

Ron and Yazu enjoying a walk on the boardwalk in Winnipeg Beach.

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RCI students to help farmers with painted eagles

Staff

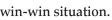
Migratory birds are well aware of the fact that bald eagles are at the top of the food chain, and now, so too are students in the Riverton area.

Manitoba Agricultural and Resource Protection's (MARP) recruited 10 students at Riverton Collegiate Institute (RCI) — all of whom volunteered their services and painted 25 wooden eagles on April 6. The statues are used as scarecrows to ward off migratory birds from farmers' crops.

"Our local natural resources office contacted our school asking for support. At RCI we have an excellent partnership with our community, and we're always willing to support one another," said Alison Lubinski, RCI's resource teacher.

"At RCI we recognize and appreciate the support we receive from our community and this was an opportunity for RCI to give back," she said.

Warren Toderan, district supervisor (and conservation officer) for MARP Riverton Compliance Area, said it's a



The students learn about eagles and migratory birds by participating in an art project, he said, while a department with limited resources is

provided some extrahands on a very important project.

"We issue out the eagles to farmers, ranchers or any people having issues with wildlife damaging their fields, bales and other crops they may grow. These eagles are set up in these

areas to deter problem wildlife," said Toderan, noting the Riverton Compliance Area includes an area from Matlock to Inwood, north to Hodgson, Peguis and Jackhead, while also conducting commercial fishing patrols on the majority of Lake Winnipeg.

"They are effective in scaring migratory birds, such as geese and cranes. They also scare crows and ravens. Nothing will land in the area. We see the real thing in action pretty regularly, as eagles take down a wild migratory bird and kill it," he said, noting when an eagle — real or simulated —



EXPRESS PHOTO SUBMITTED BY RCI

Ten students volunteered their own time to learn about resource and wildlife protection, which is helpful to both farmers and to Manitoba Agriculture and Resource Protection.

is in the area, most wildlife won't enter the area within a 300- to 400-yard circumference.

While the program has been effective for farmers and other community members who have experienced issues with migratory birds and other wildlife, Toderan said it's just a part of why it's been so beneficial.

Hands-on learning is a great way of cultivating community, too, he said.

"This is the second year we've done this, but last year was with Riverton Early Middle Years," said Toderan, adding MARP provided the supplies for the project.

"It's good for the art students in each school to participate and expose them to resource and wildlife protection," he said.

Farmers and people experiencing problem wildlife can contact MARP at any time of the year to ask about acquiring an eagle. For more informa tion, call 204-945-6959.

Registration now open

for the **Noventis Credit Union** Annual General Meeting.

This year, the AGM is happening on TUESDAY, APRIL 27th at 7pm.

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Gimli Pharmasave getting shots in arms after 650 doses of AstraZeneca's COVID vaccine arrives

By Patricia Barrett

Gimli Pharmasave started getting vaccine into arms after supplies of the AstraZeneca COVID-19 vaccine arrived a few weeks ago, and the pharmacy is welcoming appointments and walk-ins.

Pharmacist Melissa Jacobs said she and the store's three other pharmacists have already administered almost 200 doses out of the 650 doses that were forwarded by the provincial government.

"We're happy to be able to be a part of the vaccination effort and help control the pandemic," said Jacobs by phone last Thursday. "We also want to help out our community."

A network of pharmacies and medical clinics across the province have stepped up to help the provincial government with its COVID vaccination drive as the virus and its more contagious and dangerous variants continue to spread between Manitobans. Last week, the Brazil variant (also called P1) of the original COVID strain was detected in the Interlake-Eastern health region. Other variants are already circulating.

The provincial government changed the eligibility criteria for AstraZeneca (brand name Covishield) on Monday. Currently, those aged 40 and over can get the shot whether or not they have underlying health conditions. Previously the vaccine had been restricted to those 65 and older and to those aged 55-64 with underlying health conditions.

The move came after other jurisdictions began lowering age requirements for AstraZeneca as CO-VID infections surge in many provinces and after high numbers of COVID infections were confirmed in Manitoba over the weekend.

Pharmasave is happy to inoculate those living in Gimli as well as those from away. That means someone from across the Interlake or from the city will be able to get vaccinated.

"We're not limiting it to residents of Gimli," said Jacobs."But there have been very few from outside Gimli or the surrounding area. The vast majority of our patients are local."

Pharmasave prefers that people book an appointment so that they're guaranteed a time slot, she said, but would be happy to facilitate walk-ins. Walk-ins may have to wait a short period of time if all pharmacists are busy.

"We've been able to do a pretty good job on the walk-in side of things," said Jacobs."We haven't had to turn anyone away."

Jacobs said after they administer the AstraZeneca vaccine, people will wait in a patient room for 15

minutes then see a pharmacist before they leave. As with the flu shot, pharmacists will be monitoring for side effects such as allergies.

People who've received their first dose of AstraZeneca at Pharmasave will be able to receive their second dose there.

"We have been told by the province that patients who receive their first dose here will be able to receive their second dose here. When that time comes, we're expecting we'll get the allotment of vaccine we need," said Jacobs."The second dose will be given no sooner than four months (12 weeks)."

The AstraZeneca vaccine is 62 per cent effective in preventing symptomatic COVID-19 disease two weeks after

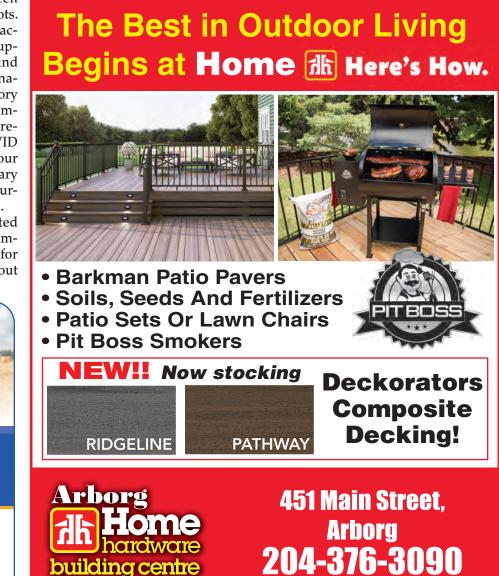


EXPRESS PHOTO COURTESY OF EILEEN HANCHAREK

Eileen Hancharek got an AstraZeneca COVID-19 jab from pharmacist Melissa Jacobs at Gimli Pharmasave last week. The pharmacy received 650 doses a few weeks ago.

duce the severity of a COVID infection if acquired. vices.

the second dose. Health experts say it can also re- the AstraZeneca COVID-19 vaccine and other ser-



It has, however, been linked to rare blood clots.

Because of manufacturing delays and supply interruptions around the world, Canada's national vaccine advisory committee has recommended Canadians receive doses of all COVID two-shot vaccines four months apart, contrary to vaccine manufacturers' recommendations.

Pharmasave is located at 45 Centre St. in Gimli. Call 204-642-5504 for more information about

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IERHA, First Nations partner with CancerCare Manitoba to improve colon cancer screening

By Patricia Barrett

First Nations communities in the Interlake-Eastern Regional Health Authority are invited to take part in an initiative aiming to get better insight into colon cancer screening.

A partnership was formed between the IERHA, CancerCare Manitoba, Fisher River Cree Nation, Lake St. Martin First Nation, the Interlake Reserves Tribal Council, Berens River First Nation, Sagkeeng First Nation and the Southeast Resource Development Council to understand Indigenous perspectives around colon cancer screening, address barriers that impede screening and improve participation.

The Canadian Partnership Against Cancer (CPAC), a federally funded organization that was created in 2007 to accelerate action on cancer control, is supporting the initiative.

"Initiating strategies to increase cancer screening rates for Indigenous communities in the IERHA was identified as a priority following a number of initiatives," said CancerCare Manitoba's transitions of care coordinator Laryssa Sawchuk, who's leading the screening initiative and is part of CPAC's working group.

Colon cancer, also referred to as colorectal or bowel cancer, is one of the most commonly diagnosed cancers in Manitoba, according to CancerCare Manitoba. People over the age of 50 are at higher risk. The cancer originates from small growths (also called polyps) in the colon or in the rectum. When detected early, the cancer can be cured nine out of 10 times.



EXPRESS PHOTO COURTESY OF LARYSSA SAWCHUK Laryssa Sawchuk (left) from CancerCare Manitoba and Donna Anderson from the Interlake-Eastern Regional Health Authority attending Brokenhead Ojibway Nation's Treaty Days in 2018.

Manitobans between the ages of 50 and 74 are invited to do homescreening tests every two years. The tests, called the fecal occult blood test (FOBT), involve the collection of stool samples three days in a row or within seven days if irregular. FOBT detects hidden blood in stool and helps find polyps and colon and rectal cancer in its early stage.

The First Nations colon cancer screening project stemmed from previous initiatives, including a 2014 IER- HA Community Health Assessment that focused on addressing Indigenous health disparities, partnerships formed with 17 First Nations communities, tribal councils, Indigenous Services Canada and other stakeholders that identified gaps in cancer screening, and the formation in 2016 of a cancer-screening working group with First Nations, the IERHA, tribal councils and CancerCare — to identify barriers to screening.

"With support of First Nations

leadership in the region, the working group began a project in 2019 that aims to understand, address and overcome barriers that limit participation in colon cancer screening in First Nations populations in the Interlake-Eastern health region," said Sawchuk.

CPAC's Colorectal Cancer Screening in Canada: Environmental Scan, published in 2018, identified screening rates in First Nations, Inuit and Métis populations, showing they're lower than in non-Indigenous populations, said Sawchuk.

And CancerCare's 2020 Roadmap to Cancer Control for Manitoba highlights the priorities of provincial stakeholders in areas such as cancer screening, community-centred care and improvements to First Nations, Métis and Inuit cancer control.

The first stage of the colon cancer screening project will focus on obtaining local knowledge to identify the challenges and barriers to participating in screening and also identify resources, said Swachuk, all of which is important for delivering patient- and community-centred care.

Quoting from the Roadmap, Sawchuk said patient- and communitycentered care is "responsive to the unique needs and preferences of individual patients and their families" and is shaped by communities in which they live or to which they belong.

"To meet the need for communitycentered care, the project will create community-based solutions to improve testing uptake," said Sawchuk.

Continued on page 7

Fisher River Cree Nation reports COVID variant case

By Patricia Barrett

Fisher River Cree Nation was informed by Manitoba public health that it has a confirmed case of the U.K. or B117 COVID-19 variant.

Health experts say variants of the COVID virus are more transmissible than the original strain and can result in a more serious illness.

The First Nation issued a notice April 17 on its website advising community members of the variant case and also reminding them to continue to follow public health measures (mask wearing, physical distancing, etc.) and get vaccinated.

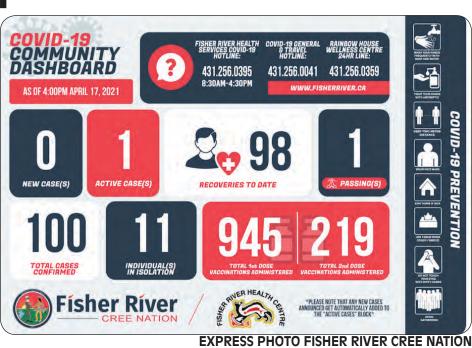
"Leadership and [FRCN] Health Services want to urge residents to remain calm as Health Services have been following the proper procedures in terms of contact tracing investigations and isolation protocols," states

the notice.

Those who develop symptoms such as fever/chills, cough, sore throat, breathing problems, loss of smell or taste, runny nose, fatigue, muscle aches, rashes or poor feeding (in infants) are asked to call Fisher River Health Services (a full list of symptoms is available on the website or through Health Services).

The community has a number of hotlines people can call for information. The FRCN Health Services CO-VID-19 Hotline can be reached at 431-256-0395. The General & Travel Hotline is 431-256-0041. The Rainbow House Wellness Centre can be reached at 204-308-1842.

To book an appointment to get vaccinated, call Health Services at 431-256-0395.



FRCN informs its community through an updated dashboard on its website.

Drought prediction good for some, not for others

Netley-Libau Marsh needs moisture to

regenerate

By Nicole Buffie

While those living on riverbanks sighed a collective relief as the province announced dry conditions for spring and summer and the Red River Floodway would not be activated for 2021, many worried what the neardrought would mean for agriculture across the province, including the Red River Basin Commission and their efforts to restore the Netley-Libau Marsh.

Situated at the mouth of Lake Winnipeg, the Netley-Libau Marsh should look like a regular bog but years of climate change and rising water levels have turned it into more of a shallow lake.

The marsh acts as a filtration system for the Red River, which flows into Lake Winnipeg. Due to high water levels, the vegetation in the marsh cannot properly grow and catch debris and chemicals floating in the water, which has affected the health of Lake Winnipeg, causing increased phosphorous levels and the presence of algae blooms during summer months, something detrimental to the health of the lake.

So, given the prediction of low water levels, some would think it would be helpful for the regeneration of vegetation at the Netley-Libau Marsh.

However, Steve Strang would have to correct you.

The managing director of the Red River Basin Commission's Manitoba chapter, a multi-national organization dedicated to ensuring the health of the Red River Basin that spans from South Dakota to Lake Winnipeg, said in order for restoration of the marsh to be effective, water levels must be maintained to their usual status. Even the recent spring snowstorm will not be much help.

"We haven't got all the amounts that are coming from the snowfall quite yet, and it's definitely going to create an improvement but it's certainly not going to be enough. And we're going to need everything we can get," he said.

The RRBC is currently in the process of getting the Netley-Libau Marsh Restoration Project off the ground with a hopeful start date of later this year. Nearly a decade in the making, the project will seek to use Amphibex machines — commonly used in Manitoba for breaking up the ice along our rivers for ice jam mitigation — to dredge soil and sediment from the bottom of the marsh to create vegetation tables and encourage new growth of plants to play those key roles of filtering debris from going into Lake Winnipeg. Strang said with inconsistent water levels, the tables cannot be maintained.

