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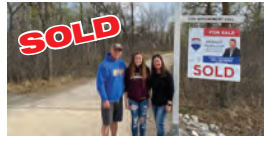
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EXPRESS PHOTO BY BRETT MITCHELL

Claude Hebert enjoys a ride around his home town of Gimli. The bike was a birthday present to himself on his 65th three years ago.

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# Motorcycles roar across Manitoba to complete six challenges

By Nicole Brownlee

A local initiative offers patches to encourage Manitobans to travel within the province by motorcycle this summer.

Myles O'Reilly started Manitoba by Motorcycle in 2016 to challenge riders to visit town statues and provincial parks across the province. He thought of the idea after he and his wife April completed a similar route in North Dakota a year earlier.

"We looked around to see if there was anything locally, and there was nothing that I could find in Manitoba or kind of anywhere else in Canada," said O'Reilly.

He wanted to find a way to explore his "own backyard" and reward riders with patches for making the trek. To earn a patch, a rider must submit a photo of themselves in front of specific landmarks. Each region has around 20 locations for motorcyclists to visit, and O'Reilly sends a patch after each completed challenge.

There were over 100 people who submitted photos last season, said

O'Reilly.

"Because of [COVID-19] people aren't really travelling, so they're focusing more on local tourism, which is good for me," he said with a laugh. "What I really want is local tourism."

O'Reilly has curated six patches for six challenges this season with the help of local tourism boards.

"I was speaking to Central Manitoba Tourism, and they had the idea of being more kind of hyper-local, finding places within each region," said O'Reilly.

The new challenges feature motorcycle routes in the Interlake, East and Central Manitoba.

"I love finding new places to go and to have new things to look at and visit," said O'Reilly. "I do my best to visit every single location."

Andrew Gagnon is one of the first people to earn a patch this season. Gagnon has travelled Manitoba by Motorcycle

routes for three years.

"The last two years I tried the same routes," said Gagnon. "It just never worked out, but this year I was able to do them all."

"I LOVE FINDING  
NEW PLACES  
TO GO AND  
TO HAVE NEW  
THINGS TO LOOK  
AT AND VISIT."



EXPRESS PHOTO SUBMITTED

Myles O'Reilly stands with his oldest son Myles (left) and his daughter Amy (right) at one of the 60 locations featured on his Manitoba town statue route, the "World's Largest Mosquito" in Komarno.

Gagnon completed the town statues route in early May, visiting 10 statues in one day.

Manitoba by Motorcycle is also available on the Interlake Tourism app called Driftscape. The app highlights different attractions, businesses and eateries for people to visit, said

Melissa Van Soelen, Interlake Tourism manager.

"It's basically like our travel guide, but we've digitized it," said Van Soelen.

O'Reilly will continue to update the routes and add more locations across Manitoba for motorcyclists to explore.

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# Collector's jacket raises hope for fostered dog

By Nicole Brownlee

A poppy red jacket embroidered with a bucking bull could be the ticket for one Fraserwood Great Dane to get the surgery it needs.

Kelsey Morgan collected the extra-small Professional Bull Riders novelty jacket in Alberta in a storage locker haul.

"Every time there was always something that was really unique and stood out to me... I always kind of kept it to the side," said Morgan.

The jacket is from the Bud Light Cup Series, which was the first tour launched by the Professional Bull Riders, said Kacie Albert, public relations manager for PBR. The PBR is an international professional bull riding organization based in Pueblo, Colorado. The Bud Light Cup Series ran from 1994 to 2002 and was capped off with an annual World Final in Las Vegas.

Morgan has held on to the jacket for four years displaying the garment on a wall in her home, but she now hopes she can sell it to help pay for the recent family addition's surgery.

"Somebody had approached me... and they said that they have a Great Dane that they were trying to rehome, and I jumped on board," said Morgan. "I said, 'I've got three dogs at home, why not take one more.'"

The one-and-a-half-year-old Great Dane was recently given up by its owners and has what Morgan guesses is a growing third eyelid that needs to be removed. Morgan plans to take the dog to the vet within a few days to confirm the surgery and check if there are other procedures needed.

"She's beautiful. She's smart and very, you know, elegant," said Morgan. "She's a total people pleaser."

The Great Dane is Morgan's fourth rescue dog. She has two Pitbulls, Oreo— a fighting dog rescued in California, who now enjoys basking in the sun— and Maverick, a shy dog rescued from an Alberta reserve. Morgan's third is a German Shepherd named Gemma, a rescue from a Manitoba reserve.

"It's just all a learning process," said Morgan. "This is where my heart lies."

Morgan hopes to sell the jacket for \$400 because she expects the surgery



Morgan was happy to foster the one-and-a-half-year-old Great Dane.



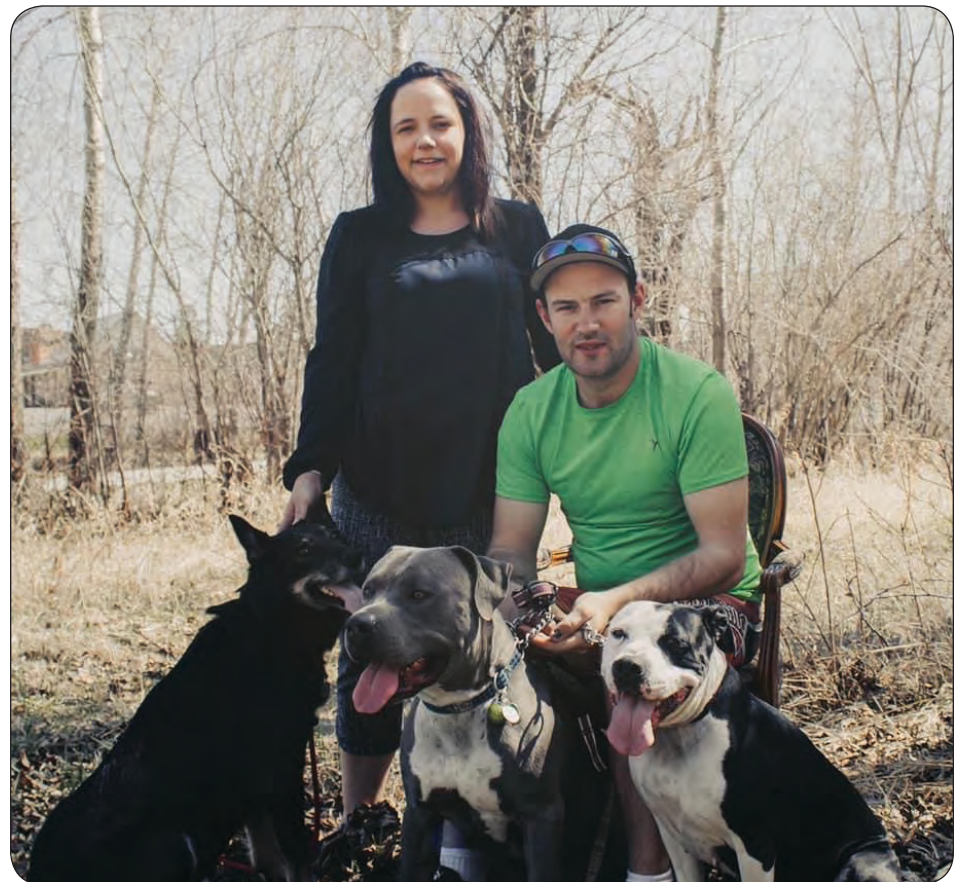
Kelsey Morgan is selling this novelty Professional Bull Riders jacket to raise money for her new foster dog's surgery.

to cost \$800 if not more.

Jenessa Kohler, Morgan's friend, is also holding a Scentsy fundraiser from May 18-31, and all proceeds will go towards the pup's surgery.

"I'm putting my blood, sweat and tears and wanting to help this dog, so I'm trying to rehome the jacket and then possibly rehome the dog later down the road," said Morgan.

For inquiries, contact Kelsey Morgan through Facebook or Jenessa Kohler's Vet Bill Fundraiser Facebook event.



EXPRESS PHOTOS SUBMITTED

Kelsey Morgan, left, and her husband Jesse have three other rescue dogs at home. Morgan said helping animals is her passion. Dogs from left, Gemma, Maverick and Oreo.

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# Summer science club offers virtual programming for kids

## Students interested in STEM can register for WISE Kid-netic Energy

By Tyler Searle

The University of Manitoba is inviting students between grades three to eight to participate in virtual science summer clubs hosted by Women in Science and Engineering (WISE) Kid-Netic Energy this summer.

The week-long summer clubs feature various experiments and activities that teach kids about ecology, engineering, medical science, chemistry, and coding.

“(The summer clubs) provide an opportunity for any kid to step out of their comfort zone and learn about the concepts in a very fun, hands-on way,” said WISE Summer Logistics Lead Alora Anis.

The university developed WISE to get kids excited about careers in science, technology, engineering, and medicine (STEM). The outreach program began focusses on reaching youth with social, economic, and geographic barriers to STEM education.

In a typical year, WISE instructors provide in-person workshops to students across the province—even travelling to Thompson and other more remote communities.

This year, the program is transitioning to a digital format, and kids will attend the STEM-themed summer clubs online.

“The year has been very strange, but we are hoping that this will provide our students and undergrads students an opportunity to learn,” Anis said

The student will spend an hour-and-a-half each day in a virtual classroom playing games, watching science demos, and interacting with their peers. Then, WISE instructors will leave them with a task or experiment to complete on their own.

Some of the projects are completely independent, while others are collaborative, said WISE instructor Calleigh Gingras.

In the Codemakers club, students use tiny, pocket-sized computers called Micro:bits to learn how to code.

A Micro:bit is an exposed computer chip roughly the size of a credit card with two buttons, speakers, and a cluster of tiny lights on its face. Students program the lights to flash in sequence to form letters and shapes, create music, or play simple games like Pong.

“By far, in everything we’ve done, it’s always coding that kids really, really like,” Gingras said.

In addition to the assorted STEM-themed clubs, WISE is also offering a Space Farm club. Kids who register for the space farm will learn how technology and agriculture work together in space.

Participating in the summer clubs is an opportunity to expose kids to science terminology and concepts they are likely to encounter later in their academic careers, Gingras said.

“I’ve had emails from parents thanking me, saying their children had kind of lost interest in STEM subjects at school, but seeing more real-life applications and doing these experiments really kind of brought them back to having an interest again,” Gingras said.

WISE is offering the clubs every week beginning July 1 and ending Aug. 20. Registration costs



EXPRESS PHOTO SUBMITTED

WISE Kid-netic Energy has been teaching kids about STEM using fun experiments and activities since 1990.

\$100 for the themed clubs and \$125 for the Space Farm club. To register or find out more, visit [www.wisekidneticenergy.ca/summer-clubs](http://www.wisekidneticenergy.ca/summer-clubs).

# Mixing COVID vaccines could be safer than mixing drinks



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By Patricia Barrett

Preliminary data on whether it's safe to administer different types of two-shot COVID-19 vaccines show participants experiencing more side effects than those receiving two jabs of the same vaccine.

Those findings were characterized as “short-term disadvantages” to mixing vaccine as no serious concerns were flagged.

The University of Oxford, England, study titled “Heterologous prime-boost COVID-19 vaccination: initial reactogenicity data,” which is also referred to as the Com-COV study, was published online May 12 as correspondence in the medical journal *The Lancet*.

It's the first study to look at the “initial” reactogenicity [adverse reactions or side effects], safety and immunogenicity [immune response]. Data on immune response was not presented in the study but is expected to be released in June.

In February, the researchers recruited 830 participants, all of whom were 50 years of age and older. Participants included male and female subjects from different ethnic groups.

Researchers paired AstraZeneca's COVID vaccine with Pfizer-BioNTech's vaccine as well as the same vaccines in four groups: (1) AstraZeneca (first dose) and Pfizer (second dose), (2) Pfizer (first) and AstraZeneca (second), (3) Pfizer (first) and Pfizer (second), and (4) AstraZeneca

(first) and AstraZeneca (second). They randomly assigned participants to one of the four groups and looked at outcomes at 28-day and 84-day intervals.

The study found that using two doses of different vaccines resulted in participants' self-reporting more adverse effects compared to those getting two doses of the same vaccine.

“Both heterologous [different] vaccine schedules induced greater systemic reactogenicity following the boost dose than their homologous [same] counterparts,” state the authors of the study.

Adverse reactions included feeling feverishness, experiencing chills, fatigue, headache, joint pain, malaise, muscle aches, nausea and diarrhoea, most arising after 48 hours. There were no hospitalizations reported, nor were there any incidents of rare blood clots occurring. The use of paracetamol (called acetaminophen in Canada) could tamp down those side effects.

Based on the study's “limited haematology and biochemistry data available,” the researchers said “there were no concerns” with regard to the safety of mixing vaccines.

Potential harms can be difficult to determine depending on sample size. In terms of generalization to the wider population, large sample

Continued on page 8

# Small businesses affected by further COVID-19 restrictions

By Sydney Lockhart

With personal services closing due to pandemic restrictions following case number spikes earlier this month, Manitobans will once again have to wait for a haircut.

"This is the third time now, I'm hopping with more people getting vaccinated that they won't be doing this again," said Darlene Gallichon, owner of Willow Hair Design in Arborg.

Willow Hair Design is still offering curbside pickup for product but will not be able to provide any of their usual services under the current provincial health restrictions.

"I'm happy to be shut down because with numbers so high, it makes me really nervous. I'm nervous for people coming in my shop that if they go out sick, so it is stressful on everybody," she said.

Gallichon said that while it isn't great for her business to be shut down, she would rather everyone stay safe and alive, than be cutting their hair.

"Some of my clients are so furious but I don't know. I just feel like it's what they (the provincial government) think they need to do. And that's a

good thing. You know, it's three weeks it's not a year," she said.

The provincial government announced further financial aid to businesses last week in a press conference.

This includes another bridge grant of \$5,000, an additional \$2,000 for restaurants to cover costs of food waste, wages, and insurance, and extra financial support to restaurants wanting to implement takeout or delivery services.

"It's not anywhere near enough. You know I think the reality for most of these businesses that have been operating at less than 50 per cent over the course of, you know the past 14 months, \$20,000 is not going to be anywhere near enough" said Chuck Davidson, president of the Manitoba Chamber of Commerce.

As of Sunday May 9, restaurants, patios, and bars are no longer allowed to have in-person dining and can only provide takeout and delivery services if they choose to stay open.

"There's really no amount of dollars you could provide those businesses right now that's going to sort of allow them to bounce back. I think the real-

ity is I mean they just need the opportunity to be open," said Davidson.

Public places such as gyms, fitness centres, casinos and VLT's, museums, galleries and libraries are to close, along with salons, barbers, tanning salons, estheticians, tattoo shops and all other personal services.

"I mean, there's no question it's retail, hospitality, tourism industry, those have been the ones that have been most impacted any kind of businesses where that they're reliant on someone actually coming into the door has been impacted significantly over the course of this past year," said Davidson.

He added that he thinks a regional approach to public health measures could have helped avoid closures of public spaces not having COVID-19 exposures.

Retail stores, garden nurseries, and markets had their capacity dropped down to 10 per cent or a maximum of 100 people, whichever is smaller.

Indoor sports, including after school programs are closed, as well as outdoor sports are limited to five people maximum. Organized team sport is

now prohibited.

Kid's day camps closed along with all dance, theatre, and music schools.

