell Baker, Evergreen SD
Darasimi Oluboye, School District of Mystery Lake
Justine Rory Ramos, Seven Oaks SD
Cynthia Tran, Winnipeg SD

Award Recipient (Grades K-8 Individual)
Yafa Ennabzki, Winnipeg SD

Award Recipient (Grades 9-12 Group)
Student Trustee Board, Seine River SD
(Collège St. Norbert Collegiate/Collège Lorette Collegiate/Ste. Anne Collegiate)

Award Recipient (Grades K-8 Group)
Team 17, École River Heights School, Winnipeg SD

For more information about the **2023 Annual Convention and Awards** visit www.mbschoolboards.ca or follow us on **Twitter, Facebook and Instagram** @MBSchoolboards

Province approves dropping exam requirements for internationally educated doctors

By Patricia Barrett

The provincial government made changes to medical regulations that will speed up the process of hiring internationally educated doctors.

The government approved regulatory changes to the College of Physicians and Surgeons of Manitoba (CPSM) General Regulation in order to facilitate international doctors' entry into Manitoba's medical system.

The changes entail the removal of a requirement for internationally educated physicians to pass the Medical Council of Canada Qualifying Exam Part 1 (MCCQE1) before registering and practising in Manitoba. The MCCQE1 assesses medical knowledge and clinical decision-making ability.

"We are leaving no stone unturned to strengthen our health system for Manitobans," said health minister Audrey Gordon in a March 10 news release. "We worked with the governing body of physicians in Manitoba to streamline the path, reduce barriers

and enable internationally trained physicians to provide care sooner in alignment with our government's \$200-million Health Human Resource Action Plan."

The province has an acute shortage of physicians and other health-care providers that has resulted in delays for patients in accessing care in certain health areas. According to Doctors Manitoba, which advocates for physicians, Manitoba has one of the biggest physician shortages in Canada and the shortage could become much worse if steps aren't taken to expand medical training, retain doctors in rural areas, reduce their administrative burdens and implement mental health supports to help with burnout, among other measures.

The MCCQE1 exam was "holding back" many qualified, internationally trained physicians from coming to Manitoba, said College of Physicians and Surgeons' registrar Dr. Anna Ziomek in the March 10 news release.

Ziomek said it was necessary to take steps to eliminate barriers to assessment "without compromising quality and patient safety."

A spokesperson for the department of health said the MCCQE1 is a national academic exam that tests medical knowledge and decision-making "at the end of medical school and is not practice based; therefore, there was a concern it was holding back some physicians because the exam tests knowledge that is unrelated to the physicians' area of specialty."

Alberta and New Brunswick have already removed requirements for the MCCQE1, said the spokesperson.

The dropping of the exam should not compromise safety, and medical candidates are required to have criminal record checks and abuse registry checks. There are also safeguards in place including practice-ready assessment and practice under supervision.

"Internationally educated physicians are required to have a practice-

ready assessment and monitoring of their clinical knowledge and skills in practice over a 3-to-12-month period in practice," said the spokesperson.

According to the College of Physicians and Surgeons of Manitoba, the practice ready assessment and monitoring of clinical skill and knowledge is a "more appropriate requirement for assessment of required competencies," said the spokesperson. The CPSM decided that the requirement to pass the general academic exam "could be safely removed while still maintaining the integrity of the licensing requirements and ensuring physicians are qualified and competent to safely practice medicine."

The spokesperson said the college can answer the question of how much sooner internationally trained doctors can practise in Manitoba now that they don't have to take the MCCQE1 exam.

> SALARY, FROM PG. 4

on Jan. 1 of each year in accordance with the Canadian Consumer Price Index to account for inflation.

Palson said council assessed various data when determining the amount

of the increases and looked at the Association of Manitoba Municipalities salary survey (the AMM won't share that survey with the *Express*). It examined councillor numbers, population served, dwelling units, rate of council compensation and total municipal revenue in about seven other municipalities in the Interlake and across Lake Winnipeg.

"We did do an analysis. And we heard feedback from people and took that into consideration; therefore, we've taken a phased-in approach for the increase," said Palson. "And we welcome public engagement with our financial plan so that people can see where their tax dollars are being distributed."

Council also took into consideration guiding principles of compensation, said Palson. They include a level of pay corresponding to councillors' responsibilities and time commitment, pay that's sufficient to attract individuals from all walks of life to stand for election, pay that should be reasonable and fiscally responsible and pay that's "transparent and accountable to members of the public and council members."

Other council news:

- Regular council meeting agendas for February and March show that question period has been removed.

Question period allows municipal residents and the media to ask council questions about matters of concern that can range from municipal borrowing to allowing new developments. After the municipal election

last October, council proposed to abolish question period when it was drawing up a new organizational and procedure bylaw, but restored it after some public concern arose.

When asked why question period was removed from the agendas, Palson said council plans to implement livestreaming of council meetings in future, and it won't be possible to take questions during livestreaming.

People who attend council meetings in person, however, can ask questions after the meeting.

"The gallery will remain open for questions after the formal agenda," said Palson. "And anyone can ask questions of a councillor at any time. If you saw something on the agenda three months ago and you have a question about it, you can still ask about it. Citizens are never restricted to a 15-minute window at the end of a council meeting to ask questions. If you have a question, call or email me. I am available."

- Aurora Recovery Centre, a private rehabilitation facility for people with addictions, applied to council for permission to build additions on its property in order to expand its site for 100 additional beds. It currently has 68 beds.

CEO/owner Michael Bruneau said in his letter to council that the expansion will allow Aurora "to help those with addiction not just in Manitoba, but across Canada."

He added that there should be a minimal increase of traffic on PR 222 because many staff live on site and clients are transported in by Aurora.

In addition, there are plans to expand its staffing and would be hiring "eastern Interlake residents whenever possible."

The *Express* reached out Bruneau for comment but did not hear back.

- The East Interlake Watershed District, which is made up of the RM of Gimli and 15 other municipalities, will be moving its Gimli office to another location within the municipality, according to minutes posted under council's agenda.

The EIWD's board of directors approved by resolution an exchange of properties and an increase to the EIWD's allowable borrowing limit.

The EIWD will be exchanging its office building at 74 First Ave. in Gimli for a property at 15 Jacobson Dr. in Gimli that has been purchased by a Mr. Werbicki. The board of the EIWD will give \$200,000 to Mr. Werbicki in exchange for an additional building at 15 Jacobson Dr.

"This will increase the mortgage payments approximately from \$1,044 to \$1,403," states the EIWD minutes from its January board meeting.

All EIWD member municipalities also agreed to allow the EIWD to borrow \$200,000, which exceeds its current borrowing limit of \$100,000 that's set out under regulation. In addition, the EIWD approved by resolution a \$60,000 payment to Falcon Holdings for concrete floor work in the new building.

The board also reviewed its division of assets policy (No. 2.23) that would distribute assets and debts should the EIWD dissolve.

Community Support Service

AA Meetings in Ashern

Open Meeting

Time: 6-8pm Fridays
Starting Friday March 3rd.

Location: #11 2nd Ave North

-Pioneer Manor

(beside the main door entrance of Pioneer Manor)

Contact AAMBCO@mts.net

AA Winnipeg Beach

Lady of the Lake RC Church
Corner of Hwy. 9 and Lake Ave.,
Winnipeg Beach

Meetings are Saturdays
between 7 and 8 p.m.

Contact Ann J 204-389-3417

Gimli Group AA

Bldg 18 Municipal Rd
Industrial Park

Fri & Sun Mtgs at 7:30 pm
Womens Mtgs Thurs at 10:30 am

Al-Anon

Gimli and Winnipeg Beach

Please join us at 17B North Colonization Road, next to New Horizon building... Gimli at 7:00 pm Wednesday evenings for an hour of support, strength, guidance and Hope. Contact 204-389-4777.

Two medical detox beds at Ashern hospital to serve people with addictions

By Patricia Barrett

The Interlake-Eastern Regional Health Authority will be opening two medical detoxification beds for people with addictions after the provincial government announced funding for substance use treatment.

As well as the two beds, the publicly funded service includes health-care staff. Health-care providers from across the region can refer patients addicted to alcohol and other substances to the beds in Ashern rather than have them go to Winnipeg.

Robyn Cromarty, the IERHA's regional director for mental health and addictions, said the Ashern hospital currently manages medical detoxification in its emergency department and hospital, but the government's investment will allow staff to provide more timely and effective care.

"There's a high need across the region for mental health and addictions services and these recently announced investments are a really important step that will benefit the region's mental health and addictions program that's available to all residents," said Cromarty. "This investment is more than just beds: it includes funding for care providers and other staff who will contribute to the success of the program."

The government's mental health and community wellness minister Janice Morley-Lecomte announced March 14 that the government will initially invest over \$12 million. In addition to the two beds for the Interlake-Eastern region, the Southern health region will get one bed and the Prairie Mountain health region will get four beds. The government's plan is to eventually create up to 1,000 addictions treatment spaces.

"We are taking strong action to meet the growing demand for treatment for

Manitobans pursuing recovery from addictions," said Morley-Lecomte in a news release. "The initiatives announced to-day will move Manitoba toward the creation and support of up to 1,000 publicly funded treatment spaces available free of charge to individuals seeking addictions care. We are eliminating barriers to recovery by making it easier to navigate the system and increasing access to high-quality, evidence-based services."

Cromarty said what's unique about the Ashern program is that it entails wraparound care whereby substance users can access medical detox services and also be connected to addictions care through local community-based programs or other treatment programs, which might be required to support them in their journey to recovery.

Once substance users decide they don't want to use anymore and request access to a detox bed, they can be admitted to the Ashern hospital for a period of seven to 10 days, said Cromarty, or for a shorter or longer period of time depending on the needs of the patient.

"There will be a health-care clinician overseeing medical detox to ensure it's safe and that clients receive the care they need. We anticipate these individuals could be in hospital for seven to 10 days and in that time the health-care team will work with them to determine what resources they may require upon discharge," said Cromarty. "It could be a referral to the Selkirk Rapid Access to Addictions Medicine Clinic (RAAM) or it could be a referral to a longer-term treatment or rehab facility. It might also be a referral to the Interlake-Eastern's community mental health program."

RAAM clinics are part of the mental health and addictions services the

IERHA offers. The clinics provides people with medications to help them through the withdrawal process.

If people request further treatment in a private, for-fee facility that treats substance use, the Ashern team can make that referral.

"We'll do everything we can in the region to support them," said Cromarty. "There are lots of services in the region that are community-based and people can access them if they want to. We will try to educate them on the services out there and how they could benefit from them."

The two detox beds in Ashern are expected to be available next month, along with the staff needed for them, said Cromarty. There's currently no

waiting list for the service as yet, but the service will be ongoing as the government has made a commitment to increasing services for substance use.

"We're really happy about this funding and excited about being able to offer this service, which is required. These additional care providers will be able to help people navigate the system in the community. It's so beneficial to people who are looking for help with their substance use issues," she said. "This is a very welcomed investment in the IERHA. The creation of this program dovetails nicely with other provincial investments aligned with the province's roadmap for mental health and community wellness."

HISTORIC HELP for Manitoba Seniors

Budget 2023 provides more for seniors to strengthen home care, expand seniors' housing and enhance accessible transportation.

It creates new programs to fund hearing aids, insulin pumps and diabetes glucose monitors and dedicates more to expanding and building new hospitals.

Budget 2023

Help for what matters most



What's *Your* story?

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The Express Weekly News connects people through stories to build stronger communities.

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A young entrepreneur starting out?

