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Feathered friend

EXPRESS PHOTO BY PATRICIA BARRETT

Alex Froese from the Manitoba Burrowing Owl Recovery Program introduces Bindi to youngsters who wanted to learn about protecting wildlife habitat for the declining owl species at Teulon's Pumpkinfest last Saturday.

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Sandy Hook photographer earns biodiversity award from Living Lakes Canada

By Patricia Barrett

A Sandy Hook photographer with an eye for wildlife and the human impact on the natural world earned an award from Living Lakes Canada for taking a photo of an osprey near Lake Winnipeg.

Leslie Mehner took a picture of the majestic fish-eating bird of prey with a piece of plastic intertwined within the branches of its nest. Her photo underscores the negative impact humans can have on wildlife.

Mehner, who is a seasonal resident, entered the photo in Living Lakes Canada's 2023 Lake Biodiversity Photo Challenge and earned a Judges' Special Mention Award.

"I go around and try to catch the osprey in their various nests and that one was full of junk," said Mehner. "It's on a manmade platform and the birds add to the nest every year. This year they added the plastic. My assumption is that it wasn't some human adding all the garbage to the nest; it's the birds themselves building up their nest after winter."

She took the photo on the outskirts of Winnipeg Beach, she said. At the beginning of spring, the plastic wasn't there. But when she arrived later in the season, she spotted the garbage.

"It does upset me. It's indicative of what you see on the beaches out here

right through to Gimli. People just leave their trash on the beach. They come for the day and don't clean up after themselves," said Mehner. "And you can see how this affects nature. That is their habitat and it's full of human junk. Our garbage."

Osprey are raptors that live along rivers, lakes, marshes and coastlines across Canada. They feed mostly on fish. The birds fly over water plunging in feet-first to grasp fish with their talons. Osprey populations declined in the mid-20th century from pesticide use, but they've made a comeback in many parts of North America, according to the National Audubon Society.

Mehner said the plastic in the nest is what likely caught the judge's eye.

"Plastic pollution is really serious. It can break down and get into the osprey's food sources and our own bodies," said Mehner. "The plastic was on the outside of the nest and I don't know what the inside looks like."

Plastic pollution is ubiquitous in the environment including in lakes and oceans. After it breaks down, it can end up being ingested by birds that may then go on to develop plasticosis, the scarring of their digestive tracts, which affects their ability to digest food, according to recent scientific studies. It can also damage internal



EXPRESS PHOTO BY LESLIE MEHNER

Plastic intertwined in the twigs of an osprey's nest along the shore of Lake Winnipeg.


organs.

Mehner said she decided to enter the osprey photo in the contest to raise awareness of the issue of human garbage and after she also saw a red-winged blackbird bird entangled in an angling line that someone left behind after fishing in a creek.


Living Lakes Canada is a B.C.-based

non-governmental organization that enhances the protection and restoration of watersheds across Canada and promotes collaboration and education to improve water stewardship.

To view all the winning entries in its biodiversity photo contest, visit Living Lakes Canada online at livinglakescanada.ca

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Red River Messenger brings new electric vehicle into fleet

Local business gives a green option a shot

By Katelyn Boulanger

Electric vehicles have been available for years but the lack of infrastructure to support them as well as their previous lack of ability to go as far as a tank of gas on one charge have meant that they haven't yet taken over the automotive market.

However, with improvements coming with every new model and more charging options available in the province, Red River Messenger decided that now was a good time to give one a shot to see if it would work for their business.

Red River Messenger is a local delivery business that started in Selkirk. They have expanded to Winnipeg and more rural areas of Manitoba and do envelope delivery service as well as delivering larger items. With multiple runs a day, they are able to offer same-day delivery.

They purchased their new electric

delivery vehicle in May.

"We had it for a month and our fleet maintenance supervisor [Kevin Galaugher] drove it for a bit. Kevin drove it to and from and around to make sure that we knew what kind of mileage it gets so that we knew what kind of run to put it on. We have drivers that just solely stay in Winnipeg and then we have the drivers that run back and forth to Selkirk," explained Red River Messenger president Darryl Kruk.

The reason for this testing was because they wanted to make sure that their driver didn't have to return to charge and risk a late arrival of a delivery.

"We figured out that this truck should suffice doing a run in the morning [to Winnipeg] coming up by lunch and going back in and coming back, all in one charge," said Kruk.

Continued on page 5



EXPRESS PHOTO BY KATELYN BOULANGER

Darryl Kruk and Kevin Galaugher in front of the new electric vehicle that joined the Red River Messenger fleet.

Community investment



EXPRESS PHOTO BY MICHELLE JOHNSON

Interlake Co-op's GM Jordan Cook, office manager Michelle Johnson and community member Willard Lea volunteered their time earlier this month, on a nice warm September evening, to re-stain the picnic tables in the green space by Arborg's public stage.

Interlake Co-op is pleased to support a cause like this and donated the stain with hopes of giving the tables a few more years of use for people to enjoy this public space. Cook said Co-op likes to be locally invested, community-minded while making a positive difference in the towns where their stores are located and staff live.

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Gimli Icelandic Canadian Society holding Tombola, dance in October

Submitted by Margaret Thorlakson Kernested

The Gimli Icelandic Canadian Society is holding a Tombola and dance in October and is inviting the community to take part.

The society's director Margaret Thorlakson Kernested said the lottery-style game has been a tradition in Icelandic Interlake communities since the early days of Icelandic settlement. And the society began organizing it as a community event at Minerva Hall for all to attend.

"It is amazing to note that the Tombola has survived in our communities for well over 100 years. Tombola in the Gimli area began with the Minerva Ladies Aid in 1920," said Thorlakson Kernested. "To this day we follow that traditional format. However, farm animals are no longer donated as prizes."

Donated items for both children and adults will be displayed on tables in the hall. People can purchase a numbered ticket, which they can take to the prize tables to win a prize.

"Every ticket wins a prize and then dancing commences. Children and adults in the room join the fun on the dance floor. Especially popular are the bird dance, bunny hop, the



swish, plus the spot dances and the cake walk, where prizes are chocolate bars and a take-home cake," she said. "Tombola ends with a luncheon with all kinds of goodies. The society's Tombola receives many great prize donations from Gimli businesses as well as from club members and friends."

The word Tombola comes from the Italian verb tombolare, meaning "to tumble" with winning tickets drawn from a revolving drum.

The society found references to Tombola in 1891 from the Vonin Ladies Aid Society, a group of Icelandic women who had moved to Calgary via North Dakota. Their Tombola was held annually, usually in the fall. Attendees purchased numbered tickets and won the prize with the corre-



EXPRESS PHOTOS COURTESY OF MARGARET THORLAKSON KERNESTED

sponding number. The prizes were usually donated items such as embroidered pillowcases, knitted stockings and even farm animals such as ponies and geese.

And an article on Tombola published in Logberg-Heimskringla quoted excerpts from Saskatchewan pioneer Arni Torfason's diary from 1892, prior to his emigration to North America, in which he writes of his activities in the Westfjords of Iceland: "I

collected gifts for Tombola/lottery." Another reference to Tombola comes from New Iceland pioneer Thorvarður Stefansson's March 21, 1900, diary entry, which notes that his wife was planning to attend a Tombola in Riverton that evening.

The society decided to hold the Tombola as an afternoon event in the hopes of attracting more families. It will be held on Sunday, Oct. 1 at 2 p.m. at the Minerva Hall.

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By Elections Manitoba

Manitoba voters have many convenient ways to vote in the upcoming provincial election.

Advance voting

Advance voting runs for eight days, from Saturday, Sept. 23 until Saturday, Sept. 30. During advance voting, Manitobans can vote at any one of 300 advance polling locations in the province. Hours are 8 a.m. to 8 p.m. Monday to Saturday and noon to 6 p.m. Sunday with some exceptions. All locations and hours can be found on Elections Manitoba's website.

There are over 300 advance voting locations throughout the province including every local election office.

With advance polls at locations like The Forks, Health Sciences Centre and Richardson International Airport in Winnipeg, Thompson's City Centre Mall, Brandon Regional Health Centre, plus shopping centres and university campuses across the province, voters will have many convenient options for voting in advance.

Voting on election day

Voters can vote at any poll in their electoral division on election day, Oct. 3.

Voters can find their suggested election day and advance polling places on their voter information card or on the Elections Manitoba website. All polling locations and hours are available at the Elections Manitoba website.

Absentee voting

Voters who will be away on election day and during advance voting can apply for absentee voting. Voters can apply online or at the local election of-

office. The deadline to apply is Sept. 30 at 8 p.m. but voters are encouraged to apply early so they have enough time to receive and return their ballot.

Homebound voting

Those unable to go in person to a polling place due to a disability may apply to vote at home. Caregivers may also apply to vote at home. Applications are available online or from the local election office. Applications must be received at the local election office by 8 p.m. on Oct. 2.

Voting with assistance

In addition to homebound voting, Elections Manitoba provides several services to assist voters:

- Voters may request a language or sign language interpreter. Voters should contact their local election office as early as possible to request this service.
- Polling places have braille ballot templates.
- Voters may bring someone 16

years or older to help them vote or ask a voting officer for help.

• Voters may use their own assistive devices, including smart phone apps, to vote.

• If a voter is unable to go inside the polling place because of a disability, voters can vote from their vehicle.

ID to vote

All voters require ID to vote, either one piece of government-issued photo ID with their address on it or two other pieces of ID. There are many options. A complete list of acceptable ID is available on the Elections Manitoba website.

Voters are encouraged to bring their voter information card, which can be used as one piece of ID.

Voters can find information about where to vote, ID requirements, accessible voting, local election office locations and more at www.elections-manitoba.ca.

> ELECTRIC VEHICLE, FROM PG. 3

The vehicle is a Ford E-Transit and residents may see it around town as Red River Messenger has gotten special decals on the outside of the vehicle.

Kruk says they do have to be conscious not to send their driver to every corner of the city but that this option has worked so far.

"It's basically your standard 250 van. It can carry just shy of ¾ tonne for cargo, I think about 1,700 pounds if we needed to," he said.

Kruk says the range is about 250 kilometres but it also depends on where you are driving and the speeds that you are going.

Something that's interesting about this electric vehicle's braking is that it actually charges it a bit.

"It does reclaim energy as it stops rather than using friction braking and wasting that as heat. You're using an electric motor to push it forward and then using the electric motor to slow you down so it takes that energy and puts it back in the battery," said Kruk.

Galaugher had been personally driving an electric vehicle for many years and was interested in giving a vehicle like this a shot. Kruk says that even though the vehicle cost more than a gas-powered equivalent, it seemed to make sense for them to give it a try because of the energy-saving potential and lesser maintenance.

As far as affecting the business's carbon footprint, they estimate that the route before would have burned about 45 litres of gas and since Selkirk's electricity is hydroelectric, it has made an impact.

Kruk says that so far the driver is enjoying the experience but the true test of whether this vehicle makes sense for them will come in a few months' time.

"The true test will be in the winter because, from all indications, they said that the kilometres should drop from what I've been told but I haven't found that out myself," said Kruk.

He says he can't yet recommend this option to other businesses but that it's something that they are interested in continuing with.

"I'm trying to do our part. I'm trying to lower our carbon footprint and this is my way of trying to try for the first time," he said.



Icelandic River Community Foundation
GRANT APPLICATIONS

The Icelandic River Community Foundation is accepting applications for grants from registered charities and organizations for projects in the Arborg and Bifrost-Riverton catchment areas. Projects can include assistance for health and recreational projects, new vehicles, furnishings or equipment not normally covered in operating budgets. Please provide a description with projected costs and timeline for completion.

Mail applications to the
Icelandic River Community Foundation,
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Conciliation process begins on unnecessary MPI strike

Contingency plans continue to expand

Submitted by MPI

Manitoba Public Insurance (MPI) is optimistic that progress is being made toward ending the strike action initiated by the Manitoba Government and General Employees' Union (MGEU) now that the union has agreed to engage the services of a conciliator.

"This strike never needed to happen. We have been offering MGEU resolution of this dispute since Aug. 22, the day we tabled an enhanced offer that has a global monetary value of up to 17 per cent for the average union salary," said Ward Keith, MPI chairperson. "That deal came with an offer to proceed directly to arbitration on the matter of general wage increases, which were the sticking point for MGEU during negotiations. They have consistently refused that offer, instead choosing to take 1,700 of our employees to the picket lines for three weeks before agreeing to resume discussions with MPI."

