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## WEEKLY NEWS

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## Mudboggin'

The Arborg Agricultural Fair organizers added ATV mud bogging to the events list this year and what a popular event it was for all ages. Pictured, is four year old Bala Kanteluk who competed in the 4-12 year old class. Bala is new to quadding but she had lots of fun getting dirty and is excited for next year.

EXPRESS PHOTO BY ROBERT E. WILSON

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# Gimli Harbour Authority first stop on cross-country tour

By Teagan Sheppard

The Small Craft Harbour media team stopped in Gimli to interview and record the activities of several members of the Gimli Harbour Authority on July 10. The media team is travelling across Canada to assemble a video of harbour authority members' activities in honour of 35 years

of harbour authorities.

Robert T. Kristjanson (commercial fisher and former harbour master), Baldi Johannesson (board president), Trevor Cowie (current harbour master), Chris Kristjanson (commercial fisher and board director) and Cindy Blicq (former harbour master) were interviewed and shared their connec-



EXPRESS PHOTOS BY TEAGAN SHEPPARD

Gimli Harbour was the first stop on the cross-country tour. Left to right: Robert T Kristjanson, Sigurros Kristjanson, Baldi Johannesson, Trevor Cowie and Chris Kristjanson were interviewed by Small Craft Harbour media team about their connection to the harbour.

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tions with the harbour. At this time, the Gimli harbour is fully staffed but they are always taking applications in case a position becomes available.

Current harbour master Trevor Cowie said, "The harbour master is responsible for the entire operation, financial, human resources and accounting. The administrative assistant is responsible for overseeing cash functions, invoicing, food trucks and scheduling. Ground staff are responsible for maintenance of the property."

The GHA board of directors are all volunteers and are primarily commercial fishers.

One of the main tasks being part of a harbour authority is making sure the harbour is safe for all users. Last year Gimli Harbour rebuilt its boat ramp. An important element of the harbour is supporting local businesses. More

than 30 local restaurants are supplied with fish that come from Lake Winnipeg, including The Kiln Drive-In in Stonewall and Seagulls Restaurant and Lounge in Gimli.

"When I took on the position of harbour master, I was told by the board that I was now in charge of the 'Jewel of the Interlake.' I take this very seriously. Gimli, in my opinion, is a jewel in the world, a beautiful centerpiece of maritime history," said Cowie, who has been involved with boating for more than 40 years. "It is my goal as harbour master to work with local community interest groups to promote the jewel that Gimli is and to preserve its rich history for future generations while helping to guide the harbour into the future."

Please visit [www.gimliharbour.ca](http://www.gimliharbour.ca) to submit an application or to learn more about the Gimli Harbour.

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# Gimli Glider's Capt. Robert Pearson a 'testament to the spirit of aviation'

Gimli Glider Exhibit celebrates 40th anniversary of the heroic landing

By Patricia Barrett

Capt. Bob Pearson, who is arguably the most famous airline pilot in Canadian aviation history, landed in Gimli last weekend to help celebrate 40 years since he glided a powerless Air Canada Boeing 767 passenger airline on to a decommissioned runway at the Gimli Airport and saved the lives of 61 passengers and eight crew.

The Gimli Glider Exhibit, a museum that houses parts of the retired aircraft and other memorabilia from that fateful July 23, 1983, evening, organized a 40th anniversary dinner at the LS Airways Flight Academy at the Gimli Airport to honour Pearson and others who helped in the aftermath of the astounding emergency landing.

Pearson, an affable man who does speaking engagements around the world about the event, was modest about his feat. He paid tribute to his co-pilot First Officer Maurice Quintal (who passed away in 2015), the flight crew, the Winnipeg Sportscar Club — which had been racing on the decom-



Gimli Glider Exhibit president Barb Gluck with Capt. Robert Pearson, who had trained as a glider pilot and performed a sideslip manoeuvre to slow down the powerless airliner before landing.

missioned runway when the silent airliner suddenly hove into view — and the Gimli Fire Department.

The 767 was en route from Montreal to Edmonton when it ran out of fuel at 41,000 feet near Red Lake, Ont., and lost power in both engines. Ground crew had made a fuelling error when converting imperial to metric. Having trained as a Royal Canadian Air Force pilot at a base in Gimli, Quintal was familiar with the airstrip there.

"The [air traffic] controllers gave us



EXPRESS PHOTOS BY PATRICIA BARRETT

From left: retired Air Canada pilot Andy Damm and Gimli councillor, Interlake-Gimli MLA Derek Johnson, photographer Diane Levit and retired Air Canada pilot Raymond Hall celebrated the 40th anniversary of the Gimli Glider landing at the Gimli Airport and Capt. Robert Pearson's heroic gliding feat on July 23, 1983. Pearson saved everyone aboard a 767 Boeing passenger jet whose engines cut out at 41,000 feet.

valuable information. [Maurice] was able to estimate how fast we were coming down and whether we'd make the Winnipeg [airport]. He said he didn't think we'd make Winnipeg. Because we were up high, it was something we couldn't judge without

information from our instruments. Most of our instruments had disappeared when the engines failed and we were left with four World-War-One-type instruments — an airspeed indicator, altimeter, compass and arti-

Continued on page 5

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# Drive Away Hunger event raises nearly \$6,000 for Riverton food bank

## Staff

Arborg Farm Credit Canada is taking strides to drive away hunger.

On June 23, the office hosted a barbecue fundraiser to support Drive Away Hunger. This agricultural and food industry initiative creates partnerships between communities and donors to feed people in need.

Isabelle Chubaty, relationship manager for Arborg Farm Credit Canada, said they canvassed local businesses prior to the barbecue fundraiser to help cover costs.

“We were blown away by the generosity of the community when we received over \$4,500 worth of donations from 11 local businesses. We also sent out pre-order forms around town to make placing burger orders more convenient for businesses. We were amazed at how many pre-orders we received that we had to double our food order from the Interlake Co-op grocery store to make sure we had enough burgers to serve,” she said.

“Co-op was so supportive with helping us organize our event and donating space and equipment. Along with cash donations, Enns Brothers used a loader tractor at their dealership to help us collect non-perishable food donations — and even brought a tractor and wagon with their collections to our event to help collect more.”



In total, the fundraiser brought in \$5,936.50 and 137.7 pounds of food, which was all donated to the Riverton and District Friendship Centre’s food bank.

The Riverton & District Friendship Centre is a non-profit Indigenous community organization that provides programs and services to Riverton and surrounding communities, and the organization also serves as the local food bank for Arborg and neighbouring towns.

The barbecue took place on a perfect summer day, Chubaty added.

“Our team, including the staff from the Arborg office and management from the Winnipeg office, started cooking by 10 a.m. and had sold 450 burgers by 1:30 p.m.,” she said.

“We are very thankful for everyone who came out to support our fundraiser and bought burgers from us, and we hope to see you next year.”

On behalf of Arborg Farm Credit Canada, she also



EXPRESS PHOTOS SUBMITTED

The Arborg Farm Credit Canada (FCC) office hosted a fundraiser barbecue in support of Drive Away Hunger on June 23 and raised \$5,936.50 plus 137.7 pounds of food to the Riverton & District Friendship Centre's food bank.

extends gratitude to the event’s sponsors, including Interlake Co-op, Diemo Machine Works, Paterson Grain, Vidir Solutions, Romafa Metal Works,

Enns Brothers, Sigvaldason Custom Applications, Smitty’s Furniture, Home Hardware, Arborg Livestock Supply and Nutrien Ag.

Farm Credit Canada initiated Drive Away Hunger in 2004 and continues to drive the program forward since it ties directly to the organization’s mandate to support rural Canada and its value to be a good corporate citizen. Last year, the Drive Away Hunger initiative worked more closely with the ag and food industries. Together, they provided 40 million meals for food banks and feeding programs across Canada.

To learn more, visit [fcc-fac.ca](http://fcc-fac.ca).

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From left: Gimli Coun. Richard Petrowski with his wife Shelly and Glen Cooper, who took the only aerial photos of the Gimli Glider on the runaway.

## > GIMLI GLIDER, FROM PG. 3

ficial horizon," said Pearson, who had trained as a glider pilot while flying commercial aircraft. "I said, 'Let's not take a chance; we'll go to Gimli.'"

Pearson made a "hard right turn" up the western shore of Lake Winnipeg then executed a sideslip, a glider manoeuvre that tips a plane on its side, two miles from the runway to slow the speed of the aircraft. The plane careered down the runway, its front landing gear collapsing, and stopped about 500 feet from motor racing fans.

"The flight attendants did a great job. They were pretty scared. But with their training, they contributed very much to the success of the landing," said Pearson. "The Winnipeg Sportsclub brought out their fire extinguishers because about six inches of insulation between the inner and outer skin of the plane was smoldering and the airplane had filled with smoke. Gary MacGregor, who was deputy fire chief of the Gimli Fire Department at that time, disconnected the plane's batteries, which are hardwired. There's no way to shut them off other than disconnecting them and they could have overheated and exploded."

Gimli Glider Exhibit board president Barb Gluck, who launched the museum in 2015 to preserve the province's aviation history, said Gimli hospital was told to prepare for a disaster.

