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EXPRESS PHOTO BY BRETT MITCHELL

Marcel Vandersteen proudly shows off his room during the grand opening and ribbon-cutting celebration hosted by Riverdale Place Homes Inc. in Arborg last Friday.

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Breaking the stigma of miscarriage and infant loss

Manitoba Angel Dresses in need of volunteers

By Autumn Fehr

For almost a decade, Manitoba Angel Dresses has supported and comforted families grieving the loss of an infant by creating "angel gowns." The delicate pieces are made from donated bride, bridesmaid and graduation gowns that the baby can wear during its final, precious moments with the family.

In 2014, Manitoba Angel Dresses, a not-for-profit organization, started its mission to help families with the grieving process by providing a variety of "angel clothing" to those that requested it, free of charge.

"It is the vision and mission of the organization to ease the stress on a grieving family by providing the family a beautiful item lovingly created to clothe their precious loved one in," said Diane Monkman, one of the directors of Manitoba Angel Dresses alongside Susan Bruce.

The Angel Dresses Movement started in the United States and quickly spread worldwide, making its way to



PHOTOS SUBMITTED

Manitoba Angel Dresses, a not-for-profit organization, creates "angel gowns" to support families grieving the loss of an infant. The angel gowns are free of charge for families that need them.

Canada.

The founder of Manitoba and Saskatchewan Angel Dresses, Becky Panter, experienced the loss of an infant and felt the need to bring the movement to Canada. Panter started the organization in her home province, Saskatchewan, but soon received

requests from ladies in Manitoba to begin a chapter there.

The Manitoba chapter of Angel Dresses started in the Brandon area and quickly expanded throughout the province. In 2016, the organization stalled but quickly recovered in 2018 under the direction of Diane Monkman and Susan Bruce. The two ladies moved the organization forward, giving out 1,688 dresses and creating 6,984 layettes. Out of those layettes, 1,267 have been gifted to funeral homes and hospitals, and 40 have been given directly to families.

"It is estimated 98 per cent of funeral homes, hospitals and nursing stations in the province have items to distribute when the need arises," said Monkman.

The donated gowns are turned into two types of layettes: a gown layette that includes the gown, hat or bonnet; a keepsake pouch, bereavement card, bracelet and blanket; and a wrap layette that consists of a wrap and a hat/bonnet. For boys, angel dresses are fitted with a small vest and bow tie.

"We have a very active knit and crochet component that the volunteers create beautiful handmade items," said Monkman.

Photographs of the beautiful layettes and dresses that the sewists make can be found on the organization's Facebook page. Along with photos of the angel clothing, the organization posts messages thanking the donor of the gown that they transformed.

Monkman said they have enough donated gowns that need transforming and are not currently accepting



donations.

Any family can directly request an angel layette from the organization by emailing them at angelgownrequest@manitobaangeldresses.com.

"The one thing we want members of the community to know is that we are here. What we provide is free, with no charge to families or facilities to receive the gift of a layette for their precious babe. And that the stigma of a miscarriage and infant loss be a thing of the past and families are allowed to grieve the loss of their precious angel," said Monkman.

Manitoba Angel Dresses is 100 per cent volunteer driven and run with a wide variety of options to become involved, she said.

Currently, the organization has a surplus of gowns that need extra hands to transform into beautiful, handmade items for families that need them. They are also in need of an individual to lead the creative sewists. Anyone interested in joining the team can email them at volunteer.manitobaangeldresses.com.

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Good Samaritans clean up ditches around Arborg

By Annaliese Meier

Arborg recently underwent a transformation, thanks to the effort of local farmers.

The roads leading into the town received a much-needed sprucing up with freshly mowed grass in the highway ditches. It's heartwarming to see locals come together and display their fondness for their hometown by volunteering their time and equipment.

The Arborg road cleanup was a community effort that saw two local businesses, Silver Dirt Works and Friesen Mowing, take charge of mowing the long grass in highway ditches surrounding Arborg.

The idea was initiated by Kendale Friesen of Friesen Mowing since they were aware of the need for cleaner roads around the town. The project brought together eight different units that worked tirelessly for 24 hours over several days to ensure that all major roads into Arborg looked beautiful and welcoming.

Notably, many of these units had previously helped with flooding and pumping water from the town, making them familiar faces within the community. Leroy Loewen, a local turkey farmer south of Arborg, stated "they take pride in their local community and they like to help where they can."

Among those who contributed were Kendale Friesen, owner of Friesen Mowing; Arborg Mayor Peter Dueck; Bifrost-Riverton Reeve Brian Johnson, Leroy Loewen, owner of Silver Dirt Works; and Michael Friesen, employee of Silver Dirt Works. Loewen expressed his satisfaction with how fantastic everything turned out.

"We got a lot of positive feedback from members of the community," he said.

He further shared that he could see himself doing more cleanups throughout his beloved hometown in future projects.



EXPRESS PHOTO SUBMITTED

Pictured, left to right: Kendale Friesen, Arborg Mayor Peter Dueck, Bifrost-Riverton Reeve Brian Johnson, Leroy Loewen and Michael Friesen.

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Film shot in Teulon area to premiere at Gimli Film Fest

By Emma McGill

Rachel Beaulieu has been in the film industry for over 10 years but just recently, she began working on her own personal project. Her first personal film, *Mémère*, tells the story of a grandson's experience in taking a trip down memory lane with his grandmother, who battles memory loss.

Beaulieu is an Anishinaabekwe filmmaker from Sandy Bay First Nation. She started her career as a video editor after graduating from Assiniboine Community College in 2010 with a media production diploma. She has worked on many post-production products for other individual films and has a career as a video producer.

In July of last year, Beaulieu pitched her short film idea to a jury in front of five other people as a finalist for the RBC \$10,000 Emerging Filmmaker Pitch Competition. Her film was

pitched under its original title, *Marie*, and she was selected as the winner of the 11th annual competition, helping her dreams of becoming a director begin to come to fruition.

Beaulieu has spent much of her career helping others' film ideas be brought to life, supporting and encouraging her fellow creatives.

"I like to support everybody in their own goals," she says.

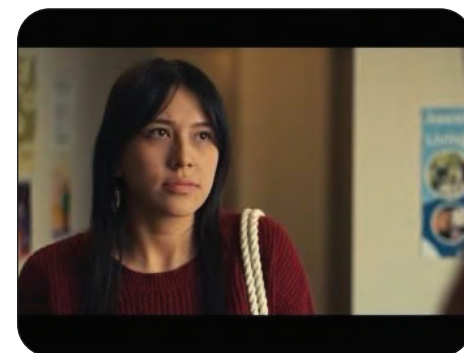
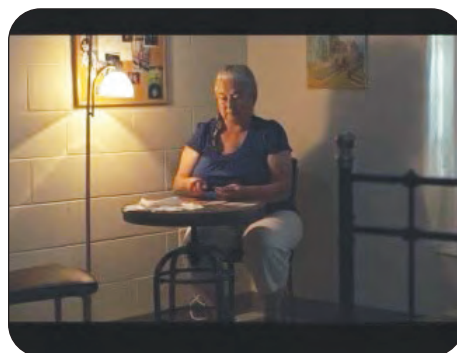
She has worked professionally in various styles, including promotion, narrative, documentary, broadcast and educational film.

When Beaulieu heard of this grandmother who lived in a care home, she wondered more and more why our elders are so often treated

the way they are, with little respect. In *Mémère*, the devoted grandson listens patiently to his grandmother as she tries to relive her past through storytelling.

"FOR THIS FILM, FOR A LONG TIME, I WANTED TO TELL THIS STORY BUT I WASN'T SURE WHY,"

"For this film, for a long time, I wanted to tell this story but I wasn't sure why," shares



EXPRESS PHOTOS SUBMITTED

Stills from the upcoming film, which is still in the editing process.

Beaulieu.

Much of the film was shot on the

Trudzik farm just north of Teulon, chosen because Beaulieu's grandparents had farms when she was growing up and she wanted to bring that look back. The Trudzik farm had the right atmosphere for just that. It was the location that represented *Mémère's* old homestead.

The cast included Jacqueline Lauzon, Alexander McLellan, Charlene Moore, Alexandra Carriere and Sophia Trudzik, who provided the land for parts of the film to be shot on and worked as a production assistant along with Farrah Murdock.

Lisa Diane Rueckert did the makeup while Cody Blacksmith looked after the sound. Other crew included Amanda Kindzierski, Joyce Delaronde, Cathy Herbert, Daryl Palapuz and Johanne Rose Reimer-Henteleff. John Wapioke and Kane Kirton were directors of photography.

Although still going through the editing process, this film has been the beginning of Beaulieu's filmography experience as a director. Her favourite part of working on this piece is sharing the final product and seeing how the audience relates to and connects with it.

"All my stories have a little bit of truth from my perspective," she says.

Mémère, with a run time of approximately 10 minutes, will premiere at the Gimli Film Festival on July 29.

The full schedule and tickets can be found at: gimlifilmfestival.ca

RIVERTON CO-OPERATIVE ASSOCIATION LTD.

CO-OP ANNUAL MEETING

When: Tuesday, June 27, 2023 - 7:00 PM

Location: Riverton Curling Club
(175 Reggie Leach Drive, Riverton MB)

Agenda items to include:

- Minutes from the 2022 Annual Meeting
- Audit/Financial Report
- FCL Delegate Report
- General Managers Report
- Board Report
- Appointment of Auditors
- Board Elections

Call For Board Members

Riverton Cooperative Association Ltd invites nominations for the positions of Director

Nominees must meet the qualifications and requirements specified in Coop's Bylaws. Details on the qualifications and requirements can be picked up at Riverton Coop. Contact Darlene at 204 378-2251. Interest for board member must be submitted to Darlene by June 19 in writing.

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Three separate occurrences of drug smuggling at Stony Mountain Institution

Submitted by RCMP

Stonewall RCMP responded to three separate incidents of alleged drug smuggling into Stony Mountain Institution from May 22 to 30.

On May 22 at approximately 8:30 p.m., Stonewall RCMP responded to a report of a suspicious person throwing items over the fence at Stony Mountain Institution.

Patrols were made and an officer located a vehicle and noticed a male outside near the fence surrounding Stony Mountain Institution. The male was arrested and several packages containing drugs were located on his person. When the officer attempted to place him in the rear of the police vehicle, he fled from police. With the assistance of an off-duty correctional officer, the male was safely placed in custody.

The packages contained over 300 prescription pills, 60 grams of methamphetamine, 85 grams of cannabis resin, also known as shatter, and cannabis.

Christopher Sinclair, 32, of Fairford has been charged with possession of a schedule I substance for the purpose of trafficking, trafficking a Schedule I substance, resisting arrest and escape lawful custody. He was remanded into custody.

On May 25 at approximately 10:50 p.m., Stonewall RCMP responded to a report of a drone flying outside Stony Mountain Institution.

The Correctional Service of Canada (CSC) located the drone, which had a package attached to it. RCMP attended and seized the items.

The package contained over 100 grams of cannabis, 230 grams of methamphetamine, 400 grams of shatter and 50 tablets of prescription medication.

No suspects have been arrested at this time and the investigation is on-

going.

Anyone with information on this incident is asked to call the Stonewall RCMP at 204-467-5015, Crime Stoppers anonymously at 1-800-222-8477 or secure tip online at www.manitobacrimestoppers.com.

On May 30 at approximately 8:30 p.m., Stonewall RCMP responded to a report of a suspicious vehicle near Stony Mountain Institution.

