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One good deed deserves another

EXPRESS PHOTO BY PATRICIA BARRETT

Students at Arborg Early Middle School, along with their teacher Wanda Sparkes, just wrapped up an inspiring “pay it forward” exercise that taught Grade 7 and 8 students the value of kindness and selflessness and made them more aware of their communal role in society.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



Derek Johnson

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Arborg School students reap the benefits of “paying it forward”

By Patricia Barrett

Arborg Early Middle School just wrapped up an inspiring “pay it forward” exercise that taught Grade 7 and 8 students the value of kindness and selflessness and made them more aware of their communal role in society.

Under the guidance of teachers Wanda Sparkes and Dianna Kicenko, dozens of students carried out multiple acts of kindness that benefitted others as well as themselves.

“Part of the exercise was to teach them about citizenship,” said Sparkes, “and to make them realize there are other people doing stuff for them.”

She said the exercise also made them aware that they have the power to make others happy.

Students were allowed to help anybody in the community except their own classmates. They could do anything they wanted as long as it was “bigger than a handshake” or “holding open a door,” said Sparkes.

Sparkes herself joined the students in the exercise, bestowing kindness on various members of her family.

“It made me feel good to do those things,” said Sparkes, “and to take the time to do [them].”

Sparkes’ 17 or so students sat in a circle last Friday afternoon to share their stories and explain how being kind made them feel. A few students from Kicenko’s class also shared their thoughts.

“My mom has an old friend,” said Brenna. “Her house burnt down in Winnipeg and she lost everything.”

Among the lost possessions were family photographs. Knowing her own family had photographs of the woman’s father, Brenna thought it would be kind to turn them over.

She also cooked a steak dinner to show appreciation for the long hours her father puts in taking care of the family’s two farms.

“He was kind of surprised,” said Brenna.

Megan baked cookies and had a sleep-over with her aunt “because she’s always alone at home. Her kids are in B.C.”

She also wrote her aunt a card saying



EXPRESS PHOTO BY PATRICIA BARRETT

Arborg Early Middle School students, left to right, Max, Kylie, Brenna and Delaney “paid it forward” to family and friends. They created a Pay it Forward bulletin board on which they posted sticky notes outlining their good deeds.

“everything will be OK” in reference to her uncle, who is battling cancer.

Several students put their culinary skills to good use to show appreciation for their families. They prepared meals from scratch, everything from steaks, bread and taco salad to pick-erel, spaghetti and fried parsnips.

“I decided to do it,” said Delaney, referring to the pork chops she prepared for her family, “because they do so much for me. I figured I could give them a break.”

Max prepared a pot of chili for his dad and his dad’s friend.

“I think I might do that more often,” he said. “I think they should teach this in more schools.”

In addition to baking banana chocolate chip muffins for her amma and afi, Kylie took on an ambitious home decorating project, painting her dad’s newly renovated office.

“We have a farm, too,” said Kylie, “and he’s busy. He said it looked good.”

Cassie baked banana bread for a farm tenant, who keeps chickens and gives her family eggs.

“I forgot the baking soda,” she laughed. “It rose and flattened. It tasted good but didn’t look so good.”

A number of students cleaned house or took the time to entertain their siblings.

“I helped my cousin ... clean up his room,” said Brooke. “It [was] a disaster!”

Her nine-year-old cousin “paid it back” by inviting her to come play in the puddles the next day.

“I felt happy and proud and way more mature,” she said.

Sam made a detailed treasure map of his yard for his younger brother, who was “really excited.”

Other students performed a bit of farm labour.

Noah helped his dad load 55-pound bags of grain into a container. “I did a whole day of that,” he said, “and took him to a movie.”

Hayden spent three days installing fencing near a swamp on his uncle’s farm, and Tyson split logs for his guido and helped his dad put up a gazebo.

“I was really happy because they were all happy,” said Tyson.

One of Alyssa’s pay it forwards is a long-term initiative.

“My cousin is deaf and I’m trying to learn sign language,” she said. “I downloaded a few apps.”

The students went beyond their im-

mediate circle of friends and family to those new to Arborg.

The Jarkas family, who arrived from Syria in mid-February with only a few suitcases, were among the recipients of kindness. Sparkes herself helped out.

“They needed some clothes,” she said, “so we took them to the thrift shop in Riverton. And we drove them there because they don’t have a vehicle.”

Her student Tim donated his computer to the family so that they could use phonics programs to learn English.

“I went there to set it up,” he said. “And I tried to fix their phone ... so they could talk to family back home.”

A family from Jamaica also received a helping hand from another of Sparkes’ students.

“My mom told me [they] had a hard time fitting in,” said Riley, “so I made oatmeal chocolate chip cookies to make them feel welcome.”

She said it made her feel “happy” and “more responsible.”

Over the course of the exercise, students began to realize that helping others helps oneself. They developed an understanding of and sympathy for the plight of others. But perhaps more importantly, they learned that their kindness did not need to be recognized or rewarded.

“I got a very good feeling,” said Megan. “Everything starts from me.”

Daniel said he remembered a former teacher (in Ukraine) who taught him the value of paying it forward. When he received something, such as candy, he had to do something nice for someone else.

“I remember that vividly,” he said.

Daniel cleaned his sister’s room, which didn’t get the reaction he thought it would until sometime later.

“I guess she was grouchy,” he said.

Knowing they did something good was reward enough for the students. One said if repeated, kindness could become habit-forming.

“You feel good inside,” said Alyssa. “It brightens up your day and it becomes a pattern.”



ON APRIL 19

RE-ELECT

Ralph Eichler

voteralphichler.ca

MLA Lakeside



AUTHORIZED BY THE OFFICIAL AGENT

Students hope to have creative writing published

By Jeff Ward

Grade 7/8 Alf Cuthbert School students are hoping to have their creative writing published in this year's anthology of writing from all over Canada, sponsored by the Poetry Institute of Canada.

Of the 16 students from Lanyth Tober's class in Moosehorn who submitted works this year, four of them, — Alyssa Tritthart, Tansy Tober, Andrea Meisner and Dimitri Pereira — were published in last year's collection. The students are hoping for a repeat performance because they said that being published authors made them feel very good about putting so much of themselves into their works.

Lanyth Tober started requiring her students to submit writing in 2012 and said that she's seen her students evolve into much better writers as a result of the annual competition. Over the past four years, 37 of her students have been published in the collection, with six of those students published twice.

"This class has always had great readers and writers, but I wanted to do something that pushed them a bit farther," said Tober.

"And I honestly didn't think they'd write such personal and deeply moving pieces. But it seems to be how these students want to express themselves creatively and it's gotten them published as a result. I don't think many students their age can walk around saying they're published authors."

The stories from these young authors are, indeed, deeply personal. Stories of depression, dark thoughts and battling their own personal demons are all laid out on the page for all to see. The act of writing and shar-

ing these experiences can be cathartic for some students.

Tansy Tober is one of those students who wrote a deeply personal story in last year's competition about what it's like to feel alone. She said that it was tough and scary to put those feelings down on the page because of the desire to keep them a secret.

"When I was writing that story, I wasn't sure if it was something I should share because it feels like something I should keep personal. But it felt good to get it out on paper and have people look at it," she said.

"WHEN I WAS WRITING THAT STORY, I WASN'T SURE IF IT WAS SOMETHING I SHOULD SHARE BECAUSE IT FEELS LIKE SOMETHING I SHOULD KEEP PERSONAL."

Both Tritthart and Pereira also wrote deeply personal stories because it was what they were going through at the time. Meisner wrote about her favourite hobby, snowmobiling, and why it's something that brings her joy.

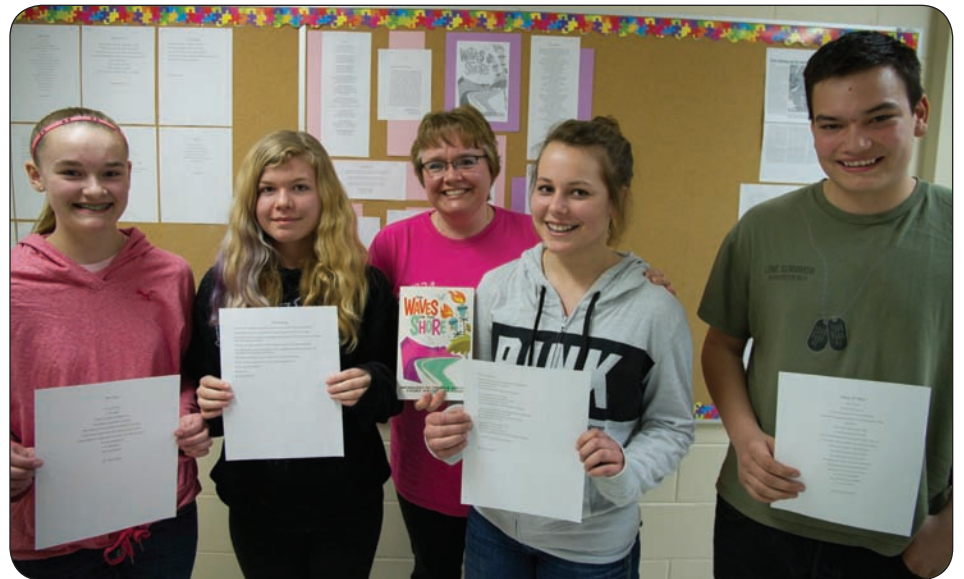
The competition only allows for tight word limits, so students take care to be selective in what they write. Get-

ting their message across in a few hundred words is difficult, but with their teacher's help, they're able to carve through the editing process.

"We work on it quite a bit and refine what's on the page. I take a look and say, 'Maybe we don't need this line' or 'This part doesn't fit.' But at the same time, I try to not force them to compromise their creativity," said Tober.

Pereira wrote a lengthy poem that needed more than 15 lines cut to make the maximum of 22 for the contest. He said that it was a difficult process because he'd become attached to what he'd written.

"I think after cutting out so much, I was left with something much better, but it's hard to see that when you're cutting away so much," he said.



EXPRESS PHOTO SUBMITTED

Students from Alf Cuthbert School are hoping to have their creative writing featured in this year's compilation put together by the Poetry Institute of Canada. Pictured left to right; Tansy Tober, Andrea Meisner, Lanyth Tober, Alyssa Tritthart and Dimitri Pereira.

The students won't know until closer to the end of the school year if their writing will be selected for publishing, but Tober is very optimistic that many will be.

The Darkness Within

*It wanders through the darkness
It walks where no one can see
Sometimes it shines
Sometimes it dims
It does not talk
It does not smile*

*Dark times cover him for a mile
He will not eat
He will not sleep
He will have dark thoughts
You are probably thinking this is me
No
This is how depression takes you over*

By Dimitri Pereira

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Heritage Village fundraiser a smashing success

By Patricia Barrett

The Arborg & District Multicultural Heritage Village pulled out all the stops last Saturday night with a theatrical performance, dinner and dance.

The 10th annual fundraiser, held at the Arborg Hall, drew a crowd of 400 people.

Local actors Jan Larkin, Vicki Johnston, Katie Jones, Tanis Johnson and Odinn Simundsson had the audience in stitches with bickering, barbs and naughtiness in their rendition of 1970s television comedy *All in the Family*.

"They do plays for us all the time," said Rosemary Thorkelson, who was one of the evening's emcees.

After the play, the museum served a lavish supper consisting of cabbage rolls, meat balls, ham, perogies, vegetables and "zero-calorie" desserts.

Arborg firefighter Andy Barylski, wearing an apron that said "Keep Back 200 Feet," helped serve the meal. He and wife Florence, who sits on the board, also donated items to the silent auction.

Members of the Reechka Ukrainian Dance Club were among the dozens of volunteers who helped make the evening a success. The club will be performing at the Hall April 24.

Thorkelson acknowledged the healthy presence of local politicians who came out to support the event. Among them were Tom Nevakshonoff, NDP MLA incumbent for the Interlake riding, Derek Johnson, PC MLA candidate for Interlake, Ralph Eichler, PC MLA incumbent for Lakeside and James Bezan, PC MP for Selkirk-Interlake-Eastman.

"It'd be nice to let them speak," said Thorkelson, "but we want to get out of here by 1 a.m.!"

Thorkelson and co-emcee Debbie Thorsteinson, took the crowd through a game of heads or tails that saw the winner walk away with a \$100 gift certificate from Co-op.

The Homebrew Line provided the evening's musical entertainment.

A Broil King barbecue, patio set and big-screen TV, which was donated by Arborg Pharmacy, were among the hundreds of items auctioned off.

The individuals and businesses who donated items are far too many to list, but they included Pat and Victor Eyolfson, Noel Bernier, Riverdale Place Workshop, Arborg Home Hardware, Arborg Hotel, Johnson Seeds, Interlake Auto & Tractor Parts, Lakeview Resort, Gimli Dental Clinic, Vidir Vertical Storage Solutions, Canad Inns, the Manitoba Opera Company and the Winnipeg Symphony Orchestra.

All proceeds from the evening will help the Museum with operating and



Katie Jones (left) as Aunt Lola and Vicki Johnston as Edith Bunker



Tanis Johnson as Gloria



EXPRESS PHOTOS BY PATRICIA BARRETT
Archie arguing with Aunt Lola



Andy's on fire. Firefighter Andy Barylski helped serve the meal.



Left to right, standing Larry Brandt, Mark Eyolfson, James Bezan and Derek Johnson; sitting Tara Bergner, Randy Sigurdson and Ralph Eichler.



MLA Tom Nevakshonoff and Rosanne Imlah



MCs Debbie Thorsteinson (left) and Rosemary Thorkelson



Members of the Ukrainian Reechka Dance Club

construction costs.

"We have a bell tower that was built by local volunteers in 2015," said Thorkelson. "And the bell needs a little finishing."

The bell was donated to the museum by the Winnipeg Beach Museum after it closed.

The difficulties keeping rural mu-

seums afloat is the subject of a documentary Gimli filmmaker Andy Blicq is currently working on.

Pat Eyolfson, co-chair of the museum, said Blicq had previously filmed the museum's acquisition of a house built in 1898 by pioneer Trausti Vigfusson. The museum moved it to its site in 2000 using a team of horses.

Since 2006, the museum's fundraising event has raised \$220,063 and has provided \$189,991 in student wages. The museum has spent about \$5 million on repairs and construction.

It was designated a Manitoba Star Attraction in 2015.

Donated Hereford raises thousands at Lundar bull sale

By Jeff Ward

The proceeds from a donated Hereford, which raised an incredible \$14,000 at the 48th annual Lundar All Breed Beef Cattle Sale, will be donated to the Lundar Agricultural Society and used for improvements to the new Lundar Agri-Ed Centre.