"We have to dredge and build the tables to be one foot above current water levels. If they keep changing, the tables won't stay where they are and plants can't grow. They'll just get washed away."

Despite the bleak outlook, the RRBC held a fundraiser for the restoration efforts and education on the marsh and its necessity for the health of Lake Winnipeg. The Community Raffle sold tickets for prize baskets and a 50/50 in which the pot sat at over \$8,000. Strang said the funds raised are crucial to spreading the word of the importance behind the organization's revitalization efforts, even if the weather has other plans.

"Time will only tell," he said.

"Mother Nature has her way. She'll do whatever she wants."

Applications now open for 2021 RBC \$10,000 Emerging Filmmaker Pitch Competition

Submitted by Aaron Zeghers, GFF

RBC and Gimli Film Festival (GFF) have launched the 10th Annual RBC \$10,000 Emerging Filmmaker Pitch Competition, which will take place at GFF on Saturday, July 24.

This year marks an important milestone for the competition, bringing the total 10-year cash investment in emerging filmmakers to \$100,000.

"For nine years, the RBC Emerging Filmmaker Competition at Gimli Film Festival has served as a springboard for aspiring filmmakers, providing access to resources, funding and networks to help bring their creative visions to life and advance their careers," said Aaron Martyniw, vicepresident of commercial financial services for RBC. "We're thrilled to celebrate an incredible 10 years of this competition in 2021, and we remain unwavering in our commitment to maintain this critical support to artists as we move towards re-emergence from the pandemic."

The competition — which is supported by On Screen Manitoba, William F. White International Inc., and the National Screen Institute–Canada — sees five emerging filmmakers pitch their short film concepts to a jury of industry professionals in front of a live audience.

The filmmaker with the winning pitch will receive \$10,000 to make their film courtesy of RBC, a \$5,000 William F. White Equipment Rental Grant Certificate, a story-editing and directing mentorship from the National Screen Institute, and a premiere screening of their film at the 2022 Gimli Film Festival. All five finalists will receive a one-year membership to On Screen Manitoba and passes to All Access, On Screen Manitoba's annual industry forum. Joanne Roberts, last year's recipient, will premiere her winning film, *Anak*, at the festival on Saturday, July 24.

"Gimli Film Festival has increasingly seen how important it is for us — as a charity — to leverage and distribute film production funding directly to filmmakers. Over the past year, artists have been hurting from reduced revenues, and filmmakers have faced increased costs and hurdles going into production," said Aaron Zeghers, festival director for the Gimli Film Festival. "The RBC \$10,000 Emerging Filmmaker Pitch Competition is one important piece in the mosaic of opportunities that maintains Manitoba's reputation as a hotbed of emerging filmmaker activity."

To celebrate \$100,000 invested and 10 years of the competition, Gimli Film Festival will be hosting the RBC \$10,000 Emerging Filmmaker Pitch Competition 10-Year Retrospective Screening, which will present all of the winning films.

GFF is accepting applications to the competition until June 4. Filmmakers may learn more by visiting the GFF website and reading the Call for Applications.

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@expressweeklynews.ca. Please include your name, address, and phone number for confirmation purposes.

Correction

Staff

In the story, "ESD unsure how schools will be supported given education property tax cut," in the April 15 edition of the *Express*, we wrote that the provincial government will provide \$5 towards advancing its new Better Education Starts Today (BEST) strategy. We meant to write \$5 million will go towards advancing that strategy as noted in the province's 2021 budget documents.

We apologize for the error.









PUBLISHER Lana Meier





REPORTER/PHOTOGRAPHER SALES AND MARKETING Jennifer McFee Jasmin Wolf





Brian Bowman



ADMINISTRATION Corrie Sargent



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CMA calls for inter-jurisdictional sharing of health-care resources

By Patricia Barrett

The Canadian Medical Association (CMA) is urging provinces and territories to share their medical resources with hard-hit areas of Canada where a third wave of COVID-19 infections is out of control and hospital capacity is at breaking point.

The advocacy organization has also called on the federal government to consider a new prioritization scheme for the distribution of COVID-19 vaccines and enhance paid sick leave to keep infected people at home.

The CMA issued a statement April 16 about pandemic crises unfolding in several provinces and called for restrictive public health measures, the marshalling of national resources and national collaboration.

"As the third wave of the pandemic wreaks havoc on the health-care and public health systems, healthcare providers and patients, we are at a critical juncture where a truly national approach to combatting COVID-19 will make the difference between more or fewer lives saved," said CMA president Dr. Ann Collins in the statement. "This country must come together to help support provinces most severely impacted."

The most COVID infections and deaths have been recorded in Ontario and Quebec.

Ontario broke records last week with thousands of daily new infections. Over 4,800 new COVID cases alone were reported last Friday, and health experts are predicting Ontario could see 30,000 new cases a day by June if drastic measures aren't taken.

People failing to follow the fundamentals (wearing a mask, physical distancing and avoiding social inter-

actions) coupled with an eleventhhour provincial stay-at-home order for six weeks have left Ontario hospitals at breaking point and scrambling for more intensive care unit (ICU) beds. Sunnybrook Hospital in Toronto built a barracks-style tent hospital in its parking lot to free up space in its ICU as the number of COVID patients continued to climb and the virus's highly transmissible and more deadly variants gain traction.

British Columbia recorded over 1,200 new infections last Thursday and is experiencing record-high hospitalizations. Based on modelling, health experts warned the province could see 2,000 new cases a day if people refuse to reduce their social interactions.

Manitoba logged its first case of the Brazil variant (also called P1) of the virus, which is considered to be two and a half times more transmissible than the original strain of COVID. P1 was detected in a person from the Interlake-Eastern health region.

Variants now make up about 40 per cent of cases in Winnipeg, according to the province's acting deputy chief public health officer Dr. Jazz Atwal, who spoke to the media last Friday. Fifty-seven more cases of contagious variants — including B117 (U.K.) and B1351 (South Africa) — were announced in Manitoba that day and 127 new COVID cases, of which 12 were in the Interlake-Eastern health region. COVID cases increased at the weekend, with 183 on Saturday and 170 on Sunday.

The Manitoba government said last week it's considering deploying vaccines to high-risk areas and hinted that new restrictions could be introduced if people continue to disregard public health orders.

The CMA said physicians may have to let some people infected with CO-VID die if they don't have enough resources, and recommends that medical resources from provinces/ territories be deployed to where they are most needed "to save the most lives."

"We act as one country when crisis hits with wildfires, floods and other tragedies. This pandemic has reached a new level that requires a national response," said Dr. Collins."We must do everything needed to avoid making unbearable choices as to who lives if resources are not available."

The CMA is also asking the federal government to distribute vaccine to areas of "urgent need" as opposed to its current per-capita distribution scheme. It also wants the government to implement enhanced paid sick leave that will allow infected workers to stay at home rather than go to their workplaces in order to earn a paycheque.

Lastly, the CMA said "better communication" is needed to get people to adhere to public health measures.

Prime Minister Justin Trudeau stepped up, asking premiers in Atlantic Canada to help Ontario by supplying ICU physicians and nurses and other health-care workers. The federal government will cover the costs of those personnel.

Manitoba has had 955 deaths from COVID. Almost 3 million people worldwide have died (source: Johns Hopkins University, April 16).

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> EMAIL US

Brian Bowman Sports Reporter sports@expressweeklvnews.ca Evan Matthews - Reporter/photographer 204-990-9871 Email: evan@expressweeklynews.ca

OUR EDITORIAL STAFF

Patricia Barrett - Reporter/photographer Cell 204-407-6099 patricia@expressweeklynews.ca **ADDRESS**

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REPORTER/PHOTOGRAPHER Sydney Lockhart











EXPRESS PHOTO BY DAVE JOHNSON

Mother Nature dumped 25 centimetres of snow on parts of the Interlake, including Chatfield, on April 14. The extra moisture will definitely help the farmers who will be heading out on to the fields next month. Help us record the weather of the week and send in your photos of friends and/or families enjoying the outdoors. Email: weather@expressweeklynews.ca

Manitoba tightens restrictions as third wave begins

By Ashleigh Viveiros

Public health officials tightened restrictions this week in a bid to slow down the third wave of COVID-19 in Manitoba.

Starting this past Tuesday, households may only have two designated visitors indoors and outdoor gatherings on both public and private property are limited to 10 people, including members of a household.

Wedding and funerals are also reduced to 10 people, in addition to an officiant and photographer.

Faith-based gatherings are now capped at 25 per cent capacity or 50 people, whichever is lower, with indoor mask orders in place except while household groups are seated together, are appropriately distanced from other groups, and are not singing.

Starting this Wednesday, retail stores are limited to one-third capacity or up to 333 patrons, whichever is lower. Malls are limited to 33 per cent of the facility's capacity.

The new orders will remain in effect until May 12.

"Despite our best collective efforts, COVID is on the rise again due to in large part to the new variants of concern," Premier Brian Pallister said at a news conference Monday. "Our cases are rising, our test positivity numbers are rising, hospitalization numbers are beginning to go back up.

"We'd been in this situation last year and we know that we don't want it to be recreated now," Pallister said. "We cannot stand by and wait for what happened once to happen once more."

Tightening restrictions will hopefully slow the third wave of the virus here in Manitoba, the premier said, and avoid the need for a full lockdown.

The province on Monday announced 108 new cases of the virus, bringing the tally to 36,267. The five-day test positivity rate was at 5.7 per cent both provincially and in Winnipeg.

As of press time, there were 1,685 active cases, 33,623 recoveries, and 132 people requiring hospitalization, including 30 in intensive care.

A total of 959 Manitobans have died due to COVID-19.

The Interlake Eastern Regional Health Authority were reporting 72 active cases as of Monday. Gimli 18, Stonewall/Teulon 9, Beausejour 6, Fisher River/Peguis 4, Pinawa/Lacdu-Bonnet 3, Powerview/PineFalls 2, Selkirk 6, Springfield 1, St. Clements 4, St. Laurent 1, Unknown 6 and Winnipeg Beach, St.Andrews 12.

Arborg/Riverton, Eriksdale/Ashern, Whiteshell and Northern Remote all reported no active cases.

To date IERHA has reported 2,559 cases with 2,449 recovered.

Vaccine eligibility broadens

This week also saw the province open up the AstraZeneca vaccine to all Manitobans aged 40 and over.

"Tens of thousands of doses of the AstraZeneca vaccine remain in clinics and pharmacies across the province, which is why we're expanding the eligibility criteria for the vaccine," explained Health Minister Heather Stefanson. The vaccine was previously only available to people 55 and older with certain health conditions.

The province also lowered the eligibility age for vaccination at a super site or pop-up clinic to Manitobans 54 or older and First Nations people 34 and older.

Head to protectmb.ca or call 1-844-626-8222 to book a vaccination appointment or find a clinic or pharmacy near you with available doses.

> CANCERCARE, FROM PG. 4

"The working group hopes to be able to deliver these solutions with the 17 communities in the fall, if it is safe to do so."

Because of COVID-19, the team had to shift from plans to carry out in-person meetings to COV-ID-safe methods, she said. They're currently conducting phone conversations about screening with interested participants between the ages of 50 and 74.

Some of the questions that participants will be asked include whether and why they think it's important to look at their stool, whether they talk about colon cancer screening with family or friends, reasons that would motivate them to get screened for colon cancer, and what the IERHA and/or CancerCare could do to help them and their community know more about colon cancer screening.

Donna Anderson, the community engagement liaison with CancerCare Manitoba's Cancer Navigation Services for the IERHA, is conducting the phone calls. She said she has really enjoyed connecting with community members and learning more about each community.

"Especially during these times, participants have expressed their genuine appreciation for the social interaction that we have during our calls," said Anderson. "It has been a great way to keep connected to the communities."

Tracy Abraham, the screening project's co-lead, said the initiative has enhanced collaboration and networks.

"We endeavor to learn perspectives on how people can become more aware and increase their participation in cancer screening," said Abraham. "We are expecting to gain some great information at the local level to eventually provide each community with a toolkit that will increase participation."

Those willing to share their views on colon health will receive a \$25 gift card.

To take part in the conversation, call or text Donna Anderson at (204) 302-1313 and she'll set up an appointment to chat.

People can request a colon cancer screening test kit (i.e., an FOBT) by visiting CancerCare Manitoba at www.GetAColon-Check.ca

IERHA's new CEO charting the course for transformation

By Patricia Barrett

It has only been a few months since he took the helm at the Interlake-Eastern Regional Health Authority, but David Matear is on his way to aligning health-care services to health-care needs within the region.

Matear will be bringing together municipal leaders, Indigenous health leaders, politicians and physicians in May to chart a course for the next five years. A new strategic plan will be developed to determine the region's health-care priorities in keeping with the provincial government's ongoing transformation of the entire healthcare system.

The central idea is to look at ways to deliver health care differently from the way it is currently in the IERHA. Some of the changes coming may entail less emphasis on hospital-based care, with fewer or no days spent in hospital after certain surgeries such as hip replacements (evidence says community care has better outcomes), an expansion of surgical care, meeting the needs of the region's population "closer to home," and Indigenous health.

Matear said the provincial government is spending half its budget on health care and seeing poorer outcomes compared to other Canadian jurisdictions. It needs to make sure it's "getting the best return on that investment."

"We have to be more progressive in the way we look at [health-care delivery], certainly look at clinical evidence-based practices. There's no reason for us to be as far behind as we are. I say that not critically but as an opportunity to look at how we can improve our health-care system," said Matear April 14 during a conference call with media.

After holding senior health-care leadership positions in the U.S. and in Canadian provinces such as Alberta where he helped transform its health-care system, Matear said his passion for population health management and an opportunity to deliver health-care services appropriate to population needs brought him to the Interlake-Eastern RHA.

Other IERHA news:

- With the pandemic's ceaseless demands on health-care workers, a growing disenchantment with the profession has arisen across the world and many are leaving the profession.

