



Properties Wanted... We've got Buyers!
 Thinking of selling? Don't ask the Easter Bunny for advice. He may be a chocolate expert, but when it comes to real estate, I have the knowledge and expertise you need. Wondering what the current market means for you? Call me for a no fee, no obligation consultation.
Kim Giesbrecht, Broker/Owner/Realtor, Right Choice Realty Right Advice...Right Results...RIGHT CHOICE
 (not intended to solicit properties currently listed for sale)



Ph: 204-641-8450 Email: kim@rightchoicerealty.ca Website: rightchoicerealty.ca



THE EXPRESS

www.expressweeklynews.ca

VOLUME 10 EDITION 14 THURSDAY, APRIL 6, 2023

WEEKLY NEWS

LOCALLY OWNED HISTORY BOOK FOR THE COMMUNITY



Yard Machine 2x24
24"
208cc e/start
2 yr warranty
\$999⁰⁰

Yard Machine 2x30
30"
357cc e/start
2 yr warranty
\$1599⁰⁰

Cub Cadet 2x24
243cc e/start
Heated handles
3 yr warranty
Cub Cadet
\$1649⁰⁰

Cub Cadet 3x30HD
30" 3-stage
420" e/start
Heated handles
3 yr warranty
Cub Cadet
\$2899⁰⁰

SHACHTAY SALES & SERVICE
Arborg, MB
204-376-5233



Groundbreaking change

EXPRESS PHOTO BY JO-ANNE PROCTER

Leanne Magnusson and Bonnie Lussier, accompanied by family and friends, began their 80km Run Challenge for the Canadian Cancer Society in memory of their moms, Dorene Petersen and Darlene Law, in Lundar last Saturday.

SERVING LUNDAR, ASHERN, ERIKSDALE, MOOSEHORN, FISHER BRANCH, RIVERTON, ARBORG, GIMLI, WINNIPEG BEACH, ARNES, MELEB, FRASERWOOD

Countryside Home building centre

Lot 1, Hwy 17 S, Fisher Branch, MB
204-372-8501

GRILLING SEASON IS HERE!

Raising funds for cancer in honour of two local women

By Jo-Anne Procter

There is nothing worse than watching a loved one suffer.

Lifelong Lundar friends Bonnie Lussier and Leanne Magnusson watched their mothers, who were also friends, battle cancer — and they don't want others to have to live through the agony their families endured.

Magnusson's mother, Dorene Petersen, passed on Sept. 19, 2022, and Lussier's mother, Darlene Law, passed on Jan. 25, 2023.

"It's just so unreal," Magnusson said. "When my mom was diagnosed last April, Bonnie came over to my house and we were chatting and I remember telling her 'I hope you never have to go through this' and, bam, we lost our mommas 128 apart."

Petersen and Law worked a combined 70 years as health-care aides with Interlake-Eastern Regional Health Authority. Their daughters followed in their footsteps, at one time taking the health-care aide program together.

Magnusson worked with Law at Lundar Personal Care Home for many years and Lussier worked with Dorene Petersen at EM Crowe Memorial Hospital in Eriksdale, taking over her job when she retired.

The duo signed up for the 80-kilo-

metre Run/Walk Challenge for the Canadian Cancer Society to raise funds and awareness and to make an impact on putting an end to cancer.

"It is just so raw for both of us still and not much to do to help, so we thought this could help the heart heal," said Lussier.

When they decided to participate in the challenge, they set their fundraising goal at \$1,000. By April 1 when they started their walk, they had well surpassed their goal by more than \$10,000.

"We are truly grateful for all of our supporters," Lussier said. "When we decided to do this walk to honour our moms, we never dreamed of raising \$1,000 for cancer and now we are just over \$11,000."

Last Saturday they were joined by friends and family as they clocked their first official five kilometres.

The Canadian Cancer Society is committed to making a difference in the lives of nearly half of Canadians expected to be diagnosed with cancer in their lifetime. They fund groundbreaking research into more than 100 types of cancer. They offer compassionate programs and support service so no one has to face cancer alone.

Lussier and Magnusson welcome anyone to join in on their walks and



EXPRESS PHOTOS SUBMITTED

Darlene Law, left, and Dorene Petersen, right, are being honoured by their daughters Bonnie Lussier and Leanne Magnusson as they raise money for the Canadian Cancer Society in memory of their mothers.

they will post times on their Facebook page "Bonnie & Leanne's fundraiser for 80km Run/Walk Challenge for the Canadian Cancer Society." A link to

donate is also on the Facebook page. At press time, their fundraiser was at \$11,680. Donations can be made until April 30.

Help out hockey by teeing off in Teulon with ABPRC's 2nd Annual Golf Tournament

By Patricia Barrett

The Arborg-Bifrost Parks and Recreation Commission is holding its 2nd Annual Golf Tournament in a few months to fundraise for hockey programs in Arborg.


Like the inaugural event last year, which helped address a COVID-related slump in enrolment and lost revenues, this year's tournament will be offering lots of prizes for participants.

Recreation director Tom Chwaliboga said the odds of hitting a hole

in one are favourable as the holes are closer to the tee and come with a cash prize.

"This golf tournament is going to be a little more unique than most others because all the holes are a Par 3 golf tournament," said Chwaliboga. "Holes can be 350, 450 or 500 yards but all these holes will be 150 to 190 yards. The nice thing about that is there's a good chance to get a hole in

Continued on page 8



Baker Law

CORPORATION

Do you have a current will?

Protect your family by having a current will, power of attorney and health care directive. Call us or stop in for more information and find out how we can help you.

Grant D. Baker

Barrister, Solicitor and Notary

Providing full time legal service to families and small businesses in Gimli and the Interlake.

GIMLI LOCATION
72 Centre Street, Gimli, MB
Our office is open 9-5 Mon to Fri
204-642-8681 or 1-866-487-5688

RIVERTON LOCATION
33 Main St. Riverton MB
Open Mon & Wed 9:30-4:30
204-378-5427



Happy Easter!

Derek Johnson
MLA for Interlake-Gimli

InterlakeGimliMLA@gmail.com
204.641.8525 (Gimli) 204.376.3401 (Arborg)

Easter Egg Hunt, silent auction in memory of Owen Eyolfson

Fundraiser for the Arborg riverbank skating rink on April 8

By Patricia Barrett

Friends and family of Owen Eyolfson, who passed away at the age of 37 last year, are holding an Easter Egg Hunt fundraiser in his name this Saturday at the Travelling Inn in Arborg.

Dave Greene, a well known Elvis tribute artist and singer from Moosehorn and friend of Eyolfson, is helping organize the event in conjunction with Eyolfson's parents.

"We're inviting children to come to the Travelling Inn to search for Easter treats in the bar and the deck outside. We're set up for over 100 kids," said Greene, who has performed at the Travelling Inn, as well as across Manitoba. "After that we'll have colouring and face-painting for the kids. This fundraiser is for the installation of lighting at the skating rink on the river."

Eyolfson, who owned the Travelling Inn and the Arborg Hotel, was a well respected entrepreneur in the community and was a member of and served as president of the Central Interlake Chamber of Commerce. He served on many boards and helped establish the Arborg Training Centre in town. He always had time for a friendly chat.

Greene said April 8 is Owen's birthday and his mom told him she thought it would be a perfect day to remember him as well as help the kids celebrate Easter.

"Owen was a community-minded guy. He did a lot in the community and was always willing to help. At some of the Elvis festivals, he donated rooms for us to stay in for two or three nights," said Greene. "He was a wonderful person and very giving of himself and generous to his community. He loved life. Losing him was an absolute tragedy. I have two sons and I can't imagine losing a child."

There will be hotdogs and pop for the kids at the event, and after the hunt wraps up Greene said he'll be performing. There will also be a silent auction later in the evening.

Proceeds from the event will go towards the purchase of lights for the skating rink on the Icelandic River that the Town of Arborg and volunteers build each year to promote outdoor activity and community fun.

In December when the kids were skating, they found that one light wasn't enough to adequately light the rink as it gets dark after five, said Greene.

"We're hoping that people will donate money to this cause. I think it's a wonderful cause. I like to call it Owen's Easter Hunt to help raise money to light up children's lives," he said.

The Easter Egg hunt runs from 1 to 4 p.m. on



Saturday, April 8 at the Travelling Inn at 273 Sunset Blvd., just off Highway 68. Admission is \$5.



BRAND NEW APARTMENTS & PATIO HOMES

SELKIRK MEADOWS



Private Balcony or Patio | Open Concept Suites
In-suite Laundry | Pet Friendly

As a leader in service-focused rental management, Broadstreet provides a dedicated on-site manager and maintenance technician, as well as an in-house 24/7 contact centre.

1-866-736-8515

Visit our website to view floorplans and virtual tours, or to book a viewing of our show suite.

broadstreet.ca



Cha-ching! Make your money pay at the Manitoba Coin Club's show

By Patricia Barrett

If you've got a commemorative 1973 Mountie quarter — which honours the centennial of the Royal Canadian Mounted Police — don't plug it into a parking meter or coin-operated laundry machine because it could be worth hundreds of dollars depending on its condition and whether the Queen's image is a small or a large bust.

To get the lowdown on what collectibles — such as old or commemorative coins and coin sets, bank tokens, paper bills, stamps, medallions and comic books — could be worth, bring them to the Manitoba Coin Club's Coin, Stamp & Collectibles show in May at the Red Barn just south of Stonewall.

Club members can price your collectibles, tell you some of the fascinating history behind the items and perhaps make you an offer too irresistible to pass up. They'll also have some of their own collectibles on display.

Coin club member Larry Dalman, who has about 50 years' experience valuing currency, said this is the first time since the club's inception in 1954 that it will hold a show in rural Manitoba.

"We're trying to be more inclusive for people living in the rural areas. We want to give them an opportunity to see old bills and coins and other collectibles and bring their own collectibles in," said Dalman.

The club had one of the "greatest turnouts" last fall at its show in West St. Paul. It drew people from all across the province, including Gimli, Selkirk, Morden, Winkler, Portage la Prairie and Brandon.

In addition to finding out how much your devil-faced 1954 paper bills (is there a devil hiding in the Queen's hair?) are worth — a whole lot if they're in pristine condition — people can learn about the history of money and how Canadian banks operated in days of yore.

Every commercial bank in Canada — including Canada's first bank, the Bank of Montreal — made their own tokens, which were substitutes for coins. Paper notes were also issued by banks in provinces such as British Columbia, Nova Scotia, New Brunswick, Prince Edward Island and Newfoundland.

"There were more than 120 banks in Canada using their own bank notes. People were carrying around a vari-



EXPRESS PHOTO BY JO-ANNE PROCTER

Manitoba Coin Club member Larry Dalman is encouraging the public to come out and learn about Canadian currency and commemorative coins at the Coin, Stamp & Collectibles show being held May 13-14 at the Red Barn just south of Stonewall.

ety of bills from the Bank of Montreal, the Bank of New Brunswick and so forth," said Dalman. "But in 1944 the Government of Canada asked those banks to quit making their money and took over ownership."

Newfoundland made a two-dollar gold coin between 1865 and 1888, he said. The rarest of the lot are those made in 1880. In bad shape it will fetch about \$1,570. One that's close to "uncirc" (uncirculated condition) will net about \$3,000. A "really, really nice one" is worth \$24,500. And they're still out there. Somewhere.

"They did put out a specimen [two-dollar gold] coin, one that was sold

separately as a specimen and was not intended to see a human hand. In perfect shape, it's worth \$122,500," said Dalman.

Canadian coinage made from silver will get you only face value if you take it to a bank. Companies that buy Canadian silver currency will give you the current market value of silver by weight. But a single silver coin or a coin set could be worth far more money if they're in good condition and have unique characteristics such as a flaw, small production run or other special feature that make them

Continued on page 10

CO-OP
Red River

85TH ANNUAL GENERAL MEETING

of **RED RIVER COOPERATIVE LTD.**

OFFICIAL NOTICE

THURSDAY, APRIL 27, 2023
Registration: 5:30-6:45pm
Meeting: 7:00-9:00pm

VICTORIA INN
1808 Wellington Avenue | South Centennial Room

MEMBERS ARE ENCOURAGED TO ATTEND
refreshments provided | prize draws

QUARRY
PHYSIOTHERAPY
AN *inMotion* CLINIC

Gimli
204-642-5353

Arborg
204-376-2406

Our philosophy and mission remains focused on quick and equal access to care and providing service close to home.

ONLINE BOOKING AVAILABLE
DIRECT BILLING TO MOST INSURERS
OPEN MONDAY-FRIDAY
EXPERIENCED, FRIENDLY STAFF

Keeping the Interlake inMotion since 1994
Inmotionnetwork.ca

IERHA staff members participate in Philippines recruitment effort

By Jennifer McFee

Two Interlake-Eastern RHA nursing leaders have returned from the recent provincially led recruitment trip to the Philippines with positive feedback to share.

From Feb. 19 to 27, Tracy Abraham, clinical team manager for Pinawa District Hospital and cancer navigation, and Angelina Hartwell, clinical team manager for Sunnywood Manor in Pine Falls, embarked on the provincial initiative to recruit trained health-care workers from the Philippines.

For three days, the Manitoba team interviewed candidates in Manila. Then they split up to conduct interviews in both Cebu City and Iloilo, which are both located on different islands.

"This was a great way to share the opportunity among different cities in the Philippines. The locals were very excited and pleased to have us in their beautiful country. The people are incredibly friendly, polite and eager to please," said Abraham, who was impressed with the hospitality.

"Overall, people were super excited to attend the interviews. We had people travel far and wide to attend.

Some folks arrived by bus, boat or plane, and many had come directly after work or had to hang out in a local minimart until the venue opened. These people were very determined to get an interview."

In total, nearly 350 letters of intent were issued by the end of the trip for positions in Manitoba.

"The first question on the interview package was 'Why do you want to come work in Manitoba, Canada?' The answers were amazing — everything from the climate, nature, the stable economy, the growth and opportunity for family and careers, the pension, the health benefits, safety ... and to see aurora borealis," Abraham said.

"The opportunity to go and meet all of these wonderful people, who were so eager for an interview, was truly humbling. People were so excited to have the opportunity. They wanted selfie pictures and some would cry at the end of their interview, just so emotional to be given this opportunity. So many people thanked us for coming and would even give us well wishes to enjoy our stay in their country. We

felt very fortunate to be a part of this experience."

Workers that were recruited will be working in facilities throughout the region where they are needed.

"These new team members are going to be instrumental in building capacity within our communities once again. If we can build health-care teams with staff who live local, raise their families local and participate in the communities, this all leads to improving our economy and the strength of the community," Abraham said.

"Plans are in place to make decisions about where the new health-care team members will work. We are hoping that the new recruits will join our region in the next three to six months."

While the health-care workers adapt to their new jobs, Abraham hopes they'll also be warmly welcomed into their new communities.

"Having community supports in place is going to be crucial to support our new health-care team members," she said.

"Having supportive team members is one thing, but it's also going to be



PHOTO SUBMITTED

Nursing leaders Tracy Abraham and Angelina Hartwell recently returned from the Philippines recruitment trip.

super important to have neighbours or local community groups introduced to help get them settled with the new environment and show them around."

Learn more at <https://healthcareers-manitoba.ca/buildyourfuturemb/>.

letter to the editor

Letters to the Editor: letters@expressweeklynews.ca

Gimli council members should find money for health and well-being over raises

It should be quite obvious to everyone that fitness is not a high priority for this council nor was it a priority for previous councils. Ignoring the fitness centre in the Rec Centre has led us to the point we are at today — machines broken, cleanliness not a priority and rates not keeping with the realities of fitness centres in Gimli today.

I just signed up for a membership and it cost me \$40 for one month. That gets me access to the centre Monday to Thursday from 8 a.m. to 8:30 p.m. Friday and Saturday the hours are 8 a.m. to 5 p.m. The centre is closed on Sundays. I looked and couldn't find a study that said exercising on Sunday was a danger to your well-being.

Just down the road GLOW fitness, for \$61 a month would give me 24-7 access. There are also a wide variety of classes to help you get fit. The classes are extra but the overall value is still evident. As much as I would want to join GLOW, the major problem is my gender. GLOW is a women's-only fitness centre. So I am stuck with the basement at the Rec Centre.

In 2021 the town spent just over \$2 million on Recreation and Cultural services. My question would be, out of the \$2 million, how much went to the gym? I suspect not a great deal.

We are told the centre is applying for grants to upgrade and even move the facilities. Besides council what are our provincial and federal elected representatives doing to help the town? Why has there been no fund raising initiatives by council? Perhaps a public/private partnership is called for.

Our current council should be embarrassed by the state of the gym. They were able to find money for their raises. They should be able to find money for the health and well-being of the residents.

- Campbell Alexander, Gimli

You have options.