A mutually agreed upon conciliator has been engaged and the conciliation process is expected to get underway early next week.

While MPI works to resolve the ongoing labour interruption, it con-

tinues to expand service delivery to Manitobans. Effective immediately, customers who have had a Class 1-6 or Air Brake knowledge test cancelled because of labour interruption or who already have a test booked with MPI can walk in to take their test without an appointment. Further details are available on MPI's website.

MPI has also been able to resume Class 5 road tests in over 20 communities across the province. Our strong and valued relationships with MPI-certified driver instructor partners is providing Manitobans with continued access to these tests. Customers waiting for a test are being contacted by MPI to schedule a time in their community.

MPI is continuing to explore options to resume Class 1-4 road testing in Manitoba. Classes 1-4, which include ambulances, buses and commercial vehicles, require more in-depth training and testing procedures than Class 5 passenger vehicles and all of our planning will maintain all expected public safety considerations.

This work builds on MPI's existing contingency plans, which also address the sharp increase in hail claims MPI has experienced in 2023. To respond quickly to this demand, MPI has begun using new technology at its Physical Damage Centre to provide faster estimates. In the first two weeks, MPI has scheduled over

1,100 estimates, which will help more customers get their vehicles repaired sooner.

In addition:

- Customers with general inquiries or front-end service transactions, including licensing renewal and insurance payments can visit one of MPI's nearly 300 broker partners. Find a broker in your community using MPI's Find a Service tool.

- The MPI Contact Centre is open for customers reporting personal injury claims, non-drivable collision claims, and total-theft claims.

- Customers reporting all other passenger vehicle (car, SUV and light duty truck) claims can expedite the process by filling out MPI's simplified claim reporting form. MPI will contact customers with a claim number they can take to an MPI-accredited repair shop for vehicle estimates and repairs.

"I am pleased by the work being done by MPI officials to maintain services for our customers during this challenging time," said Keith. "But Manitobans deserve more; they deserve full access to the services they rely on and that can only happen once MGEU agrees to end this unnecessary strike and bring our employees back to work. We want to find a quick and responsible resolution so we can get back to the important work of serving our customers."

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Truth and Reconciliation Day event at St. Andrews Heritage Centre Sept. 30

Helping people connect with their history through the Red River Ancestry Genealogy Centre

By Katelyn Boulanger

Inspired by the Truth and Reconciliation Commission's Calls to Action as well as the story behind Orange Shirt Day, the people involved with the Red River Ancestry Genealogy Centre have put together information to help residents find information about their Indigenous ancestors.

"We've felt that we, as a genealogy centre, could do some of the basic research into what's available [and help people learn] how you find your missing relatives and set up a display of what we've got available and some handouts for people to learn the resources that are out there that they can access," said Kim Still, volunteer administrator, Red River Ancestry Genealogy Centre.

The event takes place on Sept. 30 and residents can drop in from 10 a.m. until 3 p.m.

"We're going to have both the genealogy centre itself and the adjacent room. The adjacent room will have displays and resources, and it will have four main sections. There will be a whole table having a display on Truth and Reconciliation with information regarding logos, the survivor's flag and all the national stuff, but also what's available locally through the University of Winnipeg, Manitoba. It has a reconciliation department there. In addition, we will actually have on hand the residential school lists as they were produced by the Government of Canada,

but those specifically for Manitoba. So, we have a listing of the schools, their locations, and then our listing of the students who passed away there, who died at the school," said Still.

In addition, they will have the St. Peters Reserve pay lists from select years in the 1800s, which can identify people as members of that First Nation. The books in Gail Morin's Mé-tis Families series Vol. 1-11 will be on hand and there will be web resources available.

Still said they felt that this was important as a way to help people understand and connect even if they learn painful information.

"They were our ancestors and the fact is that a lot of it was hidden and they almost disappeared from history. They are still our ancestors, no matter what happened to them. It's important to keep their memories not only alive in our hearts but just documenting where they were. Especially with genealogy, [it's about] fitting them into your family tree because sometimes they were taken away and almost never heard of again and so they're lost within individual family trees and their family histories as well," said Still.

"THEY WERE OUR ANCESTORS AND THE FACT IS THAT A LOT OF IT WAS HIDDEN AND THEY ALMOST DISAPPEARED FROM HISTORY."

There will also be volunteers available to help anyone who stops by in order to

let people know about resources they may not have heard of before.

"It's going to be an ongoing event. You don't have to be there at a certain time. It's drop in and we will show you what we've got. In each area we will have handouts and stuff that people can take with them so that they know where to access things. And, if people want to do any research [in person] or get a tour of our centre and see exactly what they can look at as



EXPRESS FILE PHOTO

The Red River Ancestry Genealogy Centre at the St. Andrews Heritage Centre will have resources to help people find out more about their Indigenous heritage at an event on Sept. 30.

far as what we've already got loaded on our computer, on the databases, then we will have somebody in that room. We can do that on an individual basis. We don't do the research, but we are there to give them the information about where to find resources," said Still.

Still says resources used at this event will be added to the centre's library so

they are available for generations to come. She encourages people to come to this event if they are interested in learning more about themselves.

"This is going to be specifically to help people understand their heritage and for the Indigenous population within our community, [to learn] their history, and even more [than that for everyone to gain more] history of the Selkirk area in Manitoba," said Still.



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Algal bloom has Lake Winnipeg commercial fishers asking questions

By Patricia Barrett

Lake Winnipeg commercial fishers who work in the Hecla-Grindstone region north of Riverton say they encountered an algal bloom last week after the commercial season opened.

Robert T. Kristjanson said algal blooms at the top of the lake's south basin and in the channel region continue to wreak havoc on fishing operations and damage the ecosystem. And there's little hope for future generations, who'll have a "terrible life ahead of them" if governments fail to put a stop to the pollution.

"As fishermen, we're not whining. I'm an old man looking at this and tears are in my eyes because I never grew up like this. We fishers around the lake see this great big wad of dirt [i.e., algae] swirling around and we can't do anything about it. The little time I got left on Earth means nothing. But I have little ones growing up and this is what's been done to them and what's getting passed on to them," said Kristjanson, who has fished commercially since he was a boy and will be turning 90 years old. "We've had different governments over the decades that have come in and none of them have done anything to stop the pollution to our lake. All they ever talk about is putting money into the lake."

The fall commercial fishing season opened on Sept. 7, and Kristjanson said his son Chris, who also fishes in the region, came ashore last week with "many inches" of algae in his boat after he hauled in his nets. And the algae are not limited to their area; commercial fishers farther north, around the Pine Dock region, are dealing with algae.

"The government will say it's the warm weather causing this, but it's not. It's what they're putting into our lake — that's the real story," said Kristjanson.

As a boy, Kristjanson used to work with his parents in fishing camps up north in the fall, and he said there were times when they encountered some algae in the bay area, but it was short-lived.

"Yes, there were years we did have algae that came in the bay for a little while, but the next day it was gone. And it was never ever a problem on the open lake itself," said Kristjanson. "What we're seeing now is the result of more residential development that creates more sewage, the farming industry with its nutrients and pesticides that run into the lake and the sewer pipes from the City of Winnipeg sending it all up to us."

The City of Winnipeg is a notorious polluter of the Red and Assiniboine rivers, which eventually flow into Lake Winnipeg. In addition to treated wastewater from the city — which the Lake Winnipeg Foundation identified as one of the province's phosphorus hotspots — the city's combined sewer outlets dump raw human waste into Winnipeg creeks and rivers several times a year.

In April 2022, the city sent a whopping 59.6 million litres of raw sewage into the Red River during a storm to prevent it from backing up into city homes. The latest spill occurred on Sept. 1 when .03 million litres of raw sewage over a period of almost four hours were released into the Assiniboine River, according to the city's water and waste department reporting site.

Kristjanson said he hasn't heard a word from any of the candidates in the provincial election campaign about what their respective parties plan to do to help the ailing lake.

"What are they going to do about this pollution? We're going to elect another government, we don't know which one, and they haven't said anything about our lake," he said.



EXPRESS FILE PHOTO BY PATRICIA BARRETT

Lake Winnipeg commercial fisher Bill Buckels is shown in October 2018, pulling up nets caked with human or animal excrement and algae. The huge swirling mass in the waters off Hecla Island affected his fishing operation for weeks.

"We've got our commercial fishing industry around the lake and visitors that come up here for pleasure and to enjoy the water, but the pollution is killing us. Between the zebra mussels and the algae, I don't know which is going to win. We have the most wonderful fish, a gift of God, and they're trying to destroy it."

Commercial fisher Bill Buckels, who also fishes in the Hecla-Grindstone region, said there's been no improve-

ment to Lake Winnipeg's water quality. He too encountered an algal bloom last week after the fall season opened. And there has been no meaningful progress or concrete actions from any level of government to address the ongoing destruction through nutrient over-loading from agriculture and wastewater.

"The blooms just keep getting worse," said Buckels. "To say any differently would be a lie."



Candlelight vigil to support families, cemetery

By Becca Myskiw

A night to honour loved ones is coming up at the Gimli Community Cemetery.

On Sunday, Oct. 15, people can come to the cemetery and make a donation to the Gimli Community Cemetery Committee in exchange for a candle to put on the grave of their loved one. This won't be the first Candle Light Meditation — Carol Simonson, supervisor of the cemetery, said it was

well-attended last year and she's hoping to build on the success.

The event is similar to how some might celebrate All Saint's Day, but also serves as a fundraiser to maintain the cemetery.

"We depend on a lot of donated dollars for improvements," Simonson said.

Donated dollars help pay for the

Continued on page 10

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Gimli council approves King's Park expansion, disbands Reconciliation Committee

By Patricia Barrett

Gimli council voted in favour of expanding the King's Park subdivision, about five kilometres north of Gimli.

Council held a public hearing Sept. 13 to consider a developer's request to rezone a parcel of forested land along King's Way, the only road that leads in and out of the subdivision. The land is currently designated agricultural limited (or AL) under municipal zoning. The developer wants to create 23 new lots for single-family dwellings and asked that the land be rezoned to residential resort (or SRR).

A number of King's Park residents raised objections to the expansion, saying it could "open the door" to even more short-term rentals in the residential neighbourhood.

Residents say short-term rentals in the neighbourhood have resulted in excessive numbers of guests in a single dwelling, loud parties with public drunkenness, children riding motorized vehicles along the street and traffic congestion.

"These are supposed to be single-family dwellings and [guests] are bringing trailers and multiple families each week they are rented, even bringing trailers to accommodate more. If we have another 20+ houses on the street like this, it will be a nightmare," wrote two residents in their objection letter.

They also expressed concern about the destruction of the forest that lines both sides of King's Way.

Other letters of objection also raised the issue of the potential for more short-term rental accommodation.

"We realize that this rezoning proposal is not specifically about this issue, but the wording of the [SRR] description has implications for us. It reads in part, 'This zone is intended mainly for single-family residential uses . . .', but it also allows for 'other uses generally considered compatible with such uses,'" said other residents in their objection letter. "What is unclear is whether these 'other uses' might include AirB&Bs and other short term rentals, which are, after all, commercial enterprises and should not be considered compatible with single-family residential uses."

The RM is the process of develop-

ing regulations for short-term rentals. Those regs are expected next year.

"Currently the use of a 'short term rental' is not listed as its own use and rental properties are deemed a residential use since they are dwellings. However, the RM of Gimli is working on regulations for short term rentals, but we are not sure what the regulations would be or the timelines," states the Eastern Interlake Planning District in response to some of the residents' concerns about home rentals.

Gimli Mayor Kevin Chudd and councillors Thora Palson, Andy Damm and Kurt Reichert (Coun. Richard Petrowski was away) approved the rezoning.

Other council news:

- Council approved a request to establish a home occupation in Sandy Hook called Fantasy in the Hook, which will be a seasonal art gallery.

- Council approved a request to establish a home occupation in the South Beach neighbourhood of Gimli called Tattoos by Selene, which will be a year-round tattoo and paramedical tattoo service.

- Council rejected a request from developer Chris Peacock, who built a life lease building at 47 First Ave. Peacock asked council to consider letting him establish parking stalls on municipal land on the south side of the building and reduce the number of stalls on his property.

- Council gave first reading to Bylaw No. 23-0006 to repeal a bylaw that had been passed in 2021 establishing a Reconciliation Committee for the municipality.

