

VOLUME 3 EDITION 37 THURSDAY, SEPTEMBER 15, 2016

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EXPRESS PHOTO BY PATRICIA BARRETT Mrs. Braga's Kindergarten students at Winnipeg Beach School couldn't wait to get back into the classroom last week. They tore up the sidewalk like a runaway stagecoach in their bid to get to class.
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## Here they come! Winnipeg Beach goes back to school

## By Patricia Barrett

Mrs. Braga's kindergarten students at Winnipeg Beach School couldn't wait to get back into the classroom last week. They tore up the sidewalk like a runaway stagecoach in their bid to get to class.
Their new playground equipment was no match for the excitement of seeing their friends again (they were in junior kindergarten last year) and the chance to take part in exploratory and creative work.
"I'm making a picture of a thunderbird," said one boy as he and his classmates made their way into the school. "It's awesome," said another boy, referring to the start of the school year. Principal Shawna Rudd was just as keen as the students to return to school.
"I'm excited to see the kids," she said as she made the rounds of different classrooms to check in with students and teachers."Alarm clocks and meetings are not the best thing - the kids are the best thing."
 excited to get to class last week.


Students in Mrs. Braga's kindergarten class were excited to get back to school.

## 2014 audit for former RM of Bifrost and former Village of Riverton arrives

By Patricia Barrett
The 2014 audit for the former RM of Bifrost and former Village of Riverton (prior to the Jan. 1, 2015, amalgamation) was received by the RM of $\mathrm{Bi}-$ frost-Riverton Sept. 7 near the close of council's regular meeting.
CAO Cindy Stansell said she had been regularly inquiring about the completion of the audit, which was carried out by Winnipeg-based Exchange Group Chartered Accoun-
tants.
"I was really pushing them to get it to me today," said Stansell.
In reference to the audit for the former RM of Bifrost, Stansell said there was a little bit of a decrease in the surplus from an earlier draft the accountant had sent them.
"It was in our draft at $\$ 4,860,815$, and our surplus now has dropped to $\$ 4,825,820$," said Stansell. "And ... our deficit dropped by a couple thousand

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... so really not a bad ending result for 2014."

Stansell said the $\$ 6,000$ deficit ended up at just over \$4,000.
Reeve Harold Foster said that the deficit should be accommodated by the accumulated surplus and that Stansell is checking on that.
"Because there is a rule ... that if you go into deficit two years in a row, you have to budget to recover it," said Foster. "I don't know why you have to do
that when you have an accumulated surplus."
Stansell asked council to table the audit, in accordance with the Municipal Act, so that she can advertise its arrival and submit it to the province.
The public will be able to view the audit when a notice is posted on the RM's website or in a local newspaper.

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## Town of Moosehorn installs new welcome signs

By Jeff Ward
After two and a half years of hard work, fundraising and planning, the Moosehorn Community Club has finally installed its welcome signs at the north and south entrances into town.
The welcome signs, which depict a moose and welcome message, were a labour of love for the members of the community club.
President Alf Nachtigall said that the feeling of accomplishment was nearly overwhelming. He said that when the project began, he didn't realize how long it would take, and while the waiting was at times frustrating, the reward was well worth it.
The signs were installed Thursday, Sept. 8. The one on the south of town sits on land that the RM of Grahamdale owns while the sign north of town is private property. Nachtigall said the owner generously allowed the sign to be installed there. "It felt really good to finally see it up there, especially when the photographer came by," said Nachtigall.
"It felt good to finally get it completed because it seemed like it was never going to end. This whole thing wouldn't have been possible without the help of our club and the support we had from the community. I hope everyone enjoys the signs when they see them."
The signs cost $\$ 10,000$ to be designed, constructed and installed. Nachtigall had to get permits, find land, designers, builders and carpenters to pull the whole thing off. He

said that June Huska - who came up with the idea three years ago - was a real significant help in completing the project. The signs were designed and constructed by Allan Wishnowski of Design Canada based in Gimli and installed by Kieber Builders, a local Moosehorn company.

Huska said that she simply brought the idea up at a regular meeting and everyone agreed that welcome signs would be a nice addition to the community. Huska said that it was hard not to be a bit emotional when the signs were installed last week.
"We've all worked for so long and it was just wonderful watching that first sign going up. Doing something like this isn't easy and it takes time but it's so rewarding. It's hard for me to explain how good it feels," said Huska.

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EXPRESS PHOTO SUBMITTED Rick Tober (left) and Michael Shannon (far right) from Kieber Builders stand with community club president Alf Nachtigall after installing the new welcome signs for Moosehorn.


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## Municipal council compensation: the story behind the numbers

## By Patricia Barrett

Gimli council's recent move to post its year-to-date compensation online - information that was freely available to the public upon request - was not accompanied by explanations as to how that compensation was earned. The standard practice - for RMs that actually practise it - is to post total earnings rather than daily logs detailing what municipal business matters were compensated.
And that makes it difficult for taxpayers to assess whether they're getting value for their money.
Todd MacKay, prairie director of the Canadian Taxpayers Federation, said it's "really hard to nail down" how much a councillor's or mayor's compensation should be.
"The real test is for each of those members of an RM council to ... look their neighbours in the eye and tell them they're doing a good job with the money," said MacKay.

There is no universal formula guiding councils when it comes to determining their own pay.
Some base it on population, others on the cost of living.
And how much each council member earns above his/her base salary (indemnity) is dependent upon a number of variables unique to each


EXPRESS PHOTO BY PATRICIA BARRETT Gimli's Deputy Mayor Peter Peiluck cracked open his weekly log book detailing how he earned his pay while attending to municipal business.
municipality.
Those include the numbers of regular and special council meetings scheduled each year, primary duties,
numbers of committees/boards on which each member sits, numbers of conventions attended and how often a council member is called upon to meet with a taxpayer - all of which can be billed for if a council so chooses.
Gimli's Deputy Mayor Peter Peiluck and CAO Joann King sat down with the Express to explain why pay variation exists among council members.
"There are situations where council members have to participate ... in what's going on in the municipality," said King. "And that may be everything from attending meetings with engineers to discuss a project that's going forward or ... they may have to go see a ratepayer who's having a drainage problem."
Peiluck cracked open his weekly log book detailing where he had gone, distances travelled, time spent on site and money spent on meals.
He said his billable expenses vary from week-to-week: sometimes he logs eight or nine hours of municipal business; at other times, over 30 .
It's the same scenario in the Town of Winnipeg Beach.
"[Earnings] will vary from councillor to councillor depending on the portfolio they have," said Mayor Tony Pi-
mentel."For example, public works ... would probably get a few more phone calls than, let's say, economic development and finances."
Based on a council member's earnings alone, it's hard to draw a conclusion about whether he/she is giving the taxpayer value for their money.
To compare, for instance, the total 2016 compensation received by Gimli's Mayor Randy Woroniuk, (\$20,786.22, unaudited, Jan. 1 to July 31) and St. Andrew's Mayor George Pike (\$30,125.40, unaudited, Jan. 1 to June 30), and then conclude that one mayor may be working harder than the other, or that one has perhaps overbilled the taxpayer, would be a conclusion founded on nothing but belief.
A hands-on approach to municipal business might be one way for a ratepayer to assess value.
"Councillors weren't going out and standing in ditches," said Peiluck, referring to council a few terms ago. "... They [ratepayers] want to see the councillor, they want to know who's making the decisions and what's going to happen."
The mayor of Winnipeg Beach said his councillors also "go out and look

Continued on page 8

## RHA welcomes Dr. Jon Saper to Gimli Community Health Centre

Submitted
Gimli and area residents will benefit from its newest physician, Dr. Jon Saper. He will be practising out of Gimli Community Health Centre and taking call in the emergency department.
Saper and his partner, Ashley, a nurse at Johnson Memorial Hospital, handpicked the Manitoba community of Gimli over other provinces like Alberta and British Columbia. Saper was born in Ontario but spent time in Manitoba as a child.
"We fell in love with the picturesque, laid-back vibe of the community," says Saper, who was previously a camp counsellor in Winnipeg Beach. "Another plus side to moving back to Manitoba was being closer to family." Saper, certified as a member of the Canadian College of Family Physicians, is a family medicine residency graduate of the University of Manitoba, Brandon Rural Stream, and earned his medical degree from University College Dublin. He has extensive volunteer experience, including pediatric palliative and respite care with Roger's House, as well as with the Children's Hospital of East-
ern Ontario, the Ottawa Children's Treatment Centre, Ottawa Inner City Health and the Drew Nursing Home, experiences which he says really help to put things into perspective.
"I'm excited to be in Gimli and want to provide a very patient-centred experience," says Saper. "I believe that everyone has a role to play in their own personal health care, and I'm here to hopefully help guide people." He also enjoys travelling and has worked in health promotion and provided care to children and families everywhere from Kenya to the slums of Rio de Janeiro.
Throughout his career, sports have also played a large role, having played football and basketball, among others, and he continues to be actively involved with athletics, in particular through coaching football at the high school level.
"Through the co-operative efforts of RHA and the council of Rural Municipality of Gimli, we worked together to attract the Dr. Saper here," says Mayor Randy Woroniuk, "We're pleased he has decided to come to practise here and look forward to working with RHA to attract more doctors."


Dr. Jon Saper started practising out of the Gimli Community Health Centre on Aug. 8.

Patients can phone the Gimli Community Health Centre at 204-642-8561 to make an appointment with Saper's reception. Please be patient while staff takes phone calls in the order they are received, as they anticipate high
phone call volumes during Saper's first few weeks. Please be sure to have your Manitoba health card out when phoning to make an appointment.

# Arborg flood mitigation project experiences delay 

## By Patricia Barrett

A flood mitigation project in the RM of Bifrost-Riverton east of Arborg has experienced a delay because of underground fibre optic cables owned by Manitoba Telecom Services.
The underground cable is not deep enough to accommodate a channel that will be dug in the vicinity of Road 130 N , about a mile or so southeast of PR 326. The channel will divert flood water from Arborg to the Icelandic River.

