



WEEKLY NEWS Slava Ukraini! www.expressweeklynews.ca VOLUME 9 EDITION 11 THURSDAY, MARCH 17, 2022

SERVING LUNDAR, ASHERN, ERIKSDALE, MOOSEHORN, FISHER BRANCH, RIVERTON, ARBORG, GIMLI, WINNIPEG BEACH, ARNES, MELEB, FRASERWOOD



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204-376-5233



EXPRESS PHOTO SUBMITTED

Daniel Stagg won the largest overall Northern Pike category with a 111-centimetre fish he caught in the Interlake-wide February Fishing Frenzy hosted by the Interlake Tourism Association.

> everything you need to know in your locally owned and operated community newspaper



Frenzied fishers faced frosty February competition

By Nicole Brownlee

Fighting frigid temperatures and brisk winds, the RM of Coldwell secured the title of the Ice Fishing Capital of Manitoba in the Interlake-wide February Fishing Frenzy.

Hosted by the Interlake Tourism Association and Angler's Atlas, 12 communities and 51 community members participated in the first annual competition.

"It went really well," said Melissa Van Soelen, manager of the tourism association.

"I got lots of emails back from people who did participate saying that they can't wait for next year."

The organizations expected more community members to join the contest but agreed the weather wasn't encouraging for ice fishers. Van Soelen said when she was able to fish in February, she was often the only person on the lake.

"We were hoping for way more (participants), so next year we're going to do it in March," said Van Soelen.

The RM of Coldwell led the competition with 161 points from 19 members. Selkirk won second place with 89 points from seven members and St.



Blaine Fortin and the longest walleye.

Andrews narrowly beat St. Clements with 77 points from three members.

"We were very excited when we found out that we were the Ice Fishing Capital," said Breanna Rae, recreation director for the RM of Coldwell.

In addition to winning the top spot in the Interlake, weekly prizes from local businesses were given to fishers



Jeremy Pachkowsky and the secondlongest Lake Whitefish.

who caught the smallest and largest fishes of different species.

"People signed up for Coldwell to try to compete for our prizes and, in return, that increases tourism in our small community," said Rae.

Local businesses in Coldwell donated money or prizes like a Strike-Master electric ice auger, underwater camera and fishing supplies.

"The support from the community members in terms of sponsorships and donations was so awesome," said Van Soelen.

The organizations plan to host an-

GIMLI LOCATION

72 Centre Street, Gimli, MB

Our office is open 9-5 Mon to Fri

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EXPRESS PHOTOS SUBMITTEDFebruary Fishing Frenzy fisheries stats.

other Fishing Frenzy tournament next

Rae said the community is looking forward to defending their title.

RIVERTON LOCATION 33 Main St. Riverton MB Open Mon & Wed 9:30-4:30

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Continued on page 3



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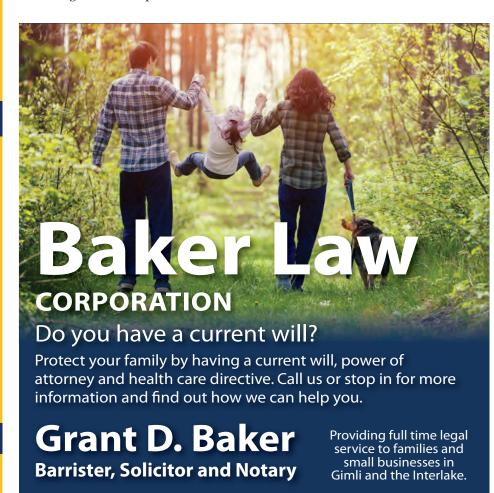
Both offices will be closed Friday April 15, 2022 to observe Good Friday

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> FRENZIED FISHERS, FROM PG. 2

Individual Winners

Brandon Kintop won the longest overall walleye category, with a catch measuring 72.4 centimetres. Jesse Waterman and Jordan Liske came in second and third place with 70.5-centimetre and 69.8-centimetre catches.

Waterman snagged first place with the longest overall Lake Whitefish at 52.1 centimetres. Jeremy Pachkowsky was short 0.1 centimetres from Waterman and came in second place with his catch.

Waterman also caught the most species throughout the tournament.

Daniel Stagg won the largest overall Northern Pike category with a 111-centimetre fish. Christ Melnyk caught a 104-centimetre pike, and Hope Ace a 104-centimetre pike.



Jordan Liske placed third with his 69.8-centimetre walleye.

Stagg also won the longest overall Burbot with a 76-centimetre catch. Dale Sauve and Blaine Fortin won second and third place with 71.1- and 68.1-centimetre Burbots.



Keevin Erickson recorded the smallest fish

The longest overall Yellow Perch was awarded to Derek Krywyj at 30.5 centimetres. Second and third place went to Richard Dandeneau and Kur-



Daniel Stagg with the longest Burbot.

tis Hause, with fish measuring 27.2 and 26.3 centimetres.

The best release video submitted overall to the competition went to Paul Monkman. Monkman won a bump board, Manitoba Wildlife Federation hat, buff and one-year membership.

Camp Stepping Stones volunteers in demand



PHOTO SUBMITTED

Camp Stepping Stones is geared for kids aged seven to 17 who have recently lost a parent or somebody close to them.

By Jennifer McFe

Camp Stepping Stones will be back in person from June 3 to 5 and volunteers are in demand.

This camp is geared for kids aged seven to 17 who have recently lost a parent or somebody close to them.

Different volunteer options are available, such as serving as cabin leaders and helping with activities.

"Volunteers are welcome to come for the weekend or for a few hours," said Crystal Behrends, palliative care volunteer co-ordinator. "We are especially looking for volunteers to do sewing of pillows for a few hours on Saturday, June 4."

For more information, visit www. ierha.ca and click on "Care in Your Community" then "Palliative Care" followed by "Camp Stepping Stones"



or contact Behrends at cbehrends@ ierha.ca, 1-855-494-7369 or 204-785-7542.





Water main renewal scheduled for Gimli

By Patricia Barrett

The Municipality of Gimli will be replacing water mains along two residential streets in the town of Gimli.

Fifth Avenue and Sixth Avenue, between North Fifth Avenue and Colville Drive, are scheduled to have their water mains replaced. The upgrade will also include the installation of new curb stops.

Fifth Avenue and Sixth Street in Gimli's South Beach neighbourhood are not part of the project.

The town is subject to water main breaks. Periods of freezing and thaw can move the ground, which applies pressure on the town's aging water lines.

The RM is working with JR Cousin Consultants. Cambrian Excavators is the contractor carrying out the work.

The project is estimated to cost \$4.7 million.

"The project is estimated at \$4,721,975," said chief administrative officer Kelly Cosgrove. "The RM will be required to pay \$2,721,975 and the Manitoba Restart Program will provide a grant of \$2 million."

While the installation of new lines is being completed, residents will be given access to temporary aboveground water services, which will be delivered via an outside tap on a dwelling.

The contractor will be excavating boulevards and parts of private property in order to connect dwellings to the new water main. The excavated areas will be restored and seeded with grass.

"It is inevitable that some infrastructure and trees may need to be removed as the new water line is installed," states a notice on the RM's website. "Topsoil for each excavated area may be a few inches higher to allow for settlement. The contractor will

make arrangements to water all areas seeded until grass growth has started but then homeowners are expected to assist after contractors leave.'

Some residents may use lose temporary access to their driveways during the work; people can park on adjacent residential streets, the notice says.

The installation of the main lines is anticipated to take between eight and 10 weeks. It was scheduled to start this week. Installation of the service lines is expected to start on May 2 and take 10 to 12 weeks. The final restoration work is expected to be completed in the spring of 2023.

Other council news:

Farmer Jordan Dankochik will be setting up an auction business called Norseman Auction on his property north of Gimli after council approved his proposal at its March 9 regular meeting.

Council approved a conditional use that will allow Dankochik to operate the company and also approved a variance that will allow the sale of

Auctions will focus on the sale of small hobby farm animals and specialty sales of horses and purebred cattle, according to Dankochik's proposal. It will also include local vendors selling their goods.

"I would like to have consignment sales once a month to start. Along with seasonal livestock sales," wrote Dankochik in his proposal. "I'm hoping to have additional local vendors sell their goods."

He contacted the provincial agriculture department to discuss a dealer's licence and disease tracking, he said.

He anticipates sales during the summer will attract about 300 people, he said, and that the community would "benefit" from his operation.



EXPRESS FILE PHOTO BY PATRICIA BARRETT

In 2018, a water main break on Centre Street and Third Avenue in Cimli closed the streets in both directions.

"These consignment sales will bring in business for the whole RM and provide locals with high exposure through live and online sales," wrote Dankochik.

He will be providing parking on his property.

The RM's municipal emergency measures co-ordinator Don Emes wrote in his February 2022 report that he responded to inquiries about Willow Island channel dredging at "Jill's Place."

The municipality said it has no information about the dredging.

"The RM of Gimli has no information on this," said Cosgrove. "The municipality was not a part of this work."

The Express contacted Emes for com-

The Association of Manitoba Municipalities, which represents 137 municipalities, provided results in late February of a survey that was carried out on COVID-19's fiscal impact on municipalities.

Collectively, municipalities experienced an operating loss of over \$91 million in 2021 and spent more than \$7 million on pandemic-related measures. Recovery is estimated to take a number of years.

"According to survey data, municipalities in Manitoba collectively experienced an estimated \$91.8 million operating loss in 2021 while an additional \$53.3 million shortfall has been forecasted for 2022. Municipalities have also incurred \$7.3 million in pandemic-related costs related to staffing needs, purchasing PPE, and enforcing provincial public health orders," wrote the AMM.

"In addition, 89% of municipalities have experienced further operating losses since the Province of Manitoba flowed \$106 million on behalf of the federal government under the Safe Restart Agreement ... in October 2020. Consequently, 52% of municipalities indicated that it could take between two to eight years to financially recover to pre-crisis COVID-19 levels."

Calling emerald jiggers for St. Patrick's Day

By Nicole Brownlee

Red River Jiggers and St. Patrick's Day celebrators can meet at the Ashern Motor Hotel's Good Times Bar & Grill on March 17.

The Ashern Hotel is hosting their first annual jigging competition on St. Patrick's Day, offering prizes to the best jiggers, emerald-clad audience members and hula hoopers.

"We're hoping for spring, so we figured throw something summery in there," said Sandee Friesen, the bar owner.

The hotel wanted to host a special night to attract diners back to the restaurant as public health restrictions

"I know that people are happy to be dancing again, so I said, 'Let's do some jigging,'" said Friesen.
"It would be fun to do something

that people enjoy."

Though she can't jig, Friesen said she loves watching Red River Jigging.

"I've watched people jig for many years. There's been a lot of bars around Manitoba that I've attended

where jigging is a huge thing," said Friesen.

"When you have a live band who plays a really good Red River Jig, you get people jigging, and it's just amazing to watch."

Hosted by Dave Greene, the Good Times Bar & Grill invites audience members to sing karaoke to accompany the dancers.

The audience will also vote on their favourite performers through ballots and have the chance to win a free drink if they wear green to the event.

"We're all in need of fun nowadays," said Friesen.

Participating jiggers will be charged an entry fee and compete in male and female categories.

The collected fees will be awarded as first, second and third place prizes for the best male and female dancers. The vendor and the bar will also throw in additional gifts.

To find more information on how to sign up for the competition, visit the Ashern Hotel - Good Times Bar Facebook page.

Gimli approves hunting, angling outfitter lodge/vacation establishment in Spruce Bay

By Patricia Barrett

The Municipality of Gimli council approved a proposal to establish a farm vacation establishment and a fishing and hunting outfitter lodge on Spruce Bay Road in Spruce Bay.

Spruce Bay is about 21 kilometres north of Gimli. Boreal Plains Eco Adventures & Accommodations' owners Sean and Alyssa Dueck had submitted a proposal to the municipality asking for permission to set up their business.

"Our family is passionate about the outdoors and our business aims to showcase the beauty, businesses and opportunities that the Interlake has to offer," they wrote in their proposal. "Our property will host accommodations, guided tours, educational experiences and seasonal outdoor activities."

RM of Gimli chief administrative officer Kelly Cosgrove said the proposal was approved during council's March 9 regular meeting.

The business will operate on a year-round basis, except on select holidays, wrote the Duecks. There will be minimal traffic to their site and their property can accommodate eight to 10 vehicles at one time.

The Eastern Interlake Planning District (EIPD) said in its planning report that the 10-acre property was purchased in the fall of 2021 and a permit for a dwelling had been issued. But there were activities being held on the property that didn't have municipal approval.

"It was brought to our attention that a business, in the form of camping, was occurring on the site without appropriate approval. A letter was sent to the owners on January 7, 2022 to contact our office - they did so on January 27, 2022," wrote the EIPD. "After discussion with the owners, it was determined that the business occurring would fall

into two different use categories in the Zoning By-Law as follows: Farm Vacation and Fishing and/or Hunting Outfitter Lodge."

A farm vacation is defined as an establishment that has guest rooms or cabins for the public for recreational and eco-tourism activities. A fishing/ hunting outfitter lodge is also defined as having guest rooms or cabins. Both allow a maximum of five rooms and a maximum of 20 guests.

The EIPD said because there are two categories being applied for, double occupancy will ensue unless council sets conditions.

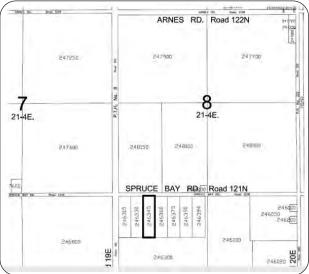
"For example: they would be allowed 40 guests, 10 detached structures, 10 rooms in the principal dwelling," wrote the EIPD. "Therefore, it is highly recommended that if Council approves the two uses that it be approved on single occupancy. For example: subject to a maximum of 20 guests, 5 detached structures and 5 rooms in the principal dwelling, in total, on the property."

The EIPD didn't include information about how sewage will be handled in detached structures.

The municipality posted 13 letters of support on its website (accompanying its March 9 agenda) from area residents and from residents who live in Gimli. No letters of objection appear.

