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VOLUME 5 EDITION 5 THURSDAY, FEBRUARY 1, 2018

WEEKLY NEWS

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Kicking off the New Year

EXPRESS PHOTO BY PATRICIA BARRETT

The Barvinok Dance Club's performance of the Pryvit, or Ukrainian Welcome Dance, during its 37th Annual Malanka had a sell-out crowd spellbound. The Club helped ring in the New Year with 13 traditional dances. The Pryvit showcases the talents of dancers in all age groups. Kyra Humniski and Morgan Meadows dazzled the audience with their leaps and turns

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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Gimli Chamber gets \$10,000 for branding project

By Patricia Barrett

The province awarded the Gimli Chamber of Commerce \$10,000 that will go towards a place-branding initiative the chamber launched last year in conjunction with Travel Manitoba and the Gimli Community Development Corporation.

Place branding helps tourists instantly identify a particular destination and what that destination is all about. The chamber wants to encourage more people to take part in events and festivals held during the winter months.

Gimli MLA and Minister of Municipal Relations Jeff Wharton presented the cheque to chamber president Michael Lazer at Gimli Harbour Jan. 26.

"I met with the chamber a couple of times ... and I'm certainly pleased and excited about the hard work you guys are doing in the community," said Wharton. "And this cheque for \$10,000 will help build that new branding we're looking for and ensure that Gimli [becomes] a year-round destination."

The chamber's Tourism Committee developed the brand last year, receiving \$25,000 in funding support from the province through Travel Manitoba. The additional \$10,000 will support

other branding initiatives, such as tourist memorabilia and street banners emblazoned with the Icelandic-themed logo, and a website dedicated to Gimli events.

"This is all [down to] the chamber. It's because of the great group of people we have and the fact that Gimli businesses want to grow Gimli," said Lazer, general manager of the Lakeview Resort. "This money is going to help us rebrand Gimli so we can become a more popular destination in the winter months."

The RM of Gimli's Community Development Corporation also contributed \$10,000 over three years to the branding project, said the RM of Gimli's CAO Joann Murphy.

Over the course of 2018, the province will be providing about \$1.4 million in funding to 37 projects, including \$19,170 to the Village of Dunnottar for a sustainability plan; \$250,000 to the RM of St. Clements for the South St. Clements community hub and recreation improvement project; \$10,500 to Brandon for lighthouses; \$25,000 to Morden for a retail business incubator; \$31,855 to Portage la Prairie for a development plan review; and \$36,945 to the RM of Westlake for a development plan and zoning bylaw review.



EXPRESS PHOTOS BY PATRICIA BARRETT
Minister of Municipal Affairs Jeff Wharton presented Chamber of Commerce president Michael Lazer at Gimli Harbour Jan. 26.



Cups branded with the new logo are for sale at Robin's Donuts.

Chamber Tourism Committee member Cheryl Buhler said "so many positive things" will result from the grant money, and the branding project will have spin-off benefits for communities close to Gimli.

"People will be driving down Highway 9 and, hopefully, they'll stop in other places," said Buhler, who owns Robin's Donuts. "We share the lake; there's Dunnottar, Winnipeg Beach and up into other areas. It's a Gimli brand, but it's for the region. It helps everybody."

Buhler worked with committee members Tammy Axelsson, Chris-

tine Sigurdson, Leona Johnson, Stefan Tergesen and Syndi Prokopich on the grant application, and said some of the money will be used to order souvenirs such as coffee cups that have the Icelandic-themed symbol on them.

"When people buy these cups, the money goes back into the branding initiative," said Buhler. "And there will be other products like T-shirts."

Buhler said the website dedicated to events and recreational activities in Gimli has been launched and the developer will continue to work on it. Visit www.exploregrimli.com.

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CSG Sailing competition in Gimli wins Regatta of the Year Award



EXPRESS FILE PHOTO BY PATRICIA BARRETT

Canada summer games sailing on Lake Winnipeg.

By Patricia Barrett

The Canada Summer Games Sailing competition held on Lake Winnipeg last summer has won Sail Canada's Regatta of the Year Award.

The Gimli Yacht Club hosted the week-long competition and awards ceremony, lending its members' expertise and organizational know-how to the sport.

Club director Glen Pollard, who acted as chair of the Sailing Venue Team during the regatta, said volunteers were integral to the Club's management of the event.

He rounded up 30 people to help with venue set-up, food security, IT, logistics and spectator and media services.

"The Regatta of the Year Award reflects more on Gimli's volunteers,"

said Pollard. "The Club did a great job, but it was [down to] all the volunteers. We even had about half a dozen people from Winnipeg come out, and we had people from Silver Harbour."

In addition to the 30 volunteers helping with all land-based tasks, the Club got another 30 or so volunteers from Gimli and Victoria Beach to help the Sport Team chair, who oversaw everything that happened on the water. The regatta also attracted volunteers from across Canada.

The Club's commodore Charlie Burns said the athletes' village in the high school was organized by Julianna Roberts from the New Iceland Heritage Museum, and she did a "super job" based on the glowing feedback they got from the young sailors.

The Club, which has about 200 keel-

boats and offers youth sailing lessons, has played host to dozens of regattas.

"Gimli has hosted probably 25 national and international events since the 1967 Pan Am Games," said Burns. "That includes two Pan Am Games, a World Windsurfing Championship and the Canada Summer Games. Gimli is known worldwide because it's a sailing venue."

The Regatta of the Year Award was created in 2001 by the City of Kingston. It recognizes overall organiza-

tional success. Criteria for the award include an event of provincial, national or international status, a well co-ordinated and orchestrated event, level of community involvement, the use of certified officials and positive feedback from sailors and coaches.

The award will be presented March 3 at Sail Canada's Award Dinner in Toronto. Gimli Yacht Club member Kevin Stewart plans to attend the dinner.

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Premier of Manitoba op-ed on federal-provincial co-operation

By Brian Pallister

Last week, I stood on a stage at the Millennium Library in Winnipeg with federal Innovation, Science and Economic Development Minister Navdeep Bains to announce a joint \$63-million project to bring overdue broadband access to people living in Northern, rural and remote Manitoba communities — a transformative project that will lift limits and alter future prospects.

This is just one example of more than 150 collaborative projects where the provincial and federal governments have successfully worked together to improve the lives of Manitobans. Hundreds more projects will unfold in the future, arising from federal-provincial agreements in areas such as affordable housing, early learning and childcare, agriculture, labour market and workforce development, indigenous initiatives, and strategic investments in infrastructure.

These projects will be of enormous benefit to Manitobans and worth billions of dollars over their lifespan.

Notice of Environment Act Proposal

Manitoba Sustainable Development has received a proposal pursuant to The Environment Act regarding the following operation and invites public participation in the review process:

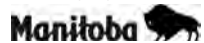
RURAL MUNICIPALITY OF GIMLI - MUNICIPAL GROUNDWATER SUPPLY - FILE: 5948.00

The Rural Municipality of Gimli has filed a proposal for the replacement of its three existing groundwater supply systems with a single expanded system. The replacement system would consist of two production wells located near the north side of the Gimli Industrial Park in E 13-19-3E, a new water treatment plant in the industrial park, and pipeline connections to the existing water distribution systems. The existing systems service the Gimli townsite, the industrial park, and the Pelican Beach area. Other areas of the municipality could be connected to the water supply system in the future. The system would have a supply capacity of 946 cubic decameters per year, anticipated to meet the municipality's needs for a 20 year period.

Anyone likely to be affected by the above operation and who wishes to comment on the proposal should contact the department by email to Bruce Webb, Environmental Engineer at Bruce.Webb@gov.mb.ca, not later than March 1, 2018. Further information is available from the online public registry located at: www.gov.mb.ca/sd/eal/registries/index.html

Information submitted in response to this proposal is considered public information and will be made available to the proponent and placed on the public registry established in accordance with Section 17 of The Environment Act.

**Environmental Approvals Branch
Manitoba Sustainable Development**
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This steady and vital work unfolds week in, week out, within ministries and departments across both orders of government. It is the product of effective co-operation undertaken in good faith. It builds on an established relationship based on partnership. And our Manitoba government always values that partnership.

This is the reality of our federal-provincial relations. Yet some seek to publicly develop and promote an alternative account — one suggesting that the provincial and federal governments are constantly at odds and cannot work together to get anything done.

It's a good narrative to sell subscriptions and promote clicks. But it is also a fundamentally false one.

On the vast majority of issues that matter to Manitobans — things like care and education for pre-schoolers, home care, mental health, support to combat addictions, economic development, NAFTA and trade, jobs and training, housing, and investments in strategic infrastructure to strengthen and protect our communities — we work effectively with the federal government. And as a result the lives of Manitobans are improved.

Of course, any relationship yields occasional disagreement. Were that not so — as between governments — then somebody isn't fully doing their job. And make no mistake. Our job is

to represent the interests of Manitobans. Period, full stop. So when their interests are not well served by a federal government policy or approach — or our duties to Manitobans conflict with a particular federal agenda — we will speak out for Manitobans. Always.

There are three key areas where this approach has been absolutely necessary.

Rather than accept federal imposition of a \$50 a tonne carbon tax, we created our own Made in Manitoba Climate and Green Plan, which will achieve the same or better results with a \$25 a tonne carbon tax.

We led the charge against federal proposals to change business taxes that would have hurt our small- and medium-sized businesses and family farms.

And we have been outspoken in opposing the federal government's reduction to annual increases for health spending, a reduction that will cost Manitoba over \$2 billion over 10 years when our people's health needs are growing and pressures continue to build within our health-care system.

We took these actions to protect Manitoba's interests. And we would take the exact same actions tomorrow in the same circumstances. That's our responsibility, which we will never ignore.

