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# THE EXPRESS

VOLUME 4 EDITION 41 THURSDAY, OCTOBER 12, 2017

## WEEKLY NEWS

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**School celebration**

EXPRESS PHOTOS BY PATRICIA BARRETT  
 Daniel Johnson (left) and Thor Stevens, along with the Dr. George Johnson Middle School's mascot, cut the ribbon at the school's 50th Anniversary celebration on Oct. 5.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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# Arborg-Bifrost Fire Hall official fire extinguisher depot

By Patricia Barrett

## Open House this Saturday

The Arborg-Bifrost Fire & Emergency Department has become an official fire extinguisher depot for the public.

Firefighters will fill or repair fire extinguishers, determine what kind and size of fire extinguisher is best for someone's needs and provide new ones.

"Bring in your fire extinguishers and we'll inspect them," said Deputy Chief Andy Barylski. "If it's worth it, we'll have them hydro tested to see if they'll hold pressure and we'll fill them."

Barylski said a new fire extinguisher can sometimes cost less than the standard fee to test an old one.

Fire Chief George Chyzy said the cost varies depending on the size of the extinguisher.

"Our fee would be less than \$15 per inspection," he said.

Firefighters are available on the second and last Monday of each month from about 6:30 to 9 p.m. to help the public with their fire extinguishers.

The department is also holding an



The Arborg Fire Hall is an official fire extinguisher depot.

Open House on Saturday, Oct. 14 from 10 a.m. to 2 p.m. The public can learn how to use a fire extinguisher, explore the fire trucks and burn house, and enjoy a hotdog lunch. There will be goody bags for the kids and movies.



EXPRESS PHOTOS BY PATRICIA BARRETT

From left: Operation Deputy Chief Leroy Loewen, Fire Chief George Chyzy and Deputy Chief Andy Barylski.

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# Community shows support for Las Vegas victims

By Jennifer McFee

The community is banding together to show support for two local women who were shot during the mass shooting at an outdoor concert in Las Vegas.

Jan Lambourne of Inwood remains hospitalized in Las Vegas as she recovers from a gunshot wound to the abdomen and a fractured pelvis. She recently met with the hero who saved her life after he discovered Lambourne hiding under a wheelbarrow in a merchandise tent.

She had been at the concert with her friend Jody Ansell of Stonewall, who was also hospitalized due to a gunshot wound through her arm. Ansell has been discharged from the hospital and is recovering with her family.

Now efforts are underway to show support for the two injured women after the harrowing experience.

Chicken Chef restaurant at 3770 Portage Ave. in Winnipeg is hosting a Super Hero and Princess Breakfast fundraiser for Ansell and Lambourne on Saturday, Oct. 14 from 9 a.m. to 2 p.m. Pancakes will cost \$8 plus taxes, and \$6 from every pancake breakfast sale will go towards the two women.

Owner Lori Lucas said she decided to organize the event as a way to show support.

"When I found out about the shootings, the stories that were coming out were just heart-wrenching. And then when you find out there's someone from your area, that's when the floodgates opened and I thought that we need to find a way to help these people and these families," she said.

"The reason we're doing this is because they need love and support. They need to know that we care and they need to feel that. We've all got problems and issues and struggles in our lives, but when you have something to this degree, we have to put that aside and lift these people up and let them know they're not alone."

The theme of the event focuses on superheroes, since many real heroes stepped up to help during the shocking situation in Las Vegas. So far, Lucas has confirmed that someone will be dressing up as Captain America and her staff will be dressed up as well. She hopes to find other people willing to dress up as a superhero or

Continued on page 9



EXPRESS PHOTO SUBMITTED

Several fundraisers are being held to support local Las Vegas shooting victims.

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Interlake Coop

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October 16<sup>th</sup>-20<sup>th</sup>

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## Arborg & Eriksdale Food Stores

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Receive **FREE** bag of  
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**Tuesday** - With min \$25 purchase  
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**Wednesday** - With min \$25 purchase  
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Stop by the  
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Wednesday, October 18th

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# Dr. George Johnson School celebrates 50th Anniversary

By Patricia Barrett

The Dr. George Johnson Middle School held a 50th Anniversary celebration Oct. 5, paying tribute to the school's namesake and taking guests on a trip down memory lane.

"Whenever I hear people talk about Dr. George Johnson, I hear them talk about his community-mindedness, warmth and caring about others," said principal James Gibbs to parents, teachers, school trustees and special guests gathered in the gymnasium where the first-ribbon cutting celebration was held in 1967. "Those are the values we've reinforced."

Gibbs provided an overview of how the school, which teaches grades 5 to 8, came into being.

"Apparently there was some overcrowding at that time, and someone said we need to have [another] school," said Gibbs. "Someone had to convince the government, and it probably didn't hurt that Dr. George Johnson was the Minister of Education at that time."

In the spring of '67, the sod was turned and the school opened in the fall.

"I was told we had ... 368 students and 12 teachers," said Gibbs. "And it was kindergarten to Grade 3, so it wasn't a middle school yet."

The Gimli Women's Institute held a contest to name the new school, and Johnson was a shoo-in because of his contributions to both the town (as a physician) and the province.

Johnson was known as a political reformer, serving as MLA for Gimli, health and education minister and Manitoba's 20th lieutenant-governor (1986 to 1993). During his political career, he expanded hospitals across the province, implemented Medicare and provided school children access to public programs such as busing and textbooks.

His son, Daniel Johnson, was guest speaker at the celebration.

"Our father ... was a passionate advocate and defender of the public school system throughout his life," said Johnson. "And while serving as Minister of Education for five years in the 1960s,



Lillian Wlosek taught at Dr. George when it first opened.



Principal James Gibbs.

to him a good education was a passport to life. It levels the playing field and allows everyone, regardless of their background or means, the opportunities to succeed in life and their chosen path."

Thor Stevens was a kindergarten student in 1967 and was chosen to cut the ribbon at the grand-opening celebration that year.

"I am honoured to be part of this day in history, the second ribbon-cutting to celebrate 50 years in this building," he said. "All the children in this school have great opportunities for a solid education, safe play and a warm and



Keenan Karish and Nathan Vigfusson provided a lighthearted look back in time to 1967.

kind environment to learn in. To the students of Gimli, there is no limit. You may travel the world in search of happiness, education and work opportunities, but at the end of the day you'll look back and realize your time here in Gimli had all these attributes."

One of Stevens' teachers — his "favourite" — was Lillian Wlosek, who taught 30 students in Grade 1 that year.

"I remember the excitement on Oct. 5 as we moved over to this wonderful school, this bright, spacious, clean school," said Wlosek, who retired 21 years ago. "Everyone took their shoes off at the door — even the principal — and we carried our shoes to boot trays and put on indoor shoes."

Wlosek recalled a day on which Johnson paid a visit to the school.

"He came to our school after he was appointed lieutenant-governor, and he said he had the right to give us the day off. Well, that was wonderful; we had our first early dismissal," said Wlosek. "But he was so personable and he spoke to every child, every adult in the building, so by the time we were done — and his lovely wife Doris had served us all lunch — there was not much time left in the day!"

Johnson made life better for his patients and for all Manitobans, said

Wlosek, and that she was inspired to provide her charges with the best education as possible.

"My hopes and dreams were always that my students would learn a lot in my classroom," she said, "and they would grow up to be responsible, caring adults in a safe world."

The celebration included choral and band performances, led by music director Heather Clarke, and highlights of the year 1967 provided by students Keenan Karish and Nathan Vigfusson.

Johnson and Stevens were then invited to cut the 50th Anniversary ribbon with a little help from the school's mascot and students Oscar Bélanger and Vera Balaban.

Former students and teachers were invited to visit their old classrooms, view class photos from 1967 and enjoy cake and tea in the library.

Take care of details so they don't have to. *Just ask Ken.*

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# getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

## > ARNIE WEIDL 'I can always catch another one'

Hi fellow fishers. Here is some great stories to enjoy.

Don Schilling was a man of average size with a wide smile, searching eyes behind heavy glasses and straight dark hair that fell over a broad forehead. I met him by chance on the Red last week and he told me of a once in a lifetime experience he and fellow anglers were part of at Horseshoe Lake some time ago.

The area was full of wildlife, and as they trudged up shore to their camp after a day of fishing, a loud flapping and screaming stopped the men in their tracks. Huge long feathered wings, some black and some grey, flailed upward from a depression in the roof of one of their tents. The stunned anglers saw before them a bald eagle on top of a pheasant attempting to tear it apart.

The group began shouting and clapping their hands, which made the eagle break from its task. With a parting screech, whipping the air with its massive wings, it disappeared westward while the distressed pheasant fluttered off in the other direction! Wow.

The smell of wood smoke drifted from the fishing camp as Dave Thorlakson stood on the shale shore of Humbug Bay looking east toward the faint light of the rising sun in 1959. Tall and wiry with tufts of light hair under a cap, dressed in heavy clothes and rubber boots, he loped down to his wooden skiff. It sat cradled on the railroad track-like structure he had built, which ran from under the shore water to high dry land. The water of the west shore of Lake Winnipeg was



EXPRESS PHOTO BY ARNIE WEIDL  
Dale Julius of Winnipeg with his catch at Lockport.

flat now but soon the wind would kick it into high waves. The skiff loaded, he pushed it to free water, jumped in, started the small motor and pointed her bow toward the sunrise, checking land points he made for his nets and started lifting. There was no time to waste; if he didn't get his fish out of the water, they would spoil. He worked methodically under dark clouds taking the fish out of the nets and tossing them into wooden boxes. With his nets cleaned and back in the lake, he leaned over the side of the boat, washing the fish slime off his hands in the cold, restless water.

He shifted to the transom seat beside the motor and pulled the starter rope,

bringing it to smoky life, and headed for camp through choppy waves. As he came up to shore, pointing his skiff at the railing, he tensed; he had to time this just right. Allowing for the sideways current, the stiff wind and the waves that one second were five feet up the rail landing then next were receding back to bare shore, he timed it, aimed his boat and gunned it. The skiff shot forward hitting the greased skid rails on a high wave, carrying it upwards on the tracks. Dave, with perfect timing, pulled the motor up and the skiff came to rest one more time undamaged. As he threw a leg over the side of the boat, the blood ran fast in him and he knew he loved this life. The cool wind was pushing me around pretty good as I walked down the long steps at the Lockport pier early last week. Though the sun was out, Dale Julius of Winnipeg had a thick jacket on. He was one of the few on the pier who had caught fish, and although he didn't have a story, he held up his catch for us.

Later, downstream past Selkirk, I met Barry Bourne, a thin, chiseled-featured, quiet, easy-talking chap who used to live on St. Peters Road and offered a story. Years ago he had a neighbour who asked him to come ice fishing so Barry asked what time, to which his friend said, "Oh, about five." Barry exclaimed, "Five, that's pretty early for me."

"Not five in the morning, five in the evening. The fish start biting in the winter when it gets dark."

Barry's friend (let's call him Fred)

Continued on page 7

Stonewall Teulon  
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*The Selkirk Record*  
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# George Canyon to perform Oct. 20

By Jennifer McFee

Country music legend George Canyon will be dazzling his audience with at a special acoustic evening coming up next weekend.

On Friday, Oct. 20, Canyon will perform at Anderson's Hitch 'n Post Ranch in Grosse Isle at a concert for the fifth annual Concert for Conservation presented by Ducks Unlimited Canada.

Doors open at 6 p.m. followed by a 7

p.m. dinner featuring barbecued roast beef, baked beans, baked potato, coleslaw and dessert.

The musical performance begins at 8:30 p.m. with two 45-minute sets.

Tickets cost \$75 each or \$550 for a table of eight for the event, which supports wetland conservation work in Manitoba.

Events assistant Robyn Yates said the event will also include raffles and more.

"Our concerts at the Hitch 'n Post are really nice, especially because they're acoustic. They're so much more personable," Yates said.

"It's a totally different atmosphere. We always do an autograph session at the end of the evening so you can actually meet him. It's really great and we get a lot of positive feedback."

Tickets are available for purchase online at [www.ducks.ca/events](http://www.ducks.ca/events) or by calling 204-467-3312.



TRIBUNE PHOTO SUBMITTED

Country music legend George Canyon will be dazzling his audience with at a special acoustic evening on Friday, Oct. 20 at the Anderson's Hitch 'n Post Ranch.

## IERHA flu clinics open now

Submitted

Interlake-Eastern Regional Health Authority's public flu clinics will begin the week of Oct. 16 this year. As in previous years, public health officials want to remind Manitobans to "Get vaccinated. Don't spread the flu." Immunization is especially important for those at increased risk of serious illness from the flu, their caregivers and close contacts.

Immunization co-ordinator for Interlake-Eastern RHA and public health nurse Melody Hawryluk says the region is expecting a good turn out this year.

"We've had a relatively typical fall with cooler temperatures, and the leaves changing colour indicates to everyone that the days are getting shorter and flu season is around the corner," says Hawryluk. "The flu vaccine is available to all Manitobans over six months of age at no charge. It is important to get the flu vaccine every year because the viruses change from year to year and the protection provided by the vaccine decreases over time."

Flu shots are beneficial to everyone but are especially important for:

- people 65 years of age and older
- all children six months of age and older
- personal care home residents
- anyone with chronic health issues
- health-care workers and first responders
- pregnant women
- individuals of Aboriginal ancestry
- people who are severely overweight or obese
- those who share a household with any of those listed above

Manitobans over the age of 65 should also get a pneumococcal shot at the same time as the seasonal flu shot. Most adults only need one pneumococcal shot in their lifetime.

