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Riding in memory of mom

EXPRESS PHOTO BY ROBERT E. WILSON

Stu Stanbra of Komarno and his grandchildren, left to right, Brynn Lee, Hayden McDonald and Brook Lee, were driving Hayden's late mother, Sinead Lee's team of horses Joker and Tony Montana during the chariot race at the Teulon Rodeo last weekend.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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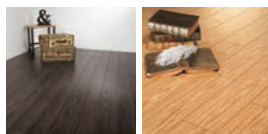
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Husavik Housing development defeated by Gimli council

By Patricia Barrett

It was standing room only in Gimli council chambers Aug. 24 when about 25 Husavik residents filed in to voice their opposition to a proposed life-lease housing development in their community, about eight kilometres south of Gimli.

Housing developer Baldur Nelson appeared as a delegate to provide an overview of his proposal and speak to residents' concerns.

"What I intend ... is ... two rows of attached single-family bungalows with attached garages, in total becoming eight units," said Nelson, who was permitted to speak first. "This project is aimed at the age-restricted life-lease market. The buildings themselves conform to building code regulations and RM bylaws, other than the density part."

Nelson, who has lived in the community since 1957, owns two lots on Husavik Road where he wants to build the housing. Each unit would be 1,050 square feet. He said he imagined residents' concerns would centre on increased traffic volume, lower property values and higher density.

"I would ask that the concerns being presented are, in fact, backed up by legitimate statistics and are not just some imaginary phobias," he said. "... I do not believe that the current influx of outsiders to my area detracts in any way from my personal usage or enjoyment of the area."

Nelson said newly laid sewer lines



Housing developer Baldur Nelson met with Gimli council Aug. 24 to discuss a life-lease housing development opportunity.

in Husavik prompted his decision to pursue the project. He also cited similar housing units built in Winnipeg Beach and Arborg, and a proposed development in Riverton led by the local Elks chapter.

One resident by the name of Dorothy read a letter outlining her and her husband's opposition to Nelson's development.

"We chose this area near Gimli for its appeal as a residential resort zone — quiet, exclusive and peaceful with a pristine unspoiled beach nearby," she said. "The real estate ... is expensive for many of the reasons mentioned. If a multiple-family row housing development were to be approved, it would be incompatible with what we believe to be the appeal of this area, depreciating the real estate value."

Dorothy said she spent close to \$20,000 getting municipal sewer



EXPRESS PHOTOS BY PATRICIA BARRETT

Badur Nelson's daughter, Kaneena, said change in communities is inevitable and was the only one in favour of the proposed age-restricted life-lease eight-plex for Husavik.

services hooked up, and she and her husband want to remain in the area. The eight units would, she believed, increase the population "resulting in a significant strain on our infrastructure ... our water system, pristine beach and increased traffic and noise and general unsightliness."

Allowing such a development could also set a precedent for similar developments in the area, she said.

Resident Dave Huston, who has lived in the area for 18 years, also spoke of the possibility of seeing his property value plummet and RM tax revenues declining.

He spoke of how he envisaged the building.

"When I come down the street, Husavik Road, to our house, the lot is 200 feet and there would be 160 feet of wall and ... it would be a back wall. If you look at the street, most of the houses on that street, they face the street."

Huston asked council for a guarantee that the row housing would not negatively affect property values.

"I'm trusting that council will either reject the application or ensure it's compatible with the general nature of

the surrounding area," said Huston, "and will not be detrimental to the general welfare of the people living or working in the surrounding area or negatively affect properties."

Permanent resident Brian Philpott commended Nelson for trying to improve the shortage of housing in the region.

"I give him credit for trying to do something for housing in Gimli," he said.

He said that he has no objection to people using the beach and has little concern about traffic but that Husavik is unsuitable for multiple-family dwellings.

"It's a great idea," said Philpott, "but this is just not the place for it. There's a lot of other areas that would be better-suited for eight-plexes."

Sandra, who recently moved from Winnipeg, said if the developer could not get enough seniors into the building, he would probably let younger people move in.

"Then you have the issue of noise," she said.

Nelson's daughter, Kaneena, was the only person who spoke in favour of the development. She took to the floor to make the point that change in communities is inevitable.

"I've seen the community change over the years," said Kaneena, who spent about 35 years in Husavik. "I've seen many places change ownership over the years. Change is inevitable."

She suggested that perhaps her dad's housing development could be a six-plex rather than an eight-plex.

"I don't mind seeing the community grow," said Kaneena. "I don't understand ... the scare of bringing down

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Arborg Assisted Living Centre resident organizes 10th Anniversary party

By Patricia Barrett

A resident at the Arborg Assisted Living Centre could not let the 10th anniversary of the facility go by without a party.

Paul Trakalo, one of the original tenants of the facility, organized a celebration Aug. 16 after approaching the Arborg Seniors Housing Corporation (ASHC) board, which owns the facility.

And he wasn't about to take no for an answer.

"I told them I want a big party on the 10th anniversary," said Trakalo.

The board chair, Bifrost-Riverton Reeve Harold Foster, and the vice chair, Town of Arborg Mayor Randy Sigurdson, weren't about to argue.

"The board told him that if Paul wanted a party, we're having a party," said Maureen Sigurgeirson, who is a member of the ASHC.

Trakalo, who is 89 years old and leads the centre's exercise group five days a week, gave a speech at the celebration.

Two other 10-year tenants, Veronica Gergatz and Veronika Pammer, also gave speeches.

Two local dancers, both of whom have grandparents in the facility, performed for the tenants, and a singer from Komarno performed old-time favourites.

Trakalo said he loves living in the facility. He has his own apartment and

the staff prepare meals for all the tenants.

"The meals are...always just about perfect. And service is always the best," he said. "You always get whatever you need. You ask for something, they run."

Trakalo used to grow vegetables and make his own preserves when he living in his own home, and it's something he wishes he could still do.

"I still miss my gardening. But you've got to take it [life] as it comes, go on in life," he said.

In addition to the Assisted Living facility, the Corporation owns the Legion Villa down the street and the House of Hope, a seniors complex on the west side of town. It's currently spearheading a proposal to build a new personal care home, which would be connected to the assisted living facility.

The PCH is something Trakalo said he's looking forward to, especially the central visiting area where he could have coffee with friends and visitors.

"Paul was one of our first people to give a nice donation towards the personal care home build," said Sigurgeirson. "He just decided on his own that he would like to do this."

"They deserve it here," said Trakalo, who grew up in Meleb and farmed for



EXPRESS PHOTOS COURTESY OF MAUREEN SIGURGEIRSON

The residents at the Arborg Assisted Living Centre celebrated its 10th anniversary last week.

many years.

He said moving into the facility was "the best thing I ever did."

"You feel like you have to retire. You feel you've got to take an easy life," said Trakalo, who worked a number of different jobs after he left farming.

During the party, the board paid tribute to six staff members who have been with the facility since it opened in 2006: Ken Firman, Ingrid Fjeldsted, Tessie Devera, Jackie Bjornson, Gary Sigvaldason and Sigurgeirson herself.

Residents and family members mingled under a big tent outside and enjoyed hamburgers, hotdogs and salad. The Town of Arborg donated sundaes and Co-op donated a huge anniversary cake.

"We had a little bit here, up and down," added Paul, referring to alcohol.

"You had a glass of wine, Paul?" asked Sigurgeirson.

"Two," said Trakalo with a mischievous smile.



Paul Trakalo, one of the original tenants was insistent that the 10th anniversary be celebrated with a party.

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Gimli's fighter jet heads to the hangar for repair

By Patricia Barrett

The T-33 fighter jet that sits high above First Avenue in Gimli sustained minor damage to one of its fuel tanks last week when a contractor working at Gimli Harbour for Fisheries and Oceans accidentally hit it.

The fuel tank is a "torpedo-like structure at the end of the wing," said Mayor Randy Woroniuk, who fielded dozens of calls from the media over the weekend. "They crumpled the nose cone."

Woroniuk said the fuel tank sustained "minor damage" and that it may only require a bit of tin, re-riveting and painting.

"I've had half a dozen calls from people across the province offering parts," said the mayor.

Some of those calls came from folks

at the Western Aviation Museum, 17-Wing in Winnipeg and a man from Falcon Lake who has a T-33 in storage.

The town removed the plane from its pedestal and put it in storage.

"We do have insurance for it," said the mayor.

It's yet to be determined whether the contractor will offer to pay the deductible.

The fighter jet is an aeronautical relic from days past when the Royal Canadian Air Force used to train pilots at a base west of town.

The plane was presented to the town by CFB personnel to commemorate years of friendship and co-operation between 1943 and 1971, according to the commemorative plaque at the pedestal's base.



EXPRESS PHOTO BY PATRICIA BARRETT

Gimli's T-33 fighter jet sustained minor damage to one of its fuel tanks last week when a contractor working in the area accidentally hit it.

Grahamdale looking to rezone farmland to recreational

Local farmers hoping to convert pasture land to cottage subdivision

By Jeff Ward

There could soon be new cottage lots in the Steep Rock area if RM of Grahamdale council can rezone private land designated as agricultural space into recreational land.

Robert and Tracy Filion have owned the land east of a Steep Rock subdivision for years. Tracy Filion explained that she and her husband have seen the popularity of the area increase and want to capitalize on it by converting 158 acres into cottage lots and

potentially a new RV park. Filion said that the land is currently used as pasture that they used when they farmed many years ago.

"Steep Rock seems to be growing. The park is a fabulous place that lots of people know about and it's bringing attention to the area," said Tracy Filion.

"We thought that it would be a good opportunity for us to get involved and try to expand. It's exciting because we do want our communities to grow. We

want to retire here in a community that is flourishing."

Filion said that if the rezoning goes through that they would have surveyors on site as soon as possible to get the development started. She added that a road would need to be built to the RM's specifics, which would then be handed off to the municipality for them to look after.

Filion said that this will take time, but if things move along properly, she expects to have sites ready for sale sometime by the end of next year.

"Our first phase will be cottage lots because that's our top priority. We expect to have room for at least 20 of

them. After that, we might look at constructing an RV park if the demand is there for it," said Filion.

Grahamdale Reeve Clifford Halaburda said that he's in favour of the change because it represents an exciting investment in the community, and that if things work out, it would be good for the Filions and for the municipality.

A public hearing is being held to discuss the matter on Sept. 22 at the RM of Grahamdale office at 7 p.m.

The public hearing will be ratepayers' opportunity to voice their concerns or support for the rezoning.

Taste of the Interlake

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Taste of the Interlake Menu

Chicken Chef: Chicken, Baked Potatoes, Coleslaw and buns

The new Alycia's: Ukabobos (Perogies, Kubasa & Pickles) and Cabbage Rolls

Thai Plaza: Soup, Coconut Rice, Pad Thai and Red Curry Chicken

Sugar Me Cookie: Ponnukokur and Vinatarta

> HUSAVIK HOUSING, FROM PG. 2

the property assessments ... because we'd bring more people into the area. It increases our property value."

Nelson, who spoke again after residents' concerns were presented, said council had not been "presented with one iota of fact."

Concerning the 160-foot "wall," he said, there is "green-space on all the backsides of those units" and that the unsightliness is "only imagination."

"It's up to this council which delivered that sewer line to make use of it ..." he said. "And if you reject this — we have reporters sitting here — this is going to be a stigma to Gimli and anything that's going to

happen over here."

Coun. Danny Lyprypa, speaking to the density issue, asked Nelson whether he would consider reducing the number of units.

"No," said Nelson. "There's a feasibility factor of doing things. If you do not go for that number, then there's no sense in even trying to approach financial institutions."

Council voted unanimously to deny Nelson's proposal, which prompted applause from residents.