At council's regular meeting on Sept. 7, Reeve Harold Foster said MTS wants to dig up the cable, which travels through the middle of a field, and replace it with 11 kilometres of new cable at an estimated cost of $\$ 202,000$.
"It would be cheaper to add a splice [of cable]," said the reeve.
Foster said he thinks the $\$ 202,000$ would be part of a cost-share agreement.
The project is expected to protect about 58 homes and Arborg Collegiate from potential flood damage.
Arborg is subject to recurring flooding along its east side when run-off converges at the northeast area of town and flows down PR 326 to the Icelandic River, according to the province's July 6, 2015, news release, which announced funding for the project. Construction had been scheduled to begin in the fall of 2015 or spring 2016. The estimated cost of the project is $\$ 2.3$ million. The federal and provincial governments are contributing $\$ 2,070,000$ ( 90 per cent), and the RM and the Town of Arborg will split the remaining $\$ 230,000$.
"I expect the tenders to come in at less than the estimated cost or at least hope that would be the case," said the reeve.
Engineers can't move forward until the cable issue is resolved, he said.
CAO Cindy Stansell said she had contacted the MTS representative working on the file and is waiting for a response.
Other council briefs:
Bifrost Agricultural Sustainability Community Service Cooperative Inc. (BASIC) Supt. Kyle Stadnek, who appeared as a delegate, reported that tenders for new culverts for Ward 6 (Coun. Donald Vigfusson) have been received and bids have been accepted for Ward 2 (Chad Johnson) and Ward 4 (Dave Shott).
Stadnek said there have been some delays obtaining drainage licences from the province [Sustainable Development], and he proposed using some of the $\$ 67,000$ allocated to Ward 4 for carrying out [licensed] drainage work in other wards in the event that


EXPRESS PHOTO BY PATRICIA BARRETT
An MTS locate in a field east of Arborg indicates buried cable. The utility wants to replace 11 kilometres of fibre optic cable at a cost of $\$ 202,000$.
all the licences aren't received by the October deadline.
"As far as the turnaround time for the licences, I'm all for ... doing the ones that we can as soon as we get them [licences]," said Stadnek.
Foster said that it's unlikely the RM will receive all the requested licences by October and that the RM will have to report to the government that it couldn't complete some of the work because of the delay.
"We've committed about \$400,000 worth of work for this year," said the reeve."They won't let us do the work without a permit."
Federal and provincial funding of $\$ 1$ million was provided to BASIC to improve the RM's drainage.
The funding will be used over a three-year period to examine the effects of artificially induced excess moisture, varying seeding rates and varietal differences on several crops; to identify alternative crops for the re-
gion; to research ways to mitigate soil erosion and maintain water quality on agricultural lands; and to rehabilitate more than 330 kilometres of municipal drainage, according to a July 4 provincial news release.
Council also passed a resolution to sell an old Handivan that serviced Riverton.
Stansell said Ruth Ann Furgala, Evergreen School Division board chair, has applied for multiple grants to help pay for the new Handivan.
Council will provide Furgala with a Letter of Comfort so that she can reapply for a $\$ 25,000$ grant the shuttle service did not receive earlier.
The Handivan has received a $\$ 10,000$ grant from Farm Credit Canada's AgriSpirit Fund.
Some Disaster Financial Assistance claims for 2014 that the RM had submitted to the province have been resolved.
"They had held some [money] back,"

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said Stansell."They were questioning a couple of things, so I went ahead and appealed their decision. And in both cases, I won for certain points and got more money for us, but there was one that they would not approve." The provincial Water Services Board completed a study for a water treatment plant in Riverton and submitted a report to the RM. Council will be determining how to proceed and will hold public information sessions.
The partnership between RivertonBifrost Parks and Recreation and Riverton's Friendship Centre to offer summer camp was "very successful," said Coun. Frode Andersen.
"They had up to 28 kids on some activity days," he said. "Everybody seemed to be very happy with that partnership and they'll try it again next year."

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## Thursday, September 15, 2016

# get fichino <br> ARNIE WEIDL Goats eating poison ivy is no fish tale 

## Hi gang.

Most of the time, we anglers cast and reel in or sit quietly with our lines in the water hoping for a bite as we take pleasure in our surroundings. That emotional connection to our outdoors was further vitalized in me last week at an Arborg meeting when I had the good fortune to meet one of the finest speakers I have ever heard.
Kevin Lamoureux is a thin, tall, dark-haired, chiselled-featured, insightful fellow whose life is dedicated to creating harmony between Aboriginal and non-Aboriginal people and is equally given to fishing in the wilds of the far north.
Let me retell his story of a Molson Lake fishing trip as he gave it to me. It was a still, pitch-black morning in the fall last year as he and friends left Norway House to fish Molson Lake. The boat's small motor ticked along, only slightly rustling the water. Kevin could feel his breath slipping past his cheek in the cool breeze made by the boat's travel. Echoes of their movements rebounded off the embankments and cliffs of the tributary that would take them to Molson.
It began getting lighter as they broke out onto the lake, and ahead on the open glass-smooth water, small islands nestled in fog seemed to welcome them. They anchored by the closest one, and as the rising sun broke above the horizon casting long shadows on the shady side of the boat, Kevin could clearly see trout below lazily flicking their tails. The sun sparkled off their backs in the crystal water. The musty smell of the island's trees' fallen leaves hung in the air. Geese whisked by so low he could hear the wind sweeping past their wings. Soon, dark blue-grey clouds covered overhead, and as they began fishing, gigantic fluffy snowflakes began floating down in the stillness. Kevin thought how glorious it was to be within such beauty.
We all wish we had been there with Kevin, don't we? Thanks, buddy.
They've opened the locks at Lockport turning the downstream water into a soupy muddy mix, which drove anyone wanting to fish further down the river. That is where I found a nice young couple, Rianna Klosen and Richard Slobodian, in T-shirts and jeans, relaxing in folding chairs, rods in hand. Richard, an average-sized lad with long, dark brown hair, was a long-time angler always looking for different places to fish, which eventually led him to St. Malo Lake for perch. St. Malo, like Shoal Lake, has massive reed and bulrush fields harbouring a generous minnow-perch-jackfish ecosystem. He was there boat fishing last fall using light tackle


Richard Slobodian of Winnipeg with a huge jackfish he caught in St. Malo Lake.
for perch when he thought he had gotten a snag. Carefully, he worked his boat this way and that until he felt a little movement.
His line grew taut and began to run away, taken by a giant jackfish just visible below the surface. He became cautious. Slowly he reeled in and then let the fish run when it wanted to. Time passed in a contest of finesse with light fishing gear and a tiny hook against a huge jackfish, but eventually the fish weakened and Richard won, as you can see by his photo. As usual after the Labour Day weekend, I like to visit the anglers on the Victoria Beach pier. The place was packed with anglers last Saturday and I came across three young guys who were swimming and fishing as the notion took them. I asked if they had a story for us, and one chap, Joe Hajzler, said he had something different to tell.
He and some friends went fishing on an island off the east shore of Lake Manitoba. When they got there, the grass looked like it had been mowed. He then realized it was because there were goats on the island. They had a good time fishing, and when they went back to the mainland to a local restaurant, they asked the owner about the goats.
"Oh," he said,"I put them there."
"Why?"Joe asked.
"Well", the café owner explained,"goats eat the poison ivy on the island, which keeps the anglers coming back."
It sure would be nice if you came by next week. Bye for now.

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# Music lovers are invited to Ashern jamming sessions 

## By Jeff Ward

Jam sessions in Ashern will be a fun new opportunity for Interlake musicians to get together and explore the world of music.
The jam sessions will be held a few times a month at the Ashern Curling Rink and are being organized by Tyler Geisler and Jody and Brent Oversby. Geisler said that a start date and time are yet to be finalized but expects them to be starting very soon. He explained that the idea came from seeing the popularity of musical events like Ashern's Got Talent and the CFRY Talent Show. The jam sessions will be an opportunity for people of all ages to drop in and either listen or participate in jamming all different kinds of music and writing lyrics.
"We're hoping to see people of all experience levels come down and learn engage in music," said Geisler.
"Myself and a few others have found that there really isn't a musical venue in our community, and nowhere for people to just pick up and play. This won't be a thing where you have to be there every time but more like a dropin session. There's a lot of musical talent in this area and I think we can
find some success in putting together something like this."
Geisler said he started learning guitar when he was 23 and knows the basics but has always wanted to go deeper with it and learn more. His life, being quite busy, became a barrier for his own development in music, and he said that there are probably many others just like him. With jam sessions, he will be more inclined to make time for it.
Jam sessions will be open to any instrument, and with enough regularity, session regulars might form a band out of it. Geisler said that with so many musical events coming up, jam sessions could be a great opportunity for practise and there might even be expansion into other events.
"Ashern has a dinner theatre in November and I could see us putting something together for next year's event if we get enough people together. And that's what the whole thing is about: getting people engaged in music and having another recreational activity. Community involvement and bringing people together through music," said Geisler.

## Lakeshore

 hoping to make school zone speed limits consistent
## By Jeff Ward

The proliferation of reduced speed limits in school zones is a high priority for Lakeshore School Division in their ongoing effort to keep students safe.
Division director of operations and infrastructure Mark Parkes said that he'd like to see reduced speed limits in all school zones across the division. Towns like Lundar and Moosehorn already have speed limit reductions, and Parkes believes that they are an important factor in student safety. Parkes said that he is a fan of unity and would like to see consistency across all municipali-

Jody Oversby is one of three musicians helping to organize a jamming session that is planned to kickoff in Ashern this fall.


## Reminder Notice Of Public Hearing

## Applicant: Manitoba Public Insurance Corporation

## HEARING:

The Public Utilities Board (Board) anticipates holding a public hearing of an application from Manitoba Public Insurance Corporation (MPI) for approval of rates and premiums for compulsory vehicle and driver insurance as of March $1,2017$. The hearing would take place at the Board's Hearing Room, 4th Floor, 330 Portage Avenue, Winnipeg, MB (commencing at 9:00 a.m.) on October 13, 2016.

## RATE IMPACT:

The Corporation is requesting approval for Basic Autopac vehicle and drivers licence insurance rates and premiums effective March 1 , 2017, which, if approved, will result in $2 \%$ overall increase in MPI's Basic premium revenue (excluding the impact of vehicle upgrades and an increased overall driver and vehicle population). The Corporation is also requesting an Interest Rate Forecast Risk Factor, effective March 1, 2017, to be developed collaboratively through the General Rate Application process.
Actual vehicle and driver premiums would vary depending on claim and driving experience, insurance use, territory and vehicle rate group. Full particulars, including the rate impact and application, can be found on the Manitoba Public Insurance website www.mpi.mb.ca.

## PARTICIPATION:

Parties wishing to submit a brief or to express comments at the hearing should contact the Board Secretary.

## general information:

Interested parties should take note that the Board does not have jurisdiction over the MPI lines of business denoted as Extension or SRE, or as to MP's Driver and Vehicle Licensing operation.

Persons seeking further information as to MPl's application, or with respect to the Board's process, and/or wishing to address the public hearing in French should notify the Board Secretary.
As well, interested parties may examine MP1's application and supporting materials, either at the offices of the Corporation or on its website, or the Board's office.
The Manitoba Ombudsman has recently issued privacy guidelines for administrative tribunals. The Board is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the Board advises participants that these proceedings are public and that as a result, personal information protections are reduced.

## CONTACT INFORMATION:

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# Poets' Corner in Gimli Robin's to host live talent 

## By Patricia Barrett

Robin's Donuts in Gimli will be taking part in the upcoming Nuit Blanche festival, a free nighttime arts event that will showcase local talent in a number of venues around town and invite the public to take part in creative activities.
Cheryl Buhler, Robin's owner, has plans to convert the cozy southern nook of her eatery into a Poets' Corner, somewhat along the lines of England's Westminster Abbey but stocked with live poets.
"We're going to rearrange the restaurant and dim the lights," said Buhler, who is a member of Gimli's Chamber of Commerce and who sponsors many of the town's year-round events and festivals.
Tentatively billed as the Slam-dunk Poetry Slam, Buhler will be inviting festival-goers to create on-the-spot poetry based on a particular theme. She'll be tacking up art in Robin's windows and asking participants to interpret what they see through the medium of poetry.
"The whole point of Nuit Blanche is that it's very interactive," said Buhler, who's hosting the poetry slam for the first time."It's not just a show for you. You can participate in whatever is
happening."
She's planning to invite an accomplished slammer to entertain the crowd and show them how it's done. And she's working with a Riverton teacher to co-ordinate the event.
Students from the Evergreen School Division will be bringing the artwork, taking part in the slam and helping the public express their inner poet.
"We want student facilitators," said Buhler, "so that the public can come in and participate."
Buhler said she'll be sponsoring a prize for the best slammer.
Nuit Blanche is celebrated by many cities across the globe, including Winnipeg, Montreal, Paris and Rome. This is Gimli's third run.
The one-night event is part of Culture Days, an annual three-day Canadian arts festival that begins on the last Friday in September.
In addition to the poetry slam, Gimli's Nuit Blanche will offer theatre, photo exhibits, music, painting and street art at a number of venues.
The event takes place Saturday, Oct. 1 from about 7 to 10 p.m. For a list of venues and their show times, contact Nuit chairperson Tammy Axelsson at 204-642-4001.