The sale on April 2 was held in the Lundar Agri-Ed Centre, which was built two years ago. Lundar Bull Sale president Jim Beachell, who lives in Rosser, said that the facility has been such a great spot to house the annual sale for the last two years that he felt it was important to help continue to improve the building.

A few months ago at a Manitoba Hereford Association sale in Brandon, Beachell saw someone auction off a bull in a fundraising effort that raised \$7,000. He thought the idea was great and offered one of his Herefords to be auctioned off this year. Tickets were sold for \$10 each, and Raymond Bazinet from Eriksdale was the lucky ticket holder for the auction. Bazinet had

purchased seven tickets.

"I figured if we got half of what they did in Brandon that it would be great, but we ended up getting double," said Beachell.

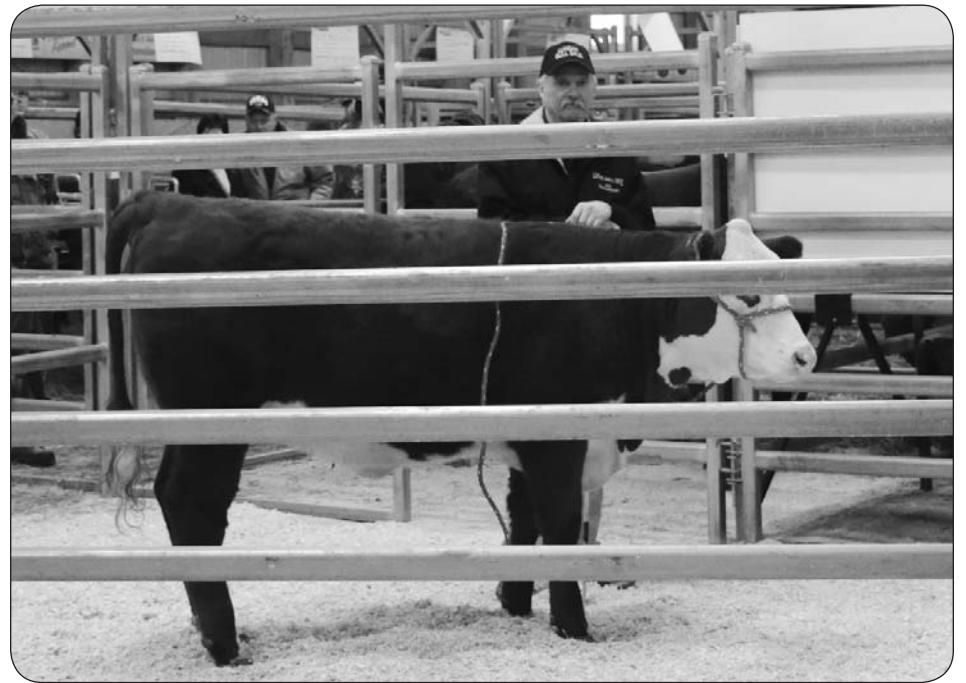
"I WAS BLOWN AWAY BY HOW WELL IT DID AND I'M VERY EXCITED TO KNOW THAT SO MUCH MONEY WILL BE GOING TO THE AG SOCIETY."

"I was blown away by how well it did and I'm very excited to know that so much money will be going to the Ag Society. The plan is to, at some point, put in washrooms, an office and even a little cafeteria. This helps us get that ball rolling."

Beachell sold two other Herefords at the sale — one for \$2,600 and the other for \$3,100 — and was happy to provide one that benefits the ag society. He said that the as the building improves, so do the services it can offer. As a result, the

experience of selling bulls or holding events in the building also improves.

"It really will be a win-win for everyone. Lots of other companies have donated to this building and I think we should keep it going. I know that the next four years for the bull sale



EXPRESS PHOTO BY ANGELA THORGILSSON

Raymond Bazinet was the lucky winner of a Hereford heifer at the 48th annual Lundar Bull Sale. The heifer, donated by Jim Beachell, raised \$14,000 for the Lundar Agricultural Society for improvements to the Lundar Agri-Ed Centre.

will have someone donating a heifer for the auction. It's good to see people stepping up so quickly," said Beachell, who added that many volunteers have already come forward to have their heifers used for fundraising over the

next few years.

The Lundar Agri-Ed Centre will be used next to host the Hereford show during the Lundar Fair later this year.

2016 Provincial Election

Manitobans are encouraged to vote during provincial election

Submitted

Eight days of advance voting and locations throughout the province make it convenient for Manitobans to exercise their democratic right. Election day in Manitoba is Tuesday, April 19, but Manitobans may vote in advance until Saturday, April 16.

Advance voting locations are open from 8 a.m. to 8 p.m. Monday to Saturday and from noon to 6 p.m. Sunday. Please note that some locations are not open every day during advance voting.

There are 293 advance voting locations throughout the province, including every returning office, as well as other convenient locations such as shopping malls, university campuses, The Forks and the Winnipeg airport.

Eligible voters can vote at any advance voting location. To be eligible to vote they must:

- be Canadian citizens;
- be at least 18 years of age on or before

election day; and

- have resided in Manitoba for at least six months immediately before election day.

Voters are required to show one piece of government-issued photo identification (such as a driver's licence) or two other documents with their name. Having their enumeration record with them will also be helpful.

Advance voting locations are open daily at the returning office in each electoral division and in various other locations.

Parents are invited to bring their children with them when they vote. Each child will receive an "Official Future Voter" sticker, while voters will receive an "I Voted" sticker.

And for those who do not visit the advance polls, voting the old-fashioned way will take place on April 19.

On election day, when you show up to your designated poll, ID will not be required if you're on the voters'

list. Manitoba's rules are amongst the most liberal in the country. It speaks volumes about the system's integrity and the people who still see the point of keeping democracy real in this province — the voters.

The Elections Manitoba website has a full list of locations and dates at www.electionsmanitoba.ca/en/Voting/Advance_Voting that can also be accessed by downloading the mobile app Manitoba Votes 2016.

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getfishing

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Fishing and golfing on Lake Winnipeg

Hello again, good friends.

As I sit gathering my thoughts for this week's fishing column, some of this winter's laughter-filled exchanges with anglers flashed through my mind. I found myself chuckling as I recalled the experiences they so graciously gave me to share with you.

Brothers Jess and Brad Determan from Brooks, Minn., certainly popped into my mind. I met them on the ice of Lake Winnipeg seven or eight weeks ago. I was wandering around in the truck stopping to talk to anglers on a warm, clear, sunny afternoon when I noticed off in the distance two fishers walking back and forth on the ice.

It peaked my curiosity because normally ice anglers don't do that. They stand or sit. Naturally, I couldn't let this slide by. I pointed Old Red toward them, but as I came up to them, what I saw on the snow pack made me stop sharply. There, in front of me, was a maze of mini-golf fairways formed around their ice fishing holes. These two young, tall, fit guys, their parkas thrown onto the snow beside their sleds, were playing on their golf course fashioned from snow ridges and shallow auger holes.

Oh, they had golf clubs, to be sure, but instead of golf balls, they were playing with yellow tennis balls. They raised their clubs in greeting as I slid out of my truck, and I immediately began a spirited conversation with these energetic fun-loving outdoorsmen. It seems Lake Winnipeg had become their second home this winter.

They said every time they had to go home for work, when they were there, all they talked about was "the great white Lake Winnipeg." Well, the fish weren't biting, so they invited me to have a golf game with them. I lost but didn't really feel too bad about it because, as I put it to them, they had home course advantage all morning before I had met them.

The sun was going down and it was time to head for land, but, gosh, that was a fun day.

Some weeks later, I was on the Red River by Sugar Island and came across a big portable ice shack. Driving up to it, I could see two men inside because they had their west-facing door opened to the warm, strong sun. I walked up to the door and introduced myself to Phil Frederick from just southwest of Selkirk and local boy Ted Gibson. Here were two guys who had been buddies for so long they would finish each other's stories. It was fun listening to them.

Phil was a little quieter than Ted. As we began story



EXPRESS PHOTO BY ARNIE WEIDL

Phil Frederick with one of his catches on the Red, his buddy Ted Gibson (who loved to tell stories) was too shy to be in the photo.

trading, Ted emphasized how important they felt about protecting the eyes of a fish caught in the cold winter so it wouldn't go blind if it was to be released. His manner brightened as he remembered the first time he went fishing years ago with a cousin in Lake Simcoe, Ont.

He said at dusk on the way home, it was so foggy you couldn't see 10 feet in front of you. To make matters worse, the county road numbers changed within short distances. Lost now, his cousin asked Ted if they were close to home when, without warning, their truck slammed straight into a deep ditch. In shock, Ted looked at his cousin and said, "I know this ditch. Home is on the other side of it!"

Ted went on about how he and Phil had been friends for years but the sport of fishing had never come up. Phil got him into the sport, but rookie Ted would not bait his own hook or fillet his catch. For years, Phil had to do it for him until finally he put his foot down and made him learn to do it on his own.

Sometime ago, I was out on the ice east off Patricia Beach and met Walter Giesbrecht, Chris Werner and Nathan Hoepfner, all Winkler boys. While they hadn't caught anything when I was with them, they said last year at Shoal Lake they caught an unbelievable number of big perch in one day. Shoal is a perch lake, that's for sure.

Well, we'll see you next week. Bye till then.

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Factory farms poisoning rural communities

Will Manitoba suffer similar consequences as North Carolina, where rural communities are literally under attack and defenceless against a hog industry that threatens their health, their well-being and quality of living? Surely, this is a crime against humanity.

I often wonder if people realize just how saturated our province is with hog factories? Manitoba is a province with a large area and over 100,000 lakes.

However, considering the "majority of people" live, work at industry and farming for nearly 300 miles along the U.S. border and north for generally about 200 miles, the populace is more or less concentrated in about 15 per cent of the province area, for obvious reasons.

Regarding a letter dated March 16, 2016, from ministers Ron Kostyshyn and Tom Nevakshonoff, responding on behalf of Manitoba's Premier Selinger: While I thank you for your response, offered on behalf of the premier, it gives me no encouragement whatsoever, as to what is taking place in Manitoba at this time, with neither the hog industry nor the pilot project underway to increase slaughter hog production in western Manitoba.

There is mention made of Manitoba's stringent regulations, yet we know from the past and the auditor general's conclusion that enforcement was lacking ... in other words, regulations do not meet the intent if enforcement is being ignored. Interlake MLA Tom Nevakshonoff agreed with the report and openly stated to the public, "the government of Manitoba doesn't do enforcement. That's up to the bureaucrats to do."

Such a statement makes me and others wonder ... Who is in charge here?

Habitat buffer strips were also mentioned as a means of environment protection.

The most recent conclusion by Prof. David Lobb, senior researcher, however, tells us those strips may not be the answer to preventing nutrient run-off.

We know the earth cells planned for the pilot project leak; that is an established fact.

So the question is, why is the government prepared to compromise our ground and surface waters with the threat of manure pollution.

As ministers, you are once again being reminded of what former Conservation Minister & Water Stewardship Minister Gord Mackintosh publicly stated.

"We are not prepared to weaken the Save Lake Winnipeg Act and allow unrestricted provincewide production in Manitoba at the expense of the environment. Any pilot project proposal coming forward from the hog industry to the province must demonstrate zero negative impact on water quality and include effective odour control."

That is a very powerful expression that supports the environment, water quality and odour control. We all should know and realize that you can't put a price on clean safe water. Unfortunately, your letter circumvents those requirements with rhetoric.

We know there are better ways to raise hogs, and Agriculture Minister Ron Kostyshyn has assured us that "morally the province doesn't agree with sow stalls." What we need in Manitoba is for government to take the next step, past morally, and get on with the job of eliminating those stalls.

The water resources are being poisoned in North Carolina and the effects on rural communities is devastating their lives. Will more of the rural communities in western Manitoba be the next victims to this industry, as they already are in other areas of the province?

Yours truly,
John Fefchak

letters

Letters to the Editor:
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RCMP use Twitter to educate Manitobans on emergency calls

By Jeff Ward

For three hours last Friday evening, the RCMP Twitter feed was filled with emergency calls of self-harm, assaults and impaired drivers in an effort to bring more transparency to a typical night for its members.

From 8 p.m. until 11 p.m. the RCMP Twitter timeline was filled with dozens of tweets detailing the nature of the emergency calls, with little or no censoring. RCMP director of communications and media relations Robert Cyrenne said that the tweeting was done in an effort to bring a new level of transparency to the RCMP and to provide a look into the fascinating and sometimes scary world of the RCMP and its telecom operators.

He said that another reason for the tweeting was to reach out more on social media and directly to the public. Cyrenne worked with social media co-ordinator Letisha Sherry in tweeting the information live as it happened but also worked to ensure that the safety of officers and the public wasn't compromised.

"We try to be as open as possible, but naturally there are things we need to keep to ourselves to protect our members and the public," said Cyrenne.

"A lot of it has to do with specific locations of calls. We don't want our officers going into situations where people are prepared for them. We did a lot of assault

calls that night, so making sure safety isn't compromised is very important."

Anyone following the @rcmpmb Twitter account was able to see the calls coming in.

Cyrenne said that not every call could be tweeted out due to volume and because they were specifically looking to showcase all the areas of the province, so there were calls that were cherry-picked due to location as well. However, that didn't stop Cyrenne and Sherry from tweeting out some disturbing and distressing calls.

"THESE ARE TOUGH THINGS TO LOOK AT, BUT OUR OFFICERS AND THOSE IN THE OPERATIONAL COMMUNICATIONS CENTRE DEAL WITH THIS EVERY SINGLE DAY."

At one point, Cyrenne released a sobering tweet that there had been 19 calls of threats of suicide in the last 72 hours, along with calls of serious domestic abuse and 75 calls of impaired drivers over the last 72 hours.

"These are tough things to look at, but our officers and those in the Operational Communications Centre deal with this every single day. We have our staff in the call centre

go through debriefs because they listen to a high volume of distressing things, often with no resolution," said Cyrenne.

The experience on Twitter does help to demystify what RCMP members do each night but what their telecom operators go through as well.

Cyrenne said that he's received some great feedback from people on Twitter who commended their work and said that he hopes to do another night like this soon.



TWITTER SCREENSHOT

A screenshot of a typical night for Manitoba's RCMP members.

Ashern preacher gives warm goodbye to community as he retires

By Jeff Ward

Ashern Gospel Church's preacher Bill Watson is saying goodbye to the community and his friends that he has called home for the last 11 years.

