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Luck of the draw

Five-year-old Lucy tried her luck in the silent auction at the Eriksdale Creamery Days Fair and Rodeo last weekend. EXPRESS PHOTO BY JENNIFER MCFEE

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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Gimli Parkinson SuperWalk to spread a little warmth

By Patricia Barrett

In addition to bringing people together to support those living with Parkinson's disease, the upcoming Parkinson SuperWalk in Gimli will be spreading some warmth through a raffle for a handmade quilt with a homey theme.

Members of the Gimli New Horizons' fibre arts group donated their time and talent by making a row of the quilt then turned it over to SuperWalk co-chair and quilter Karen Lamb for the finishing touches.

"Some ladies at the fibre arts group

got the idea to help me because somebody had donated a quilt kit, which includes the fabric and the pattern," said Lamb, who has in past years donated her own quilts for the walk's raffle. "Nine of them helped me by making the rows and I put it together and added borders."

Lamb said they're still selling tickets for the quilt and the winning name will be drawn at the walk.

The Parkinson SuperWalk is held in over 80 communities across Canada, attracting about 10,000 participants. Since 1990, donors have raised over

\$38 million to support research and services for Parkinson's patients.

The SuperWalk's motto, No Matter What, is a testament to helping those with the disease.

"No matter what tomorrow may bring, nothing will stop us from funding more research, support and advocacy," states its website.

Each year the walk features a local person living with Parkinson's, a family member or a caregiver.

"Each year we choose somebody to be our hometown hero," said Lamb, who is co-chairing the walk with Cindy Parker. "We choose somebody who has Parkinson's or a caregiver and we feature them."

The hometown hero will speak about his/her experience with the disease then lead the walkers along the route through town. There is both a short and a long route for participants.

Participants will also have a chance to bid on a number of items up for grabs, with all proceeds to go to Parkinson's research.

"There's an amazing silent auction that the Stratton family organizes each year," said Lamb.

The walk is scheduled for Sunday, Sept. 8. Registration starts at 9 a.m. at the Waterfront Centre on First Avenue. The opening program will start at 10 followed by the walk. Refreshments will be provided.



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EXPRESS PHOTO BY KAREN LAMB

Parkinson SuperWalk co-chair Karen Lamb and the Gimli New Horizons' fibre arts club made a large colourful quilt that will be raffled off during the fundraising walk next month.

Elect

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P4P questions Gimli council on following its own laws on land development

By Patricia Barrett

People for the Preservation of the Willow Island Coastal Wetlands (P4P) challenged Gimli council to abide by the rule of law after a majority of council voted in favour of approving the building of a garage on land built on coastal wetland in the Siglavik area.

Five members of P4P attended council's regular meeting Aug. 14 to ask questions about the development on Sunrise Drive.

Council had received a handwritten note dated Aug. 1, requesting permission to build a garage on an empty lot. The note is posted on the RM's website under the Aug. 14 agenda.

The brief note requests "the building of a garage to store building materials for the construction of a new residence," and is signed by [P or R?] Rutz. "House plan to be decided on in the next couple of months."

No details about the garage, such as dimension or location on the prop-

erty, were given in the note.

Mayor Lynn Greenberg and councillors Thora Palson and Richard Petrowski voted in favour of approving the garage while Coun. Peter Holfeuer voted against it. Coun. Cody Magnusson was absent.

P4P spokesperson Jeff Smith, who lives beside the property in question, told council its Zoning Bylaw forbids the development of land below 717 feet. Based on documents obtained under freedom of information requests to the municipality and the provincial government, P4P found no evidence permits were issued for the wetland property before it was infilled. And aerial photographic evidence shows the land was below 717 feet prior to 2014 when Rutz purchased it. The only permit found was for a lot grade, which the legal landowner applied for this year.

"And yet here we are now with 1,200 truckloads of dirt dumped on ... the wetland, and we're now putting a ga-

rage on the land," said Smith. "I am appalled. The land developer was told [by the RM] in 2014 that if you bring the land up to 717, we'll give you a lot grade permit. That's not allowed in our bylaws. So, I'm curious as to how it happened."

CAO Joann Murphy said the property has a title and the owner has "the right" to build on it.

"It's a legal building lot," said Murphy. "I use the phrase legal lot; it is

identified by a title, it has taxation. It's a lot. It's not a swamp."

Coun. Petrowski said because the lot is now at the right height for development, it's not a wetland anymore, and Coun. Palson said it's common along the lakefront for people to build up their properties.

"But if our Zoning Bylaw says land below 717 cannot be developed, how does it get developed?" said Smith, pressing the point.

Continued on page 5



EXPRESS PHOTOS BY PATRICIA BARRETT

Members of P4P from left Rob Jantz, Jim Davis, Rev. Dr. Virginia Coleman, Jeff Smith and Dr. Muriel Smith.

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Gimli council disagrees on proposal for parking lot

By Patricia Barrett

Gimli council disagreed on the use of funding that had been set aside in the budget for enhancements to the Second Avenue public parking lot and Sobeys's corner on Highway 9.

During council's regular meeting Aug. 14, Coun. Thora Palson recommended that the money already set aside for repairs be spent on hiring Winnipeg-based Little Bluestem Landscape Architecture & Design to provide a professional design for revamping the two spaces, and that council then hold a public consultation to gather feedback.

Palson said she had reached out to some landscaping architectural firms with knowledge of or connections to Gimli and asked for their rates. As Little Bluestem had come in with the lowest rate, Palson said she's recommending the funding be used to hire them.

Coun. Richard Petroski said he was not in favour of the recommendation as the money had been earmarked to carry out repairs, not pay for a design. And council would then have to find more money to carry out the work recommended by the firm. Those costs are unknown, but could be expensive. "The cost for the parking lot is

\$10,000 for them to tell us what to do," said Petrowski. "And it's a parking lot. It's already paved. We budgeted \$10,000 to remove the fence and fix it up."

Petrowski said he already has a plan for repairing the lot.

"Right now, the fence is falling down. We know what we have to do: take it down. We could put up a new fence or some flower planters or poles with rope – make it a nautical theme – and it's done," he said.

CAO Joann Murphy said council would still be working within the existing budget, but just using the money for a different purpose.

But Petrowski said nothing will actually get done.

"It's not fixing the problem, it's just paying some outside contractor to tell us how much we have to spend later," he said.

Coun. Peter Holfeuer said he's in favour of paying for a professional design for the two areas.

"We're not landscapers and we shouldn't profess that we are. Let's do it right. There is some small investment to do that right," said Holfeuer. "I hear this all the time, visitors come to the community and say there's no consistency in how we do things and



EXPRESS PHOTOS BY PATRICIA BARRETT

Deputy Mayor Richard Petrowski opposed spending \$10K for a design of the existing Second Avenue parking lot. He wants to use the money to fix the lot

they go to places like Niagara-on-the-Lake and see how well that image is presented."

Palson said the quote was \$3,700 for a preliminary design of the parking lot and \$4,000 for Sobeys's corner, which would fall within the budgeted amount. And the cost to carry out the design could be spread out in future budgets.

Mayor Lynn Greenberg said a lot of people have been commenting on their taxes going up and he won't support another budget with a tax increase.

"Some of this stuff is hard to explain

to somebody in a subdivision or west of [Highway] 8 that we're going to spend a whole bunch of money beautifying a parking lot that's sat there for years and they're looking for services in their areas," said Greenberg. "Raising the taxes is not the way to go."

The mayor said there are probably retired architects living in Gimli that the RM could tap for advice.

Rather than vote on the proposal, Palson suggested they table it to the next meeting to get input from Coun. Cody Magnusson, who was absent from the Aug. 14 meeting.

> P4P, FROM PG. 3



Coun. Peter Holfeuer voted against the Rutz proposal to build a garage. The mayor and councillors Palson and Petrowski approved it.

Murphy said: "By bringing it up."

Smith said that contravenes the laws the RM is supposed to follow. And in November 2014 the provincial government stepped in to stop the infilling of the wetland, saying it had gone ahead without permits/licenses and that because it is rare coastal wetland, it cannot be developed.

"It happens all the time," said Petrowski, referring to developers bringing up the level of land so that it can be developed.

"That's as may be," said Smith, "but it's not legal and it's not right."

Before the Rutz garage request was put to a vote, Coun. Holfeuer told

council he had received three written complaints about it prior to the meeting (one from P4P and two from other residents) and that he had forwarded them to council.

Holfeuer went ahead and read aloud P4P's letter then said he himself has concerns with moving forward on the garage. He recommended council delay its decision until P4P receives a response from Sustainable Development Minister Rochelle Squires.

P4P had personally delivered a documentation package to Squires' office at the legislature over three months ago. It details a lack of permits and licenses, violations of the Environment, Water Rights and Planning acts, and asks her for a response. P4P had also contacted Gimli MLA Jeff Wharton. The group has not received a response from either office. Sustainable Development had, however, issued a stop-work order in March on a canal Rutz was having dug up in the wetland.

Holfeuer said P4P has acquired enough information that raises doubts as to whether proper steps had been taken, and that it would be "prudent" of council to temporarily postpone its decision.

"If P4P is saying bylaws haven't been followed, both municipally and provincially, I think we owe them [a

delay] before we make these kinds of decisions," said Holfeuer. "The preservation of the wetlands is important to many, and to me as well. I'm a businessman, now retired, and I'm all for economic development. But I'm for sensible economic development."

Coun. Palson said the RM is not the authority of jurisdiction when it comes to permitting – the East Interlake Planning District is – and the current matter at hand pertains to a building.

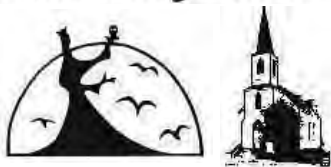
"I think the matter before council is a standard agreement. We're looking at an agreement on a building lot that is standard practice for us," she said. "The stages of permitting is for another jurisdiction."

Smith said P4P's concern with wetlands development is one shared by "an awful lot of people." The group has had about 3,000 engagements on its Facebook page from people in the area, the city and from across the province and the country. It's also received support from a number of environmental organizations and local churches.

"Where does this stop? How does this thing get corrected?" said Smith. "It may well have been done all the time in the past, but it should not be done."

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Oak Hammock Air Park hosting annual fly-in lunch

Aviation enthusiasts expected to gather at 16th annual event on Aug. 24

Staff

The Oak Hammock Flying Club is hosting their 16th annual fly-in barbecue and lunch on Saturday, Aug. 24.

Ed Gulay, president of the Oak Hammock Flying Club, is inviting aircraft enthusiasts to join them.

This year's fly-in event is set to have nearly 40 planes on site, along with STARS helicopter and a number of planes from the Commonwealth Air-

craft Museum in Brandon. The museum will be offering flights for a fee.

The event creates a kind of community where aviation enthusiasts can gather, said Gulay.

This year's fly-in lunch and barbecue will be held from 11 a.m. to 3 p.m. at the Oak Hammock Air Park on 1023 Fort Garry Rd. adjacent to Oak Hammock Marsh on Saturday, Aug. 24.