KEN LOEHMER
FUNERAL SERVICES

55 Main St, Teulon Call 204-886-0404 or visit www.klfuneralservices.ca

Winnipeg Beach Legion Br. 61
Legion 204-389-2660
Velma 204-642-2840
April 23 – Spring Fashion Show and Dinner
Clothes and accessories provided by Red Apple, Gimli
Tickets are only \$15 Doors open at 2:30.
Show begins at 3:00 with dinner to follow!
email: rcibr61@mymts.net
www.winnipegbeachlegion.ca
Facebook: RCL: Winnipeg Beach Branch #61
All events are cash only. *Cash Bar*

THE Flicks CINEMA
319 First Street E., Stonewall, MB
SHOWTIMES:
Please check individual listings
Due to various picture lengths showtimes vary
204-467-8401
PROGRAM SUBJECT TO CHANGE WITHOUT NOTICE
Cash only

DUNGEONS & DRAGONS: HONOR AMONG THIEVES
FRI-THURS APRIL 7-13
CLOSED TUESDAY
at 7:30 pm Each Night
Violence; Coarse Language **PG**

JESUS REVOLUTION
FRI-THURS APRIL 14-20
CLOSED TUESDAY
at 7:30 pm Each Night
Coarse Language; Violence **PG**

get informed

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS



Call Patricia Barrett
1-204-407-6099
patricia@expressweeklynews.ca



PUBLISHER
Lana Meier



SALES
Brett Mitchell



SPORTS EDITOR
Brian Bowman



REPORTER/PHOTOGRAPHER
Jennifer McFee



ADMINISTRATION
Corrie Sargent



REPORTER/PHOTOGRAPHER
Patricia Barrett



REPORTER/PHOTOGRAPHER
Ty Dilello



REPORTER/PHOTOGRAPHER
Autumn Fehr



PRODUCTION
Debbie Strauss



DISTRIBUTION
Christy Brown



ADMINISTRATION
Jo-Anne Procter



PRODUCTION
Nicole Kapusta



PRINT
Dan Anderson



ADMINISTRATION
Allana Sawatzky

Province skips a week of respiratory surveillance reporting

By Patricia Barrett

The provincial government did not release its respiratory surveillance report on COVID and other respiratory viruses last Friday (March 31), which would have been reporting Week 12 (March 19-25).

The surveillance reports provide information on new COVID infections detected by restricted PCR testing, new hospitalizations and new deaths, as well as new influenza and respiratory syncytial virus (RSV) infections.

A notice on the province's surveillance report website said the next report will be issued on April 6.

There were 155 new COVID infections reported in Week 11 (March 12-18), as well as 49 new hospitalizations with six ICU admissions. No new COVID deaths were reported that week. Wastewater surveillance data for Winnipeg and Brandon up to March 14 indicated sustained COVID activity.

Because of the delay in reporting, or no new deaths to report, Manitoba's COVID death toll remains at 2,470 as of March 18, according to the federal government's COVID webpage. Canada's death toll now stands at 51,930.

Other health news:

- The number of pediatric patients in the intensive care unit at the Children's Hospital in Winnipeg has increased because of a "resurgence in respiratory illness" circulating in the province, and some surgical procedures considered non-urgent may be postponed, according to provincial Shared Health in a March 30 statement on its website.

"There were 17 pediatric patients receiving intensive care this morning. The normal baseline capacity for the pediatric ICU (PICU) is nine," says the statement. "A significant number of these patients were experiencing medically complex cases that were

Table 1. Newly reported and cumulative COVID-19 confirmed cases and deaths, by WHO Region, as of 19 March 2023**

WHO Region	New cases in last 28 days (%)	Change in new cases in last 28 days *	Cumulative cases (%)	New deaths in last 28 days (%)	Change in new deaths in last 28 days *	Cumulative deaths (%)
Europe	1 516 637 (41%)	9%	274 323 490 (36%)	9607 (37%)	-15%	2 202 559 (32%)
Americas	1 195 582 (32%)	-28%	191 176 559 (25%)	11 706 (45%)	-38%	2 939 344 (43%)
Western Pacific	966 810 (26%)	-58%	201 888 145 (27%)	4289 (16%)	-76%	407 958 (6%)
Eastern Mediterranean	28 236 (1%)	89%	23 281 781 (3%)	366 (1%)	68%	349 821 (5%)
South-East Asia	18 745 (1%)	70%	60 782 274 (8%)	156 (1%)	-24%	803 958 (12%)
Africa	12 565 (<1%)	-43%	9 509 869 (1%)	23 (<1%)	-57%	175 315 (3%)
Global	3 738 575 (100%)	-31%	760 962 882 (100%)	26 147 (100%)	-46%	6 878 968 (100%)

*Percent change in the number of newly confirmed cases/deaths in the past 28 days, compared to 28 days prior. Data from previous weeks are updated continuously with adjustments received from countries.

WORLD HEALTH ORGANIZATION COVID-19 WEEKLY EPIDEMIOLOGICAL UPDATE New COVID cases and deaths worldwide as of March 19.

further complicated by respiratory illness, including infants and young children."

Shared Health said it's deploying about 10 staff — including some from pediatric surgical and recovery units — to PICU in response to the increased pressure.

"While all urgent and life-threatening surgeries will continue to be performed, these staffing moves may result in the postponement of some non-urgent procedures," says the statement.

Patient volumes in the children's ER remain "relatively stable" but the number of patients visiting the ER with influenza-like symptoms has increased in the past two weeks, from a low of 22 on March 18 to 47 on March 29.

There were 51 patients in the neonatal ICU (NICU) on the morning of March 30, says the statement.

- The World Health Organization reported over 3.7 million new COVID cases and over 26,000 deaths globally between Feb. 20 and March 19. The latest numbers are underestimates

of the true number of infections as a result of reductions in testing and reporting delays by countries.

As of March 19, there have been a total of 760 million confirmed COVID cases worldwide and over 6.8 million deaths.

The highest numbers of new 28-day COVID cases were reported from the United States (792,202 new cases), the Russian Federation (339,564 new cases), China (320,029 new cases), Japan (291,672 new cases) and Germany (281,468 new cases).

The highest numbers of new 28-day COVID deaths were reported from the United States (8,187 new deaths), the United Kingdom (2,474 new deaths), Japan (1,898 new deaths), Brazil (1,587 new deaths) and China (1,472 new deaths).

Canada reported 628 new deaths (1.7 new deaths per 100,000) over that period.

XBB continues to lead the pack of omicron subvariants on which the WHO is keeping an eye. XBB in-

Continued on page 14

ADVERTISING OR PRINT CONTACT INFORMATION

Lana Meier 204-292-2128
ads@expressweeklynews.ca
Laura Platt 204-641-4104
ads@stonewallteulontribune.ca
PHONE 204-467-5836
FAX 204-467-2679

OUR EDITORIAL STAFF

Brian Bowman Sports Reporter
sports@expressweeklynews.ca
Patricia Barrett - Reporter/Photographer
Cell 204-407-6099 patricia@expressweeklynews.ca
Autumn Fehr - Reporter/Photographer
204-998-1993

PAPER DELIVERY OR FLYER CONCERNS

Christy Brown, Distribution Mgr.: 204-467-5836

The Express Weekly News is published Thursdays and distributed through Canada Post to 11,396 homes. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we connect people through stories to build stronger communities.



OUR SISTER PUBLICATIONS



> EMAIL US

Letters to the Editor: letters@expressweeklynews.ca
Classifieds: classifieds@expressweeklynews.ca
News: news@expressweeklynews.ca
Print: igrphic@mymts.net

Funded by the Government of Canada



ADDRESS

74 Patterson Drive, Stonewall Industrial Park
Box 39, Stonewall, MB ROC 2Z0

Advertising Deadline: Monday 4:00 pm
prior to Thursday Publication

View the Express Weekly News online at
www.expressweeklynews.ca



Moosehorn Heritage Museum to make capital improvements

By Autumn Fehr

This month, the Moosehorn Heritage Museum will start the process of making some capital improvements to its space thanks to the provincial government.

At the end of March, Moosehorn Heritage Museum heard the good news that they would finally get the funding they needed to do some much-needed repairs on the museum.

The museum was among a number of recipients of the Arts, Culture and Sport in Community Fund. From this funding, they received \$25,000.

They were awarded these funds as part of the small capital and special initiatives category. In this funding area, establishments are given funds for projects supporting the development and renewal of facilities and spaces used for arts, culture and sport programming and activities. The awards are between 50 and 100 per cent of eligible expenses, to a maximum of \$300,000.

The Province of Manitoba's website states that this funding is meant to "enhance Manitobans' opportunities to access quality programming and facilities in their own community."

Before getting notice that they had received the funding, the museum had to do a lot of prep work, said Diane Bittner, treasurer at the Moosehorn Heritage Museum.

First, the museum joined the Association of Manitoba Museums as a member, and the association sent out a curator in the fall. The curator did a tour of the building, resulting in a 22-page report to the museum with suggestions for conservation methods and improvements they needed to do immediately.

With their funding, the museum plans to make many capital improvements that have been put on the back burner since the onset of the COVID-19 pandemic.

The improvements include LED lighting, UV blocking blinds, having their well repaired, paying for building supplies to build a new insulated box around the well, fixing one of the emergency exit decks, repurchased five respirators with replacement filters and two hepa vacuums to keep their volunteers safe when they do

the deep cleaning, ripping out the carpet and put in vinyl flooring in the Masonic Hall and workspace in the Canadian National Railway (CNR) building, new shingles for the Canadian Forces Base (CFB) building, continuous eavesdropping to go on all the buildings, and a laptop, printer and scanner to digitize their artifact listing.

"We will be able to bring things up to a standard where we implement other improvements. ...It will give us a nice base to work from," said Bittner.

The museum hopes to get started prepping for these large-scale improvements now, like moving things out so they can begin ripping out the carpet, so when they receive the funding, they can get started right away.

Bittner said their goal is to complete many of these improvements before opening in July.

The museum's funding helps with the cost of the supplies to make the capital improvements mentioned above, but it does not consider the human resources needed to get it done.

The museum welcomes volunteers to help get these improvements on the roll by helping with tasks like pulling out carpets, laying new vinyl flooring, installing blinds, deep cleaning artifacts and data capturing.

To volunteer to help with these projects, contact Diane Bittner at 204-294-9642.

As part of the PC government's plan to strengthen communities, they are investing nearly \$50 million through the Arts, Culture and Sport in Community (ACSC) fund to support 402 projects that will support the delivery of quality programming and facilities in communities throughout Manitoba. Derek Johnson, MLA for Interlake-Gimli is proud to report that nine local organizations are receiving ACSC funding.

"I'm so thrilled to see these funds going to some great local initiatives,"

said MLA Johnson. "These projects will foster creativity and innovation in local arts, culture and sports initiatives in Interlake-Gimli now and for generations to come."

The local organizations receiving support are:

- Gimli Yacht Club is receiving \$32,500
- Moosehorn Heritage Museum is receiving \$25,000
- Breidavik Nyja Island Historical Library and Resource Centre is receiving \$24,675
- Riverton and District Friendship Centre is receiving \$22,614
- Gimli Art Club is receiving \$22,044
- Gimli Film Festival is receiving \$15,000
- Icelandic Festival of Manitoba is receiving \$4,927

The ACSC program grants up to 50 per cent of eligible expenses to a maximum of \$5 million per project. Applications were assessed based on the project's financial and planning readiness, community impact and need, and alignment with the fund's outcomes and objectives.

"We are very happy to learn that the Gimli Art Club's plans for better building accessibility have been accepted by the Province of Manitoba's Arts, Culture and Sport in Community (ACSC) Fund. Club members,

members of our community and visitors to the area all make use of the art club and our members are focused on making the necessary improvements to the building to allow people of all ages and abilities access to the Galleries and the programs we offer," said Erika Hanneson, president of the Gimli Art Club.

The ACSC fund initially intended to distribute the \$100 million in grants over three years; however, because an exceptional number of qualified organizations submitted applications for high-quality, innovative projects that contribute to thriving sustainable communities, the PC team is investing an additional \$16 million allocated to the 2022-23 intake.

Upcoming intake dates are as follows: Small Capital and Special Initiatives intake closes April 17; Large Capital intake closes April 24; and the next Community Celebrations intake closes June 15.

For more information on the Arts, Culture and Sport in Community fund, visit: www.manitoba.ca/acsc.

If you think your organization or an organization you know may be eligible, please reach out to MLA Derek Johnson at 204-641-8525 or email interlakegimlimla@gmail.com where they can assist you.

SPIRIT OF CARING - Training in compassionate care

Learn to walk alongside and support patients and residents in hospitals and personal care homes with hope, care, respect and compassion through our Spirit of Caring Course being offered virtually this spring.

Registration deadline: Friday, April 14

Course commences: Wednesday, April 19 and runs on Wednesdays to June 14, 1:00 to 3:30 p.m.

For more information or to register, please call or email: Ferdinand Funk, Regional Spiritual Health Care Coordinator 204-461-3414, ffunk@ierha.ca



Interlake-Eastern
Regional Health Authority

Helping Build Stronger Communities



More than 400 community groups are building, repairing and enhancing projects big and small, thanks to funding from the new Arts, Culture and Sports in Community Fund.

Your turn could be next, but hurry – applications close as soon as **April 17, 2023**.

To find out if you qualify for capital funding or special initiative projects, go to www.gov.mb.ca/chc/

**HISTORIC HELP
FOR MANITOBANS**

manitoba.ca

Manitoba 

New angling regulations take effect April 1

Submitted by Manitoba government

Manitobans and visitors will be able to enjoy year-round fishing opportunities for certain species across the province starting April 1, Natural Resources and Northern Development Minister Greg Nesbitt announced Wednesday.

"As new regulations come into effect, anglers will be able to experience a whole new fishing adventure," said Nesbitt. "It's exciting to be able to catch species such as northern pike and smallmouth bass during a time that has traditionally been closed. The Manitoba government encourages everyone to explore the province's world-class fisheries."

Walleye fishing will be closed starting April 3 this season. The walleye fishing season opens in the Southern fishing division on May 13, except

on Lake Winnipeg, which opens one week later on May 20, and in the Northwest and North Central fishing divisions, which will also open May 20. Anglers must not target species during closed times.

Some areas will be closed to all fishing this spring to protect spawning stocks including the Red River between Lockport Dam and Lake Winnipeg, Dauphin Lake and its tributaries, excluding the Vermilion Reservoir, and the Assiniboine River downstream of the Portage Diversion to Provincial Road 240.

New angling licences can be purchased online and at participating vendors starting April 1. Annual licences will be valid starting May 1 and new one-day angling licences will be valid for chosen dates. Fee changes will align with new licence types.

Anglers will now be able to carry angling licences on an electronic device or as a printed copy and must be able to show proof of licensing upon request. All anglers are required to obtain a Manitoba angling licence to fish in the province, unless exempt or fishing within a federal park.

Manitoba seniors, active military members and veterans who reside in Manitoba do not require an angling licence to fish but must show proof of age, residency and identification.

For more information on fishing regulations refer to the 2023 Manitoba Anglers' Guide, available online at www.manitobafisheries.com or in stores where angling licences are sold.

For more information or to purchase an angling licence, visit www.manitobaelicensing.ca.

Pharmacare deductible rates frozen for upcoming benefit year

Submitted by the Manitoba government

The Manitoba government will freeze deductible rates for the Manitoba Pharmacare Program in 2023-24 to keep pharmacare affordable for Manitobans who need it, Health Minister Audrey Gordon announced.

"Our government recognizes the financial challenges facing many Manitobans," Gordon said. "That is why, for the third time in four years, we are waiving any increase to the rates for the 2023-24 benefit year, which begins on April 1."

Each year, program participants are required to pay a portion of the cost of their eligible prescrip-

tion drugs, which is the pharmacare deductible. It is updated every year, based on a set formula. Following this formula, the rates for 2023-24 would have increased by more than six per cent if the Manitoba government had not chosen to implement a freeze. In 2022-23, the pharmacare deductible rates increased by 1.8 per cent. In the previous two years, the Manitoba government froze the deductible rates, recognizing the financial challenges caused by the COVID-19 pandemic and related economic recovery.

The deductible is calculated based on adjusted family income, and Manitobans are reminded that

a family's deductible may still change this year if their income has changed. Annual filing of taxes is recommended to ensure access to this important program.

Pharmacare is a drug benefit program for eligible Manitobans whose income is seriously affected by high prescription drug costs. Coverage is based on total family income and the amount paid for eligible prescription drugs.

For more information about the Manitoba Pharmacare Program, visit <https://gov.mb.ca/health/pharmacare/>

Carbon tax costs average family up to \$710 this year

Parliamentary Budget Officer

OTTAWA, ONT: The Canadian Taxpayers Federation is calling on the federal government to scrap the carbon tax following the Parliamentary Budget Officer report showing the carbon tax costs families hundreds of dollars more than they get back in rebates.

"The PBO is clear: the carbon tax costs families hundreds of dollars more every year than the rebates they get back," said Franco Terrazzano, federal director of the CTF. "The PBO shows politicians are using magic math to sell their carbon tax."

The Trudeau government claims "families are going to be better off" with its carbon tax and rebates. However, today's PBO report shows this is incorrect.

"Most households will see a net loss, paying more in fuel charges and GST, as well as receiving lower incomes, compared to the Climate Action Incentive payments they receive and lower personal income taxes they pay," according to the PBO.

The carbon tax will cost the average household up to \$710 this year after the rebates. The table below shows the net federal carbon tax costs for the average household, according to the PBO.

Province	Net cost (total cost – rebates) for the average household, 2023
Alberta	\$710
Saskatchewan	\$410
Manitoba	\$386

Ontario	\$478
Nova Scotia	\$431
Prince Edward Island	\$465
Newfoundland and Labrador	\$347

"It simply isn't credible to believe the feds can raise taxes, skim some off the top for administration costs and somehow make families better off," Terrazzano said. "Prime Minister Justin Trudeau should scrap the carbon tax to save families hundreds of dollars every year."

