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EXPRESS PHOTO BY DANIELLE INGLIS
BJ Neufeld, second from right, curled with Kevin Koe and defeated Brendan Bottcher to capture the Tim Hortons Brier title on Sunday. Koe scored two points for the win with his last throw to edge Bottcher's wild-card team 4-3 in an all-Alberta final. From left to right: John Dunn (coach), Ted Appelman (alternate), Ben Hebert (lead), Colton Flash (second), BJ Neufeld (third) and Kevin Koe (skip).

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Flatland Coffee Roasters ranked third in Canada

By Evan Matthews

Gimli's own Flatland Coffee Roasters is receiving high praise.

Big 7 Travel, an online publication with a "travel-obsessed audience of 1.5 million," ranked Flatland third on its list of the top 50 coffee shops in Canada.

"We emphasize friendliness. We're a simple shop, and we're community oriented. We try to establish friendships with as many customers as we can," says Flatland owner and operator Chad Ermel, 34.

"It was quite nice to hear they ranked us so high. We don't often make a lot of lists, primarily due to our (rural) location," he says.

The praise Flatland is receiving has been directly translating to success on the business side of things, too.

The local company will move to a new location in Gimli, directly across the street from its current location on Centre Street.

"My vision is always changing. I reset our goals all the time ... and

going into this new space will help us accomplish those objectives in one fell swoop," says Ermel.

"We're doing some stuff out of province as well, as we work with a couple cafés in Ontario, and we're looking to go west. We're nurturing a relationship in Regina right now, too. We have a busy year ahead of us," he says.

Big 7's judging criteria included several different aspects, according

to its head of content Sarah Clayton-Lea, including but not limited to café atmosphere, menu variety, ethical sourcing and beans.

The online article cited Flatland as having the best coffee within a large radius, and praised the company for doing its own roasting and maintaining a high standard.

"We were particularly impressed with Flatland Coffee Roasters' dedication to bean sourcing and consistency in every cup," says Clayton-Lea. "It's a real local gem that's worth travelling for."

Flatland Coffee Roasters deal 100 per cent in specialty grade coffee, according to Ermel, while working with Canadian importers and exporters.

Coffee scoring 80 points or above on a 100-point scale is graded "specialty," according to the Specialty Coffee Association of America.

"It's been a big focus of ours. We work with fantastic farmers," says Ermel.

"One of the coffees we're very excited to have — we've purchased three lots from this particular farmer from three of his five farms — all Guatemalan coffees. His name is Ricardo Zelaya. The farmers care a great deal, and they do give back to their pickers and employees," he says.

All of the importers Ermel works with have been to the farms Flatland purchases from, he says. Importers

"MY VISION IS ALWAYS CHANGING. I RESET OUR GOALS ALL THE TIME."



EXPRESS PHOTO BY EVAN MATTHEWS

Flatland Coffee Roasters owner/operator Chad Ermel is excited to have been ranked one of the top 50 coffee shops in Canada.

find coffee that meets their quality standards and report back to Ermel.

Though Flatland Coffee is not fair trade certified, Ermel says the company does fairly trade with its farmers.

"The nice thing is that fair trade, essentially, is a minimum payment to the farmers, but we still pay higher than that minimum. We fall under the direct trade model," says Ermel.

"Some shops don't focus on quality. Since we buy based on quality, pricing comes second. If it tastes great, there is a subsequent cost. It could cost more than, say, a lower grade coffee that doesn't meet our quality standards," he says.

That commitment to quality is what keeps customers coming back, Ermel says.

In addition to quality, Ermel says it's the Flatland customer service model and sourcing practices that sets his business apart from others.

"Word of mouth has always been our strength. We appreciate our customers and what they've done for us by telling other people about us," says Ermel.

"Gimli is a wicked place. I didn't think I'd ever settle here. It wasn't on my radar. When I was away, I realized I missed it. It's a cool town, and it's growing."

Traditional Icelandic mid-winter festival coming to Arborg

By Ty Dilello

On Saturday, March 16, the Arborg chapter of the Icelandic National League is hosting their 39th annual Þorrablót dinner and dance.

The sold-out traditional Icelandic mid-winter festival is named for the month of Þorri in the historic Icelandic calendar.

The Esjan chapter of the Icelandic National League was formed in Arborg back in 1937 with 47 original members. In 1980, Esjan hosted its first annual Þorrablót and now 39 years later the annual event is still going strong.

It's a great club to be a part of and helps keep Interlakers aware of their

Icelandic roots. The local Esjan Chapter does a great job of providing financial support to a number of various Icelandic Canadian cultural organizations and activities.

"This year marks the 39th Þorrablót hosted by Esjan, the Arborg chapter of the Icelandic National League of North America," says event organizer Joel Fridfinnsson. "This year Esjan is fortunate to welcome esteemed poet and author W.D. Valgardson, who will reflect on his experiences growing up in the Icelandic Canadian community of Gimli, as well as touch on his most recent novel, *In Valhalla's Shadows*."

Continued on page 9



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Gimli's BJ Neufeld wins Tim Hortons Brier

By Ty Dilello

In a highly dramatic Sunday night Tim Hortons Brier final in Brandon, Alberta's Kevin Koe prevailed over the Wildcard Brendan Bottcher rink 4-3 to clinch a fourth Brier title for the Calgary skip.

Koe was the best team all week going an undefeated 13-0 and will be tremendous representatives for our country at next month's World Championship.

Gimli's BJ Neufeld is the third for the Koe rink and this was his first Brier title. Neufeld has previously curled in three Briers during his 11-year tenure with Mike McEwen but never could break through and win a big National Championship until Sunday. Neufeld showed no signs of nerves at Westoba Place as he curled 89 per cent and made several key shots to help Alberta win a record 27th Brier.

For the Bottcher rink, despite the loss, they proved once again that they are one of the best teams in the world with their solid performance all week that goes all the way back to the Wildcard play-in game they had to win over John Epping just to get into the event.

This year's Brier final was a defensive battle for the ages. Points were hard to come by and after seven ends Koe led Bottcher 2-0. After breaking through with a deuce in the eighth end, Bottcher would also steal the ninth end to lead 3-2 coming home. The 10th end was looking like Koe was going to be forced to a single point all end long and an extra end was going to be needed. That was the case until Bottcher's last-rock draw sailed a little deep, leaving Koe a very precise board-weight quarter of a rock double for the win. With the clock ticking down, Koe bared down and made the shot by literally less than an inch to win the Brier.

"It's an unbelievable feeling," said

Neufeld. "We went through a lot of heartache (on Team McEwen) and it's just so nice to be on this end of the spectrum as opposed to having to watch another team celebrate in front of me."

His father, Chris Neufeld, had previously won the Brier back in 1992 playing with Vic Peters, so Sunday night's Brier victory sort of made it come full-circle for Neufeld.

"It's super special," he said. "I haven't had a chance to look at my dad's name on the trophy yet but I'll be doing that and sharing this with him. He was my inspiration to getting in this game and he drives me to be as good as I can be as a person and as an athlete."

It was a very disappointing week for Team Manitoba which saw West St. Paul's Mike McEwen, Reid Carruthers, Derek Samagalski and Colin Hodgson finish with a 6-5 record, missing the playoffs by a couple of wins. The West St. Paul squad had moments of brilliance and moments of failure to sum up their week, losing a couple of games they probably should have won to the Wildcard team and Yukon.

At the end of the 11-game modified round-robin, four teams were left standing: Alberta (Koe), Northern Ontario (Jacobs), Canada (Gushue), Wildcard (Bottcher). Koe blasted Jacobs in the 1v2 game while Bottcher dispatched the two-time defending Brier champ Gushue rink in the 3v4 game. Sunday afternoon's semi-final saw Bottcher overcome Jacobs in a 5-4 back-and-forth barnburner to set up the all-Alberta final.

The 2019 event marked the third time that the Tim Hortons Brier was held in Brandon and the first since 1982. At the end of the week, the First-Team All-Stars were as follows: skip Brad Jacobs (Northern Ontario), third Ryan Fry (Northern Ontario), second E.J. Harnden (Northern Ontario), lead Dallan Muyres (Saskatchewan). The



EXPRESS PHOTO SUBMITTED

Team Koe from left to right, Ben Hebert (lead), Colton Flash (second), BJ Neufeld (third) and Kevin Koe (skip).

Second-Team All-Stars were skip Brad Gushue (Team Canada), third BJ Neufeld (Alberta), second Brett Gallant (Team Canada), lead Colin Hodgson (Manitoba). Darren Moulding, third of Team Wildcard, took home the Ross Harstone Sportsmanship Award.

On the Sunday morning before the final, Selkirk Curling Club's Kaimen Doyle won the Provincials for Hit

Draw Tap and took home a big trophy for his efforts.

Neufeld and the rest of Team Koe (Kevin Koe, Colton Flasch, Ben Hebert) will now represent Canada at the upcoming 2019 World Men's Curling Championship to be held from March 30 to April 7 at the ENMAX Centre in Lethbridge, Alta.



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Loewen receives fire chief stripes at surprise ceremony

By Teresa Carey

After standing in as acting fire chief of Arborg & Bifrost-Riverton Emergency Services since last December, Leroy Loewen received his fire chief stripes at an informal surprise ceremony that took place at the Arborg Fire Hall on Monday, March 11.

Bifrost-Riverton Reeve Brian Johnson, and councillors David King and Morley Nordal, chair of the Fire Committee, were in attendance—under the pretence of showing appreciation and support to the fire department.

Johnson arrived with boxes of doughnuts for all the firefighters who were there to take in some regular training during the evening. In this session, volunteers simulated the removal of a patient from the front passenger side of a car by performing an entire right-side ribbon blitz on its side.

The ceremony began after the first part of training, starting with introductions from all of the volunteer firefighters in attendance who each stated their names and number of years serving with the department, ranging from one year to 16 years.

"We appreciate everything you are doing. We're certainly aware of your dedication and your time. We are very fortunate to have such a good fire department," Johnston said to the volunteers.

Nordal spoke next, asking them if there was anything they wanted to ask of the council, and commended them



Volunteer fire fighters from the Arborg & Bifrost-Riverton Emergency Services performed an entire right side ribbon blitz on Autopac write-off during a training session on Monday.

on their good work.

After a brief interlude, officials awarded Loewen with his new bugle pin and replaced his old shoulder stripes with fire chief stripes.

The bugle pin is given to fire officials of various ranks. It harkens back to the days when firefighters used bugles to communicate before the days of radios. The chief's pin consists of five bugles.

"The more bugles you have on your collar, the louder you are, and the higher the rank," Deputy of Operations Terrell Kerbrat explained.

Loewen, a life-long farmer, first started volunteering with the fire department 17 years ago, at age 21. Prior to becoming acting fire chief, he was Deputy of Operations. In January, Kerbrat took his place. Loewen took over from George Chzyz the previous fire chief who retired this past December. Chzyz had been fire chief for 34 years, and with the department for 45 years.

"I'm happy to be part of this team and am looking forward to serving the community," Loewen remarked afterward.

Training nights take place every second and fourth Monday of the month, and about three Saturdays throughout the year. Training includes fire-related exercises, like house burns, one of which took place last fall, and rescue operations such as the one demonstrated during the evening.

The Arborg & Bifrost-Riverton Emergency Services is currently on the lookout for more volunteers. If interested visit www.arborgfire.com or call (204) 376-FIRE.



EXPRESS PHOTOS BY TERESA CAREY

Bifrost-Riverton Reeve Brian Johnson pins the fire chief stripes on Leroy Loewen at a surprise ceremony this past Monday. Also attending councillors Morley Nordal and David King

Provinces orders Evergreen to further cut expenditures

By Roger Newman

The Evergreen School Division Board has passed an austerity budget ordered by Premier Brian Pallister and his Conservative government.

Evergreen chair Ruth Ann Furgala told the board's March public meeting that the division has had to cut its expenditures by a provincial mandated two per cent on top of an earlier two per cent enforced last year.

She said this year's Tory funding to the division's eight schools dropped by \$196,000. As well, Evergreen was given a two per cent limit to the local portion of taxes funding its eight schools in Arborg, Riverton, Gimli and Winnipeg Beach.

"It was a very difficult budget — I hope we don't see another one like this next year," Furgala told those in attendance at the meeting. "We were forced to leave out some items suggested by the public at our communi-

ty consultation in November. We have a limited ability to levy funding under the present provincial government."

When all the paring was completed, Evergreen trustees passed a 2019-20 budget totalling \$21,510,015, an increase of 0.62 compared to last year. With the passage, the provincial share of Evergreen funding has shrunk from more than 60 per cent to 58.76 per cent while the contribution from local taxes has risen to 39.89 per cent which amounts to \$11.2 million this year.

This means that the average Evergreen owner with a home valued at \$200,000 will face a yearly tax increase of \$5.98 or 50 cents a month.

