



Suggested Spring To Do's

- Vacuum refrigerator coils
- Check eavestroughs & downspouts
- Repair kitchen & bathroom caulk
- Replace furnace filter
- Check foundation for cracks & leaks
- Clean kitchen exhaust hood & filter
- Clean dryer vent
- Repair damaged window screens
- Check exterior paint & touch up
- Check for roof damage
- Inspect caulking around windows
- Replace smoke detector batteries



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Dozens of students from Winnipeg Beach School and Arborg Early-Middle School participated in the day long land-based learning field trip on the frozen Lake Winnipeg, where they learned about ice fishing and traditional Indigenous ceremonies.

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Good Times FINANCING

Eriksdale Music Festival expecting 750 attendees this summer

By Becca Myskiw

Initially created to offer a community setting in a time when there weren't any, the ROGerKimLee (RKL) Music Festival is gearing up for a fourth year of music.

In 2020, Derrick McCandless and Dawn Mills moved from Winnipeg to Eriksdale to open Eriksdale Music and Frame Shop, a storefront and studio for music, pottery, picture framing, wood and metalworking. The RKL Music Festival, initiated by the pair, began in 2021 as a way for music lovers to gather outdoors. It doubles as a celebration and way to honour three Winnipeg music lovers who died during the COVID-19 pandemic — Roger Young, vocalist and lead guitar in family band Had It Comin'; Kim Russell, bass guitar and musician's musician of the Portage la Prairie Russell family; and Lee Oreniuk, jam ambassador.

That first festival was completely free with 15 musicians, 10 jammers and 50 locals coming together. Pickup bands played the Saturday evening concert and musicians were drawn from a hat with 10 minutes to prepare

before playing. At the festival, people can expect to participate with singing, dancing, listening and enjoying each other's company. Outdoor activities were held at the shop, which soon became the Manitoba Musicians Memorial Park — the only park in the province dedicated to local musicians. Each year at the RKL Music Festival, an inductee is announced and remembered:

- 2021: Roger Young, Kim Russell and Lee Oreniuk
- 2022: Wayne Walker, introduced the trend of live music in hotels and bars (Winnipeg)
- 2023: Bill Bage, singer/songwriter (Flin Flon, Winnipeg)

The 2022 festival promoted a free Saturday afternoon, with evening concerts being paid for the performing musicians. That year, the festival saw 600 people, and last year, it had saw the same, with a crew of 40 volunteers. Each year, the festival offers more acts, more artisans in the market and more things for festival-goers to do. This year, the RKL Music Festival is hoping to see 750 attendees,



EXPRESS PHOTO SUBMITTED

Iris Thorkelson and Sophia Lavallee at the RKL Music Festival merch table last year.

and to keep up with the growing size, they're changing venues and are in need of more volunteers.

The 2024 festival will be at the Eriksdale Sports Grounds with the McEwen Park and Campgrounds. They're hoping to gain 20 to 25 volunteers with the move, volunteers doing short shifts in a variety of areas like surveys, 50/50, beer gardens, gates,

doors, parking and more. The entire festival is volunteer-run, with people coming from all over the province to offer their help. Festival co-creator Dawn Mills said they encourage people of all backgrounds to sign up since the festival is 100 per cent inclusive and seen as a safe space. To register as a volunteer, go to www.rogerkimless-musicfest.com.

Access Charity Golf Tournament to support Katie Cares and RMHC Manitoba

By Lana Meier

On Sept. 11, Access Credit Union

will hold their 11th annual Charity Golf Tournament. For the third con-


secutive year, the event will consist of two tournaments hosted simultaneously at Minnewasta Golf & Country Club in Morden and at Bridges Golf Club in Starbuck.

This year's 2024 Access Charity Golf Tournament has chosen two beneficiaries: Katie Cares (KC) and Ronald McDonald House Charities Manitoba (RMHC).

Katie Cares (Katie's Cottage) is a

non-profit organization that offers lodging and support for families with hospitalized loved ones at the Boundary Trails Hospital in southern Manitoba. The charity was founded by Kaitlyn Reimer, who was inspired to start it after being diagnosed with cancer. Her vision was for her family to continue her legacy through this organization, as she possessed an in-

Continued on page 7



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Interlake students learn lesson from the land

By Lana Meier

Evergreen school division students took to the frozen surface of Lake Winnipeg last week for a day of traditional Indigenous teachings and ice fishing.

The group, which included grades 5 through 8 Winnipeg Beach School and Arborg Early-Middle School students, went to Gimli's South Beach on March 11.

Accompanied by teachers Kristen Rudyk and Amber Lawrence, the students began their field trip with an optional sage smudging ceremony, followed by a traditional land offering of tobacco.

The beautiful sunny day was made complete with fish caught from Rudyk.

The students left with an interest in ice fishing and an increased appreciation of how to live respectfully with the land.



EXPRESS PHOTOS BY AMBER LAWRENCE



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German linguistic researchers test English speakers as part of Icelandic language study

By Patricia Barrett

Linguistic researchers from two universities in Germany returned to Gimli last week to continue their investigation into the varieties of Icelandic spoken in Manitoba, how English and Icelandic influence each other and other phenomena.

Co-principal researchers Nicole Dehe from the University of Konstanz and Christiane Ulbrich from the University of Cologne — along with their PhD student Meike Rommel from the University of Konstanz — had visited towns in the Interlake (Gimli, Riverton and Arborg) and Winnipeg last December to gather samples of Icelandic spoken in Canada.

This time around, they were gathering samples of English spoken by North Americans who've not had any Icelandic language influence. The English-speaking samples will serve as a control group or a benchmark for the Icelandic groups being studied.

"What we are interested in is the varieties of Icelandic spoken in Canada and in Iceland and the ways in which the languages are acquired in different contexts, and also the contact phenomena between the two languages: how does English influence Icelandic and how does the Icelandic spoken here influence the English spoken here," said Dehe, during a presentation last Friday in the Lady of the Lake Theatre in the Waterfront Centre. "This is an important question to ask because there's research that shows that influence is mutual between the languages even though English is the dominant language."

The researchers are studying four speaker groups — North American Icelandic, modern Icelandic (i.e., speakers in Iceland), Icelandic as a second language and North American English — to help answer their hypotheses.

They're focusing on two linguistic phenomena: pre-aspiration, which is an expulsion of air when pronouncing certain words, and word stress, which emphasizes certain syllables of a word.

Icelandic speakers, for example, will expel air when saying "pot-ahh" (a kitchen pot). And they'll place a stress on the first syllable of certain words such as professor, emphasizing the "pro." For some words like coffee and Africa, there is no discernible stress difference between English and Icelandic. The researchers want to know whether unique linguistic features are maintained by Icelandic speakers, as well as compare different speaker populations, including those living in Iceland.

"We have many groups because the comparison of different speaker

populations makes a [big] contribution to our understanding of language. Language changes over the lifespan and there are various influencing factors, such as age, language use and language contact — these are the features we are most interested in," said Ulbrich. "We have you, the heritage speakers [a minority language learned at home as children who grow up with a dominant language], monolingual speakers of North American English with no influence of Icelandic, and second-language learners, people who learn Icelandic without any background."

This reporter (as a North American English speaker) took part in the study, which has all participants look at a few hundred illustrations of objects and name them, as well as look at illustrations of multiple objects and make up a story based on those objects. The answers are recorded.

It was relatively straightforward to name objects such as a coat, a table, a banana, etc., despite a lapse in recall when presented with a jellyfish (let's hope that's down to exhaustion after 220 pictures). Naming simplistic compound words — two illustrations with a plus sign between them — such as an arm and a chair (armchair) posed few problems, but some illustrations were perplexing. For instance, a person's back, plus another person's back with some squiggly lines on it elicited a response of "back shingles" rather than "back tattoo" because this illustration seemed eerily similar to that TV commercial for the shingles vaccine, showing the virus erupting across a victim's back.

Storytelling from multiple illustrations was more challenging, and it was good to have Ulbrich taking part (the study allows a researcher to participate in this exercise) to keep me from going off-piste and wasting time trying to marshal characters and loose plotlines into a coherent story.

In one exercise, for instance, we started off with an illustration of

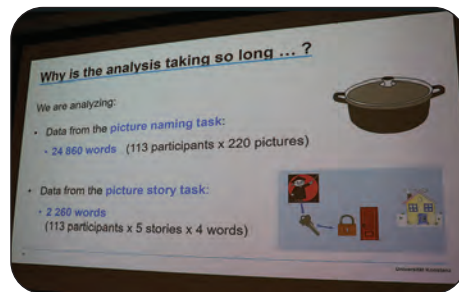


Linguistic researcher Christiane Ulbrich from the University of Cologne said they've had 113 participants take part in the study to date, with 24,860 words to analyze from a picture-naming task and 2,260 words to analyze from a storytelling task.



Manitoba-Icelandic study participants gathered at the Waterfront Centre to get an update of the study they took part in.

EXPRESS PHOTOS BY PATRICIA BARRETT



what surely must be a Norman castle because it had a squarish stone keep. Then we see two kings who've laid down their bagpipes in anticipation of a good feast that features various cuts of meat and intestines — Ulbrich suggests sausages after I say intestines — and French bread, which is illustrated by a French flag and a loaf of bread. I feel confident up to this point because French plus Norman plus Scotland is a historical plausibility. And haggis is, after all, boiled up in intestines.

But here's where the plot thickens. Out comes an illustration of a theatre ticket for Shakespeare's *Hamlet*. Are the two kings going to watch this play or are they part of Shakespeare's so-called play within a play, taking the roles, as it were, of Hamlet's slain father and evil uncle Claudius? Then shadow puppets put in an appearance. Why? To stand in as a symbol for the soul or, as Ulbrich suggests, as entertainment for children? Am I overthinking this?

And who is that girl with the plaid skirt lying on the stage whispering to a cat while a man either sings or shouts? Is that Ophelia? It might very well be because her position could symbolize death. But I don't recall her owning a cat. Maybe this is Scottish symbolism, I say, thinking of the Clan of the Cats with their wildcat heraldry and confederate clan members' squabbles. But wait a minute, *Hamlet* is not Shakespeare's Scottish play — *Macbeth* is. *Hamlet* is Danish.



Linguistic researcher Nicole Dehe from the University of Konstanz reviewed the goals of the linguistic study, which is examining the varieties of Icelandic spoken in Canada (Manitoba) and how English and Icelandic influence each other.

And why does a fire-breathing dragon later appear in conjunction with Tinker Bell from Peter Pan? I say the dragon must be a metaphor for Hamlet's psychological torment, thinking this is his "to be or not to be" moment in which he must decide to either take up arms against a sea of troubles (i.e., his dragon) or slink away stage left. But how to explain the fairy? There was a ghost in *Hamlet*, I say. Ulbrich concurs, naming *A Midsummer Night's Dream* as the play with the fairies. There's a lot more I can't explain such as children who get only water and an apple at a wedding reception when I can clearly see there's a Bundt cake in the room. Why can't they eat cake? Are these children illegitimate?

It's a good thing Dehe, Ulbrich and Rommel are interested only in how we English speakers employ word stress and pre-aspiration rather than our storyboard abilities.

> LANGUAGE STUDY, FROM PG. 4

And so far, they've got 24,860 words from the picture-naming task (113 participants x 220 pictures) and 2,260 words from the storytelling task (113 participants x 5 stories x 4 words) to analyze.

Each word will have to be manually labelled in software and produced as a spectrogram and oscillogram. The researchers have students and other assistants helping prepare the data, and their analysis will be prepared and published after that is completed.

"It's going to take us quite a while, but there's a PhD dissertation and papers [published in scholarly journals] coming out of this and you will be informed," said Ulbrich.

In these very early stages, she added, the impression they've got as far as word stress goes is that North American word stress is not "pushing the Icelandic out."

Dehe and Ulbrich (Rommel was in Riverton carrying out research) took questions from Icelandic-speaking participants who were recorded last December.