Due to the tax-on-tax, the carbon tax also increases the amount of sales tax Canadians pay.

"We estimate that \$429 million in GST from the fuel charge will be collected in 2023-24, rising to \$924 million in 2030-31," according to the PBO.

> ABPRC'S 2ND ANNUAL GOLF TOURNAMENT, FROM PG. 2

one on some of them because they're close."

Last year, the tournament attracted more than 70 participants and offered over \$200,000 in hole-in-one prizes that included a vehicle, an electric bike, \$30,000 worth of fuel and cash prizes, and Chwaliboga said they're hoping for more of that this year.

There will be cash prizes for a closest-to-the-hole contest.

"Whoever gets closest to the hole is guaranteed to win \$200," said Chwaliboga. "They don't necessarily need to get a hole in one, they just have to

be the closest to the hole."

Proceeds from the tournament will be put towards supporting local hockey programs and rink maintenance.

"All the funds from the tournament will be split three ways: between Arborg Minor Hockey, the Arborg Ice Dawgs Junior B Hockey team, and towards maintenance costs at the Arborg & District Arena," said Chwaliboga.

Jermaine Loewen, who grew up in Arborg and now plays in the American Hockey League, took

part in last year's tournament and the commission is hoping to see him join the fun this year.

After the tournament wraps up, golfers can attend a banquet at the Teulon Rockwood Centennial Centre.

The tournament will be held on Friday, June 16 at the Teulon Golf Course. For more information about registration, call Tom Chwaliboga at 204-641-0512.

RM of Gimli launches short-term rental survey

By Patricia Barrett

The RM of Gimli launched an online and paper survey on short-term rental properties (STR) last week, inviting full-time and seasonal residents, non-residents, businesses and owners of STR properties to complete the survey.

The 16-question survey includes questions with respect to why people are interested in or concerned about short-term rentals, whether they're aware of STRs operating in their neighbourhoods, whether they rent out part of or all of their property, whether they believe short-term rentals, overall, are good for the municipality, the extent to which they've been negatively impacted by them and whether they feel regulations such as licensing, capacity limits, enforcement and so forth are needed.

Those in favour of short-term rentals are being asked to select up to three of the most important benefits from a supplied list that includes attracting more visitors to the community to benefit the local economy, generates income for homeowners, provides accommodation for seasonal workers and increases property values.

Those opposed to short-term rentals are asked to choose three of the most important harms from a supplied list that includes decreasing the residential character of a neighbourhood, lowering property values, decreasing personal and neighbourhood privacy, safety and security, and generating excessive noise from guest parties or large gatherings.

The survey also allows respondents to provide open-ended comments to some of the questions. The survey is available on the RM's website and in paper from the municipal office in Gimli.

Gimli council will be presenting the results of the survey at a short-term rental open house on April 21 from 6 to 9 p.m. at the Waterfront Centre.

The Municipality of Harrison Park, whose administrative office is located

in Onanole near Riding Mountain National Park, released a 66-page regulation strategy report last year as short-term rentals in that RM — particularly in Onanole — became a “prominent and divisive community issue in 2021, following an upsurge in the number of STRs operating and subsequent escalation of nuisance-related complaints and concern around the lack of regulations and enforcement ...”

A survey carried out by the RM had 66 per cent of respondents saying STRs create adverse impacts on neighbouring properties, and 91 per cent saying STRs should be subject to regulation or minimum standards.

In 2022 the Harrison Park adopted Bylaw No. 119 (STR Licensing) that requires any person operating a short-term rental prior to May 31, 2022, to apply for a licence. Each STR property must have its own licence. A licence is issued subject to the condition that the STR complies with the bylaw.

Those operating a STR prior to May 21, 2022, and who've been granted a licence, are required to apply for a conditional use application. As of June 1, 2022, new short-term rentals must apply for a conditional use application and receive approval before

the licence is issued.

The licence has to be placed in a visible area on the STR property, and the licence number has to be included in all advertisements.

Some of the other provisions in the bylaw include a requirement for property owners to disclose their operation to their home insurance provider, that guests or visitors not make or allow noise nuisances, that guests must park on the premises rather than on municipal roads and that limits on overnight adult guests are two per “legal bedroom.” The STR properties are subject to municipal inspection and enforcement.

On the east side of Lake Winnipeg, the Rural Municipality of Lac du Bonnet released in 2022 a final report on the short-term rental survey it had conducted in response to the rise in STRs there. It found that 61 per cent of respondents were in favour of the RM instituting regulations through bylaw.

There are a number of areas with respect to short-term rentals that many members of the public have said they'd like regulated including fire safety, cleaning standards, capacity limits, trust funds for holding payments in order to protect consumers

of the service and the identification of owners renting multiple units.

But municipalities are limited to what they can do under Manitoba law. Unlike some provinces, there are no regulations for short-term rentals at the Manitoba provincial level.

The Manitoba Securities Commission's Real Estate Division worked in conjunction with the Manitoba Real Estate Association to revamp the now named Real Estate Services Act in 2022, but they did not include short-term rentals in the Act.

The commission, which is an independent agency of the provincial government, regulates the real estate services industry.

When asked why short-term rentals were excluded, a spokesperson for the commission's real estate division said STRs are “not an area that we have previously regulated and there has been no change in the MSC's regulatory scope.”

As regards MSC's potential future oversight of short-term rentals, the spokesperson said: “We are unaware of any current plans with respect to regulation of STRs.”

Community Support Service

AA Meetings in Ashern

Open Meeting

Time: 6-7pm Fridays
Starting Friday March 3rd.

Location: #11 2nd Ave North
-Pioneer Manor
(beside the main door entrance
of Pioneer Manor)
Contact AAMBCO@mts.net

AA Winnipeg Beach

Lady of the Lake RC Church
Corner of Hwy. 9 and Lake Ave.,
Winnipeg Beach

Meetings are Saturdays
between 7 and 8 p.m.

Contact Ann J 204-389-3417

Gimli Group AA

Bldg 18 Municipal Rd
Industrial Park

Fri & Sun Mtgs at 7:30 pm
Womens Mtgs Thurs at 10:30 am

AI-Anon Gimli and Winnipeg Beach

Please join us at 17B North Colonization Road, next to New Horizon building... Gimli at 7:00 pm Wednesday evenings for an hour of support, strength, guidance and Hope. Contact 204-389-4777.

What's *Your* story?

We want to hear from you.

The Express Weekly News connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out?

Please share your story ideas at news@expressweeklynews.ca or Phone 204-467-5836

THE EXPRESS
WEEKLY NEWS

*Making life easier
for families*

**\$10-a-Day
Child Care**

means more for...
activities.

Manitoba.ca/10aDay

Manitoba

Wheat and Wildflower Handmade: clothing for good

By Autumn Fehr

Janine Duguid embarked on a new career path in the fall of 2020.

In the midst of the pandemic, she lost her job in the agriculture industry due to corporate downsizing, so she turned to something she loved to make a living.

Duguid was looking for a way to stay home and be more flexible for her family.

Duguid creates and sews “grow with me clothing” through Wheat & Wildflower Handmade.

“I’ve loved to sew since I was a child and thought this was a good opportunity to try that by starting up a shop,” said Duguid.

This clothing style has an extendable cuff that accommodates growing kids for three growth sizes so clothes last longer. It’s made with natural fabrics, so it’s a sustainable choice for families.

As a mom of three, Duguid saw firsthand how quickly her kids grew out of clothes and what a money pit it was to replace outfits when they outgrew them constantly — sometimes hardly worn.

This is where grow-with-me clothing comes in handy. With the extendable cuffs and thoughtfully designed patterns, the clothing is stylish and functional, ready to grow with kids up to three sizes, saving money on clothes in the long run.

“It’s nice to have high-quality, handmade stuff that is excellent quality fabric that will hold up to wash and wear and tear. It’s clothing that will be able to be passed down to future generations of kids or future kids within the same family,” said Duguid.

Some styles of clothing Wheat & Wildflower Handmade sells are pullovers, joggers, shorts, T-shirts, dresses and accessories. Sizes range from newborns up to 12-year sizing. Accessories are also available for teens and adults. The sizing categories: the smallest size coverage is from newborn up to six months, then a three-month up to one year, one year up to 3T, 3T to 6T, 6T to nine years and nine years to 12-year sizing.

Prices on clothing items vary. Accessories start at \$8 each for the scrunchies. The lower-end prices for her clothing pieces start at \$35-\$40 and increase as the child grows, based on the amount of fabric she uses. The biggest size is \$60. Her three-piece sets, which include a T-shirt, shorts and pullover, range from \$75 to just under \$100. For more details, check out her website.

Not only does Duguid’s clothing work to solve budgetary concerns, but it is also a set towards a more sustainable lifestyle.

Each year, 100 billion garments are made. Ninety-



two million tonnes of them make up our landfills.

Purchasing clothing that grows with you means buying less, helping to reduce the 92 million tonnes of waste in our landfills.

To be even more conscious of her waste, Duguid uses small fabric scraps from her clothing orders to make accessories. The smaller pieces that can’t be used for accessories, Duguid uses to stuff beds for pets, which she donates to the Gimli Humane Society.

“When I first opened my shop, I knew that waste would be generated. ... Right from when I started, I wanted to find a solution, so I wasn’t sending fabric scrapes to landfill,” said Duguid.

Duguid has made and donated the animal beds to the Humane Society since she opened two and a half years ago.

She said her children often help her stuff the beds, so it’s become a family thing.

So far this year, Duguid has donated approximately 50 beds.

With less than three years into the business, Duguid has many goals. Her main goal is to expand her customer reach and grow her email newsletter. In addition, she is working on her spring and summer lines, which will be available at many in-person spring and summer markets. She is at the Arnes Farmer’s Market most of the summer.

Wheat & Wildflower Handmade ships across Canada, and orders are shipped out within 24 hours of being placed. Pick-up can be arranged.

The best way to place your economic and sus-

evaluation.

Dalman said the club is hoping to get more children interested in collectibles including specialty coins depicting superheroes or Disney characters, as well as comic books.

“Coins nowadays run the gamut of subjects. I will be bringing some of my superman coins, Disney coins and sports coins to the show,” said Dalman. “We’ll also have Marvel Comics, DC Comics, Batman, Superman, Black Panther, Wonder Women and other comic books at the show.”

The coin club will be joined by staff from the Royal Canadian Mint, which will be offering a free coin exchange. The Mint is bringing uncirculated collectible loonies that people can have in exchange



EXPRESS PHOTO SUBMITTED

Owner of Wheat & Wildflower Handmade, Janine Duguid designs “grow with me clothing” — clothing meant to grow with kids for up to three sizes.

tainable clothing order is by visiting the website at wheatandwildflower.ca. If you have any questions about the clothing or the business, Duguid can be reached at wheatandwildflower@outlook.com.

Duguid is seeking help with her production and administration side of her business.

If interested, keep your eye out for the job posting.

> COIN SHOW, FROM PG. 4

a collector’s item.

Even money that’s not considered “old” can be worth more than face value. For example, the Royal Canadian Mint issued three different commemorative 10-cent coins in 2021 for the 100th anniversary of the Blue Nose. One is coloured, one is uncoloured and one has 1921 on its left side and 2021 on its right side, said Dalman. The dime with the dates on the left and right side is the more highly valued coin.

People with American and other foreign currency (coins or bills) — including coins from Roman times — are welcome to bring them to the show for

for two run-of-the-mill loonies.

People who want to learn about how to value their coins and bills before the show can visit websites such as coinsandcanada.com

The Manitoba Coin Club’s Coin, Stamp & Collectibles show takes place May 13-14 at the Little Red Barn on Highway 236 and Road 75, just south of Stonewall. Admission is \$5. There will be giveaways and door prizes. Children under 12 get in free. There is parking for hundreds of cars.

Anyone interested in joining the Winnipeg-based Manitoba Coin Club can fill out an application form at the show. Visit the club online: www.manitobacoinclub.org

IFM expanding payment options and providing 'bigger bang' with \$9,927 provincial grant

By Patricia Barrett

The Icelandic Festival of Manitoba (IFM) will be upgrading its technology to expand payment options for festival-goers and enhancing its entertainment offerings after receiving two grants from the provincial government.

IFM manager Thora Palson said the festival is very appreciative of the grants it received under the Arts, Culture and Sport in Community Fund's programs.

The festival received a total of \$9,927 under the Community Celebrations program and the Small Capital and Special Initiatives program.

"With this additional financial support from the province, the festival will make a technology investment and upgrade our office efficiency by adding an additional staff computer and update our point-of-sale system," said Palson. "Last year we recognized that we needed to focus on improving accessibility by providing the option of card payments at our events and being mindful of the challenges of

dealing with cash only. With this grant funding we are able to make improvements to the efficiency and experience of our event and operations."

The grant received under the Community Celebrations program will enhance the festival's spectacular fireworks display, she said. The festival relies on fundraising with local businesses for the fireworks show and the grant money will see the festival on its way to a "bigger bang" for 2023.

"This summer when the sky lights up in awe, our thanks go to supporting local businesses which are recognized in the Icelandic Festival's traditional printed program and on-line content," said Palson, "and we'll acknowledge the grant contribution of the province towards the enhancement of the display."

She added that the festival appreciates the efforts of Gimli fire chief Gary MacGregor and his team who work behind the scenes to make the fireworks one of the highlights of Islend-ingadagurinn.



EXPRESS PHOTO COURTESY OF THORA PALSON
Provincial agriculture minister Derek Johnson presented Icelandic Festival of Manitoba manager Thora Palson with a cheque for \$9,927 at the Royal Manitoba Winter Fair in March.

CASH ADVANCE

BEAT THE BANK

with a cash advance from
Manitoba Crop Alliance!

Available on 35 crop kinds and honey.

Low interest rates, knowledgeable staff, fast service.

*To get started, visit
mbcropalliance.ca
or call us toll free
at 1-877-598-5685*

Cash advances are made under the Government of Canada's Advance Payments Program.



Advance Payments Program



MANITOBA CROP ALLIANCE



Agriculture and Agri-Food Canada
Advance Payments Program



Agriculture et Agroalimentaire Canada
Programme de paiements anticipés

HE HAS Risen





OFFICE@JAMESBEZAN.COM
JAMESBEZAN.COM
204-785-6151

SELKIRK—INTERLAKE—EASTMAN

Celebrating the healing power of music

By Lorne Stelmach

Joel Klassen is obviously a firm believer in the transformative and healing power of music.

The Winkler resident, who is now serving as the president of the Canadian Association of Music Therapists, sees every day how music therapy can help in a wide variety of situations to promote health, well-being and quality of life.

"Every day in my work, I work with people who can't tell me their first name, but they can sing all the words to their favourite songs," said Klassen, who was helping to promote and raise awareness of the field with

"EVERY DAY IN MY WORK, I WORK WITH PEOPLE WHO CAN'T TELL ME THEIR FIRST NAME, BUT THEY CAN SING ALL THE WORDS TO THEIR FAVOURITE SONGS."

March serving as Music Therapy Awareness Month.

"It's used in a wide range of settings. ... My experience is in long term care and at Eden Mental Health Centre, but many therapists work in school settings or in intensive care in hospitals or pediatric care or cancer wards and maternity wards."

Klassen believes it is a field that continues to gain more recognition, with about a thousand music therapists in Canada working in a variety of settings.

Music therapy has been proven to help people improve skills, decrease stress and feel strengthened during a transition or crisis by alleviating physical symptoms, supporting coping and well-being, and aiding people in processing their spiritual and existential concerns.

It often involves counselling coupled with intentional listening to live and/or recorded music while discussing the personal relevance of song lyrics as well as more active engagement in music experiences such as writing songs, singing or playing instruments.

Klassen traces his interest in the field back to music being a big part of



EXPRESS PHOTO SUBMITTED

Music therapist Joel Klassen loves bringing music into local personal care homes and health-care centres.

his family life as a child.

"I grew up in a very musical household," he said, noting he learned not only to play a number of instruments but also sang in choirs.

"After high school I started working in homes with adults with disabilities," he said. "I started to just realize I love working with people, and I started bringing my guitar to that day program setting."

He then learned about music therapy as a career and knew quickly that was what he wanted to be doing.

Today, about 80 per cent of his job is working in dementia care, travelling to work with residents in long-term care homes across the region. Music therapy is also a full-time position at the Eden Mental Health Centre; he

started there in 2005.

"It's the most consistently helpful intervention that many of the residents experience," Klassen suggested. "Many of the people hardly come out of their rooms except for meals, but they'll come out for music."

"Actually, a lot of my training was with people with autism, so I would be sitting at a piano ... the child would be sitting with a drum or a cymbal," he recalled. "Maybe they're non-verbal or don't have language in the normal way, but they're banging on this drum, and I'm matching that at the piano."

Klassen welcomes any opportunity to spread the word about his field of work.

"Our lot in life as music therapists is to have kind of an elevator speech or a way of explaining what it is to people, and even that isn't all that easy to do," he said. "It's interesting to be in a profession where there's that need to explain yourself a lot."

"Music is a part of being human, and music therapy works for people in the same way that music works on all of us. The qualities of music, the rhythm and the emotion, they work on our human systems in very specific ways, and so a music therapist harnesses those qualities of music to facilitate the relationship."

