



EXPRESS PHOTO BY FRANCES PETROWSKI

Magician Dylan Akkerman impresses Mitchell Clarke, and the crowd of approximately 100, with his card trick at the Gimli Variety Show on April 17.

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Eriksdale students providing healthy eats, studying business

By Evan Matthews

Eriksdale School students are taking on the business world, with the guidance from their teacher and principal.

Autumn Hanslip and Loa Thorkelson are Grade 8 students taking the entrepreneurship (optional) class at Eriksdale School. It's a new class; something a group of students designed themselves.

A group of Grade 8 students make up the Student Advisory Council, who meet with Eriksdale Principal Alison Marttila to discuss ways to improve their school. One of

the meetings led to a student saying healthier food options was a priority to them.

"The canteen came up," says Thorkelson. "We decided to take action on how we could help the situation, rather than just talking about it."

There is a canteen at lunch offering healthy options, but sometimes kids get hungry in the afternoon and have run out of food, according to Marttila.

There wasn't access to healthy food options later in the day.

The Student Advisory Council saw a need within the school and decided to make a seventh option class.

Students can choose from optional

classes like drama, art programs, photography, technology and now the latest: entrepreneurship.

Ten middle years students enrolled in the first run of the entrepreneurship option class.

Marttila says the students decided smoothies would be a good place to start, offering them to the kindergarten to Grade 4 students.

The early years classes have roughly 50 students, while middle years (grades 5–8) have roughly 110 students. Marttila says the entrepreneurs started by producing smoothies for the early years to work out the kinks in their model, with less demand from their consumers.

The class was given a "loan" by the school as capital, and the students went out to purchase ingredients they'd need.

The students are planning to purchase things for the school with the business' prof-

> The class doesn't necessarily have a set curriculum, Marttila says, but rather the students set goals, take steps to accomplish them, all with the oversight of the instructor.

> In various ways, the course hits on math, ELA and science curricula, she says, and there are outcomes from all of those subjects in any options class.

> "It's student driven and student based. It's from the students and it's their ideas. They're doing the work," says Marttila. "They're amazing kids. They really are."

The students are now making smoothies three times a week, working out of the school's two kitchens. The students take preorders, purchase the necessary ingredients and send them out to classrooms based on the preorders, according to Hanslip.

"We're learning how to manage money, about cost and profit, working within a budget," says Hanslip."It's real life skills."

Another venture the entrepreneurship students took on was the "taco in a bag" sale.

The students made the list, went shopping, figured out profit margins and cost of things, and completed the cooking and the cleanup, accord-

EXPRESS PHOTO SUBMITTED

Eriksdale School Grade 8 students Autumn Hanslip, left, and Loa Thorkelson are taking the entrepreneurship optional course to help fill a need in providing the early years students with a healthy afternoon snack.

ing to Marttila.

"We want students to become better readers, writers, problem solvers and human beings," says Marttila. "This class hits all four of those components."

Taking it a step further, the lesson is resonating for Hanslip, saying she's now thinking about how the class applies to her future.

"I want to have a little bakery. I always have," she says."I love to bake."

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Chase the Ace for Gimli Minor Hockey

By Evan Matthews

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Gimli Minor Hockey is hoping residents will Chase the Ace while keeping a community tradition going,

Cindy Melsted, Gimli Minor Hockey's director of fundraising, says the pot is up to \$865. The pot started at \$500.

"The Gimli Wolves hockey club used to hold a simi-

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lar fundraiser at the hotel. ... It's been a tradition in the community," says Melsted, adding that after the Wolves had folded, Chase the Ace was something she wanted to take on immediately.

"We want to continue raising funds for Gimli Minor Hockey," she says.

Fundraising efforts are distributed throughout the hockey club, ranging in use from ice fees to coaching and development programs to equipment and so on.

The main goal is to keep the fees down for parents and their kids.

The cost for Chase the Ace is \$1 per ticket.

The Gimli Minor Hockey fundraising event is on every Wednesday night starting at 7 p.m., with volunteers ceasing sales at 9 p.m.

The draw happens at 9:30 p.m., according to Melsted.

"WE'RE LEARNING HOW TO MANAGE MONEY, ABOUT COST AND PROFIT, WORKING WITHIN A BUDGET. IT'S REAL LIFE SKILLS."

Gimli Chamber hosts quarterly meeting at fire hall

By Ty Dilello

The Gimli Chamber of Commerce held its quarterly meeting at the Gimli Fire Hall on April 17.

Approximately 17 people attended the meeting, which included Gimli Chamber of Commerce president Stephen Bannister and Gimli Coun. Peter Holfeuer.

Bannister recently represented the chamber at an ITA AGM dinner and an RBC opportunities meeting where he was advocating for chamber member interests. And at the meeting, treasurer Ron Moore let members know about the finance side of things and went over the income statement.

The chamber recently hired someone to work on the new website ExploreGimli.com that will hopefully attract people to the town. In the past, tourism has been through the RM website, so a new Explore Gimli page is key.

There is a new beautification committee in the city of Gimli right now that is doing their best in beautifying the city, cleaning up certain places and adding things to make Gimli look more aesthetically pleasing to its residents and visitors.

Right now, the chamber is putting a lot of their efforts in preparing for the big Manitoba Chamber of Commerce Economic Summit from May 2 to 3 at the Lakeview Gimli Resort.

At the meeting, Sherry Benson-Podolchuk of Star Agassi Consulting gave a speech to business owners about workplace culture and how to deal with conflict in the workplace.

Being that the meeting was at the fire hall, fire chief Gary MacGregor hosted for the evening and educated business owners about safety before taking everybody on a tour of the fire hall.

The Gimli Fire Hall is open 24-7, 365 days a year. On average, its firefighters attend 110 to 130 calls a year, which is

more than all of its surrounding communities combined. On the importance of safety, MacGregor even offered fire extinguisher training to any Gimli businesses that was interested.

"It's an interesting chamber that has garnered the support and has a good relationship with the RM council," says Gimli Chamber of Commerce president Stephen Bannister.

"And to show the value that the new council places on the Chamber of Commerce, they've actually assigned a portfolio to Coun. Peter Holfeuer. He's a past vice-president and understands where the chamber is coming from. The RM sees the value of the chamber and they know we're doing the same things as they are, to try and build the community and grow economically and make it a more prosperous location for all.

"Our biggest challenge is bringing in investors that want to reside and start up their businesses here. It's a matter of continuing to develop a strategic marketing plan, which we're working on. I'm confident that we will grow as we've been working diligently with Manitoba Tourism.

"There's a lot of communities in Manitoba that are vying for the exact thing that Gimli is, so you have to ask what makes Gimli a better place. The festivals are really important, but there's a lot more to Gimli than just that. There's the rural lifestyle and everything that Gimli can offer. Everything from having a 7,000-foot runway at the airport with a new lighting system. They're looking at putting in an automated weather system, too, so they are investing in the airport and business park and that's the angle we're taking and I'm certain we will be able to bring in investors."

The Gimli Chamber of Commerce really does a wonderful job with everything despite being a complete volunteer activity as they don't have a



EXPRESS PHOTO BY TY DILELLO

Gimli fire chief Gary MacGregor shows off the fire hall to business owners at the recent Gimli Chamber of Commerce meeting.

full-time staff member due to not having a big enough budget. The funds they have is mainly from memberships and other activities they hold so they really do a lot on a limited budget to help make the community run

smoothly.

The next scheduled Gimli Chamber of Commerce meeting is slated for Sept. 18 (7 p.m.) at the Lakeview Gimli Resort.





Riverton students learn Indigenous games and activities

By Ty Dilello

Last Thursday, Blair Robillard visited Riverton Collegiate to teach Indigenous games, share his wisdom and to help students further build their sense of community.

Robillard got everyone involved exercising and burning off some calories and the result was a wonderful day in Riverton.

"I was invited by Erin Furgala to introduce Indigenous games and activities, that incorporate Indigenous cultures and world views, and it was an amazing day," says Robillard.

"I attended the high school in the morning and the elementary school in the afternoon. Seldom do I find in one school but in both schools such community committed staff and a genuine love for those children and youth in their care."

In 2017, Robillard was awarded the Physical Health Educators of Manitoba's Innovation in Teaching award. He has been teaching Aboriginal games and activities for over 15 years at Kin and Recreation Management at the University of Manitoba. During the spring and summer months, Robillard teaches at the Inner City Social Work and in the winter with the University College of the North.

When Robillard won the Innovation in Teaching award back in 2017, his

nominator Darla Armstrong, a former student who took his Aboriginal games and activities course said,"Blair not only talked the talk but walked the walk. Through honesty and emotion, he gained our trust and made us believe that we could do any game or activity that he placed in front of us without worrying that we were going to be judged or criticized. I believe if this innovative style of teaching was incorporated into more classrooms, with the passion and excellence Blair Robillard exemplifies, there would be fewer dropouts in schools and more nurturing, caring and well-balanced individuals in this world."

During the workshops he hosts at various schools, like the one in Riverton last week, Robillard tries to keep the students having fun while learning and exploring traditional values built on a foundation of respect.

"In incorporating the four teaching principles, we play traditional and non-competitive games and activities — meaning, we play social games, physical games, games of observation and knowledge-based games and activities," says Robillard.

"Within these are components for teachings related to the games and activities. One of the strength-based capacity building aspects of this play is learning with laughter and building



EXPRESS PHOTO SUBMITTED Blair Robillard instructs Riverton Collegiate students through a variety of different Indigenous games and activities.

"I REALLY BELIEVE

IN GIVING BACK TO

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WHERE YOU HAVE

YOUR ROOTS."

empathy through play and gaining an appreciation for participation and Indigenous cultural practices."

Robillard has over 20 years of experience working in community development and is near completion of a book related to traditional games and activities with cultural and social teachings that are founded in the Aboriginal communities of Manitoba,

Northwestern Ontario and Saskatchewan.

Robillard's motto with his games is pretty simple: "If you are not having fun, you are doing something wrong.

The students at Riverton Collegiate certainly had a lot of fun and lots of new activities were learned during the session.

Coldwell Lundar Community Foundation celebrates 15th anniversary

Submitted

The Coldwell Lundar Community Foundation is celebrating 15 years this year.

After incorporating in 2004 and taking a few years to get established, the foundation launched in July 2010 with a pledge of \$25,000 from Donald



K. Johnson, a long-time investment banker in Toronto, formerly from Lundar. The donation was in honour of his brother Paul and wife Ollie on the occasion of their 55th wedding anniversary.