Some asked whether the researchers found a difference in accent between Gimli, Riverton and Arborg speakers.

Dehe said that will be hard to detect until they compare the languages, but it's possible as that occurs a lot with intonation.

But even if there are Interlake regional variations, Ulbrich said they don't expect pre-aspiration and word stress patterns to differ.

To make generalizations from the data, the researchers need a lot of speakers. They'll be recording more North American English speakers at the University of Manitoba in Winnipeg.

The researchers thanked the participants who signed up for the study and those who helped organize it, including Elva Simundsson and Julianna Roberts in Gimli, Star Johnson in Arborg, Halli Jonsson in Riverton and Katrin Nielsdottir in Winnipeg.



From left: Nicole Dehe from the University of Konstanz in Germany, Gimli resident and author Elva Simundsson, New Iceland Heritage Museum executive director Julianna Roberts and Christiane Ulbrich from the University of Cologne in Germany. The German researchers (plus their PhD student Meike Rommel, who is not shown) are researching varieties of Icelandic spoken in Manitoba and in Iceland, as well as how English and Icelandic influence each other.

Free digital training in rural communities to launch meaningful careers in tech

By Lana Meier

NPower Canada has grown extensively, with program opportunities now accessible to individuals in Manitoba.

The organization began operating in Canada back in 2014, and since then has assisted over 8,000 graduates all over the country, promoting a varied tech workforce that welcomes talent from all cultural backgrounds, genders and socio-economic statuses to thrive in the digital era.

NPower Canada is a nationwide employment initiative that offers individuals complimentary training in digital and professional skills through online platforms. This program aims to connect participants with fulfilling job prospects in the technology sector.

NPower Canada is committed to supporting marginalized youth and adults seeking to enter the tech industry, particularly those in rural areas. Our programs aim to bridge the gap between Indigenous and non-Indigenous communities throughout the province.

"We know there's a tech skills gap in rural communities, but with the stable growth of the economy and labour force in the province, underserved and underemployed Manitobans are in a unique position to benefit from NPower Canada's programs," said Karolya Vargscarr, regional director for Manitoba. "Manitoba's talent is diverse, innovative and ready to contribute to the evolving tech landscape. Our programs are the bridge from education and professional development to new employment for those who want to join this growing sector of the economy."

The free 15-week program for Junior IT Analyst Certification, developed in collaboration with Google Canada, is

designed for individuals with limited experience seeking essential IT knowledge. It includes hands-on tech training, professional development and job placement support. On average, 80 per cent of graduates secure employment within six months of completing the program.

"We've heard from students that our programs have enabled them to learn IT skills and be able to apply for jobs where they can work remotely from home, reducing the barriers of having to leave community for work. We're committed to empowering students to succeed and equipping them with the most in-demand skills and certifications to join the growing IT sector no matter where they live in Manitoba," said Vargscarr.

NPower Canada's dedication to serving rural communities and helping individuals develop their talents will continue to scale their virtual-first programming across the province by adding additional programs in the future to ensure participants' skills remain relevant to employers and to serve job seekers with accessible training.

NPower Canada's success is built on partnerships with the Government of Manitoba, local and national employers, Indigenous nations, non-profit organizations and community partners, with funding from the federal and

provincial governments and corporate sponsors.

Visit npowercanada.ca to learn more about NPower Canada and for upcoming program enrolment dates.

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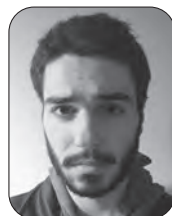
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The loss of a voice

By Peter Cantelon

Starting a business is not for the faint of heart. Many people question if the stress and anxiety related to such an endeavour is even worth it.

But starting a newspaper in the 21st century? I mean, no one starts newspapers anymore. Newspapers are supposed to be shut down by big impersonal corporate entities after they've been sucked dry of every last possible cent of profit and the staff have been fired without so much as a thank-you. What kind of person would start something like a newspaper?

Well, Rick Reimer did.

Rick passed away March 9 after battling a long illness. Since learning of this, I have been dwelling on his impact in my life and the lives of people throughout the Pembina Valley and, more broadly, throughout Manitoba.

A long time ago in the impossibly distant past of 2010, in the land of Morden and Winkler, Rick, along with his business partners Lana Meier and Brett Mitchell, started the *Winkler Morden Voice* as part of a new community newspaper initiative in Manitoba that included the *Selkirk Record* and the *Stonewall Teulon Tribune*.

There were MANY who questioned the initiative. There were many who predicted the endeavour would not last the year. Well, here we are 14 years later and this small group of community newspapers has grown to include the *Express Weekly News*, the *Carman Dufferin Standard* and the *Altona Rhineland Voice*.

To be frank, the *Voice* was a lifeline to me back when I was going through an incredibly difficult time in my life. It started right in the middle of my "what the heck am I going to do now?" phase and became the critical foundation for rebuilding.

If not for Rick, there would be no *Voice*. If not for Rick, there would have been no editor in Ashleigh Viveiros to take a chance hiring a guy like me as a full-time reporter. A guy who didn't have an article in his portfolio newer than 1996.

I liked Rick. It was hard not to like Rick. You have to understand many journalists do not get along with their publishers. In fact, many have downright hostile relations with their publishers. This is mostly because a lot of publishers are meddlesome and so focused on revenue that they seem to have lost sight of the point of journalism in the first place.

Rick was not like this. If the dictionary had an entry for "Nice Guy" it would be Rick's picture next to it. He was open, friendly, supportive and had a near permanent enormous smile. He actually cared about people.

Don't get me wrong, Rick was human like the rest of us. He was also a good businessperson. I think part of his success was due to the fact that he was a genuinely likable guy. He didn't ignore the need to drive sales and create revenue because he understood that without it, the newspaper vanishes. But he kept an appropriate distance from the content.

Without Rick, community journal-



Peter Cantelon

ism in Manitoba would be less. Without him, you would not have had to hear me whine and pontificate for the past 14 years (don't be too hard on him for that).

Rick helped to create opportunities for journalists and journalism in Manitoba. His efforts have contributed to creating and saving careers. He made a difference, and he did it mostly from the background, quietly working to ensure there was a community newspaper that connected people and kept them informed.

You may not have known Rick, but if you've read the *Voice* or any of its family of newspapers, he has had an impact on your life.

Rick made a difference. I'm sad that he is gone, but his *Voice* continues.

Peter Cantelon is a columnist for the Winkler Morden Voice.

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OUR EDITORIAL STAFF

Brian Bowman Sports Reporter
news@expressweeklynews.ca

Patricia Barrett - Reporter/Photographer
Cell 204-407-6099 patricia@expressweeklynews.ca

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EXPRESS PHOTO BY SHARON STADNEK

This fisherman was taking in the last days of hard water fishing last Saturday on Lake Winnipeg at Sandy Bar near Riverton. According to Accuweather, the temperature hovered around 0 degrees on March 16. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: news@expressweeklynews.ca.

> GOLF TOURNAMENT, FROM PG. 2

credible capacity for love and compassion. Through this charity, her love can live on.

"Katie Cares is pleased to have been selected by Access Credit Union to join Ronald McDonald House as one of the beneficiaries of the annual Access Charity Golf Tournament," expressed Ruth Reimer, CEO of Katie Cares. "It is exciting to be aligned as co-benefactors with RMHC for this golf event as Ronald McDonald House was the inspiration for Kaitlyn's dream and vision to build the home at Boundary Trails Hospital. A huge thank you to Access Credit Union for recognizing Katie Cares as an important part of the fabric of our province."

RMHC Manitoba is a charitable organization dedicated to keeping families together. Their goal is to enhance the well-being and support the medical care of children by offering vital services and a comforting home for their families.

"RMHC Manitoba is incredibly thankful to be selected alongside Katie Cares as Access Credit Union's charities of choice for the 2024 golf tournaments," said Wendy Galagan, CEO of RMHC Manitoba. "Annually across RMHC Manitoba's two core programs (Ronald McDonald House and Ronald McDonald Family Room), the health and well-being

of over 1,000 families are supported with essential services and a home away from home when their ill or injured child receives medical care in Winnipeg. We are deeply grateful to Access Credit Union for recognizing and valuing our mission and for making RMHC Manitoba families stronger because of this generous partnership."

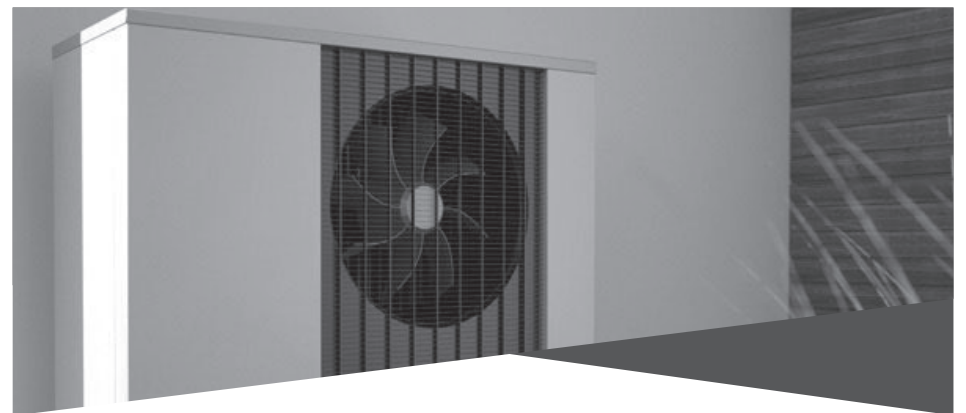
Both Katie Cares and RMHC Manitoba share a common goal: to support families by keeping them together and easing the added burden that often comes with having a loved one in need of medical care.

"These two organizations provide a priceless service for families in our province during challenging times," noted Larry Davey, CEO of Access Credit Union. "We value the work that they do, the compassion they provide and the feeling of community they deliver to every family they serve. We are excited to work together, in turn helping Manitobans for years to come."

Access Credit Union is also excited to announce that Red River Group will return for the second consecutive year as the Title Sponsor (Big Heart Sponsor) of the 2024 tournaments.

Registration for golfers and sponsors will open later this spring and will be filled on a first-come, first-serve basis. Please follow Access Credit Union on

Facebook and Instagram or visit the tournament website at accesscu.ca/charitygolf to stay informed.



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Arborg-Bifrost parks and recreation manager earns Recreation Manitoba award

By Patricia Barrett

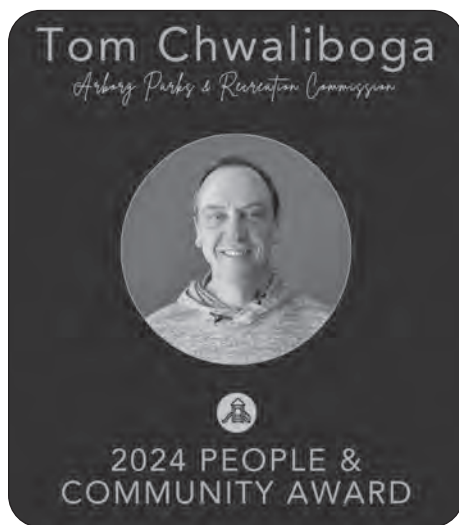
Arborg-Bifrost Parks & Recreation Commission recreation manager Tom Chwaliboga earned a People & Community Award from Recreation Manitoba for his outstanding contributions to sports, leisure and community service.

Council for the Town of Arborg had nominated Chwaliboga for the award, which recognizes a nominee's dedication to and enthusiasm for recreational activities, leadership through developing programs, events and partnerships, mentorship and role-modelling and a willingness to learn and build capacity.

Chwaliboga, who joined the recreation commission in 1997, said recreational and sporting activities have always played a big role in his life and he enjoys bringing people together.