Outdoor gatherings are limited to a five people maximum, with multiple households allowed. Households may not have anyone else other than its residents inside or outdoors on their property.

Indoor gatherings are now prohibited, this includes community, cultural and religious gatherings.

"Right now, case numbers are far too high and the strain on our health system is rapidly increasing," said Dr. Brent Roussin. "I urge all Manitobans to do everything they can to reduce transmission of the virus - follow the orders, stay home as much as possible, reduce the number of contacts you have and wear masks when you are around others from outside your household."

People aged 12 and over are now eligible for vaccination, for more information go to [www.manitoba.ca/COVID19](http://www.manitoba.ca/COVID19).

## Eriksdale community cooks up a fundraiser to keep rec centre open

By Nicole Brownlee

The Eriksdale Rec Centre hosted one of their first events in a year on May 9 and celebrated Mother's Day with a take-home meal.

Board member Vienna Kinkead was part of a team of eight volunteers who planned the fundraising event to help keep the community hall open.

"Everything's been, you know, so tough the last year, so it was nice to just have something that was a little different that was helping the rec centre in our community," said Kinkead.

Families ordered their dinner of either a locally prepared barbecued steak and shrimp, baked potato and coleslaw, or chicken fingers with

homemade mac and cheese with a side of coleslaw a few days in advance and were given an allotted time to pick up their meal. Upon arrival, visitors called the rec centre and were delivered their meal by a volunteer.

Volunteers prepared the food in the barbecues outside of the rec centre and inside of the centre's kitchen.

The centre sold 107 steak dinners and 28 chicken finger meals, said Kinkead, and all 135 meals were packaged and delivered in under two hours.

"Our first opening was at five o'clock, and I think we sent out the last few at a quarter to seven," said Kinkead.

The centre also organized a raffle where diners could have the chance

to win one of five gift baskets with donated items from local businesses.

Eriksdale local Myrna Little said she ordered the meal to support the rec centre because the hall hasn't been able to host any of its usual events.

"I was also working [on Mother's Day] so I thought I'd treat myself and my husband to a meal," said Little.

She would usually spend Mother's Day with her daughters, but because of COVID-19 restrictions, Little decided to keep their celebration small after working her day shift at the Eriksdale E.M. Crowe Memorial Hospital.

"It was organized pretty well," said Little. "They answered right away, and I maybe sat there three minutes... and

we were good to go."

I'm happy they chose to organize the dinner despite not being able to have as many volunteers, said Little.

"It would have been much easier for them to just stay home and do nothing," said Little. "Hats off to them for thinking about it and making it happen."

In a usual year, the rec centre hosts several annual events like a winter carnival in February, a corn roast in September and a Bowlorama in October. Kinkead said if they can't celebrate their usual events next Spring, they'd consider hosting a Mother's Day barbecue again.

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## Province introduces paid leave for COVID-19 vaccination

### Staff

The provincial government is making changes to the Employment Standards Code to ensure Manitoba workers are able to take the time they need to get their COVID-19 vaccine shots.

Finance Minister Scott Fielding announced last week that the proposed amendments will make it mandatory for employers to allow staff up to three hours of paid leave each time they require a dose of vaccine.

"We're obviously at a very critical point in Manitoba's third wave in the fight against COVID-19," Fielding said at a press conference in Winnipeg May 11. "Immunization is crucial to protect ourselves, protect our neighbours, and those around us. We want to encourage all Manitobans to get their COVID-19 vaccine as soon as possible."

"We want Manitobans to be confi-

dent to book COVID-19 vaccinations during work hours without worrying that they're going to lose out on regular wages. That's really important to make sure that all Manitobans are vaccinated."

The wage rate would be fixed at an employee's regular wage rate, or the average wage for employees whose wage varies, such as those paid on commission.

Employers would be able to require employees to provide them with reasonable verification of the necessity of the leave as soon as possible, but could not require a physician's note or medical certificate.

"We don't want to add additional burden to medical officials and doctors while we're dealing with COVID-19," Fielding said.

Employees who need more time to travel to vaccination appointments or

who suffer from vaccine side effects would be allowed to take a longer unpaid leave.

Fielding noted many Manitoba employers were already offering staff paid time to get vaccinated, but the government feels it's important to put this into legislation in light of the need for a second dose of the vaccine and potentially booster shots in the future.

"For the most part employers are giving employees time off to do this, but we wanted to make sure this is in legislation to make sure it is the law," he said.

"We all have a role to play in protecting ourselves and our communities," Fielding said. "The faster we can get vaccinated the sooner we'll be able to loosen ... restrictions to get our lives back."

## letter to the editor

Letters to the Editor:  
letters@expressweeklynews.ca

### No rhyme or reason for the speed limit changes

Well, the silly season is upon us, as my friend George calls it. The speed limits change during the summer from Sandy Hook to Winnipeg Beach.

This means money spent on labour to change them twice a year - Spring and Fall. An attempt was made to highways a few years ago to update the limits. The general consensus at my church, the local

car club and residents was to make the speed limit from Sandy Hook to South Winnipeg Beach at 70 kmph right through all year except the small business section in Winnipeg Beach to be set at 50 kmph. Originally, the speed limits were 90 kmph in the off season and 50 kmph in the summer. Changing to the new limits as suggested above would have solved several issues and costs. Well, what happened?

Leaving Gimli at 50 kmph, 70 through South Beach, 90 on the open highway all the way to near Pine Street where it becomes 60, 50 through the business section, 70 after that until out of Winnipeg Beach

and finally 100 kmph.

Now the limits through Sandy Hook are 50 kmph, 60 from Pine to Pleiades then 70, 80 one block later and back to 100 kmph.

Instead of going from Gimli through Winnipeg Beach with three changes in limits there are seven. Only a government committee could have come up with this plan. It needs to be corrected next fall. Bogus reasons such as people live along there are null when people live in South Beach, Winnipeg Beach, Petersfield, Clandeboye and Selkirk with higher limits. Go figure.

- Jim Farmer, Ponemah, MB

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## New GM for Keystone Agricultural Producers

### Staff

Keystone Agricultural Producers (KAP) has a new captain at the helm.

Brenna Mahoney is coming on board as the agency's general manager next month.

"I am very pleased to welcome Brenna to our organization," KAP president Bill Campbell said in announcing the hire earlier this month. "She brings with her a wealth of agricultural and communications experience that will build on the strong foundation we have at KAP."

Mahoney has contributed to and built national coalitions and partnerships focused on advancing grain nutrition and health, farm practices, market access, public trust, and sustainability.

Before joining KAP, Mahoney was the director of communications and stakeholder relations for Cereals Canada. She was also a steering committee member for the Canadian Roundtable for Sustainable Crops (CRSC) and supported the development of the CRSC's code of practice.

Mahoney is a board member for the Canadian Agricultural Hall of Fame and Farmers Abroad Canada. She was formerly chair of the Healthy Grains Institute.

She holds a bachelor's degree in human ecology from the University of Manitoba and a certificate in human resource management from Red River College.

"I am excited to work for Manitoba's agricultural producers," said Mahoney. "Agriculture is a key economic driver and there are many opportunities for sustained growth through collaboration across the sector."



EXPRESS PHOTO BY BEN HOLYK

A couple of fox kits arrived earlier this month and have been busy exploring the outdoors. Help the Express record the weather of the week and send in your photos of friends or families enjoying the outdoors. Email: [weather@expressweeklynews.ca](mailto:weather@expressweeklynews.ca).

## Gimli vaccination super site to open May 29

By Patricia Barrett

The province will be opening a new COVID-19 vaccination super site in Gimli near the end of May as Manitoba's third wave continues to produce alarming new infection numbers and hospitals look at ways to create more capacity.

The May 10 super site announcement was followed by days of high case numbers, including 560 new infections last Thursday, which broke Manitoba's record. On Sunday 535 new infections were reported. Numbers also continue to rise in the Interlake-Eastern health region.

The Gimli super site is slated to open on May 29. Those eligible for vaccination can start booking an appointment.

The Gimli Recreation Centre is located at 45 Centennial Road in the west end of town. Centennial is acces-

sible from Highway 9.

The provincial government has made a number of super sites – which offer the Pfizer-BioNTech mRNA COVID-19 vaccine – available across the province.

In addition to Gimli, eligible people can opt to have their vaccination done in Selkirk, Dauphin, Steinbach, Morden, Brandon, Thompson, and in Winnipeg at the RBC Convention Centre downtown or at the sports complex building located across from the Canadian Tire store at the Garden City Shopping Centre.

Manitobans can book their COVID vaccine appointment by calling 1-844-626-8222 or booking online at <https://protectmb.ca>

The government also announced it will be accepting bookings for second-dose appointments starting May 22. A full list of who is eligible for their



EXPRESS FILE PHOTO BY PATRICIA BARRETT

The Gimli Recreation Centre is becoming a provincial COVID-19 vaccination super site near the end of May.

second dose is posted on the province's COVID vaccination website. People receiving dialysis, suffering from severe heart failure, liver cirrho-

sis, cancer, live with down syndrome or receive home care more than four times a week are among those eligible for second doses at this time.

# Changing minds with understanding, empathy

By Lorne Stelmach

Eric Yaverbaum speaks from both his professional and personal experience when he addresses one of the key challenges being faced now with the continuing COVID-19 crisis.

The 40-year public relations veteran, communications expert, and bestselling author of seven books has survived the virus twice, so that augments his perspective, particularly in addressing the issue of vaccine skepticism.

A regular TV pundit, Yaverbaum has been reaching out across North America to start a discussion about the need to communicate effectively with skeptics, how to change minds, and why empathy is vital in public health communications.

"I'm not a doctor, and I'm not a scientist, but I'm a guy who has COVID twice and gotten vaccinated ... I've learned an enormous amount," said Yaverbaum, who is the CEO of Ericho Communications and author of *Public Relations for Dummies* and *Leadership Secrets of the World's Most Successful CEOs*.

"I'm in the communications field, and I don't think we have done a great job of communicating, one, just what the stakes are and, two, just how safe it is," he said in a phone interview last week. "And we do need to have some empathy for people ... if we show a little empathy and understand what the reservations are, I think it will go a long way."

In the U.S. at least, Yaverbaum observed, vaccine supply has begun to outpace demand, so the questions that need to be asked is what is causing vaccine slowdown and how can it be addressed to reach herd immunity?

Even before the pandemic, vaccine skepticism was on the rise. It's led to the resurgence of diseases like measles, so it's clear that winning over skeptics is a critical public health issue.

That skepticism remains despite the fact all five COVID-19 vaccines with public results have eliminated deaths and drastically reduced hospitalizations, Yaverbaum noted.

"To each his own, but if we all want to get out of this, we need to take a hard look at the facts and figures and make decisions accordingly ... it's been a really long year," he said.

"I listen to people's fears and concerns, and I'm not downplaying them," he continued.

"I think there are some communities that haven't had positive experiences with medical professionals ... they have reasons for being skeptical, so I think a little empathy and understanding of their fears and concerns is pretty important," Yaverbaum said. "I think work has to be done to earn their trust."

Yaverbaum touched on how he sees there has been some failures or shortcomings in getting the right messaging out to people.

"The concerns are easily answered," he stressed, citing for example that "it's just a very small percentage of people who are vaccinated who are still going to get COVID-19."

"I think it's important to appeal to the emotions of people. What's important to them; what are they missing out on by not getting vaccinated," he said. "Have a real focus on the positive ... [that] you don't have to worry about infecting loved ones or friends."

"The vaccine is actually the way that life could return to normal, whatever normal is going to be," Yaverbaum said. "I think people need to hear optimism and hope also, the promise of the future we can all have because of the vaccines."

As for his own experience with COVID-19, Yaverbaum has been active on social media through his journey and offered encouraging messages to others.

"While they've always said that happiness was an inside job ... now you're inside in a different way. It's a great time to practice changing the way you look at things ... and I promise you that if you do, the things you look at will change," he said in one of his Facebook posts.

"Here's all I'll have to say to this nasty and highly contagious virus and unwelcomed visitor ... is that the best you got? Life is a lot like the ocean I love so



EXPRESS PHOTO SUBMITTED

Public relations specialist Eric Yaverbaum says vaccine skepticism is a tough nut to crack, but part of the key is not downplaying people's fears and concerns.

much. The waves will try to knock you down and push you back to where you started. Not me. Not this time."

"My anti-bodies are off the charts, which is very comforting to me," Yaverbaum noted in conclusion. "I'd like to give a few of them to other people if I could."

## > MIXING COVID, FROM PG. 4

sizes in clinical research provide a higher degree of what is called statistical power, that is, a higher probability that a link exists between a drug, an intervention or other phenomenon and a particular outcome.

With COVID vaccines, that has been borne out in the real world, in which millions of people of different ages, sex and ethnicity have received a vaccine. Both the AstraZeneca vaccine and the Johnson & Johnson vaccine have been linked the development of serious and/or fatal blood clots called vaccine-induced thrombotic thrombocytopenia (VITT) after significant numbers of people were immunized. The condition wasn't noted in clinical trials using relatively fewer test subjects.

The English researchers cautioned that because their data were obtained from those 50 years and older "reactogenicity might be higher in younger age groups."

In addition to assessing safety, the study was undertaken as a way to help mitigate worldwide vaccine supply shortages and to address concerns over AstraZeneca's link to VITT.

Several European countries, including Norway,

Sweden, Germany, France and Denmark, are advocating the mixing of vaccines because of VITT cases that arose after people received AstraZeneca.

The English researchers wrote that "several countries are now advising that individuals previously primed with ... [AstraZeneca] should now receive an alternative vaccine [an mRNA vaccine] as their second dose," such as Pfizer-BioNTech's vaccine.

Last Thursday, Canada reported an additional 28 cases of VITT developing after AstraZeneca jabs. The blood clots and low platelet levels that characterize the syndrome can appear four to 28 days after immunization.

Earlier this month Canada's National Advisory Committee on Immunization (NACI) said the mRNA vaccines [Pfizer-BioNTech, Moderna] are "preferred" over the adenovirus vaccines (which use traditional vaccine technology) developed by AstraZeneca and Johnson & Johnson. AstraZeneca's vaccine delivers protection against COVID using a genetically modified chimpanzee cold virus. NACI said if people can wait for an mRNA

vaccine, they should.

Several provinces are no longer offering AstraZeneca as a first dose but may offer it as a second dose to those who already received it and who cannot physically tolerate an mRNA vaccine.

Last week the Ontario government bumped up the chances of developing VITT from AstraZeneca to 1 in 60,000. Although the Manitoba government announced it is no longer offering AstraZeneca for a first dose, it said the vaccine can still be offered as a first dose at pharmacies and doctor's offices when people can't access other vaccines. The Canadian government is currently deciding what it should do with the 665,000 AstraZeneca doses it has in reserve and which will expire in August.

Studies involving the combination of Moderna's mRNA COVID vaccine with other vaccines are ongoing, said the English researchers. Studies on mixing vaccines are "crucial to informing the appropriateness of mixed COVID-19 vaccine schedules."

# Community comes together for family who lost everything

By Nicole Brownlee

A Poplarfield family who lost everything in a fire is starting over with the help of their community.

The Roschuck's house caught aflame in the morning on May 5 while Kashmir Roschuck slept inside and his sons Brendan and Ryan were out.

A passing ambulance saw the smoke coming from the house and stopped to check in on the family, said 18-year-old Brendan.