When the donation was announced, Johnson said, "I really believe in giving back to the community have where you your roots."

After having awareness suppers for people to come and learn, the foundation had several ambassadors who now can explain to others what the

foundation is about and can be in our community. The rest is history.

Fast-forward 15 years and today the foundation continues to successfully grow because of faithful supporters from all walks of life and from near and far.

An annual scholarship awarded at the Lundar School graduation began in 2011 and another one added in 2017. Annual granting began soon after in 2014. In the first granting year, \$2,675.30 was granted, and six years

> later, annual granting is over \$12,000. That is huge for a small community.

Including this year, over \$59,000 will have been given back in scholarships and grants to many worthwhile projects in the community. This past year the foundation's assets have surpassed the first quarter million — a milestone definitely for community celebration. To celebrate the anni-

versary, the foundation is

having a pickerel dinner in conjunction with their granting night on April 27. Everyone is welcome to attend by advance tickets only available at local businesses.

For information, please call Brian 204-762-5449 or Irene 204-762-5727.

Ashern RCMP address local break and enters

Incentives offered for security systems

By Evan Matthews

Recent pesky business invaders in Ashern have been fitting through tiny spaces, leading local RCMP to another development.

Arnthor Jonasson, RM of West Interlake reeve, says RCMP told roughly 180 Ashern residents the culprits are likely young people.

Community members have grown increasingly frustrated, which was the basis of the RCMP open house on July 17 at the Ashern Centennial Hall, according to Jonasson.

Working with the RCMP needs to be on everyone's radar, he says.

"It's become a real issue. ... The businesses have been targeted. There hasn't been a lot of money stolen, but in most cases there has been more (physical) damage to the business than whatever it is they've taken. A lot of it is just nuisance break-ins," says

Jonasson.

"We need to be the eyes and ears for the RCMP in the community. They're working very diligently to solve this situation."

Jonasson says the result is that residents and business owners now feel a lack of safety. The RM and RCMP had been in contact about getting the public involved, according to Jonasson, so an open house was a logical next step.

With security cameras being a great deterrent, Jonasson says the Ashern LUD (Local Urban District) Committee is offering an incentive for businesses and residents — though preferential treatment will go to businesses to start the program — if they want to set up a security system.

"It's a frustrating situation. I want my grandkids to enjoy the small town living. You don't want anything to get out of hand," says Jonasson.

"You don't want people feeling unsafe. People need to feel safe in their community. But it's a very small number of people doing this."

The ideas and conversation exchanged between the RCMP and the residents were constructive and well received, according to Jonasson, an indication of the working relationship.

The Ashern RCMP could not be reached by press time for comment regarding the open house.

RCMP said previously that between Jan. 2 and April 2, there had been 23 break and enters to a significant number of businesses in the area including a medical clinic, law office, arena and school, according to law enforcement.

"There is a belief the suspect(s) are from the area," says RCMP media relations officer Cpl. Julie Courchaine.

"We believe the suspect(s) are doing commercial break-ins as they know that during the night the downtown area is deserted, which means less

possibility of getting caught, or someone seeing them."

The break-ins are occurring during the early morning hours, and in almost all cases, the suspects are gaining entry by breaking a window.

The suspects are taking mostly cash or small items from the businesses.

"If you see something, say something. Report any suspicious activity to police. For store owners, secure your doors and windows, keep outdoor lights on and consider installing an alarm or video surveillance," says Sgt. Richard Marshall of Lundar RCMP.

"We want to remind everyone in the area to be alert and vigilant."

Anyone with information is asked to contact Ashern RCMP at 204-768-2311 or call Crime Stoppers anonymously at 1-800-222-8477 or submit a secure tip online at www.manitobacrimestoppers.com.

Manitou RCMP respond to two-vehicle fatal collision

Submitted by the RCMP

On April 15 at approximately 5 p.m., Manitou RCMP responded to a collision on Highway 3 at Front Avenue in Manitou.

The initial investigation indicates

that a vehicle turned eastbound onto Highway 3 and into the path of oncoming traffic and collided with a semi-trailer travelling westbound.

The 82-year-old female driver of the vehicle was pronounced deceased on scene. The 87-year-old male passenger was taken to hospital and is currently in stable condition. Both the driver and passenger were from Manitou. The driver of the semi-trailer, a 24-year-old female from Fraserwood, was not injured.

Drugs, alcohol and speed are not believed to be a factors in the collision. Manitou RCMP, along with a foren-

sic collision reconstructionist, continue to investigate.

Province extends long-term support to Oak Hammock Marsh

Submitted by Manitoba government

The Manitoba government has finalized a long-term funding agreement for the award-winning Oak Hammock Marsh Interpretive Centre, under the guidance of Ducks Unlimited Canada, that will provide stable funding for the next five years, Sustainable Development Minister Rochelle Squires announced Monday.

"What better time than Earth Day to announce our continued support for the facility and the work being done at Oak Hammock Marsh," Squires said.

"One of the core values of our Madein-Manitoba Climate and Green Plan is the enhanced protection and preservation of wetlands, and the work Ducks Unlimited Canada is doing at Oak Hammock Marsh is a model we are proud to support."

Manitoba has committed to a new, five-year \$1.125-million funding agreement that will ensure the Oak Hammock Marsh has the ability to better plan its operational and educational budgets. The province will provide \$225,000 per year for the next

five years. Oak Hammock Marsh is a 36-square-kilometre wildlife management area showcasing a restored prairie marsh, aspen-oak bluff, artesian springs and some of the last remaining patches of tall-grass prairie habitat in Manitoba. Its world-class interpretive centre welcomes close to 100,000 students, tourists and environmental professionals annually.

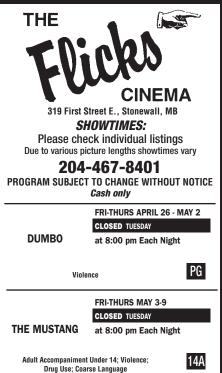
"Continuing to educate the public about the value of wetlands is critical to a sustainable future," said Karla Guyn, chief executive officer, Ducks Unlimited Canada.

"We are pleased the strong partner-

ship between the province and Oak Hammock Marsh will continue. This long-term commitment is essential to effectively planning year-to-year our operations that will engage more Canadians with the power and importance

of wetland conservation in their lives." The theme of this year's Earth Day

is a call to "Protect our Species." This means educating the public about the accelerating rate of extinction of millions of species around the world. Manitoba demonstrated its ongoing commitment to that sentiment with the recently announced first wave of projects to receive funding under the province's \$102-million Conservation Trust. More than 40 projects received approval, and a share of more than \$2.2 million in provincial funding for work in four distinct program areas: watersheds, habitat and wildlife, connecting people to nature, and innovation and conservation planning.









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Are you doing enough to be eco-conscious, providing a clean environment?

By Evan Matthews

The sun has started to shine, the grass is getting green, and soon the flowers will begin to flourish and bloom.

It's a beautiful time all over our province and our country.

With our bellies full of Easter dinner, the focus on Monday, April 22 shifted to Earth Day, where we gave thanks for our existence and came up with ways to better it.

Earth Day is an annual event on the same day every year.

Though it started in the United States way back in 1970, the event is now international and includes over 190 countries.

It was on this day in 2016 that a majority of the world's countries signed the Paris Climate Agreement in the hopes of protecting the earth, and slowing the effects of climate change.

President Obama led the United States back then, whereas the U.S. has pulled out of the agreement since President Trump has taken the reins.

Though, most progressives still scratch their heads as to why the U.S. would pull out.

wants to invest some time: Climate change is real, and it's happening, but I digress.

Regardless of what the United States decides to do (or not do) as a country of 330 million people, we have options here at home, too.

Oak Hammock Marsh, for example, hosts an Earth Day Celebration annually.

Participants collect garbage as they geocache along a nature walk, along with helping clean the trails. Guided tours offer composting information.

In addition to its Earth Day Celebration, Oak Hammock Marsh (in partner with Ducks Unlimited) gave out \$10,000 in prize money to the top 10 of 475 projects, which entered the Caring for Our Watersheds program.

The Caring for Our Watersheds program asks students across the province to submit a proposal that answers the question, "What can you do to improve your watershed?"

Students research their local watershed, identify an environmental concern and draft a written proposal containing a realistic solution.

We saw examples of students push-The science is there for anyone who ing their communities to switch from

plastic to cardboard tampon applicators or switch to bamboo toothbrushes instead of plastic, switch from plastic to cloth bags, and use better filters in washing machines to reduce microplastics that end up in our watershed. The point is that there are players in our community striving to make a difference and acknowledging how for-

So often, life becomes busy and ment, our earth — can get overlooked

But, after taking notes from some of

home as energy efficient as it can be? Are there tangible changes you can make in your life to become more ef-

The answers to these questions are ultimately up to you. But the questions remain: are we doing enough to be eco-conscious and provide a clean environment for future generations?

Doing more doesn't have to be a chore.

Letters to the Editor: letters to the editor: Ietters@expressweeklynews.ca

Education is a crop with guaranteed yield

Those who live in rural communities in Manitoba know how important it is to keep programming and services local. Over the years, rural and northern citizens have seen public services diminish. Hospital beds closed, recruitment and retention of doctors and other health-care staff remains a constant challenge. Core programming centralized and decisions made further away from those who depend on vital services. But this is not so for education.

Across Manitoba, the local public school serves as the engine that drives the skills and knowledge of the next generation. Gone are the days of the one-room schoolhouse that once dotted the open prairies. Today's students build foundations

on more than "reading, writing and arithmetic." These subjects remain important, like skilled trades including small engine repair and carpentry. Band and theatre productions are important to fine arts programs. Modern science labs ensure our kids are readied for agricultural production, plant and animal science or to become the doctors and health-care workers of tomorrow.

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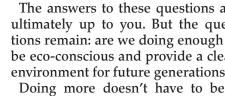


tunate we are to live where we do.

things — like caring for our environor fall down the priority list.

the region's most ambitious kids, it's worth extending the challenge to our adults.

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Province announces infrastructure upgrades to schools

Submitted by the Manitoba

The Manitoba government is investing \$57.5 million in 59 crucial infrastructure renewal projects across the province, Education and Training Minister Kelvin Goertzen announced last Thursday.

"Our ongoing investment in school infrastructure will strengthen buildings and improve accessibility so that Manitoba students can receive a quality education for generations to come," said Goertzen.