Watson moved to Ashern in 2005 to work at the church and is now heading west to Three Hills, Alta., as he ventures into retirement. Watson said the move is an exciting prospect and that change is always welcomed, but the excitement won't take away from the reality that leaving this community behind will be hard. Watson knows he will likely fight back tears as he leaves Ashern. He said he knows that he's left an inedible mark on the people of Ashern Gospel Church and they, in turn, have left a mark on him as well.

"For me and my wife, our time here has been the very best period of our lives," said Watson.

"It's a year earlier than I was expecting to retire but it was a perfect storm. Someone made an offer on our house before Christmas and the wait list for a seniors' home was a bit too long. Our daughter offered up her home in Three Hills and we decided it was the right move. I'm excited, but it will be hard."

Watson started his placement with Ashern Gospel Church on Jan. 1, 2005. He has supported hundreds of members in the community through some of the happiest and toughest times of their lives, whether it was a birthday, graduation, marriage, the birth of a son or daughter, or a funeral. He said he averages about 40 funerals a year and they can be very exhausting, but that it's been one of the great privileges of his life to be able to help people through those tough times. Being a shepherd through someone's grief and seeing them through to the other side has been one of many high points in his career.

Watson said he is very proud to have called Ashern his home over the last years and that there have been challenges but the community is so supportive. Certainly, finding time to get work done for the church and sometimes perform eight funerals in a week can be mentally and physically draining. But he feels those challenges have also brought with them their own rewards.

"We've had a few hard times ourselves. My wife has had several serious surgeries. Our church and community have been so supportive of us when

things weren't going well for her and we treasure that deeply. The support, care and concern have been overwhelming in those times. I want people to know, from us, thank you so much. We will never forget that and it will always be among our fondest memories," said Watson, choking back tears.

With his time in the community coming to an end, Watson said the Ashern Gospel Church Board is looking for his replacement. Who that will be and when he or she will start is unknown at this time, but Watson feels that churchgoers are in good hands.

As for Watson's future, he's not sure what he'll do. He said that God has a plan for him and that you don't truly retire until you're dead. Watson said he has many good years left and plans to spend more time with his grandchildren in Alberta and is very excited at the prospect.

An informal going away party for Watson is taking place this Sunday, April 17 from 2 to 4 p.m. at the Ashern Legion. All are welcome, and Watson said he hopes to see many of the people who have been such an important part of his life this past decade.

Making the pitch: Gimli Film Festival scouting for storytellers

By Patricia Barrett

The Gimli Film Festival is inviting emerging filmmakers to put their storytelling prowess to the test for its 5th Annual Emerging Filmmakers competition.

RBC is sponsoring the competition, which will see the winner receive \$10,000 to cover the costs of turning an idea into a film. The winner will also receive story editing mentorship from the National Screen Institute Canada and a premiere screening of his/her film at the 2017 Gimli Film Festival.

"This is a really important part of the film festival," said filmmaker Andy Blicq, who sits on the festival's board. "We support the development of new filmmakers. And we're grateful for RBC's support."

Any Manitoba resident over the age of 18 who has less than three years of filmmaking experience can pitch his/her story idea to a panel of professional producers in front of a live audience during the festival, which will run July 20-24.

In 2015 Kevin Tabachnick won for his pitch "Annabelle" about a dying dog.

The competition helps level the playing field for those just starting out in a filmmaking career.

"The key thing for younger filmmak-

ers," said Blicq, "is the opportunity."

Broadcasters usually look for content from experienced filmmakers. But Blicq said there is "tons of talent around" that just needs a chance to show their stuff.

Blicq, who teaches documentary filmmaking at the University of Winnipeg, has had former students enter — and win — the Emerging Filmmakers competition.

In 2014, his student Sonya Ballantyne took home the \$10,000 prize for her film *Crash Site*.

Storytelling through the medium of film may be a reward in and of itself, but new filmmakers still have to earn a living.

Blicq said he'd like to help all his students get ahead, but the industry, like any other, is competitive.

"The good filmmakers," said Blicq, "I see them working and having a career in the film business."

The deadline for story submissions in June 12, 2016. They can be forwarded to the Gimli Film Festival, Box 1225, Gimli, Manitoba, R0C 1B0. Contact 204-642-8846 for more information.

Complete details about the competition are available online at <http://gimlifilm.com/festival-info/rbc-emerging-filmmaker-competition/>



EXPRESS FILE PHOTO

Gimli Film Festival board member Andy Blicq, who teaches documentary filmmaking at the University of Winnipeg, encourages emerging filmmakers to enter the RBC competition.

PC Leader disappoints Manitoba Teachers' Society

By Patricia Barrett

A virtual town hall organized April 6 by the Manitoba Teachers' Society to gauge political leaders' thoughts on the state of education in the province left some teachers disappointed when PC Party Leader Brian Pallister failed to take part.

The Society issued a statement on its web site about the forum in which Liberal Leader Rana Bokhari and NDP Leader Greg Selinger participated. They answered a number of ques-

tions posed by teachers.

A number of teachers expressed their disappointment on Twitter, and the Society included some of their comments in its post.

"Disappointed that Brian Pallister decides that he has better things to do than to engage in a discussion with MB teachers," wrote one teacher.

"Pallister no-show at @mbteachers #mtstownhall. Considering his record on teachers, I'm not surprised," wrote another.

All three party leaders had confirmed their commitment to the one-hour telephone forum that was open only to the province's 15,000 public school teachers.

During the forum, both Selinger and Bokhari expressed their thoughts on Pallister's absence, which the Society included in the post.

"The single biggest threat to education is the folks who didn't show up tonight — Brian Pallister," said Selinger. Bokhari called it an insult and [it]

showed a lack of concern for teachers.

The Society said the two leaders answered questions on standardized testing, amalgamation of school divisions and First Nations education.

Visit <http://www.mbteach.org/election2016/index.php/2016/04/07/teachers-show-up-for-mts-virtual-town-hall-pc-leader-bows-out/> for the full story. The Society also provides a link to the leaders' responses.

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EXPRESS
WEEKLY NEWS

Hostility boils over during Interlake riding election campaign

By Patricia Barrett

Tom Nevakshonoff, Minister of Conservation and Water Stewardship and NDP MLA incumbent for the Interlake riding, took a boot to the face — or rather his image on a campaign sign did — seven and a half hours after participating in a candidates' debate April 7 in Fisher Branch.

Nevakshonoff, elected four consecutive times since 1999, woke up last Friday morning to the news that campaign signs in Fisher Branch and Poplarfield had taken a beating.

He said this type of juvenile behaviour normally amuses him, but "you can see the rage in this. That's a little disturbing."

Nevakshonoff had installed a large sturdy campaign sign close to the junction of highways 68 and 17 in Poplarfield after the election was called mid-March.

PC MLA candidate Derek Johnson had installed two smaller campaign signs on either side of Nevakshonoff's. Neither were damaged in the incident. Liberal MLA candidate Jamal Abas' campaign sign, a stone's throw away, was also unharmed.

On close inspection of Nevakshonoff's havocked sign Friday afternoon, a large roundish puncture suggests a boot was landed squarely on his face, causing the sign to split down the middle. The entire structure had been ripped from the ground and toppled over.

The hostile act was captured on video surveillance. It shows a long, dark domestic-model truck (possibly a four-door truck) travelling east on Highway 68 (from the direction of Ericksdale) and stopping in front of the sign at 4:38 a.m. The driver, wearing dark clothing, emerged and ran into the ditch. Surveillance was unable to capture what the driver did as the truck obscured the view.

The driver was then seen running back to the driver's side, where he/she got in, pulled up to the intersection of 68 and 17 and stopped. A few seconds later, a person emerged from the passenger side (possibly a second

person also wearing dark clothing) and ran into the ditch where he/she was observed pulling the entire structure down.

That person ran back to the passenger side and got in. Then he/she got out again and ran around the front of the truck to driver's side and got in (possibly in the rear passenger door). The truck then turned north on Highway 17 (in the direction of Fisher Branch) at 4:40 a.m.

Alison Mitchell, spokesperson for Elections Manitoba, said the organization does receive call about signs being placed in locations some people object to, but "it's not common that a sign is defaced."

And she said there is no clauses in the Elections Act that deal with attacks on campaign signs or the people caught vandalizing them.

"For any kind of vandalism, we can't administer fines," said Mitchell.

But she said the police can.

RCMP spokesperson Bert Paquet spelled out the consequences for someone found guilty of vandalizing an election sign.

"A person found guilty is liable on summary conviction to a fine of no more than \$10,000 or to imprisonment up to one year, or both," he said by email.

When Nevakshonoff learnt that someone had video footage, he decided to call the RCMP.

"The case is currently under investigation," he said.

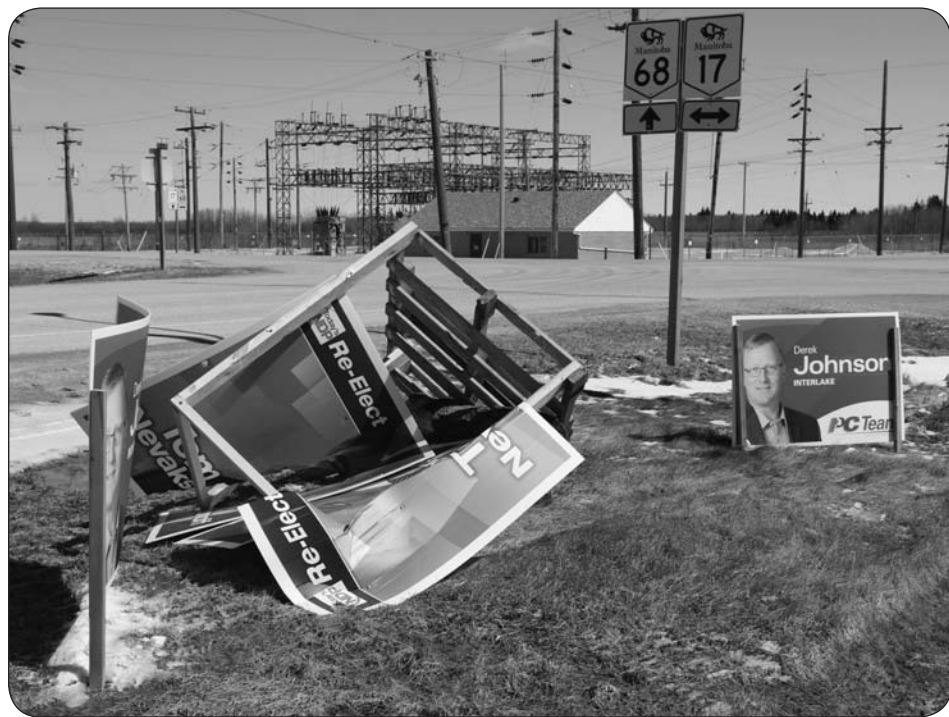
As to who he thinks did it, Nevakshonoff isn't sure.

But he thinks "they're scared of losing. But signs don't win elections. My opposition loves signs. They throw them out like confetti at a wedding."

The NDP in the Gimli riding have also experienced a bit of bother in the form of sign snatching.

First-time MLA candidate Armand Bélanger has lost a number of signs he had placed along roadsides and other public areas in Riverton. None on private property have been snatched.

"When they were getting swiped like that," said Bélanger's campaign man-



EXPRESS PHOTOS BY PATRICIA BARRETT

Tom Nevakshonoff, minister of Conservation and Water Stewardship and MLA incumbent for the Interlake riding, had campaign signs kicked in and ripped down after a candidates' forum in Fisher Branch last week.



SURVEILLANCE FOOTAGE VIEWED BY THE EXPRESS

Surveillance video shows a long, dark domestic-model truck (possibly four-door) pulling up beside Nevakshonoff's campaign sign at 4:38 a.m. near the junction of highways 68 and 17 in Poplarfield.

Surveillance footage shows what could possibly be a second person, who was captured on tape running into the ditch and ripping down the sign.

ager Krista Narfason, "it was probably kids playing pranks."

In Nevakshonoff's case, it's obviously a different matter, she said.

The violent gesture has failed to undermine Nevakshonoff's confidence in himself and his campaign.

"It makes me all the more determined to prevail," he said, "so people with feelings like this don't win."

Anyone with information about the incident, or who may recognize the truck caught on surveillance footage, is encouraged to contact police.

Liberal Party offers condo owners better deal of property taxes

News Release

The Manitoba Liberal Party, if elected on April 19, will offer condo owners a better deal on their property taxes. Condominium owners' property taxes are calculated the same way as those of single family homes despite a drastically smaller footprint. If this is about taxing property, then this system is simply unfair.

"As a society, we need to start build-

ing up instead of out, and that means higher density residences should be rewarded. By creating a smaller footprint, condo owners save municipalities money for things like road repair, snow clearing, garbage pickup and so much more. We will allow local governments the ability to amend the formula to reward this," said Manitoba Liberal Leader Rana Bokhari.

Condo owners used to pay a smaller

portion of the property tax bill, but that grew over 10 years to the point where they now pay the same share as single-family homes. Under the Municipal Assessment Act, the province has the power to adjust this rate, and Mayor Brian Bowman expressed interest in this during the civil election and we will work with him and other civil leaders to allow them to adjust rates.

CCI-Manitoba, on behalf of its members and other condo owners in Manitoba, welcomes today's announcement by the Manitoba Liberal Party. We ask the other parties to make their positions clear on the issue of property tax fairness for condominiums.

To learn more about our growing list of ideas visit <http://www.manitobaliberals.ca/our-policies/>

Students spend spring break helping Habitat for Humanity

Lundar students return home from Guatemala after life-changing experience

By Jeff Ward

After two weeks in Tecpán, Guatemala, nine Lundar School students have returned home with an experience they'll remember forever after volunteering to build a home for Habitat for Humanity.

The Grade 10-12 students left Lundar on March 20 and flew to Guatemala City with connecting flights in Chicago and Houston. From there, the students took a bus to the small rural community of Tecpán and were on the job site almost immediately to start working. The students worked through their spring break and raised \$350 each over the school year to pay for the trip. The trip is an extension of the industrial arts program at the school, and through the sale of the ready-to-move house in 2014, the cost stayed relatively low for students.

Lundar School industrial arts teacher Donald Nikkel and volunteers Amy Nikkel and Sage Tozeland were the three adult chaperones. The students endured hot temperatures, a beating sun and working at high altitudes. Donald Nikkel said that the students worked through any discomfort and that he was proud of their commitment to the job.

"It definitely wasn't easy work because in that part of the world, their access to construction equipment is quite limited," said Donald Nikkel.

"Here, if we needed to dig a foundation, a backhoe would be a phone call away, but over there, you're doing it



Students begin to mix ingredients for cement to be used on the foundation for the Habitat for Humanity house they helped build in Tecpán, Guatemala.

by hand. You're mixing concrete and pouring it by hand. It's hard labour, but the students knew that they were helping out someone by doing this. It'll be an experience they'll remember forever."