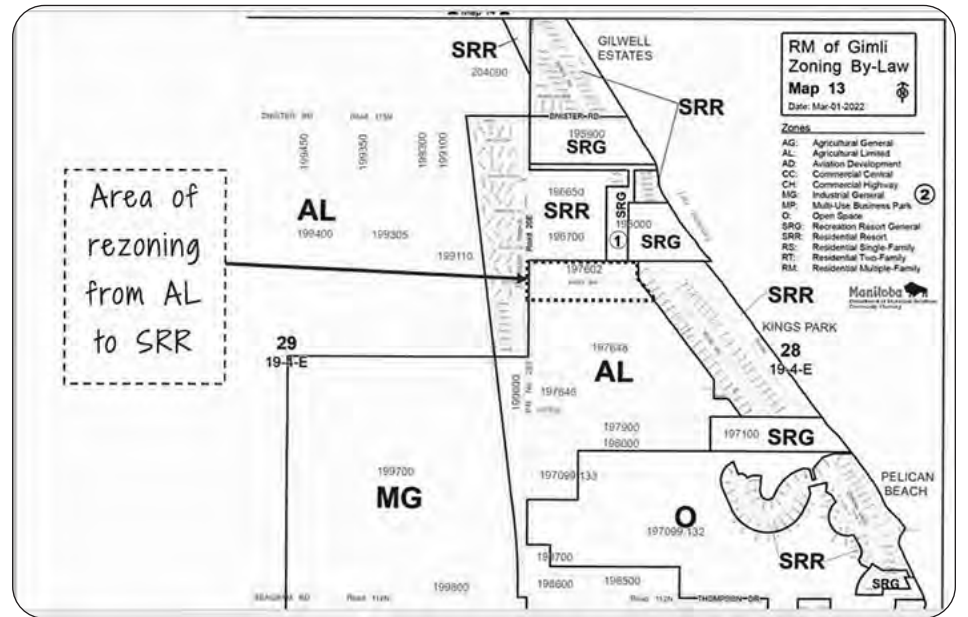
The repealing bylaw states that the Reconciliation Committee bylaw (No. 21-0010) had been "ineffective due to limited engagement."

The committee at that time had yet to consult with regional First Nations communities and the local Indigenous population regarding the re-naming of municipal roads with the word Colonization in them. The committee, which was established by a previous iteration of council, had come up with a suggested list of Indigenous and Indigenous-themed names for Colonization Road in Arnes and North Colonization Road, South Colonization Road and Colonization Close in

monson said. "This year, we've added Mona Josephson to an opening."

Josephson is a local officiant who spends a lot of time at the cemetery. Simonson said she'll give opening remarks at around 7:15 p.m.

The event will start at 7 p.m. All people have to do is show up and make a donation to get their candle — or candles. Though there's no minimum donation required; people will get a



EASTERN INTERLAKE PLANNING DISTRICT

Gimli council approved 23 new lots in King's Park, about five kilometres north of Gimli.

Gimli.

In 1876, the Government of Canada surveyed and authorized the building of an approximately 80-kilometre road to link land it had designated for Icelandic settlers (called New Iceland) to Winnipeg. The road was originally called Colony Road to reflect the government's formal designation of the settlement. The road stretched from the southern edge of New Iceland to Lundi in the north, according to the 1981 book *Icelandic Settlers in America* by Elva Simundsson.

When the name Colonization was adopted is unclear, but it is considered offensive to Indigenous peoples.

Current council will be discussing the re-naming of the roads in future.

- Council passed a resolution to fly the Red River Métis and the Every Child Matters flags at the municipal office. The flags currently flown at the office are the Canadian flag, the provincial flag and the municipal flag.

Mayor Kevin Chudd and councillors Kurt Reichert and Andy Damm voted in favour of flying the Métis and Every Child Matters flags at the RM office (Coun. Richard Petrowski was away). Coun. Thora Palson voted against the motion, preferring the flags be flown at the municipality's designated flag-flying area on Gimli Beach where the municipality's commitment to human equality can be

easily viewed by residents and tourists.

"As a community leader, and personally, I have a strong and unwavering commitment of support for the Indigenous peoples of our community, province and nation," said Palson. "My own reconciliation journey expanded when I fully understood that the harms inflicted on and felt by Indigenous peoples are a responsibility for each one of us even if we as individuals did not personally take harmful actions. The process of healing is an engagement that is very important to me as my reconciliation learning journey continues."

The municipality established a central, highly visible location on Gimli Beach where the Every Child Matters and the Flag of Humanity flags currently fly, she said. They represent the community's commitment to Truth and Reconciliation and the universal message of how we care for the Earth as we pass it on to our children.

"My values are that a government represents all its citizens and that the flags flown at the government office are to be inclusive of all people in our municipality, province and nation," said Palson.

Other members of council were unavailable for comment.

> CANDLELIGHT, FROM PG. 9

upkeep of grave markers and the cemetery as a whole. In other words, donations are what keep the Gimli Community Cemetery alive. The Candle Light Meditation event not only raises money for the cemetery, it gives people a way to honour those they love.

"Last year, it was really nice," Si-

monson said. "This year, we've added Mona Josephson to an opening." Then, come nightfall, the cemetery will be aglow with candles.

Simonson's first Candle Light Meditation was last year and she was blown away by the attendance. She remembers seeing a young girl sitting on her father's grave, talking to him while picking weeds.

"That's what this is all about," she said. "A peaceful feeling. I think it

helps people with the grieving."

People with any questions prior to the event can contact Simonson at 204-641-2902. She also said she'd be happy to show people around the cemetery earlier on the day of the meditation, so everyone can feel as comfortable as possible during the event.

Teulon's annual Pumpkinfest celebrates 30 years

By Patricia Barrett

Teulon celebrated the coming of fall during its 30th Annual Pumpkinfest last Saturday that featured activities for the whole family and gigantic pumpkins that could easily make hundreds of mouth-watering pumpkin pies.

Darci Loehmer of the Teulon Pumpkinfest board, which organized the event, said hundreds of people from across the region and beyond attended the event.

"We had a fantastic turnout. We probably had one of the best turnouts in years after COVID slowed things down a bit. The weather was great. There were lots of local faces and people from all over the region coming to celebrate the festival," said Loehmer. "We're able to have a small-town event but welcome everybody to participate and that's special to us."

Pumpkin growers from across Manitoba vied for a spot on the podium with pumpkins weighing in the hundreds of pounds.

Jason Terwin from Carman, Man., took first place (\$1,000 prize) with a pumpkin weighing 1,146 pounds. And Aurelle Meilleur from Fisher Branch took second (\$500) and third place (\$300) with pumpkins weighing 842 and 841 pounds, respectively.

One of the highlights of the festival included an educational demonstration on burrowing owls, a small owl species that's in decline in Manitoba and that makes its home in burrows on pasture and grasslands. Over 55 people attended the engaging session that was given by Alex Froese, director of the Manitoba Burrowing Owl Recovery Program and which featured a meet and greet with Bindi, a female burrowing owl. The organization joins forces with landowners who want to preserve habitat for the

birds.

The magician show was also a big hit, said Loehmer.

"We try every year to change up what the presenters we have and the entertainment we offer," she said. "We're already planning for next year, which coincides with the 100th anniversary of the Teulon Agricultural Society."

Later in the day, Selkirk-Interlake-Eastman MP James Bezan presented Loehmer and the Teulon Pumpkinfest board with a plaque commemorating the 30th anniversary of the popular festival.

The one-day festival included a Lions Club pancake breakfast to get festival-goers fuelled up for the day, a pie-eating contest, pumpkin carving demonstration, a cutest baby competition, a petting zoo, dog show, carnival games, silent auction, kids' crafts and activities, African drumming and dancing, wheat weaving and local vendors.



EXPRESS PHOTOS BY PATRICIA BARRETT

Callum and Lydia from Stonewall check out the winning pumpkins during the 30th Annual Teulon Pumpkinfest. Jason Terwin from Carman had the winning pumpkin and Aurelle Meilleur of Fisher Branch won second and third.



Carly and Matthew and their kids Torin, Kinley and Ayla from Balmoral visited the petting zoo.



Artist Peter Symchuk showed people how they can sculpt their own Halloween creation.



Grace and Jessica Barham from Teulon grow and sell pumpkins, along with corn stalk bundles people can decorate their homes with.



L.J. Baron Realty owner Claudette Griffin (right) was raising money for the Liliane Baron South Interlake Cancer Support Group.



Alda and Tante from Winnipeg were visiting the Teulon Pumpkinfest for the first time and tried out pumpkin farming.



Selkirk-Interlake-Eastman MP James Bezan presented a plaque to Darci Loehmer and the Teulon Pumpkinfest board at the 30th annual celebration.

Arborg to celebrate diversity at 2023 Culturama festival

Staff

Arborg will be hosting its 10th annual Culturama festival on Friday, Oct. 6 to celebrate the Interlake's cultural diversity. The festival connects local

people and newcomers through the sharing of cultural practices.

Tickets include a passport, which entitles guests to sample ethnic food at the booths of the participating

countries, which is then followed by a colourful display of traditional dance performances.

The event will be held at the Arborg Community Hall and is limited to 400. "We only sell 400 tickets and are usually sold out a week before the event,"

said Pat Eyolfson of the Arborg & District Multicultural Heritage Village.

Tickets are only available in advance at Arborg Pharmacy. The popular festival is sponsored by the Arborg & District Multicultural Heritage Village.



EXPRESS PHOTO BY RAYME THOMSON

Visitors sampled cuisine and celebrated the cultural and ethnic heritage of people from almost a dozen cultures who have made the Interlake their home at the annual Interlake Culturama festival in Arborg on Sept. 30.

Home delivery



EXPRESS PHOTO BY BRETT MITCHELL

Anyone driving on Highway 8 north of the Teulon turn off last Friday was in for a surprise when they discovered the traffic jam was caused by a house that was on the move.



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Coalition to Save Lake Winnipeg bringing experts together to talk about pollution

By Patricia Barrett

The Coalition to Save Lake Winnipeg and the Silver Harbour Environment Committee are hosting a free public forum on the health of Lake Winnipeg this Saturday in Gimli.

The grassroots groups continue to advocate for government intervention to address ongoing pollution. Lake Winnipeg is the world's 10th largest freshwater lake and one of the most threatened.

Excessive nutrients such as phosphorus and nitrogen that are found in municipal wastewater, in raw sewage and in water and snowmelt carried by runoff from agricultural operations are a potent mix, which has led to the eutrophication of the lake, the creation of dead zones where organisms and fish can't live and the frequent emergence of algal blooms, including toxic cyanobacterial blooms. Human destruction of natural systems such as wetlands and the introduction of invasive species such as zebra mussels have contributed to the stress on the lake.

Several speakers are scheduled to



FILE PHOTO BY PATRICIA BARRETT

Algae in Gimli Harbour in 2019.

address the problems, including retired University of Winnipeg biologist Dr. Eva Pip, who has written over 100 scientific papers on water, representatives from the Lake Winnipeg Foundation, the Manitoba Eco-Network, the East Interlake Watershed District, the City of Selkirk and the Canada Water Agency.

The coalition said it also invited local, provincial and federal politicians to attend the forum.

The coalition hosted a forum in Winnipeg in November 2019 to address the pollution in the lake and to educate people on how pollutants and human changes to the landscape can destroy the natural ecosystem.

The forum will be held Saturday, Sept. 23 from 1 to 4 p.m. at the Gimli Recreation Centre on Centennial Road, west of Highway 9.



EXPRESS FILE PHOTO BY CHRIS KRISTJANSON

Commercial fisher Chris Kristjanson was covered in algae a few years ago at the top of the south basin of Lake Winnipeg.

Community Support Service

AA Meetings in Ashern
Open Meeting
Time: 6-7pm Fridays
Starting Friday March 3rd.
Location: #11 2nd Ave North
-Pioneer Manor
(beside the main door entrance of Pioneer Manor)
Contact AAMBCO@mts.net

AA Eriksdale
Eriksdale United Church building
#7 Main Street, Eriksdale (side door)
Meetings are Mondays
at 6:30 p.m.