A woman who lives in Gimli wrote that she supports Boreal Plains' proposal as it will give people an opportunity to enjoy the outdoors.

"This is a wonderful hospitality business that gives people, both locals and tourists, the opportunity to enjoy our beautiful Interlake outdoors," wrote D. Loewen. "They offer accommodations that are unique and appeal to a wide variety of people, including those who already enjoy the outdoors frequently and those who may typically shy



EXPRESS EASTERN INTERLAKE PLANNING DISTRICT Boreal Plains, a new hunting and angling outfitter lodge/vacation establishment, is located east of Highway 8 on Spruce Bay Road, about 21 kilometres north of Gimli.

away from outdoor adventures. It is truly a special place."

Another woman, who lives on the outskirts of Gimli, said the business will bring something unique to the area.

"I am writing to express my support for Sean and Alyssa Dueck's business, Boreal Plains. I think it brings something very unique and needed to our area. Especially in regards to ecotourism and history," wrote J. Plett. "What a great way to bring more business into our community in a way that is thoughtful and respectful to the history and heritage of Gimli and the Interlake!"

\$2.86 million for new conservation projects from the Conservation Trust

Submitted by Manitoba Habitat Heritage

The Manitoba Habitat Heritage Corporation board of directors recently approved \$2.86 million in new grants to 20 projects delivered by 14 Manitoba-based conservation

"These funds provide new opportunities to improve wildlife, water and soil conservation across the province," said Stephen Carlyle, chief executive officer of the Manitoba Habitat Heritage Corporation (MHHC).

The revenue source for these projects is \$204 million in contributions made to The Winnipeg Foundation between 2018 and 2020 to establish three trusts dedicated to land, water and wildlife conservation. MHHC manages granting programs for the trusts.

Establishment of the Conservation Trust, the GROW Trust and the Wetlands GROW Trusts in Manitoba resulted in permanent revenue sources for new conservation activities. The trusts focus on restoring natural areas in the rural landscape to help address floods and droughts, water quality, wildlife habitat and biological diversity, carbon sequestration and connecting people to nature.

"The conservation investments will help make our landscape more resilient to the impacts of climate change in the future," said Carlyle.

Projects supported include:

\$400,000 to Manitoba Beef Producers to support projects that help cattle producers conserve grasslands and enhance habitat for threatened and endangered birds

\$200,000 to Holistic Management Canada to support its Regenerative Agriculture Accelerator Project, which helps Manitoba agriculture producers incorporate soil,

water and wildlife conservation into their farming opera-

\$400,000 to Ducks Unlimited Canada to conserve and restore wetland and grassland habitats in the prov-

\$25,000 to the Canadian Parks and Wilderness Society - Manitoba Chapter to work with the Fisher River Cree Nation to develop a conservation areas plan for the Fisher River watershed

The \$2.86 million in trust funds is being matched by \$6.6 million in funds and services by the groups, which will result in \$9.5 million of conservation activity in Manitoba.

"An additional \$7.5 million will be awarded in April for watershed-based conservation projects under the GROW Program delivered by provincial Watershed Districts, bringing total grant funding from the trusts to \$10.3 million in 2022," said Carlyle.

Since the first projects received trust funding in 2019, a



total of \$20.86 million has been committed to 139 conservation projects delivered by 47 Manitoba-based

Serving its mandate to conserve fish and wildlife habitat in the Manitoba for the past 36 years, MHHC became a private, not-for-profit charitable organization in 2021. In addition to direct conservation program delivery, MHHC manages granting programs programs from the trusts.

Visit www.mhhc.mb.ca.



€XPR€SS WEEKLY DEWS





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Call Patricia Barrett 1-204-407-6099 patricia@expressweeklynews.ca



Tuesday marked the end of COVID-19 restrictions

By Ashleigh Viveiros

The last of Manitoba's public health orders and restrictions relating to CO-VID-19 lifted on Tuesday.

March 15 marked the first day Manitobans were no longer required to wear masks in public spaces. The day also saw the end of travel restrictions in northern Manitoba, individual case investigations related to COVID-19, and self-isolation requirements for those who test positive for the virus.

"Thanks to the commitment, compassion and hard work of all Manitobans, particularly our health-care heroes, we are finally in a position to lift restrictions," Health Minister Audrey Gordon said in a statement released Monday.

"This path forward will be different for all of us, whether we choose to wear masks or not, or how and when we connect with family and friends. Let's be patient, thoughtful and kind to each other as we navigate this new normal together."

While the mandates are gone, public health recommendations remain.

Symptomatic individuals are still encouraged to stay home and isolate, and even someone who isn't showing symptoms but tested positive should isolate for five days from the date of the test. Anyone with symptoms or a positive test should avoid non-essential visits to higher-risk settings or with people with a high risk of negative COVID-19 outcomes, officials say.

To help prevent the spread of CO-VID-19, officials continue to recommend Manitobans get vaccinated, stay home when sick, assess their risk and make decisions about using masks, physical distancing and other actions based on those risks.

While masks are no longer mandated in public spaces, they are still required in all health-care facilities. This includes clinics, hospitals and personal care homes.

Shared Health stressed last week that this decision was informed by experts in infection prevention and control and will be evaluated continuously moving forward.

"Manitoba's health-care facilities and care settings provide services and care to thousands of patients, residents and clients daily, many of whom are at increased risk of severe illness if they become infected with COVID-19," Shared Health said.

"While health system leaders continue to monitor the transmission of COVID-19 in our province over the coming weeks, we are taking this extra preventative step in an effort to provide protection and comfort to the Manitobans who seek and receive

Screening for symptoms and exposure will also remain in place at health-care facilities.

On Monday, the province's online COVID-19 dashboard put the number of people in hospital with the virus at 414 (182 actively contagious), including 20 total ICU patients (14 contagious). The death count had reached 1,716 people.

letter to the editor

Letters to the Editor: letters@expressweeklynews.ca

Cautionary tale

As a farm girl, did I ever think I would get close enough to a deer to get tossed/trampled? No. Many of you will already be shaking your heads and saying 'she should have known better!' Intellectually I do; however, this past week, while out walking our dogs, we encountered a terrorized deer.

Picture high snow banks, a narrow trail and nowhere for any of us to go. My senior dog Lua got knocked off the path and became stuck in the snow with the deer far too close. My other two moved away from the deer but, unfortunately, this eliminated "run away room." I chose to wade in to get Lua out.

The result ... she ended up at the veterinarian while I went to the ER. I am only bruised, stiff and sore. Lua, due to her age and enlarged heart, just couldn't recover from the trauma and died.

My husband thankfully came to our rescue and informed me there were coyotes in the nearby field.

While most of us say we will always be able to stay out of danger's way, our experience is a cautionary tale for others. A doe with fawns in our yards, while cute, can turn deadly for

our children and pets. They are mothers protecting babies. Getting selfies with bucks in the background will probably not end well.

Deer are hungry this year, as are covotes, and both have been in my yard, and many of yours, even if you live in town.

I believe that most of us would take action to save our children and pets. That doesn't make us fools, but it does make us far less aware of very real danger. I would not wish our experience on anyone. Please understand the danger that wildlife presents and be careful out there!

- Arlene Bodnar

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EXPRESS PHOTO BY LANA MEIER

Snowplows and trucks were busy last week keeping the highways clear. Mother Nature continued with more snow and wind throughout the week. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@expressweeklynews.ca

Habitat for Humanity's Gimli Chapter announces partner family

Submitted by Dan McKelvey

The Habitat for Humanity Gimli Chapter is pleased to announce a partnership with a single mother of four children.

Chantel and her children, Emma, Kaiden, Caleb and Logan were accepted and are looking forward to moving into their five-year-old Habitat for Humanity home later this month. The Gimli home was built in 2016, and the original family has since moved, making the house available.

Habitat for Humanity partners with working, low-income families to help them purchase their first energy-efficient home through a unique, affordable homeownership plan. To qualify for the program, applicants must meet minimum standards that include but are not limited to one person in the home working a full-time job, or the equivalent of, for a minimum of two

Applicants must have children, have good credit, be willing partners in the homeownership process, and pay an affordable mortgage. The mortgage terms make the program affordable; no down payment, interest-free 15year mortgage with payments geared to income. Payments are calculated annually so that families never pay

more than 27 per cent of household income on shelter costs. Also, as a part of the program, the family is required to contribute 500 hours of sweat equity volunteering in the community. In the case of a new home, the family would complete most sweat equity hours helping with the house build.

Chantel has previously been involved in volunteering in Evergreen School Division art programs, the Wave Drop-in program, and the community of Arborg's Bridge Drop-In Program, where she assisted with art, music and outdoor activities. Chantel currently works in the restaurant industry employed as a server/supervisor with RnR Restaurant for the -past three years.

"I was shocked and in awe that my family was chosen. I feel that I have been given a chance to create something beautiful for my children, an opportunity for change and growth," said Chantel after finding out she was accepted.

She went on to say, "We are opening a new chapter in our lives. It is important for my children to have a place to call home. They deserve to feel safe and secure knowing that this home will belong to us, and they will grow



EXPRESS PHOTO BY LANA MEIER

The Habitat for Humanity Gimli Chapter is pleased to welcome Chantel and her four children to the Gimli home built in 2016.

up and create wonderful memories."

Habitat For Humanity Gimli Chapter is exploring options regarding an additional lot next door to the existing home. No build is planned at this time, although we would like to encourage local groups or individuals to come forward to become part of our Habitat for Humanity committee.

If you have an interest in learning

more about Habitat for Humanity programs or supports, please feel free to contact Carmen Fredborg, manager of family selection and support, at cfredborg@habitat.mb.ca.

For more information, contact John Bucklaschuk at rwjmb@mymts.net, Marty Friesen at martyf@diemomachine.com or Dan Mckelvey at dndmckelvey@gmail.com.

Faith Mission has supplies en route to Ukraine

By Ashleigh Viveiros

Faith Mission (FriedensBote) in Winkler is putting a call out for donations as it continues to try to help the people of Ukraine.

The Christian ministry has sent clothing, blankets and bicycles to those in need in Ukraine and other former Soviet Union nations for decades.

It had three shipping containers filled with supplies en route to the region when Russian forces invaded Ukraine three weeks ago, shared secretary-treasurer Jake Elias.

"We have two containers stuck in Turkey right now. They should have already been in Ukraine being unloaded, but they're not," he said, noting the third container was held up in Halifax. "Right now we don't know how we're going to get them into even Poland, where the need is tremendous."

Millions of Ukrainian refugees have fled their homes in recent weeks, seeking sanctuary in neighbouring countries.

While the Halifax container will be relatively easily redirected, Faith Mission is working with its international partners to figure out how to route the other containers from Turkey to where the supplies are needed most.

"The two million refugees that have walked away from their homes, some took a suitcase or a bag with clothing,

but many, many went with what they were wearing," Elias said.

Faith Mission has been in communication with people in Ukraine about the conditions there, and the reports have been sobering.

"I've been getting messages almost every day," Elias said, explaining they have contacts with many churches in the country. "It's scary. We just got a message this morning from Mariupol. ... They were hiding in a church basement and most of the buildings around them were all bombed and flat and they had no food. They were down to drinking sea water because there's no water supply, no electricity. He said it was almost unbearable."

Faith Mission's partner in Germany, Missionwerk Friedensbote, has been working to get food and other emergency supplies into the region.

The mission is asking people to drop off donations of blankets, sleeping bags, wool socks, pillows, clothing and bandage material at their depot in Winkler at 425 Roblin Blvd. (call Elias at 204-362-7575 to arrange a drop-off time).

Elias expects they'll likely have enough supplies to ship another container overseas in the next few weeks, once they work out the safest route.

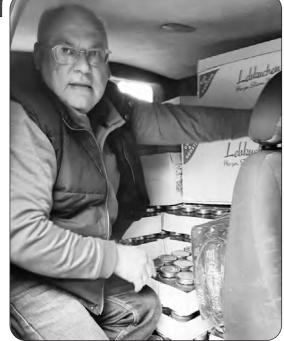
Monetary donations are also needed to help purchase food for refugees in Ukraine, Moldova and Romania.



EXPRESS PHOTOS SUPPLIED BY FAITH MISSION Faith Mission's partners in Germany have been on the ground in and around Ukraine distributing supplies to the millions of refugees who are fleeing the Russian invasion

"Right now we are really pushing for financial help," Elias said, explaining their German counterparts are spending thousands of dollars trying to keep displaced people fed.

E-transfers can be made to info@faithmission.ca.



Lundar man charged in historical sexual assaults Community Support Service



PHOTO FROM FACEBOOK

Joseph Floyd Delaney has been charged with three counts of sexual assault, two counts of sexual interference, two counts of invitation to sexual touching, and one count each of assault and gross indecency.

Submitted by Winnipeg Police Service

In early December 2021, the Winnipeg Police Child Abuse Unit (CAU) was contacted by a survivor of a historical sexual assault that had occurred in Winnipeg. The CAU began an investigation, and two additional survivors were identified regarding sexual assaults that had occurred at various locations in the city during the 1980s. All three were known to the accused. The survivors, now adults, reported that they were children at the time of the as-

On Feb. 24, 2022, the Child Abuse Unit arrested 65-year-old Joseph Floyd delaney of Lundar. Delaney has been charged with:

- Sexual Assault x 3

- Sexual Interference x 2
- Invitation to Sexual Touching
- Assault
- Gross Indecency

The accused was released on bail with conditions as mandated by the Criminal Code of Canada.

This investigation is continuing by the Winnipeg Police Service Child Abuse Unit.

Investigators are aware that Delaney was involved with a church group (specifically theatre productions) in the southwest part of Winnipeg when these assaults occurred. Anyone with information or who wishes to speak to investigators is asked to call the Child Abuse Unit line at 204-986-3296 or Crime Stoppers at 204-786-TIPS (8477).

Al-Anon Gimli and Winnipeg Beach

Meeting place 17B North Colonization Rd. Gimli (Next to the New Horizens)

Meetings are Wednesdays between 7 and 8 p.m.