The paramedic woke Roschuck senior, who was unaware of the fire. Fortunately, the two made it out of the house safely and waited for the fire department to arrive.

Brendan saw the smoke while driving home from Arbog and got a phone call soon after informing him his house had caught fire.

The fire destroyed the house, leaving few belongings in the ashy rubble.

"They lost everything," said family friend Andrea Dueck.

Dueck said she saw the back of Roschuck's yard on fire as she was driving and received a text message soon after that the house was gone.

Roschuck senior, who celebrated his 83rd birthday two days after the fire, has lived in the community of Poplarfield his whole life.

Everyone in the community knows how humble and kind the Roschucks are, said Dueck.

"He is just a nice person, and he will give you the clothes off his own back," said Dueck.

The Roschucks' kindness pushed Dueck and the community to rally to-

gether and collect clothes for the family, and the fundraiser quickly grew.

Dueck posted on Facebook on May 6 asking for donations for the family and guided people towards an account set up at Noventis Credit Union for monetary donations. The post has been shared over 140 times.

"It has taken on a lot more than what I thought my little post was going to do," said Dueck.

People from across the Interlake have contributed bags of clothes, bedsheets and food.

"From Teulon, Eriksdale people have been coming by and dropping stuff off," said Dueck.

With overflowing donations, the community opened the Poplarfield community hall to continue

collecting items. Piled across several folding tables in the hall are clothing, linen, pillows, toiletries and even a kitchen table and set of chairs.

"We're just hoping that they're going to get enough stuff to start over," said Dueck.

The family is safe and staying in town with hopes to be moving to a temporary home soon.

"I can't even describe how overwhelmed and happy we are that everyone's coming together for us like this," said Brendan.

Poplarfield community hall is open for drop-off donations. Kitchen appliances, bedroom furniture and any other items are welcomed. For inquiries, contact Andrea Dueck through Facebook.

**"I CAN'T EVEN DESCRIBE HOW OVERWHELMED AND HAPPY WE ARE THAT EVERYONE'S COMING TOGETHER FOR US LIKE THIS."**



Brendan Roschuck salvaged this photo of their home and his father Kashmir from the remains of the fire. Kashmir Roschuck has lived in the Poplarfield community his entire life.



The Roschuck family, left to right, Ryan, Kashmir and Brendan pose for Brendan's graduation last summer. The family lost their home and all their possessions in a fire on May 5.



**EXPRESS PHOTOS BY ANDREA DUECK AND BRENDAN ROSCHUCK**  
The Poplarfield community hall is stacked with donated linens, clothes and other household items. People from across the Interlake have come to drop off items.

## Tips for wildfire readiness from the Canadian Red Cross

Submitted by the Canadian Red Cross

With dry conditions across the province, the Canadian Red Cross has some tips for keeping your home safe and your loved ones prepared for wildfires:

- Know the risks in your community as conditions can change quickly. The Government of Canada has a fire management information system that monitors fire danger conditions across the country at Canadian Wildland Fire Information System.

- Take steps to keep your house and surrounding area clear. Regularly clean roofs and gutters, and remove

dried out branches, leaves, and debris. It is good practice to maintain a 1.5 metre non-combustible zone around the home by raking down to soil, rock, or concrete.

- In case of wildfires, keep a small household item like a rake or shovel handy to tamp down small fires before emergency responders arrive. Ensure that driveway entrances and house numbers are clearly visible for identification ease for firefighters.

- Keep an emergency kit on hand in case of evacuation. A basic kit should include supplies for 72 hours after an evacuation and include non-perish-

able food, cash, a first aid kit, keys, medication, a change of clothes, water, and important documents, such as home insurance information.

Update your kit regularly to discard expired medication and food. Include items to avoid the spread of COVID-19 including masks, hand sanitizer, sanitizer wipes, and gloves.

Go to [redcross.ca/ready](https://redcross.ca/ready) to learn more about assembling an emergency preparedness kit.

- If an evacuation is imminent, back your car into the driveway with the windows closed and valuables packed. If you have pets, keep them close and

under control. Close all windows and doors in the house to reduce smoke and debris from entering your home. Move all combustibles away from the house, including barbecues, firewood, and lawn furniture.

- Be certain to listen closely for updates on TV and radio including road closures and evacuation routes. Follow instructions from emergency officials and stay safe.

Wildfires are unpredictable and evacuations are never easy, but with some preparation you can give yourself a little peace of mind.

# Expansion of rural firefighting services secured with Riverton's new fire station

By Patricia Barrett

The Municipality of Bifrost-Riverton will be building a new fire station in Riverton that will enhance the department's firefighting capacity and house all of its equipment under one roof.

The station will be built on Reggie Leach Drive, on land beside the Riverton Community Hall and attached curling rink. It's expected to be completed in 2022.

The 7,760-square-foot facility will have seven truck bays, six of which will allow vehicles to enter and exit through doors at opposite ends of the building, a locker room with washing and drying equipment for turnout gear, a board room and lounge for critical incident stress debriefing, an office and washrooms.

Riverton's fire chief Jason Comeau said all personnel, their gear and equipment will be able to be housed under one roof, which is not the case at the station from which the department currently operates.

"The new fire hall will give us the ability to update and expand our current apparatus and equipment, which will allow us to provide a more effective fire department for the entire municipality," said Comeau by email.

The current station is 2,650 square feet. The ATV and trailer the department uses to fight wildfires have to be stored at another location because there's not enough room. And that means extra time is needed to retrieve and hook up that equipment, he said. The department is also in the process of acquiring a tandem axle water truck – funded though the province's fire prevention grant – and that means it'll have to store its 4x4 pickup, which is used for wildfires, off site until the new station is built.

"First and foremost, the building is designed to be effective for current and future firefighting apparatus and equipment," said Comeau. "Secondly, my vision has been to have a building that looks modern and something that the community and municipality can be proud of."

The station will be designed as an

emergency incident command centre for different agencies and a post-disaster facility. It will be equipped with a generator that will allow it to operate should the area experience a major power outage.

The new fire station has been in the works since 2019 when it first tried to acquire land, according to the municipality. It was given a line in the RM's five-year capital plan for 2021 and a fire hall committee was struck to complete preliminary steps, such as design, technical and engineering specifications.

In January the committee, made up of Comeau, RM councillors Gordon Klym, Colin Bjarnason and Frode Anderson and citizen representative Peggy Vigfusson, recommended that council proceed with financing so that it could seek proposals for design and construction.

Jordan Willner, Bifrost-Riverton's chief administrative officer, said a public hearing was held Feb. 11 to introduce a borrowing by-law (No. 1-2021) for the station. Second and third readings of the bylaw, which authorize the RM to borrow up to \$1 million for the station, were given during council's regular meeting May 13.

The Manitoba Municipal Board, a quasi-judicial tribunal body that reviews municipal borrowing among a number of functions, had approved the bylaw under Order No. E-21-050, allowing council to borrow funds to cover costs.

Municipal ratepayers will be paying for the new station for about 14 years through a special mill rate.

"With an anticipated completion date in 2022, the municipality will temporarily borrow the funds and then upon completion of final costs pull a debenture from the province for the total project costs," said Willner by email. "The borrowing will appear on all Municipality of Bifrost-Riverton property-tax bills for 2022-2036."

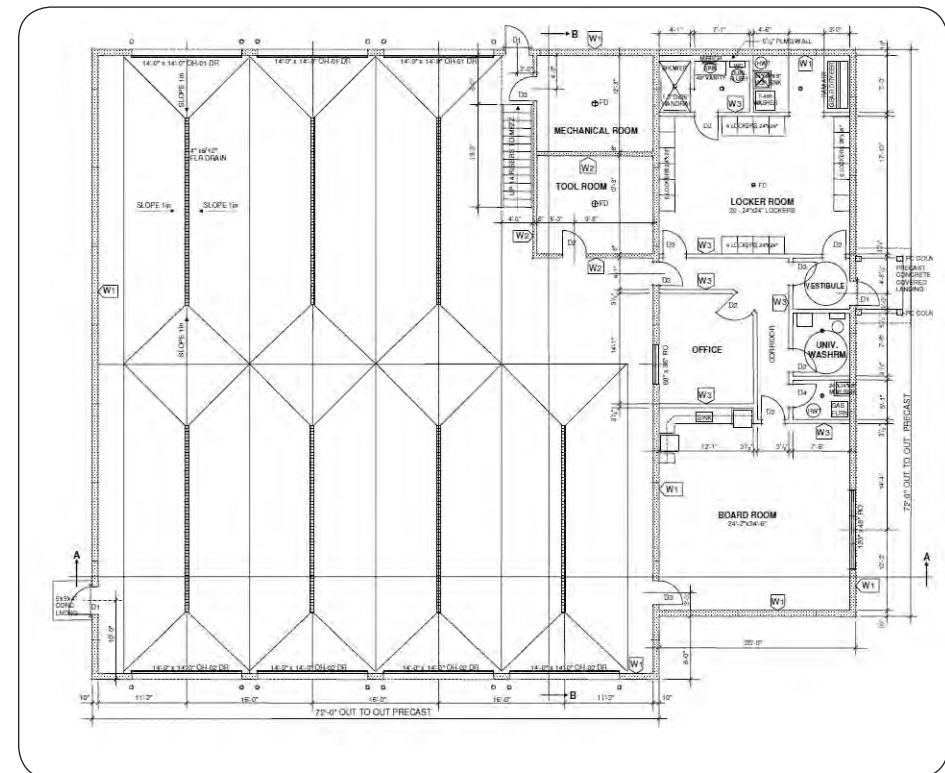
The estimated interest rate will be five per cent per year with an annual loan repayment of \$96,342.29, he said. That amounts to 0.452 mills a year.



ILLUSTRATIONS COURTESY OF THE RM OF BIFROST-RIVERTON  
The new 7,760-square-foot station has four bays in the front (shown here) and three in the rear.



EXPRESS PHOTO BY JASON COMEAU  
The new fire hall will be built on land beside the Riverton Community Hall and attached curling rink.



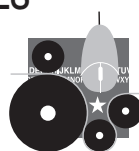
The schematic shows the different areas inside the new fire station.

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# Favours for friends, forgetting First Nations mark debate on selling provincial Crown lands (Bill 12)

By Patricia Barrett

The provincial government is proposing to let politicians sell provincial Crown lands through its Crown Land Dispositions Act (Bill 12) that was introduced last year by Brandon West MLA and central services minister Reg Helwer.

The bill, which will amend other pieces of legislation, has sparked great concern from a number of Manitobans, including those from the Interlake, who say it opens the door to ministers to do favours for friends and party supporters, as had occurred in the past, and also ignores federal and provincial obligations towards Indigenous people.

The purpose of the bill is to reduce red tape, said Helwer during a Social and Economic Development Committee hearing held on April 21. In 2018 the Treasury Board Secretariat had reviewed the system of Crown land sales and found it to be “inefficient and ineffective.” It made recommendations for the creation of a new governance model and new “delegated authorities” to be set out by the Conservative government’s newly created Real Estate Services Division. A new model would help “free up cabinet business.”

The bill states that a minister (i.e., an elected politician) can sell, exchange or transfer Crown land, and also determine the sale price and the terms and conditions of each sale, exchange or transfer of Crown land. Under the previous NDP government, a group of deputy ministers (senior civil servants) were responsible for Crown land sales.

The committee heard testimony from a number of presenters, including farmers and former politicians, the National Farmers Union (Manitoba) and a policymaker who once worked for the provincial government.

Bill Uruski, who farms between Arborg and Poplarfield, said Bill 12 vests a great deal of “political clout and influence” in a minister’s hands and with little transparency. Sales of Crown land, whether agriculture or parks or other types of Crown land, would be at the whim of the minister.

“If you’re going to sell Crown land, there ought to be a public tendering system, that these lands are available and that the public be notified well in advance that these lands are being sold, and those amendments should be put into this act,” said Uruski, who served as NDP Interlake MLA and held ministerial positions in the Manitoba government. “Otherwise, whether it’s park land or any other land, deals can be made. The minister has sole discretion as to set the terms and conditions of each sale so

that there is really no transparency or no oversight that’s included in these amendments.”

Uruski said the previous Conservative government [under Gary Filmon] sold Crown lands “under the table to a friend” without going to tender.

“There are a number of cases in which Crown lands were sold through what one would constitute or at least allege very great favouritism, and that happened to be Crown lands within our park system,” said Uruski, referring to the Hecla Island scandal in the mid-1990s.

He rebuffed assurances from Helwer that sales of Crown land will be advertised and that anyone can bid on them. Without those specific clauses put in Bill 12, assurances are meaningless.

“You can assure me all you want; it’s not in the act. The sole discretion is with the minister,” said Uruski.

Tom Nevakshonoff, who served as Interlake MLA and as a minister in the former NDP government and is now an RM of Fisher councillor, said he has similar concerns about the potential for political favouritism.

Nevakshonoff said he was appearing as a farmer and private citizen, not as a representative of the RM of Fisher.

He said there has to be an intermediary (civil servants) between politicians and the public “who are always pressuring them for political concessions.” Without a buffer, the democratic system would be weakened.

When he was in provincial office, Nevakshonoff said the NDP had tightened up the process by which Crown lands were sold by creating a Crown Lands Property Agency (now replaced with the Real Estate Services Division by the present government). A number of civil servants – deputy ministers from conservation, transportation, municipal affairs, agriculture, mines – sat on the CLPA, providing a check, as it were, on the exercise of power.

Bill 12 will essentially flip that power back into the hands of politicians.

“All of those ministers vetted any potential sale through their department. Any one of them could veto a sale. And the end result was that decisions were made professionally, not politically,” said Nevakshonoff. “Politicians that step on this slippery slope, that are going to enter into the business of selling Crown land, will be subject to all kinds of influence-seekers, party supporters that think that they should be rewarded in terms of getting possession of their Crown lands.”

He questioned the value of privatizing Crown land, which provides “ecological goods and services.” Most of the “good” Crown land has already

been privatized and what’s left is “marginal” land; there may be little value in selling it.

Other presenters raised concern about the disposal of Crown lands and infrastructure in the hands of Hydro, a lack of transparency as to whether there will be rules governing how sold Crown land can be used, further losses to biodiversity, resource extraction that could destroy the ecosystem, the pitting of farmers who’ve leased Crown land for decades against large corporations, and farmers and ranchers and/or their descendants losing their livelihoods should they be unable to access Crown land.

Chief Glenn Hudson of Peguis First Nation, Manitoba’s largest First Nation, said Bill 12 is “unconstitutional,” affecting their constitutional and treaty rights and their treaty land entitlement (TLE) agreements.

Provincial and federal governments have a legal duty to consult on matters that affect Indigenous people under federal law. Hudson said the province did not consult with them on Bill 12.

Crown lands are vital to First Nations’ access to natural resources, and those include wildlife management areas, shooting grounds, Crown agricultural leases, provincial parks and vacant Crown lands.

Under the Natural Resource Transfer Act of 1930, Hudson said the province is obligated to set aside unoccupied Crown lands for Indigenous people. A provincial treaty land entitlement agreement with Peguis, signed in 2008, covers the Crown lands that

could now be at stake should Bill 12 pass.