EXPRESS FILE PHOTO

Last year's event saw over 200 people in attendance and nearly 40 planes.

Interlake-Eastern RHA seeks board advisors with Local Health Involvement Groups

Submitted

Interlake-Eastern RHA (IERHA) is seeking applicants who want to be a part of health-care decision making in one of the region's two Local Health Involvement Groups (LHIGs).

Interlake-Eastern RHA residents who have an interest in improving health care in the region and who are able to commit the time required to participate in the Local Health Involvement Group are encouraged to apply.

"I wanted to become a member of the Local Health Involvement Group to have a voice — a voice about the delivery of health-care services that are so important to the residents of our region," says Shawna Cromie, LHIG member and executive director of Growing Years in Selkirk. "I wanted the opportunity to do my part to encourage health care that reflects the

needs of the diverse group of people who live here."

IERHA board chair, Margaret Mills, says LHIG members will explore ideas and provide advice to the board of directors on issues that impact the delivery of local health services.

"It's always beneficial to hear from the people we are delivering the health-care services to. It helps us make informed decisions about health care in their area," Mills said.

Successful applicants will be working with other Local Health Involvement Group members to discuss and identify issues that affect the delivery of local health services. Each group summarizes their comments for presentation to the board of directors.

The time commitment for LHIG members is four two-hour meetings per year. LHIG members will also receive an orientation to the RHA.

Each group can determine if they'd like to take advantage of conference calling and webinars to reduce travel requirements during winter months. LHIG applications are available to residents in the Interlake-Eastern Regional Health Authority who have an interest in improving health care in the region and who are able to commit the time required to participate.

Cromie sums her experience up as a LHIG member as truly meaningful.

"Being a part of the LHIG for the last few years has made me feel like I can make a difference. It has given me insight into how challenging managing health care can be and having the opportunity to share community feedback with the people who need to hear it has been very valuable. The board of directors supports and encourages our contributions and has responded positively to the input

from the LHIG. I believe the LHIG has influenced positive change and I am optimistic it will continue to do so. This group is so passionate about health care and it is such a privilege to be a part of it."

Community members are encouraged to apply by downloading an application from www.ierha.ca "About Us" "Community Involvement" "Local Health Involvement Groups/Les Comités consultatifs en santé communautaire" or by contacting Pamela McCallum by emailing pmccallum@ierha.ca for an application form. The deadline to apply is Aug. 30.

All applications will be reviewed by a committee of the RHA's board of directors. People who are selected will participate in one of two LHIGs across the region.

LHIG Member Composition (West):

Continued on page 17



Arborg Royal Canadian Legion 161 (306 Main Street) is hosting a Family Fun BBQ on Saturday August 24th 2-5 pm

Entertainment by Winnie Brave.

We will also be having kid games and candy scramble. Event will be held inside the Legion weather permitting.

Everyone Welcome

The Gimli Cemetery Association cordially invites you to a

CandleLight Meditation at the Gimli Community Cemetery. Sunday, September 1st at 7pm.

Come and light a candle in memory of your loved ones. Candles will be available at main gate. Silver collection in support of the event is optional.



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That was an unusually great fishing day

By Arnie Weidl

Hello good friends.
If you caught my column last week, you may remember Mick Fyfe's "two-fer" fishing story where some time ago a walleye tore his rod out of his hands only to be re-caught on his second rod that had a sturgeon on it!

Well, Henry Dolenuck of Matlock, who I met on the Hnusa pier last Friday, got a "three-fer"—on two hooks! Back in the '80s, he was shore fishing off Lake Manitoba's Silver Bay west of Ashern using a pickerel rig. He got a hard bite, and as he began reeling in, it looked like a number of fish were caught on his baited hooks. He quickened reeled in, literally dragging the hooked fish along the top of the water onto shore. He knelt down beside his catch and saw in disbelief one walleye had taken the upper hook while a second walleye had taken the lower hook, but in swallowing it, the hook had passed through and out its gill where a third walleye grabbed it! As Henry finished his story, he looked at me, smiling and saying, "That was an unusually great fishing day!"

Later in the week, I went over to the Selkirk pier and met Joshua Starchuk and his wife Stephanie from Richer who had a very unusual story. The week before he and Stephanie were fishing here and all of a sudden everyone around them began shouting. An angler beside them was reeling in what he thought was a snagged log or something, and up from the depths came a tangled mass of broken off fishing lines, weights and hooks. The angler was a bit upset as he lay the mess on the pier deck and started to separate his line from the "hodge-podge." Then something black caught his eye. He worked his hand into the jumble of fishing gear, not wanting to get pierced with an old rusty hook, and felt a long, rough piece of metal.



EXPRESS PHOTO BY ARNIE WEIDL
Joshua Starchuk with one of his many catches off the Selkirk waterfront pier.

He gingerly gripped it and carefully worked it back out of the bundle of lines. There in his hand rested an ancient highly ornate dagger! The many anglers around him offered to buy it on the spot but our brother, who will remain nameless, would have none of it and quickly packed up for home.

It was a bright windy day on the Balsam Bay pier late last week where well out on the very end I could see a lady sitting, holding a long fishing rod. I walked out to her and said, "I can see fish jumping out of the water by your hook. Any bites yet?"

She shook her head sideways, her long blond hair in ringlets swinging outward. Her ever-shifting eyes told of a woman completely at home in the outdoors. "You from around here?" I asked, opening up a conversation.

"No," she replied, "I'm from Morden.

> Fish tales?

Call Arnie Weidl at 204-641-2210
sanarn@mymts.net



I have in-laws with a cottage at Grand Beach and I come to fish around here all the time."

"Well, if you've spent a lot of time fishing, did anything unusual ever happen?" I asked.

"Yeah, once, a few years ago, I was shore fishing at Grand Beach and had caught a medium-size jackfish."

She set her rod in its holder beside her as she told me her name was Cheryl Kehler and then continued with her story. The bright sun was beating down on her as she sat in her chair at the water's edge. She had pushed her bare feet into the cool wet sand, glancing at the jack she had just caught and put onto her stringer. Then from her right, she saw the water rise and spill away from the back of a huge walleye. It charged at the jackfish clamping onto its tail. The two fish frantically rolled over each other in a desperate fight.

Cheryl angrily jumped up. She grabbed a baseball bat-sized piece of driftwood close by her and, stomping into the water over the battling fish, began hitting the unwelcome pickerel. Suddenly it sprang away from the jack and swam for deeper water. Cheryl stood her feet in the cool water, calming down, and then started walking up the sandy beach to her chair when behind her she heard a great splashing. She turned and, in shock, saw the walleye had returned. It was attacking her jackfish again! Down into the water she strode once more. This time her aim with the stick was true. She struck the walleye, stunning it. She bent down, grabbed it and tossed it up onto the sandy beach. She grabbed the stringer with the jackfish still on it, minus its tail, and tossed it ashore. After she calmed down, she packed up and went home. That was enough fishing for one day!

Until next week. So long for now.

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Letters to the Editor: letters@expressweeklynews.ca
Classifieds: classifieds@expressweeklynews.ca
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OUR EDITORIAL STAFF

Brian Bowman Sports Reporter
sports@expressweeklynews.ca

Evan Matthews - Reporter/photographer
204-990-9871 Email: evan@expressweeklynews.ca

Patricia Barrett - Reporter/photographer
Cell 204-407-6099 patricia@expressweeklynews.ca

ADDRESS

74 Patterson Drive, Stonewall Industrial Park
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NDP would oppose and reverse education cuts

Submitted by Interlake-Gimli NDP

Interlake-Gimli New Democratic candidate Sarah Pinsent promises her party will maintain and enhance the quality of education in Manitoba.

She shares the concerns of educators and parents who fear the Pallister government's current review of Manitoba education in grades 1 to 12 may be more about cost cutting than improving education.

"I believe Interlake and Gimli families deserve high quality education and better classroom support for kids, leading to good jobs for them in their communities," says Pinsent, a social work counsellor with experience as a volunteer on the Winnipeg Beach School Parent Advisory Council.

To get the youth viewpoint, Pinsent recently listened to the experiences of two Gimli high school students who know something about combatting the Pallister government's stinginess. Jasmine Henry and Eric Isfeld were part of a group of 20 GHS students

who picketed this spring at the Manitoba legislature to protest the Conservative refusal to fund a new band room for their school's highly regarded band program.

The Tories twice refused provincial funding for the band room before a growing uproar persuaded them to allow the local Evergreen School Division to use its own money to proceed with the project this fall.

"We believe our experience at the legislature taught us that people should be more aware of what is happening in their communities," says Jasmine Henry, a band program singer-instrumentalist who will go on to the University of Manitoba this fall.

Pinsent wants the public to know that the NDP has a plan to improve Manitoba education. One plank in the platform will restore the limit on kindergarten to Grade 3 class sizes to give youngsters a better start in school. Another will provide expanded student supports in schools in the



EXPRESS PHOTO SUBMITTED

Interlake-Gimli New Democratic candidate Sarah Pinsent, left, listens to the education views of Gimli High School students Jasmine Henry and Eric Isfeld.

areas of mental health and more educational assistants in classrooms.

"We are strongly opposed to ballooning class sizes and cutting sup-

ports for kids," said Pinsent, whose party platform for Manitoba schools has widespread support in the education community.

Manitoba Liberals launch Green Growth, Renewal campaign

Submitted by Manitoba Liberals

Manitoba Liberals officially launched their 2019 campaign Tuesday in St. Boniface, with a 25-page plan for "Green Growth and Renewal." Leader Dougald Lamont says it is the boldest and most ambitious climate change plan of any party this provincial election.

The Manitoba Liberals' plan sets out a series of steps that would make Manitoba "carbon neutral" by 2030 — so by that year, Manitoba will no longer be contributing to climate change.

Liberals say the PCs have backtracked on their plan, increased emissions and have no timelines or targets. The NDP has proposed a law to make Manitoba carbon neutral by 2050,

without details. The Green Party only commits to setting targets, without saying what they will be.

"We have an obligation as leaders to act on climate change — and what's more, Manitoba has an opportunity to show Canada and the world how it can be done," said Lamont. "We need to show our children that the climate is a priority, that their futures are a priority, and that's what our plan does."

A Manitoba Liberal government will take back control of carbon revenues from the federal government, making Manitoba a leader in low-carbon and no-new-carbon fuels, ease the shift to electric for transportation, and working with farmers and nature alike to

soak up carbon dioxide from the atmosphere.

The Manitoba Liberal Green Plan promises 50,000 hectares of new wilderness — including urban forests and restoring grasslands. Grasslands are the single most endangered environment in North America and can store as much or more carbon as a forest can.

The Manitoba Liberal Plan will convert the Red River Floodway into grasslands, following an award-winning plan prepared by landscape architect Glen Manning.

In addition, Manitoba Liberals will encourage Manitobans to plant five trees apiece — six million trees by 2023. A new report in Science sug-

gested that the lowest-cost and most effective way to slow and reverse climate change is by planting trees, and Canada is one of the top countries in the world where it can be done.

