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EXPRESS PHOTO BY LANA MEIER

Iris Stansell, Lorna Plett, Tracey Frose and Tanya Harding had the honours of shaving Arborg Early Middle School principal Mr. Brad Harding's hair. Harding promised to get his head shaved if the students collected donations exceeding \$7,000.

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# Boomer's Funny Farm hosting first of many spay and neuter clinics

By Becca Myskiw

A local petting farm is hosting its first spay and neuter clinic in October.

Boomer's Funny Farm is bringing Fixing Feral Felines to its Fraserwood property to spay and neuter local cats and dogs. Fixing Feral Felines is a group of six people from the Oakbank area who fix animals. Though the services is not free, it is much cheaper.

Janet Thordarson is one half of Boomer's Funny Farm. She relocated to Fraserwood from Gimli with her husband, where they now have 160 acres. The move came after their farm kept growing out of love for animals.

Before it was Boomer's Funny Farm, there was just Boomer — the first donkey the couple brought in. After they fell in love with Boomer, they got it a friend.

During the COVID-19 pandemic, Thordarson had a lot of people stopping in and asking to see their animals. The requests became a frequent occurrence, so Boomer's Funny Farm turned into a petting farm.

Soon after, the funny farm also became a rescue. The funds generated from the petting farm go toward the rescue and pay for vet bills, food and anything else the animals need.

Because Thordarson sees how many animals need homes, she understands how significant the overpopulation of



Janet Thordarson and Boomer, her first donkey.

cats and dogs is. This summer, she took three cats to get spayed at a cost of \$400 per animal.

Fixing Feral Felines can do 20 animals in a one-day clinic. When Thordarson announced the group was visiting her farm, she was flooded with hundreds of messages from people who had animals to bring. Though she'd love to get every one of them fixed, she had to choose animals that needed the service most, including barn cats and stray dogs — already the spots are fully booked.



EXPRESS PHOTOS SUBMITTED

The Thordarson family, owners of Boomer's Funny Farm.

Boomer's Funny Farm also just took two Great Pyrenees dogs into its care, one of which was pregnant, so it's getting spayed at the clinic. Fixing Feral Felines offers its services for around \$120 per animal.

The date for the upcoming clinic has not yet been set, but it will happen

sometime in October.

Thordarson is planning to do multiple clinics in a year, and she's hoping to offer another one this fall. To be the first to know when another one is happening, follow Boomer's Funny Farm on Facebook.



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## Spectacular fall colours



EXPRESS PHOTO BY JACKIE SAURETTE

Beautiful fall colours at the grotto at Camp Morton were visible on the first day of fall, Sept. 21, when temperatures reached 22 degrees C. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: [weather@expressweeklynews.ca](mailto:weather@expressweeklynews.ca)

# Disability Vote Matters rally takes over Gimli



EXPRESS PHOTOS SUBMITTED

Community Bridges Gimli participated in a provincewide Disability Vote Matters "Rally Takeover Day!" The non-partisan event sought to call attention to the significance of disabled voters and to encourage politicians to address the challenges faced by those with physical and intellectual disabilities. The rally was held Sept. 19 at the corner of 1st Avenue and Goldfield Drive in Gimli.

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# Arborg raises over \$24,000 for Terry Fox Foundation

By Patricia Barrett

Arborg and surrounding communities rallied to the cancer cause this month, helping the Arborg Terry Fox Committee and Arborg Early Middle School raise over \$24,000 for the Terry Fox Foundation.

Donna Gislason, chair of the Arborg & District Terry Fox Committee, said there's a generous community spirit in the area and support for those with cancer. Although the committee didn't hold a run this year, it organised a fundraising barbecue, took donations, held a raffle and sold T-shirts on two weekends earlier this month.

"Our fundraiser went very well. We raised over \$12,500 for the Terry Fox Foundation through the raffle we held, T-shirt sales and the barbecue," said Gislason. "I can't believe how generous our community has been. It's not only people in the town of Arborg, but also people in the surrounding areas."

The committee collected funds for the Terry Fox Foundation outside the Interlake Co-op grocery store on Sept. 15 and also accepted donations at the Interlake Outdoors Show on Sept. 9. It raffled off two Adirondack chairs that Gislason and her husband made.

Last year Arborg and surrounding communities raised over \$9,600 for cancer research.

The committee got quite a boost in fundraising support this year from the town's early middle school students and staff.

Arborg Early Middle teacher Cheryl Chwaliboga said that when she heard there'd be no formal run this year, she asked school staff if the students could undertake a run and collect pledges rather than offering a "Toonie or Loonie for Terry" as they usually would. All staff were on board as was principal Brad Harding.

"I also asked Mr. Harding, our principal, if he would be willing to shave his head if we raised \$5,000 and he said that was not enough! It was agreed upon that \$7,000 would have to be raised in order for him to shave



Excitement for Mr. Harding to shave his head grew as Mrs. Nadine Trumbley encouraged the students to chant: "Shave his Head! Shave his Head!"

his head," said Chwaliboga.

To kick off the fundraising initiative, the school held an assembly a week before the run. One of the staff members, Mrs. Lorna Plett, spoke with staff and students about her personal journey with cancer, said Chwaliboga.

"She shared a very touching story of her experiences and the importance of raising money for cancer research," she said. "We also announced the challenge of raising \$7,000 to have Mr. Harding's head shaved. The kids were pumped!"

On the day of the run, students had already met their fundraising goal and the principal was destined for a close shave.

"Our final total ended up being just under \$12,000," said Chwaliboga. "Staff members who have been personally affected by cancer were invited to come and do the honour of shaving their principal's head. This included Lorna Plett, Tracy Froese, Iris Stansell and Tanya Harding."

The school is "so proud" of its students and their hard work to get pledges. And it appreciates the community's support to reach their goal, she added.

"Our school's parent advisory council donated all of the profits to this



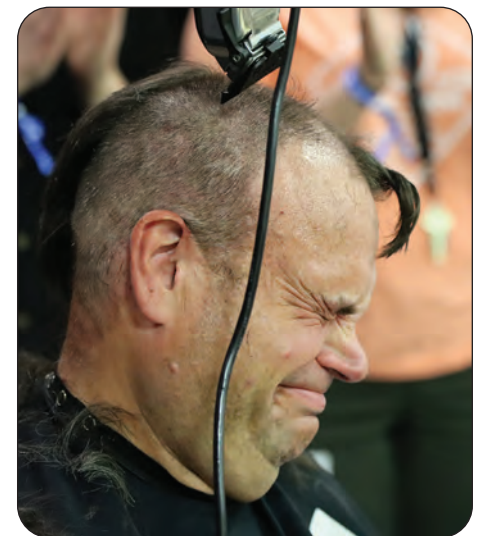
EXPRESS PHOTOS BY LANA MEIER

Arborg Early Middle School students collected just under \$12,000 in donations for the Terry Fox Foundation. Students warmed up before they heading out on their walk led by an Arborg fire truck.



Arborg councillor and Terry Fox chairperson Donna Gislason thanked the students for raising very important money to help fight cancer and reminded them what they did is priceless.

month's hot dog day to our fundraising. As well, the Watering Whole donated water for our water station and the Co-op Gas Bar donated cups for us to use," said Chwaliboga. "We are also thankful to the fire department



Mr. Harding allowed staff to shave his head in support of the Terry Fox Foundation.

for keeping our kids safe on the roads as they led and followed behind us for our run."

Arborg Mayor Peter Dueck said he's was proud of the students' efforts to raise money for the cancer cause and demonstrate good citizenship.

"Congratulations to the school for exceeding their fundraising goal," said Dueck. "I was told they raised well over their goal of \$7,000."



# Interlake seamstress creates versatile, long-lasting children's clothes

Wheat and Wildflower Handmade clothing designed to span three sizes for kids

By Becca Myskiw

What started as a pandemic pas-time has turned into a business for Janine Duguid. Now, the Arnes mom is changing the way children wear clothes.

Duguid, who lost her job during the COVID-19 pandemic, struggled to find another that would allow her to work from home. Unwilling to commute to Winnipeg each day with her three children at home and husband farming, she decided to work for herself and Wheat and Wildflower Handmade was born.

The custom children's clothing brand offers high-quality fabrics designed to fit young ones for up to three sizes. Duguid pre-shrinks the material and uses relaxed and roomier designs to accommodate for growth.

Duguid's sweaters and pants have longer cuffs on the arms and legs that can fold up, and her dresses have

added length so they start below the knee — allowing kids to grow into them.

"A lot of kids' clothing is poorly made," Duguid said. "Once you wash it, it shrinks, the arms and legs twist in the dryer. By the time it's been worn for a few months, it has holes and is garbage."

All the fabric she works with is natural, plant-based and has no synthetics. Most of what she uses is cotton-based, but she also uses bamboo fabric and Tencel fabric. No matter the base, all her fabrics come with spandex in them, which increases clothing longevity.

"We live rurally so to have the ability to not shop as often is really appealing," Duguid said. "I've seen how many clothes come in and out. A lot of that clothing is just turned over so quickly and it's expensive. I just like to be able to see it last that little bit longer."

Duguid tries to source her materials from local, family-owned businesses, including a shop in Morden which creates printed fabrics, allowing her to make some fun pieces.

Another way she stays sustainable is by recycling fabric scraps. When she started sewing more often, she noticed she generated so many scraps



EXPRESS PHOTOS SUBMITTED

Janine Duguid started making children's clothes during the pandemic. Since then, it's turned into a business.

that she didn't want to waste. So, she donates all her scraps to the Gimli Humane Society for pet bed filling.

Duguid hopes that when children outgrow her clothes, each piece will be used again as a hand-me-down.

Wheat and Wildflower Handmade clothing may have a higher price tag than most retail stores but costs less in the long-term because of its longevity, she said.



All Wheat and Wildflower Handmade's clothes are made to last for three sizes.

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1-204-407-6099  
patricia@expressweeklynews.ca

## COVID outbreaks in IERHA health facilities, illness reporting to cease

By Patricia Barrett

As COVID transmission increases in Manitoba, a number of health facilities in the Interlake-Eastern Regional Health Authority are experiencing COVID outbreaks.

A screen-grab on Sept. 22 of the IERHA's outbreak webpage shows four facilities experiencing with COVID outbreaks:

The Arborg Personal Care Home COVID outbreak was declared on Sept. 15. The Eriksdale Personal Care Home outbreak was declared on Sept. 19. The Eriksdale E.M. Crowe Hospital outbreak was declared on Sept. 20. And Teulon's Goodwin Lodge Personal Care Home outbreak was declared on Sept. 27 (this date may be a typo).

The *Express* reached out to the IERHA for information on the numbers of patients and staff infected, whether there have been any deaths associated with the outbreaks and clarification on the date of the outbreak at Goodwin Lodge.

The IERHA is no longer implementing pandemic protocols and sharing details of illnesses in its health facilities. It will also be discontinuing public reporting on its website as the pandemic "has concluded," said a spokesperson for the health authority.