"The hospital was made ready for a disaster because an air traffic controller said nobody survives a double engine outage," said Gluck.

Raymond Hall, a retired pilot with Air Canada who flew for 36 years and was the former chair of the Air Canada Pilots Association, said he flew the Gimli Glider for 10 years after the 767 was refurbished and put back in service.

"I flew the Gimli Glider between 1996 and 2005. I had no problems with the plane. Then I moved on to the Boeing 777," said Hall, who is also a lawyer.

Gimli Coun. Andy Damm, a retired Air Canada pilot who flew with Maurice Quintal years after the event, said the pilots' feat was astounding given they had no power and few working instruments.

"I think it's something that probably, in the same circumstance, couldn't be repeated. I'm amazed Capt. Pearson isn't in the Canadian Aviation Hall of Fame and I'd like to



Recently retired Gimli Fire Department chief Gary MacGregor was deputy fire chief at the time of the emergency landing and disconnected the 767's batteries.

see that happen," said Damm, who spoke at the dinner on behalf of the municipality. "Just the fact that he could drop a multi-ton airplane onto a runway in Gimli with very little instrumentation and assistance from ATC [air traffic control] is a remarkable feat in itself."

Sa'ad Shehalthough, chief of operations and flight instructor at LS Airways Flight Academy, spoke at the dinner, saying the Gimli Glider is a "momentous milestone" in aviation history, serving as a lesson in ingenuity, skill and unwavering determination.

"As members of the LS Airways Flight Academy, we commemorate this iconic event not only to celebrate aviation history but also to embrace the lessons it imparts. It reminds us of the importance of thorough training, the significance of preparation and the crucial role of adaptability in the face of adversity," said Shehalthough. "The Gimli Glider event serves as a testament to the spirit of aviation and an unbreakable bond among pilots and crew members. It illustrates the importance of clear communication, swift decision-making and remaining steadfast in a crisis."

Interlake-Gimli MLA and provincial minister of agriculture Derek Johnson, who spoke at the dinner, said Pearson and his flight crew's actions in the face of a life-threatening crisis serve as an inspiration.

"As we come together to celebrate this reunion, let's not forget the lessons it has taught us: the importance of preparation, the value of teamwork and the strength of the human spirit in the face of adversity," said Johnson. "May today serve as a reminder to dare to dream, to push the boundaries of what is possible and to never underestimate the power of human will."

On behalf of the provincial minister of sport, culture and heritage, Johnson presented a proclamation officially marking July 23, 2023 as "Gimli Glider 40th Anniversary" day.

At the end of the evening, attendees formed a long queue through the hangar to meet Pearson and express their appreciation for his remarkable achievement.



Sa'ad Shehalthough, chief of operations at LS Airways Flight Academy, said Capt. Pearson's remarkable feat serves as a testament to the spirit of aviation.



Capt. Pearson speaks with retired Air Canada pilot Raymond Hall, who flew the Gimli Glider for 10 years after it was repaired and put back in service.

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**MANITOBA VOTES**

# Economic growth action plan will create more jobs and build economy

By Manitoba government

To build an economy that addresses today's challenges and seizes the opportunities ahead, Premier Heather Stefanson and Economic Development, Investment and Trade Minister Jeff Wharton announced a new long-term economic action plan for Manitoba, with targeted initiatives already underway to meet a shared vision for sustained growth, increased trade, a skilled workforce with good paying jobs, and continued progress toward economic reconciliation with Indigenous communities.

The Opportunities for Economic Growth Action Plan capitalizes on Manitoba's competitive advantage as the geographic centre of North America, as well as the province's abundant clean energy, excellent transportation connections, renowned research networks, competitive business supports, and a young and skilled workforce.

The plan aligns government department initiatives to support Manitoba industries in filling more than 114,000 job openings over the next five years. It will focus on four key pillars of the economy: workforce skills and supply, critical business and trade infrastructure, emerging sector growth opportunities, and quality of life investments.

"Through this plan and vision, we

are going to continue growing our economy with investments that create more good paying jobs and improve the quality of life for Manitobans throughout our province," Stefanson said. "This plan will revitalize our communities, build vibrant industries, and make Manitoba a safe and affordable place to live and work."

The blueprint for economic growth is the result of extensive engagement with over 65 economic development partners and stakeholders including the business and industry community, sector councils, post-secondary educational institutions, Indigenous-led organizations, and training and employment organizations.

It is a data-informed examination of private-sector performance, emerging growth areas and workforce needs that provided new insights into current challenges and future opportunities. Stakeholder advice, experiences and insights shaped the plan and emphasized the need for action to create the conditions for economic prosperity.

"Manitoba has one of the most diverse and balanced economies in Canada," said Wharton. "It is an economy built by an enterprising and innovative private sector and supported by a network of partners that, together, are essential to the continued growth of our economy and workforce."

"Economic growth is one of our government's highest priorities and the successful start of initiatives under this action plan showcases our commitment to translating vision into action. We will continue to work in close partnership with all stakeholders to identify and invest in opportunities with the greatest potential for economic impact."

In support of the plan, the Manitoba government has already made several targeted investments as part of Budget 2023 to benefit and support industry and community growth throughout the province. These investments will:

- attract international talent, recruit workers, retain employees and bring back students from other jurisdictions after graduation;
- enhance the education system by developing career pathways for in-demand apprenticeship trades and early childhood educators starting in high school;
- expand markets for Manitoba goods and services, and strengthen the infrastructure to get those goods and services to market;
- incentivize employers to upskill their workforce and help certify internationally educated professionals in their profession;
- improve Manitoba's tax system to make the personal income and busi-

ness tax environment more competitive with neighbouring jurisdictions, and allow businesses and workers to keep more of their income;

- revitalize downtown Winnipeg through development and heritage preservation, and address homelessness through safe housing; and
- support the growth and vibrancy of Manitoba arts, culture, sport and tourism.

"Manitoba Transportation and Infrastructure's mission is to ensure safe, reliable and sustainable infrastructure for Manitobans," said Transportation and Infrastructure Minister Doyle Piwniuk. "Our government's vision and strategy is to build on our multimodal transportation hub and trade gateways, to create opportunities toward a more prosperous future for all those residing in Manitoba."

"Manitoba's diverse economy continues to enable a strong labour market and we are seeing an increase of international migration of skilled workers that will help strengthen not only Manitoba's population but also increase economic growth and opportunities across the province," said Labour and Immigration Minister Jon Reyes.

"Manitoba is a beautiful province to explore and always offers something

Continued on page 10

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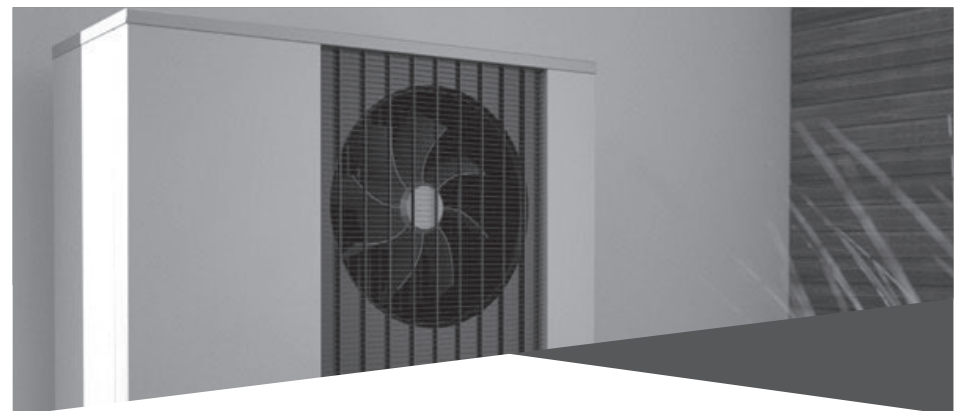
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# Manitoba government invests in crime gun lab to combat firearms violence

By Manitoba government

The Manitoba government is taking decisive action to address the ongoing threat of firearm-related violence in the province by investing \$5.2 million in a state-of-the-art Crime Gun Lab supporting firearm-related criminal investigations throughout Manitoba, Justice Minister Kelvin Goertzen announced last week.

“By establishing our own Crime Gun Lab, Manitoba will strengthen our existing capabilities to target, investigate and prosecute criminal activities involving gangs, guns and organized crime,” said Goertzen. “The lab will support professional, robust and dedicated investigations into firearms trafficking in Manitoba and enable the comprehensive analysis and archiving of all crime guns within the province, enhance intelligence co-ordination on illegal firearm trafficking, increase the number of firearms investigations and prosecutions, and ultimately reduce the use of illegal firearms and gun violence in the province.”

Firearm-related violence continues to pose a significant threat to public safety in Manitoba, with offenders often being associated with gangs and illicit drug operations, leading to a frequent occurrence of violence and loss of life. By investing in crime gun analysis and suppression, which includes the establishment of the Crime Gun Lab, Manitoba aims to adopt a co-ordinated and strategic approach to respond to firearm violence and mitigate associated risks.