Manitoba Liberals will re-establish a tree nursery to provide low-cost or free seedlings to families, businesses and municipalities. The PCs sold off Pineland Forest Nursery, which used to provide the service.

"We have said that our goal, as Manitoba Liberals, is to govern by 'the campsite rule' — that we want our children to inherit a better province than we did," said Lamont. "We can get a lot done working with nature instead of against it."

PC Party unveils Manitoba Works jobs plan to add private sector jobs

Submitted by Manitoba PC

A re-elected Manitoba Progressive Conservative government will implement a comprehensive Manitoba Works jobs and economic growth plan to add 40,000 private sector jobs over the next four years, Manitoba PC

leader Brian Pallister announced recently.

"We have a plan for sustained economic growth and are setting an ambitious target of 40,000 new private sector jobs in our second term," said Pallister. "Manitoba Works will build

on the foundation we have established and success we have achieved since forming government."

The Manitoba Works jobs plan will implement faster permitting systems with clear service standards and appeal mechanisms to unleash private

sector investments and encourage expansion of commercial space, industrial facilities and residential real estate.

It will act on the recommendations of

Manitoba PC Party to crack down on rural crime with new crime reduction teams

By Manitoba Progressive Conservatives

A re-elected Progressive Conservative government will invest \$2.8 million from its Safer Streets, Safer Lives Action Plan to crack down on rural crime by establishing new RCMP Crime Reduction Teams throughout Manitoba and supporting police efforts to dismantle street gangs, PC Party leader Brian Pallister announced Monday.

"A re-elected PC government will move rural Manitoba forward on public safety by supporting the RCMP to crack down on criminals and street gangs," said Pallister.

According to recent statistics, Manitoba's rural crime rate was 42 per cent higher than its urban crime rate, with violence, drugs and property crime being major challenges in rural communities.

A re-elected PC government will provide the RCMP with the supports they need to reduce rural crime, including:

- Creating two new Crime Reduction Teams in the eastern and western

RCMP districts to target prolific offenders and drug dealers;

- Adding officers to the existing northern district Crime Reduction Enforcement Team;

- Adding new officers to the D Division Enforcement Team, a centralized enforcement unit that uses criminal intelligence to target criminal organizations and street gangs that traffic drugs and guns; and

- Investing in two new crime analysts to help the RCMP identify criminal trends and crime hotspots.

Pallister was joined for the announcement by Alan Lagimodiere, PC candidate for Selkirk, home to the RCMP eastern district office, which will receive funding to support the new Crime Reduction Team for the RCMP's eastern district.

"Only Manitoba's Progressive Conservatives will take real action to reduce crime and protect Manitoba families and communities in eastern Manitoba," said Lagimodiere. "The Manitoba RCMP do tremendous



EXPRESS PHOTO BY BRETT MITCHELL

PC Party leader Brian Pallister, PC candidate for Selkirk Alan Lagimodiere and PC candidate for Interlake-Gimli Derek Johnson were in Selkirk Monday to announce an investment of \$2.8 million to support RCMP to reduce rural crime if re-elected.

work keeping Manitobans safe and we welcome this substantial investment to reduce crime in Selkirk and across eastern Manitoba."

Kinew would make buying a first home more affordable

Submitted by NDP

Wab Kinew would make buying a first home more affordable by offering a \$1,000 reduction on the land-transfer tax for first-time homebuyers and people with disabilities. It is part of the NDP's commitment to keep life affordable for families.

For an average home in Winnipeg with a selling price of \$310,000, land

transfer taxes are \$3,920. This policy would reduce the land-transfer tax by 25.5 per cent for first-time home buyers.

"One of the best things about living in Manitoba is that a good quality of life is within reach for everyday families. We want to help young people build a future here, and that's what this commitment is all about," said

Kinew. "Brian Pallister has made your life more expensive, on everything from Hydro bills to tuition to auto insurance. But we have different priorities. We will help keep life affordable."

"As we prepare to welcome our first child, we are looking to move out of our rental apartment and into our first home. There are many additional costs associated with purchasing a

house, and this cut would make a real difference to us as first-time homebuyers," Mandeep Gill said.

Manitoba's NDP estimates this commitment will benefit approximately 8,000 people and cost the provincial government \$8 million per full year, based on data from the Canada Revenue Agency.

> PC PARTY, FROM PG. 7

the Review of Planning, Permitting & Zoning in Manitoba, which identifies problems with these activities across the entire province, including with Manitoba Hydro, the Office of the Fire Commissioner, the City of Winnipeg, as well as all other municipalities and rural planning districts. The review was undertaken with a view towards unlocking new growth and development opportunities in the province.

Pallister noted removing these barriers will unleash new investments representing \$5.1 billion per year or around seven per cent of provincial GDP. For every day we can reduce unnecessary permitting delays, our provincial GDP will grow by \$17 million, municipal tax base revenues will grow by \$400,000 and provincial tax revenues will increase by \$1.7 million, he said.

Other components of the Manitoba Works plan include the following:

- Building on our Strengths: increasing support for tourism and the film industry, and establishing sector strategies in key areas of opportunity like food processing and commercialization, advanced manufacturing and aerospace;

- Growing Manitoba with "Team Manitoba": enhancing Manitoba's new Economic Development Office and working with partners to form strategic teams to attract new investment to the province;

- Paving the Way for Growth: establishing a 10-year strategic capital plan and increasing the provincial highways program by 14 per cent from \$350M to \$400M over the next four years, with dedicated funds for infrastructure projects that enable private

sector job creation;

- Accelerating Talent Acquisition and Business Expansion: fast-tracking the development of Manitoba's skills, talent and knowledge strategy, and strengthening partnerships between employers and training opportunities;

- Making Winnipeg the Growth Capital of Western Canada: partnering with the Winnipeg Metropolitan Region on a new plan to make the region more attractive for business and an even better place to live;

- Enhancing Connectivity: developing an innovative broadband strategy to expand connectivity and support job creation in rural, northern and remote communities;

- Advancing Look North: delivering new money to stimulate mineral exploration and development in the North;

- Spurring Green Innovation: working together with the private sector to create new clean technology jobs; and

- Freeing the Beer: bringing forward regulatory reforms to enable growth and expansion of local distillers and craft brewers.

Pallister noted Manitoba Works will focus on private sector job creation and build on the current economic development strategy and Team Manitoba approach announced by the PC government in December 2018. It will be supported by ongoing work to reduce job-killing red tape and eliminate internal trade barriers that cost investment.

"Parents want to know that their children will have opportunities waiting for them when they finish school, so they can succeed and build a bright future here in Manitoba," said Pallister. "Manitoba Works will help create the well-paying jobs of the future."

"Our plan will ensure more Manitobans are working and finding good jobs than at any other time in our province's history."



PROVINCIAL ELECTION DAY

TUESDAY, SEPTEMBER 10

A provincial general election has been called. Here's what voters need to know:

VOTER INFORMATION CARD

- You will receive a voter information card confirming that you are registered to vote and telling you when and where you can vote.
- Bring the card and your ID when you come to vote.

DIDN'T RECEIVE A VOTER INFORMATION CARD?

- Find your voting place at electionsmb.ca or by contacting your returning office.
- You can still vote if you are not on the voters list. Just bring ID.

ID TO VOTE

Everyone must show ID to vote, either:

- one piece of government-issued photo ID, like a driver's licence, or
- two other pieces of ID.

If your ID does not show your current address, you can sign a voter registration form at the voting place.

CONTACT US FOR INFORMATION ABOUT:

- Voting from home
- Accessibility services
- Voting if you will be away
- Personal security voting

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Voter Information Card Provincial General Election		
Electoral Division: MCPHILLIPS		
Election day		
Date and hours: Election date 8:00 am to 8:00 pm	Voting location: Garden City Collegiate 711 Jefferson Avenue Winnipeg Voting Station 47	
Advance voting days		
Dates and hours: Advance dates 8:00 am to 8:00 pm Sunday, noon to 6:00 pm	Voting locations: Returning Office Unit1133 - 2305 McPhillips Street Red River Community Centre 293 Murray Avenue	
For more advance locations, visit electionsmb.ca . For information about accessibility of voting locations, contact Elections Manitoba. Phone: 1-204-555-5555 Toll-free: 1-855-555-5555 Email: ROMcPhillips@elections.mb.ca		
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- are at least 18 years old on election day
- have lived in Manitoba for six months before election day.

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Weekend of fun at Eriksdale Creamery Days Fair and Rodeo

By Jennifer McFee

The Eriksdale Creamery Days Fair and Rodeo offered a weekend jam-packed with fun and festivities.

From Friday, Aug. 16 to Sunday, Aug. 18, crowds converged in Eriksdale for the much-anticipated event.

Friday's highlights included an old time dance to the tunes of The Country Pride Band at the Eriksdale Recreation Centre, followed by a horseshoe tournament and little britches rodeo at McEwen Park Rodeo Grounds.

On Saturday, celebrations started with a free pancake breakfast sponsored by the RM of West Interlake and prepared by the Eriksdale Fire Department. More than 200 people enjoyed the morning meal.

After that, attendees had the chance to enjoy a market garden under the pavilion, a parade with more than 40 entries and a barbecue hosted by Eaglets Daycare Co-op at the Creamery Museum Grounds. Live music enhanced the atmosphere, while youngsters flocked for face painting, glitter tattoos and bouncy inflatables. Competitors showcased their abilities in the home living section, located inside the museum, with 137 entries by kids and 53 entries by adults.

Then back at the rodeo grounds, the audience cheered on competitors in the tractor pull and the rodeo. Youngsters had their chance to be in the spotlight during intermission with mutton busting and a wild pony race.

Wrapping up the evening, Four Mile Road kept the crowd on their toes with live music at an outdoor stage.

On Sunday, everyone headed back to the rodeo grounds for more excitement, bolstered by mouth-watering meals at the canteen.

"Over all, this year's event was very well attended and everyone had nothing but praise about the whole weekend," said event committee member Diane Bottrell, who also works as the economic development officer for the RM of West Interlake.

"The Eriksdale Creamery Days Fair and Rodeo would not be a reality without our organizing committee, the many dedicated community volunteers and our generous sponsors and supporters."

For the tractor pull in the 4,000 pounds and under category, first place went to Fast Eddy and second place went to Brad Dyck. In the 4,000 to 5,000 pounds category, first place went to Corrine Sigurdson Burdett and second place went to Jim Dyck.

In the 5,000 to 6,000 pounds category, first place went to Fast Eddy and second place went to Corrine Sigurdson Burdett.

In the 6,000 to 7000 pounds category, first place went to Jim Dyck and second place went to Corrine Sigurdson Burdett.

In the 7,000 to 8,000 pounds category, first place went to Floyd Hayward and second place went to Nick Bennett.

In the 8,000 to 9000 pounds category, first place went to Nick Bennett and second place went to Dave Todoruk.

In both the modified 7,000 pounds and under category and the modi-



fied 7,000 pounds and over category, first place went to Jim Dyck and second place went to Brad Dyck.

