







THE APPENDING

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WEEKLY NEWS

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EXPRESS PHOTO BY BECCA MYSKIW

Eloise Ireland waves at the crowd as she takes another spin on the carousel with her dad at the Icelandic Festival of Manitoba last Sunday.

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After ten years, a documentary on Dunnottar's piers is up on YouTube

By Gabrielle Piché

Within its first week, there had been over 700 views on Evelyn Ward de Roo's documentary about Dunnottar's piers and their builders.

Pole by Pole: Building of the Poplar Pole Piers in the Village of Dunnottar, Manitoba came out in 2009. However, Ward de Roo only uploaded her short film to YouTube on July 16, 2019. She uploaded it in celebration of the film's ten year anniversary.

"I think Pole by Pole has been the zenith of my filmmaking career," Ward de Roo said.

The artist is a self-described "amateur filmmaker" – in fact, she hasn't made a film since 2009. Ward de Roo filmed Pole by Pole because her husband Bert was interested in how the poplar piers were made.

Ward de Roo has a cottage in Dunnottar.

Every year, she and her husband would go down to their cottage, and the village's piers would already be standing in Lake Winnipeg. The couple would leave before the piers were taken down.

Ward de Roo said she spent several years not knowing the piers were removed in the fall and rebuilt in the spring. The construction happens because Manitoba's harsh winters destroy the piers.

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Evelyn Ward de Roo gives Don Skorupski a DVD copy of Pole by Pole in 2009.

In May of 2009, Ward de Roo took her husband's video camera to Dunnottar's town office. The couple had learned of the piers' annual construction, and Ward de Roo wanted to capture the assembly on tape for Bert.

Ward de Roo was directed to Matlock, where the builders were working on some piers. The amateur filmmaker found the crew.

"It was just a real fluke," Ward de

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EXPRESS PHOTOS SUBMITTED

The Dunnottar pier.



Piers in Dunnottar are built in the spring and removed in the fall.

Roo said. "There was no planning at all."

The builders told Ward de Roo where they'd be working the next day. So, the following day, she showed up with her camera.

"After the first two days, I went back a third day, and the guys looked at me like 'Oh, she's serious."

Over the three days, Ward de Roo compiled four hours of footage and spent at least 12 hours cutting together her 20 minute short film.

Pole by Pole began as an informational video on how the piers in Dunnottar were constructed. However, as Ward de Roo filmed, she realized the real story was about the pier builders. Ward de Roo focused on the workers – specifically Don Skorupski – when she was editing her film together.

"I didn't make an instructional video, I made a historical video," Ward de Roo said.

Skorupski was a lead builder in the piers' construction during Pole by Pole. He'd started to help build the

docks when he was 15. In 2019, at 80 years old, Skorupski is still helping out – he and a friend made four piers this year.

When Ward de Roo was filming, Skorupski had already had 55 years of experience building piers.

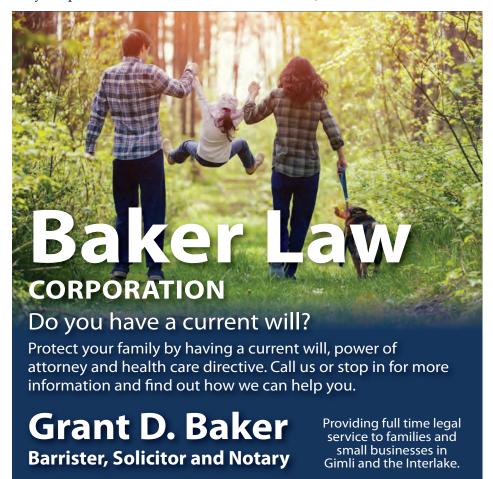
"He kept throwing out these little tidbits of story that I kept trying to grab," Ward de Roo said.

She gave the builders DVD copies of Pole by Pole once she'd finished making the film and confirmed that she could share the video publicly.

"It was absolutely the most fun part of it, getting their reaction."

Word spread about the film, and soon, Ward de Roo was selling DVDs to people in the area. She said she sold around 100 copies.

Ward de Roo has wanted to upload Pole by Pole for years. She said the tenth anniversary seemed to be a good time. The film can be found on Ward de Roo's YouTube channel Hansson Street, but the last two minutes of the video are missing.



Interlake artist tries to beat the clock during self-imposed art challenge

By Gabrielle Piché

An Interlake artist thought she could start and finish a painting within three minutes – and she asked others to challenge her to do so.

Gayle Halliwell created her challenge during a pop-up art show in Gimli on July 26.

The rules: People would time Halliwell as she painted an index card. If she didn't finish the painting within the allotted time, the person timing would take the completed picture home for free.

Halliwell is a Wave artist. She had a table set up at a Wave pop-up show during the last weekend of July.

Along with her paintings and prints, Halliwell's table showcased a sign advertising her three-minute challenge. People could choose a scene for Halliwell to paint: a canola field, sailboats or an Interlake forest.

Once someone challenged Halliwell, she'd take her paintbrush to a 2 x 3 inch card. The artist would explain what she was doing as she painted.

"If you watch, I change my strokes from horizontal to rounded, and that's because the lake is flat," Halliwell said



Halliwell paints a sailboat scene on July 26.

while painting her sailboat scene.

Halliwell guessed that over 30 people challenged her at the art show. She didn't complete any paintings in three minutes, but she said she got close. The artist finished all her scenes despite the time so she could give the pictures to her challengers.

"I don't mind if I have to give them away," Halliwell said. "It's part of the

Halliwell doesn't know if she'll do the challenge again, but she enjoyed trying it in July.

children who watch," she said. "They often have their mouths open and their eyes wide. It's the coolest thing."

Originally, Halliwell had set a 10 minute challenge for herself. However, finishing in 10 minutes was too easy for the painter. She then tried five minutes before shrinking the time slot to three minutes.

"I do like to be challenged," Halliwell said."It's good practise for me."

Halliwell has been painting professionally for over a decade. In the

"I really like to watch the faces of summer, she lives on a boat on Lake Winnipeg. There, Halliwell finds inspiration.

"I always tell people I have lake water in my blood," she said.

This is why Halliwell offered to paint sailboats at the pop-up art show.

Halliwell's work has been showcased at Gwen Fox Gallery in Selkirk and at the Gimli Art Club. She posts pictures of her art on her website, www.gaylehalliwell.com. People wanting to buy Halliwell's art can email her at studio410@hotmail.ca



EXPRESS PHOTOS BY GABRIELLE PICHE

Gayle Halliwell holds her completed sailboat picture - one that she'd finished in just over four minutes.





451 Main Street. Arborg building centre



Seventy-one and still keeping pace after 86 marathons

By Becca Myskiw

Jeff Vince completed the ten-mile road race at the 130th Icelandic Festival of Manitoba last Sunday.

The 71-year-old has run a total of 67,000 miles in the last 35 years—the equivalent of running around the world twice.

Vince started running in 1985 for better mental and physical health. He changed his eating habits, drinks lots of water and runs around seven miles every day along with races. He's run in 86 marathons and half-marathons since he started running but said he doesn't do it for the medal he gets at the finish line.

"Most days I could go forever," said Vince. "It just keeps you in shape."

Sharon Stanley is 68 years old and started the race with Vince. The two met through the running community at Garbage Hill in Winnipeg and have been friends ever since. Stanley said she had to tell Vince to go ahead of her because she just couldn't keep up.

Vince has run races all over the world. He said the furthest he's been is Tokyo, but he's also run in Athens, Berlin and London.

"Watching him is incredible," said Stanley. "He's running royalty."

Vince has done the ten-mile race in the Icelandic Festival of Manitoba 15 times, but this year was Stanley's first. She had friends coming out and thought it sounded cool to run from town to town rather than around a track three times. She wasn't disappointed.

Stanley said the wind was blowing just right and the race was on the best day of the weekend. She doesn't usually run races because she prefers to run for enjoyment, but the scenery was beautiful to run through.

Six years ago, Stanley started focusing on running and got a running coach. She likes the structure and motivation they give her, and she hasn't looked back since.

Stanley and Vince have very different running styles. Stanley starts slow to loosen up her body, then about halfway through she finds her stride and keeps the pace ending the race fast. Vince, on the other hand, starts his races with a bang.

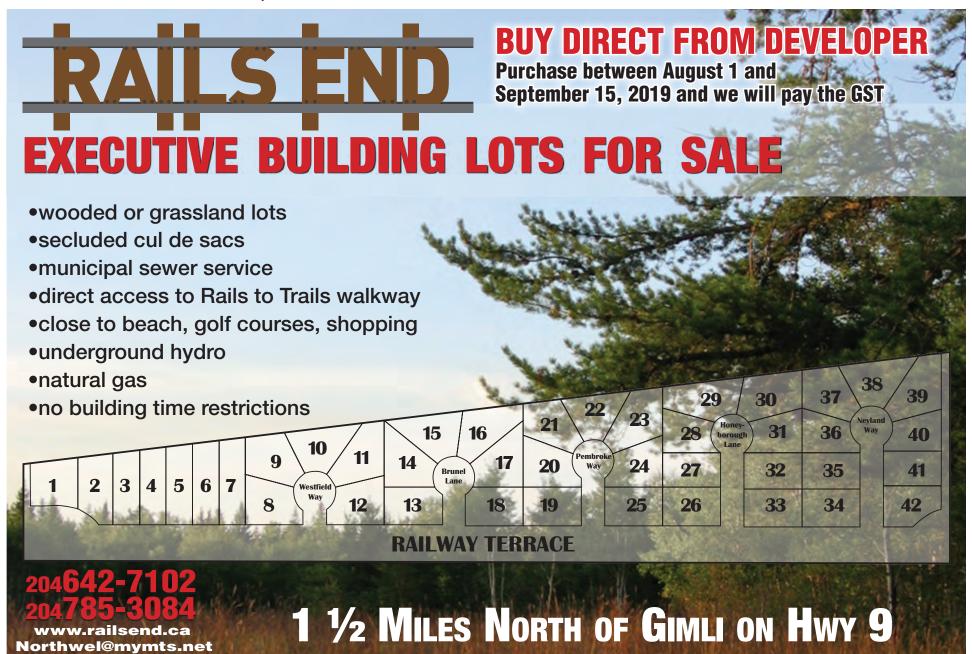
"What I look do is start quicker so you have time in the bank," said Vince. "I do a lot of things you shouldn't do."

The pair both said the running community is one of the best parts of running. They make friends in every race and always have people to talk to while they run who support them as they go. They both said they're going to keep running as long as they



EXPRESS PHOTOS BY BECCA MYSKIW
Jeff Vince, left, and Sharon Stanley both
completed the ten-mile run at the 130th
Icelandic Festival of Manitoba last Sunday.

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> MARATHONS, FROM PG. 4



Hunt from Vancouver finished first in the ten-mile road race at the Icelandic Festival of Manitoba last Sunday.



Nine-year-old Henrik Viigfusson ran in the one-mile fun run last Sunday because he "likes to sweat."



Oscar Belanger, 13. usually runs the ten-mile road race, but ran the inaugural 5K this year to take a break before he runs the WFPS half-marathon.



Luke Love from Dauphin was at the Icelandic Festival of Manitoba for his bachelor party and finished first in the inaugural 5K road race.

Steep Rock Beach Park celebrates 30 years

By Evan Matthews

One of Manitoba's favourite tourist destinations celebrated 30 years of camping this past weekend.

Steep Rock Beach Park Co-manager Laura Sveinson said the new management team was eager to pay homage to the park's history.

"It is our 30th anniversary of the park, and we decided we had to put on a celebration," said Sveinson. Sveinson has been visiting Steep Rock since she was a little girl.

"I grew up in Gypsumville, but my family would spend a lot of time here. Back then, it was just the town," she

The festivities took place last Satur-

management team said the park was expecting roughly 500 people.

While the exact number is difficult to calculate, the management team came up with the 500 people in the park based on the number of campsites booked. All of the park campsites and cabins were reserved for the weekend, according to Sveinson.

What that number did not include, were people who were coming out for just the one-day, she said.

The entrance to the park was free, and the weekend centered on enjoying the gem that Steep Rock is, Svein-

"This is an exciting and fun place to

day according to Sveinson, and the be. The beach is such a natural attraction. We are so fortunate to have this park," said Sveinson.

> "This is a place where people can come and enjoy this type of beach and park. The Interlake has so many beautiful spots, but so few unique like Steep Rock," she said.

Activities on Saturday included a colouring contest for ages 12 and under, family activities and games, a balloon water war, a perogy dinner, and several raffle prizes.

Raffle prizes included a barn quilt trail replica, a bench, a fireplace and a hammock.

The Steep Rock Campers Committee put the prize of the barn quilt and bench together, and the group is a staple supporter of the park, according to Sveinson. The campers committee organizes volunteers, fundraisers, etc.

"They've raised funds and donated time to build playgrounds within the park, and most recently they renovated the pavilion's kitchen," said Svein-

"Originally, they built the pavilion itself. We're lucky to have them," she

Local politicians were also on-hand for speeches, and live music accompanied the afternoon.





EXPR€SS





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Heat wave cause for concern?

By Evan Matthews

The climate change conversation is always an interesting one.

As more time goes, it seems there are less and less climate change deniers.

The science is out there; it should be pretty easy to draw one's own conclu-

However, in Canada, for the most part we've been pretty fortunate. Extreme weather isn't something we tend to worry about. Sometimes people joke by saying,"I could get used to this warm weather."

