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AUGUST 17TH & 18TH, 2018

THE EXPRESS

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WEEKLY NEWS

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Voices of the people

EXPRESS PHOTO BY PATRICIA BARRETT
 The Gimli Walk for Water participants raised \$3,039, with pledges still coming in, last Saturday at the Lake Winnipeg awareness walk.

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Walk for Water raises awareness of threats to Lake Winnipeg

By Patricia Barrett

The Lake Winnipeg Foundation held its annual Walk for Water grassroots fundraiser in Gimli and Victoria Beach last Sunday to raise awareness of algal blooms besetting Lake Winnipeg and to encourage people to become more active in pressing for environmental change.

About 30 people from Gimli and the surrounding area braved sweltering temperatures of 31 C to help the LWF advocate for a reduction in phosphorus that's released into the lake through agricultural activities and wastewater treatment plants. They also gathered pledges that will help the foundation continue on with vital activities such as the sampling and mapping provincial waterways for phosphorus hotspots.

Gimli Mayor Randy Woroniuk, who hasn't been shy about speaking out against phosphorus and raw sewage entering the lake from Winnipeg's North End wastewater treatment plant, emphasized the importance of citizens taking up the cudgel to raise awareness of the threats to the lake, as well as taking their own personal steps to protect the environment.

"Walk for Water is a very important event. We all know the challenges



Gimli Mayor Randy Woroniuk and Lake Winnipeg Foundation communications director Marlo Campbell.

we're facing with Lake Winnipeg," said the mayor, who joined participants on the walk. "And we need to galvanize ourselves to start making some changes. This is probably one of the hottest days of the year, but we're doing it for a good cause."



EXPRESS PHOTOS BY PATRICIA BARRETT

Walk for Water participants gathered at Gimli Harbour.

LWF communications director Marlo Campbell said the Gimli walk brings out "passionate lake lovers," who see and interact with it every day and want to assist the foundation with its research and advocacy.

The LWF has set out a "Lake Winnipeg Health Plan," comprising eight actions to address the root causes of algal blooms. They include conserving boreal forests around the lake, maintaining/creating wetlands, setting and enforcing standards for wastewater treatment plants and lagoons, working with farmers to help them keep

phosphorus on the soil and monitoring watersheds through an army of well trained and equipped citizen scientists.

"You're supporting our community-based monitoring network," said Campbell before the walkers set off. "This network continues to grow by leaps and bounds, and it is doing practical science across the watershed. And you're supporting our advocacy work, which is really bringing the issues of the lake and the voices of people like us to the tables of decision-makers."

Continued on page 3

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Ashern working to form new community development corporation

By Jeff Ward

Ashern economic development officer Clayton Gibson is working to re-establish a Community Development Corporation for the town that he hopes will begin work in early 2019.

Gibson said that he's been frustrated by Ashern's ineligibility for certain government grants due to the fact that many of them require some sort of non-profit entity to apply. He said that the community is missing out on money that could be used to fund new initiatives or projects in Ashern and that by reviving the old CDC he hopes to see more of those opportunities come to the area.

Gibson was appointed by the RM in their July 19 regular meeting to begin the process of re-establishment and is

working on that now.

"I felt I could be more productive if I had a CDC to work through," said Gibson.

"As an EDO, you subscribe to [government announcements] and I see all of the funding announcements come through. You try to follow and track those dollars and find where you can apply and I've been coming to dead ends. We couldn't apply because we didn't have a CDC."

While Gibson is laying the groundwork for the CDC now, the timing of this endeavour means that some waiting will be involved. The CDC must include two council members and with a municipal election this fall, those seats could change very soon. It will take Gibson a number of weeks to

reform the CDC and have a meeting, so his goal is to have everything ready for a new council by January.

Gibson said that the last time Ashern had a CDC was in 2013 by his knowledge. Luckily the Winnipeg Companies Office still had records of the former corporation so he doesn't have to go through the longer process of building one anew.

"We have a checklist of things we need to do: a name reservation, new articles of revival, a number of notices,

change of directors, appointment of new directors," said Gibson.

Gibson detailed his goals for the CDC to council during their last meeting.

"I told council the goal is to get all the paperwork into the companies office and get this structured by the election then have the CDC become active in January of 2019. The new council will have a brand new fresh CDC to work with and it will really be a benefit to all," said Gibson.

> WALK ON WATER, FROM PG. 2

The five-kilometre trek took participants north along the Gimli Beach boardwalk, across the bridge to Loni Beach and back to the harbour where East Interlake Conservation District staff members Armand Bélanger and Audrey Boitson fired up the barbecue and served hotdogs, veggie dogs, bananas and refreshments to the walk-

ers.

The EICD also handed out packets of native wildflower seeds for people to plant in their gardens or window boxes.

The Gimli Walk for Water raised \$3,039 and pledges are still trickling in, said Campbell.



Algae in Gimli Harbour July 28, 2018.

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St. Laurent breaks ground on Metis Heritage Centre Phase 1

By Jeff Ward

St. Laurent will soon have a new space to store historical Métis artifacts after ground was broken on Phase 1 of the Metis Heritage Centre on Aug. 8.

The project is being cost shared by all three levels of government, each contributing \$80,000 towards the total \$240,000 cost of Phase 1, which is the storage shed that will be completed by October of this year.

St. Laurent Reeve Cheryl Smith, Minister of Indigenous Relations Eileen Clarke and Interlake MLA Derek Johnson were on hand to officially break ground on the site right next to the Welcome Centre just off Highway 6. The Honourable Yvon Dumont, former lieutenant-governor of Manitoba, spoke during the event about how important it is to hang onto the rich cultural history of the Métis people and that the artifacts that will sit inside the future shed are priceless. Dumont spoke about his travels representing the community and how people would ask him about his culture.

"Especially in the Métis circle in Canada and the United States, and quite often I was asked, out in your community did you practise your culture? And I'd say well, no we didn't practise it; we lived it," said Dumont.

"It wasn't like we were getting up in the morning saying, well, today I'm going to practise my culture and I'm going to go live as a Métis and bake some bannock or play some fiddle ... it's just something that we did and we didn't really think of it as practising our culture."

That culture is something that continues to make St. Laurent a unique community and one that residents are fiercely proud of. Some of those residents in attendance for the ceremony wore the Métis symbol on them. The symbol of the white infinity logo represents two ideals, the joining of two cultures and the existence of a people forever.

Preserving that existence is one of the things that the Metis Heritage Centre aims to do while also creating a place where other people can come and learn about that culture.

Minister Clarke spoke about her time visiting St. Laurent many years ago, before the flood of 2011. She said she visited the community when she worked with the Association of Manitoba Municipalities to view the plans for all phases of the project. Coincidentally this was also a time in which MLA Derek Johnson was on council.

Clarke explained that while this plan was on the back-burner, residents were setting to work rebuilding their community. She said that it was in-



A prayer was said before the ground-breaking took place.

spiring that through all of that adversity they never lost sight of this future goal.

"It doesn't matter where you're from, we all need hope," Clarke said. "It's what you do after a significant disaster. But you know what, in communities and I know that and [Smith and Johnson] too have been leaders in their communities. You have to lead your people back to hope and back to positive thoughts. And what better way to do that than this."

Along with many others, both Smith and Johnson were evacuated during the flood of 2011 and both served on council through one of the toughest times St. Laurent has ever gone through. So to be there, breaking ground on a project that is nearly 10 years in the making, was profound.

"It's a great feeling and it's something that you can't do without having true partnerships ... a local government can't do this by themselves. And it's really nice to see that there is a lot of history between the current government, especially like we have Derek who was on council so he knew what this vision was all about," said Smith.

The community had to call an audible on the line of scrimmage because of the flood, and now more than seven years later, they're finally putting shovels in the ground with work beginning immediately to ensure that no amount of time will ever wash away the Métis culture in the RM of St. Laurent.



EXPRESS PHOTOS BY JEFF WARD

Manitoba Minister of Indigenous Relations Eileen Clarke, left, Interlake MLA Derek Johnson, middle, and St. Laurent Reeve Cheryl Smith broke ground on Phase 1 of the Metis Heritage Centre on Aug. 8.



Smith thanked past councils and members of the community for never giving up on a project that is so closely tied into the history of the community.



Clarke credited the resilience of St. Laurent residents in never losing sight of this project despite the disastrous flood of 2011 that nearly washed the town away.

Lundar MYJC youth engagement leader reflects on strong summer

By Jeff Ward

Lundar Manitoba Youth Job Centre youth engagement leader Delaney Appleyard is reflecting on another strong summer of connections, first jobs and services for area youth.

Appleyard said that this summer season, which officially has its final day on Friday, Aug. 17, was a strong one for events and that her connections within the community of Lundar were extremely successful. Lundar's Odd Job Squad held six events through the summer that gave some of the town's younger residents the chance to earn some money

in what their first working experience is often. Appleyard said that their numbers were a little lower than last year but that those who took part really enjoyed their time and learned a lot.

"I had hoped to do a few more events through the summer but we have to find a balance where we can get the numbers we need and not overwork them," said Appleyard.

Of the many services offered through the MYJC, Appleyard said that she saw many youth take part in resumé and cover letter writing, interview tips and job preparation. With many youth now reach-

ing the age where they will seek a steady summer job, these skills are extremely valuable in giving them the confidence to walk through the door and hand over a resumé. Appleyard said that her time as engagement leader was rewarding and that it was enriching to her to see so many youth breaking through with their first job.

"To see their satisfaction once they've completed their resume and to see it transform over the summer, feels good. Whether they finally get rewarded for an odd job or seeing them get their first job, that means a lot," she said.

Lundar resident gains new skills at Royal Military College of Canada

By Jeff Ward

A life spent in service of the greater good, a strong career and a rock-solid education are just some of the reasons why Lundar resident Ryan Marshall took the leap and enrolled in the Royal Military College of Canada.

Marshall graduated from Lundar School in 2017 and has spent the last year in Kingston, Ont., at the military college pursuing an education in civil engineering. Marshall said that he was drawn to the college for a few reasons and chief among them is his desire to serve his community. In his high school days, Marshall spent much of his free time volunteering for various causes around the school and community. He volunteered with other students to set up Toy Mountain for the Salvation Army and built homes in Guatemala with other classmates for Habitat for Humanity. Marshall also excelled scholastically and competed in the Lakeshore School Division's proficiency awards and spent many years with the 158 Fisher Branch Cadets.

"[Cadets] helped a lot with drills and with inspections, but it is different," said Marshall, who explained how cadets could be viewed as a toe in the water compared to the RMC.

"For a lot of it, you need to make the changes for the actual military because cadets is made for teenagers and there is a big difference there."