Capital funding for 2019-20 will provide structural repairs, roof replacements, new mechanical systems and accessibility projects for kindergarten to Grade 12 schools across the province. The provincial investment includes:

• \$15.5 million for roofing projects in the Mountain View, Winnipeg, Fort la Bosse, Seine River, Rolling River, Flin Flon, Pembina Trails, River East Transcona, Evergreen, Interlake, Seven Oaks, St. James-Assiniboia, Swan Valley and Louis Riel school divisions and Mystery Lake School District; in River East Transcona, Sunrise, Louis Riel, Winnipeg, Mountain View, Brandon, St. James-Assiniboia and Pembina Trails school divisions;

• \$14.4 million for structural upgrades in Portage la Prairie, Frontier, Red River, River East Transcona, Winnipeg, St. James-Assiniboia, Interlake, Division scolaire franco-manitobaine and Mountain View school divisions; and

• \$10.6 million for Evergreen, St. James-Assiniboia, Red River Valley, River East Transcona, Louis Riel, Winnipeg, Mountain View and Flin Flon school divisions.

The investment will allow several schools to undergo major renovation projects. Sisler High School in Winnipeg will receive approximately \$7 million worth of improvements that include a 4,000-squarefoot addition with three new classrooms, a new elevator, a roof replacement on two wings and a new steam heating system. Construction will begin this spring, the minister noted.

A comprehensive renewal at MacKenzie Middle

School in Dauphin will see at least \$4 million in upgrades to a 60-year-old wing including a roof replacement, a new mechanical heating, ventilation and air-conditioning (HVAC) system and a foundation upgrade. To improve accessibility, a new link will connect the second-storey wing to the main building and two accessible washrooms will be installed. Construction is slated to begin in summer 2019, Goertzen added.

"These necessary infrastructure upgrades support Mountain View School Division's mission in creating learning environments that are safe and inclusive to all students, so they can participate actively in all aspects of school life and reach their full potential," said Donna Davidson, superintendent and chief executive officer of Mountain View School Division.

The Public Schools Finance Board plans to complete the projects within a timeframe of six to 24 months following the award of tenders and start of construction, the minister added.

• \$17 million for mechanical system replacements

Manitoba's Commission on kindergarten to Grade 12 education review

By Ty Dilello

For the first time in decades, the province is conducting a full review of Manitoba's K to 12 education system. Since then, Manitoba and the world have seen major changes, and in a lot of ways the education system needs to be modernized to reflect these changes.

Last week, the government released a discussion paper that will set the stage and act as a guide for Manitobans to provide input to the commission. Manitoba students and their families deserve excellence in education. A strong education can set students up for success such as in the workforce, in postsecondary education and in life in general. The goal of this review the province says is to find the best solutions for Manitoba's education system to ensure our students can succeed in today's global community no matter what path they choose.

"My first thought on learning about the review was to wonder why the Interlake is being treated differently. It appears we won't be holding public meetings," says Bill Martin, a local Gimli author and public speaker. "And an appointed group will give the feedback. Possibly, that group may hold meetings or devise some other process?"

"Our Gimli office has been working with Evergreen School Division, board chair and superinten-

Continued on page 8

> LETTER, FROM PG. 6

There are many critics who believe that such options can be made more sustainable by removing taxation authority of the local school board. Why not go the way of our neighbours to the east and the west? Those in Saskatchewan will tell you, the move to centralize school property tax did little to change the amount being collected. In Ontario, the capping of school property taxes 20 years ago created no more room on the local tax bill for snow-clearing and water treatment. Instead, the Government of Ontario heaped responsibilities for health care and welfare on municipalities while subsequently redirecting billions in tax dollars from elsewhere to sustain that province's public schools.

There are still other critics who invite citizens to consider amalgamation as another option for greater efficiency. Why not create larger school divisions and therefore take away the local community's right to own their public school? In 2005, amalgamation achieved virtually no savings for Manitobans. Instead of saving the millions targeted, dollars were spent to save dimes. The conclusion of an independent study was that, rather than amalgamating school divisions, the government would have done better to focus time and effort on meaningful education reform.

School boards appreciate that it is time to address the question of education funding. So, it was with this in mind that our association gathered a group of independent experts just last year to look at how local education funding could be meaningfully reformed. In the end, we found that this province would benefit from a formal and independent tax commission. A full study that would consider all taxes in Manitoba — local, provincial and federal and propose a clear path forward. We collectively agreed that when it comes to taxes, no Manitoban is served by trading the harvest for a bushel.

Still, there are those who believe that taxing authority should be removed and that local school divisions ought to be amalgamated. But in real terms, this means that communities would then be forced to go hat in hand down to Broadway for funding, even as decisions made for the local community would in fact be made outside that community. Please consider that through your vital democratic right to elect your own school board, your community gets to decide what level of funding is sustainable when meeting the needs of their schools and students.

Since 1872, when local trustees were first chosen by their community to set school budgets, Manitobans have had the opportunity to decide who represents their interests and at what cost. With the provincial review commission on kindergarten to Grade 12 education currently underway, there is no better time to ensure that local voice and local choices continue to be heard. Silence on your part will certainly mean that the critics' voices will only become louder. This spring, as the fields are prepared and the review commission's public consultations begin across Manitoba, we therefore invite all citizens to join us in supporting the continued role of your local school boards. Education is a crop with guaranteed yield in years to come, but only if we together plant the right seed.

For more information please visit www.localvoic-es.ca.

– Alan M. Campbell, President Manitoba School Boards Assoc. ISD trustee and vice chair **CECT**RED RIVER > CHALET BEACH > LAKE WINNIPEG > NORRIS LAKE





Fishermen can be some of the best pranksters

By Arnie Weidl

Hey gang. How's it going?

Though our lakes are quickly losing their snowwhite ice cover and our rivers and creeks are flush with spring runoff, we find ourselves happily cutting our lawns, planning our gardens or just enjoying the new outdoor warmth.

As I began putting this week's column together in my mind, I thought perhaps some humorous fishing stories about anglers playing tricks on one another would go well with our uplifted spring mood.

Arnel Inocabdo, a self-described prankster, doesn't look like one in this week's feature picture but I'm sure his buddy might attest he's always looking to prank you. I couldn't use Arnel's buddy's real name so we have to go with my old anonymous name standby of "Bert."

According to Arnel, let's go back in time, say two months ago. We're on the Red River somewhere around the CIL Road by Selkirk. It's a cold, bright sunny afternoon and this played out: Arnel, Bert and two other friends were ice fishing in their portable ice shack. In keeping with a prearranged practical joke Arnel had planned, they asked Bert to go outside and drill ice holes for their two friends.

Now, Bert is a big, burly obliging guy with long black hair and beard who did as he was asked.

The minute Bert was out of the tent, Arnel sprang into action. Dropping to one knee, using a fairly thick wire he bent it into an arc and pushed it into his ice hole, snagging Bert's line in an opposite hole. He pulled it up and slid the baited weighted lure under the tent wall to his friends outside where Bert couldn't see them.

Inside, Arnel covered the fish line on the ice floor with his parka and set his chair over the parka as Bert rejoined him in the tent. With the two friends fishing the holes outside, Bert felt a hard pull on his line. One of the friends outside was pulling on Bert's line, trying real hard not to laugh. Bert sprang into excited action.

Bert was convinced he had a big fish. He reeled in as hard as he could on his little short rod. Huffing and puffing with sweat pouring off his forehead in the warm humid tent, suddenly the line went loose.

Dejected, Bert flopped down into his chair slowly reeling in his slack line. His favourite gold/red lure was gone. Outside the tent one of the friends stood with a knife in one hand and Bert's lure in the other.

A few weeks later, all four men were having lunch together in Winnipeg. After a bit, Arnel pulled a plastic bag out of his pocket with Bert's lure inside and slid it across the table to him.

"Our neighbours that fish beside us on the river snagged this lure with a fish on it and thought it might be yours," Arnel said innocently. Bert was ecstatic — that is, until one of the friends broke down smiling and snickering. Bert knew he had been had!

Another two weeks passed by and "the gang of four" were on the Red River ice by Sugar Island setting up their tent for a day of fishing but since Arnel just couldn't resist teasing, he casually asked, "Bert, are you gonna use that special lure of yours?"

That did it! Bert went for him! There they were, Bert chasing Arnel, slogging through the heavy snow till he ran him down and using all his impressive weight landed on top of him.

"How's this for funny," Bert cried out as he pushed Arnel's face into the snow."Yeah, OK, I give," Arnel screamed between fits of laughter.

Some time ago, I met another fellow who liked to play tricks on his friend. I was visiting anglers on the southeast side of Lake Winnipeg and came across an averaged-sized guy with short grey hair, moustache and goatee. He had a pleasant air about him and an easy carefree way of talking.

"Do you live around here?" I asked as he sat on a



EXPRESS PHOTO SUBMITTED Arnel Inocabdo with one of his many catches last winter.

chair beside his side-by side tracked ATV.

"No," he said, "it was a nice day so I jumped in my rig from home in Camp Morton and came across the lake (Winnipeg). It took no time at all. The fishing is good here right now."

"What's your name and do you have a fishing story for your fellow angler?" I asked.

"Yeah, I'm Wayne Didkowski and I remember fishing one of the creeks by Clandeboye one time with an old friend who always fell asleep," he said.

"Though we were spring fishing, during the winter we had a habit of yelling 'tip up' when one of us got a bite on our ice hole rigs. I figured I would play a trick on him. He was snoring as he sat in his chair holding his rod with its line in the water. 'Tip up,' I shouted! He jumped up, half awake, thinking we were on the ice and started stumbling around then falling into the soft muck of the creek bank.

"The name he called me can't be printed!" So-long till next week.

> EDUCATION REVIEW, FROM PG. 7

dent to coordinated meetings with the education review consultation committee," says Gimli MLA Jeff Wharton. "I am pleased to advise that the division has identified, at our request, a number of key stakeholders to engage in the discussions going forward."

On the surface, the process is somewhat simple to describe but hard to do. If we consider the educational system to be like a big association, with clients, a board, board members, a vision, strategies to achieve that vision, a defined way to manage, accountability, then we could treat the educational system as we would treat an association or corporation.

"I used to manage a provincial association," says Martin, "and it was one of my major responsibilities to ensure that we had a clear concrete description/picture of how things would be if we were successful, that we had clear values/beliefs, that we had a process to provide clear outcomes to its staff, that the association held the CEO accountable for specifically demonstrating whether or not the outcomes stated by the board were being achieved and so forth."

Martin has some thoughts to consider about our children, us and the school system going forward.