One of the stipulations for Habitat for Humanity is that the benefactor of the project needs to be involved in the work. So Lundar School students were working right alongside the future homeowner Dona Lydia while they received some impromptu Spanish lessons. It's a once-in-a-lifetime experience, and Donald Nikkel said that many of the students on the trip

Continued on page 12



EXPRESS PHOTOS BY DONALD NIKKEL

Students had to mix and pour the concrete foundation by hand because the construction equipment isn't readily available in the Central American country.



Lundar School students stand underneath the ruins of the Mayan village of Iximche, founded in 1470. The site is just one of many unique cultural experiences they took part in during their trip to Guatemala.

JAMAL ABAS

"As a proud fourth generation farmer in the Interlake, I know the importance and value of standing up for our communities."

Standing Up For Farmers

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Fair Share For Municipalities

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RCMP remind motorists to yield to emergency vehicles

Submitted

With spring fast approaching, more and more motorists will be appearing on our streets and highways. With this, the RCMP would like to remind motorists that if they see an approaching emergency vehicle with its lights and siren activated, pull safely to the right lane or shoulder and come to a stop.

An emergency vehicle, when responding to

an emergency call, will sound an alarm and use flashing lights. When an emergency vehicle (ambulance, fire or police), is approaching in this manner from any direction, you must yield right of way.

- immediately move clear of an intersection. If you are stopped for a red light or stop sign (if blocking the path of an emergency vehicle), you must proceed through the red light or stop sign

with caution to clear the way.

- drive as closely as possible to the right curb or edge of roadway.

- remain stopped at the edge of the road until the emergency vehicles have passed.

When passing a stopped emergency vehicle (or other designated vehicle, such as a tow truck etc.) that has its warning lights activated, slow down and proceed with caution, passing only if it's safe to do so.

Motorists can be fined under provisions of the Highway Traffic Act for failing to use caution when passing emergency-designated vehicles working at a roadside. You must slow down to the following reduced maximum speeds:

- 40 km/h in highways with posted maximum speed limits under 80 km/h.

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> GUATEMALA, FROM PG. 11

had never been farther than Winnipeg, so leaving their country and continent behind was a big deal.

Students Ryan Marshall and Justin Sherbeth both said that while the experience was extremely hard work, they were happy to be a part of it.

"When we first got there, everyone was so excited, but after a week of hard work, I think a few of us were ready to go home. But when it came down to the last few days, I felt like I wanted to stay there," said Sherbeth.

The timing of the trip proved unique as well because students had the benefit of being engulfed in Guatemalan culture during the country's Easter week celebrations called Semana Santa. Marshall said that the students ate Guatemalan food including beans, tortillas and sometimes steak. They shopped in local markets. Someone even offered to buy Marshall's watch from him.

Sherbeth said that his favourite part of the trip was the volcano hike, which had students walking on hardened lava fields.

"We tried to do as much as we could while we were there and really get the students into as much culture as possible. For as much hard work as we did, we got to do an equal amount of fun activities," said Donald Nikkel.

When the students left Tecpán, the house was about half way completed, according to Donald Nikkel, and Lydia would be moving into the house in the next few weeks.

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Lunch to Follow

Local carvers flocking to national competition and show

Prairie Canada Carving Championship Show and Competition in Winnipeg this weekend

By Natasha Tersigni

Carvers with the local Oak Hammock Marsh Carving Guild are putting the finishing touches on their pieces in preparation for the 30th annual Prairie Canada Carving Championship Show and Competition being held this weekend in Winnipeg.

The annual competition attracts carvers of all skill levels from across North America who come to show their works while competing in a variety of different carving categories.

Along with entering their individual carvings, members with the Oak Hammock guild will be recruiting new members and hosting a variety of demonstrations throughout the weekend.

The carving guild has been around for over 15 years and is now based out of the Oak Hammock Marsh's Interpretive Centre, where they have a fully operational workshop. The guild offers a variety of seminars to carvers of all skill levels and provides a place for members to meet every Saturday from September to April to work on their own pieces.

"Most of us carve birds and hunting decoys, but you can carve whatever item you want. It is really nice carving birds in this environment being at the marsh. There are carvers that don't

hunt and just enjoy to carve and there are carvers that are avid hunters that use their decoys. I have carved many, many decoys myself, but I have never shot a duck or goose," said guild member and carving instructor Bill Palmer, who has been carving for 30 years.

"I began carving as a way to relax after work. I had a pretty stressful job and I would be able to come home from work, go down to my shop and carve for an hour or so. I grew up in Northern Ontario and always loved wildlife."

There are approximately 20 guild members that come out each week to work on their carvings. To join the group, members must have an annual Oak Hammock Marsh membership plus \$10 for the guild membership. For those that want to try carving, there are clinics open to the public that take place at the marsh January to May.

For more information on the Oak March Carving Guild visit www.oakhammockmarsh.ca.

To see first-hand what wood carving involves and the works that can be created, check out the Prairie Canada Carving Championship Show and Competition being held this weekend at the Canad Inns, Polo Park from 9 a.m. to 4 p.m.



EXPRESS PHOTO BY NATASHA TERSIGNI

Bill Palmer is just one of the many Oak Hammock Marsh Carving Guild members that will have entries in this weekend's 30th annual Prairie Canada Carving Championship Show and Competition in Winnipeg. At the event, the guild will also be hosting a variety of carving displays and workshops available to the public.

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Spring on the Road

Heat: a car battery's worst enemy

Intense heat and overcharging are two factors that can substantially reduce the life of a battery. Heat causes the liquids contained in the battery to evaporate, which in turn causes damage to its internal structure.

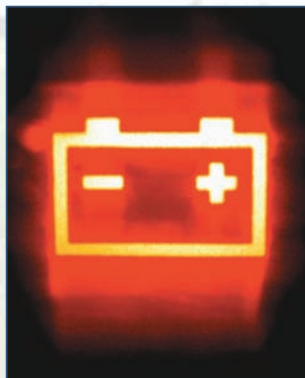
Heat also has an accelerating effect on the chemical reactions required for batteries to function, which means the batteries produce more power at a higher temperature. On the other hand, overcharging is often the result of a poorly functioning voltage regulator.

You can, of course, have your battery checked by a professional in order to ensure that it is in good working order. However, a simple do-it-yourself test can save you a trip to the garage. The first step is to use a multimeter to check if the charge is at the right level — it should be between 12.5 and 12.7 volts at rest and between 14 and 14.7 volts when functioning. Your battery will have to be replaced if there seems

to be a problem.

Otherwise, a visual inspection could help you detect a problem before it occurs. Check that the sides of the battery aren't swollen, which would be an indication of ageing or overcharging. Ensure that no debris or moisture has accumulated between the terminals, as either could divert the electrical current and drain the battery. Keep an eye on the positive terminal as well, where an accumulation of sulfate could indicate an internal problem.

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Sobeys in Gimli picking up the fair trade scent

By Patricia Barrett

Coffee, chocolate and carpets may spring instantly to mind when one thinks of fair trade products, but flowers also fall under the fair trade banner.

And Sobeys in Gimli will be sweetening up its aisles in a few days when flowers from the Global South go on sale.

The grocery chain already offers a number of fair trade products but is taking another step towards helping workers in disadvantaged countries earn a decent living from their labours.

"They've [flowers] been around for a while," said Zack Gross, outreach coordinator for the Manitoba Council for International Cooperation (MCIC) and fair trade advocate for 46 years. "Mostly in port cities, such as Vancouver and Montreal."

Gross said roses are the most common fair trade flower, which are grown in Kenya and Ecuador.

In his bid to bring justice to workers in the Global South, Gross travels the province and the country, meeting with businesses and giving presentations to raise awareness of fair trade and fair trade certified products.

Consumers who purchase fair trade products help workers and producers in developing countries obtain fair wages and sustainable incomes.

Among Gross' network of fair trade advocates is John Forsyth of Winnipeg-based Florists Supply Ltd.

"They were 'quietly' promoting it," said Gross, who won a Lifetime Achievement Award last year from Fairtrade Canada.

"We've been trying to identify different florists in town [and around the province] and raise the issue of fair trade," he said.

Broadway Florists in Winnipeg has



PHOTO COURTESY OF JOHN FORSYTH OF FLORISTS SUPPLY LTD.
Sobeys in Gimli is expanding their fair trade products again and will have flowers available for purchase in the next few days.

come on board. So has a florist in Stonewall and another in Brandon.

Florists Supply Ltd., established in 1935, is a flower importer, wholesaler and manufacturer. It carries fresh flowers, floral supplies, permanent botanicals and giftware, and has offices in Saskatoon, Calgary, Edmonton and Vancouver.

"We tried to start a fair trade program back in 2006 or [2007]," said Forsyth, "... and we could not get it off the ground."

In 2014, a wholesaler in B.C. who was ready to retire asked Forsyth to take up the fair trade program again.

Forsyth said it is "starting to pick up some momentum."

Florists Supply buys flowers from farms in North America and Europe, as well as from farms in countries such as Mexico, Ecuador, Colombia,

Guatemala, Costa Rica, Peru, Kenya, South Africa and Thailand.

"I have been traveling to farms in South America for 17 years," he said, "and most of the farms already had a strong social component that ... always impressed me."

Forsyth said some of those social initiatives take the form of health care and funding for housing projects.

"We liked the impact those projects would have on not just the workers but the community. The farms supporting fair trade really, truly care about the workers and champion the projects proudly."

Consumers who buy fair trade flowers can have a great impact on those living in poorer countries.

"If a person purchasing flowers in Gimli can directly influence if a child goes to school or a mother has a pap

smear test that could save her life," said Forsyth, "it is hard not to want to support that."

Helping reduce workers' health risks in the production of flowers is another perk to buying fair trade.

There is, environmentally speaking, a difference between "regular" flowers and fair trade flowers.

"There are issues of health [for] people working with them," said Gross, referring to harmful chemicals used in some flower production sites.

Sobeys will be displaying a number of fair trade items next to the flowers to "make a bigger splash" and to "see what kind of response they get," he said.

As far as price goes, there is not much difference between fair trade flowers and regular flowers, depending on volume.

"The Fresh Carrot (in Gimli) brought in a supply of fair trade flowers a few years ago," said Gross. "That brings the price down."

Sobeys' willingness to give fair trade flowers a run may be down to Gross' gentle and persuasive demeanour. The advocate has convinced a number of local businesses and Gimli High School to join the fair trade movement and help promote social responsibility.

"The corporate world is catching on," said Gross.

Consumers in wealthy countries such as Canada are becoming aware of who's benefitting at the expense of workers in poorer countries.

"Why are we on this planet if it's to do well at other people's expense?" said Gross.

Fair trade flowers go on sale at Sobeys starting April 18 and will be, depending on demand, available until Mother's Day.

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Authorized by official agent

RM of Fisher unlicensed drainage work could divert water to Peguis First Nation

By Patricia Barrett

Unlicensed drainage work carried out by the RM Fisher a few years ago near Broad Valley has led to an ongoing dispute between landowners and could potentially cause the diversion of water from the Icelandic River watershed to the Fisher River watershed.

The RM had dug a half mile of ditch near Broad Valley that crossed the boundary line of the two watersheds, something that was not authorized by Conservation and Water Stewardship.

Tom Nevakshonoff, NDP MLA incumbent for the Interlake riding, became involved in 2011 after Broad Valley farmer David Hnatiuk spoke with Conservation and Water Stewardship about flooding on his land.

"That was the way it historically flowed," said Nevakshonoff, referring to the natural movement of water from a west to east direction towards the Icelandic River, "until the unlicensed work was done."

Nevakshonoff said the RM went be-



Local farmer Richard Woloshyn is frustrated by the water that is being forced onto his land because of drains.



EXPRESS PHOTOS BY PATRICIA BARRETT

The green line on the map indicates the boundary line between the Fisher River and the Icelandic River watersheds.

Advertorial

NDP Attempt Cover-up of Hospital ER Closures

The local NDP candidate was on the defensive this past week trying to cover up the hospital emergency room closures in the Interlake. The policies of Selinger's NDP have chased doctors and nurses away from Manitoba resulting in the closures of our emergency rooms. NDP waste is now threatening our essential frontline services.

A hospital without doctors on call or emergency care is no longer a hospital. Despite the NDP's attempt to put lipstick on a pig, the reality is that the emergency rooms have been shut down and ambulances have been put on diversion sending those in need of emergency care in the Interlake as far away as Pinawa. Interlake-Eastern CEO Ron Van Denakker acknowledged last week that there are doctors in the RHA in support of withdrawing their ER services if changes are not made. On March 22nd the Manitoba Medical Alliance stated that six Interlake-Eastman Regional Health Authority Hospitals were on diversion, including Ashern, Arborg, Gimli, Stonewall, Pinawa, and EM Crowe.

This means that lives will be lost in the Interlake due to the lack of emergency health services. It is unacceptable. The NDP have had 17 long years to get it right and all we have gotten is higher taxes and less service. Something isn't right. With the NDP, Manitobans are paying more and getting less.

The new Progressive Conservative Party and Brian Pallister have committed to fixing the doctor shortage, shortening wait times and will ensure we can keep our emergency rooms open in the Interlake. We should not have to go to Pinawa or Winnipeg to get emergency care.

Manitobans are tired of the same NDP broken promises and want a change for the better.

I will work to ensure our hospitals remain open. I want to be your voice in a new Progressive Conservative government. I ask for your support on April 19th.

Derek Johnson,
Progressive Conservative Candidate for Interlake

terial order.

"They [the RM] had a licence to clean the Broad Valley drain," said Nevakshonoff, who became minister of Conservation and Water Stewardship in 2015, "and went beyond the limit of the licence, crossing the watershed boundary."

The ditch could potentially divert water towards Peguis and Fisher River First Nations, which have experienced flooding.

In addition to that, Nevakshonoff said a bridge (or passageway) through an abandoned CN railway bed "was removed without licence."

The bridge was about three feet high and eight feet long. A natural creek flowed through it, passing through land farmed by Richard Woloshyn, who lives near Hnatiuk.

During a regular meeting of council April 6, Woloshyn appeared as a delegate, bringing crop insurance records showing the numbers of years he was unable to seed because it was too wet.

"We've lost so many crops already, and we're basically draining everything from the west," said Woloshyn.

When council asked about the bridge and its role in drainage, Woloshyn said it had "caved in many years ago."

"And ... for some reason, you guys went and put a brand new culvert in there. ... So it's emptying everything out of there," he said. "And to top it up yet, after, when they were ... cleaning out the Broad Valley Drain all the way

to the road allowance, I asked if we could extend the drain for a third of a mile, which Gordie [Coun. Fuz] did. He said they couldn't clean the bush, though, so I put my guys in there. It cost me \$3,500 in labour to take the bush out of there."