Physicians, nurses and health-care support workers are opting out because of COVID-19, according to ongoing reports from countries such as Canada, the U.S. and the U.K. They're burnt out, fear death or fear transmitting the virus to family members, lack proper protective gear or have to reuse gear on COVID frontlines, lost pay (those who can no longer work at multiple facilities) and are unhappy with their government's handling of public health measures.

After surveying over 130 national nursing associations, the International Council of Nurses identified a "COVID-19 Effect" that is causing mass trauma, including fear of death, physical exhaustion, burnout from the unrelenting care of COVID patients, psychological distress and abuse from COVID deniers. Over 2,220 nurses have already died from COVID, and the ICN is predicting an exodus from the nursing profession.

Matear said health-care workers normally work in a stressful environment but agrees that there are signs of extreme stress in workers dealing with large volumes of COVID patients, working excessive hours and having to wear personal protective equipment (PPE).

He himself worked at a federal medical station in Santa Clara, Calif., during the first wave of COVID, he said, and found it physically "draining" having to wear PPE, which is hot, difficult to breathe in and dulls the senses.

"I know there have been instances of ... folks in emergency services, emergency preparedness and management who have taken early retirement as a result of the initial phases of CO-VID or others who've decided to step away. I think that's understandable but regrettable," said Matear.

Although it's difficult during emergency response periods to provide all the supports necessary, Matear said it's possible to build in supports during such times and for a considerable period afterwards.

"We have discussed that here. And at a provincial level, we have looked at resilience to the stresses that are placed on health-care professionals in the system and the need for resiliency and an ability to survive these very stressful times," he said. "We're looking at what would be the best approach for the health-care system to take providing those supports for workers. That discussion is ongoing. From my perspective, we should look at options we've had experience with or at evidence-based approaches to develop resiliency in the health-care workforce."

- There are no plans as yet to wind down the number of pop-ups clinics in the Interlake-Eastern health region. The provincial government indicated last week it might shift vaccine resources to areas experiencing CO-VID outbreaks in the province, and that may mean a reduction in pop-up clinics in rural areas.

"We have schedules already planned for pop-up clinics throughout the region. The only limiting factor currently has been supply of the vaccine," said Matear. "The province is looking at efficiencies and the best way to deliver vaccine to the population. We haven't curtailed our schedule as far as I'm aware. That may come when we look at efficiencies and provincial direction and discussions. But at this point in time, we haven't lost any."

- Canada has not yet received shipments of the Johnson & Johnson (Janssen) COVID vaccine, which has been put on hold in the U.S. because of rare blood-clotting events. But AstraZeneca, which health experts have also linked to clotting events, is currently being used in Manitoba.

Matear said issues with vaccines — which Canada has yet to receive — in other countries may give public health experts here an advantage as regards the best course to take.

"Unfortunately, or fortunately, Canada is down the line in terms of getting vaccine supplies; we're not first in the queue," he said. "But we can benefit from any issues identified internationally. If vaccines are paused internationally, it's unlikely ... unless there's strong evidence otherwise that Canada would go forward with them." In terms of vaccine hesitancy in the Interlake-Eastern region, Matear said he has not heard "too much" from within the region — he sits on all the committees — but he's aware of reports of hesitancy in other areas of Manitoba.

"We are certainly taking the opportunity to educate people and there's a provincial education campaign. We're also educating communities, including First Nations, ensuring they have all the information and facts necessary to make informed decisions so that people feel more comfortable."

- A Regina, Sask., woman and her



EXPRESS PHOTO SUBMITTED David Matear became CEO of the IERHA Feb. 8 and is leading a new approach to healthcare service delivery.

husband thought earlier this month they'd be getting the Pfizer COVID vaccine at a site she thought, based on health authority information, was offering it. But a nurse informed her at the site they'd be instead getting AstraZeneca, a vaccine they didn't want. She thought the switch was "underhanded." The Saskatchewan health ministry said the province had to "accelerate" vaccinations because of CO-VID variants.

When asked whether he knew of any similar plan in Manitoba — offering vaccines other than Pfizer at supersites in the province, including the one in Selkirk — Matear said he believes supersites exist because of Pfizer's requirement for cold storage that can't be accommodated at small sites.

"I've never heard Moderna mentioned at a supersite. Pfizer is the only one at the supersite," he said. "As for consent, a person has an opportunity to decline. It should be informed consent that this is the vaccine we intend to give you and [people] should have the opportunity to decline."



Johnson & Johnson COVID-19 vaccine 'paused' in U.S.

J&J approved in Canada with up to 38 million doses expected

By Patricia Barrett

The one-shot Johnson & Johnson COVID-19 vaccine was put on hold in the United States last week after six cases of serious blood clots were reported.

The U.S. Centers for Disease Control and Prevention (CDC) and the Food and Drug Administration (FDA) issued a joint statement April 13 recommending a "pause" in the use of the Johnson & Johnson vaccine, also called the Janssen vaccine after the name of the company's pharmaceutical branch.

The two agencies issued the recommendation "out of an abundance of caution."

Six cases of a rare and severe blood clot called cerebral venous sinus thrombosis were reported along with low levels of blood platelets. The clots were reported in women between the ages of 18 and 48, and the symptoms occurred six to 13 days after they were inoculated.

"Right now, these adverse events appear to be extremely rare. COVID-19 vaccine safety is a top priority for the [U.S.] federal government, and we take all reports of health problems following COVID-19 vaccination very seriously," said Dr. Anne Schuchat, principal deputy director of the CDC, and Dr. Peter Marks, director of the

FDA's Center for Biologics Evaluation and Research in the joint statement.

Over 6.8 million doses of the vaccine have been administered in the U.S. as of April 12. Both agencies are reviewing data from the cases involving blood clots.

People who've received the Johnson & Johnson vaccine are asked contact a health-care provider if they develop a severe headache, abdominal pain, leg pain or shortness of breath within three weeks after receiving the shot.

Johnson & Johnson issued a statement last week saying it'll delay its vaccine shipments and hold off using the vaccine in clinical studies.

"The company has made the decision to proactively delay the rollout of our vaccine in Europe and pause vaccinations in all Janssen COVID-19 vaccine clinical trials while we update guidance for investigators and participants," said the press release issued April 14.

Canada approved the Johnson & Johnson vaccine on an interim order last month and has ordered "up to 38 million" doses of the vaccine, according to the federal government's CO-VID-19 vaccine agreements webpage. There have been no shipments as yet.

The federal government has invested over \$1 billion to secure access to promising vaccines. That includes upfront payments that companies use for vaccine development, testing and "at-risk manufacturing."

A series of similar-sounding bloodclotting events — and deaths — have dogged the AstraZeneca COVID vaccine that's currently being used in Canada.

Health officials in Quebec confirmed April 13 that a woman developed a blood clot after receiving the AstraZeneca vaccine. Her age wasn't provided. And last Saturday, the Alberta government reported that a man in his 60s developed a blood clot after receiving it. There have been no reports from Manitoba of anyone developing blood clots (as of April 17).

The Canadian government has an agreement for 20 million AstraZeneca doses.

The European Medicines Agency acknowledged a possible link between the AstraZeneca vaccine and blood clots with low platelets. The blood clots occurred in veins in the brain (cerebral venous sinus thrombosis, CVST), the abdomen (splanchnic vein thrombosis) and in arteries, together with low levels of blood platelets. Sometimes bleeding occurred.

In a statement issued April 7, the EMA said its safety committee concluded that the two events "should be listed as very rare side effects" of the vaccine after reviewing 62 cases (from the E.U. and the U.K. as of March 22) of cerebral venous sinus thrombosis and 24 cases of splanchnic vein thrombosis. Eighteen people have died.

"EMA is reminding health-care professionals and people receiving the vaccine to remain aware of the possibility of very rare cases of blood clots combined with low levels of blood platelets occurring within 2 weeks of vaccination," said the statement. "So far, most of the cases reported have occurred in women under 60 years of age within 2 weeks of vaccination."

In Australia, the Therapeutic Goods Administration's Vaccine Safety Investigation Group reported April 13 that a second case of a person developing a blood clot after receiving an AstraZeneca jab occurred. A woman in her 40s developed a clot.

Denmark pulled AstraZeneca from use last week and will not offer it as part of the country's immunization effort. It's the first country to ban the vaccine.

There have been no reports of similar blood-clotting events in people who've received the Pfizer-BioNTech COVID vaccine and the Moderna CO-VID vaccine.

Pfizer is expected to send 8 million more doses (4 million in May and 2 million in June). Prime Minister Justin Trudeau made the announcement last week. Moderna is scaling back its delivery after experiencing production setbacks. The company is sending 650,000 doses to Canada rather than the 1.2 million that were expected this month. Future deliveries of Moderna are now expected in summer or fall.

Ontario to implement travel restrictions, Manitobans advised to review travel plans to Ontario carefully

Submitted by Manitoba government

The Manitoba government is aware of new travel restrictions into Ontario, starting Monday, April 19 at 12:01 a.m.

The Ontario government is introducing checkpoints at all of Ontario's interprovincial borders limiting access at Ontario's borders with Manitoba and Quebec.

Access will be limited to essential travel only including essential workers and anyone travelling for medical care, transportation of goods and exercising Indigenous treaty rights. People without a valid reason for entering Ontario will be turned back.

The Ontario orders note that individuals can only travel to Ontario to visit a principal residence, or to respond to a critical incident including travel to prevent damage to property. For more information, visit www.ontario.ca/ laws/regulation/r21293.

At this time, Manitobans are strongly discouraged from all non-essential travel. This includes within the province and interprovincially due to the highly contagious variants of concern.

As per current provincial public health orders, 14 days of self-isolation is required for all individuals entering or returning to Manitoba. This includes all Manitoba and non-Manitoba residents. Consider travel plans carefully.

For more information on Manitoba's self-isolation requirements, visit:

https://manitoba.ca/covid19/index.html.

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A successful first annual Lundar ATV Poker Derby

Staff

Mother Nature decided to co-operate with the community of Lundar last Saturday for their inaugural ATV Poker Derby and Fun Ride ensuring a rip roaring good time was had by all.

In total, 265 quads registered and with their passengers, 430 people rode the 50-kilometre trail and purchased 482 poker hands.

Riders respected the land they rode on as well as the COVID regulations by wearing masks when required and social distancing.

The derby was put on to support the Lundar Fire Department and the Lundar Day Care.

With the extremely dry conditions and a fire ban in effect in the weeks prior to the derby was cause for con-

cern, but with last week's snowfall the risk of grass fires was reduced and the extra water and mud made the trails more interesting for riders.

Shawn Singh drew the best poker hand and won the \$2,032.50 first place prize. Misty Desjarlais won \$1219.50 for her flush, and the third place prize of \$813 went to Jenn Heroux for the flush she drew.

Volunteers and landowners were praised for their efforts and after all prizes were awarded funds were split between the fire department and the daycare. The daycare plans to replenish toys and educational supplies for the children and the fire department will use the money they receive to put towards new equipment.



In total, 265 ATVs were registered for Lundar's first annual Poker Derby and Fun Ride last Saturday.



Pictured from left: Nicole Erickson, Lexis Sigfusson and Michelle Riding rode in the derby Branden Lussier found some water to play in. last Saturday.





Cousins Wayde Desjarlais and Sophie and Gracie Thorkelson rode along with their parents.

Province launching COVID-19 rapid test asymptomatic screening strategy

Submitted by Manitoba government

The Manitoba government has launched a rapid testing screening program to support businesses and critical service providers by helping to limit the spread of COVID-19 through early detection, Health and Seniors Care Minister Heather Stefanson announced Monday.

"We are partnering with Manitoba businesses and critical services to make the best use of our rapid test supply with the goal of identifying asymptomatic cases of COVID-19 in the workplace and other critical settings that would otherwise go undetected," said Stefanson. "This rapid test program will help us protect more Manitobans as we deal with a rise in CO-VID-19 cases."

This program builds on the current Fast Pass asymptomatic rapid testing in place for teachers and education workers. Rapid testing using an antigen-based test is already in place for

asymptomatic staff at select personal care homes in Manitoba.

The expanded strategy will focus primarily on providing antigen-based rapid tests to targeted industries and critical service providers in nonhealth-care settings. It focuses on organizations that can self-administer a sustainable asymptomatic screening program and whose specific setting may benefit from routine testing because of their geographical location, potential supply chain, community or population impacts, transportation or living arrangements, or who have a workforce that have been disproportionally impacted by COVID-19. Partner organizations will be responsible for administering the tests and tracking, and reporting test results to the province.

The province has distributed a threemonth supply of rapid tests to participating organizations and is providing training and other resources to support launch of the program. The majority of sites will use nasal swabs, which can be administered by nonhealth-care professionals, as they do not go as far into the nasal cavity as the nasopharyngeal swab that is used for a typical COVID-19 test. Red River College will support the pilot by offering participants a two-hour virtual training module on nasal swabbing and how to conduct a rapid test.

The initial rollout includes a number of organizations from a cross-segment of Manitoba sectors including the Addictions Foundation of Manitoba, Manitoba's Wildfire Service, a mid-size Manitoba-based agri-foods business (Winkler Meats), a mining operation in northern Manitoba (Alamos Gold Inc.), and a major airline (Air Canada).

"The opportunity for our employees to participate in this important, science-based, rapid screening initiative adds another tool in our multi-layered

approach to employee safety," said Dr. Jim Chung, chief medical officer at Air Canada.

Depending upon uptake and results, the program may expand to other industries such as construction or transportation or look to implement other delivery models, such as popup screening clinics at a later date. Manitoba also launched a second Fast Pass site in Winkler on April 12 that expands access to rapid testing for school-based and child-care staff.

"As we continue to immunize and protect more Manitobans, this rapid testing program can help screen even those who have been immunized to provide assurances to workforces and their employees," said Stefanson.

For more information on Manitoba's rapid testing strategy, visit www.gov. mb.ca/covid19/testing/rapid-testing. html.