People can talk to their public health nurse or health-care provider if they have questions about the flu shot. Your local pharmacy may also be offering flu vaccines as well.

For a complete listing of Interlake-Eastern RHA flu clinics, visit [ierha.ca](http://ierha.ca) and click on "Care in Your Community," "Public Health" and "Immunization."

## > GET FISHING, FROM PG. 6

declared. So away they went the next day, and sitting in Fred's ice shack, he announced, "They should start biting in about 10 minutes."

Like clockwork, Fred got a bite, and when it seemed snagged, he asked Barry to have a look. Barry kneeled, peering down the hole. Then he turned his head sideways, looking at Fred, saying, "All I can see is a pair of gigantic pickerel lips too big for the hole and your jig."

Fred responded, "I can always catch another one. Get my jig — it's my luckiest."

Bye till next week, friends.

# BECAUSE IT'S ABOUT HIM TOO

## GET VACCINATED. DON'T SPREAD THE FLU.



The annual seasonal flu vaccine is available to all Manitobans at no charge. It will offer protection against four seasonal flu strains.

An annual flu vaccine is especially important for those at increased risk of serious illness from the flu, their caregivers and close contacts.

If you are 65 or older or have a chronic illness, you should also get a pneumo vaccine. One pneumo vaccine may give you a lifetime of protection.

To get your free flu vaccine, contact your public health nurse, doctor, pharmacist or call Health Links – Info Santé at **204-788-8200** or toll-free **1-888-315-9257**.

[manitoba.ca](http://manitoba.ca)

**Manitoba** 





Interlake-Eastern  
Regional Health Authority

# FLU CLINIC LISTINGS



Because it's about them too. Get vaccinated. Don't spread the flu.

The annual seasonal flu shot is available to all Manitobans at no charge. It offers protection against four seasonal influenza strains. Those at increased risk of serious illness from the flu, including children six months to five years old, people aged 65 or older, caregivers and others who are in close contact with them, should consider getting a flu vaccination.

Bring your Manitoba Health Card and wear a short-sleeved shirt.			
	Dates	Time(s)	Location(s)
Arborg	October 19	10:00 am - 2:00 pm	Arborg Bifrost Community Centre, 409 Recreation Drive
	October 26	10:00 am - 2:00 pm	Arborg Assisted Living Centre, 341 Ingolfs Street
	November 2	3:00 pm - 7:00 pm	Arborg Bifrost Community Centre, 409 Recreation Drive
	November 4	11:00 am - 2:00 pm	Arborg Provincial Building, 317 River Road
	November 23	3:00 pm - 6:00 pm	Arborg Bifrost Community Centre, 409 Recreation Drive
Ashern	October 17	10:00 am - 4:00 pm	Ashern Community Health Office, 1 Steenson Drive
	October 24	2:00 pm - 7:00 pm	Ashern Community Health Office, 1 Steenson Drive
	October 26	1:00 pm - 4:00 pm	Ashern Community Health Office, 1 Steenson Drive
	October 28	9:00 am - Noon	Ashern Community Health Office, 1 Steenson Drive
	October 30	1:00 pm - 3:00 pm	Ashern Legion, 3 Main Street
	November 7	1:00 pm - 4:00 pm	Ashern Community Health Office, 1 Steenson Drive
	November 16	1:00 pm - 4:00 pm	Ashern Community Health Office, 1 Steenson Drive
Eriksdale	October 17	9:30 am - 3:30 pm	Eriksdale Wellness Centre, 35 Railway Ave
	October 24	9:30 am - 3:30 pm	Eriksdale Wellness Centre, 35 Railway Ave
	October 30	9:30 am - Noon	Eriksdale Wellness Centre, 35 Railway Ave
	November 4	10:00 am - Noon	Eriksdale Wellness Centre, 35 Railway Ave
	November 7	2:00 pm - 7:00 pm	Eriksdale Wellness Centre, 35 Railway Ave
Faulkner	November 2	1:30 pm - 3:00 pm	Faulkner Senior Centre
Fisher Branch	October 16	10:00 am - Noon & 1:00 pm - 3:00 pm	Fisher Branch Clinic, 23 Main Street
	October 28	10:00 am - 1:00 pm	Fisher Branch Clinic, 23 Main Street
	November 14	1:00 pm - 6:00 pm	Fisher Branch Clinic, 23 Main Street
Gimli	October 20	1:00 pm - 4:00 pm	Waterfront Centre, 94 1 <sup>st</sup> Ave
	October 23	1:00 pm - 5:30 pm	Gimli Community Health Centre MPR, 120 6 <sup>th</sup> Avenue
	October 26	9:00 am - 12:30 pm	Rotary Towers, 94 5 <sup>th</sup> Avenue
	October 30	12:30 pm - 3:30 pm	New Horizons, 17 North Colonization Road, Loni Beach
	November 18	10:00 am - 1:00 pm	Gimli Community Health Centre MPR, 120 6 <sup>th</sup> Avenue
Gypsumville	October 19	10:00 am - 1:00 pm	Gypsumville Clinic, 1st Street
Hodgson	October 25	10:00 am - 11:30 am	Early Settlers Lodge, 2nd Avenue
Lundar	October 19	9:30 am - 3:30pm	Lundar Community Health Office, 97 1 <sup>st</sup> Ave South
	October 26	9:30 am - 3:30pm	Lundar Community Health Office, 97 1 <sup>st</sup> Ave South
	November 2	9:30 am - Noon	Lundar Community Health Office, 97 1 <sup>st</sup> Ave South
	November 4	1:00 pm - 3:00 pm	Lundar Community Health Office, 97 1 <sup>st</sup> Ave South
	November 9	2:00 pm - 7:00 pm	Lundar Community Health Office, 97 1 <sup>st</sup> Ave South
Matheson Island	November 2	10:30 am - 11:30 am	Matheson Island School
Matlock	October 18	9:30 am - 11:30 am	Matlock Recreation Centre, 77 Matlock Road
Moosehorn	November 8	1:30 pm - 3:00 pm	Moosehorn Curling Club, 1 <sup>st</sup> Avenue
Pine Dock	November 2	1:30 pm - 2:30 pm	Pine Dock Hall
Poplarfield	October 25	1:30 pm - 2:30 pm	Poplar Villa, Hwy 68
Riverton	October 21	10:00 am - 1:00 pm	Riverton Clinic, 68 Main Street
	October 24	10:00 am - 3:00 pm	Riverton Clinic, 68 Main Street
	November 21	2:00 pm - 6:00 pm	Riverton Clinic, 68 Main Street
St. Laurent	October 21	11:00 am - 2:00 pm	St. Laurent Community Health Office, 1 Parish Lane
	October 24	3:00 pm - 7:00 pm	St. Laurent Community Health Office, 1 Parish Lane
	November 2	2:00 pm - 3:30 pm	Laurentia Lodge, 444 Veteran's Memorial Road
Winnipeg Beach	October 18	1:30 pm - 3:00 pm	Winnipeg Beach Lodge, 32 Centre Street
For more information, please contact your local community health office:			
Arborg: 204.376.5559		Gimli: 204-642-4587	
Ashern: 204-768-2585		Lundar: 204-762-5469	
Eriksdale: 204-739-2777		St. Laurent: 204-646-2504	
Fisher Branch: 204-372-8859		Riverton: 204-378-2460	

Any changes to this listing will be posted online at [www.ierha.ca](http://www.ierha.ca) – click on the banner “2017 Flu Clinics” at the top of the page.

# Fire destroys RV at Steep Rock Beach Park Campground



EXPRESS PHOTO TAKEN BY LANA GABBS

Aaron Altman's RV burned last week at Steep Rock Beach Park Campground. Altman was only days away from cleaning out and preparing the camper for the winter. There were no injuries and the fire didn't spread.

By Jeff Ward

An early morning fire last Wednesday at Steep Rock Beach Park's campground reduced an RV to ashes but fortunately the Grahamdale Fire Department contained it to the site.

The camper was vacant at the time of the fire and there were no injuries.

Campground manager Lana Gabbs said that she received an early morning call from area resident Orville Philipon, who first noticed the fire. The fire department was on the scene quickly but the camper couldn't be saved.

RV owner Aaron Altman and Ashern volunteer firefighter said this was his first season as a full-time camper at the park. Altman said he knew when his girlfriend Naomi Kippen told him that Gabbs had just called about the fire that there was no way it would be saved.

"I knew there was going to be nothing left," said Altman.

"I don't even know how to describe the feeling I had. It's totally different being on this side of a fire. I'm used to being the one who's putting fires out, not watching things burn. It gives you a totally different perspective on things."

Altman said that he appreciates how quickly the Grahamdale crew got to the location but explained that in a situation like this, the role of the fire department is to keep the fire from

spreading. He said fire trucks can only go so fast and that it's at least 30 minutes to get to Steep Rock once the crew is assembled.

Gabbs said that the area had been very damp recently so the fire had a much harder time spreading due to those conditions. She said that she's never seen a fire on the campground in her time as manager.

"This is a campground's worst nightmare. You're remote, far away from the fire stations and you know it's going to be a complete loss. We're thankful it's not peak season and that there was no one around," said Gabbs.

The cause of the fire has yet to be determined but, given his experience in these situations, Altman said he would guess that the cause would be electrical in nature. He said that he

was only days away from taking a trip out to the site to winterize the RV and pack everything away to leave it there over the winter months.

"That was our plan for this weekend, but I can't do that now," said Altman.

Even with the terrible event, Altman said that the experience hasn't sullied his view of the campground. He said that it's a beautiful spot and that the atmosphere is great and he wouldn't hesitate to put another camper in that spot.

Altman had insurance on the RV and is currently dealing with MPI to settle the incident.

"I'M USED TO BEING THE ONE WHO'S PUTTING FIRES OUT, NOT WATCHING THINGS BURN."



# ESD pays \$30,000 towards cost overruns on Arborg track

By Patricia Barrett

The Evergreen School Division agreed to pay \$30,000 towards cost overruns incurred on the Arborg Collegiate's new sports track, which the Town of Arborg contracted out in 2014.

The town had agreed to manage the contract on behalf of a track committee made up of teachers, the school's principal and community members. The town tied the track's rehabilitation into an infrastructure project that included repairs to Ardal Street, Sunset Boulevard and the former CP rail line.

In January, track committee member and Arborg Collegiate principal Randy Semenek met with the ESD board to ask it to help pay off an "unexpected \$50,000 contractor bill" the town had turned over to the committee despite its objections.

During that meeting, Semenek said the committee thought it had been presented with a "binding estimate" and that the town paid the bill in full before advising the committee of the cost overruns.

During a regular board meeting Oct. 4, ESD's secretary-treasurer Charlie Grieve said he asked the town for a copy of the contractor's invoice but did not receive it.

A failure to include contingencies in the contract — a means by which to account for the risk of additional costs — led to part of the problem now facing them, said Grieve.

"One of the major differences in terms of how we operate compared to what they [Town of Arborg] do is a lot of times our contracts have contingencies built into them," he said. "This

one here doesn't, and I think that was part of the downfall or the problem. The track committee did not have a contingency. They just accepted the bid based on [what the town presented to them] and there was a statement in there that Tetra Tech ... basically absolved themselves from any responsibility over the bid price."

Tetra Tech is an American-based company that provides consulting and engineering services. It had about \$2.6 billion in revenue as of 2016, according to its website.

The track rehabilitation project consisted of excavation and fill, the installation of sub-drain pipe, placement of separation geotextile fabric, placement of sub-base and base courses, construction of 75 mm of asphalt pavement, ditch grading and boulevard restoration, according to June 2014 tender posted on an electronic tendering service called MERX.

Grieve provided trustees with a written account of the cost overruns based on information he was able to obtain from the town.

"Tetra Tech, who acted as project manager, has a clause in the contract that protects them and the contractor," he wrote. "The clause is 'Cost estimates produced by Tetra Tech for work to be performed by a third party represent Tetra Tech's opinion of probable cost, based on current market conditions, and shall not be binding on Tetra Tech. In the event the incurred costs are greater than the estimate, the Client shall be responsible for such additional costs.'"

The Town of Arborg did not respond to the *Express*' requests for comment



EXPRESS PHOTO BY PATRICIA BARRETT

Arborg track committee raised \$276,000 and was later expected to pay an additional \$50,000 in cost overruns.

on the contract, information on who carried out the work and whether the town itself contributed towards the cost overrun.

Board chair Ruth Ann Furgala said the current outstanding amount of the invoice is \$37,966.95 and asked trustees how much they would consider paying.

Trustee Robert Arnason made a motion to pay \$30,000.

"I'm going on the fact that I attended the ceremony on the opening of the [track]," said Arnason. "We followed it and, yes, there were some mistakes made, but the effort and work that was put into it and the product

that we have I'm very impressed with. It's a forgiving type of motion."

Of the seven trustees in attendance, five voted to approve the \$30,000 payment. Trustees Dianna Auer and Jim Mosher voted against the payment.

The school division has now contributed \$60,000 in total towards the new track.

The track committee has raised about \$276,000 in donations to date.

Schools from across the division, as well as the public, can use the track.

## > LAS VEGAS VICTIMS, FROM PG. 3

princess for the breakfast.

"We're also doing the superheroes and princesses for the kids. They've seen so much dark in this world, and I don't know how many fully understand what's going on, but let's remind them that there are happily-ever-after stories. There are superheroes like the people who saved these victims. They're real life," Lucas said.

"I want to create a feeling of family. Maybe we're strangers, but we can still pull together as a community."

The pancake breakfast will also feature a 50-50 draw and a silent auction. Lucas is accepting prize donations until 8 p.m. on Thursday, Oct. 12. She also welcomes anyone who would like to volunteer to help for a shift at the event. The best way to reach her is through the Facebook event page entitled "Fundraiser for Jody Ansell and Jan Lambourne."