Firearm tracing and ballistic imaging play integral roles in reducing crime gun violence, providing support to police investigations and prosecutions. However, the current process for firearms tracing and ballistic imaging varies among police agencies in Manitoba. While the Winnipeg Police Service has the most efficient process, ballistic leads can still take several days to process. Furthermore, it can take multiple months for the National Forensic Laboratory Service to conduct a forensic examination of ballistic evidence required for court pur-

poses. The real-time co-ordination of firearm and violent crime investigations the Crime Gun Lab will provide to law enforcement will be critical for effective crime gun analysis and suppression, the minister said.

“The Winnipeg Police Service was one of the first police services in Canada to have the capability to directly input ballistic evidence into the Canadian Integrated Ballistics Identification Network. This was a significant step in the expansion of our investigative capabilities and we recognize the value that this can have for all Manitoba police agencies in addressing gun violence,” said Insp. Elton Hall, officer in charge of the Organized Crime Division, Winnipeg Police Service. “The expansion to a provincial firearms laboratory will deliver a full-service examination solution that will provide actionable forensic and investigative intelligence to law enforcement in a timely manner.”

“We need to continue to do everything we can to keep guns out of the hands of criminals and to ensure they

are quickly held to account when they do make the decision to use a firearm to commit a crime,” said Insp. Paul Peddle, officer in charge, Central Plains Area for the Manitoba RCMP. “The Crime Gun Lab is an important step forward and the RCMP in Manitoba, and all communities within its jurisdiction, will benefit greatly from this new critical resource.”

The Crime Gun Lab will be established an initial investment of \$5.2 million and supported with an annual operating budget of \$3.1 million, the minister noted.

The investment in the Crime Gun Lab by the Department of Justice reflects the province’s commitment to combating firearms violence head-on, Goertzen said. By bolstering investigative intelligence, enhancing forensic capabilities and facilitating comprehensive firearms analysis, the lab will contribute significantly to reducing gun violence and creating a safer environment for all Manitobans, he added.

## Gimli Garden Club donates funds to Camp Arnes’ homesteading program

By Patricia Barrett

The Gimli Garden Club is helping support a program being run by Camp Arnes to teach youth to become self-sufficient food growers.

The garden club held a meeting and voted to donate \$200 to the camp program after holding its annual plant fundraising sale in June.

Garden club president Rose Marie Hess said she hopes the club’s donation will spur on other people to help out the camp with its important program.

“We’re hoping our donation will encourage more people to donate to the camp because they need a lot of help,” said Hess.

In addition to funding, Hess said the garden club is in the process of fixing a tiller that it wants to give to the camp.

“I had a tiller I had trouble starting. One of our club gardeners, Michael, is fixing it. He had to order some parts,” she said. “He’ll also be building the camp a couple of benches so the kids have a place to sit down near the planting area.”

Arnes summer camp opened July 10. The leader of the homesteading program, Heidi Khalil, who has experience running a farm and growing food, is showing campers how to plant and manage a garden, aspects of animal husbandry and food preservation.

“It’s a great idea at this time with

food getting so expensive to buy and it also makes these kids aware of

where food really comes from — not only from a store,” said Hess.



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**REPORTER/PHOTOGRAPHER**  
Jennifer McFee



**ADMINISTRATION**  
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**REPORTER/PHOTOGRAPHER**  
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Call Patricia Barrett  
1-204-407-6099  
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## Regulatory changes to enhance building permitting processing

Submitted by Manitoba government

The Manitoba government is implementing legislative and regulatory changes to improve the efficiency, transparency and accountability of building permitting processes in Manitoba, Labour and Immigration Minister Jon Reyes announced last Monday.

"These changes establish an independent technical adjudicative process for building permitting disputes and performance standards for building permitting processes," said Reyes. "Changes will support the consistent application of building codes across the province and ensure that permitting decisions are made within predictable and reasonable time frames." Following a public engagement

process, the Manitoba government is moving forward to proclaim sections of the Building and Electrical Permitting Improvement Act, the Permit Dispute Resolution Regulation and the Performance Standards Regulation.

The Permit Dispute Resolution Regulation, under the new Permit Dispute Resolution Act, establishes the appeal process for disputes related to building permitting decisions. Permit applicants will now have a formalized appeal mechanism for cases where they believe a permitting authority is wrong in withholding a permit, or issuing an order on code matters.

The Performance Standards Regulation, under the Buildings Act, specifies the time periods that permitting

authorities have to respond to applicants, make decisions on applications, and conduct inspections.

"These important changes will enhance opportunities for economic growth within the province by providing builders and developers with reasonable timeframes for permitting decisions. Builders and developers will be able to plan and schedule their development activities based on provincewide mandated timelines," said Reyes.

Performance standards will be phased in over two years to allow permitting authorities sufficient time to make any required operational changes, added Reyes.

The minister noted the changes will come into force on March 1, 2024.

## Province advises rent guideline set at three per cent for 2024

Submitted by Manitoba government

Manitoba Consumer Protection and Government Services advises the 2024 rent guideline has been set at three per cent, effective Jan. 1, 2024.

The guideline is determined annually based on the Manitoba Consumer Price Index and applies to most residential rental properties including apartments, single rooms, houses and duplexes. Despite inflation being higher than three per cent, the rent increase guideline is limited by the Bank of Canada's target inflation range of one per cent to three per cent. This is the first increase since 2021, as the rate was held at zero per cent in 2022 and 2023.

The guideline does not apply to the following:

- rental units renting for \$1,615 or more per month;
- various types of social housing;
- rental units owned and operated by, or for, provincial, municipal or federal governments;
- rental units in buildings first occupied after March 2005;
- not-for-profit life lease units;
- co-operative units; and
- approved rehabilitated rental units.

Landlords may apply for an increase above the guideline if they can show the guideline will not cover cost increases they have incurred.

Tenants must receive written notice of a rent increase at least three months before the increase takes effect. For example, for a rent increase to take effect Jan. 1, 2024, tenants must receive notice by Sept. 30, 2023. With few exceptions, rent can only be increased once a year.

Landlords and tenants are encouraged to contact the Residential Tenancies Branch at 204-945-2476 in Winnipeg or 1-800-782-8403 (toll-free in Manitoba) to learn more about rent increases and other rights and responsibilities.

More information is also available at [www.manitoba.ca/rtb](http://www.manitoba.ca/rtb).

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### OUR EDITORIAL STAFF

Brian Bowman Sports Reporter  
[sports@expressweeklynews.ca](mailto:sports@expressweeklynews.ca)  
Patricia Barrett - Reporter/Photographer  
Cell 204-407-6099 [patricia@expressweeklynews.ca](mailto:patricia@expressweeklynews.ca)

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Christy Brown, Distribution Mgr.: 204-467-5836

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# Annual wave of fish flies returns to Lake Winnipeg shores

By Craig Macadam

The mayfly's life cycle is one of the most fascinating and fleeting stories in the natural world.

One of the many characteristics that makes mayflies the unique insects they are is the potential for two different winged adult forms in their life cycle. The nymph emerges from the water as a dull-coloured sub-imago (or dun) that seeks shelter in bankside vegetation and trees.

After a period of a couple of hours or more, the sub-imago once again sheds its skin to transform into the brightly coloured imago (or spinner). It is not clear why mayflies have retained this unique step in their life cycle; however, it is thought that they may not be able to achieve the change from nymph to sexually mature adult in one step.

A mayfly's life cycle starts with the males forming a swarm above the water and the females flying into the swarm to mate. The male grabs a passing female with its elongated front legs and the pair mate in flight. After copulation, the male releases the female, which then descends to the surface of the water where she lays her eggs. Once mated she will fall, spent, onto the water surface to lie motionless, with her wings flat on the surface, where fish pick them off at their leisure. The male fly rarely returns to the water; instead, he goes off to die on the nearby land.

The eggs fall to the bottom of the water where they stick to plants and stones. Flies of the Mayfly family Baetidae pull them-

selves under the water to attach their eggs directly to the bed before being drowned by the current. The nymphs take anything between a few days to a number of weeks to hatch depending on water conditions and the species, and the resultant nymphs will spend various lengths of time, up to two years, foraging on the bottom before emerging as an adult fly.

When it is time to emerge, the nymphs make their way to the surface where they pull themselves free of their nymphal shuck and emerge as a sub-imago. While they rest here to dry their newly exposed wings, they are at their most vulnerable to attack from fish.

Some species exhibit great synchronicity in their hatching. The North American species *Hexagenia limbata* hatches in huge numbers every year. The total number of mayflies are estimated to be around 18 trillion — more than 3,000 times the number of people on earth. The newly emerged insects are attracted to lights in riverside towns and villages and the local authorities deploy snow clearing vehicle to remove their rotting corpses.

Ironically, what is seen as a nuisance in America is seen as a gift in Africa. Locals around Lake Victoria gather adults of the mayfly *Povilla adusta* together with Chironomid midges to make a type of patty called "kungu." This protein-rich food stuff is an important part of their diet.



EXPRESS PHOTO BY JACKIE SAURETTE

Fish flies could be seen lining the pier, picnic tables, and hydro poles in Gimli and surrounding communities last week. This sunset view was taken July 23 at Pelican Beach in Gimli. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: [weather@expressweeklynews.ca](mailto:weather@expressweeklynews.ca)



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# Ride em' cowboy



EXPRESS PHOTOS BY RAYME THOMSON, MICHELLE MAIDMENT, ROBERT WILSON AND LIAM JACOBSON

There was lots of fun for all ages this past weekend at the Arborg Agricultural Fair.