Contact 204-389-4777

AA Winnipeg Beach

Lady of the Lake RC Church Corner of Hwy. 9 and Lake Ave., Winnipeg Beach

> **Meetings are Saturdays** between 7 and 8 p.m.

Contact 204-340-1855

Seven-day, tuition-free training for uncertified health-care aides upcoming

By Patricia Barrett

The provincial government is continuing to staff personal care homes and other health-care facilities with uncertified health-care aides in response to the effects the ongoing COVID-19 pandemic has had on the health-care system in Manitoba.

Working in partnership with Red River College, the province's Shared Health organization initiated a seven-day training course in November 2020 for uncertified health-care aides (UHCAs) in response to the virus overwhelming the system and exhausting staff.

A new intake of the fast-track course starts in a few weeks, and facilities across the Interlake-Eastern Regional Health Authority have job openings. A spokesperson for the IERHA said the staffing requirements that arose from COVID "demanded an immediate increase in the available workforce to support personal care home residents' needs. This new training program was one of the initiatives put in place."

Leona Wright (RN, BN), the IERHA's director of health services, long-term care program and PCH standards, said UHCA training is tuition-free and will teach applicants basic personal care, infection prevention and other skills.

"Generally, the skills they'll be learning will help them slide in as a member of a [health-care] team. Once they're hired into a casual position, we provide them with on-the-job orientation and mentorship. They're experienced alongside working health-care aides so that they can enhance their learning," said Wright last week. "It's not like they're coming into a personal care home and working independently. We wrap the team around them and support them in some areas where they can use some extra experience."

Although many new UHCAs will find jobs in personal care homes, Wright said there are opportunities across the region for employment in other health-care areas.

"We had the opportunity recently to support [UHCAs] in home care and in acute care in our hospitals," she said. "They were hired to support the heavy workload COVID-19 has presented. There are several opportunities for uncertified health-care aides to support the health-care system."

The seven-day training course con-

sists of five days of theoretical train- an hour," she said. "If you're interesting and two days of a skills lab.

Uncertified health-care aides will undertake duties such as bathing patients/residents, feeding them, helping them walk, monitoring wandering patients, responding to calls for assistance, transporting patients, responding to physical and emotional needs, providing information to the health-care team to assist with planning, cleaning equipment, restocking supplies and maintaining reports and records, according to a Shared Health job posting for UHCAs.

UHCAs may have to deal with aggressive patients. Their positions are covered under a collective agreement with CUPE. Applicants must be 18 and have completed Grade 10. A criminal record check and adult and child abuse registry checks are required before they can work in an IERHA facility.

Wright said that although new graduates are hired into casual positions, which could entail day, night and weekend shifts, they are paid more than minimum wage. They can work up to full-time hours or take a minimal number of hours if they choose.

"They automatically start at \$17.73

ed in dipping your toe in to see if you like health care, this is a phenomenal opportunity."

The IERHA has already hired 36 UH-CAs. Some are students, moms with kids, laid-off workers or people who have other jobs and want to supplement their income, said Wright. Not only does the position provide a segue into health care, but there are also jobs available in IERHA communities where facilities are located, and people won't have to travel far for work.

"This course and these positions have arisen out of the pandemic, and we envision being able to support these individuals in the health-care workforce for the long-term. People are loving this position," said Wright.

A new UHCA course starts on March 28. The two-day skills lab will be held in Selkirk on April 5, 6, 7 and 8.

For more information about uncertified health-care aide training, visit https://sharedhealthmb.ca/ click on Careers at the top of the page, click COVID-19 Opportunities, and click Health Care Aide - Uncertified (Paid Training) - Interlake-Eastern Health Region.

Sail Canada announces 2022 Sail East, Central and West regional championship details

Submitted by Patrick Godbout

Kingston, March 11, 2022 - Sail Canada announced today the dates and hosts of its 2022 three-part series regional championships Sail East, Sail Central and Sail West, to be held in July.

The first weekend of action will be July 15 to 17 as two regional competitions will be held at the same time. St. Margaret Sailing Club in Glen Haven, N.S., will host athletes from New Brunswick, Nova Scotia, Prince Edward Island and Newfoundland and Labrador at Sail Canada 2022 Sail East during the Bay Wind Regatta, while Gimli Yacht Club in Gimli will welcome sailors from British Columbia, Alberta, Manitoba, Yukon, Northwest Territories and Nunavut at Sail Canada 2022 Sail West.

Sail Central, including participants from Ontario and Quebec, will be held the weekend after, July 21 to 24, at the Hudson Yacht Club in Hudson, Que., during the Fruitbowl regatta.

Notices of races for each competition will be available soon and registrations will open in the coming months.

These three Sail Canada Regional Championships showcase each annually around 150 sailors, and are attended by:

- U15 sailors in the Optimist class;
- U17 sailors in the Laser Radial, Laser 4.7, 420 and 29er classes;
- Open class sailors in Laser, Laser Radial, La-

ser 4.7, 420, 29er and Optimist classes.

These competitions provide a chance for sailors to train and compete with high-level sailors in their region, in addition to serving as talent identification opportunities for regional and provincial sailing teams, as development and mentoring opportunities for coaches, as well as training and development opportunities for officials and volunteers.

Calendar for 2022 Sail East, Central and West

2022 Sail East (at Bay Wind Regatta) July 15-17 St. Margaret Sailing Club Glen Haven, Nova Scotia Details: https://www.sailing.ca/events/2022sail-east/

2022 Sail West July 15-17 Gimli Yacht Club Gimli, Manitoba

Details: https://www.sailing.ca/events/2022sail-west/

2022 Sail Central (at Fruitbowl Regatta) July 21-24 Hudson Yacht Club Hudson, QC Details: https://www.sailing.ca/events/2022sail-central/

Established in 1931, Sail Canada is the national governing body for the sport of sailing in the country. Sail Canada is a leading international sailing nation, proud of its world class athletes, lifelong participants and inclusive culture. The organization and its members are committed to excellence by developing and training its leaders, athletes, sailors, instructors, coaches and officials. With the valued support from our partners, the Provincial Sailing Associations and our member clubs, schools, organizations and stakeholders, sailing is promoted in all its forms. By setting standards and delivering programs from home pond to podium for Canadians of all ages and abilities, from dinghies to keelboats, cruising to navigation, windsurfing to powerboating and accessible sailing, Sail Canada sets sail for all, sail to win and sail for life.

A sport in the Olympic program since the first Games in 1896, except in 1904, the pursuit of success in these Games is what fuels the focus of Sail Canada as Canadian athletes have so far achieved nine Olympic and five Paralympic medals.



Kidney donors in demand

By Jennifer McFee

The kindness of strangers can make the world seem a little brighter.

For one local woman, she rejoiced in heartfelt offers from strangers to help with her health condition — until she found out that certain rules prevented the process.

Karen Sinclair, who lives just outside Stony Mountain, has end-stage kidney disease. She is undergoing dialysis while she waits for a kidney on Manitoba's transplant list.

Last summer, her daughter Tiana reached out on Instagram to share her mom's story in hopes of finding a donor, which resulted in an overwhelming number of responses.

However, the mother-daughter duo were disappointed to discover that donors can only make non-directed anonymous donations through Transplant Manitoba to be fair to everyone else waiting on the list.

"In Manitoba, an established relationship is required to be a kidney donor. So those strangers who were willing to help and save my mom were rejected," said Tiana, a firstyear teacher living in Morden.

"It's happening in other provinces and countries but it's not allowed to happen here. It's incredibly difficult. I'm trying to do everything I can to help my mom."

She expressed concern for the health of her mom, whose family originally hails from the Hodgson area.

"She's hooked up to a machine five days a week for up to five hours at a time. It filters out her blood and toxins throughout her system. She doesn't have the same energy she used to have," Tiana said.

"Now she can't stay awake for longer than five hours at a time. She can't work full time anymore. She's lost so much hair, and there's tons of medications."

Karen, a former 10-kilometre marathon runner, discovered something was amiss about seven years ago when she found herself becoming winded too easily while training.

"I was very athletic. It dawned on me that something was wrong when I would hit three miles and start panting

PUBLIC NOTICE

Pesticide Control Program

Public Notice is hereby given that the Province of Manitoba intends to conduct the following Pesticide Control Programs during 2022 within the province right of way.

- To control invasive plants and noxious weeds on Manitoba Provincial right of way.
- The herbicides include: Dicamba, 2,4-D amine, 2,4-D Choline, 2,4-D Ester, 2,4-D, Mecoprop-p, Dichloroprop-p, Aminopyralid, Metsulfuronmethyl, Diflufenzopyr, Fluroxypyr, Imazapyr, Triclopyr, Picloram, Aminocyclopyrachlor, Chlorsurlfuron, Saflufenacil, Iron (as FeHEDTA), Glyphosate, Clopyralid, Bromacil, Acetic Acid, LI 700, Non Ionic Surfactant, Flumioxazin, Indaziflam, mineral oil, Methyl Ester & Ethyl Ester.

The public may send written submissions or objections within 15 days of the publication of the notice to the department below.

Manitoba Environment, Climate and Parks Environmental Approvals Branch 1007 Century Street Winnipeg MB R3H 0W4



when I normally didn't. I was gasping for air and wondering what's going on. I finally went to the doctor. They did blood work and then they broke the news," said Karen, who worked as a flight attendant.

"The end result is that I need a kidney. And if people want to donate a kidney, that should be fine even if they don't know the person."

Roberta Koscielny of Transplant Manitoba said currently about 200 Manitobans are waiting for a kidney transplant, and blood type plays a role in wait times.

"In Manitoba, direct living donation requires an established relationship, which means anonymous donors for specific recipients are not accepted into Transplant Manitoba's living donor program," she explained.

"If someone connects with the program wanting to donate to someone they do not know, the person may choose to step forward as an anonymous donor ensuring fairness and equity to all those waiting for a transplant. Anonymous living kidney donors are also given the opportunity to participate in the Kidney Paired Donation Program through Canadian Blood Services."

The Kidney Paired Donation Program identifies potential transplant opportunities for recipients who have a willing living donor who can't donate to them due to incompatibilities in blood type or tissue typing. This program searches for matches among incompatible pairs, and when a match is found, the pairs are able to swap donors

Kidneys help rid the body of things it doesn't need, such as extra fluid, waste or minerals. As well, they help control blood pressure, balance chemicals and build red blood cells.

Here in Manitoba, about one in 10 adults is living with kidney disease — and most don't even know it.

According to Manitoba Renal Program, Manitoba has the highest rates of kidney disease in Canada. The leading causes are diabetes and high blood pressure. Between 2010 and 2019, the number of Canadians on dialysis grew by 25.7 per cent, yet the number of Manitobans on dialysis jumped up by 45 per cent during that same period.

Currently, about 1,845 Manitobans are receiving dialysis treatments and another 6,475 people are being treated for chronic kidney disease.

Across the globe, the need remains great for organ donors, Koscielny added.

"In Canada, there are more than 4,000 Canadians waiting for a life-saving transplant," she said.

"According to the latest statistics from Canadian Blood Services, there were 734 deceased organ donors and 487 living organ donors in 2020. In 2020, 276 Canadians died while waiting for a transplant."

March is National Kidney Month, and Koscielny offers some suggestions for how to mark the moment.

"Registering to be an organ and tissue donor in Manitoba takes two minutes online and three pieces of information — name, birthdate and nine-digit Manitoba Health card number," she



Karen Sinclair, right, and her daughter Tiana

said

"Manitoba's donor registry, www.signupforlife.ca, is marking 10 years of online service this year and the goal is to add 10,000 new registrations before Dec. 31, 2022. Currently the registry holds the donation decisions of more than 60,000 Manitobans."

She also explained the process of becoming a kidney donor through a deceased donation.

"The window of opportunity to become an organ donor is small. Less than three per cent of all in-hospital deaths allows for the option of organ donation. Giving the gift of life is rare, which is why Transplant Manitoba – Gift of Life encourages all Manitobans to have important conversations with loved ones about final wishes." she said.

"Should something happen and a person dies in a way that makes giving a gift of life possible, families need to be aware of donation decisions so that decision can be honoured when donation is offered as an option at end of life."

At the same time, Karen offers some advice based on her own experience.

"For me, every month is a kidney month. You can catch problems before the percentage of your kidneys go down. I didn't catch it. I caught it when my kidneys were at 30 per cent," she said.

"I really emphasize to everybody that you should really get checked."

Likewise, Tiana encourages others to consider getting tested to find out if they can become a kidney donor.

"Getting tested does not mean you have to donate your kidney. People can live full and healthy lives with one kidney," she said.

"We can't live without our heart or our brain, but there are people who donate a kidney and they still have a healthy and full life."

For more information, including about how to become a living donor, visit Transplant Manitoba's website at https://www.transplantmanitoba.ca.

Nature Conservancy of Canada protects new areas of Lake Winnipeg's shoreline and wetlands

By Patricia Barrett

The Nature Conservancy of Canada (NCC) has added two Lake Winnipeg properties to its inventory of protected habitat thanks to funding contributed by other conservation organizations and the federal government.

One of the properties is at Breda Bay, about 34 kilometres north of Gimli, and the other is called MapleCross in Siglavik, about five kilometres south of Gimli. Together they comprise 45 hectares (111 acres) of newly protected shoreline and wetland, which will help improve biodiversity and fight the climate crisis.

There are few large, intact natural areas remaining in the region, said

"Conserving these areas is an act of optimism and hope that Lake Winnipeg can be saved — that each of us can take action and play a part in helping our lake. It is clear that many people have a deep connection to the area's beaches, shallow, warm waters and

shoreline forests, and a long cultural history of connection to the lake," said NCC Manitoba region director of conservation Cary Hamel in a March 7 news release.

"By conserving the natural integrity of two more areas near Gimli, we can ensure that future generations can enjoy the lake and land as well."

The Nature Conservancy of Canada is a non-profit land conservation organization

that purchases and manages natural areas across Canada. It partners with other conservation groups, First Nations and government. In addition to buying land, it maps the location of rare species and removes invasive weeds. Since 1962, NCC has protected 15 million hectares of land. In Manitoba it has protected over 71,161 hectares (175,843 acres) of land, according to its website.