"The fall respiratory virus season is upon us. Now that the pandemic has concluded, we are no longer implementing pandemic protocols. Unless specified in provincial protocols, we

| Facility/Unit                    | Date Declared | Type     |
|----------------------------------|---------------|----------|
| Arborg Personal Care Home        | September 15  | COVID-19 |
| Eriksdale Personal Care Home     | September 19  | COVID-19 |
| Eriksdale E.M. Crowe Hospital    | September 20  | COVID-19 |
| Goodwin Lodge Personal Care Home | September 27  | COVID-19 |

INTERLAKE-EASTERN RHA OUTBREAK WEBPAGE

The IERHA's outbreak webpage, viewed Sept. 22, shows COVID outbreaks hitting four facilities in the health region. The health authority said it will no longer be implementing COVID protocols and sharing details of outbreaks. It will also be ceasing public reporting.

are no longer publicly reporting specific details on illness circulating in facilities as this is not a requirement of current protocols," said the spokesperson. "As a further reflection of our departure from pandemic protocols, will be moving to discontinue reporting illness in facilities on our website. We will continue to communicate directly with patients, residents and family members regarding circulating illness."

The Manitoba government's latest respiratory surveillance report for the period Sept. 10-16 (Week 37) states there were 114 new COVID infections detected that week, and that the num-



EXPRESS PHOTO BY PATRICIA BARRETT  
The Arborg Personal Care home.

ber of COVID-associated hospital admissions "have increased compared with the previous week."

> Got something you want to get off your chest? How about an act of kindness to share?

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# Gimli Toastmasters in the Arts celebrates 10 years, gets people talking

By Patricia Barrett

Gimli's Toastmasters in the Arts club hosted an open house celebration on Sept. 16 to celebrate its 10th anniversary and invite new members to start talking.

Held at the Aspen Park Recreation Centre just west of town, the club rolled out the cake and spoke about how Toastmasters can improve people's public-speaking skills.

Club founder and vice-president of membership Doreen Pendgracs, who lives in Matlock, said guests included former members, Toastmasters' District 64 Director David Storey from Selkirk and several other district leaders and people from Brandon, Lac du Bonnet and Steinbach. And a number of potential members put their name on the list to join the club.

The club meets every Wednesday where members from across the Interlake (as far as Fisher Branch) and beyond share stories, have a few laughs and provide positive critique to help their colleagues hone their public presentation and speaking skills.

"Some meetings are held in person within the Interlake region and some meetings are conducted on Zoom, enabling members and guests from around the world to participate in the fun and inspiring meetings," said Pendgracs.

Ponemah resident Rev. Lois Graham, who currently serves at St. George Anglican Church in Winnipeg and was a charter member of the club, shared some of her fond memories



Sobey's Gimli donated the cake for the club's 10th anniversary.



Ponemah resident Rev. Lois Graham shared her memories of club and how it helped her enhance her communication skills.

of the club and how it helped polish her presentation and communication skills.

"Keep on, keep on you beautiful Toastmasters. Thank you for all you do, for the inspiration you are and the help and hope you give others," said Rev. Graham.



EXPRESS PHOTOS COURTESY OF DOREEN PENDGRACS

Toastmasters in the Arts president Darcy Truthwaite welcomed guests to the club's open house and spoke about the benefits of the club..

Toastmasters in the Arts meets Wednesdays from 10:30 until noon using a hybrid meeting method (in person and via Zoom).

For more information about Gimli Toastmasters in the Arts, contact Do-

reen Pendgracs by email at doreen.pendgracs@gmail.com or club president Darcy Truthwaite at 204-308-1666.



Toastmasters in the Arts organizing committee, from left: Kristin Wagner, Sherry Benson-Podolchuk, David Lobban, Doreen Pendgracs, Darcy Truthwaite and Christine Smith. The committee put together informative and entertaining program for their 10th anniversary and open house celebration at the Aspen Park Recreation Centre.



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September 23 - 30

**Election day:**  
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### Advance poll locations in your area:

#### INTERLAKE-GIMLI

**Local Election Office**

234 Tudor Ln, Gimli Sept. 23 - 30

**Additional Location(s):**

**Ashern Centennial Hall**

1 Hwy 325, Ashern Sept. 23 - 30

**Faulkner Community Hall**

Faulkner Rd, Faulkner Sept. 25

**St. Martin Community Hall**

9 Martin St, St. Martin Sept. 25

**Arborg Bifrost Community Centre**

409 Recreation Center, Arborg Sept. 26 - 27

**Eriksdale Recreation Centre**

2 1st Ave, Eriksdale Sept. 26

**Inwood Memorial Hall**

Hwy 17, Inwood Sept. 26

**Matlock Recreation Centre**

77 Matlock Rd, Matlock Sept. 26

**Narrows West Sunset Lodge**

Hwy 68, Oakview Sept. 26

**Riverton Community Hall**

175 Riverton Ave, Riverton Sept. 26

**Royal Canadian Legion - Lundar**

50 3rd Ave, Lundar Sept. 26

**St. Laurent Recreation Centre**

Hwy 6, St. Laurent Sept. 26

**Ukrainian National Home of Fisher Branch**

33 Provencher St, Fisher Branch Sept. 26

#### LAKESIDE

**Local Election Office**

**Stonewall Quarry Park**

166 Main St, Stonewall Sept. 23 - 30

**Additional Location(s):**

**Elie Community Club**

23 Main St E, Elie Sept. 23 - 30

**Teulon Rockwood Centennial Centre**

14 Main St, Teulon Sept. 25 - 26

**Grosse Isle Recreation Club**

117 Rd 72 N, Grosse Isle Sept. 26

**Stony Mountain Community Centre**

117 School Rd, Stony Mountain Sept. 26

**Warren Memorial Hall**

145 McDonald Ave, Warren Sept. 26 - 28

#### THE PAS-KAMEESAK

**Local Election Office**

162 Fisher Ave, The Pas Sept. 23 - 30

**Additional Location(s):**

**CPI Centre, Peguis**

Hwy 224, Peguis First Nation Sept. 23 - 30

**Otineka Mall**

Hwy 10 N, Opaskwayak Cree Nation

Sept. 23 - 30

Vote at any of the 300 advance polling places in Manitoba during advance voting.

Advance polls in all local election offices are open:

- 8 am to 8 pm daily, noon to 6 pm Sunday

Find all advance poll locations and hours of voting at [electionsmb.ca](http://electionsmb.ca).

#### University College Of The North

436 7th St E, The Pas Sept. 25 - 29

**Carrot Valley Community Hall**

173 PR 282, Carrot River Sept. 26

**Chemawawin Cree Nation Administration Building**

Hart St, Easterville Sept. 26

**Cormorant Community Council Office**

6 Community Dr, Cormorant Sept. 26

**Fisher River Hall**

Lot 78, Fisher River Cree Nation Sept. 26

**Grand Rapids Community Complex**

Lot 85 Grand Rapids Dr, Grand Rapids

Sept. 26

**Kinonjeoshtegon First Nation Band Office**

Main Rd, Kinonjeoshtegon First Nation

Sept. 26

**Moose Lake Community Council Office**

302 Martin Rd, Moose Lake Sept. 26

**Pinaymootang Conference Centre**

PTH 6, Pinaymootang First Nation Sept. 26

**Pine Dock Community Hall**

Lot 2, Pine Dock Sept. 26

**Wanless Community Club**

29 Fescue Blvd, Wanless Sept. 26



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## For more information

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# Spreading kindness one stitch at a time



EXPRESS PHOTOS SUBMITTED

Mary Penner of Teulon, who turns 97 in October, continues to actively knit and crochet for different agencies, including Teulon and District Senior Resource Council, to distribute wherever needed. Mary's daughter Edith said her mom enjoys having purpose and contributing in this way. Her family and friends provide most of the yarn for her projects. Last year, Mary gave 100 pairs of mittens to those in need.

## Lightly School students support families, organizations in need

Submitted by Martha Cassidy

For several years, Lightly School has organized a charity project called Pumpkins for Poverty.

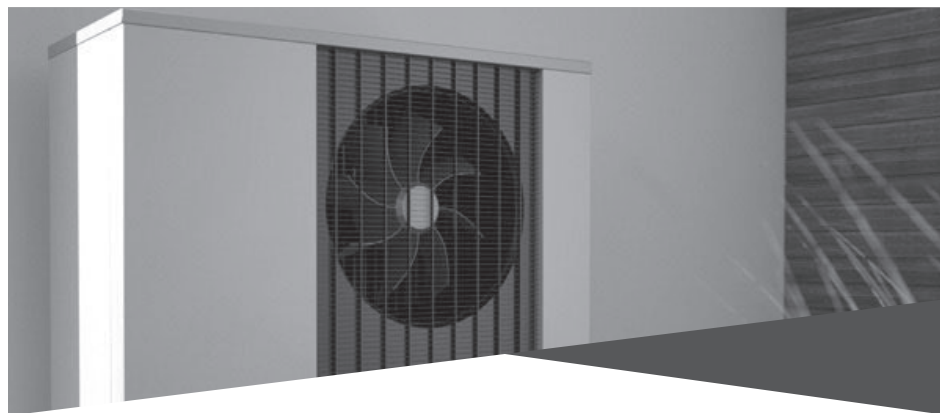
Students from the Hutterian school plant and raise pumpkins throughout the summer and harvest them in the fall. The gourds are then sold for \$5 each, with the proceeds dedicated to charity organizations.

The program started out by sponsoring an education project in the Philippines, and over the years, it has grown alongside the pumpkin crop.

During the COVID-19 pandemic, students discovered there are many Manitobans in need of support and love. Since then, they shifted their

support to local charities, like Main Street Project, MacDonald Youth Ser-

Continued on page 12



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-Pioneer Manor

(beside the main door entrance of Pioneer Manor)

Contact [AAMBCO@mts.net](mailto:AAMBCO@mts.net)

#### AA Eriksdale

Eriksdale United Church building

#7 Main Street, Eriksdale (side door)

**Meetings are Mondays**

**at 6:30 p.m.**

#### AA Winnipeg Beach

Lady of the Lake RC Church

Corner of Hwy. 9 and Lake Ave.,

Winnipeg Beach

**Meetings are Saturdays**

**between 7 and 8 p.m.**

Contact Ann J 204-389-3417

#### Gimli Group AA

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**Fri & Sun Mtgs at 7:30 pm**

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# Operator, could you help me place this call?

By Patricia Barrett

A retired Manitoba Telephone System operator who lives in Selkirk was honoured by the Town of Churchill for her dedication to keeping people in the north connected to each other and for wanting to make her own connection to the town.

Lorna Nohlgren, who will be turning 93, received a certificate of appreciation from Churchill Mayor Michael Spence when she travelled by train up to Churchill in August 2020 to fulfil one of the wishes on her bucket list.

Having grown up in the north and visited many parts of the region, Nohlgren said she had always wanted to see Churchill. She had no idea the town had been tipped off about her trip and was planning to honour her.

"I was totally surprised when I received the certificate. I wasn't expecting that," said Nohlgren, who has lived in Selkirk for 60 years, has been volunteering with the Gordon Howard Centre for older adults since 2005 and is an accomplished self-taught painter.

The three-day trip to Churchill was a Christmas gift from Nohlgren's son, Bruce.

"Mom told me that while she's still on this earth, she'd like to see Churchill. So that's what I gave her for Christmas in 2019," he said. "I knew the executive director of the Town of Churchill and told him about Churchill being on my mom's bucket list and he said he would like to arrange a ceremony to honour her telecommunications service and interest in wanting to come to the community at 90 years old. It was arranged that the mayor would be there. Mom thought we were going for a walk around Churchill and wondered why I was taking her to the town office."

Nohlgren's 30-year telecommunications journey with MTS started in 1947 in The Pas, where she grew up. Her career then took her to Flin Flon farther north and concluded in Selkirk, where she moved with her husband in 1963. She began as a switchboard operator, connecting people in the region and beyond with one another, and was the first operator in The Pas who got paid for two weeks' training.