"Recreation, sport and leisure has always been a big part of my life and my family's. I enjoy providing opportunities for residents of all ages to become active, even in a small way. Being active brings people together and this is almost, if not more important, as the activity," said Chwaliboga. "The award is a nice recognition for the time and effort that someone puts into this profession and I would like to thank the Town of Arborg for nominating me."

He said he'll continue to reach out



Arborg-Bifrost Parks & Recreation Commission recreation manager Tom Chwaliboga earned a People & Community Award from Recreation Manitoba for his outstanding contributions to recreation.

to more families in the area to entice them to take part in some of the recreational programs and activities, he said. And he recognizes that it's volunteers and instructors who are integral to success.

"Community recreation and sport still relies on a number of individuals to make it a success, such as the volunteer coaches, who take the time and effort to become certified, fitness instructors. They spend count-

less numbers of hours working, planning and sharing their enthusiasm for the activity, as do the officials. Without them, many of these programs could not exist," said Chwaliboga. "I would like to thank these people for making my job a little easier as they all do a great job."

Town of Arborg Mayor Peter Dueck congratulated Chwaliboga on earning the award and said the town looks forward to working alongside him for many more years to come.

"The Town of Arborg is very proud that Tom received the People & Community Award from



EXPRESS FILE PHOTO BY PATRICIA BARRETT

Tom Chwaliboga is shown taking part in a curling bonspiel at the Arborg Curling Club in 2017.

Recreation Manitoba. Tom is certainly well deserving of this recognition with his 26-year history of being the recreation director for Arborg," said Dueck. "Our community has grown a lot and changed in 26 years, but what has not changed is Tom's readiness to do whatever it takes to offer, manage and deliver programs for all ages. A key quality in Tom is his ability to take initiative and responsibility to ensure that events happen and the details are looked after."

Town of Arborg chief administrative officer Cindy Stansell put together the nomination package on behalf of council. The submission notes that Chwaliboga excelled in many sports while growing up and that he later pursued a career in recreation, encouraging children and seniors alike to stay active.

"Tom is extremely dedicated to not only his role as recreation director, but also to his community of Arborg. Tom is determined to ensure the success of programming in the community and goes as far as to provide instruction for some of these programs," wrote Stansell in her submission. "Tom is self-motivated and is always mindful of the long-term future of the community. Tom's skills with the public provide him with the ability to encourage community members to become involved in recreation as well as to volunteer within the community. Tom has been a driving force behind many programs and events as well as the construction of a new Aquatic Centre in 2009."

Chwaliboga was able to expand

recreational program offerings since starting with the commission 27 years ago. He started a youth curling program in 2005, entered into a partnership 10 years ago with NHL goalie James Reimer — who grew up in the Arborg area — to encourage kids to play hockey, revitalized youth baseball and brought pickleball to the community in conjunction with a local club. The commission currently offers over 50 programs for all ages.

"Tom has brought many new programs to the community and has also worked tirelessly to ensure that many recreation opportunities remain in the community," wrote Stansell. "The Town of Arborg has grown tremendously recently with many newcomers from many different countries in the world. He has introduced newcomers to existing recreation programs as well as worked with the newcomers to offer new recreation programming from their home countries, for e.g., futsal."

In addition to creating new recreational and sporting opportunities, Chwaliboga provides instruction for some programs, including youth curling, and trains instructors and referees, Stansell said. He also donates his time in other ways to the benefit of the community, including emergency sandbagging during a in 2021.

Recreation Manitoba held an awards luncheon March 15 and handed out awards in a number of different categories including a nature, health & wellbeing and therapeutic recreation. Visit <https://recreationmb.ca/awards-program> to see the winners.

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Eriksdale Dance Troupe recital set for May 11

By Becca Myskiw

The Eriksdale Dance Troupe is preparing for their annual recital, slated for May 11 this year.

Each of the eight dance classes in Eriksdale will perform at the recital, with 32 dancers in total showing their skills in creative movement, ballet and jazz styles for the community. The Royal Winnipeg Ballet also sends dancers to do solo performances each year, sometimes two or four, depending on availability.

This year's recital will start at 7 p.m. in the Eriksdale School. Tickets will be available ahead of the date. Though not ready yet, interim co-ordinator Christina Kallstrom said once they are, the Eriksdale Dance Troupe will make social media posts letting everyone know. People can also email Kallstrom with questions at rec@rmofwestinterlake.com.

The Eriksdale dance program begins in September and ends with the recital in May. The dancers work toward the performance all year. Kallstrom said classes start working on their performances shortly after Christmas.

Creative Movement is the youngest Eriksdale dance class. There, four-year-old dancers learn the basic movements, how to work with others, and how to move their bodies fluidly. Next are ballet classes, which dancers start at five years old and stay in until high school graduation.

"Ballet is beautiful to watch," said Kallstrom. "I am the proudest of the ballet dancers and watching them grow and learn."

Jazz also starts at around five years old for dancers and some jazz dancers turn into hip-hop dancers as well. Kallstrom said the dance teachers typically take their teaching cues from the dancers on what to lean toward the following season.

The Eriksdale Dance Troupe has two teachers from the Royal Winnipeg Ballet who come once a week. Once a year, the troupe goes to the Royal Winnipeg Ballet to practise in front of big mirrors and tour the school, which Kallstrom said is the highlight of each dance season.

The dance troupe has been around for 24 years, and this year, Kallstrom and Dayna Emms kept it alive as the main co-ordinator had to step back. The end-of-year recital has been a long-standing tradition with the group, offering the dancers



EXPRESS PHOTOS SUBMITTED

The Eriksdale Dance Troupe will entertain for friends and family on May 11 at their annual dance recital.



the opportunity to showcase the skills they've worked on throughout the year to the community, friends, and family. They also receive cer-

Continued on page 15

PUBLIC NOTICE

Pesticide Control Program

Public Notice is hereby given that the Province of Manitoba intends to conduct the following Pesticide Control Programs during 2024 within the province right of way.

1. To control invasive plants and noxious weeds on Manitoba Provincial right of way.
2. The herbicides include: Dicamba, 2,4-D amine, 2,4-D Choline, 2,4-D Ester, 2,4-D, Mecoprop-p, Dichloroprop-p, Aminopyralid, Metsulfuron-methyl, Diflufenzopyr, Fluroxypyr, Imazapyr, Triclopyr, Picloram, Aminocyclopyrachlor, Chlorsulfuron, Saflufenacil, Iron (as FeHEDTA), Glyphosate, Clopyralid, Bromacil, Acetic Acid, LI 700, Non Ionic Surfactant, Flumioxazin, Indaziflam, Florpyrauxifen, mineral oil, Methyl Ester & Ethyl Ester.

The public may send written submissions or objections within 15 days of the publication of the notice to the department below.

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Community members help to generate food security

By Emily Antonio

With fluctuations in taxes, rent and product prices, it can be challenging to stay afloat financially. This struggle is not lost on Lisa Teel, a Winnipeg Beach resident and creator of a helpful space for those in need.

The idea for the Winnipeg Beach Food Cupboard came about when taxes were raised significantly in the Winnipeg Beach area.

Teel realized how difficult it might become for people to afford groceries after the other financial burdens they face. So, in the summer of 2023, she sought permission from town council, and by the fall, a community food cupboard was up and running.

"There are some pretty good staples. We try to stock protein," said Teel, who regularly visits the cupboard at the Winnipeg Beach Municipal Recreation Centre to ensure the space is tidy and everything is running smoothly.

"We're not going to save everyone's life. ... But what are the three essentials in life? Food, shelter and water. And we can provide food."

When it comes to letting community members know what is needed in the cupboard, Teel thinks of what she used to cook for her kids when they were younger, she said.

She finds members of both her community and surrounding areas to be quite generous; the cupboard is generally stocked full of food staples like cereal, Kraft Dinner, salmon and tuna, peanut butter, bags of sugar, flour, soup stock, coffee, tea,

Hamburger Helper, beans and more.

Teel is also available to contact her privately for people who need perishables such as milk, bread and eggs.

A group of volunteers, who show up when needed, also help to run the cupboard.

The cupboard is a smaller operation for people who are nearby and can get there on foot but also for anyone who needs to come and share in the generosity of those who contribute donations. Anyone can drop off food at the Rec Centre.

Although monetary donations are not the cupboard's focus, cash is accepted into an account for the Winnipeg Beach General Store cupboard and generally goes toward purchasing perishable foods, which are harder to access through the cupboard.

"What I can't supplement, I put a plea out for, and people drop it off. There is lots of local interaction. We've got the grocery stores that keep accounts of money for us; we have a farm donating honey and a local business donating wood," Teel said.

Around Christmas time, Winnipeg Beach School donated 14 large boxes of food to the cupboard, some of which were shared with Evergreen Basic Needs, another organization helping to provide community members with food security.


As the months grow warmer, Teel hopes to add a fresh food cart to the food cupboard system; community members are already interested and volunteering to donate fresh fruit and vegetables.

Her contact information can be found on the cupboard for anyone who needs it.




EXPRESS PHOTO SUBMITTED

The food cupboard is located at the Winnipeg Beach Municipal Recreation Centre.



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Healthy Together Now accepting funding opportunities for healthy goals

By Lana Meier

Healthy Together Now (HTN) is a community-led grassroots program that helps prevent chronic diseases in Manitoba. Community organizations are now able to seek funding for prevention activities related to physical activity, healthy eating, tobacco control and reduction, and mental wellness.

Through the Healthy Together Now program, Interlake-Eastern RHA offers funding opportunities for community organizations looking to reduce the prevalence of chronic disease in their communities.

"The Interlake-Eastern RHA is awarding funding to community groups addressing health and wellness issues in their communities. Applications are currently being accepted and grants will be awarded in late Spring. All programs are encouraged

to apply," says Shannon Montgomery, director health services, public health and wellness.

Interested individuals must submit an online application that outlines the proposed project, budget, partner organizations and target population. The grant will cover expenses directly associated with the program. Submissions will be evaluated by the Interlake-Eastern Healthy Together Now Steering Committee to ensure they meet the established criteria.

Community meetings are being conducted throughout the Interlake-Eastern region for groups seeking funding. These gatherings serve to evaluate potential projects and allow the community to suggest projects for consideration. Attendance at a community meeting is necessary in order to receive funding. Meeting dates

have been set from March 13 to 22.

It is important for all applicants to have a conversation with their designated Interlake-Eastern RHA representative regarding potential projects.

For more information please visit www.ierha.ca/programs-services/life-style/healthy-together-now/ or email wellness@ierha.ca or call 1-877-979-WELL (9355).

Healthy Together Now is co-ordinated by Interlake-Eastern RHA and



supported by Manitoba Health, Seniors and Long-Term Care.

Sandy Hook structure fire a complete loss



EXPRESS PHOTOS BY RAYME THOMSON

Winnipeg Beach firefighters were called out for a mutual aid call from the Gimli Fire Department Saturday night for a lakefront structure fire on 13th Avenue in Sandy Hook. Winnipeg Beach provided their two tankers initially for water supply but then returned with the main pumper. The Winnipeg Beach Fire Department supplied water to three tankers until the fire was put out. The building was a complete loss and the home next to it also received significant damage.

How to save extra money this tax season

Personal income tax season is coming and with a more complex system every year, it makes good sense to have an expert prepare your taxes to ensure you're receiving the best return possible. The Canada Revenue Agency (CRA) has put out a lot of new legislation this year, with what seems to be a record number of changes. Erica Minarik, owner of ELM Chartered Professional Accountant Inc. (ELM CPA), is here to walk you through some of those changes that could affect the way you file this year.

One of the bigger changes is how remote employees can claim expenses while working from home. Since 2020, remote employees have been able to claim the temporary flat rate method of \$2 per day as working-from-home expenses. As of this year, employees now need to meet certain criteria and obtain a signed T2200 form from their employer before being able to claim expenses.