The Dolhy family donated half the value of the Breda Bay coastal wetlands. Ontario-based conservation organization MapleCross Fund and the federal government contributed funding so that NCC could buy the properties.

NCC said it had put out a call in 2021 to raise the "final \$60,000" of the project's cost.

"NCC thanks the Dolhy family, who donated half the value of the Breda Bay Coastal Wetlands property, MapleCross Fund who made a lead gift to the project, and others who contrib-



American white pelicans on Lake Winnipeg.

uted to conserve these lands," said NCC. "This conservation project was also made possible with funding from the Government of Canada's Natural Heritage Conservation Program, part

The Breda Bay property is 11 acres and the MapleCross Siglavik Coastal

of Canada's Nature Fund."

"CONSERVING

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OPTIMISM AND

HOPE THAT LAKE

WINNIPEG CAN BE

Wetlands is 100 acres, according to the MapleCross website. Isobel Ralston and Jan Oudenes of MapleCross said in the news release they were excited to work with NCC Manitoba and help protect unique and ecologically important sites on Lake Winnipeg.

"The wetlands at Breda Bay and Siglavik are especially significant because of their influence on both local communities and wildlife alike," they said. "These properties represent MapleC-

ross' first venture into Manitoba. We look forward to visiting this distinctive part of the country and hopefully catching sight of an [American] white pelican.'

NCC said the lake's coastal wetlands provide significant habitat for migratory and breeding birds and other wildlife, including endangered species such as barn swallows, northern leopard frogs, short-eared owls and monarch butterflies.

"The sandy and treed beach ridges found on these properties are also a rare forest type in Manitoba, and make up only 0.2 per cent of the Interlake region," said NCC.

Other benefits of coastal wetlands include the filtering of nutrients that would otherwise contribute to algal blooms on the lake, providing habitat for fish and protecting lake-side developments from flooding.

Federal environment and climate change minister Steven Guilbeault said Canada is facing an interrelated

Lake Winnipeg **Conservation Context** Sunrise Coast Project eda Bay Coastal Wetlands Coastal Wetlands Legend Other NCC Projects

EXPRESS MAP COURTESY OF NATURE CONSERVANCY OF CANADA Lake Winnipeg Coastal Wetlands.

crises of climate change and biodiversity loss, which must be tackled.

"By working with partners such as the Nature Conservancy of Canada, we are helping to protect the natural environment in Manitoba and across the country and build a healthier and more resilient future for our children and grandchildren," said Guilbeault in the release. "Programs like the Canada Nature Fund's Natural Heritage Conservation Program are helping us progress toward conserving a quarter of lands and oceans in Canada by 2025."

Federal funds invested in the program are matched with contributions raised by NCC and its partners, Ducks Unlimited Canada and the country's land trust community.

Riverton resident writes memoir, Dancing the Night Away: An Amma's Memoir

A loving legacy for future generations

By Patricia Barrett

A Riverton resident wrote and published a memoir as a loving tribute to her family and to document the history of Riverton over the course of the 20th century.

Shirley Ann Sigurdson (nee Jonasson), 86, worked on her memoir during the COVID-19 pandemic with assistance from her grandchildren.

She turned a lifetime of memories into a compelling story and shed light on the town's social and economic conditions.

"My two granddaughters came to me one day and asked me if I'd write a book on my life. I said I couldn't really do that because I'm getting old. But they kept hounding me and I finally decided I better try it," said Shirley last week. "It was mainly written for all the kids."

Shirley jotted down her memories and gathered together a rich collection of material that included photographs, recipes and song lyrics.



Shirley and her husband Johnny still live in Riverton and will be celebrating their 65th wedding anniversary this summer.



Book cover of Dancing the Night Away An Amma's Memoir.

Shirley was born in Riverton in the 1930s. She grew up in a large family that didn't have much money in a house on the east side of town. She had to share a bedroom with six sib-

"We didn't have electricity and running water. We didn't have a fridge. My dad made a box outside, in a hole in the ground, and we put our milk, meat, fish and other food that had to be kept cold in there," said Shirley. "My dad was a fisherman and a carpenter. We didn't have much to eat. But my mom and dad were very good

After Shirley completed Grade 7, she enrolled in a hairdressing course in Winnipeg at the then-Manitoba Technical Institute on Portage Avenue and afterwards worked as a hairdresser in Riverton for 30 years.

Shirley's memoir is chock-full of photographs that show the reigning fashions of the day, such as "sailor pants" and "drapes," a term for baggy trousers that were worn by women and men in the 1950s.

"We bought drapes in Winnipeg. Everybody had them. One person got them then everybody was rush-



True love. When she was 21, Shirley Jonasson married Johnny Sigurdson.



EXPRESS PHOTOS COURTESY OF BRENDA FULSHER/SHIRLEY SIGURDSON Haley Fisher (left) and Brooke Storry (right) flank their Amma Shirley Ann Sigurdson, who at the age of 86 published a book on her life in Riverton.

body dances these days."

We'll Meet Again, a 1939 tune sung by Vera Lynn, is Shirley and her mom's favourite song.

In addition to stories and photographs, the memories of Shirley's husband, Johnny, form part of the book as do Shirley's favourite recipes, including Icelandic dishes such as ponnukokur and vinarterta.

Shirley's daughter, Brenda Fulsher, held a book launch party at her house for the family.

"We all got up and danced and cried, reflecting on what an incredible accomplishment this has been for mom," she said.

A relative — Sarah Jonasson — designed Icelandic necklaces, which

Continued on page 13



Drapes were a popular style of baggy trousers in the 1950s. Both men and women wore them.



A large family get-together.



Shirley and Johnny Sigurdson with their children

Shirley and Johnny bought and presented as gifts to Brooke and Haley for their help with the book.

People who've read the memoir call it a walk down memory lane, said Brenda.

"I'm so proud of mom. It's unbelievable that she would do something like this, documenting her life at the age of 86. It's surprising how much came back to her when they started triggering different memories; the stories just kept coming," she said. "Some of them surprise me because I hadn't heard them. It's so raw and honest. It's part of my life too and my sister Lana's and my brother Darren's."

Shirley's granddaughters Brooke Storry and Haley Fisher helped their Amma get the book started. They created a structure and edited copy. The process took about two years. They each wrote a brief chapter explaining how the project came to fruition and how enriching it had been to have spent so much time with their grandparents.

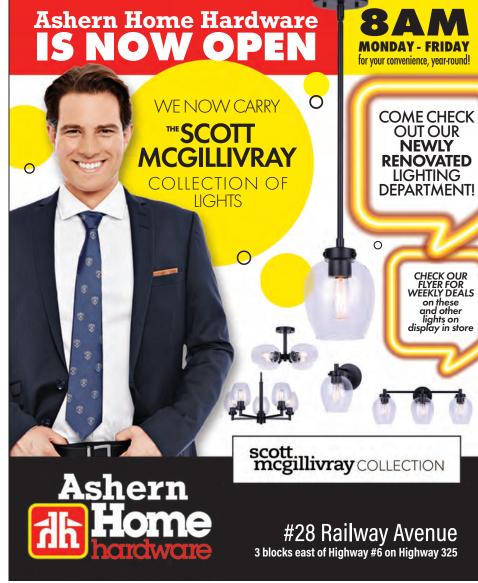
Brooke wrote that "learning about our family roots and working with Amma on her life story felt like the most important work I had ever done," and it also brought her and her cousin, Haley, closer together.

Haley, who teaches history and other subjects at Arborg Collegiate, came up with the idea of having her Amma document her life story after

giving her class an assignment to investigate their family history. She said she appreciated spending time with her grandparents while working on the project.

"Have that time together is most special and I am so proud of Amma and Afi for supporting each other and working towards this goal together," Haley wrote. "Their heart-warming love story will stand the test of time and inform future generations of their heritage for years to come."

To order a copy of the book, email Brenda Fulsher at brendafulsher4@ gmail.com





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Saturday, April 30, 2022 10AM - 4PM If you are interested in renting a table contact **Yvonne 204-642-5352**



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CONNECTS THEM

TO THE HISTORY,

AND IT MAKES

CONNECTED TO

THE COMMUNITY."

THEM FEEL

Cottage restoration builds historical community

By Nicole Brownlee

A new property owner passionate about historical restoration is dredging up Winnipeg Beach's history with the help of a grassroots historical society.

"I always had this pipe dream of buying an old, really cool vintage cabin that would need to be near the lake," explained Wendy Peter.

Her dream came true when a property opened up in Winnipeg Beach.

"It was kind of a one in a million property," said Peter.

The cottage Peter purchased was a 260-square-metre, 12-bedroom inn with six-metre-high lodge wood ceil-

ings originally called the "No One Inn."

Peter found, like many of the cottages in Winnipeg Beach, the property was built by the Canadian Pacific Railway in 1910. What made the find lucky was that there were very few changes to the property since then.

"My goal was to restore it back to its original condition."

Peter was familiar with the Winnipeg Beach area after

spending summers with her family at a rented cottage in the community, but she wanted to learn more about her new property.

Peter started researching and was mesmerized by the history of the

"Researching the properties (you) buy not only helps to preserve the properties because people see the value, but it actually connects them to the history, and it makes them feel connected to the community," said

She found that Winnipeg Beach was an opulent hot spot on the CPR for wealthy families in the early 20th cen-

tury.
"It became kind of like a Coney Island of Canada with this roller coaster and dance hall and merry-gorounds."

Spurred by the rich history of the community, Peter was determined to create a historical society to share her

After a year of organizing the group to establish it as a charity, Peter met with Heather Ritchie, descendent of S.B. Ritchie, a contractor who built around 300 cottages in the Winnipeg Beach area.

Peter started a Facebook group to collect more information about the

> town, and within three weeks, the group grew from Peter and Ritchie to 500 members.

> "I got all these comments like, well, it's about time," said Peter.

> John Mills lived in and around Winnipeg Beach from 1950 to 1967, where his parents owned a popular restaurant for 17 years called Dorothy's.

> Mills moved to Alberta in 1967 and has visited Winnipeg Beach a handful of times since moving but has joined Peter's information scavenger hunt to

share his connection with the town.

"Once I started finding things, I just wanted to learn more," said Mills.

"Hopefully, with the postings that I put on the historical page, it's beneficial to other people. I find so much of that stuff is lost."

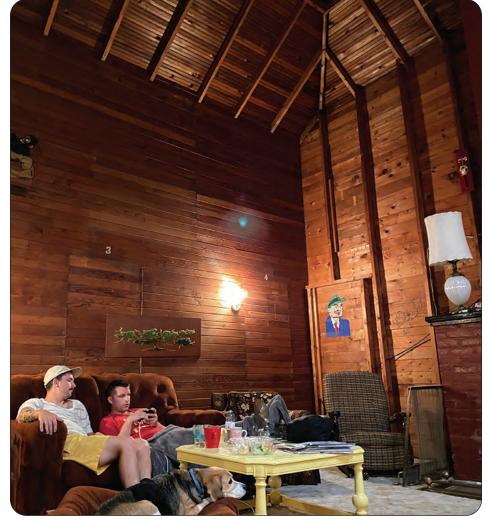
Peter hopes to start a museum in the community to showcase the vibrant history of Winnipeg Beach and help teach people how to restore their cottages. Several fundraisers for the Historical Society will launch in the summer.

CPR donated a train car to Winnipeg Beach, which community members are working to restore and showcase archived photos of the town.

Peter encourages anyone interested in sharing information about the town or their property to reach out. Contributors can email photos to winnipegbeachhistory@gmail.com.

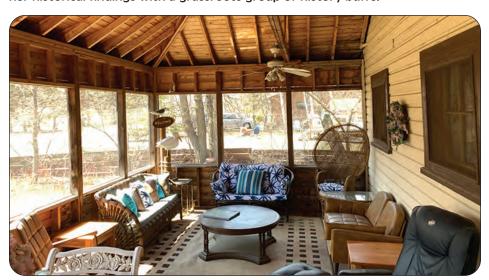
For more information, visit the Winnipeg Beach Historical Society Facebook page.

To follow Peter's journey restoring the "No One Inn," now dubbed "Banchory Lodge," visit wendypeterresources.weebly.com/bringing-backbanchory-lodge.





Wendy Peter is restoring a century-old cottage in Winnipeg Beach and sharing her historical findings with a grassroots group of history buffs.

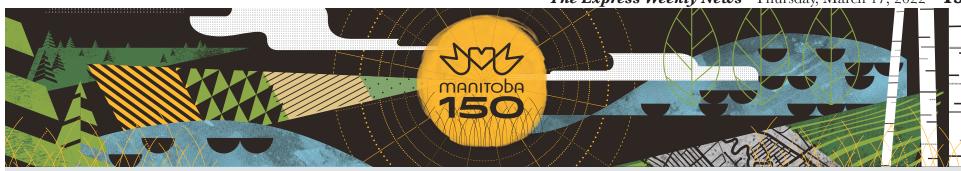


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MANITOBA 150 OVERVIEW

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Though the celebration was delayed and altered by the emergence of the COVID-19 pandemic, Manitobans showed up, exhibited tremendous resilience and in the end, demonstrated the true spirit We are stronger when we come together, which is why we are "United in Celebration - Unis dans la Fete".







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Moosehorn gymnasts reach for new mat

By Nicole Brownlee

The Moosehorn Tumblers are selling Purdy's Chocolatier chocolates to replace the gym's archaic pit mat.

"We've been really fortunate to be able to get a whole bunch of equipment from the previous (gymnastics) club, and we're also in partnership with Alf Cuthbert School," said Mandy Gall, president of the Moosehorn Tumblers board.

"The current pit mat that we have, we figure, is at least 30 years old."

The club needs to raise around \$7,000 to replace the imperative cushion.

Supporters can buy an assortment of chocolates for the Easter season like Mini Hedgehogs, Barnaby Bunnys and Sweet Georgia Browns.

Prices range from \$6.17 for baby bunny treats up to \$36.96 for giftwrapped Purdy's favourites.

To support the Moosehorn Tumblers, donate online at fundraising. purdys.com, create an account and enter the customer number 62290.