In the Town of Churchill's council chamber, Mayor Michael Spence presented Nohlgren with a certificate honouring her for her dedication to telecommunication services and interest in northern Manitoba.



Teenage boys were, historically, the first telephone operators. But they proved unruly at times, and women, who were naturally more polite, were pressed into service.

Switchboards connected different parts of a telephone system. Operators, who worked 24-7, would pull wires attached to a jack from one location on the switchboard and plug them into another location to connect calls.

People with landline telephones (there were no cell phones back then) would call the switchboard and the operator would ask what number they wanted to ring.

"We connected mostly local calls but we had long distance calls also. We handled some personal calls, but a lot of residents couldn't afford phones, so it was mostly businesses using the telephone," said Nohlgren. "At that time (late '40s), there wasn't even a direct circuit to Winnipeg; you had to go through Swan River and Dauphin to get to Winnipeg. And there was only one line to Flin Flon, Cranberry Portage, Wanless, Sherridon, Cold Lake, all on what was called the 31 Circuit. It was 1948 when MTS put a direct line into Flin Flon."

There was also no MTS service to Churchill at that time, and operators had to use what was called the "iron line," which was the telegraph service used by the Canadian National Railway.

After the Second World War, Churchill had a substantial military presence in town. In 1949 Nohlgren was told of one man was terribly homesick and she agreed to patch through a call from him to his parents in Quebec. That could have spelled the end of her career with MTS.

"He was really homesick. One of the Hudson's Bay train engineers got talking to this fellow over the iron line and the engineer then phoned me at the switchboard and said, 'Lorna, do you think you can do something for this fellow?' I said, 'What? The engineer says, 'He's so homesick, he's young, his parents are in Montreal.' I told him I'd patch the fellow through, but he was not to mention where he was calling from. I put him through as if he was calling from a hotel pay station in The Pas. And, of course, I said to the fellow, 'As long as you call collect,' which he did," she said. "I would probably have lost my job. I don't think they'd cut my pension now if they find out."

Operators were not supposed to engage in idle chitchat with people calling in. Some people were "lonely" and wanted someone to talk to, she said. But one situation demanded she put workplace



Nohlgren got to tour Churchill in 2020, which included a ride on Hudson Bay on a Zodiac watercraft to see the beluga whales, a helicopter ride to see the polar bears and a visit to the Prince of Wales Fort, a national historic site.



EXPRESS PHOTOS COURTESY OF LORNA AND BRUCE NOHLGREN

Lorna Nohlgren (left) is shown when she was 18 years old and working as an MTS operator on a three-position switchboard in The Pas in 1949. Pictured with her is fellow operator Helen.

rules aside to help a young girl in distress.

"A young girl called in and told me she was going to commit suicide. I kept her talking on the line then I called my supervisor and she talked to the girl. I called the police and we kept this young girl on the line until the police got to her," said Nohlgren, who had no formal training in emergency situations. "You were timed on your calls; you had to keep working steadily and not talk to people while you were on the switchboard other than to put them through."

She said the police arrived at the scene, but she never found out what later happened to the girl.

It was in 1948 in Flin Flon where Nohlgren met her future husband, Gordon, who also worked for MTS and was installing a direct telephone line into the town. Chatting with operators was standard procedure.

"The first thing they'd do is get acquainted with the operators," she said. "On Thursday afternoons the stores were closed and it was really quiet on the switchboard. Our boss gave us a job of cleaning the venetian blinds. I went out the back and asked the [MTS] guys if there was a strong guy here who can take the blinds down. A couple of them clamoured to get in. One of them was Gordon."

Operators would also receive emergency calls for situations such as fires. In Flin Flon, for instance, they could activate a siren from the switchboard that would ring in town to alert the emergency services. Nohlgren found out the hard way one day at work what the siren switch did. She opened a door to the control because she was "curious" as to what it was.

"When I slammed the door shut, it started to ring. It rang and rang and rang. I had to call in and say, 'Oh, it was an

Continued on page 15

# Eriksdale fire department fundraiser and upcoming events



PHOTO SUBMITTED

Davina Mason, a certified fire and life safety instructor, created this fire-themed quilt in an effort to fundraise for new educational tools.

**Staff**

A fire safety expert from Eriksdale is using her hobby as a quilter fundraiser for the local department.

Davina Mason is a certified fire and life safety instructor who operates in Eriksdale, Lundar and Ashern. She created a fire-themed quilt and is now selling \$10 raffle tickets to win the blanket in an effort to raise funds for a new inflatable fire safety house.

An inflatable home can be used as an educational tool, providing an interactive way to teach people about fire escape plans, smoke alarms and safety hazards. It is a cheaper, more convenient alternative to fire trailers, which are used for a similar purpose, she said.

The proceeds from the quilt will be paired with a \$500 grant from Access Credit Union and some private donations.

Mason is planning a presentation in conjunction with the Eriksdale Community Resources and the West Interlake Rec Program

to teach seniors about fire safety. She also hopes to visit children at elementary schools in Eriksdale and Lundar but has not yet set a date for the events.

Raffle tickets for the fire quilt are available in the Eriksdale and Ashern RM offices or by sending an e-transfer to dmwmason2011@gmail.com. Mason asks anybody who sends money to include their phone number.

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# Carlo's Cucina Wins Le Burger Week 2023

By Becca Myskiw

Winnipeg Beach's own Carlo's Cucina voted the best burger in Canada.

After two weeks of serving up The Magnifico, Carlo's Cucina won Le Burger Week. It isn't the first time the local restaurant has won the competition, either, having taken home the same title in 2021.

This year, Carlo Guzzi, owner of Carlo's Cucina, created the first burger of its kind. An Italian-inspired burger, The Magnifico had Guzzi's own caponata, an Italian relish-like sauce with eggplant, roasted peppers, garlic, white onion and chili flakes, in a focaccia hamburger bun. The burger was complete with a five-ounce certified angus beef patty, five slices of soppressata (a dry Italian salami), Bothwell mozzarella cheese, arugula tossed in olive oil, Himalayan salt, black pepper and a roasted garlic parmesan aioli.

The first-time creation won Carlo's Cucina more than 2,500 votes, clinching them the win. Guzzi said this year's Le Burger Week was their best yet, votes and all.

"Winning this year was the icing on the cake for us," he said. "I wanted to showcase the Interlake and put it back on the map. We deserve to be here."

Guzzi noted that being in a rural community like Winnipeg Beach makes it more difficult for them to get the exposure restaurants in Winnipeg get. To try Carlo's Cucina's burger, most people had to drive for over an hour, so the win is that much sweeter.

"Le Burger Week said they've never seen someone get so much exposure in such a little town," said Guzzi. "They said the amount of 'wows' we got was the most in Canada."



PHOTO SUBMITTED

Carlo's Cucina wins Le Burger Week with The Magnifico burger.

Guzzi said though he created the burger, the win is because of all Carlo's Cucina staff. So he's getting a trophy made to commemorate the win that has each staff member's name on it.

"A win's a win, and we all win together," he said.

Guzzi already has next year's and the year after that's Le Burger Week planned out. He said next year will be another first for customers' taste buds and he plans to showcase Canada.

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# From Punjab with love: Sikh-Canadian influencer dances through Gimli



Pandher is well known for his viral videos, which he posted during the COVID-19 pandemic of him demonstrating the art of Bhangra dance from his cabin in the Yukon.

**Staff**

Dozens of Gimli residents turned out and tuned in to the jaunty beat of Punjabi music last week, as the community was visited by a Sikh Canadian influencer travelling the nation to spread a message of joy, hope and

positivity.

"I am humbled by the response and participation from the residents of Gimli in Manitoba last night. I am touched that, with just 24-hours' notice, people came not only in numbers, but with their quality of enthu-



**EXPRESS PHOTOS BY RAYME THOMSON**

Gimli had a very special visitor last Wednesday evening. Gurdeep Pandher, from the Yukon Territory, stopped to spread his messages of joy and positivity while sharing his gift of Bhangra dance with those in attendance.

siasm and excitement as well," said Gurdeep Pandher, who travelled from the Yukon Territory to host a Bhangra workshop in the Interlake.

Bhangra is the traditional dance of Punjab, an Indian state bordering Pakistan. Punjabi-Sikh farmers use the dance to celebrate food-growing, optimism, harvesting and relationship to the land.

Pandher — a Sikh-Canadian author, teacher and performer — has been making dance videos and hosting Bhangra workshops since March

2020. He wanted to spread a message of hope and optimism amid the COVID-19 pandemic.

"Thank you, dear Gimli people, for your love, warmth, dancing along and participation in conversations about how to find joy, positivity and hope when we feel vulnerable, stressed or just very down," he said.

Pandher was born into a farming family, in a small village in Siahar, Punjab. He moved to Canada in 2006 and became a Canadian citizen in 2011.

**> PUMPKINS, FROM PG. 9**

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**EXPRESS PHOTOS SUBMITTED**

Lightly School's Pumpkins for Poverty program has supported charitable organizations at home and abroad, teaching students how to engage with their communities and improve the lives of others.

vices and various Christmas hamper programs for struggling families.

The fundraising efforts have been very successful and have helped teach students how to put thoughts into action and actively be involved in improving the lives of others.

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# Old Farmer's Almanac makes its winter predictions

By Lorne Stelmach

It's the annual weather predictions that get the headlines, but there is much, much more to the *Old Farmer's Almanac*.

The 2024 Canadian edition is out with a forecast for a colder, snowier winter on the prairies, so readers here may want to delve more into the other varied content offered by the *Almanac*, which is the longest running periodical.

"Weather only makes up maybe five or six per cent of the *Old Farmers Almanac*. We have food, gardening, astronomy, history, home remedies and humour and so on and so forth," noted managing editor Jack Burnett.

There is also always some content especially for the Canadian market such as one touching on a special moment in the Olympics when a Canadian sailor forsook a chance to perhaps win when he stopped to help another boater in trouble.

"His gesture was so important that the Olympic committee gave him a special medal, so that was really Canada at its finest," said Burnett.

He noted as well that they know they have a lot of readers in this region of southern Manitoba.

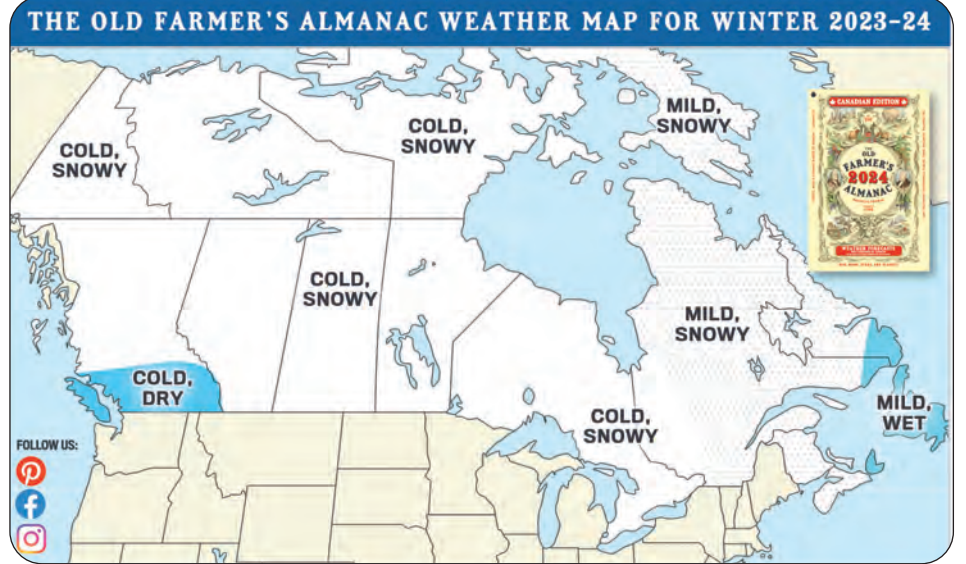
"We know from feedback that we have many hundreds and hundreds of our family in the Winkler and Morden area. They know that we have a lot more than weather."