Please share your story ideas at news@expressweeklynews.ca or Phone 204-467-5836

manitoba.ca

Manitoba 

get inspired

> MEAL IDEAS



Chick Cheese Balls

crackers
carrots
whole black peppercorns
Using mixer, combine cream cheese, garlic powder, Worcestershire sauce and lemon juice. Add salt and pepper, to taste. Refrigerate mixture 1 hour.

Using fingers, form about 1 tablespoon of cream cheese mixture at a time into balls. Refrigerate 30 minutes on small baking sheet.

Before serving, roll each ball into shredded cheddar cheese to cover. Place each ball on round cracker.

Cut small triangles from carrots for beaks and feet. Press carrots onto cheese balls. Add peppercorns for eyes.

Recipe adapted from Hallmark.com
Yield: 10 chicks
1 package cream cheese
1/4 tablespoon garlic powder
1 tablespoon Worcestershire sauce
1/2 lemon, juice only
salt, to taste
pepper, to taste
1 cup finely shredded cheddar cheese



Carrot Utensils

Orange napkins
green plastic silverware
green ribbon

Lay napkins flat on table. Place one of each utensil in napkin facing top corner. Wrap napkin around utensils. Tie ribbon around middle of napkin. Place in bowl or basket on table.



Chipotle Chicken Flatbread

2 tablespoons cilantro leaves, chopped
Preheat oven to 375 F.

Place parchment paper on baking sheet and add flatbreads. Sprinkle cheese on flatbreads. Top with garlic, chicken and tomatoes. Season with salt and pepper, to taste. Bake 16 minutes until cheese is melted.

In small bowl, mix ranch and chipotle seasoning.

Drizzle ranch dressing on flatbread and sprinkle with cilantro leaves.

Adapted from butteryourbiscuit.com
2 flatbreads
2 cups shredded mozzarella cheese
1 clove garlic, diced
4 chicken tenders, cooked and cubed
1 pint cherry tomatoes, quartered
salt, to taste
pepper, to taste
1/2 cup ranch dressing
1 1/2 teaspoons chipotle seasoning

Young adults living at home



Submitted by Gwen Randall

There was a time when it was common for young people to leave home once they turned eighteen. By the time children left home, parents were still in their early forties. The age of parenthood has increased over time, so now parents may be much older before their children go out on their own.

Increasingly, young adults are still living at home longer than in the past. This creates some dilemmas both for the parents and the adult child. Often boundaries become muddled, because there is still a parent-child relationship, only now all are adults.

Every situation is different; however, some general guidelines always apply. Although this may be tough to swallow, when you are living in your parent's home, your "adult" status in the outside world does not supersede your "child" status at home. Just because you are over eighteen does not give you special rights to break house rules.

What this means is that it is your parents' house, and they can make the rules. If you want to make the rules, you must get your own house! What you cannot do is to argue with them about how they want things to be in their own home, any more than you would want them to make rules once you live on your own.

Even if you are paying rent, it is

likely less than you would pay to rent your own place, so your parents are, in effect, subsidizing you. The fact that you pay rent does not mean they cannot set the rules.

Renting from parents is not the same as renting from a landlord. If you want the freedom to live as you like, it is time to become and independent adult. As long as you live in your parents' home, you are a still a dependent. A landlord would not feed you, pay for your utilities or let you borrow their car. Your furniture, Wi-Fi, and home insurance would not be covered by your landlord.

So, if parents want you in by a certain time so you are not waking them with your coming and going, you need to honor that. If they expect you to do certain chores, you need to contribute in that way as well. In fact, you should offer to help. If you are working full time, it would be nice to contribute something to the grocery budget. You should also make some of the meals.

Remember too, now that you are an adult your parents should be free of parent-child conflicts. They have undoubtedly worked hard all their lives and deserve to enjoy this time. I have seen too many adults, who, in their later life are consistently stressed by an adult child living at home. If they have generously allowed you to stay on, be thankful, and strive to make their lives easier, not harder.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration.



Spring Table Centerpiece

Recipe adapted from Craftmorning.com

Jelly beans
chocolate coated candy eggs
marshmallow chicks
fresh or fake flowers
plastic or dyed eggs (optional)
Place medium bowl inside large dish. Pour jelly beans and chocolate coated candy eggs around bowl.

Add marshmallow chicks around dish on top of candies. Arrange fresh or fake flowers in center. Set on table as centerpiece. Place eggs around dish, if desired.

**Do you have a Health or Wellness Business?
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Armstrong council treated to lunch



EXPRESS PHOTO BY DRENNA CAMPBELL

RM of Armstrong's reeve and council members were the Inwood Meal Program lunch guests on March 13. Chef Arlene Farebrother (pictured in the middle) cooked up a delicious beef brisket dinner.

> CANADA RAIL PARK, FROM PG. 9

quarry operation should also be able to see economic benefits from both the construction of the rail park and the operations that will come to the rail park," Mulligan said.

"And, of course, Rosser as a whole will benefit from the taxation revenue, which comes from this level of development. We have to remind ourselves, in 2006 Rosser's total assessment was \$230 million. With the growth in CentrePort being the main driver, Rosser's total assessment has already reached \$1.2 billion — and the rail park is just getting started."

At the same time, Mulligan highlighted the collaborative approach to the project.

"Rosser has been working very well with Focus Equities on this initiative. I am excited by the early dialogue that Focus has approached us on regarding how they see themselves playing a role in supporting our community," he said.

"I have no doubt Focus Equities will have a great impact on our community as a whole."

Kevin Lamoureux, member of Parliament for Winnipeg North, also stressed the importance of the initiative.

"I think the consensus, no mat-

ter what level of government you're from, is that CentrePort is such an important part of Manitoba's future," he said.

Terry Duguid, member of Parliament for Winnipeg South, said he's excited to see these important upgrades coming to CentrePort Canada Rail Park.

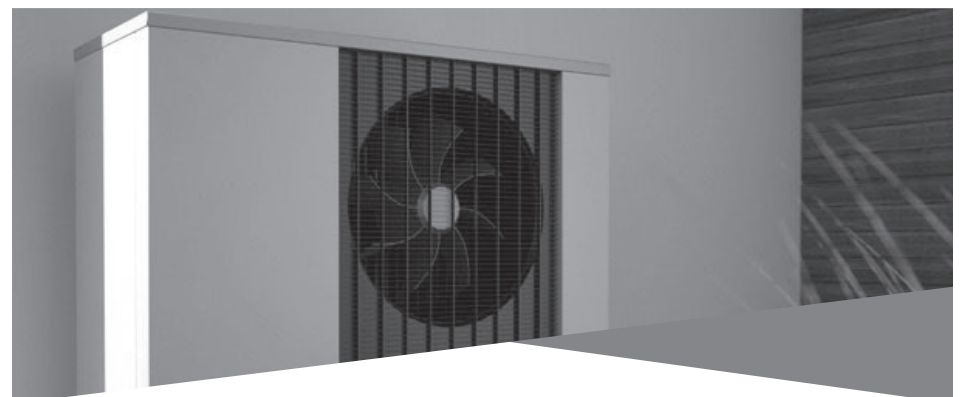
"This new infrastructure will be a major boost to the operations here at CentrePort," he said.

"Not only will this funding help to sustain CentrePort as one of North America's largest and most important inland ports for decades to come, it will be a major economic boost to our province, bringing plenty of high-quality jobs and increased tax revenue."

CentrePort has major partners from various industrial sectors, including Boeing, MacDon, Paterson Global Foods, Bison Transport and more, he added.

"Thank you to our elected officials from Rosser and other communities," he said.

"This is an example of a partnership between Winnipeg and our surrounding communities — a very positive one that benefits us all."



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Cool skating event



EXPRESS PHOTOS BY LANA MEIER

It was a windy evening for those who braved the cold and came out to enjoy the Interlake Co-op Kid's Club family skate night with Cooper, their mascot last Thursday. Everyone was treated to popcorn, hot chocolate and juice.



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Teulon XC Ski Club members celebrate 40 years

Submitted by Teulon XC Ski Club

On Saturday, March 11, Teulon Cross Country (XC) Ski Club members gathered to celebrate the club's 40th anniversary.

In 1983, club founder John Blackwood recognized a need for self-propelled, outdoor winter recreation opportunities and started a learn-to-ski program at Teulon Elementary School. This sparked the imagination of community members, and the club quickly expanded to the forest surrounding Ross Creek south of Teulon.

"The early years were exciting and a ton of work for a small group of volunteers," said Blackwood. "We created a trail system from scratch along the creek on both sides of Highway 7, meaning we skied through the giant culvert under the road."

Keeping that pinch point skiable proved too labour-intensive, so the club only maintained trails on the west side. Current trails are groomed for both classic and skate skiing and offer terrain for all levels of skiers. There are flats and small man-made hills for beginners and technical creek



EXPRESS PHOTOS SUBMITTED

The Teulon Cross Country Club celebrated their 40th anniversary last weekend.

valley slopes and turns for experts. First-time visitors to the trails often comment pleasantly about the quality of the trail system and grooming and that they didn't realize there were such lovely hills in this part of the Interlake.

"Early on we adopted the philosophy that providing an opportunity for people to ski was important to both individual and community health," said Blackwood. "That's why we incorporated Jackrabbits, a national youth ski program, into club offerings from the get-go to help get kids hooked."

These efforts allowed the club to grow over 40 years, and while the Jackrabbits program was put on hold during the pandemic lockdown years, the club is as vibrant as ever. Current membership exceeds 130 people, and

the club estimates an additional 300-plus drop-in skiers visit the trails annually between school groups, other clubs, and individuals looking for a

Continued on page 16



Guests enjoyed a cake to celebrate 40 years of skiing.



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> 40 YEARS, FROM PG. 15

new skiing experience. Visitors come from across the Interlake, throughout Manitoba and as far as the Yukon. The club has also hosted many ski events, ranging from qualifiers for several Manitoba winter games to a Skiathlon. Meanwhile, club members have represented the Interlake region in MB Races and other provincial or national level events such as the Canadian Birkebeiner and Canadian Ski Marathon. And two members even wore their Teulon XC toques while skiing internationally along the Russian border with Finland.

It was against this historical backdrop that club members celebrated their major milestone. The event was multi-

generational, with several founding members present, plus early Jackrabbit "kids" who are now parents skiing with their children. Banners waved in the wind while leading skiers away to a scavenger hunt, which had them searching for caches of tickets that they submitted at the chalet for a chance to win prizes ranging from toques and water bottles to gift cards for local businesses. And outside the chalet, a bonfire welcomed skiers to sit down, chat, and roast hotdogs and marshmallows for lunch. The day culminated in a cake-cutting ceremony honouring the efforts of members past and present and all the benefits derived from a lifestyle that includes skiing.

In wrap-up thoughts, Blackwood shared that "Skiing is a family activity and allows people to connect from across the country. We are lucky to have such a great club that brings us together."

Forty years as a club is only possible with tremendous community support. The Teulon XC Ski Club extends our heartfelt appreciation to the landowners who allow skiing on their property and to the many volunteers, donors and other supporters over the



Club founder John Blackwood takes the first cut on the celebratory cake.

years who have helped the club thrive and provide opportunities for healthy living in Manitoba.

For more information about the club, please visit skiteulon.ca and follow the club on Facebook.

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Annual winter fun



In the biggest upset since the Lundar Spring Classic hockey tournament started in 2018, the Half Apples defeated the Black Aces 10-6 to win the championship. Pictured back row, left to right: Whyatt Hagen, Bryce Allary, Jayden Allary, Anthony Mikula, Matthew Gleich, Jarod Thomas, Ryan Gleich, Connor Bindle, Jayson Christensen, Brent Johannson and Riley Scott; front row: Riley Wirgau, Mitch Adamanyk, Trey Fortin and Thomas Johannson.