## > MUNICIPAL COUNCIL COMPENSATION, FROM PG. 4

## at it."

But hands-on doesn't necessarily translate into earning more money, based on some members' relatively meagre earnings.
The CTF recognizes that some councillors are really "generous with their time" when serving the community.
"Some people do it for free," said MacKay. "... They might claim some mileage and some meals if they have to go into the city for meetings. ... But ultimately they don't take anything else."
For those who prefer some sort of benchmark against which to assess earnings, Manitoba's full-time minimum wage might suffice.
In the RMs of St. Andrews and Gimli, whose earnings-to-date for June and July respectively are available online, about half of council (combined) has earned below full-time minimum wage, calculated as total gross earnings of $\$ 20,735$ ( $\$ 11$ minimum wage $x$ 36.25 -hour work week x 52 weeks).

One councillor earned $\$ 11,447.25$ (St. Andrew's); another earned \$16,600.11 (Gimli).
"The compensation is considerably low compared to the workload and expectations," said Gimli Coun. Thora Palson, who's currently sitting in the
$\$ 17,000$ range. "This is a job, and it's not a job with a 40 -hour work week. I am accountable to the public 24-7 and that is a huge responsibility."
Peiluck said friends have called him "crazy" when they found out how much he earns, and King said public reaction is along the lines of, "Wow, I didn't know that was all [they] got paid."
The mayor of Winnipeg Beach said he made a few thousand shy of fulltime minimum wage last year, and were it not for his regular full-time job, he would likely starve.
"You can see by the money we earn, we don't do it for the money," said Pimentel, who uses vacation time from his regular job to attend council meetings.
Gimli's mayor said money is not a motivating factor.
"I do it because I want to make the community better. If I wanted to do it for the money, this is the last place I would have gone to," said Woroniuk. "I feel I can make a difference and that I have made a difference."
Woroniuk said he feels the pay is adequate, but at the same time the demand for his time is constant.
"I belong to the citizens of the municipality. And I think to be an effec-


Cheryl Buhler, owner of Robin's Donuts, will be creating a Poets' Corner in the coffee shop for the Nuit Blanche arts festival on Oct. 1.
tive mayor, you have to ... be accessible at all times. When you're sitting in a restaurant and someone comes and talks to you, you can't say, 'Go away.' When you're shopping at Sobeys, you can't tell someone,'I have to leave.' "
Behind-the-scenes activities, which the public and the media are not privy because of confidentiality reasons, also take up lots of Woroniuk's time and that of his councillors. That could give the impression that council is not hustling on behalf of ratepayers.
"There are lots of things I'm doing that aren't on the surface," said Woroniuk, "because ... people don't want information going out."
But if anyone has concerns about how he's earning his pay, he's willing to talk.
"I'm accessible....Pick up the phone." The funds municipal councils set aside each year in their budgets for compensation are, like individual earnings, hard to assess for fairness.
The following are the budgeted amounts of select Interlake municipalities:
RM of St. Clements: indemnities: \$340,000; conventions: $\$ 66,000$; Total: \$406,000.
RM of St. Andrews: indemnities: \$324,000; conventions: \$7,000; Total: \$331,000.
RM of Gimli: indemnities: $\$ 203,300$; conventions: $\$ 20,420$; Total: $\$ 223,720$.

RM of Rockwood: indemnities: \$150,000; conventions: \$42,000; Total: \$192,000.
Town of Stonewall: indemnities: \$57,750; conventions: \$57,500; Total: \$115,250.
Town of Winnipeg Beach: indemnities: \$65,000; conventions: \$30,000; Total: \$95,000.
Gimli's CAO pointed out that these budgets will not necessarily all be spent.
Many municipalities don't post their budgets, indemnity bylaws or year-todate council earnings, something for which the CTF feels there is no excuse.
"These RMs, they all have access to the Internet," said MacKay. "They all have scanners. It's not hard to put receipts up."
MacKay said giving the public access is the right thing to do.
"When you're spending other people's money, you have an obligation to show them where that money's going," he said.
Whether or not a municipality makes compensation - or its overall spending - publicly available, it's still up to the taxpayer to monitor it.
"At the end of the day, the real responsibility comes down to taxpayers," said MacKay."We all have a vote. It's up to us to hold our elected officials responsible."

# Fisher Branch principal excited to begin new chapter 

## By Jeff Ward

The new principal of Fisher Branch Collegiate is excited to be a part of the school and the community and believes he has lots to offer students returning to school last week.
Greg Thomas spent the last 11 years teaching in Kamsack, Sask., but made the move to Manitoba this year to take on a new role at Fisher Branch. The move brings Thomas closer to his girlfriend Chantelle Andercastle who teachers at Lundar School. Thomas said that the move was exciting but also brought with it a new set of challenges. Learning names and personalities of hundreds of students and staff will be his primary focus as he gets acquainted with the job over the next few weeks, but he said that he could already tell the school is built on a solid foundation.
"It's obvious that the staff here are very skilled and passionate about teaching, which is great to see," said Thomas.
"Our main academic focus here is on improving literacy and numeracy as is the division goal. Myself and a few other staff have been getting trained in reading recovery, which is new to our school this year. So there's some exciting professional development there."
Thomas said that beyond getting acclimated to his new surroundings, he'd like to use his own strengths at the school to improve the quality of education students receive. His own background in First Nations and Treaty education should fit in
well in Fisher Branch. And his Masters in Critical Environmental Education from the University of Saskatchewan could help connect students with the abundance of unique flora around them. He has four children who live in Saskatoon, two of which are full-time students at the University of Saskatchewan, one who is in the work force and his youngest is in Grade 11.
Thomas is a community minded person and said that his personality almost forces him to become involved in things going on in the community. He said that both he and Andercastle love the outdoors and enjoy running, biking skiing and snowshoeing among other activities. He said that being involved in curling and community drama productions are things he would love to explore.
He doesn't want to be imposing, but certainly wants to get out and meet parents, establish a dialogue and learn as much as he can.
"I actually just had an inquiry today about creating a parent advisory council that would allow us to have input from parents. It's something that could be very exciting and anytime lines of communication with parents are open good things can come of it," said Thomas.
It will be an interesting year for the new principal who not only has to get comfortable in a new school and community, but in a new province also. Thomas said that he's ready to face any challenges that come his way and that he's very happy and excited to be apart of Fisher Branch Collegiate.


Greg Thomas, Fisher Branch Collegiate's new principal is excited to be in the community and said he looks forward to becoming apart of it.

## SPEED LIMITS, FROM PG. 7

ties. Speed limits reduce from 50 kilometres per hour to 30 kilometres per hour in these zones during school hours. The reduction in speed gives motorists more reaction time if students finds their way into the path of traffic.
"If we have these in one area, we should have them in all areas," said Parkes.
"The main factor here is time and working with councils on what is appropriate for their area. Each case is different, but these bylaws are important in keeping our students safe. But our planning also has to be realistic because we don't want to frustrate drivers."
Parkes is very aware of the reality that too many rules on the road can be frustrating for drivers, which is counter-intuitive to what speed limit reduction is trying to do. He wants to be very prag-
matic with his approach in speaking with councils on where they should be placed. A five-block radius reduction doesn't make a lot of sense, but keeping them confined to where students move the most is important in the strategy.
At the end of the day, these reductions are there to save lives and that's the most important part for drivers to realize. Slowing down for a few blocks won't make you late for work, but it could be the difference between life and death.
"If drivers are alert and slow down, the potential for accidents is much lower and that's really what this is all about," said Parkes.
Currently there is no timeline for having speed limit reductions added to additional municipalities, but Parkes said he will be working on it throughout the school year.

> "IF DRIVERS ARE ALERT AND SLOW DOWN, THE POTENTIAL FOR ACCIDENTS IS MUCH LOWER."

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Interlake-Eastern
Regional Health Authority

# Gimli High School's new music and sound room approved as an addition 

## By Patricia Barrett

At its regular meeting on Sept. 7, the Evergreen School Division board reported that it had received authorization from the province's Public Schools Finance Board to amend a proposed project for a communications studio in Gimli High School that will be used for the Music Learning and Sound Engineering program.
Rather than renovate a classroom as originally planned, the division now has approval to build an addition onto its existing band room.
"We had asked [the province] for and received approval in 2015," said Supt. Roza Gray."... By January, they had approved a media and sound engineering room to be inside the school at the far end. And what we had worked on last year was moving that media room to the band room so kids could do recording of their own music."
Using a white board and a marker, Gray drew a clear schematic showing that the 860 -square-foot addition will be built along the north side of the school near the parking lot.
The province is covering the cost of the addition, which will be about $\$ 300$ per square foot.
"What we've also asked of the province through a separate grant is to build this [future extension] so we would have the entire wall ... to create a bigger space," said Gray. "We're still waiting on approval for this other part."
Gray said the division will be meeting with the architect soon.
Other division briefs:
The PSFB approved the division's request to upgrade Riverton Collegiate's home economics kitchen into a culinary arts facility. The provincial grant is worth $\$ 75,000$. Construction will be carried out by division staff.
The board re-elected Ruth Ann Furgala as board chair, Sandra Davies as vice-chair and Dianna Auer as finance chair.
Assistant Supt. Scott Hill reported that the division recruited two international students with the help of a recruiting program. One student is from Honduras, the other from Brazil.
Students are billeted with local families through the division's homestay program. Students can at-


EXPRESS PHOTO BY PATRICIA BARRETT
All Evergreen School Division trustees, except Jim Mosher, above, approved a two per cent indemnity pay rise effective Sept. 1. Indemnities and expenses are set out in Bylaw No. 3/16.
tend school for any length of time. The two students will be attending from September to January.
Hill said the division looked through its homestay database to find families willing to care for the students.
"We were able to place two students here who are going to be at Gimli High School," he said.
All trustees, except Jim Mosher, approved a two per cent indemnity pay rise effective Sept. 1. Indemnities and expenses are set out in Bylaw No. 3/16.
"When we did all the negotiating a couple of years ago, we said that the monthly indemnity of the trustees would be amended on Sept. 1 to the same rate that's negotiated in the ETA collective agreement," said Furgala.
Mosher abstained from voting.
"I know there was that discussion about this two per cent because others get it," said Mosher, "but as far as I'm concerned ... we should leave the indemnity bylaw as it was."
Furgala said his abstention would be considered a negative vote.
After the meeting, Mosher said he "went along with it at the time," referring to the prior approval. "But I've abstained because I'm not against it; it's a consensus thing. But I don't think we should have had an increase."
Mosher felt the approval of a pay rise came too soon after October 2014 when trustees were elected.
The chairperson will receive $\$ 8,843.40$, an allowance of $\$ 2,000$ and be entitled to claim additional expenses from time to time. The vice-chair will receive $\$ 8,843.40$ plus an allowance of $\$ 1,000$.
Each trustee will receive $\$ 8,843.40$ and $\$ 65$ for attendance at standing, ad hoc and divisional committees.
Furgala said the board made a conscientious effort to restrict all external committees to one a year, which means trustees will get $\$ 65$ once a year.
"We're going back to the belief that a trustee is an elected community member but there's an expectation that they volunteer," said Furgala.
Formerly, trustees received an indemnity of \$8,670. Trustees will also be entitled to a travel rate of \$20 per hour to a maximum of two hours to attend all board and committee meetings, conferences and professional development as well as an unspecified sum for mileage.
The division will move from two regular board meetings a month to one a month. It will occur on the first Monday of each month at 6:15 p.m.
The board will also hold five in-camera education committee meetings on the third Wednesday of each month.
"The purpose of the education committee is trustee professional learning and to discuss student matters," said Gray.
In September, the committee will discuss student achievement; in October, ward boundaries and governance; and in November, school configuration.