Such steps — on a handful of files



Premier of Manitoba Brian Pallister

with the federal government — will be exploited by those more interested in conflict and sensationalism than the collaborative work that occurs on hundreds of files with less profile. But we are confident that Manitobans will cut through the associated noise and distraction, while recognizing the steady and important work done by their federal and provincial governments every day.

The recent event at the Millennium Library, and the benefits that will flow from it, is the accurate picture of the work we do with our partners from other levels of government.

That work will continue and Manitoba will be stronger for it.

Ashern RCMP office closed for renovations until Feb. 5

By Jeff Ward

The Ashern RCMP detachment office will be closed until Feb. 5 as the office goes through renovations to the interview room and has a new front door installed.

The closure, which began on Jan. 29, will only affect desk service, which means that any members of

the public who are requesting criminal record checks, completing traffic accident reports or needing any questions answered will have to go to the Lundar detachment for those services. RCMP spokesperson Paul Manaigre explained that officers will continue to have access to the building but their presence inside will be

minimized.

"Work will continue to be done from their police vehicles and at the Lundar detachment if needed," said Manaigre.

The closure will not affect police service in the area, Manaigre confirmed, and prisoners will be held in Lundar if required.

Correction

In the Jan. 25 edition of the *Express Weekly News*, the article "Northern Walleye's Donald Salkeld accused of fish heist" referred to Salkeld sending to Stoller fish that had "spoiled during transport."

We should have reported Larry Stoller as saying the spoilage occurred after the fish was cross-docked (as per Salkeld's instruc-

tions) at the Stoller Fisheries facility and sent to a fish processor in another U.S. state. When the fish arrived at that other plant, it was not processed in a timely manner and it spoiled. Salkeld then had the rotten fish sent back to Stoller Fisheries for proper disposal.

The *Express* apologizes for not having been more specific.

Also, in the Jan. 25 edition we published the article "Lundar's Chase of the Ace begins again," it should have read that tickets go on sale every Friday at 6 p.m. and that the card participants are chasing is the Ace of Clubs.

The *Express* apologizes for any confusion this may have caused.

Calling all artists: Evergreen Festival of the Arts deadline looms

By Patricia Barrett

The deadline to register for the 2018 Evergreen Festival of the Arts is Feb. 15, and festival president Krystal Isfeld is encouraging eligible youth to send in their applications.

The annual festival celebrates achievements in piano, speech, dance, vocal/choral, instrumental and orff, providing students from kindergarten to Grade 12 — or those residing within the Evergreen School Division's boundaries — an opportunity to perform and receive feedback from professional adjudicators.

Performers are also eligible for scholarships and recommendations to provincial competitions.

The festival will be held April 12-May 7 at venues in Arborg, Riverton, Gimli and Winnipeg Beach.

Visit www.evergreenfestivalofthearts.com for registration and schedule information.



EXPRESS FILE PHOTO BY PATRICIA BARRETT

May Lin Howelko performed Georg Anton Benda's Sonatina in A Minor at the 2017 highlights and awards concert in Gimli.

Cancer Information Service helps people affected by cancer

World Cancer Day is Feb. 4

Submitted

Jan MacVinnie knows how much stress and anxiety a cancer can bring.

For the last 25 years, Jan has been manager of the Canadian Cancer Society's (CCS) Cancer Information Service, a national toll-free service for people with cancer and their caregivers, family members and friends.

Every day, more than 34,200 people reach out to CCS for trusted information and caring support about cancer — and they receive it, by phone or on-line, 24-7.

"The calls we get are from people across Canada," Jan says. "The other day, I received a call from a woman who had just learned she has uterine cancer. She got up the courage after a sleepless night to call us. I was able to give her some information about her diagnosis and the usual treatment options, and I think that helped ease her anxiety a little."

Feb. 4 is World Cancer Day. On any

given day, more than 800,000 Canadians are living with cancer. One in two Canadians will be diagnosed with cancer in their lifetime.

A new report from the Canadian Partnership Against Cancer presents compelling data about the experience of people living with and beyond cancer. The report finds that more than half of people with cancer have debilitating physical and emotional challenges and many indicate significant practical challenges during the diagnosis, treatment and survivorship stages. The findings suggest that for many Canadians with cancer, these concerns are not being adequately addressed.

"We get hundreds of calls a day and every person's situation is different," says MacVinnie. "Some people call because they have cancer in

their family and they want to know how to prevent it. Others are patients who are worried about coping emotionally or how they're going to make ends meet while they're off work. Some want to understand more about their specific diagnosis and treatment options. All our cancer information specialists are trained to listen and understand each person's needs and then try to help as much as possible."

Thanks to support from donors and volunteers, the Canadian Cancer Society offers a variety of programs and services for people affected by cancer, including transportation, lodges, support and information programs.

For example, today, volunteer drivers will take cancer patients on 878 rides to essential appointments. This service means they can get the treatment

they need. Today, 268 people receiving treatment far from home woke up in a CCS lodge — a warm and comforting home-away-from-home that allows them to focus on getting better rather than worrying about traveling long distances for treatment. And on any given day, CCS funds 300 of the brightest minds in Canada doing the most promising cancer research to improve and save lives.

To find out more about the Canadian Cancer Society's programs and services, call 1-888-939-3333 or visit cancer.ca.

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Greetings, folks.

The sense of a fresh new day invigorated me as I stepped out of Old Red onto the ice of the Red River almost at "the cut" downstream of Selkirk. I had parked by a portable shack and called out, "Is anybody home?"

"Yeah, how ya doing?" came back a response as a guy inside unzipped the door and emerged from the tent. What soon stood before me was a gentle giant of a guy who began talking in a hushed voice, saying his name was Dan Kyrlyiuk of Selkirk and that he had caught a fish with the transducer line of his fishfinder. He then retreated back into his tent, sat down and showed me his three ice holes, two of which were occupied with rods while the other had the sensor of his fishfinder in it.

Dan explained how a jack struck one of his lines and then wrapped itself around the transducer line. Dan grabbed the finder line, not wanting to see the unit go for swim and began pulling up on it. A good thing, too, because just as the jack broke the water's surface in the ice hole, the hook came free of the its mouth. But since the line was wrapped around the transducer's cable and the fish, Dan was able to capture it.

As happens many times when I am stopped with my car or truck, which has door signs advertising my fishing column, folks walk up to say hi or have a story they want to share. Last week, a tall, fidgeting, rapid-talking chap walked hastily up to me as I was loading groceries into the truck in the Walmart parking lot. He shook my



EXPRESS PHOTO SUBMITTED

Dan Kyrlyiuk with his very nice catch of a walleye on the Red River.

hand vigorously, saying he was Chris Phillips from Grand Marais and that something unusual had happened to him on the ice not long ago. It seems he and his friend Paul Weselowski were finished a day of ice fishing off Victoria Beach, and as they reached landfall, they met a group of Asian tourists. The group asked in broken English if they could take pictures of them with the fish they had caught. The boys said sure. When their foreign friends wanted pictures of themselves with the fish, the boys said sure once again and obligingly took the pictures for them. Then as the Asians

were leaving happy and excited, they turned to Chris and Paul asking, "How much?" "How much for what?" Chris asked. "For letting us take the pictures!" they exclaimed. Chris looked at them for a moment and then offered, "Look, I rent lodges, cabins and ice shacks around here and I know the guys at the hotel you're staying at. I'll make a call and you take these fish to him and they will be cooked for you for supper. You all have an enjoyable trip in Manitoba," Chris said as he shook their hands in farewell. There

Continued on page 7

Stonewall Teulon
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Gimli mom looks to spread positivity with Heart Attack Challenge

By Justin Luschinski

How do you tell your child that you love them?

If you're Suzanne Beaumont of Gimli, you give them a homemade heart with a positive message every morning.

Beaumont is taking part in the Heart Attack Challenge with her daughter, Gabriel, who attends elementary school in Selkirk. For the month of February, every morning Beaumont will give Gabriel a heart listing a positive quality her daughter has. Then she will hang the heart up on a wall and take a picture of all the hearts at the end of the month.

Beaumont said she started the challenge because she wanted to make sure her child knew how much she loved her.

"You can tell them that you love them, but they might not understand it. But if you combine the words with a visual aspect, in this case the heart, it's a way to get through to them," Beaumont said. "Kids are so concrete. They need to see it to believe it, and this helps my daughter realize that she's special to me."

Beaumont got the idea from her time teaching student and from her experiences with mindfulness exercises.

While she was teaching junior high students, she became interested in the feelings and the self-esteem of her students and wanted to focus on finding a way to spread kindness.

Beaumont's daughter, Gabriel, said she feels good whenever her mother gives her a heart.

"I like it. It makes me happy when my mom gives me a heart. I love you, mom," Gabriel said.

This is the second year Beaumont and Gabriel are taking part in the challenge. Beaumont didn't think she would do it for a second year, but Gabriel said that she enjoyed it and wanted her mom to take on the challenge again.

Beaumont said she wanted to counter all the negative messages that children may receive during their lives. She also facilitates the Facebook group "The Compassionate Kid," which focuses on educating and parenting in a loving way.

"(Children) see messages everywhere, telling them that they're not good enough, that they don't deserve to be loved. Kids hear messages like that all the time. But by trying to fill their minds with positivity, they build up sort of a resiliency towards those negative messages. They get more



EXPRESS PHOTO BY JUSTIN LUSCHINSKI

Throughout the month of February, Susan Beaumont, pictured left, will be giving her daughter Gabriel, pictured right, a heart listing a positive quality her daughter has every morning as part of the Heart Attack Challenge.

self-confidence, and they're able to help themselves whenever they're feeling bad," Beaumont said.

Volunteers needed for Prairie Oak Regional Arts Council

By Jennifer McFee

The Prairie Oak Regional Arts Council is seeking volunteers interested in the arts.

Sponsored by Culture, Heritage and Tourism, Prairie Oak Arts Council is vital to the Interlake arts scene by providing various venues to promote local artists of all ages.