The budget was read to the meeting with regret by finance chair Gladys Kohler, Furgala, Supt. Roza Gray and secretary-treasurer Amanda Senkowski. The nine board members have taken a hit themselves by reduc-

ing the trustee budget by \$22,000 and dropping their annual indemnities to \$8,200 from \$9,000.

The division has also extended timelines for some projects and equipment and infrastructure replacement. This category includes the high profile Gimli High band room project, computers and buses. No staff have been laid off, but one employee has been switched from administration to teaching. As well, all staff contracts, including administration, are currently in a wage freeze.

"Administrative expenses are less than 3.45 per cent of the total budget," Furgala said.

On the brighter side, the board has been able to maintain support for prioritized projects and initiatives. These include teacher support for struggling students, equity grants to reduce fees for students and families and core credit requirements at small high

schools. The mature student diploma program also survives along with a variety of specialized student services and the same number of educational assistants. As well, junior kindergarten will remain at two half days a week and kindergarten at three days a week.

Trustees, however, are worried about the future. They would like the public to support the continuation of local input in education during a current review of the grade system 1-12 by Manitoba Education Minister Kelvin Goertzen. Evergreen is suggesting submissions should be made not only to Goertzen but also to Gimli MLA Jeff Wharton and NDP MLA Matt Wiebe, the opposition education critic.

"If provincial cuts to school funding continues, Evergreen will not be able to maintain the present level of programming and services in our schools," Furgala said.

Ashern Rodeo wrangling up funds

Local country star Jerry Sereda to play in Ashern on March 16

By Evan Matthews

Though the Ashern Rodeo isn't until September long weekend, its board is working hard to corral some of the funding now.

A rough estimate for the rodeo's operating budget is \$25,000, according to board chairperson John Bezemer. With the Ashern Rodeo Board being a non-profit, he says every little bit helps.

"We don't make any money. We're looking to sustain the festival, and we always want to try new and innovative ways of doing it," says Bezemer, who has sat on the board for 12 years.

"We have a social and concert fundraiser coming up on March 16. ... Things just fell into place. Jerry Sereda had interest in performing, and we thought it made sense for the rodeo to have a country music artist play," he says.

Jerry Sereda

Sereda is a Canadian Country musician from Dauphin who has played with acts like Johnny Reid, Shane Yellowbird and Jason Blaine.

Being from Manitoba, Sereda says he understands the importance of grassroots shows.

"I grew up in rural Manitoba with socials. They're super important in order to build community and to bring people together," says Sereda.

"I understand the importance of

these events. I'm excited to come out and help bring community together and celebrate friendships, successes and challenges, and to enjoy the night. I'm going to make sure there is something for everybody," he says.

Describing his sound, Sereda says he grew up with the classic country of Johnny Merle, Waylon, Willie (Nelson), but also grew up with the Garth Brooks, Brooks and Dunn, and Little Texas.

But as the times have changed, so too has Sereda's tastes. Luke Bryan, Florida Georgia Line and Justin Moore have become staples for him, he says.

"Our brand of country is country rock, but it brings in elements from everything I've ever enjoyed and loved," says Sereda.

"The truthfulness of country music is what has really resonated with me from the time of being a child right through 'til now. It's raw emotion," he says.

Sereda hopes conveying some of the raw emotion will translate into some added funding for the Ashern Rodeo Board, he says.

The concert and social will be a typical Manitoba social, according to Bezemer. There will be a silent auction (including two weekend passes to the Ashern Rodeo), food and drink, and live entertainment.

Tickets for the social are \$20 and are available at RM of West Interlake in Ashern, Ashern Insurance Agencies,



EXPRESS PHOTO SUBMITTED

Jerry Sereda, of Dauphin, will play at the Ashern Rodeo fundraising social on Saturday, March 16.

or people can contact one of the board members, according to Bezemer.

The rodeo

The Ashern Rodeo is a full stock rodeo, according to Bezemer, with some local entries, but the majority come from Alberta, Saskatchewan and Manitoba.

The event runs as part of the Manitoba Rodeo Cowboys Association (MRCA) and the Canadian Cowboys Association (CCA) rodeos.

"It's kind of our town's big weekend," says Bezemer, adding there will

be free kids' entertainment, and beer gardens for the adults. "It's a big deal."

The best part, according to Bezemer, is there won't be a bad seat in the house.

"The capacity of the facility is 400, so every seat is a front row seat," says Bezemer.

"It's \$15 a ticket and you don't have to worry about parking. It's reasonable, and it's great entertainment."

Tickets to the rodeo will not be available in advance, as it is first come, first serve at the gate.

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Manitoba small businesses welcome much needed PST reduction

Submitted by CFIB

The Canadian Federation of Independent Business (CFIB) is pleased that the government of Manitoba's 2019 budget is delivering much-needed, meaningful tax relief for the province's job creators ahead of schedule.

Finance Minister Scott Fielding announced that the provincial sales tax (PST) will drop from eight to seven per cent beginning on July 1, 2019.

"Overall, this budget sends the right signals to Manitoba entrepreneurs," said Jonathan Alward, CFIB's director of provincial affairs for Manitoba. "Manitoba's business owners were looking for three things in today's (Thursday's) Manitoba small businesses welcome much-needed PST reduction ahead of schedule."

Budget: much-needed tax relief, a clear plan to get back to balance through spending reductions, and continuing to reduce red tape."

"Over the last six months, this government has demonstrated it understands the significant cost pressures

facing the province's small business owners," added Alward. "They stopped the 'Made-in-Manitoba' carbon tax, and are now delivering a one point reduction in the PST. This will provide roughly \$325 million in savings annually to help businesses offset other tax increases including the federal tax changes, CPP premium increases and the threat of a federally imposed carbon tax.

"We know the tax relief offered today will allow Manitoba businesses to use the tax savings to grow and expand their business, increase employee wages and pay down debt," noted Alward. "This relief should help offset recent declines in optimism among the province's small businesses."

Tax relief: Manitoba entrepreneurs welcome the government's decision to decrease the provincial sales tax effective July 1, 2019, which is ahead of the predicted schedule of 2020. This significant tax rebate should return \$237 million to Manitobans in the 2019 fiscal year. The province is further con-

tinuing to keep personal income tax brackets indexed.

Balanced budget: The province continues to reduce its summary deficit to \$360 million by holding spending growth to under 0.3 per cent from the last budget (1.2% increase from the 2018 Budget Q3 forecast). This represents a \$161 million decrease from the 2018 Budget (\$110 million less than the 2018 Budget Q3 forecast).

"Small business owners work hard every day to balance their books, find efficiencies and live within their means, and they expect their governments to do the same. This budget shows Manitoba building on its recent efforts to get its fiscal house in order," added Alward.

"The summary deficit is shrinking to \$360 million in 2019-2020, in large part by finding efficiencies such as reducing the provincial workforce through attrition, higher personal income tax revenues, and by increases in federal transfer payments."

Provincial sales tax exemption on federal carbon tax announced

Submitted by Manitoba government

The province is taking action to shield Manitobans from an increase in the cost to their home-heating bills. It will not apply the provincial sales tax (PST) to the federal government's carbon tax, Premier Brian Pallister announced this past Tuesday.

The federal government has made clear its intention to charge the Goods and Services Tax (GST) on top of the carbon tax, which would in effect tax Manitobans twice. When combined with the impact of the federal carbon tax on home heating, this decision will

cost the average Manitoba household \$92 more in 2019, topping out at approximately \$230 by the year 2022.

"Ottawa is charging federal sales tax on top of its carbon tax, meaning Manitobans will be hit twice on their natural gas bills," said Pallister. "The added cost of charging GST on top of the federal carbon tax means Manitobans will have less disposable income at the end of the month. Affordability matters and we are ensuring Manitobans will not be triple charged."

The premier confirmed Manitoba will implement an exemption to en-

sure the PST will not apply on the federal carbon tax. The measure will save Manitoba families and businesses \$3.6 million in 2019.

"We are putting money back on the kitchen table for families, seniors and households across the province," said Pallister.

He noted Manitoba does not accept the federal government's imposition of a higher, rising carbon tax, and will continue to move forward with implementing the Made-in-Manitoba Climate and Green Plan without a carbon tax.

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Budget 2019 reduces PST, makes life more affordable

Submitted by Manitoba government

Budget 2019 gets the job done for Manitobans by focusing on investments that fix the finances, repair services and rebuild the economy, Finance Minister Scott Fielding announced Thursday as he introduced the budget in the legislature.

“Three years ago, Manitobans chose a new direction for their province and elected us to bring greater stability, security and opportunity to people right across the province,” said Fielding. “Budget 2019 reduces the retail sales tax, continues to reduce the summary deficit, invests in addictions services and focuses on the needs of Manitoba families.”

Budget 2019 cuts the retail sales tax to seven per cent from eight per cent on July 1, six years from the day the previous government broke its promise, and achieving the government’s commitment to reduce the PST during its first term.

“While others are taking more money off kitchen tables all over the province — with higher municipal property taxes, higher Hydro rates and higher federal deficits — our government is lowering the PST, leaving that money where it belongs,” said Fielding. “By the end of our second term, this rate reduction will save an average family of four around \$3,000.

“It will increase economic output and generate approximately 900 person-years of employment. Labour income, including wages and salaries, will grow by nearly \$50 million per year, and Manitoba’s nominal GDP will increase by approximately \$90 million,” said the minister.

Fielding noted Budget 2019 forecasts a summary deficit of \$360 million for the 2019-20 fiscal year, showing accountability to the taxpayer. That is \$161 million less than the deficit projected in Budget 2018 for the 2018-19 fiscal year, he added.

“We’ve increased funding for health

care, for education and for families to record levels in each of our budgets, to the highest levels in Manitoba history,” said Fielding. “And yet, we’ve still been able to reduce our deficit and stay on track to deliver a balanced budget in the next six years. This accomplishment shows our plan is working.”

The minister confirmed the budget also includes investments to respond to the challenges of addictions, with \$1 million in new funding to expand the number of withdrawal management beds in Winnipeg and Brandon. In addition, the province will invest an additional \$2.3 million to target drug-related criminal activity including methamphetamine and gang-related crime prevention initiatives.

Other highlights in Budget 2019 include:

- investing historic levels of funding in health care to lower ambulance fees to a maximum of \$250, to open five new or enhanced health facilities with operating funding of \$6.4 million, to hire 35 additional primary care paramedics with \$3.8 million in devoted funding and to increase renal replacement therapy funding by \$2.4 million;
- reserving \$20 million to allow the province to sign the upcoming addictions and mental health bilateral agreement with the federal government;
- increasing primary and secondary school funding by \$6.6 million, and increasing kindergarten to Grade 12 capital funding by more than \$56 million to support structural repairs, roof replacements, new mechanical systems and accessibility projects, facilities for special needs students and major additions at École Noël-Ritchot in the Division scolaire franco-manitobaine and Mitchell Elementary in the Hanover School Division, as well as funding for existing new school projects in Brandon, Niverville, Win-

kler and Winnipeg;

- increasing funding for Community Living and disABILITY Services by \$13.6 million to \$439.5 million;
- increasing operating funding for existing and new community-based day care projects by \$759,000;
- allocating an additional \$325,000 to provide direct services for victims of domestic violence and continuing to support organizations like the Canadian Centre for Child Protection, Brandon Victim Services and Candace House;
- increasing Manitoba’s RCMP staffing complement by 29 positions, including funding for 27 additional officers;
- providing a total of \$313.5 million in basket funding for local governments that continues to provide municipalities with the flexibility they need to meet local needs including enhanced support for roads and bridges for municipalities outside of Winnipeg;
- providing over \$350 million in dedicated funding for highway infrastructure and projects such as the Daly Bridge in Brandon, the replacement of the existing overpass near Portage la Prairie and improvements to PTH 21 near Shoal Lake;
- allocating \$45 million toward capital projects in recognition of Manitoba’s 150th anniversary including funding for additional highways and other infrastructure projects;
- spending more than \$1 billion on strategic infrastructure such as roads and bridges, water and wastewater infrastructure projects, flood protection, hospitals, schools, universities and colleges;
- increasing funding for the Manitoba Film and Video Production Tax Credit to \$31.5 million from \$16 million;
- funding major improvements to airports at St. Theresa Point, Norway House and Shamattawa;
- increasing funding for the Young



Premier Brian Pallister

Farmer Rebate Enhancement program by 32 per cent to \$2 million; and

- supporting 15 new projects and over 50 drain rehabilitation projects under the Water Related Capital program, for a total estimated investment of \$46 million.

“We are getting value for taxpayers, and the proof is found in the progress we are making in reducing the deficit each year,” said Fielding. “And, it’s found in the fact the world is showing their confidence in Manitoba as a place to invest and a place to grow.”

The minister noted Manitoba has led the nation in private capital investment over the past year and is on pace to be among the leading provinces again this year.

“We are getting the job done. We are giving Manitobans the government they want, at a price they can afford,” said Fielding. “With the opportunities in Budget 2019, we will continue to move our province forward, fueled by the knowledge that Manitoba’s best days are ahead of us.”