Gimli a COVID 'cluster' with cases confirmed at all three ESC schools

By Patricia Barrett with files from Lana Meier

Provincial public health told the Evergreen School Division on Sunday that Gimli was considered a cluster for COVID-19 after confirming cases over a series of days at all three of the community's schools, according to letters obtained by the *Express*.

COVID cases were confirmed at Sigurbjorg Stefansson Early School (SSES), Dr. George Johnson Middle School (DGJMS) and Gimli High School (GHS).

Classes were cancelled Monday at all three schools to allow for the completion of the investigation and cleansing of the buildings. Then the division announced that the schools will move to remote learning until April 30.

The division first alerted parents by letter April 15 that two staff members at Sigurbjorg Stefansson Early School tested positive for COVID-19.

Supt. Roza Gray wrote that there was no evidence the infections were acquired at the school, which teaches kindergarten to Grade 4, and that [last week's] spring snowstorm, which led to the shutdown of division schools, and an in-service day on April 16, worked in favour of limiting the possibility of spreading the virus.

The division didn't identify what position the two staff members hold, whether they're teachers or work in an administrative, caretaking or other capacity, but it appears they may have come into contact with other students and staff because they were advised to get tested for the virus.

"Although neither of these cases meet any threshold where notification of the public is required from a public health perspective, this is shared with you as a part of our continued commitment to ongoing and transparent communication," wrote Gray. "This circumstance provides a reminder of the importance of staying home when sick, even when symptoms are mild."

Hundreds of schools across Manitoba have been affected collectively by thousands of COVID infections, and have had to periodically shut-down and transition to virtual learning.

According to the province's COVID-19 dashboard covering infections in K-12 schools, there have been 2,650 cases of COVID in schools since Sept. 1, 2020, and the vast majority of those infections have been



EXPRESS FILE PHOTO BY PATRICIA BARRETT Sigurbjorg Stefansson Early School.

among students.

Over the past 14 days (prior to April 14), there have been 152 cases of COVID reported of which 134 have been students and 18 have been staff. Thirty-nine of those cases have been identified as highly infectious and more dangerous variants of the original virus strain.

Gray wrote that the two SSES staff members who fell ill with the virus are not being judged, and the division offers its "best wishes for a speedy recovery."

The situation took a turn for the worse on April 18 when the division was informed that cases of the virus were also confirmed in Gimli's middle years school.

Both students and staff at Dr. George Johnson Middle Years School and SSES had been infected and were at school during their infectious period, wrote Gray in one letter she sent to parents that day. At both schools, a number of close contacts "have been told to self-isolate for 14 days from date of exposure."

Public health also determined Gimli to be a "cluster," she wrote.

In a follow-up letter, Gray said positive cases of COVID had also been identified at Gimli High School.

On Monday she sent another letter to parents, saying "several staff and students, and their respective families have been identified as close contacts, have tested positive, or are required to self-isolate in accordance with public health guidelines," and



Evergreen School Division 1200 - Gimli, Manitoba - RDC 180 - Ph. (204) 642-6260 - Fax (204) 642-7273

April 19, 2021

r rateria i varegivers

is you are aware, our schools have been significantly affected by cases of COVID-19. Sevens staff and ludents, and their respective families have been identified as close contacts, have tested positive, or are equired to self-isolate in accordance with public health guidelines.

n consultation with Public Health and Manitoba Education, Evergreen School Division will move a chools in Gimli to remote learning through April 30. This applies to Sigurbjorg Stefansson Early

We are grateful for your understanding and patience while our colleagues, students, hiends and neighbourn abeingt to return to health and some degree of normality.

- ome additional information that you may require: Critical Service Workers: We ask parents of students in K-
- Critical Service Workers: We ask peterts of students in K-5 (or under 12 years of age) to let us know if they are official service workers who cannot make alternative arrangements for childcare. A letter from the School Division will follow with additional information and a link to an online form.
- Learning from home: Communication about remote learning will come directly from your school and/or teacher. Remote learning will begin as scon as possible as school and division staff complete their work with public health.
- Sus Transportation: .4t this time, busing will be limited to the children of othols services vockers only. Families for whom this applies will be contacted within a few days, with transportation expected to begin in no carlier than Monday, Apri 32th.

We appreciste the support of the community as we navigate this challenge and hope for a quick recovery for all those affected. Our staff will continue to adapt as this situation evolves and will continue to do their absolute best to support the learning and well-being of our students.



COURTESY OF TWITTER COVIDSCHOOLSCASESMB Sigurbjorg Stefansson Early School, Dr. George Johnson Middle School and Gimli High School announced remote learning through April 30 after a number of COVID cases were confirmed this past week.

that the division will be moving the schools to remote learning through April 30.

Critical service workers with children in kindergarten to Grade 6 (or under 12 years of age) are being asked to contact the division if they can't make alternative arrangements for childcare. Busing for the children of critical service workers will continue. Instructions for remote learning will be forthcoming from teachers.

Gray told the *Express* by email late Sunday night that some of the cases in the schools were linked, but that there were also "separately arising cases in all three schools."

According to the province's COVID-19 dashboard showing cases by community, Gimli had 18 active cases (viewed April 19).

Legislation introduced that would provide education property tax rebates to Manitobans

Owners of home, farm and commercial property could see \$250 million in rebate cheques

Submitted by Manitoba government

The Manitoba government has introduced the education property tax reduction act, new legislation that would allow nearly \$250 million in education property tax rebates to be provided to Manitoba property owners this spring, Finance Minister Scott Fielding announced Monday.

"Our government believes Manitobans need more tax relief sooner rather than later, and we are keeping our promise to begin phasing out the education property tax this year and completing our promised \$2,020 Tax Rollback Guarantee one full year ahead of schedule," said Fielding. "Budget 2021 will continue to protect Manitobans' hard-earned incomes so they can support their loved ones and invest in their communities."

As part of Budget 2021, Protecting Manitobans, Advancing Manitoba, rebate cheques would provide for \$248 million in rebates of education property taxes and community revitalization levies to approximately 658,000 property owners in 2021. The average rebate to property owners would be about \$1,140 per property over the next two years.

The province would provide a 50 per cent education property tax rebate directly to residential and farm property owners over the next two years (25 per cent this year and 25 per cent next year) and a 10 per cent rebate on other properties in 2021. The bill would also provide for corresponding reductions in various existing education property tax-related credits and rebates to ensure that all property owners are paying 25 per cent less on residential and farm properties, regardless of whether an owner qualifies for existing credits and rebates.

In order to provide Manitobans

with rebates as soon as possible this spring, the province has drafted a stand-alone bill that would entrench the 2021 rebates in legislation and establish an obligation on government to pay out the new school tax rebate to property owners. As the education property tax will be phased out over several years' budgets and the rebate is not a one-time supplementary spending program, it requires legislation. The proposed bill would also provide authority to increase percentages by regulation in future years.

"Manitoba is currently the only province that uses locally determined municipal school property taxes to

Winnipeg Beach council and IERHA staff celebrate clinic

By Patricia Barrett

Town of Winnipeg Beach council members paid a COVID-safe visit to the town's new primary care clinic last week and chatted with staff from the Interlake-Eastern Regional Health Authority, which oversees the clinic.

The clinic is staffed by nurse practitioner Andrea Smith, who has lived in Winnipeg Beach for 14 years and has 13 years of nursing experience, and by primary care nurse Kelsy Griffin, who has worked in a number of communities, including Riverton, Gypsumville and Selkirk, since 2011.

The nurses tend to everyday, non-urgent health matters and consult, when necessary, with health-care specialists.

IERHA has opened in the past year. Beach council had advocated for medical staff in town after losing a physician.

The nurses are available by appointment on Tuesdays, Wednesdays and Fridays from 9 a.m. to 3:30 p.m. The clinic is located in the Winnipeg Beach Plaza, Unit J, 54-60 Main St. To make an appointment, call 204-389-3649.



EXPRESS PHOTO COURTESY OF JASON PERMANAND, IERHA From left: clinical team manager Connie Nixon, primary care nurse Kelsy Griffin, The clinic opened Feb. 16 and is the fifth primary care clinic the nurse practitioner Andrea Smith, councillors Barry Hoel and Larry Banks, chief administrative officer Roger A. Bouvier, Mayor Tony Pimentel, and Coun. Daryl Carry.

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Surprise customer



EXPRESS PHOTO SUBMITTED

Michelle Wierda, the Butter Tart Lady, had a surprise visitor on Friday at Sugar Me Cookie Boutique. Gimli's mayor Lynn Greenberg stopped by to welcome Wierda as a new business owner and to wish her luck on her new venture.

Sugar Me Cookie Boutique is planning for her grand opening, which will take place the week of June 1, National Buttertart Day. The public is welcome to attend. There will be lots of buttertarts along with promos and prizes (goodies) to be won.



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Interlake's 'Havakeen Lunch' lives on in film

Submitted by Mark Kihn

Have you ever had the chance to reach behind and grab onto the past? No, I am not talking about fumbling into the backseat to find an old *Manitoba Cooperator*. I do mean finding unexpected history, and enjoying it.

Several years ago, younger brother Tim mused about an old National Film Board movie, which told of the closing of a small-town restaurant in Manitoba's Interlake region. He knew it mentioned Dad's oldest brother, Martin, who lived and farmed at Eriksdale. However, Tim's internet discovery didn't register. I soon dismissed it before it used up too much of my brain's hard drive.

A few months ago, I was sifting through my Mom's old papers at her nursing home. I came across part of a calendar from years gone by. The calendar was headlined "Havakeen Lunch" of Eriksdale, Man. It sparked my memory.

Through the marvel of the internet, I soon had the film on the computer screen. I excitedly hit the "Play" icon. A snippet of family history unfolded.

Uncle Martin's wife, Aunt Ellen, had run this restaurant for 18 years. In summer 1977, they had sold it and prepared to hand it over. The film, produced out of Winnipeg but filmed on-site, documented those last few days of their ownership.

Martin was Dad's oldest brother out



POST SECONDARY SCHOLARSHIPS AND BURSARY FUNDS

The Westshore Community Foundation Inc. invite students within the Westshore catchment area to apply for post secondary Scholarships and Bursary Funds. Eligible students must have graduated from the Gimli High School or Riverton Collegiate Inc.

Consideration will be given to students who have completed a minimum first year of studies or Apprenticeship certification at their chosen institute of learning, including University, College and Trade Schools.

Mature students who have lived in the catchment area for the past 2 years and who have not pursued post-secondary education within the past 5 years are also invited to apply.

Applications and guidelines are available ontheWestshoreCommunityFoundation's website: **westshorefoundation.ca Applications will be accepted up to July 15, 2021.**

Box 395 Gimli, Manitoba ROC 1B0 Tel.: 204-642-9796 of seven boys (plus four girls) who were born and raised on a Steinbach farm. Their last name is spelled "Kihn" (mine too!), but is pronounced "keen" hence, "Havakeen Lunch."

The film begins with Martin and Ellen having breakfast, together with Martin's cousin and friend, Henry Braun. Uncle Martin lets the porridge pot boil over, but no harm done. They sit at the counter where they serve their customers. Aunt Ellen rushes outside to pump gas for an early sale, and that debuts the procession of customers.

The people are just what you'd expect in a small town. The young mechanic-type comes in with terribly greasy fingers. He pays up on his \$98.19 bill, credit extended to him by Ellen.

A tie-wearing life insurance salesman stops to meet a client, and for coffee and pie. Surprisingly, he doesn't try to sell Ellen anything as they chat. He is curious, though, as to who bought the place.

An Interlake philosopher king holds court as he sermonizes as to why area farms were economically depressed in those later '70s. Poorer soil, he correctly assessed. "It's tough to grow a good crop here," he added.

A local couple arrives. She bemoans a late government subsidy cheque. Her husband lingers, curses and munches on a hard-boiled egg while having a cigarette. Only one hand needed — extra dexterity. Ellen listens to their woes.

And the parade of customers, who are also friends, continued. They offered their best wishes, and veiled condolences. It's clear they'll miss the Kihns. And with many small town stops, they'll miss that chatter as much as they'll miss the snacks, coffee and lunch.

Norval Sanders, who later gets introduced to the new owner, drops in. "We're gonna kinda miss ya — nobody to B.S. with," he theorizes to ElHAVAKEEN LUNCH

PHOTO SUBMITTED Martin and Ellen Kihn sold Havakeen Lunch in the summer of 1977.

len."Think of all the memories here."

Meanwhile, Martin and Henry are cleaning up at the back of the store. They load Martin's half-ton and head off. They must have gone to a local auction barn because later Henry recounted the great prices they obtained for a "hair catcher" bowl (\$25 or \$30) and also for an Aladdin lamp (\$90).

Henry, who has a terrible hobble, works while on his knees as he hands Uncle Martin more "treasures" for another load.

I kept checking Uncle Martin's onfilm words, nuances and persona to catch any hint of my late father, Alfred. They were 12 years and four brothers apart in age. They looked quite alike with medium height and dark hair.

As for nuances, they laughed the same, and they pretty much walked the same. I had to wait until the very end until I had indisputable evidence of brotherhood. Uncle Martin and Aunt Ellen had just loaded a dryer onto the pick-up. Uncle closed the tail-gate and mentioned "Takin' off for the bush." Now there was a "Dad" saying. Dad was always figuratively "throwing things in the bush." That bush must be full.

I don't remember much about this

Uncle. I maybe met him at a family wedding in the early '70s, but I would have been 10. I recall him delivering a truckload of barley to our Basswood farm to pay a small debt he owed to Dad.

Perhaps on that trip my sister Linda recalls Uncle Martin giving out black licorice pipes to us children. He may have raided Aunt Ellen's candy inventory. Brother Tim remembers Uncle and Dad talking late-night with their rumbling deep voices. Dad quite enjoyed the time spent with his oldest brother, Tim said.

Uncle Martin passed away in May 1982 at age 68. I'm not sure about Ellen.