Minarik says if you recently renovated your home, consider if you are eligible to claim the existing Home Accessibility Tax Credit or the new Multigenerational Home Renovation Tax Credit. The CRA has also added to the list of eligible medical expenses this year, including the additional cost of an aspher-

ic lens over a basic lens during cataract surgery.

If you are looking to maximize your return, Minarik recommends seeking out professional tax preparation services and advice. "Find someone you trust, someone that is staying on top of these changes, and takes time to analyze your tax return, not just prepare it."

Before starting her firm, ELM CPA, in October 2023, Minarik worked as an accountant for the last 16 years in Winnipeg. Staying rooted in the values of accessibility is important to Minarik, so this tax season she is bringing her personal tax preparation services to the Interlake region by offering a Gimli pick-up and drop-off service. For those who prefer to submit their documents electronically, she also offers a secure portal on her website.

Gimli holds a special place in Minarik's heart as her happy place and home of her late Amma and Afi, Benna and Don Martin. "I've only ever missed one Islendingadagurinn and was especially proud to be one of my Amma's attendants when she was Fjallkona."

Minarik would love to be of service to you in this upcoming tax season and beyond. You can reach her by phone at (204) 272-7946 or email at info@elmcpa.ca.

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Gimli's DGJMS students raise funds for animal shelter, awareness of bullying

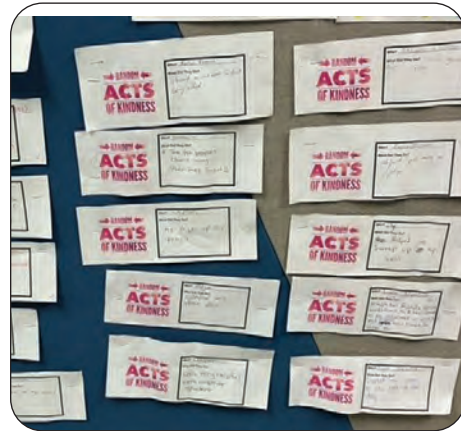
By Patricia Barrett

Dr. George Johnson Middle School students, who are part of leadership groups led by the Gimli & District Kiwanis Club, raised \$300 for the Gimli Humane Society this month.

Students in the K Kids Club (grades 5 and 6) and Student Voice Club or Builders Club (grades 7 and 8) held a variety of events in the school then donated the proceeds to the animal shelter.

"Being part of our Student Voice and K Kids groups means having a voice for things that happens in our school. Students chose various events they wanted in our school such as hot chocolate and candy cane sales, hat days and pizza and perogy hot lunches," said DGJMS principal Jamie Gilbert. "The students also voted to donate all of the proceeds/donations collected during these events to the local Gimli Humane Society."

Gilbert said the school is grateful to



Students were recognized for random acts of kindness.

Pat Newbury and Kiwanis members for helping prepare the hot chocolate and hot lunches for the students, as well as to the Sacred Heart church for preparing the delicious perogies.

To help combat bullying, grades 5 and 6 students in the K Kids Club organized a Random Acts of Kindness event over the course of a few weeks. When a kind act was spotted, students would have their names entered into a daily draw for a prize.

Random Acts of Kindness included sharing gum, picking up a dropped pencil, putting chairs away, helping someone with their school work and helping sweep up someone's mess. The acts were recorded on a ballot.

And grade 7 and 8 students in the Student Voice Club organized a kindness and anti-bullying poster contest. "We had many submissions from students in our school and the Student Voice then voted on the winning posters," said Gilbert. "Winners received gift cards to a local restaurant. These posters are now visible throughout the halls of our school."

The anti-bullying posters offered practical ideas on how to be kind, such as smiling at people, complimenting others, saying thank you and holding the door open for someone. They also offered reasons why bullying is harmful, including hurting physical and mental health and in some cases leading to death by suicide, and encouraging others to be a buddy, not a bully.

Bullying facts on one poster said: "Bullying makes young people feel incredibly insecure. When [you're] being bullied, you feel constantly insecure and on guard. A main reason of suicide and self-harm is bullying. Students who are bullied by other students at school are more likely to suffer from depression and suicide thoughts."

At the beginning of the month, the school held a student-led science and social studies fair and invited families, community members and Grade 4 students from Sigurbjorg Stefansson



EXPRESS PHOTOS COURTESY OF DR. GEORGE JOHNSON MIDDLE SCHOOL Students in the Gimli Kiwanis-led K Kids and Student Voice clubs raised \$300 for the Gimli Humane Society. Mrs. Johnson, Mrs. Newbury and the K Kids presented a cheque for \$300 to the shelter.

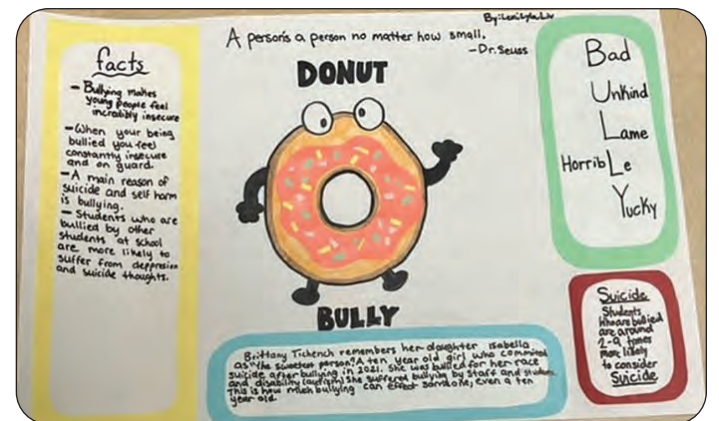
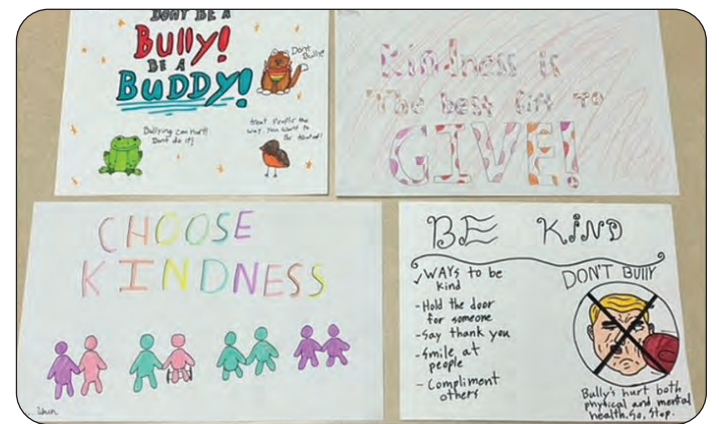
Early School to attend.

"Our students researched and collected information on various science and social studies topics that they have been learning about," said Gilbert. "Students then presented to each other and our guests throughout the day."

Although there were a few presentation jitters, the students did a great job and as a result of numerous presentations were able to develop a deeper understanding of the information they gathered, he said.

"One of the hopes of this event was that students would really know the content for their informational writing assessments the following week," said Gilbert. "The results from our writing assessment show this was the case as students did very well."

To help develop physical fitness, Gilbert said physical education teacher Mr. Charrier arranged for the students to learn how to curl, and volunteers Brittany and Derrick Anderson and Kerri and Kyle Einarson helped the students on the ice. For many students, it was the first time they



The Student Voice Club organized a kindness and anti-bullying poster contest.

took part in curling. Students were quoted as saying it was "really fun," they were "looking forward to going again" and "I wasn't sure if I would like it but I had a lot of fun."

The school has a number of upcoming events, including include spirit week in which students will get to choose dress-up days, a pancake breakfast on March 21 with help from the Kiwanis club and a movie afternoon in the gym on the Friday before spring break, said Gilbert.

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AA Winnipeg Beach
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All ages welcome.

AA Riverton Group
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Be mindful of margins heading into spring seeding

By Raegan Hedley

This past year, 2023, was the most expensive year ever for growers. Due to high input costs — especially fertilizer — and steadily rising equipment costs, a lot is riding on spring seeding going well.

The dry winter we're having complicates things even further. The Hydrologic Forecast Centre recently published the February Flood Outlook Report, showing a low-to-moderate risk of spring flooding across Manitoba, and soil moisture levels are normal to below normal. While some may be rejoicing that flood risk is low, a lack of snow cover on fields can be bad news for growers for several reasons.

Charles (Chuck) Fossay has been farming for 50 years and is currently a director with the Manitoba Canola Growers and the Canola Council of Canada. Fossay and his brothers grow grains and oil seeds north of Starbuck.

Fossay says that the arrival of late snow in March through April would help fill irrigation ponds and even recharge the soil but would likely not be enough to save winter wheat and fall rye.

"Talking to some of the local agronomists, they feel that those winter crops are probably not surviving this winter."

Fossay adds that he believes there's likely enough topsoil moisture right now to seed and get crops off to a good start.

Instead of focusing on what could go wrong with the weather, Darren Bond, a farm man-

agement specialist with Manitoba Agriculture, suggests focusing on positive news: The 2024 AgriInsurance Crop Dollar Values are currently above current grain market prices, which he

Continued on page 14



EXPRESS PHOTO SUBMITTED

In his 50 years of farming in Manitoba, Charles Fossay has been both a grower and pork producer, and has been involved with various organizations, including Manitoba Pool Elevators, Manitoba Pork and Keystone Agriculture Producers.

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MFGA Green Gold Program looking for hay or alfalfa producers

Program finds optimal alfalfa first-cut date with sampling results

By Becca Myskiw

Manitoba alfalfa producers can predict their optimum harvest date — and it costs them nothing.

The Manitoba Forage and Grassland Association (MFGA) has the longest-running producer-based program for Manitoba forage producers with their Green Gold Program. Running through May and June, the Green Gold Program calls for producers with hay fields that are mostly alfalfa, fairly new and in good condition. Those producers will test their crops twice weekly (clipping alfalfa) throughout the May/June growing season until the first cut. MFGA will then send subscribed producers two weekly results for the entire sampling duration. The program provides growers with real-time information on the best time to cut the alfalfa stand.

Last year's Green Gold Program involved 23 fields from Central, Eastern

and Western Manitoba. Alfalfa sampling started on May 18 at 10 inches and ended on May 31 when most of the fields were in the early bloom stage. Last spring saw warm conditions followed by intense heat and an early frost before sampling. MFGA found the optimum harvest date to be June 1 for the Central and Western regions and May 31 for the Eastern/Interlake region.

MFGA says that by clipping alfalfa samples from fields, testing results suggest that the first cut date has a higher relative feed value for the optimum livestock feed value.

The MFGA Green Gold Program aims to encourage growers to be strategic with their alfalfa crop harvest, making decisions based on the best first-cut date for specific feed and market needs and field observations. The program relies solely on Manitoba alfalfa producers to clip and send



EXPRESS PHOTO SUBMITTED

MFGA is looking for producers to participate in their Green Gold Program, which predicts the optimal harvest date for alfalfa growers.

in alfalfa samples twice weekly. Because the sampling happens in real-time, the results accurately reflect current weather conditions. Results are sent to more than 300 MFGA Green Gold subscribers and stakeholders.

To learn more about the MFGA Green Gold Program or to sign up for it, go to <https://mfga.net/green-gold>.

> SPRING SEEDING, FROM PG. 13

says takes some risk off the table for producers.

"It will be important this year to continually monitor one's costs of production, changing projected values into actual values as we move through the growing season. ... Having a realistic expectation on the 2024 crop's yield potential will be especially important."

Bond says fertilizer is the highest operating cost on a farm today, and considering the tight margins projected for 2024, it's worthwhile for growers to review their fertilizing regime. He recommends adopting 4R Nutrient Stewardship practices like banding and moving fertilizer applications to spring, which can result in savings of \$20 to \$40 per acre without negatively impacting yield.

"The most important factor is to make sure you have the right rate to avoid missing out on potential revenue. ... For example, under-fertilizing canola and losing three to five bushels per acre can result in a loss of \$40 to \$70 per acre," says Bond.