The difference in how students are treated is felt right off the bat during orientation, which Marshall jokingly described as "not pleasant." Physical fitness is tested often, and students are put to the test early in preparation for upholding those standards throughout their four years. Marshall explained that if you're reasonably fit you can get through basic training and that most people are capable. The



EXPRESS PHOTO SUBMITTED BY RYAN MARSHALL
Ryan Marshall, middle, recently completed his first year at the Royal Military College of Canada and said his experience in pursuing an education in civil engineering has been very positive.

transition that's more difficult is the mental one.

"Basic is not necessarily difficult but it's where a lot of people decide if this is what they want to do with the rest of their lives. Because this is the first entry point, [the college] makes it a point to let you know this is the decision you're making and what you're going to be dealing with," he said.

That decision for some is easy and for others more difficult. The RMC gives a full ride to students who attend and also pays them a wage as they learn. Students sign a contract with the college to be employed within the military once they graduate for a certain number of years. This contract can also be skirted by simply paying what the cost of your edu-

cation was to the college if a student decides later that it's not the life for them. Wages are also garnished to pay for room and board.

Marshall said that a guaranteed job out of college and a future of service is something he really values and that so far, his experience has been very positive at RMC.

The RMC operates like any post-secondary institution with the only difference being the military component that is bolted on.

Even though Marshall is only finished his first year, he is already looking forward to, and planning for, his future.

"Basically, at this point, all I can do is continue on with what I'm doing and complete my training. I'll be travelling a lot, posted to specific locations and moving around as I progress throughout my career because staying in one place isn't good for learning different types of leadership," said Marshall.

Year two will be similar to what Marshall has already experienced but years three and four will allow him to take on and pursue more leadership roles within the college. He said he would like to one day lead new recruits through their orientation day but that the competition around those opportunities is fierce. He'd be happy with being in a position where he can impart his knowledge onto others while also improving his abilities.

Marshall will be going back to Kingston in a few weeks and said that he would recommend this path to anyone looking to broaden their horizons and get an education.

"If you want that it's a great opportunity. The guaranteed career directly out of college is a huge plus and it's an excellent education on top of that."

Hodgson farmer encourages arsonists to find work

By Jeff Ward

A Hodgson farmer avoided a larger disaster last week after neighbours reported hay bales burning on their field and acted quickly to help slow the blaze before firefighters were able to put it out.

Jamal Abas said his family's farm was the victim of a suspected arson last week when five bales were set on fire. He said his neighbours called him after they couldn't get a hold of his father and that they used tree branches to break up the fire to keep it from spreading. Abas credits the quick action of his neighbours and the work from the Fisher Branch Fire Department in making sure his field wasn't damaged further. Abas explained his farm site is about 15 miles from the field and the financial cost of losing that much hay in an extremely dry year will be felt.

"It could've been pretty bad," said Abas.

"With it being so dry, the risk of the fire spreading was serious. We have other bales of hay on the field and for years we've spaced them out on the field just in case someone wanted to light them, they wouldn't all burn at once."

Abas said that this season quality hay, and hay in general has been hard to come by, echoing what many producers through the Interlake are facing. Low yields and grass that doesn't grow back means that many producers are having to spend money earlier in the season to feed their animals. Abas has nearly 200 head of cattle on the family farm that consume around a bale a month each. Cattle that are pregnant or have new calves also eat more, so the pressure to provide feed is significant this summer.

"It's all part of the job, though. I think most people would agree that last year was a very healthy yield for good quality hay, even the wild hay was very digestible. Now I look at our hay yard and it's basically empty," said Abas.

The fire took place in the same field that his grandfather's old tools, which Abas still uses and treasured as family heirlooms, were also stolen last month. Abas said he was very disheartened by that situation, and then to hear that someone lit his field on fire didn't help.

Abas is looking at the silver lining, though, as his neighbours and community came through for his family.

"If it wasn't for some of my neighbours who saw it, I don't know what would've happened. Community is the strongest thing in our area," said Abas.

The young farmer also made an appeal to the fire starter.

"If someone is that bored, they can call us and I'll gladly

hire them on the farm and give them an idea of what it's like out here. What it takes to make this work. Maybe then they'll appreciate it more," said Abas.

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Parkinson's caregivers support a new resource for caregivers

Submitted

As the number of Manitobans diagnosed with Parkinson's disease climbs, their caregivers are facing real challenges of stress and burnout.

Women are especially at risk for harmful health effects that include depression or anxiety. Research shows the number of patients in this province diagnosed with this degenerative neurological disease will double in the next 13 years, affecting more than 13,000 Manitobans plus their families.

Individuals with Parkinson's disease often require increased care as their disease progresses and it's usually the family and friends that provides it. Gimli resident Cindy Parker knows this all too well. Her husband, Ken, was diagnosed with Parkinson's in 2011. For the past several years, she has balanced commitments with family and friends.

"As my husband's disease has progressed, my responsibilities regarding all domestic jobs in the home, family decisions regarding finances, social activities and health-related appointments has increased. The emotional and physical load has been quite overwhelming at times. As a result, I've turned to the Support Group for Parkinson's in Gimli for help," said Parker.

Recognizing this, Parkinson Canada in Manitoba has recently added two Caregiver Groups — an evening group in Winnipeg and an afternoon group in Brandon. The long-standing Winnipeg afternoon Caregiver Group continues to meet. Parker is hoping to see a caregiver group in the Interlake region and encourages people to contact Parkinson Canada to request this. In the meantime, Parkinson Canada is inviting people diagnosed with Parkinson's and their caregivers to attend the Parkinson Canada Support Group held in Gimli. To learn more, please

call 1-800-565-3000.

According to a recent national Ipsos survey conducted for Parkinson Canada, caregivers are financially and emotionally burdened. The data shows more than one in four caregivers have full-time jobs while taking care of a loved one; four in five are married or living with their partner. Four in 10 agree that it is difficult to pay for health-care bills relating to Parkinson's disease, like medication, exercise, physiotherapy and specialized services such as speech therapy. Three in four caregivers are female, and one in four is over 75 years old.

Lorri Apps, managing director of Parkinson Canada, Manitoba remarked that caregivers tell us that our groups provide them with a life line. "This is why we recently developed two caregiver groups for those who provide care for a family member with Parkinson's. Watch for the release of Parkinson Canada's Caregiver Resource; coming soon."

The caregiver groups in Winnipeg and Brandon are aimed at providing safe and supportive places for caregivers to learn from and support one another, interact with professionals, to reduce their isolation and to learn how to better care for themselves.

Syva-Lee Wildenmann, Parkinson Canada volunteer facilitator and recently retired executive director of Caregiving with Confidence, says, "The stresses of caregiving can be insidious and are often linked to the caregiver neglecting their own mental and physical health."

Wildenmann offers some helpful stress warning signs that include feeling anxious or depressed; issues with sleeping; prone to mood swings; difficulty concentrating and getting things done; headaches and pains; not enjoying social activities; or not wanting to leave the house.

Wildenmann says to do your best for them, it's vital to take care of yourself. Her helpful tips are to spend time doing something you enjoy; join Parkinson Canada support groups; learn what your medical insurance covers and how to apply for medical or disability credits; learn about the progression of Parkinson's and how to prepare for changes; and report changes in behaviour or symptoms to your loved one's neurologist or doctor so they can be addressed immediately."

On Sunday, Sept. 9, individuals and families in Gimli will participate in the Parkinson Canada SuperWalk 2018 and raise funds. This annual fundraising event for people living with Parkinson's helps to provide a broad range of client services, health professional education and advocacy for those living with Parkinson's disease, and it supports Parkinson's research.

The Parkinson Canada SuperWalk 2018 in Gimli will start at Johnson Hall Waterfront Centre (94-1st Ave.). Registration at 9 a.m. with the walk beginning at 10 a.m. For further information and to register, please visit www.parkinsonsuperwalk.ca. Other Parkinson Canada SuperWalk locations include Brandon on Saturday, Sept. 8, and Morden and Winnipeg both on Saturday, Sept. 15.

Parkinson's is a chronic, degenerative neurological disease characterized by a loss of dopamine in the brain. There is no known cause or cure. Symptoms include tremors, slowness of movement, stiffness or rigidity of muscles, difficulty with balance and walking as well as changes in voice volume and speech. Non-motor symptoms include depression, loss of sense of smell, sleep disturbances and cognitive changes. The average age of onset is 60; it is diagnosed in people as young as 20 and under.

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Greetings, friends.

There are times when an app on your cell phone can get you in trouble with your significant other.

Recently, I met a big, strong chap with a thin, dark moustache, goatee and close-shaven hair by the name of Jose Recabarren. He told of a time not long ago when he had to go to The Pas and though he had not done much fishing, hastily grabbed some angling gear at home in Winnipeg before leaving. At The Pas, when he had time, he went over to Clearwater Lake and set himself up.

He opened Snapchat on his phone and set it on the hood of his car so he and his girlfriend, who was back in Winnipeg could see and talk to each other while he fished. Hooks baited, Recabarren let fly with a tremendous cast. Unfortunately, "let fly" took on an awkward meaning. The rod not being held firmly enough, followed the baited hooks in a beautiful high arc into the water. Recabarren stood shocked and empty handed as the rod disappeared under water.

"Wasn't that the red rod, Jose?" came the voice of his girlfriend from the phone.

"Yeah," he responded sheepishly.

"Yours is the black one. You just lost my best rod, Jose," her angry phone voice filled his ears.

"Sorry," Jose said. "I'll get you a new

one before I come home."

At Balsam Bay about a week ago, I saw a guy leaving the pier carrying a string of nice eating-sized pickerel. He was tall and slim dressed in old comfortable shorts and T-shirt.

"Well, you did OK," I called out to him getting out of my car.

"It's always a good day when you go home with these," he nodded, smiling at the fish.

"Might there be a story attached to the catching of those fish?" I asked.

"I'm Randy Camplin from around Grand Beach," he offered. "I can't think of a story right off hand but at the pier here it sure would be nice if there was a walkway to get to the rock spit from the pier to fish."

"Yeah," I agreed. "A walkway would be nice."

This last long weekend, I drove over to Norris Lake and found Ron Muir camping with a bunch of his friends and family. Ron, an always caring and thoughtful guy, was sitting in a chair beside his RV door.

"Hi Arnie," he and some of his gang called out. As I settled on the seat of a picnic table beside Ron, he pointed to an RV close by and said, "It hailed like heck here last night and when I got up this morning there was a drift of hail ice stones by the wall of that RV. I had to run home to Teulon for some things, one of which was ice for

drinks. I laughed at myself on the way back to Norris thinking I should have just collected those ice hail stones and saved myself a trip."