Water Stewardship had ordered the RM to install an 18-inch culvert at the bridge site about five years ago, which doesn't work properly, as it was installed above grade.

It impedes water flow, according to Hnatiuk, who spoke with the *Express* later in the week. The water ends up in the Broad Valley Drain, which takes water from his and other farmers' property in the area. In wet years, its inability to handle water flow causes significant flooding on his land.

"I wanted two- to three-foot culverts in there originally to replace the bridge," said Hnatiuk, "so it wouldn't restrict the flow of water."

Woloshyn told council that 18-inch culverts "will do enough damage. You don't need 30-inch culverts."

He asked council about a previous request he had made to have the culvert at the bridge site blocked, which would essentially turn the rail bed into a dike.

Reeve Shannon Pyziak read out a resolution council had passed and forwarded to Conservation and Water Stewardship, asking permission to

Continued on page 19

> YOUR FARM

Dairy Farmers of Manitoba meet in Winkler

By Harry Siemens

Dairy Farmers of Manitoba held a district spring meeting in Winkler on Monday, bringing farmers from a large area to town to hear updates on the organization's work.

One key issue that had producers asking lots of questions has to do with processing the milk that Manitoba produces.

"Processing is pretty much running flat out for the most part, particularly the butter powder processing," says board chair David Wiens, a Grunthal area dairy farmer.

"These are older plants that have come to the point where it is hard for them physically to put enough milk through to meet first of all the demands of the Canadian marketplace," he says. "For Manitoba's part of the national production, our plants can no longer handle the full capacity."

Production capacity varies somewhat, especially at the expanded Saputo plant in Brandon where they process on and to the demand for the more current products like fluid milk, cottage cheese, and sour cream.

"There you get more of a give and go," says Wiens. "They will simply produce enough for the immediate

market.

"Obviously that isn't the kind of product we can store like cheese and butter. Although that plant isn't running to full capacity, they are taking what they can in those particular products they make there."

Wiens says the biggest concern are the industrial plants, particularly the butter powder side where the capacity is well below demand.

"We're seeing some of that in other provinces too. Ontario is affected by it and some of these plants definitely need to be upgraded or rebuilt," he says. "Today we have the Parmalat fluid milk plant they're building in Winnipeg, a brand new plant and will be an excellent addition to what we do. At the same time, an old plant will close down. Certainly this provides the opportunity for Parmalat to increase their throughput in their Manitoba facilities."

The key factor, he says, is attracting more industrial processing for a more refinable product like the heavier milk protein concentrates and protein ingredients.

"That's where the demands of the marketplace are today and so the processing lines and capacity need

to shift, and that reinvestment needs to happen sooner than later," Wiens says. "If we can provide that market with what it wants in that particular area, well, that is a demand we can fulfil."

With supply management, if the situation arises where processors simply can't meet the demand, the Dairy Farmers of Manitoba, and Dairy Farmers of Canada can make the processing changes through quota adjustments, says Wiens, who is also vice chair of the national organization.

"Currently, our quota in this province is under issued. So what happens, the province receives its share of the national allocation, we have not been able to put out all of Manitoba's share to our producers because we don't have the processing capacity," he says. "If you have no one else to receive the milk in another province, there is very little we can do about it at this point. There is no point in producing the milk if you can't find a home for it."

In the past, Manitoba has moved some milk to different provinces. Before Christmas, some of their milk moved to a processing plant in Quebec. But that didn't last long. As fluid

processors cut back, it pushed Quebec farmers' milk into the industrial plants, leaving no room for Manitoba milk. The same happened in Vancouver.

"Our challenge then is we need to have this processing here in Manitoba. With milk, it makes a lot of sense. It's a bulky product to move and very costly," says Wiens. "Despite all that, production today compared to a year or two years ago is up in Manitoba."

While facing some challenges, it really isn't bad for the industry because the market is growing.

"If we went to the production we had a year ago, or even two years ago, we wouldn't been in such a tight position," Wiens says. "The point is, the market is growing and we want to be in the market."

In Canada, consumption of milk and related products is on the rise.

"So they aren't problems, but good challenges we need to face," says Wiens. "The question becomes: how do we position ourselves so can continue to meet the demands of the Canadian marketplace? Because there are all kinds of opportunities within those challenges."

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get inspired

> MEAL IDEAS

Crunchy wild rice salad with blackberry dressing



Prepare the wild rice up to 2 days in advance to make quick work of this gorgeous salad. A perfect accompaniment to any grilled or roasted meat, also a lovely side in a packed lunch. Serve warm or cold.

Recipe provided by CanolaInfo.org ©

Ingredients

- ½ cup (125 mL) wild rice
- 2 cups (500 mL) water
- ½ cup (125 mL) celery, diced

- ½ cup (125 mL) cucumber, diced
- ¼ cup (50 mL) green onion, chopped
- ½ cup (125 mL) fresh or frozen blackberries, divided
- 3 tbsp (45 mL) red wine vinegar
- 1 ½ tbsp (22 mL) canola oil
- 2 tsp (10 mL) granulated sugar
- ¼ tsp (1 mL) freshly ground pepper
- ¼ cup (50 mL) toasted pecans, chopped

Directions

In a large saucepan, combine rice and water. Bring to a boil, cover, reduce heat and simmer for 45-60 minutes, until grains have started to pop. Remove from heat with lid still on and allow to stand for 30-60 minutes until desired texture is achieved. Drain and cool.

In a large bowl, combine rice, celery, cucumber and green onion.

Prepare dressing: Whisk well or use blender to combine ¼ cup (50 mL) of the blackberries, red wine vinegar, canola oil, sugar and pepper.

When ready to serve, in a large bowl or individual plates, place rice mixture on bottom, sprinkle with remaining ¼ cup (50 mL) blackberries, pecans and drizzle attractively with dressing.

Melon Salad with Watercress and Oroblanco Vinaigrette



IngredientsServes 4

- 1 ripe canary or honeydew melon (about 2 pounds; see note)
- 2 Oroblanco or other seedless white grapefruits
- ½ cup fresh mint leaves, cut into chiffonade
- ½ cup finely diced Kite Hill truffle, dill, and chive soft fresh almond milk cheese (optional)
- ½ cup watercress, stems trimmed
- ¼ cup Oroblanco Vinaigrette (recipe follows)

- Flaked sea salt, such as Maldon
- Freshly ground black pepper

Canary melon: The bright-yellow canary melon gets its name from the color of the tiny bird. The flesh is actually light green, with a sweet flavor that is slightly tangier than that of honeydew. If canary melon is unavailable, substitute honeydew.

To prepare the melon: Slice a small disk off the bottom of the melon so it can stand upright on a cutting board. Cut the melon down the middle to halve it and scoop out the seeds and membranes with a tablespoon. Halve the melon pieces again, so you have four 1/2-inch thick slabs. Lay the slabs on the cutting board and, using a 1-inch round cutter, punch out 5 circles from each slab. Set aside. Discard the rind.

To segment the grapefruits: First slice off the top and bottom of each one and stand upright on a cutting board. Use a paring knife to cut off the skin and bitter white pith of the fruit in strips from top to bottom, following the natural round shape and turning the grapefruit as you go. Trim off any white pith that remains. Hold each grapefruit over a bowl to catch

We All Touch One Another: Make It A Nice Touch

"KIND WORDS CAN BE SHORT AND EASY TO SPEAK BUT THEIR ECHOES ARE TRULY ENDLESS."

MOTHER TERESA

It was a cold and windy March Sunday. For months I had been doing my exercising indoors, but the sun was shining and I thought it might be a good time to get back outside again. I kept wanting to find excuses to use my inside equipment, but a little voice in my head kept telling me to go for a walk. It was very insistent, so by four-thirty I hit the pavement.

It was much colder than it looked from inside the house. For a moment I thought that might be my excuse to go back, as it was quite windy and I did not bring hat or gloves. The voice told me to keep going.

I did not pass another soul until about three quarters of the way through my route. This lady was smart. She had hat, scarf and gloves. Still, she also looked cold. I smiled as we were about to pass and she stopped to say something.

"I love the articles you write," she said. I thanked her and was ready to continue on, but there was more. "Your articles have changed the way I live my life." I was deeply affected by these words, and thanked her

most sincerely.

As I continued my walk there were tears in my eyes. I wondered if she knew how profoundly her words had touched my heart. I have been writing for many, many years, for quite a few publications. I have received a lot of positive feedback, and that is what inspires me to keep writing.

To have my writing change the way someone lives her life is an honor beyond measure. To have the ability to touch the life of another soul in a positive way is, to me, a measure of our connectedness. It is a reminder that we are not so separate from one another as we might think.

There is a oneness that hold us all: the matrix upon which we live our individual lives.

Once in a while the spell of individuality is broken, as one soul touches another.

I thank you, special lady, for sharing such a meaningful message with me. And I thank that inner intuitive voice of mine that insisted that I get out there and walk, because there was someone I was supposed to meet.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit www.gwen.ca

the juices and carefully cut along the membranes on both sides of each segment to free it, letting the pieces drop into the bowl. Squeeze the juice from the grapefruit membranes into the bowl; you'll need the juice for the vinaigrette.

To serve: Arrange 5 melon rounds on each plate. Strew the mint ribbons over them. Scatter the grapefruit segments, cheese, if using, and watercress on top. Drizzle with the vinaigrette and season with flaked sea salt and pepper.

Oroblanco Vinaigrette

Makes about 1 cup

- 1/2 shallot, minced
- 2 garlic cloves, minced
- 4 fresh basil leaves, finely chopped
- Pinch of red pepper flakes
- 1/4 cup fresh Oroblanco grapefruit juice (reserved from salad)
- 1/4 cup white balsamic vinegar
- 1/4 cup extra-virgin olive oil
- 1/4 cup grapeseed oil
- Kosher salt and freshly ground black pepper

Combine the shallot, garlic, basil, and red pepper flakes in a small mixing bowl or a mason jar. Add the juice, vinegar, and oils, season with salt and black pepper, and whisk or shake vigorously to blend. Leftover vinaigrette can be kept covered in the refrigerator for up to 1 week.

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Hundreds back visa-free travel for Ukrainians petition

Former Selkirk-Interlake resident calls on gov't to grant Ukrainian citizens visa-free travel to Canada

By Lindsey Enns

A former Selkirk-Interlake resident's petition calling on the federal government to grant Ukrainian citizens visa-free travel to Canada for periods of stay of up to 90 days is receiving a flood of support.

Nick Krawetz, who currently lives in Winnipeg and is a member of Manitoba's Ukrainian community, is the author of "Petition 33" to Canada's House of Commons.

As of Monday afternoon, the petition, which can be found online at <https://petitions.parl.gc.ca/en/Petition/Details?Petition=e-33>, had garnered more than 2,000 signatures from people across Canada and six Manitoba MPs, including Selkirk-Interlake-Eastman MP James Bezan.

Canadians are able to travel to



NICK KRAWETZ

Ukraine for 90 days without a visa, and the European Union is begin-

ning to take steps towards including Ukraine in its visa-free regime and is hopeful that all conditions will be met in 2016, Bezan said in a release.

"The abolition of temporary resident visa requirements for Ukrainian citizens will allow the free movement of our citizens between our two nations," said Bezan, who has worked alongside Ukrainian officials in his previous role as parliamentary secretary to the minister of National Defence. "It will bring significant investment and exchange of knowledge between Canada and Ukraine and promote tourism."

Krawetz, who started the petition in Jan. 12, 2016, says it will be open to collect signatures online until May 11.

After the deadline, Krawetz said "hopefully Mr. Bezan will raise this issue in the House of Commons and then the federal government will have 45 days to post a response to the parliamentary website to this issue."

The 27-year-old said he was inspired to start the petition following his role as an observer in the Ukrainian elections.

He said if Canada follows suit with visa-free travel, potential business people or even students from the Ukraine who only want to come to Canada for a short time won't have to go through the complicated process of applying for a visa with no guarantees it will be approved.

Krawetz said when he started the petition he wasn't sure what level of response or support he would receive.

"I'm pretty surprised that Canadian's from every single province have actually supported this petition," he said. "From coast to coast to coast, literally people have supported this and I'm very pleased about that."

He added the petition is "building bridges" in the House of Commons as at least three political parties are showing their support for it.

> RM OF FISHER, FROM PG. 16

block it. She also read its reply:

"Conservation and Water Stewardship acknowledges the receipt of the attached resolution which requests permission to block the existing culvert located in northeast of 35-22-2W until a permanent solution to the drainage problem in the area is determined. Presently, Conservation and Water Stewardship cannot authorize the blocking of the culvert identified above. As council is aware, water has always flowed or drained through the railway bed at this location — previously through a bridge and now through a culvert."

In the communique, Conservation also indicated that it had meet with the RM in 2013 and "agreed that the situation would be monitored to ensure the culvert size was adequate to handle run-off during extreme flows. At no time was there any consideration given or discussion held contemplating the blockage or removal of the culvert in question."

After the response was read, council called for an in-camera meeting with Woloshyn.

Nevakshonoff said the reserves farther to the north "are sensitive to this kind of activity [water diversion], which is why we are so careful to [carry out] due process."

The role of Water Stewardship is "critical" in watershed management, he said. It "monitors and controls these types of situations. We have professional engineers on staff."

Text
message
limbo
for some
Interlakers



EXPRESS PHOTO BY PATRICIA BARRETT

Communications towers are experiencing "problems."

By Patricia Barrett

The ubiquitous text messages that so many Interlake mobile users depend on came to a gradual halt last week for some people, including staff at the *Express Weekly News*.

At first, text messages were taking a day or longer to load. Then starting about April 4, those using Bell and Telus, as far as we could determine, found themselves in text-message limbo. Some cannot receive calls.

A reporter's texts to a person using MTS's network weren't able to find their way, either. Nor were the responses.

When contacted April 7, a call centre representative at Bell said there is a "problem with the towers."

He wasn't able to elaborate on what towers are affected or the specific nature of the problem. He was also unable to indicate when the issue will be resolved.

Canadianoutages.com, which provides real-time maps of communications outages across the country including users' comments, indicated a faint yellow ring around Winnipeg and nearby towns for both Bell and Telus when viewed April 9. The chart also showed a large bright yellow ring around Winnipeg.

At press time, service was still unavailable.

Anyone experiencing difficulties trying to reach an *Express* reporter is encouraged to call the main office in Stonewall at 204-467-5836 and leave a message. Rest assured, we're not ignoring you.