"Adjusting fertilizer application practices can be costly, so it is important to evaluate the savings with fertilizer cost to the cost of equipment upgrades. Some gains may be easy to obtain and implement, while other changes may be cost-prohibitive."

Fossay says it's easy to develop a

habit where growers simply maximize all their inputs to increase yields. He said this is the year to really ask yourself if you need the second application of herbicides to control weeds if you have a good-looking crop and the disease risk is relatively low.

"I don't really need to spend another \$15 spraying for weeds because there's just not that much margin in the crop. If I spray a second time, I might get a couple extra bushels, but the cost of the herbicide is more than the bushels are worth."

Success this year seems like it's going to come down to managing costs of production. Manitoba Agriculture releases a Crop Costs of Production Guide every year, and this year the only profitable crops were projected to be pinto beans, white beans, black beans, soybeans, canola and oats.

Bond explains that the guide is just a reference, and growers should use their own numbers to determine the cost of production.

"To make your costs of production even more accurate, compare them to previous years' actual costs. Some costs like fertilizer may vary greatly depending on market prices, while others like labour and repairs may not vary as much," says Bond. "Is there a large discrepancy between what is projected for 2024 compared to the last few years? Perhaps there's

a valid reason for the difference, but if there isn't, the projection should be checked for accuracy."

Fossay says he does his own budget because the provincial guide is a good average indicator of costs, but everybody has drastically different costs. One of which may be debt for farm equipment.

"The good news is that equipment costs can be controlled by the producer with discipline and an objective analysis of the value an invest-

ment in a piece of equipment brings to the farm. Is there an increase in efficiency, an ability to decrease costs or the potential to increase yields on the farm?" says Bond. "While determining the costs of adding a piece of machinery to the farm is easy to quantify, determining the financial benefits can be much more difficult."

There's plenty to be optimistic about heading into spring — as long as you're prepared to pay close attention to profitability and risk.

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Ship and Plough selling out upcoming concert series

By Becca Myskiw

Ship and Plough is giving people a reason to stay local this spring with their upcoming concert series.

Before COVID-19, the Gimli pub had a winter music series, and after getting back their momentum, Ship and Plough have turned that into a ticketed concert series that showcases top Manitoban talent. The winter series' purpose was to give the community something to do in the cold months, but with the success of the new series, they plan to keep doing what they're doing, even into the summer.

This past winter, Ship and Plough had two sold-out nights with Big Dave McLean and two with Sierra Noble, and more sold-out shows with Dan Frechette, Scott Nolan and Joe Nolan.

"I think it's important to give locals some entertainment options that they otherwise might not have had — especially in the winter when things are quieter," said Scott Carman from Ship and Plough. "Obviously, it's also good for business, having people committed to going out despite the cold and whatnot. When you can have consec-

utive nights of sell-outs in December and January, that's a great thing."

The concerts at Ship and Plough are all ticketed, so people have to buy tickets at the pub or online ahead of time. The pub also has lots of non-ticketed events like workshops and holiday celebrations.

The spring concert series kicks off this Saturday and goes until the end of May:

- Saturday, March 23 at 3 p.m.: Jaryn Friesen
- Friday, March 29 at 8 p.m.: JD Edwards
- Sunday, April 14 at 3 p.m.: The Janzen Boys
- Saturday, April 20 at 8 p.m.: Mark Reeves
- Friday, April 26 at 8 p.m.: Son of Dave
- Saturday, May 11 at 8 p.m.: Romi Mayes
- Friday, May 24 at 8 p.m.: Brent Parikin

Some dates of the concert series are already sold out. To learn which shows are still available and to buy



EXPRESS PHOTO BY RAYME THOMSON

Ship & Plough has seven concerts planned this spring.

tickets, go to Ship and Plough or go to www.shipandplough.ca.

"I'm really happy with how things are going, and I'm very grateful to see that people in the area are coming out to support quality live music," said Carman. "It's a rare opportunity to

see some of these artists play in such a small and intimate venue, and I think people get that. I've had people tell me that it's nice to have such great music so close to home, when you consider the cost of driving into the city and paying for parking."

> DANCE TROUPE RECITAL, FROM PG. 9

tificates that go to the next level.

"The kids work really hard on their routines and are proud to showcase their talent that night," said Kallstrom. "This year we have an awesome group of dancers — so full of life and talent. I am really looking forward to seeing all they can do at recital; we don't get to see

the dancers all year practising so recital is a surprise for all of us."

She added that this year has been challenging with class cancellations due to weather and sickness, but the dancers have come to each class ready and willing to learn and "dance their hearts out."

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Stonewall potter progresses to semi-finals

By Jennifer McFee

The Interlake continues to be well represented in CBC's nationwide pottery competition.

Jen Sonnenberg of Stonewall is competing in the eight-episode series called *The Great Canadian Pottery Throw Down*, which features amateur potters from across the country.

Each week, the artists compete to create a main pottery piece while also taking part in a smaller skill test. And at the end of every episode, one potter is sent packing from their hub on Vancouver's Granville Island.

Episode 6 aired last week, and Sonnenberg continues to stand her ground.

"Continuing on in the competition into Episode 6 was so exciting and unexpected. This week's challenge was to create a nine-piece place setting for a Michelin Star restaurant, with a guest appearance from chef Mike Robbins of Vancouver's AnnaLena restaurant actually giving feedback and plating our sets with their food," she said.

"It was an opportunity I've never had before and thought was so incredible. Making functional work — things that people are going to use like mugs, bowls and plates — are some of my favourite things to make. So, for me, there was a lot of pressure to create a cohesive set that would elevate the food."

Sonnenberg decided to create a set that was very sculptural in form and was inspired by "lucky stones" — rocks with holes eroded into them that were picked up from Manitoba beaches.

"While we waited for our pieces to dry and be fired in the kiln, we had a spot test in which we had to pull as many handles off of pre-made mug



Sonnenberg was inspired by the plates from the show to create these in the wood kiln when she returned home.

bodies as we could in 20 minutes. Pulling handles is a method of adding handles to mugs," she said.

"We had to try and make our handles as close as we could to the handles that judge Brendan Tang made as a demo. It was a very close race, but I ended up getting the most done in the time frame and won first place."

Overall, it was a close call for the judges, but Sonnenberg breathed a sigh of relief when she found out she'd continue in the competition.

"I was really happy with the soft organic forms that I created, but in the end it came down to me and Renu (a fellow competitor) as to who was going to go home this episode, with the judges feeling that some of my plates were a bit too small," she said.

"I was grateful to have won the spot test and continue on to the semi-final episode."

Episode 7 of *The Great Canadian Pottery Throw Down*, the semi-final, will air on CBC on Thursday, March 28 at 8 p.m. and on CBCGem.



EXPRESS PHOTOS SUBMITTED

The Great Canadian Pottery Throw Down airs on CBC on Thursdays at 8 p.m.



Jen Sonnenberg of Stonewall will progress to the semi-final episode.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Lundar Falcons swept by St. Malo Warriors

By Brian Bowman

The Lundar Falcons ran into a buzz saw of a St. Malo Warriors team in their CRJHL best-of-seven semifinal series.

St. Malo swept the series in four

games after a 6-0 win last Friday.

Warriors' goals were scored by Teagan Fillion (two), Jeremie Collette (two), Brady Gregoire and Kaden Rioux.

St. Malo doubled Lundar 4-2 on

March 13 to snag a 3-0 series lead.

Falcons' goals were scored by Joel MacMillan and Braeden Lukas. The Warriors' markers came from Keston Worley (two), Brady Gregoire and Kaden Rioux.

St. Malo now advances to the best-of-seven league final against Beausejour. Game 1 of the series is set for this Friday.

Winnipeg Beach's new tourism manager working on year-round destination

By Patricia Barrett

The Town of Winnipeg Beach has hired a tourism manager to help enhance the town's signature events, develop new attractions and create opportunities to bring more visitors to the community.

The town hired Peter Holfeuer as its tourism, development & community engagement manager on a one-year contract. He's been in the position since January.

Holfeuer comes to the position with lots of experience in business and tourism, including serving as co-chair of the Gimli Ice Festival for 13 years now. He has sat on a number of community boards, was a founding member of the Gimli Glider Museum, helped re-establish the Gimli Chamber of Commerce and served for four years as an RM of Gimli councillor.

Late last year, Holfeuer said he chatted with Winnipeg Beach Mayor Pam Jackson at an event and understood that major events in Winnipeg Beach — Boardwalk Day and Wonderful Winter Weekend — are organized and overseen by the town, but the town would like to see more community-driven events.

"The impression I got from the mayor is they want to change that [town-driven model], similar to what happens in other communities where events are run by volunteer committees," said Holfeuer. "Volunteer committees have an opportunity to reach out and get sources funding and grants, something you can't do when you're running things specifically through the town."

As co-chair of the Gimli Ice Festival, Holfeuer said he has had opportunities to connect and collaborate with 15 to 20 different organizations, giving him a better understanding of how they operate within a community and how they can be leveraged for creating tourism opportunities and economic development.

"One thing I noticed in Winnipeg Beach is that there's no inclusion of art, culture, heritage and an Indigenous component to these big events," said Holfeuer. "That's something that needs to come into these events to make them more vibrant and to grow them. That can only be done through committees."

He said he'd love to see Winnipeg Beach highlight its early and mid-20th-century history as the premier playground to which thousands of Manitobans flocked to enjoy the town's wooden rollercoaster, boardwalk along Lake Winnipeg and pavilion with its 14,000-square-foot dance floor. The Winnipeg Beach Historical Society could play a



PHOTO COURTESY OF THE TOWN OF WINNIPEG BEACH
Thousands of Manitobans would flock to Winnipeg Beach to enjoy the town's wooden rollercoaster.

role in enhancing tourism opportunities. Currently, there are "not a lot of reasons" for people to go to Winnipeg Beach unless there's an event of sufficient scale that will attract a lot of visitors.

"I believe it was up to 40,000 people that used to come up on the weekends by train in the 1900s. Winnipeg Beach was the place to go to for so long. It was such an iconic town," said Holfeuer. "We're looking at it now and saying there's probably more that can be done. For sure, it has good activities and a lot of people coming in the summer months, which is the peak season, but I'm noticing businesses leaving town because you can't run a business for three or four months in the summer then shut down for eight months. There has to be some better thinking as to what can be done in the shoulder or off season so that more visitors will come to town."

His goal is to "adjust the operational model" pertaining to how events are run, transitioning them away from the town's administrative oversight towards the establishment of local committees.

"My goal is not to run these committees myself, but to put the right people in the right places to make things happen," he said. "They'll need a place where they can meet and a little seed money to get things started."

Since he started in January, Holfeuer said he has reached out the Gimli Chamber of Commerce and the Interlake Tourism Association to make them aware of what he's working on in Winnipeg Beach and to see if there are ways to collaborate. He'll also be working with Travel Manitoba in order to try to "make the Town of Winnipeg Beach more of a year-round destination."

He got involved in the town's Wonderful Winter Weekend to understand what it entailed and how "we can move forward and make it a bigger and better event." He also met with a number of Winnipeg Beach businesses to understand the challenges they're face during the off season, as well the challenges they face during the summer season.

"A big part of what I'll be focusing on is enhancing the town's brand, Where Manitoba Plays," he said. "Right now, I really want to engage with the business community. They have to come together and collaborate in some way. They do very well for three or four months of the year, but they really need to pull together and find ways to attract more people to their businesses during the shoulder season."

Holfeuer said collaboration with neighbouring communities on events is one of the strategies that could employed in order to attract more visitors and bring economic spinoffs to the wider area.

Town of Winnipeg Beach Mayor Pam Jackson said although tourism, economic development and community engagement is part of Holfeuer's portfolio, it's not the only focus.

