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EXPRESS PHOTO BY MATTHIEU MEIER

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# Winnipeg Beach dog behaviour professional encourages unique dog training course

By Emma Honeybun

Local professional dog trainer from Winnipeg Beach, Jodie Fitzgerald, is encouraging people from the community to take advantage of a new, discounted online training course, currently available to the public for \$10.

“The Dog’s Truth — The Science of L.E.G.S.® for Families” is an esteemed dog training course that directs its attention to understanding dogs as intelligent creatures instead of simple pets. It debunks a variety of myths surrounding dog training and helps owners understand the reasoning for dog behaviour.

Dogs are often rehomed due to behavioural issues, and the class aims to prevent that through proper education.

“Indeed, the recognition that dogs are in fact much more than ‘how we raise’ them is a strangely profound assertion in a culture that has continued to falsely promote such ‘blank slate’ thinking about dog behaviour. In light of the recent headlines reporting the results of a Broad Institute study on dog genetics and behaviour, the questions about what really influences a dog’s behaviour are on the minds of dog lovers worldwide,” wrote Fitzgerald in a press release.

The class is represented by applied ethologist and professional dog trainer Kim Brophey. She’s the author of the novel *Meet Your Dog: The Game-Changing Guide to Understanding your Dog’s Behaviour*.

The class operates on the L.E.G.S strategy, which includes the following concepts:

“Learning: Yes, “how you raise them” matters. The experiences and education that a dog has day in and day out are an important element of a dog’s



behaviour — but it’s just a quarter of the story.

**Environment:** The external conditions of a dog’s life — historically, previously and currently — are highly influential in the recipe of a given dog’s behaviour.

**Genetics:** The DNA that designs each dog inside and out does matter, specifically where there has been selective pressure on creating certain kinds of dogs for specific behaviours historically; and this will definitely make a difference to the family who lives with them.

**Self:** Each dog is an individual having their own experience as a sentient being. The internal conditions of their world — sex, age, health, personality, etc. — are entirely unique to them and important factors in their behaviour.

In the press release, Fitzgerald expressed her confidence and optimism in the course and training method. She uses the strategy for her own course, *Fitz Your Dog Training*.

“This makes all the difference for her clients, says Fitzgerald. “Utilis-



EXPRESS PHOTO SUBMITTED

Jodie Fitzgerald is encouraging dog owners and anyone interested in learning to understand dogs as intelligent creatures to sign up for the online training course currently for \$10.

ing the L.E.G.S. ® model, I am able to offer dog owners and caregivers a way to understand the truth about their dog’s natural behaviour, and find simple and practical solutions that will relieve the stress that dogs and owners are experiencing daily.” She is thrilled to join an international community of professionals who have chosen to join the future of the industry with Family Dog Mediation.

More information on the course is available online at [www.familydogmediation.com](http://www.familydogmediation.com).



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# Gimli's youth bowlers knock 'em down at Bowler of the Year competition, earn 3 medals

By Patricia Barrett

Gimli's Youth Bowling Club is a force to be reckoned with after competing in the Provincial Bowler of the Year Tournament in April and picking up three medals.

"After competing in an in-house tournament, three of our bowlers went on to compete in the Provincial Bowler of the Year Tournament to conclude the 2021-2022 season," said Dianna Auer, who is the director of Gimli's program. "We are very proud to announce that our Gimli bowlers really showed up to win."

Emily Kilpatrick, the club's Junior Bowler of the Year (13-15 years of age), took first place with a +219 POA (pins over average), earning a gold medal and a set of bowling balls.

Ryder Zaik, the club's Bantam Bowler of the Year (under 12 years of age), took second place with a +81 POA, earning a silver medal.

Riley Kilpatrick, the club's Senior Bowler of the Year (15-19 years of age), took third place with a +5 POA, earning a bronze medal.

"We are so proud of all our bowlers and really need to thank all our certified coaches for their commitment and dedication throughout this past year," said Auer.

The Gimli club picked up several



Ryder Zaik earned a silver medal.

awards last fall when they competed at the Provincial Singles Tournament.

The club practises at Gimli's Bowlers Lanes, which offers leagues for all ages. For more information about the youth bowling program and leagues, call Bowlers Lanes at 204-642-6837.



EMPHATIC PHOTOS COURTESY OF DIANNA AUER  
Emily and Riley Kilpatrick earned gold and bronze medals respectively.

## Pride logo contest winner



EXPRESS PHOTO SUBMITTED

Gimli High School students Heida Arnbjornson (left), Miranda Gislason (logo contest winner, middle) and Teri Nicholson (Gimli Pride Committee). Gislason received \$150 from the Gimli Pride Committee for her winning submission.

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# Gimli Active Trails Committee on track to develop, enhance municipal trails

By Patricia Barrett

Gimli's Transportation Trails Advisory Committee, or Active Trails Committee (ATC) for short, developed a strategic plan to guide the development, enhancement and use of public trails throughout the Municipality of Gimli.

The community volunteer group, which was formed under a municipal bylaw in 2019, met over the winter of 2021 and this spring to complete a comprehensive development plan, which the group presented to Gimli council at its regular meeting on May 25.

ATC chair Cheryl Bailey said developing and enhancing municipal trails will draw nature lovers and people who like being active to the community.

"Gimli is known for its festivals — the film festival, the Icelandic festival, the winter ice festival — all of which bring people to Gimli. Developing our trails will also make people want to come to Gimli. We want Gimli to

be known as a place where you can come for the day to ride your bike or go for nature walks on the rail trail," said Bailey last week. "People want to be engaged with nature; it's essential for us to do that for our health and well-being, as well as to respect the environment we have."

The committee's strategic plan consists of specific objectives and actions, a timeframe and the identification of a lead and support person/group tasked with the completion of each action. Objectives include enhancing existing trails, finding future areas for development, developing trail etiquette guidelines, serving in an advisory capacity with council about the enforcement of bylaws and the safety of trail users, and creating signage on trails that will indicate distance and amenities.

Bailey said the committee wants to enhance trails the RM already has and also identify possible trail links to other municipalities that have trail systems or are in the process of devel-



EXPRESS FILE PHOTO BY PATRICIA BARRETT

The former CPR rail line, known as the rail trail, along PR 222 is shown here. The Active Transportation Committee wants to develop and enhance trails in the RM of Gimli.

oping them.

"We want it to be able to connect up to other areas like Bifrost and Winnipeg Beach and Dunnottar and maybe eventually Selkirk because Selkirk is doing some amazing things," she said. "Our plan in the next month or so is to make decisions about where those connections could be."

The committee is looking at connecting up the Gimli soccer fields that have a walking trail and has already advocated to have a walking trail from the new seniors' residence and Gimli Park so that people have a connection to town centre and the beach.

Other possible trail developments include the area by the old lagoon in South Beach all the way up to subdivisions such as Odin Green, Siglavik and Miklavik, she said.

In addition to Bailey, the community volunteer group is made up of Zoe Bailey, Lynda Dodunski, Chad Ermel, Leona Johnson, Jan Keryluk, Matthew McKelvey, Chris Milne, Calvin Sedleski, Tyler Yellowega and RM councillor Thora Palson.

Bailey said the strategic plan was very well received by council and by residents who attended the meeting last month.

"Every councillor spoke highly of the plan. They said it was the most thorough and professional-looking plan they had been presented with because we have timelines, definite goals and objectives," said Bailey. "We were very lucky that Zoe Bailey, who works for the East Interlake Watershed District, is on the committee.

Continued on page 8

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# Indigenous artist dives deeper into her outlet

RAMP program provides opportunities for local artists

By Autumn Fehr

Annie Courchene is always looking for ways to express herself through visual images rather than words.

When Courchene paints, her space is sacred and is used as her outlet to express her creativity and to keep her grounded. It's her happy place.

Her art reflects her Anishinaabe culture and is filled with the passion she has had for art since she was young.

"My mom always encouraged us to express our creativity since we were little kids," said Courchene.

Courchene is a self-taught Anishinaabe/Nehiyah visual artist from Sagkeeng First Nation.

She has always made art since she was a little kid, as she grew up around a very artistic family.

"I think, as humans, we all enjoy creating and being creative. I think that's something really primal. It's good for the heart," said Courchene.

As a child, Courchene always found



A number of pieces of artwork created by Annie Courchene.



EXPRESS PHOTOS SUBMITTED

Members of this year's Indigenous Rural Art Mentorship Program (RAMP).

ways to make art with things around her, even if that meant using the walls of her home as a canvas.

Courchene says her mom let her and her sister draw on one of their bed-

room walls to express their creativity at a young age.

"She would say, you are only a kid

Continued on page 9

## The search is on!

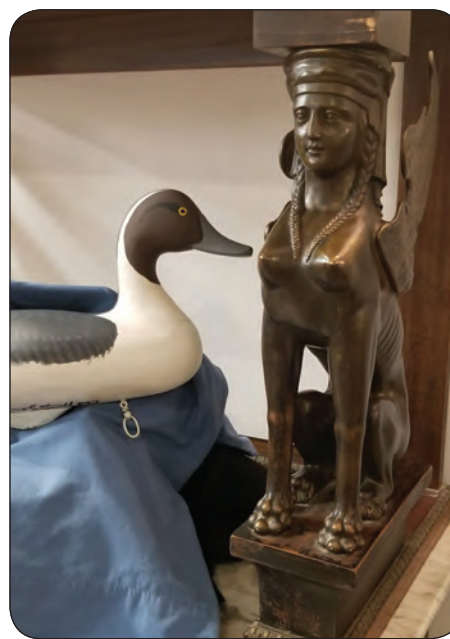
Be it that elusive Viking helmet in the attic, the Wayne Gretzky rookie card tucked into a sports magazine or an Egyptian artifact, collectors are actively looking. Prehistoric man collected pretty stones, warriors the spoils of war and now with access to the world on the internet, people have the opportunity to collect in what ever field they choose.

We offer many services to buy-



ers and sellers. If you are a collector looking to add to your collection, we can help by being an extra set of eyes in the market place. For sellers, we purchase with quality, rarity and price in mind. Sometimes we purchase a single item, sometimes an entire collection. With design today people are mixing classical with contemporary styles, making the search for unique pieces that can be the focal point of a room, even more challenging.

Having been collectors our entire lives, we have many private sources in the antiques world and are familiar with many auction houses. We carry an ever-changing inventory which we are proud to share with you at our rural location near Argyle and Kenora, Ontario. The



more experience a person can gain by seeing in person and touching, the better a decision they will make in future purchases. When looking at pieces some simple questions a

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buyer should know the answers to are: what materials you are looking at? can you tell the differences between oak and rosewood, alabaster and marble and if a painting actually has age? was this item made in 1720 or 1920? When a snap decision has to be made, knowledge is your ace.

People ask us all the time if the antique market is holding its own, and honestly the market is always changing. Items that may have been popular in the 1970s and 80s have fallen out of demand and new items from our global economy have filled their places.

To see new items as they come in, follow us on Instagram at Grandmont Antiques. You can send an email to [jgrandmont@live.com](mailto:jgrandmont@live.com) or call 204-461-2201/204-383-5382 if you have questions or to set a time to come by. Email us to be added to the quarterly news letter starting this Spring.

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## Efficiency MB brings new program to Interlake First Nations

By Iris Dyck

Residents of Lake Manitoba First Nation and Lake St. Martin First Nation could soon see lower energy bills thanks to a new provincial program.

Efficiency Manitoba's Indigenous Community Energy Efficiency Program connects First Nations communities with products and services that lower their energy consumption. The Crown corporation chose 10 First Nations across the province to participate. They provide funding to hire a local energy advocate from each community for the project's two-year duration. The advocate serves as a link between Efficiency Manitoba and the public, determining which energy-saving methods best meet their needs.

"It gives us an opportunity to hear what is working and hear what is important to First Nations for energy efficiency," said Amy Tuck, Indigenous and income-based program lead with Efficiency Manitoba.

Efficiency Manitoba offers a variety of programming to Manitobans to help them conserve energy. The province's newest Crown corporation helps facilitate upgrades like replacing insulation, using LED lightbulbs and installing low-flow showerheads. They also have a set of Indigenous programs, but this is the first time there will be a dedicated staff member

to champion energy efficiency within First Nations communities.

Vionne Al-Shimari is the energy efficiency co-ordinator for Lake Manitoba First Nation. She has found reducing consumption and cost are priorities for her community.

"Hydro is too hard on them. They can just do little things to bring down the hydro bills and be energy efficient," she said.

Al-Shimari is working on getting clotheslines installed for anyone who wants one, reducing the amount of power used for laundry. She's also coordinated the collection of old appliances to be taken away and recycled.

Since starting the position in April, Al-Shimari has noticed several ways her community could reduce its energy footprint. The local garbage dump stood out to her most.

"Every time I would go there, I noticed how carelessly everything is dumped," she said. "It was just a big mess that we really look at and think 'Wow, we can really do something about this,'" she said.

These observations and first-hand experiences are why the energy advocates are crucial to the program, Tuck says.

"This is to be community-led. So, what are the community's goals?" she said. "I think it's really important that

we're ensuring equity and access to our programs."

The Indigenous Community Energy Efficiency Program put out its first call for applications in 2021. Any recognized First Nation in Manitoba was able to apply by filling out a form detailing their past sustainability work and plans to engage the community should they be selected. Efficiency Manitoba awarded \$40,000 per year for a two-year period to 10 First Nations. The program has a yearly intake, meaning any First Nation not selected can apply again in 2022.

"The fact that we had so much interest when the application intake window was open just shows that there is interest and that we're hoping that communities see the value in this," Tuck said.

For Al-Shimari, the value goes beyond the amount on a hydro bill. For her, energy efficiency is about taking care of where you live.

"We only have one home, and we want to be as comfortable and feel as safe as possible," she said.

"There's so much going on in the world right now. ... it doesn't only make the space around you feel better, but it will make you feel better."

> Got something you want to get off your chest? How about an act of kindness to share?

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EXPRESS PHOTO BY EVAN PLETT

A farmyard under water just outside of Fisher Branch. Stats from Environment Canada shows that the spring of 2022 is on track to be one of the wettest recorded in Manitoba's history. The record for the wettest spring is 325.4 millimetres set in 1896. Help the Express record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: [weather@expressweeklynews.ca](mailto:weather@expressweeklynews.ca).

## Elections Manitoba launches accessible video series

### Submitted by Elections Manitoba

Elections Manitoba is celebrating Manitoba Access Awareness Week, May 29 to June 4, by launching four simple and colourful animated videos showing viewers how to vote, how to register, steps to consider when planning to vote, and the types of election jobs available with Elections Manitoba.

"We are committed to making the democratic process accessible to all Manitobans," said chief electoral officer Shipra Verma. "By providing useful election information that's easy to understand and making it available in a variety of formats, we continue to remove barriers to voting. We are pleased to celebrate Access Awareness Week and continue our work towards accessibility standards."

There are two versions of each video, one in English with English closed

captioning and American Sign Language (ASL) interpretation, and the other in French with French closed captioning and Langue Signe du Québec (LSQ) interpretation.

"As a deaf person and a member of the deaf community, accessing election information in American Sign Language, along with the closed-captioned videos, gives deaf Manitobans an opportunity to understand the information with more clarity," said Denise W. "ASL provides the facial expressions and body language in a video format and not just in written English. Providing information in ASL gives me and everyone who uses ASL an equal opportunity to understand the important information from Elections Manitoba. Thank you so much for making ASL available."