Information on department-specific investments can be found at www.manitoba.ca/budget2019/highlights/index.html.

To review the budget documents, visit www.manitoba.ca/budget2019/.

Province announces enhanced cannabis possession rules

Submitted by Manitoba government

Proposed amendments to The Liquor, Gaming and Cannabis Control Act would enhance cannabis possession rules to protect health and safety, preserve the integrity of the legal retail cannabis system and stop the illicit cannabis market, Justice Minister Cliff Cullen announced Monday.

“Throughout the process of federal cannabis legalization, our government has continued to make health and safety our top priority,” said Cullen. “These possession restrictions

help crack down on the illicit cannabis market by giving provincial inspectors the clear ability to seize illicit cannabis.”

The proposed amendments would make it an offence to possess more than 30 grams of non-medical cannabis in a public place. Similar federal prohibitions already exist under The Excise Act, 2001 and The Cannabis Act but provincial inspectors appointed under The Liquor, Gaming and Cannabis Control Act cannot enforce those laws.

Creating the proposed new provincial offences would enable inspectors, including Manitoba Finance officers who enforce provincial tobacco laws, to take action against those who possess illicit cannabis in Manitoba. It would also give police the option to proceed by way of a ticket for possession over 30 grams rather than going through the more complex process of charging an individual criminally. The fine amounts for all new offences would be determined by regulation.

The proposed amendments would

also make it an offence to possess cannabis that is not packaged, stamped and labelled in accordance with federal legislation. This would preserve the integrity of the legal retail cannabis market by prohibiting the possession of illicit cannabis.

Cullen noted that exemptions in the legislation would ensure that individuals can still remove cannabis from its original packaging for storage and consumption. For more information on cannabis in Manitoba, visit www.gov.mb.ca/cannabis.

getheard

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS

Teaching tangible, technical takeaways

By Evan Matthews

Between crops, livestock, dairy and equipment production, farming and agriculture are a way of life in Manitoba.

Moreover, farming and agriculture are a way of life in Canada.

One in every eight jobs in Canada is related to the agriculture and food sector, according to the government, so the math translates to roughly four million jobs.

That's a lot of jobs, and a lot of education prior to young people moving into those roles.

Last week the federal and provincial governments added nearly \$100,000 to a program in Manitoba called Agriculture in the Classroom.

The program consists of hands-on learning, getting students engaged by

allowing them to experience small examples of farming practices.

The program's executive director told the newspaper that because our society is now two, (sometimes) three, generations removed from the farm, we run the risk of losing some of society's traditional farming practices.

Teaching kids where our food comes from, how it's grown and harvested, and why farmers use the methods they do, is extremely important for future generations to make informed consumer choices.

We owe kudos to our government for recognizing this and for developing proactive programming to aid Manitoba's students' development.

But, why isn't this same hands-on approach used in other areas relating to educating our students? Our edu-

cational system can use more hands-on learning, like what Agriculture in the Classroom is providing.

So many of our students come out of school with understanding of basic physics and chemistry, or the knowledge of calculus, some having even taken basic psychology courses.

These courses are important and should be maintained.

But as Agriculture in the Classroom is showing us, students respond and learn in hands-on, engaging environments. By planting seeds, they get to watch their crops grow.

Why are we not applying this principle to other life situations?

Things like filing taxes, basic car repairs (like changing a tire or changing the oil), or how to fix common household issues, these are life skills often overlooked.

Our education system is doing so many things right.



Evan Matthews

It shows in the highly intelligent people who come from this beautiful province and move on to great success.

But nothing in life is perfect. Are we doing all we can to prepare students for life outside the classroom?

Evan Matthews is a reporter/photographer with the Express Weekly News and the Stonewall Teulon Tribune. If you have a news tip or story idea, you can email evan@expressweeklynews.ca.

Canada Post mail delivery resumes in Matlock

By Roger Newman

The mail has returned to Matlock.

Several rows of Canada Post superboxes have been installed on the grounds of the Matlock Recreation Centre on Matlock Road.

Village of Dunnottar council members estimate that between 400 and 500 Matlock and nearby St. Andrews residents will pick up their mail at the new location. These residents have been temporarily receiving letters and parcels at the Winnipeg Beach post office since the Matlock Store — long the local post office site — unexpectedly closed its doors without notice earlier this year.

One of these residents, Wayne Gurney, was eagerly inspecting the superboxes before the first delivery to the new location last Thursday.

"I've been getting my mail at Matlock since 1984," said Gurney, who was pleased by the resumption of delivery in Matlock.

He and other residents have been forced to trek for mail to the Winnipeg Beach post office since Matlock store shut down. That's much easier for other Dunnottar residents in Whytewold and Ponemah since many of them are closer to Winnipeg Beach and already get their mail at the beach.

Dunnottar council members looked pleased about the resumption of mail service when they held their March public meeting Wednesday in the village office on Whytewold Road. The meeting was held two weeks ahead of the usual date to enable council to deliver and pass its 2019 budget on March 27 at 10 a.m. also in the village office. This meeting is the major opportunity for Dunnottar taxpayers to question council members about planned expenditures in the coming year.



EXPRESS PHOTO BY ROGER NEWMAN

Wayne Gurney has been receiving his mail at Matlock since 1984 and is happy that their postal service has been restored in the community.

In other business, Dunnottar Council has:

- Created a sustainability reserve to save money for more projects to enhance the village environment and combat climate change. Dunnottar is already one of Manitoba's environment protection leaders and is far ahead of most other Interlake municipalities. One option for a future Dunnottar project is construction of a low pressure sewer system.
- Voted to buy a new car for village bylaw enforcement officer Ken McCracken, who has held the job

for 16 years. The cost of the vehicle will be about \$15,000 and calls for the disposal of McCracken's present car.

- Mayor Rick Gamble and Chief Administrative Officer Janice Thevenot approved attend the Canadian Federation of Municipalities (CFM) Convention set for the end of May in Quebec City A previous trip to this convention by the two Dunnottar representatives resulted in a significant CFM grant to help develop the village's sustainability plan.

getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL Time to get your shacks off the ice

By Arnie Weidl

Hi folks. Even though the Red River ice cutters have forged upstream of the “blue bridge” toward Selkirk, there was still an endless sprinkling of hard wall ice shacks on the river from the #204-509 Intersection to Lockport last week.

Downstream of the locks, I urged Old Red along from one shack or tent to another, stopping to visit with some of our fellow anglers. I pulled up beside a large red portable when the head of a chap with a white moustache and big grin popped out from the zipper door.

“How’s it going?” I asked from my turned-down window.

Crouching and peering through his door, he volunteered, “Nothing yet.”

I got out of my truck and knelt at the door so he could sit back in his folding chair inside the dark tent. “You seem to be a veteran angler,” I opened a conversation with him. “Would you have a angling story for your fishing brothers and sisters?”

His ever-present smile grew wider as he began a story that came to him quickly. He described an experience he had here a few weeks ago when he had settled in for an afternoon of ice fishing. Two men, one older and the other quite young, approached him. They began talking and our new friend, Peter Arlukiewicz of Winnipeg, learned that these guys were visiting from Australia. They had never seen anyone ice fishing before.

Being a friendly fellow, Pete invited them to hold his rods and coached

them on jigging. Lo and behold, the young guy got a strike! He was beside himself. He frantically reeled up and soon a pickerel as long as his forearm flew up from the ice hole. All three men shouted in excitement and then cried out in dismay as the fish slipped the hook and plopped tail first back into the hole.

Pete admitted that normally he was not quick on his feet, but that day he was. He sprang forward, dropping down on all fours and plunged his arm into the chilling water. He couldn’t see the fish, but in an electrifying second, he felt its head. He jammed it against the ice hole wall and with his other hand locked his fingers into the gills. He brought it up with both hands as the Aussies proclaimed, “Only in Canada are we likely to see this!”

I mentioned a couple of weeks ago how Jim Hildebrand loves to fish but can’t eat them. Well, last week I ran into Collin Huston and Alaina Gooding, along with Alaina’s kids Hannah and little Danny who hail from the Interlake. As it turns out, Alaina also loves to fish but can’t eat them. The exact opposite situation prevails with Hannah. Not long ago, she caught a nice pickerel and when her mom cooked it, Hannah cried out, “That’s my fish and I’m eating it!”

I had found them in their warm wood-heated ice shack off the west shore of Lake Winnipeg. As we continued talking, the topic of pranking other fisherman came up. I told of a time when friends of mine kidded an American friend, who was really a

good sport, that he had to get his picture taken out on the ice, in the cold, bare-chested when he caught his first fish here. He did and got a horrible cold! Collin chimed in, laughing, that when he was commercial fishing and had some rookies come along for the ride, they complained their fingers were freezing in the cold. Now, Collin has a sense of humour and he told them the only way to warm their fingers up was to put them in their mouths. They did it, even though they had been handling fish during the lift! Collin just shook his head smiling and didn’t say a word!

Last weekend on the southeast side of Lake Winnipeg on the ice, I met a big fun-loving guy by the name of Clint Swein fishing in his portable tent. He stood in the dim light of his shelter jigging one of his lines as he recalled an uncomfortable learning experience with his fishing auger years ago. He and friends came out here with his brand new ice auger to drill some holes and fish. The first two holes went fine, but a foot into the ice



EXPRESS PHOTO BY ARNIE WEIDL Hannah Gooding with her catch that she insisted on eating herself.

on the third try, the auger got stuck. No matter what they tried, they couldn’t get it loose so they left it sticking up out of the ice and went home.

The next day, bright and early, they were back at the auger determined to rescue it. They chiselled around the flanging. They heated and poured water around it. They put wrenches with extensions on the auger shaft and pulled as hard as they could trying to back it out. Finally, the auger jerked free. After that, according to Clint, he made sure he pulled the auger up as he drilled, clearing it of ice chunks every once in a while so it wouldn’t get stuck again.

Good fishing, friends, Bye for now.

BUDGET 2019: GETTING THE JOB DONE

Budget 2019 is on track to making life more affordable for Manitobans.

The Manitoba government is keeping promises and giving Manitobans the break they deserve by **reducing the provincial sales tax (PST) to seven per cent.**

In five years’ time, that will save an average family of four, more than \$3,000.

The drop will also stimulate labour income by nearly \$50 million per year, contributing to the growth of wages and salaries.

To learn ALL the details of this year’s budget and what it means to you and your family, visit manitoba.ca.



> ICELANDIC FESTIVAL, FROM PG. 2

W.D. Valgardson is an Icelandic-Canadian fiction writer and poet who was originally raised in Gimli but has been a long-time professor of writing in British Columbia at the University of Victoria. He completed his BA at United College, bachelor of education at the University of Manitoba and MFA at the University of Iowa.

Valgardson’s new book *In Valhalla’s Shadows* shapes a portrait of small-town living with frank depictions or post-traumatic stress, RCMP conduct, systemic racism and the real-life tragedies that are too often left unsolved. It is based on a lakeside village in the Interlake of Manitoba and makes for a terrific book.

The musical entertainment for the evening will be provided by Brittney

Gallichon, an experienced local singer and recording artist. The master of ceremonies will be Brooke Fridfinnson of Ottawa, who is originally from the Arborg area. The dinner and program will be followed by a dance with music provided by Kris Vigfusson. There will also be a silent auction.

“Everyone involved in the Esjan chapter, which hosts the event annually, is thrilled to welcome Mr. Valgardson, Ms. Gallichon and Ms. Fridfinnson at this year’s Porrablót,” said Fridfinnson. “We’re also privileged to welcome the Counsel General for Iceland in Winnipeg, Mr. Þórður Bjarni Guðjónsson and his wife Jörunn Kristinsdóttir. Þórður will bring greetings on behalf of the government of Iceland.”

Kinloch Grove wedding centre coming to Matlock

By Roger Newman and Ty Dilello

Allie Reardon Smith is getting married in August.

That usually involves the choice of a location, but not in her case. She is the owner/operator of a large 76-acre outdoor wedding centre set to open this spring on Chalet Beach Road, the farthest street south in Matlock.

"It's going to be called the Kinloch Grove Centre," said Reardon Smith.

We decided to use the name Kinloch from her family connections to the Kinloch Hotel in the Isle of Mull, Scotland.

"The name Kinloch comes from family-owned property in Scotland, and we thought it was perfect since Kin means family and Loch means lake — hosting new families through weddings at our family cabin. It all seems to fit nicely together," said Reardon Smith.

"The venue will speak for itself and highlight the beauty that is the Interlake district. We've cleared out a space in the woods for the clear top tent, and there's nothing like it for miles so we're happy to provide another outdoor wedding and event option for Manitobans."

Reardon Smith is hoping that Kinloch Grove will provide people with a solid option for couples looking to host a beautiful wedding in the near future.

She grew up in Winnipeg's south Osborne district and stayed at the family cottage on the Chalet Beach property for 20 years before developing plans for the wedding centre.