Last year, the organization hosted its 15th South of the Lakes Art Tour, showcasing the works of more than 35 artists and artisans in 11 home studios and central locations in Rosser, Grosse Isle, Stonewall, Balmoral, Teulon and Selkirk. The two-day event drew visitors from Winnipeg, Riverton, Steinbach, Beausejour, Winnipeg Beach, Morden, Lockport, Woodlands and beyond.

In addition, the Prairie Oak Regional Arts Council hosted the Interlake Juried Art Show in 2000, 2002 and 2017 since it usually tours the communities to give each one the chance to host the show.

Another successful initiative is the School Art Enrichment Program headed by Sandra Wiebe. This program includes spring and

fall classes during lunch break at local schools. As well, morning and afternoon sessions were offered for the Summer Arts Camp, and 166 boys and girls participated last year.

Currently, the Prairie Oak Regional Arts Council has 22 members and is looking to increase the number of volunteers who would like to keep these services available to nearby commu-

nities.

Publicity chair Dolly Dennis said they only have three or four meetings each year, which are usually held in Stonewall.

"We have one in the spring to get organized. Then we have one before the art show to dole out all the information and free maps. Then we have one after to debrief," said Dennis, a Rosser

resident.

"We are looking for people who have a love of art. There are also all those parents who have kids that go to these camps and come up with these amazing little creations. It would be great if they could get involved too." For more information or to get involved, contact Dolly Dennis as soon as possible at 204-467-2766 or Ellen at 204-467-2163.

> GET FISHING, FROM PG. 6

was a short silence between Chris and I when he finished his story, and then I reached out and shook his hand, saying, "You give Manitoba business a good name, Chris. We need more guys like you."

It was cold and windy on the rough ice of Sandy Bar east of Riverton. Hard wall shacks and old trailers converted to ice shacks were strung out in a line to the south where smoother ice permitted. Late last week, I jostled toward one of the converted trailers in my truck, paying close attention to the big ice spikes on both sides of the

trail. As I pulled up, an averaged-sized fellow came out of the trailer. I pushed open the door of the truck, asking how the fishing was. "It's been good," our new friend with a salt-and-pepper beard said. He gave his name as Calvin French from Poplarfield and he had a story. Years ago, he remembered he and his daughter were fishing at Stephenfield Provincial Park lake by Carman and the little girl caught a perch. It took the hook in the bulrushes right on top of the water. The girl, Catherine, squealed with glee as her fish quivered on the surface,

sending sprays of sun-glistening water droplets into the air. Suddenly, just behind the perch, a fairly large Jack emerged from the depths like a snake following the perch bent on making it his lunch. Catherine cried out in dismay, "It's going to eat my perch." The jack lunged forward, snapping at the perch's tail. Catherine pulled up on her rod and the perch flew free of the beastly jack. She landed it and made Dad take and release it safely far down shore.

Good fishing, my friends. I'll see you next week.

Music workshop wows festival vocal participants

By Patricia Witzke

Northern Lights Festival of the Arts vocal participants were given the opportunity to develop their singing skills at a workshop in Fisher Branch on Jan. 27.

The vocal clinician was Tiffany A. Wilson, who is a voice and piano teacher from Winnipeg. Annette Holowka, festival co-ordinator, applied for an Interlake Eastern Regional Health Authority grant on behalf of the Northern Lights Festival of the Arts organizing committee. All of the participants were amazed at the singing skills they gained with the assistance of Wilson's vocal expertise.

Shari Clinch sang Proud Mary, demonstrating her strong voice, and said she gained a lot of skills.

"I feel more comfortable singing," said Clinch.

Nicole Hudson performed You're Still the One, while playing her guitar for the first time singing in public.

"Practise your vocals without the guitar. Then add the guitar later. You have a beautiful voice," said Wilson.

Scarecrow in the Garden was Jordan Cochrane's selection while he skillfully played his guitar. He was told to emphasize specific phrases and move while playing his guitar.

Yolanda Reimer, who only sings at her church,

performed Amazing Grace with her melodic voice. Destiny Wilson sang She's Mine using an instrumental accompaniment, while Conrad Sanderson sang Land of the Silver Birch.

"When you're singing about silence, soften your voice. Articulate your words and emphasize the ones that are important. You love to sing and it shows," said Wilson to Sanderson.

The local Songbirds, an adult singing group, sang It's a Working Man I Am and were encouraged to watch the director and to start at the same time.

"Make sure that the melody line is clear when you are singing in harmony," said Wilson.

Local teacher Joanne Kon accompanied the singers who loved the experience.

"I wish Tiffany could come to Fisher Branch more often and help us. She is an amazing instructor," said Clinch.

On Feb. 27, the Northern Lights Festival of the Arts will host a Do You Want To Dance? workshop for both youth and adults. It will be held at the Fisher Branch Early Years School. Contact Annette Holowka at bholowka@mymts.net to enroll in the workshop. Information will also be found in the *Express* newspaper and on line at the Fisher Branch community page.



EXPRESS PHOTO BY PATRICIA WITZKE

Jordan Cochrane sang Scarecrow in the Garden at the Northern Lights Festival of the Arts workshop in Fisher Branch last Saturday.

Nearly one in four Interlake homes has high radon levels

By Jeff Ward

The Canadian Cancer Society wants Manitobans to test their homes for radon this winter, and their information states that nearly one in four homes in the Interlake could have dangerous levels of the gas in them.

Radon is a colourless, odourless and tasteless noble gas that is the second leading cause of lung cancer after smoking. Radon is radioactive and is typically the largest contributor to a person's background radiation dose. Manitoba has a much higher rate of homes (19 per cent) above the radon guideline of 200 becquerels per cubic metre (200 Bq/m³) than the Canadian average (seven per cent). A becquerel is the activity of a quantity of radioactive material in which one nucleus decays per second.

The Interlake is even higher than that with 23 per cent of homes in the region likely to have levels above 200 Bq/m³. To know if your home is affected

by radon, you need to do a test and that's where the Canadian Cancer Society comes in.

Sharon Mulder, the Interlake regional representative for the society, is responsible for educating the public on radon and how to know if a home is safe. Mulder sells a home test kit for \$30 that checks your home's radon level.

"Right now is the best time to test for radon because our homes are all closed up for the winter," Mulder said.

"You take the kit and put it in the lowest lived-in level of your home. So if someone sleeps in the basement or you spend four or more hours a day there, you put it there. If that's not the case, then you put it on the main level of your home and it sits there for three months."

When the three months is up, the test kit is mailed to a lab, the fee for which is part of the \$30 cost, and analyzed for radon levels. The global mean in-

door radon concentration is estimated to be 39 Bq/m³. After the test, if a person finds their home to be above the 200 Bq/m³ level, there are ways to remove it through specialized ventilation and traps that block radon from entering the home again. Radon mitigation is part of Manitoba Hydro's energy finance plan for those needing financial assistance.

"The cost of those projects is dependant on how much work needs to be done. My daughter's sub-slab depressurization system cost about \$2,000," said Mulder.

This test is important, Mulder explained, and she encourages Interlake residents to call her for more information. Mulder is hosting a radon presentation in Ashern on Thursday, Feb. 1 at 11 a.m. and on Friday, Feb. 2 in Fisher Branch at the Ukrainian Famers Co-Operative from 10 a.m. until 2:30 p.m.

Those wanting more information or to purchase a test kit can call Mulder directly at 204-276-2664.

letter to the editor

The best local coverage

I want to congratulate your paper (*the Express Weekly News*) for the best local coverage. Excellent storytelling in particular. I loved the report on the Arborg Ukrainian Reechka dance school. The photography is superb.

In fact, today's issue has the best ever photographic reproductions.

Bravo. And that's not all. Thank you for Winnipeg Beach artist Julia Penny's story. A very engaging story

indeed.

Omigosh, this paper is full with positive vibes on all accounts. Isn't Rachel Dyck, University of Manitoba Bisons, just a dynamo?

All the best, bon chance, ça va aller, thanks, merci, megwetch.

Helma Rogge Rehders
Winnipeg Beach

Email your
letter to
the Editor:
letters@

expressweeklynews.ca

Gimli Curves owner takes a shot at the Just Watch Me contest

By Patricia Barrett

The owner of Gimli Curves entered the Community Futures' Just Watch Me video contest, hoping to share her experience of running a business with other entrepreneurs.

Michelle Wierda won the contest in 2016 in the Start Up category (Manitoba) and decided to vie for the Seasoned Entrepreneur award this time around.

"It made me think about what I've done over the last year," said Wierda, who got video production help from her daughter and her daughter's boyfriend. "This is my third year being an entrepreneur. You learn so much, and I thought if I could share a little bit of what I've learned and overcome — I'm still here, I'm still in business and I'm still succeeding — just that in itself would, hopefully, encourage others to go for it."

Wierda said making the videos helps her develop public speaking and storytelling skills. It also shows people the challenges she's faced and how she overcame them.

"I had a car accident three weeks before I bought Curves, so I kind of thought, 'I'll do this every year' because it's showing my journey," she said. "I wanted to have video evidence of my journey."

In her video, she said business owners can experience some down days, but they should remember that "to-

morrow is another day."

In addition to a determination to succeed in business, Wierda said some of the secrets of success are to take advice from people, ask questions and "stay humble."

The Community Futures Entrepreneurs with Disabilities Program started the Just Watch Me video contest in 2011 as a way to acknowledge the business successes of Manitoba and Saskatchewan rural entrepreneurs who live with disabilities or health conditions.

Wierda owns the only remaining Curves in Manitoba. She offers three free sessions so that women can learn how the system works before signing on. She said older women in particular can benefit from strength and resistance exercises.