"It's really like any other therapy in the sense that you're forming a relationship between two people, but it's music that is the tool that's facilitating that relationship."

If you are interested in learning more, head to musictherapy.ca.

Great Time to Sell Your Home or Cottage

MARKET IS STILL HOT!!

HAVE BUYERS READY TO BUY
204-641-4020

Call or text for a FREE home evaluation.

- Interlake Specialist
- Knowledgeable
- Experienced
- Great Marketing Plan
- Local Realtor

Serving the Interlake and Winnipeg



DARYL CARRY
204-641-4020
dcarry@mts.net
darylcarry.com

2022 Master Sales Award



Manitoba's #1 Brokerage by Units Sold and Total Volume.

Flight Training

START YOUR CAREER AS A PILOT!

Becoming a pilot can be a rewarding career

LAKESIDE FLIGHT SCHOOL IS THE MOST AFFORDABLE IN CANADA. RECREATIONAL, PRIVATE AND COMMERCIAL LICENCE. AUTHORIZED TRAINING FOR COMMERCIAL PILOT LICENCE, FLIGHT INSTRUCTOR RATING, NIGHT RATING, PRIVATE PILOT LICENCE, RECREATIONAL PILOT PERMIT AND VFR OVER-THE-TOP RATING

Want to learn to fly?

RECREATIONAL PILOT PROGRAM is the best way to get started. Must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger. Can easily add float rating to permit.



LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402



Mise en Scene puts a spin on reality with new album and new beer

Party at Gimli's Ship & Plough on April 8

By Patricia Barrett

Indie rock band Mise en Scene has really put a spin on reality with its latest album, and the band will be celebrating its upcoming release — along with a new beer — at the Ship & Plough pub in Gimli this Saturday.

The award-winning Gimli duo of Stefanie Johnson (guitar, vocals) and Jodi Dunlop (drums, vocals) will be treating fans and pub-goers to a preview of their new album *Reality Bites* and launching their second pale ale made by Torque Brewery. Later in the evening, people can take part in a musically themed pub quiz.

Johnson said she wrote the track *Reality Bites* before the COVID pandemic hit, and it turned out to be a fitting tribute to a general feeling of despondency about the future that has so many people in its grip, especially young adults. The album also takes on social media's image swindle and the rising polarization of society. But it speaks, as well, to our capacity for hope and our never-ending search for love.

The video for the single *Reality Bites* was shot in Gimli, with the town's laundromat on Third Avenue taking a supporting role. It follows the duo — their blue jackets a subtle nod to blue-collar workers — as they go about drudge-inducing tasks, feeling locked in to a repetitive cycle while asking why the temptation to leave it all behind is getting in the way of their minimum-wage jobs.

"It is about growing up and realizing I have to bills to pay and that I don't have summers off anymore because the mundane, brutal realities of adulthood have set in," said Johnson. "And since the pandemic hit, reality really does bite. There are wonderful things about life but there are also bad things about life, which is the reality of our world."

The band's high octane sound, soaring harmonies and clever hooks earned it the distinction of Rock Art-



Torque Brewing created a pale ale after the band's song and album titled *Reality Bites*.

ist of the Year in 2021 at the Western Canadian Music Awards. Johnson and Dunlop are joined by session musicians from the Interlake, including Corey Hykawy from Gimli and Paige Drobot from Petersfield, to round out their sound.

The single *Nicer*, which the band released last spring but will be included on the new album, tackles nastiness and bullying, which was thrown into acute relief during the pandemic.

"We all have our own problems and issues, but we should start working towards being better to each other. I feel that we're still kind of cruel to each other judging by all the bullying we see. We're being really impatient with each other," said Johnson. "How do we move on from the pandemic and these hard times? We have to believe there is hope and happiness in the future because otherwise we wouldn't be able to go on."

Johnson also confronts the allure and illusion of social media through the song *Beautiful People*. She said the images we see online can often trigger body dysphoria, making people "feel really bad about themselves" and that "you're just a loser compared to images you see online."

The album will be released on vinyl for those who love to "handle a record, read the credits, flip it around and sit back and listen to all the songs" as opposed to listening to one track through a streaming service.

It features six tracks on Side A and



EXPRESS PHOTOS BY ADAM KELLY

Mise en Scene from left Jodi Dunlop and Stefanie Johnson. The band's new album *Reality Bites* will be released in June, but fans can get a preview this Saturday.

six instrumentals of the same songs on Side B for people who "just want an instrumental kind of day."

"When you listen to the instrumental version, you can hear some of the nuances you might have missed with vocals present. It's a really cool way to listen to the songs," said Johnson.

The album preview party at the Ship & Plough will give fans a chance to purchase merchandise and try out the band's new *Reality Bites* beer, a pale ale created for them by Winnipeg-based Torque Brewery. The brewery had released a Winnipeg, California beer after the band's eponymous 2020 album. The beer will be available in liquor stores, including Gimli's.

The album is set for release on June 23. Johnson said she's planning to do an acoustic show or a songwriter-in-the-round event in June after it's officially launched.

Not one to sit around, the band has

already written material for their next album, which is expected to be released in 2024.

Mise en Scene will be at the Ship & Plough on April 8, starting at 4 p.m. The band is hosting a two-hour happy hour at which people can listen to the new album, purchase merchandise and try their new beer on tap. The pub quiz kicks off at 8 p.m.

Visit Mise en Scene at www.miseensceneband.com. Their social media handle is @miseensceneband

Walk-in Clinic
 Open Monday, Tuesday, Thursday 9 to 5
 Friday 9 to 4
OPEN LATE WEDNESDAY TO 7 PM

15 Wersch St. Selkirk
 204-482-4044

Phone number change for Ashern Medical Clinic, 1 Steenson Drive

A new phone system has been installed at Ashern Medical Clinic. Now, there is only one number for all physician appointment bookings: 204-768-3821

When you call you will have to listen for the extension of the physician you would like to book an appointment with. The fax number remains the same: 204-768-2862

The Gordon Howard Centre
 Presents
Spring into Fashion

Come to see all the wonderful fashions the Johnsons have to offer. We will have an evening of fashion, fun and social togetherness.

Thursday, April 27, 2023
 7:00 p.m.

Gordon Howard Banquet Hall
 384 Eveline St., Selkirk

Members \$25 • Non-Members - \$27
 Complimentary glass of wine with your ticket, plus dessert.
 There will be a Silent Auction

Wagon rides coming to Stony Mountain this spring in memory of Laurel

By Autumn Fehr

A new horse-bound activity is coming soon to Stony Mountain.

As springtime comes and the snow starts melting away, horses' hooves will fill the dirt roads as wagon rides become available for residents.

Stephanie and Darrel Vincent, a couple who recently acquired a team of five-year-old shires from an old friend, will conduct the rides personally.

"I love driving my team of horses, and anytime someone passes by the team, they have a big smile on their face, so we thought, 'Why not bring that joy to people's lives and offer a unique day out?'" said Stephanie Vincent.

When their good friend Laurel Blais passed away in October 2022, the Vincents took over the trained team of horses — five-year-old shires Willie and Willow.

"He was very well known and loved in his community of St. Laurent and always brought joy to people while driving his horses, so we hope to bring the same joy to Stony Mountain and surrounding areas," she said.

They will run the rides via the dirt roads right from their farm that they will be driving down and offering to go into town too.

If you're looking to go on a date with that special someone or even a double date with your friend, a ride on the beautiful white wagon is the way to go. The wagon rides are also great for family outings, as they can hold up to eight people.

For an hour ride for two people, it is \$120, and for larger crowds of six to eight people, it will be \$160 for an hour.

The rides will run until the first snowfall or until the weather is no longer nice enough. The couple will



EXPRESS PHOTO BY LARISSA ASSELIN-CHARTRAND PHOTOGRAPHY
Laurel and Kim Blais driving the team of Willie and Willow, 5-year-old shires for Stephanie and Darrel Vincent on their wedding in September 2022.

also offer sleigh rides around their farm at Christmas time.

To book your wagon ride, you can contact the Vincents at 431-688-2919.

> HEALTH, FROM PG. 6

creased from 5.7 per cent in epidemiological Week 5 to 12.5 per cent in Week 9. XBB has now been detected in 119 countries. XBB.1.5 has been detected in 85 countries.

- Health Canada issued a recall on March 30 for Komera Original's Seasoned Hot Pepper Sauce because of Clostridium botulinum toxin.

The symptoms include facial pa-

ralysis, loss of facial expression, unreactive pupils, difficulty swallowing, blurred vision and slurred speech. Botulism does not cause a fever. In severe cases people can die.

The product was sold in Manitoba, Alberta and Quebec, as well as online.

- The Interlake-Eastern Regional Health Authority reported no new respiratory illness outbreaks (COVID, RSV, influenza, etc.) at hospitals and personal care homes throughout the

region (outbreak page viewed April 2).

- The IERHA's emergency room schedule for the period April 1-15 shows two days (24-7) of ER availability at the Eriksdale hospital and four days (two 24-7 and two half days) of ER availability at the Arborg hospital. The Ashern ER is available for 12 days over that 15-day period, and the Gimli ER is available for 14 days. The schedule is posted online and is sub-

ject to change.

At the Eriksdale hospital, outpatient lab and ECG services are available Monday to Friday from 8:30 a.m. to 4:30 p.m. Outpatient X-rays are available on Mondays and on Thursdays from 8:30 a.m. to 4:30 p.m., according to a notice from Shared Health.

- The IERHA is offering a nine-week caring program that will teach volunteers how to understand suffering and compassion, trauma and crisis, and communication and spiritual development, according to a March 29 news release on its website.

The Spirit of Caring course will be offered online once a week for nine weeks. It will be led by the IERHA's spiritual health services co-ordinator Ferdinand Funk, who had been a pastor for over 20 years before joining the IERHA.

The course prepares volunteers to respectfully and compassionately accompany and support people in a health-care setting.

"This is a course that will build the capacity and increase self-awareness of the participants to engage in the practice of spiritual care, particularly in changing situations such as might occur in a health-care setting," said Funk in the news release. "We welcome those interested in the spiritual aspect of life in general, and in health care particularly, and with the goal of becoming a spiritual care volunteer with the IERHA."

Those interested in registering for the course or need more information can call Ferdinand Funk at 204-461-3414 or email ffunk@ierha.ca. The deadline to register is April 14.

NOW OPEN MON-SAT 9 am to Midnight, Sun 10 am to 10 pm

**NOW
GOLF
IS ALWAYS
IN SEASON**

**GOLF
SIMULATORS
& LOUNGE**

**331-1st. St. E.
Stonewall
Phone 204-467-PLAY (7529)**

www.nineteenthole.ca



THE 19th HOLE

BOOK ONLINE TODAY

First Nations teen signs one-day contract with NHL's Pittsburgh Penguins

By Sam Laskaris, Local Journalism Initiative Reporter Wind-speaker.com

When he was diagnosed with a potentially dangerous heart condition back in 2016, Steven "Chayce" Taylor had to cut back on his athletic activities, including giving up playing hockey.

But that hasn't prevented Taylor, a 14-year-old from Berens River First Nation, from making it to the National Hockey League.

Earlier this month, Taylor signed a one-day contract to join the roster of the NHL's Pittsburgh Penguins, through Make-A-Wish. The foundation, launched in 1980, helps fulfill wishes for children under 18 with a critical illness.

Taylor was diagnosed with Long QT syndrome. He was born with a heart defect that can significantly alter his heart rate, leading to a potentially life-threatening situation. He now takes daily medication to regulate his heart rate.

Though signing a contract with the Penguins was obviously a highlight in his life, Taylor, who lives in Edmonton said most of his friends were nonchalant about the experience.

"My friends didn't care about it," said Taylor, whose cousin is former NHL star Reggie Leach, a member of the 1975 Stanley Cup champion Philadelphia Flyers. "They're mostly all into soccer. But my teachers were definitely impressed, and so were my neighbours."

Taylor's mother Kody said her son had actually been waiting a handful of years to have his wish granted of joining the Penguins' organization for a day.

Officials with Stollery Children's Hospital in Edmonton had completed paperwork that he was eligible for the Make-A-Wish program several years ago.

Program officials then contacted Taylor's family to determine what Chayce's wish would be. His top preference was always to join the Penguins in Pittsburgh for a day.

After being told his wish would be granted, the COVID-19 pandemic hit the world in early 2020 putting Taylor's wish and travel plans on hold.

His wish was finally fulfilled a few weeks ago, on March 8. Taylor was one of four youth who signed one-day contracts to join the Penguins' organization.

He travelled from Edmonton to Pittsburgh for a five-day trip with his mother, eight-month-old sister Beaux and his stepfather Kurt Johnson.

"It was absolutely incredible," Kody Taylor said. "He's been waiting for this for years."

Chayce and the three other wish recipients started off their trip by having breakfast inside the Penguins' dressing room.

Various Pittsburgh players, as well as the team's head coach Mike Sullivan, popped into the dressing room at various times during the breakfast, held before a team practice.

Sullivan said it's not just the wish recipients but also those part of the Penguins' organization who were fortunate to be part of the day.

"It's an incredible experience for all of us that have an opportunity to share an experience with these kids that are going through a difficult time," he said. "I think we gain every bit as much fulfillment out of it as they do. I know it's a huge thrill for our guys. They look forward to this opportunity. It's certainly a privilege from our standpoint to meet these kids."

After their breakfast and meet-and-greets in the dressing room, the wish recipients and Penguins' general manager Ron Hextall participated in a



EXPRESS PHOTO SUBMITTED
Steven "Chayce" Taylor, 14, signed a one-day contract to join the Pittsburgh Penguins and Sidney Crosby after having his Make-A-Wish granted. Taylor and his family travelled to Pittsburgh on March 8.

press conference during which one-day contracts to join the club were signed.

"We're excited to have them as part of our team today," said Hextall, a former NHL goaltender. "It's an exciting day for all of our players. I know our players are pumped."

Following the press conference, the four wish recipients donned hockey gear and hit the ice as the

Continued on page 16

Local Denturist receives international award for dentures

BY ELISHA VANDOR

Every 2 years, the world's largest dental convention is held in Cologne, Germany. Well-known dental brands/companies, like 3M and Candulor (a Swiss Dental company), come from all over the world to showcase their latest innovations, improved dental technology and products. This year, the convention was held in mid-March and Brock's denture was showcased as one of the best in the world. So how did he receive such accolades and this prestigious title? Well, he competed in a world-wide denture competition! It's like the Olympics for Denturists – they compete in hopes to have their denture showcased and ranked among the world's best. The Swiss dental company and school, called Candulor, hosts the denture competition and this year was their 13th International. They received over 100 world-wide submissions across 4 continents. Each competitor receives the same patient description, mouth moulds,

and criteria to create the dentures. The criteria are based on specific factors that a patient would normally request, like showing more upper and lower teeth, having a less protruding chin and more age-appropriate realistic looking teeth. Each competitor is required to custom-make the denture using their skills, knowledge and specific denture techniques. Those who placed in the top 15 were invited to attend the awards presentation ceremony in Cologne. With much anticipation and expectation, Brock was delighted to find out that he had placed in the top 15 and received a personal invite to attend the awards ceremony. He was honoured to receive 14th place for his denture work.

With the skills and knowledge he's acquired he has been asked to start providing lectures and courses on the art of Denturism. Ultimately, he says, "the best part is being able to serve my current and future patients in Winnipeg,

Selkirk and the surrounding areas with excellent quality dentures, because people deserve the best that I myself and everyone in our clinic can offer."

When asked what makes his dentures award-winning, he said "it's about identifying what each patient wants and what's important for them to love their new teeth and then find a creative solution to do just that. Also, you have to identify the things that they don't like or had a bad experience with previously, and make sure we don't do the same thing again. I give a lot of credit to my dad (who was also a Denturist). He taught me that there's always a creative solution to any denture problem."

Brock has competed three times in the international denture competition, with his highest place being 1st in North America. If you would like to see what world class dentures can do for you then give us a call for a free consultation and ask about our senior pricing.



Brock Vandor shows his award-winning denture submission to the 13th International KunstZahnWerk Denture competition.

VANDOR • DENTURE • CENTRE
AWARD-WINNING DENTURES AND IMPLANTS

(204) 482-6698

299.5 Eaton Ave, Selkirk, MB

Easter egg-stravaganza



EXPRESS PHOTOS SUBMITTED

The Riverton and District Friendship centre held an egg-stravaganza special Easter party for friends and family last week. Children of all ages enjoyed the bouncy council, face painting and a candy toss along with a visit from the Easter bunny.

BASF Canada Agricultural Solutions to invest \$75,000 to help grow Prairie communities

Submitted by BASF

Three growers across the Prairies will have a chance to win big for their hometowns this spring with the launch of Growing Home with BASF.

From April 3 to 30, individuals in Alberta, Saskatchewan and Manitoba can nominate organizations that help grow their communities to win one of the \$25,000 prizes.

This year, BASF Canada Agricultural Solutions is launching a new community investment program, offering

rural farming communities a chance to share what matters most to them. Community members will have the chance to rally around and raise support for their local organizations.

“Farming is the biggest job on earth and wouldn’t be possible without the inspiring community support seen throughout the agriculture industry,” says Nicole McAuley, head of communications and public affairs for BASF Canada Agricultural Solutions. “We are thrilled to have the oppor-

tunity to recognize and contribute to the essential institutions that connect and strengthen farming communities across the prairies.”

