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Ahoy! There's gold on Gimli Beach

Left to right: Ethan, Gavin and Brooklyn from Winnipeg dug for gold on Gimli Beach during the Gimli Community Development Corporation's annual Beach Treasure Hunt last Saturday.

EXPRESS PHOTO BY PATRICIA BARRETT

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Annual treasure hunt brings hundreds to town

By Patricia Barrett

How uncharacteristic of Lake Winnipeg pirates to share their buried loot with hundreds of kids. But share they did last Saturday morning during the Gimli Community Development Corporation's (CDC) annual Beach Treasure Hunt.

CDC and economic development and tourism clerk Brittany Isfeld was pirate captain for the hour-long dig on Gimli Beach. She organizes the immensely popular free event each year, bringing in hundreds of people and their kids to Gimli where the youngsters get to dig up colourful coins and then go on a shopping spree in town.

This year's event attracted over 250 people, the majority of whom came from Winnipeg and other towns.

"Last year we had about 200 people," said Isfeld as she handed out free Frisbees and yo-yos to the kids to keep them occupied before the treasure hunt got underway. "It just keeps growing. And support from our local businesses is great."

The metal coins, worth 5, 10 and 25 cents and \$2, are redeemable only at Gimli stores.

Isfeld and her assistant pirate, Taylor, buried the ill-gotten booty in the sand with help from the municipality's public works department.

Winnipeggers Brooklyn, Ethan and Gavin (who dressed as Batman and put his echolocation powers to work) arrived early to scope out the sand, strategize and make sure their tools were in good nick.

The kids needed no heave-ho when Isfeld gave the all-clear; they made a mad dash for the sand and began scooping up the loot. Some used shovels and rakes, while others used their hands or the free Frisbee as a digging tool.

Sophia from Gimli came armed with a shovel, pail and lots of determination. She worked her way methodically across the sand and within minutes had uncovered a treasure trove of coins.

The gold coins (about 10 of them)



EXPRESS PHOTOS BY PATRICIA BARRETT

Children of all ages waited patiently for the all-clear from the pirates.



The treasure-detectors combed every square inch of sand.



Pirates of Gimli Beach. Brittany Isfeld (left) from the Gimli CDC and her assistant Taylor organized this year's treasure hunt.



Sophia, with her mom Samantha, from Gimli found a lot of treasures buried in the sand.



Gabriel from Gimli dug up one of the few gold coins worth \$2.

were a little bit harder to spot in the sand than the brightly coloured ones. But Gabriel from Gimli was quick to uncover a gold coin. Blimey, how did he do it? He brought a Gold Rush sifter pan with him.

Among the sponsors and partici-

pating businesses were the Icelandic Festival of Manitoba, Tergesen's store, Kris' Fish and Chips, the Co-op supermarket, Sobeys, Pharmasave, Sugar Beach candy store, Robin's Donuts and Deals for Dollars.

Elect

SARAH PINSSENT
For Interlake-Gimli



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Lake Manitoba Narrows residents show community spirit

By Patricia Barrett

After two major floods wreaked havoc on their boat launch and dock, residents of Lake Manitoba Narrows rolled up their sleeves and got down to work a few weeks ago to build a new dock.

After raising money from the Narrows community to buy supplies, volunteers got their tools together the morning of July 27 and completed the dock in about four hours.

"At 7:30 a.m. there were 18 volunteers that showed up to start this build," said seasonal resident Sherry Giesbrecht. "By 11:45 a.m. we had our first section in the water."

Generous donors from the community made it all happen. A local association was struck and started spreading the word, taking donations and hosting 50/50 draws, said Giesbrecht. They raised enough money to haul in lumber and hardware.

"We built the dock entirely through community fundraising," said Giesbrecht. "The community raised \$3,100."

Lake Manitoba Narrows is located on the east shore of Lake Manitoba where it squeezes through a narrow

channel linking the lake's south and north basins. The community is about 69 kilometres northwest of Eriksdale and is accessible from highways 6 and 68.

The Narrows has cottages, seasonal and day campgrounds, a restaurant and bar and plenty of outdoor recreational activities, including swimming, canoeing and fishing, said Giesbrecht. And a dock is "a must" for convenience and for safety. It will also help drive tourism to the region.

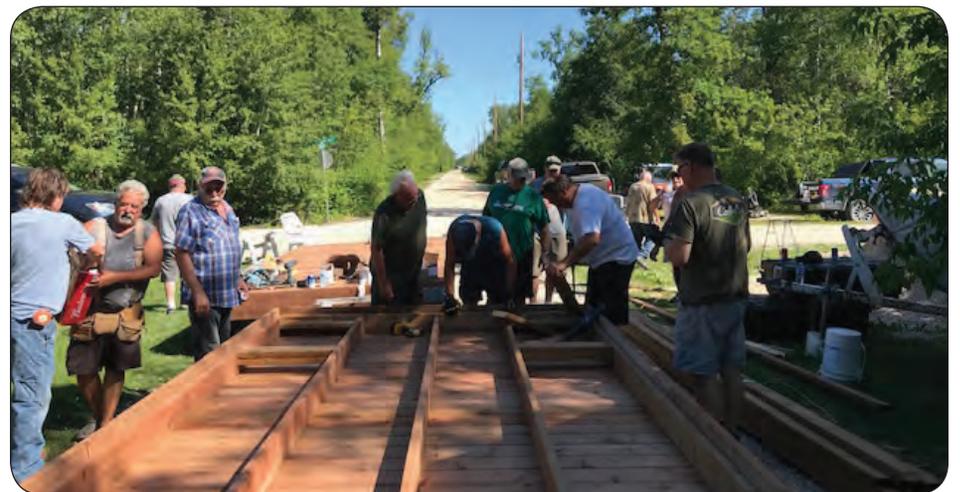
"Build it and they will come," she said.

When the dock was completed, the community held a ribbon-cutting ceremony followed by boat launches.

Giesbrecht said the original boat launch pad had survived for about 45 years but suffered damage during the floods of 2011 and 2014 and began to deteriorate.

"In 2017 everything was removed and relocated," she said, "and most of us experienced problems launching and loading at the new location."

So, in July of that year, a group of residents asked the municipality of



Eighteen Narrows community volunteers spent one morning building the dock.



EXPRESS PHOTOS BY SHERRY GIESBRECHT

Community members cut the ribbon on the new dock during the August long weekend.

Continued on page 5



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Vendors at Eriksdale Market Garden, make it, bake it, or grow it

By Evan Matthews

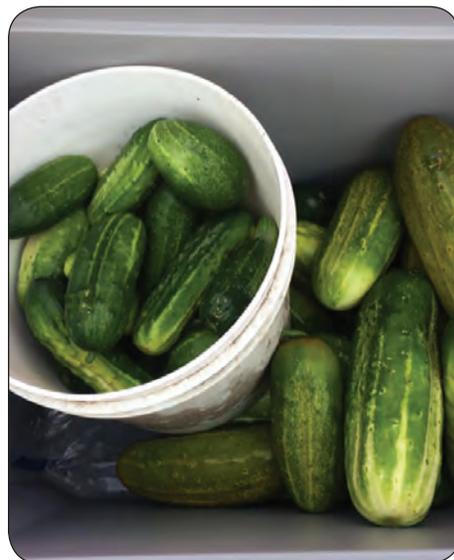
Nothing beats home grown, and the Eriksdale Market Garden continues to be a community staple with that notion.

Every vendor who participates must make it, bake it or grow it, referring to the items they choose to sell, according to Eriksdale Chamber of Commerce secretary and treasurer Dolly Lindell.

The Chamber of Commerce organizes and hosts the Market Garden every Saturday at the Railway Memorial Park Pavilion, with the last market running on the first weekend in October, weather dependent, according to Lindell.

"Lots of communities have (market gardens). It's another attraction for us and for people who are visiting Eriksdale. It's a good thing to take advantage of. There is a lot to be said for buying local and knowing where your food is coming from," said Lindell.

"You're putting money back into a local person's pocket."



EXPRESS PHOTOS SUBMITTED

Eriksdale Market Garden goods are either made, baked or homegrown. The market takes place from 10 a.m. to 2 p.m. every Saturday.

Last weekend saw three vendors participate, including Northwood Farm, which produces goat's milk soap.

Myrna Mikula (Mulvihill) and Kelly Koch (Lundar) brought fresh produce

and freshly baked bread to sell, respectively.

This weekend's Creamery Days Fair and Rodeo will be the site for the next Eriksdale Market Garden, with six vendors already having confirmed for

the this Saturday.

To register as a vendor for the Creamery Days Fair and Rodeo (Market Garden), Lindell said to call 204-739-2628.

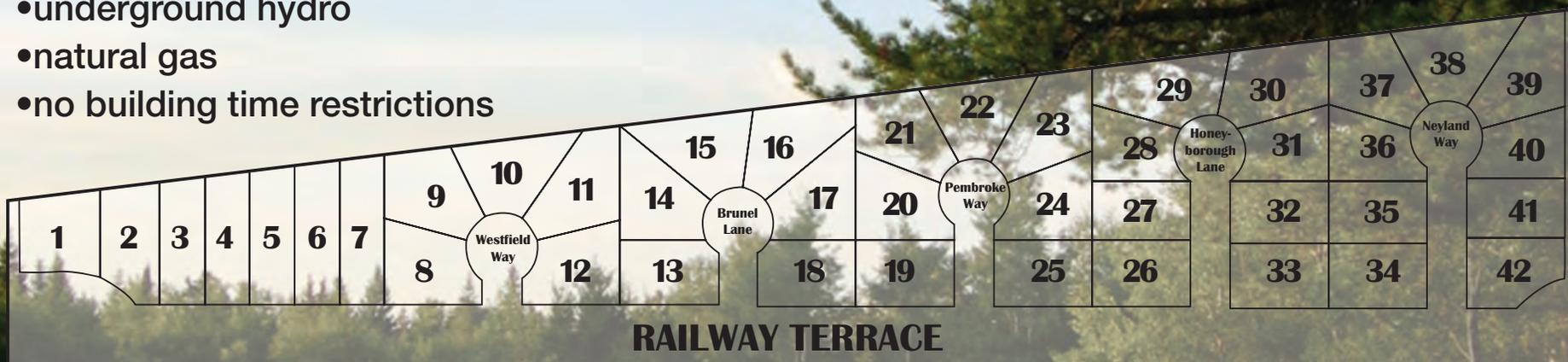
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Better health care is NDP candidate's priority

Submitted

Manitoba NDP Leader Wab Kinew and his Interlake-Gimli candidate Sarah Pinsent are dedicated to improving the standard of health care in the Interlake, Winnipeg and the rest of Manitoba.