Just then Ron's daughter Corin strolled up. "Why don't you tell Arnie about catching that catfish on the Red River," he suggested.

She laughed as she leaned over the picnic table shaking my hand while seeming to gather her thoughts.

"I don't do a lot of fishing, but I try," she remarked as she began her story.

In June, she and Kevin, her fiancé, were with Ron in his boat fishing downstream of the Lockport locks and suddenly her line began paying out from her reel. Kevin shouted, "Tighten your drag."

"What's a drag," she shouted back. Kevin leapt forward turning in her drag knob. The line stopped running out and a huge catfish, hooked, broke from the water, its tail trashing. Now Corin, by her own admission, is not the strongest person in the world and as her battle with her first catfish ensued, her arms began shaking. Clutching her rod, with her feet braced against another seat, she strained against the line beginning to sweat under the hot, glaring sun. Game, though, she was, her arms were giving out, so she crossed them imprisoning her rod between her locked arms and her body. She used her back strength



EXPRESS PHOTO SUBMITTED

Corin Le Masurier with the cat she caught on the Red River.

to play the fish. When her arms were rested, she would unlock them and reel in. In time, she brought the huge cat alongside the boat. Exhausted, she peered over the side of the boat into the eyes of the fish. Apparently, it didn't like that and took off again. The guys idled the boat to the fish as Corin reeled in again finally landing it for a picture then released it. Corin fell back in her seat limp with fatigue. What she couldn't see was Kevin rebaiting her hook behind her. He passed her rig to her saying, "Hang in there, honey. One more cast. Ron and I haven't caught anything yet."

Reluctantly she did it, and within seconds, caught another cat.

"Oh no," she screamed. "Not again!"

Till next week. Bye now.

Manitoba Hydro releases 2017-18 annual report

Higher domestic revenue offset by restructuring costs and lower export sales

Submitted

Manitoba Hydro released its annual report today showing a total consolidated net income of \$37 million for the fiscal year ended March 31, 2018, down from \$71 million in 2016-17.

The \$37 million in net income was comprised of \$18 million in the electric segment and \$7 million in the natural gas segment, with \$10 million from subsidiaries and \$2 million related to accounting adjustments to harmonize accounting polices between electric and natural gas operations.

Net income decreased by \$34 million

primarily as a result of \$50 million in restructuring charges incurred as a result of the utility's significant efforts to streamline the organization and reduce costs, including the implementation of a Voluntary Departure Program for employees.

Higher domestic electricity revenues resulting from colder weather and growth in the number of customers, along with a reduction in operating and administrative expenses as a result of the corporation's cost-reduction program provided positive contributions to the financial results.

These improvements were partially offset by lower extra-provincial revenues due to reduced hydraulic generation. In addition, through the Voluntary Departure Program, Manitoba Hydro achieved a reduction of over 800 positions that will save the company over \$90 million per year in annualized expenditures. In addition, the number of executives was reduced by 30 per cent, and overall the corporation reduced its management ranks by 26 per cent.

"Manitoba Hydro continues to deliver safe and reliable gas and electric service to Manitobans, at some of the lowest rates anywhere in Canada" said Kelvin Shepherd, president and CEO of Manitoba Hydro. "To remain an in-

dustry leader, Manitoba Hydro must continue to modernize and enhance our customer experience. While we've always been driven to serve our customers and meet their energy needs, our focus is now intensified on taking that service to an even higher level in the upcoming year."

Manitoba Hydro projects net income of \$70 million for the 2018-19 fiscal year, which would reflect an approximately 20 per cent reduction in net income from 2017-18 when adjusted for restructuring costs. The projected results include the impact of the 3.6 per cent average rate increase awarded by the Public Utilities Board effective June 1, 2018.

Holfeuer launches RM of Gimli councillor campaign

By Patricia Barrett

Gimli's Ice Festival founder and co-chair Peter Holfeuer launched his campaign for councillor Aug. 9 at the Aspen Park Recreation Centre, outlining his vision for moving Gimli forward and promising to bring a management style to council that would include more consultation with the business community.

Focusing on a strategic plan document created in October 2008 under then-mayor Tammy Axelsson and her council, Holfeuer said he wonders why it hadn't been carried forward.

"That's what a strategic plan is all about. You have a proper way to look at things, not just today but in the future, and you follow that particular plan."

Having served as vice-president of the Gimli Chamber of Commerce, Holfeuer said he developed a better understanding of some of the frustrations experienced by the business community and their "lack of voice." And that's made him realize that a focus on economic development is paramount.

The 2008 plan outlines a number of areas that Holfeuer said are still relevant today, such as the need to attract more visitors to Gimli during the off-season and to spur on "true" economic development — initiatives that are "revenue-producing."

"There is not enough industry or businesses to take off the pressure [from taxpayers]," he said. "The balanced budget this year is \$11.6 million, and only \$213,000 of that is going to economic development services. That's two per cent of the budget. That's concerning."

Holfeuer said he'd focus on implementing the strategic plan and offer a different style of management.

"The current council that we have — and I've seen this in the businesses [photography companies] that I've

overseen and managed — the management style they have is very tight. It's a very centralized approach with decision-making and there's not a lot of outreach and consultation with the community at large or with key stakeholders," he said.

Some examples Holfeuer cited included street closures last year during the Gimli Film Festival and the Canada Summer Games Sailing competition, and this year's introduction of a bylaw pertaining to street patios. He said the chamber and the business community had not been consulted.

The RM needs to hire an experienced economic development officer because its Community Development Corporation, he said, is focused on administrative tasks, such as overseeing leases in the Industrial Park and the Motorsport park.

"Who's doing economic development? Is it the RM or the CDC or is nobody doing it?" he said. "It says in the strategic plan from 2008 that we need to hire a professionally trained economic development officer to lead the RM's economic development strategy and operations. Think about it. Who's doing it today? It's not being done consistently, it's not being done proactively."

Holfeuer said the RM would likely have to pay more for a professional, but that person would create high-level proposals, solicit potential businesses and speak with the CEOs of companies and government.

The tourism branding initiative launched last year has not received support from council — apart from its launch — he contended, and he would make it a priority if elected. Mercedes on Ice, RAW Gimli and the Fishing Derby are a start, but more growth is needed. A rink at the harbour, tours of the Diageo plant and the opening the Visitor Centre would help attract tourists in the winter.



EXPRESS PHOTO BY PATRICIA BARRETT

Peter Holfeuer, front row middle, with his supporters and campaign manager Kristine Dubois (front row, far right) at his official launch for Gimli councillor.

"So many businesses in this community rely on tourism, and we need to build up the shoulder season where we really struggle."

Other proposals he brought forward include creating an arts and cultural district in the downtown core where the A-Spire Theatre and Gimli Theatre are currently situated and developing a cultural centre that could be used for a number of events the way the Fraserwood Hall is.

As far as development in the Industrial Park is concerned, Holfeuer said "either do something with it or sell it or have someone else manage it. Here we are years later, and we're still not really moving ahead in a big way."

Holfeuer said the airport is "underutilized" and that an aviation "hub" could be developed that would "pull it all together" and attract private investors. And it could include the Gimli Glider Museum, which is currently located in the Lakeview Resort downtown.

"When I was looking to run for council, I got a hold of the budgets results and actual results from the past eight years and studied them quite closely. I'm very familiar with budgeting."

The budgets are very "topline and don't provide a lot of depth," making it hard to see how money is being spent.

"Over the eight years, you can see the [budget] trends up and down in various areas. There's nothing overly concerning, but some things are probably over-budgeted. And there's definitely room for improvement from what I saw."

He raised concerns with ongoing upgrades to the Rec Centre and council's plan to re-clad the front of the building for \$300,000 while "there's talk of the Wellness Centre." Although the Wellness Centre was part of Axelsson's strategic plan, Holfeuer said it calls for "proper research" in light of the proposed spending on re-cladding the Rec Centre.

"We don't want to see further councils just ignore the strategic plan that's been put in place," he said. "If I do get elected, this [plan] is something I would recommend to the new council and the mayor ... and that it becomes part of a bylaw so that ongoing councils have the obligation to take that plan and work with it. You can't just drop it."

RM of Gimli purchases bear alarm for Arnes Landfill

By Patricia Barrett

The RM of Gimli purchased an air horn for the Arnes Landfill, north of Gimli, to scare off bears that may be frequenting the site.

At council's regular meeting Aug. 8, Coun. Danny Luprypa, who oversees public works, was reimbursed \$180.76 for the purchase of an air horn he bought at Cabela's hunting and fishing store.

"I don't think it's a problem, but you need to be prepared," said CAO Joann Murphy. "We've seen some evidence

of their work, but I'm not aware of anyone spotting them."

Murphy said garbage had been spread out over a wide area, indicating the work of a bear (or bears) rather than smaller rubbish-pickers such as skunks and raccoons. And Mayor Randy Woroniuk said bears eat chokecherries and the pits are visible in their feces.

"We have fish waste that goes up there as well as garbage," said Murphy. "It's probably like a drive-thru for them."



EXPRESS FILE PHOTO BY PATRICIA BARRETT

The RM found evidence of bears at the Arnes Landfill site. This young bear was spotted last year along PR 222 near Lake Forest, north of Gimli.

Gimli family riding another year in the fight against MS

By Caitlyn Gowriluk

Every summer for about the past 10 years, Allison Anderson has been riding her bike to raise money and awareness for multiple sclerosis (MS) in Gimli.

For Anderson, the fight against MS was always personal: first, she rode for her friend Brittney's mother, Paula, and later for her own aunt, Karen.

But last summer, as she pedalled in the annual MS Bike event alongside friends and family, Anderson said she had begun to notice something may have been wrong in her own body.

Her right leg had already been numb for most of the summer — it was "like a freezing numbing," Anderson said, a similar feeling to the kind you get from being frozen by a local anesthetic for getting a cavity filled — so she began the process of going through testing to pinpoint the cause.

Then, last fall — over six months after she began going through testing — Anderson received her diagnosis: relapsing-remitting MS, the most common of the disease's four types, and the kind that both her friend Brittney, and Brittney's mother Paula, had also been diagnosed with.

While the annual MS Bike fundraising event in Gimli is a summer tradition for Anderson, this year's ride will be slightly different: it will be her first-year riding with an MS diagnosis of her own.

"It's still pretty new to me," said Anderson. "It'll be different this year ... It's been different, even, collecting donations and stuff. It's different when it hits a little closer to home."

Beyond the initial numbness in her leg, Anderson said she hasn't experienced many of the physical symptoms of MS that people who live with the

disease often experience. However, recent testing has revealed that she may have also experienced some silent attacks that she was unaware of.