"When my fiancé proposed and we wanted to have our wedding at the cabin, there were little options, and we figured instead of renting a

tent and washrooms, etc., that why not buy everything and start a wedding business? The process, however, hasn't been that simple," said Reardon Smith. "The real challenge is changing the way we use our time to make sure everything is ready for our open house. You don't realize how fast a year can go by. We might have a last-minute booking in 2019 and I guess we'll see how the open house goes. I'm sure couples will be picturing their own wedding as they walk around, you never know."

The Kinloch Grove property is 76 acres of wild prairie landscape with a 3,200-square-foot main tent that will feature ceiling drapery, chandeliers and string lights. The main tent will feature a DJ-compatible sound system, hand-built farm tables, banquet chairs, portable bar and head table platform.

Other components of the centre will include a bridal chalet and washrooms.

"There is the potential to hold two or more weddings on each of 17 weekends from May to September," said Reardon Smith, who has scheduled an open house at the property from 1 to 4 p.m. on Sunday, June 16.

The young woman acquired an extensive business background before she decided to become an entrepreneur and establish a new enterprise to help promote the Matlock community. She worked for her father's painting business, her mother's co-owned Pulse Gallery at The Forks and continues to do marketing and sewing for her uncle's Shawcross Brothers Gloves. She also has a background in marketing her own products and services, which include garments and ac-



EXPRESS PHOTO SUBMITTED

Allie Reardon Smith is hoping Kinloch Grove becomes a premier Interlake wedding venue.

cessories, home décor and residential design.

"I've been surrounded by very strong and talented business people all my life and I started designing things in middle school," Reardon Smith said.

Later, she graduated in 2005 from Winnipeg's Kelvin High School, where she still holds the track record for running the fastest 400 metres.

"I'm surprised somebody hasn't

broken this record by now," says Reardon Smith, whose speed will ensure she is on time for her own wedding.

Kinloch Grove has finally allowed me to make some of my own business decisions, which feels pretty awesome."

Visit kinlochgrove.com for more information. You can also contact them at 204-995-7364 or events@kinlochgrove.com.

Are you taking care of your brain?

Submitted

With the help of brain research, there is hope that one day there will be a cure for dementia and other brain diseases and disorders.

That's why brain research is celebrated during Brain Awareness Week,

which takes place this year from March 11 to 17.

At the Alzheimer Society, we promote brain health to help reduce the risk of developing dementia. There are lots of things you can do, including challenging yourself, being so-

cially and physically active, eating a healthy diet and reducing stress in your life.

"The brain is one of your most vital organs. It plays a role in every action and every thought, and just like the rest of your body, it needs to be looked

after," says Wendy Schettler, CEO, Alzheimer Society of Manitoba.

Scientific evidence shows that 30 minutes of moderate exercise each day, whether it's a brisk walk or taking dance lessons, helps lessen the risk of dementia. Physical activity of any kind pumps blood and oxygen to the brain, which is important for brain functioning. An active lifestyle also builds up your cognitive reserve and improves memory and thinking.

But don't stop there. Combine physical activity with a healthy diet for added protection against dementia. Consuming nutrient-rich foods such as whole grains, dark leafy greens and

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VERMONT CASTINGS

Gimli's Sea Wolf trawler heading west to a new home

By Roger Newman

Gimli commercial fisherman Ed Goodman has found a new home for his long-serving whitefish trawler the Sea Wolf.

Like many Manitobans, the Sea Wolf is retiring to a new life in Victoria, B.C., after a career that included fishing for Goodman for 13 years near Georges Island in Lake Winnipeg's North Basin.

The Sea Wolf was named the Bluebird when it was born in 1968 after being built at the Purvis Boat Works in Selkirk. It was owned by fisherman Jack Jacobson before Goodman bought it and watched the now Sea Wolf mature to adulthood with three growth spurts that took it from 44 feet to 62 feet in length.

"I added the last six feet in 1992 because I needed more room," recalls Goodman. "Everything went well until 1996 when the government lowered whitefish quotas and it became uneconomic to fish in the North Basin."

Goodman switched to fishing for whitefish and pickerel in a skiff in the South Basin, a pursuit he still pursues today. The Sea Wolf was then used as a back-up fishing boat in the South Basin and also a family pleasure boat until it was taken out of the water in 2006. After that, it was beached in Ed's brother Gordon's yard and became a familiar sight to motorists glancing west while travelling on Highway 8, a few kilometres north of Gimli.

One of these motorists was Winnipeg contractor Mike McFeetors, who often admired the Sea Wolf as he drove by en route to jobs in the Gimli

area.

"I had my eye on the boat for several years and I found out the name of the owner when I did a job for Ed Goodman," McFeetors said. "I made him an offer that he recently accepted."

That led to moving day a week ago when the Sea Wolf was lifted by crane from its north Gimli resting place and hauled away to its new life in Victoria.

"It was exciting for me and a pleasure to do the deal," McFeetors said.

The Winnipeg contractor has experience on the water with a houseboat at his Kenora cottage on Lake of the Woods. But he is unsure of the Sea Wolf's ultimate use when it is launched into the Pacific Ocean.

"I may use it for personal pleasure or it may become a charter vessel," said McFeetors, who is a relative newcomer to Victoria. "It might also be a showboat because I have a sister who is a Victoria comedian and has lots of friends in show business."

Ed Goodman, meanwhile, is happy his trawler has found a good home. He would also be comfortable if his trawler ends up in show business.

"The Sea Wolf was in all but one episode of *My Life as a Dog*, a TV series that was shot in Gimli in the 1990s," he said.

With its departure, the trawler will be missed by Goodman and his family which includes his wife Jacqueline, a noted Gimli artist, and their children Erika, Oli and Travis.

"Selling the Sea Wolf was simultaneously a sad and happy occasion for me," said the still active fisher. "I'm left with a lot of good memories."

"SELLING THE SEA WOLF WAS SIMULTANEOUSLY A SAD AND HAPPY OCCASION FOR ME."

> BRAIN, FROM PG. 10

fresh-water fish supports good cardiovascular health. It's a well-known fact that heart disease, diabetes and high blood pressure are contributing factors for vascular dementia.

Training your brain to learn new things in new ways also preserves brain cells and, in some cases, can even help reverse some of the cognitive decline that occurs with age. Engaging in activities with others such as volunteering or participating in a book club is even better for keeping your brain in top form.

Staying connected socially boosts mood and attitude, both important ingredients for well-being.

"There are no guarantees that making healthy lifestyle choices will prevent dementia, but it will help keep your brain as healthy as possible as you age," says Schettler.

It's never too late or too soon. The key is to make lifestyle changes that work for you. For practical tips and other resources, visit <https://alzheimer.mb.ca/about-dementia/brain-health/>.



EXPRESS PHOTOS SUBMITTED

Winnipeg contractor Mike McFeetors, left, recently completed a deal to buy the trawler from Gimli fisher Goodman.



The Sea Wolf sailed on Lake Winnipeg under the command of commercial fisher Ed Goodman for 13 years.



A giant crane lifted the Sea Wolf from a Gimli yard to start the trawler's move to Victoria.

Provincial roads set to open this spring

By Evan Matthews

After a decade long closure, two provincial roads linking the communities of Woodlands, Inwood, Teulon and St. Laurent are set to open.

Shoal Lakes Flooded Land Owners Association president Orval Procter says it's about time provincial roads 415 and 416 open up.

"It's been a really hard fight to get to this point," says Procter. "It really is a celebratory moment."

The province closed PRs 415 and 416 in 2010, according to the province's Public Affairs and program specialist Tammy Sawatzky because — until recently — they were under water.

The province expects all work to be completed later this spring but is dependent on weather, she says. Currently, the roads remain closed to traffic while construction crews continue to work.

"Drier conditions this past season

has now made this work feasible," says Sawatzky. "Manitoba Infrastructure is re-establishing (these roads) to pre-flood conditions and adding large protective rock to vulnerable locations to guard against wave action."

PR 415 runs east and west from St. Laurent to Teulon.

The closed portions of roadway are in the Shoal Lakes area (east of PR 518), according to the province.

The Shoal Lakes (East, West, and North Shoal Lake) are located in the southwest Interlake, approximately 15 kilometres east of Lake Manitoba, in the rural municipalities of St. Laurent, Woodlands and Armstrong.

PR 416 runs on the eastern side of North Shoal Lake.

Those roads not only represent a much shorter commute for area residents but also a much longer commute for any emergency service personnel.



EXPRESS PHOTOS BY EVAN MATTHEWS

Shoal Lakes Flooded Land Owners Association president Orval Procter says local residents can celebrate, as provincial roads 415 and 416 are set to open sometime this spring/summer.



The province expects all work to be completed later this spring but is dependent on weather.

"Fire is a much bigger danger in spring than flooding is. The marshland is perfect kindling for fire and, if that happens, it could spread quickly and at that point RM boarders become pointless," Procter said previously.

"We need to know who will fight these fires if they happen and how firefighters will get to the areas that are in trouble. ... If somebody needs an ambulance, it's also a longer wait for that."

The lakes are usually land-locked with no natural outlet, according to the province, and consequently their water levels rise and fall depending on variations in annual rainfall and snowmelt.

Historically, when lake levels rose very high, natural overflow from the

lake has occurred to the east into the Sturgeon Creek and Grassmere drainage systems. However, approximately a decade ago, the water levels on the Shoal Lakes rose so high that the lakes merged into one large water body, and resulted in flooding of up to approximately 90,000 acres of adjacent lands, according to the province.

With the dry weather in the last couple years, water levels have gone down, according to the province.

"For every foot the water level rose, the lake would spread out another half mile," says Procter.

"The whole region is still a mess after the roads washed out, and the provincial buy-back program, but things are improving."

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NOTICE OF ANNUAL MEETING

Of the Members of Marquette Consumers Co-operative Ltd.

Notice is hereby given of an Annual Meeting of the members of the Marquette Consumers Co-operative Ltd. at Meadow Lea Hall in the Province of Manitoba, on the 11th day of April 2019, at the hour of 8:00 p.m. Agenda to include a proposal to amalgamate Marquette Consumers Co-operative Ltd. and Elm Creek Co-Operative Oil & Supplies Ltd. and consider proposed changes from the existing Articles and Bylaws of Marquette Co-operative Ltd.

The following is the special resolution which is being proposed to be brought forth at the meeting:

BE IT RESOLVED:

The Articles of Amalgamation for Marquette Consumers Co-op Limited, based on the positive vote for the amalgamation, be and are hereby approved, confirmed and adopted.

The By-laws of Marquette Consumers Co-op Limited, based on the positive vote for the amalgamation, be and hereby approved, confirmed and adopted.

The Amalgamation Agreement, effective the 1st day of December, 2019, between Marquette Consumers Cooperative Limited and Elm Creek Co-operative Oil & Supplies Limited providing for the terms and conditions of their amalgamation and their continuance as one Co-operative under The Co-operatives Act of the Province of Manitoba, be and is hereby approved, confirmed and adopted.

The directors and officers of Marquette Consumers Co-operative Limited, be and are hereby authorized and directed to do such acts and things and execute such documents as may be necessary and desirable to implement the said amalgamation.

Copies of THE AMALGAMATION AGREEMENT, BYLAWS AND ARTICLES adopted by the Board of Directors on January 31st, 2019 are available from the Marquette Consumers Co-operative Ltd. administration office for review. A member has a right to dissent to the amalgamation. This can only be done by sending a written objection to the resolution proposing amalgamation to the Co-operative on or before the meeting referred to above.

INFORMATION EVENING

DATE: April 01, 2019 Monday TIME: Registration: 6:30 P.M.
Meeting: 7:00 P.M. LOCATION: Meadow Lea Hall

VOTE

ANNUAL GENERAL MEETING

DATE: April 11, 2019 Thursday TIME: Registration: 6:00 P.M. Supper: 6:30 P.M.
Meeting: 8:00 P.M. LOCATION: Meadow Lea Hall Corner of 227 & 248

Purpose of the meeting is to review 2018 Financial Report, Election of Directors to the Co-op Board, review activities of the Board of Directors of the Marquette Co-op and other business.

Nomination Forms for the position of Director are available at Marquette Co-op, stores located in Marquette and Starbuck. Nomination forms must be returned to locations or submitted to the nominating committee before 4 P.M. March 20, 2019. Please order Supper tickets from either of our stores by April 02, 2019 \$10.00 each

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AGM

April 11, 2019
Agenda

- Service Awards
- Director Report
- Manager's Report
- Appointment Auditor
- Amalgamation Vote

Province provides funding for growing in the classroom

By Evan Matthews

Through hard work and hands-on learning, the province is planting seeds and hoping students will grow into Manitoba's agricultural leaders of tomorrow.

On March 1, the Canadian and Manitoba governments announced they will provide \$99,400 over two years through the Canadian Agricultural Partnership program to support Agriculture in the Classroom.