Their guiding principle remains the motto of its founder: to be useful with a pleasant degree of humour.

It includes, of course, the forecast, which predicts almost every nook and cranny of Canada should expect oodles of fluffy white throughout the season coupled with seasonably chilly temperatures at or below normal.

Other staples include gardening tips, recipes and a myriad of other anecdotes and pleasantries from *Almanac* readers: step-by-step instruc-

**"WEATHER ONLY MAKES UP MAYBE FIVE OR SIX PER CENT OF THE OLD FARMERS ALMANAC. WE HAVE FOOD, GARDENING, ASTRONOMY, HISTORY, HOME REMEDIES AND HUMOUR AND SO ON AND SO FORTH."**



SUPPLIED IMAGE

Manitobans can expect a cold and snowy winter ahead, according to predictions in the *Old Farmer's Almanac*.

tions for hypnotizing your own foot, the protocol for when Groundhog Day goes horribly wrong, a scientific study that settles the long-debated question of what is America's favourite pie (hint: it's not apple), expert

Continued on page 19

## MANITOBA VOTES WHY SHOULD YOU CARE ABOUT ELECTION 2023?

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# Swedes on Wheels set out on Number 6, celebrate culture

Submitted by Sonja Lundstrom, president Swedish Cultural Association Manitoba

With smiles on their faces and gas in their tanks, the Swedish Cultural Association of Manitoba set out on Highway 6 last week to tour the places and hear the stories left behind by their ancestors.

The association regularly organizes such trips, affectionately called Swedes on Wheels, to visit their rural roots and reconnect with the people and places that share their history.

The latest trip came Sept. 15, and the group's first stop was Lundar, where they dropped in at Pauline Johnson Library in time to enjoy barbecue and swap stories of Icelandic first settlers there.

Next, Eriksdale welcomed the Swedes, with the Swedish flag flying full out in the fall breezes. Deputy Reeve MacLennan brought greetings

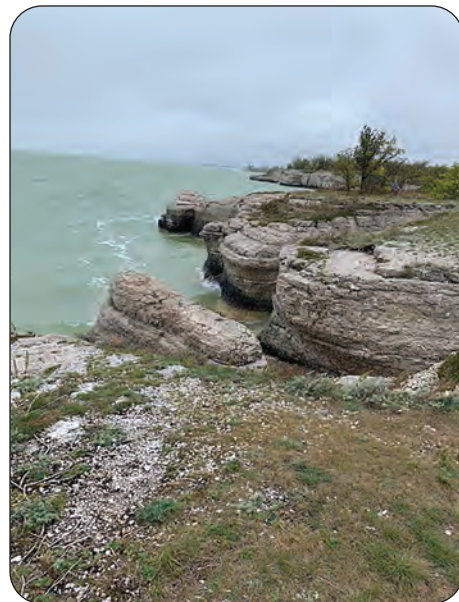


The Eriksdale Creamery Museum showcases the equipment formerly used to make butter in rural Manitoba.



EXPRESS PHOTOS SUBMITTED

The Swedes on Wheels pose outside the Eriksdale Museum, which was established in 1995 by a group of community volunteers seeking to commemorate and preserve the area's history.



Located on the shores of Lake Manitoba, Steep Rock is known for its beautiful sunsets, rock formations and cliff-side views.



The Jonas Erikson memorial for Manny's Shack honours immigrants from the early 1900s.

and stories about the area.

Highlights for the Swedes included a visit to the Jonas Erickson Monument of "Manny's Shack" for immigrants in early 1900s and a tour of the Eriksdale Museum.

Lunch was held at the lovely home of Neil and Anna Brandstrom, where their abundant garden was on display and more stories of Swedes of Eriksdale were told in true Swedish style.

A trip to the Nyland (in English, New Land) school and church sites brought more stories.

Then, the Swedes went on to Steep Rock, one of Manitoba's truly unique destinations. They took in the beauty of the lake, toured the cliffs and ran the Steep Rock beaches.

Margaret Olson Snidal arrived by boat and regaled the group with more

stories of the Swedish settlers of the area.

The Swedes on Wheels enjoyed meeting fellow Swedes of West Interlake, sharing stories of their rich heritage, singing songs and even a little dancing.

Thank you, West Interlake, for your wonderful hospitality and keeping the Swedish history and culture alive.

More programming is available online at [www.Scandinaviancentre.ca](http://www.Scandinaviancentre.ca) (select the Sweden tab).

Swedish language classes, movie nights and book club are also available online.

Svensk lunches are scheduled for Oct. 6, Nov. 3 and Dec. 1, with pea soup and pancakes on Oct. 19.

Those interested can register by emailing [svenskclub17@gmail.com](mailto:svenskclub17@gmail.com)



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Hot canteen for info contact Yvonne 204-642-5352

> CALL, FROM PG. 10

accident,” she said, laughing. The public back then were a nicer lot to operators, very respectful and quite generous at Christmas, loading them down with chocolate and fruitcake. “One outfit gave us a crisp dollar bill — and that was a lot of money then,” said Nohlgren. After moving to Selkirk in the early ‘60s, Nohlgren said she took a part-time operator job and also trained to be a radio operator to connect people across the region who didn’t have MTS service.

“We had a few consoles of radio connection to all the places that didn’t have phones like Berens River and George Island, where a guy would call in the weather every four hours and we’d patch him through to Winnipeg to the weather station. All those places — which now have phones — were on the northern radio service,” said Nohlgren. “I was the first female voice on the radio that they connected to Norway House just so they could see how a female voice carried.” Growing up in The Pas was like growing up in other rural Manitoba towns. Nohlgren said as a girl she joined Brownies and Girl Guides,

*The Express Weekly News* Thursday, September 28, 2023 **15** skated, curled and joined the junior and senior choir at church. Her parents also took them on trips. “Our parents took us out to Clearwater Lake about 25 miles away,” she said. “They would rent a cottage and take us out there for a month in the summer.” She travelled as far as the Nelson River near Gillam when she around 12 years old. Her uncle worked for the railway at the time and she and her family were able to “borrow” a pump car to travel from Gillam to the mouth of the Nelson River, have lunch and come back. Pump cars were called handcars. They had a small platform

that could accommodate three or four people and are powered by the passengers themselves, who work an arm in seesaw fashion, pulling up and pushing down to propel the car along the rails. Nohlgren’s train trip to Churchill a few years ago was much more comfortable than travelling by handcar. True to her pioneering spirit, and knowing the vast distances between communities in the north, Nohlgren said she bagged up sandwiches and made six dozen cookies to speed them along to a destination she had once connected over the wires.

**National Day** September 30, 2023  
**for TRUTH and RECONCILIATION**  
*Recognize. Reflect. Reconcile.*

## Three ways to learn more about First Nations, Métis and Inuit people

September 30, 2023, marks the National Day of Truth and Reconciliation. This event commemorates the tragic history of residential schools and aims to pay tribute to the communities that have experienced — and continue to suffer the effects of — a painful piece of Canadian history.

This day is also an opportunity to learn more about First Nations, Métis and Inuit people and to discover the richness of these cultures. Here are three ways to do it:

**1. Educate yourself.** If you want to learn more about Indigenous languages, history and arts, the “Indigenous peoples and cultures” section of the Canadian government website (Canada.ca) is an excellent place to start. You’ll find a host of interesting resources, reading suggestions and fun games for children.

**2. Practice Indigenous tourism.** Every province has opportunities for traditional Indigenous experiences like hunting and fishing. You can also discover art from various nations, participate in events like pow-wows or enjoy a traditional meal. Visit your province’s Indigenous tourism site to plan your activities and immerse yourself in diverse cultures.

**3. Explore Indigenous works.** There are so many works by First Nations, Métis and Inuit artists that deserve to be known, including theatre, music, visual arts and poetry. Broaden your horizons by taking in their rich, unique world views.

On September 30, join thousands of Canadians across the country and wear orange clothing or accessories to show your support for residential school survivors.



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 and Staff

# Arborg Seniors Housing Corporation hosts community meeting on PCH

By Patricia Barrett

The Arborg Seniors Housing Corporation (ASHC) hosted a community meeting on Sept. 19 at which it expressed its gratitude for the provincial government's previous commitment to provide funding for the pre-construction phase (i.e., planning and design) of a new PCH in Arborg.

The government had issued a news release on July 7 stating it had authorized \$15 million "to advance the planning and design phase" of six PCHs — Arborg, Stonewall, Oakbank, Lac du Bonnet, Bridgwater (in Winnipeg) and Portage Avenue (in Winnipeg).

The government's approval of and funding for the construction of a new PCH in Arborg has yet to be announced.

Since at least 2015, the ASHC has been working diligently in conjunction with the Town of Arborg and the Municipality of Bifrost-Riverton on a plan to build a new PCH in downtown Arborg and have it connected to the assisted living facility and the com-

munity centre on Ingolfs Street. Several submissions over the years had been made to the provincial government. The town currently has a 40-bed PCH in the west end of town, next to the hospital.

ASHC manager Maureen Sigurgeirson said the corporation developed a detailed business case to confirm the need for an aging-in-place facility and outlined the community's ability to support it.

**"IF THE ASHC FALLS WITHIN THE ALLOTTED BUDGET FOR THIS PROJECT, WE WILL GET THE GO-AHEAD FOR THE CONSTRUCTION OF THE PCH."**

"Working closely with municipal governments of the Town of Arborg and the Rural Municipality of Bifrost-Riverton, as well as developing a partnership with the IERHA, the ASHC is pleased to be granted approval from Manitoba Health to complete the pre-construction phase of the new aging-in-place campus, which will include a new 60-bed personal care home," said Sigurgeirson in a statement released

after the public meeting. "This proj-



EXPRESS PHOTOS BY BRETT MITCHELL

The Arborg Seniors Housing Corporation hosted a community kick-off celebration for the new aging-in-place campus. Approximately 170 attended the information evening including information about the new PCH and design drawings.

ect aligns with Manitoba's Provincial Seniors Strategy, which will achieve a safe, inclusive, accessible community for seniors in the region and will ensure on-foot interior access for senior residents of varying abilities through a full continuum of housing and services."

Once approved, the PCH is projected to cost \$50.3 million. It would be managed by Penn Co. Construction and designed by ft3 Architecture Landscape Interior Design. It would provide a "small home environment for PCH residents transitioning away from the more institutional model now in use," says the ASHC in its statement.

As the government is in a blackout period in the lead-up to the Oct. 3 election, an announcement approving the construction of the facility would not come until after the election.

Town of Arborg Mayor Peter Dueck, who also chairs the ASHC board, said if the cost of the project is in line with provincial budgeting, the construc-

tion would be approved.

"If the ASHC falls within the allotted budget for this project, we will get the go-ahead for the construction of the PCH," said Dueck by phone.