With frigid chills for almost nine months of the year, is the most recent heat wave something to be concerned about?

In most Manitoban's eyes, the answer is probably, "No."

Though I'd tend to agree, the most recent heat wave (specifically) isn't something to be worried about, climate change (likely) is.

Southern Manitoba saw such severe

hail last week that destroyed many crops. Some farmers thought they wouldn't be able to recover any capital funds invested into those damaged crops. The government stepped up and did a great job in acting as a liaison between those affected agricultural farmers, and other farmers who raise beef cattle and/or horses.

Beef and cattle farmers are experiencing a crisis of their own: a shortage of feed.

That extreme shortage of feed is being caused, mostly, by an extremely dry season, though experts went shy of calling this summer a drought.

Certain pockets of Manitoba are above their annual precipitation averages, but those suffering the most from the feed shortage are in Manitoba's northwest Interlake.

This has created a difficult and hard to predict economical situation for many farmers in the area, too.

While, again this past week, much of Manitoba was under heat warn-

ing advisories, which leads inevitably to severe storm weather to come our way once more.

What's interesting is how both farmers' (agricultural and beef/horse) issues stem from extreme weather.

This editorial isn't going to be preachy, suggesting for everyone to change their habits.

But when people talk about climate change, so often they talk about it in terms that don't necessarily affect them personally.

In cases this past week, these are examples in our own back yard of how climate change can impact us.

Farming is a big industry not only in Manitoba, but in all of Canada.

Weather extremes are forcing industry professionals and government to come up with innovative solutions to new problems, problems we may not have experienced as a society in the past. Some of society may not be willing to change habits and lifestyles, but to suggest you're unaware at this point would be naïve. We don't have to look very far for examples anymore.

Manitoba PC party will eliminate the pst on tax preparation

Submitted by Manitoba Government

A re-elected PC government will make life more affordable by rolling back this tax on taxation

A PC government will eliminate the NDP's Provincial Sales Tax on the preparation of tax forms to save Manitobans money and encourage them to get the advice and help they need in filing their taxes.

"The NDP added insult to injury with this new tax," said Manitoba Progressive Conservative Leader Brian Pallister. "The NDP loved taxes so much, they thought you should pay extra for the privilege of paying them by charging the PST on tax preparation services.

"Unlike the NDP, we believe taxes are high enough without having to

pay taxes when you pay your taxes."

Eliminating this NDP tax will save Manitobans about \$3 million each year. Wab Kinew's NDP broadened the PST in 2002, 2004, 2010, and 2012 before they raised it to eight per cent in 2013 – after promising Manitobans they wouldn't.

The PC government has lowered the tax burden on working Manitobans and their families and, if re-elected, will keep doing so.

"We are the only team that is fighting for lower taxes and helping to put more money on the kitchen tables of Manitobans. Wab Kinew and the NDP's risky high-tax platform will hurt families and our economy," said

The PC government has already

provided historic tax relief to Manitobans, including:

Reducing the PST from eight to seven per cent, saving taxpayers \$325 million annually.

Indexing the Personal Income Tax Brackets and the Basic Personal Amount every year, which has removed an estimated 7,720 Manitobans from the tax rolls over three years. If re-elected, a PC government will help Manitobans by:

Eliminating the PST on home insurance. Removing the PST on personal care services, such as haircuts and nail treatments. Eliminating the PST on wills and probate fees -- otherwise known as a death tax.

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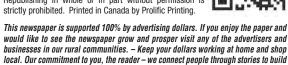
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Manitoba Liberals release plan to save Lake Winnipeg

A Manitoba Liberal Government want to leave a better Manitoba to our will end decades of NDP/PC neglect of Lake Winnipeg and act to save the lake, as well as Manitoba's other waterways, by helping the city of Winnipeg and other municipalities upgrade infrastructure.

For years, Lake Winnipeg has been at risk of becoming a "dead lake" as massive blue-green algae blooms grow in the Lake, fed by fertilizer runoff and waste from municipal sewers. The algae threatens the health of the lake and washes up on beaches where it can make people and animals sick.

Lake Winnipeg is home to a fishery worth tens of millions of dollars a year. Thousands of Manitobans depend on the Lake for a living, drinking water, and tourism.

"For decades, raw sewage and undertreated water have been flowing into our lakes and rivers, and NDP and PC provincial governments refused to help cash-strapped municipalities solve the problem," said Lamont. "We children than the one we inherited. In order to do that, saving Lake Winnipeg and restoring it to health needs to start now."

Manitoba Liberals say if the City of Winnipeg agrees, a Manitoba Liberal Government will fund the process that could cut the North End Treatment Plant's emissions of phosphorous by 70 per cent. The process, adding "ferric chloride" to water, has been recommended by both the Lake Winnipeg Foundation and the International Institute for Sustainable Development as a lower-cost means to bring the city quickly in line with environmental guidelines for \$5-million.

Manitoba Liberals also said they would accelerate progress on wastewater infrastructure and help the City of Winnipeg pay for the completion of the new North End Treatment plant and other wastewater treatment by issuing \$500-million in "Save Lake Winnipeg Bonds"that would be dedicated to financing the construction of infrastructure projects across the province and permanently reduce the flow of phosphorous into lakes and streams.

While the Red River supplies less than 10 per cent of Lake Winnipeg's water, it accounts for nearly 60% of the phosphorous. The largest point source of all, 5 per cent, is the City of Winnipeg's North End Treatment

In addition to the ferric chloride treatments, a Manitoba Liberal Government will:

- Work with Conservation districts and the Lake Winnipeg Foundation's existing network to map and target phosphorous "hotspots," in Manitoba and work to eliminate them.
- Create new wetlands and restore old ones, including the Netley-Libau Marsh, where the Red River flows into Lake Winnipeg, to naturally clean the water flowing into the Lake.
- Commit to making upgrades to green infrastructure a priority, in-

cluding funding for an "innovation" stream to build and test small-scale pilot projects for new or different technologies.

Use sound science to track fish populations in Lake Winnipeg so we can manage the fishery with certainty for the future.

There are already federal infrastructure funds available that are earmarked for the purpose of environmental infrastructure. The federal government offered \$451-million in funds for green infrastructure in May 2018. One year later, the Pallister government had submitted no projects.

The federal share of funding for projects varies from 40 to 75 per cent.

"The funds for what needs to be done are available, but the PCs have chosen to delay action, even if it hurts the environment and Manitobans," said Lamont. "After years of decline, we want to see Lake Winnipeg get better."

Green Acres Art Centre focusing on lost skills

By Evan Matthews

With each passing year, people become further removed from "traditional" practices, as technology and innovation becomes more prevalent.

Lana Knor, president of Green Acres Art Centre (GAAC), said her organization is working to slow that process as much as they "can."

"Most people don't have a clue how to pickle like grandma used to do," said Knor.

"They're so used to having someone else do it.

"They probably miss grandma's pickles, but they don't know how to do it. If you aren't familiar, it's not so straight-forward," she said.

On Aug. 6, the GAAC is hosting a "lost skills workshop," this time a canning event, at the Teulon Rockwood Centennial Centre. The event is open to everyone, and Knor said nobody will be turned away.

A couple other workshops have already happened, according to Knor, including dough and bread making, and cookie baking. Upcoming workshops — after canning — include a jam-making event, among

Knor said her first pickling experience was disastrous some 12 years ago.

Though she knew her mother-in-law had the knowledge, Knor had decided to give it a go on her own for the first time.

"Lets just say I didn't seal the jars properly, and I almost created rockets," said Knor.



Teulon Green Acres Art Centre hosting a pickling workshop on Aug. 6.

"I got rid of my ego, and phoned my talented mother-in-law, and got all her secrets," she said.

The idea struck for the lost skills workshops after the Manitoba Theatre Projects spent a week in Teulon last October.

Knor said the organization identified food, and traditional cooking and baking techniques, was a main component of community building and rural

"Back then, it was women from different cultures

and groups coming together to share," said Knor."

Healthy Together Now awarded GAAC with a grant, which Knor said made the 'lost skills' program a possibility.

The grant covered GAAC's facility fee, and for facilitators and ingredients, according to Knor, but added that the ingredient cost did exceed the grant amount, so donations are always helpful and appreciated.

Healthy Together Now is a community-led, regionally coordinated and government supported, grassroots program to help prevent chronic disease in Manitoba, according to its website. Its projects are planned and led by individual communities, while the Manitoba government and regional health authorities provide funding, support and training, the site reads.

Now in its 41st year, GAAC continues to promote the arts, culture and fitness in the Interlake.

GAAC offers arts, cultural, fitness and wellness programming to the community of Teulon and surrounding Interlake area, according to its website, and the centre is located at the entrance to the Teulon Green Acres Park.

Much of the programming this summer has been made possible by Sunova Credit Union, according to Knor, who said GAAC won the \$20,000 Sunova Golf Classic funding contest.

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Life saving experience, never take it for granted

Hi folks, if you don't mind, I would like to pass along a single fishing story this week.

It's not often we get a commercial fisherman's story which for this week's column has two benefits. It gives us a glimpse into the people who live the wonderful culture of commercial fishing in Manitoba and also it just might take you away from the heat we're experiencing now, back to a cooler time when winter fishing on the ice packs of our waterways.

Last Tuesday, however, the heat and humidity were intense on the little Icelandic River pier in Riverton. I had driven slowly onto the pier beside two men, one thin with dark short hair and a defined mustache and the other fair haired with a strong husky body who were sitting around one of the concrete picnic tables.

They were tending fishing lines set well out in the River. Leaving my car I asked if they had caught any fish vet.

"No the water's to warm," the thinner chap said. "Where are you guys out of," I asked.

"We're from here but I've got a cottage up at Hecla the blonde-haired fellow said.

"Oh, you guys come from commercial fishing families," I ventured.

They smiled at each other and the thinner chap extending his hand to shake mine, said," we've fished together with Todds' dad, Morris Thomsen, since we were kids. I'm Kevin Sinclair."

We began, as most fishermen do, swapping fishing stories and soon Todd told of a time long ago when his dad was ice fishing, as usual, alone, in March, well out on Lake Winnipeg's south basin. He had finished lifting and taking the fish out of the nets tossing them by size and kind into boxes in his homemade three by nine foot cargo sleigh hooked to his sled. He paused, opening his parka to the cool breeze and noticed the hazy sun setting in the west. He knew it would be dark before he made landfall as he threw his leg over the seat of his heavy duty snowmobile. He cast a glance at the slush pockets

scattered about on the ice even though he knew the ice was still three feet thick.

Morris was a big man, over six feet with a huge muscular body and a quiet, caring nature. He was the kind of man who when he was at home, his greatest joy was taking the time to play and joke around with his and the neighbor's kids. He liked to tell fishing stories and show them the many ways fishing was done. On the sled, he braced himself and pulled the starter rope. The motor growled to life and Morris squeezed the throttle with his mitted hand. The head light shone yellow on the slush and snow as he pulled forward with his rig. Soon the warmed motor sent faint waves of heat across his face which was illuminated by the dash board lights as he bounced along the tracks he had made toward his nets that morning. The sled's motor labored through watery slush holes and sped forward once on the slick snow. Morris could now see pin points of lights from the houses on shore. Then suddenly he pitched forward as the sled came to a halt, the sleigh stuck a slush pocket. Morris knew better than to race the motor to pull the sleigh out. He shut it down, waited for his eyes to get used to the dark then walked back to the sleigh ankle deep in slush with one ski caught in an ice crack. Loaded with nets, gear and fish, the sleigh had to be hundreds of pounds. He stood looking at the fish knowing that he had to get them home to clean and ice before they went bad.

From the time he was a young boy, Morris had learned that he was blessed with a huge strong body and had come to rely on it. He stiffened his body with resolve. He stomped into the slush at the back of the sleigh, grabbed the lower cross board, set his feet and with a dead lift raised the left ski just high and sideways enough to rest on an ice ledge. He rested for a moment the blood rushing to his head from the strain. Again he set his feet gripping the board and lifted. He felt the right ski spring free of an ice crack. He stood in the dark and silence of the vast icepack catching his breathing in the fresh cool

EXPRESS PHOTO SUBMITTED

Morris Thomsen showing a group of children

some time ago how to take a fish out of a net while on the Lake Winnipeg ice pack

night air. Then slowly he mounted the sled, started it and pulled forward.

Thankfully the sleigh followed easily. Later at home Morris walked into the bright warm kitchen in his ice caked coveralls. He smiled as his little boy, Todd, rushed to him, wrapping his arms around his dads' leg. Morris lovingly tousled his child's hair saying half in English and half in Islandic, "hello Elskan".

Age-Friendly communities to celebrate Family Day

By Evan Matthews

The Village of Dunnotar is an age-friendly place, and one student is working hard to make sure everyone in the community knows.

Althea Howard is working with the Village as a volunteer practicum student.

Age-Friendly is a community that values and supports the contributions of older people, celebrates diversity, refutes ageism and reduces inequities, and provides opportunities for healthy choices that enhance independence and quality of life.

"I'm working with some of the community groups, and Age Friendly Dunnotar is one of those groups," said Howard, who has been a lifelong Ponemah cottage goer

"I've been coming to the community my whole life, and I do feel deep roots to this community. I'm so excited to be doing my practicum in the place I grew up; I feel like I'm contributing in a meaningful way and I'm so thankful for that opportunity," she said.

On Saturday, Aug. 10, Whytewold Park will play host to Family Day put on by Age Friendly Dunnotar. With the Village being made up of the Ponemah, Whytewold and Matlock communities, Howard said celebrating those communities is important.