“By alienating Crown lands or dispossessing them, it takes away the rights of First Nations by treaty or by section 35 ... constitutional rights. And it takes away the opportunity to select and acquire Crown lands, whether they’re occupied or not,” said Hudson. “The doctrine of priority rests with First Nations and the ability of First Nations to select and acquire these Crown lands, which must be paramount.”

He went on to say the provincial government will also contravene “the hunting, trapping and gathering rights” of First Nations through Bill 12.

He wants the bill withdrawn and consultation with First Nations with regard to their rights “because they are protected in the Canadian constitution, which supersedes the Province of Manitoba.”

Helwer assured Hudson the government will live up to its TLE obligations.

“I want to assure you that TLE obligations are in no way altered by the proposed amendments. They only speak to the sale of surplus land and any land that is for sale goes through that TLE lens first to see if or when, how we would make it available under TLE,” said Helwer. “So we don’t make any changes in that regard.”

No amendments were made to the bill at the report stage, according to the province’s bill status page. Bill 12 has yet to receive third reading and royal assent.



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# Icelandic Festival gifts Viking Park phases one and two to the community

Submitted by Kristine Sigurdson

The Icelandic Festival of Manitoba (IFM) is pleased to announce the successful completion of The Viking Park Connectivity Project, which completes the two-phased 125 Legacy Project that began in 2014 with Viking Park.

Over the course of the seven-year campaign, the Viking Park Campaign Cabinet raised approximately \$2.3 million. The cost of both Viking Park phases totalled close to \$2 million. Additional monies were used for campaign costs, an irrigation system for Viking Park, special events during the IFM's 125th celebrations and investment in the festival itself. Approximately \$100,000 of the funds raised will be directed toward the IFM's endowments.

"We worked with the community every step of the way and are proud to have created an authentic and magical Icelandic experience that is unlike any other park and infrastructure project in Canada," says Grant Stefansson, co-chair of the Viking Park Campaign Cabinet. "We are pleased to gift the enhancements of these public areas to the community and the Municipality of Gimli has agreed to the ongoing stewardship of the new land-



EXPRESS PHOTOS BY KRISTINE SIGURDSON

The Viking Park Connectivity Project has been completed and is ready for locals and tourists to take a stroll along the pathways and sidewalks.

scape."

The IFM and the RM of Gimli partnered on the Connectivity Project which connects Viking Park to the main harbour area in Gimli, the Heart of New Iceland. These tree-lined pathways and sidewalks provide a safer passage in a park-like setting, while wayfinding markers improve navigability for visitors

"A visit to the park will provide a diverse, accessible and memorable visitor experience to thousands of locals and tourists who come to see the Viking and view the inland sea every year," says Kathi Thorarinson Neal, co-chair of the Viking Park campaign.

The projects involved extensive community consultations and project planning led by landscape architects, HTFC Planning & Design. Viking Park

was created by Shelmerdine Garden Centre and the Connectivity Project by Minerva Tree Farms and Nursery. The festival is pleased to support possible future community development by providing foundational groundwork through obtaining land surveys and extensive design options to the harbour area at First Avenue and Centre Street.

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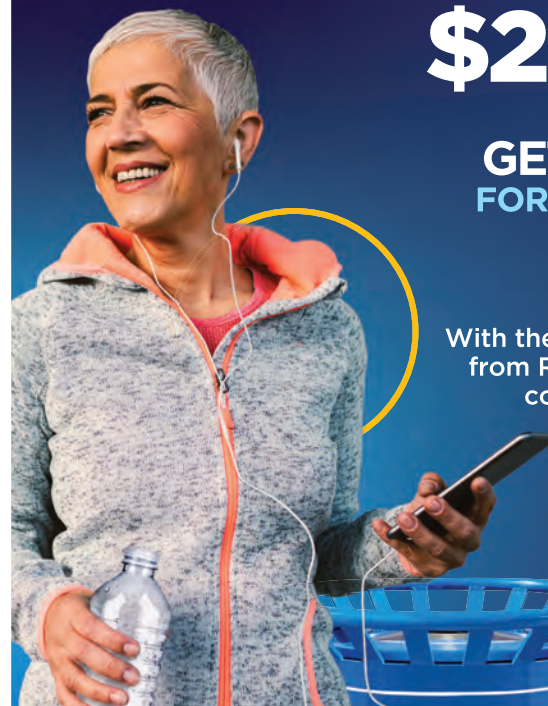
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# Lakeshore schools remain open during code red across Manitoba

By Nicole Brownlee

Lakeshore School Division continues their low COVID-19 cases streak as school year comes to an end.

Assistant superintendent Don Nikkel said the school division is pleased with their lack of class interruptions and thinks consistent in-person classes have helped students learn.

"It's a really dynamic and complex kind of interaction," said Nikkel. "When a teacher is in person with a student, you get the little smile of encouragement or the nod of, 'hey yes, you know, I agree with that.'"

Children learn how to interact with other people, resolve conflict and work hard when they can be in class.

"We've gotten better and better at it, and we can certainly incorporate parts of that almost in-person experience in an online environment, but we still can't duplicate it entirely," said Nikkel.

Nikkel attributes their handle on COVID-19 transmission to following provincial guidelines, encouraging staff and students to stay home if they feel sick and having lots of space.

"For years we've had very large buildings and a relatively small student population," said Nikkel. "One of the things we were able to do right from the start in September is we were able to actually space out students two metres apart in all of the classrooms."

Jennifer Cardinal said she knows her children learn better in-class.

"My kids would prefer to go to school," said Cardinal. "My 13-year-old has excelled in class like you wouldn't believe."

Cardinal's children go to Eriksdale School and Lundar School, and she said she always feels informed about any changes or potential COVID-19 cases at the schools.

"We're always in contact with the teachers, the principal, you name it, on a regular basis," said Cardinal. "If I communicate any concerns or anything, they're very quick to help me."

On May 8, public health identified one positive COVID-19 case at Eriksdale School. The school worked with public health to find any potential contacts with the case and the school was able to remain open the following week.

As a precaution because of her underlying health issues, Cardinal decided to keep her son home from school and the Eriksdale staff were understanding and accommodating, said Cardinal.

"They were right on top of it, they're working with me to get all of his stuff on the Teams app so that he can continue to work at the same pace as he was working in class," said Cardinal.

Kristen Stocki, a Fisher Branch parent, said she feels grateful for the work teachers and staff have done to make school a safe place.

"It's a great place for the kids to go in this chaotic kind of state that we're in because they know they can go to school and it's going to be their normal," said Stocki whose seven-year-old daughter goes to Fisher Branch Early Years.

LSD temporarily switched to remote learning in March 2020, and for two weeks after the Christmas break when the provincial government mandated all schools to close, but the division has not closed since.



EXPRESS PHOTO SUBMITTED

Jennifer Cardinal said her 13-year-old son, shown here in class at Eriksdale School, thrives with in-person classes and she's glad the students have been learning in class.

"IT'S A GREAT PLACE FOR THE KIDS TO GO IN THIS CHAOTIC KIND OF STATE."



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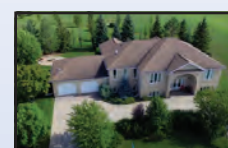
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# RM Bifrost-Riverton budget 2021 highlights

By Patricia Barrett

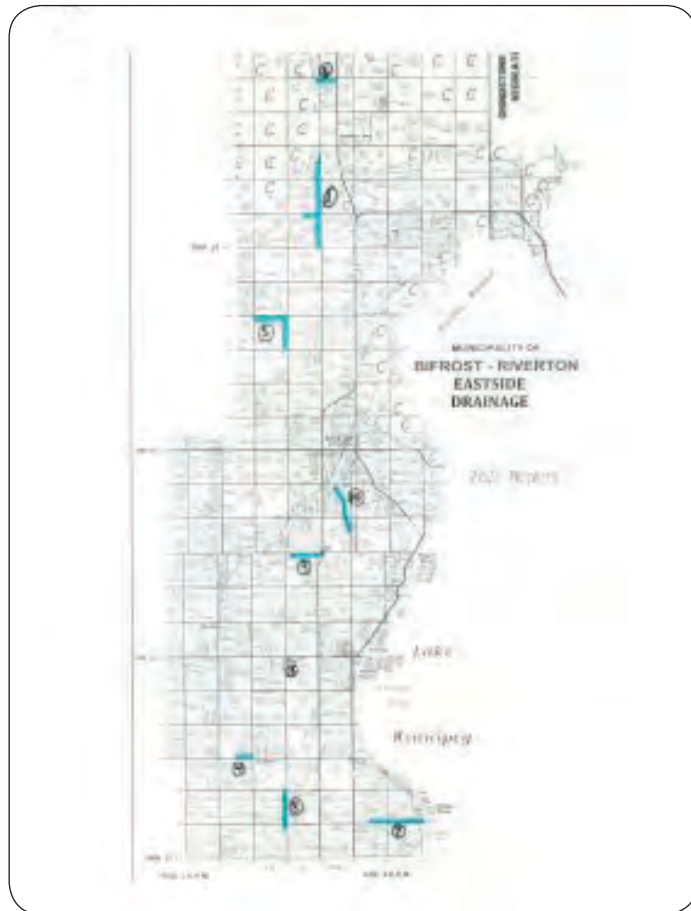
The municipality of Bifrost-Riverton will be providing increased financial support to recreation facilities, fire services and community groups in its 2021 budget.

Chief administrative officer Jordan Willner prepared the RM's financial plan, which was presented during a public hearing May 13.

Municipal revenues in 2021 are expected to be \$5,649,111 while expenditures are expected to be \$6,885,593, a difference of over \$1.2 million. In 2020 municipal revenues were \$5,693,871 and (unaudited) expenditures were \$5,657,220.

"The 2021 Financial plan was prepared with the directive to continue protecting our residents and their services through this second year of the COVID-19 pandemic," said Willner in his slide presentation. "Sub-entities throughout the municipality are reporting a significant loss of revenue and were not prepared to handle last year's push against their financial capacity. The council acknowledges this hardship within this financial plan and are assisting these groups providing valuable municipal services financially."

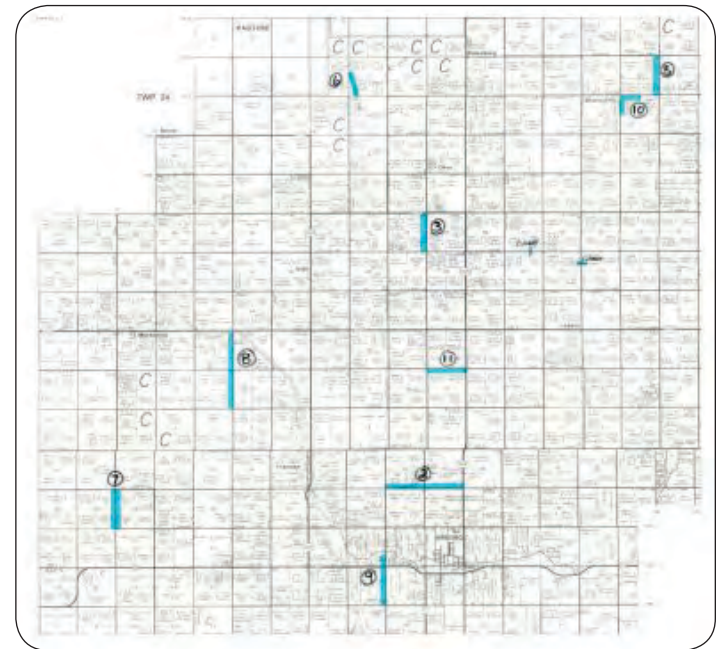
The RM will increase financial support to recreation facilities (over nine per cent increase to their operating



Drainage projects proposed in 2021 for the east side of the RM.

budget), fire departments (over 13 per cent increase to their operating budget), the Riverton & District Handivan, the Riverton Seniors Resource, the Riverton Development Group, the Arborg & District Heritage Village, the Arborg Flying Club, the Town of Arborg's training facility, Arborg Seniors Resource, Riverdale Place Workshop, the Geysir Community Hall, Interlake Women's Resource Centre, and waste management and garbage collection.

The municipal at-large mill rate was set at 17.373 for the second consecutive year, said Willner. A decrease in



EXPRESS PHOTOS SUBMITTED

Drainage projects proposed on the west side of the RM.

mill rates from the Evergreen and the Lakeshore school divisions (.16 and .12 respectively) will result in a total net education levy increase of \$3,476.48. The RM is in year five of its deficit recovery plan (from 2014 audited statements). The amount to be recovered in 2021 is \$58,435, which will appear as individual lines on tax bills.

Municipal taxes and grants in lieu of taxes will increase from \$3,908,305 in 2020 to \$3,961,757 in 2021.

When asked how 2021 municipal taxes in the rural area (Bifrost) and municipal taxes in the urban (Riverton area) would affect a dwelling worth \$200,000, Willner did not say.

"The municipal mill rate was held at the same rate as last year. The only difference is this year there will be a line on the tax bill in the amount of 0.582 mills to pay for the graders bought last year (for both rural/urban) and will be there for five years to pay for the debenture," said Willner by email. "Riverton properties on natural gas are no longer subject to a 0.729 mill to pay for the project."

The RM will reduce transfers to its reserve funds this budget year to \$30,000 from \$70,650 in 2020 (unaudited), and will spend more reserve money this year: transfers from reserves will increase by \$323,899 to \$781,500.

Initiatives/projects for the urban area (Riverton) in 2021 include financial support for the proposed Riverton Transportation & Heritage Centre expansion, sidewalk renewal, playground replacement (conditional on grants) and lake-side residential lot subdivision and development.

Drainage projects in 2021 are planned for both the east and west sides of the municipality with completion depending on factors such as obtaining water rights licenses from the province, getting landowners' permission to allow equipment and the depositing of material on their property, weather conditions, location of utilities and budget constraints.

Among the RM's proposed 2021 capital expenditures are a pumper truck for the Arborg-Bifrost fire station (\$240,000 funded by borrowing), landfill expansion (\$550,000 funded by borrowing and reserves), the Arborg-Bifrost Parks and Recreation Commission letters of comfort (\$176,408.50 from the general fund), lagoon repair (\$120,000 from the general fund), Hnausa lot development (\$100,000 from reserves) and road rehabilitation projects (\$250,000 from reserves).



## POST SECONDARY SCHOLARSHIPS AND BURSARY FUNDS

The Westshore Community Foundation Inc. invite students within the Westshore catchment area to apply for post secondary Scholarships and Bursary Funds. Eligible students must have graduated from the Gimli High School or Riverton Collegiate Inc.

Consideration will be given to students who have completed a minimum first year of studies or Apprenticeship certification at their chosen institute of learning, including University, College and Trade Schools.

Mature students who have lived in the catchment area for the past 2 years and who have not pursued post-secondary education within the past 5 years are also invited to apply.

Applications and guidelines are available on the Westshore Community Foundation's website: [westshorefoundation.ca](http://westshorefoundation.ca)

Applications will be accepted up to July 15, 2021.

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# Gimli Children's Centre welcomes new director

Submitted by Dawn Peters

Pandemic restrictions are back in Gimli and so is former Gimli Children's Centre employee, Heather Reichert.

On Monday, April 5 Reichert came back to GCC after working for the Families First program for five years.

Reichert has hit the ground running since her arrival.

"We are a licensed centre for 50 children," Reichert said. There is a waitlist to attend, but some programs like the school age children and kindergarten classes were temporarily halted in response to the closure of Gimli schools. "We are not currently running at capacity."