EXPRESS PHOTOS SUBMITTED

Last weekend, the Lundar Winter Carnival was full of activities for all ages. Families enjoyed watching the annual broomball and rec hockey tournaments, a pie throw auction, hill sliding, a balloon drop, mini sticks, a U7 hockey game vs Riverton and a skate with Sponge Bob. On Sunday, a pancake breakfast was hosted by the RM of Coldwell and the LUD of Lundar, a wiener roast hosted by the Lundar Fire Department, and the Lundar Skating Club, presented their ice show "Dancing through the Decades."

Mya Beaman, sponsored by Grettir Co-op, was crowned the 2023 Carnival queen, and Arden Miller, sponsored by the Lundar Gooseshoot Committee, was crowned the king. The king and queen carnival candidates — including Rayne Chartrand, sponsored by the Legion Ladies Aux #185, and Jesse Bindle, sponsored by Lundar Ag Society — raised over \$13,000 from ticket sales. First prize of \$1,000 donated by Sigfusson Northern was won by Tara and Michael, second prize of \$500 donated by BTT Construction Inc. was won by Michael Johnson, and third prize of \$250 donated by Randy's Tire was won by Nicole Caldwell. Pictured left to right: Rayne Chartrand, Mya Beaman, Jesse Bindle and Arden Miller.



"Here Comes the Broom" were undefeated in the annual broomball tournament and beat the Christensons in the finals 6-5, scoring the winning goal with just 0.6 seconds remaining. Pictured back row, left to right: Ryan Einarson, Filloyd Thorkelson, Marc Desjarlais, Donny Malcolm, Breanna Rae and Colin Johnson; front row: Leif Thorkelson, Bonnie Fortin, Richard Seymour and Marri Thorkelson.



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INSIDE > OUTSIDE > UPSIDE DOWN

Gimli's Carter Johnson traded to Maine Mariners

By Ty Dilello

Gimli's Carter Johnson is well into his second season of professional hockey at the East Coast Hockey League level. The 6'3" 27-year-old forward was traded from the Wheeling Nailers to the Maine Mariners last week.

The grandson of former NHLer Bob Leiter, Johnson grew up in the Interlake Lightning's AAA program, where he progressed through the local ranks. He spent a couple of seasons with the MJHL's Swan Valley Stampede before heading to Texas for the 2015-16 season to play with the Corpus Christi Ice Rays of the NAHL.

Afterwards, Johnson spent four years playing college hockey with the University of Miami (Ohio) while earning a sport leadership and management major.

Johnson also enjoyed his first year of professional hockey last season, as he learned a lot and developed a bunch as a player. He scored 45 points in 69 games with the Wichita Thunder of the ECHL.

For this 2022-23 season, Johnson initially had a try-out with the AHL's San Jose Barracuda. After being released, he headed to the ECHL, where he scored 35 points in 58 games with the Wheeling Nailers.

"I enjoyed my time with the Nailers as being able to play in the Pittsburgh Penguins organization has always been a dream of mine, so playing for their ECHL affiliate was something I really enjoyed and soaked in," said Carter Johnson.

Johnson notes how the travel in the ECHL is mainly all long bus rides, compared to the plane rides that all teams in the NHL and AHL utilize.

"The travel can be pretty long at times as we mostly would bus everywhere on a sleeper bus. However, it is fairly comfortable with bunk beds, a lounge, couches in the front and back, and TVs. So even on the overnight road trips that could be up to 13 hours, they take care of us as best they can. We may fly here and there on the really long cross-country trips, but within our division is mostly all



Carter Johnson enjoying his time in the ECHL.



Gimli's Carter Johnson was recently dealt near the trade deadline from the ECHL's Wheeling Nailers to the Maine Mariners.

bus trips."

Last week, Johnson was dealt near the trade deadline to the Maine Mariners. It's a good move for him as it means he'll be playing in the ECHL playoffs this year, as Maine will qualify for that while the Wheeling Nailers will not make it.

"I wasn't expecting a trade, but I knew it was a possibility as the playoffs approach. I'm excited to get the chance to compete in the postseason this year and get a good taste of playoff hockey. I'm up for the challenge and excited to help contribute in

Maine."

Johnson feels he's progressing as a professional hockey player as he's consistently raising his game over the last two seasons.

"I am definitely working daily to better myself as a person and player and work towards climbing the hockey ladder. I've always dreamed of making the NHL. My goals are still that and to make forward progress climbing the ladder one step at a time. I also strive to inspire the kids in my hometown to follow their dreams, whatever they may be."

EXPRESS PHOTO SUBMITTED

Forward Adam Vigfusson commits to Humboldt Broncos

Staff

The Humboldt Broncos are happy to announce that Adam Vigfusson (05) has committed to playing for the Broncos for the 2023/24 SJHL season.

Vigfusson competed this season with the Interlake Lightning U18 AAA program in Manitoba where he finished with 68 points (3 goals, 38 assists) in 44 games.

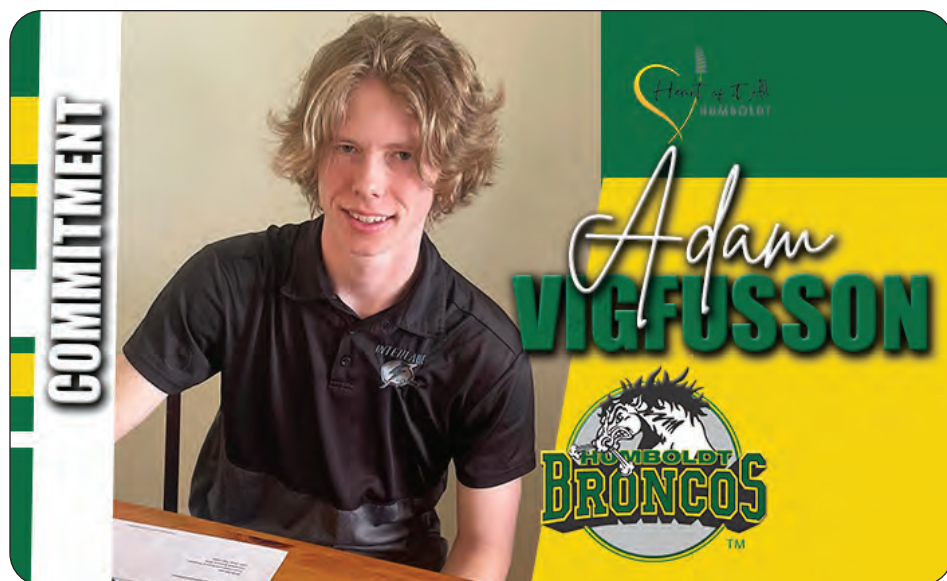
"High end skill definitely jumps off the page, and Adam brings a lot of it. He's had to earn and work hard for everything he's received, and we're excited to see that type of work ethic translate with the Broncos next sea-

son," said Head Coach and GM Scott Barney.

Vigfusson had an All-Star year in his first full season with the Lightning. His 68 points was second in the league scoring race, while his 30 goals ranked fourth.

Vigfusson was also called up for one game with the MJHL's Niverville Nighthawks, as well as six games with the MMJHL's Stonewall Jets where he collected six points.

The Humboldt Broncos and the City of Humboldt would like to welcome Adam and his family to the organization and community.



EXPRESS PHOTO SUBMITTED

Interlake Lightning forward Adam Vigfusson signed with the Humboldt Broncos for the 2023-24 season.

Team Einarson bounces back with a last-end steal to win at world women's

By Ty Dilello and CurlingCanada

Gimli's Kerri Einarson is representing Team Canada at the 2023 World Women's Curling Championship this week in Sandviken, Sweden, and as of Monday night, her team was sitting in sole possession of second place with a 4-1 record.

The four-time Scotties champ Einarson and her rink of Val Sweeting, Shannon Birchard and Briane Harris, are making their third appearance at the Women's World Championships. They have yet to win the Worlds, as the best they have done previously at their two appearances was a bronze medal in 2022.

"Our number one goal is to bring gold back to Canada," said Kerri Einarson. "We have some unfinished business to take care of."

Einarson had won their fourth consecutive Scotties Tournament of Hearts with a 9-5 victory over long-time provincial rival Jennifer Jones in the championship final on Feb. 26 in Kamloops, B.C.

That win earned Einarson the honour of once again representing Canada on the world stage.

The format for this year's World Championship features a full thirteen-team round robin. The top six teams will then qualify for the playoff round and play down to a gold medal and bronze medal game.

Einarson's top competition at the World Championship will be Sweden's Anna Hasselborg, Switzerland's Silvana Tirinzoni and Japan's Satsuki Fujisawa.

Other entrants at the World Championships are Denmark's Madeleine Dupont, Germany's Daniela Jentsch, Italy's Stefania Constantini, New Zealand's Jessica Smith, Norway's Kristin Skaslien, Scotland's Rebecca Mor-

ison, South Korea's Ha Seung-Youn, Turkey's Dilsat Yildiz and the United States' Tabitha Peterson.

The action started on March 18 with the finals taking place on March 26.

All Canada's Team Kerri Einarson could do twice on Sunday was watch its opponents throw the decisive last shot of the game.

While it resulted in a loss earlier in the day, Canada rebounded with a win during the evening draw at the 2023 LGT World Women's Curling Championship, presented by New Holland, in Sandviken, Sweden, at Goeransson Arena.

Tied 6-6 and without hammer, skip Einarson, vice-skip Val Sweeting, second Shannon Birchard and lead Briane Harris made a perfect tap back to count one and left the two Canadian rocks lined up nicely to make for a difficult double takeout. Norway's Team Marianne Roerвик missed and Canada stole three to win the game.

Canada, backed by alternate Krysten Karwacki, coach Reid Carruthers and national coach Renée Sonnenberg, were in a similar situation earlier in the day against the United States, but the Americans made the shot for the win.

"Ideally, we want to be throwing that last one and have control, but both games today were super tight. Sometimes they're going to make it and sometimes they're not. All we can do is force them into the toughest shot possible and that's what happened today," said Sweeting. "The competition is so tight out there that a little half shot here and there can make a big difference."

Sweeting said the game against Norway was much more on-brand for the Canadians. Canada took advantage of some Norwegian misses and grew



EXPRESS PHOTO SUBMITTED

Gimli's Kerri Einarson is representing Team Canada at the 2023 World Women's Curling Championship this week in Sandviken, Sweden. Left to right: Briane Harris, Val Sweeting, Shannon Birchard, Kerri Einarson.

its lead to 5-2, including a steal of one in the fourth end.

Norway chipped away at Canada's margin and took a 6-5 lead after eight ends of play. Canada had an opportunity to score as many as three in the ninth but was forced to a single. That left Team Einarson in a position of once again needing to steal away a victory.

"I thought we got off to a better start and had a good handle on the ice. We just coughed up a couple of steals, but that's going to happen because they were tough shots. Overall, it was a better game and Kerri made a pistol on the last one to line it up like

that. We never gave up and we kept plugging away. Lots of games are going back and forth out there and you never know what will happen in the end," Sweeting said.

After a pair of exciting games on Sunday, Canada got back to basics with a win against Italy on Monday morning.

Team Einarson bested Italy's Team Stefania Constantini 7-2 at Goeransson Arena.

Later that night, the Gimli team improved to 4-1 following a 9-8 win against Scotland's Team Rebecca Morrison (1-4) at Goeransson Arena.