Three males were located and it was determined that they had thrown several packages over the fence into Stony Mountain Institution. The packages contained 150 grams of methamphetamine, 30 grams of fentanyl and 90 grams of shatter.

Terrance Goetz, 39, from the RM of St. Clements has been charged with possession for the purpose of trafficking a Schedule I substance, trafficking a Schedule I substance, obstruction and identity fraud.

Drew Lloyd, 37, of Selkirk has been charged with possession for the purpose of trafficking a Schedule I substance and trafficking a Schedule I substance.

Brendin Swanson, 36, of Oakbank has been charged with possession for the purpose of trafficking a Schedule I substance, trafficking a Schedule I substance, obstruction and identity fraud.

All three were remanded into custody.

"These were a significant amount of drugs that were intercepted before they made their way into Stony Mountain Institution," said Staff Sgt. Jason Vrooman, detachment com-



EXPRESS PHOTO SUBMITTED

The Correctional Service of Canada estimates that the institutional value of the drugs seized last week at Stony Mountain Institution are over \$1.4 million.

mander of Stonewall/Headingley RCMP. "

We were able to respond quickly due to good communication and a strong partnership with the Correctional Service of Canada. We will continue to

work with CSC to stop the smuggling of illicit drugs into Stony Mountain Institution."

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The Express Weekly News connects people through stories to build stronger communities.

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Please share your story ideas at news@expressweeklynews.ca or Phone 204-467-5836

THE EXPRESS WEEKLY NEWS

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GUARDIANS OF THE GALAXY VOL. 3
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 Coarse Language; Violence **PG**

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Brett Mitchell



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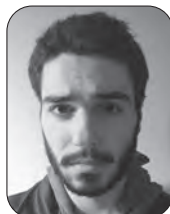
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Jennifer McFee



ADMINISTRATION
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Call Patricia Barrett
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'Aboard the Namao' showing during Canada Day Celebrations in Gimli

Submitted by WCF

Westshore Community Foundation and Sogo Productions are proud to present the showing of the documentary film *Aboard the Namao* at the Lady of the Lake Theatre in the New Iceland Heritage Museum in Gimli at 1 p.m. on Canada Day, July 1, 2023. Admission is free.

For the last 20-plus years, most Manitobans have heard about the massive algae blooms plaguing Lake Winnipeg. Residents of Gimli, who are very familiar with the environmental issues on the lake, also know about the important research work conducted by the Lake Winnipeg Research Consortium (LWRC) aboard the *Namao*. Yet, few have gone aboard and seen it personally or even seen the north basin for themselves.

Winnipeg filmmaker Cam Patterson can't stand on the beach and worry about the state of Lake Winnipeg any longer. The media is calling the lake a lost cause. The only way to see for himself and to show the world the massive algae blooms he's only heard about is to board the *Namao*, taking us with him.

Cam takes the audience aboard the Lake Winnipeg research vessel, the *Namao*, for a unique documentary experience that shows the lake's north basin and the massive algae blooms. Cam will introduce the film and take questions following the showing.

"I didn't know what to expect," Patterson admits. "I actually thought I'd get a few days on the boat. But when Al Kristofferson and Karen Scott of



EXPRESS FILE PHOTO BY TYLER SEARLE

The M.V. *Namao* is the largest ship on Lake Winnipeg. Three times a year it travels hundreds of kilometers around Lake Winnipeg to collect data and assess the ecological infrastructure.

the LWRC offered me the opportunity to go aboard for a full 11-day trip, I couldn't believe it."

The solo experience gave Patterson the chance to shoot the trip from his point of view, making his experience of getting to know the crew and the science performed on the ship the story while they sailed into the north basin to find the massive algae blooms.

At Westshore Community Foundation, we are committed to preserving our environment. In 2022, we created the Westshore Environmental Fund. The purpose of this fund is to conserve our natural environment; to support climate change initiatives; to assist projects related to the improvement of water, air and food supply, in-

cluding related education and citizen engagement; and, finally, to build the capacity of the local environmental sector.

The Westshore Environmental Fund will focus its efforts on improving the health of Lake Winnipeg through supporting organizations on projects whose advocacy, research and educational activities aim to protect, sustain and rejuvenate Lake Winnipeg and the Lake Winnipeg watershed ecosystem.

Please join us for this unique experience. If you require any further information, please contact Westshore Community Foundation at 204-642-9796.

ADVERTISING OR PRINT CONTACT INFORMATION

Lana Meier 204-292-2128
ads@expressweeklynews.ca
PHONE 204-467-5836
FAX 204-467-2679

OUR EDITORIAL STAFF

Brian Bowman Sports Reporter
sports@expressweeklynews.ca
Patricia Barrett - Reporter/Photographer
Cell 204-407-6099 patricia@expressweeklynews.ca

PAPER DELIVERY OR FLYER CONCERNS

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EXPRESS PHOTO BY LAURI VAN HEYST

Dave and Lauri Van Heyst enjoyed Mother Nature's spectacular views while taking their dog Arthur out for a walk along Chalet Beach in Matlock on June 5. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@expressweeklynews.ca.

Send us your grad celebration photos!

Staff

Will you be attending a local 2023 high school grad?

We would love for you to send us some of your favourite photos for possible publication in the *Express Weekly News*.

We're looking for candid shots of graduates at convocation ceremonies as well as photos of award winners.

It would also be great if families and friends could send indoor and outdoor shots of the grads from before, during and after their celebrations — and it's even better if you can provide

their names too.

We'd be happy to receive photos from graduation festivities throughout the entire region. In particular, we're hoping to receive photos from Ashern, Riverton, Arborg, Fisher Branch, Lundar and Gimli.

Please email submissions to news@expressweeklynews.ca. The deadline to submit photos is Wednesday, June 28 at 10 a.m. — but the sooner, the better!

Congrats to the 2023 grads! We can't wait to see the memorable moments that you capture.

Selkirk RCMP investigating fatal two-vehicle collision

Submitted

On June 15, at 11:40 a.m., Selkirk RCMP responded to a report of a two-vehicle collision on Highway 8, located approximately half a kilometre south of the intersection of Provincial Road 230 in the RM of St. Andrews.

Investigators have determined that a vehicle, being driven by a 73-year-old male from Stonewall,

was driving southbound in the northbound lane when it collided head-on with a northbound vehicle, being driven by a 66-year-old male from the RM of Gimli.

Both drivers, who were sole occupants in the vehicles, were pronounced deceased on scene.

Selkirk RCMP, along with a forensic collision reconstructionist, continue to investigate.

> Got something you want to get off your chest?
How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@expressweeklynews.ca. Please include your name, address and phone number for confirmation purposes.



Public Notice

You're Invited

to share your views about the rate application filed by Manitoba Public Insurance

The Manitoba Public Insurance Corporation (MPI) has filed the 2024 General Rate Application before the Public Utilities Board (Board) for approval of Basic Autopac vehicle insurance rates and premiums effective on April 1, 2024 through March 31, 2025.

For further details, please contact MPI at inquiries@mpi.mb.ca or visit the Board's website at www.pubmanitoba.ca.

If you are interested in learning more about this rate application, you are encouraged to attend the hearing, observe the hearing via live streaming, or provide your perspectives through the Board's online comment tool.

If you wish to speak at the hearing or make a written submission, please contact the Board Secretary, Dr. Darren Christle at 204-945-2638 or toll free 1-866-854-3698, no later than **October 1, 2023**.

For more information, visit www.pubmanitoba.ca.

Manitoba Public Utilities Board
400-330 Portage Avenue,
Winnipeg, Manitoba R3C 0C4
Phone: 204-945-2638
Email: publicutilities@gov.mb.ca

A public hearing on the proposed rate application will be held beginning:

Tuesday, October 10, 2023 at 9 a.m.

Please view the hearing via the PUB website link.

Minerva Hall making accessibility upgrades; fundraising drive underway

By Patricia Barrett

Minerva Ladies Aid has plans in the works to make Minerva Hall more convenient for people who use wheelchairs and walkers.

The organization, which takes care of the hall, is overseeing an expansion that will see five new washrooms added onto it.

Ladies Aid president Christine Dann said the upgrade will entail four “regular” washrooms and one large fully accessible washroom that can accommodate those who use wheelchairs and walkers. The current washrooms aren’t big enough for assistive devices.

“We want to put this addition on the south side of the hall,” said Dann. “It will contain five individual washrooms, each with its own toilet and sink. The fifth washroom will be big enough that it can accommodate a wheelchair or walker, and there will be a change table for babies as well.”

The new washrooms will be unisex, meaning anyone can use them. The old washrooms will be converted into storage space.



Minerva Hall has been a community meeting place since 1916.

The popular hall hosts an array of community events such as meetings, birthday parties, anniversaries, wedding, showers, baby showers and funerals.

The hall and the Ladies Aid have a long, storied history. The original hall was built in circa 1916 by the Young People’s Society of Minerva. When the structure began to deteriorate, a new hall was built in 1972. The Ladies Aid organization was formed on May 9, 1920, as the United Farm Women of Gimli with a mandate to provide community programs, education and support for youth, among other activities. The organization changed its name to Minerva Ladies Aid in 1939.

Dann said they’ve obtained a ballpark figure of between \$90,000 and \$100,000 for the accessibility upgrade and that will include plumbing and electrical. In addition to that cost, the Ladies Aid will have to pay for blueprints, building permits and other potential fees. They’ve already applied for government grants and they’re holding fundraising events.

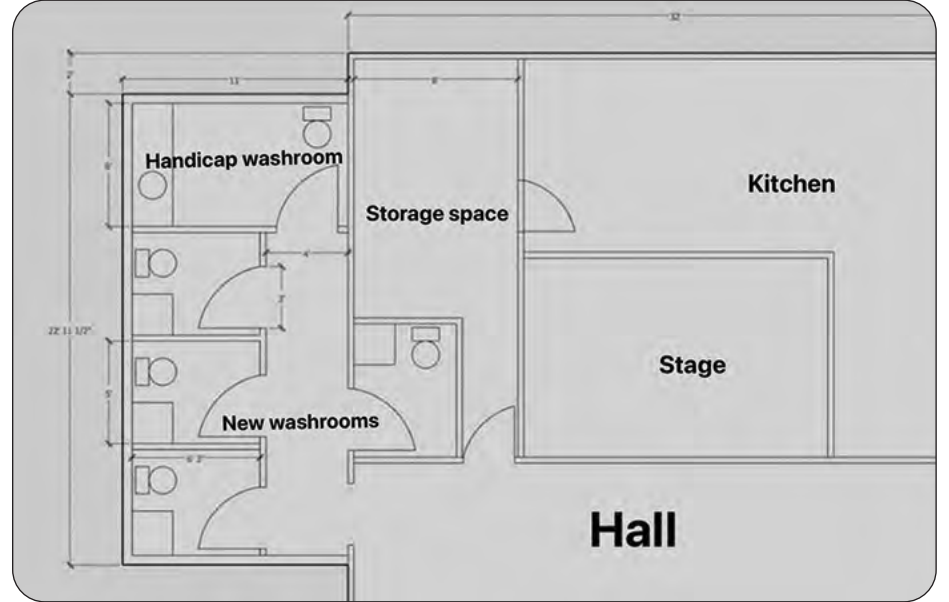
“We’ve had a couple of big donations for the new washrooms and we’ve held fundraisers such as our Paint Dates,” said Dann. “We’ve also had some private donations from Friends of Minerva Hall. We’re up to the \$20,000 mark now. We’re hoping to have the washrooms completed by next year.”