"Each of these communities function kind of independently, but also there is so much overlap between the communities," said Howard.

"Family Day is about celebrating the three communities and their interactions, and strengthening those bonds. Strength comes from working together and focusing together, in a time where our society is seemingly becoming individualistic," she said.

Events will run from 9 a.m. to 5 p.m., according to Howard, with morning events including the vendor market and bouncy obstacle course. The afternoon will see a free community barbeque, water gun fight, scavenger hunt, free ice cream, and a free concert by Canadian Express.

Dog owners to compete in national Rally Obedience

By Evan Matthews

Arborg will see a few extra wagging tails next weekend, as dogs and their handlers will compete in the growing sport of Rally Obedience.

The Canadian Association of Rally Obedience (CARO) is hosting a trial competition on Aug. 10 and 11 at the Arborg Arena.

"Participating dogs need a CARO registration number, and should have some basic training in the sport," Kim Masiak, participant and aspiring CARO judge, adding there are about 15 people between the communities of Gimli, Arborg, Sandy Hook and Winnipeg Beach who typically participate.

"I've been doing this for about eight years. There are classes at Crazy Jumpers Dog School and Boarding out of Fraserwood," she said.

Crazy Jumpers is also the host club of the event, according to Masiak.

On Sat., Aug. 10 at 12 noon, a fun competition happens at the arena, while the trial takes place on 9 a.m. on Sun., Aug. 11.

Rally Obedience is new to the area, according to Masiak. It is a dog sport intended to promote positive relationships between dogs and owners based on trust and respect.

All dogs can participate as well as physically challenged dogs and/or handlers, according to Masiak, with over 40 obedience movements with sits, turns, and paces of traditional heeling.

The sport often requires a brisk pace, positive attitude and happy demeanor. Masiak said.

"There are no physical, or even harsh verbal corrections allowed with the dogs," said Masiak.

"We promote dog training with positive things like food rewards, happy voices, etc. We try to have fun with our dogs," she said.

With an expected 20 participants coming to the Arborg event, some with multiple dogs, a guest judge from Regina will be coming to score the event. Most participants fall under the "novice" category, with the highest category being "versatility excellent."

The progression goes from novice, to advanced, to excellent, to versatility, and finally to versatility excellent.

A few participants will have higherlevel dogs, according to Masiak.

"For me personally, I enjoy it so much. I find this type of training creates such a good bond with your dog," said Masiak.

"This is a good base for all other dog sports you might want to participate in," she said.

Two participants are also aspiring judges - one being Masiak - and the pair will shadow the guest judge throughout the event to gain knowledge and insight to judging the events, as part of CARO's requirements.

Masiak said spectators are welcome to attend both days, too.



EXPRESS PHOTO SUBMITTED

Carman Asu a student with her dog Suvi shows a sample of what the obedience rally competition will look like in Arborg on Aug. 10 and 11.

"If you enjoy watching the Westminster Dog Show on TV, I think you'd find this interesting," said Masiak.

More information on the sport is available on its website canadianrallvo.ca.



PUBLIC NOTICE



Centra Gas Manitoba Inc. (Centra) 2019/20 General Rate Application

By Notice of Public Hearing first published on December 15, 2018, the public was advised that Centra has applied to the Public Utilities Board (Board) for approval of new rates charged to natural gas customers effective August 1, 2019. Centra is seeking changes to the rates that cover Centra's cost of purchasing, transporting and distributing natural gas to Manitoba, effective November 1, 2019 (previously August 1, 2019). Details are outlined in Centra's General Rate Application, available at:

www.hydro.mb.ca/regulatory_affairs/gas/gra_2019_2020/

On July 24, 2019, Centra updated its original Application to provide its current estimate of non-Primary Gas costs, based on future market prices and other updates. The impact of the updated Application is a decrease of approximately 10.1% or \$70 on the annual bill for a typical residential customer compared to May 1, 2019 billed rates. Customer bill impacts from the original and updated Application are provided for Sales Service customer classes for a range of consumption levels in the table below.

2019/20 General Rate Application	Original Annual Bill Impact	Updated Annual Bill Impact			
Customer Class	% Change	% Change			
Small General Service	(4.7%) - (7.7%)	(7.8%) – (12.5%)			
Large General Service	0.5% - 0.8%	(5.1%) – (7.3%)			
High Volume Firm (Sales Service)	0.5% - (13.8%)	(8.2%) – (23.7%)			
Mainline (Sales Service)	(19.7%) - (13.2%)	(15.9%) – (23.4%)			
Interruptible	(3.0%) - (14.3%)	(7.8%) – (17.9%)			

On July 15, 2019, the Board issued Order 98/19 setting out a timetable for the orderly exchange of information with respect to Centra's Application. The public hearings to consider these matters have been scheduled to commence Wednesday, August 14, 2019

The hearing will be held at the Board's offices, 400-330 Portage Avenue, Winnipeg.

Further details are available at: www.pubmanitoba.ca

HOW DO I SHARE MY VIEWS?

You can share your views on the proposed rate changes with the Public Utilities Board

- Oral presentation If you wish to make an oral presentation to the Board at a Public Hearing, please register with the Public Utilities Board on or before August 9, 2019 by writing to the Board office at the address listed below, or by sending an email to publicutilities@gov.mb.ca. Oral Presentations are limited to a maximum of ten minutes.
- Written comment If you would like to comment in writing, please go to www.pubmanitoba.ca and provide your comment. Your written comments as well as your name and identifying information will be made available to the public on the Board's website.

Manitoba Public Utilities Board 400-330 Portage Avenue Winnipeg, Manitoba R3C 0C4 Phone: 204 945 2638 Email: publicutilities@gov.mb.ca

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P4P continues to press for government accountability and wetlands protection

By Patricia Barrett

People for the Preservation of the Willow Islands Coastal Wetlands (P4P) were back at the legislature for the second time this year to press Sustainable Development Minister Rochelle Squires for an account of the destruction of wetlands in the Siglavik-Miklavik area after she failed to respond to them.

P4P, an environmental protection group, is proving to be a rather tenacious bunch of 29 founding members. Ignoring them, it seems, has only made them more determined to get to the bottom of what they say was a failure by the provincial government and the municipality of Gimli to follow their own laws and allow the destruction of rare coastal wetland along Lake Winnipeg in favour of development.

The group's designated spokesperson, Jeff Smith, accompanied by his wife Muriel and other P4P members, told media July 31 they had delivered a hefty package to Squires three months ago, containing documents acquired through freedom of information requests about the holiday home development on Sunrise Drive.

The documents they obtained show no licenses or permits issued for the development before it began and as it proceeded, said Smith. It was not until it was well underway that the legal landowner applied (in March 2019) to the municipality for a lot grade permit.

Smith said P4P had also made a number of attempts to raise the wetland destruction issue with Gimli MLA and Municipal Relations Minister Jeff Wharton, but he's never responded to them.

"What I find to be a particular bugbear is access to our elected officials - we can't get it. We can't get our MLA Ieff Wharton to come and talk to us," said Smith. "This is the place where the laws come from. And the protection is there. The Planning Act says ... land that falls below 717 feet will not be developed."

After watching the work proceed by fits and starts over a five-year period, P4P went public this spring after they estimated 1,000-1,200 truckloads of earth were dumped in the wetland to raise the property to the required 717 feet and a canal was dug for lake access. LiDAR mapping from 2007 and 2014 shows the now-infilled property sitting below the required elevation, said Smith.

The destruction began in 2014 when the present landowner and her husband bought the wetland property, which is nestled between Lake Winnipeg and the Siglavik subdivision.



EXPRESS PHOTO BY PATRICIA BARRETT

P4P members held a press conference at the Legislature July 31. From left Lanny Silver, Jeff Smith and Muriel Smith.

Infilling started that year and area residents were told there had been permits issued for the work, said

But a 2014 letter P4P obtained this year from Sustainable Development's predecessor, Conservation and Water Stewardship, showed the landowner's contractor having admitted to infilling the land and that no permits had, in fact, been issued to the legal land-

Conservation wrote: "The intent of bringing in fill is to build up an existing lot to a lot grade suitable for development. As you have been advised, Conservation ... ordered the work stopped as the landowner had not received permission or authorization to undertake the filling of the wetland located in this area."

That same year, Smith said the RM of Gimli's chief administrative officer told the developer the RM would issue a lot grade permit if the land was built up to 717 feet.

"If the land can't be developed, then don't do a backdoor workaround to make this happen," said Smith.

P4P also obtained a 2016 email from Sustainable Development that was copied to Jeff Wharton's office, he said, giving the landowner the go-ahead to clear cattails and that no license was necessary.

That turned into a 100-metre-long by eight-metre-wide by three-metredeep trench, said Smith. Sustainable Development ordered the digging stopped in late March 2019 after they spoke out. The canal is now silting and leaching into the waterway.

P4P learned a few weeks ago that the landowner obtained permission to build a house on the illegally infilled wetland, said Smith.

"Significantly for us, the East Interlake Conservation District just issued a strongly worded letter that is highly critical of the government and its approach to protecting wetlands," said Smith. "They highlight the fact that this is rare protected coastal wetland ... and they expect the minister to get on it and do something to protect the wetlands."

It has been suggested that the whole issue is just a "neighbour-versus-neighbour dispute," said Smith, whose property is adjacent to the development, but"it's not." It's about the bigger picture: elected officials failing to follow laws they themselves made and failing to issue fines or penalties for what's been destroyed.

Smith's wife, Muriel, said that's precisely what P4P wants to speak with Squires about.

"There are robust environment laws. Enforce them. Quit dancing around. That's why we're here," she said. "There are almost 1,000 acres of wetland sitting out there, some for sale, for developers. This has got to stop."

P4P member Lanny Silver, who lives in the Miklavik area, said the entire process was flawed from the start and wonders why the landowner failed to

follow proper procedure.

"It seems to me if they [landowner] wanted to build on this protected property, the correct route would have been to apply for a variance to existing rules and regulations," said Silver. "That way it would have been posted publicly and there would have been a community meeting with opposition or support."

Silver said the development has created some tension in the community. He's also aware of many people who are upset by destruction of the wetlands, but are too "afraid" to speak out for fear of being labelled a supporter of this or that political party or afraid of how it might affect their local busi-

"So, people like us and the Smiths come forward because we have nothing to lose," said Silver. "We're really concerned for the environment."

NDP environment critic Rob Altemeyer, who attended the P4P press conference, said penalties or fines should be imposed for breaking the law, and that decision would be made at the ministerial level.

"Presumably - and this is a good point Jeff and the citizens are making - if the law is there, it should be followed by everyone," said Altemeyer. "When the law is broken, the consequences should be imposed."

Wetlands have been referred to as the last line of defence protecting the lake's water quality and confer a number of benefits. They absorb water like a sponge, holding back flood waters, provide vital habitat for plant, animal and aquatic species and suck up phosphorus before it reaches the lake and creates algal blooms, like the one that beset the east side of the lake last month.

The City of Winnipeg said last month it will not adopt a temporary measure to reduce phosphorus from its North End wastewater treatment plant, which contributes to loading in the lake, and asked the province for another extension on meeting reduced phosphorus targets.

When asked why Squires hasn't responded to P4P, a Sustainable Development spokesperson told the Express the minister is working on a response.

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Second World War veteran celebrates 98 years

By Evan Matthews

The only remaining veteran of the Second World War remaining in Arborg, Norm Shaw turned 98 years old last-week.

On Friday July 26, the Arborg Legion played host to his party, as Clubhouse Manager Gail Mather planned the event. At least 50 people attended.

"Arborg just loves Norm," said Mather. "We're all so happy to be with him here today to celebrate."

Accompanied by family, friends, a beautiful cake and the legion bar, Shaw took the day in while stories from the past filled the room.

Shaw said it meant a lot to him, having all of his family and friends present to celebrate with him.

Because Shaw's hearing isn't what it once was, a good friend and fellow veteran Elwyn Davis helped to re-tell some of Shaw's war stories. Shaw was flying as part of the Ghost Squadron, according to Evans.

No. 428 Squadron RCAF, also known as 428 Ghost Squadron, was first a night bomber squadron in the Royal Canadian Air Force engaged in strategic bombing during World War II, as based in Yorkshire, UK. The squadron was made up of planes called the Vickers Wellington Bomber, according to Veterans Affairs Canada.

"He operated the radio plus a gun. They were flying, and Norm noticed the Flaks had started to follow them in the air," said Evans. Flak was a German anti-aircraft and anti-tank artillery gun from World War II, which would fire its rounds and have them detonate in the air based on altitude and/or timing.

Flak was widely used by Germany throughout the Second World War, and was one of the most recognized German weapons of the conflict.

"Norm yelled to the pilot, 'For god's sake, dive, dive! They've got our alti-



Norm Shaw, right, sits next to Elwyn Evans who helped to re-tell some of Shaw's war stories.



The birthday cake read, "Happy 98th Birthday Norman, the legion logo located in the foreground on the cake.

tude!' The pilot dove, and the plane went dove down (dramatically)," he

The plane still had a full bomb load, and as a result actually experienced such G-Force that by the time the pilot had successfully pulled the plane out of its dive, the wings had bent two feet higher than they were placed originally, according to Evans.

The plane ultimately didn't crash, and Shaw's crew escaped from the German bombing raid.

At the end of the war, the RCAF moved the Ghost Squadron to Nova Scotia before being disbanded in Sep-



EXPRESS PHOTOS BY EVAN MATTHEWS

Norm Shaw had many family and friends in attendance, all of whom shared a hello, a happy birthday, and a big smile.