They reinforced their commitment to quality health care Saturday when Kinew visited Gimli to support Pinsent's campaign and listen to the concerns of her constituents.

The NDP standard bearers heard an earful in Pinsent's office from Gimli couple Jordan Dankochik and Victoria Stiglmayr who were upset about delays, bed shortages and short staffing during a recent birthing experience they had at a Winnipeg hospital.

"It was the same hospital as an earlier family birthing experience, but the standard of care seemed like we were in a different country," said Dankochik while Stiglmayr added that the couple are seeking political change to improve the province's health care system.

Kinew responded by saying that re-

storing quality Manitoba health care will be a priority of an NDP provincial government. He has already pledged to re-open two Winnipeg hospital emergency rooms recently closed by the Conservatives.

The NDP leader also said Pinsent is an ideal candidate to stem a second round of health care cuts likely planned in rural Manitoba by the Pallister Government. She was an early victim of the cuts herself while working as a manager of family medicine at St. Boniface Hospital. Quick to rebound, she now runs her own Gimli consulting business while she and her partner raise their family at Winnipeg Beach.

"I have heard concerns about the future of health care voiced by residents throughout the constituency - from the Lake Winnipeg communities to Moosehorn," says Pinsent, the NDP candidate who has a master's degree in social work.

In the weeks before the Sept.10 election, she would like to hear from even



EXPRESS PHOTO SUBMITTED

Manitoba NDP Leader Wab Kinew and his Interlake-Gimli candidate Sarah Pinsent, far right, sat down Saturday to listen to the concerns of voters Victoria Stiglmayr, Jordan Dankochik and their three children Violet, Josh and Rylan.

more constituents with ideas about health care and a desire to work for a better Interlake and Manitoba. To

contact her, call 204-651-1423 or email her at sarah.pinsent@mbndp.ca and go to sarahpinsent.ca

PC government will reverse NDP passenger vehicle registration fee hike

Submitted

A Progressive Conservative government will continue to make life more affordable for Manitobans by lowering Passenger Vehicle Registration fees that were driven sky-high under the tax-and-spend NDP.

"Vehicle Registration Fees are one more example of the way the NDP likes to tax Manitobans to the max," said Manitoba Progressive Conservative Leader Brian Pallister. "Our PC team believes that money is best left with Manitobans, and so we will reverse this NDP cash grab."

Under the NDP, vehicle registration fees skyrocketed. After promising not to raise taxes in the 2011 election, the NDP hiked these fees by 30 per cent

in 2012.

A re-elected PC government will reverse the 30 per cent NDP fee hike on passenger vehicles. Once implemented, this fee rollback will save passenger vehicle owners \$35 per vehicle every year.

"We know the NDP likes to increase taxes and endlessly hike fees to fund their big spending habits, nickel and diming hardworking Manitobans," said Pallister. "Our PC team is the only party that can be trusted to put more money back on the kitchen tables of Manitobans."

The reduction of passenger vehicle registration fees is one of the many ways a re-elected PC government will

make life more affordable in Manitoba. Savings from this fee reduction will be over and above the \$2020 Tax Rollback Guarantee.

The \$2020 Tax Rollback Guarantee will save an average Manitoba taxpayer \$2,020 over the next four years, reversing these NDP tax hikes.

Measures in the \$2020 Tax Rollback Guarantee include:

- Eliminating the PST on home insurance for both homeowners and renters.
- Removing the PST on personal care services, such as haircuts and nail treatments.
- Eliminating the PST on professional tax preparation - an unfair tax on

filing taxes.

- Eliminating probate fees and removing the PST on the preparation of wills.
- Reducing the PST from eight to seven per cent, saving taxpayers \$325 million annually.
- Indexing the Personal Income Tax Brackets and the Basic Personal Amount every year, which has removed nearly 8,000 Manitobans from the tax rolls over three years.

> THE NARROWS, FROM PG. 3

West Interlake to install a new launch pad.

"With continued pressure, the RM put the current launch pads in place in the fall of that year," said Giesbrecht. "And in 2018 some local residents installed a temporary dock, but it was removed."

It wasn't until this summer that council gave the community permission and the permits to build a dock after a delegation of 30-plus people attended a council meeting armed with 147 signatures of support.

Going forward, the association will continue to raise money so that it can upgrade their new dock.

"Those upgrades will include a ramp for those with mobility issues, lighting, tie downs, dock bumpers, etc.," said Giesbrecht.

On Aug. 31, the community will host a "ladies only" fish-

ing derby, an annual event. As it's their 10th anniversary this year, the entry fee is a dirt-cheap \$10. And on Sept. 21, the community is inviting everyone to take part in a walleye derby.

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Risky NDP platform confirms higher taxes for Manitobans

By Manitoba Progressive Conservatives

Wab Kinew supports massive carbon tax and fails to address which other taxes he'd raise.

Wab Kinew and his divided NDP confirmed their plans to impose a massive carbon tax on hard working Manitoba families and refused to address what other taxes he would raise.

"This is a risky and reckless platform that Manitobans simply cannot afford.

Wab Kinew and the NDP have confirmed their plans to return to higher taxes, longer ER wait times and massive debt, which is exactly the mess they left Manitobans with after 17 years of mismanagement," said Scott Fielding, PC candidate for Kirkfield Park. "The NDP say they will balance the budget, but the NDP has a long history of saying one thing to Manitobans and then doing another — their numbers simply don't add up."

The NDP have confirmed their plan for Manitobans to pay the highest carbon tax in the country. Wab Kinew said that he would "balance the books by solving the climate crisis." This means that the NDP is planning to bring in a massive, crippling carbon tax — \$300 per tonne or higher. This

means an extra 60 cents on every litre of gasoline, bringing the average gas price in Manitoba to a whopping \$1.75 per litre. This is a massive NDP tax hike that will make it more expensive for Manitobans to drive to work, take their kids to activities and heat their homes. It will also raise the price of groceries, clothing and anything else that is moved by truck or train in Manitoba.

"Wab Kinew and the NDP have never met a tax they didn't like and wouldn't hike," said Heather Stefanson, PC candidate for Tuxedo. "It's clear that a vote for the NDP is a vote for the same relentless tax hikes brought in by Greg Selinger. Manitobans rejected the NDP's high-tax agenda in 2016 in favour of our PC team's commitment to lower taxes. And, unlike the NDP, we've kept our word."

When pressed, Wab Kinew also refused to say what other taxes he would raise to pay for the unsustainable spending increases he proposes. The NDP has a record of broken promises and broken trust, including:

- Raising the PST to eight per cent after promising they wouldn't
- They promised to reduce ER wait

times, then allowed them to soar to the highest in the country

- Promised Bipole III wouldn't cost Manitobans a cent, while costs escalated

- They promised in 2011 to balance the budget by 2014 — they failed

- They again promised to balance the budget in 2014 — they failed

- After promising to keep Manitoba on the forefront of affordability for Manitoba families, they systematically raised taxes 15 times in 14 years — taking an extra \$700 million from Manitobans every year

"Wab Kinew and the NDP are asking Manitobans to trust them. But Manitobans won't be fooled — they know that a vote for the NDP means a return to higher taxes," added Stefanson. "The NDP is a party of broken trust and dysfunction. Only a strong, united PC team will lower taxes, make life more affordable and continue building a better Manitoba."

Manitoba's Progressive Conservatives will hold further media availabilities to warn Manitobans about Wab Kinew and the NDP's risky, reckless plan.

Manitoba Liberals propose Manitoba Business Development bank

By Manitoba Liberal government

Manitoba Liberal Leader Dougald Lamont announced on Aug. 8 that a Manitoba Liberal Government will create a publicly owned Manitoba Business Development Bank (MBDB) as the cornerstone of their economic growth strategy.

Lamont said the MBDB is needed because many businesses and entrepreneurs in Manitoba have trouble getting access to capital and have to

take out costly loans instead or even have to mortgage their house to secure financing.

While the business community has been calling for action on improving access to capital, but the Pallister government has frozen and cancelled programs instead.

"A Manitoba Business Development Bank is one of the simplest and most powerful ways we can take our economy to a new level," said Lamont.

"Manitoba has incredibly talented inventors, innovators and entrepreneurs, and the MBDB is the key to unlocking their full potential."

The MBDB will:

- Provide investments in growth-focused Manitoba businesses, including start-ups, scale-ups, co-ops, social enterprise and farming
- Include microfinance (\$2,000-

Continued on page 7

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Manitoba rent guideline adjustment set for 2020

Submitted

The Residential Tenancies Branch advises the 2020 rent guideline has been set at an increase of 2.4 per cent and will take effect Jan. 1, 2020.

The guideline is determined annually based on the Manitoba Consumer Price Index (CPI) and applies to most residential rental property including apartments, single rooms, houses and duplexes. The guideline does not apply to:

- rental units renting for \$1,545 or more per month as of Dec. 31, 2019;
- personal care homes;

- non-profit housing with subsidized rent;
 - approved rehabilitated rental units; and
 - new buildings that are:
 - less than 15 years old, where an occupancy permit was first issued or a unit first occupied after April 9, 2001, or;
 - less than 20 years old, where an occupancy permit was first issued or a unit first occupied after March 7, 2005.
- Landlords may apply for an increase above the guideline if they can show the guideline will not cover cost increases they have incurred.

Tenants must receive written notice of a rent increase at least three months before the increase takes effect. For example, for a rent increase to take effect Jan. 1, 2020, tenants must receive notice by Sept. 30, 2019. With few exceptions, rent can only be increased once a year.