## Lakeshore School Division welcomes four new teachers

## By Jeff Ward

Ashern Central and Lundar, along with Fisher Branch Collegiate, all welcomed new teachers to their schools this year, replacing some who have retired or moved on.
Chelsea Sheppell and Brittney Huska will be teaching senior high math, physics and computer courses at Ashern Central School; Jeremy Campbell will be teaching industrial arts for grades 11 and 12 at Lundar School; and Kyler Nottveit will be teaching psychology, life works and phys-ed for a variety of grades at Fisher Branch Collegiate.
Lakeshore School Division Assistant Supt. Leanne Peters said that it's always exciting to have new teachers come into the division.
"It's great to be able to find people whose strengths
align with our goals as a division," said Peters.
"It's also really nice to find people who will bring in new ideas and expand our educational knowledge. They bring new perspectives, different background knowledge and new strengths. We're always looking to become better as a whole, and new ideas and conversations contribute to that."
The prime directive of the division is the continued improvement of numeracy and literacy skills in students. Reading recovery and apprenticeship programs are popping up all over the division with a proven track record of success, and it's important for new teachers to be aligned with those programs.
Peters explained that part of the interview process when scouting new teachers is having an open discussion about numeracy and literacy. The division
takes it very seriously to have new hires with a good understanding of those tenants and how they can help their prospective schools improve.
"We ask all our candidates to speak to specific classroom practices that support improvement in student learning in those areas. It's important for us to build a team that has strengths in those areas," said Peters.
New teachers will have their own challenges in adapting to a new school, but Peters knows that the established teachers will help the transition be an easy one. She said that the division works hard to support new staff and help get them acclimated to their new environments as efficiently as possible.


# Businesses encouraged to celebrate Canada's 150th birthday 

By Patricia Barrett
Plans are underway to organize 150 events in Gimli that will help celebrate Canada's sesquicentenary in 2017.

Gimli's Canada 150 Committee, which is currently in the process of welcoming new members, will be encouraging organizations, not-forprofit groups, businesses and families to host a birthday-related activity throughout the year.
"A lot of people are really interested in joining," said co-chair Leona Johnson, former director of the Gimli Film Festival. "We're excited and proud to have a great Canada 150 in Gimli and ... make it something extra special."
The committee plans to create a calendar that will list all the events associated with Canada's 150th and post it on the municipality's website.
"We already know some things are happening, like the Icelandic Festival Viking Park [unveiling]," said co-chair Tammy Axelsson, director of the New Iceland Heritage Museum. "We have a small exhibit coming from the Canadian Museum of History. And I'm
sure different organizations are already thinking that way, so it's just a matter of letting us know."
The Canada 150 Committee is thus far composed of Johnson, Axelsson, Mayor Randy Woroniuk, the RM's economic development clerk Alex Kristiansen and Robin's Donuts owner and Chamber of Commerce member Cheryl Buhler.
"We will let them [the community] do their thing and we'll help promote it. And for a few events, we'll run them through our committee," said Johnson. "It's kind of a challenge we're putting out there."
In addition to getting the community involved in hosting celebratory events, the committee will be organizing events for Canada's big day on July 1.
The party the committee has planned for the July 1 weekend is still in the exploratory stages, but the cochairs said there will be "lots of surprises." The details are under wraps until early next year when the committee expects to receive confirmation of grants from federal, provincial and

other sources.
"We know what we're getting from the RM," said Johnson, "and they've been very generous and supportive, but we're applying for grants. ... We're pulling together all sorts of ideas to see what they'll fund."
Depending on available funding, the committee may tie some of the events to the sustainability of Lake Winnipeg, the engagement of youth and First Nation's reconciliation in addition to traditional arts, culture and heritage activities.
Axelsson said the best way to represent Gimli and surrounding areas is through the arts, such as music, painting, dance and theatre, but the committee wants to broaden its scope.
Johnson said the committee wants to tap into the diversity of the community.
"We want to talk about the diversity
of the area in regard to all the different individuals that settled here and how they lived here in different ways - honouring that history - as well as honouring the future, too," said Johnson.
The committee welcomes ideas from the community and will try to find ways to support their ideas.
"Together, we can do this," said Axelsson. "We know that we have so many resources in the community. You reach out to people ... and have the infrastructure ... and people will come forward. They will make things happen themselves."
The committee is looking for volunteers to help with Canada Day celebrations and is open to ideas for events and activities. Email the committee at Canada150Gimli@gmail. com.


EXPRESS PHOTO BY PATRICIA BARRETT Leona Johnson is co-chair of Cimli's Canada 150 Committee, which is encouraging the community to come up with 150 activities or events to help celebrate Canada's birthday.

## Eriksdale students head back to the classroom



EXPRESS PHOTOS BY JEFF WARD
The Lakeshore School Division welcomed back thousands of students to school last week as the 2016-17 school year got underway in the Interlake. Far left photo: Grade 8 students Rayna Gleich, Danielle Loewen and Emma Pool are all smiles on their first day back at Eriksdale School. The early and middle years school houses more than 160 students from kindergarten to Grade 8 with students primarily coming from Eriksdale and Lundar. Principal Alison Martilla and her staff are excited to have the students back and are looking forward to another great year. Middle photo, pictured from left to right: Shyanne Chartrand, Brooklyn Wirgau, Paige Law and Sidney Priemski walk from their bus to start the new school year. Far right photo: Abby Beaman, left, and Loa Thorkelson are ready to start their first day of Grade 6 at Eriksdale School.


EXPRESS PHOTOS BY KIM DELAROQUE
The Lundar and Eriksdale teams claimed first and second place at the third annual Woodlands Youth Goose shoot on Sept. 11. Along with their mentors, eight teams set out to harvest all types of waterfowl with the hopes of collecting the most points for birds they shot following Manitoba hunting regulations. A total of 93 geese, one snow goose and 80 ducks of various species were shot left photo: the first place team was the Quacker Wackers with Kenady Christiensen, Hannah Lussier, Randal Johansson and Zachary Halldorson of Lundar scoring 160 points, each winning a $\$ 150$ Cabela's gift card. Right photo: the second place team was the Heavenly Honkers of Eriksdale with Jaxon Pilon, Austin Hanslip, Jessie LeStrat and Morgan Granberg scoring 137 points, each winning a \$125 Cabela's gift card. Third place went to the Woodlands team the Blind Shots including Austin deLaroque, Wyatt Hagen, Everett Fairlie and Tristan Prystupa, who scored 122 points, each winning $\$ 100$ Cabela's gift cards. Zac Halldorson and Jaxon Pilon from Eriksdale won the duck and goose hunt gear package raffle donated by the Woodlands Wildlife Club.

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## 16 The Express Weekly News Thursday, September 15, 2016

# Eriksdale Youth Waterfowl Hunt winners 



EXPRESS PHOTOS BY NICOLE GLEICH
Bright and early last Saturday, 32 youth hunters took part in the second annual Youth Waterfowl Hunt hosted by the Eriksdale Game and Fish Club. Along with their mentors, teams set out to harvest all types of waterfowl with the hopes of collecting the most points for birds they shot as per Manitoba hunting regulations. Far left photo: the first place team of Tony Allard (mentor), Nick Lambert, AJ Allard, Blaine Wishnowski, Darren Sewell, Mark Sewell (mentor) and Larry Weatherburn (guide) scored 160 points, each winning Winchester shotguns. Middle photo: the second place team of Don Granberg (mentor), Travis Bennett, Morgan Granberg, Ryan Gleich, Shayne Desjarlais (missing) Branden Lussier (mentor) and Donny Malcolm (guide) with 154 points, each won Roboducks. Far right photo: the third team place of David Torgerson (mentor) Devon Torgerson, Dylan Weatherburn, Andrew Mason, Lou Holm, Ray Miller (guide) and Cameron Johnson (mentor) scored 122 points, each winning \$125 Heights Archery gift cards. The Hard Luck team of Connor Bindle, Ethan Spalding, Troy Godfrey and Nolan Smith won four tickets to a Jets game.

## Gwen Fox Gallery hosting members show this month

By Lindsey Enns
More than 40 artists from across the Interlake are teaming up for this month's members art show and sale at the Gwen Fox Gallery.
This is the second members show the Selkirk gallery has hosted this


This month's show features 82 pieces of original art by 42 artists from Selkirk and area, Gimli, Stonewall, Balmoral and Gunton.
The colourful and creative pieces range from paintings, carvings, multi media as well as pottery.
Brenda Hedberg, who is among the

Saturday, September 17th 10:00-5:00 pm Sunday, September 18th 12:00-5:00 pm

## Showcasing local artists and their works

## ADMISSION/MAPS ARE FREE

Watch for maps at all Hallmark Stores and around Stonewall, Rosser, Balmoral, Teulon and Selkirk For more information call Dolly @ 204-467-2766
group of painters participating in this month's art show, said deciding where to hang the pieces in the gallery can sometimes be a daunting task.
"The most important consideration is colour," Hedberg said while sitting inside the Gwen Fox Gallery last Wednesday afternoon."If one piece is overpowered by the strength of another, it doesn't do it justice."
Hedberg said being able to have her paintings hung alongside other pieces is a great experience.
"I always find that my art looks better when it's hung in a real gallery," she said with a smile."It always looks better ... hanging beside other real art."
Yvonne Sabirsh, who is also one of the painters participating, said mem-

bers shows are some of the most interesting due to the volume of variety.
"There's so much variety of artwork," Sabirsh said."You really feel good belonging to a group like this.
"It's like a little community."
Hedberg said some of the painters involved in this month's show have been painting for more than 40 years.
"So for us to be part of a group that's been painting for so much longer ... I mean what a privilege."
This month's members show runs until the end of September.
The Gwen Fox Gallery, located at 101-250 Manitoba Ave. is open Tuesday to Saturday from 11 a.m. to 4 p.m. For more information, visit gwenfoxgallery.com.