Photos of the planes Norm Shaw served on, called Vickers Wellington Bombers, during the Second World War.

tember 1945.

The motto of the squadron is "Usque ad finem," which is Latin and translates to, "To the very end," and the squadron's badge contains a white Death's Head in a black shroud, according to the Vickers Wellington Bomber

files of Veterans Affairs Canada. The badge refers to the squadron's Ghost designation, according to the same source, which was earned through its night bombing operations, as 'Hitler's Haunters' and the death and destruction it inflicted upon the enemy.

> AGE-FRIENDLY, FROM PG. 8

"The bouncy obstacle course is more for the kids, but we hope to see a few adults in there too," said Howard, laughing.

Funding for the day is coming through Age Friendly Dunnotar, but is also receiving some help from the Village Council. Howard said the organization is thankful for the support, as its symbolic of the entire community being fully behind them.

Part of Howard's practicum is creating an administering sociological survey, which will ask community members to share ideas and interests, and potentially associated programming.

"Age Friendly is provincial initiative, so Age Friendly Manitoba is about promoting inclusion of all ages. It had been (intended) to kind of be seen as a seniors' resource group, because a lot the more we can actively involve others. of what they do is focused on seniors, but they're working to dispel the myth," said Howard.

"It is about having friendly community at every age. Events like this are important for the growth and strength of communities like ours,"

The Province awarded the Village of Dunnotar with the Age-Friendly Community designation on June 4, 2012, according to the website, and subsequently established an advisory committee. Public awareness of each Age Friendly group's action plan and measuring the outcomes are also components of the designation.

"We want to keep community bonds strong,

and we want people to think about what they want our community to look like.," said Howard.

"The more actively we involve ourselves (in community),



Giant Community Yard Sale raises over \$500,000 in 28 years

Eriksdale Chamber of Commerce hosted the 28th annual Giant Community Yard Sale this past week-

Eriksdale Chamber of Commerce president Keith Lundale, said in its 28 years, the yard sale has now produced a cumulative total of over \$500,000 of revenue for participating vendors.

"We're quite proud of that," said Lundale, adding this year's sale saw a total of roughly 40 vendors.

"We have a lot of competition out there over August long weekend... There is Gimli's Icelandic Festival, the Dauphin Fest, etc. We're proud we've been able to maintain this for so many years," he said.

The idea is that each of the vendors is different and unique from the others, with homegrown and homemade items being the mandatory require-

Lundale is a butcher by trade, and said the Chamber's booth cooks up a homemade bratwurst on a bun, pairing it with a drink and chips for \$6.

Ten per cent of the vendors' sales go back to the Eriksdale Chamber of Commerce, up to \$150.

"We want to make sure the vendors that come find it to be successful," said Lundale. "We never have a duplication with a vendor. There won't be three hot-



The Eriksdale Public Library participated as a vendor at the 28th annual Giant Community Yard Sale this past weekend in Eriksdale.

dog stands."

Lundale said the Chamber sees about \$2,000 and puts the money back into the organization.

The Eriksdale Public Library participated as a vendor, according to Friends of the Library Committee member Sandra Hogue. The library put on a used book sale, with

"Ranging from 25 cents to \$1 for a hardcover book, we like to gather some of the older books up and



EXPRESS PHOTOS SUBMITTED

The Eriksdale Chamber of Commerce cooked up homemade bratwurst on a bun, pairing it with a drink and chips for \$6.



For more information visit www.stonewallquarrydays.ca • Only 15 minutes North of Winnipeg • Off Hwy #7 or Hwy #236

put together a couple tables in front of the library," said Hogue, adding that Linda — the librarian — often brings freshly squeezed lemonade, and some of her own garden produce like zucchini, carrots, and beets.

"We take that money and put it right back into crafts, minor expenses, etc., whatever the library needs, and entertainment options at the library," she said.

Eriksdale's Giant Community Yard Sale lives up to its name, as Lundale said it's the largest yard sale of its kind in the province.

Not only is it an important business endeavor, but Lundale said a social one, too.

"It's a one on one (interaction), and its gets people into our community and engaged, and meeting people face to face," said Lundale.

The Chamber is always looking to expand, so getting people and businesses out in the community and engaging with one another is a good way of recruiting new members, according to Lundale.

Lundale said about 1,000 people tend to make their way through the town on average each year.





Red River

Living Room Live brings classical music to Arborg

By Evan Matthews

As a way to connect community members through classical music, new Arborg residents will host a concert, the first of its kind in the Interlake.

Linda Gerritsen said she and her husband are eager to bring in Living Room Live, an organization focused on giving classical musicians a chance to connect with smaller audiences, and a space to play.

"I am Canadian and my husband is Dutch. We're new to Arborg. We came here in June 2017," said Gerritsen.

"We were living in the Netherlands and moved back to Canada in 2013. I thought this would be a great way to get to know people," she said.

Her love for hosting and classical music made jumping in with Living Room Live an easy choice, she said.

Nicola Davies, Living Room Live's executive director, said the organization started just over a year ago. The thought was while other organizations such as Home Routes exist, there was a lack of focus on home shows featuring classical musicians.

"We really wanted to start that project... So we mainly started organizing some tours," said Davies.

"We set up one in Manitoba and Saskatchewan, then for next year we'll have one in northern B.C., and one in southern B.C.," she said.

The music, according to Davies, can be as mainstream or as "off the beaten path," as the artist likes.

Though, she said the nice thing about house shows is the artist's connection with the audience.

"It's such a small group, it's easy for the musicians to chat with the audience and tell them a little bit about the music they're playing," said Davies.

"It's a really great way of introducing music to people who may not be familiar with it," she said.

The Arborg show will be part of a piano soloist tour, Davies said.

Though the organization is called Living Room Live, because Gerritsen doesn't have a piano in her home, the Arborg show will be located at the Arborg Christian Fellowship Church.

The Arborg Christian Fellowship Church will host the first show in Arborg on Sept. 10 at 7:30 p.m.

With Arborg being Living Room Live's first stop in the Interlake, Davies said anyone in the region interested in hosting, playing as an artist, viewing the touring artists, or looking for more information, should visit the website at www.livingroomlive.ca.

All that's required of hosts, according to Davies, is to bring an audience to the show, as well as billet the musician for a night. Crowds typically have





EXPRESS PHOTOS SUBMITTED

Arborg will host a piano soloist on tour at the Arborg Christian Fellowship Church on Sept. 10 at 7:30 p.m. as part of the Living Room Live house concerts.

a minimum of 25 people, she said. Living Room Live is a not-for-profit organization founded to make clas-

sical house concerts happen across Canada, according to its website.



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St. Laurent's coastal marshland teeming with diversity

By Patricia Barrett

The coastal marshlands around Lake Manitoba support a diversity of animal, avian, aquatic and plant species and sequester harmful nutrients such as phosphorus and other pollutants before they enter the lake.

The marshlands around St. Laurent, on the east side of the lake, serve as a stop-over for migrating birds including pelicans, herons, cormorants and red and yellow-winged blackbirds, while providing a home to otters, beavers, foxes, skunks, hawks, bats, ravens and frogs, to name a few of the critters that can be found there.

The marsh is part of a massive area of wetlands called the Prairie Pothole Region, which extends across the three Prairie provinces and five U.S. states. It took tens of thousands of years for the potholes to develop after the retreat of glaciers.

The conservation organization considers Manitoba's wetlands to be among the most "ecologically significant" in the world.

Continued on page 15















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EXPRESS PHOTOS BY PATRICIA BARRETT

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August 12 from 4-7pm at the Gimli Rec Center Coach Applications: Available on the Gimli Minor Hockey Website Please use the contact below to sign up as a coach

 $\textbf{Registration Contact Nancy Johnson } \textbf{m_njohnson@yahoo.ca}$ Coach Contact Paul Johnson p-ddd@hotmail.com





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Members of an Indigenous rights

Strawberry Heart Protectors mem-

Thundersky said they did some canvassing in Victoria Beach recently to raise awareness of the mine, approved in May by the provincial government, and potential environmental threats to treaty land and Lake Winnipeg.

Strawberry Heart supports Indigenous rights to land, city youth and other Indigenous groups across the country to ensure the health of future generations.





EXPRESS PHOTO BY PATRICIA BARRET

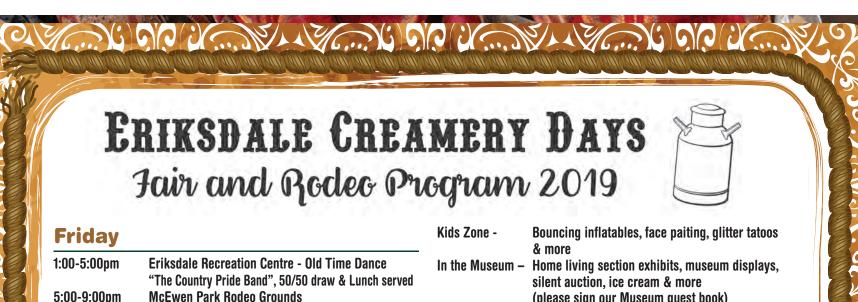
Victoria Redsun and Kakeka Thundersky were at the legislature last Wednesday to raise awareness of the silica sand mine the province approved near Hollow Water First Nation.

By Patricia Barrett

group were at the legislature last Wednesday to lend their support to Camp Morningstar, which is opposed to Canadian Premium Sand's plan to operate an open pit sand mine and processing facility near Hollow Water First Nation on the east side of Lake

bers Victoria Redsun and Kakeka

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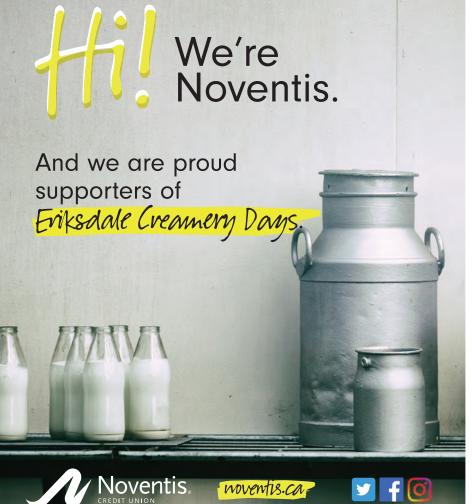


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Interlake Ukrainian dance groups slated to bring the heat to Folklorama

By Gabrielle Piché

Ukrainian dance groups from the Interlake are bringing the party to Folklorama this summer.

Folklorama's Ukraine-Kyiv Pavilion will run from Sunday, Aug. 11 to Saturday, Aug. 17. During the week, five dance clubs from Selkirk, Gimli, Rossdale and Fisher Branch will show their moves on stage.

Rossdale Ukrainian Dance School will kick off the week with four performances on Sunday, Aug. 11. They'll perform at 5, 6:45, 8:15 and 9:45 p.m.

Vitretz, the school's performance ensemble, will dance in every show. Rossdale Ukrainian Dance School's intermediate group will join the ensemble in the first performance while the pre-senior group will dance in the second show.

The school's senior group will perform in the last two time slots.

Dancers from the school's Beginner 1 and Beginner 2 classes will dance on the pavilion's Market-place stage once the 5 and 6:45 p.m. shows end.

Fisher Branch Chaika Dance Club will also dance on the pavilion's main stage on Sunday. The club will perform in the same shows as Rossdale Ukrainian Dance School.

There will be three dance performances per week-day on the Ukraine-Kyiv main stage. From Monday, Aug. 12 to Friday, Aug. 16, shows will happen at 6:45, 8:15 and 9:45 p.m.

The Troyanda Ukrainian Dance Ensemble will perform in the three shows on Wednesday, Aug. 14. Dancers in the group range from 16 to 35 years old. Some dancers are second-generation – their

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EXPRESS PHOTO BY KELVIN HENDERSON

Vitretz performs at Rossdale Ukrainian Dance School's annual recital.

parents danced in Folklorama with Troyanda years earlier.

Vitretz, Rossdale Ukrainian Dance School's performance ensemble, will be back on Wednesday to dance in the three shows. Vitretz is an audition-based group. The dance school trains its senior classes for the performance ensemble.

Gimli Barvinok Ukrainian Dancers Inc. will be on the main stage on Friday, Aug. 16. The pre-senior boys tambourine group will perform in the first show. The boys use tambourines while doing their dance routines.

The club's pre-senior girls group will dance dur-

ing the 8:15 p.m. show. The girls range from 12 to 16 years old.

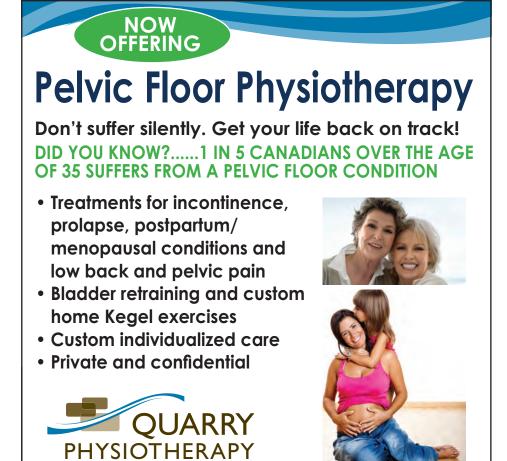
At 9:45 p.m., the dance club's senior girls group will showcase their Polissia dance routine.

On Saturday, Aug. 17, Selkirk and District Ukrainian School of Dance will perform four times.