Landlords and tenants are encouraged to contact the Residential Tenancies Branch at 204-945-2476 in Winnipeg or 1-800-782-8403 (toll-free in Manitoba) to find out more about rent increases and other rights and responsibilities. Information is also available at www.manitoba.ca/rtb.

Greens release Basic Income and a more progressive tax system proposal

By Green Party of Manitoba

"Dealing with poverty and inequality is not only the right thing to do morally, it is also the smart thing to do economically for taxpayers," said Green Party of Manitoba leader James Beddome as he released the details of the Greens tax reform proposal, which includes a fee on pollution and a basic income for Manitobans.

The Greens plan to implement a \$1.58-billion Basic Income program that will benefit 48 per cent of Manitobans in the form of a refundable tax credit delivered through the income tax system. It will feature a guarantee based on family size, with additional amounts made available to people claiming the federal disability tax credit or the infirm dependants tax credit. As family income increases, the maximum value of the Basic Income is reduced at the rate of 13.5 cents per dollar until it reaches \$0 at \$53,333 of annual income for a single adult and \$75,407 of annual income for a two-adult family.

"Our modest Basic Income plan, beginning at \$7,200 for a single adult, will have immense impacts. It will lift 41 per cent of low income Manitoban adults and 61 per cent of Manitoban children above the poverty line, resulting in 35,000 fewer adults and 23,500 fewer children in poverty. For

those adults still in poverty, it will increase their average income by 21 per cent, or \$4,890. It will provide a post-secondary student earning \$8,000 with \$6,120 more per year in disposable income. It will provide the average full-time minimum wage worker with an additional \$4,000 or more per year in disposable income per year. It will make it easier to start a business and provide some cash flow stability for farmers, artists and other entrepreneurs. Although modest, it will truly be revolutionary," added Beddome.

The Greens will also implement a pollution fee of \$50 per tonne of carbon equivalent greenhouse gas emissions, which will rise by \$10 per year thereafter. In the first year, this will raise \$487 million in revenue, \$342 million of which will be used to lower the first two Manitoba tax brackets from 10.8 per cent to 9.56 per cent and 12.75 per cent to 11.5 per cent.

"Our plan will create a simpler and more progressive tax system and will result in long-term savings to government. Studies show that poverty reduction results in reduced demand for health care, policing, justice and social services and increased educational attainment of young adults," said Beddome.

> BUSINESS DEVELOPMENT BANK, FROM PG. 6

\$5,000) up to larger investments in the \$10-million range

- Provide equity investments as "patient money" over a 10- to 15-year time horizon to encourage true innovation
- Be politically independent
- Be province-wide and available to entrepreneurs whether they are in Winnipeg, rural or northern Manitoba, or on a First Nation

Lamont said there are many examples of successful publicly owned banks. North Dakota has its own bank, and Alberta has ATB. The bank currently being established by Scotland could also serve as a model for Manitoba.

The start-up costs would be \$78-million in the first year. The goal is that in the medium term, the MBDB will be self-financing from return on investment.

In addition to loans with interest, the MBDB will also focus on patient, long-term investments to help Manitoba businesses grow and innovate. This will be achieved by providing "equity investments" — buying shares in a company, instead of always making loans.

Liberals said providing equity provides multiple

benefits to entrepreneurs, the economy and the public. For the entrepreneur, equity means they do not face monthly interest and debt repayments, reducing risk and making success more likely, while also making it easier to raise further investment. If the business is successful, the bank gets paid in dividends or can sell the shares at a profit so the public gets a direct return on their investment.

For that reason, the MBDB is an alternative to the "corporate welfare" that governments often engage in where grants, tax cuts and tax credits worth millions are handed out without clear benefits or return to the public. Lamont pointed to the Pallister government's decision to offer \$1.7-billion to Amazon as an example of everything wrong with Manitoba's economic impulsive and directionless development strategy.

"Imagine if Pallister were willing to invest that kind of money in Manitoba, instead of offering corporate welfare to the world's richest man," said Lamont. "We see the MBDB as a form of grassroots economic development. It is about stronger Manitoba businesses, better Manitoba jobs, and creating an economy that works for everyone."

Manitoba election formally underway



EXPRESS PHOTO BY CHARLOTTE CRAIG
Progressive Conservative MLA Derek Johnson is seeking re-election for Interlake-Gimli and was out campaigning Tuesday morning along Hwy. 6, south of Lundar.

Staff

Manitoba's 42nd provincial election campaign is officially underway as Progressive Conservative Leader Brian Pallister seeks a second mandate.

Pallister visited the lieutenant-governor on Monday to start a 29-day campaign that will culminate with the vote on Sept. 10.

The election was to be held Oct. 6, 2020, but earlier this year Pallister moved up the date by more than a year. He said at the time that his Tories had fulfilled most of their promises from the last election and needed a new mandate from voters.

The Progressive Conservative government is seeking a second term, after they won the largest majority in Manitoba in a century in the 2016 election when they nabbed 40 of 57 legislature seats.

The Tories swept the NDP from power in the last election after the New Democrats raised the provincial sales tax and started running a string of deficits.

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Hi friends.

It goes without saying that if you are in the military, you're probably going to spend a fair amount of time outdoors. It shouldn't surprise us, then, that those who protect us might want to have a little fun in the wild when not on duty. I didn't notice a senior gentleman and young lad at the water's edge where the Netley Creek meets the Red River until I rounded a thicket of willows last Wednesday.

The older chap in faded shorts and T-shirt, who had the look of authority about him, was just straightening up holding a fishing string with a forearm's length walleye on it. Meanwhile, the gangly, light-haired boy stood by his side. I parked beside them and shouted, "That looks like a nice one."

"Yes, we caught it not long ago and now I'm going to show my grandson Nick Unrau here how to fillet a fish."

At our feet lay a big, grey sun-bleached driftwood log. As our new friend, Tom Murphy, continued talking to me, he took a long, thin filleting knife, a rod-like knife sharpener and some plastic bags from a cooler. He sat, straddling the log. Holding the knife and sharpener, he said, "Look, Nick, you run the knife's edge forward on the sharpener."

After a few sharpening strokes, Tom lay the fish on the log and began filleting, describing to the boy what he was doing as he began telling me an unusual fishing story. He spent his working life in the military and at various times went with a group by boat north from Lac du Bonnet to simulat-

ed aircraft crash sites to perform procedures rendering the plane and area safe. As he talked, Tom had gotten a fillet from the fish. "Take this, Nick, wash it off in the water and put it in the bag," he said, passing it to the boy.

The lad took the slab of fish meat and knelt at the water's edge doing his grandfather's bidding. Tom flipped the fish over and, as his knife sliced easily along the fish's backbone, he smiled mischievously, saying, "You know, it was always such a miracle how every time we went on one of those crash site drills, we would always wind up beside a pristine lake where the fishing was unbelievable!"

We laughed as Tom carved out the second fillet. He passed it to the boy, saying, "Wash it and put it with the other one, then get our garbage bag and put what's left of the fish in it. We don't leave messes for someone else to clean up!"

"You listen to your grandpa!" I yelled back to Nick as I got back into my car. "He knows what he's doing!"

A couple of weeks ago, I went up to Pine Falls to visit with anglers. As I pulled into the docking area, two couples were in their boat, getting it ready for their trip home. I stopped beside them and asked if they had caught any fish. The two ladies smiled, indicating success.

I left my car and passed my card up to one of the men who, with a wide smile, introduced himself as Mark Banting, his wife Elka, his nephew Dave Shaw and wife Shelley. Dave and Shelley had come all the way



EXPRESS PHOTO BY ARNIE WEIDL

Left to right: Elke Banting, Shelley Shaw, Dave Shaw and Mark Banting with some of their catch at Pine Falls.

from Edmonton to spend their vacation fishing by Pine Falls with the Bantings. For years, Mark had teased them about how great walleye fishing in the Winnipeg River was. They were not disappointed as you can see in the picture I took of them.

Not long ago I was over at Norris Lake and ran into a younger fellow by the name of Mick Fyfe from Winnipeg. He was fishing off the boat dock and, although hadn't caught anything, he told me of a time a few years ago when he got a "two-fer" when ice fishing on the Red downstream of Selkirk. He was in his shack on a quiet afternoon when all of a sudden his short rod was yanked out of his hand by a hooked fish. He sat there stunned for a moment. Then getting a hold of himself, he took his spare rod, baited its hook and dropped it into the ice hole.

No sooner had his weight and baited hook disappeared below the ice, then there was a shuddering and violent yank on his line. On edge after losing his first rod, his hands clamped tightly onto this one. He reeled in and a small sturgeon came flipping out of the water. Mick, surprised, thought "You don't catch sturgeon here in the winter!" He was further surprised to see the fishing line of his first rod wrapped around the sturgeon's gills as it lay on the floor. He grabbed his original line and hauled up. Soon, before him on the shack floor, the sturgeon and now a walleye lay flopping about all tangled up in his rods and lines. It took a bit of straightening out, but eventually the sturgeon went back in the water and the walleye became supper! Till next week. Bye for now.

Gimli MYJC closing for season

Submitted by Kendra Sabourin-Toro

As summer begins to slowly wind down, so does the program at the Gimli Manitoba Youth Job Centre (MYJC). As the youth engagement leader, I'd like to thank a number of people for their support throughout our successful season.

To begin with, a big thank you goes out to my sponsoring committee, Kathy Ayotte and Danielle Kirton, who have been very supportive of the MYJC program. As well, many thanks are due to the numerous employers, both busi-

nesses and homeowners, who have placed job orders with the centre this summer.

Your participation in the job referral service provides youth and students in our community with the opportunity to gain work experience and an income. Thank you to all of the volunteers who helped out at our events and to the community members who attended. The MYJC program depends on partnership with community members and our success is due largely to you.

Last but not least, a huge thank you goes out to the students and youth who registered with the centre. We hope that your job search continues to be successful.