The film's director, Elise Swerhone of Winnipeg, emailed back to Tim a few weeks ago, that she loves the old film."I loved Martin and Ellen. Both of them were salt of the earth. I think if them often."

The movie remains popular at film festivals, she added. "It's still one of my favourite films that I have made."

Havakeen Lunch lives on in Eriksdale. Perhaps the same people still patronize it, and grab a pie and coffee at the lunch counter — and listen for

Continued on page 15

> EDUCATION REBATE, FROM PG. 11

fund its education system. Modernizing our tax structure will put all Manitoba children on an equal footing regardless of where they live and transfer the responsibility of directly funding education away from property owners back to the province," said Fielding, who noted the province will provide a \$23-million offset grant to school divisions this year, equal to a two per cent property tax increase, as to not impact school tax revenue.

Fielding noted the bill would also make a change to the Residential Ten-

ancies Act to freeze the rent increase guideline at zero per cent in 2022 and 2023 to allow residential rents to adjust to the reduction of the education property tax credit. Over the last 20 years, the annual average rent guideline increase has been 1.7 per cent. Landlords who apply for aboveguideline rent increases will have to demonstrate their eligibility after taking into account the savings of the new school tax rebate.

Once the Manitoba legislative assembly passes the enabling legislation introduced today, rebates for the 2021 tax year will be issued to ratepayers in each municipality. Rebates over the next few years will lead to the eventual elimination and removal of both the Provincial Education Support Levy and the School Division Special Levy from annual property tax bills.

For more information about the Education Property Tax Rebate, visit www.manitoba.ca/edupropertytax.

RM of Fisher kids love equestrian

Staff

Saddle up — summer is on its way. Now in its second year operating in the RM of Fisher, TNT Equestrian Coaching has found overwhelming success according to its owner, operator and personal coach, Tess Omer.

"I really didn't think there would be any interest in riding lessons at all when I first moved to Fisher Branch. I thought I'd run it anyway to see how it would go," said Omer, who operated the business in the City of Winnipeg for six years prior to her

move.

"In the city, I had few children enroll in classes. It was mostly adults. But here, the reverse is true. It's just been such a wonderful experience.

"I have 50 kids per week enrolled this summer. Seeing the interest from the community, getting to know the parents, it's just been amazing and something I didn't expect," she said, adding there are four students per class and she runs classes six days per week.

The program runs from May 1 to Oct. 1,

and Omer said most every student enrolled with TNT attends Fisher Branch schools. The barn is located roughly 15 minutes north of town.

The classes focus on two core areas: English and Western riding (for beginners), as well as English show jumping for more advanced riders.

"This is a very different sport from other team or individual sports because you're working with an animal," said Omer.

"I find the children get a unique experience in bonding and communicating with the animal but also learn-

ing the responsibility that goes with it. You don't just show up and grab your basketball and head out on the court.

"You have to know the horse, brush the horse, read the horse's body language. Are they a bit grumpy today? How are you communicating with them? It's such an experience," she said.

English riding is a style of riding that requires riders to keep both hands on the reins, as opposed to one, and features a flat saddle.

> Western is a style of riding with ranching and roots, and features a deep seat, high cantle or saddle horn; everything from barrel racing to herding cattle.

"I've been riding since I was 11 years old; my grandparents bought me ... lessons for my birthday. I've been hooked ever since," said Omer, who doubles as a teacher at Eriksdale School.

"I knew by the time I was 16, I wanted to be a school teacher for a living, but I loved horses as well, and I wanted to keep my options open,"

By the time she had turned 18, Omer was a

she's always willing to put interested students on her wait list. Each year Omer said she co-ordinates expansion as much as possible, but for 2021, she's almost entirely booked.

Looking forward, she said she has dreams of constructing an indoor facility and providing year-round class-

Anyone interested in Omer's pro-



EXPRESS PHOTO BY TESS OMER Connor Garton, Tess Omer and Addison Bouchard pose with one of Omer's horses after a class last year.



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INTEREST FROM THE COMMUNITY, **GETTING TO KNOW THE** PARENTS, IT'S JUST BEEN **AMAZING AND** SOMETHING I **DIDN'T EXPECT."**

"SEEING THE

she said. certified coach.

While Omer is quite busy, she said

es.

gram is encouraged to call her at 204-996-0676 or visit TNT Equestrian Coaching on Facebook.

> HAVAKEEN, FROM PG. 14

a memory and an echo of a familiar voice.

To view the 27-minute film, search Havakeen Lunch Vimeo

The writer grew up on a mixed farm at Basswood, Man. He lives and writes out of Calgary. This article appeared in a February 2021 edition of the Manitoba Cooperator.

Editor's note: Havakeen Lunch offered reading material behind the lunch counter.

Martin and Ellen had placed various placards for their customers to ponder. Samples included:

"If I could live my life over, I'd make the same mistakes, but I'd start sooner."

"Whether you are rich or poor — it's always nice to have money."

"I may look busy ... but I'm just confused."

The next step in walleye sustainability for Lake Winnipeg

By Ian Prise, Fisheries Management Student, University College of The North, The Pas, Manitoba

With a total surface area of 24,500 square kilometres, Lake Winnipeg is the 10th largest freshwater lake in the world. The lake plays a critical role in tourism, recreation, hydroelectric production as well a domestic, commercial and recreational fisheries. In fact, Lake Winnipeg is the second largest freshwater commercial fishery in North America, and for these reasons the lake provides massive economic benefits to the province and those whom depend on it.

When it comes to both the commercial and recreational fisheries on Lake Winnipeg, the most sought-after species is walleye (Sander vitreus). Walleve are targeted not only by commercial fishers but thousands of recreational anglers each year, generating an estimated \$750 million for the provincial economy annually.

Lake Winnipeg fish stocks are monitored by provincial fisheries biologists primarily from data obtained through annual index gillnetting studies. In recent years, trends in the data have indicated walleve stocks may be at risk due to unsustainable harvest. Specifically, it has been determined large numbers of immature walleye are being harvested on an annual basis. A primary principle of sustainable harvest requires individuals to reproduce at least once before being harvested and removed from a population. In a proactive effort to ensure a more sustainable walleve harvest, the provincial government acted to ensure the long-term sustainability of the walleye stock in the lake.

In the spring of 2019, in a sustainability effort, the provincial government offered commercial fishers a voluntary quota buy-back program. This program resulted in nearly 530,000 kilograms out of the roughly 6 million kilograms of commercial quota on

the lake being purchased from commercial fishers, with these quota then permanently retired from the lake. In addition, a regulatory change was implemented in the spring of 2020, which changed the minimum mesh size for gill nets allowed by commercial fishers in the lake's South Basin and channel. This regulation required commercial fishers to increase the minimum mesh size used from three inch to 3.5 inch. The rationale for this regulation was based on results from provincial index netting data which determined that vast majorities of walleye captured in three-inch mesh gillnets were sexually immature in comparison to those captured in 3.5 inch and larger mesh nets. Prior to the implementation of this regulation, the Lake Winnipeg commercial fishery was the only freshwater fishery in North America to legally allow the use of gill nets with mesh sizes smaller than 3.5 inch. These two changes to the commercial fishery will benefit the long-term sustainability of the walleye stock in the lake.

In terms of recreational sport angling, a recent change in regulations (Manitoba Angler's Guide, 2019) was that all walleve under 35 centimetres in length must be released. This minimum size restriction coincides with the commercial mesh size changes and provides the same level of protection to the smaller immature fish. As a student in the Natural Resource Management Program at the U.C.N., I have personally performed studies in Fisheries Management, (walleye age and growth reports) and can confirm the accuracy that walleye of these sizes and under are sexually immature.

One concept that could enhance long term sustainability for Lake Winnipeg's walleye stock would be through recreational angling on the lake and taking a closer look into the annual start date for the spring season.

Unlike the recreational angling sea-



EXPRESS PHOTO SUBMITTED Ian Prise with a walleye he caught on Lake Winnipeg.

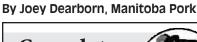
son, the start of the spring commer-

cial fishery on Lake Winnipeg is not determined by a specific calendar date. Walleve spawn in early spring, shortly after ice off, as water temperatures begin to increase to 44 - 48 degrees Fahrenheit (Huntfishmanitoba. ca, 2020). In a typical year, spawning occurs near the end of May. During this time, provincial Fisheries Biologists monitor the progression of the walleye spawn on Lake Winnipeg. When biologists determine walleye are at least 80 per cent spawned out, commercial fishers are informed and the commercial fishing season opens three full days later. For example, in spring 2020, the walleye spawn was determined to be 80 per cent complete on May 25 and the commercial season opened on May 28. Thus, the opening date of the commercial fishing season is based on science, ensuring the majority of walleye spawn before being susceptible to commercial harvest, a move toward long-term sustainability of the walleye stock. However, the spring recreational angling season in Manitoba opened on May 9 (Manitoba Angler's Guide, 2020), nearly three weeks earlier. So, if the commercial fishery is based on science, why would the recreational fishery on Lake Winnipeg be determined by a calendar date prior to the onset of walleye spawn?

Recreational angling has become so popular within the province that it is realistic to predict that thousands of anglers are targeting these fish before they have had the chance to complete their spawn. If sustainable harvest and the long-term enhancement of walleye stocks is of primary importance both commercially and recreationally, the question is why aren't recreational anglers subject to the same spring opening date as commercial fishers?

Here in the province, we have one of the greatest lakes in the world. It is without any doubt that the long-term sustainability of the fish stocks within the lake are important. So, I ask as a reader, if the commercial industry has to abide by certain regulations society deems beneficial towards sustainability, then so should the recreational angling industry as well. It just makes sense, doesn't it?

Manitoba Pork holds annual general meeting, names new chair



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Manitoba Pork held its annual general meeting virtually for the second year in a row on April 14, 2021.

The meeting was attended by approximately 100 producers and guests who heard greetings and updates from Manitoba Agriculture and Resource Development Minister Blaine Pedersen, as well as presentations from key trading partners in Iowa and Minnesota.

After 24 years of service, including 15 years as a director and seven years as chair, George Matheson stepped

down from his role with the organization. Rick Préjet, a producer from Notre Dame de Lourdes, has been elected as the new chair of Manitoba Pork. Joining Préjet on the executive are Rick Bergmann (vice-chair), Scott Peters and Margaret Rempel. The organization recognized Matheson's contribution, along with retiring director Edward Stahl's 10 years of service, during the meeting.

"I am deeply honoured to have been elected to be the chair of Manitoba Pork," Rick Préjet said."I look forward to lending my voice to support producers across our province to ensure that our sector remains a key contributor to the provincial economy and will continue to greatly enhance the lives of all Manitobans."

Manitoba's hog sector contributes 14,000 jobs and \$1.7 billion to the provincial economy every year. Over the next decade, about \$2 billion will be invested by hog farmers and meat processing companies, creating more jobs and economic growth.



New public health orders in place for vaccinated personal care home staff

Submitted by Manitoba government A new public health order will go into effect Tuesday, April 20 at 12:01 a.m. that will continue the requirement for non-vaccinated staff who work in personal care homes to provide care at a single site and enable vaccinated staff who work in personal care homes to provide care at more than one site, Health and Seniors Care Minister Heather Stefanson announced Monday.

"Personal care home staff on the front line provide an absolutely invaluable service to our Manitoba seniors and personal care home residents who have been hardest hit by COVID-19," said Stefanson."Our government has fast tracked vaccinating both personal care home residents and staff, and this new public health order recognizes that work and improves staffing flexibility for personal care homes and to allow care providers to schedule additional shifts."

In May 2020, the Manitoba government issued an emergency order for personal care homes to limit the number of employees who work at multiple sites. This order required health-care staff to work in a single personal care home, with limited exceptions. The emergency order was put in place to reduce the risk of transmission of COVID-19 in long-term care facilities.

Effective Tuesday, April 20 at 12:01 a.m., public health was moving to ease some of these restrictions by updating the orders to exempt staff who have been vaccinated for CO-VID-19. This applies to personal care home staff and agency staff who provide service to personal care homes.

"Across Canada, a significant proportion of reported COVID-19 deaths have affected residents of long-term care facilities," said Stefanson. "We are continuing this order to protect our most at-risk Manitobans and ensure employees working in personal care homes can provide care safely."

Staff who have received at least one dose of COVID-19 vaccine can work at more than one site as early as two weeks after their first dose. The second dose must be received within 16 weeks. Staff who have been vaccinated can request a print out confirming their vaccination from their local public health office, or print a copy online. For more information, visit www.gov.mb.ca/ covid19/vaccine/immunization-record.html.

COVID-19 vaccines have been shown to reduce the risk of contracting and spreading COVID-19, as well as to reduce severe illness. As the majority of personal care home residents have also received the vaccine, having vaccinated staff move between sites will have less risk for residents, said Stefanson.

The new order will be in effect until lifted by the chief provincial public health officer, a decision that will be based on a number of different factors including case numbers, test positivity rates and the ongoing risk of COVID-19.

To view current public health orders, visit www.gov.mb.ca/covid19/ restartmb/prs/orders/index.html.

Picturesque Silver Harbour



EXPRESS PHOTO BY BRETT MITCHELL

Silver Harbour's Marina on beautiful Lake Winnipeg is renowned for being a quiet and picturesque marina in the heart of the Interlake.