Amanda Lucier Windross, owner of Say What? Custom Designs, created the awards for the first- and second-place winners.

Rodeo results were not available by press time.



Icelandic River Community Foundation donates to Arborg PCH

By Evan Matthews

The Arborg Personal Care Home (PCH) residents celebrated some of its new furniture this week from a donation they received last December.

The Icelandic River Community Foundation (IRCF) donated a total of \$3,444.50, in the form of lawn and patio furniture, at the request of the Arborg PCH, according to IRCF secretary (and former vice-president) Judy Nichol.

"They have an open-air space in the back of the Arborg PCH. They've been working to renovate the area, and it's taken some time. So what they did this time is they set everything up out front," said Nichol.

"It looks so inviting. Instead of just visiting in rooms or the common area, they can go outside and enjoy the sunshine. It adds a lot to quality of life and well-being."

Though unrelated, someone else donated

a barbecue to the Arborg PCH. Coupled with the IRCF donation, it has made for a great spot for people to spend time, said Nichol.

The original IRCF announcement and donation came in December 2018, but the organization waited to take photos and to do a formal presentation.

The Arborg PCH used the funding to purchase a couple of picnic tables with removable benches (allowing

wheelchair access), and a "four-piece conversation set" including a love-seat, chairs and a coffee table, a water fountain and a small storage unit to store the chair cushions during rainy and snowy times.

"Part of this is having people aware of our organization. We have meetings, and we approach the personal care home or the hospital, various community (entities) to see if they have a wish list," said Nichol.

"IT LOOKS SO INVITING. INSTEAD OF JUST VISITING IN ROOMS OR THE COMMON AREA, THEY CAN GO OUTSIDE AND ENJOY THE SUNSHINE."

"The majority of our funds go to health care, and we ask those entities what their wish list is, and we see if we can accommodate it. Other organizations can always approach us, too."

When the IRCF was formed, all remaining funds held by the former Arborg and Districts Health Centre Foundation were transferred into it to form the Healthy Bifrost Endowment Fund, said

Nichol.

Though the principle amount is never touched, Nichol said interest generated from the Healthy Bifrost Fund is earmarked each year for health-care priorities like the Arborg PCH, scholarships for Bifrost residents studying in a healthcare field or important local healthcare equipment and programming.

"It's all worked out really well," said Nichol. "We're excited to continue."



EXPRESS PHOTOS SUBMITTED

Arborg Personal Care Home residents pictured in front with the new fountain David Gislason, Judy Nichol, Arlene Perry, Lorne Floyd, and Linda Oddliefson.

The IRCF was formed in 2010 and provides a vehicle to ensure that those who "care deeply about the future of those who live in Bifrost" have an avenue to place emphasis on and build community, both now and into the future, according to its website.

Donations to the IRCF, large or small, are invested into its permanent endowment fund, according to Nichol. Each year the investment income is used to support the betterment of the RM of Bifrost-Riverton communities, whether it be for health care, educa-

tion, seniors' or children's services, recreation, the environment, culture and heritage, she said.

Funds donated to the IRCF are invested and managed with the assistance of the Winnipeg Foundation, Nichol said, as the IRCF takes advantage of the Winnipeg Foundation's "in-depth knowledge" and "long history of success."

For more information about the IRCF or to donate, call 204-376-5742 or visit ircf.ca.



Shown with the furniture, back row, left to right: Linda Oddliefson (clinical resource nurse at Arborg PCH), Judy Nichol (Icelandic River Community Foundation board member), Sherri Brennan (clinical team manager at Arborg PCH), David Gislason (IRCF board member), Lorne Floyd (IRCF board member); front row with residents is Arlene Perry (board member), far right.

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A-Spire actors will conclude successful summer season

By Roger Newman

Gimli's A-Spire Players will wrap up a successful summer theatre season by presenting the hit comedy *Halfway There* by Canada's most prolific and popular playwright Norm Foster.

The Foster play tells the tale of a handsome young doctor who creates a stir when he arrives in a small Nova Scotia town to cover for the local physician. It completes the latest series of 10 plays over eight weekends in an A-Spire summer season that has been entertaining Gimli audiences and visitors in a Second Avenue playhouse since 2005.

"*Halfway There* is modern, funny and heart-warming," says Ashley Tupper, the A-Spire's summer program director and an actor in *Halfway There*.

"Audience members will feel like they're with friends in the local diner, hearing the daily gossip and support-

ing each other through life's hardships. Initially suspicious of the small-town lifestyle, the young doctor has no idea that he might just find what he's looking for in an unexpected place."

Along with Tupper, cast members are Steve Rayner, Suzy Rayner, Alex Kristiansen and Tina Leath. They will take the stage a week before the Beau Theatre Co's Aug. 23-25 production of *Seascope with Sharks and Dancer*, an exploration of fear, love and what it takes to be human.

"The 2019 season has been a great success with many sold out performances," Tupper said.

"I have seen them all. I have laughed, I have cried and witnessed a few standing ovations from appreciative audiences. We truly appreciate our patrons who keep community theatre alive and well in Gimli."



EXPRESS PHOTO SUBMITTED

Starring in the A-Spire Players comedy *Halfway There* are, left to right, Steve Rayner, Ashley Tupper, Suzy Rayner, Alex Kristiansen and Tina Leath.

Gimli culture night taking shape

By Roger Newman

There is one spot open in Gimli's sixth annual Nuit Blanche Night, a Saturday evening celebration of culture in Gimli's downtown district.

The departure of a previous participant has created an opportunity for a new cultural group to strut its stuff to Gimli residents and visitors on Saturday, Sept. 28. The evening, which features the talents of cultural groups at multiple venues, is part of a worldwide event that started in Nantes, France, in 1984 and has subsequently spread around the world and is now part of Manitoba's Culture Days.

"Nuit Blanche is important because arts and culture are a proven contributor to human well-being,"

said organizer Julianna Roberts, who is also executive director of the New Iceland Heritage Museum (NIHM).

"The tangible benefits of the arts open people's eyes to creativity and new things."

Roberts would like to hear from a new group wanting to join returning venues such as the Gimli Art Club, the Gimli Film Festival, Robin's Donuts, the A-Spire Players and the NIHM Museum.

Nuit Blanche-goers have the option of either visiting the venues individually or joining a guided tour which will again be led by author Doreen Pendgracs.



EXPRESS PHOTO SUBMITTED

New Iceland Heritage Museum executive director Julianna Roberts is organizing Gimli's sixth annual Nuit Blanche Culture Night.

Second degree murder charge dropped against Jesse Paluk

By staff

Jesse Douglas Paluk stood before Judge Wanda Garreck who granted him conditional release, in Stonewall court last Monday.

Paluk pleaded guilty to two counts; assault with a weapon and the discharge of a firearm recklessly.

Second degree murder charges were dropped in the shooting death of 20-year-old Hailey Dugay on Nov. 17, 2018 near Fraserwood.

By pleading guilty, Paluk will not go to trial.

With respect to the discharge of a firearm count, comes a minimum of a four year sentence.

Council explained to Paluk that at the time of sentencing, the condition to the punishment that the court can give are other ramifications such as; Paluk will be prohibited from using

firearms for the unforeseeable future and security clearances may be affected and that the final sentencing will be in the hands of the judge, not the lawyers.

Forensic analysis confirmed that Paluk's rifle did not discharge the shot that killed Haley Dugay.

After an altercation at the Fraserwood Hotel everyone was removed from the establishment.

Paluk and another male left and travelled down a rural road. Three vehicles drove down the same roadway as the accused.

Shots were fired from the firearm in Paluk's possession as well as the other male.

A third male did observe the shooting and never observed Paluk pointing his rifle at the vehicle passing by.

One of three vehicles that passed

by was struck twice by bullets. One shot entered the rear taillight of the vehicle, this bullet was never recovered thus forensic analysis could not determine which firearm was used to fire the shot. A second shot entered through the tailgate of the vehicle, proceeded through the cab and struck Dugay causing her death.

Police previously charged Jesse Paluk, 23 with seven counts of attempted murder, second degree murder, three counts of discharging a firearm with intent to wound, three counts of reckless discharge of a firearm and assault with a weapon.

Paluk has been in custody since Nov. 17, 2018 after being arrested by authorities.

Based upon his acceptance of responsibility and other factors, council is in agreement that Paluk can be re-

leased from custody.

Terms of his release were based on a recognizance of \$5,000, he is required to reside at a determined residence which he is required to reside at and not move without prior permission from the court and maintain a curfew from 10pm to 7am daily. He is to abstain absolutely from consumption of alcohol and non prescription drugs. He is not to attend any licensed premises, he is not to operate a motor vehicle and cannot have contact with 14 listed individuals. He is not to attend within 200 metres from any place the said individuals may be or work.

Permission was granted for a special sentencing date of April 8, 2020.

On Aug. 6, police announced William Ryerson Comber, 20, stands accused of second-degree murder of Hailey Dugay.

Netley Creek Golf course supporting KidSport

Staff

Netley Creek Golf Course held their annual KidSport Golf Classic tournament last weekend in support of helping kids play sports in the Interlake and Selkirk regions.

Since the course partnered with KidSport four years ago, they have contributed over \$7,000 to this great cause.

Overall attendance was down this year but organizers provided a great event for sponsors and participants. The total number of dollars raised is still being calculated but organizers are optimistic to add more to their four-year total.

Each team decorated their golf carts for this year's circus theme.

There were many games played throughout the day, including a poker derby, putting contest, Men's and Ladies' Longest Drive and Closest to the Pin along with a silent auction.

All of the games were successful. Mother Nature provided perfect weather.



The overall winners were Mike Smiley and Talon Kelly.



EXPRESS PHOTOS SUBMITTED
The top ladies team of Denise Parent and Breanne Smily.

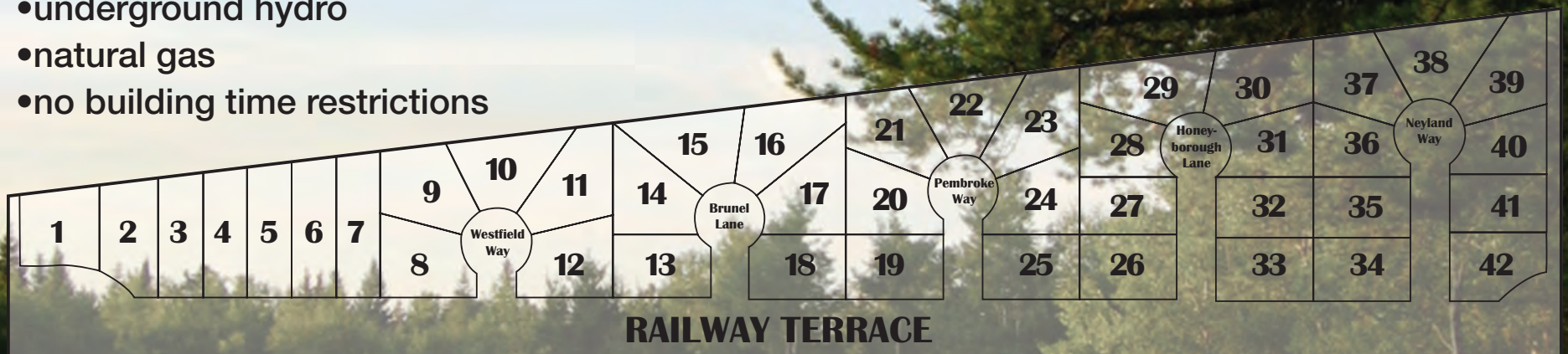
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Fifth annual Arborg Street Festival

By Evan Matthews

The fifth annual Arborg Street Festival went even better than expected, according to organizers.