Reimer refuses to take part in pre-game warmup

Staff

San Jose Sharks' goaltender James Reimer refused to take part in a pre-game warmup, saying the team's decision to wear Pride-themed jerseys in support of the LGBTQ community runs counter to his religious beliefs.

Reimer, who got his start playing minor hockey in Arborg, said in a statement last Saturday that he made the decision based on his Christian beliefs.

"In this specific instance, I am choosing not to endorse something that is counter to my personal convictions, which are based on the Bible, the highest authority in my life," Reimer said.

Reimer did not start in Saturday

night's home game against the New York Islanders.

The Sharks said in a statement that they are proud to host Pride Night, saying the event reinforces the team's commitment to inclusiveness.

"As we promote these standards, we also acknowledge and accept the rights of individuals to express themselves, including how or whether they choose to express their beliefs, regardless of the cause or topic," the team said. "As an organization, we will not waver in our support of the LGBTQIA+ community and continue to encourage others to engage in active allyship."

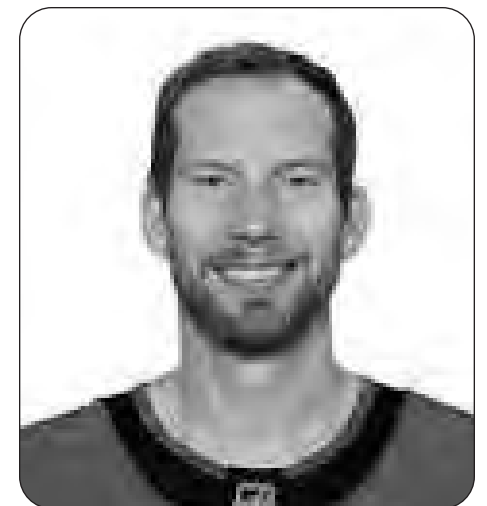
The You Can Play Project, which works to promote inclusiveness in

sports, said the organization was disappointed in Reimer's actions.

"Religion and respect are not in conflict with each other, and we are certainly disappointed when religion is used as a reason to not support our community," the organization said.

"Wearing pride jerseys, like any celebration jersey worn, is not about the personal feelings of an athlete; rather the communication from the team that a community is welcome in the arena and the sport."

Reimer is the second NHL player this season to refuse to take part in warmups with Pride-themed jerseys, with Philadelphia's Ivan Provorov declining back in January.



James Reimer

Canadian Mixed Doubles Championship kicked off Tuesday in Sudbury

Staff with files from Curling Canada

Many of the top players in the country opened play on Tuesday at the 2023 Canadian Mixed Doubles Curling Championship in Sudbury, Ont.

The first draw was scheduled for Tuesday at the Gerry McCrory Countryside Sports Complex, which will have two arenas in use for the 32-team championship.

Heading the field is the No. 1 team in the Canadian Mixed Doubles Rankings (CMDR), the Chestermere, Alta., pairing of Jocelyn Peterman and Brett Gallant, who will be in pursuit of their third Canadian mixed doubles crown after previous victories in 2016 and 2019. Peterman and Gallant also represented Canada at the 2022 World Mixed Doubles Championship in Geneva, Switzerland, after the 2022 Canadian championship was cancelled due to the COVID-19 pandemic.

The 32-team field is split into four pools of eight, and will feature 13 provincial/territorial champions alongside 19 teams that qualified through the CMDR, which takes into account performances in mixed doubles events as well as results from the players' respective four-player women's or men's teams.

Teams will play a seven-game round robin within their pools Tuesday through Friday, with 12 teams advancing to the single-knockout playoffs, which begin Saturday. The four pool winners will get byes directly into the quarter-finals, which take place Saturday at 7 p.m., while the teams with the next eight best records overall, regardless of the pool

they're in, will be matched up in the playoff opener at 1 p.m. Saturday.

The semifinals will take place Sunday at 9 a.m., followed by the gold-medal game at 1 p.m.

There will be no tiebreaker games, and ties will be broken based firstly on head-to-heads results, and if that doesn't resolve the tie, the pre-game Last Shot Draw totals will be used to rank teams.

Peterman and Gallant aren't the only former champions in the field. 2014 champs Kim Tuck and Wayne Tuck of Strathroy, Ont., also are in the field, as is half of the 2013 championship pairing, as Robert Desjardins of Chicoutimi, Que., now plays with his daughter Émilie.

And there will be no shortage of support for the hometown hopefuls as the sibling duo of Tracy Fleury and younger brother Jacob Horgan will wear Northern Ontario colours in Sudbury.

It will be the first Canadian Mixed Doubles Championship contested since the 2021 event, which took place inside the bubble in Calgary, and it will be the ninth edition overall.

The duo that wins Sunday's championship game will take home \$40,000, and will represent Canada at the 2023 World Mixed Doubles Curling Championship, April 22-29 in Gangneung, South Korea.

The silver-medal team will take home \$20,000, while teams that lose in the semifinals will earn \$12,500 apiece. Quarter-final teams will get \$9,000 apiece, while teams that finish ninth through 12th will collect \$6,000 each.

Representing Team Manitoba is Kadriana Lott and



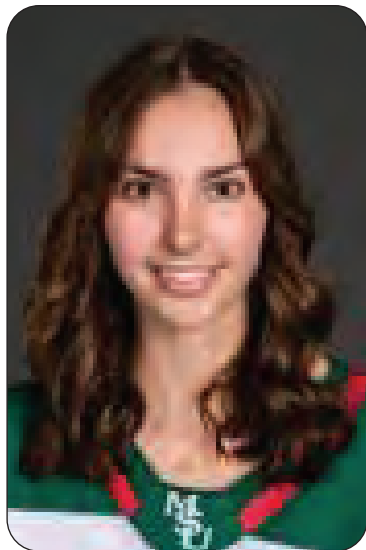
EXPRESS PHOTO SUBMITTED

Team Manitoba Kadriana Lott and Colton Lott from Winnipeg Beach.

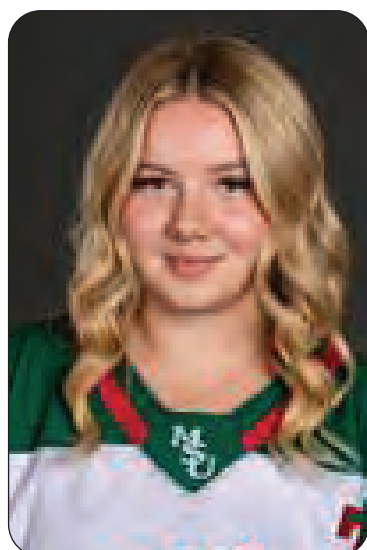
Colton Lott of Winnipeg Beach. The husband wife duo hit the ice Tuesday night for their first game at 9 p.m. (EST) against Lisa Weagle / John Epping. They were scheduled to play Margot Flemming / Jamie Koe and Jennifer Jones / Brent Laing Wednesday, Lauren Wasykiw / Shane Konings and Melissa Adams / Alex Robichaud on Thursday, Stephanie Bukurak / Adam Bukurak and Tracy Fleury / Jake Horgan on Friday.

Selected games from the 2023 Canadian Mixed Doubles Championship will be streamed live on Curling Canada's streaming platform, Curling Canada.

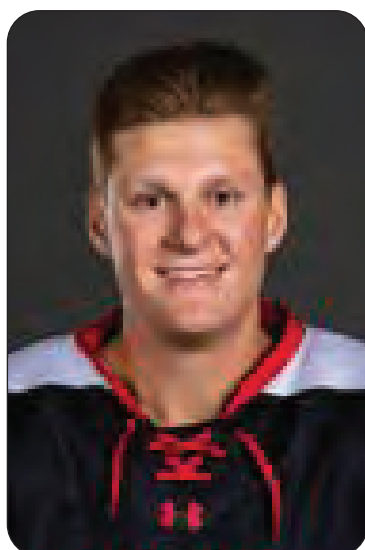
Beavers advance at national tournaments



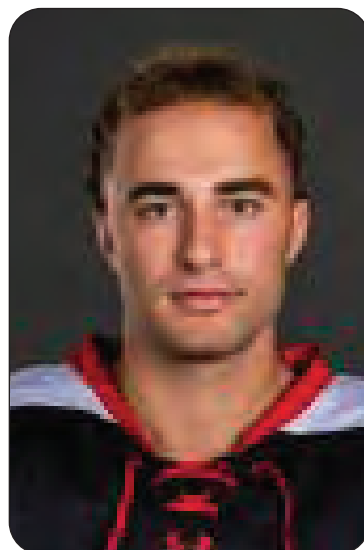
Morgan Baker



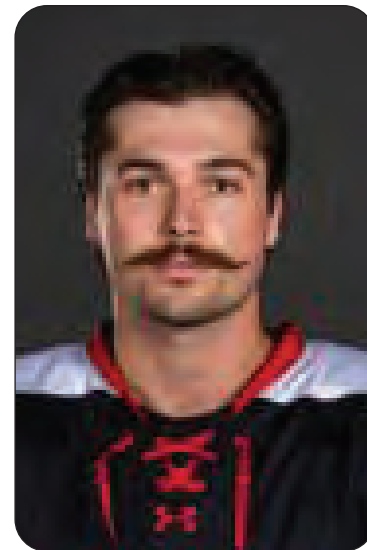
Denali Sigurdson



Brayden Pawluk



Carter Barley



Wayde Johannesson

Staff

The top-ranked Minot State Beavers men's hockey team advanced to the national semifinals after a thrilling 4-3 win over eighth-ranked Indiana Tech in the quarterfinals of the ACHA National Tournament on Sunday night.

With the win, the Beavers faced a familiar foe in Liberty (Va.) in the semifinals Monday but no score was

available.

The two teams met four times this season with Minot State winning three of the four contests.

The Beavers' roster features Teulon's Brayden Pawluk, Arnes' Wayde Johannesson, and St. Andrews' Connor Barley.

Barley scored a power-play goal in the third period in Sunday's game to

go along with an assist.

On Friday, the Beavers blasted No. 17 Michigan-Dearborn 8-0. Pawluk scored a goal and added an assist while Johannesson chipped in with a helper.

Meanwhile, the third-ranked Minot State women rolled past Miami (Ohio) 7-0 in their ACHA National opener.

The Beavers then hung on for a 1-0 upset of second-ranked Midland on Sunday, sending Minot State into the ACHA National Championship game on Monday (no score was available).

The Beavers' roster includes River-ton's Denali Sigurdson and Petersfield's Morgan Baker.

Stonewall's Fines leads Niverville into MJHL playoffs

By Ty Dilello

Stonewall's Chris Fines has led the MJHL expansion Niverville Nighthawks to the playoffs in the club's inaugural season.

The 20-year-old 6'3" Fines was born in Winnipeg but grew up playing in Stonewall. He started hockey at the early age of five and was a player until he decided to make the full-time switch to goalie at 12 years old.

It turned out to be a good decision as Fines became a fixture in goal for the Interlake Lightning's AAA program, playing for their U15, U17 and

U18 teams.

Fines progressed to playing Junior A hockey, where he spent the past two seasons in the MJHL with the Portage Terriers.

Last offseason, he was dealt to the Niverville Nighthawks to become the team's starting goaltender in their inaugural season. In this 2022-23 campaign, Fines holds a record of 14-17-0 with 3.48 goals against average and a .898 save percentage.