Speaking with the *Express* after the hearing, Nelson said, "I'm definitely sorry for Gimli. It's another nail in the coffin to economic endeavours, chasing people away. Once again, I

thought we had a progressive council, but it's the same old, same old."

During question period, Mayor Randy Woroniuk said he's "all for the development of housing, but I feel for a 55-plus life lease, it would be far better in town ... which is accessible to all the amenities in the community."

"I also don't believe that in that area [Husavik], a multi-unit dwelling ... fits into the ambience of the community," said Woroniuk.

Coun. Richard Petrowski said it would be "too tight" for the property.

Coun. Palson said she agreed with council that the building wouldn't work.

A different perspective on challenges facing Indigenous communities

By Patricia Barrett

A student who grew up in the communities of Peguis and Fisher River was hired by Niki Ashton, NDP MP for the Churchill-Keewatinook Aski riding, to provide her with an insider's perspective of the challenges facing Indigenous communities and to act as a liaison with residents.

A community member recommended 22-year-old Shannon Bear to Ashton's constituency team because of her strong educational background in history and Indigenous studies, experience helping Indigenous youth in Winnipeg and knowledge of the communities that are part of Ashton's riding.

"We discuss a lot about all different kinds of issues and topics. And from there, I just let her know about the experience of being in a reserve," said Bear, referring to Ashton. "And ... where we need political help from ... Ottawa."

Long before Ashton put out the call for a summer liaison, Bear said she knew of her platform and her work in the community.

"You can tell she has this drive to want to help the communities because we don't see many politicians going door-to-door and talking to people first-hand," said Bear, who earned a BA this year with a double major in history and Indigenous studies from the University of Winnipeg. "She came here, and she actually saw the living conditions and she wants to help."

Ashton's outreach and constituency assistant, Clif Evans, hired Bear before the MP arrived from Ottawa.

He said he found Bear's perspective valuable and was impressed by the way she handled herself with constituents.

"I think, more than myself, she was able to really communicate the issues

... with Niki," said Evans, former NDP MLA for the Interlake riding (1990-1999). "She was great at the door. There is a certain way you approach people when you're canvassing and doing outreach."

Whenever Bear encountered someone who wanted to engage in a political issue, she would refer the person to Ashton, said Evans.

Evans said Bear gave him insight into how youth feel about getting involved in local issues.

"It seems like the younger people are a little more aware of how things are being done on the reserve," he said, "whereas in the past, young people wouldn't want to say anything."

In addition to providing Ashton and Evans with a different perspective into First Nation issues, Bear said she was hired to "be opinionated."

"He [Evans] said it's very important that if I have opinions, if I have questions, not to be afraid ... to challenge things."

Bear accompanied Ashton and her team to various communities to hear residents' concerns and to facilitate contact with the MP.

In addition to Peguis, Bear accompanied Ashton to Fisher River, Jackhead, Pine Dock and Matheson Island.

"In those communities, the major, major issues that were brought up were housing and floods," said Bear. "And another thing was roads. ... Those were really big issues that many people in the community addressed with her."

Having grown up in Peguis and Fisher River, Bears knows the challenges with housing in First Nation communities.

Many ready-to-moves homes the government purchased from the U.S. after the flood of 2011 are mouldy, she said. Visitors will see brand new homes in Peguis, for instance, while

travelling throughout the community, but not realize that many are uninhabitable.

"It's very stressful because — as someone who lives in a reserve and I see it first-hand — a lot of people become homeless. It's to the point where they have to live with their siblings or their grandparents or their parents," said Bear. "... There's three generations living in one home because of the housing out here ... even the new homes we got a few years ago, those are already mouldy and they were just built."

While she attended university in the city, Bear volunteered at Inner City Youth Alive, a youth centre in Winnipeg's North End that provides meals, mentorship, wilderness camps and hope.

She said she met a number of youth from Lake St. Martin at the centre. The community had been evacuated to Winnipeg after the 2011 flood.

Having been removed from the only home they knew and forced to live in hotels, the youth were trying their best to adapt to city life — in addition to dealing with family members who experienced past abuses under church and state.

"I always wanted to work with youth," said Bear. "That's where my heart is, with the youth, because a lot of Indigenous youth, the ones I saw ... in the program, they're not really aware of the intergenerational effects of residential school."

She said it's important for Indigenous people to know their history, and that people living in the city are somewhat disconnected from "a sense of belonging and a sense of community."

"Indigenous people's ontologies are a lot different than non-Indigenous," said Bear. "Our way of life, our philosophies and our education systems, our leadership systems — everything



EXPRESS PHOTO BY PATRICIA BARRETT Shannon Bear, who grew up in Peguis and Fisher River, was hired by NDP MP Niki Ashton to provide her with greater insight into the challenges facing Indigenous communities in the northern Interlake.

is a lot different. So it's such a big adjustment from a reserve to Winnipeg."

And getting the younger generation to advocate for their community's betterment is something Bear said she wants to address with Ashton.

"That's something I can bring to her attention — how do we attract the younger generation?"

Bear said she hopes to work with Ashton in the future.

"I'm glad to be a part of her team because the things that she's fighting for in parliament are things I stand for," she said.

In the meantime, Bear is planning to pursue an education degree in order to become a teacher.

"Education and politics are my two major passions," she said. "I don't know if I'll ever be sitting in the parliament, but, for sure, advocating for Indigenous rights is very important."

Budget meeting for West Interlake being planned

By Jeff Ward

The software and template issues that plagued the completion of the 2016 general budget for the RM of West Interlake are now fixed and the public will soon have the opportunity to review the document at a public hearing.

West Interlake CAO Larissa Love said that the province changed the template for municipal budgets for this year and that caused some issues. She explained that the coding and formulas used weren't carrying over to other pages of the budget, which ended up creating many incorrect totals. Love said that there weren't any challenges or issues with council and

that the problem with the delay lies solely in the spreadsheet.

"We had formulas that weren't transferring from page to page and I ended up getting help from a municipal finance officer who walked me through the issue," said Love.

"During the issues, I did apply for an extension for our budget which was granted. We will be posting the date for our public meeting sometime soon and we should have that meeting by the end of September."

The RM has to give a minimum of three weeks' notice for the public hearing to allow for ratepayers the opportunity to attend the meeting.

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getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL Horse power to the rescue

Welcome, folks.

Picking my way along the meandering path by the shore at Grand Marias on last Tuesday's warm, overcast afternoon, I could see a thin, dark-haired chap coming toward me pushing a bike that had a knapsack and fishing rod strapped to it. As we met on the trail, I asked if he had any luck fishing.

He smiled and patted the knapsack, saying, "Yeah, I caught a couple." Our new angling brother, Bruce Johnston of Grand Beach, was totally at ease in his three-day-old grey-black beard, tattered clothes and flip-flops. As we talked, he jokingly went on about how every time he would fish off the Grand Beach "trestle," he would scour the gravel looking for the reel handle of his favourite rig he lost a month ago.

It reminded me of a friend who had more money than he could ever use in his lifetime, but when he snagged and lost his favourite lure by the Lockport spillway, he went into the water feeling around with his feet for over an hour until he found it.

Dodging cloud bursts later in the week, I rambled on down the river road by the Selkirk's "blue bridge" till I saw some folks riverbank fishing.

Getting out of my car, I was greeted by a vivacious lady with short, curly, graying hair and restless energy. Mary Ann Kokan-Nyhof was from Winnipeg and brought up a funny thing that happened when she was fishing by Opapiskaw in Nutimik Lake with her son Alex and nephew Gabriel. Gabriel caught a pickerel with minnow bait only to find a crayfish a little further inside it. They salvaged it and, using it for bait, caught many more fish.

Come Friday, I felt it was time for a visit to Hecla. At first, on the village



EXPRESS PHOTO BY ARNIE WEIDL Rupert Tommer, left, daughter Taslima and wife Yvonne, far right, with some of their catch off the Hecla village pier.

pier, in the hot wind and hazy sun, I met a terrific Winnipeg family, Yvonne and Rupert Toomer with their daughter Taslima. They've been fishing here for years and she remembered when a mother and son were fishing beside them and the son hooked his mom in the ear when he was casting. The hook was in deep, so they had to go to Gimli to get it out, but not long after, they came back and kept right on fishing.

After I left the Tommers and was slowly driving to north Hecla, my instinct told me there was still more to be told from here this time, so I turned back and made for John Dziad's village store. John, a tall man, strong in body and character with short, wiry, greying

hair, was standing behind his counter when I walked in. I explained my dissatisfaction, asking if he knew someone with a fresh, unusual fishing story. In his usual decisiveness, he simply declared, "Ivan Grimolfson."

Moments later, I was driving up Ivan's long driveway to his house, which faced the lake. As I left my car, I could see a fellow with a snow white beard and hair in the veranda rising to meet me. Ivan and I shook hands as a perfect breeze flowed through the veranda while we overlooked the vast expanse of Lake Winnipeg's turbulent waters. Then he shared a story about when he and his wife Dolly were young.

One winter morning, Ivan with his horse and sleigh-shack left here going across the ice to the west side of Black Island and started pulling nets "under." His neighbour Alex Johansson was doing the same close by. The water currents under the ice by Black Island are fast and forceful, so when Ivan felt a shudder under his feet and a loud snap, he became rigid and alert. Between him, his rig and Alex, the ice opened up all around with water welling up some 20 feet across, trapping him.

Back at the homestead later, Dolly while working in the kitchen, noticed Alex coming off the ice with his rig and Ivan's in tow. She started to wonder, though, when not long after that she saw Alex going back out onto the ice again with his horse pulling a boat. At dusk, Ivan, Alex and the horse pulling the boat came off the ice. When Ivan came into the house, Dolly asked what was going on. He just smiled, responding, "Alex had to rescue me across some water."

Till next week, friends. Bye for now.

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letters

Letters to the Editor: letters@expressweeklynews.ca

Who's making the decisions within the Interlake-Eastern Regional Health Authority?

Dear Editor:
It has been reported in local papers the Interlake Eastern Regional Health Authority (IERHA) is closing nine hospital emergency departments (ED) on a rotational basis. The ED services will be opened and closed on a revolving basis, determined by a handful of doctors (reported earlier in the year) and the CEO, Mr. Ron van Denakker, with the blessings of the health board of directors. The notice of which EDs are open/closed will be publicized through various means to the public. It is promised that at least once a month, each of the ER departments will be open. The rotational ER closure/openings is to begin Sept. 6, 2016.

Up to this point, if a doctor was not available for ED duties, professional nurse-managed personnel staffed the ERs. This ensured all our ERs were open. The nurse-managed approach has been working very well for the last three years.

The public has been reassured our hospitals will not close, patient safety

will not deteriorate. It appears that the few doctors, our health board of directors and CEO are all very content with their decision.

"It's not the best but it will have to do." Did the IERHA consult with the public and/or the nurses and supporting staff people within the nine hospitals? Due to this decision, there must be dreadful working relations between doctors and staff personnel.

Even the MLAs in the region and our premier think this rotational ER closures is a good thing. Our premier has promised that quality and outstanding health services will be maintained at a high level. He has repeatedly promised our health-care services will be much better than anything we have had in the past.

The discussion about the issue of rotational ER services is quickly diverted into a conversation about a doctor shortage. Does this mean other health regions will adopt rotational ER closures? Doctor shortage has been a chronic challenge. The shortage of doctors is a reality unlikely to change. The rotational closures/open

of ER is not related to doctor shortage. It is connected to a few doctors putting pressure on our IERHA.