Still the daycare has remained open. "We are working daily with keeping everyone that comes to our centre as safe as possible," she added. "I am

constantly connecting with the coordinator for our area, so we are up to date with the most current [COVID] guidelines.

"All staff are working hard to keep our children in their cohorts."

New summer students have been added to the senior staff.

"We have been lucky to have so many long-term employees in our centre," Reichert noted. "They carry knowledge that they are able to pass along to our new hires. [They can] mentor

the new generation of early childhood educators."

GCC also just celebrated the week of the early childhood educator with prizes, snacks and many cards of thanks.

"It's a great way to show appreciation for the staff and all the hard work

they do every day."

It has become increasingly important to find ways to connect during the pandemic, for individuals, for children and for the community. "We have previously gone into Betel Home to visit and interact with the residents but with Covid that is on hold," she said. "We are hopeful this will return one day."

For now, keeping the centre viable and functional is a priority.

"We have partnered with many different organizations over the years and [we are] hopeful to keep those connections and make new ones," Reichert stated firmly. "We are working on a raffle fundraiser right now and tickets will be ready to go out really soon."

The funds raised will go towards repainting the interior walls of the centre. This will brighten up the world of many small children. Reichert hopes GCC can pursue outdoor renovations as well with future fundraisers.

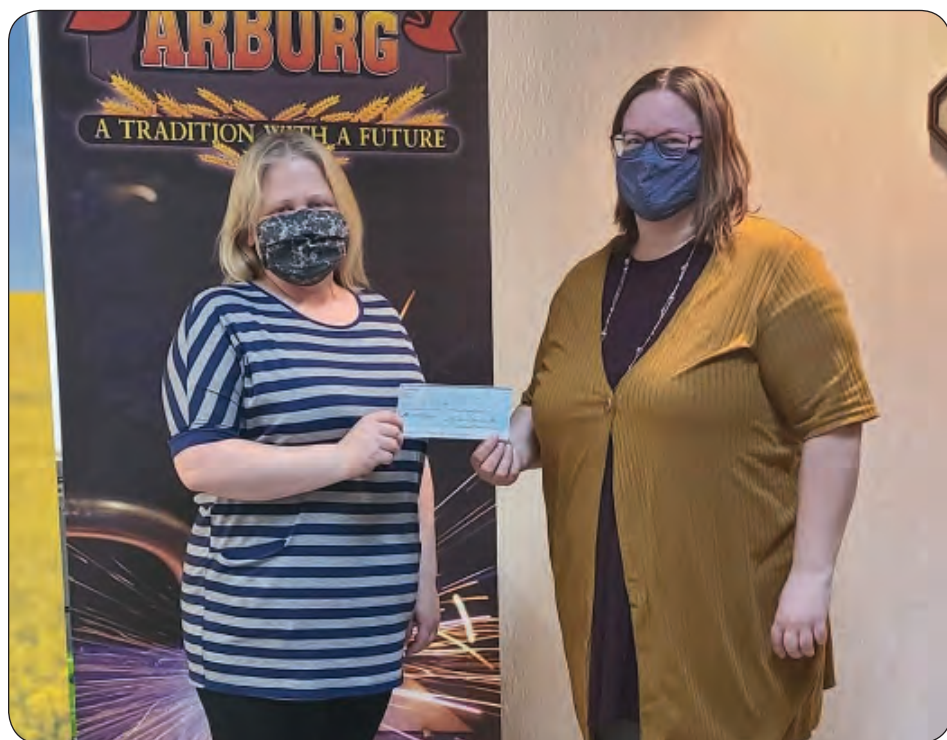


EXPRESS PHOTO SUBMITTED


Heather Reichert has returned to the Gimli Children's Centre after a five year hiatus.

To purchase tickets and support GCC, please contact Heather Reichert at 204-642-7465 or [gcckids@mymts.net](mailto:gcckids@mymts.net).

## Town of Arborg receives over \$16,000 for training centre upgrades



EXPRESS PHOTO COURTESY OF COMMUNITY FUTURES EAST INTERLAKE  
Lisa O'Neill (left) presented the Town of Arborg's chief administrative officer Cindy Stansell with a \$16,389 Build Interlake Growth Regionally (BIG-R) grant last week from Community Futures East Interlake. The town had applied for the grant, with support from the Municipality of Bifrost-Riverton and the Central Interlake Chamber of Commerce, in order to upgrade two buildings that make up the Central Interlake Training Facility. "This project is now complete and the buildings are being utilized by Assiniboine Community College for the two-year LPN program," said Stansell.

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# AGM NOTICE

**THURSDAY, JUNE 17, 2021  
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**REGISTRATION DEADLINE: JUNE 11, 2021 (4pm)**

**The Nominating Committee is currently accepting nominations for a position on the Co-op's Board of Directors**

All nominations must be made through the nominating committee. Members who wish to be nominated for the position of Director of the Co-operative must deliver nomination papers to our Administration Office by **June 3, 2021**.

Interested individuals can pick up a nomination form at our Admin Office or the Eriksdale Food Store. If you have any questions, please call our General Manager, Jordan Cook at **204-376-5245**.



# Home & yard

## Make your yard a paradise for pollinators

Habitat loss is one of the main causes of decline in the population of bumblebees and other pollinators. If you want to help protect these vital species, consider growing nectar plants in your yard. This will provide a food source for the insects and birds that pollinate your community's gardens, orchards and fields. **CHOOSING PLANTS** There are many kinds of flowering species that can beautify your yard while also creating an inviting space for pollinators. Sunflowers, anemones, goldenrods, echinacea and hydrangeas are all great picks. Pollinators are attracted to a number of annuals as well, including borage, centaury and cosmos. If you prefer to grow food in your garden, consider

planting aromatic herbs like oregano, sage and thyme. Fruit trees and plants, such as apple, blueberry and strawberry are a good source of nectar in spring. **ADDITIONAL ADVICE** If you want to attract pollinators to your yard, be sure to:

- Grow nectar plants in areas that are sheltered from the wind
  - Include white flowers in your garden to attract nocturnal pollinators
  - Provide a source of water such as a small fountain or birdbath
  - Avoid weeding dandelions, clovers and ivy; they're rich in nectar
  - Plant species with varied bloom times so you have flowers from spring to fall
- By following these tips, you're sure to create a welcoming environment for all kinds of pollinators.



## Five strategies to ward off squirrels

Squirrels are agile creatures that like to snack on seeds and dig up flower bulbs. This can make them quite a nuisance for gardeners. If you want to keep the squirrels in your area at bay, here are five tricks to try. 1. Plant bulbs at least 15 centimetres deep, and opt for species that squirrels tend to avoid such as daffodils, hyacinths and fritillaries. 2. Cover your flower beds with chicken wire. This metal mesh will keep unwanted critters at bay without disrupting the germination

of your seeds. 3. After planting, cover the soil with blood meal or chicken manure fertilizer. The odour repels squirrels and helps mask the smell of bulbs. 4. Grow aromatic plants that repel squirrels such as onion, garlic and herbs. Scented geraniums (pelargoniums) and certain other fragrant flowers will also do the trick. 5. If you have a cat or dog, let it roam near your garden. Your pet's presence, as well as the fur and scent it leaves behind, will serve as a deterrent. Good luck!

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# Incredible Creatures: Brood X Periodical Cicadas: What a trill

By John Gavloski

It's happening. The massive emergence of Brood X, a type of periodical cicada in the eastern United States. The August 2016 Incredible Creatures article on cicadas concluded with "take note, the great eastern brood, the largest of all 17-year periodical broods, next emerges in 2021 in the eastern United States. Mark this into your bucket list". This month's Incredible Creatures will explore what are periodical cicadas, broods, and what makes brood X so special.

## Living life underground

There are 170 species of cicadas in Canada and the United States, although just 4 species in Manitoba. None of the species in Manitoba are periodical cicadas. The common one in Manitoba that can be found, and more often heard than seen, is the dog-day cicada.

In eastern North America there are seven species of cicadas, in the genus *Magicicada*, known as periodical cicadas. Three of these can live for 17 years, and four species can live for 13 years. The 17-year cicadas are generally more northern, and the 13-year cicadas more southern. Periodical cicadas occur only in North America. They are called periodical cicadas because even though they live under-



PHOTO COURTESY OF TRACY LEE.

## Periodical cicadas.

ground as juveniles for almost all of their 13 or 17 years, the development is synchronized so all individuals of a species within a region emerge as adults all at once in the same year. Sometimes tremendous numbers will emerge. Cicadas of all other species are not synchronized, and some emerge each summer. Many refer to these nonperiodical species as annual cicadas since some are seen every summer.

After almost 13 or 17 years as juveniles underground, adults of periodical cicadas are active for about 4 to 6 weeks. Male periodical cicadas typically form large aggregations

that sing in chorus to attract females. Within two months of them starting to emerge, the lifecycle is complete, eggs have been laid, and the adult cicadas are gone for another 13 or 17 years.

Adult periodical cicadas are mostly black with reddish-orange eyes and wing veins. In contrast, annual cicadas have greenish wing veins, and emerge from July through September instead of late May through early June. Emergence of annual cicadas is scattered over this time, and they rarely emerge in noticeable numbers.

## Broods a plenty

Different groups of periodical cicadas called "broods" emerge some-

where in the eastern United States almost every spring. Emergence is often tightly synchronized to within a few nights. Massive brood emergence is believed to overwhelm predators, ensuring that enough survivors will be left behind to reproduce.

Each yearly emergence is referred to as a "brood" and is designated by a Roman numeral. The numerals I through XVII (1-17) are assigned to the 17-year broods, and XVIII through XXX (18-30) to the 13-year broods. The numbering of the 17-year broods began with the 1893 brood, which was designated as Brood I. In 1909, Brood XVII appeared, and in 1910, Brood I appeared again. Because the broods are designated by Roman numerals, they are properly spoken as numbers. For example, Brood X is "Brood Ten" and not "Brood Ex".

## The Spectacular Brood X

Brood X, known as the "great eastern brood," is a large brood that emerges across 15 states. That is what is getting all the attention and media coverage this year.

The sounds of our dog-day cicadas are something to look forward to later in the summer. For now, enjoy the coverage you are likely to see of one of nature's amazing events as Brood X periodical cicadas emerge this spring.

# Caution advised in relying on protection from one dose of Pfizer

By Patricia Barrett

Researchers have determined that the Pfizer-BioNTech vaccine is only partially effective against COVID-19 after one dose, according to the results of an observational study carried out in Israel.

The authors of the study – some of whom hold stock and stock options in Pfizer – advised caution with regard to relying on one dose for protection against COVID and its variants as people will have lower levels of antibodies against the disease.

The study titled, "Impact and effectiveness of mRNA BNT162b2 vaccine against SARS-CoV-2 infections and COVID-19 cases, hospitalizations, and deaths following a nationwide vaccination campaign in Israel: an observational study using national surveillance data," was carried out from Jan. 24 to April 3, 2021, and published online May 5 in the medical journal *The Lancet*.

It shows "moderate effectiveness" against COVID after one dose. But it is "highly effective" after two doses.

The vaccine's effectiveness against death was estimated to be 77 per cent two-three weeks after the first dose in contrast to 98.1 per cent two weeks or longer after the second dose was administered.

The authors wrote that "relying on protection against COVID-19 from a single dose might not be prudent; BNT162b2 [the Pfizer-BioNTech vaccine] was developed and evaluated in the RCT as

a two-dose schedule, and substantially lower levels of neutralising antibodies were observed after one dose compared with after two doses."

They go on to say that little is known about how long one dose will protect an individual.

"It is possible that one dose will provide a shorter duration of protection than two doses, particularly in an environment where new SARS-CoV-2 variants continue to emerge."

Israel, which has universal healthcare, is leaps and bounds ahead of other countries in terms of the numbers of fully vaccinated individuals. By the beginning of April, 72 per cent of its population aged 16 years and older had received two doses of the Pfizer vaccine.

Pfizer-BioNTech recommends that its two-shot vaccine be given three weeks apart. But Canada's immunization advisory group, NACI, has recommended a four-month delay between first and second doses because of vaccine shortages. That delay also applies to other two-shot vaccines approved in Canada: Moderna and AstraZeneca.

As Canadians are expected to experience a longer than advised delay between their first and second shots of vaccine, medical experts recommend vaccinated people continue to follow public health fundamentals such as wearing masks, avoiding gatherings, physical distancing and frequently washing their hands.

## How mRNA COVID-19 Vaccines Work

**Understanding the virus that causes COVID-19.**  
Coronaviruses like the one that causes COVID-19 are named for the crown-like spikes on their surface, called **spike proteins**. These spike proteins are ideal targets for vaccines.

**What is mRNA?**  
Messenger RNA, or mRNA, is genetic material that tells your body how to make proteins.

**What is in the vaccine?**  
The vaccine is made of mRNA wrapped in a coating that makes delivery easy and keeps the body from damaging it.

**How does the vaccine work?**  
The mRNA in the vaccine teaches your cells how to make copies of the **spike protein**. If you are exposed to the real virus later, your body will recognize it and know how to fight it off.

**Getting vaccinated?**  
For information about COVID-19 vaccine, visit [cdc.gov/coronavirus/vaccines](https://www.cdc.gov/coronavirus/vaccines)



**CENTERS FOR DISEASE CONTROL AND PREVENTION**  
The Pfizer COVID-19 vaccine works by providing the body with a set of instructions for fighting the virus.

# Province, Xplornet teaming up to improve broadband, cell service

By Ashleigh Viveiros

The Manitoba government is teaming up with Xplornet Communications Inc. to connect Manitobans in northern and rural communities with reliable, high-speed internet.

Premier Brian Pallister last Thursday announced the signing of a memorandum of understanding with the company.

The agreement will provide broadband services to nearly 30 First Nations and approximately 270 rural and northern communities. It will also provide 350 communities with cell-phone access.

The pandemic has made it clear that

access to reliable internet isn't a luxury but a necessity in today's world.

"We've met virtually, we've shopped virtually, we've exercised virtually, we've marked the holidays virtually," Pallister said. "You name it, we've gone virtual."

"Being connected and living virtually are no longer choices. They're necessities. They're a way of life in 2021."

But not all Manitobans have equal access to that way of life. It's time, the premier stressed, to change that.

"Too many Manitobans, more than in any other part of the country, are deprived of the opportunity of reliable internet and cell service," he said.

"We'll advance as a province only when we advance our knowledge infrastructure that allows everyone to join in that progress."

Through Manitoba Hydro, the province owns thousands of kilometres of fibre-optic cable across Manitoba, however much of the network is surplus, unused capacity. The network was created to communicate with northern hydroelectric facilities and transmit data.

Xplornet will make use of this surplus capacity to connect more than 125,000 unserved or underserved Manitobans to its broadband and cell phone services as early as this fall.

"Xplornet looks forward to collaborating with the government of Manitoba and accelerating our facilities-based network investment plans to deliver improved speeds and unlimited data plans at affordable prices to rural Manitoban homes and businesses," said company president and CEO Allison Lenehan.

Communities across the Pembina Valley are on the list to receive increased broadband and/or cellular service under this project.

The Manitoba government, Manitoba Hydro and Manitoba Hydro Telecom are collaborating to finalize the contract in the coming weeks.

## sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

### Einarson, Gushue win opener at world mixed doubles curling championship

Staff

Camp Morton's Kerri Einarson and Brad Gushue - representing Canada - defeated Spain 8-6 in their opening game at the world mixed doubles curling championship on Monday.