All orders must be paid for by March 19. Orders will be available for pickup around the first week of April.

Gall said the fundraiser, which launched in February, has been successful so far. The club was \$2,500 away from their goal on March 8.

"I've actually had a few people make









PHOTOS SUPPLIED BY MOOSEHORN TUMBLERS

The Moosehorn Tumblers are selling Purdy's chocolates to help raise money to buy a new pit mat for their gymnastics club.

private donations, so that's been super awesome."

The gymnastics club started in 2019 and withstood the fluctuating public health restrictions during the COV-ID-19 pandemic.

In-person classes resumed in September, with around 40 children enrolling in the school-age and pre-

school programs.

"It was pretty exciting," said Gall.

"We actually had to cap it because there was so much interest in the area."

The club teaches three classes for children between five and 12 years old, and three free 10-week parent and child classes for children between two and five years old.

The Moosehorn Tumblers hope to offer a summer camp in August and start their regular season around late September. For more information about the Moosehorn Tumblers' fundraiser, contact fundraising co-ordinator Simone Rawluk at 204-302-0172 or linskis@hotmail.com.

Three surprises you never want with new dentures

BY BROCK VANDOR, DENTURIST

'You know that look people with new dentures sometimes have? Those big fake white teeth... that's exactly what I don't want! I want to look natural, like the ones I have now, but not stained or worn-out." We hear this all the time and it's exactly what we like to hear because we believe in making dentures that are both beautiful and natural-looking! The worst thing that can happen is someone comes in to get new teeth because theirs are getting old and then leave with a new smile that looks totally different than what they, and everyone else, are used to; which is a big surprise for all.

Surprises are not good when it comes to dentures! When myself or Matthew first meet with patients we like to tell them that they will be happy if we can ensure there are no surprises in 3 areas.

1. We want no surprises when

it comes to what your dentures will look like. To do this we first talk about what you like or don't like about your current teeth, then we pick the new shade and shape together while sometimes even using old photographs to recreate your natural smile. Lastly, we actually do a mock up (practice) denture with the real teeth in pink wax so we can heat up the wax to make the teeth longer or shorter and characterize it just right. Once you are happy with the look, then we finish the denture(s) in high impact natural-looking acrylic. 2. Next, it is so important (I believe this for every business) for there to be no surprises in price! We hate extra costs and hidden fees, so we make sure everyone knows exactly what their treatment price will be before we ever start. This ensures there will be no surprise charges, unless the cost ends up being less,

but that's a good surprise!

3. Lastly, there should be no surprises in how the denture functions and feels. This one is the hardest to ensure, so we take the time to sit down face-to-face with you before we begin, to really understand what you're used to. We talk about any issues, what you want in your new teeth and clearly communicate all the options including their pros and cons so we can all have the right expectations and no surprises.

We call the face-to-face meeting a consultation and it's the first step to making sure there are no bad surprises when getting your beautiful and natural-looking new teeth. We don't charge anything for this appointment (no price surprise!) and would love to book you in today! Looking forward to taking your call and meeting you in person.



Crystal shows off her beautiful yet natural looking smile with Brock (Denturist).

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There's something new brewing at Kahleigh's Brew Barn

By Patricia Barrett

There's something brewing at Kahleigh's Brew Barn in Riverton and it's sure to please beer buffs and anglers who like to pair hops with pickerel.

Owner Kahleigh Dubois just launched a namesake beer called Kahleigh's Brazen Brew, which was created and tailored to her popular eatery and pub after repeated inquiries from customers about whether she had her own specialty beer.

"I wanted something that was custom to Kahleigh's Brew Barn," said Dubois last week. "Because my restaurant has 'brew' in the name, lots of people assume I have my own beer. That kind of pushed me to get my own branded beer."

Dubois said brazen brew is not a complex beer, one that people won't be able to describe. It's a blonde ale that's brewed with Canadian oats and has subtle notes of honey and citrus that will likely please diehard craft-beer fans and newbies alike.

"It's a light, simple beer. I didn't want it to be too complex," said Dubois. "I wanted a house beer that would appeal to everybody."

The label describes it as a "perfect gateway" to the world of craft beer, as well as suited to those who partake in "fishing hard on open water with your

Dubois had beer-storming sessions with Stefan Kristjansson from Winnipeg-based Brazen Hall Kitchen & Brewery, a restaurant with an attached brewery that specializes in making artisan beers, she said. Kristjansson brought her samples of beer to see if she would be willing to carry them. That's when she asked him whether the brewery could tailor one specifically to her restaurant. She wanted to keep "Brazen" in the name to signal her affiliation with the brewery because of the popularity of

"Stefan brought me samples and I taste-tested them. From start to finish, the process took about three months," said Dubois. "I gave him an idea of what I wanted on the label and the brewery's de-



Restaurant owner Kahleigh Dubois with her namesake Kahleigh's Brazen Brew.

signer customized it for me and put it all together." Manitoba Liquor & Lotteries had to approve the label, she said, and she also has to buy the brewery's beer through the provincial corporation.

Dubois said people who've tried it like it.

"Some of my staff, who like beer, have tried and



EXPRESS PHOTOS COURTESY OF KAHLEIGH DUBOIS Kahleigh's husband Paul Dubois (left) and Stefan Kristjansson of Winnipeg-based Brazen Hall Kitchen & Brewery enjoy the new brew.

they really like it. Even staff that aren't huge fans of beer said they like it," she said. "We've already had customers trying it and they've really en-

The beer comes in 473-millilitre cans. In addition to in-house availability, it's available for sale with a take-away food order.

Dubois said she's hoping the brew will become a go-to beer.

"I think it will be good for business because it's something that's unique to our area and is targeted to our area, which has a lot of fishing," said Dubois. "This is only a trial. If it goes over well, we'll look into expanding with other options."

ESD 'strongly' recommends face masks, COVID isolation, after province lifts protections

By Patricia Barrett

While the provincial government has deemed protective measures against COVID-19 unnecessary after mid-March, the Evergreen School Division is "strongly" recommending that its staff and students continue to wear face masks and isolate should they develop symptoms.

The division released updates last week in response to the government's decision to abolish the wearing of face masks in indoor settings, including schools, which took effect March 15.

"Effective March 15th Public Health direction is that masks are recommended but not required in indoor places, including schools and daycares," wrote EŠD Supt. Roza Gray in a March 9 letter to parents and staff. "Evergreen School Division is strongly recommending that staff and students continue to wear masks in schools and on buses to reduce transmission of COVID-19."

A minority of the population say face masks represent heavy-handed government enforcement that impinges on their freedom. Protests against masks and other means of reducing the risk of infection, such as vaccination, have erupted across Canada and caused discord. A majority of Canadians are fully vaccinated — according to the federal government, 80.8 per cent as of March 6 — and have voluntarily complied with wearing a face mask to help protect their own health and that of others. Various research studies have shown that masks reduce the risk of acquiring COVID but aren't failsafe.

Gray told the *Express* by email that the division won't be dividing up classrooms into sections for students who want to continue to wear face masks and those who no longer want to wear them.

"We won't be segregating students on the basis of who wears a mask,"



A COVID-19 rapid antigen test kit.

said Gray last Friday. "Rather, we will continue to seat students as we have, with consideration to co-operative learning partners, access to the teacher, etc."

The division will undertake a gradual phasing-out of physical distancing. But it will continue to make medical masks available to staff, students and visitors.

The daily attendance tracker, which is posted online, will be withdrawn after spring break, but schools will continue to report high rates of absen-

Continued on page 19

Handivan services hit a snag in West Interlake region

By Nicole Brownlee

The West Interlake Handivan Association has disbanded, leaving the RM of St. Laurent, West Interlake and Coldwell with several alternative plans to continue offering a similar service to their residents.

Cheryl Smith, reeve of St. Laurent, said the community decided to leave the Handivan Association because residents weren't accessing the service.

"It was just not feasible for our ratepayers to access it. It was just way too expensive," said Smith.

The municipality budgeted \$3,345 per year to offer the handivan service to the community.

Two of the West Interlake Handivan Association vans were stationed in the RM of Coldwell, so if a resident in St. Laurent requested the service, they were responsible to pay for the van to travel over 30 kilometres from Coldwell to St. Laurent in addition to the journey to their destination.

For a one-way trip, it would cost the passenger \$35 for 50 kilometres or less. An additional \$0.50 would be added to the price for trips further than 50 kilometres.

The community received several complaints about the price of the ser-

vice and pleas to offer alternative options.

The council is working with their Community Development Corporation and the St. Laurent Seniors Resource Council to create a plan to replace the handivan service.

"A subcommittee has been created where we have key community partners at that table with the view of coming up with some policies and possibly tendering out to see if there's somebody wanting to start up a business in transportation,' said Smith.

The committee is collecting information about how often the handivan service was used, what needs to change about the service and what would be a fair rate. A deadline for the report has not been made.

"We're really hoping that this new model will be a way forward, and I know that other municipalities are looking at doing something similar because it was just not feasible."

The RM of West Interlake left the Handivan Association in July 2020, said Jodi Thorkelsson, administrative clerk for the municipality.

The municipality left the Handivan Association because after amalgamating in 2015, West Interlake had two handivan services covering the com-

munity

"We had the Lakeshore Handivan, which serviced the former RM of Siglunes and the RM of Grahamdale. The West Interlake Handivan serviced the former RM of Eriksdale," said Thorkelsson.

The Lakeshore Handivan Association offered to expand their service area to cover the entire municipality, which enabled West Interlake to leave the other association behind.

"There was no disruption of service," said Thorkelsson.

The Lakeshore service currently has three vans. Two are stationed in Ashern, and one in Eriksdale. The service is also funded by the province's Mobility Disadvantaged Transportation Program grant.

To use the 10-seat van, passengers pay \$1 per kilometre. For the smaller six-seat vans, passengers pay \$0.45 per kilometre.

Keith Lundale, chair of the Lakeshore Handivan Association, said the board is reviewing their current rates and are exploring ways to reduce the cost.

The smaller vans are used daily to transport residents for medical appointments.

Nicole Christensen, chief adminis-

trative officer of the RM of Coldwell, said the council wasn't surprised when the RM's of St. Laurent and West Interlake moved to disband the Handivan Association.

"A presentation was made in our December meeting as to the obvious need to disband because the other two municipalities wanted out," said Christensen.

"We knew that the other two municipalities weren't satisfied anymore."

The RM of Coldwell had no choice but to disband from the Handivan Association and is working on transitioning the service for the municipality alone.

"We might as well run it ourselves," said Christensen.

The council has offered to buy St. Laurent and West Interlake's handivan assets to continue the service but has been delayed.

"Our municipality's intention was not to just get rid of the handivan services for our community, just, unfortunately, time constraints and procedures get in the way."

Coldwell budgeted \$3,135 yearly to pay for the West Interlake Handivan Association.

Incredible Creatures: snow fleas jumping through the snow

By John Gavloski

If you see tiny black specks on the snow that seem to be moving, it may not be your eyes playing tricks on you. They may be snow fleas. Although, unfortunately, they have the word "flea" in their name, snow fleas are not real fleas and can't bite people or other animals. Although they are tiny and easy to overlook, they do have some fascinating and beneficial traits. This month's Incredible Creatures will explore the fascinating world of snow fleas.

Life on the snow

When outside on a sunny winter day, don't be surprised if you see very tiny animals called snow fleas moving on the snow, especially where it has melted a bit around the base of trees or house foundations. Snow fleas will look like someone spilled pepper on the top of the snow, but if you look closely, you can see them moving. They are believed to feed on fungal spores and algae on the surface of the snow.

Built-in antifreeze

Snow fleas have a higher tolerance for cold temperatures than most invertebrates and are often found in large numbers on top of the snow. They hibernate in the soil during the winter and become active as the weather warms and the snow starts to melt. They are able to move up through breaks in the snow to reach the surface. They can sometimes gather in high enough levels that the snow in an



PHOTO SUBMITTED

Snow fleas

area looks black. While snow fleas can be found in all seasons, they tend to be most noticeable in the late winter.

Snow fleas have compounds in their body that basically serves as anti-freeze. They have a couple of glycine-rich, anti-freeze proteins in their bodies that prevent the water that is in their systems from actually freezing. This allows them to be active when many other animals are seeking shelter.

If not fleas, what are snow fleas?

Despite their name, snow fleas are not really fleas. They are part of a group called springtails. There are many different species of springtails, 474 have been recorded in Canada. Most are not active in the winter, with snow fleas being exceptions to this. Springtails were classified as insects at one time, but now they have their own grouping. Instead, they are a kind of a cousin that shares some insect attributes. Most springtails are usually found in damp areas, where they feed on fungi and decaying organic matter. If you have a compost pile, chances are you've seen springtails. In the summer, springtails can easily be found in the soil, under leaf litter, in decaying logs and other areas that are moist with organic matter. They are actually very abundant but can get overlooked because of their small size. Depending on the species, they are generally less than a millimetre to several millimetres in length. They are important for nutrient cycling, and they can help to keep microbe populations in check.

Springtails get their name from their ability to use a tail-like apparatus to jump. While real fleas use their legs to hop around, springtails leaps around using what resembles a little fork, called a furcula, which curls underneath the back of their abdomen. The furcula can be moved quickly away from the body, causing the springtail to spring into the air.

As we go through our final days of winter, keep an eye open for snow fleas. Against a background of white snow, this may be the easiest way to see some of the this beneficial group called springtails. teeism to students' families.

The division encourages parents and staff to report COVID cases to their respective schools.

Although the provincial government will allow COVID-infected individuals to circulate freely in the community should they wish to do so, the division is encouraging symptomatic or sick individuals to voluntarily iso-

"People with symptoms should stay

home and isolate for five days after symptoms start, until they have no fever and other symptoms have improved over the past 24 hours. Individuals who have tested positive but do not develop symptoms should isolate for 5 days from the date of the test," says the division in a March 11 pandemic update that was distributed to parents.

"People who have symptoms or test positive should avoid non-essential visits with higher risk people or at higher risk settings (such as hospitals and personal care homes) for 10 days after the onset of symptoms or test

date if asymptomatic."