"Are we as parents and grandparents (I am a grandparent) abdicating our responsibilities to the system and to government? Are we individually and collectively looking after the future of our children? Schools are just a part of what is required to bring children to maturity," he said.

"What do we see when we look to the well being of our children? Are they healthy? Are they hopeful? Are they anxious? Do they feel accepted? Are they optimistic? Are they addicted? Are they as knowledgeable about their spiritual aspects as the are about their psychological and physical aspects? Do they feel connected to their families, their community, their country? How do we ask them? How do we provide ways for them to be listened to?"

A discussion of the educational corporation is only a part of the discussion.

Checking out the review is a good step if you are interesting in learning more or providing input going forward: https://www.edu.gov.mb.ca/educationreview/.

Young team raising money for Relay for Life

By Ty Dilello

The 2019 Interlake Relay For Life will be taking place on Saturday, June 15 from 3 p.m. to midnight at the Winnipeg Beach Bandstand.

There will also be a kick-off pancake breakfast at the Gimli Legion on Saturday, May 4 from 8 to 11 a.m.

One of the youngest teams participating at the 2019 Interlake Relay for Life is Cancer's Curveball. The co-leaders of the team are Winnipeg Beach sisters Emily (14) and Elisabeth (12) Friesen.

For 20 years, Relay For Life has been the Canadian Cancer Society's signature fundraising event. The relay consists of participants walking around a designated track with one member from each team on the track at all times as a way to symbolize how we're all affected by cancer. With nearly one in two Canadians expected to be diagnosed with cancer in their lifetime, everyone knows someone whose life has been changed by this terrible disease.

There are eight members of the team in total and they are mostly attend Winnipeg Beach School. Team members include Amanda Grawberger (14), Rebecca Ford (13), Nicole Grushka (14), Chloe Winko (14), Autumn Palson (14) and Rhiannon Roberts (13)

Organizer Lori Friesen, and mother of Emily and Elisabeth, has been volunteering with the event for a couple of years and noticed there were no teams with kids so she decided to step up to show other kids and teens that everyone can make a difference and not just adults in our small town.

"Each one of them has someone that has been affected by cancer in their lives so they felt it was important to try to raise as much money as they could toward finding a cure," said Friesen.

Cancer's Curveballs have been hosting a number of fundraisers in preparation for the big Relay For Life event on June 15.

"They had a hotdog sale at the Winnipeg Beach School as a fundraiser and have been busy making birdhouses and crafts to sell at the Winnipeg Beach craft sale in May," says Friesen. The hotdog sale raised \$400.

"The parents have also stepped up to help with some meat draw fundraisers at the Winnipeg Beach Hotel this month. The girls also are selling tickets to raffle off a homemade clock at the relay pancake breakfast in Gimli and are also busy planning for a garage sale in May (date to be determined)." <image>

The Cancer's Curveballs, left to right, Emily Friesen, Elisabeth Friesen, Chloe Winko and Amanda Grawberger working on their birdhouses.

The Cancer's Curveball team is all very excited for the Relay For Life in June to show off how proud they are of their efforts to raise as much money as possible and truly make a difference. ing Relay For Life by volunteering, creating a team, joining a team, buying a luminary or making a donation. For more information, visit relayforlife.ca or contact chairperson Betty Loewen at 204-389-5835 or betloe@ mts.net.

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Budding composer earns honorable mention

Submitted

A recent Music for Young Children Composition Festival netted Lucia Borkowsky an honourable mention for her composition "Princess."

Six-year-old Borkowsky is a student at the Gimli Sigurbjorg Stefanson Early School, and her piece was one of 488 entrants at the Sunbeam 2 level for Western Canada. There were four place finishes and 11 honourable mentions awarded.

Borkowsky is very proud of her composition and finish. She is a student of Brenda Gulay, an MYC teacher who is teaching the classes out of her home studio in Arborg, and the daughter of Dr. Kent and Jill Borkowsky.

For more information about the MYC program, please call 204-376-5547 or email Brenda at brenda.gulay@gmail.com. Also, please visit our website at MYC.com.



Lucia Borkowsky was awarded an honourable mention at the Music for Young Children Composition Festival for her composition earlier this month.

Acts on point at Gimli Variety Show

By Evan Matthews

Local talent was on full display on April 17, as the Gimli Variety Show took the stage at the high school.

Many talented acts from the East Interlake came together to entertain roughly 100 people.

Frances Petrowski, secretary at Gimli High School and Key Club co-advisor, says the Gimli High School's student council partnered with Key Club to put on the Gimli Variety Show for the second straight year.

Acts included yodeller Maggie Stiglmayr, magician Dylan Akkerman, violinist Mitchell Baker and many other musical acts including the Gimli High School Jazz Orchestra.

"Last year we called it a coffee house ... but many people thought it was more just for singers. The student council wanted to have more of a talent show and wanted the name to portray exactly what we were doing," says Petrowski.

"It's not in any way a competition, but it just celebrates the variety of tal-

ent we have in our community."

There was no requirements based on age or grade, meaning anyone from the community was welcome to participate.

Key Club is the high school's version of the non-profit Kiwanis and is mandated to complete three projects per year: one for the school, one for the community and one global.

This year, the Key Club hosted a vegetable fundraiser for the community, in partnership with Peak of the Market, raising funds for the new tennis courts in town.

The global project every year is the Jazz at The Dock concert, which happens in June. Last year the school donated money to provide clean drinking water in Third World countries.

The school project this year was the Variety Show. Funding raised will go back into the school toward other projects.

"Knowing we have such talent in this community with our Ukrainian dance and so many different groups



EXPRESS PHOTOS BY FRANCES PETROWSKI Jasmine Henry on vocals for the Gimli Jazz Orchestra.

here. ... We're aware of what the community is doing on a regular basis," says Petrowski. "We had to showcase some of it." The school raised close to \$500 in ticket sales.



Photos from left to right: Dylan Akkerman impresses Ms. Arnbjornsson with his card trick; Violinist Mitchell Baker showcases some solo skills; Community member Layla Levesque performs a solo; and Lin Howelko provides vocals and plays the guitar in a garage band.



Broomball fundraiser

EXPRESS PHOTO BY LEANNE MAGNUSSON

Broomball enthusiasts participated in a six-team, one-day, endof-the-ice-season tournament at Lundar arena last Saturday. The all-for-fun fundraiser came down to one goal in the final game. Pictured: Kenzie Clarkson, Matthew Gleich, Ryan Gleich, Riley Wirgau, Rylan Magnusson, Morgan Granberg, Jason Christensen, Brent Johannson and Trey Fortin earned bragging rights after defeating the Christensens 3-2.

2018



REPORT TO THE COMMUNITY

We're giving back.

2018 was a year of change for Noventis - both on our board and within the organization - but our mission stayed the same:

We are financial solutioneers, focused on the needs of our members and our community.

2018 saw us *contributing to our community* through a variety of projects and sponsorships, and also giving back to our members via surplus share redemptions and service fee rebates. In fact, more than **\$1,021,316** were returned to our members and our communities via these programs during 2018!

We want to see our community **Thrive** and **prosper**, and to join in the celebrations when they do. You may have seen us at your local events - taking part, learning about and enjoying all the things which make our communities **unique** and **strong**.

And, we will be here for our members again this year. Supporting them, giving back to them and finding solutions with them.

Striving to be North of Ordinany.







Noventis is excited to announce we will be opening a Solutions Centre in Lundar in 2019.

As you can probably tell by its name, this will not be your typical branch.

So... What is a Solutions Centre?

This footprint branch will be smaller than the norm for a financial institution. It will house an **iTM** (interactive Teller Machine) and an **ATM**, which will be able to handle most of our members' day-to-day transactions - along with help from our on-site staff. There will also be office space for our **Relationship Managers** and/or **Wealth Management** team to meet with members by appointment on site.

We are looking forward to becoming a bigger part of the Lundar community, and to have the people of Lundar become a bigger part of ours.





Ashlee Tempor | Manager of Wealth Management (NCU) & Wealth Advisor, Credential Asset Management Inc.

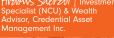


Trish Zabaroski Mutual Funds Investment Specialist, Credential Asset Management Inc.



Merediffs Krawec Mutual Funds Investment Specialist, Credential Asset Management Inc.









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LIVE RICH. Your Way.

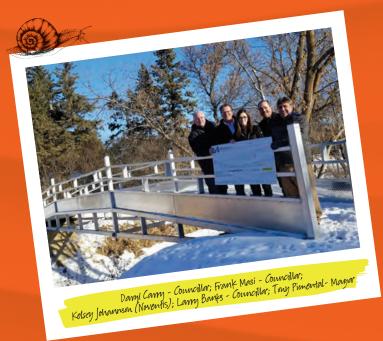
We all know how we'd like to *refire*, but we don't all know how to make it happen. Luckily, our team of advisors and specialists do. Whether you want to spend your retirement in your garden - or playing in royal gardens around the globe - they can *help you get there*. And, the sooner you start your plans, the sooner you'll be able to see them *fake shape*.

Make an appointment with one of our *Noventis Wealth Management* team members today.

Mutual funds are offered through Credential Asset Management Inc.

Noventis gives back.

Winnipeg Beach Boundary Creek Walking Bridge - \$5000



Here at Noventis, our vision of building strong community is what inspired us to create our *Community Connections program*. A program which helps fund local community projects throughout our region, including this one in Winnipeg Beach.

If you have ever been to the lovely town of *Winnipeg Beach*, you know that it is a community steeped in tourism and an appreciation of the outdoors.

And, the **Boundary Creek walking bridge** is a big part of that. It is the lone pedestrian crossing point between highway #9 and Prospect Avenue, and 100s of locals and visitors alike use it as they get out, get active and explore the town.

After years of use and enduring our extreme weather conditions, the bridge had fallen into disrepair, and was starting to lose its structural integrity. So, when the town came to us asking for some help to upgrade it, we were provid to get an brand.

Now, the bridge has been upgraded and it is better than ever. And, here at Noventis, we were able to fulfill some more of our vision to build strong community.

HERE. For you.

We'd like you to meet **six great members** of our team. These are the people who go to work with one thing in mind each day - *Our members*.

They ensure our members' needs are being met in-branch and online, and are always working to find *immovative* new ways to improve and build on how we do that. They *live* here, they *work* here, and they *find solutions* here.

They are the Noventis Member Solutions management team.