In other community efforts, a fundraising campaign has been set up at the Teulon Sunova Credit Union.

As well, Teulon Collegiate's Helping Hands Committee has set up a GoFundMe page, which has raised more than \$3,800 towards Lambourne's expenses so far. Their goal is to raise \$10,000. The GoFundMe page is called "Las Vegas victim Jan Lambourne" and it can be found at <https://www.gofundme.com/las-vegas-victim-jan-lambourne>.

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# Manitoba Writers' Guild can get your manuscript off the shelf

By Patricia Barrett

It's said that everyone has a book inside them, and some of the more plucky scribblers among us have actually gone so far as to write one.

But many have found an irritating thing called life getting in the way of the next step along the writing continuum — getting their manuscript off a dusty shelf and out into the big wide world.

That's where networking with other writers through a professional writers' organizations can help.

Matlock author Doreen Pendgracs, best known as the Interlake's Queen of Chocolate for her award-winning book *Chocolatour*, spoke to members of the Manitoba Writers' Guild (MWG) Sept. 14 about the benefits of networking and hosted a round-table discussion on the highs and lows of the craft.

"Writing is a solitary profession," said Pendgracs, who left corporate life in 1993 to become a freelance writer and speaker. "And I think it's really important for writers to become part of organizations because they help you grow as a professional, as a writer and as a creative individual. But it also helps you connect with other people who can mentor you, encourage you and help market your work because we writers are extremely supportive of one another."

Professional organizations such as the MWG or the Professional Writers of Canada can provide some much-needed "life-support" for writing projects dispatched to the sick room, said Pendgracs.

"I'm sure this happens quite often where people have projects in the works that almost need medical attention, a blood transfusion or some kind of operation to help make it self-sustaining."

A few MWG members recounted their experience with the "back-shelf" syndrome and provided tips on how to overcome it.

"Just take it off the shelf and get a pitch letter out to a publisher," advised MWG board member Shayla Elizabeth, who has given poetry readings and published chapbooks and a spoken word CD with the Aboriginal Writer's Collective.

"If you ask anyone in my writers' group, they'll say, 'Shayla, finish something, just finish something,'" she laughed. "I've done anthologies, but I have yet to finish a book."

In addition to mastering procrastination, one can avoid a writing rut by getting a mentor, said Elizabeth, who has also turned her hand to science fiction writing.

"I managed to talk to Robert J. Sawyer, who is the Godfather of science fiction in Canada, and he agreed to be my mentor," she said. "He's been very supportive and he'll say, 'This is what you should focus on.'"

Hiring a professional editor — which a writers' association can help you find — is important to earning credibility in the writing world because "anyone nowadays can publish a book," said Pendgracs.

MWG member Irene Ternier Gordon, who will be launching her ninth book, *Letitia Hargrave: Mistress of York Factory*, at McNally's Grant Park on Oct. 23, said choosing an editor familiar with one's subject matter is also important.

Marketing goes hand in hand with writing, and being a member of a professional organization can help spread the word about your work.

"Most professional organizations have platforms whereby members can ask them to help promote their



EXPRESS PHOTO BY PATRICIA BARRETT

MWG members from front left: Shayla Elizabeth, David Lightfoot, Anna Valdron, Irene Ternier Gordon. Back: president Susan Rocan, Doreen Pendgracs, Barry Kopelus, Jeff Butler.

work in a city or a store and sell to other writers," said Pendgracs.

And being able to speak about one's work also goes a long way to helping a writer market him/herself.

"Every writer needs to learn how to talk about their work and with passion," said Pendgracs, who founded the Gimli-based Toastmasters in the Arts group. "I need voice inflection, gestures and eye contact with every one of you or my message isn't hitting home. That what you learn at Toastmasters — how to connect with people."

Distributing one's work in different formats is another way to keep marketing momentum going.

MWG member Barry Kopelus has written for television and radio and now leads his own production company called the Manitoba Multi-Media Foundation. Some of the writers he's helped promote through his company, including MWG member David Lightfoot, are using various platforms to promote a single book.

"Greg McVicker published *Through the Eyes of a Belfast Child*, and he's been going around to different Irish festivals around the world," said Kopelus. "He did an e-book version, extracted the poems from the book and made

Continued on page 11

## IERHA welcomes Dr. Sunu Thomas to Eriksdale

Submitted

Dr. Sunu Thomas is accepting patients at Eriksdale Medical Clinic located at 40 Railway Ave., Eriksdale. Dr. Thomas is a family physician originally from India. She graduated from Indore's DAV University where she practised for many years as a general practitioner. She also has an interest in internal medicine and pediatrics.

"Having always worked in relatively small towns, managing ER was always an integral part of my job," says

Dr. Thomas, who moved to Canada with her family in 2012. "I feel very humbled and truly appreciate the warm welcome that I have received thus far from the Eriksdale community. I am honoured and sincerely look forward to serving this lovely community."

When she is not busy at work, Dr. Thomas enjoys spending time with her husband and two daughters. She also makes a point to keep in touch with her extended family. She also enjoys travelling, gardening and ex-

ploring trails on foot.

Her love for travelling and experiencing different cultures, took her to Libya, where she practised for five years, before returning back to India.

Patients can make an appointment with Dr. Thomas by phoning the Eriksdale Medical Clinic at 204-739-2672. Please be sure to have your Manitoba Health card available when calling to make an appointment.



Dr. Sunu Thomas



# Great hunting conditions for the Lundar Goose Shoot

By Jeff Ward

A combination of good weather and good field conditions last weekend made for great hunting at the Lundar All Canada Goose Shoot, which saw 11 teams shoot their limit and some very large birds downed for the top three teams.

Hunters took to fields all over the Interlake to take part in Lundar's annual hunting competition last Saturday, Oct. 7. Twenty teams of hunters, with four hunters each, a checker and field guide were all out early Saturday morning to get set up in their fields, which were randomly assigned the night before. Coming in first place was Barret Baker, Ken Baker, Nairn Baker and Tim Van Acker. Their team had a combined weight of 218 pounds as well as the heaviest goose at 13.68 pounds. They also purchased their own team in the Calcutta and will split \$10,079.16 among the four hunters and two checkers. Second place was Chris Adams, Cody Adams, Paul Bissonnette and Bryce Hacault with a total weight of 209 pounds. Farrell Pott purchased their team in the Calcutta

and netted himself \$7,679.36. Coming in third place was Jake Kluzer, Stewart Thorgilsson, Scott St. Shuver and Neil Loidott with a total weight of 204 pounds. They also purchased their own team in the Calcutta, which won them \$6,239.48. The Calcutta brought in a total of \$28,400 this year with \$23,998 awarded back in prize money.

This year, 11 teams downed their limit of geese. The award for best field went to Gary Sherbeth who won a Winchester pump shotgun. A Browning A5 was raffled off, which was donated in part by Browning Canada and the Lundar Elks, and was won by Ryan Sigurdson. Don Malcom won an elimination draw for a Franchi shotgun during Friday night's dinner.

Organizer Jim Law said that this year's event was another in a long series of successful competitions over years. Law said that Colin Johnson did a fantastic job in making picking the fields this year.

"He did all of the leg work to select the fields this year and he did a great job," said Law.



EXPRESS PHOTO BY BARRETT BAKER

First place team from left: Jim Van Acker, Barrett Baker, Ken Baker and Nairn Baker.



EXPRESS PHOTO TAKE BY JEFF WARD

Second place team from left: field checker Jim Chartrand, Chris Adams, Paul Bissonnette, Bryce Hacault and Cody Adams.



EXPRESS SUBMITTED PHOTO

The third place team from the left: Stewart Thorgilsson, Neil Loidott, Jake Kluzer and Scott St. Shuver.

## > WRITERS' GUILD, FROM PG. 12

an e-book version of that and put it on Amazon to get more publicity."

There are a number of writers' organizations focusing on particular kinds of writing, such as travel, science fiction, children's books and poetry, all of which provide networking opportunities.

Pendgracs said she belongs to the North American Travel Journalists Association because it helps "expand my network in travel writing."

"There's a writing group for every

kind of writer you can imagine," she said. "You may specialize in a certain type of writing, but you may be interested in another type of writing. And by attending writers' events and joining writers' groups, you can expose yourself to different kinds of writing you may not have tried before."

The Manitoba Writers' Guild, founded in 1981, provides writers with professional and personal support, offers workshops and helps connect writers across the province.

The MWG members who attended Pendgracs' presentation provided a plethora of good writing advice and encouragement.

"Everyone here has diverse interests and talents and backgrounds, and that's what make networking with writers so very interesting," said Pendgracs. "You will find this in every writers' group. It's like going to the most eclectic cocktail party in the world when you get together with writers. That's what I love about net-

working with them."

MWG is offering a number of upcoming workshops: Graphic novel writing taught by Scott Henderson, Oct. 14 from 10 a.m. to 4 p.m.; Mystery writing taught by Catherine Hunter, Oct. 29 from 10 a.m. to 4 p.m.; and Building an Author Platform taught by Doreen Pendgracs, Nov. 4 from 10 a.m. to 2 p.m.

Visit the guild at [mbwriter.mb.ca](http://mbwriter.mb.ca).



**bdc**  **Small Business Week** October 15 to 21, 2017

**7 helpful tips for getting your business off the ground**

Between Oct. 15 and 21, BDC Small Business Week (hosted by the Business Development Bank of Canada) will be promoting the amazing work of some 850,000 Canadian entrepreneurs for the 38th year in a row! Do you dream of starting your own company? Here are seven tips to help you get your business off the ground.

**1. Determine your target market**

First and foremost, you need to properly define your target market. The best way to do this is to carry out thorough market research to determine consumers' potential interest in your products and/or services.

**2. Surround yourself with experts**

Build a team of qualified professionals with different skillsets who will bring value to your business; for example, technicians, marketing specialists, salespeople, managers, lawyers, accountants, etc.

**3. Don't lose sight of your goal(s)**

In order for your business to have growth potential, you need to pave the way for a prosperous future by setting immediate and long-term goals.

**4. Consider your finances**

Starting a business obviously requires money. Consider different financing options in addition to bank loans, like private investors, labour-sponsored venture capital funds, assistance funds or funding agencies.

**5. Manage your time wisely**

Allocate your time strategically by taking advantage of less busy periods to develop a networking plan on which to start building a client base.

**6. Don't dispense with formalities**

To build a solid foundation for your company, you need to address all technicalities involved with owning a business. Make sure to get your ideas patented — or at least protected in some way.

**7. Be forward-thinking with your business plan**

Your business plan is an invaluable tool that will allow you to clearly present your ideas to potential investors. Make sure it's concise and engaging!

For more information on how to better manage your business, visit [www.bdc.ca](http://www.bdc.ca).

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# Home parties change the life for Interlake woman

By Jeff Ward

If you asked PartiLife owner Toni Dent what the best part of being an entrepreneur is, she'll tell you it's all rewarding. Her optimistic nature is one of the many reasons why her Clarkleigh-based business has become such a booming success over the last few years.

PartiLife is a creative event company that gathers people together to create unique items with the help of a guide. Participants paint pictures, make centrepieces, coasters, wreaths, stained glass and much more. Home-based parties like this have become extremely popular over the last few years and it's likely that you or someone you know has been to one. Dent started the business in January 2015 after a patron of Marnie Holm's Salon in Lundar saw one of her paintings hanging up. That patron remarked that Dent was a good artist and that she should host a paint party locally. Dent ran with the idea quickly doing a test run with friends before holding her first event and ever since then she's been off to the races.

"It took me four to six months to figure out how I wanted to structure things," said Dent.

"But I was doing paint parties for five months before I started to realize that I was going to have to add in other things for people to do. And I find some of the best creative challenge with the business is creating these other options for people."

Dent said that the new opportunity with this business came at a perfect time in her life. Dent was working in HR for the federal government and while it was a good job, it was unfulfilling and one that had always left her wanting more. Dent unfortunately got laid off from her position and used her severance pay to jump into her new venture head first.

In the early days, Dent said she would spend 16 or more hours a day booking events, planning parties, buying supplies and guiding event participants. Dent's parties feature many of her own original works as the ones that participants will recreate, offering her an added layer of creative expression.

"After I did my first event, I remember coming home and literally thinking, 'I can't believe I got paid for this.' It was an incredible feeling and it was also making good money too. So I kept going and adding to it," said Dent.

Things expanded quickly and Dent now has five employees working for the company with Shawna Parsons taking a full-time role as co-ordinator for all events in Winnipeg. With Parsons focusing on what Dent used to be in charge of, Dent has now achieved a work-life balance that has made her life much more fulfilling.

"I wanted to be engaged with my family. Doing this meant I could be home when my kids got off the bus and I could be here to make dinner for them and my husband. This balance was really important to me but I needed to put in a lot of work in the beginning to get to this part," said Dent.

PartiLife has even expanded into Saskatchewan with an event co-ordinator for Lloydminster and North Battleford. Dent said that while she knew this business was going to be something special it is surprising to her how quickly things have grown.



EXPRESS PHOTO BY JEFF WARD

Toni Dent's business PartiLife has seen amazing growth over the last few years. Expanding into other markets while also providing new and unique creative parties for people to try have made one of her favourite hobbies a full-time job.

That growth has presented some challenges as well. The demand of multiple events means that she, as head of the company, had to create mini manifestos for how each of the parties would go. This way new guides and event co-ordinators could learn the job quickly and always have reference documents to look back on. Dent said that she is always available for her employees to bounce ideas off of or guide them when they need help. She explained that it's important to her that the people who she works with feel supported.