But even knowing so many people living with MS before her own diagnosis, Anderson said she was somewhat unprepared for the mental toll living with the disease can take.

"It's been emotional, I guess, for everybody involved," said Anderson. "It can affect so many people in so many different ways."

For people living with MS, events like the annual bike ride are crucial to raise funds that allow the MS Society of Canada to continue making advances in MS treatment and research, said Darcey Hill, manager of development in Manitoba for the organization.

"We look at it to help provide vital programs and services, and to help fund some groundbreaking research that happens for folks that are living with MS, and especially Manitobans," said Hill, who has been organizing the MS Bike event in Gimli for the past four years. "We have people participate in our events as young as 12 and then as old as 82."

Hill also urged motorists to be careful driving and watch out for cyclists on the roadway during the MS Bike weekend.

This year's event in Gimli is happening on Saturday, Aug. 25 and Sunday, Aug. 26. Cyclists are leaving the Gimli Recreation Centre at 45 Centennial Rd. around 10 a.m. on Saturday, and embarking on a two-day ride through the Interlake area and along Lake Winnipeg that includes a 45-kilometre route, plus an optional 22 kilometre route, each day. For more information about the ride, or to make a donation, visit msbike.ca.



EXPRESS PHOTOS SUBMITTED

Allison Anderson, left, poses with Karen's Kare Bears (the team formed to ride and raise funds for MS in honour of Anderson's aunt Karen, who lives with progressive MS) last year. As she rode in the MS Ride in honour of her aunt, Anderson was waiting anxiously to get an MS diagnosis of her own. From left to right: Allison Anderson, John Palen, Derrick Anderson, Missy Palen, Melanie Johnson, Megan Collins.



Anderson's friend Brittney Isfeld, third from right, poses with her own MS Ride team, Petals for Paula, named in memory of her aunt, who lived with relapsing-remitting MS. From left: Debbie Einarson, Shirley Isfeld, Amber Isfeld, Brittney Isfeld, Ashley Einarson, Judy Kushnir.

A-spire Players unsuppress their desires in comedy

By Roger Newman

Gimli's A-Spire Players return to the stage Aug. 24 to 26 when they present *Suppressed Desires*, a comedy by Pulitzer Prize-winning playwright Susan Glaspell.

Bill Morrison — who helmed Noel Coward's *Blithe Spirit* last year — directs this Freudian farce about a neurotic wife who becomes obsessed with over-analyzing the dreams of her husband and younger sister. The plot comes to a boil when the two reluctant subjects of dream interpretation turn the tables on the surprised wife.

Kim Malchuk plays the wife caught up in the psychoanalysis of dreams. Malchuk is making her second appearance on the A-Spire stage after making an impressive acting debut as the female lead in *Blithe Spirit* in 2017.

Rob Jantz portrays the husband, returning to the

stage after a brief hiatus from acting. He is a veteran A-spire Players member whose previous credits include *Private Lives*, *Lend me a Tenor* and *Noises Off*.

Also a seasoned performer is Tina Leath as the younger sister visiting her older sister and husband in New York, Leath, the current chairperson of the A-Spire Players, mostly recently trod the boards in the *A-Spire Follies* and *Private Lives*.

Supporting the actors will be the back stage crew of Tiny Ducharme, Erin Leath and Zach Johnson.

Performances of *Suppressed Desires* are Friday and Saturday at 8 p.m. with a Sunday matinee at 2.30 p.m. Tickets, at \$15, are available at Tergesens one week before the performance and information and reservations can be obtained at 204-642-8079.



EXPRESS PHOTO BY ROGER NEWMAN

Preparing to welcome audiences to *Suppressed Desires* are A-Spire Players members, left to right, Tina Leath, Bill Morrison, Rob Jantz and Kim Malchuk.

Lakeside Quilters showcase works of art at show

By Patricia Barrett

The Lakeside Quilters club displayed a stunning variety of quilts during its 7th annual show and sale last weekend at the Gimli Recreation Centre.

Quilters from across the Interlake showcased 134 quilts, as well as 10 charity quilts that will be donated to the Nova House women's shelter in Selkirk. In addition to the eye-catching and intricately sewn quilts, the event offered free quilting demos, vendor displays and a silent auction and raffle.

Quilters experimented with geometrical designs, landscapes and wildlife,



Dianne Sandulak from Camp Morton quilted a giraffe.

Continued on page 12



EXPRESS PHOTOS BY PATRICIA BARRETT

Dianne Sandulak, who helped organize the silent auction, made an 86x101 quilt called Cheap Thrills for her guest room.



Kathy Webster made this quilt for her husband Roy, depicting moments from his life.



Heather Dankochik from Gimli made this quilt for her great nephew. It includes black and white prints from a quilt she made for her niece's wedding social.



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FRIDAY

5:00 – 9:00 pm – McEwen Park Rodeo Grounds
Beer Gardens and Canteen open
5:00 - 6:30 pm – Little Britches Rodeo
7:00 pm – Manitoba Barrel Racing Association – Sanctioned
Jackpot, Horse Shoe Tournament
7:00 – 11:00 pm – Eriksdale Recreation Centre
Old Time Dance – **“The Country Pride Band”**, 50/50 draw
and lunch served.

SATURDAY

8:30-9:30 am – Free Pancake Breakfast @ Eriksdale
Recreation Centre (Sponsored by the RM of West Interlake &
Prepared by Eriksdale Fire Dept. Members)
10:00 am – 2:00 pm – Market Garden – under the Pavilion
in Railway Ave. Memorial Park
11:00 am – Parade Starts – **“Family Home Coming”**
Theme – Blue & White
12:00 pm- 3:00 pm – Creamery Museum Grounds
Opening Remarks and Guest Speakers
BBQ – Eaglets Daycare Co-op Inc. Fundraiser
Entertainment – The Third Chins, Loa & Iris Thorkelson, Al Wiebe

& Cara Westfall (subject to change)
Kids Zone - Bouncing Inflatables, face painting & more
In the Museum – home living section exhibits, museum
displays, silent auction, ice cream & more (please sign our
Museum guest book)
3:00 pm – McEwen Park Rodeo Grounds
Tractor Pull (Weigh in 12-2:30 pm at the grounds)
Kid's Activities – bouncing inflatables, kiddie train & more
Canteen (supper specials) and Beer Gardens Open
5:00 pm – Heartland Rodeo with local competitors
Mutton Busting – at intermission
Following Rodeo – Live Band - “Past the Perimeter”

SUNDAY

12:00 noon – McEwen Park Rodeo Grounds
Tractor Pull, Canteen and Beer Gardens Open
1:30 pm – Kid's Activities – bouncing inflatables, kiddie train,
& more
2:00 pm – Heartland Rodeo Finals with local competitors
Mutton Busting – at intermission
3:00 pm – 50/50 Draw - Maximum payout \$1,000.00.
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Lundar Chicken Chef now under new management

By Jeff Ward

Lundar's Chicken Chef and Esso Gas Station are under new management and recently held their grand reopening to a big crowd following many renovations.

Owners Carl Pottinger, Brent Arnold Sr., Reanne Casey and Leslie Arnold took over the Highway 6 location from previous owner, Shoumei Xu on July 1. Many upgrades have been completed including LCD menu boards, exterior and interior painting, new carpet and lighting and improvements in the bathrooms. Pottinger, who also owns the Ashern and Stonewall Chicken Chef, said that Xu approached him earlier this year with the offer to purchase and it happened to be at a perfect time.

"My family was in the restaurant at the time and I asked them if they wanted to be involved and they said yes with no hesitation," said Pottinger.

"It worked out really nicely for all of us and they're really excited about this opportunity."

Pottinger joked that it's a good thing he has such a large family as running three locations would be impossible on his own. Having the Arnold's run the Lundar location and other family members, like his brother-in-law Tim Mulvena, run the Ashern location while he runs Stonewall makes things easier.

The upgrades at the Lundar restaurant have been met with good feedback and Pottinger said that people are coming in and saying that it feels like it's brand new inside.

"IT WORKED OUT REALLY NICELY FOR ALL OF US AND THEY'RE REALLY EXCITED ABOUT THIS OPPORTUNITY."

"I remember the first day they walked in, people were saying 'How long did you guys clean for?' I think we've really improved on the place for sure and I know that the team really appreciates that feedback."



EXPRESS PHOTO SUBMITTED BY CARL POTTINGER
Brent Leslie Arnold, Reanne Casey, Carl Pottinger, Brent Arnold celebrate the grand reopening of the Lundar Chicken Chef.

Pottinger said the grand reopening, which took place Aug. 4 did have an unfortunate set back with a nearby lighting strike the day before knock-

ing out power to the gas pumps. But people still came by, enjoyed some food and set the tone for new ownership.

> QUILTERS, FROM PG. 10

mixed and matched colours and patterns in a myriad of ways and threw in some raw-edge appliqué and laborious hand-stitching.

"This is a labour of love," said quilter and club member Heather Dankochik from Gimli. "Some quilts can take hours just to sew all these little pieces

together. And you have prepare the material — wash it, dry it iron it, cut it to size and build it into the three-layer quilt that it is."

Dankochik said she gives her quilts

to family members or gifts them to parents with newborns.

Sandra Lobban from Ponemah displayed beautiful baby quilts that she'll be donating to charity, according to her husband Dave, who attended the show.

"She makes a lot of quilts that go straight to the charity called Thelma Wynn," he said. "Wynn was in the Interlake during the war (Second World) and she collected layettes [clothing for newborns] for young mothers who had nothing. Even though it's been over 70 years since the war, this still continues."

Quilters from Matlock, Winnipeg Beach and Gimli collect items for babies and young mothers, he said, which are boxed up and taken to Winnipeg to Wynn charity.

In addition to bed quilts, the artists also made quilted table runners, placemats, table cloths, footstools (Janice Skene from Arborg) and a Phantom of the Opera carryall (Bonnie Dykes from Winnipeg Beach).

Karen Lamb made a quilt with large-scale colourful tulips that will be raffled off to help raise money for the upcoming Parkinson SuperWalk on Sept. 7 in Gimli.

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Teulon tractor pull rolls into another year

By Caitlyn Gowriluk

The upcoming Teulon tractor pull event on Aug. 18 and 19 is set to see up to 50 tractors competing, said organizer Bert Campbell.

While some of these vehicles have already been committed to coming — antique tractors, modified diesel pickups and tractors, multi-engine tractors, super stock tractors and more — there are still always some last-minute surprises, said Campbell.

“Usually, there’s something different [that] shows up,” he said. “You never know what you’re gonna get for sure.”