The videos can be viewed on the Elections Manitoba website and You-

Tube channel. The independent office of the legislative assembly will work with community organizations to circulate them widely on social media. Find them on YouTube at the following links:

How to Register to Vote: <https://youtu.be/tKrO2I-nLtw>

Make a Plan to Vote: <https://youtu.be/iUS5D5Qj3hE>

How to Vote: <https://youtu.be/h4kYAvDWKR8>

Work for Elections Manitoba: <https://youtu.be/MjJJ28KxMzQ>

Elections Manitoba offers many accessible voting options, including homebound voting, interpretation service and assistance to vote. Recent legislative change also allows voters to use their own assistive devices to vote. Find out more at <https://electionsmanitoba.ca/en/Voting/Accessibility>.

## Meridian Agriculture Scholarship up for grabs

### Staff

There's a new scholarship available for high school students in Manitoba and Saskatchewan.

The Thanks for Farming Tour has teamed up with Meridian Manufacturing Inc. to offer two \$1,000 awards for students in grades 11 and 12.

The Meridian Agriculture Scholarship is meant to connect students with their communities to understand and recognize the importance of agriculture and the role it plays, organizers say.

Prospective applicants are asked to submit a one-minute video answering the question: How is agriculture important in your community?

"Agriculture is a community in itself. The industry is constantly working together, but many people don't understand or see how important and involved agriculture is within communities," said Meridian's Sid Lockhart. "We're looking forward to hearing the views on this topic from our next generation."

The top finalists for the scholarship will present at the Thanks for Farming Tour events in their respective provinces in July.

"We are excited to be offering the Meridian Scholarships in conjunction with the Thanks for Farming Tour events this summer," said tour organizer Jeremy Matuszewski. "We cannot say enough about the next generation of farmers and we want to ensure they are supported in their journeys to be the next leaders in agriculture."

The deadline for applications is July 1 for Saskatchewan residents and July 15 for Manitoba residents.

Full application details are available online at [thanksforfarming-tour.com/scholarship](https://thanksforfarming-tour.com/scholarship).

The Thanks for Farming Tour will be in Swift Current, Sask., from July 12 to 13 and in Winkler, Man., from July 27 to 28.

# COVID hospitalizations increase at end of May; outbreaks in Interlake PCHs

By Patricia Barrett

COVID-19 hospitalizations increased in late May, according to the province's weekly COVID surveillance data.

There were 120 new hospital admissions, of which nine required intensive care, and 15 more Manitobans died from the virus, according to the May 22 to May 28 report. There were also 416 new COVID infections, based on restricted PCR testing. The total number of Manitobans who've lost their lives to the virus is currently 1,980.

The province doesn't track rapid antigen tests.

The report also states that wastewater surveillance data for the city of Winnipeg indicated "ongoing activ-

ity" for COVID.

Other health news:

- The Interlake-Eastern Regional Health Authority's medical officer of health declared a COVID outbreak on May 30 at the Betel Personal Care Home in Selkirk.

The IERHA also declared on May 31 a COVID outbreak at the Lundar Personal Care Home, where six residents tested positive for the virus and results on 10 other people in care are pending.

"We appreciate this is unsettling news for our residents and their loved ones. Please be assured that we have moved quickly to enact precautions that will prevent any further spread of illness. The care of our residents' health is our top priority," said acting clinical team manager Margarete Moulden in a May 31 update to the family of Lundar residents.

Outbreak protocols and visitor restrictions are in place at both PCHs.

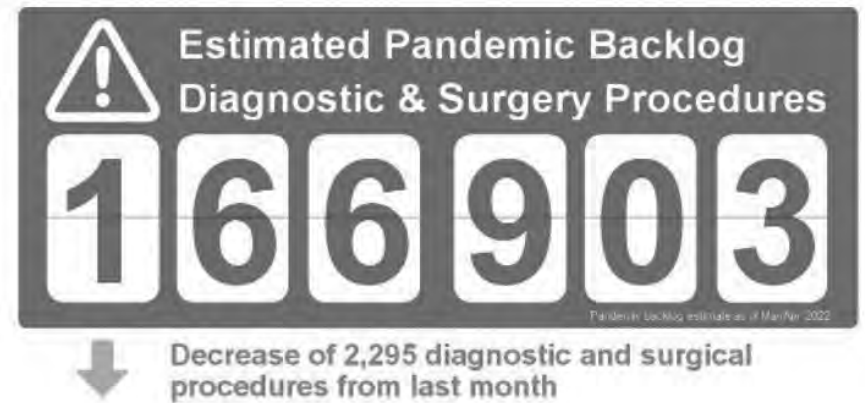
A health authority spokesperson said the COVID outbreak at the Teulon hospital was declared over on May 31, and the outbreak at the Red River Place care home in Selkirk was also declared over last week.

- Doctors Manitoba, a physician-ad-

May 31, 2022

## Overall Backlog

The impact of the pandemic response on Manitoba's hospitals has resulted in a massive backlog of surgery and diagnostic procedures. Doctors Manitoba has been advocating on behalf of patients and their physicians for a plan to clear the backlog. As part of our work, we have created a dashboard to monitor the size of the backlog.



DOCTORS MANITOBA

Doctors Manitoba's May 31 update shows a decrease since last month in the number of backlogged medical procedures. There are now almost 167,000 procedures in the queue.

vocacy organization, provided a new estimate on May 31 of the number of backlogged medical procedures in the province. There are now 166,903 procedures in the queue, a decrease of 2,295 from last month

- Canada's chief public health officer Theresa Tam reported 77 cases of monkeypox in the country as of last Friday, with five cases in Ontario, 71 in Quebec and one in Alberta.

### Community Support Service

**Al-Anon**  
**Gimli and Winnipeg Beach**  
Meeting place  
17B North Colonization Rd.  
Gimli (Next to the New Horizons)  
**Meetings are Wednesdays**  
**between 7 and 8 p.m.**  
Contact 204-389-4777

---

**AA Winnipeg Beach**  
Lady of the Lake RC Church  
Corner of Hwy. 9 and Lake Ave.,  
Winnipeg Beach  
**Meetings are Saturdays**  
**between 7 and 8 p.m.**  
Contact 204-340-1855

---

**Gimli Group AA**  
Bldg 18 Municipal Rd  
Industrial Park  
**Fri & Sun Mtgs at 7:30 pm**  
**Womens Mtgs Thurs at 10:30 am**

# Gimli RCMP respond to skydiving fatality

Submitted

On June 4, 2022, at approximately 7:25 p.m., Gimli RCMP received a report that there had been a parachuting incident at the Gimli Industrial Park. When officers arrived on scene, a 53-year-old woman from Winnipeg was unresponsive on the ground receiving medical attention from civilians on scene. An RCMP officer immediately began to assist.

Within minutes, Emergency Medical Services was on scene and took over care of the female. She was pro-

nounced deceased on scene.

Initial investigation has determined that the female was a very experienced skydiver who was wearing all the appropriate safety gear. When she jumped from the plane, her parachute appeared to open at the proper altitude, but she entered into a spin and collided with the ground.

There were no issues with the aircraft, and three other people were in the plane at the time of the jump.

The investigation continues.

## > GIMLI ACTIVE TRAILS, FROM PG. 4

She approached our committee and said she was interested in finding out more about it. She volunteered to facilitate the action plan process and put it together for us. And members of the community were really excited and said we need this kind of development here."

The committee will also be looking at creating trail head signs, perhaps asking the community to take part in a design contest, and a "code of ethics" or etiquette guide for users of the trails.

"Safety is a really big priority for us and respect for the trails and for each other — that's top of mind for us," said Bailey.

The committee is scheduled to meet this week and "hit the ground running" on its initial objectives.

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Coarse Language; Violence **PG**

---

**JURASSIC WORLD: DOMINION**  
FRI-THURS JUNE 17-23  
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## > RAMP, FROM PG. 5

once, and kids should have fun like that," said Courchene.

Courchene does many different types of artwork, such as acrylic painting, aerosol painting and sewing.

"It's my happy place. It brings me a lot of peace and joy to just make art and to make something really beautiful and colourful," said Courchene.

Courchene finds herself inspired by other Anishinaabe painters such as Quill Christie-Peters.

"Her work is really powerful and beautiful — someone to look up to, I think," said Courchene.

Her mom and her grandparents also play a huge role in the work she does.

"When I think of who I am as an artist, I think of my family and all their support throughout the years. I don't think I would have kept up with my practice or be where I am without them and their support," said Courchene.

In her own practice, Courchene uses her artwork as an outlet that helps spin positivity into her everyday life.

"My artwork helps with my mental health — it keeps me grounded," said Courchene.

In September 2021, her mom encouraged her to take her work and invest in it one step further, so Courchene applied for the Indigenous Rural Art

Mentorship Program (RAMP).

RAMP is a 10-month program where five emerging artists from northern and rural communities are mentored by Lita Fontaine, a professional artist. Through Fontaine, the artists learn by her knowledge, experience and practical tips to take into their own artistic practice.

The program is a partnership between Mentoring Artists for Women's Art (MAWA) and the Manitoba Arts Network (MAN).

Courchene says she was surprised to get in, as she hadn't done much towards her practice through the pandemic.

"The program has been really nice and helpful. It's been super wonderful to connect with other Indigenous artists. I don't think I would have had those connections without the program," said Courchene.

On Saturday, May 28, Courchene participated in the *From Within* online opening reception of visual art facilitated by franco-Métis Yvette Cenerini as part of the 2022 RAMP Exhibition.

The exhibition, *From Within*, presented the works of artists Frances Cooper (Métis), Tess Ray Houston (Cree), Kristy Janvier (Dene) and Annie Courchene.

Courchene says the exhibit was a team effort of all the artists in the group working together as a collective.

The exhibit has artwork that reflects

the land, and its presence as a foundational base within each of their creative processes.

Courchene says she is the youngest in the program, so she has learned a lot from the other artists in the group who are wise in their experiences with their craft.

"It's been really helpful, not only as an artist but as a person and as an Indigenous woman to connect with other Indigenous women and just to learn all I can from those ladies," said Courchene.

In October, the group will have an in-person exhibition in Brandon to showcase what they have been working on since their previous virtual exhibit.

As one of her artistic goals in the future, Courchene hopes to learn to

make her own clothes as she wants to be more sustainable.

"Fashion is one of the biggest polluters today," said Courchene.

Another one of her goals is to paint murals and to work towards becoming a muralist.

## MPC PARK MEETING

SUNDAY JUNE 12, 2022

1:00 P.M.

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DFA is available to help with the cost of evacuation, the cost of preventing or limiting flood damage, and the cost of recovering from damages that were experienced. DFA is also available to assist with the cost of non-insurable damage to property such as principal residences and buildings essential to the operation of eligible farms and businesses. DFA is also available to assist with repairs to damaged municipal infrastructure.

The Manitoba Emergency Measures Organization (EMO) will be offering live webinars to answer your DFA questions. Check the DFA website for dates and times.

To find out more details about DFA eligibility or to obtain an application form, please contact the Emergency Measures Organization at:

Phone: 204-945-3050 in Winnipeg  
Toll-free: 1-888-267-8298

You may also apply online at: [Manitoba.ca/emo/dfa](https://Manitoba.ca/emo/dfa)

**Deadline to apply for DFA is August 8, 2022.**

[Manitoba.ca/flooding](https://Manitoba.ca/flooding)



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Manitoba

# Winnipeg Beach community raises \$645 for school's breakfast program

By Patricia Barrett

A Winnipeg Beach resident, who is concerned about rising food costs and student nutrition, brought the community together to raise \$645 for Winnipeg Beach School's breakfast program.

Catherine Mather organized the fundraiser because she said inflation is negatively affecting the ability of families to make ends meet. She also wanted to raise awareness of the importance of school breakfast programs.

"I chose the WBS Breakfast Program because so many children are not able to get a full and healthy breakfast before heading to school and it's a program for all the children — no child is singled out. The cost of living is going up and many families find it difficult to make ends meet. It's a reality that many parents cannot afford the healthy food they wish they could to feed their families," said Mather last Wednesday. "When a child's belly is full, they can focus on learning; it's proven that nutrition affects all aspects of development."

The breakfast program relies 100 per cent on community donations to purchase food for the school's K-8

students, she said, and public health restrictions around COVID made it difficult as far as food handling went.

She said she held the fundraiser in connection with her birthday as a way to give rather than to receive, and to help create cohesiveness within the beachside community.

"Last year my birthday was coming up and COVID had been isolating so many people in the community. For me, happiness comes with connection, and the best way for me to connect is by giving back and engaging my community through mutual aid," she said. "I decided an excellent way to bring joy to my community and to myself for my birthday was an online contest or fundraiser."

This is the second year she has held the fundraiser. Last year, she raised a whopping \$1,400 for the breakfast program.

Mather herself purchased products from businesses to offer as a prize draw for those who supported the fundraiser, she said. And businesses also generously stepped up with gift donations, enabling her to offer four prize packages chock-full of products such as jewelry, art and beauty products.

She sold virtual raffle tickets to get people into the "spirit of giving, which would benefit the community and bring me joy," she said. "It really took off. I bought a collection of prizes and so many local businesses and artists started to donate."

Winnipeg Beach School assistant principal Katherine Zahariuk said the school was very touched by Mather's fundraiser and by the generosity of the community.

"It was so out of the blue and unexpected last year when Catherine showed up and donated money to the breakfast program," said Zahariuk. "With COVID, we had to make sure food was packaged. We couldn't make things like pancakes from scratch. This support is so appreciated given the extra cost of having to purchase pre-packaged food items like granola bars. This is a very kind gesture."

Prize 1 was won by Heather W. It consisted of a wooden bowl, lip balm and lotion bar donated by N30 Guitars & Woodworking, earrings with peach and green aventurine (a type of quartz) donated by Creations By Kayla, and a rare philodendron grey in a beachy ceramic pot and a handmade

mini-soy candle donated by Yellow Birch Floral & Design.

Prize 2 was won by Kim Ellis. It consisted of fur pom-pom earrings donated by Anishinaabe Girl, a pink aventurine, hoplite, rose gold hematite and cedar wood beaded bracelet donated by Maisie's Beads, and Medicine Infused Lip Scrub donated by the Medicine Garden Society.

Prize 3 was won by Deb B. It consisted of a chips and dip pottery tray donated by Ravens Daughter Pottery, Old Dutch Chips and homemade dip mix donated by Mather, Coffee and Tea Package donated by The Village Brew Co., a \$20 gift certificate donated by Cochrane Creek Farm, Kaboom BBQ Coating, and a voucher for 4L of Prairie West Ice Cream to be redeemed at the Matlock Store donated by Mather.

Prize 4 was won by Althea Howard. It consisted of a one-hour Reiki session with Deb Benning (RMT), and an adjustable ring, purse hanger, inspirational cards, Three Ships lip exfoliator, Ayurveda hair growth serum, daisy toner and slippers donated by Diane Saramaga.

## Ashern, Eriksdale, Lundar begin their first Pride celebrations

By Emma Honeybun

"Unity in Community" is Northwest Interlake Harm Reduction's (an organization associated with Manitoba Harm Reduction Network) mission for this year's Pride Month, the first recognized Pride for Ashern, Eriksdale and Lundar in the Interlake area.

Through posters, media posts, awareness boards and art, the organization is ready to make a sound, welcoming start to Pride festivities. It's easing communities into the first of possibly many in a way that is not grandiose but not subtle or nervous.

They're currently expecting to be able to use chalk paint to decorate the Ashern community with rainbows to commemorate the new milestone and the broader community that it represents.

MBHRN has been met with great enthusiasm from local RMs, network members and volunteers.

"The network members who are participating in the Pride planning have been so enthusiastic," said Mikayla Johnson, network co-ordinator with the Manitoba Harm Reduction Network. "They worked so hard and they've dedicated so much extra time to this that I feel like the prep has been very smooth sailing. It's definitely extra work, but everyone has really just joined the effort and made it possible."