Very few people are supporting this approach to ED health-care services. Just envision if a person is suffering a heart attack, a stroke, a vehicle accident, the list goes on, it is assumed that somehow they will know which ERs are open or closed. When time is of the essence, who will be available to evaluate a person's emergency health issue? Who makes the call for referrals to other hospitals, tests, treatment, emergency surgery ... do we leave those decisions and actions to family, RCMP, a passing motorist, emergency services personnel, and who calls for STARS services? Who pays for this abandoning of ER services?

This approach to health-care services will influence legal actions taken against the IERHA and other levels of government. The only group not included in legal action will be the doctors because she/he won't be there!

Common sense tells us nurse-managed care in the ERs when a doctor is not available, which has worked for the last three years, is the better de-

cision than rotational openings and closures of ERs.

The Collage of Physicians & Surgeons of MB (CPSM) is the strongest union in our province, and we can be assured they do not want nurse-managed services in any emergency departments. We have a few doctors negotiating and steering the IERHA board of directors, CEO and elected officials in a direction they want us to go. Improved health-care services do not mean relying on one group of professionals (doctors) to advance the overall quality of care. Who's making the decisions within our regional health authority: the doctors, the CEO, the board directors, the CPSM or the province? All involved work together, but how is it that a small group of doctors can cause the rotational closing and opening of nine hospital EDs?

This is a substantial miscue by the members of the IERHA board and the CEO of our regional health authority. Their leadership and decision making is not at all progressive in providing quality emergency department health-care services.

Yours truly,
E.J. Wood, Stonewall

New appointments to board of horse racing commission

Submitted

A new chair, vice-chair and directors have been appointed to the Manitoba Horse Racing Commission, Agriculture Minister Ralph Eichler announced last Friday.

"Horse racing is a proud and established tradition in Manitoba that provides economic and recreational opportunities in our province," said Eichler.

"Maintaining fair, honest and responsible operation of our racetracks is vitally important to the horse racing industry. The individuals being named to the board of the Manitoba Horse Racing Commission bring the experience, knowledge and leadership skills necessary to fulfill the important role of effectively governing horse racing operations in Manitoba."

The board of directors for Manitoba Horse Racing Commission is responsible for overseeing all aspects of horse racing in the province to ensure that it is carried out in a manner that is fair and safe for all



MLA Lakeside Ralph Eichler

participants. The commission is established under the Horse Racing Commission Act to govern, direct, control and regulate horse racing and the operation of all racetracks in Manitoba.

The minister noted the new chair of the board is Brett Arnason and the vice-chair is Peter Fuchs.

• Arnason is a former member of the Manitoba Horse Racing Commission. A co-owner of a large and successful construction company, Arnason also has a long history as an owner and breeder in the horse racing in-

dustry in Manitoba.

• Fuchs is a retired provincial sales tax auditor and also was the Manitoba lead officer for the Canadian Pari-Mutuel Agency, which is the federal regulator for horse racing.

Newly appointed directors are Darrell Stephansson, Robert King and Marg Homenuik.

• Stephansson is the regional vice president of Primerica Financial Services. He is the former director of racing, race secretary and director of corporate sales at Assiniboia Downs.

• King is a former member of the Manitoba Horse Racing Commission and has a long family history in the horse racing industry in Manitoba.

• Homenuik is a horse owner and has experience with both standardbred and thoroughbreds. She is a member of the Manitoba Sports Hall of Fame and the Manitoba Golf Hall of Fame.

Eichler thanked previous board members for their past service to the Manitoba Horse Racing Commission.

ALWAYS CALL 911 FOR EMERGENCIES

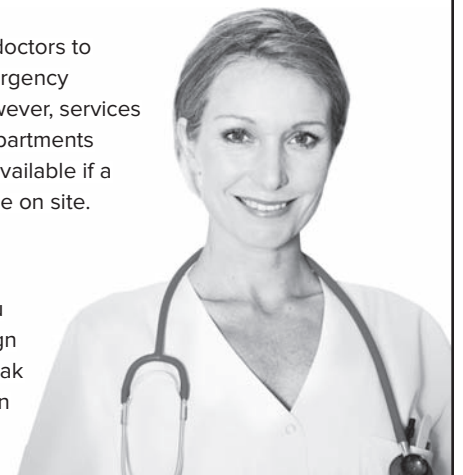
STARTING SEPTEMBER 6, 2016, EMERGENCY DEPARTMENTS WILL REQUIRE A PHYSICIAN AVAILABLE ON-SITE TO DELIVER CARE.

We continue to recruit doctors to our region to keep emergency departments open. However, services in some emergency departments may be temporarily unavailable if a physician is not available on site.

If an emergency department is not accepting patients, you will see a lime green sign on the door. Please speak with staff inside who can help you identify your care options.

Monthly emergency department schedules will be posted online at ierha.ca (click "Care in your Hospital" and then "Emergency Department Schedules") or you can call toll-free 1-866-267-5818 and listen to schedule options.

These schedules are current when posted but are subject to last minute changes as doctors may need to accompany patients on ambulance transfers to another hospital. In these cases, staff on site will direct you to your best care option. We apologize for any inconvenience this may cause you and encourage you to always call 911 for critical emergencies.



Ashern to celebrate fire service with fundraising evening

By Jeff Ward

In just three weeks, Ashern residents will come together with a Fireman's Ball to celebrate the hard-working volunteer firefighters who help keep the town and surrounding areas safe. The fundraiser will take place on Sept. 24 at the Ashern Centennial Hall and is the return of the Fireman's Ball to the area.

Ashern fire chief Ken Falk said that the Fireman's Ball has happened in the past but it's been a long time since one had been organized for the town. Falk said that it's important for people to get together and support the volunteers who rise to the call at any hour to help keep the community safe.

Tickets are \$30 each and can be purchased at the RM office in Ashern. There will be a meal, silent auction and Country Pride will provide live entertainment.

Falk said that the money raised from the event will go towards the purchase of a rescue sleigh that can be used in almost any conditions to help extract people from dangerous situ-

ations. He added that the sleigh can be fitted with wheels or skis to handle most terrain and that they are looking at purchasing a used one for approximately \$3,500.

"I think it's a great opportunity for the general public to really understand who the firefighters are," said Falk, who added that he's really looking forward to the celebration.

"All of our members have full-time jobs as well as volunteer here, and there are many times when we have to fight a fire all night and then go to work the next morning. It's also important for people to know that our employers are very understanding, which allows us to do this work."

Falk said that he hopes to see members from neighbouring fire departments in other communities. Ashern fire fighters are often deployed to other communities for support and those communities are deployed to Ashern as well. The relationship that the departments have with each other is a key factor in the success of keeping their communities safe.



EXPRESS PHOTO BY JEFF WARD

The Ashern Fireman's Ball on Sept. 24 will act as a fundraiser for the department to purchase a rescue sleigh similar to the one pictured above. The meal and social evening will also be an opportunity for the community to thank the volunteer firefighters for their service.

West Interlake Coun. John Bezemer, who is also a volunteer firefighter in Ashern, said that the council plans to honour the service of the department

at the fundraiser. He said that council is still undecided on what that will look like at this time.

Norway House residents walking, biking for dialysis

By Jeff Ward

A group of residents from Norway House are making the long walk and bike ride to Winnipeg to bring awareness to the growing need for dialysis machines up north.

Wally Duncan was riding his bike south on Highway 6 last week to support his mother-in-law, Martha Queskekapow, who now lives in Winnipeg to receive the dialysis treatment she needs.

Two others, Lucy Muswagon and

Sandra Clarke, have been walking ahead of him for the same goal.

"We are stopping in St. Laurent for a break, but we plan on being in Winnipeg on Friday [Aug. 26]. It's an important cause because so many in our community are having to move away from their homes for treatment," he said.

Duncan hopes to see more action from the government for northern communities on health-care issues like dialysis.



EXPRESS PHOTO BY JEFF WARD

Wally Duncan (left) is riding his bike from Norway House to Winnipeg in support of his mother-in-law who lives in Winnipeg because she needs dialysis. He and his wife are bringing awareness to kidney disease.

Highway 6 to see \$20 million in upgrades this year

By Jeff Ward

A 23-kilometre stretch of Highway 6 from PR 248 to St. Laurent will benefit from \$20 million in upgrades over the next few months.

Manitoba Infrastructure Minister Blaine Pedersen said during a news conference on Aug. 23 that both Highway 6 and Highway 1 east will receive upgrades to the tune of \$53 million.

The Highway 6 project will cost the province \$10 million with the federal government picking up the other 50 per cent of the bill. Interlake MLA

Derek Johnson said that he's happy to see the improvements come to Highway 6. He said that these upgrades are important and will increase the safety of the highway. The road will be repaved, shoulders widened and rumble strips will be added to the edges of the lanes. Pedersen said that the work should begin in mid-September.

"We have many priorities and only so many dollars to go around, so if the feds are willing to support these two projects, it makes our decision much easier," said Johnson.

"There are obviously lots of roads in the Interlake that need repair, and Highway 6 is an important road to maintain because it's our gateway to the north."

Johnson said that the resurfacing will stop just south of St. Laurent at PR 415 because of the potential to one day remove the curves at St. Laurent.

These improvements come after a particularly deadly summer on Manitoba highways and one that saw multiple fatalities for Highway 6.

Johnson explained that the tenders

that were awarded last week were the result of an NDP infrastructure project. He explained that while the colours of the government may have changed, the priorities in this instance are the same.

"Projects like this can't stop because the government changes. These upgrades have to continue on," said Johnson.

The work is scheduled to be complete sometime in 2017.

Showers now operational at McEwen Park

By Jeff Ward

The showers inside the washroom facility at McEwen Memorial Park in Eriksdale had their grand opening during the 12th annual Creamery Days after two years of strategic planning.

The facility now has shower bays in each of the washrooms at the campground that can be used by any campground visitor. The facility was supposed to have the showers installed last year, but with contractors in the area already stretched thin, there wasn't anyone to do the job, according to Eriksdale economic development officer (EDO) Diane Bottrell. She added that the project isn't entirely finished and there are still a few minor things that need to be added like handrails and seats.

Bottrell said the entire washroom facility is estimated to cost approximately \$80,000. Two grants totalling \$52,900 covered most of the costs, \$24,000 from Community Places and \$28,900 from Enabling Accessibility, the remainder will come for the municipality, according to Bottrell.

"Contractors were already stretched thin in this area, so it was difficult to get the project finished last year, but



EXPRESS PHOTOS SUBMITTED

McEwen Memorial Park now has operational showers in its brand new washroom facility that were had a grand opening during Creamery Days a few weeks ago.

we're happy that people are able to use them for the rest of the summer," said Bottrell.

Currently, the showers are available to use for free when open. But next year, they will be coin operated so that the RM can recoup the cost of water and any maintenance the facilities need in the future. Bottrell isn't

sure exactly how much a shower will cost but estimates it will likely be \$2, which she said is very similar to other campgrounds.

There is a Phase 2 for McEwen Memorial Park that involves bringing in hydro and water hookups to the campgrounds individual sites. These improvements are still in the plan-

ning stage and an estimated time on those is not known currently.

"We definitely have more ideas on how to upgrade the space and attract more people to it. We wanted to tackle one project at a time and make sure that each are fully complete before moving on," said Bottrell.

Steep Rock Beach Park to borrow \$400K from RM of Grahamdale

By Jeff Ward

An exciting loan of \$400,000 from the RM of Grahamdale to Steep Rock Beach Park will expedite improvements and a future expansion that could result in more tourism to the area.

The loan will act as a line of credit that can be used for park expenditures and will be repaid to the RM at \$40,000 per year for the next 10 years, plus interest, according to the Grahamdale CAO Shelly Schwitek.