"I feel we're helping the women in Gimli live longer, stronger, healthier lives. By developing their muscle strength, they'll be able to walk and live at home longer," said Wierda. "If you can move around and hold yourself up without a cane or a walker, you can do a lot more. Some people think they can't afford \$50 a month, but look at how much you're paying in prescriptions because you have arthritis and your back is sore and your neck is sore."

Wierda also made a video for the Community Futures' Elevate Program — which helped her open Curves —



EXPRESS PHOTO BY PATRICIA BARRETT

Michelle Wierda, owner of Gimli Curves.

and posted it on her Facebook page. Community Futures offers business advice, training, mentorship and repayable business loans to people with disabilities.

"I'm determined to be here forever," said Wierda.

Twenty-one contestants entered the Seasoned Entrepreneur category this

year. Judges will pick the Top 4 videos then let the public pick their favourite. The winners will be announced Feb. 15 with the prize ceremony taking place Feb. 16.

The public can view Wierda's video at www.justwatchmecontest.ca/michelle-wierda-curves-gimli.

West Interlake supports Canada Sheep and Lamb expansion

By Jeff Ward

During their Jan. 18 regular meeting, councillors reviewed the application for Coldwell-based Canada Sheep and Lamb's expansion project that would see the facility's capacity increase six-fold.

Council had no concerns about the proposed expansion, which went through a public hearing this week and supported the conditional use.

In other council news

- Council approved the purchase of an Altair 4X-CO/H2S gas detector at a cost of \$1,600. CAO Larissa Love explained that the one currently used by the RM's utility operator needed repairs but the parts no longer exist so a new one needed to be purchased.

- Council approved the purchase of a new laptop computer from

MuniSoft at a cost of \$1,800. Love said that the cost covers shipping and handling of the device as well as the installation of necessary office programs. The computer will be used by RM EDO Diane Bottrell.

- Council set the hourly pay rates for the Eriksdale Volunteer Fire Department with the chief, deputy chief, captain and non-senior positions being \$18/hr, \$17/hr, \$15/hr and \$14/hr respectively. Council also set

the mileage rate at \$0.50/km.

- Council authorized administration to write a letter of support directed to the province about the administrative funding cuts to the Manitoba Community Services Council.

- Walter Kehler made a presentation to council regarding drainage issues on his property. He requested that improvements be considered in the 2018 budget.

- Council signed an agreement

with Stantec Consulting, which will provide environmental and engineering services for the project at the Ashern waste disposal grounds. The CAO said that the project is to construct the new cell at the site which was budgeted in 2017 at \$750,000.

- Council authorized administration to write a letter of support to the Arborg Seniors Housing Corporation for the personal care home in their region.

Thank God it's Friday Morning! (TGIFM)

You are welcome to come for coffee/tea and a muffin at Arborg Christian Fellowship. Doors open Friday mornings to anyone in the community who wants to drop in. Doors open from 10:00 AM until noon.

TGIFM runs from February 2 - April 27th 2018

For more information please contact Linda Gerritsen at 204-376-2484.

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Barvinok dancers kick it up a notch during 37th Annual Malanka

By Patricia Barrett

The Barvinok Dance Club left no doubt in anyone's mind that the best way to celebrate Ukrainian New Year's Eve is with twirls, jumps and kicks.

Before a sell-out crowd at the Fraserwood Hall last Saturday, the club's high energy dancers performed 13 traditional dances before the annual feast got underway.

The Senior and pre-senior dancers dazzled the audience with their perfect rhythm, synchronized steps and leaps and turns across the floor.

The Beginner girls performed the Poltava, which in Ukraine is traditionally taught by older ladies, while the Beginner boys took on the role of "Little Cossacks," trying to get the girls' attention with their bravado and fancy footwork.

Intermediate boys performed the Sword Dance, which symbolizes a passage to manhood. Their spectacular acrobatic feats during the Hopak had the crowd whooping and cheering.

The Club has several coaches and helpers that train the 55 dancers, many of whom start when they're four years old.

"I don't where the coaches find their energy every week, but they do," said club president Samantha Michaluk, addressing the audience before the show got underway. "And they share their energy, knowledge and experience with our dancers. They all started at a young age and came through our club. We never have a shortage of

dancers who want to come back and contribute to our club."

Michaluk said eight of the dancers – Kennedy Kowalski, Brooklyn Senga, Tiffany Woytowich, Thea Goodman, Rochelle Steinmetz, Maggie Michaluk, Brady Michaluk and Jacob Senga – act as assistant coaches and helpers and are an "essential part of our team."

Michaluk also singled out the dancers' families for supporting the efforts of the club through fundraisers and other tasks such as mending costumes.

"I know the first year for our new parents can be very trying and overwhelming, and we thank you for getting involved in the club," she said. "Thank you to our families that have been here for many years because you help the new families out and that's a big job."

Dancers Maggie Michaluk and Kennedy Kowalski built a large doll house in their woods class at Gimli High School and donated it to the silent auction that took place after supper.

The Kolomayka, in which the dancers perform stunts and other jaw-dropping moves, got underway just before midnight.

The Barvinok club performs at Folklorama every year and will be competing at the Winnipeg Troyanda competition in March and at the Brandon Troyanda competition in April. The club's spring concert will take place May 12 at 7 p.m. at Gimli High School out the club, visit its Facebook page.



EXPRESS PHOTOS BY PATRICIA BARRETT

Pictured clockwise, from top: Senior and pre-senior dancers perform the Tambourine dance; Senior dancers; The Poltava performed by the beginner girls; The Hopak; Thea Goodman performs the Tambourine dance; Beginner boy performing a little cossack dance; Adult dancers; Intermediate girls perform the Bukovyna and the Intermediate boys perform a sword dance.

Lakeshore staff engages at education summit

By Jeff Ward

Lakeshore School Division staff took part in a valuable two-day education summit hosted by Manitoba Education and Training focusing on literacy and numeracy.

Division Assistant Supt. Leanne Peters was one of 10 staff that took part in the summit in Winnipeg from Jan. 9 to 11, and she said that the event was an exciting new opportunity to share ideas. The summit focused on how Manitoba is doing in regards to those principles and how teachers and staff can work to improve them. She said that it was good to hear from other regions in the province about what their challenges are and how they're dealing with them. Peters said the government had staff at the summit taking notes on everything because this data is being rolled into a provincial strategy on these two issues.

"It was exciting because this was brand new for all of us," said Peters.

"It was a grassroots approach and there was very little structure to the event, which I think helped keep the ideas flowing freely. You could just kind of float from conversation to conversation and there was also a blank wall that people could write on to suggest topics."

For Peters, the summit provided a strong look

at the way other schools are dealing with the issues that her own division is dealing with. Education isn't a one-size-fits-all approach, and Peters said that a strategy that works well for one child might not work at all for another. But that doesn't mean that you abandon trying to come up with a wide strategy, she said.

Peters explained that this summit provided some very good learning experience because of how diverse the speakers were. University professors, early childhood educators, high school teachers and more were all part of the summit and each provided a new look at existing problems.

"There is a lot of value for us in having so many different viewpoints because we can all learn from each other," said Peters.

There was a lot to unpack following the event and Peters said that she will be meeting with principals this week to discuss new ideas and how they could be implemented.

"It was a really great experience and to have the opportunity to have our voice heard by the government was appreciated," said Peters.

The province will release its long-term strategy by the end of March.

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Fishery right back to where it was before Freshwater era

By Patricia Barrett

A Lake Winnipeg fisher brought up to the trade from childhood says the Freshwater Fish Marketing Corporation stabilized the commercial fishery, guaranteeing fishers employment and payment. But as soon as the province severed ties with the corporation (on Dec. 1), the robber barons that fishers hadn't seen for 49 years had seemingly materialized at their shed doors.

"Here comes these guys who are going to run down there [America] to the customers we're supplying," said 84-year-old Robert Kristjanson, whose family has been in the fishing business since about 1891. "Well they didn't want it. So where do you go? There isn't a store on the corner that wants a semi-trailer load of fish. This is what happened in the beginning when fish was sent to New York. It just disappeared and they sent them a cheque for half of it."

In December, fish dealer Donald Salkeld told four fishing sheds – Waterhen, Ashern, Eddystone and Dawson Bay – to keep the fish flowing even though American processors, he later alleged, were unable to handle the volume. The sheds are now owed approximately \$1 million. Waterhen filed a complaint with the Winnipegosis RCMP, alleging Salkeld defrauded them.

Kristjanson said if there's "a run of fish, nobody's got deep enough pockets" except Freshwater, which secures loans to pay fishers for the fish it can't sell straight away, thus absorbing the market risks on their behalf.

"Donald should have told them, 'Pull up your nets, I can't sell it,'" said Kristjanson, who spent his winters as a kid in his family's fishing camp near Humbug Bay, north of Riverton. "And what do you think they would have said? Are you going to tell Lake Manitoba and Lake Winnipegosis that you have to pull up nets in the middle of the season because we can't sell it?"

"ARE YOU GOING TO TELL LAKE MANITOBA AND LAKE WINNIPEGOSIS THAT YOU HAVE TO PULL UP NETS IN THE MIDDLE OF THE SEASON BECAUSE WE CAN'T SELL IT?"

Created in 1969, FFMC was mandated to buy all fish legally caught – even when the market was saturated. It provided fishers with a regular paycheque.

"The marketing board has had its ups and downs," said Kristjanson, who served a six-year term as director about 20 years ago.

"But it set up a whole system where it never said to you, 'We won't take your fish.' Never. And every week was your cheque."

Kristjanson, who sells nets to fishers and fishing companies on the Great Lakes, said Ontario fishers are in the same open-market boat, so to speak, as Manitoba is now. Fishers have to



EXPRESS PHOTO COURTESY OF BILL BUCKELS

Robert Kristjanson (left), with fisher Bill Buckels, remembers unscrupulous fish companies operating in the decades before FFMC and said we may be headed back to that time.

pull up their nets when the market peaks. The perch fishing on Lake Erie was recently suspended because fishers on Lake Huron "flooded the market" with their perch.