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Gimli students compete in Envirothon

By Jennifer McFee

Two teams of Gimli High School students took environmental education to the next level by participating in a hands-on competition at Oak Hammock Marsh last week.

The Manitoba Envirothon, run by the Manitoba Forestry Association, aims to encourage teamwork, problem-solving skills and public speaking skills with a focus on current environmental issues.

On Thursday, April 18, students gathered for the regional competition at Oak Hammock Marsh for the much-anticipated event. Gimli High School brings than two decades of experience, since they've been participating since 1998.

Gimli High School teacher Heida Arnbjornsson runs the school's Enviro Club along with Ashley Komar and Melissa Anderson.

She explained that there are five subject areas —aquatic ecology, plant ecology, soils, wildlife and a current theme — and each team member focuses on one area.

"The theme this year was interesting because it was kind of like an action project. It was talking about what you can do in your local community to promote sustainability and potentially take on a project to help your area," said Arnbjornsson, who participated in Envirothon when she was a student at Gimli High School.

"Since we're by Lake Winnipeg, the

two topics the students were discussing for the theme were pesticides in farming and zebra mussels. They took it as an awareness campaign to get the word out there to the community about these issues."

The students spent a couple months preparing for the competition, she added.

"We have a ton of study materials and they reviewed it at lunch hours and after school," Arnbjornsson said. "They did it all on their on time."

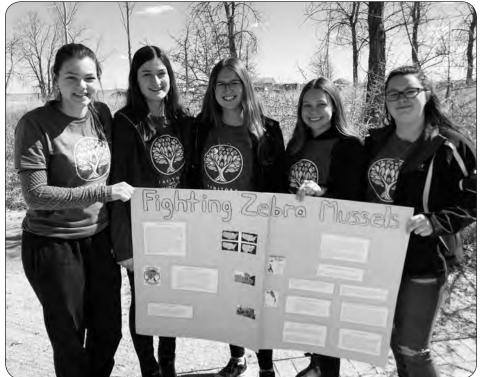
Then on the day of the competition, the morning began with training sessions. After lunch, the teams showcased their knowledge by answering questions at 15 different stations.

"Maybe they have to identify scat or tracks if they're the wildlife person or maybe they have to identify certain tree types or soil types or do some water chemistry," she said.

"At all these stations, they might have actual samples of these things so it is pretty hands-on."

Now that they have completed the regional competition, they have to wait two weeks for the results to see if they qualify to compete at the provincial level. The provincials will be held May 23 to 25 at Camp Assiniboia in Headingley.

"We've gone to provincials almost every year," Arnbjornsson said. "Lots of the kids who take part in Envirothon are planning on going into the environmental sciences when they go



EXPRESS PHOTO SUBMITTED

Pictured left to right, Mia Gary, Emily Pemkowski, Sam Porteous, Sinead Gibbs and Melissa Porteous.

to university."

For Paula Grieef, resident naturalist at Oak Hammock Marsh Interpretive Centre, she has noticed that the Envirothon helps to build confidence and knowledge for the participants.

"A few years later when they're in university, we're seeing them apply for nature interpreter jobs, so we know that it has sparked and maintained that interest in the environment,"Grieef said.

"What we really like about this competition is that it offers something other than athletics. It uses different sets of skills and talents of different students. It's so much fun to see the kids so eager and excited about science and nature and the environment."

Gimli to play host for upcoming MCC Summit

By Ty Dilello

The 2019 Manitoba Economic Summit will be held Friday, May 3 at the Lakeview Resort in Gimli, with their annual general meeting and policy session taking place May 2.

The Gimli Chamber of Commerce will be hosting a Viking-themed delegate welcome reception at the Johnson Hall, Waterfront Centre on the Thursday evening.

The Manitoba Chamber of Commerce has chosen Gimli for its big 2019 Manitoba Economic Summit (MES). It is an opportunity for leaders from different sectors to come together to discuss current trends and challenges and their effect on Manitoba businesses. Featuring highlevel speakers, interactive panels and unique networking opportunities, the MES is a landmark event in Manitoba among visionaries from business, academic, the not-for-profit sector and government to critical factors that impact our economic success.

Conversations will focus around key topic areas that the MCC's research shows are central to prosperity and economic competitiveness: climate action in Manitoba's SMEs, investment, economic development and trade, the war for talent and the skills gap, municipal and community development, the upcoming federal election and much more.

On May 1, associated with the Economic Summit is the Chamber Executive of Manitoba that is also meeting in Gimli so there will be lots of new faces in town as chamber delegates from across the province are coming.

"There will be the opportunity where the Manitoba Chamber of Commerce also has their general meeting and sets their policy," says Gimli Chamber of Commerce president Stephen Bannister, "and that's the delegates from chambers across the province, and they come and set their policy statements and use that as a guiding document to their advocacy to both provincial and federal government in regards to everything.

"It's a huge event and its being held right here in Gimli at the Lakeview Hotel and Resort. Our chamber is hosting the reception that evening for the delegates and so it's a great chance for us because normally it's a closed event, but because we are the host chamber they've encouraged us to allow as many members to attend the event as they want to do so, so it's a great opportunity to talk to chamber representatives from all over and network."

The Gimli Chamber of Commerce is very pleased that their city was chosen to host the MCC's 2019 Economic Summit that is being held in conjunction with their 88th annual general meeting.

For the city, it's a great way to get themselves out there an get some provincial recognition, and everyone at Gimli's chamber is very excited to put on a wonderful event.

Correction

In the April 11 edition of the *Express Weekly News*, in the article "Annual dinner theatre brings community together," it was incorrectly stated that winner of the 65-inch television, Norm Danielson, is a resident of Winnipeg Beach. In fact, Danielson resides in Arborg. The *Express* apologizes for the error.



Grilled Rib-Eye Steaks with Mushroom -Shallot Butter

Serves 4 to 6

8 tablespoons (1 stick) plus 3 tablespoons unsalted butter, at room temperature

1/2 cup sliced shallot 1 heaping cup sliced cremini mushrooms 2 large cloves garlic, minced 1 teaspoon coarsely chopped fresh thyme leaves

1/4 teaspoon kosher salt, plus more as needed

1/4 teaspoon coarsely ground black pepper, plus more as needed 4 to 6 steaks (such as rib-eye, New York strip or porterhouse)

Melt 1 tablespoon of the butter in a medium skillet over medium-low heat. Add the shallot and cook until golden and slightly crispy, 7 to 8 minutes. Use a slotted spoon to transfer the shallot to a clean plate. In the same skillet, melt 2 tablespoons of butter, then add the mushrooms, garlic, thyme, salt, and pepper. Stir and cook until the mushrooms are softened, about 5 minutes. Transfer to the plate with the shallot and let cool.

In a small bowl, use a rubber spatula to blend the remaining 8 tablespoons of butter with the cooled mushroom mixture until combined.

Place the butter in the center of a piece of parchment paper. Bring the edges together and press with your fingers to form the butter into a log. Roll and twist the ends before popping the butter into the refrigerator for at least 20 to 30 minutes.

Set the steaks on the counter for 30 minutes to bring them up to room temperature. Meanwhile, preheat a grill or grill pan to medium-high or about 400



RED CO-OP FOOD

F. Season both sides of the steaks with 2 pinches of salt and a pinch of pepper. Grill each steak for 6 to 8 minutes per side, depending on the thickness and the desired doneness. Tent with aluminum foil and let rest for 5 minutes. Slice the mushroom butter into coins and top each of the steaks with two coins before serving.



Baked Beans

Serves 10

2 15-ounce cans navy beans, drained and rinsed

4 slices applewood- or pecan woodsmoked bacon, cut into 1-inch pieces 1cup diced yellow onion 11/2 cups ketchup

1/4 cup plus 2 tablespoons unsulphured molasses

1/2 cup packed dark brown sugar 1 1/4 teaspoons ground mustard 1 teaspoon ground cloves 1 teaspoon kosher salt

Preheat the oven to 350 F.

Combine the bacon and onion in a medium Dutch oven. Slowly cook over medium heat until the onion is tender and the bacon is cooked, 8 to 10 minutes. Meanwhile, in a medium bowl, whisk together the ketchup, molasses, sugar, ground mustard, ground cloves, and 1 cup water to combine. Add the cooked beans and pour the mixture into the pot with the bacon and onion. Stir, cover and bake for 1 hour, stirring every 20 minutes.

Add the salt and stir. Uncover and let sit for 15 to 20 minutes before serving.





These are difficult times in our world. The level of stress and tension rises with each new news story. It is fearful enough for adults, much less for children.

What is the best way to talk to children about what is going on in the world? The answer is, as reassuringly as possible. Very young children need to be assured they are safe; that Mommy and/or Daddy will take care of them.

As children get older, they know more. The stories they hear from classmates are usually exaggerated and sensationalized. What they see on television and on the front page of newspapers is also sensationalized. We need to allow our children to be children as long as possible. They do

Serves 4

24 baby parsnips, trimmed, or 8 regular parsnips, root ends trimmed and peeled

3 tablespoons extra-virgin olive oil Kosher salt and freshly ground black pepper

1/4 cup pure maple syrup

2 tablespoons sherry vinegar 1/2 teaspoon red pepper flakes 2 tablespoons Earth Balance butter stick

- 1 shallot, minced
- 2 garlic cloves, minced
- 1/2 pound chanterelles, wiped clean,

quartered if large Finely chopped fresh flat-leaf parsley, for garnish

Flaked sea salt, such as Maldon

To prepare the parsnips, preheat the oven to 400 F.

If using larger parsnips, peel and quarter them lengthwise so the pieces will be uniform in size and cook more evenly. Put the parsnips in a large mixing bowl, drizzle with 2 tablespoons of the oil, season with kosher salt and black pepper, and toss to coat evenly. Spread the parsnips out in a single layer on a large

Children Do Not Need to Be Terrified by Reality

not need to be terrified. Do not leave the television on so they are bombarded with scary stories an imagery.

Instead, turn it off and spend time cuddling them and reading stories. Try to maintain as much normality in their lives as possible, and do things that are wholesome. If you have religious beliefs, teach them to pray for peace. If not, then light candles for peace, sing songs of peace or draw pictures of a world at peace.

This may seem ineffectual, but it gives children a sense of power which is better than feeling like a helpless victim. It just might bring a small measure of comfort to Mom and Dad as well.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www. gwen.ca. Follow Gwen on FaceBook for daily inspiration.