Canada erased a four-point deficit and stole two in the eighth end for the victory over Oihane Otaegi and Mikel Unanue.

"I struggled a little bit early just trying to figure out some of the paths, and once I got a handle on that and started making my first shot that made Brad's shots maybe a little easier," Einarson told the Canadian Press.

Canada must finish in the top seven to qualify for the mixed doubles discipline at the 2022 Olympic Winter Games in Beijing.

Canada is one of 20 teams entered in the competition. Gushue and Einarson are trying to become the first Canadian team to win gold in the event's 13-year history.

Competition continues through Sunday.



EXPRESS PHOTO COURTESY OF CELINE STUCKI WCP

Canada's Kerri Einarson and Brad Gushue won their opener at world mixed doubles playdowns, defeating Spain 8-6 this past Monday.

## Golf Manitoba announces schedule changes

Submitted by Golf Manitoba

Due to current provincial health orders, Golf Manitoba announced Monday the 2021 Match Play Qualifier and subsequent Match Play Competition at the Grand Pines Golf Course is being moved back on the calendar.

Qualifying is now scheduled for June 5 with matches to take place June 10-13.

The registration deadline remains May 20 at 11 p.m.

The revised schedule is as follows:

June 5 - Championship qualifying for all competitors (18-holes)

June 10 - Round of 32 men (afternoon tee times)

June 11 - Round of 16 for men, women and senior men (afternoon tee times)

June 12 - Round of eight for men, women and senior men (afternoon tee times)

June 13 - Semifinals (morning tee times), Finals (18-holes afternoon tee times)

All competitors will pay a Qualifying Fee. Those who successfully qualify will then pay a Championship Fee to continue in the event.

The event fee schedule is as follows: Amateur Men - Qualifying Fee, Championship Fee \$95

Amateur Women & Senior Men - Qualifying Fee \$90, Championship Fee \$75

All Match Play entry fees include GST.

# get inspired

> MEAL IDEAS



## Thousand Island Burger Pizza

Unroll dough and spread on 13-by-9-inch nonstick baking sheet. Bake 8 minutes; remove from oven.

In small skillet over medium-high heat, cook ground beef, stirring frequently, 8-10 minutes, or until no longer pink; drain. Spread sauce evenly on baked dough to within 1/2 inch of edge. Top with beef and cheese.

Bake 8-10 minutes, or until crust is golden brown. Top with lettuce, bacon and salad toppings from kit and pickle slices. Drizzle with Thousand Island dressing from kit. Cut into 12 (3-by-3-inch) pieces.

Prep time: 15 minutes  
Total time: 25 minutes  
Servings: 6

1 can (11 ounces) refrigerated thin pizza crust  
12 ounces lean ground beef  
1 cup pizza sauce  
2 cups shredded cheddar cheese  
1 package (9.4 ounces) Fresh Express Bacon Thousand Island Chopped Kit  
1/3 cup dill pickle slices  
Heat oven to 400 F.



## Kickin' Chicken Tostadas

1 avocado, peeled, pitted and cut into 1/2-inch pieces

In large, covered skillet over medium heat, cook chicken in salsa verde 20 minutes, turning once, until internal temperature reaches 165 F.

Remove chicken, reserving 1/2 cup salsa verde; shred with two forks. Toss with reserved salsa verde.

Place salad from kit in large bowl; toss with half the salad dressing from kit. Add toppings from kit; toss to combine.

Divide salad evenly among tostada shells. Top each salad with chicken and avocado; drizzle with remaining dressing.

Prep time: 30 minutes  
Total time: 35 minutes  
Servings: 6

1 pound boneless, skinless chicken breasts  
1 jar (16 ounces) salsa verde, any heat level  
2 packages (10.2 ounces each) Fresh Express Kickin' Bacon Ranch Chopped Kit  
12 tostada shells

## Orange Moscow Mule Mocktail

Recipe courtesy of Gina Homolka of "Skinnytaste"

Servings: 1  
1 California Cara Cara orange  
1 cup ice  
1 bottle (6.8 ounces) light ginger beer



fresh mint leaves, for garnish  
Slice orange in quarters then cut 2-3 slices for garnish and set aside. Juice rest of orange and place in copper mug (or any glass). Fill glass to top with ice. Add ginger beer and garnish with orange slices and mint leaves.

## Spring Clean your mind and your mouth

By Shawna Howard Certified Life Coach

The other day, my grandpa (almost 83 years old) told me that he thought he'd never reach this golden age; seeing his great-grandchildren, let alone see them grow up. My 13-year-old daughter was listening and she turned toward him and innocently asked "Why did you think that?"

Grandpa was taken aback and looked at her with wide eyes and simply shrugged his shoulders, with palms up saying, "I don't know, I just thought I wouldn't live to see it."

Now, as innocent as this was, it really got me thinking about the lies that get planted in our minds and we just "think" them. Your thoughts are powerful enough to create your reality, so with spring upon us; what better time to take a look at what needs to stay and what needs to go in life.

- Recognizing defeating thoughts, because they eventually show up in our words, actions, attitudes and behaviours. Have you ever noticed a time when you consistently thought negatively about someone or a situation and this led you to take actions in the direction of these thoughts? I most certainly have, and what I got was not at all what I wanted! I remember the days of dwelling on the negative, choosing to magnify the things I didn't like in myself and others. We must choose our thoughts carefully, making sure that they're leading us to what we want in life, aligning with our core values and beliefs. On the other hand, if we allow negative, defeating, fearful thoughts to rule our mind, we can and often will fall prey to them. Meaning; we will say what we are thinking, do what we are thinking, become exactly what we are thinking. The good news is, we have a choice! We get to choose our thoughts!

- Once we clear out the unwanted thoughts, we need to replace them with worthy thoughts. Some thoughts are on autopilot in our mind and we may not even realize we are harming ourselves as we accept them. Choose to think good, right, honorable, uplifting and true thoughts. Replace the bad with good, the wrong with right, the lie with truth. Do you know someone who has been through tremendous trials in life and still maintains a positive outlook, a joyful countenance, displaying hope for the future? They have discovered the power of choosing their thoughts carefully.

- It's time to look at what we are saying. Ask yourself how you have been speaking lately. What words are coming out of your mouth? What's your tone of voice, the attitude behind your words? Are you speaking life into your situation, or are you speaking

defeat? Are you thanking God for all the good, or are you constantly complaining? We all complain from time to time, the important thing here is to recognize it and take action.

Maybe you've been talking about how you can't stand your job. Maybe you're upset because you feel like your spouse never helps you, or the kids are driving you nuts because they never listen. Maybe this pandemic has left you frustrated and angry and you are telling everyone who will listen.

We all complain, get frustrated, feel fearful, but it's important to recognize, replace and speak life to gain ground in the direction we wish to go in life.

Having a job at all is something to celebrate, it pays the bills and provides purpose. Choose to be grateful. Watch as your day becomes productive and fun!

Your husband may not help much, but there's a lot of good in him; take a moment and reflect on those qualities that you fell in love with in the first place. Shift your focus and you'll see; he's a wonderful father to your children, a hard worker, honest, faithful, good looking, he makes you laugh and he knows you like no one else. If you've forgotten, make a list and read it everyday. As your thinking changes so will your marriage.

So, the kids are driving you nuts, they don't listen, they make such a mess and the n-o-i-s-e! But you have them! They are here, healthy, whole, amazing blessings from God. They whisper "I love you" at bedtime and hug you in front of friends, they need you more than you know. Let's hold onto the good, and try not to dwell on what drives us crazy!

This pandemic is stretching all of us, but that's no reason to be defeated. You were created and fashioned for such a time as this and maybe someone that looks up to you needs to hear an encouraging word. You can be that voice that speaks hope, truth, faith and love in a time when there's so much unrest, division, uncertainty and aggression.

In conclusion, let's learn to recognize what's going on in our thought life because our words will follow our thoughts and eventually lead us to act.

"Where the mind goes, the man follows" -Joyce Meyer

If you need a change in direction, I encourage you to reach out to me! Coaching can be the bridge that gets you from where you are today to where you want to be tomorrow.

Thank you for reading! For a list of the coaching questions pertaining to this article or to be included in my upcoming messages; I'd love to hear from you! Reach me at Daretosoarlifecoaching@gmail.com



Weightloss • Energy & Performance • Healthy Aging

Allana Sawatzky  
allana333@hotmail.com

Janice Gulay  
jkaram@mymts.net (c) 1-204-648-3836

Rose Sawatzky  
isa.rose1957@gmail.com (c) 1-204-479-8227

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## SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

Buyer for all farmyard scrap, machinery and autos. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

## EQUIPMENT

D4 Caterpillar, approx. 1950's, in running condition. Ph 204-768-0142.

## PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

## APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

## HELP WANTED

The Window Factory located at 605 Mercy St, Selkirk is now hiring installer assistant and manufacturer assembly personal. Please apply in person to the office Monday - Friday. Valid driver's licence required for installer assistant.

## Lakeshore Women's Resource Centre

In Ashern is looking for  
**1 Summer Student**  
(MMF funding agreement)  
**Admin Assistant**

Start date June 21, 2021  
Application deadline June 14, 2021  
Must be a full-time student between  
The ages of 15 and 30 returning to  
School full-time for the 2021/2022  
Academic year

For more info please contact  
**204-768-3016**

Only applicants selected for  
interviews will be contacted

## SUMMER EMPLOYMENT OPPORTUNITY

**Riverdale Place Workshop Inc.**  
requires a **SUMMER STUDENT**

to assist in the recycling department.  
Help to sort and bale the recycling  
products. Also to cut the yard site grass  
and minor ground maintenance. Criminal  
record check and Adult Abuse check  
required. Hours 9:00 am to 4:00 pm.

Position to start July 2nd to August 27, 2021.

Please send resume or  
drop off at the workshop to  
Alex Janower, Manager  
Riverdale Place Workshop Inc.  
Box 609 Arborg, MB R0C 0A0  
Tel: 204-376-5584  
Fax 204-376-5584  
email [riverdalew@mymts.net](mailto:riverdalew@mymts.net)



Rural Municipality of  
**FISHER**

Box 280, Fisher Branch, MB, R0C 0Z0  
Tel: 204-372-6393, Fax: 204-372-8470

## SUMMER STUDENT EMPLOYMENT OPPORTUNITY

**Seasonal Groundskeeper**  
(Funded by Manitoba Metis Federation)  
**July 5 to August 27, 2021 (Eight weeks)**

The Rural Municipality of Fisher is accepting applications for the above position:

### Duties:

Grass cutting and trimming along roadways, ditches, riverbank and vacant lots.  
General garbage cleanup and related light maintenance.  
Assisting with other duties as required.

### Requirements:

Must be a student between the ages of 16 and 30 who attended school full-time during the preceding year and intend to return to school on a full-time basis in the following academic year (part-time and distance education students do not qualify).  
Must be Metis, Non-status or Inuit.  
Must be able to work with minimal supervision.

Please submit applications by **4:30 p.m. Monday, June 14, 2021** to:

RM of Fisher  
Box 280, Fisher Branch, MB R0C 0Z0  
Fax: 204-372-8470  
Email: [fishercao@mymts.net](mailto:fishercao@mymts.net)



Rural Municipality of  
**FISHER**

Box 280, Fisher Branch, MB, R0C 0Z0  
Tel: 204-372-6393, Fax: 204-372-8470

## EMPLOYMENT OPPORTUNITY

**RURAL MUNICIPALITY OF FISHER**  
**CUSTODIAN – CASUAL ON CALL BASIS**

**WASTE DISPOSAL SITES – FISHER BRANCH, POPLARFIELD, HODGSON**

The Rural Municipality of Fisher invites applications for the position of Custodian (permanent/part time/on call) for our three Waste Disposal Sites. This is an on-call basis to cover sick days and vacation time. Maybe called in to assist on additional days.

### Requirements for this position are:

- Valid driver's license
- The applicant must be prepared to obtain any legislated certification that is required for the position.

**Job Description:** The Custodian is required to direct waste disposal and recycling activities, and perform other duties relating to maintenance of the site as assigned.

**Days/Hours:** The Disposal Sites are open three (3) days a week - Tuesdays, Thursdays and Saturdays. Hours vary depending on the season.

The R.M. of Fisher offers a competitive wage for this position. Salary is set out in the CUPE Local 4348 Collective Agreement.

Written applications including resume, cover letter and three work related references to be submitted in confidence. **Deadline for applications is June 1, 2021**

RM of Fisher "Custodian Position"  
P.O. Box 280, Fisher Branch, MB. R0C 0Z0  
Phone: (204) 372-6393 Fax: (204) 372-8470  
Email: [fishercao@mymts.net](mailto:fishercao@mymts.net)



**EVERGREEN SCHOOL DIVISION**  
Invites applications  
for the following regular position,  
effective ASAP:

20.SU.28 **Winnipeg Beach School Caretaker (6.0hr/day)**

See website for details and application procedures:  
[http://www.esd.ca/Employment under Support Staff](http://www.esd.ca/Employment%20under%20Support%20Staff).

**CLOSING DATE: May 25, 2021 (3:30 pm)**

We wish to thank all applicants for their interest, however only candidates selected for an interview will be contacted.

Employment will be subject to satisfactory criminal record and child abuse registry checks. Evergreen School Division may contact former employers.



## TOWN OF WINNIPEG BEACH CALLS FOR VOTING OFFICIALS BY-ELECTION 2021

Voting officials are required for the Advanced vote to be held June 12, 2021 And also, for the By-Election to be held June 19, 2021.

The voting is to be held in the Winnipeg Beach Community Centre and will be from 8 a.m. and 8 p.m. with the count to follow voting on June 19, 2021

Training will be provided.  
Covid precautions will be in effect and personal safety equipment will be supplied.

Interested persons are asked to apply to the email address below:

David Lobban - Senior Election Official  
[seo@winnipegbeach.ca](mailto:seo@winnipegbeach.ca)



Rural Municipality of  
**FISHER**

Box 280, Fisher Branch, MB, R0C 0Z0  
Tel: 204-372-6393, Fax: 204-372-8470

## EMPLOYMENT OPPORTUNITY

**LUD of Fisher Branch**  
**Green Team Summer Student**  
**July 5 to August 27, 2021 (Eight weeks)**

The Local Urban District of Fisher Branch is accepting applications for the above position:

### Requirements:

Must be between the ages of 16 and 24.  
Valid drivers licence is an asset.  
Must be able to work with minimal supervision.

### Duties:

Grass cutting and trimming along roadways, ditches, riverbank and vacant lots.  
General garbage cleanup and related light maintenance.  
Assisting with other duties as required.

Please submit applications by **4:30 p.m. Monday, June 14, 2021** to:

LUD of Fisher Branch  
Box 280, Fisher Branch, MB R0C 0Z0  
Fax: 204-372-8470  
Email: [fishercao@mymts.net](mailto:fishercao@mymts.net)

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KNUTSON BUILDING LTD.