Susan Bauernhuber, the event's lead organizer, said in talking with all the different vendors and stations at the festival, she discovered Aug. 16 and 17, 2019, to be the busiest year for the festival yet.

"There were more people than ever," said Bauernhuber, adding that certain stations had to turn people away because they were so busy.

"Chicken Chef was at capacity. ... The legion's bingo had to have 50 or more people. The whole event went over so well."

The fireworks went off "amazingly" well to get things started on Friday night, according to Bauernhuber, as the community came out in huge numbers to support the event.

The event has become a community staple, she said, and people have been commenting about how great the event is.

"So many people came to me and told me how great it was to see this all happening," said Bauernhuber.

"One person actually gave us a huge shout out. She said, 'It was a great festival starting right from the Duck Race. ... We went from one show or activity to the next, and didn't miss a thing. There was something for everyone.'"

Crazy Jumpers put on a rally obedience demonstration, as it is a growing (dog) sport in the Interlake with over 15 participants locally.

For many, Interlake's Got Talent is a highlight, Keara Barrett as the overall winner of \$1,200. Kyra Borgfjord won \$400 in the dancing category, Tanner Wahl won \$400 for the instrumental category, and Robin Reimer won \$400 for the singing category.

Other entertainment on stage in-



Kelly Chinchilla is an Anishinaabe woman who dances fancy shawl and jingle.

cluded fancy shawl Indigenous dancing, hoop dancers and Partners In Time.

Canadian Wrestling Elite (C.W.E.) put on a show, with C.W.E Tag Team Champion "The Zombie Killer" Mentallo having pinned 2019 King Of Transcona Scott Ripley with "The Coach" Kelly Russell in the first match of the day.

Ramona's Reach

Just down the street, the Ramona's Reach Hockey Tournament was going on, with multiple "rinks" set up for the kid tournament and the adult tournament.

Ramona Reimer was a passionate woman who died of cancer at the age of 26, according to the Ramona's Reach website. During her life, she felt a special call to go to Africa and help the less fortunate, especially orphans, the site reads. As she was fighting her battle with cancer, she still believed she would go there one day. Her faith, love and vision for Africa became stronger and stronger as her battle continued, according to the site, but after a three-year battle with cancer she passed away.

Ramona's Reach has an Arborg connection in James Reimer, the recently acquired Carolina Hurricanes goal-



EXPRESS PHOTOS BY EVAN MATTHEWS

Andrew McCausland and his dog Niko put on a rally obedience demonstration.



Kids packed the Super Smash Bros. video game tent, as at one point the number of entrants to the tournament had to be capped due to high numbers.

tender, who partnered with Ramona's Reach. Reimer grew up in Morweena Manitoba, very near Arborg and to where Ramona lived, according to the website. Ramona married Earl Reimer, James' cousin. She was diagnosed with cancer just seven months

into the marriage, according to the website.

Through the Street Hockey Tournament and various other initiatives, the non-profit continues to raise funds to help those less fortunate in Africa in Ramona's name.



C.W.E. Tag Team Champion "The Zombie Killer" Mentallo (masked) pinned 2019 King Of Transcona Scott Ripley with "The Coach" Kelly Russell (foreground) in the first match of the day.



Jason Reimer (middle) walks backward after sniping a shot high glove. Jermaine Loewen celebrates (far left) along with Keyler Klassen (far right).

Wetlands awareness event featuring cellist draws a crowd to Siglavik

By Patricia Barrett

People opposed to the destruction of Lake Winnipeg's dwindling wetlands attended a wetlands awareness event in Siglavik a few weeks ago, which featured classical music performances by Winnipeg-based cellist Leandro Saltarelli.

The United churches of Clendeboye and Winnipeg Beach generously sponsored the Aug. 10 event that would have been an outdoor concert beside the wetlands but became instead an intimate house concert because of the rain.

Jeff Smith and his wife, Dr. Muriel Smith, who are among the founding members of the People for the Preservation of the Willow Island Coastal Wetlands (P4P), invited about 50 people into their home on Sunrise Drive to bring them up to speed on the destruction of vital habitat that protects the lake's water quality.

Acknowledging the land on which they reside is Treaty 1 land, Dr. Smith provided an overview of the rare coastal wetlands stretching south from Willow Island to Husavik. The wetlands are connected to the Willow Creek watershed, which drains about 163,000 acres of land.

With Lake Winnipeg in dire straits from nutrient overloading, industrial and wastewater pollutants and frequent algal blooms, wetlands are vital defenders of the lake.

"This wetland is the purifier and last defence against impurities," said Dr. Smith. "And I want to stress this is a unique coastal wetland. There are only three remaining on the lake [Willow Island, Hillside and Netley-Libau]. You cannot replace coastal wetland by just going somewhere else and saying, 'I am going to put a wetland here.' This is irreplaceable."

When algal blooms die, they sink to the bottom of the lake and the organic materials begin to break down, she said. That process removes oxygen, depriving fish and other aquatic organisms of habitable zones.

"Eventually the lake is going to die, said Dr. Smith, "and that's why it's important to preserve the remaining coastal wetlands."

A map of the RM of Gimli shows an almost unbroken stretch of subdivisions fronting the lake. In the Siglavik area, Dr. Smith said there are about 1,000 acres of privately owned wetland, and that should "ring a few alarms."

"We have to stop and think about this: if we don't act — and each of us act individually in whatever way we can — then in some ways we're complicit with this process," she said.

P4P formed to bring attention to the

destruction of the Siglavik-Miklavik wetlands and has challenged both the RM of Gimli and the provincial government for failing to follow their own laws regarding a holiday home development that saw the infilling of wetlands just down the road from the Smiths.

That development is not the only one, according to Smith's husband Jeff, who is P4P's designated spokesperson. Another property owner in the Siglavik area had also been infilling wetland — slowly so as not to attract attention — in order to expand [his/her] acreage and was recently stopped by the province. And a new subdivision nearby called Jill's Junction on Willow Creek has been started.

Smith said the provincial Sustainable Watersheds Act doesn't guarantee wetland protection despite its intent to ensure no net loss of wetlands. Developers are allowed to "buy their way out of having wetlands on their properties" and the money is supposed to be used to create wetlands elsewhere.

Furthermore, Smith said both the municipal and provincial governments have failed to protect wetlands from development despite other legislation outlawing it. The law says wetlands cannot be altered except for flood mitigation; and if they are, that doesn't mean they can later be used for housing developments.

"The problem we have is governments at all levels that see wetlands as a cash cow," said Smith. "And the only way we can hold their feet to the fire is by challenging them on that. It comes down to all of us."

Smith encouraged people to question anyone they see developing a wetland or a temporary wetland (i.e., a ditch growing cattails): "Challenge them on it. Demand to see the permits. Chances are they don't have any permits."

Among the attendees were representatives from Camp Morningstar (east side of Lake Winnipeg), the newly forming Winnipeg Beach Environment Committee, the Gimli Environmental Advisory Committee (GEAC) and NDP Interlake-Gimli candidate Sarah Pinsent, who has been supporting P4P.

GEAC's Audrey Swift said development shouldn't be allowed to take precedence over destruction of the environment. The lake is deteriorating and the effects of climate change are only going to make things worse.

"There's not enough being done to protect the natural environment. Developers come in and build and they don't really care," said Swift. "I've seen



EXPRESS PHOTOS BY PATRICIA BARRETT

Gimli Environmental Advisory Committee members Audrey Swift and Cam Bellingham.



Cellist Leandro Saltarelli plucking the notes to Julie-O.



Dr. Muriel Smith spoke about the importance of wetlands.

at least six species of birds fly past the window during the cello performance. To come in with the bulldozers and get rid of all that is criminal."

Swift said GEAC will do whatever it can to support P4P in its attempts to save the wetlands.

If the sight of the marsh through the front room's large window was dazzling to the eye, Brazilian-born cellist Leandro Saltarelli was dazzling to the ear.

Saltarelli started his musical career as a guitarist in rock 'n' roll garage bands before picking up the cello in 2008. He's performed at music festivals, earned his master's degree in music from the University of Manitoba and is part of the Living Room Live program, which connects performers with homeowners wanting to host a concert.

Befitting a discussion on conservation, Saltarelli cleverly tied his chosen works to the theme of preservation and nature. He performed pieces from the Baroque period through to the 20th century, including The Swan by Camille Saint-Saens, Suite No. 1 in

G Major by Johann Sebastian Bach, Ricarcare No. 2 by Domenico Gabrielli and the jazzy contemporary song Julie-O by Mark Summer of Turtle Island Quartet.

A sublime and evocative performer, Saltarelli showed just what the cello can do in the hands of a master, with lightning-fast runs and long plaintive notes.

The cellist said he loves the informal setting of a house concert, where he can mingle and chat with guests. And he doesn't get nervous having an audience practically at his elbow while he performs.

"It makes me feel quite comfortable. It's cozy," said Saltarelli, who works with Sistema Winnipeg, a program run by the Winnipeg Symphony Orchestra that offers free music and performance training to children who wouldn't otherwise have an opportunity to play an instrument.

Saltarelli said he's been booked for more Living Room Live concerts in towns around Winnipeg, as well as in the rural area.

Tree-killing continues in Valhalla Beach; rock wars and lawnmower clashes

By Patricia Barrett

A municipally owned forested public reserve in North Valhalla Beach that two sets of cottagers clear-cut a few years ago so that they could obtain a view of the lake is once again the subject of resident concern after a large swath of re-growth was destroyed earlier this month.

About 43 seasonal and permanent residents from North Valhalla Beach — along with some from South Valhalla Beach — had signed a petition in 2017, asking the RM of Bifrost-Riverton to put a stop to the destruction of forest along Lake Winnipeg and to enforce its tree-removal policy by issuing fines.

Cottagers on Pelican Drive, whom area residents refer to as the tree-cutters and the bushwhackers, had slowly “claimed” the forested public reserve, felling large trees, filing stumps, weed-whacking saplings and mowing the grass. An area about 300 feet deep by 100 feet wide had been cleared by 2017, residents said, and it resembled a golf course.

In November 2017 the municipality issued a resolution stating only one path 5-10 feet wide could be mowed through the clear-cut area for the purpose of public access to the shore and for the transportation of ice shacks in the winter. The resolution is posted on a public notice board in Valhalla Beach. The RM had not fined the two cottagers.