Roasted Baby Parsnips with Sherry-Maple Glaze and Chanterelles

baking sheet and roast for about 20 minutes, shaking the pan from time to time, until tender and slightly charred. Set aside. (The roasted parsnips can be prepared a couple hours in advance, covered and held at room temperature. Reheat before serving.)

Meanwhile, prepare the glaze. Combine the maple syrup, vinegar and red pepper flakes in a small saucepan and cook over mediumlow heat, swirling the pan around occasionally, until the mixture is reduced and syrupy, about 10 minutes. Cover and keep warm. To prepare the mushrooms, put a large sauté pan over medium heat and add the remaining 1 tablespoon oil and the butter substitute. When the butter substitute has melted, add the shallot and sauté until soft but not browned, about 1 minute. Add the garlic, tossing to combine. Add the mushrooms and sauté, stirring frequently, until they lose their moisture, soften and begin to brown, about 5 minutes. Remove from the heat.

To serve, crisscross the parsnips on a platter, overlapping them just slightly. Drizzle with the maple glaze and top with the mushrooms. Scatter chopped parsley on top and season with flaked sea salt.



Johnson wraps up junior season with RedHawks

By Brian Bowman

It was a tough season for the Miami University RedHawks men's hockey team.

After starting the season 7-2, the RedHawks lost its final seven games of the season, including getting swept 2-0 by the St. Cloud Huskies by scores of 5-2 and 6-3 in the playoffs to end their campaign last month.

"It started out pretty hot and I thought we were off to a good rolling start but we (got) cold in the second half and ended up losing in the first round," admitted RedHawks' forward Carter Johnson, a Gimli product, last Friday. "The start was good but we kind of trailed off so it was unfortunate how we finished out.

"But, overall, I still enjoyed it and we're looking to get back on the horse next year."

Johnson has now played three seasons for Miami, which is located in Oxford, Ohio. After picking up three assists in 35 games in his freshman year, he scored a goal against Western Michigan and also added three assists in 15 games last season.

"That (goal) was a nice release, for sure," Johnson said. "I had quite a few opportunities but they just weren't going in up until that point. I hit a few posts and crossbars and a couple missed breakaways, stuff like that. Finally, getting one in was a big relief. It as super exciting."

This year, Johnson finished with two goals and an assist in 19 games.

"I battled injuries at the start (of this season)," he said. The first game I came out and took a blindside hit so I was out a weekend or two after that. No concussion or anything, just battling stitches, whiplash, that kind of stuff.

"It was tough because I found myself in a consistent role coming into the season but after my injury, I fell out of the lineup and, from there, I worked my way in but had trouble sticking for some reasons."

Johnson played eight games for the Manitoba Junior Hockey League's Swan Valley Stampeders back in 2012-13.

He then put up pretty good numbers in Swan River over the next two seasons, scoring 36 goals and producing 84 points in 114 games.

After scoring 16 goals the next season with the North American Hockey League's Corpus Christi StingRays, Johnson made the move to Division 1



EXPRESS PHOTO COURTESY MIAMI ATHLETICS

Miami University RedHawks' forward Carter Johnson is enjoying his time going to school and playing Division I hockey in Ohio. The Gimli product scored twice and had an assist in 19 games this past season.

hockey with Miami.

But the 6-foot-3, 207-pounder has found his role change at the collegiate level.

"I'm still looking to bring the same element (here) that I did in Swan Valley but it's consistency and doing what I have to do to stick in that role that has changed a little bit," he said. "I think it's changed more where I am relied on for a physical presence. Our team isn't huge with size so being one of the bigger guys I'm kind of looking to bring the physical element whereas with Swan Valley it was more scoring touch.

"I'm still trying to find the happy balance there and I've grown into a checker, defensive, hard to play against in the corners type of guy. It's nice to develop that here because moving forward a mix-

ture of the two would be (beneficial) to get me to that next level," he added.

Johnson still follows his former Stampeders' team, which was tied at three wins apiece with the Portage Terriers heading into this past Monday's Game 7 of the MJHL final.

"It's pretty cool to see," he said, noting he'll be coming back home soon to work with his dad during the summer.

"I've been keeping tabs and they're looking to bring home the Turnbull Cup," he said. "I'm really rooting for them. I saw some highlights and the crowds were pretty big so it would have been nice to get as far as them when I was there.

"It looks like a lot of fun."

Volleyball Manitoba to host provincial championships this weekend

Staff

Volleyball Manitoba will be hosting its first of two provincial championships this weekend at various locations in Winnipeg and Brandon.

The U15 girls' club championship will begin Friday and wrap up Sunday. Games will be played at the Canada Games Sport for Life Centre, St. John's Ravenscourt and St. Paul's High School.

The remainder of the provincials will be played on Saturday and Sunday.

Here are the age groups and their locations: U14 Girls Tier 1 (Dakota Community Centre, College Jeanne Sauve, and Victor H L Wyatt School); U14 Boys (Garden City Collegiate, Maples Collegiate and Mennonite Brethren Collegiate Institute); U16 Boys (Crocus Plains Regional Secondary School and Vincent Massey High School in Brandon); U17 and U18 Girls (University of Winnipeg, Kelvin High School, and Westgate Mennonite Collegiate); and U17 and U18 Boys (University of Manitoba).

Spontserected own **Terriers win Turnbull Cup title with Game 7 OT victory**

Staff

The Manitoba Junior Hockey League title was decided by just a single goal.

Portage's Reece Henry scored the game-winner at 5:26 of overtime to lift the Terriers to an thrilling 2-1 victory in Game 7 of the Turnbull Cup championship on Monday in Portage la Prairie.

Swan Valley's Matthew Osadick had forced the overtime when he tied the score at 2-2 with a shorthanded goal at 19:53 of the third period.

Portage forward Chase Brakel gave the Terriers a 2-1 lead when he scored at 8:42 of the second period. Brakel's goal was his eighth of the playoffs.

The Terriers took a 1-0 lead when

Sam Huston scored 8:18 into the game. But Osadick tied the score at 1-1 at 6:29 of the second period.

Nathan Moore made 25 saves for the win.

Portage evened the series at three wins apiece after a wild 5-2 road win in Game 6 last Thursday in Swan River.

Trailing 2-1, Henry tied the score at 13:25 of the third and then Brakel, who played six games with Cornell University this season, netted the eventual game-winner just 1:40 later.

Jay Buchholz later added a pair of empty-net goals to secure the victory. Swan Valley took an early 1-0 lead when Bradly Goethals tallied just 3:20 into the game.

The score stayed that way until 19:48 of the middle frame when Portage's Owen Murray tied the score with his second goal of the playoffs.

Moore made 24 saves for the win as the Terriers outshot the Stampeders 50-26.

Swan Valley took a 3-2 series lead after a thrilling 4-3 triple overtime win over the Terriers in Portage on April 16.

Goethals scored the game winner on the power play just 1:46 into the third overtime period.

The Stampeders had tied the score at 3-3 at 16:12 of the third as Brian Harris tallied. Buchholz had given Portage the lead earlier in the period.

Swan Valley's Kasyn Kruse and Portage's Ty Barnstable traded first-period goals and then Brakel gave the Terriers a 2-1 lead with a power-play marker.

Osadick tied the score at 2-2 at 18:37 of the middle frame.

Merek Pipes made 44 saves for the win.

Portage will now battle the Battlefords North Stars, the Saskatchewan Junior Hockey League winners, for the Anavet Cup.

The Anavet Cup begins Friday in Portage and may last as long as May 10. The remainder of the schedule was to be released this past Tuesday.

Skate Canada Manitoba to host awards gala Saturday

Staff

Skate Canada Manitoba will be celebrating another successful season this Saturday when it hosts its 16th annual Awards Gala at the Victoria Inn Hotel and Convention Centre in Winnipeg.

"This is the time of the year when our organization gathers to recognize the successes of our skaters, coaches, and officials and to thank our many dedicated volunteers," said Donna Yee, chair of Skate Canada Manitoba in a media release.

The Skate Canada Achievement Award winners are:

Skate Canada Manitoba CanSkate

Athlete Award – Haleigh Cuvelier (Skate Brandon)

Skate Canada Manitoba STARSkate Athlete Award – Melissa Kerik (Skate Brandon)

Skate Canada Manitoba CompetitiveSkate Athlete Award - Annika Duguay (Carberry Figure Skating Club)

Skate Canada Manitoba Program Assistant Award - Cassidy Miller (Skate Brandon)

Skate Canada Manitoba Volunteer Award - Marlow Gwynne (Skate Brandon)

Skate Canada Manitoba Volunteer

Coach Award – Cynthia Chartrand (Neepawa Figure Skating Club)

Skate Canada Manitoba Volunteer Award of Excellence – Don Brown (East St. Paul Figure Skating Club)

Several other award/bursary recipients will also be honoured;

Ian Carmichael Memorial Award winner is Andrea Laskovic (Skate Winnipeg)

Dodie Wardle Memorial Award winner is Sadie Graetz (Skate Winnipeg) Manitoba Open Junior Artistic

Award winner is Ava Kemp (Skate Winnipeg)

Manitoba Open Senior Artistic

Award winner is Olivia Sawatsky (Morden Figure Skating Club)

Skate Canada Manitoba Sectionals Merit Award Winner is Olivia Orbanski (Arborg Skating Club)

Manitoba Open Bursaries awarded to Sloane Walker (Skate Winnipeg), Ava Kemp (Skate Winnipeg), Jade Pilat (East St. Paul Figure Skating Club), Davie Howes (Skate Winnipeg), Emmet Dewar (East St. Paul Figure Skating Club) and Marius Peter-Joyal (Skate Winnipeg).

Thunder Bay Northern Hawks win 2019 Keystone Cup

Staff

The 2019 Keystone Cup Border Battle saw a final involving a pair of Ontario teams.

The Thunder Bay Northern Hawks doubled the Thunder Bay Fighting Walleve 4-2 in the gold-medal game on Sunday at the Peguis Multiplex.

The Northern Hawks finished the tournament with a 4-0 record.

In the bronze-medal game, the Cross Lake Islanders defeated the Peguis Juniors 4-2.

No scoring summary from either medal game was on the Keystone Cup website at press time.

Peguis finished the four-team round

robin in third place with a 1-2 record. The Juniors started play with a convincing 9-3 win over Cross Lake last Friday.

Peguis, which held period leads of 4-1 and 7-2, were led by Tyrome Spence-Bair's three-goal and one-assist effort while Wyatt Bear added two tallies and two helpers.

Shaydon Mousseau also had a strong game with a goal and four assists while Travis McPherson and Ethan Daniels each finished the game with four assists.