Johnson said that she is part of the LGBTQIP2SAA community herself and that there was a personal element for her.

**"THE NETWORK MEMBERS WHO ARE PARTICIPATING IN THE PRIDE PLANNING HAVE BEEN SO ENTHUSIASTIC."**

Continued on page 13



# ARBORG

## Agricultural Society

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Or email us at [admin@agsociety.net](mailto:admin@agsociety.net)

# Spruce Bay Road property inundated; culvert causing recurrent water back-ups

By Patricia Barrett

An RM of Gimli resident, whose residential property was swamped during last week's downpour, says flooding is a recurrent problem that needs to be addressed by the provincial government.

Justin Hoplock, who lives on Spruce Bay Road, had his yard flooded and house surrounded by water last Tuesday because the culvert under Provincial Road 222 is too small to handle water flow from the west.

"It has happened so many times in past years and it's so frustrating when you try to get help. The last couple of years were OK because it was dry. But in the springtime before those drought years, we always got water halfway up our yard because the culvert can't take an increased volume of water. The province doesn't have a big enough culvert going underneath the highway. It always jams up in the corner and floods my property."

As the water started creeping up to his home last Tuesday, Hoplock said he called the Municipality of Gimli's public works emergency line to ask for assistance, but the municipal staff person told Hoplock he would contact the province and get back to him.

"I asked public works if they could bring a couple of big pumps out here and pump the water across the highway so that it flows out faster, but he said that's supposed to be [provincial] highways' job," said Hoplock. "Then I phoned [provincial] highways and only got an answering machine. We had no help at all."

When he realized he wouldn't be able to obtain any assistance from the RM or the province, Hoplock said he called some friends to help him sandbag around his house.

"We were lucky enough to save pretty much everything, except the kids' play structure. We had to clean that up. We sandbagged around the house so the water didn't get into the house. It did go over the sandbags at the back of the house, but we put a pump in there to pump out the water and we built up the sandbags."

Hoplock said the reason the culvert under the highway hasn't been replaced likely comes down to money.

"The province would probably have to rip up PR 222 to install a bigger culvert," said Hoplock. "But this needs to be done because we can't be flooding all the time."

Gimli Mayor Lynn Greenberg said he's aware there's a history of Hoplock's property flooding because of the small culvert under the highway.

"When I was a councillor many years ago, I remember getting pumps in there for Justin's property — it



Water spilled over the sandbags at the back of Hoplock's property.

was owned by other people at that time — and pumping water over Highway 9 [called PR 222 north of Gimli] because the province's culvert at Spruce Bay Road is way too small compared to what highways [provincial department of transportation] has along Highway 8 to the west," said Greenberg. "The province upsized the pipes to the west, but they should have started at PR 222 and worked their way west. It's the same problem we have at Silver Harbour where a paved road [Colonization Road] and culverts had to get ripped out to let the water flow faster to the lake."

Greenberg said he personally called Hoplock on June 2 to discuss his situation. He also called the RM's public works department to find out why it couldn't help Hoplock and was told that public works "didn't hear from him [Hoplock]."

Greenberg said the RM will have to discuss Hoplock's recurrent flooding with the province and "try to get it fixed."

In addition to Hoplock's flooding issue, there was a washout farther south down PR 222 at Lakeside Road (Road 114). The volume of water flowing to the lake overwhelmed culverts and caused an impassable washout. PR 222 is currently closed at that location.

In response to a question about why the provincial transportation department didn't respond to Hoplock, a spokesperson said the department "does not have a record of an inquiry for this specific location."

The spokesperson didn't answer the question as to whether a larger culvert will be installed at Spruce Bay Road and PR 222.

When asked if the department has a flood mitigation plan for its highways to help mitigate future extreme weather events, the spokesperson said the province has made "many improvements over the past three years and is committed to ongoing investments in provincial water control and flood mitigation projects."

He cited repairs to and the raising of select roadways such as PR 246 and Highway 75 in southern Manitoba and a dam in Rapid City, also in



EXPRESS PHOTOS BY JUSTIN HOPLOCK

The view from Spruce Bay Road. Hoplock and some friends sandbagged around his house.



The water swamped Hoplock's yard on May 31.



The water backed up west of PR 222 at Spruce Bay Road.

southern Manitoba. The Lake Manitoba and Lake St. Martin Outlet Chan-

nels are also in the "final stages" of federal approval.



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# Selkirk Toastmasters adopt hybrid meetings so more people can join in

By Katelyn Boulanger

The pandemic made it difficult for groups like Selkirk Toastmasters, who typically meet in person to do so, but that didn't stop the group from gathering.

They quickly adapted to video call meetings, allowing more people than ever to join. Now that restrictions have allowed them to gather in person again, they have pivoted once more, introducing hybrid meetings, which will enable new and returning members to continue to learn leadership and presentation skills and gain self-confidence.

"If you can communicate well, people will look to you as a leader right

away," said Lyle Appleyard, a toastmasters member of Stonewall.

The group is one of the largest in Manitoba with 17 members aged 18 to a member in their 80s. There is also a reasonably even split of men and women in the group who have various interests, which makes it a great environment to find someone to connect with.

"We have Dave [Storey] as president, but we have other executive roles. And, each one helps to develop your leadership and your skills so that you can take them out in the real world," said Appleyard.

The program works because there are specific pathways that the group



EXPRESS PHOTO BY KATELYN BOULANGER

The Selkirk's Toastmasters group continues to meet online and in person to allow people from all over the country to participate.

members can choose from. Each pathway allows them to determine what areas of personal growth they wish to work on.

"If you want to come in and you just want to do presentations, there's one for you, if you want to develop your humorous speaking style [there's one for you] but there's also several for developing different leadership

styles. So that's what Pathways is," said Appleyard.

Each week people volunteer to take on roles at the next meeting and each of the available roles helps to develop skills in the pathways people are working on.

"One of the things that's exciting

Continued on page 13



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## Patients share experiences of their 'fantastic' dentures

BY ELISHA VANDOR

Have you ever heard people say, 'when you love what you do, it doesn't feel like work?' Well, the saying goes... Do what you love and you'll never work another day in your life. That's exactly how we feel everyday coming into work at Vandor Denture Centre to transform peoples smiles. What really puts the icing on the cake is when we hear how patients are doing with their dentures after we have made them. When we do receive feedback, we share it with our entire team and it honestly puts an extra pep into our step. Here's 3 reviews that our patients so graciously wrote:

Our patient Norma received new upper and lower dentures at the beginning of April and she wanted to take them for a test drive before giving her feedback. She says, "I received my new dentures approximately 6 weeks ago. They were a replacement set. I wanted to try them for awhile before giving my review to ensure that I would be giving a fair review. The fit is absolutely fantastic. I put them in, and have not required

any adjustments since I got them. Brock [the Denturist] took amazing care during the fitting process, making many adjustments during that time to ensure I had the best fit possible. I am amazed at the quality of workmanship as well. I also can't say enough about the other staff as well. They were extremely accommodating in working with my tight schedule. So friendly and professional. I will absolutely recommend Vandor Denture Centre to anyone needing new or replacement dentures. Very personalized friendly service. Thank you all so much for making this process such a great experience!!" Norma T. - May 11, 2022

Another cool tidbit that makes the full-service denture experience at Vandor Denture Centre unique is that our dentures are hand-crafted in-house; meaning the same Denturist who sees you for your appointments customizes your denture to look like your smile once was or shapes it to make it uniquely you. Recent patient Peter says, "I was so impressed with

every person who works at Vandor. Every person was friendly and caring. Brock is such a talented person who hand crafted the perfect upper plate for me. When I unveiled my new denture to my wife, she was in shock at how natural they were and my smile was back. This is the place I will go for all future denture work. They are worth the 5-stars; I would give a 10 if I could." Peter M. - May 16, 2022

Lastly, (because I can only include one more of our patient's feedback before I run out of room) is from Perry who says, "The experience was pleasant and I am extremely happy with the results. The folks there are professional and personable. They are very good at what they do. I would definitely recommend Vandor Denture Centre." Perry J. - April 8, 2022

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Cathy (patient of Denturist Matthew) at Vandor's is beaming with the bee after her experience.

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> **PRIDE, FROM PG. 10**

Although rural communities do not have as much of a visual Pride initiative compared to bigger cities, there is still support for those who need it.

“Our goal was really to show — whether it’s members of the LGBT community or if it’s fellow allies or families of members who are part of the LGBT community — that we’re not going to ignore this anymore,” Johnson said. “We really want to show that our members in our community who are allies and who are willing to put in some work, do some different things to bring that awareness and bring a sense of safer space in our communities to the LGBT community.”

Northwest Interlake Harm Reduction’s task is to reduce harm in the Interlake community as much as possible for every group possible. This includes Pride, addiction awareness, sexual and reproductive health, and others.

The organization shows support for individuals through education and awareness.

Media post submitted by Northwest Interlake Harm Reduction:

**Unity in Community**

The month of June is dedicated to recognizing and celebrating the LGBTQIP2SAA community (lesbian, gay, bisexual, transgender, queer, questioning, intersex, pansexual, two-spirit, asexual and allies). This recognition and celebration is commonly referred to as Pride.

Pride was born out of a resistance to discrimination and violence faced by the LGBTQIP2SAA community. Pride month promotes self-affirmation, dignity, equal rights and increased awareness and visibility of the LGBTQIP2SAA community and its allies.

The month of June is important to the history of LGBTQIP2SAA history and rights. On June 28, 1969, police raided a gay bar in New York City known as Stonewall Inn. This raid sparked collective action amongst members of the LGBTQIP2SAA community and is the most important event leading to the gay liberation movement and the modern fight for LGBTQ

rights in the U.S. The month of June is used to honour and commemorate the Stonewall Inn raid and the revolution efforts following the raid.

Being involved in Pride is something everyone can take part in! Whether it’s making a small Pride craft or reading a resource to help you learn more about the LGBTQIP2SAA community, see link below for some great options!

This Pride, we want our community and our community members to stand with the LGBTQIP2SAA community and show our support, awareness and dedication to bringing unity in our community.

Link to resources: <https://buffer.com/resources/lgbtq-ia-resources/>

> **MEETINGS, FROM PG. 12**

about this club is that all of our meetings are hybrid. They’re all online and in person. So, if a person can’t come regularly, well, then they can attend a meeting online, be at home at the meeting, but still be a part of the fellowship within the group,” said Kay Boyd a member of the group who lives in Gull Lake.

They intend to continue to offer hybrid meetings in the future because it allows members from outside of Selkirk and the Interlake to join the group who may not be able to leave their homes to take part.

Boyd says this club is something anyone would likely benefit from because people don’t realize how often you need to give impromptu speeches.

Their group has helped people who want to be better communicators and people who have specific goals; for instance, when Bob Hebert was selected as Selkirk’s Citizen of the Year in

2018. At that time, he knew he would have to give a speech and relied on the group members to help him work out the kinks before the big day.

“[I like] just being here with everybody and learning from them, and [we’re] just a big happy family,” said Hebert.

He has been part of the group since 2011 and initially joined as he was giving presentations advocating for the rights of people with disabilities from his perspective as a person with an intellectual disability.

He says he’s continued to participate in the group over the years because of the friendships he’s made.

The toastmasters invite anyone interested to view their website at <https://3977.toastmastersclubs.org/> for more information and contact them there if they would like to learn more about joining.

“Do you have [an event] coming up? Join Toastmasters. Gain confidence and improve your speaking skills,” said Boyd.

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## Wildwood Park Trailer Resort hit twice this year with flood water; resort up and running

By Patricia Barrett

The Wildwood Park Trailer Resort in Winnipeg Beach flooded for a second time this year as Manitoba experienced yet another Colorado low last week.

The all-season resort, which is located on the west side of Highway 9, was inundated with water last week during heavy rainfall that swamped fields, swelled ditches and raised the level of Lake Winnipeg.

"We were flooded in the springtime, too, with all those storms we had. Boundary Creek runs right through our campgrounds to the lake," said owner Craig Hainsworth. "All the runoff goes into the creek and it can't handle it. The water backs up at Highway 9 where the culvert goes underneath the highway and it did back up again at Prospect Street [farther east at the marina] even though they've removed all the culverts there."

The resort usually has between 175 and 180 trailers. Roughly 12 were affected by flood water, said Hainsworth. This second flood event came on the heels of the restoration work he had carried out after the first flood event this spring.

"One of the trailers suffered damages and it got written off. Another had water damage but the owner is repairing it himself," he said. "In the springtime the water washed away roads and washed away decks. We pretty much got the campsites back in order and this happened again. We had to close a section of the park down."

Hainsworth said he's looking at raising the level of campsites, but he'd have to bring in lots of gravel, which would entail a considerable outlay of funds.

"It would cost us a fortune but we have to do something. It has never flooded like this before," he said.

Because the Town of Winnipeg Beach removed the culverts and cut the road on Prospect Street at the marina last month when the creek threatened properties along its banks, the water was able to recede quite quickly from the trailer resort, said Hainsworth.

Mayor Tony Pimentel said Lake Winnipeg rose and became level with the creek, preventing the creek from draining quickly.

"One of the biggest problems this time around was that the lake was at the same level as the creek and we couldn't get that fast flowing water we had in the springtime," said Pimentel. "The water levels on the lake got so high with the wind and that held back the water in the creek. The lake was controlling this and preventing faster drainage from the creek."



The water was knee high in spots.

Pimentel said the town had declared a state of emergency several weeks ago in order to obtain permission from the provincial government to remove the [province's] culverts and cut the road on Prospect in order to protect the town.

"We're in the process of trying to get a meeting with the minister of environment, climate and parks, Jeff Wharton, and our MLA Derek Johnson to talk about how we're going to deal with this going forward," said Pimentel. "Since I've been on council as mayor, we've cut Prospect three times. The first time we did it, we had two culverts under the road. Then province put in a third culvert to see if that would alleviate the problem, but it hasn't."

Pimentel said the big culverts at Highway 9 where Wildwood trailer park is located are not an issue nor are the creek's berms, which are functioning properly. But the town needs a better solution to drainage at the marina, something that won't prevent water from building up in the creek.

"Culverts can sometimes freeze," said the mayor. "We're hoping to see if we can get a bridge put in on Prospect or some of other system to stop the ice jamming," he said. "We cut the road under emergency measures so hopefully there's funding available under emergency measures."

He doesn't have a timeline on when the province will fix the breach, he said. In the meantime, residents and visitors can use side streets to travel north and south to get to the marina and to the tennis courts.

"We've always had a good response from the province in situations like this. I'm confident that a solution will be found," said Pimentel. "We don't have a timeline. We don't know if



EXPRESS PHOTO BY PATRICIA BARRETT

Prospect Street at the marina was cut in the spring to prevent Boundary Creek from flooding dwellings.



This young man got his wellies on to assess the flood situation in the park. The water drained quickly after lake levels fell.



EXPRESS PHOTOS COURTESY OF CRAIG HAINSWORTH

Trailers, sheds and other fixtures were inundated with water at the Wildwood Park Trailer Resort after Boundary Creek — which flows into Lake Winnipeg — broke its banks during heavy rainfall on May 31.

Prospect will remain like this for another month or the entire summer — it all depends on the province's repair schedule."

# Manitoba Road Trip Ideas

## 48 Hours in Winnipeg

This summer, Travel Manitoba is featuring an amazing collection of road trips to help you explore every corner of Manitoba. Explore Manitoba's largest city, where you can discover everything from luxury to joie de vivre. Winnipeg offers culture, history and relaxation—perfect for creating your ultimate.