A public hearing about the loan will take place at the RM office on Sept. 21 at 7 p.m. and residents are encouraged to come and voice their concerns or ask questions.

Steep Rock Beach Park manager Lana Iwanchuk said that she's thrilled to see the investment into the campground. She said that they have 108 people on a waiting list for a seasonal campsite so the demand is high for an expansion of the grounds. Their first priority is to improve power for several bays from 20 amps to 30 amps and

install power and water in another bay. They will also build a new shower facility as well as repair the current facility. Iwanchuk said that once those repairs and improvements are taken care of, the expansion can take place.

"We do have 260 acres here. It's a huge section at the back of the park that's untouched and we could easily add in a few more bays of sites," said Iwanchuk.

"We've accomplished a lot here over the last two years and there has been a huge increase in popularity. We're hoping to get started in the fall once the financing arrangements are completed."

Schwitek said that the money being lent is not part of the annual budget, which is why a public hearing needs to take place. The money will be coming from the Lafarge reserve that has approximately \$800,000. The CAO explained that the Lafarge reserve was established back in 2006 when the municipality purchased the land now used for the three subdivisions

in Steep Rock from Lafarge Canada. The money gained from the sale of the subdivision lots went into that reserve and has been used for improvements in the Steep Rock area like the boat launch and sun shelters. Because this money isn't taxpayer dollars the council has the authority to loan out the money as long as the agreement has reached certain requirements.

The requirements in the Municipal Act state that the council must consider that the loan will be used for a purpose that will benefit the community, the loan is made to a non-profit and that the amount loaned doesn't exceed the maximum set by the minister. Schwitek said that those requirements have been met.

Iwanchuk said that because of

the repayment plan the fees in the campground will go up next year. Seasonal rates for lake front lots will increase by \$350 and all other sites will increase by \$250. Iwanchuk said that she is still applying for infrastructure grants and may not need the entire \$400,000 to complete the upgrades and expansion.

Iwanchuk added that she hopes to see all bay improvements completed by the time the 2017 camping season begins. The campground is open until Oct. 15.

<p>Nashville, Branson, Pigeon Forge October 23-November 5 A special tour for music lovers that journeys through the musical heartland of America</p>	<p>Fortune Bay Resort Casino Sep 18-21 Selkirk Departure \$180 Rebate, Food Coupons, Shopping & More!</p>
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Winnipeg Beach boardwalk still in the dark

By Patricia Barrett

At its regular meeting Aug. 24, the Town of Winnipeg Beach council expressed its ongoing concern with a lack of lighting along the new \$5 million boardwalk in Winnipeg Beach Provincial Park.

Council said the town had paid for lighting along the former wooden boardwalk, which sustained damage during a fierce storm a few years ago, and had shouldered the cost of its removal to facilitate the province's reconstruction of the seawall.

"We had sent a letter to remind the province that we need lighting on our boardwalk," said Coun. Daryl Carry. "... Grand Beach is lit; we want ... the province's boardwalk lit because it's kind of dangerous at times."

Carry said council "needs to see movement on this because it [the request] can sit there."

A railing that runs along the north section of the seawall ends as one approaches the downwards sloping south end of the boardwalk. There is a considerable drop from the boardwalk's concrete edge to the sand in that area, which could possibly pose a danger to people heading out for stroll along the shore.

"Thousands of Manitobans come here and walk around in the dark," Carry said.

Council had previously cited the issue of safety at its June 22 meeting.

Mayor Tony Pimentel said lighting was one of the issues council raised during a recent meeting with Gimli MLA Jeff Wharton and that council also wants to set up a meeting with the Parks branch to discuss it.



The province requires a parking permit for visitors to this forested stretch of its provincial park near the town's tennis courts at Hazel Avenue and Prospect Street. There are no parking permits required near the park's boardwalk in the centre of town.

Other council briefs:

- Another concern with the provincial park that was brought to council's attention is the perceived unfriendliness of a parking permit sign at the entrance to a parking lot beside the tennis courts at Hazel Avenue and Prospect Street.

"There's a concern with a lot of people calling about why there's a parking pass required for the tennis courts," said Carry. "And I think the town agrees with them that there shouldn't be one there."



EXPRESS PHOTOS BY PATRICIA BARRETT

The Winnipeg Beach boardwalk is unlit. The railing ends near the sloping south end of the boardwalk and there is a considerable drop from the concrete edge to the sand in that area (lower right-hand corner of the photo). It could pose a safety issue in the dark.

Carry said Winnipeg Beach Provincial Park is not like other parks where people have to pay an entrance fee to use park facilities and drive through a set of park gates.

The sign asks visitors to purchase a parking permit at "Most locations where fishing and hunting licences are sold" or at "Park and Manitoba Conservation [now Sustainable Development] offices."

Mayor Pimentel said council had raised the issue with Wharton.

"We thought ... for the summer, maybe, not ticketing people who didn't have a parking pass," he said. "He's [Wharton] going to be looking into that."

- During its public consultation July 23, council said it would be investigating the feasibility of a road-hardening product that the RM Cornwallis had tried on its roads.

Council said it has now decided to try a different product, made from shredded rubber.

"The mixing process wasn't going to work very well," said Pimentel, explaining the change.

Carry said Selkirk and Hamiota (northwest of Brandon) tried the shredded rubber product and "both spoke very highly of it."

Frost boils this spring wreaked havoc with roads in several municipalities across the Interlake.

The estimated cost of the project is \$80,000. Council has a \$60,000 provincial grant, which splits the cost with the town, and will also be applying for a \$20,000 grant from Tire Stewardship.

Maple Avenue between Highway 9 and Prospect Street will be the town's test site.

It will be dug up, its base fortified and the rubber material applied, said CAO Kerry Lawless. The road will then be resurfaced with gravel or limestone. The asphalted stretch of Maple between Prospect and Lakefront will not be touched.

- Council indicated that there has been some movement on a delayed drainage project it wants the province to carry out along Highway 9 to prevent flooding of residential properties.

The province is responsible for installing and maintaining highway culverts.

New culverts are required on the west side of the highway between Epsilon and Kernstead avenues to prevent the backup of water onto residential properties. They would send water south to Kernstead Avenue then east up the road to the lake.

"We've been asking the province for years to replace the culverts," said

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Get Involved With Youth Organizations

Volunteer work can benefit volunteers emotionally and physically. Many people aspire to get involved by donating their time or resources, but they may not know which avenue to take. Leading a youth organization or mentoring children can change the lives of both children and volunteers in numerous ways.

Youth groups include boys' and girls' clubs, religious ministry organizations, sports teams and other special-interest clubs. When matched up with the right group, children may learn a number of skills that can assist them as they age. After-school activities can teach kids leadership skills and how to work together while making them feel like they are part of something bigger than themselves. Volunteering with youth-based organizations is a great way for adults to make a real difference in the lives of children.

Inquire among your network of friends when looking for a youth organization to work with. Friends may be in touch with sports leagues or other community groups that are looking for volunteers. If your child has an interest in a particular sport, find out if the league is looking for coaches or parents to work in other capacities for the team. This is a great way to get involved without compromising your child's sense of individuality and space.

Schools are another resource. Many clubs and organizations are chartered or sponsored through schools. Schools also lend their all-purpose rooms or other spaces to organizations so that meetings are convenient to students. School open houses provide great opportunities for adults to learn about the various programs offered by a given school. Such programs often need volunteers.

Many young children are first exposed to group activities upon enrolling in the Cub Scouts or Girl Scouts. These are national programs that operate locally through packs and troops. Scouting organizations are entirely dependent on volunteers. Whether you sign up as a leader, a co-leader or a person who works behind the scenes, you will be a part of an organization that has helped to shape kids for decades.

Religious organizations also provide opportunities for adults to work with kids and young adults. Volunteer work is an integral part of many religions, and ministering to youngsters is one way to spread the message of faith. Work with a religious leader to find the best fit for your services. You may volunteer as a Sunday school teacher or serve as a chaperone at youth events.

Volunteer work is beneficial no matter where one directs his or her energy. However, the experience can be even more rewarding when it involves working with children.



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> WINNIPEG BEACH BOARDWALK, FROM PG. 10

Coun. Carry. "It's now gone for funding."

"Gone for funding" means the project is awaiting approval from the provincial Treasury Board.

Council had indicated in June that it had been waiting more than six years for the province to install new culverts and that it had received a response indicating the project was in the "design phase."

Mayor Pimentel said the "continuous flooding issues" were brought to Wharton's attention and that council provided him with the correspon-

dence from the province.

- Coun. Carry reported that the Office of Drinking Water sent municipalities a notification indicating it is tracking the presence of manganese in drinking-water supplies.

Lawless said manganese is currently on the "province's radar." Winnipeg Beach, however, has shown no presence of the metal.

Manganese occurs naturally in groundwater and can form black coatings on water pipes that slough off, according to a 2011 backgrounder by the World Health Organization.

Manganese is an essential nutrient in the human diet. Over-exposure, however, has been shown in some medical studies to adversely affect the human nervous system.

"We do mineral testing once a year," said Lawless.

- Coun. Darlene Shkawritko broached the idea of resurrecting a yard beautification award to promote a bit of friendly competition between property owners and to recognize those who go above and beyond routine yard maintenance.

- On Sunday of the September

long weekend, the town will be holding a party with kids' entertainment and perhaps buskers.

- Council will be hoisting a flag in front of the town office to mark Peace Days, which promotes peace and compassion and celebrates the cultural diversity of Manitoba.

- Council indicated there will be upcoming office closures: Sept. 12 between 8:30 a.m. and 1 p.m. (software system upgrade) and Sept. 14 and 15 all day (water utility software training).

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Winnipeg Beach's replica lighthouse about to shine

By Patricia Barrett

A lighthouse built by Winnipeg Beach community volunteers is one step closer to completion.

"This lighthouse is a replica of the one that used to stand in Winnipeg Beach," said Winnipeg Beach Coun. Pat Green by email. "It is the 'legacy' project resulting from our centennial celebration in 2014."

Similar in appearance to the lighthouse at Gull Harbour on Hecla Island, the Winnipeg Beach replica is a pyramidal structure with a square lantern tower and railing at its crown.

It's located near the town's tennis courts in a forested area at the north end of Winnipeg Beach Provincial Park.

The town had sought the province's approval to build the replica in the park.

"It's just waiting to be painted," said Mayor Tony Pimentel at a regular meeting of council on Aug. 24.

He was among a team of volunteers who rolled up their sleeves last year and started building it.

What is known about the town's original lighthouse is that it was in use the early 20th century and may



The replica lighthouse is a project resulting from the Winnipeg Beach centennial celebration in 2014.

have been located on a pier farther north of the replica site. It was moved to Chalet Beach in the 1960s and is now situated on private property.

Coun. Green said the replica project was community-led.

"It was funded through the fund-



EXPRESS PHOTOS BY PATRICIA BARRETT

The lighthouse is located at the north end of Winnipeg Beach Provincial Park and can be seen from the boardwalk in town.

raising efforts of the former Centennial Committee and was built exclusively by volunteers," she said.

The beacon and the signage have yet to be installed at the site.

"We plan to have a ribbon cutting as part of our Canada 150 celebration

in 2017," said Green, who maintains a Facebook page devoted to projects and events in Winnipeg Beach.

She has photos of the build from start to finish. Visit www.facebook.com/public/Councillor-Pat-Green.

Hunting seasons signal arrival of fall in Manitoba

Submitted

Monday was opening day for many of Manitoba's traditional fall hunting seasons, which signals the arrival of autumn in our province. While that may be a bummer to some, it's welcome news for the thousands of people who were taking to Manitoba's forests and fields.