"We are proud to be supporting Agriculture in the Classroom – Manitoba and the educational programming they're providing to our students in the province," said Manitoba's Agriculture Minister Ralph Eichler.

"Agriculture is a critical part of Manitoba's overall economy, and raising awareness and giving these students this opportunity at such a young age is an incredible experience," he says.

Agriculture in the Classroom's programming plays an integral role in increasing public awareness of on-farm practices and agri-food processing by sharing accurate, balanced and current information to 30,000 students and teachers annually, according to the province.

Programming is delivered at all grade levels and builds an understanding of the impact of agriculture in Manitoba, which Agriculture in the Classroom's executive director Sue Clayton says is imperative for kids to understand, as one out of every eight jobs in the province is directly related to agriculture.

"The children and teachers are becoming increasingly removed from the farm. We're two to three generations removed from traditional farming practice, typically," says Clayton.

"It's important for students to learn how their food is produced and where it comes from, as well as how to think critically about that information. When they're older and go to the grocery store, they can make informed consumer decisions," she says.

Interlake schools will see funding added to its Agriculture in the Class programming, according to



EXPRESS PHOTOS BY LAVERNE KIEL

Teulon Elementary School students prepare garden boxes as part of the Agriculture in the Classroom program.

Clayton, including Stonewall's R.W. Bobby Bend and Centennial, Winnipeg Beach School and Teulon Elementary School.

In Teulon, the school has a variety of programming starting in late September. The programming continues throughout the school year, according to vice-principal and Grade 3 teacher Laverne Kiel.

"We have (what we call) the Little Green Thumbs program up and running. We plant seeds, care for out plants and transplant them," she says, noting the kids learn all about composting, growing and eating vegetables.

"We discuss equipment the students have seen in fields on their way to school, crops that might be being harvested at the time, animals that are being brought home from pasture, etc. In the fall, we begin our composting project with our Red Wiggler worms. We spend time discussing the significance of composting, the jobs that the worms do, etc.," said Kiel.

The kids are engaging with the program, according to Kiel, who says the students love to work with the soil, seeds, plants and worms.

However, she says, the worms aren't for everyone.

Province addresses sustainability of Lake Winnipeg fishery

Submitted by Manitoba government

The Manitoba government will offer the option of voluntary Individual Quota Entitlement buy-back, and introduce new commercial and recreational fishing regulations intended to help assure sustainable fish populations in Lake Winnipeg, Sustainable Development Minister Rochelle Squires announced Monday.

"We are seeing early warning signs the sustainability of fisheries resources in Lake Winnipeg is at risk," Squires said. "By acting today, we will ensure the ability of Manitoba's great lake to generate food, provide enjoyment and support economic growth in future."

Effective immediately until March 21, the province is offering a voluntary commercial fisheries quota buy-back option. Commercial fishers can make Notifications of Interest to sell their Individual Quota Entitlements (annual allowable catch) to the province. The province will then retire the purchased entitlements in order to reduce the amount of com-

mercial catch taken from the lake every year.

In an effort to allow more smaller fish to grow to spawning size, and increase the overall natural productivity of the lake over time, the province will be consulting fishers on other sustainable regulation measures, including net minimum mesh sizes and recreational angling minimum length retention limits. A 30-day consultation period will begin immediately.

The minister also announced the Lake Winnipeg Fisheries Co-management Board spring meeting will feature a collaborative science and adaptive management workshop as previously agreed to by the Manitoba Wildlife Federation and commercial fishers. The workshop will be facilitated by a third party and include Indigenous, angling and commercial net fishing and tourism interests along with provincial representation. The goal of this workshop is to set the foundation for a new model of shared management that is broadly based and geared to enhance the fishery using science, knowledge and

monitoring, she noted.

The minister also announced the Waterhen Lake/Skownan First Nation will be receiving a \$60,000 Sustainable Fisheries Fund grant in recognition of their shared management efforts on Manitoba's and the Western Hemisphere's first eco-certified freshwater fishery.

"This government recognizes the value of listening and finding better ways of doing things in partnership," added Squires. "A shared science and knowledge approach will generate information we all have confidence in and provide a strong foundation for shared management of our treasured Lake Winnipeg fishery."

More information on either the buy-back or the sustainable management consultation is available at www.gov.mb.ca/sd/pubs/fish_wildlife/fish/quota_buyback_proposed_reg.pdf. Fishers are encouraged to reach out through the contact emails and numbers provided in the linked document.

Fisher Branch family night fundraiser fun for everyone

By Ty Dilello

It was a fun-filled evening at the Fisher Branch Rec Centre for the town's annual Family Fun Night fundraiser for the Rec Centre this past Friday.

It was a fantastic event for the town and a bunch of fun was had by all.

The Rec Centre doors opened at 6 p.m. and what followed was an awesome evening in rural Manitoba. Admission was \$5 per person or \$20 per family, and kids five and under were free. About 175 people attended the event, which is impressive as that's close to half the population of the town. The fundraiser for the Rec Centre was a big success as throughout the night they raised a profit of around \$1,800, which exceeded the town's expectations.

The most popular activity was perhaps the DJ skate and light show, but there was also ball hockey outside and moonlight snowshoeing with lamps and light-sticks, a draw to the button on the curling ice, cribbage tournament, board games, face painting and a full canteen with a wide variety of food items that was ready to serve. Ev-



EXPRESS PHOTOS SUBMITTED

Family Fun Night in Fisher Branch had the community participating in a wide variety of activities.

everyone that attended received a free hotdog ticket upon entry and there was free hot chocolate all night long.

"Some years we have a carnival and last year we had a family fun day, which was a full-day event," said Fisher Branch Chamber of Commerce member Tannis Yuzwa.

"This year we just couldn't seem to co-ordinate a full day so we just had the Friday evening. As a result, it was

action-packed and everybody came out from the town. Events like really brings the community together and they show support to keep the Rec Centre in town alive, which is wonderful."

The Rec Centre would like to thank everyone who came out for the Friday night fun. Organizers remarked how wonderful it was to see the rink full of people enjoying the evening.

"Thank you to those who helped organize, donate and contribute to the event," said Yuzwa. "Mostly, thank you to our community who always come together show your support of these worthwhile events. Together we can do great things!"

Up next for the Fisher Branch Rec Centre is their annual mixed curling bonspiel from March 22 to 24.

Gimli showcasing migrating Monarch exhibit

By Evan Matthews

During a Manitoba summer, you're sure to find a few monarch butterflies fluttering about. But the monarch's numbers may be dwindling.

Jo-Anne Johannesson, The New Iceland Heritage Museum's director of finance and public relations, says the Gimli museum's newest travelling exhibit titled *On the trail of the Monarch Butterfly*, by Francisco "Vico" Gutiérrez, sheds light on why the Monarch's numbers may be decreasing.

"The exhibit is about their possible extinction. The film follows the monarchs along their migration route," says Johannesson.

"Though, they aren't on any endangered lists yet," she says.

Monarch butterfly population rose last year, as experts reported a 144 per cent increase in the population in January 2019, according to media reports.

The data came from the butterfly's wintering grounds in central Mexico.

Those same media reports, however, made note of experts stating that while annual populations rise and fall, monarchs have a declining trend in recent years.

Despite 2019, the monarch popula-

tion isn't rising consistently; it's declining.

"They come to the prairies during the summers. They hatch their eggs in milkweed. Milkweed in the region has been declining because of farming practices," says Johannesson.

"People are trying to encourage everyone to plant more milkweed, and give them some space, all the while trying to reduce pesticides and those sorts of things," she says.

Travelling exhibits that pertain to rural Manitoba communities are hard to come by, according to Johannesson, which adds extra value to the monarch exhibit.

"This exhibit is a pertinent topic," she says.

While Gimli hosted the 2019 Manitoba Scotties Tournament of Hearts back in January, Johannesson says the (Canadian) Curling Club Hall of Fame took over the space. Next up is *Flying Ace*, a military aviation exhibit, she says, with an Icelandic textile exhibit coming after that.

On the trail of the Monarch Butterfly started on Feb. 15 and will be open until May 1.



EXPRESS PHOTO BY EVAN MATTHEWS

Jo-Anne Johannesson stands at the entry of the travelling *On the trail of the Monarch Butterfly* Exhibit by Francisco "Vico" Gutiérrez. The exhibit will be open at the New Iceland Museum in Gimli until May 1.

Winnipeg Beach entrepreneur passionate about helping others

By Ty Dilello

Stephanie Braden is a registered nurse, entrepreneur and wellness educator who is passionate about helping others live their best life.

She has a business in Winnipeg Beach and utilizes social media to the best of her abilities in helping one's wellness and general health.

"I'm a nurse by trade. Entrepreneurship kind of came by accident. I was having my own health struggles and thankfully a friend of mine saw it at a time when I wasn't really acknowledging it," said Braden. "After months of skepticism, I couldn't deny the changes my friend was experiencing and those she had shared with. So being the nerd I am, I did some research and found that the products she was telling me about were some of the most thoroughly researched nutritional products out there with some powerful study outcomes."

Braden realized the power that these products had and decided to sign up for the business because she knew that this added nutrition was going to make a significant on improvement on her health and others.

"At first I had no intention of really working the business, but then I saw the transformations and positive benefits people were experiencing, and I knew I had something powerful here and that I had to share it," remarked Braden. "Fast-forward two-plus years later and that business I didn't know I wanted has blossomed into my true passion, allowing me to help people with their health with a focus on prevention versus treatment (like at the hospital). It has given me the ability



Stephanie Braden

and know how to open a store."

Braden opened a retail store called Grassroots Shift in Winnipeg Beach with her life-long best friend Brittany Moore when they realized that wanted to help others with making their shifts and to create a space for community and connection.

"We've both had huge transformations over the last few years, and natural health and nature have played a big role in our lifestyle shifts. And we wanted to share it, not to impress anyone but to impress upon them that with small shifts, huge change is possible. We also support Manitoba makers and showcase a diverse range of handmade Manitoba products."

Braden and Moore opened the doors at the end of June 2018 and have been on quite the exciting journey since then. The pair dove in head-first and learned everything about owning a



EXPRESS PHOTOS SUBMITTED

Braden helps to improve other's health and wellness. Braden hosted a Raise Your Vibration event on Sunday in Winnipeg Beach that was well received.

business on their own and have enjoyed every minute of it.

"We are really excited to see what this summer has in store for Grassroots Shift. And we have lots of new Manitoba makers that were hoping to add to #TheShift this year and we are talking about adding some wellness workshops and events to the mix to."

Just this past Sunday, Braden hosted a Raise Your Vibration event in Winnipeg Beach that had 15 people show up for a fun morning that featured a splendid brunch, health talk and crystal bowl ceremony.

Braden also runs a Facebook page (Stephanie Braden – Dirt Road CEO)

dedicated to sharing her journey about her wellness, business, mom life and nurse life.

"I try hard to keep consistent with it and share things of value, and I'm learning everyday how to do better. I aspire to inspire others, to go for that dream, speak up for their truths, give themselves permission to have more, love themselves and have self-compassion and also be reflective and open to shifts."

For more information please check out the "Stephanie Braden – Dirt Road CEO" Facebook page or visit grassrootshift.com. The store is located at 54-60 Main St. in Winnipeg Beach.

Theatre company creates awareness of social issues

By Roger Newman

The Interlake Women's Resource Centre (IWRC) imported a theatrical treat to Gimli last Thursday night.

It brought Winnipeg's well-established Sarasvati Productions to town to perform a Cabaret of Monologues as part of the annual celebration of International Women's Week.

Admission to the A-Spire Theatre was free, but theatre-goers were asked to bring toiletry and hygiene items to help the region's women and children who turn to the IWRC's programs and services when they are victims of domestic violence

A good-sized crowd greeted the 10 Sarasvati actors who reached Gimli after taking their monologues show to Flin Flon, The Pas, Steinbach and the Canadian Museum of Human Rights at the Forks. Hope McIntyre has a mandate of advocating change by

educating the public about significant social issues.

This year's production featured monologues with subjects ranging from sexism, racism and women pilots to global issues described through metaphors as different types of cars.

"The only car not in demand is the one you have to drive yourself," actor Kim Kakeesgamik said while making a point about the lack of public action about serious problems on many world fronts.

The cast members included Amelia Warkentin, Brooklyn Alice Lee, Lauren Marshall, Renee Hill, Rhoda Hailley, Nan Fewchuk, Wanda Wilson, Shereen Ramrashad and Nova Courchene. They received a good audience response, indicating they would be welcomed back for a third annual appearance in Gimli.