## EMPLOYMENT OPPORTUNITIES FOR; CARPENTERS - FRAMERS - LABORERS & SELF EMPLOYED

Projected Start Date: As soon as possible

KBL works in various projects such as residential, commercial and industrial providing services such as prefab, framing, concrete, dirt work just to name a few. KBL offers year round work with employee benefits. Wages are negotiable upon experience of the trade and certificates. A successful applicant(s) would possess the following criteria;

- Valid Manitoba driver's license
- Experience of truck & trailer
- Some experience with operating of heavy machinery
- Knowledge of the trade & Construction Safety
- Further assets will be highly considered such as: First Aid & CPR

**Remit your Resume to KBL@goKBL.COM**

These positions are also open to the *Targeted Wage (TWS)* program delivered by the *Manitoba Metis Federation Inc.* partners with employer to general long term employment for eligible program candidate through a combination of on the job skills training, direct work experience.

Those who qualify for this program would be underemployed or unemployed Metis individual.



## Rural Municipality of GIMLI

### INVITES APPLICATIONS FOR SEASONAL & STUDENT POSITIONS

#### General Skills & Qualifications for all positions

Candidate must have excellent communication, organizational skills and must be able to work independently or in a team environment.

#### SEASONAL POSITIONS

(Part-time June & September and Full-time July & August)

**Park Patrol** – Duties include monitoring and maintaining a clean safe beach and park areas as well as other public facilities. Greet visitors, provide tourism and environmental information. Shifts are varied; seven days per week; 8:00AM to 10:00PM.

**Visitor Center** - Duties include greeting visitors, interpreting exhibits on natural history on Lake Winnipeg and fisheries, providing tourism information, maintaining Visitor Centre attendance data, assist with planning and implementing summer programs. Shifts vary seven days per week, some weekend shifts will be required.

#### SEASONAL POSITIONS

(Approximately June to October, as required)

**General Labourers** – Duties include refuse crew, grass cutting, landscaping, etc., must be physically fit. Typical work shift 8:00AM to 4:30PM, Monday to Friday but may include some weekends. Valid class 5 driver's license required. Wage based on collective agreement

**Operator C** – Duties include operating medium equipment such as refuse trucks, roadside mowers, and dump trucks, as well as general duties. Valid class 3 with air endorsement driver's license required. Wage based on collective agreement.

Completed applications stating the position(s) applying for, with resume and references, are to be submitted to the Municipal Office located at 62 2nd Avenue by 4:00 p.m. on May 27, 2021.

Kelly Cosgrove, CMMA  
Chief Administrative Officer  
Rural Municipality of Gimli  
PO Box 1246, 62 – 2nd Avenue  
Gimli, MB R0C 1B0  
Email: [gimli@rmgimli.com](mailto:gimli@rmgimli.com)  
Fax: (204) 642-6660

**We thank all applicants; however only those selected for an interview will be contacted.**



KNUTSON BUILDING LTD.

## SUMMER STUDENT OPPORTUNITY OFFICE ASSISTANT

#### Eligible Participant:

- Must be Metis, Non-Status or Inuit.
- Must be students between the ages of 15-30 who attended school full-time during the preceding year and who intend to return to school on a full-time basis in the following academic year (part-time and distance education students do not qualify).
- Any and all students under 16 years of age must have a consent form signed by the parent or guardian allowing them to work.

#### Position knowledge & duties include but not limited to:

- Knowledge of Microsoft Office Programs such as Word, Excel & Power Point
- create and edit company manuals
- light office duties such as filing and photocopying, answer telephone and relay calls and message
- type and proof read corresponds, form and documents
- Updating/maintaining vendor and employee files
- create and edit company manuals
- Prepare & mail customer account statements
- Assist in safety program
- WCB clearance checks monthly and prior to payment issued
- Order & restock supplies
- Data entry

**Remit resume to KBL@goKBL.com**

The Summer Carrier Placement program delivered by the Manitoba Metis Federation Inc. is intended to prepare young people for the labor market. The program provides career-related work experience opportunities for Metis, Non-status and Inuit students through partnerships with not for profit, public and private employers.



## SUMMER EMPLOYMENT OPPORTUNITIES

- Tourism/Marketing Liaison**  
- 12 weeks - 1 full-time (30 hrs/wk)
- Tourism Ambassador**  
- 12 weeks - 1 full-time (30 hrs/wk)
- Covid Educator and Rover**  
- 8 weeks - 1 part-time (15 hrs/wk)

These positions are under the Urban Hometown Greenteam and eligible applicants will be 15-29 years old and available for the duration of the term. The duties of these positions will be involved in marketing and tourism for the Museum and the Chamber of Commerce. Familiarity with local and regional history is a definite asset. Strong public relations skills and the ability to stay on task with minimal supervision is required. Duties will include the development and delivery of programs relevant to museum, The Lake Winnipeg Visitor Centre and the Chamber of Commerce. These positions will require working weekends.

#### Deadline for application is Friday, May 28th, 2021

We encourage application from job equity group; women, persons with disabilities, visible minorities and Aboriginal peoples

**New Iceland Heritage Museum**, #108 94 -1st Ave., Gimli, MB R0C 1B1 or email: [executive@nihm.ca](mailto:executive@nihm.ca)

*We appreciate all that apply, but only those eligible for an interview will be contacted.*

#### HELP WANTED

Part time Class 1 driver required. Mileage ranging from 250 miles to 1,500 miles per week into Northwest Ontario and Manitoba. \$0.45 per mile plus drops. Minimum 3 years experience. Call Derek 204-785-3984.

Construction labourer needed, must have ability to use power/hand tools, concrete experience an asset but not necessary, must have valid driver's license \$15-18/hr. 204-785-0641.

Like working with wood and working close to home? 204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Please call 204-344-5404 for details.



#### Year Round Manager

Bookkeeping, balancing tills and payroll

#### Culinary Chef

Test your creativity and imagination developing new menu items

Living quarters available.

Send resume to [office@narrowssunsetlodge.com](mailto:office@narrowssunsetlodge.com)

or call Irv at  
204-981-2831

#### HELP WANTED

Busy roofing company hiring full time roofer/labourer. For more information call 204-641-5200.

#### MISCELLANEOUS

Urgent Press Releases - Have a newsworthy item to announce? A cancellation? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See [www.mcna.com](http://www.mcna.com) under the "Types of Advertising" tab or Email [classified@mcna.com](mailto:classified@mcna.com) for more details.

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## PUBLIC NOTICE

Sandy Hook Golf Course intends to spray the following pesticides from the period of June 1, 2021 to Nov. 1, 2021:

Daconil 2787, Daconil Ultrex, Banner Maxx, Par 111, Mecoprop, Banvel VM, Spreader Sticker, Tournay, Pyrate, Roundup, Civitas and Instrata.

#### Direct enquiries to:

Environmental Approvals Branch  
Pesticides Program  
1007 Century St.  
Winnipeg, Mb. R3H 0W4

## Lakeshore Women's Resource Centre

### In Ashern is looking for 1 Summer Student Youth Co-ordinator

Start date July 5, 2021  
Application deadline June 25, 2021

Must be between  
the ages of 15 and 30

**For more info please contact  
204-768-3016**

Only applicants selected for  
interviews will be contacted

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## WATER TREATMENT

Waterite dealer. Water softeners 30,000 grain \$598. All sizes. Five stage reverse osmosis systems \$246. Filter 10" sediment \$3.40 and 10" carbon \$6.40. Greensand iron/ odour/manganese removal filters \$780. All Seasons Furnishings 204-661-8581.

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewood-elkbranch@mymts.net](mailto:stonewood-elkbranch@mymts.net)

## LIVESTOCK

Registered purebred, polled & quiet, yearling and 2 year old Charolais bulls for sale. Will be semen tested and can be delivered. EPDs available. For more info. call Ken at 204-376-2418.

## McSherry Auction Service Ltd

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@ 7:00 PM

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Wheel Golf Carts \* JD 185  
R Mower \* WITTE Oil Well  
Dsl Engine 9 KW Gen Set -  
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## WESTSHORE MARINE & LEISURE Arborg, MB

### FULL-TIME SUMMER JOB OPPORTUNITY PARTS COUNTER CLERK

Are you between 15-30 years of age and looking to work and get experience in the recreational vehicle industry? We are a local dealer for ATV's, Side-X-Sides, Snowmobiles, Boats, and Outboards and are looking for someone to fill a position in our Parts Department. Responsibilities will include unpacking and putting away parts, entering parts into inventory, customer service, and assisting other parts personnel with daily activities as required. Long-term employment is a possibility. Date of employment to commence mid-June. If this sounds like something you would like to do, please send in your resume to [shari@westshoremarine.ca](mailto:shari@westshoremarine.ca) or drop off at 7 MAIN ST. (Corner of Hwy 68 and Main) ARBORG  
*This is a Canada Summer Jobs Opportunity*

**WESTSHORE**  
MARINE & LEISURE

The Express Weekly News Classified booking  
deadline is Monday at 4 p.m. prior to Thursday's  
publication Please Call 204-467-5836

## NOTICE TO CONTROL WEEDS

**ATTENTION:** all Pelican Beach Property owners in Blocks 1, 2, and 3, Plan 29103 and Block 1, Plan 27513

Under the terms of the **Noxious Weeds Act** of Manitoba and the **Development Agreement** for the Pelican Beach property owners, notice is hereby given by the Interlake Weed Control Board and the RM of Gimli, that it is the property owner, agent, or occupant's responsibility to control or destroy all noxious weeds growing on the land and control the growth of long grass as often as necessary to prevent the growth, ripening, and scattering of weeds or weed seeds and maintain the property in accordance with the standards set out in the Development Agreement.

In order to control the weeds and grass, the property owner must perform regular mowing. A representative of the Weed Control Board will make an inspection of these properties on the following dates:

MAY 31, 2021  
JUNE 21, 2021  
JULY 12, 2021  
AUGUST 9, 2021

**LOTS MUST BE MOWED PRIOR TO THESE INSPECTION DATES.** It is recommended that cutting occur as close to the inspection date as possible to ensure a favourable inspection report. A representative of the Weed Board will begin mowing offending lots immediately after each inspection. The cost of mowing, in addition to a \$40 administration fee, will be charged to the landowner. The administration fee will only be charged to offending lots once per season, regardless of how many mowing operations are performed by the Weed District. Failure to pay the bill will result in the costs being added to the owner's tax bill.

For more information contact the Weed Supervisor, Fred Paulson, at 204 376 3313.



Rural Municipality of  
**FISHER**

Box 280, Fisher Branch, MB, R0C 0Z0  
Tel: 204-372-6393, Fax: 204-372-8470

## EMPLOYMENT OPPORTUNITY

### Green Team Summer Students (2 positions)

July 5 to August 27, 2021 (Eight weeks)

The Rural Municipality of Fisher is accepting applications for the above positions:

#### Requirements:

Must be between the ages of 16 and 24.  
Must be able to work with minimal supervision.  
Valid drivers licence and vehicle is preferred.

#### Duties:

Grass cutting and trimming along roadways, ditches, riverbank and vacant lots.  
General garbage cleanup and related light maintenance.  
Assisting with other duties as required.

Please submit applications by 4:30 p.m. Monday, June 14, 2021 to:

RM of Fisher  
Box 280, Fisher Branch, MB R0C 0Z0  
Fax: 204-372-8470  
Email: [fishercao@mymts.net](mailto:fishercao@mymts.net)



## Rural Municipality of GIMLI

### INVITES APPLICATIONS FOR THE FOLLOWING POSITION

#### PUBLIC WORKS GARDENER/LABOURER A

This position will work directly with the public works department when performing duties and tasks such as trimming trees, cutting grass and to maintain the town's appearance. The successful candidate will also work with the Gimli Garden Club when preparing and maintaining the flower gardens and planters in the town of Gimli.

Candidate must possess the following:

- High School Diploma, GED or equivalent
- Valid Class 5 Drivers License
- Have knowledge of Workplace Safety Practices

Candidate must be physically fit, able to lift at least 50 lbs. Must be able to work weekends, be available for early start times and overtime when required.

Excellent communication and organizational skills, and a demonstrated ability to work independently and in a team environment are required.

Salary and hours of work is in accordance with the Collective Agreement.

Completed applications stating the position(s) applying for, with resume and references, should be submitted to the Municipal Office located at 62 2nd Avenue by 4:00 p.m. on May 27, 2021

Karl Bergman  
Public Works Forman  
Rural Municipality of Gimli  
PO Box 1246, 62 - 2nd Avenue  
Gimli, MB R0C 1B0  
Email: [kbergman@rmgimli.com](mailto:kbergman@rmgimli.com)  
Fax: (204) 642-6660

*We thank all applicants; however only those selected for an interview will be contacted.*

## EMPLOYMENT OPPORTUNITY



Is seeking additional staff for  
the following positions:

- **Service Technician**
- **Parts/Counter Person**

Experience not necessary but a definite asset. Benefit plan available.

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or e-mail resume to:

276 Ardal St., Box 190,  
Arborg, MB R0C 0A0  
[shachtays@hotmail.com](mailto:shachtays@hotmail.com)  
Ph: (204) 376-5233  
Fax: (204) 376-5234

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take a break > GAME CROSSWORD

- CLUES ACROSS
- 1. Prevents harm to young
  - 5. "Losing My Religion" rockers
  - 8. Partner to pan
  - 11. Cavalry unit
  - 13. Peyton's little brother

TOWN OF WINNIPEG BEACH NOTICE OF BY-ELECTION

Notice is hereby given that a vote of the TOWN of WINNIPEG BEACH will be taken to elect one (1) Councillor from the following duly nominated candidates:

For the Offices of Councillor:  
Sisetski, Mark  
Gendron, Jean

**VOTING PLACE**  
The Voting place will be open for voting on Saturday, June 19th. 2021 between 8:00 a.m. and 8:00 p.m. at: WINNIPEG BEACH COMMUNITY CENTRE.

**IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE.** A person may be required to produce one piece of government issued photo identification (for example - driver's license or passport) or at least two other documents that provide proof of identity.

**ADVANCE VOTING**  
For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on By-Election Day, an advance voting opportunity will be located at the Winnipeg Beach Community Centre, 32 Hamilton Avenue on Saturday June 12th. 2021 between the hours of 8:00 a.m. and 8:00 p.m.

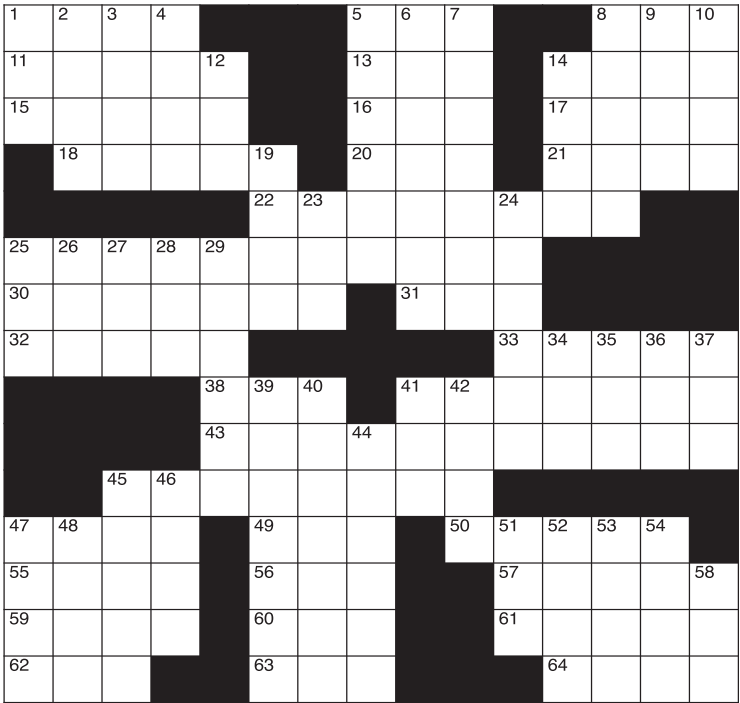
**APPLICATION TO VOTE BY SEALED ENVELOPE**  
A voter who is unable to go in person to the voting place or vote in advance, may apply in person, **by appointment**, or in writing to the Senior Election Official at the contact information below. If applying in person\*, a voter may apply between May 20, 2021 and June 16, 2021. If applying by email or mail\*\*, a voter may apply between May 05, 2021 and June 16, 2021  
\* A voter applying in person may pick up a sealed envelope ballot package at the time of application.  
\*\* A voter applying by mail will receive a sealed envelope ballot package by regular post after their application, including signed photo ID, is received and accepted by the SEO. Alternative arrangements for delivery may be made with the SEO.  
Applications received after June 08, 2021; the voter must make alternative arrangements for ballot delivery. Ballots received after 8:00 p.m. on By-Election Day will not be accepted.