## > ECONOMIC GROWTH, FROM PG. 6

new to discover whether you're a first-time visitor or you've lived here all your life," said Sport, Culture and Heritage Minister Obby Khan. "Manitoba's tourism sector is a vital contributor to our economy — employing tens of thousands of people and contributing hundreds of millions of dollars in provincial revenue as we welcome visitors to a myriad of activities, events and locations."

"Co-developing approaches to economic reconciliation with our Treaty

partners remains a top priority of our government," said Indigenous Reconciliation and Northern Relations Minister Eileen Clarke. "Indigenous tourism in Manitoba must be Indigenous-led and with our support through this action plan, we can ensure this sector is being built upon a strong foundation of tradition and trust while creating more good jobs for Manitobans."

"Our environment and economy in Manitoba are inextricably linked

and through critical investments into water and wastewater infrastructure, we continue to be good stewards of both," said Environment and Climate Minister Kevin Klein. "By prioritizing the protection of precious freshwater resources in this comprehensive plan, we can ensure we are preserving the prosperity and way of life in Manitoba for generations to come."

Supporting the pillars of the Opportunities for Economic Growth Action Plan and investments to date is a commitment to maintaining Manitoba's prudent financial planning, strong

governance and management, and improved forward planning, as recently affirmed by global credit rating agency Moody's Investor Services.

The plan will evolve and adapt to changing economic conditions and priorities. An interactive website has been developed so Manitobans can learn more about each of the actions and monitor the plan's progress.

To view the Opportunities for Economic Growth Action Plan, visit <https://manitoba.ca/jec/oegp/>.



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7 p.m. - Mayor welcome

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# A-Spire Players community theatre back on the boards, earning accolades

By Patricia Barrett

Theatre-goers in Gimli were delighted to see A-Spire Players treading the boards this summer after a few years of COVID-related shutdowns.

The community acting troupe saw packed houses during three performances of the play *Chance Encounters* from July 14 to 16 at the A-Spire Theatre and got a standing ovation on opening night.

Actor, author and Gimli resident Kim Malchuk said the troupe couldn't be happier with the support they received.

"This was our first production since COVID and you could tell the community missed it because we basically sold out all three performances. That speaks volumes," said Malchuk. "It was so nice to see family and friends and community members come out. We were just so happy that they loved it. It felt good to be back."

With a simple set consisting of a park bench and three trees, the play delved into the lives of everyday people, revealing their struggles, dreams, friendships and memories.

"It touched on everything people can relate to including aging, Alzheimer's, mental illness (post-partum depression) and a break-up. It also included a scene about homeless person; what life is like from their perspective," said Malchuk.

Founded in 1992, A-Spire Players is a non-profit association that presents summer productions and provides opportunities for other groups to stage productions in Gimli. Through the years, A-Spire troupes have presented plays from Noel Coward, Oscar Wilde and Neil Simon.

None of the actors and stage crew get paid. In addition to theatrical performances, troupe members and other performers have given poetry readings, improv comedy routines and dance and musical performances at the iconic theatre, which is housed in the Unitarian Church on Second Avenue.

With the mantra "The show must go on" foremost in their minds, the four



**EXPRESS PHOTO BY PATRICIA BARRETT**  
The A-Spire Theatre in the Unitarian Church.

actors — Malchuk, Jennifer Dann, Nathan Fletcher and Stewart Campbell — took on a heavy load that not only included learning their lines and honing their acting chops but also undertaking social media and behind-the-scenes duties such as makeup.

Director Anthony Ducharme and A-Spire Players board chair said the troupe put in loads of rehearsal time — two days a week for four months — before the launch of the production to ensure they gave a polished performance.

"It was difficult because there were only four of them and they had to play different characters or perform a monologue. There were seven different skits and each one had a different character," said Ducharme. "From my perspective as director, there were so many different angles to the play. And the audience really enjoyed it. One of our house crew said the actors got a standing ovation."

The troupe was in danger of being shut down because it has to pay rent for use of the Unitarian church. COVID really put a dent in their ability to raise funds.

"Without paying our rent, we're shut down. If we didn't have this



**EXPRESS PHOTOS COURTESY OF KIM MALCHUK**

play this year, we would have had to close," said Ducharme. "So I have to thank our four actors for stepping up and performing to help raise money."

A-Spire Players welcomes new volunteers. Anyone who has some time on their hands, who possess specific skills or who has a burning desire to get before the footlights is encouraged to get in touch.

"We need volunteers for everything including acting, lights, sound, door, background sets and costuming. It's a good time now to start thinking about it. Anybody who has a passion for theatre and always wanted to try it, now's the chance," he said. "We understand that people have to start somewhere and that it might take time for people to get used to their responsibilities, like any other job. It does take time to learn to do the lights, set up the sound and build sets. If anyone wants to do behind-the-scenes work or do a walk-on at first, that's fine. I was an introvert until I caught the acting bug. Now I'm in for life!"

Learning how to be on stage and be comfortable in front of people can benefit people in their careers.

In the next couple of months, A-Spire has Winnipeg-based troupes coming to Gimli. 7 Ages Productions will be performing on the weekend of Aug. 18, and Market Place Players will be performing on the September long weekend.

The Unitarian Church, which is one of the oldest buildings in Gimli, has an "antiquated" lighting system that's failing, preventing the troupe from using all the lights. Ducharme said he's currently looking for funding to fix it. Because A-Spire Players is a member of the Manitoba Association of Community Theatres (ACT), donations are tax deductible.

"We need to buy a new dimmer that costs over \$3,000. If anybody wants to throw money at us, we'd be more than happy to take it," he said. "ACT, which is the mother of all amateur performing theatre groups in Manitoba, are a charity so they can provide a charitable tax receipt."

For more information about volunteering, acting or making a charitable donation, visit [www.aspireplayers.ca](http://www.aspireplayers.ca) or contact Anthony Ducharme at 204-642-8079.



# Narcisse water control structures a ‘festering wound’ WIWD trying to cure

By Patricia Barrett

A massive water control project built in the Narcisse Wildlife Management Area in 1986 by Ducks Unlimited Canada (DUC) has been flooding downstream farmers for well over a decade now with no intervention from higher levels of government.

And for the past few years, the West Interlake Watershed District (WIWD) has been trying to find a solution to fixing the project (referred to as Narcisse DUC) as landowners’ repeated calls for action go unanswered.

The Narcisse DUC project consists of seven wetlands (called cells), water control structures, a pumphouse and connecting ditches between the wetlands and Provincial Road 419. With a lifespan of 25 years, the project needs to be decommissioned. But what exactly that entails — whether all the culverts and other infrastructure should be ripped out and let the water run where it will or whether new infrastructure should be installed in their place — is the subject of debate.

Tom Nevakshonoff, who’s chair of the WIWD’s Swan Creek Subdistrict, said the Narcisse DUC project is a “monster” of a file and a “festering wound in the heart of this subdistrict” that needs to be addressed. The WIWD has taken the lead, trying to move the issue forward and find a solution agreeable to all parties concerned.

“The Narcisse DUC project was a capital-intensive project, and from an engineering perspective it’s quite the structure. To just turn it all back to its natural state may be counterproductive given the value of the original investment and the benefits the system can provide,” said Nevakshonoff. “I think we need to have a synthesis of what was natural and what DUC created, to finetune what’s in place, as it were. The project created good wetland habitat. If we can get it to work properly, why not leave it in place?”

According to DUC, the Narcisse Wildlife Management Area was originally projected to be short of water. The cells and the pumping station were constructed so that water could be held in the area to act as a buffer in times of drought. The habitat is beneficial for wildlife and the aquifer, said Nevakshonoff.

But the issues plaguing the project include a lack of maintenance and human and wildlife interference.

Local farmers say other farmers sabotaged a water control structure possibly to meet their own specific agricultural needs (see June 15 edition of

the Express online). A breach was also cut in a ridge bringing more water in than what the wetlands were originally engineered to hold and control. There’s also a belief that DUC built its structures a foot too high for effective water flow between the cells, which stretch over several miles of flat terrain. And beavers are a perennial problem, clogging up the pipes.

“All this infrastructure was abandoned and a lot of it has been plugged up. A lot of controls aren’t working,” said Nevakshonoff. “And there was so much dissension when DUC wanted to decommission it that the organization walked away and said it’ll return when a consensus is reached.”