### 1 PASSION & HISTOIRE

When you visit Winnipeg's **St. Boniface** neighbourhood, you'll find its Francophone history, architecture and culture line the streets. Cross the striking **Esplanade Riel** pedestrian bridge that links The Forks and downtown Winnipeg to St. Boniface.

Start at the information centre inside the former **St. Boniface City Hall** building on Provencher Boulevard. Here you can book a walking tour, get information or watch a documentary about the history and passion of Manitoba's Francophone community. Visit the **La maison des artistes visuels francophones**—the only French-run gallery in western Canada.

Next, check out le **Musée de Saint Boniface Museum**, the oldest building in Manitoba. Built more than 170 years ago, the building was originally a convent. Today, it is full of Francophone history and art,

including a permanent exhibit on Louis Riel, the founder of Manitoba. A block away is the **Saint Boniface Cathedral**. The current church was built in 1971 after a fire burned the majority of the previous church. The old facade from 1894 still stands tall in front of the modern building, making for stunning photographs. Louis Riel's tombstone sits in the cemetery in front of the cathedral, where a plaque informs visitors about his life and legacy.

Another St. Boniface treasure is **Fort Gibraltar**. This replica of a 19th century North West Company fur trading fort features costumed interpreters who bring the fur trade period alive. You can also visit **la Maison Gabrielle Roy**, the original home of the renowned Franco-Manitoban author. Her hometown and the house itself are featured throughout much of her work.



### 2 A WALK IN THE PARK & A NIGHT WELL SPENT

A day spent at the **Assiniboine Park Zoo** is an absolute must. The Journey to Churchill exhibit features the Sea Ice Passage, an underwater viewing tunnel to watch swimming polar bears and playful seals. See Arctic fox, caribou and wolves, along with tigers, gibbons and other exotic animals. Check out Aunt Sally's Farm, where colourful bridges give safe passage to goats and kids can play next to the animals. Another playground option in **Assiniboine Park** is the wide

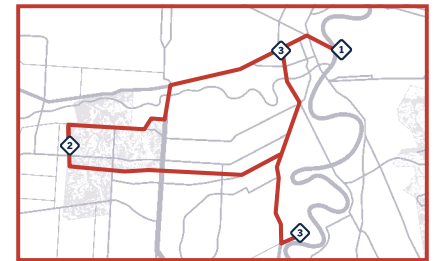


open space in the **Nature Playground** or spend some time in the tranquil **Leo Mol Sculpture Garden**.

Winnipeg boasts a variety of hotel options to suit any need, from trendy boutique hotels in the heart of downtown, to family-friendly hotels with pools and water slides close to your favourite attractions. Many hotels offer special packages, so now is a great time to stay overnight in Winnipeg. (Find unique accommodations at [travelmanitoba.com/stay](http://travelmanitoba.com/stay).)



SCAN THE QR CODE TO OPEN THIS ROAD TRIP MAP ON YOUR PHONE.



### 3 THE ART OF RELAXATION

The **Winnipeg Art Gallery's** iconic downtown building features a modernist design and more than 27,000 works of art. Browse the galleries where local Manitoban and Canadian artists are at the forefront, along with international works representing various cultures, centuries and mediums. The WAG is also home to one of the most sought-out gift shops in the city.

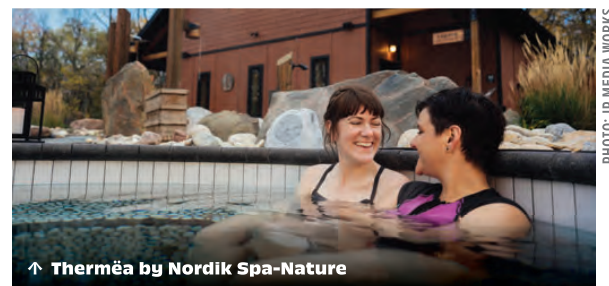
Be sure to spend some time at **Qaumajuq**, the Winnipeg Art Gallery's stunning Inuit art museum. The architecture was inspired by Canada's northern landscape and it is home to more than 14,000 pieces of Inuit art, many of which are on display in the visible vault. The first of its kind in the world, Qaumajuq offers a space where Inuit voices are front and centre. This accessible gallery combines art and technology to create direct connections to the land, people and culture of the north.

Experience deep relaxation at **Thermëa by Nordik Spa-Nature**—an outdoor oasis set

in a quiet nook of the city. The signature thermal experience is the ultimate way to relax. It follows a hot-cold-rest cycle. The spa can be enjoyed in any season and is a different experience depending on when you go. Steam rises over the dreamy temperate and hot pools, while the cold plunge beckons the brave. Enjoy a variety of saunas and steam rooms. During the rest period, lay down on a slab of hot rock or lean back on a heated seat and be soothed into a slumber with the aid of relaxing music overhead. Fire pits are located throughout the facility for s'mores roasting and a tasty restaurant onsite where you can eat in your bathrobe! Feel the sand between your toes on the new forest beach where you can lounge in a cushioned chair or hammock.



SCAN THIS QR CODE FOR MORE ROAD TRIP IDEAS.



# Sandy Hook Soap Factory's 'Spring Thaw' photo contest winners



By Patricia Barrett

The family-run Sandy Hook Soap Factory announced the winners of its Truly Awesome Spring Thaw Photo contest.

The competition saw 21 entrants send in their photos and over 300 Facebook members voting on the entries.

"There was an array of spectacular photos covering the unusual conditions from this rather odd spring," said soap factory owners Pat and Ron Nuspl. "Many commented on how difficult it was to judge. Honestly, all of the entrants were winners and deserved kudos for sharing their beautiful depictions of spring in the Interlake."

Pat Payjack's Spring Awakening placed first. Wendy Wortley's Ice Melt Morning took second. Jennifer Muir's Muddy Buddies earned third place.

The Sandy Hook Soap Factory and the Little Red Veggie Stand on #8 awarded the winners gift certificates for \$100, \$65 and \$35, first, second and third places respectively.

The soap factory previously held a Truly Awesome Snowdrift Photo Contest (see May 5 edition of the *Express Weekly News* online).

EXPRESS PHOTOS COURTESY OF PAT NUSPL

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**THE EXPRESS**  
WEEKLY NEWS



# Downpour takes out chunk of PR 222 near Camp Morton

**Staff**

Part of Provincial Road 222 was closed at Road 114 after heavy rainfall on May 31 caused a collapse and made the road impassable to traffic. Transportation and Infrastructure Minister Doyle Piwniuk and Agriculture Minister Derek Johnson visited the washout but gave no timeline as to when the highway will be repaired.

The provincial government also closed part of the campground at Camp Morton Provincial Park until June 9, according to a June 1 news release, as well as the Winnipeg Beach boat launch, and says beaches on Lake Winnipeg and Lake Manitoba were left with "significant amounts of debris."



EXPRESS PHOTOS BY MATTHIEU MEIER

Heavy rains caused a washout at PR 222 and Road 114, just before the Aurora Recovery Centre last week.

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### 4 annuals that will add height to your flowerbeds

Annuals often feature abundant blooms that are positively eye-catching. While it's relatively easy to find low, medium-sized flowers, it can be difficult to get your hands on large, majestic ones. Here are four annuals that stand tall and proud.

**1. Dahlia.** Some varieties of this beautiful flower can grow up to two metres in height. However, it's best to stick to a single colour and find a type that doesn't grow taller than one-and-a-half metres.

**2. Cosmos.** This thin and delicate flower is available in beautiful pastels like white and pink. It'll wow your neighbours and attract butterflies and birds to your yard.

**3. Cleome.** This beautiful ball-shaped flower is often overlooked at greenhouses and nurseries because it rarely blooms at the start of spring. Give it a chance — you won't regret it.



**4. Canna.** This bulbous plant tends to bloom late in the season. Therefore, it's best to plant it indoors four to six weeks before the last frost. Better yet, you can buy dwarf varieties that fill out quickly.

Horticulturists and landscapers generally recommend limiting yourself to two or three colours and three or four species to maximize their visual impact.



# Gimli set to host Pride weekend, June 10-12

By Patricia Barrett

Gimli will be hosting its second Pride event this weekend to raise awareness about the importance of inclusiveness, provide opportunities to learn more about gender identity and expression, and celebrate diversity in the community.

The Pride Gimli Committee is organizing a number of activities including a Pride walk, the lighting of the Viking statue in Pride colours, an art exhibit and various entertainers.

The opening ceremonies kick off at 6 p.m. on Friday at the Gimli Harbour stage. The Viking statue will be lit up at 10 p.m. On Saturday, an art exhibition at the New Iceland Heritage Museum titled "Divine" will showcase Interlake artist Anthony Nelson's work. A film screening of *Willowhood* will also be held at the museum at 2 p.m. On Sunday, a Pride Walk Rally will start at 1 p.m. at the Gimli Harbour stage followed by coffee house entertainment from 2 to 4 p.m. at the Lakeview Resort.

The Ship & Plough Tavern on Centre Street, which is taking part in the celebratory weekend, will be hosting Pride Happy Hours featuring local musicians. On Friday, Ray Moss from Ponemah will be playing popular tunes on the piano from 4 to 6 p.m. On Saturday, Jan Smith from Sandy Hook will perform rock covers from 4 to 6 p.m.

The pub will also be hosting New York City drag queen and activist Marti Gould Cummings, who will performing their cabaret act on June 11. Trans comedian Veronica Gingles from Winnipeg will be headlining a Queer Comedy Night on June 12.

Gimli held its first Pride celebration in 2019. The event was postponed in 2020 and 2021 when COVID-19 public health restrictions were in effect.

Anyone who's interested in volunteering for Pride Gimli can email [gimlipride@gmail.com](mailto:gimlipride@gmail.com) Visit Pride Gimli on Instagram and Facebook.

Pride Weekend

# PRIDE GIMLI

June 10-12 — 2022

**Friday June 10**

- 4:00-6:00 Pride Happy Hour with Ray Moss – Ship & Plough Tavern
- 6:00 Opening Ceremonies – Gimli Harbour Stage
- 7:00 Art Exhibition Opening – "Divine" by Anthony Nelson – New Iceland Heritage Museum
- 8:00 Drag Show featuring Marti Gould Cummings – Ship & Plough Tavern
- 10:00 Lighting the Viking Statue– Viking Park

**Saturday June 11**

- 10:00-4:00 Art Exhibition "Divine" by Anthony Nelson – New Iceland Heritage Museum
- 2:00 Willowhood- film screening sponsored by Gimli Film Festival – New Iceland Heritage Museum
- 4:00-6:00 Pride Happy Hour – with Jan Smith – Ship & Plough Tavern
- 8:00 Drag Show feat. Marti Gould Cummings – Ship & Plough Tavern

**Sunday June 12**

- 10:00-4:00 Art Exhibition "Divine" by Anthony Nelson – New Iceland Heritage Museum
- 1:00 Pride Walk Rally – Starting at Gimli Harbour Stage
- 2:00-4:00 Coffee House Entertainment – Lakeview Resort Gimli, The Pier Lounge
- 7:00 Queer Comedy Night – Trans Comedian Veronica Gingles – Ship & Plough Tavern

More Info:

Gimli Pride [facebook.com/gimlipride](#)

pridegimli [pridegimli](#)

# Buck on the run



EXPRESS PHOTO BY MATTHIEU MEIER

This young buck was struggling to find a safe place to dodge into the forest. Flooding negatively affects the life of human beings, and it continues to pose a challenge for wildlife who are in search of food, safety or a place to have their young. Flood waters cover many dens and nests, forcing the wildlife inhabitants out. Most animals tend to migrate temporarily and return to their homes after; however, some animals get caught in the overflowing waters and drown.

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– Jocelyne Fournier,  
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<p><b>CERTIFIED 2018 Kia Forte FWD LX+ Sedan 6-Speed Automatic w/OD</b></p> <p style="text-align: right; color: yellow; font-weight: bold;">SAVE \$4,500</p> <p>A70139 WAS \$27,498 <b>Gauthier PRICE \$22,998</b></p>	<p><b>CERTIFIED 2021 Toyota Corolla FWD LE Sedan 1-Speed CVT w/OD</b></p> <p style="text-align: right; color: yellow; font-weight: bold;">GREAT ON FUEL</p> <p>A70158 WAS \$34,588 <b>Gauthier PRICE \$31,998</b></p>
<p><b>CERTIFIED 2022 Honda Civic Sedan FWD EX Sedan 1-Speed CVT w/OD</b></p> <p style="text-align: right; color: yellow; font-weight: bold;">SAVE \$3,502</p> <p>A70094 WAS \$37,000 <b>Gauthier PRICE \$33,498</b></p>	<p><b>CERTIFIED 2018 Honda Ridgeline AWD EX-L Crew Cab Pickup 6-Speed Automatic w/OD</b></p> <p style="text-align: right; color: yellow; font-weight: bold;">SAVE \$3,590</p> <p>A60856 WAS \$46,588 <b>Gauthier PRICE \$42,998</b></p>

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# Timberline Farms celebrating Turkey Lovers Month

## June is Turkey Month, support local farms

By Autumn Fehr

Turkeys are more like people than many would think.

When you open the door of a turkey barn at any time of day, you are met with thousands of turkey heads popping up to look at you.

Then the turkeys usually come running towards you from the far end of the barn, greeting and welcoming you into their space — excited to see you.

And if you make any noise, they will respond like they are answering back.

Quentin Wiebe, owner of Timberline Farms Inc., looks forward to that greeting every day as part of his work as a turkey farmer.

"When you walk into a barn, it's like you have 7, 8, 10 thousand friends happy to see you," said Wiebe.

For 27 years, Wiebe and his wife Theresa Wiebe have been looking after the turkeys on their farm in Gunton.

"My wife is an integral part of the farming process. It's very much a team effort," he said.

Wiebe starts his typical day at seven in the morning with his daily tasks to upkeep the farm, starting with a walk-through of all the barns.

"You wake up in the morning and immediately your mind goes to the birds and what's happening in the barn," said Wiebe.

As a turkey farmer, checking on your birds is an integral part of your day and is done multiple times a day to ensure all is well with the turkeys.

"I think most farmers would feel this way; when the birds are doing well, then life is good," Wiebe.

Checking on the birds is both the first and the last thing done in a turkey farmer's daily routine.

"That's always the first thing to make sure all is well in the barn," said Wiebe.

Other daily duties include giving the birds food and water and ensuring all equipment is working.

Depending on the bird's age, they may require some extra attention. When the birds are young, some more manual labour is involved, like filling the feeders by hand.

"You have to babysit the young ones," said Wiebe.

Wiebe says they are always getting ready for the next flock of turkeys.

Timberline Farms could have up to four different flocks at a time.

The farm raises four different flocks at a time, raising seven flocks a year.

Timberline Farms ships their turkeys through Exceldor Cooperative, located in Blumenort, formerly known as Granny's Poultry, which is the only turkey processor in Manitoba.

"Exceldor's process is all very highly controlled and very closely monitored," said Wiebe.

**"I THINK MOST FARMERS WOULD FEEL THIS WAY; WHEN THE BIRDS ARE DOING WELL, THEN LIFE IS GOOD."**



An aerial view of Timberline Farms.



EXPRESS PHOTOS SUBMITTED

The day in the life of turkey farmer Quentin Wiebe at Timberline Farms Inc. in Gunton. June is Turkey Lovers Month.



Wiebe's turkeys have access to fresh air.



Turkeys are curious and will come up to greet you.

Timberline Farms Inc. turkeys that the farm prepares are Butterball turkeys — turkeys raised without antibiotics that are fed a mixed natural grain diet of soybeans, grains and other vitamins and minerals.