Dent's parties have also helped contribute to local charities as her events often are scheduled as fundraisers. Dent said that in 2016 PartiLife events raised over \$33,000 for those fundraisers.

"I want the business to be very organic and driven by what the people want. Fundraisers have been a big part of our growth and it's something I'm very proud to be a part of. And I think they remain popular because of all of the different events we offer," said Dent.

As for any advice she could offer, Dent said that the one big misconception about owning your own business or working from home is that she must have much more free time. She said that in reality it's actually far less.

"I think if you want to get into business, you have to know going in that it's not a nine to five. This is easily 80 hours a week and probably more. But the reason you do it is because it's your own. You're doing what you love and getting paid for it. People think that your hobby shouldn't make you money, but it does and it's the greatest thing," said Dent.

Those interested in booking their own creative party can find more information at [www.partilife.ca](http://www.partilife.ca).

"After I did my first event, I remember coming home and literally thinking, 'I can't believe I got paid for this.'"





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# Iconic radio show to be recreated live

Staff

The Riverton Recreation Facility will play host to a myriad of live musical talent for the Louisiana Hayride this Saturday.

The event recreates the iconic live radio broadcast that played across the continent every Saturday from 1948 to 1960. Musical titans like Johnny Cash, Patsy Cline, Jim Reeves, Roy Orbison and many others would perform live for listeners. This weekend's show, which begins at 7:30 p.m. with doors opening at 6:30, will feature talented tribute artists singing new music and old. Music from Shania Twain and

Garth Brooks tribute artists will provide modern music while more classic tribute artists like Willie Nelson will take you back in time.

Tickets cost \$20 each and are only available in advance. There are no tickets available at the door and seating is limited. Event organizer Tanis Grimolfson said that tickets are selling fast and advised that anyone interested in attending the show get tickets as soon as possible.

Tickets are available at the Riverton & District Friendship Centre or by calling 204-378-2800.

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## ESD's new student council representative

Staff

The Evergreen School Division welcomed a new student council representative to its board Oct. 4.

Brooklyn Toderan, a Grade 12 student at Riverton Collegiate, will take part in monthly board meetings over the course of the 2017-18 school year, acting as liaison between students and the division.

Toderan plays hockey, volleyball and participates in band. After graduation, she said she plans to attend university to earn a science degree then go on to study medicine.



**EXPRESS PHOTO BY PATRICIA BARRETT**  
 Brooklyn Toderan from Riverton is the new student representative on the ESD board.



## Steps for closing up your cottage

The kids have gone back to school, the leaves are changing colour and the temperature is dropping slowly but surely. In other words, fall is definitely in the air and the time has come to close your cottage for the winter. Here's a short checklist so you don't forget anything and end up with some unpleasant surprises next spring.

1. Inspect the cottage. Walk around the cottage to check if anything deteriorated over the summer. Inspect the gutters and remove dead leaves from them; make sure they'll drain properly. Check the roof and foundations, and do any necessary repairs.

2. Check the doors and windows. Remove the screens to prevent condensation buildup on windows, and make sure all doors and windows are properly caulked. Replace any damaged weather stripping.

3. Prune trees. Cut branches that are too close to the cottage or that are hanging over the roof, as they could damage the structure in high winds or during heavy snow accumulation.

4. Put everything in storage. Shelter garden hoses, deck furniture, gardening tools, lawn mower, bikes, barbecue, boats and water toys. Take the time to close up the pool and spa properly.

5. Turn off the water. Turn off the water inside the cottage as well as the outside tap. Drain the hot water tank and pipes (washer, dishwasher, shower, etc.) to prevent frozen and burst pipes. Don't hesitate to call in a professional to ensure that everything is done properly.

6. Empty the fridge. The fridge should be emptied, cleaned and de-

frosted. Be sure to leave the door ajar to prevent bad smells.

7. Wash all bedding. Remove and wash the bedding. Store it in airtight containers, away from any dampness. You could also cover your mattress and living room couches with plastic to prevent mildew.

8. Minimize the risk of fire. Turn off the electricity and heating, and unplug all electrical appliances. Get rid of old newspapers, rags and chemical products. Close up the fireplace and inspect the chimney or have it inspected by a chimney sweep.

9. Protect the cottage from vermin. Get rid of all traces of food, including canned food, and block all possible entryways to the cottage, such as the fireplace and cracks in walls or in the foundation. You could also scatter some mothballs in case animals do try to take up residence in your absence in spite of all your precautions.

10. Secure the cottage. Make sure that smoke and carbon monoxide detectors are working properly, and change the batteries. Remove all your valuables and leave the curtains open to show that there is nothing interesting to steal inside — closed curtains arouse curiosity. Before leaving, make sure that all doors (cottage, shed, garage, etc.) are properly closed and locked. If possible, ask your neighbours to check on your property from time to time, and give them your contact information in case of an emergency.

Lastly, don't forget to notify your insurer that your cottage is closed until next spring.

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# The 21st Boneyard General Repair Boyz & Bulls

Saturday, October 14<sup>th</sup> at The Eriksdale Recreation Centre

## A buckin' good time planned for 21st annual Boyz & Bulls

By Jeff Ward

The 21st annual Boneyard General Repair Boyz & Bulls event is locked and loaded for this Saturday, Oct. 14 and is set to provide another high-octane bull riding experience in Eriksdale.

Riders from all over Canada will descend on the Eriksdale Recreation Centre at 7 p.m. for the last event in the Bull Riders of Canada season before the finals. Ben Kinkead is the organizer of the event and said that his team works hard each year to bring new excitement to the event. A pyrotechnics-filled intro as well as pre-roll video help set the stakes for the event, which features some great riding talent. There will be four novice bull riders and four junior steer riders also competing at the event.

Kinkead said that one of the things that make this event unique is that riders get to pick their bulls for the first round. The Noventis Credit Union Bull Draft allows riders to select a bull they believe will give them the best chance to put a high score on the board.

"There is a lot of strategy with that pick," said Kinkead.

"Your dancing partner in this event gives you 50 per cent of the points so you want to make sure you have a good partner. Sometimes riders will pick a

bull they think they can ride and then underestimate it."

The proximity to the Bull Riders of Canada finals adds more excitement to the event. Riders looking to sneak their way into the finals or add to their collection of points raise the stakes, as this is their last opportunity of the year.

A new addition to the event this year is the Champions Challenge, which has the top rider of the night select one of three bulls. That rider then selects another fellow competitor who selects a bull and a third and final rider. Kinkead explained that once those choices are made, the three compete in a high points challenge for \$500 cash.

"We figured it would be a nice little bonus at the end of the night. And there is a lot of strategy in picking those riders. If the champion wants

some extra cash, he has to pick riders he thinks he can beat," said Kinkead.

Those interested in attending the event can purchase tickets at the door for \$15 each. A cowboy social will follow the event at 9 p.m. and those tickets cost \$10 each.

Continued on page 15

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The 21st Boneyard General Repair

# Boyz & Bullz

Saturday, October 14<sup>th</sup> at The Eriksdale Recreation Centre



EXPRESS PHOTOS BY CHERYL LAW

Kyle Primeau on Billy the Kid was the champion at last year's Boyz & Bullz.



On behalf of the Reeve,  
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Eriksdale Welcomes you to  
The 21st Annual Boyz & Bullz!

Best Wishes to all participants.

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# Foundation looks to raise funds for peace officer memorial

By Justin Luschinski

A campaign to fund a memorial for fallen peace officers in Manitoba is seeking donations.

The Manitoba Peace Officer Memorial Foundation has started up a GoFundMe campaign where people can donate to help erect a memorial for fallen peace and police officers. The campaign is hoping to raise \$17,000 for the memorial, which will go up at Memorial Provincial Park located in downtown Winnipeg.

Robert Belanger, president of the Manitoba Peace Officer Memorial Foundation, said he's hoping that the public will give thanks to the people who protect them by donating.

"You have police and peace officers who are protecting your communities, and unfortunately they fall in the line of duty," Belanger said. "We're asking you to donate a little money to say thank you ... and thank you for doing what you do."

The monument will sit in between two other monuments, one that will honour fallen firefighters and another that will honour labourers who lost their lives. The total cost of the project

is \$600,000, which had to be raised for all three monuments.

So far, the firefighters and the labourers have raised their portion of the project money. The police and peace officers have set up the GoFundMe to help them reach their goal. As of late last week, the campaign had raised \$300.

James Bracken, a resident of Selkirk and a friend of a fallen officer, said that he feels that it's important that something like this exists in Manitoba.

"I'm not sure how often I'd go, but it would be nice to know that the people who've lost loved ones in the line of duty were being respected," Bracken said.

According to Belanger, several other provinces, including British Columbia and Alberta, have police monuments. Manitoba is one of the few that does not. The monuments for the firefighters and labourers will begin construction in the spring of 2018.

For more information, visit [gofundme.com/mpomf](http://gofundme.com/mpomf) or [manitobapeaceofficermemorial.ca](http://manitobapeaceofficermemorial.ca).



EXPRESS PHOTO BY JUSTIN LUSCHINSKI

An artist's rendering shows what the fallen peace officer memorial in Memorial Park will look like once erected.



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# Your FARM



## Local farmer applying research for the world to see

By Harry Siemens

Double Diamond Farm Supply is a full-service crop production retailer in southern Manitoba and Saskatchewan.

Kent McKay, the company's agronomy lead, said they offer a comprehensive list of services, including agronomy services, custom dry and liquid application, Valmar rental, mobile seed treating, NH<sub>3</sub> delivery, and soil and tissue testing.

McKay said their business agronomists are able to provide expertise working with growers to manage their crops, whether with fertilizer products, herbicides, fungicides or organic insecticides.

"Seed has become a bigger part of our business just with the change in crops and other changes in the seed world including custom application

services," he said.

Double Diamond likes to work up close and dirty with clients, showing them actual on-farm applied research and results, he said.

"Basically, we had a 23-acre plot, all one-acre strips. The first 12 strips, we have agronomic practices, so we kept the same variety but tweaked some little things along the way and a couple of different practices guys are trying out. Then the 11 strips that are left are all different varieties that are pretty relevant in the southwest region," said Jagger Thomas, junior business agronomist, late this summer. "It's looking pretty good right now [late August], but we do have some longer varieties, so with the risk of a frost next week, there could be some trouble there. One of the things we kind of expected and wanted to

see what was going to happen."

The company posts the information on their website, with a password controlled log-in for each farmer that does business with them.

"We've done it for a few years, so we put all the yield information, break it out on revenue, dollars per acre you're making, what's going into each acre. They're able to go online and look at that," said Thomas.

"They can see what we do every year. If somebody is really interested, we'd love to take you out there, and we do have a tour day every year. Sometimes, we have different styles. Last year, we'd take a group of customers out instead of having everybody at once. We did a really intensive one-time tour this summer, which worked better than having smaller groups."

Thomas said it is a great selling tool

for the company.

"But a great learning tool for us, too, so maybe try something that isn't on large scale with guys on their farm, but it gives us a setup that we can try it on our own and maybe learn some on our own with it, too," he said.

It's always interesting to see how companies that are out there in rural Manitoba start up something that can really help the farmer, and then, in turn, help the company providing the service and doing the work.

"We give the credit to our customers who push us to be better and through discussions with them, through the planting season for the crop and the growing season, that a lot of these ideas arrive on the drawing board and developed where possible," said

Continued on page 19



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# Your FARM



## Sharing common ground

By Harry Siemens

A record attendance of diverse beef industry participants from across the country came together in Calgary for three days of connecting, sharing common ground, and gaining knowledge and inspiration from speakers at the second annual Canadian Beef Industry Conference (CBIC) this summer.

"We couldn't be more pleased with the excellent support and participation from across the industry that made for another outstanding national conference," said event chair Virgil Lowe.

The conference attracted over 700 attendees to its many sessions and discussion forums, he said, and undoubtedly "succeeded in building upon the success of last year's inaugural event."

"It has also created excellent momentum to further propel our National Beef Strategy forward as we look toward another exceptional conference planned for London, Ont., in 2018," he said.

Langruth cattle producer Tom Teichroeb, a national director of the Canadian Cattlemen's Association and second vice-president for the Manitoba Cattlemen's Association, attended this year's conference.

"Up until last year, this was the Canadian Cattlemen's Association semi-annual meeting. And I think it was recognized for some time now that the cattle industry is much more than that. So when people thought about it I guess they realized that this was a venue, especially the time of year it was, where they could capitalize on the fact that there is an industry, not just the cattle producer association, but other industries as well that could benefit from this. And so that's just what it's grown into, now," said Teichroeb.

"From my take, I think it reaffirmed that the industry has grown, and it's a much, much bigger even than I think we recognized. And perhaps this is an avenue we should have gone down there maybe a few years before that. The amount of youth that we saw was a highlight for me."

He said it just reemphasized the struggle going to the various producer meetings, either on the grain side or the cattle side, that for years the crowd has represented a much older demographic.

"This year, in this particular meeting, saw a tremendous amount of youth there. So that was the highlight, to see that the industry is growing and it's much more vibrant than I think

maybe people anticipated," Teichroeb said, noting the Cattlemen's Young Leaders and the Young Cattlemen's Council were there in big numbers.

"We saw a very large Mexican delegation a very large American delegation attend this year," he added. "So it's not just the national attention that we have, but it's also the international attention that we have. And that's really important considering all the other things which go on outside of this, which, obviously, like NAFTA and the potential of the other trades that are out there."

Peter Manness a financial consultant with MNP, thinks that the beef industry in Manitoba is in good shape. But he's still a little bit concerned that there's still some of the older producers that may be quitting prematurely.