The MYJC offices close for the season on Friday, Aug. 16. We will re-open in May of 2020, so be sure to look for us in spring. If you have any last-minute questions about the MYJC and its services, please don't hesitate to call me at 204-641-1659. Enjoy the rest of your summer.

Homicide investigation

Staff

An East St. Paul man has now been charged with second-degree murder for the death of an Armstrong woman last fall as the result of an ongoing investigation.

On Aug. 6, RCMP charged 20-year-old William Ryerson Comber with second-degree murder related to the death of a 20-year-old woman on Nov. 17 in the RM of Armstrong.

That night, at about 11:40 p.m., Teulon RCMP had responded to a call about a woman being shot in a vehicle on PR 231. She later died from her injuries.

Comber was arrested on Aug. 8 and remanded into custody. He was scheduled to appear in court in Winnipeg on Aug. 12.

Lil Casselman of Eriksdale celebrates 100th birthday

Submitted by Arlene Tuttle and Charlene Kaartinen

Eriksdale resident Lil Casselman will be celebrating her 100th birthday on Aug. 28 and is the only centenarian living in Eriksdale.

Family from across the U.S., along with friends, came to town last Saturday to spend time with her and mark the special occasion.

Lil is one of seven children born to Jack (John) and Mabel Hanslip, who were among the pioneers settling in the Interlake. In 1912 they homesteaded near Star Lake about 20 miles northwest of Eriksdale after they paid \$10 for 160 acres. They built a "soddie" for their first home and later built a log home, blacksmith shop and a sawmill.

Lil started school in 1925 at the old Tennyson school (about five miles east of Lake Manitoba) in Dog Town near Chief's Point. Lil's dad had opened the first general store in Dog Town where he sold flour and basic supplies and bought muskrat pelts.

Lil and her family moved into Eriksdale in 1926 when she was seven years old so that the children could attend school in town. Her dad went to work in the garage for Mr. Wardie, and the family lived in the office section of the old Galvin lumberyard.

In 1928 Lil's dad and Jack Bruce opened Interlake Motors in Eriksdale where Big Al's is presently located.

After Lil finished school, she worked as a cleaner for school superintendent Cecil Muller and his wife. She has fond memories of their two boys and how much they loved the caramel pudding she made for them. They would argue over who got to lick the pudding dish!

In 1940 Lil married Cliff Casselman and moved to Quebec, where Cliff worked in the gold mines. Lil worked as a housemaid for the manager of the Noranda Mines until 1942 when she and Cliff had their only child, Arlene.

Cliff served overseas with the Canadian forces during the Second World



Lil Casselman

War, and Lil and Arlene came back to Eriksdale and lived in a little wood cabin in her sister Lottie Dowsett's backyard.

After the war, the family returned to the gold mines of Quebec, but they moved back to Manitoba in 1949 when Cliff got a job in the Howe Sound Gold Mine in Snow Lake.

Cliff left mining to become the Snow Lake postmaster and Lil joined him on the postal staff a few years later. When Cliff retired, Lil was promoted to postmaster. She retired in 1979 after 28 years of service to Canada Post.

Lil and Cliff returned to the Interlake in 1979 and lived in Mulvihill, enjoying their retirement until Cliff passed away in 1988. Lil continued to live there until 1995 and then moved



EXPRESS PHOTOS SUBMITTED

Lil, her daughter Arlene Tuttle, grandson Jeff and Becky Tuttle and great-grandchildren Lauren, Emily and Andrew.

back to Eriksdale.

Lil and her sisters earned the nickname "The Muffin Ladies" because they loved driving Interlake roads and sampling the muffins at all the coffee shops. Lil continued to drive her car until she was 92 when she voluntarily gave up her driver's licence, saying she wanted to stop driving before she had an accident.

Lil presently resides at the Eriksdale Personal Care Home, where she has been living since January 2014.

"My mom tells me every day, 'I live in the BEST place,'" said Arlene.

With Lil's wisdom and charm, she often states, "Once an adult, twice a child," when referring to getting older and requiring some help with her activities of daily living in the care home.



Lil married Cliff Casselman in 1940 and welcomed daughter Arlene in 1942. Cliff served overseas in 1944.

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Gimli artist restores harbour sea wall murals

By Patricia Barrett

Artist Millard Barteaux was out on the Gimli Harbour sea wall last Saturday afternoon, reproducing a mural that had fallen prey to the elements and sprucing up others.

Painted by members of the Gimli Art Club (GAC), the sea wall has dozens of colourful murals depicting historical buildings, ships, events and Icelandic and Canadian culture.

"This one I brought back from scratch," said Barteaux, who was working on a Royal Canadian Mounted Police mural and had speakers rigged up on the wall so that he could enjoy some music while he painted.

Barteaux uses acrylic markers and acrylic paint to carry out the restoration work. He was also touching up other artists' murals that had faded and were in need of a facelift.

Barteaux, a member of the GAC, uses photographs from a book containing all the original murals as a guide to reproducing and restoring them. The book is available at the club near the harbour bandstand.

He reproduced the Lady of the Lake mural last year and restored the Gimli Post Office building mural this year. He also has his own work on the sea wall — a Royal Canadian Air Force station (he used to work on planes at the old Gimli airbase).

"I'm putting a coating on all the ones I've restored," said Barteaux. "I've restored about 14 of them."



EXPRESS PHOTOS BY PATRICIA BARRETT

Artist Millard Barteaux, who's a member of the Gimli Art Club, reproduced this mural on the Gimli sea wall. The elements wreaked havoc on the original mural.



Barteaux created this Royal Canadian Air Force mural on the sea wall.



The Gimli Post Office.



The Lady of the Lake, reproduced by Barteaux.

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Farmers cultivating feed network, MFGA provides support

By Evan Matthews

Due to the extreme feed shortage beef farmers are experiencing, grain and beef farmers are doubling down on their efforts to help one another.

Last week, Manitoba Beef Producers (MBP) president Tom Teichroeb said agricultural farmers, beef farmers and politicians had been meeting regularly on innovative solutions to aid one another's situations. As a result, Keystone Agricultural Producers (KAP) and MBP, two farm groups representing Manitoba beef and grain farmers, are now urging farmers across the province to list available hay, straw and alternative feeds for use. This call comes amid reports from across the province that hay and forage yields are far below expected.

"Given dry conditions reported across much of the province, we feel it is important to ensure producers know what their options are when it comes to both buying and selling available hay and straw," KAP president Bill Campbell said.

"As a grain farmer and a beef producer, I must utilize every option available to ensure the long-term viability of my operation."

Two weeks ago, parts of southern Manitoba saw severe hail that destroyed many crops. Some agricultural farmers had thought at the time they might not be able to recover any

capital funds invested into their damaged crops.

The provincial government acted as a liaison between the affected agricultural farmers and beef farmers, so the beef farmers can purchase the damaged (hail) crops and use it as feed, providing some relief to both situations.

Now, to help farmers this season and in future seasons, KAP and MBP have developed a fact sheet outlining several different options farmers have for selling and purchasing feed. Both organizations are encouraging producers to use any and all means available to list available feed for purchase.

Manitoba Forage & Grassland Association (MFGA) has launched a new Hay Relief page on mfga.net/hayrelief to help Manitoba forage and livestock producers find information and sources to help cope with and plan for challenging times on the livestock feed front.

With the launch of the web page, MFGA will be supporting Manitoba producers while showcasing a repository of the outreach from concerned Manitoba agricultural and conservation organizations providing news, tips and suggestions for producers to act and plan now to help alleviate the challenges of feed shortages and lower than normal hay supplies expected this fall as brought on by dry weather

conditions in 2018 and 2019.

The beef crisis, as it stands now, is best defined as an extreme shortage of feed for beef cattle due to the dry season. Hay, specifically, has increased in price as a result of the shortage. At the same time, the cost associated with livestock sales is currently very low, according to the MBP.

This has tied the hands of many farmers in that there is no money to

be made on the sale of their herds for the time being, while at the same time it is costing farmers more than ever to feed their herd.

This situation has led to many farmers potentially running the risk of being unable to feed their livestock but also unable to sell, which translates to a mass slaughter as a last resort.

Continued on page 14

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ARTISTS
STARTING @ 4 PM

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TIME BINGO
2-4 ARBORG
LEGION

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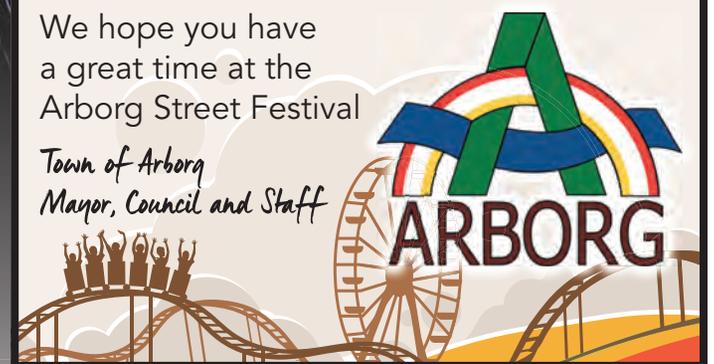
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Winning sandcastle a heart-warming tribute to family member

By Patricia Barrett

A Gimli family scooped up first prize for an elaborate sandcastle they made as a loving tribute to a family member during Islendingadagurinn's sand castle competition held Aug. 3.

The Kristjanson family wanted to honour their father, uncle and grandfather, Ragnar Lawrence (Larry) Kristjanson, who passed away last August.

Larry worked at the Canadian Wheat Board (CWB) for 35 years and served as assistant chief commissioner, so there was nothing more fitting than making a massive grain hopper sculpture by which to remember him.

"The kids wanted to do something special," said Larry's wife, Helen, who lives in Gimli and spends time in Hnausa at the family cottage. "So, they made a train. It was a wheat board hopper car with a picture of Larry at the front and lots of wheat around it, plus they had wheat being put into the train from the Gimli elevator. And they got first prize!"

The sandcastle also had a few Huldufolk riding on top of the train.

Larry's son, Eric, said his father was a great inspiration to the family, and they wanted to build a memorial to him.