"There's other identified needs Peter is fulfilling. The Town of Winnipeg Beach doesn't have a chamber of commerce or an economic development officer and there are no established community committees for the town's signature events, such as Boardwalk Days and the Wonderful Winter Weekend," said Jackson. "Economic development and community engagement, along with tourism, are critical elements in helping a community not just survive but thrive."

Holfeuer is filling some of the gaps, she said, leveraging his specific skill sets and experience and



EXPRESS FILE PHOTO BY PATRICIA BARRETT
Peter Holfeuer is shown with his wife Susan.

doing an amazing job.

His "boots-on-the-ground" approach makes him accessible and approachable, she said, and he acts as a liaison for council and a support for the business community and for organizations that are passionate about activities such as the arts and active transportation.

"With Peter's knowledge, experience and skill set, the town is confident we'll see increased interest and initiatives by our community members to participate in existing organizations or create new opportunities and initiatives based on their own interests," said the mayor. "Certainly, we heard through our Vision Survey that our community would like to see more activities in our town, and some folks are quite interested in working towards creating these. While this is already happening, we want to build on this."

She noted that the Winnipeg Beach Historical Society is a group of very committed folks who want to "celebrate and honor the deep-rooted history of Winnipeg Beach." With Holfeuer's help, the town is sure to see an increased level of exposure.

Jackson said it would be great for businesses and the community if Winnipeg Beach could expand its role as a tourist destination and elevate its profile as a place where Manitobans can come to play 12 months of the year.

"Town council's role is governance, not necessarily taking the lead role in event and party planning. In regards to events, council's role is to support organizations, groups and committees that are interested in working for the betterment of our community, and in creating events and activities that are of interest to them," she said. "Town council is excited about the possibilities that Peter's position provides, the vision and new concepts he brings with him, and we look forward to continuing to work with our community to enhance everything that Winnipeg Beach has to offer."

To contact Peter Holfeuer, email tourism@winnipegbeach.ca or call 204-407-6017.

get inspired

> MEAL IDEAS



Cinnamon Brown Sugar Loaf

Recipe courtesy of "Cookin' Savvy"

Medium bowl
Warm water
Sourdough starter
Salt
Unbleached all-purpose flour
Silicone spoon
Softened butter
Brown sugar
Cinnamon
Sharp knife

In medium bowl, combine 330 grams warm water, 90 grams sourdough starter and 10 grams salt. Stir well then add 525 grams flour. Using silicone spoon, mix dough to sticky ball. Let rest, covered, about 45 minutes.

Pull dough from bottom and stretch to top of dough ball. Repeat around entirety of dough ball a few times then cover. Repeat process four times then

cover and let sit at room temperature at least 6 hours but no more than 14 hours. Dough should double.

In bowl, mix 4 tablespoons butter, 1/2 cup brown sugar and 2 tablespoons cinnamon.

Sprinkle flour on counter then spread dough flat on floured surface. Spread cinnamon mixture on dough. Fold dough from sides, pinching to keep cinnamon inside, then turn and roll into ball. Place on parchment paper and put back in bowl 1 hour.

Heat oven to 475 F with uncovered Dutch oven inside.

Using sharp knife, score dough then place parchment paper and dough in Dutch oven lined with aluminum foil. Cover with lid and bake 20 minutes then remove lid and lower temperature to 450 F for 25 minutes. Internal temperature should reach 195-205 F. Let rest at least 1 hour before cutting and serving.



Chocolate Loaf

cone spoon, mix dough to sticky ball. Let rest, covered, about 45 minutes.

Pull dough from bottom and stretch to top of dough ball. Repeat around entirety of dough ball a few times, adding 1 1/2 cups milk chocolate chips during process, then cover. Repeat process four times then cover and let sit at room temperature at least 6 hours but no more than 14 hours. Dough should double.

Sprinkle flour on counter then spread dough flat on floured surface. Fold dough from sides then turn and roll into ball. Place on parchment paper and put back in bowl 1 hour.

Heat oven to 450 F with uncovered Dutch oven inside.

Using sharp knife, score dough then place parchment paper and dough in Dutch oven. Cover with lid and bake 40 minutes. Internal temperature should reach 195-205 F. Let rest at least 1 hour before cutting and serving.

(cocoa sweetened with sugar or sugar substitute)

3 teaspoons cinnamon
Place popcorn in large bowl and lightly spray with nonstick cooking spray.

Sprinkle cocoa mix and cinnamon on popcorn. Toss to coat evenly. Serve immediately.

Ask the money lady

Dear Money Lady Readers,

There are three major ways that Canadians invest in the market: fixed income investing, guided stock portfolios (which would include ETFs, MFs, bonds and various securities) OR through insurance products like annuities or segregated funds. Then there are other ways to invest – like buying real estate, cryptocurrency, commodities, and leverage lending. Today we're just going to cover the basics to get you started and give you some ideas so that you can discuss them with your advisor.

Let's start with fixed income investing which is often overlooked because it isn't as exciting as buying and selling stocks. It's primarily a rules-based philosophy that takes all emotion out of the equation. You simply follow the rules and get a solid return. Laddering is the most common method and today there's \$11 trillion invested this way in Canada alone. When you look at the markets from a long-term perspective, fixed income portfolios win every time. They're not as glamorous as picking stock, however because of their stability and security, almost all large corporate and government pension funds are done through this method. One thing you must remember with fixed income products is that they consist mostly of different types of bonds and buying them is like buying real estate. That means, you can't turn around and sell them immediately after the purchase like you can with stock. The way it works is, you buy them at a discount, and then they mature at par. Meaning on the maturity date you know exactly what you're going to get. Most people who invest in real estate and want a tangible asset, choose to diversify their investments in institutional bonds because of the similarities. At the retail bank level, you could also consider structured notes as an alternative fixed income strategy.

Guided stock portfolios are the other great method for Canadians to invest. But we seem to have a large expertise gap with some advisors, and most are pushing clients into mutual funds and managed accounts. Now, is that a bad thing? Maybe not. Today there are over 135,000 mutual funds to choose from worldwide with over \$1.7 trillion invested in Canada. So, let's talk about mutual funds since they seem to be the product of choice.



Christine Ibbotson

A mutual fund, (MF) is just that – a fund of different types of products such as stocks, bonds, and money markets. When you invest in a MF you invest money into the fund with everyone else, and by doing so, your contribution is measured in units. You will be given a number of units based on the daily market price called a NAV price per share (net asset value) and you will share in the income, gains, losses, and expenses of the fund you now partially own. MFs are a great way for any investor to take advantage of buying into a fund, managed by a professional with good diversification. That's because a typical fund could have a portfolio of 60 to 100 different securities, across 15 to 20 different industries. The average investor can't be expected to hold a stock portfolio of that size. It's just not possible. No one has the time, knowledge, or expertise to do so. This is why MFs could be a good choice.

If you choose to invest in MFs, take note of the load fees and trailer fees. This will be expressed in the management expense ratio, (MER). Also remember that MFs are not a short-term investment unless you opt for the money market funds. When you purchase MFs, plan to hold them for at least a year and make sure you know when the fund distribution times are so that you can avoid higher pricing or any tax implications when you initially buy in.

Good Luck and Best Wishes,
Money Lady

Written by Christine Ibbotson, Author, Finance Writer, National Radio Host, and now on CTV Morning Live, and CTV News @6 syndicated across Canada. Send your questions through her website at askthemoneylady.ca

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PUBLIC NOTICE

REGARDING THE 2024 FINANCIAL PLAN

Public Notice is hereby given pursuant to Subsection 162(2) of The Municipal Act, that the Council of the R.M. of Grahamdale intends to present its Financial Plan for the fiscal year 2024 at a Public Hearing being held at the RM of Grahamdale Municipal Office, 23 Government Road, in Moosehorn, MB on Thursday, April 18, 2024 at 6:30 p.m.

The purpose of this Public Hearing is to allow any interested person to make representation, ask questions or register an objection to the Financial Plan as provided.

Copies of the Financial Plan will be available for review on Wednesday, April 10, 2024 and may be examined by any person during regular office hours at the Municipal Office or on our website at www.grahamdale.ca.

Public participation can be met through interactive technology or by written submission. Please contact our office for more information Ph: 204-768-2858 or email: info@grahamdale.ca

Dated this 14th day of March, 2024.

Shelly Schwitek, CMMA
Chief Administrative Officer
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NOTICE OF DIRECTOR ELECTIONS ELECTRONIC VOTING AND ANNUAL GENERAL MEETING (the "AGM") MEMBERS OF ACCESS CREDIT UNION LIMITED (the "Credit Union")

TO: ALL MEMBERS OF THE CREDIT UNION

VOTING FOR BOARD OF DIRECTORS

TAKE NOTICE THAT voting for the Board of Directors is open to all members who have a share at any Credit Union branch. Voting will be done by electronic ballot and will be tallied electronically by a third party provider. Voting will be open from 9:00 am CDT on Monday, the 8th day of April, 2024 until 5:00 pm CDT on Friday, the 12th day of April, 2024. Members of the Credit Union are invited to vote online at www.accessvotes.ca. Each member may vote on a personal electronic device or should any member prefer, devices for the purpose of voting will be available at all branches of the Credit Union during operating hours.

VOTING FOR BYLAW CHANGES

TAKE FURTHER NOTICE THAT Voting will take place during the AGM held on the 16th day of April, 2024 to consider the approval of the amendment of the Credit Union's Bylaws. Instructions on registration, authentication, voting process, and technical support are available on our corporate website at www.accesscu.ca/AGM. Immediately preceding the meeting opening, and at the beginning of the meeting, members will be given instructions on how to ask questions during the meeting.

SUMMARY OF PROPOSED BYLAW CHANGES

The proposed Bylaw changes align the document with Credit Union Central of Manitoba's model and includes several amendments, a summary of which can be viewed at www.accesscu.ca/AGM. The proposed amended and restated by-laws are available on request.

At the meeting, a presentation will be made explaining the changes and their purpose. Members will have the opportunity to ask questions during the presentation, although not all questions may be answered if there is insufficient time. The Members will be asked to vote on the following motion: to approve the amended and restated by-laws as presented to the Members.

Each member may vote on a personal electronic device. Voting will end during the AGM and results will be shared.

RIGHT OF DISSENT

TAKE FURTHER NOTICE THAT, under the provisions of Section 127 of The Credit Unions and Caisses Populaires Act, you have the right to dissent to the proposed amendment. If you wish to dissent, you must send a written objection to the amendment to the Credit Union at or before the meeting of Members referred to in this Notice.

ANNUAL GENERAL MEETING

The AGM of the members of the Credit Union will be held on Tuesday, April 16, 2024 at 7:00 p.m. CDT via virtual means, for the following purposes:

1. 2023 Audited Financial Statements and Auditor's Report
2. Board of Directors Report
3. Appointment of Auditors
4. Announcement of Member Rewards
5. Director Elections Voting Results
6. Bylaw Changes Voting and Results

All eligible members wishing to participate in the AGM are required to register online at www.accesscu.ca prior to April 16, 2024 at 4:00 P.M. CDT. Instructions for voting processes and how to ask questions will be displayed on the screen commencing at 6:45 p.m. CDT. These instructions will also be reviewed at the opening of the meeting. More information can be found at: www.accesscu.ca.

DATED this 21st day of March, 2024
ACCESS CREDIT UNION LIMITED
By Order of the Board of Directors



EASTERN INTERLAKE PLANNING DISTRICT UNDER THE AUTHORITY OF THE PLANNING ACT

NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

THE EASTERN INTERLAKE PLANNING DISTRICT BY-LAW NO. 01-2024
Being an amendment to the Eastern Interlake Planning District Development Plan By-law No. 01-2022, as amended

HEARING LOCATION: Municipality of Bifrost-Riverton Council Chambers
329 River Road, Arborg, MB

DATE & TIME: April 4, 2024
5:00 pm

FILE REF: RMB-24-01A

GENERAL INTENT: To re-designate an area in the Municipality of Bifrost-Riverton from "Commercial General Area" to "Urban Residential Area" to accommodate a multi-lot residential subdivision.