"I think that's a fair assessment," said Teichroeb. "I don't think it is happening yet when Manitoba's Ag Minister Ralph Eichler the goal is to double the herd at some point in time not too far in the future. And we haven't realized that just quite yet for a number of reasons. But I think the signals are there, that's certainly becoming possible now."

"First of all, we have a provisional government that is I think more ag-friendly and has more, I think, more

goals and more policies out there that will help that growth. And that takes time. And the shape that our province was in is another challenge. It doesn't turn around overnight."

It takes a whole industry push, Teichroeb said.

"There are so many little opportunities out there, again, that has to be realized and developed and that hasn't quite taken effect just quite yet."

Teichroeb said one of the things that the cattle industry did not have for a long time are business risk management tools.

"We didn't have the cash advanced program for a long time that the grain side had. So there are business risk management tools that have only come into effect inside the last 10 to 15 years," he said.

"And if you look at things like crop insurance compared to that of, let's say, past year forage insurance, there is now finally a research program that highlighted under the committee that I chair, the domestic ag committee, which is going to be a satellite research group to develop into something that's going to be comparable to the crop insurance model that hopefully will cover from a more national perspective.

"It's going to have regional differences," he said. "But I think the potential is there to have a similar program as crop insurance does ... if we're patient and develop it right."

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### > RESEARCH, FROM PG. 18

McKay. "We call it a product demonstration site because that's truly what it is. It's a chance to take some of those ideas and practices to the field and not be afraid to fail. Some of them are good and very, very helpful, and we'll go forward with them on a larger scale. It's a place to test out some ideas and want to keep ahead of the curve."

"We got a lot of great customers that push us and push us to be better. That's what it's really all about."



# Manitoba musician helps long lost ship's memory live on

By Justin Luschinski

The memory of a long lost ship is being carried on by a Manitoba musician.

The Gaynor Family Regional Library recently hosted a memorial for the Suzanne-E, an 87-foot freighting vessel, which was caught in a storm and sank on Sept. 24, 1965. One of the main events of the memorial was a song about the ship performed live.

Don Swidinsky, a musician and creator of the "Lake Winnipeg Legends" album, said that while he was playing the song at the library, he felt spiritually fulfilled.

"It just answers a deep need in my soul. I feel like, it's a piece of myself. If you think of it like a river flowing, but the top is frozen over," Swidinsky said. "Now, the ice has been broken through, the warmth has come back ... I was getting emotional, and they were feeling the same thing."

Lois Taylor, a musician and friend of Swidinsky, said that after performing the song with him, she was happy that some of the audience members appeared to be at peace.

"The song used to really bother me, but it's a history song, and history is sometimes sad," Taylor said. "This is really an exercise at putting things to



EXPRESS PHOTOS BY JUSTIN LUSCHINSKI

Don Swidinsky, a musician and creator of the "Lake Winnipeg Legends" album, pictured above left along with Lois Taylor, perform a song about the long-lost ship, the Suzanne-E, during a memorial event at the Gaynor Family Regional Library held recently.

rest, and I think we've done that.

"One woman, after we were singing, came up and said she finally feels at peace after all these years."

The sinking of the Suzanne-E claimed the lives of nine people, including Allan Clemons, who was from Selkirk. Many of the crewmen were from the Interlake area. The only survivor was Clifford Everette from Berens River, who was 24 years old

when he set sail.

Everette remained silent about the events of that day, until three decades later, when he was interviewed for a CBC documentary in 1996.

Suzan Berry, the director of the Gaynor Family Regional Library's Circle of Friends, said that the story of the Suzanne-E resonates with a lot of community members because it's an important part of the area's history.

"I think it resonates with people because many people in this community are connected to the fishing and boating (industry)," Berry said. "Some of the people knew the sailors on the boat ... we have this sad feeling that these people died ... they didn't get to live like we did."

To learn about other events coming to the Gaynor Family Regional Library, visit [gfrl.com](http://gfrl.com).

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# Can government properly regulate hog barns, protect water?

**Submitted**

Manitobans are not convinced that Manitoba's hog industry will be effectively regulated if it expands.

In a recent online survey conducted by Probe Research, 54 per cent of Manitoba adults expressed a lack of confidence in the provincial government's ability to properly regulate hog barns in order to protect water quality, including that of Lake Winnipeg.

The findings come on the heels of a summer marred by severe algae blooms on Lake Winnipeg — and as the provincial government prepares to make changes to both the regulation and legislation which govern Manitoba's hog industry. These proposed changes will enable new and expanded barns to be built across the province.

Manitobans are confused about the potential implications of the proposed changes. Only 29 per cent of those surveyed by Probe Research felt that new or expanded hog barns should be allowed, while 46 per cent felt restrictions should remain in place and 25 per cent were unsure.

"This past summer was heartbreaking for many lake lovers, who watched day after day as green soup washed up on Lake Winnipeg's shores,"

says Alexis Kanu, executive director of the Lake Winnipeg Foundation (LWF). "People couldn't swim. People couldn't let their dogs out. People are very worried about the future of this lake."

Kanu adds, "LWF is concerned about the lack of evidence to support these changes. No water quality data have been provided to demonstrate that more manure won't mean more phosphorus loading to Lake Winnipeg."

Proposed regulatory changes to the Livestock Manure and Mortalities Management Regulation (LMMMR) were announced in spring. At that time, the public was invited to submit feedback on a brief consultation document.

A total of 137 unique public responses were received through the government's consultation process. Of these, 97 per cent expressed concern with the proposed changes.

Only four submissions (three per cent) expressed unqualified support for the changes. All four were from agricultural industry associations.

Of those who expressed concern:

50 per cent were concerned for animal welfare

46 per cent were worried about the changes having a detrimental impact on Manitoba's water quality

22 per cent were concerned the proposed changes were not supported by evidence

Proposed legislative changes were introduced through the government's Red Tape Reduction and Government Efficiency Act (Bill 24) and was expected to come before the Manitoba Legislative Assembly on Oct. 4.

Proposed changes will remove two provisions from the current Environment Act: one requiring that an anaerobic digester be installed in all new and expanding barns to manage manure volumes, and a second banning spreading of manure between Nov. 10 and April 10, when frozen, snow covered or saturated ground prevents manure nutrients from being absorbed into the soil.

"The prohibition against spreading manure on frozen fields is a critical pollution-prevention measure—arguably, the most important action taken to protect Lake Winnipeg in the past two decades," Kanu says.

"We keep hearing that the ban on winter spreading will remain in regulation — but regulation can simply be changed by the minister or by cabinet without needing to go before the legislative assembly. A law is a law. Keeping the ban in the Environment Act is not redundancy — it is reinforced

protection for our water. We think Lake Winnipeg is worth the extra three lines of ink."

LWF is advocating for evidence-based decision-making. While Manitoba's hog industry is economically important to local producers, communities and the province, Lake Winnipeg is also an important resource. To maintain long-term environmental sustainability, any expansion of the hog industry must be undertaken in a manner that safeguards Manitoba's water resources.

The Lake Winnipeg Foundation was registered to speak at committee on Bill 24 and is encouraging concerned citizens to contact their MLAs about the issue.

Probe research surveyed 1,032 Manitoba adults between Aug. 8 and Aug. 20, 2017, using a web-based survey platform. Because an online survey is a sample of convenience, no margin of error can be ascribed. However, a random and representative non-convenience sample of 1,032 adults would have a margin of error of plus or minus 3.1 percentage points, 19 times out of 20. Minor statistical weighting was conducted to ensure that the sample of respondents closely reflects known demographic characteristics of the entire adult population of Manitoba.

# Lakeshore staff engage in technology PD day

**By Jeff Ward**

Lakeshore teachers and administration received hands on instruction and guidance in how to utilize their newly upgraded hardware and software during a full day of personal development (PD) last month.

On Sept. 29, Lakeshore staff gathered at Eriksdale School to take part in a technology driven PD day organized by division technology supervisor Justin Critch and technology support analyst, Lisa Malcolm. The day had 10 different sessions to choose from and staff was able to take part in two of those during the morning and afternoon. Sessions were based around topics like Microsoft Teams, OneNote in the classroom, Office 365,

Tech Tips and much more. Microsoft support staff was on hand for some of the sessions and helped lead staff through the activities. Critch said that the goal of all of the sessions was to provide teachers and all Lakeshore staff with the opportunity to learn more about how they can use tech in day-to-day learning scenarios.

"The feedback we've gotten so far has been really positive," said Critch.

"At the end of the day, what we want to be doing is encouraging discovery of how these pieces of tech can be used in the classroom. When we gave out the new laptops, we did so with a quick meeting with each teacher just to give them a chance to ask questions and show them the new things

it could do."

Critch said that one of the big parts of this PD day was having teachers envision how they would use these items or programs to enrich classroom learning and how they can use a laptop, an iPad or even an app to bridge the gap between students and their studies. Technology doesn't always make a student a better learner, and Critch said that every classroom will be different. The advantage to a more technologically advanced classroom is the ability to try many different things quickly and find which ones work best.

A day of PD is a good time for the teachers to become the students and Critch said that he was encouraged

by the great questions asked and with how engaged all the teachers were.

"I was hopping in and out of sessions and everyone was either on an iPad or a laptop learning something. That's great to see and it's exactly what we wanted when we started planning this in June," said Critch.

It is the goal of Critch and Malcolm to make the barrier of entry lower so that teachers can spend more time implementing new techniques into their classroom and less time troubleshooting problems. Critch said that the tech PD day succeeded in giving teachers more confidence with their new devices and also opened their minds to many new possibilities.

# Province to hold pre-budget consultation next week in St. Laurent

**Staff**

Public consultation meetings for the province's 2018 budget will take place over the next few weeks with a stop scheduled for Tuesday, Oct. 17 in St. Laurent.

The consultation takes place at the St. Laurent Recreation Centre from 8 to 9 p.m. The consultations are held at

seven locations around the province and will give Manitobans the opportunity to weigh in on the budget. Provincial Finance Minister Cameron Friesen said that his government wants input from Manitobans "as we focus on restoring fiscal discipline while ensuring the sustainability of services now and into the future."

In a press release announcing the consultations, Friesen also mentioned that there is still time for Manitobans to take the government's online survey, Manitobans Making Choices. The survey asks for input on three key areas, sustaining health care, controlling marijuana use and balancing the budget. He said that so far over 12,000

citizens have taken the survey and more than 10,000 have taken part in two telephone town halls.

The survey results will be published in a summary format and all responses will remain anonymous. Those interested in taking the survey can do so at [www.manitobansmakingchoices.ca](http://www.manitobansmakingchoices.ca).



# Stony Mountain Penitentiary granted Freedom of the Village

By Natasha Tersigni

To commemorate the 140th anniversary of the Stony Mountain Institution and the important role that staff has played over the years in building the community, RM of Rockwood Reeve Jim Campbell has granted Freedom of the Village to the Stony Mountain Institution and Correctional Service of Canada (CSC).

The granting of the Freedom of the Town/City/Village is a long-standing tradition that honours valued community groups or military units. To show that a municipality has trust in a particular group, they allow them the privilege to march through the streets with their flags and drums.

In a large traditional ceremony held on Oct. 5, Stony Mountain Institution Warden Robert Bonnefoy and hundreds of his CSC staff marched to the Stony Mountain Community Centre to formally request Freedom of the Village from Campbell.

"Freedom of the Village is a very rare honour bestowed on a valued member of the community. Corrections Canada and the men and women that have served in the Stony Mountain Institution have earned that honour," said Campbell.

"People ask me what it is like living next to or close to a prison, and my response is 'I don't even notice it or think about it.' That is a credit to the men and women that work there. Our community has a level of trust and a level of comfort because of the loyal and dedicated staff that work here for Corrections Canada."

When the institution opened 140 years ago, there was one house in the village and now there are approximately 600. Campbell credits the Stony Mountain Institution for not only establishing the community but for continuing to play a major role throughout Stony Mountain.

"They have helped us on larger municipal projects most recently sewer and water. Throughout the years, they have provided and supervised many work parties throughout the community. They have cleaned up the cemetery, painted the community centre and done several other projects in support of Stony Mountain," added Campbell.

Along with the granting of the Freedom of the Village, the RM of Rockwood passed a resolution proclaiming Correctional Services of Canada Appreciation Day will take place annually on June 1 in Stony Mountain.

Bonnefoy thanked Campbell and the municipality for bestowing the honours on the institution and spoke on the important role that Stony Mountain



Filling in as the town crier, Rockwood Coun. Mark Hidlebaugh proclaims that June 1 in Stony Mountain will now be known as Correctional Services of Canada Appreciation Day.

tain Institution staff plays in protecting the community.

"To serve and protect our community is a profound and solid mandate, one that requires the support and collaboration of our entire community to accomplish. Our institution and our staff are deeply grateful to the community of Stony Mountain for your continued collaboration, invaluable trust and unwavering support," said Bonnefoy, who emphasized that CSC staff services, both past and present, has not been without sacrifice. Since its inception 140 years ago, five CSC staff has lost their lives at the Stony Mountain Institution during the conduct of duty.

Following the granting of the Freedom of the Village ceremony, Campbell joined the procession made up of hundreds of CSC staff and led by the Winnipeg Police Band to walk the streets of Stony Mountain.



As a symbol of respect Campbell, right, presents Bonnefoy with the Rockwood flag.



EXPRESS PHOTOS BY NATASHA TERSIGNI

The Winnipeg Police Pipe Band led the Stony Mountain Institution's Honour Guard and employees to the Stony Mountain Community Centre for the Freedom of the Village ceremony.