# Pier Party in Winnipeg Beach 

EXPRESS PHOTO BY PATRICIA BARRETT Gulls took over the Poplar Avenue pier in Winnipeg Beach Friday afternoon to sun their backs and have a chinwag. The pier and two others farther north are erected each spring then dismantled in the fall to protect them from potential storm surges on Lake Winnipeg.

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## 'Fall' into a Vehicle Maintenance Routine

Over the summer months, your vehicle endures a lot of wear and tear from the heat and long road trips. As temperatures begin to drop in the fall, these existing wear and tear issues can be exacerbated, making regular maintenance the best way to transition into autumn, according to a representative from the Automotive Industries Association (AIA) of Canada through its Be Car Care Aware program
"The changing of seasons can take a major toll on your vehicle," says Marc Brazeau, President and CEO, AIA Canada. "With a few small steps, you can ensure that your vehicle is prepared to withstand seasonal transitions and that your family stays safe on the roads."
To avoid costly repairs and ensure your safety on the road, get your vehicle ready for fall by performing the following checks: Fix the brakes. You should never postpone necessary brake repair. A well functioning brake system is crucial for your safety and procrastinating may lead to rotor damage and added repair costs down the road.
Replace the air filter. Engine air filters should be replaced twice per year as part of regular maintenance, and the spring and fall are suggested times to address this maintenance task. If a filter is not regularly replaced, the vehicle's fuel economy, performance and emissions begin to deteriorate, becoming progressively worse until the dirty filter is replaced.
Check lights. Make sure all of your vehicle's exterior and interior lights are working as part of regular vehicle maintenance to improve safety. It's important for you to see, as well as be seen, during fall's longer and darker nights.
Fix starter issues. Have any engine stalling or idling issues examined and resolved before winter hits. Idling and stalling problems are often easier to fix than you would think and many times simply require a filter or fluid change. Dealing with this issue now can help prevent wintertime failure-to-start problems.
Look for signs of uneven wear of your tires. CAA recommends you check you tire pressure whenever there is a sharp change in temperature. The vehicle manufacturer's recommended pressure for your car's tires is specified on a plate or sticker attached to the edge of the driver's door, the doorpost, the glove box or the fuel door. All of the maintenance your new vehicle needs can be done by your local service provider, without voiding your warranty!! This includes oil changes, transmission fluid changes, tire rotations and change overs, tune ups and filter changes. And if we find an issue that should
 be covered under warranty we will make sure you are aware of it and give you the information you need to have the issue taken care of. Do you think your dealer would be quick to point this out if it's costing them money? I f you don't find the long drive or dealing with the service department at the dealer convenient you have options! We are here and we are local. Support your community and watch it grow!


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## Chicken and veggie bake



Makes 6 servings
Ingredients
1 tsp ( 5 mL ) olive oil
2 cups ( 500 mL ) diced, skinless chicken breast ( 2 to 3 breasts) 1 cup ( 250 mL ) small diced onion 1 cup ( 250 mL ) small diced carrot

## Pumpkin Cheesecake with Gingersnap Crust



Serves 8 to 10
Crust
11/2 cups gingersnap cookie crumbs $1 / 2$ cup finely chopped hazelnuts 6 tablespoons unsalted butter, melted $1 / 4$ cup sugar
Filling
$11 / 2$ pounds cream cheese, at room temperature
$1 / 2$ cup packed light brown sugar
$1 / 4$ cup granulated sugar
2 large eggs
2 large egg yolks
$11 / 2$ tablespoons all-purpose flour 2 teaspoons pumpkin pie spice 1 cup solid-pack pumpkin purée (not pumpkin pie mix)
$1 / 2$ cup créme fraîche, homemade (see below) or store-bought, or sour cream
2 teaspoons pure vanilla extract

1. Preheat the oven to 350 F. Lightly butter an 8 - or $81 / 2$-inch springform pan. 2. To make the crust: Stir together all of the ingredients in a medium bowl until the crumbs are moistened. Press the mixture over the bottom and up the sides of the pan. Bake the crust for 10 minutes. Let cool completely on a wire rack. Increase the oven temperature to 425 F .
2. To make the filling: With an electric

1 cup ( 250 mL ) small diced celery 1 cup ( 250 mL ) frozen corn 2 cups ( 500 mL ) chopped broccoli 1 can ( $10 \mathrm{oz} / 284 \mathrm{~mL}$ ) low-fat cream of mushroom soup
1 cup ( 250 mL ) skim milk
2 cups ( 500 mL ) cooked brown rice (about 1 cup / 250 mL dry)
$1 \mathrm{tsp}(5 \mathrm{~mL})$ black pepper
1 cup ( 250 mL ) grated light old cheddar cheese
Directions
Preheat oven to $350^{\circ} \mathrm{F}\left(180^{\circ} \mathrm{C}\right)$.
In a large fry pan heat oil over medium-high heat. Cook chicken, onion, celery and carrots until chicken is fully cooked. About 10 minutes.
Add all the ingredients except the cheese to a large casserole dish and mix well. Sprinkle the cheese on top and bake for 30 minutes or until bubbly. Serve.
mixer on medium speed, beat the cream cheese, brown sugar and granulated sugar in a large deep bowl until light and fluffy. Beat in the eggs and then the egg yolks one at a time, beating well after each addition. Add the flour and pumpkin pie spice and beat on low speed until just combined. Add the pumpkin purée, créme fraîche and vanilla, and beat until just combined. Pour the filling into the shell.
4. Place the cheesecake on a baking sheet and bake for 15 minutes. Reduce the oven temperature to 250 F and continue baking for 1 hour.
5. Turn the oven off and let the cheesecake cool in the oven for $21 / 2$ hours. Then transfer to a wire rack and let cool to room temperature. Refrigerate, tightly covered, for at least 10 hours, until thoroughly chilled and set, or for up to 2 days.
6 . To serve, run a knife around the side of the cheesecake and remove the side of the pan. Serve slightly chilled or at room temperature, cut into thin wedges with a sharp knife dipped into hot water and wiped dry after each cut.

## Créme Fraîche

Makes about $1 / 2$ cup
$1 / 2$ cup heavy whipping cream
$1 / 2$ cup créme fraîche or sour
cream with live cultures
Pour the cream into a glass jar with a tight-fitting lid and spoon in the créme fraîche. Let sit on the counter, with the lid slightly ajar, until the mixture thickens, from 4 to 24 hours, depending on the weather. Refrigerate, tightly covered, until ready to use.

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# Emotional Growth in Mid-Life Not Uncommon for Women 



It is quite common for women to experience an emotional growth spurt in the mid-life years. There may be many reasons for this. It might be that the children are a little older, and she has time to think again. Or it might be that she feels a little more independent. Perhaps, once the childbearing is done, she has a burst of creative energy.
Whatever the reason, she is often in a learning mode that may seem insatiable. She may begin to do a lot of reading, writing, or perhaps she takes some classes. This is all very exciting for her. She keeps thinking of more things that she wants to do. Her partner, however, may not share her excitement. He may feel a little threatened, for it may seem like she is turning into someone else, right before his eyes. She may seem to have less time for him. Other things seem more important. At some point she may begin to worry that she might be leaving her partner behind. He must start to grow too, she reasons.
Thus begins her attempt to interest him in her newfound path. She may share what she is learning, and that sharing may slowly begin appearing as a thinly veiled attempt to teach. The partner, sensing this, may begin to resist. He might argue with the points she is making; put down or discredit what she is learning, or simply refuse to discuss it.
If he won't participate in discussions, she decides that she will give him some books to read. Perhaps an "expert" will have more credibility. He might be interested, but he also may leave the books right where she
left them on the coffee table. She interprets his refusal to join in her journey as an unwillingness to work together to make the relationship better.
She is so excited by her own growth, and thinks how wonderful it would be if they could share in the growing process. Instead, they seem to be drifting farther apart. What now?
Well, she is right about one thing. If one partner is growing and the other is not, that can certainly create problems in the relationship. However, not growing is not an option once the urge is there. You cannot discourage someone from new learning when their heart is pulling them in that direction.If you try, they will only become depressed and resentful.
The only way to keep pace with someone who is having a growth spurt is to do some growing yourself. The key is to grow in an area that excites YOU. You do not have to become an expert in everything she is learning.
In fact, if you are both learning different things, then there is more to share. Conversations are more stimulating. The relationship becomes more passionate. It is important that you each have respect for the other's area of growth.
A partner may feel that it is unfair to be nudged towards growth. He may feel that she married him the way he was, and he shouldn't have to change. The important point is that she wouldn't put the effort into encouraging his growth if she didn't really love him and want to be with him.
You stagnate at your own risk. Instead of fighting her push towards growth, embrace it as a wake-up call. It is all too easy to sleepwalk through life, but if you fall asleep in the middle, you'll miss the best part.
Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit www.gwen.ca

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## Interlake communities raise the white flag of peace

By Patricia Barrett
Winnipeg Beach and Gimli were among nine municipal councils across the province that took part in the launch of the 7th Annual Peace Days Festival with a flag-raising ceremony Sept. 9.
Winnipeg Beach Mayor Tony Pimentel and Gimli Mayor Randy Woroniuk hoisted white flags emblazoned with the Peace Days logo outside their respective municipal offices at 9 a.m.
"This is important to Winnipeg Beach because it does bring awareness of peace and all the peace initiatives that are going on around the world," said Pimentel. "The world right now is in a really bad state, and peace and compassion are important in the world, especially compassion - compassion for people of different cultures, different beliefs."
Peace Days is an international event sponsored by World Peace Partners, Rotary International District 5550 to raise awareness of the importance of democratic governance and non-violent initiatives to solving conflict and to promote peace-related initiatives.
The Peace Days Festival, celebrated in Manitoba since 2010, will take place Sept. 11-25 with events hosted in Winnipeg and surrounding communities. Events will include a student walk for peace at The Forks in Winnipeg, art displays and concerts.
An international Day of Peace is observed on Sept. 21.
Pimentel said an inclusive community can help promote peace.
"Winnipeg Beach has always been the type of community that welcomes people with different cultures and different beliefs," he said."And we like to support this initiative to bring attention to peace in the world."


A gust of wind made the raising of the Peace Days flag a bit tricky for Winnipeg Beach Mayor Tony Pimentel, who had to use a ladder to attach the flag to the pole.

Pimentel rushed to his ladder at 8:59 a.m. and set to work raising the flag, a somewhat complicated operation because of the wind, the height at which the flags are set on the single flagpole outside the municipal office and the need to practise three-point safety (two feet, one hand on the ladder) at all times.
Pimentel may have been the only
 CAO Kerry Lawless, Coun. Pat Green, Mayor Tony Pimentel and Assistant CAO Kathy Magnusson took part in the Peace Day flag-raising ceremony Sept. 9.
municipal representative to use a ladder to hoist the flag. He has owned it for 29 years since he started working for a provincial utility and takes it everywhere, whether by vehicle or plane.
He was cheered on by Coun. Pat Green, CAO Kerry Lawless and Assistant CAO Kathy Magnusson, along with municipal staff.