AA Winnipeg Beach
Lady of the Lake RC Church
Corner of Hwy. 9 and Lake Ave.,
Winnipeg Beach
Meetings are Saturdays
between 7 and 8 p.m.
Contact Ann J 204-389-3417

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Industrial Park
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Womens Mtgs Thurs at 10:30 am

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Your FARM



Lockport couple growing quality garlic for a decade

By Becca Myskiw

It was a decade ago when Wayne and Colleen Barylski started growing garlic.

After purchasing three hardneck varieties of garlic in 2013, the Barylskis were hooked. Wayne grew up on a mixed farm north of Arborg, and after living in Winnipeg for 26 years, the couple moved back to rural Manitoba, this time to Lockport.

"Having some acreage, I was inspired to start growing our own food," he said. "Homegrown vegetables were going to be a big part of our lives. We wanted to be self-sustained, where we grew our own vegetables. We have and continue to can and



freeze for year-round consumption." One day, Wayne looked into which

Continued on page 16



EXPRESS PHOTO BY BRETT MITCHELL

Wayne and Colleen Barylski are garlic farmers in Lockport who believe in sustainable agriculture.

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Your FARM



Saskatchewan farm paving the way in regenerative agriculture

By Becca Myskiw

A Saskatchewan farm will be the first in Canada to have regenerative certification.

Axten Farms by Minton, Sask., has been re-writing the agriculture industry for a while now. What started as a family farm three generations ago has become a sustainable powerhouse that's building for the future.

Derek Axten grew up on the family farm. After college, he returned home and took on the farm himself. After a frost in 2004 left the Axtens vulnerable, they realized they must find ways to eliminate risk and increase their resilience; the only question was how.

The search for a solution took the Axtens to South Dakota to find a new disc seeder that would help their crops to lose less moisture. While there, they learned about the South Dakota State University Research Farm, which Axten described as "the birthplace" of regenerative agriculture.

Regenerative agriculture is a conservation approach to farming. In Axten's words, it's about putting the earth's resources first.

At the research farm, Axten and his wife, Tannis, went on a tour of the irrigation plots, seeing nothing they hadn't already seen before. However, it was there the couple first saw an irrigation system putting out two inches of water in nine minutes — and leaving the soil dry enough to not muddy their shoes.

"That was the TSN turning point," Axten said. "I was like, 'show me what to do.'"

The Axtens spent the next few years researching, travelling and learning everything they could about regenerative agriculture. They started with cover crops for crop diversity. Over a decade, Axten said they tried more than 15 crop combinations and, because of that, they now grow over 10 different grain crops along with various specialty peas, mustards and more.

"We were looking for a way to increase diversity and lower fertility," he said.

Their first cover crop didn't receive nitrogen when they fertilized — and he saw no difference between that crop and the ones that did receive it. Today, half of Axten Farms is nitrogen-free.

Years later, Axten bought his own seed cleaner so he could start separating and cleaning seed himself. This led him to start thinking about food instead of commodities and became the spark for advancements the farm has made today.

"It was like how far can we push this thing?" Axten said. "We started to explore ways to grow the crops with less but still be successful and have good quality product."

After attending a conference where the speaker talked of microbiology management, the

Axtens found their new interest: managing the microbiology of their crops. They started by making large amounts of windrow thermal compost (organic composting material in long windrows) and then doing compost extracts in the place of fertility.

To get compost extracts, they first fill small bags with the compost, then hang them in a small brewer. The bags and the water each have bubblers that wash and massage the biology and the compounds out of the compost and, after 20 minutes, they can change the bags out with fresh material to extract. Once they have the compost extract, Tannis will look at the biology under her microscope and when she's happy with what she sees, they'll add minerals and biological foods to it, then put it in the seeder to add in-furrow.

Around the same time Axten Farms started making its own compost extract for fertility, it also started doing sap analyses instead of soil analyses. A sap analysis takes a certain part of the plant from various spots in the field and squishes the juice out of it. The information from that tells Axten what his plants are taking in.

"It doesn't really matter what your soil test says because it doesn't correlate with the sap analysis," he said.

When Axten started this, no labs in North America did the analysis for him, so he was sending his samples to Australia. With the results he get from it, he'd plan next year's crops and fertility. Axten said it's all about balance. If the soil has certain deficiencies, he can subsidize that with micronutrients. The intervention only costs around \$4 per acre.

"If you buy them in the right form, it's not an expensive thing to do," he said.

What's surprised Axten most since starting these practices is how everything seems to be crop-specific rather than field-specific. Because Axten Farms seeds over 10,000 acres a year, knowing what's in the crops before they grow gives Axten more peace of mind.

At a conference in 2017, Axten listened to a presentation on regenerative becoming its own stream of farming, similar to organic farming.

"I went home thinking I'm pretty sure that lady is right," he said.

Because he already had a seed cleaner, his new interest became tangible, so Axten started planning a facility for packaging food products. He started moving ground on it in the summer of 2019 and by 2020, it was done. Axten soon started expanding the facility to add a packaging line and automated packaging for milling flour



EXPRESS PHOTO SUBMITTED

Derek Axten is a pioneer of regenerative farming in Canada. In 2007, he began the process of converting his multi-generational family farm near Minton, Sask., into a sustainable operation.

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> GARLIC, FROM PG. 14

specialty crops were in demand that they could grow and sell, and home-grown natural garlic came out as a result, being the second most sought after vegetable/spice product. That was also when Wayne learned garlic is not classified as a vegetable but as a spice. “We tried growing the garlic from the local hardware stores and garden centres with little to no success,” said Wayne. “(We) found out later in my research these were soft neck garlic, grown only in the springtime.”

So they purchased some hardneck varieties and have since grown 19 varieties of garlic. Over the years, Wayne and Colleen have determined which varieties grow best in which soils and climate conditions — today, they grow nine varieties on their farm.

“I was eager to learn as much information as possible to be the best garlic producer I could be,” said Wayne.

He read countless internet pages and numerous books and even took a workshop in B.C. five years ago to

gain more knowledge on the spice.

“This quest for garlic wisdom allowed me to learn a lot of detailed information that helped us grow garlic to the best of our ability,” he said. “Over the years, we gained valuable knowledge and experiences, and we now have the tools and know how to be a successful quality garlic producer.”

One of the tricks the couple has learned in their 10 years of growing garlic is drip irrigation, which they say makes a huge difference in production as it ensures consistent moisture that is critical to growing healthy garlic. They also use composted organic fertilizer amendments, keeping their gardens pesticide and herbicide free.

The Barylksis process and eat their garlic. Each garlic bulb they produce is organic and all-natural. They hand plant each seed, hand weed each plant, and hand harvest and process them.

“We believe in sustainable agriculture, which includes crop rotation

and no harsh chemicals,” said Wayne. “We believe garlic should be given the utmost care and, as a result, a better product free from damage or bruising. This ensures quality seed stock and culinary.”

Where no garlic is planted for three years at Lockport Gardens, the Barylksis will plant green manure or a cover crop as organic fertilization to keep each piece of soil well-balanced even when not in use.

Each year, Lockport Gardens plants its garlic seeds (bulbils) to ensure they have a fresh, clean garlic stock. Wayne said that growing their plants from bulbils is rewarding and yields the cleanest planting stock available. The newly planted bulbils will take anywhere from three to five years to mature, depending on the variety.

The garlic is planted in October and harvested in July or August the following year. Because of the overwintering, Wayne and Colleen have to battle snowfall, extreme cold, spring melt, rain, pests and animal traffic each year. When their crops grow in

the winter, the couple peels garlic cloves in preparation for garlic powder.

Lockport Gardens’ hardneck garlic also produces garlic scapes, which are curly-tipped, extremely tasty green shoots. They remove these from the plants in early summer as it allows the garlic bulbs to grow larger and fuller. Wayne said the scapes can be eaten raw, grilled, fried or in pesto — either way, they harness the same health benefits as garlic cloves do.

“We chop them up and freeze for later cooking,” he said. “They can be used in any dish you would otherwise use cloves or powder in.”

Garlic is antifungal and antiviral. It’s an immune booster, it reduces blood pressure, lowers bad cholesterol, improves brain function, promotes longevity, improves physical performance, detoxifies heavy metals, keeps your bones strong, fights fungal infections, and it combats allergies. These various health benefits are some of the main reasons Wayne wanted to grow garlic.

Getting to where they are today has been a labour of love for the Barylksis. They’ve had excellent and not-so-good growing years, but each of the past 10 years has shown that growing garlic is a very labour-intensive job with big rewards.

To learn more about Lockport Gardens or to purchase garlic or garlic powder, call or text Wayne at 204-223-2372. Soon, they will also have a website where people can learn more about their garlic production. Keep checking www.lockportgardens.ca to see when the site goes live.

Graymont announces launch of community-focused Carbon Reduction Fund and invites applications for 2023 initiatives

We are proud to announce the launch of the Graymont Carbon Reduction Fund, an innovative, grass-roots initiative designed to support the development of carbon-reduction initiatives in the communities across the globe that we call home.

The fund’s role is to support projects focused on:

- Protecting the environment by the responsible use of resources
- Reducing our carbon footprint through increased energy efficiency
- Developing and maintaining natural, biological ‘carbon sinks’ such as agricultural land, forests or peat bogs that act as a natural offset for carbon

If you have a project idea that relates to any of these topics, the GCRF is looking for you!

For additional information, please contact Lara Price email: lprice@graymont.com mobile: 2047680094

Graymont’s mission is contributing to a decarbonized world by providing essential lime and limestone solutions.

GRAYMONT
carbon reduction fund
PARTNERING WITH OUR COMMUNITIES

> REGENERATIVE AGRICULTURE, FROM PG. 15

and the expansion project just finished.

Because of its advances and changes, Axten Farms will now be the first in Canada to have its regenerative certification.

“To us, regenerative means putting the soil first,” Axten said. “If we put soil first everything else looks after itself.”

A few other things Axten Farms does to help the earth is never driving outside of tire tracks on fields and using mechanical weed control on combines (another Australian invention).

Axten believes regenerative agriculture is the future of rural communities. He backs this up with the movie *One Hundred Thousand Beating Hearts*, which tells the story of an American farmer who started putting the earth’s resources first, and by doing that, his poor, underpopulated community began to rebuild and thrive.

“You can sit back and watch your town die, or you can do something about it,” said Axten. “We chose to do something about it.”

Axten and Tannis will be speaking at Manitoba Forage & Grassland’s Regen Ag Conference in Brandon this November. To learn more about that, go to www.mfga.net.

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Winnipeg Beach resident raises money for local charities

By Jo-Anne Procter

Denyse Stewner, a resident of Winnipeg Beach, is on a mission to spread happiness and support in her community.

With a heart full of generosity and a passion for making others smile, Stewner has dedicated herself to donating funds to charities, schools and organizations. Her tireless efforts have already resulted in an incredible \$4,500 contribution since last September.

Her dedication to making a positive impact knows no bounds, as she tirelessly seeks opportunities to spread joy and support — whether it's paying for someone's meal during dinner outings or collecting items from generous individuals in the community to sell on Facebook through a page she started, DCDM in Winnipeg Beach (Do Care Do More), with all proceeds going back into charitable causes. She truly embodies the spirit of giving.

The Winnipeg Beach Legion, the Winnipeg Beach Women's Auxiliary and the Winnipeg Beach Lions have all benefited from Stewner's selfless contributions. These organizations play crucial roles in supporting and serving the community, and her donations further their efforts.

The Winnipeg Beach School, William

S. Patterson School (Clandeboye) and Sigurbjorg Stefansson Early School (Gimli) each received \$500 for their respective food programs.

In addition to education and community support groups, Stewner has extended her helping hand to those battling breast cancer through a donation of \$500 to the Liliane Baron South Interlake Breast Cancer Support Group in Teulon.

Gimli Vet Services also benefits from her compassion, since she donates funds specifically earmarked for community strays.

Even during festive seasons like Christmas, when spreading cheer becomes even more essential, she donates \$250 toward Shenanigans on the Beach restaurant's annual hampers and provides funds for meals at Carlo's Cucina restaurant so that everyone can enjoy delicious food regardless of their circumstances.

"I really, truly enjoy what I do," she told the *Express*. "I am just trying to help people. I didn't realize that at the school right across the street from my house, there are children that go to school with no food."

Stewner's biggest support is her husband Larry, dear friend Millie Wojciechowski and a few special friends — the response from the com-



EXPRESS PHOTO SUBMITTED

William S. Patterson School principal Mrs. Saunders (left) graciously accepts a \$500 cheque from Denyse Stewner last week in Clandeboye.

munity has been overwhelming.