The cutting never truly stopped since 2017, residents told the *Express* last week, and has in fact ramped up after a huge section was mowed this month. The area is almost back to its original clear-cut size.

Seasonal resident Brenda, who does not want her last name used and acts as spokesperson for the residents, said the feeling in the once-peaceful subdivision is similar to a “war zone,” with people too afraid to speak with the bushwhacker.

“Last summer [2018] didn’t go great,” said Brenda, who bought her cottage in 2012. “The path started out at seven feet and it was mowed where it was supposed to be. But each time the tree-cutters took

over cutting it, it got wider and wider. By August, it was 14 feet wide.”

And stakes the RM had put along the path to mark its proper width had been torn down.

On the Canada Day weekend that same year, Brenda said the bushwhacker, who bought her cottage in 2016, decided to cut a second path through emerging re-growth. It lines up perfectly with her sightline to the lake, over 300 feet away.

As the RM had encouraged residents to take photos of suspicious cutting activity, Brenda went out to take a photo of the bushwhacker.

Brenda’s husband, who was part of a resident delegation that went to council in November 2017 with a request that the RM stop the destruction, said his wife had “stood there taking a picture of the bushwhacker and the woman ran at her fast with the lawnmower.”

Brenda said the woman went around her with the lawnmower but “she started screaming at me, ‘Mind your f-ing business, b---h.’ I told her it was Canada Day and neighbours down the street have kids. Dial it down.”

Brenda said she reported the unauthorized mowing to the RM, but its response was to wait for a newly elected council to deal with the situation. A few months later her husband received a call from the Arborg RCMP, saying [the bushwhacker] had filed a complaint against them.

“The bushwhacker claimed we had threatened her and had used threatening language and she was scared for her safety,” said Brenda. “We did get it straightened out with the RCMP but that’s how far she goes. Now no one will confront her because they’re afraid she’ll file some sort of harassment or assault claim with the RCMP.”

The *Express* left the woman a message for comment, but she didn’t respond by press time.

This spring Brenda said the “Rock Wars” began. After a group of residents saw that the single authorized path was ballooning out, they gathered



EXPRESS PHOTO BY PATRICIA BARRETT

The newly cleared area as seen from Pelican Drive.

some large rocks and placed them along the edge of the path, marking a “reasonable path an ice shack would need.”

But the rocks were mysteriously removed and tossed in the forest beside the clearing. Residents fished them out and put them back along the path. It went on for weeks. The rocks then disappeared,

Continued on page 17

Possible closure of Riverton municipal satellite office tabled for further discussion

By Patricia Barrett

Bifrost-Riverton council will be further discussing the potential closure of the municipality’s satellite office in Riverton after it tabled a motion to close it during its regular meeting Aug. 14.

The satellite office is open two days a week and provides municipal services to residents living in and around the only major town in the Bifrost-Riverton municipality. The RM’s head office is located approximately 26 kilometres away in the town of Arborg, which is not part of the municipality.

The former Town of Riverton and Municipality of Bifrost were amalgamated in 2014 by the provincial government.

“We will be discussing the [possible closure] further at a future meeting,” said Coun. Gordon Klym last Friday.

Council had held a public meeting in Riverton the week before, which about 50 people attended, to discuss the reasons for the possible closure, said Klym, and Reeve Brian Johnson had given a presentation.

Resident Angie Palsson took to Facebook — in response to a Facebook post by resident Tanis Gri-

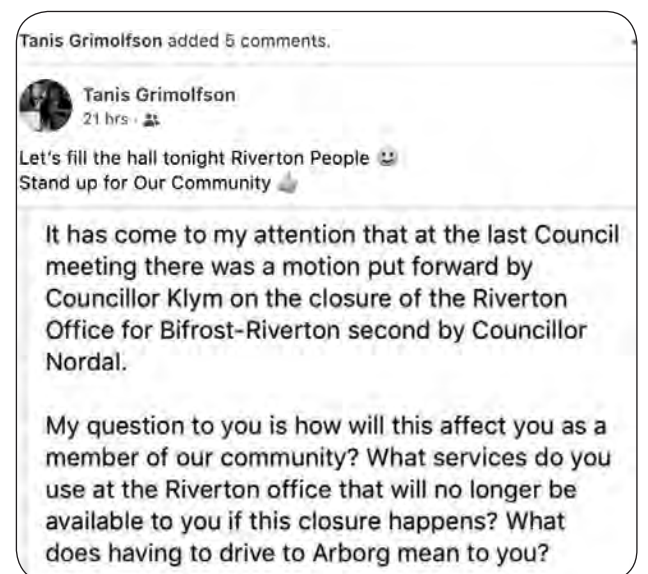
molfson — saying she feels council is “pro-Arborg” and has no interest in Riverton. She also asked what Riverton’s leaders are doing to help create opportunity in the town and move it forward.

“Every other person thinks Riverton could be the gem of the Interlake, well what are these people doing to create that,” wrote Palsson.

The *Express* left a voice message for Grimolfson, but she didn’t respond. The *Express* left a voice message for a councillor with Riverton responsibilities, but he didn’t respond. The telephone number on the RM’s website for another councillor with Riverton responsibilities was incorrect. The *Express* also reached out to a Bifrost councillor representing a ward on the west side, but he didn’t call back as promised.

On behalf of Reeve Johnson, the RM’s CAO Cindy Stansell told the *Express* the Aug. 7 public meeting gathered input from the public.

“At our council meeting on August 14th, the decision was tabled to our next council meeting,” said Stansell by email. “The satellite office in Riverton remains open on Tuesdays and Thursdays.”



EXPRESS PHOTO COURTESY OF FACEBOOK
Tanis Grimolfson wants the Riverton community to talk about the potential closure of the municipal office and how it will affect them.

Thrift shop supporting women leaving domestic abuse

By Gabrielle Piché

A thrift store supporting women leaving abusive relationships is back in business after undergoing renovations.

Twice Over reopened its doors on Manitoba Avenue on Aug. 13. The shop had been closed to the public since June 24.

Twice Over got a makeover during the month and a half. Contractors put in LED lighting. Some of the shop's walls were painted grey, and now some bear Twice Over's new logo, which is printed in black.

The revamped store is organized a bit differently. There's new signage labelling different sections.

The shop's backroom has been completely redone. Contractors put in tile floors and a new ceiling. The walls were cleaned and repainted.

The idea for new renovations came about while Twice Over's roof was being repaired in the spring. Owners discovered problems in the backroom due to a leaky roof.

"They didn't realize there was anything wrong with the roof because we'd had it done a few years ago," said Tammie Bedard, Twice Over's manager.

She said most of the new renovations have been structural.

Bedard has worked at Twice Over for five years. She said her favourite part of the shop's makeover is the new lighting.

"It's so much brighter in here, and it's so much nicer," Bedard said.

She and two women from Nova House painted the store's walls. Bedard said she's proud of her group's work.

Twice Over is run by Nova House, an Interlake shelter for women and kids who've fled domestic and family violence.

Bedard is the only paid staff at Twice Over. Most of the money the shop makes goes to programming at Nova House. Lisa Karol, the staff supervisor, said funds could go towards children's programming, new supplies or bringing in guest speakers, among other things.

Women from Nova House can shop at Twice Over for free. They get a voucher with a certain amount of money.

"It's almost like a gift certificate," Karol said.

Users can write what they're looking for on the voucher. For example, someone might write that they need shoes or baby clothes. Women leaving Nova House's quarters can shop for home supplies before moving into a place of their own.

Nova House's staff shopped for Nova House clients while Twice Over went through renovations.

"If we did have clients who needed something, we would be able to go over and see if there was something in their size," Karol said.

People who want to donate to Twice Over can donate at the thrift store on Manitoba Avenue in Selkirk.



EXPRESS PHOTOS BY GABRIELLE PICHE

Tammie Bedard stands in a newly renovated Twice Over on Aug. 13.



Twice Over is found at 214 Manitoba Ave. in Selkirk.

> VALHALLA BEACH, FROM PG. 16

she said. A resident told her rocks were allegedly spotted in the backyard of the tree-cutters.

"They just can't get along with people. Leave the rocks. Obviously, the people of our community are trying to tell you something," said Brenda.

This summer hundreds of saplings — maples and poplars — had shot up in untouched areas of clearing but were mowed down and destroyed in a single weekend.

"People are upset. We lost two summers of tree growth. She [bushwhacker] could do that in another year and that's how you keep your lake view," said Brenda.

After consulting with area residents, Brenda and her husband said they wrote to the RM and to their councillor Frode Andersen the weekend of Aug. 10 asking the RM to:

(a) fence off the entire clearing at the road so that it can re-grow, opening the single authorized path in winter for ice shacks, (b) erect signs forbidding cutting, mowing, etc. (c) plant willows [which grow quickly] to stabilize the eroding shoreline, (d) enforce its tree-removal policy through fines.

The Express asked Coun. Frode Andersen and Reeve Brian Johnson for comment and received a reply from the RM office.

"First and foremost, the municipality does not condone

the unauthorized actions that occurred on the public reserve in Valhalla," said CAO Cindy Stansell by email. "The municipality is complaint-driven when it comes to bylaw enforcement."

Stansell said Coun. Andersen received complaints of unauthorized clearing the weekend of Aug. 10 and the complaints were passed along to her. The matter was also brought to council Aug. 14.

"Our process in circumstances such as these is to first perform an investigation. This has occurred and it was confirmed that unauthorized clearing had occurred," said Stansell. "The next step is to issue a letter to the alleged offender indicating a complaint has been received by the municipality and to advise them to cease unauthorized actions immediately."

Administration has started that process, she said, and if unauthorized actions continue, the RM will "proceed with further actions which may include fines."

Stansell said Coun. Andersen had spoken with the East Interlake Conservation District regarding the planting of willows to protect the eroding shoreline.

"These need to be planted at a specific time," she said. "Frode will be following up with EICD regarding this."

> LOCAL HEALTH, FROM PG. 5

Arborg, Ashern, Eriksdale, Fisher Branch, Lundar, Gimli, Riverton, St. Laurent, Teulon and areas including the rural municipalities of Grahamdale, Bifrost, Eriksdale, Armstrong, Coldwell, St. Laurent, Gimli.

LHIG Member Composition (Central/East): Stonewall, Selkirk, Beausejour, Oakbank and areas including the rural municipalities of Rockwood, Woodlands, Rosser, St. Andrews, Selkirk, St. Clement, Springfield, Lac du Bonnet, Pinawa, Pine Falls, Whitemouth and areas including the rural municipalities of: Brokenhead, Lac du Bonnet, Whitemouth, Alexander, Reynolds.

get inspired

> MEAL IDEAS



Grilled Pork Kebabs with Tzatziki Sauce

1 1/2 cups whole milk Greek yogurt
 1/2 lemon juice
 2 teaspoons chopped fresh dill weed
 1/2 teaspoon sea salt
 freshly ground black pepper
 chopped fresh parsley
 Heat grill to 375 F. Alternately thread fresh pork cubes, zucchini, peppers and onions onto bamboo skewers. Brush kebabs lightly with olive oil.