The provincial government is also dropping all requirements for students to show proof of vaccination to participate in extracurricular sports. And it no longer requires unvaccinated school staff to take regular COVID tests. In addition, it's allowing unvaccinated visitors to schools — at the discretion of school principals.

ESD has a "limited number" of rapid antigen tests (RATs) for staff or

students who show signs of COVID infection, Gray said. The province is distributing kits to select retail outlets such as grocery stores and pharma-

It's not clear at the moment whether school divisions will continue to receive the tests from the government now that there's a "community distribution" program underway, said



Yield: 8 sandwiches

8 ounces plain cream cheese spread, softened

1 cup finely shredded mozzarella cheese

4 English muffins

24 slices cucumber

8 thin slices green pepper

St. Patrick's Day **Sandwiches**

fresh cilantro leaves lemon juice

lemon slices, for garnish (optional) In bowl, mix cream cheese spread, mozzarella cheese and salt well.

Split English muffins in half. Cut each muffin half into shamrock shape. Spread cheese mixture over each

Place three cucumbers on each "shamrock," one on each "leaf." Use green pepper slice as stem. Place cilantro leaf on top of each sandwich.

Sprinkle sandwiches with lemon juice and add lemon slices, for garnish, if desired.



Servings: 8-10 5 cups water

1 pound asparagus ice water

2 teaspoons vegetable oil

1/4 teaspoon salt, plus additional, to taste, divided

1/4 teaspoon pepper, plus additional, to taste, divided

flour, for dusting

1 sheet frozen puff pastry, thawed

1 cup grated fontina cheese

1 cup grated gruyere cheese

1 tablespoon shallot, minced

2 egg yolks

3 tablespoons milk

1/4 teaspoon nutmeg

1 lemon, zest only

Heat oven to 400 F.

In large skillet, add water and asparagus. Cook 5-8 minutes until aspara-

Cheesy **Asparagus Tart**

gus is bright green.

Drain asparagus and soak in ice wa-

In large bowl, mix drained asparagus, vegetable oil, salt and pepper until combined.

Flour surface area. Using rolling pin, roll out pastry to 10-by-16-inch rectangle. Transfer pastry to parchmentlined baking sheet. Prick pastry with fork. Bake about 12 minutes, or until golden brown. Cool slightly on baking sheet.

In large bowl, mix fontina cheese, gruyere cheese, shallot, egg yolks, milk, nutmeg and salt and pepper, to taste, until combined. Spread cheese over pastry, leaving 1 inch around edges. Lay asparagus over cheese mixture. Bake 5 minutes, or until cheese has melted.

Sprinkle lemon zest over tart and

Making "We" more important than "I"



By Gwen Randall

Do you find yourself arguing frequently with your partner? This may happen for several reasons. If one person is criticizing the other, undoubtedly an argument will ensue. The solution here, obviously, is to stop criticizing. No one likes to be criticized.

Telling someone that what they are doing or thinking is wrong will only trigger defensiveness. Instead of telling the other what he/she is doing wrong, simply ask for the behavior you would like. Offering to modify one of your behaviors in return creates a win-win situation.

Sometimes the arguments are a result of differing opinions. You have probably noticed that when two people are reiterating their respective positions, they may become louder or more forceful, but that rarely shifts the perspective of the other. The result is either a blow-up, with an aftermath that lasts for days, or one party gives in to keep the peace, but may feel unheard or resentful.

This can become a pattern in the relationship, either with a partner, parent, teen, or someone at work. Such a pattern slowly degrades the relationship and provides no opportunity for resolution, or finding a healthier way of communicating.

There is a better way. Marshall Rosenberg is a mediator who worked globally to help countries find agreement over difficult issues. He is also the author of "Nonviolent Communication." Rather than fighting each other, his model shows the

two people (or sides) how to join together and work as a team to solve the problem. One says "black", the other says "white." The first step has both working to clearly understand the other's concerns and preferences. Then each proposes "grey" solutions, until they come upon one that both can live with.

One cannot underestimate the importance of showing the other that you understand what they are saying and how they are feeling. This can be done even if you disagree. It shows respect for the other person and their point of view.

If you are one half of a couple, there will be times when you disagree. It is vital, for a healthy relationship, that you learn the process, and the art of compromise. Indeed, there may be some issues that are non-negotiable for you, for example, things involving legal or moral issues. These should be few, so for most issues, there should be room to reach some kind of agreement.

Neither party may be completely happy with the result of the compromise, but if the relationship is one in which there is respect for one another, both will see that while there may have been a "loss" in terms of one's stance on the issue, there is a "gain" in terms of the relationship. In ten years, the issue will be o, but you will be reaping the rewards that come from putting the relationship

Sadly, in our world there are not enough examples of conflicts being approached in this way. Evolving beyond polarity has to start somewhere, so in our homes is as good a place as any.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www. gwen.ca. Follow Gwen on Facebook for inspiration.

SDOPTS&recreation INSIDE > OUTSIDE > UPSIDE DOWN

U15 Lightning's incredible playoff run ends with loss

By Brian Bowman

A fantastic playoff run for the Interlake Lightning U15 AAA hockey team ended with a loss in the championship game on Sunday.

The Winnipeg Thrashers' Blue broke the game open with four goals to start the second period in a 7-2 victory.

Lightning goals were scored by Blake Farthing and Noah Oughton.

Winnipeg received goals from Avery Jones, Mason Mykichuk, Lia Hanzmann, Logan Bruneau, Hayley McDonald, Crosby Harrison and Grayson Bergagnini.

The Lightning reached the final after defeating the Southwest Cougars 4-3 on Saturday.

Gavin Holod scored the game winner in the third period.

Southwest's Bryan Laing and Interlake's Dainen Jacobson traded first-period goals and then Farthing put Interlake up 2-1 at 6:50 of the second period.

Laing then tied the score at 2-2 late in the middle frame.

Holod gave the Lightning a 3-2 lead at 1:52 of the third before the Cougars' Tyson Draper just over two minutes later.

Holod had a great game with three points while



EXPRESS PHOTO BY TANYA SWANSON

The Interlake Lightning earned the silver in the U15 AAA boys' hockey playoffs. Back row, left to right: Cory Donald (assistant coach), Brett Wur (assistant coach), Wade Byle, Foxx Domansky, Evan Deprez, Skylar Farrington, Lucas Miller, Talon Hogg, Gavin Holod, Noah Oughton, Dainen Jacobson, Cole Swanson, Chad Balmer (head coach), Mason Bernier, Trent Goodbrandson (assistant coach); front row: Nathan Meisner, Blake Farthing, Brody Slatcher, Quinn McKnight, Ryder Kirk, Evan Roy, Evan McMurtry and Braedan Cormack.

Oughton helped out with two assists.

Braedan Cormack made 39 saves for the win.

Ice Dawgs lead Warriors 3-0 in CRJHL semifinal series

Bv Brian Bowman

The Arborg Ice Dawgs are one win away from reaching the CRIHL final.

Arborg defeated the St. Malo Warriors 6-4 in Game 3 of their best-of-seven semifinal series on Sunday.

Jack Einarson had an incredible game with five goals while teammate Dyson Pelletier also tallied.

The Ice Dawgs' Logan Clarke had three assists while Kalen Guimond added two helpers.

Teagan Fillion (two), Ashton Dubois and Thomas Maynard scored for St. Malo.

Tre Strachan made 27 saves for the win.

The Ice Dawgs now lead the series 3-0.

On Saturday, the Ice Dawgs' home game against the Warriors was postponed due to poor road conditions and highway closures.

Game 4 of the series will be played Thursday (8 p.m.) in St. Malo.

Meanwhile, the Lundar Falcons were swept by the Selkirk Fishermen in their best-of-seven semifinal series after a 4-2 loss on Sunday afternoon.

Despite getting swept in the series, the Falcons gave the Fishermen a pretty good battle.

"The scores were close, which is a credit to their goaltender, but we did carry the play for most of the series," said Fishermen head coach Chris Poponick. "We gave up three goals in four games and of those three goals I would say one was a really good shot by them but the others were

mistakes by us. It was a hard-fought series and the scores were close but we did a really good job. Our team played really sound defence."

Selkirk took a 2-1 first-period lead and then the second period was scoreless.

Fishermen goals were scored by Nolan Milgaard, Braeden Hummel, Travis Spratt and Reece Tessier.

Ryan Gleich and Jayden Allary replied for Lundar.

Owen Derianchuk made 30 saves for the win. The Fishermen grabbed a 3-0 series lead with a 3-1 road win over the Falcons on Friday.

Lundar's Kayden McMahon and Selkirk's Kasen Andrushko traded first-period goals and then Milgaard tallied in the second.

Andrushko added his second goal of the game in the third. He had a great game, finishing with three points.

Selkirk's Raymond Hefferman and Jordan Donald each had two assists in the game.

The Fishermen outshot the Falcons 43-11 as Brendon Hocaluk earned the win in goal.

At the other end, Graeme Edmund stopped 40 Selkirk shots.
Last Wednesday, Selkirk shut out the Falcons

3-0 in Lundar.
After two scoreless periods, Tessier, Josh

Poponick (on the power play) and Braeden Hummel scored in the third.

Derewianchuk made 16 saves for the win. Edmund stopped 29 Selkirk shots.



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Arborg Curling Club was rocking last weekend







EXPRESS PHOTOS SUBMITTED

The Arborg Curling Club held their Ladies Bonspiel on March 11 and 12. Pictured left to right: the first event was won by skip Vanessa Foster, third Michelle Rudnicki, second Jaclyn Dudar and lead Candace Alao; Kylee Vigfusson's team including third Jessica Vandersteen, second Eileen Shott and lead Jenna Pearce won the second event, while the third event was won by skip Kara Peiluck, third Lori Palsson, second Aurora Peiluck and lead Jenny Smith.

Peguis crushes Cross Lake twice

The Peguis Juniors took advantage of a shorthanded Cross Lake Islanders' team last weekend.

Peguis completed the sweep with a dominating 15-4 win over the Islanders on Sunday.

Having multi-point games for Peguis were Dorian Sinclair (six goals, three assists), Lyle Murdock (five goals, nine assists), Keanu Woodhouse (eight assists), Kyle Cochrane (goal, two assists), Jamie Maytwayashing (goal, assist) and Jaydon McPherson (goal, assist).

Jamie Michell also scored for the Juniors.

Tyrese Bear made 27 saves for the

Last Saturday, Peguis blasted the Islanders 17-6.

Juniors' player with multi-point games included Keelian Lavasseur (six goals, three assists), Shaydon Mousseau (four goals, an assist), Jaydon McPherson (two goals, assist), Darian Murdock (goal, four assists), Sundance Paul (goal, three assists), Lyle Murdock (goal, two assists), Keanu Woodhouse (goal, assist) and Ayden Daniels (two as-

The Juniors' other goal was scored by Braeden Parenteau.

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A senior celebrating their 100th birthday? A young entrepreneur starting out?



Please share your story ideas at news@stonewallteulontribune.ca Phone 204-467-5836

Gushue wins fourth Brier

Brad Gushue and his Newfoundland rink made history on Sunday night when they became the first team in the history of the Tim Horton's Brier to win the event with three players.

In Sunday night's final, Gushue defeated Alberta's Kevin Koe (with Gimli's BJ Neufeld at third) 9-8 in an

Team Gushue's third Mark Nichols was unavailable to play for the entirety of the playoffs after testing positive for COVID-19. Gushue was forced to play with only three players as second Brett Gallant and lead Geoff Walker each threw three stones an end, while Gushue threw two.

"Once Mark went down, it was a huge long shot for us but, to be honest, I think it kind of inspired us," said Gushue. "It gave us some extra energy, and we knew we had to be at our best. Brett and Geoff, the way they adapted to the new positions was incredible. It's pretty amazing. I never thought this would happen when Mark went down."

Gushue previously won Canadian titles in 2020, 2018 and 2017 (all with the same team members), twice representing Newfoundland and Labrador and once as Team Canada. It also

marked the first time a Wild Card team won the Canadian title; Gushue played as Team Wild Card #1.

West St. Paul's Mike McEwen with Winnipeg Beach's Colton Lott at lead and East St. Paul's Kyle Doering as fifth represented Team Manitoba at the event. McEwen went 5-3 in the round robin before falling to Jason Gunnlaugson in a tiebreaker.

"Regardless of how our team's event went, it was a very memorable experience for Colton and I playing in our first brier," said Kyle Doering. "We've been watching this event and following it since we were kids, so to get to play in one is a lifelong dream come true. We're just thrilled and are now itching to get back next year."

Morris' Jason Gunnlaugson representing Team Wild Card #3 also went 5-3 in the round robin before defeating McEwen in a tiebreaker. Gunnlaugson's Brier was ended in a playoff qualification game to Team Canada's Brendan Bottcher 7-3.

With Mark Nichols back in the lineup, Team Gushue will now go on to represent Canada at the LGT World Men's Curling Championship in Las Vegas from April 2 to 10. Gushue will be looking for his second World Championship after winning the 2017 title in Edmonton.

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Quotation forms may be obtained at the RM of Fisher office,

30 Tache Street, Fisher Branch, Manitoba

or on the RM of Fisher website: www.rmoffisher.com Please return to the RM Office in person

Deadline for proposals is 12 noon, April 1, 2022 Rural Municipaility of Fisher 30 Tache Street; Fisher Branch, MB, R0C 0Z0 Phone: (204) 372-6393 Fax: (204) 372-8470

Email: rmoffisher@mymts.ca

RURAL MUNICIPALITY OF ARMSTRONG

INVITATION TO QUOTE **2022/23 HOURLY**

EQUIPMENT RATES



The Rural Municipality of Armstrong is inviting quotes for hourly rental rates of various equipment, for the purpose of establishing pay rates for the April 12, 2022 to March 31, 2023 construction and maintenance season.

Quotation packages including submission documents are available at the Municipal Office or the municipal website www.rmofarmstrong.com.

Quotations may be submitted to the Rural Municipality of Armstrong, Box 69, Inwood, Manitoba ROC 1PO.