Stony Mountain Institution Warden Robert Bonnefoy knocked three times with the butt of his sword on the community centre door requesting to see RM of Rockwood Reeve Jim Campbell as part of the traditional ceremony.



RM of Rockwood Reeve Jim Campbell, right, exits the Stony Mountain Community Centre, which acted as the municipal office for the ceremony. Campbell is escorted by Stonewall RCMP Staff Sgt. Kelly Glaspey.



The Stony Mountain Institution's elder, pictured right, presented the RM of Rockwood with a quilt that was made by the institution's offenders.



# Enhanced dental insurance for Manitoba hockey players well-kept secret

By Patricia Barrett

Awareness of enhanced dental insurance for amateur hockey players is just trickling out in dressing rooms across Manitoba, and it took a costly incident to bring attention to the inadequacy of the coverage offered by the sport's governing body.

Many leagues had no idea extra dental insurance is available, according to an assistant manager with the Arborg Ice Dawgs, because Hockey Canada, a national governing body, allegedly failed to inform them.

"When they say, 'Yeah, you got insurance,' well, you think you've got insurance," said Jerry Maryniuk, referring to Hockey Manitoba/Canada's dental coverage. "And it turns out you don't have insurance."

Concerns about dental coverage arose when Ice Dawgs player Clint Torfason was slashed across the mouth by a Peguis Junior player April 1 during a KJHL championship final. The blow shattered five teeth in his upper jaw.

Torfason will require a year and a half of dental procedures, including bone grafting surgery to reconstruct his jaw, before he gets replacement teeth.

On top of his physical suffering, the 21-year-old player from Winnipeg Beach is facing between \$30,000 and \$40,000 in dental costs because of what Maryniuk calls "inadequate" insurance.

The maximum insurance per incident under Hockey Canada's policy is \$2,500. But the governing body, which has 13 provincial branches, extended it to \$5,000 after Maryniuk raised a bit of hell.

"They didn't offer that," said Maryniuk. "I had to be the one to call them and say, 'Hey, look this is ridiculous.' And there's no doubt the pressure I put on them was the reason why the Torfason's got it."

Maryniuk said he thinks both Hockey Manitoba and Hockey Canada are at fault for allegedly failing to advise junior and senior leagues about extra dental insurance.

"Hockey Canada are the ones that I have to fault the most," said Maryniuk, head of Junior B and C hockey in Manitoba until 2013. "It's their leadership that determines what happens down to the bottom, and they're not getting the word out."

Maryniuk said he contacted Todd Jackson, who oversees Hockey Canada's insurance program, to ask him why the governing body did not inform all of its provincial leagues about extended coverage.

"It wasn't communicated. People didn't know about extra dental insurance," said Maryniuk. "How are the players expected to know this? The Ice Dawgs didn't know. The league [Junior B] didn't know. It's unjust and that's where hockey Canada fails miserably in their leadership because they didn't get this across."

Extra dental insurance for Hockey Canada members is available for about \$10 per player (or coach or referee, etc.) from BFL Canada, said Maryniuk. The company will cover up to \$25,000.

"Somehow it's secret to a lot of us in the hockey world that there's even this insurance there," he said.

Maryniuk said he contacted other provincial leagues (Junior B and Senior), which told him they weren't aware of extra dental insurance, but are now looking into it. He also contacted Hockey Sweden and Hockey USA to find out what kind of dental coverage those governing bodies provide to their members.



EXPRESS PHOTO BY LANA MEIER

The Arborg Ice Dawgs are hosting a fundraiser on Oct. 14 for player Clint Torfason, who requires \$30,000 to \$40,000 in dental work to replace five teeth he lost last season.

Hockey Sweden told him they cover 100 per cent of dental costs, he said, and Hockey USA offers coverage up to \$50,000.

Hockey Canada said it did forward information about extra dental coverage but did not indicate to whom it was sent or when.

"We can confirm that there was communication sent regarding the additional dental insurance coverage options for Hockey Canada members," said communications director Lisa Dornan.

"This is an unfortunate situation. And we are sorry that Mr. Torfason and his family find themselves in this situation. Hockey Canada seeks to provide the best possible insurance coverage at the best possible price for its members."

Dornan said the \$2,500 maximum coverage offered by the organization is meant to "augment existing insurance coverage."

"There is no specific requirement for teams to purchase additional coverage; however, anyone who wants additional coverage is free to purchase that from the insurance provider of their choice," said Dornan.

Although Torfason's parents have dental insurance through Blue Cross, it's not enough to cover the costs of Clint's dental bills, which have to be paid at each visit, and they've been forced to take out a loan.

The family was hoping Manitoba Health would help cover the costs of jaw surgery. Bone from Torfason's hip will be harvested to reconstruct his jaw.

In the Sept. 7 edition of the *Express*, Torfason's mom, Gail, said she thought Manitoba Health would be providing \$10,000.

But Maryniuk said Manitoba Health denied the Torfason's claim, calling it "cosmetic."

"The decision not to cover it is being appealed by the Torfasons," said Maryniuk. "And when you think about it, you lose five teeth, you've got to do bone grafts from your hip to rebuild your jaw, and they

say it's not being covered because it's cosmetic. That's not cosmetic — that's survival. That's being able to eat."

Manitoba Health would not comment on Torfason's case.

"While we are not able to speak to a specific case, dental care is not an insured benefit in Manitoba," said a departmental spokesperson last Friday. "Health-care coverage for dental/oral surgery procedures is for certain procedures that need to be performed in hospital."

Maryniuk is one of several people organizing a fundraising social and silent auction for Torfason this Saturday. And former and current NHL players, along with the local hockey community, have stepped up.

Ted Irvine, who played with the New York Rangers and now lives near Gimli, donated a New York Rangers leather bag. Former Jets player Keith Tkachuk and his son Matthew, who plays for the Calgary Flames, have donated signed pictures, shirts and a poster.

James Reimer donated a signed Florida Panthers jersey, and former Jets player Dale Hawerchuk and Nashville Predators player Wesley Cody McLeod have also made donations.

Maryniuk also reached out to "Riverton Rifle" Reggie Leach, who played with the Flyers, the Bruins and the Red Wings.

"Reggie said he may come to the event, which is pretty awesome," said Maryniuk.

The Manitoba Hockey Hall of Fame is donating \$1,000 and representatives are planning to attend the social.

On top of the \$5,000 dental insurance Hockey Manitoba/Canada provided to Torfason, the organization is also donating \$1,000 towards the cost of his dental bills, said Maryniuk.

Hockey Manitoba is also donating hoodies, a Manitoba Moose retro jersey and Jets tickets.

"That's appreciated and welcomed, but the monetary portion should have been a lot higher than \$1,000 because Clint's out of pocket about \$30,000," said Maryniuk. "Hockey Canada and Hockey Manitoba are the ones to take care of the interests of the players, the teams and the leagues, who trust that [the governing bodies] will protect their interests and will do the right things for them."

Spreading the word among the province's leagues about extra dental coverage will hopefully prevent another physical and financial tragedy, said Maryniuk, who's been involved in hockey for 20-plus years.

"What about the next Clint Torfason out there that doesn't have insurance?" he said. "I'm worried about them because there shouldn't be a situation where people aren't insured. I think it's negligent on the part of Hockey Canada for not getting that message out to everybody."

Clint will be playing Saturday, Oct. 14 at 6 p.m. at the Arborg Arena where the Ice Dawgs will host the Winnipeg Satellites. The fundraising social will get underway later that evening at 8 p.m. at the Arborg Community Hall. Tickets are \$10. Monetary donations and silent auction donations are welcome.

For more information, contact Jerry Maryniuk at 204-376-2033 or email vidirhol@mymts.net.

Torfason's friends and family have set up a GoFundMe page, which has raised \$550 as of Oct. 8. Visit [www.gofundme.com/ClintTorfasonExpenses](http://www.gofundme.com/ClintTorfasonExpenses).



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Lightning thrash Winnipeg for first regular-season win

By Brian Bowman

The Interlake Lightning had another reason to be thankful this past Thanksgiving weekend.

Interlake picked up its first win of the season on Sunday, blowing out the Winnipeg Thrashers 6-2 in Teulon.

After Winnipeg's Kobe Campbell opened the game's scoring just 6:05 into the contest, Interlake replied with three straight goals late in the period.

Bryce Krauter netted a shorthanded marker at 15:21 of the period and then Eric Krywy and Keenan McPherson made it 3-1.

Interlake's power play has been pretty good this season and it went to work in the second, scoring three times.

The Lightning's Rhys Bremner and McPherson tallied before the midway mark of the second and then the Thrashers' Levi Thiessen pulled the visitors to 5-2.

McPherson then completed his hat trick at 16:10 of the second period.

Riley Buhay made 37 saves for the win.

Interlake started the weekend with a 7-2 road loss to the Winnipeg Wild at the Bell MTS Iceplex on Saturday

afternoon.

Winnipeg grabbed a 2-0 lead after 20 minutes on goals by Eric Fawkes and Mathew Shatsky. The Wild outshot the Lightning 14-4 in the period.

Interlake cut that lead in half, however, when Krywy netted a power-play goal at 5:09 of the second period, assisted by Gabe Odowichuk and Krauter.

But the Wild blew the game open with three goals in a 3:06 span midway in the middle frame. Jackson Klewchuk, Marco Esteves and Zachary Falk scored even-strength goals for Winnipeg.

Kyle Bettens added a power-play goal early in the third to put the Wild up 6-1. Interlake's Corey Soorsma and Bettens then traded power-play goals to close out the scoring.

Soorsma's goal was assisted by Krywy and Krauter.

Buhay made 36 saves in the loss.

The Lightning, now 1-3, are back in action with a pair of games this weekend. Interlake will play the Winnipeg Bruins on Saturday (3:15 p.m.) at the Southdale Arena and then will host the Pembina Valley Hawks on Sunday (2 p.m.) in Teulon.



EXPRESS PHOTO BY LANA MEIER

Lightning forward Bryce Krauter had a pair of assists in the Interlake's 7-2 loss to the Winnipeg Wild in Manitoba Midget AAA Hockey League action on Saturday.

## Lightning winless at Bantam AAA female showcase

Staff

The Interlake Lightning finished with an 0-3 record at a Bantam AAA Showcase female event last weekend in Winnipeg.

Interlake started play with an 8-3 loss to the Winnipeg East Saints last Friday.

The Lightning's Kennady Christensen scored twice in the second period (one coming with the man ad-

vantage) and then Sarah Shewchuk tallied in the third.

Keely Enns-Finsson and Hannah Hutchinson each had two assists for the Lightning. Brooke Wadge and Emma Pool also assisted on Interlake goals.

Katelyn Dorsch made 48 saves for the Lightning.

Interlake was then defeated 11-1 by Northeast on Saturday.

Wadge scored the first goal of the game just 1:53 into the contest, assisted by Emms-Finsson.

But it was all Northeast after that.

The Predators scored seven second-period goals and then added three more in the third.

Natalie McCann and Anya Epp split the goaltending duties for the Lightning.

Interlake wrapped up action with a

good effort in a close 5-3 loss to Yel lowhead.

Emma-Finsson and Pool, on the power play, scored for the Lightning in the second period. Christensen added a power-play marker in the third.

Interlake's Christensen and Shyann Chartrand had assists in the game.

Epp made 29 saves in the loss.

### Chwaliboga scores in Neepawa loss to Selkirk

Staff

Arborg's Griffin Chwaliboga scored a third-period power-play goal in the Neepawa Natives' 4-2 home loss to the Selkirk Steelers last Saturday evening.

It was Chwaliboga's second goal of the season. He scored the first goal of the game in Neepawa's 4-2 home win over the Winkler Flyers on Sept.

22.

The 6-foot-2, 210-pound defence-man also has 10 penalty minutes in five games this season. The talented 19 year old is in his fourth season with the Manitoba Junior Hockey League's Natives.

As of Saturday evening, the Natives had a 3-2-1-0 record to sit seventh in the 11-team MJHL standings.

### Arborg wins JV girls' home volleyball tournament

Staff

The Arborg Collegiate Athletics used home court to their advantage last Thursday, winning a seven-team junior varsity girls' volleyball tournament.

Arborg defeated Lac du Bonnet 2-0 (25-22, 25-13) in the final. The Athletics reached the final after beating Ashern 2-1 by scores of 25-16, 13-25, 15-5.

Lac du Bonnet earned a berth into the final after defeating Gimli 2-0 (25-7, 25-9).

In pool play, Arborg placed first in its four-team pool after compiling a 5-1 record in sets. Lac du Bonnet led the other pool with a 4-0 mark.

The other teams competing included Riverton, Lundar and Fisher Branch.



# Arborg opens regular season with shootout win

By Brian Bowman

The Arborg Ice Dawgs had to work a little longer in their first Keystone Junior Hockey League regular-season game.

Arborg's Colton Davies was the lone player in the shootout to score, lifting the Ice Dawgs to a 4-3 road win over the St. Malo Warriors last Friday.

Davies had a strong game for Arborg, scoring the Ice Dawg's first two goals of the season. His first goal came midway in the first period and then he tallied at the 13:44 mark of the second.

Clint Torfason scored Arborg's other goal on the power play late in the middle frame. Torfason also had an assist in the game for a two-point night.

Dean Loder and Ben Olson, on the power play, replied with first-period goals for St. Malo. Tyler Cormier tied

the score at 3-3 with 5:49 remaining in the third.

Both teams were 1-for-4 with the man advantage.

Arborg rookie Joey Fratantonio made 31 saves for the win.

The Ice Dawgs wrapped up pre-season play with a 2-2 tie against the Selkirk Fishermen in Gimli on Oct. 4.