IERHA vaccine clinics pop up

| Community | Date | Location | Hours | |
|---------------|----------|--|-------------------------------|--|
| Ashern | April 20 | Ashern Centennial Hall | 10:30 a.m. to 6:30 p.m. | |
| Beausejour | April 21 | Brokenhead River Community Hall | 10:30 a.m. to 6:30 p.m. | |
| Eriksdale | April 23 | Eriksdale Recreation Centre | 10:30 a.m. to 6:30 p.m. | |
| Fisher Branch | April 20 | Fisher Branch Ukrainian Hall | 10:30 a.m. to 6:30 p.m. | |
| imli April 20 | | Gimli Recreation Centre 45 Centennial Rd. | entre 10:30 a.m. to 6:30 p.m. | |
| Lac du Bonnet | April 23 | Lac du Bonnet Community Centre | 10:30 a.m. to 6:30 p.m. | |
| Lundar | April 21 | Lundar Legion 50-3rd Ave. | 10:30 a.m. to 6:30 p.m. | |
| Pine Falls | April 19 | Pine Falls Legion 7 Tamarack St. | 10:30 a.m. to 6:30 p.m. | |
| Riverton | April 23 | Riverton Hall | 10:30 a.m. to 6:30 p.m. | |
| St. Laurent | April 19 | St. Laurent Recreation Centre | 10:30 a.m. to 6:30 p.m. | |
| Teulon | April 20 | Anglican Church Hall 60-2nd St. SE | 10:30 a.m. to 6:30 p.m. | |
| Whitemouth | April 19 | Whitemouth Community Hall | 10:30 a.m. to 6:30 p.m. | |

PHOTO SUBMITTED

The Province of Manitoba announced more pop-up COVID-19 vaccination clinics last week. Many are in the Interlake Eastern Regional Health Authority. See the attached chart for a full list of when and where in our region. Manitobans can find out if they are eligible and book their immunization at www.protectmb.ca.



Minot State reaches semifinals of the ACHA Division men's hockey nationals

Staff

The Minot State Beavers advanced to the semifinals of the ACHA Division I men's hockey nationals in St. Louis, MO.

The No. 6-ranked Beavers faced the fourth-ranked Liberty University Flames in the national semifinals on Monday evening but no score was available at press time.

Minot State reached the semifinals after a thrilling 2-1 quarter-final victory over the No. 3-ranked Lindenwood Lions on Sunday afternoon.

All three goals were scored in the third period as the Beavers built a 2-0

was lead.

Minot State, the defending ACHA Division I national champion, opened play with a 2-1 win last Saturday over No. 11-ranked Calvin University.

St. Andrews' Carter Barley assisted on Nick Doyle's goal early in the second period. The two other Interlake players on the Beavers' roster include Brayden Pawluk and Wayde Johannesson.

If the Beavers won Monday, they would then advance to the championship game against either Indiana Tech or Liberty College on Tuesday.

Spontsærecreation

Former Lightning, Basarab working hard as a Bison

By Brian Bowman

Noah Basarab enjoyed a solid junior hockey career playing in Manitoba and Pennsylvania.

Now, he'll get a chance to see how he does at the university level.

Basarab committed to the University of Manitoba Bisons this season and has been working out with the team despite the fact that their 2020-21 season was wiped out due to COVID.

"It's a great fit, it's nice and close to home so all of my family can come watch," said Basarab last week. "We have a really good group of young guys so we'll be together for a couple of years."

Basarab knows university hockey is a big step up from junior. But he's willing to work hard to prove that he can play at that level.

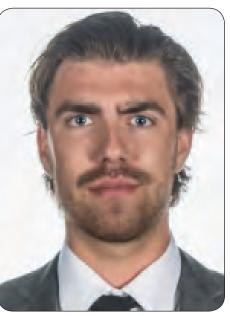
"With this year not playing, there was a lot of development through the summer to get bigger and stronger so I can come in and fit right in," he said.

Manitoba's roster includes 17 firstor second-year players. They are definitely a young group but also a pretty talented one.

Basarab is hoping to get an opportunity to be in the lineup on a regular basis.

"It's all going to come down to my performance," he said. "I'll have to come in and work hard every day to earn a spot in that lineup. Hopefully, when I get in that lineup, I can work hard and stay in it."

After spending a couple of seasons with the Interlake Lightning AAA



Noah Basarab

program, Basarab made the quick jump to the Manitoba Junior Hockey League's Swan Valley Stampeders. He played two-plus seasons there before he was traded to the Selkirk Steelers during the 2018-19 season.

That season, Basarab put up some nice offensive numbers, scoring 28 goals while producing 55 points in 58 regular-season games.

The next year, Basarab made the decision to head south and play in the NAHL with the Johnstown Toma-hawks, located in Pennsylvania.

Johnstown is famous for being the home of the Johnstown Chiefs in the legendary movie Slap Shot.



EXPRESS PHOTO BY PHIL ANDRAYCHUK

Noah Basarab scored 16 goals and had 28 points for the NAHL's Johnston Tomahawks during the 2019-20 campaign. The Gimli product will be playing for the University of Manitoba Bisons next season.

"Our rink that we played in was where the movie was filmed," Basarab noted. "They (upgraded the arena) and it holds 4,000 and we averaged just over 2,000 fans a game so it was definitely a great atmosphere to play in."

NAHL hockey was a step up from the MJHL with older and bigger play-

ers all vying to get noticed by a Division I school.

"It's a heavy league full of 19-yearolds and 20s," said the 21-year-old Basarab. "You were in a competition every day. There was not one weak team in our division. Guys were bigger, faster (and) there were a lot of (Division I) commitments in that league so there were a lot of skilled guys."

King gets call up to Swift Current Broncos

By Brian Bowman

Karson King received a phone call that most young players in Western Canada dream about.

King was summoned to join the Western Hockey League's Swift Current Broncos and he has been with the club in the bubble in Regina.

The Warren product signed with Swift Current on Jan. 14. The Broncos drafted King 111th overall in the 2019 Bantam Draft.

"The second I was drafted here I was

really excited," King told a Swift Current radio station. "I was set on playing in the Western Hockey League and that was my biggest goal. I'm happy to be here and can't wait to get things going."

King has been practicing with the Broncos but has not played a game as Swift Current (4-14-1-0) was set to battle the Winnipeg Ice on Monday afternoon.

King found out quickly that the pace of a WHL practice is much quicker

than in AAA hockey.

"It's definitely fast, a lot faster than back home but I think I'm finally adjusting to it and getting my legs back underneath me," said King, who played for the Interlake Lightning U18 AAA team this past season.

"Hopefully, I can get into a few games. I just want to carry everything over from now to next season. I'm very fortunate to get this opportunity to get to practice with the guys and get a taste of what it's all about."



Karson King

Beavers bounced in ACHA Division I national semifinals

By Brian Bowman

A terrific season by the Minot State Beavers women's hockey team ended with a hard-fought 3-0 loss to the Lindenwood University Lions in the semifinals of the ACHA Division I nationals Sunday afternoon in Minot.

The Lions scored in each of the three periods.

"We were close all game and I thought we outplayed them the entire time but we just didn't have any bounces go our way," said Beavers' defenceman Denali Sigurdson, a Riverton product.

Minot State started the nationals with a tough 3-1 pool-play loss to Adrian College last Thursday. But the Beavers bounced back nicely to edge Midland University 3-2 on Friday afternoon before blasting McKendree University 7-0 the following day.

"(McKendree) didn't have many players so our plan was to outskate them and make sure they tired and jump on the opportunities that we had," Sigurdson said.

The win over Midland University was a big one as Minot State trailed 2-1 in the third period.

Sigurdson scored one of those goals



in the third, tying the score at 2-2.

"That was my first ACHA goal ever," Sigurdson gushed. "That was a very cool experience."

It was also a cool experience to host a national tournament in front of great fan support.

"I've never seen a crowd so big in my life in Minot," Sigurdson said.

Minot State finished its season with an impressive 16-5-1 record. The Bea-



EXPRESS PHOTO BY ARBAUT PHOTOGRAPHY Riverton's Denali Sigurdson (7) scored a goal for the Minot State Beavers at last weekend's ACHA Division I women's hockey nationals.

vers hope to continue that success next season.

can do next year," Sigurdson said. "I wish we could have won this year."

"I'm excited to see what the team

Einarson defeated in the Humpty's Champions Cup semifinals

Staff

Kerri Einarson's run at the Humpty's Champions Cup ended Sunday evening.

Team Rachel Homan avenged earlier losses to Gimli's Einarson with a 5-3 victory during a semifinal matchup at Calgary's WinSport Arena.

Homan played defending champions Team Silvana Tirinzoni of Switzerland in Monday's final but no score was available at press time.

Einarson started with the hammer and converted for a deuce in the second to open the scoring. But Homan answered with three in the next end for a 3-2 lead.

The two teams blanked the next three ends before Einarson scored one in the seventh to tie the score at 3-3.

Homan countered with a pair in the eighth for the hard-fought victory.

Einarson earned a bye into the semifinals after finishing with a 4-0 record in pool play.

Last Friday, it was officially announced that Team Einarson was named Sport Manitoba Night of Champions Top Team.

Her rink includes Petersfield's Briane Meilleur, Winnipeg's Shannon Birchard and Edmonton's Val Sweeting.

Here's a team biography written by Sport Manitoba:

The 2019-20 season was one to remember for Team Einarson winning two monumental events, the 2020 Manitoba Scotties Tournament of Hearts and the 2020 Canadian Scotties Tournament of Hearts. At the 2020 Canadian Scotties Tournament of Hearts Championship, both Val and Shannon were named to the First All-Star team at their respective positions. Kerri was named to the Second All-Star Team as skip. By winning the national event, the team also secured a spot as Team Canada at the upcoming 2021 Canadian Scotties Tournament of Hearts along with a berth to the Tim Hortons Roar of the Rings Olympic Curling Trials. It is at this event that the Canadian four-player team reps for the 2022 Olympic Winter Games in Beijing were to be determined.

They were unable to compete as Team Canada at the 2020 World Championship due to the COVID-19 pandemic. Team Einarson finished the 2019-20 season ranked second in the world for a second year in a row. Einarson and her team were in Prince George, B.C., ready to play in the 2020 Women's World Curling Championship and two days before the opening draw, news on social media con-



EXPRESS PHOTO COURTESY OF GRAND SLAM OF CURLING

Team Einarson, which includes from left to right, skip Kerri Einarson, third Val Sweeting, second Shannon Birchard and lead Briane Meilleur, were officially honoured at Sport Manitoba's Night of Champions last Friday.

firmed the event was cancelled. It was definitely hard news to take, but they agree that it was the correct thing to do. The team was able to practice for about six weeks from September to November all while overcoming sponsorship concerns, travel restrictions and health restrictions - one team member works in a health-care facility with elderly patients. The players increased their visibility on their

social platforms by sharing selfie videos with greetings during special occasions, they ran contests for their fans and friends, and did holiday giveaways in partnership with their sponsors. Without being able to be on the ice, the team has focused on the off-ice aspects of the game and have been working on their physical fitness, mental toughness and tactics.



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All applications must be in writing and may be sent to the attention of the Finance Manager, Rural Municipality of Woodlands, Box 10, Woodlands, MB. R0C 3H0, emailed to finance@rmwoodlands.ca or delivered to 57 Railway Avenue, Woodlands, MB. Applications will be accepted until 12:00 noon May 14, 2021.

We thank all candidates for their interest, however, only candidates selected for interviews will be contacted.

Rural Municipality of Woodlands PUBLIC HEARING

REGARDING THE 2021 FINANCIAL PLAN

In accordance with Subsection 162(2) of The Municipal Act the Council of the Rural Municipality of Woodlands shall hold a PUBLIC HEARING to present the 2021 Financial Plan for the Municipality at

> May 6, 2021 at 6:00 P.M. Warren Hall

145 MacDonald Avenue, Warren, MB

The Rural Municipality of Woodlands 2021 Financial Plan consists of

- 1) 2021 Operating Budget
- 2) 2021 Capital Budget
- an estimate of the operating revenue and expenditures 3) for the following fiscal year (2022), and
- 4) a five-year Capital Expenditure Program (2022-2026)

The purpose of the Public Hearing is to allow any interested person to make representation, ask questions, or register an objection in respect of the Rural Municipality of Woodlands 2021 Financial Plan. If you are planning to attend we are requesting that you pre-register with the RM of Woodlands Office at 204-383-5679 or by email at finance@rmwoodlands.ca.

Due to COVID-19 information and documents concerning the 2021 Financial Plan are available for review by email, mail or fax. Please call 204-383-5679 to arrange for delivery.

Adam Turner, CMMA Chief Administrative Officer **Rural Municipality of Woodlands** Dated April 14, 2021

The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836

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Tenders are being taken for the lawn care and general maintenance of cemetery grounds for the 2021 cutting season.

Tenders should include cost per cut. Fuel and machinery to be provided by successful tender. Apply to Kris Gudmundson - Box 713 Arborg, MB R0C 0A0 Deadline to submit: April 30, 2021 For more information call 204-376-2248

> Please consider a donation towards the maintenance of this cemetery. Make cheques payable to Arborg Community Cemetery, Box 744, Arborg, MB R0C 0A0

Town of Arborg PUBLIC NOTICE 2021 Financial Plan RBORG

PUBLIC NOTICE is hereby given pursuant to Section 162(2) of The Municipal Act that the Council of the Town of Arborg shall hold a Public Hearing to present the Financial Plan for the fiscal year 2021 on:

Wednesday, May 12, 2021 at 10:00 A.M. **Town of Arborg Municipal Office** 337 River Road Arborg, MB

The purpose of the Public Hearing is to allow any interested person to make representation, ask questions or register an objection in respect to the Town of Arborg's 2021 Financial Plan.

The 2021 Financial Plan includes the following general borrowing proposals

- Borrowing of up to \$230,000 at 2% over 5-years to consolidate existing loans for BAR Waste Authority Co-operative Inc. (Compactor) & Arborg-Bifrost Parks & Recreation Commission (includes Dressing Room Expansion, Zamboni Purchase, and Facility Renovations);
- Borrowing of up to \$180,000 at 3.5% over 10-years for the purchase of a new Fire Truck for Arborg-Bifrost Fire & Emergency Services; and
- Borrowing of up to \$350,000 at 4% over 15-years for the expansion of the BAR Waste Authority Co-operative Inc. landfill.

Copies of the 2021 Financial Plan will be available for review on May 3rd, 2021 and may be examined by any person on the Town of Arborg's website at www.townofarborg.com.