AREA AFFECTED: Pt. RL 44-22-2 EPM, Being Pt. Parcel 6, Plan 8432 WLTO PTH 68 / 170 St. Philips Dr. Roll No. 53600

CONTACT FOR INFORMATION: Nancy Thom, CAO/Development Officer
Eastern Interlake Planning District
62 2nd Avenue, P.O. Box 1758, Gimli, MB R0C 1B0
Phone: 204-642-5478 Fax: 204-642-4061
E-mail: eipd@mts.net Web: www.interlakeplanning.com



A copy of the proposal and supporting material may be provided upon request to the contact person mentioned above. Please note, if you are within a 100 m radius you will receive this notice in the mail that will include the proposal and supporting material.

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ARBORG BIFROST RECREATION

Summer Employment Opportunities

Summer Program Leaders

Program Leader will help organize and plan activities for children between 6-11 years of age that will be attending the Summer Camp in July & August. Work Shift will be Monday to Friday from 8:00am - 5:00pm

Summer GreenTeam

This position will be responsible for maintaining community greenspaces, recreation fields, and assist with the Communities in Bloom program (watering/weeding). Work shift will be Monday - Friday 7:30am - 4:30pm, with some weekend and evenings shifts as required.

ACCESS AQUATIC CENTRE Lifeguards & Swim Instructors

Arborg Bifrost Recreation is looking for lifeguards and swim instructors for the 2024 Summer (July - August). Please send resume with certifications to tom.abprc@mymts.net

Resumes can be sent to:
Arborg Bifrost Recreation
Box 555 Arborg, MB R0C 0A0
Email: tom.abprc@mymts.net

THE RURAL MUNICIPALITY OF ARMSTRONG

NOTICE OF DUST CONTROL PROGRAM 2024

The Rural Municipality of Armstrong will now be accepting requests for the application of dust control on rural roads in front of residences in the RM of Armstrong on a **PRE-PAYMENT BASIS ONLY**.

Costs are as follows:

- 12 ft x 300 ft \$280 plus gst = \$294.00
- 16 ft x 300 ft \$390 plus gst = \$406.50

It is the homeowners' responsibility to flag the site for application.

Applications can be made in person or by using our drop box at the municipal office 1094 Highway 17 in Inwood Manitoba.

Or You may mail in your application form with payment to the RM of Armstrong. **All information on the application form must be completed or your order may not be processed. Forms can be found at www.rmofarmstrong.com.**

Cheques are made payable to the RM of Armstrong or you may make a payment by e-transfer, please call the office for details 204-278-3377.

Applications will be received up to and including April 26th, 2024.

The Municipality can not guarantee the effectiveness of the dust control suppressant. Once a dust control suppressant has been applied, no refunds will be made. The use of a dust suppressant is meant to control dust on the roadway, not to eliminate it completely.

Rural Municipality of Armstrong
Box 69
Inwood, MB R0C 1P0



RURAL MUNICIPALITY OF GIMLI

PUBLIC NOTICE

TAKE NOTICE that the Regular Meeting of the Council of the Rural Municipality of Gimli scheduled for Wednesday, April 10th will be re-scheduled to Wednesday, April 17th, 2024.

Dated this 14th day of March 2024.

Kelly Cosgrove, CMMA
Chief Administrative Officer
Rural Municipality of Gimli



VILLAGE OF DUNNOTTAR

PUBLIC NOTICE

Regarding the

2024 Financial Plan

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of *The Municipal Act* that the Council of the Village of Dunnottar intends to present its financial plan for the fiscal year 2024 at a public hearing on **Tuesday, the 26th day of March, 2024 at 1:00 p.m.**

Council will hear any taxpayer who wishes to make representation, ask questions or register an objection to the financial plan, as provided.

Copies of the financial plan will be available for review and may be examined by any person during the regular office hours of the Municipal Office. A copy of the financial plan will also be posted on the Dunnottar website (www.dunnottar.ca) at that time.

Please contact the office, info@dunnottar.ca or call 204-389-4962, to register to attend this hearing or review a copy of the 2024 Financial Plan.

Dated this 26th day of February 2024.

Sarah Palson, C.M.M.A.
Administrator



RM OF COLDWELL PUBLIC NOTICE

REGARDING SPECIAL SERVICE PROPOSAL- BY-LAW NO.03/24 FOR THE COLLECTION AND TRANSPORTATION OF WASTE AND RECYCLABLE MATERIAL FOR THE RM OF COLDWELL.

The Council of the Rural Municipality of Coldwell has scheduled a public hearing at the Lundar Lutheran Church on the 28th of March, 2024 at 7:00 pm to present the following special service proposal:

To provide a Special Service levy for the collection and transportation of garbage and recycling from Residential and commercial properties within the municipality. Estimated costs for 2024 is \$213,430 and a per parcel rate will be \$255-275 single family, \$510-550 for a duplex, etc.

Full description of Special service proposal can be obtained at the Municipal Office.

A written objection may be filed with the Chief Administrative Officer, at Box 90 Lundar, MB R0C 1Y0 prior to the commencement of the hearing. At the hearing, Council will hear any potential taxpayer who wishes to make presentation, ask questions or register an objection to the special service proposal.

All objections, written or verbal, must be filed prior to the adjournment of the hearing and must include the name, address and property description of the person filing the objection and the grounds of their objection.

Dated at the RM of Coldwell this 7 th day of March, 2024, and issued pursuant to Section 318 of *The Municipal Act*.

Nicole Christensen
Chief Administrative Officer
RM of Coldwell
204-762-5421

FLIGHT ACADEMY

Want to learn how to fly? Recreational Pilot Program is the best way to get started, must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultra-light; fly by day only in Canada with one passenger; can easily add float rating to permit. LS Airways Flight Academy 204-651-1402.

NOTICES

SPRING HIRING? REGISTERING spring programs? Having an AGM? Have your blanket classified ads seen in the 31 Member Newspapers which are seen in over 368,000+ homes in Manitoba. Now booking winter and spring advertising for 2024. Please Call 204-467-5836 or MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

AGRICULTURE/ FOR SALE

DeDell Corn Seed, non GMO, Grain & Silage varieties. Excellent drought tolerance rates. More palatable. Diversify your herbicide groups. Lower cost Manitoba farm dealer, 204-268-5224.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

**News Tips?
Story Ideas?**
call the Express
204-467-5836

LAND FOR RENT

RM OF ARMSTRONG

100 acres hay

100 acres of pasture

For more info., please call

1-204-861-8050

RENTAL SUITES

2 bed/1 bath suite available April 1, rent is \$898/month plus cable, sector, garbage, parking if req'd

1 bed/1 bath suite available June 1, rent is \$741/month plus cable, sector, garbage, parking if req'd

55+ Seniors Building in Teulon, close to grocery store, pharmacy, post office, restaurants, banks, seniors council

Contact Andrea at 204 886-2760 or farview@mymts.net for more info

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Book Your Classified
Ad Today -
Call 467-5836



CARD OF THANKS

Thank you to everyone who reached out to Nicole and I after the passing of our lifelong friend, Janice Smith. Your kindness was heartfelt. On occasion Janice would take Nicole to the "Oldie" to play the slots and then we would all meet up for Chinese food. So much fun! Now it's time to play the game you loved so much. Your teammates, Paula, Christine, Janice, and Barb are waiting for you. Love and miss all of you.
-Lori Stevens and Nicole Ouellette

FIVE GENERATION



Celebrating 5 Generations!
96 years between Baba Rose and Baby Elliot.
Rose Potoski, Carol Jacobson,
Jennifer Jacobson,
Bailey Sigvaldason,
Logan Sigvaldason, Elliot Parada

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Good selection of yearlings and 2 year old. Bulls sired by SAV Top Soil & HF Roper 27F, Peak Dot Profound 1005G. Birth Weights 90-95 lb. Moderate frames. Cow Bulls. Semen Tested. Delivery available.
For more information call 1-204-861-8050.

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Will be semen tested. Delivery & EPD's available

**For more information call
Ken at (204) 376-2418
or (204) 641-3788
KLCC Charolais, Arborg**



Local Urban District of FISHER BRANCH

The Town of Fisher Branch is seeking a Town Gardener for the 2024 Summer Season!

We are looking for a highly motivated and mature individual to help beautify our town for homecoming. Responsibilities will include planting flowers, watering, fertilizing, grass cutting and tree trimming. Maintain the beauty of plants, outdoor grounds, and trees in Fisher Branch. Additional help on projects will be supplied via the Town Green Team, Liaison with other community groups to beautify town spaces.

Wages will be based on experience and individuals will be able to work hours suitable to their lifestyle. A vast knowledge of plants and landscaping is ideal. Start date will be dependent on spring thaw and winter freeze up. Deadline for applications will be April 2, 2024, at 12:00 pm.



TOWN OF ARBORG PART-TIME ECONOMIC DEVELOPMENT OFFICER

The **Town of Arborg** is seeking applicants for the part-time position of Economic Development Officer (EDO). Reporting to the Chief Administrative Officer, the Economic Development Officer is responsible for developing and implementing community economic strategies and initiatives. Preferences will be given to candidates possessing the following qualifications:

- Able to provide creative leadership
- Excellent communication skills
- Sound personal judgement, discretion and credibility
- Good problem solving and entrepreneurial skills
- Broad general knowledge of business and government
- Able to handle a variety of projects and deadlines
- Grant application skills
- Can undertake research projects and prepare comprehensive reports
- Able to attend meetings that may be outside of regular business hours
- Excellent computer skills
- Proficient in current information technologies
- Valid driver's license and vehicle access
- Degree in Commerce, Economics, Marketing and/or Public Relations or related experience

A detailed job description is available upon request.

Employment Start Date: TBD

Application Deadline: Posting will remain open until a suitable candidate has been selected.

Compensation: Salary will be dependent upon education and experience.

Direct Applications to:

C.A.O. Cindy Stansell
Town of Arborg
PO Box 159, 337 River Road Arborg, MB R0C 0A0
E-mail: caoarborg@mymts.net
Phone: 204-376-2647 Fax: 204-376-5379

We thank all candidates for their interest, however, only candidates selected for interviews will be contacted. Applicants selected for an interview will be required to provide references.

THE RURAL MUNICIPALITY OF ARMSTRONG INVITES REQUEST FOR QUOTATION FOR 2024 Class A Quarried Limestone Hauling and Spreading

The Rural Municipality of Armstrong (RM) is seeking quotations from qualified bidders for Hauling and Spreading of Limestone; to be deposited on municipal roads throughout the RM, as directed by the RM.

Quotation packages including submission documents are available at the RM Office at 1094 Highway 17, Inwood Manitoba, and MERX

Sealed submission clearly marked "2024 Class A Quarried Limestone Hauling and Spreading" will be received at the RM Office up until 12:00 p.m., local time on Friday April 5, 2024. Late and incomplete submissions will not be accepted. Quotes will be opened Friday April 5, 2024, at 3:00pm at the RM office, members of the public may attend.

All inquires related to the Request for Quotation should be directed to:

Ken McMahan at 204-390-6175

Quotations may be submitted to:

RM of Armstrong
1094 Highway 17
Box 69, Inwood, MB ROC 1P0
Phone: 204-278-3377
Or dropped off at the RM office.

The lowest quote may not necessarily be accepted.



RURAL MUNICIPALITY OF GIMLI EMPLOYMENT OPPORTUNITY

MUNICIPAL SERVICES CLERK

This full-time clerical position requires a dynamic individual who is responsible for providing secretarial, clerical, and administrative support to ensure that municipal services are provided in a professional, effective, and efficient manner.

PRIMARY RESPONSIBILITIES:

- Receptionist duties such as greeting clients at front desk, answering calls/dealing with inquiries and complaints, processing payments and permits.
- Distribution of messages & mail.
- Word processing, spreadsheet design and data entry and general secretarial support.
- File management / maintenance.
- To relate positively to a wide variety of people, often in stressful situations.