EXPRESS PHOTO BY ROGER NEWMAN

Jennifer Campbell Moore, Interlake of Women's Resource Centre director, left, welcomed Hope McIntyre of Winnipeg's Sarasvati Productions, to the acting company's second annual appearance in Gimli.

get inspired

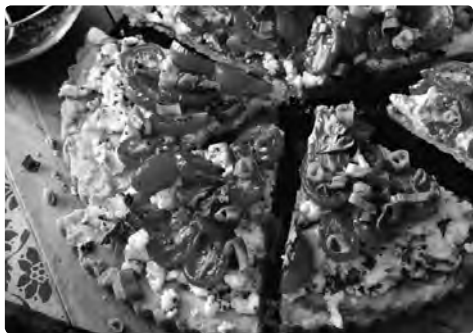
> MEAL IDEAS



Homemade Pizza Recipe

mushrooms (optional)
peppers (optional)
1 package (8 ounces) fresh mozzarella, shredded
1 squeeze bottle (20 ounces) Litehouse Homestyle Ranch dressing
Heat oven to 425 F.
Prepare dough by pressing it onto a pizza pan or pizza stone. Spread pizza sauce over crust and top with pepperoni, sausage, ham or Canadian bacon, black olives, mushrooms and peppers, if desired. Sprinkle cheese evenly over top of pizza. Bake 20-30 minutes. Top with ranch dressing before serving. Note: Toppings can be substituted as desired.

Total time: 45 minutes
Serves: 4
1 ball pizza dough (store-bought or homemade)
1 jar pizza sauce
pepperoni (optional)
sausage (optional)
ham or Canadian bacon (optional)
black olives (optional)



Grape Tomato and Blue Cheese Tart

tart pan. Smooth the dough with the back of a spoon. Freeze the tart shell for 15 minutes to firm, and then bake the crust until golden brown, 30 minutes. Remove the tart shell from the oven and cool for about 5 minutes but retain oven temperature.
3. For the topping: Sprinkle the cheese evenly over the crust. Arrange the tomatoes in a circular pattern and in a single layer over the cheese, cut-sides up. You may not need to use all of the tomatoes. Whisk together the olive oil and vinegar and drizzle over the tomatoes, and then sprinkle with salt. Place the tart on a baking sheet to catch any drippings and return to the oven and bake until the cheese has melted and the tomatoes are hot, 10 to 12 minutes.
4. Cool the tart for 5 to 10 minutes and then remove the sides of the tart pan. (The tart can be made 3 hours ahead. Leave the tart cool at room temperature and reheat in a preheated 350 F oven until warmed through, 8 to 10 minutes.)
5. Mix together the parsley and green onions, and sprinkle over the tart. Cut the tart into 6 wedges and serve. Note: Small grape tomatoes, which have a sweet flavor, work better than larger cherry tomatoes in this recipe and can be used year-round. However, in the summer, feel free to try the tart with one of your favorite varieties. Sweet ones that are on the small side work best.

Serves 6
Crust
1 cup all-purpose flour
4 ounces cream cheese, chilled and cut into 1/2-inch pieces
8 tablespoons unsalted butter, chilled and cut into 1/2-inch pieces
1/4 teaspoon salt
1/8 teaspoon cayenne pepper
Topping
4 ounces creamy blue cheese, finely crumbled
2 cups grape tomatoes, halved lengthwise (see note)
2 teaspoons olive oil
1 teaspoon balsamic vinegar
Kosher salt
1 1/2 tablespoons chopped flat-leaf parsley
2 green onions, chopped to include 2 inches of the green parts
1. Arrange a rack at a center position and preheat the oven to 375 F. Have ready a 9-inch tart pan with a removable bottom.
2. For the crust: Place the flour, cream cheese, butter, salt, and cayenne in a food processor; pulse until the mixture resembles coarse meal. Remove and knead the mixture into a smooth mass and then press it with your fingers in an even layer into the bottom (not up the sides) of the



Tone of Voice is Just as Important as Message

There is more to spoken messages than the words we say. Tone of voice is just as important as the content of the message.
Voice tone can communicate love, caring, respect and gentleness. It can also convey disrespect, dishonoring, hostility or indifference. It can render an otherwise benign message threatening or abusive.
The voice transmits energy, and can hit another like a warm, welcome Chinook, or like an icy Arctic blast. This energy affects the recipient on many levels, and can trigger a variety of different feelings.
Maybe you did not mean to say it that way, and you did not intend to offend, but, unfortunately, the damage is done. It is a little like hitting someone, and then trying to erase their emotional response. Because it is 'just words', the speaker often feels he or she has not done

anything 'that bad'.
If there is a solid, loving relationship, often mutual understanding and forgiveness allows for some lapses. However, sometimes between partners, parents and children, or siblings, a disrespectful tone of voice becomes the norm in communication. This means negative and toxic energy is continually released into the emotional atmosphere.
This is not healthy for anyone. Conversely, a loving, gentle and caring way of speaking is like a soothing balm, making the home environment the emotional safe haven it should surely be.
Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.



Triple Chocolate Muffins

Makes 12
1 3/4 cups all-purpose flour
1/3 cup unsweetened cocoa powder
2 teaspoons baking powder
1/2 teaspoon baking soda
1/2 cup semisweet chocolate chips
1/2 cup white chocolate chips
2 large eggs beaten
1 1/4 cup sour cream
6 tablespoons packed brown sugar

6 tablespoons unsalted butter, melted
Preheat the oven to 400 F. Line a 12-cup muffin pan with paper liners. Sift the flour, cocoa, baking powder, and baking soda into a large bowl. Add the semisweet and white chocolate chips, and stir.
Place the eggs, sour cream, sugar, and melted butter in a separate mixing bowl, and mix well. Add the wet ingredients to the dry ingredients, and stir gently until just combined.
Using two spoons, divide the batter evenly among the paper liners. Then bake in the preheated oven for 20 minutes, or until well risen and firm to the touch. Remove from the oven and serve warm, or place on a cooling rack and let cool.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Arborg awesome this season in varsity boys' basketball

By Brian Bowman

It's been a very, very long time since the Arborg Collegiate Athletics have sent a team to the MHSAA varsity boys' "A" basketball provincials. In fact, the last time it happened was way back in 1994.

But this year, Arborg will be well represented by an extremely talented team that compiled an impressive 22-3 record this season.

They won three out of four tournaments that they entered this year.

"We've really had one (heck) of a season this year," said Arborg head coach Ian Tarnowski. "We've played really well."

The Athletics do a lot of things on the basketball floor really well.

"We move the ball around really well and we have a really good centre (Connor Yarema). He's the backbone of our team, the guy underneath the basket that cleans up."

Arborg likes to play at a fast pace and uses a hard press to stifle opposing team's offences. That strong play on the defensive side is really important in basketball.

"Teams have problems getting the ball over because we press so hard," Tarnowski noted. "We have a really solid press. We have speed, we have size, we have it all this year."

All that talent resulted in plenty of blowout wins for Arborg. Most of the games that the Athletics played this season, they won in dominating fashion.

Arborg hopes that trend will continue as they open action Thursday as the No. 2-ranked team in the province



The Athletics are led by a strong group of seniors, which include from left to right, Connor Yarema, Josh Hiebert, Nolan Paulson and Liwel Delos Trinos.

against the No. 7 St. Paul's Barons.

"We expect to win it all this year," said Tarnowski confidently. "One hundred per cent, we expect to win it all."

Arborg is led by four talented seniors in Yarema, Nolan Paulson, Josh Hiebert and Liwel Delos Trinos.

"This is a team that can win it all," Paulson agreed. "We're going in second and we have had a (great) season. We'll have to go (into provincials) strong and keep our energy up. We always play our best when we play with heart."

Delos Trinos said it has been his dream since Grade 9 to earn a spot into provincials.

Arborg's senior group is the core of this year's squad.

"The four guys that we will be losing (to graduation) are the heart of the



EXPRESS PHOTO SUBMITTED

The Arborg Athletics are looking forward to this week's MHSAA varsity boys' 'A' provincial basketball championships. Pictured, back row, left to right: coach Mike Zelenitsky, Cadrick Dueck, Nolan Paulson, Conner Yarema, Eric Jonasson, Austin Adair, Ben Danielson, and coaches Ian Tarnowski and Janelle Hiebert.

Front row, left to right: Ashton Paulson, Kenneth Nazar, Liwel Delos Trinos, Jarah Andool, Chris Stogrin and Josh Hiebert.

team," Tarnowski said. "Losing those four will be really big for us. A lot of the guys coming up are just Grade 9s, so it's going to be a big rebuild."

The experience, however, of playing in a provincial tournament will definitely help these younger players in their development.

The seniors have mixed well with the younger players, said Delos Trinos, adding their team doesn't care about individual achievements.

"We have a strong starting line and

we have a strong bench," Paulson added. "I'm looking to come home with a (provincial) banner."

Delos Trino wanted to really compliment their coaches and the work that they have done with the team.

"We have such a great coaching staff," he said. "They got us here and they are the reason why we are here. (This year) has been great. It's been really fun."

Lightning compete at Bantam Rural 'AA' Hockey Provincials

Staff

The Interlake Lightning finished with a 1-2-1 record at the Bantam Rural "AA" Hockey Provincials last weekend.

Interlake started play with a 5-0 loss to the Pembina Central Flyers on Friday in Winkler.

The Flyers scored three goals in the first period and then added two more in the third.

Cohen Thomas (two), Anthony Lehmann, Gavin McCallum and Keston Worley scored for Pembina Central.

Saturday was a good day for the Interlake as it tied the Southeast Blizzard 3-3 and then defeated the Central Plains Capitals 3-1 in Plum Coulee.

Interlake's Chris Vinck scored twice for the Interlake against Southeast while Reid Byle also tallied.

Cody Gunderson, Chris Tetrault, and Dylan Witty replied for the Blizzard.

In the win over Central Plains, Byle led the Lightning with a goal and an assist. Nicholas LeClair and Carter Boughton also tallied for the Interlake.

Joshua Haurbrick scored Central Plains' lone goal.

Dylan LeClair earned the win in goal.

Interlake wrapped up play Sunday with a 5-0 loss to the East Valley Twisters in the consolation final in Plum Coulee.

Dane Martinussen (two), Keagan Dixon and Andrew Thompson scored for the Twisters. East Central's other goal scorer was not listed on the Hockey Manitoba website at press time.

Steelers trail Oil Capitals in MJHL playoff series

By Brian Bowman

Kolten Kanaski has been a real pain in the keister for the Selkirk Steelers so far in their playoff series.

After scoring the game-winning goal in triple overtime on Friday, Kanaski followed that up with a natural hat trick in the third period Sunday to snap 1-1 tie and lift the Virden Oil Capitals to a 5-1 home-ice victory.

"He's a really good player and he'll make you pay," said Nick Lubimiv, the Steelers' head coach and manager of hockey operations. "He goes to the right spots and the puck gets to him. We have to do a better job to make sure he doesn't have much time. We have to get on him and we can't leave him alone in our end."

Blake Burr gave the Steelers a 1-0 lead with a goal late in the first period but Virden's Dylan Halliday tied the score at 1-1 midway in the second.

After Kanaski's hat trick, Gimli's Jack Einarson added an insurance marker late in the game.

Virden led the MJHL best-of-seven, first-round series 2-0 heading into this past Tuesday's Game 3 in Sel-

kirk. A win on Tuesday would pull the Steelers right back into the series.

"The guys know and we're aware of the situation," Lubimiv said. "We felt we should have won Game 1 and in the first 40 minutes of Game 2, we thought we should have been up one or two (goals)."

In Game 1 of the series last Friday in Selkirk, the Steelers lost an epic 3-2 triple overtime game to the Oil Capitals.

Kanaski scored the game winner on the power play at 16:35 of the third overtime period. The goal came late in a five-minute power play when Connor Barley was assessed a major penalty for a blow to the head.

Earlier in the third overtime, Steelers' forward Ryan Sokoloski was stopped by Oil Capitals' goalie Dalton Dosch on a penalty shot.

Carter Barley had tied the score at 2-2 at 17:45 of the third period.

After the first two periods were scoreless, forward Noah Basarab of Gimli gave the home side a 1-0 lead 1:31 in the third. Carter Barley and Nate Halverson assisted on the goal.



EXPRESS PHOTO BY LANA MEIER

Gimli's Jack Einarson looks to make a pass in Game 1 against the Selkirk Steelers Friday night. The Oil Caps won in triple overtime.

But Virden's Keegan McPherson responded with a goal just 20 seconds later and then Hunter Coutier gave Virden a 2-1 advantage at 9:13 of the third. The goal was assisted by Einarson and Josh Belcher.

Selkirk was 2-for-5 on the power play while Virden finished 1-for-5.

Game 4 will be played this Thursday in Virden.

All of the games in the series will be played at 7:30 p.m.

Gimli, Peguis participate at the Male Bantam Rural 'A' Hockey Provincials

Staff

The Gimli Vikings lost 6-2 to the Winkler Flyers in the consolation final of the Male Bantam Rural "A" Hockey Provincials last Sunday in Stonewall.

Daemyn Bochorka and Owen De Meyer scored Gimli's goals.

The Vikings started play Friday by playing to a 4-4 tie with the Springfield Icehawks.

Dylan Woytowich scored all four goals for Gimli.