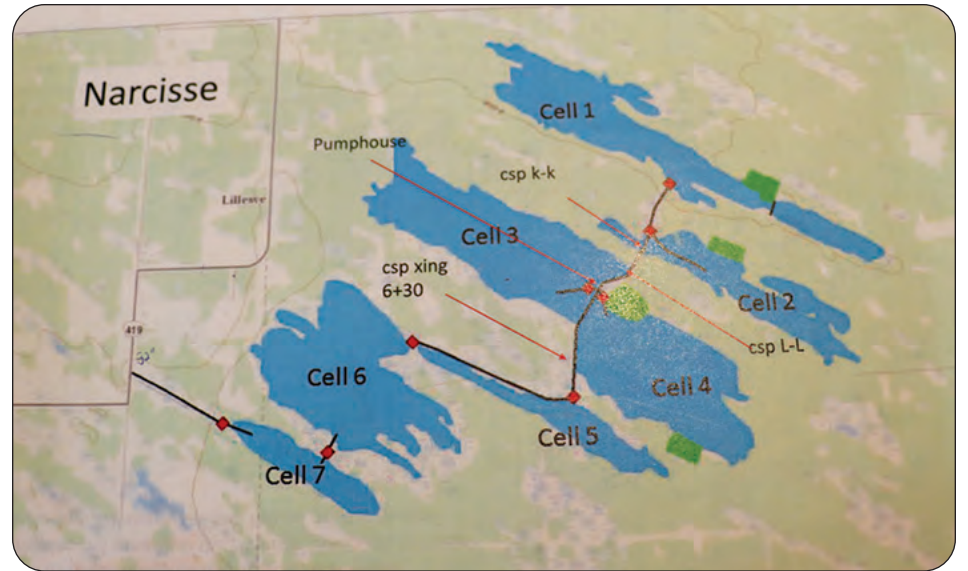
Cells 1 to 5 lie within the 12,000-hectare Narcisse WMA, which is provincially owned land in the RM of Armstrong. Cells 6 and 7 are on Armstrong land. Water flows into Cell 1 and moves west through the six connected cells. A drainage ditch built from Cell 7 transports the water to the PR 419 ditch. The water continues to flow west along the provincial highway for eight miles before veering north to Stone Lake. The water then takes a meandering westerly route through the Burnt Lake Drain and Swan Creek before debouching into Lake Manitoba.

Formerly known as conservation districts, the NDP created watershed districts in 1974 and expanded them across the province between 1999 and 2016 when the party was again in power. The districts carry out projects such as habitat restoration, groundwater protection and tree planting. The West Interlake Watershed District covers an area of about 6,950 square kilometres along the east side of Lake Manitoba.

There are 13 DUC wetland projects in the WIWD. Issues such as aging infrastructure and water levels and flows exceeding design capacity exist at some of them, according to the WIWD’s Southwest Interlake Integrated Watershed Management Plan.

“Landowners and municipalities have expressed frustration with a lack of communication and project maintenance by Ducks Unlimited Canada, and would like to see this improved,” states the plan.

DUC told the Express last month that it’s willing to help implement a decommissioning plan for its Narcisse project, but that has to first be “approved and coordinated” by the provincial government as it is the regula-



**EXPRESS PHOTO SUBMITTED**  
Ducks Unlimited Canada’s seven wetlands (called cells) with water control structures and connecting ditches in the Narcisse Wildlife Management Area. Water flows west from Cell 1 to Cell 7 and out to a ditch along PR 419 in the RM of Coldwell.



**MANITOBA AGRIMAPS**  
The Narcisse Wildlife Management Area in the RM of Armstrong.



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Continued on page 17

# Gimli air cadet learning about aviation

By Flight Sgt. Hailey Nagtalon, cadet correspondent

Air Cadet Soren Goodman of 182 GM Stefnufaster, Royal Canadian Air Cadet Squadron in Gimli, joined other cadets in the Winnipeg area for a five-day cadet activity program. During this experience, Goodman participated in activities such as marksmanship, biathlon and various team-building activities.

"I enjoyed the aviation museum the most. It was really cool to see different planes like the Canadair CL-84 Dynavert (an experimental aircraft)," said Goodman.

Goodman joined 182 GM Stefnufaster, Royal Canadian Air Cadet Squadron, last year because he was interested in learning more about aviation. Goodman has since been involved with the marksmanship team and has passed the CPR/first aid course.

"I really enjoy cadets because it taught me a lot about aviation and how to be a good leader. I hope to get my pilot licence through cadets and become a water bomber pilot," said Goodman.

Summer training is just some of the activities available to youth at local, regional and national levels in the Canadian Cadet Program year-round.



Leading Air Cadet Soren Goodman (left) of 182 GM Stefnufaster, Royal Canadian Air Cadet Squadron in Gimli, at the control of a Hurst Hydraulic Rescue Tools at 17 Wing Winnipeg on July 18.

The Canadian Cadet Program is open to all youth between the ages of 12 and 18 years old and develops confident, self-sufficient leaders who form lasting friendships and are engaged in their communities.



EXPRESS PHOTO FLIGHT SGT. HAILEY NAGTALON, CADET CORRESPONDENT  
Leading Air Cadet Soren Goodman (left) with his shot target at Minto Armoury, Winnipeg, on July 18.

Adults are also needed to help train, administer and supervise the local youth involved in the Canadian Cadet Program. Becoming part of the Canadian Cadet Program is easier than you may think. It's a lot of fun, and the skills you learn are likely transferable to your regular employ-

ment. No previous military or cadet experience is needed.

Contact 182 GM Stefnufaster, Royal Canadian Air Cadet Squadron, at 204-642-5024 or email 182air@cadets.gc.ca to find out how to get in on the fun and learning. Training restarts locally in September.

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> NARCISSE, FROM PG. 15

tory body.

Nevakshonoff said one of the major challenges to fixing the Narcisse DUC project is getting all the parties — different provincial departments, the municipalities of Coldwell and Armstrong, DUC and farmers — to reach a consensus as to what decommissioning should look like, as well as who should pay for it.

“We’ve been spinning our wheels for more than a decade,” said Nevakshonoff, who also sits on the East Interlake Watershed District’s Icelandic River Subdistrict board, is a councillor with the RM of Fisher and former NDP MLA for Interlake and provincial minister of Water Stewardship.

There are polarizing views among some farmers in both municipalities as to what should be done about it. Some Armstrong farmers want to “run all the water out” of the system while others in Coldwell want a dam built, akin to a Trump-style wall, at the municipal border with Armstrong to stop water from proceeding west. But Nevakshonoff said water will find a way around any barrier and cause collateral damage of other farmers’ land in both municipalities. A more

“practical” solution must be found.

“We need to figure out the best solution for all the landowners impacted by this,” said Nevakshonoff. “They all want less water; people at upper end of the system near Cell 1 want less water, those at bottom end near Cell 7 want less water and those along PR 419 want less water.”

The WIWD held a meeting July 10 in Lundar, bringing all the parties together to discuss their views of decommissioning and to try to “negotiate a reasonable solution.” The WIWD executive then met July 20 to discuss initiatives it thinks should form part of an overall solution to the flooding. It will be asking Interlake-Gimli MLA Derek Johnson to set up a meeting with all provincial departments concerned (transportation and drainage, environment) to get the process underway.

One of WIWD’s proposals is to look at the ditches along PR 419 in Coldwell as they’re the “egress for the entire DUC project” and are “fundamental de facto drainage ditches” whether or not the provincial department of highways recognizes them as such, said Nevakshonoff.

It would make no sense to rip out the DUC water control structures as

a first step because that would only let water roar west unimpeded into Coldwell. The ditches along PR 419 already overflow and flood farmland in that municipality, in addition to the farmland across the border in Armstrong. Fixing highway ditches first will give farmers some assurance that they won’t be flooded out of the area should decommissioning proceed.

To that end, the WIWD plans to ask the province to conduct a water capacity survey along an eight-mile stretch of PR 419 up to the point where the water turns north to Stone Lake.

“This eight-mile run is critical because of all the private farmland along it. Coldwell is not happy with all this water coming out the Narcisse WMA in Armstrong,” said Nevakshonoff. “We need know how much water is coming into the highway ditch, how much the ditch can handle and if it should be built to a level where it can handle this water effectively.”

The WIWD also proposes looking at how farmers around Cell 1, as well as those downstream, are being impacted by the DUC project.

Ditches farther downstream — the Burnt Lake Drain and Swan Creek — that have blockages would also need to be assessed and cleaned out,

he said. The entire drainage route, in fact, from Lake Manitoba eastwards to the Narcisse DUC project should be assessed to ensure there are no major impediments to water flow.

Nevakshonoff said as far as decommissioning DUC’s seven cells go, there are potential solutions to control the release of water from the WMA. In place of the DUC infrastructure there now, stone weirs could be installed to provide some mechanism for the staged release of water.

“We could pull out all the steel culverts that got plugged up and other infrastructure and put in stone weirs set at an acceptable level to landowners in the area. Weirs allow water to build up and spill into the next weir; it’s a staged release of water that lessens the impact of flooding,” he said. “Weirs wouldn’t impede the flow of water for those upstream and they would slow the release of water for those downstream. We could leave the channels that DUC dug to connect the cells.”

For more information about the district and its projects, visit [wiwd.ca](http://wiwd.ca) or call 204-762-5850.

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Female Basketball Rural Target Athlete Program and tryout details announced

By Basketball Manitoba

Each training group will comprise approximately 20 female athletes born in 2007, 2008, 2009, 2010, 2011 and 2012. Those selected for the female Rural TAP program will train twice per week from September to December and another eight weeks in the spring of 2024.