The Rural Municipality of Gimli and the Westshore Community Foundation have generously provided grants for the project, she added.

The Ladies Aid is holding a fundraising event next month at the hall that will include a lunch and chances to win prizes.

“We do have a community event coming up on July 16 (Sunday) where we’ll have a luncheon, silent auction and 50/50 tickets to help raise money for the addition.

Anyone wishing to donate to the accessibility upgrade can either call Christine Dann at 204-642-5147 or mail a cheque (payable to Minerva



EXPRESS PHOTOS COURTESY OF CHRISTINE DANN

Minerva Ladies Aid wants to make Minerva Hall more accessible by adding a wheelchair washroom and four additional washrooms to the south side of the hall.



To help raise money for the hall, the Ladies Aid holds events such as Paint Dates.



Minerva Ladies Aid held a centennial celebration last year at Minerva Hall.

Community Support Service

AA Meetings in Ashern
 Open Meeting
Time: 6-7pm Fridays
Starting Friday March 3rd.
 Location: #11 2nd Ave North
 -Pioneer Manor
 (beside the main door entrance
 of Pioneer Manor)
 Contact AAMBCO@mts.net

AA Eriksdale
 Eriksdale United Church building
 #7 Main Street, Eriksdale (side door)
Meetings are Mondays
at 6:30 p.m.

AA Winnipeg Beach
 Lady of the Lake RC Church
 Corner of Hwy. 9 and Lake Ave.,
 Winnipeg Beach
Meetings are Saturdays
between 7 and 8 p.m.
 Contact Ann J 204-389-3417

Gimli Group AA
 Bldg 18 Municipal Rd
 Industrial Park
Fri & Sun Mtgs at 7:30 pm
Womens Mtgs Thurs at 10:30 am

AI-Anon
Gimli and Winnipeg Beach
 Please join us at 17B North
 Colonization Road, next to New
 Horizon building... Gimli at 7:00 pm
 Wednesday evenings for an hour
 of support, strength, guidance and
 Hope. Contact 204-389-4777.

Ladies Aid) to the following address: Minerva Ladies Aid, Minerva Hall, Box 2082, Gimli, Manitoba, ROC 1B0. Minerva Hall is located at the junction of Minerva Road (Road 109N) and Highway 8 (west side) in the RM of Gimli.

Gimli council defers proposal for fairground, appoints fire chief

By Patricia Barrett

A proposal for an agricultural fairground near the Gimli Industrial Park has been temporarily put on hold by Gimli council.

Council held a public hearing June 14 to review Boomer's Funny Farm Inc.'s request for a second conditional use to permit a fairground on their owned and rented property off Gimli Park Road. The business already has a conditional use for a home occupation.

As defined in the zoning bylaw, an agricultural fairground is an open outdoor area where a fair, circus or other exhibition is temporarily set up and can include areas where visitors can see animals, purchase handmade items, baked goods and produce and where food vendors can set up.

Boomer's Funny Farm owners Janet and Jon Thordarson wrote in their submission to council that their business grew in popularity and they're headed into their third summer. The farm rescues farm animals in need, tries to find new homes for them and allows visitors to interact with them.

In addition to their two-acre property, the Thordarsons are renting a 15-acre property to the north of their farm and want to expand their existing home occupation to operate an agricultural fairground on both properties, they said. They don't plan to have large carnival rides or a circus but may have local vendors selling baked goods and handmade items.

"We have many dreams for our farm, and on this property we wish to grow a corn maze, sunflowers, and a pumpkin patch," they wrote in their submission. "We may make a small animal pen out there eventually in the future. During the winter months, we wish to build a skating rink, snow maze, and other fun winter activities for kids to get out and have fun, and bring tourism to our town throughout the winter months."

Their operating hours will not be changing from the present five-day operation, they wrote. They can accommodate parking in their large driveway and on the rented property, and plan to continue to require reservations so that there are no high traffic flows.

Coun. Thora Palson said council deferred its decision on Boomer's request until its July meeting pending more information.

The Express requested from RM administration a copy of the resolution and letters from the public in response to the proposal but did not hear back.

Other council news:

- Council appointed Michael Chudd as the new Gimli fire chief (effective

July 1) under Bylaw 23-0004. The by-law allows the fire chief to designate the position of deputy fire chief.

- Council passed a resolution with respect to Sundance Construction's proposal to build a subdivision in Sandy Hook.

Resolution 2023 423 states that a development agreement with Sundance be approved subject to the following conditions: "attachment of the final registerable bare land condominium plan as Schedule A; and the addition of a clause requiring the developer to provide proof of liability coverage satisfactory to the municipality having the municipality as named insured."

- The municipality's emergency measures co-ordinator Don Emes wrote in his May report to council that there is "a substantial amount" of shoreline erosion and damage to infrastructure as a result of 2022 flooding.

"Surveys/site inspections are in process to quantify the extent of damage and prepare a submission for supplementary DFA claims," he wrote.

- Valley Fiber applied for a variation to create a proposed lot of 0.04 acres on Trevino Trail, south of PR 519, on which it intends to build a telecommunication shed that will be used for internet distribution.

- Council heard a request from Zinide Pereira for a conditional use to set up a home occupation at 97 Old Arnes Place in Arnes. Pereira said the Zinide Hair Salon will operate on a year-round basis, providing haircuts, colours and other services. Traffic flow will be four cars per day and there will be no noise, fumes or dust generated from the business.

- Council heard a request for a conditional use to establish a home daycare at 18080 Spruce Bay Rd. In her proposal, Kimberly Kukoraitis said she wants to operate a year-round home daycare called Kimberly's Home Daycare. She will have a maximum of eight children a day, including two of her own children.

She said there's a need in the RM for more daycare spaces after searching for a daycare in the Gimli area and finding waiting lists to be "extremely long."

"I am in the process of obtaining a license, all necessary paperwork submitted and I have been assigned a co-ordinator with the Early Learning and Childcare Division - Manitoba Education and Early Childhood Learning," wrote Kukoraitis in her proposal.

- The RM's Municipal Heritage Advisory Committee (MHAC) reported in its May 2 minutes that with respect to the Greenberg House, which is a municipally owned building, it "cannot endorse the destruction of a heri-

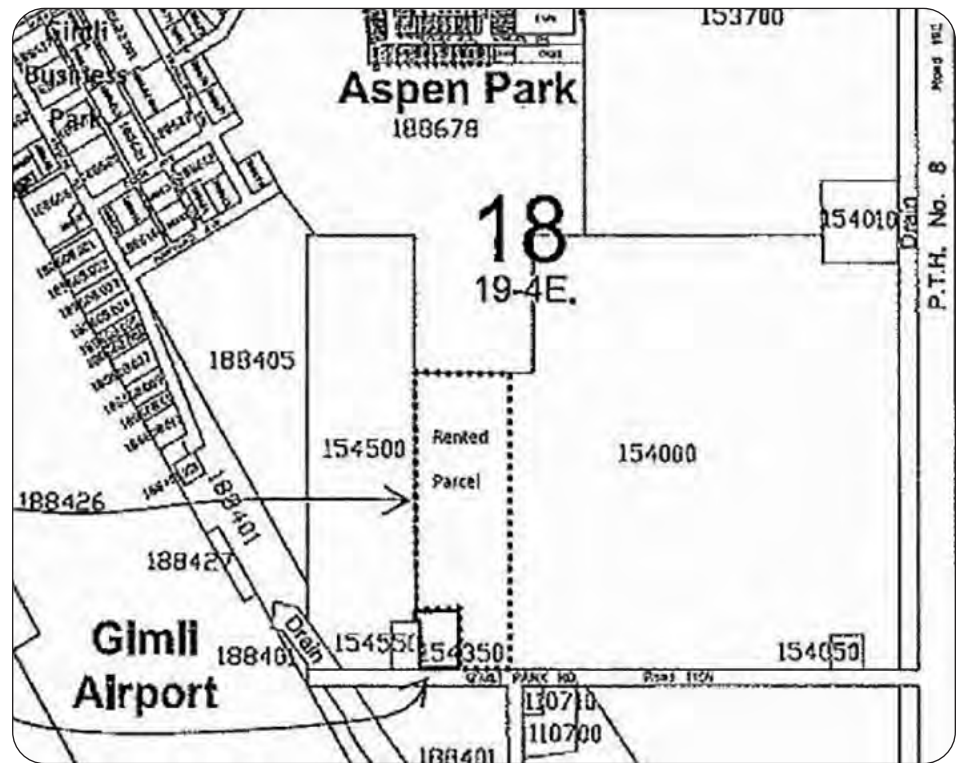


ILLUSTRATION COURTESY OF EASTERN INTERLAKE PLANNING DISTRICT
The illustration shows the location of a proposed agricultural fairground near the Gimli Industrial Park.

tage building" as its mandate is to encourage the preservation of heritage buildings in Gimli.

The Greenberg House, built in circa 1918, is on Second Avenue next to the Gimli Fire Hall. The RM purchased the property several years ago and began renting it out.

Greenberg House is a municipally designated heritage building but does not have a provincial heritage designation, said Coun. Palson. Council is currently exploring all options for the best use of the building and had

Continued on page 11

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4-H Manitoba announces recipients of Leaders of Tomorrow Scholarship

Submitted

4-H Manitoba is pleased to announce the recipients of the 2023 Leaders of Tomorrow Scholarships. The Manitoba government generously established a \$1-million endowment fund with the Brandon Area Community Foundation, which provided \$42,500 for scholarships this year.

Four current and former 4-H Manitoba members were selected to receive scholarships towards their post-secondary education.

"We congratulate the 2023 scholarship recipients and wish them all the best in their education and future careers. 4-H members of today are tomorrow's future leaders," said Philip Fenez, president of 4-H Manitoba.

"The calibre of scholarship applicants was exceptional. Our program is proud to support our members, enabling them to take future leadership roles in agriculture, environmental sustainability and their community as a whole."

4-H Manitoba's goal is to build leadership in youth and adults and enhance the development of life and leadership skills as youth "Learn To Do By Doing."

"One hundred and 10 years ago, Canada's 4-H movement began here in Manitoba, paving the way for a long and successful history of opportunities for Manitoba's youth to develop leadership and communication skills while learning about agriculture and environmental sustainability," said Agriculture Minister Derek Johnson. "On behalf of the Manitoba government, I congratulate all of the 2023 scholarship recipients and extend my heartfelt wishes as they head toward a bright future in our province."

The Leaders of Tomorrow scholarships were awarded in honour and recognition of four long-serving leaders. The 2023 Leaders of Tomorrow Scholarship recipients are:

Cade Cruickshanks, University of Manitoba - \$12,500

In honour of Terry Woychyshyn of the Erickson 4-H Beef Club

Oksana Iwanchysko, University of Saskatchewan - \$10,000

In honour of Jeanette Richards of the Eddystone Combined 4-H Club

Halee Piasta, University of Manitoba - \$10,000

In honour of Barbara Marginet of the Holland Achievers 4-H Club

Megan Brunen, University of Winnipeg - \$10,000

In honour of Shirley McLaren of the Roland 4-H Home Ec Club

4-H is an international youth and volunteer organization that provides members with the resources and activities to build leadership and practical skills while learning about topics of their choice. Members choose a project and work with volunteer leaders to develop their skills related to their venture.