A full house at Manitoba Fisheries forum

By Jeff Ward

More than 200 people packed into the University of Winnipeg's Eckhardt Gramatte Hall last Tuesday night to share their opinions on the future of Manitoba's fishing industry with both industry leaders and MLA candidates.

Attendees crowded the small room and listened to representatives from Commercial Fisheries Bill Buckles, Indigenous Fisheries Vince Crate, Recreational Fisheries Don Lamont, Manitoba Lodges & Outfitters Paul Turenne and Provincial Fishery manager Joe O'Connor. Joining them were representatives from four provincial parties: Dave Nickarz from the Green Party, Jon Gerrard from the Liberal Party, Shannon Martin from the PC Party and Zach Fleisher from the NDP.

The forum was organized by University of Winnipeg professor of biology and ecologist Scott Forbes, who said that he wanted to make sure the candidates got an accurate representation on the issues before the election. Representatives were given the floor to lay out the challenges they each faced, with each candidate given time to re-

spond. The night concluded with a Q & A period.

"I think the biggest issue is that we spend \$3.5 million managing a resource that brings back \$750 million to the Manitoba economy," said Forbes following the forum.

"It's pennies on the dollar in terms of management, and there have been massive cuts to Conservation and Water Stewardship focused on the fisheries. To my knowledge, there are 12 people in charge of managing the entire province. The problems that we're seeing in these areas all trickle down from simply not having enough people."

According to Forbes, there were dozens of issues raised during the forum, but one of the most important is how to manage the rapidly dwindling populations of walleye and sauger in lakes Manitoba, Winnipeg and Winni-

pegosis. He said that with the investment fishers make in their quotas, it's understandable that they'd fish the way they are; however, that is unsustainable and is leading to severely diminished populations.

Forbes said that sauger is virtually extinct in Lake Manitoba and the same goes for walleye on Lake Winnipeg. Forbes is in favour of seeing a change from economy-based management to biologically based management. But he's aware that his opinion isn't a popular one.

"If I had a half million dollars invested in my quota and some guy starts telling me that I need to fish more sustainably and that I can't fish the way I am, I'd be pretty upset as well. That's why I didn't speak at the forum. I want the stakeholders to speak and let the candidates hear the issues," said Forbes.

Vince Crate, who represents indigenous fishers in the north basin, spoke about the consequences of the Lake St. Martin Emergency Outlet and how the mud and debris have ruined the fishing industry up north. Pulling up nets filled with mud and dead fish and the cost of transportation of fish from the area have cut profits drastically.

Don Lamont spoke about recreational fishers and how all of the issues that hurt the commercial industry end up effecting recreation and, as a result, hurt tourism to the province. Forbes said that he intentionally made up the forum panel from each area of the fisheries industry to show how one issue can effect so many areas in such different ways.

"These issues need a little sunlight and that's why I organized the meeting. One of the great things about the forum is the wide range of diverse opinions we had. This is not the end of the discussion and we will continue to let elected officials know this is what's going on because it's very important to the province," said Forbes.

"ONE OF THE GREAT THINGS ABOUT THE FORUM IS THE WIDE RANGE OF DIVERSE OPINIONS WE HAD."

Moosehorn Hotel rebuilding



EXPRESS PHOTO COURTESY OF FACEBOOK

Construction has begun as the owners of the Moosehorn Hotel rebuild their business that was completely destroyed by fire in January 2015. The hotel had been a popular spot for locals to get together and had stood for more than 40 years. A completion date is unknown at this time.

PCs will provide lower taxes to build stronger economy

News Release

The Progressive Conservatives are the only party committed to lowering taxes for all Manitobans. With our better plan for a better Manitoba, we have provided a detailed and costed platform that will deliver lower taxes to build a stronger economy for all Manitobans.

"Our goal is to become the most improved province in Canada in family tax relief," said PC Leader Brian Pallister. "Pay more, get less is the Selinger NDP record. Despite paying some of the highest taxes in Canada, Manitoba ranks last in health care and education results."

The Progressive Conservative better plan for tax relief includes:

- Reducing the PST to 7 per cent in our first term.
- Indexing the tax brackets and the basic personal exemption by the rate of inflation within our first full budget year.
- Further raising the basic personal exemption towards the national average within our first term.
- Cancelling the NDP vote tax

subsidy for political parties, saving taxpayers \$2.4 million.

The Selinger NDP promised not to raise taxes last election. By broadening the PST base to tax more goods and services and increasing the rate of the PST to eight per cent, the Selinger NDP have taken more than \$1 billion from the pockets of Manitobans.

The Selinger NDP has taken approximately \$5,000 more off the average family's kitchen table since 2011. Under the Selinger NDP, the average Manitoba family pays more than \$4,000 in additional income taxes and PST every year compared to our neighbours in Saskatchewan.

"Tax relief is essential to grow our economy and create jobs," added Pallister. "The NDP are promising hundreds of millions of dollars this election, but refuse to tell Manitobans just how much higher they will raise taxes to pay for them. He has no choice but to raise the PST. Will Greg Selinger come clean with Manitobans and say whether he will raise it to nine or 10 per cent?"

Community rallies around friend waiting for liver transplant

Fundraiser for Gunton man planned for April 30

By Natasha Tersigni

Any day now, 33-year-old Riley Nault is hoping to receive a phone call that a liver donor has become available.

Riley, who is currently third on the Canadian Organ Replacement Register for a liver transplant, and his wife Robyn will have to fly to Toronto for the life-saving operation within hours of receiving the news.

To help Riley cover the cost of the trip, local community members will be hosting a fundraiser in Gunton on April 30. There are several expenses not covered by Manitoba Health, including airfare to Toronto and hotel costs.

Nault, who grew up in Gunton and still has family in the community, was diagnosed with cirrhosis of the liver, an auto-immune disease, on Christmas Eve. Since then, the father of two has endured countless doctor appointments and health scares, including being rushed to the hospital on Valentine's Day after his liver shut down.

After numerous visits to the specialist in Winnipeg and an assessment in Toronto, it was decided by doctors that the only way Riley will survive is if he has a liver transplant. With his health deteriorating, Riley, a self-employed truck driver, had to stop work-

ing while his wife had to quit her job to take care of him.

With the family's financial burden continuing to rise, and having to soon include travel costs to Toronto for the transplant, the community of Gunton is rallying behind the family to relieve some of the financial stress.

"We're hoping the community will come out and help support the family," said Carla Buchanan, who is helping to organize the fundraiser.

"The trip to Toronto alone will not be cheap with airfare, food, hotel and transportation. Any extra raised will help in covering everyday living expenses."

The fundraiser will be held at the Gunton Greenwood Memorial Hall and includes two painting sessions with a dinner in between the sessions.

During the afternoon, from 2 to 4 p.m., there will be a family paint event with tickets at \$25 per person. A pork supper will be held from 5 to 6:30 p.m.

Following dinner, an adult painting event will take place from 7:30 to 9 p.m. with tickets costing \$40. As well, there will be a silent auction and 50/50 draws.

All money raised will be donated to the Nault family.

To purchase dinner or paint event tickets or to make a monetary dona-



EXPRESS PHOTO SUBMITTED

A community paint event and dinner fundraiser will be held on April 30 at the Gunton Greenwood Memorial Hall to help raise funds for Riley Nault and his family. Nault is currently waiting for a life-saving donor operation. Riley and Robyn eloped on Jan. 1, 2016, with their boys, 10-year-old Brenden and 14-year-old Mathew. The couple has been together for 16 years.

tion, contact Lean Robertson at 204-461-1623 or Carla Buchanan at 204-886-2564.

A Go Fund Me page for Riley Nault has been set up at www.gofundme.com/tqq524yc.

Parkinson's changes everything during April Awareness Month

Staff

Parkinson's changes everything. It is a disease of the brain that touches almost every aspect of daily living, including movement, mood, speech, eating and drinking, sleep and cognitive changes. It worsens over time, robbing a person of independence through increasing complications and ultimately resulting in premature death. There is no known cause or cure for Parkinson's disease.

Right now in Canada, some 100,000 individuals with Parkinson's are struggling with the stigma and daily challenges of living with this complex neurological disease. By 2031, the Parkinson's population is expected to double. With 10 more people diagnosed every day in Canada, chances are you or someone you know or love will be affected.

"The need for support, education,

medical specialists and research is more urgent than ever," says Joyce Gordon, CEO, Parkinson Canada. "This April, we will be informing Canadians about the impact of Parkinson's and that they can find help and hope at Parkinson Canada."

It takes communities of caregivers, health professionals, volunteers, staff, researchers and donors to educate, advocate for and support people living with Parkinson's and their families, as well as continue the search for a cure. From tulip sales to webinars and from a wing-eating contest to research presentations, Parkinson communities across the country are stepping up with events and activities during Parkinson Awareness Month this April.

Parkinson Canada is also offering two cross-Canada webinars. Voice and communications therapies in

Parkinson's disease: Evidence, timing and techniques will be presented by Dr. Angela Roberts, speech-language pathologist and a Parkinson Canada-funded researcher, on April 15 from noon to 1 p.m. EDT. You will need a computer and Internet access and advance registration is required.

A French-language webinar for caregivers will be presented on April 28 from 6:30 to 7:45 p.m. Social worker Jennifer Héroux-Bourduas and care partner Cecilia Gaudet will discuss coping strategies when caring for someone living with a progressive neurological disease. Free registration at www.lereseauaidant.ca.

The Gimli and area Parkinson support group meets at the Betel Home boardroom on the third Tuesday of every month with the exception of June, July and August.

Their next meeting is at 2 p.m. on

April 19.

In May, the group has a guest speaker who was diagnosed with Parkinson's five years ago. He will be sharing his story and talking about how his body building has helped support his illness. This meeting will begin at 1:30 p.m. on May 17.

The Gimli branch, which includes Arborg, Riverton, Selkirk and surrounding communities, is also gearing up for the 12th Annual Parkinson SuperWalk planned for Sept. 18 and will have a planning committee meeting in May. If anyone is interested in joining please contact Gary Einarson at 204-642-7365.

For details about what's happening in your community, visit the interactive map at www.Parkinson.ca for local event listings.

Petersfield man saves drowning dog in Netley Creek

By Lindsey Enns

A quick-thinking Petersfield man is being credited with saving a near drowning dog after she fell through the ice along Netley Creek last Friday.

Ashley Fisher's 10-year-old border collie/blue heeler cross named Shaya wandered away from their yard in Petersfield and ended up far into the middle of the ice along Netley Creek when she suddenly fell through last Friday morning.

From his own home in Petersfield, which backs onto Netley Creek, Kyle Wilkinson could hear dogs barking. When he looked out his window, he could see a black dog had fallen through the ice and was struggling to come up for air.

Although Wilkinson's wife called 911, he knew the dog didn't have much time so he decided to get dressed, grabbed a life jacket and got out his canoe and some gear and headed out onto the icy creek.

"I waited down on the shore for about 10 minutes and the dog kept going down more and more," he said. "I didn't hear the sirens from the fire department so I put my life jacket on and I walked about halfway out with the canoe ... and pushed myself onto the ice and made it out to the dog."

Wilkinson said at first Shaya wanted nothing to do with him. She kept swimming away, but then he got a



EXPRESS PHOTO BY LINDSEY ENNS

Kyle Wilkinson visits with Ashley Fisher's 10-year-old border collie/blue heeler cross Shaya at Fisher's home in Petersfield on Sunday. Wilkinson rescued the family pet after she fell through some ice while walking out on Netley Creek.

hold of her collar and pulled her into the canoe. At that point, members of the Clandeboyne Fire Department had just arrived.

Wilkinson said he doesn't believe the dog would have made it any longer.

"She was out there for about 35 minutes," he said.

Fisher said sometimes their dogs like to wander off but this is the first time something like this has happened.

"I didn't know what to think. ... I was so scared," she said. "I was just on my

way home from a friend's house in Selkirk when I got the call."

The 19-year-old said she went straight to Wilkinson's home to pick up her dog and thanked him for saving her.

Fisher said she was really grateful for what Wilkinson did.

Wilkinson said his family just recently lost their family pet so that pushed him to help out.

"That was heart-breaking because that was our third baby for our family, so what went through in my head is 'That's somebody else's baby,'" he said.

"I would never put myself at any risk ... at no point did I do anything unsafe. I know the ice quite well, I do a lot of ice fishing. I grew up here and I knew I could get out there safely so I called my father ... to come down and give me a hand."

Although Wilkinson and Shaya were able to make it out of the creek safely, he doesn't recommend anyone go out onto thin ice for any reason.

"I wouldn't recommend it to anybody to do it, that's for sure ... but I knew what I was doing," he said. "I've dealt with the ice and the water my entire life."

During a quick visit on Sunday, Fisher thanked Wilkinson again in person and gave him card with a gift card inside.

Grain elevator project helping to preserve prairie history

By Natasha Tersigni

It was not too long ago that grain elevators were a staple of the rural landscape in Manitoba — a symbol of a thriving agriculture community.

In the 1950s, there were over 700 grain elevators populating rural villages, hamlets and towns.

With just 200 elevators left in existence today, the Manitoba Historical Society (MHS) is setting out to gather information on all provincial grain elevators, whether they are still standing or not, for their project "This Old Grain Elevator."

To help with the collection of information, the MHS has developed a website where the public can upload elevator pictures or submit historical information of any provincial grain elevator, including present status of elevators, names of companies, owners and agents, rail lines, year elevators were built and dates when they were torn down.

Gordon Goldsborough and other members of the MHS are setting out to get as much information from the

public about grain elevators in the province before it is too late.

"For the last six years, I have been mapping historical buildings in the province and I began to realize that there aren't as many grain elevators as there use to be. I began to do some inquiries and it turned out that my initial perception was right, that a great number of grain elevators have disappeared over the last 10 to 15 years. In fact, many of the remaining ones will be gone in the next 10 years," said Goldsborough.

"If you ask anyone what a symbol of the prairies is, they will often say a grain elevator, but in fact that will probably not be the case in our lifetime; the vast majority will be gone. It is important, therefore, to capture as much information about these elevators as we can now."

Information or pictures for This Old Grain Elevator project can be uploaded at mhs.mb.ca/docs/sites/thisoldellevator.shtml or emailed to elevators@mhs.mb.ca.



EXPRESS PHOTO BY NATASHA TERSIGNI

A new project launched by the Manitoba Historical Society is looking for information and photos on grain elevators in the province.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Reimer taking bite out of competition with Sharks

By Brian Bowman

It appears that the trade from Toronto to San Jose has been a real good one for James Reimer.

San Jose acquired Reimer to be a backup to first-year starter Martin Jones six weeks ago, but the Morweena native has been outstanding during his short tenure with the Sharks.