For the past several years, and once again this year, the last Monday in August was opening day for Manitoba's provincially licensed seasons for black bear, barren-ground caribou, wolf and coyote, as well as archery season for elk and for whitetail deer and moose in certain areas.

Today, Sept. 1 the resident waterfowl season will open in southern Manitoba for ducks, crane and geese, while the upland bird season opens that same day in northern Manitoba for species like grouse and ptarmigan.

"We would like to wish good luck to all the hunters — residents and visitors alike — who are taking to the field today, and we remind them all to hunt legally, ethically and responsibly," said Paul Turenne, executive

director of the Manitoba Lodges and Outfitters Association.

"From our perspective, all hunters from all walks of life are valued members of our community or welcome visitors in our province, whatever the case may be, so long as they are passionate about the outdoors, care about the sustainability of our wildlife populations, and hunt legally and respectfully."

The MLOA condemns poaching and all other wildlife violations and urges any hunter who spots a violation in the field to contact the province's Turn In Poachers hotline at 1-800-782-0076.

Every year, tens of thousands of people, both provincially licensed hunters and Indigenous rights-holding hunters, head afield to enjoy Manitoba's breath-taking outdoors, and if they're fortunate, to harvest geese, ducks, whitetail deer, moose or whatever other game they are pursuing.

Hunting in Manitoba provides a critical source of healthy, organic meat to thousands of people, assists our provincial biologists with wildlife management, has a tremendously posi-



EXPRESS PHOTO BY JO-ANNE PROCTER

Hunting season for Canada geese and resident waterfowl opens Sept. 1 in southern Manitoba.

tive impact on our rural and northern economies, and raises government revenue through licence sales and taxes, which is reinvested into the management of our fish and wildlife

resources.

For more information, contact Paul Turenne 204-291-9652 or mloa@mloa.com.

get inspired

> MEAL IDEAS

Roasted tomatoes



4 medium ripe tomatoes, cut in half
2 tbsp (25 ml) canola oil
1/4 cup (50 ml) finely chopped red onion
1 clove garlic, minced
1/2 tsp (2 ml) black pepper
1/3 cup (75 ml) fresh bread crumbs
1 tbsp (15 ml) chopped fresh flat leaf

parsley
1 tbsp (15 ml) chopped fresh basil
1 tbsp (15 ml) chopped fresh oregano

Directions:
Place tomato halves on foil-lined baking sheet. Drizzle each half with canola oil.

In small bowl, combine red onion, garlic, pepper and bread crumbs. Stir to combine ingredients. Sprinkle mixture over cut sides of the tomatoes.

Roast tomatoes at 350 °F (180 °C) for 45-60 minutes, or until tomatoes are very tender. Sprinkle fresh herbs over tomatoes and serve immediately.

Spiced red cabbage and apple

10 mL (2 tsp) canola oil
1 onion, grated
2 small cloves garlic, minced
Half a red cabbage, about 625 g/1 1/4 lb, thinly sliced or shredded
2 apples, cored and shredded (such as Northern Spy or Cortland)
125 mL (1/2 cup) vegetable or chicken broth
60 mL (1/4 cup) apple cider vinegar
15 mL (1 tbsp) packed brown sugar
1 cinnamon stick, broken in half
2 mL (1/2 tsp) dried dill weed or 10 mL (2 tsp) chopped fresh dill
1 mL (1/4 tsp) each ground cloves

and nutmeg
Freshly ground black pepper
Directions
In large shallow saucepan, heat oil over medium high heat and cook onion and garlic for 2 minutes or until starting to become golden.

Stir in cabbage and apple. Remove from heat and add vegetable broth, vinegar, sugar, cinnamon, dill, cloves and nutmeg. Stir to coat well; cover and place in 200 C (400 F) oven for about 55 minutes or until cabbage is tender. Season with pepper to taste before serving.



Citrus Recado Chicken Breasts

Serves 4
2 garlic cloves, crushed
1 teaspoon chili powder
1/2 teaspoon dried oregano
1/2 teaspoon dried thyme
1/2 teaspoon ground cumin
1/2 teaspoon ground coriander
1/2 teaspoon black pepper
1/4 teaspoon ground cinnamon
1 tablespoon dark brown sugar
2 tablespoons canola oil
2 tablespoons fresh lime juice
1/4 cup orange juice
4 boneless chicken breast halves, slashed (see below)
Salt
1 recipe Avocado Mango Salsa (optional)
Combine garlic, chili powder, oregano, thyme, cumin, coriander, pepper,

cinnamon, sugar, oil, lime juice, and orange juice. Add chicken and toss to coat evenly. Cover and refrigerate for 30 minutes, turning once. Grill according to instructions below. Sprinkle with salt. Serve hot with avocado mango salsa if you prefer.

Outdoor grill: Grill skin-side down over medium-hot coals until skin is crisp, 7 minutes. Turn and continue grilling until chicken is opaque with no trace of pink, another 5 minutes.

Indoor grill: Preheat broiler. Broil skin-side up until skin is crisp, 7 minutes. Turn and continue cooking until chicken is opaque with no trace of pink, another 5 minutes.

To slash the chicken breasts: With a sharp knife, cut 3 parallel slashes through the skin, about 1/4-inch deep.

Marinate chicken up to 2 hours in advance. Cover and refrigerate, turning several times in marinade.

Avocado Mango Salsa
Makes 12/3 cups

1 mango, finely diced
1 avocado, peeled, halved, pitted, and finely diced
1/2 red onion, finely chopped

Great Communication is in the Approach



A common complaint women have about their partners relates to communication about difficult issues. He may handle things well all day at work, or with his family and friends, but her man gets upset (angry) when he has difficulty with her.

Why is this? Given that the man is not abusive, does not have deep unresolved anger issues, and is not under the influence of any substance, there are some helpful explanations.

Naturally, he wants to feel successful in his relationship with his partner. He wants to feel valued and secure, just as we do. When he is told that he is doing something wrong, or is not living up to her expectations, he may feel criticized, insulted or attacked.

In other words, he feels vulnerable. Vulnerability is not a comfortable emotion for a man. Out in the world he is supposed to be strong, effective, and successful. When he is being criticized, he feels weak, ineffective and unsuccessful. The quickest way to regain his equilibrium is to go back into a position of strength, standing up for himself, defending himself, even to the point of being aggressive.

Aggression feels much more secure than being vulnerable. Too often, when women have a point to make, they come on like a mother who is chastising her child. Naturally, this makes him feel like a little boy who is being scolded. That too, is a vulnerable feeling.

To a certain degree, becoming aggressive when feeling vulnerable is a biological trait. Many animals prepare for attack when they feel threatened. This is exactly what the man is doing, especially if he is surprised by the 'attack'.

How can a woman elicit a different response? It's all in the approach. If she takes a few moments to connect with him, and to give him some positive feedback, he will feel safe and accepted. If she then tells him there is something she would like to discuss, and asks him to suggest a time, she is giving him some advance warning, rather than ambushing him with her concerns.

Finally, if she describes the positive outcome she would like to see (e.g. I'd like us to figure out a solution that works for both of us, so that we can remain in good space and enjoy each other), then he can see that it's not just a dumping session. Approached in this manner, he may not be such a 'poor communicator' after all.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit www.gwen.ca

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1 tablespoon red wine vinegar
2 tablespoons olive oil
2 tablespoons finely chopped mint leaves
Salt
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Support growing for Selkirk girl battling brain cancer

By Lindsey Enns

A Selkirk couple says their community's support is what's keeping them strong while their two-year-old daughter is battling brain cancer.

Doctors diagnosed Brenna Schellenberg with Medulloblastoma, a rare and aggressive form of brain tumour found in young children, on July 28.

The cancer has since spread to parts of Brenna's spine, and last week she was receiving chemotherapy treatments at the Children's Hospital in Winnipeg.

Jason and Candace Schellenberg say their daughter's diagnosis has not only shocked their family but the entire community.

"It went from our daughter having the stomach flu to a cancer diagnosis within a couple of hours," Candace said fighting back tears during a telephone interview with the *Express* last Thursday. "She was such a healthy little girl ... you would never guess she had cancer growing inside her."

Candace said the support they have been receiving from Selkirk and area has been incredible.

"We are so unbelievably touched, overwhelmed by the incredible sup-

port that we have received from our village, from our supporters, from our little army," she said.

Candace, who runs her own business in Selkirk, and her husband have stopped working so they can be by Brenna's side.

Since news spread of Brenna's illness, the family has been receiving gift cards, gas cards, flowers, food and monetary donations. Neighbours have also offered to babysit their other two children, four-year-old Caleb and six-year-old Keira.

"We're such a close-knit family," Candace said. "It's been the toughest thing we've ever had to go through."

Family friends are also helping organize a garage sale on Saturday, Sept. 24 from 8 a.m. to 4 p.m. at Selkirk Memorial Hall. Daytime donation dropoffs are being accepted at True North Motors located at 43 Main St.

Monetary donations can also be made to "Team Brenna" at any Assiniboine Credit Union locations.

Kendall Krut and her mother, Karen, who have known the family for nearly 10 years, are also putting on a hog and grog kid-friendly social on Saturday, Oct. 1 at the Selkirk Golf and Country



EXPRESS PHOTO SUBMITTED
Two-year-old Brenna Schellenberg of Selkirk was diagnosed with a rare form of brain cancer on July 28.

Club. They are currently accepting silent auction prizes. For more information, contact Kendall at 204-482-4637

or Karen at 204-485-7973.

People have also been showing their support on social media by using the hashtags "#GoTeamBrenna" and "#BrennaStrong."

"The community support has been overwhelming ... so I think that keeps them going, so we're thankful for that," Kendall said, adding all of the money raised at the social will go directly to the family to help them cover costs.

"The more we can get, the better," she said.

Candace said the community's support has been helping her and her husband get through this difficult time.

"Our local hub has really come together and supported us," she said.

The couple says they have been amazed by their little girl's "fighting spirit."

"If she gets a say, she will beat this thing hands down," Candace said. "She's the toughest little cookie anyone of us has ever met. She has a personality that just draws you in and makes you smile."

"We're so very blessed to be her mom and dad."

Ashern's new EDO has big plans for future of community

By Jeff Ward

The aggressive and optimistic attitude of Ashern's economic development officer (EDO) Clayton Gibson comes across immediately when speaking with him.

Gibson's priorities over the next few months and into 2017 should excite Ashern residents and bring new opportunities to its youth. Gibson wants to focus his attention on creating new business interest, bolstering population growth and adding more iconic

infrastructure to Ashern.

He's already received approval from council to start the application process with Lakeshore School Division on adding a youth representative to council to help bridge the generation gap. Gibson said that he wants council to look ahead farther than their four-year term into more prolonged projects that effect the community in long-term ways.

"As a father and as someone who wants his community to be better, I

want youth to have more options here when they graduate," said Clayton, whose oldest daughter is 14.

"In a short amount of time, she'll be graduating and I want her to have options here. If she decides to leave, that's OK too, but I want there to be more reasons to stay. It's a struggle to keep youth and I don't think we're alone in that. When our youth leave, it contributes to population stagnation or even decline, which add to the issues."

Gibson, a career entrepreneur, said that he is very excited to be a part of the growth of the community in a meaningful way. Gibson grew up in Ashern and left in 1997 to work in retail management for Princess Auto. He left that job in 2007 to move back to Ashern where he and his wife bought the Esso gas station in town and eventually added the Subway to it. Gibson said that his experience in retail brick

Continued on page 18

Dr. George Johnson Middle School gets drainage improvements

By Patricia Barrett

Construction work to relieve a water pooling issue around three huts behind Dr. George Johnson Middle School in Gimli got underway over the summer and is nearly completed.