"A very good friend of mine, they have three big boats on Huron, and they quit fishing perch because nobody will buy it," he said. "This happened because they don't have a marketing board."

Kristjanson said he remembers the decades before the federal government created FFMC. Fishers were subject to the predations of fish com-

panies that failed to pay them, renege on agreements to pay them a certain price for their fish, deducted expenses from their pay that left them with virtually nothing, claimed fish had spoiled during transit or refused to buy fish when there was too much on the market.

Those practices were noted in the 1965 Report of the Commission of Inquiry into Freshwater Fish Marketing (commonly known as the McIvor Report), which recommended the creation of FFMC to provide better returns to fishers, coordinate supply in relation to demand and prevent fishers from being taken advantage of by shady companies.

"We find that Canadian exporters are frequently faced with claims of poor quality with no assurance that such deterioration has in fact taken place, and even if it did, whether it occurred prior to arrival or resulted from mismanagement at the hands of the importer," states the report. "On occasion invoice prices previously agreed upon with the Canadian exporter have been reduced arbitrarily on payment by the importer as much as two months after shipment."

About 90 per cent of Manitoba's commercial fishers have now signed formal contracts with FFMC, something that may seem foreign to them as they had once been automatically protected under the Freshwater Act. But contracts protect them as well as



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Car cleaning business gets the green light from council

Gimli council briefs: January meetings

By Patricia Barrett

A property owner in Siglavik has asked that Gimli council let his son connect to the new sewer system at a later date.

In a letter dated Dec. 23, 2017, Al Ostermann asked, on behalf of his son, that council "grandfather" a seasonal cottage and allow an "optional" sewer hook-up.

Connection to the new system is mandatory and the municipality can't go against environmental legislation set by the province.

"The decision to grandfather is out of our hands," said Mayor Randy Woroniuk by phone a few days after council's Jan. 22 meeting. "We can't, as a municipality, supersede the provincial Environment Act. We can't grandfather provincial legislation."

The sewer line was completed in June 2016, and the RM sent a letter to each property owner in Odin Green, Siglavik, Miklavik, Husavik and other sites, indicating they had over a year

to connect. The deadline was Nov. 30, 2017.

Owners are billed a flat rate of \$88.07 [2018 rates] on a quarterly basis for the service.

The RM will send Ostermann's son a letter outlining its position.

- The mayor provided an update on the financial situation of the outdoor pool that may see a soft opening this spring.

"We're not over-budget," said Woroniuk, "and we just got \$200,000 from the province."

The \$200,000 pool grant was part of \$1.4 million in funding for 37 projects across the province.

- The Municipal Heritage Advisory Committee advised council that its history of Gimli Harbour sold about 450 copies and may require another re-print as McNally Robinson has expressed interest in selling it.

MHAC also advised it will apply for a grant to produce a booklet on the Park Area Cottage District. And if suf-

ficient photos and documents can be obtained, MHAC will produce a booklet on the Sandy Hook Cottage Area.

- CAO Joann King had a name change and will be known henceforth as Joann Murphy.

- At its regular meeting Jan. 10, council considered a request from a resident named Klochko to operate a car cleaning business called OCD Cleaning Services from her home on Centre Avenue West.

In her application, Klochko indicated that only one vehicle per appointment would be in her yard.

"We do have two letters of concern," said Murphy. "The concern is mostly the impact of parking on the street, increased traffic and noise coming from the home-based business. There's a concern about the vacuum that may be going. And the other [concern] is parking the cars on the driveway on a daily basis."

Council approved the request with a number of conditions, including operation no earlier than 9 a.m. and no later than 7 p.m. daily and that Klochko obtain a business licence.

-The provincial Department of In-

frastructure advised council that there has been a change in the way the Emergency Measures Organization will be structured. Gimli's contact office will now be Thompson rather than Winnipeg. The department split the province in two and assigned communities to either Winnipeg or Thompson.

"Unfortunately, what's happened is that the department has really been downsized, and with that downsizing, they are pushing back on the municipalities based on [RMs] having an emergency co-ordinator in place," said Murphy. "That provincial assistance was also very important to the information flow of what was available and what you could do and who had what [equipment]. It was a central information bank and I think ... we'll have to make sure ... that Thompson is going to share that information with us in a timely fashion and when we need them to be here."

- Council agreed to become a member of the Hudson Bay Route Association and approved a \$300 payment.

> 84 YEAR OLD, FISHER FROM PG. 12

the corporation, which needs to know how much fish it's going to receive in a given year so that it can arrange financing to pay the fishers.

Salkeld made verbal agreements with the sheds, and the "he-said-they-said" scenario that's arisen makes it difficult to recoup losses. Waterhen hired lawyer Norman Boudreau to help it recover \$320,000 it says Salkeld still owes them.

Kristjanson said a "handful" of Lake Manitoba and Lake Winnipeg fishers made a lot of "noise" to get the Conservatives to sever ties with FFMC, hoping to take advantage of a market they believe will operate in their favour.

"I tried to tell the younger men everything is fine when there is no fish [flooding the market]. But as soon as you get a bumper crop, these people who you want to rely on can't do it," said Kristjanson. "And that's what happened now. Fish got shipped across the border and [the sheds]

thought somebody was waiting on the other end for this fish. Well, there wasn't because it's the same customers the marketing board had built up over the years."

The directors of the four fish sheds, he feels, have to share some of the blame for the fiasco that ensued as they should have done their "due diligence" before jumping on board with Salkeld.

And he said he's concerned about a potential loss of processing jobs in Manitoba. No Manitoba fish dealer has yet built a fish plant, let alone one that can process millions of kilograms of fish that FFMC currently does.

"There's a \$100-million-dollar plant [Freshwater] sitting in Winnipeg trying to do whatever it can to get the most of our fish, and [fish dealers] are sending it now to the United States to be processed," said Kristjanson. "That's how important our people are in Manitoba."

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well-being.

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pet's teeth.



A healthy diet
is key to a
healthy mouth.

Does your pet have healthy teeth?

Did you know that oral health has a significant impact on your pet's quality of life, comfort and even lifespan? February is Pet Dental Health Month, and it's the perfect time to ensure that your loyal companion's mouth and teeth are in peak condition. After all, your four-legged friend's overall well-being depends on it!

WARNING SIGNS

Like humans, pets that lack proper oral and dental hygiene can develop illnesses such as gingivitis and periodontitis. If your cat or dog displays any of the following symptoms, a visit to your vet might be in order:

- Unusually foul-smelling breath
- Frequent pawing at the face or mouth area
- Apparent difficulty chewing food
- Swollen gums
- Reddish-brown teeth

PREVENTION

To keep the spread of disease-causing oral bacteria to a minimum, it's important that you establish an oral

hygiene routine for your pet that includes regular tooth brushing. Veterinary clinics and specialized stores stock a variety of toothbrushes and toothpastes designed for different types of pets.

Diet is also a major factor in your pet's dental health. To prevent plaque and tartar build-up, feed Fido high-quality dry food and chew treats rather than canned varieties or leftover "people food."

Don't underestimate the importance of regular check-ups with the vet. Remember: it's your responsibility to see to your pet's health and well-being.

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get inspired

> MEAL IDEAS



Buffalo Chicken Wings

celery sticks
Heat oven to 450 F.
In foil-lined pan, bake wings 30 minutes until crispy, turning once.
In bowl, combine sauce and butter.
Toss wings in sauce to coat completely.
Serve with blue cheese dressing and celery sticks.

2 1/2 pounds chicken wing pieces
1/2 cup Frank's RedHot Original Cayenne Pepper Sauce
1/3 cup butter, melted
blue cheese dressing



Chili

2 packages (1 1/4 ounces) chili seasoning mix
shredded cheddar cheese (optional)
scallions (optional)
sour cream (optional)
In large, nonstick pot, cook beef until browned.
Add onion; cook 3 minutes. Drain.
Stir in tomatoes, beans, sauce and seasoning mix. Heat to boiling. Stir often.
Simmer, partially covered, 15 minutes, or until flavors are blended. Stir often.
Garnish, as desired, with shredded cheddar cheese, scallions and sour cream.

2 pounds ground beef
1 large onion, chopped
1 can (28 ounces) crushed tomatoes in puree
1 can (15-19 ounces) kidney beans, undrained
1/4 cup Frank's RedHot Original Cayenne Pepper Sauce



Texas Trash Dip

4 cups shredded Mexican cheese blend, divided
nonstick cooking spray
chopped cilantro (optional)
tomatoes (optional)
sliced olives (optional)
avocado (optional)
tortilla chips
Heat oven to 350 F.
In large, microwavable bowl, heat cream cheese and sour cream on high 1 minute, or until cheese is softened. Remove from microwave. Mix with wire whisk until smooth. Add refried beans, green chilies, seasoning mix and 2 cups cheese; mix well.
Spread bean mixture into 13-by-9-inch baking dish sprayed with nonstick cooking spray. Sprinkle with remaining cheese.
Bake 25 minutes, or until cheese is melted. Top with cilantro, tomatoes, sliced olives and avocados, if desired. Serve with tortilla chips.

1 package (8 ounces) cream cheese
1 cup sour cream
2 cans (16 ounces each) refried beans
1 can (4 1/2 ounces) chopped green chilies, drained
1 package McCormick Taco Seasoning Mix



Support During a Crisis

hour. You need to give yourself the time to feel all that you are feeling. There may be times that you really need to be alone, but it is important that you allow others to support you.