In addition to Winnipeg Beach and Gimli, councils in Dunnottar, Selkirk, East and West St. Paul, St. Clements, Morris and Winnipeg indicated they would take part in raising the white flag.
For more information about Peace Days and its events, visit www.peacedays.ca.

## Riverton's footbridge nominated for Innovation Tourism Award

## By Patricia Barrett

A footbridge that connects Riverton's east and west sides has been singled out as a candidate for a provincial tourism award that will be presented next month.
"We were nominated for ... the Icelandic River Bridge," said CAO Cindy Stansell at council's regular meeting Sept. 7.

The bridge will vie for Travel Manitoba's Innovation Tourism Award, which recognizes excellence in the promotion and delivery of quality tourism experiences.
The bridge has a central sitting area and numerous lights affixed along its span. A statue of the Father of New

Iceland, Sigtryggur Jonasson, sits at its foot.
Coun. Warren Ostertag said the former bridge had been damaged by flood water and ice in 2011.
The Village of Riverton had received financial assistance under the federal and provincial Disaster Financial Assistance program to build the new structure in 2012 at a cost of $\$ 2$ million. Riverton has had four bridges 1892, 1910, 1932 and 1974 - taken out by flooding, according to a 2012 article in the Winnipeg Free Press.
Stansell asked council for a resolution to allow the RM to fill out a ques-

Continued on page 20


EXPRESS PHOTO BY WARREN OSTERTAG
The Riverton footbridge has been nominated for a Travel Manitoba's Innovation Tourism Award recognizing excellence in the promotion and delivery of quality tourism experiences.

# Riverton's new principal has her work cut out for her 

## By Patricia Barrett

To say the new principal of Riverton Collegiate is going to busy would be an understatement.
Erin Furgala will not only be supporting the collegiate's nine teachers, but she'll also be teaching math, working towards her master's degree and raising her young children.
"I'm looking forward to the year," said Furgala, who spent eight years with the Sunrise School Division before taking a position as resource teacher with Riverton in 2012."I know there's going to be some challenges, but there will be a lot of celebrations. ... I think it's a positive thing that I've got a community behind me that is very supportive."
Although it's too early for her to say what challenges she'll be facing as far as the principal's position goes, or whether some changes at the school will be necessary, she knows that time will be at a premium.
"One of the challenges I know I'm going to have is that I'm also teaching a Grade 11 pre-calculus course in the school," said Furgala, who grew up in Riverton and graduated from the collegiate. "So I think that might be just trying to figure out how to balance both of those at the same time."
Teaching math is something she said she loves, sometimes breaking out in song and dance during class as a way to help some kids struggling with the subject to view it positively.
"How you approach it, the attitude you come in with, I think is a big part of it. And giving kids the opportunity for success. So when they can see themselves as successful, then they can all of a sudden do math. They'll come and say, 'I can't do math.' But if ... you've shown them success, that perception changes."
Former principal Thomas Kowalchuk, who retired this summer, helped smooth the way for Furgala as far as the principal's duties are concerned.
"Thomas left me in a really good po-
sition. He has a lot set up for me ready to go," she said. "... For example, he had a file there for me about what to do when you don't know what to do."
Another challenge that may be beyond her control is a trend toward declining enrollment, which has probably not affected Riverton to a great extent as it has had some new enrollments, she said.
The collegiate offers grades 8 to 12 and had 108 students at the end of the year.
But rural enrollment numbers across the province are trending downwards, she said, because people are moving to urban centres for more opportunities and having smaller families.
"If you had over a span of 10 years continual declining enrollment, you cut back on extra courses."
She said she would love for Riverton to be able to give students as many course options as possible in the future.
To compensate for declining enrollment and subsequent lack of funding for courses that fall outside the core curriculum, Evergreen School Division runs an inter-campus program between Riverton and Arborg.
"For example, with the staff we have here, we can't offer all of the courses," said Furgala."And neither can Arborg, so between the two schools, we can offer a whole round of courses so kids ... have the option ... to go to whatever school is offering the course."
One thing Furgala doesn't consider a challenge is finishing her master's degree in educational administration. She has two courses yet to complete.
Once a week, after the last bell goes, Furgala will be hopping in her car and driving to the University of Manitoba for class.
"I really like going to university," she said. "I enjoy being immersed with people who are positive about education and believe that we're trying to make this a better place."
Support on the home front will help her accomplish personal educational

## > FOOTBRIDGE, FROM PG. 19

tionnaire that is part of the nomination process.
A panel of judges, composed of tourism industry representatives not affiliated with the nomination process, will evaluate the responses to the questionnaire and assign a score.
Three finalists will be invited to the 18th Annual Manitoba Tourism Awards event Oct. 4 in the Viscount Gort Hotel in Winnipeg, according to Travel Manitoba's website.
Council does not know who nomi-
nated Riverton for the award.
The bridge made it into the Interlake Tourism Association's Road Trip Colouring Book, said Coun. Donald Vigfusson.
The colouring book features events such as Teulon's Truck and Tractor Pull, unique sites such as Eriksdale's Creamery and Stonewall's Quarry Park and massive structures such as Ashern's sharptail grouse, Poplarfield's buck, Inwood's garter snakes and Gimli's Viking.


Erin Furgala, Riverton's new principal, said she's more functional when she's busy.
goals and guide the collegiate.
"I've got tremendous support from my family," she said. "It seems like I'm taking on a lot, but I have a lot of support."
She said Kowalchuk taught her the value of work-life balance. That motivated her to take the summer off and spend it with her kids rather than
rush to finish her degree.
"The kids and I hung out all summer. We relaxed, we had fun, we swam, we boated ... and I'm coming back refreshed," she said. "That was like a little Thomas [Kowalchuk] sitting on my shoulder saying, 'Erin, you're doing too much.' "

## Summer fun comes to an end



Left photo: Rylan Magnusson and Jayson Christensen sport rival AL East colours on their first day back to school in Lundar last week. Right photo: Emily Sigfusson, left, and Samantha Bennett are happy to be back for another year of learning.

# Thunder collared by Southwest Wolves <br> By Brian Bowman <br> Thomas Dunlop was just 6-for-17 for 

With a couple of upsets last weekend, the Midget Football League of Manitoba standings just got a whole lot tighter.
The Interlake Thunder found themselves on the wrong end of one of those upsets as they were defeated $17-10$ by the Southwest Wolves on Saturday.
"I think there were a variety of different factors that went into that game, to be honest with you," said Thunder head coach Kris Johnston. "We came out flat in the game. Leading up to the game, our practices were good but they could have been better."
Southwest took an early 7-0 lead and held that same advantage at halftime. The Thunder closed the gap to 7-3 on a William Page field goal in the third quarter.
But Southwest then increased its lead to $17-3$ before the Thunder scored a TD with about a minute left in the fourth quarter.
The Thunder's defence did a good job limiting the Wolves' offence throughout the game. Interlake held Southwest quarterback Gabe Grenier to just two completions in 14 attempts. One of those attempts was intercepted by Kevin Lister.
But Grenier did do some damage on the ground, rushing five times for 90 yards and a touchdown. Nicholas Stevens gained 70 yards on 10 carries while Barrett Mueller rushed another 30 yards while adding a TD.
The Thunder's offence mirrored the Wolves as Interlake quarterback
a paltry 70 yards.
"Our passing game struggled and we have to look internally into that," Johnston said. "There were a variety of things that went wrong. There were busted routes and assignments and dropped balls."
But while the Thunder struggled to move the ball through the air, they gained some sizeable yardage on the ground.
Colton Nedotiafko had a great game, rumbling for 120 yards and a touchdown on 16 carries. Dunlop added 69 yards with his feet while receiver Alex France carried the ball three times for 32 yards.
"We ran the ball in the neighbourhood of 200 yards on the day," Johnstone boasted. "Colton Nedotiafko had his breakout game that we were waiting for. He played absolutely fantastic from the opening whistle to the final (play)."
A lot of the credit for that great rushing attack should go to the Thunder's offensive line. They did a fantastic job blocking along with Rory Doak.
"The Wolves have a very good runstopping front seven, which we saw two weeks earlier when they did a great job stifling our running attack," Johnston noted. "Our offensive line really prepared well all week."
With last Saturday's loss, the Thunder now have a 2-3 record along with Southwest. The St. Vital Mustangs, meanwhile, suffered its first loss of the season as the Falcons Football Club won 27-16.


EXPRESS PHOTO BY LANA MEIER
Thunder running back Colton Nedotiafko of Fraserwood carries the ball while Gabriel Simard (52) of Fisher Branch makes a block against the Southwest Wolves.

Both the Mustangs and Falcons now have identical $4-1$ records. The Sunrise Coyotes are in fifth-place in the five-team league with an 0-4 record.
Interlake will visit St. Vital this Saturday ( $7 \mathrm{p} . \mathrm{m}$.) and then will host the

Falcons on Sept. 24 (3 p.m.).
"I know we can win these football games,"Johnston said."I know it's going to take a lot of effort and a lot of hard work ... but you want to take at least one of these games."


# Plenty of talent 

EXPRESS PHOTO BY LANA MEIER
The Interlake Lightning "AAA" Bantam hockey tryouts were held this past weekend at the VMSC in Stonewall with 61 participants. Previous years have usually been in the $50-55$ range, so the growth and skill level was encouraging for Interlake Minor Hockey director Darren Bond.


EXPRESS PHOTOS BY LANA MEIER Interlake Minor Hockey held their tryouts for the 'AAA' Midget female program this past week in Warren and Stonewall. Photos left to right: Interlake goaltender Kerigan Dowhy of Stonewall makes a save during the intersquad game; Gillian Henry of Gimli and Ashley Sigfusson of Lundar battle for the puck; Callie Farthing of Lundar gets ready for a slapshot, and Stonewall's Loren Proven and Taylor Buors of St. Laurent both go after the puck.

## Local KJHL teams announce training camp dates

## Staff

The Fisher River Hawks Junior "B" hockey team will be holding their tryout and conditioning camp this weekend at the Bryden Cochrane Arena in Fisher River.
The camp is scheduled to begin Saturday and will also run this Sunday
from 1 p.m. to 5:30 p.m. Other camp dates include Sept. 24 and Sept. 25.
For further information, please contact Vince Crate at 204-308-1428.
The Arborg Ice Dawgs began their training camp last Saturday at the Gimli Rec Centre.
Arborg was scheduled to hit the
ice again on Sunday, Monday, and Wednesday of this week. The Ice Dawgs will play exhibition games on Sept. 17, Sept. 24, and Oct. 1.
Other Ice Dawgs' practice times include Sept. 19 (7 p.m.), Sept. 21 (7 p.m.), Sept. 26 (7 p.m.), Sept. 28 (7 p.m.), Oct. 4 (8 p.m.), and Oct. 6 (8 p.m.).

The Lundar Falcons, meanwhile, will host the St. Malo Warriors in an exhibition game this Saturday (7:30 p.m.) in Warren. Lundar will then host the North Winnipeg Satelites on Sept. 30 (8 p.m.) in Warren.