The school's Level 3 class will perform at 5 p.m., and the Level 4s will step on stage at 6:45 p.m. The school's intermediate class will dance at 8:15 and 9:45 p.m.

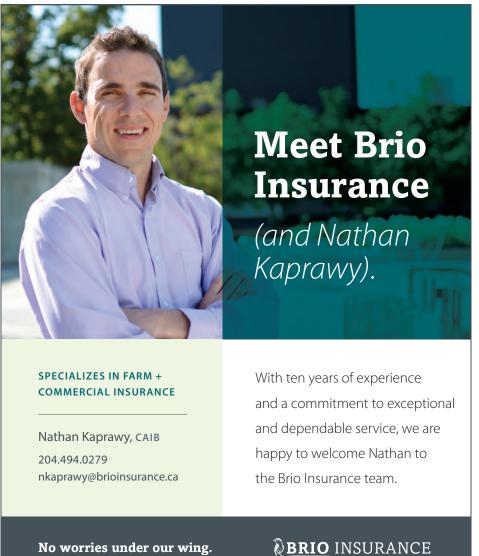
Mackenzie Klotz is the head instructor of Selkirk

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Camp Morningstar raises concerns about algal blooms on Lake Winnipeg and silica sand mine

By Patricia Barrett

Members of Camp Morningstar were on the steps of the legislature last Wednesday to raise awareness about algal blooms on Lake Winnipeg and possible adverse effects on the lake, the land and Indigenous communities from a silica sand mine near Seymourville.

Reg Simard, who is a resident of Manigotagan on the east side of Lake Winnipeg, said he comes from a fishing family and his community is dependent on commercial fishing. Concerned about the health of the lake and recent algal blooms near Manigotagan, he said he's hoping the province will take action.

"I was out on the lake two days ago, and the little bays and coves are in bad shape, full of algae and runoff," said Simard. "We used to go out in the summertime and park the boat in one of the bays and swim. You can't swim there anymore because of the amount of algae. There's heavy blooms."

The blue-green algal blooms also affected communities such as Victoria Beach, about 41 kilometres south of Manigotagan, a few days earlier. Residents of Victoria Beach told CBC news the blooms are occurring earlier in the summer season and are getting

Manitoba 🐆

Simard said his community used to get a bit of algae in the coves and they'd just move on to the next bay. But now the algae is too extensive to escape.

"That's why we're here, to raise awareness of how Lake Winnipeg is deteriorating," said Simard. "They [the province] don't seem to be doing much in response to that. And the sand mine will be another source of pollution."

Camp Morningstar is an Indigenous group formed to oppose Canadian Premium Sand's plan to establish an open pit silica sand mine and processing facility near Seymourville and Hollow Water First Nation, about 13 kilometres north of Manigotagan.

The camp itself is about two kilometres from Seymourville near the access road to the mine site. CPS will be extracting one million tonnes of sand each year and selling it to companies that frack for oil and gas reserves.

"We still maintain our presence at Camp Morningstar because we're concerned not only about the lake, but the land and the air," said Simard. "The by-product of this silica sand is dust, which is carcinogenic. It's cancer-causing and it will cause silicosis in your lungs."

Sustainable Development approved CPS' proposal and issued the company a licence in May. It shared the license with the Express.

Some of the conditions include complying with provincial regulations for wastewater management, reporting the release of pollutants into the environment, notifying local Indigenous communities if cultural resources are uncovered in the project area and protecting plant species used for cultural or medicinal purposes.

The company is also required to sample or analyze areas of concern upon request of Sustainable Development, determine the environmental impact associated with the release of pollutants and conduct its own investigation in response to data gathered during monitoring programs.

Simard said before the company got its licence, it clear-cut an area of forest. And when he and his group reviewed the company's proposal, they found a number of problems.

"We combed through it and found so many inconsistencies. We wrote letters and raised awareness on all those inconsistencies and that's what was addressed in the conditions. We were very grateful there were 98 conditions because it showed they heard

Reg Simard from Camp Morningstar raised concerns about algal blooms on Lake Winnipeg and the silica sand mine approved by the province.

us," he said.

Despite that, Simard said he's sure the sand mine will cause health issues once the company starts operating.

Senior Men's Western Canada Baseball Championships August 16-18th, Fines Field at Stonewall, MB

Date	Time	Visitor	Home
Friday August 16th	10:00 AM	Manitoba	Saskatchewan
	1:00 PM	Stonewall	ВС
	4:00 PM	Alberta	Manitoba
	7:00 PM	Saskatchewan	Stonewall
Saturday August 17th	10:00 AM	ВС	Alberta
	1:00 PM	Stonewall	Manitoba
	4:00 PM	ВС	Saskatchewan
	7:00 PM	Alberta	Stonewall
Sunday August 18th	9:00 AM	Manitoba	ВС
	11:30 AM	Saskatchewan	Alberta
	2:30 PM		

***If a tiebreaker is necessary it will be played at 2:30 pm and the Gold Medal game will be played at 5:30 pm

The Stonewall Blue Jays consists mainly of players from Stonewall, as well as players from Lundar and Teulon. A few players from across the province have also been picked up. Join the Blue Jays as they take on the best Western Canada teams.





Canada ENBRIDGE

Nature Conservancy and volunteers take stock of Husavik Coastal Wetlands

By Patricia Barrett

It was bio-inventory day on July 24 on a 51-acre slice of coastal wetlands that the Nature Conservancy of Canada will protect from residential development and allow it to do what it does best without human interference – thrive.

NCC purchased the waterfront property - called the Husavik Coastal Wetlands – in the winter of 2018 to conserve and protect it. It's sandwiched between Lake Winnipeg and Highway 9, about 12 kilometres south of Gimli.

Volunteer citizen scientists, members of People for the Preservation of the Willow Island Coastal Wetlands and staff from the East Interlake Conservation District joined NCC to help document the land's diverse array of animal, plant, insect and aquatic spe-

The inventory will provide the notfor-profit, non-governmental conservation organization with data to manage the coastal wetlands site, which consists of prairie, forest, beach and cattail marsh.

NCC purchased it from former owner Garth Hambly with funding assistance from Environment and Climate Change Canada (federal government), the Richardson Foundation and the province.

"Being so close to Gimli in an area where there is pressure from development and not much natural habitat left, this is a really important piece of property that we can help conserve and protect for the future," said NCC's stewardship programs manager Julie Sveinson Pelc.

When NCC acquires a property the first thing it does is take a baseline inventory so that it can develop an overall management plan. It identifies threats and formulates strategies to abate them.

"If someone asks, 'What are you going to do for this property?' Probably nothing," said Sveinson Pelc. "And by nothing, I mean we're not going to hay it, dredge it or cut down trees. We're going to do what's good for nature."

That will include removing pieces of old agricultural equipment and a few outbuildings from the site.

Volunteers were divided into groups and sent to different habitat areas. NCC armed some with water sampling meters, others with butterfly nets.

NCC's engagement coordinator Steven Anderson led a group of volunteers through the prairie habitat section and along the edge of the cattail marsh. Participants photographed plants and insects and uploaded them into the iNaturalist app, which NCC will tap for data.



EXPRESS PHOTO BY MURIEL SMITH NCC's Julie Sveinson Pelc with volunteers Leila Cao, Ariel Gordon, Amir Shehzadi, Quinn Mann in the



A lone Joe Pye Weed stands in a vast open field.

"What we're more interested in is species diversity rather than abundance," said Anderson when asked if numbers matter.

The cattail marsh is vitally important, he said, as it controls the flow of water into the lake and filters outs pollutants from agricultural runoff and municipal wastewater.

Retired provincial conservation officer Randy Woroniuk pitched in to help inventory the site, saying he supports NCC's values.

"The mix of wetland, forest and prairie supports different insects and plants that are all dependent on a healthy habitat for survival," said Woroniuk, who served as Gimli Mayor from 2014-2018."That in turn allows the re-population of similar habitats to a certain degree. That's why this land is important."

With over 30 years of conservation experience, Woroniuk said he felt he could help NCC achieve its inventory objectives.

And contribute he did. He rounded



EXPRESS PHOTOS BY PATRICIA BARRETT

Nature Conservancy of Canada staff and volunteers on July 24



Woroniuk put his Randv conservation experience to work.

NCC's Steven Anderson said the cattail marsh protects Lake Winnipeg

up a posse of insects for Anderson, spotted anemones and asparagus hidden in the tall grasses and identified birds by song alone (goldfinches). And he was the definitive authority on what volunteers thought was poison oak; it was harmless.

"When we hear of protecting habitats, the general thought is protecting charismatic megafauna such as deer, bears, wolves and so forth," said Woroniuk."We tend to ignore the fact that insects, birds and plant life represent a greater proportion of the biomass on these parcels."

While volunteers did not observe many neotropical songbirds in the prairie section, the Husavik property is an important resting area in spring and fall for those migrating species, said Woroniuk.

NCC allows pedestrian access to the Husavik Coastal Wetlands site. Motorized vehicles are prohibited. Not all NCC sites are open to the public.

"For some of our land, we like people to call in for permission first to ac-



Starry false Solomon's seal (also called Starry false lily of the valley).

cess it," said Anderson.

Visit www.natureconservancy.ca for more information or call (204) 942-

New all-female walk and run club begins in Gimli

By Gabrielle Piché

There's a new gang in Gimli – and it's got a whole lot of estrogen.

Glow Fitness for Women's walk and run club officially began July 26, and it will continue through the summer. The group will meet on Fridays before 7 a.m. at the Glow Fitness for Women location in Gimli.

At 7 a.m., women will walk or run around Gimli together before looping back to the gym. They'll have different routes to try – along the lake, over the boardwalk, through the town, and so on.

Tiffany Addison is a coach at Glow Fitness for Women. She'll lead the walk and run club. Every Friday morning, Addison will set up three different checkpoints.

The first will be for walkers. When they reach their checkpoint, walkers can turn around and head back to Glow Fitness for Women.

There are two further checkpoints for runners. Women can choose which stop they'd like to turn around at based on their speed. Participants should get back to the gym by 7:45 a.m.

"That way, we can all meet back at the same time and do our cool down together," Addison said.

At most, runners will travel 5 or 6 kms with the walk and run club.

Addison will move between groups to see how everyone's doing. She'll help participants track their



EXPRESS PHOTO BY GABRIELLE PICHE

Bev, left, and Tiffany Addison pose beside a Glow Fitness for Women sign during the gym's walk and run club meet up on Aug. 2.

heart rates and let them know if they're in a healthy zone. Addison has a chart showing where your heart rate should be for the most effective work out.

The coach will also modify people's running form to prevent injuries.

"You shouldn't actually hear yourself running if you have proper form," Addison said.

She said it's important that when you run, your

movement flows throughout your foot, almost in a rolling motion. Running flat-footed against the pavement will hurt your knees and shins.

Participants must be at least 14 years old and girls under 18 must get a parent's permission before joining the club.

Members at Glow Fitness for Women can come to the walk and run club for free. Non-members can join for a drop-in fee of \$5.

Addison said she likes the walk and run club because you're surrounded by others.

"If something were to ever happen, you're with a group of people that could help you."

Katie Hartle is the owner of Glow Fitness for Women. She said one of the reasons she began the club was to give women a way to feel safer while running when it's quiet outside.

"There is a bit of anxiety sometimes when you're exercising alone," Hartle said. "We're adding that safety factor."

Hartle said Gimli is generally safe, but even so, it feels good to have someone around.

Kids in strollers and leashed dogs are allowed during the walk and run.

The club will meet every Friday for the rest of summer. Depending on interest, the club may continue into the fall, Hartle said.

People interested in learning more can visit www. glowfitnessforwomen.ca

Lifesaving Society of Manitoba launches 7th Operation Dry Water

By Justin Luschinski:

As residents head to the lake, during a sweltering long weekend, police are reminding everyone to stay sober on the water.

The Lifesaving Society of Manitoba announced the 7th annual Operation Dry Water campaign on Thursday, August 1, 2019. The campaign raises awareness of the dangers of operating a boat while on drugs or alcohol.

According to a new survey from the Lifesaving Society of Manitoba, drugs or alcohol impairment are the main cause behind boating deaths. In Manitoba, 58 per cent of boating-related fatalities involved alcohol, almost 23 per cent higher than the national average.

The number of alcohol related boating deaths has only wavered slightly, despite the 7th annual Operation Dry Water Campaign.

Christopher Love, the Water Smart Co-ordinator for the Lifesaving Society, said people are not getting the message.

"It's really disheartening to have to report, year after year after year, on fatalities and injuries that are occurring for what is a 100 per cent preventable occurrence," Love said. "We know Manitobans love to get out on the water during the summer months, and they also love relaxing while on vacation, but think ahead and save the party until you are off the water for the day."



EXPRESS PHOTO BY JUSTIN LUSCHINSKI

Winnipeg Police will be out patrolling the rivers, while the RCMP will cruise lakes and other river systems ramping up patrols and reminding people that boating under the influence carries the same penalties as driving drunk.

Winnipeg Police and RCMP say they will be ramping up patrols and reminding people that boating under the influence carries the same penalties as driving drunk. Winnipeg Police will be out patrolling the rivers, while the RCMP will cruise lakes and other river systems.

Boaters can be charged with impaired operation, whether the boat uses oars or a motor. Residents charged will lose not only their boating license, but their regular driving

privileges as well.

Bob Chabot, RCMP Staff Sergeant, said the penalties for operating a boat while drunk or high are steep.