Nobody ever plans for a crisis, and so we are often caught mentally and emotionally unprepared when something unexpected happens. Perhaps your partner announces that he/she is leaving, or a loved one dies. Initially there is shock and disbelief, and you just cannot believe this thing is happening. Feelings of fear, abandonment and anger may be all mixed together with deep sadness and pain. You reflect on the past, and try to imagine a future without this person, and you can only see continued pain and loneliness.

Part of the healing process is in the love with which friends and family reach out to you. It is extremely difficult, if not impossible, to fully heal on your own. And what if you do not have people in your life who will provide this kind of support? Then it is time to look for a support group. A support group is a warm and caring environment where you can express yourself, or listen to the experiences and advice of others who have been through, or are going through experiences similar to your own.

It feels like your world has been turned upside down, and you keep wishing you would wake up and find it was just a bad dream. You may feel betrayed by a world that has taken something that you felt belonged to you. You will experience times when you think you are managing, and then times when you feel you are falling apart. It may feel like trying to find your way in a blinding snow-storm.

There are support groups for all kinds of situations, including bereavement and divorce adjustment. To find one that is right for you, you can call Family and Community Services in Sherwood Park, or the Support Network Information Line in Edmonton (482-4636). If they do not have what you are looking for, you can ask them to look into the possibility of setting something up. You can bet that there will be others looking for the same thing you are.

If you think about the entire road ahead, you may easily become overwhelmed, discouraged, with a sense of hopelessness. It may become more manageable if you concentrate initially only on getting through one day at a time, or perhaps even one

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, CDs or MP3's, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.



Cheesy Taco Wings

2 1/2 pounds chicken wing pieces
1 package McCormick Cheesy Taco Mix
nonstick cooking spray
3 cups chopped romaine lettuce
1/4 cup finely chopped tomato
2 tablespoons sliced green onion

2 tablespoons crumbled queso fresco
Heat oven to 450 F.
In large bowl, toss chicken wings with seasoning mix. On large, shallow foil-lined baking pan sprayed with nonstick cooking spray, arrange wings in single layer.
Bake 30-35 minutes, or until chicken is cooked through and skin is crisp.
On large serving platter, arrange lettuce. Top with wings, tomato, green onion and queso fresco.

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Shoal Lakes Flooded Landowners Association year in review

Submitted by Orval Procter

It has been at least 20 years since the first organization of local citizens and landowners began their efforts to lobby for the infrastructure changes that would ensure the safety and stability of the Shoal Lakes complex.

The region is witness to many failures, which included the devastating floods of 2006, 2010-2011 and 2014. However, the Shoal Lakes Flooded Landowners Association has continued to lobby on behalf of communities for fair and positive change. To that end, the association has worked very hard to build a spirit of co-operation between our local municipalities, our provincial governments and federal representatives.

This past year had started with a great deal of uncertainty with the possibility of rising lake levels, and the closure due to erosion of Provincial Road 518. Last spring, the melt was slow and steady with no significant rise in lake levels. In fact, the dry summer actually led to a significant drop in those levels. By late fall, however, the fire threat was very high. Thankfully, there were no major fires, but the region remains dry, and with miles of dead vegetation for fuel, we may face that danger again this spring.

So what has our organization been up to during all this? Early last spring, our executive alerted the local media

about the possibility of rising lake levels and our dismay about the closure of Provincial Road 518. The re-opening of that road in 2013 was a small victory for the people who live and work in the region and important to the economic and social recovery of the area.

Association members travelled to the councils of Armstrong, Coldwell, St. Laurent and Woodlands. A year earlier, the provincial infrastructure department promised there would be money in this year's budget to widen the flooded portions of PR 518. As time passed and with no indication of when improvements would begin, the four RMs were encouraged to work together to make sure the road would be repaired and re-opened. The municipalities formed a joint committee and had several meetings with highway officials. Frustrated by a lack of progress on the matter, they organized a meeting with Infrastructure Minister Ron Schuler, Ag Minister Ralph Eichler and Infrastructure Assistant Minister Derek Johnson. This meeting closed with promise by our local governments that they would be back to discuss the re-opening for PRs 415 and 416. It was also pointed out that a controlled drainage plan was the best insurance of keeping these roads open.

Within a few days, it was announced

that tenders for the repairs would be called for. As of the new year, the tendering process has closed and we are awaiting the announcement of the successful bid. We are anticipating that construction can begin soon after the successful bidder is chosen.

Last summer we held a joint meeting with Interlake MLA Derek Johnson and representatives of the RMs of Rockwood and Woodlands. Also in attendance were reps from The Friends of Grassmere, Drain. A good discussion took place about the expectations for this drain by all present and how it must be changed to accommodate the each group's needs.

There was consensus by all those present that as long as the whole of the Grassmere Drain was improved, it could also be used as a controlled drainage point for our lakes. Rosser was also supportive of this initiative. With the assistance of the CAOs, letters of support for this plan were adopted by Armstrong, Coldwell, St. Laurent, Rockwood, Rosser and Woodlands and forwarded to the Minister of Infrastructure.

A meeting with West St. Paul also yielded support and the directive that Winnipeg should also be included in any joint plans for the drain improvement. That contact has since been made, and we are hopeful that a joint Municipal Planning Committee will

help make this plan a reality too.

Also of significance in 2017 was the opening of Crown Land Leases to longer terms. Although the year had an ominous beginning, it closed with a greater sense of optimism. We wish to thank our local municipal governments for their supportive efforts. We also must thank Derek, Ralph and Minister Schuler for their co-operation and willingness to accept the recommendations of the municipal delegation about PR 518.

We would also like to thank the nearly three thousands citizens who signed the petitions about these roads. It is our hope that the bridges that have been built in our past will help us move steadily forward with even greater trust and reward. We welcome any comments or ideas that you may have. It your support that keeps us motivated.

On behalf of The Shoal Lakes Flooded Landowners executive, happy New Year. President Orval Procter - Woodlands; Vice President Fred deLaroque - Woodlands; Secretary Treasurer Leonard Dzedzic - Armstrong; Director Lee Wirgau - Armstrong; Director Gerald Tom - Coldwell; Director Wade Thornglisson - Coldwell; Director Stuart Tataryn - St. Laurent; Director George Hamilton - St. Laurent.

Manitoba road fatalities second lowest in 35 years

Submitted

With 73 people killed last year in 65 fatal collisions, 2017 was one of the safest years on Manitoba public roadways since 1982, based on preliminary analysis released by Manitoba Public Insurance (MPI). Results were second only to 2014 when 68 fatalities were reported.

"While it is very positive that road fatalities in 2017 were the second lowest in the last 35 years in Manitoba, the fact that 73 lives were lost is a stark reminder that much work still needs to be done to change the driving culture within our province," said Ward Keith, vice-president of Business Development and Communications, CAO, MPI.

"We must remember that behind these numbers are mothers, fathers, sons, daughters, grandparents, good friends and co-workers. Road safety is very much a partnership between motorists, other road users and road

safety agencies within our province."

Based on preliminary data from 2017, there were 65 fatal collisions on public roadways in Manitoba which resulted in 73 deaths a 32 per cent decrease from 2016 when 107 deaths were reported.

Although the full analysis of motor vehicle collisions in 2017 is still in progress, preliminary data shows that impaired driving, distracted driving, speed and not wearing seat belts continue to be primary contributing factors in fatal collisions, which once again demonstrates that the majority of these tragic losses could have been prevented.

Included in the 73 losses were seven motorcyclists and 11 pedestrians. There were no cyclists killed in 2017, according to the preliminary counts.

Recently, MPI put out a call to action, asking all road users to make 2018 the safest year in history on Manitoba roadways. The province's public auto

insurer, in partnership with MADD Canada, has also launched an awareness and education campaign providing Manitobans the information needed to make safe decisions when driving after consuming cannabis, and to understand how, similar to alcohol, cannabis and other drugs can impair driving ability.

"To stay safe on our roads and not put other road users at risk, all drivers need to think about road safety every time they get behind the wheel," said Keith. "Buckling up all the time, driving to road and weather conditions, not driving when impaired by alcohol or drugs, or while distracted — are all simple reminders that can help to prevent being involved in a collision. They can also literally make the difference between life and death."

Safety tips which could save a life:

1. Have a plan before you head out for an evening of partying — espe-

cially if you expect to be drinking or consuming drugs. Take a cab home or have a designated driver selected beforehand.

2. If you must text or answer the phone, pull your vehicle over to a safe area. Texting while driving takes your eyes off the road and significantly increases the chance of being involved in a collision.

3. Never get into a vehicle with a driver who has been drinking or consuming drugs. It could be the last thing you do.

4. Speed kills. Be aware of the posted speed limit and drive to road and weather conditions.

5. Buckle up — every time. Whether you're a driver or passenger, and no matter how short your trip is. It takes one second and could very well save your life.

Lundar residents excited to see arena progress

By Jeff Ward

As crews continue to make progress on the new Lundar Arena, residents are getting more and more excited for the day when it opens.

Nicole Halldorson said that while it was emotional for her to see the old arena torn down to make way for the new shell, she is now filled with excitement at the prospect of what the new building means for the community. Halldorson's family has a lot of their own personal history wrapped up in the former structure.

Her great-grandfather Edy Eyford was one of the people who helped build the original building back in the '50s. Her grandfather Murray spent years refereeing hockey games and her father Kevin coached for decades on the same ice surface. But that's the history of the building, and right now many Lundar residents have their

eyes set on the future.

"Every time we drive by it, my kids get more excited," said Halldorson.

"We can't wait and they keep asking questions about it. For me, the exciting thing is them being able to make their own memories in the new arena and still having their memories of the old one."

Waiting for the new building is hard and Halldorson said that while her family has had to add a bit of extra travel to their schedule to get to other arenas, that it really hasn't been that bad. She said her kids like going to new places and, perhaps most importantly, she said the new arena is worth waiting for.

"It's really not a big deal to wait for something like this. It's going to be so good for our community when it's done," she said.