A new PCH would be a "god-send for the entire region," he said in ASHC's statement, as it will enable seniors to receive care and remain in their home community, as well as provide more well paying jobs.

"We will not have to fear that seniors will be transported to a PCH two or three hours away from home. For married couples, this project allows for different levels of care and for the partners to be able to visit each other without having to go outside," said Dueck. "It's an absolute game-changer for our pioneers who deserve to age in their home community. I am so pleased that our provincial government has recognized the hard work and competencies of the ASHC."

Bifrost-Riverton reeve Brian John-



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Saturday,  
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# Gimli RCMP recover large amount of stolen property

Staff

Gimli RCMP, Selkirk RCMP and the Manitoba East District Criminal Response Enforcement Support Team executed a search warrant on a rural property in the RM of Gimli as part of an ongoing investigation on Sept. 20.

During the search, officers recovered tens of thousands of dollars worth of stolen property, including motor vehicles, generators and commercial tools. Officers also seized a carbine-style firearm with several rounds of ammunition and a small amount of methamphetamine. It was determined the stolen items were from various locations across southern Manitoba, some from as far away as Steinbach.

Two males, aged 27 and 63, and a female, 42, were located on scene and were placed under arrest. They face numerous criminal charges, including several charges of possession of



Officers seized a carbine-style firearm with several rounds of ammunition and small amount of methamphetamine.

stolen property, possession of a controlled substance x2 and numerous firearms-related charges.

The investigation continues.

"The Manitoba RCMP understands that property crime effects all communities and continues to take steps to combat these types of criminal offences in rural Manitoba," said Supt. John Duff, RCMP East District commander.

The RCMP is working on getting the property returned to the rightful owners.



EXPRESS PHOTOS SUBMITTED

RCMP officers recovered thousands of dollars worth of stolen property, including motor vehicles, generators and commercial tools at a rural property in the RM of Gimli on Sept. 20.

## > PCH, FROM PG. 16

son, who serves as vice-chair of the ASHC board, said this is a milestone for the municipality and surrounding communities as the corporation has worked on an ageing-in-place campus for years.

"Our seniors have made a tremendous contribution to this community and we owe them facilities that will enhance their needs," said Johnson in the ASHC statement.

About 175 people attended the public meeting. ASHC board members, Interlake-Eastern Regional Health Authority CEO Marion Ellis and Interlake-Gimli MLA candidates Derek Johnson (Progressive Conservative),

Sarah Pinsent-Bardarson (NDP) and Larry Brandt (Keystone Party) also attended.

The IERHA was contacted for comment, but did not respond by press time.

Pinsent-Bardarson said the NDP, should it form government next month, would approve the construction of the Arborg PCH as the party has a "moral responsibility as a province" to care for residents' parents and grandparents.

"We're committed to building the PCH in Arborg. We're also committed to making sure seniors have the care they need everywhere in Manitoba.



We will establish a legislated, independent Seniors' Advocate. We will increase homecare for seniors and

hire more homecare workers," she said. "And we will build a new emergency room in Eriksdale."

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## A new small craft harbour officially opens at the Hollow Water First Nation in Manitoba

Submitted by Fisheries and Oceans Canada

Coastal communities across the nation — including inland Canada — are supported by small craft harbours that make fishing safer and more effective.

On Sept. 21, Hollow Water First Nation members celebrated the official opening of a new and much needed small craft harbour for their community on eastern Lake Winnipeg.

Chief Larry Barker spoke of the importance of this new infrastructure, which improves access to the community's fish processing plant and provides safer docking for vessels.

"Canada is working shoulder to shoulder with First Nations communities to invest in building and upgrading infrastructure crucial to the well-being of residents on reserves," Diane LeBouthillier, Minister of Fisheries, Oceans and the Canadian Coast Guard, said in a statement.

"Fish harvesting is a central part of life in many Indigenous communities, which is why I am so pleased to see this new small craft harbour officially opened."

The harbour has been operational since May 2023 and is the newest harbour in service in the Fisheries and Oceans Canada (DFO) national system of small craft harbours.

The Hollow Water small craft harbour features a crib wharf, two floating docks with gangways and a pre-cast concrete launch ramp.

Following a competitive process

under the Government of Canada's procurement strategy for Indigenous business, Zhemaak Inc. of Berens River was the successful bidder on the \$1.3-million project.

The new harbour in Hollow Water represents DFO's commitment to reconciliation and support of the Indigenous commercial fishing industry, the organization said.

DFO owns 973 small craft harbours across Canada, with more than 5,000 volunteers serving on harbour authorities.

Their efforts average 200,000 hours per year, which exceeds 100 full-time positions. Harbour authorities generate approximately \$30 million in revenue annually, which is reinvested in the harbours or the communities.

Harbour authorities are incorporated, not-for-profit organizations with boards of directors and members who represent their communities.

Each harbour authority is a unique and independent legal identity and is responsible for managing, operating and maintaining one or more public fishing harbours through a lease agreement.

Five volunteers have been elected by the commercial fishing community to manage the day-to-day operations of the Hollow Water harbour.

The volunteers will serve as board members of the local harbour authority and will be integral to the success of the harbour.



EXPRESS PHOTOS SUBMITTED

Chief Larry Barker and Hollow Water Harbour Authority president Wesley Moneas, band council and community members marked the official opening of the Hollow Water small craft harbour on Sept. 21. The new harbour allows for greater access to the community's fish processing plant, and safer access to and from Lake Winnipeg.

## Red hot donation



EXPRESS PHOTO SUBMITTED

Westshore Marine raised \$1,043 during their open house on Sept. 8 and 9 for the Arborg-Bifrost Fire Department. Brodie Ball said, "This donation is a small token of our appreciation for the incredible work our local heroes do every day."

Pictured, left to right: Ashleigh Ball (Westshore Marine), Brodie Ball (Westshore Marine), Jeff Pearce (fire chief) and Russ Shaw (deputy fire chief).

### > PREDICTIONS, FROM PG. 13

angling advice, tips on how to enjoy 2024's total solar eclipse and more.

"Back in the day, the *Farmer's Almanac* was the Google of the day," observed Burnett. "They had lots of different kinds of information, and that's what we still try to do. People know we have lots of good information about many different things."

"I like to think of the *Farmer's Almanac* as kind of being like a security blanket in book form. ... People know what we are and they know we're not going to change. It makes people comfortable," he said. "How we stay current and relevant is we listen to our readers, and that's kind of the secret of 232 years. ... we try to be as close to our readers as we can."

The 2024 *Old Farmer's Almanac* Canadian edition is available wherever books and magazines are sold. A full list of stores that carry it is available at [Almanac.ca/Wheretobuy](http://Almanac.ca/Wheretobuy). Print and digital copies are also available online at [Almanac.ca/Shop](http://Almanac.ca/Shop).

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## U18 AAA Lightning teams in preseason action

### Staff

The Interlake Lightning U18 AAA female hockey team posted a 1-2-1 record at a preseason event last weekend in Portage la Prairie.

Interlake started with a 5-3 loss to the Westman Wildcats on Friday afternoon.

Jayne Edmonds and Ireland Tymchak scored for the Lightning. The other goal scorer was not listed on the Interlake website.

Saturday saw the Lightning get doubled 4-2 by Battlesford (both goals were scored by Adriana Duna) before beating the Pilot Mound Buffalo 4-1.

Bre-Ann Windross (two), Duna and Edmonds tallied against Pilot Mound.

On Sunday, Interlake tied the Central Plains Capitals 1-1.

Anne Thiessen scored for the Lightning.

The Lightning will begin their reg-

ular season on Saturday when they host the Yellowhead Chiefs in Stonewall. Puck drop is 4 p.m.

On Sunday, Interlake will have the Winnipeg Avros make the trip to Stonewall. Game time is 2:30 p.m.

In U18 AAA Interlake male action, the Lightning were doubled 4-2 by the Eastman Selects at the Sun Gro Centre in Beausejour last Sunday to wrap up their preseason.

Eastman, which took a 3-0 first-period lead, received goals from Ashton Cure (two), Calyb Moore and Hayden Koche.

Cody Farell and Mason Bernier replied for Interlake.

The Lightning will head north for a pair of games this weekend against the Norman Northstars to begin their regular season. Interlake will play games Saturday evening and Sunday afternoon.



EXPRESS PHOTO BY DARRYL GERSHAM

Lundar's Rachel Haldorson covers the puck against a Capitals player in preseason action last weekend in Portage la Prairie.

## Thunder football program tackled with an equipment theft

### By Brian Bowman

The Interlake Thunder football program fell victim to an equipment theft last week.

"We don't know the exact details, to be quite honest," said Kris Johnston, Thunder vice president of football operations on Monday afternoon. "Essentially, what we believe occurred, is

that when our teams were out practicing on the field, the volunteers as per normal didn't lock up the equipment room. They normally unlock it when they arrive and take the equipment that they need and then they obviously lock it up when they leave."

The Thunder didn't have any issues with theft until last year, said Johnston.

But they got hit again last week.

"This year, it was a lot of random items which kind of makes me think it was possibly the same person repeatedly coming to the field to grab random items," Johnston guessed. "That's the best that I can assume under the circumstances."

None of the items stolen were insured. A major item they lost includ-

ed the controller for the field's scoreboard, meaning the Thunder will not be able to utilize its scoreboard for the team's home games this season.

It was still undecided this week as to how the Thunder will replace the stolen items. An idea of putting together a fundraiser of some sort will probably be discussed.

The theft comes at a very worst time for the Varsity Thunder (currently 3-0) as they prepare to host three straight home games to close out its regular season. Interlake games are always very well attended at Stonewall Col-

legiate and the atmosphere amongst fans from all over the area is great.

"This impacts our ability to provide the athletes and the fans with a really positive game-day experience," Johnston lamented. "Having the scoreboard is really nice for the fans and the players. Not being able to use it is really rotten when it's a situation where something was stolen. It's one thing if something breaks but it's altogether different when something's stolen."

## Interlake Thunder varsity team improves to 3-0

### Staff

The Interlake Thunder Varsity football team improved their record to a perfect 3-0 after a dominating 32-0 road win over the Dauphin Clippers last Friday.

The matchup was highlighted as

the high school game of the week in Manitoba, supported by the Winnipeg Blue Bombers.

The Thunder's home opener is this Friday when they host the Souris Sabres at Stonewall Collegiate. Game time is 4 p.m.

### What's *Your* story?

We want to hear from you.

The Express Weekly News connects people through stories to build stronger communities. Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out?

Please share your story ideas at news@expressweeklynews.ca or Phone 204-467-5836

THE EXPRESS WEEKLY NEWS

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# get inspired

> MEAL IDEAS



## Sweet Heat Pickled Beet Grilled Cheese

into thin strips

- 2 tablespoons unsalted butter
- 1/2 teaspoon garlic salt, or to taste

Place two bread slices on cutting board. Drizzle with hot honey then add 4 ounces brie evenly across bread.

Drain beets and pat dry. Add evenly on top of brie followed by basil and remaining brie.

Spread 1 tablespoon butter on one side of remaining bread slices. Sprinkle with 1/4 teaspoon garlic salt. Place top piece of bread on each sandwich.

Heat cast-iron or frying pan over medium-low heat then add sandwiches butter sides down. Butter top sides and add remaining garlic salt.

Cook about 5 minutes on each side, or until bread is golden brown and cheese has melted, flipping halfway through.