Three of the four huts, in which classes are held, sustained damage last year after a heavy rain. Water draining from spouts on the gym's roof settled under the huts, which led

to some mould growth.

In June, the Evergreen School Division board reported that the water management plan included the installation of French drains, swales and re-paving.

Water from drainpipes attached to the huts will be channelled underground through small culverts and diverted away from the area.



Three of the four huts at Dr. George sustained water damage in 2015

Canada's 150th community fund builds community, inspires understanding and encourages participation for the sesquicentennial

Westshore Community Foundation accepting grant applications from Sept. 1-Oct. 15

By Eric Stefanson

A new collaboration for Canada's 150th anniversary of Confederation is bringing people and places together to build community and activate a groundswell of local initiatives, activities and events.

The Community Fund for Canada's 150th is a collaboration led by Community Foundations of Canada and the national network of 191 community foundations, with the support of the Government of Canada and leaders from coast to coast to coast.

The fund will engage Canadians from all walks of life in a wide range of local projects that build community, inspire a deeper understanding of Canada and encourage participation in a wide range of initiatives that mark Canada's 150th anniversary of Confederation. The fund will be responsive to local priorities and will be accessible to all Canadians, including Indigenous peoples, youth, groups that reflect our cultural diversity and official language minority groups.

"Canada's 150th is an historic moment with the power to strengthen our communities and our connection

to one another. Through the leadership of participating community foundations, the Community Fund for Canada's 150th will spark thousands of initiatives and activities that bring out the best that Canada has to offer," said Ian Bird, president of Community Foundations of Canada.

"The fund will encourage all Canadians to contribute to their communities in a way that fosters a greater sense of belonging, inclusion and reconciliation, leaving a lasting legacy now and for future generations."

The Westshore Community Foundation, along with Community Foundations of Canada, and the Government of Canada will be granting a total of \$10,000 towards eligible projects celebrating Canada's 150th Birthday. The grants must be for projects within the Westshore Community Foundation boundaries, which are along the western shores of Lake Winnipeg from Dunnottar in the south to Hecla Island in the north.

Canada's 150th birthday is a time to showcase our heritage, our cultural diversity, youth, families and our national pride. This is the time to put



EXPRESS PHOTO SUBMITTED

Westshore Community Foundation board members, left to right, Michele Couture, Giuseppe Dalzotto, Shelly Narfason, Mike Devlin, Connie Magnusson Schimnowski, Tim Arnason, Eric Stefanson, Jeff Wood, Don Matthewson, Tristin Tergesen. Missing Oli Narfason, David Douglas, Gerry Knutson, Darcy Jacobs, Ruth Ann Furgala.

those plans into action and create a project that will showcase Canada's birthday, it's people, and our communities.

Eric Stefanson, granting chair of the Westshore Community Foundation, is very pleased to be a part of this great initiative and is looking forward to some creative and interesting project applications. This is your chance to get some seed money to get that project

started and help celebrate a great moment in our countries history.

The Westshore Community Foundation will be accepting grant applications from Sept. 1 to Oct. 15. Full details and video's explaining the program and project applications are available on the Westshore Community Foundation website at www.westshorefoundation.com or www.communityfoundations.ca/CFC150.

Construction begins on Eriksdale council expansion

By Jeff Ward

The beginning stages of construction for the new council chambers for the RM of West Interlake office in Eriksdale have begun and the project is something that's been a long time coming.

Coun. Merle Day said he's happy to see the project begin and explained that the expansion of the RM office has been an idea that's floated around for some time. Day said that the expansion, which is budgeted to cost \$62,000 and will likely be completed by the end of October, will create a more efficient office environment and give a better experience for anyone attending council meetings. The existing council chamber is a small boardroom that Day said becomes very cramped if there are residents wanting to sit in on meetings or appear as a delegation. He added that this new addition will also provide more privacy for council when they need to go in camera during a regular meeting.

"That existing room will become two offices that can be used without interrupting the flow of municipal business," said Day.

"The front office will have access to the main lobby of the RM building and will be used for the community resources group, which will be more convenient for them. The expansion is something that we need and it will go a long way to improving the whole operation."

EDO Diane Bottrell who has been working on a table in the kitchen area since being hired will use the other office created by splitting the old council room.

The addition is being built at the back of the RM office and will have it's own separate entrance so that the flow of the office isn't impeded by residents walking through. Day said the addition is 18x34 and will be roughly double the space they have currently.

Day said that he'd like to find some nice cabinetry and desks for a more



EXPRESS PHOTO BY JEFF WARD

Construction has already started on the new council chambers for the RM of West Interlake Eriksdale office and should be completed by the end of October.

formal council space. And while those finishing touches depend on pricing,

he's hopeful that the room will be furnished nicely.

Red River College's Mobile Training Lab plans to roll into Arborg

By Patricia Barrett

Red River College has plans to bring its Mobile Training Lab (MTL) to Arborg as part of its mandate to deliver trades training to rural and remote residents.

The lab, which is housed in a 53-foot semitrailer, plans to make a pit stop in Arborg to provide hands-on training to those interested in careers such as carpentry, electrical, plumbing, automotive repair, welding, machining, pipe fitting and industrial mechanics.

"This is a big deal because there is a huge waiting list for things like electrician training," said Pat McCallum, economic development officer with the Arborg-Bifrost Community Development Corporation (ABCDC), who met with College representatives a few weeks ago.

The mobile trailers help build labour capacity in rural areas and link training with community-based projects or emerging industries, according to the College's MTL brochure. The trailer has pop-out sides that transform into 950-square-foot facilities, which house electrical equipment, and has lighting, heating and air conditioning.

"What the discussion led to is something we've always wanted badly in the Interlake and in the Arborg area ...," said McCallum. "It's called a pre-trades training course."

The courses are six months in duration.

Students will spend four months in the classroom learning about their re-

spective trades.

"It will give students things like safety, chemical use and tool use," said McCallum, "and talk about work ethic, communication skills and all kinds of essential skills. Essential skills include numeracy and literacy."

Arborg's newly established Central Interlake Training Facility, which McCallum helped get up and running, will be providing classroom space to Red River. The college will be paying the instructors.

After four months, students will move to the mobile lab — which will be situated adjacent to the training facility — for two months of hands-on training.

The courses will allow people to try out a career without committing to years of training to see whether they like it.

"So a student who wants to be a welder can get the first year of their welding certificate by taking this course," said McCallum. "Similarly with electricians. They can try out these trades and decide, 'I really hate this. I'd rather be a carpenter...,' which is extremely valuable."

The courses will also provide a kick-start to a new career, said McCallum.

"If someone decides they really like electrical and they want to apprentice, this really gives them their Year 1. They can skip a year and go into the apprenticeship program at the second-year level."

The mobile lab is expected to help



EXPRESS PHOTO SUBMITTED

Red River College plans to bring its Mobile Training Lab (MTL) to Arborg as part of its mandate to delivery trades training to rural and remote residents.

address labour shortages in the Interlake region.

"We've done some phone surveys of businesses throughout the Interlake — not just in our area — and we've heard a pretty consistent message that [companies] very often hire people and train them on-site," said McCallum. "However, they need the basics. They need the understanding of safety, of working on a shop floor, the communication, the numeracy skills before they can [be] hired. ... So this course will certainly provide that."

McCallum said Arborg hopes to one

day establish its own facility for training those interested in the trades.

"Our next step would be to have a trades training school here where we can train all these welders," she said. "But that's down the road a bit."

The course start date has yet to be confirmed, said McCallum.

For more information about course availability and tuition, contact Beverly Magaway, economic development officer with the Arborg-Bifrost Community Development Corporation, at 204-641-3731 or the Fieldstone Ventures training centre in Ashern at 204-768-3797.

> ASHERN'S NEW EDO, FROM PG. 16

and mortar business gives him keen insight into what it takes to provide economic development.

He added, however, that his transition from that environment into this one was extremely difficult and caused him to question his decision to take the job in the first place.

"Going from a fast-paced retail environment into local government where things are much slower was tough. I want things to move faster and that's just not how it works at this level," said Gibson.

The new EDO said that he will need to work on going at a slower pace — he's only on contract to work three days a week — and he realizes that progress at a municipal level is all about playing the long game.

While he was going through some old documents in the RM office, Gibson stumbled upon a strategic plan for a new splash park in Ashern from many years ago. Gibson believes that having something like this in Ashern would go a long way in improv-

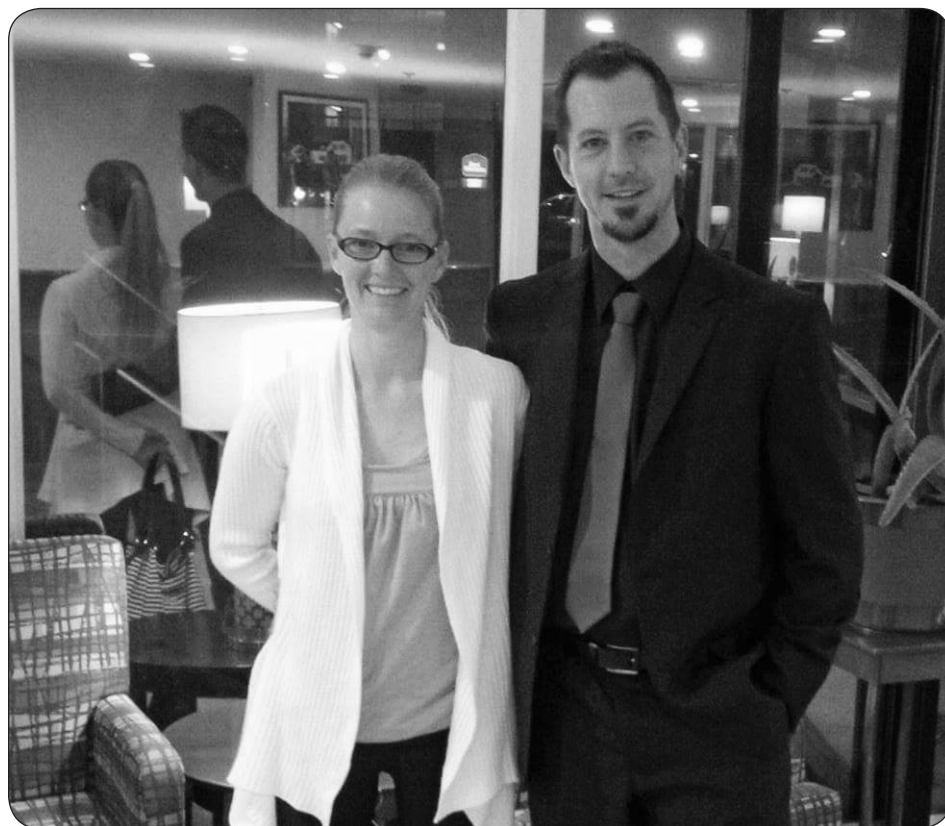
ing the community and would create an iconic piece of infrastructure that would attract people.

"I want to breathe some life back into this idea because one of our big issues here is that we're recreationally challenged. We're lacking things for young kids and families to do, and something like this would be perfect," said Gibson.

He added that while he'd love to push this through quickly, it's not the type of project that gets done overnight. A blue-sky scenario would see Gibson completing and accessing grants that would allow groundbreaking sometime in 2017.

Gibson said that he is also reaching out to First Nation communities in the surrounding areas and hoping to form a tri-council with them to address needs in their communities and how they can all support each other.

Gibson has only been on the job for approximately 100 days but is stretching out into as many areas as possible to see what he can accomplish.



EXPRESS PHOTO SUBMITTED

Clayton Gibson (pictured here with his wife Carrie) believes that his business acumen gives him the right frame of mind to bring new economic opportunities to the residents of Ashern.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Impact crushes Landmark FC

By Brian Bowman

The Interlake Impact already looks like they are in playoff form with the post-season still several weeks away.