In Manitoba, there are more than 80 hands-on projects from which to select including gardening, food preservation, starting a business, sustainable living, small machines, fitness and more. Today, 1,350 4-H members and 400 volunteers with strong partnerships with Manitoba Agriculture and Resource Development drive 4-H clubs in Manitoba.

For more information on 4-H Manitoba, visit <https://4h.mb.ca>



Bunge, Viterra announce merger plans

Staff

Bunge Ltd. and Viterra Ltd. are teaming up.

The two companies announced last week that they will be merging to create an "innovative global agribusiness company well positioned to meet the demands of increasingly complex markets and better serve farmers and end-customers."

The agreement, which was unanimously approved by both boards of directors, will see Viterra shareholders receive approximately 65.6 mil-

lion shares of Bunge stock (valued at around US\$6.2 billion) and approximately \$2 billion in cash.

Bunge will assume \$9.8 billion of Viterra debt.

Viterra shareholders will own 30 per cent of the combined company when the transaction is complete and about 33 per cent after the completion of a \$2-billion repurchase plan by Bunge slated to take no more than 18 months.

"The combination of Bunge and Viterra significantly accelerates Bunge's strategy, building on our fundamen-

tal purpose to connect farmers to consumers to deliver essential food, feed and fuel to the world," Bunge CEO Greg Heckman said in a statement. "Our highly complementary asset footprints will create a network that connects the world's largest production regions to areas of fastest growing consumption, enhancing the geographical balance and adaptability of our global value chains and benefiting farmers and end-customers."

"In combining our highly complementary origination, processing and

distribution networks, we are better positioned to meet the increasing demand for the food, feed and fuel products we offer," echoed Viterra CEO David Mattiske.

"Together, we will play a leading role in the future of the agriculture industry, developing fully traceable, sustainable supply chains and moving towards carbon-neutral operations, while creating a strong growth platform for our combined business."

The merger is expected to close in mid-2024.

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Fraserwood picnic and parade on June 25

By Teagan Sheppard

The 5th Annual Fraserwood Hall Picnic and Parade is taking place at the end of the month.

The community hall has come together to create an unforgettable experience for children of all ages. There will be a petting zoo-style adoption area with cats, dogs, horses and chickens from Dreamweaver Lane Animal Rescue. Due to a huge variety of animals and a shortage of food, please bring any kind of animal food to help support the animal rescue.

Activities include free face painting, races, tug of war and a parade.

The parade route will begin at the Fraserwood Fire Hall at 12 noon and

end at the east mile. There is no cost to enter a float — just contact Tanya Mishtak. Performance of upbeat music by the band Night Train will begin for all ages starting at 1:30 p.m.

Mishtak said it truly takes a community effort to make an event like this happen, relying on grants, donations and sponsors from local businesses.

“I am super grateful for everyone’s contributions,” she said.

Mark your calendars for Sunday, June 25 because you don’t want to miss out on such an amazing occasion for the entire family.

For more information contact Tanya (204-642-2182) or Kyrie (204-641-4341) Mishtak.

> COUNCIL, FROM PG. 9

reached out to MHAC for its feedback. Nothing has been decided regarding the future role of the building.

Regarding the renaming of Colonization Road, MHAC said it lends its support to the process.

Under the previous council (2018-2022), a reconciliation committee had been formed to look at the renaming of four roads in the municipality that have the word Colonization in them:

Colonization Road in Arnes and North and South Colonization Road and Colonization Close in Gimli.

The previous council passed a resolution just before the October 2022 election renaming Colonization Road in Arnes to Treaty Road. The new council (2022-2026) rescinded that resolution and it appears the proposed re-naming of the roads is still in progress.

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Riverton Minor Hockey Fundraising Barbecue



Ensuring that adults with disabilities can live independently

Celebrating inclusive living housing

By Lana Meier

Riverdale Place Homes Inc. hosted an open house and ribbon-cutting ceremony last Friday to celebrate their newly purchased apartment block at 437 Crosstown Ave. in Arborg. The occasion marked a significant milestone for the community, since inclusivity and accessibility are at the forefront of their values.

"This was a very exciting moment in our history," said Riverdale Place Homes chairperson Linda Oddleifson.

"What we have developed is a truly inclusive living situation, and our board of directors couldn't be more pleased."

The apartment block has six suites, three of which are currently occupied by Riverdale Place Homes people, two as group homes and one as a supported independent living apartment. The other three units are rented to existing tenants.

Interlake-Gimli MLA Derek Johnson brought greetings from the province and congratulated the board, staff and direct support workers on their unwavering dedication and commitment to ensuring adults with disabilities can live independently.

"This group home is not just a physical space but a community of individuals who share a common goal, to help each other grow and flourish," said Johnson.

Johnson said the future looks bright for all those involved with disabled people.

"I am proud to have our government invest historic amounts, \$104 million, to support disability services and wages of staff that deliver them. This increases funding to \$640 million in budget 2023."

Riverdale Place Homes Inc. has been supporting adults with an intellectual disability since 1976. Their first group home residence on Highway 68 was opened a short time after the establishment of the Riverdale Place workshop across the road.

Both organizations were spearheaded by local families who saw the need for their adult children to have meaningful work and a home of their own. At that time, there was a strong grassroots movement among families in Manitoba who were determined to provide a quality life for their family members.

What began as one group home soon expanded to two, with the Welcome Home Initiative undertaken by the Department of Health & Community Services in the '80s and '90s. This initiative sought to bring individuals out of an institutional setting and back into the community. At that time, many agencies like ours, were formed or expanded to accommodate people being relocated to community group homes from The Manitoba Developmental Centre (MDC) in Portage la Prairie.

"It's hard to imagine just how enormous this change was for individuals who had, in effect, been incarcerated at MDC, some since birth," said Oddleifson.

The institution was named "Manitoba Home for Incurables" in 1890 with limited understanding, the thinking at that time being that people with disabilities should be hidden away. When they left



EXPRESS PHOTO BY BRETT MITCHELL

Riverdale Place Homes Inc. celebrated the grand opening of its newly purchased apartment block in Arborg last Friday. Pictured, cutting the official ribbon, left to right: Interlake-Gimli MLA Derek Johnson, Michael Timchishen, Linda Oddleifson, Marcel Vandersteen, Gary Hubbard and Bifrost Riverton Reeve Brian Johnson.



and moved into community group homes, suddenly they had freedom of movement and could make choices in their own lives.

Over the years, Riverdale Place Homes Inc. expanded and today provides staffing at four group homes and two independent living apartments in Arborg, serving a total of 14 people while employing 43 direct support workers and three administrative staff.

"We are proud of the vital contribution we make to our community, both socially and financially, as a care provider, employer and consumer," said Oddleifson.

Last year, on May 5, 2022, the original residence on Highway 68 was flooded and the home and yard were badly damaged, with three feet of water standing inside. The board of directors decided to take an insurance settlement and sold the property.

Fortunately, the four individuals living in the home were all relocated. Two moved to Oli's Gestahus Residence on Second Avenue and two to an apartment that was made available to next door by Crackle Apartments. Another suite at the apartment block had been occupied by Riverdale Place Homes since being built in 1995.

The building was well suited to the residents and the volunteer board of directors including vice-chairman Reg Perry, secretary Jennifer Spencer, members Greg Lupal, Ross Fridfinnson, Brian Wallace and Kathy Timchishen and Linda Oddleifson, made the decision to purchase the building.

Oddleifson thanked everyone for coming out to celebrate the inclusive community housing milestone. Following the speeches was a ribbon-cutting ceremony at the apartment block, which has been renamed Riverdale Estates.

A contest was held between staff and individuals to decide the name. A cake celebration and beverages, donated by Arborg Co-op, were enjoyed by all.

A number of organizations had information tables set up, including Larry Speiss, representing the Icelandic River Foundation, and Kira Bedard, Riverdale Place Homes recreational worker.

There were a number of door prizes made at the Riverdale Place Workshop: four beautiful sets of wiener-roasting sticks to give away, complete with a bag of jumbo marshmallows.

Willard Lea, the famous Arborg artist behind the model "bombardiers," was taking orders.



EXPRESS PHOTOS SUBMITTED
 Wrestling for a Cause founder Rob Stardom and former professional wrestler Gibby Finnbogason hosted a Life Pro Wrestling event in Gimli on June 3 to raise funds for the Gimli Humane Society. Pictured with Finnbogason is his grandson Sawyer and dog Andy with the food donations, and Cindy Selamandyk accepts the \$3,013 cheque for GHS from Finnbogason.

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MSRP

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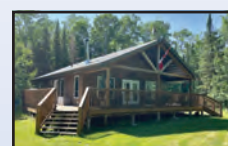
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Lundar Fair back in the saddle with fun-filled weekend

Staff

The Lundar Agricultural Society and its volunteers packed a whole lot of ag-related fun and activities into last weekend's 69th Annual Lundar Fair.

Over two full days, the fair offered something for everyone. One of the main draws was the antique tractor pull where participants with pre-1960 tractors put their pedal to the metal to showcase their machine's pulling power.

The fair kept the kids busy with midway rides, face painting and a petting zoo. The home living exhibits featured handmade knitted and crocheted items and canned goods. There was a 4-H steer sale and activities for a variety of 4-H clubs, a mobile farm and a dazzling fireworks show at the airstrip west of town to see the cowboys and cowgirls home on Friday night.

After a hearty breakfast Saturday morning, fair-goers headed to the ring for the horse show. Babies aged six to 18 months put on their best winning smiles to curry favour with the judges, and the winners got to take part in the parade that featured floats, tractors and horses.

A horse hitch demo, pipes and drums and educational beef classes at the Agri-Ed Centre rounded out the day.



EXPRESS PHOTOS BY LAURA HAYWARD



Local woman receives Platinum Jubilee Medal for contributions to Métis community

By Jennifer McFee

A Stonewall woman is earning accolades for her contributions to the well-being of the Red River Métis community.

Mona Buors received a Queen Elizabeth II Platinum Jubilee Medal on June 4, the final day of the Red River Métis Extraordinary General Assembly.

The Manitoba platinum jubilee process focuses on community-mindedness, service and reconciliation.

Manitoba Métis Federation president David Chartrand nominated Buors for the honour.

Born and raised in St. Laurent, Buors is a Red River Métis citizen. She's been married to Jerry Buors for 47 years and was an educator in both official languages for 35 years, both in the Interlake and in British Columbia. She taught various subjects from kindergarten to Grade 12, and she also served as a high school counsellor to help students make career choices for post-secondary education. For the last 20 years of her career, she focused on Métis culture being integrated into as many subjects as possible.

Nine years ago, she retired from teaching and ran in the Manitoba Métis Federation provincial election. She was acclaimed to represent the Red River Métis as a regional executive in the Interlake region.

"I represented the Interlake on the provincial management board for numerous years. When first elected to the cabinet, I was associate minister of health and associate minister of culture, heritage, sports and youth portfolio," she said.

"I was heavily involved in the 2017 Canada Games. MMF was co-host of the games and I was the lead organizing it. I was elected to my first term in 2014, and organizing the Canada Games to reflect our Métis culture and heritage was my first big challenge."

Buors is now serving her third term in office.

"For my second term and third term, I was assigned the portfolio minister of Métis child and family services. I consider it a great honour to be assigned that portfolio," she said.

"I'm also proud to serve all Métis citizens from the Interlake region as an executive officer for the region."



EXPRESS PHOTO SUBMITTED

Mona Buors, second from left, received a Platinum Jubilee Medal on June 4 for her contributions to the Métis community.