In food processor, process cucumbers and garlic until finely chopped. Drain liquid from cucumbers. Stir cucumbers with yogurt, lemon juice, dill, sea salt and pepper. Refrigerate until ready to use.

Grill fresh pork skewers approximately 10 minutes, turning occasionally, until char marks form and pork is cooked through.

Garnish skewers with parsley and serve with tzatziki sauce for dipping.

Prep time: 25 minutes
 Cook time: 10 minutes
 Serves: 6

1 Smithfield Roasted Garlic & Herb Pork Loin Filet, cut into 1 1/4-inch cubes
 3 small zucchini squash, cut into 1/2-inch thick slices
 2 large red bell peppers, cut into 1 1/4-inch pieces
 1 large red onion, cut into 1 1/4-inch wedges
 bamboo skewers, soaked in water 30 minutes
 olive oil
 2 medium cucumbers, peeled
 1 clove garlic, minced

Grilled Pork and Potato Planks

Prep time: 5 minutes
 Cook time: 22 minutes
 Serves: 4

Nonstick cooking spray
 2 Smithfield Roasted Garlic and Cracked Black Pepper Pork Tenderloins
 2 pounds Yukon Gold or red potatoes, cut lengthwise into 3/4-inch-thick slices
 2 tablespoons canola oil
 3/4 cup shredded reduced-fat or regular sharp cheddar cheese
 1/2 cup sour cream

1/4 cup finely chopped green onions
 Heat charcoal or gas grill to medium; spray grates with nonstick cooking spray. Grill tenderloins until internal temperature reaches 150 F, turning occasionally, about 20 minutes.

Brush both sides of potato slices with oil; grill 15-20 minutes until just tender, turning occasionally. Remove potatoes and pork from grill.

Top potatoes with cheese, sour cream and onions. Serve with tenderloins cut into 1/4-inch thick slices.



Controlling Others

anger that has been triggered. Instead, we need to work to heal our old wounds. Generally, this happens best in the context of professional therapy.

When we understand how we are triggering each other, we can be respectful each other's old pain, while each works on themselves to heal it, rather than expecting the partner to make all our "ow-ies" better.

When we are triggered, it is our inner child who is reacting to the situation, not our wise adult. That's why we can sound like bickering children. We need to bring our wise adults into the room.

If we demonstrate love and acceptance towards those in our lives, there is a good chance we can "elicit" some of the behaviours we desire. This will not work if we are overly critical of the other, or are focusing on a multitude of behaviours all at the same time.

If we choose one thing as a focus, explaining to the other why it is important and without judging or criticizing-then requesting a different behavior, chances are good the other will comply.

If there is still resistance, it may be because the person has tuned us out after a history of repeated criticism. In that case, we may have to offer a trade-"I will change something you do not like, if you will do the same for me." That immediately creates a more even playing field, and with luck, some teamwork may follow. Or, of course, couple's counselling before the "children" wreck everything!

Gwen Randall-Young is an author and award-winning Registered Psychologist practicing in Sherwood Park, Canada. For information on her books, MP3 recordings and resources go to www.gwen.ca. Follow her on Facebook for daily inspiration.

Have you ever noticed that the more we try to control others, the more unmanageable our lives become?

Why is this? Probably because it is a losing battle, yet we continue to sink more and more of our personal resources (time, energy) into the project. The more we try to impose our will upon another, the more resistance they will offer.

While parents definitely do have to exercise some control when it comes to children, there is a difference between setting boundaries, and trying to control every aspect of their lives.

While adults in relationship do have a right to expect to have important needs met, demanding that another transform into the person we need them to be is inappropriate.

Often people come in for therapy wanting the therapist to change the other. Sometimes they are unwilling to look at themselves, or think that they are not doing anything to contribute to the problem. Their aim is to prove the "wrongness" of the other.

However, generally both are contributing to the problem. We draw partners into our lives who will trigger places in us that need healing due to long past experiences, often from childhood.

When we say someone "pushes our buttons," they did not give us those buttons. They come from old hurts.

We blame the partner for the hurt or

Roasted Portobello Mushrooms with Beets and Goat Cheese



1 jar (16 ounces) Aunt Nellie's Whole Pickled Beets
 4 large portobello mushrooms (about 1 pound)
 1/4 teaspoon salt
 1/4 teaspoon freshly ground black pepper
 1/2 cup fresh bread crumbs, such as sourdough or whole wheat. (See note below)
 1/4 cup sliced green onions or chopped chives
 1/4 cup coarsely chopped walnuts, toasted
 1/2 cup (2 ounces) crumbled goat cheese
 Heat oven to 400°F.
 Drain beets. Coarsely chop 1/2 cup beets.

Trim stems flat and remove gills from mushroom caps using a spoon. Place caps, rounded side down, on foil-lined baking sheet; season with salt and pepper. In medium bowl, combine chopped beets, bread crumbs, green onions and walnuts. Spoon mixture into caps and top with goat cheese. Bake 12 to 15 minutes or until heated through and mushrooms are tender.
 Note: Using a food processor, pulse a few pieces of sour dough or wheat bread several times until finely crumbled.

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watchthewave.ca

See the world from our creative perspective; the WAVE Interlake Artists' Studio Tour 2019.

Join artists in their unique spaces, up close and personal, a step away from the ordinary. The WAVE rolls in Aug 31 & Sept 1.

Photo courtesy of Stephanie Sutton

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

A monumental taekwondo feat for Bernier family

By Ty Dilello

It's very possible that Taekwondo history was made at the Winnipeg dojang of the Spirit 1 Taekwondo Academy on April 13 when Lionel, Aaron, Gaiden and Rya Bernier all tested for different degrees of black belt at the academy's fifth black belt promotion test. You could say that history was made because three generations of one family testing for black belts at the same time with two grandchildren has not been done anywhere in the world before.

Lionel Bernier, who is now 70 years old and the oldest black belt holder at his academy, grew up in Fisher Branch and still has a lot of family there to this day. His son Aaron and grandchildren Gaiden and Rya all currently hold various forms of black belts and it is something that Lionel is extremely proud of.

"As a kid growing up on a farm in the Interlake of Manitoba, I always wondered about the martial arts, something we never had in our area. So when a branch of Kang's Taekwondo Academy was started in Lorette in September 1988, I enrolled my son Aaron in the classes being instructed by a 1st Dan Degree black belt. He was part of the first class of 10 students," said Lionel Bernier.

"The World Taekwondo Federation at the time in February 1990, decided to standardize their belt system worldwide that is used to this day. Back then Aaron had already achieved red belt but all students holding this high coloured belt rank were pushed back by one belt level so he tested for 1st Poom Degree black belt in August of that year.

"We train year-round, unlike many other seasonal sports, on Tuesdays and Wednesdays at the Lorette Parish Hall, the current location of our dojang. Back in the 1980s, we were training in the upstairs hall in the Lorette Sports Centre. As I attended



The Bernier family of black belts.

every class Aaron was at, the 3rd Dan instructor, who took over shortly after the start of the branch, kept after me to also start classes. In September of 1989, I took the leap of faith and began taekwondo classes at the age of 40 years old. On Feb. 15, 1992, I tested for and was promoted to 1st Dan Degree black belt. A dream was achieved. My son and I continued to train until I became ill at the end of 1994, after which I stepped back from taekwondo. That absence lasted for 21 years.

"Fast-forward to September 2015 when my grandchildren started taekwondo classes with a new version of the Lorette Branch of Kang's Taekwondo Academy where Aaron and I are the instructors. My grandson Gaiden was seven years old and granddaughter Rya was five years old. My son and I both returned to help Master Michael Tam as we saw that he was being used as a baby-sitting service by the parents of the little ones he had at the time — about 15 five- to six-year-old white belts. Today we are now a three-generation black belt family that possibly holds the only world record for three generations testing for black belts at the same time and with two grandchildren. It hasn't been done before. Time, perseverance, dedication, commitment, and love of taekwondo are the key ingredients to reaching this milestone.

"Three generations of active black belts in one family is extremely rare worldwide," says Lionel Bernier. "Rya was just over seven years old when she became a black belt. Her achieving that record made me a proud grandpa



EXPRESS PHOTOS SUBMITTED

Three generations of the Bernier family who have all earned black belts in Taekwondo. Pictured back to front: Lionel, Gaiden, Aaron and Rya Bernier.

especially since she was the youngest in our academy to do so. Then I became a proud grandpa all over again when Gaiden finally achieved his black belt. Achieving three generations of black belts all testing at the same test is very special as this is a feat that very few in the world can claim. With two grandchildren, I believe we stand at the top."

Unfortunately for Interlake residents, there are no taekwondo clubs in the region that are affiliated with Taekwondo Manitoba, Taekwondo Canada, and with the World Taekwondo headquartered in Seoul, South Ko-

rea. According to Bernier, Winnipeg and Beausejour would be the closest locations for taekwondo clubs as they have Spirit 1 Taekwondo Academy branches in both places.

For those interested, there are Taekwondo tournaments in Manitoba that happen mainly in Winnipeg throughout the year. There are four that are combined into a "super series" to generate competition between all the taekwondo schools in Winnipeg and elsewhere in the province, other provinces and occasionally from the United States.

Manitoba winless at 14U Girls Western Canadian Baseball Championship

Staff

Manitoba finished with an 0-4 record at the 14U Girls Western Canada Baseball Championships in Saskatoon last weekend.

Manitoba placed fifth in the five-

team tournament.

Manitoba, whose roster included Ashern's Danika Brooks, Stonewall's Ella Holm and Warren's Tessa Stewart, started the tournament with a 20-0 loss to Saskatchewan on Friday.

On Saturday, Manitoba was defeated by Ontario (17-1) and Alberta (14-12).

Team Manitoba wrapped up round-robin play Sunday with a tough 12-11 loss to the B.C. Selects.

Manitoba's Chef de Mission was

Stonewall's Kerrie Holm.

Ontario defeated Alberta 12-2 in the gold-medal game while the Selects took home the bronze after beating Saskatchewan 10-0.

Winnipeg Beach's Lott brothers form new team

By Ty Dilello

Winnipeg Beach curlers Colton and Tanner Lott are teaming up once again to form one of the formidable men's teams in Manitoba for the upcoming 2019-20 season. East St. Paul's Kyle Doering and Northern Ontario's Tanner Horgan will fill out the new squad that is looking to make a run at representing Manitoba at the 2020 Tim Hortons Brier in Kingston, Ont.

The new Team Horgan spent this past weekend in Kitchener-Waterloo training at the Curling Canada Next-Gen Camp and getting into shape for the upcoming season that begins this Friday (Aug. 23-25) in Morris at the Cargill Curling Training Centre Ice-breaker.

"How the team came about is basically Kyle and Tanner (Horgan) were talking and then asked me if I would join them which I agreed, and then we asked my

brother to come and play as well," said Colton Lott. "I think it'll be great. We all have the same mindset and are all around the same age as well. Plus I've already curled with both my brother and Kyle in the past so for me there's only one new face, but with saying that, I've played against him a lot to know that he's a great curler."