Later that day, the Vikings were defeated 8-2 by the Flin Flon Bombers.

Woytowich scored both Gimli goals.

The Peguis Wolves, meanwhile, finished the provincials with an 0-3 record.

Peguis played the Altona Maroons in its first game Friday, losing 7-2.

Lawson Spence and Brody McPherson scored for the Warriors.

On Saturday, Peguis was downed 5-2 by the Thompson King Miners. Warriors' goals were scored by Spence and Jonathon Cameron.

Later that day, Peguis lost 3-2 to the Winkler Flyers. Dorian Cameron scored both of Peguis' goals, assisted by Connor Hart.

Gimli Soccer Club introduces online registration

Submitted by Jay Boaz

Organized soccer has seen a number of changes in Gimli since the Gimli Soccer Club took ownership of organizing the beautiful game for the community.

A new line painting machine, player benches and restructuring the field layout are just a few of the on-pitch projects the club has tackled. This year, however, the biggest change will be off-pitch as the club will be offering online registration and payment.

"We wanted to make things more convenient for parents to register," said club president Wellington Dankochik. "At the same time, processing paper registrations also takes many, many volunteer hours, so if we can shave that down, too, it's a win-win."

Parents will be able to pay online with a credit card or via e-transfer. If an online payment can't be made, cash or a cheque can be dropped off during business hours at the Gimli Recreation Centre.

"Paper registrations will be available at the Rec Centre, but we really would like as many people as possible to use the online option," added Dankochik.

The club is offering an additional incentive to register online: all families that register online will be entered into a draw for two tickets to the inaugural home opener of the new professional soccer team in Manitoba, Valour FC, on May 4.

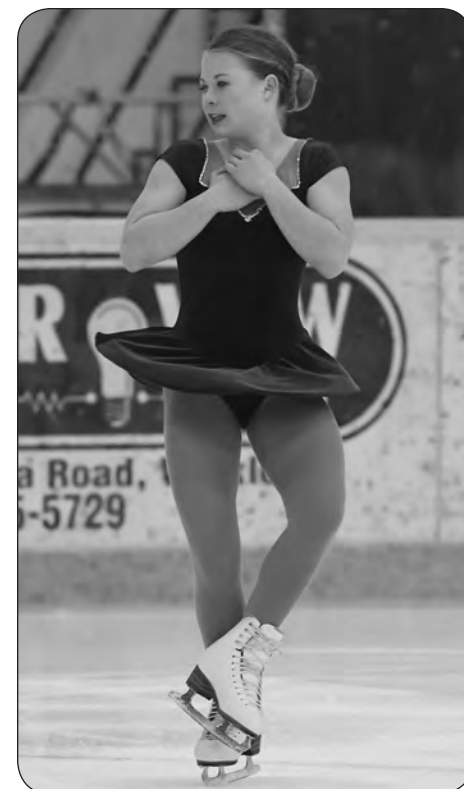
Online registration is available now at <https://gimlisoccer.eventbrite.ca> and will be open until April 4 at midnight. The club will also be at the

spring registration night at the Rec Centre, also on the 4th.

In addition, the club is looking for volunteers to assist in a variety of ways. "As always, we're looking for coaches and referees, for which training will be provided," said Dankochik, "but there are a number of other ways in which people can help out. We could use everything from new members to the board to odd job helpers for things like sorting soccer jerseys. If you'd like to help, we definitely have something for you to do."

Questions about registration can be sent to gimlisocceroffice@gmail.com and volunteer inquiries can be sent to gimlisoccerclub@gmail.com. Games in the Interlake Soccer Association are scheduled to begin, weather permitting, on May 6.

Precise spinning



EXPRESS PHOTO BY RICK HIEBERT

Bailey Orbanski represented the Arborg Figure Skating Club at the Skate Canada Manitoba STARSkate Championships in Winkler over the weekend. Orbanski competed in Star 5 Women U13 Free Program.

Falcons even CRJHL playoff series with Fishermen

Paulic scores game winner in double OT in Game 2

By Brian Bowman

The Falcons won a very big game on Sunday evening in Lundar.

Braden Paulic scored the game-winning goal in double overtime to lift the Lundar Falcons to a 5-4 victory over the Selkirk Fishermen in their Capital Region Junior Hockey League's best-of-seven, semifinal series.

Selkirk's Dane Derewianchuk had tied the score at 4-4 with a power-play goal with just 16 seconds remaining in the third period.

Travis Spratt and Thomas Mironuk scored to give Selkirk a 2-0 first-period lead but Lundar came back with a pair of goals from Josh Wilkinson.

The Fishermen's Evan Bedard and the Falcons' Mason Medeiros then traded goals before the second period ended. Medeiros' goal was a short-handed marker at 14:45 of the period.

Lundar's Xavier Halterman added a power-play midway in the third.

Chris Lesage made 33 saves for the win.

The Fishermen started the series

with a 7-3 win over the Falcons in Selkirk.

Spratt led Selkirk with two goals and an assist while Juliano Garcea had a goal and two helpers.

Reece Tessier, Josh Poponick, Chad King and Mironuk also scored for the Fishermen.

Halterman continued his strong play in the playoffs with two goals. Eric Miller scored the Falcons' other goal.

Selkirk was 3-for-8 on the power play while Lundar finished 1-for-3.

The Fishermen outshot the Falcons 45-24 as Austin DeBoer earned the win in goal.

Twenty one of those Selkirk shots came in the second period as Fishermen outscored the Falcons 3-1.

Game 3 of the series will be played Friday (7:30 p.m.) in Selkirk, followed by Game 4 on Sunday (7 p.m.) in Lundar.

The schedule for Game 5, and if necessary, Games 6, and 7 had not been released at press time.



EXPRESS PHOTO BY BRETT MITCHELL

The Falcons' Dennon Sichewski races down the ice with the puck against Selkirk.

Lightning 1-3 at Bantam 'AAA' Rural Female Hockey Provincials

Staff

The Interlake Lightning finished with a 1-3 record at the Bantam "AAA" Rural Female Hockey Provincials last weekend in Portage la Prairie.

Interlake opened the provincials with a solid 4-3 win over the Parkland Rangers last Friday.

Kenady Christensen scored three goals for the Interlake while Tessa Stewart also tallied.

Jayeslyn Nybo had two goals and an assist for Parkland. Brooklyn Hramalak netted the Rangers' other goal.

On Saturday, the Lightning lost 4-1 to the Yellowhead Chiefs. The score was tied at 1-1 after the first period and then the Chiefs led 3-1 after two periods.

Emerson McAuley scored for the Interlake.

Kasey Fouillard, Kora Tibbetts, Callie

Macguire and Monelle Bryant replied for Yellowhead.

Later that evening, the Lightning lost 9-2 to the Pembina Valley Hawks.

MacAuley and Sarah Shewchuk scored for the Interlake.

Mya Pearce (three), Abby Bourdeaud'hui (three), Annika Braun (two) and Marissa Fehr tallied for Parkland.

Interlake closed out the provincials

with a 10-2 loss to the Central Plains Capitals on Sunday.

Christensen and Mikki Thorkelson had the Lightning goals.

Medah Fletcher (three), Natasha Falf (two), Oceane Asham (two), Danika Botterill (two) and Macy Withers scored for the Capitals.

Maisey loses out on final day at U18 provincials

By Ty Dilello

This past weekend Swan River hosted the Curl Manitoba 2019 Asham U18 Provincial Curling Championships.

Dauphin's Emma Jensen defeated East St. Paul's Meghan Walter in a very dramatic 5-4 girl's final. Trailing 4-2 in the final end, Jensen scored three for the come-from-behind victory. For Jensen, it's her second-straight provincial U18 Championship. In the boy's final, St. Vital's Jordan McDonald kept up their strong season by defeating clubmate Graeme Loewen 9-2. McDonald had already won the Sunlife Junior Challenge in Brandon back in November and reached the

U21 Provincial final, so it's only fitting that the young skip added a U18 provincial championship to his already impressive trophy collection.

Sixteen-year-old Josh Maisey of the Winnipeg Beach Curling Club is one of the Interlake's rising curling stars. Coming off a second straight High-School Provincial Championship, Maisey was looking to add a U18 Provincial to his trophy collection in Swan River, but it just wasn't meant to be.

Maisey's Winnipeg Beach team features Oliver De Meyer at third, Sean Giesbrecht at second, and Sebastien Pruneau at lead. They started off strong by winning their first four

games of the event before dropping their last round-robin game to Team McDonald to finish 4-1.

Because of a three-way tie, Maisey was forced to play a tiebreak against St. Vital's Jordan Johnson in which Maisey's team prevailed 6-4. Sunday morning a 3v4 game was as far as the Maisey rink would get as they fell to Graeme Loewen of St. Vital by an 8-1 scoreline in five ends.

"Well the run wasn't as good as we hoped or planned since it was cut a little short but sometimes it's just the way it goes," says Maisey. "We weren't playing our best and we didn't execute as many shots as we needed to progress in the championship. The

ice was good with lots of curl and the speed was fast. It was well hosted by the Swan River Curling Club."

Maisey's rink was the lone Interlake squad competing at the U18 Provincials. Maisey has one more Manitoba Junior Curling Tour this season at the Elmwood Curling Club before the young Winnipeg Beach rink hangs up the curling shoes for the summer.

With their respective wins, Team McDonald and Team Jensen have earned the right to wear the buffalo at the upcoming 2019 U18 National Championship at the Glen Allan Recreation Complex in Sherwood Park, Alberta. The event goes from April 2 to 7, 2019.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Cvar wins JWHL championship



EXPRESS PHOTO SUBMITTED

Olivia Cvar, far left, formerly of Gimli, helped lead the Balmoral Hall School Blazers to a JWHL championship last Sunday.

Staff

Stonewall's Olivia Cvar had two assists to lead the Balmoral Hall School Blazers to a 3-2 overtime win over the North American Hockey Academy in the Junior Women's Hockey League championship last Sunday in Vermont.

Chelsea Dinnin scored twice for Balmoral Hall while Kennesha Miswaggon also tallied.

The Blazers started play with a 4-0 loss to B.C.'s Pacific Steelers last Friday but later edged the Ottawa Lady 67s 2-1.

Cvar and Miswaggon scored for the winners against Ottawa.

On Saturday, Balmoral Hall blasted the Boston Shamrocks 9-0 as Dana Goertzen netted a hat trick.

Cvar, formerly of Gimli, and Karinne Sandiland each scored twice while Alix Yallowega and Miswaggon added singles.

Later Saturday, the Blazers beat St. Catharines, Ont.'s Ridley College 5-4.

Kaitlyn Bassett, Aidan Roberts, Dinnin, Yallowega, and Miswaggon scored for Balmoral Hall.

Cvar had an assist in the game.

Einarson triumphs in Gimli



EXPRESS PHOTO SUBMITTED

Skip Kyle Einarson, far right, led his team to the championship in the 2019 Gimli Men's Bonspiel played on the weekend at the rec centre. Einarson defeated fellow Gimli skip Derrick Anderson 5-4 in a close final. He was supported in victory by his teammates third Troy Bennet, second Dache Dimit and lead Justin Janish. This was the latest curling triumph for Kyle Einarson as he and his wife Kerri are multiple Manitoba Mixed champions. The Gimli men's spiel featured lots of great curling in a competition where the second event was won by the Garrett Graboweski team and the third by Darcy Jacobs. All the division winners took home prizes supplied by sponsors Diageo, KC Enterprises and Baker Law Corp. Fan support was also good, although entries dropped to 19 teams from 24 last year possibly because Selkirk and Stonewall scheduled competing men's bonspiels on the same weekend. Undaunted, the Gimli club has already set next year's men's spiel for March 13-15, 2020.

Lakers win consolation title at JV boys' provincials

Staff

The Gimli Lakers won the consolation title at the MHSAA "A/AA" junior varsity boys' basketball provincials in Sprague last Saturday.

Gimli defeated the Green Valley Pirates 62-57 in the consolation final.

The Lakers reached that game after beating the MacGregor Mustangs 71-64.

In a consolation quarter-final game, the Lakers crushed the Birtle Falcons 70-42.

Gimli started provincial play with a 53-44 loss to the Glenboro Panthers.

The Carman Cougars are this year's provincial champions after defeating the Niverville Panthers 61-34.

In the third-place game, Goose Lake beat Glenboro 66-54.

Ice Dawgs double Satelites on Saturday

By Brian Bowman

There is no quit in the Arborg Ice Dawgs.

Trailing 3-1 after the first period — and already down 2-0 in their best-of-seven semifinal series — Arborg stormed back to score five unanswered goals to defeat the North Winnipeg Satelites 6-3 in Capital Region Junior Hockey League playoff action on Saturday evening.

"We started the series slow and had our backs up against the wall," said Ice Dawgs' head coach Jim Werbicki. "But we presented to the boys, it's either today or there's no tomorrow and they seemed to respond to it."

It was a great comeback win by the Ice Dawgs.