In addition, Buors has spent countless hours on volunteer boards, including for Pemmican Publications. She has translated many books, particularly for Métis authors, and she is also a Métis language facilitator for the Indigenous Language Development Institute.

Although Buors now lives in Stonewall, she maintains strong ties to the St. Laurent community and the lifelong lessons she learned there.

"I graduated from St. Laurent Collegiate from a class of 42 students. My mom and most of my family and friends are still living in St. Laurent. My parents, Frankie and Marcelline Bruce, taught us many important values, one of them being to always respect my elders," she said.

"For example, give up your seat if they need one.

Make sure they are served before you serve yourself. These are just a few important values that have been instilled in me. I have passed on these traditions and values to my children and grandchildren. Never forget where you've been and where you come from. Be humble and proud."

Buors is one of 41 Red River Métis citizens who received the Platinum Jubilee Award. MMF president David Chartrand nominated 40 of the recipients. Chartrand was also honoured at the request of Premier Heather Stefanson.

Other Interlake recipients include Bev Webb, Barbara Lavallee, Jack Park, Alfred Anderson and Morgan Ginther. They were recognized for their various contributions to the Red River Métis community.

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RCMP opens new detachment in Gimli

By Patricia Barrett

The Manitoba RCMP celebrated the opening of its new detachment in Gimli last Thursday morning.

The service invited provincial and municipal dignitaries to a ribbon-cutting ceremony at the detachment on Centennial Road.

The building houses staff from the Gimli detachment and the Arborg detachment, which recently closed its doors and transferred to Gimli.

The event was attended by Manitoba RCMP commanding officer and assistant commissioner Rob Hill, east district commander supt. John Duff, Gimli detachment commander staff sgt. Rob Gray, provincial justice minister and attorney general Kelvin Goertzen, Interlake-Gimli MLA Derek Johnson, Gimli mayor Kevin Chudd and Arborg mayor Peter Dueck.

A trooping of the flag was followed by a formal address, ribbon cutting and tours of the new facility.

The *Express* reached out to the RCMP for more information about the detachment but did not hear back. It could not verify the cost of the new building.



EXPRESS PHOTOS BY RAYME THOMSON

Gimli detachment commander staff sgt. Rob Gray cuts the ribbon, officially opening the new detachment on Centennial Road.



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Kiwanis Terrific Kids Club at SSES deliver warmth and inspiration

By Patricia Barrett

Sigurbjorg Stefansson Early School students just wrapped up a project that will bring warmth and comfort to people living in trying circumstances.

Students who are members of the Kiwanis Club of Gimli & District's Terrific Kids Club collected 150 blankets for their Blankets of Hope project and delivered them to social services organizations.

Kiwanis club's Terrific Kids advisor Frances Petrowski said the students penned a letter to parents, asking them for a small monetary donation so that they could purchase blankets for people in need. They were overwhelmed by the generous response.

"When we asked for a \$2 donation, some parents wrote letters to us, saying this was such a good program and they sent along a brand new blanket," said Petrowski. "It was so wonderful."

The kids ended up raising \$500 to purchase the blankets.

Kiwanis' Terrific Kids Club is a character-building program that motivates youngsters to be their best by allowing them to define what terrific means then developing specific goals they can work towards to achieve that. The program has guide books to help students and teachers. Each club has a Kiwanis advisor, who provides support and guidance, and a teacher advisor who oversees activities with the kids.

The Terrific Kids Club at SSES has around 45 members in grades 3 and 4. Teacher Stephanie Mills is the advisor for the club.

She broached the idea of doing a fundraiser for Blankets of Hope, which is a U.S. educational non-profit organization that enables kids to practise empathy and kindness while learning about service to their community, said Petrowski. Mills tweaked the Blankets of Hope program — which sends the blankets to schools — for the Terrific Kids Club at SSES.

"Stephanie involved the children in



Students wrote letters with inspiring and encouraging messages. They attached a letter to each blanket.

all aspects of the fundraiser, including writing and delivering letters to parents and select retailers for donations and public speaking. The students wrote messages of hope and attached them to all 150 blankets," said Petrowski, who receives assistance from fellow Kiwanis member Margaret Stanicky to run the program.

As a treat for their fundraising prowess, the kids got to don their pyjamas and watch a movie in the gym. SSES purchased the snacks for the movie.

Petrowski said Gimli's Red Apple store and Deals for Dollars store helped contribute to their fundraiser. And Ryan Loos from Gimli Pharmasave went all out to obtain blankets at a discounted price.

"Thanks so much to everyone who helped make this project such a huge success," said Petrowski. "A special thank you to Ryan at Pharmasave for their sponsorship for this project."

The blankets were delivered to the Gimli-based Interlake Women's Resource Centre, which provides crisis intervention services to women and children, and to Winnipeg's Main Street Project, which provides housing and other services to those ex-



EXPRESS PHOTOS BY FRANCES PETROWSKI

Sigurbjorg Stefansson Early School students who are members of the Kiwanis Terrific Kids Club delivered blankets last week to the Interlake Women's Resource Centre in Gimli. Because of the generosity of parents and businesses, the students were able to raise \$500 and purchase 150 blankets.



Students organizing the collection of blankets.

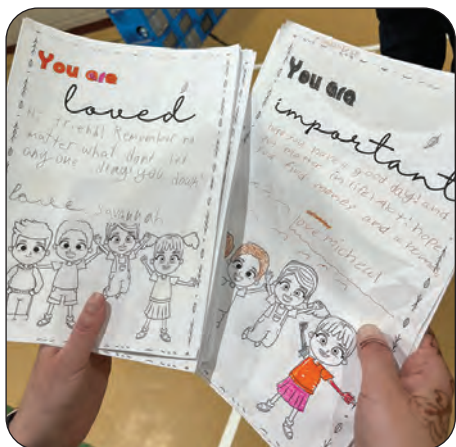
periencing homelessness. As a personal touch, some of the Terrific Kids wheeled over the blankets to the resource centre.

Terrific Kids has had a very busy school year, said Petrowski. In addition to Blankets of Hope, they took

part in other activities that benefitted the community and at the same time helped them develop citizenship and leadership skills.

For Earth Day, for example, Terrific Kids cleaned up around Sigurbjorg Stefansson and planted milkweed to provide vital habitat for monarch butterflies. Monarch butterflies are one of Canada's species at risk and an important pollinator of crops and flowers. They lay their eggs on milkweed, and their larvae and caterpillars feed on it.

Terrific Kids will be starting up again in the fall. For more information about the club and other Kiwanis-sponsored student clubs in Gimli, contact the Kiwanis Club of Gimli & District through its Facebook page or email: kiwanisgimli@gmail.com



Some of the heartfelt messages from students.



A number of blankets were delivered to Main Street Project in Winnipeg.

Concordia Hospital to provide more joint replacement capacity

Submitted by Manitoba government

The Manitoba government has officially opened the state-of-the-art operating room at Concordia Hospital in Winnipeg that will increase capacity by up to 1,000 inpatient and same-day hip and knee replacement procedures per year as part of its ongoing commitment to expand care options for Manitobans who need hip and knee surgeries, Health Minister Audrey Gordon announced Monday.

"We are healing health care and improving the quality of life for Manitobans this year and for years to come," Gordon said. "Our government invested more than \$5.9 million to increase capacity and further reduce backlogs and waitlists by ensuring more timely access at Manitoba's leading site for joint replacement surgery."

The minister added that in addition to renovating the operating room, this expansion includes an additional orthopedic surgeon, investment in anesthesia staff, four new inpatient beds, and additional nursing and al-

lied health staff.

"With the opening of our new operating room at Concordia Hospital, we are taking a significant step towards addressing the growing demand for joint replacement surgeries in our community," said Carrie Fruehm, president and COO Concordia Hospital. "This expansion not only increases our capacity but also allows us to reduce wait times and provide our patients with timely access to the care they need. We are grateful to the Manitoba government and the Concordia Foundation for their partnership in making this expansion a reality. By working together, we can continue to deliver exceptional care, advance medical innovation, and improve the quality of life for our patients."

The Concordia Foundation led the fundraising efforts supporting the renovation of operating room No. 5 to increase the hospital's joint replacement surgery capacity with the help of over 200 donors who contributed \$350,000 toward the capital costs of

the project.

"By collaborating in this initiative, the Concordia Foundation demonstrated our mission and vision to further enable Concordia Hospital to be a leader in exemplary care, innovation and academic excellence," said Roger Gripp, president and board chair of Concordia Foundation. "The foundation is pleased to have partnered with the Diagnostic and Surgical Recovery Task Force and the Manitoba government on this urgently needed increase to joint replacement surgery capacity at Concordia Hospital."

The minister noted that the Diagnostic and Surgical Recovery Task Force continues to make ongoing short- and long-term investments in the province's orthopedic surgery program. In 2022-23, 6,000 hip and knee procedures were completed across Manitoba, 600 of which were funded through the task force. Over the same time frame, Concordia Hospital completed 1,974 hip and knee procedures and 78 were funded by the task force. From

February to March 2023, pandemic backlogs for hip and knee procedures were reduced by 55 per cent.

"My quality of life? I couldn't ask for anything better. No more pain," said Roxann Goudy, a recent knee surgery patient. "I arrived at Concordia Hospital at 6 a.m. and left the next day just after lunch. It was simply amazing. I couldn't have asked for better staff. They were super helpful, checking in on me and making sure I was comfortable. It just seemed to flow well."

The Manitoba government established the DSRTF in late 2021 to address waitlists for diagnostic and surgical procedures and other related services affected by the COVID-19 pandemic. Supported by experts from across Canada, the team of respected local health-care professionals identify and implement short- and long-term solutions to improve surgical and diagnostic waitlists and make overall lasting improvements to Manitoba's health-care system.

COVID-19 personal care home shelters being re-purposed

Submitted by the Manitoba

The Manitoba government is donating all of the external visitation shelters installed at personal care homes during the COVID-19 pandemic to First Nations, not-for-profit and co-operative organizations, and municipalities throughout the province to be repurposed to benefit communities, Consumer Protection and Government Services Minister James Teitsma announced Friday.

"We commissioned these visitation shelters during the pandemic so personal care home residents could spend quality time visiting with their families in secure, accessible spaces," said Teitsma. "Now that they are no longer required for this purpose, we are donating them for a range of other wonderful uses for the continued benefit of Manitobans."

The minister noted that 27 proponents have been selected through an open expression of interest to receive the 104 shelters. Specifically, the Department of Consumer Protection and Government Services will donate 43 shelters to First Nations communities, 55 shelters to not-for-profit and community support organizations and six shelters to municipalities.

The shelters will be repurposed for housing and accommodations, recreation and sports, animal care, vegetation, farming and other uses.

The proponents selected by the department for shelters include Assiniboine Park Conservancy, Bear Clan Patrol, Bloodvein

River First Nation, Breidavik Nyja Island Historical Library and Resource Centre, Co-operative Geothermal Greenhouse Initiative, Dakota Tipi First Nation, K9 Advocates Manitoba, Keepem Rollin, Long Plain First Nation, Northlands Denesuline First Nation/Northco Management, Norway House Cree Nation, Oak Park Raiders Football Club Alumni Association, Portage la Prairie Community Revitalization Corporation, Rugby Manitoba, Rural Municipality of Argyle, Rural Municipality of Lac du Bonnet, Sandy Lake Drop-in Centre, SCORE Store, Shoal Lake Splash Park Community, St. James Optimist and St. James-Assiniboia Minor Baseball Association, Swan Valley Historical Society (Museum), The John Howard Society, Thunderhill Ski Club, Vita Food Bank, Wildlife Haven Rehabilitation Centre, Winnipeg Folk Festival and York Factory First Nation.