"Our message is clear. Alcohol, cannabis and drugs do not mix with boating whatsoever," Chabot said. "It takes a lot of skill to operate a vessel in the water ... wind and water conditions really affect (it) ... combined now with alcohol or drugs is not a great idea."

> UKRAINIAN, FROM PG. 18

and District Ukrainian School of Dance. Most of the time, she's prepping her students to perform in front of the Ukrainian community. Klotz said Folklorama is different.

"There could be a lot of people in the audience where it's their first time experiencing Ukrainian dance and Ukrainian culture," she said.

Klotz said it's exciting to share Ukrainian traditions with people who wouldn't see them otherwise.

Maples Collegiate in Winnipeg will host the Ukraine-Kyiv Pavilion. Doors open at 6 p.m. during the week and at 4 p.m. on Saturday and Sunday. Attendees can buy traditional Ukrainian food like perogies and garlic sausage at the pavilion's marketplace.

People wanting to learn more about the Ukraine-Kyiv Pavilion can visit http://www.kyivpavilion.ca

Seven days, seven demands: Manitoba Youth for Climate Action set to strike again

By Patricia Barrett

Inspired by Swedish climate activist Greta Thunberg, who staged a climate strike outside her parliament buildings, members of the Manitoba Youth for Climate Action took to the steps of the legislature last week to remind political leaders the planet is experiencing a climate emergency and the time to act is now.

MYCA's wants to let those in charge know that the future looks bleak for youth. And it's gearing up for another climate strike.

"We're out here showing how climate change is affecting youth," said MYCA member Annie Feldschmid, who, along with other supporters, staged a peaceful protest last Wednes-

MYCA is composed of students, youth and climate activists dedicated to pressing political leaders for action on global warming. Its mission is pretty straightforward: it wants clean water, air and land.

Over the past few years, it has been rounding up several hundred students from across the province (including Interlake students), members of environmental organizations and ordinary citizens to stage climate pro-

tests at the legislature and Winnipeg's city hall, as well as marches through the streets.

Youth-led climate strikes are being held around the world in reaction to political foot-dragging on greenhouse gas emissions. As inheritors of the earth, youth say the onus is on them to urge the adults to act responsibly.

Despite global protests, governments seem hell-bent on milking the planet of every last drop of fossil fuel in pursuit of profit. New oil and gas fracking projects continue to be approved, and the Canadian federal government approved in June the multi-billion-dollar Trans Mountain oil pipeline project.

Youth-led climate movements argue economic growth can be achieved through sustainable energy projects such as solar and wind.

Scientists are predicting no slowdown to global warming unless drastic measures are taken. A May 2019 report by the Intergovernmental Science-Policy Platform on Biodiversity and Ecosystem Services warns that humans will be the instrument of their own extinction.

And the demise of the planet is well underway, they say. Look no further



EXPRESS PHOTO BY PATRICIA BARRETT

Annie Feldschmid (front) from the Manitoba Youth for Climate Action. with supporters, were at the legislature last week to raise awareness about climate change.

than melting polar caps and concomitant rising sea levels that will eventually swamp island nations, accelerating species loss (one million plant and animal species are on the verge of becoming extinct), severe and prolonged droughts that will further exacerbate water shortages, wildfires and other natural disasters, and agricultural failure that will lead to widespread famine.

July may have been the single hottest

Continued on page 25

Wallflower Botanicals offering natural, sustainable skincare

By Becca Myskiw

Caitlin Shott is sharing her knowledge of homemade skincare products with the world through her business Wallflower Botanicals.

Shott, who lives in Vidir, was diagnosed with a chronic skin condition at a young age. After her mom discovered essential oils and other alternative products for skincare, Shott started making her own botanicals.

"I like to know what I'm putting on my skin," said Shott. "I want to know what's in the products I'm using."

She started Wallflower Botanicals last August. She professed that she is quite picky when it comes to getting the ingredients for her products because everything she makes and sells is all natural and sustainably produced.

The ingredients she uses come from Voyageur Soap & Candle, a business on the west coast that is open about where everything is sourced from and they use fair labour, something else that is very important to Shott.

Wallflower Botanicals focuses on accessibility and offering products that everyone can use while selling them at a price everyone can afford.

"I know what it's like to be left out

of things because you can't access it," said Shott.

Wallflower Botanicals sells a large variety of skincare products for men and women. There are face cleansers, face masks, moisturizers, toners, serums, hair products, lip products, bath products, brushes and homemade tea. Shott said the most popular product is her toners.

Toners can be used during your morning as well as your night routine and are for after you cleanse your face. The toners essentially get rid of excess dirt hiding in your pores and gives your skin a deeper clean. Wallflower Botanicals currently sells two type of toners—one for acne and oily skin and one for dry skin.

Each toner is made with witch hazel and aloe vera along with certain essential oils based on the purpose of the product. Acne toner is made with tea tree oil because its antibacterial and anti-inflammatory and dry skin toner is made with geranium essential oil because of its gentle and moisturizing properties.

Shott said most toners use water instead of aloe vera, but the water can dry out the skin where aloe vera hydrates it.



Caitlin Shott is selling her homemade skincare products at markets throughout the summer.

"I think it's important to have quality skincare," said Shott. "Your skin is your biggest organ and it should be taken care of."

Shott said small businesses are a big part of keeping a sustainable environment. She hopes to open a shop for Wallflower Botanicals in the future but said it's a long way down the road. For now, you can order from Wallflower Botanicals online at wallflowerbotanicals.ca or you can catch Shott at a local market over the summer.

Making wishes come true

By Jennifer McFee

If you're looking for some family-friendly fun while also supporting a good cause, you should mark your calendar for the upcoming Ride for a Child's Wish.

The 31st annual event is coming up on Saturday, Aug. 17 featuring a pledged 12-mile trail ride as well as a pledged 250-kilometre motorcycle ride.

The trail ride registration starts at 9 a.m. and the ride starts at 11 a.m., travelling behind Silver and Gary Peltier's property in Woodlands.

The motorcycle ride registration starts at 10 a.m. at the North Warren Inn. The group of riders leaves the inn at 11 a.m. to travel through the Interlake. Teulon is the first stop, followed by Inwood. After that, the riders go past Poplar Field and Eriksdale, stopping at the hotel in Lundar before returning back to the Peltiers' property.

Silver Peltier said the horses and motorcycles both return between 3 and 4 p.m. From 3 to 5 p.m. kids will enjoy bouncers and other entertainment.

Then at 5 p.m., the pork and chicken supper begins.

"It's four market sized hogs about 800 or 900 pieces of chicken that they barbecue," Silver said.

"There are also baked potatoes, homemade baked beans, coleslaw, corn on the cob, and dinner buns."

The wish auction begins at 7 p.m., featuring 101 prizes. After that, an outdoor barn dance will have toes tapping to the tunes of Thin Ice, a country classic rock band from Selkirk.

This year's Wish Child is 10-year-old Jayden. When he was just 10 weeks old, doctors discovered a gallop in his heart and his family realized that the baby boy was in heart failure. He was put on life support and flown to Edmonton for treatment.

They discovered that Jayden had dilated cardiomyopathy, which is an enlarged heart that can't be fixed. He needed a heart transplant, which occurred when he was just over seven months old.

Today, Jayden is celebrating 10 years with his new heart. He loves to play hockey and soccer, and he plans to start playing basketball soon. For his wish this year, he chose a trip to Give Kids the World in Disney World.

Over the years, the event has raised approximately \$1.4 million to make wishes come true for sick kids.

"We continue with it because it helps the kids," Silver said. "Now that we're raising more money, we get to help between eight and 10 kids every year. An average wish costs about \$10,000."

The event location is just off Highway 6 north of Warren and south of Woodlands near the junction of PR 323. A map and more information is available online at www.rideforachild-swish.ca.

"We still always need volunteers," Silver added, "so if anybody would like to volunteer, they could give me a call, text me or message me."

Anyone who would like more information or a pledge form can contact Silver by phone at 204-383-5230 (home) or 204-461-0640 (cell) or by email at info@rideforachildswish.ca

Teulon Truck and Tractor Pull coming soon

By Jennifer McFee

Teulon's Truck and Tractor Pull promised to be two jam-packed days of action.

The excitement begins on Saturday, Aug. 17 at 3 p.m. and wraps up on Sunday, Aug. 18 at 2 p.m. in Green Acres Park.

Teulon resident Vic Chartrand is looking forward to watching his children compete in the stock truck event. He anticipates that three of his kids — Curtis, Corey and Chantel — will participate.

"Stock truck has been around for a long time. I probably started pulling back in the 1980s," he said.

"It was something new. The kids were young then and I was young too."

Now he sits back and cheers on his family's second generation of competitors.

"It makes me proud," he said.

The event features trucks that have not been modified, he added.

"It's all got to do with the weight of your truck against how far you pull. It's figured out mathematically," he said.

"The further you go down the track, the heavier the skid gets. The skid's on an angle, and by the time you get further down the track, the weight moves all the way to the front of the skid and that will stop you."

The 45th annual event also features a barbecue put on by the Lions Club as well as many other categories of competition.

Kiwanis Club launches earth-saving plastic bag and can recycling program

By Patricia Barrett

The Kiwanis Club of Gimli & District has come to the rescue of residents in Aspen Park who wanted something done with their plastic bags and pop cans.

Kiwanis installed a large recycling bin in the neighbourhood, which has about 194 condominium units and is an eight-minute drive west of the town of Gimli.

"Recycling plastic bags is something the municipality is not doing, so we're doing it," said Kiwanian Terry Sekhon, who is district administrator for the K-Kids clubs, which promote responsible citizenship in schools.

Kiwanians Cathy Danyluk and Dave Tustin, along with other Kiwanis members who live in Aspen Park, approached the club to see whether it would take the lead on plastic-bag recycling, she said. Kiwanian Gordon Anderson was tasked with constructing the bin.

In addition to single-use plastic bags, residents are encouraged to drop plastic vegetable and fruit bags into the bin.

The pioneering collection initiative is a first for the area and does more than keep plastic out of landfills, ditches and Lake Winnipeg.

Teaming up with Take Pride Winnipeg, a char-

ity that raises public awareness about keeping the city clean and promotes citizen responsibility, Kiwanis is helping turn what could potentially be waste into functional objects.

"In November Take Pride Winnipeg comes to Gimli and they pick up all the plastic bags," said Sekhon. "They make benches, picnic tables, Frisbees and other things which they give to schools in Gimli and Winnipeg Beach."

Kiwanis members pick up the bags twice a week from the bin and store them until Take Pride picks them up.

Kiwanis also set up a pop can-recycling program for Aspen Park. Residents are encouraged to drop their cans in the designated bin. Those cans – after they're taken to a recycling depot – become cash that Kiwanis uses to make life better for the communities in its catchment area.

"The money from the aluminum pop cans is used to purchase medical equipment such as walking canes, wheel chairs and band instruments," said Sam Sekhon, former club president and Kiwanis International trustee. "It's also used for scholarships and to build playgrounds."

The end goal, he said, is that there will no plastic bags to collect.





Manitoba beef farmers seek government relief for hay shortage

Manitoba beef farmers are looking to politicians for relief, as many local farmers are calling the current situation"a crisis."

The crisis, as it stands now, is best defined as an extreme shortage of feed for cattle due to the dry season. Hay, specifically, has increased in price as a result of the shortage, while at the same time the cost associated with livestock sales is currently very low, according to the Manitoba Beef Producers Association (MBPA).

This has tied the hands of many farmers, in that there is no money to be made on the sale of their herds for the time being, while at the same time it is costing farmers more than ever to feed their herd.

This situation has led to many farmers potentially running the risk of being unable to feed their livestock, but also unable to sell, which translates to a mass slaughter as a last resort.

Economically, it translates to a waste of livestock and capital funds, according to the MBPA.

Of anywhere in the province, the Rural Municipalities of Coldwell, Armstrong and Woodlands — the northwest Interlake — are some of the most affected areas, according to MBPA President, Tom Teichroeb.

"People in the industry (and politicians) are having daily conversations trying to help the situation... The Interlake is facing the biggest challenge right now," said Teichroeb, who said his farm is on the west side of Lake Manitoba.

"It's very difficult to have a solution that works for everyone all the time. So, we're working on these things as an industry and with government on a daily basis," he said.

In the RM of Armstrong, for example, beef production is a large part of the Fraserwood and Inwood economy, according to the MPBA.

According to the MBPA, some local



EXPRESS PHOTO SUBMITTED

Interlake beef farmers are calling on the government for help to deal with the hay shortage crisis.

farmers expressed interest in having the review of programs like Agro Stability, Crop Insurance, and Livestock Price Insurance as part of politicians' campaigns, as both a Federal and Provincial Election are just around the

Having said that, Teichroeb re-iterated he believes in Manitoba's potential as a beef production market, and in the potential of Business Risk Management (BRM) programs.

"For example, Agro Stability is often responsive, but not timely. The challenge there is when I look at my own situation, the Agro Stability is responding (currently) to my 2017 situation. It literally takes that long because the program is so complex," said Teichroeb.

"It does respond to the margins, but it's just the timeliness of it that creates problems.

"One of the things we're hoping to have a conversation around is, how do we take these issues and inconsistencies based on either timeliness or responsiveness, and how do we make them functional now, so that producers can make decisions?" He asked.

Agricultural farmers, beef

ducers, and politicians are meeting regularly on how to work together this year, while also discussing how to make positive changes to funding programs in the future.