Once they ship a flock of turkeys, the work of hauling out the manure and cleaning and disinfecting the barn happens in preparation for their next incoming flock.

Wiebe says they receive the first flock around mid to end of February and the last flock of the year between mid to end of November. The flocks vary in size. The smallest they receive is 7,000 birds, and the largest is 10,000 birds.

This means that from December to January and most of February, the barns are empty, but Wiebe says during this time there is a lot of maintenance, cleaning, upgrades of equip-

ment and disinfecting equipment that needs to be done.

"Life is a little bit easier. There's still a lot of work, but it's just not so pressing," said Wiebe.

The farm's busiest season is spring and fall, between shipping and receiving birds. During the summer, the farm is steady with added yard work to get done on the land.

Although his work is busy and at times pressing, Wiebe loves the lifestyle, especially the ease of having his work in his own backyard and the flexibility of being his boss.

"It's very rewarding when all the birds are doing well and happy. It can be a lot of fun," said Wiebe.

Not only does turkey taste good, but

## > TURKEY, FROM PG. 20

it reaps many health benefits.

Turkey is the leanest meat — whether it's white meat or dark meat. It is packed with high-quality protein that energizes your body with a boost of iron, strengthens your immune system with zinc, and provides potassium, which is healthy for the heart.

These are only some of the many benefits of eating turkey in your diet.

When using turkey as part of a meal, there are many options of how to use it, whether you bake the whole bird, use parts of it in a soup or sandwich, barbecue or smoke it.

"I think a lot of people when they think turkey, they think we have to make this whole bird. A lot of people don't even know what to do with those leftovers. There are so many options — sandwiches, soup, curry turkey," said Wiebe.

Like any poultry, it is important to cook turkey to the right temperature. Whole turkey and roasts are cooked when a meat thermometer reads 170°F (77°C) for unstuffed turkey or 180°F (82°C) for turkey stuffed with a dressing. Turkey cuts such as breasts,

thighs, drumsticks and wings are cooked when it registers 165°F (74°C). Always insert your thermometer into the thickest part of the meat, away from any bones.

To ensure proper handling, those preparing a turkey can follow the set guidelines listed on the Manitoba Turkey Producers website [turkey.mb.ca](http://turkey.mb.ca), such as properly handling, cooking and defrosting a turkey.

The Manitoba Turkey Producers website also has turkey recipes for ideas on what to make the next time you cook a turkey, whether using the whole bird or the leftovers after a big dinner with friends and family.

After 27 years of running a turkey farm, it becomes a lifestyle and a routine way to make a living.

Wiebe says that since he has been taking care of turkeys for so many years, when he is walking through the barn, he can tell just by the way they sound and even by the way they stand if there is a potential problem, if they are happy or not and if they are comfortable.

"Bottom line, it's a fun way to make



Turkeys are fed a mixed, natural grain diet of soybeans, grains, and other vitamins and minerals, for healthy growth and development.

a living," said Wiebe.

This month, support turkey farmers like Wiebe by enjoying some turkey. Some great options are a whole turkey, turkey roast, turkey cuts, like

a breast, thigh or a couple of drumsticks, ground turkey or something quick and easy like frozen turkey burgers, sausages, ham or franks.

# sports&recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Riverton competes at golf provincials



EXPRESS PHOTO SUBMITTED

Riverton Collegiate competed at the Manitoba High Schools Athletic Association Golf Provincials in Morden on May 27. Riverton Collegiate was the MHSAA Zone 5 golf winners for both the boys' team and the girls' team. The boys' team qualified with their low scores and one of the four girls' team members qualified with her low score. Pictured left to right: Sheldon, Ostyn, Brody, Tytan and Svea.

# JUNE IS TURKEY MONTH

Get Grilling Manitoba-Raised Turkey this Summer!



## Turkey Steaks with Chimichurri

- 1 Turkey Roast, frozen
- 1 shallot, finely chopped
- 1/2 tsp | 2.5 ml fresh parsley, finely chopped
- 1/2 tsp | 2.5 ml fresh cilantro, finely chopped
- 1/4 tsp | 1.25 ml fresh mint, finely chopped
- 1 tbsp | 15 ml oregano
- 1/4 cup | 60 ml red wine vinegar
- 1/4 cup | 60 ml olive oil
- 3 garlic cloves, finely minced

Preheat oven or bbq to 325°F (160°C). Cook turkey roast for 2.5 hours, remove and rest for 10 minutes. Slice into 1" (2.5 cm) steaks. Preheat bbq to med-high (375°F | 190°C). Grill steaks for 4-5 minutes per side to achieve golden brown grill marks, set aside. While the turkey steaks rest, combine all other ingredients into a mixing bowl. Season with salt and pepper to taste. Spoon onto steaks and serve with grilled potatoes and salad.



More BBQ Turkey Recipes at:  
[turkey.mb.ca](http://turkey.mb.ca)

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Interlake Blue Jays drop doubleheader

Staff

The Interlake Blue Jays are still searching for their first victory of the Manitoba Junior Baseball League season.

Interlake was swept by the Altona Bisons in a home doubleheader last Sunday in Stonewall, losing 9-3 and 11-4.

The Blue Jays are now 0-6 and in last place in the eight-team league, 4.5 games back of first-place Altona.

Interlake posted an 0-4 record in May, losing to Altona (6-2), the Pembina Valley Orioles (13-7 and 10-3) and the St. Boniface Legionnaires (14-2).

The Blue Jays will visit the Elmwood Giants on Wednesday (7 p.m.) and Pembina Valley on Sunday (1 p.m. and 4 p.m.).

Meanwhile, the Stonewall Blue Jays are 1-0 in the Winnipeg Senior Baseball League after a 7-1 win over the W Winnipeg A's on May 24.

Stonewall played the South Winnipeg Longhorns this past Monday and



Blue Jays' left-hander Landon Irvine delivers a pitch against the Bisons.



EXPRESS PHOTOS BY LANA MEIER

The Interlake Blue Jays' Keenan Allen gets the force out against the Altona Bisons in Manitoba Junior Baseball League action last Sunday in Stonewall.

the Elmwood Giants on Tuesday but no scores were available.

The Blue Jays will host the A's on Thursday (7:30 p.m.) at Quarry Park.

## Impact 2-0 to start MMSL season

Staff

The Interlake Impact is off to a great start to their Manitoba Major Soccer League's 4th Division season.

Interlake started its season with a 4-0 shutout over Iconic FC on May 15.

Impact goals were scored by Regan Kornelsen, Dalen Penner, Everett Fast and Kyle Reenders.

On May 23, Interlake pounded Ku-

came U24 5-1.

Fast led the winners with three goals while Brian Penner and Benny Weins tallied.

Ayomide Tawoju replied for Kucame.

Interlake will play the Dirty Garrys on Wednesday (7:30 p.m.) at the Buhler Recreation Park.

## Lightning players selected in MJHL draft

Staff

The Interlake Lightning had two players selected in the Manitoba Junior Hockey League draft last Saturday.

St. Laurent forward Ian Buors was selected in the fourth round, 52nd

overall, by the Waywayseecappo Wolverines.

Stonewall forward Hayden Kaczorowski was picked by the Portage Terriers in the seventh round, 90th overall.

## Lightning players earn scholarship



EXPRESS PHOTO SUBMITTED

Interlake Lightning U18 AAA hockey players Brooke Wadge and Emerson McAuley each received a \$500 Teammates for Life scholarship that was founded by Allan Edie and Ferdie Nelissen.

# get inspired

> MEAL IDEAS



## Endless Summer Grass-Fed Lamb Burgers

2 tablespoons lemon juice  
1 teaspoon lemon zest  
2 teaspoons olive oil  
To make burgers: Gently divide lamb into four equal parts and shape into rounds slightly larger than buns. Cover and refrigerate at least 1 hour.

To make spread: In small bowl, mix yogurt, garlic, mayonnaise and mustard; refrigerate until ready to assemble burgers.

To make salad: In medium bowl, mix cucumber, onions, parsley, mint leaves, dill, micro greens, lemon juice, lemon zest and olive oil; refrigerate until ready to assemble burgers.

Preheat grill to medium-high heat, creating hot and cool zones. Salt patties then grill about 6 minutes on each side until internal temperature reaches 150 F. As patties near 150 F or start to brown, move to cool zone to regulate doneness. Transfer to plate and let rest about 5 minutes.

To assemble burgers, add dollop of spread to bottom buns. Top each with one tomato slice, one lamb burger, salad and top bun.

Prep time: 1 hour, 20 minutes  
Cook time: 1 hour  
Servings: 4  
Burgers:  
1 1/2 pounds Atkins Ranch grass-fed Ground Lamb  
1/4 teaspoon kosher salt  
4 brioche buns  
1 medium tomato, sliced into rounds  
Spread:  
2/3 cup full-fat Greek yogurt  
1 clove garlic, grated  
1/3 cup mayonnaise  
1 tablespoon Dijon mustard  
Salad:  
1 small English cucumber, thinly sliced  
2 green onions, thinly sliced into rounds  
2 tablespoons flat leaf parsley, chopped  
2 tablespoons fresh mint leaves, chopped  
1 tablespoon fresh dill, chopped  
1/4 cup micro greens



## Grass-Fed Lamb Meatball and Veggie Skewers with Herb Sauce

1 lemon, juice only  
2 cloves garlic  
1/4 cup extra-virgin olive oil  
Italian bread, grilled

To make lamb meatballs: Soak wooden skewers in water 10 minutes. In large bowl, break apart ground lamb then add whisked eggs and breadcrumbs. In small saute pan, add olive oil and saute yellow onion and garlic with coriander seeds, red pepper flakes, salt and pepper, to taste, about 5 minutes until onion is translucent and spices are fragrant. Add to bowl with lamb. Mix until combined and form into roughly 1 1/2-ounce balls.

To make veggies: Cut onion and bell peppers into 1-inch stacks.

Add ground lamb meatballs to skewers, alternating with peppers and onions. Cover and refrigerate at least 1 hour.

To make herb sauce: In immersion blender, blend parsley, rosemary, capers, lemon juice, garlic and olive oil until smooth. Refrigerate until ready to serve.

Preheat grill to medium-high heat. Grill skewers about 3 minutes on each side, or until meatballs reach internal temperature of 150 F. Rest 5 minutes. Serve with dipping sauce and grilled Italian bread.

Prep time: 1 hour, 30 minutes  
Cook time: 30 minutes  
Yield: 6 skewers  
Lamb Meatballs:  
6 wooden skewers  
1 pound Atkins Ranch grass-fed Ground Lamb  
2 large eggs, whisked  
2/3 cup Italian breadcrumbs  
1 teaspoon olive oil  
1/2 cup yellow onion, finely minced  
1 clove garlic, minced  
1/4 teaspoon coriander seeds, crushed  
1/4 teaspoon red pepper flakes  
1/2 teaspoon kosher salt  
freshly ground black pepper, to taste  
Veggies:  
1 medium red onion  
1 medium green bell pepper  
1 medium red bell pepper  
Herb Sauce:  
1 cup flat leaf parsley leaves  
2 teaspoons fresh rosemary leaves, minced  
2 tablespoons capers



AsktheMoneyLady.ca

Dear Money Lady: One of my friends put all their retirement savings into an annuity and said we should too. What exactly is an Annuity? Janice

Janice, I am often asked about annuities, so let's discuss this strategy that is often recommended as a way to create a lifelong income in retirement. Life annuities are designed for clients who have insufficient savings and/or a very low risk tolerance to investing in the market. There are four main types of annuities: straight life, joint life, term-certain and deferred. We will discuss each one plus some of the added features you can opt for.

Straight life annuities are the simplest. This annuity guarantees a periodic income for life with payments starting immediately minus a premium. Be careful with this one. This annuity does pay the highest amount for life, but when you die the payments stop and there is no payout to the estate. The benefit from this plan is if you live longer than your life expectancy, you will benefit from the funds left in the pool by those who died earlier. One thing I am not a fan of with this product is that the payments are fixed over time and do not compensate for inflation. Because of this you can add an income protection option called an increasing life annuity. The plan will then increase by a defined pre-set percentage each year. You can also choose an indexed annuity (often less expensive) that will increase the payments each year in line with inflation (measured only by the Canadian Consumer Price Index).

Joint life annuities last as long as either partner is alive. There are a couple of options with this one. You can buy an income-reducing annuity which is less costly, whereby the payment from the joint annuity declines when the first spouse dies. There is also an option in this plan to guarantee the payout of the premium if you choose a cash payment provision. When the annuitants die, the difference between the premium and the payout can then be paid to the beneficiaries.

Term-certain annuities are usually the one I prefer. In this annuity, payments are made for a specific period whether or not the annuitant dies. If you are using funds from your RRSP/RRIF in a term-certain annuity, payments usually only last until age 90. You can manipulate your term from 3 to 40 years and most are highly flexible. A cashable option is only available with this type of annuity since the convertible value can be easily calculated at any time. If needed, you could cash in your plan in the event of a serious medical condition or financial emergency.

The last type of annuity is called a deferred annuity and often purchased long before the income from the product is required in retirement. With this plan clients can take advantage of a slightly higher



Christine Ibbotson

rate of interest by purchasing the annuity years earlier than actually required. You will be encouraged to pay a higher premium during the deferral period, allowing interest to accumulate in the product and therefore increasing the overall value at the agreed upon conversion date when it switches to a paying annuity. With this product, it is best to opt for a return of premium guarantee in the event that you die prematurely before the payments start. One thing to remember with this one: interest earned during the accumulation phase is taxable, so it is best to fund this product with your registered investments.

All annuities are insurance products and vary widely based on the provider. Some insurance companies offer variable pay annuities which can be linked in part to the return of a specified stock market index. These plans offer something for everyone. Clients can choose an index tailored to specific profiles, such as conservative, moderate, growth or aggressive. Depending on the insurance provider, you may even be able to choose a combination of indexes with variable payments. Basically, a person chooses an annuity product because they don't want to be concerned with the ups and downs of the stock market, and they want a "set-it and leave-it" strategy with a guaranteed monthly income for life. Now before you all run out to purchase an annuity, let me just go over some of the disadvantages. Most annuities cannot be cashed or altered after income payments have commenced. Payments often cannot be adjusted to reflect changing needs, and the funds cannot be accessed in an emergency. Remember, you are giving up ownership of your investments and control of your capital to the annuity. It cannot ever be used as a loan guarantee or reassigned. Annuities are great to help diversify a retirement portfolio, but it is always a good idea to use them with other investments that offer more flexibility, such as RRIFs and TFSAs.

Good Luck & Best Wishes,  
ATML - Christine Ibbotson

Written by Christine Ibbotson, National Radio Host and Author of 3 finance books plus the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" [www.askthemoneylady.ca](http://www.askthemoneylady.ca) or send a question to [info@askthemoneylady.ca](mailto:info@askthemoneylady.ca)

## Employment Opportunity

In cooperation with the Interlake-Eastern Regional Health Authority and the Manitoba Métis Federation, the following summer student positions are available:

**Student Dietary Aides: Various Locations in the IERHA**

- Must be Metis, Non-Status or Inuit.
- Must be students between the ages of 16-29

Please see: <https://selfservice.ierha.ca/> and search under: "Support Services" and scroll to find: **Student Dietary Aide** for the complete job postings. (Competition numbers: **MMF 1157/22 and MMF 1158/22**)

Please apply on-line at

<https://selfservice.ierha.ca/> under the competition you are interested in with resume attached. Deadline for submissions is Thursday June 9, 2022 at 11:59 pm.