Growers and their rural communities are the heartbeat of Western Canada and BASF is proud to support those communities. Participants are encouraged to nominate local organizations and initiatives on which their communities rely, from recreation centres to playgrounds, and volunteer emergency services to food pantries.

Nominations will be judged based on criteria including alignment to Canadian agriculture and alignment to

BASF’s values — building safe and healthy communities; diversity, equity and inclusion; and developing future leaders in agriculture.

Following the nomination period, 15 finalists — five from each province — will be selected and announced for public voting to select one winning organization in each province. Voting will be available throughout Canada, with the three winners to be announced in June.

To learn more about Growing Home with BASF and for full terms and conditions, please visit agsolutions.ca/growinghome.

Scenic Flight Tour

\$119 FOR A 3 PERSON FLIGHT TOUR
Book Today!

LS AIRWAYS FLIGHT ACADEMY

LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402

> PENGUINS, FROM PG. 15

Penguins’ practice was ending.

Several of the team’s players, however, stuck around and skated with the youth for about half an hour.

The next day the wish recipients and their family members watched the Penguins square off against the New York Islanders.

Pittsburgh captain Sidney Crosby offered the family members use of his charity suite to watch the game.

“They covered all of our expenses,” Kody Taylor said. “They went above and beyond.”

The Penguins have been involved with the Make-A-Wish program for about three decades now.

Dana Antkowiak, the senior manager of marketing and communications for Pittsburgh’s Make-A-Wish

branch, was pleased to see the Penguins return to fulfilling wishes this year.

“These kids already faced isolation and difficult times before the pandemic,” Antkowiak said of this year’s recipients. “Then you add a pandemic on top of that, it’s been exceptionally challenging for these families. For wishes to return to normal, it just means the world to them. It’s so impactful on their life.”

Besides his NHL contract which he plans to get framed, Chayce returned from Pittsburgh with several other souvenirs, including a Penguins’ jersey with his name on the back, as well as a helmet signed by the team’s players.

Eggcellent Arborg and Interlake Kids Club Easter Hunt



Jordan Cook, general manager, Interlake Co-op

Interlake Co-op hosted a Kids Club Easter Hunt at both of their food stores on March 27 and 28. Approximately 70 children came to the Arborg hunt and 50 to the Eriksdale hunt. All the children got a list of clues to find prizes hidden throughout the store with their families. After completing the hunt, each child received a free cookie and drink along with an opportunity for a photo and high five with Cooper the mascot.

General manager Jordan Cook said he is thankful they are able to host local events for the kids club members to help make a positive difference in our members' lives. He also thanked the vendors and kids club committee for their help to make this a success.

EXPRESS PHOTOS SUBMITTED



Arborg arena lets the paint loose for spring break

By Patricia Barrett

At the end of its indoor ice season, the Arborg-Bifrost Parks and Recreation Commission invited residents to splash some paint around at the arena.

About 25 families, supplied with free paint, took to the ice on March 25 to create some festive and creative works of art over the course of two hours. The ice paintings included palm trees, sea and sunshine, an Easter bunny and Shrek, the big green ogre.

Recreation director Tom Chwaliboga said the commission turned off its ice plant the day before and invited people to paint whatever they wanted on the ice.

The commission provided the paint that's used to colour the lines, zones and logos on hockey and curling rinks, as well as paint brushes. They gave participants a pile of different colours, including orange, green, yellow, red, grey, black and blue, and let people "go crazy" with their images, said Chwaliboga.

"We had about 20 people come out,



Lyla Shachtay painted her name.

mostly kids, and their moms and dads helped them paint. They painted a number of different things on the ice. The kids had fun," he said. "Lots of NHL arenas do that when their season is over. Usually, they'll invite season ticket holders to paint the ice. We don't have season ticket holders, so we invited anyone to come out and paint the ice."



EXPRESS PHOTOS SUBMITTED

Gunnar Olafson, Ty Shachtay, Hayden Plett and Mason Bardarson painted a minion on the ice surface.

MTYP brings 'Frozen River' to local schools

By Lorne Stelmach

A Manitoba Theatre for Young People (MTYP) touring production that came to Warren this week offered a timely message for students.

Frozen River explores such ideas as broken promises, reconciliation, and connection through a story that spans centuries. It had performances scheduled for Warren and East Selkirk on April 4, Teulon on May 4 and Gypsumville on May 19.

It offered Julia Davis — who is a Winnipeg Inuk singer, actress and composer — a great opportunity to give back to MTYP, where she started theatre classes at a young age and then as a teenager was in their musical theatre company.

"This is my first professional touring production with them, so it's pretty cool. It's a pretty cool full circle moment after being involved with them for so many years," said Davis. "It's been really cool to be going all over the province."

Davis recently completed her second year of study with the Village Conservatory for Music Theatre, where she premiered her own piece, *Aqqaq* (Northern Lights), at the year-end showcase.

She also holds a bachelor of music in vocal performance from the Desautels Faculty of Music at the University of Manitoba and is actively involved in theatre performances, competitions and film projects around Winnipeg.

Davis is now part of *Frozen River* as it undertakes a 12-week tour across Manitoba before heading to Young People's Theatre in Toronto and ending the tour in northern Manitoba.

Come May, the show will have been performed

over 180 times across the country. It is a story that draws on history, co-operation, traditional knowledge and reconciliation.

Grandmother Moon tells the story of two 11-year-olds born under the same blood moon but in different parts of the world.

The play follows their stories as they meet in a forest and that of their descendants who meet in the present day in what is known as Manitoba. A broken promise from the past can be righted when there is finally an openness to learn from those who have protected and honoured the waterways for centuries.

Davis likes how the story makes the connections between the different timelines.

"It's about these two girls and their friendship and how they interact, and it's told in a really exciting way. They use puppets, there's some beautiful music, and the set is just gorgeous," she said. "It's a beautiful story that I think is accessible for all ages."

"The idea is about understanding each other's cultures and making promises that are intended to be kept and the repercussions that can come from breaking those promises and the hurt that can come from not being able to try to understand a culture that is different from your own."

"It's told in a way that the kids can understand," Davis continued. "The reception has been great so far. We do a little question and answer at the end, and it's been really neat to see what they've picked up from the play and the things that they remember and the messages that they received through the story."



PHOTOS BY LORNE STELMACH

Manitoba Theatre for Young People were at schools in Morden and Altona last week to perform *Frozen River*, a play highlighting Canadian history, traditional knowledge, and reconciliation.

"We do discuss the issues, such as the water on the reserves, how a lot of reserves today don't have access to clean water. ... That's an important issue that arises in the play and in real life."

"I hope it can really inspire them to keep having these conversations," Davis said in concluding with her thought on what she hopes students take away from the show.

"I think that the most interesting

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Provincial curling recap for the week

By Ty Dilello

Gimli's Kerri and Kyle Einarson participated last weekend at the 2023 Manitoba Mixed Curling Championships at the Assiniboine Memorial Curling Club in Winnipeg.

Kerri Einarson was back on the ice competing with her husband this past weekend on Team Ryan Wiebe after winning a bronze medal at the World Women's Curling Championships in Sweden last month.

Wiebe's rink qualified for the play-offs through the B-Side after winning two games and losing one. However, in the quarterfinals, they lost to Hayden Forrester of East St. Paul, giving up a five-ender in the end to lose 8-6.

"It was a very cool experience to play with one of the top women's curlers in the world for a weekend," said Ryan Wiebe. "Obviously it was hard to lose in the end and not win the provincials, but it was still a great time and a highlight for my curling

career. I hope one day to be half as accomplished as Kerri in the curling world."

Fort Rouge's Kyle Kurz was victorious at the Provincial Mixed Championship after defeating Corey Chambers of Fort Garry 8-1 in the final. Stonewall's Zachary Wasyluk also participated and reached the semi-finals before losing to Chambers.

In other curling news, the 2023 Canadian Junior Curling Championships were also held this past weekend in Rouyn-Noranda, Que.

Winnipeg's Jordon McDonald and McCreary's Zoey Terrick, representing Team Manitoba, both took home the bronze medal in their respective boys' and girls' national championships.

Virden's Jace Freeman and St. Vital's Grace Beaudry also participated at the junior nationals as Team Manitoba 2. Unfortunately, Freeman lost out in the quarterfinals, while Beaudry missed the playoffs.



EXPRESS PHOTO BY CURLMANITOBA

Gimli's Kerri and Kyle Einarson participated in the 2023 Manitoba Mixed Curling Championships at the Assiniboine Memorial Curling Club in Winnipeg last weekend. Pictured, left to right: Ryan Wiebe, Kerri Einarson, Kyle Einarson and Jennifer Clark-Rouire.

Locals invited to Hockey Manitoba POE U16 camps



Mason Bernier

Staff

Mason Bernier, a forward, was the lone Interlake Lightning player invited to the 2023 Hockey Manitoba Program of Excellence U16 camp held at the Scotiabank hockey for all centre last weekend.

Bernier scored 18 goals and collected 24 points in 26 games this past season for the AAA U15 Lightning.

The Male Under-16 Program of Ex-

cellence is the first step in the Hockey Canada Male Program of Excellence. Athletes who participated in the U16 POE camp received the exposure to skills and concepts that are vital for success at the Major Junior, NCAA, USport and national levels. Many athletes from the U16 Program of Excellence go on to success with the U17, U18 and World Junior teams as a part of the Hockey Canada Program of Ex-

cellence.

Meanwhile, several local players were invited to the U16 POE female camp. They included Georgia O'Neil (Interlake Lightning), Kashlynn Keisman (Stonewall Blues), Myla Johannesson (Stonewall Blues), Daisy Ducharme (Lakeside), Bailey Mantik (Stonewall U15), Maria Riddell (Stonewall U15) and Bethany Bear (Peguis Warriors).

To see more photos of your favourite Interlake Athletes

GO TO Stonewall Teulon Tribune | flickr

Copyright Stonewall Teulon Tribune. To be used for personal use only.

Classifieds

Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca



SCRAP METAL

Buyer for all farm-yard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CALL AT 204-861-2031.

MOBILE HOME FOR SALE

Approx. 1996, 4 bdrm. Best Buy mobile home with addition. Comes with skirting, fridge, stove, dishwasher, electric heat, air conditioning. Ready to be moved. \$80,000 obo. Ph 204-641-8137.

HELP WANTED

Help Wanted - Looking for someone who can support and provide in home care to a woman approaching 70 years of age, living at home. Located at Lake Manitoba Narrows North Cottage development, this is an opportunity to provide companionship and essential care, which is both rewarding personally and professionally. Duties include acting as a personal companion, transfers, assistance with personal care, and assistance with meals. Candidates should have a current Criminal Record check with Vulnerable Sector and Adult Abuse Registry check (within 12 months), a current BLS/CPR certification would be beneficial.

CONT. ON NEXT COL.

We are willing to pay above and beyond the standard rate for similar positions within the health region to a candidate who can help us. Email resume: dboleski@gmail.com or call 204-293-0884.

Hair Source is hiring in Stonewall full/part time in a very busy salon. Great location for walk-ins. Matrix Salon to join our elite team of stylists. Please drop resume off at # 5 408 Main St. Stonewall or email hairsource@gmail.com or call 204-461-1450 for more information.

ROCKY MOUNTAIN EQUIPMENT IS HIRING: Parts Technicians, Agriculture & Heavy Equipment Techs - Journeyman, Apprentices, CVIP/Truck Techs and RAP Students, Shop and Field positions available. View open roles www.rockymtn.com/careers. Possible relocation and signing bonus offered.

FINANCIAL SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firststandsecondmortgages.ca

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

Wanted old advertising: dealership signs, service station, gas pumps, globes, oil cans, Red Indian, White Rose, Buffalo, Husky, Ford, GM, Dodge, Tire signs, Coke, Pepsi etc. Call 306-221-5908.

EXPRESS
WEEKLY NEWS
204-467-5836

WATER TREATMENT

Water softeners. Well pumps/tanks. 5 stage reverse osmosis systems, \$285. E-coli ultraviolet systems. Iron/odour/manganese removal filters. 10" & 20" Polyspun. Pleated. String wound. Carbon replacement water filters. Best prices. All Seasons Furnishings 204-661-8581.

LAKESIDE FLIGHT ACADEMY

Want to learn how to fly? Interested in a career as a commercial pilot? Lakeside Flight Academy is the most affordable in Canada. We have students from all over the world. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

UPCOMING EVENTS

Dauphin Gun & Hobby Show April 15th, 10 a.m. - 5 p.m. & April 16th, 10 a.m. - 3 p.m. 8th Avenue Hall. For info. call Victor 204-444-4690.

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

SPRING HIRING??? Need Class 1 Drivers? **BOOK YOUR 2023 BLANKET CLASSIFIED ADS NOW** in the 32 Weekly Manitoba Community Newspapers to get your messaging to be seen all over the province! Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at (204) 947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

LIVESTOCK

F Bar Ranch Angus bulls for sale. Choose from 20 two-year-old and yearling Red and Black Angus bulls. Great genetics and quiet, easy-handling stock. Bulls are semen-tested, delivery is available. For further info, contact Allen or Marilyn Staheli, Eddystone, MB (Hwy #481 just off Hwy #68) 204-447-0737 or 204-448-2124 or email: amstaheli@inethome.ca

GRAINLAND FOR RENT

151 acres cultivated crop land in the RM of Bifrost-Riverton. Land location SW29-22-4E. Land runs along east side of PTH #8 & RD 130 NE. Interested parties please call 204-376-5206.

ADVERTISE YOUR UPCOMING EVENTS IN THE EXPRESS

FARMLAND FOR RENT

Riverton area, SE 32-22-4E. 140 cultivated acres. Accepting bids through April 30, 2023. Contact Donald or Karen at 204-378-2495.

HAY FOR SALE

Large square bales of dairy quality alfalfa. Large square bales of net wrapped grass hay. Round bales of silage wrapped alfalfa. Feed test results available. Contact Ken at 204-981-7593.

FIND THE RIGHT PERSON FOR THE POSITION
with an **EMPLOYMENT/CAREERS AD** in **THE EXPRESS**
WEEKLY NEWS
204-467-5836

LINKS AT THE LAKE GOLF COURSE

PESTICIDE APPLICATION PROGRAMS PUBLIC NOTICE

Lakeland Golf Management intends to conduct the following pesticide control programs from April to November. All applications are part of a comprehensive Integrated Pest Management (IPM) strategy and depending on pest threshold levels, may or may not include:

Projected dates of application are from May 1st to November 15th, 2023

1. Weed control in turf grass areas within the property. Herbicides used may include: - glyphosate, dicamba, 2,4-D, mecoprop, acetic acid, iron, carfentrazone-ethyl, bipyribac (Na).
2. Fungus control in turfgrass and treed areas within the property. Fungicides used may include: chlorothalonil, floxionil, propiconazole, tritioxonil, myclobutanil, azoxystrobin, foseyl AL, pyraclostrobin, triticonazole, thiophanate-methyl, metalaxyl-M, tritloxystrobin, boscalid, mineral oil, etridiazole, hydrogen peroxide, tebuconazole, fludronil, mefentrifluconazole, metalaxyl - M&S isomer, fluopyram, fluzinam, pydiflumetofen, metaconazole, penthiopyrad, benzovindiflupyr, polyoxin D zinc salt.
3. Insect control in turfgrass and treed areas within the property. Insecticides used may include: - imidacloprid, chlorpyrifos, chlothianidin, chloranthraniliprole, carbarol, lambdacyhalothrin, permethrin, Bacillus thuringiensis, malathion.
4. Growth regulators of turfgrass areas within the property. Growth regulators may include: - polymeric polyoxyalkylene, trinexapac - ethyl.

The public may send written submissions or objections to SPECIFIC pest control program(s) within 15 days of publication to the department noted below:

Environment & Climate
Environmental Approvals Branch
14 Fultz Blvd, Winnipeg, MB R3Y 0L6

MUNICIPALITY OF BIFROST-RIVERTON UNDER THE AUTHORITY OF THE PLANNING ACT

NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter(s):

THE MUNICIPALITY OF BIFROST-RIVERTON BY-LAW NO. 2-2023
Being an amendment to the RM of Bifrost Zoning By-law No. 04-2011, as amended.

HEARING LOCATION: Municipality of Bifrost-Riverton Council Chambers
329 River Road, Arborg, MB

DATE & TIME: April 13, 2023
9:00 am

AFFECTED AREA: Pt. NW 2-24-02 EPM
Roll 190350

GENERAL INTENT: To rezone an area in the Municipality of Bifrost-Riverton from "AR" Agricultural Restricted Zone to "GD" General Development Zone.

PURPOSE: For the construction of a new Church as part of a proposed subdivision in the north-west corner of the affected property.

FOR INFO CONTACT: Nancy Thom, CAO/Development Officer, Eastern Interlake Planning District
62 - 2nd Avenue PO Box 1758 Gimli, MB R0C 1B0
Ph: 204-642-5478 Fax: 204-642-4061
Email: eipd@mymts.net Website: www.interlakeplanning.com



A copy of the proposal and supporting material may be provided upon request to the contact person mentioned above. Please note, if you have received this notice in the mail, the proposal and supporting material are already enclosed.