Larry was born in Gimli in 1930, one of eight children. After university, he went on to the CWB and then moved

back to Gimli when he retired. But he didn't live a life of leisure; he made his mark on his hometown through betterment projects.

"Larry and his younger brother, Leo, were instrumental in projects that include, among others, the restoration and renovation of the Gimli School building, the restoration of the Unitarian Church and the New Iceland Heritage Museum," said Eric. "He was also very involved in

the building of the Waterfront Centre and Evergreen Basic Needs."

Recognizing the importance of providing youth with opportunities to go on to post-secondary studies, Larry and Helen established an annual scholarship for Gimli High School students.

Given the scale and detail of the sandcastle

Continued on page 14



EXPRESS PHOTOS SUBMITTED BY ERIC KRISTJANSON

The Kristjanson family took first place for the sandcastle during the Icelandic Festival on the long weekend.



The sandcastle on Gimli Beach was built in honour of Larry Kristjanson.



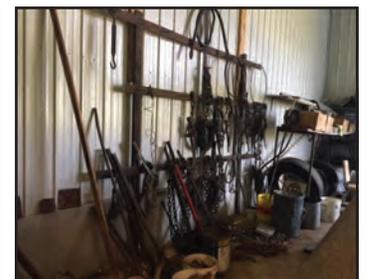
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> SANDCASTLE, FROM PG. 13

train, and the very special meaning behind it, it's not surprising the family took first place.

For the annual competition, the Kristjansons go by the name The KB Crew, after the name of a farmstead their forbears had near Hnausa. The team is made up of members of Larry's family and the family's Schellenberg cousins. Every year the family — some of whom live overseas — return to the area and spend time together in Hnausa. They've been taking part in the Icelandic Festival's sand castle competition for over two decades.

"This year marks our 10th win in the competition," said Eric. "Our multigenerational team

first entered and won the competition in 1998 with our sand sculpture featuring a VW Beetle Love Bug."

Their ingenuity and creativity gave them first place for subsequent sandcastles such as Hot Tub Heaven, the Goldfield fishing vessel, Viking Buddha, Shark Attack, Map of Iceland, Cretaceous Creatures and Iceland at the World Cup (soccer).

"The KB Crew keeps coming back for the sheer fun of working on a major project together and participating in the Icelandic Festival," said Eric.

> MFGA, FROM PG. 11

Economically, it translates to a waste of live-stock and capital funds, according to the MBPA.

Of anywhere in the province, the rural municipalities of Coldwell, Armstrong and Woodlands — the northwest Interlake — are some of the most affected areas, according to Teichroeb.

In the RM of Armstrong, for example, beef production is a large part of the Fraserwood and Inwood economy.

According to the MBP, some local farmers expressed interest in having the review of programs like Agro Stability, Crop Insurance and Livestock Price Insurance as part of politicians' campaigns, since both a federal and provincial election are just around the corner.

Having said that, Teichroeb re-iterated he believes in Manitoba's potential as a beef produc-

tion market and in the potential of Business Risk Management (BRM) programs.

The aforementioned funding programs — Agro Stability, Crop Insurance and Livestock Price Insurance — are a combination of federal and provincial government funding, as Manitoba's Minister of Agriculture Ralph Eichler said the feds have control over the policies and legislation, while the province is left to administer the application and funding processes.

Roughly three weeks ago, the provincial government announced Crown land designated as ecological reserves have been opened for hay production, as farmers are now applying for permits.

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Arborg Street Festival expected to be bigger than ever

By Evan Matthews

Arborg residents should get ready, as organizers say this weekend should be one of the most exciting street festivals yet.

Interlake's Got Talent organizer Darlene Gallichon said volunteers have been working tirelessly in order to ensure the community celebration is well executed.

"Right now, we have 14 contestants, but I'm hoping we get 20," said Gallichon.

"We have piano players, singers, fiddlers, etc. It's all Interlake talent, from Peguis to Gimli. We usually get a great turnout for our talent show."

The Arborg Street Festival happens on Aug. 16 and 17, with the duck race on Friday at 6 p.m. by the railroad bridge. Then the band Four Mile Road performs at the Library Park Stage at 7 p.m., with the ball diamonds (behind the rec centre) hosting fireworks shortly thereafter.

"This is something that brings our town together," said Gallichon. "We have a close community, and we want to celebrate it. Everything donated is local. It's local people."

Then Saturday has events going all day long.

The Arborg Legion hosts a pancake breakfast from 8 to 10 a.m., and then free "old time bingo" from 2 to 4 p.m.

Ultimate gaming starts at 10 a.m. to 4 p.m. beside RIA Foods.

The annual Ramona's Reach Hockey Tournament drops the puck, or ball, at 9:30 a.m. at the pharmacy and Co-Op on Main Street.

The Interlake's Got Talent talent show plugs in the amp at the outdoor stage at 10 a.m., running until 1 p.m.

"The first prize in each category is \$400," said Gallichon, noting there are three categories: instrumental, vocal and dance.

"There is an overall first place prize of \$1,200. ... We have a total of \$2,400 we'll be awarding, and we've raised all that money locally," she said.

At 11 a.m., target master happens in the Noventis parking lot, while at the same time the kids' fun zone will have face painting, bouncers and games happening at the Arborg Bakery.

Chicken Chef will host a dog show from 1 to 2 p.m. and then host the Canadian Wrestling's Elite (C.W.E.) from 2 to 4 p.m.

Local bands will start to play Saturday at 4 p.m.

For more information or to partici-



EXPRESS PHOTO SUBMITTED

The Four Mile Road country band includes sisters Louise Anderson and Natalie Roth, guitarist/vocalist Kurt Krezanski, drummer Mark Roth, base guitarist Josh Morrow, and Rob Hrabuiuk on the keyboard and guitar. The band will be playing on the library stage Friday at 7 p.m. during Arborg's Street Festival.

pate in the talent show, call Gallichon at 204-641-1359.

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> MEAL IDEA



Ruby Beet Chicken Salad Skewers

Prep time: 25 minutes
Cook time: 20 minutes
Servings: 8
1 jar (16 ounces) Aunt Nellie's Baby Whole Pickled Beets
2 large boneless, skinless chicken breast halves (about 1 pound)

1/2 teaspoon salt, plus additional, to taste, divided
1/2 teaspoon pepper, plus additional, to taste, divided
4 1/2 tablespoons stone ground mustard, divided
1 1/2 tablespoons, plus 1/3 cup, orange marmalade, divided
2 tablespoons minced fresh chives
1 large lemon, zest and juice (1/3 cup juice)
1/4 cup olive oil
1 bag (9 ounces) leafy romaine lettuce pieces
1/3 cup chopped almonds, toasted
1/3 cup crumbled blue, feta or goat cheese
Heat oven to 375 F. Drain beets; set aside.
Season both sides of chicken with salt and pepper, to taste. In small bowl, combine 1 1/2 tablespoons mustard and 1 1/2 tablespoons marmalade.

Brush mixture over chicken until completely coated. Bake chicken on rimmed baking sheet lined with aluminum foil about 20-25 minutes, or until juices run clear; set aside.
To make vinaigrette: In medium bowl, combine remaining mustard, remaining marmalade, chives, lemon zest and juice, 1/2 teaspoon salt and 1/2 teaspoon pepper. Slowly pour in oil while whisking vigorously until completely combined.
Slice cooled chicken into 1-inch pieces. Onto each skewer, thread one beet, one piece of chicken and 4-5 pieces of lettuce; repeat two times for each skewer, adding one beet at ends. Repeat to make eight skewers. Place skewers on large serving platter.
Stir vinaigrette; drizzle lightly over skewers. Sprinkle with almonds and cheese. Serve with remaining vinaigrette.



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Reducing Stress Can Bring Us Back to a Neutral State

It is my belief that one of the best antidotes for a stressful life is to be involved in something you are passionate about - something you love.
Of course, learning to relax, eliminating as much conflict as possible, exercising and breathing fresh air are equally important parts of the equation. These may not, however, be things we approach with the same determination and goal-orientation as we do in our work.
Lives in today's world are becoming increasingly busy. There was a time when people were in touch with the land, when their biological clocks were set by nature,

and, believe it or not, did one thing at a time. Their exercise happened as they did what needed to be done each day.
Over time we wanted more and more: a bigger house, two cars, more television sets and the latest fashions.
This required more working. That spiral to acquiring things has continued to grow.
In addition, with the exponential expansion of technology, our mind can be in dozens of places at once. Before that, our experiences with people, and life, came from actually being there. Now we can follow hundreds of people and have an ongoing newsfeed of the lives of everyone we know, and many we do not, via social media. Consequently there is increasingly less time to take care of ourselves.
Witness the 'stress' slowly entering our awareness when we cannot figure out when to find the time to meditate, to do things we love, or when our work-out schedule, if we have one, becomes disrupted.
When I speak of passion as an antidote to stress, I am thinking of those things in which we can completely lose ourselves. Reading a really good book that you do not want to put down, or working on a creative project so intently that you forget the time, are examples of things that de-stress us.
Playing a musical instrument or doing an artistic activity can also engage us so completely that we forget about everything else.
To counteract our growing estrangement from our true selves due to "busyness", we can start engaging in things we feel passionate about. When we absolutely love what we are doing, our physiology changes in a positive way. Simply focusing on reducing stress aims to bring us back to a 'neutral' state. Surely there is so much more to a quality life than keeping stress at bay.
Doing something we love elevates us above the mundane details of survival, and allows us to experience the joy of being a unique human being, having a unique personal experience. Happiness and contentment require much more than the absence of negatives.
Gwen Randall-Young is an author and award-winning Registered Psychologist practicing in Sherwood Park, Canada. For information on her books, MP3 recordings and resources go to www.gwen.ca Follow her on Facebook for daily inspiration.



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Gimli residents weigh in on RM's new traffic bylaw at open house

By Patricia Barrett

Gimli council held a public question and answer session Aug. 10 on its new traffic bylaw that will take effect before Sept. 1 when the province hands over authority for setting speed limits to municipalities.

Council and RM staff amalgamated into one bylaw about 45 existing bylaws addressing traffic and created a speed review policy for adjusting speed on municipally owned roads.