SKILLS & QUALIFICATIONS:

Applicants must have excellent communication, organizational and time management skills with the ability to set priorities and meet deadlines; strong customer service skills and the ability to effectively interact with other support and professional staff and the public; experience with Microsoft Office applications is required; demonstrates ability to work under minimum supervision and in a team setting.

Preference will be given to applicants who have completed a recognized Post-Secondary Office Administration Program and who have several years' experience in providing administrative support services.

Salary range: as per current Union Agreement and dependent upon skills and qualifications.

The position will remain open until filled. Applicants will be considered starting March 21, 2024.

Please submit resume with cover letter and 3 references to:

Kelly Cosgrove, CMMA
Chief Administrative Officer
Rural Municipality of Gimli
62 - 2nd Avenue, PO Box 1246
Gimli, MB. ROC 1B0
Email: kcosgrove@rmgimli.com
Fax: 204-642-6660

We thank all applicants for their interest; however, only those selected for an interview will be contacted.

Classifieds Announcements



Book Your Classified Ad Today - Call 467-5836 or Email ads@expressweeklynews.ca

IN MEMORIAM



In loving memory of our dear Wife, Mom and Gramma **Joan Pich** who passed away March 20, 2020
You left us beautiful memories, Your love is still our guide; Although we cannot see you, You're always at our side.
-Forever loved and remembered by Lawrence, Cheryl, Kurt, Cindy, Tom, Nevaeh, Monika, Aurora and Sparkie Love you forever!!

IN MEMORIAM



John Chuba
December 8, 1929 – March 20, 2011
Another year has passed, Since you were called away, Quietly remembered every day, Sadly missed along life's way. No longer in our lives to share, But in our hearts you will remain. Thinking of you.
-Your nieces Cathy and Theresa

IN MEMORIAM

Marilyn Einarson
March 21, 2022
May the winds of love blow softly, And whisper so you can hear; We will always love and miss you, And wish that you were here.
-Lovingly remembered by her husband David and her two sons Jon and Eric

IN MEMORIAM



In Loving Memory of **Olga Blahey**
Passed away March 22, 2019
Those we love don't go away, They walk beside us everyday, Unseen, unheard, but always near, Still loved, still missed and very dear.
-Love Bruce Sharon, Karen, Kathy and families

IN MEMORIAM



Mom (Viola Kiesman)
1935 – 2023
We cried when you passed away, We still cry today, Although we loved you dearly, We couldn't make you stay. Your golden heart stopped beating, We laid you down to rest, God broke our hearts to prove, That he only takes the best. We love and miss you everyday mom.
-Love Debby, Larry and family Maevia, Darrel and family Kim, Bradley and family Holly and family

OBITUARY



Richard Donald Reimer
It is with great sadness that we announce the passing of our beloved husband and father Richard Donald Reimer, who passed away peacefully at home surrounded by his family, on the evening of March 9th, 2024 at the age of 71.
After a long and courageous battle with cancer, he was ready to go home to his Heavenly Father. Rick's faith remained unwavering as he faced the many struggles of his illness in the last years of his life. He was an inspiration to those who knew him.
Rick was born in Winnipeg in 1952. His childhood was spent in St. Vital, where he grew up with three siblings including a twin brother. He excelled at school and in sports, later going on to attend Wayland Baptist University in Texas on a scholarship for track and field.
After graduating university, he moved back to Winnipeg where he managed a fitness centre. This is where he met Colleen, who he married in 1988. Wonderful years followed as they raised their three children together, Sam (1993), Holly (1995), and Joelle (1997). Rick loved being a dad and he greatly enjoyed spending time with his family going hiking, tobogganing, on bike rides and family road trips. Also special for him were the trips to the Dominican with Colleen and their close friends, and many good times at the cottage in Victoria Beach. Rick had a passion for watching hockey and football, reading books, and bird watching in the backyard. He also loved a hot cup of tea, cookies, and extra cheese on everything!
Rick worked hard and always pursued excellence in everything he did. He started managing fitness centres and then went on to own his own gym. A career path change led him to become an advertising sales rep for the community newspapers in the Interlake. He later became publisher of the newspapers in southern Manitoba. Rick and his two business partners then went on to establish their own group of award-winning community newspapers.
Rick was a devoted husband and loving father. His family and friends will miss the many conversations with him in which he shared his insight, wit and wisdom. We will also miss the many laughs we had as he shared his fun-loving and goofy side, which was so endearing.
He will be forever cherished by his beloved wife of 35 years Colleen, and children Sam, Holly (Chris), and Joelle. He is predeceased by his father Stanley Reimer and brother-in-law Tim Jeffrey. He is survived by his mother Joan Reimer as well as his siblings Daryl (Ruth) Reimer, Dave (Marty) Reimer, and Corrine Jeffrey. He will also be remembered by his nieces and nephews, aunts and uncles, cousins, Colleen's side of the family, as well as many dear friends and colleagues.
In lieu of flowers, donations may be made to Siloam Mission in memory of Rick.

OBITUARY



Robert Kenneth Yablonski
It is with heavy hearts that we announce the passing of Robert Kenneth Yablonski on March 13th, 2024. After his long battle with diabetes, he passed away peacefully in the bunk of his truck on his last long-haul trip in Radisson, Saskatchewan.
He will be lovingly remembered and sadly missed by his wife of 39 years Andrea and his daughters Nicole and Kerstin and fiancé Tyler Irwin. He is survived by his mother Patricia Yablonski; sister Vicky (Ronnie); niece Amanda and her children Kelly and Kody; nephew Michael (Kara) and their son Westyn; sister Diana (Roger); brother Brian (Tracy), children Braden, Mathew and Ethan; sister-in-law Amanda and children Jenifer, Landon, and Ryder.
He was predeceased by his father Peter in 2004, his son Steven in 2009, and his brother Jamie in 2021.
He was born August 3, 1961 in Gimli Manitoba and grew up in the town of Fraserwood, on his parent's farm just outside of town.
A funeral service will be held at 12:00 noon on Friday, March 22, 2024 at St. Michael's Church in Gimli MB.
Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



Crossword Answer

	S	D	V		D	E	N	V	R	C	
	N	E	K		S	T	V	D	E	P	
P	E	O	L	I		B	W	I	L		
V	N	V	R	I	L		V	N	V	L	T
N	V	W	H	S		N	E	H	L	B	V
K	C	U	B	W	V	S		O	P		E
					M	E	L	S		S	E
H	S	S			S	I	R	V	S		C
E	G	V	G			H	V	E	G		
H	G	I	N		D	V		S	N	E	D
S	E	L	I	E	D		I	T	U	N	N
E	T	V	R	E	L	I		N	O	O	G
	N	V	H	L	V	N		V	R	I	C
	H	R	E	T	S	L		E	O	R	

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X CROSSWORD

CLUES ACROSS

- 1. Small Eurasian deer
- 4. Irish county
- 10. A major division of geological time
- 11. Broadway actor Lane
- 12. Canadian province (abbr.)
- 14. Human gene
- 15. Two
- 16. A famous one is blue
- 18. Utter

WANTED

Coins, Coin Collection, Old Jewelry, Bullion +!



Cash paid for silver coins, gold coins, rare coins, old coins & paper \$, Olympic coins, Royal Canadian Mint Coins, Franklin Mint, US Mint etc, unwanted jewelry, old Rolex & Omega watches, nuggets, sterling silver, Bullion, all Gold & Silver!

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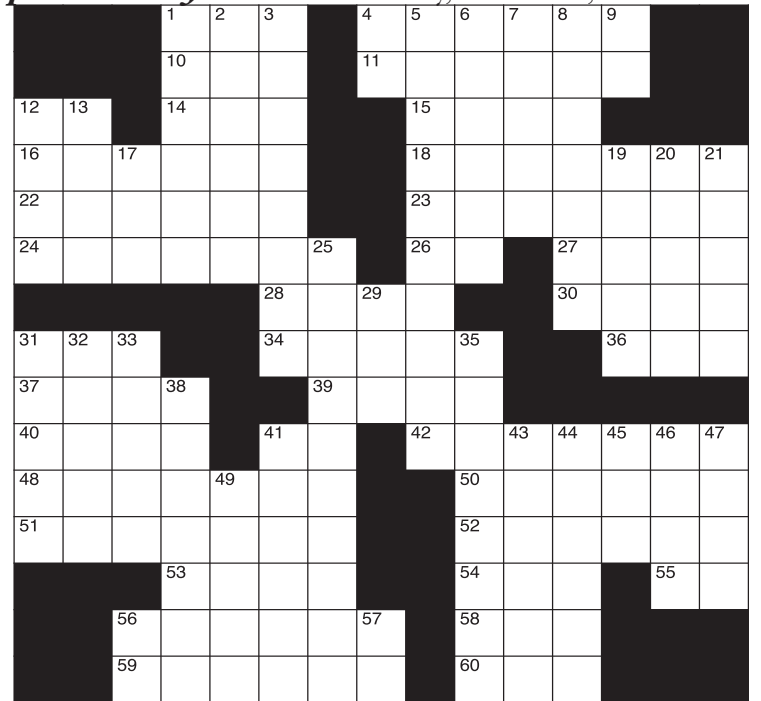
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- repeatedly
- 22. Ring-shaped objects
- 23. Spoils
- 24. Occurs
- 26. Commercial
- 27. Near
- 28. Products you may need
- 30. Pledge thrown down as a challenge
- 31. TV network
- 34. Silk or cotton garments
- 36. Soviet Socialist Republics
- 37. Retired American football coach Dean
- 39. Hot dish
- 40. A type of gin
- 41. Atomic #84
- 42. Sawhorse
- 48. About ground
- 50. Medicine man
- 51. Seedless raisin
- 52. Capital of Albania
- 53. Appendage
- 54. OJ trial judge
- 55. By the way (abbr.)

- 56. Bicycle parts
- 58. Barbie's friend
- 59. Moved one's neck to see
- 60. Commercials

CLUES DOWN

- 1. Make up for
- 2. Baltimore ballplayer
- 3. Salary
- 4. Influential world body
- 5. Engravers
- 6. Declared as fact
- 7. One who steals
- 8. Jewelry
- 9. Hospital employee (abbr.)
- 12. Nonsense (slang)
- 13. Town in Galilee
- 17. Value
- 19. A fake name
- 20. Sheep in their second year
- 21. Town in Surrey, England
- 25. Appropriate for a particular time of year
- 29. Creative works
- 31. Recesses
- 32. W. Pacific island group



- 33. Tolkien character
- 35. Ancient symbol co-opted by the Nazi party
- 38. Pioneer
- 41. Scribe
- 43. Painted a bright color
- 44. Lowest members of British nobility

- 45. Actress Thurman
- 46. Type of sugar
- 47. Crest of a hill
- 49. N. American people of British Columbia
- 56. Device
- 57. The Mount Rushmore State



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Equipment

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Electric Start
Inverter Generator
3 yr Warranty

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(ALL IN PRICE)



HONDA
Power
Equipment

EU2200itc
Inverter Generator
2200 watts
3 yr Warranty

\$1479⁰⁰

(ALL IN PRICE)



HONDA
Power
Equipment

WX10TCI
Water Pump
Portable 1"
Lightweight

\$609⁰⁰

(ALL IN PRICE)



HONDA
Power
Equipment

WB20XT46
Water Pump
Utility 2"
Easy Start

\$609⁰⁰

(ALL IN PRICE)



HONDA
Power
Equipment

WB30XT3CI
Water Pump
Utility 3"
Easy Start

\$789⁰⁰

(ALL IN PRICE)



HONDA
Power
Equipment

FG110KIC
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9" Lightweight

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HONDA
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Equipment

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Tiller
Mid-Tine 21"
Easy Start

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Equipment

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EFI

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Start, EFI

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