Interlake was absolutely dominant in a 10-1 victory over Landmark FC last Sunday at the Buhler Recreation Park in Winnipeg.

Eric Harder and Marcelo Peralta each led the Impact with three goals apiece while Eric Plett, Adam Schmidt, Benny Wiens, and Orlando Kornelson also tallied.

With the win, the Impact improved their record to a Division 6-best 14-1. Interlake has scored the most goals in the division (62) while allowing the lowest goals (17). Interlake's goal differential of plus-45 is also tops in the division.

The Impact, which has a comfortable 11-point lead over second-place North Winnipeg United (10-4-1), will close out its regular season with a pair of games this month.

Interlake will clash with Crescentwood on Sept. 9 (10 p.m.) and then will battle North Winnipeg on Sept. 21 (6:30 p.m.).

Both games will be played at the Ralph Cantafio Soccer Complex in South Winnipeg.



EXPRESS PHOTOS BY LANA MEIER

Interlake's Eric Harder carries the ball while Impact teammates Josh Friesen, left, and Armando Peralta look on during MMSL action last Sunday. Interlake won the game 10-1.

Bantam Thunder improving on the gridiron

By Brian Bowman

It has been a rough start to the season for the Interlake Thunder Bantam football team.

Interlake lost its third consecutive game to begin the season, getting shut out 30-0 by the Eastman Raiders last Saturday in Steinbach. Eastman led 22-0 at the half.

Despite the lopsided loss, however, Thunder head coach Ed deLaroque sees this team improving and starting to turn the corner.

"We started moving the ball better

in the second half," deLaroque said. "We got better and we're slowly making progressions."

The Thunder has lost all three of its games this season by a 30-0 score. Interlake was earlier defeated by Transcona on Aug. 13 and Fort Garry on Aug. 27.

As per league rules, games are capped off by 30-point winning margins.

Still, deLaroque feels the Thunder has played well defensively while the offence is beginning to come around.

"It's been tough because we have a lot of first-year players," he said. "Everybody is still learning, so it's slowly coming...and that's what we expected in the first few games."

"In the next few games, the scores are going to be closer."

The Thunder has 34 players currently on their roster. That's a good number for a Bantam football team and deLaroque really likes the fact that the players are coming to their program from all over the Interlake.

"It's a nice, healthy number," he said.

"It's kind of neat to see these kids (play on the same team). A lot of them play other sports against each other, so it's kind of nice to see them come together and play with each other."

As of press time, the Thunder did not know their second half of their league schedule. The club also did not know if every team in the league makes the playoffs this season.

"We don't have our full schedule, so we don't know what's happening," deLaroque admitted.

Falcons list KJHL training camp dates

Staff

The Lundar Falcons will begin their Keystone Junior Hockey League training camp next weekend in Warren.

The camp ice dates are Sept. 10 (6-7 p.m.), Sept. 11 (6-7 p.m.), Sept. 13 (8-9 p.m.), Sept. 15 (8-9 p.m.), Sept. 17 (exhibition game), Sept. 20 (8-9 p.m.), Sept. 22 (8-9 p.m.), Sept. 25 (2:30-5:30 p.m.), Sept. 27 (9-10 p.m.), and Sept. 29 (9-10 p.m.).

The camp is open to all interested players.

The camp fee for new players is \$50, which is to be paid prior to stepping on the ice.

Players can phone to register for the Falcon camp by contacting coach Brad Drews (204-771-7980) or GM Neil Thage (204-768-0006).

Players can also register on site.

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LAKESHORE SCHOOL DIVISION

Lakeshore School Division invites applications for a **100% permanent Technology Support Analyst** commencing as soon as possible.

APPLICATION DEADLINE:
Friday, September 9, 2016 at 4:30 p.m.

Please see our website www.lakeshoresd.mb.ca for more details.



RURAL MUNICIPALITY OF GIMLI

NOTICE TO PROPERTY OWNERS in the Gimli town site, South Beach, & Loni Beach

TAKE NOTICE THAT starting September 17, 2016, all elm trees in these areas on both public and private property will be treated by basal spraying to assist in the prevention of the spread of Dutch Elm Disease.

Any residents not requiring treatment of their trees are to advise the Municipality before September 9, 2016 at 9:00am (204) 642-6650.

Dated at Gimli this 26th day of August, 2016.

Joann King
Chief Administrative Officer
Rural Municipality of Gimli



LAKESHORE SCHOOL DIVISION

NOTICE

The Board of Trustees regular meetings for the 2016-17 school year will start on Tuesday, August 30, 2016 at 6:30 p.m.

Regular Board meetings are held every second and last Tuesday of each month at 6:30 p.m. at the Division Office, unless otherwise advertised.

Lakeshore School Division requires **SUBSTITUTE TEACHERS** For the 2016/17 school year.

A teaching certificate is preferred but experience working with children will also be considered.

There is a need for Substitute Teachers in all of our communities, please indicate your preference.

Please send a resume to:
Ms Janet Martell, Superintendent/CEO
Lakeshore School Division, Box 100, Eriksdale, MB R0C 0W0
martelj@lakeshoresd.mb.ca

NOTICE OF HEARING

UNDER THE HIGHWAYS PROTECTION ACT THE HIGHWAY TRAFFIC BOARD

Notice is hereby given that a hearing of the Highway Traffic Board will be held on Tuesday, September 13, 2016 at 10:00 a.m. in Room 204-301 Weston Street, Winnipeg, Manitoba.

PERMITS - PART I - SECTION 9 H.P.A. AND PART III - SECTION 17 H.P.A. 2/008/106/B/16 - MANITOBA HABITAT HERITAGE CORPORATION O/B/O PERCY & ROSE MARKS

Application for Water Control Overflow Area & Earthen Dyke (Other) adjacent to P.T.H. No. 8, S.E. 1/4 31-21-4E, Municipality of Bifrost-Riverton.

The Highway Traffic Board will be prepared to consider all submissions, written or oral, on the above applications by contacting the A/Secretary prior to or at the hearing.

200 - 301 Weston Street Winnipeg, MB R3E 3H4
Phone: (204) 945-8912

Michelle Slotin, A/Secretary
THE HIGHWAY
TRAFFIC BOARD



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ROOM FOR RENT

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RURAL MUNICIPALITY OF GRAHAMDALE UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, PUBLIC HEARINGS will be held to receive representations from any persons who wish to make them in respect to the following matter:

1. RURAL MUNICIPALITY OF GRAHAMDALE BY-LAW NO. 995-2016 being an AMENDMENT to the RURAL MUNICIPALITY OF GRAHAMDALE DEVELOPMENT PLAN BY-LAW NO. 936-2005.
2. RURAL MUNICIPALITY OF GRAHAMDALE BY-LAW NO. 996-2016 being an AMENDMENT to the RURAL MUNICIPALITY OF GRAHAMDALE ZONING BY-LAW NO. 937-2005.

HEARING LOCATION:

23 Government Rd. P.O. Box 160
Moosehorn, Manitoba R0C 2E0

DATE & TIME:

September 22, 2016 at 7:00 p.m.

GENERAL INTENT:

In order to accommodate development of cottage lots and an RV park, the intent of:
By-law 995-2016 is to re-designate SE 11-29-10 WPM in the RM of Grahamdale Development Plan from Agriculture Restricted Area to Recreation Area; and
By-law 996-2016 is to re-zone SE 11-29-10 WPM in the RM of Grahamdale Zoning By-law from "AR" Agriculture Restricted Zone to "SR" Seasonal Recreation Zone.

For further information, please contact:
Shelly Schwitek, CAO
Rural Municipality of Grahamdale
PO Box 160, 23 Government Rd.
Moosehorn, MB R0C 2E0
(204) 768-2858
rm606@tcmsnet.com

A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken therefrom, upon request.

Note: Property owners are responsible for notifying lessee



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Rural Municipality of Grahamdale PUBLIC NOTICE BOARD OF REVISION FOR 2017

Public notice is hereby given that the 2017 Assessment Roll for the Rural Municipality of Grahamdale has been delivered to the Municipal Office and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Sections 42 & 43 of the Municipal Assessment Act:

APPLICATION FOR REVISION:

42(1) A person whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- (a) liability to taxation
- (b) amount of an assessed value;
- (c) classification of property;
- (d) a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS:

- 43(1) An application for revision must:
 - (a) be made in writing;
 - (b) set out the roll number and legal description of the assessable property for which a revision is sought;
 - (c) set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
 - (d) be filed by
 - (i) delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2), or
 - (ii) serving it upon the Secretary,

at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board of Revision will sit on **Thursday October 13, 2016 at 1:00 p.m.** in the Council Chambers of the Rural Municipality of Grahamdale to hear applications.

The final date on which applications must be received by the Secretary of the Board is Tuesday, September 27, 2016 at 4:30 p.m. The Applications must be sent to the address printed below:

Dated at Moosehorn, Manitoba, this 26th day of August, 2016.
Shelly Schwitek, Secretary, Board of Revision
Rural Municipality of Grahamdale
Box 160, 23 Government Road, Moosehorn, MB ROC 2E0
Phone: (204) 768-2858, Fax: (204) 768-3374

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ljbaron.com



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We are looking to hire DSWs on a full-time, part-time or casual basis to work in our community residences - team players with a mature attitude, excellent judgment skills, caring disposition and a genuine interest in serving the exceptional people who live in our homes. Must be comfortable accompanying individuals on community outings and providing personal care such as bathing assistance. Other duties include household upkeep, daily cooking, and record keeping tasks.

The successful candidates will be available to work a variety of different shifts, including evenings, night and weekends. If hired will be asked to provide clear criminal record and child/abuse registry checks. Valid driver's license not required, but an asset, as are basic cooking skills and experience working in a caregiving capacity. Training in Emergency First Aid/CPR and Non Violent Crisis Intervention required and will be provided.

Please apply in writing to: Executive Director
Riverdale Place Homes Inc.
Box 968, Arborg MB ROC 0A0
kfinnson_rph@outlook.com

Or email:

Application Deadline: Sept. 9, 2016
For more info contact: Kathy Finnsen, Exec. Director 204-376-2940

RURAL MUNICIPALITY OF FISHER Office Clerk (Term/Casual)



The Rural Municipality of Fisher invites written applications for the Term position of **Casual Office Clerk**.

The RM of Fisher has a population of 1,704 and is located approximately 150 Km north of Winnipeg in the Interlake. The Local Urban District of Fisher Branch and hamlets of Hodgson, Broad Valley and Poplarfield are situated within the RM of Fisher. The RM of Fisher maintains a Water and Wastewater Utility for Fisher Branch.

The successful applicant will be required to provide a variety of administrative and financial clerical duties associated with municipal and utility services. Office Hours are Monday through Friday, 8:30 a.m. to 4:30 p.m. The Casual position will require the candidate to work days and times during these office hours, as determined. A detailed job description is available upon request.

The successful candidate shall possess the following qualifications:

- Ability to communicate effectively with Council, employees and the public.
- Strong written communication skills e.g. letter writing, minutes, notices.
- Experience in using common office software and computerized accounting programs. Knowledge of the Munisoft Accounting Software would be an asset.
- Attention to accuracy and detail is important.
- Valid driver's license.
- Honesty, reliability, integrity, team player and ability to work well with others are a must.
- Willing to enroll in the Manitoba Certificate Program for Municipal Administration (if requested).

The RM of Fisher offers an excellent benefits package. Salary is set out in the CUPE Local 4348 Collective Agreement and is dependent upon qualifications and experience.