For anyone unfamiliar with tractor pulling, Campbell has a simple explanation.

“It’s sort of like drag racing — only 300 feet at a time,” said Campbell. “These guys have these tractors with big power, and whoever can pull the weight the furthest is the winner.”

Tractors and trucks at the event have weights attached to them based on what class they’re in — “so a big tractor doesn’t pull the same weight as an antique tractor,” said Campbell — which they then pull in a race.

Over four decades after its inception, the Teulon tractor pull continues to draw large crowds — they’re expecting anywhere between 2,500 and 3,000 people in attendance over the two days — including tractor pullers from all over North America, said Campbell. This year, about two thirds of the pullers are from the U.S.

“I think they love the power, and the noise, and the speed. It’s not, like, fast, but it’s fast for what’s going on,” said Campbell. “And it’s not that common anymore. There used to be a lot of tractor pulls around, and now there aren’t that many ... Ours was the only one in Manitoba for quite a few years.”

This year’s annual Teulon tractor pull starts at 3 p.m. on Saturday, Aug. 18 and at 2 p.m. on Sunday, Aug. 19 at the Teulon-Rockwood Green Acres Park.



EXPRESS FILE PHOTO

The 44th annual Teulon Tractor Pull is set to take place this weekend.



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Saturday, August 25 & Sunday, August 26
at Teulon Rodeo Grounds at Teulon-Rockwood Green Acres Park

Pancake Breakfast
8 a.m. both days

Barley Gardens
Sat Noon - 11 pm
Sun Noon - 8 pm

Heartland Rodeo
2 pm Both Days
Thoroughbred Racing
Goat Dressing
Sat. noon - 1:00 pm

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Check our website teulonrodeo.com & facebook page for schedule & more information.

Parkinson SuperWalk returns to Gimli with new date

The 13th annual Parkinson SuperWalk planned for Sunday, Sept. 9

By Melissa McIvor

The 13th annual Parkinson SuperWalk is returning to Gimli this September in support of the same great cause, but with a new, conflict-free date.

For a number of years, the popular walk has rubbed shoulders with the local Terry Fox Run, both of which were scheduled for the same day.

"We always had ours in the morning and theirs was in the afternoon but we got a lot of complaints," explained Karen Lamb, one of the three Gimli Parkinson SuperWalk co-chairs.

"Some people like to do both and it's just too much to do both on the same day. I don't know how it ended up that way, but we finally got ours changed this year."

Parkinson SuperWalk participants will hit the pavement on Sunday, Sept. 9, and the Terry Fox Run will follow on Sept. 16.

Parkinson SuperWalk was launched in 1990 and is the only nationwide fundraising walk in support of Canadians living with Parkinson's. The first walk in Gimli was in 2005, with similar events in Brandon, Morden and

Winnipeg.

The Gimli Superwalk kicks off at 9 a.m. with walker registration at the Waterfront Centre and light breakfast and refreshments. Everyone is welcome to participate.

"It's very relaxed," said Lamb. "Lots of people bring their dogs and their kids in strollers."

After a small opening ceremony and warm-up, the walkers hit the road at 10 a.m. to complete either a one kilometre- or 2.5-kilometre circuit.

"Neither one of them are very extensive," Lamb said. "It's a very nice and leisurely walk."

Regardless of the length of the walk, the funds raised for Parkinson Canada is what really goes the distance.

"You can come and just walk but people will also have a pledge sheet," explained Lamb, whose own mother lived with Parkinson's disease for many years. Lamb added that pledges are flat rates, rather than dependant on distance walked, and that donations can be made online in support of a specific walker, a team, a community walk, or as a general donation.

Continued on page 16



EXPRESS PHOTO SUBMITTED

Karen Lamb has made a queen-sized quilt with tulips, the Parkinson's flower, and is selling tickets as a fundraiser for the upcoming SuperWalk.

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Municipalities to monitor costs of cannabis legalization

By Patricia Barrett

The Association of Manitoba Municipalities has asked municipalities to track the costs associated with the legalization of cannabis, which will take effect in October, so that it can try to recover those costs from the province.

In January, the AMM said it expected “significant increases to policing” and other costs associated with legalization. In an Aug. 2 advisory, the association said it discussed the issue of pot tax revenue sharing with provincial ministers Cameron Friesen (health) and Jeff Wharton (municipal relations), and was advised to track the costs as those discussions “evolve.”

The AMM made it clear that costs stemming from cannabis legalization “must not be downloaded” onto municipalities.

“The provincial government hasn’t come back to us and said we’re going to reimburse you for those costs,” said Gimli Mayor Randy Woroniuk during council’s regular meeting Aug. 8. “Our concern is that we’re going to get saddled with that.”

The mayor said the AMM has cited costs in the range of \$10 million, which includes RCMP training and enforcement. The device for detecting marijuana impairment, for instance, costs about \$3,000, and it’s unknown whether the service will pass on that cost to municipalities.

“We’re paying a portion of the RCMP costs,” said Woroniuk, “and we have to make sure we’re tracking these numbers so that we can go back to the province and say, ‘We’re not going back to our citizens to pay for this.’”

Last year the mayor said the RM paid \$400,000 for three RCMP officers and that the province doesn’t contribute to that cost.

The AMM sent municipalities a

Cannabis Cost-Tracker Tool, which breaks down legalization and regulation of recreational marijuana into major categories.

Cost may be incurred at the municipal administrative, planning and zoning level, municipal enforcement and fire and emergency services. First responders may have to upgrade their training and acquire new equipment. An increase in the numbers of investigations for code and safety standards may also arise.

RM staff may have to spend time updating bylaws, policies and procedures, creating business licensing requirements, holding public engagement and education sessions and answering public inquiries.

Other possible costs may be incurred through advertising (i.e., publicizing public hearings in local newspapers), legal services, policy research, consultant fees and training for RM staff on cannabis in the workplace. RMs may also have to conduct workplace testing of employees who hold “safety-sensitive” positions.

Costs associated with rules around consumption in municipally owned affordable housing, demands for family and community support services for addictions and waste management (disposal of refuse from cannabis cultivation) have also been identified.

Council said there was never any intent to ban retail pot sales in the RM of Gimli despite confusion on local social media sites and insinuations to the contrary.

“We never said we were going to ban it,” said Woroniuk. “What we said [last year] is that we needed more information.”

Councillors Danny Luprypa and Thora Palson both emphasized that council had no objection to a retail outlet in the community, and that



EXPRESS FILE PHOTO

AMM has asked municipalities to track the costs associated with the legalization of cannabis, which will take effect in October.

they wanted to hold off on making a decision about whether to permit retail stores — a decision for which the province made RMs responsible last year — pending further information on how legalization would roll out.

“We’d been misquoted in various papers in the past and criticized for that and it’s unwarranted,” said Luprypa. “Why would we object? It’s going to be legalized.”

Current rules around alcohol consumption in public spaces will apply to recreational cannabis. In other words, people won’t be able to smoke pot on Gimli Beach or wander down Centre Street with a spliff in hand.

CAO Joann Murphy said the province recently offered municipalities another option regarding retail out-

lets. Their location will be based on a “social responsibility” model currently used to establish liquor stores.

“They take into consideration proximity to homes, daycares, schools and they have this checklist,” said Murphy. “It’s already proven to be a successful model. So the option is for us to do that as a community, or we could have changes made within our own zoning bylaw. It doesn’t make sense to reinvent the wheel.”

Last month the province stated its goal within two years of legalization was to have 90 per cent of Manitobans able to access legal cannabis within a 30-minute drive in order to help eliminate the black market.

Recreational marijuana will become legal Oct. 17.

> SUPERWALK, FROM PG. 14

More than 100,000 Canadians have Parkinson’s disease and that number is expected to double by 2031 as the baby boomer population ages. The funds collected during SuperWalks like the one in Gimli are instrumental in supporting Parkinson’s disease research, education, support services and advocacy.

“This community is amazing. The walk here has raised as much as \$30,000 in past years. It’s a lot of money for a small community. People are very generous,” said Lamb.

“It’s worth noting that Parkinson Canada spends \$0.91 of every dollar

donated on programming. An important recipient of these funds is the Interlake support group, which meets monthly except for the summer at the Betel Home in Gimli. Persons living with PD, caregivers and anyone interested in learning more about PD are welcome at the meetings.”

A silent auction and raffle following the Gimli SuperWalk also helps the community raise valuable funds.

“When we get back after the walk, we have a large silent auction that the Stratton family has organized for years,” Lamb said.

“Last year, between the walk, the

raffle and the silent auction we raised around \$26,000.”

Lamb has taken an extra step to contribute to these numbers for the last few years by creating a quilt for the raffle.

“This will be the fifth year I’ve done a queen-sized quilt and I especially like this year’s because it has tulips on it, which is the Parkinson’s flower,” she said.

“It’s a hobby that I got that from my mom. She was a very fine quilter and eventually she wasn’t able to do it anymore with her Parkinson’s so she gave me all her stuff. I started when I

retired in 2005.”

In addition to the Parkinson SuperWalk, Lamb has also provided quilts in support of the Point Douglas Women’s Centre, Project Linus and Nova House.

Tickets can be purchased from Lamb by calling 204-612-2440 or before the walk and for a few minutes after. The draw will take place following the walk at approximately 11:30 a.m.

For more information on the Parkinson SuperWalk in Gimli, or to make a donation, visit www.parkinsonsuperwalk.ca.

Peguis First Nation breaks ground on strip mall in Selkirk

By Lindsey Enns

Peguis First Nation has broken ground on a new pain management clinic, pharmacy and gas bar on a piece of their land located in Selkirk.

Peguis First Nation members and local dignitaries gathered at 620 Manitoba Ave., near the corner of Easton Drive and Manitoba Avenue, where the new strip mall is being built last Wednesday morning for the project's ground breaking ceremony.

"We're establishing a footprint but more importantly overall we're repatriating our lands here within the Selkirk area," Peguis First Nation Chief Glenn Hudson said. "This is something that a lot of our people in this area had aspired to in terms of wanting to see ... not only for development like we're doing today but re-establishing our homes."

Hudson said the First Nations partnership with Selkirk dates back 200 years.

"I'm glad this day has come," he added. "We're growing. Our population is growing and certainly the opportunities surround us are growing."

Selkirk Mayor Larry Johannson said this is the first of many projects the city and Peguis First Nation will be working on together.

"This is a prime piece of realty. This is one of the best spots on Manitoba



ARTIST RENDER COURTESY OF AYSHKUM ENGINEERING INC.

An artist rendering shows the strip mall Peguis First Nation is building on a piece of their land located at 620 Manitoba Ave. in Selkirk.