The Winnipeg Beach squad will feature Tanner Horgan at skip, Colton Lott at third, Kyle Doering at second, and Tanner Lott throwing lead stones.

Utilizing the new rule that allows one player on any team to live out of province, Horgan lives in Sudbury and will fly in and meet the team at bonspiels this winter.

"I'm thrilled and really looking forward to it," said Lott. "I think we all are and I feel like it will be a great year."

Lott isn't the only one excited. Second Kyle Doering has been relishing the idea of linking up again with Colton Lott for a while now. The pair won a Canadian Junior Curling Championship together back in 2016 with Matt Dunstone and know that

their previous chemistry will be huge with this new team.

"I'm really looking forward to playing with Colton again as he's one of the best shooters in Manitoba," said Doering. "He's a wonderful guy as well and I know we're going to have a lot of fun this season and hopefully win a couple

of games along the way."

"We're playing a fair bit too," adds Lott. "We have two events coming up to September and three through September to October, and then it picks up in November and the beginning of December. Plus a few events depending on how we are doing in the world rankings hopefully."

Lott is also planning on playing some mixed doubles events with his partner Kadriana Sahaidak. The pair are coming off a fantastic 2018-19 sea-

"I'M THRILLED AND REALLY LOOKING FORWARD TO IT."



EXPRESS PHOTO SUBMITTED

Colton and Tanner Lott have formed a new men's team for the upcoming 2019-20 season.

son where they won a Curling World Cup leg in Sweden and reached the Curling World Cup finals in China.

"We got a nice schedule for mixed doubles. We're both pretty busy with our regular teams but for now we're going to play in the Portage Classic, Qualico Mixed Doubles in Banff and the Canadian Nationals."

Currently ranked 28th in the world, Team Horgan has their sights on potentially playing in this year's Brier; however, they're aware of the poten-

tial landmines that could come about at the provincial championships.

"Manitoba is arguably the toughest province to come out of," relays Doering. "With teams like McEwen, Gunnlaugson, Calvert, Dilello, Lyburn and a bunch of other contenders at provincials, I know we will have our hands full but that's kind of the fun with it. In order to be the best, you have to beat the best and that's what were going to try to do."

Interlake shuts out Stonewall United

Staff

The Interlake Impact picked up another victory with a 3-0 win over Stonewall United in Manitoba Major Soccer League 5th Division action last Thursday.

Tristan Grigg scored twice while Dalen Penner also tallied for the Impact.

With the win, Interlake continues to

lead the 10-team division with a 10-3-3 record and 33 points. The Impact is six points ahead of Kucame FC (7-1-6) although Interlake had played two more games at press time.

Interlake is back in action this Friday evening when they battle SC Riot at Shaughnessy Park. Game time is 7 p.m.



EXPRESS PHOTO BY LANA MEIER

The Interlake Impact's Joseph Barkman, right, is stopped by Stonewall United's Kevin Holloway during MMSL 5th Division action last Thursday. Interlake won the game 3-0 and remain in first place in the 10-team division.

Blue Jays win gold at Senior 'AA' Western Canadian Baseball Championship

By Brian Bowman

Home field was definitely an advantage for the Stonewall Blue Jays at the Western Canadian Senior "AA" Baseball Championship last weekend.

Stonewall played some stellar baseball as they won the gold medal after an exciting 2-1 walk-off victory over the Saskatoon Outlaws in front of a good-sized crowd at Fines Field on Sunday afternoon.

"It was a great weekend," said the Blue Jays' Adam Kirk. "We played some amazing baseball. The guys we picked up contributed huge and the guys on our squad were very good as well. Everybody, in my mind, had a really good weekend and we all came together and got it done."

The Blue Jays' Orrin Hogue scored the winning run while Chris Norquay had the RBI.

"It was intense," Kirk recalled. "But, personally, I would have liked to have been up a couple of runs and had

kind of a lead going into the seventh and not had to use our at bat in the bottom (of the seventh).

"But we battled all game long. I think we had five errors, so to give up only one run is pretty good."

Eric Swanson pitched five strong innings for Stonewall. Neil Walton pitched the final two innings and earned the victory.

Kirk said, as far as he knew, it was the first time that Stonewall has won a Senior "AA" Western Canadian Baseball title.

"We've finished second three or four times, something like that," he said. "But we never won one, though."

The Outlaws reached the gold-medal game after defeating the Oak River Dodgers 5-1 earlier on Sunday.

Stonewall had a fantastic start to the tournament with a dominating 8-2 win over Saskatoon on Friday afternoon.

The Blue Jays received another great



EXPRESS PHOTOS BY JO-ANNE PROCTER

Stonewall Blue Jays players Rory Tycoles, left of Lundar and Orrin Hogue of Eriksdale celebrate their win at the 2019 Western Canadian Senior 'AA' Championship last Sunday after defeating the Saskatoon Outlaws 2-1.

pitching performance later that evening when they defeated the Dodgers 6-1.

On Saturday, Stonewall edged the Edmonton Blackhawks 6-5 and then downed the Oak River Dodgers 2-0 later that day.

The Blue Jays' pitching was outstanding all weekend.

In Winnipeg Senior Baseball League playoff action, meanwhile, the Blue Jays were ousted in four games in their best-of-five "A" semifinal series with the St. Boniface Legionaires.

St. Boniface closed out the series with an 11-1 win on Monday. After Stonewall took a 1-0 first-inning lead, St. Boniface battled back to score six

in the fourth and five more in the fifth. The Legionaires took a 2-1 series lead with a 7-5 home win on Aug. 13.

The Legionaires scored a run in the bottom of the first and third innings but the Blue Jays scored five runs in the fourth to take a 5-2.

St. Boniface battled right back, though, to score three in the fourth and then added two more in the fifth.

In the other best-of-five "A" semifinal series, the Elmwood Giants defeated the St. James A's 5-4 last Wednesday.

Elmwood won the series in four games.

St. James had staved off elimination with a 4-1 win over Elmwood on Aug. 13.



The Stonewall Blue Jays are the 2019 Western Canadian Senior AA Champions after defeating the Saskatoon Outlaws 2-1 last Sunday at Fines Field in Stonewall.

Peguis' Bear brings home bronze in WCSG wrestling

Staff

Emma Bear won the bronze medal in individual female wrestling (69 kilogram division) at the 2019 Western Canada Summer Games in Swift Current, Sask.

Peguis' Bear defeated the Northwest Territories' Kaitlyn Stewart in the bronze-medal match last Sunday.

Alberta's Dimitra Russell won the gold while Saskatchewan's Makena Ricard took home the bronze.

Manitoba's female wrestling squad, which included Bear, won the bronze in the team event.

The WCSG came to an end Sunday as Team Manitoba secured several

more medals.

Manitoba wrestlers had a great day as they brought home 16 medals.

Manitoba's final medal count reached 171 which is 27 more than Manitoba won during the last Western Canada Summer Games in Wood Buffalo, Alta.

The final medal count for Manitoba included 49 gold, 59 silver and 63 bronze medals.

Alberta won the most medals with 299 (129 gold, 92 silver, and 78 bronze) while Saskatchewan was second with 213 (56 gold, 80 silver, 63 bronze).



EXPRESS PHOTO BY TEAM MANITOBA

Emma Bear won the bronze medal in female wrestling at the 2019 Western Canada Summer Games in Swift Current last week.

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NOTICE TO CREDITORS

IN THE MATTER OF: The Estate of Mabel Lorraine Hargreaves, late of the Postal District of Gimli, in Manitoba, deceased. All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 25th day of September, 2019. DATED at Stonewall, Manitoba, this 13th day of August, 2019. **GRANTHAM LAW OFFICES** Solicitor for the Executrix

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The Rural Municipality of West Interlake is accepting quotes for the demolishing of buildings and levelling of sites. Tender packages are available at the Ashern Municipal Office or for more information call, 204-768-2641. Closing Date: **August 23rd, 2019 at 4:00 pm**. Tenders are to be submitted in a sealed envelope marked "Quote - Building Demolition and Levelling of Sites" *Lowest quote not necessarily accepted.*

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The Rural Municipality of West Interlake is accepting tenders to construct approximately 500 ft of sidewalk in the LUD of Ashern. Tender packages are available at the Ashern Municipal Office or for more information call, 204-768-2641. Closing Date: **August 23rd, 2019 at 4:00 pm**, Tenders are to be submitted in a sealed envelope marked "Tender - Sidewalk Construction" *Lowest tender not necessarily accepted.*



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For additional information, please contact **Allan Sulyma** at 204-389-5126 or email rec@winnipegbeach.ca.

Please submit a resume and covering letter to the undersigned no later than **Tuesday, September 3, 2019 at 4:30 p.m.** Please mark the envelope "Ice Maker/Maintenance Position".
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OBITUARY



Eleanor Paluch

Peacefully on August 14th, 2019, Eleanor Paluch passed away at the Gimli Community Health Centre at the age of 82.

Eleanor was predeceased by her parents, Dave and Ann Salichuk; her husband Edward; her son Larry; and her brother Ed Salichuk. She will be lovingly remembered and sadly missed by her sister Elsie Zazulinski; nephew Bryan (Lorna) Swaykoski; niece Delores (Greg) Luschinski; niece Kim (Bryan) Money; nephew David Salichuk; five great-nephews; one great-niece and many other relatives and close friends.

Eleanor was born at home on July 1, 1937 in the Polson area. She married Edward Paluch in 1955 and they lived in Winnipeg most of their married lives. They had one child, Larry, born in 1956, who passed away in 1977.

Eleanor worked from home as a seamstress. She designed and created many beautiful bridal gowns and bridesmaid dresses. She also loved to knit and crochet, and later took up cross-stitch. She used her talent to create many special gifts for family and friends. She also donated cross-stitch pictures to Betel Home.

Eleanor and Ed loved to travel and spent their winters in warmer climates for as long as they were able to. They moved to Camp Morton in 1992. She loved the peacefulness of living in the country. She enjoyed gardening, making pickles and preserves and hosting many family gatherings. In 2007 they moved to Rotary Towers in Gimli. They made many new friends there and Eleanor helped out with the social committee. She also loved volunteering at Betel Home and spent all of her spare time there in the past five years.

Special thanks to all Eleanor's friends who visited her faithfully in the hospital and to the residents of Betel who coloured beautiful get well cards for her. We would also like to thank the staff at Gimli Community Health Center for their kindness and compassion during Eleanor's final days.

Funeral service was held at Gilbert Funeral Chapel, Gimli, MB at 10:30 a.m. on Wednesday, August 21st. Interment at Assumption Cemetery, Winnipeg, MB. Pallbearers: Greg Luschinski, Bryan Swaykoski, David Salichuk, Bryan Money, Jack Lubinski and Justin Luschinski.

In lieu of flowers, donations may be made in her name to Betel Home Foundation, Box 10, Gimli, MB, R0C 1B0, or a charity of one's choice.

Condolences may be left on her tribute wall at www.gilbertfuneralhome.com

Gilbert Funeral Home, Gimli in care of arrangements.



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