Interlake-Eastern  
Regional Health Authority



Rural Municipality of  
**FISHER**

Box 280, Fisher Branch, MB, R0C 0Z0  
Tel: 204-372-6393, Fax: 204-372-8470

## PROPERTY REASSESSMENT 2023

**OPEN HOUSE WILL BE HELD ON  
JUNE 22, 2022  
RM OF FISHER OFFICE  
3 P.M.-8 P.M.**

**THIS IS AN OPPORTUNITY TO  
SPEAK WITH AN ASSESSOR  
REGARDING THE REASSESSMENT  
OF YOUR PROPERTY**



**GIMLI**  
**Home**  
hardware

## Help Wanted Full - Part Time Positions

Cashier, cash out & closing procedures and deposits, customer service, stock shelves willing to work weekdays and weekends (typically, every 2nd weekend)

Able to work independently and as a team

**\*\*Must have a valid driver's license\*\***

**What we offer:**

Health/Dental Benefits  
Friendly work environment

**Please drop off resume in person to:  
Roger or Barb  
75 Centre St. Gimli, MB**

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### SCRAP METAL

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Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

### CAMPERS/TRAILERS

2006 Forest River, Wildwood LA, low miles, tow hitch. Sleeps 6. 1 slide out. Fridge, stove, microwave, shower, toilet, awning. Works on hydro or propane. Asking \$18,000. For more info call Bob at 204-642-2787.

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### PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

**EXPRESS**  
WEEKLY NEWS  
204-467-5836

### APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

Brand New, 2-3 bedroom apartments for rent in Winnipeg Beach. Granite countertops, stainless steel appliances. Starting at \$1,250/mo, utilities extra. Contact 204-612-4650.

### GARAGE SALE

MULTI FAMILY: Admirals Drive and Bucaneers Cove, Silver Harbour, Arnes, Manitoba. (Signs will be posted). Saturday, June 18th from 9-3 p.m. & Sunday, June 19th from 9-3 p.m.

### COMPUTER PROBLEMS

Computer problems - call Darrell in Gimli. Rates starting at \$47.50 residential or \$57.50 business, plus mileage outside of Gimli. Phone 204-641-2910.

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WEEKLY NEWS

204-467-5836

## SUMMER EMPLOYMENT

### Child Care Assistant

Required for  
**ARBORG PLAY GROUP INC.**

Join our fun-loving creative staff in an energetic respectful work environment; share the joy with infant & preschool children as they learn through play & exploring the world around them, have fun working in the outdoors - walking field trips/excursions.  
Monday to Friday 40 hrs./wk.  
8:30 AM - 4:30 PM July 4/22 - August 26/22

**Duties:** Assist ECEs in the care and guidance of children ages 9 months to 8 years of age. Assist ECEs in leading children in a variety of activities i.e., arts & crafts, music, reading, songs, games and outdoor play, to stimulate and develop their intellectual, physical and emotional growth.

**Qualifications:** Must have grade 12, first aid & CPR training, be 18 yrs. of age, must enjoy working with children, possess initiative/motivation, flexibility and be enthusiastic, child abuse registry check and criminal record check required.

Please submit resume to:

Arborg Play Group Inc. Box 805, Arborg, MB R0C 0A0  
or email: [hloweapg@mymts.net](mailto:hloweapg@mymts.net)

For more information, please contact Heather Lowe 204-376-5109



## RURAL MUNICIPALITY OF GIMLI INVITATION TO TENDER

The Rural Municipality of Gimli is accepting tenders for street repairs  
Please visit [gimli.ca](http://gimli.ca) for the scope of work / tender documents

Sealed submissions clearly marked "Street Repair Tender, submitted by \_\_\_\_" will be received by the undersigned at the address below until **Noon, June 16, 2022**. Late submissions will not be accepted.

**Completed tenders must be submitted by Noon on June 16, 2022 to:**  
Rural Municipality of Gimli  
PO Box 1246, 62 2nd Avenue  
Gimli, MB R0C 1B0  
Attention: Kelly Cosgrove, CAO

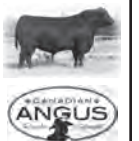
**Questions or concerns in respect to the tender can be directed to:**  
Karl Bergman  
Public Works Foreman  
Phone: (204) 642-6688  
Email: [publicworks@rmgimli.com](mailto:publicworks@rmgimli.com)

*The RM of Gimli reserves the right to reject any or all bids, to waive irregularities and informalities therein, and to award the tender in the best interest of the RM of Gimli in its sole discretion. Lowest bid may not be accepted. Council may consider a 10% price variance for local bidders. Contractors must comply with Municipal requirements for liability insurance, WCB coverage and business licencing to be eligible to be awarded the contract.*

## Bulls For Sale

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**F Bar & Associates Angus  
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*Red and Black bulls and open heifers.*

Excellent genetics,  
quiet easy-handling stock.

Contact Allen or Marilyn Staheli,  
204-447-0737 or 204-448-2124,  
Eddystone, MB, or  
email to: [amstaheli@inethome.ca](mailto:amstaheli@inethome.ca)

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*Giesbrecht & Sons*

### FULL TIME LUBE TECHNICIAN

required immediately to perform  
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Individual must be hardworking and reliable, with tools required to complete required services. Competitive wages and insurance plan available.

Please contact Ed Wiens at  
204-642-5132 or  
[edwiens@giesbrechtandsons.ca](mailto:edwiens@giesbrechtandsons.ca)



# Classifieds



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## HELP WANTED

Teulon Day Care is looking for 2 summer grant staff. These positions will commence July 4th for 8 weeks. Must be between 18-30 years of age. We are also looking for casual substitute positions to cover staff vacation. Hours available immediately. Please submit resume with cover letter to [teaulo.ndc@mymts.net](mailto:teaulo.ndc@mymts.net)

## WATER TREATMENT

Water softeners. All sizes. 5 stage reverse osmosis systems, \$268. E-coli ultraviolet systems. Greensand iron/odour/manganese removal filters. 10" & 20" Polyspun. String wound. Carbon replacement water filters. Delivery avail. All Seasons Furnishings 204-661-8581.

## LAKESIDE FLIGHT SCHOOL

Want to learn how to fly? Recreational Pilot Program is the best way to get started, must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger; can easily add float rating to permit. Lakeside Flight School 204-642-4799.

## WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

## NOTICE TO CREDITORS

IN THE MATTER OF The Estate of **Myra Joan Marie Allard**, late of the Rural Municipality of St. Laurent, in the Province of Manitoba, Deceased.

All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their office, 231 Saskatchewan Avenue East, Box 157, Portage la Prairie, Manitoba, R1N 3B2, on or before July 11, 2022, after which date the estate will be distributed having regard only to claims of which the Administrator has notice.

DATED at the City of Portage la Prairie, in the Province of Manitoba, this 1st day of June, 2022.

Greenberg & Greenberg  
Solicitors for the Administrator

## SUMMER EMPLOYMENT OPPORTUNITY

Riverdale Place Workshop Inc. requires a **SUMMER STUDENT** to assist in the recycling department. Help to sort and bale the recycling products. Also to cut the yard site grass and minor ground maintenance. Criminal record required. Hours 9:00a.m. to 4:00p.m. Position to start July 4 to August 26, 2022. **Please send resume to Alex Janower Manager** Riverdale Place Workshop Inc. Box 609 Arborg MB. ROC OAO Tele- 1-204-376-5584 Fax- 1-204-376-5584 email [riverdalew@mymts.net](mailto:riverdalew@mymts.net)



## REAL ESTATE EIGHT QUARTERS & BUILDINGS NEAR ASHERN, MB BID ONLINE UNTIL FRI., JUNE 24 - 1PM(CST)

Call Ron for Viewing & Details at 306-537-7406 or (306)271-1505. Seven Quarters with Buildings, One Quarter separate with House near Ashern, MB. This is a retirement auction for Garnet & Susan Lanz. Sale includes Seven Quarters close together; One of the Seven Quarters sells with the yard site. Separated is the Eighth Quarter with House. Lot 1602: RM of Westinter Lake (NW-20-25-7W) Home Quarter w/Buildings Lot 1603: RM of Grahamdale (NE-7-27-7W) w/House (171 Acres) Lot 1604: RM of Westinter Lake - NE-19-25-7W (160 Acres) Lot 1605: RM of Westinter Lake - SE-19-25-7W (160 Acres) Lot 1606: RM of Westinter Lake - NW-18-25-7W (160 Acres) Lot 1607: RM of Westinter Lake - NE-18-25-7W (160 Acres) Lot 1608: RM of Westinter Lake - NE-20-25-7W (160 Acres) Lot 1609: RM of Westinter Lake - SW-20-25-7W (160 Acres)

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Rural Municipality of  
**FISHER**

Box 280, Fisher Branch, MB, R0C 0Z0  
Tel: 204-372-6393, Fax: 204-372-8470

## UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representation from any persons who wish to make them in respect to the following matter:

### APPLICATION FOR CONDITIONAL USE under the RURAL MUNICIPALITY OF FISHER ZONING BY-LAW 1055/00 AS AMENDED.

HEARING: UKRAINAIN NATIONAL HOME  
33 PROVENCHER STREET,  
FISHER BRANCH, MANITOBA

DATE AND TIME: WEDNESDAY, JULY 6, 2022 AT 10:00 A.M.

APPLICATION: CU2022-01

OWNERS /APPLICANT: TYRONE ABAS  
BOX 421  
HODGSON, MB  
ROC 1N0

PROPOSAL: To allow the establishment of a licenced Cannabis Retail Shop and a Micro Cultivation unit for the purposes of growing and selling Cannabis.

AREA AFFECTED: LOTS 8 AND 9 PLAN 4570P BEING LOTS 40 AND 42 MAIN STREET, HODGSON, MB

FOR INFORMATION Kelly Marykuca,  
CONTACT: Chief Administrative Officer  
Rural Municipality of Fisher  
Phone 204-372-6393

A Copy of the above proposal and supporting material may be inspected at the municipal office during normal office hours, Monday to Friday. Copies may be made and extracts taken therefrom, upon request.

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## CAREER OPPORTUNITY

## VIKING MOTORS GM SERVICE & PARTS ADVISOR

Responsibilities include customer service, scheduling appointments, invoicing, and receiving parts.

Must be able to work independently, be well-organized, and be familiar with data inputting.

Training will be provided.

We offer a full benefits package.

Wages dependent on experience.

Please send resume to:

[boyd@vikingmotors.ca](mailto:boyd@vikingmotors.ca)

or drop off at

Viking Motors

10 Main St. Arborg



## UNDER THE AUTHORITY OF THE PLANNING ACT

## NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any persons who wish to make them in respect to the following matter:

### APPROVAL OF A REVISED DEVELOPMENT PLAN FOR THE RURAL MUNICIPALITY OF GRAHAMDALE - BY-LAW NO. 1055-2022 and REPEAL OF RURAL MUNICIPALITY OF GRAHAMDALE DEVELOPMENT PLAN- BY-LAW NO. 936-2005

LOCATION: R.M. of Grahamdale Council Chambers  
23 Government Road,  
Moosehorn, MB ROC 2E0

DATE & TIME: Wednesday, June 22, 2022 at 7:00 p.m.

GENERAL INTENT: To adopt a new Development Plan for the Rural Municipality of Grahamdale to manage land use and development as per Section 45 of The Planning Act.

AREA AFFECTED: The Development Plan applies to all lands within the Rural Municipality of Grahamdale.

DOCUMENTS: The Development Plan and all associated maps are available on the R.M. of Grahamdale's website at [www.grahamdale.ca](http://www.grahamdale.ca). Copies can be made at the R.M. of Grahamdale Municipal Office and extracts taken by request during normal office hours.

### FOR INFORMATION

CONTACT: Shelly Schwitek, Chief Administrative Officer  
Rural Municipality of Grahamdale  
Box 160, 23 Government Road,  
Moosehorn, MB ROC 2E0  
Phone: 204-768-2858  
Email: [rm606@grahamdale.ca](mailto:rm606@grahamdale.ca)

Due to COVID-19, all applicable Manitoba Public Orders must be complied with.

To participate via phone or videoconferencing, please contact the R.M. of Grahamdale Municipal Office at least 24 hours prior to the beginning of the hearing.

# Classifieds



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## NOTICES

**URGENT PRESS RELEASES**  
- Have a newsworthy item to announce? Having a spring/summer event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See [www.mcna.com](http://www.mcna.com) under the "Types of Advertising" tab for more details.

## NOTICES

**INTERNET ADVERTISING NOT WORKING?** Advertise in the 32 Weekly Manitoba Community Newspapers to get your messaging out now and be seen all over the province! Hiring? Selling something? Have an on-line store? Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. [www.mcna.com](http://www.mcna.com)

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@mymts.net](mailto:stonewoodelkranch@mymts.net)

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## LIVESTOCK

For sale - Yearling Angus bull, near Inwood, asking \$2000. Call 204-278-3669.

## LIVESTOCK

Cattle shelters to be moved or taken apart, 1 - 66' x 21' for \$6000; and 1 - 47' x 18' for \$3000 or both for \$8000. Ph 204-799-2396.

## SEED FOR SALE

Certified #1 Algonquin alfalfa. Ph Carla Shergold 204-372-6490.



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**PART TIME Class 1 Driver needed**

16 foot wide loads  
\$30.00 hourly  
Send Resume to  
[jake@nrwbins.com](mailto:jake@nrwbins.com)



## RURAL MUNICIPALITY OF GIMLI PUBLIC NOTICE OF VOTERS LIST / VOTING AS A NON-RESIDENT VOTER/ and PERSONAL SECURITY PROTECTION

In accordance with Section 36 of The *Municipal Councils and School Boards Election Act* (MCSBEA), Notice is hereby given that a copy of the VOTERS LIST shall be revised at:

The Municipal Office at 62 2nd Ave. in the R.M. of Gimli between May 2, 2022 and September 20, 2022 during regular business hours (Monday to Friday 9:00 am to 5:00 pm).

- At this time an Election Official will be available to update the voters list by:
- adding the names of voters who are entitled to have their names on the list;
  - deleting the names of persons who are not entitled to have their names on the list; and
  - making such other correction of errors to the list as required.

### VOTER ELIGIBILITY: Subsection 21(1)

A person is eligible to have his or her name added to the Voters List if he or she is:

- 1) a Canadian citizen and at least 18 years of age on Election Day; and a resident of the local authority for at least six months prior to Election Day, OR a registered owner of land in the municipality for at least six months prior to Election Day.

### VOTING AS A NON-RESIDENT VOTER: Subsection 22(1)

For municipal elections only, non-resident land-owners are eligible to vote in an election. In order to be eligible, the person must be:

- A Canadian citizen;
- At least 18 years of age on Election Day;
- A registered owner of land in the municipality for at least six months on Election Day.

**A maximum of two non-resident property owners, per property, are permitted to vote in a municipal election.** Subsection 22 (2). In order to be included on the Voters List, each of these voters must obtain written consent from a majority of the registered land-owners of the subject property, and file this with the Senior Election Official prior to September 20, 2022. Consent forms can be obtained from the RM of Gimli Municipal Office. When voting, a person may also be required to provide proof of ownership and/or proof of identity.

### APPLICATION FOR PERSONAL SECURITY PROTECTION: Subsection 34 (3)

A voter may apply in writing to the Senior Election Officer (at the address /email/ fax number below) no later than **September 20, 2022** to have his/her name and other personal information omitted or obscured from the Voters List in order to protect the voter's personal security. The application may be submitted in person, by mail/email or fax and must include your name, address and include proof of identity.

**All changes to the voters list must be completed on or before September 20, 2022.**

Dated at; the R.M. of Gimli, in the Province of Manitoba, on April 5, 2022.