Evan Thickfoot, Evan Geisler-Klyne and Nicolas Murdock also scored for the Juniors.

Derian Garrioch, Vince Scott (on the power play) and Drayden Garrick scored for Cross Lake.

Dray Flett made 35 saves for the win. Later that evening, Peguis was edged 3-2 by the Northern Hawks.

Quinton Flett and Bear scored thirdperiod goals for Peguis.

Stephen Tocheri scored in the first period for Thunder Bay and then Eric Wiersema tallied twice 3:39 apart in the third.

Wiersema's second goal came on the power play.

The Juniors wrapped up round-robin action with a 5-3 loss to the Fighting Walleye on Saturday.

Peguis led 3-2 midway in the second period but Thunder Bay scored the game's final three goals.

Thickfoot scored for Peguis in the first period and then Ethan Daniels and Spence-Bair tallied to start the second.

Spence-Bair and Mousseau each finished the tournament with six points, which put them in a five-way tie for third among all players.

Jacob Pacifico, Noah Lagadin, Kyle Swerhun, Matt Ray and Wolf Bannon replied for the Fighting Walleye.

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SURVEY PLAN 64727 WLTO OF PART OF W 1/2 & NE 1/4 SEC. 9, AND SE ¼ SEC. 16 TWP. 29 RGE. 8 WPM

RURAL MUNICIPALITY OF GRAHAMDALE

Mail:

Said land being required for the Lake Manitoba Outlet Channel.

DATED at the City of Portage la Prairie, in Manitoba, this 11TH day of April, A.D. 2019.

Confirming Authority: Minister of Infrastructure Province of Manitoba

Manitoba 9

SURVEY PLAN 64728 WLTO OF

PART OF E 1/2 SEC. 32 TWP. 28 RGE. **8 WPM**

RURAL MUNICIPALITY OF GRAHAMDALE MANITOBA

Said land being required for the Lake Manitoba Outlet Channel.

DATED at the City of Portage la Prairie, in Manitoba, this 11TH day of April, A.D. 2019.

Confirming Authority: Minister of Infrastructure Province of Manitoba



PART OF W 1/2 SEC. 8 AND W 1/2 SEC. 17 TWP. 28 RGE. 8 WPM INCLUDING PART POWER TRANSMISSION LINE **PLAN NO. 8381 RURAL MUNICIPALITY OF GRAHAMDALE MANITOBA**

Said land being required for the Lake Manitoba Outlet Channel.

DATED at the City of Portage la Prairie, in Manitoba, this 11TH day of April, A.D. 2019

Confirming Authority: Minister of Infrastructure Province of Manitoba



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Notice of Confirming Order

TAKE NOTICE:

THAT pursuant to the provisions of The Expropriation Act the Minister of Infrastructure Confirming Authority; has by Order dated the 1st day of April, 2019, confirmed Declaration of Expropriation dated the 12th day of March, A.D. 2019, covering the following described land:

WATER CONTROL WORKS PLAN 64730 WLTO ACROSS PART OF FRAC. NE 1/4 SEC. 30, SE 1/4 SEC. 31, AND W 1/2 SEC. 32 TWP. 26 RGE. 8 WPM, FRAC. W ½ SEC. 8, W 1/2 SEC. 17, W 1/2 SEC. 20, W 1/2 SEC. 29,

NE ¼ SEC. 31, AND W ½ SEC. 32 TWP. 27 RGE. 8 WPM INCLUDING PART OF (CLOSED) GOV BD ALLOWANCE AND PART OF BED OF LAKE MANITOBA

SURVEY PLAN 64730 WLTO OF PART OF FRAC. NE ¼ SEC. 30, SE ¼ SEC. 31, AND W 1/2 SEC. 32 TWP. 26 RGE. 8 WPM, FRAC. W 1/2 SEC. 8, W 1/2 SEC. 17, W 1/2 & NE 1/4 SEC. 20, SW 1/4 AND FRAC. SE 1/4 SEC. 29, AND W 1/2 SEC. 32 TWP. 27 RGE. 8 WPM

RURAL MUNICIPALITY OF GRAHAMDALE MANITOBA

Said land being required for the Lake Manitoba Outlet Channel.

DATED at the City of Portage la Prairie, in Manitoba, this 11TH day of April, A.D. 2019.

Confirming Authority: Minister of Infrastructure



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Jim (204) 378-5314 or

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306-921-9942.

MISCELLANEOUS

Hilbre Store - stock recuction sale! April 25 -27, 10:30 a.m. – 6 p.m. Selected hardware, grocery, kitchenware 10-50% off. Call Garry at 204-449-2060 for more info.

UPCOMING EVENTS

Telus Manitoba 2019 Motorcycle Ride for Dad. Fighting Prostate Cancer Saturday, May 25 at 10 a.m. Official start Earl's Polo Park Shopping Centre. Register online: ride fordad.ca/Manitoba

HEALTH

Are you suffering from ioint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., or e-mail stonewood elkranch@mymts.net

LIVESTOCK

Yearling Charolais bloodlines, bloodlines. Good prices. Call to inquire 204-383-0308

Purebred Yearling Charolais bulls for sale. For more information call Ken at 204-376-2418 or email cherepak@mymts.net



HAY FOR SALE FEED AND SEED Round bale silage Forage seed for sale: green feed, 2000 lbs organic & convenper bale, 35% moistional: Sweet Clover, ture. Price: \$80 per Alfalfa, Red Clover, Call: 204-642-Smooth Brome, Meadbail. 2572 ow Brome, Crested Riverton. Wheatgrass, thy, etc. Free delivery!

FEED AND SEED Approx. 3500 bushel feed oats. \$3 per bushel. Ph 204-383-5697, Ron Irwin.

McSherry Auction FARM ESTATE AUCTION OF JOHN W. CHUDD Saturday May 11th 10:00 AM

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Duties will include serving customers, cleaning, stocking and cooking. Experience an asset. 16 years old and over preferred.

Please send resumes to info@sprucesands.ca or call 204-642-5671 for an interview.

Town of Arborg PUBLIC NOTICE **2019 Financial Plan** ARBORG

PUBLIC NOTICE is hereby given pursuant to Section 162(2) of The Municipal Act that the Council of the Town of Arborg shall hold a Public Hearing to present the Financial Plan for the fiscal year 2019 on:

> Wednesday, May 8, 2019 at 10:00 A.M. Town of Arborg Municipal Office 337 River Road Arborg, MB

The purpose of the Public Hearing is to allow any interested person to make representation, ask questions or register an objection in respect to the Town of Arborg's 2019 Financial Plan.

Copies of the 2019 Financial Plan are available for review at the Town Office during regular office hours.

Dated this 25th day of April, 2019.

Lorraine Bardarson, CMMA Chief Administrative Officer Town of Arborg

McSherry Auction -Service Ltd **CONSIGNMENT AUCTION** Sunday April 28th 10:00 AM Stonewall, MB #12 Patterson Drive Go To Web - Growing List! JD 320 Skid Steer 3700 Hrs * Vehicles & Trailers 2015 20' Utility Trailer 64 Mercury Meteor 25th Crown Anniversary Special Convertible * Equip * Case 8340 Rd Baler * Int 10' Tandem Disc * Field Master 3-4 Scraper Saueeze Chutes * Two Way Sorting Alleys * Double Alley * Portable Metal Loading Chute * Large Amount of Tools Professional Tools * Farm Misc * Quads * Yard Items * Stuart McSherry Stonewall, MB (204) 467-1858 or (204) 886-7027 www.mcsherryauction.com



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The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.



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BRIDAL SHOWER



Murray and Lori Shepell along with **Bill and Sandy Jonasson** are pleased to announce the engagement of their children, **Carlea and Connor** A June wedding is planned. A social evening is planned on April 27th at Arborg Bifrost Community Centre. A bridal shower will be held May 11, 2019 at 1 p.m. at Arborg Bifrost Community Centre. The couple is registered at Hudson Bay and Arborg Home Hardware



Come and Go Bridal Shower in honour of Megan Collins, bride elect of Wade Ford on Saturday, May 11, 2019 at Minerva Hall from 1 p.m. to 3 p.m. Registered at Bed Bath and Beyond. Home Hardware Gift Certificates also appreciated.





Glen Steven Swar October 18, 1960 - April 4, 2019

Glen Steven Swar, age 58, passed away peacefully on Thursday, April 4, 2019 at Riverview Health Centre in Winnipeg, MB. He was born October 18, 1960 in Arborg, MB to William "Bill" Swar (deceased) and Margaret "Margie" Swar (née Talaga).

Glen is survived by his wife Helene (née Gauthier); his children Sean (Gillian), Cory and Tiffany; brothers Larry (Emily), Andy, Jack (Kathy) and sister Jessie (Larry). He is also survived by numerous aunts, uncles, nieces, nephews and cousins.

The family wishes to express their gratitude to the staff at Riverview Health Centre for their care and kindness. The family would also like to thank family and friends for their support during Glen's time of need.

Family, friends and others whose lives Glen touched are invited to Poplarfield Community Centre, 17 Katie Lane, Poplarfield, MB on

Saturday, April 27, 2019 at 2:00 p.m. to celebrate Glen's life and bid him farewell. Luncheon to follow.

OBITUARY

Private interment will take place at the Poplarfield cemetery at a later date. FISHER FUNERAL HOME INC.