A detailed map showing all the subdivisions and their respective speed limits was available for residents to consult and council distributed copies of the policy and a frequently asked questions information sheet.

"We're not proposing any changes [to speed limits] at this time," said CAO Joann Murphy, who helped answer resident questions during the two-hour session, "but we are looking for input and for communities to come forward and suggest what they'd like to see."

Resident Norma Bailey, who attended on behalf of the Willow Island Taxpayers Association, requested reduced speed limits on Willow Island Road and on Highway 9, citing safety concerns.

The speed limit on Willow Island Road is currently 50 km/h.

"Residents want it reduced because it's too fast for children," said Bailey. "There are many children there. At our last residents' meeting, they said they want our speed limit changed to 40 from 50 because it's too fast for kids on the road. People need to slow down."

What the RM hopes to achieve is a uniform and predictable speed limit across all of its subdivisions, although there may be compelling reasons to have different speeds.



EXPRESS PHOTOS BY PATRICIA BARRETT

Norma Bailey (left), representing Willow Island, discusses reducing speeds with Coun. Thora Palson and CAO Joann Murphy.

"We have 22 subdivisions," said Mayor Lynn Greenberg. "If we start changing all of them, it's going to be confusing to someone who doesn't live here but comes for a visit. If that person drives in one area and it's 50 and another is 40 and one is 60, they're going to say what's going on here."

The province disbanded the Highway Traffic Board in January and gave municipalities until Sept. 1 to have a bylaw in place governing their own roads. The province will remain the traffic authority on provincial roads and highways that cut through municipalities.

Residents can, however, still ask the municipality to approach the province to get speed limit changes on provincial highways.

Bailey said Willow Island residents want the speed limit on Highway 9 reduced from 90 to 70 km/h between South Colonization Road and at least Minerva Road.

At the intersection of South Colonization and Highway 9, the speed in-

creases from 70 to 90, heading south, and there's a double yellow (no passing) line. Just down the road is the turnoff to Willow Island Road on the east side of the highway.

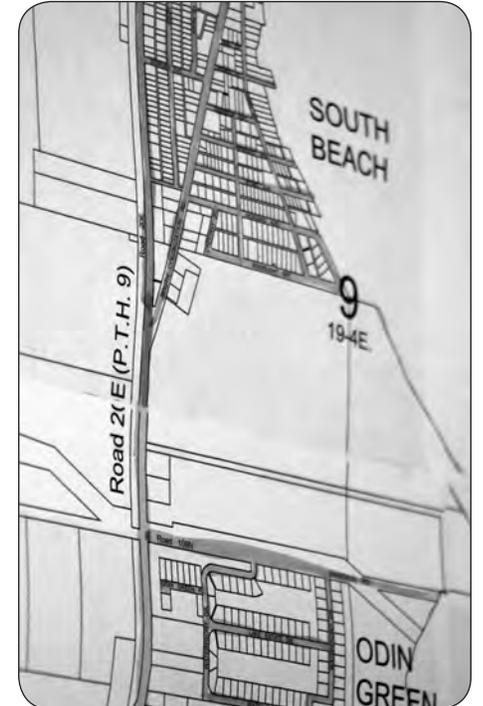
Bailey said when drivers leave the 70 km/h zone, they "boot it" to get up to 90.

"We've had many near misses when people slow down and try to turn onto Willow Island Road," said Bailey. "Drivers start to pass even though there's a double yellow. They don't care. They just want to go up to 90. It's very dangerous."

Coun. Thora Palson said the RCMP have also identified that stretch of highway as problematic, with a potential for accidents.

Murphy told Bailey to get a resident petition together and reasons for requesting the speed change and she will forward it to the province for consideration. She also said she's tried several times in the past to get the province to reduce speed in that area.

"I could take out about 12 letters



P.T.H. 9 is where the speed limit has increased from 70 to 90, just before the next major access road to the east, Willow Island Road.

I've sent to Highways about that very spot," said Murphy. "But we can try again."

Murphy said it's unclear at the present time to whom the municipality would apply to have highway speed changed as there's no longer a Highway Traffic Board.

The municipality will be able to change speed limits on its own roads within 10 km/h at no cost. But any proposed changes above 10 will come at a cost. The RM estimates the cost would be \$11,205 and would include a review by public works, a preliminary study, an engineer's report and associated administration costs.

Residents in the various subdivisions are invited to forward their suggestions to council.

World-renowned dog trainer offers advice to protect pets

By Becca Myskiw

It's a sad reality many pet owners have to live with — the fear and reality of losing a pet.

Pets are stolen from homes, taken off their leashes and lured out of their yards all the time. Some owners are reunited with their furry family member, but many are left wondering what happened.

Cesar's Way is run by Cesar Millan, a world-renowned dog trainer. His tips for keeping your pets from being stolen are simple.

Millan says to keep your pets on a leash. This way, they're attached to you and harder to take freely. He also says not to leave your pet unattended outside even if you have a fence. If

your yard is visible from the street, a fence likely won't stop them so the safest place for your pet is inside your home.

If you do have to leave your dog in the yard unattended, Millan says to lock the gate and avoid warning signs stating what type of dog you have because some thieves look for specific breeds. Be careful of strangers who are too interested in your pet. Talking about your pet is normal — we all love to do it, but Millan says not to give too much away like the cost, breeding history or where you live.

For more than protecting your pet against theft, Millan says simply not to leave it in a car. Don't leave it unattended and tied up outside of a store,

either, and the most important and simple step is getting your pet microchipped.

Dog tags and collars can be easily removed, but microchips provide proof of ownership. Veterinarians check every animal's microchip when they're new to ensure they don't come from a different home, so if your dog is rehomed without you knowing, the microchip can save your bond.

Vee from Manitoba Great Pyrenees Rescue said the only solution to keep pets 100 per cent safe from thieves is to never let them out of sight, but that's not always possible.

"Stealing pets is essentially kidnapping," she said. "Most of us consider them our fur babies."

Along with Millan's tips for keeping your pets safe, Vee said not to put their name on their tag so they can't be lured by thieves and always keep up-to-date photos and information in the case they do go missing.

Pets can still go missing even after taking all the precautionary measures. Check shelters, look for your pet in your neighbourhood, tell everyone you trust, post photos anywhere you can and ask for help. Millan says not to "rescue" dogs from classified ads, flea markets or roadside vehicles because they are likely selling stolen dogs, and by buying it, you're encouraging thieves to continue their business. Rescue your pets from shelters and certified pet rescues.

Gimli Yacht Club raises over \$8,000 for blood cancer research

By Patricia Barrett

There was a lot of colourful drama on Lake Winnipeg last Saturday when Gimli Yacht Club members took to the waves to help raise funds for the Leukemia & Lymphoma Society of Canada (LLSC).

The club raised \$8,362 for blood cancer research and patient services through regatta entry fees and a dinner in the clubhouse following the race.

This is the ninth year the Yacht Club has raised funds for LLSC, and it's the only sailing club in Canada to take part in the Leukemia Cup.

Before his Paragon team set sail, GYC board member and sailor Bill Spornitz told the *Express* there were about 13 teams racing and they start at staggered times.

"You are racing against other boats, in a sense, but you won't know how you've done until you get back. A slower boat will start before a faster boat," said Spornitz. "Some boats are designed for racing, some for cruising and some are half and half, and you get a different profile in the wind."

Spornitz said the Paragon's team of four sailors usually competes against the fastest boat in the fleet, which is GYC commodore Charlie Burns' Liquor Box.

"He's always our competitor, but today there's a smaller fast boat that we often compete against," said Spornitz.

A flotilla gathered outside the harbour wall where a buoy marked the start line and the crews hoisted their spinnakers, colourful sails that balloon out from the bow and make the boats "fly" across the waves.

Regatta fans Brenda, John and Melanie — who has taken part in races and whose husband was competing in the Leukemia Cup — perched on the big boulders at the entrance to the harbour to cheer on the teams.

As Liquor Box made quickly for open water, the Paragon made some rather nerve-racking sharp turns before the crew hoisted the spinnaker.

"They gave him [Liquor Box] a head-start because he's [Paragon] a little cocky," joked Melanie as they watched the Paragon show a bit of keel.

John said the keel, which lets boats to sail into the wind, is quite deep and that prevents the boat from capsizing.

It seems that cockiness paid off for team Paragon as they shared the cup with team Chaya when the two-hour race ended.



The Paragon hoists the spinnaker.



From left: Melanie, Brenda and John from Winnipeg watched the regatta from the boulders at the harbour entrance.

GYC's participation in the Leukemia Cup has raised over \$40,000 to support people with blood cancer.

"HE'S ALWAYS OUR COMPETITOR, BUT TODAY THERE'S A SMALLER FAST BOAT."

"With more than 100,000 people diagnosed with a blood cancer in Canada, the Leukemia Cup Regatta is an important fundraising event that gives participants an opportunity to do something enjoyable while making a critical difference in the lives of patients

and their families," said LLSC in a news release. "Since its inception in 2011, Gimli Leukemia Cup Regatta participants have raised over \$40,000 for the Leukemia & Lymphoma Society of Canada."

The Gimli Yacht Club has a large flotilla of keelboats and dinghies and offers professional sailing lessons for children and adults.

Visit gimliyachtclub.com for more information.



EXPRESS PHOTOS BY PATRICIA BARRETT

Commodore Charlie Burns (far left) and his Liquor Box team prepare to set sail to raise funds for the Leukemia & Lymphoma Society of Canada.



Bill Spornitz and the Paragon team.



GIMLI YACHT CLUB FACEBOOK

Race winners Paragon (Peter Jones) and Chaya (Keith Bruch) with the Leukemia Cup trophy in the GYC clubhouse. Commodore Charlie Burns is on the right.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Impact plays to 2-2 draw with Les Bleus

Staff

The Interlake Impact continue to lead the Manitoba Major Soccer League's 5th Division standings.

Interlake battled Les Bleus to a 2-2 draw last Thursday at the East St. Paul Soccer Complex.

Benny Wiens and Tristan Grigg scored for the Interlake.