Reimer made 29 saves to shut out the playoff-bound Minnesota Wild last week. With San Jose, Reimer had an impressive 6-2 record and three shutouts heading into last weekend's action.

His goals-against average in San Jose was equally as good at 1.62

while his save percentage was .938.

Reimer, a former Interlake Lightning, was traded to the Sharks back on Feb. 27 for goalie Alex Stalock, forward Ben Smith, and a conditional fourth-rounder in the 2018 NHL draft.

Reimer, a pending unrestricted free agent, has seen quite a bit of action recently. He won road games in Vancouver (March 29), Nashville (April 2) and Minnesota (April 5).

In those three games, Reimer allowed just three goals.

The Sharks will face the Los Angeles Kings in first round of Stanley Cup playoffs with Game 1 taking place Thursday, April 14.



PHOTO FROM THE SAN JOSE SHARKS' WEBSITE

James Reimer of Morweena has been very good during his time with the San Jose Sharks this season.

Peguis begins play today at Keystone Cup

By Brian Bowman

The first day of the 2016 Keystone Cup in Regina will be an important one for the Peguis Juniors.

Peguis began action today with games against the North Peace Navi-

gators from British Columbia and the Extreme Hockey Regina Capitals from Saskatchewan.

The Juniors will then play the AGI Insurance Quakers tomorrow afternoon before wrapping up round-ro-

bin play Saturday with games against the 100 Mile House Wranglers and the Thunder Bay Northern Hawks.

Playoff games are set for Sunday.

Peguis earned the right to represent Manitoba at the Western Cana-

dian Junior "B" Championship after sweeping the Selkirk Fishermen in their best-of-seven series.

The Juniors finished the regular season with the KJHL's best record at 28-4-0-2.

SCI to host 'Hoops for Hope' later this month

Basketball 3-on-3 tourney set for April 29

By Brian Bowman

Stonewall Collegiate will be hosting its fifth cancer awareness fundraiser — Hoops for Hope 2016 — on April 29.

The 24-hour event, which begins at 4 p.m., features a 3-on-3 basketball tournament to raise money and awareness for Cancer Care Manitoba.

"Within the weekend we have probably 500 to 1,000 people come through the door," said Curtis Grieve, a Stonewall Collegiate phys-ed. teacher, last week.

Participants in the tournament range from Grade 1 students to adults. Entries for the tournament are

still coming in before the April 20 deadline. Cost is \$25 per player, which includes a souvenir T-shirt.

In the past, the event has attracted upwards to 50 teams. Last year's event collected \$12,154 and Grieve estimated that they have raised about \$50,000 in the previous four Hoops for Hope tournaments.

Besides the basketball, the event will have a pancake breakfast, a canteen, and some great prizes for a silent auction. Prizes will also be awarded for the teams that garner the most pledges.

Grieve said the community does a tremendous job coming out to support the event. Everyone, in some form, has been affected by cancer. SCI staff

members have personally been forced to battle the disease.

Local businesses have also been extremely supportive of the Hoops for Hope tournament.

"Businesses around town have been fantastic between donations for the pancake breakfast, to silent auction stuff, to cash donations," Grieve stressed. "Without the donations in the community, this event would never fly and be as big as it is. Our silent auction is fantastic every year and filled with amazing prizes."

"Without getting that from our locals, we just couldn't do this."

For more information on how to support the event and to register, please contact Curtis Grieve at 204-467-5539 or at cgrieve@isd21.mb.ca.

Loewen's season ends with Game 7 loss

Staff
Jermaine Loewen's season with the Kamloops Blazers came to an end last week in Kelowna as the Rockets won 2-1 in overtime to win the best-of-seven, first-round series 4-3.

The Blazers had a great effort in the series as they pushed the defending Western Hockey League champions to the full seven games.

After an 0-6 start to the regular season, Kamloops went 38-19-5-4 in

their final 66 games to finish fourth in the Western Conference standings.

Loewen had a good season, finishing with eight goals (one game winner and another on the power play) and 15 points in 67 regular-season games. The 6-foot-3, 205-pound power forward from Arborg also had 96 penalty minutes.

In the playoffs, Loewen was a minus-1 with eight PMs.



Arborg's Jermaine Loewen enjoyed a good season with the WHL's Kamloops Blazers, scoring eight goals and producing 15 points.

take a break > GAMES

SUDOKU

		2	9				8	1
		9			5			
5					6			
		7	1				3	9
	5	4					2	
8								
			7				1	
	9	3						
7				6	2			8

Level: Intermediate

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

8	7	6	2	9	3	5	1	7
2	9	7	8	1	5	3	6	4
5	1	3	6	4	7	9	8	2
9	5	4	7	6	2	1	3	8
7	2	1	3	8	9	4	5	6
6	3	8	4	5	1	7	2	9
3	6	9	1	2	4	8	7	5
4	7	2	5	3	8	6	9	1
1	8	5	9	7	6	2	4	3

Sudoku Answer

T	d	H	S			G	C	E		D	I	R
O	V	C	V	C		N	I	G		T	E	B
D	E	V	V	B		I	N	V		V	B	B
R	E	R	B	B	A	S						
						E						
R	U	E	S	S	I	O	N	N	O	C		
S	E	F	V	R	T	S						
S	T	I	L	A								
						P						
						T	S	I	N	O	I	S
						S	E	S	U	O	H	E
S	V	B	V			P	S	T				
N	H	V	H			R	I	V				
C	S	C				P	V	H				

Crossword Answer



CROSSWORD

- CLUES ACROSS**
- 1. Crooned
 - 5. Luck
 - 8. Cosecant function
 - 11. Rock bands play here
 - 13. Surrounds the earth
 - 14. Jessica ___
 - 15. A type of clique
 - 16. No seats available
 - 17. Greek sophist
 - 18. Stiff hair
 - 20. Recipe measurement (abbr.)
 - 21. Legal periodical
 - 22. Saloons
 - 25. He tricks you
 - 30. Closing over
 - 31. Man's best friend is one
 - 32. Distinguish oneself
 - 33. Immoralities
 - 38. Marsh elder
 - 41. Blasts
 - 43. A discerning judge
 - 45. Avenge for a wrong
 - 48. Doctors' group
 - 49. Jerry's friend
 - 50. Type of sword
 - 55. Swedish rock group
 - 56. Black tropical American cuckoo
 - 57. Blatted
 - 59. Cain and ___
 - 60. Strong liquor flavored with juniper berries
 - 61. Cocoa bean
 - 62. Get free of
 - 63. Cardiograph
 - 64. A cargo (abbr.)

- CLUES DOWN**
- 1. A baglike structure in a plant or animal
 - 2. Bird genus
 - 3. One point east of northeast

1	2	3	4		5	6	7		8	9	10
11				12		13			14		
15						16			17		
	18				19	20			21		
				22	23			24			
25	26	27	28	29							
30						31					
32								33	34	35	36
				38	39	40		41	42		
				43			44				
	45	46	47								
	48				49			50	51	52	53
55					56				57		58
59					60				61		
62					63				64		

- 4. A type of fly
- 5. Hurry
- 6. Lighter-than-air craft
- 7. Ask to marry
- 8. Thick rope made of wire
- 9. Imposters
- 10. Central nervous system
- 12. Pie ___ mode
- 14. Robert ___, poet
- 19. Dwelt
- 23. Firewood
- 24. Voices
- 25. Water in the solid state
- 26. Superman's foe
- 27. Chris Paul's team (abbr.)
- 28. Employ
- 29. Mineral
- 34. Vessel

- 35. Nigerian City
- 36. Romania
- 37. Sirius Satellite Radio (abbr.)
- 39. Potential difference
- 40. A class of synthetic detergents
- 41. Drunkard
- 42. Doesn't win or lose
- 44. Appellative
- 45. Spiritual leader
- 46. Implant
- 47. Language (Afrikaans)
- 51. Basics
- 52. A one-time Giants center
- 53. Every one of two or more
- 54. A way to gather
- 55. Swiss river
- 58. Small spot

Classifieds



Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

AUCTION

Meysers Auction. 560 sq. ft. house by auction. 185 Hwy #5 North Lot B Neepawa, MB. 1 p.m. April 23. Bradley Meyers, Auctioneer www.meyersauctions.com

APARTMENT FOR RENT

2 bachelor suites available to rent. Oak Park Lodge, Woodlands. Call Lori-Ann 204-383-5478.

STEEL BUILDINGS

Steel Building Sale ... "clear out pricing in effect now!" 20x20 \$5,444; 25x26 \$6,275; 30x30 \$8,489; 32x34 \$10,328; 42x50 \$15,866. One end wall included. Pioneer Steel 1-800-668-5422 www.pioneersteel.ca

HELP WANTED

Hiring Junior Summer Program Coordinator - Green Acres Art Centre is a non-profit dedicated to promoting arts and culture in Teulon and surrounding area. We are seeking a creative, enthusiastic and reliable student between the age of 18 and 30 to provide summer administrative support under the direction of the Board of Directors. The position will be 40 hrs/wk for 16 weeks beginning May 9th and is dependent on Canada Summer Jobs Funding. Priority will be given to Aboriginal students and members of a minority group. See www.greenacresartcentre.org for full ad and application details.

HELP WANTED

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

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Healthcare Documentation Specialists are in huge demand. Employers want CanScribe graduates. A great work-from-home career! Train with Canada's best-rated program. Enroll today. www.canscribe.com. 1-800-466-1535. info@canscribe.com.

SERVICES

Have you been denied Canada Pension Plan disability benefits? The Disability Claims Advocacy Clinic can help you appeal. Call 1-877-793-3222 Website: www.dcac.ca Email: info@dcac.ca

BUSINESS OPPORTUNITY

Established rural weekly newspaper. Business shows good numbers. Upper level is vacant, but has potential for 3 apartments that would show great return! Contact Rick Taylor, Homelife Home Professional Realty Inc. Call 204-867-7551 or email rtaylor@homelife.com

Get free vending machines. Can earn \$100,000 + per year. All cash - locations provided. Protected territories. Interest free financing. Full details call now 1-866-668-6629 website www.tvend.com

MISCELLANEOUS

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. SOLAR equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

Sawmills from only \$4,397 - make money & save money with your own bandmill - cut lumber any dimension. In stock ready to ship. Free info & DVD: www.Norwood-Sawmills.com/400OT 1-800-566-6899 Ext: 400OT.

Reforestation nursery seedlings of hardy trees, shrubs, & berries for shelterbelts or landscaping. Spruce & Pine from \$0.99/tree. Free shipping. Replacement guarantee. 1-866-873-3846 or www.treetime.ca.

VACATION/TRAVEL

Save 30% on our Heart of the Arctic Adventure. Visit Inuit communities in Greenland and Nunavut aboard the comfortable 198-passenger Ocean Endeavour. Call for details! 1-800-363-7566 or visit: www.adventurecanada.com. OICO#04001400

MUSICAL INSTRUCTION

Fiddle, Guitar and Mandolin lessons for all ages. In the Selkirk, Matlock/Wpg. Beach areas. Call 204-481-0189 after 4 p.m. For these lessons at Riverton District Friendship Centre call 204-378-2800.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@hotmail.com

LIVESTOCK

Charolais yearling bulls for sale, Red Factor or White. Also 1 Red Factor 2 year old. Good prices. Good birth weights. Call John at 204-383-0308.

For sale - red & black yearling and 2 year old Angus bulls. Will semen test. Delivery available. Call Wayne 204-383-5802 or 204-383-0100.

LIVESTOCK

Polled Pedigreed Salers Bulls on farm and at Douglas Station. Red or black. High performance herd. Can arrange delivery. www.sweetlandalers.com Ken Sweetland, Lundar, MB 204-762-5512.

POTATOES FOR SALE

Potatoes - Red, Yellow & Russet. Onions, cabbage, beets, turnips, parsnips & honey. Deer feed, \$9; black oil sunflower seeds, \$21. Interlake Potato Farm, phone 204-886-2676. 1 mile N. of Teulon on #7 & 1 mile E. on Rd. 95N.

FEED AND SEED

Forage seed for sale: Organic & conventional: Sweet Clover, Alfalfa, Red Clover, Smooth Brome, Meadow Brome, Crested Wheatgrass, Timothy, etc. Free delivery! Birch Rose Acres Ltd. 306-863-2900.

FOR LEASE

Amma's Tea Room

Gimli, MB

204-642-4611

RURAL MUNICIPALITY OF GRAHAMDALE PUBLIC NOTICE REGARDING THE 2016 FINANCIAL PLAN

Public Notice is hereby given pursuant to Subsection 162(2) of The Municipal Act, that the Council of the R.M. of Grahamdale intends to present its Financial Plan for the fiscal year 2016 at a Public Hearing in the R.M. of Grahamdale Council Chambers, 23 Government Road, Moosehorn, MB on **Thursday, April 28, 2016 at 7:00 p.m.**

The purpose of the Public Hearing is to allow any interested person to make representation, ask questions or register an objection to the Financial Plan as provided.

Copies of the Financial Plan will be available for review on the 18th day of April, 2016 and may be examined by any person during regular office hours at the Municipal Office or on our website at www.grahamdale.ca.

Dated this 18th day of March, 2016.

Shelly Schwitek, CMMA
Chief Administrative Officer
RM of Grahamdale

Arborg Community Cemetery

Tenders are being taken for the lawn care and general maintenance of cemetery grounds for the 2016 cutting season. Tenders should include cost per cut. Fuel and machinery to be provided by successful tender. **Apply to:**
Kris Gudmundson between April 1st and April 30th, 2016
Box 234 Arborg, Manitoba.

Ashern Home Hardware We are Hiring!

Seasonal Part Time Salesperson,
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Guaranteed 16 hrs. per week.

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- High School Diploma, Driver's License, and own transportation.
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Drop resumes at #26 Railway Avenue, Ashern, fax to 204-768-2629, or e-mail to jason.carpenter@homehardware.ca

Thank you to all applicants for their interest, however only qualified applicants will be contacted for an interview.

RURAL MUNICIPALITY OF GIMLI INVITATION TO TENDER

CLOSING DATE: Wednesday, April 27, 2016, at Noon

The Rural Municipality of Gimli is accepting tenders for the following:

The Rural Municipality of Gimli is accepting sealed tenders for the construction of a commercial grade, accessible washroom facility near Gimli Beach. The washrooms will be serviced by municipal sewer and water, the RM will install the services up to the building. The construction must be completed according to specifications by June 24, 2016.

Detailed tender packages complete with specifications are available to interested bidders on the RM of Gimli website, www.gimli.ca, or at the Municipal Office, 62 2nd Avenue, between the hours of 9:00 am to 5:00 pm, Monday to Friday.