Her goal is to donate \$500 each month and she said people have not only donated items but also supported the cause by purchasing items online.

"I am trying to do the best I can and plan to continue raising funds as long as I can," she said.

Stewner has had to buy a new shed to store donations she has received. "My biggest wish is that a billionaire

would give me a shed to store stuff in."

The 61-year-old resident also held a community garage sale and helped raise \$3,500 for the Matlock Recreation Centre.

She prides herself on making people smile. She has a dragon and a T-Rex in her front yard and dog treats for every dog walking by.

To follow or to support Stewner, she can be found on Facebook at DCDM in Winnipeg Beach.

Youth take part in annual goose shoot



EXPRESS PHOTOS BY JODIE THORIGLSSON

Many new hunters participated in the Eriksdale Game and Fish Club's annual youth goose shoot on Sept. 9 and 10 in fields around Eriksdale. Thirty-two shooters with valid hunter safety accreditation between the ages of 12-17 had an opportunity to practice on the Saturday, Sept. 9 at the Lundar Trap Club before hitting the fields with their mentors before dawn on Sunday morning. The first-place team, left photo, left to right, Kade Laughlin, Cole Lindell, Carter Sweetland and Jayden Dyck won Winchester pump 12 gauge shotguns for the 184 points they accumulated for birds their team shot. The second-place team, middle photo, Liam Einarson, Thor Johnson, Riley Johnson and Easton Einarson won layout blinds for the 169 points for the birds they bagged, and the third-place team, Joey Desjarlais, Kohl Sigfusson, Holden Bieri and Axel Malcolm received game cameras for the 166 points they collected for their birds. Connor Thorgilsson was the last one in the elimination draw and took home a 6.5 Creedmoor rifle.

A business in bloom: Miss Millie's celebrates five years

By Becca Myskiw

It's been blooming for five years — but the best is yet to come.

Miss Millie's Flower Farm recently held an end-of-year event that also celebrated its five years in business. On Aug. 26, the flower farm had an open farm day with a mini market during the day and jazz night in the evening.

"We like to celebrate the end of the season yearly," said Victoria Friesen, co-owner of the flower farm. "However, this year we wanted our fifth anniversary to be a little more special than the past, so we thought why not open the farm up?"

The day started with an open farm for people to wander around, take pictures, explore and pick flowers. There were activities throughout the day, including flower hammered tea towels, DIY seed bombs, bracelet making and kitten cuddles.

Victoria said up to 200 people arrived to soak in the scents. A jazz night followed the day's activities with music by Helen White and drinks by Sobr Market. Jillian Leigh Jewelry also offered permanent jewelry on-site.

"It was wonderful to catch up with family and friends and celebrate this season," Victoria said.

Miss Millie's Flower Farm started in 2019 when Jodi Friesen, Victoria's mother-in-law, decided she wanted to do something flower-related on their farm. After seeing U-Pick flower farms everywhere except Manitoba, she recognized an opportunity to transform the original family vegetable garden into a cut flower garden.

During the winter of 2019, Victoria was pursuing an agriculture diploma at the University of Manitoba. She used Miss Millie's Flower Farm for her final presentation and soon after, she and Jodi built the business plan together and expanded the U-Pick garden for the first time as they began selling their beautiful, fresh flowers wholesale to florists.

"Our personalities complement the business perfectly," Victoria said. "We each bring different perspectives and ideas to the farm."

She said Jodi's horticulture experience, love for plants and landscaping background gave the business the head start it needed, allowing them to expand at an accelerated rate. And though Victoria had no experience in business, her job was to grow and market Miss Millie's Flower Farm and its flowers.

"(Jodi's) confidence in me has played a huge role in getting Miss Millie's to where it is now," said Victoria. "Lots of mistakes were made, but she always would say that's how we learn



Miss Millie's Flower Farm owners Gary, Kirby, Victoria and Jodi Friesen.



Kittens available for adoption were at the event for everyone to love.

and grow."

Miss Millie's Flower Farm sits on a third-generation grain farm and is entirely family-owned and operated. Kirby Friesen, Jodi's son and Victoria's husband, joined the business along with Gary Friesen, his father, and the manpower allowed them to continue to expand.

Friends and community members are behind the success of the flower farm too, showing up since day one and staying loyal to the U-Pick location. Watching people return from the flower field with a container overflowing in vibrant colours and textures is Victoria's favourite part of the business, she said.

"Growing flowers is extremely challenging," she said. "You can do everything right but you can't control Mother Nature. Usually by the end of June we are drained, stressed out and wondering why do we do this,



EXPRESS PHOTOS SUBMITTED

Miss Millie's anniversary celebration included a mini market featuring local small businesses Six North Apiaries, Polished by Brynae, Cream Cheese Cookies, Shared Stitches and Prairie Loops, The Locals Gift Boxes' Rising Sol Creations and WKA Farms.

but then in July, when we see the joy it brings everyone, it's so worth it."

She added that the magical feeling you get from a bundle of perfect blooms you grew from a tiny seed is unmatched.

With five years under their belt, the flower farm is planning to continue to grow. They're working on expanding the U-Pick garden again and Victoria said they'll continue to change the

garden layout annually so Miss Millie's Flower Farm always has something new and different to offer customers.

People can only visit the flower farm through appointment. It's currently booked up for the rest of the year, but keep your eyes on their social media pages so you don't miss any last-minute openings that may pop up.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Varsity Thunder fly past Falcons Football Club

By Brian Bowman

The Interlake Thunder Varsity football team must really like playing on the road.

It sure looked like that on Saturday. Interlake crushed the Falcons Football Club 46-28 in Winnipeg in Rural Manitoba Football League action.

The Thunder are now 2-0 on the season.

"It's hard to ask for anything better than 2-0, for sure," said Thunder head coach Christof Hasselfield. "We're really pumped about it. But to be honest, I don't think that 2-0 record accurately displays the improvement the guys made from Week 1 to Week 2. That was really good to see with this young team."

After a slow start, the Thunder really picked up their game, especially with running the ball.

AJ Nadon had 10 carries for 203 yards and two touchdowns.

Thunder quarterback Ben Cook had a solid game, completing 11 of 21 passes for 234 yards and three touchdowns without an interception. He also had two rushing TDs.

"Ben won rookie of the year last year in Grade 9," Hasselfield said. "He's been stepping up and has always been pretty good protecting the football. He has a good arm and he knows when to take his shots."

Interlake receiver Jessie Batenchuk had another great game with six receptions for 183 yards and three touchdowns.

"This was the second week in a row when the defence played us with no safety and we couldn't connect with



The Interlake Thunder's Connor Chliboyko attempts to tackle a Fort Garry Lions player.

it as much last week," Hasselfield said. "Jesse, all year, is going to be our matchup guy."

On defence, the Thunder tackle leaders were Jamie Dandeneau (six), Dylan MacLean (five) and Quinton Favel (five).

"For the two weeks, tackling has been great and that's coming through," Hasselfield said. "For the most part, we're wrapping up and playing good team defence."

For the second straight week, the Thunder defence was very good.

"Defensively, we were really solid. We switched up the scheme a bit and the guys answered the call," Hasselfield said. "It was a real team victory, for sure."

Tyler Yourchenko also played a very



EXPRESS PHOTOS BY LANA MEIER

The Interlake Thunder's Fyn Moore carries the ball in a 34-16 loss to the Fort Garry Lions in PeeWee action.

strong game on the defensive side of the ball.

"He's been our swiss army knife so far depending on which type of offence we're playing," Hasselfield said. "Last week, he was playing outside linebacker and defensive end and we had him playing back as a second safety this week. He was making plays all over the field again."

Interlake will continue on the road with a game against the Dauphin Clippers (0-2) on Friday. Kickoff is 5 p.m.

The matchup will be highlighted as the high school game of the week in Manitoba, supported by the Winnipeg Blue Bombers.

"It's a big honour and we're excited about that," Hasselfield said. "Go-

ing back to Dauphin, it's going to be intense. We knocked them out in the playoffs last year in the semifinals as an underdog to get us to the final. I don't doubt that there is any love lost there and it's going to be a big game - it's our final road game of the regular season.

"We have a chance to go 3-0 on the road which would be huge to come home for a three-game home stretch with no losses on the record. I think that would be just an absolute victory all around for the team, especially with them being so young and developing the way we are."

The Thunder's home opener is Sept. 29 when they host the Souris Sabres at Stonewall Collegiate. Game time is 4 p.m.

U18 AAA male Lightning compete in Souris exhibition

Staff

The Interlake Lightning U18 AAA male hockey team finished with a 0-2-1 record at a preseason event in Souris last weekend.

Interlake wrapped up the weekend with a 3-2 loss to the Brandon Wheat Kings on Sunday.

Lightning goals were scored by Kyler Zuzniak in the first period and Alex Vasko (power play) in the middle frame.

Brandon goals were scored by Ro-

han Michaluk, Jackson Keeble and Ethan Stewart.

Stewart's game-winning goal came at 14:58 of the third period.

Lightning goaltenders Alex Myers and Aiden Hofstead split the goaltending duties.

Earlier that day, Interlake was edged 3-2 by the Southwest Cougars.

Preston Crate and Blake Farthing scored for the Lightning. Avery Samels and Spencer Cullen and Kylan

Anderson replied for Southwest.

Myers and Nathan Meisner were in goal for Interlake.

Interlake started its preseason schedule with a 2-2 tie with the Yellowhead Chiefs on Saturday.

Ian Buors scored a first-period power-play goal for the Lightning and then Mason Bernier tallied at even strength in the second.

Yellowhead goals were scored by Alec Strachan and Jayden Oke.

Hofstead and Meisner split the goaltending duties for the Lightning.

Interlake will play the Eastman Selects at the Sun Gro Centre in Beausejour on Sunday to wrap up its preseason. Puck drop is 5 p.m.

The Lightning will then head north for a pair of games against the Norman Northstars to begin its regular season on Sept. 30 (7:30 p.m.) and Oct. 1 (1:30 p.m.).

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HAY/STRAW FOR SALE

Flax straw for sale, Stonewall. \$3.50/bale. Call Nick at 204-461-0706 or Bill at 204-461-1906, Monday - Saturday.

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Grass seed for sale, 200 lbs. tall fescue; 100 lbs. orchard grass; 600 lbs. smooth brome; 200 lbs. timothy. All in 50 lb. bags. Approx. \$6200 value, will take offers. Call 204-642-2249.

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

HOUSE FOR RENT

House for rent in Gimli - 3 bedroom, 1 bathroom. Close to downtown. A/C. Contact Richard 204-781-7016.

CONDO FOR SALE


For Sale - Condo Aspen Park, 18 Willow, Gimli. 3 bedroom, 1,176 sq ft. condo; 1 four piece bathroom with a jet tub. In addition there is a large fenced in deck plus a 3 season sunroom which includes a wall air conditioner. Some windows have been replaced. Open kitchen with newer counter tops & ceramic back splash, newer appliances throughout, 10 foot ceilings along with newer laminate floors. Long driveway for extra parking availability, no neighbours behind condo with beautiful trees at back including an apple tree. Detached single car garage. Newer gas furnace (2018) and central air conditioning in the condo. Recreation centre on site which has a games room, reading room, fitness room, common gathering area for hosting special activities, outdoor pool. Two minute drive to Gimli. Available for December 15, 2023. Phone 204-642-4453 or 204-642-3355.

HELP WANTED

Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes weekdays, evenings & weekends. Cattle experience an asset but not necessary. Willing to train. Ph Melissa at 204-299-7509.

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Town of Winnipeg Beach

PUBLIC NOTICE

Board of Revision

Public Notice is hereby given that the 2024 assessment rolls for the Town of Winnipeg Beach have been delivered to the Town Office at 29 Robinson Avenue, Winnipeg Beach, Manitoba and is open for public inspection during regular business hours. Applications for revision may be made in accordance with sections 42 and 43 of the Assessment Act.

Application for Revision:

42(1) a person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

Application Requirements:

43(1) An application for revision must:


- be made in writing;
- set out the roll number and legal description of the property or business which a revision is sought;
- state the grounds on which the application is based (referred to in subsection 42(1))
- be filed by:
 - delivering by hand or electronically to the Town of Winnipeg Beach office.
 - servicing it upon the Secretary of Board of Revision, at least 15 days before the scheduled sitting date as indicated in the public notice.