With the tie, Interlake is now 9-3-4 and with 31 points, the Impact is seven points ahead of second-place Kucame FC and Sinjar FC. Kucame FC, though, has played three fewer games than the Interlake.

The Impact is back in action Thursday when they battle the United in Stonewall. Game time is 7 p.m.



EXPRESS PHOTO BY JO-ANNE PROCTER

The Interlake's Benny Wiens scored for the Impact in the 2-2 draw with Les Bleus.

Blue Jays battle hard at U21 westerns

By Brian Bowman

The Interlake Blue Jays finished with an 0-4 record at the Western Canadian U21 "AAA" Baseball Championship last weekend in Saskatoon.

But two of those losses came by just a single run.

"In both games, from what I know, we were winning," said Blue Jays' head coach Adam Kirk, who could not make the trip to westerns. "It's been our problem all year, closing out games. We could have been a completely different baseball team if we could have closed out even half of the games."

"I said to James, my assistant coach, we lost probably 10 one-run games this year and we were winning in six of them."

The Blue Jays began action last Fri-

day with a tough 9-8 loss to the St. Albert Cardinals.

Interlake then faced off against its Manitoba Junior Baseball League rival Elmwood Giants, losing 16-3.

On Saturday, Interlake was shut out 8-0 by the Saskatoon Hoppers. The Blue Jays then wrapped up round-robin play Sunday with a 9-8 loss to the Innisfail Merchants.

Saskatoon went on to win the western title after a 12-2 win over Elmwood in the gold-medal game on Sunday.

Despite coming home winless in four games, it was a great experience for the players and coaches.

"Any time you can go to a Western Canadian tournament, the level of competition definitely increases," Kirk said.

game.

The Elmwood Giants earned a silver medal at the Western Canadian U21 "AAA" Baseball Championship in Saskatoon on Sunday.

Elmwood was defeated 12-2 by the Saskatoon Hoppers in the gold-medal

Elmwood started action Friday afternoon with their Manitoba Junior Baseball League arch-rival Interlake Blue Jays, winning 16-3.

The Giants had a busy day Saturday with games against the Innisfail Mer-

B.C. bails on Western Canadian Senior 'AA' Baseball Championship

Staff

The 2019 Western Canadian Senior "AA" Baseball Championship is now down to four teams.

B.C. made the curious decision to drop out from the tournament last Friday. The remaining teams will be the host Stonewall Blue Jays, Edmonton Blackhawks, Saskatoon Outlaws, and the Southwest All Stars.

"It's going to be like a curling-type draw," said the Blue Jays' Adam Kirk. "So everybody plays everybody then it will be a four-team page playoff."

Stonewall will play Saskatoon on Friday at 12:30 p.m. and then South-

west later that evening at 7 p.m.

On Saturday, the Blue Jays will battle Edmonton at 12:30 p.m.

The other games Friday feature Southwest versus Edmonton at 10 a.m. and Saskatoon against Edmonton at 4:30 p.m.

Saturday's other round-robin game includes Southwest versus Saskatoon at 10 a.m.

The first- and second-place teams in pool play will play Saturday at 4:30 p.m. while the third- and fourth-place teams will go head-to-head at 7 p.m.

Sunday's games will be played 10 a.m. and 1:30 p.m.

Giants win silver at Western Canadian U21 Baseball Championship

Staff

Elmwood defeated Innisfail 13-3 but was blanked 10-0 by Saskatoon.

Elmwood wrapped up round-robin play with a 3-2 win over the St. Albert Cardinals on Sunday.

The Giants' roster included East Sel-

kirk's Brett Boudreau and Kevin Burnett and St. Andrews' Owen Nychyk.

St. Andrews' Dave Nychyk is a member of Elmwood's coaching staff.

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MORTGAGE SALE

The building and land known as **15096 Berlo Road, Camp Morton, RM of Gimli, Manitoba**, as described in Certificate of Title No. 2619274/1 will be sold at auction by a licensed Auctioneer on Wednesday, the 4th day of September, 2019 at 2:30 P.M. at 62 – 2nd Avenue, Gimli, Manitoba.

To the best of the vendor's knowledge, there is situated on the mortgage property a 5.17 acre well treed lot with a 796 sq. ft. single family bungalow classified as a residential/cottage with no basement; double detached garage; 1 bath, 3 bedrooms, kitchen and living room; wooden front deck and steps; property has its own well and septic system. Property is vacant. Property can be reached by travelling north on Hwy 8 continue past Gimli turnoff continue north to Lake Forest Road turn left (west) continue along Lake Forest past Road 16E – Berlo Road runs north off Lake Forest Road between Road 16E and 15E; turn right (north) property is located on the NE corner of Berlo Road and Lake Forest Road.

Property taxes are outstanding in the sum of \$702.11 which includes outstanding 2018 taxes plus penalties to July, 2019 as well as the net 2019 taxes of \$308.85 which are due as of August 31, 2019. Property taxes are paid in full to December 31, 2017. The property is sold subject to taxes and penalties accruing after that date.

TERMS: Deposit of \$12,000.00 in cash, certified cheque or bank draft payable to MLT Aikins LLP and the balance according to conditions to be announced at the sale.

Sale is subject to Reserve Bid which will be announced at the auction. If the highest bid does not meet the Reserve Bid then there is no sale.

Further information may be obtained from:

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jingrilli@mltaikins.com

MORTGAGE SALE

The condominium unit known as **23 - 432 Shorepointe Village, Gimli, Manitoba**, as described in Certificate of Title No. 2890432/1 will be sold at auction by a licensed Auctioneer on Wednesday the 4th day of September, 2019 at 2:30 P.M. 62 – 2nd Avenue, Gimli, Manitoba.

To the best of the vendor's knowledge, there is situated on the mortgage property an 861 sq. ft. 2 bedroom apartment style condominium unit; monthly common element fees are currently \$228.10 which includes 1 outdoor stall for parking; complex has an outdoor swimming pool and amenity centre; complex has its own lagoon and water system. No further information is available for this unit as it remains owner occupied. Unit is contained in the building identified with the name "Biscuit Harbour".

Property taxes are paid in full to December 31, 2018. The property is sold subject to taxes and penalties accruing after that date as well as Caveats Nos. 203574/1 and 83-98396/1 filed by Manitoba Hydro/Manitoba Telephone System; Caveat No. 4079035/1 filed by the R.M. of Gimli – all which will remain on title and Condo Lien 5054043/1 which is to be discharged.

TERMS: Deposit of \$20,000.00 in cash, certified cheque or bank draft payable to MLT Aikins LLP and the balance according to conditions to be announced at the sale.

Sale is subject to Reserve Bid which will be announced at the auction. If the highest bid does not meet the Reserve Bid then there is no sale.

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NOTICE TO CREDITORS

IN THE MATTER OF The Estate of Stanley John Eiriksson, late of the Municipality of West Interlake, in the Province of Manitoba, Deceased.

All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their office, 231 Saskatchewan Avenue East, Box 157, Portage la Prairie, Manitoba, R1A 3B2, on or before September 19, 2019, after which date the estate will be distributed having regard only to claims of which the Administrator has notice. DATED at the city of Portage la Prairie, in the Province of Manitoba, this 12th day of August, 2019.
Greenberg & Greenberg
Solicitors for the Administrator

MORTGAGE SALE

The building and land known as **SE 1/4 1 - 20 - 2 EPM, RM of Armstrong, Manitoba**, as described in Certificate of Title No. 2285901/1 will be sold at auction by a licensed Auctioneer on Wednesday the 4th day of September, 2019 at 2:30 P.M. at 62 – 2nd Avenue, Gimli, Manitoba.

To the best of the vendor's knowledge, there is situated on the mortgage property 160 acres of farmland consisting of 80 acres of bush and scrub and 80 acres of bush and pasture with an 820 sq ft - 1 1/2 storey single family home with full, unfinished basement with wood burning stove, furnace and laundry area, white vinyl siding, 1 – 3 piece bath and 2 bedrooms on upper level; 1 – 4 piece bath, eat-in kitchen, living room and bedroom on main level, a number of small sheds located in the rear of the home; property has its own well and septic system. Property can be reached by travelling north on Hwy 7 to Road 114 N – turn right (east) travel 2 miles to Road 12E turn left (north) house is approx. 1/4 mile down on the left hand side – it is the only house in this area.

Property taxes are paid in full to December 31, 2018. The property is sold subject to taxes and penalties accruing after that date as well as Caveats Nos. 234155/1 filed by LGD of Armstrong, 243666/1 filed by Manitoba Telephone System and 3980441/1 filed by the RM of Armstrong with respect to an easement for drainage

TERMS: Deposit of \$20,000.00 in cash, certified cheque or bank draft payable to MLT Aikins LLP and the balance according to conditions to be announced at the sale.

Sale is subject to Reserve Bid which will be announced at the auction. If the highest bid does not meet the Reserve Bid then there is no sale.

THE GOODS AND SERVICES TAX (GST) WILL APPLY TO THIS SALE AND HAS NOT BEEN INCLUDED IN THE RESERVE BID. GST WILL BE DUE AND PAYABLE ON CLOSING UNLESS THE PURCHASER IS A GST REGISTRANT IN WHICH CASE THE PURCHASER MAY BE ENTITLED TO SELF ASSESSMENT FOR THE GST.

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The Rural Municipality of West Interlake is accepting tenders to construct approximately 500 ft of sidewalk in the LUD of Ashern. Tender packages are available at the Ashern Municipal Office or for more information call, 204-768-2641. Closing Date: **August 23rd, 2019 at 4:00 pm**, Tenders are to be submitted in a sealed envelope marked "Tender - Sidewalk Construction"

Lowest tender not necessarily accepted.



ACCEPTING QUOTES FOR THE DEMOLISHING OF BUILDINGS AND LEVELLING OF SITES

The Rural Municipality of West Interlake is accepting quotes for the demolishing of buildings and levelling of sites. Tender packages are available at the Ashern Municipal Office or for more information call, 204-768-2641. Closing Date: **August 23rd, 2019 at 4:00 pm**. Tenders are to be submitted in a sealed envelope marked "Quote - Building Demolition and Levelling of Sites"

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Requirements for this position are:

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Salary is set out in the CUPE Local 4348 Collective Agreement. Commencement of duties - Immediately. Please forward your application by **4:00 p.m., August 22, 2019**.