EXPRESS PHOTOS BY JEFF WARD

Crews continue to work on erecting the walls at the new Lundar Arena.



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Einarson 3-1 at Scotties Tournament of Hearts

By Brian Bowman

Northern Ontario's Tracy Fleury scored three in the first end and hung on for a 7-5 victory Monday evening to hand East St. Paul Curling Club's Kerry Einarson her first loss at the 2018 Scotties Tournament of Hearts in Penticton, B.C..

Fleury scored deuces in the sixth and eighth ends to secure the victory.

"We just weren't as sharp," Einarson said on the Curling Canada website. "We had a few different rocks that reacted different and we didn't figure it out until later.

"One loss is fine. I knew we were going to have to lose one sooner or later."

Manitoba's Jennifer Jones, meanwhile, cruised to a 12-4 win in eight ends over Kerry Galusha of Northwest Territories on Monday evening.

As of Tuesday morning, Manitoba (4-0) was atop the standings in Pool "A", followed by Einarson at 3-1, Nova Scotia, Saskatchewan, Northern Ontario and New Brunswick at 2-2, Northwest Territories (1-3) and Yukon (0-4).

Einarson's rink, which includes third Selena Kaatz, second Liz Fyfe, and lead Kristan MacCuish, started the Scotties 3-0 after doubling Saskatchewan's Sherry Anderson 8-4 Monday afternoon.

Tied at 4-4 after seven ends, Einarson scored one in the eighth end and then added a key steal of three in the ninth as Anderson was heavy with her two shots for the win.

"That was huge, a big point (in the eighth)," Einarson said. "If we had given up a steal it would have been a bit of a momentum changer for sure.

"My sweepers were great and they got it there. We had some opportunities (earlier) but we missed them but when we really needed to make the shots we did."

Camp Morton's Einarson, who grew up in Petersfield, began action with wins over New Brunswick's (8-6) and Nova Scotia's Mary-Anne Arsenault (7-5).

"It's nice to get (three wins) to start with," Einarson said. "It's so weird. Playing that game against Chelsea it was, 'Oh my gosh, it's do or die, you're in it or you're not.' So we're super glad to be out there."

Einarson earned the 16th and final spot for the Scotties Tournament of Hearts after defeating Calgary's Chelsea Carey 7-4 Friday night in a wildcard game.

Carey scored a pair in the sixth end to cut Einarson's lead to 6-4 but surrendered a key single in the ninth.

Carey took a quick 2-0 lead after the first end but Einarson rebounded to score a deuce in the second. Einarson stole a pair in the fourth end and then another in the fifth and sixth to lead 6-2.

The wildcard draw between Einarson and Carey was a matchup of the top two teams from the Canadian Team Ranking System list that didn't



EXPRESS PHOTO SUBMITTED

Kerri Einarson's team is 3-1 at the 2018 Scotties Tournament of Hearts in Penticton, B.C. Einarson's team won the wildcard draw against Chelsea Carey last Friday to earn the 16th and final spot for the Scotties.

win their provincial championship.

At the Scotties, teams played a round-robin within their eight-team pools during the first five days of competition.

The top four teams from each pool go into the Championship Pool, which begins round-robin play today.

Teams carry over their records from their preliminary pools and the four teams from Pool "A" will play the four teams from Pool "B" today and Friday.

After those games are completed Friday evening, the top four teams

from the Championship Pool will go into the Page Playoffs, beginning on Saturday (a tiebreaker, if necessary, would be in the morning).

The Page 3-4 playoff is Saturday at 4 p.m. (Central Standard Time) while the Page 1-2 playoff is Saturday at 9 p.m.

The semifinal is set for Sunday at 11 a.m. Manitoba time, followed by the gold-medal game on Sunday at 6 p.m.

The bronze-medal game has been removed from the schedule.

Gimli to host Interlake regional skating competition Saturday

Staff

The Skate Interlake skating club in Gimli is hosting the 2018 STAR 5 + Interlake Regional Skating Competition this Saturday (8 a.m. to 6 p.m.) at the Gimli Rec Centre.

The theme for the competition is "A Night at the Movies" so the Rec Centre will reflect this for the day of the competition.

Skaters from across the Interlake and from other clubs in Winnipeg and surrounding areas will compete at various levels, from beginner to very

advanced levels.

"We are looking forward to welcoming approximately 85 skaters, and their coaches and families, from 17 different skating clubs for the competition and many skaters have entered multiple events during the day," said Sue Steinmetz, a co-chair for the 2018 Skate Interlake Regional Competition, in an email.

"The local organizing committee is very thankful for the support we have received from the community in the way of people offering to volunteer to

help host the competition and corporate sponsorship and donations.

"It is only when the community comes together collectively that special events like this can be hosted successfully."

Steinmetz said volunteer and sponsorship opportunities are still available. People are asked to contact skate.interlake@gmail.com if they wish to volunteer or provide sponsorship/donation for this event.

People are also encouraged to come out and watch the skating competi-

tion.

"Everyone is welcome to come and watch the skaters at this competition," Steinmetz said. "There will be a nominal entrance fee to come into the Rec Centre as part of our fundraising to host the competition. There will also be a silent auction with wonderful prizes (this silent auction is currently located at the Noventis Credit Union in Gimli for anyone wishing to purchase tickets prior to the competition)."

Keystone Junior Hockey League announces all stars

Staff

The Keystone Junior Hockey League recently announced its all-stars for this season.

One player was selected from each team, chosen by their own team and the top two goalies were chosen for the selection.

Arborg Ice Dawgs' goalie Joey Fratantonio was selected along with Selkirk Fishermen goaltender Austin DeBoer.

Fratantonio, an Akron, Ohio product, has a 9-6-2 record with a 3.07 goals-against average and a .919 save percentage.

Arborg's Cal Finnsen, Lundar's Brett Jocelyn and Fisher River's Darryl Thaddeus were among the all-star forwards.

Finnsen has 17 goals and 37 points this season while Jocelyn has scored five times and has 15 points.

Thaddeus, meanwhile, is a co-leader on his club with 12 goals while leading the Hawks in points with 25.

The other all-star forwards include Payton Boguski (North Winnipeg), Tie Braun (Cross Lake), Robert Guimond (St. Malo), Drayton Mendrun (Selkirk) and Devon Tobacco (OCN).



EXPRESS PHOTO BY LANA MEIER

The Ice Dawgs' Cal Finnsen, left, and goaltender Joey Fratantonio were selected as KJHL all stars.

The Peguis Juniors' Keifer Tacan was picked as an all star defenceman along with Tyler McKay (Norway House).

Tacan has eight goals and 23 points this season.

Midget female Lightning beat Selects in shootout

Staff

The Interlake Lightning Midget female hockey team won its fourth league game of the season after a 3-2 shootout victory over the Eastman Selects on Sunday in Mitchell.

Gracie Grift and Loren Proven of Stonewall scored for Interlake in the shootout while Kylie Lesuk replied for Eastman.

Arborg's Brenna Barlyski scored both Lightning goals in regulation time. Fisher Branch's Kalyn Barrett and Arborg's Jamie Johnson had assists.

Samantha Christensen and Lesuk answered for the Selects.

Emma Plett made 33 saves for the win.

Last Friday, the Lightning lost 4-1 to the Pembina Valley Hawks in Warren.

After a scoreless first period, Pembina Valley broke the tight game open with three second-period goals.

Barrett scored Interlake's lone goal in the third period.

Hannah Petrie (two), Maiya Aschberg and Makenzie McCallum had

the Hawks' goals.

Rachel Parson stopped 36 Pembina Valley shots.

Interlake, now with nine points on the season, will host the Central Plains Capitals this Saturday (4:30 p.m.) in Peguis and then will play the Winnipeg Avros Sunday (1:30 p.m.) at the Seven Oaks Arena in Winnipeg.

Manitoba Hockey Standings

MANITOBA JUNIOR HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Thrashers	40	22	17	1	45	152	160		
Steinbach Pistons	47	37	8	1	76	231	102		
Portage Terriers	45	30	12	1	63	186	116		
Viriden Oil Capitals	47	30	15	2	62	204	147		
Winkler Flyers	46	28	18	0	56	155	127		
OCN Blizzard	46	25	15	5	56	166	147		
Selkirk Steelers	46	24	18	3	52	155	157		
Winnipeg Blues	46	23	17	4	52	166	171		
Neepawa Natives	46	20	23	2	43	168	187		
Swan Valley Stampede	43	18	20	5	41	131	151		
Dauphin Kings	47	11	34	1	24	112	217		
Waywayseecappo Wolverines	47	7	36	3	18	113	265		

KEYSTONE HOCKEY LEAGUE									
Central Division									
	GP	W	L	OTL	PTS	GF	GA		
Peguis Juniors	29	22	3	1	45	201	87		
Arborg Ice Dawgs	26	16	6	4	36	114	88		
Fisher River Hawks	28	3	23	2	8	73	226		
North Division									
	GP	W	L	OTL	PTS	GF	GA		
OCN Storm	28	23	3	1	47	242	104		
Cross Lake Islanders	28	10	17	1	21	175	170		
Norway House North Stars	29	5	23	1	11	104	303		
South Division									
	GP	W	L	OTL	PTS	GF	GA		
Selkirk Fishermen	29	23	3	3	49	142	78		
Lundar Falcons	28	13	11	4	30	123	119		
St. Malo Warriors	27	12	11	4	28	108	94		
North Winnipeg Satellites	28	13	14	1	27	115	128		
AAA MIDGET HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Wild	39	34	3	1	70	253	83		
Brandon	40	34	4	0	70	216	97		
Bruins	39	27	9	2	57	171	115		
Eastman	40	22	14	2	48	158	135		
Pembina Valley	39	21	14	2	46	161	151		