Please Note: E.I.P.D. recommends that property owner's notify lessee/renter if applicable.

204 PALLET AND PACKAGING

Like working with wood and working close to home?

204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Wage depending on experience, and health benefits after 3 months. **Please call 204-344-5404 for more details.**

Lundar Co-op Golf & Country Club EMPLOYMENT OPPORTUNITIES

The Lundar Co-op Golf & Country Club is looking to hire a Golf Course Superintendent, Assistant Golf Course Superintendent, Clubhouse Manager, Cook/Servers (full and part time). Also a summer student to be an Assistant Golf Course Superintendent.

Experience an asset but not necessary. Deadline to submit resume April 15, 2023.
If interested please call 204-762-5877, fax: 204-762-5833 or email: lundargolfcourse@gmail.com.

HELP WANTED

Links at the Lake Grounds/Maintenance Crew
Seasonal/Full Time
Must be able to work some weekends.

Send resume to:
schofield@lakelandgolfmanagement.com

Classifieds



Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewood-elkranch@mymts.net

Please support our advertisers
SHOP LOCAL

HIP/KNEE Replacement?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$2,500 yearly tax credit and up to \$30,000 Lump sum refund.**

Apply NOW; quickest refund Nationwide! Providing assistance during Covid.

Expert Help:
204-453-5372

NOTICE TO CREDITORS

NOTICE TO CREDITORS IN THE MATTER OF THE ESTATE OF: **CLARON BLAKE BEARDSLEY**, late of the R.M of Gimli, in Manitoba, Deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, 72A Centre Street, P.O. Box 6500, Gimli, Manitoba, R0C 1B0, on or before the 3rd day of May, 2023. DATED at Gimli, Manitoba, this 12th day of April, 2023.

BAKER LAW CORPORATION SOLICITORS FOR THE EXECUTORS
Attention: Grant D. Baker

BATTERIES FOR EVERYTHING! 50,000 BATTERIES IN STOCK

*Auto *Farm *Truck
*Construction *ATV
*Motorcycle *Golf Carts
*Rechargeables *Tools
*Computers *Medical
*All phones *Chargers
*Marine *RV & more
Shipping/Delivery avail.

THE BATTERY MAN
1390 St. James St.
Winnipeg
TF 1-877-775-8271
www.batteryman.ca

CLASS 1 TRUCK DRIVER

To run Canada

- Paid pick, drops, layovers and stat pay
- Multi drop runs
- Benefit package
- Dedicated truck
- Sign on bonus
- Annual bonus
- Reset at home
- Weekend home time
- Paid training
- Referral program

Derek (204) 793-7465
CENTENNIAL TRANSPORT & LEASING LTD.



WANTED: SASQUATCH SKULL!

Also purchasing royal Canadian mint coins, old coins, old money & entire coin collections!

We Buy, Sell, Trade all gold, silver & platinum!

Bullion, bars, coins, ingots, wafers, rounds, watches, jewelry, scrap, nuggets, dust, gold concentrate, Sterling Silver +++

TODD
250-864-3521



Now Hiring: Tractor Operators

Duties: tractor maintenance, mower maintenance

Requirements:

- English
- 3 years of tractor driving experience
- 6 months commitment

Dates of Availability:

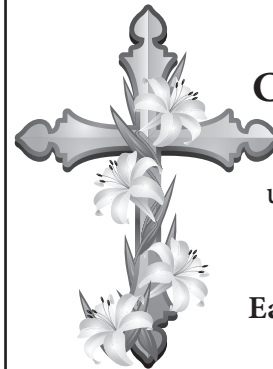
June 30, 2024-Nov 30, 2024

Location: Manitoba and Saskatchewan

Hourly Rate: \$18-\$22 depending on experience

Contact Leroy at 204-376-5445 or mail a resume to silverdirtworks@gmail.com

Silver Dirtworks Inc.
Box 4051 Arborg, MB R0C 0A0



Riverton Community Church of The Nazarene

Cordially invites you to join us in worship, and stay after the service for fellowship and a potluck Easter luncheon, on **Easter Sunday, April 9, at 11 a.m.**
25 Main St. Riverton.



TENDER

The Evergreen School Division invites Tenders to cut all the grass on lawns, play area, boulevards, and ditches. Also included is trimming around the buildings, trees and play structures, etc. at the following locations for the 2023 and 2024 seasons:

- | | |
|--|----------|
| 1. Arborg Early Middle School and Bus Garage | 12 acres |
| Arborg Collegiate | 8 acres |
| 2. Riverton Early Middle School | 8 acres |
| Riverton Collegiate | 11 acres |
| 3. Gimli High School and SS Early School | 14 acres |
| Dr. George Johnson Early Middle School | 5 acres |
| Evergreen Support Centre | 4 acres |
| TEC Centre/Bus Garage | 2 acres |
| 4. Winnipeg Beach School | 5 acres |

Note: All acreages are approximate

Proposals are to indicate the location(s) (1, 2, 3, or 4 above) being bid for and the price per grass cutting per location(s), which would also include all of the trimming around all fixed objects and in ditches and removal of grass clippings from the site.

- Grass will be cut to keep it no more than 2 inches long. Weather will dictate the frequency of cutting. Creating thatch because grass is left too long between cuts is unacceptable. Grass cutting will not be permitted during regular school hours.
- Bids submitted must include the type of power rakes, mowers, trimmers and auxiliary equipment that would be used. Bidders are required to contact Mr. Gibby Finnbogason, Building Supervisor at 204-642-3661 to obtain specifications sheet and additional information prior to submitting a proposal.
- We encourage bidders to visit sites before submitting proposal.
- The successful bidders must provide proof of liability insurance of \$5 million with Evergreen School Division being listed as an additional insurer.
- Lowest or any proposal not necessarily accepted.
- May be subject to a Criminal Record Check

Tenders must be submitted by Friday April 21, 2023 at 4:00pm

Please send sealed Tenders marked "GRASS CUTTING" along with the location(s) bid for to:

Gibby Finnbogason, Building Supervisor
Evergreen School Division
PO Box 1200
Gimli, Manitoba
R0C 1B0
gibby.finnbogason@esd.ca

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier
Email: news@stonewallteulontribune.ca



Town of Winnipeg Beach INVITATION TO TENDER

2023 PRIVATELY OWNED EQUIPMENT HOURLY RATES

The Town of Winnipeg Beach is seeking proposals from qualified bidders for hourly rates on various types of privately owned equipment for the purpose of establishing pay rates and hiring order of private equipment for the 2023 works season ending March 31, 2024. Contractors who do not submit pricing and/or do not hold a valid business licence or business tax will not be considered for municipal projects.

Proposal packages including submission documents are available at the Town Office or on the website www.WinnipegBeach.com

Sealed submissions clearly marked 2023 Equipment Rates will be received by the undersigned at the address below until noon on April 21, 2023. Late submissions will not be accepted.

Town of Winnipeg Beach
PO Box 160
Winnipeg Beach, MB. R0C 3G0
Phone: (204) 389-2698
Fax: (204) 389-2019
E-mail: info@winnipegbeach.ca
Attn: **Sharon Desiatnyk, CAO**

All inquiries are to be addressed to:

Public Works Manager
Joe Bergman
204 389-2863
publicworks@winnipegbeach.ca

HAY FOR SALE

Round Bales, 5'x6'
Hard Core, no rain,
net wrapped
200 1st cut, 4ct/lb
200 2nd cut, 5ct/lb
RFV between 140
and 160, protein
15% to 23%
Pick up in Whitemouth
We can load
Phone Harm
204-348-2120
Cell 204-326-0631

NOSTALGIARAMA

**Antique &
Collectible Sale**
Saturday, April 15
10AM – 5PM
Manitoba's Biggest
Spring Antiques, Vintage
and Collectibles Sale.
Admission \$5.00
12 and under FREE
Assiniboia Downs
3975 Portage Ave, Wpg
Free Parking
For info: 204-255-3463
or 431-374-6925

Classifieds



Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

**FULL TIME
HEAVY DUTY
MECHANIC OR
TRAILER
MECHANIC**

- Benefits Package (full time only)
- Competitive wages
- Valid driver's license
- Class 3 an asset
- Ability to perform MGI Safety an asset
- Heavy Duty Mechanic requires Red Seal

Derek (204) 793-7465

CENTENNIAL TRANSPORT & LEASING LTD.

Danny's
**MOVING
AND DISPOSAL**

- Local & long distance
- Household packing
- Estate clear out & clean up

**Small Jobs &
Free Estimates**

Seniors Discounts

**Professional &
Courteous**

204-298-7578

McSherry Auctions
12 Patterson Dr.,
Stonewall, MB

**Online Timed Auctions
@ iCollector.com**

Estate & Moving
Closes Wed. April 12 @ 7:00PM

Estate & Moving
Closes Wed. April 19 @ 7:00PM

***Booking On Site
Spring Auctions***

McSherryAuction.com
204-467-1858

Consignors Welcome!



**RM OF WEST INTERLAKE
NOTICE OF
PUBLIC HEARING**

Public Notice is hereby given pursuant to Subsection 162(2) of The Municipal Act that the Council of the R.M. of West Interlake intends to present its Financial Plan for the fiscal year of 2023 at a Public Hearing in the RM of West Interlake Council Chambers, 10 Main Street, Eriksdale MB ROC 0W0 on Wednesday, April 26th at 7:00 pm.

The purpose of the Public Hearing is to allow any interested person to make representation, ask questions or register an objection to the Financial Plan as provided.

Copies of the Financial Plan will be available for review on the 19th of April 2023 after 12 noon, and may be examined by any person during regular office hours at the Municipal Offices.

Dated this 28th day of March, 2023

Davina Mason
Chief Financial Officer
RM of West Interlake

FARM LAND FOR SALE BY TENDER

Sealed, written tenders for property in the **RM of ARMSTRONG** described below will be received by:

McCulloch Mooney Johnston Selby LLP
Box 1670, 14 Main Street S.
Carman, Manitoba R0G 0J0

PROPERTY

SW ¼ 29-20-2 EPM
Being Approx. 159.33 Acres

Section 6-21-2 EPM
Being Approx. 654 Acres

SW ¼ 32-20-2 EPM
Exc Sly 1320 feet perp
Being Approx. 82 Acres

SE ¼ 32-20-2 EPM
Being Approx. 162 Acres

NE ¼ 30-20-2 EPM
Being Approx. 155.89 Acres

NW ¼ 29-20-2 EPM
Being Approx. 162 Acres

NE ¼ 29-20-2 EPM
Being Approx. 162 Acres

CONDITIONS OF TENDER

1. Interested parties must rely on their own inspection and knowledge of the property.
2. Tenders may be placed and accepted on one or any number or all parcels of land.
3. Tenders must be received on or before 2:30 pm on April 28, 2023.
4. Tenders must be accompanied by a **\$10,000.00** cheque payable to **MMJS LLP** in Trust as a deposit. Deposit cheques accompanying unacceptable bids will be returned.
5. Highest or any tender not necessarily accepted.

TERMS AND CONDITIONS OF SALE

1. The bidder whose tender is accepted will be required to complete an agreement covering terms and conditions of sale.
2. In addition to the deposit, the balance of the accepted tender must be paid on or before the date of closing which shall be **June 1, 2023**, or evidence provided that the purchase funds will be available under conditions acceptable to the Vendor. If the balance of the accepted tender is not paid within the set time limit the deposit may be forfeited as liquidated damages and not as a penalty.
3. Possession is not authorized until acceptable arrangements for full payment are made following acceptance of tender.
4. Successful bidder will be responsible for real property taxes commencing January 1, 2023.
5. The purchaser shall be responsible for payment of GST or shall self-assess for GST.

For further information contact
Scott W. Johnston at:
Ph: 204-745-2546
Fax: 204-745-3963
email: scott@mmjlaw.com



RURAL MUNICIPALITY OF GIMLI

**INVITES APPLICATIONS FOR
SEASONAL & STUDENT POSITIONS**

General Skills & Qualifications for all positions

Candidate must have excellent communication, organizational skills and must be able to work independently or in a team environment.

SEASONAL POSITIONS

(Part-time June & September and Full-time July & August)

Park Patrol – Duties include monitoring and maintaining a clean safe beach and park areas as well as other public facilities. Greet visitors, provide tourism and environmental information. Shifts are varied; seven days per week; 8:00AM to 10:00PM.

Rec Centre General Labourer – Grass cutting and other miscellaneous maintenance duties. Work shift Monday to Friday, 8:30AM to 4:30PM. Some weekends and evening shifts will be required.

Summer Program Leader – Help organize and host summer day camps and recreation programs. Work with the Programmer to develop and promote new initiatives. This position will involve work in a variety of facilities including the Rec Centre, Beach and Pavilion. Shifts vary, some weekends and evening shifts will be required.

Visitor Center - Duties include greeting visitors, interpreting exhibits on natural history on Lake Winnipeg and fisheries, providing tourism information, maintaining Visitor Centre attendance data, assist with planning and implementing summer programs. Shifts vary seven days per week, some weekend shifts will be required.

Municipal Office Assistant – Assisting with administrative duties through the busy summer season. Work shift Monday to Friday, 9:00AM to 5:00PM (possible start in MAY)

PUBLIC WORKS SEASONAL POSITIONS

(Approximately June to October, as required)

General Labourers – Duties include refuse crew, grass cutting, landscaping, etc., must be physically fit. Shifts are varied; seven days a week. Valid class 5 driver's license required. Wage based on collective agreement.

Operator C – Duties include operating medium equipment such as refuse trucks, roadside mowers, and dump trucks, as well as general duties. Shifts are varied; seven days a week. Valid class 3 with air endorsement driver's license required. Wage based on collective agreement.

Completed applications stating the position(s) applying for, with resume and references, are to be submitted to the Municipal Office located at 62 2nd Avenue by 4:00 p.m. on April 21st, 2023.

Kelly Cosgrove, CMMA
Chief Administrative Officer
Rural Municipality of Gimli
PO Box 1246, 62 – 2nd Avenue
Gimli, MB ROC 1B0
Email: gimli@rmgimli.com
Fax: (204) 642-6660

We thank all applicants; however only those selected for an interview will be contacted.



POSITION DESCRIPTION

Position: Aggregate Quality Control Technician
Reports to: Quality Control Quarry Supervisor
Department: Winnipeg Aggregates
Location: Stonewall Quarry
Type: Term - May through October

Overview

The **Aggregate Quality Control (QC) Technician's** goal is to ensure the quality of aggregate products, ensuring the highest customer satisfaction for the products. Areas of responsibilities include the QC testing of limestone products and ensuring processes are controlled during production, stockpiling and loading of limestone products in our Stonewall Quarry.

Responsibilities

- Quality control of limestone aggregate, through the active testing of finished goods
- Interpret and communicate all test results to QC Supervisor and Production in a timely manner
- Ability to multi-task within business unit, flexible with regard to hours of work and responsibilities.
- Develop and maintain strong working relationships with Logistics, Production and Sales
- Responsible for the maintenance and cleanliness of equipment and lab
- Performs additional duties as assigned

Safety and Environment

- Adhere to all company safety and environmental practices and policies – training provided
- Assist operations in the support and implementation of safety protocols
- Enforce safety on the work site (truckers, visitors, and plant crew)
- Required PPE must be worn at all time

Qualifications

Education:

- Grade 12 or equivalent
- CCIL Technician Certificate would be an asset

Knowledge & Skills:

- Able to understand and work with QC lab equipment
- Works well in a team environment.
- Excellent communication and leadership skills.
- Able to handle difficult issues in a positive way.
- Organized self-starter and can work independently.
- Strong problem solving.
- Excellent time management skills

Requirements:

- Valid Driver's License, own transportation – must be reliable
- Full-time hours with some OT

Reply with resume to trevor.wiebe@lafarge.com

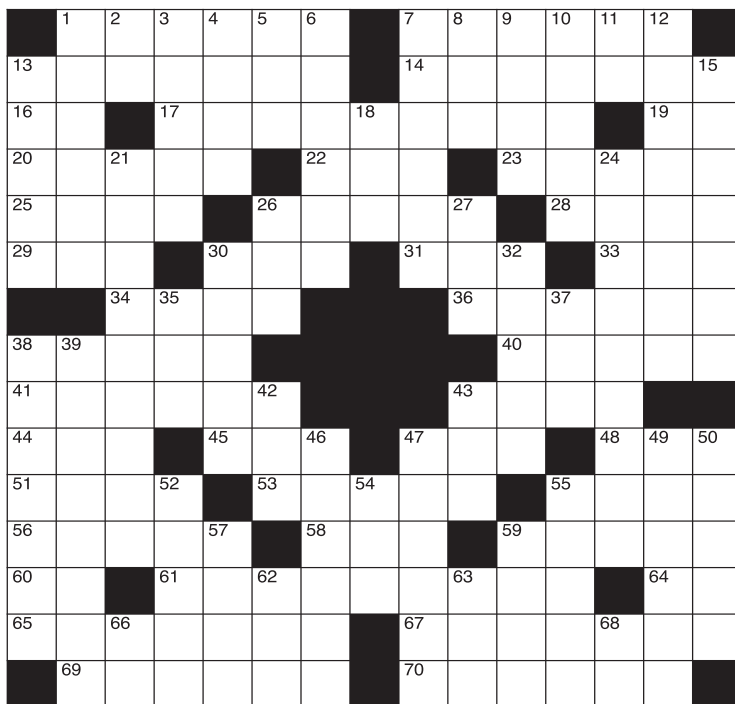
take a break

> GAME

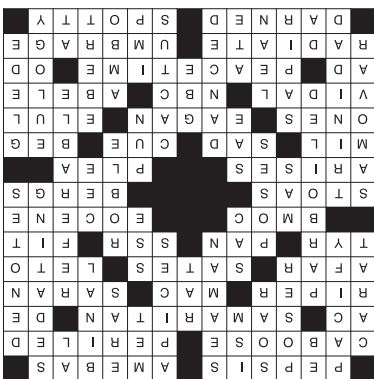
CLUES ACROSS

1. Colas
7. Single-celled animals
13. The rear car of a train
14. Endangered
16. It cools your home
17. Helper
19. "The First State"
20. More aged
22. Partner to cheese
23. Type of wrap
25. From a distance
26. Satisfies
28. "Dallas Buyers' Club" actor Jared
29. God of battle (Scandinavian)
30. Cooking utensil
31. Soviet Socialist Republic
33. Able to perform
34. Big man on campus
36. Second epoch of the Tertiary period
38. Porticos
40. Alban and Peter are two
41. Gets up
43. Humble request for help
44. One-thousandth of an inch (abbr.)
45. Unhappy
47. Hint or indication
48. A way to plead
51. Digits
53. Broadway actress Daisy
55. Jewish calendar month
56. Author Gore
58. Peacock network
59. White poplar
60. Promotional material
61. A period of calm
64. Take too much
65. Emit energy