Any questions related to the tender can be directed to:

Kristin Strachan
Assistant CAO
Rural Municipality of Gimli
Phone: (204) 642-6657
kstrachan@rmgimli.com

The RM of Gimli reserves the right to reject any or all bids, to waive irregularities and informalities therein, and to award the tender in the best interest of the RM of Gimli in its sole discretion. Lowest bid may not be accepted. Council may consider a 10% price variance for local bidders. Contractors must comply with Municipal requirements for liability insurance, WCB coverage and business licensing to be eligible to be awarded the contract.

Don't forget to send your special wishes to your friends and family.

204-467-5836 classifieds@expressweeklynews.ca

Ashern Auction Mart - Farm Market Report Week of Apr. 6 • No. of Cattle: 1430 Total Slaughter Cattle 100 Total Feeder Cattle 1330

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LAND FOR SALE

Total 420 acres in 2 parcels kitty corner to each other, in the RM of Armstrong and the RM of Fisher.

- **NW-35-21-1-W & SW-35-21-1-W:** 260 acres - 200 cultivated, 60 acres bush/pasture.
- **SE-3-22-1-W:** 160 acres - 100 open 60 bush/pasture

Any questions regarding the property call 204-641-2721

The land will be sold subject to lawyer's approval and subject to sub-division being approved.

McSherry Auction Service Ltd

AUCTION SALE RUTH FALK SAWATZKY (LATE ABE)

Sunday April 24th @ 10:00 am

**41 Richard St.
Stony Mountain, MB
Contact: (204) 344-5595**

Recreation: 87 Dodge 2500 Classic Royal Leisure Van Roof & Dash A/C 87,693 Km - Safetied* Norland 4 Wheel Gas Pit Car * 70 Motobecane 49 cc Moped * 7.5 HP Outboards * Camping * Fishing * Yard-J D 655 Cab MFWA Hyd * 3PH w JD FEL * Muratori 3PH 48" Rotovator * McKee Frt Mt 60" Snowblower -Elec Wood Splitter * JD 3PH 6' Blade * JD LX 178 Hyd R Mower * JD 100 R Mower * Case 118 R Mower * Case Yard Trailer * Rear Tine Tiller * Crafts 6.75 HP 22" Weed Eater * Jari 3 PH Sickle Mower * Push Mowers * Snow blowers * Gas Dethacher * Mini Roto Tillers * Trailer Yard Sprayer * Elec Pole Saw * Hand Yard Tools * Patio Furniture * **Tools** * Mac Tool Cabinet * Tool Cabinet * Snap On 1650 lb Elec Pressure Washer * Air Chisel * Snap On 1/4" Torch Meter * Snap on Wrenches * Snap on Socket Sets * Coats 40-40A Tire Machine * Metal Band Saw * 20 Ton Hyd Press * 250 Amp Welder * Mig Welder * Arc Welder * Drill Press Wood Lathe * Table Saws * Acetylene Torches * Air Compressors * Gas Air Compressor * Sandblaster * Battery Charger * Band Saw * Scroll Saw * 12" Planer * Metal Cut Off Saw * Power Tools * Air Tools * Power Pac * Various Testers * Shop Crane * Floor Jack * Wrenches * Socket Sets Up to 3/4" * Impact Sockets * Much Larger Amount of Tools! Misc. * B H 8' Flat Deck * Utility Trailer * New 10' x 17' Car Port * Karcher Mdl HD 5500 Heated Pressure Washer * 5000 Watt Generator * Platform Scale * Pallet Jack * Al Multi Ladder * Load Binders * Load Strap Ratchets * Welding Table * 25' Welding Cable * Truck Tool Box * Trailer Light Kits * Set Torsion Axles * Home Repair Items * Various Lumber * Plywood * Welding Material * Antiques * Parade Mini Model T Fire Truck Gas Powered * 60's JD Pedal Tractor * Chain Saw * Gas Fire Dept 3" Water Pump * Steel Wheels * Household *

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BUILDING SUPPLY & EQUIPMENT SALE

Sat April 16th @ 10:00 am

2 Semi Loads of Lumber * Rafter Packages * Windows * Home Repair Items * Tool Cabinets * Tire Machine * Large Amount of Tools * Semi Frt Trailers * Skid Steer Dozer Blade * 3 PH RotoVator * 3PH Wood Chipper * New Storage Shelters * Quad * Boat * Snowmobile * Farm Equipment

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NEWS TIPS Call 467-5836

McSherry Auction Service Ltd

CLOSE OUT AUCTION LANDSCAPING & TREE SERVICE

Saturday April 30th @ 10:00 am

**East St Paul, MB
3184 Henderson Hwy
5 Mins North of 101 Perimeter
Contact: Kim (204) 951-1861 or text
Brad (204) 818-0420**

Skidsteer & Equip * Bobcat 7753 Dsl, Enclosed Cab w Heater, Bucket 4,200 Hrs * Stevens Skid Steer Mt 3 Blade Hyd Tree Spade* Hyd Skid Steer Auger * Pintle Hitch 16' Flatdeck Tandem Trailer * B H 12' Flat Deck Trailer * Hyd. Wood Splitter * Walk Behind Gas Sod Cutter * FMC Tree / Turf Sprayer * **Antique Car** *1930 Ford Model A Town Car * **Yard & Recreation** *2) Yard Sheds * 82 Honda Silverwing 500 cc * Woods RM 400 3 PH 60" Finishing Mower * 3PH 60" Rotovator * Snowblowers * 50 Gal Water Trailer * Push Gas Mower * Sprayer * Patio Furniture * **Tools** * Table Saw * Wood Band Saw * Karcher Pressure Washer * 1HP Dust Collector * Radial Arm Saw * Acetylene Torches * Drill Press * Pipe Bender * Pedestal Tire Changer * Stihl Chainsaw * Power Tools * Shop 2 Ton Crane * Building Jack * Hand Tools * Wrenches * Socket Sets * **Material** * Tank w Stands * Plumbing Fittings * Infloor Piping * Electrical Items * Welding Material * Windows * Lumber * Plywood * Bridge Timbers * Chain Link Gate * 33" Tree Wire Baskets * Home Repair * Misc Poly Barrels * Landscaping Transit * Scaffolding * Briggs & Stratton Engine * Arborist Climbing Equip * Alum Step * 8 Hole Rims * Tires * Trailer Lights * Receiver Hitch * Chain & Hooks * Load Strapping * Alum Folding Loading Ramps * Office Items * Wood Heater * Construction Heater * 8 Boxes Furnace Filters * Antique Heater *

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FARM AUCTION SALE DON CHESLOCK

Sat April 23rd @ 10:00 am

**St Andrews, MB
Jct. Hwy 8 & Hwy 67 North 2 Miles
on Hwy 8 then 1 1/2 mile Easton Rd 79
Internet Bidding @ Bidspotter.com
Contact: (204) 485-4833**

Tractors Case IH 7210 Magnum Cab P Shift 3PH Duals 4752 Hrs. * 10 Case IH 45A 3 PH 283 Hrs * JD 5010 * MH. * AC B * **Equipment-** JD 7720 Titan II Combine * JD 222 22' Straight Cut Header * Coop 722 Cab Dsl 22' Swather * 12 Farm King 6640 1000 PTO Grain Vac *2 Case IH 7200 28' Hoe Drill * Int 6200 20' Press Drill * 2) Int 310 15' Discer Seeders * Farm King 50' Diamond Harrows * Int 5000 18' Vibra Chisel * Coop 806 15' Deep Tiller * 3 Yard Hyd. Scraper * Eureka Potato Planter * MH PTO Drive Potato Digger * Farm King 620 6' Trailer Style Rotary Mower * Along w Augers * More Tillage & Misc Equip * Farm Misc * Antiques *

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ATTENTION HORSE OWNERS

Interlake Cattleman's Coop Assoc. Ltd. will be holding a **horse sale**

along with our regular feeder sale on **Wednesday, April 20, 2016**

The horses will sell after the feeders If you wish to consign horses for this sale or have any questions please contact:

**Ashern Auction Mart
204-768-2360**

**Kirk: 204-768-0019 or
Buddy: 204-768-0018**

**www.ashernauction.com
License # 1128
icca@mymts.net**



RURAL MUNICIPALITY OF GIMLI

UNDER THE AUTHORITY OF THE PLANNING ACT

NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter(s):

THE RURAL MUNICIPALITY OF GIMLI BY-LAW NO. **16-0001**
Being an amendment to the Gimli Zoning By-law No. 11-0013, as amended.

HEARING LOCATION: RM of Gimli Council Chambers
62 - 2nd Avenue, Gimli, MB

DATE & TIME: April 27, 2016
7:00 pm

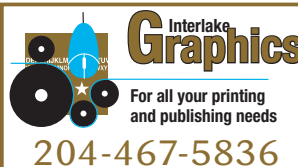
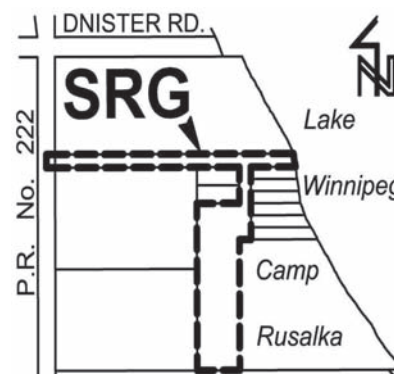
AFFECTED AREA: Lot 1 and Pt. Lots 3 and 4, Plan 7588
WLTO in Pt. NW 28-19-4 EPM
RM of Gimli

GENERAL INTENT: To rezone an area in the RM of Gimli from "SRR" Residential Resort Zone to "SRG" Recreation Resort General Zone.

FOR INFORMATION CONTACT: Nancy Thom, CAO/Development Officer
Eastern Interlake Planning District
62 - 2nd Avenue, Box 1758 Gimli, MB R0C 1B0
Ph: 204-642-5478 Fax: 204-642-4061
Email: eipd@mymts.net web: www.interlakeplanning.com

A copy of the proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken there from upon request.

Please Note: E.I.P.D. recommends that property owner's notify lessee/renter if applicable.



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ANNOUNCEMENTS

ENGAGEMENT



Perry – Hrudu

Reg and Arlene Perry are thrilled to announce the engagement of their son, Jesse to Tiffany Hrudu of Winnipeg. A Bridal shower is planned for Sunday, April 17th at the Royal Canadian Legion in Arborg, Mb at 2:00 p.m. Tiffany and Jesse are registered at The Hudson Bay Store; Bed, Bath and Beyond and Arborg Home Hardware. Donations are accepted at the Interlake Co-op and Arborg Home Hardware. A social evening is planned for May 14, 2016 in Winnipeg.

ANNOUNCEMENTS

ENGAGEMENT



Gilson - Knockaert

Scott and Debra Gilson of Narcisse along with Lawrence and Kim Knockaert of Bruxelles are pleased to announce the engagement of our children Britney Gilson and Jared Knockaert. The wedding will take place in Bruxelles at the end of July. Thank you to all who attended their social evening on March 11th. A bridal shower is planned for Sunday, May 15, 2016 in Teulon.

McSherry Auction

Building Supply & Equipment Sale
Saturday, April 16
@ 10:00am

Moving & Estate Sale
Sunday, May 1 @ 10:00am

Go to website for viewing
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1 - 6pm
Saturday, April 30
10 - 6pm
Sunday, May 1
10 - 4pm

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Fax resume to 1-204-376-2055

Midlake Specialty Foods Products Inc./Can Sat Processors Ltd.
Attn: Human Resources Dept.

NOTICE OF PUBLIC HEARING BY THE MUNICIPAL BOARD OF MANITOBA PROPOSAL TO DISSOLVE THE MUNICIPALITY OF WEST INTERLAKE (BOARD FILE NO. 15E1-0001)

In accordance with Section 10 of *The Municipal Act*, the West Interlake Citizens Group has filed a written Proposal with the Board to dissolve the Municipality of West Interlake.

The Municipal Board is not satisfied that there is a general agreement with the Proposal. Therefore, The Municipal Board will hold a public hearing on **Tuesday, May 3, 2016 at 7:00 pm and if required Wednesday, May 4, 2016 at 10:00 am at the Eriksdale Recreation Centre #6 - 1st Avenue, Eriksdale, Manitoba**, to consider the Proposal.

Any person affected by the Proposal may appear before the Board at the hearing.

A copy of the proposal is available for review at the Municipality of West Interlake and The Municipal Board.

The Board requires that any party who intends to submit as evidence at the hearing any written material or other documents, shall file that material at least 10 working days prior to the hearing, for public review, as follows:

- four (4) copies with the Board
- one (1) copy with the Municipality of West Interlake, Box 10, Eriksdale, Manitoba ROC OWO; and
- one (1) copy with Andrea Sweetland, West Interlake Citizens Group, Box 389, Eriksdale, Manitoba ROC OWO

If a party wishes to have service in French, or requires assistance because of a disability, they must notify this office 15 days prior to the hearing.

Dated at Eriksdale, Manitoba, this 25th day of March, 2016.

Rose Gibbons
Secretary of the Board
The Municipal Board of Manitoba
1144-363 Broadway, Winnipeg, Manitoba

Classifieds

Betel Home Foundation

is accepting applications for the following management positions in our Gimli and Selkirk Personal Care Homes:

Resident Care Manager

Full time permanent available in Selkirk immediately

Reporting to the Director of Resident Care, the Resident Care Manager will be a leader and innovator who is accountable for promoting excellence in nursing practice and for providing the highest level of resident care. As an integral part of the management team, you will direct resident care and coordinate resources and nursing activities for all nursing units and will assist with management of all nursing staff.

Qualifications:

- Bachelor of Nursing or RN/RPN with a suitable combination of education and experience
- Minimum five years nursing experience, with two years in a supervisory position, preferably in a long term care setting.
- Current registration with CRNM

Clinical Nurse Manager

Full Time Permanent available in Selkirk and Gimli

Reporting to the Director of Resident Care, the Clinical Nurse Manager will be a leader and innovator who is accountable for promoting excellence in nursing practice and for providing the highest level of resident care. As an integral part of the management team, you will assist in directing resident care and coordinating the Staff Education and Infection Control programs.

Qualifications:

- Bachelor of Nursing or RN/RPN with a suitable combination of education and experience
- Certificate in adult education and teaching experience in a long term care setting preferred.
- Current registration with CRNM

These positions are out of scope. The hours are Monday to Friday Days, but may involve some evening and weekend work.

Please email your resume by **April 22, 2016** to:

Cheryl Nieckarz
Director of Resident Care
Email: cnieckarz@ierha.ca
Ph: 204-482-5469 Ext 20960

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