On Sept. 26, Arborg downed the North Winnipeg Satellites 6-1 in an impressive road win. Four nights later, the Ice Dawgs edged the Fisher River Hawks 6-5.

The Ice Dawgs will resume regular-season action Thursday (7:45 p.m.) when it hosts the Lundar Falcons in Arborg.

Arborg will then host North Winnipeg on Saturday with a 6 p.m. start time.



EXPRESS PHOTO BY BRETT MITCHELL

The Ice Dawgs' Dylan Furgala battles a Selkirk Fishermen player for the puck during KJHL action last week. The two teams played to a 2-2 tie.

## Lakers win junior varsity boys' tourney



EXPRESS PHOTO SUBMITTED

The Gimli Lakers won a six-team junior varsity boys' volleyball tournament in Riverton last Thursday.

Gimli won the championship game 2-0 by scores of 25-15 and 25-16 over the Arborg Athletics.

The Lakers reached the final after downing the Charles Sinclair Hawks 2-0 (25-15, 25-15).

Arborg, meanwhile, advanced to the final after edging the Riverton Patriots 2-1 (25-20, 23-25, 15-9).

Gimli and Riverton both led their three-team pool with 3-1 records in sets while Arborg was a perfect 4-0 in the other pool.

Charles Sinclair was 2-2 in pool play while the Lundar Kodiaks finished 0-4.

## Interlake Bantams finish showcase with a perfect record

By Brian Bowman

The Interlake Lightning Bantam boys' hockey team finished with a 3-0 record at a AAA Showcase last weekend in Winnipeg.

The Winnipeg Monarchs and Southwest Cougars were the only other teams to compile a 3-0 record. Fourteen teams took part in the three-day competition.

Interlake started play Friday with a convincing 8-3 win over the Central Plains Capitals.

The Lightning jumped out to a 3-0 lead by the 13:08 mark of the game and led 4-3 after two periods.

Colby Bear led Interlake with two goals and two assists while Logan Resch added a goal and two helpers.

Lourenco Austin, Cole Emberly, Peyton Bateman, Jacob Plett and Tyson Baryliski also scored for the Lightning.

Carson Buydens, Riley Borody and Jackson Wilson replied for Central Plains.

Jackson Kummen made 28 saves for the victory.

On Saturday, the Lightning lit up the Norman Wolves 11-4. Interlake's

offence was outstanding in all three periods, scoring three times in each of the first and second periods before adding five more in the third.

Bear had another strong offensive game, scoring three times.

Brett Tataryn had two goals and an assist for the winners while Brayden Stevenson, Plett and Bateman each had a goal and two assists.

Emberly and Baryliski chipped in with a goal and an assist apiece. Michael Crave scored Interlake's other goal.

Carter Anderson (two), Keilan Holland and Casper Stoker answered for Norman.

Interlake outshot Norman 43-15 as Gavin White earned the victory.

The Lightning wrapped up play Sunday with a hard-fought 4-3 win over the Brandon Wheat Kings.

Resch scored the game winner on the power play at 18:37 of the third period.

Zachary Halldorson, on the power play, Emberly and Plett (shorthand-ed) scored second-period goals for the Lightning.



# Cvar, Lea twins and Karbonik selected to U18 Team Manitoba

## Staff

Hockey Manitoba announced last week the 2017 U18 Team Manitoba roster for the Women's National Championship taking place Nov. 1-5 in Quebec City.

On that roster are Stonewall's Olivia Cvar and St. Andrews' Hailey Karbonik. Karbonik plays defence for the St. Mary's Academy prep team while Cvar is a forward for the Balmoral Hall prep squad.

Also on the team are twin sisters Keyanna and Keyara Lea from Berens River, who are attending school and playing hockey with the Boston Shamrocks.

The Quebec City tournament includes eight provincial and regional teams, including Alberta, Atlantic,

British Columbia, Manitoba, Ontario Blue, Ontario Red, Quebec and Saskatchewan.

Highlighting the roster are three returning players from last year's U18 Team Manitoba — Ashley McFadden (St. Mary's Academy), Sarah Dennehy (St. Mary's Academy) and Cvar.

Team Manitoba also features two goaltenders — Halle Oswald and Logan Angers — who were invited to the 2017 U18 women's national team selection camp in Calgary. Oswald was selected as one of the goaltenders for U18 Team Canada.

This year's Manitoba roster sees a split of 11 players from the various sports schools and nine from the Midget AAA league (MFMHL).

The roster for Team Manitoba was

determined through a selection process which included a spring camp (68 athletes), a Top-40 camp (40 athletes) and concluded with a summer prep camp and the Bison exhibition series (27 athletes).

This year's U18 Team Manitoba will be led by head coach Ashley Van Aggelen of the Winnipeg Avros (MFMHL). She was most recently U18 Team Manitoba's head coach at the Canada Winter Games in Prince George, B.C.

Assisting Van Aggelen will be Chris McColm of Eastman and Eugene Kaminsky and Gord Woodhall of Winnipeg.

McColm returns as an assistant coach after having served in that capacity with 2016 Team Manitoba in Regina. This will be the first tenure as

an assistant coach for Kaminsky with Team Manitoba after having participated as a coach at various selection camps over the years.

Woodhall, meanwhile, is returning as goaltending coach for 2017 and will also be taking on the role of video coach at the tournament.

The Program of Excellence is designed to provide high-performance female players with the opportunity to develop advanced skills as well as an introduction to the concepts needed to play at an elite level.

Players from the Program of Excellence go on to play at the USPORTS, NCAA and international levels.

# City Midget Lightning begin regular season winless

## By Brian Bowman

It's been a rough start to the season for the Interlake Lightning City Midget hockey team.

Interlake has started its regular season with three straight losses while getting outscored 15-6.

Last Friday, Interlake lost 5-2 to the Eastman Selects, surrendering four third-period goals.

Hunter Warman gave Interlake a 1-0 first-period lead and then he added his second goal of the game at 16:29

of the second. Rhett Woods, Carter Bateman and Dominic Griffin-Eros assisted on those goals.

But Eastman's Kade Runke tallied with just 36 seconds left in the middle frame and then Cole St. Laurent, with a pair, Scott Lamb and Benjamin Hoefler (shorthanded) tallied in the third.

Chris Fines made 44 saves in the loss.

On Oct. 4, the Lightning had a good effort in a 3-1 road loss to the Sharks.

No goal summary was on the league website at press time.

The next evening, the Lightning was defeated 7-3 by the Hawks in Stonewall. Interlake had a strong opening period, leading 3-2 after 20 minutes.

Jaden Roche, Griffin-Eros and Cadrick Dueck (shorthanded) scored for the Lightning. Elijah Mousseau, Dueck, Ashton Charison and Warman drew assists on those goals.

The Hawks, which led 5-3 after two periods, received goals from Brody

Lubkey (two), Christiano Rodrigues (two), Tyrone Willan, Kody Gibbs and Coly Sabourin.

The Lightning's Cody Williams was a busy young man in goal, facing 60 shots.

Interlake is back in action this Saturday (5 p.m.) when it plays the Warriors at Notre Dame Arena in Winnipeg. Those same two teams will then hook up Monday (7:30 p.m.) in Stonewall.

# Thanksgiving Classic



EXPRES PHOTO BY RICK HIEBERT

Lightning forward Jillian Henry of Gimli battles for the puck along the boards against Pembina Valley during tournament action in Morden. Interlake finished with an 0-3 record at the Thanksgiving Classic female tournament last weekend in Morden.

# Cross country banner finish



EXPRESS PHOTO SUBMITTED

The Arborg Collegiate girls cross country team won the MHSA Zone 5 senior girls banner last Wednesday in Lundar. Picture left to right, Brenna Baryliski, Darci Mowatt, Olivia Orbanski, Morgan Melnychuk, Nori Sigvaldason, Jamie Johnson, Katie Ostertag and Dayna Pull.



# get inspired

> MEAL IDEAS

## Maple Banana Bread Pancakes

2 teaspoons McCormick Pure Vanilla Extract

1 teaspoon McCormick Ground Cinnamon

3/4 cup flour

2 teaspoons baking powder

Heat lightly greased griddle or skillet to medium heat.

In large bowl, use potato masher to mash bananas. Add eggs, brown sugar, butter, maple extract, vanilla and cinnamon; mix well. Add flour and baking powder; mix until well blended.

Pour 1/4 cup of batter per pancake onto griddle or skillet. Cook 1-2 minutes per side, or until golden brown, turning when pancakes begin to bubble.

1 cup flaked coconut

1 cup chopped pecans

Spiced Maple Syrup:

1 cup maple syrup

1 teaspoon McCormick Pure Vanilla Extract

1/4 teaspoon McCormick Pumpkin Pie Spice

Heat oven to 350 F.

To make Bread Pudding: Pour coconut milk into large bowl. Stir with wire whisk until smooth. Add eggs, sugar, pumpkin, pumpkin pie spice and vanilla; mix until well blended. Add bread cubes; toss to coat well.

Pour into greased 13-by-9-inch baking dish. Let stand 10 minutes. Sprinkle evenly with coconut and pecans. Bake 35-40 minutes, or until knife inserted in center comes out clean. Cool slightly on wire rack.

To make Spiced Maple Syrup: Mix syrup, vanilla extract and pumpkin pie spice in microwavable bowl or measuring cup. Microwave on high 1 minute, or until warm, stirring once. Serve with bread pudding.

## Coconut Pumpkin Bread Pudding with Spiced Maple Syrup

Prep time: 15 minutes

Cook time: 40 minutes

Servings: 16

Bread Pudding:

2 cans (13 2/3 ounces each) Thai

Kitchen coconut milk

4 eggs, lightly beaten

1 cup sugar

1 cup canned pumpkin

1 tablespoon McCormick Pumpkin Pie Spice

1 tablespoon McCormick Pure Vanilla Extract

8 cups cubed challah bread (or cubed French or Italian bread)

## Maple Bacon Dip

Prep time: 15 minutes

Cook time: 25 minutes

Servings: 16

1 package (8 ounces) cream cheese, softened

1/2 cup mayonnaise

1/2 cup milk

8 slices bacon, cooked and crumbled

1 package McCormick Original Country Gravy Mix

1 1/2 cups shredded sharp cheddar cheese, divided

1/3 cup chopped red apple

2 tablespoons maple syrup

Heat oven to 350 F.

In large bowl, mix cream cheese, mayonnaise, milk, bacon, gravy mix and 1 cup cheese until well blended.

Spray 9-inch glass pie plate with nonstick cooking spray. Spread mixture in plate and top with apple and remaining cheese.

Bake 25 minutes, or until heated through and cheese is melted. Drizzle with syrup.



I once gave a talk on the subject of "burnout", and afterwards one of the participants indicated that what she had really been hoping for was a quick fix. I thought about this, and the only quick fixes I could come up with were winning a lottery, or a frontal lobotomy.

Burnout is a little like the process of gaining weight. It happens little by little, over time. Crash diets don't work, and what is really required is a change in dietary habits and lifestyle. Sure, you might lose some weight by starving yourself for a few weeks, but unless you have made major changes, the weight will come back. Well, think about burnout as the result of "bingeing" on work, or stressful situations. Yes, you could escape to an island getaway for a time. But unless you do something about the day to day stress in your real life, you can feel burned out again only weeks after your vacation.

The quick fix mentality may actually make burnout worse, just as the crash diet exacerbates the weight problem. If we are satisfied with quick fixes, we may never address the real issues. And often the quick fixes we want involve changes in other people or situations. So I suppose I must settle for being an advocate of the slow, steady fix. Life, for most, is a long term proposition. It's worth the effort to learn to live it in a way that feels good, and that honors both ourselves and others.

However, doing so involves many challenges. The biggest challenge just might be self-honesty. It can be hard to discern how we really feel in the face of a lifetime of conditioning as to how we should feel. It can

## Quick Fixes

be difficult to face up to the fact that our views are very different from those of our parents, our partners, our friends or our children. Even more difficult is expressing those differences, particularly if we fear that expressing them will create discomfort in those relationships. Burnout is ignited in that space between what we really want, and what we feel is expected of us. The bigger the space, and the longer it exists, the more we get burned. This is the level at which burnout must be addressed, and not at the level of its symptoms.

Massaging those tense muscles is wonderful. Meditating to find inner peace is beautiful. But consider the possibility of being peaceful and relaxed as a way of life. Can you imagine signing up for trip where a "cope kit" was included to help you survive, and to deal with all of the unpleasantness? Perhaps if you had a burning desire to climb Mt. Everest, then the discomfort might be worth it. You certainly would not choose that otherwise. If we are merely "coping" with life, if we are living at the emotional "survival" level, then perhaps we are on a wrong path. Or on the right path, but doing it the wrong way.

If our house were burning down, we would call for help to douse the flames. If our energy, our life, laughter and spirit are burning out, there is a tendency to suffer in silence. We must remember though, there are always choices. Doing nothing is a choice. Going for a quick fix is a choice. Dipping into the deep wisdom of your own Soul is also a choice. Choose carefully; the quality of your life depends upon it.

*Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on Facebook for daily inspiration.*

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# New owners of St. Laurent's Le Depanneur C-Store

By Jeff Ward

A recently immigrated family from India has chosen St. Laurent as their new home and recently took ownership of Depanneur.

Ramandeep "Ramy" Singh is one of the owners, which he, his father Hardeep and his two uncles Bhupinder and Gurmukh purchased on Aug. 23. Singh said that the last few years of his life have brought big changes with them after leaving India for Canada three years ago and recently moving from Ontario to Manitoba only a month and a half ago.