Provincial Guidelines on Pandemic Response System Restrictions at the Red: Critical level will be enforced. If you wish to attend the hearing, you must pre-register with the Town of Arborg office by Tuesday, May 11th, 2021 at 3 p.m. so that appropriate social distancing measures can be achieved. Written submissions will also be accepted.

Dated this 14th day of April, 2021.

Cindy Stansell, CMMA, CMML Chief Administrative Officer Town of Arborg

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites. located at 40 Eveline Street. Spacious suites, with F/S. A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABIL-ITY

NOTICES

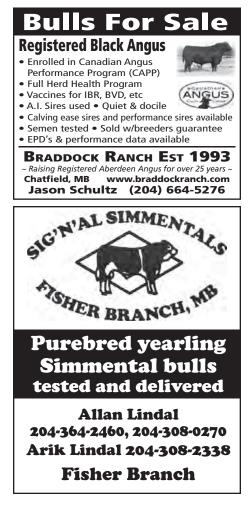
Urgent Press Releases - Have a newsworthy item to announce? cancellation? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/ HST. Call MCNA 204-947-1691 for more information. See www. mcna.com under the "Types of Advertising" tab or Email classified@mcna.com for

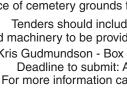
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Working at Vidir is about more than just being an employee; it's about being part of a growing family making a positive impact both globally and in your community.

From our operations in Arborg and Teulon to our work with communities, everything we do is with the future firmly in mind. We are always looking for innovative ways to do our business, deliver results and build a great work environment

Our mission is to "Make the world's products safely accessible". We continue to innovate, implement best practices and adopt new technologies in all areas.

The Opportunity: For our ARBORG FACILITY, we are seeking a: Senior Accountant (Term Position)

This is a term position. The Senior Accountant plays a lead role in the accounting function at Vidir. This position supports the CFO with the execution of Vidir's financial reports and records, including month-end, year-end and budget, ensuring that all financial data is accurate and complete. The Senior Accountant is responsible for developing efficient, effective and secure internal controls and processes through collaboration with the accounting team and other department managers.

Key Responsibilities: Reporting to CFO

- Ensures the timely delivery of accurate financial statements to support Executive decision-making as well as banking reporting requirements - Prepares monthly balance sheet and income statement, analyzing reports
- to ensure accuracy Supports the CFO in preparing year-end journal entries, supporting
- documentation and financial reports
- Works closely with the CFO in the annual budget process
- Prepares and reconciles monthly budget variance reports and distributes to department managers
- Provides support to department managers, responding to inquiries and requests, and identifying issues that need to be brought to the CFO's attention
- Examines budget line items to ensure accurate coding
- Improves the budget process by seeking opportunities for coding or reporting changes that would help identify and understand key cost drivers better
- Monitors and controls the general ledger to enable accurate reporting on operational objectives, projects and other initiatives
- Conducts monthly account reconciliations to ensure accurate reporting and ledger maintenance
- Regularly reviews general ledger transactions ensuring that data entry processes are leading to accurate account balances and information.
- Utilizes a strong knowledge of transactional processes to provide training and assistance to the Accounts Pavable/Receivable Clerk as well as employees in other departments as needed
- Handles income tax and sales tax requirements
- Prepares monthly tax filings and ensures taxes are paid on time
- Leads the external tax audit process, serving as the primary contact for auditors. Compiles and organizes required information, delegating as necessarv
- Develops and implements internal controls and processes to safeguard Vidir's assets, and to help create accurate and efficient workflow

Qualifications:

The successful candidate must have a minimum of 3 years of experience in a financial accounting role. The successful candidate will also have advanced proficiency in Microsoft Excel, Outlook, Word, and Accounting Software. A diploma or certificate in business administration or accounting is preferred.

Working at Vidir:

Vidir offers a competitive salary and benefits package; as well as incentives and promotes a culture of recognition. We support professional growth, development and success!

Explore our company and products at www.storevertical.com

Apply at carissa.rempel@vidir.com

We thank all candidates for their interest, however, only those selected for an interview will be contacted.

Applications will be received until Friday, April 30th, 2021



EVERGREEN SCHOOL DIVISION

Invites applications for the following regular position, effective ASAP:

20.0P.13 Bus Driver – Gimli/Winnipeg Beach Area (approx. 4hr/day)

See website for details and application procedures: http://www.esd.ca/Employment under Support Staff.

CLOSING DATE: April 27, 2021 (3:30 pm)

We wish to thank all applicants for their interest, however only candidates selected for an interview will be contacted.

Employment will be subject to satisfactory criminal record and child abuse registry checks. Evergreen School Division may contact former employers.

Town of Arborg SUMMER **EMPLOYMENT** ARBORG

The Town of Arborg is accepting applications for Summer Employment with the Public Works Department.

Must be 16 - 24 years of age and possess a valid Driver License. Main duties will include maintenance of public green spaces and other Public Works projects as needed.

Applications submitted by May 31sth, 2021 to:

Email: townofarborg@mymts.net Town of Arborg PO Box 159 Arborg MB R0C 0A0 In person: 337 River Road

We thank all applicants for their interest however, only those selected for interviews will be contacted.



NOTICE IS HEREBY GIVEN that on the following days, Saturday, May 08, 2021 to Friday, May 14, 2021, between the hours of 8:30 a.m. and 4:30 p.m. by appointment at a mutually agreed upon location, I will receive nominations for the office of:

One (1) Councillor of the aforesaid Local Authority

The nomination deadline is Friday, May 15, 2021 at 4:30 p.m. Nominations cannot be accepted after this day.

All nominations shall be made in writing and shall be signed by at least twenty-five voters, or NOT less than 1% of the voters (whichever is the lesser) of the authority, but in all cases by at least two voters. Each nomination shall also be accompanied by the candidate's declaration of qualification.

Nominations may be filed in person at the above location. on the dates and hours specified, or by an official agent. To obtain a nomination paper, and/or candidate's declaration of qualification, contact the S.E.O. by e-mail or at the telephone numbers listed below.

Nomination papers not accompanied by the required documents and not properly filed shall be rejected.

David Lobban, Senior Election Official Town of Winnipeg Beach 204-389-4980 Cell: 204-918-7563 E-mail: seo@winnipegbeach.ca

Dated at the Town of Winnipeg Beach on April 20, 2021

The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836

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North Tender #1 and South Tender #2:

The Municipality of Bifrost-Riverton requires approximately 300 miles of roadway to be cut on both sides (600 miles total) for the 1st cut (spring) & approximately 200 miles of roadway to be cut on both sides (400 miles total) for the 2nd cut (fall).

Tender documents are available from the Municipal Offices. Sealed and clearly marked submissions will be accepted by the undersigned until 12:00 p.m. on May 12, 2021. The Municipality reserves the right to reject any or all bids, waive irregularities and informalities therein, and award the tender in the best interest of the Municipality in its sole discretion.

All inquiries related to the above tenders should be directed to Jason Comeau at 204.641.2167.

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Notice of

Public Notice is hereby given pursuant to Subsection 162(2) of The Municipal Act that the Council of the R.M. of West Interlake intends to present its Financial Plan for the fiscal year of 2021 at a Public Hearing in the Eriksdale Recreation Centre. #2 First Avenue. Eriksdale, MB on Wednesday, May 5, 2021 at 7:00 pm.

The purpose of the Public Hearing is to allow any interested person to make representation, ask questions or register an objection to the Financial Plan as provided.

Copies of the Financial Plan will be available for review on the 16th of April 2021, and may be examined by any person during regular office hours at the Municipal Offices.

Due to COVID-19 restrictions, please register with the Ashern (204-768-2641) or Eriksdale (204-739-2666) Municipal Office prior to the Public Hearing

Dated this 9th day of April , 2021

Courtney Roehl, CMMA Chief Administrative Officer RM of West Interlake

CLANDEBOYE AVE in Selkirk Executive Mall OFFICE SPACE FOR LEASE



ar int



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The Rural Municipality of Armstrong will now be accepting requests for the application of dust control on rural roads in front of residences in the RM of Armstrong on a PRE-PAYMENT **BASIS ONLY**

Costs are as follows:

• 12 ft x 300 ft \$230 plus gst = \$241.50

• 16 ft x 300 ft \$330 plus gst = \$346.50

Areas to be serviced must be staked out by the applicant prior to application.

Due to precautions surrounding COVID-19, we ask that dust control orders be paid by cheque and be placed in the drop box available at the Municipal Office Lot 55 Highway 17 in Inwood or mailed to the RM of Armstrong, Box 69, Inwood, MB, R0C 1P0, accompanied with the application form. All information on the application form must be completed or your order may not be processed. Forms can be found at www.rmofarmstrong.com. Cheques are made payable to the RM of Armstrong or you may make a payment by e-transfer, please call the office for details 204-278-3377.

Applications will be received up to and including May 14, 2021

The Municipality can not guarantee the effectiveness of the dust control suppressant. Once a dust control suppressant has been applied, no refunds will be made. The use of a dust suppressant is meant to control dust on the roadway, not to eliminate it completely. Rural Municipality of Armstrong



In accordance with Section 162(2) of The Municipal Act the Rural Municipality of Armstrong shall hold a PUBLIC HEARING to present the 2021 Financial Plan for the Municipality on:

> Thursday, May 6, 2021 @ 7:00 P.M. FRASERWOOD HALL 10140 PR 231 Fraserwood, MB

PRE-REGISTRATION REQUIRED

At this time Council will present the proposed 2021 Financial Plan for the municipality. The presentation will provide an overview of the proposed financial plan followed by questions or comments from the public.

Council will hear any person who wishes to make a presentation, ask questions, or register an objection to the proposed financial plan. If you wish to appear at the Public Hearing in person, you must pre-register with the Armstrong Municipal Office to attend by calling 204-278-3377 before May 4, 2021 by 4:30 PM. The Municipality will also be accepting written representations by sending an email to cao@rmofarmstrong.com or postal mail to RM of Armstrong, Box 69 Inwood, MB R0C 1P0. Pre-registration is required so we can book space to adhere to social distancing protocols. Council may at their discretion decide to hold the public hearing virtually instead of meeting in person.

Copies of the Financial Plan will be available for review and may be examined by any person on the RM of Armstrong website at www.rmofarmstrong.com on April 21, 2021 or by contacting the Municipal Office at 204-278-3377.

Dated this 15th day of April, 2021.

Corlie Larsen, CMMA

Chief Administrative Officer

Rural Municipality of Armstrong

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EMPLOYMENT **OPPORTUNITY**

WEEKLY DEWS

Johnson Seeds is currently looking for a capable and reliable individual to work at its Processing Facility. Experience is an asset but training will be provided.

WAREHOUSE ASSOCIATE

Duties include packaging seed and the loading of trucks and overseas containers.

We offer competitive wages and a benefit package.

Please send in your resume or drop by in person.

S.S. Johnson Seeds Ltd. Box 3000, Arborg, MB R0C 0A0 e-mail: linda@johnsonseeds.com Phone: (204) 376-5228

Rural Municipality of Armstrong PUBLIC NOTICE LONG TERM FORAGE LEASES

THE RM OF ARMSTRONG IS NOW ACCEPTING APPLICATIONS FOR LONG TERM FORAGE LEASES. APPLICATIONS WILL BE ACCEPTED UNTIL April 30th, 2021 BY 4:30 PM TO BE REVIEWED AT THE MAY REGULAR COUNCIL MEETING.

LEASE TERMS ARE TO THE AGE OF 65. WITH 5 YEAR RENEWAL OPTIONS AFTER AGE 65.

THE LESSEE MUST BE 18 YEARS OF AGE AND A RESIDENT OF MANITOBA OR BECOMING A RESIDENT WITHIN 2 YEARS. THE USE OF THE LEASED LANDS IS MEANT FOR THE PURPOSE OF FORAGE PRODUCTION FOR LIVESTOCK OWNED SOLELY BY THE LESSEE.

APPLICATION FORMS CAN BE OBTAINED FROM THE MUNICIPAL OFFICE 204-278-3377 OR EMAIL CAO@ RMOFARMSTRONG.COM. FORMS ARE ALSO AVAILABLE ON OUR WEBSITE WWW.RMOFARMSTRONG.COM.

THE RM OF ARMSTRONG IS NOT OBLIGATED TO PROVIDE ACCESS TO THE LEASED LANDS.

APPLICANTS ARE RESPONSIBLE TO VIEW THE LANDS PRIOR TO SUBMITTING AN APPLICATION.

LEASE RATE WILL BE SET AT 1.5% OF THE CURRENT YEARS ASSESSMENT FOR 2021.

| Land Location | Roll | Assessment | Acres |
|-------------------|--------|------------|--------|
| NW 26-18-1E | 11800 | 9,800 | 160.00 |
| SE 13-20-1E | 99300 | 23,200 | 157.46 |
| NW 8-20-2E | 111900 | 36,800 | 160.00 |
| SE 8-20-2E | 112000 | 36,800 | 160.00 |
| SW 9-20-2E | 112500 | 36,800 | 160.00 |
| SW 17-20-2E | 117000 | 41,600 | 160.00 |
| NE 31-20-3E E 1/2 | 134200 | 32,000 | 80.00 |
| SE 32-21-2E | 165600 | 41,600 | 160.00 |
| SW 17-21-3E | 172300 | 60,700 | 160.26 |
| NW 19-17-1W | 184300 | 26,300 | 159.00 |
| NE 13-21-2W | 326800 | 39,700 | 152.78 |
| SW 25-21-2W | 331900 | 41,600 | 160.00 |
| NW 26-21-2W | 332100 | 30,300 | 159.00 |
| SE 26-21-2W | 332200 | 32,800 | 160.00 |

Corlie Larsen, CMMA Chief Administrative Officer RM of Armstrong

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OBITUARY

Obituary of Willie B Dueck July 18, 1923 - April 16, 2021

Our Dad was born on July 18, 1923 in Morris, Manitoba - the 17th of 19 children. Dad entered eternal rest, forever united with Elizabeth, the love of his life, April 16, 2021. We say he is at rest, but Dad was a man of action, always working on some project, so possibly he is now done resting and is scheming about how to make better preparations for the loved ones still to join him on the other side.