The Board of Revision will sit on **Thursday, October 12, 2023 at 6:00 p.m.** in the Council Chambers of the Town of Winnipeg Beach to hear applications.

The final date on which applications must be received by the Secretary of the Board is Tuesday, September 26, 2023 at 4:30 p.m.

Dated this 6 Day of September 2023

Sharon Desiatnyk - Secretary
Board of Revision
Town of Winnipeg Beach
Box 160, 29 Robinson Avenue
Winnipeg Beach, MB R0C 3G0
Phone: 389-2698
Fax: 389-2019
Email: cao@winnipegbeach.ca



Box 280, Fisher Branch, MB, R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

INVITATION TO TENDER

SNOW REMOVAL

For the Hamlets of Hodgson, Broad Valley and Poplarfield

Please state what equipment will be used. Interested applicants must have liability insurance and registered with Workers Compensation Board. Equipment must be available upon request. Tenders to be dropped off at the Municipal Office, 30 Tache, Fisher Branch, no later than October 3, 2023 at 4:00 p.m.

Hodgson
17.7km from the town of Fisher Branch.
Approximately 1.91 KM Road to be cleaned

Broad Valley
15.4 km from the town of Fisher Branch
Approximately .9 km of Road to be cleaned

Poplarfield
22.5 KM from the town of Fisher Branch
Approximately 1.9 km of Road to be cleaned

Kelly Marykuca, CMMA
Chief Administrative Officer
Rural Municipality of Fisher



TENDER

SNOW REMOVAL

Evergreen School Division is inviting contractors with heavy duty snow clearing equipment to submit bids for clearing snow at the locations mentioned below. Areas to be cleared include parking lots, sidewalks, main entrances, and other various locations.

The term is for 2 years ending the spring of 2025.

All equipment must be listed in the bid and if successful, proof of \$5 million liability insurance will be required.

Sealed tenders marked **SNOW REMOVAL** will be received by the undersigned up to **3:30 pm on Friday October 13, 2023** for clearing snow at the following locations:

- Arborg Collegiate
- Arborg Early Middle School
- Arborg Bus Garage
- Riverton Collegiate
- Riverton Early Middle School
- Winnipeg Beach School
- Tec Centre
- Bus Garage (Gimli Industrial Park)
- Gimli High School
- Dr. George Johnson School (Gimli)
- Sigurbjorg Stefansson Early Middle (Gimli)
- Education Support Centre (Gimli)

For additional information and to arrange for site visits, please contact:

Gibby Finnbogason Buildings Supervisor
Evergreen School Division Ph. 204-642-3661

The lowest or any tender will not necessarily be accepted.

Send tenders marked with location indicated on envelope to:
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PUBLIC NOTICE

The Local Urban District of Fisher Branch SNOW CLEARING SIDEWALKS

The Local Urban District of Fisher Branch is inviting proposals for snow clearing sidewalks within the village of Fisher Branch.

Snowblower is required.
Equipment must be available upon request.

Lowest bid may not necessarily be accepted.

Sealed envelope to be marked "Snow Clearing Sidewalks".

For further information, call the RM of Fisher Office at (204) 372-6393.

Deadline for proposals is **4:00 p.m. October 3, 2023.**

Tenders to be dropped off at:

Local Urban District of Fisher Branch
c/o RM of Fisher
30 Tache Street, Fisher Branch, Manitoba



NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES MUNICIPALITY OF BIFROST-RIVERTON

Pursuant to subsection 367(7) of *The Municipal Act*, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **18th day of October, 2023**, at the hour of **10:00 AM**, at 329 River Road, Arborg, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
131700	THE NLY 466.69 FEET PERP OF THE SLY 680.69 FEET PERP OF THE WLY 466.69 FEET PERP OF THE SW 1/4 OF SECTION 15-23-2 EPM SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN - 134015 ROAD 9 E	L -\$36,000 B -\$97,800	\$6,419.29
152000	LOT 1 PLAN 38499 WLTO SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN IN NE 1/4 15-23-3 EPM - 15104 PR 329	L -\$44,600 B -\$125,400	\$8,800.35
166100	ALL THOSE PORTIONS OF LEGAL SUBDIVISIONS 9 AND 16 OF SECTION 8-23-4 EPM WHICH LIE TO THE WEST OF THE WESTERN LIMIT OF PUBLIC ROAD PLAN 3185 WLTO SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN - 133128 ROAD 20 E	L -\$51,000 B -\$133,800	\$7,214.08
410800	S 1/2 OF LOT 3 PLAN 2799 WLTO EXC. GREENWOOD AVE. PLAN 15218 WLTO IN LOT 5 WEST, OF 20-23-4 EPM. - 87 REGGIE LEACH DR	L -\$7,000 B -\$103,700	\$7,153.34
410900	S 1/2 OF LOT 4 PLAN 2799 WLTO EXC PUBLIC ROAD PLAN 15218 WLTO IN LOT 5 WEST IN 20-23-4 EPM - 95 REGGIE LEACH DR	L -\$7,000 B -\$19,700	\$5,601.38
425800	LOT 15 BLOCK 5 PLAN 17080 WLTO SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN IN RL 6 WEST OF THE ICELANDIC RIVER OF SECS 20 AND 21-23-4EPM AND OF GOVERNMENT ROAD ALLOWANCE BETWEEN SAID SECTIONS - 23 KING ST	L -\$6,100 B -\$48,300	\$3,826.32

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the Municipality of Bifrost-Riverton as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$498.75 (\$475 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 21st day of September, 2023.

Managed by:



Tanis Johnson
Assistant Chief Administrative Officer
Municipality of Bifrost-Riverton
Phone: (204) 376-2391
Fax: (204) 376-2742

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RURAL MUNICIPALITY OF GIMLI

EMPLOYMENT OPPORTUNITY

DIESEL-HEAVY EQUIPMENT JOURNEYMAN MECHANIC

The Rural Municipality of Gimli is accepting applications for two full-time positions for Heavy Equipment Journeyman Mechanic. This position is under the direct supervision of the Public Works Foreman and is responsible for performing various tasks necessary for the repair, maintenance, and operation of all the municipal equipment. The successful candidate will be required to:

Duties included, but not limited to:

- Make recommendations regarding the extent of repairs and suggest methods of improvement.
- Repair the equipment in a timely and financially responsible manner.
- Think logically and keep up with changes in technology.
- Interpret work orders and technical manuals.
- Have a strong awareness and attitude towards workplace health and safety.
- Be motivated and able to work in a challenging environment with minimal supervision.
- Providing and maintaining a set of tools required to perform required functions.
- Performing other tasks related to his/her classification.
- Keep maintenance reports, inventory and documentation up to date.
- Keep a tidy workplace free of any hazards.

Applicants are required to have a Journeyman Heavy Equipment Mechanic Certification, interprovincial Red Seal is preferred, min 5 years' experience and have a complete set of mechanical tools for use during employment. Experience operating heavy equipment and trucks is also required. Welding experience will also be an asset.

The incumbent will be required to hold a valid class one with air endorsement Manitoba driver's license. The incumbent will be required to work 40 hours per week and to be available for any call out emergencies that may arise from time to time. Salary range \$39.83 per hour and will be administered in accordance with the current Collective Agreement.

Resumes complete with a minimum of three references and a copy of related education transcripts will be received at the Municipal Office, 62 2nd Ave, until 4:00 pm on September 29th, 2023, or until the positions are filled.

Ron Hahlweg, C.E.T.
Director of Operations
Rural Municipality of Gimli
PO Box 1246
Gimli, MB R0C 1B0
Email: operations@rmgimli.com

We thank all candidates for their interest, however, only those individuals considered for an interview will be contacted.

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier
Email: news@stonewallteulontribune.ca



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ARBORG BIFROST RECREATION EMPLOYMENT OPPORTUNITY

Facility Maintenance

Arborg Bifrost Recreation operates and maintains recreation facilities within the Town of Arborg and is looking for an individual to join our team. Knowledge of recreation facilities would be an asset but training will be provided.

Position will include:

- *Full & Part Time Positions
- *Some Evenings & Weekends will be required
- *Maintenance of Recreation Facilities
- *Installation of Arena & Curling Ice (training and assistance will be provided)
- *Setting up & Cleaning of Facilities
- *Ideal candidate will have knowledge of recreation and ice plant operations, but training will be provided.

Skills:

- *Good Communication skills - this position deals with the public
- *Ability to work alone and well with others
- *Make decisions with minimal supervision
- *Be able to fix and trouble shoot problems: plumbing, carpentry, etc

Training and education will be provided for all facility operations and maintenance. Interested applicants should apply to: Arborg Bifrost Recreation

RE: FACILITY MAINTENANCE OPERATOR

By Mail: PO BOX 555 Arborg, MB R0C 0A0

By Email: tom.abprc@mymts.net

For More Information, Please Contact the Recreation Office at 204-376-5576.



Box 280, Fisher Branch, MB, R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

PUBLIC NOTICE

The Local Urban District of Fisher Branch SNOW CLEARING STREETS

The Local Urban District of Fisher Branch is inviting proposals for street snow clearing and removal within the town of Fisher Branch.

- Equipment required is grader, loader, and truck.
- Interested applicants must have own liability insurance coverage and must be registered with the Workers' Compensation Board of Manitoba.
- Equipment must be available upon request.

Snow clearing must be done in a timely fashion after snow accumulation. Priority routes to be completed first.

Sealed envelope to be marked "Snow Clearing Streets".

For further information, call the RM of Fisher Office at (204) 372-6393.

Deadline for proposals is 4:00 p.m. October 3, 2023.

Tenders to be dropped off at:

Local Urban District of Fisher Branch
c/o RM of Fisher
30 Tache Street, Fisher Branch, MB



Rural Municipality of
GRAHAMDALE
www.Grahamdale.ca

PUBLIC NOTICE

Board Of Revision For 2024

Public notice is hereby given that the 2024 Assessment Roll for the Rural Municipality of Grahamdale has been delivered to the Municipal Office and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Sections 42 & 43 of the Municipal Assessment Act:

APPLICATION FOR REVISION:

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- liability to taxation;
- amount of an assessed value;
- classification of property;
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS:

43(1) An application for revision must

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by
 - delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2), or
 - serving it upon the Secretary,

at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board of Revision will sit on **Thursday, November 9th, 2023 at 10:00 a.m.** at the Rural Municipality of Grahamdale Municipal Office to hear applications.

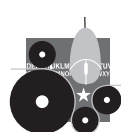
The final date on which applications must be received by the Secretary of the Board is Tuesday, October 24, 2023 at 4:30 p.m. The Applications must be sent to the address printed below:

Dated at Moosehorn, Manitoba, this 5th day of September, 2023.

Shelly Schwitek, Secretary
Board of Revision
Rural Municipality of Grahamdale
Box 160, 23 Government Road
Moosehorn, MB R0C 2E0
Phone: (204) 768-2858
Fax: (204) 768-3374
Email: rm606@grahamdale.ca

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> MEAL IDEAS



Grilled Chicken Salad with Goat Cheese, Fresh Blueberries and Pecans

Recipe courtesy of Safeway and Albertsons

- Total time: 20 minutes
 - 3/4 pound boneless, skinless O Organics chicken breasts
 - 1/4 teaspoon salt
 - 1/8 teaspoon black pepper
 - 2 teaspoons O Organics extra-virgin olive oil
 - 1 package (5 ounces) O Organics spring mix
 - 1 package (6 ounces) O Organics blueberries (or desired berry)
 - 1/4 cup O Organics pecan halves
 - 3 tablespoons O Organics olive oil
 - 1 tablespoon O Organics balsamic vinegar
 - 1/2 log (4 ounces) O Organics goat cheese
- Pat chicken dry with paper towels and place on cutting board. Cut chicken in half horizontally to form thin cutlets. Season with salt and pep-

per on both sides.

Preheat grill pan, outdoor grill or skillet to medium-high heat.

Once pan is hot, coat with oil. Add chicken to pan and grill, turning once, until cooked through, 3-4 minutes per side.

Wash and dry mixed greens. Place in medium bowl.

Wash and dry blueberries. Add to bowl with mixed greens. Using clean cutting board, roughly chop pecans. Add to bowl.

Transfer cooked chicken to cutting board and cut into thin strips.

In bowl, mix olive oil and balsamic vinegar to create dressing.