"The Town of Niverville and the entire Nighthawks' organization has been so welcoming to myself and all

Stingers win silver



PHOTO SUBMITTED

Congratulations to the U10 A1 Interlake Stingers on a very successful year. The team finished the regular season with 10 wins and 5 losses to place second in the A1 division. The Stingers secured a spot in the semifinal game against a tough Dunford Boni Vital team and won 9-7 to make it to the gold-medal game. The final game was March 12 at Gateway Arena versus the top-ranked Ste. Agathe Rage. Interlake fought hard and it was tied 2-2 at the half, but the Rage took over with an 8-3 win. The Stingers silver medal was in addition to taking home silver in a pre-season tournament hosted by the Boni Vital Ringette Association and going undefeated at the Transcona Ringette tournament. Big thanks to coach Crystal Bennet, assistant coaches Cara Surzyshyn and Kristy d'Auteuil and junior coaches Sophia Bennett and Jayden Payne. Pictured, top left, clockwise: Sara d'Auteuil, Claire Goodbrandson, Isabella Cychowski, Michelle Tibold, Kiera Wilson, Jaelyn Brookes, Olivia Cychowski, Eden Bilan, Hailey Surzyshyn-Ruud and Tayte Chatfield.

Ice Dawgs, Warriors' series goes seven games

Staff

The CRJHL semifinal series between the Arborg Ice Dawgs and the St. Malo Warriors went to a full seven games.

Game 7 was played this past Monday in St. Malo but no score was

available.

The Warriors forced Game 7 with a 6-4 road victory last Friday.

Arborg, which trailed throughout the game, received goals from Mitchell Wilson, Ben Danielson, Michael

EXPRESS PHOTO ICE WAVE MEDIA

The Niverville Nighthawks and goaltender Chris Fines beat his former team, the first-place Portage Terriers, in a shootout to clinch a playoff spot in the club's inaugural MJHL season.

of my teammates," said Fines. "This has been an incredibly fun season, and I don't want it to end."

"Fines has been unbelievable for us this season," added Niverville Nighthawks head coach Kelvin Cech. "He's been our guy and the backbone of this team, and we're so thrilled to have him back there stopping pucks for us."

The Nighthawks clinched a playoff spot last Thursday after defeating the league-leading Portage Terriers 3-2 in a shootout.

"I feel confident in my game right now," said Fines. "Especially if the guys play as they did in front of me against Portage. We have the mental-

ity right now that we can beat anyone."

The MJHL playoffs begin this week, and the Nighthawks will take on the Portage Terriers in the quarterfinals. The best-of-seven series begins on March 24 with Game 1 in Portage, with the teams meeting up again the following night back in Niverville for Game 2.

"Everyone is very excited to head into the playoffs," said Fines. "It is my first time and many of ours. We feel we can do some damage if we bring the same energy we brought tonight. And I can't wait to see the crowd that the Town of Niverville produces all playoffs long."

Crave and Mark Hamrlik.

Ashton Dubois (two), Teagan Filion, Jeremie Collette, Kaden Rioux and Thomas Maynard replied for St. Malo.

Dubois' second goal was a short-

handed one into an empty net with Ice Dawgs' goaltender Tre Strachan pulled for an extra attacker with 1:37 remaining in the third period.

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CONT. ON NEXT COL.

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INVITATION TO QUOTE
The Rural Municipality of Fisher Bid Hourly Equipment Rates
The Rural Municipality of Fisher is inviting quotes for Hourly rates for various equipment for the purpose of establishing pay rates for 2023 construction and maintenance season.
Quotation forms may be obtained at the RM of Fisher office, 30 Tache Street, Fisher Branch, Manitoba
Please return to the RM Office in person or email: rmoffisher@mymts.ca
Receipt of confirmation email are the responsibility of the Contractor's.
Deadline for proposals is 12 noon, April 3, 2023
Rural Municipality of Fisher
30 Tache Street; Fisher Branch, MB, R0C 0Z0
Phone: (204) 372-6393
Fax: (204) 372-8470

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J. Brandt ENTERPRISES Heavy Truck and Trailer Sales & Service
EMPLOYMENT OPPORTUNITY
Office Administrator & Marketing Manager
Full Time, Permanent
J. Brandt Enterprises is currently seeking a full time Office Administrator & Marketing Manager.
Duties include, but are not limited to, answering calls, assisting customers & receiving payments, managing online advertising platforms, preparing paperwork for units sold in Canada and the U.S and a variety of other general office responsibilities.
The successful candidate should possess the following qualifications:
• Strong customer service & communication skills
• Computer knowledge
• Organizational skills & attention to detail
• Time management
Interested applicants can send their resumes to: marketing@jbrandtent.com
Only applicants selected for an interview will be contacted

VILLAGE OF DUNNOTTAR PUBLIC NOTICE
Regarding the 2023 Financial Plan
PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of *The Municipal Act* that the Council of the Village of Dunnottar intends to present its financial plan for the fiscal year 2023 at a public hearing on **Friday, the 31st day of March, 2023 at 10:00 a.m.**
Council will hear any taxpayer who wishes to make representation, ask questions or register an objection to the financial plan, as provided.
Copies of the financial plan will be available for review and may be examined by any person during the regular office hours of the Municipal Office. A copy of the financial plan will also be posted on the Dunnottar website (www.dunnottar.ca) at that time.
Please contact the office, info@dunnottar.ca or call 204-389-4962, to register to attend this hearing or review a copy of the 2023 Financial Plan.
Dated this 6th day of March 2023.
Sarah Palson, C.M.M.A.
Administrator

Teulon GOLF & COUNTRY CLUB
NOW HIRING!
Teulon Golf & Country Club is looking for responsible, highly motivated, team oriented individuals for the upcoming golf season. We are now accepting resumes for all positions.
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GRAINLAND FOR SALE

151 acres cultivated crop land in the RM of Bifrost-Riverton. Land location SW29-22-4E. Land runs along east side of PTH #8 & RD 130 NE. Interested parties please call 204-376-5206.

FARMLAND FOR RENT

40 acres of summer fallow, 1 mile NW of Poplarfield. Ph 204-364-2405 or email: cbcherepak@live.ca

AGRICULTURAL LAND FOR LEASE

AGRICULTURAL LEASES BEAUDRY PROVINCIAL PARK. Sealed tenders for the right to cultivate agricultural land(s) within Beaudry Provincial Park will be received by Real Estate Services Branch, Crown Lands Act Dispositions, 308-25 Tupper Street North, Portage la Prairie, Manitoba, R1N 3K1 until 12:00 noon, Wednesday, April 12th, 2023. Bids must be accompanied by a deposit (money order, certified cheque or bank draft) of 10% of the bid amount (plus applicable GST) made payable to the Minister of Finance of Manitoba. Agricultural lands available for lease for May 1, 2023 to April 30, 2028 inclusive, will include portions of River Lots 4 to 11 and 15 to 19 inclusive in the Parish of Saint François Xavier in the R.M. of Cartier. Tender forms, maps and information materials are available at the above address, online at http://resd.ca/leases_and_permits/LPproperties.aspx or may be requested by telephoning 1-866-210-9589.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier
Email: news@stonewallteulontribune.ca



MORTGAGE SALE

The land and building known as 24022 Road 105 West, Lundar, Manitoba (RM of Coldwell), Manitoba, as described in Certificate of Title No. 2734084/1, will be sold by public auction by a Licensed Auctioneer on April 12th, 2023, at 10:30 a.m.

The auction sale will be held by way of video or teleconference.

There will be no in-person attendees at the auction.

In order to participate you must pre-register at least 24 hours prior to the auction by contacting Matthew Underwood at either (204) 957-8373 or auctions@fillmoreriley.com

The Vendor is informed that the property consists of a one story dwelling approximately 1,400 square feet, with living room, dining room, kitchen, 3 bedrooms, 1 bathroom, full basement, detached garage on an approximately 38.35 acre lot.

Realty taxes (excluding any accruing water charges) are paid to December 31, 2021.

Prior Charges: Caveat No. 2516786/1

TERMS OF SALE

A deposit of \$20,000.00 by way of certified cheque or bank draft payable to Fillmore Riley LLP, or cash (the cash component of the deposit not to exceed \$7,500.00), and the balance according to conditions which will be available electronically by contacting the individual below prior to the auction. The property will be sold subject to a **Reserve Bid** of \$137,000.00 plus such other additional and incidental costs which may be incurred by the Vendor from the 20th day of March, 2023 to the date of auction and which costs will be announced prior to the commencement of the sale.

The auction sale will be conducted pursuant to an Order for Sale issued by the District Registrar. Certain parties may be prohibited from purchasing the property, including but not limited to, parties who by virtue of their employment or relationship to a person involved in the sale process would have special knowledge of the circumstances pertaining to the sale. For more information and a list of prohibited purchasers please visit: www.teranetmanitoba.ca

Should the successful bidder have attended by teleconference and/or video conference, the bidder will have 24 hours to execute the Auction Sale Conditions and to provide them together with the deposit to our office as set out below.

GST will be payable on amount equal to 32% of the purchase price at the time of closing unless the purchaser is a registrant under the Excise Tax Act for GST and, on or before the closing date, provides a Declaration and Indemnity to that effect, satisfactory to the vendor's solicitor. No GST will be payable on 68% of the purchase price.

Further information may be obtained from:
FILLMORE RILEY LLP
Barristers and Solicitors
1700 - 360 Main Street
Winnipeg, MB R3C 3Z3
File No. 242149-2549MTU/kl(unr)
Attention: Matthew T. Underwood
Phone: 204-957-8373
auctions@fillmoreriley.com

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Employment opportunity

Safety Inspector

Full time, permanent

J Brandt Enterprises is currently seeking a qualified Commercial Vehicle Inspection Person.

This role will process pre and post safety inspections on customer and JBE heavy trucks as assigned. Minimal tools are required as this is an "Inspector" only position. Wages are negotiable and position has an immediate start date. Excellent communication, organization and computer skills are required.

Please, contact our service manager Warren Rooks for more details.
He can be reached at **204-364-2775**

The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836



Employment opportunity

Heavy truck and trailer sales consultant

Full time, permanent

J. Brandt Enterprises is looking for a dedicated, organized and self-motivated sales representative. Your responsibilities will include assisting customers, answering sales calls & emails and following up with leads.

Job requirements:

- strong verbal and written communication skills
- computer knowledge
- past sales experience and knowledge of heavy trucks and trailers is an asset
- excellent time management and prioritization skills

The successful candidate will receive competitive wages & benefits package.

sales@jbrandt.com
Call 204-364-2775 for more information

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EMPLOYMENT OPPORTUNITY

Seasonal Public Works Position

The R.M. of Grahamdale is accepting applications for a seasonal Public Works position to work full time (8 hour shifts, Monday – Friday with weekend flexibility) from May to September.

Under the general direction of Public Works Manager Danny Granberg, the successful candidate will be responsible for the planning and management of activities and operations in the areas of Public Works, Transportation, Drainage and Landfill operations. Duties will include supervising Green Team students, working with contractors and maintenance of Municipal Infrastructure including streets, sidewalks, roads, trees, buildings, other public property, lagoons and waste disposal sites and other duties as assigned.

Work to be performed under minimal supervision with considerable independent judgement and action required in matters which are within the framework of established procedure.

Applicants must possess a valid Manitoba Class 5 driver's licence. A valid Manitoba Class 3 driver's license would be an asset.

Please apply in writing to "Seasonal Public Works Position", R.M. of Grahamdale, PO Box 160, 23 Government Road, Moosehorn, MB R0C 2E0 or email to rm606@grahamdale.ca

Application deadline is 12:00 Noon on Friday, April 14, 2023.

We thank all applicants for their interest but only those considered for interviews will be contacted.