The next General Election for the R.M. of Gimli takes place on: October 26, 2022.

Robert J Potter, CMMA  
Senior Election Official (S.E.O.) for the R.M. of Gimli  
P.O. Box 1246  
62 2nd Ave.  
Gimli, MB R0C 1B0  
Phone: 204-642-6650 / 204-461-1664 cell  
Fax: 204-642-6660  
Email: [elections@rmgimli.com](mailto:elections@rmgimli.com)

## NORTHWEST INTERLAKE INTEGRATED WATERSHED MANAGEMENT PLAN PROJECT MANAGEMENT TEAM VOLUNTEER REPRESENTATIVES WANTED

The West Interlake Watershed District (WIWD) is seeking a few more volunteer representatives to be on the Project Management Team for the Northwest Interlake Integrated Watershed Management Plan. If you are a resident within the RM of Grahamdale, RM of West Interlake, Dauphin River First Nation, Little Saskatchewan First Nation, Lake St. Martin First Nation, Pinaymootang First Nation, or the Lake Manitoba First Nation this may be of interest to you.

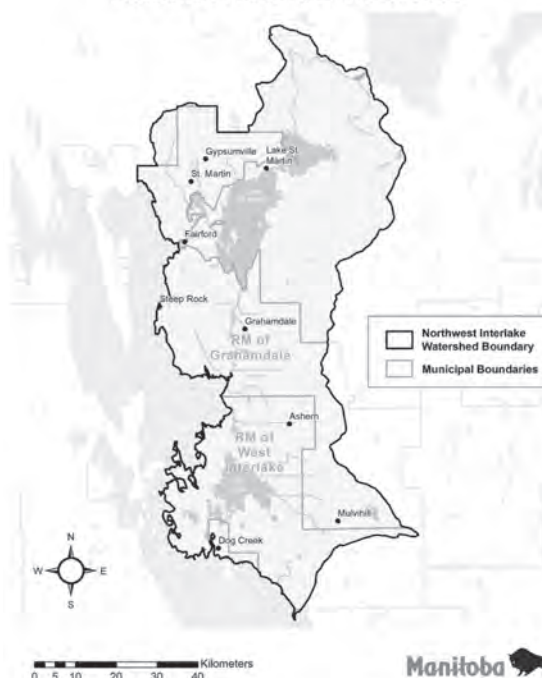


An Integrated Watershed Management Plan or "IWMP" is a long-term action plan to manage land, water and related resources on a watershed basis. IWMPs are developed cooperatively by watershed residents with input from government and stakeholders. Watershed Districts lead the IWMP planning process in Manitoba. Currently there is no IWMP for the Northwest Interlake area.

Completion of the Northwest Interlake IWMP will allow the WIWD to target conservation programming for this area of our district based on the goals and actions set by residents of the watershed. The overall intent is the protection, management, conservation and restoration of water, land and aquatic ecosystems through local action.

Please consider whether you would like to participate in this initiative. If you would like to participate or have any questions, please don't hesitate to contact the WIWD office at 204-762-5850 or email [manager@wiwd.ca](mailto:manager@wiwd.ca).

### Northwest Interlake Watershed



## ANNUAL GENERAL MEETING

**Interlake Cattleman's Co-op Association Ltd. Annual General Meeting Monday June 20, 2022 8:00 P.M.**

**ASHERN AUCTION MART**  
Auditors Financial Report  
Election of Directors  
Manager's Report  
*Dainties and coffee will be served.*

Eddie's Gravel Supply Ltd. is Hiring

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204-389-2023

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[ile@mymts.net](mailto:ile@mymts.net)

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Stonewall, MB

**Online Timed Auctions**  
@ iCollector.com

**Estate & Moving**  
Closes Wed June 15 @ 7:00PM

**Estate & Moving**  
Closes Wed June 22 @ 7:00PM

Consignments Welcome!  
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(204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

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## RURAL MUNICIPALITY OF GIMLI INVITATION TO TENDER

The Rural Municipality of Gimli is accepting tenders for street patching  
Please visit [gimli.ca](http://gimli.ca) for the scope of work / tender documents

Sealed submissions clearly marked "Street Patching Tender, submitted by \_\_\_\_" will be received by the undersigned at the address below until **Noon, June 16, 2022**. Late submissions will not be accepted.

**Completed tenders must be submitted by Noon on June 16, 2022 to:**  
Rural Municipality of Gimli  
PO Box 1246, 62 2nd Avenue  
Gimli, MB R0C 1B0  
Attention: Kelly Cosgrove, CAO

**Questions or concerns in respect to the tender can be directed to:**  
Karl Bergman  
Public Works Foreman  
Phone: (204) 642-6688  
Email: [publicworks@rmgimli.com](mailto:publicworks@rmgimli.com)

*The RM of Gimli reserves the right to reject any or all bids, to waive irregularities and informalities therein, and to award the tender in the best interest of the RM of Gimli in its sole discretion. Lowest bid may not be accepted. Council may consider a 10% price variance for local bidders. Contractors must comply with Municipal requirements for liability insurance, WCB coverage and business licencing to be eligible to be awarded the contract.*

**Meysers Online Farm Auction**  
for Dave & Bev Zaroski  
Portage, MB

Closes June 19, 2022  
Case 1085B Excavator; Allis Chalmers Crawler; 2007 Ford F150 XLT; 4x4; SAFTIED; New Holland Haybine 499; TRACTORS: Case 930; IHC 706; Ford 5000; Case 730-case O matic; 2) 565A Hesston balers; Bale Pro 7000; MF Tandem Disc; NH 851 Baler; Hollander 3PTH Planter; New Holland Haybine 495; 3PTH Montana Backhoe.

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Contact Rick  
204.208.4000  
[ricklussier@gmail.com](mailto:ricklussier@gmail.com)



Rural Municipality of **FISHER**

Box 280, Fisher Branch, MB, R0C 0Z0  
Tel: 204-372-6393, Fax: 204-372-8470

## EMPLOYMENT OPPORTUNITY Utility Operator Weekend Part-time

The Rural Municipality of Fisher invites applications for the position of a Utility Operator.

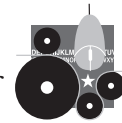
This is a Saturday, Sunday and Statutory Holiday relief position. Duties include taking readings at water plant and completing daily reports. This position requires successful applicant to be on-call each day of scheduled work. Compensation includes on-call and vehicle allowance.

Applications to be received by: 4:00 p.m. June 15, 2022.

For further information regarding this position, please contact the Rural Municipality of Fisher at 204-372-6393.

Kelly Marykuca, Chief Administrative Officer  
Rural Municipality of Fisher  
Box 280 Fisher Branch, Manitoba R0C 0Z0  
[fishercao@mymts.net](mailto:fishercao@mymts.net)  
Tel: 204-372-6393

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## SUDOKU

		8						
		7	1	5				
		1			4		3	
	3		9			5		
1							2	
9			4	3				
			6			4		
		3		2			5	
5			3				1	7

Level: Intermediate

**Fun By The Numbers**

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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|----------------|----------------------|
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| Window decals  | Memo pads            |
| Social tickets | Post cards           |
| Door hangers   | Presentation folders |
| Letterhead     |                      |

Call 204-785-1618

7	1	2	8	4	3	6	9	5
9	5	6	1	2	7	3	8	4
3	8	4	5	9	6	2	1	7
8	7	9	3	1	4	5	2	6
6	2	3	9	8	5	4	7	1
1	4	5	2	7	6	9	3	8
5	3	7	4	9	8	1	6	2
2	9	8	6	5	1	7	4	3
4	9	1	7	3	2	8	5	6

Sudoku Answer



## WE ARE HIRING

### MAINTENANCE TECHNICIAN

Full Time  
Arbog Feed Mill

Please forward your resume to Maple Leaf Foods Human Resources to: [mleafjobs@mapleleaf.com](mailto:mleafjobs@mapleleaf.com)  
[www.mapleleaffoods.com/careers/](http://www.mapleleaffoods.com/careers/)

### Opportunity. Excitement. Teamwork. Respect.

Maple Leaf Foods is committed to ensuring the health and safety of all our employees. As part of this commitment, we have adopted a number of COVID-19 safety measures, including a requirement for all employees to be fully vaccinated and to show proof of vaccination. In keeping with this policy, successful candidates will need to provide proof of vaccination prior to your first day of work. We will of course consider accommodations for anyone unable to be vaccinated following human rights and other applicable laws.

We thank all applicants for their interest in exploring employment opportunities with Maple Leaf Foods however only those selected for an interview will be contacted. Applicants may be subject to a background check and must meet the security criteria designated for the position.

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**DISCOVER THE MANY OPPORTUNITIES THAT AWAIT YOU.**



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## RURAL MUNICIPALITY OF GIMLI PRE-ELECTION ORIENTATION SESSION

Municipal elections will be held on October 26, 2022. If you are interested in running for Council or would like more information on what is involved with becoming Mayor or Councillor, the Municipality will be hosting an information session on **June 23, 2022**. The session will be held upstairs at the Recreation Centre located at 45 Centennial Rd. Gimli starting at 6:30 PM.

The session is expected to last 1.5 to 2 hours and will provide information on many topics including:

- Terminology (Act, By-law, Resolution, etc.)
- Information about the RM of Gimli and how it operates
- Overview of applicable Province of Manitoba legislation
- Roles of Mayor, Council, CAO/Administration
- How Council gives Administration direction
- Committees, meetings and time commitments
- Compensation
- Election financing rules
- Questions?

The presentation will be given by Mr. Ernie Epp of Way To Go Consulting Inc. Mr. Epp has over 35 years experience in local government, and for the past 10 years has been providing a wide variety of consulting services to many municipalities in Manitoba.

Walk-ins are welcome but for planning purposes it would be appreciated if those interested in attending would pre-register by contacting the Municipal Office at 204-642-6650 or at gimli@rmgimli.com



## “Ukrainian Farmers Co-op” ANNUAL MEETING June 28, 2022 7:00pm @ The Ukrainian Hall Directors Wanted!

**Ukrainian Farmers Co-operative Ltd.**

Invites nominations for the position of Director, to be elected by ballot in 2022.

Nominees must meet the qualifications and requirements specified by the Co-op bylaws and all nominations must be submitted in writing no later than 6:00pm, June 27th, 2022.

For details on Director qualifications and nomination forms, please speak with our General Manager, Kyle Yaciuk, at our admin office.

**Ukrainian Farmers  
Co-operative Ltd.,**  
P.O. Box 160, Fisher Branch, Mb,  
R0C-0Z0



## Career Opportunity



Ukrainian Farmers Co-operative Ltd is hiring a Gas Bar Clerk at our location in Fisher Branch, Manitoba.

### Who we are:

Co-op does business differently. As a co-operative, we believe in working together to serve Western Canadians, delivering profits back to our communities and investing in sustainable growth. To learn more about who we are and how you can help bring our brand to life, visit us on Facebook.

### What you'll do:

- Responsible to provide information, assistance, and exceptional customer service to all customers. This includes responding to general inquiries regarding store promotions, bulletins, and updates.
- Service customer's needs in fueling their vehicle, cleaning all windows, and with permission from the customer, check under the hood to monitor the condition or levels of their oil, washer fluid.
- Performs general housekeeping duties to ensure all areas of responsibility are safe, organized, clean, and tidy. This includes but is not limited to, cleaning bathrooms emptying garbage's, sweeping, cleaning spills, shoveling, spraying down the carwash, etc.

### Why it matters:

Our team provides a range of products and services to support our member-owners. Through the work that we do, we help to build, fuel, feed and grow Western Canadian communities together.

### Who you are:

You are looking for a career:

- No specified education necessary.
- No experience necessary.
- You're honest and trustworthy, are results-oriented and strive to be the best in what you do.
- You believe in building relationships and collaborating to deliver solutions that matter most, and you recognize the value that different perspectives bring to meet shared objectives.

Our Team Members receive competitive salaries, a comprehensive benefits package and an employer-contributed pension plan. We encourage our Team Members to take advantage of learning opportunities, to grow and develop and to foster a culture of teamwork and innovation.

At Co-op, we embrace diversity and inclusion, and we're working to create a workplace that is as diverse as the communities we serve. We support and provide an environment that allows all to bring their whole selves to work.

Please note that safety-sensitive positions will require pre-employment alcohol and substance testing.

Apply online by June 17th, 2022 or contact us at Kyle. Yaciuk@ukfarmerscoop.com for more information.

We thank all candidates for their interest; however, only those selected to continue in the recruitment process will be contacted.

LOCALLY INVESTED • COMMUNITY-MINDED • LIFETIME MEMBERSHIP BENEFITS

The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836

## CARD OF THANKS

We would like to thank family and friends for their visits, prayers and gifts of flowers and food after James passing. Thank you to all for attending and helping with James' celebration of life held at the ACF church. Special thanks to Pastor Tom Gerbrandt for officiating the service. We will cherish the memory of that day forever. We would also like to thank all those who donated gifts in kind to the Riverside Christian Cemetery.

-God Bless  
Linda Orbanski and family

## BRIDAL SHOWER

Bridal Shower  
In honour of  
Hilary Collins  
Bride-elect of Harlan Kumps  
Saturday, June 11 at 1 p.m.  
Riverton Community Hall  
175 Reggie Leach Drive  
Registered at  
www.myregistry.com

You're invited  
*Bridal Shower*  
in honour of  
**Taylor Stanowski**  
Bride elect of Bradon Rodrigues  
Sunday, June 12 at 1pm  
Arborg Hall  
Registered at Arborg Home  
Hardware and on Amazon.  
Donations graciously accepted at Interlake  
Coop and Arborg Home Hardware

## Maintenance/ Handyman Needed!



Casual, seasonal position  
Call Irv for more information  
204-981-2831 or 204-768-2749  
office@narrowssunsetlodge.com



**TENDER**  
Tenders are now  
being accepted  
for the

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From the Ashern Auction Mart  
The contractor of the successful tender will be responsible for the removal of manure, hauling and piling of manure at a location of our choosing approx. 2 1/2 miles from the auction mart.

Tenders to be received  
by June 22, 2022 (4 p.m.)  
Removal of manure to be done by  
August 1, 2022

For more info call Kirk at 204-768-0019  
Interlake Cattleman's Coop Assoc Ltd.

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Ashern, MB. R0C 0E0  
Fax: 204-768-3690  
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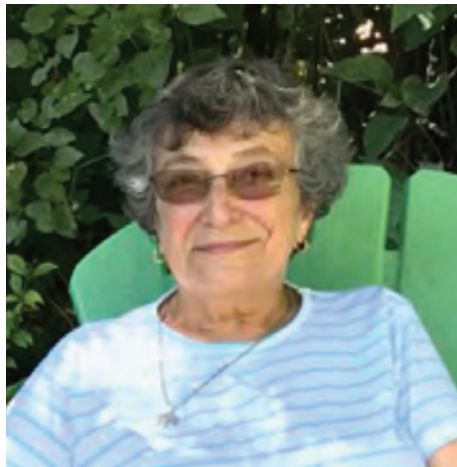


## BIRTHDAY



In honour of their 90th year birthdays, the family of Ray and Alma Sigurdson invite you to a Come and Go Celebration Saturday, June 25th 2 p.m. to 4 p.m. At their home on Willow Creek (Please bring a lawn chair.) Rain location: Minerva Hall

## IN MEMORIAM



Erika Barteaux June 13, 2020

Our lives go on without you But nothing is the same We have to hide our heartache When someone speaks your name Sad are the hearts that love you Silent are the tears that fall Living without you is the hardest part You did so many things for us Your heart was so kind and true And when we needed someone We could always count on you The special years will not return When we are all together But with the love in our hearts You walk with us forever Happy Heavenly 80th Birthday June 15th xoxo

-Love Always from your family

## OBITUARY

David Paul Blahey January 23, 1946 – May 21, 2022



Suddenly, doing what he loved while working with his family, we are saddened to announce the passing of David Paul Blahey of Arborg, MB.