# Baseball Manitoba accepting award nominations 

## Staff

Baseball Manitoba is beginning the process of recognizing players, teams, coaches and umpires that had outstanding seasons.
Baseball Manitoba is now accepting nominations in 15 categories. The award forms may be accessed through their website at www.baseballmanitoba.ca.
All nominations must be verified by the league president or association director. The deadline for nominations is Oct. 3.
The 2016 Baseball Manitoba Awards Banquet will be held Nov. 19 in Winnipeg at the Holiday Inn Airport West on Portage Avenue as part of the Baseball Manitoba 2016 Convention.
The awards committee will limit recognition at the banquet to those selected as the winners in each category. Those nominated and not selected to receive an award will be notified of their nomination by mail.
The nomination forms should be
completed and mailed to Baseball Manitoba 145 Pacific Ave., Winnipeg, MB, R3B 2 Z6 or emailed to baseball. brenda@sportmanitoba.ca.
Baseball Manitoba is accepting nominations for the following:

## Player of the year

13U (Pee Wee), 15U (Bantam), 18U (Midget), 21 (Junior), Senior "AAA", Senior "AA" and Female

## Coach of the Year - Grassroots

This award will be presented to a Baseball Manitoba registered coach with a minimum Level I Technical NCCP certification (coaches of "AA" or " $A$ " Minor club teams programs) for outstanding volunteer service to the sport at club, regional or provincial level. The nominee will be recognized for leadership and excellence and must be a current member in good standing.

## Coach of the Year High Performance

This award will be presented to a Baseball Manitoba registered coach with a minimum of Trained Provincial NCCP certification (coaches of Minor "AAA" teams, 21U, senior teams or provincial teams) for outstanding volunteer service to the sport at club, regional or national level.
The nominee will be recognized for leadership and excellence and must be a current member in good standing.

Team of the Year - Grassroots
This award will be presented to a minor team from the "AA" or "A" categories (11U, 13U, 15U or 18U).

## Junior/senior team of the year High Performance

This award will be presented to a 21U"AAA", Senior"AA" or Senior"AA" All-star team.

Minor team of the Year
High Performance

This award will be presented to a $13 \mathrm{U}, 15 \mathrm{U}$ or 18 U "AAA" team.

Youth Umpire of the year
This award will be presented to minimum Level II certification and 20 years of age or under.

## Volunteer of the Year

This award will be presented to an active adult volunteer whose contributions to baseball this current year have resulted in the creation of a better environment for players. Nominees may not be active members of Baseball Manitoba Board of Directors. Former candidates from past years are eligible for nomination in any of the MBA Awards categories.

Honour Society
Open to individuals who have made a significant long-term contributions to amateur baseball in Manitoba as a player, coach, umpire or volunteer for a minimum of 10 -plus years.

# Collings very good at senior nationals 

Staff
Garth Collings had a great run at the Canadian Men＇s Senior Golf Cham－ pionship in Niagara Falls，Ont．，last week，finishing in a three－way tie for 12th overall．
Collings finished at 7－over 295 after rounds of $70,72,81$ and 72 ．That left the

Matlock product tied with Oakville＇s Larry Taylor and Hong Kong＇s Doug Williams．
Michael Mercier of Juno Beach，Fla． won the individual portion of the event，finishing at 5 －under 283．That was two strokes better than James Gallagher of Yorktown，Va．

The low Canadian was Frank Van Dornick of Camrose at 2－under 286. He finished in a tie for third with Las Vegas＇Brady Exber．
As a team，Manitoba did extremely well by finishing second overall at 5 －over 293 ．Alberta won the inter－pro－ vincial competition by nine strokes
after combining for an impressive 4－under 284.
The senior champion Albertans now receive an exemption into the 2016 USGA Senior Amateur Champion－ ship．
British Columbia placed third at 10－ over 298.


SUDOKU

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| 2 |  |  |  |  | 9 | 1 |  |  |
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| 7 |  |  | 2 | 6 |  |  |  |  |
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| 4 |  |  |  | 7 |  |  |  | 3 |
|  | 3 |  |  |  | 1 | 7 |  | 9 |
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Fun By The Numbers

Like puzzles？ Then you＇ll love sudoku．This mind－bending puzzle will have you hooked from the moment you square off，so sharpen your pencil and put your sudoku savvy to the test！

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Sudoku puzzles are formatted as a $9 \times 9$ grid，broken down into nine $3 \times 3$ boxes．To solve a sudoku，the numbers 1 through 9 must fill each row，column and box．Each number can appear only once in each row， column and box．You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes．The more numbers you name，the easier it gets to solve the puzzle！

| 2 | 8 | $\varepsilon$ | 9 | 6 | t | G | $\angle$ | 1 |
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| 8 | G | 6 | † | 9 | 乙 | $\varepsilon$ | 1 | $L$ |
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| G | $\varepsilon$ | 1 | 6 | t | 9 | $L$ | 8 | 乙 |
| † | 6 | 乙 | $L$ | 8 | G | 1 | 9 | $\varepsilon$ |

Sudoku Answer


## CLUES ACROSS

1．Employee stock ownership plan
5．Teaspoon
8．Type of IRA
11．Restore courage
13．Pet Detective Ventura
14．Discount
15．Where rockers play
16．Light Armored Reconn－
aissance（abbr．）
17．Computer manufacturer
18．Nomadic people
20．Liquefied natural gas
21．Steps leading to a river
22．Benign tumors
25．In an early way
30．Type of wall
31．Pop folk singer Williams
32．Greek Titaness
33．Expresses purpose
38．Type of school
41．Least true
43．Delighted
45．Church building
47．Replacement worker
49．A sign of assent
50．Semitic gods
55．Ancient kingdom near Dead Sea
56．Partly digested food
57．Fevers
59．Genus of trees
60．Midway between east and southeast
61．Jewish spiritual leader
62．Gallivant
63．Hideaway
64．Source

## CLUES DOWN

1．Major division of time
2．Withered
3．Portends good or evil



4．Single sheet of glass
5．More long－legged
6．Scrutinized
7．Archway in a park
8．Oliver＿，author
9．Ancient Greek City
10．Type of shampoo
12．＿King Cole
14．Adventure story
19．Satisfy
23．Disappointment
24．Evergreen shrub
25．Parts per thousand（abbr．）
26．Young snob（Brit．）
27．Midway between northeast and east
28．Chinese surname
29．Poplar trees（Spanish）
34．Electron scanning microscope
35．Actor DiCaprio

36．Equal（prefix）
37．Cartoon Network
39．Revealed
40．Remove lice
41．Supervises interstate commerce
42．Whale ship captain
44．Baited
45．Bleated
46．Swedish rock group
47．Air pollution
48．Carbonated drink
51．Swiss river
52．Ottoman military commanders
53．Type of job
54．One point east of southeast
58．Sex Pistols bassist Vicious

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PUBLIC NOTICE IS HEREBY GIVEN under Section 194 of the Municipal Act that the 2014 Auditor's Financial Report, together with the related 2014 Financial Statements, for the former Rural Municipality of Bifrost and the former Village of Riverton, have been deposited in the Office of the Administrator of the Municipality of Bifrost-Riverton at 329 River Road, Arborg, Manitoba and are available for inspection by any person or his agent, during regular office hours and that any person, or his agent, at his own expense, may make a copy thereof or extract therefrom.
Dated at Arborg, Manitoba this 12th day of September, 2016.
Harold J. Foster
Reeve


## EMPLOYMENT NOTICE

Lakeshore School Division invites applications for the following positions for the Lakeshore Educational Growth Opportunities (LEGO) Program:

- Co-ordinator
- Site Supervisor

APPLICATION DEADLINE:
Friday, September 23, 2016 at 2:00 p.m.
Please see our website www.lakeshoresd.mb.ca for more details.
 2006 Ford F-750 dump / flatdeck. Only $69,000 \mathrm{~km}$. Allison automatic transmission. Trailer hitch and 16' Dump installed 2015 and used twice. 2nd owner, \$33,000 obo. 204-410-2547.

## CAR POOL <br> \section*{NEEDED}

Need to catch a ride to Winnipeg from Gimli on Wednesday's and Thursday's. I would need to be in the city by 8:00 a.m. near Main St. and Selkirk and can depart for home as early as 4:00 p.m. I am fl eible with depart times and will pay accordingly for the cost of gas. Please text or call Sylvia at (204)295-4486.

## BUILDING

FOR SALE
48' X 28' Insulated Metal Frame Shop to be moved from Stony Mountain area. 16' X 10' High overhead door, one man door. 220 V service and electric furnace. Great for repairs, storage, fabrication or? \$23,000. 204-410-2547.

## Interlake Women's Resource Centre

## Annual Ceneral Meeting

## Wednesday, September $21^{\text {st, }} 2016$

 Johnson Hall, Waterfront Centre, Gimli6:30 pm - membership purchase/renewal 7:00 pm - AGM
Guest Speaker: Holly Parcey of the SARAH program EVERYONE WELCOME!
iwrc.ca
Elections will be held for new Board members


Be in your new house by fall! 1584 \& 1638 sq. ft. RTMs ready for delivery. Pictures, floorplans available at wgiesbrechthomes.ca. Custom builds also available. For additional information call 204-3463231 or email wilbert@wghomes.ca

## STEEL BUILDINGS

Steel building sale "Blow out sale on now!" 21X23 \$4,998; 25X25 \$5,996; 27X27 \$6,992; 32X35 \$9,985; 42X45 \$14,868. One end wall included. Pioneer Steel 1-855-212-7036 www.pioneersteel.ca

HELP WANTED
Dream job! Live in caregiver/housekeeper in Winnipeg and Florida! Driver's licence required and be able to travel. (204) 997-4629.

## P

Penner Oil seeks experienced highway tanker trailer mechanic in Winnipeg. Experience with B620 inspections/ WPS qualifications considered an asset. Tanker maintenance/ repairs/welding experience required. We offer competitive wages, benefits, RRSP. Call 1-800-665-4302 ext. 251 or email orderdesk@ penneroil.ca

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## miscellaneous

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Trailers for sale. Car \& Equipment Haulers, Dumpbox, Cargo, Utility, Gooseneck Flatdeck, Cargo, Aluminum Livestock, CM Truckbeds. Parts \& full service. Kaldeck Truck \& Trailer, MacGregor, MB. 1-888-685-3127.

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Alfalfa/Timothy $5 \times 6$ round hay bales, excellent quality. 1500 lbs. each. Ph 204-364-3082.

## STRAW

FLAX STRAW \$2.50/BALE. MONDAY - SATURDAY. CALL BILL MATHESON AT 204-4675608, STONEWALL.


## EMPLOYMENT OPPORTUNITY

Riverdale Place Workshop Inc. requires a parttime Special Care Supervisor. Wednesday, Thursday and Friday, 8:45 am - 3:45 pm, 21 hours per week Pension Plan and Benefit Plan provided. Start day of position September 14, 2016. Provide one to one care and assistance with daily activities to a person with disabilities. First Aid Course provided.
A criminal record check required. Additional details and information about the job are available at the Workshop.
Please send resume or drop off at the Workshop. Alex Janower, Manager Riverdale Place Workshop, Inc. Box 609, Arborg, MB. ROC 0AO Phone: 204-376-5584 Fax: 204-376-5584 Email: riverdalew@mymts.net

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## MUNICIPALITY OF BIFROST-RIVERTON EQUIPMENT FOR SALE

 BY TENDER

The Municipality of Bifrost-Riverton invites tenders for the following equipment: 1-1999 FORD HANDI-VAN
Sealed tenders marked "Handi-Van" to be received by the undersigned by 1:00 p.m., SEPTEMBER 23, 2016.
This HANDI-VAN can be viewed by calling the undersigned for a viewing appointment or for further information.
The Municipality of Bifrost-Riverton reserves the right to reject any or all bids, to waive irregularities and informalities therein, and to award the tender in the best interest of the Municipality of Bifrost-Riverton in its sole discretion.