CROSSWORD



67. Something you can take southeast
69. Mended with yarn
70. Inconsistent
- CLUES DOWN**
1. Calm down
2. One quintillion bytes (abbr.)
3. One who pretends
4. Hang glide
5. Distinctive practice
6. Mariner
7. Peaks
8. Queens ballplayer
9. Geological times
10. Twofold
11. Atomic #13
12. Tranquillizing
13. Metric weight unit
15. Indicates
18. Unwanted rodent
21. Partly cooked with hot water
24. One who can be recommended
26. Resembles a bag or pouch
27. Midway between south and
30. Sets up for a photo
32. California white oak
35. More (Spanish)
37. After B
38. Decorated tea urn
39. Island
42. Car mechanics group
43. Wordplay joke
46. Cut a rug
47. Prickly plant
49. Speech in praise of a deceased person
50. European buzzard
52. Influential linguist
54. West African languages
55. Siskel's partner
57. Skinny
59. Oblong pulpit
62. Consumed
63. Small, mischievous sprite
66. Powerful lawyer
68. Indicates position



Crossword Answer



Power Builder Advertising WORKS!

- GET SEEN by over 360,000 Manitoba Homes!
- Use your LOGO!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$339.00 (includes 45 lines of space)
- The ads blanket the province and run in MCNA's 32 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com www.mcna.com



E.F. Moon is a well-established Heavy Construction Company founded in 1962 and located in Portage la Prairie, MB.

We are currently seeking experienced, goal oriented individuals for employment in a number of areas: **Class 1 & 3 Drivers, Foremen, Skilled Laborers, Sewer & Water Personnel, Directional Drill Personnel, Excavator, Dozer, Grader, Rock Truck, Loader, Vac Truck and Packer Operators.**

We offer competitive wages, comprehensive benefits plan, safety training and a safe work environment.

Requirements are: Minimum class 5 driver's license, positive work attitude, reliable, able to work well with a team or alone, safely oriented, able to work extended hours.

If you are interested in joining a well-established and growing company with room for advancement, please visit us at 1200 Lorne Ave. E. in Portage la Prairie, MB to fill out an application, apply online at www.efmoon.ca or email a resume to jackiek@efmoon.ca



Box 280, Fisher Branch, MB, R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

2023 BUDGET HEARING

**THURSDAY, APRIL 20, 2023
7:00 P.M.**

**RM OF FISHER COUNCIL CHAMBERS
30 TACHE ST, FISHER BRANCH**

At this time the Council will present the proposed 2023 financial plan for the municipality. The presentation will provide an overview of the proposed financial plan followed by a forum for questions and comments from the public. The purpose of the hearing is to allow any interested person to make a representation, ask questions or register an objection.

Copies of the proposed financial plan will be available upon request, April 17, 2023 at the RM of Fisher Municipal Office, 30 Tache Street, Fisher Branch, MB during regular business hours. Questions and remarks may also be directed by letter to the Chief Administrative Officer or through e-mail at fishercao@mymts.net

Classifieds

Book Your Classified Ad Today - Call 467-5836

SALES CAREER OPPORTUNITY

Big and Colourful Printing & Publishing

is looking for a dynamic, highly motivated person to become part of our advertising sales team in the Interlake area.

The successful candidate will thrive in a fast paced sales environment where a competitive nature, strong work ethic and excellent customer service skills are required and rewarded. This opportunity involves building relationships and representing our newspapers to new and existing customers. Qualifications: The successful candidate must be professional, dependable, energetic, goal-oriented, self-starter, can work within deadlines, well organized and friendly. Customer service, sales experience and passion is a must.

- Strong computer skills, including Microsoft Office
- Excellent communication skills and a genuine love of people
- Willingness to learn
- Ability to work independently

If you fit this description please email resume to Bigandcolourful@mts.net

RURAL MUNICIPALITY OF GIMLI

INVITES APPLICATIONS FOR AQUATIC CENTRE SEASONAL POSITON

General Skills & Qualifications for all positions

Candidate must have excellent communication, organizational skills and must be able to work independently or in a team environment.

SEASONAL POSITIONS (FULL & PART TIME POSITIONS JUNE TO SEPTEMBER)

Lifeguard – Duties include guarding pool area, ensure pool area remains a safe environment for users and staff, communicate and enforce pool policies and rules and additional aquatic centre upkeep and duties. Please include all relevant certifications (current or expired) with application.

Lesson Instructors - Duties include providing instruction for swim classes, completing lesson plans, daily communication with participants and/or caregivers regarding progress of students and additional aquatic centre upkeep and duties. Please include all relevant certifications (current or expired) with application.

Cashier – Duties include handling cash transactions, daily/shift cash outs, friendly and welcoming customer service and additional aquatic centre upkeep and duties.

Please contact the Gimli Recreation Centre for more information or if you have any questions.

Completed applications stating the position(s) applying for, with resume and references, are to be submitted to the Recreation Office located at 45 Centennial Road by 4:00 p.m. on April 21, 2023.

Tyler Yellowega
Manager – Parks & Recreation
Rural Municipality of Gimli
PO Box 1258, 45 Centennial Road
Gimli, MB R0C 1B0
Phone: (204) 642-6670
Email: tyellowega@rmgimli.com
Fax: (204) 642-4307

We thank all applicants; however only those selected for an interview will be contacted.

Announcements Classifieds

CARD OF THANKS

A special thank you to so many for the love and support shown to us in the loss of our beloved Clayton. We thank God for the fifty-two years we had with him. He touched so many people's lives and was loved by so many. We thank you for your visits, cards sent, phone calls, food, prayers, hugs and tears, and donations made in Clayton's memory. Thanks to Pastor Rusty, Dawn Tober and our church family for your ongoing love and support. To the MacKenzie and Arnason Funeral homes we thank you for the professionalism afforded to us. We are so fortunate and blessed to have so many caring people in our lives. God bless you all.

-Colin and Florence Brown and family

SHOWER ANNOUNCEMENT



Bridal Shower in Honour of
Averie Johannesson
bride-elect of Aaron Kristjanson
Saturday, April 15, 2023 at 1:00 p.m.
and Social at 8:00 p.m. at Arborg Bifrost
Community Hall.
Donations can be made at
Arborg Co-op and Arborg Home Hardware
Registered at myregistry.com and Arborg
Home Hardware
Gift cards from Home Depot and Amazon
greatly appreciated
Unwrapped gifts preferred.

OBITUARY

Wallace Dumas

December 12, 1934 – March 25, 2023

Wallace Dumas has passed away on Saturday March 25, 2023.
Funeral arrangements are pending. Longer obituary to follow.
Arrangements entrusted to

ANDERSON FAMILY FUNERAL HOME
Ashern, MB 1-866-293-4951

Your memory will live forever Engraved within our hearts

Registered Purebred Polled
& Quiet Yearling
**CHAROLAIS BULLS
FOR SALE**

Will be semen tested. Delivery & EPD's available

For more information call
Ken at (204) 376-2418
KLCC Charolais, Arborg

Please support our advertisers
SHOP LOCAL

News Tips?
Story Ideas?
We want to hear
about them!
call the
Express
204-467-5836



SERVING YOUR COMMUNITY

- Monuments
- Restoration
- Granite
- Pillow markers
- Level monuments
- Bronze
- Pre Needs
- Renew monuments
- Columbariums
- Final Dates
- Engraving
- single, family, community

Appointments available in the comfort of your home

Email: sunsetmemorialsjimli@gmail.com

Bus: 1-204-642-8818 • Cell: 1-204-407-3096
www.sunsetmemorialsjimli.ca

PUBLIC OPEN HOUSE

Fairford Dam Fishway Project

You are invited to a public open house hosted by Landmark Planning & Design Inc. on behalf of Manitoba Transportation and Infrastructure (MTI) to receive an update on the Fairford Dam Fishway project.

MTI is evaluating options as part of a proposal for an improved fishway at the Fairford Dam (Fairford River Water Control Structure).

As a stakeholder who may have an interest in this proposed project, we wish to meet with you to understand your point of view.

**THURSDAY, APRIL 20TH, 2023
(Drop-In) 7:00 PM TO 8:30 PM**

**Moosehorn Community Hall
Railway Ave, Moosehorn, MB**

To RSVP, please email to RSVP@landmarkplanning.ca with the subject line "Fairford Dam" or via telephone at 204-453-8008.

If you are unable to attend or would like to discuss the project in an alternate format, please contact:

Donovan Toews
E: RSVP@landmarkplanning.ca
T: 204-453-8008





21 Skinny Dip DR
RM of West Interlake
\$299,900.00



37 2nd AVE
Four Plex
\$289,000.00



29 2nd AVE
RM of West Interlake
\$174,900.00



14 #6 HWY
RM of West Interlake
\$250,000.00



CARPE DIEM REALTY
...seize the day.
Darren Stasyszyn
Serving Ashern area
and the Interlake
(204) 302-1896
(431) 894-0107





RURAL MUNICIPALITY OF GIMLI
Box 1246, 62-Second Ave, Gimli, MB R0C 1B0
Phone: (204) 642-6650 Fax: (204) 642-6660
Email: gimli@rmgimli.com Web: www.gimli.ca



We value your opinion and would love to hear from you!

Gimli is exploring the possibility of regulating short-term rentals and we would greatly appreciate your input. By taking just a few minutes to complete our online survey, you can play a vital role in shaping the future of our community. You can find the survey at <https://www.surveymonkey.com/r/V5H9JPY>. For your convenience, paper surveys are also available at the Municipal Office.

Thank you for your valuable contribution!

Classifieds Announcements



Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca




Legion


**Come and go tea
in honour of
William Ebbers**

**April 22nd from 1-4 pm
at the Ashern Legion**

We celebrating William Ebbers
46 years of past president and 65 years of
service in total at the Ashern Legion.
All Legions members welcome
to attend as well as dignitaries.
**For further information contact
204-768-2885.**



Rural Municipality of
FISHER



READY SET SAFE

RM OF FISHER
PUBLIC INFORMATION SESSION

WHEN: Wednesday, April 26, 2023
6:30 to 8:30 PM

WHERE: Fisher Branch Community Center
136 Tache Street, Fisher Branch, Mb.

WHY: The RM of Fisher has been working to build a stronger emergency program to keep our residents safe. Come and meet with the Reeve and Council to hear what has been done to build a safer community for all of us. Shelley Napier, from Napier Emergency Consulting will be discussing Community Emergency Preparedness. Please join us and find out how you can become involved in this program. Everyone is welcome!

Enter your name for a chance to win a 72 Hour Emergency Kit and a Sump Pump!
Sign up to be a volunteer with the Fisher Fire Department!



Online Patient Support Group

Saturday
April 22, 2023
10:30AM CST

Topic:
Yoga for
Scleroderma

To register:
sclerodermamanitoba.com
204-510-2855

ReVolution Trailers

RVs Reimagined

- Renovated RV Sales
- Custom Renovations
- Service and Repair

Manitoba's Premier RV Renovator

1480 Springfield Rd
Winnipeg, MB
www.revolutiontrailers.ca

Call now:
204-955-7377



HIPPY : un nouveau programme pour les parents francophones au rural

Vous êtes?

- Maman d'un enfant en bas de 5 ans
- Résidente permanente ou réfugié

Vous voulez?

- maintenir une relation solide avec ton enfant par le jeu et des activités d'apprentissage
- activement préparer votre enfant pour la réussite scolaire
- rencontrer d'autres mamans au rural

Pour en savoir plus:

www.lafpfm.ca/hippy
hippy@lafpfm.ca
1-888-666-8108 ext.218

OBITUARY

In Memory of
Dennis John Hutchinson
1944-2023



It is with sad and heavy hearts that we announce the passing of Dennis on March 21, 2023, with family by his side after a long battle with heart disease and cancer at the age of 79.

Left to cherish his memory is his beloved wife Berta (Roberta) of 59 years. His son Derrick (Jackie), grandchildren, Hailey (Michele), Nick and Mckay. His daughter Dianne (Yuma), grandchildren, Tyler (Claire) and Krystal. Daughter-in-law Shannon, grandchildren Ashley (Trevor), Alisha (Chris), Scott and great-grandchildren Octavian and Orion. Dennis's brother Derrick (Kathleen) and sister Karlyn (Harry); brother-in-law John (Lynda); nieces and nephews, and many friends and of course his little Penny.

Dennis is predeceased by his sons John Scott and Paul; parents Jock and Betty Hutchinson; brother Ian; sister-in-law Kathleen; mother-in-law Annie; father-in-law Jimmy; sister-in-law Irene and brother-in-law Derek.

Dennis was born in Edinburgh Scotland on January 7, 1944 to Jock and Betty Hutchinson. Ratho village is where he grew up with older brothers Ian, Derrick, and sister Karlyn. In 1961 he met the love of his life Berta (Roberta), they were married November 1963 at St. Nicholas Church in Broxburn, where her parents Jimmy and Annie Calderwood were married, and her brother John (Lynda) still live there to this day and both families share a special bond.

After completing his journeyman mechanic apprenticeship and three children later (Paul, Derrick and Dianne) along with Dennis's brother Derrick and his family they moved to Corby Northants. In November 1974, leaving many good friends and relatives behind Dennis and his family emigrated to Winnipeg Canada with help from Berta's sister Irene and her family and they settled in quickly. Dennis worked in the trucking industry for many years working his way up to president of Maxim Trucks Bodyshop and Recycling. He enjoyed the everyday challenges that arose along the way, including golf tournaments both sides of the border (customer related for sure) so many good friends made over the years.

Coaching, reffing and being a huge fan of soccer, baseball, ringette, and hockey, with his kids, then watching the grandkids, it was a big highlight in Dennis's life. Dennis refereed and coached Paul and Derrick's soccer teams and loved to watch the kids play baseball, he even played a little himself. In the winter it was going from rink to rink cheering on Dianne's ringette and the boy's hockey games. He was a huge part of their lives, and the kids loved every minute of it.

Not all the grandkids were into sports, but he was right there cheering them on at all the soccer and hockey games, he became more excited the older the grandkids got.

Dennis enjoyed family gatherings at the home on Sandy Hook Gold Course, loved every minute when the grandkids would stay over. The basement was built for the grandkids in mind hoping they would all sleep over more often. When we had family gatherings he would take the grandkids on rides on the golf cart, watching everyone have fun. Dennis' pride in his kids and grandkids ongoing achievements made in life really shone through. He was one proud dad and Grandad.

Dennis enjoyed spending time with his friends everywhere he went, he also had them over to the house and play pool in the basement, where lots of fun was had. He was a pool shark to say the least and everyone wanted to be his partner.

Dennis loved his Texas winters spent in La Floresta RV Park in Mercedes. No longer able to go south they started floor curling and shuffling in their Aspen Park Community Club. It didn't matter where he was, there was fun to be had or a joke to be told.

Dennis's summers lately were spent at Inwood Golf Course, playing in the men's league and senior league. He loved the company of good friends and the chit chat that happened at the 19th hole.

His last games were played with old friends at Sandy Hook Golf Course.

Dennis's love for golf showed to all who knew him. He was lucky enough to play at St. Andrews Golf Course in Scotland, Pebble Beach, and many more over the years. When playing a round of golf he'd say the most important shot was the next one.

If we could have bottled Dennis's personality, attitude, and perseverance the world would be a much better place.

"Forever in our hearts"

The family wishes to extend a special thank you to the team at St. Boniface ICU ward and the staff at Gimli Community Health Centre for the loving care and support given to Dennis and our family.

A special thank you to Dr. Adeniyi Adegbeson for his dedication and compassion over the years.

In keeping with Dennis's wishes a private family service will be held in the summer.

**Remember Your Loved Ones
with an Announcement in the**



Call 204-467-5836 or
classifieds@expressweeklynews.ca

Announcements



Classifieds

OBITUARY



Johann Magnus (Mike) Guttormson
December 25, 1926 – April 1, 2023

Peacefully, surrounded by his family at Betel Home in Gimli, our sweet dad passed away on April 1, 2023.