Once sandwiches have cooked on both sides, remove from heat and serve.

Recipe courtesy of MacKenzie Smith of "Grilled Cheese Social"

Prep time: 5 minutes

Cook time: 12 minutes

Yield: 2 sandwiches

4 slices (3 ounces each) sourdough bread

2 tablespoons hot honey

1 small wheel (8 ounces) brie, at room temperature, cut into thin strips

8 ounces Aunt Nellie's Diced Pickled Beets (1/2 jar or 2 individual diced pickled beet cups)

2 tablespoons fresh basil, cut



## Bacon Wrapped Potato Stuffed Chicken

- 8-12 bacon slices
- nonstick cooking spray
- freshly ground pepper, to taste
- Preheat oven to 400 F.

Using sharp knife, slice pocket or slit into each chicken breast and fold open.

Place two slices sharp cheddar cheese in pockets then spoon 4 ounces potato salad onto cheese.

Fold chicken over and close so cheese and potatoes are inside pockets.

Take 2-3 bacon slices and completely wrap stuffed chicken breasts, tucking loose ends of bacon on undersides of chicken.

Spray baking dish with nonstick cooking spray then place bacon wrapped chicken on tray. Season chicken with pepper, to taste.

Bake approximately 40 minutes until internal temperature of chicken reaches 160 F.

Turn oven to broil on high (500 F) and broil 2-3 minutes to crisp bacon until chicken reaches 165 F.

Remove from the oven and rest 5 minutes then serve.

Recipe courtesy of "EZPZMealz"

Prep time: 20 minutes

Cook time: 40 minutes

Yield: 8 servings

2 pounds (approximately 4 large) boneless, skinless chicken breasts

8 slices sharp cheddar cheese

1 can READ German Potato Salad with sauce

## Ask The Money Lady

Dear Money Lady, I'm wondering if you can provide advice on RESPs. We have 2 kids currently aged 14 and 16. We opened a family RESP account approximately 12 years ago contributing monthly. We have no idea how to plan for future expenses beyond the basic tuition. I've read online that a car purchase could be deemed eligible for a student, but I'm not certain. Do I need to get a financial advisor to help? Carol

Dear Carol, I've always recommend having a Family RESP plan versus individual plans because it has so much more flexibility – so you were really smart to do it this way, good job!

There are a few key components of a RESP that you must be aware of. The limit on lifetime contributions for any one beneficiary is \$50,000 and any over contributions are subject to a penalty of 1% per month. You can make contributions to the plan for up to 31 years and it can remain open for up to 36 years. If the beneficiary is disabled, you can contribute to 35 years, and it will remain open for 40 years.

There is a basic CESG, (Canada Education Savings Grant) for beneficiaries of the plan under the age of 18, (special rules apply for children over 16). The Canadian government will add 20% annually to the first \$2,500 contributed, a \$500 bonus every year. The maximum CESG over the life of the plan is \$7,200 per beneficiary. The benefit to a family plan is that when you are planning to allocate the funds among the beneficiaries, you will not be restricted on withdrawals and can direct more to a child whose education expenses may be higher.

Almost all Canadian universities and colleges qualify for a RESP including some outside of Canada, (CRA will be able to provide a complete qualifying list). A part-time student can access up to \$2,500 for



Christine Ibbotson

each 13-week semester and a full-time student can access up to \$5,000 during the first 13 weeks of initial enrolment, with no limit thereafter, (so if you wanted funds for a vehicle – I guess you could take it). The funds withdrawn are taxable upon the beneficiary, resulting in little to no tax payable because they are a student.

If you have any leftover funds after each child has completed their education, you can transfer up to \$50,000 of the plan's earnings to your RRSP provided you have the contribution room (you can check on the Canadian government website at: [www.cra-arc.gc.ca/tx/ndvdl/tpcs/respreee/menue-eng.html](http://www.cra-arc.gc.ca/tx/ndvdl/tpcs/respreee/menue-eng.html).)

I think you are fine to use the financial institution where the RESP is held and it will not make any difference going to an independent advisor since the rules are explicit on how it can be used, withdrawn, and administered among each beneficiary. I hope that helps.

Good Luck & Best Wishes,  
ATML - Christine Ibbotson

Written by Christine Ibbotson, Author, Finance Writer, National Radio Host, and now on CTV Morning Live, and CTV News @6 sponsored by East Coast Credit Union. Send your money questions (answered FREE) through her website at [askthemoneylady.ca](http://askthemoneylady.ca)

## Egg, Avocado and Black Bean Breakfast Burritos

- Servings: 4
- Nonstick cooking spray
- 1 1/3 cups liquid egg whites
- 1 can (15 1/2 ounces) no-salt-added black beans, rinsed and drained
- 4 whole-wheat tortillas (6 inches, lowest sodium available)
- 2 medium avocados, sliced
- 1/4 cup hot sauce or salsa (lowest sodium available, optional)

Lightly spray large skillet with nonstick cooking spray. Heat over medium heat.

In skillet, stir egg whites constantly with rubber spatula to scramble.

Cook until eggs are almost set. Add beans, stirring until combined and heated through.

Microwave tortillas on high 45 seconds. Transfer to work surface.

Spread egg mixture in center of each tortilla. Top with the avocado and hot sauce, if desired.

For each burrito, fold two sides of tortilla toward center. Starting from closest unfolded side, roll burrito toward remaining unfolded side to enclose filling. Transfer with seam side down to plates.

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We wish to thank all applicants for their interest, however only candidates selected for an interview will be contacted.

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RURAL MUNICIPALITY OF GIMLI

## INVITATION TO TENDER

**CLOSE DATE: Friday, October 27, 2023 at NOON**

The Rural Municipality of Gimli is accepting tenders for the following:

### Farmland at Gimli Business Park

Tenders will be received by the undersigned for the lease of farmland located at Gimli Business Park for the period of January 1, 2024 to December 31, 2026.

Land consists of approximately 456 acres which may be used for the production and harvesting of grain and hay crops but may not include crops which attract birds or other wildlife. Included in the Land Lease Agreement will be the requirement for the Lessee to pay the annual taxes imposed or levied against the Leased Land, on or before the tax due date.

Sealed submissions clearly marked "Farmland Rental Tender, submitted by \_\_\_\_\_" will be received by the undersigned at the address below until **noon, October 27, 2023**. Late submissions will not be accepted.

#### Submit to:

Rural Municipality of Gimli  
62 - 2nd Avenue, PO Box 1246  
Gimli, MB R0C 1B0  
Attn: Kristin Strachan, ACAO

#### Questions in respect to the tender can be directed to:

Kristin Strachan  
Rural Municipality of Gimli  
Phone: (204) 642-6657

*The RM of Gimli reserves the right to reject an or all bids, to waive irregularities and informalities therein, and to award the tender in the best interest of the RM of Gimli in its sole discretion. Must comply with Municipal requirements for liability insurance and WCB coverage (if applicable), to be eligible to be awarded the contract.*



EVERGREEN BASIC NEEDS

### EMPLOYMENT OPPORTUNITY

Evergreen Basic Needs is accepting applications for the position of Program Coordinator. This is an indefinite Term position (minimum of 6 months) with possibility to become permanent. This position reports to the Executive Director.

#### Duties included, but not limited to:

- Distribute weekly food hampers to registered clients (requires ability to lift 20-pound boxes)
- Maintain accurate records
- Prepare monthly statistical reports
- Coordinate the Christmas Hamper and Toy Program
- Coordinate the Community Services Programs

#### The ideal candidate will have experience with:

- Government programs available to low-income families
- Understanding how non-profits work
- Microsoft Office Suite

#### The individual will:

- Work independently and in a team setting
- Have strong leadership skills
- Be able to communicate effectively
- Be committed to fulfilling the mandate of the organization

The successful candidate will be expected to work 30 hours per week, Monday - Thursday. Salary range is \$16-\$18 per hour, depending on experience. Benefit package available.

Resumes with references will be received by:

email at [office@evergreenbasicneeds.com](mailto:office@evergreenbasicneeds.com)

Mail to Box 89, Gimli, MB R0C 1B0

or can be dropped off at 71 4th Ave in Gimli until October 10, 2023 or until the position is filled.

# Classifieds



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## HOUSE FOR RENT

House for rent in Gimli - 3 bedroom, 1 bathroom. Close to downtown. A/C. Contact Richard 204-781-7016.

## CONDO FOR SALE

For Sale - Condo Aspen Park, 18 Willow, Gimli. 3 bedroom, 1,176 sq ft. condo; 1 four piece bathroom with a jet tub. In addition there is a large fenced in deck plus a 3 season sunroom which includes a wall air conditioner. Some windows have been replaced. Open kitchen with newer counter tops & ceramic back splash, newer appliances throughout, 10 foot ceilings along with newer laminate floors. Long driveway for extra parking availability, no neighbours behind condo with beautiful trees at back including an apple tree. Detached single car garage. Newer gas furnace (2018) and central air conditioning in the condo. Recreation centre on site which has a games room, reading room, fitness room, common gathering area for hosting special activities, outdoor pool. Two minute drive to Gimli. Available for December 15, 2023. Phone 204-642-4453 or 204-642-3355.

## HELP WANTED

Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes weekdays, evenings & weekends. Cattle experience an asset but not necessary. Willing to train. Ph Melissa at 204-299-7509.

## FLIGHT ACADEMY

Want to learn how to fly? Recreational Pilot Program is the best way to get started, must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger; can easily add float rating to permit. LS Airways Flight Academy 204-651-1402.

## McSherry Online Auction for St. Andrews Storage \*Offsite\*

Closing Thurs. Oct. 5 @ 7:00pm  
Located in St. Andrews  
#5 Industrial Park Road  
St. Andrews MB  
Contact Buddy: 204-904-9740  
Featuring: 13 Vintage Vehicles; '21 Studebaker Lark, '30 Ford 2 Door Coupe Body, '58 Ford Fairlane, '30s Willy, '90 Int. 3Ton w/ HIAB + Deck, '78 Int 1850 w/ B+H  
Detailed Listings with Pictures, Directions, Viewing + Pick Up Dates, Online Bidding Go To:  
McSherryauction.com  
204-467-1858 &  
Mcsherry@mymts.net

## WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

Wanted - early 80's GM V6-2.8L parts from a carbureted engine. Phone 204-642-8985.

## BUSINESS SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firstandsecondmortgages.ca

## RAFFLE TICKETS

Friends of Gimli Betel "Happiest Thanksgiving Raffle" tickets are available until this Saturday, draw date Oct. 2nd. Full ticket sales directed to the Gimli Betel Recreation Dept. to help enhance the quality of life of residents for the quickly approaching holiday season.

First Prize: Dinner Package to serve 8 for Thanksgiving or any event as most of the prize consists of local gift cards and certificates with a total value of \$500. Second and third food related prizes will be awarded as well. Tickets are \$2 each; 3 for \$5; book of 12 for \$20 and available at Robin's Donuts, Sugar Me Cookie & the Little Red Veggie Stand on #8. Should you wish to purchase over the phone by credit card, please contact Pat at 204-389-2303. E-transfer payment may be sent to sandyhooksoap@gmail.com and please include your name and contact info for the ticket stub.

A big thank you to those local businesses which contributed to the prizes: KC Enterprises, Sobey's, Red River Coop Food Store, Sandy Hook Soap Factory, Little Red Veggie Stand on #8, Heaven Scent Flowers & Gifts, Sugar Me Cookie, H.P. Tergesen & Sons, Chicken Chef & Deals for Dollars.

## NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Announcing a scholarship? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

## NOTICES

TAKING REGISTRATIONS FOR THE FALL? NEED WINTER STAFF? Let us help you with that. Book your Blanket Classified Ads NOW in the 31 Weekly Manitoba Community Newspapers to have your messaging seen all over the province! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

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Call 204-467-5836

## Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

### Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier  
Email: news@stonewallteulontribune.ca



## RECYCLING NOTICE FOR OCTOBER/2023

Riverdale Place Workshop Inc. will not be picking up recycling on the below mentioned dates.

- Tues. Oct. 10 at Arborg curbside pickup
- Thurs. Oct. 12 at Riverton curbside pickup
- Tues. Oct. 24 at Arborg curbside pickup
- Thurs. Oct. 26 at Riverton curbside pickup

The workshop will be closed on Mon. October 9 Thanksgiving day  
Please rinse your containers  
Thank You for recycling

Fisheries and Oceans Canada Pêches et Océans Canada

## Launch Ramp Reconstruction Riverton, Manitoba

Fisheries and Oceans Canada will be undertaking work at the Riverton Small Craft Harbour site during fall 2023.

The construction is planned to occur from October 2023 to November 2023. The timelines are subject to weather conditions and the results of the tendering process. The project includes the removal of the existing launch ramp with pre-cast concrete pads, and the construction of a new launch ramp with pre-cast concrete pads.

During construction, areas of the wharf and launch ramp will be closed to the general public. Harbour users are advised to use caution when accessing the facilities.

For inquiries please contact:  
Small Craft Harbours  
Fisheries and Oceans Canada  
501 University Crescent  
Winnipeg, Manitoba  
R3T 2N6

Tel: 204-588-8115



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**McSherry Auction Service Ltd**

### McSherry Online Auction For Dean Legault

**Closing Date; Thursday Oct. 19th, 7:30pm**  
Elie, MB in Town #30 PR 248 South  
**Contact: 204-951-0911**

Featuring 300 Lots; J.D. 4500 Crawler, Int. 4500 All Terrain Forklift, 6 Bumper Hitch Flat Deck Trailers, Oliver 60 Tractor, 14' Boat w/ Outboard & Trailer, Rare 1976 Raider Twin Track Snowmobile, Roadside LED Sign, Quantity of Pallets, Ceramic Tile, Auto Parts, Yard Items, Tools, some Household

**Detailed Listings with Pictures, Directions, Viewing + Pick Up Dates, Online Bidding Go To; [McSherryauction.com](http://McSherryauction.com)**  
**204-467-1858 & [Mcsherry@mymts.net](mailto:Mcsherry@mymts.net)**

### NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF GIMLI

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 26th day of **October, 2023**, at the hour of **02:00 PM**, at Rural Municipality of Gimli, 62 - 2nd Avenue, Gimli, MB, proceed to sell by public auction the following described properties:

| Roll Number | Description                                                                                                                                                                                                   | Assessed Value              | Amount of Arrears & Costs for Which Property May be Offered for Sale |
|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|----------------------------------------------------------------------|
| 125900      | LOT 7 BLOCK 3 PLAN 5945 WLTO IN FRAC NW 1/4 9-19-4 EPM - 163 6TH ST, RM OF GIMLI                                                                                                                              | L -\$30,700<br>B -\$370,200 | 17,052.55                                                            |
| 223450      | NW 1/4 19-20-4 EPM EXC FIRSTLY: WLY 1320 FEET PERP SECONDLY: PUBLIC ROAD PLAN 11332 WLTO SUBJECT TO THE RESERVATIONS AND PROVISIOES CONTAINED IN THE GRANT FROM THE CROWN - 18049 LAKE FOREST RD, RM OF GIMLI | L -\$65,200<br>B -\$315,100 | 13,355.85                                                            |
| 223600      | THE SW 1/4 OF SECTION 19-20-4 EPM EXC ALL MINES AND MINERALS AS RESERVED IN THE GRANT FROM THE CROWN - 18046 UKRAINIAN PARK RD, RM OF GIMLI                                                                   | L -\$81,300<br>B -\$181,600 | 11,473.83                                                            |
| 308200      | LOT 100 RANGE 1 PLAN 13744 WLTO (L DIV) EXC WLY 8 FEET SUBJECT TO THE RESERVATIONS AND PROVISIOES CONTAINED IN THE GRANT FROM THE CROWN IN SECTION 16-19-4 EPM - 56 6TH AVE, TOWN OF GIMLI                    | L -\$58,000<br>B -\$216,500 | 17,563.59                                                            |
| 369000      | LOT 91 RANGE 6 PLAN 13744 WLTO (L DIV) EXC WLY 8 FEET SUBJECT TO THE RESERVATIONS AND PROVISIOES CONTAINED IN THE GRANT FROM THE CROWN IN 16-19-4 EPM - 38 1ST AVE, TOWN OF GIMLI                             | L -\$55,100<br>B -\$437,400 | 25,599.63                                                            |

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality **may** exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the RURAL MUNICIPALITY OF GIMLI as follows:
  - The full purchase price if it is \$10,000 or less; OR
  - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
  - A fee in the amount \$498.75 (\$475 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 14<sup>th</sup> day of September, 2023.

Managed by:

Cindy Makowsky  
Tax/Revenue Clerk  
RURAL MUNICIPALITY OF GIMLI  
Phone: (204) 642-6666  
Fax: (204) 642-6660

## RURAL MUNICIPALITY OF GIMLI

### INVITATION TO TENDER

**CLOSE DATE: Friday, October 27, 2023 at NOON**

The Rural Municipality of Gimli is accepting tenders for the following:

### Janitorial Services – Municipal Building, 62 – 2nd Ave

The Municipality is accepting tenders for Janitorial Services required at the Municipal Building located at 62 2nd Ave in Gimli. Tender documents, complete with specifications, are available at [www.gimli.ca](http://www.gimli.ca) or at the Municipal office between 9:00 am to 5:00 pm, Monday to Friday.

Sealed submissions clearly marked “**Janitorial Tender, submitted by \_\_\_\_\_**” will be received by the undersigned at the address below until **noon, October 27, 2023**. Late submissions will not be accepted.

**Submit to:**  
Rural Municipality of Gimli  
62 – 2nd Avenue, PO Box 1246  
Gimli, MB R0C 1B0  
Attn: Kristin Strachan, ACAO

## RURAL MUNICIPALITY OF COLDWELL

### PUBLIC NOTICE

### BOARD OF REVISION

Public notice is hereby given that the 2024 assessment roll for the Rural Municipality of Coldwell has been delivered to the Municipal Office at 35 Main Street, Lundar, Manitoba and is open for public inspection during regular business hours.

Applications for revision must be made in accordance with sections 42 and 43 of the Assessment act:

#### APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

#### APPLICATION REQUIREMENTS

43(1) An application for revision must

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought.

(c) set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and

(d) be filed by

- delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2), or
- delivering it upon the secretary,

at least 15 days before the scheduled sitting date of the board

The Board of Revision will sit on Tuesday, November 14, 2023, at 10:00 am. in the Council Chamber of the Rural Municipality of Coldwell, 35 Main Street, Lundar, Manitoba to hear applications.

The final date on which applications must be received by the Secretary of the Board is 4:30p.m. October 30, 2023.

Dated this 21st day of September, 2023.

Nicole Christensen – Secretary  
Board of Revision  
Rural Municipality of Coldwell  
Box 90,  
Lundar, Manitoba, R0C 1Y0

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October 28th closes @ 10AM  
**McSherryAuction.com**  
204-467-1858  
Consignors Welcome!

[www.meyersauctions.com](http://www.meyersauctions.com)  
For the Estate of the late Robert (Bob) Neal, Ericksdale, MB  
Closes Oct 13

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Rnd Bale Feeders \* Animal Kennels \* Shop Tools \* Household \*

**Viewing Oct 7 & 8**  
**Bradley Meyers Auctioneer**  
Text 204-476-6262  
[www.meyersauctions.com](http://www.meyersauctions.com)

**GRAND TRUNK NOSTALGIA CLUB**  
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in 35 years!  
**SAT - Sept 30 2023**  
10 AM – 5 PM  
180+ tables  
Admission: \$5.00  
12 and under FREE  
Assiniboia Downs  
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**204-955-7377**

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**Buying large amounts of coins & coin collections!**

Old coins, old money, collectors coins, rare coins, coin collections, pre1969 10¢, 25¢, 50¢, \$1., Olympic coins, coin sets, **Royal Canadian Mint Coins, Franklin Mints Sets**, buying **Entire Collections & Estates**. USA, Canada & world collections **wanted**. Also purchasing bullion, jewelry, scrap, nuggets, sterling, gold, silver, platinum.

**Todd**  
**250-864-3521**



## Snow Removal Tender



The Interlake Consumers Co-op is currently accepting tenders of snow clearing at our Eriksdale Cardlock and Corporate Bulk Plant, (the corner of PR-417 & Swan Lake Drive).

### Cardlock

- snow removal from full parking lot.
- snow removal and salting of kiosks and around pump islands.

### Corporate Bulk Plant

- snow removal from full parking lot.
- snow removal and salting of both loading and unloading cement pads.
- snow removal from gates and entrance ways allowing for full operation.
- snow removal from beneath piping outside of dike, pump decks, access to porta potty and access to both doors on drivers shed.

2 million Commercial General Liability Insurance needed.

Shovels and salt will be supplied.

For more information call our Petroleum Manager Ken at 204-214-0051.

-email tender to fuel@interlakecoop.com or drop off in a sealed envelope at our Eriksdale Hardware office at: 18 Railway Ave, Eriksdale, Mb, R0C 0W0.

Lowest tender may not necessarily be accepted.

**Deadline for tenders is 4:00pm, October 12, 2023.**



### NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF GRAHAMDALE

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **26th day of October, 2023**, at the hour of **10:00 AM**, at Rural Municipality of Grahamdale, 23 Government Road, Moosehorn, MB, proceed to sell by public auction the following described properties:

| Roll Number | Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Assessed Value            | Amount of Arrears & Costs for Which Property May be Offered for Sale |
|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|----------------------------------------------------------------------|
| 159500      | ALL THAT PORTION OF THE SW 1/4 OF SECTION 32-26-7 WPM LYING TO THE WEST OF THE WESTERN LIMIT OF THE LAND TAKEN FOR THE SPEAR HILL SPUR OF THE CANADIAN NORTHERN RAILWAY PLAN 493 WLTO (P DIV) WHICH LIES BETWEEN 2 LINES DRAWN ELY AT RIGHT ANGLES TO THE WESTERN LIMIT OF SAID 1/4 SECTION FROM POINTS IN THE SAME DISTANT NLY THEREON 393 FEET AND 469.3 FEET FROM THE SOUTHERN LIMIT OF SAID 1/4 SECTION, SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN - 11 GOVERNMENT RD - MOOSEHORN | L -\$2,400<br>B -\$13,800 | 3,703.52                                                             |

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the RURAL MUNICIPALITY OF GRAHAMDALE as follows:
  - i) The full purchase price if it is \$10,000 or less; OR
  - ii) If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
  - iii) A fee in the amount \$498.75 (\$475 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 18<sup>th</sup> day of September, 2023.