Add chicken and dressing to salad bowl; toss to combine.

To serve, divide salad between plates or bowls and crumble goat cheese over top.



Strawberry Oatmeal Smoothie

- 14 frozen strawberries
- 1 cup soy milk
- 1 1/2 teaspoon sugar
- 1/2 teaspoon vanilla extract

Use blender to grind up oats. Add soy milk, strawberries, banana, vanilla extract and sugar then blend until smooth. Pour and serve.

- 1/2 cup rolled oats
- 1 banana



Peanut Butter Ice Cream Sandwiches

chopped peanuts, for topping (optional)

mini chocolate chips, for topping (optional)

toasted coconut, for topping (optional)

On 12 cookies, top sides down, spread layer of peanut butter. Add one scoop of ice cream to each. Create sandwiches by topping with remaining cookies.

Roll edges of ice cream in chopped peanuts, mini chocolate chips or toasted coconut, if desired. Place on baking sheet in freezer and freeze until firm.

Serve slightly frozen.

- Recipe courtesy of Peanut Butter Lovers and the Georgia Peanut Commission
- Yield: 12
- 24 fresh baked chocolate chip cookies (about 3 inches in diameter), cooled
- 1 1/2 cups creamy or crunchy peanut butter
- 1 1/2 quarts vanilla ice cream, slightly softened

Blending families



them to become an issue between the two of you. Try not to make inappropriate generalizations about your relationship based on what is happening in the negotiating process. If she's bending over backwards to work out an agreement with him, don't jump to the conclusion that her ex is more important than you are.

Discuss with your partner your role in relation to his/her children. Find out if he wants the two of you equally involved in the care and discipline of his children, or if he prefers you to act in a supportive role. For the sake of your partner and the children, it is best to move into a parenting role gradually, building the trust of all as you go. Try not to attribute selfish motives to other parties, for you will only upset yourself more. Assume that others are acting in accordance with what they need and may be so caught up in their own emotions that they aren't even thinking of yours.

This is different than if they were consciously trying to make things difficult for you. Ideally, in time, all parties will be able to look at blended family issues in terms of what is fair and equitable, and also what is in the best interests of the child. If there are ongoing troublesome issues that keep coming up, it may be wise to seek counseling.

Often there are simple solutions that just have not occurred to those directly involved. Remember too, how quickly the children will be grown and gone, and try to keep things in perspective.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration.

In past columns I dealt with strategies for making life easier for children in blended families. This time we will look at some of the issues faced by adults.

If both parents re-marry, there are now four parents instead of the traditional two. Each of the four likely has a different idea as to how life should be managed. This can create conflict not only between the two sets of parents, but also within each pair.

It is important, firstly, to acknowledge that this is an incredibly complex situation, and secondly, that there will need to be a lot of compromise. If you are a stepparent, the most loving thing that you can do is to find out what your partner really needs in relation to his/her children, and support that. If she gives in too often to her ex-husband, just to keep the peace for the sake of the children, that's her decision. Only if this directly creates difficulty for you should you pressure her about her choice. If decisions need to be made about the children, it is best to leave those to the natural parents to work out, again intervening only if something directly affects you in a negative way.

It can be hard enough for two parents to come to agreement, much less three or four. Be sensitive to the difficulties that arise when your partner feels caught between you and an ex. Avoid allowing an issue between

BLT Lobster Roll

Recipe courtesy of the Werner family of Island Lobster Co. on behalf of the Maine Lobster Marketing Collaborative

Yield: 1 roll

3 slices bacon

1/4 pound fresh lobster meat (or meat from 1-pound lobster)

1 tablespoon butter

1 brioche bun, halved

1 tablespoon mayonnaise

3 tomato slices

1 large leaf romaine lettuce or butter lettuce

Preheat oven to 400 F. Line baking sheet with parchment paper and arrange bacon slices on top. Cook 10-15

minutes, or until desired crispiness.

Prepare large pot with 2 inches of salted water and bring to rolling boil. Add lobster and steam 12 minutes. Halfway through, lift lid carefully and shift lobster to cook evenly.

Break down lobster and remove meat from shell, yielding about 4 ounces of cooked meat. Chop meat into bite-size pieces.

In large skillet or griddle over medium heat, warm butter to coat pan.

Place both pieces of bun cut sides down on pan and cook about 30 seconds until golden. Remove buns from pan and set aside.

In bowl, toss chopped lobster meat with mayonnaise and set aside.

Assemble cooked bacon, tomato, lettuce and lobster mix on toasted bun.

Classifieds Announcements



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OBITUARY



Alma Adele Belousow

Peacefully on Sunday, September 17, 2023 at the Hunter Memorial Hospital, Teulon, MB, Alma Belousow, aged 97 years of Gimli, MB passed away.

Celebration of life will be held on Saturday, September 23, 2023 at 2:00 p.m. in the Gimli Lutheran Church.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home,
Gimli in care of arrangements.



OBITUARY

Phyllis Geraldine Nelson

December 5, 1946 - September 15, 2023

Peacefully on September 15, 2023, Geraldine Nelson, aged 76 years of Lundar, MB passed away.

A private family luncheon will be held with a graveside service to follow in the Lundar Municipal Cemetery.

Arrangements by:
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PUBLIC NOTICE PROPOSED XPLORE 45M TELECOMMUNICATIONS FACILITY SELF SUPPORT INSTALLATION

PUBLIC NOTICE:
Proposed Telecommunication facility:

- 45m Self Support tower with 1m Lightning Rod
- Located within SW 15-21-6 WPM and to be accessed from an existing approach off of Road 418 and access to site.
- The facility will be fenced and will include a locked shelter located at the base of the tower as well as installation of Anti-Climb installed on the tower.
- The site will provide faster and reliable high speed internet and phone services in the general area of Eriksdale, Manitoba.

With respect to this matter, the public is invited to provide written comments by **October 14, 2023** to the contact information shown below. Please include a return address or contact information.



AVIS PUBLIC TOUR DE TÉLÉCOMMUNICATIONS DE 45M PROPOSÉE PAR XPLORE INSTALLATION AUTONOME

AVIS PUBLIC:
Installation de télécommunication proposée:

- Tour autoportante de 45 m avec une tige de paratonnerre de 1 mètre.
- Situé à l'intérieur du SW 15-21-6 WPM et accessible depuis une approche existante sur l'autoroute 418 et d'un accès au site.
- L'établissement sera clôturé et comprendra un abri verrouillé situé à la base de la tour ainsi qu'un système anti-escalade sur la tour.
- Le site fournira des services Internet haute vitesse et téléphoniques plus rapides et fiables dans la zone générale de Eriksdale, au Manitoba.

En ce qui concerne cette question, le public est invité à fournir des commentaires par écrit d'ici le **14 octobre 2023** à l'adresse indiquée ci-dessous. Veuillez inclure une adresse de retour ou vos coordonnées pour vous joindre.

Des informations supplémentaires peuvent également être obtenues en communiquant avec :

Xplore Inc. ("Xplore")
c/o **Vertex Professional Services Ltd.**
418B McDonald Street
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Phone/Téléphone: 306-584-3044
Fax/Télécopieur: 403-244-1202
Email/Courriel: telcocommentsab@vertex.ca

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Phone/Téléphone: 204-984-4257
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Rural Municipality of West Interlake
PO Box 370, 38 Main Street
Ashern, MB, R0C 0E0
Phone/Téléphone: 204-768-2641
Fax/ Télécopieur: 204-768-2301
Email/Courriel: info@rmwestinterlake.com

PUBLIC NOTICE PROPOSED XPLORE 45M TELECOMMUNICATIONS FACILITY SELF SUPPORT INSTALLATION

PUBLIC NOTICE:
Proposed Telecommunication facility:

- 45m Self Support tower with 1m Lightning Rod
- Located within Portion of Lot Z Plan 753 WLTO located in River Lots East 28-1 WPM and to be accessed from existing approach off of Highway 224 onto an new approach and access to site.
- The facility will be fenced and will include a locked shelter located at the base of the tower as well as installation of Anti-Climb installed on the tower.
- The site will provide faster and reliable high speed internet and phone services in the general area of Dallas, Manitoba.

With respect to this matter, the public is invited to provide written comments by **October 21, 2023** to the contact information shown below. Please include a return address or contact information.



AVIS PUBLIC TOUR DE TÉLÉCOMMUNICATIONS DE 45M PROPOSÉE PAR XPLORE INSTALLATION AUTONOME

AVIS PUBLIC:
Installation de télécommunication proposée:

- Tour autoportante de 45 m avec une tige de paratonnerre de 1 mètre.
- Situé à l'intérieur de la partie du lot Z, Plan 753 WLTO située dans les lots riverains Est 28-1 WPM et accessible depuis une approche existante sur l'autoroute 242 puis par une nouvelle approche et un accès au site.
- L'établissement sera clôturé et comprendra un abri verrouillé situé à la base de la tour ainsi qu'un système anti-escalade sur la tour.
- Le site fournira des services Internet haute vitesse et téléphoniques plus rapides et fiables dans la zone générale de Dallas, au Manitoba.

En ce qui concerne cette question, le public est invité à fournir des commentaires par écrit d'ici le **21 Octobre 2023** à l'adresse indiquée ci-dessous. Veuillez inclure une adresse de retour ou vos coordonnées pour vous joindre.

Des informations supplémentaires peuvent également être obtenues en communiquant avec :

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400 St. Mary Avenue, 4th floor
Winnipeg, Manitoba R3C 4K5
Phone/Téléphone: 204-984-4257
Toll Free/Sans frais: 1-800-665-3421
Fax/ Télécopieur: 204-984-6045
Email/Courriel: ic.spectrumwinnipeg-winnipegsspectre.ic@canada.ca

Rural Municipality of Dallas/Red Rose
Indigenous Reconciliation and Northern Relations
Northern Affairs Branch
400 - 352 Donald Street
Winnipeg, Manitoba R3B 2H8
Phone/Téléphone: 204-945-1313
Email/Courriel: stewart.sabiston@gov.mb.ca & dillon.shinqler@gov.mb.ca

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Would you like to join our team?
Evergreen School Division is looking for bus drivers!
We require caring, safe drivers to be bus drivers for our students.

Pre-register by Wednesday September 20th.
Location is 234 Tudor Lane in the Gimli Industrial Park.
Contact the Transportation Office at 204-642-6263 to register.
Bring a lunch.