Predeceased by his beloved wife Doreen "Mom" (Jonasson) in 1999; only son Michael in 1995; dear grandsons Corey Guttormson in 1995 and Jared Jonasson in 2013; loving parents Oddur and Gudny (Hermansson); siblings Herman (Mabel), Bjorg (Arvid) Elliott, Agnes (Bill) Lang and Thor (Noreen); nieces Jean and Mavis; nephew Jimmy; Doreen's parents Tomas G. and Orianna (Magnusson) Jonasson; her nine siblings and their spouses; many relatives, friends, and fishing buddies.

Left to cherish our pabbi's memory are daughters (his girls) Doris Bristow (Clayton), Heather Jonasson (Ryan), Cindy Guttormson (Derek) and Irene Zink. Proud Afi and Lang Afi to grandchildren and great-grandchildren Amanda Zink (Rob), Luna and River, Adam Zink (Jaime), Henry, Daisy, and baby on-the-way; Sarah Jonasson (Sasha), Daran Jonasson; Jessica Guttormson (Brent), Tristen, Michael and Grace; Chelsea Bristow; Joshua Muttner. Loving big brother to sisters Anna Forgey (Don), Lulu Rebizant (late Joe) and Diane Gard (Charlie). He was uncle Mike to many nieces and nephews.

Dad was born at home on the family farm in Husavik, MB on Christmas Day in 1926. He was namesake to his mother's cousin, Johann Magnus Bjarnason, a well-known poet, author, and teacher, who mailed him letters in Icelandic with \$1 every year on their shared birthday. Pabbi loved working hard on the farm, milking cows, haying, and doing chores morning and night. Icelandic was spoken at home, and he learned English once he started school. He didn't have far to attend Kjarna School, which was located next door on land donated by their family. Ranking first in his class, he skipped from grade one to three. His childhood included delivering milk from their dairy farm, being pulled on a sleigh by their St. Bernard dog Bruna to pick up groceries from Thorsteinsson's General Store a mile north on Husavik Road and riding his bike to deliver newspapers. He told a story how he was run over and dragged by a car while delivering papers on his bike, and the carrier bag saved him. His brother Thor helped him straighten the bike so their mother wouldn't find out and cancel his source of candy money. He continued to work on the farm in partnership with Thor, even when employed full-time.

Dad met and fell in love with his beautiful future wife Doreen in Arborg, where she worked in a cafe. They had lots of fun at dances in Vidir and Geysir halls. Mom and Dad were married in Winnipeg on October 10, 1953 and celebrated almost 46 anniversaries. Together, they raised their family in Sandy Hook and then Gimli, where our lives were filled with lots of love and laughter, big family gatherings with Guttormson and Jonasson relatives, and never boring. They shared a love of laughter, fishing, gardening, camping, picking berries, beachcombing, bonfires, picnics, travelling, visiting relatives, and going for drives in the country. Dad enjoyed Mom's delicious meals and baking, especially vinarterta and ponnukokur. He loved and missed her very much.

Employment included painting cottages and air force houses, commercial fishing for neighbour Joe Isfeld, Central Warehouse at Gimli Airforce Base, then Bottling and Maintenance at Seagram's Distillery, where he made many friends before retiring in 1987. He also helped fillet and smoke fish for commercial fishermen and was famous for making the best hardfish from pickerel and perch.

When he wasn't working, Dad loved to keep busy. He enjoyed picking mushrooms, playing cribbage (even a week ago), ice fishing, angling (several Manitoba Master Angler certificates, including one 18 lb. 4 oz. Northern Pike), listening to polka music, Tergesen's book launches, reading, watching hockey and curling (Kerri Einarson's biggest fan). He taught us kids and grandkids how to ride a bike and fish, work hard, and enjoy life to the fullest. Hunting and fishing trips with Michael, and Mom's nephew Jeff Jonasson, who said "He influenced me to be the man I am now as much as my own father did" (RIP Jeff). The annual Islendingadagurinn was a special time to watch the parade, cheer for family sports, visit family and share his special hardfish.

A resident of Betel Home since April 5, 2017, Dad continued to enjoy his life, visiting with family and friends, handing out Werther's candies, winning BINGO, folding laundry, clapping to live music, exercising, watching birds feeding at his window, and giving his famous TWO THUMBS UP to show his love and appreciation. Aunty Lu loves her new home in Betel and was so happy being close to her big brother Mike. Heartfelt thank you to all the wonderful, caring Betel staff, who provided excellent care to our sweet Dad.

Dad was strong, happy, thoughtful, kind, sweet, very silly, independent, generous, loving, humble, punctual, organized, and he never, ever complained. His legacy lives on in his wonderful family.

A quote from our dear friend, Veanne Torfason Hudson "I love your dad, he has always been the happiest guy I've known."

In keeping with his wishes, cremation has taken place and there will be no service. A private interment in Husavik Cemetery at a later date.

Donations in Mike's name may be made to Betel Tea Trust (c/o Recreation Dept) or Betel Home Foundation (tax receipt), 91 First Avenue, Gimli, MB R0C 1B0, or a charity of your choice.

Goda Nott Elskan

We all love you Pabbi, Afi, Langafi!

xo

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



Your memory will live forever Engraved within our hearts

OBITUARY



Viola Jane Kiesman (nee Denhard)

It is with deep sadness and endless love that we mourn the loss of our beloved Mom who passed away peacefully at home on March 24, 2023 at the age of 87.

Cremation has taken place. A funeral service will be held at 1:00 p.m. on Saturday, April 15, 2023 in the Moosehorn Community Hall with Dawn Tober officiating.

Longer obituary to follow.

Arrangements by:

ARNASON FUNERAL HOME

Ashern - Lundar

1.204.768.2072

1.866.323.3593

OBITUARY



Abram Barkman

June 16, 1938 - March 26, 2023

After an extended, courageous battle with cancer, on Sunday, March 26, 2023, Abram Barkman went home to be with his Lord and Savior Jesus Christ. He was 84 years old.

Abe will be lovingly remembered by Mary, his wife of 55 years; son Raynald (Melanie) and grandchildren Kealan, Liam, and Aleksandar; son Barry (Jolene) and grandchildren Jared (Samantha), Mackenzie, Zachary, and Kaden; daughter Lori (Karl) and grandchildren Ainsley and Brittney; daughter Lynn (Kevin) and grandchildren Jordan and Eleah; as well as siblings Frank (Helen), Kathy (Peter), Trudy, Tina and Herman, Ed (Helen), Paul, Henry (Lorna), Betty (Glenn), Burt and many nieces, nephews, friends, and relatives.

Abe was predeceased by his parents Peter and Gertrude and stepmother Anna; parents-in-law Peter and Neta and step-mother-in-law Helen; numerous siblings; and his daughter-in-law Deborah.

On June 16, 1938, Abe became the fifth of nine children born to Peter and Gertrude Barkman. As was common in those days, Abe was born at his parents' home, located in Blumenort, Manitoba. On March 15, 1945, this precious family gained a healthy baby boy but lost their dear mother in the process, a loss that undoubtedly shaped the life of Abe's family. On January 1, 1946, Abe's father married Anna Weibe, who would by default become the mother of nine. Two more daughters were born to this newly established couple. In 1952, Abe's family moved from Blumenort to a rural area north of Riverton, Manitoba where they pioneered a new farmstead. Abe's love for farming and forestry started during those years and continued throughout his life. Through his teens and early adult years, Abe worked numerous forestry jobs during winter months and at home on the farm in summer. In his twenties, Abe took on some construction jobs helping with the construction of the Mennville School along with the Riverton Elementary School gymnasium. Abe also worked on the Shell Mouth River Dam project operating a bulldozer. Many stories focused on that memorable winter.

As much as Abe enjoyed and took pride in his work, he had a realization that there was more to this life. In 1957, Abe accepted Jesus as his Savior and Lord and was baptized upon his confession of faith. This season of spiritual awakening shaped Abe's life. Over the years his heart for the gospel saw him involved in Sunday school, VBS, choir, youth group, and the BCBC board. Abe also served on other church boards. Abe served on the local Manitoba Pool board and was the councilor for his ward in the LGD of Fisher from 1974-1980. Serving in the Fisher council was a highlight for Abe and lifelong friendships were developed.

On July 8, 1967, Abe married Mary Harms. Together they established a farm in the Washow Bay area where they resided into their retirement. Through the years Abe hired numerous nephews and other young people from the area. Lasting friendships were made through these hirings. In 2013, Abe sold the farm to his son but never walked away from being interested in its operation.

Although Abe didn't have many hobbies, he did enjoy watching wildlife. Over the years, he retold many stories of his observations with various animals and birds. In his later years, Abe cherished the many hours spent with his grandchildren. He found much enjoyment from their involvement in music, sports, adventures and studies.

In 2019, Abe was diagnosed with prostate cancer. This last year, Abe's cancer journey has been hard, not unlike many others who have similar experiences. Abe looked forward to spending Christmas with his family and was blessed to be able to do so. He loved his family and extended family dearly. On January 1, Abe was taken to the hospital where he remained until his final breaths in the early hours of March 26. These long days were difficult, but had many meaningful times sprinkled in. We rejoice in Abe's salvation and his new, pain-free condition.

Abe's family would like to thank the hospital staff at Percy Moore Hospital for the care and love they showed during those initial two weeks. They would also like to thank the staff at the Arborg Hospital who displayed remarkable love and care to Abe primarily, but also for the love and care shown to Mary and family. You were patient, loving, kind and understanding. Thank you from the bottom of our hearts!

A public come and go viewing took place Friday, March 31 from 7-8 p.m. at Friends Funeral Home in Winnipeg. A private burial service was held Saturday morning. The Memorial Service for Abe Barkman took place at the Mennville EMC Saturday, April 1 at 2 p.m. A light lunch, which all were invited to stay for, took place at the Anchor of Hope Church located next to the Mennville EMC.

In lieu of flowers, donations may be made in Abe's memory to CancerCare Manitoba Foundation.



OBITUARY



Gunnar Palson

On March 24, 2023, peacefully, with his family by his side, Dad, Gunnar Boyd Palson, passed away.

Left to cherish his memory are his children Karen and Terry (Sarah); grandchildren Austin (Talon), Morgan, Autumn, Gunnar and great-grandson "Big Man" Arlo; along with sisters Dora, Faye (Richard) and brother Sigurjon [John] (Kathy) and sisters-in-law Francine and Donna. Dad had many nieces and nephews and cherished their surprise visits and spending time with them.

Dad was predeceased by Mom, Lorraine; parents Gunnar and Anna; brothers Wallace, Vincent, Victor, Fred and sisters Gay, Joy, and Lillian.

Dad was born on the family farm in Arnes in 1938, where he grew up. Dad worked on the family farm and fishing Lake Winnipeg until he and a few brothers left for Great Slave Lake to go fishing in the late 50's. After that, Dad worked on the Black Diamond. In the early 60's, Dad worked in Ontario cutting pulp and paper with his brothers Fred and John. Following that, in the early 70's, Dad began driving cement trucks to various construction sites in the Interlake, including the now Diagio Plant. He then met the love of his life, Lorraine. They were married in 1977 and moved to the family farm in Arnes, which they made their life long home, while raising their children, Karen and Terry.

Dad lived out his years farming and fishing and made many friends along the way. Dad was a social butterfly and was always up for an adventure, whether it was a last minute trip to the Yukon or a ride to Frog Bay, Dad was ready to go. It didn't matter where you were, Dad would always run into someone he knew. Dad had many good friends over the years and formed lasting friendships that will never be forgotten.

We would like to say a special thank you to family friend and neighbour, Bekka, for all her help and support over the last few months, we couldn't have done it without you. Cousin Bob and his many trips to Arborg and providing your assistance, thank you. And lastly, thank you to Dr. Donnelley for everything.

Cremation has taken place and a celebration of life will be held at a later date.

In lieu of flowers, donations can be made to Palliative Manitoba.

Góða nótt

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



Classifieds Announcements



Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

OBITUARY



Anne Nitchie (Baba)

June 6, 1927 – March 31, 2023

It is with heavy hearts the family of Anne announce her passing on Friday, March 31st.

Anne was born, raised and passed away on her homestead property that she so enjoyed living and working on.

Anne and her husband Victor settled and raised their family on the property and took pride in their yard, sharing it with friends and relatives.

Always generous, Anne would go without something for herself if it meant making someone else happy. She will be missed by everyone that knew and loved her.

Here's hoping her husband and daughter are waiting with a bowl of "Cha-Cha" bars. Love you always.

In keeping with her wishes, cremation has taken place and no formal service will be held.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



To Book A Biz Card Call 204-467-5836

TELL YOUR STORY
MiSTORY.ca
VIDEO & PRINTED
MEMOIR SERVICE
Contact: info@MiSTORY.ca

GOETZ SIDING
• 5" Eavestrough • Soffit/Fascia
• Custom Cladding
(204)223-7740 goetzsiding@gmail.com

R.S. SATELLITE SYSTEMS
Sales - Installations - Service
Help With TV and Internet
Satellite Systems.
Russell 204-376-2757

CONVENIENCE
Grocery • Drinks • Snacks
• Coffee to Go • Ice • Firewood
• Fireworks • ATM • Greeting Cards
• Newspapers • Books • Pet Food
• Toys & more
SNAXS • LOTTO
20088 First Ave,
Sandy Hook
**OPEN YEAR ROUND 10am - 6pm
7 DAYS A WEEK**

PharmaChoice
You have QUESTIONS, We have ANSWERS!
• Prescriptions • Liquor Store
• Home Health Care Aids
• Snacks and more!
Advice for Life
LUNDAR PHARMACY 204-762-5431
18 Main St., Lundar

Glass Specialists
• Sealed Units
• Flat Glass
• Mirrors
• Laminated
• Tempered
• Plexi/Lexan
Interlake Glass
WINDOWS, DOORS & MORE
Construction
• Windows & Doors
• Siding
• Custom Cladding
• Decks
• Construction/
Renovations
19046 Ukrainian Park Road
Camp Morton, MB
204 376 5177
204 642 2980
Intglass@mymts.net

Innovative Electric
Ph: 204-641-5266
Url: www.innovativeelectric-mb.ca
Email: matthew@innovativeelectric-mb.ca

BNS EXCAVATING
• Design Services • Soil Analysis • Well & Septic Repairs
• Frozen Lines • Driveways • Culverts • Trenching
• Auger Drilling • Ice Dam Steaming • Septic Fields
Residential, Commercial & Industrial
Member of Manitoba Onsite Wastewater Management Assoc
BNSexcavating@hotmail.com (204)461-2856

NEW OR USED SEA CONTAINERS FOR SALE 20' or 40'
Countryside Home building centre Can deliver anywhere in the Interlake.
Ph: 204-739-3392

NEW VALLEY ROOFING & RENOVATIONS
Serving The Interlake
Henry Reimer 204-642-2551
henry.reimer@newvalleyroofing.com
BP & IKO Certified Roofer newvalleyroofing.com

Everything you need to promote your business
FLYERS BROCHURES POST CARDS STICKERS BUSINESS CARDS
PRESENTATION FOLDERS SIGNS SOCIAL TICKETS DOOR HANGERS LETTERHEAD
ENVELOPES INVOICES ESTIMATE SHEETS POSTERS MEMO PADS And MORE...
Interlake Graphics
For all your printing and publishing needs
467-5836

FUTURE MECHANICAL Heating & Cooling Commercial & Residential
• Electric & Gas Furnaces • Air Conditioning & Refrigeration
• Heat Recovery Ventilators
• Geothermal Heat Pumps
• Custom Sheet Metal • Electrical
YORK HEATING AND AIR CONDITIONING
Serving the Interlake for Over 25 Years!
• 24 Hour Service • 1.204.642.5600
futuremechanicalsystems@hotmail.com

TIRES ARE PRIORITY
klaaspreimer@gmail.com
Klaas or Marlene
Bus: 204-378-2642
Cell: 204-642-2158
Reimer Mobile
REPAIR & SERVICE
BOX 1349 ARBORG, MB R0C 0A0
• CERTIFIED AUTOMOTIVE TECHNICIAN
• FARM EQUIPMENT REPAIR
• TRUCK & TRACTOR REPAIR
• TIRE SALES & REPAIR
• WELDING
**ALL TYPES OF FARM & TRUCK TIRES FOR SALE
FLUID TRANSFER ON TRACTOR TIRES**

POWER UP.



EU1000i



EU2000i



EU3000iK



EU3000is



EU7000is

A back-up plan you can count on.

Don't worry about getting left in the dark when you've got a Honda EU series generator. Easy to use, portable and with long running times, they are a back-up power source you can count on. From the lights to the fridge or even your air conditioning, we have a generator with the wattage to meet your needs. And with very little operating noise, you'll enjoy peace and quiet as well as peace of mind.

HONDA

honda.ca

Make your life easier. Visit honda.ca

  Honda ATVs & Power Equipment Canada   @HondaATVPECA

For optimum performance and safety, please read your owner's manual carefully before operating your Honda Power Equipment

SHACHTAY
SALES & SERVICE LTD.
www.shachtay.com

204-376-5233
Arborg, Manitoba
Family Owned
Servicing the Interlake for 54 Years!