Avenue," Johannson said. "I'm really happy to see this develop and get this underway."

Allan Park, president and CEO of Chief Peguis Investment Corp., said the strip mall will house a pain management clinic run by The Clinic Network, a pharmacy, retail space and a gas bar.

"It's all about bringing additional services to the City of Selkirk," Park said. "We're capitalizing on the opportunity to bring these services to the City of Selkirk."

The strip mall, which will be owned and managed by Peguis First Nation, is expected to start opening in late fall of this year. Park said the strip mall could bring 20 to 30 new jobs to Sel-



EXPRESS PHOTO BY LINDSEY ENNS

Selkirk Mayor Larry Johannson, second from left, Peguis First Nation Chief Glenn Hudson, third from left, and Selkirk-Interlake-Eastman MP James Bezan, third from right, get their shovels dirty during the ground breaking ceremony for the First Nations new strip mall in Selkirk last Wednesday.

Fisher Branch PCH to hold Spirit of Caring course this fall

By Jeff Ward

A new nine-week course designed to train people in the ways of attending to spiritual distress is coming to Fisher Branch this fall through the Interlake-Eastern Regional Health Authority.

The course is open to anyone in the region who wishes to take part and will be held at the Fisher Branch Personal Care Home. Volunteers will be guided through scenarios that deal with spiritual stress and how to help someone through that through nine 2.5-hour weekly sessions. Topics like understanding suffering and compassion, dying and death, trauma and crisis, communication, prayer, meditation and rituals. The course will run every Tuesday starting Sept. 11.

"Spirituality contributes to health in many ways," said Marion Magnusson, regional spiritual health services co-ordinator for the IERHA.

"In the midst of a health crisis, patients may need to regain their spiritual focus, and reconnect with their beliefs. Spiritual care offers holistic healing in helping patients find their peace."

Learning to care for people with understanding and compassion is the essence of the Spirit of Caring course.

Magnusson explained that the need for this type of care will always be great and that "no matter how much one gives; more spiritual health care is needed."

The course is offered at no cost for those who are interested in becoming a spiritual health services volunteer. The deadline for registration is Aug. 31 and those who are interested in learning more or signing up are encouraged to call Marion Magnusson at 204-785-7072 or via email at mmagnusson@ierha.ca.

kirk. The strip mall and gas bar will be open to Peguis First Nation members as well as non-members, he added.

Selkirk-Interlake-Eastman MP James Bezan said this project is an example of how Peguis First Nation is ensuring its membership is being looked after across the province.

"I know that this investment will make a huge difference, not just to your membership here but to your entire community and it's going to make a huge difference to the people in Selkirk and area," Bezan said during last week's ground-breaking.

"This location is going to be well used."

Peguis First Nation also broke

ground on a new \$30-million, 14,125-square-foot urban reserve in Winnipeg last Wednesday, which is slated to open by the end of the year at 1075 Portage Ave.

The first phase of the project is expected to be completed by December. That building is then expected to house a recreational cannabis store, a location of The Feast restaurant, a pain management clinic run by The Clinic Network as well as a pharmacy.

On June 21, GrowForce Holdings and Peguis First Nation announced that they are teaming up to build a cannabis production facility in the Selkirk area.

They expect to hire 75 to 150 people in the Selkirk region and construction is slated to begin in early 2019.

"WE'RE GROWING. OUR POPULATION IS GROWING AND CERTAINLY THE OPPORTUNITIES SURROUND US ARE GROWING."

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Manitoba places fourth at 21U Women's Invitational baseball tournament



Arborg's Jamie Johnson earned the win with four innings of work on the mound stunning Quebec 6-3.



Arborg's Laura Kilbrei in the batter's box.



EXPRESS PHOTOS BY LANA MEIER

By Brian Bowman

Team Manitoba finished fourth at the five-team 21U Women's Invitational baseball tournament in Stonewall last weekend.

Manitoba was defeated 14-4 by Nova Scotia in the bronze-medal game.

Nova Scotia scored early and often, opening up a 9-2 lead after three innings. They then closed out the game with a run in the fourth and then added four more in the fifth in the five-inning game.

Arborg's Jamie Johnson scored a run while Garson's Brittney Langlais had a base hit.

Manitoba was relegated to the bronze-medal game after a tough 5-4 semifinal loss to Ontario on Saturday evening.

Lindsay Wilcox drilled a base hit to centre in the bottom of the seventh to score Elizabeth Plamondon to give Ontario the walk-off win.

Ontario had taken a 4-2 lead in the sixth but Manitoba fought back with two in the seventh to tie the score.

Johnson and Caitlin Wilkinson each had hits and an RBI for Manitoba.

Manitoba started play last Thursday morning with a 13-1 loss to Ontario.

Ontario, the defending tournament champs, struck for five runs in the first inning and didn't look back.

Miya Waldron led Ontario's nine-hit attack with a 2-for-4 game at the plate and two RBI while pitchers Tess Forman and Lochlahn March limited Manitoba to just four hits.

Ontario put across four runs in the fifth and blanked Manitoba in the bottom of the inning to end the game via the mercy rule.

Johnson had a hit and scored Manitoba's lone run.

Later that evening, Manitoba rebounded very nicely to hammer Saskatchewan 15-2.

Manitoba scored seven runs in the first inning, highlighted by a Zoe Hicks' inside-the-park grand slam and received a solid pitching performance from Langlais.

Langlais struck out five over three and two-thirds innings of work.

Manitoba had 19 hits, including four from Wilkinson while Hicks contributed a pair of doubles.

Johnson belted out three hits and scored three runs while Teulon's Jade Ledochowski had two hits, scored twice, and added an RBI.

Manitoba then made it two wins in a row as Hicks banged a double and triple and had an RBI while Wilkinson drove in two as they stunned Quebec 6-3.

Johnson earned the win with four innings of work on the mound while Katelyn Heppner recorded a three-inning save.

Manitoba saw its record dip to 2-2, though, with a 4-3 loss to Nova Scotia on Saturday afternoon to end its round robin in third place.

Nova Scotia scored the game-winning run in the bottom of the seventh inning.

Jade Ledochowski had a hit and an RBI while her sister, Jacey, earned a pair of walks.

Stonewall's Megan Humeniuk and Johnson each scored a run while Langlais had a hit.

Quebec won the gold medal with a 9-1 win over Ontario

Team Manitoba honoured Patti Hacault, back row middle, for her years of dedication to women's baseball. Pictured back row, left to right: Olivia Sheldon (Ste. Rose), Katie Heppner (Winkler), Amber Baker (Strathclair), Mikayla Nordman (Winnipeg), Lauren Bray (Eddystone), Patti Hacault (Bruxelles), Zoe Hicks (Boissevain), Megan Humeniuk (Stonewall), Caitlin Wilkinson (Eddystone), Jade Ledochowski (Teulon); front row, Sarah Moir (Winnipeg), Brittney Langlais (Garson), Jacey Ledochowski (Teulon), Jamie Johnson (Arborg), Laura Kilbrei (Arborg) and Caitlin Culleton (Vassar).



Barry Thorvaldson, left, and Brenton Thorvaldson played *O Canada* for the opening ceremonies.

Sunday afternoon. It was their second tournament win in the past three years.

During the opening ceremony Friday evening, Brenton and Barry Thorvaldson played *O Canada* on the fiddle and guitar while a number of special guests brought greetings on behalf of the town, the

baseball community and the umpires.

The organizing committee also honoured Patti Hacault for her years of commitment to women's baseball. The first U16 national that Hacault organized was in 2012 in Bedford, N.S.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Interlake Impact slides past Portage Cobras

Staff

The Interlake Impact wasn't going to allow the Portage Cobras to earn their first victory of the season against them last Saturday.

Interlake defeated the winless Cobras 2-1 as Eric Plett and Nathan Friesen scored for the winners.

With the victory, Interlake improved its record to 8-2-1 and the Impact now has 25 points on the season.

That win vaults the Impact into sole possession of second place in the Manitoba Major Soccer League's Fifth

Division.

Interlake is only three points behind first-place Jedinstvo FC (9-1-1) and one point ahead of Sporting Club Mosaic (8-2) heading into this week's games.

The Impact and Sporting Club Mosaic will play a pivotal game this Saturday at 2 p.m. at Buhler Recreation Park.

After Saturday's contest, Interlake will be busy at the end of this month with three games in nine days.



EXPRESS FILE PHOTO BY LANA MEIER

The Impact's Nathan Friesen, left, scored the game-winning goal against the winless Cobras last Saturday.

Interlake minor hockey to offer free official's clinic

By Brian Bowman

As we approach mid-August, baseball and soccer leagues have already come to a close.

So, it's time to start thinking about hockey despite the recent scorching temperatures.

The Interlake official's committee has invited individuals to try officiating free of charge at a clinic next month.

"What we wanted to offer was an opportunity for players, or anyone for that fact, (to try officiating)," said Interlake Minor Hockey Association president Darren Bond. "The beautiful thing about this is that we are able to offer this without any cost or promise of commitment."

Interlake, as a whole, has experi-

enced a decline in official numbers in recent years, leaving them in a precarious position to ensure that minor hockey games are adequately staffed throughout the season.

"We are always scrambling," Bond said. "And it's not something that is solely (a problem) in the Interlake, it's all throughout Manitoba."

Hockey Manitoba, in conjunction with Interlake minor hockey, will offer the Interlake Officials Program — a one-day certification clinic.

Individuals will have discussions regarding rules and participate in an on-ice session in the span of 5.5 hours.

Participants will leave the clinic as a fully certified official capable of working games in their area, and possibly, throughout the region.

Individuals that complete the clinic will earn Level 1 and 2 in officiating hockey.

Typically new officials participate in nine hours of instruction at a cost of \$125.

The Interlake region offers competitive pay rates per game (Novice paying \$20-\$25 per game and Bantam paying up to \$40 per game).

"They not only are able to make some money, but they also feel like part of a team," Bond said. "Our refing crews are a team and when they work a game they are essentially a third team on the ice."

The opportunities as an official are endless. Currently, there are Interlake grown officials working Bantam "AAA" hockey league games and

Western Hockey League and Canada West hockey. Interlake has also graduated officials into the American Hockey League and National Hockey League.

"All you need is an opportunity," Bond stressed. "And we definitely have an opportunity for refs. They get to sign up for free and get to practice their craft. If this is something that someone is interested in, show up and see what happens."

The officials' clinic will take place at the Gimli Recreation Centre on Sept. 23 from 10 a.m. to 3:30 p.m.

A free lunch will be provided. Individuals, though, need to bring skates and a helmet. Individuals are asked to register at interlakeminorhockey.ca in the register online section.