The program, which will cost \$350 per athlete (due to Basketball Manitoba on Oct. 30), will include training costs, gym rental, player gear package, coach expenses and accident and liability insurance.

The training groups in rural areas will take

place in the south (Sanford and surrounding areas), east (Stonewall/Selkirk) and west (Brandon and Shilo).

The east region tryout will take place at Collège Stonewall Collegiate on Sept. 8 from 6 to 8 p.m. and Sept. 10 from 10 a.m. to noon.

The purpose is to identify female athletes within these regions and provide the skills and training to better develop the athletes for future basketball opportunities at the club, school, Manitoba Games and provincial team levels.

A \$30 tryout fee will be charged when a player registers online.

An athlete trying out for the program must reside in the region they are trying out for. What school the athlete attends is not a factor. If an athlete lives at more than one residence located in two different regions, the region that they live in a majority of the time will be used.

To see more photos of your favourite Interlake Athletes

GO TO Stonewall Teulon Tribune | flickr

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Please share your story ideas at [news@expressweeklynews.ca](mailto:news@expressweeklynews.ca) or Phone 204-467-5836

THE EXPRESS WEEKLY NEWS

# get inspired

> MEAL IDEAS



## Ribeye Steak, Grape Tomato and Mushroom Kebabs

stems and mince leaves.

In large bowl, whisk minced garlic, half the minced parsley (reserve remainder for garnish), olive oil, vinegar, Dijon mustard, salt and pepper.

Cut steak into cubes; transfer to marinade bowl and toss to coat.

Wash tomatoes, mushrooms and green pepper. Halve mushrooms. Add tomatoes, mushrooms and green pepper to marinade. Peel onion and cut into chunks; add to marinade. Toss beef and vegetables until well coated.

Heat grill pan, outdoor grill or skillet to medium-high heat.

Thread steak and vegetables onto six skewers.

Cook kebabs in batches until steak is browned and vegetables are tender, 3-5 minutes per side. Transfer to plate and repeat with remaining kebabs.

To serve, plate kebabs and sprinkle with remaining minced parsley.

Photo courtesy of Getty Images (kebabs)

Recipe courtesy of Safeway and Albertsons

Total time: 30 minutes

2 cloves garlic

1/2 small bunch Italian (flat-leaf) parsley

1/4 cup O Organics extra-virgin olive oil

1/8 cup red wine vinegar

2 teaspoons O Organics Dijon mustard

1/2 teaspoon salt

1/2 teaspoon black pepper

3/4 pound O Organics ribeye steak

1/2 pint O Organics grape tomatoes

1/4 pound O Organics white mushrooms

green pepper, sliced (optional)

1/2 medium red onion

6 skewers

Peel and mince garlic. Wash and dry parsley. Shave leaves off stems; discard



## Grilled Chicken Salad with Goat Cheese, Fresh Blueberries and Pecans

berries (or desired berry)

1/4 cup O Organics pecan halves

3 tablespoons O Organics olive oil

1 tablespoon O Organics balsamic vinegar

1/2 log (4 ounces) O Organics goat cheese

Pat chicken dry with paper towels and place on cutting board. Cut chicken in half horizontally to form thin cutlets. Season with salt and pepper on both sides.

Preheat grill pan, outdoor grill or skillet to medium-high heat.

Once pan is hot, coat with oil. Add chicken to pan and grill, turning once, until cooked through, 3-4 minutes per side.

Wash and dry spring mix. Place in medium bowl.

Wash and dry blueberries. Add to bowl with mixed greens. Using clean cutting board, roughly chop pecans. Add to bowl.

Transfer cooked chicken to cutting board and cut into thin strips.

In bowl, mix olive oil and balsamic vinegar to create dressing.

Add chicken and dressing to salad bowl; toss to combine.

To serve, divide salad between plates or bowls and crumble goat cheese over top.

Recipe courtesy of Safeway and Albertsons

Total time: 20 minutes

3/4 pound boneless, skinless O Organics chicken breasts

1/4 teaspoon salt

1/8 teaspoon black pepper

2 teaspoons O Organics extra-virgin olive oil

1 package (5 ounces) O Organics spring mix

1 package (6 ounces) O Organics blue-

**Do you have a Health or Wellness Business?**

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to advertise**

## Expert patient here to help!



Susie Schwartz

By Susie Schwartz

Are you a complainer? Come on. Be honest.

I'll go first. Yup! Sometimes I find pleasure (or at least relief) in ranting about how my six-foot-frame must be invisible because not one but three people cut in front of me in the queue at the garden centre. Or when I give flowers to a friend going through a hard time, they don't even thank me. I mean, really?! (Okay, I know. That's me being ridiculous.) Or when I've just had infection after infection, my back goes dodgy too, and I've had enough, and Don gets an earful. (That one's valid, right?)

For complaining at the doctor's office, there is a right and not-so-right way to do it.

First, I recommend not complaining about the cost of parking to your doctor. (Yikes, Susie! Really?) The parking lot costs are below their pay grade. And I do not wish to set a 'whining about inconsequential things' tone when I'm hoping for a diagnosis for my back pain.

Sometimes, though, we need to complain formally. Maybe a test you discussed didn't get ordered, and

a misdiagnosis ensued. Or perhaps the front staff continually treats you like a 'problem' and not someone needing medical help.

If you need to complain, I have a few thoughts on how to get the desired result:

- Give time between the incident and the complaint so your emotions can settle.

- Talk to your spouse or friend about how to word your complaint. The verbal processing will help you solidify what you want and how to say it.

- Try to stay calm even while being firm. Even though we've been wronged, being respectful is our responsibility.

- Be sure to speak to the right people.

As you'll read in my book listed below, I had to make an appointment with my GP and the office manager to get the desired results I speak of. And guess what? I got those results: apologies and all.

It might seem like I'm overthinking and over-advising for a simple complaint. Maybe. But remember, your doctor is not only a human who has feelings and problems and makes mistakes like the best of us but is also a key person to getting the best medical result possible. Expert patients (that's us!) are not into burning bridges.

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on Instagram @medicalm-iss\_stress and at [www.lesshealthstress.com](http://www.lesshealthstress.com), where you can sign up for 'Convos with Carlos'. Her book, 'Help the Doctor Help You - 32 Secrets and Tips for Self-Advocacy to Get the Best from Your Appointments' is now available on Amazon!



## Mixed Berry-Lime Smoothie Bowl with Banana and Granola

4 fluid ounces O Organics whole milk

1/8 cup O Organics honey

1/4 teaspoon ground cinnamon

2/3 cup O Organics granola of choice

Wash and dry banana and blackberries.

Peel and thinly slice banana; set aside.

Zest and juice lime into blender. Add frozen mixed berries, yogurt, milk, honey and cinnamon. Blend on high speed until smooth, 1-2 minutes.

To serve, divide smoothie between bowls and top with banana, blackberries and granola.

Recipe courtesy of Safeway and Albertsons

Total time: 10 minutes

Yield: 3 cups

1 banana

1/2 package (6 ounces) O Organics blackberries

1/2 lime

2 cups O Organics frozen mixed berries

1 cup plain O Organics Greek yogurt

# Classifieds



### SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

### AUTOS

Set of 4 Sailun Atrezzo all-season tires (size 185 65 14) mounted on rims, plus 2 additional rims for sale. Tires like new, hardly used during 3 years of pandemic. \$230. Cash only. Call Patricia at 204-407-6099.

### FARM MACHINERY

1755 Cockshutt with loader and bale fork, new rubber, good short tractor with cab, good condition, asking \$6500. Phone 204-278-3669.

### FARM MACHINERY

Hesston 565A round baler in good condition, serviced and field ready. \$6,000 obo. Phone, text or leaver message at 204-280-9134.

### HAY

Round hay bales of alfalfa/brome mix. Call 204-461-0722.

### COTTAGE FOR RENT

Cottage for rent in Gimli. 2 bdrm. \$500/week. Ph 204-642-7921, leave a message.

### WANTED TO RENT

Looking for a country home in the Interlake area for 1 adult and 3 dogs, as soon as possible. Reliable rent. Ph 431-363-0236.

### HELP WANTED

Babysitter required. Selkirk/Clandeboye. Part time hrs can be based on schedule. Phone number: 204-990-6292. Text or call.

### HELP WANTED

Collision Corrections is now looking to hire a full-time person to help with several duties. We are willing to help train the right candidate to join our team. Apprentice or an experienced auto body tech would be great asset. Wages greatly depend on experience in the trade. Although auto body experience is an asset it is not necessary if a candidate possess some mechanical and computer skill, also experience with dealing with the public. Some of the duties for this position are: look after customers at times; cleaning vehicles and the shop; delivering vehicles to and from the city; changing bumpers and fenders (small jobs); answering phone and delivering vehicles when manager not around; cutting grass. Please forward resume to collisioncorrections@hotmail.com or call Glen at 204-229-9152.

### HELP WANTED

ROCKY MOUNTAIN EQUIPMENT IS HIRING: Parts Technicians, Service Managers, Agriculture & Heavy Equipment Techs - Journeyman, Apprentices and Sales roles. View Open Roles www.rockymtn.com/careers Possible relocation and signing bonus offered.