EMPLOYMENT OPPORTUNITY

Economic Development Officer

The desired applicant will perform a variety of administrative, technical and professional work to research, prepare and implement economic and community development plans, programs and services.

This is a part-time position – 1 day per week starting in April, 2023 (approx. 7.25 hours per week).

The successful applicant will work with the R.M. of Grahamdale's Community Development Corporation (CDC), Reeve, Council and Municipal Administration.

Please refer to the full Advertisement for the full job description on the RM of Grahamdale website: www.grahamdale.ca

Hours and wages are negotiable with experience and qualifications.

For more information contact CAO Shelly Schwitek – 204-768-2858.

Please submit a detailed resume on or before April 14, 2023 by 4:30 p.m. to the R.M. of Grahamdale Municipal Office, PO Box 160, 23 Government Rd., Moosehorn, MB R0C 2E0. Email: rm606@grahamdale.ca. Only successful applicants will be notified.

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RURAL MUNICIPALITY OF GIMLI
INVITES APPLICATIONS FOR AQUATIC CENTRE SEASONAL POSITON

General Skills & Qualifications for all positions

Candidate must have excellent communication, organizational skills and must be able to work independently or in a team environment.

SEASONAL POSITIONS

(FULL & PART TIME POSITIONS JUNE TO SEPTEMBER)

Lifeguard – Duties include guarding pool area, ensure pool area remains a safe environment for users and staff, communicate and enforce pool policies and rules and additional aquatic centre upkeep and duties. Please include all relevant certifications (current or expired) with application.

Lesson Instructors - Duties include providing instruction for swim classes, completing lesson plans, daily communication with participants and/or caregivers regarding progress of students and additional aquatic centre upkeep and duties. Please include all relevant certifications (current or expired) with application.

Cashier – Duties include handling cash transactions, daily/shift cash outs, friendly and welcoming customer service and additional aquatic centre upkeep and duties.

Please contact the Gimli Recreation Centre for more information or if you have any questions.

Completed applications stating the position(s) applying for, with resume and references, are to be submitted to the Recreation Office located at 45 Centennial Road by 4:00 p.m. on April 21, 2023.

Tyler Yellowega
 Manager – Parks & Recreation
 Rural Municipality of Gimli
 PO Box 1258, 45 Centennial Road
 Gimli, MB R0C 1B0
 Phone: (204) 642-6670
 Email: tyellowega@rmgimli.com
 Fax: (204) 642-4307

We thank all applicants; however only those selected for an interview will be contacted.

RURAL MUNICIPALITY OF GIMLI
Have your say: Strategy to Regulate Short Term Rentals ("STR")

Overview

Like many municipalities across Canada, Gimli recognizes the need to regulate STR in the municipality to protect the availability and affordability of long-term housing; to support the local economy, tourism industry, and available accommodation options; and to safeguard community well-being and minimize neighborhood impacts. As one of Manitoba's natural beauties and a popular vacation spot, Gimli has seen a significant rise in STR, which can have both positive and negative impacts. In recognition of the importance of protecting these divergent interests, Gimli is committed to developing and advancing a strategy to regulate STR.

What is an STR?

A STR is the rental of a residential unit, either in its entirety or a room within it, in any housing type, for a period of time less than one month, often without any in-person interactions, and primarily used by visitors and tourists, and facilitated by online platforms such as Airbnb and Vrbo.

Community Engagement

Gimli recognizes that community engagement is paramount to the success of this initiative. We are committed to informing and consulting with business owners, area residents, and cottage owners to ensure that the public's concerns and aspirations are reflected in the alternatives developed and final solutions implemented.

How YOU Can Get Involved

We want to hear from you! Join us in the consultation process regarding the regulation of STR in the municipality. Share your thoughts by completing our survey online or in print, which will be available March 30, 2023, and plan to attend the Open House on April 21, 2023, from 6:00 pm to 9:00 pm at Johnson Hall. We value your feedback as we strive to develop regulations that strike a balance between the various needs of our community.

Your input will help develop the regulation of STR in Gimli. Council thanks you for your participation in this important initiative. We look forward to hearing from you and working together to create a vibrant and sustainable community for all.

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The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836

Classifieds



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RM OF FISHER

PUBLIC INFORMATION SESSION

- WHEN:** Wednesday, April 26, 2023
6:30 to 8:30 PM
- WHERE:** Fisher Branch Community Center
136 Tache Street, Fisher Branch, Mb.
- WHY:** The RM of Fisher has been working to build a stronger emergency program to keep our residents safe. Come and meet with the Reeve and Council to hear what has been done to build a safer community for all of us. Shelley Napier, from Napier Emergency Consulting will be discussing Community Emergency Preparedness. Please join us and find out how you can become involved in this program. Everyone is welcome!

Enter your name for a chance to win a 72 Hour Emergency Kit and a Sump Pump!

Sign up to be a volunteer with the Fisher Fire Department!



RURAL MUNICIPALITY OF ROSSER EMPLOYMENT OPPORTUNITY

The Rural Municipality of Rosser invites applications for the position of **Public Works Heavy Equipment Operator Employee (Seasonal)**.

Under the direction of the Public Works Foreman, the position will be required to assist the Public Works Department and perform general municipal related work.

Qualifications – Public Works Heavy Equipment Operator Employee (Seasonal)

- Valid Manitoba Drivers Class 3 license would be an asset.
- Minimum 1 year experience in operating heavy equipment.
- Mechanically inclined
- Knowledge in the operation and maintenance of different equipment (tractor/mower, compact track & 4wd loader, tandem)
- Ability to work with minimal supervision.
- Ability to do some physical labor.
- Duration from May to November

The deadline to apply is 12:00 noon on Monday, April 17th, 2023.

Please submit your cover letter, resume and three references, marked "Application for Public Works Employment" to Ken McMahon, Public Works Manager, at:

RM of Rosser
Box 131, Rosser, Manitoba R0H 1E0
fax: 204-467-5958
e-mail: info@rmofrosser.com

If you have any questions, please call the Municipal Office at 204-467-5711.

The Rural Municipality of Rosser supports inclusivity and accessibility in the workplace. Reasonable accommodation is available to applicants with disabilities.

ARBORG BIFROST PARKS AND RECREATION COMMISSION

Summer Employment Opportunities

- Lifeguards & Swim Instructors -
- Access Aquatic Centre
- Summer Camp Leaders
- Green Team Student

Please contact Recreation Office at 204-376-5576 or tom.abprc@mymts.net for more information.
Please forward resume to: tom.abprc@mymts.net



POSITION DESCRIPTION

- Position:** Aggregate Quality Control Technician
Reports to: Quality Control Quarry Supervisor
Department: Winnipeg Aggregates
Location: Stonewall Quarry
Type: Term - May through October

Overview

The **Aggregate Quality Control (QC) Technician's** goal is to ensure the quality of aggregate products, ensuring the highest customer satisfaction for the products. Areas of responsibilities include the QC testing of limestone products and ensuring processes are controlled during production, stockpiling and loading of limestone products in our Stonewall Quarry.

Responsibilities

- Quality control of limestone aggregate, through the active testing of finished goods
- Interpret and communicate all test results to QC Supervisor and Production in a timely manner
- Ability to multi-task within business unit, flexible with regard to hours of work and responsibilities.
- Develop and maintain strong working relationships with Logistics, Production and Sales
- Responsible for the maintenance and cleanliness of equipment and lab
- Performs additional duties as assigned

Safety and Environment

- Adhere to all company safety and environmental practices and policies – training provided
- Assist operations in the support and implementation of safety protocols
- Enforce safety on the work site (truckers, visitors, and plant crew)
- Required PPE must be worn at all time

Qualifications

- Education:**
- Grade 12 or equivalent
 - CCIL Technician Certificate would be an asset

Knowledge & Skills:

- Able to understand and work with QC lab equipment
- Works well in a team environment.
- Excellent communication and leadership skills.
- Able to handle difficult issues in a positive way.
- Organized self-starter and can work independently.
- Strong problem solving.
- Excellent time management skills

Requirements:

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- Full-time hours with some OT

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We thank everyone for applying, but only those selected for an interview will be contacted.

Join our team!

OBITUARY



Laurie (Larry) John Allan Kauppila
January 18, 1929 – March 9, 2023

Peacefully on March 9, 2023 at the E. M. Crowe Memorial Hospital in Eriksdale, MB with family by his side, Larry Kauppila, aged 94 years, passed away.

Larry is survived by his children Doreen, Brian (Denise), Lori and Howard; son-in-law Jerry (Dale); daughter-in-law Lee (Darren); brother Paul along with many grandchildren and great-grandchildren.

Larry was predeceased by his parents Martii and Eili, daughter Debbie, son Marty and his great-grandson Austin.

Cremation has taken place and a service is being planned at a later date.

The family would like to thank Leslie, Courtney and Lee for always being there for Larry.

Donations can be made in Larry's memory to the E. M. Crowe Memorial Hospital Guild, c/o Irene Sigurdson, PO Box 474, Eriksdale, MB., R0C 0W0.

Arrangements by:

ARNASON FUNERAL HOME
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Would you like to join our team?

Evergreen School Division is looking for bus drivers!

We require caring, safe drivers to be bus drivers for our students.

Pre-Register by Thursday April 6.
Location: At 234 Tudor Lane in the Gimli Industrial Park.
Contact the Transportation Office
at 204-642-6263 to register.

FREE 3-DAY TRAINING SESSION HELD ON

- April 14th 10am–2pm • April 15th 9am-5pm
- April 16th 9am-5pm

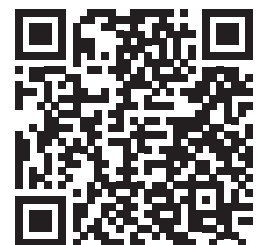
Dress for the weather for practical components.

Please bring your own lunch for each of these days and we hope to see you there!

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talbotcpa.ca



Announcements

BIRTHDAY



Happy Special 100th Birthday to
Anna Stevens
on March 29th

Our amazing Mom, Amma & Amma Amma
-With love and best wishes
from all your family

BIRTHDAY



Happy 103rd Birthday Mom!

-Love,
your family and friends

IN MEMORIAM



John Chuba
December 8, 1929 – March 20, 2011

Another year has passed,
Since you were called away,
Quietly remembered every day,
Sadly missed along life's way.
No longer in our lives to share,
But in our hearts you will remain.
Thinking of you.

-Your nieces Cathy and Theresa

IN MEMORIAM

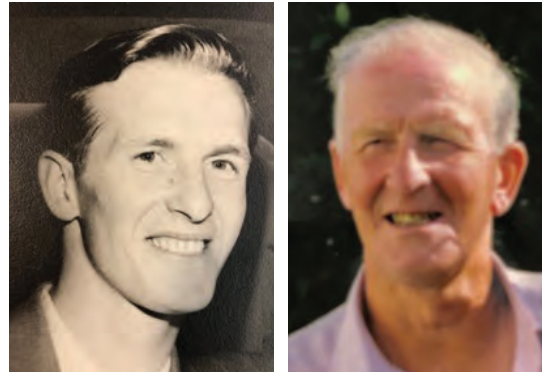


In loving memory of
our dear Wife, Mom and Gramma
Joan Pich
who passed away March 20, 2020

Your life was a blessing,
Your memory a treasure;
You are loved beyond words,
and missed beyond measures.

-Forever loved and remembered by
Lawrence, Cheryl, Kurt, Cindy,
Tom, Nevaeh, Monika, Aurora
and Sparkie
Love you forever!!