"We were down 3-1 going into the

second and I shortened the bench and I presented to them that you are a better team, but right now you're not, because they are just working harder than you and they finally figured it out," Werbicki said.

Connor Dowhy and Ryan Hill each scored twice for Arborg while Cadrick Dueck and Austin Adair added singles.

The Ice Dawgs' Brett Munroe, Derric Gulay and Carl Ingalls each had two assists.

Derian Emes (two) and Rustyn London replied for North Winnipeg.

Tre Strachan made 40 saves for the win.

On March 5, the Ice Dawgs were edged 3-2 by the Satelites in Winnipeg.

"I thought we should have won last Tuesday when we lost 3-2," Werbicki said. "We just didn't have any puck luck."

North Winnipeg's Eli Caparros scored the game-winner midway in the third period.

Arborg's Colton Davies had tied the score at 2-2 with a power-play goal late in the third. Ethan Chwaliboga and Gulay assisted on the goal.

The Ice Dawgs took a 1-0 lead 11 minutes into the game when Dueck tallied.

But North Winnipeg came back with goals from Kevin Budd and Brayden Clarke before the period ended.

Arborg was 1-for-5 with the man advantage while North Winnipeg was blanked in three opportunities.

Strachan made 30 saves in the loss.

Game 4 of the series was played in north Winnipeg this past Tuesday but no score was available at press time.

It was a huge game in the series.

"(If we win) then it's a best-out-of-three," Werbicki said Sunday afternoon. "If we could do that, we still have home-ice advantage. We have to win one (on the road) regardless ... and we can't take the foot off the gas."

Game 5 of the series will be played on Saturday (7:30 p.m.) in Arborg, followed by a Game 6, if necessary, in Winnipeg next Tuesday.

If the series goes the full seven games, a series-deciding matchup returns to Arborg on March 23 at 7:30 p.m.

Classifieds



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AUCTIONS

Fabrication facility – Battleford, SK. Ritchie Bros. Auctioneers Unreserved Auction, April 8 in Saskatoon. 11.1+/- title acres, 43,821+/- sq. ft. Fabrication Facility. Ed Truelove: 306-441-0525; Brokerage: Ritchie Bros. Real Estate Services Ltd.; rbaction.com/realesate.

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MISCELLANEOUS

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Wanted: old tube audio equipment. 40 years or older. Amplifiers, stereo, recording and theatre sound equipment. Hammond organs, any condition. Call Toll - Free 1-800-947-0393.

UPCOMING EVENTS

ROCKIN' RICHARD'S RECORD & CD SALE. Victoria Inn, 1808 Wellington Ave. Wpg. Sunday, March 17/19, 10 a.m. - 4 p.m., 90 plus tables. Records, CD's, DVD's music collectibles. Admission \$5. Info 204-338-3655.



The Westshore Community Foundation is accepting **Grant Applications** from eligible registered charities. Application Forms & Guidelines @ www.westshorefoundation.com Mail completed application to: BOX 395, Gimli, MB. R0C 1B0 **APPLICATION DEADLINE MONDAY, APRIL 15, 2019** **NO LATE APPLICATIONS TAKEN** For more information please call **204-642-9796** *"Building a Lasting Legacy"*



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RURAL MUNICIPALITY OF GIMLI INVITES APPLICATIONS FOR SEASONAL & STUDENT POSITIONS

General Skills & Qualifications for all positions

Candidate must have excellent communication, organizational skills and must be able to work independently or in a team environment.

SEASONAL POSITIONS

(Part-time May, June & September and Full-time July & August)

Park Patrol – Duties include monitoring and maintaining a clean safe beach and park areas as well as other public facilities. Greet visitors, provide tourism and environmental information. Shifts are varied; seven days per week; 8:00AM to 10:00PM.

Visitor Center - Duties include greeting visitors, interpreting exhibits on natural history on Lake Winnipeg and fisheries, providing tourism information, maintaining Visitor Centre attendance data, assist with planning and implementing summer programs. Shifts vary seven days per week, some weekend shifts will be required.

Municipal Office Assistant – Assisting with administrative duties through the busy summer season. Work shift Monday to Friday, 9:00AM to 5:00PM

Rec Centre General Labourer – Grass cutting and other miscellaneous maintenance duties. Work shift Monday to Friday, 8:30AM to 4:30PM.

Summer Program Leader – Help organize and host summer day camps and recreation programs. Work with the Programmer to develop and promote new initiatives. This position will involve work in a variety of facilities including the Rec Centre, Beach and Pavilion. Shifts vary, some weekends and evening shifts will be required.

Gimli Aquatic Centre - R.M. of Gimli is now accepting applications for the positions of Head Lifeguard, Lifeguard, Instructor, and Cashier. Interested applicants can view the job postings in full at the R.M. website www.gimli.ca or by visiting the pool website at www.gacpublic.weebly.com.

SEASONAL POSITIONS

(Approximately May to October, as required)

General Labourers – Duties include refuse crew, grass cutting, landscaping, etc., must be physically fit. Typical work shift 8:00AM to 4:30PM, Monday to Friday but may include some weekends. Valid class 5 driver's license required. Wage based on collective agreement

Operator C – Duties include operating medium equipment such as refuse trucks, roadside mowers, and dump trucks, as well as general duties. Valid class 3 with air endorsement driver's license required. Wage based on collective agreement

Landfill Attendant – Duties include maintaining daily records; maintenance of landfill grounds; other general duties such as greeting and directing the public entering the landfill grounds. Valid class 5 driver's license required. Wage based on collective agreement

HOUSEKEEPING STAFF - CADET CAMP DORMITORY (For the months of June, July and August)

Gimli CDC is hiring Full and Part time housekeeping positions for the Cadet Camp Dormitory located in the Gimli Business Park. Typical working hours are Monday to Friday, 8:00AM to 4:00PM and occasional weekends.

Please contact Dennis at (204) 641-0078 or gimlicdc@rmgimli.com with inquiries on the housekeeping position.

Completed applications stating the position(s) applying for, with resume and references, should be submitted to the Municipal Office located at 62 2nd Avenue by 4:00 p.m. on March 27, 2019

Kelly Cosgrove, CMMA
Assistant Chief Administrative Officer
Rural Municipality of Gimli
PO Box 1246, 62 – 2nd Avenue,
Gimli, MB R0C 1B0
Email: gimli@rmgimli.com Fax: (204) 642-6660



We thank all applicants; however only those selected for an interview will be contacted.

North-East Interlake Emergency Measures Board

EMERGENCY MEASURES COORDINATOR

The North-East Interlake Emergency Measures Board (NEIEMB), which includes the Town of Arborg, the RM of Fisher and the Municipality of Bifrost-Riverton, is looking for a community minded person that is interested in emergency planning and willing to volunteer their time and skills as Emergency Coordinator. Key duties are to coordinate the development, implementation and maintenance of an Emergency Management Program, as well as prepare member municipalities for emergency events and direct the actions of the municipalities in the event of an emergency.

A job description may be viewed on each Municipality's website or is available to be picked up at the Municipal Offices at the following locations:

- Town of Arborg – 337 River Road, Arborg, MB; website: www.townofarb.org
- RM of Fisher – 30 Tache St., Fisher Branch, MB; website: <https://rmoffisher.com>
- Municipality of Bifrost-Riverton – 329 River Rd, Arborg, MB or 56 Laura Ave, Riverton, MB; website: www.rmbifrost.com

Applications detailing related experience, education and qualifications will be accepted until 4:30 p.m. on Friday, March 29, 2019 as follows:

Municipality of Bifrost-Riverton
PO Box 70, 329 River Rd, Arborg, MB R0C 0A0
cao_bifrost@mymts.net

The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication. Please Call 204-467-5836

Classifieds



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take a break > GAMES

SUDOKU

			4		2			
6				1				
8	7	2	9					
	1			6	7			
			5		6	9		
			3	4				
1	3							
			2	9		7		
5					9	4	3	

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

3	8	9	4	7	5	2	1	6
8	4	7	5	2	3	9	6	1
6	2	8	6	7	4	5	3	1
8	2	7	3	4	1	2	8	9
4	9	6	1	2	5	8	7	3
5	9	8	6	7	4	1	2	3
6	1	4	7	3	8	2	9	5
9	5	3	1	7	8	4	9	2
7	6	8	2	5	4	9	6	3

Sudoku Answer

E	D	T		O	A	N		
U	T	I		B	I	H	V	S
V	V	V		V	C	I	O	D
V	N	T		B	E	D	T	S
E	R	U	M	E	V	N	D	H
N	O	I	V	T	E	S	N	O
T	V	T		E	S	E	N	O
S	S	V	S	N	I	S	N	O
V	R	I	G	I	S	N	O	I
E	C	T		I				
E	E	N	O	D				
B	U	S						

Crossword Answer

X CROSSWORD

CLUES ACROSS

- Employ
- Not a starter
- Matchstick game
- One who receives a gift
- One shows highlights
- Open sore
- Within
- Caesar, comedian
- Investment account
- A negatively charged ion
- Immoral act
- Cheek
- Lacking in vigor or vitality
- Partner to flow
- Ink
- "Mad Men" actor
- A taunt
- Single
- A very large body of water
- A configuration of stars as seen from the earth
- Herringlike fish
- No (Scottish)
- White-breasted N. American auk
- American time
- Adult female
- Singer Horne
- Pronouncements
- From a distance
- Indian term of respect
- One from Utah
- Never sleeps
- Type of bulb

CLUES DOWN

1	2	3					4	5	6				
7							8				9		
10			11					12					
13							14	15			16		
17				18			19				20		
21					22	23				24			
					25				26				
				27	28			29					
				30				31					
				32				33					
									34	35	36	37	38
39	40									42			
43						44					45		
46				47							48		
49												50	
													52

- Hard to believe
- Used as a pigment in painting
- Induces vomiting
- Fifth note of a major scale
- Written in a majuscule script
- Brews
- Misfire
- Amounts of time
- The act of perceiving something visually
- Female sibling
- First
- Sodium
- Brother or sister
- Satisfy
- The lands of an estate
- Antiballistic missile
- Taxi
- Covers the engine
- Commentator Coulter
- Mousse
- Witness
- Unlikely to be forgotten
- Bar bill
- Morning
- City south of Moscow
- Highly incensed
- Intricately decorated
- Drew closer to
- Beers
- Central China city
- Touch lightly
- Habitual twitching

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CARD OF THANKS

We wish to thank our family, relatives and friends for the many expressions of sympathy, cards and phone calls in the passing of Edith Stapleton (Mum, mother-in-law, sister-in-law, aunt, cousin and friend). Thanks to everyone who attended her funeral and shared memories. Thanks to Gord Wevursky of Fisher Funeral Home for taking care of all the arrangements, James Thiessen for officiating the service celebrating Mum's life, the pallbearers, those who assisted with the graveside preparation and the Mixed Grill for the delicious lunch. Special thanks to the wonderful staff at Red River Place in Selkirk for their excellent care and friendship while Mum was a resident. Your thoughtfulness will always be remembered.

- Doug and Alice Aime

ENGAGEMENT



Devlin/Hrubeniuk

Scot and Darlene, Rick and Tammy are pleased to announce the engagement of their children TAYLOR and TRAVIS. Bridal Shower Brunch planned for Saturday, April 20, 2019, 11:00 to 1:30, Minerva Hall, Gimli. Registered at Bed, Bath & Beyond and Amazon or gratefully appreciate gift cards from Canadian Tire, Home Sense, Etsy or Costco. Wedding Social will be Saturday, April 20, 2019, 8:00 p.m. at the Gimli Rec Centre. Please join us in celebrating this wonderful couple!

WEDDING SHOWER



Wedding Shower in Honour of

Kiah Stoyanowski and Scott Bobbee
on Saturday, March 23, 2019
at 1:00 p.m.

Arborg Community Hall

Gift cards or money are preferred to go towards home renovations, but they are also registered at Arborg Home Hardware and Bed, Bath, & Beyond.

IN MEMORIAM

Mattern and Smith
In Loving Memory of
our dear Dad and Grandpa, Phillip,
who passed away March 14, 1978
In Loving Memory of
our dear Sister and Aunt, Barbara,
who passed away March 7, 1990

There is a bridge of golden memories,
From here to Heaven above;
That keeps you very close to us,
It's called the bridge of love.
Your memory is our keepsake,
With which we will never part;
God has you in His keeping,
We have you in our hearts.

-Lovingly remembered, Mina, Dody,
grandchildren, great-grandchildren,
nieces and nephews

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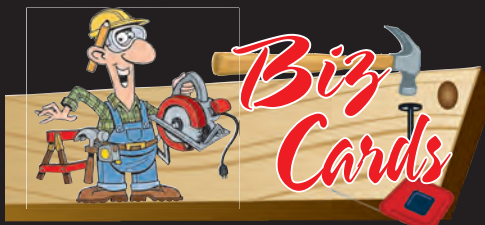


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