In care of arrangements. 204-372-6803 or 204-372-6271

- IN MEMORIAM C.A.I Schwitek In loving memory of Need our dear sister and aunty Dorothy, Cash? who passed away April 30, 2006 We Loan There is a bridge of golden memories, • Easy application From here to heaven above; Approval with That keeps you very close to us, collateral It's called the bridge of love. Title Loans Your memory is our keepsake, No Credit Check From which we'll never part; • We service ALL of God has you in His keeping, Manitoba We have you in our hearts. Call Dan Devloo -Lovingly remembered, (204) 526-7093 Mina, Dody, nieces and nephews CAI Financial Unit K - 2151 Portage Ave. Winnipeg MB THE RURAL MUNICIPALITY OF ST. LAURENT www.caifinancial.ca INVITATION TO TENDER mcna **Power Builder** Advertising The R.M. of St. Laurent is inviting **sealed tender** for the following: WORKS! GET SEEN by over 400,000 Manitoba Homes! Use your LOGO! Create instant top of mind awareness Showcase your info, business, product. job, announcements or event We format it, to make it look great! Starting at \$339.00 (includes 45 lines of space) The ads blanket the province and run in MCNA's 48 Manitoba
 - Saturday, May 4 10 - 6pm Sunday, May 5 10 - 4pm Sunova Centre (West St. Paul) Main St. & North Perimeter www.wps.mb.ca 204-582-1334 Trouble Walking? Hip or Knee **Replacement?** Restrictions in daily activities? \$2.500 Tax Credit \$40.000 refund cheque/ rebates **Disability** Tax Credit. 204-453-5372 www.disabilitytaxcreditwinnipeg.co LOCAL NEWS MATTERS Your newspaper helps stitch our communities together - questioning what needs questioning and serving as the voice of our democracy. Newspaper journalism is community essential to protect our newspapers vibrant communities. Access to truthful, Very cost effective means of getting local news is under threat. your message out to Now more than ever we need reliable LOCAL journalism. the widest possible audience Join the list to keep Contact this newspaper LOCAL news alive at newspapersmatter.ca NOW or MCNA at 204.947.1691 or email classified@mcna.com www.mcna.com

WINNIPEG PHILATELIC SOCIETY

Annual Stamp

& Coin Show

THE RURAL MUNICIPALITY OF ST. LAURENT **INVITATION TO TENDER**

Jobs: Bin rentals and hauling of filled bin to landfill

The R.M. of St. Laurent is inviting sealed tender for the following (if you are bidding on all or two, please quote each one separately:

- 1. Bin rental portable 80 to 90 cubic yard push-out bin/trailer to be placed at the public garbage drop station at the R.M. Waste Transfer Site.
- 2. Bin rental portable, slightly smaller garbage bin/trailer (40 to 60 cubic yard) to be placed in second slot of the public garbage drop station.
 - o The addition of this second bin will be dependent on pricing and must fit well with what is required at that particular site.
- 3. Hauling of full bin-trailers directly to landfill, with proof of delivery as needed.
 - o Typically we have had a 80 to 90 cubic yard size bin need delivery to landfill once a week in the summer and once every two weeks in the winter.

All of the above are for a one-year contract commencing May 16, 2019. Contractors are invited to view the site during hours of operation please call the R.M. Office at 204-646-2259 for hours of operation as they may differ from usual due to upcoming holidays.

Further information may be obtained from: Public Works Foreman, Dean. at 204-739-8163; the R.M. Office at 204-646-2259; or by email to cao.rmstlaur@mymts.net

Please provide your quotes by Friday, May 10, 2019 at 4:30 p.m. and mark your envelope <u>"Tender – Garbage bin/haul"</u>. The lowest tender or any tender may not necessarily be accepted.

R.M. of St. Laurent, Box 220, St. Laurent, MB R0C 2S0 Mail: Drop-off: 16 St. Laurent Veterans Memorial Road (inside the Rec Centre) Monday to Friday, between 8:30 a.m. and 4:30 p.m. Job: Regular Removal of Debris from R.M. of St. Laurent Waste **Transfer Site to Landfill**

- The regular removal of construction debris, yard waste,
 - furniture, mattresses, glass, shingles and various other types of mixed refuse which is located at the Waste Transfer Site. o We require this debris to be delivered directly to a Landfill
 - that will accept such material with proof of delivery. o The debris is to be hauled away regularly which may be
 - twice a month in the summer and once a month in the winter, or as needed. o Loading, hauling, tipping fees and mileage are to be listed
 - separately.
 - o The contract will be for a period of one year commencing on or about May 16, 2019. Award of contract will take place during Council meeting of May 15, 2019 at 10:00 a.m. The lowest tender or any tender may not necessarily be accepted.

Contractors are invited to view the site during hours of operation please call the R.M. Office at 204-646-2259 for hours of operation as they may differ from usual due to upcoming holidays.

Further information may be obtained from: Public Works Foreman, Dean, at 204-739-8163; the R.M. Office at 204-646-2259; or by email to cao.rmstlaur@mymts.net

Please provide your quotes by Friday, May 10, 2019 at 4:30 p.m. and mark your envelope "Tender – WTS Debris Hauling"

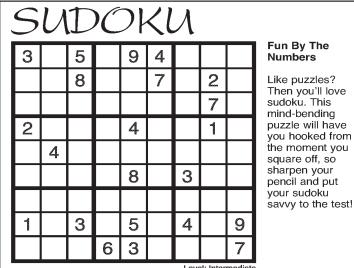
R.M. of St. Laurent, Box 220, St. Laurent, MB R0C 2S0 Mail. Drop-off: 16 St. Laurent Veterans Memorial Road (inside the Rec Centre) Monday to Friday, between 8:30 a.m. and 4:30 p.m.

The Express Weekly News Thursday, April 25, 2019 23

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22





Here's How It Works:

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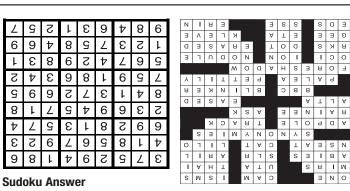
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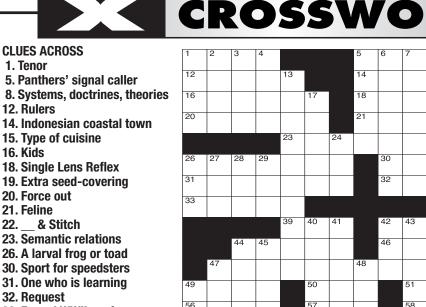
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



stoneware444@gmail.com

www.pamperedchef.biz/michellebalharry

Crossword Answer



2. Country along the Arabian peninsula

60

63

- 3. Pointed parts of pens
- 4. Lake ___, one of the Great
- 5. Peruvian region
- 6. State capital of Georgia
- 7. Those killed for their beliefs
- 8. Typeface
- 9. Shrill crv

59

62

- 10. Sends via the Postal Service
- 13. Occurring at a fitting time

- 26. Teletype (Computers)
- 27. Small southern constellation
- 28. Decaliters
- 29. Area near the concert stage

35. Social insect living in organized colonies

34

- 36. Winter activity
- 37. Snakelike fish
- 38. Not wet
- 40. In addition to
- 41. In league
- 42. Barrels per day (abbr.)
- 43. Monetary unit
- 44. Marked
- 45. Emerges
- 47. Shape by heating
- 48. Early Slavic society
- 49. Italian automaker
- 52. Racing legend Earnhardt
- 53. A type of name
- 54. ___ Strauss, jeans maker
- 55. Famed garden

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ord

- 20. Force out
- __ & Stitch 22.

15. Type of cuisine

CLUES ACROSS 1. Tenor

12. Rulers

16. Kids

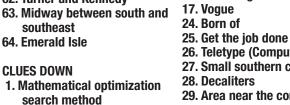
21. Feline

- 23. Semantic relations
- 26. A larval frog or toad
- 30. Sport for speedsters
- 31. One who is learning
- 32. Request
- 33. Famed WWII conference
- 34. Relieved
- 39. English broadcaster
- 42. Car signal
- 44. Grass part
- 46. Trivially
- 47. Serve as a warning
- 49. Centers of activity
- 50. An electrically charged atom



- 51. Small swelling of cells
- 56. Irritates
- 57. "___ your i's, cross your t's"
- 58. Removed
- 59. "Death in the Family" author
- 60. When you hope to arrive
- 61. German district
- 62. Turner and Kennedy

search method



11. Holds grain 17. Vogue 24. Born of

EST. 1977

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STOP IN AND SAVE

OPEN Friday May 3rd from 9am-9pm Saturday May 4th from 9am-6pm

- Warehouse open and filled with displays both days
- Appliances no GST or 6 months 0% interest
- Furniture no GST or PST or 12 months 0% interest
- Look for yellow tags for extra discounts all the way up to 90% off
- All accessories 1/3 off Lamps, Pictures, Plants etc
- Check out the clearance accessory wall - min. Discounts of 50% all the way up to **90% off**

DOOR PRIZES

Invitational Draw

Frigidaire 3pc Appliance Package \$2,397

Refrigerator, Range, Dishwasher.

Purchaser Draw

1st prize - Dreamstar Queen Mattress & Boxspring \$799 2nd prize - Ashley Rocker Recliner \$499 3rd prize - DeFehr Entertainment Unit \$399

Free Draw (no purchase necessary)

1st prize - Ashley Queen Mattress & Boxspring \$799 2nd prize - Pillow \$149

3rd prize - Mattress Protector \$139

4th prize - Set of Queen Sheets \$39

SPECIALS

- Ashley 39" Sofabed Reg \$1,079 One Only \$699
- Ashley 54" Sofabed Reg \$1,189 One Only \$899
- Ashley Sofa & Loveseat Reg \$1,359 One Set Only \$799
- Ashley Coffee Table Reg \$719 One Only As Is \$399
- Ashley 3 Pce Coffee Table Set Reg. \$449 Discounted to \$299

FREE coffee & cookies both days



FURNITURE & APPLIANCES 204-376-5242 "The largest selection of furniture & appliances between the lakes'

Dreamstar Mattress & Box Spring "Sets" 968 Pocket Coil Latex Euro Top

Anniversary Special Anniversary Price Single Size Reg \$969 \$699 Double Size Reg \$1049 \$799 Queen Size Reg \$1099 \$849 Super Special

Cash & Carry - Delivery extra

- Ashley Power Recliners Fabric, 2 colour choices \$449 - Cash & Carry.
- Buhler Hospitality cabinet solid wood Reg. \$799 Now \$399
- Frigidaire 28 cu.ft. French Door Fridge White Reg. \$2,799 Stock Only \$1,899
- Ashley Loveseat Reg \$629 Clearance \$349
- Ashley Power Reclining Loveseat Reg \$1,279 Clearance \$599 Decor Rest Sofa One Only
- Reg \$1,229 Clearance \$799 Matching pieces can be ordered in
- Serta Mattress & Boxspring - 1 Queen Set Reg \$1,099 Clearance \$699
- 1 Double Set Reg \$1,049 Clearance \$599 * Numerous other misc. discontinued mattresses at clearance prices
- Round Wood Coffee Table Set As is Reg **\$917** 3 pce set **\$299** (one only)
- 2 Grey & Black Towers with drawers Reg \$949 ea Now Only \$799 for 2!!

Super Special of the Sale Klik Klak Sets

Chaise Sofa by Day, epers at night - Grev Only et \$499 or \$299 each pce your ch Way less than 1/2 price

321 MAIN ST. ARBORG TOLL FREE 1-800-361-4156 e-mail: smittysfurniture@mymts.net www.smittysfurniture.net