OBITUARY



Douglas Ronald Arklie
February 15, 1932
- February 7, 2023

With sadness and love, we write that our father, Douglas Ronald Arklie, passed away just a few days before his 91st birthday.

Ron is survived by his daughter, Sharron Mahon (Ian), son Chris (Sharlene); grandchildren Rob and Megan Mahon and Brett Arklie; and by his sister, Dot Dickner.

He was predeceased by his beloved wife Dorothy; parents William and Ivy; brothers William, Ernie, and Jack, and

sisters Anne, Beckie, and Trudie.

Ron grew up and went to school in St. James. He and Dorothy began dating in high school, and married two years later in 1954. They were together for 70 years, until Dorothy's death in 2021.

As a young hockey player, Ron was such a smooth, effortless skater that he sometimes got into trouble with coaches who thought he wasn't trying hard enough. Playing with the Deer Lodge Vanguards, he helped win the 1949-50 Juvenile Hockey city championship. He also played on the 1951 Jr. "A" Lacrosse All-Stars team that won the Western Canadian championship. In 2012, Ron enjoyed re-connecting with many of his old teammates when that team was entered into the Manitoba Lacrosse Hall of Fame.

Ron also refereed hockey, and traveled all around southern Manitoba to games regardless of weather. His efforts weren't always appreciated, sometimes resulting in parking lot confrontations and, on one occasion, sugar in his gas tank. He enjoyed telling those stories more than living them!

Not long after they married Ron and Dorothy moved to Transcona, where Sharron and Chris grew up. Ron worked as a carman and welder at the CN shops for almost 30 years, walking 20 minutes each way in all but the worst weather. On retirement, he and Dorothy moved to Sandy Hook. Together they finished the interior of their home on the golf course, including a beautiful cedar loft ceiling that still looks amazing.

Golf was the theme of Ron and Dorothy's retirement. They played in Portugal and Jamaica, and enjoyed many years of winter golf in Texas. All that practice paid off with Ron's three holes-in-one at Sandy Hook, with the third shot when he was 71.

Dad was never talkative, but he taught us by example: Anything worth doing is worth doing well. Measure twice, cut once. Pay your debts and keep your promises. Laugh at yourself first! And take care of each other.

Many thanks to the staff at Tuxedo Villa for their care of Dad since last April. There should be more of you, and you should be paid better.

A Celebration of Life will be held at the Deer Lodge Community Club, 323 Bruce Avenue East, on April 11, 2023 at 1:30 p.m.

In lieu of flowers, if you wish to contribute to a charity in memory of Dad, please consider the Alzheimer Society of Manitoba.

OBITUARY



Doris Josephine Nikkel
April 24, 1926 – March 15, 2023

Doris Josephine Nikkel (née West) went home to be with her Lord and Saviour Jesus Christ on March 15, 2023.

She leaves behind her children: daughter-in-law Priscilla, Joy (Brian) Stevens, Allison James, Norman (Solange), Harvey (Jane), Philip (Monique), Stuart (Theresa), Gloria (Bruce) Cook, 34 grandchildren, 54 great-grandchildren and one great-great-grandson.

Mom is predeceased by her husband John in 1981, son David in 2013, granddaughter Jennifer in 2017, former daughter-in-law Zenaida in 2022, and all of her siblings.

Mom was born on April 24, 1926, on the farm in Foam Lake, Saskatchewan, the 10th of 11 children born to James and Ruth West. She was baptized at the age of 13 and fully committed her life to Jesus when she was 20. She also made a commitment to our father that same year and they were married in June 1947.

Her dream to be a teacher was realized the same year as she was asked to teach at the Clarkleigh West school. Her teaching career ended when the children started arriving in 1949. Mom worked very hard on the farm and raising the family, but always found time to enjoy her flowers. Mom and Dad were founding members of Manitoba Farm Vacations and hosted many people from many parts of the world.

After our father passed away, Mom continued farming with Stuart and Theresa. She loved spending time with her many grandchildren and great-grandchildren, playing games with them, reading many stories to them and also sharing her faith in Jesus with them.

Mom went on many travelling adventures with her sisters Maisie and Violet, and her children and grandchildren. She visited many places, including China, Ecuador, Israel, England, Scotland, Italy, France, Austria, Switzerland, Germany, Ireland, the Netherlands and the Caribbean. She also loved spending time with her siblings and their families at Fishing Lake. Mom was involved in many community groups and enrolled in painting and woodworking classes in her retirement years. She also was a writer and authored many poems.

Mom always had a cheerful spirit and could often be heard singing hymns even in her last few years in the care home.

A private family service was held Monday, March 20, 2023, at Clarkleigh United Church, followed by a public reception at Lunder Legion Hall at 4:30 p.m. Pallbearers were her grandsons Davis, Randal, Matt, Michael, Brad, Chris, Paul, Donald, Jim, Steven, Jeff, Spencer, Alex, Shawn, Curtis, Jason, Austin and Tyson.

In lieu of flowers, donations may be made to a charity of your choice.

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OBITUARY



Allison Michie Ledingham

March 11, 2023 a heart stopped beating and the call of the bagpipes led him home. Allison Michie Ledingham was born March 20, 1945 in Holland MB, the youngest son of John and Emma.

Al leaves behind his wife Fjola; children, Kim, sons Mckae, Sage and Kaeden. Shawn and Angie (Andrew, Bryce, Rheanna, and Norma Jane), Jason and Ashley, (Joshua, Paige, Brooke and Ashlynn); Stacey and Warren; (Kaitlyn and Kyle); Kameron and Jaclyn; (Paetyn and Avery; Wesley and Kristii (Jillian, Jasmine and Jencie). Great-grandchildren Aliyah, Mathias, Linken, Lileigh Anna, Odin, DJ, Lucas and Prestynn. Siblings Jean, Marion, Margaret, Wilma, Jim (Diane) Lyall (Pat).

Al was predeceased by his parents John and Emma, brothers Robert and Walter, sister Fern and son Kent.

If you knew our dad, Gal, grandpa Al, Red or the many other nicknames he was known for, you knew he was the biggest jokester and tease around. He always had a twinkle in his eye and you learnt quick to watch him stir his coffee and to never look away until the spoon was put down or he'd put it on your hand. You learnt the hard way to lock your car and or never leave your keys in it! Either way it was full of popcorn, up on blocks or his favourite park it the pasture where the bulls were! Potato salad fights, shoes filled with ketchup and being doused with the garden hose if you tried to sleep in were all chances you took if you stayed over, friends also were fair game in his books! He was a lover of animals, any kitten dropped off was grumbled about but soon was sitting in his lap or cuddled into his vest at the table. He loved a joke, a prank and even better a tall tale and as we called him the Hnausa Tattler, he knew everything that was going on.

Al started his career working for Hnausa Transfer for Einar Einarson and eventually bought it out with his brother-in-law Richard and operated it for many years. Many memories were made in those trucks and longtime friends made throughout. When they sold the business he did a stint as a helper on the lake fishing but eventually went into heavy construction on major projects in Manitoba. He worked construction until 2016 until he had a major health crisis which we were thankful he survived. So now he was faced with forced retirement! Which to him meant two gardens, acres of grass cutting and early coffee dates starting at 4:30 in the morning. Cruising to count the deer along the way to get the mail or take the garbage and calling all his friends and family with updates. Thirty-seven deer today, I will do another count tomorrow!

The family would like to thank everyone for the outpouring of support we have received and we know Dad would have loved the attention! We know he was met at the gates by his longtime friends Sandy, Roy, Danny are just a few as he had friends everywhere. We are especially sure he was reunited with his missing thumb!

The family are planning to have a Celebration of Life at a later date.

We want to thank Dr. Patel for the care given to Dad and the staff at the dialysis unit. In lieu of flowers, we ask that you make a donation in his memory to the Gimli Dialysis Unit.

Friends and family are invited to visit Al's memorial page at www.interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:

Interlake Cremation & Memorial Services
204.482.1040

OBITUARY



Nettie Smolinski

In the afternoon of March 8th, 2023 Nettie Smolinski passed away peacefully in Spiritwood Saskatchewan at the age of 85.

She is predeceased by her husband Paul Smolinski, her mother Maria Kwasiuk and her father Steve Kwasiuk.

Nettie is survived by her two sons Robert (Marion) Smolinski and Richard as well as her two grandsons, Dustin and Daniel Smolinski. She is also survived by two great-grandchildren Ariel and Aidan Smolinski.

Nettie came from the Ledwyn area of Manitoba and was always an avid entrepreneur and involved in the community; owning and operating barber shops, restaurants and salons as well as participating in civic politics in Arborg. She enjoyed people very much and loved telling jokes.

An interment will be held at a later date to include close family and friends to lay Nettie to rest.

OBITUARY



Leonard J. Heinrichs

May 4, 1958 – March 12, 2023

It is with great sadness we announce the peaceful passing of Leonard James Heinrichs of Poplarfield, Manitoba with family and friends by his side.

He is survived by his wife Pam, eight children, his mother, siblings, aunts and uncles as well as many friends and members of the community who knew him.

Leonard has now joined his father and mother-in-law and many other loved ones in eternal rest.

Special thanks for the love and support from family and friends. Thanks, also, to the medical support from CancerCare Manitoba and the palliative care team at Percy E. Moore hospital.

A Come and Go Memorial Service for Leonard will be held on Saturday, April 29, 2023 from 1 – 4 p.m. at the Poplarfield Community Hall to reminisce, grieve, and support each other, and of course, just chat.

FISHER FUNERAL HOME INC.
Entrusted with arrangements.
204-372-6803 or 204-372-6271

OBITUARY



Sigtryggur Einar Finnson

March 23, 1933 - March 9, 2023

With his family at his side, Tryggvi passed peacefully on March 9, 2023, just shy of his 90th birthday.

Tryggvi will be remembered lovingly by Anna, his wife of 64 years; his daughters Lenore (Ted) their children Eric, Janet (Justin) and great-grandchild Finn; Janis (Joerg) their children Carmen (Justin), Katja; and son David (Tracey) their children Curtis (Jasmine), Carlyn (Jeff), Calen (Renata), Dayne (Maggie). He will be missed by his sister Hilda; sisters-in-law Ellen, Sylvia, Linda (Ken) and Josephine and brother-in-law David (Lee).

Tryggvi was predeceased by his parents Fridrik and Helga Finnson; his parents-in-law Kristjan and Phyllis Sigvaldason; sisters Dora, Kristin, Carol and brother Kristjon; sisters-in-law Sigurbjorg and Kristin and brothers-in-law Numi, Morris, Asgier, Joey, Hjalti, Raymond, Robert, Halldor, Rowland and Clifford.

Tryggvi spent his whole life on the farm in Vidir, leaving only for a short time to study agriculture at the University of Manitoba. He and Anna married in 1958 and together they farmed and raised their family in Vidir.

As a strong believer in contributing to the community, Tryggvi supported many aspects of life in Vidir. He served on the Lowland School Board and as President of both the Manitoba Pool Elevator and Arborg Co-op Boards. He also pitched in often, without being asked, to better the community and keep it a vibrant and growing place. He went about in his own quiet way fixing and doing what needed to be done. He enjoyed meeting and dancing in the Vidir Hall with family and friends at the many functions held there.

Some of Dad's favourite activities were curling, hockey and fishing. He started playing hockey at a young age with neighbours and cousins in Vidir, and eventually joined a team in Arborg, winning a league championship with the Arborg Falcons. He continued his involvement by volunteering as a manager, coach, President of Arborg Minor Hockey and Chair of the Minor League. He was instrumental in having the kids start their season on time, even driving to town in the middle of the night to flood the ice!