The aforementioned funding programs — Agro Stability, Crop Insurance and Livestock Price Insurance — are a combination of Federal and Provincial Government funding, as Manitoba's Minister of Agriculture Ralph Eichler said the Feds have control over the policies and legislation, while the Province is left to administer the application and funding pro-

Eichler acknowledged the issues with the BRM funding programs mentioned by local farmers, but encouraged farmers to continue engaging with the programs to the best of their ability in order to re-coup as much as possible.

Eichler also said, in what was unprecedented, the Provincial Government announced Crown Land designated as ecological reserves have been opened for hay production, as farmers can now apply for permits.

"Things got worse over the last few weeks, and we had to do something. The whole Interlake region is extremely dry comparatively to the rest of the province," said Eichler.

"We're taking this very, very seriously. We're not throwing our hands up in the air and walking away on this one, we're tackling it head on. It takes time to get results," he said.

With such a feed shortage, politicians and farmers have become innovative in their approach to the issue, according to Eichler.

Southern Manitoba saw such severe hail last week that destroyed many crops, according to Eichler, with some agricultural farmers thinking they might not be able to recover any capital funds invested into their damaged

The Provincial Government has acted as a liaison between the affected agricultural farmers and beef farmers, so the beef farmers can purchase the damaged (hail) crops and use it as feed, providing some relief to both situations, according to Eichler.

"If you've had a crop that's been hailed, or if you've had a crop that maybe was seeded late and won't make it to the harvest stage, you may want to harvest it and sell it as feed," said Teichroeb.

"How can we link all of those producers together? We've done it now, but we want to look forward and plan for this type of situation, too.

"We want to be more proactive than reactive, but this is an example where we can prepare for the future based on what we're experiencing now," he

While beef farmers are becoming more vocal about the "crisis," Teichroeb also noted the issue isn't limited to the beef industry, as goat, sheep, dairy cattle, etc., are all being affected, and many farmers are fighting for the same things.

Federal Member of Parliament and Leader of the Manitoba Liberal Caucus, Jim Carr, could not be reached for comment by press time.

> CLIMATE ACTION, FROM PG. 23

month on Earth since temperaturekeeping records began. Over the past few months alone, Greenland lost 217 billion tons of ice and wildfires tore up the Arctic.

Our species has already warmed the plant by about 1.8C above pre-industrial levels, according to the UN's 2018 Intergovernmental Panel on Climate Change, and we're heading towards a 2.7C increase in as few as 11 years.

Last week southern Manitoba, including the Interlake, suffered an extreme heatwave. In mid-July two people died from heat-related causes.

Feldschmid said MYCA has seven overarching goals to deal with the climate crisis. It wants the province to pass legislation reducing greenhouse gases by 65 per cent by 2030; reject all new fossil fuel extraction or transportation projects and eliminate fossil-fuel subsidies; transition the economy to renewable energy and create jobs for former fossil-fuel workers; enshrine in law the right to a healthy environment; commit to the UN's declaration on the Rights of Indigenous Peoples; protect old growth forests and strengthen protections for

species at risk; and provide climate aid to Arctic Canada and to countries impacted by climate change.

More specifically, the organization has asked the City of Winnipeg to declare a climate emergency, which would force political leaders to prioritize climate policies and take steps to become carbon neutral by 2030. It also wants the federal government to cut emissions to keep the global temperature rise below 1.5 C.

Feldschmid said MYCA is planning a week-long climate action strike next

It will start Sept. 20 with a Youth Die-In on the steps of the Canadian Museum for Human Rights. Each day after that MYCA and its supporters will "pop up" around the city, demanding action on its seven goals. On Sept. 27 it will hold a Global General Strike for Climate at the legislature.

"We're encouraging our adult allies to fight for a better future with us," said Feldschmid.

Visit MYCA on Facebook or its website at youthforclimateaction.org

SDOPES& recreation INSIDE > OUTSIDE > UPSIDE DOWN

Manitoba wins bronze at 21U Women's Invitational Baseball Championship

Bv Brian Bowman

Team Manitoba won the bronze medal at the five-team 2019 21U Women's Invitational Baseball Championship in Ottawa last weekend.

Manitoba blasted Nova Scotia 13-0 in the bronzemedal game Sunday afternoon.

"We were kind of struggling in the beginning (of the tournament) but we all peaked at the right time and gelled together as a team at the end of the tournament, which was good," said Arborg's Jamie Johnson Monday morning.

Manitoba scored nine runs in the second inning and then added four more in the fifth as the game was called after five innings due to the 10-run mercy rule.

"(Scoring nine early) was huge to get ahead early and get on the bats quick," said the 19 year old Johnson. "It helped out a lot."

Johnson threw a no-hitter with four strikeouts while Teulon's Jacey Ledochowski had a pair of hits.

Throwing a no-hitter at a national tournament is very impressive.

"It was really cool," Johnson said. "I had never thrown a no-hitter before so it was a neat experience. I didn't even know I was getting a (no hitter) until the last out came and someone said, 'You threw a no hitter' - it was pretty exciting.'"

Manitoba began play Thursday afternoon with a 10-0 five-inning loss to Nova Scotia.

Nova Scotia scored five runs in the second inning and then added five more in the fourth.

On Friday, Manitoba was defeated 13-3 by Ontario. The teams were tied at 2-2 until Ontario scored four runs in the bottom of the fourth inning. They added five more in the fifth and then two in the sixth to end the game due to the 10-run mercy rule.

Ontario outhit Manitoba 15-10.

Garson's Brittney Langlais and Johnson pitched in the game.

Manitoba was then outslugged 12-9 by Quebec on





EXPRESS PHOTOS BY DARRYL GERSHMAN

Arborg's Jamie Johnson pitched a no-hitter with four strikeouts in the bronze-medal game to lead Manitoba to a 13-0 win

Saturday.

Quebec led 4-0 after two innings but Manitoba exploded for nine runs in the bottom of the third. Quebec rebounded from that disastrous inning to score two in the fourth and six more in the fifth.

Manitoba, whose roster also included Oak Point's Steph Byron and East St. Paul's Tesia Hrom, wrapped up round-robin play Saturday evening with an important 12-2 win over Saskatchewan.

Manitoba ended the game by scoring 10 runs in the bottom of the sixth inning.

"That was a really big game for us," Johnson said.

"We had to play well and that kept us alive."

Johnson had a pair of hits while Langlais recorded six strikeouts and allowed just one hit for the complete-game win.

Garson's Roger Langlais was an assistant coach with Team Manitoba while Arborg's Joanne Johnson served as a Chef de mission.

Ontario won the gold medal after a 9-8 comeback victory over Quebec on Sunday. Quiebec led 8-5 after five innings but Ontario stormed back to score a pair in both the sixth and seventh innings to force the extra frame

Selkirk Steelers looking for families to host out-of-town players

By Gabrielle Piché

The Selkirk Steelers are looking for families to house their out-of-town players during the 2019-20 season.

Billet families provide players with a place to live and food to eat.

Hudson Friesen is the business manager and assistant coach of the Steelers. He said families should create a friendly environment in their homes for the newcomers.

"We just ask that they take kids in as their own and nourish them, give them a sense of home," Friesen said.

The players range from 16 to 20 years old. Though some athletes come from the United States, most are Canadian.

Friesen said many are from western provinces like Alberta and British Columbia

The out-of-town players will arrive in Selkirk at the end of August. The Steelers' training camp begins Aug. 30 and players are expected to settle in to the city a few days earlier.

Billet families will house the athletes from their first days in Selkirk to the end of the hockey season. The season's end depends on playoffs. It will finish in late March or early April.

The Steelers are at the rink nearly every day of the week. However, billet families aren't expected to drive their

player around. Players usually come with their own vehicles. If they don't have their own, teammates will pick them up for games and practices.

Organizers with the Steelers will help the out-of-town players find local jobs. The organizers encourage billet families to treat players like their own children. This includes asking the athletes to do chores.

Any family can apply to become a billet family. Families who apply must go through different steps to ensure they're a good fit for the program. There's criminal record checks and child abuse registry checks, among

other things.

Steelers' officials visit applicants' houses to make sure the environment is suitable for a young athlete.

Families get compensation for housing the players. The Steelers pay each family on a monthly basis.

In past years, the Steelers have needed seven or eight families to house out-of-town players. Organizers are unsure of how many families will be needed this year.

People wanting to apply to house a player can email gamedaymanager@ selkirksteelers.com or call 204-485-6305.

Collings places third at Senior Men's Golf Championship

Staff

St. Boniface Golf Course's Mike Walker finished with a nine-over 219 to win his third Senior Men's Championship title in four years.

Defending-champion Bruce North, though, gave Walker a battle. He fired two birdies and an eagle over the final four holes of the tournament but he fell two strokes back at 221.

Walker was consistent all week, carding rounds of 75, 72 and 72.

Matlock's Garth Collings placed third with rounds of 75, 75, and 73 for a 223 total.

St. Andrews' Tom Humniski finished ninth (74-76-82-232) while East St. Paul's Doug Roberts was tied for 36th (84-81-83-248).

Other local players included Selkirk's Phil Sampano, who finished 53rd after carding rounds of 82, 91, and 89 for a 262 total. Grand Marais' Rob Truthwaits was 59th after rounds of 93, 92, and 93 for a 278.

Walker, North and Collings will represent Manitoba at the Canadian Senior Men's Championship in Scarborough, Ont., later this month.

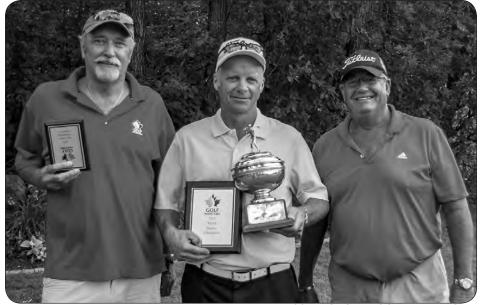
On the women's side, Rhonda Orr is the Manitoba Senior Women's golf champion for the sixth time in seven

She finished at 13-over 232 which was 18 strokes ahead of second-place Tammy Gibson.

Orr fired rounds of 77, 78, and 77 while Gibson carded rounds of 82, 83,

Rounding out the top five were Winnipeg's Diane Eyford (84-83-88-255), St. Malo's Michelle Gisiger (88-82-90-260), and La Salle's Janice Young (89-85-88-262).

Orr, Gibson and Eyford will represent Manitoba at the Canadian Women's Senior Championship in Osoyoos, B.C. from Aug. 18-20.



EXPRESS PHOTO BY GOLF MANITOBA

Matlock's Garth Collings, far right, finished third at the Manitoba Senior Men's Golf Championship last week. Collings, Mike Walker, and Bruce North will represent Manitoba at the senior nationals tournament later this month.

Interlake teams finish with 2-2 records at baseball provincials

Interlake finished with a 2-2 record at the 15U "AAA" baseball provincials at the St. James Optimist Park last weekend.

Interlake began provincial play Friday morning with a 9-4 loss to the North Winnipeg Pirates.

They then were defeated 14-2 by

Midwest later that afternoon.

But Interlake had a much better day on Saturday by picking up wins over the St. James A's (5-3) and Oildome

North Winnipeg won the provincial title after defeating Carillon 13-1 in the championship game Sunday af-

Both the Pirates and Carillon will now advance to the Western Canadian 15U championship in Lloyminister, Sask. from Aug. 15-18.

Meanwhile, Interlake finished with a 2-2 record at the 13U "AAA" Tier 2 baseball provincials.

Interlake started play on Friday with a great 29-6 win over Parkland.

On Saturday, Interlake lost 10-9 to Brandon and 19-7 to Red River.

Interlake wrapped up play Sunday morning with a 20-8 win over St.

In the final Sunday afternoon, Red River edged Brandon 11-10.

Stonewall to host Senior 'AA' Western Canadian Baseball Championships

The Stonewall Blue Jays are set to take on the best senior "AA" baseball teams from western Canada next

Five teams, one each from B.C., Alberta, and Saskatchewan, along with two from Manitoba will be competing for the western title.

The tournament will begin Friday and wrap up Sunday.

The Blue Jays' team consists mainly of players from Stonewall, as well as players from Lundar and Teulon.

A few players from across the province have also been picked up by Stonewall for the westerns.

Stonewall will begin play Friday at 1 p.m. against B.C. and then will go up against Saskatchewan at 7 p.m..

On Saturday, the Blue Jays will battle the Manitoba representative Southwest at 1 p.m. and then will take on Alberta that evening at 7 p.m.

Friday's other games will see Manitoba versus Saskatchewan (10 a.m.) and Alberta (4 p.m.) while Saturday's action has B.C. against Alberta (10 a.m.) and Saskatchewan (4 p.m.).

On Sunday, round-robin action will conclude with Manitoba versus B.C. (10 a.m.) and Saskatchewan against Alberta (11:30 a.m.).

If a tiebreaker is needed, it will be played Sunday at 2:30 p.m. followed by the gold-medal game at 5:30 p.m.

If one is not necessary, then the gold-medal contest will take place at

In Winnipeg Senior Baseball League play, the Blue Jays split a doubleheader with the St. Boniface Legionaires

on July 30.

Stonewall won the first game 5-1 and then lost Game 2 by a 10-7 score.

On July 28, the Blue Jays were beaten 14-1 by the St. James A's at Fines Field. Stonewall has an 8-10 record in league play and one game left to make up in its regular season. That game, though, wasn't expected to be made up before the playoffs begin later this

Werbicki returns as Ice Dawgs' head coach

The Arborg Ice Dawgs confirmed Sunday evening that Jim Werbicki will be returning to the team as head coach for the 2019-20 season.