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Saturday September 23rd 9am – 5pm
Sunday September 24th 9am – 5pm
Monday September 25th 5pm – 9pm
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Scott McDougall, Ashern.....\$369.00	Bruce Reimer, Arborg.....\$1,308.00	Linda Foster, Matlock.....\$408.00
John Harper, Hodgson.....\$799.00	Ray Reimer, Arborg.....\$399.00	Dan & Nyla Klatt, Grahamdale.....\$649.00
Robert & Delores Jacobson, Arborg.....\$279.00	Donna Volour, Arborg.....\$69.00	Rosemarie Kawalenko, Arnes.....\$1,329.00
Brad Baziniak, Riverton.....\$698.00	Richard & Judith Wormer, Arnes.....\$419.00	Lenora Mahasa, Winnipeg.....\$369.00
Allan Porter, Peguis.....\$1,698.00	Don Barkman, Arborg.....\$279.00	Melissa Markussen, Gimli.....\$399.00
Pete & Verna Bodnar, Arborg.....\$1,028.00	Noreen Barkman, Arborg.....\$679.00	Stacy Markussen, Gimli.....\$2,637.00
Zenith Poole, Arborg.....\$1,849.00	Mark Bayliss, Arborg.....\$19.95	Darrin Mitchell, Riverton.....\$1,703.95
Kevin & Lisa Klym, Arborg.....\$179.00	Melvin & Carol Bilinski, Fisher Branch.....\$999.00	Vera Osborne, Arborg.....\$279.00
Joan Hudson, Hodgson.....\$979.00	Jim & Wanda Brandson, Lundar.....\$916.00	Ashley Prince, Peguis.....\$20.00
Leonard & Joyce Jackson, Gimli.....\$2,427.00	Paul & Linda Buss, East Selkirk.....\$338.00	Glen Tamoto, Sandy Hook.....\$1,179.00
Amanda Rundie, Riverton.....\$258.00	Richard & Doris Dueck, Arborg.....\$59.90	Rick Weins, Arborg.....\$649.00
Kay Bergman, Arborg.....\$2,229.00	Henry T. Friesen, Arborg.....\$1,727.95	Cornelius Weins, Arborg.....\$59.00
William & Ethel Brown, Gimli.....\$5,000.00	Jocelyn & Tony Hayka, Arnes.....\$749.00	Roger and Christine Abuda, Arborg.....\$849.00
Leona Cochran, Koostatak.....\$499.00	Carl Johnson, Riverton.....\$499.00	Will & Shelly Ashley, Arborg.....\$193.98
Ivan & Christine Fridfinnson, Arborg.....\$737.10	Darryl & Jeanette Lazarok, Poplarfield.....\$599.00	Darryl and Doris Bear, Peguis.....\$2,647.00
Jocelyn & Tony Hayka, Arnes.....\$949.00	Jason Loewen, Arborg.....\$59.90	Dwight Dilts, Stonewall.....\$1,828.00
John Hudyma, Fraserwood.....\$599.00	Janet Porth, Gimli.....\$1,759.00	Lil Firman, Gimli.....\$2,068.00
Alex Klimchuk, FisherBranch.....\$575.00	Candace Sigurdson, Riverton.....\$499.00	Ruth Kennedy, Arborg.....\$54.99
Kevin & Lisa Klym, Arborg.....\$1,484.00	Tracy Sigvaldason, Arborg.....\$299.00	Chris and Jennifer Kristjansson, Gimli.....\$919.00
Claudia Krawchuk, Fraserwood.....\$499.00	Della Sinclair, Koostatak.....\$1,599.00	Bjani and Elaine Martinson, Riverton.....\$399.00
David & Judy McDougall, Ashern.....\$399.00	Isabel J.Toy, Lundar.....\$469.00	Bruce and Candace McKinnon, Eriksdale.....\$1,669.00
Tammie McQuoid, Arborg.....\$1,049.00	Cynthia Webster, Gimli.....\$449.00	Stephen and Liz Murdock, Koostatak.....\$70.00
John Miller, Broad Valley.....\$69.95	George & Maria Wiebe.....\$51.00	Lorne and Susan Smith, Gimli.....\$929.00
Ronald Plett, Arborg.....\$499.00	Debbie & Adrian Zelenitsky, Gimli.....\$858.00	Faye Stevenson, Peguis.....\$1,173.95
Frank Reimer, Arborg.....\$658.00	Doreen Steg, Camp Morton.....\$1,474.50	Walter and Charlene Stevenson, Peguis \$154.98
Dave & Eileen Shott, Arborg.....\$98.00	Darlene Jonsson, Gimli.....\$529.00	Renate Van Der Molen, Eriksdale.....\$1,632.10
Fern & Phillip Sinclair, Peguis.....\$279.00	Luwana Brandt, Riverton.....\$1,799.00	Al and Gloria Wiebe, Poplarfield.....\$152.94
Phillip Thorkelson, Arborg.....\$599.00	Linda Williams, Peguis.....\$339.00	Irene Zazulinski, Fraserwood.....\$279.00
Stanley Wallach, Poplarfield.....\$399.00	Ida Jean Buck, Hodgson.....\$26.75	Kurtis and Iris Stansell, Arborg.....\$239.00
Simonetta DeSante, Riverton.....\$529.00	Glen & Phyllis Stevenson, Peguis.....\$877.00	Stephen & Liz Murdock, Koostatak.....\$841.00
Danielle & John Weedon, Riverton.....\$1,799.00	Don & Betty Johnson, Arborg.....\$1,299.00	Ian and Carla Christiansen, Gimli.....\$2,257.99
Bev Webb, Fisher Branch.....\$129.00	Patricia McCallum, Gimli.....\$569.00	Duane Loewen, Arborg.....\$199.59
Alan McKay, Arborg.....\$349.00	Joyce Bielak, Riverton.....\$29.95	Matthew Smith, Eriksdale.....\$2,297.00
Zenith Poole, Arborg.....\$848.00	Marvin Olson, Arborg.....\$29.95	Sharon McLeod, Gimli.....\$1385.97
Barb & Menno Friesen, Riverton.....\$559.00	Jerrilne Smith, Peguis.....\$1,227.00	George and Mary Lywak, Koostatak.....\$629.00
Pat Dudrak, Arborg.....\$499.00	Sandra Jonasson, Arborg.....\$549.00	Lorna Friesen, Arborg.....\$599.00
Mary Dunlop, Gimli.....\$109.00	Melissa & Jeff Abuda, Arborg.....\$5,339	Teddy Ferkel, Sandy Hook.....\$699.00
Jean Harrison, Arborg.....\$1,998.00	John Paul Avison, Arborg.....\$679	Darrell and Donna Thaddeus, Koostatak \$139.00
Roxanne Roche, Arborg.....\$1,868.00	Carol & Dan Beauchemin, Inwood.....\$1,329	Joyce and Glenn Peden, Gimli.....\$1,019.00
Ernie & Lucille Stabner, Eriksdale.....\$1,349.00	Jim Dingwall, CampMorton.....\$1,038	Lilja Macaulay, Gimli.....\$829.00
Nancy Woychystyn, Arborg.....\$499.00	Jaron Hudson, Riverton.....\$1,278	Dennis & Marlene Riehl - Arnes.....\$899
Donna & Ray Andert, Gimli.....\$899.00	Darlene Jonsson, Arborg.....\$359	Ruth & Steve Macduff - Gimli.....\$868
Will Ashley, Arborg.....\$479.00	Ruth Kennedy, Arborg.....\$549	Christine Loff - Riverton.....\$399
Jake Barkman, Riverton.....\$619.00	Benita Muzyka, Arborg.....\$388	Thomas Pardoski - Stonewall.....\$399
Mike & Thelma Blahay, Arborg.....\$557.00	Archie Thompson, Arborg.....\$549	Cindy & Derek Grimoltson - Riverton.....\$749
Elaine Bolter / Geoff Crew, Sandy Hook.....\$999.00	Amanda Unger, Riverton.....\$799	Louise Barylski - Arborg.....\$1,128
Karen Dzaid, Arborg.....\$499.00	Evelyn Wallach, Poplarfield.....\$899	Arnold & Shirley Jonasson - Arborg.....\$969
Natalia & Roger Eyoifson, Riverton.....\$1638.00	Judy Wells, GrandePointe.....\$119	Eric & Stella Funk - Gimli.....\$889
Randy & Glenda Forster, Hodgson.....\$1898.00	Lynn Bear, Peguis.....\$239.00	Donna Dolphin - Arnes.....\$515.65
Perry & Genni Hibbert, Arborg.....\$479.00	Hazel Brunen, Eriksdale.....\$729.00	Maureen Blandford - Arborg.....\$79
Kris & Begga Johannesson, Riverton.....\$939.00	David Chudy, FisherBranch.....\$1,499.00	Christina Asham - Peguis.....\$2,007
Rick & Sheila Johnston, Arborg.....\$349.00	Susie and Brian Eyoifson, Riverton.....\$528.00	Julia Penny - Winnipeg.....\$549
Donna Jonasson, Arnes.....\$399.00	Nelson Hudson, Koostatak.....\$629.00	Rita Kirkness - Koostatak.....\$2,897
Jeanette Kist, Gimli.....\$121.87	Larry and Valerie Kornelsen, Arborg.....\$799.00	Kassidy Brooks - Peguis.....\$668
Kevin & Lisa Klym, Arborg.....\$774.00	John Loewen, Arborg.....\$859.00	Crystal & Aaron Magnusson- Riverton.....\$999
John & Tina Kornelson, Arborg.....\$689.00	Rita Milne, Gimli.....\$1,327.43	Barry McKay - Fisher River.....\$499
Kent & Helena Kostshyn, Lundar.....\$639.80	Minerva Ladies Aid, Gimli.....\$659.00	Doris & Tom Trotter - Arnes.....\$4898
Thomas Kowalchuk, Fraserwood.....\$499.00	Sheila Murdock, Koostatak.....\$1,018.00	Leonard & Donna Gulay - Arborg.....\$669
Edward Penner, Arborg.....\$619.00	John Otto, Ashern.....\$1,829.00	John & Carol Pelkau - Arborg.....\$49.99
Keith Poleschuk, Arborg.....\$2082.00	Gwen Adams, Matlock.....\$1499.00	Jan Lardner - Sandy Hook.....\$2478
Curtis Spence, Hodgson.....\$479.00	Buddy Chudy, Fisher Branch.....\$1298.00	Adrian & Allan Koblun - Arborg.....\$53
Tanya & Lyle Thorgilsson, Lundar.....\$329.00	Dave Crate, Koostatak.....\$529.00	Linda Annason - Gimli.....\$69.99
Nancy Woychystyn, Arborg.....\$768.00	Frank Dziedzic, Stonewall.....\$859.00	Olga Persoage - Teulon.....\$54.99
Mathew & Gemma Avison, Arborg.....\$219.00	Heather Fedorchuk, Gimli.....\$1119.00	Donna Kirby - Eriksdale.....\$728
Raymond Bazinet, Eriksdale.....\$389.00	Ilean Haldane, Winnipeg Beach.....\$1979.00	Daphne Grier - Riverton.....\$949
Lynn Bear, Peguis.....\$1,044.00	Catalina Janzen, Arborg.....\$709.00	William Whiteway - Arnes.....\$1899
Ken & Linda Cherepak, Arborg.....\$49.01	Joan Krulicki, Arborg.....\$1126.99	Fred Finnson - Hnaua.....\$319
Debbie Deveau, Eriksdale.....\$249.00	John Logan, Teulon.....\$439.00	Dawn & David Sul - Arborg.....\$2118
Dorothy Dubchak, Gimli.....\$899.00	Todd and Lisa Mazur, Fisher Branch.....\$72.40	Oliver & Florence Flett - Peguis.....\$759
Sid & Beatrice Dueck, Arborg.....\$569.00	Jason and Sarah Naylor, Arborg.....\$1328.99	John & Dorianne Jones - Arborg.....\$1189
Don Firman, Arborg.....\$529.00	Peter and Lisa Sawatzky, Arborg.....\$249.00	Leonard Kiesman - Ashern.....\$3096
Heather Hamberg, Teulon.....\$749.00	Donna Skinner, Arborg.....\$50.94	Gwen McDougall - Ashern.....\$1399
Mathew Hamberg, Winnipeg.....\$399.00	Allan Spence, Hodgson.....\$1199.00	Allen Spence - Hodgson.....\$719
Star Johnson, Arborg.....\$549.00	John and Mary Troyan, Arborg.....\$868.99	Delores Steg - Gimli.....\$267
Allan & Janie Johnson, Riverton.....\$1,039.00	Boyd Abas, Hodgson.....\$338.99	Steve Taylor - Riverton.....\$1148
Brenda Kayer, Teulon.....\$399.00	Sharon J. Bear, Peguis.....\$399.99	Victor Unruh - Arborg.....\$2898
Wayne & Kathy Kristinsson, Arborg.....\$499.00	Sophie Bristow, Gimli.....\$49.00	
Jeff Melsted, Gimli.....\$120.00	Susan & Greg Brown, Lundar.....\$1,713.00	

A NOTE TO OUR CUSTOMERS
Due to the nature of this sale, we felt a brief explanation is essential.
At closing, 5 p.m. Sat. Sept. 30th we will tally the 20 days of paid sales and divide by 20 to get the average daily sale. The day which is closest to this daily average, without going over it, will be the day which ALL qualifying purchasers will receive their purchase amount back, taxes excluded.
In the case of credit card (Smitty's, Visa, Mastercard) purchases, we will issue a credit immediately.
Every item in stock will be included in the sale. No exceptions - clearance, damaged, discontinued, even new arrivals: furniture and appliances.
We would like to thank you for your support, especially in these challenging times. This is our opportunity to give back by awarding one whole day for free.
Larry Kornelsen
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SALE RULES
• All sales must be paid in full to qualify for this sale.
• Visa, Mastercard or Smitty's Credit Cards accepted.
• Sale Starts 9 a.m. Tues., Sept. 5th and ends Sat., Sept. 30th, 5p.m.
• All purchasers on free day will be notified and receive their full refund by Friday, Oct. 7, 6p.m.
• All sales tallies and free day will be verified.
• Commercial sales excluded in tallies and free day.
• All taxes excluded in tallies and refunds.
• No returns or cancellations.

GRAND TOTAL TO DATE \$311,945.80



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