### BUSINESS SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firstandsecondmortgages.ca

### FLIGHT ACADEMY

Want to learn how to fly? LS Airways Flight Academy is the most affordable in Canada. Recreational, private and commercial certificates. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

### WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

### WANTED

Wanted old advertising: dealership signs, service station, gas pumps, globes, oil cans, Red Indian, White Rose, Buffalo, Husky, Ford, GM, Dodge, Tire signs, Coke, Pepsi etc. Call 306-221-5908.

### NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Announcing a scholarship? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

### NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF: DARREN BENTLEY KRISTJANSON, late of Gimli, Manitoba, Deceased.

ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, 2500 - 360 Main Street, Winnipeg, Manitoba, R3C 4H6, on or before the 25th day of August, 2023.

DATED at Winnipeg, Manitoba, this 18th day of July, 2023.

PITBLADO LLP  
Attention: Jessica M. Hersey  
Solicitors for the administrator

**Let your family and loved ones know that you are thinking of them at their time of celebration with a message in the Express**

### Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

#### Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

**Please forward your resumé along with three writing and photography samples to:**

Lana Meier  
Email: news@stonewallteulontribune.ca



Everything you need to promote your business  
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### VILLAGE OF DUNNOTTAR PUBLIC NOTICE

#### BOARD OF REVISION FOR 2024

PUBLIC NOTICE is hereby given that the 2024 Assessment Roll for the Village of Dunnottar has been delivered to the Municipal Office at 44 Whytefold Road, Dunnottar, Manitoba and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Sections 42 and 43 of *The Municipal Assessment Act*:

#### Application for revision

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

#### Application requirements

43(1) An application for revision must

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- state the grounds on which the application is based; and
- be filed by
  - delivering it or causing it to be delivered to the office at the address below, or
  - serving it upon the secretary, at 44 Whytefold Road at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board of Revision will sit on **September 6, 2023, at 10:00 a.m.** in the council chamber of the Village of Dunnottar at 44 Whytefold Road to hear applications. The final date on which applications must be received by the Secretary of the Board is August 21, 2023.

Dated at Dunnottar, Manitoba this 21th day of July 2023.

Sarah Palson  
Secretary to the Board of Revision  
Village of Dunnottar  
Box 321  
Matlock, Manitoba R0C 2B0

### Province of Manitoba

Manitoba Consumer Protection and Government Services Procurement and Supply Chain (PSC) Winnipeg, Manitoba

### REQUEST FOR PROPOSAL ("RFP")

The Government of Manitoba, as represented by the Minister of Consumer Protection and Government Services, seeks to select qualified Contractor(s) to provide building cleaning services (including all labour and equipment) within the facilities located in the micro zones of Manitoba. This solicitation is in collaboration with several Public Sector Organizations: Government of Manitoba, Manitoba Liquor and Lotteries and Shared Health/ Prairie Health.

Bidders may submit bid(s) to one or more of the locations listed below to:

Arborg, Ashern, Birtle, Boissevain, Carman, Cranberry Portage, Flin Flon, Gimli, Kirkella, Manitou, Navin, Riverton, Rosser, Shoal Lake, Souris, Southport, Starbuck, Steinbach, Grosse Isle, Caroll, Winkler, Stonewall, The Pas, Virden.

#### INSTRUCTIONS

Bidders interested to participate in this solicitation must send an email requesting a copy of the tender documents to:

Email: [procurement.modernization@gov.mb.ca](mailto:procurement.modernization@gov.mb.ca)

Subject Title: RFP #29491 - Provision of Building Cleaning Services within the Micro Zones of Manitoba

Bids must be received no later than August 7, 2023 at 4:00 PM (local time)

The receipt or opening of any bid is not acceptance; acceptance of any bid may only be made in writing by the Government of Manitoba; there is no obligation by the Government of Manitoba to accept the lowest or any bid.



# Classifieds



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Rural Municipality of  
**FISHER**

## PUBLIC NOTICE TO ALL PROPERTY OWNERS

**PUBLIC NOTICE IS HEREBY GIVEN THAT ALL 2023 PROPERTY TAX STATEMENTS HAVE BEEN MAILED.**

Any property owner who has not yet received a tax statement should contact the Municipal Office at 30 Tache Street, or by calling 204-372-6393.

New property owners are reminded that they are responsible for payment of the 2023 taxes, whether or not they receive a tax notice in their name.

2023 property taxes are due and payable on or before October 31, 2023.

Kelly Marykuca  
Chief Administrative Officer  
Rural Municipality of Fisher



## EMPLOYMENT OPPORTUNITY Lakeshore Family Resource Centre in Ashern is Hiring

- 3 permanent full-time (37.5 hours/weekly) positions
- 2 Counselors + 1 Child/Youth Counselor
- Salary \$18+ depending on qualifications & experience
- Training Offered
- Mileage Reimbursement Offered

### Our Mission

LFRC assists families in the Northwest Interlake by implementing changes towards personal growth, increased independence and empowerment.

### Qualifications

#### Education and Experience

- Strong ability to build supportive relationships with clients
- Comprehensive interpersonal skills and team oriented
- Knowledge of child and youth development ( for Child/Youth Counselor)
- Capacity to initiate, develop, and maintain programming
- Excellent verbal and written communication skills
- Experience working in a community based setting is an asset
- Relevant education and life experience will be considered
- Understanding of Microsoft Office, Teams, Power Point and Zoom

#### Additional Requirements

- Valid Class 5 license; Access to a safe and reliable vehicle
- Satisfactory Current ( within 3 months) Criminal Record Check/Adult Vulnerable Sector, and Child Abuse Registry/ Adult Abuse Registry Checks
- Ability to lift 25lbs

Submit applicable checks and 3 references to the Hiring Committee: [Hiring.lfrc@gmail.com](mailto:Hiring.lfrc@gmail.com)

Application Deadline July 28th, 2023. Positions will remain open until filled

Lakeshore Family Resource Centre is an equal opportunity employer for all job applicants, including those self-identifying as a member of these groups: People with a disability, Indigenous people, Newcomers of Canada and Visible minorities.

Lakeshore Family Resource Centre welcomes applications from people with disabilities. Accommodations may be available upon request.

We thank all who applied with their interest, but only those selected for an interview will be contacted.

Lakeshore Family Resource Centre may contact former employers.

### NOTICE

Summer/Fall HIRING? SOMETHING FOR SALE? HAVING AN EVENT? Book your Blanket Classified Ads NOW in the 31 Weekly Manitoba Community Newspapers to have your messaging seen all over the province! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. [www.mcna.com](http://www.mcna.com)

### HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@mymts.net](mailto:stonewoodelkranch@mymts.net)

### WANTED

Buying large amounts of coins & coin collections!



Old coins, old money, collectors coins, rare coins, coin collections, pre1969 10¢, 25¢, 50¢, \$1., Olympic coins, coin sets, Royal Canadian Mint Coins, Franklin Mints Sets, buying Entire Collections & Estates. USA, Canada & world collections wanted. Also purchasing bullion, jewelry, scrap, nuggets, sterling, gold, silver, platinum.

Todd  
250-864-3521

## RARE OPPORTUNITY

### 80 ACRES OF VACANT LAND FOR SALE BY OWNER

Close to Lake Winnipeg in Bifrost Municipality

Email:  
[Skyyland8542@gmail.com](mailto:Skyyland8542@gmail.com)

## RECYCLING NOTICE FOR AUGUST/2023

Riverdale Place Workshop Inc. will not be picking up recycling on the below mentioned dates.

- Tues. Aug. 1 at Arborg curbside pickup
- Thurs. Aug. 3 at Riverton curbside pickup
- Tues. Aug. 15 at Arborg curbside pickup
- Thurs. Aug. 17 at Riverton curbside pickup
- Tues Aug. 29 at Arborg curbside pickup
- Thurs. Aug. 31 at Riverton curbside pickup

**The workshop will be closed on Monday August 7th Civic Holiday**  
**Please rinse your containers**  
**Thank You for recycling**



## RRC POLYTECH

### EMPLOYMENT OPPORTUNITY

### Instructor, Plumbing (Term) Peguis-Fisher River Campus

Competition #: 2023-153 Closing Date: Aug 7, 2023

To view this and other employment opportunities, visit [rrc.ca/employment](http://rrc.ca/employment).

We thank all applicants for their interest, but only those selected for an interview will be contacted.



Shared health  
Soins communs  
Manitoba

## Combined Laboratory and X-Ray Technology (CLXT) Diploma



### Cross Trained Laboratory Technologist Training Opportunity

Registration deadline – September 30, 2023 for January 2024 entrance to the program.

Only two registrants accepted from IERHA!

Learn more:  
[www.ierha.ca](http://www.ierha.ca)

Contact: Joanne Goldstone  
[jgoldstone@sharedhealthmb.ca](mailto:jgoldstone@sharedhealthmb.ca)



Interlake-Eastern  
Regional Health Authority

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# SALES CAREER OPPORTUNITY

**BigandColourful Printing & Publishing** is looking for a dynamic, highly motivated person to become part of our advertising sales team in the Interlake area.

The successful candidate will thrive in a fast paced sales environment where a competitive nature, strong work ethic and excellent customer service skills are required and rewarded.