Deadline for Quotation Packages is 4:00 p.m. Monday, April 4, 2022. Late and incomplete submissions will not be accepted.

Corlie Larsen, CAO RM of Armstrong Lot 55 Highway 17

Box 69, Inwood, MB ROC 1PO

Phone: 204-278-3377 Fax: 204-278-3437

Email: cao@rmofarmstrong.com



RURAL MUNICIPALITY OF GIMLI THANK YOU **WALLY JOHANNESSON**

On behalf of the Community of Gimli A thank you to Wally Johannesson

We would like to express our gratitude and appreciation to Wally Johannesson for his many years of service as the Chair of the Gimli Heritage Advisory Committee.

The Committee has accomplished many projects during Wally's time as Chair. There have been many publications of the history in the community, heritage plaques and designations of 37 buildings, heritage tours and tour brochures, work with the NIHM exhibit, and many more.

Thank you Wally for your hard work and dedication; you are truly a wonderful person and we are so lucky to have you be a part of the community.

Sincerely. Mayor, Council and Staff Rural Municipality of Gimli

The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836

SCRAP METAL

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Seasonal employment - Sabourin Lake Lodge is looking for summer staff. May thru September. Kitchen staff, serving, housekeeping, guides, yard crew and carpenters. Contact sabourinlake@ outlook.com

FARM HAND FOR GRAIN FARM Brunkild. Class 5 license and own vehicle needed. Hands on labour, including operating tractors, trucks, farm equiptractors, ment and yard maintenance, Call 1-204-990-6115 or Email jurgen. kohler84@gmail.com

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Firearms wanted. Looking for all unwanted firearms. licensed for Fully non-restricted both and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-

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WANTED: Buying estates, contents of homes, farms, barns, sheds, garages, etc. Buying most anything & interesting! Text/Phone: 204-918-1607. "Junkies Estate, Salvage, Antiques & Oddities'

NOTICES

URGENT PRESS RE-LEASES - Have a newsworthy item to announce? Having a spring/summer event? An exciting change in operations? Though we cannot guarantee MCNA publication. will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna. com under the "Types of Advertising" tab for more details.

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MORTGAGE

The land and building known as 45144 B 172 ROAD N, in the R.M. of Grahamdale, Manitoba, as described in Certificate of Title No. 2844775/1 will be sold at auction on Wednesday the 6th day of April, 2022 at 10:00 a.m. Due to COVID-19 restrictions, the auction sale will be held by way of video or teleconference. There will be no in-person attendees at the auction. In order to participate you must pre-register at least 24 hours prior to the auction by contacting Dan Ransom at either 204-988-0443 or dransom@tmlawyers. com. On the date of the auction, an email will be sent to all attendees at the email addresses provided. The attendees will need to follow the instructions in the email, which will include a video link or teleconference call-in information. The successful bidder shall have a period of 24 hours to provide the deposit in certified funds payable to Taylor McCaffrey LLP and sign the auction sale conditions.

TO THE BEST of the Vendor's knowledge, the land is comprised of approximately 100 acres. Situated on the land is the former Eagle Bay Camp, consisting of a 3504 square foot main lodge house with full basement, kitchen, dining hall with fireplace, 2 1/2 bathrooms, 6 bedrooms, and common living room. Main lodge is heated with electric boiler. Water supply is from a drilled well. Sewer system is a septic tank and field. In addition, there are 2 year round homes, one is a duplex, the other is an older character home, 2 private one-room cottages, a store/canteen, a chapel, a games/craft building, and a washroom/shower building. There is a large metal-clad pole shed with insulated workshop area. There are also other recreational facilities, including an archery range, BMX track, basketball court and baseball field. The property has a lake view of Lake St. Martin. The property is located approximately 5 km east of Highway 6 on the south side of Hilbre Road F.

PRIOR ENCLIMBRANCES: None

REALTY TAXES: (excluding any accruing water charges) are paid to December 31, 2019.

TERMS OF SALE: a deposit of \$25,000.00 by way of cash, certified cheque or bank draft payable to Taylor McCaffrey LLP, and the balance according to conditions which will be available for public view at the Auctioneer's address above prior to the auction. The property will be sold subject to a Reserve Bid of \$219,500.00 plus such other additional and incidental costs which may be incurred by the Vendor from the 8th day of March, 2022 to the date of auction and which costs will be announced prior to the commencement of the sale. The auction sale will be conducted pursuant to an Order for Sale issued by the District Registrar. Certain parties may be prohibited from purchasing the property, including but not limited to, parties who by virtue of their employment or relationship to a person involved in the sale process would have special knowledge of the circumstances pertaining to the sale. For more information and a list of prohibited purchasers please visit: www. teranetmanitoba.ca.

FURTHER information may be obtained from:

Taylor McCaffrey LLP

2200 - 201 Portage Avenue, Winnipeg, Manitoba R3B 3L3

Attention: Daniel Ransom Phone: 204-988-0443 File No.: 113271-2

Offers less than \$125/acre need not apply. No anhydrous, no black bean, canola every 3rd year only

Offers mailed to Box 1091 Arborg MB ROC 0A0 Prior to March 31/22

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Classifieds

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NOTICES

HIRING FOR SPRING? Need Class 1 drivers? Construction Having an AGM or online event and need attendees? Advertise in the 32 Weekly Manitoba Community Newspapers to get your messaging out now! Selling something? Have an on-line store to shop at, doing curbside pickup/ deliveries? Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at 204-947-1691 for details or to book ads. MCNA -Manitoba Community Newspapers Association, www.mcna.com

HEALTH

Still stressed about COVID-19? Try our Health Canada Gov-Approved ernment solutions for stress and immune support we should talk - Peter Marykuca, Gimli, MB. 204-641-1504.

NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE CHARLES **JAMES** KRAMBLE, late of the R.M. of Gimli, in Manitoba. Deceased.

ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, 72A Centre Street, P.O. Box 6500, Gimli, Manitoba, R0C 1B0, on or before the 28th day of April, 2022

DATED at Gimli, Manitoba, this 16th day of March, 2022. BAKER LAW CORPO-RATION

SOLICITORS FOR THE **EXECUTORS** Attention: Grant D. Baker

NOTICE TO CREDITORS

IN THE MATTER OF **ESTATE** MICHAEL POTOSKI, late of the Municipality of Bifrost-Riverton, in Manitoba, Deceased, ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices. 72A Centre Street, P.O. Box 6500, Gimli, Manitoba, R0C 1B0, on or before the 28th day of April, 2022

DATED at Gimli, Manitoba, this 16th day of March, 2022. BAKER LAW CORPO-RATION

SOLICITORS FOR THE **EXECUTRIX** Attention: Grant D. Baker

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins. amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net



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We are looking for a dedicated, organized and self motivated individual for the position of

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Duties will include, but are not limited to, booking service appointments, preparing invoices, and maintaining parts inventory with assistance from parts manager. Successful applicant must have basic computer knowledge and have good organizational and time management skills. Knowledge and experience in the automotive industry is an asset.

> For more information, email us at sales@jbrandtent.com or call 204-364-2775.



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www.interlakeauto.ca Locally owned and operated for 40 years.

We thank all those who apply, but only those considered for an interview will be contacted



WATER METERS

Fisher Branch is looking for Bid's for the Installation of approximately 210 residential and commercial water meters c/w integrated register and RF transmitter and related appurtenances located in the Municipality of Fisher.

Please visit www.mbwaterservicesboard.ca Bid Opportunities for further information or any questions.

Bids closed March 18, 2022

Town of Winnipeg Beach

CONTRACT EMPLOYMENT OPPORTUNITIES

BYLAW ENFORCEMENT OFFICER PART-TIME CONTRACT POSITION

The successful candidate will be responsible for monitoring compliance and enforcement of bylaws within the Town and identifying non-compliance issues; must possess effective public relations and communication skills; ability to deal effectively with complaint investigations and resolution, perform duties effectively with a minimum of supervision and maintain accurate work records.

The Contract will be awarded for a three-year period of time.

The successful candidate must be familiar with Microsoft Office products. Must have a valid Manitoba Driver's License and work shifts, primarily evenings and weekends. Applicants selected for the interview will be requested to bring a current driver's abstract. The successful applicant must provide an RCMP Criminal Record Check before commencing work. Information pertaining to job responsibilities may be requested.

ANIMAL CONTROL OFFICER PART-TIME CONTRACT POSITION

The successful candidate will be responsible for monitoring compliance and enforcement of the Animal Control By-Law. This includes license enforcement, responding to animal related complaints, apprehending animals running at large and stray pick-up. Must possess effective public relations and communication skills; ability to deal effectively with complaint investigations and resolution, perform duties effectively with a minimum of supervision, and maintain accurate work records.

The Contract will be awarded for a three-year period of time.

Must have a valid Manitoba Driver's License. Applicants selected for the interview will be requested to bring a current driver's abstract. The successful applicant must provide an RCMP Criminal Record Check before commencing work.

Applications for both positions will be accepted in confidence until 4:30 p.m., Friday, April 7th, 2022, to:

> Kerry Swanson Chief Administrative Officer Town of Winnipeg Beach PO Box 160, 29 Robinson Ave Winnipeg Beach, MB R0C 3G0 Email: cao@winnipegbeach.ca

**Please indicate which position you are applying for. The town will consider applicants that are interested in both positions. If you are interested in applying for both positions, please indicate this in your

For more information regarding these opportunities, including a detailed description of the responsibilities and requirements, contact the Town Office by phone at 204-389-2698, Email info@winnipegbeach.ca.

The Town of Winnipeg Beach welcomes and encourages applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process.

The Town of Winnipeg Beach would like to thank all applicants for their interest-only those selected for an interview will be contacted.

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EASTMAN IMMIGRANT SERVICES A Steinbach Chamber of Commerce Program

Settlement Facilitator - Interlake Region (1.0 FTE)

Eastman Immigrant Services is seeking a full-time Settlement Facilitator for its Interlake Division, operating out of Arborg, MB.

Reporting to the EIS Program Director, this person will be responsible for managing newcomer client relationships, acting as a community liaison in the Interlake region, and perform a variety of administrative functions.

> For a full job description, please visit www.eastmanimmigrantservices.com/about.

Please send your resume and cover letter to Gwen Reimer, EIS Program Director, at gwen@eastmanis.com. Closing date is Friday, March 25, 2022.



RM of West Interlake NOTICE OF VOTERS LIST / PERSONAL SECURITY **PROTECTION**

Notice is hereby given that a copy of the VOTERS LIST may be revised at R.M. of West Interlake municipal offices.

38 Main Street, Ashern, MB Or 10 Main Street, Eriksdale, MB Before September 20th, 2022 between the hours of 9:00 a.m. to 4:00 p.m.

During this time the Senior Election Official (SEO) or designate will be available to update the voter's list by:

- (a) Adding the names of voters who are entitled to have their names on the list;
- (b) Deleting the names of persons who are not entitled to have their names on the list; and
- (c) Making such other corrections of errors to the list as required.

VOTER ELIGIBILTY:

A person is eligible to have his or her name added to the Voters List if he or she is:

- 1) A Canadian citizen and at least 18 years of age on election day; and
- 2) A resident of the local authority for at least six months prior to Election day, OR a registered owner of land in the municipality for at least six months prior to Election day.

NON-RESIDENT VOTERS QUALIFIED IN MORE THAN ONE WARD:

In accordance with Section 25(2) of The Municipal Councils and School Board Elections Act, any non-resident voter who owns property in more than one ward is responsible to notify the SEO in writing, not later than September 20th, 2022, of the ward in which he/she desires to vote. Failing the foregoing, the voter's name will be placed on the list as the SEO may select.

APPLICATION FOR PERSONAL SECURITY PROTECTION:

A voter may apply in writing to the SEO (at the address/fax/email number below) no later than September 20, 2022 to have his/her name and other personal information omitted or obscured from the voters list to protect the voter's personal security. The application may be submitted in person, by mail, email, or fax and must include your name, address, and include proof of identity.

All changes to the voter's list must be completed on or before September 20th, 2022.

Dated at Ashern in the Province of Manitoba on March 11th, 2022

Myrna Little, SEO, R.M. of West Interlake Box 370, #38 Main Street Ashern, Manitoba ROC 0E0 Cell: 1-204-941-0156 Fax: 204-768-2301 Email: tanbeca@mts.net



Casual Clerks

Competition: #2021-22-42

Locations: Neepawa, Killarney, Arborg

Please indicate your location preference in your cover letter.

Manitoba Agricultural Services Corporation (MASC) has an exciting opportunity for you to be a part of a team that values building relationships, enables change, and supports the agriculture industry in Manitoba. Come join our team as a Casual Clerk in one of the following service centres: Neepawa, Killarney or Arborg.

The Casual Clerk provides backup clerical and administrative support to the service centre. As the position is casual in nature, employment is on an as, if, and when needed basis (approximately 30 to 40 days per year). Responsibilities include front-line customer reception, answering telephone inquiries, tracking and distribution of documents, accepting payments, data entry, processing mail, file maintenance (computerized and manual records) and related clerical duties.

Qualified candidates will have related office experience, proficient computer skills, excellent interpersonal and communication skills and possess strong customer service skills. Knowledge of agriculture is considered an asset. Candidates must be legally entitled to work in Canada.

MASC values innovation, excellence, collaboration, and accountability. We strive to enhance existing products and develop new products, transform service delivery to enrich the client experience, pursue customer driven organizational change, and maximize performance, engagement, and development of all employees.

MASC has five core competencies: communication, decision making, initiative & innovation, leadership, and organization. Competencies relate to every position at MASC and along with the technical requirements, are included in the qualifications for all positions at MASC.

APPLY

This position has a salary range of \$16.84 – 18.65 hourly. Interested candidates are requested to send their résumé and cover letter, marked Confidential, no later than March 23, 2022 to:

Competition: #2021-22-42 **MASC – Human Resources** Unit 100 - 1525 First Street S. Brandon, MB R7A 7A1 E-mail: hr@masc.mb.ca



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OBITUARY

Doreen Linda Letexier (née Larocque) May 21, 1952 - March 5, 2022

With heavy hearts, after a long battle with illness, we announce that Doreen quickly and painlessly passed away on March 5, 2022 in the Portage District General Hospital at the age of 69 years.