Manitoba Junior Hockey League preseason schedule released

Staff

Preseason action in the Manitoba Junior Hockey League kicks off Sept. 3 with the Swan Valley Stampeders taking on the Dauphin Kings.

The preseason season wraps up on Sept. 18.

The Selkirk Steelers will start their exhibition schedule Sept. 7 (7 p.m.) when they battle the Winnipeg Blues at the MTS Iceplex.

Selkirk will host Winnipeg the next night (7:30 p.m.) at the Rec Complex before visiting Steinbach on Sept. 14 (7:30 p.m.).

The Steelers will host the Pistons on Sept. 15 (7:30 p.m.) before wrapping up the preseason Sept. 18 (7:30 p.m.) against the Blues.

"The pre-season is an exciting time for players trying to make an impression on their respective coaches,"

MJHL commissioner Kim Davis said in a media release. "The preseason is the first step into junior A hockey.

"Teams are carefully evaluating their talent, both long-term prospects and those players who could potentially be in the line-up for opening night.

"Preseason is also a good opportunity for fans to see the stars of the future."

The complete preseason schedule

can be viewed on the MJHL website.

The MJHL regular season begins Sept. 21. The defending MJHL champion Steinbach Pistons will open their regular season that night at home against the Waywayseecappo Wolverines.

The Steelers' regular season begins Sept. 22 when they host the Pistons at 7:30 p.m.

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RURAL MUNICIPALITY OF

West Interlake

PUBLIC NOTICE MUNICIPAL ELECTION

Please be reminded that a general municipal election will be held on October 24, 2018.

VOTER ELIGIBILITY

A person is eligible to have his or her name added to the Voters List if he or she is:
1) A Canadian citizen and at least 18 years of age on election day; and
2) A resident of the local authority for at least six months prior to Election Day, OR a registered owner of land in the municipality for at least six months prior to Election Day.

ADDITIONS TO THE VOTERS

Any person who is eligible to vote in municipal elections in the Local Authority RM of West Interlake can still have his or her name added to the Voters List, or have any information about the voter on the Voters List corrected. Please call or visit your local RM office, or call the SEO at 204-941-0156 to ensure your name is on the voters list.

PERSONAL SECURITY PROTECTION

Any person can request to have his or her name and address obscured from the Voters List.

A person whose name has been obscured will receive a Personal Security Certificate and identification number. That person may only vote by Sealed Envelope Ballot and cannot vote in person at the regular or advance voting places.

To implement the above, a written request must be submitted to the Senior Election Official, in person, by e-mail, fax or mail to: RM of West Interlake, Box 370, #38 Main Street, Ashern MB R0C 0E0 (Ashern office) OR Box 10, #10 Main Street Eriksdale, MB R0C 0W0 (Eriksdale office). Phone 204-941-0156 Fax 204-768-2301 email: rmofwestinterlake.com.

ADDITIONS TO THE VOTERS

Prospective municipal election candidates must register with the Senior Election Official (SEO) during the registration period before they may begin to accept contributions, incur expenses, fundraise or borrow money for their campaign.

NOTICE IS HEREBY GIVEN that I am receiving candidate registrations for the office of head of council and for the office of councillor, up until September 18, 2018. To obtain a registration form contact the SEO at 204-941-0156.

VOTING AS A NON-RESIDENT VOTER

For the municipal elections only, non-resident land-owners are eligible to vote in an election. In order to be eligible, the person must be:

- A Canadian citizen;
 - At least 18 years of age on Election Day;
 - A registered owner of land in the municipality for at least six months on Election Day
- A maximum of two non-resident property owners, per property, are permitted to vote in a municipal election. In order to vote, each of these voters must obtain written consent from a majority of the registered land-owners, and file this with the senior election official. Consent forms can be obtained from the senior election official, and must be presented at the time of voting.

When voting, you may also be required to provide proof of ownership (property title, assessment notice or tax bill) to the voting official. Ensure you bring proof of ownership with you when voting.

NON-RESIDENT VOTERS QUALIFIED IN MORE THAN ONE WARD

In accordance with Section 25(2) of The Municipal Councils and School Board Elections Act, any non-resident voter who owns property in more than one ward is responsible to notify the SEO in writing, not later than August 27th, 2018, of the ward in which they desire to vote. Failing the foregoing, the voters name will be placed on the list as the SEO may select.

NOTICE OF NOMINATIONS

NOTICE IS HEREBY GIVEN that on the following days:
September 12th, 13th and 14th at the Eriksdale office, #10 Main Street, Eriksdale MB and September 17th and 18th at the Ashern office, #38 Main Street, Ashern, MB between the hours of 9:00 am and 4:00 pm, I will receive nominations for the offices of reeve and council of the aforesaid Local Authority.

The nomination deadline is September 18th, at 4:00 pm. Nominations cannot be accepted after this day.

All nominations shall be made in writing and shall be signed by at least twenty-five voters, or NOT less than 1% of the voters (whichever is lesser) of the authority or ward (as the case may be), but in all cases by at least two voters. Each nomination shall also be accompanied by the candidate's declaration of qualification.

Nominations may be filed in person at the above locations, on the date and hours specified, by an agent, or by fax. Nomination papers not accompanied by the required documents and not properly filed shall be rejected.

Myrna Little
SEO for the RM of West Interlake
204-941-0156 • Email: tanbeca@mts.net

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jason.carpenter@homehardware.ca,
or fax to 204-768-2629.



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Kirk @ 204-768-0019 (cell)

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Email: icca@mymts.net

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RURAL MUNICIPALITY OF GIMLI

INVITATION TO TENDER FUEL FOR MUNICIPAL EQUIPMENT

CLOSE DATE: THURSDAY SEPTEMBER 6, 2018, at NOON

The Rural Municipality of Gimli is accepting tenders for the following:

Tenders will be received by the Council of the RM of Gimli for the supply of fuel for the period of October 1, 2018 to September 30, 2019, for municipal equipment.

- The Tenders are for
- 1) Approximately 30,000 litres of gasoline at pumps (Card lock System).
 - 2) Approximately 40,000 litres of clear diesel fuel at pumps (Card lock System).
 - 3) To be delivered to the Public Works Yard in the Industrial Park.

Tenders are to be priced with all applicable taxes and discounts shown separately. All applicable per litre discounts must be available for redemption by the Municipality at the pump. Additional discounts or rebates if available should be identified separately as a percentage of total sales. The Municipality reserves the right to award tenders separately by products as shown above.

Tenders should be marked "Tenders for Fuel" and will be received by the undersigned until Noon, SEPTEMBER 6, 2018, at 62 - 2nd Avenue, Box 1246, Gimli, Manitoba, R0C 1B0. Late submissions will not be accepted.

Submit to:
Rural Municipality of Gimli
62 - 2nd Avenue, PO Box 1246
Gimli, MB R0C 1B0
Attn: Kelly Cosgrove, ACAO

Questions or concerns in respect to the tender can be directed to:

Darcy Hjelmeland
Manager of Public Works
Phone: (204) 642-6688
Email: publicworks@rmgimli.com

The RM of Gimli reserves the right to reject any or all bids, to waive irregularities and informalities therein, and to award the tender in the best interest of the RM of Gimli in its sole discretion

Don't forget to send your special wishes to your friends and family.



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**RURAL MUNICIPALITY OF GIMLI
NOTICE TO
PROPERTY
OWNERS**
in the Gimli town site, South Beach, & Loni Beach

TAKE NOTICE THAT starting September 7, 2018 all elm trees in these areas on both public and private property will be treated by basal spraying to assist in the prevention of the spread of Dutch Elm Disease.

Any residents not requiring treatment of their trees are to advise the Public Works Department before August 31, 2018 at 9:00 am (204) 642-6688.

Dated at Gimli this 9th day of August, 2018.

Joann Murphy
Chief Administrative Officer
Rural Municipality of Gimli

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ATTENDANT &
MAINTENANCE POSITION**

The Arborg Bifrost Parks and Recreation Commission exists to foster and promote quality recreational facilities and programs for the Town of Arborg and RM of Bifrost/Riverton. The Recreation Commission is requesting applications to fill an attendant/maintenance position primarily at the Arborg and District Arena with a requirement to perform maintenance at other facilities as required.

Length of Employment: September 25, 2018 – March 31, 2019.

Interested candidates can contact Tom Chwaliboga at the Recreation Office for more information or a detailed job description.

Arborg Bifrost Parks and Recreation Commission
Box 555, Arborg, MB R0C 0A0
Attention: Chet Wyka or Email to: tom.abprc@mymts.net

McSherry Auction Service Ltd
**AUCTION SALE
HANS DIETER &
RITA BLUHM**
Saturday Aug 18th, 2018 @ 10:00 am

Beausejour, MB East 9 Miles on Hwy 44 Then North 4 Miles on Hwy 214 #1115
Contact # (204) 268-2135
Email: mcsherry@mymts.net

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MARC & NICOLE BILODEAU**
Sat Aug 25th 10:00 am

Sperling, MB
29 New Street
Internet Bidding Available:
www.LiveAuctionWorld.com
Contact # (204) 626-3462

Cars * 1970 AMC Javelin 2 D Hardtop Coupe * 64 Ford Galaxie 2 D Convertible * 69 MG GT * 69 Olds 442 2 D * Along w Auto Parts * Tools * Antiques * Household * Coke Cooler *
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SUDOKU

	5					3		
		3		6		2		4
								9
		9	7	1			8	
4					8	6	9	
5		4						
1	4	9						2
					5			
	2			4			1	

Level: Advanced

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku Answer

8	1	9	3	4	6	5	2	7
9	6	4	7	5	2	8	3	1
3	5	2	8	7	9	6	4	1
7	3	1	2	9	4	6	8	5
2	9	8	5	3	1	7	4	6
5	8	4	7	1	9	6	3	2
6	9	5	8	3	2	7	4	1
4	2	7	9	6	5	3	8	1
1	4	3	6	8	2	7	5	9

Crossword Answer

S	S	V	S	S	D	D	A	V	N		
I	B	B	V	R	I	E	T	N	B	E	N
L	D	L	I	A	V	A	O	V	B	I	V
B	A	B	E	R	S	A	B	A	R	E	R
N	E	O	N	A	V	A	T	E	R	G	E
S	E	R	I	D	E	R	I	D	E	S	S
K	S	F	I	K	S	R	E	E	P	S	
E	T	I	S	V	T	S	V	T	M		
S	V	O	I	R	E	M	V				
S	N	V	F	T	S	P	S	R	V	V	W
B	A	R	V	I	T	V	I	W	E	T	E
I	L	V	M	N	U	R	W	O	D	V	R
M	A	R	U	C	E	S	I	D	A		