"The visitation shelters donated by the Manitoba government will provide the Assiniboine Park Zoo with a cost-effective, sustainable and flexible solution to ongoing infrastructure challenges and accelerate the modernization of the zoo as we strive to meet the ever-rising standards for animal care and welfare and expand our contribution to wildlife conservation, research, rescue and education," said Dr. Chris Enright, senior director of zoological operations for Assiniboine Park Conservancy. "We are grateful for this opportunity and the province's support of Assiniboine Park Zoo."

The selected proponents will be responsible for all costs related to transporting the shelters to their new locations, the minister noted.



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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Blue Jays Baseball Academy coming to Selkirk next month

Staff

The Blue Jays Baseball Academy will be traveling to Manitoba from July 4 to 7, hosting a number of youth baseball-related events that include instructional clinics, a girls' clinic, Rally Cap clinic, Canadian Futures Showcase tryout and a Challenger Baseball Game.

The Blue Jays Baseball Academy will be hosting a one-day, four-hour Instructional Clinics for beginner baseball players aged 8-13.

On July 5, the clinic will be held at the Rotary Republic Park in Portage la Prairie.

The next day, it will be held at the Selkirk Recreation Centre.

The clinics, which will begin at 10 a.m. and wrap up at 2 p.m., will cost \$89 (plus tax).

To register, visit <https://www.mlb.com/bluejays/community/baseball-academy/academy-week/winnipeg>.

A one-day, three-hour girls' clinic for kids aged 7-15 will take place July 4



from 9 a.m. to noon at Shaw Park in Winnipeg.

This event resembles an instructional clinic, with a focus on welcoming those who identify as a girl.

The cost is \$49 (plus tax).

To register, visit <https://www.mlb.com/bluejays/community/baseball-academy/academy-week/winnipeg>.

The Blue Jays Baseball Academy will also be hosting a Showcase tryout on July 4 at 2 p.m. at Shaw Park.

The goal is to provide a showcase opportunity for the best amateur baseball players born in Canada, with draft and college eligibility.

It acts to centralize the best Canadian baseball players, with the intention of exposing them to as many MLB scouts and college recruiters as possible.

In September, a national amateur baseball showcase will be held at Rogers Centre in Toronto, hosted by

the Blue Jays Baseball Academy.

The tryout, open to players aged 14-19 as of Sept. 1, 2023, will cost \$110 (plus tax).

To register, visit <https://www.mlb.com/bluejays/community/baseball-academy/academy-week/winnipeg>.

The Blue Jays Baseball Academy will also be hosting a Challenger Baseball Game on July 5 at 2:30 p.m. in Portage la Prairie.

To register for this event, please contact your local challenger league or email baseball.academy@bluejays.com. There is no cost to attend this event.

Lastly, as part of the 2022 #RallyCapsOn contest, Rosenort Minor Baseball was selected as the winner of a 2023 Blue Jays Youth Baseball Clinic for their association, which will take place on July 7 from 10 a.m. to noon.

It will be a free baseball clinic for Rosenort Rally Cap players.

To register for the clinic, please reach out to Rosenort Minor Baseball.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Interlake Blue Jays blast Winnipeg South

By Brian Bowman

The Interlake Blue Jays took advantage of a struggling Winnipeg South Wolves' team last Friday at Quarry Park.

Interlake completely dominated the last-place Wolves 10-0 in Manitoba Junior Baseball League action.

"They played well. They didn't make a lot of errors and they just played the game well," said Blue Jays' head coach Dave Meyers. "It was good. In the games before, we had been making a lot of mistakes."

But it was, by far, not a perfect week.

Last Wednesday, the Blue Jays were defeated 11-1 by the St. Boniface Legionaires.

"There were seven or eight errors in that game for us," Meyers lamented. "It was terrible — we played terrible. If you make errors in this league then they turn around and bite you. That's kind of what it was."

Interlake, now 8-8 and in fifth place, will visit the Altona Bisons on Wednesday (7:30 p.m.) and the Carillon Sultans Friday (7 p.m.) before hosting the Elmwood Giants in a dou-

bleheader on Sunday at Quarry Park.

Games are scheduled to start at 1 p.m. and 4 p.m.

It's a busy - and important week - for the Blue Jays.

"I have to figure out my pitching staff for this week," Meyers said. "I have to have my best going, on and off, and hopefully things work out in Altona and I have everybody available for the weekend."

The Stonewall Blue Jays, meanwhile, had a great couple of games last week, blasting the St. Boniface Brewers 12-0 on June 12 and then outscoring the Springfield Sr. Braves 12-8 the following evening.

Stonewall, now 3-5, played the Carillon Sultans this past Tuesday but no score was available. The Blue Jays will take on the South Winnipeg Longhorns on Thursday (7:30 p.m.) at Charleswood Park and then will host the West Winnipeg A's Saturday. The time of the A's game was not posted on the league website at press time.

In U18 AAA action, the Interlake Orioles had a doubleheader with the Brandon Marlins last Saturday. Bran-



EXPRESS PHOTO BY LANA MEIER

The Interlake Blue Jays' Kaden Stewart waits for the ball while a St. Boniface player slides into the base during Manitoba Junior Baseball League action last Wednesday at Quarry Park.

don won 12-4 in Game 1 but the other score was not known.

Interlake will host the Elmwood Giants at Atree Field on Thursday (6:30 p.m.) and the Carillon Sultans Friday

(7 p.m.) at Quarry Park.

On Sunday, the Orioles will play a road doubleheader against Pembina Hills. Games will start at 1 p.m. and 4 p.m.

Kuntz, Markusson compete in Calgary

Staff

Winnipeg's Braxton Kuntz and Curtis Markusson were in Calgary last week taking part in the 2023 Digital Commerce Bank Glencoe Invitational.

Kuntz finished in a tie for ninth place after the Breezy Bend Country Club member carded a 75 in his final round Saturday to finish the 54-hole event at four-over-par 220.

Kuntz was coming off a season-opening victory in the men's division of the Match Play.

Markusson, formerly of Gimli, carded rounds of 77 and 82 and failed to make the cut by 10 strokes.

Markusson, of the St. Charles Country Club, finished the 2022 season winning the Canadian Men's Mid Masters Championship at The Thornhill Club in Thornhill, Ont.

Impact dominates Argentinos F.C.

By Brian Bowman

The Interlake Impact snapped a three-game losing streak to start the Manitoba Major Soccer League's 4th Division season with a dominating 5-1 win over Argentinos F.C. on June 12.

Benny Wiens and Kyle Reenders each scored twice for the Impact while Stefan Schuler also tallied.

Conrado Folgio Bonda replied for Argentino's F.C.

"That was, by far, our best performance of the year," said Wiens. "Before match day, we decided that we needed to start overloading the side of the ball when we don't have possession and that really closed down the play for them and that gave us a lot of opportunities to attack."

It was a much-needed win for Interlake.

"After the first three games, we weren't quite sure where we were going this year," Wiens said. "Knowing we had a better team, for some reason it was just not clicking on the field."

Goal scoring had been a problem early in the season for the Impact before their five-goal outburst in the win.

"We have had some chances but not creating enough, by no means," Wiens said. "The biggest problem was that we were not closing down the runs for the opposing teams so we left a lot of open gaps. It's pretty hard to score goals when you're leaving the other teams open all of the time and they're creating all of the chances."

Interlake (1-3) will battle Richmond United (1-2-1) this Thursday at 7:30 p.m. at Buhler Recreation Park.

It's an important game early in the season for the Impact. Points are very, very valuable.

"I think we really need to start counting up the points because if we give up a couple more like we did in the first three games, then it's going to be a battle to survive in this division and not get relegated," Wiens said. "This is big for us."

get inspired

> MEAL IDEAS



Apples and Pesto Farfalle

- 2 Envy Apples, diced
- 1 bunch chives, thinly sliced
- 1 block Parmesan
- 20 shrimp
- 2 tablespoons canola oil
- 1 1/2 teaspoons coarse pepper

Cook pasta in salted boiling water until just tender. Drain and toss gently with olive oil, to taste, then set aside.

In food processor, pulse parsley leaves, almonds, shredded Parmesan, 2 teaspoons kosher salt, lemon juice and cracked pepper. Once pulsed, turn processor on high and drizzle in 1/3 cup olive oil until well incorporated.

Toss pasta with fresh pesto until well coated. Fold in peas, apples and chives. Using peeler, shave thin slices off Parmesan block over pasta for garnish.

Preheat grill or grill pan over high heat.

Toss shrimp in canola oil, 1 1/2 teaspoons salt and coarse pepper. Grill 2 minutes on each side, or until charred slightly. Spread evenly over pasta and serve.

- 1 pound farfalle pasta
- 3 1/2 teaspoons kosher salt, plus additional for cooking pasta, divided
- 1/3 cup extra-virgin olive oil, plus additional for cooking pasta, to taste, divided
- 1 bunch parsley leaves
- 1 cup toasted almonds
- 1 cup shredded Parmesan
- 2 tablespoons lemon juice
- 30 turns fresh cracked pepper
- 2 cups cooked peas



Crisp Apple Tacos

- 2 tablespoons sour cream
- 1 lime, cut into wedges

Slice half of one apple into thick wedges; reserve. Slice remaining half into thin sticks; reserve. Slice second apple into thin wedges; reserve.

Cut pork crosswise into 1-inch round medallions. Coat pork medallions with olive oil, salt and pepper then add to saucepan over medium heat. Add thick apple wedges to saucepan.

Add rosemary to saucepan and cook 2-3 minutes. Flip pork and cook 2-3 minutes until pork is slightly golden and cooked through.

Let pork rest 3 minutes then slice into strips.

In serving bowl, toss thin apple sticks, carrots, red cabbage and green cabbage. Mix honey, mayonnaise, mustard and vinegar. Add salt and pepper, to taste.

Mix dressing and cabbage; refrigerate at least 1 hour prior to serving.

Top tortillas with pork, slaw, sour cream and squeezes of lime. Top with thin apple wedges.

- 2 Envy Apples
- 1/2 pound pork tenderloin
- 3 tablespoons olive oil
- 1 teaspoon salt
- 1 teaspoon pepper
- 3 rosemary sprigs
- 1/2 cup shredded carrots
- 1/2 cup shredded red cabbage
- 1 cup shredded green cabbage
- 4 tablespoons honey
- 1 cup mayonnaise
- 1 tablespoon mustard
- 1 tablespoon white vinegar
- salt, to taste
- pepper, to taste
- 12 tortillas

Learning to say "No"



By Gwen Randall

"You have to decide what your highest priorities are and have the courage -- pleasantly, smilingly, non-apologetically -- to say "no" to other things. And the way you do that is by having a bigger "yes" burning inside."

- Stephen Covey

These days everyone seems to be stretched for time. Even with multitasking, it seems there is never time to do all we need or want to do. For some, this problem is exacerbated because they have a hard time saying "no" to the requests, demands or expectations of others.

This is a very common problem clients have brought to me over the years. There are many reasons a person struggles with having to say "no" to requests. Some are self-described people pleasers. They care what others think and never want to risk disappointing anyone. Some assume if they refuse a request the asker will be mad. Still others say that they feel guilty if they do not want to do what was asked of them.