He said that he and his family want to make something of their lives here in Canada and want to be a part of something big. When they noticed the convenience store was up for sale, they decided that it would be a great opportunity.

"Everything is new. I've never done anything like this before," said Singh, who just a few months ago was working in Niagara Falls as a chef.

"Trying to manage a store is difficult, but the previous owners stuck around

to do some training with us and this staff has been a big help. We have four people here who've worked here for at least 10 years, so they know what they're doing."

Singh said that currently he's keeping the place running on his own and that his father will be joining shortly. Hardeep Singh is in India but is set to return to St. Laurent later this month. Ramandeep Singh explained that both uncles will be also be around over the next few weeks.

Singh said that it's important to him to make sure the community gets the same level of customer service they've come to expect from the previous owners. He said he'll work hard and do everything he can to make everyone around them happy.

"We know change is always hard, so we'll be patient. We do really look forward to learning more about the community and the people. The previous owners had a great reputation and we hope to earn our own as well," said Singh.

**"EVERYTHING IS NEW. I'VE NEVER DONE ANYTHING LIKE THIS BEFORE."**



TRIBUNE PHOTO BY JEFF WARD

The new owners of the Le Depanneur in St. Laurent are excited to be a part of the community. From left: Hardeep Singh, Ramandeep Singh and Bhupinder Singh. Not pictured is Gurmukh Singh.

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### AUCTION

Farm Land Selling at Auction - Wednesday, November 8, 2017, 10 a.m. Altona Senior Centre, 39 1st Street NW, Altona. Selling 316 acres in two parcels. Land Location: From Altona, Manitoba, 2 north on Hwy 30 then 2 miles east on PR 201. Land is located on north side of PR 201. For more details see [www.billklassen.com](http://www.billklassen.com). Morris Olafson, Auction Rep 204-325-2141 or Bill Klassen 204-325-4433 cell 204-325-6230.

### RECYCLING

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

### HOUSES FOR SALE

Hobby farm, 49 acres, 2 1/2 m. N. of Gimli on Hwy. #8. 750 sq. ft., 2 br. home with full basement, upgraded with new windows, HWT, furnace, and roof. Has garage and storage sheds. Asking \$209,600. Ph. 1-204-224-1318 or cell 1-204-299-0191.

### HOUSES FOR SALE

New 2017 manufactured homes now here starting under \$90,000 delivered! Best Buy Homes Winnipeg/Brandon - [www.bestbuyhousing.com](http://www.bestbuyhousing.com) - Canada's largest in-stock home selection, quick delivery, custom factory orders! Text/call 204-813-9023.

### MOBILE HOMES

Last chance, 1 only 16 x 80, 3 bed, 2 bath. Starting at \$92,000. Altona Mobile Homes, 1-800-582-4036, 1-204-324-6776 Email [amhl@mymts.net](mailto:amhl@mymts.net)

### PROPERTY FOR SALE

Elma/160 acres - excellent off grid recreational land that's located 50 minutes east of Winnipeg in the Elma area. This extremely private parcel of land is wonderfully tucked away behind a treed border and is like being in your own country/wilderness paradise. This mixed land has areas of pine trees growing, poplar ridges, farmland, a creek and even some rock outcrops in this beautiful transition from the Prairies to the Canadian Shield. MLS #: 1725526 Contact Duncan McDougald 204-348-3136.

## EVERGREEN REGIONAL LIBRARY HEAD LIBRARIAN

The Head Librarian administers all three branches of the Evergreen Regional Library, supervises all library staff, performs financial management duties, maintains the library collection and promotes the library to the public. Library experience required. Courses related to library administration will be an asset. Must be able to work with staff and the public, be knowledgeable about accepted accounting procedures and have good communications and technological skills.

Copies of the complete Job Description are available at the Gimli, Arborg and Riverton libraries.

Salary is \$33,000. Deadline for receipt of resumes is Friday, November 3, 2017. Start date is Tuesday, January 2, 2018.

Resumes to be submitted to  
**Becky Barrett**  
([beckyb@mts.net](mailto:beckyb@mts.net))  
or Box 40, Camp Morton, ROC 0M0





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## NOTICE OF PUBLIC AUCTION

### SALE OF LANDS FOR ARREARS OF TAXES

#### RURAL MUNICIPALITY OF GRAHAMDALE

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 9th day of November, 2017, at the hour of 10:00 AM, at Rural Municipality of Grahamdale, 23 Government Road, Moosehorn, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
33700	SW 1/4 3-23-6 WPM EXC PUBLIC ROAD PLAN 15172 SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN	L - \$31,800 B - \$58,600	\$4,378.89
272200	LOTS 4, 5 AND 6 BLOCK 3 PLAN 505 WLTO (P DIV) IN S 1/2 15-28-8 WPM	L - \$1,600	\$1,880.55
272300	PARCEL 1: LOTS 7 AND 8 BLOCK 3 PLAN 505 WLTO (P DIV) IN S 1/2 OF SE 1/4 15-28-8 WPM	L - \$1,100 B - \$5,100	\$2,164.59
274200	PARCEL TWO: ALL THAT PORTION OF THE SE 1/4 15-28-8 WPM TAKEN FOR STATION GROUNDS PLAN 418 WLTO (P DIV) EXC OUT OF SAID PARCEL TWO: ALL MINES AND MINERALS AS SET FORTH IN TRANSFER 2040508 WLTO.	L - \$6,200	\$2,586.71
274800	PARCEL 2: ALL THAT PORTION OF LEGAL SUBDIVISION 2 IN 15-28-8 WPM CONTAINED WITHIN THE FOLLOWING LIMITS: COMMENCING AT THE INTERSECTION OF NW LIMIT OF FIRST STREET NORTH PLAN 505 WLTO (P DIV) WITH THE CROWN LIMIT IN A STRAIGHT LINE NWLY OF SOUTH WESTERN LIMIT OF RAILWAY AVENUE PLAN 505 WLTO (P DIV) THENCE NWLY ALONG THE SAID PRODUCTION TO ITS INTERSECTION WITH A LINE DRAWN NW OF PARALLEL WITH AND PERP DISTANT 183.5 FEET FROM NORTH WESTERN LIMIT OF SAID FIRST STREET NORTH THENCE NWLY ALONG SAID LINE AND ITS STRAIGHT PRODUCTION TO THE SOUTH WESTERN LIMIT OF PUBLIC ROAD PLAN 497 WLTO (P DIV) THENCE SELY ALONG SOUTH WESTERN LIMIT OF SAID PUBLIC ROAD TO THE POINT WHERE SAID ROAD CHANGES ITS COURSE IN A SWLY DIRECTION THENCE SWLY ALONG NORTH WESTERN LIMIT OF SAID ROAD TO ITS INTERSECTION WITH NORTH EASTERN LIMIT OF SAID RAILWAY AVENUE THENCE NWLY ALONG THE NORTH EASTERN LIMIT OF SAID RAILWAY AVENUE TO ITS INTERSECTION WITH NORTH WESTERN LIMIT OF SAID FIRST STREET NORTH TO THE POINT OF COMMENCEMENT EXC OUT OF SAID PARCEL 2 PUBLIC ROAD PLAN 12572 WLTO SUBJECT TO THE EXCEPTIONS AND RESERVATIONS RESPECTING MINES, MINERALS, MINERAL OILS AND OTHER MATTERS SET FORTH IN TRANSFER 715125 WLTO	L - \$1,900	\$1,830.92
329200	THE SE 1/4 OF SECTION 4-29-9 WPM EXC ALL MINES, MINERALS AND OTHER MATTERS AS SET FORTH IN THE CROWN LANDS ACT	L - \$23,200	\$2,720.90
329600	THE SE 1/4 OF SECTION 5-29-9 WPM SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN	L - \$16,600	\$2,502.02
392700	SE 1/4 10-31-10 WPM AS SHOWN UPON A MAP OR PLAN OF SURVEY OF SAID TOWNSHIP APPROVED AND CONFIRMED AT OTTAWA ON THE 19TH DAY OF JANUARY A.D. 1914 BY EDUARD DEVILLE SURVEYOR GENERAL OF DOMINION LANDS EXC PUBLIC ROAD PLAN 452 WLTO (P DIV) SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN	L - \$15,500	\$1,734.17
436200	LEGAL SUBDIVISIONS 9 AND 16 AND THE E 1/2 OF LEGAL SUBDIVISIONS 15 OF SECTION 26-32-9 WPM AS SHOWN ON A MAP OR PLAN OF SURVEY OF SAID TOWNSHIP APPROVED AND CONFIRMED AT OTTAWA ON MAY 31, 1923 BY THOMAS SHANKS FOR THE SURVEY-GENERAL OF DOMINION LANDS EXC OUT OF LEGAL SUBDIVISIONS 9 AND 16 ALL THAT PORTION TAKEN FOR PUBLIC ROAD PLAN 676 (P DIV) SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN	L - \$14,500	\$2,126.47
484500	PARCEL ONE: ALL THAT PORTION OF THE NE 1/4 10-28-8 WPM TAKEN FOR RAILWAY STATION GROUNDS PLAN 418 WLTO (P DIV) EXC FIRSTLY: PUBLIC ROAD PLAN 9074 WLTO AND SECONDLY: ALL MINES AND MINERALS AS SET FORTH IN TRANSFER 2040508 WLTO.	L - \$4,100	\$2,280.98

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the Rural Municipality of Grahamdale as follows:
  - The full purchase price if it is \$10,000 or less; OR
  - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.
- The purchaser will be responsible for registering the transfer of title in the land titles office, including the registration costs.

Dated this 20th day of September, 2017.

Managed by:  
Shelly Schwitek  
Chief Administrative Officer  
Rural Municipality of Grahamdale  
Phone: (204) 768-2858  
Fax: (204) 768-3374

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## FARM PROPERTY FOR SALE

Fraserwood area; RM of Armstrong. 160 acres (East 80 acres SW ¼ of 16-19-2E & West 80 acres SE ¼ of 16-19-2E). Cozy 920 sq. ft. home; single attached garage; partially finished basement; 3 BR; 2 BA; electric/wood heat; central A/C. Fenced pasture/hay/bush; outbuildings; heated livestock waterers. 45 min. N of Winnipeg; 15 min. to Gimli & Lake Winnipeg beaches. Gimli school bus route. Private sale \$225,000. Phone 204-643-5697 after 6 p.m. or leave a message.

Farm land – 320 acres with 3 flowing wells in L.G.D. of Armstrong. Near Arborg, MB. Ph cell 1-431-737-0088 or 204-376-3095.

## ANNOUNCEMENT

### IN MEMORIAM



**Peltz**  
In loving memory of our dear husband, father, and grandfather  
**Edward**  
who passed away October 14, 2016  
Softly the leaves of memory fall,  
Gently we gather and treasure them all.  
Unseen, unheard, you are always near,  
So loved, so missed, so very dear.  
Deep in our hearts your memory is kept,  
We love you too dearly to ever forget.  
-Lovingly remembered and sadly missed,  
Mina, Mark, Lisa, Nicole, Ben, Tracey,  
Ashley, Keegan, Ashley, Robyn, Jason, Ryan,  
Lachlan and Sophia



## Town of Arborg PUBLIC NOTICE

### Regarding a Local Improvement Plan

Council of the Town of Arborg has scheduled a Public Hearing at the Town Office, 337 River Road, on Wednesday, October 25th, 2017, at 10:00 A.M. to present the following Local Improvement Plan:

- Local Improvement Plan No. 1-2017 - By-law No. 9-2017**  
**Town of Arborg and Municipality of Bifrost-Riverton Joint Community Flood Mitigation Project**  
Estimated Total Cost - \$2,300,000; Canada-Manitoba Flood Mitigation Program (90%) - \$2,070,000; Municipality of Bifrost-Riverton (5%) - \$115,000; Town of Arborg (5%) - \$115,000;  
Estimated Borrowing Requirement - \$115,000; Maximum Interest Rate - 6.00%; Annual Payment Over 5 Years - \$27,300.59  
Estimated Tax Rate: Based on 2017 Assessment, a 0.48 Mill Rate will be required. Calculated on a residential property valued at \$100,000 (portioned \$45,000) an estimated \$21.60 Local Improvement Tax will be levied annually for 5 years.

The Local Improvement Tax required for the proposal will be levied on all rateable property, including otherwise exempt property, within the Town of Arborg. The potential taxpayers under this plan are the owners of any assessable property within the Town. The tax cannot be prepaid. The Annual Local Improvement Tax Requirements may be reduced by application of Gas Tax Revenue and/or revenue surpluses.

A written objection may be filed with the Chief Administrative Officer, at the Town Office, 337 River Road, prior to the commencement of the hearing. At the hearing, Council will hear any potential taxpayer who wishes to make a presentation, ask questions or register an objection to the Local Improvement Plan.

All objections, written or verbal, must be filed prior to the adjournment of the hearing and must include the name, address and property description of the person filing the objection and the grounds of their objection.

**A Copy of the Local Improvement Plan is available at the Town Office, 337 River Road, and on the Municipal Website at [www.townofarborg.com](http://www.townofarborg.com).**

Dated at the Town of Arborg this 5th day of October, 2017 and issued pursuant to Section 318 of The Municipal Act.

Lorraine Bardarson, CMMMA  
Chief Administrative Officer  
Town of Arborg  
204-376-2647

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4 to choose from  
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**Winter Tires, Rims & Sensors  
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3 to choose from  
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**\*\*Please see dealer for details. Winter tires or the cash alt on all vehicles. O.A.C.**



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**\*Year end price is plus applicable taxes. \*\*2016 Edge is after non stackable cash,  
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