Dad grew up on a farm and never lost his love for farming. Years after he retired, even though his knees often bothered him and he complained about not being able to walk, when it was time to walk the fields and check the crops, nobody was ever farther out on the field than Dad, and in his optimism, he always anticipated that this could be the best year ever!

Dad was a sportsman and played a lot of hockey and baseball in his youth. Years later at Morweena school picnics he was the formidable pitcher for the parents as they invariably trounced the students' team in their annual matches.

Dad didn't wait for others to get things done. If something needed to be done, he would get busy and do it even when, or especially when, he was told that it was not possible. He liked the saying that grew around him - where there is "a Will there's a way". He had strong opinions, but people were always free to disagree and be wrong. When someone said "no" to him he accepted it and moved on. When he first proposed to our Mom in 1948, she declined, and he prepared to move on. Dad's family was literally in the process of moving to Mexico when, fortunately for him and us, Mom, realizing that she did not want to lose him, called him up and told him that she had changed her mind and would love to marry him if he was still willing. Needless to say, he accepted her proposal and a wedding was quickly planned. Using the trip to Mexico as an excuse to travel, Dad took mom on a month-long honeymoon around the west coast to eventually end up on a large ranch in Mexico along with many other neighbours and friends from Southern Manitoba. Mom and Dad ended up living in Mexico for 15 years, so Dad often claimed that they had been on a 15-year honeymoon.

Dad quickly became the "go to" guy. He knew how to get things done. Mom was a licensed nurse, and the colony needed health care, so they started a pharmacy and clinic in their home, which soon became a hospital that is still operating. From helping Mom inoculate her patients at the clinic, to learning Spanish and dealing with the local authorities, Dad did what was needed for the community to prosper. In due time Dad was elected to leadership and served as the Vorshterer (Mayor) of the settlement for a number of years. Dad also assumed a major role in helping to provide social welfare for the settlement. He did all this while operating a successful farm and business, being a good husband, and becoming a father to eight children while in Mexico.

Mom and Dad moved back to Manitoba in 1963 to a farm in the Vidir area. With 2 more children, and the demands of a mixed farm, life was hectic, and Dad was never content with the routine. He soon built a hog barn and then a chicken barn for laying hens. When a business acquaintance advised him that he had loads of second grade shingles for sale, Dad jumped at the chance, purchased all the available shingles and resold them. Thus, Vidir Lumber was born. When Raymond and Neil took over the business, Dad was able to turn his attention elsewhere. So, when a very gifted mechanic who needed a job moved into the area, Dad employed him to start Vidir Machine as a farm repair shop. Later he worked with others to build the first prototype of a carpet storage rack. That is how the current Vidir Solutions was born, a company that now employs about 200 people. Dad didn't dream of doing big things, he was simply there to respond to whatever the need was.

One of Dad's most prominent and endearing characteristics was his outsized love for people. Family dinners out were sometimes spent watching Dad move from table to table throughout the restaurant, connecting with old friends and making new ones. No wonder he had so many friends. For Dad there was no such thing as a telephone call to a wrong number. He'd just carry on a conversation as though it was meant to be.

Dad's responsiveness to people and his connections to Mennonites placed him in a unique position to help them when they migrated from Mexico to Seminole Texas. Dad invested a great deal of his money to establish schools and churches that would help them adjust and thrive in a new country. He personally paid for housing and salaries for several of the first teachers. When a group of Mennonites in Paraguay were looking to acquire more land, Dad donated the money through MEDA to purchase the property. Dad was heavily invested in the work of MCC and was instrumental in starting Die Mennonitische Post and the Canadian Food Grains Bank. The monuments to Dad's work are scattered throughout the Americas and the world, and Dad's work continues to bear much fruit.

As he aged Dad began thinking of retirement and what that would mean for them as a couple. He deplored the way in which older couples were often torn apart when one of them would need more care than the other. His dream of having a home where couples could age gracefully together encountered many roadblocks, until one day while he was driving by the farm of the Reeve of the Municipality, he decided, in that moment, to stop and offer a substantial donation with no strings attached to kick start funding for the home. Without that funding the House of Hope would not have happened. As it turned out the house was ready when Mom and Dad needed to move out of their home in the country because of Mom's failing health.

When Mom passed away in 2012, Dad kept his mind sharp by listening to, and discussing news articles of the day. He continued to think about how to improve the world around him. We remember his intense interest in improving a paint storage machine and the detailed drawings he prepared to show how it could work. He was always happy when he could innovate, problem solve, and come up with solutions to problems others weren't even thinking about.

Dad was profoundly grateful for all his caregivers and was always happy to see them. A special thank-you goes out to Dad's caregivers; Doris, Jolyn, Roselly, Emily, Frieda, Angela, and Cassandra. We thank doctors Akinpelu and Donelly, the EMTs, and the staff of the Arborg Health Centre for their care of our Dad.

We can never thank Rose enough for dedicating so much of her life to being a caregiver, first for Mom and then for Dad. Thank You Rose! Gloria, you too committed much time and effort in organizing and helping to create the space Dad needed to age gracefully in the House of Hope. Thank you!

Dad was predeceased by his wife Elizabeth, one daughter, three grandchildren, and all of his siblings. Left to mourn his passing are all those who knew him.

Dad leaves us to continue his legacy of faithfully caring for others around us. He challenges us to leave the world a better place for everyone. Our gifts and resources are not ours alone. They are meant for sharing. Dad knew how important it is to share with those who are marginalized, and that it is when we share our resources with the most vulnerable that we truly do God's work.

Thank you, Dad, for proclaiming and enacting the kingdom of God by who you were and how you lived.

A public viewing will be held at Friends Funeral Service, 2146 Main Street, Winnipeg on Wednesday April 21, 2021 from 3:15-5:30 and 7-8 p.m. - by appointment only. Please call Friends Funeral Service at 204-339-5555 to schedule a viewing time.

Funeral Service will be held on Friday, April 23, 2021 at 3:00 p.m. at Morweena Evangelical Mennonite Church at Aborg, MB by invitation only. The service will be available to the public by livestream only - https://livestream.com/accounts/5435418/events/9630359. However, the public is welcome to come for the viewing between 11:00am - 2:00pm.

(204)339-5555

In lieu of flowers, donations can be made to Canadian Foodgrains Bank. Arrangements entrusted to:

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Svlvia Dern

OBITUARY

August 21, 1941 – April 10th, 2021

It is with profound sadness that the family of Sylvia announces her sudden passing on Saturday, April 10 at the Arborg and District Health Centre at the age of 79.

She will be forever loved and sadly missed by her husband Jacob; children Kristine, Doreen, Wayne and Michael and her two precious grandchildren Kristin and Kara. She will also be missed by her amazing family: sister Sigrun King; sisters-in-law Margaret (Robert) Durrant, Emily Paulson, Rose Paulson Eva Sohan; brothers-in-law Karl (Denise), Edward Dern, Lawrence Dern as well as numerous nieces and nephews and more friends then we can count. She was predeceased by her parents Gumundur and Ragnheihur Paulson; brothers: Oskar, Vilberg, Paul and Julius; sister Sigurlin Robinson; father and mother-in-law Michael and

Stella Dern; and sister-in-law Emily Yurchi.

Sylvia was born in Gimli on August 21, 1941 the youngest of seven children. She was raised on the family farm, four miles west of our Arborg and attended Framnes School. She worked on the family farm following the death of her father, later moving to Arborg with her mom. She started working at Johnson store in the office, where coworkers became friends and friends became family. Those friendships were lifelong.

Sylvia didn't have to look far to find the love of her life, the cute boy from down the road, Jacob became her husband on August 7, 1965. In 1964 Jacob and Sylvia bought their family farm just west of town. This location became the spot for raising cattle, pigs, chickens, the occasional horse, all their pets and most importantly her family. A new house was built on the property in 1976. Sylvia was always actively involved in the farming activities, working hard with Jake on the field or in the cattle pens. Mom was our leader taking on many rolls, she supported and encouraged her family every day in any way she could.

While living in Arborg, Sylvia taught Sunday School, enjoyed skating on the outdoor rink across town, curling and baseball. She loved music, participating in square dancing at a young age and playing accordion. For many years her and Dad played together in a band with friends entertaining at the Legion on Saturday nights. We heard a few wild stories from those days, but I'm sure not all. Sylvia loved a waltz, a good polka and the occasional butterfly. She was a person to suggest her granddaughters start Ukrainian dancing in Arborg. She spent a great deal of time watching her granddaughters, taking them to skating and dance lessons, playing baseball in the front yard and on daily tractor rides to feed cows. She watched both Kristin and Kara often and it was always wonderful going to Amma's house. There were tents set up in the living room, movies to watch 800 times and cheese and Jell-O parties on the living room floor. She greatly loved and was proud of her family. While taking on many rolls Sylvia also took on part time jobs; usually helping friends like cooking at the Shelberly Inn restaurant and office work at the local insurance broker. She was always busy, but it was guaranteed that coffee was always on. Many family and friends would visit at the dining room table over the years. Discussions were had, decisions made, and lives planned around that table.

The family would like to think the wonderful EMS and Arborg hospital staff for the amazing care provided not only for mom, but to the entire family that day. The support from family and friends has been overwhelming.

Sylvia wished to be cremated and a private family memorial is planned as per regulations. Once allowed, we hope to celebrate her life with all those dear friends that we are so grateful for.

> MACKENZIE FUNERAL HOME ARBORG (204) 467-0024 • info@mackenziefh.com

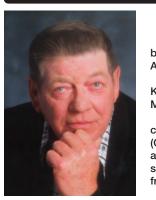
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OBITUARY

Carl Philip Dale Hokanson February 11, 1942 - April 14, 2021

It is with heavy hearts that we announce the passing of our beloved husband, father, Afi, Lang Afi, Dale at the age of 79 on

April 14, 2021; with his loving wife Phyllis and his family by his side. Dale was predeceased by his parents Carl and Evelyn; brothers Ken, Roddy and Clifford; sisters Josephine, Alice; and grandson Michael.

Left to cherish his memory are his wife of 56 years, Phyllis; children Sheldon (Kathy), Beverley (Kris), Sandra (Lloyd), Bradley (Gladys), Audrey (Tommy), Janine (Chad); numerous grandchildren and great- grandchildren; brothers Charles (Valerie), Lynn (Linda); sisters Lillian, Inez; lifelong friend Eugene Syrotiuk; and his feline friend Sandy.

Dale was born in Howardville on the family farm where he currently resided. He spent his whole life as a hard worker, from the early age of 11. He was especially proud of the work he did for the Federal Government on the Dredge #205. When he retired from Public Works, Dale started commercial fishing and building bush roads for oil exploration in Fort McMurray, AB. He worked all throughout Canada and made many friends along the way. He accomplished many things including owning his own company, Woodglen Construction. He was proud of his hunting awards and being an active member of Whitetail & Walleye for many years. He loved mentoring others, telling stories and sharing his experiences from his working days. He enjoyed hunting, fishing, hosting bonfires, helping Phyllis with the garden and harvesting potatoes. He treasured time spent with his family and friends by playing cards, cribbage, watching hockey, telling stories and singing songs. He was his grandchildren's hero and made the constant effort to be there for every milestone in their lives.

He was a pillar of strength for our family and we will miss him forever.

In lieu of flowers, friends so wishing to donate in memory of Dale, may do so to a charity of your choice.

A huge heartfelt thank you to the health care workers who helped Dad in the last few years and especially the staff at the Stonewall District Health Centre, we truly appreciate you all.

God saw him getting tired, And a cure was not to be He wrapped him in his loving arms And whispered" come with me He suffered much in silence His spirit did not bend He faced his pain with courage Until the very end He tried so hard to stay with us But his fight was not in vain God took him to his loving home And freed him from the pain. Author Unknown

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements Gilbart



Nordal's NAPA Napa Autopro AUTOPRO Mechánical 317 First Avenue, Arbora, MB Respond by email to: nordals@mymts.net SERVICE ADVISOR - Full Time Position \$17-\$21/hr depending on experience plus bonus Hrs Mon-Fri, 8-5 Benefits (Health, Dental, Life) Job Overview: Primary liaison between customers and Service Department Assist customers with vehicle repair needs Responsibilities and Duties: Prepare work orders, estimates, order/return parts and prepare final invoice Keep customer informed and ensure customer's satisfaction Qualifications and Skills: A positive, pleasant attitude

- A good grasp of technology
 Knowledge of auto parts and repairs
- Strong problem-solving skills
- Excellent communication skills
- Professional personal appearance
 - Valid Driver's License Training provided

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OBITUAR



Easton

Place

Jean Ecatha Bartman May 1, 1927 - March 28, 2021

Peacefully on March 28 at Betel Home. Selkirk. MB. Jean left us

beloved dog T.K. Survived by her daughter Deborah, granddaughter Ashley (Brent)

and great-grandchildren Sadie and Damon John, sister Winifred and numerous nieces and nephews.

Manitoba, Jean made many life long friends along the way.

Jean was a very strong willed and independent lady.

Home Selkirk for their great care during

her stay and comfort and compassion in

her final days. Special thanks to Lindsay - who was there from day one. Cremation has taken place and a private family service will be held at a later date.



Colleen Gayle Kilbrei

It's with profound sadness to announce the passing of Colleen Gayle Kilbrei (nee Sigurdson) on Friday, April 9th, 2021.

Mom will be lovingly remembered by her husband Harold; children Michelle (Lloyd), Ross (Samantha), Stacey (David); grandchildren, Spencer, Travis, Laura, Landon, Taylor, Tyson, Cason and Madden; sister Loretta Hibbert (George); sisters-in-law Margaret, Grace and Yvonne; numerous nieces and nephews, her band members, very close friends and family.

We invite and encourage everyone to share stories and pictures on the tribute page of Mom. Please visit mackenziefh.com.

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