While it is well and good to be the one others can depend on, and to be counted on to lend a helping hand, this can quickly get out of control. If you find yourself running just to keep up, or if your family is complaining that they never see you, it is time to re-assess what you are doing.

If you are always available every time someone calls on you, then

they will assume they can expect you will always be there when they need you. They will not respect your time, or the fact that you too have a life, with plenty of your own things to do.

A good rule of thumb might be that unless it is an emergency, if you already have plans, you do not drop what you are doing to go and do something for another. If you want to help, then discuss a time that would work for you.

If it is social obligations that keep you hopping, look realistically at your life commitments and demands, and decide just how much time you want to devote to these.

It is perfectly okay to turn down some invitations because you have other plans, even if that plan is simply to take some alone time soaking in the tub, or spending time with your children.

Think of time as if it were money. Would you give money to everyone who asks?

Billionaires could do this as they have an endless supply of money. However even they say "no" a lot.

None of us has an endless supply of time. It is not selfish to prioritize it. Just saying, "My plate is full. I cannot take on anything else at this time" is all that need be said. You do not have to explain why.

If the demands of others are causing you stress, remember that you are the one in control of scheduling your time. Stress is not good for health or relationships, so once in a while we just have to slow it all down.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration.

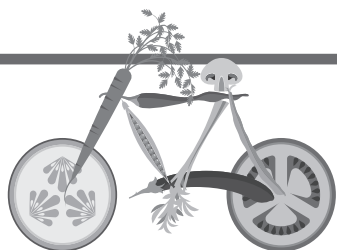
Brunch Board with a Twist



- 2 Envy Apples, sliced
- boiled eggs, halved
- cooked bacon
- bananas, sliced
- berries
- miniature pancakes
- edible flowers, for garnish
- 2-3 Envy Apples, for garnish

On breakfast platter, artfully arrange sliced apple, halved boiled eggs, bacon, bananas, berries and pancakes. Garnish with edible flowers and whole apples.

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Call 204-467-5836 to advertise



Classifieds



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SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

FARM EQUIPMENT SALE

TOOL & FARM EQUIPMENT SALE. Come Take Another LOOK! Saturday & Sunday, June 24 & 25, 10 a.m. - 4 p.m. Corner of Garven (66N) & Pleasant (38E), 8 miles from Anola, 37 152 Garven Rd. Variety of tools & implements: Tractor, hay buster, augers, hay trailer, seeders, cultivators, tube-a-later, stock trailer, hammers, drills, axes, saws, work benches, portable air conditioners...Some prices marked. Make an offer. All negotiable.

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MOBILE HOME FOR SALE

Approx. 1996, 4 bdrm. Best Buy mobile home with addition. Comes with skirting, fridge, stove, dishwasher, electric heat, air conditioning. Located in Gimli. \$80,000. Ph 204-641-8137.

LOTS FOR SALE

Subdivision lots for sale in the town of Fraserwood. Size, 101' x 165'. Call 204-643-5478.

Double lot for sale at Balaton Beach. Fully treed and gravel pad in place. Phone or text anytime 204-642-7158.

FOR RENT

Commercial office space - 900 sq. ft., 78 main St., Riverton. Ph. 204-642-2635 for info.

GARAGE SALE

GARAGE SALE - ONE DAY ONLY! SATURDAY, JUNE 24, 2023. 9:00 a.m. to 4:00 p.m. 615 Woodfield Ave in Arborg. Major appliances, dining/bedroom furniture, deep freezers, kitchen accessories, wood stove, garden & garage tools, & lots more. DISCOVER TREASURES IN SEPARATE ANTIQUE AREA.

HELP WANTED

Farmhand required at Stonewall Elk Ranch, Balmoral area. Part-time 2-4 days per week, including weekends. Valid drivers license, will be working with livestock and farm equipment. If interested, text 204-770-3554.

FLIGHT ACADEMY

Want to learn how to fly? Recreational Pilot Program is the best way to get started, must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger; can easily add float rating to permit. LS Airways Flight Academy 204-651-1402.

LIVESTOCK

Black Angus bulls. Good selection of yearlings. Bulls sired by Homegrown 6035 & Basin Rainmaker 4404, Peak Dot Profound 1005. Birth weights 72- 86- 95 lb. Moderate frames. Heifer and cow bulls. Semen tested. Delivery available. For more information call 1-204-861-8050.

SERVICES

Wanted - hair dresser/barber to set up shop in great location. Unit E, 78 Main St., Riverton. Ph. 204-642-2635 for info.

WATER TREATMENT

Pentair water softeners. Well pumps/tanks. 5 stage reverse osmosis systems, \$285. E-coli ultraviolet systems. Iron/odour/manganese removal filters. 10" & 20" Polyspun. Pleated. String wound. Carbon replacement water filters. Best prices. All Seasons Furnishings 204-661-8581.

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WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

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NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Announcing a scholarship? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

SUMMER HIRING? SOMETHING FOR SALE? HAVING AN EVENT? Book your Blanket Classified Ads NOW in the 32 Weekly Manitoba Community Newspapers to have your messaging seen all over the province! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

News Tips? Story Ideas? We want to hear about them! call the Express 204-467-5836

McSherry Auctions
12 Patterson Dr., Stonewall, MB
Online Timed Auctions @ iCollector.com
Auction for Muriel Taplin House & Building to be Moved
Closes June 27 @ 7:00PM

Estate & Moving
Featuring Guns & Ammo
Closes June 28 @ 7:00PM

Estate & Moving
Closes July 5 @ 7:00PM
Booking On Site Spring Auctions
McSherryAuction.com
204-467-1858
Consignors Welcome!

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier
Email: news@stonewallteulontribune.ca



CONDO FOR SALE
Gimli - Phone 204-801-1157

3 BR Condo in Aspen Park. Newer windows & shingles. Garage. Fridge, stove, washer & dryer plus window coverings all to stay. No smoking or pets so house is clean. Asking \$177,000. Condo pays for shaw cable and water.



Rural Municipality of **FISHER**

Box 280, Fisher Branch, MB R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

QUOTATIONS FOR BRUSHING

The Municipality Invites Quotations for Brushing in the following:

- Quotation #1 - Ward 4 - 3.5 Miles
- Quotation #2 - Ward 3 - 6.5 Miles
- Quotation #3 - Ward 5 - 4.5 Miles
- Quotation #4 - Ward 6 - 6.5 Miles
- Quotation #5 - Ward 7 - 10 Miles

Maps can be obtained at the municipal office. Each site must be visited prior to application of tender. Please bid per ward separately. Public Works Supervisor available to visit each site to answer any questions before hand. Most locations refer to both sides of the road. All contractors are to provide workers compensation and proof of insurance. Timelines for brushing will be done promptly, following migratory bird provisions.

Any questions please contact the municipal office at 204-372-6393. Tenders to be dropped off in person to 30 Tache Street, Fisher Branch. Email tenderstofishercao@mymts.net (it is the responsibility of the contractor to verify that documents have been received.) Tenders Due July 4, 2023 at 4:00 pm.

Kelly Marykuca, CMMA
Chief Administrative Officer
Rural Municipality of Fisher



Rural Municipality of **FISHER**

Box 280, Fisher Branch, MB R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

EMPLOYMENT OPPORTUNITY

Recreation Coordinator - 1 Year Term Position

The Rural Municipality of Fisher is accepting applications for a Recreation Coordinator.

The coordinator will be responsible for facilitating the development and delivery of public recreation and leisure programs in order to provide safe opportunity for sports and recreation and to promote a healthy lifestyle for all residents within the Rural Municipality of Fisher.

Complete job description and salary range can be obtained from the Municipal office by calling (204) 372-6393 or by emailing fishercao@mymts.net Deadline for applications is July 4, 2023 at 4:00 pm or position open till suitable candidate is found.

Kelly Marykuca, CMMA
Rural Municipality of Fisher

The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836

Classifieds



WANTED
Buying large amounts of coins & coin collections!

JOB OPPORTUNITY

Senior Resource Coordinator For the RM of Fisher

The position reports to the Fisher Branch Community Resource Council.

Requirements include good administrative skills, excellent interpersonal skills, commitment to seniors and persons with disabilities health and well being. The ability to work independently as well as being a team player. The willingness to take on other duties as assigned. Grade 12 plus related experience along with a drivers license and vehicle. Criminal and elder abuse check.

For full job description contact please contact the Fisher Branch Senior Resource Office.

Deadline for submission July 7, 2023

Please submit resumes including 3 references to

Senior Resource Hiring Committee
Box 22, Broad Valley, MB, ROC OKO
Or email: chibvc@mynetset.ca

RARE OPPORTUNITY

80 ACRES OF VACANT LAND FOR SALE BY OWNER

Close to Lake Winnipeg
in Bifrost Municipality

Email:
Skyyland8542@gmail.com

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102086 Hwy #9, Wpg Beach, MB

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natural light
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www.
wgiesbrechthomes.ca
204-346-3231

Old coins, old money, collectors coins, rare coins, coin collections, pre1969 10¢, 25¢, 50¢, \$1., Olympic coins, coin sets, Royal Canadian Mint Coins, Franklin Mints Sets, buying Entire Collections & Estates. USA, Canada & world collections wanted. Also purchasing bullion, jewelry, scrap, nuggets, sterling, gold, silver, platinum.

Todd
250-864-3521

McSherry Auction Service Ltd

McSherry Online Auction For Kas Smolinski

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Clandeboye, MB

3.5 kms East on Clandeboye Rd – North 1.5km on Colony Rd #30

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204-467-1858 & mcsherry@mymts.net

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Call or Text Now!
204-526-5064

Email:
livinglifehealth@xplora.net
Holland, MB

The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication. Please Call 204-467-5836

take a break

> GAMES

SUDOKU

			8	9	4	2		
		6					9	
1			2			3	7	
2				5			3	
			3		7		8	
6	1			7	9			
			6					
		7			1	6		
9								

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	2	1	8	4	3	5	9	6
6	8	9	1	2	5	7	4	3
3	4	5	6	7	9	2	1	8
2	5	6	7	8	4	1	3	9
8	9	7	2	3	1	4	6	5
1	3	4	5	9	6	8	7	2
4	7	3	9	5	2	6	8	1
5	6	8	3	1	7	9	2	4
9	1	2	4	6	8	3	5	7

Sudoku Answer

S	E	C	E	S	S	E	R	A	V	E	R		
S	E	I	S	T	V	P	S	E	O	G	V	W	I
I	E	M	A	T	V	I	L	T	A	T	E	R	
S	P	V	A	V	V	I	R	S	E	I	R	E	R
S	E	S	S	E	S	E	V	V	C	U			
S	T	S	S	E	S	E	L	K	N	V			
L	I	T	S	O	V	T	P	L	E	A			
E	I	T	L	E	S	V	W	V	T	O			
N	O	I	T	R	O	B	V	T	E	K	R	I	
A	O	E	H	O	E	S	G	B	D	N	V	S	
D	E	L	I	V	H	G	O	V	N	V			
R	I	A	P										

Crossword Answer

X CROSSWORD

CLUES ACROSS

- Understand intuitively
- Two of something
- Not involving computer tech
- Acclaimed
- Undermine
- The condition of being concealed or hidden
- Irritate
- The process of developing a theory
- Ceramic jar
- Not fresh
- Dad's fashion accessory
- Popular review site
- New Mexico county
- '__ death do us part
- Fees
- Takes with force
- One-time Yankees rookie sensation
- Gordon and Snider are two
- Body parts
- Arranges
- Fiddler crabs
- Mimics
- Witnesses
- They __
- Lasso
- Runs down
- In response to
- Bird-like dinosaur
- Metamorphic stages
- Conditions of incapacity
- Sodas are sold in these units
- Break away from
- Ethereal
- Boggy

28. Earnings
30. Z Z Z
32. Reddish browns
34. A salt or ester of acetic acid
35. A place to get off your feet
37. More disreputable
38. Kidney condition
40. Cease moving
42. Quick
43. Extra seed covering
45. "Survivor: Panama" winner
47. Six
49. One who inspects lamps
50. Small parrot
51. Primordial matter of the universe
55. __ fi (slang)

CLUES DOWN

- Mangled

	1	2	3	4		5	6	7	8			
9					10			11		12		
13					14			15				
16				17				18				
19			20		21					22		
	23			24		25			26			
		27			28		29			30		
			31			32		33				
				34			35		36		37	
	38				39			40		41		42
43				44				45		46		47
48			49	50					51		52	
53							54			55		
56									57			
	58										59	

- Ruffled some feathers
- Not young
- Lakers legend
- Nocturnal S. American rodent
- Direction (Scottish)
- Intestinal inflammation
- Spring back in fear
- Owl genus
- Girls
- Unbeliefs
- Force unit
- Expired trade agreement
- Went alone
- Animal noises
- Woman who graduated from a specific school
- The very top
- Organs in males

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Classifieds Announcements

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GRADUATION



Taylor Rae Johannesson
The University of Manitoba
Bachelor of Science – Major
Psychology with Distinction
February 5, 2020
Bachelor of Education
with Distinction
June 6, 2023

Congratulations and all the best in your career.