To qualify to vote, you must be (a) a Canadian citizen, (b) 18 years of age on Election Day, (c) a resident or owner of land in the municipality for at least six (6) months on Election Day.

**Voting under Covid – 19 conditions:**  
All voters will be asked their health condition at time of voting. Whether they have been in contact with a known sick person(s) and whether they have travelled outside of the Province in the past 14 days.  
Should an eligible voter be denied entry for Covid reasons, alternate arrangements will be in place to make the vote available outside of the voting station.  
Voters will be required to use the hand sanitizer available prior to entering the voting place.  
The use of masks is required.

David Lobban  
Senior Election Official for the TOWN OF WINNIPEG BEACH  
204-389-4980 Cell: 204-918-7563 or in writing to: Box 285, Winnipeg Beach, MB R0C 3G0 or  
Email: seo@winnipegbeach.ca

- 14. Mexican dish
  - 15. Disseminates info to the public
  - 16. Set an animal on
  - 17. Canadian flyers
  - 18. Elongated mouths of anthropods
  - 20. I (German)
  - 21. Opposite of west
  - 22. Glows
  - 25. Measures how quickly a car moves
  - 30. One who has gained wealth
  - 31. Patti Hearst's captors
  - 32. Extensive landed property
  - 33. Male aristocrat
  - 38. For each
  - 41. More fidgety
  - 43. Very happy
  - 45. A place to store info
  - 47. Helps to heal
  - 49. 12th month (abbr.)
  - 50. Broad, shallow craters
  - 55. Nocturnal S. American rodent
  - 56. Frost
  - 57. Ethiopian town
  - 59. Curved shapes
  - 60. Company that rings receipts
  - 61. Spiritual leader
  - 62. Sheep native to Sweden
  - 63. Cars need it
  - 64. Partner to relaxation
- CLUES DOWN
- 1. Scientist's high-resolution



TOWN OF WINNIPEG BEACH APPLICATION TO VOTE BY SEALED ENVELOPE

**Saturday, June 19, 2021**  
Date of By-Election  
If you cannot attend the by-election in person and wish to vote by sealed envelope, please apply to me by phone, mail or e-mail.  
David Lobban Senior Election Official  
Box 285, Winnipeg Beach MB R0C 3G0  
204-389-4980 Cell: 204-918-7563  
seo@winnipegbeach.ca

**THE REQUEST TO VOTE BY SEALED ENVELOPE MUST BE RECEIVED BY THE S.E.O. BEFORE JUNE 16, 2021**

**In Person:** A voter may apply in person, by appointment, 28 to 3 days (May 23, 2021 - June 15, 2021) before Election Day. They will be given sealed envelope voting package at that time.

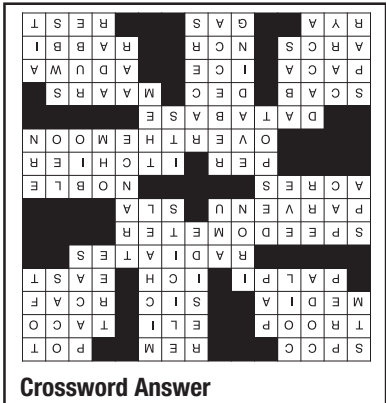
**In Writing:**  
The application must be accompanied a legible photocopy of the applicant's identification (an official document issued by the federal, provincial or municipal government that contains your name, address and photograph). Application may be made until 3 days before Election Day.  
Upon receipt of the application and ballots being available, a sealed envelope ballot package will be mailed.

- If your application is received less than 12 days (June 08, 2021) before the election, you may make alternate arrangements to have the ballot(s) delivered to you.
- Please mark your ballot and return it promptly to ensure the deadline is met.
- Ballots received after 8:00 p.m. on By-Election Day, June 19, 2021 will not be accepted.

**To qualify to vote, you must be:**  
1. A Canadian citizen  
2. 18 years of age on Election Day.  
3. A resident or owner of land in the municipality for at least six months on Election Day.

**\*Important:** If applying in writing, you must enclose legible photocopies of ID  
David Lobban  
SEO Town of Winnipeg Beach  
May 14, 2021

- tool (abbr.)
- 2. Type of school
- 3. Formal close (music)
- 4. Transmits high voltage
- 5. A way to occupy a certain area
- 6. Draws out
- 7. His Airness
- 8. Nocturnal rodents
- 9. South American plants
- 10. Homestead
- 12. Bland or semiliquid food
- 14. Forest resident
- 19. The body needs it
- 23. Atomic mass unit (abbr.)
- 24. Spell
- 25. Relaxing place
- 26. Political fundraising tool
- 27. Make a mistake
- 28. Partner to Adam
- 29. Tyrant
- 34. Unit of electrical resistance
- 35. A history of one's life
- 36. Actor DiCaprio
- 37. Sea eagle
- 39. Avoiding being caught
- 40. \_\_\_ de Mornay, actress
- 41. Belonging to a thing
- 42. Not us
- 44. Motorcars
- 45. Capital of Bangladesh
- 46. Ancient Greek sophist
- 47. Practice boxing
- 48. \_\_\_ Grant, actor
- 51. Swiss river
- 52. S. Sudan river
- 53. A bumpkin
- 54. One point south of southwest
- 58. Small island (British)



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## IN MEMORIAM

Anne Chudd  
May 27, 2005

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And whisper so you can hear;  
We will always love and miss you,  
And wish that you were here.  
-Lovingly remembered by daughter  
Marilyn and her family

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Lorence Michael Yaciuk

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If you are interested in joining a well-established and growing company with room for advancement, please visit us at 1200 Lorne Ave. E. in Portage La Prairie, MB to fill out an application, apply online at [www.efmoon.ca](http://www.efmoon.ca), or email a resume to [todd@efmoon.ca](mailto:todd@efmoon.ca)



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Rural Municipality of  
**FISHER**

Box 280, Fisher Branch, MB, R0C 0Z0  
Tel: 204-372-6393, Fax: 204-372-8470

## NOTICE OF TENDER

## GRASS CUTTING

The Rural Municipality of Fisher is inviting tenders for grass cutting at:

**RM of Fisher Office yard  
Pumphouse yard**

Please state price per cut in the tender.

- Applicant is to supply own equipment and fuel.
- Applicant to be 18 years of age or over.
- Lowest or any tender not necessarily accepted.

Submit sealed envelope marked **"Tender Grass Cutting"** to:

Rural Municipality of Fisher  
Box 280  
Fisher Branch, MB R0C 0Z0  
Email: [fishercao@mymts.net](mailto:fishercao@mymts.net)

**Deadline** for tenders is **4:00 p.m. Friday, May 28, 2021.**

For further information,  
call the RM of Fisher office at 204-372-6393.

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you need to  
promote your  
business



## Full-Time

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[TTMAGAUTO.CA](http://TTMAGAUTO.CA)



## Career Opportunity in Arborg Agricultural Equipment Technician

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Enns Brothers is a full service John Deere dealer and has grown to 9 locations in Manitoba.  
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## OBITUARY



**Joseph (Joe) Lupky**  
June 2, 1941 – May 13, 2021

It is with great sadness that we announce the sudden passing of Joseph (Joe) Lupky at the age of 79.

Joe is survived by his wife of 42 years Olga; son Michael (Holly); stepchildren Gordie, Rodger, Bradley, Patricia and Barbara (Darryl); sisters Ann and Katie (Tony); grandchildren Wyatt, Tieran, Bryce, Evan, and Chelsea.

Joe was predeceased by his parents Micheal and Jean Lupky; stepson Teddy and brother-in-law John.

Joe was a hardworking man with many skills, a jack of all trades but especially as a mechanic, tire technician. After his retirement from the tire business Joe loved to tinker around the garage working on one of many projects or stripping copper, go fishing, going to auction sales or just going for a drive to town or to visit

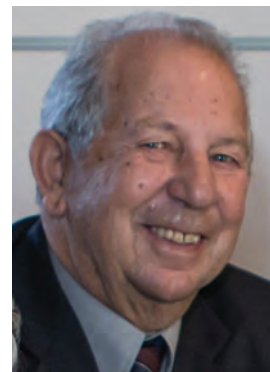
with friends and family with Olga. Joe was always willing to lend a helping hand to friends and family or anyone in need.

Due to COVID Restrictions, a private family service has taken place.

MACKENZIE FUNERAL HOME ARBORG  
(204) 467-0024 • [info@mackenziefh.com](mailto:info@mackenziefh.com)



## OBITUARY



**Gerald (Jerry) Franz**  
April 28, 1944 – May 11, 2021

With heavy hearts we announce the passing of Gerald on May 11, 2021 at the age of 77, after a battle with cancer.

Gerald will be greatly missed and lovingly remembered by his wife Jeanette of 54 years and his beloved children Karen (Barry) Hudyma, Dwayne (Lisa) Franz, and Brenda (Tim) Banera. Grandchildren Steven (Megan) Hudyma; Kathleen (Mike) Melynychuk; Deryk and Alex Franz; Melissa (Steven) Banera; Brandon Banera; step grandchildren Spencer and Emily (Mike) Lowes. Along with many nieces and nephews. He is survived by his sisters Linda (Richard) Batenchuk and Bernadine Adamson; sister-in-law Florence. He was predeceased by his parents John and Anne, brother Ronald, and brother-in-law Douglas Adamson.

A heartfelt thanks to the staff at Gimli Community Health Center for their compassionate care during his time there.

Cremation has taken place and a private service will be held at a later date.

Donations, if desired can be made to CancerCare Manitoba.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Gimli in care of arrangements.



*Your memory will live forever Engraved within our hearts*



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## OBITUARY



**Ella Tymoszczuk**  
April 6, 1914 – May 8, 2021

It is with great sadness we announce the passing of Ella Tymoszczuk, beloved wife of the late Sam Tymoszczuk, at the remarkable age of 107 years.

Ella was lovingly known as Baba to all who knew her. She will be missed by her daughter Helen (Laurence), and Helen's children Wesley, Becky, Loren, Tara, and great-grandchildren, Darcy, Marina, Breanne, and Cole, son Lawrence (Joan), their children Sandra, Shelley, David, and great-grandchildren Andrew and Madeline.

Ella was predeceased by her parents, Cyril and Mary Baziniak, her husband Sam, her daughter Anne, seven siblings, and son-in-law John Zaleski.

Ella grew up in Shorncliff, MB. During one of our cold prairie winters she met Sam, who was trapping with her brother Mike. They married in 1934 and raised their family in Progress, MB where they farmed for 54 years. Ella was a homesteader in the truest sense of the word. She milked cows by hand, stacked hay with a pitch fork in the fields, and tended a huge garden to feed her family. She sometimes did some inventive baking and cooking, but she preferred to be outdoors tending her gardens and enjoying her flowers.

She lived in her marital home until the age of 103 before moving to a care home. During those years she enjoyed a multi-generational household, helping to raise Lawrence and Joan's children like her own. Ella was a strong woman when she needed to be. Always having practical advice, she would inspire her family to do the right thing.

We would like to thank the staff at Arborg Personal Care Home for their devoted attention and care, her doctor, and Father Harry Chuckry for guidance.

A private service has taken place.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Gimli in care of arrangements.



## OBITUARY



**Edward 'Lloyd' Clegg**  
January 19, 1936 - April 30, 2021

It is with great sadness we announce the passing of our loving husband, father, grandfather and great-grandfather.

Lloyd is survived by Lorna, his wife of 63 years; his children Randy (Arlene), Rick (Kathi), Grant (Cheryl) and Lea (Darcy); his nine grandchildren and 11 great-grandchildren. He will also be missed by his sisters May (Murray) and Rose and many other family and friends. Lloyd was predeceased by his parents Horace and Sina as well as many dear family and friends.

Lloyd was born on the family farm in Oak Point, Manitoba. He lived there for almost his entire life working the land with his parents and later with his own family. The farm made many transitions over the years from dairy and milk to beef and grain, from horse drawn equipment to his matching White tractors. Autumn meant hunting and guiding which led to special friendships with his American friends. Winter found Lloyd commercial fishing on Lake Manitoba. He always felt the itch to set a net as soon as the ice was "thick enough". Lloyd transitioned his love of visiting to a successful Portage Mutual insurance business. Lloyd was a sports enthusiast from a young age and throughout his entire life. He competed in many sports: track, baseball, curling, bowling, hockey and golf. One of his proudest moments was his Hole-in-One on the 5th hole at Lundar Golf Club. He was always ready for a game of pool (Sharky) or cribbage. He spent many years coaching the young men up Highway 6 in baseball and hockey winning lots of championships. In his later years he loved watching his grandkids and great grandkids compete in a variety of sports. Dancing is not a sport, but Lloyd excelled in that too. He was light on his feet and was eager to go to any old time dance in the area. Lloyd's other passion was volunteerism and his love of community. He was on many boards of executives working hard to make lives better for the people around him. He spent lots of time and energy helping the Oak Point Community Club, The Lundar New Horizons Club and the Lundar Golf Club.

His family would like to thank Dr. Thomas and the amazing staff at the Eriksdale Hospital for all they did for Lloyd during his stay, especially during this extra challenging time.

In lieu of flowers, donations can be made to the Oak Point Community Hall by contacting the RM of St. Laurent, MB at 1-204-646-2259 or to any charity close to your heart.

Due to restrictions a celebration of life will be held at a later date.

Arrangements by:

ARNASON FUNERAL HOME

Ashern - Lundar

1.204.768.2072

1.866.323.3593

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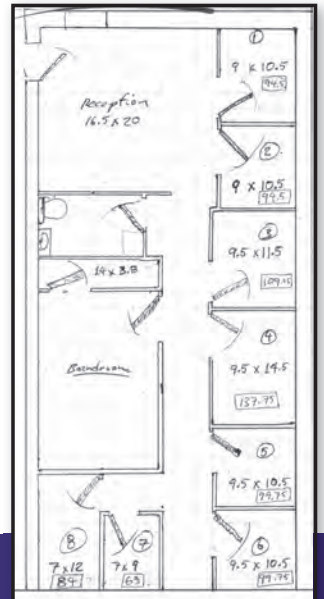
THE **EXPRESS**  
WEEKLY NEWS

# CLANDEBOYE AVE in Selkirk Executive Mall OFFICE SPACE FOR LEASE



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For information please contact:

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