Werbicki guided the Ice Dawgs to a

14-5-1 record and 46 points a year ago in the inaugural season of the Capital Region Junior Hockey League.

Those 46 points tied Arborg for second place with the North Winnipeg Satelites in the five-team league.

Both teams were 22 points behind the first-place Selkirk Fishermen at the end of the regular season.

In the playoffs, Arborg lost to North Winnipeg in six games in their bestof-seven semifinal series. The Fishermen then defeated the Satelites in six games in the CRIHL final.

In other off-ice news, Corey Strachan has been named the Ice Dawgs' new general manager.

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TENDERS TO CONSTRUCT **APPROXIMATELY** 500 FT OF SIDEWALK IN THE LUD OF ASHERN

The Rural Municipality of West Interlake is accepting tenders to construct approximately 500 ft of sidewalk in the LUD of Ashern. Tender packages are available at the Ashern Municipal Office or for more information call, 204-768-2641. Closing Date: August 23rd, **2019 at 4:00 pm**, Tenders are to be submitted in a sealed envelope marked "**Tender** – Sidewalk Construction"

Lowest tender not necessarily accepted.



ACCEPTING OUOTES FOR THE DEMOLISHING OF BUILDINGS AND **LEVELLING OF SITES**

The Rural Municipality of West Interlake is accepting quotes for the demolishing of buildings and levelling of sites. Tender packages are available at the Ashern Municipal Office or for more information call. 204-768-2641. Closing Date: August 23rd, 2019 at 4:00 pm, Tenders are to be submitted in a sealed envelope marked "Quote - Building Demolition and Levelling of Sites"

Lowest quote not necessarily accepted.



MUNICIPALITY OF BIFROST-RIVERTON

PUBLIC NOTICE BOARD OF REVISION

Public Notice is hereby given that the 2020 Assessment Roll for the Municipality of Bifrost-Riverton has been delivered to the Municipal Office at 329 River Road, Arborg, Manitoba and is open for public inspection during regular business hours. Applications for revision may be made in accordance with section 42 & 43 of The Municipal

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- a) liability to taxation;
- b) amount of an assessed value;
- c) classification of property; or
- d) a refusal by an assessor to amend roll under subsection

APPLICATION REQUIREMENTS

- 43(1) An application for revision must:
 - a) be made in writing:
 - b) set out the roll number and legal description of the assessable property for which a revision is sought;
 - c) state the grounds on which the application is based; and
 - d) be filed by:
 - (i) delivering it or causing it to be delivered to the office indicated in the public notice under subsection 41(2), or

(ii) serving it upon the secretary, at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board of Revision will sit on Wednesday, September 11, 2019 at 1:00 P.M. in the Council Chambers of the Municipality of Bifrost-Riverton at 329 River Road, Arborg, Manitoba to hear applications.

The final date on which applications must be received by the Secretary of the Board is Monday, August 26, 2019.

Dated this 17th day of July, 2019 Cindy Stansell - Secretary, Board of Revision Municipality of Bifrost-Riverton Box 70, 329 River Road, Arborg, MB ROC 0A0 Email: bifrost@mymts.net

VILLAGE OF DUNNOTTAR **PUBLIC NOTICE BOARD OF REVISION FOR 2020**

PUBLIC NOTICE is hereby given that the 2020 Assessment Roll for the Village of Dunnottar has been delivered to the Municipal Office at 44 Whytewold Road, Dunnottar, Manitoba and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Sections 42 and 43 of The Municipal Assessment Act:

Application for revision

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- a) liability to taxation:
- b) amount of an assessed value:
- c) classification of property; or
- d) a refusal by an assessor to amend the assessment roll under subsection 13(2).

Application requirements

43(1) An application for revision must

- a) be made in writing;
- b) set out the roll number and legal description of the assessable property for which a revision is sought;
- c) state the grounds on which the application is based; and
 - (i) delivering it or causing it to be delivered to the office at the address below, or
 - (ii) serving it upon the secretary, at 44 Whytewold

at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board of Revision will sit on September 11, 2019 at 10:00 a.m. in the council chamber of the Village of Dunnottar at 44 Whytewold Road to hear applications. The final date on which applications must be received by the Secretary of the Board is August 26, 2019.

Dated at Dunnottar, Manitoba this 29th day of July 2019.

I.M. Thevenot Secretary to the Board of Revision Village of Dunnottar Box 321 Matlock, Manitoba R0C 2B0

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On behalf of the Arborg Agricultural Society, I would sincerely like to thank those of you whom volunteered their time and for the sponsorship you provided for our Arborg Agricultural Fair held on July 19-21, 2019. Thanks to your generous sponsorship, we were able to raise awareness among budding agricultural enthusiast and community fellowship.

This event would not have been a success without the generous support you have provided us throughout the year. We deeply appreciate the willingness with which you have, and continue to sponsor our efforts to make our town a healthier, happier place to live in. We sincerely hope that this association will be maintained and that you will continue to support us in our future endeavors.

Enjoy your summer. Arborg Agricultural Society *Board of Directors*



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TOWN OF ARBORG PUBLIC NOTICE

BOARD OF REVISION

Public Notice is hereby given that the 2020 Assessment Roll for the Town of Arborg has been delivered to the Municipal Office at 337 River Road, Arborg, Manitoba and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Sections 42 & 43 of *The Assessment Act*.

APPLICATION FOR REVISION 42(1)

A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- a) liability to taxation;
- b) amount of an assessed value:
- c) classification of property; or
- d) a refusal by an assessor to amend the assessment roll under Subsection 13(2).

APPLICATION REQUIREMENTS 43(1)

An application for revision must:

- a) be made in writing;
- b) set out the roll number and legal description of the assessable property for which a revision is sought;
- c) set out which of the matters referred to in Subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by
 - i) delivering it or causing it to be delivered to the office indicated in the public notice given under Subsection
 - ii) serving it upon the Secretary, at least 15 days before the scheduled sitting date of the Board as indicated in the

The Board of Revision will sit to hear applications on Wednesday, September 11th, 2019 at 10:00 AM in the Town of Arborg Council Chamber, 337 River Road.

The final date on which applications must be received by the Secretary of the Board is Monday, August 26th, 2019.

Dated at Arborg, in Manitoba, this 8th day of August, 2019.

Lorraine Bardarson, Secretary Board of Revision Town of Arborg Box 159 – 337 River Road Arborg, MB ROC 0A0

nnouncements



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ANNIVERSARY





Happy 50th Wedding Anniversary Frank and Geraldine Zabudny on August 9th

-With lots of love, Jennifer, Mark, Matthew and Anna Cara and Steve Julie, Dustin and Jack



Happy Birthday

Friends and family gathered in Gimli last week to celebrate with Mike and Anne Penziwol who were celebrating their 90th birthdays along with Peggy Jobe who celebrated her 65th birthday. Also at the same gathering, Caila Sveinson and Stephen Roche celebrated their 1st wedding anniversarv.

SHOWER ANNOUNCEMENT



Kostuik-Nudds A Come & Go Bridal Shower in honour of Michelle Kostuik, bride-elect of Benjamin Nudds will be held on Friday, August 9, 2019 from 6 - 8 p.m. at Minerva Hall. Supper will be served. As Michelle and Ben reside in Toronto, ON monetary or gift cards (Hudson's Bay, Rona, Costco, etc.) would be greatly appreciated.

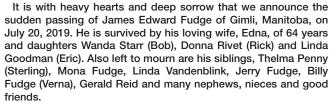
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- BIRTHS
 - GRADUATIONS



OBITUARY

James E. Fudge August 29, 1934 - July 20, 2019



Jim's life began in 1934 in the outport of Francois, Newfoundland. One of seven siblings, Jim's was a life of colourful adventure; he and his boyhood buddies explored mountains, caves, ponds and rugged shores; memories he would treasure for the rest of his life. At the tender age of 14 he became the head of his family; at 17 he

joined the military, a career that took him around the world. Forty-six years later he reunited with his best friend, Mark Durnford; their friendship deepened, leading to a visit 16 years later. Mark became an important bridge to Jim's beloved homeland.

It was love at first sight when he met his soul mate, Edna. After living in Corner Brook, Newfoundland and Trenton, Ontario, a posting to Germany meant more adventures for the next five years. Family trips, often with friends, to Austria, Switzerland and Barcelona, Spain as well as picnics in France, created memories to last a lifetime. Village life was the best. During the Cold War, Jim worked as a specialized technician on the CF-104 Starfighter jets at the Royal Canadian Air Force Base, 3-Wing in Zweibrücken. Lifetime friendships were formed, he coached hockey and honed his curling and bowling skills. Reuniting with family in Winnipeg made leaving the Black Forests of Germany less difficult.

Working together, he and Edna managed properties in Winnipeg and spent summers at their cottage in Gimli. Taxidermy, waterfowl carvings, handcrafted ship models and fascinating folk art were Jim's creative outlets. Generous by nature, he shared his artwork freely. Always a team, he and Edna settled on a hobby farm just outside of Gimli complete with a large Ukrainian garden, chickens, turkeys, cats and their beloved yellow lab, Sam. Good friends and family gathered often, food and drinks flowed, everyone was welcome. After 15 years they moved into their house on 6th Ave. in Gimli. After winning the trip of a lifetime, Jim and Edna began taking Caribbean cruises as often as possible. This was a great joy for them both.

Jim was known for the twinkle in his eye, warm sense of humour and his generous spirit as well as his love for animals and nature. He and Edna did everything together. He could fix anything and often did. His extensive library showed he was interested in everything around him. Having survived a number of accidents and medical emergencies himself, he eventually became Edna's primary caregiver. Without complaint he helped her with all her needs, big and small. His love and devotion knew no bounds. We believe Jim has been reunited with his parents, his beloved brother Ira, good friends and his menagerie of pets, who await him with open arms. A devoted husband, father, brother, and friend, Jim graced us with his presence, shared his heart, his love and laughter, and is now sailing for home! We were blessed to have you in our lives, Dad, and you will remain in our hearts now and forever. We love you!

A gathering to celebrate Jim's life will be held at the Royal Canadian Legion, Br. 182 in Gimli on Thursday, August 22nd, at 2 p.m.

In lieu of flowers, donations may be made in Jim's memory to the Gimli Humane Society, Box 1999, Gimli, MB. R0C 1B0

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Resumes with a cover letter and three references will be accepted by the undersigned until August 16, 2019 at 12 noon.

Cindy Stansell, C.M.M.A. Chief Administrative Officer Box 70, 329 River Rd. Arborg, MB, ROC 0A0 cao bifrost@mymts.net Fax: 204-376-2742

take abreak CROSSWORD

CLUES ACROSS

- 1. Crackle & Pop's friend
- 5. Having wings
- 10. Small, rounded fruit
- 12. Cobb and tossed are two
- 14. Not sensible
- 16. One of the six noble gases
- 18. Helps little firms
- 19. A way to approve
- 20. Triangular bones
- 22. Plead
- 23. Longs
- 25. Covers with turf
- 26. Peyton's little brother
- 27. Partner to cheese

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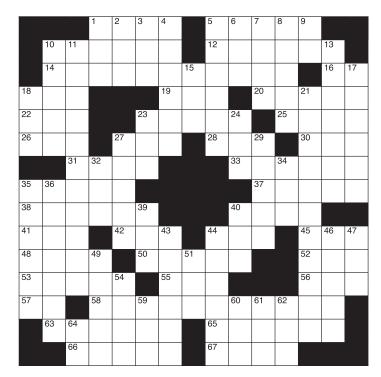
Crossword Answer

28. Famed patriot Adams

- 31. One-billionth of a second (abbr.)
- 33. Dog
- 35. Electronic communication
- 37. Marked
- 38. Informed upon (slang)
- 40. Actor Damon
- 41. Black, long-tailed cuckoo
- 42. A type of corrosion (abbr.)
- 44. Sportscaster Patrick
- 45. Witch
- 48. Neatly, carefully store
- 50. Indicates silence
- 52. Computer giant
- 53. Sea eagles
- 55. Moved quickly
- 56. Small island (British)
- 57. Prosecutor
- 58. A type of monk
- 63. Pictures or sculptures of the Virgin Mary
- 65. Area of muddy ground
- 66. Saddle horses
- 67. Fasting in Islam
- **CLUES DOWN**
- 1. Engine additive
- 2. ATM company

3. Satisfaction

- 4. Park lunch
- 5. Remarks to the audience
- 6. Resinous substance
- 7. Expression of sorrow or pity
- 8. Rhythmic patterns
- 9. "Westworld" actress Harris
- 10. Published false statement
- 11. Ability to be resourceful
- 13. Small, herringlike fish
- 15. 2,000 lbs.
- 17. Scraped
- 18. One point east of due south
- 21. Books of the New **Testament**
- 23. Political action committee
- 24. Resembles a pouch
- 27. Genus of badgers
- 29. Daniel François , South African P.M.
- 32. Pull up a chair
- 34. Egg of a louse
- 35. Removed
- 36. Catches poachers
- 39. Fall back
- 40. Sports equipment
- 43. Stroke gently
- 44. Jeans and jackets
- 46. Firs genus



- 47. Greenwich Time
- 49. "Wings" actor
- 51. Dishonorable man
- 54. Stiff, hairlike structure
- 59. Snag
- 60. Portuguese river
- 61. Defunct aerospace company
- 62. 007's creator
- 64. Farm state

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