Good luck in your future studies.
You are braver than you think,
More talented than you know,
And capable of more than you can imagine.
We are so proud of you!

-Love from your family

IN MEMORIAM

Dubchak, Terry
February 14, 1957 – June 18, 1987
Without farewell you left us all,
But in our hearts you are always there.
-Lovingly remembered and sadly missed
by Mom and family

BRIDAL SHOWER



Kindly join us for a bridal shower
honouring bride-to-be Kaelyn Martin,
bride-elect of Tim Bobbee
Saturday, June 24 at 1 p.m. at
the Royal Canadian Legion,
306 Main St., Arborg.
Kaelyn is registered at Myregistry.com
Donations may be left at
Arborg Co-op Grocery and
Arborg Home Hardware



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Box 58
Elma, MB R0E 0Z0
58065 Juno Rd



Rural Municipality of
FISHER

Box 280, Fisher Branch, MB R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

NOTICE OF TENDER GRASS CUTTING

The Rural Municipality of Fisher is inviting tenders for grass cutting at:

Town of Broad Valley
Town of Hodgson
Town of Poplarfield

Please state price per cut in the tender and provide separate tenders for each town.

- Applicant is to supply own equipment and fuel.
- Applicant to be 18 years of age or over.
- Lowest or any tender not necessarily accepted.

Submit sealed envelope marked "Tender Grass Cutting" for each location to:

Rural Municipality of Fisher
Box 280
Fisher Branch, MB R0C 0Z0
Email: fishercao@mymts.net

Deadline for tenders is 4:00 p.m. July 4, 2023.

For further information, call the RM of Fisher office at 204-372-6393.

Maps provided upon request.

EMPLOYMENT OPPORTUNITY



Fieldstone Ventures Education & Training Centre Inc. invites qualified candidates to apply for the following Contract position:
Client Services Representative - Arborg

- Working for Fieldstone Ventures Board of Directors under the supervision of the Manager, the Client Services Representative Arborg is responsible for assisting clients with job search - resumes, job applications, cover letters, internet research and other related employment assistance services
- Working 30 hrs bi-weekly (2 days/week) for the areas of RM of Bifrost-Riverton and Town of Arborg

Fieldstone Ventures Education & Training Centre Inc. is a one-stop shop for Education & Training in the Northwest Interlake region of Manitoba providing services to adults including: Employment Assistance Services, Adult Learning & Literacy, Community Based Training, and Continuing Education.

The successful candidate must have:

- Administrative and good computer skills
- Strong networking and interpersonal skills
- Excellent organizational and self-directed skills

Full job description available. Position to commence immediately. Mentoring will be available prior to and during initial employment.

Apply in writing with cover letter, resume and three references to:
Hiring Committee
Fieldstone Ventures Education & Training Centre Inc.
Box 1600, Ashern, MB R0C 0E0
bergnej@lakeshoresd.mb.ca
www.fieldstoneventures.ca

Deadline for application: Open pending staff hiring

We thank all applicants for their interest however only those selected for an interview will be contacted. The successful applicant must complete a Criminal Record Check and Child Abuse Registry Check. Fieldstone Ventures strives towards a workforce that has fair representation of Aboriginal persons, persons with disabilities, visible minorities and women.



REQUEST FOR TENDER

The Gimli Community Development Corporation (GCDC) is seeking an Operator for Gimli Industrial Food Facility located behind the Dormitory at 208 Dunlop Ave. The Operator can open a Cafeteria / kitchen / Catering Company, to serve people staying at the Dormitory and living in the Community.

Details of the Tender are at gimli.ca/m/cdc or by emailing gimlicdc@rmgimli.com.

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Classifieds Announcements



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OBITUARY



Carolyn Viola Zahariuk (nee Pommer)
July 24, 1945 - June 5, 2023

It is with great sadness we announce the passing of Carolyn at the Gimli Community Health Centre, with her family by her side after a courageous battle with cancer.

She will be deeply missed and forever cherished by her daughters, Diane (Cal Schleinig), Tammy (Nick Paul), and Teresa (Geoff Wingfield); her grandchildren, Corey, Lucas, Laith and London; sister Vivian Anderson, brothers-in-law and sisters-in-law, Dave (Lynn) and John (Sonja); Donna (Tomas Lloyd), Shirley Pommer and many nieces and nephews.

Predeceased by her husband of 58 years and love of her life Alex; her brothers and sisters-in-law Alfred (Joanne), Vern (June), Lawrence (Moria), Jerry and William and brother-in-law James Anderson.

Carol was born in Winnipeg, grew up in the Weston area with her five brothers and younger sister. She met Alex and married in 1963, they moved to Elmwood, then to Birds Hill in 1972 raising their family of three girls. Carol was fun, passionate about life, loved to entertain family, friends and the neighborhood kids that wanted to swim on a hot summer day!

Carol enjoyed curling in the ladies and mixed league at East St. Paul for many years. She was very competitive at cards, crib and board games. She also loved to sew, designing matching outfits for her young daughters and their Cabbage Patch Kids and Barbies.



When Carol retired from bus driving at RESD in 1996, they built a home on Sandy Hook Golf Course. Since Alex was an avid golfer, Carol decided to take up golf, in which she thoroughly enjoyed (especially Thursdays Ladies) and often golfing five days a week. During the winters, they spent time travelling to Texas, the Carolina's and Palm Springs enjoying shopping, happy hours and golf in the company of friends and family.

Dads unexpected passing two years ago, deeply broke Mom's heart. We feel some peace in knowing that they are together forever, once again.

Mom and Dad, you will never be forgotten and in our thoughts every day. We thank you both for the love, laughs but most importantly the wonderful memories you left us to cherish.

The family would like to send sincere gratitude to the staff at the Gimli Community Health Centre for their care and compassion to Mom over the past two months.

A Celebration of Life for both Carol and Alex will be held at Selkirk Golf & Country Club, 100 Sutherland Ave, Selkirk, MB at 2:00 p.m. on Friday, June 23, 2023.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



OBITUARY



James (Jim) Stewart
November 28, 1935 - June 12, 2023

Peacefully on June 12, 2023, Jim Stewart of Ashern, MB passed away at the Percy E. Moore Hospital in Hodgson, MB, with family by his side.

He is survived by his daughter Arlene (Jim), son-in-law Scott; his grandchildren James (Natalie), Jaelyn (Dennis), Julie and Cassandra along with his great-grandchildren Mya, Ethan, Kaleb and Carter.

Jim is predeceased by his wife Elizabeth (Liz) and daughter Lorrie.

Friends and relatives can pay their respects between 10:00 and 10:30 a.m. on Sunday, June 25, 2023 in the Arnason Funeral Home Chapel in Ashern, MB. A graveside funeral service will follow at 11:00 a.m. in the Ashern United Churchyard Cemetery with Shirley

Russell officiating.

Pallbearers will be James Spencer, Ethan Spencer, Mya Spencer, Dennis Tumber, Kaleb Tumber, Carter Tumber, Jim Spencer and Scott Johnson.

The family would like to like to thank all the nurses at the Ashern Lakeshore General Hospital, Fisher Branch PCH and the Hodgson Percy E. Moore Hospital for all the wonderful care Jim received.

Arrangements by:
ARNASON FUNERAL HOME
Ashern - Lundar
1.204.768.2072
1.866.323.3593

OBITUARY



Lori Lee D'Ottavio (nee Ireland)
February 21, 1968 to June 13, 2023

It is with great sadness that we announce the passing of Lori Lee D'Ottavio (55) of Gimli, Manitoba on June 13th, 2023 with family by her side.

Lori was predeceased by her mother Elsie, father Allan (Butch) and her brother David.

She will be greatly missed by her husband Adrian, son Jesse, daughter Emily, granddaughters Elenor and Lily, sister Debbie (Tony), brother Wayne, sister-in-law Jackie and numerous relatives, countless friends and her beloved cat Ozzy.

Lori was born in Summerside, PEI in 1968 and eventually moved to her lifelong home in Gimli. Gimli is where Lori went to school and graduated from Gimli Composite High School in 1986 with numerous friendships that she held dearly throughout her lifetime.

Along with her school friends, her free spirit allowed her to make and cherish many genuine friendships wherever she went.

A few years after high school, Lori met Adrian. In 1995 they married and had two beautiful children. There was nothing Lori wouldn't do for her children. They were the light of her life but perhaps Lori's greatest joy was spending valuable time with her twin granddaughters, Elenor and Lily. Those girls were everything to her and knew they could get away with anything at Grandma's.....from painting the kitchen floor to playing in the lake fully clothed. Lori had a glow whenever they were around, and they became her everything and it showed every time she spoke their names.

Lori lived life to the fullest, always doing something which included kayaking, camping, baseball, fishing, volleyball and horseshoes. Her creativity was evident in the many beautiful paintings and drawings that could be found just laying around her place. Her tremendous green thumb can be felt as you walked into her house and you felt like you were in a jungle...she was so proud of those plants and how she grew them from seeds.

Lori was always up for many different adventures and was usually the mastermind behind most of them. She loved to have a good time and made sure everyone around her was having one too. She was always the life of the party and her infectious laugh was contagious. You knew you were going to have some laughs and tons of fun when Lori was around.

Keeping with Lori's wishes, cremation has taken place. A funeral service will be held on July 7, 2023 at 2:00 p.m. in the Gilbert Funeral Chapel in Gimli with burial to follow. In true Lori fashion, there will be a celebration of life held at 6:00 p.m. at 167 Centre St. West, with everyone welcome.

In lieu of flowers, a trust fund has been set up at Access Credit Union in Gimli for Lori's beautiful granddaughters, Elenor and Lily Johnson.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



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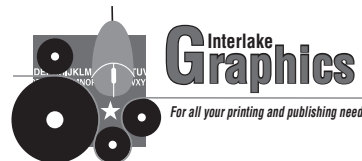
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