X CROSSWORD

CLUES ACROSS

- Sacred bull (Egyptian myth.)
- One-time European money
- Disfigure
- Polish city
- Move quickly on foot
- Landlocked West African country
- Used in aromatherapy
- The greatest of all time
- Type of horse
- Volcanic craters
- Type of graph (abbr.)
- Supporters
- North and South are two
- Spread
- Adjusted
- Vietnamese offensive
- Nazi architect
- Nigerian peoples
- When you hope to get there
- Ridicules
- Allied Powers vs. Central Powers
- Produce
- Ancient kingdom near Dead Sea
- Hebrew unit of liquid capacity
- Type of sword
- "Sin City" actress
- Female reproductive cells
- Afflicted
- One point north of northeast
- Garland
- Spiritual leader
- Negative
- Tooth caregiver
- Cheek

CLUES DOWN

- Form of "to be"
- A hand has one
- Thought

1	2	3	4		5	6	7		8	9	10		
11				12		13			14				
15						16			17				
	18				19	20			21				
					22	23			24				
25	26	27	28	29									
30								31					
32									33	34	35	36	37
					38	39	40	41	42				
					43			44					
	45	46											
47	48				49				50	51	52	53	54
55					56					57			58
59					60					61			
62					63							64	

- Physical body
- Removes
- One who perpetrates wrongdoing
- Make one
- Kate and Rooney are two
- ___ Ladd, "Shane" actor
- Makes fun of
- Space station
- Gene
- Afflicted
- One point north of northeast
- Garland
- Spiritual leader
- Negative
- Tooth caregiver
- Cheek
- Form of "to be"
- A hand has one
- Thought
- What engaged couples will say
- Barbie's friend
- Midway between south and southeast
- A position from which progress can be made
- Showed up
- Insecticide
- Type of milk
- Verandas
- Annoyingly talkative
- Abba ___, Israeli politician
- "Heat" director
- Plant genus
- Swiss river
- Prejudice
- Actor Idris
- Freedom fighters (slang)
- Criticize



**TOWN OF ARBORG
PUBLIC NOTICE -
DUTCH ELM DISEASE MANAGEMENT**

Public notice is hereby given that the Town of Arborg intends to conduct a Pesticide Control Program to control Elm Bark Beetles by spraying the bottom one-half meter of all American Elm trees within the boundaries of the Town of Arborg with an insecticide containing "*Chlorpyrifos*".

The projected dates of application will be between August 27th and August 31st, 2018. All product and procedures will be in accordance with regulations set out by Manitoba Conservation.

Should anyone not want their Elm trees sprayed, or require further information, please call the Town Office at 204-376-2647.

Dated this 16th day of August, 2018.

Lorraine Bardarson, CMMMA
Chief Administrative Officer
Town of Arborg

Locally Grown

The Gimli Environmental Advisory Committee (GEAC) is holding its **5th annual Farmers' Market on Friday, August 24th from 2:30 - 5:30 pm at the RM of Gimli Multi-Purpose building, 17B N Colonization Rd.**

The Market was started to give residents another opportunity to support and promote local vendors. Items for sale include locally grown produce, baked goods, jams, jellies and other preserves. A good variety of local arts and crafts will also be for sale. Musician, Tony Ducharme, will entertain shoppers with his music.

We hope to see you there.

RURAL MUNICIPALITY OF GIMLI

PUBLIC NOTICE

**INVITATION TO TENDER
PURPLE DIESEL FUEL**

CLOSE DATE: THURSDAY, SEPTEMBER 6, 2018, at NOON

The Rural Municipality of Gimli is accepting tenders for the following:

Tenders will be received by the Council of the RM of Gimli for the supply of purple diesel fuel for the period of October 1st, 2018 to September 30th, 2019, for municipal equipment.

Approximately 90,000 litres will be required at the RM of Gimli Public Works Shop and the Arnes landfill site in the RM of Gimli.

Tenders are to be priced with all applicable taxes and discounts shown separately. All applicable per litre discounts must be available for redemption by the Municipality at point of invoice. Additional discounts or rebates if applicable should be identified separately and shown as a percentage of total sales.

Tenders should be marked "Tenders for Fuel - Purple Diesel" and will be received by the undersigned until Noon, September 6, 2018, at the Municipal Office, 62 - 2nd Ave, Gimli. Late submissions will not be accepted.

Submit to:
Rural Municipality of Gimli
62 - 2nd Avenue, PO Box 1246
Gimli, MB R0C 1B0
Attn: Kelly Cosgrove, ACAO

Questions or concerns in respect to the tender can be directed to:
Darcy Hjelmeland
Manager of Public Works
Phone: (204) 642-6688
Email: publicworks@rmgimli.com

The RM of Gimli reserves the right to reject any or all bids, to waive irregularities and informalities therein, and to award the tender in the best interest of the RM of Gimli in its sole discretion.

Classifieds

Book Your Classified Ad Today - Call 467-5836
or Email classifieds@expressweeklynews.ca



EMPLOYMENT OPPORTUNITY

**PHYSIOTHERAPY
AIDE/ADMINISTRATION
SUPPORT STAFF**

Gimli Physiotherapy Clinic is seeking two energetic part-time physiotherapy aide/administration support team members for our busy physiotherapy clinic.

Must be able to multi-task in this dual role of assisting the physiotherapist and administering front desk duties. 10 - 16 hours per week, and must be available to work both day and early evening shifts.

Submit resume with contact details to gimliphysio@mts.net or drop off at 107 -7th Avenue (Highway #9), Gimli Manitoba.

EMPLOYMENT OPPORTUNITY

Sawmill Workers required immediately.

**Must be reliable and follow directions well.
Must be a team player.**

Spruce Wood Loggers is looking for an energetic person who is physically able, punctual, promotable, trainable and can work with others. Must be at least 18 years of age have a class 5 drivers license and dependable transportation.

We are located approx. 18 miles north of Arborg.

Email resume to: swl@lakenet.ca or
call 204-378-2997 References required.

Private Sale - Grosse Isle

**Located on Highway 322 - paved road
3 BR bungalow on 2.4 acres
Large attached garage with breezeway
1.5 baths, Town sewer and water
Phone 204-467-8732**

POWERBEND TIRE & SERVICE

is looking for a full-time mechanically inclined and motivated individual to join our team.

Work includes:
Diagnose and perform general vehicle repairs & maintenance, changing oil and tires

- Applicant must have a valid drivers license
- Be able to communicate professionally with customers
- Perform duties as instructed

Work hours are Monday - Friday 8:00 am - 5:00 pm

We offer a competitive wage for the right candidate

Contact Jeff @ 204-376-2247

ANNOUNCEMENT

ANNIVERSARY

**50th Anniversary
Come & Go Tea
In honour of
Norman and Linda Dziadek
On Saturday, August 25th
From 1 - 3 p.m.
At the Komarno Community Hall
No gifts please,
just the pleasure of your company.**

**NEWS TIPS
Call 467-5836**

**McSherry Auction
Service Ltd
CONSIGNMENT
AUCTION**

Wed Aug 29th @ 4:00 PM

Stonewall, MB
#12 Patterson Drive

Vehicles * 08 Ford F250 Dsl
4x4 Ext Cab Sft * Equip * Int
756 Dsl Cab 540/1000 w FEL
6878 Hrs * Case IH 3640 Rd
Baler * MF 1440 Rd Baler *
Hesston 4600 Square Baler w
Hyd Tension * 94" Skid Steer
Dozer Blade * 3PH Rotary
Tiller * 3PH Chipper ** New
72" HD Skid Steer Grapple
Bucket * 3PH Disc * 3PH 5'
Box Scraper * Tools & Misc *
Plumbing Contractors Close
Out Tools & Materials * 1000LB
Two Post Auto Lift * New Tire
Changer * Wheel Balancer *
Plate Compactor * Tool Cabinet
* Work Bench * 2000LB ATV
Electric Winch * Hausfield Iron
Worker * Engine Crane * Metal
Lathe * Miller Welder * Spot
Welder * Drill Press * Power
Tools * Hand Tools * Shop
Supply * Water Pumps * 5500
Watt Generator * 10 Ton Digital
Floor Scale * New Buildings *
30' x 50' x 16' Canopy Shelter *
20' x 30' Canopy Shelter * 10'
x 10' Com Tent * 6' x 22' Event
Tent * 12' x 30' Livestock Shed
* Yard & Recreation * Hus- Ski
600 Snowmobile * 20 Wrought
Iron Gates * 8' x 10' Green
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Service Ltd
AUCTION SALE
NICK SAMAGALSKI**

Sunday Aug 26, 11:00 am

East Selkirk, MB
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Then 2 Miles East on RD 82N
Then South 1/8 Mile
on 32E #81121
Contact # (204) 326-0877

Construction & Vehicles * 96
HCB LoadAll 506 36 Dsl Zoom
Boom * 80 Hino Dsl 3 Ton w
20' Deck 122,000 KM * 09
Buick Century Ltd 4 D * 05
Ford F250 4x4 Ext Cab * 96
GMC Dsl 3500 Dually w Deck
& Cherry Picker * Dsl 300 Amp
Welder/10.5 KW Generator
* 4 Cyl Gas Welder * Yard &
Recreation * 90 Yamaha Moto
4 Quad * 75 Ski Doo TNT 340
* JD LA 135 Hyd R Mower *
Toro Snowblower * Roto Tiller *
Yard Trailer * Tractor & Equip *
Case VA Tractor * Vers. 103 15'
Swather * NH 852 Rd Baler *
Int 7' Mower * Farm Wagons *
Along w Farm Misc * Tools * 5
Guns * Antiques * Household *

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UPCOMING EVENTS

Dunrea Flea Market - rain or shine! Antiques, collectibles & more! Over 75 vendors. Admission \$3, 11 a.m. - 4 p.m. Sunday, September 2, 2018, Fair Grounds, Boissevain MB.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. Stonewall Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@hotmail.com



Assistant Coach Wanted

The Stonewall Jets are looking for a new assistant coach, someone who has coached at a high level, is competitive and is committed to providing coaching leadership in the development of each individual player.

Contact Dale McClintock
(204) 791-7675

McSherry Auction

12 Patterson Dr. Stonewall, MB

Estate & Moving Auction
Wed Aug 22nd 4:00 PM

Yard * Recreation * Tools * Misc * Antique * Household *

Consignment Auction
Wed Aug 29th 4:00 PM

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Meyers Auction

9:30 a.m. Saturday, August 25th

Arden Manitoba

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- Household furniture
- Tools woodworking equipment
- Motorbike and much more

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204-476-6262

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