> Cindy Stansell, CMMA, C.A.O.
> Municipality of Bifrost-Riverton
> Box 70, Arborg, MB ROC 0A0
> Phone (204) 376-2391


## EMPLOYMENT NOTICE

LAKESHORE

## SCHOOL DIVISION

Lakeshore School Division is accepting applications for a permanent Head Custodian at Ashern Central School, in Ashern, MB, commencing October 3, 2016.
Responsibilities include:
Under the direction of the Principals and/or Maintenance Supervisor, the Head Custodian shall be responsible for performing regular cleaning and maintenance of the school building, property and furnishings, supervision of cleaning staff, monitoring and repair of building systems, responding to alarms and performing periodic inspections on the entire facility and grounds.
Qualifications:

- must be physically fit
- must be capable of working from elevated platforms and ladders
- shall respect the confidentiality of students and staff
- building trade experience is an asset
- previous supervisory experience is an asset

Shift: Monday to Friday (8 hours/day)
Salary: As per Collective Agreement
Start Date: October 3, 2016
A complete job description is available at the school.
Please submit a resume no later than Friday, September 23, 2016 at 2:00 p.m. to:

Mr. Mark Parkes
Director of Operations \& Infrastructure
Lakeshore School Division
Box 100
Eriksdale, MB ROC OWO
Phone: (204) 739-2101 Fax: (204) 739-2145 Email: parkesm@lakeshoresd.mb.ca
We thank all who applied for their interest, but only those selected for an interview will be contacted. Lakeshore School Division may contact former employers.
Successful candidates must complete a Criminal Record and Child Abuse Registry check prior to commencing employment.


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## RETIRAMENT AUGTION SALE FOR

## Esther \& the late John Sveinson Moosehorn, MB

## Saturday, September 24, 2016 at 10:00 a.m.

Sale site: From Moosehorn Hotel - 1.8 km North on Hwy \#6 to Township Line. Turn West for 19.2 km to Ashton Villa Road. Turn South for 4 km . to Nightingale Road (follow signs) Tractors \& Equipment: 1979 Universal 550, (one owner), w/3pt hyd, 1422.9 hrs; Approx 1975 Ford $5000 \mathrm{w} / 3 \mathrm{pt}$ hyd, 7019.8 hrs ; 1980 MH 750 Combine, diesel, w/Melroe p/u; (last started 2012); J.D. 225 Offset Disk - 14ft wheel type w/hoses \& cylinder; J.D. 5 Bottom plow; Farm Hand stack mover; 1976 Hawk Model 250 Manure spreader - 2 ton w/1100 X 20 tires; CCIL 16 ft Discer seeder; CCIL 16 ft Surflex discer; CAT 8 ft single Rome disc; (2) 3 pth Bale forks; 3 pth Scraper w/2ft bucket; 3 pth Buhler Farm King blade, 6 ft; F16A Farm Hand loader w/3ft bucket; Farm King snow blower, 3pth, 80" hopper w/pto cyl; Snow King snowblower, 4 cycle, Tecemseh motor, elec. start, low hrs, 30 " hopper w/fabric shell cap \& plastic windows; Old Potato digger; Vehicles \& Trailers: 1960 Mercury 2 ton Dump truck w/metal sides, wood floor; 1981 Skidoo, 3528 km ; Starcraft 14ft fiberglass boat w/55 hp Evinrude motor; 1978 Vanguard slide-in camper, 10 ft w/stove/fridge/propane furnace/awning/jacks - sleeps 6 , completely new metal roof/exc cond Tools \& Shop: Kodiak pressure washer, 1300 psi; Eatons welder; Tire changer (new); Band saw for metal Misc. tools/tool boxes/tool chests; Buffalo press drill, $16 \mathrm{spd}, 5 / 8,3 / 4 \mathrm{hp}$ motor; Honda Generator EM3500XK1; Berkley Franklin 4" Submersible pump, 10 stage, $2230 \mathrm{v}, 1$ 1/2 hp w/80ft 2" hose \& wiring Yard \& Miscellaneous: (2) Behlen steel grain bins (approx.. 1800 \& 2500 bu ); (1) Inland steel grain bin (approx. 1800 bu); Case Garden tractor w/attach tiller, lawnmower, blade (motor needs Hailey Coil); Princess Auto Powerfist wood splitterSaw mandrel w/3pth \& assort blades; Muskrat \& Koni bear traps; Tanaka gas whipper snipper w/ garden tiller attach; 3pth Garden cultivator \& 2 bottom plow Cattle Equipment, Household \& Camping Firearms: Metal Homak security gun storage case; Old 12 gauge single shot shotgun; Lakefield Mossberg 500AB 12 gauge shotgun; (2) 3030 Savage Model 340 Rifle; 3030 Savage Model 340 C Rifle; Lakefield 22 cal, Model \#64B w/Tasco scope; Lakefield Mark II 22 cal., repeater; Carbine Automatique Gervarm 22 cal.(made in France)

Auctioneer's Note: For more info: call Esther at (204) 768-3788
Complete listing at www.globalauctionguide.com

## Lorne (Buddy) Bergner, Auctioneer

Box 721, Ashern, MB ROC OEO Ph: (204) 768-2669/ Fax: (204) 768-3237 www.bergnerauction.com Email: bergauct@mymts.net
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 Chatfield, MBJct 419 \& Hwy 171 Mile South East on Hwy 17 Then 3 Miles East on Rd 120 Then South 1 Mile,

Then $1 / 2$ Mile East, Then $1 / 2$ Mile South Contact: (204) 837-7584
Tractors Int 350 Gas Hyd * Belarus 570 Cab 3PH 392 Hrs * AC D17 Gas HL w/FEL 4774 Hrs* 3)AC WD45 2PH Hyd 1) FEL * JD 60 Row Crop w Add On 3PH * Case 930 Cab * 2) Ford 8 N 3 PH* MH 44 * Case VA -Parts *AC WD45 2PH-Parts * FEL Buckets * Crawlers JD M Gas Crawler w Loader *Int TD9 Crawler w Angle Dozer * JD450 B Crawler * Case Crawler w Angle Blade-No Engine * Equip 2) JD 510 Rd Balers * Cockshutt 542 Combine * New Idea 486 Rd Baler * NH 845 Rd Baler * Int 430 Square Baler * MF 36 Swather 15' * NH 1000 Square Bale Wagon * Case 10' Offset Discer * Riteway 12 ' Rock Rake * Int 45 14' Cult * JD 450 9' Trailer Sickle Mower * JD 8 Semi Mt 7' Sickle Mower * Case 10 Trailer Sickle Mower * Farm Wagons * 3) Side Delivery Rakes * Bandsaw \& 3PH Equip *Wood Mizer Products" 18 HP Gas Port Band Saw 968 Hrs- Kept Inside * Cement Mixer * Bear Cat Chipper/Shredder * 6' Rotary Mower * Buhler/Farm King 6' Cult * V Style Snow Blower * 7' Blade * AC Plow * Vehicles 87 Dodge Dakota 4x4 * 60 's Dodge 500 w 10 ' B\&H * 49 Merc M135 w B\&H * Int R1500 Truck * Ford F155 Truck * 60's Ford Meteror Wagon * 60's Ford Ranch Wagon * Laurentian Safari Wagon * Hornet * 60's Dodge Manaco * Rambler Classic * Olds Ninety Eight * Nova * Chrysler La Baron * 80's Chev Van * 40's Dodge Crusader * 40's Plymouth Special Deluxe* 30 's Morris * Yard \& Receation 83 Honda Big Red 3 Wheeler *10’ Alum Boat * Honda 70 Trail Bike * 3) R Lawn Mower * Inland Trailer Sprayer * Simplicity Walk Behind Tractor * Chains Saws * Yard Trailer* Misc \& Scrap Metal Quon Shed- Never Assembled * New Carport * Hyd Cyl * B\&S Gas Engine * 50) Treated Fence Posts * High Tensil Wire * Chain Link Fence * Elec Fencers * Saw Mandrel Blade * ${ }^{\prime}$ ' Gal Sheet Metal * Welding Material * Selkirk Chimney Plywood * Bolts, Screws \& Nails * Oils * Lubes* Large Amount of Scrap * Wire And Batteries * Various Tools *
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Tractor \& Yard JD 850 DsI MFWA H.L. Cab 3PH Hyd w JD 75 FEL 1649 Hrs. * JD 455 Dsl Hydrostatic Garden Tractor w 60" Mower, 48" Frt Mt Snowblower \& 3PH JD 350 42" Roto Vator 1611 Hrs. * Farm King / Buhler 60' 3PH Snow Blower * 3 PH New PTO Drive Chipper/Shredder * White 14.5 HP Snowblower * Push Gas Mower * Mini Tiller * 5 HP Roto Tiller * Stihl Chain Saw * Stihl Hedge Trimmer * Stihl Gas Weed Eater * Yard Trailer * Yard Ornaments * Bench Trailers \& Equip BH 18' Tandem Flat Deck w Ramps * 08 BH Triton AI Tilt Double Snowmobile Trailer * BH 12'Tilt Deck Trailer * 3PH 7' Road Leveller * MH 6' Offset Disc * 24' Firewood Elevator *Trailer Wood Splitter w Honda 14 HP * Recreation \& Guns Mirrocraft Al 14' Boat, Trailer w Johnson 25 HP Outboard * Honda 2003 Wheeler * 7 Guns-22's * Black Powder * Rifles * Some Ammo \& Accessories* Leg Traps * Camping \& Fishing Items * Butcher Equip Toledo 5200 Meat Band Saw * "Steak Master" Meat Tenderizer * Meat Grinder * Meat Slicer * Sealer Machine * Stainless Steel Table * Tools Mac Tool Cabinet * 250 Amp Welder * Drill Press * Acetylene Torches * Metal Chop Saw * Band Saw * Air Comp * Battery/ Booster Charger * Hyd Jack * Clamps * Hand Tools * Shop Supply * Power Tools * Air Tools * Misc New Onan 2400 Watt Generator * Honda GX120 Water Pump * Banding Tightener/Crimper * Load Binders * Chain \& Hooks * Trailer Accessories * Ready Heater * Hyd Cylinders * Elec Fencer * Tractor Chains * Welding Material * Welding Table \& Vice * Shelving * Home Repair * Window * AI Ladders * Antiques \& Household JD Big 4 Horse Sickle Mower * Copper Rooster Weather Vane * Crocks * Deep Freeze * Fridge * Washer * Dryer * Kingsman Wood Heater * Oak Double Pedestal Table \& 8 Chairs * Oak 4 Pc BR Suite * China Cabinet * Lazy Boy Recliner * Kitchen Items *
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