Written applications including resume, cover letter and three work related references to be submitted in confidence by 4:00 p.m., 2016 September 14.

RM of Fisher "Casual Office Clerk Position"
Attention: Linda Tremblay, CAO
PO Box 280, Fisher Branch, MB ROC 0Z0
Fax: (204) 372-8470 Email: fishercao@mymts.net

The RM of Fisher thanks all applicants for their interest. Only those considered for an interview will be contacted.



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10 am Sat. Sept 10, 2016 Kelwood, MB
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Ben Klassen, Arnes.....\$729.00	Ronald Plett, Arborg.....\$499.00	Paul & Linda Buus, East Selkirk.....\$338.00
Olga Kowalsky, Riverton.....\$599.00	Frank Reimer, Arborg.....\$658.00	Richard & Doris Dueck, Arborg.....\$59.90
Olga Lupky, Riverton.....\$677.00	Dave & Eileen Shott, Arborg.....\$98.00	Henry T. Friesen, Arborg.....\$1727.95
Rick & Vickie McCormister, Peguis.....\$2,067.00	Fern & Philip Sinclair, Peguis.....\$279.00	Jocelyn & Tony Hayka, Arnes.....\$749.00
Yvonne Stranger, Peguis.....\$1,329.00	Philip Thorkelson, Arborg.....\$599.00	Carl Johnson, Riverton.....\$499.00
Ralph Sutherland, Fisher Branch.....\$1,158.00	Stanley Wallach, Poplarfield.....\$399.00	Darryl & Jeanette Lazarok, Poplarfield.....\$599.00
Olga Swiatuk, Arborg.....\$788.00	Philip Bauernhuber, Arborg.....\$1,900.00	Jason Loewen, Arborg.....\$59.90
Tony & Leona Vandersteen, Fisher Branch.....\$699.00	Simonetta DelSante, Riverton.....\$529.00	Janet Porth, Gimli.....\$1759.00
Thelma Jaworenko, Arborg.....\$848.00	Danielle & John Weedon, Riverton.....\$1,799.00	Candace Sigurdson, Riverton.....\$499.00
Dan & Lynn Chymy, Fisher Branch.....\$329.00	Bev Webb, Fisher Branch.....\$129.00	Tracy Sigvaldason, Arborg.....\$299.00
Riverton Group Home, Riverton.....\$2,699.00	Alan McKay, Arborg.....\$349.00	Della Sinclair, Koostatak.....\$1599.00
Ainsley Gibbs, Arnes.....\$79.00	Zenith Poole, Arborg.....\$848.00	Isabel J Toy, Lundar.....\$469.00
Jonas Roche, Arborg.....\$349.00	Barb & Menno Friesen, Riverton.....\$559.00	Cynthia Webster, Gimli.....\$449.00
Margaret Podaima, Fisher Branch.....\$769.00	Pat Dudrak, Arborg.....\$499.00	George & Maria Wiebe.....\$51.00
Michael Eyoifson, Riverton.....\$617.00	Mary Dunlop, Gimli.....\$109.00	Debbie & Adrian Zelenitsky, Gimli.....\$858.00
George R. Weibe, Arborg.....\$1,227.00	Jean Harrison, Arborg.....\$1,988.00	Doreen Steg, Camp Morton.....\$1,474.50
Janice Sinclair, Peguis.....\$209.00	Roxanne Roche, Arborg.....\$1,868.00	Darlene Jonsson, Gimli.....\$529.00
Geraldine & Jamie Stephenson, Riverton.....\$1,711.00	Ernie & Lucille Stabner, Eriksdale.....\$1,349.00	Delbert & Luwana Brandt, Riverton.....\$1,799.00
Dean & Sharmaine Murdoch Dallas.....\$319.00	Nancy Woychyshtyn, Arborg.....\$499.00	Brenda & Ed Anderson, Princess Harbor.....\$529.00
Theodore Zagowski, Riverton.....\$119.00	Donna & Ray Andert, Gimli.....\$899.00	Linda Williams, Peguis.....\$339.00
Morris Willis, Riverton.....\$416.13	Will Ashley, Arborg.....\$479.00	Eugene Feschuk, Gimli.....\$2,227.00
Glen Syme, Arborg.....\$59.00	Jake Barkman, Riverton.....\$619.00	Ida Jean Buck, Hodgson.....\$26.75
Rob & Kelly Selkirk, Peguis.....\$2,399.00	Mike & Thelma Blahay, Arborg.....\$557.00	Glen & Phyllis Stevenson, Peguis.....\$877.00
Pete & Mary Plett, Arborg.....\$599.00	Elaine Bolter/Geoff Crew, Sandy Hook.....\$999.00	Don & Betty Johnson, Arborg.....\$1,299.00
Donald Ostertag, Gimli.....\$1,448.00	Karen Dzaid, Arborg.....\$499.00	Patricia McCallum, Gimli.....\$569.00
Peguis Free Spirits Child Care, Peguis.....\$189.00	Natalia & Roger Eyoifson, Riverton.....\$1638.00	Joyce Bielak, Riverton.....\$29.95
Brent Melsted, Arborg.....\$599.00	Randy & Glenda Forster, Hodgson.....\$1898.00	Marvin Olson, Arborg.....\$29.95
A.W. Mabon, Gimli.....\$1,027.00	Perry & Genni Hibbert, Arborg.....\$479.00	Jeroline Smith, Peguis.....\$1227.00
Brian Jonsson, Arnes.....\$454.00	Kris & Begga Johannesson, Riverton.....\$939.00	Sandra Jonsson, Arborg.....\$549.00
Phyllis Dueck, Riverton.....\$767.00	Rick & Sheila Johnson, Arborg.....\$349.00	Melissa & Jeff Abuda - Arborg.....\$3,339
John & Nellie Buraq, Arborg.....\$599.00	Bertha Jonsson, Arnes.....\$769.00	John Paul Avison - Arborg.....\$679
Andrew Barg, Winnipeg.....\$1,749.00	Donna Jonsson, Arnes.....\$399.00	Carol & Dan Beauchemin - Inwood.....\$1,329
Crystal Sigurdson, Riverton.....\$549.00	Jeanette Kist, Gimli.....\$121.87	Jim Dingwall - Camp Morton.....\$1,038
Robert & Ellen Martin, Arborg.....\$1,330.00	Kevin & Lisa Klym, Arborg.....\$774.00	Eugene Feschuk - Gimli.....\$698
Ronald Ostyrznuik, Poplarfield.....\$479.00	John & Tina Komelson, Arborg.....\$689.00	Janison Hudson - Riverton.....\$1,278
Margaret S. Wilson, Peguis.....\$1,699.00	Kent & Helena Kostyshyn, Lundar.....\$639.80	Darlene Jonsson - Gimli.....\$359
Stacey Ledingham, Riverton.....\$1,279.00	Thomas Kowalchuk, Fraserwood.....\$499.00	Ruth Kennedy - Arborg.....\$549
Wayne Barkman, Arnes.....\$799.00	Layne & Holly Kulbacki, Arborg.....\$599.00	Benita Muzyka - Arborg.....\$388
Kathy Taylor, Winnipeg Beach.....\$599.00	Edward Penner, Arborg.....\$619.00	Archie Thompson - Arborg.....\$549
Doreen Steg, Camp Morton.....\$299.00	Keith Polesschuk, Arborg.....\$2082.00	Amadea Unger - Riverton.....\$799
Lloyd Sigurdson, Arborg.....\$599.00	Curtis Spence, Hodgson.....\$479.00	Evelyn Wallach - Poplarfield.....\$899
Glen & Norma Plett, Arborg.....\$629.00	Tanya & Lyle Thorgilsson, Lundar.....\$329.00	Judy Wells - Grande Pointe.....\$119
Jeanette Nickols, Riverton.....\$1,699.00	Nancy Woychyshtyn, Arborg.....\$768.00	Lynn Bear - Peguis.....\$239.00
Agnes Furda, Riverton.....\$939.00	Mathew & Gemma Avison, Arborg.....\$219.00	Hazel Brunen - Eriksdale.....\$729.00
Scott McDougall, Ashern.....\$369.00	Raymond Bazinet, Eriksdale.....\$389.00	David Chudy - Fisher Branch.....\$1,499.00
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Amanda Rundle, Riverton.....\$258.00	Allan & Janie Johnson, Riverton.....\$1,039.00	Linda Podaima - Fisher Branch.....\$43.45
Kay Bergman, Arborg.....\$2,229.00	Brenda Kayer, Teulon.....\$399.00	Ron and Inga Spring - Pine Dock.....\$429.00
William & Ethel Brown, Gimli.....\$5,000.00	Wayne & Kathy Kristinnson, Arborg.....\$499.00	Stella Thomas - Fisher Branch.....\$149.00
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Leona Cochrane, Koostatak.....\$498.00	Beverly & Bryan Plett, Arborg.....\$2,148.00	Kim and Ron Becker - Arborg.....\$578.99
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Kevin & Lisa Klym, Arborg.....\$1,484.00	Don Barkman, Arborg.....\$279.00	Sherman Sinclair, Koostatak.....\$498.00
Claudia Krawchuk, Fraserwood.....\$499.00	Noreen Barkman, Arborg.....\$679.00	Margaret Sutherland, Peguis.....\$1,869.00
David & Judy McDougall, Ashern.....\$399.00	Mark Bayliss, Arborg.....\$19.95	Kelly Sweetland, Arborg.....\$2,727.00
Tammie McQuoid, Arborg.....\$1,049.00	Melvin & Carol Bilinski, Fisher Branch.....\$999.00	Jim Want, Petersfield.....\$719.00

A NOTE TO OUR CUSTOMERS
Due to the nature of this sale, we felt a brief explanation is essential.
At closing, 6 p.m. Sat., Oct. 1 we will tally the 20 days of paid sales and divide by 20 to get the average daily sale. The day which is closest to this daily average, without going over it, will be the day which ALL purchasers will receive their purchase amount back, taxes excluded.
In the case of credit card (Smitty's, Visa, Mastercard) purchases, we will issue a credit immediately.
As we are tremendously overstocked right now, every item in stock will be included in this sale. No exceptions—clearance, damaged, discontinued, even new arrivals; furniture and appliances.
We must reduce our inventory and to ensure we do, we will even give it away for one day!
Don Smith
Smitty's

Ashley Rocker Recliner
\$399
CHOICE OF COLOURS

ALL PURCHASES QUALIFY!
• Furniture
• Appliances
• Clearance Items

8-Piece Living Room Package
Includes: Sofa, Loveseat, 3-piece Coffee Table Set, Pair of Lamps, Area Rug
\$1899

Crushed Glass FIREPLACE/ TV STAND
\$498
40% OFF

PLUS
DON'T PAY FOR 3 MONTHS
0% INTEREST ON EVERYTHING O.A.C.!
FURNITURE, APPLIANCES

Frigidaire Self-Clean RANGE & 18 cu ft FRIDGE Pair
\$1298
CASH AND CARRY

1/3 OFF Serta Pocket Coil Queen set
\$899
OTHER SIZES AVAILABLE

SALE RULES
• All sales must be paid in full to qualify for this sale.
• Visa, Mastercard or Smitty's Credit Cards accepted.
• Sale Starts 9 a.m. Tues., Sept. 6 and ends Sat., Oct. 1, 6 p.m.
• All purchasers on free day will be notified and receive their full refund by Wednesday, Oct. 5, 6 p.m.
• All sales tallies and free day will be verified by our accounting firm.
• Commercial sales excluded in tallies and free day.
• All taxes excluded in tallies and refunds.
• No returns or substitutions for these 20 sale days.

GRAND TOTAL TO DATE \$214,921.51

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