David leaves behind his loving wife Ruth of 52 years; sons Michael (Thelma), Bradley (Debbie); grandchildren Dawson (Leah), Brooke and Steven. He will be missed by his brother Carl and sister Louise Sobie; nieces Kelly, Jennifer, Stefanie, Tiffany and nephew Jeffrey. Also survived by cousins, brothers-in-law and sisters-in-law.

Predeceased by his parents Steve and Mary, his brother Jim, and his in-laws John and Sophie Fedorchuk.

David was born at the Gimli Hospital on January 23, 1946. He attended Adam school and went to high school in Arborg. After school, he worked in construction for many years.

He married Ruth Fedorchuk on July 19, 1969 and they spent their entire married life in Skylake. He started Blahey Brothers construction company with his brother Carl and for 20 years they worked on projects around the Interlake area. As well as working in construction, he built up his beef herd, actively working with his family until the time of his passing.

David and Ruth enjoyed some travel, especially a trip of a lifetime to the US and the Caribbean Island of St. Kitts. They toured western Canada over the years while visiting family. He loved auction sales, big iron and farm life. Most of all, he loved his family dearly and he will be missed by all.

Funeral Service was held on Tuesday, June 7, 2022 at 11:00 a.m. at Silver Community Hall with interment in the Skylake Cemetery.

Pallbearers were Jeff Blahey, Tiffany Sobie, Jennifer Berry, Darryl Fedorchuk, James Fedorchuk, Pam Marshall. Honorary pallbearers were Suzanne Leech, Kelly Spain, Lorrie Newton, Stefanie Blahey, Monica Redden.

In lieu of flowers, please give to a charity of your choice.

Vichnaya Pamyat



204-886-0404

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## OBITUARY



Sophie (Shwetz) Podaima

It is with deep sadness that the family announces the passing of Sophie on Sunday, May 29, 2022 at 97 years of age.

Left to mourn her passing are her sons Lloyd and Mel (Joan) and daughters-in-law Janet, Linda and Dale. She also leaves seven grandchildren and 10 great-grandchildren. Sophie is survived by one sister Joyce, and numerous nieces and nephews.

She was predeceased by her husband of 49 years Lenard, sons Burt and Gordie, her parents and nine siblings.

Sophie was born in 1925 in Zbaraz, Manitoba on the family farm. She came from a family of 11 children and like all young people of her time, she had to work long and hard helping on the farm. She was the oldest surviving person of the Zbaraz area, where she grew up.

Sophie and Lenard married in June 1949. They farmed for a while by Broad Valley and welcomed four boys into their family.

In 1960 they moved to Fisher Branch and bought the Northern Cafe which they operated until 1983. They retired to Arborg for a number of years and later moved to Teulon. There Sophie enjoyed a large circle of good friends, and many senior social activities and crib tournaments.

Cooking was one of her favorite pastimes. There was always lots of perogies, holopchi, borscht and of course her famous butter tarts for us all to enjoy.

Sophie will be dearly missed by family and friends.

Cremation has taken place and a graveside service will take place at a later date.

## OBITUARY

Dennis Bucher

On Monday, May 30, 2022 at the Red River Place Nursing Home, Dennis Bucher, aged 86 years, passed away.

As per his wishes, cremation has taken place and no formal service will be held.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Gimli in care of arrangements.



# SALES CAREER OPPORTUNITY

## Big and Colourful Printing & Publishing

is looking for a dynamic, highly motivated person to become part of our advertising sales team in the Interlake area.

The successful candidate will thrive in a fast paced sales environment where a competitive nature, strong work ethic and excellent customer service skills are required and rewarded.

This opportunity involves building relationships and representing our newspapers to new and existing customers.

Qualifications: The successful candidate must be professional, dependable, energetic, goal-oriented, self-starter, can work within deadlines, well organized and friendly.

Customer service, sales experience and passion is a must.

-Strong computer skills, including Microsoft Office

-Excellent communication skills and a genuine love of people

-Willingness to learn

-Ability to work independently

If you fit this description please email resume to [Bigandcolourful@mts.net](mailto:Bigandcolourful@mts.net)



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Call 204-467-5836 or [classifieds@expressweeklynews.ca](mailto:classifieds@expressweeklynews.ca)

# Classifieds Announcements

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## OBITUARY



### HENRY PLETT FRIESEN

Our dad Henry P Friesen was born on May 22, 1921 in St Anne, Manitoba to John E and Gertrude Friesen. He was born again into his eternal home Saturday May 28, 2022, just after his 101st birthday.

Dad only needed 7 years of school to acquire enough formal education to lay a good foundation for a lifetime of learning. Dad spent a lot of time reading, and in his last weeks in the hospital he could often be found in his room reading his Bible that he loved so long and knew so well, but never well enough for his own satisfaction. On one visit family walked in to his hospital room and saw a nurse on one knee beside Dad sitting in his wheelchair, both reading the Bible.

Dad grew up near Blumenort with 7 brothers and 5 sisters, who all preceded him, plus one sister who died in infancy. Dad's comment in recent years was that it felt a bit like he was being kept after 4, when all of his family was going home and he had to stay. This was never said with bitterness as he loved his family here and continued to enjoy new friends all of his life, but in his last days he was ready to go. Trudy was wheeling him around the hospital one day and asked him where he would like to go. His response was "Take me to where the stairs go up to heaven."

World War 2 and the attendant conscription presented Dad with challenges as he stood before judges to make his case as a conscientious objector to serving within the war machinery of his country. Dad's determination to follow in the ways of Jesus the Prince of Peace, and the God of love who gave his own body for others, compelled him to refuse his country's call to take up arms against fellow human beings. Dad qualified for alternative service in a lumber camp in Norquay where he developed a lifelong love for the woods. Later in life he spent hours in the woods on his home farm blazing walking trails that became a community attraction, trails that his grandson Dylan now maintains in loving homage to his beloved grandfather.

Mom and Dad were married July 11, 1948 in a double ceremony with Mom's younger sister Katherine who also had a Henry she wanted to keep. When Mom and Dad moved to Morweena they found homesites across the road from each other and shared joys and sorrows, farm equipment, work and play, into retirement.

Dad was baptized in the Blumenort church and became active as a songleader, deacon, and minister. Mom and Dad moved to Morweena in 1960 to start a new farm and a new church in a new to them community near Arborg. Dad led this church until 1984 when he resigned and became engaged in supporting churches in other far-flung communities.

Soon after this move Mom and Dad experienced tragic loss when two of their sons Alfred (age 12) and John (age 6) were killed in a farm tractor rollover in 1965. In 2002 the oldest daughter Bernice (age 52) was taken far too soon after a brief battle with ovarian cancer. Ten years later the love of his life went home on her 87th birthday after 63 years of marriage. Dad's tenacity in maintaining a positive outlook through all of these experiences leaves us in awe, and is an everlasting challenge to us.

Dad spent his life loving God and people and bringing both loves together, farming in Manitoba, and doing stints of service in Mexico, USA, Belize, and Paraguay. This resulted in relationships that enriched their lives, and ours. Mom and Dad were not only lifetime partners, but life time sweethearts and lovers, and we like to imagine them strolling heavenly gardens hand in hand, together again at last and for always. They can no longer come to us, but we go to them.

We cannot adequately express our appreciation for the communities that have been an immeasurable support to Dad through the years. Dad loved his place at Assisted Living, but much more he appreciated the people. The staff and residents quickly learned to love our Dad dearly and they gave Dad the best of care. Thank you to the staff and residents of Assisted Living, Arborg Hospital, and Arborg Personal Care Home. Thank you to Doctor Loudon, Dad's physician for many years, who developed a deep friendship and a relationship of mutual respect with Dad, and Doctor Donnelly who cared for Dad during his last hospital stay. You have been nothing less than God's angels sent to care for Dad.

We want to thank the Morweena community that has supported Dad and us through the years and in our time of loss. We appreciate your support. Thank you. Moutich veeda.



## OBITUARY



### Christopher K. Dawson May 7, 1948 - June 2, 2022

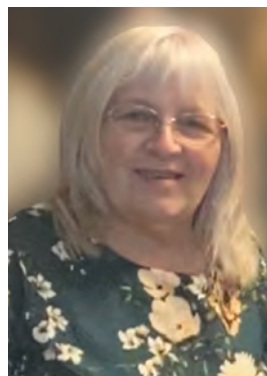
Peacefully on June 2, 2022 Christopher Dawson, aged 74 years of Faulkner, MB, passed away after a battle with cancer, at the Vita Personal Care Home.

Cremation has taken place and a graveside service will be held at a later date where he will be laid to rest beside his wife Doris.

In lieu of flowers, donations may be made to the Faulkner Community Hall, PO Box 4, Faulkner, MB, R0C 0Y0.

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## OBITUARY



### Bridget Cathrine Ross (Bonkowski) November 17, 1953 - May 30, 2022

It is with deepest sadness that we announce the passing of our dear mother, sister, grandmother and friend. She is survived by her children Cameron (Lani) - Waylon, Arthur and Lyle; Michael (Brandi) - Jory, Calem, Breese and Tayvsley; Shelagh (Vaughn) - Keeley and Kahne; her sister Glynis Buchanan (Doug); her brothers Brad Bonkowski, Todd (Kim) and Garvis (Jen); her brothers-in-law Larry (Joanne), Lance; sisters-in-law Diane Robbins, Cindy Gitsel (Bert), numerous nieces, nephews and friends.

She was predeceased by her husband Randy and her father and mother, Stanley and Fjola

At the age of 68, Bridget lost her short battle to pancreatic cancer, and passed peacefully at the Gimli Community Health Centre.

Bridget was born November 17, 1953 in Arborg, MB, to Stanley and Fjola Bonkowski. She was raised on the family farm in Washow Bay, MB. Bridget spent a lot of her time in the kitchen with her mother who taught her a variety of life skills which Bridget perfected over the years to come. At the age of only 16 Bridget decided the farming life wasn't going to be her future so she moved to Winnipeg, MB to attend Success Community College. It was during this time she met the love of her life Randy and on September 2, 1972 they married. In May of 1975 they moved to Leaf Rapids, MB where they raised their three children. Over the years Bridget had many jobs some of which included CIBC, Ross Deliveries, North End Cafe, Canada Post and driving bus for Northern Bus Lines. Bridget was mainly known for her home day care, and made everlasting memories and friendships. If you were lucky enough to have had the opportunity to taste her cakes they were the best in town! When Ruttan Mine closed in 2002, Bridget and Randy relocated to Riverton, MB back to her roots. She worked at the Co-op, Credit Union and a group home until she retired in March 2022. Bridget was also known for her community involvement and volunteering.

Bridget was a devoted hard working wife and mother. She loved spending time with her children and grandchildren. She enjoyed dancing with her grandchildren in her kitchen. She had the best sense of humor and was always good for a laugh. Her kitchen was the heart of her home to all that knew her. There were many family vacations and camping trips while her children were growing up. They describe these times as the best childhood that one could possibly have! She cherished family winter vacations to Mexico and Jamaica and couldn't wait to plan the next trip.

Rest in peace Bridget we love you.

Lovingly remembered by your family and friends.

The family would like to extend a heartfelt thanks to the ambulance and the staff of the Gimli Community Health Centre, as well as Lyndsay Palsson for all your care and support.

Respecting Bridget's final wishes there will be a small service for family.

MACKENZIE FUNERAL HOME ARBORG  
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## OBITUARY



### Anne Urbanski

It is with heavy hearts that we announce Anne Urbanski peacefully fell asleep in Christ's arms at Gimli Betel Home on May 29, 2022 at the age of 96. We are all very grateful for the quality life Mom lived. She is now reunited with her husband Victor (May 28, 2013), parents Sam and Polly Krawchuk, sisters Rosie, Katie, and Mary, brothers Mike and Harry.

Left to cherish her memory is her daughter Shirley (Stan) Firman of Gimli; son Len (Ollie) Urban of Kelowna; sister-in-law Norma Urbanski; grandchildren Ron (Angie) Firman, Sharon Firman (Bob), Tracy (Ray) Lupyrypa, Tyler (Michelle) Urban and Tim Urban (Jen); great-grandchildren Curtis (Courtney) Firman, Joel Firman, Hunter Lupyrypa (Ryan), Brooke Lupyrypa, Eric Urban and James Urban.

Mom was born in a farmhouse, the youngest of six children in the Finns area. She left home at an early age for Winnipeg where she worked in a glove factory. She came back to marry a neighbourhood boy after he returned from the army. Mom and Dad were married on August 12, 1945. They spent the first years working at fishing camps where Dad fished and Mom cooked, towing along their 13-month-old daughter. They were blessed with a son three years later to complete their family. They spent many years at their farm in the Finns area. Mom devoted her time to her huge garden, canning, and, preserving for the winter along with milking cows, looking after chickens, and helping Dad in the fields. She was a woman of many talents, from cook, to baker, and a whiz with the sewing machine, crochet and knitting needles.

After their retirement, Mom and Dad took multiple bus trips with friends from Arborg. They moved to their home in Gimli in 2005 and made many new friends there. After Dad's passing, she lived in her "little house" and was independent until June 2021. She also enjoyed her monthly trips to South Beach with her new friends and Saturday night church with her niece Ollie.

Mom's life was devoted to her family, and she cherished the visits and get-togethers with her grandchildren and great-grandchildren. Her visits with them at the care home were especially treasured.

Funeral Mass was held on Tuesday, June 7 at 11:00 a.m. in the St. Michael's Roman Catholic Church, Gimli, Mb with Fr. Stan Gacek officiating. Interment will take place in the Our Lady of Mercy Cemetery, Finns, Mb.

In lieu of flowers, donations can be made to Our Lady of Mercy Cemetery, c/o Jocylyn Hayka, PO Box 23, Arnes, MB R0C 0C0

Thank you to Red River Place in Selkirk and especially Gimli Betel Home where she spent her final 5 months. The kindness and compassion shown to Mom is greatly appreciated. The kiss on her cheek always brought her a special smile.

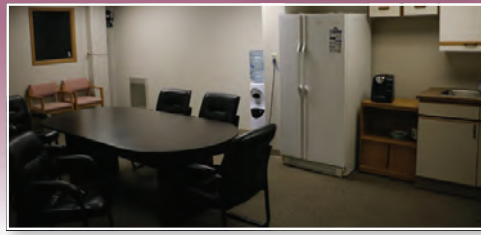
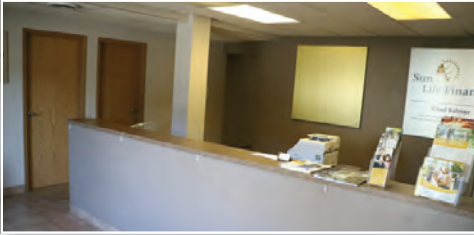
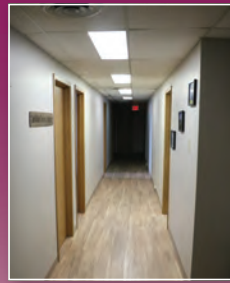
Mom - you were my rock and best friend. You taught me unconditional love, respect and how to accept things we cannot change. In your words, "whatever will be will be". Rest in peace in the arms of the Lord and see the beautiful world through the eyes of an angel. Love you forever Mom, Shirley.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



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