Managed by:



Shelly Schwitek  
Chief Administrative Officer  
RURAL MUNICIPALITY OF GRAHAMDALE  
Phone: (204) 768-2858  
Fax: (204) 768-3374

# Classifieds Announcements



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Email classifieds@expressweeklynews.ca

## Dauphin River Community Council Accepting Applications for

### Part-Time CAO

16 Hours - Bi-weekly  
Wage - To Be Determined  
Job Description Available on Request

Send Resume & Cover Letter to:  
CAO/Ulf Kristiansson

Email: dr\_cc10@hotmail.com  
Phone: 204-647-8300 Fax : 1-204-480-4820

**Deadline: Friday, Oct. 6th @ 12:00p.m.**  
*Only successful applicants will be notified*



## TENDER SNOW REMOVAL

Evergreen School Division is inviting contractors with heavy duty snow clearing equipment to submit bids for clearing snow at the locations mentioned below. Areas to be cleared include parking lots, sidewalks, main entrances, and other various locations.

The term is for 2 years ending the spring of 2025.

**All equipment must be listed in the bid and if successful, proof of \$5 million liability insurance will be required.**

Sealed tenders marked **SNOW REMOVAL** will be received by the undersigned up to **3:30 pm on Friday October 13, 2023** for clearing snow at the following locations:

- Arborg Collegiate
- Arborg Early Middle School
- Arborg Bus Garage
- Riverton Collegiate
- Riverton Early Middle School
- Winnipeg Beach School
- Tec Centre
- Bus Garage (Gimli Industrial Park)
- Gimli High School
- Dr. George Johnson School (Gimli)
- Sigurbjorg Stefansson Early Middle (Gimli)
- Education Support Centre (Gimli)

For additional information and to arrange for site visits, please contact:

**Gibby Finnbogason Buildings Supervisor  
Evergreen School Division Ph. 204-642-3661**

The lowest or any tender will not necessarily be accepted.

Send tenders marked with location indicated on envelope to:  
**Evergreen School Division Box 1200  
Gimli, MB, R0C 1B0**

or email to [gibby.finnbogason@esd.ca](mailto:gibby.finnbogason@esd.ca)

### CARD OF THANKS

Words are insufficient to express our heartfelt thanks and gratitude to our wonderful neighbours, relatives and friends who dropped off so much delicious food upon the sudden and unexpected passing of our beloved husband, father and grandfather, Regis.

Special acknowledgement and appreciation to all those who came from near and far to pay their respects; Gordie and Tracy Wevursky of Fisher Funeral Home for their dignified service; Reverend Father Roy George Vazhaplankudiyil for presiding over the Funeral Mass and Bill Uruski for his assistance; the pallbearers and ushers; the choir singers and musicians; Gisele Badesco for the second reading, Réal Meilleur of the Knights of Columbus for the prayer for a deceased member; Keith Johnson of Johnson Seeds for his comforting tribute to Regis; Della Spence for catering the luncheon meal.

Our sincere thanks as well for the beautiful flowers, cards and messages of condolences, phone calls, visits, help and guidance, Mass Intentions for Regis and the monetary donations in his loving memory to Immaculate Conception Parish.

May God bless you all for your kindness, compassion, thoughtfulness and generosity.

-Jacqueline Gauthier and family

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## OBITUARY



### Lillian Margaret Page (nee Church)

It is with deep sorrow we announce the passing of our beloved mother, sister and Umi, Lillian Margaret Page (nee Church) on September 19, 2023.

Lillian leaves to mourn her sons Michael (Joanne) and Tod; grandchildren: Mitchell (Kellie), Nichole and Gordon (Cassidy); great-grandchildren Alexa and Isaac. As well as many loved ones and extended family.

She was preceded in death by her husband, Gordon Page; her parents, Syd and Mary; and her daughter, Shelley.

Lillian was born on September 25, 1938 in Winnipeg, MB. They raised their family in Winnipeg, with the exception of a brief move to Edmonton lasting three years. She loved fashion and the hair industry, opening her own salon in North Kildonan named after her beloved daughter Shelley Lynn.

Eventually, they retired to Gimli, where Lillian found joy in golfing, volunteering at the New Horizon, and cherishing moments with her friends and beloved grandchildren.

The family would like to convey heartfelt thanks for the excellent, caring staff at Extendicare Heritage Lodge Long-Term Care Home.

A private family celebration of life will be held in Gimli, MB.

In lieu of flowers, a donation to the Parkinsons Society Manitoba is requested. Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Gimli in care of arrangements.



## OBITUARY



### Harvey Rowland

It is with deep sorrow and much love that we mourn the passing of Harvey Rowland on September 17, 2023 at the age of 78.

Harvey passed away peacefully with his family by his side at the Selkirk hospital after a brief illness.

Harvey is survived by his children Charlene and Devin and his wife Josephine.

Harvey was a quintessential outdoorsman and his love of nature was infused into every aspect of his life and spirituality. He had an enormously kind heart and his compassion and integrity created countless treasured and long-lasting friendships.

Cremation has taken place; a celebration of his life will be held at a later date.

Harvey's family and many friends are invited to visit his memorial page at [www.interlakecremation.ca](http://www.interlakecremation.ca) to view a longer tribute and share memories and condolences.

Arrangements entrusted to:

*Interlake Cremation & Memorial Services*  
204.482.1040

# take a break

> GAMES

## SUDOKU

|  |   |   |   |   |   |   |   |   |
|--|---|---|---|---|---|---|---|---|
|  |   | 6 | 1 |   |   |   |   | 2 |
|  | 4 | 8 | 3 |   |   |   |   |   |
|  | 5 |   |   | 6 |   |   |   | 7 |
|  |   |   |   | 8 |   | 6 |   | 3 |
|  | 1 | 7 | 4 |   |   |   |   |   |
|  |   |   | 2 |   |   | 9 | 4 |   |
|  | 9 |   |   |   |   |   |   |   |
|  |   | 5 |   |   |   |   |   | 8 |
|  | 8 |   |   |   | 2 |   | 9 |   |

### Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 9 | 6 | 7 | 2 | 5 | 4 | 1 | 8 | 3 |
| 8 | 1 | 2 | 3 | 9 | 6 | 9 | 7 | 4 |
| 4 | 5 | 3 | 8 | 1 | 7 | 2 | 6 | 9 |
| 4 | 1 | 6 | 5 | 7 | 2 | 3 | 9 | 8 |
| 5 | 2 | 8 | 9 | 3 | 4 | 7 | 4 | 6 |
| 3 | 7 | 6 | 1 | 8 | 9 | 4 | 2 | 5 |
| 7 | 3 | 1 | 4 | 6 | 8 | 9 | 5 | 2 |
| 6 | 9 | 5 | 7 | 2 | 3 | 8 | 4 | 1 |
| 2 | 8 | 4 | 9 | 1 | 5 | 6 | 3 | 7 |

Sudoku Answer

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| E | S | S |   | S | S | D | V | R |
| P | E | S |   | E | E | R | F |   |
| V | A | I | S |   | S | G | O | R |
| C | U | B | I | C |   | D | N | O |
| T | L | S |   | T | E | N | R | O |
| O | E | N | R | O | M | X | L | I |
| G | H | R |   | T | G | E |   |   |
| S | N | E |   | T | R | V | G | R |
| S | E | I |   | R | O | L | G | E |
| S | E | I |   | C | P | E | S | U |
| L | D | I |   | L | I | V | O |   |
| E | L | I |   | O |   | R | H | V |
| N | D | S |   | E |   | C | S | S |

Crossword Answer

# X CROSSWORD

## CLUES ACROSS

- Outsourcing (abbr.)
- Post
- German city on edge of Black Forest
- "\_\_\_, but goodie"
- Spiced stew
- Passionately
- Monetary units
- Group of living organisms
- Organic compound derived from ammonia
- High honors
- 5-year-olds' classes
- Swiss river
- Old woman
- Cash machine
- A way to soak
- Hair product
- Deride
- "The Blonde Bombshell"
- Cause to become insane
- Bluish greens
- Supported with money
- Type of equation
- Court officials
- Indian god
- Rids
- Leak slowly through
- Units of ionizing radiation
- Midway between south and southeast

## CLUES DOWN

- Native of Slovakia

|    |   |   |   |    |    |    |    |    |    |
|----|---|---|---|----|----|----|----|----|----|
| 1  | 2 | 3 |   |    |    | 4  | 5  | 6  | 7  |
| 8  |   |   | 9 |    |    |    | 10 |    |    |
| 11 |   |   |   |    |    | 12 |    |    |    |
| 13 |   |   |   | 14 |    |    | 15 |    |    |
| 16 |   |   |   |    |    | 17 |    |    |    |
| 18 |   |   |   |    | 19 | 20 |    |    |    |
|    |   |   |   | 21 |    |    | 22 |    |    |
|    |   |   |   | 23 |    |    | 24 |    |    |
|    |   |   |   | 25 |    |    | 26 |    |    |
|    |   |   |   | 27 |    |    | 28 |    | 29 |
|    |   |   |   |    |    |    |    | 30 | 31 |
|    |   |   |   |    |    |    |    | 32 | 33 |
|    |   |   |   |    |    |    |    | 34 |    |
| 36 |   |   |   |    |    |    |    | 37 |    |
| 38 |   |   |   |    |    |    |    | 39 |    |
| 40 |   |   |   |    |    |    |    | 41 |    |
| 42 |   |   |   |    |    |    |    | 43 |    |

- Deli meat
- Fibrous substance in fungi
- Cutting
- Vedder and Van Halen
- Rulers of Tunis
- Shaped like a circle
- Make a pig of oneself
- Aphorism
- Witness
- Single Lens Reflex
- Freshwater North American fish
- Nautical ropes
- Leg (slang)

- Pokes holes in
- Moved quickly on foot
- Fix-it shops
- Type of bread
- Repaired
- Synthetic diamond (abbr.)
- Type of drug (abbr.)
- German city along the Rhine
- Animal disease
- Martini necessities
- Get away from
- Village in Mali
- Djibouti franc

# Classifieds



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## OBITUARY

Elsie Katharina Grahn (nee Haus)  
August 10, 1923 – September 20, 2023

Elsie Grahn passed away at the Ashern Personal Care Home on Wednesday, September 20, 2023 at the age of 100 years.

Elsie is survived by her daughter Evelyn (Chuck) Gall, her son Donald (Lorraine) Grahn and son-in-law Brian Thompson as well as her grandchildren and great-grandchildren.

She was predeceased by her husband Harold, her daughter Betty Thompson and eight siblings.

A memorial service will be held at 2:00 p.m. on Monday, October 2, 2023 in the Peace Lutheran Church, Moosehorn, MB with Dawn Tober officiating. Interment will follow in St. John's Lutheran Cemetery.

Arrangements by:  
ARNASON FUNERAL HOME  
Ashern - Lundar  
1.204.768.2072  
1.866.323.3593

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## Heather Stefanson's PC government:

- Underfunded the ER in Eriksdale and shuttered Lundar and Riverton EMS stations.
- Slashed hundreds of nurses and paramedics, raising wait time throughout the Interlake
- Froze funding to municipalities undermining policing and infrastructure.
- Increased Hydro rates by over 20%.

OR



## Wab Kinew's NDP government will:

- Recruit doctors, nurses, and healthcare professionals for the Interlake
- Hire more paramedics and improve cell service to shorten ambulance wait times
- Support municipalities to provide services and infrastructure.
- Freeze Hydro rates and cut the gas tax for all Manitobans.

**Vote Sarah on Oct. 3rd**

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