AAA CITY MIDGET HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Monarchs	29	25	2	0	52	195	63		
Selects	29	21	6	0	44	156	92		
Hawks	29	20	8	0	41	149	84		
Warriors	29	12	17	0	24	103	131		
Sharks	28	8	17	1	19	69	120		
Lightning	30	0	29	0	1	34	216		

AAA BANTAM HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Monarchs	30	24	5	1	49	159	77		
Sharks	29	23	3	0	49	162	64		
Hawks	29	22	7	0	44	201	80		
Selects	26	19	6	0	39	132	61		
Lightning	30	7	23	0	14	88	174		
Warriors	29	4	24	0	9	69	167		

MANITOBA FEMALE MIDGET AAA HOCKEY LEAGUE									
	GP	Reg	W	Reg	L	T	OTW	OTL	Pts
Winnipeg Avros	26	15	5	-	6	-	-	-	42
PV Hawks	27	16	8	-	2	1	-	-	37
Westman Wildcats	26	13	8	-	2	3	-	-	33
Yellowhead Chiefs	27	10	9	-	3	5	-	-	31
Eastman Selects	26	12	10	-	-	4	-	-	28
Central Plains	28	8	15	-	2	3	-	-	23
Interlake Lightning	26	2	21	-	2	1	-	-	9

STATS AS OF TUESDAY, JANUARY 30

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**SKATE CANADA MANITOBA
2018 PRAIRIE REGIONAL
SYNCHRONIZED SKATING
CHAMPIONSHIPS**

Hockey Winnipeg PeeWee 'AA' Female All Stars



EXPRESS PHOTOS BY LANA MEIER

Representing the Stonewall Blues at the PeeWee 'AA' Female All Star Hockey Winnipeg Day last Saturday were, left to right, Ava Pool, Kylee Emms-Finsson, Mikki Thorkelson and Tessa Stewart.

Midget 'AA' Female All Stars



EXPRESS PHOTO BY LISA RILEY

The Stonewall Blues were well represented by a number of Interlake players at the Hockey Winnipeg Midget 'AA' Female All Star Day last Saturday. Pictured left to right: McKenna Riley, Callie Farthing, Darci Mowatt, Denali Sigurdson, Raelyn Caumartin and goaltender Courtney Marko.

The Blues are in fourth place in league play with a 10-9-2 record.

Palmer scores late goal to lift Lightning to victory

By Brian Bowman

Evan Palmer has scored a lot of goals during his young hockey career.

But he scored a really big one Sunday afternoon in Teulon.

Palmer potted a power-play goal at 19:54 of the third period, lifting the Interlake Lightning to a 3-2 victory over the Eastman Selects in Manitoba AAA Midget Hockey League action.

The Lightning received the late power play after Eastman's Rylan Hoffman was called for hooking at 18:24 of the third.

After a scoreless first period, Interlake took a 2-0 lead after 40 minutes as Bryce Krauter and Gabe Odowichuk scored 1:49 apart midway in the middle frame.

But Eastman tied the score as Hoffman and Cole Dekoninck tallied in the third.

Interlake's Josh Bond made 48 saves for the well-deserved win.

Interlake started the weekend with a tough 4-3 shootout loss to the Parkland Rangers on Saturday evening.

Parkland's Carter Cockburn scored the lone goal in the shootout that went five rounds.

Eric Krywy had tied the score at

19:35 of the third period.

Parkland took a 2-0 first-period lead on goals by Evan Gullett (shorthanded) and Warren Jubenvill (power play).

But Interlake tied the score at 2-2 heading into the third as Bryce Krauter and Keenan McPherson tallied. McPherson's goal came on the power play.

Cockburn regained the Rangers' lead, though, when he scored at 8:19 of the third period.

On Jan. 24, the Lightning lost 5-3 to the Winnipeg Thrashers.

Interlake gave the Thrashers a real good battle but Winnipeg snapped a 2-2 tie with three goals in the third.

Krywy, McPherson and Palmer scored for the Lightning. Greg Paschnikoff had two assists.

Jacy Kennedy paced Winnipeg with two goals while Ryden Fedyck had a goal and two assists.

Kobe Campbell and Kyle Schroeder also scored for the Thrashers.

Interlake will play Southwest in Boissevain on Saturday (7:30 p.m.) and then will be in Shoal Lake to battle Yellowhead on Sunday (2 p.m.).

The Lightning's next home game is Feb. 7 when the Winnipeg Bruins will visit Teulon.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Gray scores twice as Falcons down Ice Dawgs



EXPRESS PHOTO BY LANA MEIER

Falcons' captain Landen Gray scored two goals and added an assist to lead Lundar to a 5-2 road victory over the Arborg Ice Dawgs last Saturday.

Staff

Landon Gray scored two goals and added an assist to lead the Lundar Falcons to a 5-2 road victory over the Arborg Ice Dawgs Saturday in Keystone Junior Hockey League action.

Drake Zimmerman, Zack Bone and Koby Carriere also scored for Lundar. Two of the Falcons' goals came on the power play while another was a short-handed marker.

Cal Finnson and Gordie Longbottom replied for Arborg.

Christopher Lesage made 29 saves for the win.

Arborg's road game against St. Malo last Friday was postponed due to the weather, according to the league website.

The Ice Dawgs will host the Selkirk Fishermen on Friday (8:15 p.m.) and Fisher River Saturday (7 p.m.).

Lundar, meanwhile, played at North Winnipeg this past Tuesday but no score was available.

The Falcons will host St. Malo on

Saturday at 8 p.m. in Warren.

On Jan. 23, the Peguis Juniors defeated Fisher River 9-5.

Fisher River led 3-1 and 5-4 but Peguis pulled out the comeback win by scoring the game's final five goals.

Christian Cochrane paced Peguis with a hat trick while Quinton Flett scored twice and added four assists.

Keeven Daniels-Webb also had a great game, finishing with two goals and three helpers.

Ethan Daniels and Dalen Schulz scored the Juniors' other goals.

The Hawks' goals were scored by Nicolas Murdock (two), Daron Monkman and Darian Genialle.

Allan Kohli made 29 saves for the win.

The Juniors are now 22-3-0-1 and have 45 points to occupy third place in the KJHL standings.

Peguis will have just one game this weekend. The Juniors will host the OCN Storm this Saturday for an 8 p.m. game.

Female 'AA' All Star Lightning players



EXPRESS PHOTOS BY LANA MEIER

Kenady Christensen, left, Keely Emms-Finnson, middle, and Emma Pool represented the Interlake Lightning at the Hockey Winnipeg Bantam 'AA' Female All Star Day last Saturday.

Islanders defeat Mercs

By Brian Bowman

Despite having a below .500 record this season, the Portage Islanders have a pretty good hockey team.

The Warren Mercs found that out the hard way Saturday evening.

Portage scored a goal in each period on its way to a 3-1 home win in South Eastern Manitoba Hockey League action.

Tanner Waldvogel gave the Islanders a 1-0 first-period lead and then Adam Blight tallied in the second.

Warren got back into the hockey game when Brady Nichol scored at 11:03 of the third period. Scott Corbett and Mike Gemmill assisted on the goal.

But Portage put the game out of reach when Dan Leslie scored an empty-net goal at 18:48.

With the loss, Warren's record is now 11-4 and the Mercs are in second place with 22 points.

Notre Dame leads the seven-team league with 26 points although the Mercs have played one less game than the Hawks.

Warren played at Notre Dame on Wednesday but no score was available due to Tuesday's press deadline. The Mercs will then travel to Altona to play the sixth-place Maroons this Saturday.

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PUBLIC NOTICE is hereby given that the Council of the Rural Municipality of Gimli intends to pass By-law No. 17-0013, to close portions of a municipal road and authorize the sale of the said portions of the road to the owners of the adjoining land, pursuant to Section 290(2) of the Municipal Act, at a Public Hearing in the Council Chambers of the RM of Gimli on the 28th day of February 2018 at 7:00 p.m..

Council will hear any person who wishes to make a representation, ask questions, or register an objection to the By-law as provided.

"All that portion of First Avenue Plan No. 13744 WLTO (Dep. No. 988/17) in Frac SW ¼ 16-19-4 EPM shown as Parcels "A" "B" and "C" and excluding all mines and minerals and other reservations as set out in The Crown Lands Act and sworn to by Peter William Philip Isaac M.L.S. on the 5th day of September 2017."

Copies of the By-law are available for review and may be examined by any person during the regular office hours of the Municipal Office at 62- 2nd Avenue, Gimli, MB.

Joann King
Chief Administrative Officer
Rural Municipality of Gimli

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ANNOUNCEMENT

CARD OF THANKS

We the children of Florence Trudel, would like to thank Father Tinguely for the beautiful mass at the celebration of mom's life; Dr. Neil Burnet for his caring and compassion to mom and her family; to her children and grandchildren for the beautiful tribute, she would have been so proud of all of you. All the friends and family who attended to say goodbye and all friends who conveyed kind words, hugs and food. To the Home Care workers who were 2nd to none. The ladies for the wonderful lunch. Last but not least, to John and Karen Gray and Leanne Kell - your caring and compassion goes above and beyond anything we could imagine, to take away the emotional stress and worry we cannot thank you enough. Our beautiful little Mom is now resting with Dad. Rest in Peace together, never to be forgotten.

-Love,
Your family

ANNOUNCEMENT

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4	2	3	1	8	5	9	7	6
1	9	8	6	3	7	4	2	5
6	7	5	2	4	6	8	1	3
2	5	4	8	6	3	1	6	7
8	1	6	7	9	4	3	5	2
7	3	9	5	2	1	4	6	8
5	4	7	3	1	2	9	8	6
3	8	1	6	7	9	5	4	2
9	6	2	5	4	8	7	3	1

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1					2			
			9	7	6			
	8			2			4	5
8						6		7
			4					
		1					5	2
	4	2				8	6	
6				8	1	3		

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