She is survived by her husband of 40 years, Allen; children: Clayton and his wife Michon, and Lynette: grandchildren Madison, Brandon, Curtis and Greyson, Also left to mourn her passing are siblings (and in-laws): Dennis (Carolyn), Alice (Don), Lorna (Vid), Cliff (Natasha), Darcy (Darlene); along with numerous nieces and nephews.

Doreen was predeceased by her parents, Louis and Reta; sisters Dawn and Wanda; and infant brother Joseph.

Doreen's family kindly requests that her friends and relatives take a few minutes to honour her memory by visiting her tribute page at EthicalDeathCare.com. A photo-biography is also available there, and memories and stories published by those who knew her, are welcomed.

In accordance with her wishes, cremation has taken place and no formal service will be held. ETHICAL DEATH CARE

Simple Cremation & Life Celebrations 204-421-5501 - EthicalDeathCare.com

OBITUARY

Robert Melvin Ferris

On March 10, 2022 at the Lakeshore General Hospital in Ashern, MB, Robert Ferris of Moosehorn, MB passed away at the age of 96 years.

In keeping with his wishes, cremation has taken place and no funeral service will be held.

Arrangements by: ARNASON FUNERAL HOME

> Ashern - Lundar 1.204.768.2072

1.866.323.3593

OBITUARY

Catharina 'Rina' Pepping September 27, 1951 - February 28, 2022

Surrounded by her loving husband Bob Sabados and family, Rina Pepping, aged 70 years of Lundar, MB. passed away at her residence.

In keeping with Rina's wishes, cremation has taken place and a family graveside service will be held at a later date.

> Arrangements by: ARNASON FUNERAL HOME Ashern - Lundar 1.204.768.2072 1.866.323.3593

CARD OF THANKS

BERNIER - The family of Eva Bernier extend heartfelt thanks to all relatives, friends and neighbours for their many kind words and support shown to us in the passing of our mother, grandmother and great-grandmother. Your prayers, cards, on-line condolences, phone calls and food were dearly appreciated. We are especially grateful to Fr. Paul Bisson who, along with Fr. Roy George Vazhaplankudivil and Fr. Bo Wardzinski. celebrated the Mass of Resurrection. Special thanks to all the nieces and nephews who contributed their time and talents to take part in the funeral celebration and video tribute at the hall - you did your grandmother proud. Our gratitude to Jacqueline Gauthier and the CWL women who took part in the Final Commendation for Mom.

Special recognition and appreciation are also extended to Broad Valley Catering for providing the sumptuous meal after the service and to Fisher Funeral Home for the dignified and professional service they provided.

The family owes a huge debt of gratitude to the remarkable staff at the Fisher Personal Care Home. The tenderness, caring and compassion they displayed for Mom were exemplary. God bless you all!



Crossword Answe

- 1. Type of footwear
- 10. Adventure story
- 15. Former U.S. Vice President
- 17. Indian city
- 18. Similar

- 23. Bullfighting maneuvers
- 27. Score perfectly
- 30. No (Scottish)
- 31. SoCal hoops team (abbr.)
- 32. Woman (French)



RECEPTIONIST REQUIRED

We are looking for a full time office receptionist at Ashern Dental Centre. Full training will be provided. Starting wage \$25/hr. Kindly send resume to: Audichad@yahoo.ca For further information call: 204-768-2730



The Gimli Seniors Resource Council Inc. congratulates Valerie Swanson on her upcoming March 31, 2022 retirement! Thank you to Valerie for the many years of hard work, dedication, and contributions to making the organization the one we are proud of today. Although you will be missed, we wish you the healthiest, happiest, and most relaxing time as you enjoy this new chapter in your life. Congratulations!



EMPLOYMENT OPPORTUNITY Driving Position

We have an opening for a long-haul driver. No waiting for back-hauls.

Our customers are located in BC, Alberta, Saskatchewan, Manitoba, Iowa, South Dakota and Minnesota Compensation is paid on an hourly basis. We have a health package including dental, a deferred profit sharing plan, and paid meals while outside of the province

For further information call Shaunne at 204-886- 2922 ext 205 or email resume to shaunne@charisons.ca

The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to **Thursday's publication Please Call 204-467-5836**



CLUES ACROSS

- 5. Studies a lot all at once
- 14. Hundred thousand
- 16. Ruler

- 19. Ship as cargo
- 20. Volcanic craters
- 22. Boxing's "GOAT"
- 24. London soccer team

- 35. Unwanted attic "decor"

- 37. Peter Griffin's daughter
- 38. Broad, shallow crater 39. Large instruments
- 40. Low bank or reef
- 41. __ and Venzetti
- 42. Oil group
- 43. Father
- 44. Aggressive men
- 45. Pairs well with green 46. Travelers need it
- 47. Digital audiotane
- 48. Midway between
- northeast and east
- 49. Chemistry descriptor 52. S. China seaport
- 55. Sound unit
- 56. Heavy cavalry sword
- 60. Thick piece of something
- 61. Spa town in Austria
- 63. Boyfriend
- 64. Norse personification of old age
- 65. Type of box
- 66. Tie together
- 67. Fiber from the coconut
- 68. Chicago mayor

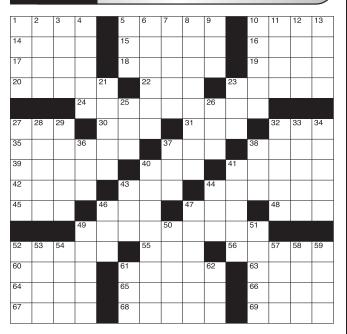
- 69. Old English letters **CLUES DOWN**
- 1. Type of sauce
- 2. Pattern of notes
- 3. Plant with long seedpods
- 4. Map out
- 5. Numbers cruncher
- 6. Make a mental connection

7. Italian tenor

- 8. N. America's highest mountain peak
- 9. Witness
- 10. Arabic given name
- 11. Music awards 12. " The Immoralist"
- author 13. Area units
- 21. Units of loudness
- 23. Political action committee
- 25. Bar hill
- 26. Witch
- 27. A theatrical performer
- 28. 2-door car
- and flowed

- 32. Papier-___, art medium
- 33. City in Georgia
- 34. Irregular
- 36. College sports conference
- 37. Angry
- 38. Partner to cheese
- 40. S. American mammal
- 41. Self-immolation by fire rituals
- 43. Split pulses
- 44. Disfigure
- 46. Cow noise
- 47. Erase
- 49. Chadic language
- 50. Reward for doing well
- 51. Paid TV 52. Millisecond
- 53. Other
- 54. Colombian city
- 57. Necklace part 58. Every one of two or
- more people 59. Regrets
- 61. They come after "A"
- 62. Horse noise

CROSSWORD



Bridal Shower in Honour of Shae Lynne Klym

Bride Elect of Taylor Sigvaldson Arborg Hall,

Saturday March 19 1:00 pm

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Classifieds Announcements

IN MEMORIAM



In Loving Memory of Olga Blahev Passed away March 22, 2019 Those we love don't go away,

They walk beside us everyday, Unseen, unheard, but always near, Still loved, still missed and very dear.

-Love Bruce Sharon, Karen, Kathy and families



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Interlake

OBITUARY

James Blahev

It is with extreme sadness that we announce the passing of James Blahey at H.S.C. on March 10, 2022.

Jim was the son of Steven and Marie Blahey. He lived in the Sky Lake area all his 75 years.

Jim is predeceased by his parents Steven and Marie Blahey, numerous aunts and uncles and two cousins.

Jim is survived by the love of his life his wife Gail and his son Jeffrey; brothers David (Ruth), Carl (Diane); sister Louise (Bernie); brother-in-law Lloyd Ching (Susan); nieces and nephews Michael, Bradley, Kelly, Jennifer, Stephanie, Tiffany, and Melanie, Kristen, Garnet (Ching). Jim had numerous great nieces and nephews 13 in total. He always had a little grin and loved to tease, he took great comfort in all his family.

Jim was a strong willed man, he loved life. He was a great man,

he loved to socialize with friends, loved going to town on Fridays and shopping at Co-op.

His life was revolved around work. He had a very strong work ethic. He was especially proud of his son Jeff when they were fixing machinery. Jim always told him if it's broke you fix it, if it's not broke you break it and then you fix it again. Jeffrey was raised by Dad's motto, no such thing

Jim at an early age fulfilled his dream of becoming a heavy equipment operator, which he did for many years with many different contractors all over Manitoba. He got very happy to see a D9 Cat. In 1971 he decided he wanted to start cattle farming and bought his first Hereford cows. Jim had great love for his Belgium team of horses. He always fed with them in the earlier years. He always said they didn't have to be plugged in and they were cheap on gas.

This finalized Jim's life and now we are left with such wonderful memories. Jim's last words in his 75 years were to his nurse, he took her by the hand and said if she could hold his pocket knife.

The family wishes to thank the Gimli Hospital, the Paramedics, the staff in Neurology Dept. at the H.S.C. for all their care and compassion.

Cremation has taken place, there will be a celebration of Jim's life at a later date.

We'll always love and miss you.



OBITUARY



Frederick Oliver Burdett September 27, 1926 - March 8, 2022

It is with heavy hearts we announce the passing of our Dad, Papa and Great Papa, Fred Burdett of Lundar, Manitoba.

As we reflect on Dad's incredible 95 years, we ask family and community to join us at a celebration of life on June 10, 2022 at 2:00 p.m. at the Oak Point Community Hall.

In lieu of flowers, donations can be made to Clarkleigh United Church, c/o Alison King, PO Box 214, Lundar, MB. R0C 1Y0 or a charity of your choice.

A full obituary to follow.

Arrangements by: ARNASON FUNERAL HOME Ashern - Lundar 1.204.768.2072 1.866.323.3593



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OBITUARY

Kristjana Sigurborg (Marilyn) Eirickson February 10, 1935 - February 28, 2022

Peacefully, surrounded by her family, Kristjana Sigurborg (Marilyn) Eirickson, of Lundar, MB passed away on February 28, 2022 at the Eriksdale Personal Care Home, at the age of 87.

She will be sadly missed by her six girls, Darlene (Donald), Lenore, Fran, Joanne (Bobe), Arlene (Harold), Lana (Cory) as well as 11 grandchildren, 16 great-grandchildren and many nieces, nephews and friends.

She was predeceased by her husband Frank; her parents, Fusi and Lauga; and her brother Melvin Hurdal.

Mom was born February 10, 1935 in Lundar and lived here all her life. She met the love of her life, Frank, and they were married on April 2, 1955. Mom and Dad farmed while raising their six girls west of Lundar. The farm was our home, always welcoming to neighbors, friends and family and many a beverage was enjoyed! After Dad passed in 1984, Mom started her career in Home Care. later moving to town.

Mom enjoyed many visits from her girls, grandchildren, great-grandchildren and friends, always playing cards, board games and attending every school and sporting event she could. But don't ever invite her out when the Jets were playing, Byfuglien took precedence! She had a special place in her heart for all her sons-in-law and was always quick to take their side! The coffee was always on, baking was always on the table or just coming out of the oven and nobody left hungry!

She teased us girls with her favorite saying "Grandchildren welcome, Parents by appointment"! She had an active social life with the Birthday Club, New Horizons, Bingo and the Icelandic League.

She was an avid volunteer and never hesitated to help anyone out when asked. Many times, she would say "Many Hands Make Light Work". She will be missed by everyone who knew her.

Mom loved to travel and she was able to live out one of her dreams by going to Iceland in 2013 with her daughters, Lana and Lenore.

In our sadness, we are comforted to know that she is now reunited with our Dad.

góða nótt elskan

We are so appreciative of the kindness, compassion and respect the staff at the Eriksdale Personal Care Home showed our Mom. We will be forever grateful.

A celebration of Mom's life will take place at 1:00 p.m. on Saturday, May 7, 2022, at the Lundar Lutheran Church with a luncheon to follow at 2:00 p.m. at the Lundar Legion Hall.

In lieu of flowers, donations may be made to the Lundar Lutheran Church, Box 216, Lundar, MB R0C 1Y0 or the Lundar New Horizons Club, Box 430, Lundar, MB R0C 1Y0,

Arrangements by: ARNASON FUNERAL HOME

Ashern - Lundar

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OBITUARY

Lester Otto Holm

February 17, 1947 - March 1, 2022

Lester Otto Holm, age 75, of Mission, British Columbia passed away on Tuesday, March 1, 2022.

Lester was born February 17, 1947, in Gimli, Manitoba.

Les is survived by daughter Kelli (Shawn); grandchildren Torrey and Braden; sister Lynne (Wendell) Keeler; brother Hughie (Jane) Holm: and many nieces and nephews.

He was predeceased by spouse Rosemary; parents Bogga and Solvin Holm; sister Joan and sister Heida and brother Donny.

Les grew up in Gimli, Manitoba and moved to Abbotsford in the early 80's becoming a very well known car sales manager. He met the love of his life Rosemary and they spent the rest of their years together and enjoying time with his family. His biggest enjoyment was watching sports of all and if you asked him any question he

always knew the answer to any sports team or any sport, with a huge smile.

We love you Grandpa...

Fond memories and expressions of sympathy may be shared at www.hendersonsfunerals.com for the HOLM family.

> IN THE CARE OF Henderson's Funeral Homes & Crematorium

OBITUARY

Kenneth Roy May May 27, 1940 - March 3, 2022

Kenneth Roy May of Moosehorn, Manitoba passed away suddenly on March 3, 2022.

Private funeral service was held Saturday, March 12, 2022 at the Moosehorn Baptist Church.

Service is available to view on the AndersonFamilyFH Facebook page, as well condolences can be left.

In lieu of flowers, donations may be made to the Moosehorn Baptist Church Memorial Fund, Box 63, Moosehorn, MB, R0C 2E0. Arrangements Entrusted To

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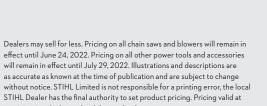
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