For further information regarding this position, please contact the Rural Municipality of Fisher Office at 372-6393.

Kelly Marykuca
Chief Administrative Officer
Rural Municipality of Fisher
Box 280,
Fisher Branch, Manitoba ROC OZO
fishercao@mymts.net



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RURAL MUNICIPALITY OF GIMLI INVITATION TO TENDER

The Rural Municipality of Gimli is accepting tenders for the following:

- GRAVEL CRUSHING:** for the gravel crushing and stockpiling at the pit located in SW25-20-3E. Traffic Gravel to Department of Highways Specifications, approximately 14,000 cubic yards.
Closing Date: August 23, 2019 at noon
- FUEL:** for delivery to the Public Works Yard in the Industrial Park. Approximately 30,000 litres of gasoline at pumps (Card lock System), and approximately 40,000 litres of clear diesel fuel at pumps (Card lock System).
Closing Date: September 5, 2019 at noon

Detailed tender packages complete with specifications are available to interested bidders on the RM of Gimli website, www.gimli.ca, or at the Municipal Office, 62 2nd Avenue, between the hours of 9:00 am to 5:00 pm, Monday to Friday.

Any questions or concerns related to the tenders can be directed to:
Darcy Hjelmeland
Manager of Public Works and Utility Operations
Rural Municipality of Gimli
Phone: (204) 642-6688
publicworks@rmgimli.com

The RM of Gimli reserves the right to reject any or all bids, to waive irregularities and informalities therein, and to award the tender in the best interest of the RM of Gimli in its sole discretion. Lowest bid may not be accepted. Council may consider a 10% price variance for local bidders. Contractors must comply with Municipal requirements for liability insurance, WCB coverage and business licensing to be eligible to be awarded the contract.

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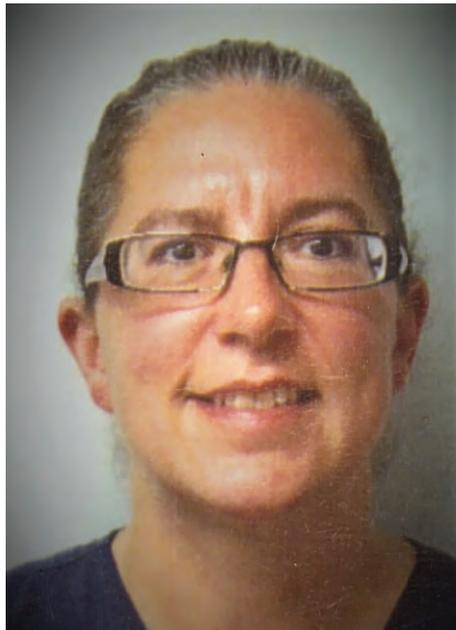


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9	8	3	6	1	2	7	9	4
1	6	9	4	7	9	2	3	8
7	2	4	8	3	6	1	5	9
6	7	8	2	9	4	5	1	3
3	9	2	7	8	1	4	6	9
9	4	1	5	6	3	8	7	2
2	1	5	3	4	6	9	8	7
8	9	6	1	2	7	3	4	5
4	3	7	9	5	8	6	2	1

Sudoku Answer

IN MEMORIAM



Kelly Lee Chuckry (Houck)
February 17, 1969 - August 20, 2018

I heard your voice in the wind today,
And I turned to see your face;
The warmth of the wind caressed me,
As I stood silently in place.
I felt your touch in the sun today,
As its warmth filled the sky;
I closed my eyes for your embrace,
And my spirit soared high.
I saw your eyes in the window pane,
As I watched the falling rain;
It seemed as each raindrop fell,
It quietly said your name.
I held you close in my heart today,
It made me feel complete;
You may have died, but you are not gone;
You will always be a part of me
As long as the sun shines,
The wind blows, the rain falls,
You will live on inside me
For that is what my heart knows.

-Frank

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OBITUARY

Stefan Brander Eyolfson
June 20, 1937- August 7, 2019

Suddenly, at home on the morning of August 7, 2019 Stefan Eyolfson passed away. Leaving to mourn, his wife Patricia of 54 years; children Ernest, Ian (Denise), Pamela (Greg); grandchildren Rachel, Logan, Ashley, Kristine, Tiffany, Shianna, Emily and Bethany; great-grandchildren Caden, Brady, Thane, Edith, Benna, Nora, Rose and Hazel.

Predeceased by his parents Jon and Gudrun Eyolfson; in-laws Frank and Margaret Koblun; siblings Joe, Evelyn, Jorunn, Stoney, Lloyd, Johnny, Thora and Louise.

Dad was born the youngest sibling in Winnipeg. He attended Tarno School where he made lifelong friends. After school, he followed his siblings to work in several mines. Returning to Riverton, he met and married Patricia Koblun. Dad worked delivering mail before working at Riverton Boat Works while farming as well. Dad found his forte welding, which he continued until his last days repairing boat props. Dad provided a home or help to many nieces and nephews who always held him in high regard. Dad continued to be a source of advice, information or help to all who knew him. Dad was a founding member of the Riverton Elks Lodge #530. He received his 50 year pin this spring. Dad had a talent for music and still played his violin at family request. Mom and Dad welcomed everyone in their home, always ready with a glass of home made wine.

He will be deeply missed.

A private service will be held.

In lieu of flowers, donations can be made to the Riverton Cemetery.



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take a break > GAME

SUDOKU

		9	8				3	4
	8	6				5	1	
		8		9				6
					7			
		5	4	6	2			9
9						4	2	
	3		5	7			9	
						3		

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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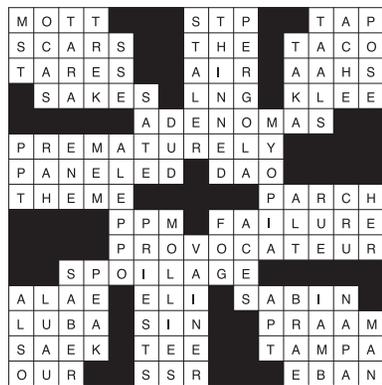
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> GAME

X CROSSWORD

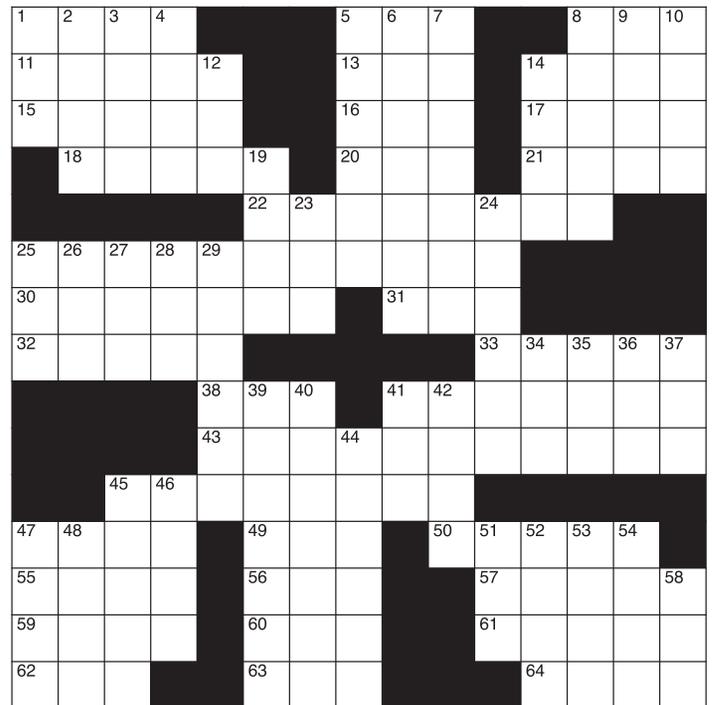
CLUES ACROSS

1. Social reformer Lucretia
5. Engine additive
8. Where draft beer comes from
11. Skin lesions
13. Denoting one or more things
14. Beloved dish
15. Packaging allowances
16. Surrounds the earth
17. Expresses pleasure
18. "For goodness ___!"
20. Liquefied natural gas
21. Paul __, Swiss painter
22. Benign tumors



Crossword Answer

25. In an early way
 30. Covered with wood
 31. Principle underlying the universe
 32. Message
 33. Become dry through heat
 38. Printing speed measurement
 41. One who does not succeed
 43. Type of agent
 45. Type of waste
 47. Wings
 49. Giants' signal caller
 50. Polio vaccine developer
 55. Congo native
 56. Mortal is one type
 57. Fishing vessel (Naut.)
 59. Ethnic group of Thailand
 60. Where golfers begin
 61. Western Florida city
 62. Belonging to us
 63. Soviet Socialist Republic
 64. Influential Israeli diplomat
- CLUES DOWN**
1. Mountain Time
 2. Int'l political organization (abbr.)
 3. Olympic champion Lipinski
 4. March
 5. Less fresh
 6. Reduced in size
 7. Garden archway
 8. Professional translators group (abbr.)
 9. Type of pain
 10. What to do for the cameras
 12. Midway between south and southeast
 14. Bangladeshi monetary unit
 19. Satisfy
 23. Flop
 24. Nearsightedness
 25. Parts per thousand (abbr.)
 26. Bravo! Bravo! Bravo!
 27. Midway between northeast and east
 28. Swedish castle
 29. War-ravaged Syrian city
 34. American model Carol
 35. Bitterly regret
 36. Grand __: superior grade wine
 37. Of she
 39. Clergymen
 40. Ringwald and Shannon are two
 41. Daze
 42. Scores perfectly
 44. More narcissistic circumstances
 45. Fencing sword
 46. Highest point
 47. In addition
 48. Hawaiian feast
 51. Appropriate under the
 52. Hillside
 53. Metrical foot
 54. Winemaking region
 58. Someone



44. More narcissistic circumstances
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