Dad's interests extended to travelling, reading, and talking of world affairs and politics. He and Mom took many trips across Canada and overseas. Together, and often with other family members, they enjoyed sharing breathtaking views and exploring new cultures. As a young man, he went on a memorable guys' trip to California. When at home, he could sit and 'solve world problems' with those who visited. On summer days when work was done, fishing and camping created the fondest of memories and good times, in particular Sunday gatherings at Gunnar's beach. Tryggvi very much enjoyed our weekend fishing trips. There was always a great story to be told when we got home!

Dad's first love was Anna and their family. Together, they worked side by side, building the family and mixed farm. Farm life was his LIFE; he was so proud of how the farm has carried on from his father, to him, his son and grandsons. Dad wasn't a very expressive man, but we felt his pride and love for all of us. We will cherish all the entertaining stories of the past that he enjoyed sharing with the grandchildren. Many times, he and Mom would quietly celebrate the successes of each daughter, son, their spouses and their children.

The family thanks everyone for their phone calls, messages and visits; it's so greatly appreciated. Also thank you to the staff at the Gimli Hospital for their warm and compassionate care at this time in Tryggvi's life.

There will be a family memorial service at a later date at the Finnson farm.

If preferred, in lieu of flowers, a gift in Tryggvi's memory may be made to the Icelandic River Foundation- Recreation Dept., Box 159 Arborg, MB, R0C 0A0; OR the St. Boniface Hospital Foundation, Cardiac Division, C1026-409 Tache Ave, Wpg, MB, R2H 2A6.

MACKENZIE FUNERAL HOME ARBORG
(204) 467-0024 • info@mackenziefh.com



OBITUARY



Linda Louise Anderson (nee Ferris)

September 1, 1950 - February 22, 2023

It is with sadness that we announce the peaceful passing of our wife, mom, grandmother, sister, auntie and friend, Linda Louise Anderson. Mom went home to be with her Lord and Saviour, on February 22, 2023 at the EM Crowe Memorial Hospital in Eriksdale, Manitoba.

Mom will be lovingly remembered and sadly missed by her husband Jim Anderson; children Courtney and his wife, Kari Anderson, (Paige, Nial and Pierce); Conrad and his wife, Margaret Anderson (Troy and Taylor) and Crystal and her husband, Dana Swan (Adam and Alayna); siblings, Jane (Tom) Graham, Sonny (Margaret) Ferris and Ruth Ann (Allan) Savage; brother Dennis (Anitta) Hyatt; brothers and sisters in-law, Alice Monkman, Lois Kruse (Jeff), Gerry (Joanne) Anderson, Lavona Folster, David (Dale) Anderson, Tom (Carolyn) Anderson; as well as numerous nieces, nephews and other relatives.

Mom was reunited in Heaven with her parents, Albert and Arlie Ferris; grandson, Jensen Anderson; mother and father-in-law, Bert and Dolly Anderson; sister in-law, Esther (Bill) Thomas; and many other family members and friends.

The family would like to extend a special thank you to Dr. Rivard, nurses and staff at CancerCare Manitoba, also to Dr. Young, nurses and staff at the E.M. Crowe Hospital in Eriksdale for their care. Also to our many family members and friends for all the love and support shown to our family through prayers, flowers and donations. Thank you all.

Celebration of Life was held on Saturday, March 4, 2023 at the Ashern Centennial Hall, with viewing at 11:00 and service at 1:00 p.m. Interment took place at Moosehorn Pentecostal Cemetery, with Traditional Feast following. Pastor George Goertsen officiated.

Arrangements Entrusted To
ANDERSON FAMILY FUNERAL HOME
Ashern, Manitoba
204-768-3606

OBITUARY



Brian Matthew Armstrong

It is with the greatest sadness that the family of Brian Matthew Armstrong announce his passing on March 17, 2023. Brian was born on August 27, 1928 in Virden, Manitoba.

He was predeceased by his wife, Liz in November 2022, and his brother Alvin in February 2023.

As a young man, Brian was very adventurous and, at the age of 14, hopped on a freight train arriving in Calgary, Alberta. There he was taken under the wing of a chef at the "Pallister Hotel". Brian started washing dishes and pots, then soon became a line cook and eventually a chef. Brian was also sent to a competition in Germany to chef and came home with a Silver Medal.

He then returned to Winnipeg where he met and married his first wife, Pauline and together they raised four daughters. He worked at a number of different restaurants

before buying the "The Golden Cue Inn" in Selkirk, Mb. in 1974. Brian and Pauline, along with their four daughters made a very successful business for 25 years until he retired (for the first time in 2002).

Brian and Pauline went their separate ways but remained very good friends throughout the years.

Brian met and married his second wife, Elizabeth in 2005 where they bought the "Ranch". There they enjoyed the horses and having family BBQ's. You could always see Dad puttering in the garden with his flowers.

Brian leaves behind a legacy with his four daughters, Shannon (Tim), Linda (Rodney), Mindy (Serg), and Cindy; nine grandchildren, Katie, Candace, Timothy, Melissa, Amanda, Tyler, Amy, Brandy and Buddy; 17 great-grandchildren and many, many great-great-grandchildren.

Brian also leaves behind, his three step children and their families as well as his very special long-time friends Stan Shewchuck and Bev Clayes, to name a few.

Brian was a social butterfly and will be missed by all who knew him.

Following Dad's wishes, cremation has taken place and a private family service will be held at a later date.

Friends and family are invited to visit Brian's memorial page at www.interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:

Interlake Cremation & Memorial Services
204.482.1040

OBITUARY



Carol Mathews (nee Wert)

December 3, 1934 - November 18, 2022

Peacefully with family at her side on November 18, 2022, Mom passed away at her home at the age of 87. She was predeceased by Dad (Orval) in 2012.

She leaves to mourn her three children Lynn (Vivian), Lorna (Tom) and Glen; grandchildren Colin (Chelsey), Miles (Sarah), Cameron (Amy), Patrik and Kris (Cayleen); great-grandchildren Dylan, Halle, Hayden, Whitley, Brynlee, Grace and Oliver as well as numerous nieces, nephews and cousins.

Mom was born at Clarkleigh, MB. on December 3, 1934 on the family farm. She resided in Oak Point most her adult life moving to the Lundar Senior's Home in 2015.

Mom was a kind, strong, resilient, fiercely independent woman always able to adapt to whatever life dealt her. She loved spending time with and meeting new people whether it was friends of family, old friends at the track, or people met while travelling or camping. She especially loved spending time with her grandchildren and great-grandchildren whether it was watching them at sports, fishing, playing bingo or enjoying a meal together. Mom had an infectious laugh and loved a good joke, especially ones she played on others.

Mom enjoyed living at the seniors home. It gave her the freedom to continue to visit with friends even as her health and mobility failed. It was comforting to our family knowing Mom was surrounded by such wonderful friends and workers who were so thoughtful and kind.

The family is so grateful to so many people who helped Mom in so many ways. To Mom's Home Care staff, you brightened Mom's day, every day, and were so supportive to our family. To Shawna and Pat, thank you for all you did for us and Mom those last few days with her. Thank you to Beryl and Chrissie, Kristina and Cynthia, you are miracle workers and you made Mom's last days easier for her and our family. Thanks to John and Karen Gray for your kindness and support. Lastly, we'd like to thank Roy and Judy, Mom's lifeline, for always being there.

Mom and Dad's house was always open to family and friends, whether it was for a short stay or a long one. Their greatest joy was to have people drop in for coffee. Mom is being interred privately, but we'd like to invite you for coffee in remembrance of Mom at 2:00 p.m. on Saturday, April 15, 2023 in the Oak Point Community Hall.

In lieu of flowers donation may be made to Lundar Community Resources, Box 430, Lundar, MB. R0C 1Y0.

Arrangements by:
ARNASON FUNERAL HOME
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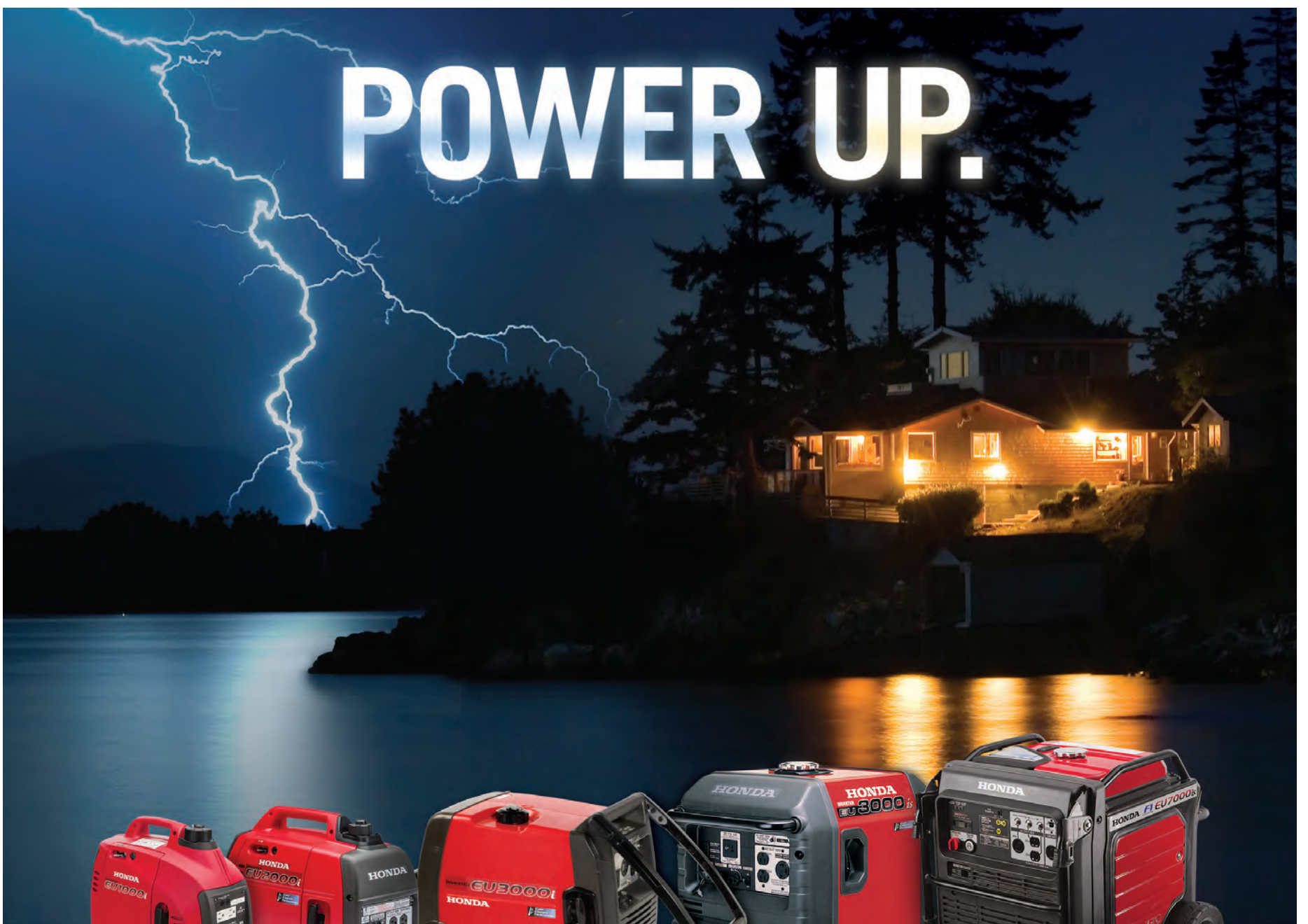
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