This opportunity involves building relationships and representing our newspapers to new and existing customers.

Qualifications: The successful candidate must be professional, dependable, energetic, goal-oriented, self-starter, can work within deadlines, well organized and friendly.

Customer service, sales experience and passion is a must.

-Strong computer skills, including Microsoft Office

-Excellent communication skills and a genuine love of people

-Willingness to learn

-Ability to work independently

If you fit this description please email resume to [Bigandcolourful@mts.net](mailto:Bigandcolourful@mts.net)



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Contact this newspaper NOW or MCNA at 204.947.1691 or email [classified@mcna.com](mailto:classified@mcna.com)

# Classifieds

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Winnipeg

TF 1-877-775-8271  
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## Senior Pastor Wanted

Carman Mennonite Church is an independent Anabaptist congregation seeking 0.5FTE pastoral position with the possibility of full-time.

Located in Carman, MB.

For more info contact: [cmcpastoralsearchcommittee@gmail.com](mailto:cmcpastoralsearchcommittee@gmail.com)

## Danny's

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- Demolition

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# take a break > GAMES

## SUDOKU

		8				7		
	9	7	6					
	2		9	8				1
	1	2						6
		4			1			
9								3
	7				2			1
					8		2	
				5	6			4

### Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	8	9	6	9	7	1	3	2
2	3	8	9	1	6	9	4	5
7	2	3	8	9	1	6	9	4
1	5	9	2	4	3	6	7	8
3	2	3	1	6	7	4	5	8
9	7	8	1	2	5	4	9	3
5	6	4	3	9	8	2	7	1
6	5	1	5	7	8	9	3	2
8	4	2	5	3	9	7	6	1
3	6	9	3	1	4	7	9	8

Sudoku Answer

S	S	S	S	S	S	S	S	S
S	S	S	S	S	S	S	S	S
S	S	S	S	S	S	S	S	S
S	S	S	S	S	S	S	S	S
S	S	S	S	S	S	S	S	S
S	S	S	S	S	S	S	S	S
S	S	S	S	S	S	S	S	S
S	S	S	S	S	S	S	S	S
S	S	S	S	S	S	S	S	S

Crossword Answer

# CROSSWORD

### CLUES ACROSS

- Bonus materials
- Formal names
- Free from restraints
- One who scrapes away
- Type of device
- Skin cancers
- The Show Me State
- Plate glasses
- Red-brown sea bream
- Small (Fr.)
- Flightless Australian birds
- High IQ group
- Stiff structures
- Revolutions per minute
- Where a bachelor lives
- Licensed for Wall Street
- A place to park
- Energy, style and enthusiasm
- An important creed in Catholic Church
- 18-year astronomical period
- Furies
- Removes from the record
- Noted child psychiatrist
- Feline
- High schoolers' test
- Not happy
- They \_\_\_
- On top
- Precious stones unit of weight
- Moved quickly
- Seagulls
- A seed with hooks or teeth
- Partner to "oohed"
- Exclamation of surprise
- Most unpleasant
- Organization help service members
- Type of cockatoo
- Humorous criticisms
- Went through and organized
- Wakes up
- CLUES DOWN
- Settle in tents

	1	2	3	4	5	6		7	8	9	10	11	12					
13								14						15				
16			17					18						19				
20		21				22				23			24					
25						26				27			28					
29						30				31			32		33			
						34	35						36		37			
38	39												40					
41						42				43								
44						45				46					48	49	50	
51						52				53					55			
56						57				58					59			
60						61				62					63			64
65						66									67			68
						69									70			

- Big
- Books
- Masses of eggs in fish
- Language
- Not standing
- Chinese philosophy
- Computer giant
- A device to catch
- Emits coherent radiation
- Actor O'Neill
- Smallest interval in western music
- Not lower
- Revolves
- Leavened bread
- Number above the line in a fraction
- Cable
- Adult male
- Airborne (abbr.)
- Bullfighting maneuvers

- Broadcast
- \_\_\_ Angeles
- Vehicle
- Not religious
- North American peoples
- A baglike structure
- Body art (slang)
- Picked for a role
- Actress Tomei
- Former hoopster "Big Country"
- Icelandic poems
- More pleasant
- It can add flavor to meat
- Self-immolation by fire rituals
- Expression of annoyance
- \_\_\_ Spumante (Italian wine)
- Consumed
- Body part
- Thus
- In reply (abbr.)

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## CARD OF THANKS

The Philp family would like to express our sincere thank you for all the cards, visits, messages, food, donations, flowers and support we received following the loss of Dave. We have been truly overwhelmed by the outpouring of love we received from friends and neighbours near and far. It has made this difficult time a bit easier. A special thanks also to the Gimli Car Club for their recognition and donation in Dave's honour. It is all very much appreciated.

-Bev, Brenna, Nikki and Graham

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## BIRTHDAY



Happy 13th and 7th Birthday  
to sisters  
Milana and Carina  
on July 30th!

## OBITUARY

### Leonard (Barry) Waller

It is with deep sadness that we announce the passing of our dear father, Umpa, father-in-law and friend.

Funeral Mass will be held on Thursday, August 3 at 1:00 p.m. in the St. Michael's Roman Catholic Church in Gimli, Manitoba.

Condolences can be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Gimli in care of arrangements.



## OBITUARY

### Allan Berger Sveinson

November 18, 1941 - July 18, 2023

Al passed away at age 81 at the Health Sciences Centre. Surrounded by family, he will be greatly missed by his wife Donna, daughters Kerri (Brian), Laura (James), and Liza (Jason). He will be forever remembered by his grandchildren Jesse, Colin, Ary, Emily, Olivia and Izabella.

Left to mourn are his brothers and sisters Sveinn (Vicky), Ben (Milly), Glenn (Audrey), Dennis (Laura) and Ken (Gwen), Marie (Nick), Donna (Raymond), Darlene (Alan), Maeva (Tim), as well as sisters-in-law Esther, Lori (Jean) and brothers-in-law Garry (Diane) and Glenn (Jodine). Numerous other relatives will remember Al fondly.

He was predeceased by his parents Agust and Mary, brothers Cecil, Roy and John as well as in-laws Edwin and Hazel.



Raised in Spearhill, Manitoba, Dad spent his retirement years with Donna in Arborg, Manitoba. He had a full career with Manitoba Hydro and actively participated in the communities he lived in. He took pleasure serving on the Board of the Arborg Ice Dawgs junior "B" hockey team and coaching baseball. In his downtime, he enjoyed fishing, hunting and reading a good western book.

Our family extends heartfelt thanks to the doctors and staff at Gimli Hospital, STARS AIR ambulance and Health Sciences Centre.

As per Dad's wishes, cremation has taken place and a private graveside service will be held at a later date.

In lieu of flowers, please consider making a donation to STARS AIR Ambulance.

We love you Dad. Gotha Notta Elskin min

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## OBITUARY

### Charles Madsen

September 16, 1930 - July 18, 2023

It is with deep sorrow that we announce the passing of Charles Madsen on July 18, 2023 at the Lakeshore General Hospital in Ashern, MB.

Charlie leaves to cherish his loving memory, his wife of 65 years Margaret Madsen (nee Price) and his daughter Corinne. He leaves his sister Esther as well as many cherished family members and friends.

Charlie was predeceased by his brothers Ted and Peter, brother-in-law Nick Michaniuk and his Mom and Dad Jacob and Emily (Ward) Madsen.

A private family graveside ceremony will take place at a later date.



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## OBITUARY

### Barry Charles Richter

February 14, 1955 - July 24, 2023

With family by his side, Barry Richter aged 68 years of Ashern, MB, passed away in the comfort of his residence.

In keeping with Barry's wishes, cremation has taken place and a private family gathering will be held at a later date.

Arrangements by  
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*Your memory will live forever Engraved within our hearts*

## OBITUARY

### Bertha Jonasson

Bertha passed away peacefully on July 19, 2023 at the Gimli Community Health Centre, at the age of 94.

She was predeceased by her beloved husband Jon, daughter Lynn, son-in-law Henry, her special nephew George, parents Hallur and Vilhelmina Johnson, siblings Florence, Helen, Lily, Edward and Einar, as well as Jon's parents and siblings.

Bertha is survived by daughter Sigrid (Dave) and son Ragnar (Donna), George's wife Doreen; grandchildren Warren (Karmen), Diana (Corey), Stefan (Melissa), Heidi, Jon, Shawn (Cortney), 13 great-grandchildren and many nieces and nephews.

Bertha was born in Langruth, on June 17, 1929 and later moved and grew up in Vidir. She married Jon on October 20, 1951 and they lived and farmed in Arnes and ran the Jonasson's General Store for 21 years.

Amma enjoyed her grandchildren, often playing music, baseball and cards (the grandchildren always won).

Mom was an avid gardener, reader and knitter and has left us with a stack of warm wool mitts. Mom was happy to have been able to stay in and care for her own home all of her life.

The family would like to thank the Interlake Eastern Ambulance personnel and the wonderful staff at the Gimli Community Health Centre.

At her request, cremation has taken place, there will be no formal service and a private interment will take place.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Gimli in care of arrangements.



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